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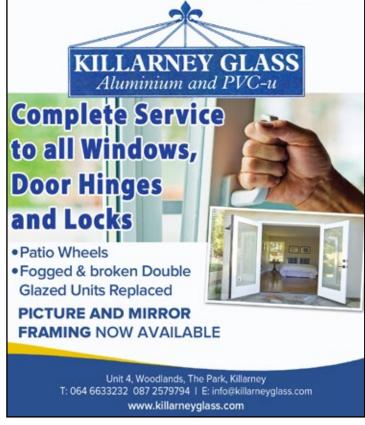
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Glenflesk Ladies flying the flag at the Swim for Ukraine fundraiser in Fenit on Sunday March 6th. Pictured are from left: Mary O'Brien, Mary Woodcock O'Sullivan, Niamh Moran, Anne Kelly and Mags Furlong.









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THIS WEEK

BEST DAY EVER AS ICS HOST COFFEE MORNING See Page 4



Aisling Crosbie.

FROM THE EDITOR

The generosity of the people of Kerry was to the fore this week when 100 tonnes of essential aid was collected for the people of Ukraine at the Methodist Church in Killarney.

From early morning on Saturday there was a steady stream of donations, which were sorted by volunteers and many of the Killarney eateries fed the volunteers throughout the day.

As you are reading this, the trucks from Ireland are being unloaded in Poland and the humanitarian will be delivered to those in need. Fundraisers are ongoing for the people of Ukraine and as always Killarney people are generously donating to the cause.

#KERRYSTANDSWITHUKRAINE

GET IN TOUCH

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HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

T: 0818 222 024

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

ST VINCENT DE PAUL

T: 064 66 22668 - E: sydpkillarney@eircom.net

AWARE

1800 80 48 48 - Depression Support Helpline - www.aware.ie

JIGSAW KERRY

066-7186785 - E: kerry@jigsaw.ie - Young Peoples Health in Mind

PIETA HOUSE

T: 01 6010000 - www.pieta.ie

SAMARITANS

116 123 24 Hour Telephone Helplines

E: jo@samaritans.ie www.samaritans.



Taking it all in on a snowy Carrauntoohil. Picture: Jamie O'Neill







Best day ever as

ICS HOST COFFEE MORNING

t was the best Coffee Morning ever held by the Killarney/South Kerry Branch of the Irish Cancer Society on Friday last at The Towers Hotel.

An amazing €3060 was raised at the event.

"We can't thank the people of Killarney enough", Eugene O'Sullivan, Chairperson of the society told Killarney Outlook.

"We also would like to thank Killarney Towers Hotel who provided everything, Rima from A White Heather Florists and all our generous sponsors", Eugene added.

"It was great to see everyone back out enjoying themselves and all in such a great cause", Eugene added.



Kathleen O'Shea and Eugene O'Sullivan delighted with the coffee morning which they hosted for the Irish Cancer Society



Betty McCarthy with a range of products from the Irish Cancer Society that were on sale at the coffee morning





Kathrina Breen welcoming everyone at the ICS Coffee Morning.

End of an era as Michelle snaps last game at Fitzgerald Stadium

In front of the lens for a change....

Tatyana McGough, Fitzgerald Stadium PR captures Kerryman photographer Michelle Cooper Galvin at the Fitzgerald Stadium at the Kerry v Laois Game on Sunday, 6th of March 2022. It was a historic day as it was Michelle's last working day at the Fitzgerald Stadium. Michelle is pictured with Kerry's Eye photographer Mike Brosnan.

"We would like to take this opportunity to wish Michelle a long and happy retirement", Tatyana told Killarney Outlook.





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Celebration to mark the 30TH ANNIVERSARY OF THE KRSAC

2022 marks the 30th anniversary of the Kerry Rape & Sexual Abuse Centre (KRSAC). In early 1992 a group of committed individuals opened the Centre to provide professional counselling, advocacy and support services to all survivors of sexual violence. This was the first-time survivors of sexual violence in Kerry had an opportunity to avail of a safe, compassionate counselling and support service.

"We are celebrating this milestone on Friday 11th March at 6pm with a Candlelight walk through the Tralee Town Park followed by refreshments, music and speeches in the Kerry Diocesan Youth Centre in Tralee", Vera O'Leary, Manager at the centre told Killarney Outlook. The Centre was and remains unique, we are the

The Centre was and remains unique, we are the only specialised free professional service for sexual violence in Kerry.

"We are committed to healing the hurt of rape



and sexual abuse. Our aim is to offer a safe and confidential space where survivors/victims of all ages can be listened to and supported without shame or self-blame. We provide experienced professional counselling and supports to anyone who has experienced any sexually abusive incident at any time in their lives. This could be a recent or past experience of sexual abuse. Vera O'Leary, Manager of the Centre outlined that they are constantly evaluating service provision whilst engaging with survivors on how service levels can be augmented and improved", Vera added.

The Centre is a space where you hear different

voices, the funders, board of directors, staff and volunteers who have helped the Centre grow over the past 30 years. The supporters, allies, organisations and the clients who use our services and share their stories. They have all shaped the Centre.

"We are so grateful to all the clients who over the years have trusted us with their stories, it is humbling to work with each and every one of them and joyous to witness the healing and hope and we continue to draw inspiration from the courage of all our clients", she added.

I will be forever grateful for all the support and counselling from the staff which helped me on my life's journey and looking to the future

The words of a client

CATHAOIRLEACH TO ATTEND ENGAGEMENTS IN UNITED STATES

FOR ST. PATRICK'S DAY

The Cathaoirleach of Kerry County Council, Cllr Jimmy Moloney, will travel to the United States next week for a number of engagements during the St. Patrick's Day period. He begins his official visit at the weekend by travelling to Listowel's Sister City of Shawnee in Kansas where he will dedicate the new Listowel Park. He will review the Shawnee St. Patrick's Day Parade on Sunday with Mayor Michelle Distler and meet members of Shawnee Chamber of Commerce, council members, State Representatives and the 'Visit Shawnee' Tourism Group.

Cllr Moloney will be in New York on Monday next for an evening meeting hosted by the American Ireland Chamber of Commerce in



the Irish Consulate. The New York leg includes meetings with IDA Ireland and Tourism Ireland, and an official visit to the Ellis Island Memorial Park in New York Harbour as a guest of the Ellis Island Foundation's President, Mr. Jesse Brackenberry. Here more than 3.5 million Irish immigrants were processed during its 63 years in operation from 1891 to 1954.

On St. Patrick's Day, the Cathaoirleach will attend a breakfast event with the new Mayor of New York, Mr. Eric Adams, at his residence in Gracie Mansion. He will also lay a wreath at the 9/11 Memorial with members of the New York Fire Department of Kerry descent and

attend Mass in St. Patrick's Cathedral. He will later join members of the Kerry Association and Kerry Pipers on the traditional parade down 5th Avenue and attend a meeting of Irish diaspora groups hosted by Minister Eamon Ryan at the Irish Consulate.

On Friday 18 March, Cllr Moloney will attend a tourism briefing co-hosted by Tourism Ireland and Shannon Airport for the Tri State Travel Trade which features Kerry. That evening he will attend the Annual Kerry Association Dinner in Yonkers. He will be accompanied in the US by John Griffin, County Tourism Officer.





PARADE DEADLINE **EXTENDED** UNTIL SUNDAY

#letsgogreenkillarney

here is good news for those struggling to meet the deadline to enter a float or a marching group in this year's St Patrick's Day parade in Killarney - the cut-off point has been extended.

The St Patrick's Festival organisers have pushed the deadline out to Sunday next, March 13, in order to give community groups, clubs, businesses and organisations an opportunity to participate and everybody has been asked to make a special effort this year.

"It's our first St Patrick's Day parade since 2019 so we want to make it a good one," said committee chairman Paul Sherry.

"There is still plenty of time to get involved and we will be as accommodating as we can be to facilitate everybody that wants to take part," he said.

"It has been a difficult two years for local businesses and for everybody in Killarney so we would be delighted if people turned out in huge numbers to show their support for the town and the community," Paul added. The theme for this year's parade is Earth/An Chré and it will be a



Picture Perfect...Katie Moloney, making memories at the last St Patrick's Festival Parade held in 2019. Photo:Valerie O'Sullivan

celebration of the planet we occupy, the land that sustains us and the world we live in.

"We are putting the call out to everybody to celebrate St Patrick's Day in Killarney like we have never done before," Paul Sherry said.

"It is so amazing to be back and after having to endure so much yellow with Covid signs for the last two years, what a difference it will make to be able to embrace the green once again," he added.

The people of Killarney have been encouraged to light up their windows, doors, buildings or premises and post a photograph on social media using the hashtag #letsgogreenkillarney.

Application forms for the parade are available from the town hall in Killarney or they can be downloaded at www.stpatricksfestivalkillarney.

Any queries can be directed to Paul Sherry on 087-6997872.

COUNTY CLEAN UP RETURNS

AFTER TWO YEAR ABSENCE

Register now at www.countycleanup.com

ne of the biggest mobilisations volunteers in the county will take place next month as the annual County Clean Up returns after a two-vear absence. The 10th annual County Clean Up will take place on Saturday, 2nd April and a call is going out to individuals and communities to take part and help to make the county spick and span and to give Kerry a fresh look in time for summer.

The County Clean-Up takes place with the and Kerry County Council.



At the Launch at Kerry County Buildings were from left, Cathaoirleach Kerry County Council, Cllr. Jimmy Moloney, Tadgh Healy KWD, main sponsor, Chief Executive Kerry County Council, Moira Murrell, and Eamon Cunninghan, support of KWD Recycling Environmental Officer, Kerry County Council. Photo: Valerie O'Sullivan

Last year, because of the pandemic, a slightly different format was used to ensure public safety and 30 tonnes of rubbish were collected along Kerry roads by over 3,400 volunteers. The usual format returns this year with thousands of people expected to take part in the event.

The Cathaoirleach of Kerry County Council, Cllr Jimmy Moloney urged community and voluntary groups to participate and to register now at www.countycleanup.com

'We are asking for local resident's associations, schools, youth groups, sporting groups, businesses, families or simply a few friends to get together and gather litter along the major routes and the local country roads throughout Kerry', said Cllr Moloney.

Environmental Awareness Officer at Kerry County Council, Breda Moriarty said: 'It is a fantastic community-led and a credit to all the communities and individuals who involved in the campaign. To be in its tenth year and going from strength to strength is evidence that communities really care about keeping Kerry clean and keeping our roads litter free.'

Noel O'Reilly from KWD said: 'KWD Recycling is proud to be involved in the County Clean Up which is now in its 10thyear, it is a very important day which has made a huge difference visually on the roads of Kerry and west Cork."

Register your group with KWD to arrange your County Clean Up pack and collection point for your bags.

Volunteers can register at www.countycleanup.com or email countycleanup@kwd.ie.



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Tom is being presented with a crystal trophy from the Irish Sheepdog

CELEBRATE TOM'S INTERNATIONAL SHEEPDOG TRIAL SUPREME WIN



Tom and his wife Mairead and their two daughters Aoibhe and Kayleigh were joined by family members at the celebrations including, Toms parents Ulick and Nora O Sullivan, brother Donal and partner Rachel, three sisters, Eileen and husband Sean, Mags and husband Emmet and Noreen and partner Keith.

Kilcummin man Tom O'Sullivan was joined by family and family from near and far at the Killarney Avenue Hotel on Saturday night to celebrate his win at last Septembers International Sheepdog Trials in Aberystwyt, Wales. Tom and his border collie sheepdog North-hill Tess won the Internationals Supreme Championship.

The dinner dance was organised by the Irish Sheepdog Society and sheepdog trial enthusiasts travelled from as far as Wales, England and Northern Ireland to celebrate the event with Tom's friends and family.

The International Supreme Championship Shield, one of the most coveted championships on the sheepdog trialling circuit is in circulation since 1947, and Tom is the latest of only five Irish men ever to have won the championship. The five Irish winners to date are Frank Cashen, Co. Wexford with Jan in 1997, Toddy Lambe, Co. Wexford with Craig in 2004, Michael Gallagher, Co. Antrim with Cap in 2010, James P McGee, Co. Donegal with Glencregg Silver in 2014 and now the first winner from Munster and Co. Kerry, Tom O'Sullivan and North Hill Tess in 2021.

Tom was presented with a beautiful Waterford Crystal piece and a personalised Rams Horn Shepherds Crook by the Irish Sheepdog Society Chairman, Eamonn Connell from Co. Westmeath and the secretary, Claire Somers Cashen from Co. Tom and North Hill Tess working at the winning trial in Wales last September

Wexford. James McGee a former Supreme Champion and World Trial Winner travelled all the way from Co. Donegal to present a crystal plaque from the North of Ireland Sheepdog Society.

Guests were treated to a beautiful meal at the Killarney Avenue and the music on the night was from local band the "Best of Friends".

Tom's wife Mairead and daughters Aoibhe and Kayleigh were on hand having the room beautifully decorated to help mark such a joyous occasion.



St. Oliver's - Is Breá leo an Ghaeilge!!

A number of events to mark Seachtai na Gaeilge are taking place at St. Oliver's National School who are embracing Ireland's native language. From Irish performances and interviews to Irish spelling Bees and Irish poetry writing, the school is a hub of Irish activity!

Recently, Kerry Comhaltas ran a 'Cum Dán' Competition. Children from 3rd to 6th class all over Kerry were invited to write an Irish poem based on the theme of 'Saoirse' meaning freedom.

St. Oliver's pupils embraced this challenge, coming up with some wonderful poems through the medium of Irish. Three of the pupils were awarded prizes at the Munster Technological University on Sunday last. Rian Gleeson and Daniel Quinlan from Ms. O' Donoghue's class won 2nd place and a Teastais Fiúntais (merit award)respectively in the 3rd/4th class category and Jagoda Szwedo from Ms. Brosnan's 6th class who also won a Teastais Fiúntais (merit award)in the 5th/6th class categories.

To further mark Seactain na Gaeilge, co-ordinated by Mr. Gleeson, pupils from St. Oliver's will participate at 12 o' clock Mass in the Cathedral on St. Patrick's Day. The children will lead us in prayer through Irish and members of the Glenflesk Comhaltas branch will provide Irish music. It will be an uplifting mass to celebrate our patron saint! We would love to see as many children and families as possible! "Is fearr Gaeilge briste, ná Béarla cliste"!!





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THIS WEEKS BEEF COMES FROM CAHILLANES MEATS KILLORGLIN.THIS WEEKS LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.



It's the talk of the town.....



Anne Lucey looks at the positive news happening in the town of Killarney

BATTLE OF THE BLUEBELLS

An "unofficial track" has been created by walkers and cyclists through the bluebell woods at Muckross but it is not harming the bluebells, Killarney National Park has said, in response to concern raised in this column after contact by a reader.

In a statement through the press office, the park said:

"There has been a trail within the woods for some time, created by walkers primarily as a safe route along the N71 from the Abbey carpark area into Killarney town."

This unofficial single track is also used by cyclists from time to time, it added, saying there was "no trampling of the bluebells."

One wonders!

Nonetheless the importance of the wood seems to have been impressed on the authorities as there is now going to be a clean-up of a related species threatening to overwhelm the more fragile native.

The non-native Spanish bluebell, introduced by gardeners, is now, alas, found in this wood, the park reveals, and they are setting about eradication.

"Some bluebell pulling by NPWS staff might be observed this year," the park said.

The "proactive" move has been welcomed by leading botanist who lectures in Tralee.

Dr Therese Higgins, botanist and lecturer in the school of science at the Munster Technological University in Tralee, author of a guide on managing invasive species, says the Spanish and Irish bluebells are so closely related, bees don't know the difference.

There are parts of Northern Ireland where no more native bluebells are left because of the Spanish invasion, and what is known as "genetic pollution" where species hybridize. "They are an invasive species and it is much easier to tackle them than knotweed or rhododendron," Dr Higgins said.

Fairy lore protected the bluebells for generations. The ancient belief was you would call up fairy folk if you disturbed them and it was unlucky to walk on their flowers.

The Irish Wildlife Trust traces this history in a wonderful video, called Three Shades of Blue, explaining how the deeper purple colour, slimmer leaves, strong smell and drooping heads with the flowers all on one side of the stem indicate the native species.



KILLEGY HOUSE



It appears the sale of Killegy House, the wonderful Italianate house built by Jackie Lavin and Bill Cullen in the higher reaches of Muckross is almost complete.

The splendid architecture and gardens, including a water feature are spell binding but many felt the difficulty of actually getting to the house would put off buyers.

During its heyday, Killegy hosted the rich and famous who would arrive by helicopter along the foot of Mangerton.

A motion by Cllr Niall Kelleher the State should purchase it was withdrawn at the recent meeting of Killarney Municipal District, because the understanding was the property has gone sale agreed.

Cllr Kelleher, understandably, felt it would be an asset for the NPWS, being so close to the Torc and Mangerton walkways.

But a sale agreement is almost complete, and while auctioneer Tom Spillane is giving nothing away, he has confirmed that matters may be inching towards completion.

There have been several offers, Tom said. The successful offer is awaiting approval from the receiver in Dublin.

Meanwhile, the rumour mill is in overdrive as regards the sale of the Killarney Outlet Centre, - it has sold for between seven and eight million, according to the property editor of The Irish Examiner last week.

I had forgotten that in the 1990s this magnificent building on the old railway yard site of 5.5 acres was the first ever factory outlet centre in Ireland.

The beautiful light-filled design was meant to reflect a traditional town square.

At the time various consultant surveys by the town council and others were highlighting the lack of shopping in Killarney.

Rumours of moves away from retail into yet another brewery, and apartments, may well be premature, as planning would be required for change of use, veteran watchdogs of the property market in Killarney tell me.

Going by the phenomenal success of Manor in Tralee, there is still plenty of room for a greater variety of shopping in Killarney, they tell me.

KILLARNEY KOSOVARS RECALLED

The highly successful Kosovar refugee programme in Killarney was recalled this week amid requests for help for Ukrainian refugees, from more or less the same part of the world.

We knew as much about Kosovo in 1999 as we did about Ukraine until last week.

Around 200 refugees from Kosovo were accommodated in Killarney and the programme to coordinate language, education, health and other services had strong involvement from the then town council.

So successful was the council led programme, Town Clerk Carmel Brosnan and Labour Councillor Sean Counihan, chairman of Killarney UDC, and members of the Southern Health Board staff were treated to a farewell party when the bulk of the refugees, who included men as well as women and children, left to return to their homeland 18 months later

Several Kosovars had found work in the tourist industry, some remaining on to finish school and work.

Similarly, the arrival of the Ukrainians would include professional hotel workers or those willing to work in the industry, helping to address the critical shortage of staff throughout the industry, some including the current mayor of Killarney, Marie Moloney, feel. As we go to press, several hotels and leading guesthouses in Killarney have been contacted by the IHF, asking them to host one or more Ukrainian families on a short stay basis, for free.

The IHF are trying to see what they can do, chair of the IHF in Kerry, Bernadette Randles said. "Hotels are open to doing what we can," Ms Randles says.

She feels they would almost certainly come up with a room for free. Along with a number of other hoteliers, Ms Randles has given a significant donation to both UNICEF and the Red Cross Ukrainian effort.

With Kosovo premises in Killarney were rented in their entirety by the Irish Refugee Agency and the Department of Justice – something which may be on the cards again for at least one small hotel, this column hears. At the end of the day, we in Killarney know that with Kosovo it was a strong internationally brokered peace, backed by a determined peacekeeping army, and not nineteenth century imperialism and nineteenth century nationalism demanding blood sacrifice that won the day and allowed the lovely people from Kosovo to return home.

Right now, I wish we had louder voices internationally, and maybe even locally, urging and working for peace and an immediate lay down of all arms, all arms, in this awful conflict. I am not hearing them.



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SVP IN KERRY CALLS FOR MORE VOLUNTEERS

TO MEET PERFECT STORM 2022

he Society of St Vincent de Paul (SVP) in : Kerry is reaching out to those with even a few hours to spare each week to join its volunteers in supporting those in need in the county. The campaign theme is 'You know who you are - but we don't'. To answer the call simply visit www.svp.ie/volunteer or call 01 884 8246.

Launching the campaign South West Regional President Paddy O'Flynn said:

'Volunteers are our greatest strength; they know the needs in their communities and can deliver short term help at the right time to give people hope and get them back on their feet in their time of need. Among our many volunteers the qualities of kindness, compassion, respect, discretion and being non-judgmental are key. Our volunteers freely give their time, often changing lives forever and making many friends in this most rewarding charitable work'. Whatever skills they have to offer, new volunteers will find a place in the diverse range of activities of the Society in the South West with its 94 local branches (conferences) 38 Vincents charity shops; 112 social housing

units; 7 Child and family services (Foodbanks, Resource centres, Meals on Wheels); The Society has been in Ireland for 177 years. Members frequently speak of the enjoyment and sense of fulfilment they get from helping other.

The range of volunteering opportunities is quite broad:

Charity Shops - You might like to join our team at one of our 38 'Vincents' charity shops where

donated clothing and bric-a-brac are provided at very modest cost and funds generated to assist those in need.

Sorting Warehouses – You may prefer working with our teams who provide the supplies to our charity shops and sort the huge volume of goods donated (Cork city & Tralee)

IT / Finance/ Fundraising - You might like to offer your IT or finance skills to assist our many projects with finance planning and records management or partaking in our many fundraising projects.

Social Housing - You may have a passion



make a difference

our Social Housing projects which currently provide permanent homes to more than 120

Food Poverty - You might be interested in fighting Food Poverty through one of our food projects providing food parcels and hampers to those in need of this basic support

Education Support – You may have experience in Secondary/Third Level education which would benefit our substantial education support programme

KILLARNEY FILM **SCREENED IN CHICAGO**



short film directed by Killarney native Charlie O'Brien has been selected for screening as part of the 23rd Chicago Irish Film Festival.

Macalla: The Killarney Echo short film is set in 1837 with six out boating for a typical Victorian era adventure on the Lakes of Killarney. The two oarsmen speak Gaelic and both ladies are English speakers. Two musicians play brass instruments and awaken the Killarney echo in the mountains for entertainment. The booming cannon

There were cinema screenings in the city from 3 - 6 March and continued on-line virtual screening from 7 - 13 March. If you would like to see the film you can do so on line at https://charlieobrien.net/music at a cost of €5.

Once youpurchase the "Macalla Chill Áirne soundtrack" on the link there you will receive a private link to the film.

