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# KILLARNEY Outlook

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Pictured at the International Hotel for the cheque presentation of €82,581.87 to the Irish Cancer Society following fundraising events throughout 2018 were committee members L-R Timmy Moriarty, Eugene O'Sullivan, Eleanor O'Doherty, Kathleen Cronin, Kathleen O'Shea & Kathrina Breen. Picture Marie Carroll-O'Sullivan SEE PAGE 6

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<b>WELCOME TO MARWEN</b>  12A 118 minutes 7 DAYS 6:30	<b>BUMBLEBEE</b>  12A 125 minutes 7 DAYS 6:30 9:00 SAT/SUN 2:00 4:15
<b>MARY POPPINS RETURNS</b>  U 127 minutes 7 DAYS 6:20 8:50 SAT/SUN 12:05 4:15	<b>SPIDER-MAN: INTO THE SPIDER-VERSE</b>  PG 120 minutes SAT/SUN 2:10 4:20
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# BAFTA

## Nominations for Jessie and Barry



**K**illarney's Jessie Buckley and Dubliner Barry Keoghan have been shortlisted for this year's BAFTA Rising Star Award in the UK. Jessie is the daughter of Marina Cassidy and Tim Buckley and grew up in Killarney whilst Barry spends a lot of time here as his girlfriend Shona Guerin is from Beaufort. The Minister for Culture, Heritage and the Gaeltacht, Josepha Madigan TD this week extended her congratulations to both actors on such a prestigious achievement. The BAFTAs are among the premier annual film industry awards and to be nominated, particularly in this category recognising emerging new talent, is an honour and a sign of great things to come for both. They are joined on the shortlist by Black Panther's Letitia Wright, Widows' Cynthia Erivo and Sorry to Bother You star Lakeith Stanfield.

Twenty-nine-year-old Buckley, who last year starred in the thriller *Beast*, said on hearing that she was nominated: "I would like to thank both BAFTA and the jury from the bottom of my heart for putting me forward for the 2019 EE Rising Star Award - it's a huge honour



## BAFTA

and a fantastic category to be nominated for, especially as the winner is decided by film fans at home." Buckley's upcoming films include the Judy Garland biopic *Judy*, in which she plays production assistant Rosalyn Wilder; the musical drama *Wild Rose* and the Benedict Cumberbatch espionage thriller *Ironbark*. American Animals star Barry, 26, has said "Over the years, I have watched so many actors and actresses that I admire be nominated in this category, so to think that I'm now on that list is an amazing feeling." The former *Love/Hate* star has received acclaim for his big screen performances in *The Killing of a Sacred Deer* and *Dunkirk* and his new film, the Irish crime-drama *Calm with Horses*, is currently in post-production.

The winner will be announced at the BAFTA Awards in London on February 10 and voting is open at [ee.co.uk/BAFTA](http://ee.co.uk/BAFTA). The winner is decided by public vote. Previous winners include Daniel Kaluuya, Tom Hardy, Kristen Stewart and Eva Green.

### EDITOR'S NOTE

**W**elcome to the first edition of the Killarney Outlook for 2019. We have a busy magazine for you this week with lots of local news stories, photographs and offers from our advertisers.

With the hope of starting 2019 on a positive note and with this in mind we have a feature starting this week concentrating on a holistic approach to lifestyle choices - this will run for the month of January. From BAFTA nominations to Women's Christmas and from world rankings to IBAL awards - we hope you enjoy this week's Killarney Outlook.

*Aisling Crosbie* | EDITOR

**IF YOU HAVE A STORY...**

Contact Aisling on: 086 0400 958



*Aisling Crosbie* | EDITOR

## No Show like a Joe Show...



Popular Killarney man Joe Gaffey will be celebrating his 70th Birthday this month but instead of accepting gifts he is asking his family & friends to help him raise funds for the Rockmount Centre in Kilgarvan. **PICTURE: MARIE CARROLL-O'SULLIVAN**

**W**ell known throughout the town of Killarney, popular Window Cleaner Joe Gaffey is set to celebrate his 70th Birthday in style. The Athlone native who is married to Julie and has two sons, Jonathon and Darren will be joined by a host of family, friends, his daughters in law and grandchildren at the Dromhall Hotel on Saturday 26th January to mark the milestone birthday. As he did on the occasion of his 60th Birthday, Joe has asked for no presents but instead is giving his guests the opportunity to donate to the Rockmount Day Care Centre in Kilgarvan which provides specialist care for people suffering from Alzheimer's and Dementia.

"It is a hugely important facility and as so many people from Killarney avail of the fantastic service, I decided to make this my Birthday charity, so instead of presents - I would just like the presence of my family and wide circle of friends" Joe told the Killarney Outlook.

All money donated on the night will be presented to the Rockmount Care Centre which is a community based facility that provides nursing care service to those living in the catchment area of Killarney, Kilgarvan and the greater Kenmare area. "I am inviting all my family and friends to the occasion along with the dancers and their partners from the first Strictly Come Dancing in 2015", Joe added. "You'd never know.... I might even take to the dancefloor again myself on the night", he added. Joe raised €700 at his 60th birthday and is hoping to top €1000 for his 70th.



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# TOP THREE RANKING FOR KILLARNEY IN IBAL AWARDS



IBAL Award for Killarney. Pictured on Main Street Killarney, following Monday's announcement of third place in the Irish Business Against Litter Survey were L-R Gerry McCarthy, John Ahern, Cllr Michael Gleeson, Eileen O'Donoghue, Killarney Municipal District, Darren O'Neill, An Cathaoirleach Cllr John Sheehan & Noel O'Leary. Picture Marie Carroll-O'Sullivan

**T**he Irish Business Against Litter (IBAL) awards were presented last week by Minister for Communications, Climate Action and Environment Richard Bruton, with Killarney coming third in the cleanest town category. The overall winner was Fermoy, Co Cork and second place went to Athlone, Co Westmeath. An Taisce surveyed 40 towns and city areas on behalf of IBAL, with 90% of towns surveyed deemed to be as clean as the European average. Cathaoirleach of Killarney Municipal District Cllr John Sheehan said "It's particularly pleasing given the visitor numbers we've seen this year in the town, that the town came out so high in the national standings. We cannot be complacent though litter and dumping is an ongoing battle that we have to keep

fighting" There is a great working relationship in Killarney between the Municipal District, Tidy Towns and the business community who all contribute to Killarney Looking Good. Eileen O'Donoghue, Killarney Municipal District Council Officer congratulated all those involved in achieving such high standards. She said 'there is a great sense of cooperation in Killarney and it is this working together that has resulted in the town achieving such a good result. I would like to acknowledge the dedication of the Tidy Towns volunteers for their ongoing commitment to the town. This active citizenship makes such a positive impact on the town. I would also like to recognise and acknowledge our own street cleaning staff in the Municipal District for their continued good work.

These efforts not only visually enhance the town, but they also provide us with the knowledge and experience of what can be achieved when people work together in partnership towards a shared goal. Ní heart go cur le chéile - we are stronger when we work together. Judges deemed Killarney cleaner than European norms and were very impressed overall by what they described as 'one of the country's busiest tourist attractions'. Special mention went to the recycle facility at New Street Carpark, they said the standard here was excellent which is rare for such facilities in general. Main Street was commended for overall presentation such as paving, seating, bollards, as well as lack of litter. The same applied to the jarvey park - which they said 'was a very attractively presented and maintained environment'. They also pointed out the fact that some of the bins in Killarney provide the opportunity for dry recycling and this is a very welcome feature. The approach Road from Cork achieved a Grade A for overall presentation with a virtual absence of litter throughout. The Park Road Commercial Park also achieved a Grade A. Beech Road also achieved a Grade A where judges stating that 'The overall presentation of Beech Road was very good with paving, bollards, trees, etc, all in very good condition. The litter bins provide the opportunity for dry recycling. It was excellent with regard to litter.' There were a number of areas that received fantastic marks however litter on the approach road from Killorglin to Killarney, the N22 Killarney-Tralee connecting road and New Road where the judges spotted a number of food-related items of litter which brought the grade down. Overall Killarney was said to be a very well managed and respected environment with adjudicators said it was an outstanding performance by one of the country's busiest tourist attractions As runners-up, Killarney will receive a number of Norway maple trees to enhance the local environment, courtesy of the Irish Tree Centre in Cork.

## Popular walks to benefit from funding

Cardiac Steps and the walk to Dinis are among some of the popular walks in Killarney to benefit from the Outdoor Recreation Infrastructure Scheme. Mayor of Killarney, Cllr John Sheehan was delighted to welcome the news this week following the announcement of a number of grants by the Department of Rural and Community Development under the Outdoor Recreation Infrastructure Scheme. €160,000 has been announced for improvements to parking access at a number of the trails

on the Kenmare road. These include some of the most popular walks in Killarney at Dinis and Cardiac steps. This application was submitted in association with the NPWS. This announcement is particularly welcome given the huge numbers we have seen out and active over the Christmas period. There is significantly more investment needed at these locations but this is a great start to the year.







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# €82,581.87 HANDED OVER AS 5TH STRICTLY GETS UNDERWAY



Announcing the dancers of Strictly Come Dancing 2019, the hugely successful annual fundraiser for the Irish Cancer Society. Front Row (seated) L-R Breda O'Connor, Mags Mahony, Edwina Duggan, Ciara O'Donoghue, Karen Greene, Lorraine Sheahan, Aine Carolann, Aoife O'Reilly, Eimear O'Mahoney, Joanne Curran, Patricia Quigley & Jana Lalikova. Back Row (standing) L-R Michael O'Sullivan, Mike Delaney, Jason Culloty, Emmet Flanagan, John Lyne, Pdraig Moynihan, Choreographer Cassie Leen, Stephen O'Donoghue, Mark Counihan, Pat Looney, Daire Sheehy & Lukas Hernas. Missing from photo Shane Hannon. PICTURE MARIE CARROLL-O'SULLIVAN



The organisers of the hugely successful Strictly Come Dancing which takes place annually at the INEC funding the Irish Cancer Society - Committee L-R Kathleen Cronin, Eleanor O'Doherty, Timmy Moriarty, Eugene O'Sullivan, Kathleen Cronin & Kathrina Breen. PICTURE MARIE CARROLL-O'SULLIVAN

In a week when the Killarney/South Kerry Branch of the Irish Cancer Society handed over an incredible €82,581.87 to the Irish Cancer Society, the wheels have been put in motion for the 5th Strictly Come Dancing event.

"We were delighted to hand over such a huge amount", Eugene O'Sullivan, Chairperson told the Killarney Outlook.

"The funds raised were a combination of events, including Strictly Come Dancing, Daffodil Day, Pink Ribbon, church gate collections and various coffee morning's in Killarney and Rathmore", he added.

The committee of ICS are currently off to a very busy start to 2019 organising the fifth Strictly Come Dancing.

"This has been a sell-out event for the past four years and we are looking forward to a fifth sell-out show again this year", ICS committee member Eleanor O'Doherty said

"Again we have recruited twenty four very eager and nervous volunteers to strut their dancing skills on stage at the INEC.

The dancers are made up of Hairdressers, Plant hire workers, Gardai, Garage Owners, Teachers, Civil servants and many more brave souls", she added.

This years dance teacher is Cassie Leen from Tralee who is no stranger to putting on Strictly come Dancing, Lip Sync amongst other shows throughout the years. The dancers met for the first time on Tuesday evening for the introduction but didn't get off lightly as Cassie had them on the dance floor straight away.

The show is on Friday 8th March at the INEC.

Tickets available from the INEC Box Office, Committee Members and from the Dancers. €20.00 per ticket, Children (U12) €10.00

Killarney Economic Conference Annual dialogue between economic, civic and political leaders from Britain and Ireland

## Former Taoiseach Bertie Ahern to share thoughts on Brexit

It is 12 months since DUP leader, Arlene Foster, made the symbolic and conciliatory gesture of addressing the inaugural Killarney Economic Conference but one year on, the Irish border backstop remains the key issue in the Brexit withdrawal process.

The second Killarney Economic Conference has been confirmed for The Brehon/INEC complex on January 17/18 next and, once again, it will concentrate on Brexit. This highly anticipated gathering of economic, civic and political leaders, from Britain and Ireland, is aptly timed with the UK parliament poised to vote on Theresa May's withdrawal deal that same week. The outcome, impact and implications of that vote will be discussed by the expert panel of speakers, drawn from business, academia and politics.

Specific topics for discussion include an exploration of the legal issues raised by Brexit, building a collaborative and open political future, the challenges posed to businesses and

how to respond and the regulatory fall-out in banking and finance.

"Our conference this year takes place in a critical and historic week and there is still so much uncertainty," said conference organiser and historian Dr William Sheehan.

"Our goal is to bring some light to the way ahead for businesses and organisations and, given the calibre of our speakers, I know we will do that."

The list of speakers for the Killarney Economic Conference 2019 includes Bertie Ahern, former Taoiseach; Mark Kennedy, Mazars; Ed Sibley, Central Bank; Mícheál Ó hÉanaigh, Údarás na Gaeltachta; Ruth McCarthy, Fexco Corporate Payments; Moira Murrell, Kerry County Council; Dr. Mary C. Murphy, University College Cork; Prof. Brigid Laffan, European University Institute; Henry Newman, Open Europe; Dr. Edward Burke, University of Nottingham; Mark Hennessy, The Irish Times; Doug Beattie, Ulster Unionist Party; Lucinda Creighton,

Vulcan Consulting; Dr. Simon Kingston, British Irish Association; Peter Bellew, COO, Ryanair; Dr. Orla Flynn, Cork Institute of Technology; Michael Russell MSP, Scottish Government and Mícheál Martin, Leader, Fianna Fáil.

The conference will begin at lunchtime on Thursday, January 17 with a half-day forum followed by dinner that evening. On Friday, January 18 the debates and discussions continue for a full day conference. All events take place in The Brehon/INEC complex in Killarney.

The Killarney Economic Conference is organised in partnership with the Killarney Convention Centre and The Brehon.

The combined gala dinner and full day conference tickets costs €295. The conference ticket costs €250 and the gala dinner costs €80. Discounts are available, on request, for students, NGOs and public sector employees. To book a ticket visit [www.killarneyeconomicconference.com](http://www.killarneyeconomicconference.com).



# Kerry Clubs Fair

Things you can do in your community



**SUNDAY JANUARY 20TH 2019**

**VENUE: KILLARNEY RACECOURSE**

**FREE EVENT: POP IN ANYTIME FROM 2PM TO 5PM**

**Thinking about a New Year's resolution? Or just want to try something different?**

A new awareness event the Kerry Clubs Fair, could be just what you're looking for.

Organised by Killarney Lions Club in association with Killarney Credit Union, the Kerry Clubs Fair, which is free and open to the public, will give adults in Kerry an easy way to find out about activities they can be part of in the county.

**The event takes place at Killarney Racecourse from 2pm – 5pm on January 20th** and will feature clubs and societies that you might like to participate in or volunteer with, be it for fun, recreation or just to be involved.

To date over 50 Clubs have signed up to be part of this community initiative:

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Killarney Camogie Club  
Workmans Rowing Club  
Macra Na Feirma  
Irish Countrywomen Association (ICA)  
Killarney Valley Classics and Vintage  
Killarney Musical Society

Killarney Badminton Club  
Killarney Golf and Fishing Club  
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Team Hope  
Kerry Canoe Club (Killorglin)  
Killarney Silverbacks (walking)  
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**This event is sponsored by Killarney Credit Union.**





# Dr Crokes' unveil the John F Moynihan Memorial Stand

By a Hurler on the Ditch



Members of Dr Crokes GAA Club gather to unveil the John F Moynihan Stand.

Secretary in the early 1940s.

Unlike today, Dr Crokes were not a force in the County or indeed East Kerry. In fact, a win of any kind was hard to come by. If it was not for John Moynihan and his dedication, persistence and leadership, many think that the Dr Crokes Club would have faded out of existence. Communications was a more laborious task in the 1940s and with no email or texts and few telephones, this meant letter-writing and personal calls to various addresses around Killarney, in order to get the weekend's team organised.

It was difficult enough to get 15 players together, but then many players did not possess football boots and John called on his contacts in St Brendan's Seminary to acquire appropriate footwear for those lacking same.

It appears that John was the "go to" man during these lean years. But his enthusiasm and optimism paid off with an East Kerry Junior Championship in 1944. John also served as Secretary to the Fitzgerald Stadium Committee during this period.

A career move to Tralee in 1949 did not dilute John's interest in Dr Crokes and he travelled back to Killarney on a weekly basis to keep abreast of affairs and to offer advice.

In more recent times, John was appointed Club President, a position he held until his passing on St. Stephens Day 2017.

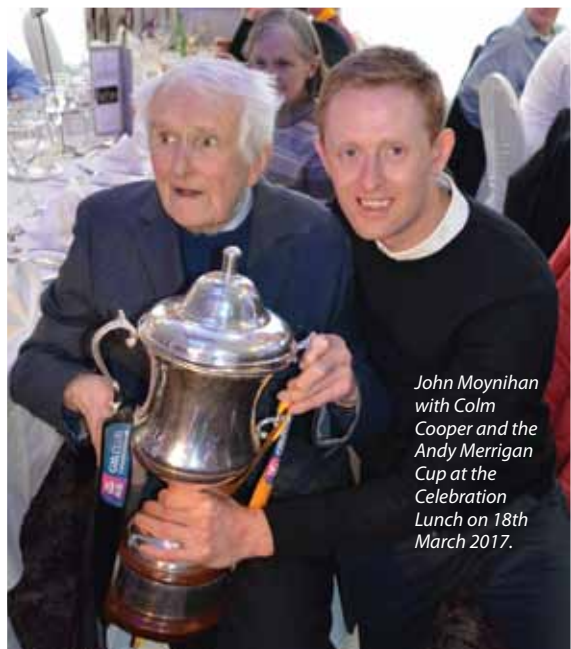
Two Club occasions that John relished above all were the two All-Ireland Club Championships in 1992 and 2017.

The naming of the John F Moynihan Memorial Stand is a small acknowledgement to a tremendous servant to Dr Crokes. Ní bheidh a leithéad ann arís.

**A** motion at last year's Dr. Crokes AGM to dedicate the stand in Lewis Road to the memory of John Moynihan RIP was passed unanimously and on Sunday 23 December, Dr Crokes did just that. Along with John's daughter, Geraldine, Club Chairman, Patrick O'Sullivan unveiled the naming of the John F Moynihan Memorial Stand.

It was preceded by a short ceremony, officiated by Canon Tom Looney and Fr. Paddy O'Donoghue, with a gathering of Club members also in attendance. It is a fitting tribute to a man, whose dedication, hard work and love of Dr Crokes ensured the Club's survival during the most difficult period of its existence.

John was elected to the position of Club



John Moynihan with Colm Cooper and the Andy Merrigan Cup at the Celebration Lunch on 18th March 2017.



Geraldine Moynihan (daughter of John Moynihan) and Dr Crokes Chairman Patrick O'Sullivan.



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Lights... Camera...Action...

# Reels at the ready for Beaufort Film Night

**B**eaufort Film Night returns for another screening which will take place at The Inn Between Bar, Beaufort, on Friday 18th January at 8.30pm.

French culture-clash comedy Untouchable (French: Intouchables) is the feature film on the night whilst the night's programme will begin with a screening of Wave, a multi-award winning short film.

Untouchable centres on the uplifting and unmissable story of unemployed African immigrant, Driss, who applies for a live-in carer job to get a signature to continue his social welfare payments. He unexpectedly gets the job and so begins a hilarious and heart-warming friendship with his new employer, wheelchair-bound millionaire Philippe. This is the biggest-grossing non-English language film of all time and is the perfect antidote to the dreary month of January. The French title of the film is "Intouchables". The film is in French

with English subtitles.

