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3.00	Balance Fitness	Rob Lipsett
3.45	Balance Sport	Kieran Donaghy, Derek McGrath Derval O'Rourke & Eimear Cregan
4.45	Balance Mindset	Gerry Hussey



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MESSAGE FROM THE EDITOR...



Spring is in the air this week in the Killarney Outlook as we dust off the cobwebs of Christmas and head into 2018.

A life changing event led to a family raising €44,000, the Chamber takes a look back at 2017 and Killarney prepares to welcome high powered politicians and business leaders to the town.

Ladies from Killarney celebrated Women's Christmas in style and its all systems go at the golf club who are celebrating

125 years. We have a great competition for you in this week's Killarney Outlook - just the job to banish the January blues.

So sit back and enjoy this week's Killarney Outlook - out first every Friday!

Aisling Grosbie
Editor

6

Brexit debate in Killarney



It's Competition time...

35

RUNNING AND RALLYING RAISES €44,000 FOR THE BUS



MEMBERS OF GLENFLESK AG RITH HAND OVER €44,000 TO THE KERRY/CORK HEALTH LINK BUS.

Following a cancer diagnosis late last year, the family of Leah Lynch from Glenflesk decided to channel a lot of their energy into raising money for the Kerry/Cork Health Link Bus.

This week the culmination of their efforts resulted in the presentation of a cheque for €44,000 to the charity. Breda Lynch and her husband Diarmuid looked to where their passions lie to raise the funds. A member of Glenflesk ag Rith, Breda didn't have to ask twice for help from her club and "Running for the Bus" was born. Members of the club ran and raised much needed funds and they were supported from all over the county and beyond.

Diarmuid's love of rally driving was the other fundraiser, he attended

numerous rallies throughout the year and sold speeding fine tickets to many who were more than happy to help out. "We want to say a huge thanks to Glenflesk ag Rith and those in the rallying world, along with the many more who helped and got behind the campaign to make it such a success", Breda told the Killarney Outlook. "It required a sustained effort all year to do this and to live and breathe the bus. We are very aware when the bus passes that we may have helped to keep this fantastic service going, and make the journey a bit easier", she added.

19 year old Leah has now returned to college following a year of chemotherapy and surgery and is looking forward to the future.

MILESTONE YEAR FOR MEMBERS AT KILLARNEY GOLF CLUB

2018 will be a special year at Killarney Golf & Fishing Club as the members there celebrate the club's 125th year in existence.

Established in 1893, the club held the official launch of this commemorative year recently and a programme of events was introduced to members. The launch took place on Thursday 21st December, where Club Captain Derry McCarthy, Lady Captain Sheila Crowley and President Jack Buckley outlined the club's plans for this milestone anniversary.

"The emphasis for the 125th Celebrations will be on the members of the club and the hope is that at the end of 2018 the members will be able to reflect on the fact that they, themselves, have thoroughly enjoyed the celebrations and are very much aware that they as members are the most important asset of the club", Men's Club PRO Victor Mulcahy told the Killarney Outlook.

The club has a very proud history and is recognized nationally and internationally for offering one of the finest golfing experiences in the world. The club has hosted a number of high profile golf events over the years, including the Irish Open on four occasions, two Irish Ladies Opens, a Curtis Cup, along with several National and International Amateur events.



DERRY MCCARTHY CAPTAIN, MAIREAD MARTIN JUNIOR CAPTAIN, SHEILA CROWLEY LADY CAPTAIN, KIERAN O'CONNOR JUNIOR CAPTAIN, JACK BUCKLEY PRESIDENT WITH FORMER CAPTAINS MARY GEANEY, HELEN PENDERGAST, MARGUERITA MULCAHY, MARY O'ROURKE, TOM PENDERGAST, BREDA DUGGAN, PATSY HANLEY, MICHAEL GUERIN, JOHN CLIFFORD, PAT COLLINS, MARY CRONIN, MARGARET O'DONOGHUE, CHRISTEL NOLKE, ARTHUR HANLEY, LOUISE LANGAN, MIKE DALY, FINIAN FORDE, DENIS CRONIN, DAVID O'NEILL JUNIOR FINNEGAN, LIAM HARTNETT, MICHAEL QUIRKE AND DECLAN MCCARTHY AT THE LAUNCH OF THE KILLARNEY GOLF CLUB 125TH CELEBRATION IN KILLARNEY GOLF AND FISHING CLUB.

The Club has an impressive record in producing top level International Golfers with no fewer than sixteen players representing their country at all levels of International Golf, and a number have represented Great Britain & Ireland at various levels of International Golf. The Ladies & Gents Clubs have also enjoyed tremendous success at County/Provincial and National Levels over the years and Killarney are very proud to be home of the current All

Ireland Ladies Senior Cup & All Ireland Senior Foursomes Champions – the first time in the history of the ILGU that this feat was achieved! Significant improvements have been made within the Club over the past number of years, and with plans for further investments and course projects in the pipe-line, there are no limits to where this Club should aspire to go in the next 125 years.



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DUP LEADER TO DEBATE BREXIT IN KILLARNEY AT HIGH POWERED EVENT

DUP leader Arlene Foster, Agriculture Minister Michael Creed, Fianna Fail leader Micheál Martin and Scottish Government Minister, Michael Russell, will be part of a high-powered gathering of politicians and business leaders at a major conference in Kerry focusing on the impact of Brexit on Ireland, the UK and the European Union.

The Killarney Economic Conference will take place on Saturday next and, in its inaugural year, it will concentrate on Brexit, the challenges it poses for business, the legal issues that will arise, how it will shape future politics and the impact it will have on daily life.

Matthew O'Toole, the former chief press officer at Number 10 Downing Street, has also been confirmed as a keynote speaker at the conference.

Ms Foster, renowned for her forthright views, and Mr Russell, who is spearheading the UK negotiations on Scotland's place in Europe, are high-profile additions to the event which will see intense dialogue involving economic, civic and political leaders from Britain and Ireland.

One of the conference organisers, Simon Kingston, said Brexit will have an influence on virtually every aspect of relations between Britain and Ireland and it makes the choice of topics and the timing of the Killarney Economic Conference particularly apt.

"We are delighted that such a broad cross-section of political leadership and opinion is represented by our speakers. To have the leaders of the DUP and Fianna Fail present, alongside senior colleagues from other parties on both islands, is a great privilege.

"We are looking forward to hearing their different perspectives, as well as their reiteration of a shared interest in the prosperity of both the UK and Ireland," he said.

Another of the conference organisers, William Sheehan, remarked: "Geography and the ties of family and history mean that Ireland and the UK will remain intertwined and the plan is that the Killarney Economic Conference becomes an annual forum to explore and renew that relationship. I think the commitment of so many excellent speakers confirms that this is a shared hope."

"Arlene Foster, as we have seen, will be a key player in the Brexit process, and we are delighted to have her speak in Killarney and share her ideas on the future of the island," he added.

The conference will open with a discussion on the legal implications of Brexit, led by Dr Georges Baur, the Assistant Secretary General of the European Free Trade Association, Gavin Barrett, Professor of European Constitutional and Economic Law at UCD and Catherine Barnard, Professor of European Union Law



DR WILLIAM SHEEHAN, CONFERENCE ORGANISER; PROF URSULA KILKELLY, DEAN OF LAW AT UCC AND MICHEÁL MARTIN TD, FIANNA FÁIL LEADER PICTURED AT THE LAUNCH OF THE INAUGURAL KILLARNEY ECONOMIC CONFERENCE WERE PROF URSULA KILKELLY, DEAN OF LAW AT UCC, MICHEÁL MARTIN TD AND DR WILLIAM SHEEHAN, CONFERENCE ORGANISER. THE KILLARNEY ECONOMIC CONFERENCE IS A NEW ANNUAL CONFERENCE FOCUSING ON THE PREVAILING POLITICAL AND ECONOMIC ISSUES AND THEIR IMPACT ON IRELAND, THE UK AND THE EUROPEAN UNION. IT TAKES PLACE AT THE BREHON, KILLARNEY ON JANUARY 12 AND 13 AND, IN ITS INAUGURAL YEAR, WILL FOCUS ON BREXIT - THE CHALLENGES IT POSES FOR BUSINESSES, THE LEGAL ISSUES THAT WILL ARISE, HOW IT WILL SHAPE FUTURE POLITICS AND THE EFFECTS IT WILL HAVE ON DAILY LIFE. PIC DARAGH MC SWEENEY/PROVISION

and Employment Law at the University of Cambridge.

How Brexit will shape future politics will be discussed by Democratic Unionist Party leader Arlene Foster, Michael Russell, Minister for UK Negotiations on Scotland's Place in Europe, Deputy Micheál Martin, TD, Michael Drakeford, Welsh Cabinet Secretary for Finance and Simon Kingston, who is co-conference organiser and a member of the executive committee of the British-Irish Association.

The impact on business will be discussed by Mark Kennedy, Managing Partner of Mazars Ireland, Prof Philip O'Regan, Dean of the Kemmy Business School at UL, John Cronin, Partner at McCann Fitzgerald, John McGrane, Director General of the British Irish Chamber of Commerce and independent financial analyst David Clarke.

Other key discussions, including the social and personal impacts of Brexit will be addressed by Prof Ursula Kilkelly, Dean of Law at UCC, Matthew O'Toole, the former Chief Press Officer at Number 10 Downing Street and Sinn Féin TD David Cullinane.



ARLENE FOSTER: IN KILLARNEY THIS WEEKEND.

The Killarney Economic Conference is taking place on Saturday, January 13 at The Brehon in Killarney with the conference dinner the previous evening.

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GREAT SOUTHERN KILLARNEY ACKNOWLEDGE THEIR STAFF

The staff of Great Southern Killarney celebrated in style at the Killarney Royal Hotel on Monday 8th of January. The Scally Family, proprietors of the hotel, hosted an evening to thank their employees for their incredible work, dedication and achievements throughout the year, which include winning the Best 4 Star Hotel in Ireland & Best Conference Hotel in Ireland.

The annual staff awards ceremony proved a great success as over 120 employees attended for a night of celebration and fun. The staff awards is an opportunity for employees to be commended for their hard work & outstanding customer service. Each department nominates an exceptional member of their team for their enthusiasm and commitment to their role at the hotel.

Employee of the Year

Maryann O'Connor – Conference & Banqueting
Danijel Medved – Kitchen

Bartosz Protasewicz – Garden Room Restaurant
Kathy O'Callaghan – Accounts and Sales Office
Eugene Bohan – Brownes Bar (Overall Employee of the Year)

Jeferson Malagola – Accommodation,
Maintenance & Self Catering

Artur Baran – Guest Services

Erika Golubovskytė – Reception

Roksana Malinowska – Innisfallen Health &



PHOTOGRAPHED AT THE GREAT SOUTHERN STAFF AWARDS ON MONDAY NIGHT AT THE ROYAL HOTEL IN KILLARNEY WERE FRONT ROW LEFT TO RIGHT – STEPHEN QUINLAN, MANAGER, KATHLEEN BHUIYAN, DENISE O'SULLIVAN, KATHY O'CALLAGHAN, LIAM MORRIS SECOND ROW LEFT TO RIGHT – MARY NOONAN, MARY ANN O'CONNOR BACK ROW LEFT TO RIGHT – MARIE LYNE, RAUL ASUNCION, ERIKA GOLUBOVSKYTE, DANIJEL MEDVED, EUGENE BOHAN, EAMON CANTY, PAL PALFI, JEFERSON MALAGOLA, ROKSANA MALINOWSKA, SINEAD MARRON, GENERAL MANAGER. PHOTOGRAPH BY SALLY MACMONAGLE

Beauty Rooms

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Kathleen Bhuiyan

Outstanding Service - Adriana Timcova

Best Newcomer - Marie Lyne

Always Wearing a Smile - Mary Noonan

Can do Attitude - Liam Morris

Rising Star - Pal Palfi

Behind the Scenes Star - Raul Asuncion

Dedicated Service - Eamon Canty

Joe & Margaret Scally, Proprietors would like

to congratulate the individual award winners on their achievements & thank all the staff for their excellent work & dedication throughout 2017. Speaking on the night, Sinead Marron, General Manager of the Great Southern Killarney stated "It is with great pride that we finish 2017 with outstanding results and we look forward to 2018, to the reinstatement of the Great Southern, as our next great chapter and challenge." The hotel is currently closed for refurbishment and will be reopening on Friday January 26th as Great Southern Killarney.

JOHN MOYNIHAN, (1921 – 2017)

John Moynihan, the esteemed President of Dr. Crokes GAA Club, passed away on St Stephen's Day 2017. If ever anyone deserved the accolade of club President, it was John.

His contribution to the Dr Croke club over more than 70 years has been immense. Luckily enough, the work that he did during the '40s and '50s has been recalled to us over the years by his contemporaries of these periods.

John Moynihan, late of York Terrace, became Secretary of Dr Crokes shortly after he joined the Killarney Mineral Water Company in 1939. The manager of the company at the time was that great Dr Crokes Clubman, Eugene O Sullivan, who along with another clubman, Johnny O Halloran, recognised his ability and persuaded John to become secretary of the club, John held this position for the first half of the 1940s. As John once recalled, "my father asked Eugene for a job for his son and Eugene said I will give him two jobs – one here in the mineral water company and another as secretary of the Crokes".

The second World War was raging in the '40s and during this time, employment was at a premium. Many players had to emigrate and John, who was secretary at the time (and later Treasurer) was to the fore in keeping the club alive. On the day of a game, the club secretary had to get enough players, supply a football, boots, togs and stockings for those in need. That was some task in those hard times but John was the supreme provider. His connections with St

Brendan's College were important as they often helped out in the 'kit department'. Boots were a particular challenge as very few players had them and this required a huge effort from John to get these, more often than not from the trainee priests down in 'The Sem'.

Later on as Treasurer, John maintained that the club was solvent once we had a football – as can be gleaned from the financial sheets of the time, auditors were superfluous.

It is also reported that John would be as drained as any player after Dr Crokes games giving his all from the sideline and he immortalised the catchphrase 'Watch the Break'.

Back in those days, transport to games was mostly by bicycle. There are numerous instances of 'heroic exploits' on the bike such as the one of John, Donal McMonagle RIP and Donie Corkery RIP riding to Barraduff for a match on a single machine – bar, saddle and carrier fully utilised and each taking a turn on the pedals!

John's total commitment was rewarded in 1944 when the club won the Junior East Kerry League and they celebrated with the first all-male club social held in Scott's Hotel on November 29th. Club historians often point to these events in 1944 as the turning point for the club as prior to this, hard as it may be to believe, the Dr Crokes club was very close to going out of existence.

John also has great memories of the Fitzgerald Stadium Project. As secretary of the Dr Crokes, he was to the fore in raising funds to keep both club and 'the Stadium' in a good financial

position.

Even though John 'emigrated' to Tralee in the '50s to work with Fitzgeralds Bros., he still remained a loyal Dr Crokes man. He continued as a loyal member and benefactor and went to support our teams whether they were in Killarney, Croke Park, in Kerry or further afield.

In the last number of years, he regularly came to Killarney for vital County Championship games. However, during these games, John was more likely to be found in a local cemetery praying that we might get a right result. Clearly, with his beloved Dr Crokes winning seven county championship titles in this century, John's prayers were very often answered.

John was a deeply religious man with a great sense of humour. He was a staunch 'Black and Amber' man whom we will all miss greatly. It was an honour and a privilege for our club members to form a guard of honour and to carry John's coffin at his funeral on Thursday and Friday last week. Everyone in the Dr Crokes family extends their sympathies to his family and friends but especially to his daughter Geraldine who looked after him so well for so many many years and who brought him to be with us on great days of celebration in recent years.

Ar dheis Dé go raibh a anam

Na Crócaigh Abú

Denis Coleman, Chairperson.

Health Matters...

With Dr. Lynda O'Callaghan

The Killarney Medical Centre

Head Lice

Head lice are extremely common in school going children and their parents! They are small insects which live in human hair and feed on the blood from the scalp. Their eggs are called nits. They are not in the least associated with poor hygiene or dirty hair. They can be difficult to get rid off and it can be even more difficult to prevent re infection. Typically these cause an itchy scalp (by the reaction to them biting the scalp for blood) which is the first sign to look for them!

Transmission

Just being close enough to someone with head lice allows them to travel from head to head. Longer hair and hair that isn't tied up probably facilitates this more easily. Off the scalp, lice can survive for up to 24-48hrs so it is possible but not likely to catch them from a contaminated hair brush or pillow case. Lice cannot fly so contact is required for spread. Pets or other animals do not play a role in their spread. In developed countries lice are less common in the African population as lice appear to have adapted their claws to grasp the hair of other races with more effect.

Diagnosis

The only way to diagnose head lice is to visualise a live louse. This may be difficult in one's own hair but if an individual has a lot of lice they are easily visible on the scalp and nits can be seen as small white specs adherent to the hair follicle- similar to dandruff but more adherent. These are un-hatched eggs that lie very close to the scalp. These take about 8-9 days to hatch. Once grown to adulthood female lice can live for about 30 days on the hair and lay about 6 eggs per day which repeat the hatch/grow cycle. A lice comb has very fine teeth which allow the lice to be caught and pulled out, so can be visualised by the individual.

Treatment

Head lice are treated with combing and insecticides. Everyone infected in the household needs to be treated at the same time.

Items of clothing worn within 2 days of treatment such as hats, scarves, bed linen should be washed at temperatures greater than 53.5 degrees celsius to adequately kill lice and dried in hot air. Items that must be dry cleaned should be kept in an airtight bag for 2 weeks after. Soaks combs in hot water greater than 53' celsius for 10 minutes. Simple hovering to remove any infected hair from furniture is adequate as lice cannot survive for more than 2 days off hair.

Over the counter treatments are available for the treatment of head lice. These may need to be repeated after 7 days if some nits persist. The liberal and frequent use of combing helps improves clearance rates.

Head lice are very bothersome but are not associated with any significant medical problems. Unfortunately they are often part of growing up!



Dr. Lynda O'Callaghan
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BACK TO HER ROOTS - BARBARA BRINGS ORCHESTRA TO KILLARNEY

A Killarney musician, who began her training with the Gleneagle Concert Band is retuning to Killarney this weekend with The Irish Symphonic Wind Orchestra.

Barbara Fleming is one of the founders of the orchestra, and from the 12th -14th January 2018 the orchestra will be in town for its annual workshop. The orchestra will also hold a recital at 2.30pm January 14th in the Mangerton Suite of The Gleneagle Hotel.

"This concert is a must for the many music lovers of Kerry and further afield. It is a pleasure for me to bring the Irish Symphonic Wind Orchestra back to my hometown of Killarney this year to where my own music career began. We hope to be able to inspire the next generation of musicians, and show what all the hard work and practice can achieve. I look forward to seeing many familiar faces in The Gleneagle Hotel in January", Barbara told the Killarney Outlook.

In their brief time together, the orchestra have performed in Athlone, Limerick, Cork, Dublin, Waterford and Killarney. In July 2017, ISWO had the esteemed pleasure of being one of only 10 orchestras worldwide to be invited to perform at the 2017 World Association of Symphonic Bands and Ensembles Conference, in Holland. A rare honour for an orchestra only in its 4th



year to be invited to perform at the bi-annual conference.

The orchestra has worked with some of the best conductors and composers in Europe, including our own Fergus O'Carroll and Liam Daly as well as London born Philip Sparke and Dutch composer Johan de Meij.

This year they will be performing under

the baton of Mr. Mark Heron. Mark tutors conducting at The Royal Northern College of Music and Manchester University.

The Irish Symphonic Wind Orchestra features, by invite only, 90 of the top wind, brass and percussionists from across Ireland.

Free entry, donations if desired on the door.

LET'S GET KERRY WALKING

National Operation Transformation Walk Day - 13 January

It's time to put this year's New Year's resolutions in place this weekend as Kerry Recreation and Sports Partnership have again joined forces with Sport Ireland and Healthy Ireland for this year's Operation Transformation Walk. The national event, now in its eighth year, has always had a great turn out with thousands of people donning their walking shoes and getting active.

The Kerry Operation Transformation walk for 2018 will take place on Saturday 13 January at 11am to coincide with the official RTÉ start time. This year the walk will be based at the Tralee Bay Wetlands Centre and follows an 8km route along the old tow path of the canal. It is suitable for people of all ages and abilities.

'Hundreds of Kerry walkers are expected to get involved in what has always been regarded as a fantastic day out. Walking is a great opportunity to get active and this is the first chance to join with the five leaders in their goal of getting fitter and healthier,' said Córa Carrigg, Co-ordinator with Kerry Recreation and Sports Partnership.

'This is the perfect opportunity to shed those holiday cobwebs and to get started on New



Year's resolutions. It's a chance to face new challenges in the company of many others. The walk provides an excellent opportunity for everyone to get the year off to an active start,' she said.

'Registration opens at 10.30am at the Tralee

Bay Wetlands Centre. Please arrive early to give yourself plenty of time to register, and then enjoy a hot cuppa while you wait for the walk to begin,' said Córa.

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KILCUMMIN REMEMBERS CATHERINE AND MARY



PICTURED AT THE KLUB BAR, KILCUMMIN, THE START & FINISHING POINT OF THE 5K/10K WALK WHICH TOOK PLACE LAST WEEK IN MEMORY OF TWO VERY POPULAR KILCUMMIN LADIES, CATHERINE O'LEARY & MARY LYNCH.
PICTURE MARIE CARROLL-O'SULLIVAN

Walkers, Joggers, Children, Buggy's and Dogs gathered at The Klub Bar, Kilcummin, which was the start & finishing point of the 5K/10K Walk which took place last week in memory of two very popular Kilcummin Ladies, Catherine O'Leary & Mary Lynch.

The dedicated ladies committee at Kilcummin GAA Club celebrated Women's Christmas with a wonderful charity Fund Raiser which raised a

considerable sum of money for the Oncology Unit at University Hospital Kerry. Every year, the committee hosts a Pink Night fundraiser at the Klub Bar, The Diamond Sisters provided music on the night. The ladies committee undertook a huge volume of work to make the night a success from acquiring generous sponsorship and advertising, to making up the numerous hampers, decorating the Klub and selling

tickets on the night. A fantastic achievement to all those who took part. The Club would like to thank the many sponsors who were willing to play their part both for the spot prizes and door prizes. They also wish to thank the community at large who showed up on the night and supported this most deserving cause and the work of the ladies committee.

MAIREAD SHARES HER SKILLS WITH YOUNG GOLFER



BRIAN MCCARTHY PICTURED AT KILLARNEY GOLF CLUB WITH JUNIOR LADY CAPTAIN MAIREAD MARTIN.

A kind gesture from Killarney Golf and Fishing Club's Girl's Captain and Irish International, Mairead Martin, made one young boys day recently. Killarney Golf and Fishing Club Captain, Derry McCarthy, brought his 9 year old son Brian to the Club last Saturday as Brian wanted to try out the new set of Golf Clubs that he received from Santa Claus. Irish International, Mairead Martin was there practising her game, and when she met Brian she immediately offered to play a few holes with him. To Derry's and Brian's delight they played 10 holes, with Mairead giving Brian a few tips on his game, and afterwards Mairead presented Brian with some golf accessories. Derry was absolutely delighted with the way Mairead treated Brian, "what a fantastic Ambassador she is for their Club, and for the game of Golf itself", Derry told the Killarney Outlook.

"It just goes to show, a kind gesture can mean the world to someone else. It might inspire some small act of kindness, Mairead is a fantastic role model, well done and thank you Mairead!", he added

HANNAH MAKES HER ENTRANCE



BABY HANNAH MOORE, FROM KILLARNEY, FIRST TO BE BORN AT 8.19AM ON NEW YEARS DAY 2018, AND WEIGHTED 6LBS AT UNIVERSITY HOSPITAL KERRY, AND IS PICTURED WITH HER MOTHER JOANIE MOORE, KILLARNEY. PHOTO: JOHN CLEARY.

