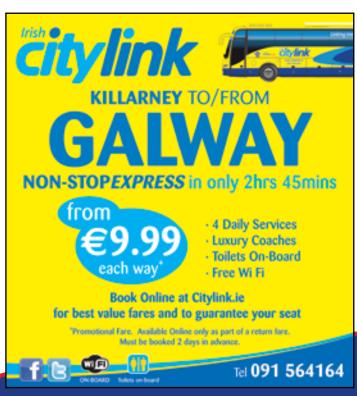
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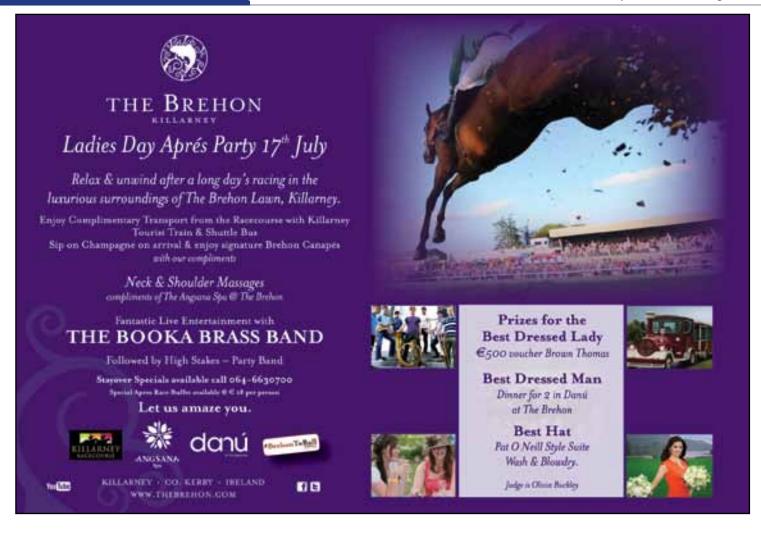


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# **CREAM** TALENT **TOWN**

The cream of Munsters musical, dancing and singing talent rolls into Killarney on Monday next for a week long feast of competitions and social events.

In excess of 2,500 competitors are expected to arrive in Killarney along with family and friends with many of them treating the Munster Fleadh Cheoil as their annual holiday and given that it's in Killarney this year, a larger than usual attendance is anticipated.

Competitions in musical performance, singing and dancing are arranged for under 15s, under 18s and seniors. Competitors compete solo, in duets, trios and groups.

Dancing competitions are based in the Gleneagle Hotel for the weekend with huge interest expected in the Senior dance competitions on Saturday afternoon between 3:30pm and 8:15pm when the over 35s compete.

The music, singing, whistling and storytelling competitions are based in St Brendans College, Presentation Monastery N.S. and Killarney Community College. The range of instruments includes uilleann pipes, piano, harp, fiddle, banjo, flute, whistle, melodeon, accordion, concertina, mouth organ, drums and bodhrán. The Senior Céilí Band competition is regarded as the blue ribbon event of the Fleadh. The hall at the Community College will be packed to the rafters at 8pm on Saturday night for this competition. Side by side with the competitions, the Fleadh features a series of concerts and céilís, dance workshops, a singers



PICTURED AT THE MEMORIAL STATUE OF ONE OF IRELAND'S GREATEST TRADITIONAL IRISH MUSIC PLAYERS, JOHNNY O'LEARY WERE THE MUNSTER FLEADH CEOIL COMMITTEE BEFORE NEXT WEEKS MUNSTER FLEADH CEOIL WHICH KILLARNEY IS HONOURED TO HOST. BACK ROW L-R TADHG Creedon, Maurice Guilfoyle, David Rae, Donough Spillane, Eoin O'Carra & Tony O'Connor. Front Row L-R Margaret Creedon, GERALDINE GUILFOYLE & ANN MANGAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

club, storytelling with Batt Burns, a lecture on the Ancient Music of Ireland at 9pm Monday in Plaza Hotel, gig rig and street entertainment. Free street entertainment starts on Thursday 17th July when the Uí Bhrian band perform in Main Street at 8pm. Friday night sees the very popular Four Men and a Dog Band in the I.N.E.C. supported by Bryan O'Leary, the 2014 TG4 Young Musician of the Year. Bryan has inherited the Sliabh Luachra style of playing from his late grandfather Johnny O'Leary who is commemorated by a statue at Kenmare Place. Following the Friday night concert, the ever energetic set dancers will be out in force at the I.N.E.C. as they dance away the small hours to local favourite Johnny Reidy and his Band. Street entertainment on Saturday 19th starts at 3pm on the gig rig featuring Ceoltóirí na

Sionnaine, local CCE musicians, and at 7pm the high octane Damien Mullane, Donnagh Hennessey and Trevor Hutchinson. Once again, the ceili and set dancers are well catered for out at Darby O'Gills at 10pm where All Ireland Band Champions, the Shannonvale Ceili Band led by Danny O'Mahony, provide the music. Trad Disco starts at 12 midnight in the Mangerton Suite Gleneagle.

Free street entertainment continues on Sunday 20th starting at 1pm with local CCE musicians. At 3pm the local Deenagh Céilí Band take to the stage followed at 6pm by Celtic Steps. This exciting show, which is the brainchild of local dancer David Rea, and has been running in the Gleneagle for a number of years will bring the proceedings of the 2014 Munster Fleadh Cheoil 2014 to an end.

## KERRY GOLF COURSES REPRESENTED AT RECENT IRISH OPEN

With record breaking crowds descending on Cork's Fota Island Resort as it basked in the glow of a heatwave, the recent Irish Open was a great success.

The world's golfing media spotlight firmly focused on Cork, top golfers from across the globe arrived to compete in the event with Finland's Mikko Ilonen taking home the title of Irish Open Champion 2014.

The Irish Open also provided a unique opportunity to showcase all that Ireland has to offer to both the golf visitor and leisure traveller as a record breaking 105,000 visitors spilled through the gates at Fota Island Resort.

Kerry were well represented at the event on the Golf Ireland stand.

Among those represented were SWING/Dingle Golf Club; Waterville Golf Club; Kenmare Golf Club; Killarney Golf Club; and Dooks Golf Club.





PICTURED AT THE RECENT IRISH OPEN, FOTA ISLAND WERE AN TAOISEACH ENDA KENNY, IRISH OPEN WINNER, MIKKO ILONEN, FINLAND AND MICHAEL CAWLEY, CHAIRMAN FÁILTE IRELAND. PICTURE: FRAN CAFFREY WWW.GOLFFILE.IE

### MILLTOWN CHILDCARE **CENTRE TOP OF THE CLASS** IN IRELAND

The Naiolann Solais childcare centre in Milltown is top of the class in Ireland having been presented with their Highscope Childcare accreditation. The centre is the only one in the 26 counties that has successfully been re-accredited for the child centred approach to childcare. Speaking at yesterday's presentation of the Highscope accreditation, centre manager Katie Clarke said that they are delighted to be to the forefront in Ireland with regard to providing care to the children of the Milltown area. "We would also like to thank South Kerry Development Partnership for their support in receiving vital funding for training under Skillnets as well as the ongoing support received from the Rural Social Scheme which contributes greatly to upkeep of the centre" Katie added. Three of the staff at the centre, Linda Mangan, Celiene Cotter and Aggie Corkery, received the accreditation.



## **OPEN DAY AT** LIEBHERR

Liebherr Container Cranes are opening their doors to the public on Sunday July 20th. Locals and visitors alike will get the opportunity to view at first hand the factory floor

Liebherr Ireland was founded in Killarnev in 1958 and supplied its first tower crane in 1959. Since 1972 Liebherr in Killarney, has focused exclusively on the design, manufacture and sale of container cranes for the world market. Today, Liebherr Container Cranes Ltd. which is an integral part of the Liebherr group of companies employs over 750 people at its Killarney factory and has delivered over 700 container cranes worldwide. Investment in the Killarney plant has continued since its foundation. Last year the addition of a 16,400 m<sup>2</sup> state-of-the-art production hall was completed. In addition the introduction in recent years of a new high tech machining hall



and a purpose built shot blasting facility have enhanced the production process.

To mark the continuing evolution of Liebherr Container Cranes a public open day is planned for Sunday the 20th of July.

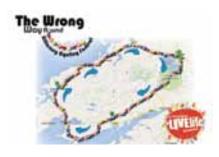
Liebherr is delighted to invite all members of

the public to the factory from 11.00 a.m. to 4.00 p.m. Visitors will be given a tour of the factory and will receive information on the history, products and our processes. Comfortable clothing and shoes are advised.

## THE WRONG WAY ROUND KILLARNEY CYCLING FESTIVAL

Bitten by the Ring of Kerry Cycle bug? Well now you can add cycling it The Wrong Way Round to your "bike-it" list!

On Saturday, September 27 cycling enthusiasts from all over Ireland will travel to Killarney for the inaugural Wrong Way Round Killarney Cycling Festival where they will take on the stunning Ring of Kerry but in the opposite direction to the traditional anti-clockwise route. Cyclists will view the Ring like they have never seen it before as they head off from Killarney, before taking a right at Molls Gap and heading to Sneem. From there on the route is familiar, all be it backwards, and takes in Waterville, Cahersiveen, Glenbeigh and Killorglin. Then it's the homeward stretch along the foothills of the McGuillicuddy Reeks through Beaufort. Cross the finish line at the festival headquarters - The Gleneagle Hotel in Killarney, where a barbeque and live entertainment will be ready and waiting. The festival is open to all levels of cyclists. There will be food stops dotted along the 160km route and official festival road captains to accompany and guide you along



the way. Participants will also have full use of The Aquila Club and Leisure facilities both before and after the cycle. Registration costs €50 with an optional €15 extra which will go directly to the Donal Walsh LiveLife Foundation. The registration fees will be used to finance the running of the event and any surplus made will also be donated to the Donal Walsh LiveLife Foundation. Cyclists who register for The Wrong Way Round Ring of Kerry Cycle before Monday, September 1 will get a free training top. For more details see www.killarneycyclingfestival. com or email info@killarneycyclingfestival.com

## **LADIES DAY APRÉS PARTY**

The glitz, glamour and party atmosphere synonymous with The Killarney Races' Ladies Day will continue late into the evening at The Brehon's Ladies Day Aprés Party on Thursday, July 17.

A complimentary shuttle bus and the Killarney Tourist Train will be on hand to whisk tired feet away from the Racecourse to the beautiful setting of The Brehon Lawn where a fabulous evening of champagne and canapés await.

The line-up of live entertainment includes The Booka Brass Band who travel to Killarney direct from their acclaimed performance at Glastonbury. They will be followed by the aptly named party band, High Stakes.

Kerry style guru, Olivia Buckley will judge the Best Dressed Categories with prizes for the Best Dressed Lady, Best Dressed Man and Best Hat.

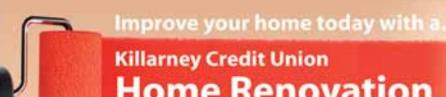
#### FR. SEAN HEALY ACCEPTS INVITATION TO SUPPORT ACTIVE CITIZENSHIP IN KERRY

Fr. Sean Healy of Social Justice Ireland has accepted an invitation by the Kerry Volunteer Centre in Tralee to help strengthen and support active citizenship in Kerry. He will deliver a seminar on Public Participation Networks (PPN) on Wednesday 16th July from 7-9pm in Killarney at the Pastoral Centre at the Church of the Resurrection on Park Road. Public Participation Networks (PPN) will be the medium for active citizenship and community

led representation at County Council and Municipal Levels going forward in Ireland. The scheduled 2 hour briefing session in Killarney will explore the background, purpose, remit and workings of the Public Participation Network. Whilst attendance at the briefing session is free, bookings is essential. You can reserve you place with Geraldine, via email geraldine@volunteerkerry.ie or by phone on 066 7117966. Places are limited and early

booking is advised. There is ample free parking on site.





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# **KILLARNEY 10** TO RAISE MICRO TRACK **FUNDS**

The inaugural Killarney 10 mile road race is gathering momentum with the event set to take place on Saturday September 27th.

The race is a fundraising drive to support the development of a 200m floodlit micro track and all weather pitch on the grounds of St. Brendan's College. The land was generously donated by the diocese of Kerry and is ideally located close to the majority of the Killarney schools.

The initiative involves the coordinated efforts of athletics clubs, sports clubs and community organisations in the South and East Kerry area.

When completed the community facility will be the hub focus for athletes from this catchment area.

The Killarney 10 is being organised by the committee who are driving force behind this ambitious plan.

Committee members include representatives from clubs, schools and businesses in the town and surrounding areas.

The track will be 250m in length with a 120m straight section. Inside the track there will be an all weather pitch and has the backing and



A PROPOSAL TO BUILD KILLARNEY'S FIRST MICRO ATHLETIC RUNNING TRACK, FEATURING FOUR LANES AND AN ASTRO TURF FOOTBALL PITCH TO BE BUILT AT AT ST. BRENDAN'S COLLEGE IN KILLARNEY. PICTURED AT THE RECENT LAUNCH IN THE SCHOOL WERE, FRONT FROM LEFT, BRID STACK, RUNNER, RISTEARD CLIFFORD, ARTHUR FITZGERALD, MATT RENNIE AND JERRY GRIFFIN, SPA-MUCKROSS. AT BACK, ALAN RYAN, RACE ORGANAISER, SEAN COFFEY, SCHOOL PRINCIPAL, SEAN HEALY, AIB, JEAN COURTNEY, TOMAS GRIFFIN, WEESHIE FOGARTY AND BOBBY O'DWYER, MANAGER, AIB, KILLARNEY. PICTURE BY DON MACMONAGLE.

support of all local athletic and support clubs. Full planning permission has been received from the local authorities and the total cost is 336,000 euros of which it is expected 275,000 euros will be raised from the relevant government bodies. That leaves a local contribution of 60,000.

All proceeds from the Killarney 10 will go towards the local contribution.

The winner of the Killarnev 10 will receive the The Richard Clifford Trophy in memory of a much loved and well known Killarney athlete who passed away this year.

Richard was one of life's true gentlemen with

a great love of sports and the outdoors with a special affection for athletics and running. This great love of sports was passed on to Richard from his own father Con and will live on through Richard's own children. Richard's son Risteard recently captained the St. Brendan's cross country team to win the Munster colleges cross country championship. The trophy which is kindly sponsored and presented by Richard's family will be presented annually to the winner of The Killarney 10.

For more information and for registration details log on to www.killarney10.com

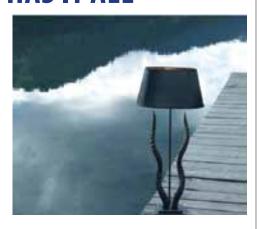
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website www.hegartylighting.ie is constantly updated so as to supply customers with any information they need.



The company also offer non-rusting driveway and garden lighting, energy saving bulbs, bathroom mirrors and lights, novelty fittings and shades and kitchen lighting and with expert advice on hand, why not visit Hegarty Lighting at the Industrial Park, Clogheen, Clonakilty, Co. Cork.

## **FLAG DAY**

The National Council for the Blind, Kerry Branch will hold their annual flag day on Firdeay 18th July next. Please support this worthy cause.

#### **SUICIDE OR SURVIVE (SOS)** WELLNESS **WORKSHOP KERRY**

Suicide or Survive (SOS) in partnership with North and East Kerry Development is hosting a Wellness Workshop on Friday, 18th July, 2014, in Aras an Phobail Croilar na Mistealach Tralee, Co. Kerry from 9.30am to

SOS is committed to running Wellness Workshops in every community in Ireland. These workshops aim to help you understand, take charge of and responsibility for your own mental health. Early book is advisable contact Jacqui on Locall 1890 577 577



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## **KILLARNEY'S REPUTATION GROWS ABROAD AS** THE TOWN CELEBRATES THE 4TH OF JULY



OF JULY COMMITTEE.

festival was put together the first time by Kate O'Leary KATE O'LEARY CHAIRPERSON OF THE 4TH and her band volunteers at Killarney Chamber of Tourism and Commerce in association with Killarney Town Council.

Kate O' Leary of The Laurels Pub & Restaurant, and Chairperson of the organising committee, commenting on the day said "Today has been months in the making. I am absolutely thrilled with the result and so grateful for the support of all the volunteers, sponsors and supporters of this festival. Killarney is a wonderful town where business and community work together for the common good and I believe that this has been evident today."

Visitors from all over the world who were attending the festivities took to social media to congratulate the organizers and the town in

general.

pulled out all

the stops to

celebrate the

Independence

Day on Friday

last with all of

their American

associates. A full blown

friends

of July

and

Among them was Cynthia Arnold posted...

"I just want to say how wonderful it was to be an American in Killarney on 4 July 2014. The events conducted on this day were thoughtfully planned and executed. However, I would like to know if there will be a Independence Celebration next year. If so, we would like to notify our American friends here in the Kaiserslautern Military Community, Germany (the most American populated area outside the US) so they can visit then too. Everyone we met was very friendly and helpful and the city is beautiful and has a lot to offer. We will definitely be back to visit Killarney. Thank you for a great holiday!

Events kicked off at 7am in the morning with a superlative rendition of the Star Spangled Banner by a combination choir of Killarney Golf & Fishing Club together with a chorus from The Killarney Musical Society. The USA flag was hoisted from the balcony of the Town Hall by The Mayor Of Kerry John Joe Cullotty eagerly watched by a huge crowd of American tourists some of whom were holding the flags of all the individual states of America

This was only the opener of the day and by 2pm a full-on 4th of July BBQ was in full swing at Scotts Street sponsored by the Henggeler -Moriarty family and in support of The Kerry Cork Cancer Health Link Bus. A short while later and despite a short blast of summer rain the main

street was turned into the Dodge City of the southwest. A Wild West troupe of gunslingers, lawmen, and bandits shotup the town while Can Can Girls danced their way through many of the local hostileries. As the afternoon progressed brass bands from Crumlin, Blarney and the local Gleneagle Band entertained the crowds as the much anticipated 4th of July Big Parade was awaited.

The streets were thronged, huge crowds lined the streets from the Golden Gates right through the centre of the town and they were not disappointed. At 8pm the Big Parade made its way through the crowds to rapturous applause. Harleys roared and cheerleaders cheered as Disney characters mingled with the children in the crowd. Then the first of the many outstanding floats appeared; a huge golden eagle, the wow factor was obvious.

The Parade wound its way to a large car park at the edge of town where the crowds that followed were entertained with a concert of American Swing music. As the curtain fell on the 4th of July celebrations there was one more wow to come in a day just full of wows. The night sky above Killarney was illuminated by the most fantastic fireworks display ever witnessed in the town . A spectacular end to a spectacular 4th of July.

FOR MORE PICTURES SEE PAGE 22 & 28.



THE JOINT CHOIRS OF KILLARNEY GOLF CLUB MALE CHOIR, KILLORGLIN LADIES CHORAL GROUP AND KILLARNEY MUSICAL SOCIETY, SINGING THE 'STAR SPANGLED BANNER' AS THE AMERICAN FLAG IS HOISTED ABOVE KILLARNEY TOWN HALL FOR THE START OF THE KILLARNEY 4TH JULY CELEBRATIONS AT 7.00am on Friday morning. Photo: Valerie O'Sullivan.



GOOD MORNING AMERICA... MAYOR OF KILLARNEY CLLR JOHN JOE CULLOTY, RAISES THE AMERICAN FLAG, AS A ROUSING CHORUS OF THE STAR-SPANGLED BANNER AT THE CEREMONIAL HOISTING OF THE USA FLAG OVER THE TOWN HALL TO MARK THE BEGINING OF THE 4TH JULY CELEBRATIONS IN KILLARNEY TOWN THROUGH OUT THE DAY, PHOTO: VALERIE O'SULLIVAN.

IF YOU HAVE A STORY...

Contact Aisling on 086 0400 958 or Email: editorial@outlookmags.com



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James P Healy & Co Insurance Itd is regulated by The Central Bank of Ireland. Quotes are based upon sums insured above excluding accidental damage cover. No claims under any property insurance for the previous 6 years, detached house built in 1985 with 3 bedrooms, Killarney area (quotes may change dependant on address) Policy excess of €275 and €550 for water damage claims. JP Healy quote includes Government levy and intermediary Brokerage charge. Quote is underwritten by Aviva Insurance Limited. Please contact us for your individual quote. Terms and conditions apply. Comparison quotes from websites and correct @ 08/07/2014

# KILLARNEY ON THE SHORTLIST FOR TOURISM **AWARD**

Killarney is on the shortlist of 15 towns and villages from across the country that are being considered for the 2014 Tourism Towns Awards.

The competition, now in its third year, is designed to recognise Irish towns and villages where the local community goes the extra mile to enhance their appeal to tourists. The selected towns will now be subject over the next few weeks to a series of unannounced inspections from a crack team of independent 'secret shoppers' who will visit each location and assess the quality of visitor experience to be had.

Kilkenny took home the overall crown in 2013 however 2014 will see a change to the format of the competition with titles awarded to Best Large Town and Best Small Town. The top ten "Highly Commended Tourism Towns" will be



announced at the National Tidy Towns Awards later in year with the overall winners, Best Large and Best Small, to be announced by Fáilte Ireland in November.

Portmagee is also a contender in the Small Town section.

The towns will now be visited by a team of assessors who will look at how each town presents itself to visitors and tells its story. In particular, they will look for evidence of a high quality visitor experience and of involvement by the local community and businesses in delivering this experience. They will look at the quality of its attractions and sites of interest and how well the town promotes what they have to offer.

Now in its third year, the award will continue to focus on how participating towns have developed their local area in the following key tourism areas, Sense of Place, Local Involvement and Tourism Products available.

## **BRAVE DOLORES CONCERT TOUR**

After bravely battling cancer and alcoholism, and courageously talking frankly on TV about coming back from the brink, singing star Dolores Keane is embarking on a comeback concert tour and determined that the fans will experience her singing at its best.

The steely determination that has seen the Galway singer defeat the demons in her personal life has again fired her with enthusiasm for her upcoming Live performances with a band of carefully hand picked top musicians and support act Folk star Don Stiffe.

The Galway girl who has given the world the definitive renditions of songs such as "Galway Bay", "Caledonia", the Nelson Mandela tribute "Lion in a Cage", "Far Away in Australia", "Ramblin' Irishman," "Storm in My Heart," and countless other hits is more enthusiastic than ever about being back on stage.