The late Elly de Zaayer

he death has taken place in Holland of Elly de Zaayer.

Mrs. de Zaayer was married to the late Raph and had three daughters Karin, Paulien,

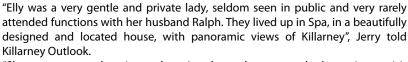
Ralph was one of the founding executives of Killarney Hosiery (Pretty Polly) in 1966 and lived with his family in Tullig.

Mr de Zaayer began as Production Manager of Pretty Polly in 1966, and within 12 years had reached position of Managing Director. He retired in 1986 after 20 years in Killarney, and returned to his homeland in Holland.

Speaking to the Killarney Outlook this week, Jimmy Daly, a friend of the family said that the family often visited him on their return.

"We purchased the family home and were always delighted to welcome them back to see the changes that we made", Mr. Daly said "Paulien also returned a few years ago for the funeral of Maura Murray, who was Ralph's private secretary.

Jerry O'Grady, former Plant Manager in Pretty Polly also paid tribute to Mrs. de Zaayer.



"She was a most welcoming and gracious host whenever we had occasion to visit Ralph at his home. Our Condolences to the DeZaayer family on the passing of Elly. May she Rest in Peace.



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Reading is dreaming with your eyes open....

FOSSA NATIONAL SCHOOL CHILDREN CELEBRATE WORLD BOOK DAY





INTERNATIONAL DELIGHT FOR JOHN

There was huge delight in the International Hotel when much loved employee John Thompson was nominated for the Irish Hotel Federation Employee of the Year, Kerry Branch.

John, affectionately known to all as JT, has been part of the team at the International Hotel for 30 years.

A bit of an institution in Killarney hospitality circles, John is known and loved by all, having a lovely word for everyone that comes through the door, always keeping a special eye for elderly clients whom he knows by name together with their preferred seats, favourite desserts and grandchildrens names!

A great asset to the industry, it is John's passion for customer

service and hospitality that makes him a fabulous mentor to young staff coming in to the industry. He lives the customer service mantra and embodies the Céad Míle Fáilte welcoming guests from far and near with great style and energy.

"A team player, there is nobody who can be counted on more than John - when the team needs all shoulders to the wheel, John is first to step forward and be counted and this is the thing about John, he will never, ever let you down – we are very proud that John is nominated for the Irish Hotel Federation Employee of the Year 2022", Tracy Coyne told Killarney Outlook.





KERRY STUDENT TAKING PART IN ANNUAL BT YOUNG SCIENTIST BUSINESS BOOTCAMP

ootcamp credited with nurturing many of Ireland's young entrepreneurs

Ocoren Hughes (18), a student at Mercy Secondary School, Tralee, will take part in the annual BT Young Scientist Business Bootcamp from March 7th - 10th at UCD.

The BT Young Scientist Business Bootcamp was established in 2010 by BT and is delivered in partnership with Nova UCD to give students the commercialisation skills they need to develop their BT Young Scientist & Technology project ideas into viable business ventures.

A total of 30 students from eight counties, including winners of the 58th BT Young Scientist & Technology Exhibition 2022, Aditya Joshi and Aditya Kumar, will take part in the four-day event in the hopes of claiming the highly coveted titles of "Best Group" and "Best Individual".

The students will experience first-hand the world of technology, commercialisation, business propositions and entrepreneurship, with the culmination of the four-day programme seeing the students pitching their ideas to an expert panel of judges.

APPRENTICESHIP INFORMATION EVENING | 24 MARCH

ERRY COLLEGE OF FURTHER EDUCATION AND TRAINING is holding an Apprenticeship Information Evening from 5pm-9pm on Thursday 24th of March at their Monavalley Campus in Tralee.

This is a free event where the public can meet a range of apprenticeship employers and chat to our Apprenticeship services team. Companies confirmed to date include: Altrad, Dairymaster, Enercon, Energywise Ireland, FIT, J.F. Flynn Construction, McCarthy Insurance Group, Liebherr, O'Carroll Engineering, OPW, Southwest Engineering, Sligo Training Centre (Butchery Apprenticeship), TLI Group, Torc Precision Engineering Ltd.

For a full schedule of Open Week events and times, visit: https://kerrycollege.ie/news/openweek

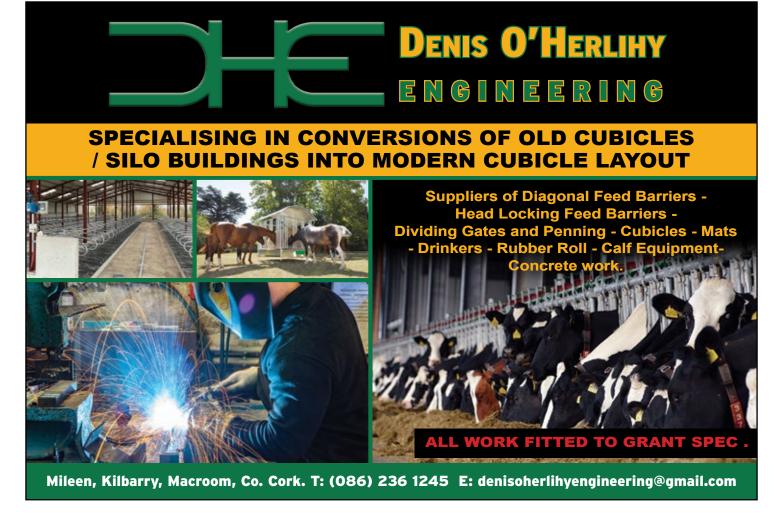




STUDENTS RALLY IN SUPPORT OF URKAINE

Students and staff at St. Brigid's Presentation Killarney like many have been shocked with the events unfolding in Ukraine and empathising with the citizens who find themselves displaced as a result. Our TY students expressed interest in supporting the 'Collection for Ukraine' advertised locally. This has been a Transition Year lead action all week, from students creating posters and announcements to make the school community aware donations were being accepted. From sorting, separating, packing the donations and to loading the collection van. Thank you to all students, staff and management for their support, the response has been incredibly generous. Special mention to students Abbie C, Keira, Alice, Abbie L, Grace, Shannon and Maeve for taking on extra responsibilities. To staff members Ms Gilligan, Ms R O' Sullivan, Ms Payne and Mr Fleming. "Watching and listening to the news can make us all feel helpless but it's important to remember we can all play a part through small individual actions which collectively has the power to make a big difference." Said teacher Ms Quilter. See Kerry's respose to the crisis on pages 24 and 25







EASTER INTENSIVE ONE DAY REVISION COURSES 2022

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JUNIOR CERTIFICATE

Monday April 11th	Maths H
Tuesday April 12th	English H
Wednesday April 13th	Science H
Thursday April 14th	Business H
Friday April 15th	Irish H

ORAL IRISH COURSE (LC)

Saturday......26th March

LEAVING CERTIFICATE

Saturday April 2ndMaths L (Paper 1)
Saturday April 9thMaths L (Paper 2)
Saturday April 16thBiology H
Monday April 18thMaths H (Paper 1)
Tuesday April 19thChemistry H
Wednesday April 20thPhysics H
Thursday April 21stMaths H (Paper 2)
Friday April 22ndGeography H
Saturday April 23rdIrish H
Saturday April 30thHistory H



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STUDENTS GOING ON TO SENIOR CYCLE MUST NOW CONSIDER THEIR LEAVING CERT SUBJECT CHOICE



This is the time of year when Transition Year students and Junior Cycle students, who are moving on to senior cycle, select their Leaving Cert subjects. There are three Leaving Cert programs available. The majority prefer the traditional Leaving Cert (LC). The Leaving Certificate Vocational Program (LCVP) is similar to the traditional Leaving Cert, except that LCVP students also take three Link Modules (Enterprise Education, Preparation for Work and Work Experience). The Leaving Certificate Applied (LCA) is strongly vocational. The subject areas are more practical than academic.

Leaving Cert subject selection is very important because the subjects you choose will influence your further study and career. Give this process serious consideration and decide what senior cycle subjects suit you best. Leaving Cert students usually take seven subjects. Mathematics, Irish and English are compulsory. It's advisable to study a modern language, which some third level courses have as an entry requirement.

Your task is to select three optional subjects – four if not taking a third language. Make sure that your subjects fulfil the entry requirements for your courses of interest. Many colleges also impose additional subject requirements which are course specific. It's also worth knowing that a number of third level courses use criteria of selection, such as art portfolio, interview, audition and suitability test, in addition to Leaving Cert exam points.

Six subjects are used from any one sitting of the Leaving Cert exam to calculate total points' score. The potential maximum points' score in the Leaving Cert points' scale is 600 or 625 if Higher Level Maths is one of the six subjects counted, as 25 bonus points are awarded for Higher Level Maths at H6 or above.

Students studying the LCVP may include the

points awarded for the Link Modules as one of the six subjects used for calculating points - 66 points for a Distinction (80% to 100%), 46 points for a Merit (65% to < 80%) and 28 points for a Pass (50% to < 65%).

Keep the following criteria of subject selection in mind when making your choice. Firstly, if you have a flair for a particular subject, you will get tremendous personal satisfaction from studying that subject.

Secondly, note the subjects in which you are achieving good grades. The Leaving Cert exam is a test of achievement. Grades and points determine entry to higher education. Points' potential at higher (H) level is far greater than at ordinary (O) level. For example, H3 is worth 77 points while O3 is worth only 37 points. Study as many of your subjects at higher level as you can handle.

Thirdly, select subjects you are interested in because you will work harder at those. Of all the variables that determine success at school, at college and in your career, interest is the most critical. It's likely that the subjects that interest you at school will influence your college course choices in two years' time.

Fourthly, be aware of subjects that are required for any particular career interests you may have. Each college has a system of general and course specific entry requirements which you must satisfy before you are considered for a place in a particular course.

The task facing you, therefore, is to select a subject grouping that will satisfy the four criteria of Flair (aptitude), Achievement, Interest and Required. It may help you to remember that you need to make a FAIR choice of subjects. Study the information carefully, give careful consideration to your subject choice, think about your course options and the related careers. In the end choose wisely as this is the first step on your path to college.

CHECKLIST

- The Junior Cycle exams are being held for the first time since 2019
- The Junior Cycle exam timetable is available on www.examinations.ie.
- Senior cycle students take the LC, LCVP or
- LCVP students also take three Link Modules
- Subject selection at senior cycle is an extremely important issue
- Leaving Cert students normally take seven subjects
- Mathematics, Irish and English are compulsory subjects
- Points' potential at higher level is far greater than at ordinary level
- Each college has a system of general and specific entry requirements
- When calculating points, use six subjects from one sitting of the Leaving Cert exam
- You will get satisfaction from studying a subject for which you have a flair
- Take note of the subjects in which you are achieving good grades
- Select subjects in which you are interested
- Be aware of subjects that are required for your course interests
- Make a FAIR choice of subjects Flair, Achievement, Interest, Required
- Politics &Society, Computer Science and Physical Education are new LC subjects

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

HELP IS AT HAND WITH THAT

VITAL EXAM REVISION!

It is that time of the year again when students have to get serious about their studies. Students who are preparing for Leaving and Junior Certificate have lots of revision to do over the next few months. At Brookfield Tuition help is at hand in the form of intensive One Day Intensive Revision Courses in the run up to and during the Easter break. According to Elisha Dowling "this is our 32nd year

providing Easter Revision Courses and the experience we have built up is invaluable. Students are always amazed at the amount of quality revision we get done."

Early booking is advisable as places are limited. Phone 085-2648361 or Email: brookfieldtuition@gmail.com







of Further Education & Training

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066 7149 696 or email: openweek@kerrycollege.ie

OPEN WEEK: MONAVALLEY CAMPUS

Tuesday, 22nd March to

Thursday, 24th March | 8:30am-8pm

Our Monavalley Campus in Tralee is open Tuesday, Wednesday and Thursday for school tours and walk-in visits.

Killorglin Campus, who specialise in Outdoor Education and Training will be there to answer any outdoor career related queries.

OPEN DAY: CLASH ROAD CAMPUS Tuesday 22nd March | 10am-7pm

Drop in, meet our team and see our range of courses for third level progression and employment. Visit our state of the art Beauty Therapy building and see the different treatments up close.

OPEN DAY: LISTOWEL CAMPUS Wednesday, 23rd March | 1:30pm-7pm

Come visit us, meet our team and see our range of employment and progression focused courses.

Tuesday 22nd March -**Thursday** 24th March

MONAVALLEY CAMPUS 22nd - 24th March:

8:30am - 8:00pm

CLASH ROAD CAMPUS

22nd March: 10:00am - 7:00pm

LISTOWEL CAMPUS 23rd March: 1:30pm - 7:00pm



OPEN EVENING: CLASH ROAD CAMPUS

Parent's Information Evening | Thursday, 24th March | 5pm-7pm

Come and meet our staff who can help and advise you.

OPEN EVENING: MONAVALLEY CAMPUS

Thursday, 24th March | 5pm-9pm Apprenticeship Information Evening

FOR EVERYONE

Come and meet a range of apprenticeship employers and chat to our Apprenticeship services team who can help and advise you.

OPEN WEEK: MONAVALLEY CAMPUS

Wednesday and Thursday, 23rd and 24th March

BONUS FEATURE

The Ireland Skills National Final for Mechanical, Automation & Maintenance Fitting (MAMF) Craft Apprenticeship is on the 23rd & 24th of March.

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KILLARNEY RALLIES IN SUPPOI





















RT OF THE PEOPLE OF UKRAINE



















RENEWED CALLS FOR PEDESTRIAN CROSSING

ouncillor Brendan Cronin has renewed calls for a pedestrian crossing from Beech Road to Killarney House & Gardens.

"As we approach another busy season for locals and tourists with no progress on the repeated requests for a pedestrian crossing from Beech Road car parks to Killarney House, in the event of an accident, causing serious injury or worse, where does the responsibility/liability lie?", Cllr told the recent meeting of Killarney Municipal Area Kerry County Council repied that it has reengaged with the TII who have indicated that they will give favourable consideration to a pedestrian crossing at this location subject to approval of the design layout by the TII. Work on this design will commence shortly.

Responsibility in the event of an accident depends on the facts and circumstances of each particular accident.

" I have repeatedly outlined that this extremely busy location is highly dangerous for pedestrians using one of the largest car parks in Killarney and accessing the very popular Killarney House and gardens, currently with no protection weaving their way through oncoming traffic. The construction of a pedestrian crossing on Mission road is an absolute necessity for the safty of the general public crossing an extremely busy and dangerous road. It is imperative that this crossing is now progressed to construction as a matter of urgency", the Councillor added.





The Old AIB, Main Street, Killarney is to receive funds of €6,400 for external joinery repair as part of the Built Heritage Investment Scheme (BHIS).

The funding of €96,000 for 15 Kerry heritage projects has been broadly wecomed.

"The BHIS is providing €4m in funding to be shared by a total of 512 projects across 31 local authorities" Minister for Education and Kerry TD Norma Foley said.

Some 15 projects across Kerry will benefit from this round of funding

BROAD WELCOME FOR

FUNDING FOR HERITAGE PROJECTS

including The Cable Station in Waterville, The Old Oratory in Caherciveen and The Old Mill, Ballylongford.

Minister Foley said: "I welcome this funding which will provided vital investment for the maintenance and upkeep of 15 projects that are a vital part of our county's local heritage. Today's announcement is not just a significant investment in important Kerry landmarks, but it will also provide employment in traditional heritage trades."

The Green Party in Kerry has also welcomed the announcement.

"We're delighted to see Green Party Minister Malcolm Noonan announcing this funding today," says local representative, Cleo Murphy. "From Listowel to Valentia Island, nine projects are being supported for repair and conservation—including the Cable Station in Waterville, Ballymacelligott Church of Ireland, the Old Oratory in Cahersiveen, and Coláiste Idé in Dingle.

"Our built heritage is part of our history and it's wonderful to see it being cherished and preserved. Minister Noonan has a genuine appreciation for this work and is allocating €4m nationwide for it. Great credit is due to those who prepare applications for funds like this and succeed."

DANNY HEALY RAE CALLS FOR REOPENING OF BORD NA MONA

anny Healy Rae TD is calling on the Government to open up the two Bord Na Mona power plants, Lanesborough and Shannon Bridge immediately to ensure security of suppy to people all around the Country who depend on Electricity to keep businessess, farmers and the hospitality sector going, also for people who depend on Electricity to heat their homes and who now have no chimneys in their houses and for

people who have just purchased electric cars, it is absolutely ridiculous to thing that we are leaving the way of producing our own energy behind us when there is a scarity of gas and electricity worldwide.

Bord na Móna



Your Journey Home

Join us in our Tralee and Killarney branches on

Thursday 10th March 5:30pm-7:30pm Saturday 12th March 10am-2pm

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MARCH 10TH

MARCH 10TH - 24TH

Greening of Killarney Iconic Buildings & Monuments

St Mary's Cathedral, The Friary, St Mary's Church of Ireland, Killarney Methodist Church, Killarney Court House & Ross Castle. See the many buildings and Monuments illuminated in wonderful shades of green as #letsgogreen killarney rolls into town.



MARCH 12TH

Paddy's Park Run Killarney House @9.30am Run off all the excess suitable for everyone including walkers.



MARCH 4TH - APRIL 2ND



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Muckross House & Gardens

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O' Sullivan of The Lodge & Reeks Guiding Company

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Tour of Killarney's Lakes with Traditional Irish Music. One sailing per day.



Τοτς Waterfall

Visit Torc Waterfall Killarney National Park



Festival aunting Car Rides & Tours

Enjoy a traditional jaunting Car Ride through Killarney National Park.









































A portrait presentation to Kerry native, Professor Mary Horgan, President of the Royal college of physicians took place at CUH recently.

The portrait honoured the work Prof. Horgan has carried out as an infectious disease consultant throughout covid.

She was instrumental in the return of sports following the initial lockdown.

The portrait was presented by Mícheál Martin. Pictured at the presenttion are: Clíona McSweeney, staff nurse, covid unit CUH. Mary Linehan, staff nurse covid unit CUH. Prof. Mary Horgan, President of the Royal college of

KERRY PROFESSOR HONOURED

FOR WORK DURING PANDEMIC

physicians. Nora Twomey, Assistant director of Nursing, Cuh, Lennon Nyamanhindi Clinical Nurse Manager Covid Unit CUH.

Prof Mary Horgan is the first female President in the 360 year history of the Royal College of Physicians of Ireland. She is in her second term as President of the College. She is a Consultant in Infectious Diseases and practices on the frontline in University College Cork in the South of Ireland. She is former Dean of the School of Medicine in UCC. She served on our National Immunisation Advisory Committee and our National Public Health Emergency Team – which advises the Irish Government on public health issues during this pandemic. She is also Chair of the National Research Ethics Committee. She also trained in the US where she worked in St Louis from 1990-1997.

31 DAY CHALLENGE DEEMED A GREAT SUCCES

n Thursday evening last, Killarney Swimming Club was delighted to present a cheque for €1,456.00 to Kevin Griffin, on behalf of Down Syndrome Kerry. All of the money was raised by the Club through it's "31-day-Challenge", which took place in January 2020, during lockdown. Each Club member was encouraged to be active each day of that terrible January and to save one euro a day for our chosen charity – DS Kerry. As expected, Club members rose to the challenge with qusto.

Thanking the Club for its efforts, Kevin Griffin said the money would be used to subsidise services for children with DS such as speech and language, occupational therapy and early intervention.



Back row:- John Edwards (Club Head Coach) Samantha O'Connor (Club Secretary), Kevin Griffin (Down Syndrome Kerry), Paul Cremin, Geraldine Mackey (Club Treasurer), Denise Casey (Club Chairperson), Brendan McCarthy, Lynne O Neill. Front row:- Conor Griffin, Cathal Griffin, Orlaith Mackey and Mary Clare McCarthy. Photo: Sara O'Connor

FIONA REPRESENTS IRELAND AT EUROPEAN YOUTH PARLIAMENT

presentation Castleisland student Fiona Brosnan will represent Ireland at the International Session of the European youth Parliament in Serbia. The Session will be held in Novi Sad under the theme "Bridging the Culture Gap", and it will include more than 200 participants from across Europe. Fiona is one of just 5 Irish students to make the trip.

"We are all very proud of Fiona who has shown great leadership skills and determination to achieve this goal. She will be an excellent representative of her community, school and country." said Annette Leen. Fiona will be working with a committee to prepare a resolution that promotes carbon-neutral transport

options, and improves the high-speed train network across our continent. Once this piece of legislation has been written and finalised, at the end of the session, there will be three days of formal open debate. Here, I will debate both my resolution and the resolutions of 10 other committees, who will have written up other possible legislations on a range of different topics." All 5 Irish students have been allocated different committees. This means that each of student will be preparing a resolution on a different issue- such as post-Covid economic stability, migrant rights, cryptocurrency and current threats to democracy- and we will all debate each topic at the end.





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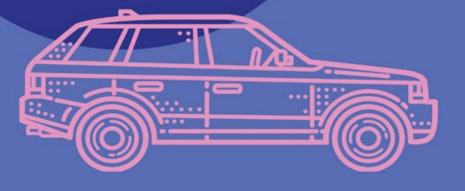
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EDUCATION MINISTER NORMA FOLEY VISITS KILLARNEY SECONDARY SCHOOLS

KILLARNEY COMMUNITY COLLEGE WELCOME THE MINISTER

n Friday the 4th of March, the Killarney Community College welcomed the Minister for Education, Norma Foley to the school. On arrival the Minister was greeted by management and a group of students from different year groups who presented her with a bunch of Spring daffodils and a custom made engraved wooden pen. She was then treated to a song, "An Irish Blessing" from the school choir accompanied by Ms Hughes on piano.

The Minister then moved down to the English room where she met with mainly Second Year students. Students asked the Minister questions about her favourite texts which she taught in school (Juno and the Paycock as Juno is such a strong female character) and tips about how to get into reading. Three students read self-penned stories, poems and a reading of the poem "Begin", written by Kerry poet Brendan Kennelly which celebrates human resilience and hope in such uncertain times. Once again, she was gracious with her time and praised the students for their efforts. She received a copy of the poem Begin and was encouraged to stick it up on the fridge in the Dáil!!!

The Minister then met with one of Irelands only school Fishing Club's and



Wiktoria Grezesiak, Minister Foley, Clr Maire Moloney, Eilish O Leary pictured with the items collected for Ukrane

the students were surprised about her knowledge and level of interest she showed in the subject.

