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Anniemai O'Donoghue with her Mum Tara and their dog Trixie with Anita Lakner and her dog West for the 'Blessing of the Animals' service at The Friary on Sunday afternoon. Picture Marie Carroll-O'Sullivan

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JOKER 16 125 mins 7 DAYS 9:00 FRI-WED 6:30	DORA LOST CITY OF GOLD PG 105 mins SAT/SUN 12:20 2:20
JUDY 12A 125 mins SAT/SUN 4:20 7 DAYS 6:40 8:55	ANGRY BIRDS MOVIE 2 PG 100 mins SAT/SUN 12:15 2:15
DOWNTON ABBEY PG 133 mins SAT/SUN 4:10 7 DAYS 6:35 9:00	TOY STORY 4 PG 110 mins SAT/SUN 12:15 2:15

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EDITOR'S NOTE

Autumn has well and truly arrived and with the evenings closing in we have lots to entertain you in this week's Killarney Outlook. The Dr. Crokes teammates of Amy O'Connor have dedicated their win to her, meet the man who is running the New York Marathon after open heart surgery and take

in all the style at the annual Garda Ball. We have all the action from the County League games, rugby and basketball and all God's creatures were blessed at The Friary. There is an opportunity to learn how to start a heart next week in Killarney, the town is welcoming 2000 athletes on the

quest for adventure and Ulster Bank are holding a charity event in aid of Heartbeat. All this and so much more in this week's Killarney Outlook.

Aisling Crosbie, Editor

086 0400958

news@outlookmags.com



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

Forget the miles....remember the glory

Conor to run the New York Marathon

Six years after undergoing open heart surgery well known leisure club manager **Conor O'Leary** will be heading to the states to complete the New York City marathon on **November 3rd**.

This is Conor's second marathon after completing the Dublin marathon last year. Having really enjoyed his experience in Dublin and being fortunate to receive a place in this year's New York event he is delighted to be a part of this iconic run. "I am fortunate to receive a place in the run so I couldn't let the opportunity go" Conor told the Killarney Outlook.

Conor's wife Ann has links to New York having lived there for some time and still has family there. Conor's mum Mary O'Leary passed away in December 2011 after a long battle with multiple sclerosis and Conor is delighted to use this opportunity to fundraise for multiple sclerosis South Kerry branch.

"The MS society were a huge help to my mum during her illness and if I can use this opportunity to raise some much needed funds I am delighted to do so" he added.

Conor completed the Dublin marathon in 3hrs and 56 minutes and is hoping to complete the NYC run in a similar time.

"I have worked hard in training and am hoping to complete the run in around 4 hours. The course takes you through the 5 boroughs which makes it a great way to see the city. I am really looking forward to the experience"

The New York City marathon is one of the biggest events on the marathon circuit with up to 52000 completing the course last year and up to 2 million spectators lining the route.

If people would like to make a donation to the MS society they can do so by dropping into the leisure Club in the Killarney Towers Hotel.



Every second counts Learn to Restart A Heart....



Killarney Cardiac Response Unit will be hosting the free event at The Laurels on Wednesday 16th L-R Aisling O'Connor & Mable Counihan. Picture Marie Carroll-O'Sullivan

Killarney Cardiac Response Unit, whose mission is to give valuable assistance to patients of Heart Attacks, Cardiac Arrests, Choking and Stroke until H.S.E. intervention are holding a life saving skills course at the rear of The Laurels Bar & Restaurant on **Wednesday October 16th**.

On the day you will learn to do CPR, use an AED along with essential life saving skills. The Killarney Cardiac Response Unit is a voluntary Unit of approximately 40 volunteers, from all sectors of society, who respond to 999/112 emergency Cardiac Phone calls.

They are activated once a Cardiac call is made to Ambulance control and cover an area of 7km from the centre of Killarney Town. The Responders have a Pager/Radio on them which is linked in with a control phone through the National Ambulance Service. We work alongside and under the control of the National Ambulance

Service.

"We are not here to replace the Ambulance Service but to complement them by providing care and utilising those vital few minutes as every second counts, until The National Ambulance Service arrive on scene", a member of the KCRU told the Killarney Outlook.

An out of Hospital Cardiac arrest has the worst possible outcome for survival, mainly because resuscitation is often delayed or not given. It is Vital that resuscitation is started as soon as possible following a cardiac arrest.

A sequence of steps has been developed to provide the best possible chance for survival for a patient with a cardiac arrest, these are described as the links in the chain of survival, and like any chain, the chain of survival is only as strong as the weakest link. And so each link is of equal value and importance. This free event will run from 2pm to 8pm.

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Thank you for remembering me.... Amy's team mates dedicate their win to her

Dr. Crokes Under 14 girls captured the East Kerry League final earlier this week in a what was a fantastic year for the girls.

However, their friend and team mate Amy O'Connor, who passed away in February 2018, was never far from their mind this year, and the girls held Amy's jersey for the team photograph after their win.

The team is coached by Amy's dad Brendan along Aine and Karl McMahon and Jason Stack. Taking to social media after the game, Brendan thanked everyone for all their support.

"It was a great game, it was a great win, it was a great team effort, so overall a great day.

"Thank you all for keeping Amy in your hearts, what an amazing team and friends Amy has that honour her memory so beautifully and help keep Amy's memory alive. This year was all about TEAMWORK we couldn't have got a better group of coaches Aine, Karl, & Jason who's commitment and energy brought the team to another level game after game.

"All the Parents that supported the team throughout the year and especially at Féile who were invaluable to the team in so many ways.

Finally all the credit must go to the team, they are an amazing group of girls who worked so

hard all year giving everything at training and matches putting there bodies on the line when needed and never giving up ever. I am lost for words to describe what this team has meant to me over the last year, you have all done Amy so proud, Well done on a terrific year of football and friendship", he added.

It definitely has been a very good year for this team. They won the Div 3A County League, they went on to represent Kerry as winners of Div 3 County

Feile and topped off a great year by winning the East Kerry League Div 2A title on Monday last against Kenmare district.



Blessing of the Animals takes place at The Friary

On Sunday, October 6th, The Friary in Killarney was among hundreds of churches around the world who celebrated something that St. Francis of Assisi started almost 800 years ago - The blessing our animals.

It was St. Francis who first introduced the idea that human beings are only one of a myriad of creations of God and all are blessed in God's eyes.

The feast day of St. Francis is celebrated every year on October 4, and blessing of the animal services are usually scheduled for the Sunday closest to that day.

Dozens of Killarney parishioners attended the ceremony with their animals, mostly dogs on Sunday afternoon last and all were blessed by Friar's Antony and Lars.

Pictures Marie Carroll-O'Sullivan



Pierce Galvin Cooney with his dog Bailey



Friar Antony, speaks to the congregation at the Friary Church for the 'Blessing of the Animals' on Sunday afternoon.



Vincent Lacke with his dog Lizzy at the Friary Church on Sunday afternoon for the "Blessing of the Animals".



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What's the story?

Kerry Way App recognised in Europe

"Kerry Way App" gets European Recognition
The Kerry Way Folklore and Heritage App has been recognised at a European level through its inclusion in a new publication highlighting projects in Ireland that have benefited from EU funding over the last 46 years.

The App, which was developed by Bealoideas Chiarraí – Kerry Folklore, provides walkers along the route with the folklore and heritage of the region that they can listen too via the app. It is free to download and was funded through the RDP LEADER programme, operated through South Kerry Development Partnership CLG with financial support from Kerry Group. The initiative was also supported by Kerry County Council and the Department of Employment Affairs & Social Protection, with previous support through INTERREG.

The Kerry Way App is one of 25 stories to feature in the "What's the Story – 25 stories about Ireland and Europe" publication launched by Ceann Comhairle Seán Ó Fearghail at an event in the Dáil last week. Speaking at the launch the Ceann Comhairle said that the publication "contains rich personal stories of



L-R: Moya Doherty, Gerry Kiely, Head of the European Commission Representation in Ireland; John O'Connor, Béaloideas Chiarraí; Julie Burgess, Springboard Opportunities; Prof. John Nolan, Waterford IT; Senan Cooke, Dunhill Ecopark.

the real ways that European cooperation opens the door to economic opportunity and cultural enrichment, both for Irish people and for our fellow Europeans wishing to strengthen ties with Ireland." This was echoed by European

Affairs Minister Helen McEntee who added that "the EU spans across the entire continent of Europe and allows us to have endless opportunities, to work, live, study and travel in each-others countries.

Irish monks reveal all in exclusive behind the scenes book

Br. Colmán O Clabaigh OSB is a Benedictine monk from Glenstal Abbey and noted historian & author of numerous books on monastic history. He is a medievalist, specializing in the history of monasticism and religion in Late Medieval Ireland. Photo: Valerie O'Sullivan



Br Pádraig McIntyre, making Glenstal soda bread at Glenstal Abbey. Photo: Valerie O'Sullivan



Caolan Dooley, left and Daniel O'Mahony playing Gaelic Football at Glenstal Abbey. Photo: Valerie O'Sullivan

The lives of the famous Glenstal Abbey monks in Murroe, Co Limerick have been laid bare to the scrutiny of the world beyond the normally secretive monastery walls. From beekeepers to bookbinders the monks tell their stories with never before seen pictures shot behind the enclosed walls of the monastery by award winning photographer Valerie O'Sullivan.

There are many Kerry connections at the Abbey including, Br Pádraig from Kenmare, was Director of Diocesan Music in Kerry before entering as a monk in Glenstal Abbey.

Br Colmán, spent a number of years in the Franciscan Friary in Killarney

Daniel O'Mahony a pupil at Glenstal Abbey, is from Rathmore, his parents are MJ and Nora O'Mahony and his uncle is Aidan O'Mahony of Kerry Football fame, while Fr Cuthbert worked in the Dunloe Hotel as Hotel Manager before entering Glenstal Abbey.

Glenstal Abbey - Through the Seasons, Published by Columba Books, is a collection of images chronicled through the seasons by photographer Valerie O'Sullivan, and monks sharing in words, the mysticism and rhythm of their lives, we get a rare insight into the daily life of the community of Benedictine monks.



Glenstal Abbey Schola rehearsing for the Easter Triduum, Bro. Pádraig, Fr Cuthbert, Fr Senan and Bro Jarek. Photo: Valerie O'Sullivan



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For more information ring
Eoin Ó Carra at 087-6155253



Home is where the heart is....

INVALUABLE SUPPORT AND ADVICE AS ULSTER BANK HOST HOME EXPERT EVENT

Brian McMahon - McMahon Culloty Construction; Agne Kremenskiene of "AK Interiors"; Donagh O'Regan - Reeks consulting engineers; Davide Mosca - Davide Mosca Design Ltd; Justin Healy, Ulster Bank Branch Manager Killarney; Billy O'Sullivan, Killarney Heartbeat.

A special fundraiser to support Killarney Heartbeat is being organised by Ulster Bank's Killarney branch later this month. Heartbeat are a voluntary support group which aims to help people who have suffered heart disease, a stroke or a cardiac event return to living as full as life as possible.

Colleagues in the branch are hosting a home expert information event on Saturday, 26 October, where interested homeowners and homebuyers can speak to local professionals, including building contractors, engineers, architects and interior designers, in exchange for a discretionary donation to the charity.

The 30-40 minute slots will take place throughout the day from 9.30-4pm and should be booked in advance by emailing justin.u.healy@ulsterbank.com. In return for the consultations, people are asked to bring a donation on the day for Killarney Heartbeat.

"We are delighted to support Killarney Heartbeat, while also providing an interesting and informative experience for our customers and the wider community", Ulster Bank's Killarney Branch Manager, Justin Healy told the Killarney Outlook.

"Whether you're looking to build your first home, or renovate and refresh your existing property, you'll be able to share your thoughts and plans with our professionals- all we ask in return is that you donate however much you can to an important local cause", he added.



"I want to thank McMahon Culloty Construction, Reeks Consulting engineers, Agne Kremenskiene and Davide Mosca for giving up their Saturday to raise money for charity", Justin said.

Billy O'Sullivan from Killarney Heartbeat, is delighted with the support.

"We work every day to provide information and events in the local area so we need all the help we can get to ensure the best possible support for those who've suffered heart disease, a stroke or a cardiac event", he said.

"I want to thank everyone who is involved in organising and hosting this wonderful initiative, particularly Ulster Bank colleagues in Killarney and the experts who are giving up their precious time and advice."

So if you are thinking about going for planning permission in the near future and want to get ideas about how to start, what kind of house they want, the style, the likely cost of total build or already have planning permission for a new home build but want to get an idea of costings or how to decorate then look no further. Not only will you receive invaluable advice, but you will also be supporting Killarney Heartbeat

So if you are thinking of doing an extension and would like a first draft of a drawing or get an idea of costing and how to design the interior or even just thinking of freshening up your home and bringing in more colour and life then this is the event for you.

This home expert information event forms part of Ulster Bank's ongoing 'Do Good, Feel Good' initiative, which encourages colleagues to come together and raise money for a registered charity or charities of their choice.

In June, thousand of colleagues came together and raised over €100,000 for charities around the country through a range of bank-organised challenge events, from walks and runs to bake sales and bucket collections. Ulster Bank Killarney selected Pieta House and organised a week of fundraising, which involved activities as diverse as a charity leg shaving and a cake sale.

In addition, to help support local communities, the bank offers all colleagues up to 3 day's leave each year to volunteer with a local voluntary organisation, community group or charity.

The home expert information event will take place in Ulster Bank Killarney on Saturday, 26 October 2019 from 9.30am to 4pm. Anyone can attend by booking their 30-40 minute slot (or slots) in advance by emailing justin.u.healy@ulsterbank.com. Don't forget to bring a donation along on the day, in aid of Killarney Heartbeat.

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€190,000**

This wonderful four bedroom Semi Detached family home is located in a mature settled neighbourhood namely Ard na Greine, Milltown. This very highly sought after area is a perfect location as it is within easy access to Milltown Village, Killorglin, Killarney as well as Tralee. The property is walking distance to the both the Primary and Secondary Schools and all other amenities which include a church, shops, pubs, restaurants and a GAA club. This house will be of interest to first time buyers, parties trading up/trading down and investors alike.



BER C3

4 Heather Close, Cumeen,
Killarney
V93 F5Y6

**3 bed | 3 bath | 1,200 ft²
€220,000**

Charming cottage style three bedroom dormer Bungalow located in a countryside setting standing on circa 0.7 acre site & only 10 mins to Killarney Town Centre. Features include oil fired central heating, teak double glazed windows, teak front door, pine internal doors and tarmac drive way. The property has been maintained to the highest of standards by its current owners and is sure to appeal to first time buyers, investors and those wishing to downsize and remain in this mature and convenient location.



BER D1

Zions Way,
Furies Village
V93 Y6T3

**4 bed | 4 bath | 1,900 ft²
€240,000**

'Zions Way' is an impressive detached family home located in the heart of Furies Village. This four bedroom home has been well maintained by its current owners. The ground floor consists of a kitchen / diner, lounge, utility, WC, and a spacious conservatory. It also has the added bonus of a ground floor ensuite bedroom. The first floor is made up of three double bedrooms, one ensuite and a main bathroom. The rear garden is designed and landscaped and enjoys a warm sunny aspect ideal for entertaining and relaxing.



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2000 athletes on the quest for *Adventure*



Tomorrow, Saturday 12th October will see over 2000 participants take part in Quest Killarney. Starting and finishing at the Gleneagle Hotel Killarney, this epic adventure race involves competitors running, cycling and kayaking across Killarney's National Park taking in spectacular locations such as the Gap of Dunloe, Molls Gap,

Black Valley, Ring of Kerry, Torc Waterfall, Devil's Punchbowl, Mangerton Mountain and Muckcross House.

Road users are being asked to be aware of large groups of cyclists travelling between the Gleneagle Hotel and the Gap of Dunloe from 7.30am to 11am. Please note the Muckcross and Dinis Trail will be closed from 9am to 11.30am and Lord Brandon's Cottage to N71 on the Kerry Way track will be closed from 8am to 14.30pm.

Dates for all the Quest events in 2020 have been confirmed with all going on sale on Saturday 12th of October too for those who want to start planning their year ahead.



Celebration time for Killarney EuroMillions winner who claims €500,000



A Killarney family travelled to Dublin this week to claim €500,000 at National Lottery Headquarters following their win in last week's Euro Millions draw.

The family who wish to keep the win private purchased the winning Quick Pick ticket at the Centra store on the Rock Road in Killarney town.

"This win means the absolute world to me and my family. Word went around the town last

week that the winning ticket was sold on the Rock Road and knowing that I had bought my ticket there, I was afraid to check it for hours, knowing that there was a possibility that I could be the big winner. It was one of those feelings where I just knew it was me -when I finally did pluck up the courage to scan it on my phone App, it came as no surprise to see the winner's message popping up on my phone. It was just pure class," he said.

The winner plans to use his €500,000 fortune to pay off his family's mortgage and other bills and he also plans to treat his family once the money is in his bank account. He added, "We are a very hardworking family and like everybody else, we have bills and mortgage payments every month. While it's not at the €190 million level, this prize allows us to pay off our mortgage and it gives us so many options for the future of our family, it is truly life changing for us."

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NO. 2 ANNAGILYMORE, HEADFORD, KILLARNEY, CO. KERRY V93NX99 €295,000



Exceptional four bedroom detached family home extending to 143sq. mtrs on landscaped 0.6 acre site. The property is located in a private cul-de-sac of three houses only 9.5km from Killarney town. The landscaped gardens surrounding the house are in immaculate condition and there is a lovely patio area to the rear of the property.

BER C3

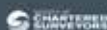
10 GORTREAGH, FOSSA, KILLARNEY, CO. KERRY V93C3K2 €350,000



Superb four bedroom detached house of 167 sq. mtrs. Set on a large 0.4 acre site with mature landscaped gardens. Surrounded by mountains and magnificent views of Lough Lein and the famous Gap of Dunloe. Ideal family home.

BER C2

www.killarneyproperty.com



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FOR SALE

"WILLOW COTTAGE", 5 FOREST LAKE COTTAGES, FOSSA, KILLARNEY

Three bedroom detached residence with southerly views toward McGillicuddy Reeks Mountain Range, located in a well established residential development in Fossa village, only 5.5kms from Killarney town. Accommodation: entrance hall, spacious living room kitchen, dining room, three bedrooms with en-suite to master bedroom and separate bathroom.



Price Region: €290,000

BER E2

9 WOODLAWN ROAD, WOODLAWN, KILLARNEY

Mid-terrace three bedroom house in walk in condition, in excellent residential area. This property has been fully re-decorated and modernised. Accommodation comprises kitchen cum livingroom cum diningroom, bathroom, shower-room and three bedrooms.

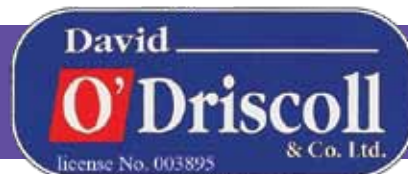


Price Region: €200,000

BER D1

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: **Pike Hill, Killarney - Eircode: V93 E3Y5** 7 Bed Detached Property with a separate 3 Bed Bungalow to the front of the site. Ideal opportunity for someone looking for a Guesthouse and Rental property on the periphery of Killarney town.

Agent: ● David O'Driscoll & Associates ● Muckross Road, Killarney ● Tel: **087-7958386** info@dodriscoll.com

Price Region: €495,000 BER C2

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

Fright Free Halloween at Sandy Feet Farm

Young families looking for a fun, fright-free midterm can follow the howls to Sandy Feet Farms for a not-to-be-missed spooktacular event, HALLOWEEN at SANDY FEET FARM which is taking place from 25th October to 1st November.

Scary Mary the mischievous witch has taken over the farm and put a sleeping Frankenslime spell on the farmer! The small animals have left in fright and won't return until she is gone! The farmers wife, and Sabrina the friendly witch, need your help to find ingredients to break the spell!!!! The family friendly event will run daily from 1pm to 8.30pm. Each session will take approximately 1 hour. Max 20 persons per session. Halloween at Sandy Feet Farm is aimed at younger children but is suitable for children of all ages with actors making the experience fun for all.

Children must be accompanied by at least one adult (who will also require a ticket). Children will not be admitted on an adult ticket.



Lights.... Camera... Action....

Launch time for the 2019 Kerry Film Festival

The Kerry International Film Festival marked its 20th anniversary at its launch at Killarney House & Gardens on Friday evening last.

Featuring Feature Films, Documentaries, Animation, Short Film Programmes and Industry Events, the festival will showcase new work from Ireland and around the Globe.

The Festival takes place from the 17th- 21st October in Killarney, with screenings in the Killarney Cinema and St. Mary's Church, and industry events in Killarney House and the Plaza Hotel.

For its 20th Anniversary KIFF is debuting a new look, having undergone an exciting rebrand by the festival's creative partner Richard Dee Branding & Design.

Speaking at the launch in Killarney, festival programmer Eibh Collins said, "I'm delighted to present my first programme for the Kerry International Film Festival. It's been an incredible effort from the dedicated team to get this selection of films ready for our wonderful audiences, and I can't wait for them to see what we have put together for them. They are going to see some amazing films, have great conversations with fellow festival-goers, and have great craic in a truly unique film festival atmosphere.

We have put together a programme that covers the diverse landscape of contemporary world cinema, and are delighted to showcase it here in Killarney."

This heart-warming future-classic opens the festival on Thursday 17th at 6.30PM, All ages welcome.



Pictured at Killarney House for the official launch of the Kerry Film Festival were L-R John McCann (KFF Board Member), Padraig O'Sullivan (National Parks & Wildlife Services), Sean Mulchinock (KFF General Manager), Mayor of Killarney Cllr Michael Gleeson, Eibh Collins (KFF Programmer), Kate Kennelly (Arts Officer at Kerry County Council) & James Finnegan (Secretary KFF). Picture Marie Carroll-O'Sullivan

The festival is excited to share the work from the many talented local filmmakers in our Kerry Focus, including The Kerry Connections shorts programme on Friday 18th from 6.30PM. On Saturday we screen the documentary, Kilimanjaro Mamathe story of Kerry woman Louise Quill and her amazing work in her Tanzanian Orphanage. While Seanie Sugrue joins us back from Los Angeles for the screening of his laugh a minute feature film Misty Buttonson Sunday.

To celebrate the festival's 20th birthday there

will be a host of FREE films screening in St Mary's church daily of fan-favourites from 1999, the year of the first Kerry Film Festival and including 20th anniversary screenings of classics like 10 Things I Hate About You and The Matrix.

And all this is without mentioning more than a dozen programmes of the best in new Irish and International Short Films.

For details on these screenings and more, check out www.kerryfilmfestival.com and Eventbrite



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WHY SHOULD YOU REVIEW YOUR PENSION?

If you have a pension it is very important that that you review your pension regularly. You may or may not be contributing to your pension anymore and your pension may have been from a previous employer but it still needs to be reviewed. You need to know what kind of pension you have, what funds your pension is invested in and when can you access your pension. Your pension could be invested in very high risk funds which means that the value of your pension could substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you the income you need at retirement. So whether you are currently contributing to a pension, have a pension that you paid into in the past or had a pension from previous employment it is very important that your pension is reviewed by a pension advisor regularly.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com

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Stunningly finished semi-detached house with an exceptional internal finish located in the popular Barraduff village just off the main Killarney to Mallow road. The private rear garden with scenic mountain views and paved patio barbeque area with westerly aspect creates the perfect sun trap.

GUIDE PRICE: €225,000 BER B1



4 MILLBROOK VILLAGE, MILLTOWN, KILLARNEY, CO KERRY

Beautifully re-decorated semi-detached end property located in the highly popular Milltown Village adjacent to newly constructed primary and secondary schools, supermarkets, new sports centre hall and just 15 minutes drive to the popular tourist town of Killarney and all amenities.

