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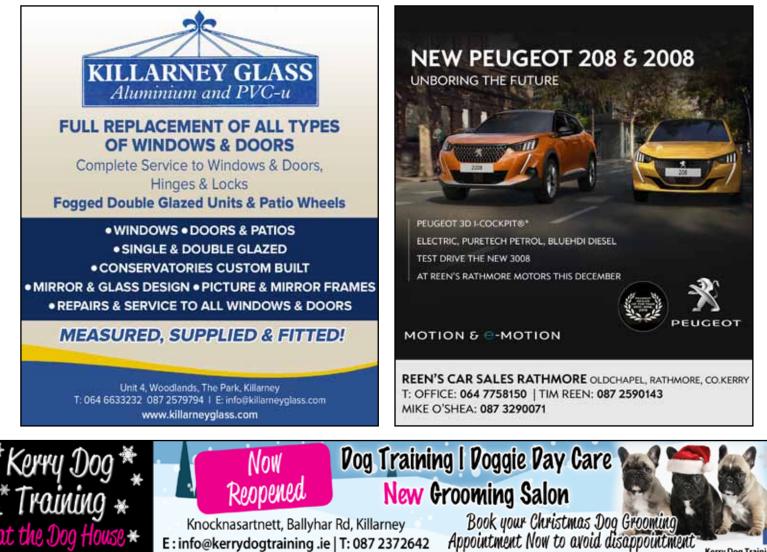
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DER LINE:064 6631814 \ 083 0024793 /083 315514

EDITOR'S NOTE

e truly have a bumper magazine for you this week which will keep you entertained over the weekend. If you are planning to change your car in 2021 - we have a Motoring Feature, our many adverts will inspire you for those last minute Christmas Presents and of course we have all the local news and sport for you.

With restrictions now at Level 3 and many businesses open, please remember to stay safe, protect each other and yourselves and now more than ever, Shop Local to help businesses after what has been a tough year for everyone. #washyourhands #wearyourmask #protecteachother

Aisling Crosbie, Editor **086 0400958**



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com



TEN STEPS for Nathan **RAISES FUNDS FOR PIETA**

Samantha Nagle with her Mum Anne Nagle of Killarney No Name Club, pictured on Plunkett Street presenting a cheque for \in 1,250 to Marie O'Carroll & Cathal Walshe, Pieta House Killarney resulting the online challenge 'Ten Steps for Nathan', a brainwave by Killarney No Name Club to raise funds regardless of the pandemic cancellation for Walk for Nathan, Darkness into Light, annual walk 2020. PICTURE MARIE CARROLL-O'SULLIVAN

When Nathan's Darkness into Light Walk for 2020 was cancelled due to COVID-19, members of the Killarney No Name Club decided to set up a challenge to raise money for Pieta House.

"We were very sad to hear that the annual walk had been postponed this year as it was a walk that has been uniting this community for many years and is something that we here in the No Name Club look forward to every year", Samantha Nagle told Killarney Outlook. As we couldn't physically come together we decided to do a virtual challenge instead, she added.

Nathan's Walk is 5kilometres, that's 6250 steps so we asked everyone to walk 10 steps for Nathan to achieve our goal of 5km by May 9th", Samantha said. People took videos of themselves walking their 10 steps and tagged Killarney No Name Club and the videos came in from houses, gardens, up mountains and people got involved from as far away as New York and New Zealand. "We also had groups get involved such as the Den Joe's who walked in a socially distanced manner. Frontline workers such as Killarney Garda Station and a nurse from England, while Ryan and Damien, Nathan's brothers, did their 10 Steps on Carruantoohil.

For every video of 10 steps that the Killarney No Name Club was tagged on, the club donated $\in 2$ euro to Nathan's Walk up to the goal of 5 kilometres! This week Samantha presented Nathan's mum Marie with a cheque for $\in 1,250$ for the charity which is so close to her heart.

The Tree of Light ... St Mary's

efficient bulbs lit up the iconic

Cathedral Killarney where

3,000 lightweight, energy

Californian Redwood tree

on the grounds of St Mary's

VALERIE O'SULLIVAN

Cathedral, Killarney. PHOTO:

At the blessing were from left, Fr Kieran O'Brien, Adm, Cllr Niall Kelleher, President of Killarney Chamber of Tourism and Commerce, Cllr Brendan Cronin, Cathaoirleach Kerry County Council, Terence Mulcahy, Christmas in Killarney, and Bishop Ray Browne, Bishop of Kerry, PHOTO: VALERIE O'SULLIVAN







In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

Liam Twomey puts his heart & soul into St Francis Special School



had the pleasure of meeting up with Principal Liam Twomey for a coffee at the popular Lír Café, Kenmare Place this week.

A beautiful morning allowed us to sit outside as people chatted & vehicles passed making life seem somewhat normal. A welcome change.

Liam Twomey is the principal of St Francis's Special School in Beaufort for over 18 years now. Originally from Cork, Principal Twomey spent many years teaching in Dublin before specialising in special education. "So what brought you to Killarney Liam?" I asked. "I was a border at St Brendan's College years ago Marie. I have great affinity with Killarney and it's people. Down through the years of fundraising for facilities at the school I am always amazed at the good will and generosity in Killarney and throughout Kerry. Unbelievable Marie.



We are particularly grateful to the Ring of Kerry Charity Cycle where we have been beneficiaries three times already. Thank you to Cathal Walshe, Padraig Tracey, Brendan Coffey & all the cyclists involved" Principal Twomey said. I couldn't have agreed with Liam more. The generosity, kindness & support the people of Killarney give is truly overwhelming. "The Kerry Football team for example Marie, especially Colm Cooper who has visited St Francis Special School on many occasion. And the Leane Family who have helped the school in so many ways. There are so many who have supported the school so I'll stop there Marie because there are too many to mention and don't you know I'll forget someone" Liam said. "Liam can you tell me a little about your new fundraiser and how we can help?" I asked. "We try to take on a project every year Marie. This year the school needs a playground but specifically for our children in wheelchairs. We do have a playground which we built in 2006 resulting the generosity of Killarney Rotary Club but it is suitable for 80% of our students only. If it was just one child that needed these facilities, it would be just as important as the 20% of students the new playground is needed for. We have a duty to do the best we can do and provide the services to ALL children. We run the school in a positive way Marie. We make sure our students have a happy experience at school while we help

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them to achieve their full potential. It's not about verbs, mathematical theorems or hand writing it's about achieving the best that each student can do. In normal life we can't all be good at everything but we can strive to be the best we can be. The playground is something that all of our children can use including myself but it is specific to the 20% of our students who need it to thrive and be happy. Children are shaped over time. I believe the new playground will make a huge changes in the lives of ALL our students and their families, but for one fifth of our students especially "Liam explained.

I thought to myself that the specifics of such specialised equipment might come with a hefty price tag and wondered how many items would be needed? "We have done our homework on it Marie and we are looking at 7 items for the proposed playground" Liam said as he handed me a brochure. That's the bottom line down there Marie which includes equipment, safety surfacing, installation etc. It's €100,745 in costings which I think is very doable. I know we can do it. Where there's will there is always a way and for these children I know it will happen. If anyone would like to to make a donation, you can call me directly at St Francis Special School on 064 66 44452 and I assure you no amount is too little. Or you can always get me on my email address too - principal@sfss.ie" Liam concluded.

Liam Twomey puts his heart & soul into St Francis Special School. That was evident. I thoroughly enjoyed my morning tea, a chat and a snap outdoors. Thank you for having me Principal Twomey. My absolute pleasure.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

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Faha Virtual Rambling House

 $R^{
m ambling}$ houses, like many other popular social Revents, have taken a hit this year.

Rambling Houses take their inspiration from the opendoor tradition in rural Ireland and bring musicians, singers, dancers, storytellers and entertainers of all kinds together for a night of "craic agus brack." Many will miss these gatherings, so Milltown Listry Comhaltas have been inviting local musicians to record and forward their performances and these will go live on Saturday night as a "Virtual Rambling House".

"We invite all to join us at 8 pm on Saturday, December 12, as we showcase the fabulous talent in our area. You can find the link through the Milltown Listry Facebook page. Chairman Turlough O'Brien told Killarney Outlook. "We did not want the event side-lined and we know how much people enjoy this event, so we felt it was important to prevail despite the restrictions." The Milltown-Listry Branch appeal to all to reach out to people who mightn't be able to access the event online. "If you know someone who'd enjoy this but can't use the necessary devices, please try to provide for them", added Branch PRO, Chris Horan. "The event will be on youtube, so if you can't watch on Saturday night, you can catch up anytime."



Katie Howe, Geraldine Brosnan and Aoibhe Horan at last year's Rambling House in Listry Community Centre.

So don't let the 2020 restrictions stop you from having a great night of local traditional talent- tune in on Saturday at 8 pm and join in the fun.

Tickets required for Attending Mass Over Christmas

Churches in Killarney will have to follow government and diocesan guidelines so as to ensure public health and safety as gather for Mass together.

Because of the regulations, which only allows a 20% capacity in the churches there will be a limited number of people who can attend mass in person.

While they have doubled the number of Masses on Christmas Eve and Christmas Day, they expect that not everyone will be able to be in the Church for Mass.

In a statement on their weekly newsletter, they said "we won't have the same crowds, atmosphere, choirs or Children's Masses as we have had other years, but are blessed to have the same faith, hope and love of Christ that gathers us to celebrate the Birth of Christ our Hope. We have a responsibility to control the numbers present, and so we will have to organise a ticket system whereby only those

with a ticket will be able to attend, and those without a ticket will have to join us via the webcam or parish radio or avail of Mass on Radio Kerry or RTE. Tickets for attending Mass on Christmas Eve and Christmas Day will be free, and only be given out in person by calling into the parish office during our office hours, and only for the person's own household – it will not be possible to book them over the phone or email unfortunately. There is no right or easy way to do this, and we realise that many will be disappointed at not being able to be at Mass as they always have been.

• We ask for your understanding if it happens that you will not be able to attend Mass in person as you would so dearly wish.

• Please join us for Mass online for Christmas Eve or Christmas Day, and please gather with us for Mass on Christmas week and during the Christmas season to have your opportunity to receive Holy Communion over Christmas. • Give your family crib a place of priority in your home this Christmas, and visit the crib in the Church as a family during Advent and Christmas.

• We ask for the help of our Eucharistic Ministers, Readers, and especially stewards (to comply with regulations) – if you can help as a steward please contact the Parish Office.

Masses for Christmas Eve and Christmas Day **ST MARY'S CATHEDRAL**

(all these Masses will be on the webcam and parish radio) Christmas Eve: 4pm, 6.15pm, 8pm & 12 midnight Christmas Day: 8am, 10.30pm & 12noon

CHURCH OF THE RESURRECTION:

Christmas Eve 5pm & 7pm Christmas Day: 9.30am & 11am

MUCKROSS:

Christmas Eve: 9pm Christmas Day 9.30am

Castleisland Lotto player scoops €235,196 prize

Lotto players in Castleisland are this week being asked to check their Lotto tickets for this week's €2million draw after after one lucky player won the Lotto Match 5 + Bonus prize of €235,196. The winner matched five numbers

and the bonus ball, meaning they were one number short of winning the $\in 2$ million jackpot on offer.

The lucky player picked their own numbers on their Normal Play ticket which they purchased at Garvey's store on Church Street in Castleisland.

The winning numbers from last night's Lotto draw are: 03, 08, 10, 20, 43, 44 and the bonus was: 40.

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Laura and Pete, Tralee



In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

SISTERS DONATE 30 INCHES OF HAIR TO RAPUNZEL

"Sisters are doing it for themselves" ~ Eurythmics. Clearly not the situation for the Williams sisters. Anything but!

L-R Katelyn & Nicole Williams who are donating 30 inches of their hair to the Rapunzel Foundation to create hair pieces for children with issues of hair loss such as alopecia & cancer. As if that wasn't enough these girls have been busy accumulating sponsorship for the big chop to help out the Jack & Jill Foundation, a children's charity providing nursing and assistance for parents so they may care for their sick children at home. The finest example of selflessness I've seen in a quite a while... times TWO!!

" 3 years Marie and our 3rd attempt at cutting our hair" Nicole told me. "I have to say it's so strange to be at the hairdressers after three years. We made three attempts to come to the hair dresser since March but each time Covid 19 had different ideas" Nicole laughed. Make that four times Nicole. We were scheduled for the week previous but the power cut at Marie O'Leary's salon had us rescheduling til today. Finally the girls were having the chop!!

"And what made you chose the charity Jack & Jill, to fundraise for ladies"? I asked. "Our Auntie Siobhan is the liaison nurse for Jack & Jill in Kerry. She's Mom's sister" Katelyn told me.

I have met Siobhan Reen a few time myself. She is a specialist Children's Liaison Nurse with the Jack and Jill Children's Foundation since Oct 2018 covering Kerry, Kerry/Cork Border, Kerry/Limerick Border. Siobhan worked as a Children's Nurse in Our Lady's Children's Hospital for 8 years as a Staff Nurse, Clinical Nurse Manger 1 and Clinical Nurse Facilitator. Prior to joining the Jack and Jill team Siobhan worked as a Staff Nurse in University Hospital Kerry in the Neonatal Intensive Care Unit for 6 years..



"We have raised €3,700 to date and the go fund me page 'Inches for Hours' will be open until December 20th Marie. Mom works at Reen of Rathmore and sure I'm sure you're familiar with my Grandad John on the radio 'don't pass the door''' Nicole laughed. "Many of business's through Reens of Rathmore I must say a huge thanks to, as they gave the bulk towards our funding. My work colleagues at the Cahernane Hotel have been fantastic with donations also. We're delighted and it can only go upwards from here" Nicole added.

"Will you miss your beautiful hair Katelyn?" I asked. "I will and I won't. I know it's going to a good cause and I certainly won't miss the detangling of a school morning. My Mum Helen was great to help me with that so Grandad will be delighted with her getting to work at Reens of Rathmore earlier or at least on time now" Katelyn laughed.

For every hour of nursing to one family, it costs Jack & Jill €16. A small amount to donate you might thing yes, but a priceless gift to the family of the recipient. Simple things like going to the shop or getting out for a walk and knowing your child, your prized possession, is in safe hands. So if you can, pop over and give these two the boost they deserve. Here's the link - https://www.gofundme.com/f/ inches-for-hours L-R Katelyn & Nicole Williams with Hairdressers Kellie O'Sullivan (top) & Proprietor Marie O'Leary (bottom).

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

The Nurses have once again been leftdown by this Government – *Danny Healy Rae, TD*

"This Government operates on one hand by blocking a small payment to student nurses last week and then this week they have provided 12 million euros a year as an additional payment to former Taoisigh and Ministers. This latest pre-Christmas giveaway comes with increased annual payments of \in 32,000 annually to three super junior minsters on

top of their salary, in addition approval has been given for additional payments totalling around €55,000 per annum to the whips of Fianna Fail, Fine Gael, Sein Fein, Greens, Social Democrats, Labour and Solidarity", Deputy Danny Healy Rae has said.

"The Government has been telling the people to applaud and appreciate the Nurses and frontline staff, while of course I agree that we need to do this particularly this year as Nurses and frontline staff have been endangering their lives and the lives of their families due to Covid, what the Nurses really need is to be adequately paid and treated fairly", he added.



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which is the wider Killarney region and it must be our priority to make this sustainable in every respect, from sporting to business and jobs.

It is heartening to receive this commitment of ongoing financial support in light of current trading difficulties faced by all business and I wish to sincerely thank all concerned. I also wish to take this opportunity to thank our prior sponsors and to wish them well through these difficult times.

This latest sponsorship deal is part of the constantly evolving process which saw us developing in tandem with the environment we live in. Our club was initially focused on competitive road-cycling and then played a key role in the development of the various mountain-biking disciplines in Ireland. The expansive leisure cohort - the single biggest section of the club - has further diversified our membership and increased awareness of the club within the region. The all-important Youth section was also nurtured and has thrived, and I'm very glad to say that we are able to continue with some of their activates during the current restrictions and in line with Government guidelines.

Catering for this wide variety of disciplines, abilities and ages, our club provides a range of options for new and current members that is second to none in the country and is indicative of the club's inclusive ethos which aims to serve and support everyone.

This year of 2020 will long be remembered as 'the Covid year' and, like every individual, business and organization, we have done our best in dealing with the every-changing demands and challenges which this pandemic has thrown at us. Cycling Ireland guidelines and the contact-tracing questionnaire for pre-organised events has given clarity and focus, along with the ability to return to some resumption of normal activities for a period.

We have to believe that there is light at the end of the tunnel and a key function of the club and its Committee now is to provide the platform required to make all our sections fully operational again as circumstances permit. We must look forward to the annual itinerary of leisure sportives, including our own Twin Peaks Challenge, and in mentoring new members to undertake The Ring of Kerry. We will again be looking out for the club jersey on our roadracers at events like The Rás Taitlteann, Rás Mumhan and The Junior Tour of Ireland, and we can be sure that our off-road racers will continue to make a national impact at Cyclo-Cross, Enduro and NPS mountain-biking. Most of all, we will look forward to the joy of seeing our Youth members learning, competing and developing.

To help realize these ambitions we must now focus on what we as a club have been very good at, and endeavour to continue to be good at it into the future. The dynamic of all the different structures within the club, along with the commitment of our members, mentors and group leaders, will bring us together in striving for the success that we have so been accustomed to and which we will achieve again. We will promote the long-term view that we are all part of something that promotes the health and wellbeing of all our members - something that is fundamental to our very existence. The pandemic has also helped to raise awareness of the importance of this, with a lot more people taking to cycling, and we must also make the club accessible and welcoming for those interested in joining us.

With this in mind, the Club will plan for whatever 'new normal' we will have to live with. As with many situations in life there is the rough with the smooth and we will not use this 'new normal' as a barrier or excuse. Instead, we will embrace the challenge and be determined to make our club function to its maximum and make the most positive impact possible. We will ride our way through the present situation and it will make us into a stronger unit moving into the future.

Again, we are truly indebted to our sponsors for their continued financial support and solidarity which will help us on this mission. With this in mind, please think local when deciding on where to spend your hard-earned cash.

Our headline sponsor is again KWD (Killarney Waste Disposal) and our other valued supporters are: Ahern's Garage Castleisland; Aqua Design; Autopoint Motor Group; the Big Little Bike Shop; Kayne's Bar and Bistro; Killarney Coffee Roasters; Killarney Credit Union; Leane's Kitchen's and Bedrooms; REC-Renewable Energy Centre; The Ross Hotel; The Killarney Park Hotel.

Mark Murphy,

Chairman, Killarney Cycling Club.



k illarney Cycling Club is synonymous with the community of the Killarney region since the early 1980s and its development into one of the most diverse clubs in Ireland has been based on the commitment of our members and the support of local businesses which recognized our contribution to the community.