The night's short film, Wave, is based on a man who wakes from a coma speaking a fully formed but unrecognisable

language. Wave was winner of the Best Irish Short at the OFFline Film festival and won the IFTA for Best Live Action Short. Wave was longlisted in the Live Action Short Film category at the 90th Academy Awards while Wave's Director, Benjamin Cleary, won the Best Live Action Short Oscar at the 88th Academy Awards for Stutterer.

Beaufort Film Night is a non-profit community organisation founded by local film enthusiasts whose aim is to screen cultural English



language and international language films, fostering an interest in and appreciation of these category of films, films which normally don't get a general release screening in Kerry. Films screened at Beaufort Film Night will be carefully curated in order to appeal to a general audience. Beaufort Film Night is working in conjunction with Access Cinema, the Arts Council funded organisation which assists film clubs and film nights in Ireland with their screenings.

Beaufort Film Night would like to thank The Inn Between Bar for providing a venue for this cultural and entertainment opportunity. Admission to the film is €7 which will go towards covering the motion picture licencing fee and the newly-purchased screen. Untouchable has a 15A Certificate. Further information can be viewed on Beaufort Film Night's Facebook page (BeaufortFilmNight) and Twitter page (@Beaufort\_Film).

## NOEL CELEBRATES HIS 80TH BIRTHDAY



Noel Lucey, Glenflesk pictured on the occasion of his 80th Birthday at Brook Lodge Hotel, Killarney. Noel was joined by his family, daughters Karen, Linda, Sandra, Deirdre and Aine, Sons in law: Patrick, Dermot and Richard and grand children, Claudia and her husband Alan, Adam, Erik, Simone, Luke, Clyde, Tyler, Alannah, Robyn, Roman, Hudson, Elliott, Brooke, Ruby, Carter and Logan. He was also joined by his friend, Danny Healy-Rae, Noel's cousin Ann Gallagher and Sean McGillycuddy. Noel was a former Kerry footballer, having won two Munster Senior Football medals, one All Ireland Senior Football medal in 1962/63 and was a member of Glenbeigh/Glenclar Football Club.

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**LACKABANE VILLAGE, FOSSA, KILLARNEY**

Quality detached four bedroom family home with private west facing garden. Property which is just off the main Ring of Kerry Road is convenient to Killarney town, Fossa Way cycle/walk way and Fossa National School. The property is finished to a high standard with generous living accommodation throughout, including four bedrooms (master en-suite), conservatory, dining room, Kitchen/dining, office/study, guest wc, and utility.



Price Region: €375,000  
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**BARRADUFF, HEADFORD, KILLARNEY**

Private four bedroom stone clad residence 197 sq. m./2,120 sq. ft. on quiet location off Mallow road. The property which is clad in Ballydesmond stone with pitched slate roof has countryside views. Property is conveniently located with good access to both Mallow and Cork roads only 10 minutes to Killarney town centre.



Price Region: €290,000  
**BER D2**

**MONEY MATTERS.....**

By Dermot Cronin,  
**Financial Advisor**



**WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT TO RETIRE?**

Many pensions can be accessed from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

**Tax Free Cash :** Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

**Taxable Cash:** You may be able to take sum of your pension in taxable cash.

**Annual Pension:** This is a guaranteed income for the rest of your life that is purchased with the money left after your tax free lump sum.

**Approved Retirement Funds:** You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income.


It is extremely important that you take your time and have all the options explained to you in plain simple English before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

**To discuss the above or any other matter Dermot Cronin QFA APA can be contacted at 0646622775 or dermotcroninifa@gmail.com**

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# Kerry's Science and Technology Sector to create 180 jobs in 2019

**K**erry's science, technology and engineering sector will create over 180 new jobs in 2019, and there are positive indications for similar jobs growth in 2020. This is according to the results of a survey of its members published by Kerry SciTech today. Kerry SciTech is an industry-led network of science, technology and engineering companies in the Kerry region. Companies have come together to highlight the combined strength of the sector, promote opportunities in sci-tech companies, foster collaboration and address common challenges such as talent sourcing. The sci-tech cluster includes well-known Irish companies such as Fexco, Dairymaster, TriCel and Aspen Grove Solutions alongside Irish operations of global players such as JRI America, Astellas, Liebherr, and Kostal located just over the Kerry border in Abbeyfeale. One of the hallmarks of Kerry's science and tech sector is the number of homegrown businesses that have achieved global success. Kerry entrepreneurs have been punching above their weight for many years and their achievements have been recognised nationally and internationally. Brian McCarthy of Fexco, Edmond Harty of Dairymaster, Mike Stack of TriCel, Jerry Kennelly of Tweak.com, Mike Fitzgerald of Netfeasa, Sean Ryan of Aspen Grove Solutions and Jim Breen of PulseLearning are all former winners or finalists in the EY Entrepreneur of the Year Awards. Their endeavours continue to have a very significant impact on the economic development of the county. Kerry is also the birthplace and headquarters of Kerry Group which has a global workforce of 25,000 and a turnover of €6.4 billion. Kerry Group is one of the many supporters of the new SciTech network; The positive trend of producing world-beat-



Kerry SciTech Members, Jerry Kennelly, CEO, Tweak.com; Sean Ryan CEO of Aspen Grove Solutions and Prof. Edmond Harty, CEO, Dairymaster

ing start-ups continues, with Bioatlantis, Wazp, ViClarity and MyAccessHub among the newer Irish companies making waves in Kerry.

Among the companies recruiting in 2019 is JRI America Inc.

Dairymaster plans to create 50 new positions at its headquarters in Causeway, Co. Kerry.

Other cluster members recruiting include Astellas, Bioatlantis, Diomac, Fexco, Fluirse, Listal, Netfeasa, PulseLearning, TriCel, Tweak.com, ViClarity and Wazp.

Interested candidates can view details of positions that are currently open and find out how to apply at [www.kerryscitech.com](http://www.kerryscitech.com).

The global nature of the businesses in the science and technology sector is reflected in their workforce, with professionals in the Kerry science and tech sector coming from China, India and Brazil, USA Russia and Ukraine, while Japan, Egypt, Ethiopia and Chile also feature. In Europe France, Italy, UK, Poland and Portugal feature prominently alongside several eastern European countries.

## Local Groups receive funds

Councillor Michael Gleeson is delighted to welcome the following Grant Allocations under the Community Enhancement Programme, 2019: Barradubh Men's Shed is allocated €9,000 for Roof Repairs and Fire & Safety Compliance & Equipment; Kilcummin Looking Good is allocated €5,000 for the provision of a Yellow Box at entrance to Nursing Home; Killarney Looking Good receives a total of €16,948 to improve Lighting and Accessibility in town centre and to provide Benches on Killarney Travel pathway; Rathmore Garveyard committee receive €1,000 for the provision of age friendly parking; Black Valley Group is allocated €1,000 for History and Genealogy Project;



Killarney Men's Shed is allocated €1,000 for the purchase of a laptop and mobile phone.

These projects by Voluntary Groups will greatly enrich the lives of locals and visitors.

## Letter to the EDITOR

*A Chara,*

Following my representations in Dáil Éireann again in 2018, where I highlighted the need to progress the Killarney bypass from Farranfore to Lisivigeen and from Lisivigeen to Castletlough on the Muckcross Road, I am glad that €500,000 is being made available by the T.I.I. to provide an environmental impact assessment report and other associated preliminary investigations that are needed to progress this very important project to alleviate the traffic log jam difficulties that persist in and around Killarney town.

I will continue my efforts to ensure this scheme continues to progress.

*Kind Regards*

Danny Healy-Rae T.D.



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## THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

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**Address: Lackabane, Fossa.** Excellently located four bedroom bungalow with independent one bedroom apartment on the main Ring of Kerry road, just minutes drive from Killarney. The property is on a site of a third acre. The property is situated in a private secluded setting across from Killarney Golf and Fishing club and the Fossa Way. The property is within walking distance of Killarney National Park, Hotel Europe, Killarney Valley Hotel and Golden Nugget. Accommodation in house includes porch, entrance hall, livingroom, kitchen, four bedrooms and bathroom. Accommodation in apartment includes livingroom, kitchenette, bedroom and shower room.

**Agent:** ● Sherry FitzGerald Coghlan ● 95 New Street, Killarney, Co. Kerry ● Tel: **064 6631892** **www.sherryfitz.ie**

**Price Region: €250,000 BER G**

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.



# CHEQUE PRESENTATION TO KERRY FRIENDS OF MOTOR NEURONE

Following a very successful fundraising Ceili at An Ríocht Athletic Club, Kerry Friends of Motor Neurone were delighted to accept a cheque for €730 euros from Elizabeth and Peggy Kelleher on behalf of T.J. Nelligan on Wednesday December 19th 2018 at the Heights Hotel Killarney.

The ceili was organised by T.J. on Sunday 23rd September 2018 at An Ríocht Athletic Club with the proceeds going to Kerry Friends of Motor Neurone. The Kelleher family and Kerry Friends of Motor Neurone want to thank T.J. for again organizing this fundraising event and creating awareness of Motor Neurone Disease.

Thanks to all the dancers who turned up for the ceili and those generous people who could not attend but donated.

Thanks to An Ríocht Athletic Club for providing their centre for the ceili. Thanks to band Uí Bhriain – John & Martina who played exceptional music and guaranteed that everybody had a great evening while not forgetting the good people who organized the tea and cakes.

"The money raised will go towards funding specialist Motor Neurone Disease nurses and providing specialist medical equipment thus enabling Motor Neurone sufferers to spend the end of life in the comfort and dignity of their own homes", Chairman of Kerry Friends of Motor Neurone Christy Lehane told the Killarney Outlook

"County Kerry has the highest number of MND patients per capita in the country. Fundraising is still very necessary as 86% of the annual income of the IMNDA still relies on fundraising", Christy added.

## EY Entrepreneur Of The Year™ on the hunt for Kerry entrepreneurs

Now in its 22nd Year, the EY Entrepreneur Of The Year™ 2019 programme is officially open for nominations. The theme of this year's programme is "Be Brave, Be Bold" and all sectors and businesses of all sizes across the island of Ireland are invited to submit their nominations until 15 February. The 24 finalists for 2019 will be announced on 23 April.

Kerry's entrepreneurs are encouraged to put themselves forward to follow in the footsteps of well-known Kerry business people, Jerry Kennelly, Tweak, who was a finalist in 2005 and Edmond Hartly from Dairymaster who was the overall winner in 2012.

For further information or for people who wish to put themselves forward or nominate an entrepreneur with their consent can fill out the online nomination form at [www.eoy.ie](http://www.eoy.ie).



Chairman of Kerry Friends of Motor Neurone Christy Lehane accepts the cheque from Elizabeth and Peggy Kelleher on behalf of TJ Nelligan.

## NO MORE FINES at the Libraries

Libraries across Kerry will no longer be imposing fines on overdue books from 1 January 2019. In addition, all outstanding fines on members' accounts as of that date will be removed.

This is in line with all public libraries nationally and is one of the key aims of the new public library strategy Our Public Library 2022: inspiring, connecting and empowering communities which was launched by the Minister for Rural and Community Development, Michael Ring T.D. in June 2018. The strategy states 'The library is a free lifelong resource that should be available to all without barriers or charges. Library charges have been shown to have a detrimental effect on library use by children and the disadvantaged. However, there is little evidence to show they ensure timely returns – rather they may actually dissuade members and users from returning overdue items'.

However, no fines does not mean no responsibility. Library borrowers will continue to receive reminders and overdue emails to prompt them to return items to the library. Items should be returned as normal on or before their due date to allow them to be borrowed by other library users.

Items can still be renewed online, by phone or in person at a local library. Failure to return or renew items will result in your card being blocked from taking out or renewing any

further items, including e-books and e-audio books.

Borrowing privileges cannot be restored until an overdue item is returned. The elimination of overdue fines is another way for libraries to encourage people who might not regularly use the library to experience what they have to offer. Members of the public are encouraged to return undamaged, overdue library items to their local libraries. There will be no fines to pay and Kerry Library would be happy to reactivate your library membership for you to begin using your local library again. Previously paid overdue fines will not be refunded. Also note that fines cannot be cleared from an account until an overdue item is returned to the library.

Kerry Library provides a wide range of free services, including adult and children's book lending, e-books and audio books, online language and training courses, classroom novels for schools and a local history and archives service. All details are available at [www.kerrylibrary.ie](http://www.kerrylibrary.ie)







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# TOP THREE RANKING IN THE WORLD FOR KERRY'S REEKS DISTRICT

**T**he Reeks District has been listed as one of the top places in the world to visit in 2019.

Chosen by Rough Guides as one of its 19 Best Places to Visit in 2019 – an annual list of the holiday hotspots that most excite the esteemed travel guides' authors for the coming year. The Reeks features as number three in the list's '6 Regions on our Radar'.

The region, formerly known for tourism purposes as Mid Kerry, has been dubbed Ireland's Adventure Playground and was praised by authors for its "postcard scenery of rugged landscapes" and the chance to take part in activities such as walking, hiking, biking, climbing, kayaking and surfing all in close proximity to each other.

The Reeks District stretches around Castlemaine Harbour from Inch Beach to Rossbeigh Strand and includes the MacGillycuddy's Reeks; Rough Guides' authors chose summiting Carrauntoohil as a "literal highlight" of a visit while also praising Caragh Lake for its beauty.

While the Reeks District may have adventures galore, it is also an ideal place to relax in magnificent lakeside country house hotels such as Ard Na Sidhe and Carrig Country House, or by visiting quirky Aloha House – the home of Lomi Lomi Hawaiian healing massages in Ireland. The Rough Guides entry also extolled the Reeks as "part of a modern Ireland of trendy coffee shops, young designers and boutique B&Bs" that manages to retain a "traditional Irish welcome, musical pubs and hearty fare".

The Reeks District was re-branded early in 2018 by local tourism membership organisation the Mid Kerry Tourism Cluster to highlight its strong outdoors and adventure proposition. The re-branding has quickly caught the eye of both visitors and international media, with a number of journalists visiting the region from high-level publications in Ireland, the UK and Germany over the last 12 months.

The Reeks District sits in esteemed company in the Rough Guides list. Other Best Places to Visit for 2019 include Durban in South Africa, Japan's Osaka, the Seychelles and Norway's Tromsø.

**PICTURES: VALERIE O'SULLIVAN**





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141 VW Golf 1.2 TSI	€13,950	€42p/wk
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Irene McDonnell and Mary O' Carroll with John Spillane after his concert in The Mills Inn in Ballyvourney



Enjoying their annual celebrations at International Hotel for Women's Little Christmas were Back Row L-R Stacey Cassidy, Catherine O'Connor, Teresa O'Neill, Madeline O'Donoghue, Marian Higgins, Trish Moynihan, Teresa O'Sullivan & Mary Cronin. Front Row L-R June O'Sullivan, Celine Higgins, Kitty Moynihan, Kathleen Kenny & Rita O'Sullivan.  
**PICTURE:MARIE CARROLL-O'SULLIVAN**



Friends celebrating together on Women's Little Christmas at The Ross Hotel. Back Row L-R Niall O'Sullivan, Sean Devaney & Dion Farrell. Front Row L-R Veronica Farrell, Barbara Callinan, Melissa Courmane & Triona O'Shea.  
**PICTURE:MARIE CARROLL-O'SULLIVAN**



Mike Clifford, seated left, pictured with his brothers & sisters at the Killarney Avenue Hotel, in celebrating his retirement from Liebherr after almost 47 years of service. Front Row L-R Mike Clifford & John Joe Clifford. Back Row L-R Patricia McEnry, Liz Nolan, Noreen Lyne & Ann McCarthy. Picture Marie Carroll-O'Sullivan



Mike Clifford (seated centre) pictured at the Killarney Avenue Hotel with his wife Margaret and his co workers at Liebherr in celebrating his retirement after almost 47 years of service. **PICTURE:MARIE CARROLL-O'SULLIVAN**



The Crohan Book Club ladies pictured at the Royal Hotel to celebrate Women's Little Christmas. Front Row L-R Ailish Boyle & Geraldine O'Donoghue. Back Row L-R Eve Hughes, Libby Buckley, Geraldine Shallow & Marie Buckley O'Sullivan. Picture Marie Carroll-O'Sullivan



Danny O'Mahony who Launched the Jim Lyons Rambling House C.D, at Knockalougha Rambling House Tuesday 18th December. Also in the picture are Kathleen and Tom Herlihy along with family and friends. Picture: Tony O'Brien





# NIGHT CLASSES

## DAY ENROLMENT: OPEN FROM 7TH JANUARY 2019

### Killarney Community College Adult Education Office



Monday – Friday 9:30 a.m. – 4:00 p.m. (Closed for lunch) • Closing Date 17th January 2019. Places offered on a first come first serve basis.

Formation of classes depends on sufficient demand • Classes will commence on Tuesday 22nd January and Thursday 24th January 2019 unless stated otherwise.

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- Work Experience - Thursday 10 weeks 6:45 - 8:45 p.m. €200
- Safety & Health at Work - Tuesday 10 weeks 6:45 - 9:45 p.m. €250  
Start Date Tuesday 19th February 2019
- Challenging Behaviour - Thursday 10 weeks 6:45 - 9:45 p.m. €250  
Start Date Thursday 21st February 2019

- Palliative Care - Thursday 10 weeks 6:45 - 9:45 p.m. €250
- Child Development - Tuesday 10 weeks 6:45 - 9:45 p.m. €250
- Special Needs Assistant - Tuesday 10 weeks 6:45 - 9:45 p.m. €250

There is an additional €20 QQI Certification Fee  
(Medical Card holders are exempt)

#### HOBBY COURSES: TUESDAY

- Improvers Computer Course - 7 weeks 7:30 – 9:30 p.m. €90
- Cooking - 7 weeks 7:30 – 9:30 p.m. €120
- Genealogy - Ancestry & Local History - 6 weeks 7:30 – 9:30 p.m. €80
- Pilates - 9 weeks 7:45 - 8:45 p.m. €55
- Introduction to Interior Design - 6 weeks 7:30 – 9:30 p.m. €80
- Circuit Training - 9 weeks 6:45 – 7:45 p.m. €55
- Intermediate English - 7 weeks 7:30 – 9:30 p.m. €90
- Spanish - Beginners - 9 weeks 7:30 – 9:30 p.m. €90
- Acrylics for Beginners - 7 weeks 5:15 - 7:15 p.m. €90
- Acrylics for Improvers - 7 weeks 7:30 – 9:30 p.m. €90

#### HOBBY COURSES: THURSDAY

- Computers for Absolute Beginners - 7 weeks 7:30 – 9:30 p.m. €90
- Gardening with Debby - 7 weeks 7:30 – 9:30 p.m. €90
- Irish - 7 weeks 7:30 – 9:30 p.m. €90
- Spanish Improvers - 7 weeks 7:30 – 9:30 p.m. €90
- Salsa Dancing – Latin American Dancing - 9 weeks 7:00 – 8:00 p.m. €55
- Tai Chi - 9 weeks 7:30 – 9:00 p.m. €80
- Introduction to Digital Photography - 7 weeks 7:30 – 9:30 p.m. €90

Fees must be paid in full on enrolment. They can be paid by cash or by cheque (payable to Kerry ETB).  
All course fees are receipted. Refund of fees is made only where classes are cancelled due to insufficient enrolment numbers.  
A refund of your tuition fee will be prepared and forwarded to you at your postal address.

Killarney Community College is registered with QQI to offer programmes leading to QQI awards in the National Framework of Qualifications.



Tel: 064 6632008

www.killarneycc.ie

Email: adulted@killarneycc.ie

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- Family Matters
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**Caherciveen:** 0761 07 7780

**Kenmare:** 0761 07 7810  
**Killorglin:** 0761 07 7830  
**Dingle outreach:** 3rd Tuesday of every month in the old C.B.S. Monastery Building John Street.