GUIDE PRICE: €190,000 BER C3



Full Details Selling Agent Hennigan Auctioneers
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PROPERTIES FOR SALE

GLANOORAGH HOUSE, DOONRYAN, KILLARNEY

Quality finished 4 Bed Detached Property with attaching garage and office/apartment. The property boasts large spacious, bright rooms and is situated on a site extending to c. 0.6 acres minutes drive of Killarney Town. Added features include: Central Vac System, Solar Panels, Triple glazing etc. Ideally suited for those looking to live close to town but in a quiet countryside location.

GUIDE PRICE: €475,000
BER B3



LINVILLE, GORTROE COTTAGE'S, FOSSA, KILLARNEY

Great opportunity to acquire this recently completed property adjacent to Fossa GAA grounds. The property is located in a quiet cut de sac off the Killorglin Road and is within walking distance of Killarney Town, National Park, Killarney Golf & Fishing Club along with numerous bars and restaurants. This is a great rental investment as it can be left as two separate units or can be combined to form a 4/5 Bed detached property/ family home. viewing recommended.

GUIDE PRICE: €410,000

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Following a €2 million investment, Lee Strand has launched a 100% Renewable Bio-based Carton

The Tetra Rex® Bio-based carton, the world's first fully renewable pack and Lee Strand's €2 million manufacturing investment will offer customers a pack that is 100% renewable and 100% recyclable. The revolutionary carton is recognised as a major step forward in the development of truly sustainable packaging and has won many prestigious international awards. Speaking at the launch, John O'Sullivan, General Manager, Lee Strand stated "There is a strong demand in the market for environmentally friendly packages. Lee Strand's 100% renewable pack will offer customers a fully renewable carton and cap that is made from materials that can be traced back to their plant-based source. The pack is good for the environment and

it offers customers a product they can hold in their hands and know that it is fully sourced from plant based materials. We are saving the planet one pack at a time, it is essentially the pack that grows back." To celebrate the launch of Lee Strand's new 100% Renewable carton, customers will be given the chance to win €1,000! Lee Strand and Radio Kerry will be calling at random to homes in Kerry from Monday, October 14th until Friday, November 1st. If Lee Strand's new 100% Renewable carton is in their fridge they will win a hamper. Plus, all finalists will be in with a chance to win €1,000 at the Lee Strand & Radio Kerry live outside broadcast in Tralee on November 2nd. Customers will also have a chance to win merchandise on Lee Strand's social media by posting images of the new pack with the hashtag #ReMOOOable.



Pictured at the launch: Maurice Costello Jr, Eva Costello, Mia Costello, Holly Costello and Brendan Costello.

RECOVERY HAVEN BENEFITS FROM CELTIC STEPS THE SHOW



Sean Murphy & The O'Neill Sisters of Celtic Steps The Show Present Donation To Recovery Haven Kerry In Collaboration With Fashion Designer, Don O'Neill.

Celtic Steps The Show presented a donation to Tralee based Charity, Recovery Haven Kerry in association with celebrated Kerry Designer, Don O'Neill.

This Summer Kerry fashion royalty, Don O'Neill visited the Show in the Brandon Hotel, Tralee

on a flying visit home from New York where he is stationed with global fashion house, Theia. On the trip he kindly gifted some of his recent designs, (in the form of crystallised couture gowns) to the Show's three sensational Singers, the O'Neill Sisters to wear for the remainder

of the season in return for a donation to the designer's favourite charity, Recovery Haven.

Co. Owner and Producer of Celtic Steps The Show, Sean Murphy commented; "Recovery Haven is a cause close to Don's heart and indeed the hearts of many people in the community. I think everyone in Kerry is in awe of the work that they do and the difference they make to those families touched by cancer so we were delighted to have the opportunity to contribute to such a worthy cause".

Recovery Haven and its volunteers work tirelessly to help provide those affected by cancer, and their families, the ongoing support they need including counselling, drop-in services, support groups and one to one therapy.

"We would like to express our extreme gratitude to the Celtic Steps team who kindly donated €500 to our charity during their wonderful run in Tralee over the Summer", Marketing & PR Officer of Recovery Haven, Marisa Reidy said.

The donation was arranged with Producers Sean Murphy & David Rea in collaboration with Ballyheigue Designer, Don O'Neill. Thank you so much to all involved for your amazing support. What a wonderful gesture".

Celtic Steps The Show is one of Ireland's leading Irish Music, Song & Dance Experiences based in the Killarney Racecourse as well as the Brandon Conference Centre in Tralee.

Castleisland Exhibition

The Michael O'Donoghue, Memorial Heritage Project in Castleisland will hold an exhibition launch and screening at The Crown Hotel on Friday 18th October.

"To Queensland With Love" the Memoir of TM Donovan will be officially launched by Brendan

Griffin TD.

There will also be a screening of Murder Mystery & My Family, a 45 minute documentary about John Twiss of Castleisland.

Refreshments will also be served on the night.



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Garda Glamour at the ball



Garda Tommy Brosnan with his wife Siobhan



Kerry Mayor Cllr Niall Kelleher with his wife Linda Gordon Kelleher

The ladies and gents of the Gardai Siochana in Kerry donned their finest and attended the second annual Garda Ball at the Killarney Oaks Hotel on Friday night last.

This year's chosen charity was the Kerry Rape Crisis Centre and all profits made from the ticket sales will go to this worthy cause. Guests enjoyed champagne and canapés followed by a five course meal and The Bentley Boys kept everyone on their feet for the night.

"We were delighted with the success of this years Kerry Garda division black tie gala ball",

Garda Gillian MacEoin told the Killarney Outlook.

"It was a fabulous occasion which allowed members of the Gardaí to meet and speak with members of local businesses and stakeholders outside of the work environment. Everyone looked amazing and the hotel did a wonderful job hosting the ball for us. We received a lot of spot prizes from local businesses all around Kerry in aid of the Kerry rape crisis Centre. Donations are still coming into us and we hope to be able to announce the final figure raised for the Kerry rape crisis Centre in the next few weeks", Gillian added.

Pictures Marie Carroll-O'Sullivan



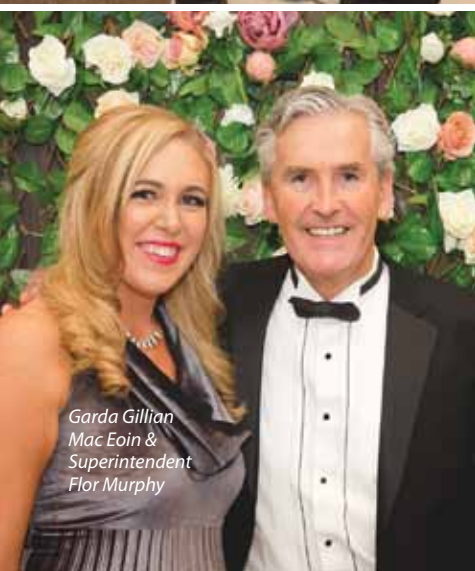
Ciara & David Looney, Tatler Jack Killarney



Sgt Gearoid Keating with his wife Sarah Keating, enjoying the Kerry Division Garda Ball at the Killarney Oaks Hotel on Friday evening.



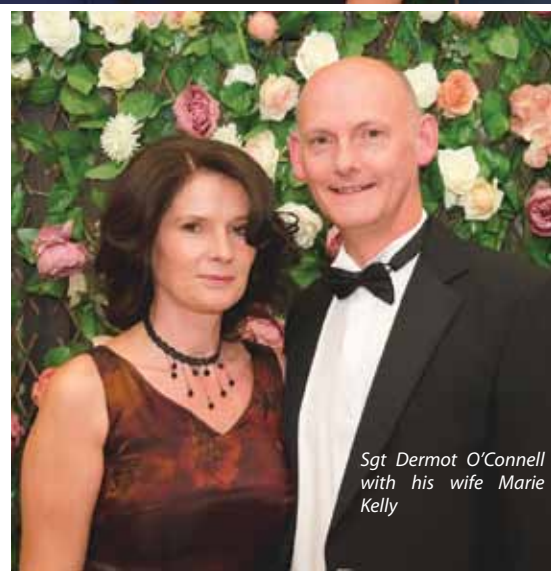
L-R Garda Gillian Mac Eoin, Chief Superintendent Eileen Foster & Sgt Lynda Brosnan



Garda Gillian Mac Eoin & Superintendent Flor Murphy



James Jones & Garda Laura Horgan Jones



Sgt Dermot O'Connell with his wife Marie Kelly

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BREXIT impact discussed at Budget Lunch

OCKT Ltd, Chartered Accountants & Statutory Audit Firm held a Budget Forum this week to examine impact of Budget 2020 on businesses.

A full house of Killarney Business people attended a Budget Briefing Lunch delivered by OCKT Chartered Accountants at The Great Southern Hotel, Killarney on Wednesday.

Marcus Treacy outlined the threats posed by a hard Brexit and the impact it was going to have on local businesses particularly those engaged in exporting and the tourist sector. He pointed out that whilst the Government had committed €40M to defray some of the costs associated with Brexit to the tourist industry, the VAT increase of last year and the Brexit cost could cost the industry close to €1B.

He outlined the key changes that effect business taxation and advised particularly on tax reliefs such as pension planning, EIS Relief as well as options on Retirement and Entrepreneurs Relief and other issues effecting businesses.



Marcus Tracey, Paul O Neil, Sarah Brosnan, Mark Scally and Michael Coughlan pictured at The Great Southern Hotel in Killarney for OCKT luncheon briefing. Photographs by Sally MacMonagle.



Colm Cooper and Ronan McCauliffe, AIB with Sarah Brosnan from OCKT pictured at The Great Southern Hotel in Killarney for OCKT luncheon briefing.



Mary O Riordan, The International Hotel, Johnny Greene, Slmon Galvin from Galvin Property Partners, Johnny Maguire, Bricin Restaurant, Sarah Brosnan OCKT and Noreen O Sullivan from The International Hotel Killarney pictured at The Great Southern Hotel in Killarney for OCKT luncheon briefing.

KEY POINTS - BUDGET 2020

HEALTH

€30m increase to the over-70s medical card budget, which will help 56,000 people and means the weekly income threshold will rise to €550 for a single person and €1,050 for a couple.

Prescription charges for over-70s cut by 50c, to €1. Cap on a family's monthly drugs payment scheme reduced by €10, to €114.

Free dental care for under sixes and free GP care for under eights, delayed until September.

ENVIRONMENT

Carbon tax expected to rise by €6 per tonne.

Polluted-linked charges for new petrol and diesel cars.

BREXIT

€900m to cope with a no-deal Brexit.

€100m to help tens of thousands of people at risk of losing their jobs.

Extra €10m available for loans to small at-risk companies.

HOUSING

Help-to-buy system to be continued, helping thousands of first-time buyers to afford deposits, This may be tweaked to ensure wealthy buyers are excluded.

SOCIAL PROTECTION

Minimum wage to rise by 30c, but delayed until March in no-deal Brexit scenario.

Christmas bonus for welfare recipients to be retained.

Increase in qualified children's allowance and living alone allowance, but across-the-board €5 increases for pensioners and other social welfare recipients to be scrapped.

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Music by Renovator followed by DJ



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- Band & DJ

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14th December
Music by Pearls followed by DJ

20th December
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KILLARNEY TOWN TALK



Joseph & the Amazing Technicolor Dreamcoat, Killarney Musical Society's 2020 production set to hit the stage at the INEC 25-27th February. Pictured at the Dromhall Hotel on information/launch night were L-R Tim O'Sullivan, Orna Cleary O'Shea, Irene Hurley (Chairperson), Orlaith Monks, Brid O'Callaghan & Noel Lennon (Musical Director). Back Row L-R Siorcha O'Connor, Phil Spillane, Peter Kennedy (Creative Director), Ilona McCubbery & Mary O'Callaghan. Picture Marie Carroll-O'Sullivan

KMS LAUNCH THEIR 2020 MUSICAL

Killarney Musical Society held a very successful launch night on Wednesday night last, and we are both delighted and excited with the turnout and the level of enthusiasm which was so evident on the night. Thank you to everyone that showed up to Launch night, if however you didn't get the chance to join us, don't worry, next up are Auditions, so please keep an eye on our notes here, or check us out on our social media outlets and make contact with us. As I have already mentioned, Joseph comes from a big family of brothers so gentlemen..... we need your presence. Joseph and the Amazing Technicolor Dreamcoat is a fabulous show and you really should try your best to be a part of it, the fun, the music, the laughs, what better way to spend a Winter season than in our company, making friends and memories for life.

KWOTE WOMENS GROUP

KWOTE Killarney Women's Organisation for training & Empowerment monthly meetings will be on Wed Oct.16th at 8pm in Scotts Hotel. Guest speaker will be Maggie Bartley, who has 30 years general Nursing experience. Maggie also has vast experience in complementary therapies, from energy healing, Reflexology, and Kinesiology and will discuss the health benefits of these.

RAMBLING HOUSE

Rambling House at Scartaglen Heritage Centre Monday October 14th at 9pm.

Admission free, raffle and refreshments. All are welcome.

HOSPICE COFFEE MORNING

Milltown Ladies Group are holding a coffee morning in support of Kerry Hospice Foundation at Nagle Rice Community Centre on Friday October 11th from 9am to 1pm. Everyone welcome, please come to support this great local provider of Palliative Care in Kerry.

COMMUNITY ROADSHOW

South Kerry Development Partnership CLGs 'Community Roadshows' are taking place across South Kerry over the next fortnight. Join us in the Killarney Heights Hotel on Monday 21st Oct from 4-8pm for a drop in community event. We will be joined by a number of agencies and community groups who will be promoting their services and activities. It is also a chance to find out what's going on in your community. Agencies, Community Groups and Individuals welcome. Please contact Éadaoin Moynihan, SKDP, 0871906450 or emoynihn@skdp.net for more information. www.southkerry.ie

CUPS FOR BREAST CANCER

Mary Horan and friends are hosting a coffee morning "cups for breast cancer" at the heritage centre scartaglen on Sunday the 27th of October from 10am-1pm, everyone welcome. Donations can be made on the day and would be gratefully appreciated.



Peadar & Hannah Keogh from Park Drive celebrated their 50th Wedding Anniversary in hotel with us last Saturday, their children organised it a surprise party

ANNUAL OLD KENMARE ROAD WALK

The annual walk in aid of Multiple Sclerosis South Kerry Branch takes place on Sun Oct 13th. Buses leaving Gleneagle Hotel car park from 9am Please call Pat O'Neill 0646631982 or John O'Shea 0872348824 for details & cards.

YOUTH MUSIC MINISTRY WORKSHOP

Well-known composer and musical director, Ian Callanan, will present a youth music ministry workshop on Saturday, October 19th 2019 in the Kerry Diocesan Youth Service building in Killarney (KDYS - beside the Friary). Registration for the workshop will begin at 9:30am, the workshop itself will begin at 10:00am and finish at 1pm. Music will be provided on the day. Costs per participant - €10.00. For booking and information contact Tomás Kenny on 086 3683778 or email tomaskenny@dioceseofkerry.ie

RAINBOWS

Maine Valley Family Centre Castlemaine will run their next Rainbows Programme starting on 5th November 2019. This is a Bereavement programme suitable for children aged 7 & 8 years who are affected by the death of a parent, grandparent, aunt, uncle or sibling. Maine Valley Family Centre Castlemaine will run their next Rainbows Programme starting on 5th November 2019. For further information or to book a place phone Helen/Maine Valley Centre on 066 9767833 or 086 0580019.



PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

MOTOR NEURONE INFORMATION EVENING

Kerry friends of motor neurone are hosting an information evening on Thursday 17th October 2019 at the Plaza hotel Killarney at 8 pm.

Speakers on the night will include a Motor neurone sufferer, Motor neurone specialist nurse, Family members talking about their experience of motor neurone disease and an Imnda regional development officer. On the night Kerry Friends of Motor Neurone will make a cheque presentation to the Irish Motor Neurone Disease Association. Everyone is welcome.



Baby Aideen O'Callaghan, pictured at Hotel Killarney on her christening day with her Mum Denise, Dad Aiden, sister Georgie Mai, Brother Adam and family & friends. Picture Marie Carroll-O'Sullivan

ST PADRE PIO

Mass and devotions in honour of St Pio will take place in Our Lady of Lourdes Church, Kilcummin, on Thursday, Oct 17th at 7.30pm. A priest will be available to hear Confessions. There will be a life size statue of St Pio and the First Class Relic of St Pio will be available for blessings. All welcome.

ICS COFFEE MORNING

Coffee Morning for the Irish Cancer Society. There will be a Coffee Morning at the clubhouse on Saturday October 19th from 10am to 12noon in aid of the Irish Cancer Society's Palliative Care Night Nurses. This event is open to everyone in the community. Hope to see you there.

SHOEBOX APPEAL

Team Hope is encouraging families, friends, schools, community groups and businesses across Kerry to work together and inspire teamwork as it aims to surpass its 2 millionth shoebox and deliver a record-breaking 280,000 gift-filled shoeboxes to children affected by poverty by Friday, November 8th.

Getting involved with Team Hope's Christmas Shoebox Appeal is simple. All you have to do is find an empty shoebox, wrap it in Christmas paper and fill it with gifts for a boy or girl aged between 2 and 14, attach €4 and bring it to a local drop off point before Friday, November 8th. When considering items that are best to gift, think of the 4W's:

Write – pen, pencil, copybook, paper, colouring book, felt pens, sharpener, eraser, solar calculator (these children have no access to batteries).

- Wash – toothbrush and toothpaste, soap (wrapped), facecloth, hairbrush, comb.
- Wear – a hat, scarf, gloves, socks or underwear.
- Wow – sunglasses, games, small Irish gift, a photo of yourself, sweets (must be in date until at least April 2020), make up, a small musical instrument, toys like a doll, a car, cuddly toy, skipping rope, yo-yo or finger puppet.

There are many drop off points in County Kerry including all Dealz, Axa, FastFit/FirstStop branches and Toymaster stores. To find your nearest drop-off point, visit <http://www.teamhope.ie>.

KILLARNEY STUDENTS RECEIVE THEIR JUNIOR CERT RESULTS



Pictured at St. Brigid's Presentation Killarney were Rebecca Kenny Emma Myers Katie O'Connor Sarah McGrath Caitlin Cronin



Miss Ó Mahoney, Martyna Leane, Rachel O'Keeffe, Rebecca O'Callaghan and Mr Lynch pictured at Killarney Community College on Junior Certificate Results day



Kerry College of Further Education & Training is the largest provider of further education and training in the County. We offer a range of further education and training programmes in three areas: **courses for employment**, **courses for progression** and **apprenticeships**.

Monavalley Campus

COURSES FOR PROGRESSION & EMPLOYMENT

CODE	COURSE TITLE	START DATE	DURATION/ WEEKS
ET09447	Regional Tour Guiding, Caherciveen Become a qualified regional tour guide for County Kerry.	14 October	16
ETS96	Overhead Lines Operative Traineeship, Abbeydorney High Job Placement. Only one in Ireland.	14 October	36
ET09270	National Tour Guiding Become a qualified to guide anywhere in Ireland.	21 October	26
ET0N1	Reception & Clerical Skills, Killarney Start your journey in Office Administration and Customer Service.	4 November	19
ET20D	Food Preparation and Cooking, Dingle An excellent introduction to the Culinary Arts.	11 November	20
ET1Z3	Surf Instructor & Beach Lifeguard Learn two key outdoor activity skillsets in the off-season.	11 November	25
ETS283	NEW Digital Journalist & Radio Producer Traineeship Broadcast Radio, Podcasting, Digital Storytelling. Only one in Ireland.	18 November	50
TRS36R	Wind Turbine Maintenance Technician Traineeship Unique industry-led traineeship with 100% job placement. Only one in Ireland.	18 November	38
ETS9209	NEW Digital Marketing & Sales Traineeship An all-new sales focused Digital Marketing Training Programme.	18 November	48
TRSY20	Broadcast Production Skills Traineeship Nationally renowned traineeship for crew skills. Only one in Ireland.	25 November	52
ET07114	Bus Driver - D Licence Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit.	25 November	12
ET09383	Heavy Goods Vehicle Driver - C Licence (Rigid) Achieve C-Licence & CPC. Pre-Requisite: C-Licence Learner Permit.	2 December	8
ET10122	NEW Software Development Diploma Accelerated bootcamp programme by Code Institute. Only one in Ireland.	2 December	15
ET008	Coded Pipe Welding Get ASME IX and EN 9606-1 certified.	13 January	24
ET08734	European Computer Driving Licence V6 (ECDL) Master your PC skills. Internationally recognised qualification.	17 February	18
ET08813	NEW Computer Aided Draughting & Design Newly Revised & Updated. Become a qualified CAD Technician.	24 February	34
ETS95	Retail Skills Health & Beauty (Pharmacy) Traineeship Comprehensive training for pharmacy and over the counter sales.	2 March	39
ET07114	Bus Driver - D Licence Gain D-Licence & CPC. Pre-Requisite: D-Licence Learner Permit.	2 March	12
ET3R6	NEW Construction Ground Work Skills Develop key construction and groundwork skillsets.	2 March	22
ET07062	Manual & Computerised Payroll & Bookkeeping, Killarney Become job ready in this essential business skill.	23 March	13
ET20D	Food Preparation & Cooking Fantastic introduction to the culinary arts.	11 May	20
ET08585	Digital Photography Learn the craft of digital photography.	25 May	14

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An Roinn Oideachais
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Education and Skills



Courses are offered subject to demand. Limited places available on certain courses.



The poster for Killarney Community College Open Night features a large, colorful collage on the left side. The collage includes a close-up of a smiling girl's face, a group of students in a classroom, a school building, and various smaller images of students and staff. Above the collage, the college's logo is displayed, featuring two stylized leaves and the text 'Est. 1903'. Below the logo, the college's name 'KILLARNEY COMMUNITY COLLEGE' is written in bold, capital letters. The main text of the poster reads 'OPEN NIGHT' in large, bold, white letters, followed by 'Monday 14th October 2019' and 'Principal's Address 6.30pm'. Below this, it says 'Classrooms open for viewing 7.00pm' and 'Open to 5th & 6th Class pupils and your parents'. A purple banner at the bottom of the poster contains the text 'Countdown to OPEN NIGHT only 3 days to go!' and 'Enrolment begins on Open Night. Closing date for receipt of Enrolment Forms - 25th October 2019'. Below the banner, it says 'Limited places available in First Year' and 'Submission of Enrolment Form does not guarantee a place in the College'. At the bottom right, there are social media icons for Instagram, Facebook, and Twitter, and a small circular logo.

KILLARNEY COMMUNITY COLLEGE

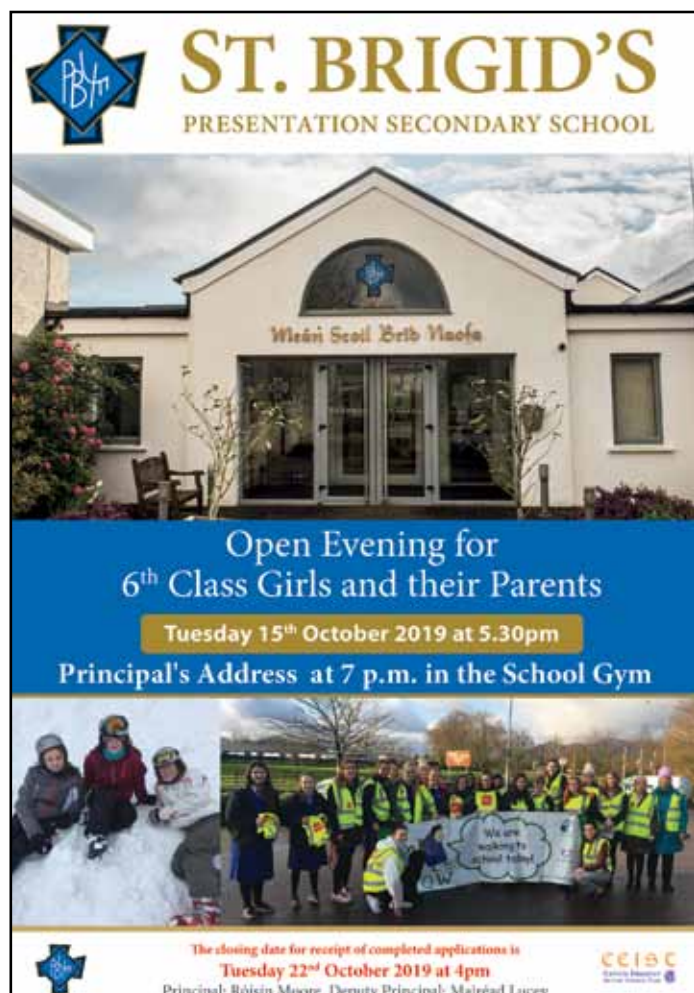
OPEN NIGHT

Monday 14th October 2019
Principal's Address 6.30pm
Classrooms open for viewing 7.00pm
Open to 5th & 6th Class pupils and your parents

Countdown to OPEN NIGHT only 3 days to go!

