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Business as usual...almost - President of the Killarney Chamber of Tourism & Commerce, Paul Sherry, asks the community to Shop Local and bring Killarney back to the thriving town we all know and love, during the Governments 'Phase Two' of easing Covid19 restrictions. PICTURE MARIE CARROLL-O'SULLIVAN







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#### EDITOR'S NOTE

e welcomed with open arms the reopening of many of the shops in Killarney this week. There was a little buzz around the town as people took the first tentative steps towards a "new normal". Businesses opened under new guidelines

and served their customers as never before. We are backing the Killarney Chamber of Tourism and Commerce this week and every week going forward in their quest to Shop Local - everything you need is available in the town of

Killarney and with a huge effort we can bring this town back to where it was. #staysafe #staylocal #we'reinthistogether

Aisling Crosbie, Editor 086 0400958



CLASS OF

IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

### **OUTLOOK AND EDUCATE.IE**

join forces to wish 6th Class Students well on their journey to secondary school





n this week's Killarney Outlook we will begin a  $oldsymbol{I}$  series of messages of support to all Sixth Class Students of Primary Schools in the Killarney Area.

The full page photograph and message can be framed and kept as a momento for students who have missed their graudation due to COVID-19. Sixth class pupils are probably the most affected primary school students during this pandemic. They have missed their school tours, their confirmation, sports day and their graduation and they have also been deprived of the opportunity to say good bye to the people they have spent the last eight years with. A lot of primary schools are organising their own acknowledgement of these children and Killarney Outlook are delighted to be apart of : one of the first publishers in Ireland to offer a free

creating memories for them.

All the pages have been kindly sponsored by educate.ie. who are the leading publisher of educational textbooks for Irish primary and post-primary schools. The company prides themselves on producing high quality textbooks and digital resources for both teachers and students at a price that is affordable for parents. Since its foundation in 2009, Educate has produced over 200 titles and associated print and digital materials for both primary and post-primary schools. Our books are written by experienced authors and teachers and have been adopted by some of the best schools in the country.

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SEE PAGES 32-36.

the journey to secondary school.

## ET'S TALK ABOUT TOWN

Killarney Chamber, in conjunction with Kerry County Council, has designed the 'Lets Talk About Town' Survey. The aim is to engage with local people living and working in Killarney about what's important to them, what they need from the business community and measures they would like to see implemented as we move towards creating a safe, progressive and inclusive Killarney. The survey will be open for two weeks and it is hoped that as many people as possible will take part.

"One thing we can be sure of during this time of continuous uncertainty is, change. Local businesses need your support now more than ever and one of the ways we are asking for your support is to tell us what changes you would like to see. Towns and businesses must rebuild and we want the changes in Killarney to reflect



Paul Sherry.

a collective and inclusive voice so that we do it mindfully and with strength. Therefore, we are encouraging as many of you as possible to please engage with us and complete the survey", Killarney Chamber of Tourism and Commerce said in a statement this week.

Paul Sherry, President, Killarney Chamber of Tourism & Commerce outlined; "This is a great opportunity to get feedback from the public on what they see as important factors in creating a safe and vibrant new Killarney in which they feel comfortable to visit, shop and experience. We all need to rebuild together and this survey will serve as a starting point in changing the way we do business and how to better satisfy the needs of our customers, locals and visitors." To take part in the survey go to : https://www. surveymonkey.com/r/7NXCT99



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In her new column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

From indulging in baking, playing the flute and speaking French....

## Killarney teacher Miriam Long has kept busy during COVID-19

aving regular contact with Muinteoir Miriam Long, (Lissivigeen NS since 2006), since mid March my appreciation for teachers in general has soared. So of course Mrs Long was one of the first people I thought of to begin my GoggleVox journey. I'm sure all the Mammies will agree, home schooling is no joke, but Mrs Long was never more than an email away, when difficulties arose, and they they did arise let me tell you! "I miss the children so much Marie. I have none of my own so they are close to me and I love receiving their weekly emails, at the end of the week, with all their news and tasks completed. It's not the same as being in the class room but it's rewarding for me and affirming none the less. I've wanted to be a teacher since I was 10 and I still love it so much". Regular globe trotter, Mrs Long has also missed her annual travels and bringing her stories back into the classroom to the children. Miriam is most popular at Lissivigeen for her local excursions with the children throughout the school year. "Yesssss, I have Mrs Long this year, we will get to go on so many trips" ~ My daughter Clodagh, Sept 2019. "September 2020 is going to be challenging Marie and there will be a degree of anxiety for the children, teachers and parents alike but I



accept the challenge and can't wait to teach again hopefully to a full sized class as normal as we can be". Hear Hear!! Me too Mrs Long.

"So how are you filling your days during the pandemic Miriam"? My short hand was tested to extreme. This woman is a do-er and does not sit still for two mins. "Mick & I have indulged ourselves in cooking & baking. I've sent an abundance of An Post Post Cards and discovered the many bogs of Kilcummin. Daily I perform online recitals for my friends on social media and interact online with my 'French language conversation group daily too.... oh and I've been brushing up on my Irish"..... You see what I mean?

To add to all of the above Miriam plays the flute at online mass from Killarney's Cathedral on occasional Sundays and I was most impressed with her participation of a new Covid19 song, with 34 like minded musicians from all over the world, under Dublin Composer Bernard Sexton, who happens to share Miriam's passion for French & Music.

"Besides the children, I am missing really Martha Fleming my hairdresser who recently appeared on TV with Hector. I guess I'll just have to, like many others, embrace my healthy inch of grey". Sun glasses have a dual purpose these days, I wouldn't have noticed a thing Miriam.

PICTURE: MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

### Happiness comes in waves as Kerry retains its 13 Blue Flags

There was widespread welcome this week : at the news that Kerry has retained 13 Blue Flags at 12 of the county's beaches as well as Fenit Marina. The decision of the International Blue Flag jury was announced on Tuesday and sees the following beaches awarded Blue Flags for 2020: Rossbeigh, Ballybunion South, Ballyheigue, Fenit, Maherbeg, Kells, Derrynane, White Strand, Ballinskelligs, Banna, Ceann Trá (Ventry) and Inch. Fenit Marina also retains its Blue Flag this year. Green Coast Awards have been issued in respect of Waterville, Ballinskelligs, Béal Bán, Castlegregory and Littor beaches.

'Blue Flags are an important internationally recognised indicator of the quality of a beach environment and it is encouraging that Kerry is continuing to set a high standard in this regard, said John Breen, Director of Services with Kerry County Council.

'To retain 13 Blue Flags is really positive news for the local economy and our tourism industry. Whilst the decision of the International Jury not to award a blue flag to Ballybunion North beach for this year, based on cumulative water quality results is disappointing, we will work hard to ensure the restoration of the Blue Flag status to this beach. It should be noted however that Ballybunion North is still regarded as 'good' status and thus suitable for bathing and swimming, he said.

Cathaoirleach of Kerry County Council, Cllr Niall Kelleher said that the awarding of the Blue Flags is a result of a collaborative approach between Kerry County Council, local community groups and beach users who work together to maintain our beautiful beaches and bathing waters.

'The local authority invests tremendous effort in formulating strategies to keep County I at the top of the Blue Flag list and will continue to invest the necessary resources to ensure the sustainable management of the magnificent beaches along the Kerry coast.

'We would appeal to all heach users this summer to be responsible in observing social

distancing at the beach, to be respectful of other beach users and to ensure that they other beach users and to ensure that they leave the beach as they found it and do not

Lifeguards will be deployed at beaches from 20 June following the completion of training and the issuing of standard operating guidelines which had been impacted by the current public health restrictions.

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## **NEW 'SAFE DESTINATION PROGRAMME'**

will ensure safety as restrictions ease

major new programme of initiatives is being rolled out by Kerry County Council and other partners and agencies to ensure that Kerry is a safe place to visit and stay as COVID-19 restrictions continue to be phased out over the coming weeks and as each of the phases of the Roadmap for the Reopening of Society and Business is implemented. The goal is to make Kerry the safest and cleanest of destinations to visit and stay in.

Kerry County Council and its partners have launched a multifaceted 'Safe Destination Programme' which will ensure that those who begin to visit and holiday in Kerry again can do so in the knowledge that it is a safe place to visit and stay. The Safe Destination Programme includes:

- A bespoke training programme for tourism and retail staff
- A safer spaces plan for streets, shops and public spaces
- Preparing communities to welcome tourists back to the county
- · A tourism marketing campaign to promote staycations in Kerry

The bespoke training programme for staff in the tourism and retail industries in the county has been rolled out by Kerry County Council and the Kerry Education and Training Board (ETB). Over two thousand employees have already signed up for the training. It aims to ensure that Kerry tourism and retail staff are trained in infection prevention, hygiene and cleanliness and dealing with customers in the new environment to the highest international standards as they reopen for business. Business premises whose staff have completed the suite of training courses will receive the 'Safe Destination' badge.

Kerry County Council is also implementing a

villages reopening for business are recognised as : safe environments for commercial businesses to operate as well as for shoppers and visitors. This includes a series of Safe Street and Safe Shopping initiatives developed with the business chambers and local communities. Town Centre Mobility Plans are being implemented across each of the five Municipal Districts in the county and make provision for signage and revised parking arrangements to encourage social distancing.

The Council is also working with communities in the county to prepare for the return of visitors to the county, to ensure that residents and

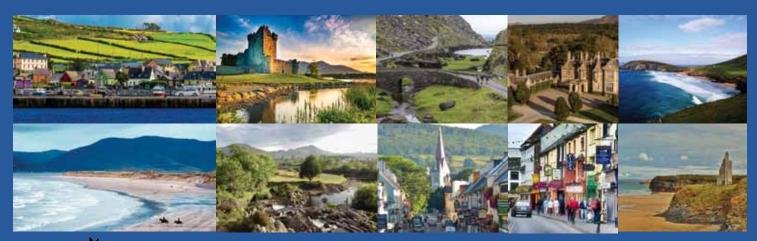
Over 2,000 on new training programme to ensure safety of all Safer streets, shops and public spaces programme Tourism marketing plan to promote staycations in Kerry

communities are reassured that the reopening of tourism is managed and in keeping with the national guidelines and advice. Finally, the Safe Destination Programme will underpin a major marketing campaign to promote Kerry - to the domestic and staycation market – as travel restrictions continue to change over the coming weeks and months. The marketing programme is being developed by the Kerry Tourism Industry Federation and Fáilte Ireland with the support of Kerry County Council and will be announced shortly. Chief Executive of Kerry County Council. Moira Murrell said that Kerry had always been an exemplar in tourism and was now meeting the challenge posed by the new and evolving series of measures to ensure that towns and : restrictions to ensure Kerry can welcome visitors

back to county with the firm reassurance that is it safe to do so. 'We want to reassure our visitors that they are safe in Kerry. We know that the tourism industry in Kerry is more impacted than any other in Ireland so that is why we are working to position the county to welcome visitors back to a destination which will implement and observe the highest standards of safety to restrict the spread of the coronavirus, she said. The Chairman of the Kerry Education and Training Board, Cllr Jim Finucane said that having staff prepared for the reopening of hotels, restaurants and bars in the coming months is critically important.

'Kerry County Council and the Kerry Education and Training Board are providing the training which staff will need to work in the new COVID-19 environment. It deals with practical steps which everyone will need to take to ensure social distancing and other important health guidelines are adhered to. When people do begin to visit Kerry again, they can do so in the full knowledge that staff know how to interact with them in a safe way for everyone's benefit. Kerry ETB is delighted to pilot this programme which can, potentially, be rolled out nationally.

President of the Kerry Branch of the Irish Hotels Federation, Bernadette Randles welcome the interagency collaboration which led to the roll out of the Safe Destination Programme for the county. 'As a sector, we are delighted to be piloting this training programme with Kerry County Council and the Kerry Education and Training Board. This is part of the ongoing preparation to welcome visitors back to the county and those from Kerry looking to holiday in Kerry in a safe way. It's about making sure that measures are in place to maintain the highest standards of cleanliness and hygiene to limit the spread of the coronavirus.'

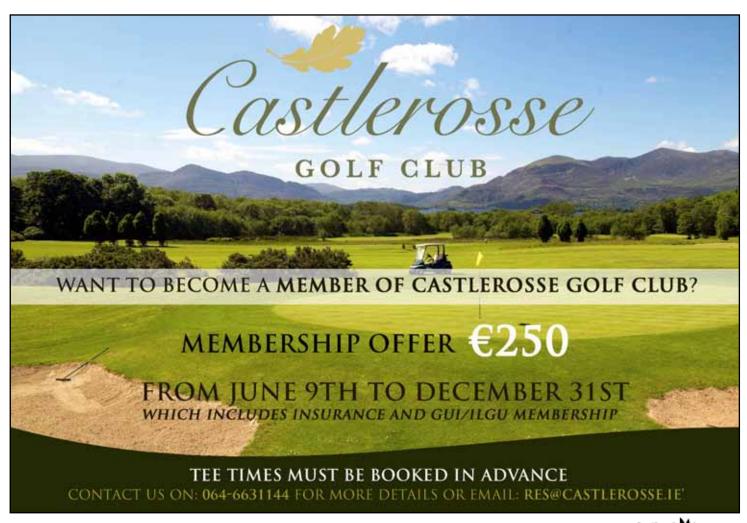




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In her new column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

# "If you go down to the woods today, you're sure of a big surprise"

hen her 2K changed to 5K, Faye O'Carroll (13), Kilcummin, was thrilled to be able to visit her beloved National Park again but she found it wasn't quite the place she remembered. "The park itself was the exactly the same but there was no laughter or children playing". Faye told me "I have the best teacher, Muinteoir Treasa, Rang A Sé at Gaelscoil Faithlean, who really encourages my favourite subject which is art, so I came up with a plan and opened my workshop in the kitchen"..... Faye has since spent her time at home writing uplifting messages on slates and stones. She loves to exercise and takes different routes throughout Killarney National Park, with her Mum Mary, who is a nurse at UHK. "We walked over 20,000 steps one day with my 10 year old dog Beth (which is actually 70 Marie), so Beth was absolutely 'bet' in the sunshine that day"!. Faye laughed. Faye O'Carroll was absolutely thrilled when her work was recognised by one kind lady

who posted photos of creations online at Trevor O'Donoghue's popular & uplifting Facebook page 'Pictures of Life'. were so many comments Marie and I was delighted with myself. Faye continued "Now I did notice that people began taking the slates & rocks. At first this made me sad as I worked so hard making them, but soon I realised there was a good chance they were going to the homes of children & the elderly who couldn't enjoy the park at all". Faye began beaming again. Sheer delight at the thoughts of making others happy and so unassuming. "So how long more will you keep creating these wonderful messages Faye"? "So long as people are enjoying them, I will keep doing them til the rocks and slates run out". What a girl Faye O'Carroll!.

PICTURE: MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

## Killarney event to celeberate Global Wellness Day

The stunning location of Killarney Natiojnal : It encourages seven simple daily steps in order Park is the localation for an event to celebrate : to make wellness a way of life – walk for an hour, Global Wellness Day, tomorrow, Saturday, June : drink more water, don't use plastic bottles, eat 13. Given the current pandemic and social : healthy food, do a good deed, have a family distancing restrictions, this year all events are : dinner with your loved ones and be asleep by being hosted virtually all around the world.

To help celebrate in Ireland, Navé Yoga, in Killarney has generously created a complimentary Yoga class featuring stunning drone footage of Killarney's National Park by Ian Cronin Photography. The wonderfully talented O'Neill sisters have also recorded a sound healing session with crystal bowls.