#### Special Services Include:

- Free Legal Advice Clinics (FLAC).
- Citizenship Application Support Service (CASS)
- Chartered Accountant Voluntary Advice (CAVA).

*Funded & Supported by the Citizens Information Board*



# APPRENTICES IN THE NEWS AT LIEBHERR CONTAINER CRANES

**T**he proud tradition of apprentice training continues at Liebherr container cranes with fourteen new apprentices starting their training and thirteen graduates celebrating with new qualifications.

As 2018 ended, thirteen apprentices graduated from Liebherr Container Cranes Apprenticeship Programme.

This group of apprentices is the first group to complete their Higher Certificate in Engineering, equipping them with two qualifications at the end of the four-year Liebherr apprenticeship. The newly qualified fitters, electricians and metal fabricators have received a Level 6 Craft Certificate in their trade and a Level 6 Higher Certificate in Engineering in their respective fields from IT Tralee.

The graduating Mechanical Automation and Maintenance Fitters are: Alan Daly, Eanna Reidy, Brian Kennedy, Timothy Sugrue, Donal O'Connor, James O'Sullivan, Patrick Doyle and Kieran O'Mahony. The newly qualified electricians are, David Breen, Conor Breen, Aaron Farrell and John Friel whilst one Metal Fabricator, Luke Doyle graduated.

Apprenticeships have always been a vital component of Liebherr's business strategy and is in line with the Liebherr philosophy that practical and theoretical training must go hand in hand. Liebherr in Killarney has a long tradition of apprentice training. The very first apprentices enrolled in 1959 and to date, Liebherr has trained over 1000 apprentices in Killarney.

The apprentice-training model combines a practical and theoretical education, delivered with the cooperation of SOLAS, the



*Graduates of the Liebherr Apprentice programme 2018 are pictured with their trainers and instructors, along with Charlie McCarthy, Managing Director - Engineering and Thomas Albrecht, Managing Director - Finance.*

state body with responsibility for training and further education. Recent years has seen Liebherr invest over €250,000 in the expansion and upgrading of their apprentice training facilities in Killarney.

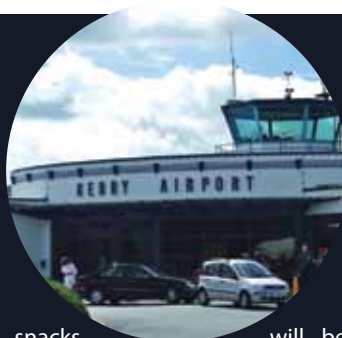
2019 sees the proud tradition of apprentice training continuing, with fourteen new apprentices embarking on their training at Liebherr Container Cranes this January.

Five of the apprentices are electrical apprentices, three are mechanical automation and maintenance fitters, whilst six are metal fabrication apprentices



*Timothy Sugrue receives his graduation certificate from Charlie McCarthy, Managing Director - Technology at Liebherr Container Cranes.*

## Kerry Airport bar and restaurant to get a new-look for the New Year



THE Gateway Bar and Restaurant at Kerry Airport is to get a new look for the New Year with a view to making the overall customer experience for passengers more efficient, flavoursome and memorable. Work on the four-week refurbishment is set to start on Monday 12th January 2019 during which time the queuing system and general ambience of the restaurant will be transformed.

A Coffee Dock facility within the Departures Area for outbound passengers to avail of tea, coffee, sandwiches and

light snacks will be open during the month-long improvement works, while the bar and restaurant in the main airport concourse will be closed to facilitate the refurbishment.

In what can only be described as a comprehensive programme of work within a short time-frame, the restaurant will be fitted out with new catering equipment and an overall upgrade to lighting, furnishings, and décor.


## Kerry family hit the jackpot as they claim €1 million National Lottery prize with a FREE lottery ticket!

A lucky Kerry family celebrated the start of 2019 as lottery millionaires as they travelled to National Lottery headquarters in Dublin to collect a cheque for €1 million after they won the top prize of the Daily Million game on Friday 28th December.

The winning ticket was printed at the Applegreen Service Station on Manor Road in Tralee, Co. Kerry. "It's just so hard to believe – there are so many incredible coincidences which have led us to this €1 million win," said the winning husband. "To be honest, I had never played the Daily Million game before so I didn't really know too much about it. I was checking a Lotto ticket from a previous draw and I had two numbers and the bonus ball and unbelievably the prize was a Quick Pick ticket for the Daily Million draw – little did I know it would turn out to be one million," he said.



**Bliain Nua Fá Mhaise Do Gach Éinne**  
**Councillor**  
**Michael Gleeson**



*Nature's first green is gold,  
Her hardest hue to hold.  
Her early leaf's a flower;  
But only so an hour.*  
(Robert Frost)

Tel: **087 2130973**  
Clasheen, Killarney  
michaelgleesonktc@eircom.net

**Gaelscoil**  
**Faichleann**  
Primary School



**Applications for enrolments  
are now being taken for  
September 2019**  
All applications to be received by  
**Friday, January 25th, 2019**  
*Application forms are available at the school*



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# KILLARNEY TOWN TALK



CAOIMHE SPILLANE

Happy New Year and welcome 2019! I know at this time of year we are all looking to make resolutions and get fit and create more healthy habits for ourselves, it is also a great time of year to get out and get involved in the community and try something new. There

are lots of things to see and do in the town. To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact [towntalk@outlookmags.com](mailto:towntalk@outlookmags.com)

## KILLARNEY MUSICAL SOCIETY QUIZ

Killarney Musical Society would like to wish all their Patrons, Friends & Members a Wonderful New Year. The New Year means only one thing to in KMS, the countdown is officially on as they get closer to their opening night of Tuesday February 26th 2019 at the INEC. They look forward to bringing you on their journey and carrying the audience away to the Austrian Alps and the fabulous Sound Of Music! Rehearsals are up and running and they will be holding a Table Quiz fundraising event in McSweeney Arms Hotel on Friday, January 18th at 8pm. Tables of 4 are 40 Euro. A great night is always guaranteed at their Quiz night and there's always a song to two to be sung!

## HEALTH TALK

Killarney Library will hold a talk on nutrition entitled The Ultimate Mythbuster by dietician and nutrition consultant Niamh O Connor, on Tuesday 15th January at 11am as part of the Healthy Ireland initiative. Free admission.

## MASS OF REMEMBRANCE

There will be a special concelebrated Mass on Monday 28th January at 7p.m. in the Cathedral in memory of all those who died in our Parish



FRANK MURPHY CEO MONEX FINANCIAL SERVICES PRESENTING THE MONEX SCHOLARSHIP TO UCC AWARD TO WINNER ANDREW QUINLIVAN FROM KILLARNEY WITH (LEFT) TEACHER MIKE LEAHY, PARENTS CLARE AND CON QUINLIVAN AND PRINCIPAL SEAN COFFEY AT ST BRENDAN'S COLLEGE, KILLARNEY. ANDREW WAS A STUDENT OF ST BRENDAN'S COLLEGE AND WAS SUCCESSFULLY ACCEPTED TO UCC AND IS NOW STUDYING COMMERCE IN COLLEGE.

in 2018 (i.e. January 1st to December 31st 2018 inclusive) There will be no 6.15 pm Mass that evening. Family, relatives, neighbours and friends are invited to this Mass. Parishioners whose loved ones have died, and whose funeral took place outside the parish and whose family would like them to be remembered, please submit their names to the Parish Office before Monday January 21st.

## KERRY CLUBS FAIR

The Kerry Clubs Fair will be taking place at Killarney Race Course on Sunday January 20th from 2-5pm. Find out about what clubs are in the area and get information on joining. Free entry to event. You might like to try something new, learn something new, make friends but most importantly have fun!

## WEDDING SHOW

The Kerry Wedding Show 2019 presented by Radio Kerry, will take place in the INEC on Sunday 27th January where you can find everything weddings! This is the wedding event of the year being Kerry's biggest and most visited wedding show. There will be a number of exhibitors on the day from DJs to wedding venues, florists to dermatologists, dresses to event hire companies, they have it all. Take the stress out of planning

your wedding with the chance to meet a huge selection of wedding suppliers. There will be a fashion show on the day and there will be lots of prizes up for grabs

## ART WORKSHOP

If your new year resolution is to become more creative, then look no further than the The Art House who provide a number of different workshops and art courses. Artist Declan O Meara will be teaching a workshop entitled 'Introduction to Portraits using oil pastels'. It is designed for all levels of ability from the complete beginner to the more advanced. Each participant will great their own unique and expressive oil pastel portrait. For further information and bookings please contact [theartousekillarney@gmail.com](mailto:theartousekillarney@gmail.com) 0862140728

## THE OLD MARKET FLEA

The quirky flea market returns to the heart of Killarney, the next market will take place on Sunday 13th January and following that it will take place on the 2nd Sunday of every month. An eclectic mix of craft, art, jewellery, vintage, retro, bric a brac, homemade, homebaking, food, closet clearouts, cosmetics and lots more. There is usually Live music too! Free admission.



## ROUGH GUIDES TOP 3

Travel guidebook and website Rough Guides has included our very own MacGillycuddy Reeks in their most stunning areas in its list of Regions On Our Radar. It has been placed at number three in the list, behind Yúnnán in China and Iberá Wetlands in Argentina.

Writing about the area, Rough Guides says: "The spectacular MacGillycuddy's Reeks refresh the brand by taking you inside that postcard scenery. Drive, walk, hike, climb, bike, kayak or sail around the mountains and lakes of this rugged landscape encircled by the Ring of Kerry. The literal highlight is Ireland's tallest mountain, Carrauntoohil. At 1,038.6 metres (3,407 ft), reaching the peak is an achievable day trek for anyone of reasonable fitness. Less strenuous walks take in sheep-dotted moorland or a deserted Atlantic beach. Two Blue Flag beaches at Inch and Rossbeigh tempt family picnickers, while surfers hit the waves rolling in off the Atlantic. Or you might enjoy taking a kayak or canoe around vast Caragh Lake to explore its beaches and scenic coves."Of course we all know this, but it is sure to do wonders for tourism in the local area!

## KILLARNEY MEITHEAL GROUP

Killarney National Parks Mountain Meitheal Group are looking for volunteers to help out every Sunday morning. The voluntary clean-up group meet every Sunday from 9am to 12noon, giving just an hour or two week makes a huge difference. The group currently working on the eradication of Rhododendron from the National Park, while also concentrating their efforts on cleaning and clearing the areas trails and pathways, making it a safer beauty spot for locals and visitors.

## KILLARNEY MOUNTAIN RESCUE

Some familiar faces from Killarney Mountain Rescue will feature in a six-part documentary series offering unprecedented access to search and rescue services across Ireland and the UK. The first episode of 'Rescue' aired on Tuesday 8th January 8.30 pm and will continue on Virgin One. The brand new television series follows the exploits of both Ireland and the UK's voluntary rescue services in some of the most stunning landscapes. With access to Mountain Rescue



BABY ROBBIE O'DONOGHUE, PICTURED AT THE KILLARNEY OAKS HOTEL AFTER HIS CHRISTENING AT ST MARY'S CATHEDRAL ON SATURDAY L-R GODMOTHER ANDREA O'DONOGHUE, MUM & DAD MARLENE & GER O'DONOGHUE & GODFATHER LEE O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN

teams, Marine River Rescue Units and the Coast Guard services, this series follows the brave volunteers and workers who save lives in rivers, on mountains and on the sea. Each programme encompasses stories from all of the services, where fantastic action is interspersed with personal interviews and magnificent landscape vistas, and follows the stories of the teams as they set out to rescue people in perilous situations. If you missed the first episode you can catch it on the Virgin Media Player. The programme shows the extraordinary work these volunteers do, we should all be very grateful to them.

## FOSSA FLOURISH WITH AMAZING ART!

Two pupils from Ms. Kissane's class in Fossa NS both excelled in separate colouring competitions over the Christmas period. Joseph Chkheidze won a drawing competition ran by Tralee Education Centre (pictured with teacher Ms. Kissane and Kay Dowling Tralee Ed. Centre accepting his prize). Meanwhile, Cillian O' Sullivan impressed in the Bank of Ireland colouring competition in Killarney (pictured receiving his prize in Bank of Ireland). Congratulations boys and very well done!



JOSEPH CHKHEIDZE RECEIVING HIS PRIZE



CILLIAN O' SULLIVAN RECEIVING HIS PRIZE





Enjoying Women's Little Christmas at the Aghadoe Heights Hotel were L-R Norma Hennessey, Annette Clifford, Jacqui Clifford & Shirley Clifford. Picture Marie Carroll-O'Sullivan



L-R Tracy Eagar, Tanya O'Donoghue, Clodagh Irwin Owens & Bridget Gleeson Healy enjoying the festivities at the Aghadoe Heights Hotel for Women's Little Christmas. Picture Marie Carroll-O'Sullivan



Working hard at the Aghadoe Heights Hotel & Spa serving the ladies for Women's Little Christmas were L-R Mikey Cronin (Lounge Manager), Kieran Looney (Shift Manager), Michael Cotter (Duty Manager) & David O'Brien (Assistant Manager). Picture Marie Carroll-O'Sullivan



St Brendan's College students Teacher Eddie Kennedy, Lorcan Martin, Darragh Fleming and Mark O'Donoghue enjoying the Leaving Certificate Class Annual Christmas Charity Dinner in St Brendan's College, Killarney on Tuesday.



St Brendan's students performing at their Annual Carol Service in the College Chapel.



Pictured at the Aghadoe Heights Hotel & Spa to celebrate Women's Little Christmas were L-R Ann O'Keeffe, Joan Buckley, Maureen Fleming, Bernie Ryan & Eileen O'Connor. Picture Marie Carroll-O'Sullivan



St Brendan's College students Kieran O'Connor, Michael Buckley and Aaron O'Sullivan enjoying the Leaving Certificate Class Annual Christmas Charity Dinner in St Brendan's College, Killarney on Tuesday.



# Literary Evenings 2019



THE ROSE HOTEL

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Listowel  
Writers' Week

The Rose Hotel in association with Listowel Writers' Week are delighted to present a series of literary events in the Kerry Suite at The Rose Hotel:

## Wednesday 16th January

An evening of Poetry with **Kerrie O'Brien**

## Wednesday 23rd January

Novelist **Carmel Harrington**  
talks to Deirdre Walsh, Radio Kerry

## Wednesday 30th January

Condemned to Remember  
my life as a Holocaust Survivor  
by **Tomi Reichental**

## Wednesday 6th February

**Stephen James Smith**  
Poet & Playwright

Walk-in events, admission is free

Time: 8pm - 9.30pm



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## TAX MATTERS

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### MINIMUM RATES OF PAY

Since 1 January 2019, under the National Minimum Wage Order 2018, the national minimum wage for an experienced adult employee is €9.80 per hour. An experienced adult employee for the purposes of the National Minimum Wage Act is an employee who has an employment of any kind in any 2 years over the age of 18. Exceptions to those entitled to receive the national minimum wage. There are some exceptions to those entitled to receive the national minimum wage. The legislation does not apply to a person employed by a close relative (for example, a spouse, civil partner or parent) or to people in statutory apprenticeships. Also some employees such as young people under 18 and trainees are only guaranteed a reduced or sub-minimum rate of the national minimum wage.

### RATES

The national minimum wage for experienced adult employees and the sub-minimum rates for young people and certain trainees are:

#### Rates on or after 1 January 2019

	Minimum hourly rate of pay	% of minimum wage
Experienced adult worker	€9.80	100%
Aged under 18	€6.86	70%
First year from date of first employment aged over 18	€7.84	80%
Second year from date of first employment aged over 18	€8.82	90%
Employee aged over 18, in structured training during working hours		
1st one-third period	€7.35	75%
2nd one-third period	€7.84	80%
3rd one-third period	€8.82	90%

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To discuss the above, or any other financial matter  
with one of our advisors contact 064 6632045 or  
[info@obcm.ie](mailto:info@obcm.ie)



## LET'S GET KERRY WALKING

### National Operation Transformation Walk Day



The countdown is on for the Operation Transformation walk this Saturday, January 12th at 11am at Tralee Bay Wetlands Centre. Pictured are some of the people who make the walk safe & successful, from left; Córa Carrigg, Co-ordinator, Kerry Recreation & Sports Partnership (KRSP), Mary O' Connor, Manager, Tralee Bay Wetlands Centre, Jimmy Deenihan, Chairman, KRSP, Nathan McDonnell, Ballyseede Café and Garda Danielle O' Connell, Tralee Garda Station. The event is organised by Kerry Recreation and Sports Partnership in conjunction with Kerry County Council. **PICTURE: PAULINE DENNIGAN**

**T**here's only days to go to this year's Operations Transformation Walk and people from all over Kerry are invited to attend.

The walk, organised by Kerry Recreation and Sports Partnership will follow the old tow path of the Tralee Ship Canal, a stunning walk just outside Tralee town, seeped in nature and scenery what more could you want to get your new year off to a great start.

Starting from Tralee Bay Wetlands the walk takes place on Saturday 12th January at 11am to coincide with the official RTÉ start time. Suitable for young and old, fit and unfit, crawlers, walkers, buggies and strollers. Although the walk itself is almost 8 km, because the walk follows an out and back approach so keeping the little ones in mind, it is possible to turn around whenever you have reached your limit. Just remember to save some energy for the walk back!

Once again Kerry's Operation Transformation Walk will have the support of Tralee Bay Wetlands, who will be opening the nature reserve free of charge for the day, where the many wonders the wetlands can be viewed.

Also Ballyseedy Café will be offering a fantastic healthy lunch for the very reasonable price of €5.

Their food is not to be missed and is very much in keeping with the ethos of Operation Transformation: nourishing, healthy and satisfying.

Come along, get involved, this is the perfect opportunity to shed those holiday cobwebs and to get started on New Year's resolutions. It's a chance to face new challenges in the company of many others. According to Askea Calnan, Community Walking Programme Facilitator with Kerry Recreation & Sports Partnership, the Operation Transformation Walk "Is always good fun, and a great opportunity to meet new people and perhaps try something new."

This really is a great day and would not be possible without the support of so many organisations who come together to make the day a huge success, namely, Kerry Recreation and Sports Partnership, Kerry County Council, An Garda Síochána, Civil Defence, Ballyseedy Café, the Wetlands Centre and all the other volunteers who make the day possible.

Come along, meet new people and enjoy the day. Registration opens at 10:30am, please arrive early to give yourself plenty of time to register, and then enjoy a hot cuppa while you wait for the walk to begin.



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David O'Brien



The Food Medic



Gerry Hussey



Alison Connors



Joe O'Connor



Louise Taylor

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# NEW HABITS to Start 2019 off Right!



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*Does the fresh slate of a new year have you motivated to make changes great or small in your life? If so, here are a few tips to start you on the right track to a healthy 2019.*

**1. Eat a diverse range of foods:** This maximises nutrient intake to give you a wide range of micronutrients (vitamins, minerals, phytoestrogens, flavonoids, carotenoids and essential fatty acids). These are essential for energy production and overall health.

**2. Eat slowly, chew your food thoroughly:** By chewing your food it allows your salivary enzymes to breakdown the food fully to facilitate digestion. Most people eat too fast or when stressed. This can put stress on the digestive system and can lead to poor absorption of nutrients and digestive problems.

**3. NEVER skip a meal:** Skipping a meal stresses your adrenal glands. If you are trying to lose weight this is not achievable by not eating because your metabolism will slow down to accommodate the reduction of calories. This will result in fatigue and ultimately weight gain. Aim for three main meals and two snacks every day. This keeps blood sugars balanced and ensured constant energy to the cells.

**4. Eat a rainbow diet:** Try to eat as many colours as possible on a daily basis. This is easily achieved by having salads, soups or vegetables with every meal and fruit with breakfast and as snacks.