Now in the middle of the pandemic crisis, the agreement of 12 businesses to continue sponsoring the club for three years from 2021 to 2023 is an endorsement of our standing and we, in turn, must reciprocate by re-doubling our efforts to continue developing the club on the one hand, and by supporting local businesses on the other.

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In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

Old Market Flea Killarney is a platform for crafts people particularly in the Killarney area

A midst Gogglevoxing this week I stopped by O'Donoghue Opticians to collect my glasses on Scott Street. There was a lovely festive buzz outside and the smell of warm spiced apple drew me in for a nosey.

The Old Market Flea is usually operated out of the back of the Laurels Pub every other Sunday. Remaining centrally located on Scott Street, Old Market Flea Killarney is now open every week in the build up to Christmas, Thurs to Sunday from 11am-5pm. I sought out the organisers Hazel O'Malley & Ciara O'Connor for a little chat and a snap while I was there.

"We are so grateful to Kate O'Leary at the Laurels for a fabulous location down through the years Marie. She was brilliant to us but she now needs her premises to comply with Covid19 guidelines to social distance her dining facilities. Old Market Flea Killarney is a platform for crafts people particularly in the Killarney area. Anything from vintage, retro, preloved & new clothing; handmade, art, craft, jewellery, art, coffee, pet stall, bric a brac etc" Hazel said. "We're delighted to say we are three years in operation now Marie. I've visited many amazing markets in places like Munich, Lille, Portobello Road in UK, Amsterdam & Paris. I really think Killarney needed a pop up open air market and what a safe way to shop this Christmas supporting Irish craft & flair" Ciara said. I confessed to having a hot chocolate from the Black Sheep Cafe during the week to the girls. "Oh you'll have to try the spiced apple Marie. Come on away up here with us. They do food too" Hazel said. After a little queue had moved on, I was introduced to Fiachra of Pickle Rix & Marina from Marina Seaweed, well known for their delights aboard the Food Truck in Dingle. What a winter warmer the spiced apple was. I breezed through the market taking in the various stalls with the girls. I noticed a



photo of the beautiful Alexis O'Mahony. I had Gogglevoxed with her and her parents Steve & Teresa in September for the ongoing 'Let's Help Alexis' fundraiser. "I'm donating 10% of my takings to the Alexis Fund" Artist Dzana of @viropayati told me "and the entire proceeds from these wooden Christmas decorations by Tiny Creations will go straight to the Alexis fund also". There you are. Community spirit at it's best I thought. Fair play to you Dzana.

It was lovely to look around at the markets and to see Scott Street alive again. Not like you'd see on a busy Munster Final day by any means but life & laughter at least. I spotted Killarney Credit Unions dapper Johnny O'Neill and couldn't resist asking him to pose for a photo with the faces of Old Market Flea Killarney. He kindly obliged. I was conscious there was a lady was waiting to approach Hazel & Ciara about how part take in the Old Market Flea so I made a little order with Fiachra & Marina before heading on my merry way again. For more updates on Killarney's Old Market Flea you can find them on Facebook or Instagram and type in Old Market Flea Killarney. L-R Hazel O'Malley (Organiser), Dzana Bukvic (Artist assisting 'Lets Help Alexis'), Ciara O'Connor (Organiser), Marina (Marina Seaweed), Fiachra (Pickle Rix) & customers Kate Howard & Johnny O'Neill. Insert photo sent to my by Alexis's Dad Steve of her visiting Artist Dzana with her Mum Teresa to say thanks for contribution to 'Let's Help Alexis''.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK

Caoimhe O'Halloran, Kilcummin NS currently attending St Brigid's Killarney, pictured on her rescheduled confirmation day with her family L-R Gary O'Halloran, Sadhbh O''Halloran, Aodhán O'Halloran, Gretta O'Sullivan, Caoimhe O'Halloran & Geraldine O'Halloran.

PICTURE MARIE CARROLL-O'SULLIVAN





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Celebrating Confirmation and Communions in December

Ella Kate Pigott, Kilcummin NS, pictured on her First Holy Communion Day with her Mum Geraldine, Dad Jerry & sisters L-R Sarah & Alison.

Dylan O'Connor, Kilcummin NS pictured on his First Holy Communion day with his family at the International Hotel - Dad Tim, Mum Margaret & little sister Evelyn. PICTURES:MARIE CARROLL-O'SULLIVAN

> Conor Gallivan, Kilcummin NS pictured at Kilcummin Church on his communion day with his family L-R Auntie Sheila, Mum Maura, Dad Denis and Intle brother Jerry.

an's Bar &

Molly Reidy, Loreto NS and now attending St Brigid's Secondary School, pictured at the International Hotel on her confirmation day with her Mum Lisa, Dad Ger, Grandad Tim & little sister Abbie.

Tannigon S da

Ryan Leane, Ana Blath NS, pictured on his First Holy Communion Day with his dog Ollie. Lily McCarthy, Holy Cross Mercy NS, but now attending St Brigids Secondary school, pictured on her confirmation day at the Internatinal Hotel with her Mum Patricia, Dad Oliver and sister Lucy.



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This guy doesn't do things by halves at all and completes everything to the best of his ability and so humble all the while

got chatting to the lovely Catherine Doyle of Down Syndrome Kerry about the difficulties that many charities are experiencing since March and how much of the fundraising has moved on line in the hope of staying a float. She mentioned Kevin so I put in a call for a chat & snap.

Gogglevox

Kevin Leahy, Killarney endurance athlete and uncle/godfather to Emily Leahy (4) has taken the challenge of all challenges, to raise funds for Down Syndrome Kerry - 1000Km of Chaos - https://www.1000kmofchaos.com

This week I took some time to visit Kevin at his newly opened coffee kiosk located on Scott Street. "One hot chocolate please Holly"? I didn't have to be asked twice. I'm loving the bitter cold weather. No rain or wind (So far!! That may all have changed by the time we go to print). Suits me & my outdoor photography down to the ground minus the writing part. I'm old school pen and pad and go with the flow of conversations. That's what the hot chocolate was for to warm my hands but the taste was even sweeter. Absolutely delicious!!!

I wanted to know where Kevin's endurance came from and how he was going to accumulate 1,000km for Down Syndrome Kerry? "I get bored unless I'm being challenged Marie. The more you challenge yourself the more you realise how much you can do. So the original plan was to complete three Ultra Marathons. An ultra marathon is anything over 50K on roads, trails or ice.

1. The Ancient Warrior trail in Wicklow - 100Km 26 hour run was cancelled.

2. The Montane Yukon artic, Canada in snow & ice at -40 degrees - 700Km 10 days of running - this was also cancelled.

3. This left the Kerry Way of 200Km to complete and it wasn't Covid that stopped this one Marie it was a knee injury at 140Km.

This was disappointing of course but worrying is a waste of mental energy. If I say I'm going to do something then I'll do it. Sweden is looking very promising for February 2021 'The Lapland Artic Ultra' of 500Km so I'm training hard pulling a tyre around the bog and you can see that at



www.100kmofchaos.com" Kevin laughed.

Kevin Leahy takes part ultra marathons throughout the globe but only fundraises every two years. "Sure you couldn't be asking people for money all the time Marie. They'd soon get sick of you. I love running. It makes me happy. It's very pure" Kevin said.

Kevin has lived away for 10 years in Australia & almost 2 years in South America taking up a hostel life style using his engineering career to get him from A to B clearly enjoying his experiences having stayed away from Killarney for so long. "So what brought you back Kevin"? I asked. "I thought Killarney would be a great place to open a hostel" he said. He wasn't wrong. I wasn't one bit surprised to hear The Black Sheep Hostel had won Best Hostel in Ireland in 2019. This guy doesn't do things by halves at all and completes everything to the best of his ability and so humble all the while. The proof is in the pudding. The Hot Chocolate was a prime example. Yum!

"Covid 19 has hit us hard like many Marie but we're grateful to be located by the Demesne, the gateway to Killarney National Park and many have made the coffee shop at the Hostel an outdoor social aspect of their daily routine. I have always enjoyed meeting new people and our new coffee kiosk on Scott Street is here just over a week now. I particularly enjoy Thursday to Sunday when the Flea Market is here. There's a great buzz about the place" Kevin said. "So what's your best seller then Kevin"? I asked. "We have the silkiest flat whites which are definitely our most popular" Kevin replied. I could see that. Poor Holly was working 'flat' out and conveniently took a phone call when it was time for the photo.

Thanks for having me at the Black Sheep Cafe pop up dock on Scott Street Kevin Leahy and Ellen Buckley (Holly's trusty assistant). For more updates, questions, donations and information, tune into The Black Sheep Cafe on all social media platforms on how to donate and follow Kevin's training and progress.

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK





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NEWSDESK



The team at The Lake Hotel, Killarney decided to put their time to good use during the recent lockdown and raise funds for the Palliative Care Unit in University Hospital Kerry. Staff members, back left to right: Jose Rodriguez, Darren Oliver, Vishant Sharma, Richard Keeley, Patrick Ihli, Noel Enright, Jordan o Sullivan, Alan Mcgough, Cian o Donahue Front left to right: Asta Penggai, Yvonne Coughlan, Breda o Sullivan, Dinesh Mauree taking part in the charity event.

The Lake Hotel Fundraising initiative in aid of the Palliative Care Unit Tralee

he team at The Lake Hotel, Killarney decided to put their time to good use during the recent lockdown and raise funds for the Palliative Care Unit in University Hospital Kerry.

Led by Executive Chef, Noel Enright, the kitchen team took on two challenges, completing a series of 5k running events and, the gentlemen in the group also took on the "Movember" challenge. Each participant's entry fee will be donated to the chosen charity. A GoFundMe page has also been created to help raise funds for this very worthy cause, gofundme.com/f/ lake-hotel-raise-funds-for-palliative-care-unit. Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with lifethreatening illness, through the prevention and relief of suffering. Kerry Specialist Palliative Care is a fully integrated service providing care to patients across all settings; home, nursing



Patrick Ihli, Noel Enriaht, Jose Rodriauez with their 'Movember' beards. PHOTO: DON MACMONAGLE

home, community hospitals, acute hospital and specialist inpatient unit. The hub of the service is the specialist palliative care unit which is attached to University Hospital Kerry and has access to all its services. The palliative care team work together to provide the best possible holistic care for patients, their families and loved ones. For more information visit www.hse.ie.

Noel Enright commented on behalf of The Lake Hotel "We are delighted to be raising funds for this very worthy cause. The Palliative Care Unit do such tremendous work and we look forward to making our donation to them. Last year we raised funds for Temple Street Children's hospital and we also completed a sky dive in aid of Kerry Mountain Rescue, we're excited to see what next year will bring."

As a seasonal hotel, The Lake Hotel will remain closed until 21st January 2021. During this time, The Lake Hotel reservations team remain fully operational and are happy to assist with any queries for 2021 and beyond. Christmas vouchers may be purchased either at the hotel or, via phone/online 064 6631035 www. lakehotel.com.

University of Limerick to facilitate **ON CAMPUS COVID-19 TESTING FOR STUDENTS**

University of Limerick, along with the HSE, Public Health Mid-West and Mid-West Community Healthcare has been working to ensure the best protective measures are in place for the UL community during this COVID-19 pandemic.

UL will now facilitate on campus COVID-19 testing by Public Health Mid-West for students who wish to the Christmas period.

UL students living in the immediate

invited to register for a COVID-19 test without needing to display any symptoms of the virus. "The offer of on campus testing will build upon the myriad of safety protocols we have in place to keep our community safe," explained UL President Professor Kerstin Mey.

virus transmission by helping to of COVID-19, particularly among

Overall, UL has seen a high level of compliance on campus with the in place. Students at UL have been repeatedly advised to follow public health guidelines, to download the COVID tracker app and to selfisolate if they display any symptoms while they await a test.

full details on how to register online for an on-campus test. All tests will be processed by the HSE.

HRISTMAS ADVERTISING





In her column with the Killarney Outlook - Marie takes to the highways and byways meeting locals and telling their story

"Third time lucky Ella Kate" I said. **"Yes Marie third time is a charm!"**

Winter the elf has his wits about him about the Pigott household today on Ella Kate's 'Third' Holy Communion.

Ella Kate and her Mum Geraldine had laid everything out, ready to go, for a third attempt at First Holy Communion, complete with lighting sign. "There were three dates Marie -30th May, 17th Oct & finally I was able to make my First Holy Communion today. We got a right shock this morning when we saw the sign changed from 'First' to 'Third' Holy Communion. Winter elf is such a joker" Ella Kate laughed.

"Ella Kate, were you terribly disappointed each time your First Holy Communion date was cancelled"? I asked. "Well I was but on the May date my family visited me at home. All at different times because of Covid and on the October date I went on a play date with my friend Emily O'Connor and we went to the nail salon. That was fun. I'm just so delighted that it actually happened this time" Ella Kate beamed. I can only imagine!

"And what about your beautiful dress Ella Kate? Did it still fit you?.... and your hair is beautiful where did you get it done?" I asked. "I was really lucky. I got to wear my friend Cara O'Donoghue's dress. When she wore it I fell in love with it... so I asked her if I could borrow it. At the start it was a little big on me but it fits perfectly today not like the shoes Marie, they're a little bit snug. We went to the same hairdresser we always go to and that's Mary Fitzgerald at Euro Style in the Tesco Shopping Mall. She did Mom's hair for her wedding too. It was great. I got to go for a trial as well". I had quite a snigger how Ella Kate corrected her Mum when she called it the Shopping Mall and not the American pronunciation 'Mawl'. "It's a 'Mawl' Mum not a Mall"!!

"And tell me about the church service? Was it strange not to have your grandparents and your relations there?" I asked. "I actually thought it was nicer than my sisters First Holy Communion. Fr Niall was so nice to everyone. He always is. And the teachers did the readings. It was very special, relaxing and exciting at the same time" Ella Kate told me. Ella Kate Pigott is clearly a very popular student at Kilcummin NS. As we chatted her teacher Ms Charlene Brosnan knocked at the door to see if Ella Kate could



come outside for a photo with her. Quite the little celeb! "Ms Brosnan was a brilliant teacher and Ms Moynihan too. I have Mr Murphy now in 3rd class Marie" Ella Kate told me. "Oh and which teacher do you prefer"? I asked. Ms O'Connor was gone so I was safe to ask. Full of giggles Ella Kate replied diplomatically "They are all lovely teachers Marie". Good girl Ella Kate. Answer noted. No homework on Monday Mr Murphy!!

"So what are you up to for the rest of your Third Holy Communion then Ella Kate"? I asked. "I actually should be back at Irish Dancing today with Aine Murphy but she's give me a special pass because it's my third chance at my First Holy communion. I'm off to lunch with my Dad Jerry, Mum Geraldine & sisters Sarah & Alison at the Mills Inn in Ballyvourney soon and you will never guess who is going to be there Marie?". I hadn't much time to ponder. "Santaaaaaaa"!!!! A photo with Santa on your Communion day I thought. What a historical capture. "Wow, luck you! Have you your letter sent Ella Kate?" I asked. "I have Marie. I've asked for a tablet, an Instax camera & a surprise" Ella told me. "You'd better watch out Marie, someone could have your job with an Instax camera on the list" Geraldine laughed from the kitchen. "Santa always brings the best surprises Marie. Two years ago he gave us family tickets to Disneyland. Can you believe that? I don't think he will be giving us that this year though because we have to stay in our county for a while anyway" Ella Kate replied.

"I'm going to leave you to enjoy your special day Ella Kate. Be sure and say Hi to Santa for me won't you? And if he has one of those surprises for Marie that'd be just great" I asked. "Of course I will Marie and I hope Winter is not up to more tricks when we're gone" Ella Kate laughed.

I left the Pigott household with plate full of delicious goodies. Oh yum!!! Thank you for having me to your home in Kilcummin Ella Kate Pigott and thank you for your contribution to the Covid belly Geraldine, soon to be introduced to the Christmas indulgence!! Roll on January!!

PICTURE MARIE CARROLL-O'SULLIVAN FOR GOGGLEVOX WITH THE KILLARNEY OUTLOOK



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Tune in to hear O'Holy Night with Kerry Opera singer Gavan Ring

International tenor Gavan Ring from Caherciveen – is bringing the people of South Kerry and further afield together for a special Christmas Eve broadcast of the most famous Christmas song of all time "O Holy Night".

In association with Creative Ireland Kerry/Kerry County Arts and Radio Kerry, Dr Gavan Ring will be accompanied by legendary Cahersiveen organist Barbara Gloinson.

O Holy Night" will be sung by Gavan and a digital crosscommunity choir comprising principally of people from South Kerry and South Kerry diaspora. Gavan's performance will not be live but will be pre-recorded from the historic acoustics of the Daniel O'Connell Memorial Church in Cahersiveen in early December and will then be broadcast into homes around the county at 6:25pm on Christmas Eve on Radio Kerry (who will also carry a video of the performance on their Facebook Page).

"This project has a strong focus on citizen well-being," says Kate Kennelly, Arts Officer and Creative Ireland Kerry coordinator in Kerry County Council. "It will allow a coming together across many communities. There is healing power in music and song and we want people across Kerry to feel comfort and joy through this event."

As choirs and singers continue to be prohibited from gathering and singing together due to the ongoing



Tune in to Radio Kerry at 6:25pm on Christmas Eve to hear this, truly historic and momentous broadcast!

impact of COVID-19, this project will imaginatively reconnect singers, choirs and the wider Kerry community using technology to bring some sense of normality back to their lives. So far, there are upwards of 50 singers from Iveragh and all across the globe involved in the project.

"This is just incredible! We have people joining us from New York, California, Greece, all around the country and the county to digitally part-take in this project! I am so grateful to Kerry County Arts and Radio Kerry for making this a reality", exclaimed a delighted Gavan. "O Holy Night is possibly the greatest Christmas song of all time and this special broadcast will not only give the singers involved a huge lift, but the whole county – and indeed the world! – will be able to experience a truly magical and uplifting musical moment at a time when we will all be sorely missing the wonderful music-making we traditionally associate with Christmas Eve and in particular with midnight mass", he added.

Tune in to Radio Kerry at 6:25pm on Christmas Eve to witness this, truly historic and momentous broadcast!

Ross & Nina just roll with it...

SUSHI TO YOUR DOOR BUSINESS LAUNCHED

A Killarney couple have started a new business where they prepare fresh sushi and deliver it to you home.

Ross and Nina Hurley began their culinary journey in 2013 with a small market stal and have enjoyed great succes over the past 7 years.

"Nina's experience originated in South Africa where she worked at a local Sushi restaurant making sushi. She has taken this experience and infused her recipes with her own creativity to pair all the perfect ingredients in her sushi", Ross told Killarney Outlook.