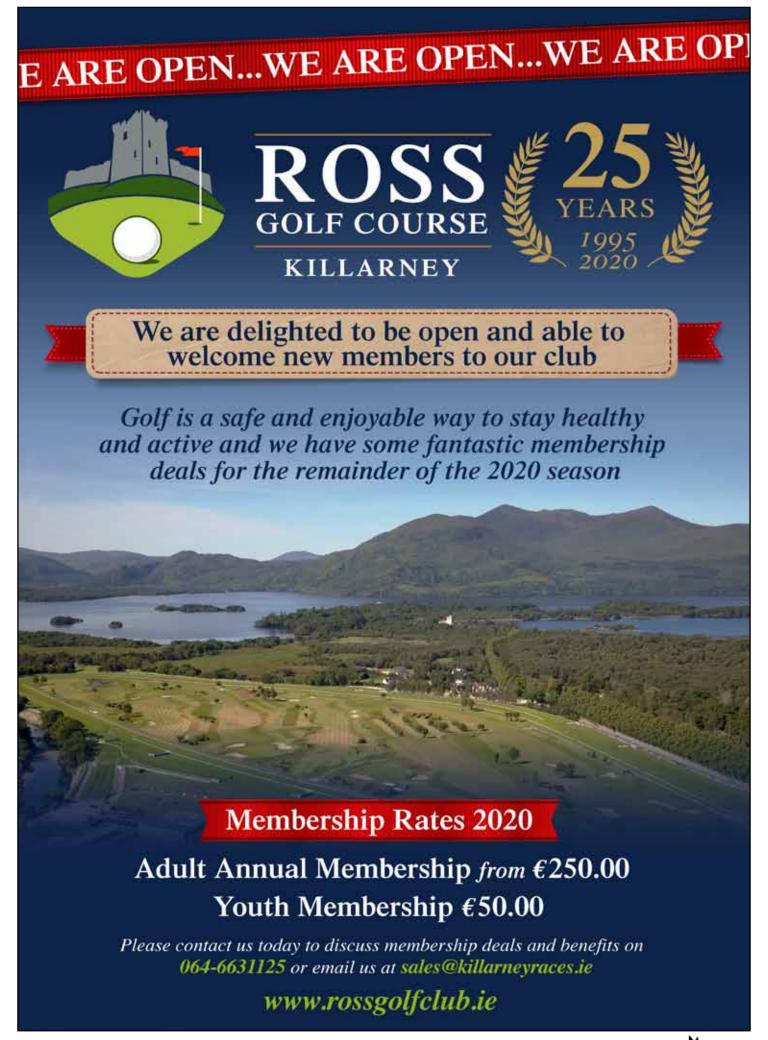
healing session with crystal bowls. Global Wellness Day is an international not-for-profit initiative aimed at encouraging people to live healthier and feel better both physically, mentally and spiritually. It is celebrated every year on the second Saturday in June. In 2019, the event reached more than 7,000 locations in 150+ countries across six continents – resulting in millions of people getting involved, including high-profile celebrities such as Oprah Winfrey. For nine years, Global Wellness Day has been spreading this message to the world.

It encourages seven simple daily steps in order to make wellness a way of life – walk for an hour, drink more water, don't use plastic bottles, eat healthy food, do a good deed, have a family dinner with your loved ones and be asleep by 10.00pm. As GWD Ambassador for Ireland, Fiona passionate about achieving a balance through health, fitness and wellbeing. Her mission is to help spread the Global Wellness Day initiative throughout the country."I would encourage everyone to tune into the live and recorded events through Instagram and Youtube.

Every individual needs to feel the benefits of wellbeing in their lives. This is turn will help strengthen immunity, which will be fundamental to overcoming life's daily stresses, working towards a healthier and happier life," said Fiona. Tune in or catch up on pre recorded events on YouTube Channel: Global Wellness Day Register for the 24hr live free events at www.globalwellness.org/register Facebook/Instagram: @Globalwellnessday.

Fiona Collins, Global Wellness Ambassador for Ireland.





### REOPENING IRELAND TO TOURISM

## FÁILTE IRELAND PUBLISHES **OPERATIONAL GUIDELINES**

-áilte Ireland has published sector specific operational quidelines for the tourism industry to ensure the safe re-opening of tourism businesses on June 29th.

The National Tourism Development Authority developed the guidelines in collaboration with industry groups; the Irish Hotels Federation (IHF), the Irish Self Catering Federation (ISCF), the Irish Caravan and Camping Council, the Association of Visitor Experiences (AVEA), Ireland's Association of Adventure Tourism (IAAT) and B&B Ireland. Relevant Government departments including Department of Transport, Tourism and Sport and the Department of Health, State agencies including the Health Service Executive (HSE), wider Government and the Labour Employer Economic Forum (LEEF) were also consulted in the drafting of these operational guidelines which are in line with



the Government's Roadmap for Reopening Society and Business and the Return to Work Safely Protocol.

The guidelines provide detailed advice on the necessary systems to be implemented in order to instil public confidence and reboot business while adhering to public health advice and Government

protocols. They are the first in a suite of new supports being rolled out by Fáilte Ireland to help tourism businesses to recover and re-open safely.

The guidelines are live on Fáilte Ireland's dedicated COVID-19 Business Support Hub on www. failteireland.ie.

#### Sector specific guidelines are available for:

Hotels & Guesthouses Self-Catering businesses Caravan & Camping businesses Visitor Attractions Activity Providers **B&Bs & Historic Houses** Restaurants & Cafes

Fáilte Ireland's sector specific operational guidelines will be regularly updated in line with Government public advice as and when this advice evolves. This includes any further guidance that is given following work by the Health Protection Surveillance Centre and National Public Health Emergency Team on the application of the existing social distancing requirements in specific, defined and controlled environments in the hospitality industry during periods of low incidence of the disease.

## Loreto National School *cleans up their community*



Jennifer Lucey, Clodagh Lucey, Darragh Lucey cleaning up at Killarney National Park.

On a recent walk along the lake shore, Teacher, Mr. Pádraig O'Sullivan noticed a great deal of litter strewn across a wide area of the National park. This was the starting point for this wonderful initiative. As a teacher of Second and Third class in Loreto National School, he decided to use the online learning theme 'taking care of our environment' as the basis for his lessons this week. He gave his class the opportunity, along with their families, to collect some of the litter along the lakeshore stretching from Flesk Valley Rowing club all the way to Dundag beach. There was a wonderful response from the pupils and their families. On Monday morning, bags, gloves and litter pickers were provided and each family was assigned a section of the lakeshore to collect rubbish. Eight full bags of rubbish were collected in a short period of time. Seán, the park ranger, was delighted with the turn out and commended the children and their families for their great work. As online learning continues for all schools, it is fantastic to see pupils and their families out and about in our beautiful national park working to make it a better place. Huge thanks to Mr. Pádraig O'Sullivan for organising and to our pupils and their families for taking part.



Ruadhán Coleman, Liadan Coleman, Paul Coleman, Senan Coleman, Erin Coleman on the cleanup in the National Park.

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In her new column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

#### A LOCKDOWN TALENT EMERGES

#### FOR SUSAN DURING COVID-19

A scrumptious 'lockdown talent' arises for popular Keane's Jewellers employee, Susan O'Sullivan, painting Keelings Fruits in a positive light, winning the coveted "Kitchen Aid" mixer worth almost €600 resulting their recent online competition. Susan laughed "Imagine I haven't baked since I won the mixer Marie. It's a serious piece of equipment though and so heavy". "I'll move it for you if you continue baking" hubbie Donal shouted from the next room. I took Donal up on his offer to reposition the mixer while I chatted to Donal Junior (aged 3) who told me "I just love cracking the eggs, it's my favourite thing but if I was to pick a favourite desert it would be Mommy's Banana Bread, it's delicious!".

Susan's online photos throughout the competition would have you licking the screen. Pavlova, Strawberry Meringue Roulade, Strawberry Smores, Blueberry Sponge Cake & Hazelnut Praline Tart.... the list goes on. Susan's treats were hugely popular with family & neighbours alike. Donal Snrs personal favourite is 'The Millionaire Shortbread' topped with Terry's Chocolate Orange "I had a very late night on the farm last week Marie. All were in bed on my return home and I could taste that Millionaire Shortbread on my lips coming in the back door. Gone! Our neighbour Deirdre Leahy



was out walking and asked Susan if she had baked anything today......how convenient as this was just after she liked her daily picture on Instagram" Donal laughed. Susan said "I am so fortunate to have won. Donal & I have been chatting and we would love to give back by hosting a coffee morning, which I will bake for ,and we will donate the proceeds to charity". Well, I'll be there for one Susan, and I will let certainly let you all know in advance when this delicious event is happening.

And so it's back to work for Susan this week. at Keane's Jewellers, much to her two Donal's disappointment.

PICTURE: MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

### It's "In the Bag"... WE ARE IN THIS TOGETHER



Pictured in the old Church in Tobar Naofa Tralee for the The #In this Together Campaign Kerry were Suzanne Ennis Kerry & West Limerick Creadit Unions, Trish Nolan Red Cross Community Support Officer Jim Garvey of the Garvey Group, Susan O'Carroll Physiotherapist UHK and Deirdre Hegarty of Kerry County Council. Seated Trish Nolan Red Cross Community Support Officer, Caroline Toale and Siobhan Griffin of Kerry County Council and Liza Bergin Senior OT at UHK. PHOTO BY DOMNICK WALSH

As part of the #InThisTogether : campaign aimed at promoting activity, mental wellbeing and staying connected during the COVID-19 emergency, Kerry County Council is launching the second phase of the wellbeing campaign, what is included are; Community

entitled 'In the Bag'.

"In the Bag" is a Resource and Wellbeing Pack and includes resources for people who may not be in a position to access information online. Examples of Supports and Information Leaflet, Gratitude Journal, Biodiversity and Nature Sheets, Fridge Magnet, Healthy Kerry merchandise and some treats. Sponsorship has been received from Kerry Credit Union, Red Cross and Garveys and some of these resources will also be available online.

Kerry County Council began the local rollout of the 'In This Together' wellbeing initiative last week when Healthy Kerry launched the Kerry Step Challenge. The campaign is building on the concept of doing something that makes people feel a little healthier and a little happier during the current crisis. Each week a new initiative will be launched and promoted. Reinforcing this campaign, a national media campaign entitled "Hold Firm" was launched. This campaign encourages people to Hold Firm and was inspired by the poem, "Take Care", written by President Michael D Higgins. These campaigns recognise that the actions taken to date are reducing the impact of COVID-19 on the country and our health service. They also recognise that COVID -19 is going to be with us for a while and what we considered to be "normal" life will not quite be returning for

"Staying away from the people we love and the things we enjoy is not easy," Siobhan Griffin of Kerry County Council, who is coordinating the campaign explained. "This campaign recognises that the impacts are felt by everybody, however for some people, in certain circumstances, the new normal is very challenging."

'In This Together Kerry' is spearheaded by a group comprising Kerry County Council's Community Department, the Kerry Public Participation Network, the Kerry Age Friendly Programme, Healthy Kerry, Kerry Recreation and Sports Partnership, Kerry Library, Kerry County Museum and the Kerry Arts Programme.

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## Killarney issues appeal for

usinesses in Killarney have appealed to the people of the town and its surrounds to shop local, whenever possible, as the Covid-19 restrictions continue to be lifted.

Their loyalty will help ensure that the town has the best chance possible of regrouping and re-establishing its position as one of the must-visit and successful locations in the country.

Given its very high dependency on the tourism industry, Killarney was dealt a devastating blow during the coronavirus lockdown but business owners battened down the hatches and adhered strictly to Government guidelines to ensure the safety of staff and customers.

All public health advice was taken on board, the limited number of businesses that were in a position to remain open implemented strict safety measures and those unable to continue to trade had no option but to roll with the punches for everybody's sake.

Now, however, Killarney is ready for the big return with the majority of businesses allowed to reopen under Phase 2 of the Government plan already up and running while others, including restaurants, hotels, public houses and hair and beauty service providers, are looking forward to placing the welcome mat on their doorsteps to greet customers.

Killarney Chamber of Tourism and Commerce has implemented a high-profile Shop Local campaign to appeal to the public to support local businesses and the loud and clear message being sent out is We're in this together.

Last March, at the start of the lockdown, the Chamber erected a giant banner over Main Street with a very direct message to the people: "Take care of yourselves and each other. #Love Killarney".

Now the town and its people are emerging on the other side with businesses hoping to recover, as far as possible, from the dreadful impact Covid-19 has had on the commercial, social and normal day to day life in the town. "During lockdown, we assured the people that we were with them every step of the way and that anything that could be done to assist them would be done," said Chamber President Paul Sherry.



"Our message now is that we are getting through this together and, with everybody's support, there will be better days ahead in this wonderful town," he added.

"The shops, the restaurants, the hotels, the pubs and everybody in business in Killarney are creating jobs and ensuring families are looked after.

"Online shopping played a part during the Covid lockdown but our appeal now is for people to think local and to shop local as we will all get through this together, side by side, working to make Killarney a better place to live in and to shop in," Mr Sherry

### Killarney couple join virtual choir TO REMEMBER VICTIMS OF COVID -19



Killarney couple, Miriam Long and her husband Mick were part of the choir which pefromed a song written by Dublin-based composer Bernard Sexton for the victims of Covid-19, their families and friends. This has just been recorded by a virtual choir drawn from members of a number of choirs and includes several frontline staff. "It was an honour to be asked to lend our voices to such an important project. Bernard Sexton is a close friend of ours through our shared passions for music and French. His composition is a very significant memory for the relatives of those who lost their lives because of covid 19 so we didn't have to think twice about participating' Miriam told the Killarney Outlook.

The song is dedicated to those affected by Covid-19 and it is hoped that it will be a useful resource for memorial services in the coming months. To this end an MP3 file of the song and sheet music will be available free to download. The words of the new song, God Will Wipe Away All Tears, are based on sacred texts, but touch on universal themes: the cycle of life and the inevitability of death, the comfort of memories of loved ones who have died, and the fact that those who die live eternally in our hearts. Bernard's music will already be familiar to many Irish people since it featured at the International Eucharistic Congress in 2012 and also during the Papal visit in 2018.



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In her new column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

## I can't wait to be back in the **hub of it all**

"I missed my Nana so much" little Georgie told me when I visited the beautiful home of popular hospitality personality Dora Browne, at White Bridge Manor this week. Dora's daughter Denise, is very close to her Mum, but unfortunately not as close as she would have loved to be, during the Covid19 lockdown, as she lives in Castleisland with her husband Aidan and three children Aideen, Georgie & Adam.

"I managed to keep all three busy on the farm in Castleisland, where they thoroughly enjoyed feeding the calves and general farm life, growing everything from spinach to blueberries & raspberries, but everyday they would ask about Nana Dora and when they could go to see her and Grandad Denis in Killarney. It was so difficult for little children to comprehend not to mind adults". Denise continued to tell me how "little Aideen has gone from being a little baby to now crawling and standing so it was difficult for Mum to have missed". "It was the first time in 44 years that I have been without work Marie, but I've kept busy with cleaning & painting everything in sight . When you're used to work it was especially hard not to see my grandchildren too" Dora



said. "I can't wait to be back in the hub of it all with my colleagues at the Killarney Park in a few weeks".