Enrolment begins on Open Night. Closing date for receipt of Enrolment Forms - 25th October 2019
Limited places available in First Year
Submission of Enrolment Form does not guarantee a place in the College

Follow us on:   



The poster for St. Brigid's Presentation Secondary School Open Evening features a photograph of the school's entrance, which has a large arched doorway and a blue cross logo above it. The text 'Wíleán Scóil Bríde Nuafo' is visible above the entrance. Below the photograph, the text reads 'Open Evening for 6th Class Girls and their Parents' and 'Tuesday 15th October 2019 at 5.30pm'. Below this, it says 'Principal's Address at 7 p.m. in the School Gym'. At the bottom of the poster, there is a photograph of a group of students and staff standing in front of a banner that says 'We are working to make a difference'. Below the photograph, it says 'The closing date for receipt of completed applications is Tuesday 22nd October 2019 at 4pm' and 'Principal: Róisín Moore Deputy Principal: Mairéad Lucey'. The CEISC logo is also present at the bottom right.

ST. BRIGID'S
PRESENTATION SECONDARY SCHOOL

Wíleán Scóil Bríde Nuafo

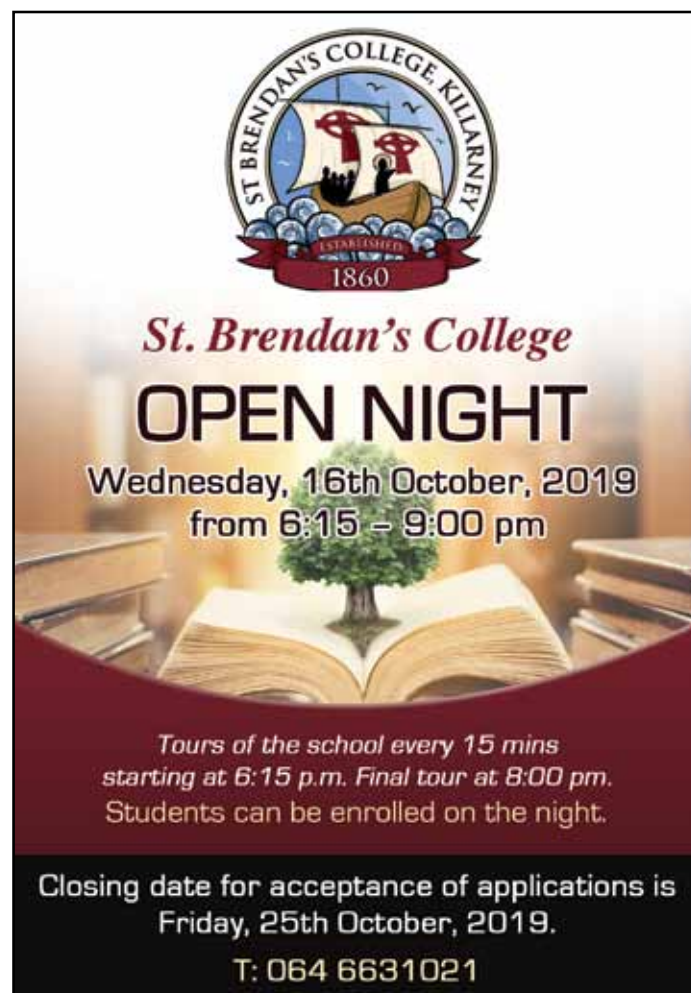
Open Evening for 6th Class Girls and their Parents

Tuesday 15th October 2019 at 5.30pm

Principal's Address at 7 p.m. in the School Gym

The closing date for receipt of completed applications is
Tuesday 22nd October 2019 at 4pm
Principal: Róisín Moore Deputy Principal: Mairéad Lucey

CEISC



The poster for St. Brendan's College Open Night features a circular logo at the top with a ship and the text 'ST BRENDAN'S COLLEGE KILLARNEY' and 'ESTABLISHED 1860'. Below the logo, the text reads 'St. Brendan's College' and 'OPEN NIGHT'. Below this, it says 'Wednesday, 16th October, 2019' and 'from 6:15 - 9:00 pm'. Below the text, there is a photograph of an open book with a tree growing out of it. Below the photograph, it says 'Tours of the school every 15 mins starting at 6:15 p.m. Final tour at 8:00 pm. Students can be enrolled on the night.' At the bottom, it says 'Closing date for acceptance of applications is Friday, 25th October, 2019.' and 'T: 064 6631021'.

ST BRENDAN'S COLLEGE KILLARNEY
ESTABLISHED 1860

St. Brendan's College

OPEN NIGHT

Wednesday, 16th October, 2019
from 6:15 - 9:00 pm

Tours of the school every 15 mins
starting at 6:15 p.m. Final tour at 8:00 pm.
Students can be enrolled on the night.

Closing date for acceptance of applications is
Friday, 25th October, 2019.
T: 064 6631021



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Saturday 19th October 10am - 1pm
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- Administration and interpretation of Psychometric Test and Career Assessments.

ADULT CLIENT

- Career assessment and exploration.
- Information and guidance on education options for returning to education.
- Assist client with career change or development through identifying opportunities for re-skilling or upskilling.
- CV preparation, interview skills and presentation skills and all other educational and career related information not listed.

Experience in second level and adult guidance, with up to date Garda vetting and registered with Teaching Council. Professional affiliations with the IGC and PSI.



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gracetit39@yahoo.com
or by text only on 089 9582061



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DEREK RYAN 11PM - 1AM
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SATURDAY 26
OCTOBER '19




AFTERNOON CEIL WITH
TIM JOE & ANN RIORDAN 2PM - 5PM
TICKETS €10
PATRICK O'SULLIVAN 9PM - 10.30PM
TRUDI LALOR 10.30PM - 11PM
PATRICK FEENEY 11PM - 1AM
TICKETS €20

SUNDAY 27
OCTOBER '19




AFTERNOON CEIL WITH
NEILY O'CONOR 2PM - 5PM
TICKETS €10
DAVE LAWLOR 9PM - 11PM
MICHAEL ENGLISH 11PM - 1AM
TICKETS €20

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KILLARNEY
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Performance management

Performance management is the activity and set of processes that aim to maintain and improve employee performance. Its aim is to ensure that employees contribute positively to your Business.

VIEWPOINT

- Any business with employees should have a documented performance management structure in place.
- If people are the greatest creators of value in organisations, then good performance management is critical for success.
- Employees must understand what's expected of them, and to achieve those goals they need to be managed so that they're motivated, have the necessary skills, resources and support, and are accountable.
- Broadly, good performance management revolves around regular, effective feedback on progress towards objectives.
- People managers are instrumental in performance management. Managers need to be suitably skilled and supported by performance management processes that are fit for purpose.
- Occasional processes, such as annual performance reviews and pay setting, can be useful, but shouldn't be the main focus.

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.

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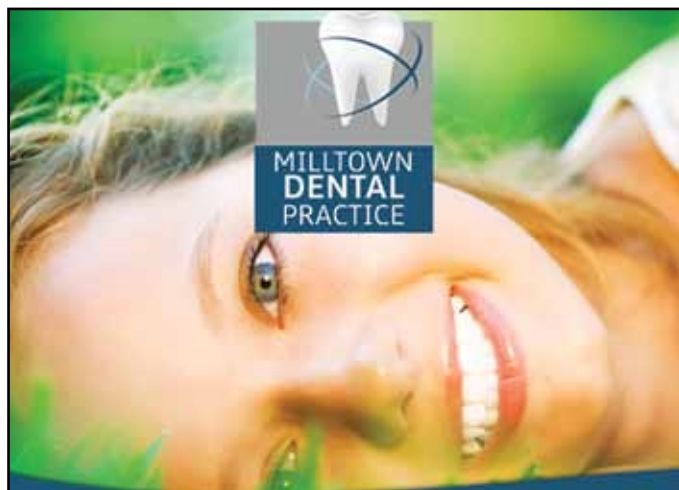
Improves Immune Function. Believe it or not, expressive writing can strengthen your immunity and decrease your risk of illness. Those who journal boast improved immune system functioning (it strengthens immune cells!) as well as lessened symptoms of asthma and rheumatoid arthritis. Expressive writing has been shown to improve liver and lung function and combat certain diseases; it has even been reported to help the wounded heal faster.

Keeps Memory Sharp. Journaling helps keep your brain in tip-top shape. Not only does it boost memory and comprehension, it also increases working memory capacity, which may reflect improved cognitive processing.

Boosts Mood. Want more sunshine in your life? Try journaling. A unique social and behavior outcome of journaling is this: it can improve your mood and give you a greater sense of overall emotional well-being and happiness.

Strengthens Emotional Functions. Related to mood is how journaling benefits overall emotional health: As journaling habits are developed, benefits become long-term, meaning that diarists become more in tune with their health by connecting with inner needs and desires. Journaling evokes mindfulness and helps writers remain present while keeping perspective. It presents an opportunity for emotional catharsis and helps the brain regulate emotions. It provides a greater sense of confidence and self-identity. Journaling can help in the management of personal adversity and change, and emphasize important patterns and growth in life. Research even shows that expressive writing can help individuals develop more structured, adaptive, and integrated schemes about themselves, others, and the world. What's more, journaling unlocks and engages right-brained creativity, which gives you access to your full brainpower. Truly, journaling fosters growth. *Continued Next Week*

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Paul Reen

- Qualified in 2015 from Queen Margaret University Edinburgh with MSc Physiotherapy
- Experience working in Edinburgh for the past 4 years
- Keen interest in the prevention and rehabilitation of sports injuries as well as the management of long term conditions



Jimmy Galvin MISCSP MCSP

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How to follow your callings

We often hear of people being 'called' to do something. It might be to write a book, start a new career, begin a new relationship etc. Whatever the "call" might be they are usually signs of something that we know is right for us to do. However, many people have great resistance to what they know deep within their hearts because it usually means some kind of change will have to happen. However, change is the only constant thing in our lives and when we can embrace it we allow ourselves to move, flourish and grow.

Top three ways to listen to and follow your callings

- Take note of any signals you've been receiving

around you in the form of dreams, cravings, fears, resistance, fantasies etc. Be aware of the feedback that your life is giving you.

- Ask yourself if the "call" gives you a sense of aliveness or excitement (even if it feels scary?) This is often a good indication as to the importance of the call.
- Enter the stillness and move into "what is." Allow yourself to be quiet and to spend time where you can hear your own voice above the noise of everything else.

I am co-hosting a beautiful retreat at the Meadowlands hotel on Nov 15, 16 & 17. This is a glorious wellbeing package including accommodation, food, welcome reception on Friday 15th November and the most inspiring and healing workshops throughout Saturday and Sunday. Please call the meadowlands hotel to book. 066 7180444

Astrid Longhurst

Life & Body Confidence Coach

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DRY EYE

WHAT IS DRY EYE?

People with dry eye either don't make enough normal (lubricating) tears or the ones that they make are of poor quality, causing the tears to dry up too quickly and the front of the eye to become dry and irritated. As a result, dry eye can be uncomfortable and cause the eye to produce the watery type of tears. This only helps for a short time – leaving the eye uncomfortable and gritty. If your eyelids are sore and red, you may also have another condition called blepharitis. Blepharitis is a condition that affects the eyelids making them sore and inflamed. If the eyelid glands become blocked, you may have a condition called meibomian gland dysfunction. It is quite common to have a combination of these conditions. Dry eye doesn't tend to cause serious damage to the eyes, but it can be very uncomfortable. Severe cases do have a risk of causing long-term damage, but fortunately these are rare.

RISK FACTORS

Dry eye is much more common in people over the age of 50. This is often because the glands that make the normal tears, and particularly the oily part of the tears, tend to become less effective as you get older. Also the tears tend to spread across the eye less well with age.

Some general health conditions can cause dry eye as a side effect, such as autoimmune diseases and hormonal changes. The condition is also more common in windy, cold, dry and dusty conditions.

If you're concentrating on your computer or smartphone for long periods of time without a break, this

may also make your eyes feel dry.

Air conditioning and central heating can make dry eye worse too, as can some medications and general health problems.

Smoking has also been linked to dry eye as it may both cause the condition and make it worse.

SYMPTOMS

People with dry eye may get some or all of the following symptoms.

- A sandy or gritty feeling
 - Sore eyes
 - Uncomfortable and sometimes painful eyes
 - An itching or burning sensation
 - Short-term blurred vision
- Watery eyes, as if you are crying (having watery eyes can mean you are producing poor-quality tears and actually have dry eyes)

TREATMENT

Most cases of dry eye tend to be a long-term condition, meaning that you'll need ongoing treatment.

There are lots of different types of drops and gels that can help your eyes feel more comfortable. The best ones don't have preservatives in them, or if they do they contain very gentle preservatives, which helps to reduce irritation. They may also contain an ingredient called sodium hyaluronate, known to be very effective in treating the condition.

It's important to use the correct type of drops. The wrong drops are unlikely to cause any harm, but they won't help as much. If your drops aren't working or you're not sure which drops to use, you're a sight test can help determine the best treatment options.

For more information and honest advice contact us for an appointment.

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RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

TEACH IOSAGAIN RATHMORE Split the Pot in Association with Rathmore Community Council with Rathmore Ravens, Sliabh Luachra Cycling Club & Sliabh Luachra Men's Shed. Be in with a chance to win. Tickets available from ticket sellers & in local businesses. Tickets €2 each or 3 for €5. Yearly Ticket €90. 3 Yearly Tickets €250. Last week's draw was held in

Cahill's Bar. The winner was Paul Moynihan, Rathmore, who won €205. Congratulations to Paul. Rathmore Community Council. Rathmore 241 points in our category in Tidy Towns 2019. The bring banks at the back of McCarthy Londis shop – Free Glass, Drink Cans & Aluminium cans recycling for domestic households – are of great benefit to our community. Unfortunately, rubbish is being left and is a cause of great concern.

We would ask that anyone using this facility would put the materials in the appropriate bank and to take boxes, bags, etc. away with them and to keep it tidy and clean around the banks. Thank You.

RATHMORE GAA are offering a limited number of sideline advertising boards at their club grounds. Any business interested in displaying an advertising board, please contact Fintan on

086-0106639 or George on 087-7448954 for details.

IRISH HEART FOUNDATION are running a Hands for Life CPR1 AED I Class in Tureenacahill Community Centre on Saturday 12th October register contact 087 9924821/087 1271052 for all details. This is a free class.

GNEEVEGUILLA COMMUNITY DEVELOPMENT COUNCIL in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 4/10/2019.

The jackpot was €193. and our winner was Congratulations to Dave McAuliffe winner of this week's jackpot of €193.

Congrats to you Dave. Guaranteed winner every week, go to our Facebook page to find out how and where you can play <https://www.facebook.com/gneeveguilla/> Draw takes place every Friday eve @9pm on Facebook live This week we are in Petro's Bar Gneeveguilla.

RATHMORE COMMUNITY RECONNECTS Rathmore Celebrating Mental Health Awareness Week.

Come along to a morning of; The Tureenacahill Choir, GROW (well-being speaker), Gentle exercise & relaxation. All served up with some

light refreshments.

Tuesday 15th October Teach Iosagain (10am-1pm)

Rambling House at Scartaglen Heritage Centre Monday October 14th at 9pm.

Admission free, raffle and refreshments. All are welcome.

KILLARNEY LIBRARY A number of events are taking place at Killarney Library for Mental Health and Well Being Festival. For further information please see www.kerrylibrary.ie Free admission to all events

SYMPATHY sympathy to families & friends Dermot O' Callaghan Shronebeha Banteer & NORA NAGLE (née Ryan), Rathmore.

Eileen Hickey (née O'Mahony)

Hollymount Cross, Knocknaloman, Rathmore, May they all rest in peace

ROSARY In conjunction with "Coastal Rosaries" there will be a rosary at the Grotto in Gneeveguilla weather permitting otherwise in the Church at 12.15 on Sunday October 13th.

NOTES if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before 6pm Sunday.

FOSSA NEWS

Written by: Shane Kelly

BOOK LAUNCH: On October 25th at 7.30pm the club is launching our eagerly awaited 50 year book Pat Spillane will be there on the night to officially launch the book pls come along. Book on sale on the night for €25.00 at the clubhouse and also later that evening in the Golden Nugget.

FOSSA BOYS U16: Our U16 Boys had a very tough loss last Sunday against Kilcummin in the Division 2 East Kerry League final 0-20, 3-10

EAST KERRY: Congratulations to the East Kerry Senior team players and management

who defeated Kieran's O' Rahillys last Saturday evening especially to Paudie and David Clifford.

FOSSA SENIORS: Fossa play Listry in the O'Donoghue cup this Saturday at home time tbc.

FOSSA MINORS: Fossa minors play Glenflesk away in the first round of the East Kerry Championship time tbc

SCOR: East Kerry finals of Scór na nÓg (U 17) is coming up sometime in November. Usual competitions in Music, song, storytelling, dance and Novelty Act. Anyone interested in taking

part contact Theresa Kissane 087 6816169

LIBRARY: A number of events are taking place at Killarney Library for Mental Health and Well Being Festival. For further information please see www.kerrylibrary.ie

Free admission to all events.

FOSSA TWO MILE COMHALTAS Adult Set Dancing Classes take place in Fossa Community Centre on Tuesday nights. Beginners 8pm Improvers and Advanced 9pm. Details contact Catherine 087 6799330. All welcome.

Killarney Comhaltas News

By: Joan Pollard Carew

A new centre for Kerry Comhaltas The Dúchas centre was officially

opened in Tralee on Wednesday last, with a celebration of music and dancing our over 35s all Ireland champion set

dancers featured in the celebrations together with numerous other dancers and musicians Director General of Comhaltas Labhrás O'Murchú officially opened the centre and spoke of the importance of our traditional music dancing

and singing and our native language. The centre is located in the Kerry Sport Academy building at IT Tralee North Campus and comprises a 150 seated theatre, a large stage, and sound room and storerooms.

Adult set dancing classes will recommence in the Torc Hotel, next Monday, October 7th, further details from Ann Mangan 087 9403508, Junior set dancing classes for beginners recommence soon in Spa clubhouse with Triona and Mairead, contact 0876808962 or 087 6554545

Our music classes will resume on Saturday 12th October in St Brendan's College, further details contact Eoin 087 876155253.

Torc Set Dancing Festival is celebrating their eight-year this November, with three Ceili and Three set dancing workshops. The festival runs from 15th to 17th November hosting Johnny Reidy Ceili Band on Friday night The Abbey on Saturday night and the finale ceili sees The Kingdom Ceili band on stage. The festival also boasts three-set dancing workshops with Timmy Woulfe. Please contact Joan at 086 8718819 for all festival inquiries.

Our next branch meeting which is our AGM will take place on Tuesday 15th October at 9 pm in The Meeting Rooms Park Road, all members are requested to attend.



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MILLTOWN | CASTLEMAINE NEWS

Written by: Deirdre O'Sullivan

COMHBHRÓN: We extend our sympathy to the McKenna and Moriarty families in our community on the recent death of their nephew/cousin John O' Donoghue, Glenflesk. May John Rest In Peace.

JUNIOR CERTIFICATE RESULTS: Comhghairdeas to all our young footballers who received their Junior Certificate results on Friday last. We hope you are proud of your achievements and wish you well in the future.

BLAS NA HÉIREANN IRISH FOOD AWARDS: Huge congratulations to Larkins Bakery, Milltown on winning 2 prestigious Gold Blas Na hÉireann Irish Food Awards for their Tea Brack and Cranberry Soda Bread at the Dingle Food Festival last weekend. Each week, Larkins Bakery provide complimentary Tea Brack for all our card players at our weekly 31 Card Drive in Nagle Rice Community Centre. Sincere thanks to Gerard, Helen, Mairead, Eleanor, Paudie and Larkin Ann for their generosity. We wish you continued success in the future.

KELLY'S LONDIS TOP SHOP: Congratulations to one of our Senior Board Sponsors-Seamus Kelly, Top Shop, on the recent refurbishment of his retail premises in Milltown. It looks quite impressive- I'm sure you'll agree. We wish Seamus continued success in the future. Maith thú!

HOSPICE COFFEE MORNING: The Milltown Ladies Group will host a coffee morning on Friday October 11th. The venue is Nagle Rice Community Centre- 9 a.m. to 1 p.m. Why not come along and enjoy a nice cup of coffee and raise much needed funds for a very worthy charity.

UNDER 6 BOYS AND GIRLS, UNDER 8/10 GIRLS:

The above group of footballers had their final training session of the season at the GAA Grounds on Sunday last- played in the beautiful sunshine. It was wonderful to see the improvement in their skills and

most importantly the enjoyment that they experienced all summer long. All participants received a medal and a goodie bag. There was a fantastic display of home baking and treats laid on at the clubhouse. A thank you to the coaches who made both the day and the whole season a huge success.

UPCOMING FIXTURES: Sunday October 13th: Mid Kerry Senior Championship 2019 (Michael O' Connor Memorial Cup) Preliminary Round -Extra-Time Playable
Cromane vs Milltown/Castlemaine (in Milltown) at 1:00pm

Sunday October 20th: Mid Kerry O'Sullivan Cup: Semi-Final-Extra Time Playable
Milltown/Castlemaine (Home) vs Winners of Cromane & Laune Rangers

Saturday October 26th: Mid Kerry Minor Championship (Derry O Sullivan Memorial Shield).-Preliminary Round (Extra-Time Playable)

Milltown/Castlemaine (Home) vs Keel/Listry at 3.30pm.

MILLTOWN LISTRY SENIOR LADIES COUNTY LEAGUE FINAL: Commiserations to the above panel who lost out to Dr. Crokes on Sunday afternoon last, in the Division 2 County League Final- played in John Mitchel's Park, Tralee It was a thrilling game from start to finish with all players playing their hearts out. Milltown Listry got off to a great start but Dr. Crokes came back in 2nd quarter to level matters before half time. It was Dr. Crokes who had a 3 point margin at the final whistle. Final Score: Dr. Crokes: 4/07, Milltown Listry: 2/10. Congratulations to Dr. Crokes. Thanks to Nigel and Damian as well as Phil for all their commitment to this group of footballers.

31 CARD DRIVE: TUESDAYS @ 9.00!

We had another great turn out at our Progressive 31 Card Drive on Tuesday last. Why not join us this Tuesday in Nagle Rice Community Centre at 9 p.m. for some great cards.

Here is a list of the lucky winners:

1st Kathleen Doona & Michael Sullivan, 2nd Margaret Gill & Eileen Moriarty
Ladies: Mary & Peg Kissane, Gents: Patsy O Shea & Donal O'Connor

Mixed Dan McCarthy & Marie O'Connor

RAFFLE WINNERS: 1ST Peggy Leane 2ND John Langford and 3RD Donal O'Connor

There's nothing like a good game of cards and a cup of tea to cheer you up. The brack will be buttered and the kettle will be boiling! Some great prize money to be won in both the cards and the raffle too!

FUNDRAISING LOTTO JACKPOT DRAW:

MATCH 3 WINNER Congratulations to Paudie Delaney, Keel who was a winner in our Match 3 Lotto Jackpot draw on Sunday last in The Plough Bar. Match 3 numbers were: 7, 13 and 26. Lotto Jackpot is now €10,400 with €200 for a Match 3.

Next draw on Friday October 18th.