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FOR SALE

SHRONEDARRAGH, HEADFORD, KILLARNEY

Unique opportunity to purchase modern four bedroom bungalow which has commercial/surgery planning extending to 186 sq. m./2000 sq. ft. and detached garage on 0.64 acre site. The property has the benefit of full planning permission for surgery/office use and would suit as a residence with work from home purpose for a doctor, beauty therapist, hairdresser, physiotherapist, etc.



Price Region: €260,000
BER C2

9 INNISFALLEN, BELLVIEW, BALLYDOWNEY, KILLARNEY


Superbly located four bedroom (three en-suite) large semi detached property, with private west facing back garden and patio area. Ideal family home or investment property located in desirable residential location. Property which is being sold furnished is conveniently located with footpath to town and direct access across from the estate to the Fossa Way only 1.5kms/1 mile from Killarney Town.



Price Region: €265,000
BER C1

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



HOW OFTEN SHOULD I REVIEW MY PENSION AND WHY SHOULD I REVIEW MY PENSION?

There are many very important reasons to review your pension, including:

Performance of your pension and what funds you are invested in. This is VERY IMPORTANT, if your pension is invested in high risk funds your total pension fund could substantially reduce over a short period of time and if you are coming close to retirement this could result in you having a much less pension when you retire.

Is your pension on target to reach the income you want on retirement? This should be checked on regular occasions, if your pension is not on target changes can be made to help put your pension back on track again.

What pension provider is your pension with and how much do they charge you? Charges are very important because you need to make sure that your pension charges are competitive. Pension providers offer much more choices to clients now than before and the choices can be easier to understand if explained to you in plain simple English and by not using jargon. An independent financial advisor should help you understand your pension and your pension options better.

For the above reasons I recommend at least an annual review of every pension with an independent financial advisor.

If you require any further information on the above or any financial matter please contact Dermot Cronin QFA APA at 0646622775 or dermotcroninfa@gmail.com



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GET CREATIVE FOR LISTOWEL WRITER'S WEEK COMPETITIONS

As the new year has arrived, it is that time of year as Listowel Writer's Week Festival have announced details of their creative writing competitions for 2018. So now is the chance to get your stories, poems, plays and essays into them! With 15 different writing competitions to choose from, they have something for every type of writer. Entering the competitions could not be easier, many can be entered online through their website www.writersweek.ie or they can be submitted in the traditional way through the post. The total prize fund of €45,000 includes the following two awards:

The Kerry Group Irish Novel of the Year which is sponsored by Kerry Group Plc, and with a prize of €15,000 it remains the largest monetary prize for fiction available solely to Irish authors. Novels must be published between 1st February 2017 and 1st February 2018. This year's adjudicators are authors Alex Preston and Jane Urquhart. The other top prize is The Pigott Poetry Prize, which is now in its fifth year. This award goes to the best Collection of Poetry by an Irish Poet published between the 1st February 2017 and 1st February 2018. The winning Poet will receive a prize of €8,000. Adjudicators for this prize are Billy Collins and Deryn Rees Jones. Closing date for receipt of the Novels and Poetry Collections is 2nd February 2018. 6 copies of the novel or 3 copies of the poetry collection must be submitted to their office, Listowel Writers' Week, 24 The Square, Listowel, Co Kerry V31 RD93. The other



Creative Writing Competitions include: The Nilsson Local Heritage Writing Competition, The Bryan MacMahon Short Story Award, The Eamon Keane Full-Length Play in association with Siamsa Tire, The Single Poem and the Poetry Collection, Listowel Writers' Week Originals Essay, The Con Houlihan Young Journalist Award, The Irish Post Creative Writing Competition open to Irish Residents in the UK, Writing in Prisons, Creative Writing for Adults with Special Needs, Creative Writing for Special Educational Needs and Kerry County Council Creative Writing Competitions for Youth. All of

the above include a generous prize fund and many can be entered online through their website. Closing date for receipt of entries is 1st March 2018. So time to start writing and get those stories, plays, poems and essays down on paper to be in with a chance of winning! Full details, criteria and general competition rules for ALL their Creative Writing Competitions are available online. If you would like to receive a copy of their Workshops and Competitions Brochure, please email us at info@writersweek.ie

KERRY LOTTO PLAYER WINS BIG

A Kerryman has kicked off 2018 in style after winning over €550,000 on the National Lottery Christmas Millionaire Raffle. He was one of three lucky winners who between them collected €900,000 from National Lottery. The other winners were Cork man, Leslie Condron, who scooped €100,000 and Cavan-based Polish National, Piotr Katwa, who picked up a cheque for €250,000. It was a day to remember for the lucky Kerry man who made the trip to Dublin to claim his prize, a cheque for a mega €552,182, won through online play for Lotto Match 5 plus Bonus from the Lotto draw on Wednesday 20th December 2017. The lucky online player – who revealed he also won just over €1,500 after



matching 5 numbers on Lotto last summer – revealed he will mark his win by getting a tattoo and a piercing! He said: "I'm going to look after my wife and kids but I've always wanted to get a tattoo and a body piercing but never got around to making a decision. I'm thinking if I don't do this now, when I've won this lovely amount of money, I never will so that's what I'm

going to get done now! Apart from this the rest of the money will be spent wisely!" This was the largest ever Match 5 and Bonus number prize to be won by a Lotto player who was just one number short of the then €5 million jackpot prize on the night. Celebrating in the National Lottery Winners Room the Kerryman claimed: "I'm getting closer.... Next time I'm back here it will be for the Lotto jackpot!" Approximately 30 cent in every €1 spent on National Lottery games go back to Good Causes in the areas of sport, youth, health, welfare, education, arts and heritage. In total more than €5 Billion has been raised for Good Causes since the National Lottery was established 30 years ago.

FUNDING ANNOUNCED FOR KERRY ROADS

Deputy Danny Healy Rae and Cllr Maura Healy Rae would like to welcome funding for National Roads in Kerry where works will be carried out in 2018. We have made representations at both local and national level. The following is a list of the approved roads:

- €25,000 for the N22 Farranfore to Killarney, this scheme was previously suspended and this funding will allow for revision of the project.
- €25,000 for the Lewis Rd Junction. This funding will allow for design and progress of preferred option to rectify the Junction.

- Funding for Garries Bridge N22 to allow for detailed design of this section of the Killarney to Cork Rd.

- €100,000 for the N69 Listowel Bypass to allow for detailed design and pre construction surveys.

- €4 million N86 Tralee to Dingle will allow for further land acquisition.

- €500,000 for the Kilderry bends N70. This is additional to the 5.3 million in funding provided recently by the TII.

- €200,000 for the N86 Ballynasare and Bal-

lygarret.


- €500,000 for N86 Lispolle to Mountoven to allow completion of existing contract.

- 3.5 million for N70 Waterville town centre to River Inny Bridge will allow for improvement of 6 Km section of the Ring of Kerry.


- 1 million N71 Port Rd Killarney.

- €360,000 N72 Barraduff West pavement overlay.

- €1.35 million N72 Forge cross to Rathmore, improvement works in Town Centre. Also 100k for stagmount BENDS



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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: 46 The Demesne, Ross Road, Killarney. Superb 5 Bedroom detached dormer bungalow (approx 2,657 sq ft) with detached garage standing on approx 0.28 acre site of mature gardens. The property has recently been refurbished to a high standard. Alarm system, oil fired central heating, block built detached garage. 5 minutes walk to Town Centre.

Agent: ● Property Partners Gallivan ● College Square, Killarney, Co. Kerry ● Tel: **064 6634177** www.propertypartners.ie

Guide Price: €475,000 (BER C3)

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

2017 - A YEAR IN CHAMBER

PRESIDENT PAUL O'NEILL LOOKS BACK AT A SUCCESSFUL YEAR AT THE HELM OF KILLARNEY CHAMBER OF TOURISM & COMMERCE

As we start a new year, I wanted to place an emphasis on maximizing the networking aspect of Chamber. We held a (BOI sponsored) speed networking event in February, we produced the first ever Member's Guide, we held a social event at the May races with Killorglin and Castleisland Chambers and the Kerry Businesswomen's network. We have also planned an event with Tralee Chamber early next year.

However, the chief aim was to continue to develop relationships within our organisation and where possible, to make referrals and keep the business within the circle of those that are committed to supporting progress in Killarney - your fellow Chamber members.

The Chamber Retail Group has been very active these year. The 'Shop in Killarney' Christmas draw was all about shopping local.

The inaugural (AIB sponsored) Retailer of The Year awards took place a few weeks ago.

Congratulations to Scarlett, our very first Retailer of the Year.

We continue to work closely with, and to "pester" Kerry county council and the Killarney Municipal district (elected members and management team). We hold quarterly meetings with the Municipal district management and have lobbied on those matters of most importance to our members (with traffic and parking at the top of the agenda).

The Cultural Centre is currently up for Public Consultation and will hopefully begin renovations early next year. Davide Mosca (whose design was critical in the awarding of the grant) is continuing to work with KCC on the project on behalf of Chamber.

We are currently attempting to access LEADER funding for a project in the town. There have been improvements on the lanes and bin storage but there is undoubtedly more to do next year.

A hugely exciting project, one in which Chamber played a major role, is the cycleway linking the two parts of the National part from Flesk bridge to the Demesne. The planning is now in place and Kerry County Council will seek funding in 2018.

The unveiling of the site on Rock road as a new carpark was very welcome. Credit where it is due to Kerry County Council for addressing this critical matter and proactively securing this site.

However, the traffic and parking issue remains the #1 topic for our members and I will persist with this matter in 2018. Thankfully Killarney is experiencing tremendous growth and our traffic planning must meet this future demand. In December, "Killarney" inducted Enda Kenny into the Order of Innisfallen.

Killarney as an Destination - For - All

All hotels that were part of the ENAT pilot project in 2016 have this year been receiving folders of different reports compiled specifically



for each hotel, the individual hotels are now implementing the required actions and they are progressively working towards certification in 2018.

2017 saw four more hotels starting on the ENAT quality programme on tourism for all. Kerry County Council have also launched a tender for the provision of training and consultancy services for Accessible Tourism in the public sector which includes Killarney as the lead town for 'tourism for all' development. We will progressively continue in Killarney for 2018 to develop the town as the most accessible destination in Ireland with a world quality offer for all.

Tidy Towns both nationally and here in Killarney endures in its capacity to bring people together and strive to better towns. Killarney Tidy towns, the town and mountain meitheals really crystalize that pride of place and team spirit locally. The 6th annual Kerry County Clean Up took place in April and goes from strength to strength; a wonderful Chamber initiative in association with KWD and Kerry County Council.

In November, Killarney Chamber, in association with the Men's shed Association of Ireland, Haven pharmacies and the National Parks and Wildlife Services facilitated over 60 volunteers from all over Ireland working on tackling the Rhododendron problem. This project generated huge publicity as well as a tremendous 'feel good' factor. They cleared over 60 acres on land.

The cornerstone of much of what Chamber is about in Killarney is our festivals. It was a brilliant year yet again. The St. Patrick's Day and 4th Of July festivals were hugely successful once again and a credit to the committees that toil for months in advance in planning, fundraising and management.

The Spraoi Chairrai festival, a celebration of traditional Irish music, dance and storytelling has been running for 13 years and has been supported by Chamber for several years. This year we enhanced our support and assisted in the festival. Two shows were staged in Killarney House on splendid Sunday afternoons to hundreds of delighted spectators.

The Ring Of Kerry Charity cycle has always been supported by the Killarney business community and once again we played our part in a truly amazing event. So many gave of

their time and sponsorship.

The Christmas in Killarney festival this year was a huge success. Yet again, we are positioning Killarney as the "capital of fun", wonderful family destination. It is bringing business into Killarney that simply did not exist before the festival.

Next year we will add the Killarney Mountain Festival to the calendar from 9th to 11th March. There is fantastic potential in a festival that will re-affirm Killarney and Kerry as the adventure capital of Ireland and hopefully attract business at a quieter time of the year.

So, onwards and upwards for all our festivals in 2018 and a big "Thank You" to all our committees.

The promotional activities of Chamber and ongoing efforts with business and the Kerry Convention Bureau have yielded some very noteworthy successes this year. The TBEX conference was, by any standards, an incredible win for Killarney, Kerry and Ireland. I believe that we will reap the benefits of this conference of years to come.

Chamber's support of Kerry Convention Bureau has helped deliver new business in 2017, with 7,450 delegates booked for 2018-2021, with an estimated value of almost €7m. We continue to market Killarney and bid for new business.

Chamber has worked closely with Kerry airport on the promotion of the Berlin flights in particular. As Brexit bites over the next number of years, our visitor diversification is essential for future growth.

The second National Tourism Forum took place in the Brehon in November and with Chamber as one of the main partners, put on a top class show.

Chamber is putting the finishing touches to a Killarney monument trail. This will package some of the existing build assets as a trail. Hopefully, it will provide yet another activity for our customers, keeping them in the town.

The Purple Flag continues to fly proudly over Killarney. This joint Chamber/ Kerry County Council initiative was once again successful in retaining the flag in 2017.

Finally, a significant investment in 2017 was a study undertaken by W2 consultants on behalf of Chamber into the 'Economic Impact of Tourism in Killarney'. For too long we have been undervalued and this report will, for the first time, prove Killarney's worth to the economy, both locally and nationally. The aim will then be to argue our case to properly fund this town.

I want to once again thank all the members of Killarney Chamber of Tourism & Commerce for their support throughout the year. I want to express my gratitude to the executive council, sponsors, committee members, representatives and volunteers that make this organisation such a driving force.

Lastly, Sean Buckley, Frank Lewis, Tom Randles and Anne Marie Kennelly are stepping down from the executive. I want to sincerely thank each of them for their dedication and commitment over several years. Wishing you and yours a Happy Christmas and a peaceful and prosperous 2018.

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46 THE DEMESNE, ROSS ROAD Guide Price €475,000

Superb 5 Bedroom detached dormer bungalow (approx 2,657 sq ft) with detached garage on approx 0.28 acre site of mature gardens adjacent to Killarney National Park & only 5 minutes walk to Town Centre. The property has been refurbished to a high standard. Alarm system. Oil fired central heating.

Ref 304 **BER C3**



8 INNISFALLEN, BELLVIEW WOODS, BALLYDOWNNEY Guide Price €275,000

Luxury 3 Bedroom (5 bathroom) semi-detached (1,560 sq ft) property adjacent to Killarney National Park and a short stroll to Killarney Town Centre. Private garden & patio area with built-in bar & infrared heater. Gas Central Heating, climate zoned remote heating, aquarium between hall & living area.

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TOWN TALK



JOHNNY BUCKLEY AND ANNIE MACMONAGLE, WHO WERE MARRIED IN ST JOHNS CHURCH CRATLOE CO CLARE AND THE RECEPTION WAS HELD IN DROMOLAND CASTLE.... PHOTO RIONA MACMONAGLE



CAOIMHE SPILLANE.

Happy New Year to all our readers, I hope you had a lovely Christmas! We here at the Killarney Outlook, are looking forward to 2018 and all the events that will take place this year. To find out what's happening in Killarney, look no

further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

KILLARNEY MICROTRACK 5K FUNDRAISER

The next fundraiser event for the Killarney Microtrack, a 5k Run walk'nroll, will take place on Sunday 28th of January. The event is open to all ages and takes place in Killarney National Park at Knockreer at 12pm. Registration is from 10.30 am on the day at Deenagh Cottage and the fee is €5 per person or €20 per family.

All funds will go to the Killarney Community Microtrack Project. There is sure to be a great atmosphere as DJ Ivan will be there at the finish line. There will be an event clock so you can check your time. The prizes categories are as follows: 1st 3 female, 1st 3 male, 1st 3 female student, 1st 3 male student, 1st 3 parents/guardian with buggy or pushchair, 1st 3 Paralympic. Organisers, Killarney microtrack in conjunction with Killarney Valley AC, invite everyone to attend a great day out!



PICTURED AT VENDRICKS, THE STAFF AND CLIENTS OF KILLARNEY TONING STUDIO TO ENJOY WOMEN'S LITTLE CHRISTMAS L-R NOREEN MCGILLICUDDY, AGA KUC, CATHERINE COFFEY, AINE O'CONNOR, JILL DUGGAN, DAGMAR HUGGARD, SHARON MCINDOE, NIAMH WALSH, VALERIE SPILLANE CARROLL, NOREEN MCREDMOND & CATRIONA DUNLEA. PICTURE MARIE CARROLL O'SULLIVAN

OLD MARKET FLEA

The Old Market Flea, is returning! The last vintage and craft fair was a great success and will now take place on Sunday 21st January from 1-6pm. They will have a mixture of vintage and pre-loved clothes, jewellery, handcrafts, art and gifts on sale. There will be a number of vintage sellers at the event, you can find out more by following them on Facebook and Instagram : oldmarketfleaillarney.

KWOTE

Killarney Womens Organisation for Training and Empowerment monthly meeting will be held on Wednesday 17th January in Scotts Hotel at 8.00pm. Guest Speaker on the night will be Kazimiera Hackney, Vegi Delights, on healthy vegetarian food, oils and natural nut spreads.

THE KINGDOM GOSPEL CHOIR

The Kingdom Gospel Choir will be starting up on Friday, January 12th at 8pm in the Killarney pastoral centre, rock road (near the library). Adults of all ages welcome. No audition required- there's a place for everyone of ANY musical standard. A completely open and casual, fun-filled environment and a great way to have a laugh and meet new people. There is a choir for everyone- this might be the choir for you! For more information, or if you have any questions, do not hesitate to contact Caoimhe : 0870669858. Please spread the word to anyone you think would be interested.

You can also find them on Facebook the kingdom gospel choir.

BAGATELLE GIG

Irish rock band Bagatelle will be taking to the Gleneagle Ballroom stage this Saturday, January 13th. Bagatelle first formed in Bray, Co. Wicklow in August 1978. They are known for their popular pop hits such as "Second Violin", "Leeson Street Lady" and "Summer in Dublin", their best known song. Doors open at 8.30pm and show starts at 9.30pm. Tickets: €25



CLEANING UP... READY TO CELEBRATE THE 60TH ANNIVERSARY OF THE NATIONAL TIDY TOWN, FIRST HELD IN 1958 TO HONOUR THE TIDIEST TOWNS AND VILLAGES IN IRELAND. KILLARNEY TOWN HAS BEEN AT THE FOREFRONT WITH DEDICATED VOLUNTEERS, DOWN THROUGH THE YEARS. GETTING IN THE MOOD ON NEW YEARS DAY WERE, KATE O'LEARY, JOHNNY MAGUIRE, EMER CORRIDAN, ANDREW JOY, ANNMARIE O'SHEA-KENNELLY, JULIE MCGOWAN, YVONNE QUILL, KATHLEEN FOLEY, MICHAEL MOYNIHAN, PAUL PURCELL, CLLR MICHAEL GLEESON, CLLR JOHN JOE CULLOTY. PHOTO: VALERIE O'SULLIVAN

2018 TEXACO CHILDREN'S ART COMPETITION

The search to find the young artists who will excel in this year's Texaco Children's Art Competition has begun. Last year four students from Co. Kerry won prizes in the event which is now in its 64th year and widely acknowledged as the longest running arts sponsorship in Ireland. The closing date for entries is Wednesday, 28th February 2018 with judging to take place in March. Winners will be announced in mid-April, with prize giving to follow in May. Details are available through Texaco service stations and online at www.texacochildrensart.com

EVENTS AT KILLARNEY LIBRARY

There is plenty to keep you busy at the Killarney Library for the month of January including:

Sewing & Fashion Club: Friday 12th 11am
Storytime for pre-schoolers: Saturday 13th 10.30am.
National Learning Network Advice Clinic: Tuesday 16th 11am.
Storytime for pre-schoolers: Saturday 20th 10.30am.
Storytime for pre-schoolers: Saturday 27th 10.30am.
Killarney Library Book Club: Tuesday 30th 11am.

KILLARNEY SHORT FILM ON SKY

A short film called Edesia, which was shot on location in Killarney, will be shown on the forthcoming new series entitled "The Short Film Show" and is in the running for one of its

major prizes. Edesia is a quirky interpretative film - the title comes from Edesia the Roman Goddess of food, the title evokes a young girls understanding of a food disorder as seen through her eyes. The Short Film Show series will broadcast its first show next Monday, January 15, at 10pm on Sky 212 and Freesat 161 and will broadcast weekly for 10 weeks. Edesia was nominated for best cinematography in the Southampton International Film Festival last year. Best of luck to the filmmakers, Noreen Bingham and Dennis Earlie.

COMEDY GIG

Pat Shortt is bringing his comedy show to the INEC stage tonight Friday 12th January. The Show 'How's Tings'. One of Ireland's most popular comedians is sure to banish the January blues! Doors open at 7.00pm and show starts at 8.00pm. Tickets: €31.20

IRISH SYMPHONIC WIND ORCHESTRA

The Irish Symphonic Wind Orchestra is returning to Killarney this weekend for its annual three-day workshop and the Orchestra will include a big recital at 2.30pm on Sunday 14th January in the Mangerton Suite of the Gleneagle Hotel. This year they will be performing under Mark Heron who tutors conducting at the Royal Northern College of Music and Manchester University. The Irish Symphonic Wind Orchestra features, by invite only, 90 of the top wind, brass and percussionists from across Ireland. Barbara Fleming, one of the founders, is a native of Killarney and started her music career with Killarney's Gleneagle Concert Band. Admission is free but donations, if desired, can be made at the door. For further information please visit www.iswo.band. This concert is a must for the many music lovers.

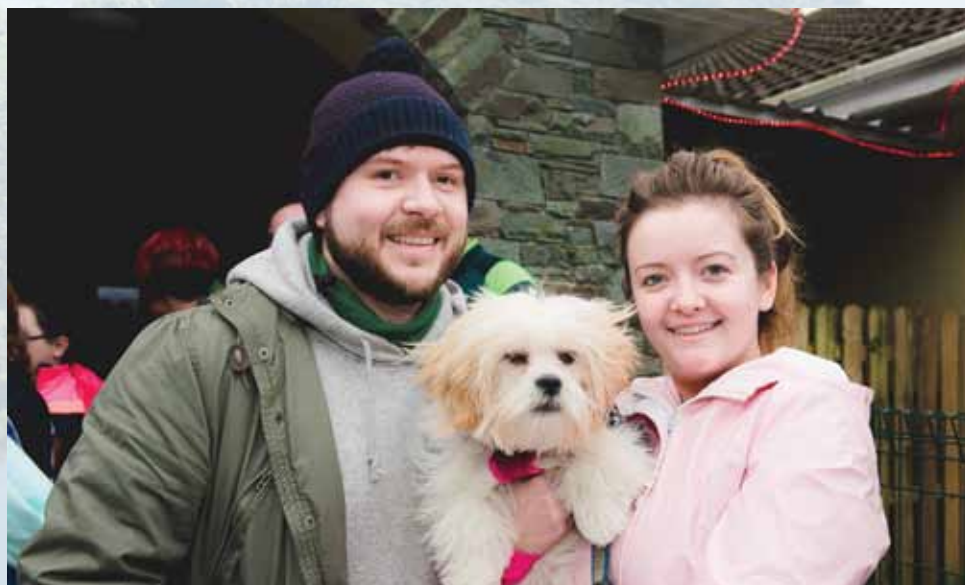
KILLARNEY MUSICAL SOCIETY

The annual table quiz takes place in Mc Sweeney Arms on Friday 26th January at 8pm, tables of 4 are €40, all welcome, great spot prizes.

The society members will shortly be calling to local businesses to collect patronage, we appreciate your continued support.