"Monday was the best day ever getting to visit my Mum again and we can't wait to have her over to Castleisland for dinner and sample the fruits of our vegetable garden". I have no doubt that the road between Killarney & Castleisland will be worn out before Dora returns to work at the beautiful

Killarney Park Hotel in Phase 3, when restrictions are due to ease a little more and we will see the reopening of the tourist industry & many of Killarney's finest hotels.

L-R Denise, Aideen, Georgie & Adam O'Callaghan reunited with their Nana Dora Browne on Monday.

PICTURE: MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

#### **EARLY OPENING**

## OF HOTELS WELCOMED

Chair of the Kerry Branch of the Irish Hotels Federation Bernadette Randles has welcomed the news that hotels and guesthouses can open at the end of June.

"The earlier reopening of hotels is excellent news and a welcome boost for the tourism community in Kerry, as well as for people of all ages across the country who are looking for a well-deserved holiday after lock-down. Hotels have already begun to adapt their services and facilities in anticipation of reopening under COVID-19 guidelines as they prepare to reopen and welcome guests from the end of June", she said this week. The health and safety of employees

The health and safety of employees and guests will always be our main priority. The IHF has have been working closely with Failte Ireland on the development of agreed operational standards that cover all aspects of a hotel's operations and facilities. We are seeing great examples of creativity, innovativeness and flexibility



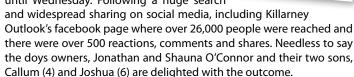
Bernadette Randles.

in terms of how hotels and guesthouses are using their property's spaces as well as rethinking services, restaurant and leisure facilities so that guests can relax and enjoy their break, secure in the knowledge that they are staying in a safe environment."

We also welcome the announcement today that the Temporary Way Subsidy Scheme will be extended until the end of August. This is a significant development as it will help tourism businesses including hotels to keep their teams together and supported financially during the restart phase."

## HUGE JOY AS RUBBLE IS FOUND

A Killarney family were overjoyed this week when their beloved pet, boxer Rubble was found after being on the missing list for 3 days. Rubble and Coco a Labra-Doodle went missing on Monday and while Coco was located that evening, Rubble was missing until Wednesday. Following a huge search









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## Staffing Issues At Kerry Schools

Must Be Addressed - Norma Foley TD

NQTs must be treated fairly

orma Foley TD has raised concerns about teacher allocations for the 2020/21 school year, given the current COVID-19 pandemic.

She's calling for assurances that schools will be able to retain their current teacher numbers for the year ahead.

Deputy Foley explained, "I have been contacted by many schools across the county worried about teacher numbers for the 2020/21 academic year. There are very real concerns that some of these schools could lose a teacher because of declining student numbers. However, given the current Coronavirus pandemic and the restrictions which will have to be implemented in the new school year, I am urging the Department to ensure that additional teacher places are allocated.

"While I accept that the teacher allocation process is independent, we now have a situation where staffing arrangements for the coming term were set out before the onset of COVID-19. We are hearing reports of the necessity of smaller class groups and difficulties



around social distancing due to classroom size, all the while schools are losing teachers.

"This is simply not workable and shows a clear disconnect between the two positions.

"We need to ensure a safe environment for our children once classes resume, and under the current guidelines we will need more not fewer teachers. I am calling on the Minister and the

Department to include additional places for teachers to reflect the current circumstances". Another issue raised by Deputy Foley concerns Non-Qualified Teachers (NQT). These teachers are required to complete a 60 day block of classroom teaching. However, the COVID-19 pandemic closed schools on March 12th and the Teaching Council is now telling NQTs that they will have to apply for an extension to complete the required classroom teaching

"I think it's unfair that trainee teachers, who have been fully contributing to school life through remote teaching over the past two months are having their work essentially ianored.

I have raised this issue with the Minister for Education and welcome confirmation the Teaching Council will review the current situation. It is only fair that NQTs are recognised for their contribution to teaching and learning over the last number of months" concluded **Deputy Foley** 

#### **DELIGHT AS PLAYGROUNDS TO REOPEN**

Much to the delight of children all over the country, playgrounds are set to re-open on Monday next, 15 June 2020.

Kerry County Council have ensured that the playgrounds are being inspected, cleaned and sanitised this week in advance of their reopening.

Those visiting the playgrounds are asked to adhere to the public health guidelines and advice on social distancing. Kerry County Council is asking that children be supervised at all times. Parents or guardians are encouraged to bring hand sanitiser with them for use before and after visiting the playground in the interests of public health.



Killarney Playground - ready to welcome children and their families from Monday next.

#### Independent impact analyses of farming on environment and Farm to Fork/Biodiversity strategies needed to build farmer confidence - Kelleher

Irish MEP Billy Kelleher has said that independent analyses of carbon emissions from farming in Ireland and the impact of various EU Green Deal plans such as the Farm to Fork and Biodiversity strategies are urgently needed.

Kelleher made the call in order to build confidence in farmers that the EU is not out to ruin their livelihoods.

"We hear a lot about the damage that farming causes the environment, yet I question whether the full picture is being truly assessed. For example, has natural carbon sequesterisation been factored in, and what is the true net carbon output of farming in Ireland?

"Additionally, there is a fear that the stringent requirements under Farm to Fork and Biodiversity strategies will simply put many small and medium farmers out of business.

"We need an independent assessment,

productivity and ultimately profitability associated with these schemes.

"Irish farms are generally smaller than other European farms, and many of them do not have the same quality land as their counterparts in the rest of the EU. I question whether this was taken into account when they designed Farm to Fork and the Biodiversity strategy.

"When deciding such important and transformative schemes, the full facts are needed on the true and net impact of farming on the environment and how real lives will be affected.

"I think farmers are up for the challenge of improving their farming methods to protect the planet, but they want to see independent data used as the baseline. Is that too much to ask for," concluded Kelleher.







Don't miss out on horse riding lessons, stable management lessons, quizzes, grooming competitions, pony games, pony painting and much much more. All of the activities at camps will take place outdoors, greatly reducing the risks associated with covid-19 and giving kids the freedom to get back to their natural environment of having fun and making friends in the fresh air.

We are confident that we can run our fun-filled summer camps while following government guidelines and ensuring the highest standard of safety and hygiene at all times. There will be limited spaces on each of our camps, in line with current government guidelines and spaces will be reserved on a first come first serve basis. Book early to avoid disappointment

Dates are subject to change and subject to minimum numbers. Please note, a deposit may be required to reserve a space.

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Price Region: €230,000





## MONEY MATTERS.

## By Dermot Cronin, Financial Advisor



#### WHY DO YOU NEED LIFE COVER?

#### TO PROTECT YOUR FAMILY AND LOVED ONES

If your loved ones depend on your financial support for their livelihood, then life insurance is a must, because it replaces your income when you die. This is especially important for parents of young children or adults who would find it difficult to sustain their standard of living if they no longer had access to the income provide by their partner. You can also apply to add other benefits to your life cover including serious illness cover.

#### TO PAY OFF YOUR MORTGAGE, DEBTS AND OTHER EXPENSES

In addition to providing income to cover everyday living expenses, your family needs insurance to cover any outstanding debts, like the mortgage, credit cards and other loans. You don't want your spouse, parents, children or other loved ones to be left with any extra financial burden in addition to the emotional burden they're already suffering.

#### TO BRING PEACE OF MIND & LEAVE AN INHERITANCE

We can't know when we'll pass away. It could be today, tomorrow or 50 years from now, but it will happen eventually. No amount of money could ever replace a person. But more than anything, life insurance can help provide protection for the uncertainties in life. Even if you don't have any other assets to pass to your heirs, you can create an inheritance by buying a life insurance policy and naming them as beneficiaries. Without a doubt, having life insurance coverage will bring you and your family peace of mind. You should also consider income protection and serious illness cover when considering life cover.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com

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GUIDE PRICE: €205,000



#### DROMORE, FARRANFORE, KILLARNEY, CO KERRY

Excellently located bungalow in Farranfore village. The property is ideally suited to owners commuting for work to the nearby towns Killarney, Tralee, Killorglin and Castleisland due to the central location. The daily connecting flights to Dublin and the UK from Farranfore village enhances remote working opportunities for potential purchasers.

GUIDE PRICE: €275,000



Full Details Selling Agent Hennigan Auctioneers 064-6634582/087-2354416

Hennigan Auctioneers 66 New St., Killarney 1; 064 6634582 m; 087 2354416 wwww.henniganauctioneers.com.

## LOOK WHO'S OP

As we prepare to enter **Phase 2/3** of of the roadmap for the reopening of society and business. Many businesses in Killarney were allowed open their doors to the public again and in this week's Killarney Outlook we look at those who are now open and serving their customers following Government guidelines or who are available through their social media or by telephone

#### PICTURES MARIE CARROLL-O'SULLIVAN



reopen as part of the Governments 'Phase Two' easing Covid19 restrictions, L-R Michelle O'Connor Cronin & Proprietor Gráinne O'Sullivan.



Open for business - Whos4Shoes & First Step Footwear, High Street. Killarney shops Back in Business - Killarney Furniture & Carpet Centre, High Street. Killarney shops reopen this week as part of the Governments 'Phase Two' easing Covid19 restrictions, L-R Margaret Creedon, Tara Collins, Niall O'Sullivan & Johann Ashe.

Foley's Spar

#### **New Street**

Kennelly's Pharmacy

O'Sullivan's Pharmacy

Healy's Shop

Bank of Ireland

An Post

Sheehan's Centra

The Celtic Whiskey Bar

All Care Pharmacy

Den Joes

Blooms Florists

Front door of Dunnes (access to the store

has been from the back only)

MacBee's

O'Sullivan's Outdoor Shop

Kitty's Kitchen

Game Stop

Killarney Motor Factors

**Elverys Sports Store** 

Moriarty Photography

Walsh School Wear

**Washes Shoes** 

Kilkenny Shop

Bijou Boutique

**Main Street** 

Tan Yard for Take Away

Sheehan's Pharmacy

Seodoirí na Riochta Jewellers

**Brian James** 

#### **Old Market Lane**

JMac IT & Office Solutions

Mailbox

#### **Glebe Lane**

**Spoglers Continental Pasteries** 

#### **High Street**

Sewells Pharmacy

Who's 4 Shoes

Star Seafoods

Dealz

Khao - Take Away only

T. Cronin Butchers

French Bakery

Treyvaulds Pop Up Deli

Toba Restaurant for Take Away

O'Sullivan's Cycles

Quinlans Seafood Bar for take away

Keane's Jewellers,

Who's 4 Shoes

Lynes of Killarney

Mom 2B

Deirdre's Fashions

Tadghs Boutique and Shoe Shop

Killarney Carpet Centre





#### **Lewis Road**

**Dominos Take Away only** 

#### **MICHAEL COLLINS PLACE, LEWIS ROAD**

The Shire for take away coffee

#### **College Street**

The Dungeon

Variety Sounds

Gleesons Spar

Reen's Life Pharmacy

Cronin's Restaurant for Take Away

Bombay Palace for Take Away

Courtney's Bar for Takeaway

**Specsavers** 

Killarney Hardware

Vodafone

Adam's Jewellers

Olde Sweet Shop

#### **Plunkett Street**

Mike's Take Away

Courtneys Bar for take away

The Mad Monk

O'leary's Electrical

A White Heather Florists

Caragh Jewellers

O'Neill's Fishing Shop and Souvenirs

Peter Cox Photography

#### **Innisfallen Shopping Mall**

**Tim Jones Butchers** 

#### **Beech Road**

Genting Thai

Horan's Health Store

O'Connor's Newsagents

Tesco

Killarney Credit Union

**Leaders Computers** 

#### **Park Road**

Circle K

Hegarty's Spar

Park Road Pharmacy

Plan It PC

Zin Garden Take Away

Daly's Supervalu

**Trants Pharmacy** 

Mr. Price

Park Lane Dry Cleaners

#### **Arbutus Drive**

Horans's Health Shop

Horan's Fruit & Veg

Quinlan's Fish Shop

**Tim Jones Butchers** 

Aldi

#### **Deerpark Shopping Park**

Tesco

Dealz

**Boots** 

Marks & Spencers

Argos

**New Look** 

McElligotts Furniture

#### **Woodlands Industrial Estate**

Kerry Agri

Kerry Tool Hire

Agri Auto Parts

Leane's Tool Hire

#### The Reeks

Centra

**Kennellys Pharmacy** 

**Mahers Butchers** 

The Carry Out Off Licence

Lidl

#### **Muckross Road**

The Carry Out Off Licence

Circle K

Sheehan's Centra

**Applegreen** 

Hegarty's Supermarket

Kaynes Bistro - For Takeaway

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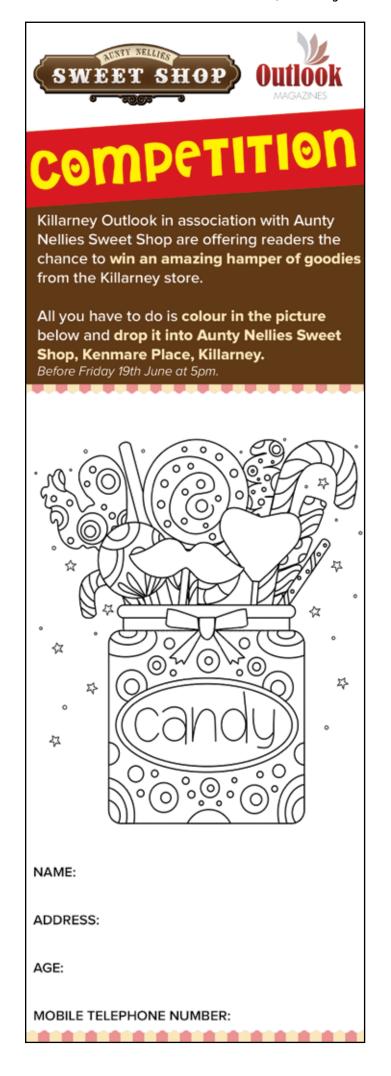
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To avoid queuing for your schoolbooks and stationery you can email your booklists to us with your phone number and we will get back to you and personally discuss your list in detail. When we have everything ready for you, we will contact you again and arrange a pick up time that suits you.

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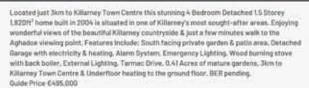
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## SCOIL BHRÍDE, LORETO NATIONAL SCHOOL



## TO ALL OUR SIXTH CLASS STUDENTS

CONGRATULATIONS

The end of the school year has not been as we envisaged or planned. Every year at this time, we start to organise our graduation ceremony and look forward to reminiscing about your time in Loreto National School -the school trips, the shows, the sports days, the fun activities and the many years you have spent with us. But let us assure you, the time will come when we will celebrate your graduation from primary school and remember all these happy memories.

We will miss you in Loreto National School, but we hope that you take the memories you have made along the way, the friendships, the ups and downs and the many experiences with you and these will no doubt make you all stronger and better people. We thank all the teachers who have taught you during your time here but we especially thank Mr. Edward Looney for guiding you through 6th class. We wish you all the very best as you begin your new journey in Secondary school and we hope that you will always feel proud to be called a past pupil of Loreto National School.





Bryan Walsh, Dara O'Sullivan, Ellen O'Grady, Eoghan McSweeney, Fionn McCarthy, Grace Browne-Murphy, Jennifer Lucey, Joshua Williams, Keela O'Connor, Luke Doolan, Micheál Carey Brickley, Molly Reidy, Muiris O'Donoghue, Norah McGlynn, Rachel Fuller, Rachel O'Sullivan Darcy, Shane Doolan.