Míle buíochas to all those who support our fundraising Lotto. It is sincerely appreciated.

MILLTOWN MOTHERS AND OTHERS Ladies from our club enjoyed a wonderful weekend of football at the All Ireland Blitz in St. Sylvester's Club, Portmarnock on Saturday last. Despite the terrible weather conditions -much fun was had and great football played. We won 4 of our 5 games which is testament to the great work our trainers Lorraine, Adele, Jamie, Eilis and Emma put into our many training sessions over the past 6 months. Congratulations to Mags Harmon who was presented with 'Player of the Tournament' on Saturday evening. Mags received a lovely trophy kindly sponsored by Gerdie and Vincent Murphy, Castleisland.

We are already looking forward to next year!

MILLTOWN LISTRY CCE: The Milltown Listry branch of Comhaltas Ceoltóirí Éireann will hold their AGM and membership enrolment on Wednesday October 9th at 8 pm in the Nagle Rice Community Centre. All welcome!

BEAUFORT NEWS

Written by Cliona Coffey

GAA NOTES

U12 GIRLS Congratulations to our U12 Girls who had a great win over Milltown/Listry in the East Kerry Div 2 final on Tuesday. The girls put in a great performance and it was a lovely way to finish off the season. Well done girls.

SENIOR LADIES Hard luck to our Senior Ladies who were defeated by Abbeyside from Waterford in the Munster quarter final on Sunday in Mallow. They had a great year, winning the county Intermediate final, and with such a young team they have a bright future ahead.

LOTTO The next lotto draw for a jackpot of €2,800 will be in Kate Kearney's Cottage on Sunday, 13th October

FIXTURE Mid Kerry senior championship will begin on Sunday, 13th with Beaufort home to Keel in round 1. Extra time if necessary.



Beaufort U12 Girls after winning the East Kerry Div 2 final.

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GLENFLESK NEWS

Written by: Seamus Healy

CONDOLENCES Glenflesk Gaa offer our deepest condolences to the family and relatives of the late John o Donoghue, Upper Killaha who died recently, may his soul rest in peace.

U16 EAST KERRY CHAMPIONSHIP FINAL
Glenflesk 3 – 11 Legion 2 – 22

Glenflesk under 16,s were beaten by a powerful Legion in the East Kerry under 16 final in Listry on Sunday morning. See full match

END OF YEAR U10 BLITZ Despite the very wet and windy conditions a great day of football was had by over 100 boys and girls from Glenflesk, Gneeveguilla, Kenmare, Rathmore and Spa today at our annual U10 Blitz. In the Shield competition a very strong Kenmare team overcame Glenflesk in the final. In the Cup competition following a very tight, exciting final Spa pipped Glenflesk by the narrowest of margins. Well done to all of our players who played their hearts out and whilst disappointed can be very proud of their performances today. Many thanks to everyone on and off the field who helped make today a great success. A special word of thanks to the players and coaches of all the teams who helped us make the most of the adverse conditions...apologies to the parents for all the mud which the kids enjoyed!! Many thanks also to our four referees who were superb. Congratulations to Spa and Kenmare on their wins and we look forward to having all teams back next year. A final word of thanks to Tom Tobin

of Killarney Medals and Trophies who sponsored two player of the tournament trophies with Glenflesk's Niamh Brosnan deservedly winning the Girls trophy and Maurice Joy from Spa a very deserving and fitting winner of the Boys trophy

EAST KERRY U13 LEAGUE

Glenflesk 5 – 14, Kenmare 5 – 09

Glenflesk made it two wins from two in the East Kerry under 13 League with an impressive win over Kenmare on Friday in Glenflesk. In perfect conditions both teams came out to play attacking football and Kenmare struck for a quick goal to take the early lead. Glenflesk scored three points of their own before they got their first goal of the evening. They added two more quickly after as they used the high direct ball towards the goal to great affect. Kenmare though had some silky forwards of their own and scored a goal direct from a free kick before striking another before half time. It was three six to three four at the break. Kenmare started the second half on top and held a two point lead after creating another classy goal and a point to lead by two. This was to be the last time they would lead on the evening. Glenflesk scored a goal that just evaded the Kenmare goalie and trickled, barely across the line. A brilliant inch perfect pass from out the field and cool finish gave them a fifth goal and a healthy lead. It would now be about defence. They stood up to the challenge. Their tackling forced Kenmare out the field, and

when they were breached, an amazing, diving, fingertip save to his left by the goalie denied a shot that was destined for the top corner. Kenmare got the goal their efforts deserved arrived with a brilliant shot from twenty metres out but it was too late to save them.

An outstanding match then, with some top quality play from both teams. It is Glenflesk though who are the victors, as they keep their unbeaten home record at this age group going this year.

RAHEEN NATIONAL SCHOOL HUGE CONGRATULATIONS to our school football team on winning the Cumann na mBunscoil East Kerry Competition, we are delighted with our victorious school team and a special thanks to Michael O Keffee and Eugene Bowler for all their help. RAHEEN NS ABÚ

KILLARNEY LIBRARY A number of events are taking place at Killarney Library for Mental Health and Well Being Festival. For further information please see www.kerrylibrary.ie Free admission to all events.

GLENFLESK LOTTO No winner of the Glenflesk Lotto that took place on 7_10_19 In the Kerry Way Numbers were 10 12 14 20 . Jackpot of €10,600 not won. 1.Paudie O Leary. Knockdurath. Headford 2. Seller Corner Bar. 3.John Harrington Kilgarvan 4. Nora O Sullivan Knockanes Headford. The next draw will take place in John Dan's on 21_10_19 Jackpor €10,800

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KILLARNEY STUDENTS RECEIVE THEIR JUNIOR CERT RESULTS



Kate McCarthy, Amy Leahy, Tara Donnellan, Melissa Carroll, Claudia Counihan, Sarah Lyne and Ailbhe Gallagher at St. Brigid's Presentation school, Killarney.



Sean Coffey Principal with pupils Cathal Brosnan, James O'Shaughnessy, Andrew Lowin and Colm Loneywho received their Junior Certificate results at St Brendan's College, Killarney on Friday.



Daniel Sumigora Toncinski, Martyna Leane, Rachel O'Keeffe, Lorna Looney and principal Stella Loughnane at Killarney Community College.



Sean Coffey Principal with pupils Caolan Ireland, Dylan Shortt, Kalem Lloyd and Gearoid McGorrian who received their Junior Certificate results at St Brendan's College, Killarney on Friday.

SPA GAA

Written by: Deirdre O'Sullivan-Darcy

U10 BLITZ IN GLENFLESK Congratulations to our U10 boys on winning the Glenflesk annual blitz on Saturday. We took on very strong teams from Rathmore, Kenmare and Gneeveguilla; coming out winners on all 3 games. Next up was the final against a very strong Glenflesk side who also won their 3 games. Glenflesk got off to a flying start scoring 2 early goals leaving Spa trailing 4 points at half time. Our boys came out fighting in the second half and with 2 minutes to go they took the lead for the first time in the game. Glenflesk threw everything at us in the final minutes but our lads just about held on and came away one-point winners in what was a very exciting game. Final score Spa 1-05 Glenflesk 2-01. A magnificent game of football played in very wet and windy conditions. Also, congratulations to our very own Maurice Joy on receiving Player of the Tournament. Thanks to all at Glenflesk GAA for organising such a great tournament, especially James Furlong who put in a huge amount of work. Well done again to Spa and thanks to all the players and the parents who braved the bad weather conditions, it was all worth it in the end!

LOTTO RESULTS 23/09/2019 Numbers drawn:

5, 15, 25, 27. No winner **COFFEE MORNING FOR THE IRISH CANCER SOCIETY** There will be a Coffee Morning at the clubhouse on Saturday October 19th from 10am to 12noon in aid of the Irish Cancer Society's Palliative Care Night Nurses. This event is open to everyone in the community. Hope to see you there.

CO. CHAMPIONSHIP Well done to the East Kerry seniors, especially all our Spa people involved, in Rd3 of the Kerry Co. Championship against Kerins O'Rahillys to qualify for the quarter finals.

FINAL CALL FOR SCÓR PARTICIPANTS FOR 2019/2020 Any juvenile club members who may be interested in participating in the forthcoming Scór competitions are invited to contact Spa Scór Officer Eileen Aherne at 087-9940594 by Monday 30th Sept. Scór na nÓg is for members under the age of 17 on Jan 1st 2020 and Scór na bPaistí is for Primary school children. Scór categories: Figure Dancing, Solo Singing, Recitation/Storytelling, Instrumental Music, Léiriú/Drama, Ballad Group, Set Dancing and Table Quiz

UPCOMING FIXTURES Monday October 7th: U13 East Kerry League Spa v Kilcummin (in Spa at 6pm)

Saturday October 12th: O'Donoghue Cup Spa v Glenflesk (in Glenflesk at 4.30pm)

Sunday October 13th: East Kerry Minor Championship Div 3/4 Spa v Furies (in Spa at 12noon)

SPA PHOTOS We are in the process of putting up new photos around the clubhouse and are asking anyone with any photos or news clippings they might have from Spa events, teams, games or club members down through the years to contact Michael on 085 8213027 or Deirdre on 0851216359 for details.

JUVENILE TRAINING Our ABC, U6, U8 and U10 boys and girls training continues every Saturday morning from 10am. For more information on training times, please contact the Coiste na nÓg Secretary on 0871385612.

MERCHANDISE The Spa Merchandise Shop is located at the top of the stairs in the main reception. For enquiries and opening times contact Mathilda on 087 6487356.

SYMPATHY Sympathy is extended to the family of Donie O'Sullivan (RIP), Ballaugh and UK

CLUB NOTES Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 085 121 6359 before 8pm on Sundays

KILCUMMIN NEWS

Written by: John Moriarty

SYMPATHY Sympathy is extended to the family of Kathleen Lynch, Ballinamanagh who died recently. May she rest in peace.

AGM Kilcummin Comhaltas held their Annual General Meeting recently and managed a packed agenda on the evening with the substantial number in attendance.

The meeting reflected on a very positive year for the branch and all in attendance were looking forward to what the following year might bring.

The following were the officers that were put in place on the night: Chairperson Geraldine Pigott Vice Chairperson Tony O'Connor Secretary Louise Finnegan Ass Secretary Irene O'Donoghue Treasure Andrew McCarthy P.R.O Derek O'Leary Auditor Dan Greany Treorai Donal O'Sullivan Youth Officer Shauna O'Leary

County Board Delegates John Moriarty/ Geraldine Pigott President Joan McCarthy D.L.P Aine Ni Changhaile Garda Vetting Officer Louise Finnegan New Headquarters of CCÉ Charrai "Dochas" at the IT in Tralee

'MAKE WAY' We would like to ask car owners to make way for people with disabilities especially wheelchair users and to refrain from parking on footpaths and gateways within the Village especially within close proximity to the Church, Presbytery, School etc. We should also keep in mind parents with buggies and pedestrians in general who use the footpaths. Your consideration would be greatly appreciated.

FAREWELL EVENING For parishioners who wish to celebrate and honour the time Fr. Eamonn spent with us a celebratory evening will take place on Wed 16th Oct at 8pm in the Parish Recreational Hall. Envelopes are available in the Church Porch for anyone who would like to



Norita O'Sullivan from Ballyhar pictured in Reidy's Bar at the start of her hen party. The group travelled onto Kinsale for the celebrations

make a contribution and this can be put into the box in the porch, handed in to the Post Office or dropped into the Offertory Collection basket. Please state on your envelope the number from your household who will attend.

CRAFT FAIR Do you have a craft or business that you want to sell or showcase? Great opportunity available to do so at Kilcummin Craft Fair the weekend of the 7th and 8th of December. Each table cost €20 with table proceeds going to Parkinson's Association of Ireland. Contact Marie on 087 9181973.

COMHALTAS Kilcummin Comhaltas will be collecting at Tesco's Deer Park on the 18th October. Any support you can offer would be greatly appreciated. Contact Helen 087-1191353

COMMUNITY GAMES Anyone interested in taking part in; U12 & U16 Group Music, U12 &

U16 Group Singing, U12 & U16 Solo Singing, U12 & U16 Solo Music please contact Maria O'Leary 087 4619954.

LOTTO There was no winner of the Lotto on Friday 4th October. Numbers drawn were 1,2,19,22.

KILCUMMIN GAA Orders now being taken for Kilcummin merchandise for Christmas contact Marie Lehané on (087) 9181973 before December 1st.

GAA LOTTO There was no winner of the Lotto on Sunday 6th of October. The numbers drawn were 5, 11, 15, 27. Consolation prizes €50 Thadie O'Donoghue c/o Mike Teahan, €50 Alan Breen Toomore, €50 Brendan McSweeney, Toomore, €50 Danny O'Donoghue, Lower Blackpool, Cork. Next draw Sunday 20th October. Jackpot €8,700.



LISTRY GAA CLUB

NEWS

JUVENILE UPDATE: Week ending Sunday October 6th.

RESULTS. Mid Kerry U16 championship (league).

Lanue Rangers Blue 0.13

Keel/Listry 2.07.

East Kerry U13 League.

Kenmare Shamrocks 5.06

Keel/Listry 5.11.

FIXTURES FOR WEEK AHEAD Sunday 13th.

U16 Mid Kerry away to Beaufort at 12 noon.

U13 East Kerry League.

Friday 11th. TBC.

Home in Allman Park V Glenflesk at 6pm.

Please support our Juveniles.

LOTTO RESULTS 2, 4, 8, 16

€100 - Pat Moriarty, Rockfield.

€50 x 2 - Sharon Clifford, Keel. C. Coakley, Faha.

€25 x 2 - Tim McCarthy, Ballytrasna. Noreen Kelliher, Tiernaboul.

Draw Entrant: Senan, Estele and Ellie May.

Jackpot next week Oct 13th €4,550

EAST KERRY O'DONOGHUE CUP: Best of Luck to our Listry Senior Football team in The East Kerry O'Donoghue Cup V Fossa in Fossa on Saturday, October 12th at 3pm. Please come and support our Seniors.

MILLTOWN/LISTRY LGFA: Well done to our Ladies Milltown/Listry Ladies football in the Senior Co. League final v Dr. Crokes last Sunday. Final score Dr. Crokes: 4.7 Milltown/Listry 2.10.

LISTRY GAA FUNDRAISING UPCOMING EVENT: Night in the dogs at Tralee Greyhound stadium on Saturday 9th November in aid of our fundraising of a new Sports Hall in Listry. Race adverts for €150 and tickets now on sale from members for €10. All support greatly appreciated.

EAST KERRY GAA

NEWS

By Michael O'Mahony

DR. CROKES CLAIM BILL TANGNEY CUP

Dr. Crokes won the Bill Tangney Cup on Sunday, beating Cordal on a scoreline of 4-14 to 1-12. But it was Cordal's Jonathan O'Donnell, who started the scoring with a point, to which Dr. Crokes replied with one from Chris Doncel. Brian Reidy lofted a brace of white flags and Sean Walsh raised another for Cordal before Seán Magan pulled one back. Magan followed up with a goal for Dr. Crokes to take the lead for the first time in this game, a lead they never subsequently relinquished. Brian Reidy scored three more points for Cordal, all from frees, before the half-time whistle blew. Meanwhile, Dr Crokes added to their score, with two points from play by Brendan Falvey, two points from frees by Seán Magan and a point from play from Aaron Murphy. In the midst of all these points, Chris Doncel broke through the Cordal defence and had only the keeper to beat. But Nathan O'Rourke, in the Cordal goal, stood up and save the shot from Doncel. Dr. Crokes led by a goal at half-time, 1-7 to 0-7.

Dr. Crokes got off to the better start in the second half. A point from Chris Doncel and two



Well done to U13 Keel/Listry team in Kemare who defeated Kenmare Shamrock last Sunday

from Cillian O'Regan before Brendan Falvey slotted a goal. Brian Reidy pointed a free and then converted a penalty. Johnny O'Leary was adjudged to have pushed a Cordal player when trying to clear the ball from his square. In a quick response, Chris Doncel won a turnover and set up Bryan O'Shea for goal. Another Cillian O'Regan point was more than offset by two points from Brian Reidy. Mark Harnett came on as a substitute and made an immediate impact by scoring a goal and three points. Cordal finished the game with three points from Brian Reidy, Sean Walsh and Jonathan O'Donnell.

East Kerry Chairman, Johnny Brosnan, presented the Bill Tangney Cup to Dr. Crokes captain, Cillian O'Regan.

U16 EAST KERRY DIVISION 3 FOOTBALL CHAMPIONSHIP FINAL

Dr Crokes 3.07 v Furies 0.14

Furies controlled much of this division 3 U16 East Kerry final played in fine conditions in Rathbeg on Sunday morning. However Dr Crokes scored three goals in the second half to win the tie by two points. The third and decisive goal came on minute thirty and was scored by Liam Randles with a powerful shot and a wicket deflection to deceive the Furies goal keeper.

Crokes were first to settle and dominated the first quarter and were three points to one up after twenty minutes. Cian McMahon was dominant for Crokes scoring two with Cillian Courtney getting the other. Cian Doe was the most accomplished ball striker and dangerous forward for Furies. He scored three frees for Furies from distance as Furies dominated the second quarter. Peter Cosgrave from centre back for Furies had a point from long range before McMahon for had his third point just before half time. The sides were level on four points each at the break.

The Crokes captain Cian McMahon forced a double save from the Furies Keeper Brian McCarthy in the first minute of the second half. Furies then dominated with four points from Doe, Stephen Palmer, James Horgan and Colm O'Shea to lead by double scores. Dr Crokes keeper Shay O'Meara pulled off a fine save from Furies wing back Christopher Palmer before Cillian Courtney and McMahon got two points for Crokes. Cian Doe continued to dominate

for Furies with two further points, despite very close attention. Furies were five points up when Luke Ring scored a point after twenty minutes. Cian McMahon got his first goal on twenty one minutes, Teddy Muldoon hit the Furies crossbar after a goal attempt and Cian McMahon had two further goal attempts, netting one on minute twenty four. Cian Doe reduced the deficit to one point before the deflected goal. Four minutes of injury time was played and Furies were able to score two further points from Stephen Palmer and Brian Burke. However time ran out and Dr Crokes ran out winners by two points 3.07 v 0.14

Denis McCrohan was on hand to present the cup to the Dr Crokes captain Cian McMahon. He thanked the referee John Purcell and the sponsors MD O'Shea.

Teams Dr Crokes: 1 Shay O Meara, 2 Liam Sheehan, 3 Harry Byrne, 4 Erin Moloney, 5 Jack Lynch, 6 Nathaniel Doncel, 7 Dara Looney, 8 Charlie Keating, 9 Liam Randles, 25 Alex Hennigan, 11 Mark Clifford, 12 Sean Fitzgerald, 24 Michael Lynch, 14 Cian McMahon (capt), 15 Cillian Courtney

Subs 16 Mark Long, 17 Cormac Roe, 18 Eoghan O Dubháin, 19 Shane McAllister, 20 Karl McCarthy, 21 Teddy Muldoon, 22 Conal Gallagher, 23 Scott O Meara, , 26 Robbie Hartnett, 10 Jason Lee, 13 Ronan Coffey.

Bainisteoir: James Fleming

Roghnóirí: Justin Bennett, Leo Randles, Seanie O Shea, Connie Murphy, Alan O Meara.

Furies: 1 Brian McCarthy, 2 Jack Costelloe, 3 Tomás Clifford, 4 Cian Sheehan, 5 Darren Deniel, 6 Peter Cosgrave, 7 Christopher Palmer, 8 Brian Burke, 9 Hugh Walsh, 10 Michael Brosnan C, 11 Cian Doe, 12 Colm O'Shea, 13 Stephen Palmer, 14 John Power, 15 James Horgan

Subs 16 Andrew Moynihan, 17 Cormac Costello, 18 Luke Ring, 19 Evan Ryan, 20 Conall O'Mahony, 21 Dillon Butler, 22 Luke Costello, 23 Aaron Burke

Bainisteoir: Donal Spring. Roghnóirí: Donie McCarthy Eamon Myers

Date: Sun 6 Oct 2019

EAST KERRY U 16 DIV 2 CHAMPIONSHIP FINAL Fossa 3-10 kilcummin 0-20

Played in farranfore in excellent conditions kilcummin got off to the better start they led



by 4 points after 8 mins all coming from the boot of the excellent Cian Foley 2 from frees fossa got on the scoreboard in the 10th minute with a pointjack Clifford they were awarded a penalty in the 11th minute which Ryan O Leary converted Cian Foley added another point from play but from the next attack fossa had the ball in the kilcummin net from their midfielder Rian Collieran

With 15 minutes gone the score read Fossa 2-2 Kilcummin 0-5

The next 15 minute were was an even affair kilcummin added 5 points Fossa added 2 but they were denied goals on a couple of occasions by kilcummin goalie Jaden Tynan Half time Fossa 2-4 kilcummin 0-10

The first period of the second half saw kilcummin get a bit of breathing space as the led 3 points at the three quarter stage

Fossa 2-7 kilcummin 0-16

but as the scorline suggests Fossa fought back from 4 down to draw level with time almost up with Harry Kelly scoring the goal and Rossa Bellew punching the equaliser extra time beckoned kilcummin had another attack which ended with substitute jack fogarty kicking the winner point Fossa had another attack but they kicked a wide. From the next kick out referee James o Sullivan blew the full time whistle To end what was an excellent final

Christy O'Leary of East Kerry Region Board presented the trophy to Kilcummin Captain Cian Foley thanking sponsors MD O'Sheas Furies gaa club and referee James O'Sullivan

FIXTURES: East Kerry senior Championship Dr. O'Donoghue Cup 2019 sponsored by AQUILIA CLUB & Dr O'Donoghue Family

ROUND 1 Fossa V Listry – Saturday 12th October at 3pm

Glenflesk V Spa – Saturday 12th October at 4:30pm NB: This game is doubling up as Senior Div. 1 Final

Furies V Currow – Sunday 13th October at 1pm is off due to currow players involved with st Kieran this weekend

Scartaglen V Gneeveguilla – Sunday 13th October at 3pm is off due to scartaglen players with involved with st Kierans this weekend

(NB: This game is doubling up as Senior Div. 2 Final)

First Team Named is at home and Extra Time if necessary - in all above games

EAST KERRY MINOR CHAMPIONSHIP 2019

East Kerry Division 1 and Division 2 Championship

First team named is at home: Semi Final

Gneeveguilla V Killarney Legion – Sunday 13th October at 12 noon Dr. Crokes V Rathmore – Sunday 13th October at 12 noon

Winners of Semi Finals will play in the East Kerry Division 1 Final; Losers will play in East Kerry Division 2 Final

East Kerry Division 3 and Division 4 Championship

First team named is at home **ROUND 1** Spa V Furies – Sunday 13th October at 12 noon

Glenflesk V Fossa – Sunday 13th October at 12 noon Currow V Kilcummin – First available date Winners of Round 1 go into East Kerry Division 3 Championship

Losers of Rounds go into East Kerry Division 4

Championship

EAST KERRY SCOR LAUNCH at Killarney Heights Hotel on Thursday October 24th at 8pm.all scor officer & Clubs Officer and Club Delegates.

U16 Killarney Legion 2.22 Glenflesk 3.12

Played in ideal conditions at a well presented Listry Gaa Grounds on Sunday morning, it was the town team that hit the ground running and built up an early lead. Legion lead by 0.07 points to 0.04 after seventeen minutes, William Shine (3), Sam Benson (2) and one each from Conor Gammell and Jack O'Neill. Glenflesk by response, had scores from Dylan Roche(2), Tommy Bowler and Michael Mullane. Conor Gammell then hit a fantastic point off the outside of the boot from the wing, before William Shine scored two points, one a free and a huge effort from distance.

On the 20th minute Aaron O Sullivan made a run from deep to finish a fine goal after a great Legion build up. Playing with high confidence Legion added four further points before half time from Jack O'Neill (2), Conor Gammell and a pointed free from William Shine to leave the half time score 1.14 to 0.05. The second half began with William Shine driving through the Glenflesk defence to add a further point. Tommy Bowler replied with a free for Glenflesk and midfielder Killian O Sullivan added a point from play. The sides then traded 5 points a piece, William Shine(2), Sam Benson(2) and Kian Mc Cann while Glenflesk scores came from Dylan Roche(3) and Tommy Bowler (2).

