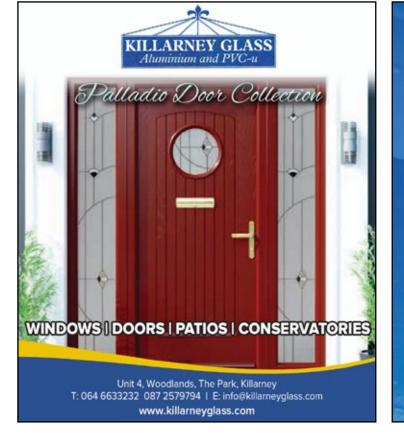
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WE DID IT!.... Cyclists cross the line at the end of the Ring of Kerry Charity Cycle on Saturday last. Photo: Killarney Camera Club. See Pages 56 & 57.







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In a week that we experienced a little bit of sunshine, we have a busy magazine for you to enjoy!

Chamber Executive Bridget O'Keeffe is leaving her role to pursue other interests, a Killarney author is making headlines and the Thomas Healy Memorial Tournament was a huge success.

An employee at The Great Southern Hotel has clocked up 55 years of service, Fr. Niall Geaney celebrated his Golden Jubilee in Fossa Parish and the Ring of Kerry Cycle attracted thousands to the charity event.

The Milltown Feile Lughnasadh has been launched, Dancing with the Stars celebrities are judging the Lee Strand Best Dressed at Killarney Races next week and there is a Cead Mile Failte awaiting you at Foley's Cottage.

Killarney celebrated Irish & American Friendship, schools take part in an annual pitch & putt tournament and Killarney Valley Classic & Vintage enjoyed a great car show.

Both Kerry Senior Men's and Ladies are facing Armagh in the All Ireland semi-finals, Killarney Athletic 7-A-Side finals are taking place and Jimmy takes a look at all things sport.

Hope you all enjoy this week's Killarney Outlook!

Aisling Crosbie



a's Tea 奶的茶

on page 1

Another stunning image by

Rafal Taracha



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THIS WEEK

CHECK OUT PAGE 4 FOR OUR UP TO DATE NEWS!

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CHAMBER'S TRIBUTE to popular senior executive

Killarney Chamber of Tourism and Commerce has paid tribute to the organisation's senior executive, Bridget O'Keeffe, who is to leave the position to pursue other interests.

The Newmarket, Co Cork native, who previously held a key role with financial services giant Fexco, joined Chamber in February 2023 and she assumed responsibility for the day-to-day running of the organisation. Bridget spearheaded a major restructuring of Chamber with a number of new steering committees established to oversee issues such as advocacy, retail, sustainability, events, brand communication and membership.

During her term she also helped to increase membership quite significantly and she greatly strengthened relationships with other stakeholders involved in the promotion of Killarney, thus ensuring a coherent approach to the reputational management of the town.

Bridget's main priority was to ensure Chamber's new governance and development plan was successfully implemented and to ensure a collective and unified voice was heard in the promotion of the Killarney brand throughout the world.

She also developed a top class new website for Chamber and she was the liaison between the business organisation and other promotional stakeholders such as Kerry County Council, Fáilte Ireland, the National Parks and Wildlife Service and the Kerry Tourism Industry Federation.

More recently, Bridget led the Chamber team in the organisation and running of the hugely successful Celebration of Irish American Friendship, working closely on that project with her colleagues Katy Jacobi and Maureen Hegarty and the Chamber executive.

Chamber Co-Presidents, Pádraig Treacy and Johnny McGuire, thanked Bridget for her tremendous contribution over the past 18 months and for helping to successfully reshape, grow and enhance the organisation. "We are enormously grateful to Bridget for all she has done. We worked



Bridget O'Keeffe with Chamber co-presidents Johnny McGuire (left) and Pádraig Treacy

really well together and she had a fantastic relationship with Chamber members who hold her in very high regard," they said.

Chamber expressed delight that Bridget will remain on as a valued member of the Christmas in Killarney festival committee and as a volunteer for the many events that take place throughout the year, including the tidy towns and Killarney Looking Good campaign.

Bridget said she has thoroughly enjoyed working closely with the copresidents, the executive, the staff, the many steering groups and, of course, the fantastic volunteers.

"Killarney Chamber is in great standing across a wide range of areas and it plays a pivotal role in supporting local business to make Killarney a wonderful place to live and work," she said.

Sadness at the passing of much loved Boots staff

Sarah and Molly Pass Away within days of each other

There was shock and sadness in Killarney last weekend when the news broke that popular Boots employee Molly Young had passed away at her family home.

Molly, was much loved in the Deerpark Store where she was a Boots No. 7 Expert and was always on hand to assist customers.

Formerly of Clover Hill, Killorglin, Molly, an only child, died suddenly but peacefully at her home.

Molly has left her devestating family behind, including her heartbroken parents Carmel and Wayne.

Molly was the much loved grand daughter of Jimmy and Maria Hayes and Letitia and the late Bobby Young.

She was dearly loved and will be very sadly missed by her heartbroken family, aunts Gemma and Heather, uncles Robbie, Joseph, James and Brian, her cousins Vicky, Shauna, Helen, Michael, Bobby, Gus, Maisie, Dara, Finnán, Kate, Conor, Rory, Éabha and Lily, grandaunts, granduncles, relatives, her godson Maddox, work colleagues in Boots, Killarney, her many wonderful friends and her little dog Anders.

Hundreds of people queued at O'Shea's Funeral Home, Killarney on Monday evening for Molly's removal, and following Requiem Mass on Tuesday morning at 12 noon in St Mary's Cathedral, Molly was laid to rest in KillarneyBurial Ground.

The family requested that it was Family flowers only please, donations, if desired, to The Alzheimer's Society of Ireland, something which is very close to their hearts.

Staff at Boots were left reeling when they heard the news of the sad passing of Molly, as just a few days earlier, another member of their staff, Sarah Collins, had passed away after an illness. Sarah passed away peacefully surrounded by her loving family at University Hospital Kerry on Tuesday 2nd July, predeceased by her father James and mother Nora, Sarah is deeply mourned by her loving husband Seán. Sorely missed by her children James, Niamh, Sinead and Seán, daughter-in-law Suzanne, and grandchildren Elly and Tadgh.

There is a memorial to both Sarah and Molly at the Boots store in Deerpark, Killarney.









Thomas was looking down on us.... Healy Family Say thank you

ollowing the hugely successful running of the Thomas Healy Memorial Football Blitz the Healy family have issued a heart felt thanks you to each and every person who helped them to realise the dream of honouring their lovely son Thomas.

"Our Angel in the Sky held the umbrella over the GAA grounds from start to finish. Whilst it rained in the surrounding parishes of Killarney, Killorglin, Ballyhar and the Gap of Dunloe, and dark clouds threatening to spill over Beaufort, Thomas didn't waver with his umbrella until we were on the final round up of putting the grounds back to their pristine condition, and boy, did he douse us - but we didn't mind getting saturated at that point", Julie Healy said. To say that the Thomas Healy Memorial Football Blitz was a success, is an understatement; it was phenomenal and ultimately, the real winners are us, the Healy Family. Over the past three years, we have experienced the support of the whole community, and this has been reinforced for the past few months and especially on Sunday last as we witnessed their outpouring of support. It's testament to the esteem in which Thomas' memory is held. I know we are biased, he was our gorgeous son and brother, but his name will live long into the future for many reasons, and one of those will be for



Boots were donated by Paudie and David Clifford for the raffle at the tournament.

the bringing together of a whole community where everybody helped out.

We hope everyone who managed to get to Beaufort, enjoyed the day and we applaud the 12 teams and their management, who turned up to take part. Most of these young men would have played with and against Thomas and it was a fitting tribute to Thomas that the Final consisted of his Football team mates from Beaufort proudly wearing their beloved Blue and Yellow, pitted against his Soccer team mates, who lined out to play GAA for the day, in Thomas' beloved Blue of Killarney Athletic (COYBIB). This brought back fond memories of hours and hours spent on the side lines of Soccer and GAA Pitches throughout Kerry and beyond, where I freely admit, I'may' have been the most vocal supporter. I was guaranteed to be happy whatever the outcome. We were proud to see Neil O Carroll, a soccer teammate of Thomas' from U7 upwards, proudly lift the beautiful cup kindly sponsored by our club Chairman Maurice Foley, but we were equally proud to see our own Beaufort's GAA stalwart, Darragh O' Connor being presented with the Player of the Blitz. Each and everyone of those lads, went out there and played with heart - of course there are winners and losers in every game, but the winners in this instance were the hundreds of spectators who got to see the immense talent on display throughout all the games.

I have no doubt but they will don the Green and Gold of Kerry in the future, a few of them have already represented Kerry at Minor and U20 level. Current Kerry players Mike Breen and Sean O'Brien did the honours in presenting specially commissioned medals to the Winners and Runners-up. Player of the Blitz award and Medals were generously sponsored by Tom Tobin, Killarney Medals and Trophies Ltd.

The Grand Prize Draw took place amidst huge excitement late in the afternoon, and such was the demand for these tickets over the past two months, that most, if not all, prizes stayed in the mid-Kerry and greater Kerry region. The



Top prize of a 4 Ball at Waterville Golf Links (sponsored by family friends Charles ጲ Emily Kelley USA) is winging it's way to Tralee and the 2nd prize of a rare breed Droimeann Calf (sponsored

by the Healy family) won't The late Thomas Healy

get jet lag.... moving from it's current home in the Gap of Dunloe to just out the road to Kilcummin. The Healy family are proud to say that ALL proceeds from

the Grand Prize Draw will be presented to St. Francis Special School in Beaufort in the very near future. (*More photos on page 88*)



Player of the Blitz award and Medals were generously sponsored by Tom Tobin, Killarney Medals and Trophies Ltd.



The Beaufort Team and the Healy family Photograph: Girmante Plotnikova (Vissi Visuals)

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KILLARNEY AUTHOR MAKING HEADLINES

BY: EAMONN FITZGERALD

A Killarney author is making headlines in the TV world. Colin O'Sullivan (49), a native of Ardshanvooley,Killarney is a prize-Winning author of 7 novels His most recent work will be making the headlines on Wednesday, July 10 th when Apple TV will release the first two episodes of Sunny, the adaptation of his novel 'The Dark Manual '. It will be screened to a huge worldwide TV audience starring Rashida Jones and Hidetoshi Nishijima (Japan's most cherished actor, the lead in 2022 Oscar winner "Drive my Car"). There are 10 episodes in all.

Colin's parents Pa and Betty O'Sullivan, now enjoying retirement in Killarney ran the very successful Safe Hands Dry Cleaners in Killarney up to their retirement.

Colin and his Japanese wife Yuki were invited to an Apple TV dinner in Tokyo to celebrate the launch of the show. They saw the first

two episodes in a private screening, "And I was very pleasantly surprised by the success of the adaptation to screen. Initial reviews have been very positive, and everyone is very

excited about it. Already there are talks of a Season 2 but there are no concrete plans until September.", said Colin.

Colin's novels include.

Killarney Blues, his first novel, the Winner of the Prix Mystère de la critique, a prestigious crime fiction award in France.

The Starved Lover Sings, which was published in Russian to great acclaim

The True Story of Binderella and Other Secret Siblings: An intriguing tale that delves into hidden family connections.

The Starved Lover Sings

Marshmallows

My Perfect Cousin The Dark Manual



Colin O'Sullivan (left), his wife Yuki (right) and Mr. Nishijima.



EXPERIENCE OF A LIFETIME FOR St. Brendan's U16 Olympic Handball team at Partille World Cup

he Sem boys and their mentors jetted off to represent Ireland at the Partille World Cup on Monday 1st July in Gothenburg. The Partille World Cup is the world's largest and most International youth handball tournament. Each year, around 1400 teams from 50 nations take part and they play 5000 matches on 70 pitches. It's the teams, and participants from around the world, that make the tournament unique. A meeting place for the world's youth, irrespective of religion, skin color or nationality, with handball as the common denominator.

St. Brendan's College are the first team in 12 years to represent Ireland at the event. So far the experience has been mesmerising. From the electric atmosphere at the games themselves to mingling with representatives from other nations, swapping snacks and merchandise with their new friends the boys have the described it as an amazing experience! The opening ceremony was definitely a highlight with each of the nations involved called out into the arena walking behind their countries flag and representing their country to a packed auditorium of over 12000 spectators. A moment these Sem boys will never forget! The Irish contingent received one of the biggest cheers on the night to mark their return to the tournament.













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Fossa Celebrates

Fr. Niall Geaney's Golden Jubilee

The Parish of Fossa celebrated their Parish Priest Fr Niall Geaney's Golden Jubilee after 7.30pm Mass on Friday 5th July in the Fossa Community Centre. Fr. Geaney was joined by family, friends and parishioners for the occasion.

Photos: Michelle Cooper Galvin



Fr Niall Geaney PP Fossa celebrating the Golden Jubilee of his Priesthood with his members of his family Mary Geaney, Sighle Geaney Hennigan, Dr Dave Geaney and Eileen Geaney O'Callaghan at the Prince of Peace Church, Fossa, Killarney on Friday



Sheila Crowley, Maureen Creedon and Mary Geaney enjoying Fr Niall Geaney PP Fossa Golden Jubilee of his Priesthood celebration at the Prince of Peace Church and in the Fossa Community Centre, Fossa, Killarney on Friday



Fr Niall Geaney PP Fossa celebrating the Golden Jubilee of his Priesthood with (front from left) Fr Ger Godley Killarney, Fr Dermot Foley Kiltegan and Killorglin, Fr Sean Cremin Kiltegan and Knocknagree



Fr Niall Geaney PP Fossa celebrating his Golden Jubilee of his Priesthood celebration with his neice Niamh and grandneices Chloe and Abby Stephenson at the Prince of Peace Church and in the Fossa Community Centre, Fossa, Killarney on Friday



Billy Mangan Chairman Fossa Parish Council making special presentations ot Fr Niall Geaney PP Fossa to mark the Golden Jubilee of his Priesthood pictured with Bishop Ray Browne at the Fossa Community Centre



Imelda O'Connell and Kathleen Heffernan enjoying Fr Niall Geaney PP Fossa Golden Jubilee of his Priesthood



Katherine Cronin, Mary Murphy, Marian Mangan, Kathleen O'Connor and Margaret Schreurs enjoying Fr Niall Geaney PP Fossa Golden Jubilee of his Priesthood



Raymond Coffey and Breda Hallissey enjoying Fr Niall Geaney PP Fossa Golden Jubilee of his Priesthood



Martina Cronin, Breda Breen and Sinead Driver enjoying Fr Niall Geaney PP Fossa Golden Jubilee of his Priesthood





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It's the talk of the town...

With Anne Lucey

Anne Lucey looks at the positive news happening in the town of Killarney



Flying High in Cork and Nowhere to Park

Cork Airport is crowing about its "excellent facilities" as it seeks to lower charges for airlines to use Cork. It is part of a strategy by the Dublin Airport Authority which owns and manages the country's two biggest airports. The objective is to attract flights away from Dublin.

The DAA goes by a cumbersome commercial semi-state tag, but in reality as with lots of such bodies from Tourism Ireland to Failte Ireland this means being able to avail of a bottomless pit of State funding and supports. I still can't get why the perfectly good terminal in Cork was replaced in 2006.

The roof leaked in the new 120 million euro one and passengers dipped. Fortunately the numbers are now literally through the roof and are due to hit a record over 3 million this year. It seems the whole of Ireland is trying to escape the rain and cold.

Cork should be ideally positioned for Kerry and Cork County and all of east Munster -Shannon serves the west.

But it is difficult to get at. Dublin is much easier. Readers may wonder if I have escaped

and had too much sun myself! No, there has been no parking in Cork with months unless you have booked far in advance. The airport car parks, short and long have all been full and so have the private ones alongside. People are opting to leave their cars in hotels in "town" and hopefully catch a bus or get a taxi to the airport on Farmers' Cross.

At the same time, people can hop on a bus outside the Killarney Plaza Hotel and head straight to the door of Dublin Airport, three times the distance. There are no flight link buses or Dublin coaches direct to Cork. So, we have a State - sorry commercial semi-State body trying to wean us off Dublin but careless of the infrastructure being in place to allow people to get to the airport in Cork! I have not seen any reports in any newspaper about the crisis in Cork re parking. But perhaps now that the secret is out, there's an opportunity for a bus company from Killarney to Cork Airport?

Hope for Courthouse

A leading judge with local connections has visited Tralee Courthouse. Judge Patricia Ryan is a sister of Marian O'Sullivan whose husband is Noelie, originally of Chapel Lane

Plenty of Wild Flowers This is an unusually cold summer but for some

.

reason it is a fantastic summer but for some reason it is a fantastic summer for wild flowers. Orchids are out in force now, the purple foxglove is coming to an end, true, but other flowers are advancing.

Apparently, the moisture and mild winter have both helped. Meadowsweet is one that is doing very well and there's a bank of the tall cream coloured herb on the main Farranfore to Tralee road that is spectacular, just before the Garden Centre. Meadowsweet is an Elizabethan strewing herb - it was spread on floors because of its scent. But it was also placed in gauze and cotton to scent bed linen cupboards and relieve headaches.

Wild Flowers get far less attention than other species. Birds and beasts get far more. I am of course thinking of the Lesser Horseshoe Bat. He should really be renamed the greater bat as he has and familiar to us from his successful car racing along with his son Noel junior. Patricia is the widow of the late Brian Lenihan and barristers recall them as a golden couple in the Law Library in Dublin.

Judge Ryan is now President of the Circuit Court, a powerful position, and thankfully is taking great interest in the facilities in Tralee courthouse. A new courthouse is still not certain and we have no clout either politically or among senior judges anymore.. We need friends in high places as outside of perhaps the NPWS section of the Department of Housing, we have very few highly placed Kerry connections.

Judge Ryan's visit was therefore hugely welcome. She was accompanied by Killarney's county registrar Padraig Burke of the courts service. Tom Rice, long established prosecutor for Kerry - his grandfather was from Killarney - introduced Judge Ryan to the sitting judge and to the court staff and to myself who was lingering on the press benches.

I was able to tell her I knew her Killarney connections well and had met her late husband in Killarney at a Credit Union Conference in the INEC shortly before he became ill. She seems a fine person and hopefully will have seen for herself the poverty of the facilities in Tralee.

I see where Pa Daly is calling for restorative justice. He is right but first we need proper facilities that respect all and accommodate all. Mind you, there is a vast difference between courts' facilities and it is really up to county council management. Limerick has some fine facilities throughout its county, thanks to an engineer who took a great interest in court buildings. Cork on the other hand has some terrible courthouses. I had to go to a sitting of Mallow a few months back and I could not believe the poor conditions there.

again got the better of a development in Killarney. This is the third time in two years much needed housing and other facilities have been shot down in Killarney for fear the bat would be distracted by artificial light while commuting to his roost in the Demesne. (Just how stupid do we think bats are that they can't negotiate a few gable lights?) This time it is a new counselling centre for Reen, Ross Road that has fallen foul of this flying mammal.. And once again it is the Department of Housing which has raised greatest concern with An Bord Pleanala about this "vital" commute. Part of me now wonders whether the heritage section should be in the same department as housing and local government at all. Should it not be totally separate? So, while you have one section trying to build, you have another section of the very same department calling a halt. And the ideally located counselling centre, guiet and private, is not to be. It doesn't make sense.

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THE THINK BEFORE YOU FLUSH CAMPAIGN

collaborates with Kerry County Council to protect Blue Flag beaches and marinas

023 was the first year of collaboration between the Think Before You Flush campaign, Kerry County Council and the Blue Flag programme, with the combined goal of educating beach goers around what should and should not be flushed down public toilets when visiting the coast during the summer months. 2024 has seen a continuation of this landmark collaboration and the goal remains the same; keeping Irelands beautiful Blue Flag beaches and marinas clean and tidy and protecting our spectacular marine habitats from sewage based pollution.

The "Think Before You Flush" campaign, operated by Clean Coasts in partnership with Uisce Éireann, emphasises the importance of appropriate flushing behaviour and disposal of items including wipes and other sanitary products, even if they are labelled as flushable. Only the 3 Ps: pee, poo and paper should be flushed down the toilet, everything else should go in the bin. When items such as wipes and sanitary products are flushed down the toilet, they can cause serious blockages in waste water systems, causing sewage overflows which can pollute our rivers, lakes, beaches and coastlines.

Recognising the urgent need to protect Ireland's remarkable coastal ecosystems, Kerry County Council has united in their commitment to spread awareness about the campaign and promote responsible waste disposal practices. Under this collaborative effort, participating Authorities will display Think Before You Flush signage on Blue Flag Beaches and marinas, offering clear instructions on appropriate flushing behaviour, highlighting the main items people incorrectly flush down



their toilets (the 'Dirty Dozen') and encouraging visitors to use designated sanitary waste bins. This summer bathing season we

are asking all water lovers to support our Local Authorities and the Think Before You Flush campaign in creating a surge of environmental responsibility. By making small changes, together we can have a huge impact. Let's upgrade our flushing habits and ride the wave of change towards healthier marine environments!

Learn more about the Think Before You Flush campaign at https://thinkbeforeyouflush.org/

TEN SCHOOLS TAKE PART IN THE TOMMY GALVIN TOURNAMENT



The annual Tommy Galvin Tournamenttook place recently with all participating schools enjoying the Interschools Pitch and Putt competition at Deerpark Pitch & Putt Club. Ten schools took part in a competition that has grown in popularity. Congrats to the St. Oliver's team of Luke Tucker, Sean Quill, Daniel Quinlan and Ronan Browne for winning the shield for the first time. Best individual scores were from Fionn Macmonagle from Loreto National School and Lucy McCarthy from Holy Cross Mercy School Killarney. Mr. Galvin was at the event and treated the students to some goodies afterwards and the weather was perfect for the event.



Best individual score - Fionn Macmonagle



Best girl's score - Lucy McCarthy



Tommy Galvin presenting the Shield to the St. Oliver's team.