IT'S A GIRL

Congratulations to Grainne O'Sullivan and Anto Cronin who are celebrating the arrival of their beautiful baby girl. Aoibhín Clodagh weighed in at 6lbs 7ozs at Cork University Hospital yesterday morning. Grainne owns Who's 4 Shoes and First Steps Footwear on High Street and Anto is a teacher in CBS The Green, Tralee.



PICTURED AT KILCUMMIN KLUB HOUSE FOR THE WALK IN REMEMBRANCE OF POPULAR LADIES CATHERINE O'LEARY & MARY LYNCH WERE L-R SHANE CORCORAN, SADIE & LAURA TAYLOR. PICTURE MARIE CARROLL-O'SULLIVAN

CONTRACTS SIGNED FOR SOCIAL INCLUSION COMMUNITY ACTIVATION PROGRAMME

The contracts for the 2018-2022 Social Inclusion Community Activation Programme were signed at County Buildings in Tralee this week.

The Social Inclusion and Community Activation Programme 2018 – 2022 (SICAP) follows the previous SICAP 2015 – 2017 Programme, which saw an overall investment of €4.8 million in social inclusion projects throughout Kerry between 2015 and 2017. Among the many projects which have benefited from SICAP include the 'Steps to Success Programme,' the Kerry Social Farming Project, the Men's Sheds and Revamp projects.

The new SICAP Programme, which came into effect on 1 January 2018 will continue to focus on reducing poverty and promoting social inclusion and equality through supporting communities and individuals using community development approaches, engagement and collaboration.

SICAP 2018 is based on the current programme with a number of key changes. The redesigned programme reflects Ireland's changing social and economic landscape, including the context of reduced unemployment and a general economic recovery. The new programme design has been informed by the results of a national consultation process which took place in the first half of 2017. This consultation process was designed to give a wide range of stakeholders the opportunity to identify areas for development and improvement.



PICTURED AT THE SIGNING OF CONTRACTS FOR THE 2018-2022 SOCIAL INCLUSION COMMUNITY ACTIVATION PROGRAMME, SEATED L-R: MOIRA MURRELL (CHIEF EXECUTIVE, KERRY COUNTY COUNCIL), CLLR NIALL KELLEHER (CHAIRPERSON, LOCAL COMMUNITY DEVELOPMENT COMMITTEE (LCDC)), NIAMH O'SULLIVAN (CHIEF OFFICER LCDC, KERRY COUNTY COUNCIL). BACK L-R: MAURA WALSH (CHIEF EXECUTIVE OFFICER, IRD DUHALLOW), JOHN STACK (CHAIRPERSON, NORTH EAST AND WEST KERRY DEVELOPMENT), EAMON O'REILLY (CHIEF EXECUTIVE OFFICER, NORTH EAST AND WEST KERRY DEVELOPMENT), NOEL SPILLANE (CHIEF EXECUTIVE OFFICER, SOUTH KERRY DEVELOPMENT PARTNERSHIP), MICHAEL SCANNELL (DIRECTOR OF SERVICES, KERRY COUNTY COUNCIL), ANN MARIE FITZGERALD (COMMUNITY UNIT, KERRY COUNTY COUNCIL).

The programme has reoriented itself to be better placed to respond to national needs and priorities, as well as local needs as identified by Local Community Development Committees (LCDCs) through their Local Economic and Community Plans.

The tender process for the appointment of Programme Implementers has been completed and the award of the contracts was approved by Kerry's LCDC in November 2017. The funding agreement with the successful Programme Implementers, namely North East and West Kerry Development, South Kerry

Development Partnership and IRD Duhallow, was signed recently at County Buildings.

The Social Inclusion and Community Activation Programme 2018 – 2022 (SICAP) follows the previous SICAP 2015 – 2017 Programme, which saw an overall investment of €4.8 million in social inclusion projects throughout Kerry between 2015 and 2017. Among the many projects which have benefited from SICAP include the 'Steps to Success Programme,' the Kerry Social Farming Project, the Men's Sheds and Revamp projects.

SAVED FROM DEATH THANKS TO DONATIONS FROM KERRY

Aid agency Concern Worldwide has heaped praise on the people of Kerry and the rest of the country for helping save the life of a starving five-year-old girl in war-ravaged Somalia through their generous donations.

Yasmiin Hassan – one of 1.1 million Somalis forced to flee their homes due to conflict – was suffering from severe acute malnutrition and weighed the same as an average two-year-old when she was brought to a Concern nutrition centre on the outskirts of Mogadishu on March 15 this year.

Her condition was so bad, her mother, Aamiina, believed she would suffer the same fate as one of her brothers, who sadly died with similar symptoms at a time when they had no access to a health clinic.

However, after 12 weeks of treatment, Yasmiin made a full recovery and Concern's health and nutrition team maintain contact with her to ensure she remains healthy.

"Life and joy returned to her eyes," said Concern's Regional Director for the Horn of Africa, Carol Morgan.

"She increased her weight from 12.4kg to a healthier 16.7kg – and measurements of her left upper arm also confirmed an improvement to her health.

"It brings immense joy to the staff when you see the recovery of children we care for like Yasmiin. The staff know they saved that child's life.

"Her smile is a great relief just weeks after being in such an emaciated state. It is truly heart breaking to see any child malnourished.

"You see an emptiness and loss of happiness in their eyes. They stare ahead at nothing, not focusing on anything. They don't play and have no energy – so it is such a relief to see them recover."

Carol and her team praised the Irish public for donating over €1.5 million to Concern's East Africa Appeal this year – which helped fund a greater response to the ongoing food crisis in the region.

The appeal, which involved the use of those first images of Yasmiin, followed the severe drought across East Africa, which left an estimated 20 million people facing starvation.

"You can see from the photograph taken that day just how badly malnourished and ill she was and the new photograph, which was taken when Yasmiin dropped in for a check-up, shows her back to full health, proving even more that aid works," said Concern's Hashim Jelle, who treated Yasmiin and who continues to treat



YASMIIN WHEN SHE ARRIVED AT CONCERN CLINIC ON MARCH 15 AND 12 WEEKS LATER AFTER TREATMENT

tens of thousands of children in Somalia.

Yasmiin's mother, Aamiina, who has seven children, said she is "very thankful" to the Irish public and to Concern for the "kind support" her family are receiving.

Concern photographer, Kieran McConville, who took the first photographs of Yasmiin when she was malnourished, described his delight on hearing she had made a full recovery.

"At a time when the people of Somalia are dealing with so much darkness, this is a glimmer of light," he said.

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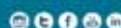
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PICTURE PARADE



ENJOYING WOMEN'S LITTLE CHRISTMAS AT STONE CHAT RESTAURANT THE O'CALLAGHAN LADIES L-R MARIAN JNR, MARIAN SNR, CARMEL (DOTIE) & CATHERINE. PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING THEMSELVES AT NATHAN CARTER NEW YEAR'S EVE CONCERT AT THE INEC, KILLARNEY, BERNA BENNETT, CLARE MCAULIFFE, MARIA CASEY AND RACHAEL MCCARTHY. PHOTO: VALERIE O'SULLIVAN



JOHNNY FRIEL AND JACK BREEN, AT ROCK SENSTATION 'WALKING ON CARS' LIVE PERFORMANCE AT THE INEC, KILLARNEY. PHOTO: VALERIE O'SULLIVAN



ENJOYING WOMEN'S LITTLE CHRISTMAS AT THE ROYAL HOTEL BACK ROW L-R MARY CULLOTY, SINEAD CARROLL, ELLEN CRONIN, PATRICIA HORGAN, EILEEN MITCHELL, MAGS CASEY & KATELYN O'LEARY. FRONT ROW SEATED L-R MARTINA O'LEARY, ANNA O'LEARY, SR HELENA LYNE, BERNIE CARROLL & MARILYN O'LEARY. PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING A GATSBY THEMED WOMEN'S LITTLE CHRISTMAS AT THE BREHON HOTEL WERE L-R ANNETTE MONCH, HELENA FITZGERALD, ELIZABETH MCCARTHY & EILEEN KENNEDY. PICTURE MARIE CARROLL-O'SULLIVAN



AT ROCK SENSTATION 'WALKING ON CARS' LIVE PERFORMANCE AT THE INEC, KILLARNEY, WERE, CARAH MCGLYNN, GERALDINE LEON, NIAMH RID AND CHRISTINE LEON. PHOTO: VALERIE O'SULLIVAN



ENJOYING THEMSELVES AT NATHAN CARTER NEW YEAR'S EVE CONCERT AT THE INEC, KILLARNEY, MICHELLE O'KEEFE, REBECCA O'SULLIVAN, CIARA LONG, NIAMH BRENNAN. PHOTO: VALERIE O'SULLIVAN




RINGING IN THE NEW YEAR AT THE NATHAN CARTER CONCERT AT THE INEC, KILLARNEY, GERALDINE AND MICHAEL MURPHY, EILEEN AND PIERCE PRENDERVILLE, EILEEN AND NIALL MURPHY. PHOTO: VALERIE O'SULLIVAN


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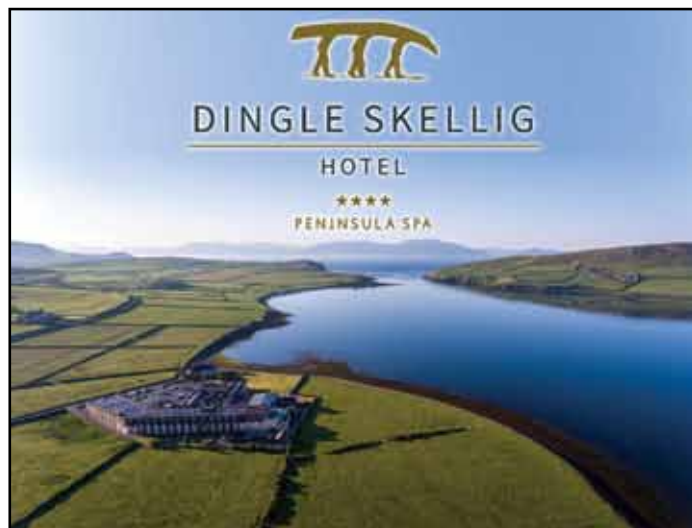
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PICTURE PARADE



PICTURED AT VENDRICKS AND CELEBRATING WOMEN'S LITTLE CHRISTMAS WERE BACK ROW L-R JENN O'SULLIVAN, ELAINE O'DONOGHUE & JENNY FREIL. FRONT ROW SEATED LYSA BROSNAN, SIOBHAN QUINLANN & CHRISTINE HEGARTY. PICTURE MARIE CARROLL-O'SULLIVAN



AT ROCK SENSTATION 'WALKING ON CARS' LIVE PERFORMANCE AT THE INEC, KILLARNEY, WERE, CILLIAN LONG, JENNIFER COUGHLAN AND GRAHAM COUGHLAN .PHOTO:VALERIE O'SULLIVAN



AT ROCK SENSTATION 'WALKING ON CARS' LIVE PERFORMANCE AT THE INEC, KILLARNEY, WERE, LUCY COAKLEY, EVE MURPHY, CHLOE BARRY AND NORA O'SHEA.PHOTO:VALERIE O'SULLIVAN



LAURA MULLINS, DAVE BRENNAN AND LAURA GRIFFIN, RINGING IN THE NEW YEAR AT THE NATHAN CARTER CONCERT AT THE INEC, KILLARNEY.PHOTO:VALERIE O'SULLIVAN



ENJOYING WOMEN'S LITTLE CHRISTMAS AT THE INTERNATIONAL HOTE WERE L-R EVA SPILLANE, EILEEN AHERNE, CHRISTINA O'LEARY, PEGGY WATSON, RAMONA O'LEARY, KAREN BARRY, LORRAINE FITZGERALD, YVONNE O'LEARY, SONIA WALDRON, SHEILA COFFEY, MARIE O'BRIEN, MAGS SLEVIN & JOAN O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN



PADDY AND MAURA O'BRIEN, FROM SNEEM, AT ROCK SENSTATION 'WALKING ON CARS' LIVE PERFORMANCE AT THE INEC, KILLARNEY. PHOTO:VALERIE O'SULLIVAN



AT ROCK SENSTATION 'WALKING ON CARS' LIVE PERFORMANCE AT THE INEC, KILLARNEY, WERE, FIONA BARRY, EOIN O'DONNELL, LORRAINE MURPHY, JENNIFER ANDREWS, KATE CROWLEY, RACHEL MURPHY.PHOTO:VALERIE O'SULLIVAN



LORRRAINE HASSETT AND SHANE HEFFERNAN, AT ROCK SENSTATION 'WALKING ON CARS' LIVE PERFORMANCE AT THE INEC, KILLARNEY. PHOTO:VALERIE O'SULLIVAN

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LUCKY DARA WINS 300 CLUB MEMBERSHIP

Killarney Athletic supporter Dara McCarthy was the lucky winner of the Bowlers garage December facebook competition.

Dara collecting his fully paid Killarney Athletic 300 club membership for 2018 from Mike O'Shea Killarney Athletic AFC and Brian Bowler Bowlers Toyota Garage.

The 300 club will be a monthly draw to be held on the last Saturday of each month with 1st prize of €500 and 5 X Runner-up prizes of €100 each. The maximum participation will be 300 members so there are odds of 6 in 300 chance of being a winner each month.

This is Killarney Athletics major fundraiser towards the Clubs development as well as the day-to-day running of the club.

To become a member contact Mike O'Shea on 087 2226185

PICTURED RIGHT ARE: MIKE O'SHEA, KILLARNEY ATHLETIC, WINNER DARA MCCARTHY AND BRIAN BOWLER.



LEARN TO READ THE LIGHT

If you want to improve your photography, it is critical that you learn how to understand light, and how it impacts your photography.

This image across of Castlough Bay was taken in Killarney National Park. A better understanding of light and how to use it, is imperative if you want to improve your photography skills. Places on our DIGITAL PHOTOGRAPHY COURSE FOR BEGINNERS which starts in February 2018 are filling up fast, so be sure not to miss out. Contact us for course details. info@osullivanphotographyirl.com Micheál O Sullivan Killarney School of Photography.

CASTLELOUGH BAY



CREDIT UNION BEGINS MEMBERSHIP DRIVE FOR THE NEW YEAR

Killarney Credit Union this week announced its membership drive for the new year with four €25 One4All vouchers to win for members who join before the end of January.

Speaking about the initiative, Helen Courtney Power, Business Development Officer stated "The new year is always a good time to begin good habits, by opening a credit union account and starting a regular savings habit is something that you won't regret in the future. We have a wide variety of account types available from new born, juniors, individual, joint and club accounts" she concluded.

The credit union currently has over 25,000 members and welcomes membership from those living and working in its common bond (those living or working in the following areas Killarney, Kenmare, Fossa, Kilcummin, Glenflesk, Beaufort, Kilgarvan, Sneem, Kileentierna, Tuosist and Fies).

Helen added "Its relatively simple to join the credit union, as an individual member, you need



2 forms of ID; photo and address identification (recent utility bill/bank statement and passport/driver's license). Also, membership eligibility such as payslip or household bill to show that you work/live in the common bond area". The credit union offers full online access



HELEN COURTNEY POWER

to accounts via desktop or mobile app, so members can transfer funds electronically to and from their credit union accounts without coming into the branch after account set up. The credit union is open 6 days a week in its Killarney branches and 5 days a week in Kenmare. Further information is available on www.killarneycu.ie

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CAO APPLICANTS MUST KEEP A CLOSE EYE ON THE TIMELINE *By Billy Ryle*



The CAO application season is up and running and continues until all college places have been allocated in October. With more than 80,000 applicants competing for about 48,000 coveted CAO college places, it's vital to submit a complete application form. So stay focussed and be aware of the key dates and the important tasks to be undertaken in the weeks ahead. The 2018 CAO online application opened on 6th November and remains open until 1st February. Open your CAO interactive online account via "Apply" on www.cao.ie, by 20th January to get a discount rate of €30. After that the fee increases to €45 until the 1st February. The closing date for online Change of Course Choices, which is free, is 31st January. You may also use the online Change of Course Choices facility from 5th February to 1st March on payment of an additional fee of €10. This facility can be used to add any restricted courses not already listed on an application or by restricted category applicants. All other applicants should use the free Change of Mind option, between 4th May and 1st July, to make any course changes.

Completed online Higher Education Access Route (HEAR)/Disability Access Route to Education (DARE) forms must be submitted by 1st March. HEAR/DARE supporting documentation must arrive in CAO by 1st April. Late online applications, accompanied by a

fee of €60, will be accepted up to 1st May. Late application may not be made for restricted application courses. From 4th May, you may register a change of course choices online at www.cao.ie. Check that your courses have been updated by using the "My Application" facility before 1st July. Before the end of May, you will be sent a Statement of Application Record to enable you to verify that all information has been recorded accurately. If there is any inaccuracy in the document, contact the CAO immediately. If the data is correct, you need do nothing.

Course choices and preferences may be changed as often as desired, free of charge, between 4th May and 1st July. If you submit a Change of Mind, it cancels all the previous course choices, which you have submitted. The two categories (Level 8 and Level 7/6) are completely separate from each other for this purpose. Any restricted application course, added for the first time via a Change of Mind will not be considered unless it shares the same assessment procedure with a course you had applied for by 1st February.

In early July, offers of places (Round A) are issued to deferred applicants, mature applicants and to those who need to make visa arrangements. In early August, offers of places (Round Zero) are issued to certain non-standard categories of applicants such as FET/QQI and graduate applicants. Round One: the main body of offers will be issued on the 20th August. Last year, 52,374 applicants received offers in Round One. Round Two: a second round of offers will be issued to fill any remaining vacancies. Thereafter, offers will be issued as necessary until the 17th October to fill any vacancies, which may arise.

If you are applying to CAO for any of the five undergraduate medical courses you must also apply for the HPAT- Ireland test by 5.15pm on 20th January. The test will take place on 24th February at centres in Cork, Dublin, Galway, Limerick, Sligo and Waterford.

In the next article, I will guide you through "Apply" – the CAO interactive online application system.

CAO 2018 TIMELINE (retain for reference)

- 20th January: apply by 5.15pm to avail of the online discount rate of €30
- 20th January: register for HPAT (Under Graduate Med.) test by 5.15pm. (fee €135)
- 31st January: online change of course choices (free) closes at 5.15pm
- 1st February: normal closing date, at 5.15pm, for applications (€45 fee)
- 2nd February: register for GAMSAT (Graduate Medicine) test by 10.00am (fee €335)
- 4th February: register for MSAP (Mature Students) test by midnight (fee €78)
- 5th February: online facility to amend course choices opens at noon (€10 fee)
- 24th February: HPAT-Ireland test takes place in Cork, Dublin, Galway, Limerick, Sligo and Waterford on this date
- 1st March: closing date, at 5.15pm, for amending course choices
- 1st March: completed online Higher Education Access Route (HEAR)/Disability Access Route to Education (DARE) forms must be submitted by 5.15pm.
- 3rd March: MSAP test takes place in Cork, Dublin, Galway and Limerick
- 5th March: late online application facility opens at noon (€60 fee)
- 24th March: GAMSAT test takes place in Cork, Dublin and Limerick on this date
- 1st April: HEAR/DARE supporting documentation must arrive in CAO by 5.15pm.
- 1st May: closing date, at 5.15pm, for late online applications (fee €60).
- 4th May: online change of mind facility (free) opens at noon
- 31st May: Statement of Application Record sent to all applicants before this date
- 1st July: change of mind facility (free) closes at 5.15pm
- Early July: Round A offers of places are issued to certain categories of applicants (mature, deferred, etc.)
- 22nd July: exceptional closing date, at 5.15pm, for late applications (fee €60) from those already attending a participating Higher Education Institution (HEI)
- Early August: Round Zero offers of places are issued to certain categories of applicants (QQI FET/FETAC, Graduate entry, etc.)
- 20th August: Round One, the issue of the main body of offers takes place a few days after the Leaving Cert Exam results become available
- 27th August: closing date, at 5.15pm, for accepting Round One offers
- Late August: Round Two offers are issued
- 17th October: Offers will continue to be issued to fill any vacancies, which may arise, until 5.15pm on this date

Billy Ryle is a Career Guidance Counsellor and freelance writer



ON THE 20TH OF DECEMBER THE STUDENT COUNCIL OF ST. BRIGID'S ALONG WITH THEIR TEACHER, MRS AISLING COFFEY ORGANISED A CHRISTMAS JUMPER DAY. STAFF AND STUDENTS GOT INTO THE CHRISTMAS SPIRIT AND ARRIVED IN AN ARRAY OF COLOURS WITH SPARKLE AND GLITTER GALORE. THE PROCEEDS OF THIS YEAR'S CHRISTMAS JUMPER WILL BE DONATED TO THE IAN O'CONNELL FUND.

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RAPUNZEL HAS AUDIENCES IN RAPTURES!

Killarney Community College's Christmas Panto Rapunzel had the audience "Dancing on the Ceiling for two nights.

In true panto style the children in the audiences really got into the spirit of the moment with excited cries of "Behind you" and "Oh no she's not!"

On stage the sheer professionalism of this young cast dazzles a fairy-dust struck audience. Under the direction of Killarney Community College teachers Mike Lynch, Joanna Hughes, Denise O'Sullivan and Mary Fuller many of these first-time actors showed us that there are plenty successors to Michael Fassbender in Killarney!

Every panto needs a goodie and a baddie. Emma Lynch as Rapunzel dripped goodness and all things nice ably romanced by the prince of cool Ethan McKeon. On stage Lena Wildhirt as Gothel strutted the boards with evil intent, you could hear a pin drop and the beating hearts of frightened kids. Laughs came thick and fast when Grainne O'Sullivan was on stage as "The Dame" and her double entendres had adults and children in knots. Liam Waldron, as the Captain of the Guard, was her perfect foil and the chemistry between them sizzled. Abbi O' Mahoney as Queen Gertrude shone majestically especially in songs such as "You don't own me". She was ably supported by her Royal Highness Jeffrey played by Sasha Furlong.

Fairy Flora was poetic and Julie Aleksejenko must be commended for sparkling magic on all of us.

Curly and Bob played by Kim O'Brien and Caoimhe Fleming were so good at slapstick circus-style mayhem that if Fossetts ever needed a pair of clowns they should talk to their agent now!

Frankie was played with aplomb by Carmel Looney. Her exchanges with the Prince and The Dame will live long in the memory.

Special mention also to the three secretaries, Gracie, Lacie and Macie played by Brian Kelliher,



THE CAST OF RAPUNZEL AT KILLARNEY COMMUNITY COLLEGE.

Shenice Good and Chantelle O'Sullivan.

The music was sensational, everything from "Fever" to "Ghostbusters" and "Christmas Carols" sung to perfection. The choreography was also a delight and a special mention to our sister school "Two Mile Community School" for the contribution made by Robert, Andrew, Setanta, Caillean, Holly, Rebecca, Aoife and Erica.

When the Curtain descended on this epic production the crowd rose in unison - Rapunzel had had us in raptures!

According to Principal Stella Loughnane "at this Christmas time of year there is nothing more festive than a panto. What makes this panto more festive and more special is the hard work and dedication of the staff and students who have worked tirelessly for months on end. The talent, the originality, the willingness to give of their time, has contributed so much to the life of the school.

It was a pleasure to welcome the primary school children to our Monday Matinee Show. For those who attended on Monday, Tuesday



A SCENE FROM THE PANTO.

and Wednesday night, I hope they had a wonderful night, the cast and crew of this two hour extravaganza deserved the rapturous applause and standing ovations they received."

ST. BRENDAN'S STUDENTS VIE FOR BT YOUNG SCIENTIST TITLE



ST BRENDAN'S STUDENTS ETHAN O'NEILL, DARRAGH FLEMING AND COLM LOONEY WITH THEIR PROJECT DEER WATCH WHO WILL PARTICIPATE IN THE YOUNG SCIENTISTS EXHIBITION IN DUBLIN.