Ross's experience began in 1998 when he moved to Germany. He managed an Irish pub & Restaurant for a number of years planning and constructing food menus with the head chef. After returning home to Ireland and meeting Nina their passion for food eventually turned to a career and they've not looked back since. However, in 2018 the couple were hit with devastating news that Ross had pancreatic cancer and had to have major surgery to remove the tumour. This had catastrophic Ross and Nina Hurley began their culinary journey in 2013 with a small market stall and have enjoyed great success over the past 7 years.



ramifications on their business as Ross set himself for a 6 month recovery period from the operation and endured a further 24 months of specialist treatment abroad.

Now after a daunting few months and dealing with the pressures of Covid they are back are up and running with a new sushi business. The couple offer a huge range of sushi combinations from salmon to prawns as well as an "Executive Menu" that caters for the hardcore sushi fans. This includes Masago (Raw Fish Roe), Sashimi (Raw Fish), Tara (Cured Cod), Unagi (Cooked Eel) & Ika (Squid).

Their business module is takeaway and delivery only with orders to be placed the previous day. All sushi is freshly made to order only, which means the customer will receive the product in it's highest freshest quality.

Orders can be made through the website www.kerrysushi.com or by calling Ross on 0838849721





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NEWSDESK

Together we can do so much...

Lions Christmas Food Appeal in Full Swing



Numerous events in the three secondary schools in Killarney have raised over €1500 raised so far for the Lions Club Christmas Food Appeal.

The funds raised at 'No Uniform' and 'Hoodie' Days led by Transition Year students in the schools will go towards the Club's annual Christmas Food Appeal.

The Lions Club has also confirmed that the Appeal will culminate with a street collection in Killarney on Friday, 18 December. All money raised for the Appeal will go towards providing food hampers for families in need in the Killarney area, which they will receive just prior to Christmas.

Killarney Community College held a No Uniform Day and St.

Brigid's Presentation Secondary School had a Hoodie Day to raise the funds, which will receive a further boost next week when St. Brendan's College will hold its No Uniform Day.

"Between the amazing support from the Transition Year students and teachers, and online donations to our gofundme page, we are making great progress" says Killarney Lions Club President, John Fuller. "We are very grateful that we can go ahead with our Street Collection, which we will ensure is in keeping with Covid requirements. All in all it means we will be able to support 75 families this Christmas thanks to everyone's efforts, which is incredible."

Anyone interested in making a donation can go to this website: https://www.gofundme.com/f/mmfbj-christmas-food-appeal or scan this QR code:

For further information please contact John Fuller on 087 236 3065 or Denis Doolan on 087 967 0635 or email: killarneylionsclub@ gmail.com

The Killarney Lions club through its members, assists various groups and individuals in and around the community. Lions do this through voluntary activities, fundraising and by holding various types of events in support of a great many local causes.



Lions-Pres TYs-O-Bottle-Martha Doolan Meadhbh Bennett Ella Galvin.

Streamed Gigs and New Gleneagle INEC Player Announced

The Gleneagle INEC Arena have this week announced details of when and where their series of December gigs will be streamed.

The December gigs which are currently being prerecorded, will be streamed for free via the new Gleneagle INEC Arena Player in late December and across the months of January and February.

The newly launched Gleneagle INEC Arena Player can be accessed on any smart device via the INEC website (www. inec.ie). It will be a virtual library of artist performances, podcasts, interviews and behind the scenes footage.

The December performances are funded by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media, under the Live Performance Support Scheme. They will provide a total of 893 days of employment for 205 people - a mixture of artists, technical crew and support staff. Tune in to the Gleneagle INEC Arena Player at www.inec.ie Each gig will be streamed at 8pm.

Seamus Begley and The Sibin Orchestra – Friday,

December 25, 2020

Sharon Shannon, Frances Black and Mary Coughlan Tuesday, December 29, 2020 Gavin James – Thursday, December 31, 2020 Bird on the Wire – Saturday, January 9, 2021 Brad Heidi – Friday, January 15, 2021 The Academic – Saturday, January 16, 2021 Junior Brother – Friday, January 22, 2021 Hermitage Green – Saturday, January 23, 2021 Moncrieff - Friday, January 29, 2021 Aslan – Saturday, January 30, 2021 Maeve Begley, Muireann Nic Amhlaoibh and Éilís Kennedy – Friday, February 5, 2021 Celtic Steps – Friday, February 12, 2020 The O'Neill Sisters – Friday, February 19, 2020 Picture This - details to be confirmed Lisa McHugh - details to be confirmed





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National Polio Register – giving polio survivors a stronger voice POLIO SURVIVORS IN THE SOUTH WEST URGED TO SIGN UP

Most people think of polio as long gone. While thankfully, with every child now vaccinated, this debilitating disease is eradicated in Ireland, however it is thought that around 7,000 people who had polio are still living with the impact of the original illness.

Polio Survivors Ireland is urging polio survivors throughout the South West of the country to sign up to the Polio Register, to help find out how many are still here and to create strength in numbers.

"We are looking for people who contracted polio as babies or young children, to sign up to our National Polio Register, which is currently rolling out in Kerry, Limerick, Clare and North Tipperary," says Fran Brennan, CEO, Polio Survivors Ireland. "With more evidence of the need for tailored supports and services for polio survivors, we can advocate and campaign for what is needed now and in the future."

Before it was eradicated in the early 1960s, Polio struck down many people in Ireland. The current pandemic brings back many memories for those who recall the widespread fear and panic of their childhood. During the polio epidemics in the 40s and 50s, parents were urged to avoid crowded places and excessive exercise for their children and swimming pools and libraries were closed in an effort to curb this terrible disease that struck mostly babies and children.

Of those who contracted the disease, many were partially and some completely paralysed for life. Decades after, many survivors are now experiencing new symptoms, known as Late Effects of Polio or Post-Polio Syndrome, which often require medical advice and treatment.

The Polio Register was set up by Polio Survivors Ireland, the only support organisation for survivors in Ireland, to help create a clearer picture of the number of people affected. This will help the charity to advise statutory services of the supports needed for survivors. Anyone who had polio, whether they require support now or not, should register to give a stronger voice to all polio survivors in Ireland.

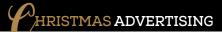
Stephen Collins, a polio survivor living in Limerick, believes the Register is essential to help ensure that survivors get the right support. "We've already lived through epidemics," he says. "Thankfully we've survived polio but many polio survivors now have to deal with the late effects of it. It's as though it's hit again. It's important for anyone who had polio to know that there's someone there to help them and that they can always get support or advice if they need it. It's a great idea to sign the register because even if someone doesn't feel they need help now, at some point if they do, at least they can turn to Polio Survivors Ireland."

Late Effects of Polio and Post Polio Syndrome can cause previously active survivors to lose mobility and to struggle with daily tasks, fatigue, pain, or to develop an extreme intolerance to cold.

To sign up to the register, see www.polio.ie or contact Polio Survivors Ireland on 01 889 8920, email info@ppsg.ie.

Doireann Dwyer, Ana Blath NS but currently attending St Brigids, pictured at the International Hotel with her family L-R Niamh, Oran, Doireann, Eabha & Donal. PICTURE MARIE CARROLL-O'SULLIVAN





005





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€52,289 in COVID-19 supports for community and voluntary groups in Kerry

Community and voluntary groups in Kerry will receive an additional €52,289 in Government funding to help them deal with Covid-19, Deputy Government Chief Whip, Brendan Griffin TD has said.

The funding, which is allocated under the COVID-19 Emergency Fund, was confirmed today by Minister for Rural and Community Development, Heather Humphreys TD, and Minister of State with responsibility for Community Development and Charities, Joe O'Brien TD.

Deputy Griffin said: "Community and voluntary groups across Kerry are set to benefit from additional Government funding to help them deal with the impact of COVID-19. This is in recognition of the important role played by community and voluntary organisations across the country as we head towards the Christmas period. "This funding will allow the many groups and organisations doing great work in our communities to continue to adapt to the requirements of dealing with the pandemic. For example it can be used to make changes to premises to provide for social distancing which as we know has placed significant financial demands on local groups. It can also be used to fund on-line activities, as well as the provision of critical social supports.

"The funding will enable groups to embrace the Government's 'Keep Well' campaign which focusses on the themes of staying connected, switching off and being creative, and minding your mood.

"In order to access the funding, groups and organisations should check with the Kerry Local Community Development Committee who will be administering the funding to groups in each area with the support of Kerry County Council ", Deputy Griffin concluded. Announcing the COVID-19 Emergency Fund, Minister Humphreys said: "Covid-19 has brought the term 'Community' to the fore. I want the community spirit that we have shown in recent months to remain post Covid.

"The little things like checking in on a neighbour makes such a difference. Our community and voluntary groups have played a crucial role during this Pandemic and it's so important that we support them.

"That's why I'm delighted we are providing this additional funding to support our community and voluntary groups who are in turn assisting significant numbers of vulnerable people to get through this crisis."

The Department of Rural and Community Development has allocated a total of \notin 1.7 million funding to Local Authority areas, and it brings the total funding provided under the COVID-19 Emergency Fund to \notin 4.2 million nationally in 2020.

Ireland's position as island nation must be taken into account by any EU review of animal transport rules - MEP Kelleher

Ireland South MEP, Billy Kelleher has said that any review of animal transport rules at EU level must take into account Ireland's status as an island and the unique challenges that it brings.

Kelleher was speaking after he questioned the European Commission for Agriculture, Mr. Janusz Wojciechowski on his thoughts on animal transport and welfare at a recent meeting of the Parliament's Committee of Inquiry into Animal Transport.

"Previously, the Commissioner has stated, when he was a Parliamentary rapporteur on this issue that he believes there should be an eight hour maximum travel limit for live animals.

"Clearly, the Commissioner, when writing that report, took no heed of Ireland and the challenges we face in getting our animals to mainland European markets.

"There's an assumption out there, an incorrect assumption, that Ireland doesn't need to export its excess animals. Nothing could be further from the truth.

"Every year, nearly 300,000 animals leave Ireland for foreign markets adding hundreds of millions to the Irish economy

and supporting hundreds if not thousands of jobs in rural communities.

"We do not have the population needed to sustain such an additional input into the domestic market.

"Put simply, it's the same as asking France to drink all the wine it produces every year instead of exporting it. It's just a non-runner from the get go.

"Obviously, we can and must improve animal welfare standards, but that starts with implementing the existing rules, and sanctioning those who break them. Proper veterinary oversight must be part of the entire supply chain.

"Investment is also needed in terms of the vehicles being used to transport these animals also. I think farmers and exporters are willing to go the extra mile but what is not acceptable is an arbitrary time limit that would destroy this really important part of the Irish economy," concluded Kelleher.

€50M WALKING AND CYCLING FUND ANNOUNCED FOR TOWNS AND VILLAGES - FOLEY____

Minister for Education and Kerry TD Norma Foley has today welcomed the announcement of a \in 50 million investment in walking and cycling projects in town and villages across the country, which is open to all areas in Kerry for applications through Kerry County Council.

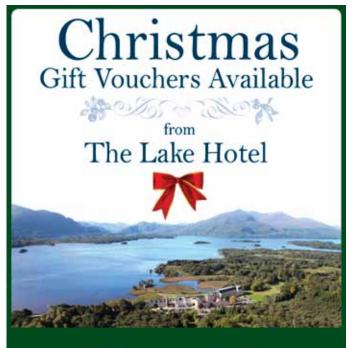
The aim of this funding, which will be administered for the Department of Transport by the National Transport Authority is to support the development of high-quality cycling and walking infrastructure outside of cities.

Funded projects should be accessible, age-friendly and maximise comfort to people of all ages and abilities.

Commenting on today's announcement, Minister for Education and Kerry TD Norma Foley said: "Since the onset of Covid-19 we have seen an enormous increase in cycling and walking. This specific funding for 2021 for high quality cycling and pedestrian infrastructure in towns and villages has the potential to greatly enhance our local community facilities.







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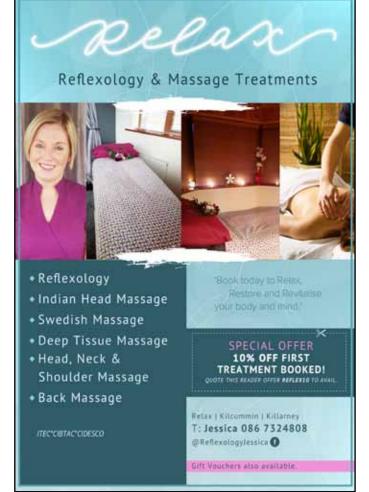
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as a result of COVID-19, to re-enter the workforce.

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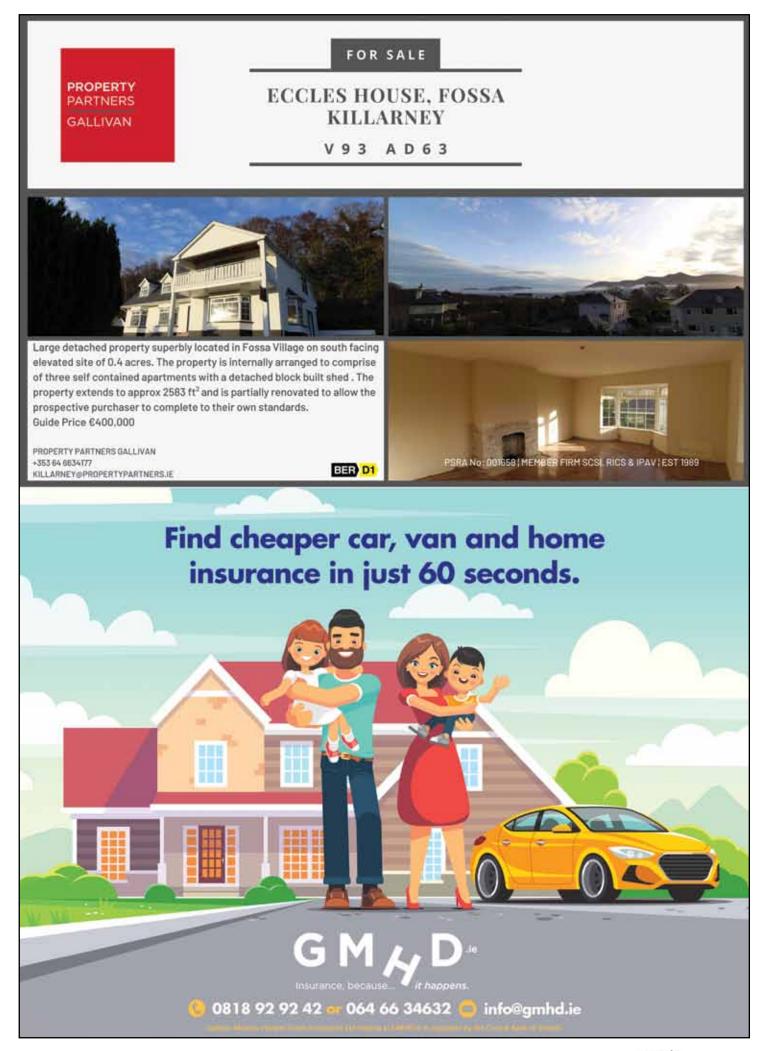
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CODE	COURSE TITLE	START DATE	DURATION (WEEKS)
304241	Pharmacy Sales Assistant, Tralee This course is designed to be of significant benefit to those who intend seeking work in a retail pharmacy environment.	25 January	39
300811	Skills to Compete ECDL - European Computer Driving Licence, Killarney Master your PC skills Internationally recognised qualification.	25 January	13
300820	Digital Marketing and Sales, Tralee An all-new sales focused Digital Marketing training programme.	1 February	50
309768	Healthcare Support (Carers), Tralee Become a qualified carer.	1 February	41
269805	Skills to Compete Food Preparation and Cooking (Culinary Arts), Kenmare An excellent introduction to the Culinary Arts.	8 February	21
307248	Skills to Compete Digital Photography, Tralee Learn the craft of digital photography.	15 February	14
301238	Traditional Stonewall Construction, Tralee Learn the art and craft of traditional stonewall.	22 February	34
307230	Skills to Compete Bus Driving - D Licence, Tralee Achieve D-Licence & CPC Pre-Requisite: D-Licence Learner Permit.	22 March	12
301684	Skills to Compete Welding Intermediate, Tralee Get EN9606-1VOB1, EN9609-1SSP and EN9609-1 AL01 certified.	29 March	18
300819	Digital Media Production Skills, Tralee • Unique to Kerry College Visual Communications Video Photography.	29 March	53
300821	Marine Engineering, Fenit • Unique to Kerry College Learn about marine craft construction, systems, engineering and maintena	19 April Ince.	28
300916	Broadcast Production Skills, Tralee • Unique to Kerry College Nationally renowned training programme for crew skills.	26 April	53
307181	Skills to Compete Construction Ground Work Skills, Tralee Develop key construction and groundwork skillsets. Safepass included.	10 May	22
307246	Deciding Your Future, Tralee A great short course to help you re-set and re-start.	17 May	10
307227	Wind Turbine Maintenance Technician, Tralee ONLY ONE IN IREL Unique industry-led training programme with 100% job placement.	AND 14 June	39
307229	Skills to Compete Heavy Goods Vehicle - Artic, Tralee Achieve CE-Licence & CPC Pre-Requisite: CE-Licence Learner Permit.	21 June	10
307226	Advanced Outdoor Activity Instructor, Killorglin Designed to up-skill and enhance the employment opportunities for those working or training in the Outdoor Sector.	19 July	47
307225	Outdoor Activity Instructor, Killorglin The ideal starting point for those interested in developing a career in the Outdoor Adventure, Tourism and Education Sector.	26 July	47
309767	Healthcare Support (Carers), Killarney Become a qualified carer.	9 August	42
307205	Skills to Compete Coded Pipe Welding, Tralee Get ASME IX and EN 9606-1 certified.	23 August	25
303566	CAD - Computer Aided Draughting and Design, Tralee This course is for those who wish to pursue careers as CAD Technicians.	30 August	47
307220	Hairdressing, Tralee Ideal for those starting out in hairdressing or who have some basic skills and experience in the industry.	6 September	44





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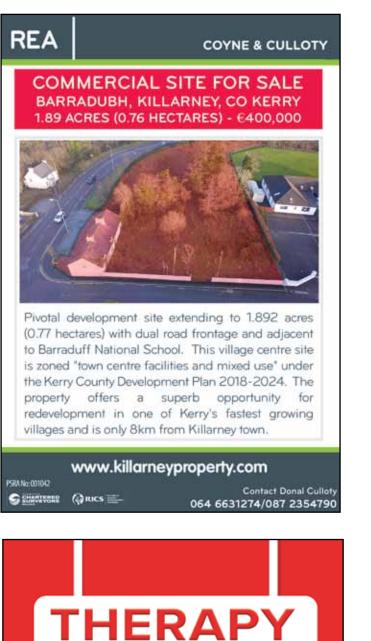
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Risks involved – some investments do give you a capital guarantee and some do not give you a capital guarantee. How much of your original capital would be at risk? Is there a risk of poor returns? Is there inflation risk? You also need to consider how long your money will be tied up for.