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JOHN CLOCKS UP 55 YEARS OF SERVICE

This week, Great Southern Killarney proudly celebrated John Fitzgerald's incredible 55-year tenure with the hotel, marked by a wonderful party with some surprise guests!

John began his distinguished career at Great Southern on July 1st, 1969, and has since become a beloved and integral ambassador for the hotel, where he has worked tirelessly and with unwavering dedication. John's illustrious journey with Great Southern Killarney is marked not only by his long service but also by his extensive experience in the hospitality industry. Over the decades, when the Killarney hospitality industry was a more seasonal affair, Great Southern encouraged team members to broaden their horizons and share their knowledge. This is something John took to heart as he brought his expertise to numerous European cities, including Frankfurt, Amsterdam, London, and Paris, and even ventured across the Atlantic to St. Louis, Missouri. His international experience has enriched his contributions to the hotel, enhancing the guest experience with a blend of global insight and local charm.

In 1970, during an exciting chapter in the hotel's history, John was part of the team that hosted the cast and crew of the famous movie "Ryan's Daughter," who stayed at the Great Southern Killarney during the entire filming period. This historical event is just one highlight of John's long and storied career.

Known for his great sense of humour, generous spirit, and ever-present smile, John is adored by both staff and guests alike. His commitment to Great Southern Killarney is exemplary, and his hard work serves as an inspiration to everyone around him. John plays an invaluable part in guests' experiences, consistently going above and beyond to ensure memorable stays.

The team at Great Southern pulled out all the stops to celebrate John's milestone, marking the occasion with a surprise party at the hotel, attended by team members past and present, friends and family. The event was made even more special, as John's sisters travelled from America and Spain to surprise him.

"We are immensely proud to have John as part of the Great Southern Team," said Jamie Power, General Manager at Great Southern Killarney. "His dedication, loyalty, and enthusiasm over the past 55 years have been nothing short of extraordinary. As we celebrate 170 years in business this July, I can't think of a better person to represent the warmth and genuine hospitality for which Great Southern Killarney is famous. The wonderful reception and turnout for the party today is a testament to how loved and respected he is. Thank you, John, for being such a valued member of our work family, and an example for us all to aspire to."



John Fitzgerald, who has worked at the Great Southern Hotel Killarney for an astonishing 55 years pictured at a party in his honour at the hotel this week. Photo: Don MacMonagle



Photo shows John Fitzgerald, marking 55 years at Great Southern Killarney. Photo: Don MacMonagle



Photo shows, John Fitzgerald, who has worked at the Great Southern Hotel Killarney for an astonishing 55 years pictured surrounded by work colleagues at a party in his honour this week. Photo: Don MacMonagle



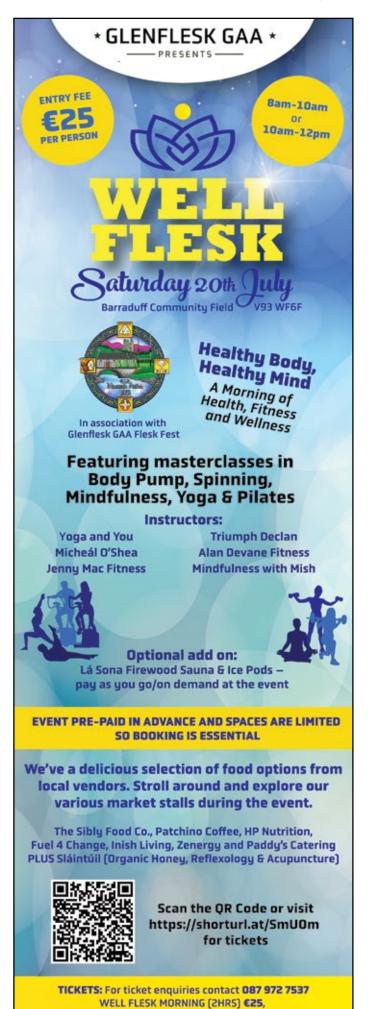
John, centre pictured with colleagues at the Great Southern Hotel. Front Row L to R..Kathy Brosnan, Anne Marie Courtney, Tim Corcoran, John Fitzgerald, Jackie O Sullivan, Tommy Regan, Nuala Looney. Back Row L to R..Mary McMonagle, Martina O Leary, Eileen Maher, Ann O Sullivan, Dan Kiely, Dora Browne, Mary O Sullivan, Kathleen Bhuiyan



John Fitzgerald with colleagues Kathleen Bhuiyan and Martina O'Leary arriving at a surprise party in his honour at the hotel this week. Kathleen, Martina and John are the three longest-serving members of the Great Southern Team, with a combined total of over 125 years. Photo: Don MacMonagle

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n a remarkable display of endurance and determination, thousands of participants took part in the Ring of Kerry Charity Cycle event, with thousands riding out for various causes. Among them, one woman, Liz Fenton from Muingaphuca, near Killorglin, stood out by completing the gruelling 170 km distance in the iconic Cycle, braving wind, rain, and downpours. But her day didn't end there. After a brief rest and a change of clothes, she set out to conquer Ireland's highest mountain, Carrauntoohil, inspired by her friend, Niall Kennedy, from Wexford, who undergoes nightly dialysis.

Her journey was nothing short of extraordinary. Three of her friends were supporting her on different legs of her 170 km cycle, including Mike O'Callaghan, and Killorglin locals Mick Sealy and Noel Doyle. Liz set out on her journey from Killarney at 5.40 am and wheeled back into Killarney almost nine hours later at 2.30pm drenched by the rain and, after refuelling and changing clothes and only making one phone call to her challenge inspiration, her friend Niall, was back on the mountain base Cronin's Yard to commence the 1039 meters Carrauntoohil climb up Devil's Ladder at 4pm. She was guided by her experienced mountaineering friends Martin McMahon from Tralee and Marguerite Brosnan from Killorglin reaching the summit at exactly 6pm. Next-door neighbour Mike O'Callaghan impressively completed the 170 km distance twice in one day setting out on his first cycle at 12 midnight and then in his second loop joined Liz on the last leg of her journey as she pushed through changeable weather conditions with a mixture of sunshine, wind, to rain. As a mother of two who had cycled the Ring of Kerry many years before but had not cycled since, so she joined her local Killorglin Cycling Club to prepare for the event. Liz's inspiration to undertake the challenge and



Kerry Woman Epic single day 170km Ring of Kerry Cycle and Ireland's highest Summit Climb for kidney patient friend



raise funds for the Irish Kidney Association, was her long-time friend and former colleague, Niall Kennedy, a nurse and married father of three, who faces the daily challenges of dialysis. Motivated by his strength and resilience, she decided to participate in the event after seeing a Facebook post about the Ring of Kerry charity cycle.

Despite her concerns about the weather hindering former nurse Liz, who has been working in admin in the Bons Secours in Tralee since after Covid, had been training in the weeks leading up to the event, she was determined to complete the cycle and the climb.

Her brother-in-law, David Triglia, also cycled in the last leg of the Ring of Kerry Charity cycle before Mike joined them as they reached the finish line. Liz expressed immense gratitude to all the people who supported her, including her cycling friends and Martin and Marguerite who climbed Carrauntoohil with her and as she said "minded her like a queen" on the day to ensure she reached the peak. Fortunately, the sun shone through for the full two hours of the climb, with just a little mist when they reached the summit. Delighted after completing her gruelling challenge Liz commented, "I feel great, my training has paid off. People have been incredibly encouraging and supportive, cheering me on toward success in my challenge, and have been very generous towards my fundraiser for the Irish Kidney Association, the charity which does great work in supporting patients like Niall and in promoting organ donation.

If other people would like to donate to this important cause, no matter how small an amount, it would be hugely appreciated and they can find me on the iDonate platform by searching for Liz Fenton 226 https:// www.idonate.ie/fundraiser/LizFenton226 or support any of the other incredible cyclists who they can find on the Irish Kidney Association's Ring of Kerry Charity Cycle page." www.ika.ie/ringofkerry





All ticket prices exclude service charge plus facility fee. Telephone and Internet bookings subject to service charge

PLANS FOR FÉILE LUGHNASADH 2024 IN MILLTOWN ANNOUNCED

The hard-working committee in Milltown is putting the finishing touches to the programme for this year's Féile Lughnasadh festival which takes place on the August Bank Holiday Weekend. The popular traditional Irish music festival features four days and nights of free entertainment and is organised by the local branch of Comhaltas Ceoltóirí Éireann.

The festival programme will be launched by the Cathaoirleach of Kerry County Council, Cllr Breandán Fitzgerald at the Plough Bar in Milltown on Friday, 12 July.

Three top-quality traditional music acts have been lined up to play in the Square including The Rising on Friday 2nd, Pólca 4 on Saturday 3rd and Four Men and a Dog on Sunday 4th. There will also be holistic therapy sessions, a hike to Caherconree, a family fun day, an open-air céilí, and the Lughnasadh Parade and Bonfire.

"This is our third festival and we have a fabulous line-up for people of all ages," said Milltown-



At Killagha Abbey, Milltown, preparing for Féile Lughnasadh 2024 were Neasa O'Shea, Celia O'Shea and Nathan Howe

Listry Comhaltas chairperson, Turlough O'Brien. "It's a volunteer-led festival which brings four days and nights of free entertainment to a growing community in Milltown. There has been great support from our patrons over the last two years and we have a great bunch of volunteers working to make it happen."

Féile Lughnasadh celebrates the ancient Irish harvest festival and features a parade and bonfire on Friday 2nd as well as a family fun day and crafts fair on Sunday and late-night gigs at Club Lughnasadh from Up in Smoke, Aftershock, and Greta Curtin & Friends. There will also be a selection of holistic therapy taster sessions at the Nagle Rice Community Centre hosted by Quest & Thrive. A major fundraising drive is underway to support the festival. The committee is selling tickets for Mystery Money Madness which has a first prize of \notin 2,500 cash and which involves a lucky dip draw for tickets priced between one cent and \notin 25.

The launch at the Plough Bar on Friday night from 8pm will feature music from Ger O'Shea. For more on Féile Lughnasadh, see the festival's pages on TikTok, Facebook and Instagram

Féile Lughnasadh is supported by Kerry County Council under the Community Support Fund and by Fáilte Ireland and Kerry County Council under the Festivals and Participative Events Programme.



Pólca 4 who play Féile Lughnasadh in Milltown on Saturday 3 August



Killarney trio, The Rising, who play the opening night of Féile Lugnasadh in Milltown on 2nd August

KILLARNEY TOWN TWINNING GROUP TAKE PART IN PARADE

Members of Killarney Town Twinning Association took pace in a big parade in the twin town of Pleinfeld in Germany at the weekend. Sean Counihan and Sheila Dickson were representing Killarney at the event. There was also the presentation of Erasmus certificates to over 50 students who visited Killarney over the past three years.

The connection with St Brendans Collage Killarney and Roth Germany will begin with St Brendans College, Killarney, next December.



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he exhibition 'Eolaíocht na Mara - Sea Science' at Músaem Chorca Dhuibhne - West Kerry Museum was officially opened by the Marine Institute on Thursday 4th July 2024.

'Eolaíocht na Mara - Sea Science' invites visitors to dive beneath the waves of Ireland's wild Atlantic to explore our ocean through interactive displays and digital exhibits. Visitors will uncover the shipwrecks around the Irish coast, and can explore Ireland's unique marine life and some of the incredible scientific discoveries made in Irish waters. They will discover more about Ireland's marine research vessels and the research activities undertaken by scientists at sea.

Músaem Chorca Dhuibhne - West Kerry Museum is situated in an old schoolhouse in Ballyferriter on the Dingle Peninsula, Co Kerry. For more information, visit westkerrymuseum. com.

The Marine Institute is Ireland's scientific agency responsible for supporting the sustainable development of the State's maritime area and resources. For more information, visit marine.ie.

Exhibition 'Eolaíocht na Mara - Sea Science'

officially opens at Músaem Chorca Dhuibhne -West Kerry Museum



The exhibition 'Eolaíocht na Mara - Sea Science' at Músaem Chorca Dhuibhne - The West Kerry Museum was officially opened by the Marine Institute rhis week in West Kerry . Pictured were : Sisters Saerlaith and Deichtine Ní Riordain Ní Mhainín from West Kerry and Dr Rick Officer, CEO of the Marine Institute. Photo By : Domnick Walsh © Eye Focus LTD .

CHRISTENINGS

Dani Mai's Special

Day Rosanne and Brendan McGouah pictured with their d

Rosanne and Brendan McGough pictured with their daughter Dani-Mai, along with her god parents on her Christening Day.

Photo: Karina Murphy, Muckross Photography





Grace's Special Day

Bridgid & Shane O'Neill with their daughter Grace, along with her God Parents on her Christening Day.

Photo: Karina Murphy, Muckross Photography



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Friday 19th "Dance Hall Friday"

Gates open 6pm Paudie McAuliffe 7-9pm The Paudie Coffey Band 9-11pm

Saturday 20th "The Big Stage"

Gates open 2pm Leading local musicians*3–7pm Up In Smoke 7–9pm DJ Gav Kelly 9pm–close

 Including The O'Donoghue Sisters, Hacksaw Johnny Courtney & Friends, The Border Boys, and the Reigning All Ireland Champions Glenflesk Ballad Group

Sunday 21: "Family Fun Day"

Gates open 12.30pm Kids' Entertainment & Disco 2-5pm All Ireland Hurling Final 3.30-5.30pm (Live on big screen) Thingamajig 5.30-7.30pm Meadhbh Walsh Band 8-10pm

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Under 16's are FREE all weekend. Must be accompanied by an adult at all times.



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TICKETS: For ticket enquiries contact 087 972 7537 Pre-sale of ONLINE WEEKEND PASS €30 for 3 days (Sale ends Thursday 18th July @ midnight) Tickets also available at the gate: €15 for Friday and €20 for Saturday or Sunday



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CLINICS THROUGHOUT MUNSTER

JAKE CARTER AND KAREN BYRNE to judge The Lee Strand Best Dressed at Killarney Races

Jake Carter and Karen Byrne have been revealed as the Lee Strand Best Dressed Celebrity Judges at the upcoming July Festival at Killarney Racecourse. From Monday 15 to Friday 19 Killarney Races will host an exciting five-day summer horse-racing festival. For many social racegoers the most competitive event of the week will take place off the track on Friday in the form of renowned The Lee Strand Best Dressed fashion event!

This year's celebrity judges are Singer Jake Carter & Dancing with the Stars pro dancer Karen Byrne. The stylish and talented duo will be out an about, circulating the enclosures from early doors to find the best dressed contenders



so organisers are encouraging patrons to come along early.

No less than 10 lucky ladies and gents will be selected by the judges, each taking home a prize for their efforts in the fashion stakes. The finalists will then battle it out in style for the chance to be crowned the 2024 Lee Strand Best Dressed Lady and Gent at Killarney Races and they will take home the covetable prizes of a VIP trip for two to Paris and Milan respectively. Celebrity Judge, Karen Byrne commented "We are so excited to attend the Lee Strand Best Dressed Ladies and Gents day at Killarney races, we always love travelling to the Kingdom of Kerry, and joining that with a day at the races,





what more would you want! We love all the style and can't wait to see everyone."

JulyFest at Killarney Races offers great racing, socialising, entertainment and so much more at Ireland's most scenic racecourse. With lots of ticket levels and packages including food and beverage options to choose from, whether it is close to the action general admission tickets or silver service fine dining, there is something for everyone at Killarney Races. Live music, fashion and delicious food and beverage offerings complement the best of summer racing at the track this July.

Friday is an afternoon meeting with the gates open at 12 noon and the first race off at 2pm so beat the traffic and come along early to soak up the pre-racing atmosphere or better again take a stroll from the town centre to the conveniently located racecourse. For further information or to book your tickets online visit www.killarneyraces.com.

NATIONAL ROLLOUT OF HEALTHY AGE FRIENDLY HOMES PROGRAMME TO INCLUDE KERRY



Healthy Age Friendly Homes (HAFH), a firstof-its-kind programme to enable older adults in Kerry to continue living independently, launches nationwide today (10 July). This joint Health and Local Government programme,

recognised globally as a best practice example of coordinated support services, will assist up to 10,500 older adults each year through timely interventions. It is estimated that the programme will result in an annual saving of \notin 41.5 million to the State through the prevention of hospitalisation and early or unnecessary admission to long-term residential care.

The programme's key partners include the Department of Health; Health Service Executive (HSE); Department of Housing, Local Government and Heritage; Age Friendly Ireland, and the Sustainable Energy Authority of

Friendly Ireland (SEAI).

Following a two-year pilot across nine sites – including Dublin City, Fingal, South Dublin, Westmeath, Tipperary, Galway City and County, Limerick City and County, Cork County and Longford - the programme is now expanding to all 31 local authorities. Local Healthy Age Friendly Homes Coordinators will manage support packages — across Housing, Health, Technology, Finance, Energy Efficiency and Social/Community — for each person referred. Home-based assessments will identify a diverse range of supports to enable the older person to continue living independently – whether in their own home or in more suitable housing. These supports could include housing adaptations, rightsizing to a more appropriate home, and assistive technology such as age-friendly tablets or wearable PanPan. It will also provide connections to services such as occupational therapists, social and community groups like Meals on Wheels and transportation to hospital appointments.

Applications can be made through the HAFH National Office or online at https://agefriendlyireland.ie/healthy-age-friendly-homes-programme/



Siobhan Giles, Bean an Tí, welcomes you back to Foley's Cottage at Muckross Traditional Farms. Siobhan would love you to sample her traditional soda bread and butter, baked on the griddle and open fire. Photo: Valerie O'Sullivan





CEAD MILE FAILTE TO FOLEY'S COTTAGE

A beautiful restoration has taken place at Foley's Cottage at Muckross Traditional Farms. Siobhan Giles, Bean an Tí is on hand to welcome everyone back and she would love you to sample her traditional soda bread and butter, baked on the griddle and open fire. The cottage has undergone a complete restoration of the medium sized 1930 style farmhouse, based on the Foley cottage in Barleymount, outside Killarney.

The project is funded by the Trustees of Muckross House and Gardens. Using traditional material, for the reroof, re-thatch and provision for under floor geothermal heating system. The aim is to preserve the fabric of the building for future generations - the project using master craftsmen should last 200 years.

Journey Companions Enjoy Trip to Killarney

By Anne Alcock



Members of a "journeymen" Guild Tradition originating 800 years ago in Germany have spent some time in Killarney. They took part some voluntary work with Killarney Tidy Towns, were given bed and board, enjoyed dinner at Bricin Restaurant and were driven to Dingle free of charge by Dero's Tours.

A group of companions, who describe themselves as "wandeln Gesellen" – members of a "journeymen" Guild Tradition originating 800 years ago in Germany have spent some time in Killarney.

The members are of different professions - Anja is a farmer, Carolin a plasterer and Jakob a maker of brass musical instruments such as horns and trumpets After qualification, Guild members are traditionally committed to staying at least 50km away from their homebase, - and for three years and one day, will travel through different countries, taking up to three-month- apprenticeships, thus honing their skills to Master's level. Well-known and very well-received in Germany, it was an unusual but pleasant sight to meet these young people on a Killarney street on the 4th of July! They wear traditional costume ("Kluft") all of the time, and carry a stout walking stick and a small "travel book" in which potential employers can rate and review them. Sleeping bags and a few sparse personal possessions are carried in one small cloth bundle. Mobile phones are not allowed. Bed and board is accepted wherever it can be found "We only need 2 square metres" - and they work their passage. We "work to travel, and travel to work" says Anja who hails from Switzerland, and, like the others, speaks excellent English. Good behaviour at all times is a must, and the reason behind this excellent ethic is -"that others of us who come after us, will be equally well-received." This engaging and industrious group seemed delighted with Killarney's welcome, and will be returning, after a week or so, travelling further along Kerry's coasts.

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Monday 15th July-Friday 19th July Monday 22nd July-Friday 26th July Monday 29th July-Friday 2nd August Tuesday 6th August-Friday 9th August Monday 19th August-Friday 23rd August **10am-4pm Daily.**

Camps are suitable for children over 5 years old. Camps are suitable for all abilities of riders.

Dates are subject to change and subject to minimum numbers. Please note a deposit may be required to reserve a space. Limited spaces available.



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www.ponytalesstables.com



Denis Walsh and his 1998 Subaru car.



William and Brian with their mark one and mark two Golfs in immaculate condition.



Full Attendance for the KILLARNEY VALLEY CLASSIC VINTAGE SHOW

Killarney Valley Classic and Vintage Club had another huge turn out for the annual Classic and Vintage Show on Sunday July 7th.

With an almost full attendance of 130 vehicles, with cars, jeeps and motorbikes as far back as year 1936 there was something for everyone.

Along with the main show, there was also a display of Volkswagen Golfs which is celebrating 50 years of production.

We were lucky enough to have each Golf in the series from the mark 1 upwards to 2004 on display.

Killarney Valley Classic and Vintage Club would especially like to thank those who carried their pristine vehicles on the day to put on display for the general public to view. We are always amazed at the quality of Classic vehicles that come to our show.

Also the hardworking dedicated members who put in weeks of work behind the scenes to ensure the show runs so smoothly.

Thanks as always to our Club sponsor BG Motors Killarney along with DJ Tim for the live music, the Killarney Racecourse for such a spectacular setting and The Racecourse cafe for refreshments.

U16 TAG RUGBY MUNSTER TITLE GOES TO BEAUFORT

Beaufort U16s Tag Rugby team won the Munster Community Games Championship yesterday in Fethard, they beat Limerick 18-16 and go on to represent Munster in the All Ireland on the 25th of August in Carlow. The coach (me) was missing in action on holidays!

The team was: 1. Lily O'Riordan 2. Isobel O'Shea 3. Luke Foley 4. Luke O' Malley (Capt) 5. Harry O'Shea 6. Ronan Coffey 7. Brook O'Sullivan 8. Emma Casey 9. Ellen Moriarty 10. Sarah Mangan 11) Conor Hughes 12) Ciara Eagar



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6 O f

KERRY COUNTY COUNCIL STOPPING HOUSE BUILDING IN KERRY

With the country in the midst of a unprecedented housing crisis and builders are putting the blame for this squarely on the shoulders of senior management staff of Kerry County Council, accusing them of making the problem worse.