The schools TYs showcased all the great work they have being doing in creating sensory books for St Francis Special School in Beaufort with leaving the students very grateful for all the Minister's positive feedback. A quick trip to the art room and a check in on a live construction studies class finished her tour of the school. She left the school in a haze of Spring sunshine accompanied by music from the schools trad group.

Principal Stella Loughnane said "It was lovely that the Minister acknowledged all the hard work being done by both students and staff. She was extremely generous with her time and kind words about our school community." Third year student Aoibhinn McCrank said that "I never thought I'd read for the Minister Of Education, she was so nice afterwards, it was like talking to one of my teachers. Her level of knowledge about English was very impressive and she gave us some very useful tips going forward"



Jack Ryan Brain, Minister Foley and Ciaran Gallagher



Norma Foley with teacher Peggy Dowling. Norma and Peggy are old work colleagues





Minister Norma Foley
TD with Hugh Rudden
Deputy Principal, Sean
Coffey Principal and
Bridget Lucey Deputy
Princpal at St Brendan's
College, Killarney on
Friday. Photo by Michelle
Cooper Galvin

St. Brigid's roll out the red carpet for Minister Foley

St. Brigid's were delighted to welcome Minister for Education Norma Foley and TD Danny Healy-Rae to our school this morning. Both Minister Foley and TD Healy-Rae met with members of the student council and members of the yellow flag committee. The school is only one of five schools nationally to attain the yellow flag for their work in promoting diversity, inclusion and equality for all in St. Brigid's.

Minister Foley chatted with many students and staff, visited our ASD class where Zoomer our therapy dog was delighted to meet with the Minister. Minister Foley's final stop on her visit was the green field site where our future new school will be located.

It is great to see an alumni of a Pres and Ceist school currently in the role of Minister for Education. Thanks for taking the time to visit and chat with us all here in St. Brigid's.









By Dermot Cronin, Financial Advisor



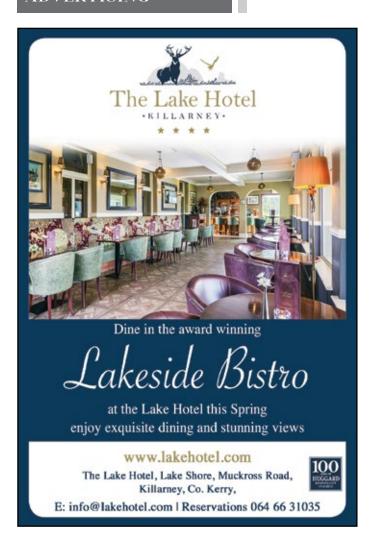
BE **CONSIDERING SHOULD** YOU SWITCHING YOUR MORTGAGE

Yes, because some of the Irish mortgage lenders have much lower mortgage interest rates compared to others. There has been a lot of discussion recently in the media recently as regards mortgage switching this is because there can be a very substantial difference in interest rates and monthly repayments between lenders. For example on a mortgage of €250,000 over 30 years based on a property value of €320,000 and comparing current 3 year fixed interest rates. One lender is as low as slow as 2.20% (2.63% APR) which costs €950 per month whereas another lenders 3 year fixed rate is as high as 3.00% (APR 3.90%) monthly repayment €1,055 per month. The monthly repayment for the lender with the higher rate is a staggering €105 per month more expensive. Over the term of the mortgage you could pay €37,000 (approx) more in interest, this figure will change depending on interest rate changes in the future. Of course you would need to qualify for the mortgage with the new lender and also there are many other considerations and information you need to know before proceeding further. Many lenders will also cover the cost of paying the legals fees for switching your mortgage. An experienced mortgage broker with access to many lenders should be able to discuss your options with you in plain simple english and answer any queries you may have.

If you have any other queries regarding the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com







The Skinny Baker

Denis Kelleher (theskinny.Baker) is living in Rathmore and began baking when he was 12 years old. You can follow Denis on Facebook and Instagram @theskinny.baker for lots more recipes

COOLE SWAN LIQUEUR CHEESECAKE

INGREDIENTS

For the base

100g melted butter 300g digestive biscuits

For the cheesecake mix

100g of icing sugar 360g cream cheese 250ml double cream 70ml of coole swan



Method

- 1. Mix the melted butter with the mashed digestive biscuits and pour them into a spring form tin and flatten down with wooden spoon and place in the fridge to set.
- 2. Whip the double cream in a bowl and set aside
- 3. In another bowl mix the cream cheese and icing sugar until fully mixed together
- 4. Pour in the coole swan and mix together
- 5. Next fold in the whipped cream into the mix and mix together again
- 6. Pour the cheesecake mix over the biscuit in the tin and smooth the top with a spoon
- 7. Place in the fridge for 4 to 6 hours or better overnight Drizzle some melted chocolate on top of the cheesecake mix There is a step by step video on my Instagram page



GLENEAGLE UPCOMING INECARENA 2022

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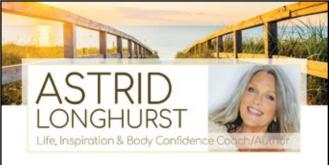
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CREATING INNER PEACE IN TURBULENT TIMES

l, like so many people around the world have felt the pain, grief, sadness and disbelief at what has been unfolding in the world recently. It is easy to feel lost and hopeless at what we witness on the news. And yet, it is now that we each need to bring hope and love alive within our hearts and minds so that we can use this to help others and create a more peaceful world.

In a world which is currently experiencing so much pain, loss, sadness and upset, we also see how love is bringing us all together. The love of people who care, who are standing up and holding out their arms to another human being. The immense outpouring of emotion for the pain of another. Love is the force that changes everything and it all starts with the ability to love who we are. Perhaps when we can find peace and love within our own hearts, we will see this ripple out across the world and a gentle and loving embrace will hold us all together as one.

Today's Coaching Action

Take five minutes at the start and at the end of your day to do this gentle meditation. Sit or lie down and close your eyes. Become aware of your breathing. Gently place one hand over your heart and think of something or someone that you love. Make this feeling larger and larger until it wells up inside of you. Then imagine this feeling of love radiating out across the world, bringing love, hope and peace to all.

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I feel my skin has aged from Stress, what can I do?

Stress majorly impacts your skin so think of ways to relax mentally and physically. Take 5 minutes at night to relax your face muscles with a quick massage to remove tension from your face. This will improve blood flow and stimulate lymphatic drainage to remove toxins, so you wake with clearer more glowing skin and reduced puffiness and fine lines.

1) After cleansing your skin, apply your night serum and cream. 2) Cup your hands over your entire face for a few seconds to begin. 3) Rotate vour eves side to side and hold for few seconds. 4)Close your eyes firmly for few seconds then open them wide. 5)Use the fleshy part of your thumb or middle finger gently walk them around



your orbital bone, pressing and releasing the pad as you move along. 6) Using the pad of your middle fingers apply pressure under your cheek bones from your nostrils out to your nose. 7) Squeeze and rotate all the fleshy parts of your face between your thumb and index fingers, eyebrows, cheeks, jawline and then the neck to finish.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



OUTLOOK TIPS WEEK 1

DO YOU FEEL GUILTY ON A REST DAY FROM TRAINING?

WRITTEN BY PETER MC CARTHY FROM THE B WELL TEAM

We all can be guilty of this, id take it as a massive plus though if you do as it shows you enjoy training and the effects it gives you that you miss that happy buzz from a workout. I'm very guilty of this myself, I don't like taking complete rest days but I do active recovery days like slower runs or a workout that's very low intensity but you got to know what your body wants. Having a rest day and not being one bit guilty is hugely beneficial though as your giving your body time to repair and replenish, my 3 favourite ways to recovery are sleep, hydration and by getting good food sources into you. Another tactic I use is say for example a Thursday morning workout or run then not exercising until Friday evening then you get more then 30 hours rest without activity and still training daily. If you know your daily calorie allowance keep under this on a rest/recovery day, its great having a rest day as it can give you hunger to get back training the following day then but remember listen to your body that's the key point and don't feel guilty your body needs it and earned it!!!

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SMOKING AND EYE HEALTH

Smoking, and exposure to smoke, significantly increases your chances of developing eye disease and suffering sight loss. It's never too late to benefit from stopping. But the sooner you stop, the better the outcome is likely to be.

Below is a list of five eye conditions that are related to smoking.

1. Age-related macular degeneration (AMD)

AMD is the most common cause of sight loss in Ireland and mainly affects older people. Smokers are up to four times more likely to develop the condition.

AMD affects the central part of your vision and can make everyday activities, such as reading or even recognising faces, difficult or impossible. There are two types of AMD – wet AMD, which can often be treated with injections in the eye if caught early enough, and dry AMD, for which there is currently very little effective treatment. Stopping smoking is the best way to reduce your risk of developing AMD.

2. Cataracts

Smoking doubles your risk of developing cataracts. Cataracts cause the lens inside your eyes to become cloudy.

Smokers tend to develop cataracts at an earlier age than usual. The cataracts develop more rapidly than normal, and usually affect the central part of the lens.

Dry ey

Dry eye can make your eyes feel sore and itchy and cause them to water. Smoking often causes this condition or makes it worse.

4. Uveitis

Smokers are at least twice as likely to develop uveitis – a condition where the middle layer of the eyeball becomes inflamed, causing eye pain and changes to your vision. The condition can also lead to secondary eye conditions, such as glaucoma and cataracts.

5. Diabetic retinopathy

If you suffer from diabetes, smoking increases your risk of developing retinopathy, where the blood vessels in the retina at the back of the eye become damaged. This often causes blurred vision and dark spots and can lead to permanent loss of vision.

Looking after your eyes

Stopping smoking is one of the best steps you can take to protect your vision.

Whether you are a current smoker, an ex-smoker or have never smoked, it is important you visit your optometrist regularly.

We recommend that you have a sight test at least every two years, or more often if your optometrist recommends it.

For more information and honest advice contact us to make an appointment.





Comhghairdeas ollmhór le Muireann O Donoghue, Gráinne Byrne agus Sinéad Byrne a ghlac páirt sa Chraobh Réigiúnach don Chomórtas Díospóireachta an Phiarsaigh aréir i Luimneach. Phléigh na scoláirí an rún 'Is maith ann an Crannchur Náisiúnta'. Tá éacht mór déanta ag na cailíní agus táimid go léir chomh bródúil astu.

Huge congratulations to Muireann O Donoghue, Gráinne Byrne and Sinéad Byrne reached the Regional Finals of an Irish debating competition on Ash Wednesday in Limerick. The girls discussed the motion 'The National Lottery is a good thing'.

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Finance Example: Opel Corsa SC 1.2 75bhp: Retail Price† €20,495. Customer Deposit / Trade in €6,959. Finance Amount €13,536. 36 monthly payments of €190. Total Cost of Credit €931.24. GMFV†† (Optional Final Payment) €7,563.75. Fixed APR 2.9%* (Annual Percentage Rate) as at 26/10/2021. †Includes delivery & related charges. Model is shown for illustrative purposes only. ††The Guaranteed Minimum Future Value (GMFV) is payable if you renew or retain the vehicle at the end of the agreement. Further charges may be applied by your Opel Dealer subject to kilometre limits/ condition of the vehicle. *Lending criteria and conditions apply (Over 18s only). APR is inclusive of a documentation fee of €63.49. To qualify for this Finance Offer, a minimum deposit of 10% is required. Rate quoted is correct as at 26/10/2021 and is subject to change. Offer available on all new Opel passenger cars registered from 26/10/2021 until 37/01/2022. This is a Consumer Hire Purchase agreement provided by Bank of Ireland Finance. Ownership remains with Bank of Ireland until the optional final payment is made. **Three years' free servicing on selected models only whilst stocks last. Ask in store for details.

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MUCKROSS ROWING CLUB

CORK HOR

Last weekend, the club competed in the Cork Head Of the River. The sunny day proved deceptive as a strong cold breeze prevailed throughout the day making conditions more challenging than they first appeared over the 4km course at the city marina. The club was winner of three events including the Mens J18 Four, Mens Masters Quad and Mens J15 Octuple. The club was second in four events including the Mens J16 and J15 Quads, Mens Masters Quad and Single. The club also recorded a number of third place finishes including the Mens Intermediate and J16 Singles, Womens J18 and J16 Quads, Womens J18 Double and Mens Masters Single. Congratulations to all!

MUCKROSS HOR

Following the disappointment of the event's cancellation in December, we are looking forward to the rescheduled Muckross Head Of the River at the National Rowing Centre in Farran, Cork on Saturday next, March 19. Entries closed on Wednesday of this week which will inform the number of crews set to compete, with over 400 crew entered for the original fixture in December. The event now falls during the long Bank Holiday weekend and will also be the final flatwater time trial before regatta season kicks off in April.

KILLARNEY RFC NEWS

SENIORS WIN AT HOME

Congrats to our Seniors who won at home yesterday, in Conference E of the Munster Junior LEague. This wasthe first match for the lads in a good few weeks but the lads put in a solid performance to earn the win. This weekend the lads take on Castleisland at Aghadoe. Kick off is 2:30pm on Sunday and all support welcome.

ST. PATRICK'S DAY PARADE

KRFC will partake in this years St. Patrick's Day parade in Killarney, after a 2 year hiatus due to the Pandemic. We are really looking forward to the parade and this promises to be the best parade yet. Keep an eye on our social media channels for more.

FIXTURES

Minis - Away to Tralee RFC (All ages) - Sat @ 10am.

U14 Girls: Waterpark V Killarney, Saturday @ 12pm

U16 Girls: Ennis V Killarney, Sunday @ 2pm U18 Boys: Killarney V Old Crescent, Saturday @ 12:30pm

Seniors: Killarney V Castleisland, Sunday @ 12:30pm

KILLARNEY VALLEY ATHLETIC CLUB

CONGRATULATIONS to our KVAC distance crew Oisin Lynch, Jason O'Reilly, Ted O'Gorman and William Lyons who competed for St. Brendan's College Cross Country Team in Munster Schools XC. The team finished 2nd in the Intermediate Boys and qualify for the Irish Schools XC Finals. Well done also to Karl James O'Neill who finished 16th overall in the Junior Boys 3500m.

We had yet another impressive weekend of athletics from the KVAC crew with Tony Harty winning the M45 4 mile Munster Roads Championship and Darragh O'Leary claiming a National Team Bronze with UL in the Irish University XC. At the Munster Indoor Championships, Karl McCarthy won gold in the U19 400m, Jason O'Reilly won silver in the U17 400m and Oisin Lynch claimed bronze in the U17 1500m. Our relay team (Dara Looney, Conor Gammell, Karl McCarthy, Sam Griffin and John O'Connor) claimed silver in the U19 4x200m.

KILLARNEY COUGARS BASKETBALL

SENIOR NEWS

Basketball IrelandNational League Div 1 Scott's Lakers 66 Killarney Cougars 59

The Killarney derby produce a closely contested game with the Scott's Lakers making home advantage count coming with a very late burst to take the points having led throughout it was the Cougars in front with just over 2 minutes remaining with some tough calls with the game on the line frustrating the visitors with a late baskets by Lakers Rui Saravia and Godwin Boahen and four points from the free throw line in the closing seconds clinching the win.

The Lakers were slow to settle but found their rymth to take the first quarter 19-11 thanks to Godwin Boahen and Emilyan Gudrov 4pts each with Cougars failing to convert many good opportunities it was teenager Tommy Bowler leading the way on 7pts.

The second quarter was basket for basket with again defences dominant for long spells with Cougars Andrew Fitzgerald and Mark OShea both on target with a couple of baskets each with Godwin Boahen big three setting keeping the home fans happy with Gudrov and Rui Saraiva all contributing good scores to see Lakers leading 37-25 to conclude a low scoring first half. A similar pattern to the third quarter with home side holding the lead despite Cougars coming more into the game with Rich Dunham adding 6pts but Lakers responded well to the challenge through a big three by Marko Bencic and 6pts each from Gudrov and Boahen to increase the lead to 52-37 the Lakers biggest lead of the game. The final quarter produce the best moments of the game with Cougars gradually building momentum as early three pointers by Conor Flynn and Rich Dunham turned the game for the visitors as the came strong against a tiring Lakers who relied Gudrov and Boahen for some crucial scores but consecutive threes by Dunham had the sides tied at 53-53 midway through the quarter with further basket and a score from the free throwline by Mark OShea with just over two minutes remaining had Cougars ahead 57-56. The Lakers responded well and with some very tough calls frustrating the visitors the home side capitalised with the stylish Boahen delivered a hard earned two followed quickly by a Rui Saraiva three pointer rescued the game as the Lakers secured a hard earned win despite an impressive 27pts from the games top scorer Rich Dunham. Overall a good game and a good night for Killarney basketball.

JUVENILE NEWS

Kerry Airport Leagues U16 Boys

Killarney Cougars 43 Kenmare Kestrels 38

Killarney Cougars were pushed all the way by Kenmare at the Sem Gym on sunday morning. Cougars led throughout and had to withstand a late comeback from the Kestrels who dominated the last quarter but Cougars held on with Rory Clancy strong on the boards adding late baskets.

U16 Boys: Killarney Cougars 41 St Paul's 39

A good game saw Cougars take the points in a well contested game with little between the side's Cougars were made to fight hard for the win leading by five at halftime and by 7pts entering the final quarter and had to withstand a big effort from St Pauls in the closing minutes but just managed to hold on for a two point victory

U18 Boys League:

Killarney Cougars 39 St Paul's 37

A keenly contested game at the Sem Gym saw Cougars come from behind having led by 10pts at halftime thanks to a very good first half by Raul Mendenez for the Cougars. St Paul's dominated the third and led by 1pt entering the last quarter thanks to two Chris Healy three pointers, also Tom Benson and Neill O'Carroll were impressing with good baskets. Cougars respond with hard earned baskets by Nathan Cox and Finn Kennelly who added 6pts each to regain the lead despite baskets by Tom Benson Cougars held on to take the win.

BADMINTON NOTES

RESULTS OF THE 2022 CLUB TOURNAMENT PLAYED ON THE 5TH MARCH IN THE KILLARNEY SPORTS CENTRE.

U10 Girls

Winners: Lauren McHugh Milltown and Muireann Curran Annascaul. R Up: Margaret Carmody Listowel and Sarah O'Sullivan Kingdom **U10 Boys**

Winners: Michael D Mahony Listowel and Rian Gleeson Killarney. R Up: Sean Kelly Listowel and Dara O'Leary Annascaul

U12 Girls

Winners: Saoirse McHugh Milltown and Lily Falvey Annascaul. R Up: Aisling Quirke Milltown and Gwen O'Sullivan Kingdom

U12 Boys

Winners: Mikey O'Connor Moyvane and Joe Barry Listowel. R Up: Darragh Lyne Annascaul and Eli O'Shea Tralee

U14 Girls

Winners: Sinead Kelly Listowel and Molly McCarthy Annascaul. R Up: Sameera Bhandari Sayers Annascaul and Sinead Galvin Milltown

U14 Boys

Winners: Conall Murphy Killarney and Eoin McCarthy Annascaul. RUp :Przemslaw Choromanksi Moyvane and Ryan Henderson Listowel

U16 Girls

Winners: Kate Trant Listowel and Rhea Moriarty Tralee. R Up: Aoise O'Donoghue Killarney & Emily MalakhovaTralee

U16 Boys

Winners: Tomasz Zielkowski Listowel and Rae Moriarty Tralee. R Up: Safwan Rahman Killarney and Evan Walsh Kingdom

LISTOWEL WON THE CLUB TROPHY!





SPA

>SCOR

Here are the upcoming Scór na nÓg dates: Kerry Co Final of Tráth na gCéist is on this Friday 11th March in Currans at 7.30pm and the East Kerry Finals for the other Scór na nÓg disciplines is this Saturday 12th March in Fossa at 6pm. The Kerry Co Finals will take place on Sunday 20th March in Glenbeigh at 4.30pm. Scór na bPáistí Kerry Co Final takes place on 2nd July. If any club member who is still in Primary school wishes to participate in any of the disciplines, please contact Eileen Aherne on 087 9940594. Disciplines are set and figure dancing, instrumental music, solo singing, ballad group, Recitation, Léiriú and Tráth na gCéist. If any parents would like to get involved in coaching any of the above, please also contact Eileen.

>MUNSTER CHAMPIONSHIPS

Munster GAA have confirmed the fixture times and venues for the upcoming Munster Football & Hurling Championships. In the football our Kerry minors play Cork in the Munster semi-final on Thursday May 12th (7.30pm in Austin Stack Park); the Kerry U20s play Tipperary in Rd1 on Wednesday April 6th (7pm in Austin Stack Park) and play Waterford in Rd3 on Wednesday April 20th (7pm in Dungarvan). And the Kerry senior footballers play Cork on Saturday May 7th in the Munster Football semi-final (7pm in Pairc Uí Rinn).

>EAST KERRY CO CHAMPIONSHIP MEDAL PRESENTATION

Well done to our Spa senior players and selector Sean Cronin who attended the medal presentation for the 2020 Co Championship winning East Kerry senior team over the weekend.

>DEVELOPMENT LEAGUE

The Development League fixture list was confirmed last week and our Senior B team are in Division 2 as follows: Rd1 March 26th Spa B v Listowel Emmets B (away); Rd2 April 16th Spa B v BYE; Rd3 May 7th Spa B v Ballymac B (home); Rd4 May 28th Spa B v Kilcummin B (away); Rd5 June 18th Spa B v John Mitchels B (home)

>SPA LADIES DONAL CURTIN CUP

Spa senior ladies are in Division 2 of this year's Kerry LGFA Donal Curtain Cup with fixtures as follows: Rd1 March 20th: Spa v Austin Stacks (away); Rd2 April 10th: Spa v Dr Crokes (home); Rd3 April 24th: Spa v Finuge St Senans (away); Rd4 May 8th: Spa v ISG (home); Rd5 May 15th: Spa v MKL Gaels (away); Rd6 May 22nd: Spa v Listowel Emmets (home); Rd7 June 26th: Spa v Legion (away)

>SPA KILLARNEY HANDBALL

Spa Killarney handball club are hosting a national handball tournament in the Spa sports hall on Saturday March 26th - this is the first time this event is being held in Munster. They are inviting all handball players interested in taking part need to register with them before March 16th and all spectators & supporters are welcome to come along on the day.