Financial advisors advise on these products that are provided by product providers. It is important that you find out from the advisor if they are tied to any one provider or if they deal with a number of different providers and who are these providers.

For more information or to make an appointment to discuss the above contact Dermot Cronin QFA, at 064 6622775, 0872893649 or email dermotcroninifa@gmail.com

OUTLOOK PROPERTY



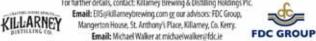
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INVESTMENT TERM: 5 YEARS MAXIMUM INVESTMENT: €250,000 MINIMUM INVESTMENT: €5,000 CLOSING DATE: 22rd December 2020 PROJECTED NET CASH FLOW: €9,200 (Based on €20,000 Investment) TAX RELIEF AVAILABLE: 40% in 2020 (Deductible against most income taxes) PROJECTED BUYOUT PRICE: €1.09 PER €1 INVESTED

With very strong initial interest, the private placing is already 50% booked. We expect it to be fully subscribed and advise booking early as it may close before the stated dosing date, once fully subscribed.





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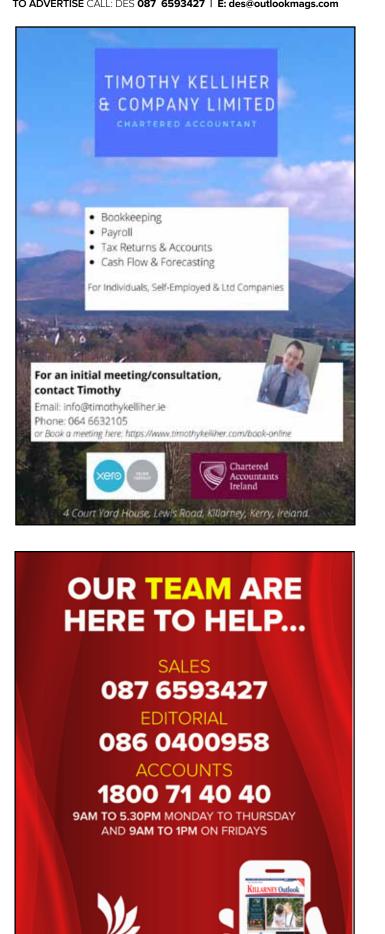
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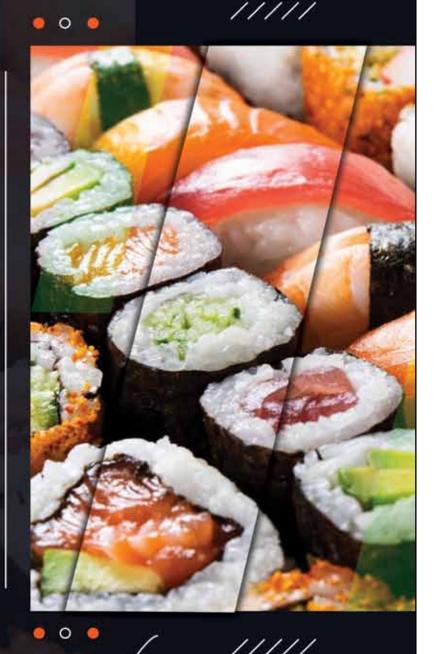
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COMHAIRLE CONTAE CHIARRAÍ /KERRY COUNTY COUNCIL BÓITHRE A NDÚNADH GO SEALADACH / TEMPORARY CLOSING OF ROADS ALT 75 D'ACHT NA MBÓITHRE 1993 / SECTION 75 OF ROADS ACT 1993

Tugtar fógra anseo faoi réir Acht na mBóithre 1993, Alt 75, agus na Rialacha faoi Bóithre a Dhúnadh go Sealadach, 1994, go bhfuil Comhairle Contae Chiarraí ag moladh na bóithre, mar atá liostáilte thíos, a dhúnadh don achar ama agus fáth mar atá thiosluaite:

"SRÁIDEANNA SÁBHÁLA – BAILTE SÁBHÁLA – CONTAE SÁBHÁLA" BEARTAIS SCARADH SÓISIALTA COVID -19

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council proposes to temporarily close to public traffic the following roads for the period and reason specified below:

"SAFE STREETS - SAFE TOWN - SAFE COUNTY" Covid-19 Social Distancing Measures

KILLARNEY TOWN CENTRE

Roads Subject of Proposed Closure

L-3909 Plunkett Street, Killarney (from its junction with Main Street to its junction with College Street)

R-876 Kenmare Place, Killarney (slip road from its junction with N71 Kenmare Place to its junction with N71 East Avenue)

Period of Proposed Closure

From Thursday 7th January 2021 to Wednesday 21st April, 2021 (24 hr closure)

Reason for Proposed Closure

To facilitate Covid-19 Social Distancing Measures, under the Kerry County Council "SAFE STREETS – SAFE TOWNS – SAFE COUNTY" Plan

Alternative Routes

L-3909 Plunkett Street – traffic can divert at College Street Roundabout, via the N71 Fairhill Road, the N71 East Avenue, Kenmare Place, onto Maine Street.

R876 Kenmare Place – traffic can divert onto the N71 at Kenmare Place.

Access to College Street (Glebe) Car Park will remain open and designated loading / collection bays will be provided at College Square / College Street Car Park for deliveries and collections.

Ba chóir d'aon duine ar mian leo cur in aghaidh an mholadh seo, sin a dhéanamh, i scríbhinn, marcáilte Beartais Dúnadh Bóthar Scaradh Sóisialta, leis an tOifigeach Riarcháin, An Roinn Bóithre Iompar & Mara, Comhairle Contae Chiarraí, Áras an Chontae, Trá Lí, Co. Chiarraí, nó trí ríomh phost go roads@kerrycoco.ie ní níos déanaí ná 5.00 i.n. ar an Luan, 21 Nollaig, 2020.

Any person having an objection to the above proposals should lodge same, in writing, marked Social Distancing Measures Road Closure, with the Administrative Officer, Roads, Transportation and Marine Department, County Buildings, Tralee, County Kerry or by e-mail to roads@kerrycoco.ie not later than 5.00 p.m. on Monday, 21 December, 2020.

Ionas gur féidir próiseáil a dhéanamh ar aon aighneachtaí/moltaí beidh Comhairle Contae Chiarraí in ainm an t-eolas seo a phróiseáil go dlíthiúil, mar is gá, chun cloí lena oibleagáidí dlí. Déanfar a leithéid d'eolas a phróiseáil, ag cloí le ráiteas príobháideach na Comhairle, atá le fáil ag www.kerrycoco.ie.

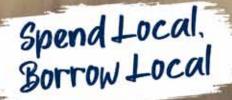
To enable the processing of submissions/ objections Kerry County Council can legally process this information, as necessary, to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at www.kerrycoco.ie.

Siniú: Pádraig Corkery Senior Executive Officer/Feidhmeannach Sinsearach Corporate Affairs/Gnóthaí Corparáideacha





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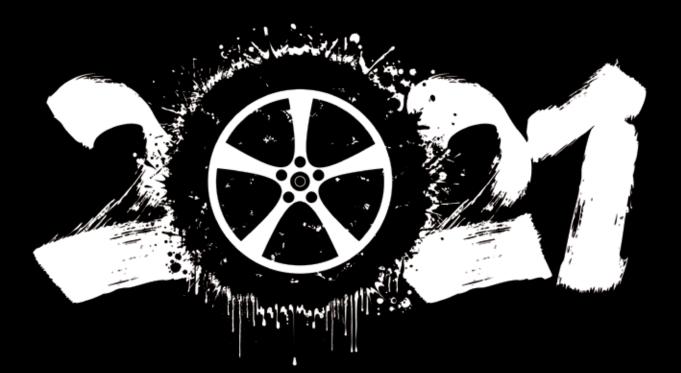
Donation envelopes to be returned to SVP, Ozanam House, Green Lawn (off New Street), Killarney. We thank you most sincerely for your continuous support.

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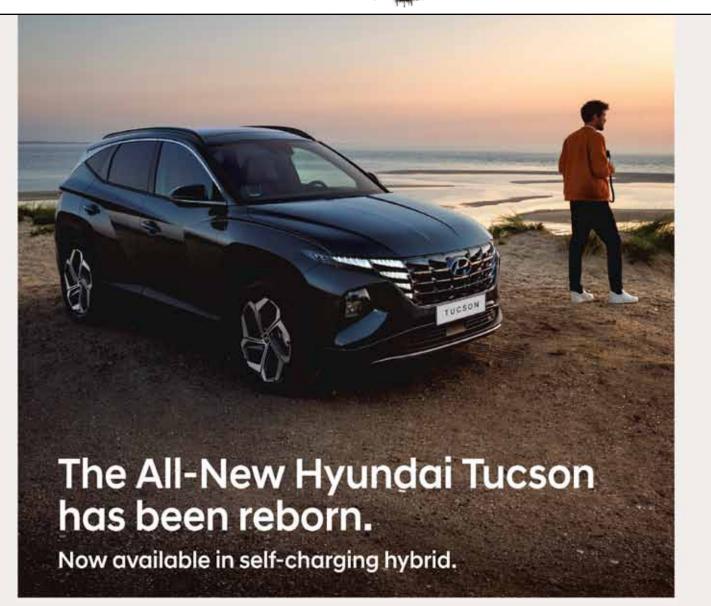




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The Hyundai 5 Year Unlimited Mileage Warranty applied to Hyundai vehicles that have been originally sold by an authorised Hyundai dealer to an end-customer, as set out in the terms and conditions of the warranty booklet. Terms & conditions apply. Model shown for illustrative purposes. Dealer charges apply. Price excludes dealer deliver or related charges. Hyundai Tucson. Retail price €23,495. Finance amount €21,120. 36 monthly repayments of €236,68. Total cost of credit €2,113.97. Optional final payment €14,650. APR 3.9% as of 12th November 2020. Minimum deposit €11,375. Lending criteria, conditions apply. Available at authorised dealers for models booked by 31st December 2020 and registered by 30th January 2021. Hire purchase by Bank of Ireland t/a Bank of Ireland Finance. Offer applies to 211 Hyundai Tucson booked by 31st December 2020 and registered by 30th January 2021. WLTP combined: Co2 emissions WLTP: Co2 183g/km. Fuel consumption 4.9I/100km.





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Throughout the Covid pandemic we are able to offer a variety of ways to get in touch for those who would prefer not to visit in person, we have a virtual showroom, video chat, email, instant messaging or anything you need to help you upgrade. A highlight for this year is the all new Ranger Wildtrack which can be purchased with 0% APR finance.

The New Ford Ranger is purpose-built get the job done. And with more technologies than ever before, Europe's number one selling pickup helps you work smarter too. Advanced systems, including Traffic Sign Recognition, Lane Keeping Aid, and parking sensors, all increase your awareness and boost your confidence on the road. Whilst Hill Start Assist, Hill Descent Control and Active Park Assist help keep you in control.

Advanced engineering and the highest quality materials deliver an interior that's as tough and hardwearing as it is comfortable. For the first time, the New Ford Ranger is available with a built-in FordPass Connect modem too. This technology enables you to remotely lock and unlock your vehicle, receive live traffic updates, connect to a WiFi hotspot, and it makes owning a Ford better than ever.

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> Assess Ireland want to get the message out to people – whether they are individuals who simply want to run a check on a car they are buying, or massive industries looking to ensure compliance with the latest health and safety regulations applying to their workforce and their equipment – that we have a solution to any problem they might have.

Our Automotive Inspection Services division will cover everything from vehicle damage assessments to independent vehicle valuations and on to consumer complaints and litigation, technical investigation reports and forensic investigations. This work is carried out by SQI's, or suitably qualified individuals and these people will do NCT and CVRT modification/repair reports and motor tax declaration of conversion reports.

Assess Ireland then is a one-stop shop when it comes to nationwide automotive and engineering inspection services and you can contact them at 0818229229 or by e-mail at info@assessireland.com. A full list of inspection services is available at www. assessireland.com

INCREASE IN NEW CAR REGISTRATIONS IN NOVEMBER

The Society of the Irish Motor Industry (SIMI) this week released their official new vehicle registrations statistics. New car registrations for November seen an increase of 20.11% (914) when compared to November 2019 (761). While registrations year to date are down 25.0% (87,728) on the same period last year (116,885). Light Commercials vehicles (LCV) are down 3.2% (830) compared to November last year (857) and year to date are down 14.8% (21,431). HGV (Heavy Goods Vehicle) registrations are down 30.5% (82) in comparison to November 2019 (118). Year to date HGV's are down 21.9% (2,038). Used car imports for November (8,647) have seen a decrease of 13.6% on November 2019 (10,008). While year to date imports are down 35.4% (67,151) on 2019 (103,900). Brian Cooke, SIMI Director General commenting: "While the registration numbers year to date highlight the extremely difficult trading conditions, down 25% on last year and 40% since 2016, today Ireland moves out of Level 5 restrictions which sees motor retailers re-open their vehicle sales functions. SIMI members operate with large wellventilated showrooms and this along with the ability to display vehicles in an outdoor setting allow for business to be done in a very low risk environment for the transmission of COVID-19, making them safe for both customers and staff. With the key New Year selling period only weeks away, this re-opening comes at an opportune time. The use of digital platforms during the lockdown has provided an important shop window for customers looking to buy a new or used car and with Vehicle Manufacturers and retailers offering generous incentives to buy a new "211" car, the Industry is hopeful that activity will be brisk in the coming weeks and months ahead."

also the go-to business for private individuals, along with a range of insurance companies, solicitors, insurance brokers, car hire companies, fleet operators, motor trade operations and even manufacturers themselves, who need either automotive or engineering inspection service expertise for themselves or their clients.

In short, Assess Ireland is the market leader in automotive and engineering inspection services, the company has an All-Ireland network of regional offices and whose engineers are recognised as certified experts by insurers, repairers and the legal profession. We have a huge diversity of clientele, from ordinary motorists to industrial giants and we can look after the

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PREMIUM - MID RANGE AND BUDGET TYRES - PRICES TO SUIT EVERY POCKET

Mazda MX-30[1] Achieves Five Star Euro NCAP Rating

The all-electric Mazda MX-301 has been awarded the maximum five-star rating by Euro NCAP in its latest series of tests, with 91% and 87% scores in its respective adult and child occupancy categories. 91% is the best Adult Occupant Protection result yet registered amongst all vehicles tested in the latest 2020 Euro NCAP ratings.

The Mazda MX-301 achieved maximum points in lateral impact tests, as well as full marks for crash test performance based on 6 and 10 year old children for both frontal and lateral impact. The MX-30 is the first Mazda to achieve an overall five-star rating under the new, more stringent 2020 Euro NCAP crashworthiness ratings. The 2020 ratings introduce new tests to address some longstanding needs in occupant protection and improved post-crash protection, and to promote the latest advanced driver assistance technology.

The all-electric small-family SUV joins the CX-5 (2017), Mazda6 (2018), Mazda3 and CX-30 (both 2019) in achieving five-star Euro NCAP ratings.

The Mazda MX-301 performed impressively in all four Euro NCAP test categories: Adult Occupant - 91%, Child Occupant - 87%, Vulnerable Road User (pedestrian safety) - 68% and Safety Assist - 73%. The rating is a result of three key factors: the adoption of the very latest Skyactiv-Vehicle Architecture, which features a highrigidity, impact-absorbing yet lightweight bodyshell; a wide range of advanced i-Activsense safety technologies which help drivers identify potential risks and reduce the likelihood of damage or injury; and high standards of pedestrian protection performance. A stand out design element of the all-electric small family car is its Freestyle doors, a heritage link to the 2003 Mazda RX-8. This, however, doesn't adversely affect safety. In fact, the 'analysis of the deformed crush element from the offset frontal test indicated that the MX-30's1 structure did not pose a high risk to the occupants of a colliding vehicle in a frontal offset impact,' testers said. 'In both the side barrier test - representing a collision by another vehicle, and the more severe side pole impact, protection of all critical body areas was good and the car scored maximum points for these two tests'.



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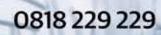
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Winter Driving Tips

Plan Your Journey - Check the weather forcast & allow plenty of time.

Be Prepared - Check fuel levels, defrost all windows & mirrors, make sure all lights are clear & working.

Check Tyres - Min. thread depth 3mm, ensure correct pressure & tyre condition.

Keep A Safe Distance - It takes longer to stop in winter weather, allow extra distance from the vehicle in front.

Beware Of Black Ice - Increase awarness in sheltered areas where black ice forms.

Clothing - wear appropiate clothing & footwear for when you have to exit your vehicle.

Carry The Essentials - Warning triangle, working torch, hi-vis vest, de-icing equipment, fire extinguisher, tow rope & a car blanket.

Keep Up To Date - Local traffic alerts, changing conditions & changing temperatures.







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ADAMS HYUNDAI TRALEE 211-KY-1

Adams Hyundai are celebrating 21 years in business and this week Des Adams Director said "We pride ourselves on making the purchase of your new or used car as easy and as hassle free as possible".

Adams have a dedicated financial advisor and finance can be arranged within 2 hours even over the phone.

The newly remodelled Hyundai showroom on Mile Height Tralee provides an ideal opportunity to see the full Hyundai range on display, while enjoying complimentary tea, coffee and Wi-Fi. The local and experienced team at Adam's will be delighted to tell you more about the great offers they have.

General Manager Marcus O'Shea and his team are always ready to deliver the great service you expect when you become an Adams of Tralee Hyundai driver.

Marcus added "We have a large range of new additions to our range with the All new Tucson Diesel and Hybrid now in stock with 6 versions to choose from, a new model Santa Fe, new model i20 Launch edition, new model I30, the new i10 and the New Kona Petrol, Diesel, Hybrid and full Electric EV models all available



on site for immediate delivery in January with a special extra allocation of stock".

There is an open invitation at the Adams dealership in Tralee to call in and take a test drive all these exciting new models and to discuss our various sales offerings for new cars. From up to \in 5000 eco booster or 5 Year free service plan or a very special fixed rate of 3.9% APR on offer with all new cars ordered before December 31st for delivery in January 211'.

We also stock the full range of Fiat professional vans to suit your business needs form small vans to Large furniture vans and a various section of chassis Cabs with tipper options. We can have a truck body built to suit you.