Builders have expressed the view that it is easier to build houses in Cork than it is in Kerry. In Cork, for example, builders carry out the work, a snag list of any outstanding issues is created, the builders rectify those issues and any bond funds are promptly returned to the builder. Bond funds are amounts of money held back from the builder by the bank until all work has been completed. If the council delays signing off on the completion of the snag list, the bond funds are not released back to builder and they are left out of pocket. In Cork, once the snag list has been signed off, the maintenance of any new housing development is promptly taken over by Cork County Council.

Builders claim that it is much more problematic dealing with Kerry County Council. It can take years for an official snag list to be created. The saga does not end here. When that list is finally completed, more maintenance issues are added. Builders have claimed that this final stage can take years and can add unnecessary financial stress. In effect, builders are being used to maintain an estate, post-build. In many cases, the builder ends up just forfeiting the bond, as it becomes too costly to continue completing the constant snag lists generated by Kerry County Council. Works are rarely carried out with these bond funds and ultimately the money ends up in the road maintenance programme for the whole county.

While waiting for Kerry County Council to take over the maintenance of their estate, the residents are obliged to pay for that maintenance themselves, and all the while, Kerry County Council continue their delaying tactics. These residents already pay road tax which goes towards

APEN DEP

A builder built an extra thirteen houses in an existing housing estate. The builder rerouted heavy traffic away from the estate and used an existing farm road at the rear of the site to access the building site. The photo shows the relief road and this road was in existence long before his company built these houses. After the houses were built the Council instructed the builder to go onto private property and dig up the relief road and turn the area into a green field otherwise Kerry County Council will take $\leq 20,000$ via a bond from the builder.

Kerry County Council contacted this publication stating that the heading of this article is "grossly misleading and incorrect". Nobody wants badly built estates but this example does not entice builders to build houses.





This is a photo of an item on a snag list from a builder. Kerry County Council wants the builder to remove the fence and replace it with a fence that's a few inches taller. Because there is a slope in the green area the fence measures 2 mtrs when measured from the back and 1.85mtrs when measured from the front because of the slope in the green area. Does it really matter if this fence is a few inches shorter. This is an example of the nonsense that builders have to put up with from Kerry County Council.

road maintenance. And they are also paying local property tax. Why are the most pressured group in society being treated so badly? Typically these are young people with young families struggling to pay bills and Kerry County Council has the power to make their lives a little bit easier but unfortunately, the opposite is the case.

A number of County Councillors have said that they do not have the power to change things. They were critical of council management who have just brushed their concerns aside.

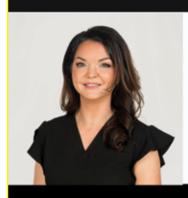


This is a photo of a manhole that was built in 2008. This manhole is in perfect condition after sixteen years.

The specifications on building a manhole has changed recently and Kerry County Council wants all the manholes in the estate dug up and rebuild under the updated specifications and this work will cost the builder \leq 45,000. Kerry County Council does not accept that this decision is a gross abuse of power.

There is no appeal system and no consequence for the decision makers.

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FOUR KERRY LADIES CYCLED THE ROKCC TOGETHER for a cause very close to their hearts

Starting and finishing the Ring of Kerry Cycling Challenge together to celebrate two family members transplants were four Kerry ladies Edel Lehane from Gneeveguilla, Sinead Kelleher, Karina Kelleher and Karina's daughter Eve Moynihan, from Rathmore. They were raising funds for the Irish Kidney Association as their families were impacted by kidney disease. John Paul Lehane received a kidney donated by his brother in 2018 and they are grateful to the family of the deceased donor for the kidney transplant Donal Kelleher underwent in June last year. After crossing the finish line together, Edel Lehane, said "We are delighted, it's been a great day. The four of us stuck together as a team and friends all the way. We supported each other up and down the hills and on the hardest climbs what kept us going was thinking of how much tougher it is for all those people in organ failure and their families, so we pushed through. The Irish Kidney Association has been very good to our family and have always supported us so it's nice to be able to do this for the charity to help other families of patients like my husband John Paul and Donal also."https://www.idonate.ie/fundraiser/ EveMoynihan618



NEAR 200 UKRAINIANS IN TRALEE GATHERED FOR A PEACEFUL PROTEST AFTER RUSSIA ATTACKED A CHILDREN'S HOSPITAL.



On the 10th of July 2024 a peaceful protest by Ukrainians living in Kerry took place in the central square in Tralee. The protest is dedicated to the memory of those children and adults who died in a rocket attack on the 8th of July, which destroyed the county's largest Children's Hospital in Ukraine.

33 people, including children, where killed in Kyiv last Monday, June 8. The largest children's hospital, Ohmadyt, a maternity hospital and a civilian building were intentionally destroyed by Russian missile attacks. On the same day, russia attacked other cities in Ukraine: Dnipro, Zaporizhzhia, Kharkiv, and Kryvyi Rih.

This action aimed to remind the media, authorities, and local residents that the war in Ukraine is still ongoing and that innocent Ukrainian children are dying from rocket attacks on hospitals and residential buildings.

During the peaceful protest, 200 ukrainians demanded urgently needed air defence systems to protect against rocket attacks, which target children's hospitals, residential buildings, and power plants that power entire cities. Ukrainians reminded that the russian embassy in Ireland still works and demanded the russian ambassador's expulsion.

"We are talking about children's hospital attack because of its striking cruelty. But such stories happen in Ukraine every day. Ukraine urgently needs air defence systems to protect itself. We believe that the air defence system is humanitarian aid," - said Natalia Krasnekova, a Ukrainian activist in Kerrv.

Similar peaceful protests took place today in Dublin and Galway. Protests in Wexford, Portlaoise, Cavan and Ennis are planned for the nearest days.

AFRO TRAD CONCERT FOR ST. MARY'S CHURCH OF IRELAND

A new Afro Trad group are set to play a free concert at St. Mary's Church of Ireland tomorrow night, Saturday July 13 as part of Spraoi Ciarrai. Samuel Kiwanuka (Uganda & Tralee) and Tim O'Shea will perform the duoconcert at 8pm. Sam and Tim are two thirds of Afro Trad Ireland. a new and exciting folk fusion of African & Irish rhythms and songs. With pulsating African drums & lilting Irish & African vocals as main features of this must see show. With an experienced international cast of performers, who are well known and respected in their respective musical communities.

They have also completed their first studio recording, launched in the Spring of 2017. ATI are regular visitors to Puck Fair, Festivals & local schools in Kerry and beyond.



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f 🖸



Not even an unseasonal heavy mist that threatened to play spoilsport all day long could dampen the spirits or the enthusiasm as Killarney marked July 4th in sensational style with a fabulous Celebration of Irish American Friendship.

The smiles on the faces said it all as hundreds of people lined the streets for the spectacular parade that had that true stamp of quality for which Killarney is renowned. Led by newly elected Mayor of Killarney, Cllr Maura Healy-Rae, who waved to the crowd from a sleek open top dream machine piloted by Sean O'Donoghue, the parade certainly had the wow factor with custom-built floats, marching bands, fun-filled Disney characters, energetic cheerleaders, Great Gatsby dancers and so much more and as free summertime entertainment spectacles go, Killarney proved yet again that nobody does it better. Mayor Healy-Rae, in her fist official public engagement since taking office, congratulated all involved and extended a warm welcome to visitors to Killarney. The party continued into the night with hugely popular local band Truly Diverse giving the town a huge burst of energy with a powerpacked performance from the Main Street stage which had locals and visitors dancing, bopping and singing along.

Earlier in the day, a creative kids zone was in big demand on the grounds of St Mary's Church of Ireland while big brass bands sounds and the familiar beat of energetic drum-bands filled the Killarney air. Two very high quality performances, in keeping with the Irish-American friendship

theme, attracted capacity crowds to Killarney House and the Anam Art and Cultural Centre respectively.

At the former residence of the McShain family, genealogist and author Kay Caball delivered a fascinating lecture on emigration from Ireland to the US from 1820 to 1920 on Wednesday night while, on Thursday evening, there was an enthralling dramatisation of the life and legacy of entrepreneur and philanthropist John McShain showcasing Killarney's finest talent. The event at Anam was co-produced by Noel P O'Sullivan and Fiona Crowley, the latter also narrating, and it featured the wonderful voice of Mary Culloty O'Sullivan, the musical skills of flautist Miriam O'Sullivan and Tony O'Flaherty and the thought-provoking poetry of local wordsmith Tim Buckley. The Killarney Chamber of Tourism and Commerce executive described the Celebration of Irish American Friendship as an overwhelming success that went down an absolute treat with visitors and locals who lined the streets in great numbers to join in the occasion. The Chamber expressed particular gratitude to the numerous locals and business interests who played their part as volunteer stewards, ensuring everything went according to plan and that everybody had a celebration to remember. Chamber has also acknowledged the enormous role played by Kerry County Council, Killarney Municipal District Council and Fáilte Ireland in their support of this year's festival.

PHOTOGRAPHS: Marie Carroll-O'Sullivan



Bran O'Donoghue pictured with his grandmother Annette Bennett, enjoying the kid zone at Killarney's "Celebration of Irish & American Friendship" on Thursday 4th July.



Enjoying the kids zone at St Mary's Church of Ireland.

Spiderman for Seimí Moynihan at the kids zone.



Pictured at ANAM for the Tale of Irish American John McShain, Tim Buckley recites a poem as part of Killarney's 'Celebration of Irish & American Friendships' on Thursday 4th ary,

LGA

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Awating the big parade at Killarney's 'Celebration of lish & American Friendship' On Thursday 4th July were L-R Timmy O'Connor, Fay O'Riordan & Joan O'Connor.



MIM



On duty at Killarney's Celebration of Irish & American Friendship' On Thursday 4th July were L-R Shane Manning, The Grand Hotel & Les Brzozka, The Killarney Plaza Hotel.

L-R Nora Mai Brosnan, Dara Flynn, Clodagh Flynn, Ollie Flynn, Claire Francis, Max Francis & Marguerite Brosnan.



Pictured at ANAM for the Tale of Irish American John McShain, singer Mary Culloy O'Sullivan entertains with a beautiful version of Eliis Island, as part of Killarney's Celebration of Irish & American Fhendships' on Thursday 4th July

Lavender Hair Design New Salon Now Opened in the heart of Killarney

In a testament to their remarkable success and community support, Lavender Hair Design is thrilled to announce the grand opening of their second salon in Killarney on July 20th. This milestone comes four years after the launch of their first beloved salon in Macroom Cork, which has become a cornerstone of style and elegance in the community.

The new Killarney location promises to bring the same level of exceptional service, creativity, and warm, welcoming atmosphere that patrons of the Macroom salon have come to love. To celebrate this exciting expansion, Lavender Hair Design is hosting an open evening on July 20th, inviting residents to explore the new space, meet the talented team, and enjoy an evening of beauty and fun.

The open evening will feature a variety of activities, including haircare discounts, exclusive product showcases, and personalised consultations. Guests will have the opportunity to learn about the latest trends in hair design, receive expert tips on hair care, and perhaps even win some fabulous door prizes.

Lavender Hair Design's owner, Patricia McCarthy, expressed heartfelt gratitude to the community for their unwavering support over the past four years. "Opening our second salon in the beautiful town of Killarney is a dream come true," Patricia shared. "We are incredibly grateful to our loyal clients in Macroom who have trusted us with their hair care needs and helped us grow. We look forward to becoming an integral part of the Killarney community and continuing to provide top-notch service."

The Macroom Muti awarded salon has garnered a stellar reputation for its innovative and personalised approach to hair styling, thanks to a dedicated team that continuously strives to exceed client expectations. This same commitment to excellence will undoubtedly be the hallmark of the new Killarney location.

The open evening at Lavender Hair Design's Killarney salon will begin at 4:00 PM and continue until 6:00 PM. Refreshments, Discounts and music will be provided.

Lavender Hair Design, 7 Fairhill, Killarney, Co. Kerry, V93 ED80. Call us on: 064 6617444



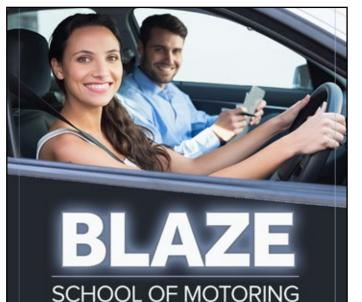


Karena McCarthy Marketing manager Killarney Credit Union with Francis O'Shea, Michael Murphy, Tom Leslie and Dan Moynihan of the Killarney Valley Vintage Classic Club. Killarney Credit Union were delighted to recently sponsor the physical materials used in creating a new Social Hub for Killarney Valley Classic and Vintage Club. This social hub with a log cabin effect is the latest project undertaken by Killarney Valley Classic and Vintage Club and will give their members a fully kitted out social area to have a chat and plan their next projects. Photo by Michelle Cooper Galvin



Pat Sheehan, Killarney Credit Union (centre) presenting sposnorship to Bridget Delaney Killarney Cardiac Response Unit with (from left) Shane Foley, Killarney Credit Union, Bernard Hourihan and Fiona Mangan Killarney Cardiac Response Unit, Ger Galvin Director Killarney Credit Union and Dylan O'Connor Killarney Cardiac Response Unit at the Killarney Credit Union. Killarney Credit Union have proudly funded a Zoll AED 3TM automated external defibrillator (AED) for Killarney Cardiac Response Unit. This invaluable piece of equipment which is one of the leading most technically advanced AED's on the market, will provider rescuers with unrivalled support during a cardiac arrest. Photo by Michelle Cooper Galvin





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HOW TO LIVE AN EMBODIED LIFE

I spent much of my early life feeling as if I was living outside of my body. I was always struggling with what was actually happening in the moment and always worrying about what might happen in the future. This caused me a huge amount of anxiety and stress and made me feel as if I just always lived in my head. I know a lot of people can relate to this. One of my personal huge changes was being able to connect with my feelings and emotions in a way that calmed me and helped to regulate my nervous system. I teach this in my classes and coaching.

Today's coaching action

The key is to be able to embody and truly be with our experience of life in a way that is kind, compassionate and supportive. Instead of running away from what is unfolding in your life, or using distractions to escape your emotions, take a moment to observe how you feel. Take some slow, loving breaths and place your hand over your heart to help center you.

Stroke the sides of your arms and say to yourself, "It's okay to feel what I feel. This too will pass and in the meantime, I am here for me."

For more coaching please follow on Instagram @ romancingyourbody

www.astridlonghurst.com

Noreen

GET THE WORKOUT GLOW!

If you are finding it difficult to motivate yourself to move more, think of your skin.

Working out increases blood circulation, improving the delivery of oxygen and nutrients to your skin. The increased blood flow stimulates collagen production improving the quality and appearance of your skin. High-intensity interval training (HIIT) and endurance exercise have been shown to increase telomerase activity (an enzyme responsible for protecting our DNA) leading to better cell growth and replication.

Even regular moderate exercise accelerates the removal of waste products and free radicals from your skin to protect it from further damage.

Working out reduces cortisol which can help prevent spots and breakouts as it reduces stress which

.



contributes to acne. exercise may cause acne if you aren't washing your skin after working out. Remove all make-up before a

workout as sweat and dirt can mix with your make-up and cause breakouts. Cleanse your skin immediately after again with a gentle cleanser and apply a hydrating serum and light moisturiser.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



Clear Protein

What Exactly is Clear Protein?

CLEAR PROTEIN is not your typical protein supplement. It stands out as a fruity and flavourful alternative that's both refreshing and effective. The key ingredient in this protein drink is pea-protein isolate, which undergoes a meticulous filtration process to transform it into a clear and transparent liquid. This unique approach offers a refreshing departure from conventional protein shakes that can sometimes feel heavy, particularly after an intense workout.

Each serving of Clear Protein provides an impressive 20 g of plant-based protein, making it an excellent choice for those aiming to meet their daily protein goals. Whether you're an athlete, fitness enthusiast, or simply someone looking to support their training goals, Clear Protein has something exciting to offer.

 The benefits of Clear Protein. Each serving of Clear Protein provides 20 g of highquality plant-based protein. It is 100 % plant-based and Vegan Society Approved, suitable for vegans and those seeking to reduce meat and dairy intake. Clear Protein offers a light and tasty alternative to traditional milky protein shakes, to help hit daily protein intakes.

Clear Protein isn't limited to just shakes. Its light and fresh flavours can enhance a variety of summer-inspired recipes. Here are some creative ways to incorporate Clear Protein into your daily routine: Fruit infused slushies, homemade popsicles, Iced tea & classic shake or smoothie.

Clear protein can be used as a post workout refreshing drink to help boost your repaid after your workout. Or as a nice energising refreshing during the day to help ward off hunger and boost your daily grams of protein per day. Protein keeps you fuller for longer and it is a great little snack in between meals. Especially great for vegans if they are struggling to make up their daily protein demands.

THE OPTICAL SUITE

EYES IN THE SUN

Too much sun can damage the eyes. As with skin damage, it is the ultraviolet (UV) radiation from the sun which causes problems.

There are two types of UV rays: UV-A and UV-B.

Over time, the effects of UV rays may help cause several eye problems. UV-A

can hurt your central vision. It can damage the macula, a part of the retina at the back of your eye. **UV-B**

The front part of your eye (the cornea and the lens) absorbs most UV-B rays, but these rays may cause even more damage to your eyes than UV-A rays.

WHAT EYE PROBLEMS CAN UV RAYS CAUSE?

Macular Degeneration: UV rays may lead to macular degeneration, a leading cause of vision loss for older people.

Cataract: UV rays, especially UV-B rays, may also cause some kinds of cataracts. A cataract is a clouding of the eye's natural lens, the part of the eye that focuses the light we see.

Pterygium: Another UV-related problem is a growth called pterygium. This growth begins on the white of the eye and may involve the cornea. Eventually,

the growth may block vision. It is more common in people who work outside in the sun and wind.

Skin Cancer: Skin cancer around the eyelids is also linked to prolonged UV exposure.

Corneal Sunburn: Corneal sunburn, called photokeratitis, is the result of high short-term exposure to UV-B rays. Long hours at the beach or skiing without proper eye protection can cause this problem. It can be very painful and may cause temporary vision loss.

PROTECTING YOUR EYES FROM THE SUN

If you are spending time outdoors, especially in the summer or on holidays abroad, make sure that you and your children have good quality, dark sunglasses with UV protection. Look for the British Standard (BS EN ISO 12312-1:2013) or the CE mark, which is the manufacturer's assurance that the sunglasses have been made to the appropriate safety standards. You can also protect your eyes by making sure to wear a hat with a brim or a sun visor in bright sunliaht.

For more information and honest advice contact us for an appointment.



FOR AN APPOINTMENT CALL US AT THE OPTICAL SUITE | NEW STREET. KILLARNEY ON: 064 6636477



John Fitzgerald pictured with Michael Jacobi, MD of Hayfield Family Collection, and Jamie Power GM of Great Southern Killarney. John who has worked at the Great Southern Hotel Killarney for an astonishing 55 yearsis pictured at a party in his honour at the hotel this week. Photo: Don MacMonagle

Health for Mind&Body 🛇 🍪 🚭 🗸

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By Michael O' Mahony

GLENFLESK

≻SYMPATHY

The death of Micheál O'Donoghue on Sunday 30/06/24 in his 88th year brings to an end a lifetime of active involvement in the Glenflesk/ Barraduff community. Born in Droumnaharee, Glenflesk. Micheál qualified as a National Teacher spending his first year in Carlow before returning to his native parish in 1957 to take up a teaching position in Barraduff National School, a post he retained for the duration of his long career. A highly respected member of the community. Micheál nurtured the fledgling G.A.A. Club in its formative years, becoming Treasurer in 1959 and subsequently Secretary until 1967. With his perspicacious attributes he quickly realised that the future of the Club lay with its young people: mindful of this he set about organising under-14 and under-16 football teams which competed with other Clubs in East Kerry. Micheal's leadership qualities and honest endeavour proved to be very useful particularly in the early years of the Club. He was a key facilitator in the provision of the Club grounds at Curreal and he edited 'Glimpses from the Glen' in 2001, a booklet commemorating the golden jubilee of the foundation of the Club. In later years Micheál developed a keen interest in golf particularly at Killarney Golf and Fishing Club. To paraphrase W.B. Yeats: Micheál was the steadfast stone in the midst of the swirling stream. Micheál is survived by his daughter, Siobhán and his siblings, Florence, Jerh, Joan and Peg. Ar dheis Dé go raibh a anam.

>FLESK FEST 24

A weekend of Live Music, Fun and Entertainment, 18th, 19th, 20th & 21st July. Tickets available to purchase on the Clubforce website https:// shorturl.at/0SfoO Kindly supported by Kerry County Council.

On Thursday night the 18th we have 'Poker in the Marguee', on Friday 19th 'Dance Hall Friday' with Paudie McAuliffe and the Paudie Coffey Band. On Saturday morning 20th we have 'Well Flesk' which includes fitness classes, spinning, yoga, pilates, etc, and a Mothers & Others Football Blitz, later that afternoon we have live music from leading local musicians from 3-7, Up in Smoke from 7-9 and DJ Gav Kelly 9 to Close. On Sunday 21st we have Family Fun Day, The All Ireland Hurling Final and Live Music from Thingamajig & Meadhbh Walsh. We have a huge marquee on site, full bar, foodstalls, etc.

There is something for everyone! It promises to be a fantastic weekend! ≻LGFA

U14 County League Division 6 Shield Final

Milltown/Castlemaine 5-2 Glenflesk 3-7

A goal right at the end proved the difference as Milltown/Castlemaine got the better of Glenflesk in an entertaining Division 6 Shield Final played in front of a enthralled crowd at Fitzgerald's Stadium on Monday 1st of July. The girls gave everything and just didn't have the luck needed at times to win. There is a bright future ahead for this team though, and they should be proud of their performance.