>2022 REGISTRATION

2022 Registration for Spa is open online on www.spagaa.com or the registrars will be at the clubhouse again this Wednesday March 9th from 7pm-8pm for anyone that wants to register in person (cash, card or cheque). *Deadline to register is March 31st

>SPA AWARDS NIGHT

Tickets for our Spa Awards Night on March 26th will be on sale at the

clubhouse again this Wednesday March 9th from 7pm - 8pm. The event takes place on Saturday March 26th at the Killarney Heights Hotel with music from Super Céilí. Well done to all nominees and award recipients - Lifetime Achievement Award: Paddy O'Keeffe; Social / Cultural Person of the Year: Catherine Carroll; Young Player of the Year: Rian O'Neill; Junior Player of the Year: Brendan Lynch; Nominees for Senior Ladies Player of the Year: Aisling Mahony, Saoirse Kelly and Niamh Clifford; Nominees for Senior Mens Player of the Year: Dan O'Donoghue, Ciaran Spillane and Eoin Fitzgerald; Guests of Honour: 2020 Spa Senior Team Intermediate Champions

>HOGAN CUP SCHOOLS FINALS

Best of luck to Donagh Fahy, Dr Gary Stack and the St Brendan's Killarney team and management in the Hogan Cup All Ireland Schools Final on Thursday March 17th. They will play Naas CBS in the Final in Croke Park at 2pm.

>KERRY LADIES

Well done to Cassandra Buckley and the Kerry Ladies team & management on their National League Rd3 win over Laois on Sunday afternoon. They have topped their Division 2A group to qualify for the next round with fixture details to be confirmed.

>NATIONAL LEAGUE

Good luck to Dan O'Donoghue, Dara Moynihan, Arthur Fitzgerald and the Kerry team & management against Mayo in Rd5 of the National League next Saturday March 12th (7.30pm in Austin Stack Park).

➤ SPA GAA WALKING TRACK

A reminder that the Spa GAA walking path remains open to members of the community to come together to walk & talk in a safe environment **NO DOGS ALLOWED**

>CO MINOR LEAGUES

Good luck to our Spa minor team and management against Rathmore in Rd2 of the Co Minor League. Game is on next Saturday March 12th (4pm in Rathmore).

>SPA LOTTO

Spa lotto results 28/02/2022: Numbers drawn 1, 3, 9, 14. No winner and €50 Lucky Dips to Darby Healy, Tadhg Howard, Mary O'Leary, P & J Mangan. This Monday's jackpot is €3,600 and tickets on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Thank you to everyone for your continued support for our club lotto.

>SPA GAA ACADEMY

Our Spa GAA Academy continues every Saturday morning from 10am - 11am for girls and boys from u5 to u9. In Spa we cater for independent 3 year olds and upwards, and membership is FREE for u5s and u6s. We would like to extend a warm welcome to any girls or boys from the Killarney area who would like to join Spa GAA, just come along any Saturday morning. For any further information we can be contacted at 087 1385612 or at spacoistenanog@gmail.com

>CONDOLENCES

Our condolences to the O'Keeffe and Shannon families on the passing of Eugene O'Keeffe RIP, Lissivigeen. May he Rest in Peace.

Written by: Deirdre O'Sullivan-Darcy

BEAUFORT

>FIXTURES

Good luck to Under 14 Girls and management as they will begin their games on Sat, 12th at 4pm home to Listowel Emmets in U14 Non-County Players league.

Minor men will be away to Skellig/Valentia in Valentia, Sat, 12th at 4pm in round 2, Co League.

Beaufort senior men will be home to Glenbeigh/Glencar, Sunday, 13th at 2pm in round 5, Mid Kerry senior league.

>RESULTS

Final score in Mid Kerry league, round 4 was Beaufort 2.12 Keel 1.11 > LOTTO

No winner on Sunday, 6th March. Numbers: 1,19,27,28. Consolation Prizes: €80 Fergal Spillane, Coolmagort €50 Eileen Spillane, Coolmagort, Stephen Ashe, Cappaganeen, Jerome O'Shea c/o Joan. Next draw for

jackpot of €7,000 will be on Sunday, 20th March. Tickets available from usual sellers, shops,

public houses and online at www.beaufortgaa.com. Thank you to everybody who support the lotto.

≻MEMBERSHIP

Beaufort G.A.A. Club membership is now due. Please go to www.foireann. ie to pay membership or contact Patie at 087 2515311.

>WIN A HOUSE IN KILLARNEY WITH KERRY GAA

Kerry GAA is having a fundraising draw with first prize of a house in Killarney. There are also monthly prizes until the main draw for all purchased tickets. Tickets are €100 and can be purchased at www. kerrygaa.ie. Tickets also available in the Club from Neil Doherty at 087 2114059.

By Bridget Hartnett







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LISTRY

>WIN A HOUSE WITH KERRY GAA

Win A House With Kerry GAA has another cash prize to give away to one lucky winner and you could still win a house! Purchase your ticket before midnight on Sunday 20th of March to be in with a chance! Head over to your nearest ticket seller - Jerome Kennedy, County Board Office or GAA store Killarney and online.

>DEEPEST SYMPATHY

Listry GAA would like to send Deepest Sympathy to The O'Connor/Tangney family, friends and neighbours on the recent death of Donie O'Connor RIP, Coolroe Killorglin

>LISTRY WEEKLY LOTTO RESULTS

1, 2, 18, 27. €100 - Tony and Kay Darmody, Faha. €50 x 2 - Mary Maloney, Lahard. Louise and Pat Quirke. €25 x 2 - Mgt O'Donoghue c/o Maura. Tom Gleeson c/o Tim McCarthy. Next Sunday Jackpot €5,100

>SCOR OFFICER

Our club is delighted to announce that Aoife O'Mahony has taken up the position of Scor Officer in the club. Contact Aoife 085 1214569 or Anthony if anybody is interested in competing or helping out in the competitions.

>LISTRY MEMBERSHIP

Listry GAA Membership for 2022 is now due, available to purchase. Register/Log on to www.foireann.ie to chose your relevant membership category. Any queries please contact Mike Tangney 087-6162786.

>KEEL/LISTRY U17 COUNTY LEAGUE FIXTURE

Keel/Listry V Kenmare Shamrocks, Saturday 19th March at 4pm in Listry Gaa Grounds. Please come and support.

>EAST KERRY SUPER LEAGUE RESULTS

Final Score Listry 1.13 Kilcummin 0.14.

>FIXTURES

Listry V Gneevguilla Suday next March 13th at 2pm in Listry Gaa Grounds. Please come and support.

>KERRY PETROLEUM JUNIOR PREMIER CHAMPIONSHIP GROUP 4 2022

Listry has been drawn in Group 4 in Kerry Petroleum Junior Premier Championship draw along with Listowel Emmets, Castlegregory and Fossa. 1st game:Listry V Castlegregory. Time and dates to be confirmed

Written by: Anne Sugrue O'Brien

GLENFLESK

>LOTTO

No winner of Glenflesk Lotto which took place tonight 7/3/22 in Glenflesk Hall. Jackpot \in 6,400. The numbers drawn were 3 , 4 , 10, 15 There was no winner. Consolation prizes of \in 50. 1. Edward O'Connor , Droum 2. Headford PO (Sellers' Prize). 3. Mary Cahill (Yearly Ticket) 4. Mike and Mish O' Donoghue (Yearly Ticket) Next draw will take place in Glenflesk Hall on 21/3/22 Jackpot will be \in 6,600. Thank you to all who support our Lotto and to our sellers.

>GLENFLESK COMMUNITY GAMES

Glenflesk Community Games Committee needs your help in order for events to go ahead this year. Activities and events will be returning very shortly and we need volunteers to help out in order for these to run smoothly. If you are interested in lending a hand we would greatly appreciate it, as would the children of the parish. Please contactNoreen Herlihy Moynihan, Gemma Kelly or Neeve Cronin.

>LOTTO MEMBERSHIP

The new Lotto year (2022/23) will commence Mon 4th April. All annual tickets renewed will be entitled to 26 draws (including 1 free draw) up to 20th March 2023. Choose 4 numbers between 1 and 30 and forward to Denis O'Donoghue, St Kieran's, Knockanes, Headford, Killarney, Co. Kerry with the fee of €50.00 before 21st March 2022. Tickets can also be bought online https://member.clubforce.com/memberships_cart_m.asp?LL_

ID=2534&intMF_ID=9479#Anchor

All support for this key fundraiser is much appreciated

>RAHEEN NS USED CLOTHES COLLECTION

We will be collecting unwanted clothes on Saturday 12th of March at Glenflesk GAA Pitch from 11am -12 and at Barraduff Community Field from 12 - 1pm. Bags can also be dropped to Raheen school any morning from 9am - 11am until Wednesday the 16th of March. If anyone wants bags collected contact Eugene Bowler on 087 2339725. We can only accept clean dry clothes, paired shoes, handbags/Belts, curtains and bed linen. Congratulations to Muireann Mullally who had the winning bonus number in the lotto.

>LOTTO RESULTS

No winner of Glenflesk Lotto which took place tonight 21/02/2022 in Glenflesk Hall. Jackpot was €6,200. The numbers drawn were 15, 19, 23, 28. Consolation prizes of €50 each to: 1. Peter Phelan, Brewsterfield, Yearly Ticket. 2. Larry Donovan, Shronedraugh. 3. Harry Donovan (Sellers' Prize). 4. Aeneas Seán O'Leary, Gneeveguilla. Next draw will take place in Glenflesk Hall on 07/03/2022. Jackpot will be €6,400. Tickets can be bought online: https://play.clubforce.com/play_newa.asp?ll_id=2534#Anchor Thank you to all who support our Lotto and our sellers.

Written by: Seamus Healy



Dance to raise funds for Ukraine: Knocknagree Promoter John Joe Herlihy is organising a fundraising dance for Ukraine at the CYMS Hall, Newmarket, Co. Cork on this Friday, March 11th. Performers on the night will be Sheila Fitzgerald, Peter Burke and Elle Marie O' Dwyer



Claire O'Sullivan pictured at Killarney Post Office this week when she bumped into American Actor Ron Perlman. The actor was visiting Killarney and on route to the Ring of Kerry. He is currently filming in Dublin and plans a stay in Ashford Castle while in Ireland.



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Kilcummin Comhaltas



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Kilcummin CCÉ are hoping to resume traditional music & singing classes for all age groups in the coming weeks. These classes will accommodate all levels from beginner, intermediate & advanced. Junior& senior sessions, duets, trios & Céili Band as well as Workshops & Competitions Organised open sessions throughout the year

If you would like more information, please contact us on (087) 1191353



KILCUMMIN

>SYMPATHY

Sympathy is extended to the family of Kitty Healy, Knockancore who died recently. May she rest in peace.

>FUNDRAISER FOR UKRAINE

The Moriarty School of Music and Dance Kilcummin are holding a fundraising concert in aid of the people of Ukraine on Saturday 2nd April in the Killarney Avenue Hotel commencing at 8pm. Fear an Tí for the night will be no other than the legendary Seán Ó Sé. Performers on the night include Patrick O'Sullivan along with his son Conor, Elle Marie O'Dwyer, Alan Finn and friends, Conor Moriarty and the Kilcummin Set Dancers. Tickets which will be limited are €20 per head and will be on sale at the East Avenue Hotel and from John at Kilcummin Rural Development Office. Raffle on the night. All proceeds will go to Trócaire for the Ukrainian fund. Further information contact Mary on 087 9620135. Ní neart go cur le chéile.

>KILCUMMIN COMHALTAS

Kilcummin CCÉ are hoping to resume traditional music and singing classes for all age groups. We are inviting all musicians and singers including beginner, intermediate and advanced levels to join us. Please contact 087 1191353.

>FLEADH CHEOIL CHIARRAI

Fleadh Cheoil Chiarraí will take place this June 11th & 12th (Dancing) and 18th & 19th (Music & Singing) in Tralee. Entries for music, singing and dancing are now available in the Rural Development Office. Please note competitors must be a current member of Kilcummin Comhaltas. Membership forms are also available at the RD Office.

>KILCUMMIN COMMUNITY CARE

After a break of two years due to Covid 19, Community Care resumed on Tuesday 1st March 2022 from 10.45 to 1.00pm at the GAA Club house. We are looking forward to welcoming you all back and new members are always welcome. For more information please contact the Rural Development Office 064 6643357.

>CENSUS 2022

Census 2022 is taking place on Sunday 3rd April. Census enumerators are calling to every home in your area to deliver census forms from now

up to census date. Enumerators can help with any queries that you may have. Visit the website census.ie for more information and our contact details if you wish to contact the census office. Please ask to see their ID badge when they call. Census enumerators will not enter your home. The census is carried out by the Central Statistics Office.

>KILCUMMIN GAA

FIXTURES

Minor Co League DIV 1, Kenmare V Kilcummin March 12th. .

EAST KERRY SENIOR LEAGUE

Kilcummin 0-14 Listry 1-13. Listry proved far more resilient and earned a deserved victory in Kilcummin last Sunday. Our lads will be disappointed especially after their great effort the previous week against Dr Crokes. Team Keith O Leary, Andy Lowin, Kevin McSweeney, James Devane, Philip O Leary, Dan Moynihan, Sean Brosnan, Kevin Gorman (0-1) Paul O'Shea, Danny Cronin, (0-2) Gary O'Leary (0-1), Eoghan O'Donovan, Kelvin Teahan, (0-2) Kevin McCarthy (0-2), Noel Duggan (0-5), Subs used Mark O'Shea (0-1) Donal Maher, Philip Casey, John McCarthy, Oisin O'Leary. UKRAINE FUNDRAISER

Ukraine Fundraising walk in conjunction with Irish Red Cross will take place this Sunday on the GAA walking track between 3-5pm. All money collected will go to the Red Cross refugee fund to alleviate some of the hardship being experienced by the Ukranian people. The walk is organised to give people the chance to donate and show our solidarity with our fellow Europeans. Everyone welcome and people can walk as many rounds of the track as they feel comfortable with.

GOLF CLASSIC

Kilcummin GAA golf classic is scheduled for April 30th in Kenmare. More information to follow.

>MASTERGEEHA FC

There was no Jackpot winner on Friday 4th March. Numbers drawn were 8, 10, 11, 20. Consolation prizes of €50 went to Ian Aherne, c/o John Lenihan, Kilcummin; Louise O'Sullivan, c/o Klub Bar; Darby Bull, c/o The Bar; Con & Ann Marie O'Riordan, Inch. Next draw will be on Friday 11th March 2022. Jackpot will be €2,800.

Written by: John Moriartt

RATHMORE GNEEVEGUILLA

>GNEEVEGUILLA COMMUNITY DELEVEPMENT SHARE : THE BUCKET

Congratulations to Eilish Finnegan this week's jackpot winner of €316. Guaranteed jackpot of €500 next too weeks in aid of the Ukraine appeal. Every cent raised going to the Red Cross Ukraine appeal.

>TÚREENCAHILL COMMUNITY GROUP

As you know Ukraine is under fierce attack at present with horrendous consequences for its people. Many thousands are fleeing to neighbouring countries. Irina is one of our fitness instructors here at the centre who comes from the Ukraine. Irina provides Tai Chi classes and previously held Yoga classes. Irina has family and friends in the Ukraine.

If you would like to help please contact Red Cross Ukraine Crisis Appeal on 01 6424600 or to donate click on the following link: https://www.redcross.ie/latest-appeals/ukraine-crisis-appeal/?fbclid=lwAR3-JT6ojdKDuclrNY69Od9-tkaPdlhEmF0mYSMROCSHIYd2Uj84q83X8sU. You can also donate to the IRC appeal for Ukraine on your Revolut or Paypal App.

>ST PATRICK DAY PARADE

Rathmore has cancelled this year's St Patrick day parade on 13th March. Knocknagree St Patrick Day Parade is on after mass on st Patrick Day Millstreet St Patrick Day parade on st Patrick Day at 4-45pm.

RATHMORE GAA ASTRO TURF IS BACK after Covid and bookings for the Astro turf are filling up fast. Open Monday to Friday, 7-8, 8-9 & 9-10pm. Ring Noreen for best rates @ 087 1144100 Good rates for Birthday parties.

>DATE FOR YOUR DIARY

Rathmore GAA Club presents "Make Up Master Class" at the Wallis Arms Millstreet on Friday April 1st. Tickets from The Wash Basket or contact Emma on 0879004101. See Facebook & Twitter.

>SYMPATHY

To Stephen O'Sullivan, Martina, Sean & Padraig on the death of his father Paddy Joe O'Sullivan, Gneeveguilla Village grandfather his sisters Breda, Maureen & Joan & extended family.

Paddy Joe was laid to rest on Friday 25th February in Gneeveguilla. May Paddy Joe rest in peace

>RATHMORE SOCIAL ACTION GROUP

The SAG youth members are organising a fundraising cake sale for Ukraine from 11-1.30 in Teach Íosagáin next Sunday 13th March.

All funds raised are being sent directly to Trocaire's partners Caritas in the Ukraine & Poland. Donations can also be made at the door on the day. All baking will be greatly appreciated and can be dropped to Teach losagáin from 10am on Sunday

>DIOCESAN COLLECTION FOR EMIGRANT SERVICES

will take place this weekend the 12th/13th March. Donations can be contributed online on the donate tab on the parish website www. rathmoreparish.ie or drop into the Parish Office.

>KNOCKNAGREE - KENYA

The Annual Church Gate Collection which took place in Knocknagree on Saturday 12th February raised €745. The committee wish to thank all for their generosity.

The Kerry Branch of Samaritans wish to thank the parishioners in Gneeveguilla for their generousers support in the Collection at Christmas which raised ${\in}785.44$

>NOTES

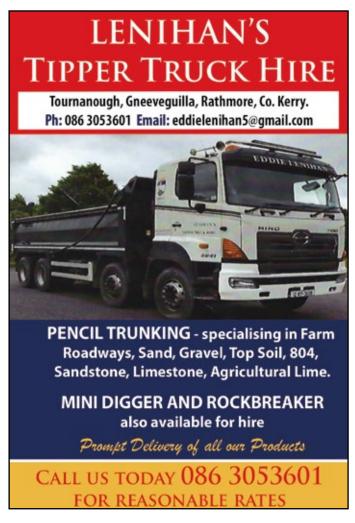
If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817 before 6pm Sunday

By Michael O' Mahony



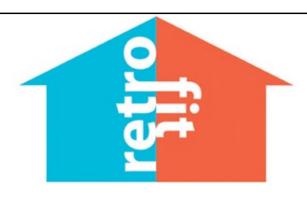






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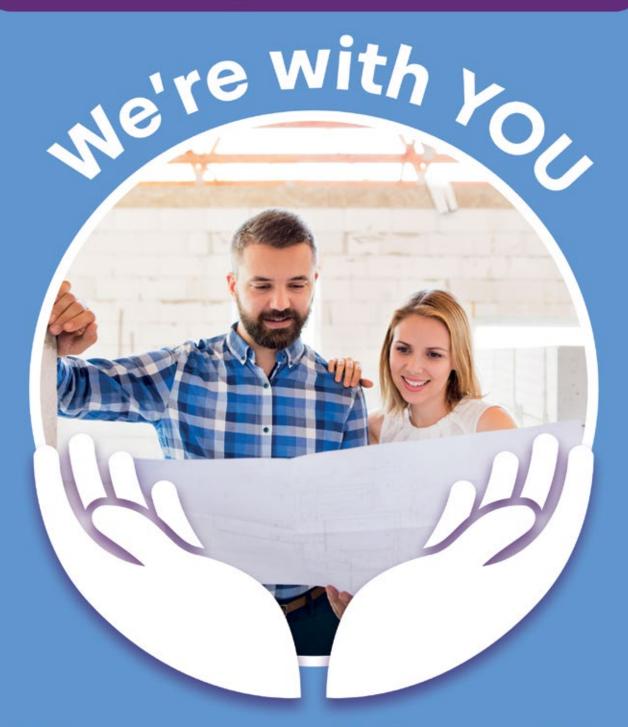


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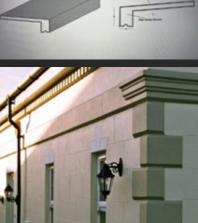
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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...



AG GLANADH SPÓIRT

Things I knew about Ukrainian sports a month ago. 1, The Klitscho brothers may have been relatively limited heavyweight boxers, but they were outstanding in a poor era for the sport and took on all comers: I admired them. 2, Andriy Shevchenko was a brilliant goalpoacher in Italy, but never really settled in a disjointed Chelsea team. 3, Mila Kunis is hot and has probably attended some sports events sometime.

Things I know about Ukraine now. 1, Loads, and not in a good way.

Look, I know it isn't a laughing matter, far from. It's horrible. War is humanity at its worst. No clan, tribe, kingdom, or state has ever invaded another for altruistic motives. God, regardless of what god you believe in, has never been on the side of armies. War has often improved scientific advancement, but it has never once been worth the cost. To kill another human being, especially a child, for the sake of any flag, to shoot at complete strangers simply because another stranger ordered you to do so....no.

So I'm fully in favour of the general condemnation of Russia's actions. What they have done, and what they are doing right now, is monstrous.

But I'm only talking here about sport - I obviously am neither a diplomat nor a soldier. And there are elements of the universal rejection of Russian sports that I am uncomfortable with. Should Russia be banned from the Olympics and Paralympics? Well, frankly, given fact that Russia has been found beyond any reasonably or unreasonable doubt to have run a national doping programme for many of its athletes, they should have been banned before Ukraine ever became an issue. The fact that the IOC weren't willing to do that tells you that the money trumps ethics in that particular body - although the history of the IOC should have made that obvious anyway. This nonsense that Russian athletes could compete, but not under the Russian flag? They couldn't compete for Russia, but they could compete as the 'Russian Olympic Committee'? Who is kidding who here? Nothing but hypocritical semantics.

Should they be banned from the World Cup? Hard to argue against it. But it would be fairly unprecedented. Let us recall that the US and Britain, among others, invaded Iraq on an even

flimsier pretext – I think everyone knew from very early on that the only weapons of mass destruction involved were named Bush and Cheney.

There were calls in the British House of Commons to sanction Chelsea FC because of Roman Abramovich's ownership. Now, hold on a minute here. We're going to take property from an individual who has no involvement in the war and has committed no legal wrongdoing that we know of, simply because of his nationality? Because I have no time for all this talk that he has 'dubious connections' and 'alleged political links' – would you care to take another look at the links between prominent Irish businessmen like Denis O'Brien or Larry Goodman and Irish politics? Sorry, now, but show me actual proof of wrongdoing, instead of all the sanctimonious self-righteousness in its place. I'm not saying he's a good guy - but do we really want Governments making those decisions arbitrarily? Read a history book, people.