Adams are happy to assist all our customers with their servicing requirements also, we now service all makes and models in our recently renovated workshop.

Adams of Tralee open 7 days a week until Christmas.

Hyundai – ON TO BETTER

For more information, see www.adamsoftralee. ie or contact Adams Hyundai on 066-7149730

HOW TO SAVE MONEY ON your Motor Insurance

While Motor Insurance premiums have levelled off in the past 12 months there is still ample opportunity to save money. All motor insurance rates are now dictated by Big Data. This means the more concise the data the better the quote. Did you know for example that there are 220 pieces of data behind each vehicle registration number? All these sets of data are taken into account when quoting your policy.

While certain data cannot be amended such as your Eircode or your registration number it is vitally important that the correct details are used and there are other factors which will assist such as the following.

• **Discounts** – Most motor insurers have discounts for low mileage, your spouse/partner having a second car, being claims free and loyalty discounts.

• **Drivers** – Ask about adding your partner/ spouse to the policy, some insurers allow up to 15% discount for insured and partner driving. For younger drivers adding a parent can reduce the quote substantially.

• Vehicle Cover – For older vehicles ask about third party fire and theft cover but I would insist that windscreen is always included. Windscreen



John Healy, Healy Insurances.

cover can be as low as €20 but a replacement windscreen can cost many hundreds to replace.

 ◆ Paying in full – consider paying in full for your policy. All Insurers charge for instalments and this can be up to 8% of your premium. • Value & Excess – It is important to value your vehicle accurately and enquire about increasing your claims excess to reduce the quote.

• **Occupation** – Review this annually for all drivers.

• **Drive safe** – Might be obvious but staying penalty point free will ensure you have the best rates available to you.

• **Shopping around** – While shopping around is advisable it is important to understand that direct insurers only sell their own products. Simple yet necessary covers like "driving other Cars", windscreen or bonus protection may not be included in the standard quote.

• Use a Broker – As experts in Motor Insurance we know how to get the best rate for each of our customers and our software enables us to search the market of over 15 motor insurers, Irish and International. Aside from understanding the discounts that can be achieved using the correct data we also achieve bulk discounts from insurers for certain risk profiles.

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THE NEW BMW 4 SERIES COUPE

Mild hybrid technology, the latest weightsaving chassis technology and the first BMW to be available with the specialised M Sport Pro Package, form part of the offering in the all-new BMW 4 Series Coupe that is set to raise the standard in the premium midsize segment.

The new BMW 4 Series Coupe delivers both stunning performance and supreme handling capabilities, but gets a sleek and distinctive new exterior design, high quality interior, upgraded driver assistance technologies and even greater efficiencies from the introduction of the mild hybrid technology.

A defining element of the striking front end is the BMW trademark kidney grille and, with its upright elements connected in the centre, it reprises a design feature from the company's past but adds a modern twist. It is framed by surfaces with a three-dimensional structure and, like the contours of the headlights, the bonnet's arrow-shaped lines zero in on the grille. At the outer edges of the

front apron, the vertically designed intakes for the Air Curtains accentuate the width of the car. The range will be spearheaded by a new BMW M440i xDrive Coupe model, which features a powerful six-cylinder in-line petrol engine. The new BMW 4 Series Coupe is also be available with a choice of two fourcylinder petrol units and a four-cylinder diesel. The 420d M Sport Coupe starts at €55955 with Auto Transmission as standard. Speaking on the new 4, Gordon Lunn, Sales Manager at Aherns BMW Castleisland says "The dramatic design changes for BMW on this new 4 mean that the car in reality is even better looking than the previously released pictures. We have a 420d M Sport demo on site which is drawing admiring glances from everyone on the road. With a 5 Year/100000kms Service Pack available for only €429 and excellent fuel economy figures it means very low costs to keeping this car on the road" This car is available to test drive today at Aherns BMW, Castleisland, Please call 066 7143000 to make an appointment.





The cost of buying a 100% electric Nissan LEAF has fallen by up to \in 1,843 as a result of the recent Budget with Nissan also making it possible for Irish motorists to get behind the wheel of a new electric vehicle (EV) for just \in 27,595.

"The Budget VRT changes and recent VAT changes have had a very positive impact on the cost of buying a new Nissan LEAF and this in turn has led to a significant upsurge in interest from EV buyers online and across our dealer network," said James McCarthy, CEO of Nissan Ireland. "This upsurge is also being driven by our 'Power of Zero' initiative with AIB and Electric Ireland which offers 0% finance, the free provision and installation of a home charger and one year's free servicing to anyone buying a new Nissan LEAF," he added. The recent changes to the VRT and VAT rates have led to attractive tax savings across the Nissan LEAF range. These tax savings start at \in 506 for the Nissan LEAF SV 40 kWh which now costs \in 29,384 or \notin 440.76 per month, while the top of the range Nissan LEAF SVE 62 kWh has fallen by \notin 1,843 to \notin 38,657 or \notin 579.85 per month.

In addition, the introduction of the new entry grade Nissan LEAF XE 40 kWh means that motorists can now make the switch into an electric vehicle for an affordable \in 27,595

Motorists can visit www.nissan.ie or their local Nissan dealer to learn more about the Nissan LEAF, Nissan's 'Power of Zero' offer or about making the switch to electric driving.

NEW ELECTRIC OPEL CORSA-E CROWNED BEST SMALL CAR AND WINS GOLDEN STEERING WHEEL 2020

The new 100% electric Opel Corsa-e has claimed a Golden Steering Wheel 2020 award, one of the most important awards in the German automobile industry, defeating tough rivals in the Hyundai i20 and VW e-up, to take the first prize in the small car category. The win represents the 18th time Opel has won a Golden Steering Wheel award and adds to a growing number of accolades its bestselling new Corsa has enjoyed since its launch in late 2019, including the Autobest Best Buy Car of Europe 2020 title. The year 2020 has seen the rapid electrification of the Opel brand and the Corsa-e takes its place beside the Grandland X plug-in hybrid range, launched mid-year.

The Golden Steering Wheel Awards are hosted by German car magazine Auto Bild and the national weekly newspaper Bild am Sonntag. Readers are invited to vote for the best cars of the year, spanning eight categories. Three finalists in these respective vehicle categories are then evaluated by an independent jury of automotive experts, on the DEKRA-Lausitzring racetrack, using criteria based on the Auto Bild test method. With a total of 3,221 points, the new Opel Corsa-e ultimately overcame strong competition from the Hyundai i20 in second and the VW e-Up in third, with an advantage of more than 140 and 430 points respectively. Available to order now for 211-registration, the all-electric Corsa-e is on available in SC and Elite trims and retails in Ireland from €26,854 and €30,133, respectively, effective January 2021 and inclusive of SEAI grant. A low-cost finance rate of 2.9% is currently being promoted, together with 3 years' free servicing.

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Outlook 11.12.20 | 79

Noreen at What Women Wants gives you some **beauty tips** while you are staving at home during Covid-19

Keep Winter Skin G<u>lowing</u>



When wearing a Face Mask out and about over Christmas you may not require a full-coverage foundation. Tinted moisturiser is a great alternative, especially during cold winter months as its primary function is hydration. This gives you equal parts, moisturiser and foundation and is perfect for a fresh, faced natural look to even out your complexion.

PROS - This is a 2-in-1 product, moisturiser in your makeup. Most also contain an SPF for daily

Noreen Mangan

Tel: 0646630712 🗍 www.whatwomenwant.ie

Fitness Expert Edele Dalyguides you

TIPS TO HELP





protection. A thin consistency so

fingertips like applying a moisturiser,

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who just need light coverage. Perfect if you like a Natural dewy "No

CONS - If you love coverage and need

to hide blemishes or discolouration

If you like a perfect flawless look this

will not give you enough coverage.

Try IMAGE Prevention+ daily tinted

moisturiser €49.50 for a hint of

colour formulated with Digital Aging Defense, this blurs the look

of imperfection and primes the skin

to glow all day.If you have an oiler

complexion opt for an oil free tinted

moisturiser or a BB cream like, La

Roche Posay Effaclar Duo+ €18.50

feels lightweight on the skin. Quick and easy to apply with

no blending required.

Makeup" look.

this is not for you.

YOU STAY MOTIVATED

Q & A WITH B WELL FITNESS

B Well has decided to share a series of Q&A style tips for the coming weeks as we felt there were many topics people wanted addressed specific to their needs and this is a nice approach to help them out and you yourself may get few queries of our own answered that you may be too afraid to ask. If you want to ask a Question of your own please send us an email, text or DM on social media (all details below) and we will be happy to answer and keep your identity anonymous.

Question: What are the best snacks to eat before and after training?

Answer: This is a question we are often asked and in the past I know I used to dive into a whole list of foods and recipes that a person could healthily snack on before or after their workouts. But now I go one step before that and ask a few questions like the following... so why are you thinking of snacking? Are you hungry? Have you skipped a meal? What time of the day is it? What type of training are you about to do or after doing? There is a lot of factors to take into account before you just reach for those pre and post workout snacks. So really what we are saying is no "one size fits all" and it really does depend on the Person or the Athlete in front of you. So to keep it simple and hopefully help answer the question we have broken it down into a series of questions you should be asking yourself before you dive into that snack. Then if you fall into the category that warrants a snack we have a whole range of healthy snack ideas in our recipe books online available to purchase and download in our shop www. bwellfitnessclub.com/shop . This week we have a sample uploaded to our social media so check out Instagram and Facebook. Please tune in next week to read more on these bullet points,,,,,,

We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on FACEBOOK, INSTAGRAM & our NEW You Tube channel. Also feel free to reach out to us on the phone 087-7643449 by text or email info@bwellfitnessclub.com

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MSC. PHYSIOTHERAPY

Chartered Physiotherapist Approved by all major Health insurance providers.



JIMMY GALVIN MISCP

MSC. PHYSIOTHERAPY PGdip. EXERCISE AND SPORTS MEDICINE

Chartered Physiotherapist Approved by all major Health insurance providers.



Astrid Longhurst

Life, Inspiration & Body Confidence Coach/Author www.astridlonghurst.com www.instituteforbodyconfidencecoachina.com

It's time to create a new story about your body and your life

If there is one thing that 2020 has taught us, it's that anything can happen. Things can change in an instant and new solutions can be found quickly when we focus on what we need to create in order to survive and thrive.

This is exciting (and also challenging) because it invites us to take a look at where we need to make our own personal changes in our life and create a new more empowering and fulfilling story. The old ways of doing things are changing so fast. We have seen where organisations, individuals and belief systems need to adapt, transform and grow. So, too it is with us.

Life Coaching Tip

Questions are powerful in opening up the mind for new possibilities. Ask yourself, "what is the story I want to be told about me? Is it the story that you most want to hear or does it need to change in some way for it to be the story you really desire?"

I am teaching a four-week online course called Rewrite your body story. It starts on January 25th and it will show you how to craft and create a new narrative for your body and your life.

For more details please visit my website www.astridlonghurst.com/events

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- Improve Self-Confidence & Self-Esteem
- Deal with Depression including Post Natal Depression
- Manage Stress & Anxiety
- · Explore where you can make positive changes to your life

I am an APCP Accredited Counsellor and I also hold Certificates in Shamanic Healing & Rahanni Celestial Healing. I am an experienced Grief Workshop Facilitator and speaker and I have been interviewed on Radio Kerry, Clare FM, RTE Radio 1 & RTE Radio 2.

> Please Contact me on 087 9399818 (Counselling via Phone also available)

EAST KERRY GAA NEWS

By Michael O'Mahony CONDOLENCE

Sympathy To the families & firends of late

Eileen Murphy (née O'Connor Brosna, RIp mother of Tim Murphy Chairman of Kerry GAA Board & Catherine Crowley RIP Old Bridge, Headford, Killarney, sister of Nora Crowley(O' Connor Rathmore former kerry Ladies Footballer involed in Rathmore Ladies Football teams & kerry Ladies Football teams. Paudie Fitzgerald RIP Tralee, & Lispole grandfather of Kerry Footballer Paul Geaney. Paudie was aslo former Treasuer of West Kerry GAA Board allso well know cycles won 1956 Rás Tailteann.

Ar dheis De go raibh a hanam dilis

BEST OF LUCK to Kerry & East Kerry playlers Daniel Casey. Kilgarvan Fionan O'Sullivan Kenmare club Michael Lenihan Dr Crokes Club in Joe McDonagh cup, Final good luck Fionan & Daniel, and Michael the playlers from East Kerry & the Kerry Hurling team and management the very best of luck as Joe McDonagh Cup Final on All Ireland Hurling Final day at Croke Park on 13th December. Let's support our Kerry Hurlers and put up some kerry colours in our village & town and surrounding area!

KILLGARVAN HURLING & FOOTBALL GAA CLUB

Congratulations to chairman John Foley who has won a Volunteer Ireland award in the Sports and Recreation Category!

Over 800 nominations were received and John is the only Kerry winner.

John is dedicated to Kilgarvan GAA Club, as well as being chairman, he coaches U10 and U12 hurling and football, he is a selector on the senior team, and he never says no to a job and will do anything necessary for the club and its members. In terms of club development he is very forward thinking and will always propose or keep a project moving.

John doesn't seek out praise for his work and was very surprised to be nominated and to be an award winner!

Well deserved and well done John!

https://www.volunteer.ie/events/vi-awards/ sports-and-recreation-shortlist-2020/

DR. CROKES GAA CLUB NOTES

PRESENTATION MONASTERY

We urge all members and supporters to support the present fundraising drive by the Presentation Monastery. many of our members and supporters received their early education in this establishment and their has been a long and historical link between the Dr. Crokes club and the MON.

LOTTO draw took place on Monday December 7th numbers drawn were 7 8 23 24 JACKPOT €6,500 not won 6 Patrons matched 3 numbers receive €70. Ger Lynch c/o Chris, Liam Hartnett, Norma Lynch, Roisin & Cait c/o Cait, Mary Groves c/o PJ, Sean Kelliher c/o Noel Parker. 3 draws for Xmas Vouchers Malachy Walsh, Shane Kavanagh, Nicole Moriarty.

Jackpot for draw on December 14th will be €6,500

We are calling on all members to support our weekly lotto as this represents one of the main

sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis's Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached.https://play.clubforce.com/play_newa. asp#Anchor. When you click on the link it brings you to the Clubforce Main page. From here click Club name Dr. Crokes Gaa. This brings you to another page that you again put in Dr. Crokes, which in turn brings you to the Dr.Crokes home page. From here click lotto and the rest follows on. Alternatively download the Clubforce app, **GOLF SOCIETY**

the delayed President (Mike Buckley) Prize was held in Waterville on last weekend. Played in atrocious weather conditions the scoring was top class. Results 1st. Karl McMahon (16) 34pts., 2nd Brendan Keogh (8) 34pts., 3rd Mossy Foley (26) 34pts., 4th Sean Brosnan (9) 34pts., 5th Mike Buckley (16) 31pts., Cat 1 1st Tomas Regan (12) 29pts., 2nd Harry O'Neill (10) 287pts., Cat. 2 1st. Darragh O'Callaghan (14) 30pts., 2nd Johnny Courtney (18) 28pts., Cat 3 1st. Eamon Fitzgerald (21) 28pts., 2nd Colm Galvin (19) 27pts., Front Nine Martin Byrnes(9) 16pts., Back Nine Frank Shaw (5) 14pts., Congratulations to all prizewinners.

BEST WISHES to Michael Lenihan and the Kerry team in Sunday next in Joe McDonogh Cup Final. **BIRTHDAY GREETINGS**

to 2 club stalwarts Harry O`Neill & Brian O`Callaghan who celebrate this week.

SYMPATHY

TO Chairman Kerry co. Board Tim Murphy on the death of his mother Eileen.

MILLTOWN GAA

LOTTO JACKPOT FUNDRAISING DRAW Lotto Jackpot is €12,600:

Numbers drawn were 13, 22 and 28 with the bonus number being 27.

Here are the six lucky prize winners in our most recent draw held on Saturday morning last.

€50 each to Kasia Keane, Milltown and Liam Ryan, Milltown. €25 each Peter O'Connor, Ballyfinnane, Margaret Doherty, Listry, Mike Murphy, Milltown and Donal Dennehy, Castlemaine. Comhghairdeas to you all and sincere thanks for supporting our fundraising lotto.

Our next lotto jackpot draw will be on the weekend of December 18th 2020.

Christmas is just around the corner so there is no better time than right now to have some extra money at your disposal. Tickets available at local outlets.

MILLTOWN / CASTLEMAINE GAA – LAST MAN STANDING

A huge congratulations to Jacqui Murphy of Milltown who is our winner in the LMS competition being the last one left after last weekend's fixtures.

Jacqui chose Newcastle as her final pick to claim victory and also went 9 weeks picking 9 consecutive winning teams without a buy back option. A worthy winner of the \in 250 grand prize! A sincere thank you to everyone who participated, the money raised will go to our club's field development project. Your support is greatly appreciated. A mile buíochas mór to Liam Doherty and Gary Murphy for the tremendous work put in to organising the competition .When the competition was up and running Liam was joined by his wife Suzy and their commitment and professionalism was exemplary- collating all the information weekly and communicating results to the participants. There was a huge workload involved in this and we all sincerely appreciate your endeavours.

CHRISTMAS GIFT IDEAS

Milltown-Castlemaine Online Shop Now Open: With just about 15 sleeps to go to Christmas Eve, why not avail of our GAA online shop to pick up some of your Christmas gifts. This is the link to order your merchandise https:// milltowncastlestore.sumup.link/ . Once your order has been processed, we will contact you to arrange delivery to Milltown or Castlemaine (at no additional charge) a few days after payment. If you have any queries in regards to the on-line shop; please contact Liam (086 041 3593) or Suzy (087 237 2729). Check out our Facebook page for more information.

ON LINE LITURGICAL SERVICES FOR THE PARISH OF MILLTOWN AND LISTRY

Please visit www.milltownlistryparish.com for all details of the weekly church newsletter, mass times etc. You can also tune into 106 FM to listen to the various masses.

LEGION GAA

AGM

The club AGM will take place on Friday the 11th of December at 8pm by Zoom. If you have not received an invite to this meeting by email please contact any club executive member.

CLUB MERCHANDIZE

Last "Christmas Orders" - Plenty of stock Available - 1/2 zips , jackets, hoodies, bags, hats and kits for juveniles. Place your orders direct with Maura on (087) 763 4372.

LEGION LOTTO

Support your club. Jackpot €6,300 plus €10,000 bonus! Play online or Tickets are available from Ulster Bank, Healy's Newsagents, The Reeks, Sheehans & Hegartys, Muckross Rd.

Drop Off tickets Sunday before 5pm to The Reeks, Sheehans or Hegarty's Muckross Road. Thank you for your support.