Then the goals started to flow, firstly a fine goal from Legion's impressive Centre Back Darragh Fleming who crashed a great goal to the net. With the game going away from them Glenflesk rallied and managed to find the net three times in the closing stages.

Kevin Bowler held his nerve to dispatch two penalties to the same spot in the Legion net. In between the penalty kicks Darragh O Connor also scored a well taken goal.

However the winners were able to see out the game with two points from William Shine and Sam Benson. Killarney Legion had some outstanding performances on the day, especially from the likes of William Shine, Darragh Fleming, Sam Benson and Ethan O'Neill.

Glenflesk had fine performances from Killian O Sullivan, Luke Crowley, Dylan Roche and Tommy Bowler. This was a fine sporting and free flowing game with a huge amount of scores, great credit must go to both teams and their mentors on a fine sporting game played in a good spirit. Also to referee Tom Corbett (Milltown Castlemaine) who had a good game and let the game develop.

At the end of the game Seán O Keeffe from East Region Coiste na nÓg presented winning captain Ethan O'Neill with the Div 1 Cup.

BALLYHAR-FIRIES GAA

CLUB 600 FUNDRAISING DRAW: The 4th draw will take place in Airport Bar Farranfore on Thursday October 17th. A huge Thank You

to all that supported our Club 600 draw and continue to do so.

COISTE NA NOG: Well done to all the Furies U6s who represented themselves and the club very well on Sunday in a fun blitz in Currans with Ballymac, Kilcummin and Na Gael. It was a great way to end the season and thank you to all the parents who have been very supportive to them this year. Special thanks to all the coaches who worked hard all season and they were super proud of **ALL THE PLAYERS**.

LOTTO: No's Drawn 5, 6, 13 & 21 No Winner The draw for next weeks Jackpot of €3,500 will take place tonight in O'Keeffe's Bar Furies. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the stand in Moriarty's Centra, Farranfore.

Thank you all for your continued support.

MINOR FOOTBALL FIXTURE: East Kerry Championship Away Vs Spa Sunday at 12pm

LADIES FOOTBALL:

RESULTS:

U14 Girls were beaten by the narrowest of margins in the East Kerry final on Wednesday in Fitzgerald stadium Final score Furies 2-11 Currow 3-09

U16 played Milltown at home on Sunday evening Final score Furies 3-15 Milltown 8-10

Well done to our Mother's & others team took part in the National Blitz in Portmarnock at the weekend winning 3 of their 4 games.

HURLING: Hurling academy Training continues in Farranfore on Thursdays at 18.30. All new player welcome.

LEGION GAA CLUB NEWS

FIXTURES: MINOR CHAMPIONSHIP

Gneeveguilla V Killarney Legion

Saturday 12th October @4:30pm

Venue: Gneeveguilla

U-16 EK DIV 1 CHAMPIONSHIP FINAL

Killarney Legion 2-22 Glenflesk 03-11

Killarney Legion had a comprehensive win over Glenflesk in the East-Kerry U-16 Championship Division 1 final played in Listry this Sunday morning. We would like to thank Glenflesk for a great game of football and I've no doubt they will be back stronger next year. Also a big thank you to Listry Gaa for the great facilities and pitch.

MOTHERS & OTHERS The Mothers&Others travelled to Malahide at the weekend for the annual National Mothers&Others blitz. The girls had a great weekend. Thanks to Liam O'Toole of DOSA engineering for his generous sponsorship of Jerseys and training tops.

U-12 BOYS Our U-12 boys had their final outing at this age grade today. Competing in the Jimmy Roche Memorial Tournament at Cordal GAA, the boys played against a variety of opponents before coming up against the hosts in the Final. The Cordal team fittingly ended up the first winners of the inaugural tournament and congratulations to them. Well done to all the boys today who played in challenging conditions throughout the day. Thanks to the coaches, parents and supporters who made the journey. Special thanks to Cordal GAA who put



Legion team that won the East Kerry Div 1 ..under 16 championship final in Listry , on Sunday the 6th Oct 2019. they beat Glenflesk in the Final.



Killarney Legion celebrate winning the Easy Kerry Div 1 Cup at Listry Gaa recently.

on a great show of hospitality for all the visiting clubs. Best of luck to them with their new pitch which was officially opened as part of today's tournament.

NIALL MCGILLICUDDY MASS Niall McGillicuddy's first anniversary mass is on Sunday at 12noon at the Cathedral, Killarney. Always remembered.

UNDERAGE ACADEMY The under age academy has re-commenced every Saturday morning at 10:30am at Direen, All boys and girls age 4-10 welcome to attend. Contact Ted for on 087-6678315 for further details if you wish to get involved.

SPECIAL PRESENTATION We were privileged to welcome Micheal O'Brien to Direen on Sunday morning. A full compliment of seniors players and management were on hand to welcome to special young man. A true inspiration and a loyal supporter of the Legion lads especially his favourite James O'Donoghue. He had some encouraging words for their upcoming quarter final in the County Championship.

BEST WISHES Happy 50th Wedding Anniversary to former player and Legion Supporter Timmy & Nuala Looney. Enjoy the celebrations. You'll Never walk alone.

Happy 18th Birthday to Ladies player Rebecca Walsh who celebrated at the weekend.

Legion Lotto Results

3-5-7-19 Bonus 2

KEEL GAA NOTES

SENIORS: Keel play Beaufort in the Mid Kerry Championship on Sunday the 13th of October at 3pm in Beaufort. All support welcome for the boys and their management.

JUNIOR: Keel played Beaufort in the opening round of the O Sullivan cup in Keel on Sunday morning. Beaufort had the best start and points from Padraig Doona, Jonathan Kissane and Fergal Hallissey along with a goal by Jack Sweeny saw them take an early 1-04 to 0-02 lead. Keel responded with points from Luke Flynn (0-02), Tommy Buckley and Dylan Prendergast. 2 points from Sean Coffey and another from Hallissey ensured Beaufort led 1-07 to 0-05 at half time. Keel were much improved in the second half A quick fire 1-01 from Thomas Ladden along with 3 points from Gary Sayers

and Luke Flynn's third point gave Keel a 1-10 to 1-08 lead. Substitute Killian Murphy added Keel's final 2 points. Beaufort fought hard and points from Hallissey and Doona kept it close, but it finished Keel 1-12, Beaufort 1-10.

U16: Keel/Listry had a very competitive battle against Laune Rangers clue in Killorglin on Sunday. The final score was K/L 2-07, LR 0-13. They play Beaufort next Sunday at 12pm in Beaufort.

U12: Written by Owen McCarthy After 30 Training sessions and 20 Matches/Challenges/Blitzes since we started on 12th February in the Community Hall, we've finally come to the end of this particular footballing journey.

James, Billy and I would like to pay tribute first and foremost to all our Players for their dedication and perseverance during what was a challenging year on a number of fronts: not least the untimely death of a much-liked and highly-respected coach and colleague, Billy Mangan RIP; a number of unfortunate player injuries and the fact that it was a 'bad' year age-wise for most of our players.

It would be remiss not to pay tribute to Ryan Costello for being the only player not to miss a single training session or match during the year! Winning the Sheild under the leadership of captain Brien Mangan, and the passion and skill with which they played at the Annascaul Blitz, was possibly the standout memory of the year. We'd like to thank the U10s, not least Erin, Shea and Sara, and their parents who ably helped out when numbers were tight for matches during the year. We'd like to thank the parents for their support in making it possible for their U12 children to attend training and for traveling long distances, to far flung places like Tuosist and Derrynane, to support them at matches. We'd like to thank Teresa (ably assisted by James) and Caroline for washing the club jerseys after each match. Finally, I'd like to thank my fellow coaches for their friendship, passion, experience and commitment during the year, and to pay tribute to Billy Mangan whose loss we felt in myriad ways and still feel. May he rest in peace.

U10: Training continues for our U10s on Thursday at 6:30.

U6: There was no training this week due to

Storm Lorenzo. Training resumes on Thursday at 6:30.

LOTTO: There was no winner of the jackpot €12000 on Monday 30th September. The numbers drawn were 2,11,12,30

DR. CROKES GAA CLUB NEWS

CONGRATULATIONS Congratulations to Karina O'Leary and her Under 16 team who beat a very good Laune Rangers side to claim the East Kerry Laurels. Joint Captains Holly Power and Jade Potts received the trophy on behalf of their team.

Congratulations to our Senior Ladies who overcame a strong Milltown/Listry team on Sunday last in a tough battle to secure the County League Division 2 Title.

We are super proud of you girls and your hard-working management team led by Caoimhín O'Donoghue. Final Score was 4-07 to 2-10.

Congratulations to our Senior Football (B) who won the Bill Tangney Cup at the weekend who played Cordal in the Final.

SATURDAY MORNING ACADEMY

The Saturday Morning Academy has recommenced for 2019 and is on every Saturday morning starting with Hurling from 10:00am - 10:40am and Gaelic Football from 10:40am - 12:00pm. Come join in the fun, make new friends and experience the superb coaching on offer. Plenty Fun & Games. NEW MEMBERS ALWAYS WELCOME

SCOR 2020

Club members Under 17 years on 1st January 2020 are now invited to participate in the Scor Competitions.

These begin at Club & East Kerry level shortly and with the County Final in December.

The All Ireland Finals will be held in Killarney. Contact Ger Lyne for further details on 086 1541840

LOTTO

Lotto 4, 7, 24, 27. Jackpot E9000 Not Won Match 3 3 by E135. Next draw on Sunday 13th of October in Speakeasy. Jackpot E9300



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

Garveys' Senior Football Championship

The 2019 Garvey's Senior Football Championship is approaching Quarter Final stages. Seven of the eight quarter finalists are known. The last quarter final place is up for decision on Sunday when the remaining round 3 game between St Kierans and Kilcummin will be played. This game throws in at 2.30pm in Fitzgerald Stadium and there will be a winner on the day. The Quarter Final draw will be made on Sunday afternoon. This is a seeded draw with the 2A winners in one bowl and the round 3 winners in the other bowl. Insofar as is possible repeat pairings will be avoided. The Quarter Finals will be played on the 19 – 20 October at neutral venues with extra time if necessary. The semi-finals will be played on October 26-27 and the final is fixed for Sunday, November 10th.

John Sugrue is appointed Kerry U20 Football Manager

Coiste Chontae Chiarraí CLG are delighted to announce the appointment of John Sugrue (Renard) as the Kerry U20 football Manager for 2019/2020. John is appointed for an initial 1 year term which will be reviewed when the exact outcome of the U20 competition becomes known next year. The Renard man comes with a wealth of experience having played, coached and managed at all levels. We wish John all the best in this very important county strategic role for Kerry GAA.

Snippets from Monday's County Committee

- The Chairman expressed his sincere sympathies and the sympathy of the County Committee to the families of Dermot Moynihan Kilcummin, Donie O'Sullivan Spa Killarney and Kerrie Browne Brosna. As Dheis Dé go raibh a n-anamacha
- The County Committee congratulated Michael Slattery, Devon Burns, Dylan Geaney, Cordal, Ballyduff, Crotta O'Neills, Causeway and Kerry Camogie
- The Kerry Supporters were thanked most sincerely for following the Kerry Senior Football team all through the year and for kindly supporting the fundraising initiatives
- Jack O'Connor was thanked for all his work with Kerry at the various age grades and was wished well in his new appointment with Kildare
- Killian Young was congratulated on his retirement after a brilliant and fruitful career
- Development Officer Eamon Whelan praised the Clubs who had applied for Munster Development Grants for the high standard of application

Barrett Cup

Congratulations to Austin Stacks who were crowned Barrett Cup champions last Friday night beating Annascaul 1-10 to 11 points in Caherslee. The Barrett Cup was presented to team captain Barry Walsh by Eddie Barrett and County Board Officer Christy Killeen. Congratulations to Austin Stacks.



St. Brigid's welcome All Ireland Junior Camogie Players Members of the Kerry Junior All-Ireland Camogie team, Michelle Costello and Niamh Leen (captain) visited the school to discuss their historic victory over Limerick and to showcase the cup. They acknowledged the commitment and dedication of our 5th year student, Kate Lynch who was on the panel of this victorious team. They also promoted the sport Camogie and informed the students that commitment and hard work does pay off.

Update from Coiste Cultúra

1. Tráth na gCeist as Gaeilge - Clubs are invited to enter the National Table Quiz with all questions as Gaeilge, club team of four registered members – National final on 14th December, Provincial final tbc, Interested clubs - contact Christy Kileen for additional details.
 2. Sixty post primary students / youth members from clubs of Kerry travelled west to Coláiste Chiorcha Dhuibhne during the summer months of 2019 availing of the much sought after Gaeltacht Scholarship assistance, all of whom thoroughly enjoyed the unique Gaeltacht experience of improving Irish language, culture and sport. Clubs / club executives whose youth member(s) availed of the above Gaeltacht Scoiláireacht should encourage and support such member in promotion of Gaeilge in their club activities. "The promotion of our culture and heritage is central to the aims of the GAA". Buiochas mór to the District Boards, Comhairle na Mumhan and Coiste Ciarraí for their continued support and contribution. Buiochas freisin do Colaisti Chiorcha Dhuibhne.
 3. It's "Scór Time" once again, it's that time of the year when club members prepare to display their cultural talents, proudly representing their club on the indoor stage instead of on the pitch. "SCÓR seeks to actively promote and support traditional Irish dance, music, song and other aspects of Irish culture through a range of competitions all designed to encourage participation, enjoyment, inclusion and excellence of our GAA club members". Let's all be part of it!
- Every club in Ciarraí is invited and challenged to make an "iarracht mór" to participate in at least one of the eight disciplines of (i) Scór Sinsear (Adults), (ii) Scór na nÓg (u-17 yrs.), (iii) Scór na bPaistí (Primary Schools). Every club have member(s) or Officer(s) who can assist with Scór by either participating, volunteering, organising, mentoring or encouraging other members to participate – adopt the challenge and motto of "Yes I Can - Is Feidir Liom". Members are waiting to be asked! Take on this challenge and encourage your club to participate in Scór.

Coiste Scór Ciarraí 2019 – 2020 Cathaoirleach;

Criostóir Ó Cillín Oifigeach Cultúra Leas Cathaoirleach; Jackie Walsh Naomh Senáin Runaí Suzanne Ní Laoighre Piarasigh na Dromoda Leas Runaí (2); Mary Philpott Corra. Siobhain Casey An Rinn Aird, Cisteoirí (2); Anita English, Naomh Mhuire C'civeen . Therese Keating Na Gaeil P R O Jack Hennessy Easa Duibhe, Chief Steward P J Mulvihill, Maigh Mhéan Munster Delegates (2) Tom Herlihy (Baile Mhic Ealagóid), Jackie Walsh (Naomh Seanáin)

#GAAYouth Forum - Back for 2019

The #GAAYouth Forum 2019 will take place on Saturday 26th October in Croke Park. The application process is open from Friday 4th October to Sunday 13th October. This year's Forum is organised by the GAA Youth Reps. It is free to attend and it will be fun and informative with a mix of interactive exhibitions, workshops, a youth congress, high profile speakers and a Q&A session. With workshops designed for three specific age groups (12/13; 14/15; 16 - 21 years), players will have the chance to learn invaluable tips and tools that will help them to develop as a player and as a person.

- The Exhibition Zone will return for 2019 with interactive demos and stalls for all - don't forget to drop by the selfie stand for a pic with Sam and Liam as well as pick up your goodie bag!
- Behind the Scenes Tours will be held with selected age groups and players will have a chance to see the Stadium like never before;
- Workshops and Talks will take place throughout the day on a range of issues that affect young players;
- A Youth Congress will be held with the oldest age group to discuss and debate matters of importance in Gaelic games today;
- The Q&A Panel will take the hot seat at the end of the day

Registration is from 9.30am, the Forum commences at 11am and concludes at 4.30pm. The deadline for applications is Sunday 13th October and all successful applicants will be informed by Friday 18th October.

There are two ways to apply to attend the 2019 #GAAYouth Forum (applications can be made through the GAA.ie website) -

- All applicants should be an active member of a GAA Club (or LGFA/Camogie Club) and details of an Adult Club member will be required as part of the application e.g. Club Secretary, Chairperson or Coach. All applicants under 18 will require parental consent to apply and will be required to complete a parental consent form upon being selected as a successful applicant.
- All Clubs are invited to complete an application form to nominate up to 4 players from the Club to attend the #GAAYouth Forum. The Club will have to nominate a contact person with whom the organisers can liaise. Full details of all applicants must be included in the form.

THREE GOAL SECOND HALF SURGE DELIVERS CROKES THE BILL TANGNEY CUP

The Killarney Outlook was at Lewis Road on Sunday to witness Dr. Crokes claim the East Kerry Bill Tangney Cup

Dr Crokes 4-14 Cordal 1-12

In what was an enjoyable East Kerry Bill Tangney final spectators at Lewis Road on Sunday were treated to some free flowing football with some spectacular fielding from both side thrown in. In the end the old adage of goals win games came through as Dr. Crokes hit four in all but crucially three in the second period that pulled them well clear of a dogged Cordal outfit who never surrender.

Indeed much of the opening 17 minutes was controlled by the Division 4 outfit and they led 0-4 to 0-2 in the early exchanges before Cian O'Neill hit the home side's first goal of the day to give them their first lead of the day 1-2 to 0-4 after 18 minutes.

A brace of points from the impressive centre back Brendan Falvey consolated Dr. Crokes advantage as Brian Reidy was unerring from the dead balls as he would end the half with 0-5 (0-3F).

Nathan O'Rourke would come to the rescue for Cordal as the custodian kept Chris Doncel's goal bound shot from breaching the net on the 24th minute so it was just the goal advantage in it at the break with Dr. Crokes 1-7 to 0-7 to the good in a half, which saw plenty open football.

Dr. Crokes upped the ante in the early exchanges of the second half and with the cushion of early points from Doncel and O'Regan (2) added to

what was a fortuitous goal from Brendan Falvey which saw his long distance shot slip through the fingers of Nathan O'Rourke in the Cordal goal gave them a nine point lead.

Still the lead was back to within just five points moments later as first Reidy found the target from a free before Johnny O'Leary's foul on Johnathan O'Donnell led to a penalty in which Eamon Nolan expertly dispatched.

Crokes introduced Mark Hartnett and Josh Fleming minutes later and they pair added greatly to the attack. Fleming with some driving runs and link play while Hartnett would make his presence felt on the scoreboard as he went on to score 1-3.

The Crokes third goal came on the 42nd minute when Bryan O'Shea was at the end of a sweeping move, as the game saw a third goal in just six minutes.

Despite the gap, widening on the scoreboard the chances just kept on arriving. Cordal's Cathal O'Donoghue was unlucky to see his shot hit off the crossbar, while Falvey's effort at the other end was brilliantly saved by O'Rourke.

Still there was to be another goal and it was from the boot of Hartnett whose goal arrived in the third minute of Injury time.

East Kerry Board Chairman Johnny Brosnan made the presentation to Cillian O'Regan the Dr. Crokes captain.



East Kerry Board Chairman Johnny Brosnan made the presentation to Cillian O'Regan the Dr. Crokes captain.



Josh Fleming in action for Dr. Crokes



Action from the Bill Tangney Cup

MUNSTER JUNIOR CLUB CHAMPIONSHIP QUARTER FINAL KILCUMMIN LADIES EXIT MUNSTER CAMPAIGN

Donoughmore 4-12 Kilcummin 1-5

Kilcummin ladies exited the Munster Championship at the hands of Donoughmore last Saturday morning as they found the strength and experience of the seasoned Cork outfit too much to handle throughout a contest that was played for the most part in heavy conditions in Rathmore. Apart from a bold opening salvo from Eilish O'Leary when she fired her effort into the Donoughmore net after just a minute on the clock, Kilcummin really had to play second fiddle as 11 time All Ireland medal winner Rena Buckley bossed midfield. The 32 year old who departed the Cork team in 2017 was the funnel for everything the Cork side did in the game.

Buckley had three of the first four scores for Donoughmore before Eimear O'Reilly struck for goal on the 9th minute to put them firmly in control at 1-4 to 0-1. Ciara Kearney converted a Kilcummin free at the end of the first quarter as the East Kerry battled gamely to hang onto the coat tails of their opponents. Another Debbie Murphy point on the 27th minute saw them trail by just five but a goal in injury time by the Cork champions undone a lot of their good work as they trailed 2-7 to 1-2 at the break.



Kilcummin ladies team that were defeated by Donoughmore in the Quarter final of the Munster Ladies Football Junior Club Quarter Final played at Rathmore

Denny O'Connor ran the changes at half time replacing two of his full back line but Donoughmore were ruthless and struck with two goals inside the opening five minutes to put the contest beyond doubt.

Goals by Aileen Buckley and another followed by Niamh Lohan saw them put their lead out by 16 points (4-9 to 1-2) as Kilcummin had to wait 27 minutes for their opening second half score from Ciara Kearney. Kearney and O'Leary had carried the fight all day and with Kearney adding

another late Kilcummin began to show the form that made them county Junior champions.

Kilcummin: Laura Teahan, Aine O'Donoghue, Ruth Murphy, Emily Egan, Shauna O'Connor, Kate Maher, Caoimhe Crowley, Maggie O'Doherty, Beibhinn Brosnan, Fiona McSweeney, Eilish O'Leary 1-1, Marie O'Shea, Ailbhe Brosnan, Debbie Murphy 0-1, Ciara Kearney 0-3

Subs: Ava Leslie for O'Donoghue (H/T) Liadoin O'Connor for Egan (H/T) Amy O'Sullivan for Marie O'Shea (45). **Referee:** Patrick Smith

CLIFFORD CLINCHES IT FOR THE EAST

Kerry O'Shea reports from Austin Stack Park Tralee

East Kerry 0-20 Kerins O'Rahilly's 3-9

East Kerry pulled off a dramatic Extra-time victory to deny Kerins O'Rahilly's in a pulsating and dramatic Garvey's Kerry SFC Round 3 encounter at Tralee's Austin Stack Park on Saturday night. This was a game for the ages that was thoroughly enjoyed by rival sets of supporters and neutrals alike and the general consensus at the end of it all was that it was a pity that there had to be a loser. Kerins O'Rahilly's will be absolutely gutted at losing this one as they had a sensational start, scoring three early first-half goals which had their opponents very much on the back foot. The game changed completely when O'Rahilly's captain Barry John Keane was sensationally sent off six minutes into the second half following an off-the-ball collision. Strand Road got off to a super start with early goals from Barry John Keane and their man-of-the-match Jack Savage, who finished the game with a personal haul of 1-5. Inspired by the brilliant fielding of David Moran and some superb play from Tommy Walsh on the edge of the square, the Tralee side created openings but didn't avail of the chances that came their way. David Clifford, who posted 0-8 at the finish in a major contribution to proceedings, kept East Kerry ticking over on the scoreboard. The Fossa man was unlucky not to convert at least one goal chance as his side trailed 3-2 to 0-6 at half-time in normal time. East Kerry had a gilt-edged chance to draw level when they were awarded a penalty early in the second half, but O'Rahilly's goalkeeper Gary



The East Kerry team that defeated Kerins O'Rahillys on Saturday evening at Austin Stack Park Tralee

Kissane was equal to the task and denied Paudie Clifford the chance to level the scores.

O'Rahilly's, with Jack Savage and Tommy Walsh points, led 3-4 to 0-10 with 13 minutes of normal time remaining and at that stage you'd still have fancied the Tralee side to prevail. However, the mercurial accuracy of David Clifford kept East Kerry in the game. Mike Foley, a first-half substitute for Jerry O'Sullivan's team, was making his presence felt too and he scored 0-4 in a fantastic contribution.