>UNDERAGE

Our Under 13's had a good win over Fossa 5-12 to 3-4. The Under 9's travelled to Kenmare and despite the wet conditions played great football. The Under 10 girls played Listry and the U12 girls played Milltown/ Castlemaine, both very competitive games. Well done to all the players and coaches.

>LOTTO

There was no winner of Glenflesk Lotto which took place on 24/06/24 in Glenflesk Hall. Jackpot €3,400. The numbers drawn were 2, 16, 18, 24. Consolation Prizes of €50 - Marian Favier, Curraglass, Michael Audley, Killaha, Julie Brosnan (Sellers Prize), Sean & Daniel Moynihan, Dungarvan. Next draw will take place in Glenflesk Hall on Monday 8th July. Jackpot will be €3,600.

≻WEDDING BELLS

Congratulations to Gearoid O'Sullivan and Aisling Glavin who were married on Friday 5th July. We wish them health and happiness for their future together.

>CLUB SHOP

Glenflesk GAA gear can be purchased online via the club shop www. mckeeversports.ie

>NOTES

If you would like anything added in the notes please email to pro.glenflesk. kerry@gaa.ie

RATHMORE GNEEVEGUILLA

≻KERRY TEAM

Best of luck to the Kerry Team & management especially Paul Murphy & Shane Ryan in the All Ireland semi final this Saturday at Croke Park. **>KERRY LADIES FOOTBALL**

Congratulations to the Kerry Ladies & Management & Danielle O'Leary on their win over Meath last weekend. Best of luck to the Kerry Ladies in the semi final Kerry v Armagh, Sat 20th July in Glenisk O'Connor Park

>TUREENCAHILL COMMUNITY GROUP would like to take this opportunity to thank everyone who attended our 10th Anniversary Celebrations Weekend which was a fantastic success. We also have to thank all the generous sponsors and everyone who contributed in anyway it wouldn't have been the fantastic success that it was so thanks to everyone involved.

>CLOTHES BANK COLLECTION Sat 13th July @ 10am in Tureencahill Community Centre. Please all items of clothing shoes sheets etc. Must be bagged. NO Duvets Please.

SHARE THE BUCKET

Gneeveguilla Community Facility Group reminds you that Share the Bucket takes place weekly. The draw is every Friday evening in Teach Fáilte @ 8.30pm and can be viewed live on our Gneeveguilla Community Facility

Group Facebook Page. This week's jackpot was €202 and the winner was Eileen O'Riordan. Tickets cost €2 each or 3 for €5. They are available at Teach Fáilte and can be bought online at https://tinyurl.com/y2ade5om.or in local businesses where you see the Green Share the bucket. Your support is greatly supported and all funds will go towards our new proposed community facility.

>RATHMORE GNEEVEGUILLA COMMUNITY GAMES

A big thank you to all the children who represented our area at the County Athletics Event, held in An Riocht, Castleisland recently, especially for those children who took part in this event, for the very first time. Children who took part as follows: Girls: U8 / 60m - Fiadh Fleming. U10 / 100m - Sadie Murphy

>CULLEN AND DISTRICT SPECIAL NEEDS ANNUAL VINTAGE this Sunday 14th July – vintage display, live music with Peter Lane, blacksmith display, raffles, children's sports and games, fun for all the family

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before Sunday 6pm.

LISTRY

>LOTTO

Winning Numbers 8,16, 20, 26. Not Won. €100 Chris Horan. €50 Donald O'Sullivan & Family. €50 Breda Tangney, Listry. €25 Amber Reidy. €25 Jamie Mannix. Jackpot next week : €4,950. Next Draw: July 14th

>ALL IRELAND SEMI FINAL

Best of luck to the kerry team and management on Saturday in the All Ireland Senior football semi final. **>MINORS**

Best of luck to the Keel/Listry minors who commenced the minor club championship this week.

≻U15

U15 A team play Cordal in the div 1C final on Wednesday 10th july in Allman Park at 7 pm.

≻U11

U11s commence East Kerry League on Thursday 11th July with an away trip to Dr Crokes at 7pm.

OUTLOOK PROPERTY

PROPERTY PARTNERS GALLIVAN

FOR SALE

THIS WEEK'S FEATURED PROPERTIES





15 Pairc Chuimin, Kilcummin, Killarney V93 D9V3 3 bed (1 en suite) semi-detached house (approx. 1,260ft²) in a much sought after development of 93 modern houses within walking distance of Kilcummin village and only a 9 minute drive from Killarney town centre. This house is a blank canvas and is ready for the lucky purchaser to make it a home. Guide Price: €305,000 EED



49 Ballyoughtragh Heights, Milltown V93 FW28 Well-presented 5 bed 4 bath detached home (approx 1,900ft²) in a mature private residential development in a much sought after area on the edge of Milltown village. The A-rated house has been finished to an exceptionally high standard and is ready to move straight in to. Guide Price: €370,000



13 Oakdale, Killarney V93 F8XE Perfectly positioned in a quiet cul de sac, this 3 bed 1 bath terraced property (approx. 925ft²) is within easy walking distance of Killarney town centre and Killarney National Park. While the property is in need of some work, it offers an imaginative purchaser heaps of potential in a fantastic location. Guide Price: €250,000



Killarney V93 C78Y Detached 3 bed bungalow (approx. 1,600ft²) ideally located within easy walking distance of Killarney town centre and Killarney National Park. While in need of modernisation, it offers the prospective purchaser a fantastic opportunity to create a dream family home in one of Killarney's most desirable locations. Guide Price: €495,000

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BEAUFORT

>RESULTS

Listowel Emmet's 3.08 Beaufort 5.12 in round 11, Senior Co League, Division 2.

>LOTTO

There was no winner of Beaufort G.A.A. Club lotto jackpot of \notin 4,400 on Sunday, 7th July. Numbers: 5,12,21,23. Consolation Prizes: \notin 80 Nina Brosnan, Deelish Park, Anne Mangan, Ardlaghas, Margaret Galvin, Beaufort, Garry and Ann Kingston, Beaufort Park. The next draw for a jackpot of \notin 4,600 will be on Sunday, 21st July. Thank you to everybody who support our lotto.

Tickets are available from usual sellers, shops, and public houses and online at www.beaufortgaa.com. Please note that online lotto closes at 7pm on draw night. Any tickets purchased after 7pm are entered into

the next draw. >THANK YOU

Thank you to everybody who attended our summer camp, the organisers and helpers. Thank you to all our Club members who helped out with the Thomas Healy memorial football blitz on Sunday, 7th July. The blitz winners were Killarney and runners up were Beaufort (Gap).

GOOD LUCK to Mike Breen, Seán O'Brien and the Kerry senior football team and management in the All Ireland semi-final against Armagh on Saturday, 13th at 5.30pm in Croke Park.

>BUS TO KNOCK

A Bus will leave Beaufort for Knock on Sunday, July 21st. For further details contact 064-6644319 or 064-6644252.

KILCUMMIN

>KILCUMMIN RURAL DEVELOPMENT OFFICE

It was with great sadness that people heard of the passing of Jerry Mangan of Kilbrean. Jerry was a loving generous soul. He had a deep appreciation of the fields and native woodland on his farm. When the wood walk was first proposed he was generous and enthusiastic in his response. He spoke fondly of the generations who used the path on their way to school or to Sunday Mass. Part of his legacy to us is that we and future generations can enjoy what he loved from his earliest days. Míle Buíochas Jerry. Ar dheis dé go raibh a anam dilis flaithiúil.

►VACANCY

A Vacancy presently exists on the Kilcummin Rural Dev. C.E. Scheme for the position of maintenance/ground person for Mastergeeha F.C. This position is a development opportunity and no experience necessary. Please contact your Local Dep. of Social Protection employment services/ Intreo office to check your eligibility. To apply please forward your C.V. & P.P.S. number to The Supervisor, Kilcummin Rural Dev. Office by post or email info@kilcumminparish.com. For information contact Helen on 089-4756774.

>APPRECIATION FOR FR SEAN JONES

It is with great sadness that the very popular Fr. Sean Jones is leaving Killarney Pastoral Area to take up his new ministry as parish priest in Waterville on July 17th. We will miss his friendly presence, encouragement and gentleness in his priestly vocation. If you wish to make a contribution towards a gift of appreciation you may do so by handing it into the Parish Office or the Post Office. Thanking you.

KILCUMMIN LOOKING GOOD

With the impending arrival of the Tidy Towns Adjudicator expected over the next few weeks, we would ask all householders to make a special effort outside their houses to ensure it is presented at its very best. Please ensure if you are a dog owner that you take on your responsibilities associated with dog fouling on footpaths and park. We appreciate and thank you for your assistance and co-operation.

>KILCUMMIN LGFA

LGFA are celebrating its 50th anniversary on Friday 26th July. To mark

Written by: Helen Moynihan

this special milestone Kilcummin LGFA cordially invites everyone to an "Evening of Golden Celebrations". The evening will begin @ 6.30pm with photographs of all current players at all levels & our Mothers & Others Team. From 7-8pm there will be a Festival of Football (weather permitting), from 8pm tea/coffee, cake & finger food will be served in the Klub bar and Hall. On this special evening, Kilcummin LGFA will remember our late Vice Chairperson Ger Healy, who passed away suddenly last March. R.I.P. As everyone is aware Ger was the backbone of Kilcummin LGFA, He was not only our leader and our mentor but our loyal friend. In recognition of his total devotion, dedication and commitment to Kilcummin LGFA, a special presentation of a memorial plaque will be made to the Healy Family that evening. Ger will always be fondly remembered by all in Kilcummin LGFA. His absence is profoundly felt but his spirit, positive energy and legacy continues to inspire us and his invaluable contribution will be recognised and celebrated on the 26th July also. Ar dheis De go raibh a anam dilis. Members of Kilcummin CCE have been invited to perform and no doubt their performance will get all our blood pumping and our feet tapping. To plan for the event, we ask all current players to confirm their attendance to their lead mentors and everyone else to RSVP by messaging Esther on 087 9924603 by 8pm Fri 19th July.

>KILCUMMIN GAA

There was no winner on Monday 01st July of the Jackpot for €12,000. Numbers drawn were 14,21,22,29, Consolation prizes of €50 went to Petrina Lynch, Caoimhe Fogarty, Juliette Fleming, Kevin & Marie. The next draw will be on Monday 15th July for Jackpot of €12,250. >MASTERGEEHA FC

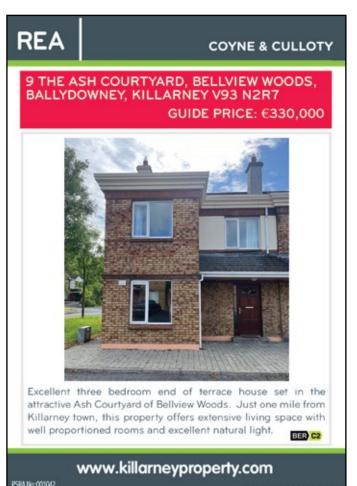
There was no winner on Friday 5th July 2024 of the Jackpot for €12,600. Numbers drawn were 02,12,14,21. Consolation prizes of €50 went to Marguerite Brosnan, Ballyhar; Sheila O'Leary, Inch, Kilcummin; Louise O'Sullivan c/o Klub Bar; Helen Healy, Knockancore. The next draw will be on Friday 12th July for Jackpot of €12,800.

"The Sweet Jesus Look"

"The sweet Jesus look" is how 65-year-old Tralee Grandad, Dan O'Donoghue, described his facial expression on the video of his skydive which raised over €11,500 for Kerry Mental Health Association. The #BreakingGrandad event (on 27th April) was a huge success. Dan presented the cheque to Kerry Mental Health Association General Manager, John Drummey at Tralee Town Park. The funds will support the roll-out of FREE and affordable mental health first aid training in Kerry. To donate visit, www. KerryMentalHealth.ie/donate.

Photo By : Domnick Walsh © Eye Focus LTD.





SEMANTINE QRUCS

Contact Donal Culloty 064 6631274/087 2354790

The Skinny Baker



Denis Kelleher (theskinny.Baker) is living in Rathmore and began baking when he was 12 years old. You can follow Denis on Facebook and Instagram @theskinny.baker for lots more recipes

CHOCOLATE ORANGE ENERGY BALLS

Ingredients

220g smooth peanut butter 90g chocolate chips 125g porridge oats 2 tablespoons of honey 1 teaspoon of vanilla extract 2 teaspoons of dark cocoa powder, shifted Zest of one orange @gempackfoods desiccated

@gempackfoods desiccated Coconut

Method

1. Put all the ingredients into a large bowl and mix together

2. Get a tablespoon of the mix and roll in a ball

3. Place the ball in a bowl of coconut flakes and give the ball a good coating of the coconut

Makes around 18 balls

Perfect for a mid morning or afternoon snack

OUTLOOK PROPERTY



Michael D O Shea MAINE VALLEY PROPERTIES

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COMMUNITY FOCUS

SPA

>WELL DONE

The Thomas Healy Memorial Football U20 Blitz took place Sunday in Beaufort GAA.

It was a great day of 7-a-side football in celebration of Thomas' memory. Thank you to the Healy family & Beaufort GAA for the invitation, looking forward to next year already

>CONGRATULATIONS to Kerry LGFA who overcame Meath in the TG4 All Ireland Senior Championship Quarter Final. We wish the girls and

management all the best in the preparations for the Seni Finals stage. >BEST WISHES

Kerry play Armagh in the 2024 All-Ireland Senior Football Championship Semi Final this Saturday. We extend our best wishes to the team and management ahead of this weekends game. >NOTES

Any items for the Spa notes please contact Club PRO on 0857762411 or email pro.spa.kerry@gaa.ie before 7pm on Sundays



Tim O'Brien, John and Francis O'Toole enjoying Fr Niall Geaney PP Fossa Golden Jubilee of his Priesthood celebration at the Prince of Peace Church and in the Fossa Community Centre, Fossa, Killarney on Friday Photo by Michelle Cooper Galvin



Fossa Team who took part in the Tommy Galvin Inter Schools Pitch & Putt Tournament



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MONEY MATTERS.

By Dermot Cronin, Financial Advisor



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What is the present value of your pension?

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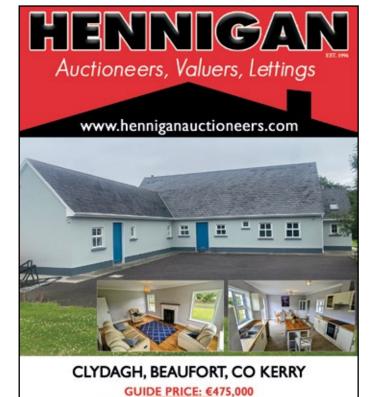
Who manages your pension and how much are you being charged to manage your pension?

When can you access your pension?

These are just some of the important questions you need to know the answers to. You need this information in order to check and compare your pension to what is available in the market place today from pension companies who may be able to get you a better return for your money and therefore getting you a higher lump sum and income on retirement. So whether your pension is from your present employment, an ex employer, you were self employed in the past or are self employed now it is very important that you have your pension reviewed and assessed by a financial advisor.

For more information or to make an appointment to discuss the above or any other query you have contact Dermot Cronin QFA, at 064 6622775, or dermotcroninifa@gmail.com

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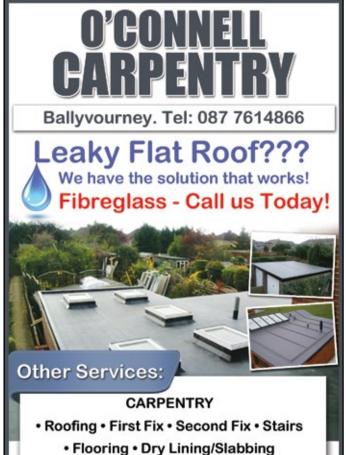


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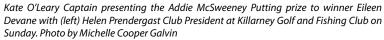


Attic Conversions & Renovations



FOCUS ON GOLF







Kate O'Leary Captain presenting her Captain's prize to men's club overall winner Brian Clarke at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin

ROSS GC KILLARNEY (GENTS CLUB)

RESULTS

On July 6th and 7th we held the Frank Doran / Safeguard Security Backstakes Strokeplay competition.

The winners were :-1st: Thomas Horan 71 (21) 2nd: Ger Flynn 71 (15) Best Gross: Jordanas Jonikaitis 81 **Div 1** 1st: Peter Wickham 72 (12) 2nd: Eoin Looney 79 (10) **Div 2** 1st: Donie Broderick 77 (16) 2nd: Jerry O'Brien 78 (20) **Div 3** 1st: Tim Ryan 75 (25) 2nd: Peter O'Brien 77 (24) **FIXTURES**

On Friday July 12th we will hold our 10 Hole Mixed Scramble at 6.15 pm. Please get your name on the entry sheet in the clubhouse, either in person or by phone before 5.45pm. The scramble will be followed by the prizegiving and some food in the Clubhouse.

On July 13th and 14th we will hold a stableford competition and the usual process applies for tee time bookings.

CASTLEROSSE GOLF CLUB (LADIES)

RESULTS OF 9H STABLEFORD 1st: Barbara O'Shea 2nd: Helen Feeney 3rd: Gina O'Shea RESULTS OF 18H STABLEFORD

1st: Mary Tobin 2nd: Kay Malone SOCIAL GOLF Social golf every Wednesday. Book on BRS. SPRING LEAGUE

Congratulations to Gina O'Shea who won the Spring League and was presented with her prize by Lady Captain Eileen Lucey.

MIXED SCRAMBLES

Mixed scrambles every Tuesday at 6pm. Visitors welcome.

PLAY IN PINK DAY

The Play in Pink Charity Fundraising Day will be held on Saturday, 27th July, 2024. This will be a 4ball mixed scramble.

GOLF LESSONS

Kieran Crehan is available to give golf lessons. Contact Kieran directly on: 087 2748777.

DEERPARK PITCH & PUTT CLUB CHAIRMAN'S PRIZE

Our thanks to everyone who attended our Chairman Sean Kelly's Prize last Friday evening as we also thank both Shirley, Helena and our Secretary Margaret B Looney for the wonderful spread of food served on the night. Well done to Eileen McCarthy on another win for the current year as she won the Overall Nett by five points and also maintains her lead at the top of the Player of the Year Contest. Results (Stableford)-Overall Nett: Eileen McCarthy 95 points, Overall Gross: John McGrath 85 points, Second Nett: Jason O'Connor 90 points (B18), Ladies Nett: Margaret C Looney 78 points, +3-7.4 Nett: Connie O'Sullivan Jnr 85 points, 7.5-16 Nett: Bobby Kelly 90 points, U16 Nett: James Whelan and U16 Gross: Brian McCarthy.

BOB CASEY AND KERRY INTER-COUNTY TEAMS

We finished third overall after the conclusion of this event in Listowel on Tuesday July 2nd. Our thanks to everyone who represented us over the four weeks as we also congratulate James Fleming (Intermediate) and Mark O'Shea (Junior) on making the respective Inter-County teams. Commiserations to John McGrath meanwhile on missing out on joining Damien Fleming on the Senior Mens team following the completion of their trial process.

SUNDAY DRAWS

Three Player Team, Two Scores Count Each Hole: Nett: Sean O'Brien, Mike 'Seve' O'Leary & Dan Kiely 88 1/3.

COUNTY U16 STROKEPLAY

Best Wishes to our club members heading to this event in Listowel on Friday. A reminder that it is a dress code event.

CLUB MATCHPLAY

First Round Draw for this Murphy's Bar Sponsored event has been made. All details in Competition

Whats App Group with First Round to be played by dusk on Monday July 22nd.

KILLARNEY GOLF & FISHING CLUB (LADIES)

CAPTAIN KATE'S PRIZE TO THE LADIES 18 HOLE LADIES STROKE COMPETITION PLAYED ON KILLEEN COURSE ON 7TH JULY 2024.

Overall & Best Gross, Winner & Ellen Lady Tucker Cup Winner: Tracy Eakin (0) 69

2nd Castle Lough Cup Winner: Aoife O'Sullivan (22) 68

3rd: Eileen Galbraith (33) 69 4th: Evelyn McCarty (15) 71 5th: Mary Shanahan (36) 72 6th: Maeve Doohan (35) 72 7th: Sinead O'Shea (17) 73 8th: Joanne Creedon (12) 74 9th: Maire Murphy (23) 74 10th: Mary O'Rourke (26) 75 11th: Aine Marie Martin (7) 75 Front Nine: Eileen Magee 29 Back Nine: Kathleen Rice 37 Past Captain: Pat Collins 78 Senior: Ursula Dalv 75 Committee: Patricia Walsh 77 Putting: Eileen Devane27 Putts NEXT FIXTURE will be 13th & 14th July 2024

Hayes Cup kindly sponsored by O'Brien Coffey McSweeney is Hotel 18 Hole Single Stableford on Killeen Course.



Kllcummin Team who took part in the Tommy Galvin Inter Schools Pitch & Putt Tournament



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FOCUS ON GOLF



Kate O'Leary Captain presenting her Captain's 2nd prize and Castlelough Cup to Ladies Club winner Aoife O'Sullivan at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Kate O'Leary Captain (fifth from left) presenting her Captain's 2nd prize and Castlelough Cup to Ladies Club winner Aoife O'Sullivan with (from left) Eileen Galbraith 3rd, Aine Marie Martin 10th, Pat Collins Past Captain's prize (second row from left) Evelyn McCarthy 4th, Mary Shanahan 5th, Maeve Doohan 6th, Sinead O'Shea 7th, Joanne Creedon 8th (back from left) Maire Murphy 9th, Mary O'Rourke 10th, Kathleen Rice back 9, Patricia Walsh committee prize, Ursula Daly senior prize and Eileen Devane winner of the Addie McSweeney putting prize at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Kate O'Leary Captain (fifth from left) presenting her Captain's prize to Junior Boys winner Thomas O'Shaughnessy with (from left) John O'Mahony Captain, Helen Prendergast Club President and Brian McCarthy division 1 winner at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Kate O'Leary Captain presenting her Captain's prize to men's club overall winner Brian Clarke with (from left) Ciaran Brosnan 2nd, Helen Prendergast Club President, John O'Mahony Captain (second row from left) Dan Moynihan 3rd, Frank Shaw Cat 1 1st, Tommy Galvin Cat 2 3rd, John O'Riordan Cat 3 1st (back from left) John Moynihan Cat 4 2nd, Tom Daly Cat 3 2nd and Larry O'Donnell Cat 4 1st at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Congratulations to Gina O'Shea who won the Castlerosse Golf Club (Ladies Branch) Spring League and was presented with her prize by Lady Captain Eileen Lucey.