LEGION LOTTO RESULTS

5-10-13-19 Bonus 12 Match 3's Pat Eviston, Eviston House Austin Trant, Nunstown, Aghadoe Maura Ahern, Faha James O'Connell, Loreto Rd John F O Sullivan, Rock Rd Draw next Sunday 13th of December.

SPA GAA CLUB NEWS SPA LOTTO RESULTS

Numbers drawn 6, 11, 17, 27. No winner and Lucky Dips receive €50 each to John McGillicuddy, Deborah Doolan, Ann Horgan, Mary Horgan. Annual Ticket Holders Monthly Draw Winner is Martin Cronin. Christmas Voucher winners are Eoin O'Dwyer and Michelle Bartlett. Our Spa weekly Lotto draw continues each week and the JACKPOT this Monday is \in 6,000! Tickets are on sale online on spagaa.com or can also be purchased at Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Thank you all for your continued support as this is our only income for the club at the moment.

GOOD LUCK TO THE KERRY HURLERS

Best of luck to the Kerry hurling team and management as they play Antrim in the Joe McDonagh Cup All Ireland Final next Sunday December 13th in Croke Park. This game throws in at 1pm and in a break with the tradition of playing the Minor All-Ireland final before the Senior decider, this game is the curtain raiser for the Limerick v Waterford All Ireland Hurling Final. **SPA MERCHANDISE SHOP**

Spa Merchandise Shop has a full range of gear for adults and juveniles. For more information contact Mathilda on 0876487356.

CHRISTMAS POST BOX FOR YOUR SANTA LETTERS

The Santa post box in Spa continues to fill up and everyone in the community is invited to post their Santa letters here for express delivery to the North Pole. The post box will remain open for another little while, and for anyone dropping off their letters it is located near the road entrance under the sponsorship sign. When posting your letter why not take a photo and send to your coach or to 0857780883 / 0851216359 or send them to us through Facebook and we will add them to our 2020 Christmas photo album! The juvenile coaches can send you one of our personalised Spa GAA Santa Letters or they are be available to collect from the clubhouse reception, or you can also create one of your own Santa letters.

SPA WALKING TRACK

Our field committee have been busy recently working on creating a new walking track in Spa. The idea of a walking track first came about in early 2019 when some of our wonderful volunteers signed us up to take part in RTE's Operation Transformation campaign in conjunction with the GAA, called Ireland Lights Up. GAA clubs across the country were invited to put their floodlights on at their club grounds on certain nights over a six-week period to encourage people to come out and walk in a safe, well lit location during the dark evenings. The first track was around the property boundary and was a temporary trail, part grass, part stone and part paved road. Although the pathway, which runs almost 1km all the way around, was easy to follow, the surface of the path needed work. Spa have been hoping to map out a walking track since then, and we are delighted to announce that our hard-working field committee have recently started that task.

Our thanks also to Kerry County Council Community Support Fund for their grant this year towards the project.

The pathway work has commenced but there is still quite a way to go to complete it. We are asking for anyone that might be in a position to

offer sponsorship towards the project to please get in touch with the club through 085 821 3027. Our field committee have done tremendous work all year along with our CE Scheme workers in maintaining the property and working in all weather to keep our fields and grounds in such good condition. Lot of work done, but lots more to do! Very much looking forward to adding a walking track to the facilities available at our club. **CONDOLENCES**

Condolences to Neil Kavanagh, Lissivigeen, and family on the passing of his father Owen Kavanagh RIP, UK. Our sympathy to Kerry Co Board Chairman Tim Murphy and family on the passing of his mother Eileen Murphy (RIP), Brosna. Ar dheis Dé go raibh a Anamacha.

SPA GAA ON YOUTUBE

We are continuing every week to upload Spa football games and videos of club events online for people to watch in their own time. Please visit our YouTube channel, under the name Spa GAA Club Killarney. And if anyone has any videos, DVDs or photos that we can copy please send them on to 0851216359 or pro.spa.kerry@gaa.ie

ALL IRELAND MINOR CHAMPIONSHIP

Best of luck to the Kerry minor team and management against Cork in the Munster semifinal next Tuesday December 15th.

ITEMS FOR NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

COMMUNITY FOCUS

FOSSA NEWS

50 YEARS

Christmas Cheer for Fossa GAA 50th birthday 1970 - 2020. Last Sunday Chairman Dermot Clifford turned the lights on our first ever Christmas tree, we also set a tree to mark 50 years as a club. A huge thanks to Siobhan, Dennis the Christmas tree committee and all the volunteers that helped to make it a wonderful occasion last Sunday night.

LOTTO

Date 6th December 2020 18,14,21,25 €40 WINNERS

BEAUFORT NEWS

SEASONS GREETINGS

BEAUFORT PIONEER COUNCIL wish to express their most sincere thanks to everyone who subscribe to the Pioneer Magazine. 70th Anniversary Celebrations have been postponed until 2021.

SPORTS PREDICTION QUIZ

With only a few events to go, the leader-board as of 22nd November is as follows:

79 John Joe Dineen, 72 Frankie Hallissey, 70 Nora Hallissey, 67 Shane Murphy, 67 Sheahan's Bar. The next event will be the All Ireland Hurling final.

EILEEN HICKEY, DUBLIN;

RHONA BUCKLEY, CURRAGH AGHADOE; NOELEEN MACKESSY, 2 MILE SCHOOL; SEAMUS MCGRATH, GLENFLESK; MARY O'SULLIVAN, C/O BIKE SHOP HIGH STREET. MEAT VOUCHER: JACK RAHILLY RATHMORE EILEEN SPILLANE, LACKABANE Next weeks jackpot €9,750.00.

Written by: Shane Kelly

AGM

Our AGM is on this Sunday 13th online at 6pm club member's will be notified and invited by email.

CONDOLENCES

The club would like to pass on our condolences to the family of Tim Buckley Curragh may he rest in peace.

The club wold like also to send our sincere condolences to Kerry county board Chairman Tim Murphy and his family on the death of his mother Eileen. May She Rest in Peace.

Written by Cliona Coffey

ACKNOWLEDGEMENT

Beaufort GAA Club acknowledge a grant of €250 from Irish Life Insurance towards our non G.A.A. activities.

Irish Life are partners in the Healthy Club Project. Beaufort is now taking part in Phase 4. **SHOPPING**

If anybody needs a helping hand this Christmas to collect shopping or with any other errands, please get in contact with Mary Jo on 086-3779702.

LOST PROPERTY

There are a few items of lost property, mainly tops, including couple of Beaufort half zip tops, size 11-12 in the Clubhouse after the season. If you own any of them, you can contact the Club at 087 9975737.

CHRISTMAS GIFTS

There is a wide variety of Beaufort GAA Club gear on sale at the moment including tops, jersies, half zips, hats and bags. The 2021 Club Calendar is also for sale at the moment for \in 10. To purchase any gear or for any enquiry, please contact Nora on 086-1556181 Mary on 086-0640065.

COMMUNITY FOCUS

Written by: John Moriarty Email: info@kilcumminparish.com

COOLICK PRE-SCHOOL

Coolick Pre-school is now enrolling for September 2021. Morning Session 9.00-12.00 (limited availability) and Afternoon Session 12.30 -3.30. For further information please contact Ciara Moynihan on 087 1181993 or 066 9764549.

CHRISTMAS WREATHS

Christmas Wreaths (Grave & Door) for sale PRE-ORDER only. Collection outside Kilcummin Recreational Hall on Sunday 12th December, Time 11am -12noon. Grave Wreaths €11 and Door wreaths €13.50. Contact Mary at 0876447536.

KILCUMMIN COMHALTAS

CCÉ Kerry County Board continue with our Winter series of workshops on Zoom in 2021, when we will once again host eight different workshops on Saturday 16th January, 10.30 am to 12.30 pm. Open to members of Kerry CCÉ branches only. These masterclasses are aimed at musicians at an intermediate level, with 3 years' experience on their instrument who are able to comfortably play a jig and a reel. They are not suitable for beginners.

This time, based on feedback from participants in workshops of Weekend 1, we are offering one advanced master class to musicians playing at an advanced level on accordion, fiddle and concertina. The workshops and guest tutors are as follows: Advanced master class- Accordion, Fiddle, Concertina: Alan Finn, Corcaigh. Singing: Ella Maria O' Dwyer, Corcaigh. Tin Whistle: Ciarán Mac Gearailt, Cill Dara. Harp: Édaoin Ní Mhaicín, Maigh Eo. Percussion (Drums & Bodhrán) : Ger Naughton, Luimneach. Accordion: Maria Walsh, Gaillimh. Fiddle: Tara Breen, An Clár. Concertina: Maura O'Connor, Luimneach

KILCUMMIN MEMORY TREE

Cards are available at the Kilcummin Post Office for our deceased loved ones.



Róisín Purcell Anabla N.S pictured on her Communion Day Saturday 5th Dec. at Our Lady of Lourdes Church Kilcummin

BOG WALKS

Brochures now available at the Rural Development Office.

DECORATIVE CHRISTMAS WREATHS

Decorative Christmas Wreaths made to order. €20 including free locally delivery. Call Colin on 083 4524594.

KILCUMMIN GAA DEVELOPMENT As the Gym and Dressing rooms facility

development nears completion with the Gym being fitted out and the last touches being put to the other facilities the development committee would like to thank all those who made this dream a reality. The committee are putting in the order next week for "The wall of Champions" bricks and the" Business packages" signs will be located on the road side as you enter the club. If you purchased a "Brick or Sign" make sure you have given your details. The default inscription will be the family name and townland address. This is the final opportunity if you wish to purchase a package or brick so if you need either contact 0877614850. The contribution of the volunteers to the completion of this project has been immense and leaves us in awe and appreciative of the great community spirit of our parish.

GAA LOTTO

The Lotto jackpot is now at \in 4000 with ticket available in the usual places and from usual sellers. Please consider a Yearly Lotto ticket as a Christmas present. It provides the receiver an opportunity to win a sizeable sum of money but also you are making an investment in the sporting future of our young people. Every euro goes to the upkeep of our facilities and provision of training equipment. A yearly ticket of \in 50 gives a person a ticket in every draw for 26 draws while a \in 120 ticket gives a person three tickets in each draw. Tickets can be bought online or by contacting Elaine at 087 4094293

MASTERGEEHA FC LOTTO

There was no winner of the Lotto on Friday 4th December 2020. Numbers drawn were 5, 17, 23, 25. Consolation prizes went to the following: €50 Ciara Nagle, Mastergeeha, Kilcummin, €50 Dan Murphy, Doon, Kiskeam, Co. Cork, €50 Rose O'Connor, Rathanane, Kilcummin, €50 Billy Keane, Glencollins, Ballydesmond. Next draw on Friday 11th. Jackpot €5,400.



The Lynch Family from Knockasartnett, Killarney collecting their christmas tree from Nick Foley at Killarney Christmas Trees this week. PHOTO: DON MACMONAGLE



At the launch of the Annual Turkey Gobbler Fundraiser at Maine Valley Family Resource Centre in Castlemaine, L-R: Stephanie Gessweim, Martin Greenwood, Lisa Foley, Kasia Dunka, Eileen Courtney, Shelia Martin, Anna Breen, Helen O'Shea. PICTURE: MICHAEL G KENNY



Norma Foley TD

Minister for Education & TD for Kerry

Warm Christmas Greetings and Every Good Wish for 2021!

Constituency Office: 1 Bridge Place, Tralee Co. Kerry. Tel: 066 716 9052 Email: Norma.Foley@oireachtas.ie ①②③



WEEKLY CLINIC ON: SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

(Social distancing and contact tracing in place) We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.

BUSES TO BELFAST FOR CATARACT PROCEDURE ARE BACK

We are now taking names for the next bus.

PLEASE CONTACT

Danny 087 2316055 Office 064 6685315 Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com maurahealyrae@gmail.com

Cllr. Patrick O'Connor-Scarteen

FIANNA FÁIL

Mayor of Kerry

Wishing the people of Kerry a Safe and Happy Christmas and Healthy and prosperous 2021.

5 Main St, Kenmare, Co. Kerry 12 A New Street, Killarney, Co. Kerry M: 087 290 4325 E: pconnorscarteen@gmail.com

Written by: Michael O'Mahony | Email: momahony14@gmail.com

RATHMORE | GNEEVEGUILLA NEWS

CONGRATULATIONS

The new President of Killarney Chamber of Tourism and Commerce Cllr Niall Kelleher, rathmore native is first president to be native of Rathmore who is also an elected member of Kerry County Council for the Killarney Municipal District. Mr Kelleher, whose term officially commenced on January 1 next,

RATHMORE ST. VINCENT DE PAUL

087 - 3462332 -YOUR OPPORTUNITY TO HELP US PROVIDE ESSENTIAL SUPPORT TO FAMILES IN NEED IN OUR AREA. Your donations will make a difference way beyond the Christmas period when we receive requests for help which range from food and food vouchers to help with fuel, health, and school. We would be very appreciative of your support. You can also donate to our Credit Union and Bank accounts details as follows:

1. Rathmore Credit Union account

(IBAN: IE02RDRN99106300120299 BIC:RDRNIE21)

Millstreet AIB Bank account

(IBAN: IE69AIBK93615406950116 BIC:AIBKIE2D) OR

2. You can donate online through www.svp.ie and can direct your donation to our conference. **FOOD APPEAL BOXES** IN ALL OUR Shops

LOCAL SHOPS – McCarthy Londis & Hickey Centra – Rathmore, McCarthy Shop Gneeveguilla, Paddy O'Keeffe, Gattabawn and Kearney's Centra Ballydesmond. Your donations of non-perishable food items and toiletries help to fill hampers at Christmas for needy families in our area. We thank you for your continued support.

RATHMORE GAA

Club shop OH...IT'S NEARLY CHRISTMAS LET'S GET TO THE CLUB SHOP PRE ORDERING NOW AVAILABLE TELL 087-9173201

FOR IDEA CHRISTMAS PREANTS

THE RATHMORE SOCIAL ACTION GROUP

will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time.

To avail of this service, please call Norah & Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can. Social Action Group Reeving CLAR funding of \in 5.3517.88 for equipment This is a new initiative under CLÁR for 2020 in recognition of the critical role played by community groups in responding to COVID-19, with a particular focus on those groups providing Meals on Wheels services.

MASS TIMES

for Boherbue Church: Monday, Tuesday, Thursday, Friday & Saturday - 7.30pm

Wednesday – 9.30am Sunday 11.00am You can access this on google: churchservices.tv/ boherbue.

ROSARY

will be recited at Gneeveguilla Grotto on Sunday @10am. Christmas Mass Bouquets now

available in Parish Office. As the Opening hours are limited behind. Closed doors Mass Cards, any query, just leave a message on the phone, email or leave in the post-box and we will get back to you.

RATHMORE COMMUNITY ALERT

Text Alert. If you wish to continue to receive text messages, please drop $\in 10$ in envelope with your name and mobile no. To Dermie Moynihan's letterbox. New members welcome before 12th Dec. Macroom Garda

Station 026 20590.

THE CUMANN LUCHRA JOURNAL

The 19th Edition of the Cumann Luachra Journal for sale in usual outlets. copies are for sale at all the usual shops. Price \in 12. Meanwhile all our past Journals can be purchased on cumannluchra.ie or from Eileen Fleming (087 1475386) We have a Special Offer of the purchase of the whole set of the 19 Journals for \in 150 is full of very interesting article with plenty of old photographs

GNEEVEGUILLA COMMUNITY ALERT

Gneeveguilla Text Alert is now due for renewal. If you wish to continue receiving text messages, please drop in \in 10 with your name & mobile no, to any of the following.

Eileen Fleming, Joan Riordan, John Vaughan, Ted O'Connor & Dillane's Garage. New members are welcome. Also, we wish to bring to your notice to be aware of "Cold" callers to your home especially those travelling by vans or cars. Do not entertain them, report to the Gardai.

RATHMORE COMMUNITY ALERT

Text Alert. If you wish to continue to receive text messages, please drop €10 in envelope with your name and mobile no. To Dermie Moynihan's letterbox. New members welcome before 12th Dec. Macroom Garda Station 026 20590.

KERRY HOSPICE CHRISTMAS CARDS

are now on sale at Reen's Pharmacy, Rathmore Post Office, Rathmore Credit Union and from Maria Ryan and Donal O'Keeffe. Priced at €7.00 for a pack of 10.

Your support as always is much appreciated

HELPFUL CONTACT NUMBERS

Jigsaw Kerry: (Young Peoples Health in Mind) Contact 066-7186785 Email: kerry@jigsaw.ie Pieta House: Contact 01 6010000 or www.pieta.

COVID-19

ie

Support Line for Older People: ALONE has launched a national support line and additional supports for older people who have concerns relating to COVID-19. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024.

ILLEGAL DUMPING

All illegal dumping on our roadsides and countryside should be reported to Kerry Co. Council on 066 716 2000. Freephone: 1800 326 228. You can also download the app "See it Say it" to your mobile phone and report any illegal dumping there and then. Your help to curb this unsocial activity will be greatly appreciated

CHRISTMAS MASSES

I'm sure all parishioners are anxious to know the plans for the Christmas Masses. Once arrangements are finalised, we will give a full list of options in tnext \times bulletin.

USHERS

AS Christmas approaches we will need additional ushers to help out : if you are willing to be part of this wonderful ministry, please contact either the Parish Office (064) 7761669 or one of our Sacristans indicating the Day/ Church/Mass for which you are volunteering. SYMPATHIES

To Noreen, Billy, Tommy & John Joe Murphy on the death of your mother Sheila Murphy whose funeral took place in Ballydesmond on Friday. To Siobhan Campbell & family on the death of your mother Noreen McCarthy whose funeral took place in KnocknagreeCatherine Crowley

Old Bridge, Headford, Killarney, May they all rest in peace.

RATHMORE ST. VINCENT DE PAUL 087 - 3462332

Drive - Thru CHURCH GATE COLLECTION

at RATHMORE – SHRONE- GNEEVEGUILLA – KNOCKNAGREE Churches SUNDAY 13th DECEMBER for 1 HOUR ONLY

1.30pm TO 2.30pm

YOUR OPPORTUNITY TO HELP US PROVIDE ESSENTIAL SUPPORT TO FAMILES IN NEED IN OUR AREA. Your donations will make a difference way beyond the Christmas period when we receive requests for help which range from food and food vouchers to help with fuel, health, and school. We would be very appreciative of your support

GNEEVEGUILLA COMMUNITY DEPARTMENT ASSOCIATION & BASKETBALL CLUB

had our weekly draw for our Share the Bucket on Friday evening 4/12/20. The Jackpot was Congratulations to Dave McAuliffe this week's jackpot winner of €267 Guaranteed winner every week, go to our Facebook page to find out how and where you can play.