ST BRENDAN'S STUDENTS ORAN O'DONOGHUE, HARRY AND JAMES KNOBLAUCH WITH THEIR PROJECT INVESTIGATION CONFORMITY AND HOW MINORITIES INFLUENCE IT WHO WILL PARTICIPATE IN THE YOUNG SCIENTISTS EXHIBITION IN DUBLIN.



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RATHMORE/GNEEVEGUILLA

NEWS by Michael O'Mahony FUNDING

Cllr Niall Kelleher mayor of Killarney Municipal District welcome the funding RATHMORE a and Barradubh €360,000 N72 Barraduff West pavement overlay. €1.35 million N72 Forge cross to Rathmore, improvement works in Town Centre.

The TII Have announced funding for N72 Barraduff West Pavement Overlay - €360k - to fund construction of section of N72 (Killarney side of village) in poor condition

N72 Forge Cross to shinnagh cross Rathmore €1.35 million - improvement works in town centre all also 100k for stagmount Bends.

IRD Duhallow, Kerry County Council and the residents of the Shrone Lake Road and the Clydagh Valley to get urgent surface repairs and drainage done to the slug of the road which joins the two areas aforementioned.

€10,000 has been spent from the Rural Recreational Fund cllr Niall Kelliher Mayor of Killarney Municipal District acknowledge that Danny Healy-Rae TD provided a digger free of charge to assist with this important work cllr kelleher want to thank IRD Duhallow and Kerry County Council for assisting in these works. cllr Niall Kelleher Mayor of Killarney Municipal District welcomes all projects and will be great benefits to Community and is delighted to have been assistance in insuring the funding

RATHMORE GNEEVEGUILLA COMMUNITY GAMES

We would like to wish all our committee, coaches, parents, families and especially the children involved in Community Games in 2017 a very Happy New Year and we look forward to all the events in what we hope will be a very successful 2018 for everyone. Please follow us on Facebook and Instagram for updates and trial announcements

CE SCHEME VACANCIE

Rathmore Social Action Group are recruiting for the following positions in Rathmore:

- 1) Kitchen Assistant - Teach Íosagáin
- 2) Youth Assistant - Teach Íosagáin
- 3) Care Assistants - St Joesphs Day Care Centre 19.5 hours per week (or week on week off for Care Assistants ONLY).

Level 5 QQI Major Award sponsored for the successful Candidates.

Applicants must be in receipt of a relevant Social Welfare Payment for 12 months or more. Applications to: supervisorathmore@gmail.com or Ring 0892247454 / 0647758913 for more information

BABY JOY

Congratulations to Delcan and Joanne Moore Clounts Rathmore Who give birth to baby girl Hannah who was born with a title kerry' S New year Baby 2018.at Kerry University Hospital Kerry on New year Day.

KERRY HOSPICE FOUNDATION

The local fundraising branch handed over a cheque for €1600 to Kerry Hospice Foundation. The presentation on Christmas Eve was the proceeds from the sale of Christmas Cards and from collection boxes in local shops and bars.



THE GILES FAMILY, FAHA AT THE RICHARD GILES TRACTOR RUN IN AID OF PIETA HOUSE SATURDAY 31ST DECEMBER

The funds will help with the financial demands of the new inpatient palliative care unit at University Hospital Kerry which opened mid-December. Thanks for the ongoing generous

RIP

Sympathy to families relatives of Joan Murphy (née Hickey) Corran Headford, Rathmore & Noreen O'Leary, Tureenamult and late of Leamyglissane, Gneeveguilla, & Julia (Sheila) Coakley (nee Crowley), Knockragh, Killarney & Gortnahaneboyne West, & Donal Harnett, East End Rathmore & Dan Crowley Inches, Rathmore, Formerly of Knockreigh, Scartaglin. Who deaths were renneliy May they all rest in peace

MARIAN PLAYERS

31st Annual Marian Players Rathmore Panto Group The PIED PIPER opens Saturday January 27th .at Rathmore Community Centre at 7.30pm further information & booking contact 0647758526. More Details next week allz proceeds to Kerry Parents parents Friends Association.

SLIABH LUACHRA CYCLING CLUB

If your New Year's resolution for 2018 is to cycle the Ring of Beara, Ring of Kerry or simply want to take up cycling to get fit - Sliabh Luachra Cycling Club is starting a couch to Ring of Kerry programme for all levels of cycling abilities. The programme will start mid January, it will include 8 to 12 weeks of spinning and also bike skills sessions before hitting the road. For further information contact 087 7023562.

NEWS FROM CLLR MICHAEL GLEESON

At the recent Municipal Area Meeting held in Rathmore, Councillor Michael Gleeson asked that Kerry County Council would give urgent priority to the development of a proper footpath eastwards on the Main Street, initially at least as far as the Kerry Agri Centre building as the present situation is both unacceptable and inadequate.

The Council replied that it has received 100,000 euro for Town & Village Renewal countywide. It is preparing a Feasibility Study on the upgrade of Rathmore to DMURS standards. This will include improved facilities such as footpaths,

public lighting and pedestrian crossings. This report will be submitted to the TII for approval for funding. The section of footpath referred to in Notice of Motion by Councillor Gleeson will form part of the submission.

Both of the above funding sources will merge into one project. Cllr. Gleeson welcomed the commitment to seek the money to do this very necessary upgrading in the interest of pedestrian safety.

RATHMORE GAA

Club AGM on Sunday January 14th at 2pm. At Club Rooms Rathbeg all members welcome to attend

WEDDING BELLS

Congratulations to the following who got married over Christmas period Billy Moore Clounts Rathmore who married Triona Raymond Trale & John Hickey Presbyteries View Rathmore who married Maguerite O'Connor Kilcummin. Siobhan Guerin Rathduane. Rathmore. who married Christopher Breen Coolmagort Beaufort and Kirsty O' Brien Ballydaly married Thomas McCarthy Ballydaly .

ANNUAL WEIGH-IN

Beginning on Monday last January .8th at 8.00 p.m. in Cullen Community Centre

This is a most successful fundraising event and we look forward to meeting you again this year. Voluntary fundraising is hugely important to enable centres achieve high standards and maintain services for those with special needs, who are most vulnerable in our society.

The 2018 Weigh in commences on Monday January 8th at 8.00 p.m. and concludes on Monday March 12th, when cheques will be presented to representatives of the various centres where our friends are educated and cared for.

Dr. Pat Casey will again oversee the Weigh in; and back again for 2018 is our popular Jiving Classes with Aisling & Leanne. Commencing Mon. Jan. 15th @ 8pm.

We invite you to Jive your weight off – put on your dancing shoes and try a new way of getting active to boost your weight loss, improve your fitness & energy levels, as well as

toning up.

We are grateful to the many people who give so generously of their time, their talents and their resources over the years in our fund-raising efforts and we are fortunate to have so many professionals who volunteer their services to the cause; - all who sponsor and help to make the vintage afternoon such a great success, all who support our Weigh - in, and the media who promote our events.

I would like to thank you for your generosity in the past and assure you of our sincere appreciation and gratitude for your continued support and participation and look forward to seeing you again on the 8th D.V. Please bring a friend.

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm Sunday.

FOSSA NOTES

LOTTO

Numbers drawn were 3, 12, 21, 22. There was no jackpot winner and the €40 consolation winners were Martin Crowley, c/o John O'Neill, Ciara O'Sullivan, c/o Golden Nuggett, Chris Foley, c/o Mick Clifford, Benson family, Keel Castlemaine and Gary Wynne, c/o Kaynes Bar. Next weeks jackpot will be €3,300.

CÓISTE NA NÓG

The Cóiste na nÓg AGM will take place in the clubhouse on Tuesday 16th January at 8pm, all are welcome.

LISTRY NOTES

LISTRY/MILLTOWN FLEADH CHEOIL

A huge thanks to all who supported our "GOOGLE-FRIENDLY" quiz in O'Shea's Milltown last Friday in support of the upcoming Fleadh Cheoil Chiarrai. Hoping to see you all again at our next quiz in The Plough Bar, Milltown on February 2nd. Happy New Year to all our friends in Comhaltas.

ZUMBA TONING

Zumba toning with Lelia in Listry Community Centre every Wednesday 7-8pm. Starting back wednesday 10th January 2018.

SPA NOTES

ANNUAL GENERAL MEETING

Will take place Sat Jan 13th @7pm in the clubhouse. All members and players are asked to attend.

SCOR NA NOG MUNSTER CHAMPIONS

Congratulations to our Rince Set team who will represent Munster in the All Ireland in Sligo on Feb 17th. Well done to team coach Triona Mangan and her dancers Liam Spillane, Erin Holland, Eoghan Mulvaney, Orlaith Spillane, Gary O Sullivan, Siona Moynihan, Cian O Sullivan and Meghann Cronin. Hard luck to our figure dancers who performed brilliantly. Also to our Trath na gCeist team who lost by the narrowest of margins to Dr. Crokes in the County Final.

SCÓR NA BPAISTÍ AND SCÓR SINSEAR

Any club members interested, please contact



ENJOYING THE ORGANISED WALK IN REMEMBRANCE OF MARY LYNCH & CATHERINE O'LEARY LAST WEEK IN KILCUMMIN WERE L-R MAGS CRONIN, ANTIONETTE CRONIN, MARIE CRONIN, SEAN LYNCH, AVA O'SULLIVAN, AIMEE SEXTON, JOEY MCCARTHY, OLIVIA LYNCH, CIAN LYNCH, DONAL CRONIN & SEANAGH CRONIN. PICTURE MARIE CARROLL-O'SULLIVAN

Eileen on 087 9940594. Scór na bPaisti competition open to Primary school children.

ANNUAL AWARDS NIGHT

Takes place Sat Feb 3rd in Torc Hotel at 7.30pm. Buffet/Dance only €20. Tickets on sale from committee members.

LOTTO

Draw held in The Torc Hotel. Jackpot €12,800 not won. Numbers drawn 02, 09, 12, 22. Annual Draw winner €50: Joan McMullen. Lucky Dip Winners €50 each: Patrick Nagle, Mastergeeha; Claire O Leary, Scartaglin; Sheila O Donoghue Valley View, Muckross; David Herlihy. Next week's draw on 8th January will be in Sweeneys for a jackpot of €13,000.

COMMUNITY NOTES

Sympathy is extended to the relatives of Sheils Coackley, Knockragh and Josie Lyne Tiernaboul who passed away recently. Also former Spa footballer, Jeremy Kenny, on the passing of his mother.

May They Rest In Peace

HALL OF FAME AWARD FOR ANDY O'SULLIVAN

Heartiest congratulations to our long serving member Andy O'Sullivan, who is the 2018 East Kerry GAA Hall Of Fame recipient. During his three terms as chairman of Spa GAA, Andy made a huge contribution to the development of facilities and in particular to the development of the Sports Complex and Sports Hall which is now used both by Spa members and outside sporting groups and Club lotto. He also made a huge contribution to the East Kerry GAA Board, for a prolonged period as treasurer of during one of its most successful periods when the teams won divisional senior championship titles, in 1997, 98 and 99, along with Co. minor and U-21 titles. Andy is endowed with a huge business acumen and a genial personality which has gained him widespread popularity among the GAA fraternity of East Kerry. He will be presented with his well deserved award at a Gala Banquet in the Gleneagle Hotel on Friday, January 12th and no doubt the occasion will be celebrated with his many GAA friends.

KILCUMMIN NEWS

SYMPATHY

Sympathy is extended to the family of the late Margaret McGillicuddy, Anabla, Joe Doyle, Knockragh and Daniel O'Mahony, Rockfield who died recently. May they rest in peace.

COMMUNITY ALERT

Thanks for your generous support of our Annual collection. Happy New Year and let us watch out for each other in 2018 with text alert.

JUNIOR SET DANCING

Junior Set Dancing enrolment will take place on Friday Jan. 12th from 7pm to 7.30pm at the Recreational Hall. Classes will commence on Friday 19th at 7pm for beginners / intermediates and 8pm for advanced. Children 4 years upwards are welcome from within and outside the Parish. This is an ideal opportunity for young people to learn our traditional sets, make new friends and get some valuable exercise. Further info contact Mary or John Moriarty on 087-9620135 / 086-1579381 respectively.

CE VACANCIES

Vacancies presently exist on the Kilcummin Rural Dev. C.E. Scheme for the position of Maintenance/Caretaker. This position is a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your Local Dep. of Social Protection Intreo Office to check your eligibility. To apply, please forward your CV for the attention of the Supervisor to Rural Dev. Office by post or email john@kilcumminparish.com. contact John 086-1579381.

KILCUMMIN LOOKING GOOD

Please note that the recycling / bottle bank has been relocated within the yard of the Village Inn.

KILCUMMIN GAA AWARDS NIGHT

Kilcummin GAA club honoured some of its club members recently for their commitment and loyalty to the betterment of their club and community at a function in the club rooms as follows: Club person of the year - Denis Casey, Merit Awards: Mike Teahan, Nessa Doolan and

Tom O Shea, Senior Player Michael O Shea, Junior Player Oscar O Connor. Life Time Award Dermot Moynihan

AGM SENIOR CLUB

The AGM will be held on January 19th @ 8p.m.

COACHING FORUM

This Saturday January 13th @ 7 p.m. All Mentors from academy to Seniors gents and ladies are expected to attend as this forum run by the county board is designed to set out a strategy for coaching in the club long into the future

PINK NIGHT

The ladies committee charity Fund Raiser was a marvellous success on Saturday night last raising a considerable sum of money for the Oncology Unit U.H.K. Firstly let us acknowledge the huge volume of unnoticed work that the ladies committee undertook to make this a success from acquiring generous sponsorship, advertising, making up the numerous hampers, decorating the Klub and selling tickets on the night. Secondly we should show our appreciation for the many many sponsors who were so willing to play their part both for the spot prizes and door prizes and thirdly most importantly to the community at large who showed up on the night and supported this most deserving cause and the work of the ladies committee. Photos of the night are available on facebook and website and the amount realised will be published later on the handing over of the money.

GLENFLESK NOTES

GLENFLESK LOTTO

No winner of the lotto which took place in John Duns on 02/01/18

Jackpot - € 4,400, Numbers were 19 24 27 28

1.Conor & Fiona McSwiney Gortacooch (Yearly ticket) 2. John Murray C/O Micheal O' Donoghue (sellers prize) Micheal O'Donoghue 3. Tim Cooper Droum 4. Michael Murphy Faha 5. Tom O'Connor Kilbreen The next draw will take place in Spillanes Bar on 15/01/18 and the Jackpot is €4600.

SCOR NA NOG

Our Scor na nOg Ballad Group were in the Munster final on January 7th and unfortunately didn't progress to the All Ireland Final stage. Congratulations to the girls on a great run this year.

GLENFLESK AGM

Our Club AGM will be held in the Clubhouse on Tuesday January 23rd.@ 8.15pm.

Nominations and motions should be sent to Secretary before Monday 15th. (email secretary. glenflesk.kerry@gaa.ie or text 0868113443).

GLENFLESK GAA RACE NIGHT

Our re-scheduled race night to raise funds for the juvenile sections is now on Friday 12th January in the Kerry Way. First race is at 8.00pm. It promises to be an entertaining night and a great opportunity to meet other club members and supporters of the club. All support appreciated.

RAHEEN N.S.

Congratulations to Sean & Kathleen O' Sullivan who had the winning lotto no. 16 on Saturday the 30th of December.



LISTRY LOTTO WINNER

FRONT ROW L/R TED SCANNEL. CHAIRMAN LISTRY LOTTO. LIZ TANGNEY. WINNER. ELIS TANGNEY. PADDY TANGNEY. GER TANGNEY. BACK ROW L/R. JEROME KENNEDY. TONY DARMODY. MAURA KENNEDY. JOHN JOE COURTNEY. ANTHONY CLIFFORD. DAVID KENNEDY. JOHN JOE TANGNEY.



A TIDY GATHERING... ARCHDEACON MICHAEL MURPHY, AT THE CENTRE OF KERRY'S SUCCESSFUL TIDY TOWNS WINS AND GOLD MEDALS DOWN THROUGH THE YEARS IN SNEEM, KENMARE AND KILLARNEY. HE CALLED INTO DER O'SULLIVAN'S FOR A CUP OF TEA WITH JOHNNY MCGUIRE, AND MET SEAN O'GRADY, NOREEN LYONS AND CON DUGGAN. PHOTO: VALERIE O'SULLIVAN



PICTURED AT KILCUMMIN KLUB HOUSE FOR THE ORGANISED WALK IN REMEMBRANCE OF THE LATE CATHERINE O'LEARY & MARY LYNCH WERE L-R DONAL CRONIN, CLAIRE TANGNEY, SINEAD CRONIN & RACHEL O'GORMAN. PICTURE MARIE CARROLL O'SULLIVAN

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visitors a vibrant atmosphere for meeting friends old and new. This lively bar serves an extensive bar food menu from noon to nine thirty seven days a week.


The Oriel House Hotel has established an excellent reputation as a popular business hotel in Cork, ideal for conferences, meetings and events. We have an excellent selection of well appointed conference suites catering from two to four hundred and eighty delegates.

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the beautiful enclosed courtyard to the front of the hotel with its uniquely tranquil setting to welcome your guests and a mix of eighteenth century and modern accommodation. You and your guests will experience nothing but pure luxury.... The Leisure Club has been exclusively developed to encourage relaxation and rejuvenation. It is fully air conditioned, with a 25m swimming pool and a fully equipped gym with separate weights room and large aerobics studio with a selection of fitness classes available.








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PRESIDENT'S CUP SEMI-FINAL

LAKERS OVERPOWERED IN PRESIDENT'S CUP

Scotts Lakers St Paul's Killarney 74 Ballincollig BC 98

Despite enjoying an impressive start, Scotts Lakers were overpowered by Ballincollig in the Hula Hoops President's Cup Semi-Final in The Neptune Stadium Cork last Saturday night. The Cork side took over in the second quarter and their advantage was never really threatened after this. American Cameron Clark led the way for Ballincollig with 39 points against a Killarney side that failed to play to true potential on the night.

Scotts Lakers started in convincing fashion with Dailian Mason, Antuan Bootle and Philip O'Connor helping them to an early 10-5 lead. However Clark found his range and it was 10-10 midway through the first quarter. Lakers kept in touch with Mason prominent while Dan Griffin and Padraig Lucey caused problems for Ballincollig under the boards. Mark Greene added a three-pointer but Clark and the O'Sullivan cousins -Ronan and Ciaran- were dominant and the Cork side enjoyed a 22-19 lead at the end of the first quarter.

Leading 28-23 after one minute, Ballincollig extended that advantage to 37-23 after three minutes with Clark and the O'Sullivans continuing to impress. Their pressurising full court press forced a succession of turnovers from Scotts Lakers while the Killarney side also failed to convert several free throws. Ballincollig led 48-28 with three minutes left in the half. Baskets from Mason, Bootle, Griffin and Greene narrowed it to 55-39 at half-time. It was still a big mountain to climb for Scotts Lakers as Mason and Bootle gave a glimmer of hope with baskets that closed the gap to 55-43 early in second half. However it was the closest they could get as there was no stopping Cameron Clark and Ballincollig led 62-43 after three minutes. Ballincollig made shot after shot and committed little or no violations in what was an extremely strong quarter for the Corkmen and they led 79-53 entering the final period.

The final quarter was a mere formality as Ballincollig's advantage extended to 30 points at one stage, 83-53. Another three-pointer from Dailian Mason and a succession of late



SCOTT'S LAKERS ST. PAUL'S KILLARNEY, WHO LOST TO BALLINCOLLIG IN THE PRESIDENT'S NATIONAL CUP SEMI-FINAL IN THE NEPTUNE STADIUM, CORK LAST SATURDAY NIGHT. FRONT FROM LEFT ARE MARK GREENE, KEITH O'GRADY, SHANE HORGAN, PHILIP O'CONNOR (CAPTAIN), BILLY WISEMAN AND DAILIAN MASON. BACK FROM LEFT ARE CIAN CLERNON, ANTUAN BOOTLE, PAUL CLARKE, PADRAIG LUCEY, ANDREW FITZGERALD, DAN GRIFFIN AND JUSTIN TUASON. PICTURE: EAMONN KEOGH

scores from Antuan Bootle brought it back to 84-66 midway through final quarter. Bootle had 12 points in the final quarter where Lakers actually outscored Ballincollig 21-19 but it was all too little too late at this stage to threaten the Cork side's dominance.

Ballincollig enjoyed a comfortable 24 point win in the end and progress to the Cup final to meet Keane's Killorglin. Scotts Lakers will reflect on what might have been. It was never going to be easy against opposition that has one of the best Americans in the league in Cameron Clark and two outstanding Irish players in Ciaran and Ronan O'Sullivan. A costly 14 turnovers and 10 missed free throws didn't help the Lakers cause either. They struggled to make any serious impact in the match and failed to punish Ballincollig in areas where pre-match expectations indicated that they had the potential to do so. It is back to league action for the rest of the season now for Scotts

Lakers and reaching a cup semi-final was still a big achievement in their first season back on the national stage after such a long absence.

Scotts Lakers St Paul's Killarney Top scorers: Antuan Bootle 27, Dailian Mason 13, Padraig Lucey 12, Mark Greene 9, Dan Griffin 8, Philip O'Connor 3, Andrew Fitzgerald 2.

Ballincollig: Cameron Clark 39, Ciaran O'Sullivan 18, Ronan O'Sullivan 18.

HOME GAME

Scotts Lakers are at home in the league this coming Saturday January 13th and will host Limerick Celtics in Killarney Sports Centre at 7.30 P.M. The sides clashed earlier this season with Lakers winning 105-93, despite a a whopping 53 points from Limerick's outstanding American shooter Matt St Amour. He will require close attention as Scotts Lakers aim to put the cup disappointment behind them and have a successful start to the second half of the league season.



JUSTIN TUASON, SCOTT'S LAKERS ST. PAUL'S KILLARNEY, BREAKS AWAY FROM DYLAN CORKERY, BALLINCOLLIG IN THE PRESIDENT'S NATIONAL CUP SEMI-FINAL IN THE NEPTUNE STADIUM, CORK LAST SATURDAY NIGHT. PICTURE: EAMONN KEOGH



SCOTT'S LAKERS ST. PAUL'S KILLARNEY SUPPORTERS AMONG THE CROWD AT THE PRESIDENT'S NATIONAL CUP SEMI-FINAL IN THE NEPTUNE STADIUM, CORK LAST SATURDAY NIGHT. PICTURE: EAMONN KEOGH

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HERE ARE SOME HELPFUL FACTS AND ADVICE TO KEEP YOU ON THE STRAIGHT AND NARROW THIS JANUARY

It is important to mention at the start of this article that the body will naturally detoxify itself

So technically speaking there is no need for detoxing to rid your body of toxins. However everyone needs a good clean out now and again and repeated consumption of foods that are making us toxic can put serious stress on the body internally, as it metabolises these foods and drinks & painstakingly eliminates the toxic overspill off them. The more toxic a food is the more pressure it will put on your body to try and process it & eliminate the waste and unwanted toxins. Repeated consumption of toxic foods with no rest or breaks or detox periods means the bodies renewal or natural detox process is under pressure & may not be able to work as fast as the toxins are being pumped in, causing pressure on the organs and risk of disease and illnesses. I suppose it is like making your dishwasher work on overdrive to continually clean the dishes non stop and all of a sudden it just packs in as it has had no rest! Now do you get the picture? If the body is under pressure or stress it will break down.

There is so much info out there about the importance of reducing emotional, physical & psychological "stress" but have you ever considered the stress you are putting your body under by consuming too much toxic foods & drinks. You may be a very calm "stress free" person your body could under a different form of stress internally, as you try and eliminate and process all the toxic foods. Symptoms may present themselves as low energy, irritability, irregular bowel movements, low immune system, depression, anxiety and the list goes on.