East Kerry with a run of four points from David Clifford (2), Mike Foley and Liam Kearney moved a point clear with two minutes of normal time remaining. Jack Savage and Tommy Walsh added points to give O'Rahilly's the lead again but Shane Cronin popped up to force extra-time. The sides were still level at half-time in extra-time (3-9 to 0-18), but East Kerry had the

patience to see this one home and not for the first time, David Clifford clinched the issue with two late points.

The last time East Kerry won the Kerry SFC was back in 2000. Can they bridge the 18-year gap?

Team And Scorers East Kerry: James Devane, Chris O'Donoghue, Shane Courtney, Niall Donohue, Dan O'Donoghue (captain), Jack Sherwood, Pa Warren, Liam Kearney (0-1), Shane Cronin (0-1), Ronan Buckley (0-1), Paudie Clifford (0-1, 0-1 free), Brian O'Donoghue; David Clifford (0-8, 0-3f), Dara Roche (0-4, 2 frees), Evan Cronin.

Subs: Mike Foley (0-4) for Shane Courtney (26 mins), Padraig De Brun for Ronan Buckley (bc 50), Brian Lynch for Pa Warren, Padraig Doyle for Brian O'Donoghue, Brian O'Donoghue for Shane Cronin. **Referee:** Brendan Griffin (Clounmacon).

Basketball: National League Division One:

Mixed fortunes for Scotts Lakers

By: Eamonn Keogh

It was a weekend of mixed fortunes for Scotts Lakers suffering a heavy 29 point defeat against league leaders Ballincollig in Cork on Saturday before bouncing back to enjoy a comprehensive 45 point victory over Waterford Vikings on Sunday. It was an astonishing contrast in both scorelines with the quality of opposition faced by the Lakers emphasizing the gulf in class between the top and bottom of the league table.

Tradehouse Central Ballincollig 83

Scotts Lakers Killarney 54

Despite what the scoreline suggests, Scotts Lakers were in contention for parts of this game and trailed by four points with three minutes left in the third quarter. However the Killarney side were unable to gain any advantage at any stage and Ballincollig enjoyed a convincing victory in the end.

The home side always enjoyed the upperhand and were 22-16 in front at the end of the first quarter and stretched that advantage to 40-26 at half-time.

Scotts Lakers clawed it back to 46-42 following some big baskets from Toby Christensen, Aaron Jackson and Carlton Cuff. However a series of malfunctions with the game clock resulted in several stoppages and delays. Three offensive possessions by the Lakers were actually stopped due to technical issues with the clock during this frustrating period. When play eventually resumed it was Ballincollig who took control with Andre Nation, Ciaran O'Sullivan and Ian McLoughlin helping them to a 55-42 lead entering the final quarter.

The home side completely dominated the closing period outscoring the Lakers 28-12 with Andre Nation and Inigo Zabalo leading the way. Despite the stoppages and technical issues Ballincollig were the better team overall against a Lakers team that struggled for long periods before slumping to their heaviest defeat of the past three seasons. A poor return of just two converted three-pointers from 20 attempts didn't help the Lakers cause either. Toby Christensen with 23 points and 12 rebounds was the Lakers best performer against a Ballincollig team that have now defeated the Killarney side every time in five outings in the past two years.

The sides will clash again in one of the biggest games of the season in Killarney Sports Centre on October 26th when Scotts Lakers host the Cork side in the first round of the national cup. Ballincollig are going for their third national cup title on the trot this season and on last weekend's performance they will be hot favourites again. Ballincollig: Andre Nation 18, Ciaran O'Sullivan 15, Inigo Zabalo 13.

Scotts Lakers : Toby Christensen 23, Aaron Jackson 15, Carlton Cuff 10, Victor Martinez 3, Brian O'Neill 2, Seamus Brosnan 1.

Scotts Lakers Killarney 94

Waterford Vikings 49

Following the Ballincollig loss, Scotts Lakers were back in action less than 24 hours later hosting Waterford Vikings in Killarney Sports Centre. It was a young under-strength Deise side that turned up and the home side had little trouble cruising to a whopping 45 point victory. The outcome of this match was never in doubt. Lakers started well with team captain Mark

Greene knocking down three three-pointers in quick succession while Toby Christensen and Aaron Jackson also impressed and the home side led 30-12 at the end of the first quarter. With Carlton Cuff and Aaron Jackson prominent, Scotts Lakers were 45-27 in front at half-time.

The visitors offered little resistance and it was a comfortable 69-36 advantage for Scotts Lakers entering the final quarter. The closing period was a mere formality. Young national league debutants Jamie O'Sullivan and Jack Corridan gained valuable court time in this encounter.

A minute's silence was observed before this match in memory of former St. Pauls Basketball Club officer and popular Lakers team manager Neilie Griffin, who sadly passed away last May.

Scotts Lakers : Toby Christensen 29, Aaron Jackson 21, Mark Greene 17 Carlton Cuff 9, Seamus Brosnan 7 Brian O'Neill 5, Victor Martinez 4, Jamie O'Sullivan 2, Jack Corridan.

Waterford Vikings: Dale Kavanagh 11 Jay Kavanagh 10, Jack Murphy 10, Craig O'Neill 10.

HOME GAME

Scotts Lakers are at home again in Killarney Sports Centre on this Saturday October 12th hosting Tolka Rovers from Dublin at 7.30pm. Tolka haven't enjoyed a great start to the season and have lost their three opening games. Scotts Lakers will be fancied but the Dubliners will be hoping to get their season on the right track and will look to the likes of Conor Liston, Sean Daly, Paul Caffrey, Sean Moore and Tim Doyle.

KILLARNEY CAMOGIE CLUB

Well it's all over for another year. Thanks to all the club's and players who took part today in our 6th Veronica Stack memorial tournament. We had 12 clubs in attendance with teams from Cork, Limerick and Kerry. Despite the wet start the sun eventually shone for the finals and we saw some great camogie played by all teams. The winners are as follows.

Millstreet U10 Shield.

Causeway U13 Shield.

Monaleen U13 Cup.

Inniscarra U15 Shield.

Newcastlewest U15 Cup.

Killarney Camogie Club would like to thank Spa GAA for allowing us to host the competition in their fabulous facilities. We couldn't have hosted this event without your support so thank you very much.

Thanks to the Killarney Camogie Club committee, coaches and club members who put in a mammoth effort to make it all work on the day. Thanks to all the referees who kept the



games fair and exciting.

Thanks so much to Kerry Camogie Captain Niamh Leen for presenting the winners with their medals and bringing along the Kay Mills Cup. The girls really appreciated it and loved all the photo opportunities with you and the cup.

Finally thanks to Jason Stack for all his continued support of this tournament in memory of his late wife and one of our founding members Veronica Stack. We are looking forward to 2020 already.

U18 match report:

Killarney triumph in tightly fought game

Seamus Grealy

Killarney were delighted to re enter the u18 grade 'flying solo' again after a few years hiatus. The buzz was palpable as a full compliment of 23 set out to take on nearest rivals Castleisland on Sat 6th. Killarney triumphed in a tightly fought combative encounter. 13 first half points were enough to seal the deal with a well taken Gary Randles try and 7 points from the cultured boot of Ciaran O'Brien. Killarney started confidently and accurately and controlled much of the first half territory and possession. As always Island competed fiercely and their defensive tackling was rock solid. The second half was reflective of a season opener with a lot of individual endeavor carried out between the two 10 yard lines. Neither team really threatened the try line but the action was

unrelenting, skillful, sporting and highly entertaining.

The team on the day were front row ironmen Rob Nealon, Craig McKenzie Vass and Ciaran O'Brien. The tough tackling locks were Evan Mannix and Sam Casey. The back row specialists were captain Matt McAuliffe, Brendy O'Donoghue and John McCarthy. Pádraig Talbot and Adam McSweeney slotted in seamlessly for the second half.

The back line worked impressively through a variety of combinations starting with elder statesmen Dion O'Neill and Cian Murphy as the halfback pairing, Michael O'Casey, Adam



Walsh as centres, and Mark Sheahan and Krystian Komosa on the wings. Gary Randles started at 15. Ronan Buckley was an early injury replacement and the cavalry arrived for the last 15 Mins with Peter Walsh, Donnchadh Grealy, Tomas Clifford, James Kennelly and Aidan Keane all entering the fray.

Management were delighted with the performance and the cohesive team spirit. Next up is a mouthwatering contest at home this Sat 14th at 12.30 (on our new pitch for the first time!) against the combined forces of Tralee and Listowel. All support is welcome. Training Thu at 7.30.



PRESENTATION CASTLEISLAND TO PARTICIPATE IN INAUGURAL WORLD SCHOOLS U15 BASKETBALL CUP

When John Enright, Basketball coach for Presentation Secondary School Castleisland, was planning the year ahead for the various teams under his guidance, he certainly hadn't planned a trip to Croatia for his charges. That is until he received the wonderful news recently that, as reigning All-Ireland U14 Schools Basketball champions, Pres Castleisland was granted an automatic invitation to represent Ireland at the inaugural International Schools

Federation (ISF) World Schools U15 Basketball Cup in Zadar, Croatia in March 2020.

Excitement is growing amongst the U15 basketballers at the thoughts of representing their school and their country and no doubt it will reach fever pitch by March. Thoughts have now turned to the serious matter of fundraising as all costs, including flights will have to be met by those participating. Given the community spirit in Castleisland, the girls are hopeful of

great support which will make the cost burden easier to manage.

Commenting on the news, school Principal, Katherina Broderick, said she was delighted with the news and it was just reward for the commitment of the girls to basketball in Presentation Castleisland, which is the most successful school in Ireland with 27 All-Ireland titles.

GNEEVEGUILLA BASKETBALL CLUB

GNEEVEGUILLA BASKETBALL CLUB The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 4/10/2019.

The jackpot was €193. and our winner was Dave Mc Auliffe. Congrats to you Dave.

Guaranteed winner every week, go to our Facebook page to find out how and where you can play <https://www.facebook.com/gneeveguilla/>

Draw takes place every Friday eve @9pm on Facebook live. Last week we were in Petro's Bar Gneeveguilla. This Friday we are in Callaghan's Bar Gneeveguilla.

ÉAMON KELLY WEEKEND The Éamon Kelly weekend was a great outstanding success, we at the Gneeveguilla community council wish to thank everyone who attended the workshop on Sat. morning and the story telling, dances and music on Sat. night. And for the large crowd that came on the Sunday morning tour. Thank you all, with out you it would not have been the success that it was.

KILLARNEY RFC NEWS

DIVERSITY AND INCLUSION CAMPAIGN: Killarney Rugby wants to be a club where no matter where you come from or what language you speak you'll feel right at home. In light of recent racist events in the community, the club feels that it must take an active stance and show immigrant and refugee communities that such behaviour does not reflect Irish values. At 10am on October 12th the club is therefore unveiling its new Diversity & Inclusion initiative with our D&I Officer Sarah O'Donnell handing over a copy of the club's new poster to a representative from the Killarney Immigrant Support Centre. This will be a great opportunity to back up words with public actions.

YOUR CLUB YOUR COUNTRY: The IRFU Grand Draw 2019 tickets for the Your Club Your Country initiative, that our club is a part of, are now available and we have 1000 tickets for purchase, for just €10 each. With each ticket you'll be in with a chance of winning one of 10 fantastic prizes. PLUS you will be entered into our own additional draw for a pair of Ireland vs Wales home game tickets for next year's 6 Nations tournament!!

If you wish to buy a ticket for this draw, please contact us or ask any club member. Each ticket purchased for €10 ensures that €10 goes to our club, and will go to additional lighting on the juvenile pitch up at Aghadoe.

MUNSTER RUGBY COACHING COURSE: Last Saturday, 4 of our minis coaches attended the IRFU Children's Coaching Course, along with other Kerry club coaches yesterday, at the fabulous newly built Kerry Sports Academy at IT Tralee. A lot of coaching ideas shared and learned and the guys are keen to put into practice with their charges next week. Thanks to Euan, Denis and Gerry of the Munster

Rugby Development Team for their excellent run course and well done to David Bradley, Fergus Cronin, Tony Dunne and Mark Brett for attending.

RESULTS:

Seniors - Munster Junior League - Div. 3

Ennis RFC 15 - 14 Killarney RFC

U18.5 - Munster U18 Conference

Castleisland RFC 0 - 13 Killarney RFC

U16 - Munster U16 Conference 2

Castleisland RFC 5 - 17 Castleisland

NEXT WEEKENDS FIXTURES:

Seniors: Killarney RFC V Dunmanway - Sunday @ 2:30pm at Aghadoe.

Second XV: Killarney RFC V Ballincollig - Sunday 12pm at Aghadoe

U18.5: Killarney RFC V Listowel RFC - Saturday 12:45pm Aghadoe

U16: Killarney V Chorca Dhuibhne - Saturday 2pm

U14: Killarney V Chorca Dhuibhne - Saturday 2pm

FARRANFORE MAINE VALLEY AC - NOTES

County Intermediate & Juv. UnEven Ages XC The second Cross Country Championship took place in Lissivigeen, Killarney on Sunday 6th October. Conditions were ideal for the County Intermediate & Juvenile UnEven ages with clear skies and a wonderful backdrop of the Killarney mountain range. The first race of the morning was the ladies Intermediate & U19's 4000m. Well done to Siobhan Riordan & Catherine Riordan who represented our club and did very well. An Riocht AC made it a hat trick taking all three Intermediate positions. We had three athletes competing in the Intermediate Men's 7000m race. All three ran well over the seven lap course with George McCarthy running a solid race to finish in second place behind the overall winner, Donal Leahy of Listowel AC. Dermot Dineen pulled away from a small group to finish strong taking the third place podium and Brendan Lynch finished in fifth place. The team of three were also winners of the team event.

In the juveniles, Nathan Herlihy had a great run to come fourth in the U9 750m. Leah McCarthy, running out of age, in the U11 1500m did very well to finish in 8th place. In the U11 boys race we had eight competitors. Our individual medal winners were brothers Isaac & Ryan Vickers who finished in 2nd & 6th place respectively. With Kevin O'Shea 13th & Jack Doolan 18th they were second team winners. The other team members who won bronze team were Tomas Lynch 19th, Peter Herlihy 21st, Evan Spillane 22nd & Jack Teahan 23rd. In the U13 Girls 2500m, Rhian McCarthy ran a great race to finish third overall, just behind was Mairead Walsh 5th and Laura Bradley was 18th. Unfortunately they were short one more for team prize. Tiarnan Lynch, out of age, won individual in the U13's where he finished in 5th place. Also out of age in the U15 girls 3500m was Eabha McCarthy who had a great last lap

passing more than three runners to finish in 4th place. Sadhbh Teahan did very well also in what is a long distance for young athletes to finish in 10th place. The final race of the afternoon was the U17 Boys & Girls. Cian Spillane had a great solid run over the four laps to finish in second place. Shauna McCarthy had a very comfortable win in the girls race. Shauna has won both age categories at county level for the past five years. A great achievement.

Next up is the County Senior, Junior and Juvenile 500m Relays XC (U10, U12, U14 & U16), next Sunday 13th October in Furies starting at 11am. This championship will be hosted by our club so it would be great to get a strong support for the juvenile relays and volunteers for helping out on the day.

TABLE QUIZ FUNDRAISER On October 10th our club will be hosting a Table Quiz Fundraiser in Sherwoods Bar & Restaurant Farranfore from 8pm. Four per table with cost per table of €30. Contact club to reserve table. Further information on our Facebook & website.

CLUB TRAINING: Juvenile U8 to U16 Tuesdays from 6-7pm at GAA Grounds Farranfore. €2.

Maria's Strength, Endurance & Flexibility Exercise Classes from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class.

New Members welcome to participate in training.

ATHLETIC'S FIXTURES Sun 13th Oct: County Senior, Junior & Juv Relays, Furies

Sun 20th Oct: Munster Juvenile Even Age, Novice & U/23, Limerick Racecourse

Sun 20th Oct: Autumn Open Cross Country, Abbottstown Dublin

Sun 3rd Nov.: County Masters & Juv. "B" XC, Beaufort

Sun 10th Nov.: Munster Juv Uneven Age, U/20 & Senior Cross Country, Conna Cork

Sat 16th Nov.: British & Irish Masters Cross Country International, England

Sun 17th Nov.: Munster Masters & Juvenile Inter-Club Relays XC, Beaufort Kerry

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for event

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 04/10/2019, numbers drawn were 5, 8, 9 & 29.. Next week's jackpot €6,200 plus €1,000 bonus.

CROSS COUNTRY: A slightly better turnout in athletes at cross country competition in Ballaugh Killarney, A big thanks to the Cremin family for the use of their facility, an ideal facility and an ideal day. Saoirse Tompkins was 2nd U17, Caroline Murphy 4th Intermediate. Girls U11 got a silver team medal. Team were Emma Dineen, Daisy cremin, Aoife O'Donovan, Elma Cremin & Aisling O' Leary. Next Sunday 13th sees the Seniors & Juniors and U10/U12/U14/u16 4 x 500m relay in Furies at 11.00 am. Medals will be distributed to team members, medals which for some reason were not

available to pick up on the day. The county Board should have medals available to pick up on the day of competition.

TRAINING: Continue Tuesday Boherbue 6.00 – 7.00 & 7.00 – 8.00; Barradubh Friday 7.00 – 8.00 & Gneeveguilla 8.00 – 9.00

COACHING COURSE: A Leaders coaching course is coming up shortly, anyone interested contact Tom Joe (087) 9339087, the club will provide the course free to interested participants.

CRUSADERS

BRIDGE CLUB

1st. Evelyn O'Leary & Eithne Tarrant.

2nd. Ann O'Shea & Phyllis O'Regan.

3rd. Gary Leahy & Joan Culloty.

2/10/2019.

1st. Mary Shanahan & Mela Burke.

2nd. Maura Moynihan & Anne Looney.

3rd. Gary Leahy & Joan Culloty.

4th. Ann O'Shea & Phyllis O'Regan.

Bridge continues every Wednesday at 7.30pm in the Brehon Hotel. New members, novices and beginners always welcome. Contact Therese 087/2466451.

KILLARNEY VALLEY

ATHLETIC CLUB

RESULTS: Congrats to all who took part in the second Cross Country of the season held last Sunday in Lissivigeen. Darragh O'Leary led the U19's the whole way to receive a gold medal. Next we had Tara O'Sullivan, Naoise O'Connor and Kate Lyons who ran in the U11 Girls. Naoise and Tara stayed strong the whole way around to come 2nd and 3rd respectively. Kate Lyons ran a great race also. Lastly we had Ted O'Gorman who led the U15 field the whole way around to receive a well-deserved gold. Fantastic results from everyone.

TRAINING will continue every Thursday eve

6-7pm. All members welcome. Bring €2 and water. Meet at field beside the playground. The next County Cross Country competition is Relays next Sunday at 11am in Fies.

Strength & Conditioning continues on Monday nights 7-8pm for members only (aged 12 upwards). Bring €2, water and a mat if you have one.

FUNDRAISING: Anyone who has Track Fundraising Tickets sold and would like to return them, please bring them to training for Brid.

Please keep an eye on your email (if you're a member) and also check our facebook page for any updated information.

KILLARNEY

BADMINTON

Munster Masters Tournament

The Masters was recently held in the University of Limerick. Well done to Sinead Galvin who was runner up in both the singles and mixed doubles in her age category and to Jeab Workman who won the women's singles in her age category.

CONNAUGHT MASTERS The next tournament will be the Connaught Masters on the 19th October in Galway.

LEAGUES The Kerry County Ladies and Mens leagues will be starting shortly so those interested need to be attending training to be included in the teams.

TRAINING Training is on every Monday and Wednesday at 8.30pm in the Presentation Gym. Juveniles are on Fridays. Check out our facebook page "Killarney Badminton Club" for more information.

MUCKROSS

ROWING CLUB

OPEN DAY As the new rowing year 2019/20 kicks off, Muckross RC will hold its Open Day

on Sunday, October 20 from 10.30am-12pm at the club boathouse. For newcomers, we are located a short walk from the main Muckross House car park. All are welcome to come along, see and hear what rowing is all about and try it out if you want! All ages 12+ (boys and girls) and parents/guardians welcome. Coaches and adult members will be on hand to answer any questions you may have. Rowing offers opportunities for recreational rowing up to the highest competitive stage and all levels between, with a strong sporting and social tradition in Muckross dating back to the 19th century. As a non-contact, age-friendly and potentially lifelong sport, rowing offers many benefits set in one of the most scenic locations on Lough Leane. Find us on Facebook or Twitter for further details.

CORK HOR The club's first event of the winter season is the Cork Head Of the River taking place this Saturday, October 12 at the city marina. Thirty Muckross crews will compete in the time trial which was postponed earlier this year. Best of luck to all!

FLESK VALLEY

ROWING CLUB

RACE NIGHT: Just 3 weeks to go to our fundraising Race night which will be held at the Killarney Oaks Hotel on the 1st November 2019 at 8pm. Horses Trainers and Jockeys are available to be purchased from club members. Your support is greatly appreciated on what is sure to be a great night for all the family

CLOTHING COLLECTION: Flesk Valley will yet again be holding a clothing collection in association with National Council for the Blind. This will be held on the weekend of the 16th/17th November. So time to clear out the wardrobes yet again and help raise money for these worthy causes.

20 local riders take part in Cyclocross

Cyclocross is fast becoming a family event throughout Ireland, each year more people participate, it's a great spectator sport as it can be watched from many points of the course as the riders do laps for up to an hour of racing. It involves racing a drop bar bike with knobby tires. There are barriers and mud to overcome, so the riders may have to run at points with the bike on their shoulder.

Sunday saw the first round of the Munster Cyclocross league with up to 120 riders showing up for the various races under very muddy conditions. The race was held in Bandon by St Finnbar's cycling club. Killarney had about 20 riders competing in different races. There were 9 senior riders. Patrick Clifford got 1st m40 taking the leaders jersey, Richard Maes took 3rd in the elites, both racing for Strata3/velo revolution, John Crowley took 4th m50 riding for Killarney cycling club. The other Killarney riders rode strong. The youths did



The start field of the A senior race, Michael Buckley photography

very well in what was a very mucky course. The results were Donagh O'Connor 2nd in under 12, Eoghan Crowley 4th u16, Mark O'Connor 6th. Ruairi Coughlan 3rd and Mark McGlynn 5th in junior. In the photos you have Patrick Clifford, Trevor Woods and Richard Maes, riding

for Strata3/velo revolution, the start field of the A senior race, and one of Ruairi Coughlan. Please feel free to pick any photos, but the best results from Patrick and Richard, that pic would be appreciated.

SCHOOLBOY/GIRL

SOCCER

SECOND ROUND OF EVEN AGE NATIONAL CUP

Skechers 12's National Cup Round 2:

Castleisland 0-2 Newport Town
Park 0-1 Killarney Athletic

Mungaret 5-1 Camp Juniors AET
Park Premier 5-0 Inter Kenmare
Herbertstown 3-0 Ballyheigue
Lifford Celtic 2-5 MEK Galaxy
Bridge United 1-1 Killarney Celtic AET
Bridge United win 3-2 on pen
Newcastlewest 1-7 Killorglin
14's National Cup Round 2
Killarney Celtic 4-1 Aisling Annacotty B
Caherdavin 3-0 Killorglin
Listowel Celtic 2-7 Abbeyfeale United
Broadford United 0-7 Killarney Athletic
Granville United 5-4 Mastergeeha
16's National Cup Round 3
MEK Galaxy 1-2 Park
Killorglin 3-0 Ballingarry
Ardcroney 1-5 Ballyhar Dynamos
Shannon Town 4-0 Killarney Celtic
League Fixtures
JK Sports 12 Division 2 North
Camp Juniors 0-2 Fenit Samphiers
Tralee Dynamos B 0-3 Mastergeeha
Listowel Celtic B 4-2 Castleisland B
12 Division 2 South
Inter Kenmare 7-1 Killorglin B
Daly's Supervalu 13 Premier
Tralee Dynamos 0-1 Killarney Athletic
Division 2
Killorglin B 0-2 Ballyhar
Slattery's Carpets and Blinds 14 Premier
Park4 -0 Tralee Dynamos
14 Division 1
Killarney Celtic B 2-6 Killarney Athletic B
Dingle Bay Rovers 7-3 Inter Kenmare
14 Division 2
Dingle Bay Rovers B 2-3 Park B
MEK Galaxy 7-3 Mastergeeha B
Tralee Trophy World 16 Division 1 North
LB Rovers 2-2 Listowel Celtic
Tralee Dynamos 4-3 Ballyheigue
16 Division 1 South
Inter Kenmare 9-1 Killorglin B
Girls League 15 Premier
Listowel Celtic 6-0 Camp Juniors

REPORTS

PLACE IN EVEN AGE NATIONAL CUP ROUND 3 UP FOR GRABS:

There are a number of Kerry sides through to Round 3 of the Skechers 12's National Cup. One goal was enough to see Killarney Athletic defeat Park 2 in Christy Leahy Park and it came from Mark O'Carroll.