REMEMBER if YOU are not in you can't win. https://www.facebook.com/gneeveguill a/Draw takes place every Friday eve

@8:30 pm on Facebook live Dave McAuliffe this week's jackpot winner of €267.

This weekend, remember it's safer to meet fewer people, less often, for less time. This helps to stop the spread of #coronavirus. Apart from the people you live with, limit the number of people you meet and the time you spend with them. Thank you for helping us to StaySafe

NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail. com)or ring or text 087--6676817. before 6pm. Sunday.





How comfortable, confident and professional do your feel when you have to present, pitch or even just attend meetings online?

People the world over are feeling the strain. Mike Kelly has mastered the switch to virtual communications and can give you the tools to do the same – from the comfort of your own home or office. For better or worse these virtual platforms are here to stay and those who use them well really do stand out. Doing this well reduces 'digital fatigue' for you and your audience.

3 Key Topics. You decide which ones you need to work on most.

- Delivery How to consistently look and sound your best when speaking to camera
- Content How to make it clear, concise and interesting

 Planning – Things to think about before your presentation, meeting or webinar

You'll notice how small changes make enormous differences.

How?

75 minute virtual session with a focus on your specific areas for development.

Course notes and personal feedback provided within 24 hours of the session.

Why?

Because in a friendly and professional environment you can face this challenge head-on.

Because in a short, focussed workshop you can gain huge confidence in how you come across online and transfer many of the skills to face to face speaking as well.

Cost : €60. (Small groups also possible.)

66

Mike Kelly at Speak the Speech is an outstanding coach and trainer. He will refocus your thinking and transform your professional and personal output. Even better, when you do this online, the world will be your oyster.

Tim Patterson, CEO

Contact Mike at: mike@speakthespeech.co.uk Expanding East Kerry Shop / Business seeks

PART TIME SALES ASSISTANT FOR WEEKDAY, EVENING AND WEEKEND WORK

Ideal candidate must possess

Excellent Customer Service, Communication, Organisational and Computer Skills

Must be able to work on own initiative but also part of a dynamic team

Strong attention to detail, organised and flexible

All replies please post to: Box No 12820 Killarney Outlook, Walsh Colour Print Castleisland, Co Kerry. or Email :eastkerryshop@gmail.com



CERTIFIED PUBLIC ACCOUNTANTS

Specialising in providing accountancy & taxation services for individual and small & medium sized businesses

Meetings by appointment at our offices in Killarney & Rathmore For a free consultation & quotation contact Denis Murphy at € 064 6650963 or ■ info@ djmaccounting.ie



ROSS GC, KILLARNEY GENTS CLUB

RESULTS

On Dec 5th and 6th we held a Single Stableford Competition and the winners were :-

1... Ger Murphy 39

2... John Ivory 39 3... Maurice Coffey 39

FIXTURE

On Sat and Sun 12th /13th --We will hold a Mini Christmas Hampers Single Stableford Competition and the timesheet is now available in the clubhouse.

KILLARNEY GOLF CLUB LADIES

RESULTS

from Sunday 6th December, stableford, Mahonys Point sponsored by Mug and Bean 1st & BG Corrina Griffin (1) 39 points 2nd Breda Duggan (26) 38 points 3rd Anne Moynihan Rudden (5) 38 points 4th Anne Stuart 9 16) 38 points

5th Kathleen Wrenn (20) 37 points 6thLora Beth Molloy (27) 37 points 7th Mary Sheehy (1) 37 points Next Sunday 13th December is The Christmas Hampers Competition, stableford on Killeen kindly sponsored by AIB.

DEERPARK PITCH & PUTT CLUB CHRISTMAS TURKEYS

Thanks to those who joined us this morning for an enjoyable return to play for the first time since the middle of October in the second weekend of Turkey draws. Results as follows: Fourball V Par-First Nett: Noel Moynihan & John Murphy 14up, Gross: Gearoid Cronin & Lorcan Martin 10up, Second Nett: Sean Ashe & Dara Moynihan 12up. **CHRISTMAS HAMPER**

The event for our adult members will take place this Sunday morning, December 13th, at 9.15am. Entry €10 per player with play over 36 Holes Singles Strokeplay. Please note official Pitch & Putt Ireland handicaps apply for this event. We will revert back to the Turkey Handicaps the following Sunday.

U16 CHRISTMAS COMPETITION

We intend to run an U16 competition on Saturday December 19th. All U16 prizes from the year will be available for collection on the day. A note that this is open to anyone who was an U16 player during 2020 regardless of whether they have turned the age of 16 since.

DANNY NOLAN MEMORIAL

We will run the Danny Nolan Memorial once more this year on St Stephens Day, Saturday September 26th. It will be a Three Ball Scramble like last year with the same 'bring your own prize' theme as last year's event in lieu of an entry fee.



Mr. Ewan Plenderleith, General Manager Aghadoe Heights Hotel Sponsor presenting the Aghadoe Heights Hotel Singles Matchplay Trophy to the 2020 Winner Paud O Donoghue with (right) Captain Harry O Neill.at Killarney Golf and Fishing Club recently.



Mr Simon Gallivan GMHD Sponsor (back right) presents the winners trophies to (front) Paul Twiss and Eugene Kennedy winners of the GMHD Club Fourball Matchplay 2020 with Captain Harry O Neill at Killarney Golf and fishing club recently.

OUTLOOK SOCCER

KILLARNEY CELTIC CELTIC LOTTO

Numbers drawn 2,8,20,21. There was no jackpot winner. Match 3 winner received €150. The next jackpot is €16,000. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com. TRAINING

for our underage teams continues through the week. Please see our Facebook page for the daily schedule.

KILLARNEY CELTIC GEAR

is available online through www.bmcsports.ie and the link can be accessed from the killarney celtic facebook page.



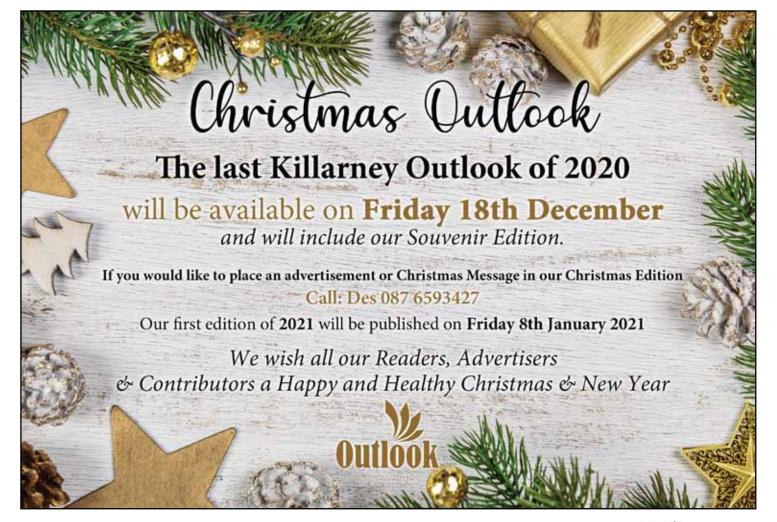




THIS CHRISTMAS HELP US LIGHT UP OUR TREE IN MEMORY OF SOMEONE SPECIAL

www.lighttoremember.com

On this site you can remember a loved one and pay a tribute or leave a special message. You can donate as little or as much as you can afford. If you cannot access the internet drop your tribute/message and donation to any Kerry Hospice Member.





JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...



JOE MCDONAGH PREVIEW KERRY V ANTRIM

We've played them in the group stage of the National League and lost a cracker. Then we played them in the League Final...and lost a cracker. Group stage of the Joe McDonagh Cup.....I think you can see where I am going with this. Three close games, but three defeats for Kerry. Can we turn it around?

I think so. Antrim are a superb team, but they have needed goals to do so. Kerry can match them in point scoring - Shane Conway might be a scoring phenomenon, but the Boyle brothers (Mikey makes a great target-man), Shane Nolan (the midfielder arguably pips even Conway as our best player so far), Colm Harty (some of his long range scores have been brilliant), and Michael Leane have all been striking key scores. Our defence has been outstanding. Jason Diggins effectively replaced Daniel Collins as our centre back and has since absolutely cemented the position as his own;; he has been superb. I expect Michael Leane to stay at wing back while I expect Fionan Mackessy to return from injury on the other wing - Brendan O'Leary is more of a forward for me.

The issues is behind them. With Martin Stackpoole injured, I expected John B. O'Halloran to go in goal, with Darren Delaney as back-up. Tomas O'Connor deputised for the inured Bryan Murphy admirably in our last game and I expect him to continue in the role. With John Buckley also on the injured list, I expect James O'Connor to man the corner.

Anbtrim have made a faster start than us in recent games and we have had to chase down a lead. The Saffrons are very dangerous – the pace of the likes of James McNaughton and Conor McCann will hurt us unless we close them down. But if we can keep them out from goal, I have a suspicion that the return of the likes of

Daniel Collins and Padraig Boyle will give us a sufficiently diverse array of threats to outshoot them. Here's hoping!

MUNSTER MINOR PREVIEW

Kerry v Cork, Tuesday 15/12/20, 7.00pm at Austin Stack Park

The Kerry minors have put in a huge effort during covid, with a lot of online structure and support and a huge unseen commitment by everybody involved. The majority of that effort goes completely unseen, but it happened. My belief always has been that players don't prove their character on the field of play at this level; they already have to prove their character to take the field in the first place. My fear all along was that their chance to play was dependent on circumstances completely out of their control. In that regard, I'm delighted to see that they get a chance to take the field.

Cork are the reigning All Ireland champions – Kerry beat them twice last year in the Munster Championship but just couldn't see off Galway in the All Ireland semi-final (I mean no disrespect to Galway when I say that it was just one of those days where Kerry couldn't seem to click) and Cork went on to beat Galway in the final, ending Kerry's long reign. That may actually be no harm in the long run; that unbeaten mantle was becoming more of a burden for incoming teams than anything else.

KERRY MINORS 2020

Goalkeepers: Sean Broderick (John Mitchels), Ben Quilter (Austin Stacks),

Defenders: Darragh O'Callaghan (Kilcummin), Harry Byrne (Dr. Crokes), Liam Randles (Dr. Crokes), Darragh Fleming (Killarney Legion), Mark Casey (Templenoe), Dean Rusk (Austin Stacks), Joey Nagle (Austin Stacks), Andrew Moynihan (Rathmore), Cian O'Donoghue (St. Marys), Jack McElligott (Listowel Emmets), Cian Walsh Murphy (Scartaglin)

Midfielders: Oisin Maunsell (Na Gaeil, captain), Paudie O'Leary (Gneeveguilla), Killian O'Sullivan (Glenflesk), Armin Heinrich, (Austin Stacks), Conor Horan (Austin Stacks), Fionan O'Sullivan (Skellig Rangers), Caolan O'Connell (Castlegregory)

Forwards: Marc Ó Máinnín, (Lis Póil), Jordan Kissane (Austin Stacks), Shane Bastible (Austin Stacks), Ruairi Burn (Sneem), Cian McMahon (Dr. Crokes), Will Shine (Killarney Legion), Darragh O'Sullivan (Churchill), Aaron O'Shea (Listry), Keith Evans (Keel), Eoghan Hassett (Laune Rangers), Thomas O'Donnell (Castlegregory), Maurice O'Connell (Castlegregory), Cian Foley (Kilcummin), Cillian Burke (Milltown/ Castlemaine)

East Kerry have dominated the County Minor Championship for five years straight and have six players on the squad – Darragh O'Callaghan, Andrew Moynihan, Paudie O'Leary, Killian O'Sullivan (hopefully fully recovered from injury), Cian Foley, and Aaron O'Shea. Dr. Crokes have Harry Byrne, Liam Randles, and Cian McMahon. Killarney Legion have Darragh Fleming and Will Shine. Kilcummin have Darragh O'Callaghan and Cian Foley. Glenflesk have Killian O'Sullivan. Gneeveguilla have Paudie O'Leary. Listry have Aaron O'Shea. Rathmore have Andrew Moynihan. Scartaglin have Cian Walsh Murphy. St. Brendans Killarney won the Frewen Cup.

which at U16.5 is the age grade relevant the minor (the Corn Uí Mhuirí, at U19, is no longer as significant since the reduction of minor to U17). The Sem have Darragh O'Callaghan (outstanding at full back), Harry Byrne, Darragh Fleming, Killian O'Sullivan, Cian Foley, Liam Randles, and Cian McMahon on the panel. Had the competition been allowed to continue, I have no doubt but that these players would already have one All Ireland (the Paul McGirr Cup) in the bag. William Shine was the only TO ADVERTISE CALL: DES 087 6593427 | E: des@outlookmags.com



KERRY MINOR MANAGEMENT.

player on the Sem team eligible for minor. They beat Tralee CBS in a cracking final, and it's no surprise to see the Green also have strong representation on the panel – Ben Quilter, big Armin Heinrich, Conor Horan, Maurice O'Connell, and Thomas O'Donnell. Most impressively, Armin Heinrich, Conor Horan, and Jordan Kissane were mainstays of the Tralee CBS team that won the Corn Uí Mhuirí Final.

I'll freely admit that I know practically nothing about this year's Cork minors – the interruption to the playing season has left me in the dark. Eoghan Nash is the only survivor from last year's panel, while dual player Shane Kingston's quality has already been flagged.

What I do know is that Cork will be good. During our long run of success at the grade after a twenty year absence, no county pushed us as hard as Cork did – the 2014 Munster final, 2015 semi-final, and 2018 semi-final are huge standouts. It's Kerry v Cork, it's always a classic. Best of luck to James Costelloe and to all the team.

ALL IRELAND FOOTBALL SEMI-FINALS

Dublin 1-24 Cavan 0-12

The scary thing is how much Cavan got right. That's a good team, very fit, well organised, and hungry. Mickey Graham's team showed Dublin respect, but not deference. They weren't afraid to go for it.

And they were metaphorically eaten alive. They only made tiny mistakes, but Dublin pounced ruthlessly on every single one. Cavan were picked off neatly and clinically. It's very noticeable that Dublin take almost no speculative potshots – they did have a couple drop into the keeper's hands, and you just know that Dessie Farrell is thinking "I have plenty of lads on the bench who'd love to wear that jersey" every time a player took a chance. They are sure thing executioners. So calm on the ball, so focussed, so cohesive. I have never seen anything like it. They really are just an absolutely fantastic team to watch.

I'm not joining in the sense of panic, though.

With all the talk of money, I don't believe that Kerry players are denied anything that Dublin players get. We pushed them close last year and arguably should have closed it out. We messed up this year, we got the balance between attack and defence wrong, but that's okay – Kerry have always been good at learning lessons. Donegal dropped the ball as well – that Donegal team have everything they need to go toe to toe with Dublin as well. I have huge respect and admiration for the best team to ever play gaelic football – I loved that great Kerry team of the late seventies and early eighties, but at this stage anyone arguing for them over this Dublin team is talking with their heart, not their head.

The question that isn't being asked enough for me is not about how Dublin have become so strong. It's how have the Leinster counties regressed so much? Fair enough, Offaly always battled well above their population weight, so you can argue that their decline is a regression to the mean, but Meath? If anything, surely the population expansion of Dublin suburbia should have helped them? This isn't a criticism, I know nothing about the internal workings of Meath football, but I remember a time when no county wanted to meet them.

We don't, or at least shouldn't, want Dublin to lower their standards. We need other counties to raise their own to match them.

Mayo 5-20 Tipperary 3-13

At first glance, you'd say that Mayo laid down an even stronger marker than Dublin to be this season's champions. After all, a Tipperary side who won Munster convincingly were absolutely blown away in the first half. Mayo led by 4-12 to 1-5. Cillian O'Connor, the GAA's top scorer of all time in Championship Football, notched a whopping 3-6. They didn't have a single wide. Perhaps most impressively, they struggled with Tipperary running onto space on their forty and James Horan made a quick and calm adjustment and the players responded instantly. They read the game perfectly and took full control....and put it on the scoreboard.

Yes, they did cough up scores late on in the game – you could question Tipperary's gameplan at this level, but never their character or

ALL THINGS...SPORT

commitment. But you absolutely can question Mayo's defence. Would the result have been different if Tipperary had scored those early goals? I don't think so, Mayo had too much power and experience overall. A better question is whether Dublin would have taken a few more of the ten goal chances coughed up by Mayo' defence? I think we all know the answer to that one.

Here's a crucial difference between Dublin and Mayo for me. Dublin were going as fast, hard, and tenacious at the end of their game (also long over as a contest) where Mayo's intensity dropped. We've seen Dublin and Mayo games in the past couple of years, titanic struggles between two phenomenal teams – but just like in games with us, it's Dublin who tend to be calling the shots in the final minutes. There's a reason for that, and we saw it this weekend.

LADIES GAA Cork 2-17 Galway 0-13

It is an awful shame that the circumstances surrounding the game are dominating the conversation, instead of the game itself. Because that was very good football. Cork dominated the first half. Melissa Duggan scored their first goal and Ciara O'Sullivan added another. Tracey Leonard (a phenomenal and much under-rated player, in my opinion) kept Galway in touch but Cork's Orla Finn was as accurate as always. At halftime it was 2-5 to 0-4. Galway battled hard but Cork were always able to respond with scores to maintain the gap and ran out deserving winners to set up a cracking final with Dublin. Cork were the undisputed queenpins of the game until recent years when Dublin convincingly usurped that crown.

Now, I'm basing all of that on match reports. I didn't see the game. Pretty much nobody except the attendees did. The game was already scheduled for LIT. It was moved, because the Limerick hurlers needed the pitch for a training session. Let's be clear, it is a GAA pitch, and the LGFA is a separate organisation, so the hurlers could justifiably claim priority. There is obviously an issue about communication.

The game was switched to Parnell Park. Fair enough. Only Parnell Park was frozen, so it had to be moved again at very short notice, and it went across to Croke park, now with a 1.00pm throwin. Which meant that TG4 (whose coverage of Ladies GAA has been absolutely brilliant for a long time now – anyone trying to blame TG4 for this needs to stop their spoofing in a hurry) could not broadcast the game. Which meant that I and many others couldn't get to see it.

Look, it's an awful pity, and hopefully something can be worked out to prevent this kind of situation in the future. There have been calls for the GAA, LGFA, and Camogie Associations to amalgamate and I fully support that. It's an obvious move to me; it's all boys and girls playing gaelic games on the same facilities. Ar scath a cheile....you know where I'm going.

But let's not be starting any wars here; it's December in 2020. Frankly, I'm grateful for any little bit of anything that I do get to see.