MORE TIPS NEXT WEEK...

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HEALTH TIP

AVOID CRASH DIETS

They are bad for health and you will gain what you have lost once you take a break. Crash diets are not a solution to weight loss. It might seem as if you have lost few pounds but the moment you give up on the crash diet everything will bounce back with a vengeance.

DIET



Beauty tip

Eye Makeup

For smudge-proof eye makeup, take blotting tissue to remove any oil or any excess makeup from the eye area. Then, apply a small dab of cream concealer to hold things in place.

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TRY THIS INSTANT STRESS BUSTER!

Are you stressed? Are you so busy getting to the future that the present is reduced to a means of getting there?

One of the best definitions of stress I have ever heard is this: "Stress is caused by being 'here' but wanting to be 'there,' or being in the present but wanting to be (or living) in the future. One of the quickest ways to bust through stressful feelings is to anchor your self deep within your body in the present moment! This is why stress related exercise practices are so great i.e. Tai Chi, Qi-Gong, Chakranetics etc.

For an instant stress release try this three-step exercise:

1. Become aware of where and when you begin to feel stressed. Notice where you feel stress in your body.
2. Place your hand over that area and breathe in deeply through your nose (as if you are smelling a rose). Exhale through your mouth (as if you are blowing out a candle).
3. Be in the moment as you connect with your breathing and body. Feel the peace that this moment brings and remind yourself quietly "Right now in this very moment, all is well."

The key is to practice doing everything in your life in the moment you are in and focusing so totally on this that there is no thought or worry of tomorrow.

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SCHOOLBOY/GIRL SOCCER

THE FIRST WINNERS OF 2018

JK SPORTS 12 PREMIER

Killarney Celtic A 2-1 Killorglin A

Park A 3-2 Tralee Dynamos A

Inter Kenmare 0-5 Killarney Athletic A

12 DIVISION 1

Mastegeeha A 2-0 Ballyhar A

Listowel Celtic A 7-1 Dingle Bay Rovers

12 DIVISION 2

Listowel Celtic B 0-6 Camp Juniors

Mastergeeheha B 5-4 Killorglin C

MEK 1-1 Park B

JK SPORTS 12 PREMIER GIRLS

Inter Kenmare White 2-8 Camp Juniors

Inter Kenmare Blue 3-0 Listowel Celtic

Killarney Celtic White 5-1 Fenit

QUILLS WOOLLEN MILLS 14 PREMIER

Killarney Celtic 6-0 Tralee Dynamos

Listowel Celtic A 0-8 Park A

Killorglin A 2-0 Killarney Athletic A

14 DIVISION 1

Ballyhar 5-1 Killarney Celtic B

Iveragh United 1-2 Mastergeeheha

Killorglin B 0-1 Ballyheigue

14 DIVISION 2

Fenit 3-1 MEK

Castleisland 2-1 LB Rovers

TRALEE TROPHY WORLD 16 PREMIER

Ballyhar 4-3 Park A

Killarney Celtic – Killarney Athletic

16 DIVISION 1

Iveragh United 4-5 Dingle Bay Rovers

Mastergeeheha 4-2 Killarney Celtic B

MATCH REPORTS

12 PREMIER RACE REALLY TIGHTENS UP

Killarney Celtic has joined Killorglin at the top of the JK Sports 12 Premier Division after the two sides met in Celtic Park. It was the home side that took the points thanks to goals from Mikey Murphy and Pdraig O'Donoghue. Both of these sides are now on 10 points.

Also on 10 points are Killarney Athletic who were 5-0 away winners at Inter Kenmare. The goals for the Killarney sides came from Tom Healy, Oisin Lynch, Noah Sexton, Tom Benson and Bryn Flaherty.

The Park are on 9 points after they won an exciting Tralee derby. They were 2-0 up at home to Dynamos thanks to goals from Seamus Kelly and Jay Jay Olajitan. But their neighbours fought back to level matters with goals from Shayne Stack and Adam Evans before Jack Slattery scored what proved to be the winner with 5 minutes to go. Tralee Dynamos remain well in the hunt on 7 points.

Listowel Celtic top of Division 1 on their own: Listowel Celtic lead the 12's Division 1 following a 7-1 home win over Dingle Bay Rovers. They move onto 16 points as their co-leaders Killarney Celtic did not play. The Listowel Celtic goals came Oisin Healy with 4, Evan Boyle 2 and Rurai Linnane while Dingle Bay's goal was scored by Cian McGearailt.

Mastergeeheha move up to joint 4th place on 10 points following a 2-0 home win over Ballyhar A. John Hughes got both goals for the Kilbreen side.



THE KILLARNEY CELTIC TEAM WHO DREW 3-3 AGAINST KILLARNEY ATHLETIC AT ATHLETICS PITCH IN FERNDALE ON SUNDAY.
PICTURE MARIE CARROLL-O'SULLIVAN

CAMP JUNIORS OPEN A GAP AT THE TOP OF DIVISION 2:

Camp Juniors have opened a two point gap at the top of Division 2 after their away win at Listowel Celtic B. The Camp goals came from Dean Goodwin, Jack Greaney, Dylan O'Sullivan, Paudie Fitzgerald, Fionn Dario and Ryan Houlihan.

MEK were level with Listowel Celtic at the start off the days but were held to a 1-1 at home to the Park B. However they still have a game in hand over the leaders. Both goals in this game came in the second half with Tadgh Gosney scoring for MEK and Finn O'Neill for Park B.

Mastergeeheha B have moved level with MEK after they got the better of Killorglin C in a 9 goal thriller. The Kilbreen side hit 5 with Aidan Collins on a hat trick and 2 from Barry Collins. An Aaron Doyle hat trick and one from Jack Evans was just not enough for Killorglin to salvage a point.

INTER BLUE AND KILLARNEY CELTIC GREEN TIED AT TOP OF 12 GIRLS PREMIER

In the JK Sports 12 Girls Premier Inter Kenmare Blue's 3-0 win over Listowel Celtic sees them join Killarney Celtic Green on 12 points.

Camp Juniors are in third on 9 points as they got past Inter Kenmare White. The goals came from Suvi O'Connor, Tara Ryan, Miriam Sheehan, Sinead Murphy, Jennifer O'Donnell and Eabha Lyne with Orla Murphy also playing well for the winners.

Killarney Celtic White had goals from Naoishe O'Donoghue, Andrea Murphy and Michaela O'Meara in their win over Fenit whose goal came from Aoife O'Brien.

Both goalkeepers – Killarney Celtic's Aoibin Kelly and Fenit's Shauna Harris - were excellent on the day with Lily Parker also impressing for Fenit.

PARK THE NEW LEADERS IN 14 PREMIER

St Brendan's Park had a big win away to Listowel Celtic A with their goals coming from Messiah Chirwa 3, Sean O'Connor 2, Cianan Cooney, Samuel Aladesanusi and Cillian Murphy. The win sees them move from third to top of the table on 11 points with Listowel Celtic dropping from 2nd to 3rd.

Killarney Athletic are now second after they

lost 2-0 to Killorglin who are now joint third. The game was tied scoreless at half time with Athletic probably having the better of the chances.

However in the second half Adam Owens and Ciaran O'Sullivan hit two quick goals for Killorglin and their defence held Athletic scoreless despite their best efforts.

Killarney Celtic will be happy with their three points following their win over Tralee Dynamos. Ryan Looney 3, Mike McCarthy 2, Luke Crowley and Senan O'Leary hit the goals for Celtic.

Ballyhar remains unbeaten in Division 1: Ballyhar are unbeaten and on seven wins from seven as they continue to dominate Division 1. They defeated Killarney Celtic B 5-1 thanks to a James Horgan hat trick and one each from Luke Ring and Stephen Palmer.

Mastergeeheha moves into joint second place changing places with Iveragh United who they defeated 2-1. Dara O'Callaghan and Mark O'Shea got the Mastergeeheha goals with Jack O'Connor replying for Iveragh United.

Ballyheigue are now level on 9 points with Mastergeeheha as they were 1-0 winners away to Killorglin B. Feilim O'Sullivan got the all-important goal.

FENIT EXTEND DIVISION 2 LEAD

It was a good day for Fenit as they won 3-1 at home to MEK. Eddie McCarthy got both and Robert Monaghan the third in the win with Kevin Harant replying for MEK. Fenit move onto 14 points.

Castleisland are onto 11 points and into second place after they defeated LB Rovers, who slip to third, 2-1. The Castleisland goals in the game played on Friday night came from Ryan Dennehy and Alex Kepp. Jack Sheehy got the goal for LB Rovers.

KILLARNEY CELTIC TOP OF 16 PREMIER

Killarney Celtic second win from their two games sees them top the Tralee Trophy World 16 Premier. Celtic defeated their Killarney town rivals Athletic thanks to two goals from Cian McMahon and one each from Terry Sparling, Jack McCarthy and Patrick O'Connor.

The Park were 3-0 up in their game away to Ballyhar thanks to goals from Michael Lally 2 and TJ McMahon. But the home side staged a great fight back thanks to a Jason Brennan hat trick and one from John Power and they took the win 4-3.

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CAMP JUNIORS STILL THE ONES TO CATCH IN DIVISION 1

Division leaders Camp Juniors and Dingle Bay Rovers gained the first points of 2018 as they played out a 1-1 draw on January 2nd. Colm O'hEartain scored from the West Kerry side with Caolan O'Connell getting the Camp Juniors goal.

Dingle Bay Rovers made it a good week as they defeated Iveragh United by the odd goal in 9 at the weekend. Naoise McGearailt hit 4 with Tomas O'Se getting the 5th while Cathal O'Shea hit 3 and Seamus Curran one for the South Kerry side.

FENIT LEAD DIVISION 2

Things are very tight at the top of 16's Division 2 after a 3-0 win over Castleisland. They are onto 13 points while Mastergeeha are hot on their heels as they are now unbeaten in their 4 games and are on 12 points.

The Kilbreen side fell behind on 10 minutes but replied straight away thanks to a Philip O'Leary goal. Killarney Celtic restored their lead but again Mastergeeha drew level thanks to Paudie Murphy just before half time after good work by Cathal Ryan.

Mastergeeha pushed on in the second half and hit two more without reply from Dara Tagney and Cathal Ryan to seal the win.

FIXTURES

SATURDAY JANUARY 13TH 2018

Moriarty's Centra 11:

Premier South:

Killarney Athletic – Ballyhar 10.30

Iveragh United – Mastergeeha 11.30

MEK – Inter Kenmare 12.30

Killorglin – Killarney Celtic 4.35

Premier North:

Castleisland – Listowel Celtic 10.30

Fenit – LB Rovers 10.30

Tralee Dynamos – Dingle Bay Rovers 11am

Camp Juniors – Park 11.30

Division 1 South:

Ballyhar B – Killarney Athletic B 10.15

Inter Kenmare B – Killorglin B 11.30

Killarney Celtic B – Mastergeeha B Sunday

Division 1 North:

Castleisland B – Listowel Celtic B 11.30

Park B – Tralee Dynamos B 11.45

Camp Juniors B – LB Rovers 12.30

Division 2:

Listowel Celtic C – Tralee Dynamos C 10.30

Killarney Athletic C – Killarney Celtic C 11.30

Inter Kenmare C – Park C 12.30

JK Sports 12 Premier:

Killarney Celtic A – Park A 1.30

Daly's Supervalu 13 Premier:

Killarney Celtic – Killorglin 10.30

Mastergeeha A – Killarney Athletic A 10.30

Park A – Iveragh United 11.45

13 Division 1:

Listowel Celtic – Camp Juniors 10.30

Dingle Bay Rovers – Inter Kenmare 11.30

Tralee Dynamos – Killarney Celtic B 12

13 Division 2:

Park B – Fenit 10.30

Mastergeeha B – Killarney Athletic B 11.45

Killorglin B – MEK 1.30

Quills Woollen Mills 14 Girls Premier:

Fenit – Camp Juniors 11.45

Killarney Plaza 15 Premier:



THE KILLARNEY ATHLETIC TEAM WHO DREW 3-3 AGAINST KILLARNEY CELTIC AT ATHLETICS PITCH IN FERNDAL ON SUNDAY.

PICTURE MARIE CARROLL-O'SULLIVAN

Camp Juniors – Killorglin A 10.30

Park – Mastergeeha 10.30

Killarney Celtic A – Inter Kenmare 11.45

15 Division 1:

Ballyhar – Killarney Athletic 10.30

Listowel Celtic – Fenit 11.45

Killorglin B – Tralee Dynamos 2.45

15 Division 2:

Ballyheigue – Killarney Athletic 10.30

Rattoo Rovers – Dingle Bay Rovers 11.30

Listowel Celtic Girls – Windmill United 1.30

Sunday Subway Inter Leagues:

UL Limerick

12's Limerick District v Kerry 1pm

(Second squad will play at 2.15pm)

13's Limerick District v Kerry 11.30

MEK UNITED

MEK 1 PARK B 1

MEK U12s kicked off 2018 with a battling draw against St. Brendan's Park B.

It was a perfect morning for both teams to show off their skills on the astroturf pitch. Jack Aherne was playing his first match at centre back and put in a brilliant display. Time after time he cleared the ball from danger. Behind him Darragh O'Neill in goal commanded his area and his long kick outs were a real threat for the Park defence.

Either side of Jack were Roan Daly and Cian Myers. Both fullbacks put in a great shift to make sure we went in at half time level at 0-0.

5 minutes into the second half and Park broke the deadlock. Their midfielder scored a worldly that flew into the top corner from 25 yards. Our heads didn't drop though and we pushed forward for an equaliser. Our midfield trio of Tadhg Gosney Sean OBrien and Cian Fleming were beginning to get more of a foothold on proceedings and created chances for Aaron Dinham and Eoghan Bolger in attack.

15 minutes into the second half our efforts paid off. Tadhg unleashed a shot from the edge of the box and the Park keeper did well to get a hand to it but the ball flew into the net. Ben Brosnan, Tom Woods, Sean Dennehy and Sam Lenihan came on to make sure we saw out the game without conceding another goal while Scott Carlton and Stuart Scott both created chances at the other end. When the referee blew for full time both sides were happy to take a point. Every player can be really

proud of the effort they have put in and they are a match for any team in the division.

Thanks to Park B for a tough but fair game.

Man of the match: Jack Aherne

U14 LEAGUE GAME FENIT SAMPHIRES 3 MEK UTD 1

A great start for MEK saw a cool finish by Kevin Harant give us the lead early in the first half. Fenit were playing some beautiful passing football and deservedly equalised mid way through the half. It was a tight battle from there with our guts and determination keeping us in the game. In the last minute of the half Fenit scored two quick goals to lead 3-1 at half time. We lost the corresponding fixture last year 7-2 and were facing into the elements and slope for the second half. As they have done so many times in the past the team dug in and played some quality stuff in the second half and held fenit scoreless while being very unlucky not to score ourselves. Overall it was a great performance against a strong and well coached Fenit Samphires side. Well done to all involved in a sporting game including the referee Tom O'Sullivan who was excellent throughout. Team Dean Sheehan Darragh O'Brien Conor Crowley Sam Buckley capt. Matthew Hunt Eddie Moroney Leo Healy Steven OBrien Sam Griffin Charlie Keating Kevin Harant Mason Courtney Con Lenihan Scott Drew Tadhg O'Sullivan. Man of the match Dean Sheehan

MASTERGEEHA FC

JOE DOYLE RIP

It was with great sadness that all at Mastergeeha F.C. learned of the death of our Treasurer, Joe Doyle, late on Friday 5th January. Joe was a founder member of the club in 1979 and in every year since he has worked tirelessly to support the club. Joe was an honest and straight talking person who had many friends. Joe never spoke unkindly about anybody. He was always prepared to listen to the problems of others and help out in any way he could. Joe will be greatly missed by all in the club and in the wider soccer network in Kerry. All at Mastergeeha Fc would like to extend sympathy and our sincerest condolence to Joe's family and friends. Rest in Peace, Joe.



PICTURED AT THE FERNDAL, HOMEGROUND TO KILLARNEY ATHLETIC WHERE THEY TOOK ON KILLARNEY CELTIC IN A LEAGUE GAME WERE L-R MORTIMER MURPHY, RAMONA KEOGH BURCHILL & MARK JACOBS.

PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING THE KILLARNEY ATHLETIC V KILLARNEY CELTIC LEAGUE GAME AT KILLARNEY ATHLETIC PITCH WERE MARK O'CARROLL, NATHAN CRONIN & JJ O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN

MASTERGEEHA FC LOTTO

There was no winner on Friday 5th January, 2018. Numbers drawn were 1, 12, 17, 25. Consolation prizes were €100 Darb Healy, Kilcummin. €30 Joan & Rhea Kate Devane, Mastergeeha. €30 Marian, Izzy & Amelia, c/o The Village Inn. €30 Ellen O'Sullivan, Gortnacopple, Scartaglen. Jackpot now €3,200.

KILLARNEY CELTIC

Premier A, Killarney Athletic 3, Killarney Celtic 3. After a tight opening spell where players found it hard to find time and space on the ball, a penalty from Jamie Spillane broke the deadlock and 2 further goals from Wayne Sparling and Danny Roche saw Celtic go in 3 up at the break. In the opening part of the 2nd half Celtic had 2 near misses before Athletic began to dominate. 3 goals in the last 20 mins meant that the points were shared on a very cold afternoon.

Premier B, Killarney Celtic B 1, AC Athletic 0. Farouk Amini got the only goal of the game to give the B team their 1st win of the season.

U16 Premier, Killarney Celtic A 5, Killarney Athletic 0.

Goals from Cian McMahon (2), Jack McCarthy, Terry Sparling and Patrick O Connor saw the 16A's run out comprehensive winners.

U16 Div 2, Mastergeeha 4, Killarney Celtic B 2.

U14 Premier, Killarney Celtic A 7, Tralee Dynamos 0.

Ryan O Leary (3), Mike McCarthy (2), Luke Crowley, Senan O Leary got the goals here in a very good team performance.

U14 Div 1, Ballyhar 5, Killarney Celtic B 1.

U12 Premier, Killarney Celtic 2, Killorglin 1.

Goals from Mikey Murphy and Padraig O Donoghue gave the team a vital win that now sees them draw level with Killorglin at the top of the table.

U12 GIRLS

Killarney Celtic White 5, Fenit 1.

Naoise O Donoghue (2), Andrea Murphy (2) and Micheala O Meara got the goals in a great win. Congrats to Padraig O Donoghue U12A who made Team of the Week and also to Aoibinn Kelly who was named as Girls Player of the week.

All roads lead to Athlone next Saturday for the FAI Junior Cup game vs Willow Park, Kick Off is at 2pm.



KILLARNEY ATHLETIC WERE CELEBRATING THE NEWS THAT THEY HAVE RECEIVED A GRANT OF €40,000 EUROS TOWARDS THE KILLARNEY ATHLETIC AFC ALL WEATHER TRAINING PITCH PROJECT. FAI CEO JOHN DELANEY AND WITH MINISTER FOR SPORT BRENDAN GRIFFIN VISITED THE CLUB TO DELIVER THE GOOD NEWS. PICTURED ARE SHANE DOOLAN, BILLY HENNIGAN, JUNIOR MINISTER BRENDAN GRIFFIN, JOHN DELANEY F.A.I. AND MIKE O'SHEA CHAIRMAN KILLARNEY ATHLETIC.

CELTIC LOTTO

Numbers Drawn 10, 16, 19, 26. Jackpot not won, 1 x €150. Jackpot next week €2,800.

Please see our Facebook page for more details on matches and training updates.

KILLARNEY ATHLETIC A.F.C. NOTES

RESULTS SENIOR A

Killarney Athletic 3 Killarney Celtic 3

Athletic were 3 nil down with about 20 minutes to go when Seanie Cournane scored Athletic's first goal. Shane Lynch got the second goal and Mike Stam O'Donoghue scored the equaliser with a header.

Senior B

Asdee 2 Killarney Athletic 0

Despite the result this was a very spirited performance by Athletic. Backed by two youth players who deserve a mention Kieran Thompson had a brilliant game in goal and second half substitution Jason Cahillane. Thanks to all who travelled.

YOUTH

Killarney Athletic 2 Ballyhar Dynamos 3

Harry Potts and Fionnbharr Hickey scoring for Athletic. 3 - 0 down at half time after several chances and having a goal disallowed. Worked tirelessly and unlucky not to get an equaliser.

UNDER 12

Inter Kenmare 0 Killarney Athletic 5

UNDER 14

Killorglin 2 Killarney Athletic 0

FIXTURES 13th January 2018

Under 11 Premier South

Killarney Athletic v Ballyhar 10.30am

Under 11 Division 1 South

Ballyhar B v Killarney Athletic B 10.15am

Under 11 Division

Killarney Athletic C v Killarney Celtic C 11.30am

Under 13 Premier

Mastergeeha A v Killarney Athletic A 10.30am

Under 13 Division 2

Mastergeeha B v Killarney Athletic B 11.45am

Under 15 Division 1

Ballyhar v Killarney Athletic 10.30am

Under 13's Republic Of Ireland Training

Well done to Killarney Athletic Star Alex Hennigan who has been called up to the F. A. I Under 13 Irish Training on the 28th January 2018 in Dublin.

300 MEMBER CLUB

Names are now being taken for next year's 300 Club Draw. All support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member to enter.

Killarney Athletic Website: Please check the website on www.killarneyathletic.com or Facebook for match reports, club information and contact details.

CONTACT

If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

KILLARNEY GOLF CLUB - LADIES

The following are the results from Joe Geaney sponsored Mixed Drive in competition held today Wednesday December 27, 2017 at Killarney golf & fishing club

1st. Kevin Leacy (7) & Gemma Leacy (29) 40 pts. B9

2nd. Dermot Roche (12) & Jane Dwyer (23) 40 pts.

B.G. Mairead Martin (+2) & Kieran O Connor (13) 33 gross points

3rd Syd Murphy (16) & Susan Tong (14) 37 points

4th Corinna Griffin (9) & Peter Walsh (15) 36 points B9

Our Next ladies competition will be held on 14th January 2018 and is a club sponsored 13 hole competition on Mahonys point

KILLARNEY GOLF CLUB - MENS

The recent inclement weather took a day off on the 27th of December, just in time to allow the Club's Annual drive-in for all of our Captains and the Club President to be completed. A large contingent of our Club Members were present to witness the drive-in, and then to take part in the subsequent mixed Foursomes which was kindly sponsored by Joe Geaney of Kerry Linen Company. Club Captain Derry McCarthy was joined by Lady Captain Sheila Crowley, Girls Captain Mairead Martin and Boys Captain Kieran O'Connor along with Club President Jack Buckley in taking part, and all struck off in a very creditable fashion. The mixed foursomes was followed by a very enjoyable social event at the Clubhouse, and our Club caterers David and Geraldine McCarthy sponsored a sumptuous buffet for all to enjoy.

The Men's Club competition on the 26th of December was the Killarney Printing Works sponsored playing of the Arbutus Cup, which was a singles stableford competition on

Mahony's Point. The competition was played in atrocious weather conditions and a large number of those who teed off in the shotgun start failed to complete their round. Despite the weather conditions the scoring was very good, and the winner with a tremendous score of 38 Pts. was Brian Regan. Full results were 1st Brian Regan(13) 38Pts. 2nd Sylvester Murphy(17) 37Pts. 3rd Baden Maher(6) 37Pts 4th Conor McNiece(7) 36Pts. 5th Gerard Hogan(6) 36Pts. Best Gross was David O'Donoghue(2) 31 Gross Pts. Cat.2 David Moloney(8) 35Pts. Cat.3 Brendan Foley(13) 33Pts. Cat.4 John O'Callaghan(21) 32Pts. Standard Scratch was 35Pts.