During the Second World War, America unceremoniously imprisoned Americans of Japanese origin and took their property. Should we treat Russians that way now? How about the Irish in Britain when the Northern Ireland 'Troubles' were at their height? Internment was petrol on those fires in both the 1970s and the 1930s, and nobody called for Britain or Ireland to be banned from international competitions. How about apartheid in South Africa? Some revisionist historians like to claim that they were ostracised from sport – it's a popular myth, but it wasn't remotely the reality.

Let's take a look at the country that has recently launched an unprovoked attack on its neighbour. Quarter of a million civilians have been killed recently, including at least 10,000 children. That would be Saudi Arabia attacking Yemen. Remember all the calls to have Man City sanctioned because of their connections to Sheikh Mansour? I don't either.

Russians actions in attacking Ukraine should be condemned by all right-thinking people. But for me there's a definite element of a witch hunt about what's happening at the moment. I'm not suggesting that sports should turn a blind eye. But it should be the same rules applied equally for all nations. You want to ban all Russians from competing in anything? Alright, but then you need to do the same about China in regard to the Uyghers, Saudi Arabia in regard to Yemen, and many, many more. You always need to ask two questions that date back so far that they are expressed in a language that we're not really sure how to even pronounce anymore. Cui bono? As in, who benefits? Follow the money. Quis custodes ipsos custodiet? Who watches the judges - is the system applied with equal fairness?

I've never believed the idea that sports

has nothing to do with politics. The likes of China, Saudi Arabia, and yes, the likes of Abramovitch, are involved in sport precisely because of sports-washing as a means of whitewashing international reputations. If sports organisations really want to stand on the high moral ground, they'd want to do so in regard to all countries and individuals.

And there's very little difference between high moral ground and a sheer precipice.

MUNSTER CHAMPIONSHIP DATES

The times and venues for the Munster GAA Championship Fixtures at Senior, Under 20 and Minor grades in Hurling and Football have been confirmed with 51 Munster Championship fixtures scheduled over 61 days from April 5th to June 5th.

The Munster Senior Hurling Championship will get underway with two games on Easter Sunday, April 17th in Walsh Park and Páirc Uí Chaoimh as 2021 Munster Finalists Tipperary and Limerick will travel to play Waterford and Cork respectively. The Munster Senior Hurling Final is fixed for Sunday June 5th at 4pm.

The Munster Senior Football Championship Quarter-Finals take place on Saturday April 30th as Clare host Limerick at 6pm in Cusack Park Ennis while Waterford host Tipperary at 7pm in Fraher Field Dungarvan. The Munster Senior Football Final is fixed for Saturday May 28th at 3pm.

The Munster Under 20 Hurling Championship will be played on a round-robin basis with the games taking place on April 6th, 13th and 20th. The top 2 in each group of 3 will qualify for the semi-finals on April 27th. The Munster Under 20 Hurling Final is fixed for Wednesday May 4th at 7:30pm.

The EirGrid Munster Under 20 Football Championship Quarter-Finals are fixed for Monday April 11th with Waterford playing Limerick in Fraher Field Dungarvan while Hennessy Memorial Park Miltown-Malbay will play host to the meeting of Clare and Tipperary. The EirGrid Munster Under 20 Football Final is fixed for Monday April 25th at 7:30pm.

The Electric Ireland Munster Minor Hurling Championship will be played on a round-robin basis with the games taking place on April 5th, 12th and 19th before the Q-Final and S-Final places are determined. The Electric Ireland Munster Minor Hurling Final will take place on Wednesday May 11th at 7:30pm, originally scheduled for May 10th.

The Electric Ireland Munster Minor Football Championship will see Clare, Limerick, Tipperary and Waterford taking part in a Phase 1 round-robin competition taking place on April 14th, 21st and 28th with the Phase 1 winner joining Cork and Kerry to battle for a place in the Munster Final. The Electric Ireland Munster Minor Football Final will take place on Wednesday June 1st at 7:30pm, originally scheduled for June 2nd.

LADIES GAA

National League: Kerry 4-17 Laois 1-9

Kerry blooded a fair few young players against Laois – no harm at all, either, we'll need a big panel come championship. And this was a good choice of a game to bed them in. I remember when Laois were one of the best teams in the country – no-one could begrudge the great Sue Ramsbottom her All Ireland – but they are not the force that they were. I suppose, I ndairíre, that we aren't either – we had been coming off the greatest winning streak in the game at the time.

Laois drew first blood through Sarah Anne Fitzgerald but Louise Ní Muircheartaigh replied with a free. Again Laois nudged ahead through Mo Nerney, but a brace from Louise Ní Muircheartaigh had Kerry in front by 0-3 to 0-2 at the water break. Louise and Rachel Dwyer quickly extended our lead but Laois hit a purple patch with 1-3, the goal coming from Sarah Anne Fitzgerald, briefly interrupted by a free from Louise. Kerry rallied instantly, Fodhla Houlihan cracking home a brilliant goal of her own, and Southern Gaels' Rachel Dwyer (rapidly developing a reputation as one of the best young forwards in the game) edged Kerry into a slender lead.

Half-time Kerry 1-7 Laois 1-6

Three minutes into the second half, Meadhbh Johnston struck for Kerry's second goal. That opened the floodgates, with Louise (f), Katie Brosnan, and Rachel Dwyer putting Kerry 2-10 to 1-6 in front after 38 minutes. Jane Moore picked off a good Laois point, but their challenge was rapidly receding, and Lorraine Scanlon and Erica McGlynn really killed it off with two goals in as many minutes. Emma Lawlor traded pointed with Louise Ní Muircheartaigh (f) to leave Kerry well in control at 4-11 to 1-8 by the second water break.

The fourth quarter was effectively no contest (I'm fine with that; I've been chewing my fingernails at a few football matches recently!). Rachel Dwyer, Caoimhe Evans, and Louise Ní Muircheartaigh put fourteen points between the teams. Erone Fitzpatrick pulled one back, but Kate Stack quickly nullified that.

In the end it was a comfortable win for Kerry. Both teams have qualified for the Division Two semi-finals, with Kerry playing Monaghan and on March 20th and Laois playing Armagh the day before. Having lost out on promotion in the Final last year, Kerry can have serious hopes of going a step farther this year.

Kerry: Mary Ellen Bolger, Aoife Dillane, Kayleigh Cronin, Julie O'Sullivan, Aishling O'Connell, Emma Costello, Keri Ann Hanrahan, Lorraine Scanlon, Megan O'Connell, Katie Brosnan, Anna Galvin, Meadhbh Johnston, Louise Ní Muircheartaigh, Rachel Dwyer, Fodhla Houlihan. Subs Cáit Lynch (for Keri Ann Hanrahan, half-time), Caoimhe Evans (for Megan O'Connell, half-time), Erica McGlynn (for

Fodhla Houlihan, 38 mins), Paris McCarthy (for Meadhbh Johnston, 42 mins), Ciara McCarthy (for Lorraine Scanlon, 50 mins), Clodagh O'Connor (for Emma Costello, 53 mins), Kate Stack (for Rachel Dwyer, 53 mins)

KERRY HURLERS SHINE AGAINST MEATH

National Hurling League: Kerry 2-31 Meath 0-14

Kerry have had a slight upper hand over the Royals in recent meetings, but rarely were Kerry so composed and so in control as they were all through this encounter. A good start was part of that (Kerry haven't been the fastest starters). Shane Nolan cracked home an early goal that sandwiched two Shane Conway points. Fionán Mackessy, Shane Nolan, and Pádraig Boyle (f) soon had Kerry 1-5 to 0-0 ahead. Jack Regan, an outstanding talent, opened Meath's account from a free before exchanging points with Michael Leane. Kerry simply resumed their onslaught, with Mackessy, Boyle, Leane, Colum Harty (3), Conway, and Daniel Collins all raising white flags. Kerry were simply far too fast and far too deft with their first touch (really lovely hurling to watch) for the bamboozled visitors. Patrick Potterton finally got their first point from play after 25 minutes (instantly cancelled out by Daniel Collins) and Regan and Jack Morris added two more before the break. Any hopes Meath had for a revival were quickly dashed. Mark O'Sullivan and Pádraig Boyle exchanged scores before Michael Leane struck for Kerry's second goal.

Half-time Kerry 2-16 Meath 0-6

Shane Conway opened the second half with three frees before Jack Regan replied with two. Colum Harty clipped over another . Jack Regan pointed again, but he was ploughing a lone furrow while Kerry were attacking in waves. Pádraig Boyle made it 2-21 to 0-8. Jack Walsh (2), Jack Regan, and Stephen Morris took Meath into double figures. It was a brief intermission – Kerry had the bit between their teeth now and Shane Nolan, Colum Harty, Paudie O'Connor, Niall Mulcahy, and Pádraig Boyle were all on target again for a rampant Kerry. Mickey Cole and Brian Lonergan traded scores but it was all academic by now. Jack Regan pointed again but Michael Slattery, Darragh Slattery, Shane Nolan, and Niall Mulcahy put the game to bed and sealed a surprisingly emphatic victory for

A surprise win for Down over Westmeath was more good news for Kerry. Kerry and Down now share top of the table on six points. They meet in the final group game and, barring an unlikely heavy defeat to Down, Kerry should play one of those two in the final.

Kerry: Martin Stackpoole, Flor McCarthy, Colm O'Keeffe, Eric Leen, Fionán Mackessy (0-2), Michael Boyle, Michael Leane, Colin Walsh, Paudie O'Connor (0-1), Padraig Boyle (0-5, 1f, 1'65), Daniel Collins (0-2), Colum Harty, Paudie Aherne, Shane Nolan (1-3), Shane Conway (0-6, 4f). Subs Niall Mulcahy 0-2 (for Paudie Aherne, 41 mins), Mark Heffernan (for Shane Conway, 45 mins), Brian Lonergan 0-1 (for Colin Walsh,

60 mins), Michael Slattery 0-1 (for Colum Harty, 62 mins), Daire Slattery 0-1 (for Michael Leane, 66 mins)

BASKETBALL

Kerry has a very strong basketball tradition that goes back to the late forties, and to go by the success of Kerry schools in the recent All Ireland Finals, that's a tradition that's set to continue well into the future.

Gaelcholáiste Chiarraí beat St. Louis Kiltimagh by 63 – 40 to win the Girls U19 B Final, with Kerry football Paris Mac Carthaigh the MVP. Their U16s lost out to Killorglin in an all-Kerry Girls U16 B Final, with Killorglin's Emily O'Sullivan awarded the MVP.

St. Michaels Listowel won the Boys U16 C Final, beating Kishoge by 60-44, with 23 points from MVP Darragh O'Keeffe crucial to the victory.

PS Sliabh Luachra lost out to St. Malachys Belfast 65-46 in the Boys U19 A Final with a team that featured several players who had represented Gneeveguilla in their GAA All Ireland Final. Ronan Collins top scored for them with 16 points.

ATHLETICS

It was a very good week for Killarney Valley athletes. Tony Harty won gold in he Munster Over 45 4 Mile Roads in Quilty, Co. Clare. Darragh O'Leary won a Team Bronze with UL in the Irish University Cross country. Karl McCarthy won gold at the Munster Indoor U19 400 metres. Jason O'Reilly won silver in the U17 400m at the same event, while Oisín Lynch took silver in the 1500 metres. They took a Team Silver in the Munster Indoor 4 x 200m relay thanks to Dara Looney, Karl McCarthy, Conor Gammell, Sam Griffin, and John O'Connor.

The club also welcomed Ministers for Sport, Jack Chambers, and Education, Norma Foley, to their facilities.

Killarney weren't the only club to enjoy success. An Ríocht's Hazel Murphy took gold in the U17 1500m and Ella Murphy took bronze in the U18 1500m.

As well as Killarney Valleys' U19 team, a number of Kerry teams medalled in the 4 x 200m relays and qualified for the nationals. At U14 Boys, Tralee Harriers won bronze, and Lios Tuathal took bronze at U16.

At the Irish Universities Cross Country, An Ríocht's Niamh O'Mahony took bronze in the 5km. Oisín Spillane's fifth place (out of 178 starters) in the 8km course helped UL to win the overall bronze.

David Kenny from Firies, so recently the joint U23 Athlete of the Year (the Olympic debutant shared the title with UCD's Darragh McElhinney) pipped his old rival Brendan Boyce to the National 5km title at the National Indoor Championships.

FLEMING SIBLINGS WIN NATIONAL HONOURS

Congratulations to the Fleming brothers, who last week cemented their long standing among the nation's sporting elites in two different





codes. James, whose success in basketball over the years dwarfs even his achievements in GAA with Dr. Crokes, was named Ladies Division One Coach of the Month with Limerick Celtics, while his brother Damien finished 2021 as Ireland's number one ranked player. In a lovely touch, Damien dedicated his award (presented to him at the recent National Convention) to the memory of the late Chairman of Tralee Pitch and Putt Club, Tim Scannell.

GOLF

Leona Maguire has gone from childhood prodigy to world class senior, with her last six months littered with triumphs like the Sondheim Cup and many more. Last weekend was another superb one for the Cavan star as she posted a very strong finishing round of 68 at the Womens World Championship in Singapore. It lifted her to a very impressive finish in 13th place. Winner Jin Young Ko had her sixth win in her last ten tournaments to cement her place as world number one and also set a new record with scores in the sixties in all of her last fifteen rounds. She was under par for her last 30 rounds.

I was once under par for myself for three in a row. Holes, that is, not rounds.

CRICKET Shane Warne RIP

It might come as a surprise to people to learn that cricket was once the most popular field sport in Ireland. Of course, it was the quintessential game of the British Empire. Rugby and soccer only



developed in the 19th century in the face of increasing urban development due to the Industrial Revolution and a new tolerance for mass gatherings by the authorities.

Hunting was beloved of the gentry, easily the most popular. Rugby quickly caught on among the same breed (in both Ireland and England). Laune Rangers, the strongest early power in Kerry football (Ballymac is actually the oldest club) was actually a rugby club – J.P. 'Champion' O'Sullivan convinced them to switch codes.

Soccer, which got its name from an abbreviation of 'Association Football' only required a bit of space to play and some sort of ball (usually an inflated bladder enclosed in sewn strips of leather) and was soon popular among the English lower classes. It was actually played in Kerry before the Davin brothers codified gaelic football or hurling - the workmen on the transatlantic Cable Station in Valentia brought

Athletics was massively popular among rich and poor alike. Actually, when Michael Cusack founded the GAA, he quite literally intended it to be an Irish association dedicated primarily to athletics.

The intent was patriotic – why should England get to run Irish games? Especially since the English AAA were gradually excluding ordinary Irish people from traditional athletics meetings, e.g. they banned 'mechanics, artisans, and day labourers' from Irish events until 1882. Cusack, never exactly the most congenial of men (he'd pick a fight with his shadow if he could) wasn't going to tolerate, that nonsense!

There was a growing sense of nationalism, not just in Ireland, but throughout Europe, and that was the main reason why the GAA had such instant success. Before that, cricket was played in every town and village, often sponsored by the gentry.

That same sense of nationalism meant that the common people abandoned cricket almost en masse. A pity, because it is a brilliant game in its own right. Killarney's oldest sports field as far as I know (and I am not claiming to be any kind of expert) is the 'Cricket Field' down by the Flesk

Britain famously exported cricket to its colonies. The likes of India, Pakistan, the West Indies, and Australia quickly and comprehensively embraced the game. Actually, games of stick and ball were far more popular than games with a bigger ball in ancient India and Persia anyway (they are almost unique in world history in that respect). There is a theory that the Celtic peoples originate there and that hurling is a derivative of those games that Mil and his sons and daughters (including Princess Erin) brought to Ireland at the end of that long migration. History? Mythology? Or complete nonsense? I have no idea and I doubt if anyone else really does.

There is an irony, an enjoyable one for most of us, in the fact that most of those countries actually became better than England at cricket. Ireland, by the way, bat far above their weight at the game in recent times.

Think about the great cricketers in history. Australia's Don Bradman surely tops the list. W.G. Grace in comfortable second place. Brian Lara of the West Indies in recent times, Viv Richards before him. Imran Khan of Pakistan. Sachin Tendulkar of India.

Graham Gooch and Ian Botham were good players and definitely celebrities in a great era for international cricket. But greatest ever? Stop. You're embarrassing yourself. Flintoff was a consummate entertainer of the modern era. But will he be remembered a century from

Edward Budd, who so thrilled London crowds in the early 1800s that they bought a sloping field off Thomas Lord (he wasn't himself a nobleman) as a home for the game, was one of the great all-rounders. John Wisden, whose famous Almanac records every player since those far-flung days, also did far more than just write about the game.

They were all gentlemen. I use 'gentleman' in the old-fashioned having money or land sense rather than their character.

You'd have to include Shane Warne on that list. Not the 'gentleman' part – the great cricketer part. Warne came across as brash, loud, sledging (in fairness to the man, it was always far more humorous than malicious), and a bit immodest - to say the least. Unfortunately, the rise to fame and the media attention cost him his marriage to his childhood sweetheart, and he had a string of celebrity romances, most famously actress Elizabeth Hurley. He made more headlines on the front pages than the back pages overall.

Which is a pity, in a way, because it makes people forget how good he was. I strongly suspect that he was the greatest leg-spinner of them all. Ever. I don't really follow the game (I never once encountered it as a child: I never even remember it on tv) but I'd watch Warne playing - partly because he always brought a sense of devilment, but also because he brought a sense of wonder. He could make you believe in telekinesis.

Since his sad passing last week (just a day after Rod Marsh slipped away) there have been several clips of his greatest moments played on various tv channels.

They're worth watching. May he rest in peace.

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Underage Academy



OUTLOOK BASKETBALL

KABB REPORTS

Youngest stars enjoy their day on the hardwood:

A series of u10 Blitz's took place at four venues across the county with two courts rocking to the sound of the young basketballers enjoying their time on the hardwood. The venues were Duagh, Glenbeigh, Farranfore and St Brendan's College in Killarney.

Clubs from all across the Kerry Airport KABB League came to their nearest venue where they played a number of games without worrying about the score and the outcome. It was all about game time and learning to play the game with referees and table officials. The KABB thanks all those who were involved in getting the venue's ready, officiating and to the coaches of all the teams. It was great to see so many family members at the venues cheering on the young boys and girls. All these players will be in action again on Saturday March 26th. On the competitive front in the u12 Girls Rathmore were at home to St Colman's in the battle of the Ravens. The game was tied at 12 points each at the half but a strong third quarter put St Colman's 10 points ahead 22-12. Credit to the Rathmore girls they stormed back in the final quarter and closed the gap to just two points but St Colman's held on to win 22-

The Rathmore Ravens scoring was headed by Emma Cronin on 6 with Eimear Rahilly on 5 and Aoife Fitzpatrick with 4 points.

Staying with the u12 girls and St Mary's were 33 points to 20 point win over TK Bobcats. The home side led by 10 points to 2 at the half with Kelsie Molloy and Jessica O'Sullivan impressing for St Mary's with Hannah Roche leading the Bobcats.

The St Mary's girls played some very strong defence allowing their offence to pull away in the final two quarters. For St Mary's Kelsey Molloy and Jessica O'Sullivan both ended with 12 points while Caoimhe Lennon had 6 and Hanna Roche and Mia Boyle 4 each for the Bobcats.

Tralee Imperials and St Mary's u12 Boys were involved in another cracker between these two sides. The last time they met St Mary's won by 1 point and this time the Tralee boys took the win by the same margin 34-33 in overtime. The sides were tied on 12 after the first quarter with the Tralee side leading by two at the break 16-14. They were three ahead going into the final quarter but St Mary's finished stronger and tied the game at 25 all at the final buzzer. Tom Dawson had a big night for the Imperials hitting the winning basket as part of his 20 point haul.

In the u14 Boys Division 2 the Cougars just got the better of St Brendan's by one basket 37-35 after a cracking game in the Sem Gym in Killarney. The visitors made the better start and with Daniel Spring hitting 5 points they led 11-7.

The Cougars fought back in the second quarter and with Jack Hallissey hitting 8 points the sides were tied at 21 points each at the break. It was basket for basket in the final two quarters with the Cougars edging ahead 29-27 going into the final quarter. The Killarney side led by 4

as the buzzer approached but Rory Bowler hit a basket to narrow the gap to two. However the Cougars held on to win by just one basket.

In another game in the same Division Glenbeigh Falcons defeated KCYMS 47-29. This mid Kerry derby saw a very tight first quarter with the Falcons leading by 1 point. KCYMS had a strong second quarter and led by 5 at the half. But the Falcons had a strong final two quarters to take the win with Tadgh O'Sullivan and Darragh Duffy leading their scoring on 20 points.

For the Cougars Jack Hallissey hit 12 followed by Dylan Bowler on 10 and Fionn Doyle and Jack Spillane with 4 each. Danny Kingston and Rohan Kirby both hit 8 for St Brendan's with Daniel Spring ending on 5 points.

Finally in the Senior Men's Division 2 Glenbeigh Falcons just got the better of St Annes 53-47 after a tight encounter. The Falcons were playing their first game of the season and were four down at the half 22-26. However they came good in the final two quarters and went three up going into the final period and opened the gap to 6 at the buzzer.

For the Falcons Daniel Griffin hit 18, Cian Knight 10 with Calvin Teahan and Dara Casey both ending on 6 while for St Annes Eoin Talbot hit 22, Diarmuid Donovan 6 with Fintan Coffey and Dionn Fitzgerald both hitting 5 points each.

TEAM GARVEYS NEWS

Team Garvey's St. Mary's took a hit in their game against Liffey Celtics at the weekend. Celtics got off to a good start in what was a fast and physical game. The St. Mary's girls, despite several attempts, found it almost impossible to hit the target and the visitors took the first quarter by 12 points.

Team Garvey's had a brilliant second quarter, they held Liffey Celtics to two points in the first four minutes while closing the gap. Rheanne O'Shea opened with a three for the home-side and added a basket almost immediately. Meabh Barry, Paris McCarthy and Emma Sherwood all contributed and just seven points separated the side's mid-way through. A three from Liffey Celtics Ciara Bracken widened the gap again but McCarthy, Lorraine Scanlon and Denise Dunlea all hit the target to leave just seven points between the sides with 2.5 seconds on the clock when Paris McCarthy went to the line sinking two from two to leave the half time score at 25 points to 30 in favour of Liffey Celtics, Team Garvey's having outscored the visitors by seven. However, St. Mary's Deirdre Geaney sustained an injury in this second quarter and was out for the rest of the game. Geaney has been having a brilliant season and this was a huge blow to the Castleisland side. The third quarter was low scoring on both sides; Team Garvey's registering eight points

The third quarter was low scoring on both sides; Team Garvey's registering eight points through Meabh Barry and Lorraine Scanlon while Liffey Celtics hit nine. Adrianna Jackson was superb for the visitors.