RUGBY

Ireland 31 Scotland 16

Have Ireland impressed in the Autumn Nations Cup? Nope, bang average on the good days. We were poor against Georgia and didn't look a lot better here for most of it. Unimaginative rugby. Mind you, Johnny Sexton's preference for going for touch rather than putting simple points on the board - I'll dance around the edge of controversy for a moment, I rate Ronan O'Gara higher than our adopted Kerryman because he always just put the points on the board. Ambition is generally laudable, but winning is preferable. Tries were always going to be at a premium in games like this, and Ireland were just about able to get them - they had as much to do with mistakes by Scotland as good play by us, to be honest, but we got there.

We finish third, behind England and France. I'm fine with that. Absolutely we have a lot to work on, and I think some retirements are coming very close (frankly, I really hope so). Scotland and Wales both have real problems. Italy, and I'm speaking as someone who hasn't always been happy with their contribution at Six Nations level (I'm not knocking their heart or courage, but they simply haven't been anywhere up to standard too often) have acquitted themselves superbly. They haven't put wins on the board, but they have laid down strong markers and I hope that they continue to do so.

So the Bulls, Sharks, Stormers, and Lions are coming in and the Cheetahs and the Kings are stepping out. Yes, I know it's South Africa rugby teams entering a new Pro16 instead of the former Pro14. I know it's a terrible idea, that must be obvious to everyone, but it's been forced on South Africa – they have been essentially been kicked out of New Zealand/Australia leagues (the domestic market for both has shrunk alarmingly for the past five years,m even before covid is factored in).

But in all honesty, does it sound like the Jets and the Sharks in 'West Side Story' to anybody else? Rugby's residency rule requires that a player be resident in a country for three years before becoming eligible to represent them. Like the grandfather rule in soccer, it's one that has been exploited to the absolute maximum. Take note that all of Scotland's points against Ireland were actually scored by South Africans. Not that we can point any fingers. The current Irish squad has three New Zealanders, three South Africans, two Englishmen, and one Australian in the ranks. Now, as of the 2016 census there were 535,475 non-Irish nationals resident here (11.6%), plus another 104,785 dual citizens (an increase of 87.4%, who are classed as Irish for census purposes (quite rightly – they are Irish). So you can absolutely be Irish, and an integral part of Ireland, without having been born here. Sure, didn't the Normans famously become 'more Irish than the Irish themselves'? But a three year residency rule in rugby when the reason someone is resident is because of a professional rugby contract?

The residency rule has been increased from three to five years, and I personally think that it's a welcome change.

SOCCER

Warmest congratulations to Ramona Keogh Burchill on her recent completion of the FAI Womens' Emerging Leaders Programme. Ramona was a fantastic player herself and has been an even better coach for many years now. It would not surprise me or anyone who knows her to see her involved at higher levels in the future.

After two years of what Queen Elizabeth would undoubtedly refer to as anni horribili, Irish soccer has finally received some good news. The draw for our World Cup Qualifying Group could scarcely have been any kinder. We will face Portugal, Serbia, Luxembourg and Azerbaijan in qualifying for Qatar. Mind you, the fact that the tournament is taking place in Qatar....personally, I would have considered Tatooine more suitable. Of course Portugal, with the likes of Ronaldo, Fernandes, and Jota are on board, are going to be massive opposition, but that was always going to be true of any top seed. We should be beating Luxembourg and Azerbaijan. The group is likely to come down to ourselves and Serbia, who haven't been doing great recently until their 5-0 win over Russia last month. That, of course, flags the elephant in the room – can Ireland start scoring goals? We'll just have to wait and see.



Hi to Santa from all of the O'Connor's in Kilcummin with Santa's Little Helpers.



Hi to Santa from Dayna Dooley pictured at Santa's special express delivery post box at Centra New Street.

GNEEVEGUILLA ATHLETIC CLUB

No winner of our lotto draw 04/12/2020. Numbers drawn were 9, 10, 12 & 15. Sellers prize winner Margaret Hayes. \in 50 Y/T prize winner Donal Daly SNr Tureencahill, \in 50 to Margaret Hayes Coom, \in 40 each to Tess Crowley Gortnaglough, Margaret McCarthy Gneeveguilla PO & Siobhan Carmody Knocknaseed. Bonus not won, numbers drawn were 9, 16, 22 & 23. Next week's jackpot \in 14,600 plus \in 1,000 bonus. Winner of our second Christmas Hamper was Siobhan & Aine Leadeer Caherbarnagh. We will have another draw next Friday for our third hamper.

KILLARNEY RFC NEWS

U18 PLAYERS JOIN MUNSTER DEVELOPMENT SQUAD

Well done to 4 of our U18s who have joined up with the Munster Development Squad for training - John McCarthy, Brendie O'Donoghue, Tomas Clifford and Ozdeniz Koyun. Very well done to the boys, a great achievement by the lads and their families. Well done to our coaches also.

CLUB CALENDAR

Our stunning brand bee club Calendar is now available for purchase and promises to be a highly sought after stocking filler for Christmas! These fabulous calendars show every section of the club and were designed by Tony Dunne of Kingdom Media. Thanks to all who worked on the calendar as well as the businesses who sponsored ads. Each calendar is only \in 10 and is available from any coach at training, or contact Liam Murphy on 087-4145662 or Anne Gabbett on 086-3125722.

KILLARNEY VALLEY ATHLETIC

The club had a very successful Zoom AGM last Tuesday night. We would like to thank all for attending and offering their services to help out at the club. Emails will be going out to existing members with regard to registration



- John McCarthy, Brendie O'Donoghue, Tomas Clifford and Ozdeniz Koyun who have joined up with the Munster Development Squad for training -

for 2021.

Training continues on the Track under strict AAI guidelines for Covid in non-contact sport every Monday and Friday night 7-8pm for all existing members from ages 12-18yrs and every Thursday night 6-7pm for age 7-12yrs. Please register your attendance through the AAI link and fill out the COVID form before 4pm on day of training.

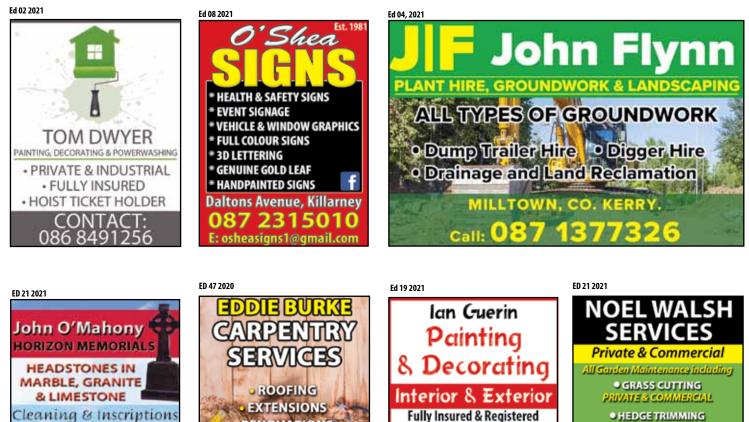
We have relaunched our gofundme page as we still have a funding gap of over €100,000 from the construction of the Track so all help is needed so we can focus our energies in sport & activities and not be distracted by the worries of finance. The link is https://www.gofundme. com/f/killarney-valley-ac-arena. Thank you for all the support so far.

Please keep an eye on your emails and also check our Facebook/Instagram page for any updated information on training.



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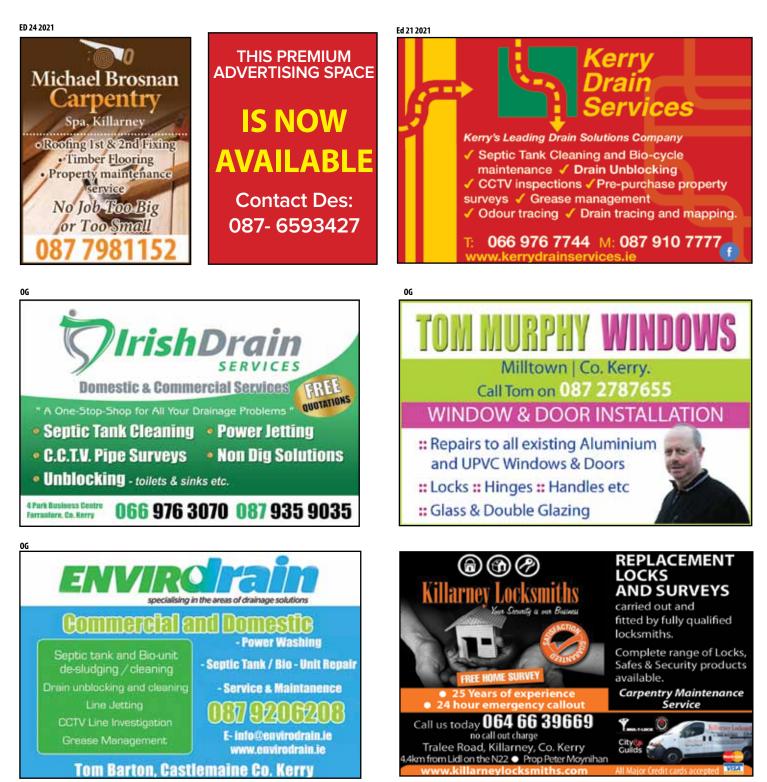
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Welcome back dear reader "do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good...acceptable and perfect will of God" (Romans 12:2). For a quiet life many conform and go with the herd in order to please others, even if the thing they have conformed to is morally wrong. Jesus taught about God's narrow way leading to life, versus the devil's broad path to destruction (Matthew 7:13). Few commit to the narrow way, but countless people will stride down the way of ruin, only to realise what's happened after it's too late.

God is so merciful – He desires that all are saved and come to the knowledge of Him (1st Timothy 2:4-5). But the devil sets people up by enticing them with sin. Sin separates us from God which was never His will. God's plan of Salvation entailed His Son Jesus being born as one of us who then sacrificed His sinless life so that we could be forgiven of our sins and restored back to the Father in righteousness (as if we had never sinned).

Lights and celebrations for the birth of our Messiah Jesus are imminent, yet there are those whose births will never be celebrated because they are victims of abortion.

Reports have come to light of the private reactions of some medical personnel involved in the abortions of the 6,666 babies who were aborted in Ireland during 2019.

Six.Thousand.Six.Hundred.And.Sixty.Six - Babies.

Last week some courageous T.D.'s who had taken a stand for life at the time of the Abortion Referendum raised this issue - that babies who were born alive after a failed abortion were then left to die. In holy Ireland. This is the barbaric truth about abortion.

Because the life of a baby inside the womb is not visible to the naked eye, some people fail to make a connection that the child is a real person – seeing them as only a cluster of cells something like the inside of a Cadbury's Crunchie. But, he or she is a real person from the moment of conception, knitted together by God our Creator (Psalm 139:13-18).

Many people who consider themselves Christian were swayed at the time of the referendum to vote yes, because their emotions were manipulated to think of only the mother's feelings. Yet, unfortunately, how the baby feels, or what pain they feel, was never disclosed by those who pushed their agenda and thus two thirds voted to kill innocent, voiceless, children in the womb. Many would never have voted yes had they known the full truth or been exposed to all the repulsive facts. God despises the shedding of innocent blood. Ireland is under curse, and no amount of twinkling lights will erase the darkness until true repentance occurs (Proverbs 6:16-19; 2nd Chronicles 7:14).

See more at wordofvictory.net



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Word of Victory is a paid advert and does not represent the editorial views of this magazine.







FOCUS ON HEDGING

Hedges can make a much more natural background to a garden than a wall or a fence. They can provide shelter and are cheaper and require a small amount of maintenance. Because a hedge allows the wind to filter through it reduces its velocity. Tall or low growing, clipped or informal, there is a hedging plant for every purpose. One thing to remember about a hedge is that it is intended to be a permanent feature in the garden so therefore should be chosen with care and planted in well prepared soil. To choose the right hedge for your garden, here are a few pointers to think about:

- 1. The type of soil you have.
- How exposed the garden is i.e. what direction is it facing.
 2. The eventual height and width the hedge will be
- 4. 4. Does it need to be evergreen.

When you have chosen the type of hedge that you want, it's time to prepare the soil. Start preparing the soil by digging thoroughly and forking in some well rotted farmyard manure. Hedges can be planted all year around but the ideal time is between November and March as all hedging plants will be dormant at this time. What that means is when you go to buy your hedging plants, they are lifted straight from the ground and are called bare-rooted hedging. This enables you to replant straight back into the ground when you get them home. Just make sure that when planting that the roots are spread out well as this will encourage them to root quickly when the growing season starts. If you have missed the bare rooted season at the end of March, you can plant container grown hedging all year around.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

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A childcare facility in Killarney has set up a magical Christmas display on their grounds for everyone to enjoy.

Bellview Woods Childcare in Ballydowney usually set up an indoor Christmas display for the children but this year was a little different due to Covid-19 and wanted to make a bigger impact for the children in our care and their families, as well as the wider community.

"In early October we started planning a magical outdoor display and everything within that display was made using repurposed materials by the staff of Bellview Woods Childcare and their families. Palettes, paint, tyres etc. were very kindly donated in order to make our vision a reality", Samantha O'Shea told Killarney Outlook. "This year we also wanted to give



back and

we are hoping to raise money for the Kerry Cancer Support Group, a charity close to many here in Killarney and the Kerry area. We have a donation box set up within our Christmas display and are hoping with awareness families may come to visit our display and donate to such a worthy cause", Samantha added.



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REMEMBRANCE IN LOVING MEMORY OF SEAMUS O'CONNOR

BIRTHDAY

late of Kilcummin, **KILLARNEY AND** THE ANVIL BAR, KEEL WHOSE BIRTHDAY OCCURS ON 12TH DECEMBER.

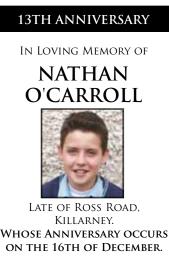
Happy Birthday Dad, missing you on your First Birthday in Heaven

Beautiful memories are treasured forever, of happy days when we were all together. If we could have a lifetime wish and one dream that could come true, we would pray to God with all our hearts just to see and speak to you. A thousand words won't bring you back, we know because we've tried and neither will a million tears. we know because we've cried. You've left behind our broken hearts and precious memories too, but we've never wanted memories, we only wanted you.

Very sadly missed, remembered and always loved by your family Elizabeth, Louise and Brendan, Stephen and Siobhán, Cora and Paul, Owen and Rachel and your 4 grand-daughters Rhea, Alysha, Lucia and Esmé.

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Rrother You are a special brother, But you had to go, So we filled the hole in our hearts, With your memories so. But it will always be empty. Until I'm in Heaven with you, In our hearts you shall always be, I cannot wait to laugh with you.

Loved always remembered by your Brother Aaron & Amy xxx

Anniversary Mass will be held at 8pm On Friday the 18th of December In St.Mary's Cathedral.

7TH ANNIVERSARY





ARDSHANVOOLEY. **KILLARNEY** IN LOVING MEMORY ON 20TH DECEMBER, 2013

Just a prayer from the family who loved you, Just a memory fond and true In our hearts you will live forever, Because we thought the world of you.

> Love Margaret, Mike, Sophie and Cora Walsh.

13TH ANNIVERSARY

In Loving Memory of

NATHAN O'CARROLL



LATE OF ROSS ROAD, KILLARNEY. WHOSE ANNIVERSARY OCCURS ON THE 16TH OF DECEMBER.

Christmas in Heaven

So be happy for me dear ones,

You know I hold you dear,

And be glad I'm spending Christmas

With Jesus Christ this year.

I send you each a special gift

From my heavenly home above.

I send you each a memory,

Of my underlying love.

After all 'Love' is the gift,

More precious than pure gold,

It was always more important

In the stories Jesus told.

Please love and keep each other,

As my father said to do,

For I can't count the blessings

Or love he has for you.

So have a Merry Christmas

And wipe away that tear Remember, I'm spending Christmas

With Jesus Christ this year.

I see the countless Christmas trees Around the world below, With tiny lights, like Heaven's stars, Reflecting on the snow.

The sight is so spectacular Please wipe away that tear, For I am spending Christmas With Jesus Christ this year.

I hear the many Christmas songs That people hold so dear, But the sounds of music can't compare With the Christmas Choir up here.

> I have no words to tell you The joy their voices bring, For it is beyond description To hear the angels sing.

I know how much you miss me I see the pain inside your heart, But I am not so far away, We really aren't apart.

LOVED WITH A LOVE BEYOND COMPARE Your Heartbroken Mom & Dad XXX

Anniversary Mass will be held at 8pm On Friday the 18th of December In St.Mary's Cathedral.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **M.M.**

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13TH ANNIVERSARY

IN LOVING MEMORY OF

NATHAN O'CARROLL



LATE OF ROSS ROAD, Killarney. Whose Anniversary occurs on the 16th of December.

Nephew We will always have memories, To cherish and to hold, Of a wonderful nephew, More precious than gold, You always had a smile to share, A laugh, a joke, a time to care, A wonderful nature, warm and true There are the memories I have of you.

DEEPLY MISSED BY YOUR UNCLE PAUDIE. XX

Anniversary Mass will be held at 8pm On Friday the 18th of December In St.Mary's Cathedral.

13TH ANNIVERSARY

IN LOVING MEMORY OF NATHAN O'CARROLL

LATE OF ROSS ROAD, KILLARNEY.

WHOSE ANNIVERSARY OCCURS ON THE 16TH OF DECEMBER.

Brother

Wrap your arms around him Lord, Don't leave him on his own, For it is his anniversary, And I know he can't come home, Call his name softly and When he looks your way, Tell him that we love him And miss him everyday.

LOVE ALWAYS KILLIAN & AOIFE XXX

Anniversary Mass will be held at 8pm On Friday the 18th of December In St.Mary's Cathedral.

13TH ANNIVERSARY

In Loving Memory of





Late of Ross Road, Killarney. Whose Anniversary occurs on the 16th of December.

Brother You are always on our minds and when we talk about you, It' always of happy times, No one knows the heartache of what you passing cost, But God in all his glory he's gained What we have lost.

MISSED AND LOVED ALWAYS, YOUR BROTHER Damien and Caitlin XXX

Anniversary Mass will be held at 8pm On Friday the 18th of December In St. Mary's Cathedral.

13TH ANNIVERSARY





LATE OF ROSS ROAD, Killarney. Whose Anniversary occurs on the 16th of December.

Brother

When days are sad and lonely, And everything goes wrong, I seem to hear you whisper, "Cheer up and carry on" Each time I see your photo, You seem to smile and say, "Don't cry, I'm always with you And we'll meet again someday".

SADLY MISSED BY YOUR BROTHER RYAN XXX

Anniversary Mass will be held at 8pm On Friday the 18th of December In St.Mary's Cathedral.





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