Teacher: Mr. Edward Looney



## HOLY CROSS MERCY SCHOOL, KILLARNEY



Holy Cross Mercy School

### TO ALL OF OUR PUPILS IN THE CLASS OF 2020

Who would've thought last September that we would be writing to you to wish you well at the end of your Primary School days in these circumstances?

You've been a most amazing class throughout your years in the Mercy. We have really missed being with you at school these past weeks and months, and we know that you have been working hard on your school work online and helping out at home also. We look forward to celebrating your Virtual Graduation with you and your families soon. We hope to welcome you back to the school to celebrate your achievements when it is safe to gather together once again. We wish you well as you journey forward into Secondary School and beyond. Have a lovely summer break. Above all else, go out into the world and do well, but more importantly do good. Trust in God, Believe in yourself and dare to dream girls.



Beir bua agus beannacht, Mrs. Ursula Coffey, Principal

## We're so proud of you!

## Congratulations!



Aoife, Zoe, Ciara, Jaima, Samera, Sarah, Victorie, Sian, Erica, Angelika, Celia, Nicole, Lily, Donna, Fiona, Ena, Aite, Hessa Oliwia, Angelina, Suzanne, Emily, Mia, Kamila, Vanessa, Scarlett, Nila, Treasa, Khim, Wiktoria, Mariah, Amelie, Emilia, Roksana, Alicia, Su Ping

Sixth Class Teacher names: Miss Mairead Kennedy & Mrs. Rhonda Healy



## FIRIES NATIONAL SCHOOL



#### TO ALL OUR SIXTH CLASS STUDENTS

Best wishes to our wonderful 6th class students in Firies
National School as they transition to secondary school. We are
very proud of all they have achieved throughout their time with
us and wish them every success on their new adventure.





## Congratulations!

Micheál Allen, Junior Balladares, David Burke, Eoghan Corbett, Tadhg Óg Cronin, Tony Daly, James Dempsey, Evan Doona, Matthew Horgan, Jake Keating, Max Kromer, Cillian Leslie, Gerard Long, Géaróid O'Connor, Jim O'Dowd, Davin Quilter, Kate Barry, Laura Bradley, Kerri Breen Riordan, Ria Brosnan, Róisín Collins, Ella Comerford, Ella Curran, Doireann Foley, Grace Foley, Deimile Griciunaite, Siún Horgan, Clodagh McCormick Moriarty, Olivia O'Connell, Sophie O'Doherty McCarthy, Niamh O'Shea, Farrah O'Sullivan, Miriam O'Sullivan, Sarah Palmer, Leah Sheehan, Caitlin Steele.

Teacher - Claire O'Connor

## RAHEEN NATIONAL SCHOOL

# CLASS OF

TO OUR RAHEEN 6TH CLASS OF 2020 WE SAY....

CONGRATULATION

Graduation for you is:

A celebration...

A time for looking back on lessons learned Adventures shared Bright moments filled with special meaning

A farewell...

A time for saying goodbye to old friends, To good times you've known...

A time for packing away memories, treasures for tomorrow

A beginning...

A time for looking forward, a time to set new goals, to dream new dreams, to try your wings and see what lies beyond

Try to remember that, as you face big changes, you are not alone. We will be thinking of you. There are good things waiting for you just around the corner. So step out with confidence and take new opportunities in your stride.

And most importantly keep striving to always do your best.

Mar a deir an seanfhocal "Tús maith leath na hoibre"

From all in Raheen National School

Left to right: Elizabeth Roche, Rachel Murphy, Clodagh McCarthy, Eoin Reen, John Scannell, Aaron Murphy....Teacher: Caroline Kissane.







## ST. OLIVER'S N.S KILLARNEY SIXTH CLASS



#### TO ALL OUR SIXTH CLASS STUDENTS

We would like to wish all our sixth class students the best of luck in Secondary School. You have been a great group and will be missed in St. Oliver's! We will never forget the amazing work you have done from home these past few months and we can't wait to have you back for your graduation later in the year.







#### Ms. Aoife O'Carroll

Caoimhe Brosnan, Breana Coffey, Catherine Christie, Aidan Dalton, Jack Donoghue, Josip Garvanovic, Kristupas Gelcius, Liam Hennigan, Farhan Hossain, Elijah Kehoe, Martyna Kolodziejska, Dominik Krystosik, Colin Looney, Zoe McDonald, Clodagh McGorrian, Danielle Njie, Piash Nur Alam, Alana O'Brien, Rhianna O'Brien, Robin O'Brien, Brían O'Shea, Sarosha Panjakaew, Callista Penggai, Matas Petraitis, Mateusz Pfister, Safwan Rahman, Dawid Rutkowski, Benedict Stuikys, Peter Sugrue, Lewis Tangney, Gleb Taranov

#### Ms. Joanne Rattigan/Mr. Anthony O'Donoghue

Emiliya Auzbikeviciute, Sara Bozek, Jacob Broadbery, Adiel Cazacu, Keelan Daly, Aaron Dillon, Bridget Dooley, Ronan Fahy, Abbie Finnan, Aine Nora Fitzgerald, Ronan Foley, William Gaughran, Danny Harty, Kieran Horgan, Sadiyah Safa Islam, Kevin Looney, Amber Chloe Macindoe, Louise Marshall, Nika Miksic, Emmanuella Ntumobe, Colm O'Brien, Patrick O'Brien, Peter O'Donoghue, Fianaid Eibhlin O'Gorman, Vakare Petraityte, Emilia Stempnik, Killian Sugrue, Maharunnesa Sultana Sujan, Jakub Szuba, Mark Eric Tali, Vanessa (Noonan) Tan, Conor Tyrell

#### Mr. Tommy Galvin

Jaylinn Amos, Alex Courtney Sheahan, Maks Fila, Darya Gaeva, Natasha Hebda, Jocelyn Hickey, Yusuf Islam, Jane Keating, Sara Lyne Muldarry, Zuzanna Medes, Nell Moore, Ben O'Brien, Norita O'Brien, Cleo Louise O'Connell, Scott O'Connor Harris, Jack C O'Donoghue, Adam O'Neill, Mark O'Shea, Adam Ostrykiewicz, Sean Pierce, Victoria Pierogi, Feruz Shehabali, Paulina Sirotiakova, Grainne Swords, Michelle Tamir, Anthony Zakrzewski, Filip Zbylut



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2016 X5 sDrive 25d SE Auto, 7 Seats Black, Ivory Leather, Sunmof, 87km



2016 X5 xDrive 25d SE Auto. Grey, Brown Leather, 7 seats 78km



2017 2 Series Gran Tourer, 7 seater. Mineral Grey, Oyster Leather, 76km



2017 318d SE Auto Black, Oyster Leather, 53km



2017 520d SE Auto, Bluestone, Wood trim, High Beam Assist, 50km



2017 X1 sDrive 18d SE, Platinum Beige Leather, Reventing Camera, 44km



2017 X3 xLine Auto, let Black, Wood trim, Oyster Leather, 17km



2019 320d SE, Back Leather, Reverse Camera, 18 Alloys, 9km



2019 420d Gran Coupe M Sport, Sports Acres. Carbon Black, Wory Leather, Plus Pack 16km



2019 520d M-Sport Auto Touring. Black, Ivory Leather, M Sport Plus pack, 14km



2019 520d SE Auto, Black, lvery Leather, Digital Cockpit, 12km



2019 X1 18d Sport Auto. Mineral Gory, Skin



2019 X2 18d M-Sport, Misami Blue,



2019 218d SE Active Tourer, Imperal Blue, Black Leather, Wood Trim, 22km



2019 320d Sport, Silver, Auto Transmission, Nov Leather, Hosted Seats, Reverse camera, 17km



2020 320d Sport, Blue, Ivory Leather, Park Assist, Skri



2020 118i Sport, White Sports Seats, LED headinghts, 4km

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162 SEAT Leon FR Diesel, 34KM



191 SEAT Alhambra
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192 SEAT Ateca SE+, 4KM



191 SEAT Ibiza SE Petrol, 18KM



131 Nissan Juke



161 Skoda Fabia



162 VW Tiguan



192 Mazda 3



Petrol, 84KM

1.2TSi, Petrol

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151 Opel Astra

SC 1.3 Diesel



161 Opel Astra SC 1.6 D, 72KM



161 Opel Corsa SC Petrol, 49KM



161 Opel Insignia
Diesel



Petrol, 19KM



181 Opel Vivaro Sportive 61KM



191 Citroen Aircross Petrol, 20KM



171 SEAT Ibiza Petrol 1.0



192 SEAT Arona XC, 1.0TSI, 1KM



192 Opel Combo Life
Diesel, 1KM



171 Opel Astra



182 Opel Crossland SE



171 Opel Mokka X



181 Opel Corsa



192 Opel Grandland X

Saloon, Diesel 10KM SC, 59KM Sri, 8KM 6KM

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## THE AGE CASCADE...

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While menopause can be a difficult : WHAT YOU CAN DO: time psychologically no one need ever know but the physical effects can

Hormonal imbalances and the loss of Oestrogen causes skin to become either tight & dry or oily with Rosacea and teenage breakouts. Most skins will suffer with dehydration from impaired skin barriers and hot flushes do not help. The loss of collagen reduces elasticity and fat cells so skin becomes thinner and sagging and wrinkles can occur, mainly on cheeks and jawline. Skin can become sensitive and wound healing is impaired.

In the first 5 years of menopause

30% of Collagen - 57% of fat cells Skin is 50% thinner HRT (Hormone Replacement Therapy) can minimise side effects of

menopause but is not suitable for

and glowing skin.

- Wear minimum SPF 30 every day to prevent age spots and skin cancers.
- · Book a facial and make a plan to stimulate collagen production and prevent aging.
- Invest in an Eye Cream, Mask, Serum and Moisturiser with results driven
- Retinol to lift and tighten your skin. - Hyaluronic Acid to hydrate and plump out lines.
- Peptides & stem cells rich in growth factors to rebuild & repair skin cells.
- -AHA's remove dead skin cells to hydrate, smooth and brighten skin. -Vitamin C & E for collagen production
- Rich sources of phytoestrogens like ground flaxseeds, soybeans, tofu, beans and pulses may help to balance

## Noreen Mangan

all women.

## Managing change in challenging times

As Ireland continues to reopen, we are being invited to change our behaviour and actions once again. This puts another stress on our system as we seek to discover just what the "new normal" is.

In order to minimise stress and truly thrive in our lives, one of the key factors is being able to adapt to constant changes. The more we try to hold on to what was, the harder it is to accept what IS.

Top 3 Life Coaching tips to help you to navigate this new experience of the "new normal "

1.Instead of fighting with what is happening, say to yourself, "What if this was all completely ok?" This question invites your mind to look for answers based on the idea that all is well.

2. Remind yourself that in order for people, countries and worlds to grow and evolve, sometimes the old ways of doing things need to be dismantled in order to be rebuilt. The key is to apply what we have learnt from a situation and use it to do things differently in the future.

3. Be gentle and kind with yourself & others. This is new, it takes time to adapt. Forgive yourself (and others) for any mistakes or even for being out of sorts. Everyone is doing their best in a changing world. Breathe, rest, and trust it will all be okay.

For more information on my work, training and courses please visit www.astridlonghurst.com and www.instituteforbodyconfidencecoaching.com



Astrid Longhurst
Life & Body Confidence Coach

T: 066 9766374 📑 E: life\_coachingunlimited @yahoo.ie Galvin Physiotherapy

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TIPS TO HELP YOU STAY MOTIVATED





## THE HUNGER SCALES

## THE HUNGER LEVEL SCALE RATED FROM -1-10

6. You are fully satisfied and full up.

- 7. You are feeling past the point of satisfaction, yet you can still find room for a little more. Your body might say no but your mind says yes, so you take a
- 8. Your stomach is starting to really ache. You probably know you shouldn't have had more, but it tasted so good.
- 9. You now feel really uncomfortable, heavy, tired and bloated.
- 10. Beyond full: this is a typical Christmas Day sort of feeling you are physically miserable, don't want to or can't move, and feel like you never want to look at food again. Not a good point to reach!

#### **HUNGER SCALE TIPS**

1. Eat regularly throughout the day

Remember to eat regular meals in order to avoid reaching '1' or '2' on the scale. This tends to happen if you ignore your hunger signals. It can also happen at busy points during the day where you skip your meals. At the scale of '1' or '2' you can experience a loss of control, over eat, make poor food choices, and easily reach a '7' or more on the scale. Here are a few tips to follow if you find yourself at scale '1' or '2': Eat a little bit of something (e.g. a piece of fruit or a cracker) to get up to 3 on the scale. Wait 10 to 15 minutes & see how your hunger level is now. If you'd still rate your hunger as 3, then eat your planned meal. Eat normally until you reach 5 or 6 on the scale.

We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on FACEBOOK, INSTAGRAM & our NEW You Tube channel. Also feel free to reach out to us on the phone 087-7643449 by text or email info@ bwellfitnessclub.com





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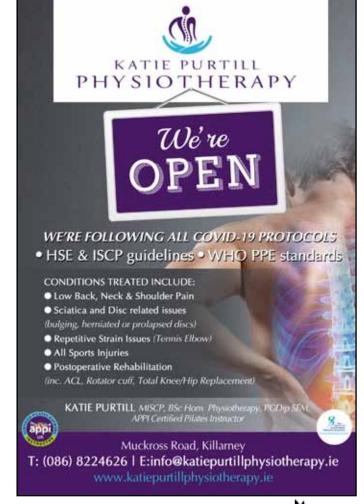


Dr Lynda O'Callaghan



Dr Michael Moloney







The last military operation of the War of Independence took place in East Kerry. It was labelled 'The Great Round-Up,' and it was scheduled to take place in the Clydagh Valley. Jamie Moynihan, a Macroom Volunteer described it as 'The biggest manhunt in the history of the British Army' as it was expected to have a massive impact on the Kerry No. 2 Brigade. The Clydagh Valley was often inhabited by the Irish Volunteers during the War of Independence therefore the British Army suspected it to be a base of operations for the IRA.

The operation was due to take place on 6 June 1921. Much secrecy surrounded The Great Round Up from the British perspective. At the beginning of the War of Independence, a Rathmore native Florence O'Donoghue introduced an intelligence system to benefit the IRA. As a result of this intelligence system the IRA Volunteers in Macroom uncoded a message that was sent from the RIC in Cork City to Macroom Castle. It related to a proposed round up that was expected to take place in the Clydagh Valley. The Macroom Volunteers forewarned their Kerry counterparts of this new information which prepared them for the incoming Round Up.

The IRA had grown suspicious of the British Army in the weeks prior to the Round-Up as there had been an unusual number of spies caught amongst the IRA ranks. 'Clancy' of the Scartaglin company who was secretly a British spy and Old Tom who was executed in the Bog Road ambush were just two of many that were captured and tried. After the Kerry No. 2 Brigade received warning from the Macroom Volunteers, the IRA disbanded to prevent any arrests. They left the Clydagh Valley before dawn and sought safety in the surrounding mountains to avoid being detained.

Before dawn large bodies of British troops moved into every village and town near the Clydagh Valley. The 17th Brigade deployed 990 soldiers and British troops were patrolling the roads between the villages and different side roads to block any escape. The British Army seized the entire valley and every farmhouse located within a 3-mile radius. The troops combed the Valley in search of the IRA however there was no significant captures as the IRA had escaped before dawn. At the end of the Great Round Up, the British Army had imprisoned 100 people however every man who was captured was taken to Killarney in a horse and cart and imprisoned. The prisoners were released shortly afterwards.