The Competition on Sunday the 7th of January was a Club sponsored singles stableford On Mahony's Point, The overnight frost delayed the scheduled 10.00 A.M. start, which went ahead as 12 Noon, and despite the biting cold the scoring was very good when the conditions were taken into account. The winner with an excellent score of 39 Pts. was Eoin O'Donoghue, and the next three places were all only 1 Point further back.

Full results are as follows. 1st Eoin O'Donoghue(8) 39Pts. 2nd Jack Joseph McGillycuddy(7)

38 Pts. 3rd Peter Lawlor(16) 38 Pts. 4th Jerry Hickey(17) 38 Pts. 5th Tadgh O'Keeffe(14) 37 Pts.

Best gross Donal Considine(3) 31 Gross Pts. Cat.2 Bernard Carey(11) 36 Pts.

Cat.3 John Hickey(13) 35 Pts. Cat.4 Michael Dennehy(20) 34 Pts. Standard Scratch 35 Pts.

RYDER CUP MATCH

KILLARNEY HEIGHTS HOTEL VERSUS SEAN MURPHY'S BAR

A cold breeze and a drop in temperature provided a challenging test for the Killarney Heights Hotel and Sean Murphy's Bar golf teams in their annual Ryder Cup matches at Killeen on the 30th Dec. The Heights got off to a good start and won the first two matches comfortably. However, the remaining five

matches were decided on the 17th hole. The Heights retained the cup with a 4-3 victory in this four ball competition. A great evening was spent in Sean Murphy's bar after the presentation of the cup was awarded to the winning captain of the Heights team Matt Leacy.

Results (Killarney Heights names First)

Matt Leacy & Barry Duggan won 7/6 Anthony Nash & Denis Nash

George Vass & Pat Kelleher won 6/5 Ger Moroney & Pat Casey

Eugene O Sullivan & Seanie Kelliher lost 3/1 Pat Cussen & Paul Corridan

John Cahill & Billy Morris won 2/1 Mike Casey & Leo Casey

Dave McIndoe & Pat Favier lost 2/1 Conor McNiece & Kevin Browne

Donal (Gap) O'Sullivan & Brian Holden won 2/1 Niall O'Meara & Jimmy Smith

Sean Casey & Jim Sheehan lost 2/1 Brendan Keogh and Brian Regan

DEERPARK PITCH & PUTT CLUB NEWS

Sunday Competition: Unfortunately 'Jack Frost' put pay to our hopes of playing last Sunday. We'll endeavour again this Sunday with the usual draws @ 9.15am and 11.15am. Entry €4 per player with a fee of €7 for both draws. Open to Club Members aged 15 or over.

O-50's: Results of Competition in Deerpark on Wednesday January 3rd- Overall Nett: Sean Ashe & John Murphy and Overall Gross: Robbie O'Brien Snr and Dan O'Callaghan. Next event in Castleisland on Wednesday February 7th.

AGM: A reminder to everyone of Monday night's AGM in the Killarney Avenue Hotel beginning at 7.30pm. We encourage every member to attend and offer their opinions and help for what will be a busy 2018 with the staging of both a Munster and National event by the club. On the night the 2017 Club Person of the Year award will also be presented.



MAIREAD MARTIN JUNIOR CAPTAIN, DERRY MCCARTHY CAPTAIN, SHEILA CROWLEY LADY CAPTAIN, JACK BUCKLEY PRESIDENT AND KIERAN O'CONNOR JUNIOR CAPTAIN AT THEIR DRIVE IN WITH SOME CLUB MEMBERS AT KILLARNEY GOLF AND FISHING CLUB ON WEDNESDAY.



SHEILA CROWLEY LADY CAPTAIN PRESENTING THE FIRST PRIZE IN THE CLARE BOWLER COMPETITION TO WINNER ANN STUART WITH (FROM LEFT) ANNE DUGGAN 4TH, ALICIA BURKE 3RD AND CORRINA GRIFFIN 5TH AT KILLARNEY GOLF CLUB.



SHEILA CROWLEY LADY CAPTAIN PRESENTING THE FIRST PRIZE IN THE CASTLEROSSE HOTEL STABLEFORD TO SINEAD O'SHEA WITH (FROM LEFT) JULIE O'DONNELL FOR HER DAUGHTER EIMEAR BEST GROSS, GERALDINE COLLINS FOR FIONA LEACY 2ND AND ALICIA BURKE 5TH AT KILLARNEY GOLF CLUB.



DERRY MCCARTHY CAPTAIN PRESENTING THE CHEQUE FOR €2000 TO MICHAEL O'CONNELL FOR THE IAN O'CONNELL TRUST FUND WITH (LEFT) TADHG HICKEY AND JIM GLEESON TRUSTEES IAN O'CONNELL TRUST FUND, SHEILA CROWLEY LADY CAPTAIN (BACK) PRIZEWINNERS STEPHEN BRODERICK CAT 3, MÁIRTÍN DRIVER 3RD, BARRY DUGGAN WINNER, TOMMY GALVIN AND JACK BUCKLEY PRESIDENT AT THE KILLARNEY GOLF AND FISHING CLUB, KILLARNEY.



SHEILA CROWLEY LADY CAPTAIN PRESENTING THE FIRST PRIZE IN THE BANK OF IRELAND TO AILISH MULCAHY AND MARY GEANEY WITH (LEFT) JANE DWYER 2ND, SINEAD O'SHEA ANDS GERALDINE COLLINS 3RD AT KILLARNEY GOLF CLUB.



PICTURED LEFT: JOE GEANEY (CENTRE) PRESENTING THE PRIZES IN THE GENET SPONSORED MIXED DRIVE IN COMPETITION TO WINNER GEMMA LEACY WITH DERRY MCCARTHY CAPTAIN, SHEILA CROWLEY LADY CAPTAIN AND PRIZEWINNERS JANE DWYER, MAIREAD MARTIN, DERMOT ROCHE, KIERAN O'CONNOR, JACK BUCKLEY PRESIDENT, PETER WALSH, SUSAN TONG AND SYD MURPHY AT KILLARNEY GOLF AND FISHING CLUB ON WEDNESDAY.



#lovekillarney

Michael Healy-Rae TD
Saturday 30th Dec there will be no clinic in Scotts Hotel

Castleisland Clinic: River Island Hotel
 Last Friday of every month at 7.00pm

Killorglin Clinic: Jim Shea's Vintage Bar
 2nd Monday of every month at 7.00pm

Kenmare Clinic: Atlantic Bar
 Every Saturday Night at 10.00pm

Kilgarvan Clinic: Healy-Rae's Shop 9pm-10pm every Sunday
 Healy-Rae's Bar 10pm-11pm every Sunday

Other Clinics held throughout the Constituency on a regular basis and advertised locally

Contact Numbers:
 01 618 3363/064 66 85782 E: Michael.Healy-Rae@oireachtas.ie

FIANNA Fáil
 THE REPUBLICAN PARTY

John Brassil TD
 Killarney Constituency Office

Open Hours:
 Wed 17th, Thurs 18th, Friday 19th January from 9.30am - 5.30pm

Address:
 The Fairhill Business Centre, The Courtyard, Fairhill, Killarney.
 (Just behind the Royal Hotel)

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm

Working with Cllr John Joe Culloty 087-1308000 cllrjcculloty@eircom.net
 and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics

Office: 064 66 94199/083 8541447
Email: John.brassil@oireachtas.ie John mobile: 087 2362330



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

AIB INTERMEDIATE CHAMPIONSHIP ALL IRELAND SEMI-FINAL

An Ghaeltacht are busy preparing for their semi-final clash against Moy Tír na nÓg, Tyrone. The game is fixed for January 21st at 2pm in Portlaoise. This is probably the biggest game for An Ghaeltacht since their All Ireland final appearance in 2004. If the Munster Champions overcome the men from the North, then they are looking at a February outing to Croke Park meeting either Michael Glaveys or Kilanerín. An Ghaeltacht had an easy enough 22 point win over St Senans' of Limerick in the Munster final but a far tougher challenge awaits in Portlaoise particularly with Seán and Colm Kavanagh lining out with Moy Tír na nÓg.

MUNSTER JUNIOR 'B' SEMI-FINAL

Sunday, January 21st will be a busy day for Kerry football fans. At the same time as An Ghaeltacht take to the field in Portlaoise, Cromane will do likewise in Knockaderry. The game will have extra time if necessary. Cromane will meet Cashel King Cormacs of Tipperary. The final of the Munster Junior B Football Final is fixed for Sunday 4th February at 2pm in Knockaderry with the Semi Final Winners meeting Ballybrown of Limerick.

THE MUNSTER CLUB FORUM 2018

This year's Munster Club Forum entitled 'Building For Our Future – Best Practice in Club Development' will take place on Saturday January 20th at Pairc Uí Chaoimh with an impressive line-up of topics and speakers. Derek McGrath, Waterford Senior Hurling Manager will open proceedings at 10am. Kerry footballer Fionn Fitzgerald will host the workshop 'Our Club, Our Future, Who Needs a Plan?' and at the same time former Kerry footballer, Micheál Quirke will lead a parallel session 'Sharing and Learning Together – A Pathway for clubs'. Other workshops include, 'Linking Juvenile to Adult Clubs', 'Coaching and Administration Working effectively', 'Developing a Club Plan', 'Recruiting and Retaining Volunteers' and 'Utilising your GDA'. There's something for everyone and all club officers and coaches are welcome!

The cost is €20 per person or €50 for a club (between 3 and 10 club members) and lunch is provided. To book your place now or to get further details go to the Munster GAA website.

REFEREE TRAINING

We need to recruit more referees in the County as a matter of urgency. Each club is asked to identify at least one new referee and forward their contact details to Mark Griffin.

For those that are refereeing already, the referees' committee has organised a refresher



SPA RINCE SEIT RETAINED THEIR MUNSTER TITLE IN OVENS, CORK LAST WEEKEND. STANDARD WAS VERY HIGH AND ALL KERRY CLUBS PERFORMED MAGNIFICENTLY. SPA FIGURE DANCERS LOST OUT TO THE REIGNING CHAMPS FROM TIPPERARY. NA GAEL ALSO TOOK TOP ACCOLADES WITH THE NOVELTY ACT. SPA TRATH NA GCEIST TEAM LOST BY ONE POINT TO DR. CROKES WHO WILL REPRESENT KERRY IN THE ALL IRELAND. ALL THREE CLUBS WILL COMPETE WITH THE BEST OF IRELAND IN SLIGO ON SAT FEBRUARY 17TH. TEAM: TRIONA MANGAN, COACH, GARY O SULLIVAN, CIAN O SULLIVAN, LIAM SPILLANE, EOGHAN MULVANEY AND EILEEN AHERNE (SPA SCOR OFFICER) ERIN HOLLAND, MEGHANN CRONIN, ORLAITH SPILLANE AND SIONA MOYNIHAN.

course. It is very important that all referees attend one of these courses.

- Wednesday 17th January 8pm, Christy's Bar, Listowel.
- Friday 26th January 8pm, Austin Stack Park, Tralee.
- Friday 02nd February 8pm, Fossa GAA Grounds, Fossa.

KERRY GAA SUPPORTER'S CLUB

The Kerry GAA Supporters Club 28th Annual Social will take place on Saturday January 27th 2018 in Ballygarry House Hotel at 7.30 p.m. The special guests on the night are Denis 'Ogie' Moran, Kerry Minor Football Manager Peter Keane, Minor Captain David Clifford, Junior Football All Ireland Manager Jimmy Keane & Team Captain Killian Spillane, Under 21 B Hurling Manager Ian Brick and Team Captain Darragh Shanahan and 2017 All Star Paul Geaney. Music is by Neily O'Connor and tickets priced at €35 are on sale from club officers and committee members.

Kerry's first away game in 2018 is Mayo v Kerry in Castlebar on February 3rd, this is a day trip. The first overnight weekend away is Saturday February 10th to Monaghan v Kerry. This match is played in Pairc Grattan, Inniskeen on Sunday February 11th. Bookings and full payment for this trip can only be made on Monday 29th January at 8.30p.m in Listowel Arms Hotel and in Ballygarry House Hotel, for further information contact Donie O'Leary, John King or Martin Leane.

KERRY CLUBS THROUGH TO

ALL IRELAND FINAL OF SCÓR NA NÓG

Well done to Na Gaeil and Spa, Killarney who won Munster titles last Sunday for Rince Seit and Léiriú respectively. They will be joined in Sligo at the All Ireland finals by Dr Crokes who qualified for the Quiz final.

GAA PLAYER CONFERENCE IN CROKE PARK

The first ever GAA Player Conference will take place in Croke Park on Saturday, February 17th from 9.45am until 3.15pm. Open to all adult players of Gaelic Games (Football, Hurling, Ladies Football, Camogie, Handball and Rounders), the event themed 'Prepare, Perform and Recover' is designed to engage, educate, support and inform adult club players on player welfare topics. The GAA is providing a platform for adult club players to engage and be informed about the following player welfare areas:

- o Warm-up / Injury prevention / Strength & Conditioning
- o Technical demands of the game & Skills acquisition
- o Mental preparation and performance skills
- o Nutrition for Performance / Supplements
- o Understanding and practising a balanced lifestyle

The conference will include keynote addresses, engaging workshops and discussion groups as well as practical experiential demonstrations on the above topics and other player welfare related issues including fixtures, concussion and gambling awareness. Special guests and speakers include

- Eamonn O'Shea (former Tipperary Hurling manager)
- Cathal Cregg (Head Strength & Conditioning Officer with Connacht GAA)
- Prof Niall Moyna (Head of the School of Health and Human Performance and Sigerson Manager - DCU)
- Caroline Currid (Performance Coach - experience with multiple All-Ireland winning teams)
- Dr. Cionna Tobin (Leading sports nutritionist)
- Dr. Edwenia O'Malley (Sports Physiotherapist involved in the development of GAA 15)

For just €10, attendees will receive evidence based information on key areas of player welfare, a delegate pack and refreshments (including lunchtime meal) throughout the day. Spaces are limited and are available on a first come, first served basis. For further information please contact playerwelfare@gaa.ie



KERRY GAA STORE

SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: kerrygaastore1@eircom.net

EAST KERRY NEWS

WITH ÁINE NÍ SHÚILLEABHÁIN PRO CONGRATUALIONS

Heartiest congratulations to Dr Crokes Quiz team on winning the County Finals of Scór na nÓg Trá na gCeist and representing their club and District with distinction. Very best of luck in the Finals.

MUNSTER FINALS SCÓR NA BPAISTÍ

Heartiest congratulations to the Spa CLG Set Dancers on winning a Munster Scór na nÓg Title in Ovens Co Cork on Sunday last. Well done also to Na Gaeil CLG, Tralee on winning Léiriú. Best of luck in the All Ireland Finals. Hard luck to the Spa CLG Figure Dancers, Glenflesk CLG Ballad Group and Kilcummin CLG Instrumental Music Group, who represented their clubs and District with distinction in the Munster Finals. Beidh lá eile agaibh gan dabht.

PRESENTATION OF COUNTY MINOR CHAMPIONSHIP MEDALS

The East Kerry Minor Teams was presented with their County Minor Championship medals last week by County Committee Chairman Tim Murphy. Team Manager Seamus Moynihan, congratulated the team highlighting how difficult it is to win a County Championship medal. He wished the players the very best in their futures and thanked East Kerry for the great support to the team and management. East Kerry Chairman Tim Ryan, Chairman Coiste Chiarraí Thoir, thanked Seamus and his management team. He also thanked all the parents for their great support.

REFEREES FOUNDATION LEVEL COURSE

The Kerry County Referees Committee will be running a foundation level course for new referees in the near future. Please submit applications as soon as possible, using the form which has been circulated to clubs this week.

EOGHAN RUADH INDOOR WORK

Eoghan Ruadh U14/U16 indoor work will begin on Tuesday 9th January in Gneeveguilla hall. The U14 session is from 8pm to 9pm. The U16 Session is from 9pm to 10pm. The aim of the sessions is to improve and develop all players running technique, flexibility and speed work. Players will be using body weight exercises to develop technique. Regular attendance will see positive results for all players. Alan Murphy will deliver the sessions, working closely with Vince Cooper East Kerry/Kenmare GDA.



THE EAST KERRY MINOR TEAM AFTER THE PRESENTATION OF THE COUNTY MINOR CHAMPIONSHIP MEDALS.

LISTRY GAA NEWS

DEEPEST SYMPATHY

Listry GAA would like to send deepest sympathy to Deacon Conor Bradley and The Bradley family, Rockfield on the recent death of his mother, Sheila R.I.P in Belfast.

THE RICHARD GILES TRACTOR RUN

The Giles family would like to thank all those who were involved in The 1st Richard Giles Tractor Run in aid of Pieta House in Faha on Saturday 31st December, especially the stewards, Gardaí, the sponsors for the spot prizes, Sean O Mahony and staff in Faha Court Bar and restaurant for organising refreshment afterwards. And especially thanks to all the 225 tractor owners who turned up on the morning for a worthy cause.

LISTRY GAA AGM

Listry GAA AGM will be held on Sunday 14th January 2018 in the Listry clubrooms at 2pm.

CURROW COISTE NA NOG NEWS

The Currow Coiste Na nÓg AGM took place on Thursday 14th December 2017 at 8pm in the Currow Gaa Clubrooms. The following club officers were elected for the 2018 season.

Patron - Fr Buckley

Presidents - Tadhg Walsh & Johnny Scanlon

Chairman - Frank Coffey

Vice Chairman - Pat Conway

Secretary - Sean O'Connor

Assistant Secretary - John O'Connor

Treasurer - Tone Brosnan

Assistant Treasurer - Con Enright

P.R.O - Con Enright

School Liaison Officer - Margaret Hanifin

County Board Delegate - Pat Conway

East Kerry Board Delegate - Tone Brosnan

Castleisland District Delegate - Frank Coffey

The following coaches were appointed for the 2018 season

U16s: Frank Coffey & Con Enright

U14s: Daniel O'Shea, Jack Griffin & Jack Scanlon

U12s: Tim Healy

U10s: Noel Crowley & Con Enright

U8s: Den Jones & Pat Conway

U6s: Brian Pembroke, Maire O'Connell, Noel Reidy & John O'Connor

GNEEVEGUILLA GAA NOTES

No winner of this week's jackpot €40 John Lyne Killarney, €40 Martin Crowley c/o Billy McCarthy, Dan and Paud Cremin Quarry Cross, €30 Sean Hickey c/o Billy McCarthy, €30 Sarah Landers Sliabh Luachra, €20 yearly ticket Noreen O Connor. Jackpot next week €11000 thanks for your support. Gneeveguilla Gaa social will take place Sat Feb 17 in the hall. Best of luck to Dj O Connor, Dj Murphy and Pa Warren on East Kerry all stars. Also club membership will be collected every Friday night for rest of January at 9pm in club bar.

DR CROKES GAA NEWS

CONGRATULATIONS

Congratulations to our Scór na nÓg Quiz Team of Mark Cooper, Jamie Muldoon, Cillian Hickey and Treasa O Sullivan and their mentors, Margaret Muldoon, Teresa Hickey and the evergreen and long serving Jackie Looney on winning the Kerry County Championship. They go now, with the best wishes of all the Dr. Crokes Club, to the All Ireland Finals in Sligo on

February 17th.

DEVELOPMENT FUND

Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre.

PROGRESSIVE 31

Progressive 31 is on every Wednesday night in Crokes Clubhouse. It will start at 8.00pm. You will need to bring money and a partner €5 per person.

AGM

The Main Club AGM will take place on Friday 19th of January at 8pm in Clubhouse.

DEEPEST SYMPATHIES

Deepest Sympathies to the Moynihan Family on the death of our Club President John Moynihan RIP

Deepest Sympathies to Mike Kenny and Family of Muckross on the death of Mike's Wife Teresa. Mike was a former player of the Club.

Deepest Sympathies to the Family of Jerry O'Leary. Jerry Junior was a prominent player of the Club.

Deepest Sympathies to Patrick O'Donoghue and Family late of Lewis Road and Park Place Hotel on the death of his son Pdraig in Galway. Fr Paddy O'Donoghue our esteem Vice President was a Grand Uncle of the deceased.

LOTTO

Lotto 1, 10, 13, 14. Jackpot €4800 Not Won Match 3 3 by €135. Next Draw Sunday 14th of January in Tatler Jack Jackpot €5100

LEGION GAA NEWS

CLUB LOTTO

Our club lotto hit a record high of €19000 on January 2nd and it was shared between James Box Cronin and Patsy Dineen. The numbers of 2,3,10,12 were both ironically picked by the winners based on their kids birthdays. Both were fitting winners as James is a very active seller of the lotto in the Speakeasy Bar and Patsy is originally McNiece from Fairhill, a family steeped in the club. Our lotto is a vital backbone for the running of the club and our recent run will aid greatly in the progress and funding of our club. As a mark of appreciation for all those who played the Lotto we have started our new jackpot at the enhanced figure of €5000. That draw takes place Sunday January 7th and if not won we will increase the jackpot by €300 each week. Many thanks also to all the outlets and members who continue to sell our lotto.

Lotto Draw Sunday January 7th
Numbers were 8,10,25,28.



THE KILCUMMIN GAA AWARDS NIGHT WAS HELD ON THURSDAY NIGHT, WITH AWARDS MADE TO THE FOLLOWING. F.R.L.T.R. TOM O SHEA. (MERIT AWARD) NESSA MCCARTHY. (MERIT AWARD) EUGIE MCSWEENEY. (CLUB CHAIRMAN) MIKE TEAHAN. (MERIT AWARD) B.R.L.T.R. CIARA O LEARY. (CLUB SECRETARY) DENIS CASEY. (CLUB PERSON OF THE YEAR) OSCAR O CONNOR. (JUNIOR PLAYER OF THE YEAR.) DERMOT MOYNIHAN. (RETIRING CLUB COUNTY BOARD DELEGATE, AFTER 30 YEARS) MISSING FROM PHOTO. MIKEY O SHEA. (SENIOR PLAYER OF THE YEAR.) WE WOULD APPRECIATE PHOTO BEING INCLUDED IN YOUR WEEKLY PUBLICATION.

No winner 5 x €50 1. Tom Lucey, Muckross Rd. 2. Pa Muthill, Muckcross. 3. Sean Walsh, Loreto Road. 4. Sam Hegarty c/o Justin. 5. Deege O Sullivan c/o Holiday Inn
Next week's draw Sunday 14th January in Murphys Bar 9pm, Jackpot €5300

SCOR NA NOG QUIZ

Well done to our Scor quiz team of Eoghan O Sullivan, Owen Benson, Orlaith O Connor and Rebecca Walshe who competed in the County final recently in Austin Stack Park. There was an entry of 7 club's so it was a great by our Scor division to be represented. Their coach was Tony Trant and coordinated as usual by our efficient Scor officer Carolann Spellman. Well done to all.

EAST KERRY ALL STARS

Congratulations to Cian Gammell and James O Donoghue who are in the last 24 in the running for an East Kerry All Star. The All Star team and Player of the Year awards are to be named at a gala function in the Gleneagle Hotel this Friday January 12th. All thanks to the Kerryman Newspaper, Aquila Club and East Kerry Board.

SPONSORS

Many thanks to all our sponsors and supporters who recently supported our Golf Classic. The Golf Classic would not be possible without the direction of our Head of Corporate sponsorship Sean Murphy and his henchwoman Marian O Connor. They have put in place a template in the club which is most beneficial for not only us but also as a liaison to our numerous and generous sponsors. Without this contribution the club would find it most difficult to progress.

MILLTOWN/CASTLEMAINE NEWS

GOOD LUCK

All the best to our club members who returned to school and college this week- especially those sitting exams.