Six points separated the sides going in to the final quarter, Team Garvey's, who were down to seven players, were visibly tiring and mid way through Emma Sherwood was lost to foul trouble. Adrianna Jackson continued to sink baskets both from play and the line. Emi

Guimond, Ciara Bracken and Sorcha Tiernan all contributed to a score of 21 points for the quarter for the visitors while holding St. Mary's to six.

Final Score: Team Garvey's St. Mary's 39 Leixlip Amenities Liffey Celtics 60

Team Garvey's: Lorraine Scanlon 9, Rheanne O'Shea 8, Meabh Barry 7, Paris McCarthy and Denise Dunlea 6 each, Emma Sherwood 3.

Leixlip Amenities Liffey Celtics: Adrianna Jackson 21, Ciara Bracken 18, Emi Guimond 7, Sorcha Tiernan 7, Kate O'Flaherty, Ailbhe O'Connor, Aine O'Connor 2 each, Meghan Howe 1.

The proceeds from the game will go to the Ukraine Crisis Appeal and the total is in the region of €1,100

Team Garvey' St. Mary's will play their last home game of the season this Thursday night. They tip off against Waterford Wildcats in Castleisland at 8.45 pm.

LAKERS ON TOP IN LOCAL DERBY

SCOTTS LAKERS ST PAULS 66 KILLARNEY COUGARS 59

National Basketball League Division 1 clash was wedged into a dramatic final quarter when the home side, Scotts Lakers St Pauls had to weather a tsunami of a Cougars comeback to grab a win that looked so likely for three quarters of this hard fought local derby. When the teams came out for the start of the fourth quarter the Lakers were full value for the 52-37 lead and only a Devon Loch moment could deny them another crucial win in their chase for a coveted top four playoff spot.

But the next four minutes of action would leave Lakers supporters in the massive attendance searching for the defibrillators as a Rich Dunham inspired Cougars charge was mounted and incredibly the scores were level at 53-53 each. Dunham would account for ten of the thirteen points Cougars scored as opposed to the Lakers solitary one in that frenzied spell and even a Godwin Boahen three pointer only served to temporarily arrest the slide. Up stepped Dunham and the Cougars version of Mark O Shea to nudge the Cougars ahead by the minimum but again Boahen slipped in for a nice basket to leave the Lakers ahead by the minimum.

But it was to be a tale of two Mark O Sheas in what was a game changing moment as the Lakers version forced a massive turnover from the Cougars one which led to a technical foul being called. While Boahen missed from the charity stripe the ensuing possession saw Rui Saravia hit a big three to give the Lakers a four point lead, 61-57. And in an almost carbon copy finish of last weekend's Lakers-Eagles finale Saravia struck again ,this time for a deuce, and a six point cushion saw the Lakers support breath an audible and collective sigh of relief. An Andrew Fitzgerald Cougars basket was raised by accurate free throws by Emilian Grudov and Jamie O Sullivan as the Lakers eventually ran out 66-57 winners.

It was all going to script for the Lakers from the start as although not at their fluid best

OUTLOOK BASKETBALL

they led 19-11 at the end of the first quarter. Godwin Boahen was quickly into his stride and baskets from Saravia, Grudov, O Shea, Clarke and O Sullivan were matched only by Tommy Bowler who put in a great shift for the Cougars. A feature of the second quarter was the spread of scoring from the Lakers as David Gleeson hit from downtown and Jamie O Sullivan and Senan O Leary hit some nice shots. For the Cougars Mark O'Shea was plugging away while Andrew Fitzgerald got some joy as well. Emilian Grudov had run into early foul trouble and this may have unsettled the Lakers game plan as his cameos had to be measured. But still the Lakers held sway in the contest at half time, 35-27.

Grudov ,starting the third quarter on three fouls, struck early and hard , hitting six points while Rich Dunham was starting to heat up for the Cougars. Boahen though was an ever present influence and Marco Bencic hit a three from the corner as the Lakers looked to be in cruise control, leading at one stage by as much as seventeen, 50-33. It must be said though that they never looked at their comfortable best and at times looked like they left their "shooting boots" in the locker room.

All the smart money would have on the Lakers heading into that final quarter but as mentioned earlier they had to withstand that strong Cougars rally. But credit where it's due they did respond when the need was greatest and they would be thankful for the interventions of O Shea and Saravia in a hectic finale. Credit as well to the Cougars who played their part in unsettling the normally fast moving Lakers offence and what looked an unlikely win all night was nearly pulled off but the Lakers saw it out to win. The Lakers now look forward to the visit of IT Carlow to Killarney this Friday night. The visitors are assured of their place in the playoffs as are leaders UCC Blue Demons but any one of four, Lakers, Limerick Celtics and Eagles and Fr Matthews could clinch the final two spots. Intriguingly the Celtics and Fr Matthews face each other so a Lakers win against Carlow is imperative.

Top scorers on the night for the Lakers were Godwin Boahen(24), Emilian Grudov(14), Rui Saravia(9), Jamie O Sullivan(7), David Gleeson(3), Marco Bencic(3), Senan O Leary(2), Paul Clarke(2), Mark O Shea(2), Mark Sheehan, Lorcan Keane, Daniel Carroll, Eoin Carroll.

For the Cougars Rich Dunham had 27, Mark O Shea (10) and Tommy Bowler(9).

Coach Jarlath Lee was both relieved and happy at the final buzzer. He observed "that we were happy with our defence, 59 points shows that we were tight". However it was in offence that he would like to see an improvement ahead of that big Carlow clash. "We couldn't get our shooting going, nothing seemed to drop. Ideally you would want to be getting an extra twenty points but it didn't happen tonight. But a win is everything and we look forward to fighting for our playoff place on Friday night against Carlow. The crowd was fantastic and we want them all back here again Friday".

This will be their second meeting with IT Carlow in under a month. Last time out it was part of a doubleheader weekend for the Lakers, having

beaten Portlaoise Panthers on the Saturday night. They travelled to Carlow the following morning but found the test a bridge too far against a fresher side. So the Lakers will be looking to give a better account of themselves this time. Carlow are having a fine season and in Nate Shafer, Kevin Donohue and Jordan Fallon they have a strong spine to their line up. Interestingly they are spending the weekend in Killarney as they face the Cougars on Saturday evening. So they will be looking to juggle their resources to keep themselves primed for the end of season playoffs. That playoff spot is what the Lakers crave but with so many teams still in the mix the only thing they can control is their own game. So it's the last game of the season for the Lakers as they look to finish on a winning note and see where that takes them. Tip off in the Killarney Sports and Leisure Centre is 7.45pm.

WARRIORS EDGE LOCAL DERBY TO STAY IN POLE POSITION FOR HOME QUARTER FINAL

InsureMyVan.ie Men's Super League 2021/2022 – Round 15

TEAM 360 FINANCIAL KILLORGLIN 65 GARVEY'S TRALEE WARRIORS 74

Garvey's Tralee Warriors took another step towards securing a home League quarter final playoff with a 74-65 win over Team 360 Financial Killorglin at the Killorglin Sports Complex on Saturday night. Allied to C&S Neptune's defeat to Tradehouse Central Ballincollig in Cork, it leaves the Warriors in prime position to host a quarter final playoff on the weekend of the 19th/20th of March

The Warriors stormed into the contest to immediately seize the initiative and build a sizable 15-2 lead by the midway point in the quarter. Scores from Eoin Quigley, Nikola Roso, Daniel Jokubaitis and stunning three from Aaron Calixte powered the Warriors ahead with Killorglin's token resistance a single score from point guard Allan Thomas. The home side did struggle to get shots to land but managed to eat into the Warriors lead when Simon Francis, Xabier Arriaga and Isa Brandon combined to cut the gap back to single figures but back-to-back baskets from Ron Elksnis saw the Warriors lead 19-13 at the end of the first quarter.

The Warriors offensive effort stepped up a notch in the second and scores from Roso and Calixte edged the visitors further ahead. Killorglin's defensive indiscipline was also punished with 6 from 8 from free throws and the Warriors advantage was out to 29-13. The game quickly turned into a shootout with both sides firing in threes that had the sizable crowd in full voice. Roso and Calixte both fired in from outside the arc before Arriaga replied by launching two identical quality efforts from either side of the court. Darragh O'Hanlon had the final say in the quarter as he knocked down a buzzer beating three from well beyond the line to give Warriors a 40-25 lead at the long break.

The Warriors continued to hold their loca

rivals at arm's length when they increased their lead early in the third after Roso dropped in an effort from close range. Two in a row from Arriaga who was busy throughout and a three from Liam Croke kept Killorglin in the game but O'Hanlon's second three before a double from distance from Jokubaitis put 21 points between the sides at the midway point. Warriors foul trouble allowed Killorglin to chip away at the lead with Eoghan O'Sullivan and Simon Francis in particular profiting, but a quick double from Quigley and a basket each from Roso and Brandon Cotton saw the visitors bring a 61-45 lead down the stretch.

The vocal home crowd called for a final push early in the fourth quarter and their team duly obliged with Shane O'Connell and Francis cutting the gap to 12. A pull up two from Calixte and another arced effort from Jokubaitis looked to have restored order but Killorglin took off on a run that saw them shoot their way right back into the contest. Arriaga and player coach Declan Wall lifted the home crowd with two big threes and when Allan Thomas returned three from three from the free throw line and followed that up with another fast break score after Francis had batted in a rebound, the hosts had cut the Warriors lead to 66-62 with two minutes on the clock. However, just when a shock result looked likely, former Killorglin star Daniel Jokubaitis delivered two killer scores with identical threes to seal the win and bring the Warriors fans to their feet. Aaron Calixte's two from two from the line late on added a little shine to the final scoreline of 74-65.

Next up for the Garvey's Tralee Warriors is the final game of the regulation League season when they face a trip to Neptune Stadium to face C&S Neptune, the side they defeated to claim the Pat Duffy National Cup in Dublin in January on Saturday evening with tip off at 6.30pm.

Last game of the home and away rounds next week - Warriors away to Neptune. With final standings from the Northern and Southern conferences, the top 4 teams in each qualify for the playoffs. The top 2 teams in each conference have home advantage and the quarter finals line up as follows:

QUARTER FINALS 19th/20th March

GAME 1: North Conference 1st v South Conference 4th
GAME 2: South Conference 2nd v North Conference 3rd
GAME 3: South Conference 1st v North Conference 4th
GAME 4: North Conference 2nd v South

SEMI FINALS 26th/27th March

Conference 3rd

GAME 5: Winner GAME 1 v Winner GAME 2 GAME 6: Winner GAME 3 v Winner GAME 4 NB Higher seeded teams from conference placings gets home venue in semi finals

FINAL 1st-3rd April - National Basketball Arena Tallaght GAME 7: Winner GAME 5 v Winner GAME 6

KERRY LADIES

U14 NON COUNTY PLAYER LEAGUE

Sunday 13th March – Throw in time: 4pm

Division 1

Scartaglin -v- Austin Stacks Abbeydorney -v- Cromane Southern Gaels -v- Fossa

MKL Gaels -v- Bye

Division 2

Corca Dhuibhne -v- ISG Beaufort -v- Listowel Emmets Kerins O'Rahillys -v- Rathmore

Division 3

Duagh -v- Firies

Churchill -v- Laune Rangers

Glenflesk -v- Moyvane

Legion -v- Dingle / Annascual / Castlegregory

Division 4

Currow -v- Dr Crokes

Ballymac -v- MKL Gaels B

Killcummin -v- Southern Gaels B

Rathmore B -v- Beale

Division 5

Group A

John Mitchels -v- Laune Rangers

Spa -v- ISG B

Legion B -v- Bye

Group B

Brosna/Knocknagashel -v- Finuge St Senans St Pats -v- Ballyduff Listowel Emmets B -v- Bye

KILLARNEY LEGION GAA CLUB

CLUB AWARDS NIGHT

Our Club Awards Night is pencilled in for Friday March 25th in the Killarney Avenue Hotel. With Covid 19 this will be our first official Club gathering since 2019 and excitement is sure to be at a fever pitch. In the weeks ahead we will be unveiling the different Award winners. First up is our Senior and Junior Ladies Players of the Year and Senior B Men's Player of the Year.

This year's Senior Player of the Year is Tara Murphy. Tara, like all Legionnaires, started off in the Saturday Morning Academy and it wasn't long till she stood out as a player of some talent. This was recognised by call ups to the Kerry panels at various age levels. Not your typical midfielder, what she lacks in stature she more than makes up for in skill and she has an uncanny knack of doing the right thing at the right times. Given her unique fielding ability there has been calls for the "Catch of the Day" to be renamed Tara in Dads Sean Murphy's Bar.Now studying in University in Galway her commitment to the team is unwavering and she is a well deserving choice as Player of the Year.

Aisling Stack has been a mainstay of both the Minor and Senior Ladies teams in the Club, never refusing an opportunity to wear the Green and White. Again she has represented the Club at Inter County level in 2017 and 2019 where her adaptability has seen her slot into any position on the field. Although predominantly a defender she has been known to ramble up the field to kick the odd score. The most famous

example being her late intervention in the Donal Curtin Cup Final when she kicked the all important winning goal against the highly fancied Cromane. Aisling is a fitting recipient of the Junior Ladies Player of the Year.

The 2021 Senior B Player of the Year is Noel Moynihan. Affectionately known as Mini, has been playing with the club at every grade since 1995 and lists Johnny Culloty as his biggest influence. He cites David Murphy, Gaelan Carroll and Adam Moynihan as the players he remembers most and describes Michael Bernard O Donoghue as a legend. Always a very dedicated player he keeps himself fit and gives everything to his game. Playing with a smile on his face his approach makes him very popular in the dressing room. His commitment to the club can never be questioned, once even togging out with a hamstring injury to ensure the Club could fulfil a fixture. On another note we would all like to congratulate Noel and Mary Ellen on their recent marriage and wish them the very best for the future

SENIOR B TEAM MANAGEMENT

Our Senior B team are competing in Division 6 of the County League. The management team consists of Donal O Donoghue, Mike Piggott, Michael Bernard O Donoghue, Conor McNiece and Mark O Leary. We wish the lads the best of luck in the year ahead. Their fixtures are as follows...

Desmonds B (H) March 20th, St Michaels Foilmore (A) April 3rd, Kerins O Rahillys B (H) April 10th, Kenmare Shamrocks B (A) April 24th, Milltown Castlemaine B (H) May 1st, Tuosist(A) May 15th, Fossa B (A) May 22nd.

This is an initial phase and further games will follow in June and July.

CLUB COACHING OFFICER

The Club is delighted to announce the appointment of Karl Dillon as our new Coaching Officer. Karls brief will be to bring Coach education to all our Juvenile teams mentors as well as coordinating the coaching between all the age groups. We wish Karl well in his new role and trust that all volunteers will assist Karl in every way possible.

LADIES UPDATE

Our Ladies teams will soon be back in action and in the coming weeks we will be looking at the various teams fixtures. This week it's the U14s and we have two teams competing at this level. Legion A starts with a Non County Player League which is a league where all teams play without their Kerry players who are preparing for their intercounty campaign. These games are on Sundays, commencing March 13th, and they have home games against Dingle/Annascaul/ Castlegregory, Churchill, Duagh and Glenflesk with away games in Moyvane, Firies and Laune Rangers. Legion B play Inbhear Sceine Gaels, John Mitchels and are away to Laune Rangers and Spa. Later on in the year a County League competition with intercounty players available will be played. All these fixture details are available at www.legiongaa.com.

Our Senior Ladies who are now competing in Division 2 of the Donal Curtin Cup following last year's victorious progress have a game initially every two weeks with Round 1 commencing on Sunday March 20th. Their fixtures are as follows...

Listowel Emmets (A) Sun Mar20th, Austin Stacks (H) Sunday April 10th, Dr Crokes (A) Sunday April 24th, Finuge St Senans (H) Sunday May 8th, ISG (H) Sunday May 15th, MKL Gaels (A) Sunday May 22nd, Spa (H) June 26th.

SAFEGUARDING COURSE

We will be holding 2 safeguarding courses in the Legion Clubhouse on Tuesday 22nd and Wednesday 23rd March from 7 -10pm for coaches and volunteers working with juveniles (boys and girls up to 18 years). This course is very important to undertake and all those working at underage level in the club are expected to attend. Contact Club Children's officer Linda O'Donoghue at Childrensofficer.legion.kerry@gaa.ie with your name and email address to register for a course.

DEEPEST SYMPATHIES

The Club extends its sympathies to Paul and the Corridan family on the recent passing of Ella, the Square Listowel.

LOTTO

Numbers were 7,20,23,34, Bonus 21. No Jackpot winner, 5 Lucky Dips/ Match 3s 1. Kay Murphy, Muckross. 2. Ciara Hegarty. 3. Diana Grimes, Bruach na hAbhann. 4. James Walsh, Loreto Road. 5. Rory and Sarah O Donoghue, Old Weir Lodge

KEEL GAA CLUB

CLUB LOTTO

Keel GAA Lotto Draw Tuesday 28th of February. Numbers drawn: 1, 9, 14, 17. No winner of the jackpot of €5,000. Lucky dip: €50 Noreen C Ashe Aughills and €50 Francis Ahern, Farnes. The jackpot will be €5,050 for the draw on Monday the 7th of March. Many thanks for all your support this week and thank you to this week's lotto team for facilitating the draw. You can purchase your tickets online now by logging onto the Clubforce app or via the following link on our social media. Hard copy tickets are available in usual outlets. All hard copy lotto tickets must be returned to Bensons by Sunday night. All online tickets must be purchased by 6pm every Monday.

SENIORS

Keel welcomed Beaufort to Keel on Sunday for Round 4 of Mid Kerry League. An excellent display of football from the home side saw them trail by 1 point at half. The half time score was Keel 0-08, Beaufort 1-06. A young Keel team battled throughout the second half and showed some fantastic skill to try catch Beaufort's lead but a goal in the opening 5 minutes of the second half made this challenging. The final score was Keel 1-11, Beaufort 2-12. Keel travel to Killorglin next Sunday for round 5 versus Laune Rangers A. Kick off at 2pm. Keel team: Cian Flynn, Sean Cremins, Darragh O Dowd, Seán Corcoran, Aaron Cahillane, Luke Flynn, Daniel Ashe, Tommy Buckley, Lachlan Griffin, Liam Corcoran, Tadhg Evans, Dylan Prendergast, Eden Murphy, Aaron Murphy, Aodhán Murphy.

U17

Keel/Listry will host Kenmare in Division 1 of the County League on Saturday the 19th of



Back row left to right Ronán Collins, Connie O Connor, Cathal Collins, Shane Crowley, Mike Murphy, Sean O Keeffe, Jamie Brosnan, Mike Fleming, Pa Brosnan, JJ Herlihy, Conor Herlihy, Con Buckley, Eoin O Rahilly, DJ Murphy, Philip Cremin, Conlan O Leary, Jack Cremin, Tadgh O Connor, John O Leary, David Glesson.

Front Row left to right Mike Brosnan, Paul O Leary, Jamie O Sullivan, Evan Cronin, Shane O Sullivan, Darren Brosnan, Patrick O Riordan, Owen Fitzgerald,
Damien Cronin, Padraig O Connor, Padraig Doyle, Damien O Sullivan, Kevin Coughlin, Mark Cronin, Pa Warren, Paraic Finnegan, Paudie O Leary

On our recent footballing journey which took us to Croke Park we would like to take this opportunity to thank all who helped us to make this journey possible. First of all we would like to acknowledge all the good wishes and support we received from other clubs and people from every corner of the world. To make our journey possible we set up a gofundme page and to each and everyone and other clubs who contributed to this we thank you without your support and support of local businesses our journey would not have been possible.

To the following businesses we thank for your supporting our club and we ask people to please support their local businesses

Frank O Leary Groundworks and Landscaping Horgan McGillicuddy Plastering GBL Bridge Bar Rathmore O Keeffes Garage POD Ventilation Don Murphy heating and Plumbing Rathmore Credit Union Dan O Sullivan Physio Paddy O Keeffes Gattabawn Knocknagree GAA Aine Murphy Dance Academy Sliabh Luachra Vets Munster Joinery Tesco Ireland **Gneeveguilla Tidy Towns** Classic Windows Reboot Recovery Tommie Finnegan **Dillanes Garage** Mary Frances & Karen O Mahoney Petros bar Donal Cronin Engineering Cllr Jackie Healy-Rae Cllr Charlie Farrelly Cllr Fionnán Fitzgerald Danny Healy-Rae TD Kearneys Centra Ballydesmond DOC Power Clothing J Hickey Design & Associates Carmody Mouldings Sean Hickey Scaffolding Kates Kitchen Gneeveguilla Ladies Committee Galvin Murphy Insurance Brokers **Ballydesmond GAA** Failte Bar Killarney Denis Moynihan Tyres Cost.ie Energy Rathmore GAA **Kelly Bros** Supreme Insulation Gneeveguilla/Kilorglin Poker Club Glenflesk GAA MPG MotorsEricare UK Ltd Reens Car Sales **McCarthys Londis Rathmore** Reens CVRT centre Rathmore Reens Pharmacy Rathmore Kilcummin GAA Kerry Agribusiness Rathmore Tex's Taxi's William Sheahan Accountants Maldron Hotel Portlaoise Mike O Mahony Garage Ltd Ballydonoghue GAA The Corner House John Murphy Auctioneers East Kerry Board Donal O Sullivan Physiotherapy John Brosnan Construction Dermot Cronin Financial Fossa GAA Frank Coffey Engineer Dr Crokes GAA O Connors Brosnan Builders Sheehans Chemist Cumann Luachra Aenas O Leary Architecture

Thank you for supporting our club

March in Listry. Time to be confirmed.

Under 11 Football Training continues Monday evening at Milltown Primary School astro turf at 7.15pm - 8.30pm. Bring gum shields water and football boots/Runners. U11 movement and mobility continues Friday evening at 6pm - 6.45pm at Keel GAA track. Please ensure you have your own water and runners/trainers.