To conclude 'The Great Round Up,' it was a complete failure and the operation was branded as the biggest failed military operation of the War of Independence. It showed the poor the Truce was called in July 1921.





## Re-Open for **Business**

## Aghadoe Physiotherapy Clinic

Darren and Joanne Gaffey MISCP Chartered Physiotherapists

We are delighted to be back to welcome previous and new clients who may have been in pain or had issues requiring our expertise over the past several weeks of closure.

At Aghadoe Physiotherapy Clinic, we offer a very much 'Hands-On' approach to treatment of:

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## AY | **13 June 2020** | KERRY





FREE online creative events and workshops for children & young people

POETRY Present Day Poetry - Kerry with Máire Holmes. Young poets have a choice of three themes: MAKING: DOING: CREATING. The poem can be as long or as short as you want. Send it to arts@kerrycoco.ie with Cruinniu Poem in the subject line. Closing date for submission is 1st June 2020.

DANCE DisDance: Catherine Young will curate a series of fun upbeat on-line dance workshops in the run up to the day. Via online Zoom workshops on Tues June 2nd and 9th, this will be an energetic fusion of contemporary dance, hip hop and African dance styles led by Jade O'Connor. Pre-register your interest to arts@kerrycoco.ie with Zoom Dance Registration in the subject line.

VISUAL ART Me and the Moon will host an online workshop where children and young people will have the opportunity to make their own sketchbooks at home using basic materials. Explore different binding techniques, as well as ways of personalising each sketchbook to make it unique. Contact info@meandthemoon for more details.

FILM Young Filmmakers Programme with Mieke Vanmechelen. With the permission of a parent or guardian send an email including your name, age and up to three sentences on an idea you have for a two minute film. Following the selection process, we will contact you to let you know if you have been selected to participate. Register your interest at info@miekevanmechelen.com. Closing date 20th May 2020.

SINGING Tralee Vocal Academy are looking for as many voices as possible to raise the roof in Kerry for this year's 'Cruinniú na nÓg' celebration. Sign up today and you will be sent song lyrics and link to a playlist to practice before the singalong event. For more information email traleevocalacademy@gmail.com. Summer singalong - Disney theme 12-1.00pm; Pop theme 2.00-3.00pm (Zoom entry 20 mins before time).

www.kerrycoco.ie/arts/events-festivals/ https://cruinniu.creativeireland.gov.ie/



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## **Further Education and Training (FET)** courses are worth considering as you ponder your next step



By closing date on Friday, 29th May, 60,035 candidates had registered on the Leaving Cert Calculated Grades Portal. For whatever reason, just less than 1,000 (994) did not register. Some may have decided to wait for the Leaving Cert exam, which could be as late as November. Others may have decided to repeat the Leaving Cert year. I sincerely hope that those who opted out are not young people who have abandoned second level education at the final hurdle.

The focus now turns to finalising course and college applications. Applicants to CAO for a third level course have until Wed., 1st July to finalise their course choices by way of the online change of mind facility. However, because of the ongoing uncertainty, I'd strongly advise hose moving on to also apply for a further education or training course in order to have a number of choices in August.

Further Education and Training (FET) offers a variety of life-long education options. FET includes apprenticeships, traineeships, Post Leaving Cert (PLC) courses, community and adult education as well as basic literacy and numeracy services. FET courses are provided through the Education and Training Board (ETB) network throughout the country from levels one to six on the National Framework of Qualifications (NFQ). PLC courses in the FET system are an attractive alternative to higher education and provide a niche link between 2nd level and 3rd level. The CAO route doesn't suit everybody. Some may not feel ready for 3rd level, others may not have secured a CAO offer or may be unhappy with the offer received. Colleges of Further Education throughout the country offer PLC courses leading to awards at QQI FET Levels 5 & 6 from Quality and Qualifications Ireland (QQI).

A PLC course is ideal for a person who has completed the Leaving Cert and requires further vocational education and training to enhance her/his employment prospects. A PLC course provides students with the opportunity to try i own application process. Entry requirements

out a course before committing to a 3rd level course. It's also tailor made for a student who has completed the Leaving Cert Applied (LCA) and for mature students, who are returning to education. PLC courses are full time, mainly one year, offering a blend of academic work, practical work and work experience. Many PLC courses lead directly to employment. Increasingly, PLC's are used to access 3rd level education. Last year, about 15,650 CAO applicants offered a PLC qualification. This is a very healthy development as it provides an alternative route into 3rd level. PLC courses are available nationwide in Colleges of Further Education. There are a number of

colleges in Kerry providing an extensive range of PLC courses, including Kerry College of Further Education and Training, with four campus locations - Monavalley (Tralee), Clash Road (Tralee), Denny Street (Tralee) and Listowel. Kerry College offers 180 courses and has about 3000 students. Check out its website, www. kerrycollege.ie or email info@kerrycollege.ie. PLC courses are also available at St. Joseph's Secondary School (Ballybunion), Killarney Community College and O Connell Centre (Caherciveen).

Through the higher education links scheme (HELS), the PLC courses, which accommodate over 30,000 students annually, provide an alternative route into CAO courses other than Leaving Cert exam results. Over forty higher education institutions offer a variety of courses to PLC graduates. A PLC course normally involves completing eight modules in the academic year. Students' entry to CAO colleges is then based on a scoring system for PLC awards achieved at Level 5 and/or Level 6 on the National Framework of Qualifications (NFQ). Full details about the scoring system are available on the QQI website, www.qqi.ie.

There isn't a centralised application system for PLC courses. Each PLC college looks after its normally consist of Leaving Cert standard and satisfactory performance at interview. None of the colleges are able to conduct interviews at the moment. Instead some colleges have added a personal statement section to the application form. Mature applicants are assessed on their life's experiences. PLC colleges are now accepting applications so apply immediately as places on the most popular courses fill up quickly. Contact your local PLC course provider, check the PLC colleges' websites or access all the relevant information on www.qualifax.ie or the FET course hub, www.fetchcourses.ie.

#### **CHECKLIST**

- ✓ 60,035 candidates registered on the Leaving Cert Calculated Grades Portal
- ✓ The focus now turns to finalising course and college applications
- ✓ Applicants have until 5.15pm on 1st July to submit a CAO online change of mind
- ✔ Due to uncertainty, it's advisable to apply for a further education and training course
- ✓ FET offers apprenticeships, traineeships and Post Leaving Cert (PLC) courses
- ✔ PLC courses are an attractive alternative to higher education
- ✔ PLC courses provide a link between 2nd level education and 3rd level education
- ✔ PLC courses lead directly to employment in many cases
- ✔ PLC courses lead to awards at Level 5 (Certificate) and Level 6 (Advanced Certificate) from Quality and Qualifications Ireland (QQI)
- ✔ Unlike the CAO, there isn't a centralised application system for PLC courses
- ✔ Apply now to PLC colleges for 2020 entry

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

## MESSAGE FROM BISHOP RAY TO THE LEAVING CERT CLASS OF 2020

On this week, the week when you were to sit your first exam papers, I want to thank you for your contribution to your school over the years. You have contributed in your friendship, in care for each other, in academics, in sport, in music, and in other ways too numerable to mention.

I am mindful of the uncertainty and pressure you each felt over the past two months. It has been very difficult to study on your own day in day out, and difficult also as a class not to have days to bid farewell to the school and to each other. Congratulations on completing the Leaving Cert year. Trust that all will be well with your results and try not to spend the summer worrying and thinking negative thoughts. Be assured that the results will come out in due time and for the vast, vast majority of you, by late October the next section of your path in life will have opened up ahead of you. This can take the form of college, apprenticeship, or whatever other personal option you choose. Trust! Have courage!

2019-20 has been a year of major events outside the school gate: the Brexit saga continued; our country is now 100 days without a new government; all that Covid-19 has brought with it, those long weeks of confining ourselves to our own homes. I recommend to you three lessons that I draw from Covid-19:

- You have all you need to be happy and content today. Find happiness in the present as it is.
- · Together, united with our families and friends, united as a country, we can cope with whatever life throws at us.
- •We are blessed that there are so many wonderful, generous and caring people of all ages locally, nationally and globally.

Bishop Ray



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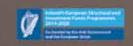
Start dates to be confirmed shortly. Apply early as places on many courses are limited. FOR FURTHER INFORMATION CALL OUR ADMISSIONS TEAM 066 714 9696 info@kerrycollege.ie

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## **DR. CROKES NOTES**

**COVID-19 UPDATE** 

Further to the announcement of the GAA roadmap for Safe Return to Gaelic Games, it is proposed that Club Championship games will resume from July 29th.

The Club Executive will decide on the opening of the walkway around the main pitch.

However we must reiterate that the playing pitches will remain closed until we are informed we are allowed to re-open them.

Furthermore all organised training is still suspended pending resumption of the GAA Player Injury Benefit Fund.

This means that until we are so informed if a player sustains an injury s/he has no recourse to the fund.

#### PHASE 2 – 8TH JUNE

Dedicated GAA walking tracks may be used for recreational use in groups of no more than 4 people Persons using the facilities must be located within the recommended 20km radius Individual training at home incorporating running/aerobic/agility training, resistance training and skills training.

All other GAA grounds remain closed.

No games, or team or small group training permitted on GAA facilities

All clubrooms and dressing room facilities closed. Covid-19 protocols related to training to be developed in line with 'Return to Play' requirements and medical advice.

## PHASE 3 - 29TH JUNE\*

All GAA pitches open. Training to recommence for Adult and Juvenile teams in small groups only (details below) Access to GAA buildings and indoor facilities including meeting rooms not permitted (exception: sanitized toilet facility)

All forms of competition remain postponed; entry to grounds restricted to playing & management personnel only.

Cohort Group 1 (u14 and below) begin training – small groups (not more than 10 players/2 coaches in a designated area of the pitch) for non-contact training under social distancing guidelines – where players can maintain the Govt advised distance from each other (currently 2m)

Cohort Group 2 (15-18) begin training – small groups (not more than 10 players/2 coaches in a designated area of the pitch) for non-contact training under social distancing guidelines – where players can maintain the Govt advised distance from each other (currently 2m)

(Note: Underage groups must be comprised in accordance with the ratios provided for by the Code of Behaviour. Parental or guardian sign off will be required for underage participation)

Cohort Group 3 (adult) begin training – small groups (not more than 10 player/2 coaches in a designated area of the pitch) for non-contact training under social distancing guidelines – where players can maintain the Govt advised distance from each other (currently 2m) The type of training envisaged is Running, Aerobic training,

PHASE 4 BEGINS 20TH JULY\*

## **MESSAGE FROM CHAIRMAN**

Dear member, I hope you and your family are keeping well. We are calling on all members

who have not yet paid their membership to do so in the next week. The outbreak of Covid 19 coincided with the deadline of membership and with the subsequent lockdown many people have forgotten to pay membership at the time. With the reopening of the economy commencing, signs now that we may see football in the next few weeks and reopening the facilities in Lewis Road, we are calling on those that have not as yet paid their membership to please do so now. Membership can be paid online by following the following link: https://member.clubforce.com/memberships\_cart\_m. asp?LL\_ID=734&intMF\_ID=5899#Anchor

or alternatively can be dropped into Vince Casey's office in Newmarket Lane from Monday to Friday.

Membership Fees are as follows; Clear Air Boys €100 Adult Player €70 Student Player €40 Adult Member €50 Married Couple €80 Senior Citizens. €20 Juvenile Player €20 Non Playing Student € 20

#### **LOTTO**

Will resume on Monday 29th June. Full details to follow in next week's notes.

SUPPORT with the economy re-opening we urge members and supporters to support local businesses who were always to the fore in helping the club through the decades.

#### **CONGRATULATIONS**

To senior player Johnny O'Leary and Joan O'Shea on their recent engagement.

## **EAST KERRY GAA NEWS**

By Michael O'Mahony CONDOLENCES

The Board extends its deepest sympathy to families & friends of Louise Rogan (Noonan) Rathmore former secretary of Referees committee of East Kerry GAA Board on death of her husband Michael Rohan and also sympathy following families & friends Pat O'Sullivan Listry, Michael Sugrue Castleisland

Con O'Keeffe Spa Killarney, Denis Lenihan Ballydesmond, Timmy Downey Castleisland . Sympathy also to John O' Leary Munster Council Delegate of Spa Killarney on death of uncle Joe Murphy Australia & his brother in law Sean Murphy Cork & to John wife's Rosarie on death of her brother.

Ar dheis De go rath a anam.

## **MILLTOWN-CASTLEMAINE NEWS**

CÓMHBHRÓN

We were much saddened to hear of the death of Pat O' Sullivan from Coolbane, Listry. 'Small Pat', as he was affectionately known, was a great servant to the community, particularly his beloved Listry GAA Club. We send our sympathy to Pat's sisters Dora and Mary, to his extended family and to all his beloved friends in Listry GAA and beyond. R.I.P. Pat.

#### **GET WELL WISHES**

We wish all those who are sick, particularly those in our own community, a full recovery to health. We also give thanks for all the doctors, nurses and frontline staff who care for the ill.

#### **LEAVING CERTS 2020**

We think of all our Leaving Cert students on

the week, when they were due to sit their first exam papers. It has been a turbulent time for you and your families and we hope you will enjoy the summer-staying positive ahead of your results. If you do not get your desired grades, the classroom door will be open for you to try again next year. Congratulations on completing the Leaving Cert year. Here's to the next exciting chapter in your lives!

We wish all those who have been delivering the curriculum to our students a very enjoyable and well deserved summer holidays. I heard many compliments from both parents and students about the teachers in our schools - regarding their enthusiasm, creativity, dedication and diligence. Well done to you all.

#### **KERRY FAMILIES WANTED:**

Ireland's Fittest Family is a competition reality show where families from all over the country compete against each other for the chance to win €15,000 and the title of 'Ireland's Fittest Family' ,while being mentored by a panel of respected coaches, Davy Fitzgerald, Derval O'Rourke, Anna Geary and Donncha O'Callaghan.They are back for their eighth year and are currently looking for families for the brand new series. If you think your family is up for this challenge, then follow these links to find out more. rte.ie/irelandsfittestfamily

https://www.facebook.com/RTEOne/posts/3892657807474697

#### **RACING CHAMPION**

There was much excitement at the weekend when Oisin Murphy, son of Milltown man Johnny Murphy, The Bridewell and Maria Culloty, won the 2000 Guineas at Newmarket, on board 'Kameko'. It was a thrilling race from start to finish. Despite the racing being behind closed doors due to Covid-19 restrictions, it did not take from the occasion with Oisin expressing his sheer delight in the winners enclosure saying it was the "the stuff of dreams". Well done Oisín, we wish you continued success.

## **WASHABLE FACE MASKS**

Siga' Sewing & Ironing, at 7 Bridge Street Milltown is providing a wonderful service making masks for all those in our community and beyond. As we all try to resume a normal life, coming out of Lockdown, we are being advised about the importance of wearing masks. Siga has a vast selection of fabrics available - which can be viewed on her FB page. She can be contacted on 0862326458 for further details.

## **NEW BABY**

Congratulations to former underage player Jerome Twiss and his partner Jade on the birth of their baby boy-Jacub James last week. We wish you many happy fun times with your new baby.

## **BACK TO WORK**

We wish all those returning to work this week the very best. For businesses, we hope you will be rewarded for all your endeavours in complying with the Covid restrictions and guidelines for the betterment of all. We encourage all to shop local, support the smaller businesses and most importantly of all -Bí cúramach! Stay Safe!