The hit TV documentary 'A Storm in My Heart', about the demons that she has been battling, was a massive success on RTE. Now she is currently performing her comeback 11-dates

#### **KEANE BACK** ON



Irish tour.

Singing her songs on stages all over the world was so much a part of Dolores Keane's life in the past, and while she has great memories of it all, there is no place she would rather be than where she is right now.

"I love where I am now which is being very positive and so looking forward to being back on the road," said Dolores.



PAUL KILBRIDE, FROM KILLARNEY, WHO WAS THE FIRST PLACE WINNER IN THE SHOT PUTT & 400M WALK AT THE SPECIAL OLYMPICS IN

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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BER BS

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#### 5 CHAPEL PLACE, NEW STREET, KILLARNEY

2 Bedroom First Floor Apartment. Bins included.

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## SUMMER BASKETBALL CAMP

AN exciting basketball summer camp led by American coach Puff Summers will take place in St. Brendan's College, Killarney on Saturday 19th July and Sunday July 20th. 'Why Not Me Hoops' is a novel Basketball Clinic aimed at getting young players to develop their talents and passion for the game. It will also provide individual player improvement plans and physical conditioning training tips for aspiring players.

Well known Killarney basketball player and coach Andrew Fitzgerald is spearheading the event and invited Puff Summers to bring his camp to town. A former St. Paul's Killarney superleague player, Andrew currently plays

national league basketball with St. Marys Castleisland and is very active in coaching in St. Brendan's College and local national schools. Puff Summers is a former player with Davidson

College in the NCAA Division 1 and has played professionally in Ireland, England, Portugal, Spain and Italy.

Other coaches at the camp include Barry Drumm from the UCD Marian superleague team and Castleisland native Declan Cahill, who has just returned home from a basketball scholarship in Iowa.

Andrew Fitzgerald said that he is delighted to be hosting the camp in Killarney and it is a great opportunity for young basketball players

**PARK** 

to learn from a top coach like Puff Summers and his assistants.

"Puff is a vastly experienced and well established coach and his 'Why Not Me Hoops' camps have been very popular at various other venues around the country. Places on the camp are limited and it will be a great learning experience and enjoyable time for all participants," he said.

The basketball camp session one is for 8-13 year olds and will take place from 10.00am to 1.00 PM. Session two in the afternoon is for 13-18 year olds from 1.30 to 4.30 pm. Participation fee for the two days is €20.

### KILLARNEY **NATIONAL EDUCATIONAL SUMMER CAMP**



PICTURED AT KNOCKREER HOUSE FOR THE FIRST. KILLARNEY NATIONAL PARK EDUCATIONAL SUMMER CAMP THIS YEAR WERE THE JUNIOR CLASS WITH THEIR LEADERS L-R SHONAGH GRAY, MARIE DOHERTY, CHRIS BARRON, DIARMUID GRIFFIN, LIZ HOBBS AND ROBYN EARL PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

## PICTURE PERFECT...



Calling all budding photographers...

KILLARNEY OUTLOOK would like to offer you the opportunity to have your photographs published in our new weekly photography section.

If you are a keen snapper then submit your photograph to editorial@outlookmags before 5pm on Mondays.

LEFT: A VIEW FROM BRICIN BRIDGE PICTURE BY DENIS MANGAN

#### **GOT SOMETHING TO SAY?**

Tell the Killarney Outlook :: Advertising - News - Sports Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

## **SAMARITANS** LAUNCH "TALK TO **US" CAMPAIGN**

The Kerry Branch of the Samaritans will launch its "Talk to Us" campaign on July 24th. "Talk to Us" is a national awareness campaign and this year the organisation is emphasizing the importance of talking and highlighting that the charity is available round the clock for anyone struggling to

Part of their message is to let people know that the Samaritans are there for anyone who wants to talk.

In particular they are sending a message to men that they should not hide their feelings or be reluctant to talk about their problems. Samaritans provide a safe space for people to talk and they are available 24 hours a day, 7 days a week and 365 days a year.

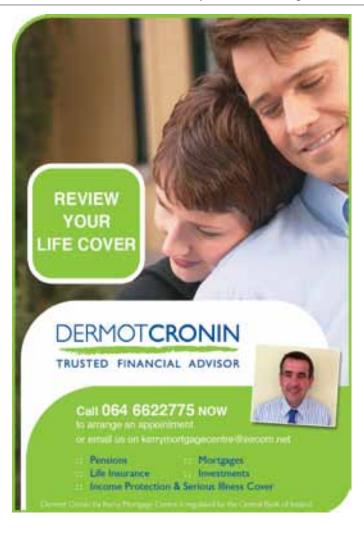
The "Talk to Us" campaign also offers an opportunity to recognise the huge commitment that the volunteers make.

It is important that people speak about the issues that get them down and the Samaritans is a completely confidential service that nobody should be afraid to contact. Few services operate around the clock like the Samaritans and this is what makes their service a vital one in the area of suicide prevention.

Samaritans can be contacted by the following methods: Freefone 116 123 or Locall Tralee (066) 7122566.

Face to face at 43 Moyderwell, Tralee or email jo@samaritans.org







By Dermot Cronin, Financial Advisor



## **HAVE YOU REVIEWED YOUR** PENSION RECENTLY?

As you have probably seen or read in the news recently pensions are being discussed more and more often. This shows how important pensions are, so if you have a pension at present or a previous pension from a past employer etc. it is very important that you review your pension **NOW**. This is because you need to know what kind of pension you have, what funds your pension is invested in, your pension can be invested in very low risk funds to very high risk funds which means that the value of your pension can substantially increase or substantially reduce depending on the type of funds you are invested in and the performance of your pension funds. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension then you will not know if your pension is on track to get you what you need at retirement. So whether you are currently contributing to a pension or not contributing to a pension that you had in the past it is very important that your pension is reviewed now.

To discuss this or any other financial matter you can contact **Dermot Cronin** at 064 66 22775 or kerrymortgagecentre@eircom.net

# HENNIC TO SELL AND TO LET - NO SALE NO FEE - NO LET NO FEE

#### 3 ELLENBRY FALLS. BALLYCASHEEN HEIGHTS, **UPPER PARK ROAD**

Terrific opportunity for first time buyer or investor to get on the property ladder and purchase delightful furnished semi-detached residence close to supermarket, church, school and all amenities. This property is beautifully refurbished and decorated internally enhanced by private rear garden and splendid mountain



Keenly Priced for Quick Sale: €145,000

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Stunning located property former Holiday Home in the majestic Aghadoe area commanding panoramic mountain and lake views adjacent to Kileen House Hotel and close to Fossa Killamey Golf Club, National Park etc. dose to Killarney Town.



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# **PRESTIGIOUS** HONOUR FOR **KAY RANDLES**

Kay Randles was honoured recently at the 2014 Women in Business Awards. At a glittering ceremony hosted by Hi Magazine at the Silver Springs in Cork, Kay was delighted to receive the prestigious Barry & Fitzwilliam Business Woman of the Year Award 2014, in recognition of her 50 years in business with the Dromhall Hotel. TV Presenter, Miriam O'Callaghan, together with Chairman of the judging panel, Gerald Kean, presented Kay with her well-deserved award.

The awards and the night were a celebration of all that is progressive for women in business in Munster with 40 awards and over 250 nominees. Each award winner received the specially commissioned Disaronno Business Award. The main awards were sponsored by Disaronno, MSL Cork Mercedes Benz,



MIRIAM O'CALLAGHAN, KEVIN O'MAHONY, TRADE MARKETING MANAGER AT BARRY & FITZWILLIAM, MRS KAY RANDLES, GERALD KEAN PICTURE: EGLE LAUKYTE @ WHITE CAT STUDIO

Motivation, Revlon & Michel Jewellers. Chairman of the Judging panel, Solicitor Gerald Kean commented: "This is the largest women in business event in Munster and the team of entrepreneurial ladies from all sectors of business life in Munster have proven that they are an exceptional group."

## SPOUSES OF SELF-EMPLOYED TO BENEFIT FROM SOCIAL INSURANCE - MOLONEY

Senator Marie Moloney has today welcomed a section of the Social Welfare and Pensions Bill 2014 that was finalised in the Seanad today, which extends Social Insurance to the spouses of self-employed people.

"Under the new arrangement, spouses who are involved in the running of a self-employed business can now pay a Social Insurance contribution, which will entitle them to avail of state benefits. This is a very positive measure which will be of great benefit to people such as farmer's spouses, who help out with farm work but were not paying a contribution. This will also be a very welcome option, in particular for younger women, who from now on will be entitled to claim Maternity Benefit should they have paid the required contributions.

"I am delighted that Minister Burton has introduced this measure, as I have long championed the cause of the self-employed and will continue to lobby for legislation to enable the self-employed to pay a more beneficial contribution, which will extend



SENATOR MARIE MOLONEY

eligibility to Illness Benefit for them.

"Last week Minister Burton confirmed that payments such as higher education grants, grants to the elderly and people with disabilities would not be affected by changes in section 15 of the Bill. I raised this with the Minister in the past, and was happy to see her assurances on the matter."



KILLARNEY RESIDENT JOAN GOODWIN WHO IS FIRST IN TO THE KILLARNEY OUTLOOK OFFICE ON HIGH STREET EVERY FRIDAY MORN-ING TO COLLECT HER COPY OF HER FAVOURITE MAGAZINE, KILLARNEY OUTLOOK. PHOTO: LISA O'SHEA.

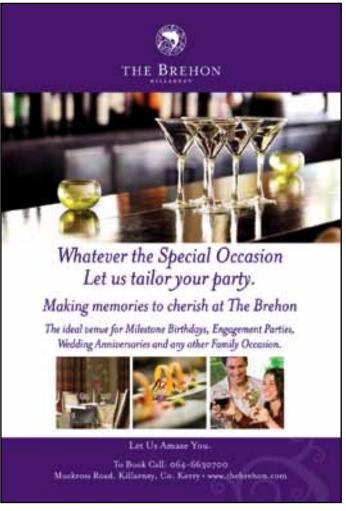


## **COMÓRTAS PEILE JOHN EGAN**

The streets of Killarney will play host to another parade this Friday evening when the teams involved in Comortas Peile John Egan make their way through the streets from the Fitzgerald Stadium at 6pm.

Comórtas Peile John Egan in memory of the great late Kerry player will be held at four

venues in the county - John Mitchels, Fossa, Desmonds and Caherslee - on this Friday and Saturday with clubs from Kerry, Cork, Sligo, London, Louth, Galway, Wexford and Westmeath taking part. Division 1 and 2 Finals are on Saturday in Fitzgerald Stadium.









#### KNOCKADERRY HOUSE FARRANFORE

Substantial (190 Sq.M.) 7 bed detached house

c.1 acre site fronting the N22 main Killarney - Tralee route. **UNDER OFFER** 

BER C1 €195,000.



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## 6 MANGERTON VIEW KILLARNEY, CO. KERRY

4 Bedroom mid Terrace House Within walking distance of Killarney town and all amenities Rear yard with rear access UNDER OFFER

BER E1 C150.000

#### 7 THE COURT. **GREENFIELDS, FIRIES**

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# A CAR FOR A STAR

Kerry All-Star James O'Donoghue, brand ambassador for Bowlers Toyota Garage since 2013 receives the keys of a new Toyota Corolla from Brian Bowler, Managing Director of Blowers.

Included are from left: Denis Bowler, David O'Callaghan, Tom O'Sullivan, Brian Bowler, Ross Bowler and James O'Donoghue. Pic Des O'Connor



#### 'ELECTRIC PICNIC' DREAM FOR CASTLEISLAND BAND AND TRALEE MUSICIAN

An ultra talented band from Castleisland and a Tralee musician have been shortlisted for the gig of the year..... Electric Picnic. 'The Fallings' have been shortlisted by 2FM from thousands of acts for the opportunity to play at 'Electric Picnic' which takes place from the 29th to the 31st of August. The Castleisland band, consisting of Denis Cremin on lead vocals and rhythm guitar, David Nelligan on drums and vocals, Robbie O'Connor on lead guitar, keys and vocals and Jack Kirwan on bass guitar and vocals, have performed throughout the years under various alias, but under the name 'Fallings', has seen them prosper while writing their own original music. Tralee musician Gary Keane has also been shortlisted on the 2FM

website along with 30 other artists from around the country and now stands a chance of being one of ten to play the Oxjam stage at Electric Picnic. "We have played a number of high profile gigs and festivals and have many more in the pipeline. 'Fallings' have been mentioned in Hot Press magazine and have received a great deal of airplay on stations such as Spin South West & iRadio," said Dave Nelligan. "Beginning at the start of the summer of 2013, we first took to Europe, performing for two months in Bulgaria and stopping off throughout the continent on the way home to share our music to as many people as possible. We have played in many of Ireland's top venues such as Whelans and The Mercantile in Dublin." The band has also been featured on radio shows across the country and has performed on the prestigious internet show 'Balcony TV'. This week the public voted for 'Fallings' and Gary Keane on 2FM to ensure they make it to the cut at Electric Picnic. A shortlist of 10 finalists will be announced. These 10 acts will record their track live in the 2fm studios and will be added to the line-up for the 2fm Oxjam Stage at Electric Picnic 2014. On 11th August the overall winner will be announced, added to the line-up for the Cosby Stage at Electric Picnic 2014 and penciled in for a studio session at the 2fm Studios.

Check it out on http://www.rte.ie/2fm/competitions/2014/0610/622814-play-the-picnic/

### **PROPERTY** OUTLOOK

## THROUGH THE KEYHOLE....

### A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET









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Equestrian FacilitiesBER C1

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Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427.** 



## Pamper Yourself at Aghadoe Killarney Races Ladies Day, July 17th Champagne Breakfast and From professional makeup artists Ken Boylan and Kathryn O'Neill €65pp nc breakfast and makeup July Spa Cocoon- 90 min From Berry juice on arrival Relaxing foot ritual Personalised full body extellation Ginger aloe and orange wrap Conditioning scalp massage Express back, nock and shoulder mas €110pp €20 supplement (or w/ends) Call to book: 064 663 1766 Aghadoe Heights www.aghadoeheights.com



# **RING OF KERRY HEROES 2014**



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE THE O'CALLAGHAN'S L-R CATRIONA, EAMON & DEIRDRE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE L-R DANIELLE McHugh, Norma McHugh, Stephen Foley, Anne Foley, John Foley & Andy McHugh. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE BACK ROW L-R PAUL KENNEDY, KENNETH MCCARTHY, JOHN O'CALLAGHAN, KIERAN O'HALLORAN & JOHN BUCKLEY. FRONT ROW L-R SEAN O'CONNOR, JOHN PAUL MANNIX & KAREN JOY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



 $\underbrace{ \text{Pictured at the finishing point of the Ring of Kerry Cycle on Saturday were L-R Denis}$ RUSSELL, LIAM BARRY, DANNY CRONIN, KATELYN BARRY & CATHERINE BARRY PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY TO WELCOME HOME CYCLIST TRIONA CASEY WERE L-R CLAIRE O'MEARA, ALAYNE O'SULLIVAN, ALICE O'DONOGHUE, RIONA O'SULLIVAN, ANNE O'BRIEN & ROBBIE CASEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



Pictured at the finishing point of the Ring of Kerry Cycle on Saturday were the Brady's L-R Tara, Alan, Orla & Philip. Picture Marie Carroll-O'Sullivan 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE L-R MARTIN CROWLEY, DARREN ENRIGHT, DARRAGH MURPHY, & DAMIEN McCormick with his Nephew Aaron & NIECE CLODAGH MORIARTY PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING LINE OF THE RING OF KERRY CYCLE ON SATURDAY WERE L-R OWEN O'SULLIVAN, MARC REDMOND & JER O'SULLIVAN PICTURE MARIE CARROLL-O'SULLIVAN







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For more details Contact Maureen Healy, IET Master, L.T.E.C on 087 1349569 or email me at angelsofshalom@gmail.com



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...if this is the case Pilates are an effective treatment and management technique for these and many more conditions.

For further information speak to Katie on: 064 6623100 Men Only Classes Are Available

## **KILLARNEY CELEBRATES 4TH JULY IN STYLE**



President of Killarney Chamber of Tourism and Commerce, Johnny McGuire, presenting the TROPHY TO THE BEST DRESSED WINDOW DISPLAY IN KILLARNEY TOWNFOR THE RING OF KERRY ANNUAL CHARITY CYCLE AND 4TH JULY CELEBRATIONS TO, MARIA AND GRAINNE O'SULLIVAN OF 'WHO'S 4 SHOES' IN HIGH STREET, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.



DICK AND EIBHLÍN MORIARTY HENGGELER PARENTS OF THE LATE DOROTHY (DOTT) MORIARTY HENGGEL-ER, WHO WAS THE 2011 ROSE OF TRALEE CONTESTANT FOR WASHINGTON DC WITH JOHNNY MAGUIRE, PRESIDENT OF THE KILLARNEY CHAMBER OF TOURISM AND COMMERCE AND MAYOR OF KILLARNEY CLLR JOHN JOE CULLOTY, AT THE RAISING OF THE AMERICAN FLAG, IN KILLARNEY ON FRIDAY AT THE START OF THE KILLARNEY 4TH JULY CELEBRATIONS. PHOTO: VALERIE O'SULLIVAN



The Big Parade... a fantastic spectacle of floats and amazing people participating in the KILLARNEY 4TH JULY CELEBRATIONS IN KILLARNEY TOWN TONIGHT. PHOTO: VALERIE O'SULLIVAN.



WILD WEST SHOW... MEMBERS OF THE WILD WEST TROUPE, FROM CAHIRCIVEEN, RUNNING WILD IN DOWN TOWN KILLARNEY, AS PART OF THE KILLARNEY 4TH JULY CELEBRATIONS ON FRIDAY IN THE TOWN CENTRE. PHOTO: VALERIE O'SULLIVAN,



DICK AND EIBHLÍN MORIARTY HENGGELER PARENTS OF THE LATE DOROTHY (DOTT) MORIARTY HENGGELER, WHO WAS THE 2011 ROSE OF TRALEE CONTESTANT FOR WASHINGTON DC WITH MEMBERS OF EIBHLÍN'S KILLARNEY FAMILY AT THE RAISING OF THE AMERICAN FLAG, IN KILLARNEY ON FRIDAY AT THE START OF THE KILLARNEY 4TH JULY CELEBRATIONS. PHOTO: VALERIE O'SULLIVAN.



WILD WEST SHOW... MEMBERS OF THE WILD WEST TROUPE, FROM CAHIRCIVEEN, RUNNING WILD IN DOWN TOWN KILLARNEY, AS PART OF THE KILLARNEY 4TH JULY CELEBRATIONS ON FRIDAY IN THE TOWN CENTRE. PHOTO: VALERIE O'SULLIVAN.



THE BIG PARADE... TADGH AND SIMON GALLIVAN, PARTICIPATING IN THE KILLARNEY 4TH JULY CELEBRATIONS IN KILLARNEY TOWN ON FRIDAY NIGHT. PHOTO: VALERIE O'SULLIVAN



A GREAT END TO A BEAUTIFUL 'KILLARNEY 4TH JULY CELEBRATION' WITH A FIRE WORKS DISPLAY BESIDE ST MARY'S CATHEDRAL, KILLARNEY. PHOTO: VALERIE O'SULLIVAN.

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e: tasminf1@gmail.com www.killarneychiropractic.com

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Also there are standard trees. These trees are usually about 3ft to 46t in height and grows from the top to ground level,

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staying at the height you plant them at.





## ALL ROADS LEAD TO SNEEM FOR FAMILY FESTIVAL

The community of Sneem is looking forward to welcoming home family and friends and visitors old and new next week for the 11th annual Sneem Family Festival. Five days of fun are guaranteed for all ages from Wednesday 16th to Sunday 20th July. The festival makes the most of its beautiful setting on the Ring of Kerry and the Wild Atlantic Way with events on the water such as crab fishing at the Oysterbed Pier, lake fishing at Lough Fadda, kayaking, rib trips and deep-sea fishing in Kenmare Bay. There are guided walks from Caherdaniel to Sneem along the Kerry Way and a hill walk up the Maggie which overlooks the village.

The festival tent is set up in the North Square which houses activities such as puppet making, pottery and silk painting, music and song workshops, tie-dying, kids sand art and a craft

and country market all day on Saturday. There will be a free bouncy castle on the opening Wednesday night after the Children's Fancy Dress Parade while parents, grandparents and older siblings enjoy the barbeque. Turbetts Funfair returns to the South Square every evening with old favourites and fun new attractions such as the bucking bronco. If the funfair is not for you, there's a table quiz, Sneem's Got Talent Variety Show, tractor backing, a play, sheaf tossing and local bands playing in the evenings. On Saturday night, the "Auction for Autism" will take place where furniture hand-painted by local artists will be auctioned for Autism Awareness.

This year, we have a new look Wife-Carrying Competition on Saturday afternoon which will be an obstacle race that all the family can take part in, carrying a dummy rather than a woman;

lots of fun will be had on Goosey Island. Sunday is village fete day, with a pet show, garden&produce competition, balloon making, face painting, bonny baby, glamorous granny & granddad competitions, egg&spoon and sack races and the ever popular tennis ball race.

The Festival Committee would like to thank all the local businesses who support the festival every year and all those who volunteer and run events, the committee try to put on as many free events as possible and can only do this with the continued support of the community. For more information, go to www.sneemfamilyfestival. com, follow Sneem Family Festival on Facebook or @SneemFamilyFest on Twitter. Come along and join the fun!