**5. Aim to eat some raw food everyday:** Fruit, vegetables, nuts and seeds. These foods are as nature intended.

**6. Eat some protein with every snack and meal:** Eating protein with carbohydrate foods slows the release of sugar into the blood stream from the digestive system. Foods including meat, fish, eggs, pulses, beans, nuts and seeds.

**7. Stop eating when you are satisfied:** If you eat slowly and chew thoroughly your stomach should have a chance to tell you that you have eaten enough before you become uncomfortably full.

**8. Choose the best quality products you can:** Food should be a pleasure and even healthy food should be a treat. Try to choose organic, free range, wild and unprocessed foods as much as possible.



*Pictured at St Brendan's gym for the launch of Killarney Valley "Fit for Life" 12 week programme were Dorrian Durand, Ana McGuire, Jerry Griffin (back left) Jean Courtney and Leonie Hussey O'Brien Killarney Valley Athletic Club members.*

## KILLARNEY VALLEY Fit for Life Initiative

**I**t is that time of year where we are all looking forward to the year ahead in order to set some goals for ourselves. Killarney Valley AC are starting off the new year with a fantastic initiative aimed at getting new adult members on track for a life of healthy habits. The community athletics club for young and old are inviting new adult members to avail of their "fit for life" 2019 initiative. Walkers, joggers and runners are invited to join the group no matter what their ability. There is something for everyone as a careful plan has been devised to suit every need! It can be hard to know where to start so the initiative is a great way to get yourself off the couch with a view to improving not only your physical health but also your mental health. They want to encourage people of all ages to take part and to reap the rewards of an active lifestyle as

they say 'The longer you stay on the couch the more you are being lapped. No matter how slow you may think you are, or how old you think you feel inside in your mind, you can still be racing in the biggest race of your life "The Human Race"'. The objective of the Fit for Life initiative is to get you moving in a safe manner by either walking or jogging and the goal they have set is for all participants to complete the Killarney Parkrun 5 km which takes place on the 27th April. This is a great opportunity to become a community health star and enjoy greater health from 2019! The initiative will start on Wednesday 23rd of January at St. Brendan's college gym at 7pm, with registration from 6:30pm. Club membership is required as a fit for life member and includes insurance and club tshirt.





# WANT TO TAKE THE FIRST STEPS Towards A Healthier, Fitter, Happier You?

Well look no further than Pat Sheehan Health and Fitness who offers a comprehensive 12-week program in lifestyle management and weight-loss.

For those of you who are starting out on your weight loss journey, weight loss expert Pat Sheehan offers a 12-week clinic with weekly food diary check-ups and weigh-ins to motivate you throughout your journey.

Pat is a highly motivated individual who has a proven track record. Killarney native Pat has helped hundreds of people change their lives for the better through weight-loss, from 1 stone up to 10 stone. Pat has a wealth of expertise in this area and has worked in the health, fitness and wellbeing industry for a decade. Following a thorough consultation, Pat will devise a plan tailored to your precise requirements. You will receive a fully illustrated book that Pat has penned himself based on his years of experience. This publication makes it super-easy and enjoyable to follow this 12-week weight loss program. This book offers food diary's as well as wonderful recipes and menus, all featuring everyday foods and ingredients. The beauty of the plan is all consultations are private one-to-one and personalised to each individual client. You will meet Pat once a

week for your weigh-in, motivation and nutrition advice. He has a truly enviable track record when it comes to helping men and women achieve their weight-loss goals as well as optimum health and fitness levels. "Weight loss is my area of expertise," he said. "I explain everything in detail and spend up to an hour and a half on the initial consultation. A key point is understanding why you eat, and how often you need to eat. You have a better chance of keeping weight off and maintaining a healthy weight when you understand the process fully." Motivation is also a key aspect of shedding pounds and maintaining a healthy weight. "Being accountable to someone every week and getting the right advice and being able to eat normal, every-day foods is what sets this plan apart, whether you want to lose a few pounds or several stone," said Pat.

Pat also runs a state of the art fitness studio established in 2012. The Loft Fitness studio is a very spacious bright fitness studio located in West End Millstreet Co. Cork with facilities for the local and surrounding communities. A great place too socialise and meet new people while getting fit at the same time. All types of classes such as Spinning, Aerobics, circuits, strength training,

**PAT SHEEHAN & THE LOFT**  
**HEALTH AND FITNESS**  
**KILLARNEY**

*Fitness Studio*  
**MILLSTREET**

## 12 WEEK WEIGHT LOSS COURSE

*Appointments need to be made in advance*

- ✓ One-to-one **FULL HOUR AND A HALF** personalised Induction meeting
- ✓ Weekly food diary check up & motivation
- ✓ One-to-one weekly weigh in
- ✓ Nutritional Advice
- ✓ Health & fitness guide

**€140**  
payment plan options available

— WEIGH IN TIMES —

KILLARNEY	CLUB VITAE LEISURE CENTRE	MILLSTREET	THE LOFT FITNESS STUDIO
Wednesdays:	9am – 10am 5.30pm – 6.45pm	Mondays:	6pm – 6.25pm
Thursdays:	3pm – 3.30pm	Tuesdays:	9am – 9.25 am 10.30am – 10.45am 5.30pm – 5.55pm
Fridays:	6pm – 6.30pm	Thursdays:	6pm – 6.25pm
		Saturdays:	9am – 9.25am

\* If later times are required on the days above, this can be arranged.

Pat Sheehan | 087 685 6930 | [www.loftfitnessstudio.com](http://www.loftfitnessstudio.com)

and most importantly a friendly and comfortable atmosphere.

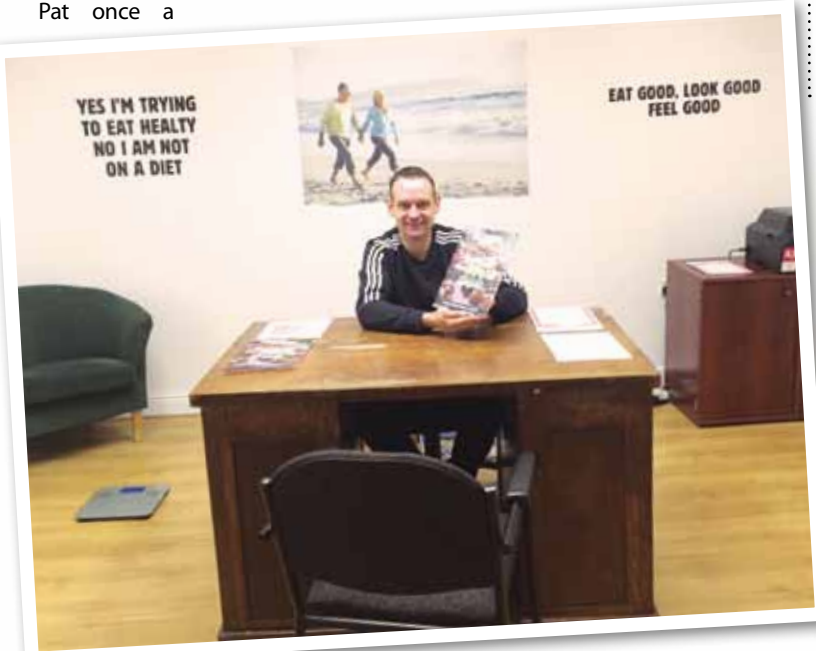
"We cater for all fitness ability's from beginners to advanced. Flexible time tables Monday through to Saturday with morning and evening classes available. We are experienced and dedicated in helping you achieve your goals", Pat told the Killarney Outlook.

"Our Class Instructors provide energetic and professional instruction to keep you

committed and motivated. Our passion is to help people achieve their goals and create a life style balance that is achievable and manageable for the future".

Contact Pat on 087- 6856930 and book your consultation either at Club Vitae, Hotel Killarney, or at The Loft Fitness Studio Millstreet, Co Cork. To check out some of our success stories check out our website <http://loftfitnessstudio.com/> or on Facebook.

“Weight loss is my area of expertise”







## Killarney Mentoring Practice Supporting Parenting Courses

Courses are open to parents, grandparents, teachers and anyone involved or with an interest in the care of children or any adults interested in reflecting on their own childhoods. Courses commence last week in January Tuesday or Thursday evenings 7-9 and Wednesday mornings 10-12. Courses: 10 week duration

Booking is essential at [eileen2buckley@gmail.com](mailto:eileen2buckley@gmail.com) or at 087 4129655 prior to January 23rd if possible please.

### Topics Covered Include:

- All Parenting Starts with Self • Family Relationships and Feelings
- All Children are Geniuses! • The Behavioural Development of Children
- Family Communication • A Different Kind of Discipline
- Children's Challenging Behaviours • Parent's Challenging Behaviours

One-to-one mentoring opportunities are available on an on-going basis for those who wish to reflect on relationship challenges or difficulties experienced in the home, family or work environments or simply want to get to know themselves at a deeper level.

This practice is run in association with Dr Tony Humphreys. 021 4642394 or at email: [tonyhumphreys1@eircom.net](mailto:tonyhumphreys1@eircom.net)

Eileen Buckley is a member of IARM  
(Irish Association of Relationship Mentors)



## Killarney Mentoring Practice

Wishes to extend an open invitation to an evening talk  
With Dr. Tony Humphreys  
Friday February 1st 2019 at 7.30pm  
Venue: Dromhall Hotel, Killarney  
(Admission is free)

### 'Communication is about Getting Through to Self'

Often one of the hardest things to do in relationship is to be real, to be authentic and to say what you truly feel, think and need. Conscious communication is about union with self, a knowing of self and a mind-and-heart conversation with self.

Dr. Tony Humphreys is a clinical psychologist, lecturer and internationally acclaimed author of a number of books including, The Power of 'Negative' Thinking, Whose life are you Living, Myself My Partner, Understanding Teenagers and many more.

For further information please contact:

**Eileen Buckley**

Co-Creational Relationship and Parent Mentor

Mobile – 087 4129655

Email – [eileen2buckley@gmail.com](mailto:eileen2buckley@gmail.com)

# BALANCE EXPO COMING TO KERRY

Balance Expo is now the premier lifestyle event in the south west region, following a very successful inaugural staging in January 2018.

The event focusses on Fitness, Health, Nutrition, Sport and Wellbeing, and has something for all ages to enjoy. This year we are delighted to be joined by The Food Medic, David Gillick, Alison Canavan, Gerry Hussey, Joe O' Connor, Louise Galvin, Aidan O' Mahony and many more great speakers. We've also got a free all day activities zone, gourmet food court, large exhibitor area, and new niche talks stage lined up for Balance Expo 2019! Doors open at 9am, and Balance Expo runs all day through to 5pm.

We're on social media (Facebook/Twitter/ Instagram), using the hashtags #balanceexpo #be2019 #findyourbalance. ou have any queries, you can reach us on [info@balanceexpo.ie](mailto:info@balanceexpo.ie).



**SUSAN BARRETT  
MINDFULNESS**

## MINDFULNESS NEW YEAR SCHEDULE

### KILLARNEY

### TRALEE

#### MINDFULNESS TASTER SESSION

Tuesday 22nd January  
7pm - 9pm

#### MINDFULNESS TASTER SESSION

Sunday 20th January  
10.30am - 1pm

#### MINDFULNESS BASED STRESS REDUCTION

January 29th - March 19th  
Tuesdays 7pm - 9.30pm  
8 Week Course

#### INTRODUCTION TO MINDFULNESS

February 11th - March 11th  
Mondays 7pm - 8.30pm  
5 Week Course



Booking essential. To apply visit our website or call Susan on 087 2838 171



[WWW.SUSANBARRETTMINDFULNESS.IE](http://WWW.SUSANBARRETTMINDFULNESS.IE)





# SHADOWS

## SHADOWS AMATURE BOXING CLUB KILLARNEY

**NOW taking Registrations  
in Total Body Fitness 6/7 Main St. Killarney.**

Shadows is being opened by **PAUL GRIFFIN** Kerry's only one star boxing coach and Head Coach of University Limerick Boxing. In his time Paul has had great success coaching, with 10 National Champions, in recent months Paul has been with 2 Irish select teams August to Chicago and December to Lisbon as Head Coach. Currently Paul is studying for a BA in Strength & Conditioning with Setanta College.

With the assistance of Saoirse Kelly Stimpes Munster Champion & 5 time All Ireland Finalist, Saoirse also represented Ireland against England All coaches are Garda Vetted and have Child Protection also.

Paul is offering a range  
of boxing classes every  
**TUESDAY AND FRIDAY**

**BOX CUBS AGE 6-9YRS**  
FROM 5.30-6.30

**JUNIORS AGE 10-15YRS**  
FROM 6.30-8.00

**SENIORS 15YRS+**  
FROM 8.00-9.30

**SHADOWS BOXING CLUB**  
is affiliated with IABA and will prepare boxers for competitions if they so wish however if you are only looking for fun and exercise they are more than welcome to join.

All queries welcome contact at  
**Paul on 086-1264751**  
Email: shadowsabc@yahoo.com

*Looking forward to  
seeing you all... Paul*

## Galvin Physiotherapy Clinic

21 Clover Lane | College St. | Killarney | Co. Kerry

Tel. 064 66 23100 | Fax. 064 66 23111

Email. info@galvinphysiotherapy.ie | Web. www.galvinphysiotherapy.ie

- Manual Therapy
- Sports Injuries
- Biomechanical Assessment
- Dry-needling
- Orthotics



### Donal O'Sullivan MISCSP MCSP

MSC. PHYSIOTHERAPY  
BSc. ATHLETIC THERAPY AND TRAINING  
**Chartered Physiotherapist**

Approved by all major Health Insurance providers.



### Jimmy Galvin MISCSP MCSP

MSC. PHYSIOTHERAPY  
PGdip. EXERCISE AND SPORTS MEDICINE  
**Chartered Physiotherapist**

Approved by all major Health Insurance providers.



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Terms and Conditions Apply.

Classes available in Club Vitae  
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Club Vitae Leisure Club, Hotel Killarney, Cork Road, Killarney, Co Kerry.  
Tel : 064 6628262 | www.hotelkillarney.ie

Club Vitae Killarney E. Idevaney@hotelkillarney.ie



## Microsuction Ear Wax Removal

SAFE • EFFECTIVE • COMFORTABLE

Symptoms of ear wax buildup:

- Itchy Ears
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- Earache
- Hearing Loss

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(Laneway opposite Killarney Furniture Centre)

Course Schedule							
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
07:00-08:00	Rejuvenation				My soul		
09:00-10:00 (Sat)						Advanced Class	
09:30-10:30			Mandala	Yin			
12:15-13:15					Yin		
13:15-14:00		Office Yoga		Office Yoga			
18:00-19:00	Flow		Yin				
19:15-20:15	Yin	Core	Flow	Core			



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BY OPTOMETRIST  
DIARMUID O'SULLIVAN F.A.O.I.  
STACK O'BRIEN OPTICIANS



### Common eye conditions: Refractive Error

Refraction is the bending of light as it passes from one medium to another. The eye has several optical elements that, if correctly powered, focus light onto the retina at the back of the eye. However, there are four common types of refractive eye conditions where the eye is unable to correctly focus light onto the retina. These 'refractive errors' can cause vision to be blurred, and may lead to headaches and eye strain.

#### Myopia – short sightedness

Myopia is a refractive condition of the eye where light focuses in front of the retina. This makes distant objects appear blurry, but objects that are close are clearer. If the amount of myopia is large enough and is left uncorrected, distance vision is poor and may lead to headaches and eye strain.

#### Hyperopia – long sightedness

Hyperopia is a refractive condition of the eye where light focuses behind the retina. This makes close objects blurry, and while distant objects may appear clearer sometimes they are blurry too.

If the amount of hyperopia is large enough and is left uncorrected, close vision may be poor and may lead to headaches and eye strain, particularly in adults.

#### Astigmatism

Astigmatism is where the optical surfaces are shaped more like a rugby ball than a football. This means that there is not a clear single point of focus. If left uncorrected, it can also lead to headaches and eye strain.

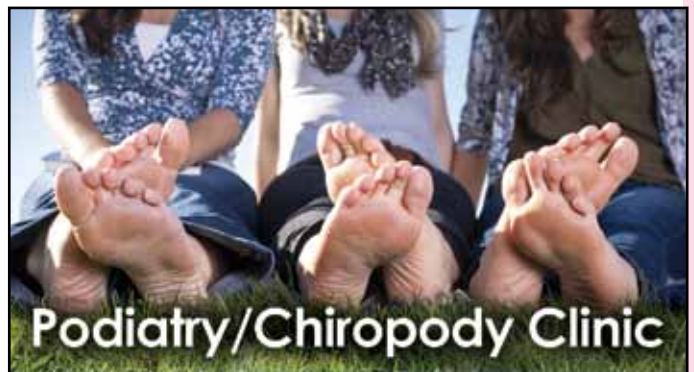
#### Presbyopia

Presbyopia is caused by a loss of flexibility of the lens inside the eye. It affects all people as they age, generally becoming problematic after 40 years of age. Presbyopia results in the inability to focus on close objects.

Presbyopia makes it difficult to read small print, and focus on closer objects, particularly in poor light.

*Optometrists can recommend wearing an appropriate correction, such as reading glasses, or multifocal glasses.*

FOR AN APPOINTMENT CALL US AT  
STACK O'BRIEN OPTICIANS ON: 064 6636477



### Podiatry/Chiropody Clinic

Jennifer Cahill - BSc Pod. MChSI,  
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#### TREATMENTS INCLUDE A RANGE OF FOOT RELATED CONDITIONS:

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Open by appointment: Please call

**087 7116675**

*Wishing all my clients a very Happy New Year*





## FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



### STOP BEATING YOURSELF UP FOR HAVING A LITTLE OVER INDULGENCE OVER CHRISTMAS & NEW YEARS :

So you have finished all the Christmas turkey leftovers And wolfed the rest of the milk trays!!!! What do you do?

1. Sit there crying and winging for the next week about how much you ate, only to result in you eating more comforting yourself for your disappointment in your self control and will power?
2. Or, get up and active the next day trying to work off those extra energy fueled calories you took in. Using this increased energy over load in a positive way to get you moving and releasing mood boosting exercise induced serotonin, our natural "feel good medication". I think I know the option I'd be taking.

#### Remember these points and tips:

- One day of treating and enjoying yourself Isn't going to undo month or months of training and eating well.
- Celebrating and enjoying the festive season is important. However, over indulgence, binging and suffocating yourself with food will only make you feel miserable.
- When that treat day turns into a week or a month then that's when you need to pull yourself aside and re-assess.
- Try getting out in the fresh air, exercising for fun and socializing and this should counteract all the extra nibbles and treats.
- time to get up and active this month and set yourself small realistic goals that are achievable. Start with setting yourself a goal to exercise maybe 4 days per week.
- don't go on a Diet or detox for January, but just try giving up the crap, cutting down or put the drink and eating out. Cut out takeaways and start making takeaways and make more time for enjoying home healthy cooking with family and friends.

This New year is the start of something wonderful. Happiness, confidence and time to ditch the extra pounds that serve you no more :) visualize change and don't keep wishing it to happen, start making a difference today through your actions, thinking and living.

#### MORE TIPS NEXT WEEK...

FITNESS WITH EDELE **087-7643449**

WWW.FITNESSWITHEDELE.COM



## OUTLOOK Beauty

### Coconut Oil Isn't Just For Cooking

After your bath or shower, smooth coconut oil onto your skin and let it soak in with the water. Coconut oil, unlike baby oil, will completely soak in leaving no greasy feeling. You can put it on your face, body and hair. Use generously on your body, but vary sparingly on your hair. You can even put in a spray bottle and dilute it with warm water to apply. You can buy the coconut oil in the big jar, in the grocery section - it's cheaper that way and a jar will last you ages.