Spa Senior Ladies team was established in 2011 and in their first year they were crowned with the Ladies Co League Division 2 Shield and were 2011 Junior C Champions Back L-R: Paul Russell (selector), Liam Courtney (manager), Alice Culloty, Karen Smith, Mairead Finnegan, Liadh Tobin, Karol Fleming, Amy Cronin, Eimear Tangney, Anne Holland, Laura Herlihy, Niamh Cahill, Katie Gleeson (captain), Mags Cronin, Eimear Courtney, Norrita Cronin, Anne Marie Healy and Andrew Garnett (trainer). Front L-R: Aoife Hickey, Miceala O'Connor, Kerry Holland, Sarah Courtney, Olivia Dawson, Rachel O'Sullivan, Joanne Lynch, Sinead Cronin, Cassandra Buckley, Katie Hickey and Niamh Cronin.



In 2011 Spa player Pa Murphy organised a Head Shave to raise funds fortwo worthy causes, St Luke's Hospital, Dublin for Cancer Research and for Parkinsons Disease. Front L-R: Saoirse Holland, Ann Mangan, Kieran O'Leary, Pa Murphy, Aidan O'Mahony and Eoin Brosnan Middle L-R: Donnchadh Walsh, Sean Moynihan, Seamus Scanlon, Pat O'Neill and Paul Russell Back L-R: David Geaney, Alfie Giles, Conor Gleeson, Niall O Mahony, Kevin Healy, Anne Holland, Sean O'Sullivan, Ivor Flynn and Killian Young.

## **SPA GAA**

## FR MICHAEL O'DONOGHUE'S GOLDEN JUBILEE ON JUNE 14TH

Fr Michael O'Donoghue will be celebrating his 50 Year Golden Jubilee of his Ordination to Priesthood this week. Under current restrictions, the celebrations must be postponed but tune in to 10am mass at Holy Trinity Church, Newark, UK on Sunday June 14th and celebrate this wonderful occasion with him. Visit http://www.holytrinitynewark.org.uk/

## **CLUB REGISTRATION REMAINS**

#### **OPEN ONLINE**

Registration for 2020 remains open online for the moment on spagaa.com. Anyone who has not registered yet is asked to do so as soon as possible before the club re-opens shortly. With limited access to GAA grounds going forward, only registered members/players will be allowed to access the walking track, playing pitches etc as all persons on the property will need to be signed in and out with certain checks on arrival and departure. We will announce shortly a date for re-opening for members.

#### **SHARE THE POT**

SHARE THE POT is a new ONLINE club draw put in place during the pandemic, while our regular lotto is still suspended. The concept is simple: Buy a ticket for €10 to enter four draws (€2.50 into the pot for each draw). Every two weeks, there will be a live draw online and Spa GAA club and the winning ticket will split the total in the pot 50/50! First draw will take place LIVE on our club facebook page this Friday June 12th 2020! \*\*The usual Spa Lotto remains suspended for the foreseeable future and the expiry dates of annual tickets and online tickets will be extended to compensate for weeks when Lotto is not held.



#### **RE-OPENING OF SPA GAA**

It looks like we'll have a return to GAA before long! Following the national guidelines set out on Friday, the GAA have announced possible return to training before the end of June, club competition returning before the end of July and inter-county championships starting in October! Details to be confirmed shortly on the re-start of activity in Spa but important to note that access to the club grounds will be strictly limited and ONLY registered club members will be allowed on the pitches, walking track etc when we are open.

#### **VOLUNTEERS AVAILABLE**

While Phase 2 commenced this week, we want to remind people that help is still available if anyone needs it, both through the Club and the Community Volunteer programme. Kerry Community Volunteers (tel 1800 807 009 / text 50555 / email covidsupport@kerrycoco.ie) OR to contact the club directly: Club Secretary (0876332773), Michael (0858213027), Conor (0872565142) or Deirdre (0851216359).

#### **SPA ARCHIVES**

Thank you to everyone who is sending in photos, programmes, newspaper clippings etc of Spa over the years! We are going through our history of teams, events and members over the years, and they can be found on our website (spagaa. com) or our social media pages (Facebook, Twitter and Instagram). If you have any old photos, newspaper clippings, programmes etc, please send them on to 0851216359 (text or what's app), email pro.spa.kerry@gaa.ie or private message our Spa social media pages.

## **GOOD LUCK TO ALL BUSINESSES**

#### **RE-OPENING**

As Phase 2 begins this week, we want to wish the best of luck to all businesses that are re-opening. A lot of work is needed to get the country back up & running and we are asking everyone to Support Local Business.

## LIBRARY RE-OPENING

As part of the Phase 2 re-opening, Killarney & Tralee libraries will open this week, but they have a 'Call & Collect' service only. Library users who wish to avail of this service can contact the library on 0646632655 or Killarney@kerrylibrary. ie and they will be allocated a day and time of collection. Books, CD's & DVD's currently on loan may also be returned as part of this service.

## KERRY LADIES FOOTBALL UPDATE

Kerry LGFA have announced that they are committed to providing meaningful competition at all age groups for 2020. A fixtures program is currently being finalised by the fixtures committee and will be emailed to clubs no later than Sunday 14th June

## **ITEMS FOR NOTES**

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.



Stay Local - Stay Safe



## KILCUMMIN NEWS

## **KILCUMMIN GAA**

Our walking track is now open under strict Covid 19 restrictions. There are also GAA guidelines in relation to the safe operation of the facility. Opening hours are 10 am to 12 md and 6.30 pm and 8.30 pm under strict supervision. The playing surfaces are closed and anyone attempting to enter them will be removed from the facility. Lets do this the right way and the safe way.

## **PARISH OFFICE RE-OPENS**

The Parish Office is open at the usual hours of 10am to noon on Tuesday, Wednesday and Friday. Anyone wishing to hand in their Weekly Envelope contribution or Trócaire donation may do so at these times. Mile Buíochas YOUTH SURVEY

North, East, West Kerry Dev. are inviting people aged 15-24 who are living in Kerry to participate in a short survey is for NEWKD. The Youth Employment Initiate Service want to find out about the impact the Covid - 19 crisis is having on your life and what we can do to help. This survey is completely anonymous & takes only 2 minutes to complete. Click on link below to access it! If you would like to be entered into a competition to win €30 phone credit, like NEWkd YEI Service Youth Employment Service page & tag a friend. Thanks in advance for taking part.

## **MENTAL HEALTH IRELAND**

There are some terrific resources on Mental Health Ireland website https://www.mentalhealthireland.ie/get-support/

covid19/#family-wellbeing. Well worth checking out & sharing with family & friends KILCUMMIN N.S. JUNIOR INFANTS ENROLMENT 2020/2021

Written by: John Moriarty

If you know of any child who intends to start Kilcummin National School in September 2020, please advise them to contact Kilcummin National School by email at kill43163@ gmail.com. Enrolment application forms are now available. Book lists and other relevant information will be forwarded by email, due to the government directed school closure. We look forward to hearing from you. Keep well and safe.

## RATHMORE | GNEEVEGUILLA NEWS

## Written by: Michael O'Mahony | Email: momahony14@gmail.com

#### **CONDOLENCES**

SYMPATHY: To Mary Casey, Shinnagh, on the death of her brother, Brendan Tangney, Listry, who passed on Saturday 23rd May. To Patsy Dineen & family, Old Chapel, on the death of her father James McNeice, Killarney who passed on Sunday 31st May. To Pat Lenihan, Scrahanagullane, Brendan Lenihan & Joan Crean, Sliabh Luachra Estate on the death of their brother Denis Lenihan, Barna, Ballydesmond who passed on Wednesday. 3rd June. Mary Ann Cosgrave (Moynihan) killarney formerly west end Rathmore Michael Rogan husband of Louise Noonan (Rogan) Gortdarrig Ar dheis De go rath a anam.

## **RATHMORE COMPANY HAS YOU COVERED**

Sapphire Signs in rathmore has a range of new products and services to help businesses re-Open. They have in stock freestanding counter units with protective screens (including a pass through hatch which ensures protection of staff and customers, These can also be custom made to suit counters and desk specifically using clear polycarbonate and acrylic. Sapphire Signs is also manufacturing floor signs that can that can be removed in time without leaving much glue. They go on virtually all floor types including a specific product they have for carpet. All have anti slip lamination. For outdoor floor makings they have bibond stencils for painting through with social distancing messages' queue have, 2M'etc and also stock various corriboard signage with HSE guidelines, sanitisers station and hand washing guidelines.

They are also manufacturing lightweight portable screens on wheels for where aisles or areas need to be divided but not permanently. For examples in hairdressers they can divide seats and in shoe stores customers feet can be measured by staff members while both their faces are protected by the screen.

**PARISH OFFICE** - (064) 7761669 or rathmore@ dioceseofkerry.ie

Office hours are limited BEHIND CLOSED DOOR but we continue to produce the weekly newsletter to keep in touch with all



Tommy O'Connor pictured in the trees at his grandparents home in Kilcummin. Tommy hadn't seen his nan and granda Tom and Eileen O'Sullivan for almost 10 weeks due to COVID-19 Lockdown.

our parishioners. Booking of Masses, Mass Cards, ads or notices for Community part of Newsletter or any query and we will get back to you. You can leave a message on phone, email or in postbox.

NEWSLETTER IN ALL LOCAL BUSINESSES AND ONLINE IN DIOCESE OF KERRY AND RATHMORE PARISH WEBSITE www.rathmoreparish.ie

## **RATHMORE PARISH**

The CHURCHES FOR PRIVATE PRAYER AND VISITS FROM 11-6pm.

The safest way to visit a church at the moment is: "Walk around, stand and pray, don't sit down and touch nothing."

We are delighted to announce that all churches in the parish are opening for private visits.

Please observe and strictly adhere to the following guidelines which will be posted on signage to each church:

- Please practice strict social distancing at all times, on Church Grounds and within the Church.
- Please follow the instructions regarding entry to and exit from the Church.
- Use hand sanitisers on entering and exiting the Church.
- As far as possible do not touch surfaces.
- Follow the arrows which indicate movement flow within the church.
- Be understanding and polite when offered guidance on safety issues.

**THANK YOU:** we wish to sincerely thank and am very grateful to parishioners who have responded so generously

to the Parish finances at this very vulnerable time for all. Let us continue to look out for one another and find ways to be the loving embrace of God to our neighbours.

We are all in this together but apart. Stay safe – Stay well and Stay in touch.

Fr. Pat (086)8351732

**CARE OF OUR CEMETERIES:** Given the limited numbers who are allowed to attend funerals, it was never more important to keep our graveyards in the best possible condition. For the most part, it is volunteers who do this work, and we ask you for your support as

this work, and we ask you for your support as well.

- 1. If you do some cleaning in your family plot, please please please take any rubbish or debris home with you.
- 2. If you go for a walk in the cemeteries or visit the family plot – and you see any bit of rubbish or debris please pick

it up and take it home with you.

3. Particularly in Rathmore cemetery, we are trying to keep the grass mown frequently. If

## **COMMUNITY FOCUS**

you would be willing to

adopt a little piece of the cemetery, we would be very appreciative. -To volunteer please contact the Parish Office (064)7761669 or Fr. Pat (086)8351732 Thank You

THESE CHALLENGING AND ISOLATING TIMES FOR ANYONE WHO NEEDS HELP, SUPPORT OR EVEN A CHAT - CALL ST. **VINCENT DEPAUL RATHMORE BRANCH ON** 087 3462332

Illegal Dumping: All illegal dumping on our roadsides and countryside should be reported to Kerry Co. Council on 066 716 2000. Freephone: 1800 326 228. You can also download the app "See it Say it" to your mobile phone and report any illegal dumping there and then. Your help to curb this unsocial activity will be greatly appreciated.

#### **HELPFUL CONTACT NUMBERS:**

Jigsaw Kerry: (Young Peoples Health in Mind) Contact 066-7186785 Email: kerry@jigsaw.ie

Pieta House: Contact 01 6010000

or www.pieta.ie

**COVID-19 SUPPORT LINE FOR OLDER** PEOPLE: ALONE has launched a national support line and additional supports for older people who have concerns relating to COVID-19. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024.

AWARE: (Depression Support) Helpline on 1890 303 302 Website at www.aware.ie

Samaritans: Contact 116123. Web samaritans.org

Senior Help Line: Are you feeling lonely? Are there days when nobody calls? Would you like to share a worry? Call 1-850 440 444 mornings: 10.00am to 1.00pm, evenings: 7.00pm to 10.00pm seven days a week. You will be talking to an older person who will welcome your call. Cost is the price of a local call.

he Rathmore Social Action Group will continue to run Our Meals on Wheels Service, which is a

vital service especially at this difficult time. To avail of this service, please call Norah / Marie on 064 77 58588. These meals will be dropped

to the door of the person's home. We will help to deliver this service to as many as we can.

JOIN US FROM ST. JOSEPH'S CHURCH RATHMORE FOR DAILY MASS THROUGH **OUR PARISH** 

**Television Streaming Service** 

Streamed Mass Schedule Rathmore www. mcnmmedia.tv for further information contact www.Rathmoreparish.ie

#### **NOTES**

if you would like to add to the notes, please email Michael O'Mahony (momahony14@ gmail.com)or ring or text 087--6676817. before 6pm Sunday.

## LISTRY NEWS

#### **DEEPEST SYMPATHY**

Listry GAA and community would like to send deepest sympathy to Fergus, Francis, Lily and Sean Clifford on the recent death of his brother Barry Clifford RIP, Castlecove. Also to his wife, Anne, his sons, his mother, his brothers and The extended Clifford Family, friends and neighbors. Ar Dheis De go raith an anam.

Deepest Sympathy on the recent death of Pat Sullivan RIP Coolbane, Faha to his two sisters Dora and Mary, extended family, neighbors and friends. Small Pat was a dedicated member of Listry GAA, former trainer, sponsor and loyal supporter of the club attending all the matches. **48HOUR RELAY/WALK** 

Our community has suffered immensely in the last few years at the hands of cancer and other sickness. Listry GAA held a 48 hour relay/run/ walk over the June Bank Holiday weekend. We like to thank our organizers, Anthony Kennedy and Derry Ahern, the support of the senior players, the community of Listry and also globally from California to Australia. As a club we are truly grateful of all the time, dedication and effect everyone made for our two chosen charities, Kerry Hospice Foundation and Kerry Cancer Support Group. We are delighted to say we raised €13,417 we are truly grateful to everyone who donated, it was gone well beyond all our expectations. Thank you from Listry GAA.

**Written by:** Anne Sugrue O'Brien

## CASTLEMAINE NEWS

## **NOTES NOTICE:**

If people out there have anything they would like mentioned in the weekly Notes section for the Castlemaine area please do not hesitate to email daracastlemaine@yahoo.com or phone/ text 0862688674 prior to Monday of any week.

## **MEITHEAL SUPPORT FOR PARENTS LOCALLY...**

Juggling your child's and family's needs can be a little overwhelming from time to time but the good news is that there is assistance our there locally...

One of the ways in which Maine Valley Family Resource Centre works with families is by using the Meitheal approach. Meitheal is an old Irish term that describes how neighbours would come together to assist in the saving of crops or in other tasks.

Families together with our Family Support Worker identifies a child's and their family's needs and strengths and then brings together a 'team around the child' with an interest in the child's life, supporting them in their daily needs and developing their strengths.

If you feel that this approach could help or maybe you have other issues that you need support with, please contact Anna Breen our Family Support Worker to have friendly chat. You can contact Anna on 087 3694169, send a text and she will call you back or alternatively send an email to annafsw.mainevalley@gmail. com. She would love to hear from you!