There was better news for the Park Premier side as they won the all Kerry clash defeating Inter Kenmare 5-0. The Park's goals came from Mike Quirke 2, Saad Abdala, Ethan Ballard and Nikita Hoare. MEK Galaxy will be very happy with their 5-2 win over Lifford Celtic in Clare. Fionn Kennedy with 2 and one each from James O'Meara, Cillian O'Donoghue and Jack Hallissey were the MEK Galaxy scorers.



Killarney Celtic U14 squad vs Asling Annacotty.

Also winning on the road was Killorglin who were 7-1 winner at Newcastlewest with Brian Mangan, Colm Evens, Eoin Henken and Ciaran Birmingham.

The 12's National Cup is over for Castleisland who went down 2-0 to Newport at Georgie O'Callaghan Park. Also out are Camp Juniors who lost 5-1 to Mungret after extra time. The game was tied at 1-1 after normal time. Ballyheigue went down 3-0 to Herbertstown and Killarney Celtic scored 1-1 late on through Luke O'Shea to level the game away to Bridge United. But the Clare side won 3-2 on penalties.

14's National Cup Round 2: Killarney Celtic thanks to a hat trick from Josh Bowler and a goal from Callum Cronin saw Killarney Celtic through 4-1 at home to Aisling Annacotty B. Killarney Athletic made the journey to Broadford United a winning one. The Athletic goals came from Tom Benson 3, Jason O'Sullivan, Dara Kingston and Aidan Cronin.

Mastergeeha were unlucky to come out on the wrong side of a 9 goal thriller away at Granville United. The Kilbrean side had goals from Kealon O'Shea, Sean Doolan, Kieran Nagle and Emmett Spillane but the home side hit five. Listowel Celtic are also out as they lost at home to Abbeyfeale United. The Celtic goals came from Tommy Canty and Evan Boyle.

In the 16' National Cup Round 2 three of the 5 Kerry sides in action have gone through. There was one all Kerry clash when the Park just got past MEK Galaxy 2-1 in Fossa. Cian O'Neill and Calum O'Sullivan were on the mark for the Park with Shane O'Connor scoring for MEK Galaxy. Ballyhar Dynamos had an impressive 5-1 win away at Ardcroney. Aaron Burke hit 3 and Steven Palmer and Declan O'Connor one each. Killorglin got through 3-0 over Ballingarry but Killarney Celtic are out losing 4-0 at Shannon Town. They went behind to a first half penalty and were chasing the game when caught 3 times late on. This weekend it will be the turn of the 13's and 15's sides left after Round 1 to look to progress.

LEAGUE NEWS

LISTOWEL CELTIC TOP DIVISION 2 NORTH:

Listowel Celtic are top of the JK Sports 12 Division 2 North after their 4-2 win over Castleisland B. Sean O'Connor hit both goals for the Castleisland side. Tralee Dynamos B remains in joint second place despite going down 3-0 to Mastergeeha

who move up to fourth. Ruairi O'Donoghue got 2 and Timmy Keane got the Mastergeeha goals in a game played in the legendary Low Field in Tralee. Fenit B are in joint second alongside Tralee Dynamos after they won 2-0 on Friday night away to Camp Juniors.

Inter win only game in Division 2 South:

Inter Kenmare B are up to joint second in the JK Sports 12 Division 2 South 3 points behind leaders MEK Galaxy B. Inter defeated Killorglin thanks to goals from DJ Harrington and Neal Hyland who got two each with Alaister Dewer, Philip O'Sullivan and Mathew Miles getting one each.

Athletic open 13 Premier campaign with a win: Killarney Athletic made the trip to Tralee Dynamos in the Daly's Supervalu 13 Premier a winning one thanks to a goal from Luke Doolan and a Man of the Match performance from their keeper Caolan Mitchel. The win sees Athletic joint top of the table.

Park make it two from two in 14 Premier:

St Brendan's Park have made it two wins from two to top the Slattery's Carpets and Blinds 14 Premier. The Park goals came from William Jakpovi who hit three and Sam Slattery. Oisín O'Halloran saved a Dynamos penalty to keep a clean sheet for his side.

ATHLETIC GO TWO FROM TWO TO TOP 14

DIVISION 1: An away win against neighbours sees Killarney Athletic go two from two from their opening two games to sit joint top the 14's Division 1.

Rohan Saha played the captains part by hitting a hat trick. Birthday boy Keelan Vearasoo hit one as did Nathan Cronin and Glen Bowler for Athletic with Joey McCarthy and Tomas Coffey replying for Celtic.

Dingle Bay Rovers have also won their two opening games defeating Inter Kenmare in this weekend's game. Paudie Fitzgerald hit 3 for Dingle Bay with James Hoare, Cian McGearailt, Sean Roche and Conor Corduff getting one each.

PARK ONE POINT OFF TOP SPOT IN 14

DIVISION 2: The Park's away win at Dingle Bay sees them in second place and only one point leaders Killorglin C in the 14's Division 1. Two goals from Jakob Niezowski and one from Sam Fitzgerald saw the Tralee side take the win 3-2. Sean Sheehy and Kayle Getkate replied for Dingle Bay.

MEK Galaxy have made a good start to their campaign and are on four points from their two games. They beat Mastergeeha B 7-3. Aaron Dinham had a good day hitting four goals with Tadgh Gosney, James Clifford and Darragh O'Neill getting one each.

DYNAMOS TOP OF 16 DIVISION 1 NORTH

Tralee Dynamos win by the odd goal in seven sees them go top of the Tralee Trophy World 16 Division 1 North. Jack O'Donoghue, Eric McMahon and Adam Murphy were on the mark for Dynamos. Dylan Godley 2 and Felim O'Sullivan were on the mark for Ballyheigue.

LB Rovers and Listowel Celtic played out a 2-2 with Kieran O'Carroll getting 2 for LB and Adam Segal and Jack Carty replying for Listowel Celtic. Inter win first game in 16 Division 1 South Goals from Jamie O'Regan, Adem Gul, Yago Cornide, Sean Treyvaud and Darren Allman gave Inter Kenmare the win over Killorglin B for whom Eoin Lynch replied.

LISTOWEL CELTIC WIN ONLY 15'S GIRLS GAME:

Goals for Lily Twomey, Mary Kenny and Ciara Henderson gave Listowel Celtic the points in the only girls game as they defeated Camp Juniors.

KILLARNEY ATHLETIC

MUNSTER JUNIOR CUP

Killarney Athletic do the Business with a 1-0 win over Castelisland AFC.

U14 DIVISON ONE

Killarney Athletic 6 Killarney Celtic 2

Goals from Our U14 Division One Team Travelled to Killarney Celtic this morning The Blues came out on Top of a very Sporting Game with a 6-2 Win. Ronan Saha With a Hat Trick, Keelan Verrsoo, Nathan Cronin and Glen Bowler.



MASTERGEEHA FC



U14 NATIONAL CUP Granville 5 Mastergeeha 4 In this close game away in Limerick on Saturday afternoon the boys were unlucky not to force the game to extra time. Sean Doolan, Keelan

O'Shea, Kieran Nagle and Emmett Spillane got the Mastergeeha goals but in the closing stages they were unlucky hitting the post and crossbar with good shots.

U14 MEK 6 Mastergeeha 3 In this game the boys went in at the break 3-1 up with Sean McAuliffe and Mathew Kennedy getting the goals. In the second half the home side were more clinical and got the goals that ensure they took all three points. All played well with Captain on the day Darra Moynihan leading by example.

SENIORS Mastergeeha 6 Tralee Dynamo 3 In this high scoring game the seniors trailed the Tralee side 2-1 at the break. A much better performance in the second half ensure Mastergeeha took all three points. Philip O Leary (2), Paul Moroney, Dylan Murphy, Owen Daly and Gearoid Kerins got the goals in a good team performance.

40TH ANNIVERSARY 40th anniversary celebrations 19th/20th of October 2019 at Kilbreen Park. Mastergeeha F.C are celebrating 40 years in business this year and to celebrate this remarkable achievement the club is having a fun filled weekend with an academy blitz, fun day, charity match, football darts and so much more taking place. There will be plenty of activities for both young and old so SAVE THE DATE and come celebrate with us.

KILLARNEY CELTIC NOTES

MUNSTER LEAGUE CHAMPIONS TROPHY
Killarney Celtic 4, Everton 0.

A determined Everton side held out until extra time where Celtic finally made the breakthrough and goals from Ryan Kelliher, Stephen O Mahony, Stephen McCarthy and Danny Roche saw the A team progress.

PREMIER B Killarney Celtic B 1, Killorglin 1, Terry Sparling got Celtic's goal

U16 NATIONAL CUP

Shannon Town 4, Killarney Celtic 0

Behind to a 1st half penalty Celtic were caught on the counter by 3 late goals to bow out of the National Cup



U14 NATIONAL CUP

Killarney Celtic 4, Aisling Annacotty B 1.

Josh Bowler grabbed 2 goals to send Celtic in 2 to the good at half time. Josh struck again to put us 3-0 ahead before Callum Cronin scored number 4. Annacotty scored a consolation from the penalty spot.

U14 DIV 1

Killarney Celtic B 2, Killarney Athletic B 6.

Joey McCarthy and Thomas Coffey scored for Celtic.

U12 NATIONAL CUP

Bridge Utd AFC 1, Killarney Celtic 1 (AET). Bridge won on pens.

After a valiant effort in Clare our U12 team bowed out of the National Cup on penalties. Luke O Shea scored an equaliser in the 2nd half to send the game into extra time. No further scores son it went to penalties where Bridge came out winners.

OUR U10 squad played away to Killarney Athletic last weekend.

CONGRATS to Josh Bowler U14A who made the KSLG Team of the Week.

CELTIC LOTTO

Numbers drawn 3,10,23,28. No jackpot winner. 3 Lucky Dips €50. Next jackpot €10,800.

MEK GALAXY NEWS

UNDER12S NATIONAL CUP:

2 Lifford AFC - 5 MEK Galaxy

MEK Galaxy Under12s made the long journey to Ennis to play their first game outside the county. The game was played in very rain in the 1st half, the boys took the lead after 4mins when Cillian O Donoghue fired home from the edge of the box, after a good start we then failed to convert a number of chances and Lifford equalised with a smart finish from the edge of the box, after this we took control of the 1st half with Fionn Kennedy firing home after a assist from Jayden Fennell it was followed soon after by a penalty converted by Jack Hallisey.

The 2nd Half started as the first ended with plenty of MEK chances, with James O Meara firing home with a cracking drive from outside the box, Lifford pulled back a goal with a unstoppable curling effort, but the last goal was scored from the penalty spot by Fionn Kennedy. The boys played extremely well in difficult conditions with Jayden marshalling his



A fresh young Fossas team from 2010 - just one of the photographs which will feature in the new Fossa 50 Year Book which will be launched later this month.



MEK Galaxy who were defeated by St Brendans Park in the SFAI National Cup u16 second round.

area very well, the defence of Danny Murphy, Dylan O Meara, James Spillane and Emjay Leslie all put in great performances, Jack Hallisey and David McCarthy worked tirelessly throughout in midfield assisted by Cillian O Donoghue, Feargal Murphy and James O Meara on the flanks, up front Fionn Kennedy gave a exhibition of Centre forward play scoring 2 goals and holding the ball up and bringing his team mates into the game. Best on the Day were Cillian O Donoghue and Jayden Fennell but joint Man of the Match went to Jack Hallisey and Fionn Kennedy.

SFAI NATIONAL CUP U16 SECOND ROUND.

Result MEK Galaxy 1 St Brendans Park 2 after extra time.

We started a bit nervously playing against a strong wind. However we gradually got into the game and were unlucky to go one down halfway through the half. Soon after Daire was unlucky to have a shot cleared off the line. Playing with the wind we dominated most of the second half and were full value for the equaliser which came from a wicked swerving free kick from Shane O'Connor which found the top corner of the net. We had a few chances to win it from there and were unlucky not to do so.

From a quick counter attack in the first minutes of extra time Park scored an excellent goal. We

tried very hard to get a deserved equaliser but we ran out of time to leave it 2-1 to the park.

Paddy Osbourne referred the game very well and we wish Colm and St Brendans Park the best for the remainder of the season.

To put our performance in perspective Park have made the national semi finals of this competition for the last 2 years. They also beat us comfortably in the Kerry cup in those years. We have a lot to be proud of today and this gives us a great base to go forward from. Well done to everyone involved and to Darragh O Regan and Robin ODay who helped with the preparation.

We are very proud of you lads well done!! The full squad was Captain Shane Evans Dean Sheehan Tadhg O'Sullivan Sam Buckley Shane O'Connor Sam Griffin Leo Healy Daire Mc Carthy Brendan Casey Liam Roche Eddie Moroney Steven OBrien Eden Murphy

FIXTURES: Saturday 12 October

U11 Gold Killarney celtic v mek 3.00pm

U11 Red Killarney celtic v mek 3.00pm

u13 division 2 Round 2 Killorglin b v Mek Galaxy c 11.00am

U13 Girls Iveragh FC v MEK kickerz 2pm

Dingle Bay Rovers v MEK Starz 2pm

MUNSTER JUNIOR CUP

Senior A V Killarney Celtic - Dragons Den @11:30



Fiana Bradley, a first year student at Milltown Presentation Convent who has been selected to play and train with Cork City Academy under 17s and Kerry Schoolboys/girls under 13s.



U10 Non Competitive League - Two great games with Killarney Athletic and Killarney Celtic - great atmosphere and goals galore for everyone.



U14 National Cup. Killarney Athletic Travelled to Broadford United in the Second Round of the National Cup and came out on top with a 6-2 Win.



U17 FAI Cup - Killarney Athletic U17 who were defeated by a strong Ennis Town Squad.

KERRY COUNTY COUNCIL
COMHAIRLE CONTAE CHIARRAÍ
KILLARNEY MUNICIPAL DISTRICT

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<p>Tralee: 0761 07 7860 Killarney: 0761 07 7820 Listowel: 0761 07 7840 Caherciveen: 0761 07 7780 Kenmare: 0761 07 7810 Location Beside Poff's Café, New Rd</p>	<p>Killorglin: 10am-4pm Tuesday weekly Killorglin Area Services Centre, Library Place</p> <p>Dingle: 10am- 2pm 3rd Tuesday monthly Kerry Education & Training Board, Goat St</p>
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Special Services Include:

- Free Legal Advice Clinics (FLAC).
- Chartered Accountant Voluntary Advice (CAVA).

Funded & Supported by the Citizens Information Board

KILLARNEY GOLF CLUB - LADIES

RESULTS

SUNDAY 6th OCTOBER 2019 very kindly sponsored by Christys Gift store Killarney.

LADIES COMPETITION HELD ON KILLEEN AND WAS STABLEFORD FORMAT

1. Catriona OLeary 41pts (28)
 2. Kathleen Rice 38pts (45)
 3. BG Mary Sheehy 29pts (2)
 4. Geraldine Tarrant 36pts (27)
 5. Margaret Curtin 35pts (26)
- Congratulations to all the winners! Next week ladies competition is kindly sponsored by Michael and Geraldine Rosney from Killeen House hotel & Rozzers Restaurant , it will be Stroke Play format on Mahonys Point, Sunday 13th October 2019

ROSS GC, KILLARNEY - GENTS CLUB

RESULTS

On Oct 5th/6th we held the Maurice O'Donoghue Memorial Cup SS competition. This competition was very well supported with a very large turnout in good weather conditions. The scoring was very tight and competitive.

The winners were

1. Rolandas Bendikas (14) 41 pts.
2. Gianfranco Ghidini (16) 39 pts
3. Con O'Mahony (23) 37 pts
4. Donie Broderick (19) 37 pts

FIXTURES: On Oct 12th/13th we

will hold the 5th round of the Keanes Jewellers Gold Medal Strokeplay competition. The timesheet is now available in the Clubhouse.

CLUB MATCHPLAY CHAMPIONSHIP:

We are now very close to the semi final stage of the Killarney Medal & Trophy Centre Club Matchplay championship. Please ensure that all outstanding matches are played as soon as possible.

KILLORGLIN MEMBERS GC (MEN'S SECTION)

RESULTS:

Winners of President Rick Sheehy's Prize on the 6th October 2019 were as follows:

1st Place - Pat Healy (20) 40 Points (CB), 2nd Place - Pat Sheahan (17) 40 Pints (CB)), 3rd Place - Vincent Darby (12) 40 Points, Gross: Joe Kennedy (5) 76 Strokes, 4th Place - President Rick Sheehy (21) 39 Points, Past President: Tommy Murphy (12) 34 Points, Senior: Dermot Kelly (21) 37 Points, Category B: Patrick Callaghan (13) 38 Points (CB), Category C: Alan Quirke (21) 38 Points, Front 9: Pat Goulding (16) 21 Points, Back 9: Tommy Evans (14) 21 Points, Longest Drive and Nearest the Pin: Gerry Flemming.

FIXTURES: Next Saturday and Sunday 12th and 13th October is a V-Par very kindly sponsored by Morrison Tours.

Sarah Mangan Memorial Trophy

Tournament is on the Bank Holiday Monday of the long weekend.

DEERPARK PITCH & PUTT CLUB NEWS

SUNDAY RESULTS:

Three Person Team, Two Scores to count- Nett: Gearoid Cronin, Declan Kelly & Noel Moynihan 79 2/3 and Gross: John McGrath, John Murphy & Willie O'Keeffe 95.

Over 50's Outing: The Over 50's outing was played in Castleisland last Wednesday, October 2nd, as Newmarket was unfortunately unplayable. The weather was kind and the course was also in great nick. Results were as follows: Three Ball 2 Scores to Count- Nett: Aidan O'Keeffe, Jimmy O'Sullivan (Newmarket) & Pat Mitchell (Castleisland) and Gross: Johnny McCarthy (Castleisland), Jerry Lee (Tralee) & Robbie O'Brien Snr. Three Ball Scramble- Nett: Sean Ashe (Gleneagle), Robbie O' Brien Snr & Jimmy O'Sullivan (Newmarket) and Gross: Johnny McCarthy (Castleisland) Roger Guthrie (Tralee) & Eileen Switzer. Scotch Foursomes- First Nett: Pat Mitchell (Castleisland) & Jerry Lee (Tralee), Gross: Robbie O'Brien Snr & Johnny McCarthy (Castleisland) and Second Nett: Sean Ashe (Gleneagle) & Betty O' Brien. A great day was had by all.

WILLIE PARKER MEMORIAL: We are delighted to run this event again after a three-year absence. It will be a 36 Hole Singles V Par with

tee-off from 8.30am-9am. Entry €10 per adult member with scores to be entered in PPUI Handicap System afterwards.

U-16 MATCHPLAY: We hope to play the U-16 Club Matchplay over the Mid-Term break at the end of October. Further details to follow. Open Three Ball Scramble and Scratch Cups: Scheduled for the October Bank Holiday Weekend once more this year. Further details to follow

KILLARNEY GOLF CLUB MENS' CLUB

RESULTS of C.R.L Oil sponsored VPar event held on Saturday 5th & Sunday 6th on Mahony's Point;

- 1st Colum Fraser 6up(07)
 - 2nd Colm O'Shea 5up(11)
 - 3rd Cian Buckley 5up(10)
 - 4th Fergus McCarthy 5up(24)
 - 5th Denis Cronin 4up(29)
- Category 1 Michael Maher 4up(05)
Category 2 Creagh Courtney 3up(09)
Category 3 Tony Walsh 4up(17)
Category 4 Austin J. Buckley 2up(19)

The final Golfer of the Year event will take place this coming weekend, on Saturday the 12th and Sunday the 13th on the Killeen course and will be sponsored by Liebherr.



Photographed at the presentation of prizes at the recent Presidents Prize in the Ross GC are: Front (l to r) Captain John Cushkelly, Ivo O'Sullivan Snr, Ivo O'Sullivan, President, Tim Sheehan -Winner, Lady Captain Therese O'Keeffe. Back (l to r) Alius Brazietas, Donnagh Moynihan, Seán Walsh, Johnny Brosnan, Aidan McGaley, Tadhg McCarthy, Maurice Coffey.



Terance Mulcahy, Sean Counihan, Randy Walsh and Robert Surratt enjoying the Killarney course during the Killarney Twin Town Association Golf tournament.

TOWN TWINNING GOLF TOURNAMENT A HUGE SUCCESS

This week, the Killarney Town Twinning Association held their inaugural Town and Sister City Twin Cup Golf Tournament.

Over fifty people arrived in Killarney including a first time a delegation from Casperia which was led by their Mayor.

The golf was a huge success and it was the delegation from Concord who were the eventual winners. The group played Killarney, Waterville, Tralee and Dooks and were delighted to have Cathaoirleach of the Killarney Municipal Area, Michael Gleeson on hand to present the Twin Cup to Concord. North Carolina.

Runners up were Castiglione, Pleinfeld Scotsdale and Killarney.

"On behalf of the Killarney Town

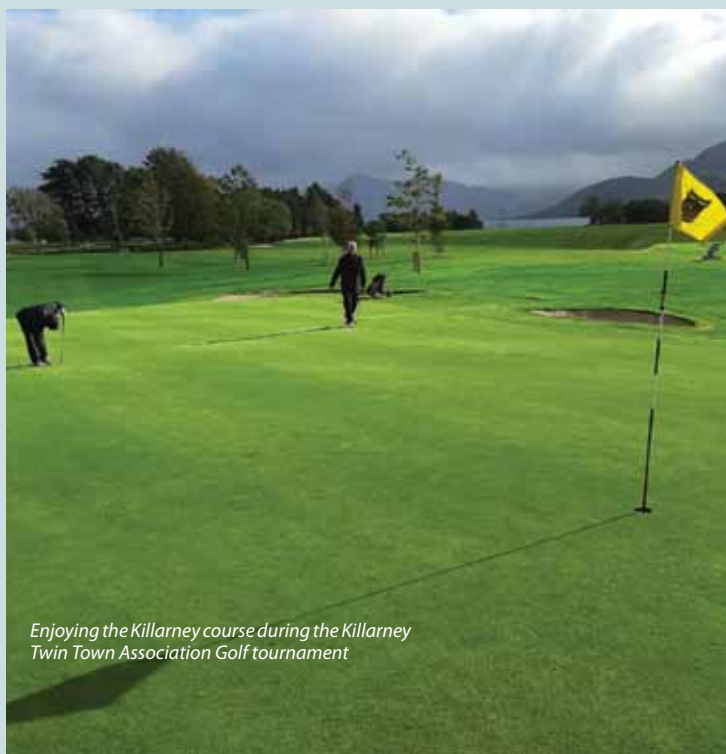
Twinning Association we would like to thank all those that made the long journey to participate", Chairman of the organisation, Sean Counihan told the Killarney Outlook.

"Tours like this hugely help to bond the links between our groups and associations, both in sport and cultural exchanges", he added. is next on agenda with our German town of Pleinfeld", Sean said.

The Killarney Town Twinning Association thank all involved in making the inaugural International golf tournament such a huge success and according to Chairman Sean Counihan preparations have already begun for next year's tournament.