Sean Kelly, Deerpark Pitch & Putt Club Chairman presenting the prizes for his Chairmans Prize event in Deerpark Pitch & Putt Club last Friday evening along with club members. Included in front row are Eileen McCarthy (Overall Winner), Jason O'Connor (Runner-Up) and John McGrath (Overall Gross).

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PHOTOS: KILLARNEY CAMERA CLUB All photographs taken by Killarney Camera Club will be available to download, free of charge, via the Ring of Kerry Charity Cycle website - www.ringofkerrycycle.ie - on 1st August.





NEWS

he Tricel Bursary is an award aimed at recognising and supporting talented students on their journey towards reaching their full academic potential. The award was opened to the children of all our employees within the entire group.

This year, Mike Stack, Tricel Group CEO, was delighted to award Danielle Gleeson and Aiden Brady a €1,000 bursary each and were given an opportunity to gain valuable, handson work experience through summer work placement in the Tricel Group. Mike Stack, Tricel Group CEO presented Danielle Gleeson her bursary at the Tricel Group HQ in Killarney. Robbie Larkin, Head of Distribution Division presented Aiden Brady his bursary at Gem Oils in Cavan.

Danielle is studying a Bachelor of Arts in University College Cork. Danielle started working in Tricel as a Lean Engineer Summer student in May. Aiden is currently completing his Masters in Agricultural Extension and Innovation in University College Dublin. Tricel would like to congratulate such worthy recipients and wish them every success in their future academic endeavours.

Due to Tricel's ongoing mission to support the next generation in their careers, Tricel plans to extend it's bursary fund this year.

.

Two students have benefited from the Tricel Bursary



Mike Stack, Tricel Group CEO, was delighted to award Danielle Gleeson and Aiden Brady a \leq 1,000 bursary each and were given an opportunity to gain valuable, hands-on work experience through summer work placement in the Tricel Group.



NEW DEVELOPMENT OFFICER APPOINTED to the MacGillycuddy Reeks Mountain Access Forum

The MacGillycuddy Reeks Mountain Access Form has announced the appointment of a new Development Officer to work with the group over the next three years towards delivering their prioritised aims. The forum was set up in 2014 by South Kerry Development Partnership CLG in conjunction with the rural recreation section of then Department of Environment, Community & Local Government and has as its core the provision of a representative management structure for the MacGillycuddy Reeks Mountain Range.

Development Officer Ronan O'Connor has taken up the position since the 11th of June and one of his key roles will be to work closely with the landowners in the MacGillycuddy Reeks to address the ongoing issues they have identified. In addition, Ronan will focus on strengthening organisational structure of the forum, sustaining the upland recreational infrastructure as well as working with local enterprises and communities to deliver meaningful socio-economic benefits from the recreational tourism opportunities in the Reeks Catchment.

Funding for the post is provided through the Department of Community & Rural Development and is for an initial three-year period. The role will also focus on developing links with other upland areas across the country as well as targeting specific funding streams to enable additional works to be undertaken in the Reeks as well as promoting the work of the Forum to as wide an audience as possible.

Speaking following his appointment Ronan said that he was excited to take up the role and described his passion for the sustainable maintenance of the MacGillycuddy Reeks. "The forum has proved very successful to date in bringing all of the key stakeholders together to manage this vital asset for South Kerry and I hope to build on the extensive work undertaken to date during my time in the role" Ronan said.

Ronan's appointment has also been welcomed by Forum Chairperson Stewart Stephens who said he believes his appointment will be the catalyst to enable the forum build on its success to date. "This forum was the first such structure to give a voice to all the stakeholders, particularly the landowners in the Reeks and through working together we have identified an ambitious work plan to drive the project forward" Stewart said. He added that Ronan's appointment will enable this work plan become a reality.

Ronan O'Connor will be based out of the SKDP Office at the Old Barracks in Beaufort Village and can be contacted by e-mail at reeksforum@ skdp.net

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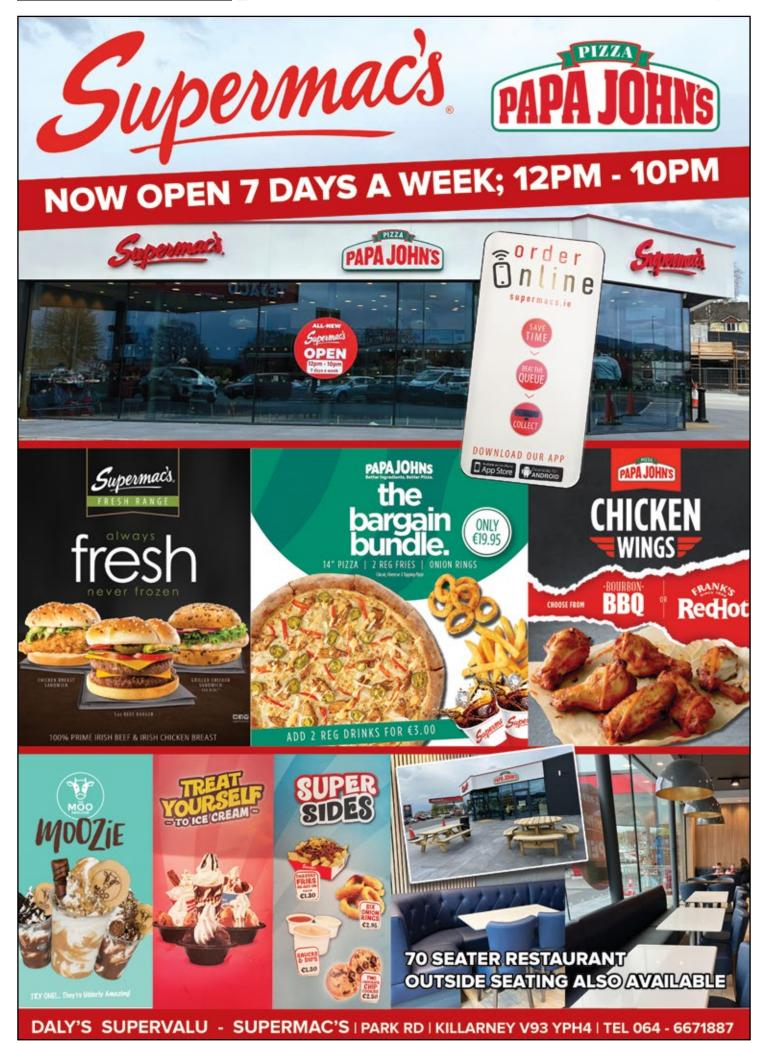
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NEW CATHAOIRLEACH BLASTS ENVIRONMENT MINISTER & TII IN MAIDEN SPEECH

The new Cathaoírleach of Kenmare Municipal District, Councillor Michael Cahill has blasted the Minister for the Environment, Eamon Ryan and Transport Infrastructure Ireland for what he described as the Minister & TIIs failures in regard to keeping the Ring of Kerry road, Ireland's Premier Tourist Route up to an acceptable standard and ensuring that the overgrown hedges, trees & shrubs are cut on a regular basis.

"The Ring of Kerry road is very high on my agenda, with up to 70% of it needing to be upgraded as a matter of priority. The Ring of Kerry road is in such poor condition that it is in fact a danger to all road users, including motorists, cyclists, bus & coach drivers, pedestrians, etc," said the Fianna Fáil Councillor. "Tourists come from all over the world, to travel the Ring of Kerry road, the Jewel in the Kerry Crown, along the magnificent Wild Atlantic Way to see the majestic views that our county has to offer and yet for prolonged sections, you can not even see the ocean, despite the fact that you are driving along right beside it. This beggars belief" stated an angry Councillor Cahill.

"Also, our tourist viewing points are constantly blocked by overgrown trees & shrubs because deep cleansing from underneath the cliff edge is not carried out. The Minister and Transport Infrastructure Ireland's inaction is an embarrassment to themselves, it's an embarrassment to our county, it's an embarrassment to our citizens and it's an



embarrassment to our country. Accidents are now happening at these locations whereby elderly people are trying to get up on the walls to get a view of the ocean" stated Councillor Cahill.

"I will continue to raise this matter at every opportunity and at every meeting until such time as action is taken and I will continue to push for increased Government funding for this route which is as important to Kerry as the M50 is to Dublin" said the Rossbeigh based Councillor. "The streets and footpaths going through a number of the towns and villages on the Ring of Kerry such as Cahersiveen, Killorglin and Glenbeigh, etc, are also in a shocking condition" added Councillor Cahill.

A request from Councillor Cahill for a Deputation to the Minister for the Environment and to TII received unanimous support from the members as did the Cathaoírleachs request for the matter to be placed on the Agenda as a specific item for the next full Council meeting.

WASTEWATER TREATMENT PLANTS

The situation that exists in Kerry because of the lack of sufficient Wastewater Treatment capacity, is a major threat to our personal and environmental health, according to Fianna Fáil Councillor, Michael Cahill. The recently elected Cathaoirleach of Kenmare Municipal District is calling on the Government to divert a large portion of the recent increase in Corporate Tax receipts to a massive initiative to correct this anomaly countywide.

"The fact that many communities have no Wastewater Treatment Plant or that the one that exists is working beyond capacity, is a major



threat to the health of our all of people and our wildlife environment and it must be corrected now and not be allowed fester until 2050" stated the Rossbeigh based Councillor.

"Also because of it, Housing Development is being restricted and business initiatives are being stalled, meaning our financial health is also being seriously impacted. The Government has already announced that they are diverting excess Corporate Tax receipts to the Future Ireland Fund and the Infrastructure, Nature and Climate Fund, so the opportunity now exists to allocate a substantial sum to the upgrade of

our Wastewater Treatment Systems, for the good of all" said Councillor Cahill.

"Our personal and environmental health and the provision of homes and employment, would benefit all of us in a real and tangible way from such an initiative, but it must be done now" added Councillor Cahill.

Additional funding for Old Killarney Village estate and Birch Hill Estate connection to public sewerage treatment system

Deputy Danny Healy Rae has said that the Department of Housing have announced allocation of \notin 992,000 for Kerry Water services to connect Old Killarney Village estate and Birch Hill Estates to the public sewerage treatment system , however this leaves a shortfall of \notin 330,000.

This is much the same as what happened 4 or 5 years ago. One of the suggestions is that Irish Water will seek to get a connection fee from each householder but this is not fair or reasonable, these residents paid for their sewerage system at the start and it's Kerry County Council came and decided it wasn't adequate. We are asking that additional funding be allocated to cover the complete cost.

62 | 12.07.24

DANNY HEALY-RAE TO

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PLEASE CONTACT

Danny 087 2316055 Office 064 6685315 Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com



WHEELCHAIR ACCESS



A Kerry Fianna Fáil Councillor is querying why larnród Éireann have been legally allowed to plan for new train carriages, up to the year 2050, without the requirement to provide permanent wheelchair access.

"As it stands, wheelchair using passengers are required to book 24 hours in advance, to ensure that suitable facilities are available to them. Wheelchair users sometimes get last minute calls to attend appointments, like everyone else and it is totally unacceptable that they do not have an equal level of access to the more abled members of our society" stated Councillor Cahill.

"The Minister for Transport, Eamon Ryan and the Minister responsible for Equality and Disability, Roderic O'Gorman need to urgently correct this horrible discrimination against a section of our community that are already dealing with obstacles in life" said the Rossbeigh based Councillor.

"All larnród Éireann staff must receive adequate training in assisting wheelchair users and all trains must be permanently accessible to receive and accommodate wheelchairs" added Councillor Cahill.

Cllr. Martin Grady

Kerry County Council | Killarney MD



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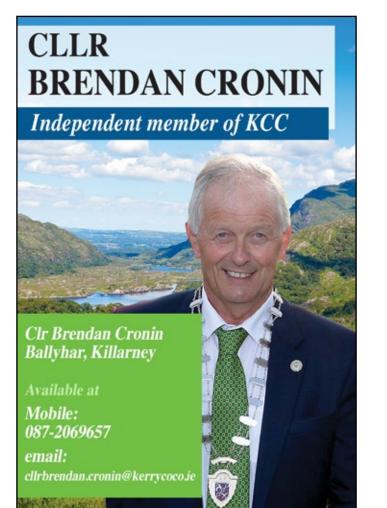
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The club offers its condolences to the O Mahony family, Ballyhar & the Collins family, Firies village on their recent family bereavements. May Tony & Sarah rest in peace.

KILLARNEY CELTIC NOTES

CELTIC LOTTO

Numbers drawn 3,7,13,14. No jackpot winner. Match 3 winners received \in 25. Next jackpot \notin 9,800 on Monday July 15th. Tickets available from The Dungeon Bookshop, Amber Shop (Top of Ross Road), club members and online through clubzap.

KILLARNEY CELTIC SUMMER CAMPS are now open for booking through Clubzap on killarneyceltic.ie/products. The camps are fully inclusive for boys and girls aged 4-13 years. Week 2 is still available to book and the camp runs from Monday July 15th - Friday July 19th. The time for all days is 10am - 1pm.



Ballyhar Dynamos FC u12 player Lucy Wynne receiving a presentation from club officers in recognition of her performances with the Kerry school girl county team.

SAVE THE DATE

Saturday July 27th. Killarney Celtic will host a 7a side tournament for men and ladies. Each team is guaranteed 4 games. Public admission is €10. Bar and catering available. Kids play area also on site.

> Players at the Killarney Celtic Summer Camp recently



Champs Celtic to host super soccer sevens

A feast of top quality football and a real party atmosphere has been lined up for Killarney on Saturday, July 27 with the inaugural Killarney Celtic FC seven-a-side summer soccer tournament.

Several top teams from throughout Munster will travel to Celtic Park – home of the Kerry league and cup holders – to showcase their skills with separate competitions for men and women's teams and a hugely competitive event guaranteed.

The competitions will provide 12-hours of non-stop action and the day will be a real family occasion with activities lined up to keep all ages occupied.

The kick-off will be at 9am and the games will continue right through until that evening with the finals in the ladies and men's cup and shield competitions bringing the on-field action to a climax.

The carnival atmosphere will be greatly enhanced by a giant marquee with professional caterers and a full bar and there will be live entertainment on site throughout the day.

DJs Mark Moynihan and Jack Enright will be spinning the discs from 2-4pm and 4-7pm respectively before lively local trad band, Hacksaw Kéilí, take to the stage at 7 o'clock.

In addition to the soccer action and the live music, there will be a children's play area all through the day and plenty of novelties to keep the younger generation busy.

Some of the top teams in the province will be in action including 2024 Munster Championship Trophy winners Newmarket Celtic FC from Clare, Cork sides Leeds AFC, Ringmahon Rangers and Avondale United, Limerick's Abbeyfeale United, St Brendan's Park and Dynamos will travel from Tralee, Avenue United from Ennis, Nenagh AFC, Killorglin FC, Mastergeeha FC, Killarney Athletic and, of course, the hosts Killarney Celtic.

The women's sides will include Killarney Celtic, Clonakilty United, Quarry Park Rangers, Inter Kenmare, Cork sides Drinagh Rangers, Leeside United and Wilton United and LB Rovers from Lisselton.



There is a great incentive for teams to give it their all with $\leq 1,000$ on offer for the men's cup winners and ≤ 500 for the women's champions.

There will be ample parking in the vicinity of Celtic Park on the day and the all-inclusive admission fee is just €10. "The event promises to be a real feast of football and a fabulous family day out," said Celtic official Paul Sherry.

"We have been thinking about hosting an event of this magnitude for some time and we are delighted that clubs from all over Munster have expressed an interest in taking part," he added. TO ADVERTISE CALL EMMA 087 6593427 | E: sales@outlookmags.com







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KILLARNEY ATHLETIC 7-A-SIDE FINALISTS













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friends













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KERRY CRUISE INTO THE SEMI- FINAL

Kerry 0-16 Meath 0-8

By Dan Kearney

Kerry cruised to an impressive double scores win over Meath to reach the TG4 All Ireland semi-final at windy Austin Stack Park in Tralee.

The winners had too much firepower in an accomplished performance that saw eight different players get on the scoresheet with Kerry outscoring the visitors by 0-12 to 0-3 in a superb second half.

Playing into the breeze in the first half, it was Kerry that took the game to Meath and registered the first score of the game from the boot of midfielder Mary O'Connell in the third minute.

Meath attacked but Emma Duggan's free came off the crossbar and Megan Thynne shot wide straight after. Kerry were less wasteful at the other end though and Danielle O'Leary slotted over to put them two ahead.

Niamh Ní Chonchúir was fouled in the 12th minute and Louise Ní Mhuircheartaigh made no mistake from 25 metres to push Kerry three ahead but two minutes later Marion Farrelly, Meath's most effective performer in the opening half, shot a fine individual score.

Ciara Smith shot over for the Royals a minute later, and they were really starting to grow into the game now with Farrelly forcing Kerry goalkeeper Ciara Butler into an outstanding save at the expense of a point to level matters at 0-3 apiece.

Corner back Ciara Murphy popped over a neat point for Kerry in the 20th minute to push them a point ahead but once again it was Farrelly on the mark for Meath in the 23rd minute to level the game at 0-4 each. The Kerry team before the TG4 All-Ireland Ladies Football Senior Championship quarter-final match between Kerry and Meath at Austin Stack Park in Tralee, Kerry. Photo by Tyler Miller



The last action of the first half fell to Emma Duggan who hit a beauty of a score from distance to see her side take a 0-5 to 0-4 lead in at the half time break.

Meath introduced former Footballer of the Year Vikki Wall at half time but after a typical run by her failed to yield a score, Kerry went on to slot over seven points on the trot with substitute Siofra O'Shea popping over two fine scores.

Niamh Gallogly shot a welcome point for Meath to bring the score to 0-11 to 0-6 but Kerry were relentless and with seven minutes left on the clock had pushed 0-15 to 0-7 ahead.

Monica McGuirk made a fine save from Emma Dineen at the expense of a point, but she had the final say when she punched over to seal a comprehensive win for Kerry to set up a semifinal meeting with either Armagh or Mayo who meet on Sunday.

Scorers for Kerry: L Ní Mhuiurcheartaigh 0-4 (3f), E Dineen 0-3, S O'Shea 0-3, D O'Leary 0-2, M O'Connell 0-1, A Galvin 0-1, C Murphy 0-1, N Carmody 0-1.

Meath: M Farrelly 0-3, E Duggan 0-2, 1f, C Smyth 0-1, V Wall 0-1, N Gallogly 0-1.

KERRY: C Butler; E Lynch, K Cronin, C Murphy; A O'Connell, D Kearney, A Dillane; M O'Connell, A Galvin; N Carmody, E Dineen, N Ni Chonchúir; H O'Donoghue; L Ní Mhuircheartaigh, D O'Leary. Subs: S O'Shea for H O'Donoghue 38, F O'Donoghue for K Cronin 41, L Scanlon for N Ní Chonchúir 45, A Harrington for N Carmody 54, K Brosnan for L Ní Mhuircheartaigh 57.

MEATH: M McGuirk; S Wall, M.K. Lynch, N Troy; N Gallogly, S Melia, K Newe; M O'Shaughnessy, A Cleary; M Thynne, K Cole, C Smyth; M Byrne, M Farrelly, E Duggan. Subs: V Wall for K Cole H/T, A Sheridan for K Newe 37, R Casserly for M Byrne 50, C Lawlor for N Troy 53, S Lynch for C Smyth 59.

Referee: Barry Redmond (Wexford).



Niamh Ní Chonchúir of Kerry in action against Meath players, from left, Kerrie Cole, Marion Farrelly and Aoibhín Cleary during the TG4 All-Ireland Ladies Football Senior Championship quarter-final match between Kerry and Meath at Austin Stack Park in Tralee, Kerry. Photo by Tyler Miller/Sportsfile



Danielle O'Leary of Kerry in action against Nicole Troy of Meath during the TG4 All-Ireland Ladies Football Senior Championship quarter-final match between Kerry and Meath at Austin Stack Park in Tralee, Kerry. Photo by Tyler Miller/Sportsfile

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SPORTING FOCUS

KILLARNEY SWIMMING CLUB PRO

Five Members of Killarney Swimming Club will compete at the Irish Summer Nationals this month.

Aoibhinn Heinemann, Lara O'Brien Leahy and Sarah Quirke will compete at the Irish National Age Groups Championships at the University of Limerick from 11th - 14th July.

Aoibhinn will compete in the 50M Free.

Lara is competing in the 200M Back and 100M Back.

Sarah in the 200m Breast.

Ella Cremin and Cathal Mackey have qualified for the Irish Youth and Senior Summer Nationals at the National Aquatic Centre in Dublin from 23rd - 27th July.

Over the five days of competition, Ella will compete in 200M Fly, 50M Free, 100M Fly, 200M IM, 100M Free, 200M Back, 100M Back and 400IM.

Cathal will compete in the 200M back, 50m Free, 100M Fly and 100M Back.

All swimmers achieved qualifying times between January and June for their events, which has allowed them to qualify for Nationals. The group has teamed up with Kingdom Swimming Club and Ballybunion Swimming Club and has been training intensively in Tralee up to 8 times per week since the end of May in preparation for their swims under the guidance of their head Coach Erin McNulty and Kingdom Head Coach Ger McDonnell and his team.

Killarney Swimming Club is looking forward to an exciting month of swimming for these young

and dedicated swimmers.

KILLARNEY VALLEY ATHLETIC

CLUB

The National Juvenile T&F Championships Day 1 were held in Tullamore last weekend. Ellie O'Shea competed in the U17 Triple Jump and came 8th place with a leap of 9.52 meters and a new PB. Mollie O'Riordan came 11th in the U18 800m in 2min 29sec.