## **KEEL CASTLEMAINE EMERGENCY DELIVERY SERVICE**

066 7174066 (no text messages)

Keel/Castlemaine Community volunteers working with local businesses are very much aware that the recommended restrictions on movement as a result of the coronavirus pandemic may cause problems for some members of our community in the coming weeks.

In order to minimise problems, we as a group of volunteers are putting in place a collection service for prescriptions from Milltown pharmacies and a delivery service for local businesses and drop them to your house. This service will be manned from 1PM to 4PM, 7 davs a week.

If you need to use this service, we ask that you telephone your prescription through to your pharmacy by 1PM and pay for it by card

## Written by Dara O'Connor

if possible as our volunteers will not under any circumstances ask for or accept cash. If you then telephone 066 7174066(no text messages) and speak to our coordinator we will do our best to collect the prescription and deliver them to your house by the next day or sooner. The same will apply for food/fuel delivery as needed. It would be of great help if you could have your eircode to hand.

Note that this is a free/confidential service and at all times our team of volunteers will respect people's privacy and when delivering we will keep a safe distance to minimise the possibility of spreading the virus. Also note our volunteers will never ask you for nor accept cash.

We believe that as a community, working together and supporting each other, we can help to relieve one worry from our friends and neighbors and get back to our normal daily lives as soon as possible.

We would be grateful if you shared and communicated this post so it reaches those that may need help, especially those not on social media. If anyone wishes to volunteer please contact Ger on 087 6761740.

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

## **FOSSA NEWS**

#### COVID-19

It is more important now than ever that Fossa GAA members pull together and look out for the people in our community most affected. If anyone feels isolated or needs help, please do not hesitate to make contact. #ninesquaremiles #GAA.

#### **ROAD MAP TO GET BACK PLAYING**

June 8th walking areas open.

June 29th GAA PITCHES reopened small groups training permitted.

July 20th outdoor training is permitted.
July 31st club comps can resume.

August 10th indoor facilities can Reopen. **CONDOLENCES** 

The club would like to extends it sincere condolences to John Carlton and family on the passing of John's Dad, John Carlton, Ballincollig.

Written by: Shane Kelly

May the sod rest lightly on his gentle soul. The club would also like to pass on our condolences to the McNeice family Fair Hill, Killarney, On the passing of Mr.James (Jimmy) McNeice may he rest in peace.

## **OUTLOOK GOLF**

## **DEERPARK PITCH & PUTT CLUB**

#### **BOOKING TEE-TIME**

Following the announcement of Phase 2 being initiated in the re-opening of the country we wish to let everyone know that we are now returning to more traditional hours for the summer months, namely 12pm-8pm (weekdays) and 12pm-6pm (weekends). Play is still confined

to 'members only' for the moment and must be booked through Aidan O'Donoghue (086 3364705) in advance. Unfortunately, club competitions will not be resuming in this phase as previously thought but we do welcome back members from further differences to play again.

#### **MEMBERSHIP**

Please contact either Aidan or Margaret B Looney (087 9265747) for more information regarding same. Costs are- Single Adult: €135, Family (two adults and three children under the age of 18): €240, U16/OAP: €80. Membership valid until March 1st 2021.

# "The stuff of dreams - you couldn't make it up"

No victory has ever meant more to me, says Oisin Murphy after a first Classic victory aboard Kameko in the Qipco 2000 Guineas

While there were no spectators at Newmarket last Saturday, it didn't stop Killarney jockey Oisin Murphy celebraing his first Classic victory aboard Kameko in the Qipco 2000 Guineas.

The champion jockey celebrated with several air punches followed by an almighty shout as he crossed the line.

Speaking on Racing TV following the win, Oisin Murphy said: "It is an incredible feeling and I can't put it into words. For Andrew Balding, for Sheikh Fahad – these are the people I started with. He is a son of Kitten's Joy, who is the same sire of Roaring Lion who was special to me.

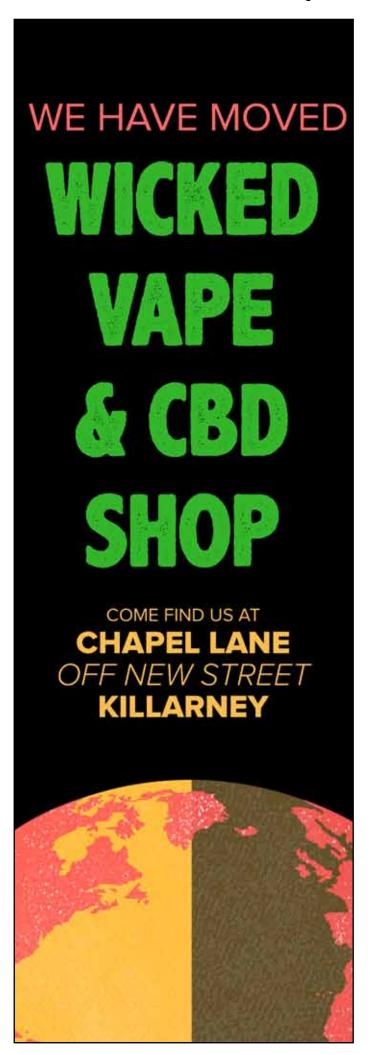
This is a massive thrill. It's a bizarre experience, but I promise you I didn't feel any less elation than if there had been 500,000 people here





Congratulations to Jacqui Tangney who took part in a virtural dip last weekend to raise funds for Aoibheann's Pink Tie the national children's cancer charity. Almost €100,000 was raised countywide in the challenge.











## JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

## GETTING BACK TO BUSINESS

Society is not back to normal, or anything like it, but it's a lot closer to normal than it has been since St. Patrick's Day. We aren't back yet, but there is real light at the end of the tunnel. We have taken a massive step forward and we are on the right road, but sports is not back yet, and clubs in all codes need to remember that. The phrase "keep your eye on the ball" has never been more relevant. I've taken a look at some (not all!) the major team sports in Ireland as the begin the return to action.

Club grounds are open for walking. Groups of up to 15 can train outdoors or up to 6 indoors while following social distance protocols. That's an important distinction. Sports, who are anxious to keep everybody on board, won't be imposing too many sanctions for breaches but every sport and every club needs to have a conversation with their insurance broker asap. Horse and greyhound racing is back (and Killarney, thankfully, is prominent on the calendar from July 7th), but without spectators. It's not the same, with a ghost-like atmosphere, but it's something that fills a void - and, being honest, puts a little bit into fairly empty coffers. Saying that sport is important economic business is no insult, it's a key element and an important one for society as a whole.

Of course it's better if things can restart sooner. Not just sport, everything. I live in a tourism town in a country where tourism is second only to agriculture economically and whose biggest economic partner, the UK, is going through the worst mid-life crisis I have ever seen. Electing Boris Johnson Prime Minister was the political equivalent of your school principal buying a leather jacket and a Harley Davidson. Ireland as a country currently can't agree on a Government. I am impressed by and grateful for the hard work and good decisions by the interim Government under Leo Varadker, but they are unelected representatives. And the reality is that the incoming Government is going to have to face the reality of the disastrous financial aftermath of a global pandemic. Every sector of the economy is already looking for Government subsidies, grants, and tax exemptions, while income for basic services is at an all-time low. It's like trying to fill a bath tub with one glass of water.

It also has to be said that all of this comes with a caveat. A number of medical practitioners have warned that there is a very real risk of a second wave of infection that would re-set everything back to square one. That light at the end of the tunnel? It could still be an oncoming train...



## **GAA**

The GAA is planning for an 11 week window from July 31st for club competitions. Kerry has an extra complication to a lot of counties because our club and county championships have a huge overlap of players. Then there is the issue of inter-county players - the Kerry team will be understandably anxious to get back up to speed with group training. Oh, that's not supposed to start again until September 14th....give over. Every single county out there is going to ignore that imaginary deadline. "Everybody can travel within their own county, and teams can train together, but inter-county teams can't train". That could only make sense to some-one who took the wrong medication at a Woodstock concert. There's a tightrope to be walked there by the County Board.

County Chairman Tim Murphy recently mooted the idea of club games being pay per view. There's no problem technologically – the likes of John C. O'Shea, Seán Kelly, and Edmond McSweeney locally and Christy Riordan in South Kerry and many more are fully capable of doing that. Economically I don't see it working, though. I come from a large and close family. At my club's championship games, there's usually at least 6 of us there - not just to watch the actual football, I love meeting with family and friends and having the craic. Sport is very, very much a communal event. So if we are watching it on pay per view, there's a group of us watching in each others houses. Exactly how many subscriptions are we going to purchase? The number of ppv subscriptions for the likes of English Premiership, NFL, and MMA (Conor McGregor has retired - for the third time. Hohum, twitter is not exactly a-buzz this time) events dwarfs the actual attendances - but anyone who thinks that Kerry club games can compare to that might again want to re-think that Woodstock medication.

The inter-county championship is planned to commence on October 17th. Exactly what sort

of championship hasn't been decided. There was a real opportunity during this enforced break in activity for Central Council to examine the enormous white elephant of the fixtures schedule and the crazy expectation levels on elite younger players at the cost of club activity, but ....well, that opportunity has passed by unheeded.

It's reasonable to expect that the latter stages of the championship, at least, will have supporters in attendance. Croke Park is currently planning on installing bucket seats on the terraces to ensure social distancing is maintained. With a 2 metre distance in place, they are hopeful of a paying attendance of 21,000. They have said that with a 1 metre distance, it would be doubled to 42,000 (apparently, we needed help to do the maths on that one). That's a difficult balance between economic and medical necessities for the Government.

The GAA have very much taken the lead in how Irish sports organisations have handled the pandemic. Uachtaráin John Horan has implemented and pushed for many decisions that I disagree with completely in regards to the direction of the GAA, but he has been an absolute superstar in all of this. I only hope that he and Central Council remember how many games have been won or last by a goal in the last few minutes (actually, according to soccer analyst Ford Bohrmann, in soccer the last five minutes of the first half are fractionally more crucial). This is no time to drop the ball. Let's hasten slowly, as the Romans used to say between feeding the lions.

## **RUGBY**

Rugby has also handled this crisis commendably. In fact, New Zealand, where Prime Minister Jacinda Ardern is one of the world's most popular leaders right now (she's highly intelligent, compassionate, happily married, good-looking, competent, young, and



non-racist. In other words, the exact antithesis of Donald Trump) is the first country to declare itself free of coronavirus. And yes, they applied a two metre distance. They also have a 'travel bubble' agreement with Australia that looks like an optimum model for Ireland to follow, though I am no expert on such things.

Live rugby, with crowds, started back this weekend in New Zealand. Obviously, we aren't there yet, but it's a real ray of hope for all of us. The IRFU are currently processing Club Continuity Fund applications and are currently working with clubs on diversifying and maximising revenue streams.

Rugby worldwide under re-elected President Bill Beaumont is still gearing up for some fairly drastic changes. They are anxious to expand the sport globally and synchronise all national calendars. Key ideas being mooted include moving the Six Nations start from March to April and changing the date of the Lions Tour of South Africa scheduled next year (contentious, with many tickets already sold). Ultimately, the idea is for test matches between teams from the two hemispheres to swell the international coffers in the hope that it will trickle down to the grass roots.

## SOCCER

The FAI, despite their many, many travails of recent times, have shown a lot of common sense for once in delaying the resumption of team training until this coming Monday so that teams can put in the necessary health and safety protocols. European qualified League of Ireland sides Dundalk, Shamrock Rovers,

Derry City and Bohemians have already been allowed back training and the current plan is for them to play off in a tournament in late July, early August as the resumption of competitive soccer. The FAI are anxious to complete the domestic season, in line with most of Europe, but the simple fact is that clubs are heavily dependent on gate money. It would cost them too much behind closed doors.

The League of Ireland, even more than the GAA, is very heavily dependent on gate money. The FAI, whose main revenue stream was the Irish international team, have never invested in developing or promoting the domestic league. In fact, it was a threat to an Executive content to milk the sport for as much personal gain as they could get - infamously, the financial reward for winning the League of Ireland was just one third of John Delaney's salary before expenses. The truth is that audiences aren't big for domestic games and there isn't a big market for sponsorship. Three have withdrawn as national sponsors and that, unfortunately, is a massive hole to fill - fewer companies have the money to compete and even less will want to be associated with the FAI given recent governance issues.

The ill-timed letter by Nixon Morton to FIFA and UEFA (not exactly bastions of probity themselves, thanks to the likes of Platini and Blatter) complaining about control of the FAI being ceded to independent directors was a spectacular backfire. Most people, including the vast majority of Irish soccer supporters (FF TD Marc MacSharry is an exception), immediately pointed out that, given the appalling failures while the FAI governed its own finances



and the current complete dependence on government funds, independent directors were much preferable to internal sovereignty. But it's another blow to the credibility of the FAI, and one they didn't need right now.

## **BASKETBALL**

Basketball Ireland has set up a 'Return to Play' Group chaired by BI Director Charles Higgins to examine the road to resumption. Basketball is predominantly an indoor sport in Ireland and very few clubs own their own grounds, so they face particular challenges and, wisely, are working on different approaches for the different levels and grades in the sport. The League and Championship are over, fortunately (even if Tralee Warriors were treated very unfairly in the finish after a BI administrative error) which gives them some time. The juvenile leagues weren't completed, but St. Pauls U12 Girls, coached by Padraig Weldon, made the remarkable achievement of a Kerry/ Cork double.

Congratulations also to Seanie Burrows on being inducted into the Kerry Basketball Hall of Fame. Seanie and his brother Bruddy were ever-presents on the Na Misteallaigh and Kerry basketball teams of the sixties and early seventies. They were on the Kerry team that defeated Dublin to take the National title in 1969, and Seanie joined Killarney's Paudie O'Connor in making it a senior/minor double the same day. The pair were also noted gaelic footballers who won All Ireland minor titles together and a County title in 1965. Seanie was a mainstay on the Kerry team from 1965 to 1968.



Killarney Athletic U15 -2019/20 League Runners Up.

## **KILLARNEY CELTIC**

The Celtic Lotto is suspended for the moment and therefore there will be a payment freeze for all those who support the lotto through yearly payments. Please contact Der on 086 378 7738 for more details.

#### **LEAGUE**

The 2019/20 Kerry Schoolboys/Girls Leagues have been been declared over due to the Corona virus. Killarney Celtic thanks all our coaches and players for their efforts thoughout the season and congratulates those squads that have gained league honours. There will be no cup competitions this season.





## OUTLOOK SPORTS

## **MUCKROSS ROWING CLUB**

**PHASE 2 RETURN TO ROWING** 

The week in sport got off to a positive start as Phase 2 of the government's roadmap took effect with further easing of public health restrictions. Outdoor sports groups up to 15 people are now permitted which has enabled an increase in our training groups on water and on land while members living beyond 5km of the boathouse have also made a welcome return. During this phase, social distancing continues to prohibit the general return of crew boats so rowing on the lake has mostly continued in single sculls. Larger boats are only permitted for rowers from the same household. It is a major boost to be back out on the lake in greater numbers and we can hopefully look forward to further activity in the phases to come.

#### **ROWING IRELAND UPDATES**

An update on the governing body's protocol for return to rowing is due to be released before this weekend, to reflect the government's revised measures for Phase 2. On Tuesday next, June 16, a decision is also to be made on the staging of an Irish Championships Regatta or Festival of Rowing in September.