## Make 2019 a year of Miracles

Miracles happen daily. Some are big and some are so tiny that you blink and you miss them. According to the book, "A course in Miracles" the definition of a miracle is a change from fear to love. When you think about this sentence, you begin to realize that this is so true. When we move out of fear we have space for adventure, hope, passion and joy. Fear keeps us stuck, holding back, afraid to do or say the "wrong" thing. However love liberates us - it sets us free. When we love others we allow them to be who they are. When we love ourselves we become the biggest ally in our life. Anything that is loved blossoms. It grows and expands like a cat stretching out on a summers day. We too begin to stretch out and reach for those experiences that make us feel better.

So, as we head into the New Year, make it your mission to move into more love. Write a gratitude journal every day listing three things you're grateful for. Wake up in the morning and give thanks for the new day ahead. Look at the people around you with compassion and make yourself a promise to smile more. Over time, these small daily actions (which are mini miracles in themselves) become the way you live your life - in wonder, love and deep appreciation, which is the biggest miracle of all.

Have a wonderful New Year everyone and thank you to the Outlook for spreading these words of positivity through and into the community! I am deeply grateful to you all...

**066 9766374** | [life\\_coachingunlimited@yahoo.ie](mailto:life_coachingunlimited@yahoo.ie)



## MILLTOWN DENTAL PRACTICE

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For more information or to arrange an appointment

**PLEASE CONTACT: 066 9765635**



# Citizens Information

## Know Your Rights:

### QUESTION

I work part-time from Wednesday to Friday. This year Christmas fell on a Tuesday. Should I get paid for Christmas Day, even though I didn't work that day? What about New Year's Day which fell on the following Tuesday?

### ANSWER

Christmas Day, St Stephen's Day and New Year's Day are public holidays. Christmas Eve and New Year's Eve are not. All workers are entitled to paid time off or pay for a public holiday. (Your employer can decide whether to give you time off or pay.) Part-time workers must have worked for the employer for at least 40 hours in the previous five-week period to have a public holiday entitlement.

If you work part-time and the public holiday falls on a day that you usually work you are entitled to a day's pay or a paid day off for the public holiday. Part-time workers who are not rostered to work on a public holiday are also entitled to pay or to paid time off for the public holiday. This is one-fifth of their normal pay for the week as compensation for the holiday.

In your case, you should get one-fifth of your normal weekly pay for each of the two public holidays, Christmas Day and New Year's Day. So you should get the additional pay or the equivalent amount of time off. Your employer can decide which option to give you.

If you have to work on a public holiday you are entitled to be paid at your usual rate and you are also entitled to either an additional day's pay or a paid day off. You can get detailed information on employment rights from the [workplacerelations.ie](http://workplacerelations.ie) website.

Further information is available from the Citizens Information Centre below.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherdiveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.



Kieran Madigan  
**087 2659866**  
*Painting & Decorating*

**DANNY HEALY-RAE TD**



**CLLR MAURA HEALY-RAE**



**Scott's Hotel Killarney**  
**Every Saturday at 11.30am.**


**This is the last week for making submissions to the Draft Killarney Municipal District Local Area Plan 2018-2024.**

Any interested people in the Killarney, Kilcummin, Fossa, Fries, Ballyfinnane and other surrounding areas should look up the draft plan located in the Town Hall or online. Submissions should be made in writing and addressed to: Senior Planner, Planning Policy Unit, Planning Department, Kerry County Council, County Buildings, Rathass, Tralee and marked: 'Draft Killarney Municipal District Local Area Plan'. Submissions will also be accepted by email to the following email address only: [planpolicy@kerryco.ie](mailto:planpolicy@kerryco.ie)

**CLOSING DATE FOR SUBMISSIONS IS 15 JUNE 2018.**

**CONTACT: [dhealyrae@gmail.com](mailto:dhealyrae@gmail.com) - 0872316055**

**CONTACT: [maurahealyrae@gmail.com](mailto:maurahealyrae@gmail.com) 0877816432**



**FIANNA FAIL**  
THE REPUBLICAN PARTY

**John Brassil TD**  
Killarney Constituency Office

**Open Hours:**  
**Thursday 17th and Friday 18th January**  
**from 9.30am - 5.30pm**

**Address:**  
**The Fairhill Business Centre, The Courtyard, Fairhill, Killarney.**  
*(Just behind the Royal Hotel)*

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm  
Working with **CLLR John Joe Culloty 087-1308000 [cllrjcculloty@eircom.net](mailto:cllrjcculloty@eircom.net)**  
and **CLLR Niall Kelleher 087-6694101 [office@niallkelleher.ie](mailto:office@niallkelleher.ie)**

*For advice and representation please feel free to call into the office or clinics*  
**Office: 064 66 94199/083 8541447**  
**Email: [john.brassil@oireachtas.ie](mailto:john.brassil@oireachtas.ie) John mobile: 087 2362330**



**BUSINESS SLOW?**

**GET THINGS MOVING CALL DES ON 087 659 3427**



## RATHMORE/GNEEVEGUILLA

by Michael O'Mahony

### AGM

Rathmore & District Credit Union Ltd (branches in Rathmore, Milltown & Ballydesmond) is delighted to announce that our 2018 AGM will be held on Monday 28 January 2019 @ 7.30pm in the Rathmore Community Hall.

Relevant literature will be posted to all members in early 2019, and we look forward to seeing many of our loyal members there on the night. The annual Credit Union Schools Quiz has been one of the most popular and successful promotions undertaken by the Credit Union movement over the past number of years.

Our annual School Quiz Stage 1 takes place Sunday 3rd February in Scoil Phobail Sliabh Luachra GYM, Rathmore at 2.00 pm sharp.

We hope that our local schools will consider entering one or more teams to our local quiz.

How the Quiz works:

Participating Credit Unions and chapters are required to run two quizzes simultaneously:

### COMPETITION A for children

who have not reached their 11th Birthday on or before December 31st 2018

### COMPETITION B for children

who have not reached their 3rd Birthday on or before December 31st 2018

Local quiz winners go through to Stage Two which takes place the Weekend of March 3rd 2019. We look forward to seeing all our school teams and wish them all the very best of luck.

### PRESS RELEASE FROM DANNY HEALY-RAETD:

I am shocked with Taoiseach Leo Varadkar's statement that he wants the funds raised from local property tax to remain in the area in which they are raised.

I think this is wrong because it fosters a two-tier society in which wealthier areas continue to have more services while poorer and less populated areas continue to go into decline. This in turn means that housing prices in well-off areas continue to go up while funding for necessary projects in local areas is not provided. Mr. Varadkar has supported Ross's anti-rural measures which have led to people becoming ever more isolated, he is now ensuring that rural infrastructure gets even less funding.

### SLIABH LUACHRA WIND AWARENESS GROUP:

There was a public meeting held in Gneeveguilla Community Centre on Monday 3rd December whereby the public voted and agreed to oppose An Bord Pleanála decision for the construction of 12 wind turbines in the Gneeveguilla/Ballydesmond area. If people would like to donate, the group has set up Credit Union a/c in Killarney. A/c name Sliabh Luachra Wind Awareness Group.

BIC (optional) KIROIE21 IBAN

IE88KIR099219319422772 Go Fund Me

page [www.gofundme.com-fighting-for-our-human-rights](http://www.gofundme.com-fighting-for-our-human-rights) The money raised will be used to help finance some of the costs in the high court. YOUR COMMUNITY NEEDS YOU and thanking you in advance.

**WISHES** Congratulations to Bernie Reen on her election as chairwoman of Rathmore GAA Club



Children from Shrone N.S. in Rathmore pictured after their Christmas play.

at their Annual AGM recently we wishes her best of luck year ahead.

### BINGO IN RATHMORE

Bingo in Rathmore community centre every Friday night at 8.30pm. everyone welcome,

### MARIAN PLAYERS RATHMORE PANTO

Rapunsel . Opening night is January 26th. 7.30pm at Rathmore community centre .Further information & Booking contact ,0647758526.

**SYMPATHY** to family & friends of late Nancy Moynihan The Bungalow Shinnagh Rathmore May She test in peace.

**RAMBLING HOUSE** at Heritage Centre Scartaglen Monday 14th January 2019. at 8.30pm.

Admission free ,raffle and refreshments .

**PARISH CALENDAR** 219 Parish Calendars are Available from. all churches .please feel free take them.

**WEDDING BELLA** congratulations to Sinead Moynihan rathmore who married John Brosnan Gneeveguilla, recently we wish both them long happy life together

**RATHMORE TEXT ALERT:** Reminding all Text Alert members that membership is now due. Please give €10 with mobile number and name to Dermie Moynihan, Shinnagh. New members also welcome. In case of emergency Phone number for Macroom Garda Station is (026)20590.

### RATHMORE COMMUNITY COUNCIL

Church Gate Collection held recently wish to thank everyone for their support and generosity which is very much appreciated. Total collected: € 1071.

**KILLARNEY LIBRARY** will hold a talk on nutrition entitled The Ultimate Mythbuster on Tuesday 15th January at 11am as part of the Healthy Ireland initiative. Free admission.

**EAST KERRY 2018** Allstars Gala night Saturday 26th January 2018 at The Brehon Hotel Tickets Available at kerry GAA Store, Sponsored by The kerryman, The AQUILA Club & East kerry GAA. Presentations to the All star Players, senior. intermediate, u21 Player of 2018, Hall of Fame 2018 and Person of the year 2018.

### REGISTRATION

The Kerry PPN Secretariat are delighted to announce that the new registration application has now gone live on the website [www.kerryppn.ie](http://www.kerryppn.ie).

all organisations should join community Group, GAA Club, schools Board Managements, residents Association, parish Pastoral councils Etc.

### NOTES

you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. before 6pm Sunday.

## BEAUFORT NOTES

### LOTTO

Next lotto draw for jackpot of €7,000. Galvin's. Sun, 6th January.

Christmas draw results on website.

### FIXTURE

Beaufort senior men will play Dundalk Young Ireland in All Ireland Junior football semi-final Sunday, 20th Jan at 2pm in Portlaoise. Extra time.

### BAG PACKING

Thank you to everybody who gave their time to bag pack for the Club in Dunnes Stores on 22nd and 23rd December.

Thanks to the organisers and to Dunnes Stores for allocating the times to us.

### QUIZ

Our best ever attended, ninth, Christmas quiz was held on Thursday, 27th December.

Senior Quiz winners were Michael J. O'Connor's team, followed by Pádraig O'Sullivan's and Margaret O'Sullivan's teams.

Junior winners were Amy Breen's team followed by Ciara Cronin's and Aoibhinn's Coffey's teams.

Thanks to the organisers and sponsors, Kate Kearney's Cottage, MC, Colm, Questions and sheets, Mary Jo and Eileen.

### SPORTS PREDICTION QUIZ

2019 Quiz sheets are now available from usual sellers and Club at 087 9975737.

Closing date is 31st January 2019.

## KILCUMMIN NOTES

### KILCUMMIN COMHALTAS

Kilcummin Comhaltas will commence Music and Singing classes in January. Please ring/text 087 1191353 for information.

### JUNIOR SET DANCING





Ciara O'Leary & Darragh Kelly (seated) pictured with their families to celebrate their recent engagement.  
PICTURE: MARIE CARROLL-O'SULLIVAN

Junior Set Dancing will commence on Friday 18th January in the Recreational Hall at 7pm for beginners and intermediates and 8pm for advanced. Registration will take place from 7pm to 7.30pm in the Registration Hall on Friday 11th January. For full details please contact Mary on 087-9620135.

#### KILLARNEY LIBRARY

Killarney Library will hold a talk on nutrition entitled The Ultimate Mythbuster on Tuesday 15th January at 11am as part of the Healthy Ireland initiative. Free admission.

#### SCÓR NA BPÁISTÍ

Anyone interested from 5th and 6th classes in the following Figure Dancing, Solo Singing, Music Group, Ballad Group, Novelty Act, Quiz and Set Dancing please contact Maria O'Leary on 087 4619954.

#### KILCUMMIN RURAL DEVELOPMENT OFFICE

Kilcummin Rural Dev Office provides a full Secretarial Service to all groups and individuals. Assignment, Essays, Projects, C.V's professionally typed, confidentiality assured. Other services include colour photocopying, laminating (A3 & A4), e-mail, sending faxes, paying your motor tax online. Faxes to the Department of Agriculture for the movement of cattle can also be sent from the office. Tel: 064 6643357 or e-mail [info@kilcumminparish.com](mailto:info@kilcumminparish.com)

#### REDUCE, REUSE, RECYCLE

As we hear and read in the media about the negative effects global warming has on our planet we are encouraged to reduce, reuse and recycle our waste wherever possible and help protect our environment by disposing of it in a proper manner. Why not make this one of New Year's Resolutions and help save our planet?

#### ILLEGAL DUMPING

You can report any illegal dumping to the Environmental Department 'litter complaints hotline' on 1800 326228 or you can download the app 'See it/Say it' free to your phone and this will allow you instantly send a report to the relevant authorities.

#### KILCUMMIN GAA

##### SOCIAL AND AWARDS NIGHT.

Held in the Gleneagle on 28th December the night was a resounding success attended by almost 300 patrons. The night of celebrations to honour an exceptional year for the club was adorned by the presence of RTE's Marty Morrissey who acted as M.C. for the night. The senior team were presented with their Kerry and Munster medals by Tim Murphy Chairman of Kerry Co board while the junior team received their O Sullivan cup medals from Johnny Brosnan East Kerry board. Donal and Niamh Dwyer were presented with the "Clubperson of the Year award" for their colossal contribution to the club over the year and in particular for organising the very successful "Night at the Oskars". Junior player of the year went to James Nagle while Kieran Murphy, Gary O Leary, Paul O Shea and Keith O Leary were recognised for their achievements with Kerry during the year. Willie Fleming was acknowledged for his work in securing the extra playing field and Government sports grants.

#### FUNDRAISER

Ian O Connell Fund raiser. Our Ladies committee once again organised a very successful fund raiser in the Klub on Friday 5th. They wish to acknowledge all those who sponsored the event and those who attended on the night and gave generously. Ian who attended with his parents was appreciative of the effort and

wished the senior team the best of luck in two weeks in the All Ireland semi-final.

#### ALL IRELAND SEMI- FINAL

All Ireland Semi- Final v Two Mile House of Kildare is just ten days away so again it is time to put up the colours and get ready to travel to Gaelic Park in Limerick on Sunday week.

#### KILCUMMIN LADIES

"Kilcummin's" ladies football club will field a senior team this year. Anyone (aged 16yrs and up) interested in playing should contact Denny Connor on 0879061227 or Donal Hannigan on 0879697171. New players always welcome.

#### GLENFESK NOTES

##### GLENFESK LOTTO

No winner of the lotto which took place in the Kerryway on 4th January Jackpot - €6600  
Numbers were 5, 11 17 & 19

1. Jerry McCarthy c/o John Dan's seller John Dan's
2. Sandra Lucey, Oakhill Killarney
3. Maura Cronin Ross Baile House Doocarraig Beg
4. Mike J Moynihan

The next draw will take place in John Dan's on 14th January and the Jackpot is €6800

##### GLENFESK AGM

St Agathas GAA Club, Glenfesk will host its AGM in Glenfesk Hall at 8 pm on Thursday 24th January 2019. Nominations for Club Officers and Motions should be notified to Club Secretary Denis O'Sullivan at least one week before AGM.

##### GIVE BLOOD

The Irish Blood Transfusion Service will hold a Blood Donor clinic in The Dromhall Hotel, Killarney Monday 5pm - 8.30pm TUE, WEDS & THURS 3pm - 5pm & 7pm - 9pm 14th to 17th January 2019

Blood Donation is essential to ensure Hospital Patients get the treatment they need.

One Donation can save up to 3 Lives. Full details of all clinics and on Giving Blood can be found on [www.giveblood.ie](http://www.giveblood.ie)

##### RAHEEN N.S.

Congratulations to Mary Galvin who had the winning lotto no. 4 on Saturday the 5th of January

**CONTACT:** We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or [pro.glenfesk.kerry@gaa.ie](mailto:pro.glenfesk.kerry@gaa.ie).

#### MILLTOWN LISTRY CCE

Happy new year to all members, supporters and volunteers with our Comhaltas branch. As we renew preparations for Fleadh 2019 look out for opportunities to get involved over the next few months and be part of this great community event.





Runners taking part in Farranfore Maine Valley AC Annual St. Stephen's Day 5K Run.

## FARRANFORE MAINE VALLEY AC

### ST. STEPHEN'S DAY ANNUAL 5K

There was a record turnout for our Annual St. Stephen's Day 5K Run. Now in its 57th year, with an impressive 455 finishers which was mainly due to the weather been so favorable on the day. A special thanks to all our race organisers & volunteers who work tirelessly every year to make this an event to be enjoyed by all. A sincere thanks to all our main sponsors: DUNNES Killarney, LEE STRAND, Angasana SPA The Brehon, Moriarty's Centra Farranfore, Killarney Credit Union, Ulster Bank, Daly's Supervalu, Avondale Construction, Mail Boxes etc & LIDL Castleisland. Conor O'Mahony of An Ríocht AC ran a great race, leading from the start to win overall in a time of 15:46 to take the Fr. Dan Browne perpetual Cup. European Athlete, Michelle Finn of Leevale AC was first lady (16:48) to take the Fr. Gearoid O'Donnachadha perpetual Cup. We had 40 competing from our club. Deirdre Nagle & Declan Kennedy were our Club Novice winners. Arthur Fitzgerald was first club finisher and was awarded the Sean Cronin Memorial Plaque. This was donated by Sean's family in recognition for his contribution to athletics and the club throughout his life. We are deeply grateful for this and he will always be remembered. Full Results and photos can be found on our club website.

### MEMBERSHIP 2019:

Athletics Ireland has set-up a new on-line membership system. Athletes can access the membership system and renew their membership in minutes without contacting the club secretary. Full details can be reviewed on Athletic Ireland website.

### CHARLES O'SHEA 10K & 5K

Just over 200 runners turned out for the 31st Annual Charles O'Shea 10K and 5K on New Years Day. Held in the village of Beaufort on what was a very good day which was dry and

no wind. Organised by Star of The Laune AC it continues to attract some talented runners. There was good representation from our club with everyone doing very well. In the 5K, Aidan Cahill was first to cross the line in a time of 17:31 and Dermot Dineen was third in a time of 17:55. Ger Ladden finished in 20:51, first in his age category. In the 10K Caitriona Barry ran very well to finish second place overall and in a time of 41:01.

### MUNSTER AWARDS

Congratulations to Rossa Foley who has been awarded the U23 Track & Field for his Munster achievements in 2018. The Munster Star Awards Banquet will take place on Saturday 2nd February in the Rathkeale House Hotel, Rathkeale, Co. Limerick.

Training is starting up for the Spring Season. Refer to times below. Please note membership for 2019 is now due and you must be registered before and upcoming competitions. Registration is from 1st Jan 2019 to 31st Dec. 2019.

New members always welcome to attend our training and see if it is suitable for you or your children. Plenty of information on our club website: fmvac.blogspot.ie.

Kerry Athletics Development Squad training sessions return to Tralee Harriers Field across from the Rose Hotel on Sunday mornings from 11am to 1pm. Events covered are Sprints, Hurdles, Middle distance, Jumps and Throws. These sessions are open to all club athletes who will be U13 in 2019 and older. The cost for the year is €50 per athlete

### CLUB TRAINING:

Juvenile Indoors commences on Tuesday 22nd January in the Sports Hall Farranfore from 6pm to 6:45pm. Open to all registered juveniles aged 8yrs (Born 2011) to 12yrs (Born 2006). €2 per session.

Secondary School / Senior training commencing on Thursday 10th Jan. at 6:30pm in GAA grounds Farranfore. This is endurance build training. €2 club member, €4 non club member.