The Munster B Juvenile T&F Championships were held in Templemore on Saturday. Kayla O'Sullivan did very well to qualify out of her heat and come 5th in the final of the U11 60m in 9.65sec. Conor Scannell also made the final of the 60m and came 9th in the U11 Long Jump. Spaces are still available on our Multi activity Summer Camps which have started this week so book now on our website for a camp with a difference.

All relevant information on our club is on our website www.killarneyvalleyac.ie

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1st. Rosemarie Gillespie & Colm Horan



Left to right: Head Coach Erin McNulty, Lara O'Brien Leahy, Cathal Mackey, Ella Cremin, Aoibhinn Heinemann. (missing from photo is Sarah Quirke)

2nd. Evelyn O' Leary & Mary Gleeson 3rd. Mai & Tim Corcoran

Summer bridge continues every Thursday morning at 9.45am for 10am start at The Castlerosse Hotel. All bridge players are welcome



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MUCKROSS ROWERS TO REPRESENT IRELAND

Muckross Rowing Club are thrilled with the recent announcements by Rowing Ireland of the Irish crews that will compete in two upcoming international events, with six Muckross rowers among those selected for the Ireland rowing squad.

Last week, the club were delighted to share the news of the selection of Daniel Fleming and Ian Coffey for the Under 19 Irish squad for the Coupe de la Jeunesse Regatta for European junior rowers. The Coupe de la Jeunesse Regatta, involving 16 European countries, will be held over from over three days, August 9-11th in Racice, Czechia. We have also since had the confirmation that four of our Under 23 university rowers have also been selected as part of the Senior Irish squad for the Home International Regatta this month. Congratulations go to Niamh Coffey (UL RC), Patrick Buckley (UL RC), Finn O'Sullivan (UL RC) and Ethan O'Neill (UCC RC) who will take on the 'Triple Crown' event of rowing, competing for Ireland against the crews of England, Scotland and Wales. The Home International Regatta will be held on Saturday, July 27th in Strathclyde, Scotland. The international selections come at an exciting time before the Olympic Regatta in Paris, where Zoe Hyde (Tralee RC) will be among the largest Irish rowing contingent of 16 rowers to contest an Olympic Games. Killorglin native Zoe has previously rowed for both Killorglin and Muckross rowing clubs and will race the Womens Double event for Ireland with Alison Bergin (Fermoy RC) in Paris. "We send our best wishes to the very talented Muckross oarsmen and women and all their crewmates as they fly the flag for Ireland this summer", Tim O'Shea PRO of the club said.

Ethan O'Neill (UCC RC) Finn O'Sullivan (UL RC) Niamh Coffey (UL RC) Patrick Buckley (UL RC) have been selected for the Senior Irish rowing squad competing in the Home International Regatta in Strathclyde, Scotland, Saturday 27th July.

All six Muckross rowers will also be racing this weekend (Friday to Sunday) at the Irish Rowing Championships at the National Rowing Centre in Cork. Ian Coffey and Daniel Fleming will be competing for Muckross RC in the Mens Junior sculling events. Finn, Patrick and Niamh will



Ian Coffey and Daniel Fleming, Muckross RC, selected to row for Ireland at the Coupe de la Jeunesse Regatta for Under 19 European rowers, 9-11th August in Racice, Czech Republic. Photo: Micheal O'Suilleabhain.



Ethan O'Neill (UCC RC)



Finn O'Sullivan (UL RC)

race with UL RC and Ethan with UCC RC across a number of categories.

IRISH ROWING CHAMPIONSHIPS

BEST OF LUCK to the 31 Muckross crews competing in the Irish Rowing Championships Regatta this weekend at the National Rowing



Niamh Coffey (UL RC)



Patrick Buckley (UL RC)

Centre in Farran, Cork. The three day event from Friday to Sunday, July 12-14th will see the top crews in Ireland battle it out for Championship silverware. Our rowers have put in tremendous effort in training over several months and we wish them all the best of luck.

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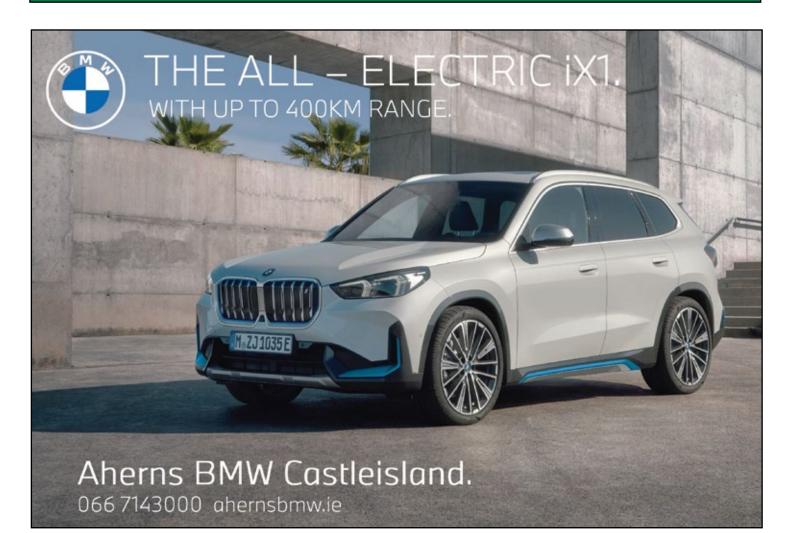
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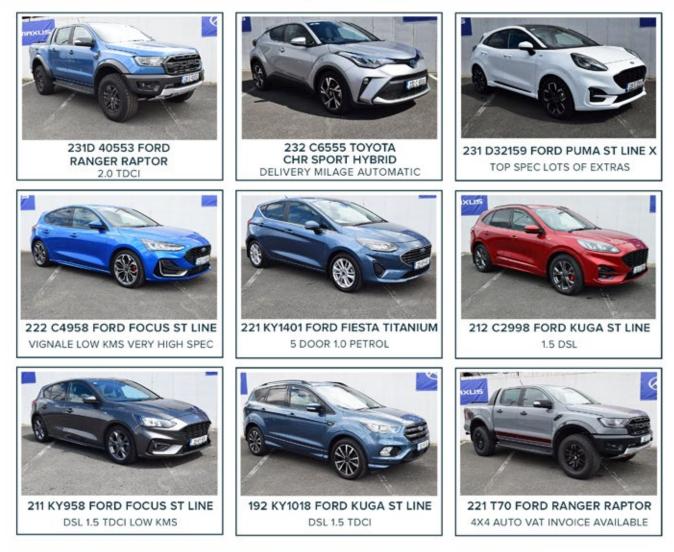
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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...





All Ireland Semi-Final Preview KERRY V ARMAGH

I covered most of my thoughts on it last week. I'll still tempt fate; I think we will win it. Dublin's defeat means that all eyes are on Kerry, and that'll suit Armagh perfectly, but I just think that Kerry are bringing that little bit more to the table.

Kerry and Derry wasn't an entertaining game, it absolutely was a searing indictment of modern gaelic football. But it was also very clever by Kerry. There are going to be purists calling for Jack O'Connor to cut his dogs loose and unleash the likes of David Clifford and Seán O'Shea. Lamp the ball into them (and I'm not saying never do that; David is brilliant at winning marks). I'm saying choose your moment and it can't be your main weapon. That's what Armagh want. Their game relies heavily on counter-attack, but the use of the word 'counter' is objective proof that it depends on your opponent's strategy. I actually think Armagh could give us real problems if they go all-out, push men forward, insert O'Neill on Jason Foley (McGuigan gave him a fair amount of trouble) and play old-style football. They are at least a match for any team when they do that. Penalty shoot-outs are a lottery (except that practice does actually help a lot) and imagine if Armagh had won all the penalty shoot-outs they have lost in the last couple of years? Tubritt has been a scoring monster this year, but O'Neill, Grugan, Campbell (I expect him to start). Not to forget the likes of Conaty, Murnin, Nugent, Kelly? Aidan Forker has drawn back into a playmaker role racing from half back (frankly, like most of Armagh's scorers) but he has scored a lot. Look at Armagh's championship scores this year. 3-11, 0-13, 0-20, 0-16, 3-17, 1-12, 2-12. Those are very serious numbers, lads, and most of those were clocked up against serious opposition. They topped a group containing Derry, Galway, and Westmeath.

Kerry haven't really played serious opposition to me, apart from a Derry side whose confidence was badly rattled by the time that they met us. Jettisoning Mickey Harte so fast after one year was a bit of a reactionary move to me, by the way. Like I say, at the end of the league everybody was singing his praises. Suddenly he needs to be thrown out? He possibly went too hard too early in the National League (an All Ireland is vety much a marathon and not a sprint nowadays, Mayo got burnt the same way last year) and went adventurous with an advancing goalkeeper in the Ulster Championship and it didn't work, but this is the fine-tuning you need to learn along the way. Derry have someone better than Mickey Harte waiting in the wings? I'll hold my hands up if I am proven wrong. Mind you, I am and always have been an admirer of the man.

There is a possibility that Kerry can come into this one cold, but I don't think so. I think Kerry have kept their heads down and worked on strategies. Joe O'Connor's physical emergence in midfield has solidified an area that needed it. Tony Brosnan's creativity in the half forward line has been an undersung revelation, and he proved against Derry that it's a tool for the crunch games. Brian Ó Beaglaíoch has stepped in to replace Graham O'Sullivan almost seamlessly; that's a big deal because Graham was superb. Paul Murphy has been playing almost as a basketball point guard for Kerry - teams have obviously been looking to close out the channels in front of Paudie Clifford and Paul has been the player who most utilised that space. Paul's positional sense and game intelligence is one of the most underappreciated assets on this Kerry team. Equally, every team knows to target Gavin White's trademark bursts (it always reminds me of the old saying that you can't coach speed) but this year, he is also slotting in when teams try to target and draw Tadhg Morley. That left holes in our defence last year after working so well in 2022, but when teams try it now, Gavin is there ready and waiting. Likewise, Tom O'Sullivan is actually attacking less than he was, despite kicking 0-10 this year, unless it's on the counter; people sometimes forget how could a manmarker he is.

I expect this to me more intrigue than excitement until late on. Discipline will be important. Lose a player to a black card, and Armagh can really punish you. They are famously hard battlers, McGeeney epitomised that warrior spirit as a player himself. And I'm not talking dirt, they are not remotely a dirty team. You'll earn every free you get hard. Dr. Eamonn O'Sullivan's famous 'fear fatal fouling' mantra? At least as true now as then, and Armagh know it. But 'battle' is not really a synonym for 'football match' and I actually think that Kerry have that little bit better focus on the ball and the scoreboard. An overall awareness. Maybe that's just Kerry arrogance on my part, but I don't think so. Armagh are more synchronised, more conditioned – I genuinely think we have a slightly more imaginative spark.

It's II come down to the last quarter. Now, Kerry's bench were phenomenal last week. Those points by Killian Spillane and Dylan Geaney were superb, but can they replicate that? Well, I've seen a lot of both all the way up from underage, and yes, absolutely they can. Cillian Burke looks the real deal and the physicality from himself and Adrian will be needed.

Armagh will guietly fancy their chances. They are a great team. It's no plamás on my part when I say that they deserved to win more than they have. They will see Kerry, whom Armagh traditionally would have seen as aristocrats, as ripe for an ambush. Except that Kerry aren't coming in like aristocrats and I honestly think that Armagh, despite a certain physical advantage (McGahan has brought very genuine steel to Kerry but Armagh simply are physically bigger in a lot of duels), aren't bringing anything that we haven't. Football has evolved and our approach has evolved with it. Armagh have a great Plan A, but I think Kerry can match and beat it - mind you, there's no question that it will be very, very tough. Armagh have been knocking on history's door long enough. But have they really got a Plan B that isn't just Plan A with different personnel? I don't think so and I think Kerry have more options and better scorers. Let's find out.

Ladies Book All Ireland Semi-Final

Berth v Armagh ALL IRELAND QUARTER-FINAL Kerry 0-16 Meath 0-8

I don't know is it just me, but it seemed to feel like a tougher match than the scoreline indicates. Kerry got the job done, and actually won by double scores in the finish, but apart from that Kerry scoring burst in the third quarter, it was a game that had more effort than panache. Kerry were against the stiff breeze in the opening half and that didn't help matters, with both sides playing cagey enough.

Both sides had fairly packed defences from the off. It was a bit similar to that endurance-fest between the Kerry and Derry mens' footballers a week beforehand, but at least here both teams were willing to go into those packed defences to try and pick off scores. Arguably, that might not have been the most effective course of action compared to endless patient recycling, but by Jaysus it was a million times more entertaining.

It says a lot that Kerry's first scoring attempts came from both midfielders. Anna Galvin (she was absolutely phenomenal; the discussion about player of the game subsequently can't have lasted longer than milliseconds) was narrowly wide with her effort, but Mary O'Connell made no mistake minutes later. Danielle O'Leary lofted over another.

Kerry got a real warning when Emma Duggan's punt dropped short, with Ciara Butler coming out with assurance to clear the lines. Louise Ní Muircheartaigh slotted a free won by

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ALL THINGS...SPORT

Niamh Ní Chonchúir and Kerry were 0-3 to 0-0 ahead. Considering that wind, it felt like a very convincing lead.

Then it evaporated. Marion Farrelly was superb, a real joy to watch. She took Kerry on and kicked over a beauty. Ciara Smyth added another. 0-3 to 0-2 after the first quarter. A minute later Butler had to be at her very best to tip over a rocket from Meath's number fourteen. Ciara Murphy, like her male counterpart Tom O'Sullivan, is noted as one of the most prolific scoring corner backs out there and showed why again by clipping over a point – maybe she could have gone for a goal, I felt she did the right thing.

Farrelly sent over another majestic effort with her left leg. Level pegging. Kerry had a goal chance of their own, but Emma Dineen couldn't quite get her body behind the shot and it petered harmlessly away. Emma Duggan – quiet enough by her own high standards – kicked the last point of the first half to nudge Meath back in front, but Kerry would have been the happier of the two sides heading into the dressing room.

Half-time Meath 0-5 Kerry 0-4

One of the biggest sub-plots coming into this game, for me at least, was the possibility of Vikki Wall making an appearance. Wall has probably been the most dominant player in the game for the last five years (Louise Ní Muircheartaigh and Jennifer Dunne would also be in that conversation) but had switched to AFL and then to Sevens Rugby. However, the fact that she hadn't made Ireland's Olympic squad, announced a few weeks ago, always meant that she could be a factor here. Once she was confirmed shortly before throw-in as a replacement sub, I had no doubt that she would be coming on. In hindsight, I think the Kerry management were also fully prepared for her arrival. It certainly didn't ruffle any Kerry feathers.

Meath came out intent on running at Kerry – the right idea given the wind. Niamh Carmody made a brilliant defensive turnover early in the half and Kerry seemed to settle after that, directing Meath into empty channels. Again, nothing overly entertaining for the spectator, but it's good controlled football.

Louise Ní Muircheartaigh laid off to Anna Galvin for the first point of the half. Danielle O'Leary added another. Suddenly Kerry were in free flow. Danielle won a free slotted by Louise. Unfortunately, Kayleigh Cronin was badly limping in the aftermath and soon departed; that will be a worry for Kerry. Louise added a very cleverly worked point from play. Kerry were looking very assured now.

Siofra O'Shea has been patiently working her way back after that cruciate injury last year. She had been absolutely flying at that stage, easy All Star territory and probably POTY conversation. She hasn't left any of it behind her; within four minutes of her introduction, she was kicking over her second point.

Niamh Gallogly got Meath's first point of the second half from distance, and it was among the best scores of the game. Aishling O'Connell made a good break to lay off to Emma Dineen for a fisted point. Again, she could possibly



Megan Thynne of Meath kicks on goal despite the efforts of Aoife Dillane of Kerry during the TG4 All-Ireland Ladies Football Senior Championship quarter-final match between Kerry and Meath at Austin Stack Park in Tralee, Kerry. Photo by Tyler Miller/Sportsfile



Louise Ní Mhuircheartaigh of Kerry kicks a free during the TG4 All-Ireland Ladies Football Senior Championship quarter-final match between Kerry and Meath at Austin Stack Park in Tralee, Kerry. Photo by Tyler Miller/Sportsfile

have gone for goal, but extending Kerry's lead to six was the right thing to do. Kerry looked comfortable on the scoreboard here but the game was still very much alive. Niamh Carmody picked off a point but Vikki Wall replied in kind. An on-fire Siofra O'Shea made it double scores, 0-14 to 0-7. Twso late points by Emma Dineen, one of which was deflected over by Monica McGuirk, sealed victory and a place in the final four for Kerry. Meath did cause one final score themselves, Wall setting up Mary Kate Lynch for a rocket at gola, but once again Ciara Butler was equal to the challenge. Emma Duggan had their last score of this year's championship with a free, but it's Kerry who advance to the semifinal.

That one will be a repeat of the National League Final, with Kerry facing Armagh after the Ulster outfit were always in control of their own quarter-final against Mayo. It will be an intriguing one. Armagh have adapted the mens' template of steering opponents into massed defences, drawing turnovers (they are absolutely superb at that) and breaking at speed. It sounds as though they will be without Aimee Mackin but will otherwise be at full strength.

To be honest, I felt that Armagh's game-plan caught us on the hop in the League Final and they were able to control the tempo, but that Kerry would have learnt an awful lot from that game. Armagh are unquestionably one of the stories of the season, but I give Kerry a slight edge here. We'll all know soon enough.

We already have Kerry playing Armagh in both the mens' and womens' semi-finals and in theory both sides could face Galway in the finals. It would make for an amazing double double-header....except that, of course, none of those combinations will be played as doubleheaders between those counties. Ah well, we'll get there someday...

Kerry: Ciara Butler, Eilís Lynch, Kayleigh Cronin, Ciara Murphy (0-1), Aishling O'Connell, Deirdre Kearney, Aoife Dillane, Mary O'Connell (0-1), Anna Galvin (0-1), Niamh Carmody (0-1), Emma Dineen (0-3), Niamh Ni Chonchúir, Hannah O'Donoghue, Louise Ní Mhuircheartaigh (0-4,

ALL THINGS...SPORT

3f), Danielle O'Leary (0-2). Subs: Siofra O'Shea 0-3 (for Hannah O'Donoghue, 38 mins), Fay O'Donoghue (for Kayleigh Cronin, 41 mins), Lorraine Scanlon (for Niamh Ní Chonchúir, 45 mins), Amy Harrington (for Niamh Carmody, 54 mins), Katie Brosnan (for Louise Ní Mhuircheartaigh, 57 mins).

Meath: Monica McGuirk, Sarah Wall, Mary Kate Lynch, Nicole Troy, Niamh Gallogly (0-1), Shelly Melia, Katie Newe, Maeve O'Shaughnessy, Aoibhín Cleary, Megan Thynne, Kerrie Cole, Ciara Smyth (0-1), Meadhbh Byrne, Mairead Farrelly (0-3), Emma Duggan (0-2, 1f). Subs: Vikki Wall 0-1 (for Kerrie Cole, half-time), Áine Sheridan (for Katie Newe, 37 mins), Rachel Casserly (for Meadhbh Byrne, 50 mins), Ciara Lawlor (for Nicole Troy, 53 mins), Seina Lynch (for Ciara Smyth, 59 mins).

Referee: Barry Redmond (Wexford)

HURLING

Rebels Burn The Banner

A week beforehand, the atmosphere was so subdued for the football match between Kerry and Derry that patrons on the upper deck could hear the players talking to each other during the game. Last Sunday at the hurling, supporters on the sideline could barely hear themselves think. Nothing could be a greater indictment of the current stae of football - or an endorsement of the hurling. GAAGO, and their particular efforts to hide Cork hurling behind a paywall this year, be damned. This was the real thing. Was this the best hurling match ever played? That's a bit too bold a claim on too long and proud a heritage for any one man, let alone me, to make (1939 Thunder and Lightning Final has a claim) but this had to be up there with the very best of them. I'm not doing any match report - there's no writer, let alone the likes of me, could do this one justice -but I'll share the impressions I got.

The importance of the game matters, not just the quality of play, to stamp a place in history. And underdogs attempting to stop a historic five in a row by the best team to ever play the game (sorry, Cork forties, Rackard Wexfordians, Tippearry's Hell's Kitcheb and Doyle, or the great Kilkenny side of recent vintage). The casual perception of Limerick hurling was Mackey, 1973, and heartbreak. Then they became unbeatable.

They were the hottest of hot favourites. My nephew and nieces were up at the game to cheer for Cork. Ah God love them, they have been spoilt by the Kerry football connection. They are about to learn that sport isn't just about winning. That was my impression.

Don't be telling any nonsense about Cork's result against Limerick in Munster. We all know that Limerick don't hit high gear then, they time themselves for the games in Croker. If you didn't learn that in the last two years, you haven't been watching. Cork have had very skilful hurlers Patrick Horgan has replaced Joe canning as the one hurler every neutral wanted to win just one All Ireland. But Cork just hadn't the sheer physical power of this Limerick side. The game has gotten very physical, more so than ever, and it's not like Christy Ring or



Aherns Castleisland brand ambassador David Clifford receiving the keys to the new BMW X2 MSport from Paul Ahern, Tony Casey Aftersales manager and Gordon Lunn Sales Manager. Photo credit Mikie Galvin.

Mackey ever hesitated to go through as much as around opponents. Limerick's long distance shooting may have been their greatest weapon, but it wasn't their most powerful asset in winning those All Irelands. That's no criticism, by the way, I love the physical intensity.

Limerick with the first score, but they are hitting wides. Cork are really fired up and they are going all out. 0-4 to 0-1. Great start and the crowd love it. Can they keep it up? Limerick find their feet and get back level. Cork just wide of goal and a free off the post. I'm wincing. Cork need all of those chances because Limerick won't be missing much when they hit full stride (hubris beckons in my ear).

Goal! Cork had been threatening it, but that was a bolt from the blue. Great control and finish by Hayes – Quaid was very close to stopping it.