UNDER 9
U9 football training continues Monday evening at Milltown Primary School astro turf from 6:15 – 7:30. All children should have their gum

shield and a bottle of water.

UNDER 5 & UNDER 7 SKILLS ACADEMY

Over 40 Girls & Boys began their season on a gloriously sunny Sunday morning in Keel. Well done to all, it was great to see everyone active & enjoying themselves. Training continues next Sunday morning from 10:15- 11:15. Please

ensure membership is paid online & that children have gumshields & water.

Keel GAA were delighted to welcome Drom-Inch and Tipperary man, Paudie Butler to Keel on Friday last. Paudie has a wealth of knowledge and experience in GAA coaching and we were delighted to have share his expertise with our coaches.

SCÓR NA NÓG

COACHING

Well done to our Instrumental Group of Roisin Evans, Daire McCarthy, Roisin McCarthy and Abbey Hilliard who competed in Scór na nÓg in Killorglin on Friday evening. Thank you for representing Keel GAA so well in the competition. A big thank you to Heather Grey for giving her time and expertise to mentor the group.

VOLUNTEERS

Happy International Women's Day (Tuesday 8th) to all our female volunteers. So many women and girls give their time to Keel GAA each week. We would love for more female volunteers to come on board and help with various activities and events. Could you give 1 hour to Keel GAA a month? If so, please contact lan Foley, Mary T Murphy or you can send a message to our Facebook/Instagram pages.

MEMBERSHIP
It is extremely important that all remaining

membership is paid. You can purchase your club membership for this year via foireann.ie NOW! You can see all our membership options available there as well as across our social media.

KERRY LGFA

Well done to Caoimhe Evans, Ciara Murphy, Niamh Broderick and the Kerry ladies team and management on their win over Laois on Sunday. The final score was Kerry 4-17, Laois 1-09. This secures them a division 2 semi-final place. They will play Monaghan in the semi-final on Sunday March 20th.

MKL GAELS

WELL DONE to Ciara Murphy, Caoimhe Evans, Niamh Broderick and the Kerry Team who beat Laois in Round 2 of the Lidl Ladies National Football League Division 2A clash in Fitzgerald Stadium on Sunday. They now play Monaghan in the semi final on March 20th

2022 MEMBERSHIP REGISTRATIONS are now open and can be done online via the GAA/LGFA portal https://returntoplay.gaa.ie/. There are five options available:

Adult Player (players born before 2004): €70 Youth Player (players born 2004 to 2012): €55

Family - 2 Youth Players: €100 Family - 3 Youth Players: €140 Non Player / Coach: €27

FOSSA GAA CLUB NEWS

SENIOR MEN:

EAST KERRY SUPER LEAGUE

Fossa: 0-09 Currow: 0-07.

The club wish a Speedy recovery to our senior player Brian Myers who recently suffered an unfortunate injury.

FIXTURE: Fossa V Firies Sunday at 12 In Fossa. **ACADEMY**

FOSSA Underage Academy returns next Sunday 13th Match at 11.

KERRY LADIES

Congratulations to the Kerry ladies on a great win over Laois ladies especially Erica Mcglynn and Anna Clifford.

SEM

From all in Fossa GAA we would like to wish the best of luck to St. Brendans college on St. Patrick's Day in The hogan cup final especially the Fossa players Rian Colleran, Cian Doyle and Darren Cronin.

MEMBERSHIP UPDATE

Most of our playing members should have now registered and a big thank you to all for doing so. General membership for non players should be paid by March 31st. Gene Moriarty Registrar. **LOTTO**

3,18,23,28. €40 WINNERS: PATRICK FOLEY, TULLIG BEAUFORT; DEBBIE DOOLAN, KAYNE'S BAR; CLAUDIA & SOPHIE BUCKLEY, BARLEYMOUNT; ORLA & CLIONA KELLY, COOLICK KILCUMMIN; MARGARET CRONIN, 35 ARDSHANAVOOLEY. Next weeks lotto jackpot is €4,500. Tickets on sale from Foleys Spar Fossa,the Golden Nugget and usual sellers thanks for playing.

CONDOLENCES

Fossa GAA would like to extend sympathy to John O'Leary and family of Cahir Aghadoe on the death of his brother Charlie in Brisbane Australia.May Charlie Rest In Peace.

MILLTOWN/CASTLEMAINE GAA

LOTTO

Our next club lotto draw will take place tonight, Monday March 7th at The Paddy Burke Memorial Park where the jackpot will be €12,600. Get your draw tickets or renew your yearly tickets online on Clubforce or get your tickets for the next draw from all the usual local outlets. Mile búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly Fundraiser, the money raised is vital to the day to day running of our club and your support is sincerely appreciated.

CLUB VISIT

Milltown/Castlemaine GAA were delighted to welcome Government Chief Whip and Minister of State with Responsibility for Sport, The Gaeltacht and Defence Jack Chambers T.D and Minister for Education Norma Foley T.D to our club grounds on Sunday, March 6th following on from the recent €150,000 announcement under the Sports Capital Programme. Our club committee and representatives of GAA4All met both Ministers and were happy to show them of the improvements made to the facility in recent years whilst also discussing future plans to cater for our growing community. It was also an opportunity to express our gratitude for the recent Government grant award which will enable us to carry out further works in the time

MID KERRY SENIOR FOOTBALL LEAGUE: RESULT

Our Milltown/Castlemaine Senior 'A' side who are kindly sponsored by Almas Takeaway and Bathrooms4U travelled to Cromane on Saturday last, March 5th for Round 5 of the Mid Kerry Senior Football League and came away victorious on a scoreline of 1-17 to 0-07. There was just one score between the side at the half time interval at 1-5 to 0-5 but Milltown/ Castlemaine produced a very commanding second half performance, outscoring the hosts 0-12 to 0-2 in the process to run out thirteen point winners. They now have two wins from their opening three competitive fixtures in the 2022 season.

MID KERRY SENIOR FOOTBALL LEAGUE

Milltown/Castlemaine will host Laune Rangers 'B' in Round 6 of the Mid Kerry Senior Football League on Sunday next, March 13th at 11:45am at The Paddy Burke Memorial Park, Milltown.

KEANE'S SUPERVALU COUNTY MINOR FOOTBALL LEAGUE DIVISION 4A: RESULT

In a rescheduled Round 1 fixture of the Keane's Supervalu County Minor Football League Division 4A on Sunday, March 6th, Milltown/ Castlemaine had a good victory at home to Kerins O'Rahillys, winning on a scoreline of 5-10 to 0-06.

KEANE'S SUPERVALU COUNTY MINOR FOOTBALL LEAGUE DIVISION 4A: FIXTUREIn Round 2 of the Keane's Supervalu County
Minor Football League next weekend,
Milltown/Castlemaine will take on Northern
Gaels at 4:00pm on Saturday, March 12th.

DR. CROKES GAA CLUB NEWS

ON THE FIELD

Dr Crokes 0 16 Gneevegulia 1- 10 in a highly entertaining East Kerry Senior League game played on Sunday last we overcame the strong challenge from Gneevegulia. Strong defending by Brian Fitzgerald John Payne David Naughton and Mark Cooper kept a tight rein on an busy forward line, Mark O'Shea and Harry Potts dominated proceedings while in the forward line Mickie Casey, Chris Doncel and the evergreen Brian Looney were to the forefront.. Kayleigh Cronin & Kate Stack were on Kerry Ladies squad that defeated Laois whilst Marc

Heffernan was on on Hurling panel that defeated Meath.

Co. Senior Hurling League Div. 1 Dr. Crokes 0 08 Tralee Parnells 1-14. we failed on to win our opening game in this years co. league

ACADEMY

We are delighted to announce that the Dr Crokes Academy returns to Lewis Road on Saturday March 12th. We welcome boys and girls aged from 4 to 11 from the Killarney parish. Hurling is from 10 until 11 and football is from 11 until 12. We welcome new members an returning members. The emphasis as always is for all members to have fun make friends and enjoy sport in a safe environment. We encourage all parents and guardians to attend and enjoy the weekly sessions. Its always a great sign that spring has arrived when the Crokes Academy returns. We look forward to seeing everyone there!!

LGFA Our girls teams are back on the training grounds in recent weeks with our U14 girls the first team to begin their season, with an away game v Currow on Sunday next, 13 March in a non-county players competition. We wish Manager Eoin and his girls the best of luck. The following are the coaches appointed to our ladies teams for 2022. We are looking forward to a great season ahead for all.

Senior Ladies: Colm Horgan, Seánie O'Shea, Justin Bennett, Catherine Keogh

Minor Ladies: Brendan Connors, Alan McGorrian, Áine McMahon, Siobhán Burns

U16 Ladies: Teresa Cahillane, Danny Cooper, Leo Randles, Rheanne O'Shea

U14 Ladies: Eoin Brosnan, Allan O'Connor, Liz Moloney, Pia Hickey

U12 Ladies: Keith McMahon, Diarmuid Kelleher, Seodhna O'Donoghue, Leah O'Shea

U10, U8 & our Saturday Academy young ladies will be looked after by Ciarán O'Sulleabháin, Padraig O'Shea & team.

MEMBERSHIP is now due and maybe paid online at following link https://member. clubforce.com/memberships_cart_m.asp?LL_ ID=734

LGFA THE LIDL PLUS LGFA STAMP CARD **REWARDS SCHEME IS BACK!**

Please help support Dr Crokes ladies footballers. By submitting completed stamp cards, the club can earn some fantastic rewards, including a set of team jerseys & cash awards! Simple steps below to start collecting & contributing!!

- 1. Download the Lidl Plus App and opt-in to the scheme
- 2. Select DR CROKES LGFA as YOUR CLUB
- 3. For every €30 spend in store, a stamp is
- 4. Achieve 6 stamps and submit your completed stamp card by SUNDAY 27th MARCH
- **There is no limit on the completed cards by a customer**

WE APPRECIATE EVERY STAMP EARNED FOR **OUR GIRLS!**

SCOR

East Kerry Scor is taken place shortly. Dates to be confirmed. Anybody in the Dr Crokes Club who would like to take part get in contact with **Cultural Office Rachel Foley**

There are eight events/disciplines in Scór that cover all aspects of Irish culture: Figure/



Presentation of Co senior Championship Medals of 2020.on Saturday Night last at the killarney Heights Hotel medals presented by Patrick O'Sullivan chairman of Kerry GAA, county Committee & johnny Brosnan chairman of East Kerry Board East Kerry also presented Capt Dan O'Donocghue East kerry Manager Jerry O'Sullivan and his management team and the Officers of East Kerry Board . Photo: Seamus Healy

FIXTURES

Céilí Dancing, Solo Singing, Ballad Group, Recitation/Scéalaíocht, Nuachleas/Novelty Act, Instrumental Music, Set Dancing and Table Quiz https://www.gaa.ie/news/datai-bhabhtaiceannais-scor-2022-deimhnithe-2022-scorfinals-dates-confirmed/

LOTTO draw for €5,300 took place on Monday March 7th Numbers drawn 1 21 24 28 5 patron matched 3 numbers receive €80. Jackpot for draw on March 14th will be €5,600.

We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached

https://play.clubforce.com/play_newa. asp#Anchor

CHELTENHAM BUSTER 15TH -18TH MARCH €1,500 entry fee €20. Pick a horse in each race on 4 days of Cheltenham Festival. If your horse wins you get 10 points plus the number of points for SP of your horse. 6 points for second 3 points for 3rd. enter online by text, whatsapp or by returning your card to Vince Caseys office before 11.30pm on each day of racing. Further info Vince 0872461599 Conor 0874075766. Daily updates onhttps://member.clubforce. com/tickets_m.asp?LL_ID=734

DR. CROKES GOLF SOCIETY Dates for this years outings 26/3 Mahonys t/t 9.10am -11.30am 7/5 Dooks t/t 11.10 - 1.00pm 1/7 Killeen t/t 12.30 - 3.00pm

13/8 Kenmare t/t 9.30am - 11.30am 10/9 Dingle t/t 10.00am - 12.00pm 19/11 Mahonys t/t shotgun.

EAST KERRY NEWS

By Michael O'Mahony

RESULTS

The sponsored Frank Doran Safeguard Security **EAST KERRY SENIOR LEAGUE RD 5**

Division 1A: Kilcummin 14pt Listry 1,13 (16)Dr Crokes 16pt Gneevguilla 1-10 (13) Division 2. Cordal 0-10 Firies 0-10 A draw Fossa 9 Currow 7

The sponsored Frank Doran Safeguard Security East Kerry senior League RD3. Back games First team will be home all games at 12noon on Sunday 13th March

Division 1 A: Listry vs Gneeveguilla

Division 2: Fossa vs Firies, Currow vs Scsrtaglin EAST KERRY ALL- STARS Gala Night held every year SPONSORED BY The Kerryman, The Aquila Club & East Kerry GAA PRESEENTATIONS TO THE All Star players, 2020 senior, Young & players (U21) Hall of Fame Presentation 2020 & Person of the years Award 2020On Friday 25th March 2022 at Gleneagle Hotel. Tickets €30. Available form board officers & clubs Officers

EAST KERRY SCOR NA NOG final 6pm in Fossa Hall this saturday evening March 12th. **SYMPATHIES**

We extend our sympathies to families of Flor O'Sullivan RIP kenmare is the husband of Joanne O' Sullivan who was a member of our CCC of East kerry Board until this year Ar dheis Dé go raibh a anam dílis

BALLYHAR-FIRIES GAA

2022 MEMBERSHIP

Membership fees for 2022 are now due and everyone is advised to register as soon as possible as training and games are returning.

The same as last year, 2022 membership registration will be online via www.foreann.ie . All players must be registered before playing or training.

Firies GAA Membership Rates 2022 Family (2 Parents/Guardians and 2 Juveniles*)

Family additional Juvenile U18 €15/child Juvenile U18 Single * €30 Student Player (O18, in college) €60 ADULT NON-PLAYER €55 SENIOR LADIES PLAYER €80 SENIOR MEN'S PLAYER €120

*JUVENILES ARE BOYS OR GIRLS U18 ANNUAL CLUB LOTTO TICKET (2 FREE WEEKS) €100

LOTTO:

Numbers drawn were: 1, 6, 26, 27. No jackpot winner. 5x€30: Mike Daly, 1 Aston Meadows, Ballyhar. Shannen Daly, Rusheen Firies. Richard Sherwood. Marie O SHea, c/o Centre. Bridie, John & Luke. Next weeks jackpot €8700. Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thank you all FOR YOUR CONTINUED SUPPORT.

FIXTURES

Minor Football League Rd 2 Home Vs Churchill at 4pm

RESULTS

EK Super League Rd 5 Firies 0-10 Cordal 0-10 **HURLING TRAINING**

Hurling training continues at Firies National Schools' All-Weather pitch on Sunday evenings. U11 & U13 5.30pm to 6.30pm, U15 & U17 6.30pm to 7.30pm

CLUB REFEREES

Firies GAA are seeking new referees for juvenile Go Games U11, as well as U13 and U15 games across the county. Full training will be provided. If you are interested contact Brendan our club secretary by email secretary.firies.kerry@gaa.ie. **FRIENDS OF FIRIES 2022**

If anyone is interested in becoming a Friends of Firies Member please make contact with the

WIN A HOUSE IN KILLARNEY WITH KERRY **GAA**

For €100 you could win a stunning new build A-rated 3 bedroom house superbly located just off the Park Road in Killarney, Co Kerry. Follow the link on social media and on the Kerry GAA Website. Don't forget to mention Firies GAA when you enter the draw to help the club.

FOCUS ON GOLF

KILLARNEY GOLF & FISHING CLUB

LADIES **MAHONYS POINT STABLEFORD SAT/SUN**

Competition played on Saturday 5 March 2022 at Killarney (Killarney-Mahony's Point). **Full Net Result**

- 1: Sinead Lynch, 36 pts (20) Back Nine
- 2: Nicola O'Mahony, 36 pts (29) Back Six
- 3: Amy Arthur + BG, 36 pts (04) ack Nine
- 4: Maureen Creedon, 36 pts (15)

ROSS GC - GENTS CLUB

On Feb 27th we held a Club sponsored 18 hole non qualifying Single Stableford competition on the Winter Course.

The winners were:-

- 1: John Prendergast (25) 41
- 2: Shane Dennehy (13) 38
- 3: Ger Flynn(17) 37
- 4: Peter Wickham (12) 36

On Sat March 12th and Sunday March 13th we will hold the first round of the M D O'Shea Spring League with an 18 hole qualifying single stableford competition kindly sponsored by John Cushkelly Painting & Decorating. The online entry will be available from 7pm on Thursday.

Please note that preferred lies are still in play until March 31st. **SYMPATHY**

We offer our sympathy to John Moynihan and his Family on the recent death of his mother, Fileen RIP

CASTLEROSSE LADIES **GOLF CLUB**

The Sun shone to bring the new Captains in on Saturday. Congratulations to Erina MacSweeney, Derek Meikle, Una Moloney and Roger O'Sullivan Scoring 24 Points in the 8 Hole Scramble.

CLUB SPONSORED

COMPETITON

WEATHER PERMITTED: Friday/ Saturday Stapleford 14 Hole Competition, enter on BRS.

MEET AND GREET

meet friends and get back to the game.



It's a hole in one.....

Local Man Jimmie "Jazz " Smith ..hole in one on Mahony's 4th hole. Every Monday - Great way to Right to Left: Eugene Higgins Pro shop Manager & Jimmie Jazz Smith.!!





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- RATHMORE
- KILCUMMIN
- CASTLEISLAND
- FARRANFORE
- CURROW

- FIRIES
- MILLTOWN
- CASTLEMAINE
- BEAUFORT
- FOSSA

KILLARNEY ATHLETIC

U15'S NATIONAL CUP RESULT

Knocknacarra FC 2-1 Killarney Athletic A.F.C (aet) Luke Doolan ...

In a cracking game of football our young Blues bowed out of the National cup today away to Galway's Knocknacarra FC in the round last 16 after extra time.

In a high quality and very tight game our boys took their time to get a foothold into the game. Conceding a goal midway through the first half, this seemed to spur our boys into action and we startied to cause the Knocknacarra defence some problems before the break.

Second half our boys really took the game to Knocknacarra and with large spells of possession we started to create some really good opportunities to score. We equalised when Fionn Daly delivered a dangerous free kick into the penalty area, luke Doolan found space and finished from close range to get a deserved equaliser.

We really put the pressure on now with wave after wave of attack but the Knocknacarra defence held firm and looked dangerous on the counter attack but the game ended 1-1 in normal time. it would take extra time to separate the sides.

Into extra time and the physical nature of the game took its toll on the players with Knocknacarra losing a player and four of boys not been able to continue. We conceided what turned out to be the winner from a corner when the ball dropped perfectly for the Knocknacarra player who finished from close range to go 2-1 up. As much as our boys tried and tried they couldn not breach the Knocknacarra defence with their goalkeeper making two very good saves to deny us.

We go out with our heads held high and every player left everything out on that pitch today. It was just not our day but what a great experience for these young Blues and a great achievement to get to this stage of the competition.

Killarney athletic under 12

(T2) 1 Killarney Celtic (0)

U14 Girls Division 1

Killarney Athletic 1 Castleisland 4

Avene Vaughan 1

U14 Premier Division result

Tralee Dynamos v Killarney Athletic 3 - 4 (3 - 3 HT). Goals for Athletic: 1st half - Szymon Jasiński, JJ O'Donoghue Evan Doona. 2nd half: Jake

Nash

U12 Premier

Athletic 1 Mastergeha 1

Athletic were back in 12 s action Saturday morning Vs a strong local rival. Geha pushed our lads back for opening exchanges but our lads found a way into the game eventually. The only goal of the game came mid way through the first half, Enna Hennigan forcing a corner with some strong running and Conor Moynihan put in a lovely ball for the on rushing Jayden Hurley to volley home..Geha pushed hard in second half but Eoin Bennett, Sean Lyne and Micheal o Sullivan held firm in the backs and Ethan Clarke made some fantastic saves.. good 3 pts and we move on.

KERRY SCHOOLBOY/GIRL SOCCER

OPENING WEEKEND OF SFAI GIRLS INTER LEAGUES PLUS NAT CUP AND LEAGUE ACTION:

SFAI Girls Inter Leagues

12's Kerry 3-0 West Cork

13's Kerry 0-6 Limerick Desmond

SFAI National Cup Boys

15's Knocknacarra 2–1 Killarney Athletic AET 1-1 at the end of normal time 16's Mullingar 3–5 St Brendan's Park AET 3-3 at the end of normal time

John Joe Naughton 13's Cup

St Brendan's Park B 0-1Killarney Athletic A

Tom Hayes 14's Cup

Listowel Celtic 5–1 Castleisland B St Brendan's Park C 2–6 LB Rovers

GIRLS LEAGUES

12's Premier

Inter Kenmare 0-0 Camp Juniors Listowel Celtic 6-0 MEK Galaxy

12's Division 1

Mastergeeha 0–1 MEK Galaxy B Iveragh United 6–1 Fenit Samphires

Muckross Park Hotel 14's Premier

Inter Kenmare 2–2CampJuniors Muckross Park Hotel 14's Division 1 Killarney Athletic 1–4 Castleisland LB Rovers 2–3 Killarney Celtic

Fenit Samphires 1–3 Iveragh United

Boys League

Slattery's Carpet and Blinds 12's Premier

Inter Kenmare 2–3 Castleisland Killorglin 2–0 Tralee Dynamos Killarney Athletic 1–0 Mastergeeha St Brendan's Park 7–1 LB Rovers 12's Division 1 South Killarney Athletic B 1–0Killarney Celtic B MEK Galaxy 6–3 Mastergeeha B

12's Division 1 North

Dingle Bay Rovers 4–3 Ballyheigue Fenit Samphires 1–1 St Brendan's Park B LB Rovers 4–2 Camp Juniors

12's Division 2

Mastergeeha C 1–3MEK Galaxy B 13's Division 1

Castleisland 0-1 Iveragh United

World of Tiles 14's Premier

Tralee Dynamos 3-4 Killarney Athletic Killorglin 2–1 MEK Galaxy

St Brendan's Park 3–2 Inter Kenmare

14's Division 1

St Brendan's Park 4–6 Camp Juniors 14's Division 2

Tralee Dynamos B 7–0 Ballyheigue

15's Division 1 Fenit Samphires 0-1 Inter Kenmare

15's Division 2

Listowel Celtic B 1–1 Mastergeeha B 16's Premier

Mastergeeha 4–1 Dingle Bay Rovers Tralee Dynamos 1–3 Listowel Celtic

16's Division 1

Killorglin C 0–5 Killorglin B

MATCH REPORTS

Park 16's into SFAI National Cup Last 8

Following a cracking game in Mullingar St Brendan's Park have reached the Last 8 of the SFAI 16's National Cup. They went 1-0 up early on when a Jack Slattery corner was finished to the net by Justin O'Sullivan. However the home side hit back and went ahead before Sean Corkery equalised for the Tralee side.