Maria's Strength, Endurance & Flexibility Exercise Classes commences on Tuesday 15th Jan. @ 7pm at the Sports Hall in Farranfore. €5 per class

### ATHLETIC'S FIXTURES

Sat 12th Jan: AAI National Indoor League - Round 1, Indoor Arena Abbottstown

Sat 19th Jan: Irish Life Health Indoor Combined Events - All Ages, AIT Indoor Arena

Sun 20th Jan: Munster Juv. Inter Club Relays & Juvenile Jumps & Throws - Day 1, Nenagh Indoor Stadium.

Sat 26th Jan: AAI National Indoor League - Round 2, AIT Indoor Arena

Sun 27th Jan: National Junior & U/23 Indoor Championships, AIT Indoor Arena

Fri 1st Feb: South Munster Schools XC Championships, TBC

Sat 2nd Feb: National Indoor Games, Indoor Arena Abbottstown.

Sun 3rd Feb: National Inter/Master/Juv "B" & Relays XC, Dundalk. Sat 9th Feb: Munster U/9 to U/11 Indoors & Women's & Men's Walks & Men's 3km, Nenagh Indoor Stadium.

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance. See Kerry & Munster Athletics website for full fixture lists & timetable for events.

## GNEEVEGUILLA ATHLETIC CLUB

**LOTTO:** No winner of our lotto draw 28/12/2018, numbers drawn were 10,11, 18 & 27. Sellers prize winner Margaret Hayes, €50 Y/T winner Sarah O' Connor Rathmore, €50 to Michael English c/o Mgt Hayes, €40 each to Jason O' Grady 51 Woodlawn Park, Rob ate Killarney & Mary O' Donoghue Upper Coom. Bonus not won numbers drawn were 5, 8, 12 & 27. Next week's jackpot €15,400 plus €1,000 bonus.

**BOHERBUE ROAD RACE:** Well done to Saoirse Tomkins who won the Boherbue Road Race over the Christmas break. Saoirse is one of our up and coming juveniles who is making a name for herself in running.

**CLUB 2018:** Gneeveguilla Ac has been awarded the Top Club 2018 at The Munster Masters Track & Field Championships. The presentation ceremony is in Rathkeale, Co Limerick in early February. Great credit is due to our Masters in capturing this award. They have been there and thereabout with a few years now, so well done everybody involved.

**NEW YEAR WISHES:** Wishing all our club members, lotto supporters, trainers, club officials a very Happy New Year and continued success.

Yearly Lotto Tickets: Yearly lotto tickets are up for renewal, contact Tom Joe on (087) 9339087, anyone wishing to join for the year we would deeply appreciate your support.

## SPA MUCKROSS COMMUNITY GAMES

### WISHING EVERYONE A HAPPY NEW YEAR!

The 2019 season will be starting off on Sunday 13th January with the boy's U13 basketball competition. Teams have also been entered for the U11 mixed on Saturday 19th and the U13 girl's competition on Sunday 20th. We wish all our players the best of luck.

**ART AND HANDWRITING:** The Spa Muckross club competition will take place on Tuesday 15th in the Spa GAA hall. The art competition is on 6.30pm to 7pm and handwriting 7.15pm to 7.45pm. Please keep an eye on the Spa Muckross Facebook page for details of this competition.

**SWIMMING:** The county competition for swimming will take place Sunday February 3rd in Tralee. Closing date for entries is January 18th. If your child would like to enter please contact Emir on 0872258776.





Conor O'Mahony (An Ríocht) 1st male

## MUCKROSS ROWING CLUB

### NEW YEAR

Happy New Year to all! The club availed of the mostly pleasant weather conditions over the holidays with lots of action on and off the lake. Normal training times have resumed, midweek at the Muckross Community Centre and weekend mornings from the club boathouses.

### MUCKROSS HOR

The club was delighted with the successful staging of the Muckross Head Of the River at the National Rowing Centre in Farran, Cork which was fortunate to run in a narrow window of good weather conditions on Sat 1 December. Of the record entry of 497 crews, 427 crews completed the course making for the largest time trial to be held nationally, in recent years at least. We owe a great deal of thanks to all our committee members, adult and junior members past and present, supporters and parents who all gave of their time with the organisation and running of the event. On the water, there were some encouraging results with the club second in the Womens Club Four, Womens Junior 18 Single, Womens J16 Quad, Mens J14 Octuple and Mens J14 Quad. The club was also third in the Mens J18 Quad, Mens J14 Double, Womens Club Four, Womens J16 and J15 Quad events, Womens J15 Single and Womens J14 Double.

### UPCOMING

Irish Indoor Rowing Championships, UL, Sat 19 Jan. Skibbreen HOR (rescheduled), NRC Cork, Sat 09 Feb. Kerry HOR, Killorglin, Sat 16 Feb. Cork HOR, Marina, Sat 02 Mar. St. Michael's HOR, O'Briensbridge, Sat 16 Mar.

## FIRIES COMMUNITY GAMES NEWS

The New Year is off to a flyer, so please keep an eye out not only here but also on the Furies Community Games Facebook page. We will endeavour to keep you up to date with events



Michelle Finn (Leevale AC) First Lady.

and fixtures, dates, times and contact people. Basketball teams are picked and training and the first competition starts this weekend for the Boys U13. Good luck to you all and enjoy, and a special thanks to all involved.

Last chance for anyone interested in Music, Singing and Recitation U12 and U16, as this is being held in Keel on Saturday and Sunday 9th and 10th February.

The Music and Singing is both solo and group ages U12 (must be under 12 as of the 31/7/2019) and U16 (must be over 13 but under 16 as of the 31/7/2019). The Recitation is also ages U12 (must be under 12 as of the 31/7/2019) and U16 (must be over 13 but under 16 as of the 31/7/2019) either a boy or girl. Registration is 5 euro per competitor.

Anyone interested in taking part please contact Maura on 0876663702 or Emma Galvin (Music and Singing) on 087 9239288 immediately, by Friday 11th January.

Art and Handwriting will be done in the schools. For any children in the parish but not attending the schools please contact Maura on 0876663702 for further information.

We are entering a Boys and Girls team into U13 (Must be over 10 & U13 on 31/7/2019) Indoor Soccer. Please contact Bernie Doe 086 6095318 (Girls) and Maura Culloty 0876663702 (Boys) by Friday 11th January, so trials can be arranged. You must be available for competition Girls - Saturday 16th February, Boys - Sunday 17th February,

Finally Swimming, U8, U10, U12, U14 and U16, again if you have any interest please immediately contact Maura on 0876663702 for further information.

## WORKMEN'S ROWING CLUB

### UPCOMING EVENTS

Irish Indoor Rowing Championships, at University of Limerick on next Saturday, 19th January.

Skibbreen Head of the River, NRC, 9th

February.

Kerry Head of the River 16th February, Killorglin.

Recent Events

A lovely night was had by all at our Ladies Nollaig na mBan night out last Saturday. It was just the tonic we needed to get ourselves in the mood for a bright and breezy row out on Lough Leane the following morning.

### CONGRATULATIONS

As we face into the new year, we would like to wish very Happy Birthdays to the following ... Anne Moynihan for the 8th, Hannah Majella for the 15th, Maria Browne for the 20th and Luke Ryan on the 23rd.

May we congratulate Aileen and Alan Hickey on the birth of baby Hugh and also Stephanie and Michael Quirke on the birth of baby Fionn. What wonderful news for Christmas!

Also, we wish our very talented boys...Joe Rudden, Marc Woodard and Peter O'Shea, all the very best as they embark on their journey with St.Brendan's to the auditions of Britain's Got Talent. We hope you & your families enjoy every minute of this unique opportunity.

## KILLARNEY COUGARS BC

### JUVENILE NEWS

U12 Girls

Killarney Cougars 24

Chorca Dhuibhne 21

Cougars opening home game of 2019 saw them welcome Chorca Dhuibhne to the Pres Gym. A good competitive game saw Cougars lead throughout but had to hold onto the lead in the closing stages as the Dingle girls came close to snatching the points. Cougars had good performances from Laura Ahern, Rose Cahillane, Ruby Gaffey, Seodhla Collieran and Brooke Lynch

### U14 BOYS PLATE

St Brendans Tralee 45

Killarney Cougars 33

Cougars U14 Boys travelled to to the Moyderwell for an important plate game and a poor first half saw the home side build up a good lead and despite a good second half it was the Tralee side that advanced to the next round. Cougars best performances came from Callum Cronin, Rory Clancy, Cian Forde, Nathan Cox, Roco Sheehan.

### FIXTURES

U12 Boys Cougars v Glenbeigh Falcons 6 pm Pres Gym.

U11 Boys Cougars v Rathmore Ravens 7 pm Pres Gym.

Club information and upcoming Fixtures are available on the website [www.killarneycougars.com](http://www.killarneycougars.com) and the club facebook page.

## KILLARNEY VALLEY ATHLETIC CLUB

Registration for all old and new members will take place on Thursday 17th January at Sem Hall 5.30-7pm. Athletes cannot not train after this date unless registered.

### TRAINING

Strength & Conditioning will return on Monday 7th January at 7pm in the Sem Gym for all



members age 12 upwards. Bring €2, water and a mat if you have one.

Training for age 7-12 years return on Thursday 10th January at 6pm in the Sem Gym. Please remember to bring €2 to all sessions.

Please keep an eye on your email and check our facebook page <https://www.facebook.com/KillarneyValleyAC/> for any updated information.

## KERRY SCHOOLS CROSS-COUNTRY 2019

The Kerry Schools Cross-Country Championships will be held on Thursday, 17th January, 2019 at The Demesne, Killarney. The first race will begin at 11.30 am. The following are the age groups and race distances. Please ensure that athletes are in the correct age group, and that they compete in one age group only.

•Minor (born on/after 1st July 2005)

Girls 1500m Boys 2000m

•Junior (born on/after 1st July 2004)

Girls 2000m Boys 2500m

•Intermediate (born on/after 1st July 2002)

Girls 2500m Boys 4000m

•Senior (born on/after 1st July 2000)

Girls 2500m Boys 5000m

### PRIZES

Kerry Schools medals will be presented to the

first 6 individuals and the first 3 teams (4 to score). Shields will be presented to the Best Overall School in girls and boys events.

### ENTRY FEE

€3 per athlete. Please fill in the entry forms and hand them to the Secretary along with the correct fee, before the first event.

### NOTE

Qualification for Munster Schools Cross-Country Championships is through regional qualifiers at North or South Munster Championships. The following are forthcoming fixture dates:

•North Munster Schools XC-

Thursday 24/1/2019, Pallaskenry, Co. Limerick

•South Munster Schools XC - Friday 1/2/2019

•Munster Schools XC -

Friday 15/2/2019

•All-Ireland Schools XC -

Saturday 9/3/2019

Useful websites for info:

[www.northmunstersports.com](http://www.northmunstersports.com)

[www.munsterschoolsathletics.org](http://www.munsterschoolsathletics.org)

## GNEEVEGUILLA ATHLETIC CLUB

Lotto: No winner of our lotto draw 04/01/2019, numbers drawn were 2, 11, 14 & 24. Sellers prize winner Gneeveguilla Po, €50 Y/t prize winner John Vaughan Lisheen 450 to Paul

Moynihan Rathmore, €40 each to Nora & Jerry c/o Gneeveguilla Po, Shane Nagle Rathmore & Paudie O' Connor Scartaglin. Bonus not won numbers drawn were 4, 15, 22 & 27. Next week's jackpot €15,600 plus €1,000 bonus.

St Valentine's 5K: A new race in Gneeveguilla Ac calendar is St Valentines 5K February 9th in Demense Killarney. The race commences at 11.30 am, The Old Monastery is the race headquarters, the prize giving will be afterwards, with prizes for senior men & ladies, master men and ladies and juveniles. Entry fee is €15.00 for adults reduced fee for juveniles. This race replaces the 4 x 5K which the club use to feature. We are hoping a lot of our schools will participate. We will also promote the Rathmore to Rathmore 4K on March 9th, that will be followed by The Jack O' Keeffe Road Races on Easter Monday which is a 4 miler. There will be a special prize allocated for all those who will participate in all three events.

Recent Winners: Well done to Saoirse Tompkins who has had many a win recently. Caroline Murphy & Mary O' Connell won their sections in Beaufort on New Years Day. Robert Purcell & Andrew Purcell were also in fine form recently. Membership & Lotto renewal: We are still collecting the money for yearly lotto tickets, €100 for 12 months or €50 for 6 months. Contact Tom Joe on 087 / 9339087

## CYCLING RACING NEWS

# Killarney hoping for national title

It was a good weekend for Killarney Cyclists as Richard Maes of Killarney Cycling Club took first place in last Sunday's cyclocross event in Youghal and his clubmate, Matt Slattery was third. John Crowley also won the over-50 category.

It was the final event before next Sunday's National Championship to be held at Fota and Richard's recent consistent series of wins makes him one of the favourites for the podium. The Killarney club will also be hoping for a top placing in the team

category as they are competing with a very strong squad comprising of Richard Maes, Matt Slattery, Paidi O'Brien, Mike Lucey and Conor Kissane.

In the over-50 category, John Crowley holds the Munster title and will also be hoping for a podium place.

Mike O'Connor and Colin Leahy will be competing in the over-40 category and in the Youth category the club will be represented by Patrick Galvin and Eoghan Crowley.



Killarney Cycling Club Members: From left: Paidi O'Brien, Jamie O'Donoghue, Mike Lucey, Richard Maes, Matt Slattery, Colin Leahy, John Crowley.

# Fashion Show raises vital funds

The tenth annual Killorglin Charity Fashion Show was held in Sol y Sombra, Killorglin on Tuesday November 13th 2018. Fiona Foley Hyde, the founder of the Fashion Show, and her Committee were delighted to present The Kerry Hospice (Killorglin Branch) with a cheque for €1500 on Monday 17th November in Sol y Sombra Killorglin. The Killorglin Charity Fashion Show will also be donating funds to autism units in local schools. L-R Caroline Williams, Kay Woods, Clíodhna Foley, Ruth O'Grady, Fiona Hyde, Kathryn Shaw, Clodagh Whittleton, Michelle Jones & Colette Leen

PICTURE: MICHAEL G KENNY







Ryan Kelliher Junior Captain, Mary Sheehy Lady Captain, Tom Prendergast Club President, James Curran Captain and Valerie Clancy Junior Captain at their Drive In with some Club members at Killarney Golf Club on Thursday.

## KILLARNEY GOLF CLUB - MENS

St. Stephens day saw the annual Arbutus Cup being held on Mahony's. This event was very kindly sponsored by Killarney Printing.

Result as follows :

1st Sean Goulding 41pts, 2nd Colm O'Shea 40pts, 3rd Declan Glavin 40pts, 4th Gerard Moroney 38pts and 5th Louis Holland 38 pts. Best Gross - Simon Gallivan 34pts, Cat 2 DJ Fleming 35pts, Cat 3 James Lynch 38pts, Cat 4 John F Murphy 37pts.

The 2019 season Drive-In took place the following day. A large gathering of members were present as the newly appointed club Captains drove balls into Lough Leane, to celebrate the start of their year term. Men's Captain James Curran, Lady's Captain Mary Sheehy, Junior Boys Captains Ryan Kelliher and Junior Girls Captain Valerie Clancy. We wish them all luck in their year ahead and all of our members a happy and prosperous 2019.

Next competition is 2 person scramble on Killeen 6th Jan with an 08:30 and 12:30 shotgun sponsored by the Mens' Club.

Lastly, copies of the new 2019 calendar are now available to members. Please contact any of the committee for a copy.

### MEN'S CLUB KILLARNEY GOLF AND FISHING CLUB RESULTS

The Gents 2 Man Scramble took place on Sunday the 7th of January. The competition was sponsored by the Men's club and took place on Killeen, which was in fantastic condition and serious credit must go to the course staff for the wonderful presentation of the course at this time of the year. Result as follows;

1st Sean Brosnan & Mark Bowe, 62 (59.2)  
2nd Shane Horgan & Neilus Hayes, 64 (60.4)  
3rd Paud O' Donoghue & Brendan Lynch, 64

(60.4) 4th Adam O Rielly & Alan McSweeney, 65 (61) Next week's competition will be a team of four on Mahony's Point, with two shotguns at 8.30 and 12.30.

## ROSS GC, KILLARNEY - GENTS CLUB -

### RESULTS:-

On Sunday December 30th we held an SS competition

The winners were:-

- 1..Sean Moynihan (5) 43.
- 2..Michael J Casey (19) 39.

On Sunday Jan 6th we held a single stableford competition

The winners were:-

- 1..John Cuskelly (16) 43 pts.
- 2..Rolandas Bendikas (13) 38 pts.

### FIXTURES:-

Next weekend - Jan 12th / 13th we will hold an Open V Par competition and the timesheet is now available .

## KILLARNEY GOLF & FISHING CLUB - LADIES

### RESULTS NOLLAIG NA MBAN SUNDAY 6TH JANUARY 2019

Very kindly sponsored by Bradley's Pharmacy, Killarney,

1st	Jane Dwyer	35pts
2nd	Annette Mc Neice	33pts
3rd	Corrina Griffin	31pts
4th	Mary Sheehy	30pts
5th	Ailish Mulcahy	29pts

Congratulations to all the winners!

## DEERPARK PITCH & PUTT CLUB NEWS

Next Sunday we will have an 11 hole competition on Killeen which will be Club sponsored. Christmas Competitions: An eventful programme over the festive period which saw us run five competitions over the course of the two weeks. It was a great period for our Vice-Chairman Noel Moynihan while we were delighted to see Eileen Switzer return with a Hole-In-One in one event!

Dec 23rd: Fourball Betterball, Nett: Robbie O'Brien Snr & Noel Moynihan, Gross: Sean Ashe & Noel Moynihan. St Stephens Day: Three Ball Scramble, Nett: Robbie O'Brien Jnr, Jason O'Connor & Dara Moynihan 34 1/3, Gross: Sean Kelly, John O'Brien & Sean Ashe 42.

Dec 30th: Fourball Betterball, First Nett: Noel Moynihan & Sean O'Brien 37 (B9), Gross: Sean Kelly & Noel Moynihan 42, Second Nett: Noel & Dara Moynihan 37½.

New Years Day: Two Ball Scramble, First Nett: Sean Kelly & Sean Ashe 37, Gross: Sean Kelly & Aidan O'Keeffe 45, Second Nett: Sean Ashe & Dara Moynihan 37½

Jan 6th: Fourball Betterball, First Nett: Noel Moynihan & Robbie O'Brien Snr 40, Gross: Sean Ashe & Sean O'Brien 49, Second Nett: Ger Casey & Eileen Switzer 41.

Sunday Draws: Same again this Sunday @ 9.15am & 11.15am.

Over 50's: Results of event held in Deerpark on Wednesday January 2nd- First Nett: John Murphy & Mick Long, Gross: Aidan O'Keeffe & Sean Ashe and Second Nett: Robbie & Betty O'Brien. Next outing Newmarket, Wednesday February 6th. Membership: Now due for 2019, please contact Club Registrar Sean Kelly (086 0508686) for further information.



## MURPHYS BOUNCE BACK

Murphys Golf Society team bounced back to recapture the Ryder Cup from the Killarney Heights Golf Society team at Killeen last Saturday. The Heights were chasing three in a row and were level with Murphys at three points each after six fourball matches. A large crowd gathered around the eighteenth green for the final group. Pat Carroll secured the winning point for Murphys when he hit a superb six iron pin high to fifteen feet of the hole. Jim Sheehan (Heights) pitched in to six feet with his third shot. Carroll holed out for a par while Sheehan missed for a half. Murphys are Ryder Cup champions for 2018. A great evening was spent at Sean Murphys establishment that evening.

Results. (Murphys names first)

1. Sean Murphy & Pat Casey won 5/3 Padraig Sweeney & Eddie Slattery.

2. Jimmie Smith & Seamus Doheny lost 3/2 George Vass & Pat Kelleher.



Pat Casey Captain Murphys Bar Golf Society celebrate with team members after defeating The Heights Golf Society in their Ryder Cup match at Killeen last Saturday.