They actually get another one, but it's ruled out for throw ball. Absolutely looked the correct decision to me, not even a debate. Donal Óg will be giving out about it on TV later on and the benefit of multiple camera angles and consideration time will support his argument but arrah, I like Donal Óg, but he's always giving out about something. 'Tis small on the day that's in it. 1-8 to 0-6 now. That'd be daylight in any other sport.

Limerick rising. Two quick points and Gillane bearing down on goal. Anybody but Gillane.... but Collins saves it! Huge moment. Limerick still coming though. That's the problem, They are relentless, picking off their points.

Cork have been brilliant. But Cork are a point behind now. In fact, they go three behind in the dying seconds of the first half. Shane Barrett in on the Limerick goal....Quaid deflects it over the bar. Another big moment.

Cork have hurled out of their skins. Limerick have had some poor wides by their standards and still lead by 0-16 to 1-11. I won't say Cork's bolt is shot, but the door is definitely creaking. I can't see them winning this (and as ye know, I am never wrong).

There's a bit of talk about Limerick and how they tend to dominate the third quarter. Ye can

put that stuff back up the horse's rear end, lads. Favourites tend to start to take over in the third quarter as greater speed and stamina start to break down the underdogs. Most goals are scored in the last quarter – defences are tired and teams are more willing or are required to go for goal. It's not any Limerick magic. Logic dictates that they should outscore Cork in the next fifteen minutes.

You might as well apply science to religion as apply logic to Cork. They tend to obey things like the Law of Gravity, but mostly because they are an obliging people.

Only not on this occasion. Cork look even more fired up and the roar from their supporters when they come out...honestly, that had more certainty than hope in it. It really did. They believed. I certainly didn't, not at that stage.

Two quick points and level. The sides exchange scores. Limerick hit a wide; Cork hit three on the trot. Either Limerick assert themselves and kill this challenge stone dead, or I know full well that this game is going down to the wire.

Declan Dalton has had the unenviable task of chasing Kyle Hayes around the field all day. Except that it's Dalton that puts Cork four in front. That was in no-one's script beforehand, not even Pat Ryan's.

Gearóid Hegarty racing down on goal – in fairness, he's an amazing distance sniper rather than a goal-poacher for me but he does everything right. Only Patrick Collins, Cork's goalkeeper extraordinaire, does everything better and saves it. Instead it's a point at the other end. Dalton again! Is it just me or are Limerick, unshakeable Limerick, actually looking a bit rattled?

Gillane with a point, but Harnedy with an even better one. Cork five in front. We all expected Limerick to come out of Munster stronger – remember, Cork had been hanging on a narrow thread early on. But it's Cork who are looking more confident and Limerick who are becoming a tiny bit frantic. Horgan and Harnedy again. Cork seven in front, 1-24 to 0-20.

I have a bad mind. Suddenly this feels like

a Limerick epic. Coming from seven points down? They can do it, they have done it, and this game just has the feel of a Limerick goal (they have been denied three already by the excellent Collins) and a turning tide.

Gillane and Hayes with points. Down to five, but Darragh Fitzgibbon pulls one back for Cork. Despite the lead, I feel they needed that. Don't let Limerick get a run on you. Patrick Horgan must have heard me. Six in it again, and I'm starting to settle.

1-26 to 0-22. They have held that seven point lead. Limerick are putting every chance over, but so are Cork. And the minutes are slowly but surely passing.

O'Brien, English, and Gillane with points for Limerick. No goal, lads, no goal. Not even Limerick could win this one with points. All ye need is to pick off one or two scores here and there, but give them no goal. Gillane with another point. Three points in it. I'm agnostic myself generally, but there's a lot of prayers rising.

Horgan with a free and Brian Hayes adds a precious point. Six in it again and as many minutes left.

Gillane. He's at his deadly best now. Shane O'Brien with another. Adam English. Gearóid Hegarty. Two in it and two minutes left plus injury time. An eternity with Limerick is this form. Dylan Thomas' most famous poem is in the back of my head, they'll go gently into no good night.

Shane O'Brien...wide. We're are down to millimetres now. Shane Barrett hits the post at the other end. That's grand, it is still eating up precious seconds.

Four minutes injury time? Ah lads! Too long. Far too long.

And then it isn't.

True hurling aficionados always maintain that there is no game to match it. You know the stuff yourself. "When the gods of Greece were young" to quote P.J. Devlin of yore and "Fastest field sport in the world". To me, there always seemed a small bit of a desire for reassurance in the assertions. Eamonn Sweeney mentioned in his book 'The Road to Croker' that Irish people may profess their admiration fore hurling but they play and attend football matches, and it had a certain ring of truth.

But this....I'll follow Kerry all the way in the football, but I'll state an ugly and uncomfortable truth. There is no way it will stir my blood like this game did.

COUNTY HURLING CHAMPIONSHIP PRELIMINARY QUARTER-FINAL: Causeway 4-17 Dr. Crokes 1-12

They were always going to be underdogs here, and no-one, including myself, is suggesting that Causeway didn't fully deserve to win, but that scoreline isn't any fair reflection of the battle that Dr. Crokes put up. This, for me, was essentially the first real game of this year's Senior Hurling Championship. I'm sorry, now, but that three group nobody-eliminated group stage couldn't even be called shadow-boxing. We got a bit spoiled when Parnells gave Lixnaw a huge fright in the opening game, but it proved to be a false dawn. Nobody's fault, it was the participating clubs' choice and things are worth trying, but let's not do that again. Next year, let's have two groups of five and the bottom teams in each group eliminated, followed by straight quarter-finals. Frankly, there's too many group stages in two many GAA grades already. That applies particularly to football (at both county and inter-county level) but in fairness the Munster Hurling Championship, fantastic though the games are, is slightly more drawn out than Marvel's Avengers series (please, Marvel, will ye just stop?)

This, at last, was a do-or-die game and, despite the miserable weather, it had an atmosphere. And that ratcheted straight through the proverbial roof in Austin Stack Park when a tame enough effort from Brian O'Connor was fumbled by a defender, with Colm Ó Cuiv nipping in to rattle it home. In fact, Ó Cuiv almost had another one but was well covered on this occasion. Conor O'Hare launched a beauty from midfield to stretch Crokes' lead and Mark Heffernan had a free come back off the post.

Causeway were winning ball, but they had four wides and one effort short from their first five scoring attempts. Part of that was very good pressure by Crokes, but I imagine Causeway must have had some tough conversations during training this week. Dan Goggin did finally open their account and that definitely settled them, with Brandon Barrett (2f), Goggin, and Evan Murphy (after a great ball from Evan Murphy) nudging them in front. Mark Heffernan squared matters with a free but great combination work by Dan Goggin, Colum Harty, and Keith Carmody (all three county men) producing a Causeway goal for the latter. Carmody and Paul McGrath added points before Harty struck for another goal. Joseph Diggins and McGrath stretched the lead while Diarmuid Ouirke, excellent throughout, denied Brandon Barrett with a great save. Conor O'Hare won two frees despatched with ease by Mark Heffernan but Causeway closed out the first half with scores from Goggin and Barrett.

Half-time Causeway 2-10 Dr. Crokes 1-4

Crokes came out fast and hard in the second half, Willie Allen pointing from play and Mark Heffernan notching three frees after good work by Kevin Landers. Brandon Barrett had two frees in reply. Tom Doyle opened up a goal chance for Michael Lenihan but he couldn't get quite enough on it. Keith Carmody and Mark Heffernan exchanged scores but Barrett (2, 1f) and Carmody made it 2-16 to 1-9. Mark Heffernan pulled back another free – it was Crokes only real threat now as Causeway had adjusted their defensive formation to shut them out).

Then Causeway turned the screw. Brandon Barrett got in for a goal and a long Joseph Diggins punt was accidentally deflected into the Crokes net. Heffernan picked off two more frees but the competitive element had already evaporated. There was still tie for young Dylan Legg to put over a superb point from near the sideline for Causeway (he's young, but remember the name) to raise a huge cheer with the final score of the game.

Tough on Crokes, who gave it a great start and a good rattle. For Causeway....I don't know. You look at those names and you think they have to be right in the mix,but Jason Diggins and Muiris Delaney are out long term. But no score in the opening ten minutes and thirteen wides throughout the game? They have questions yet to be answered.

Causeway: John Mike Dooley, Tommy Barrett, Gary Carey, Gerard Leen, Adam Whyte, Evan Murphy, Tommy Casey, Joseph Diggins (1-1), Sean Sheehan, Keith Carmody (1-3), Brandon Barrett (1-6, 4f), Daniel Mahoney, Paul McGrath (0-3, 1f), Dan Goggin (0-3), Colum Harty (1-0) Subs: Billy Lyons (for Adam Whyte, 44 mins), Dylan Legg 0-1 (for Daniel Mahoney, 54 mins), Kieran Leahy (for Tommy Barrett, 54 mins), Donnchadh Sheehan (for Brandon Barrett, 58 mins), Mike Lynch (for Dan Goggin, 58 mins)

Dr. Crokes: Diarmuid Quirke, Mark O'Connor, James Murphy, TJ O'Sullivan, Michael Owen Buckley, Michael Lenihan, Nathaniel Doncel, Conor O'Hare (0-1), Mark Heffernan (0-10, 9f), Kevin Landers, Tom Doyle, Willie Allen (0-1), Brian O'Connor, Colm Ó Cuiv (1-0), Jack Riordan Subs: Aaron O'Connor (for Michel Owen Buckley, 44 mins), Jamie Lenihan (for James Murphy, 45 mins)

Referee: Michael Browne (Limerick)

PRELIMINARY QUARTER-FINAL:

St. Brendans 2-21 Tralee Parnells 1-8 Parnells, Kerry's newest senior hurling club, can also be pleased overall with how they acquitted themselves in their debut season, but ultimately weren't able to match a young but talented St. Brendans side. The Ardfert outfit led by 1-9 to 0-5 at half-time, Earnán Ferris with the goal. Neither side will be overly happy with the wide count in the first half and while the deteriorating weather might form part of a reasonable explanation, it doesn't constitute enough of an excuse for me. A second goal for Ferris early in the second half saw the contest decline as St. Brendans, with young guns like Ferris, Nathan O'Driscoll, Gary O'Riordan, and Liam Óg O'Connor (the latter two names are well worth noting as well) to the fore, had their quarter-final berth assured well before the finish.

QUARTER-FINALS Ballyduff v Lixnaw

Tough call. Lixnaw, who gave Crotta O'Neills a great battle in last year's County Final, have Shane Conway back as a force – and that's a bit like saying "oh, Clark Kent is joining our work staff" – and the likes of Martin Stackpoole, Reggie Griffin, and Colin Sheehy to call on as well. They aren't quite the same force as last year though, to my eyes at least. It looks like Ballyduff are likely to have Pádraig Boyle back in action, but brother Mikey is likely to miss out. I once checked the last year that Ballyduff didn't have a Boyle on their starting fifteen, off the top of my head I think it was 1956. There is another generation rising as well, with Evan and Cillian looking destined for their fathers' county as well as club jerseys in the future. Add in the Gouldings, Luke Rochford, Adam Segal....last year's U20 champions are on the way back to those heady days when it hardly felt like a County Final in their absence.

Ballyheigue v Crotta O'Neills

Ballyheigue have some great talent in the likes of Colin Walsh, Philip Lucid, Michael Leane, and Felim O'Sullivan, but in my honest opinion they just don't quite have enough to hold the reigning champions. Crotta ended a very very long wait to bring the Neilus Flynn Cup to the club. They will be without Cillian Trant, and any club is going to feel that absence, but Shane Nolan has been emphatically proving how much of a loss he was to the Kerry seniors this year and Crotta have the likes of Seán McGrath, Eamonn Shanahan, Aodhán Behan, Seán McElligott, Seán Murnane, Raymond Nolan, Rory Mahony.... They are the perfect blend of youth and experience and I expect this to be a bridge too far for Ballyheigue.

Kilmoyley v Causeway

This is the game I most want to see. Kilmoyley, despite missing Maurice O'Connor and James Godley, definitely looked like the best team in the group stages. Dougie Fitzell's long range missiles from the back (every team in hurling is playing a half back distributor, almost like a NFL quarterback) are dropping down on the likes of Paudie O'Connor, Tom Murnane (talk about gamekeeper turned poacher! The greatest defender for the last two decades has suddenly becoming a forward playmaker), Daniel Collins (not guite back to his full best, but that's still Daniel Collins), Jordan Brick, and, most especially Ronan Walsh. The sharpshooter has been unerring and also awesome in open play. And I do mean awesome - if the Kerry Player of the Year was voted on right now, I'd be selecting Walsh without further discussion. Except...take a look at what they are facing. Causeway got a great battle off Crokes, but I put that down to a great effort, especially early on, by Crokes. Causeway looked themselves once they found their rhythm and they have a deadly stinger themselves in Dan Goggin. Colum Harty, Brandon Barrett, and hopefully a returning-toaction Gavin Dooley need no introduction to any Kerry supporter. Evan Murphy has been one of Kerry's best defenders (all three siblings have played for Kerry, Bryan has stepped back while Sara is a key pivot for the camogie team) all year and John B. O'Halloran is as good a goalkeeper as is out there. But what has really blown me away about Causeway has been the way that lesser heralded players have been stepping up. Paul McGrath and Tommy Casey have been outstanding for me. I have had a bad habit of focussing on the form of county players in the County Hurling Championship

(no dog of my own in the fight for the knockout stages usually) but those two in particular have been changing my mind.

Abbeydorney v St. Brendans

Big Micheal O'Leary has been a superb targetman for Abbeydorney and the likes of Oisin Maunsell, speedy Jack Sheehan, and Keith O'Connor are all going well. Abbeydorney have a few less 'star' names than a lot of the other contenders (O'Leary and Maunsell do qualify in that kind of company) and in truth I don't really see them winning it out this year. That said, they are one of the most solid actual teams out there and I'll pay serious attention to the team that beats them. St. Brendans have been really impressing at underage in recent years - the fact that they have dual players involved with both the Mercy Mounthawk and Tralee CBS teams that contested the Hogan Cup Final is well known, but the contributions of the Green and Mounthawk to hurling are less widely known. St. Brendans are very young with a few veterans like Daithí Griffin, Darren Delaney, and John Egan (son Fionan plays in the forwards) to guide them and Abbeydorney will start favourites here - but I'll tempt fate and plump for the Ardfert underdogs here. My understanding (very limited, naturally) is that Eric Leen won't be back in time for this one but is likely to feature in subsequent rounds if St. Brendans progress.

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Great Turnout For the Pat Delaney Memorial Golf title

St Pats East Kerry Pat Delaney Memorial Golf outing was held at the Ross Golf Club on Saturday. Very changeable weather alternating between warm sunny spells and heavy cold showers made conditions difficult for players. Nevertheless, twenty teams of three player took part in the scramble over ten holes and returned very respectable scores. The annual event is sponsored by Killarney Credit Union and promoted by St Pats East Kerry to commemorate the contribution of Pat Delaney over forty years to hurling in Kerry and also for his commitment to the Credit Union which he served as a much admired Chairman.

Pat O'Brien, Vice President of St Pats thanked the golfers, noting that very many return each year to support the smallest GAA club in Kerry. He

also thanked the many advertisers who contributed funds in support, in particular Killarney Credit Union and Home Instead.

John Long, representing the Credit Union, welcomed the Delaney family and reminisced about Pat's leadership of Killarney Credit Union before presenting the winners with their prizes.

Winners:- 1st Killian Lynch, Mike Doherty, John Gilhooley Gross 35 Net 29.5

2nd Aodhán O'Halloran, Matthew Lucey, Stephen O'Sullivan Gross 38 Net 29.9

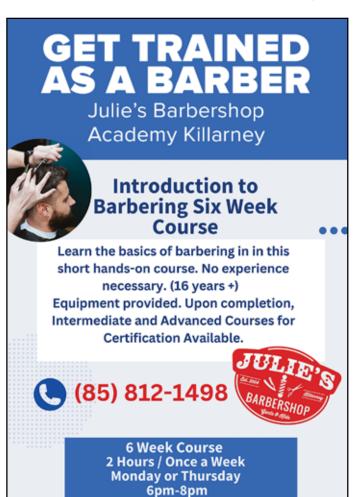
3rd Terence Mulcahy, Niall Brosnan, Bridie Brosnan Gross 40 Net 30.3 Longest Drive: Aodhán O'Halloran; Nearest the Pin Padraig Brosnan





Aodhán O'Halloran accepts 2nd prize from sponsor John Long Killarney Credit Union accompanied by Pat O'Brien St Pats East Kerry

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OUTLOOK NOTICES



Kerry IPSC in association with Kerry Friends of Palestine proudly presents:

AN ATTACK ON HEALTHCARE AND HUMANITY IN GAZA

PUBLIC INFORMATION & EDUCATION EVENING CHAIRED BY EMINENT OXFORD SURGEON PROFESSOR NICK MAYNARD

Join us for a public information and education evening led by Professor Nick Maynard, a leading Gastro-Intestinal Surgeon based in Oxford, United Kingdom. Professor Maynard has more than 25 years extensive experience in his field of expertise. As well as being the immediate past president of the Association of Upper Gastrointestinal Surgery of Great Britain and Ireland, he has also been travelling to Gaza for well over a decade providing medical education and training to Healthcare Workers there in both Al Shifa and Al-Agsa hospitals. This is a not to be missed opportunity to hear a first-hand account of the dire condition of the healthcare system in Gaza currently and promises to be a fascinating lecture.

The evening is donation based with the proceeds going towards The Palestine Children Relief Fund

The Brehon Hotel, Killarney, Co Kerry July 18th, 7.30pm.

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GAA | AROUND THE COUNTY





Killarney Camogie Club Under 12s who played a mini mixed blitz
with Dr Crokes last weekendKillarney Camogie Club Under 12s who played a home blitz v Cillard, Sliabh Luachra & Tralee Parnells last
Monday night

KILLARNEY CAMOGIE NOTES

UNDER 12

Our Under 12's will be participating in Camán to Munster in TUS Gaelic Grounds in Limerick next Wednesday 17th July. This is a big year for the Camogie Association as we celebrate the 120th Anniversary of the Association. As one of only 3 Kerry teams selected, we are very privileged in the fact that once we participate in this blitz, we will be eligible to enter the draw to attend Camán to Croker in 2025!

KERRY UNDER 14S

The Kerry Under 14s will play a blitz in Waterford on Saturday 13th July. Best of luck to club players Bríde Breen, Caoimhe Dineen & Sinéad Murphy **KERRY UNDER 155**

The Kerry Under 15s will play Clare on Sunday 14th July. Best of luck to club players Doireann Dineen, Laura Griffin, Holly Nugent McLoughlin, Shannon Murphy and Maebh O'Connor KERRY SENIORS

Despite a loss to Meath last weekend, the Kerry Seniors qualify for the All Ireland Intermediate Quarter Final on Saturday 13th July v Galway in Semple Stadium, Thurles. Best of luck to the team and management, especially Kate Lynch and Áine Devlin

FOSSA NOTES

LOTTO

The numbers drawn on 07/07/2024 for a jackpot of €3,600 were 4, 8, 15, 21. There was no jackpot winner. The €40 consolation prize winners were; Bridie Sheehan, Online; Caroline Foley, Online; John Fitzgerald; Hannah Wharton; Mick Clifford. Tickets are available from our sellers and can also be bought online with the following link https://fossagaa.clubforce.com/products/lotto/ fossa-gaa-club-lotto

SENIOR LADIES

Congratulations to the Fossa Senior Ladies who beat Kilcummin Ladies in the Division 4 Final of Donal Curtin Cup in Legion GAA Grounds. In what was a rematch of the 1st game of the season (which Kilcummin won narrowly) it was always going to be another close game.

Against a strong 1st half breeze Fossa found it hard to convert the many chances created but did very well to hold a lead of 1-03 to 1-02 at half time.

Fossa tagged on the first few points immediately

after the break only for Kilcummin to goal again to level it up. Thereafter, it was score for score with Kilcummin going ahead with minutes to go. Fossa pressed forward and got three unanswered points in the final two minutes to seal the victory. It was a close run thing throughout but Fossa just did enough to run out winners 2-09 v 2-07.

Well done to the entire Fossa squad, young and not so, those present tonight and to those away, they all played their part in this victory. Well done also to the new management team who are off to a great start.

U-13 BOYS

Currow 4-11(23) Fossa 5-06 (21)

Our U13's headed the short distance over to Currow to face the locals in Round 2 of the East Kerry League. It was a perfect evening for football and the fine playing surface allowed for a fantastic game of open play. Currow started the brighter and raced into an early 1-02 to no score lead, the low flying Ryanair flights overhead seemed to distract our lads! Fossa quickly got into their groove and smashed home 4 quick fire goals before half time to only trail by the bare minimum at half time on a score line of 2-07 to 4-00.

The 2nd half was a ding-dong encounter with the lead changing hands on several occasions. When Ryan Lynch scored Fossa's 5th goal it looked like we were on our way, but somehow Currow eeked out 2 goals of their own in the last few minutes to win an absorbing contest by 2 points. The game was a credit to both sets of players who gave the large attendance a great night's entertainment of honest open football, a game that was superbly reffed by Kilcummin's John Purcell. Fossa scorers on the night were Eoin Murphy 2-01, Aaron O' Sullivan 1-02, Gerry Moroney 1-01, Ryan Lynch 1-00, Johnny Myers 0-01, Rory Salvador 0-01

BEAUFORT BLITZ

Fossa U20 participated in an invitational 7 a side blitz in Beaufort on Sat to remember Thomas Healy. It was an excellently organised blitz, ran off superbly in good weather, it made for a most enjoyable day. We played Killarney in our first game and lost by two points, but qualified for the quarter finals as we beat Milltown in our next game. The quarter final was against a fancied Laune Rangers team and the lads played excellently to win. We played Beaufort in the semi and lost by a solitary point. The final, which was between the two teams that had beaten us, was indeed a fitting final; between Killarney, very much a Killarney Athletic side, where all these lads would have played with Thomas and his other team mates from his home club Beaufort. Killarney got off to a flyer and in the short time of a blitz there was no way back for Beaufort. Our panel on the day was: Rian Colleran, Cian Doyle, Sean Dineen, Peadar Kelliher, Ryan O'Leary, Darragh O'Brien, Darren Ryan, Rocco Sheehan, Sam Buckley and Ted O'Gorman, with Pat Sheehan and Merry Talbot taking charge. Thanks to the Healy family and Beaufort GAA, firstly for the kind invite and then all the hospitality on the day, it was second to none.