## Best Wishes from the Killarney Outlook.



- 5 Days of Fun for all the Family -

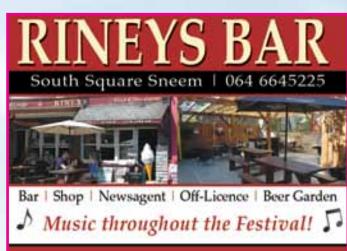
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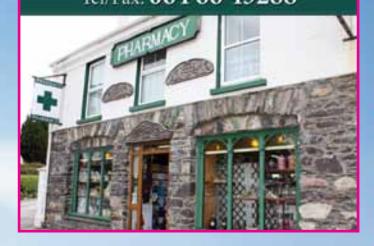
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## **RING OF KERRY HEROES 2014**



KILLARNEY'S VERONICA STACK, WHO COMPLETED THE RING OF KERRY CYCLE LAST YEAR, WAS REMEMBERED BY FAMILY AND FRIENDS FROM KILMUCKERIDGE, CO. WEXFORD AS 'TEAM VERON' COMPLETED THE Ring of Kerry Cycle with Veronica's husband Jason Stack (back row 4th from left). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE THE STACK FAMILY Where Jason cycled as a team effort with  $36\ \text{participants}$  of 'Team Veron' in remembering his Late wife Veronica who successfully completed the Ring of Kerry last year. L-R Kate, Jason, NIAMH AND IN FRONT SADHBH. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SCOTTS HOTEL AFTER COMPLETING THE RING OF KERRY CYCLE FOR THE KERRY STARS WAS Grainne Ní Laoithe with her family and friends L-R Lynne Heaghy, Marguerite Brosnan, Triona Mangan, Grainne Ní Laoithe, Aofe Ní Laoithe & Áine Ní Laoithe. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE L-R COLM FOLEY, MICHEAL O'DONOGHUE & ELAINE O'DONOGHUE PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE THE LADDEN FAMILY L-R KATHLEEN, AVA, DEAN

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WERE DEREK McMahon & GRETTA SHINE

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FINISHING POINT OF THE RING OF KERRY CYCLE ON SATURDAY WAS GLENFLESK CYCLIST, JOHN SCANNELL

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808









## 4TH OF JULY BBQ RAISES FUNDS FOR KERRY/CORK HEALTH LINK BUS



PICTURED AT SCOTTS HOTEL FOR 4TH JULY CHARITY BBQ, RAISING FUNDS FOR THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGELER L-R NICOLA DIXON, SHEILA DIXON, RYAN NEESON, BREEDA NEESON, TRACEY O'SHEA & TARA CRONIN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SCOTTS HOTEL FOR 4TH JULY CHARITY BBQ, RAISING FUNDS FOR THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGELER WERE L-R ELAINE O'SHEA, NAOISE O'SHEA, MARIAN O'CONNOR, RUTH DOYLE, LYNDA DOYLE AND IN FRONT FIADH O'SHEA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SCOTTS HOTEL FOR 4TH JULY CHARITY BBQ, RAISING FUNDS FOR THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGELER WERE L-R STEPHEN WALSH, ADAM WALSH, BRYAN WALSH, FIONA WALSH, FINN KENNEALLY, PETER WALSH, JAMES KENNEALLY, DAVID KENNEALLY, LINDA KENNEALLY & MARK KENNEALLY, PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SCOTTS HOTEL FOR 4TH JULY CHARITY BBQ, RAISING FUNDS FOR THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGELER WERE BACK ROW L-R PATRICIA O'DONOGHUE, NOREEN O'SULLIVAN & ERICA O'SULLIVAN. FRONT ROW L-R AARON O'SULLIVAN, NIAMH HORGAN, JASON O'SULLIVAN & EDELE HORGAN PICTURE MARIE CARROLL-O'SULLIVAN



PICTURED AT SCOTTS HOTEL FOR 4TH JULY CHARITY BBQ, RAISING FUNDS FOR THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGELER WERE L-R DOIREANN DYWER, NIAMH DWYER, AISLING BISBIE & ÉABHA DWYER. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SCOTTS HOTEL FOR 4TH JULY CHARITY BBO, RAISING FUNDS FOR THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGELER WERE L-R DOREEN BROSNAN, KATIE REGAN, LAUREN KENNEALLY & KATHLEEN O'SULLIVAN PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT SCOTTS HOTEL FOR 4TH JULY CHARITY BBQ, RAISING FUNDS FOR THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGLER WERE BACK ROW L-R TOM REIDY (KERRY CORK CANCER BUS LINK), BISHOP RAY BROWNE, DICK HENGGLER & JAY GALVIN (KERRY CORK CANCER BUS LINK). FRONT ROW L-R MAURA FITZGERALD, EILEEN HENGGELER, ANN O'SHEA, SEAN PRENDERGAST (KERRY CORK CANCER BUS LINK) & PATRICIA O'MAHONEY (SALES & Marketing Manager at Scotts Hotel).

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



SHEILA CROWLEY & MICHAEL HEALY RAE DANCE THEIR WAY TO THE TOP OF THE QUEUE AT  $SCOTTS\ Hotel's\ For$ THE 4TH JULY CHARITY BBQ IN AID OF THE KERRY CORK CANCER BUS LINK AND REMEMBERING THE LATE DOROTHY HENGGELER.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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# PORNOGRAPHY AND

In last week's edition we discussed internet pornography. This week we will talk about what you can do to tackle this issue with your teenager. We have spoken already about 'teachable moments'.. just brief moments when you can make a comment or open up a brief discussion with your teenager. So this week we challenge you to become an empowered bystander - this means challenging a portrayal of sexuality (in the media, jokes, etc) that is disempowering, sexist and extremely unhealthy. We have all heard of 'rape culture'. In brief this means that we live in a culture in which rape, forced sexual activity is pervasive, prevalent and normalised through societal attitudes about gender, sex and sexuality. The visual representation of the rape culture is all around us in mainstream advertising. Fashion spreads for example, often reveal images of women being chased, attacked, beaten and killed. Also, the images of violence are routinely sexualised. Our young people are bombarded and unconsciously absorbing these pornographic unhealthy messages - just think about music videos! Pornography has now become what sociologists call, an 'enabling condition' for men's violence against women where women are sexual objects and men's sexuality is bound up in aggression and violence. So as a parent – become more aware... begin to really look at the images all around you.... begin to question what you see...make a comment to your child/teen.... don't be afraid to have an opinion... begin the dialogue ... in other words, make conscious what is unconscious.... e.g. 'I don't like how women are portrayed in that advert .. what do you think?'...

How to approach the topic of internet pornography with your

Let's say you find your son/daughter has been viewing pornography (maybe they forgot to 'delete history' which is what they tell us they do!!).

- First of all stay CALM, CALM AND CALM!!
- If you react in anger you will have lost the opportunity to connect and influence your child
- Remember: sexual exploration is normal and healthy particularly in young people age 14/15 and young people must not be shamed for exploring - there can be feelings of guilt, regret and embarrassment for your teen...so be mindful
- So the conversation might go: 'I noticed that you have accessed pornography on the computer...(wait and take your cue from them)..l understand you must be very curious about sex and that's healthy and normal at your age!! I'm a bit concerned though about the messages you might be receiving though... can we have a chat about that...'

Another idea – why not give your teen this article to read!!

South West Counselling Centre will run workshops in the Autumn on "Sex Education - What parents can do". To book your place call 064 6636416/info@southwestcounselling.ie

SouthWest Counselling Centre Killarney provides affordable professional counselling. Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. To make an appointment call **064 6636416**.

**SouthWest Counselling Centre** is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

## **Health Matters....** With Dr. Michael Moloney

## **EXCESSIVE SWEATING** (HYPERHIDROSIS) PART 2

#### ALUMINIUM CHLORIDE – A STRONG ANTIPERSPIRANT

If normal antiperspirants do not work, your doctor may advise an antiperspirant that contains aluminium chloride. This is a 'strong' antiperspirant. It is thought to work by blocking the opening of the sweat ducts. It tends to work best in the armpits. However, it may also work for sweating of the palms and soles. There are several brands of aluminium chloride based antiperspirants. For example; Driclor and Anhydrol Forte come in a bottle with a roll-on applicator

#### **BOTULINUM TOXIN INJECTIONS**

This is an option that usually works well for armpit sweating. Treatment consists of many small injections just under the skin in the affected areas. The botulinum toxin stops the nerves in the skin that control the sweat glands from working.

The downside of botulinum toxin is that the effect usually wears off after 4 – 12 months. Therefore to keep working. the treatment needs repeating when the effect wears off.

Some people get mild 'flu like' symptoms for a day or so after treatment. Also, the sites or the injections can be sore for a few days after treatment. Rarely, a severe allergic reaction can occur after an injection. It is also very expensive and not usually available on the NHS.

#### MEDICATION

Drugs that block the effect of the nerves that stimulate the sweat glands are sometimes used. For example, propantheline bromide. These drugs are not used very often. This is because the success of these drugs is variable. Also, side-effects commonly occur. For example, a dry mouth and blurred vision. However, for some people they work well and side-effects are minor.

If you have any further queries please do not hesitate to contact us on **064 66 20628** 

Regards, Dr Michael Moloney













## RATHMORE/GNEEVEGUILLA NEWS By Michael O'Mahony

FRIENDS OF THE CHILDREN OF CHERNOBYL

CAKE SALE Saturday July 12th (After 6 pm Mass) Teach Iosagain Rathmore

Complimentary teas, coffees and refreshments We will be very grateful of your support, thank you. 14 children and their interpreter, Natasha, arrived in our parish on Sunday, June 29th. They are being hosted by very kind and generous host families for the duration of their stay which will finish on Sunday 27th July. To coincide with their visit we are holding a Cake Sale which will help us fund this programme.

(The Friends of the Children of Chernobyl (Rathmore) Committee confirm that all donations received are used strictly to finance the summer programme.)

**RATHMORE / GNEEVEGUILLA COMMUNITY** 

GAMES: BAG-PACKING: Thank you to the parents and children who helped out with bag-packing last weekend in Dunnes Stores, Killarney. Thank you to the management and staff of Dunnes Stores Killarney for allowing us to bag pack. The funds raised are vital for the running of the Club.

RATHMORE GAA CLUB: Lotto results for 30/06/2014. No's drawn: 1.11.14.25. No Jackpot Winner. Next week's Jackpot: €8,600. Consolation Prizes: €40 O'Keeffe's XL Gift Voucher: John Culloty, c/o SAG. €40 each: Tina Reen, Rathbeg. Tim & Noel, c/o Reen's Garage. Mary Healy, c/o SAG. Dermot O'Sullivan, c/o locallotto.ie Next week's Lotto is sponsored by Connie K's Bar, Rathmore.

**RESULTS:** Credit Union County League Div.1 Rathmore 0-16 Waterville 1-12.

Eastern League U14 Football Div. 1 Rathmore 3-12 Glenflesk 1-17.

O'Sullivan Cup Junior Football Championship Rathmore 0-04 Gneeveguilla 2-14.

**FIXTURES:** Friday 11/07/2014 South Kerry Hurling League. U12 Rathmore v Dr Crokes in Rathbeg at 6.30pm. Saturday 12/07/2014 Gravey's Supervalu Senior County Championship Round 3 Rathmore v Austin Stacks in Austin Stack Park Tralee at 7.30pm. Please come and support the team. This is a big game for the Club.

Rathmore GAA Club Congratulations to Aidan O'Mahony and Paul Murphy in the Munster Senior Football Final victory on Sunday last and to Shane Ryan with the Minor Final victory on Sunday last.

**SYMPATHY:** To family and friends of Sr. Canice Barrett Presentation Convent, Rathmore, whose death occurred last week. May she rest in peace.

**HOLLY FAMILY NS:** Well done to David Dineen, Katie Buckley, of Holy Family NS. Rathhmore who played with the Kerry team in the Munster GAA Primary Game at Haif time of Munster senior Football Final in Pairc Ui Chaoimh on Sunday last.

#### **CULLEN ANNUAL HARVEST AFTERNOON:**

Sunday July 20th - Cullen G.A.A. Grounds. The revival of the Cullen and District Special Needs Association Annual Harvest afternoon. Old time threshing, vintage display, children's sports, pet dog show, bouncing castle, face

painting, Lucky dip, Raffles, etc.

As well as a recital from Cullen Pipe Band, the popular 'Silage and Maize' man - "Michael Kennedy", will be setting the field alive with a lively session of great music and song.

This afternoon is enjoyed by the young and not so young and is much looked forward to in the social calendar of events in the Duhallow and Sliabh Luachra area and indeed further afield. It all tends for very enjoyable afternoon and will ensure a great family 'day out'. Hopefully the weather will be kind. Refreshments will be available in the field. We pay tribute to the numbers of volunteers and sponsors who come on board year after year, people power and community spirit have ensured the success of this annual event. Their continued support is invaluable. Keep Sunday July 20th free and

come along and join in the activities of the evening. It is a special Event in conjunction with I.R.D. "Discover Duhallow - A day of the Region Initiative".

RATHMORE/GNEEVEGUILLA COMMUNITY

**GAMES U12 LADIES FOOTBALL TEAM: Who** became Munster Champions in U.L. and now go forward to the National Finals in Athlone in August. Best of luck girls!! Team members are as follows: Amy O'Connell, Aoife Nagle, Danielle O'Leary, Aisling Brosnan, Megan McCarthy Leah O'Donoghue, Michelle Fleming, Sophie Nagle, Maura O'Keeffe, Niamh McSherry Orla Cremin, Michelle Cronin and Theresa Downey.

**GNEEVEGUILLA GAA CLUB:** For any parent wishing to introduce their children to Gaelic Football U6 and U8 training is on Sunday mornings at 11.20 in Gneeveguilla GAA Club. All newcomers welcome. Contact Pat Barry

SHRONE CHURCH 1954-2014: 2014 marks the 60th anniversary of the church of our Lady of Perpetual, Shrone, Major celebrations for any church are held 25 years (Silver, Golden etc.) nonetheless, it is still important to mark this significant milestone as we remember the generosity and dedication of those who made it possible. Out celebration this sign year will take place during our Sunday Mass this Sunday July 13th.

**CONGRATULATIONS:** To Fr Bill Radley PP. Of Glenfesk Parish. Who celebrated his golden jublice 50 years in priest hood recently.

#### **RATHMORE LADIES FOOTBALL: FIXTURES**

TG4 Munster Ladies Football Finals on this Saturday 12th July at Rathbeg. Kerry play Cork in senior Final at 3:30pm. And Limmerick play Waterford in Intermediate Final. At 1:30pm.

If anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring on 087-6676817before 6:00pm on Sunday.

## **LISTRY NOTES**

**MUNSTER CHAMPIONS:** Congratulations to our four Listry girls Niamh Broderick, Mairead Lehane, Ciara Tagney and Aileen O'Leary on winning Munster Medals last Saturday in UL, Limerick competing in U13 Indoor Soccer representing Kerry in Community Games along with girls from Milltown. This was a massive

achievement by our girls as it was their first year entering the competition. They overcame Clare, Tipperary and Limerick to win the title. They now go forward to the All Ireland on the

last weekend in August.

MEGAN O'SULLIVAN WHO WAS CROWNED REGATTA OLIEN AT THE REGATTA DANCE IN THE KILLARNEY OAKS HOTEL.



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## **Know Your Rights:**

### **LOST PASSPORTS**

#### **OUESTION**

I am going abroad for the first time. What should I do if I lose my passport while I am travelling?

#### **ANSWER**

If you are an Irish citizen currently living abroad, travelling or on holiday abroad and your Irish passport is lost, stolen or misplaced, you must contact your nearest Irish embassy or consulate immediately. You will be asked to confirm the loss in writing or, if you are applying for a new passport, to include the details in your passport application.

You must also get in touch with the local police and report the loss of your passport. You should request a written statement that you have reported the loss of your passport to them. A member of the police authority in the country in which you are staying must witness this statement.

You will need this statement to get an Emergency Travel Certificate (valid for one journey) or an Emergency Passport (valid for a restricted amount of time) from an Irish embassy or consulate.

If you are travelling on a multi-stop journey, where you will pass through more than one jurisdiction, you will need a new Irish passport. Again, you must report the loss of your passport immediately to your nearest Irish embassy or consulate.

If there is no Irish embassy or consulate in the country where you are, contact the embassy of another EU member state. It will get in touch with the nearest Irish embassy on your behalf. An embassy of another EU member state cannot issue you with a new Irish passport, but can issue an Emergency Travel Document.

It may be useful to carry a photocopy of the personal data page of your passport with you when travelling or scan an image of that page and email it to yourself.

Any passport reported as lost or stolen is no longer a valid travel document and you should not try to travel on a passport which has been reported as lost or stolen.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7829, Listawel 0761 07 7840, Kenmare 0761 07 7810, Killonglin 0761 07 7830, Castleisland 0761 07 7790,

Information is also available online at citizensinformation ie and from the Citizens Information Phone Service, 0761 07 4000.

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## **KILCUMMIN NEWS**

**SYMPATHY:** Sympathy is extended to the families of the late Tom Fleming, Mastergeeha; Tom Heaphy, Anabla who died recently. May they rest in peace.

YOUTH 2000 SUMMER FESTIVAL: Cistercian College, Roscrea, Co. Tipperary from Thursday 14th- Sun 17th Aug 2014. For young people aged 16-35, an opportunity not to be missed to experience the Catholic faith and meet many new people. This festival has been nicknamed the "Holy Oxygen" with over 1000 young people from all corners of Ireland attending last year. The festival is donation only. Free buses available from towns throughout Ireland. For more information and to book online see www. youth2000.ie or Tel: 01-6753690 or from NI 07598876399.

KERRY MOBILE LIBRARY SERVICE SOUTH & EAST KERRY: This service calls fortnightly to Kilcummin Village and is open to all. We carry a full range of stock, fiction and non-fiction books, audio titles, DVDs and children's books on the Mobile Library and our friendly and experienced staff are always happy to advice for all reading tastes and ages. This summer we will also be running a Reading Challenge for children who visit the Mobile Library throughout July and August (for details please visit www.mythical-maze.org.uk).

DURING SUMMER 2014 the Mobile Library will visit Kilcummin on July 21st & August 18th, calling to Kilcummin Nursing home from 11.15am-11.45am and Kilcummin Village (besides the Church) From 11.45am-12.45pm.

**KILCUMMIN G.A.A LADIES COMMITTEE:** New members needed and will be most welcome to join our group. Help is required to organise up coming family day. Contact: Carmel 087-9490372

KILCUMMIN COMHALTAS: Volunteers are needed for the Munster Fleadh in Killarney on July 18th, 19th & 20th. Please contact Grace on 087-9860473 if you are available.

JUVENILE GAA: KERRY UNDER 14S Best wishes to Laura Teahan and Kate Maher who will represent the club and the county when the Kerry Under 14 girls take on the Connacht champions Mayo in the All-Ireland final on July

JUVENILE GAA SUMMER CAMP: Revised dates are 12th - 14th August from 10am to 1pm. Contact Nessa on 087-2897312 for info. GAA FAMILY FUN DAY: Will be held on 10th

GAA JUVENILE ACADEMY continues on Saturdays at 10.30am, new players welcome.

**HURLING/CAMOGIE:** Continues everv Thursday evening at 6pm at the club and at Legion's club grounds for all children aged 5 to 10 years.

**SENIOR GAA** 

**ACORN** LIFE U-21 **CHAMPIONSHIP:** Kilcummin/ Rathmore bowed out of the championship after a great effort that saw them run Kenmare district to a single point during the week. Kilcummin players Shane Murphy, Donal Maher, Damien O'Leary (Capt), Noel Duggan, Gary O'Leary, Kieran Murphy, Kevin McCarthy, Kelvin Teahon Matthew Keane, Darragh McCarthy, David O Connor and Enda O Sullivan. Mentors Willie Maher and Seanie O

**CONGRATULATIONS:** Congratulations to our two County goalkeepers Brendan Kealy and Shane Murphy who won Munster senior and junior medals respectively last week.

GAA LOTTO: There was no winner on Sunday July 6th Numbers drawn were 7, 12, 14 & 16 Consolation prizes were €100 Dermot Dwyer, Glounacopple €60 Tom Morris c/o Jer Dwyer, €60 Tom O'Grady, Ballyduff, €30 Roy O'Sullivan, Rathduane, Rathmore €30 Denny O'Connor, Rathanane Next draw Sunday July 20th Jackpot now €10,750.

## GLENFLESK NEWS

#### WITH DONAL KELLY

JUNIOR LEAGUE SEMI-FINAL: The Glenflesk Junior team travel to Dromid on Friday July 11th to play the local side in the semi-final of their county league group at 7:30pm.

**MUNSTER JUNIOR CHAMPIONS:** Congratulations to Dara Roche and Cian Horan who were members of the Kerry Junior panel who defeated Cork in the Munster Final played in Tralee on Wednesday July 2nd.

**COUNTY CHAMPIONSHIP:** East Kerry play Shannon Rangers in Killorglin on Sunday July 13th at 3pm.

RAHEEN NS: Congratulations to Joan Mullane who had the winning lotto number 12 on Saturday 28th June and to Bernadine Roche who had number 13 on Saturday 5th of July.

**MUNSTER CHAMPIONS:** Congratulations to Glenflesk Community Games soccer team who won gold medals in the Munster finals in UL. This was a magnificent squad performance with a 1 - 0 win in the semi final over Limerick champions Caherdavin. Ben Switzer was the first-half goalscorer in a really tight game. The final saw Glenflesk take on Tipperary champions Newport. Glenflesk secured a 1 - 0 victory with a penalty by Luke Crowley in the first half. The final was a magnificent squad performance with all 8 players contributing to the victory. SQUAD: Stephen Moynihan, Calum Cronin, Evan Lucey, Gearoid Healy, Luke Crowley, Dara O'Connor, Ben Switzer, Jamie Moynihan. Manager: John Crowley Coaches: Sean Moynihan & Seamus Moynihan.

Glenflesk now go forward to the national finals



RAHEEN NATIONAL SCHOOL FIRST HOLY COMMUNION ST. AGHAS CHURCH GLENFLESK. L:R: Donal Murphy, Setanta O'Callaghan, Eílís Mullane, Lilly O'Connor, Tom Warren and Jack Leader.

in Athlone in August.

**GAMES GARDENING** COMMUNITY WORKSHOP: Glenflesk Community Games is taking part in the national Healthy Events Award scheme. As part of this scheme, we are now offering another great opportunity to our school-going children who are interested in learning a little about gardening. We are running a vegetable gardening workshop for four weeks on Tuesday mornings from 10.30 to 12 o'clock in a local garden gratefully being provided to us to facilitate this. This workshop will start on Tuesday 15th July until 4th August. Any parent whose child is interested

can contact either Kathleen at 0876816413 or Jacob at 0873234074 or Helena at 0872468396. RING OF KERRY CYCLE: Well done to all those who took part in the Ring of Kerry cycle last weekend and well done to the organisers and their team of volunteers for making such a remarkable event possible. While the cyclists get the limelight it is important to appreciate the incredible planning and hard work that must go on behind the scenes to deliver such an enormous event.

**CONTACT:** We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro. glenflesk.kerry @gaa.ie deadline 10pm Sunday.





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## FOSSA NOTES By Gene Moriarty

FOSSA GAA: Fossa Lotto 06/07/2014:

Numbers Drawn: 4, 13, 15 and 21.