3. Pat Cussen & Mike Casey lost 5/3 Donal Gap O' Sullivan & Seanie Kelleher.

4. Brendan Keogh & Greg O'Donoghue won 4/3 David McIndoe & Enda Prendergast

5. Chris Collins & Ger Moroney won 4/3 Eugene O' Sullivan & Donal Cronin.

6. Conor McNiece & Kevin Browne lost 2/1 John Cahill and Seamus O' Donoghue.

7. Niall O' Mara & Pat Carroll won 1 up Sean Casey & Jim Sheehan.

## Bunker shots to benefit Kerry Mountain Rescue Team

The new captain at Killarney Golf & Fishing Club James Curran along with Lady Captain Mary Sheehy have come up with a novel fund-raising idea for the 18th bunker on Killeen. This years captain's have introduced a 'Captain's Charity Bunker' for the coming year and all those who land in the greenside bunker of the 18th on Killeen are being asked to kindly donate €1, with all proceeds going to Kerry Mountain Rescue. The charity box is located in the Clubhouse bar and all donations will be gratefully received.

'Kerry Mountain Rescue Team provide a vital service to the mountain users in the South West and we're delighted to have the opportunity to support the work they do in this way', James Curran, Killarney Golf and Fishing Club Captain told the Killarney Outlook.



At the presentation of the Dr Crokes GAA Club Golf Society Eddie Barry Memorial Cup Golfer of the Year award sponsored by Vincent Casey Life and Pensions at a prizegiving function in The Speakeasy Bar on St Stephen's Day were from left, John O'Leary (incoming President for 2019), Vincent Casey, Sponsor, Joey Sheehan, winner and Karl McMahon, 2019 Captain. Back from left are Mike Howard, Johnny Courtney, Shane Horgan, Stephen Fleming and Der Brosnan.

PICTURE: EAMONN KEOGH



Launching the Captain's Charity Bunker in aid of Kerry Mountain Rescue were James Curran Captain and Mary Sheehy Lady Captain with (left) Mike Sandover KMR (back) Mick Long KMR, Tom Prendergast President and Brendan Coffey KMR on the 18th at Killeen Course, Killarney Golf Club, Killarney.



Joe Geaney of Kerry Linen Services (front fourth from left) presenting first prize in the Kerry Linen Services Mixed competition to winner Ciara O'Mahony and Dermot Roche with (left) Mary Sheehy Lady Captain, James Curran Captain, Tom Prendergast Club President (second row from left) John and Kathleen Wall 2nd, Donal Considine best gross, Ellen Ann Sugrue 3rd (third row from left) Jemma and Kevin Leacy 4th, Frances and James Arthur 5th (back from left) Marie and John Geaney 6th, Peg and Peter Wickham 7th at Killarney Golf Club



## LISTRY GAA CLUB

### BON VOYAGE

Listry GAA would like to send best wishes to your Senior Team player, Gary O'Sullivan, heading to Australia, he will be greatly missed in the GAA and in the community of Listry.

### THANKS

Listry officers and players would like to thank Sean and Aoife O'Mahony and all the staff of Faha Court Bar and Restaurant on the fantastic meal and entertainment provided by them on Saturday night 29th December. Jerome Kennedy presented Dan Tim O Sullivan with a glassware on the night for his kindness and generosity to the Listry Gaa club members and players went they to London in November.

### FUNDRAISING

Listry GAA would like to thank everyone who was involved on our fundraising event for Palliative Care Unit, UHK on St. Stephen's Day in Listry pitch. We raised in excess of €1,700 on the day. A huge thanks to Damien and Jimmy and the senior team for organising the event for a worthy cause.

### DEEPEST SYMPATHY

Listry GAA would like to send deepest sympathy to The Flynn family, The Glen and Castlemaine on the recent death of Dora Flynn RIP, May she rest in peace.

### LISTRY GAA AGM

Our senior AGM takes place on Sunday week January 13th in the clubrooms at 2pm. We ask that all attend please as this is the forum to voice opinions going forward. As in previous years this will serve as a notice of meeting and over the weekend this notice of meeting along with nomination papers and motion papers will be available on our website to download. If you would prefer to receive by post please let me know ASAP. Completed forms must be returned to the Secretary Anthony Clifford Faha West latest next Friday 11th January. Again we would ask that as many as possible come along on the day.

### CONGRATULATION

Congratulations to our Senior team player, Danny Wrenn and his partner Amanda, on the recent birth of their daughter, Elli Mai.

### LOTTO RESULTS

2,14,24,26

€100 - John Steadman.

€50 X 2 - Pat Moriarty, Rockfield, Faha.

Nicole Breen, Crosshaven.

€25 X 2 - John and Margaret Lehane. Martin Hunt. Draw Entrant; Senan Wrenn, Lissivane.

Next Sunday 13th January jackpot €10,600

## MILLTOWN/CASTLEMAINE

### SYMPATHY

Sincere sympathy to the Flynn Family, (Flynn's Funeral Home) Castlemaine and Tullig, on the death of Nora.

May Nora rest in peace.

We also send our deepest sympathy to the family of David Sheehy- Rockfield and Rathpooke.

May David sleep peacefully in the company of the angels.



*Listry Chairman Jerome Kennedy pictured at Faha Court Bar and Restaurant on Sat 29th December presenting Dan Tim O Sullivan with a token of their appreciation of the kindness and generosity when Listry GAA players and members went to London in November.*

### GET WELL

We wish all those from our community and beyond who are sick- a full return to health. We think in particular of all those who may be in hospital at the moment- as well as those caring for them. We hope the New Year will bring good health and happiness to you all.

### FESTIVE FUN FOOTBALL FOR CHARITY:

The annual Milltown Castlemaine GAA Parish League for charity took place on St. Stephen's Day in the The Dragons Den, Killorglin. A huge well done to the organisers Stephen Roche and Garry Murphy. A special thanks to all the players of the 6 teams that took part and to the referees Mike Hickey and Brendan Twiss.

Our chairman Podge Leane was on hand serving tea/ coffee and Larkins Brack to all the footballers and supporters too. Míle buíochas Podge. We also appreciate the generosity of James O' Mahony, of the ISK, who gave us the use of the Astro Turf Pitch free of charge.

A total amount of €770 was raised which will go to the Kerry/Cork Cancer Link Bus.

### FUNDRAISING LOTTO JACKPOT:

O'Shea's Bar was the venue for the final draw for 2018. There was a jackpot of €6,200 on offer with €300 for a match 3.

Drawn numbers were : 6,10,19 and the bonus number was 20. Congratulations to yearly ticket holder Ann Flynn, Gurrane, Faries who had a match 3 and so won for herself €300.

Many thanks Ann for supporting our fundraising lotto.

We also had the annual special draw for yearly ticket holders on the same night with fantastic prizes donated by local businesses. We are truly blessed by the generosity of people.

Here is a list of the lucky winners and their prizes. €50 Londis TopShop Voucher: Patrick Heffernan, Kilderry.

€50 Larkins Bar Voucher: Tim Lane, Askeaton.

€50 Burkes Butchers: Linus Óg and Caoimhe Burke.

€50 Spar Voucher: Eileeen Lovett, Castlemaine

€25 Knightlys Bar Voucher: John Hogan, Ballinroe

€25 Cronin's Shop Voucher: Margo and Thomas Dowd.

€25 Almas Voucher each to Mike O'Shea, Farran and Nora Murphy, Ballymacandy.

€25 Murphy's Food store Voucher: McCarthy Family. Ballyoughtragh North.

## FOSSA

Our social is upon us on Friday the 25th January @8pm sharp in The Killarney Avenue Hotel. Buffet meal with music by KATSQUIRE, presentation of medals and awards. This is a great parish occasion for people to catch up have a chat and maybe a dance if interested pls contact any of the following officers

Shane Kelly 087 6738215

Theresa Kissane 086 1037902

Willie Buckley. 087 9613429

Karen McGlynn. 086 1037902

Mike Cahillane. 087 6487181

Merry Talbot. 0870511988

## BEAUFORT GAA

### HAPPY NEW YEAR

to all our members, volunteers, supporters and sponsors

### LOTTO

Lotto results of Sunday, 6th January for jackpot of €7,000.

Numbers drawn: 3, 12, 14, 21. No jackpot winner.

Consolation Prizes

€80 Frances Griffin, Cooleanig

€50 Anthony Dennehy, Coolmagort, John O'Sullivan, Cappagh, Anthony O'Connor, Cooleanig.

Next draw for a jackpot of €7,200 will be on Sunday, 20th January in Galvin's Bar.

### AGM

Beaufort GAA Club Annual General Meeting





# KERRY GAA STORE



SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: [kerrygaastore1@eircom.net](mailto:kerrygaastore1@eircom.net)

will be on Sunday, 13th January at 5pm in Clubrooms

## FIXTURE

Beaufort seniors will play Dundalk Young Irelands on Sunday, 20th January at 2pm in All Ireland Junior football semi-final

## EXERCISE CLASSES

Early Spring classes will begin on week beginning, 14th January. Mondays, 8pm to 9pm-Beginner/Improver Pilates.

Thursdays, 9.30am to 10.30am- Core, conditioning, pilates. Thursdays, 11am to 12 midday-Active retired gym and pilates. Thursdays, 7pm to 8pm-Pilates-Improver/Intermediate pilates.

Please bring your own mat. To book a place, please contact Club at 087 9975737

## DR CROKES CLUB

### PROGRESSIVE 31

Progressive 31 takes place every Wednesday in Crokes Clubhouse. It will start at 8pm. You will need to bring money and a partner €5 per person.

### SENIOR SCOR

Senior Scor is now looking for participants for the 2019 competition. It's open all Adults. Please contact Ger Lyne on 086 1541840.

### HAPPY BIRTHDAY

Happy 70th Birthday to Connie Brosnan  
Happy Birthday to Maggie Mc Auliffe and Siobhan Courtney

### LOTTO

Lotto 4, 22, 23, 26. Jackpot E7500 Not won Match 3 1 by E400. Next draw on Sunday 13th of January in Tatler Jack. Jackpot E7800.

### JUVENILE AGM

Our Juvenile AGM will take place in the Clubhouse on Wednesday 16th of January at 7pm. Everyone is welcome.

## GNEEVEGUILLA GAA NOTES

There was no of last weeks lotto numbers drawn were 2,12,14,19. Lucky dip winners were €40 Chris and Mark Hogan, €40 Tim and Zoe c/o Timmy Cronin, €40 DJ O Connor c/o Petros, €30 Dan O Keeffe, €30 Richie and Ann Leader, €20 Frank Brosnan. Next weeks jackpot €6,250 thanks for your continued and a Happy New year to you all. Huge thanks to all who participated in our bikeaton our sponsored people to cycle. The following were results of our draw €300 Ambrose Donnelly, €150 Maria Kerins Lissivegeen, Meal for two in Randles Fergus Mc Auliffe, Yearly lotto ticket Edel O



*Michael Burns receiving his Man of the Match Award from East Kerry Chairman, Johnny Brosnan following Dr. Crokes O'Donoghue Cup win over Kilcummin.*

Connor, 2 tickets for our social Owen Moynihan Kilcummin, €50 Paul Hickey, €50 Kathleen O Callaghan, €50 Humphrey O Keeffe, €50 Diarmuid O Leary, €50 Marie O Callaghan. Special thanks to people of Sliabh Luachra cycling club for their help on the night.

## EAST KERRY GAA NEWS

*By Michael O'Mahony PRO*

The East Kerry Under 21 team who won Acorn life insurance sponsored U21 county Championship last year were presented with their medals by Peter Twiss secretary of County Board on Friday night last at The Shire Restaurant & Bar Killarney,

### EAST KERRY 2018 ALLSTARS GALA NIGHT

Saturday 26th January 2018 at BREHON Hotel Tickets €35 euro Available at Kerry GAA Store, Sponsored by The Kerryman, The AQUILA Club & East Kerry GAA. Presentations to the All star Players, senior, intermediate, u21 Player of 2018, Hall of Fame 2018, Person of the Year 2018.

### EAST KERRY GAA CONVENTION

will take place (tonight) Friday January 11th at the Killarney Heights Hotel with Mass taking place beforehand at 7PM.

## LEGION NOTES

### WINTER WALL CHALLENGE

Thanks to all our Juveniles who took part in the hugely successful Winter Wall challenge. The whole idea was to get the kids out, practicing & most importantly have fun. Well done to all.

### LEGION LOTTO RESULTS

7-17-18-27

Match 3's

Betty Leary, 16 O Kelly's Villas

Brendan Murphy, Mangerton Road

Maura McCarthy, Ross Rd

John & Mairead Sheehan, Coolgarriv, Killarney

Breda Kelliher, C/o Holiday Inn

Jackpot €6,600 next Sunday 13th J

an @ Murphy's Bar.



AIB All Ireland Intermediate Football semi-final

# Connection unveiled as Kilcummin face Two Mile House

By Oisín Langan

**B**ack in the summers of 2008 and 2009, Kilcummin man Billy Doolan used to tell his nephew and future Two Mile House player Caomhán into Fitzgerald Stadium for the odd kick around. He couldn't have known that he was helping create a threat to his beloved club. A decade later, Kilcummin face Two Mile House in the All-Ireland semi-final and guess who's in the team? Only his nephew, who probably honed some of his skills in the shadow of the mountains that encircle Killarney. Although Caomhán is from Kildare, his father Michael's people are staunch Kilcummin people. His Kerry heritage has worked out well for the Kildare club with Doolan confirming "I was always proud to have family from Kerry and then to follow that football line because the Kingdom were so good."

Caomhán has represented his school Newbridge College, his underage club Athgarvan and his adult club Two Mile House with pride but admits his love of football was formed by those kickabouts on the hallowed turf of Fitzgerald Stadium. "I used to practise kicking scores. Fitzgerald Stadium is where the greats were, so being there helped develop my love of football."

"It was always the Gooch," says Doolan when asked who his childhood hero was, adding "he could kick a point over any player on both feet, so I used to practise that with my Dad. He used to go behind the goals and I'd just keep kicking scores." Although born and raised in Kildare, Doolan says the lure of following the green and gold of Kerry was too much to resist. "We used to go to all the games in Croke Park. We used to watch all the great like Gooch and Dara Ó Sé. I'd even go to watch the interprovincial Championship Leinster vs Munster matches to keep an eye on the Kerry players. One of my prized possessions is a signed Kerry jersey by former manager Pat O'Shea that I got one day when my uncle brought me to Kerry training."

When Doolan talks about football it's clear he loves the game, a love developed by his Kilcummin father. "When we'd go on holidays



Kilcummin play Two Mile House in the AIB All Ireland Intermediate Football semi-final on Sunday January 20th at the Gaelic Grounds in Limerick. Throw in is at 2pm.

we'd always bring a ball with us and he had me soloing with my eyes closed, which I enjoyed. He made football fun and still believes to this day that everything should be done with the ball. He's disappointed when he hears about training without footballs because he believes everything should be ball work."

It's been a busy few months for Doolan who's mixed his college commitments with football, winning county and provincial titles. The provincial final clashed with one of his exams but somehow, he managed to fit both in. Bad weather meant the helicopter that was due to take him from Tullamore to University of Limerick was cancelled so he had to jump into a car to make the dash without even time for a shower "I looked over a few notes in the car on the way down and arrived at the exam five minutes late and still in my match gear including my wet socks. I wouldn't say anyone sitting around me was too pleased!" While he's still awaiting the results, Doolan reckons he did ok in the exam.

Two Mile House have had quite the journey in recent years, winning the All-Ireland junior title in 2014 and four years later becoming a senior

club for the very first time. The high of the All-Ireland win however was matched by the terrible low of forward Adam Burke's on field stroke in 2016. After a long road, Burke is recovering and is still a central part of the club. His pre-county final speech this season was a key part of the team's preparation. Recalling Burke's inspirational words, Doolan says "He calmed us down and took any nerves away. He spoke about how much he'd love to be on the pitch, asking those of us who get the opportunity to go out and have no regrets afterwards. When someone like Adam Burke speaks, you listen."

Doolan was too young to feature in the All-Ireland win of 2014. It was historic, as it was the first time a men's team from Kildare won a national club title. He says seeing the club enjoy such success is driving the younger generation to claim their own piece of history and the older players also want to repeat their heroics. Although the youth are keen to make their mark, the wise old head of Peter Kelly is still a driving force. The All Star is the "biggest influence in the team" according to Doolan, who says he has unbelievable game smarts and is constantly communicating throughout matches. Lillywhite forward Chris Healy is also among the Two Mile House ranks, with Doolan outlining his ball winning ability as a key asset "just get the ball to him and he'll put it over the bar" says his young teammate of the county star.

So, what of the game itself? Will Doolan's Kilcummin father be conflicted or will he be one hundred percent behind Two Mile House on the day? "He'll be wearing the Two Mile House jersey that day," says Doolan. "I reckon he'll be hoping we'll win because then he'll have something to slag his brothers about!"

Although he dreamed of playing in the green and gold of Kerry as a child, it's the green and gold of Two Mile House that is now the centre of Caomhán Doolan's attention.







# KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

## All set for the 2019

### Allianz Football League

Peter Keane and his selectors are busy preparing for their first game of the 2019 Allianz football League. On Sunday, January 27th, Kerry host Tyrone in Fitzgerald Stadium at 2pm. Tickets will shortly be available from SuperValu and Centra stores around the County and from the Kerry GAA Store in Killarney as well as online on the GAA website. On the same day, Monaghan host Dublin and Galway host Cavan. The opening game of Round 1 is on Saturday January 26th at 7pm when Mayo will host Roscommon. Season tickets are available to purchase from Croke Park. A large crowd is expected in Fitzgerald Stadium to see the team in action for the first time this year under new management. We wish everyone involved the best of luck!

## Download the new Free GAA APP

The new GAA App provides users with access to news articles and videos from the GAA website, National Fixtures and Results along with live updates and highlight clips from intercounty matches. In addition, it allows Club members to login to a Club specific section where they can update their personal information, pay the relevant membership fee to their club using a Debit or Credit Card, receive free messages from the club activities, view fixtures and results for their club and receive notifications of results to their phone involving their club's teams. The App is designed to be intuitive and easy to use and the GAA news, videos, fixtures and results are available to anyone who downloads it.

## New Code of Behaviour Launched

The new Code of Behaviour (Underage), which was recently launched at the Child Safeguarding Information Day, highlights the levels of behaviour that the GAA seeks from those who are playing, coaching, officiating or attending our underage games. Packed with 10 different sections, the Code of Behaviour (Underage) has been updated to reflect recent child safeguarding legislative requirements that are now enshrined in our Rules and in the day to day organising of our games.

Sections include guidance on maintaining appropriate levels of behaviour when working with children and young people, how to promote the Code and also deal the breaches of the Code, useful guidance on recruiting coaches and managers for underage teams, how to plan away trips, the Club child safeguarding statement, dealing with bullying of children and young people, social media guid-

ance and how to report any concerns or allegations of abuse.

The Code of Behaviour (Underage) applies to all of the Gaelic Games Associations - GAA, Ladies Football, Camogie, Handball and Rounders - and may be downloaded on the Kerry GAA website.

## AIB All-Ireland Club Football Championship Semi-Finals

Match details have been confirmed for the AIB All-Ireland Club Football Championship semi-finals. Dr. Crokes will face Mullinalaghta in the Senior Club Final on Saturday February 16th at 3.30pm in Semple Stadium, Thurles. In the Intermediate semi-final, Kilcummin face Two Mile House of Kildare on Sunday January 20th, at the Gaelic Grounds in Limerick at 2pm. Also at 2pm on January 20th, Beaufort play Dundalk Young Irelands of Louth in the Juniors semi-final which goes ahead in O'Moore Park, Portlaoise.