DR CROKES

ACADEMY

Our Academy continues every Saturday morning, for boys and girls between 4 and 11 from the Killarney area. Hurling from 10-11 and Football from 11:15-12:15. Fun and friendship guaranteed. Bring a friend.

LOTTO took place July 8th Numbers drawn were 5, 14, 15, 18. Jackpot of €8,600 was NOT WON. 13 patrons matched 3 numbers and receive €35 each. Jackpot for draw on July 15th will be €8,900. Play online by following the link below and follow instructions attached https://play.clubforce.com/play_newa.asp?ll_ id=734#Anchor(https://play.clubforce.com/ play_newa.asp?ll_id=734#Anchor)

DR. CROKES SHOP

You can shop worldwide on our online shop. Follow the link https://www.oneills.com/ shop-by-team/gaa/ireland/dr-crokes-gaa. html(https://www.oneills.com/shop-by-team/ gaa/ireland/dr-crokes-gaa.html)

BINGO

Dr Crokes Bingo continues every Sunday in St. Mary's Parish Hall. Doors will open at 7pm with the first game commencing at 8pm.

SAVE THE DATE

Our Club BBQ and Street League Final will take place on Friday 30th August.

CONGRATULATIONS to Rheanne O'Shea and Brian Kelly and Cillian Fitzgerald and Brid Kissane on their recent Weddings.

CONDOLENCES to the family and friends of Thomas Bracker O'Regan on his recent passing. Ar dheis Dé go raibh a anam.

NOTES

If anyone has anything they want to add to our

club notes please email pro.drcrokes.kerry@ gaa.ie



KILLARNEY LEGION

DONAL CURTIN CUP

Drama was in plentiful supply in Fossa on Monday evening last as the Senior ladies withstood a mighty challenge from a gallant Laune Rangers outfit to capture the Donal Curtin Division 3 League final. An elongated second half and a missed penalty from the Launesiders added to the tension but a sterling defensive showing was the cornerstone of the victory. The accuracy of Ciara Randles and Kate McCarthy embellished that workrate and when the need was greatest , they popped up with a vital intervention. Laune Rangers opened the scoring before Kate opened the Legion account. Orianne McGillycuddy then knifed through the Mid Kerry defence to set up Ciara Randles for a neatly taken goal. The same duo added further points, all needed as the Rangers' Sara Leslie kept her side in touch at half time, 1-3 to 0-4.

With the wind in their favour, Laune Rangers made an impressive start, nailing five points in the third quarter. Kate McCarthy kept in touch and with Ciara Randles also on target the game was evenly poised heading into the final furlong. Laune Rangers were awarded a penalty close to home but the well struck effort just went the wrong side of the post, much to the relief of the green and white supporters, especially since Kate McCarthy had hit a monster free to put them one point clear previous to the spot kick award. The final moments were heart in the mouth stuff but a combination of good defending and ball retention when needed saw them close out an epic game.

Final score: Killarney Legion 1-8 Laune Rangers 0-10

Well done to management Ted Healy, John McCarthy and Desiree Crowley who had them in tip top shape for the final. Not to forget Orla Culloty, part of the set up all year, who is on the mend following her own running repairs to an injury.

U15 BOYS

An excellent win for our U15B Team on Wednesday evening against Rathmore A in Round 3 of the East Kerry League Division 2. Played in Direen aided by a strong breeze the boys produced a very strong first half performance and established a good lead at the break. Rathmore upped their game in the second half and cut into the lead but the boys closed out the game well. With two wins out of three games, the team has performed very well against strong A Teams. They will play in the Division 2 final next week. Thanks to Rathmore for a good sporting game and to Evan Horan for a great job in officiating.

Our U15A team made it three wins from three by defeating Spa on Friday evening in Derreen. Spa started the better scoring the first three points of the game but the boys played their way back into the game and led at half time by 1-6 to 0-3. Throughout the second half the



Man of the match Aaron O Shea of Listry receives his man of the match award, sponsored by The Aquila Club, from East Kerry Secretary Noel Kennedy.



Man of the match Sean O Connell of Cordal receives his man of the match award, sponsored by the Aquila Club, from East Kerry PRO Michael Healy.



Killarney Legion Ladies, Donal Curtin Division 3 Cup winners. Photo: Maria O'Sullivan

lads gradually extended their lead to run out 13 point winners by the final whistle. Thanks to Spa for a fine game and Evan Horan had a busy week refereeing the game well. The team have now qualified for the Div 1A East Kerry League final against Kilcummin this week.

MEMORY LANE

We go back almost sixty years and in the latter part of 1965 the Killarney Legion senior team were crowned East Kerry Winter League Champions. It was a competition played to keep lads in shape for the off season and amongst the team were some of the clubs finest. Johnny Culloty lined out between the posts with Noel McCarthy, Louis Nolan and Seamus O Neill offering him protection in the full back line. Adrian Culligan(brother of former Garda Commisioner Patrick), Gene Fogarty and Noelie O Brien were a stout half back line. Brendan Lynch and current Club President Tommy Regan flanked Mikie Lyne in the half forward line. While Mickey Culloty, the towering Padraig O Meara and Mick the Gun O Sullivan led the front line. Johnny Healy of New Street, who captained the club to success in 1967 O Donoghue Cup, lined out at midfield alongside Tommy Bracker O Regan. The latter passed away during the week and his involvement in the team was down to his work mate in the Great Souyhern Hotel and namesake, our President Tommy Regan. We extend our sympathies to his family at this sad time. SPEEDY RECOVERY

A quote from Claudius from Shakespeares Hamlet "When sorrows come, they come not single spies but battalions". This was very much the case for two unlucky members of our Mens senior panel. Both William Shine and Billy McGuire have been struck down with the dreaded ACL injury. Both left the field in Glenflesk in obvious discomfort and the worst fears were realised following investigation. We wish both a perfect recovery with an extended period of rehab needed after surgery.

CONGRATULATIONS

Our Senior goalkeeper Brian Kelly made the best catch of his career last weekend, as he tied the knot with Rheanne O Shea. We wish the happy couple the very best for the future.

Results Monday July 1st. Numbers were 8, 14, 17, 21. Bonus No 2. No Jackpot winner. Match 3s / Lucky Dips: 1. Annette McNiece 2. Vincent Scott c/o Pat Moynihan 3. Restaurant staff Lake Hotel 4. Ellie Myers, O Kelly Villas 5. Nora Kissane

EAST KERRY GAA

• • • • • • • • • • • • • •

FR GALVIN CUP Sponsored by the Gleneagle Hotel Group and Aquila Club



Semi-Final: Listry 0 – 14 Firies 0 - 9

Listry and Firies met in this Fr Galvin cup semifinal in Listry on Sunday with Listry coming out on top on a score line of Listry 0-14 to Firies 0-09. Both sides lined out short many regulars and as a result this game never really got going too the game that spectators expected. Listry started the better but had 3 wides before they opened their account with a pointed free by Cathal O Donoghue. Aaron O Shea added 2 further points for Listry before Aaron Flynn and James Horgan opened Firies account. This left the sides Listry 0-03 to Firies 0-02 at half time. Points from Cathal O Donoghue and Aaron O Shea pushed Listry further ahead before Aaron Flynn with a point to narrow the gap. Mike Daly with a point for Firies in between Aaron O Dhea (2) and Sean Lehane points left the sides Listry 0-13 Firies 0-07 at the three quarter stage. Firies introduced 5 subs at this stage but only added two further points from Aaron Flynn. Aaron O Shea added a point for Listry to leave the final score Listry 0-14 to Firies 0-09.

Listry now move on to meet Cordal in the final. FR GALVIN CUP SEMI FINAL Cordal 1 – 14 Currow 0 – 07

Cordal were inspired to victory by a captains performance from Sean O Connell, as a strong second half showing, saw them return to the Fr Galvin Cup Final, with an impressive win over Currow last Thursday evening.

The early exchanges saw both sides evenly matched, with scoring chances hard to come by. It was Brian Reidy whom eventually put the home side ahead, with John McMahon responding for Currow. The teams continued to swap scores, with O Connell firing over a long range effort for Cordal, while goalie Shane O Leary hit over a well struck 45 for Currow. Currow missed a couple of easy chances after this, leaving the sides all square at the break.

Cordal were quicker to get going after the restart, with points from TJ O Connor, Philip O Connor and Reidy. Conor Sheehan them got got Currows opening score of the half. Cordal though were dominant all over the field now, and Reidy emphasized their dominance with a fantastic goal. He rocketed a shot to the back of the net, giving O Leary no chance. 2 late points from Finn Nolan confirmed his sides victory, and a final against Listry, as they look to retain the trophy they won so impressively last year.

MD O SHEA SPONSORED EAST KERRY U15 ROUND 2 RESULTS

Division 1A Legion 212 Spa 0-6 Division 1B Firies 5-18 Cordal 2-05 Firies 4-13 Glenflesk Kilgarvan 2-12 **EAST KERRY JUNIOR LEAGUE 2024** Division 1 Gneeveguilla 3-16 Currow 1-10 Rathmore 2-09 Dr Crokes 1-07 Division 2 Spa 0-15 Kilcummin 1-12 Firies 3-13 Legion 3-02 **ALL IRELAND FOOTBALL CHAMPIONSHIP** Good luck to the Kerry team in their All Ireland Semi final against Armagh.

ALL IRELAND LADIES FOOTBALL CHAMPIONSHIP

Well done to the Kerry Ladies on their All Ireland Quarter Final win against Meath on Saturday. CONGRATULATIONS

Congratulations from all in the East Kerry board to Brian Kelly and Rheanne O'Shea on their recent marriage.

THOMAS HEALY MEMORIAL TOURNAMENT

.



DJ Gav, Denis Pio & Heidi Moriarty, Julie Healy & Aileen Murphy



2 Kerry stalwarts, Mary Jo Curran and Nora Foley Hallisey keeping the running of the games in order



Some of the team of Stewards



Tara O Shea, Eileen Coffey and Una Sheehan



Captains of the Finals Mickie Moriarty Beaufort Gap, Ref Gerry Kelliher and Neil O' Carroll Killarney



Jerry & Abina O' Leary



Jamie Moynihan receiving his winning medal from Kerry's Sean O Brien and Mike Breen



Killarney Athletic stalwarts Donie and Brendan at the tournament.

Photographs: Girmante Plotnikova (Vissi Visuals)



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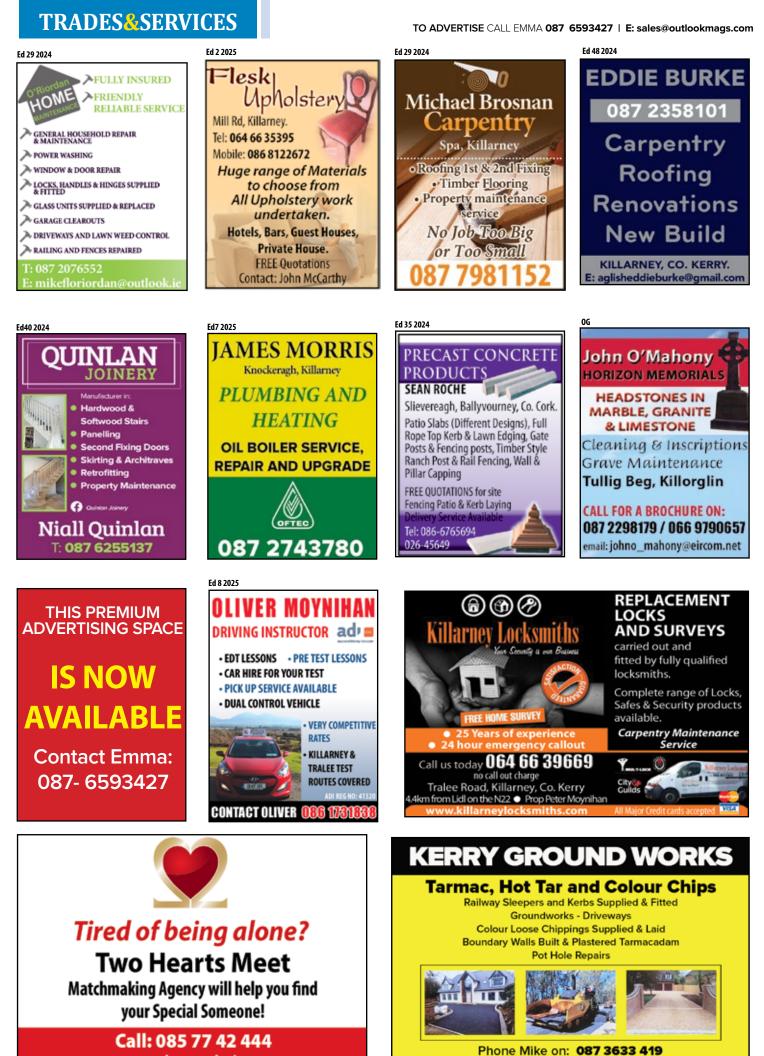
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FOCUS ON BULBS

Even though its only July, you can start thinking about planting bulbs. Most bulbs are suitable for growing in containers especially the likes of tulips, daffodils, lilies and aliumns. When planting up a container of window box with bulbs,

plant them at about three times their depth and about one bulb width apart and don't forget to water them especially when the foliage is out and they are growing. When planting bulbs in the garden dig over the area well where you are planting and add some compost. Always plant your bulbs in groups of about six depending on the type of bulbs. If you would like to add some colour to some areas of the garden for Spring and into Summer, it would be advisable to grow your bulbs now in small pots and grow them on until early spring. You can then plant them in their pots in the areas you want and after flowering you can dig them up and keep them until next Spring. A good dwarf daffodil for this is Tete-a-tete.



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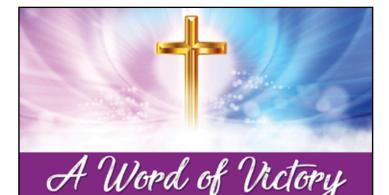
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"For God watches how people live; He sees everything they do. No darkness is thick enough to hide the wicked from His eyes" (Job 34:23).

Welcome back dear student one of the translations of the Name of God in the Bible is EL ROI - the God Who sees (Genesis 16:13). As young children we were often told 'Holy God is watching you'. Often it was enough shock and awe to turn the child back in the fear of the Lord. Sadly, it was mis-used by some parents and leaders who, having no fear of God themselves, didn't live righteously and hurt others by their actions. Their hypocrisy turned many from believing in God, for people, especially children, recognise the authentic. God does see everything though! "The Lord is watching everywhere, keeping His eye on both the evil and the good" (Proverbs 15:3). As we studied recently, God examines the heart while human nature focuses only on the outward appearance. A funny decorative sign often seen in homes says... 'Remember - as far as anyone thinks, we are a nice normal family - you better keep it that way!' Folks may be behaving one way in private but project a different persona in public. God is interested in our character becoming like His, 'from Glory to Glory' (2 Corinthians 3:18). What is God's character like? Truthful; Holy - Righteous and Just; Faithful; Ever-Loving (Kind, Merciful, Patient, Gentle); Wise; Humble and Unchanging. How do we become like Him? By living His Word.

Obedience is not a popular word, but it is the requirement that Jesus said shows we love Him - "If you love Me, you will obey My commandments" (John 14:15; John 15:10). We can talk all we want, but where the rubber hits the road is in our behaviour - which displays our character. "For the Lord sees clearly what man does, examining every path he takes (Proverbs 5:21). Where is character developed? In private. What we do in private will define who we are in public - for good or bad. There is discipline needed in developing character. But the flesh wants to bypass character formation, craving pleasure instead. "For I know that nothing good lives in me, that is, in my flesh; for I have the desire to do what is good, but I cannot carry it out" (Romans 7:18). Paul bared his soul here - telling how he tried to do what is right at various times, but his flesh failed him. All looked lost as he cries out - "oh what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord" (Romans 7:24-25). Confessing and believing in Jesus as Christ his personal Messiah, is what delivered Paul, and it's the same for you and me (Romans 10:9-10). We need the Saviour because we can never make ourselves acceptable to God without the shed Blood of His Son Jesus. Knowing Jesus, rather than knowing about Him, is the key: for when we truly know Him, we love Him and want to please Him, and to be with Him.

The discipline we learn in obedience to the Word of God shapes us to live like Jesus. Then we become vessels of God's Holy Spirit Power that He can use to bring His Life, His Peace, and His Joy everywhere we go. We live the same way in public as we do in private, with nothing to hide - radiating the Love of God in all we do (1 Corinthians 10:31; Colossians 3:23-25). Sinful flesh no longer has a hold over us, so we can bring Glory to God in all we do and say. Freedom!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

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EXPOSTITION OF THE BLESSED SACRAMENT: Church of the Resurrection 5pm - 9pm Tuesdays St Mary's Cathedral 11am – 5:45pm Wednesdays Church of the Holy Spirit Muckross 4pm—6pm Thursdays

Franciscan Friary 2pm –7pm Fridays + Holy Hour Sundays @6pm

EVENTS OVER THE COMING MONTHS.

New Cemetery Mass: Monday 5th of August at 7pm. KERRY DIOCESAN PILGRIMAGE TO KNOCK will take place on Saturday the 24h of August leaving St. Mary's Cathedral at 7.00am on Saturday the cost pp is €25 Please Contact Sheila at the Parish Office with names and contact details 064 6631014 or email; killarney@dioceseofkerry.ie Please spread the word to those living away who might like to attend.

Grandparents Day in Knock (day trip) on Sunday July 28th 2024: If there are any queries, we can be contacted here at O'Callaghan Coach Holidays on 064 663109

VOCATIONS: IS GOD CALLING YOU TO THE PRIESTHOOD?

"Once we come to realise how much God has given us, a life of self sacrifice or working for him and for others becomes a privileged way of responding to his

great love "Pope Francis. Perhaps God is calling you to become a Diocesan Priest For info, Please contact Deacon Conor Bradley 066-9767312/087 3664057

PRAYER FOR VOCATIONS:

God our Father, send workers into your harvest. May the Spirit we received in baptism Touch the hearts of many To offer themselves in priesthood, religious life and other forms of service. Give the parents and families of our diocese the wisdom and courage to support young people In searching for and following the call of God in their lives.

SECOND COLLECTION: Sick & Retired Priests of the Diocesan taken up this weekend the 13th /14th of July.

BEAUFORT PILIGRIMAGE TO KNOCK:

A Bus will leave Beaufort Village for Knock on Sunday July 21st. For further Details and Pick up points, contact 064 6644319 or 064 6644252

ANNUAL PIONEER PILGRIMAGE TO KNOCK; will take place on Sunday 21st of July, Mass at 3pm, will be followed by Eucharistic Blessing and Procession to the Shrine. Pioneers, along with Friends and Relations of people who are living "one day at a time" are welcome to come along.

KILLARNEY LOOKING GOOD;

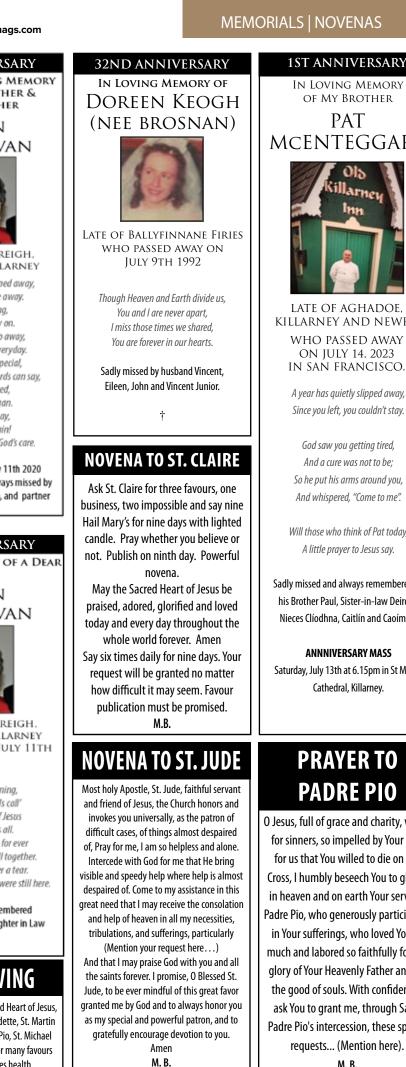
Judging is on going, could all homeowners and businesses please make an extra effort to keep our town in tip top shape. Please keep Killarney looking good.

BINGO at St. Mary's Parish Hall, will be held every Thursday @ 8.30pm.

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MEMORIALS | NOVENAS





OF MY BROTHER PAT MCENTEGGART Ob



LATE OF AGHADOE. KILLARNEY AND NEWRY. WHO PASSED AWAY ON JULY 14, 2023 IN SAN FRANCISCO.

> A year has quietly slipped away, Since you left, you couldn't stay.

God saw you getting tired, And a cure was not to be; So he put his arms around you, And whispered, "Come to me".

Will those who think of Pat today, A little prayer to Jesus say.

Sadly missed and always remembered by his Brother Paul, Sister-in-law Deirdre, Nieces Clíodhna, Caitlín and Caoímhe.

ANNNIVERSARY MASS Saturday, July 13th at 6.15pm in St Mary's Cathedral, Killarney.

PRAYER TO PADRE PIO

O Jesus, full of grace and charity, victim for sinners, so impelled by Your love for us that You willed to die on the Cross, I humbly beseech You to glorify in heaven and on earth Your servant, Padre Pio, who generously participated in Your sufferings, who loved You so much and labored so faithfully for the glory of Your Heavenly Father and for the good of souls. With confidence I ask You to grant me, through Saint Padre Pio's intercession, these special requests... (Mention here). M. B.



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