Jackpot: €3,750. No Jackpot Winner:

Consolation Prizes 5 x €40: Joan O'Donoghue, 5 O'Kelly's Villas Killarney; Stephen Courtney, Faha; John & Kathleen Rice, Dromin Fossa; Andrew Keena, Kilmessan County Meath; Jerry O'Brien, 44 O'Kelly's Villas Killarney.

New Jackpot: €3,900. Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night July 13th 2014 at the Golden Nugget Fossa at 11p.m.

**FIXTURES:** Friday July 11th Under 14 John Egan Tournament in Fossa. Friday July 11th Juniors play Firies at home in Bill Tangney Cup 7:30pm. Sunday July 13th County Senior Championship Laune Rangers v East Kerry at Killorglin 3pm. Monday July 14th Cul Camps at Fossa GAA Grounds all week

Wednesday July 16th Under 16s at home to Asdee/ Ballylongford 7:30pm.

Thursday July 17th Minors at home to Kilcummin 7:30pm.

COISTE NA NOG: Well done to David Clifford who scored 1-06 for Kerry South in the Munster U15 Football Tournament to retain the Humphrey Kelleher Memorial Cup with a comprehensive win over Cork West in Millstreet on Saturday last. Also well done to Gary Cronin, Ryan Sheehan, and John Talbot who were part of the Kerry South Under 14 team which won the Jim Power plate final as they eased home with eight points to spare (3-6 to 0-7) against Limerick at Fraher field Dungarvan also on Saturday.

**ATHLETICS:** Gneeveguilla AC will hold Athletics training at the Old Fossa Sports

field every Thursday evening from 6:00pm to 7:00pm until further notice. All girls and boys born in the year 2005 or any year before that are very welcome to come along and take part. FOSSA COMMUNITY GAMES: History was made in Fossa when this team of young boys and girls lifted the Munster winners shield high into the Limerick sky. Early start with our first game at 11 against Ballybrown/Clarina from Limerick. With plenty of possession we started to take control of this game where we ran out winners with a score of 3-7 to 1-5. On then to the final with our opponents coming from Templemore in Tipperary. We got off to a great start and quickly got a hold of this game running out winners on a score line of 3-8 to 3-1. This was a knock-out competition with no second chances and a place in the All-Ireland final at stake, these talented youngsters kept their composure and again gave outstanding performances. The pride and elation of the Fossa supporters was electric - every one of the 16 strong team playing their part, the trainers ensuring no-one was left for long on the sideline and the support all the players gave each other throughout the games was a joy to witness.

**U10 MUNSTER CHAMPIONS:** Darren Ryan, Sean Dineen, Ellen Kennedy, Matthew O'Connor, Peadar Kelliher, Cian Doyle, Aimee Coffey, Philip Lyons, Sam Buckley, Ryan O'Leary, Robert Brooks, Tom Cahillane, Sophie Dennehy, Aaron Coffey, Finn Kennelly, Darragh O'Brien. Trainers: Kieran O'Brien, John Dineen, Maurice Lyons, Damien Dennehy. All-Ireland finals to be held in Athlone 22-24 August

**FOSSA GOLF SOCIETY:** Ladies. Get into Golf. An invitation to all ladies interested in playing golf in a fun environment. Come to our free introductory evening on Monday 21st. July

7pm to 9 pm at Castlerosse Golf Club. All equipment will be provided.

So come along for a fun, friendly, social evening, followed by refreshments.

For further details contact Mairead 087 7808106 FOSSA/TWO MILE COMHALTAS: Fossa/Two Mile Comhaltas would like to congratulate all those who took part in the County Fleadh held recently in Cahirciveen. We would like to wish the Senior ladies Set who qualified for the Munster Fleadh Cheoil taking place in Killarney on July 18th, 19th & 20th July the best of luck. CONRADH NA GAEILGE: Fossa Community Centre:

Killarney Library Kerry Library has introduced

a new language learning service on the Kerry Library website, www.kerrylibrary.ie. Transparent Languages Online is available to Kerry Library members by clicking on the "Learn a New Language Today" logo on the Library home page. Over 80 languages can be studied at beginner and intermediate level. Also, Killarney Library will host the Kerry Cultural Diversity & Integration Exhibition from 1st - 18th July during Library opening hours. This exhibition is an initiative of the Integration Implementation Group, a subgroup of the County Development Board and an action in the Kerry Integration Strategy 2013-2014. This campaign aims to promote Cultural Diversity & Integration in the county. Free admission. All

**FOSSA NOTES:** If anybody has any item they would like included in the notes, please email information to Gene Moriarty at genemoriarty2014@gmail.com Please forward information on or before Sunday at 10:30am.

## **BEAUFORT NEWS**

**YOUTH CLUB:** Beaufort Youth Club are looking for Leaders, to join please contact Rose on 087 247211. Very rewarding.

**YOUTH CLUB MEMBERS:** We are meeting during the summer months at The Barracks from 7.00-8.30pm on Thursdays going forward. Looking forward to seeing you all there.

**PILGRIMAGE TO KNOCK:** There will be a Bus leaving Beaufort for Knock on Sunday, July 20th. Further details from 064-6644319.

**CONGRATULATIONS:** And well done to both first timers and seasonal cyclists who took part in The Ring of Kerry Charity Cycle on Saturday last. It was a very enjoyable day for everybody and the organisation etc. was second to none. Well done to all. We hope the cycle on Saturday will lead to people signing up for the cycle below!

**BEAUFORT G.A.A. CLUB AND KILLORGLIN** 

**CYCLING CLUB:** Have joined forces to bring you the 'Ring of the Reeks', Caragh Lake Loop and the 'Ring of Beaufort' leisure spins which will be held on Saturday, 26th July.

**COMMUNITY GAMES:** We have come to the end of the Community Games 2014 season. It kicked off at the start of the year with the U15 badminton and ended with Athletics County Finals in the Riocht in Castleisland. We would like to thank all the children from the parish who participated in the many events with great enthusiasm, style & sportsmanship and were a credit to the parish. Also of course, a MASSIVE THANK YOU to all the parents who contributed to all events by bringing their children to training sessions & competitions, car pooling & helping out at the local athletics day. Thanks also to Beaufort GAA for the use of the field and clubhouse and to Moira Cronin (Principal, Cullina NS) for letting us use the school hall for training. Thanks also to the team managers/trainers who volunteered their time for training & who accompanied their teams to all the events giving them encouragement, advice & sometimes consolation!

**BEAUFORT TOOK PART IN THE FOLLOWING EVENTS:** - U10 & U13 Boys Indoor Soccer, U12
Boys Outdoor Soccer, U15 Girls Outdoor Soccer,

Boys Outdoor Soccer, U15 Girls Outdoor Soccer, U13 Boys Futsal, U12 Girls Football, U10 - U14 Draughts, U8 - U16 Art, U10 Handwriting, U13 Projects, U15 Badminton, U8 - U16 Swimming, Cross Country & Athletics. All that remains is to wish those from the parish who will be representing Kerry in the Munsters & the National Finals in Athlone the very best. They are:- U12 Breaststroke: Mark Sheahan, U14 Draughts Team: Darragh Dennehy, Patrick Crehan, Niall Ireland, Orla Murphy, Aoife Murphy & Mairead Egan, U8 80m Thomas Healy & U14 800m Fiona Doyle.











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- 11 Ford Mondeo 2.0L, Zetec, 1 owner, full Ford S/H
- 11 Kia Ceed S.W. Manufacturers warranty to 2017
- 11 Audi A4 2.0TDi, Black
- 10 Skoda Superb 1.9TDi, full Skoda Service History
- **10 Ford Focus** 1.6TDi Titanium estate, alloys, fogs, A/C
- **10 Ford Focus** 1.6 TDCl, sports, sat nav, bluetooth, alloys, fogs, 83k, full Ford S/H
- 10 Ford S-Max 2.0, Titanium 63k
- 09 Nissan Qashqai Acenta

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09 Audi A4 2.0TDi 92k, Black, Full Audi S/H **09 Ford Focus** 1.6TDCi, Titanium, 97k 09 Ford Focus 1.6 TDCi, Titanium, Full Ford S/H

- **09 Kia Proceed** 1.6, Alloys, Fogs, 3dr H/B
- 08 Audi A4 2.0TDi, silver, full Audi Service History **08 Ford Focus** 1.6TDCi
- **08 Citreon C4 Grand Picasso** 7 seater, 1.6 VTR Plus
- **07 Ford Focus** 1.6TDi
- **07 Renault Megane Scenic** 2yr Test
- **06 Opel Vectra** 1.9, 6 speed
- 06 VW Passat 1.9TDCi, Black, NCT Tested





**06 Citreon C5** 1.6HDi, 106k, 1yr Test

- 04 Cltreon Picasso 1.6HDi, 138klms
- **04 Opel Zafira** 1.7 Dsl, 1yr Test
- 03 Skoda Octavia 1.9 TDi, silver, 1 owner
- 09 Toyota Yaris 90klms, black
- **08 Kia Rio** 1.4, Automatic
- 07 VW Golf 1.4TSi, full leather, 1 owner
- 07 Renault Megane Cabriolet 1.6, full leather
- **07 Nissan Almera** 1.5 SXE, alloys, air con
- 06 Renault Clio 1.2, 1 owner, Silver, alloys, sunroof





05 Suzuki Liana NCT Tested **04 Opel Zafira** 1.6 Club, 7 seater, 1 owner, €2,700

- 13 Citreon Berlingo 1.6HDi, 34k, sliding door
- **11 Citreon Dispatch** Choice White or Black
- **11 Citreon Berlingo** 3str, 55k, full service history
- 11 Citreon Berlingo Full service history
- 09 Opel Combi Van 90klm
- **08 Opel Combi** 1.3CDTi
- **05 Mitsubishi Pajero** Sport Silver, 2.5, very clean
- **03 Citreon Dispatch** 2.0HDi



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# DRIVING FOR WORK SUMMER SAFETY TIPS



The HSA reminds employers and employees of key seasonal tips for safer work related journeys over the coming months. Summer months bring more bicycles, motorcycles, caravans, agricultural vehicles, visting tourists and seasonal traffic congestion to our roads. During school holidays, there are more children about, so extra vigilance is needed on journeys, during deliveries and collections as there are vulnerable road users around who are not aware of the dangers associated with vehicles and their actions are not predictable.

We urge employers to bring the following tips to the attention of their employees who drive for work. With school holidays and tourist season in full swing, now is a good time to remind staff of safe driving for work practice in summer.

By following simple guidelines before travelling and en-route, you will ensure your safety while driving for work.

Before travelling, make sure your vehicle is roadworthy: even the slightest doubt about how it's running needs checking. Make sure that vehicle maintenance is up to date, and if in doubt arrange to have it looked at by a qualified mechanic.

### Then, check the following at least daily (especially if the vehicle is hired or loaned):

- Tyre tread and pressures.
- · Oil, water and fluid levels.
- · Head -, brake and indicator lights.
- · Safety equipment including warning-triangle, torch, hi-vis jacket, first-aid kit, sunglasses and maps.

Plan the route beforehand, and travel during off-peak periods if possible leaving 'more than enough' time to negotiate the holiday congestion. Check the weather forecast and travel news before and during journeys.

Timely route and traffic information is available from a range of organisations.

On the road, make sure everyone is buckled up, including rear seat passengers, and drive defensively by:

- Being prepared for unsafe actions by others or for poor driving conditions.
- · Obeying the road signs and signals.
- Never ever use alcohol and drive.

Be extra careful in the early morning or at dusk and during the night, when animals and agricultural vehicles are most likely to be on the

### If driving a van, truck or four-wheel drive:

- Take extreme care reversing.
- · Check carefully for elderly people and children where you make deliveries or collections.
- Slow down in built up areas
- Slow down near cyclists

### If driving a car:

- · Keep out of others' blind spots.
- · Be seen: don't let larger vehicles hide yours from view.
- · Use daytime running lights.

Don't give in to the temptation to 'push on'! When you feel tired, have a good sleep. Rest breaks every 2 hours keep drivers alert by promoting blood circulation, make trips more pleasant for you and your passengers, let the vehicle cool down.

Have a good summer, and please put safety first when driving for work.

# **DRIVING WITH HAYFEVER**

Hayfever is particularly bad in the summer and if you sneeze at 70mph you lose your vision for as much as 100 metres.

- Only take medication which doesn't cause drowsiness
- Get someone else to drive if you are having a
- particularly bad hayfever day
- Ask about cabin pollen filters for your make of car
- Keep tissues close to hand
- Slow down and drop back if you're about to sneeze
- Wear sunglasses to block out bright sunlight
- Close windows and air vents to reduce pollen grains in the car
- Vacuum car mats and carpets regularly during summer, to get rid of dust.







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### DO YOU SPEAK "BODY?"

Our bodies are where we live - or are they? For many people their body is the last place that they would turn to for wisdom, intelligence, insight or understanding. Many people are too caught up in their heads. They analyze, worry and try to control life by a logical point of view. Very often we only really pay attention to our bodies when something happens to them or we fall ill. Then they become priorities in our lives because we realize that without our health our life becomes so much harder to live!

The key is to learn to speak the language of your body so that you can begin to understand it's vital messages.

Have a go at this mini body awareness quiz. Just go with the first answer that comes up for you. You can't get it wrong as it's only about what FEELS right for you.

- 1. On a scale of one to ten (with ten being absolutely brilliant) how high is your energy level right now?
- 2. Where in your body is your past located?
- 3. Where in your body is your Joy located?
- 4. If your body were a colour, what colour would it be?
- 5. If your body could tell you one thing, what would it say?
- 6. What sound would your body most like to hear right now?
- Reflect on your answers what do they tell you?

Do come along to my next LIFE CLASS At the Meadowlands Hotel (7.30-9.30pm). Wednesday July 30th. Reserve your place NOW by calling 066 9766374 or emailing me at life\_coachingunlimited@yahoo.ie.

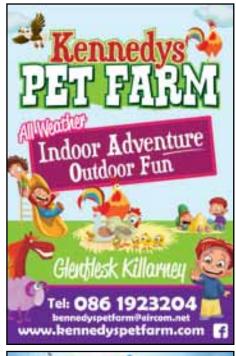
Entry is €15.00 – payable on the night! (Refreshments included!).

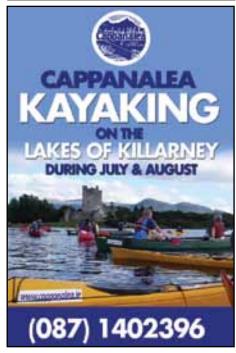
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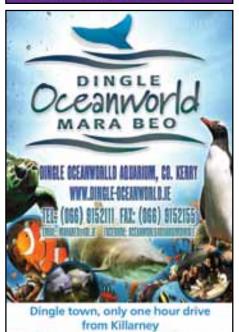
















 $\textbf{Deadline:}\ \ Monday\ 3pm\ \textbf{Email:}\ editorial @outlook mags.com$ 



### **EAST KERRY NOTES**

With Áine Ní Shúilleabháin

**FIXTURES:** Bill Tangney Cup Friday 11th July 2014 at 7.30pm Fossa V Firies.

### O'SULLIVAN CUP QUARTER FINALS LEGION 2-06 FIRIES 0-09

In an exciting O'Sullivan Cup Quarter Final, Sponsored by O'Sullivan Cycles and Outdoor Killarney, played in Farranfore, the teams were neck and neck until the last five minutes when Legion went ahead to win by 3 points. The game opened with an Alan Moriarty goal worked from the throw in. The sides traded points (Alan Moriarty, Legion and Padraig De Brún, Firies), before Firies equalised with three unanswered points, from the boot of Padraig De Brún, 15 minutes into the half. Both sides created goal chances but were denied by great saves and the ball hitting the upright. Donal Lyne put Legion ahead by the minimum but the home side replied with two points (Padraig O'Sullivan, Padraig De Brún) to lead at the short whistle Firies 0-06 Legion 1-02. Firies increased their lead to 3 points (Padraig de Brún) before Legion dominated mid field and notched up two points (Rob Leane, Donal Lyne) and a goal (Rob Leane) in a three minute blitz, to lead by three points going into the last 15 minutes. The home side reduced their deficit to the minimum with two points from play (Alan Looney, Padraig de Brún). However, it was the visitors that were on target in the closing minutes and increased their lead with 2 points (Tim O' Regan, Alan Moriarty). Final score: Legion 2-06 Firies 0-09. Referee: Denis O'Sullivan (Scartaglen).

**CORDAL 1-11 LISTRY 0-13:** In a closely contested game, between Cordal and Listry, in Currow, Listry started the better, with 4 unanswered points in the first quarter. Cordal replied scores from Phil Griffin, Niall O' Ciardubhain and a Tommy O'Mahoney goal. Half time score Cordal 1-06 Listry 0-08. Listry again started the better for the second half and built a three point lead with 10 minutes remaining. Cordal converted four without reply (Cian Fitzgerald, Phil Griffin (2) and Micheal Cahill) to leave the final score 1-11 to 0-13. Cordal host Legion in the Semi Final.

Referee: John Dineen (Fossa).

DR CROKES 4-18 SPA 3-4: A very strong Dr Crokes team overcame Spa in the Quarter Final of the O'Sullivan Cup, sponsored by O'Sullivan Cycles and Outdoor Centre Killarney last Tuesday with first half goals from Rory Mangan (2) and Tony Brosnan and finished in the second half with a fourth goal for the side from Jamie Doolan. Pat Cronin and Aaron Farrell were the goal scorers for Spa. Dr Crokes host Gneevequilla in the Semi Final

Referee: Donal Donnelly (Kilcummin).

### **GNEEVEGUILLA 2-14 RATHMORE 0-03**

Played in Rathbeg on Tuesday evening Gneeveguilla were convincing winners of this Quarter Final in the O' Sullivan Cup sponsored by O'Sullivan Cycles and Outdoor Killarney. Gneeveguilla were on top from the start and a first half goal from Mike Brosnan had them 1-09 to a point up at half time. The second half was much the same and a goal from Conor Herlihy for Gneeveguilla finished off the game as a contest. Gneeveguilla won on a score of 2-14 to 0-03. Referee: Brendan Brosnan (Glenflesk).

# BILL TANGNEY CUP QUARTER FINAL KILCUMMIN 5-11 CURROW 3-09

Kilcummin hosted Currow in the quarter final of the Bill Tangney Cup. The home team ran out winners with an overall good team performance in all quarters. Kilcummin built up a 4 goal lead in the first half. The goals came from Ger Sheehan (2), Eamonn O'Donoghue and John McCarthy. Half time score Kilcumin 4-07 Currow 0-07.

The visitors upped their game in the second half with Currow outscoring Kilcummin. Currow found the net 3 times, Mike McCarthy, Kevin Fitzgerald and Timmy O' Leary being on target. However, a goal from Ben Brosnan sealed the victory for the home side giving them a 8 point lead. Referee: Tom Moriarty (Legion)

### **EAST REGION MINOR LEAGUE**

FIRIES 2-08 SPA 1 -15: Spa started the brighter but Firies took the first score through a free by William Courtney. Spa regained control and scored 5 unanswered points, with the best coming from Ciaran Spillane and John Murhill. Firies came back into contention with a goal from Conal Murphy but Spa replied quickly with a goal from Evan Cronin. This was followed by 2 further points to leave a half-time score of Firies 1 - 1 to Spa 1 - 7.

Firies came back fighting in the second half with 2 points from Padraig De Brun, followed by a goal from Conor Randall. A scatter of points followed Spa's E. Lavin, M. McCarthy and Firies Wiliam Courtney and Stephen Maloney. However, Spa finished the stronger. Final score Firies 2 - 8 Spa 1 - 15.

### **BEAUFORT 5-13 GNEEVEGUILLA 1-16:**

Gneeveguillahosted Beaufort who proved the stronger team and found scores easier to come by. Gneeveguilla missing some of their development squad players fought hard and were 2 points down at half time 1-06 to 1-08. Beaufort pulled away in the second half getting the goals that counted. Full time score: Gneeveguilla 1-16 Beaufort 5-13.

**DR. CROKES 6-06 LEGION 1-11:** Dr. Crokes hosted Legion in round 3 of the East Region Minor League, sponsored by The Tatler Jack. The game got off to a blistering start when the visitors maintained possession early and worked the ball up for Brendan Lyne to open scoring with a goal. Dr. Crokes responded with a point from Michael Casey and shortly after, Chris Doncel won a penalty. Adam O'Shea converted from the spot to take the lead. It was then to and fro with 3 points coming from Legions Finbar Murphy. Dr. Crokes consistently threatened the Legion goal for the half. Paul Clarke broke through for a well taken

goal which was followed 10 minutes later by another from Mark O'Shea. Before the end of the half, both Paul Clarke and Mark O'Sé found the net. Half time score Dr Crokes 5-03 Legion 1-03. Dr. Crokes opened the second half with a Shane Lyne goal. Legion responded with 3 unanswered points but goals were needed. Legion's Daragh Doherty made the journey from full-back to help his team make a comeback but was unlucky after his kick struck the crossbar. Dr. Crokes brought on substitutions which made the difference in the final stages, ensuring a win for the home side. Final-score: Dr. Crokes 6-06, Legion 1-11.

MUNSTER TOURNAMENT: Kerry South U14, U15 and U16 teams played the Munster Competition last Saturday. Kerry South Under 14 and Under 16 won the shield and the Under 15 retained the Humphrey Kelleher Cup. Well done to all the management and players.

THE RESULTS WERE: South Kerry U14 team travelled to Waterford and the results were: Kerry South 4-8 Waterford 2-4; Kerry South 1-5 Cork West 3-9; Kerry South 3-7 Limerick 0-6. South Kerry U15 Team: travelled to Dromtariffe and Millstreet The results were: Kerry South 3-18 Clare 2-6; Kerry South 3-14 Cork East 3-10; Kerry South 6-18 Cork West 4-8. South Kerry U16 Team: travelled to Rathkeale. The results were: Kerry South 0-17 Cork 4-9; Kerry South 3-14 Kerry North 1-8; Kerry South 2-12 Waterford 0-4.

**EAST KERRY JUVENILE HURLING:** East Kerry Board Chairman Tim Ryan presented jerseys to St Pats Juvenile team at Legion prior to the hurling go games blitz. Tim complimented the mentors Tommy Galvin, Gary O'Halloran and Denis Coffey and wished the youngsters an enjoyable time playing hurling.