FUNDRAISING LOTTO

Would you like to wake up next week with a few extra euro - even €17,800 extra ??? Well then- If you're shopping or socialising in the Milltown, Castlemaine or Ballyfinnane area, why not

take the opportunity to buy a Lotto ticket for our next Jackpot Draw for €17,800. Draw takes place on Friday January 12th in Langford's Bar. Match 3 prize of €1000 on offer also. Thank you all for your generous support of our fundraising lotto.

Congratulations to our most Lotto prize winners: €50 each to Damien Murphy, Clash, Castlemaine and Tim Brosnan, Dooks, Glenbeigh. €25 each to: Jane Casey, Cromane, Karl Daly, Michael Harris, Meanus Heights and Shane Ryan, Knockbrack.

We also had our special draw for our Yearly Lotto Ticket Holders in December.

Sincere thanks to all the local businesses who donated vouchers for the prizes. Congratulations to the lucky winners below!

€100: Evelyn O' Reagan Bolger, Milltown, €75 - Seán Hayes and family, Lyre. €75 - Mike Shea, Farrah, €50 each to Vincent Heffernan, Callinfercy, Mary Ellen O' Connor, Tralee and Kathleen O'Donoghue, Milltown.

€25 each to: John O'Connor, Railway Bridge and Dara Hogan, Ballinroe.

Family Membership of Milltown Castlemaine GAA Club- Paddy and Margo Lawlor, Milltown.

REFEREES REQUIRED

Would you be interested in becoming a referee at under 12 and under 14 level? Or perhaps your interest may lie with refereeing at senior level. Kerry GAA are looking for our club to put forward some potential referees.

A training course covering all aspects of refereeing will take place in early 2018.

If you are interested, please contact any member of the executive or send a message via the FB page. There is presently a huge shortage of personnel and without sufficient referees, our games may not be able to proceed.

MILLTOWN LISTRY CCE

A huge thanks to all who supported the "google-friendly" quiz in O'Shea's Bar in Milltown last Friday in support of the upcoming Fleadh Cheoil Chiarrai. Hoping to see you all again at the next quiz in The Plough Bar, Milltown on February 2nd. Happy new year to all our friends in Comhaltas.

FARRANFORE MAINE VALLEY AC

The 30th Annual Charles O'Shea 10K & 5K was held on New Years Day in Beaufort. This renowned road race was organised by Star Of The Laune AC. There was over 75 competing in each distance. Dermot Dineen was first over the line from our club. He was fourth overall finishing the 10K in just over 37mins. Ger Ladden ran well to come second in his age category and eight place overall. Caitriona Barry had a great race to take podium position in the 10K. Well done Caitriona. Cian Spillane had a good run in the 5K.

Parents have been enquiring about upcoming fixtures for Secondary Schools. All fixtures for the year can be found on Athletics Ireland website under the header "Schools".

The club would like to express our gratitude to TESCO Killarney who awarded us with over €350 from their Community Fund. This will help support our juveniles in the coming year. Thanks to all those who supported our club.

CLUB MEMBERSHIP 2018

Membership for 2018 can now be made. This can be done through our website paypal link or alternatively you can give membership fee to our committee member.

Membership annual fees are available on our website. You need to be registered before you can compete in any athletics competitions in 2018. Newcomers welcome to join.

CLUB TRAINING

Maria's Strength, Endurance & Flexibility Exercise Class every Tuesday from 7pm in Farranfore Community Hall.

Secondary School & Senior training on every Thursday at 6:30pm in GAA grounds Farranfore. This is endurance / distance training. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES

Sun 14th Jan: Munster Senior & Masters Indoors, Nenagh

Wed 17th Jan: County Schools XC, Killarney @ 11:30am

Fri 26th Jan: South Munster Schools XC, Tramore Valley Park, Cork City

Sun 28th Jan: National Junior & U/23 Indoor Championships, AIT Arena, Athlone

Sun 4th Feb: Irish Life Health AAI Indoor Games, Indoor Arena Abbotstown.

Sat/Sun 10th/11th Feb.: Munster U/9 to U12 Indoor Championships, Nenagh

Sun 11th Feb.: National Intermediate, Masters, Juvenile B & Juvenile XC Relays., Venue TBC

Sat/Sun 17th/18th Feb: National Senior Indoors Championships, AIT Arena, Athlone

Fri 23rd Feb: Munster Schools XC, WIT

Sat/Sun 24th/25th Feb: Munster U13 - U19 Indoor Championships

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.



ACTION FROM KILLARNEY RFC V KINSALE IN AGHADOE AT THE WEEKEND. KILLARNEY WON 8 - 3. PICTURED ARE FROM LEFT TO RIGHT, MIKE MCENERY ON HIS KNEE, COLIN MCCARTHY WITH THE BALL, CONNIE O'LEARY, PAUL O'SULLIVAN, MIKE ABRAHAM, PAUL MOYNIHAN AND PAIDI O'SULLIVAN WITH HIS BACK TO THE CAMERA. PHOTO IAN HARRINGTON KRFC

KILLARNEY RFC NEWS

SENIORS

Munster Junior League Div. 2: Killarney RFC 8 - 3 Kinsale RFC. Our seniors hosted cork outfit Kinsale on a bitterly cold day at Aghadoe. Alan Mulligan scored the try for the home side while Paudie Sheahan scored a penalty for Ger Moynihan's men. Well done lads. No match next weekend.

MUNSTER UNDER 18S CUP

South Kerry 7 Cork Con 33. Very good match on a beautiful day after frost. Cork Con dominated the first half and led 26 - 0 and added a try after half time. However, South Kerry rallied and got a deserved score and should have scored a second. Evenly contested to the end left final score 33 - 7. Daragh Fitzgerald scored for South Kerry with conversion by Jack Evans - from Andrew Eadie.

U16'S

Ballincollig 15 Killarney 7

Killarney U/16 Rugby Team travelled to Ballincollig on Saturday 6th January to play their first game in the Munster Club Cup Competition. Killarney started with their usual high tempo attacking style and for the first 20 minutes of the game tested the home defence with forwards and backs combining effectively. Denis Koyun, Matt McAuliffe and Craig McKenzie Vass were very prominent counter rucking and recycling possession. Eventually Craig McKenzie Vass crashed through the cover to score and Donnchadh Greal converted for a 7-0 Lead. Unfortunately the visitors could not convert the pressure into points and the experience and ability of the home side became evident when they scored a well constructed try from Diarmuid Nolan after creating an overlap. The half time score read 7-5. Ballincollig regrouped at half time and struck a decisive blow shortly after the re-start when Cathal McDermott scored to give them the lead. Killarney tried bravely to get a foot hold in opposition territory with strong running from Jose Ferrero and Gary Randles. However, they came up against a tough resolute defence. The outcome was sealed 10 minutes from the

end when Patrick Kelly's try secured a victory for the home side.

In spite of defeat this was an incredible experience for the Killarney youngsters playing at the top level of Munster competition for the first time. They competed bravely and skilfully and were in no way over-awed by the occasion. Invaluable experience was gained and lessons learned for the next game home to Cobh on the 27th January.

The team on the day were -Forwards Denis Koyun, Brendan O'Donoghue, Matt McAuliffe, Sam Casey, Evan Mannix, John McCarthy, Padraig Talbot and Craig McKenzie Vass. The back Line was Peter Walsh, Donnchadh Greal, Mark Sheehan, Jose Ferrero, Tomas Clifford, Gary Randles, Liam Randles and Dion O'Neill. Replacements on the day were Adam Cronin, Adam McSweeney, Jack O'Connell, James Kennelly, Josh Campbell and Rebert Nealon. No match next weekend.

GIRLS ONLY BLITZ

Our girls section host the next round of the 'Girls only Minis Blitz' at the Sem grounds on Sunday morning. All help greatly appreciated as we host Listowel, Killorglin, Tralee, Kanturk and Abbeyfeale. Why not pop down and watch the future of Kerry girls rugby in action. Matches take place from 11am. For details contact Denise Treacy on 087-8064112.

MINIS U12 AWAY TO CHORCA DHUIBHNE

Tomorrow our U11's and U12's travel to Dingle for some friendly matches at Ballydavid. Best of luck to Pat, Ger, Richard and Ger as well as all the kids who take part.

KILLARNEY VALLEY AC

Happy New Year Welcome back to training. Please see our schedule below.

Indoor training : Mondays 7-8pm - age 12yrs and over. Thursdays 6-7pm - 7- 12year olds. You must be a fully registered member to train. Indoor training takes place in the Sem Gym, session is one hour. Please bring €2 per athlete to cover the cost of hiring the gym, water to drink and a warm hoodie to wrap up after and keep away the flu!

XCountry Training, and training for the Club 5k Run on Jan 28th, on TUESDAY evenings from 6-7pm meeting at the Killarney Oaks. Please wear a high viz jacket and warm layers and plenty of drinking water. All registered members of all age groups welcome. €2 as usual. Please contact Connie with any questions 0861505007

Speed and hill training for members in secondary school and older takes place in the Demesne on Wednesdays at 1.45pm for approx 45 mins. please bring warm layers and plenty of drinking water.

New members must be 7yrs old on Jan 1st 2018 or wait another year – there will be no exceptions to this rule. New members must bring a COPY of their birthcert to fulfill registration requirements. Juvenile membership (up to U19) costs €40 and includes a club tshirt. Senior & Masters Membership costs €45 and includes a club tshirt.. Membership is valid from Jan 1st 2018 to Dec 31st 2018 and includes Athletics Ireland membership and club insurance.

Membership forms will be available during the training sessions.

Please check our facebook page <https://www.facebook.com/KillarneyValleyAC/> for up to the minute changes to training schedules etc. and please check your emails.

Anyone wishing to buy KVAC half zip tops, singlets or hats please contact Brid Stack 0872650720

Enquiries: killarneyvalleyac@gmail.com

GNEEVEGUILLA ATHLETIC CLUB LOTTO

No winner of our lotto draw 05/01/2018, numbers drawn were 2, 9, 15 & 30. Sellers prize winner Tom Joe O' Donoghue, €50 Y/T prize to Kate O' Connor Lisheen, €50 to Aileen Cronin Tureenamult, €40 each to Catherine Fitzgerald c/o Petros, Ann Cronin Mausroul & Margaret Buckley Barna. Bonus not won numbers drawn were 7, 10, 26 & 27. Next week's jackpot €5,400 plus €1,000 bonus.

SENIOR & MASTERS INDOOR CHAMPIONSHIPS

Are to be held on Sunday 14th in Nenagh. Best of luck to club members taking part in this competition. Hopefully they will be bringing home medals as they have done in the past and as a club we will be regaining our top class club status which we have held over the past few years.

TRAINING

Commencing the weeks of 15th, Boherbue Tuesdays at 6.30 pm & throwing will be at 10.00 am on Saturday mornings in Boherbue Comprehensive school, Barradubh Fridays at 6.30 pm, a new training slot will be announced for Gneeveguilla next week.

YEARLY LOTTO

Most of our yearly tickets are paid up but not all. Please forward your €100 if you wish to be included in weekly draws.

MEMBERSHIP

All memberships are to be paid up before you can participate at training or enter

competitions. Membership can be paid to any of our trainers.

FIRIES COMMUNITY GAMES

Basketball is the 1st event in the Community Games Calendar. All County Final games are held in January so training has already commenced. Good luck to our boys and girls U13 teams. The girls competition will be held on Saturday 13th January and the boys on Sunday 14th January. Thank you to our trainers and managers and the best of luck to everyone involved. There are other events approaching deadlines for entering. Please contact Maura Culloty ASAP if you wish to enter Recitation U12 & U16, solo or group music U12 & U16, solo or group singing U12 & U16, swimming all ages U8-U16. The art and handwriting competitions will be run through the local schools. Art is from U8-U16 boys and girls. Handwriting competitions are for boys and girls U10 & U12. Please see our Furies Community Games Facebook page.

MUCKROSS ROWING CLUB TRAINING & EVENTS

Changeable weather limited much of the rowing activity that could take place on the lake over the Christmas period. Fortunately, despite the bitter cold, last weekend provided calm and still conditions for all our rowers to enjoy. Rowing continues into the New Year weekend mornings at the boathouse and gym training midweek at the community centre. Upcoming events include the Irish Indoor Rowing Championships, UL Arena, Sat 20 Jan 2018; Kerry HOR, Killorglin, Sat 27 Jan 2018; New Ross HOR, 17 Feb; St. Michael's HOR, Limerick, 24 Feb; Cork HOR, Sat 3 Mar.

SYMPATHY

The club wishes to extend its deepest sympathies to the Kenny and Spillane families on the passing of Teresa Kenny, RIP. Our thoughts and prayers remain with Teresa's husband Michael, sons James and Jeremy, sister Betty, daughter-in-law Doreen, grandchildren Angelina, Kirsten and Sive, extended family and friends. Ar dheis De go raibh a h-anam dilis.

MUCKROSS COMMUNITY CONCERT

Congratulations and well done to all the groups and individuals involved in the Muckross Community Concert held in the Killarney Oaks on Thursday 4th January. The event was a great success with a full house enjoying a host of local talent. All funds raised will go towards the purchase of new defibrillators for the Muckross community. Well done to the Muckross Community Association who organised the event.

KILLARNEY COUGARS BC SENIOR NEWS

Senior Womens Cup Div II

St Annes 31

Killarney Cougars 49

St Annes hosted Killarney Cougars in Farrenfore on Wednesday last and a keenly contested game turned in favour of the visitors in the second quarter as they took control of the Cup tie to secure the win.

St Annes made the better start to lead 12-11

after the opening quarter with Orla O'Sullivan 5 pts and DD O'Sullivan 4 pts both impressing. The visitors had a very good second qtr and took the lead with good defence and great baskets by Mags Cronin, Chloe O'Doherty and Michelle Greene to lead by 9pts 24-15 at halftime.

The home side applied good pressure in the third qtr with baskets by Ciara Murphy but it was Cougars that increased the lead thanks to Alma O'Mahony and Kate Looney to push further ahead to lead 35-21. St Annes never gave up the challenge throughout but poor shooting saw them falling further into arrears and it was Cougars on top in the closing stages with good baskets by Fiona McSweeney ensuring a comfortable win as Cougars advance to the quarter finals v St Micheals Lixnaw.

JUVENILES

U16 Girls Div II

Vixens 32 Killarney Cougars 53

Cougars made the long journey to Athea on Sunday evening and despite a slow start Cougars were quickly into the stride. The Vixens took the early lead but Cougars baskets by Adele O'Brien, Holly Kennelly and Holly Clifford had Cougars ahead 14-7 and once ahead Cougars began to dominate to finish comfortable winners with good performances by Fiona Dineen, Meave Bellew. Holly Kennelly, Adele O'Brien and Holly Clifford.

COUGARS GIRLS & BOYS ACADEMY

Our U8 & U10 Girls & Boys training resumes this week on this Friday Jan 12th at the Parish Hall. Girls U8 & U10 5 pm, Boys U8 6 pm Boys U10 6.30 pm. Further details on training schedules, fixtures, results go to our website www.killarneycougars.com or follow us on facebook

KILLARNEY COMMUNITY GAMES NOTES

Huge thanks to the parents and their children in the the Killarney Community Games area for the great help in the Dunnes Stores bag-packing fundraiser that was held on the Thursday before Christmas. Special thanks to Area Chairman Philip Gammell and Area Secretary Anthony Greaney who co-ordinated the event. Huge thanks also to the management and staff of Dunnes Stores and a massive thanks to the shoppers in Dunnes Stores for their generosity and kindness displayed to us on the day. This fundraiser will help to cover some of the costs involved in participating in community games i.e insurance, entry fees and levies. We do not charge the children membership fees etc and these fundraisers allow us to continue this tradition. The only other help we will require from parents/children is the annual church gate collection which will be held soon. Details to follow. The next event that the area will be participating in is the boys U16 basketball team. This will be held on the Sunday 28th January, venue to be confirmed. For further information please contact Philip Gammell on 087-2361285 as all names will be entered electronically asap and no further names can be taken after this deadline. We are also seeking names asap for the swimming to be held on the first weekend

of February and again the deadline for entries is fast approaching. Also boys and girls cross country qualifiers U12 to U14 , please text entries to Anthony Greaney on 087-7098695 asap as again we do not want to miss entry deadline as entries cannot be accepted after that date.

FLESK VALLEY ROWING CLUB

Old Kenmare Road: This Sunday the 14th January 2018, weather permitting, Flesk

Valley are holding a fundraising Fun Walk along the Old Kenmare Road. Meeting at the Killarney Oaks Hotel at 10am where a bus will be provided to transport people to the upper carpark at Torc. On arrival in Kenmare a bus will be there transport back to the Killarney Oaks Hotel, where there will be light refreshments. It promises to be a great day out. Cost is Adults €20 Under18 €15. Check out our facebook page. <https://www.facebook.com/fleskvalley/> for updates

RAFFLE

Don't forget to buy a line in our raffle. With super

prizes on offer, such as a Signed Kerry Jersey, Lunch Voucher in the Lake Hotel and a portrait session with Michéal O Sullivan photography. Lines are only €2 and can be purchased from club member

INDOOR CHAMPIONSHIPS

Next Saturday the All Ireland Rowing Championships will take place in University Limerick on the 20th January 2018. Flesk Valley will be hoping to send a strong contingent, and hoping to improve on a very successful outing at the Provinces indoors back in November



HE'LL NEVER WALK ALONE

BY NICKY BARRY

When I saw him first at Celtic, I knew that he had class,

He was elegant and majestic, as he glided over grass.

He has a dignified persona, and a handsome face,

A hero yet to happen, with silken skills and pace.

Then he went to Southampton, and lorded it down there,

With timely interventions, as he controlled the air.

He's never in a hurry, which all great players seem to do,

From Beckenbaur to Hansen, and the great Bobby Moore.

It was just a matter of time, till the big boys came to call,

And Liverpool got in first, for they know their football.

They paid seventy five million pounds, for a big defender,

It was a world record, but could the boy deliver?

As you all know, Everton and Liverpool share the same great city,

They are sworn enemies, without an ounce of Mersey pity.

They met on Friday night, in the third round of the cup,

And the Pool lined out their debutant, in front of the Kop.

Liverpool scored a penalty, and then Everton equalized.

Just five minutes from the end, I could not believe my eyes,

For the new boy rose to a corner kick, to head the winning goal.

Virgil Van Dijk is his name, and now he'll never walk alone!



Hello Readers, you are all very welcome back to my Ramblings and I wish you all good health and happiness for the year ahead.

I hope you all had a very pleasant Christmas Season and the Souvenir edition of Killarney Outlook brought you many happy memories.

As always I will be very grateful for any news items and articles you submit to me for publication in my Ramblings and I would also very much appreciate any suggestions for items you would like to see published – my contact details are on top of the page.

UPCOMING DOG SHOW:

Tralee and District Canine Club's All Breed Open Show (under Licence of the Irish Kennel Club) will take place in Currow Community Centre (near Farranfore) on Sunday, February 11th 2018 beginning at 1.30pm sharp.

Classes from Pups to Veterans. Entry Fee €6 for first entry, all other entries €3, all participating dogs must be registered with the Irish Kennel Club. Junior handling Classes for 12 – 14 year olds, 13 to 14 and 15 to 17 year olds as well as Ladies and Gents competitions.

Entries for all classes close on Monday 22nd January 2018.

For entry forms or further information please contact the Hon. Secretary Mrs Maudie Burke, "Sandwood", Killarney Road, Castleisland, Co. Kerry – (066) 714 423 or e-mail traleecanineclub@hotmail.com

THANK YOU TO CONNIE K'S:

Regular readers of my ramblings will know that I often publish extraordinary acts of kindness performed by people abroad, the reason being that though I am sure there are also happening in Kerry and throughout Ireland I am unable to publish events that I am unaware of. If you would like to see acts of kindness to get appreciation please let my Aisling my Editor or myself know and we will be delighted to spread the good news.

So this week it gives me great pleasure to say a huge Thank You to everyone involved in Connie K's Bar in Rathmore, they realise that not only the homeless go hungry and made sure locals and strangers that might be passing could at least have a Christmas dinner. The free dinner was offered to the homeless, the elderly and families in need in the strictest confidence – they also published a phone number for people to contact them and even offered to cater for special requirements.

How wonderful it is to see the true spirit of Christmas and real Christianity in action.

HOW TO KEEP YOUR LOCAL HOMELESS CATS SAFE:

While many are skilled at surviving harsh weather, and finding their own food and shelter, they can always use a helping hand during the winter months. As temperatures drop, there are plenty of simple ways you can help the cats in your community stay even warmer.

Specially-built shelters guarantee feral cats a warm spot to escape harsh winter storms. Aim for a shelter about two feet by three feet and 18 inches high, providing just enough space for three to five cats to huddle. If you're sheltering smaller numbers of cats, make the shelter smaller—the smaller the shelter, the quicker it can be heated up with body heat.



The door should be between six and eight inches wide. Consider installing a flap on the door to keep out snow, rain, and wind.

Insulate the shelter with straw, but not blankets or other materials like hay that absorb moisture. Elevate a shelter off the ground for warmth, and place it in a quiet area with minimal foot traffic.

As the weather turns colder, feral cats will also need extra calories to maintain energy levels. Providing extra food and water, and keeping them from freezing, is an important step in helping outdoor cats this winter. Wet food in insulated containers is best, as it takes less energy for cats to digest than dry food. To keep water drinkable, use bowls that are deep rather than wide, and refill them with hot or warm water. Place the bowls in a sunny spot and add a pinch of sugar to keep the water from freezing as quickly.

Remember to check under the car before starting it, as cats will sometimes crawl into the engine or hide underneath it for warmth. Winter is also the time of year for antifreeze, which often tastes irresistible to cats and other animals, but is toxic and deadly. Keep it out of reach, and clean up any spills.

DID YOU KNOW?

The original My Little Pony and those beloved Cabbage Patch Kids came into this world 35 years ago. Furbies are close to celebrating their 20th birthday and if you held on to those childhood favourites, you could make a lot of money!

For instance: The original My Little Pony's are selling for \$600 each. An unopened Tamagotchi Virtual Pet is expected to sell for \$6,000. A complete set of Pokemon cards from 1999 is also worth \$6,000. A set of nine Star Wars action figures from 1977 are on the market for \$2,000. A rare Woody doll from Pixar's Toy Story is listed for \$1,200. A first edition Princess Diana Beanie baby is worth \$475,000. They still make Furbies, but an original could sell for \$900 and '80s Cabbage Patch dolls are going for \$3,000.

A FEW WAYS TO REUSE OLD PLASTIC BOTTLES AROUND THE GARDEN:

Around the world about one million plastic bottles are purchased every minute, they're a regular part of modern life and contribute to

the massive amount of waste that is currently plaguing our planet. Luckily, if you have a garden, there are plenty of ways to recycle your own plastic bottles.

1. You can do wonders for seedlings and other tender plants by cutting the bottom off of a clean, clear bottle and placing it over the plant. The bottle will protect the delicate seedling from the elements while still letting in water, oxygen, and sunlight and creating a toasty environment.

2. Instead of setting up an expensive electronic irrigation system for your garden, try popping a few holes on the side of a large (and clean) plastic bottle. Then make sure it's buried right next to your favourite plant, with the neck elevated just above the earth. Fill it up with as much water as it can take, and you're all set!

3. All you need to water your plants is a plastic bottle, so an ordinary watering can isn't necessary! As long as it's clean, you can drill a few small holes in the cap, and once you fill it with water, you're good to go.

4. Poke a few holes into the side of a clean two-litre plastic bottle, and you'll have yourself a sprinkler in no time! Just add a female swivel, a female hose end, a few washers for the hose, and connect them all to your normal garden hose.