## **KILLARNEY RUGBY CLUB NEWS**

PITCH MAINTENANCE FUNDRAISER:

It is a tribute to that the hard work that has been put in over decades of building up the club and its facilities that Killarney Rugby were able to host Munster for an open training session last September. The hard work had come to fruition and that the pitches were now good enough for anyone. Since then, with well over 100 minis, 5 youth teams and 3 senior teams the pitches have seen a lot of action - at times hosting 3 games on a Saturday and 5 games over a weekend. Not just league games but visits from clubs in Cork, Limerick and Tipperary. Now at the end of the season, it is the time for maintenance work to bring the pitches back into top condition.

In the current climate, however, it hasn't been possible to run the club's usual fundraisers such as the golf classic. So, without support from players, parents and the wider community the work that needs to be done now can't be done. Our goal is to raise enough funds to keep the pitches in top condition and honour all hard work by so many volunteers over decades.

Your ongoing generosity is really appreciated by the hundreds and hundreds of our underage

and adult players (and those from other clubs) who train and play on these pitches.

To support the Summer Pitch Maintenance fundraiser please check out our Facebook page for the gofundme link or contact any of our committee. Thank you.

## **USED CLOTHES FUNDRAISER:**

We need your used clothes, paired shoes, belts etc and will have a collection point at the rugby pitch on Saturday the 20th of June between 10am and 1pm. For details please give Fiona a shout on 087-2304689.

#### **SUPPORT OUR SPONSORS:**

With the country now entering Phase 2 of the reopening of the country, we would appeal to all to support our local businesses as they rebuild following the COVID-19 pandemic. Every business in Killarney needs our support and we would appeal to our members and wider population to make a special effort to support your local business.

Well known Couple, Mike and Noreen Marshall, of Muckross Grove, Killarney, renowned for their logistical skills organising car rallies and outdoor events across the Country, celebrated the 50th wedding anniversary with their family at the weekend. from left, Philomena Marshall, Kieran Marshall, Louise Marshall, Nicole Marshall, Dylan Marshall, Elodie Healy, Rebecca Healy, Patricia Marshall-Healy, Grace Healy and John Healy. PHOTO: VALERIE O'SÚLLIVAN





The induction video saves on time, cost and face to face contact for employers when they are returning staff to the workplace.

It also ensures that the employee is professionally inducted on Covid-19 workplace protocol and is backed up with all the necessary advice and guidance on the return to work form, Covid-19 Response plan, worker representative checklists, control measures, dealing with a suspected case and cleaning & disinfection checklists as approved by the Health & Safety Authority, who will be carrying out compliance inspections. This provides safety, compliance and peace of mind; for employers, their staff and customers and in turn helps protect the business, the economy, jobs and the health of the general public. We continue to support our clients with employment law support and payroll management & wage subsidy scheme support throughout this time. Damien McCarthy is also a mentor through the office mentor programme with the Kerry Local Enterprise office.

To help reassure your staff and the public, contact us today. We look forward to hearing from you.

#### SPECIAL OFFER!

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Damien McCarthy Assoc. CIPD 086 - 1936752

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.

| HR Consultancy | Payroll outsourcing | Employment Contracts Policies & Procedures | Performance Mgt.

## Vacancy for RECEPTIONIST

A vacancy has arisen for the position of receptionist in a Killarney based accountancy practice.

We are primarily interested in applicants seeking a position for three days a week initially. This may become a fulltime position over time. Standard terms and conditions will apply.

Applicants should be motivated and capable of fitting into and working with a team.

Remuneration will be at least €11 per hour.

Applications, including CVs' should be forwarded to P.O. Box 90620 Outlook Magazines, Walsh Colour Print, Castleisland, Co Kerry

Closing Date for applications is 26th June 2020.



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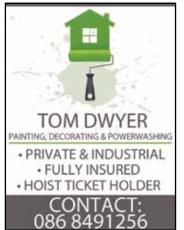
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# A PARISH SAYS GOODBYE

## TO ONE OF THEIR FAVOURITE SONS



**♦** his week marked a hugely sad occasion in the history of Listry parish as we said farewell to one of our most loved characters. Pat O'Sullivan of Coolbane, affectionately known by us all as "Small Pat", was laid to rest in Churchtown cemetery after mass in his beloved Listry this morning. They say to be recognised by your community and wider world in by single name is the ultimate sign of your status or esteem in which you are held, a mononymous person. Pat would have got a good laugh out of that, as he never sought that kind of status, it just came about from the many great gestures and deeds which he became synonymous for throughout his sadly all too short life. No matter what was on in the parish, Pat was never far away from the heart of the action and could turn his hands to almost anything in terms of support. His many years of honing his metal work skills and Liebherr Factory and later Flynn's Forge, meant that there weren't too many gates, fences, slats or sheds in the parish that he hadn't put his magic hands towards at some stage or other. He wasn't just a man for the big awkward work either, he had a great touch that allowed him to create feature pieces such as beside lamps, candle holders, picture frames etc, that were much sought after prizes in many parish draws and prize giving's for the GAA Club, Golf Society and Gun Clubs over the years. His skills were even called on to bail out Santa Claus on a few occasions for families in the parish, where the perfect toy could not be produced in Lapland but fear not, the workshop at Small Pats never let anyone down.

As everybody was acutely aware, his sporting interests, knowledge and above all passion for all sports was a joy to behold and a phone conversation to him in his last few weeks brought that home to me in spades. Although he was going through what was obviously his darkest hour, the suggestion of a trip down memory lane seemed to energise him, for a brief moment the spark was back in his voice and you could nearly sense him puffing the chest out.

We were quickly into the rough and tumble of his years coaching Listry GAA and what it meant to him to be a coach and doing his absolute best for the parish, nothing else mattered as much to Pat as the pride of the parish. You could feel his passion for the many players he coached over the years. The wound that still cut deepest for him was 1984 O'Donoghue Cup Semi Final against Rathmore. "One that got away" he agonisingly recounted and the hurt wasn't for just for him, it was much more for the players he was coaching. The victors by a single point that day (Rathmore) would go on to win the final easily which added further salt to the wounds. "We were good enough that year, we left it after us really, injuries and a back game in the county league to Renard put pay to us, I'll never forget it" he recalls as if it were only last week. In many ways Pat was ahead of his time in his coaching methods, always looking for the edge that would bring the best out of his players. As a very young lad, I could remember being brought to matches by my father around that time and you would see Small Pat arriving for a game with the distinctive peaky cap on and two bottles of Lucozade tucked under his arm (in the old glass bottles with the orange foil around them). That was the early edition of energy drinks for the lads at halftime long before the nutritionists arrived on the scene. I'm sure some of those memories came flooding back to guard of honour by his Listry GAA comrades, as they clapped his hearse past the grounds at Faha on Monday morning. A day out with Small Pat with the Golf Society was an experience and few would disagree that the outings while he was Captain were some of the best ever. As everyone knew, Pat was a great shot with the rifle, so whenever there was shotgun start required at a golf outing, his rifle would signal the off and away we would go. If you were playing in the same group as Pat, you were in for a treat, as he knew every blade of grass in most of the courses. If things weren't going too well on the golfing front, a few miniature bottles of Irish mist or Paddy would appear from the bag, which would have given Mary Poppins a run for her money, as the bottles just seemed to keep on coming from the same pocket. Even if you were not in Pats group, he would leave a few bottles on the Tee box for the next group approaching, always thinking of everyone else and making sure people enjoyed the day out, which was all that mattered to Pat. It never bothered himself too much what his own score was, the social aspect of the day out with friends was the main thing. His shooting prowess meant that he introduced many people to clay pigeon shoots on the grounds of Faha Court and kept many a tourist intrigued with his wit and brogue. A loveable rouge he was indeed.

Pat bore his illness with great dignity over the past few years and seemed to keep bouncing back from everything it threw at him with heroic defiance. He continued to be a much sought



to sit near Pat for a few quiet pints and to shoot the breeze on the news of the day. His porch door in Coolbane remained open with a light on to let everyone know they were welcome and it was business as usual. Over the past few months, life must have seemed to lose its appeal for Pat, leaving aside his illness, not being able to socialise with his own people must have been a real deal breaker for him. He seemed to love being around people, he fed off of the energy of parish occasions and loved the many sing songs that passed the night away. When that was taken out of his life it must have been very difficult to find the motivation to keep fighting. Often on a Friday evening as I drove home from Dublin, I would be welcomed along the road into the parish by Small Pat in his aluminous jacket and torch making his way to Faha Court. He was like the keeper of our parish. I'll miss those meetings as I always felt I was home when i saw Pat on the road ahead of me. As Fr Kevin said in his homily at his mass, he was the person that made everything tick, if he wasn't there it just didn't seem be the same, people gravitated toward him and he was never found wanting when his services were required.

Although we will ever be able to thank Pat enough for everything he did for us; neither would he want us fussing over him too much. His loss to the parish is incalculable and will only be realised when he deeds of good will are missed as we journey on in his absence. It is hard to comprehend that a great light has quenched in Coolbane....... The porch door has closed ........... So long Pat..... Slan Abhaile Fear Beag.....

To his Sisters Dora and Mary, brothers in law Timmy and Alan, extended family and friends and neighbours, we offer our sincere condolences.

Paul Kennedy

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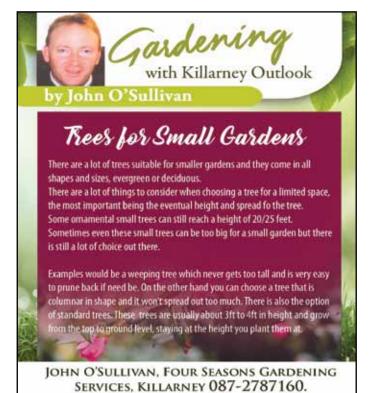
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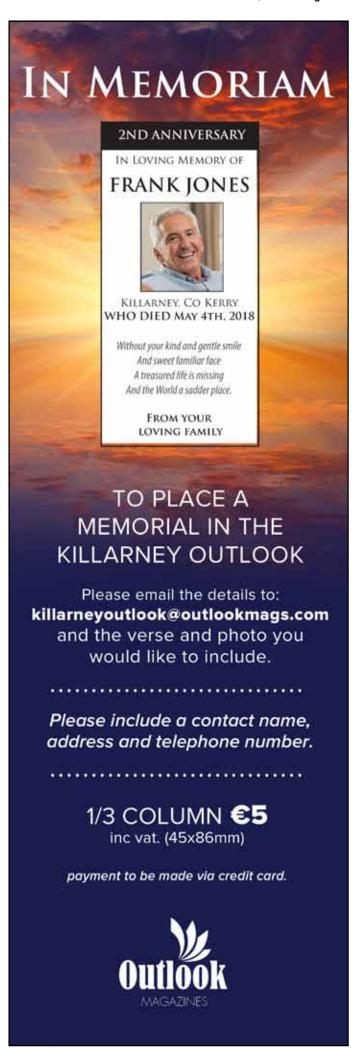
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## A Word of Victory

Welcome back dear reader, there is a lot of unrest going on with many people fearful and alienated from one other. This is a clever ploy by the devil to cause division among the human race. We are all made in the image and likeness of God, and the easiest way for Satan to destroy God's people is to make them hate each other.

Jesus said "a house divided cannot stand" (Mark 3:25). He also said that the way people will know His disciples is by our 'love for one another' (John 13:34-35). 'God made the world and everything in it. He is Lord of heaven and earth. He gives life and breath to everything... and from one man He created all the nations throughout the whole earth' (Acts 17:24-26). From one man God created all mankind, so, regardless of our ethnicity, we all share the same forefather - Adam! "...I saw a vast crowd, too great to count, from every nation and tribe and people and language, standing in front of the Throne and before the Lamb....clothed in white robes and they were shouting with a mighty shout... Salvation comes from our God Who sits on the Throne, and from the Lamb ..... (Revelation 7:9-10) This Scripture gives us a glimpse of eternity. Racism is a stain on our world that needs to be acknowledged and repented for, because, as well as hurting the victim, it brings curse upon the abuser and their descendents (Numbers 12:1-15). What gives anyone the right to look down upon another because of the colour of their skin, or their nationality? It is not of the Lord. Friend, if you have been subject to racial abuse I ask you to please forgive those who have hurt you in the name and Person of Jesus. Do not let a root of bitterness grow in your heart because of the ignorance of another (Hebrews 12:14-15).

God the Father accepts us into His family because of our faith in His Son Jesus in obedience to His Word. In Truth He is the original Advocate of equality, because before God there is neither Jew nor Gentile, slave nor free, male nor female, but we are all ONE in Christ Jesus (Galatians 3:28). Our Heavenly Father sees no difference between us. We are all one in His sight regardless of ethnic backgrounds, and are restored as His children when we repent of our sins and confess Jesus as Lord (Acts 10:34-38). Lord Jesus, teach us to love and not hate.

See more at wordofvictory.net



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## THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eves it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

## THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it

within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen

Say this prayer for three days. Publication of prayer and favour will be granted.

## **NOVENA TO THE SACRED HEART**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen

Say this prayer for three days. Publication of prayer and favour will be granted. Never known to fail. M.B.

## **GRATEFUL THANKS**

Sacred Heart of Jesus, Our Lady of Lourdes, St Roch, 'St Bernadette, Divine Mercy, St Faustina, St Padre Pio, St Martin, St Peregrine, St Michael the Archangel.

For Being Alive & Well Brid & Family

## PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

## 12TH ANNIVERSARY

IN LOVING MEMORY OF

## PEGGY RYAN



LATE OF CLYDINE KILCUMMIN, KILLARNEY WHO DIED ON 12TH JUNE 2008

> They say there is a reason They say that time will heal, But neither time or reason Will change the way we feel.

For no one knows the heartache That lies behind our smiles, No one knows how many times We have broken down and cried.

Hugs and kisses to Heaven we send to our loving daughter Peggy.

Sadly missed by your Mother and Father

Jesus came to the foot of the bed These are the words we are sure he said You suffered enough, take my hand And come with me to a better land.

So keep your arms around her Lord, And give her special care, Make up for all she suffered And all that seemed unfair. God bless you Peggy Till we meet again.

Sadly missed by your sisters Breda and Sheila and brother Diarmuid, brothers in law Dan and Dermot, Sister-in-law Noreen.

As each day dawns we think of you, As each night falls we pray for you, And throughout our livesNo matter where In our hearts you are always there.

Lovingly remembered by your nieces and nephews Louise and Stephen O'Donoghue, Michael and Aileen O'Sullivan and Susan Katie O'Neill.

## **PRECIOUS MOTHER OF JESUS**

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

## 5TH & 11TH ANNIVERSARIES

LOVING REMEMBERANCE OF DAD AND JIMMY

## FALVEY





JIMMY 26TH MAY 2009 Seamus 26th June 2015 CURRAGH, AGHADOE, KILLARNEY

> Beautiful memories Of someone we love, Will comfort and lift you, Like the wings of a dove, For in beautiful dreams, There's no loss or pain, In beautiful memories We are together again.

Ní imithe uainn ach romhann

Loved and treasured forever Mom, Jerry, Gobnait, Michael, John, Brendan, Chris, Linda, Lorraine, Ann Marie, Dylan, Mattie and Faela.

## **3RD ANNIVERSARY**

In Loving Memory of

## **DENIS BROSNAN**



8 CAHEREENS, CASTLEISLAND, CO KERRY WHO PASSED AWAY ON THE 16TH JUNE 2017

Memories are like leaves of gold They never wither or grow old. Locked in our hearts you will always be, Loved and remembered for eternity.

Will those who think of Denis today, A little prayer to Jesus say.

> Remembered with love by your sister Noreen

## **NOVENA TO THE SACRED HEART**

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

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