**GOLF CLASSIC:** The annual St Pats Golf Classic will be held on Saturday 9th August at the Ross Golf Club. Format is a 3 man scramble. Entry fee €40 per player. Call Pat O'Brien 087 415 8773.

### ST PATS EAST KERRY 1-13 KENMARE

1-9: St Pats collected 2 league points in the County Hurling League, Division 3 in Fossa following a terrific battle with Kenmare. Despite Kenmare opening the scoring, St Pats took control early on and led to the final whistle. However there was never more than four points between the sides. First half scores came from Mark Dwyer, Jamie Cooper and Mike McCarthy. St Pats led 1-7 to 0-6 at half time, the goal scored by Mark Dwyer. Kenmare made a very determined effort on the resumption and got to within a point of St Pats at the three quarter stage, 1-9 to 1-8. However, St Pats finished strongest to pull clear and record a fine win. St Pats 1-13 Kenmare 1-09.

### SPA CLUB NOTES

### With Anne Holland

**COISTE NA NOG:** Our u10 boys are taking a well deserved break for the summer.



Deadline: Monday 3pm Email: editorial@outlookmags.com

LADIES FOOTBALL: U8 and U10 are taking a break for the summer after taking part in the county blitz.

**12 GIRLS:** Are through to the semi final having secured their spot after defeating Beale with a comprehensive win.

**U13 CHAMPIONSHIP:** Will commence Tuesday July 22nd v. Beaufort.

SENIOR LADIES: Will start championship season in the Junior B division away to John Mitchells 15th July in the preliminary round.

Will compete in the Senior Championship with the Divisional team Killarney (Spa, Dr. Crokes and kilcummin) Sunday 20th July against North Kerry.

### **U19 COMPETITION:**

Tuesday July 22nd East Kerry v. St. Brendan's. **BEST WISHES:** To kerry senior ladies as they play Cork this Saturday July 12th at 3.30.

### **EAST KERRY MINOR LEAGUE:**

### **SPA 1-15 FIRIES 2-8**

Spa worked hard to overcome Firies and despite a strong opening half which saw them lead 1-7 to 1-1 at the break, the goal coming from Evan Cronin just before half time, Firies had a good comeback in the third quarter to bring it to just two points. A few late scores near the end earned Spa the win.

### O SULLIVAN CUP

### **DR CROKES 4-18 SPA 3-4**

A very strong Dr Crokes team overcame Spa Juniors last Tuesday. Pat Cronin and Aaron Farrell were the goal scorers for Spa.

**KERRY TEAMS:** Congratulations to the Kerry Minor team and especially to Spa players Dan O'Donoghue and captain Liam Kearney on their Munster Final win last Sunday. Well done to Andrew Garnett and Shane Lynch with the Kerry Juniors last Wednesday. Great display from the Kerry senior team as they overcame their rivals Cork in the Munster final.

RING OF KERRY: Well done to everyone who took part in Saturday's annual Ring of Kerry Cycle. With almost 10,000 people taking part this year the cycle was again a huge success and well done also to all the organisers, stewards and volunteers. A big thank you also to the stewards from Spa that helped out on the day. **SUMMER CAMPS:** Happy Feet Summer Camp July 14-18 July 10am - 3.00pm.

Conor Gleeson will hold a summer camp once again in Spa GAA. This is a fun packed camp. Further details contact Conor Gleeson

087 2565142 or John O'Donoghue 087 9403517. Cost €70 per child. Family rates available. Or email conjohncamp@gmail.com.

**KELLOGS CUL CAMP:** Registration forms in clubhouse now. Spa will be hosting a football camp once again August 4-8.

## BEAUFORT GAA NOTES

With Nora Hallissey

**LADIES U-14 ALL-IRELAND FOOTBALL** 



KERRY (SOUTH) U14 TEAM AND MENTORS WHO WON THE JIM POWER MEMORIAL SHIELD IN DUNGARVAN ON SATURDAY

FINAL: A bus will leave Beaufort on Sunday, 20th July for Nenagh to support the Kerry Ladies U-14 team and our very own Hannah O'Donoghue, Feidhna Tangney and Tara Breen. Anyone interested in booking a seat should contact Siobhan Tangney on 086-8901290.

### LADIES SENIOR MUNSTER FOOTBALL

FINAL: Takes place in Rathmore on Saturday next at 4.00pm. Best of Luck to the ladies especially Beaufort's Bernie Breen, Patrice Dennehy and Amy Foley.

**LOTTO** Next draw for a Lotto jackpot of €5,200 will be held in Galvin's Bar on Sunday, 13th July. Tickets are available from usual sellers, local shops and bars. Anyone interested in setting up a Standing Order or an annual ticket of €50 should contact any of the sellers or officers.

**BEAUFORT U16S:** Were at home to Kilcummin on Wednesday 25th at 7.30pm in the 1st Round of the Co League. They won on a score-line of 3-15 to 3-9. Beaufort had lots of possession but failed to convert in the first half but played very well in the second half. Man of the match was Cian O'Sullivan (full back).

**BEAUFORT U12S:** Sponsored by Maurice Foley of MF Decorating are away to Laune Rangers U12 and U11 in the Mid-Kerry Competition on Tuesday evening at 6.30pm.

**GAELIC FOR MOTHERS OTHERS:** Continue on Monday evenings from

6.00pm to 7.00pm. MID-KERRY SENIORS: Are away to Feale Rangers in the County Championship next

Sunday at 3.30pm in Ballylongford. **BEAUFORT MINORS:** Were away to Fossa recently. Short a few regulars they came up against a strong Fossa side and lost out by 2 points. They travelled to Gneevequilla Thursday evening in Round 3 of East Region League. This game was played at 13-a-side which led to a fine free flowing high scoring game. They won on a score-line of 5-13 to 1-16. The 1st half was very close with Beaufort leading at half-time by 1-11 to 0-13. The goal coming from Niall O'Connor. The 2nd half saw goals coming from Danny Healy, Mike Healy, Conor Cronin and the outfield Man of the Match for Beaufort, Brendan Cronin. Kevin Coffey also was outstanding in goals for Beaufort.

WELL DONE: To Liam Carey who came on as a sub for the Kerry Minors in Pairc Ui Chaoimh on Sunday last and played a major role in their fine win in the Munster Final against Cork. Liam has worked hard to get back to the top of his game after an injury earlier in the year and got his just reward on Sunday. Well done Liam.

Well done also to the Senior team who had a great win over Cork in the Munster Final.

CONGRATULATIONS: And well done to both first timers and seasonal cyclists who took part in The Ring of Kerry Charity Cycle on Saturday last. It was a very enjoyable day for everybody and the organisation etc. was second to none. Well done to all. We hope the cycle on Saturday will lead to people signing up for the cycle below!

**REAUFORT** G.A.A. **CLUB** KILLORGLIN CYCLING CLUB: Have joined forces to bring you the 'Ring of the Reeks', Caragh Lake Loop and the 'Ring of Beaufort' leisure spins which will be held on Saturday, 26th July.

### LISTRY NEWS

### With Paula Courtney

Listry Weekly Lotto Results Sunday 6th July, 2014. Winning Numbers 3, 12, 15, 25.

Jackpot €8,000. Not Won. 1 x €100 Cormac & Jacqui Tangney, Listry.

2 x €50 Jerry Sheehan, Keel, Mary McSweeney, Niamh Mannix, Keel, Eoin Faha. 2 x €25 McCarthy, Ballytrasna. Draw Entrant Kathleen Courtney, Rockfield. Jackpot next week Sunday 13th July € 8,150.

### **JUNIOR FOOTBALL LEAGUE GROUP 2**

Friday, 4th July 2014 Round: Play Off Listry \*\* conceded \*\* -v- 0-0 Gneeveguilla

MILLTOWN/LISTRY **U12** 

FINALISTS: On Tuesday, 27th June our U12 team played in their County League Division 2 Final in John Mitchell's pitch, Tralee against Listowel Emmets. The first half was evenly

Deadline: Monday 3pm Email: editorial@outlookmags.com



matched with both defences coming out on top with scores hard to come by. At half time we led by 2 points, 1-4 to 1-2. On resumption of the second half play opened up and both teams scored some great scores. Listowel had a period of dominance where they scored two goals which made the task very difficult for Milltown/Listry to get back into the game. In fairness to our girls they never gave up and were unlucky not go have got goals where some of their points just skimmed the crossbar. On a fine evening the team put in a very spirited performance and were unlucky to lose out to a well balanced Listowel side on a final scoreline of Listowel Emmets 3-5, Milltown/Listry 1-9. Special thanks to our mentors Tom O'Dowd and Breda O'Mahony for all their work during the year.

**SUMMER CAMP:** The Dungeon Bookshop Listryfootball camp August 5th-8th. Application form for this camp is available to download from Listry GAA website or at training every Friday evening. Because of Kellogg's Cúl camp this week, there will be no Juvenile training this Friday. Training will commence next week, Friday 18th July, from 6pm – 7pm.

LISTRY CYCLING CLUB: Well done to all who cycled the Ring of Kerry Charity Cycle last Saturday. For some it was their first time. A great day was had by all and all the individual training paid off. We had a club spin on the Tuesday before the Ring if Kerry and had a huge turnout. It was a great leg warmer for the big day!

**INSURANCE:** we are looking for everyone to register with Cycling Ireland and to take out membership, which will cover for Insurance. The link is on our Facebook page. Further details contact Liam: 087-4145662.

### MID KERRY NEWS

With Joan McGillycuddy

GARVEYS SUPERVALU SENIOR FOOTBALL CHAMPIONSHIP: Rd 3 continues next weekend with Mid Kerry travelling to Ballylongford to take on Feale Rangers at 3.30pm (extra time playable). We also would like to wish Miltown/Castlemaine & Laune Rangers all the best in their next game also next weekend

KEANES SUPERVALU MINOR COUNTY CHAMPIONSHIP:

rd 1 began Wednesday 9th with Dr. Crokes home to Mid Kerry 7pm (extra time playable).

**U12 COMPETITIONS:** Began last Tuesday night & rd 2 will be played Wednesday 16th fixtures as follows

**A COMP:** Laune Rangers home to Miltown/Castlemaine.

Glenbeigh/Glencar host Beaufort

Keel - bye

**B COMP:** Laune rangers home to Miltown/Castlemaine.

Glenbeigh/Glencar host Beaufort.

Cromane entertain Keel. All games 6.30pm.

**KELLOGS CÚL CAMPS:** Continues in Laune Rangers & Keel from Monday 14th - Fri 18th July. Remember your child can register on the Monday morning if not already registered.

SOUTH KERRY DEVELOPMENT

**SQUADS:** Were in action last weekend with the U16's wining the Shield Final, U15's taking the Cup Final & U14's wining the Plate Final Well done to all especially Mid Kerry players & team mentors involved.

**CONGRATS:** To the Kerry Minors & Seniors who are Munster Champions yet again.

# DR. CROKES GAA CLUB

**LOTTO:** Draw took place in the Tatler Jack on Sunday last. Numbers drawn: 15, 20, 23, 24. The jackpot of €5700 was not won. Match 3, 6 received €70. Next week's jackpot is €6000. Draw will take place in the Jack C's.

**FIXTURES:** Senior Championship.: Home vs. Legion, Saturday 13th July, 6:30pm. Please support.

**RESULTS:** O'Sullilvan Cup: Dr. Crokes 4-18, Spa 3-04. EK Minor League.: Dr. Crokes 6-06, Legion 1-11. U16 Girls Co. League: Dr. Crokes 1-04, Laune Rangers 8-09.

**EK MINOR** CO. LEAGUE: We hosted Killarney Legion on Thursday last in the East Kerry Minor Football League. This game got off to a blistering start when the visitors maintained possession early and worked the ball up for an early goal. We responded with a point from Michael Casey and shortly after, Chris Doncel was fouled in the square resulting in a penalty. Adam O'Shea converted from the spot to take the lead. We consistently threatened the Legion goal for the half. Paul Clarke broke through for a well taken goal which was followed 10 minutes later by another from Mark O'Shea. Before the end of the half, both Paul Clarke and Mark O'Sé found the net again to go in at half-time 5-03 to 1-03. We opened the second half in a similar fashion, Shane Lyne striking past Legion's keeper for our 6th goal. Legion responded with 3 unanswered points but goals were needed. Legion full-back, Daragh Doherty, made the journey up the field to help his team make a come-back but was unlucky after his kick struck the crossbar. Dr. Crokes brought on substitutions which made the difference in the final stages. Final-score: Dr. Crokes 6-06, Legion 1-11.

**SATURDAY MORNING ACADEMY:** Our Saturday morning hurling academy continues this weekend from 10:00am to 10:40am supervised by fully qualified coaches and all equipment is provided.

### **KELLOGG'S GAA CUL**

**CAMPS:** The Kellogg's GAA Cúl Camps are a great way for boys and girls aged 6 - 13 to play the games and learn GAA skills in a fun child-friendly environment - and maybe even help

make them a GAA star of the future! Fitzgerald Stadium will host a hurling camp from 28th July - 1st August.

**BRITISH OPEN CHALLENGE:** The third major of the year, the British Open, will take place from the 17th - 20th July. Challenge cards for this popular challenge are now available from usual sources.

**AWARDS NIGHT:** The 'Pig on a Spit' mid-summer event has been rescheduled for Saturday, 19th July, commencing at 8:30pm. The various awards for the year 2013 will also be presented on the night. Tickets are €20 and are on sale now.

**CLOTHES BANK:** There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPCC.

MUNSTER SUCCESS: Congratulations to the Kerry Senior Football team and club members Fionn Fitzgerald, Johnny Buckley, Kieran O'Leary & Daithi Casey on winning the Munster Senior Football Championship. Also, congratulations to the Kerry Minor Football team and club members Micheál Burns, Jordan Kiely, Aaron Murphy & Gavin White on winning the Munster Minor Football Championship.

**CONGRATULATIONS:** To Josh Fleming (wing forward), Seán O'Neill (centre back), Tommy Brosnan (Coach) and Stephen Brosnan (Maor Uisce) who helped Kerry claim the Jim Power Memorial Inter-County Shield, playing Waterford and Cork (West) in their round games and beating Limerick in the final.

**SYMPATHIES:** To the family and friends of Matt Sheehan. Ar dheis Dé go raibh a anam

### **LEGION GAA CLUB NOTES**

**U16 GIRLS FOOTBALL:** The u16 girls put on a fantastic performance in a thrilling match against Kanturk in the semi final of the Brigid Dineen memorial tournament. The sides had already met earlier where the Legion girls shaded it by a point. With outstanding turnovers and tackling they provided themselves with many excellant attacking opportunities which gave them the victory once again . They now have their place booked in the semi final of this tournament aswell as a semi final spot in the county league .

KERRY DEVELOPMENT SQUADS: Well done to our four boys, Robert Osbourne, Michael Devlin, Jack Enright and Jack Hanrahan who played with Kerry South U14 in an inter county tournament where they ended up winning the Plate competition by beating Limerick 3-06 v 0-07. Cian Gammell represented the county at U15 level where they beat Cork to win the tournament while Peter McCarthy helped his U16 side to victory also.



Deadline: Monday 3pm Email: editorial@outlookmags.com

O SULLIVAN CUP: The junior side continued their good form by accounting for Firies in the quarter final of the O'Sullivan cup played in Farranfore last Tuesday evening. A good team performance with good use of the bench which saw Rob Leen kick 1-01 after being sprung saw this team edge home with 3 points to spare to give themselves a semi final berth

MUNSTER FINAL: Well done to Brian Kelly, James O'Donoghue and Jonathon Lyne and the Kerry team who won the Munster final.

PRIMARY GAME: Great to see Eoghan O'Sullivan also in action in Pairc ui Chaoimh when he lined out for Kerry Primary team.

### **SENIOR COUNTY CHAMPIONSHIP:**

Calling on all supporters to make their way to Lewis Rd on Sunday evening as our seniors take Dr Crokes in round 3 of the county championship. Throw in is at 6.30pm.

# MUNSTER FINAL SPOT FOR **KERRY LADIES**

Kerry ladies secured their spot in the upcoming TG4 Munster Ladies final with a hard fought win against Clare, played Wednesday 2nd July in Kilmihill. Played in winter like conditions for the month of July, with heavy rain throughout the game & a strong wind Kerry found it hard to break down the Clare blanket defence, as they defended deeply with often only 2 Clare players inside the Kerry half. Despite playing with the breeze in an uneventful first half, Clare registered 3 points to Kerry 6 points. Kerry within minutes of the second half hit Clare for the first goal, when Megan O'Connells shot was saved by the Clare keeper, but Patrice Dennehy followed up first to finish it off to the back of the net. Kerry second goal came after Louise Ni Mhuirtceartaigh fisted a high ball which was hanging in the air to the back of the Clare net, in the 48th minute. Kerry closed out the game by adding 3 further points, while good discipline & defending held Clare scoreless in the second half. Final Score: Kerry 2-11 Clare 0-03.

Kerry now face Cork in the TG4 Munster Senior Final which is part of a double header in Rathmore on 12th July. Kerry are the current Munster champions, dethroning Cork last year as they went for an unprecedented 10 in a row of titles. Both sides met in earlier rounds in Pairc Ui Rinn with Cork coming out on top by 4 points. Cork as per recent ties between the sides, got a goal within the first 3 minutes something which the Kerry side must not allow on Saturday. Kerry go into the game on Sunday after a gritty game against Clare, but will be without the services of Sarah Jane Joy who injured her knee during the clash between the sides. It will be a very exciting game, with both teams looking to avoid the slippery qualifier

routes with quality opposition such as Mayo & Monaghan also in the qualifiers. The senior game throws in at 3.30 & Kerry will be looking for a large home crowd to come & support, kids go free. The curtain raiser is the Intermediate clash between Limerick & Waterford at 1.30. Finuge/St Senans Gaelic 4Mothers & Others team & Rathmore Cailiní Óga will be the participants in the half time Exhibition games in both games.

#### THE **SENIOR CHAMPIONSHIP:**

Commences on Friday July 18th with a preliminary game taking place on July 15th between Scartaglin & Desmonds/Duagh. The Junior A Championship also commences on July 15th. All fixtures & details are on the Kerry ladies website.

### THE U17 DEVELOPMENT SQUAD: Continues training on Saturday at 11 am in Mounthawk Tralee for players born in 1997 &

**U12 DEVELOPMENT SQUAD: Inter panel** friendlies take place on Saturday 12th June. Tralee/West Kerry will host East Kerry/Killarney in a Tralee venue TBC at 10.00am. While South/ Mid Kerry will host Sliabh Luachra/ North Kerry in a Mid Kerry venue TBC at 10.00am. All details will be posted on Kerry ladies website & social

### MUNSTER SENIOR FOOTBALL CHAMPIONSHIP FINAL

# O'DONOGHUE STEMS **REBEL STORM KERRY 0-24 CORK 0-12**

The Kerry Senior footballers claimed their fourth Senior Provincial title in five years and their 76th in total when they comprehensively outplayed and outsmarted old rivals Cork in a very one-sided Munster Senior Football decider at Pairc Ui Chaoimh. It was Kerry's biggest win over their rivals since 1980 when they defeated the Rebels 3-13 to 0-12 at the same venue however the Kingdom's biggest winning margin on Cork soil came back in 1962 when they won 4-8 to 0-4 at the then Athletic Grounds. Cork came to the game hoping to claim their first Munster crown since 2008 and were warm favourites to do so, but Kerry had their homework done. Everything went right for Kerry. Their foot-passing was superb while the forwards clicked beautifully together to notch some sweetly taken scores. The Kingdom had stars all over the field none more so than Legion's James O'Donoghue, who notched ten points, eight of which came from play in a stunning Man of the Match performance. O'Donoghue's Legion clubmate Brian Kelly manned the goal superbly making a number

of timely interventions which drew gasps of loud applause from the Kerry fans. The Legion man is now firmly the County's first choice goalkeeper. Kerry's tactics worked a treat, with Johnny Buckley adopting a half-forward role where he won a lot of primary possession and scored four points, while Anthony Maher and Bryan Sheehan lorded midfield.

Shane Enright was tasked with curbing Cork's dangerman Brian Hurley and restricted the Castlehaven man to just one point from play.

PLAY, FIRST HALF: Cork dominated the early stages and led 0-3 to 0-2 after 6 minutes, but the Kingdom, with Declan O'Sullivan dictating matters in his sweeper's role, took over and lead the Cork men a merry dance. Kerry began their charge and six points in a row put them 0-9 to 0-3 up. The game was effectively over as a contest at half-time as Kerry led 0-13 to 0-5 with James O'Donoghue notching 0-4 of Kerry's first-half tally. Kerry's other scorers were Paul Geaney (3), Johnny Buckley and Bryan Sheehan (0-2 apiece), Stephen O'Brien and Declan O'Sullivan 0-1 apiece. However, this was the James O'Donoghue show. The Killarney Legion man underlined his importance to Kerry this year in the absence of Colm Cooper, by notching a magnificent individual tally of ten points, eight of which came from play.

The Killarney Legion man was unlucky not to score a goal late in the first half when his drive was saved by Cork 'keeper Ken O'Halloran.

media outlets.

SECOND HALF: Cork began the second half brightly with scores from Brian Hurley and Fintan Goold (2), to reduce the gap to five points, but the Kingdom were not going to be denied. By the time Donncha Walsh scored 14 minutes into the second half, all six Kerry forwards had scored. Kerry manager Eamonn Fitzmaurice introduced Peter Crowley, Darran O'Sullivan, David Moran, Kieran Donaghy and Barry John Keane in the second half as the Kingdom ran out very convincing winners.

Cork's day went from bad to worse when they were reduced to 14 men deep into injury time when John Hayes was sent off on a straight red card following a high challenge on Declan O'Sullivan.

### **AFTER MATCH QUOTES:**

Kerry Manager Eamonn Fitzmaurice:

"It's fantastic to be heading for Croke Park again. We have to get everything right for that game. We'll enjoy today and tonight. It was a massive squad performance; we had seven lads below in Kerry that didn't make our squad for today's game but they are very much part of the set-up. We have a very strong squad. It's a privilege to be managing someone like James O'Donoghue who had such a superb game out there," said Fitzmaurice.

"We are looking forward now to the quarterfinals in Croke Park, its where want to be."



# RATHMORE/GNEEVEGUILLA COMMUNITY GAMES:



MUNSTER CHAMPIONS - U12 GIRLS FOOTBALL RATHMORE GNEEVEGUILLA.