Killarney town twinning Association golf tournament. From left: Sean Counihan, Brian O'Leary, Mike Downs, Dr Robert Surratt, Tim Vaughan, Randy Walsh, Mike O'Leary



Enjoying the Killarney course during the Killarney Twin Town Association Golf tournament



KILLARNEY
GOLF & FISHING CLUB

HALLOWEEN

JUNIOR GOLF CAMP

Wednesday & Thursday
30th & 31st October
10.30am - 3.30pm
at Killarney Golf Academy, Lackabane

- Ages 6 - 13 years
- €69pp or €60 siblings or previous 2019 attendees.
- Lunch included

For reservations call Mark 087 2209663 or Ciaran 089 494 4260



KILLARNEY
GOLF ACADEMY

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Sloping Lies

When you find that your ball is either above or below your feet, remember the following simple rules:



Aim right of target when the ball is above your feet and choke down the grip



Aim left of target when your ball is below your feet and use all of the grip

This is to allow for the balls expected curvature in flight

CONTACT PGA PROFESSIONALS

Mark Heinemann - 087 220 9663
Ciaran McKenna - 089 494 4266



Know Your Rights: Shopping online after Brexit

Question

If the UK leaves the EU, what changes can I expect when shopping online from a UK retailer?

Answer

EU consumer law will not apply to UK sales, including online sales, after it leaves the EU. Therefore, your current consumer rights as provided for under EU consumer law will no longer be available.

For example, if you are in a dispute with a UK-based trader, you may not be able to avail of the European Consumer Centre network or the European Small Claims Procedure. However, consumers in Ireland can take individual action through the Irish courts if they have purchased online from UK traders who do business in the EU.

You should also be aware that following Brexit, you may have to pay certain taxes and duties when buying from the UK. You may have to pay customs duty, excise duty and VAT. These charges are calculated according to the value of the item and can include the transport costs. You can find detailed information about your consumer rights and Brexit on the Competition and Consumer Protection Commission website, ccpc.ie and on your consumer rights in the event of a no-deal Brexit on the europa.eu website.

Further information is available from the Citizens Information Service below.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee on Tel: 0761 07 7860 Killarney 0761 07 7820, Listowel 0761 07 7840 Kenmare 0761 07 7810, & Caherciveen 0761 07 7780 - Outreach Services; Killorglin weekly, Dingle monthly, please call Tralee for more information. Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service: 0761 07 4000



Due to the expansion of our swimming squads,
Killarney Swimming Club is looking for
SWIMMING COACHES

We are a progressive, competitive swimming club with over 80 members and will consider applications from qualified Swim Ireland coaches or the equivalent.

Please register your interest, or any queries, with our club Secretary at
killarneyswimmingclub@gmail.com
on or before the 8th of November 2019.

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Saint John of God Community Services CLG, Kerry Services

Saint John of God Kerry Services provides a range of programmes and services for adults and children with an intellectual disability throughout the Kerry region. A person-centered approach to service delivery is promoted in accordance with the Organisations values and ethos and in keeping with its commitment to the continuing development of community based services.

If you are looking for a new exciting challenge and share best practice, the following roles might be of interest:

SENIOR SPEECH AND LANGUAGE THERAPIST

(19.50 hours per week, Fixed Term Contract until September 2020)

The successful candidate must have:

- Have a recognized qualification in Speech and Language Therapy
- An undergraduate or post-graduate qualification in dysphagia
- Have Speech and Language experience in the area of intellectual disability.
- Have at least 6 months experience working in the area of dysphagia with children or adults.
- Full Clean Driver's Licence

Personal Attributes:

- Excellent communication and inter-personal skills
- Enthusiastic, hardworking and self-driven
- Proven experience and ability to properly discharge the functions of the role.
- A full clean driver's licence for manual vehicles is essential.

STAFF NURSES

(Full Time/Part Time Permanent, Relief Contracts)

The purpose of this role is to work with individuals to access social and recreational activities in accordance to their wishes and to provide nursing support as required in a number of our residential services across County Kerry.

The successful candidate requires:

- RNMH/RNID qualifications or other suitable nursing qualifications and to be a Staff Nurse on the current register as maintained by An Bord Altranais.
- 1 – 2 years relevant experience of supporting people with an intellectual disability is an advantage.
- Relevant experience of working with people who have behaviours that challenge is an advantage.
- Demonstrate excellent communication (both verbal and written), organisational skills, flexibility and commitment.
- Must have a full clean driver's licence for a manual vehicle, D licence would be an advantage.

Informal enquiries to Catherine Hunt or Shirley Knight,
064-6644133 ext. 257/213

SOCIAL CARE WORKERS

(Full Time/Part Time, Fixed Term /Specified Purpose /Relief Contracts)

The successful candidate requires:

- Diploma in Social Care/Diploma in Applied Social Studies/Social Care
- 1- 2 years' experience working with individuals with an Intellectual Disability (Desirable)
- Flexible and excellent communication skills
- Initiative, motivation and enthusiasm
- Commitment to the development and delivery of a person centred programme.
- Experience of supporting people presenting with challenging behaviour.
- Must have a full clean driver's licence for a manual vehicle, D licence would be an advantage.

Informal enquiries to Catherine Hunt or Shirley Knight,
064-6644133 ext. 257/213

CARE ASSISTANTS

(Full Time/ Part Time Permanent/ Fixed Term, Relief Contracts)

This varied role involves working with a team to support individuals in their daily activities in their home and supporting the person to access the community.

The successful candidate requires:

- Certificate in Healthcare Support at FETAC Level 5.
- He/She supports and assists in all activities of daily living in line with the needs and wishes of the individual as outlined in an agreed care plan.
- Acting as an advocate for residents and promoting social interaction with the community.
- Demonstrate excellent communication (both verbal and written), organisational skills, flexibility and commitment.
- Must have a full clean driver's licence for a manual vehicle, D licence would be an advantage.

Informal enquiries to Catherine Hunt or Shirley Knight, 064-6644133 ext. 257/213

INSTRUCTOR COMMUNITY INTEGRATION & DAY SERVICES

(Full Time/ Part-time, Fixed Term /Specified Purpose /Relief Contracts)

This role will support individuals to create opportunities to have valued social roles in their communities and provide learning and development opportunities.

The successful candidate requires:

- A relevant Third Level Qualification in Social Care, Education, Health and Leisure, Community or other (FETAC Level 6 or higher).
- A minimum one years' experience of supporting adults with an intellectual disability.
- An ability to facilitate, instruct and support service-users in a variety of service and community based programmes.
- Previous experience in training and community development e.g. QQI with a creative approach to service delivery would be an advantage.
- Proficient IT skills and report writing.
- Excellent communication, teamwork, interpersonal and organisational skills.
- A full clean driver's licence for a manual vehicle, D licence would be an advantage.

Informal enquiries to Helena Cronin, 0667124333 ext. 119

Interested candidates should apply by forwarding a Cover letter and Curriculum Vitae, including written explanation for any gaps in employment, to the Human Resources Department by email to sjogkerry.recruitment@sjog.ie

Closing Date for receipt of applications is the 18th of October 2019 at 5.00pm.

Shortlisting will be based on information that candidates provide in their application in line with above requirements. A panel may be formed from this campaign from which further vacancies which may arise during the lifetime of the panel will be filled.

Saint John of God Community Services CLG is an equal opportunities employer
Hospitality - Compassion - Excellence - Justice - Respect

TODAY IS INTERNATIONAL DAY OF THE GIRL CHILD:

In 1995 30,000 women and men from nearly 200 countries arrived in Beijing, China for the Fourth World Conference on Women, determined to recognise the rights of women and girls as human rights. The conference culminated in the unanimous adoption of the Beijing Declaration and Platform for Action: the most comprehensive policy agenda for the empowerment of women.

In the years following, women pressed this agenda forward, leading global movements on issues ranging from sexual and reproductive health rights to equal pay. More girls today are attending and completing school, fewer are getting married or becoming mothers while still children, and more are gaining the skills they need to excel in the future world of work.

On December 19, 2011, the United Nations General Assembly adopted Resolution 66/170 to declare October 11 as the International Day of the Girl Child, to recognise girls' rights and the unique challenges girls face around the world.

Today, these movements have expanded. They are being organised by and for adolescent girls, and tackling issues like child marriage, education inequality, gender-based violence, climate change, self-esteem, and girls' rights to enter places of worship or public spaces during menstruation.

The International Day of the Girl Child focuses attention on the need to address the challenges girls face and to promote girls' empowerment and the fulfilment of their human rights.

FAREWELL EVENING:

For Kilcummin parishioners who wish to celebrate and honour the time Fr. Eamonn spent with them a celebratory evening will take place on Wed 16th October in the Parish Recreational Hall. There will be envelopes in the Church Porch for anyone who would like to make a donation. For organisational purposes please state on your envelope the number from your household who will attend.

DID YOU EVER WORK ON THE MISSIONS?

Bishop Ray Browne invites all who have worked on the missions to an Evening of Celebration on Tuesday, 22nd October at 8pm in St John's Parish Centre, Tralee. This event is to acknowledge the people who spent time in the developing world and their contribution to the lives of many. Refreshments on the night. If you wish to attend, please contact the John Paul II Pastoral Centre on 064 663 2644.

THE IRISH CANCER SOCIETY:

Run a free transport programme for patients struggling to get to their chemotherapy appointments. We are doing a national volunteer driver recruitment. Please note that all drivers get their expenses back (0.24cents per km, €8 towards some food and all road tolls are paid) and the service is completely free to the patient. Patients are identified as being in need by the hospital social workers / nurses

and referred to the service for transport to and from treatments. For further details please contact Laura on 01 231 0594 or email transport@irishcancer.ie



'Harvest Festival', decorating our churches with baskets of fruit and food in a festival usually during the month of September/October. Harvest Festival reminds Christians of all the good things God gives them.

Picture Marie Carroll-O'Sullivan

ON THIS DATE - October 11th:

1922 - The Constitution of the Irish Free State (Saorstát Éireann), drafted by W.T. Cosgrave, was adopted.

1923 -The German Mark fell to 10 billion per £, 4 billion per \$.

1929 - Sean O'Casey's "Silver Tassle" premiered in London.

1950 - The U.S. Federal Communications Commission issued the first license to broadcast television in colour, to CBS.

1952 - A report produced by the Department of Health in England said that more children under the age of 15 were killed in accidents in the home mostly through burns and scolding than in any other way including on the roads.

1962 - Second Vatican Council (21st ecumenical) convened by Pope John XXIII.

1979 - Allan McLeod Cormack and Godfrey Newbold Hounsfield won the Nobel Prize for medicine for developing the CAT scan.

1999 - Irish Hospitals began scaling down their services after nurses voted overwhelmingly to go on strike.

1999 - The Lord of the Rings movies began principal photography.

2009 - Gwyn Roberts began his 347-day, 27,000 mile "Overland in the Sun" adventure, driving an old Landcruiser outfitted with solar power from London to Cape Town.

ARSNIC IS NOT A CURE FROM THESE ROUNDWORMS:

Besides being an otherworldly strain of beautiful, Mono Lake in California is a body of water that is salty and very basic, with a pH of 10 - the equivalent of detergent and in addition has levels of arsenic around six times what is considered safe for drinking. No fish live in the lake, but some animals such as brine shrimp and alkali flies find a way, to thrive in the toughest conditions. Now, another hardy species can be added to Mono Lake's list of aquatic residents—nematodes, including a newly discovered, arsenic-adoring species from the genus *Auanema* – a roundworm with a couple of unique evolutionary traits, chief among them

the capacity to survive more than 500 times the amount of arsenic that is fatal for humans. It has three sexes—female, male, and hermaphrodite which are uniquely suited to trailblazing into new areas, since they reproduce solo. The nematodes are also viviparous, meaning that instead of laying eggs like most nematodes, they have live births.

ROME METRO IS OFFERING TICKETS-FOR-PLASTIC:

Italy's capital is offering travellers a way to exchange their waste plastic bottles for tickets on its public transport system.

For example a standard ticket valid for one metro ride or 100 minutes on all buses allowing transfers costs €1.50 or 30 empty bottles and commuters are enjoying the new way of saving cash.

"The situation is quite disastrous," President of environment group Legambiente, Stefano Ciafani, said. "Rome has failed to create an efficient system for differentiated waste collection and it has not built the recycling plants that are fundamental for a city where three million people live. If the waste treatment plant is closed and no recycling plants are created on the territory, the waste will continue to be exported outside the region as it is today."

The eco-friendly plastic-for-tickets initiative was launched by Rome Mayor Virginia Raggi on behalf of Rome's transport network, Atac. The recycling machines are placed in three metro stations for a 12-month testing phase.

DO YOU EAT YOUR GUINNESS?

Following three years of experiments Mark Zable, debuted his creation of deep fried, ravioli-shaped dough with a dark filling at the Texas State Fair in 2010 and won that year's Most Creative award. He said it would be easy to simply fry a beer-based batter, but doing it his way keeps the brew - Guinness, to be specific - intact while frying the pretzel dough around it. Although he won't reveal the exact recipe, speed is key. Each nugget of stout-filled dough should be deep-fried for no more than 20 seconds to get the full flavour of the warm, rich stout.

East Kerry shop/business seeks

PART TIME SALES ASSISTANT

Required to work
weekdays, evenings
and weekends

- *Experience is desirable but not essential.*
- *Candidate will be dealing with a variety tasks.*
- *Must be Computer Literate.*
- *Also honest with a comfortable ability to deal with customers.*

ALL REPLIES TO PO BOX NO 21019
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Castleisland, Co Kerry.



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Rathmore

PART TIME STAFF REQUIRED

from November 2019

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- Flexible hours to suit parents of school going children.
- Minimum Childcare level 5 required

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Email CV to danurathmore@gmail.com
by Friday October 18th

Phone 064 7758700
or email for more information



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Tel: 064 66 31814

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RETAIL OPERATOR

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DELI ASSISTANT

- FULL TIME -

- MUST BE FLUENT IN ENGLISH
- OVER 18 YEARS OLD

APPLY BY C.V TO
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C/O SPAR PARK ROAD

Park Road, The Countess Shopping Centre, Killarney



KERRY FRIENDS OF MOTOR NEURONE

Are hosting an
INFORMATION EVENING
on **Thursday 17th October 2019**
at the

Plaza Hotel Killarney
at 8pm

Everyone is welcome

Contributors to include
the following:

- Motor neurone sufferer
- Motor neurone specialist nurse
- Family members talking about their experience of motor neurone disease
- Imnda regional development officer

KERRY FRIENDS OF MOTOR NEURONE WILL MAKE
A CHEQUE PRESENTATION TO THE IRISH MOTOR
NEURONE DISEASE ASSOCIATION

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The best time to divide herbaceous Perennials is when the plants are dormant, so anytime from November to mid March.

A lot of spring flowering plants such as Irises, are best divided in summer after flowering when they produce new shoots.

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A Word of Victory



Welcome back dear reader is there turmoil going on in your family - depression, anxiety, addictions to alcohol, drugs, porn or the phone? Our youth are being assaulted daily through content on their phones and laptops. Not only their innocence, but the foundations of life are being torn asunder by the trash that they are being exposed to online. You may say what can I do about it? For a start, educate yourself on what your children are watching. Even the seemingly innocent programmes and apps are created by ungodly companies for power and greed. Codes are written with the help of psychologists to pinpoint how to make the brains of those watching react in the same way as if they were ingesting Cocaine. Our children and grandchildren are being specifically targeted to hook and addict them, and they are being re-programmed from what is normal reality, into a dark, subversive world that seeks to control them. This is what Jesus warned about – the end times before His return when the spirit of anti-Christ will infiltrate every strata of society in order to gain control over people. But, we cannot lay all the blame at the giant corporation's feet. Parents have to take accountability for the part they've played also. There are households that are daily watching violence, porn, rape, horror and every kind of sin without batting an eyelid at it. How do you think your children will not be affected? It is not "quality drama" as it is so often promoted. It is evil. And it needs to be repented for and renounced, and the power of the demons it has given access to must be revoked in Jesus name. Our world is in chaos – there are problems that people do not have answers for, or the ability to deal with, and it's time for us to realise that removing God's Word from everyday life and society has had a detrimental effect, instead of the freedom and liberty that was promised. The devil is laughing. Satan is destroying people's lives left, right and centre and the greatest laugh of all for him, is that the world is convinced that he does not exist. He does friend – but - his power is no match for the Power of God which He demonstrated through the life, death and resurrection of His Son our Lord Jesus. Cry out to Jesus today for your children. Pray for them and teach them God's plan for their lives (Jeremiah 29:11; Philippians 4:4-9).

More next week...



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Word of Victory is a paid advert and does not represent the editorial views of this magazine.

THE PRAYER TO THE HOLY SPIRIT

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

DF

THE PRAYER TO THE HOLY SPIRIT

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

1ST ANNIVERSARY & ACKNOWLEDGMENT

IN LOVING MEMORY OF

LILIAN DILLION
(NEE MCMANUS)



DOONEEN, CASTLEISLAND WHO DIED ON 14TH OCTOBER 2018
REST IN PEACE

We, the family of the late Lilian Dillon would like to thanks most sincerely all those who sympathised with us on our sad bereavement.

Our gratitude to all those who attended the removal, visited the house, funeral mass, burial and months mind. Especially those who travelled long distances and from abroad to be with us. Those who sent floral tributes and Mass cards,

To our great neighbours, friends and relatives for their kindness, help and generosity.

A special thanks to Fr. Dan Riordan who celebrated the funeral mass, to Martina, organist and singer from Duagh and David Rath from Tralee who provided beautiful music and all who took part in the mass. We would like to extend a heartfelt thanks to Tangneys Undertakers for the sensitive and professional manner in which they looked after the funeral arrangements.

We would like to thanks Dr. Helena Moore, Bon Secours Hospital, Tralee, Dr. Anne Fleming and MS Killarney for all the help given to her over the years.

It would be impossible to thank everyone individually. We hope this acknowledgement will be accepted by all as a token of our appreciation.

The Holy Sacrifice of the Mass has been offered for your intentions

Anniversary Mass on Saturday 12th October at 6.15pm in Castleisland Parish Church.

SADLY MISSED BY YOUR
LOVING FAMILY



The Choir at Glenstal...

The Students Choir from Glenstal Abbey School, Murroe, Co. Limerick, getting ready to sing at the annual Carol Service at the Abbey Church ahead of the Christmas Season. Photo: Valerie O'Sullivan

See more on page 8.

1ST ANNIVERSARY & ACKNOWLEDGMENT

IN LOVING MEMORY OF

NIALL MCGILLICUDDY



LATE OF CLOONTEENS, KILCUMMIN
KILLARNEY, WHO DIED ON THE
12TH OF OCTOBER 2018.
REST IN PEACE.

On Niall's first anniversary we, his Mom Sheila, Dad Daithi and sisters Ellen and Jane wish to acknowledge the many expressions of sympathy and gestures of kindness shown to us following the sad loss of our wonderful son and brother. We offer our heartfelt thanks to our family, extended family, friends, neighbours and well wishers who visited our home, attended the rosary, removal, mass and burial and who provided emotional and practical support for us at this difficult time. For those who telephoned, travelled long distances, sent floral tributes, Mass cards, letters of sympathy and memorial gifts, also those who made charitable donations, we are truly grateful. A sincere thank you to Dr. Donal Coffey, Dr. Iarla Curran, nurse Anne O'Brien and all the Staff at Ross Medical Centre. To the medical staff and ambulance service at UHK for their empathy and compassion, to Professor Mary Cahill, her team and to all those who work on ward 2D who went beyond the call of duty in their care for Niall, also to Juliana Crowley and the chaplaincy in CUH for their endless support, to Professor Larry Bacon and the medical staff of St. James hospital Dublin and Sr. Joyce in the chaplaincy. A special word of thanks to Bru Columbanus, Friends of Leukaemia, and Arc House for their invaluable support during Niall's illness. We would like to thank our wonderful neighbours for the guard of honour they provided to Niall on his final journey from his home. To Holy Cross Mercy School, Presentation Monastery School, St. Brendan's College, Legion GAA club and Killarney Celtic for their guards of honour which were a personal and dignified tribute to Niall. We thank you so much. To Fr. Jim and all the priests who concelebrated Niall's Requiem mass. Thank you to the Sem choir for their beautiful singing in the church, Tadghie Fleming for all his assistance and to all those who participated in celebrating Niall's short life and making Niall's mass so special. A very special thank you to the Gardai, Garda traffic core and stewards for their sensitivity and professionalism during the funeral route. A sincere thank you to all Niall's friends, St. Brendan's College, Legion GAA club and Killarney Celtic, all of whom offered their support throughout Niall's illness, your friendship and continued kindness is greatly appreciated. To all the businesses for the huge respect shown during Niall's funeral cortege. A warm thank you to Maura Reen for her beautiful hymn at Niall's graveside. The family would like to thank O'Shea's undertakers, Tim, Mike and Mary O Shea and their team for their support and professionalism in organising Niall's funeral. As it is impossible to thank everyone individually, please accept this acknowledgment as an expression of our deepest gratitude. The holy sacrifice of the Mass has been offered up for you intentions.

**Niall's anniversary Mass will be celebrated on
Sunday the 13th of October at 12 noon in St.
Marys Cathedral, Killarney.**

1ST ANNIVERSARY

WITH LOVE WE REMEMBER OUR
WONDERFUL SON AND BROTHER

NIALL MCGILLICUDDY



LATE OF CLOONTEENS,
KILCUMMIN KILLARNEY
WHO DIED ON THE 12TH OF
OCTOBER 2018.

*We did not know that morning;
God was going to call your name.
In life we loved you dearly,
In death, we do the same.*

*It broke our hearts to lose you.
You did not go alone.
For part of us went with you,
The day God called you home.*

*You left us beautiful memories;
Your love is still our guide.
And although we cannot see you,
You are always by our side.*

*Our family chain is broken,
And nothing seems the same,
But as God calls us one by one,
The chain will link again.*

**NIALL, MISSING AND
REMEMBERING YOU EVERY
MINUTE OF EVERY DAY,
LOVE MOM AND DAD,
ELLEN AND JANE X.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it
within your own broken heart where your
Father sees it. Then in his merciful eyes it will
become your favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

AE

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it
within your own broken heart where your
Father sees it. Then in his merciful eyes it will
become your favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

AE

1ST ANNIVERSARY

IN LOVING MEMORY OF OUR
DEAR NEPHEW

NIALL MCGILLICUDDY



ON THIS HIS 1ST
ANNIVERSARY. DIED 12TH
OCTOBER 2018

*'Close to our hearts you will always stay,
loved and remembered everyday'*

REST IN PEACE NIALL.

AUNTIE JOAN, MIKE, SEAN
AND MICHAEL

1ST ANNIVERSARY

IN LOVING MEMORY OF OUR
DEAR NEPHEW

NIALL MCGILLICUDDY



ON THIS HIS 1ST
ANNIVERSARY. DIED 12TH
OCTOBER 2018

Cherished memories of our wonderful
nephew Niall, a talented, kind and
thoughtful young boy. Niall, we were so
blessed to have had you in our lives.
We miss you so much. You are in our
prayers and thoughts every day.

*'You are looking down from
Heaven up above,
Sending out smiles with days of sunshine
and showers of love'*

REST IN PEACE NIALL
AUNTIE MARY AND PAUL

1ST ANNIVERSARY

IN LOVING MEMORY OF

NIALL MCGILLICUDDY



ON THIS HIS 1ST
ANNIVERSARY. DIED 12TH
OCTOBER 2018

*We think of you everyday Niall,
forever in our hearts.*

SIOBHAN, MARTIN, EUAN,
LUKE AND ANNA

1ST ANNIVERSARY

IN LOVING MEMORY OF
OUR DEAR NEPHEW

NIALL MCGILLICUDDY



CLOONTEENS, KILCUMMIN,
KILLARNEY.

*A silent thought,
A gentle prayer,
For my special Nephew,
In Gods care.*

REMEMBERED EVERY DAY
UNCLE SEAN

*I thought of you today,
But that is nothing new
I thought of you yesterday
And days before that too
God has you in his arms
I have you my heart*

ALWAYS REMEMBERED
BY YOUR LOVING AUNT
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