Mullingar again took the lead before halftime but in the second half Jack Slattery got the only goal to tie the game at 3-3 and send it to extra time. And from here St Brendan's Park took over and goals from Bruno Borowy and Mo Abdalla sees them as the last Kerry side standing in the boys side of the National Cup.

Killarney Athletics great run in the SFAI 15's National Cup has come to an end in the Last 16 where they went down 2-1 away to Knocknacarra after extra time. Luke Doolan got the goal for Athletic as the sides finished 1-1 after normal time. Athletic are still in the Regional competition where they have a quarter final at home to Regional United.

Girls Games Next Weekend: The two girls sides left in the SFAI National Cup are in action this weekend with Killarney Celtic 16's at home to Killivilla on Saturday and Listowel Celtic





SOCCER FOCUS

welcoming Shelbourne from Dublin on Sunday. SFAI Inter Leagues

The SFAI Inter Leagues for the girls got underway at the weekend with the Kerry 12's enjoying a good win over West Cork at Kilbrean Park. Isabelle Lyons scored twice and Maja Wolska the other goal in an impressive opening day win.

The Leagues u12's Development squads also played against each other with Kerry taking the win. Adele O'Sullivan Nash, Amy Rose Shanahan, Kaitlin O'Riordan and Caoimhe Ni Lionaird were amongst the home League scorers.

Boys Opener's Next Weekend: It's a very busy weekend for the boys teams in the SFAI Inter Leagues. In the 12's The Kerry A side are at home to Clare A while the B side travels to West Cork. In the 13's the two Kerry teams are away to Limerick County and West Cork. In the 15's Kerry A take on Cork A while in the 16's its Clare versus Kerry.

BOYS CUP GAMES

St Brendan's Park B are into the next round of the John Joe Naughton 13's Cup after a 1-0 home win over Killarney Athletic in Tralee. The goal came in the second half from Rhys O'Connor. In the Tom Hayes 14's Cup Listowel Celtic and LB

Rovers progress in the Cup while the defeated sides will play in the Shield.
Goals from Jakob Dunworth, Liam Lynch, Brody

Mulvihill, Sean Ross O'Sullivan and Alex O'Carroll saw LB win away at Park C whose goals came from Mateusz Placyla and Xavier Wensierki.

Listowel Celtic were 5-1 winners at home to Castleisland B who goal came from Cody McMahon. The Listowel Celtic goals came from Dylan Costello and David Lawlor who got two each and one from Daniel Shine.

Girl's League Reports

Home win and draw in 12's Premier:

Listowel Celtic had goals from Maja Wolska, Edel Costello, Holly Costello and Shona Griffin gave Listowel Celtic the win at home to MEK Galaxy. In the other game Inter Kenmare and Camp Juniors drew 0-0.

HOME AND AWAY WINNERS IN 12'S DIVISION 1

Iveragh United were 6-1 winners at home to Fenit who had Abi Kearney on the scoresheet while MEK Galaxy scored with the last kick of the game to take the points away at Mastergeeha. Points shared in 14's Premier:

In the 14's Premier Inter Kenmare and Camp Juniors shared the points after a 2-2 draw. Grace O'Shea and Thien Doran scored for Inter Kenmare with Ciara Casey and Miriam Sheehan replying for Camp Juniors.

THREE GAMES DECIDED IN 14'S DIVISION 1

Castleisland were 4-1 winners away at Killarney Athletic thanks to an Edel O'Donoghue hat trick and a Caoimhe Mahony goal. Avene Vaughan replied for the Woodlawn side.

LB Rovers went down by the odd goal in five at home to Killarney Celtic. Sadie Ryan and Erica McSherry scored for the home side with Ali Bowler, Ella O'Connor and Lily O'Shaughnessy on the mark for Celtic giving them the three points.

Sarah O'Sullivan scored for Fenit Samphires but they went down 3-1 to Iveragh United.

BOYS LEAGUES

BUSY DAY IN THE 12'S PREMIER

Two goals from Ronan O'Connor and one from Daniel Collins saw Castleisland win 3-2 at Inter

Kenmare.

Tommy Foley scored in each half to see Killorglin win 2-1 at home to Tralee Dynamos while in Woodlawn Killarney Athletic defeated Mastergeeha 1-0.

Shane Griffin scored 3, Daithi Nolan 2 and Brooklyn Conway and Fionn Clancy one each as St Brendan's Park were too strong for LB Rovers whose reply came from Fionan Mason.

HOME WINS IN 12'S DIVISION 1 SOUTH

A Shane Tomlinson goal was enough to give Killarney Athletic B a 1-0 win in Woodlawn over Killarney Celtic B in the Slattery's Carpets and Blinds 12's Division 1. In the same Division goals from Harry O'Mahony 2, Cade Jameson, Jamie Murphy, Dara Tagney and Eoin Casey gave MEK Galaxy the win at home to Mastergeeha B whose had two goals from Patrick O'Donoghue in the second half adding to Eamon O'Donoghues first half goal.

ONE GOAL IN 13'S DIVISION 1

There was only one goal in the 13's Division 1 and one goal won it. It went to Iveragh United's Kieran Dwyer in their game at Georgie O'Callaghan Park. Iveragh United also needed a big performance from their keeper Shay Fitzgerald to keep Castleisland at bay.

Home wins at the weekend in 14's Premier

In the World of Tiles 14's Premier goals from Bryan McKenna and Gio McCarthy saw Killorglin win 2-1 at home to MEK Galaxy.

Edison Jahiri, Brian Heaphy and Ethan Ballard were on the mark for St Brendan's Park as they won 3-2 at home to Inter Kenmare with Caoilainn Desmond getting both their goals.

In mid-week it was the away side that too the three points when Killarney Athletic won away at Tralee Dynamos. Their goals came from Szymon Jasinski, JT O'Donoghue, Evan Doona and Jack Nash. Nick Lacey will be disappointed his hat trick didn't earn his side anything.

Away win in the only 14's Division 1 game:

A Daniel Farmer hat trick and a Tuoyo King goal for St Brendan's Park B was not enough for them to get anything from their home game against Camp Juniors at Christy Leahy Park. The visitors won thanks to goals from Robert Keane 3, Allyn O'Shea, Killian Crean and Mikey O'Leary.

7 up in 14's Division 2:

Tralee Dynamos B were 7-0 winners at home to Ballyheigue in the 14's Division 2.

AWAY WIN IN ONLY 15 DIVISION 1 GAME

A goal from Inter Kenmare's Neil Shea was enough to give them all three points in their 15's Division 1 win over Fenit Samphires.

Points shared in 15's Division 2

Listowel Celtic B and Mastergeeha B shared the points following a 1-1 draw in Listowel. Sean Cox was on the mark for the away side.

Home and away winners in 16 Premier:

Emmett Spillane hit 2 and both Darragh Murphy and Adam Whitty got one each as Mastergeeha were 4-1 winners at home to Dingle Bay Rovers who reply came from Sean Roche.

Oisin Cronin scored for Tralee Dynamos but they went down 3-1 at home to Listowel Celtic.

Killorglin take on Killorglin in 16's Division 1 In the all Killorglin clash in the 16's Division 1 Killorglin B defeated Killorglin C 5-0 thanks to goals from Darragh Clifford 2, Darragh Lynch, Cian O'Brien and Aaron McCarthy.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 4,6,23,28. No jackpot winner. Match 3 received €40. Next jackpot on Monday March 14th is €2,800. Tickets can be purchased at the stand in Hegarty's Park Rd, The Dungeon, online through Clubforce.com and from club members.

PREMIER A

Classic FC 0, Killarney Celtic 8

Stephen McCarthy 3, Wayne Sparling 3, Matej Vrljicak 2.

Celtic A maintained their unbeaten record in Premier A with this emphatic win in Tralee last weekend to close in on another league final appearance.

PREMIER B

Asdee Rovers 1, Killarney Celtic B 2

Adam McMahon, Max.

The B team picked up another win as they continue to move up the league table.

FAI CENTENARY U17 NATIONAL CUP

Killarney Celtic 0, Mervue United 2

The scoreline does not reflect the effort of our u17 team in this quarter final played last Saturday. Celtic hit everything but the back of the net as they tried valiantly to peg back Mervue but on the day the goals failed to come and Mervue went through to the semi finals.

U17 LEAGUE

Killarney Celtic 7, MEK Galaxy 0

Eoghan Crowley 2, Jason O Sullivan 2, Luke O Neill, Timmy Moynihan, Callum Cronin.

The u17 squad warmed up for their National Cup quarter final with a clearcut win over MEK played early last week.

U12 DIV 1

Killarney Athletic 1, Killarney Celtic 0

WELL DONE TO OUR U10 BOYS Green and White teams who played St Brendan's Park last weekend and to our U11 Boys Green team who played away to Camp.

GIRLS

U14 DIV 1

LB Rovers 2, Killarney Celtic White 3

Ali Bowler, Ella O Connor, Lily O Shaughnessy The White squad kept tabs on the leaders with a great win away to a gallant LB Rovers.

CONGRATS to Conor McElligott U12 who made the KSGL Team of the Week and to Tara Cronin and Kate Healy who made the Girls Roll of Honour.

ST PATRICK'S DAY PARADE

Killarney Celtic will be taking part in the Killarney St Patrick's Day Parade. We would ask those who wish to march with the club to wear the club colours. More details will be available on our Facebook page.

THANKS

Killarney Celtic would like to thank everyone who donated items to the Ukraine collection.

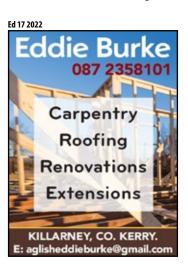
KILLARNEY CELTIC WERE DELIGHTED TO WELCOME Jack Chambers, Government Chief Whip and Minister of State for Sport and the Gaeltacht, Norma Foley the Minister for Education and Niall Kelleher Local Councillor to Celtic Park last weekend.

Ed 47 2022





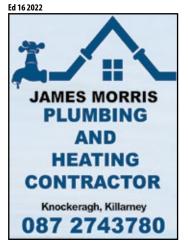










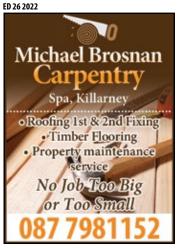














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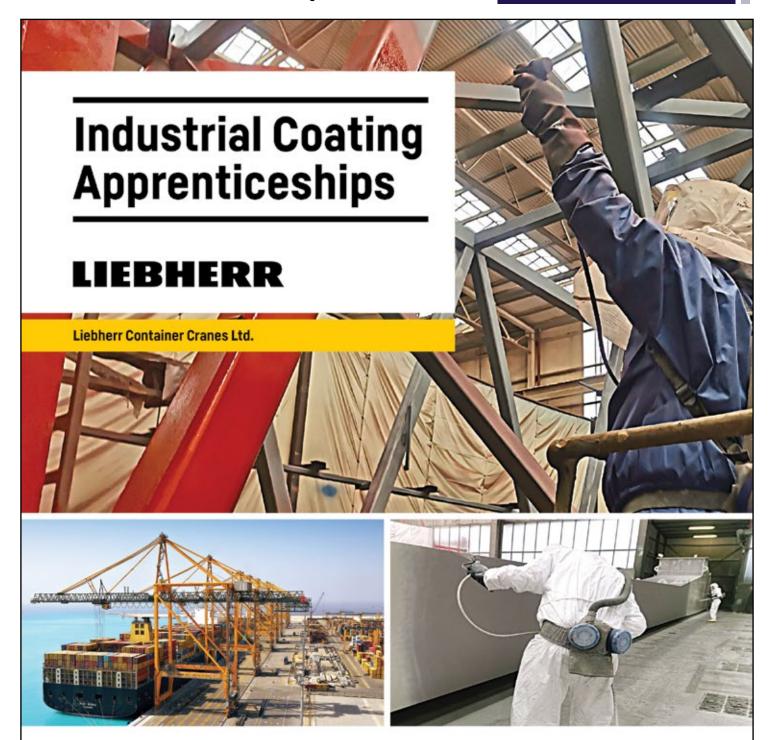
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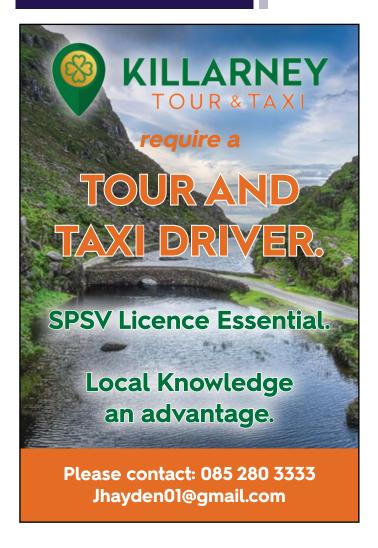


The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish
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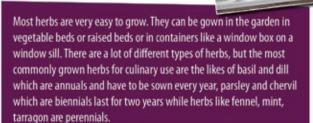
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by John O'Sullivan

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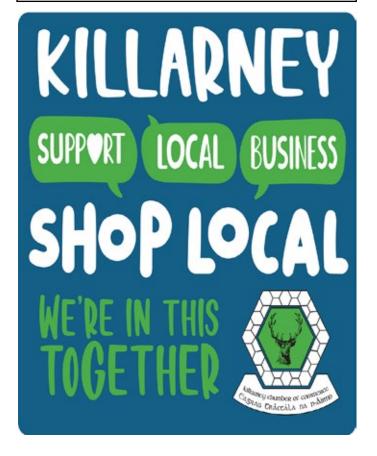
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NOVENA TO ST ANTHONY

O wonderful St. Anthony, glorious on account of the fame of your miracles, and through the condescension of Jesus in coming in the form of a little child to rest in your arms, obtain for me of His bounty the grace which I ardently desire from the depths of my heart. (State your intention) You who were so compassionate toward miserable sinners, regard not the unworthiness of those who pray to you, but the glory of God that it may once again be magnified by the granting of the particular request (State your intention) which I now ask for with persevering earnestness. Amen Pray one Our Father,

one Hail Mary, and Glory Be to the Father, in honor of Saint Anthony. Saint Anthony, pray for us!

NOVENA TO ST MARTIN

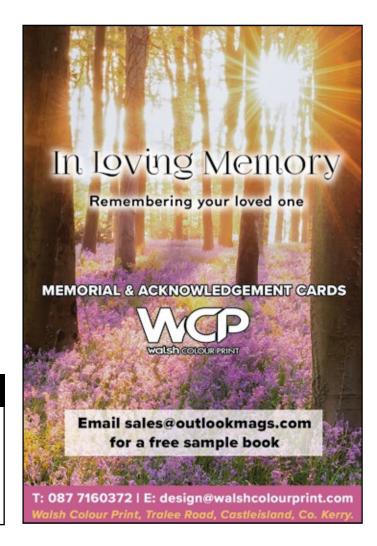
Dear Lord, we thank You for giving us St. Martin de Porres as an example of holiness. Help us to imitate the devotion to You he showed beginning from his childhood and adolescence in poverty.

St. Martin de Porres, you and your family were very poor during your childhood and adolescence. Though you and your family suffered from poverty, you were eager to grow in love for God.

Please bring my petitions before God Whom you loved! Your mother was barely able to support you and your sister. You had to begin work as a barber and surgeon from a young age, but you persevered in seeking God's will for your life.

Pray for me, that I may never allow sufferings to deter me from serving God. Pray that I may eagerly seek His will for my life, as you did.

Please also pray for (mention your intentions here). St. Martin de Porres, pray for us! In the name of the Father, and of the Son, and of the Holy Spirit.



PRAYER TO MOUNT CARMEL

O most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity. There are none that can withstand your power.
O show me herein you are my mother. O Mary, conceived without sin, pray for us who have recourse to thee (three times). Sweet Mother, I place this cause in your hands (three times).

Say this prayer for 3 consecutive days and then you must publish it and it will be granted to you.



EUCHARISTIC ADORATION takes place Wednesday from 11am to 5.45pm in St. Mary's Cathedral on **Tuesday from 5pm—9pm** in the Church of the Resurrection. MOTHERS PRAYERS ANNUAL WEEKEND at Knock 25-27th March. Ring Knock House Hotel 094 9388088 saying you are part of the group. Mothers Prayers meeting in St Brigid's Chapel, Church of Resurrection, Park Road every Wednesday at 10am. Mothers and any ladies with an interest in praying for children and grandchildren are most welcome. Enquiries Mary 0879230160. PASSION PLAY 2022; PILGRIMAGE TO VENICE, PADUA, VERONA & OBERAMMERGAU from the 18th-23rd of May 2022 depart from Dublin. Accompanied by Spiritual Director, For Enquiries contact 01 8788159 of www.marian.ie CHILDREN'S LITURGY GROUP; will recommence next Sun 13th of March at the 11.00am Mass at the Church of the Resurrection, Park Rd. KILLARNEY LEGION OF MARY, ROSARY will be recited at the green area at St. Brendan's Place at 3pm this Sunday 6th of March for all surrounding estates. There will also be a general blessing of homes in the areas. All Welcome. BINGO: at St. Mary's Parish Hall every Thursday @ 8.30pm. All are welcome!

IN MEMORIAM

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THE MIRACLE PRAYER

Dear Sacred Heart of Jesus, in the past, I have asked for many favors.

This time I ask for a very special one.
(Here mention your request.)

Take it, dear Jesus, and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favor and not mine. Amen.

Say for three days and promise to publish.

ML

A PRAYER TO OUR LADY OF LA SALETTE

Remember, dear Lady of La Salette, true Mother of Sorrows, the tears which thou didst shed for me on Calvary; be mindful also of the unceasing care which thou dost exercise to shield me from the justice of God; and consider whether thou canst now abandon thy child, for whom thou hast done so much. Inspired by this consoling thought, I come to cast myself at thy feet, in spite of my infidelity and ingratitude. Reject not my prayer, O Virgin of reconciliation, convert me, obtain for me the grace to love Jesus Christ above all things and to console thee too by living a holy life, in order that one day I may be able to see thee in Heaven. Amen.

POS

THE MIRACLE PRAYER

Dear Sacred Heart of Jesus, in the past, I
have asked for many favors.
This time I ask for a very special one.
(Here mention your request.)
Take it, dear Jesus, and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favor and not mine. Amen.
Say for three days and promise to publish.

NO



Welcome back dear student, I pray that you are growing with us as we study God's Word together. There are so many things competing for our attention at present. Some of the issues merit attention: for instance, the attack against Ukraine and her people - for whom we are praying God's hand of deliverance and protection upon every day. Other things are not worthy of attention, tactics spun by the devil to distract, bringing clutter and confusion into our overfilled minds. It seems like many people are suffering with A.D.D. type symptoms as a result of being constantly bombarded by negative news reports, widespread fear, and never-ending pages of social media posts. Never have adults and children had to deal with such information overload. A.D.D. stands for Attention Deficit Disorder. It affects physical learning hindering the ability to organise, prioritise and focus, but many also battle something similar even spiritually and emotionally, and find life exhausting and difficult as a result. Concentration is so essential to our learning, and planning, and completing tasks. Our lives revolve around a series of daily tasks that require our attention in order to be successfully completed. If we find it hard to focus, plan and prioritise then every part of life is adversely affected.

So, how do we untangle ourselves from unnecessary clutter, filtering out the garbage, yet retaining the important stuff in order to be able to move forward? By speaking out and meditating upon God's Word (Joshua 1:5-9; John 15:4-7). God wants you to overcome the problems that are blocking you from reaching goals by receiving and understanding His immense love. God is for you! He is not against you (Romans 8:37-39). Fear will rob you from entering into the destiny and plans that God has for you (Jeremiah 29:11). Fear is the primary weapon that Satan uses, and he is the one behind all confusion and chaos (John 10:10). "For the one who fears has not been made perfect in love" (1 John 4:18). Make a decision to get rid of fear - repent for allowing fear to influence and control you, and ask Jesus to come into your life as Lord and fill you with His Peace, because He is the Prince of Peace - the only One Who can still the storms and restore calm (Isaiah 9:6; Psalms 107:29; 1 Timothy 2:5).

To counteract the lies of the devil, let's study this further using these letters 'A.D.D.', beginning with the letter 'A' - for Attention. "My child, pay attention to what I say. Listen carefully to My Words. Don't lose sight of them. Let them penetrate deep into your heart, for they bring life to those who find them, and healing to their whole body" (Proverbs 4:20-22 NLT). Next, the letter 'D' - for Deficit, meaning loss or shortfall, "...when your faith is tested your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete – lacking nothing" (James 1:4). Finally the last letter 'D' for Disorder – "for God is not a God of confusion and disorder, but of peace" (1Corinthians 14:33). "You will keep in perfect peace all whose minds are stayed upon You" (Isaiah 26:3-4; Psalm 23). Write out these Scriptures and pray them aloud over your mind, and allow the Lord to restore your peace.

You can listen to our podcasts on Spotify. Find the links on our Facebook page
- Word of Victory Christian Fellowship Killarney, or on Twitter @WOVKillarney.



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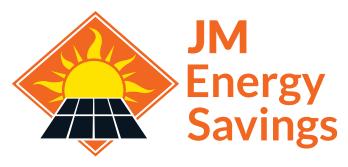
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The All - New BMW i4with up to 580kms range. Launching at Aherns this Saturday 12th March. 10am - 5pm.

Aherns BMW | Tralee Road | Castleisland | 066 7143000 | www.ahernsbmw.ie

Mpg (V100km): Not applicable. CO2 emissions: 0 g/km. Electric energy consumption (combined): 18.4 to 16.1 kWh/100Km. The BMW i4 electric range 416-589 Kilometres. These figures were obtained after the battery had been fully charged. The 14 is a battery electric vehicle requiring mains electricity for charging. Figures shown are for comparability purposes. Orly compare electric range figures with other cars tested to the same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including the starting charge of the battery, accessories fitted (post-registration), variations in weather, driving styles and vehicle load. The BMW i4 is launching in March 2022.



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