Rathmore / Gneeveguilla area were out in force in University Of Limerick on Saturday last, having four teams from our area contesting the Munster Finals. First on court on Saturday morning were the u11 mixed Basketball team along with coaches Jim Hughes, Eithne Hurley, Stephen Lehane and Aisling Collins. The team first met with the team from Dromcollogher / Broadford (Limerick). Being successful in this games they advanced to the final where they met with Churchfield / Gurranabraher from Cork. With both teams being very evenly matched, it was nip and tuck till the final whistle. With a great team effort, and neither team making it easy for the other team it was Churchfield / Gurranabraher who emerged the winners by the narrowest of margins. The Rathmore / Gneeveguilla boys & girls and managers should be very proud of their performance. The team thus received Munster silver medals. Team were Padraic Finnegan, Andrew Moynihan, Ciaran Cremin, Jack O' Leary, Michael Dennehy, Ciara Hickey, Roisin McAuliffe, Caoimhe Guerin Crowley, Tara O' Leary and Emma McGillicuddy. At 12 noon the U12 girls football team along with coaches Pat O'Sullivan, Dan O'Leary, Kathleen Dennehy and Brid O'Leary played the Munster semifinal against the team representing Glanmire (Cork). A very tough game for the Rathmore / Gneeveguilla girls, each of the girls battled hard until the final whistle blew, and were lucky enough to out score the Cork team by 2 points. They thus advanced to the final where they met the team from Fethard (Tipperary). Again a great team effort combined with great skill from each of the girls secured a victory for Rathmore / Gneeveguilla U 12 girls football team. They were thus crowned Munster winners and will now go forward to represent Kerry and Munster at the National Finals in Athlone - the first team from our area to do so. Team members were Amy O'Connell, Aoife Nagle, Danielle O'Leary, Aisling Brosnan, Megan McCarthy, Leah O'Donoghue, Michelle Fleming, Sophie Nagle, Niamh McSherry, Maura O'Keeffe, Orla Cremin, Michelle Cronin

and Theresa Downey. Congratulations and well done to the girls and managers on a fantastic achievement. Next up was the U13 boys futsal team along with managers Mike Kelly, Mike Dineen and Paul Darmody. The boys met with the boys from Moycarkey (Co Tipperary) in the semi-final. Emerging the winners they thus advanced to the Munster Final where they met with the boys from Monaleen (Co Limerick), despite their gallant efforts they boys were very unlucky to loose narrowly to the Monaleen team. However this is the first time our area has entered this competition and to be Munster runners - up is no bad result. Team members were Cian Dineen, Alan Dineen, James Darmody, Doonagh Fitzgerald, Kieran Fitzgerald, Cathal Ryan, Ian O'Connor and Michael Twomey. Following this is was back to the indoor courts for the U14 boys spike Ball competition. Coached by Mike McGillicuddy and assisted by Breeda Clifford the boys first met with the team from Mitchelstown (Cork), winning the first two sets of this game they thus advanced to the final where they met with the boys from Rathkeale representing (Limerick). Again a great team effort from all the boys secured a Munster victory, gold medals and the opportunity to represent Kerry and Munster at the National finals in August. Team members were Paul O'Leary, Lorcan Keane, David Gleeson, Owen Fitzgerald, Sean Clifford, Anthony Darmody and Donal Hurley. Congratulations and well done to players and coaches, another fantastic achievement. A remarkable day at the Munster Finals for the area, 4 team competing all teams got the opportunity to contest the Munster Finals, with two of the teams securing gold medals and the opportunity to take part in the National Finals and two teams receiving silver medals. Congratulations to all teams and managers, without the children's involvement, without the parents support and without the managers help and commitment none of the achievements would be possible. Thanks to all who have supported and entered any of the Community Games events in 2014 and thanks to the managers and coaches for their continued help and commitment. Best wishes to all players and managers who will now go forward to the National Finals in August.

MARATHON 7K: Trevor Cremin and Catherine Daly ran in the U16 Marathon on Tuesday last in Currow. Trevor ran very well and finished in 6th place, Catherine was 4th, she will now be one of the Kerry panel to take part in the National Finals.

# GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto dated 4/7/2014, numbers drawn were 11, 16, 24 and 30. Sellers prize went to Con Spillane, €50 to holder of yearly ticket Margaret Collins Knocknalomman, €50 to Super Mac, Spillane's Headford, €40 each to Michael O'Connor, Mount, Scartaglin, Fiona

Nagle Gortdarrig, Martin Hewitt Scartaglin. Bonus not won numbers drawn were 9, 12, 16 and 19. Next week 's jackpot €11,000 with €1.000 bonus.

THE NATIONAL CHAMPIONSHIPS: Started in Cork last weekend with the following results by our athletes, Andrew McCarthy 3rd junior shott and discus and 4th W.O.F, Hannah O'Sullivan 2nd junior discus, Michael O'Neill 4th U23 shot, as events ran late he was not available to compete in discus and W.O.F. These events were put back on account of heavy rain early in the day. We wish all our competitors in the County Senior Championships on Wednesday evening in Riocht the best of luck.

**CONGRATS:** To Catherine Daly who has qualified for the Community Games finals in Athlone in the Marathon. Omission from last week Amy Cronin took a medal in the Long Jump in Munster u14 – U19 and is in the National Finals next month. A local programme of events to finish off the summer will be published this week.

### **WORKMEN'S ROWING CLUB**

### THE NATIONAL ROWING CHAMPIONSHIPS:

This is the biggest weekend in the Rowing Calendar in Ireland. The National Rowing Championships hosted by Rowing Ireland at the National Rowing Centre at Inniscarra Co Cork, from Friday to Sunday. We wish all our crews, trainers and their families, the very best of luck, safe rowing and good sportsmanship. Another good reason is it's our Annual Flag day and Church Gate Collection this weekend, your help and support is much needed to 'man the posts'. Please contact Pauline 087 676 4880 for availability at the weekend. The money raised goes to the vital day to day running of the club and also goes towards our insurance and electricity bills.

**KENMARE GIG REGATTA:** Takes place on Sunday 27th July at 1pm. Training continues for the All Ireland Coastal Rowing Championships which will be held in Waterville in August. Happy Rowing!

### KILLORGLIN ROWING CLUB

**IRISH** NATIONAL ROWING CHAMPIONSHIPS: Best of luck to all rowers competing in the National Rowing Championships from Friday to Sunday (11th – 13th of July) at the National Rowing Centre in Inniscarra, Co. Cork. We have a total of 12 athletes racing over the weekend competing in the under 14, under 15, under 16, intermediate and senior categories.

Live results are available on the iaru.ie website. **COASTAL ROWING TRAINING:** Coastal Rowing training continues at the Boat House. **TRAINING SCHEDULE:** Is available on our Facebook page: killorglinrowing and our blog: http://killorglinrowing.wordpress.com/.

**KILLORGLIN ROWING CLUB GOLF CLASSIC FUNDRAISER:** Killorglin Rowing Club will hold a Golf Classic fundraiser to enable

Deadline: Monday 3pm Email: editorial@outlookmags.com

the purchase of new gym equipment. The increasing membership has stretched out our capacity hence the Club needs to expand. The Golf Classic will be held on Friday, the 25th of July at Killorglin Golf Course. Teams of four are invited to sign up and support the fundraised (formal fourball). The cost is €120 per team. You can also support the event by donating €50 towards the T-Box.

Please contact Mike on 087-2930461 or e-mail killorglinrowingclub@gmail.com with

All information including sign-up sheet can be found on our blog http://killorglinrowing. wordpress.com/ or our Facebook page at killorglinrowing.

Enjoy great golfing experience and support a great cause. Let's make the rowing club grow!

### **KILLARNEY** RUGBY **CLUB**

The Club has been awarded €100,000 in the

recent Capital Grants scheme announced by Minister For Sport, Michael Ring, TD last Thursday. The Club has campaigned through three solid years of fundraising and despite not being awarded in the first round of the scheme, we have been successful this time. There are certain terms and conditions pertaining to the usage of the funds and these will be reviewed in the coming weeks by our Finance Team. We intend to pursue the completion of the construction of our playing pitches as a priority as the continuity of playing the game is of paramount importance in times of drought of funds and playing personnel. We are absolutely delighted with this outcome. Club President, Mike Fuller welcomed the news, "We are thrilled with this award, after a long campaign and serious hard work done by so many people for the past 3-4 years. Special mention must go to our field committee chaired by Liam McGuire, who all at great personal sacrifices and expense stuck with it. We now have an opportunity to truly create a wonderful facility for the sport and indeed other recreational facilities over time in our beautiful location at Aghadoe." He added, "The people of the greater Killarney area are hit from all sides for support of Charity, Civic and Sporting causes and I believe it is the true love of sports that has helped our fundraising teams to raise the huge sums of money required to qualify for the Capital Grant scheme in the first place. Special mention again goes to Liam and also to Diarmuid Leen and others who raised significant amounts of money. This quest is going to be ongoing however, as we will need to double the Grant funds in order to complete proper field construction. A huge thank you to everybody concerned. We also thanks our local TDs and Councillors and in particular Senator Tom Sheahan who was very instrumental in our cause. It has been the first major step in this project and we are thrilled and cannot thank so many." One pitch hopes to be ready for September when the Club intend to hold an open day for new Members and to



GLENFLESK U10 MUNSTER CHAMPIONS AT THE COMMUNITY GAMES.

the public.

TAG RUGBY: Continues every Tuesday at Killarney Community College grounds from 7pm. Anyone over 18 and wanting to try it out is most welcome. Just €5 per night we play simple 7-a-side non-contact rugby with mixed teams and a minimum of 3 ladies on the team at all times. Ladies get 3 points for a score and Chaps get just one – so yes it's perfectly fair. Bring a friend as we will introduce you to the game gently. On Tuesday week 22nd July, we have our Blitz night - we will pick teams on the night and following trophy ceremony we'll have a BBQ night at the Lane Bar from 9pm sharp (€5).

### MUCKROSS ROWING CLUB

IRISH CHAMPIONSHIPS 2014: Best of luck to all of our 14 crews competing in the Irish Championships Regatta this weekend. Muckross RC will have crews racing in all of the three days of competition at the National Rowing Centre in Inniscarra. This is the ultimate event of the year for our junior crews especially, who have been working hard since the winter months, in the build up to this end of season event. Over 52 clubs and 875 crews from the four corners of Ireland will contest this year's Champs, making it the biggest national rowing event on record. Our thanks again goes to all the coaches and those who have assisted throughout the year with training. Race Timetable for Muckross crews as follows.

### **CHAMPS RACING - FRI 11 JULY:**

Mens J18 1 x heats start 09:00, semi-finals 11:15, final 13:00. Mens J16 4x+ heats start 09:30, final 11:45. Mens J15 1x finals start 10:15. Womens J18 4- heats start 14:10, final 16:15.

**CHAMPS RACING - SAT 12 JULY:** Mens J15 4x+: finals start at 11:05. **CHAMPS RACING - SUN 13 JULY:**  Womens Junior 16 4x+ heats start 08:40, final 11:00. Womens Junior 18 2- heats start 08:55, final 11:05. Womens J18 4x- heats start 13:35. final 15:20. Womens Junior 14 4x+ finals 14:15. Womens Junior 15 4x+ finals start 15:20.

**GAME OF CHANCE PRIZE DRAW:** Our Game of Chance Prize Draw continues! With all the recent action for the club at Killarnev and Cork Regattas, Irish Championships and a number of our members entering the Ring of Kerry, it has been a hectic few weeks for the club to say the least! With so many of our members and committee tied up in the events of recent weeks, the date for our Prize Draw is being rescheduled from this Sunday 13th July to a later fixture in the year. As our season draws to a close, we also hope to ensure a full sell out of all draw tickets in support of the club's ongoing fundraising efforts. Tickets remain on sale from all club and committee members. Further details regarding the rescheduled draw date and venue will be announced in the coming weeks. Our thanks to all who have entered the draw so far. A reminder that a total prize fund of €5,000 is up for grabs with a top prize of €2,000. The ticket price is blind and each of the 2000 draw tickets are uniquely priced, ranging from 0.01c up to €20.00. To enter our draw, select one of the sealed envelopes from our ticket sellers and open to reveal the ticket and it's price. You pay the unique ticket price shown for an equal chance of winning one of ten cash prizes. We can announce that our €20.00 ticket has been sold so keep buying those remaining tickets folks and don't miss out on your chance to win! RING OF KERRY: Congratulations to all our members who completed the Ring of Kerry on Saturday last. A great day in mostly sunny conditions enjoyed by all around the 180km circuit, well done to all.

### KILLARNEY CELTIC NOTES

RING OF KERRY CYCLE: Mile buiochas to all club members who volunteered for the Ring of Kerry duties, also those that participated in the cycle and those that supported the cyclists, it was a great day.

CONGRATULATIONS: To Kerry's senior, junior, minor, U16, U14, and U12 teams that all played successfully last week, with Celtic players featuring for Kerry at every grade.

**NATIONAL FOOTBALL DRAW:** Tickets now on sale for the Irish National Football Draw - they are €10 each and is a new fundraiser for our club. There are local, regional and national prizes, over 2000 prizes. Proceeds from tickets sold go to the club, please support, contact any club member, Suzanne 0868449082 or May 086 6485809

STREET COLLECTION: Killarney Celtic's Street Collection will be held on Saturday August 2nd. Volunteers and support will be needed on the day.

### **REGISTRATION AND AWARDS DAY:**

Our awards for the 2013/2014 playing season and registration for the coming season will be on Saturday August 9th from 12 noon to 3.00pm.

MANAGERS WANTED: It takes a lot to keep a club going, but most of all we need people who can volunteer their time. Anyone willing to help out with a team is asked to contact Mike Lyne on 086 0836356.

FOOTBALL FOR ALL: Killarney Celtic FC Football For All is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility condusive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.

#### **RESULTS: U17** LEAGUE **FINAL: KILLARNEY CELTIC 5 AC ATHLETIC 2**

AC Athletic put up a great battle but Celtic were well-prepared and razor sharp at taking our opportunities. Cathal O'Shea struck twice and goals from William Courtney, Conor Randall, and Oscar O'Connor ensured that another trophy was on its way to our cabinet.

#### **U14 GIRLS NATIONAL CUP QUARTER-**FINAL: **KILLARNEY CELTIC PEAMOUNT (DUBLIN) 5**

It was a bit frustrating and disappointing for both sides to find that no SFAI referee had turned up - two good teams who had put a huge amount of effort into getting this far deserved better. Much thanks to Kerry referee Tom Kerrisk who stepped into the breach at short notice and refereed the game with complete impartiality - as is borne out by the final score, as Peamount were too strong for an understrength Celtic who nonetheless acquitted themselves superbly.

FIXTURES: U16 Premier Final: Killarney Celtic v St. Brendans Park, Sunday, 10.15am.

LOTTO RESULTS: Numbers drawn 2, 6, 9, 20. No winner, two x match 3, Batty O'Sullivan c/o Packie, Conor Counihan c/o JC, €75 each. Next week's jackpot €2200, draw in the Failte on Monday night. Tickets available from all club

### **LOTTO SELLERS / YEARLY LOTTO: The**

club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087

or jimmyosdarcy@gmail.com. Check out www. killarneyceltic.com for Killarney Celtic news, match reports, or photos.

# KILLARNEY ATHLETIC A.F.C. NOTES

### **KILLARNEY ATHLETIC A.F.C. ANNUAL 7** A SIDE TOURNAMENT KICK-OFF

in conjunction with sponsors Killarney Credit Union has started on Monday 30th June and has drawn great crowds so far and has some great competitive games. Please come down and support for a great evening of sport.

UNDER 10 & 11: The under 10s and 11s tournament will be held tonight Friday & Saturday. See www.killarneyathletic.com for entry forms, information on previous 7-A-Side Tournaments and for updates throughout the tournament.

**CONDOLENCES:** To the Sheehan Family Countess on the sad passing of Matt Sheehan. **MERCHANDISE:** Killarney Athletic merchandise can now be ordered on

merchandise@killarneyathletic.com **KILLARNEY ATHLETIC WEBSITE:** Please check the website on www.killarneyathletic. com or facebook for match reports, club

**CONTACT:** If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

information and contact details.

# KILLARNEY CREDIT UNION **KILLARNEY ATHLETIC 7 A** SIDE **VENUE – WOODLAWN**

### **UNDER 10 GROUP 1**

Skeliga, Killarney Boys, Fleming Taxi Flesk Flyers, Semi Finals 1st v 4th2nd v 3rd



THE FOUR STAR PIZZA OVER 35 TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-Side soccer tournament. Picture: Eamonn Keogh (MacMonagle, Killarney).



THE O'LEARY EXPERT U-16 TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-Side soccer tournament. Picture: Eamonn Keogh (MacMonagle, Killarney).

### **UNDER 12 GROUP A GROUP B**

Dynamo, Locomotive, Mustang Sally Boys, Coolick Rovers The Boys in Blue, Sean Taffee Hair Studio Loretto Boys, Skeliga 2, Bernadors Bombers Fleming Taxi, Classic 7

### **SEMI FINALS**

Winner Group A V Runner Up Group B Winner Group B V Runner Up Group A Friday 11th July 2014

### PITCH 1

5.35 Under 10 Skeliga v Killarney Boys

6.00 Under 10 Fleming Taxi v Flesk Flyers

6.25 Under 12 Skeliga 1 v Mustang Sallys Boys 6.50 Under 12 The Boys in Blue v Loretto Boys

7.15 Under 10 Skeliga v Flesk Flyers

7.40 Under 10 Killarney Boys v Flemings Taxi

8.05 Under 12 Skeliga 1 v Bernados Bombers

8.30 Under 12 Mustang Sallys Boys v The Boys in Blue

8.55 Under 12 Loretto Boys v Bernados **Bombers** 

### PITCH 2

5.35 Under 12 Dynamo Locomotive v Fleming Taxi

6.00 Under 12 Coolick Rovers v Sean Taffe Hair Studio

6.25 Under 12 Skeliga 2 v Classic 7

6.50 Under 12 Dynamo Locomotive v Sean Taffe Hair Studio

7.15 Under 12 Coolick Rovers v Classic 7

7.40 Under 12 Skeliga 2 v Fleming Taxi

8.05 Under 12 Dynamo Locomotive v Coolick Rovers

8.30 Under 12 Sean Taffe Hair Studio v Skeliga

8.55 Under 12 Fleming Taxi v Classic 7

# **SATURDAY 12TH JULY 2013**

9.35 Under 12 Coolick Rovers v Flemings Taxi 10.00 Under 12 Dynamo Locomotive v Skeliga

10.25 Under 12 Sean Taffe Hair Stidio v Classic 7

10.50 Under 12 Coolick Rovers v Skeliga 2

11.15 Under 10 Skeliga v Fleming Taxi

11.40 Under 12 Dynamo Locomotive v Classic

12.05 Under 12 Sean Taffe Hair Studio v Fleming Taxi

12.30 Under 10 1st Placed Team v 4th Placed Team

### **SEMI FINAL**

1.00 Under 12 Winner Group A v Runner Up Group B

Semi Final

1.30 Under 10 Final

2.00 Under 12 Final

### PITCH 2

9.35 Under 12 Skeliga 1 v The Boys in Blue 10.00 Under 12 Mustang Sally Boys v Loretto 10.25 Under 12 The Boys in Blue v Bernardos Rombers

10.50 Under 12 Skeliga 1 v Loretto Boys 11.15 Under 10 Killarney Boys v Flesk Flyers 11.40 Under 12 Mustang Sallys Boys v Bernados

12.30 Under 10 2nd Placed Team v 3rd Placed Team

### **SEMI FINAL**

1.00 Under 12 Winner Group B v Runner Up Group A

Semi Final

### **FIXTURES WEEK 3**

### PITCH 1 MONDAY 14TH JULY

6.20 U16 Tekkerslovakia v O'Leary Expert 6.45 U16 Mustang Sallys v Bow Wow Panthers PITCH 2

6.20 U16 Killarney Hotspur v Killarney United 6.45 O 35 Fleming's Taxis v The Wipeouts

# **TUESDAY 15TH JULY**

PITCH 1

6.20 U16 TWG v Bow Wow Panthers 6.45 U16 Killarney Hotspur v O'Leary Expert

### PITCH 2

6.20 U16 Thunder Ducks United v Killarney United

6.45 U16 Mustang Sallys v Bayern Munding

### **WEDNESDAY 16TH JULY** PITCH 1

6.20 U14 Glenflesk Dynamos v The Boys From

6.45 U14 Ballyspillane Community Centre v Fairfield Utd

7.10 O35 Bunkers Bar v Mackey's Crew

### PITCH 2

6.20 U14 Barca Boys v The Black Panthers 6.45 U14 Queens Park Strangers v Unreal Madrid

7.10 O35 Liebherr Cranes v Tatler

### **THURSDAY 17TH JULY** PITCH 1

6.45 O35 Bunker's Bar v Tatler

7.10 O35 Beaufort Bar v Four Star Pizza

### PITCH 2

6.45 U14 Aston Vanilla v Unreal Madrid 7.10 U14 Queens Park Strangers v Fairfield United

# **RESULTS:**

### **MONDAY 7TH JULY**

U16 Tekkerslovakia 4 Killarney Hotspur 0 U16 Bow Wow Panthers 4 Bayern Munding 1 U16 O'Leary Expert 2 Thunder Ducks United 1 U16 Mustang Sallys 0 TWG 7

O35 The Wipeouts 1 Four Star Pizza 0 O35 Beaufort Bar 0 Fleming's Taxis 3

U16 Tekkerslovakia 5 Thunder Ducks United 1

CG Killarney 4 O'Callaghan's Bar 2

FC Toba 0 MD O'Shea's Park Road 0 Kate Kearney's 0 Dunloe Lodge 2 The Brehon 1 Henderson's Bar Firies 8 FC Faha Court 0 Tatler Toffees 5 Tatler Toffees 1 Kate Kearney's 1

### **TUESDAY 8TH JULY**

6.45 U16 Tekkerslovakia 5 Killarney United 0 6.45 U16 TWG 4 Paddy's Restaurant 0 7.10 U16 Killarney Hotspur 0 Thunder Ducks United 4 7.10 O 35 Liebherr Cranes 0 Mackey's Crew 0 7.35 Scotts Hotel 0 Killarney Oils 0 7.35 U16 O'Leary Expert 1 Killarney United 0 8.00 The Wedding Guru 2 O'Callaghan's Bar 0 8.00 FC Polaco 1 Speakeasy Bar 3 8.25 The Wedding Guru 2 The Ross Inn 1 8.25 Bilboa Naggins 1 Jimmy Briens 0

### **WEDNESDAY 9TH JULY**

U14 Aston Vanilla 1 Queens Park Strangers 1 U14 Barca Boys 1 Glenflesk Dynamos 4 U14 Ballyspillane Community Centre 1 Unreal

U14 The Boys from Bavina 5 The Black Panthers 0 O35 Beaufort Bar 0 The Wipeouts 0 O 35 Fleming's Taxi 2 Four Star Pizza 1 Moriarty Photos 1 Connie's Sexy 7 0 **Dunboy Greener Homes 0 Tricel 1** Mustang Sallys 4 The 98 Bar 0 Mackey's Crew 5 Fossa City 2 The Blazing Squad 0 Athletico Glenflesk 0

### **PLAYOFF ROUND**

2 FC Polaco v The Ross Inn 3 FC Faha Court v The 98 Bar 4 Killarney Medals & Trophies v Mustang Sallys

1 O'Callaghan's Bar v Kate Kearneys Cottage

5 Tricel Killarney v Dunboy Greener Homes 6 Killarney Oils v The Blazing Squad

7 Athletico Glenflesk v Bibboa Naggins

8 The Brehon Wanderers v FC Toba

### LAST 32 A The Wedding Guru V 4

B Jimmy Briens V 5 C Tatler Toffees V 8 D Currow City V 7 E Fossa City V 6 F Scotts Hotel V 2 G Moriarty Photos V 1 H MD O'Sheas Park Road V 3

### LAST 16

CG Killarney V C Speakeasy Bar V F The Dunloe Lodge VB Dennehy's Corner Bar V A Mackeys Crew V H Charlies Angels V E Connies Sexy 7 V G Hendersons Bar V D

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### RING OF KERRY GOLF CLUB

RESULTS: 6TH JULY - 2-PERSON BETTER BALL EVENT

1st: Michael O'Sullivan (14) & Joe Harrington (20) - 49pts.