6. Scooping up whatever you need with what used to be an ordinary plastic bottle makes gardening a breeze, whether you're spreading out mulch or digging holes for plants. Detergent, vinegar, or any other tough plastic bottles are perfect: just be careful as you cut out the sides and bottoms!

7. Some people put rocks and pebbles at the bottom of pots to increase drainage, but this makes them heavy. You'll have no problem lifting them up and moving them around, though, if you collect clean plastic bottles, with the caps still on, then add as much soil to the pot as you think you need.

8. Plastic bottles can be "upcycled" by cutting out the bottoms (carefully!) with a sharp knife, then using threads to decorate them. Now all you need to do is hang them and fill them with your favourite plants!

QUOTE:

"I suppose it is because nearly all children go

to school nowadays and have things arranged for them that they seem so forlornly unable to produce their own ideas" - Agatha Christie.

ON THIS DATE - JANUARY 12TH:

1803 - US Senate approved Thomas Jefferson's nomination of James Monroe and Robert Livingstone to negotiate purchase of New Orleans from France

1820 - Astronomical Society of London (now the Royal Astronomical Society) founded in England

1876 - Adventurer, workers' rights activist, and author of novels like *The Call of the Wild* and *White Fang*, Jack London, was born in San Francisco

1895 - The National Trust was set up by the British Government to preserve and protect landscapes of beauty or historic interest.

1910 - At a White House dinner hosted by US President William Howard Taft, Baroness Rosen, wife of the Russian ambassador, caused a stir by requesting and smoking a cigarette — it was the first time a woman had smoked openly during a public function in the executive mansion.

1915 - The U.S. House of Representatives rejected, 204–174, a proposed constitutional amendment to give women nationwide the right to vote.

1933 - US Congress recognised the Philippines' independence.

1948 - 1st Supermarket in Britain opened.

1976 - Mystery writer Agatha Christie died in Wallingford, England, at the age of 85.

1981 - Soap opera "Dynasty" produced by Aaron Spelling and starring John Forsythe, Linda Evans and Joan Collins premiered on ABC-TV.

MAN WHO FOUND A TINY BIRD FROZEN TO A POLE USED A CLEVER TRICK TO SAVE IT:

This time of year brings with it flurries of snow and cold temperatures. Even if you dream of places that get a white Christmas, those who are used to snow are quite over its supposed charms. It's annoying, starves wildlife and causes many injuries.

The winter is a great time for caring people to help out a little more though. You can put out a little more bird seed and scraps and keep an eye out for animals that are fighting the harsh weather.

Nelson Wilson was out feeding his horses one frozen morning. The temperature was somewhere around minus 17 Celsius.

As he was checking on his own animals, he noticed a small bird sitting still on the steel fence. He was surprised when it didn't fly away even as he got closer and closer, but he soon realised what had happened. He kept his stock tank heated so that his horses could get to the water, which would otherwise ice over and freeze solid, it's common practice where he lives in Idaho that consistently reach below-freezing temperatures.

Of course, this makes the trough a source of available water for local wildlife, too, and the birds and beasts regularly made use of Mr. Wilson's heated tank. This little bird must have dipped into the trough for a much-needed drink, and then sat on the frozen steel pole.

Mr. Wilson quickly cradled the bird in his hand

to keep it from fluttering around and injuring itself.

At first he tried to use the warmth from his hand on the bird's feet and the pole to warm up and separate them. After realising that wasn't enough, he began to breathe on the pole, and eventually the bird's feet were gently pried free. The bird flew off with a few loud cheeps and disappeared against the clouds.

"Gentle sideways motion with my finger and thumb brought freedom for the frightened bird and a smile of satisfaction to my face... a delightful way to start a new year" he said.

HAVE YOU EVER HEARD OF LEG CRICKET?

Imagine a cricket field, all players in place. Then, imagine a bowler running towards the batsman with a football-sized ball under his arm and delivering it with an under-arm action to the batsman who uses his foot to send the ball across the boundary.

No I am not making it up – Leg Cricket is a sport registered with the International Leg Cricket Council and is played in four nations — India, Nepal, Bhutan, and Sri Lanka.

Leg cricket is similar to cricket in many ways but has its own set of rules. It is played on a circular ground with a radius between 80 and 120 feet. The pitch is eight feet wide and 42-48 feet long, depending on the age group or category of the players. On winning a toss, a captain can choose legging (which is identical to batting) or fielding. There are ones and twos, and even boundaries but no use of the bat. Instead, the players use a soccer-style shot to kick the ball. The idea of leg cricket was born in 2010 because there were many children in different states in the 4 Countries, who wanted to play a sport like cricket and soccer but did not have enough financial means, so the best of both games were simply amalgamated to make it easy on the pocket.

THE FIRST PASSENGER-READY HOT AIR BALLOONS WERE TESTED ON ANIMALS:

The brothers Joseph-Michel and Jacques-Étienne Montgolfier who pioneered the hot air balloon as we know it in the late 1700s were just two of 16 children born to their family in a region of south-central France, which at the time was known for its paper-making. They

built boxes made of lightweight wood, which they covered in thin taffeta fabric and then filled with hot, smoky air, the experiments worked, and after a series of successful scale tests in 1782, it was time to try the real thing. On September 19, 1783, the Montgolfier brothers set up an exhibition of their new flying balloon at Versailles, which would, for the first time, carry living creatures. Over a year or more of testing, their balloon had evolved to resemble the bulbous shape we're familiar with today, and they knew from previous public tests in their hometown that it would fly. What they didn't know was what altitude might do to a living thing.

In addition to the thousands of people who gathered to watch the flight, the Versailles demonstration had been organised for the benefit of Louis XVI and Marie Antoinette. To best test the effects of altitude, the King suggested that the brothers send up a couple of convicts, but the Montgolfiers instead went with a trio of animals. A sheep was chosen for its similarities to human physiology; a duck, clearly already able to fly at high altitudes, would act as a control; and a rooster, a bird that never gets very high off the ground, would act as a comparative case for the duck.

The animals were placed in a cage suspended beneath the now-iconic blue-and-gold balloon, and they were set aloft, it was heavily buffeted by wind as it was being inflated, and eventually lifted off, sailing uncontrollably for about eight minutes before landing in a wooded area approx. two miles away.

When the animals were finally recovered they appeared virtually unharmed from the trip (not accounting for psychological damage), the only obvious injuries suffered were from the sheep kicking the rooster.

The Montgolfier brothers would go on to perform a series of successful hot air balloon flights with humans aboard, and the rest is aviation history - but in the meantime nothing has changed for animals as they are still the first to be used in all forms of research and trials, despite the well proven facts showing that the results of tests on all animals are completely useless when it comes to human conditions.





LONLINESS



As social beings, we are hard wired to connect and most of us feel the need for rewarding social contact and relationships. Loneliness is the feeling we get when our need for this type of contact is not met. Loneliness of course is not the same as being alone. We may choose to be alone and live very happy lives without much contact with others. Or indeed we may have much social contact, be constantly surrounded by people, and yet feel very lonely. Loneliness can have a significant impact on our mental health and can contribute to mental health problems, such as anxiety and depression. Loneliness can have many different causes and affects people in different ways. Some people feel lonely due to their personal circumstances (e.g. moving to a new area, loss or bereavement). For others however, loneliness can be a deeper more constant feeling that comes from within.

Connecting with the World around us can be a great way to combat loneliness. This may be having a small conversation with the cashier when we pay for our groceries or saying hello to someone we meet in the street. Phoning or sending an email to family and friends can be a good reminder that we do have people in our lives.

Our brain can try to make sense of the feeling of loneliness by telling us things such as 'It is because nobody loves me' or 'There is something wrong with me'. These thoughts are not facts – and can make us feel worse. Thus it is important to accept how we are feeling without overreacting. When we feel lonely, the tendency might be to withdraw into ourselves and this can be counterproductive. The healthiest thing to do if we are feeling lonely is to reach out and cultivate friendships. Reaching out can be difficult and at times we will resist it. However, think of it in the way you might approach exercising – whilst we may feel tired or lazy it is a beneficial thing to do.

We need to tackle loneliness one step at a time. It may involve finding a new hobby or joining a club or exercise class. Another skillful way to combat feelings of loneliness is to volunteer as it's a great way to meet new people and also to learn new skills. Loneliness is a profoundly human emotion and a signal that our need for connection is going unmet.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com To make an appointment call 064 6636416. **SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**



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KERRY EDUCATION
AND TRAINING BOARD

Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Surf Instructor and Beach Lifeguard (ET1Z3) - Co. Kerry.

The course offers participants the opportunity to develop the knowledge and skills to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** January 2018. **Duration:** 25 weeks.

Certification: ISA Surfing Skills Instructor Level 1 Certificate, National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certificate.

Intermediate Welding (ET030) - Tralee.

This course is designed to provide industry with personnel who are highly skilled and certified in carbon steel, stainless steel and aluminium welding. Applicants must have a proven track record in basic welding skills. **Start Dates:** 29th January 2018. **Duration:** 19 weeks. **Certification:** EN 287 Certs in Manual Metal Arc (MMA), Metal Inert Gas (MIG) and Tungsten Inert Gas (TIG) and a QQI Level 5 Award in Abrasive Wheels.

Marine Angling Guiding (ET09446) - Fenit.

This course provided participants with knowledge and skills to offer a high quality, safe and professional angling guiding service in accordance with relevant statutory legislation.

Start Date: 12th February 2018. **Duration:** 14 weeks. **Certification:** QQI Level 6 Award.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with the skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling and fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 12th February 2018. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence and CPC, Occupational First Aid and CILT Digital Tachograph Certificates.

Construction Ground Work Skills (ET23462) - Tralee.

This course provides participants with the knowledge and skills to construct concrete slabs and paths and to lay kerbs, flags and pavements under various conditions.

Start Date: 12th February 2018. **Duration:** 13 weeks. **Certification:** QQI Level 4 Award.

CAD - Computer Aided Draughting and Design Course (ET115) - Tralee.

This course offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. Participants must have technical drawing and maths in the Leaving Certificate or have an equivalent level of relevant industrial experience or training. **Start Date:** 15th February 2018. **Duration:** 34 weeks.

Certification: City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

ECDL (ETK79) - Tralee.

This course offers participants the opportunity to develop the computer skills needed to work in an office. It covers keyboard skills, computer essentials, online essentials, word processing, spreadsheets, databases, presentation software, and career planning & job seeking skills. **Start Date:** 26th February 2018. **Duration:** 18 weeks. **Certification:** ECDL Award, Level 1 Office Procedures Certificate and Typewriting Certificate.

Digital Marketing with E-Commerce (ET08342) - Tralee.

This course covers the theory underpinning digital marketing and the skills required to carry out routine digital marketing tasks and implement digital marketing solutions. **Start Date:** 12th March 2018. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre

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<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie



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RATES OF USC 2018

In 2018, if your income is €13,000 or less you pay no Universal Social Charge (USC). (This limit was €10,036 from 2012 to 2014, €12,012 in 2015 and €13,000 in 2016 and 2017.) Once your income is over this limit, you pay the relevant rate of USC on all of your income. For example, if you have income of €13,000 you will pay no USC. If you have income of €13,001 you will pay 0.5% on income up to €12,012 and 2% on income between €12,012 and €13,001.

Standard rate of USC (2018)	
Rate	Income band
0.5%	Up to €12,012
2%	From €12,012.01 to €19,372
4.75%	From €19,372.01 to €70,044
8%	From €70,044.01 to €100,000
8%	Any PAYE income over €100,000
11%	Self-employed income over €100,000

Reduced rate of USC (2018)

Rate	Income band
0.5%	Income up to €12,012
2%	All income over €12,012

Reduced rates of USC apply to:

- People aged 70 or over whose aggregate income for the year is €60,000 or less
- Medical card holders aged under 70 whose aggregate income for the year is €60,000 or less

To discuss this in more detail, contact O' Brien Coffey MacSweeney (Accountants & Statutory Auditors) at 064 6632045 or info@obcm.ie



Social Action Group Rathmore CLG

Wish to recruit
A CLINICAL NURSE MANAGER (CNM1 FULL TIME)
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The ideal candidate will be self motivated, a strong communicator and possess the necessary organizational, managerial and interpersonal skills that this role demands. The successful candidate should demonstrate a high degree of initiative and follow through.

The Nurse Manager will be responsible for the day to day running of the Day Centre and further development in line with the ethos and objectives of the Social Action Group.

Applicants should be registered with NMBI and have a least five years Nursing experience.

For further details, please contact the
Chairperson of Social Action Group Rathmore CLG
email: info@sag.ie
Office No: 064 7758588

Short listing may apply.

Apply in writing with letter of application and CV to:

The Chairperson,
St. Joseph's Day Care Centre,
Social Action Group CLG.,
Rathmore,
Co Kerry.

Closing date for applications is
Friday January 26th 2018.

GARDENING OUTLOOK



with John O'Sullivan

Between now and the summertime there is still plenty of time to put a bit of colour in the garden with some winter/spring flowering bedding plants.

It is probably best this Spring, to use them in containers and baskets as the ground is saturated from the amount of rainfall we have experienced.

The first thing you have to do is choose the type of container you want. There are lots to choose from i.e. terracotta, glazed, plastic and wooden.

Now that you have chosen a pot, the first and most important thing to do is sort out the drainage. All terracotta and glazed pots should already have drainage holes in them.

Plastic ones probably won't so you will have to punch some holes in them. Next you need to put some gravel or aeroboard broken up over the holes on the inside of the pot and then cover with some landscape fabric i.e. mypex.

Now its time to add some compost and ideally some slow release fertilizer mixed with it. Then choose some plants... First of all you need to choose a centre piece and always make sure that centre piece is evergreen and suitable for the size of your container. This way you will only have to change the bedding plants from season to season. Here is a list of a few good winter spring bedding plants for containers, primroses polyanthus, winter pansies, cyclamen, ornamental cabbages and trailing ivy.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING
SERVICES, KILLARNEY 087-2787160.



Saint John of God Community Services CLG, Kerry Services

Saint John of God Kerry Services provides a range of programmes and services for adults and children with an intellectual disability throughout the Kerry region. A person-centered approach to service delivery is promoted in accordance with the Organisations values and ethos and in keeping with its commitment to the continuing development of community based services.

If you are looking for a new exciting challenge and share best practice, the following roles might be of interest.

Applications are invited for the following posts within our residential Services supporting adults with an intellectual disability.

Residential Services Co-ordinator (1 full-time Specified Purpose Contract)

Suitably qualified candidates must meet the following criteria:

- Qualification in any of the following areas o Qualified Nurse and must be registered with An Bord Altranais o Degree/ Diploma in an Allied Health / Health and Social Care profession.
- Minimum of 3 years post qualification experience at which three years needs to have been at supervisory/management level.
- A qualification in Management is desirable.
- Previous relevant experience of working with adults with a range of intellectual disabilities.
- High Level of report writing with excellent communication skills and commitment.
- An in-depth knowledge and understanding of H.I.Q.A and relevant legislation;
- Proven experience and ability to properly discharge the functions of the role.
- A full clean driving license suitable for manual vehicles

Staff Nurse (Children Services) (Permanent Full-time 39.00 hours per week)

The successful candidate must have

- RNMH/RNID qualifications or other suitable nursing qualifications and be a Staff Nurse on the current register as maintained by An Bord Altranais.
- Experience working with children with life limiting conditions or increased medical needs an advantage but not essential.
- Previous relevant experience of working with children with an intellectual disability and in particular those who have a moderate to profound disability
- Relevant experience of working with people who have behaviours that challenge is an advantage
- Flexibility to work the hours of duty as dictated by service delivery requirements is essential
- A full clean driver's licence for manual vehicles is essential.

Staff Nurses (Full Time/ Part Time Permanent, Contracts)

The successful candidate requires:

- RNMH/RNID qualifications or other suitable nursing qualifications and be a Staff Nurse on the current register as maintained by An Board Altranais.
- Previous relevant experience of supporting people with an intellectual disability (An Advantage).
- Relevant experience of working with people who have behaviours that challenge is an advantage.
- Demonstrate excellent communication (both verbal and written), organizational skills, flexibility and commitment.
- A full clean driver's license for manual vehicles is essential, D license would be an advantage.

Instructor: Sports & Recreational (Part-time 19.50 hours per week, Permanent Contract)

Suitably qualified candidates must meet the following criteria:

- Diploma in Leisure and Disability Studies
- Swim Teachers Certificate
- Valid Lifeguard qualification (RLSS/IWS or equivalent)
- Pool Plant Operators Certificate is essential.
- Experience of supporting people with moderate to severe/profound intellectual disability to be active members of their community is an advantage.
- A clear commitment to community inclusion and active citizenship for all people
- Minimum of 2 years' experience in working with adults with an intellectual disability.
- Aqua and Gym Instructor desirable
- A full clean driver's license for manual vehicles is essential, D license would be an advantage

Social Care Workers (Full Time/ Part Time Permanent, Contract)

The successful candidate requires:

- Diploma in Social Care/Diploma in Applied Social Studies/Social Care.
- Experience working with individuals with an Intellectual Disability (an advantage).
- Flexible and excellent communication skills.
- Initiative, motivation and enthusiasm.
- Commitment to the development and delivery of a person centred programme.
- Experience of supporting people presenting with challenging behaviour.
- A full clean driver's license for manual vehicles is essential, D license would be an advantage

Care Assistants (Full-time & Part-time Permanent and Specified Purpose Contracts)

The successful candidate requires:

- A relevant QQI certificate (formerly FETAC) at level 5 Healthcare Support
- Minimum of one year's continuous paid employment on a full time basis working with people with intellectual disability.
- Excellent communication skills both written and verbal.
- Development and delivery through a person centred/directed approach
- Flexible in all aspects of work
- An understanding of the values and ethos of the organisation and a commitment to implementing these.
- A full clean driver's license for manual vehicles is essential, D licence would be an advantage.

Please forward a covering letter and CV (including written explanation for any gaps in employment), to: Human Resources Department, Saint John of God Kerry Services, Monavalley, Tralee, Co. Kerry or email to sjogkerry.recruitment@sjog.ie before 5.00 pm on Wednesday 24th January 2018.

Applications will be short-listed based on the information supplied in the Curriculum Vitae and a panel may be formed from which future vacancies will be filled.

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The Society of St. Vincent de Paul in Killarney wish to thank most sincerely the parishioners of Killarney, Kilcummin, Clonkeen, Fossa, Beaufort, Barradubh and Glenflesk for your generous support for our annual Church gate collection in December 2017.

Sincere thanks to everyone for your support and generosity, not only at Christmas but throughout the year.

Your continuous support to the Killarney St. Vincent de Paul is very much appreciated.

Wishing everybody a happy new year.

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Welcome back dear reader it is with a mixture of great sadness and joy that I relay to you the news that our Pastor Joe Lyne went home to be with the Lord on New Year's Day. Joe has mentioned previously of how he came to know Jesus through the Full Gospel meetings when he was in despair. He eagerly sought the Lord in the Bible and witnessed God's Power and His Presence in so many healings and miracles throughout his fruitful and wonderful life. Pastor Joe never took notice of being different - he was only interested in fulfilling the call he had on his life to preach the Good News of God's goodness and mercy in sending His Son Jesus to pay the penalty for our sins (John 3:16). Joe reflected the love of God to all during his thirty years of ministry. Word of Victory Christian Fellowship has evolved from small beginnings where a group of friends started to gather together to pray for a loved one who was battling an illness. Along with his beloved wife Breda, Joe opened his home to be the meeting point for this group and the fellowship grew as other people came bringing family members and friends who also needed prayer and each person's need, however big or small, was ministered to. He was there as a counsellor and friend, sacrificing his own time praying for people both in person and over the phone for hours, and helping and supporting them through thick and thin. One of my favourite images of the Lord Jesus is as the Good Shepherd watching out for His sheep - going after the lost and hurting ones, lovingly carrying them in His arms, bandaging their wounds and healing them (Ezekiel 34:1-31). This Pastor Joe did everyday of his life. The Lord used him mightily to bring healing to the wounded, and to encourage and teach us how to find our purpose and the path the Lord has for us by his teaching of the Bible. Do you know the Lord has a plan for your life friend? You have a calling and a destiny - and it's a good one! (Jeremiah 29:11) The Lord wants to bless you and bring His Love, Peace and Joy into your heart and, ultimately, when you close your eyes here on this earth, bring you into your eternal home in Heaven to live with Him forever. This is where Pastor Joe is now - his earthly body may no longer be with us but He is alive and well in Heaven worshipping at the Throne (Revelation chapter 7:9), all because he accepted His Lord and Saviour Jesus Christ the Son of the Living God, while he was living here on this earth. Don't take it for granted - today ask the Lord Jesus to forgive your sins and to come into your heart and live in you and He will cleanse your sin, heal your body and your heart and mind from every sickness and from the wounds of the past. The legacy Pastor Joe has left at Word of Victory will continue on and grow stronger and we thank God for the privilege of knowing him and we look forward to the day we will meet him again when Jesus returns. God's blessing on you and your family for a Very Happy New Year dear reader. More next week....

Contact: 064 - 66 22950 E: wovkillarney@gmail.com

1 Thessalonians Chapter 4: Verses 13 to 18

And now, dear brothers and sisters, we want you to know what will happen to the believers who have died, so you will not grieve like people who have no hope. For since we believe that Jesus died and was raised to life again, we also believe that when Jesus returns, God will bring back with Him the believers who have died. We tell you this directly from the Lord: we who are still living when the Lord returns will not meet Him ahead of those who have died. For the Lord Himself will come down from heaven with a commanding shout, with the voice of the archangel, and with the trumpet call of God. First, the Christians who have died will rise from their graves. Then, together with them, we who are still alive and remain on the earth will be caught up to meet the Lord in the air. Then we will be with the Lord forever. So encourage each other with these words....



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NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

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THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

E.O.S

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
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NOVENA TO THE SACRED HEART

Many thanks to the Sacred heart, Our Lady, all the Angels and Saints, the Universe, St. Anthony and St. Jude
Thousand Thanks

X

2ND ANNIVERSARY



In Loving Memory of

MARGARET SPILLANE

*Headford, Killarney,
who died on 21st January 2016*

Deep are the memories
Precious they stay
No passing of time
Can take them away
They bring a smile
Sometimes a tear
But always a wish
That you were still here.

*Sadly missed & always
remembered by your loving
family*

*Anniversary Mass in Barradubh Church on
Friday 19th January at 7.30 pm*

1ST ANNIVERSARY



In Loving Memory of

TED JONES

*Muckcross Road, Killarney (late of Dublin)
who died on 10th January 2017*

Our hearts are full of memories
With pride we speak your name
Though life goes on without you
It will never be the same

*Lovingly remembered by
The Leane Family*



54TH WEDDING ANNIVERSARY REMEMBRANCE



In Loving Memory of

JULIANNE FLEMING

*The 16th of January 2018 is a special day.
The 16th of January 1964 was great in every way.
If you were here Love we would surely celebrate.
Julianne I will never forget you my soul mate.*



**Love you always
your Husband Donie and Family.**

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.
M.C

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

X

THE MIRACLE PRAYER

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Amen.
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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

M.J

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **X**

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Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **X**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

X

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

KMC

LET'S PRAY TOGETHER



Let's Pray Together In The Word
Psalm 100. Everyone make a noise of joy to the Lord.
When serving the Lord, do it with gratitude. When we come close, we will sing enthusiastically. Lord God made us and he loves us dearly and tenderly. He is our shepherd, and we are his sheep he protects. When we come to God, we are so thankful, and praise his name forever. God is good, his enduring love and faithfulness to all people. Psalm 100(1) means: Even simple things will bless the Lord. We should run the race with joy. Verse 4: Praise God throughout the day. Say to God you need him. and tell him how much you love him. Thank him for everything.
Amen
For Prayer Requests
comlaurencewoodley63@gmail.com

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