2nd: David Kerins (6) & Toby Steadman (6) - 46pts.

3rd: Con O'Sullivan (13) & Jamie Lowe (22) - 44pts ocb

### **TUESDAY OPEN SINGLES**

1st: Oisin O'Driscoll (12) 44pts.

**UPCOMING EVENTS:** 12th/13th July Singles Stableford GOTY.

13th July - Lady Captains Day - Please Prebook. Tee Times Members €10 Visitors €20.

15th July - Open Singles Stableford €5 Members €15 Visitors.

### **CASTLEROSSE GOLF CLUB**

**RESULTS:** Competition played on Sunday July 6th, 18 hole Stableford, Winner, Daniel Shine (09) 42 pts. Runner up, Michael Leahy (19) 37 pts.

Scramble played on Thursday 3rd July, 3 person scramble, winners Steve Shine, Daniel Shine and Peter McGrath.

**FIXTURES:** Scramble each Thursday evening at 6.15pm, meet at 6pm in Club House, open to Ladies and Gents, Guests welcome. Come and enjoy 9 holes of golf at very reasonable cost.

Next weekend 18 hole Stableford, play Friday, Saturday or Sunday. Register on sheet at Castlerosse.

Castlerosse away-day Saturday 12th July in Killorglin Golf Club, tee off 12.30pm register on sheet at Castlerosse.

**LADIES. GET INTO GOLF:** An invitation to all ladies interested in playing golf in a fun environment. Come to our free introductory evening on Monday 21st July 7pm to 9 pm at Castlerosse Golf Club. All equipment will be provided. So come along for a fun, friendly, social evening, followed by refreshments.

For further details contact Mairead 087 7808106

# **BEAUFORT GOLF CLUB**

(MEN'S RESULTS)

6TH JULY - 3 CLUB COMPETITION - SPONSORED BY MD O'SHEA

1st Derek Lyttle (21) 37 pts.

2nd Captain Gearoid Keating (18) 34 pts. 3rd Shane O'Sullivan (7) 33 pts.

4TH JULY – OPEN FRIDAY – SPONSORED BY CLIFFORD GROUNDCARE.

Winner: Damien Harmon (10) 38 pts

**FIXTURES:** 12th/13th July – 18 Hole Stableford (White Tees) – Sponsored by E.I. Systems.

Club Scramble continues Wednesday 9th July at 6.30pm.

Open Fridays (Single Stableford for Ladies & Gents) continues Friday 11th July.

**MEMBERSHIP:** Contact Beaufort Golf Club or website www/beaufort-golf-club.com for latest offers on membership and green fees.

Phone: 064 66 44440, Email: info@beaufortgolfresort.com

### **BEAUFORT GOLF CLUB**

(LADIES BRANCH)

**RESULTS:** 5th/6th July – 3 Club Competition – Sponsored by Ladies Branch

1st Margaret Guerin (26) 32 pts.

2nd Teresa Clifford (31) 29 pts.

**FIXTURES:** 12th/13th July – 18 hole Stableford – sponsored by Blossoms, Killorglin.

Club Scramble continues Wednesday 9th at 6.30pm.

### PARKNASILLA GOLF CLUB

**RESULTS: FR O'SULLIVAN MEMORIAL CUP** 

1st Dwayne Hoare (12) 45 pts., 2nd Patrick O'Shea (19) 40 pts, 3rd Patrick Casey (14) 37 pts. **FIXTURES:** Mixed Foursomes Saturday July 12th and Sun July 13th. Open Day Sat July 26th, 18 holes stableford ladies and gents. Phone 064 6645195 or 087 1377717.

### **ROSS GOLF CLUB**

**LADIES:** 

**FIXTURES:** Sunday July 13th afternoon ladies scramble. Entry sheet in the locker room. Entry by Saturday 2pm. All outstanding prizes will be presented on Sunday July 13th.

Sunday July 20th club sponsored 18 hole competition.

Sunday July 27th Lady Captain Mary Cronin's

INTERMEDAITE LADIES TEAM: Played in Tralee Golf Club on Sunday July 6th against Dooks. Dooks were the stronger team on the day, but a big congratulations to the Ladies for reaching the Munster quarter final stage of the competition. Thanks to player manager Betty O'Farrell, caddies and supporters for their time and dedication throughout the competition.

BEST OF LUCK: The Ladies Club wishes the

**BEST OF LUCK:** The Ladies Club wishes the race company the best of luck with the race meeting which will be held from Monday July 14th - Thursday July 17th.

# KILLARNEY GOLF CLUB LADIES:

EXCHANGE DAY WITH LAHINCH THURSDAY 22ND JUNE

RESULTS

1st Mary Geaney (11) 36 pts. 2nd Mary A Sheehy (4) 32 pts. 3rd Eileen Magee (28) 30 pts.

Sunday 6th July, 2014

RESULTS OF SINGLES STABLEFORD COMPETITION KILLEEN COURSE SPONSORED BY DESIRE HAIR, NAIL & BEAUTY SALON, CHAPEL PLACE, KILLARNEY.

1st Noreen Coffey (12) 38 pts. 2nd Susan Tong (16) 37 pts.

3rd Ann Courtney (36) 37 pts.

B,G, Fiona Leacy (9) 25 pts.

4th Winnie Ryan (22) 37 pts (bk9).

Guests Prize went to Mary R. O'Sullivan from Kenmare, (23) 26 pts.

**COMMISERATIONS:** To our Junior Ladies who lost to Dooks in Tralee this Sunday 6th July.

Next Competition Sunday next 13th July,

Singles v. par- Mahonys Point, Sponsor Roberts Coffee.

### **KENMARE GOLF CLUB**

**RESULTS GENT**18 HOLE GOTY

1st Sean Finn (24) - 36 pts.

2nd Maurice McCarthy (22) - 36 pts (OCB).

Next Week 18 Hole Medal.

**LADIES:** 

1st Maura Crowley [33] 39pts. 2nd Brenda Holden [19] 37pts. Angela Cronin - Hole In One at the 9th.

### **KILLARNEY GOLF CLUB**

MEN'S SINGLES STABLEFORD MAHONY'S POINT, 6/7/14

1st John Kelliher (18) 43pts. 2nd Colm O Connor (7) 41.

3rd Gerard Moroney (10) 40.

4th Gerard Moroney (10) 40

4th Gerard O Meara(17) 40

5th Dermot Foley(10) 40.

CAT 1 (0-6) Francis Courtney Jnr (6) 38.

CAT 2 (7-11) Padraig Sweeney (10) 37.

CAT 3 (12-17) Jim Sheehan(15) 38.

CAT 4 (18+) Seamus Doheny(20) 38.

Fred Daly Match

Match: Killarney –v- Kanturk Fred Daly Round 3

Date: Friday 11 July Time: 10.00 am Venue: Beaufort Referee: TBF

# DEERPARK PITCH & PUTT NOTES

**SENIOR OUTING:** Deerpark's Hugh O'Sullivan who teamed up with Castleisland's Pat Mitchel what may well have created a record in the Seniors Tour when as well finishing as winners of last Tuesday's competition in Castleisland both Hugh and Pat each recorded a Hole in One. Next Seniors Outing will be at Deerpark on Tuesday August 5th 10.30am.

### WEDNESDAY EVENING FOURBALL RESULTS

Nett Gross Jason O'Brien and Eileen Switzer 39 I/2 Gross 49 Conor McCarthy and John Kelly Hole in One Michael Cronin.

Competition continues each Wednesday evening at 7.30pm

RICKY KELLY COMPETITION IN AID OF CYSTIC FIBROSIS: The annual Rick Kelly 3 Player Scramble will take place on the Deerpark Course on weekend of July 18th 19th and 20th concluding with a Barbeque on Monday July 21st when the prizes for the various earlier competitions will be presented. Entry fee is € 10O per team of three players with the proceeds again being donated to the Cystic Fibrosis fund. PLAYERS HANDICAPS: As there has been a review of players handicaps if unsure of your current handicap please check the register on display in the Clubhouse or else make contact with Sean at O86 O5O8686.

**REGISTRATION CARDS:** Members who may not have collected their current membership cards are reminded that they are available for collection in the Clubhouse.

### **GLENEAGLE PITCH & PUTT**

Last Sunday we had a four ball better ball competition and the winners were

1st nett Sean Ashe & Michael O'Leary, gross Sean O'Brien & Michael O'Leary.

We wish Sean Ashe the best of luck in the Munster strokeplay competition in Douglas this Sunday.

We will have our usual competition on Sunday.

AT THE PRESENTATION OF PRIZES OF THE DR CROKES GAA CLUB ANNUAL GOLF CLASSIC AT O'MAHONY'S POINT KIL-LARNEY WERE FRONT FROM LEFT, VINCENT CASEY, GOLF CLASSIC DIRECTOR, MARY CRONIN, GER O'SHEA, DR CROKES CHAIRMAN, BETTY O'FARRELL, CAPTAIN OF THE WIN-NING BRICIN TEAM AND FINIAN FORDE. BACK FROM LEFT ARE DARA McCARTHY, JOHNNY O'CONNOR, TOM O'CONNOR, TOM LONG, KIERAN O'SULLIVAN, COLM COOPER AND DES

PICTURE: EAMONN KEOGH ( MACMONAGLE, KILLARNEY)





Milltown/Listry U13 Indoor Soccer Team who won the Munster title. Front L to R: Ciara TANGNEY MAIREAD LEHANE (CAPT) NIAMH BRODERICK CIARA O'MAHONY. BACK L TO R: DENIS O'MAHONY (COACH) AMANDA FLYNN CAOIMHE BURKE AILEEN O'LEARY CAOIMHE O'DONOGHUE FLYNN MIKE BRODERICK (COACH).



KILLARNEY LEGION TEAM MATES ROBERT OSBORNE, JACK ENRIGHT, JACK HANRAHAN AND MICHEAL DEVLIN WHO REPRESENTED KERRY SOUTH IN LAST WEEKENDS MUNSTER INTERCOUNTY COMPETITION WHICH WAS HELD IN WATERFORD. KERRY SOUTH BEAT LIMERICK 3-06 TO 0-07 TO WIN THE PLATE FINAL.



THE TEKKERSLOVAKIA TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).



Dr Crokes members involved in Kerry (South) team who won Jim Power Memorial Shield in Dungarvan. L to R: Tommy Brosnan (coach), Josh Fleming (wing forward), Seán O'Neill (cen-TRE BACK), STEPHEN BROSNAN (MAOR UISCE).

# Killarneyoutlook

Available online at www.killarneyoutlook.com Every Friday from 12 noon.





# KILGARVAN.....A SHOW FOR ALL THE **FAMILY TO ENJOY**

Family fun is the focus of the annual Kilgarvan Show which is now firmly established as Munster's Premier Show. Taking place on Sunday August 3rd, agriculture was originally the shows main focus but this has broadened considerably over the years to adapt to Irelands changing culture. "It still promotes an enhanced awareness and positive appreciation of our heritage, traditions and way of life. The programme of events incorporates many elements including cultural, commercial and competitive interests, ranging from livestock, equestrian, home industries, inventions, vintage, and performing arts. The trade exhibition area alone will feature a wide variety of trade stands, covering all areas of interest, from agriculture, home, garden, food, machinery, advisory and much more," said Helen O'Sullivan, chairperson of Kilgarvan Show. "The Kilgarvan Show contributes its success to the fact that it is community based and that all the committee work on a voluntary basis, also all the help we get from young and old the week prior to the show and on the day of the show." Visitors can enjoy an impressive display

of flowers, vegetables, baking and crafts in the marquee, along with All Ireland finals in cattle, sheep, horses, ponies, poultry and record entries in the dog classes and pets corner. Entry closing date is Friday 26th July but late entries will be accepted at show office in the show grounds on the day. "On Friday 2nd August we will host a children's fancy dress at 8pm. All welcome from the hall to the field. We are also having a Show Championship Feis at 4 pm. Enquires to Margaret 087 3670971."

HIGHLIGHTS; Cattle Sheep. The Osmonds Ecofleece Ewe & Lamb final . The All Ireland Suffolk Age Ram Non Pedigree Final. Goats & Poultry.

Horse Classes & Pony Classes. Cookery, Arts & Crafts and Photography. Large Dog Show with Puppy Parlour Final. Baby Competition Little Miss & Little Mister. Best Dressed Lady & Gent and Glamers Granny.

Live Music and Dancing, Kids Puppet Show & Entertainments and Activities. Trade Stands, Tug-of-War, Sheaf Tossing and Potato Picking Competition.



### AUCTION

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Site SPP at Ballyard, Tralee, Co Kerry

Site SPP at Curragraigue, Tralee, Co Kerry Cottage at Carrigcannon, Lyreacrompane, Co Kerry

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# IFA MEMBERS TO 'THINK FARM SAFETY' ON 21st OF JULY

As part of IFA's ongoing Farm Safety awareness campaign, The Association is asking all farm families to set time aside on Monday, July 21st to review safety on their farm. Tragically, fourteen lives have been lost to farm accidents so far this year - a 70% increase on this time last year. The IFA's 'Think Farm Safety Day' is an opportunity for farm families to dedicate time to thinking about health and safety on their farms; to identify potential danger areas; and, to consider ways to minimise risks. By taking time with family members and farm staff to review or complete a risk assessment on July 21st, farmers will not only reduce the risks to themselves, their families, employees and farm visitors but will also ensure they are complying with Health and Safety legislation.

IFA President Eddie Downey said farming is a high-risk occupation, but accidents and injuries can be prevented by taking time and working safely. "Being tired, distracted and stressed is often a reality on busy farms and every effort must be made to avoid shortcuts. At the peak of this busy

summer season on farms, safety must come first. We want farmers to 'Think Farm Safety' on July 21st and to continue to 'Think Farm Safety' every day after that, because taking even one risk is taking one risk too many." IFA Farm Family Committee Chair Maura Canning said the IFA 'Think Farm Safety Day' is about focusing busy minds and making sure the whole family is alert to the risks that exist on farms. "We all know that farms are dangerous workplaces, but when working long hours in difficult conditions, that awareness can slip to the back of the mind. By putting the spotlight on farm safety on July 21st we hope to remind farmers and their families to take time to think safety and farm safely every day."

The IFA has launched a dedicated 'Farm Safety' section on the website, which provides farm safety videos, booklets, links and information. This will complement a range of initiatives, including messages in the IFA calendar, text alerts to our members and regular updates through our County Executive network.





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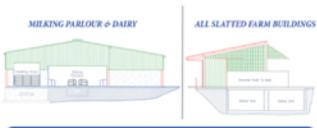
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# DAIRYMASTER'S WEARABLE COW TECHNOLOGY CONFIRMED AS BEST AUTOMATED HEAT DETECTION SYSTEM WORLDWIDE



Dairymaster, the hi-tech dairy farming equipment manufacturer, is the world leader in estrus detection in cows. A piece of research undertaken at Kansas State University and published this week in the Journal of Dairy Science specifically stated that scanning by ultrasonography confirmed that 88.6% of cows identified by activity (by the MooMonitor) were in estrus. This compared favourably with other systems tested which were 70% to 80% accurate. "Obviously, this has major implications for productivity," says Dr Edmond Harty, CEO, Dairymaster, "If a farmer is able to correctly identify those cows needing to be impregnated he gains back the 6250 per missed heat he would lose. And, of course, with the MooMonitor that can all be done

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without losing a wink's sleep." Research also showed that non cycling cows can be identified - where the problem isn't when estrus is occurring but when it is not. These cows need to be found and treated by a veterinarian as soon as possible otherwise they cannot become pregnant and are costing the producer money every day.

"While we are delighted that the research was so positive about how effective the MooMonitor is, that is not why we participated," explains Harty. "It was examining when heats occur, how long they last for and the best timing for insemination that maximises conception rates'. Given that Dairymaster is driven not just by its customer needs but by the application of science, this information is important to us and to dairy farmers everywhere." What the research showed was that the majority of heats do happen during the night and that there was a real difference in the gap between the onset of heat and conception time depending on the age of the animal and the number of previous pregnancies. In addition to detecting cows in heat, optimising the timing of insemination can significantly improve conception rates with less effort and greater efficiency meaning cows are more productive. Visit www. dairymaster.com/heat-detection/ for further information.



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# **CHOOSE A PLANNED** APPROACH TO RESEEDING IN 2014 WITH SINCLAIR MCGILL

When planning reseeding for 2014 asking the right questions will guide your decision process on the type of cultivation, grass mixture and management practices required for a successful establishment. At KFA Ballymullen, Tralee we will visit your site, organize a soil sample and recommend the most suitable seed for the needs of the individual farm. The Sinclair McGill range of grass seed mixtures is one of the best-known grass seed brands in Irish agriculture. It is used by some of the best grassland farmers who demand more from their pastures. There is a grass mixture in the range to suit most grassland reseeding situations. Well known Sinclair McGill mixtures such as Castlehill, Emerald Hill, Turbo, Prosper and Scotsward are known for their ideal combination of high performance in terms of grazing and silage yields as well as good persistency for a long productive life. According to John Lynch, General Manager at KFA Ballymullen, one of the reasons Sinclair McGill proves successful is the higher tetraploid

inclusion rates than standard grass seed brands. Tetraploids have a higher yield potential than diploid varieties but with better intake potential due to a higher digestibility and palatability. Current research in Teagasc, Moorepark is proving that tetraploids with similar DM intakes to diploids, is giving higher animal performance with increased yields. Delphin a late tetraploid in these trials is currently performing very well and is included in Sinclair McGill mixtures. In addition, Aspect a new late tetraploid on the Irish Recommended List in 2014 has the highest ground score and very good dry matter." Lynch concludes: "A farmer can be assured that rather than getting a general grazing mixture they can choose one which is specific to their farm, soil type and management system." For more information on grass seed mixtures from the Sinclair McGill range, please call in to Kelliher Feeds at Ballymullen, Tralee or telephone 066 7123446 for a detailed brochure or visit. www.seedtech.ie for the latest grass seed news.



RESEEDING THE HIGHEST FIELD IN THE COUNTRY... JOHN DICONNOW, LEFT, WITH LAND OWNER AND FARMER, JOHN JOY, RIGHT COOLROE, MACGILLYCUDDY'S REEKS, AND INSIGHBOUR CORMAC TANGNEY, RESERVING THE HIGHEST FIELD IN RELAND, 1000 FEET ABOVE SEA LEVEL, IN SIZ WIERS THE FIELD WILL BE A PERMANENT GRASSLAND FOR SHEEP GRAZING PHOTO WALFRIE O'SOLLIVAN

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Co Operative Society Ltd. PSRA. 002672

CATTLE SALE: Thursday 10th & 17th of July at 11am. Sheep Sales every Monday.

Special Sale on Weanling Bulls Thurs 10th July Contact Dan: 064-6642210 - 087 2224411

## Listowel Livestock Mart

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Date: July 14th Time: 1:30- 3:30 pm

## Limited spaces available. Please contact:

### CONTACT DETAILS

Leonor Rodriguez, Psychology NUI Galway, Tel. 0858877718, I.rodriguez2@nuigalway.ie Adolescent Adjustment to Maternal Cancer Study (ABC) http://amcstudy.wordpress.com/ Or

Siobhán MacSweeney Nurse Manager, Recovery Haven, Tralee 066 7192122 recoveryhaven@gmail.com







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# om Fleming



# Independent

## Clinics Monday the 14th July 2014

Killorglin Sheehans the Square 11am **Glenbeigh The Towers Hotel** 12pm **Cahersiveen Ring of Kerry Hotel** 1pm **Waterville Bay View Hotel** 2pm 3pm Sneem Sneem House Kenmare Brook Lane Hotel 4pm 5.30pm **Rathmore Community Centre** 6.30pm **Gneeveguilla Community Centre** 



### Clinics Monday the 21st July 2014

11am Farranfore Uticks Bar 12pm Camp Junction Bar 12.45pm Castlegregory Fitzgeralds Bar 1.30pm Dingle Benners Hotel Ard A'Bhothair Paudie O'Sé Bar 2.30pm An Buailtín Tigh UiCatháin 3pm 3.15pm An Buailtín Tigh An tSaorsaigh **Annascaul South Pole Inn** 4.15pm 5pm **Boolteens The Anvil** 5.30pm **Milltown Larkins Bar** Killorglin Sheahans the Square

Clinic every Friday evening from 3-5 in the Constituency Office, 62 New Street, Killamey

Constituency Office at: 62 New Street, Killarney, Co. Kerry Tel: 064 66 35819 | Mob: 087 7814781 | Fax: 064 66 35848

Email: tom.fleming@oireachtas.ie

Opening Hours: Monday -Friday 9.45am to 5.30pm



# **Kerry ETB Training** Centre



### Kerry ETB Training Centre is now recruiting for the following courses.

### Wind Turbine Maintenance Technician Course (TR36R) - Tralee

This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification and have a number of years hands-on practical experience in one of the related areas. Start Date: 25th August 2014. Duration: 36 weeks. Certification: City & Guilds. Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53).

### Java Associate Course (ET0R7) - Tralee.

This course is for people who wish to pursue careers in Java programming and software development. It covers part I and part II of the Oracle Certified Professional Java

Programming syllabus. The course includes 10 weeks of work-based training in Java programming. Start Date: 28th July 2014. Duration: 50 Weeks. Certification: Oracle Certified Professional Java Programmer 1 (1Z0-803) and Oracle Certified Professional Java Programmer II (120-804).

### Marketing Course (ET4R9) - Tralee.

This course is for people who wish to pursue marketing as a career or those who wish to incorporate marketing into their existing range of business skills in order to enhance their career and job prospects. Start Date: 25th August 2014. Duration: 42 weeks. Certification: FETAC Level 5 Major Award in Marketing.

### Pathways to Employment Course (TR55C) - Tralee.

This course is aimed at young people who are experiencing difficulty recognising their talents and abilities and matching those talents and abilities with suitable career paths. The course covers a broad range of subjects including: Career Planning, Personal Development, Communications, Customer Service, Functional Maths, Everyday Science, Biology and Work Experience, Start Date: 21st July 2014, Duration: 41 weeks, Certification: FETAC Level 4 Major Certificate in Employment Skills.

### Accounting Technician of Ireland - First Year Course (ET214) - Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide participants with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management, Start Date: 15th September, Duration: 42 weeks, Certification: First Year Certificate for Accounting Technicians

### Accounting Technician of Ireland - Second Year Course (ET21R) - Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year two of the two year Diploma for Accounting Technicians qualification. Applicants must have achieved a pass in at least 3 subjects in the First Year Accounting Technicians Ireland course, including both Financial Accounting and Taxation. Year two covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). Start Date: 15th September. Duration: 39 weeks. Certification: The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

### Media Techniques - Radio Course (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. Start Date: 8th September 2014. Duration: 42 weeks. Certification: City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

### Surf Instructor and Beach Lifeguard Course (ET1Z3) - County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. Start Date: 29th September 2014. Duration: 25 weeks. Certification: Surfing Skills Instructor Level 1 - Irish Surf Association. (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

### Reception and Clerical Skills (ET0N1) - Killarney.

If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you.

Start Date: 13th October 2014. Duration: 15 weeks. Certification: FETAC Level 5 Component Certificates in: Information and Administration, Word Processing, and Customer Service.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Trales, TEL 866 7149600, E-mail: <u>training it herveelistraining contrals</u>

ents and other information on our courses are available at www.s SOLAS

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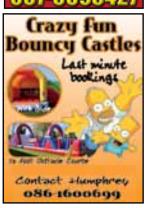


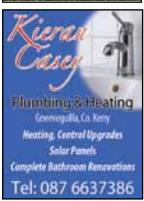
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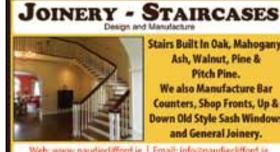
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# CREATIVE USES FOR EVERYDAY HOUSEHOLD ITEMS

Saving a little money is always a good thing. And whether you're an active recycler or just a crafty do-it-yourselfer who is on the lookout for new tips and tricks, here are some additional uses for common household items that can help you save some cash.

\* If your children get a little carried away with their colouring, it's good to remember that WD-40 can remove cravon from your walls. However, don't forget to wipe down the surface with a soapy rag when you're done to remove the excess oil.

\* Forget about buying silverware cleaner, enjoy a banana and use the inside of the peel to clean your silver. The snack will give you some energy, and the peel will have your silverware shining like new.

\*A wet mobile phone can mean disaster - but not if you have some kitty litter laying around. Dry out your phone by turning it off, removing the battery and SIM card, and putting it inside a sock. Tie the sock closed, and put it in a container filled with kitty litter. After a few days, check to see if there's any moisture left on the screen. If there is, wait another couple of days and check again. If there's no sign of moisture, see if you can get your phone to turn on.

\*Before you spend a lot of money on chemicals to unclog your sink, try using baking soda and vinegar instead. First, pour a cup of baking soda down the drain. Add some white vinegar and let it sit for about 5-minutes before letting hot water run from the tap.

\*Tea bags can help to remove odour - and get rid of warts! Put a few tea bags in a jar and place them in your refrigerator to help absorb odours. Or, use a tea bag to help get rid of warts on your skin. Simply place a warm, wet tea bag on your wart for about 15-minutes up to 3 times per day. The tannic acid inside of the tea leaves will work to clear up your skin.

\*Baby wipes are perfect for cleaning your actual baby, as well as smartphone and other gadgets we often treat like our babies. Plus, they're less expensive than the pricey electronics cleaners on the market today.

\*Toothpaste won't just clean your teeth - it can clean sink fixtures, too. But that's not all! If you've been chopping anything with a strong scent - like onions or garlic - toothpaste can be used to eliminate odours from your hands.

### FAST FACTS

Of the nearly 840 million people considered "food insecure," roughly 60% are women Countries where women lack rights to land have on average 60% more malnourished

children. GDP growth generated in agriculture is at least twice as effective in reducing poverty as growth generated by other sectors.

#### MOTHER OF 7 DIES IN PRISON **SERVING** KID'S SCHOOL ABSENCES

The Pennsylvania mother of seven was found dead in a jail cell after she was sentenced to serve 48 hours behind bars. Her crime? Her children had missed too many days at school, and their truancy landed this struggling mother in jail. The 55 year old mother was charged and sentenced under "excessive truancy violations" for her seven kids, who had missed a total of 55 days in school. However, while the total amount of days absent seems to be excessive, the 55 days represents an accumulating truancy, going back to 1999. In actuality, over the last 15 years, that's only three to four days missed per year. Under Pennsylvania law, parents can go to jail for five days for every single time their children have an unexcused school absence.

In lieu of jail time, the mother could have paid the fine, but like many families, she could not afford the \$2,000 that had built up over the past four years. So she had to serve two days in the Berks County jail. After one day, she was found dead. The coroner said she died of "natural causes," and ruled out foul play or suicide, but an autopsy and toxicology report is being prepared. Sentencing Judge Dean R. Patton: "This lady didn't need to be there. We don't do debtors prisons anymore. That went out 100 years ago." Pennsylvania has laws on the books that criminalise delinquencies such as truancy or failing to pay a rubbish bill. Over 1,600 have been jailed in Berks County alone for a failure to pay their children's truancy fines, which can be as much as \$75 per unexcused absence. Two thirds of those put behind bars are mothers.

### **OUOTE FOR THE WEEK**

"I do not believe that a child can be reformed by lock and key and bars, or that fear can ever develop a child's character." Father Edward J. Flanagan who was born in Co. Roscommon on July 13, 1886 and founded Boys Town in Omaha, Nebraska in 1921.

### ON THIS DATE – JULY 11TH

1750 - Halifax, Nova Scotia almost completely destroyed by fire.

1776 - Captain James Cook began his third voyage.

1789 - Jacques Necker dismissal as Finance Minister for France sparked the Storming of the Rastille

1804 - Vice President of the United States Aaron Burr mortally wounded former Secretary of the Treasury Alexander Hamilton in a duel.

1848 - The Waterloo railway station in London opened.

1859 - A Tale of Two Cities by Charles Dickens was published.

1889 - Tijuana, Mexico was founded.

1919 - Eight-hour working day and free Sunday made into law in the Netherlands.

1921 - Truce called in the Irish War of Independence

1989 - Death of Lawrence Olivier, English actor.

## **GOOD NEWS**

On the Fourth of July, while many families in the US enjoyed barbecues and firework festivities, officers from the Wichita, Kansas, Police Department, Patrol West bureau, executed a daring rescue for a young dog that was stranded on a ledge. The dog's precarious situation was first noticed by an officer who was in the process of issuing a citation near the overpass at Kellogg and Tyler Road. The pup, later identified as a six-month-old German shepherd named "Harley," was standing on a narrow ledge, 32 feet above the cars which were whizzing by on the roadway below.

It took four officers to secure the pup from the ledge and unfortunately Harley bolted again. The officers pursued the pup and were able to corral him with their patrol cars. On Friday night, the photo of Harley's rescue was posted to the Facebook page for the police department, and it spread like wildfire shortly there after. The next day, Harley was reunited with his family. The loud booms from neighbourhood fireworks had caused the terrified pup to jump the fence surrounding his yard and he bolted. Nobody knows how he managed to get onto the ledge where he was first noticed by the police.

### WHY DO WE CONTINUE TO

# KNOCK TREES DOWN WHEN THEY ARE SOME OF THE BEST **ALLIES WE HAVE IN THE FIGHT** AGAINST CLIMATE CHANGE?

In the first study of its kind, researchers at the University of Edinburgh calculated the environmental value of tropical trees. They found that if humans were to stop chopping down trees in these regions, our planet's overall carbon emissions would be reduced by as much as 20%. It's not that the act of cutting down trees generates a lot of pollution; it's that the trees are natural receptacles for carbon dioxide. When the trees suck in CO2 and store it in their leaves and bark, there is that much less carbon available to heat the planet. Specifically, the Edinburgh researchers found that tropical forests are capable of taking in two billion metric tons of carbon. When trees are chopped down, not only are they no longer available to suck in additional carbon dioxide, but they release the CO2 they've been holding on to for all these years back into the atmosphere. All of the work they have done to help delay global warming vanishes. If we limit human activity in the tropical forests of the world, this could play a valuable role in helping to curb the rise of carbon dioxide in the atmosphere," said Professor John Grace, the study's lead researcher. Alas, like most environmental issues, it's easier said than done. Deforestation is a lucrative industry for these parts of the world. In reality, most of these forests are cleared not for the trees themselves, but in order to create more space for farming and livestock grazing. Growers of crops like palm oil, sugar, and soybeans are particularly responsible for knocking down tropical trees at alarming rates.

## JUST A THOUGHT

African pouch rats are heroic animals. Not only can they be trained to detect tuberculosis in humans, they can also detect land mines -and, thankfully, are too small to ever trigger the mine. The rat receives banana treats for discovering the mine, while her owners receive safety.

## INCREDIBLE HORSES

For centuries Icelandic horses have lived half wild and half tame. In the summer farmers drive them to the highlands, where they live without human care for months. Owned by both farmers (who sometimes keep as many as 100) and city dwellers (who board animals at local farms), rural and urban Icelanders combine forces to gather the herds from the mountains over two weeks in September. They flow into pens and are sorted, some returning with foals that owners are seeing for the first time ever. Owners know their horses by sight. Icelandic horses are compact and colourful with shaggy manes and tails. They are worked on farms, exported, ridden in competition and used for agritourism. While most horses have four gaits (the walk, trot, canter and gallop), Icelandic horses have two additional gaits, the tölt and pace, both known for their speed. To protect the unique characteristics of the animals, the import of horses to Iceland is forbidden. If a horse leaves the island, it can never return

### DID YOU KNOW ....

About a decade ago, a team of scientists from the Wildlife Conservation Society were studying elusive Asiatic cheetahs in Iran, but since so few of them remained, they had to devise a way to lure them into sight. After trying dozens of different types of scents to attract them, the researchers stumbled upon an unlikely winner -- cologne. Specifically Calvin Klein's Obsession for Men. Later tests confirmed that it was also a favourite among leopards, lions and tigers as well. Nowadays, many sanctuaries use this scent to keep their cats pleased and purring.

# THE FIRST HUMANS **ARRIVED IN SIBERIA AROUND ONE MILLION** YEARS AGO - ATTRACTED BY MILD WEATHER!

Archeological evidence from the Altai region makes clear the arrival of Homo erectus from Africa can be dated at between 800,000 and one million years ago. The Denisova Cave, Altai, has served as a comfortable shelter for people and animals for thousands of years, with evidence of hominid occupation beginning 175,000 years ago The intrepid migrants arrived by the so-called 'northern route' having ventured from Africa. The northern route is believed to have run through the mountains of Central Asia, the territories of today's Kazakhstan and the Central Asian republics, and eventually he came to the southern part of Siberia.

### A TREE THAT EATS METAL

Researchers have made an astonishing discovery in the jungles of the Philippines: a scrubby tree that sucks metals out of the ground and stores them in its leaves. It's not the first hyper accumulating plant, but it is the newest addition to a family that could give a boost to green tech. The plant, called Rinorea niccolifera, can accumulate up to 18,000 ppm of metal in its leaves and roots without being poisoned. These plants could be used to clean up old mines or metal-filled soils, and the roots and leaves can be burned, leaving behind valuable metals that can be sold and repurposed. Only about 450 species around the world have the ability to suck up nickel from the soil. Most plants-99.99% of plant species are very good at excluding the metal from entering their roots and shoots, but hyper accumulators like R. niccolifera have evolved the ability to load their tissues with the excess nickel, a clever adaptation that enables

them to live in tough soils where other plants can't. The idea of deploying plants in the fight for cleaner ecosystems is not new; using them for the purpose of extracting metals from contaminated soil started to get popular in the 1990s. Environmental remediation with plants may be more attractive in developing countries because of the low cost—there's even the potential to pay for the effort by selling the extracted metals. Countries that have taken the lead in harnessing this green technology are China, Thailand, Brazil, and India.

# AMAZING SUMMER RITUALS OF THE ANIMAL KINGDOM

1. Ants make a great summertime snack for grizzly bears -- the insects are tiny nuggets of fat and protein. Canadian experts reviewed bear diets and found that the mammals munch on ants during the months of July and August, supplementing the bears' peak vegetable consumption with necessary nutrients. 2. The white Arctic foxes are the only canid species that sport darker colours in summer (all the better to blend in with the summer tundra).

3. To escape the dry heat of the Australian summer, water-holding frogs dig down to about three feet underground. Just like bears and other hibernating animals, the frogs' metabolism slows to a crawl -- until the wet season begins again, when the frogs will burrow out of the muck to mate. 4. For macaroni penguins, the return of summer means breeding is on the brain. After six cold, scattered months at sea -- during which the penguins travel an average of 6,200 miles -- the birds swim to warmer islands to reunite with their partners and breed. 5. For a cold-blooded lizard like the Atacamen Pacific Iguana, overheating in the summer can be deadly. But these so-called lava lizards, which live along the Chilean coast, are more active in the warmer months than scientists expected. They escape the dangers of the heat by foraging by the shore, kept cool by lower temperatures and the sea breeze.

### FINALLY THIS WEEK

In 2010, there were about 524 million people aged 65 or older — and that number is expected to grow dramatically in the near future. In nearly every country, the over-60 demographic is growing faster than any other age group, the World Health Organization (WHO) reports. While some traditional cultures have great reverence for their elders, other cultures don't always show the same level of respect. Age discrimination is a pervasive problem; misconceptions and stereotypes hurt seniors especially in the workforce as some employers assume senior candidates are slower, less creative, less productive and more expensive. But actual assessments of senior workers show that virtually none of these stereotypes are true.

# CLASSIFIEDS - BUSINESS ONLY -

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# **MEMORIALS** & REMEMBRANCE

### **ACKNOWLEDGEMENT & 1ST ANNIVERSARY**



# CATHERINE (KITTY) FLYNN

### Rockfield, Faha, Killarney, Co. Kerry. Died 6th July 2013.

On this the first anniversary of our dear Mother Catherine (Kitty) Flynn we her son Paddy, daughters Mary and Kathleen, nephew Tom, daughters in law Nora Mai and Mary, son in law Kenneth, grandchildren, great grandchildren, sisters, brothers, sisters in law and brothers in law wish to thank most sincerely all those who sympathised with us on our sad loss. Our thanks to all our relatives, neighbours and friends who called to the house, attended the removal, funeral Mass and burial, those who travelled long distances to be with us, those who sent Mass cards, perpetual

A special thanks to Dr. Maureen Daly, Dr. Patricia Sheehan, Palliative Care and her wonderful staff, Dr. Patricia Mangan, nurses and staff of the District Hospital, Public Health Nurses, Daffodil Nurses, Ann Sheehan and her staff and Sr. Kathleen Courtney. Our thanks to Fr. Gerard O'Leary, Fr. Pat O'Donnell, Rev. Mairt Hanley, for the beautiful requiem Mass and prayers. We thank Flynn's Undertakers, Sacristan Choir, gravediggers, Pat and Julie Sheehan.

As it would be impossible to thank everyone individually please accept this acknowledgment as a token of our appreciation and gratitude. The Holy Sacrifice of the Mass has been offered for your intentions.

### First Anniversary Mass on Saturday 12th July in Sacred Heart Church Milltown at 7.30pm.

Those we love don't go away, They walk beside us every day.

For ever loved and remembered by Paddy, Mary, Kathleen, Tom, Nora Mai, Mary, Kenneth, Grandchildren, Great grandchildren, brother, sisters, all her in laws and her many relatives and

MAY SHE REST IN PEACE.

# **DEBT REMOVAL PRAYER**

Lord, I confess I've made mistakes, I have accumulated too much debt. and now I cannot imagine overcoming it without your help. Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breath again. Please forgive my sins Lord. Walk with me and help me to make the right decisions throughout my life. In your name I pray. Amen. You must say 3 Our Fathers for 7 Days. Must promise publication. Never Know to fail.

# THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

# BARRADUFF MEMORIAL WORKS

LIMESTONE, GRANITE. MARBLE HEADSTONES

SANDBLASTING

OLD STONES CLEANED AND RE-LETTERED

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TEL 064 7754021/064 7754262



# **NOVENA TO THE SACRED HEART**

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.

# NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

### **NEVER KNOWN TO FAIL**

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall l ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your perfect love for me and therefore I place all my trust in your.

Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never known to fail. Must publish.

# THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

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THE MIRACLE

**PRAYER** 

### PRAYER TO THE VIRGIN MARY

### **NEVER KNOWN TO FAIL**

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

### **PRAYER TO THE VIRGIN MARY**

### **NEVER KNOWN TO FAIL**

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

# **NOVENA TO** ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen". Pray, whether you believe or not. Publish on the 9th day. Your request will be granted no matter how difficult it may seem.

Favour often granted on the third day. J.0.S.

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen

Say this prayer for three days. Publication of prayer and favour will be granted. G.M.

# DÉ LUAIN - MONDAY 14Ú IÚIL-JULY LECTURE: Plaza I Ancient Music of Ireland" 8 p.m. Plaza Hotel

DÉ MÁIRT - TUESDAY 15Ú STORY TELLING EVENING IUIL-JULX

OFFICIAL OPENING DĒ CĒADAOIN - WEDNESDAY 16Ü IÚIL-JULY Hosted by Batt Burns Dromhall Hotel 8 p.m. Malton Hotel 7 p.m.

Followed by SINGING SESSION

8.30 p.m.

with David Rea/Triona Mangan STEP/SEAN NOS DANCE WORKSHOP DEARDAOIN - THURSDAY 17Ü IÜIL-JÜLY 6 p.m. Gleneagle Hotel

Slide and Polka Playing DE hAOINE - FRIDAY 18U AMHRAN COIL FONN AGUS MIDIT-JULY OPEN AIR CÉILÍ Music by Uí Bhriain

Main Street 8. p.m.

10 a.m fommunity College

workshop

MUNSTER JUNIOR SET AND CEILT DANCING MUNSTER SEAN NOS Gleneagle Hotel 10.30 a.m.

FINALS

Gleneagle Hotel 2.30 p.m.

DANCING FINALS

8.00p.m Main Street 4-7p.m Arbutus Hotel

SINGERS CLUB

GROUP MUSIC COMPETITION

Support by Bryan O'Leary (TG4 Young Musician of the Year) & Friends
SET CELLI -Johnny Reidy Céilí Band CONCERT -Gleneagle Ballroom 10 p.m. I.N.E.C.



MUNSTER FLEADH CHEOIL KILLARNEY CO. KERRY

# |ULY 14TH - 20TH ILL AIRNE

FILISIOT IN

nó munster.fleadh.accommodation≅gmail.com www.killarney.ie nó 087 2177 962

r-phost: fleadhnamumhan2014@gmail.com find us on Facebook 🚺 & Twitter 🗔 www.munsterfleadh.ie @MfFleadh2014.

www.facebook.com/FleadhCheoilnaMumhan









Deenagh Céilí Band Celtic Steps

6-8 p.m.

OPEN AIR SET CÉILÍ -



KERRY

# DE SATHAIRN - SATURDAY 19Ú IÚIL-JULY MUSIC, SJNGING & St. Brendan's St. Brendan's &

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COMHRÁ COMPETITIONS

10 a.m.

Community Colleges

Gleneagle Hotel

MUNSTER JUNIOR & SENIOR SET AND CEIL! DANCING FINALS

IONAD NA GAEILGE

St. Brendan's College 10 a.m.

STREET ENTERTAINMENT Local Branches Ceoltóirí Na Sionnaine uada

3-4p.m. 5-5p.m. 6-7p.m. 7-9p.m.

Killarney School of Music Damien Mullane, Donough Hennessy & Trevor Hutchinson

SINGERS CLUB CD Launch Elle Marie O'Dwyer Arbutus Hotel r 8 p.m.

Shannonvale Céilí Band SET CEILI -

10 p.m.

Darby O'Gills

TRAD DISCO

Mangerton Suite Gleneagle Hotel 12 Midnight til late

20Ú IÚIL-JULY

DE DOMHNAIGH - SUNDAY AIFREANN TRAIDISIÚNTA MUSIC, SINGING & COMHRA COMPETITIONS Cathedral 10.30 a.m.

St. Brendan's & Community Colleges 10 a.m.

Gleneagle Hotel 10.30 a.m.

MUNSTER JUNIOR SET AND CEILI DANCING FINALS

IONAD NA GAEILGE

10 a.m. St. Brendan's College

1 – 1.30 p.m. 1.30 – 2 p.m.

STREET ENTERTAINMENT:

ocal Branches

2-3 p.m.

Elle Marie O'Dwyer Ceoltóirí Óga Thiobraid Árann

3-6 p.m.