## Deepest Sympathies

We wish to sympathise with the families of the late Aidan Galvin and the late Larry McCaffrey. Both gave so much to Kerry GAA. Aidan served as Chairman of the Finuge club as well as being an Officer on the North Kerry Board for over 30 years. Larry played with Knockanure and Moyvane and was considered by all to be an excellent referee. May they both Rest in Peace.

## Referees In Service Course

Training courses for Referees are going ahead Wednesday 16th January at 8pm, in the Kerry GAA Centre of Excellence, Currans and on Friday 18th, 8pm, in Austin Stack Park.

These courses are for trained football referees. The referees committee will be running an In-Service Course for Hurling Referees and a Foundation Course for new referees in February. Physical Training takes place every Wednesday night in the Kerry GAA Centre of Excellence, Currans at 6.30pm. This is open to all referees and attendees are asked to bring both runners and football boots.

## Kerry GAA Supporters Club

The Kerry GAA Supporters club Annual Social takes place on the 19th January 2019 in the Ballygarry House Hotel. It was a successful 2018 for Kerry teams on the playing fields and the Kerry GAA supporters club will honour

those achievements. The highlight was the five in a row All Ireland Minor Titles. Captain Paul O'Shea and former Minor Manager Peter Keane will be present along with the Kerry Juniors Manager Jimmy Keane and Captain Kieran Murphy. The U21 hurlers claimed the B All Ireland title.

le and captain Jason Diggins and Manager Ian Brick will also be present.

Also invited are Sean Weir who secured a place on the Joe McDonagh team of the year along with 2018 football All Star David Clifford. Special guest on the night will be former Radio Kerry broadcaster Garry O'Sullivan. Tickets for this event are now on sale from club members. The Kerry Supporters Clubleague travel 2019 is just around the corner.

The first away game for the Kerry Senior Footballers is away to Cavan on the 2nd February. This is an overnight stay for the Kerry Supporters Club and anyone going to this game with the club can book with full payment on the 21st of January in the Ballygarry House hotel or in the Listowel Arms Hotel at 8.30pm. For further information contact Donal O'Leary 0647758099 John King 087 1305474 or Martin Leane 087 2452901. The Kerry Supporters Club wish all teams and supporters a happy new year.

## Scór News

The County Final of Scór na nÓg Trath na gCeist is scheduled for Friday evening 18th January at 7 pm at the Centre of Excellence Currans.

As Scór celebrates 50 years of activities this season all clubs in Kerry are invited and encouraged to participate in this team event of Trath na gCeist. The Quiz format is ten rounds of eight questions on topics such as GAA matters, Culture, History, Geography and current Affairs. The winning team qualifies for the All Ireland Scór na nÓg Finals which is scheduled for Saturday 23rd February in Castlebar Co. Mayo.

Teams of four, under 17 years on 1st January 2019 and registered club members are eligible to enter.

The Munster Finals of Scór na nÓg are scheduled for Sunday 20th January at Cappoquin Co. Waterford where Kerry will be represented by the following clubs; Spa in both Rince Foirne and Set Dancing, Martin Larkin of Sneem in Solo Singing, Gearoid Evans of Keel in Aithriseoireacht, Na Gaeil in Leiriú Staitse, Glenflesk in Ballad Group, and Finuge in Instrumental Music.

Reminder re Senior Scór dates - District Board Finals to be completed by 3rd February with the County Finals scheduled for Saturday 16th February.



## National League Division One

**Lakers record easy first win of the year**

*Scotts Lakers 95  
Galway Titans 70  
REPORT: EAMONN KEOGH*

AS expected Scotts Lakers encountered little difficulty against cellar-dwellers Galway Titans in Killarney Sports Centre last Saturday night. The Tribesmen have only recorded one win so far this season and never really looked like adding to that last weekend. Nevertheless the very young Titans squad battled bravely throughout against a superior Killarney side.

With Dailian Mason and Mark Greene hitting early baskets, Scotts Lakers led 16-8 midway through the first quarter. Sean O'Brien also added a three-pointer and the home side were 24-15 in front at the end of the first quarter.

Andrew Fitzgerald made his presence felt under the boards as Lakers led 34-26 midway through the second quarter. Mason added another three-pointer to push Lakers 37-27 in front while Papito Hersisia also impressed as the home side enjoyed a 46-32 advantage at half-time.

Scotts Lakers led 55-43 midway through the third quarter and with Mason, Hersisia and O'Brien adding the big scores, the home side were 67-52 ahead entering the final quarter.

Seamus Brosnan and Dailian Mason extended the lead to 76-55 with 7:20 left. Outstanding



*Andrew Fitzgerald, Scotts Lakers St. Paul's, breaks away from Ben Kelly, Galway Titans, in the national league division one match in Killarney Sports Centre on Saturday night. PICTURE: EAMONN KEOGH*

team captain Mark Greene continued to impress with a succession of baskets to open up a 30 point lead, 95-65, for Scotts Lakers. In the end

it was a comfortable 25 point winning margin. Titans American Tom Rivard, a former college teammate of Sean O'Brien at Colgate University, was the stand out player for the westerners with a game high of 32 points while Ben Kelly was the best of the young local players for the Titans.

Scotts Lakers had an impressive scoring return with five players on double figures with captain Mark Greene leading the way once again.

Scotts Lakers: Mark Greene 22, Papito Hersisia 21, Sean O'Brien 18, Dailian Mason 17, Andrew Fitzgerald 11, Seamus Brosnan 4, Cian Clernon 2, Dylan O'Sullivan.

Galway Titans: Tom Rivard 32, Ben Kelly 14, Kelvin Atu 8, James Kabana 6, Matthew Sweeney 5, Chidera Okeke 5.

The big shock in division one at the weekend was Ballincollig's unbeaten run coming to an end with a 96-85 loss against Dublin Kubs. The Cork side still lead the way in the southern conference with a 16-1 record while Scotts Lakers are in second place with a 14-3 record. Eanna are unbeaten in the northern conference with a 15-0 run.

Scotts Lakers are free this weekend and their next outing is a long away trip to Belfast on January 19th to face University Ulster Elks. The next home game in Killarney Sports Centre is on February 2nd against LYIT Donegal.



*Bishop of Kerry Ray Browne, centre, with from left, Connie Brosnan (venue officer), Joe Coughlan (Galway Titans and former Killarney coach), Niall O'Callaghan (match announcer) and Eoin Coughlan at the Scotts Lakers St. Paul's versus Galway Titans national league division one match in Killarney Sports Centre on Saturday night. PICTURE: EAMONN KEOGH*



*Sean O'Brien, Scotts Lakers St. Paul's, scores over Chidera Okeke, Galway Titans, in the national league division one match in Killarney Sports Centre on Saturday night. PICTURE: EAMONN KEOGH*



*Papito Hersisia, Scotts Lakers St. Paul's, scores over Chidera Okeke, Galway Titans, in the national league division one match in Killarney Sports Centre on Saturday night. PICTURE: EAMONN KEOGH*



# KILLARNEY ATHLETIC AFC

## 300 CLUB MEMBER DRAW

Names are now being taken for next year's 300 Club Member. All support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member

## ANNUAL STREET COLLECTION

Our annual street collection will be taking place on Saturday 19th January. Please contact Martin Muldoon on 083 122 9008 if you can cover an hour over the day. Please support.

## KERRY SCHOOL BOYS/GIRLS

Results

Under 12 Premier

Killarney Athletic 5 LB Rovers 0

A game that was played in a great spirit between the two sides. This was another very good performance by our young blues, the difference today was that we were very clinical in front of goal. The scoreline doesn't do justice to how well LB played and unfortunately for them they found Luke Doolan and Szymon Jasinski in lethal form up front. A hat-trick from Luke Doolan and a brace from Szymon Jasinski topped off with another clean sheet. Well done to the whole squad and to the parents for their continued support.

## UNDER 12 DIVISION 2

Killarney Athletic 6 Mastergeeha 1

Man of the Match Jake Nash got a hat trick with Darragh Moynihan, Timmy Ryan and William Reguejo each scoring a goal.

## UNDER 12 B

Tralee Dynamos 2 Killarney Athletic 1

Luke Courtney scoring Athletic's goal. We were very unfortunate to lose this match yesterday in Tralee. A more physical Tralee team took advantage of their opportunities whereas our lads were a little rusty after the Christmas break. All the players gave their all and are still in a strong position heading into 2nd part of season.

## UNDER 14 B

Killarney Athletic 6 LB Rovers 2

Captain today Keelin looney. Early good start from Killarney Athletic kept pressure on visitors. Goal scorers 2 from Daire Kingston, 2 from Rohan Saha, 1 fantastic power kick from a free kick from Oran Daly and 1 goal from Con Stack con. A great team effort with Donal Hickey Man of the Match excelling in defense, some important saves from Arron O'Connor in goal. Many thanks to vocal positive supportive parents who viewed today's game. Speedy recovery to Jake Casey from his teammates.

## UNDER 16

Killorglin 0 Killarney Athletic 2

Another solid team performance with goals in either half from A. O'Sullivan & Bellew. Best for Athletic were Pierce & M. O'Sullivan.

## SENIOR

Denny Premier A

Mitchels Avenue 2 Killarney Athletic 2

Scorers for Athletic were Shane Lyne & William Courtney

## SENIOR B

Killarney Athletic B 1 Classic B 3

Scorer Daniel O'Sullivan. Spirited performance by Athletic. But for some good goalkeeping and defending by the opponents it could have been a different result.

## FIXTURES

Kerry SchoolBoys/Girls

Saturday 12th January 2019

Under 13 Premier

No game

Under 13 Division 2

Killarney Athletic v Mastergeeha in Woodlawn. Time TBC.

Under 15 Premier

Killarney Athletic v Park in Woodlawn. Time TBC.

Under 17 Denny League

Castleisland AFC v Killarney Athletic 2.00pm

**CONTACT:** If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or [mccarrickmary@hotmail.com](mailto:mccarrickmary@hotmail.com) Please check the website on [www.killarneyathletic.com](http://www.killarneyathletic.com) or Facebook for match reports, club information and contact details.

# SCHOOL BOY/GIRL SOCCER

## FIRST FULL KSBGL WEEKEND OF 2019:

JK Sports 12's

12's Premier

Tralee Dynamos 4-1 Killorglin

Killarney Celtic 7-2 Dingle Bay Rovers

Killarney Athletic 5-0 LB Rovers

Listowel Celtic 0-3 Park

12's Division 1

Listowel Celtic B 1-7 Killarney Celtic B

Park B 0-4 Mastergeeha A

Tralee Dynamos B 2-1 Killarney Athletic B

12's Division 2 South

Killarney Athletic C 6-1 Mastergeeha B

Inter Kenmare C 4-1 Killarney Celtic C

MEK0-4Iveragh United

Tralee Dynamos B 5-1 Killorglin B

12's Division 2 North

Fenit B 0-1 Dingle Bay Rovers

Daly's Supervalu 13's

13's Division 1

Castleisland 3-0 Camp Juniors

13's Division 2 South

Park B 4-1 Castleisland B

Quills Woollen Mills 14 Premier

Park 2-3 Mastergeeha

Killarney Celtic 3-2 Listowel Celtic

Iveragh United 2-0 Inter Kenmare

14's Division 1

Park B 1-5 Tralee Dynamos

14's Division 2

Killarney Athletic B 6-2 LB Rovers

Killorglin B 1-1 Mastergeeha B

Tralee Trophy World 16's

16's Premier

Ballyhar 3-5 Park

Tralee Dynamos 1-5 Camp Juniors

Killarney Celtic 2 -0 Killorglin

16's Division 1

Rattoo Rovers 5-1 Iveragh United

Killorglin B 0-2 Killarney Athletic

Mastergeeha 2-0 Fenit

Park B 3-2 Listowel Celtic.

Girls League 12 Premier

Killarney Athletic 0-3 Killarney Celtic

Iveragh United 4-3 Camp Juniors

MEK Kickers 0-6 Inter Kenmare

Killarney Celtic Green 3-2 Fenit

Girls 16 Premier

Listowel Celtic 8-0 Park

Fenit 2-1 Killarney Athletic

## MATCH REPORTS

## 12'S PREMIER

Things get very tight at the top of the 12 Premier:

League leaders Inter Kenmare (12 points from 5 games) did not play and this allow the sides tied in second place to close the gap to a point as all three won. Killarney Celtic defeated Dingle Bay Rovers 7-2 and they also have games in hand on the sides around them. Dingle Bay's goals came from Jack Sheehy and Cian McGearailt. Killarney Athletic were 5-0 winners at home to LB Rovers thanks to goals from Luke Doolan 3 and Szymon Jasinski 2.

Tralee Dynamos are also onto 11 points thanks to their 4-1 home win over Killorglin for whom Araon Doyle scored. But an Adam Evans hat trick and one goal from Rory O'Halloran gave the Tralee side the three valuable points. The Park are only 1 point behind the three sides tied in second after a 3-0 win over Listowel Celtic.

## DYNAMOS GO SECOND IN 12'S DIVISION 1

Goals from Calvin O'Sullivan and Oisin O'Connell gave Tralee Dynamos an important win in the JK Sports 12 Division 1 and it moves them into second place 2 behind Fenit. The Tralee side beat Killarney Athletic whose goal came from Luke Courtney in the first half.

Killarney Celtic B were too strong for Listowel Celtic B and had the game won at half time leading 5-0. Listowel Celtic to their credit battled hard in the second half. The Killarney Celtic goals came from Leon Bowler 2, Sean O'Mahony 2, Colm Janot, Mark Looney and Eoin Murphy.

Mastergeeha A won 4-1 away at Park B. Jack Casey, Matt Kennedy and Sean McAuliffe 2 were the Kilbrean side's scorers.

## JOINT LEADER DRAW IN 12 DIVISION 2 NORTH

At the start of play LB Rovers, Park C and Camp Juniors were all level at the top of the JK Sports 12 Division 2 North. The first two of these drew 0-0 in a tight game that could have gone either way so Park C and LB Rovers move onto 16 points.

Dingle Bay Rovers picked up 3 points with a 1-0 away win at Fenit. Michael O'Griffin got the all-important goal.

## 7 UP FOR IVERAGH IN 12 DIVISION 2 SOUTH

Iveragh United maintain their perfect record in the 12 Division 2 South with their 7th win from 7 games. Their goals came from Alex Kelly, Daithi Sugrue, David Kelly and Naoise O'Shea.

Killorglin in third place went down to Tralee Dynamos who will be happy to hit 5 goals in the second half following a scoreless first half for both sides. James Jones pulled one back



for Killorglin.

Inter Kenmare also moved up the table with a 4-1 win over Killarney Celtic C. Inter did the damage in the first half hitting 3 with the goals coming from John O'Sullivan, Robbie Guest and Finn Murphy with O'Sullivan getting a second in the second half. Killarney Athletic C will also be happy with their days work winning 5-1 at home to Mastergeeha. The Athletic goals came from Jake Nash 3, William Reguajo, Dara Moynihan and Jimmy Ryan. Ronan McCarthy replied for Mastergeeha.

### 6 FROM 6 FOR CASTLEISLAND IN 13 DIVISION 1

Castleisland 3-0 win over Camp Juniors sees them move onto 18 points from their 6 games in the Daly's Supervalu 13's Division 1 and they lead the Division by 2 points but also with a game in hand.

### PARK B UP TO SECOND IN 13 DIVISION 2 NORTH

The Park B are chasing their team mates on the C team in the Daly's Supervalu 13's Division 2 North and are now into second place. They beat Castleisland B 4-1 thanks to goals from Willaim Jackovi 2, Marwan Elassar and Marcus Connolly.

Leaders win but second place beaten in 14 Premier

In the JK Sports 14 Premier leaders Iveragh United were 2-0 winners at home to Inter Kenmare to move onto 16 point. Kieran O'Donnell and Oisín Breen got the Iveragh goals.

It got better for the South Kerry side as their nearest challengers The Park were beaten 3-2 at home by Mastergeeha. Eoin Kelly, Sean Doolan and Jack Fogarty got the goals for the visitors with Odhran Ferris and Mike Tansley replying for the home side.

Killarney Celtic closed the gap to the Park to two points and they have a game in hand as they won at home to Listowel Celtic. Evan Boyle scored twice for the North Kerry Celtic side. Killarney Celtic's goals came from Kelvin O'Sullivan, Cathal O'Donoghue and Eoghan Crowley were on the mark for Killarney Celtic. Dynamos go level at the top of the 14's Division 1

In the one game played in the Quills 14's Division 1 Tralee Dynamos win over neighbours Park B sees them go level with Killarney Athletic at the top of the table. Alex Hoare got 3 and Jake Hoare and Gearoid O'Shea one each.

### KILLARNEY ATHLETIC THE ONLY WINNERS IN 14'S DIVISION 2

Killarney Athletic closed the gap on the sides above them as they defeated LB Rovers 6-2. Darragh Fitzpatrick and Darragh Healy got the goals for the North Kerry side.

Mastergeeha B will be happy with their away point following a 1-1 draw at Killorglin B. Ryan Carey scored for the home side with Luke Daly getting the point for Mastergeeha B.

Listowel Celtic go joint top of 15 Division 2:

Listowel Celtic defeated the League leaders MEK in Fossa to go level with them at the top of the table. The goals came from Darragh

Carey, Jack Carthy, Adam Segal and Sean Keane to give Celtic a very important win.

### LEADERS CAMP COME BEHIND TO WIN 6TH GAME IN 16 PREMIER

In the Tralee Trophy World 16 Premier leaders Camp Juniors had to come from behind to beat Tralee Dynamos. Danny Burke had put Dynamos ahead but Cian Wright levelled just before half time. Camp took over in the second half when Wright got his second which were added to be 2 from Cian Brosnan and one from John O'Connor.

Killarney Celtic were 2-0 winners at home to Killorglin with the goals coming from Killian O'Sullivan and Daniel Okwute.

The Park won 5-2 at Murt Scott Park thanks to 2 from Rob Vassiu and one each from David O'Callaghan, Dan Fisher and Earnan Ferris. Harry Byrne and Peter Cosgrave replied for Ballyhar.

### RATTOO REMAIN UNBEATEN IN 16'S DIVISION 1

Rattoo Rovers made it 5 wins from 5 in the 16'S Division 1 thanks to goals from Darragh Quinlan 2, Gavin Parker, Ryan O'Leary and Ronan Walsh.

The Park started the day level with Rattoo but with a game more played and they remain level at the top thanks to a 3-2 win over Listowel Celtic. The Parks scorers were Cianan Cooney, Cian O'Neill and Cillian Murphy.

Killarney Athletic were 2-0 winners away at Killorglin B thanks to goals from Rossa Bellew and Aaron O'Sullivan. Mastergeeha won by the same score at home to Fenit thanks to goals from Brendan O'Leary and Michael McSweeney.

Goals Galore in 12 Girls Premier

There were plenty of goals in the 12 Girls Premier. Iveragh United just came out the right side of a 7 goal encounter against Camp Juniors.

Katie Foster got 3 and Keelin O'Shea the other goal for the South Kerry girls while Suvi O'Connor was unlucky not to get something for her side after also hit a hat-trick.

Inter Kenmare were too strong for MEK Kickers in Fossa and won thanks to goals from player of the match Sophie Ryan, Alice Granville, Martha O'Sullivan, Klaudia Merchal, Helena O'Donoghue and Phobe O'Shea.

The Killarney Celtic Green and Fenit was another cracker at Celtic Park with the home side just getting the win 3-2. Elisa Deady and Meah Carmody got the goals for Fenit to them 2-1 up at the break. But goals from Jessica Leggate, Kaysey O'Connor and Kate Forde, the Player of the Match, gave Celtic the come-from-behind win.

### KILLARNEY CELTIC WHITE WERE 3-0 WINNERS OVER KILLARNEY ATHLETIC

Listowel make it 3 from 3 in 16 Girls Premier Listowel Celtic's 16's girls side were too strong for the Park who are in their first season in the League. Melanie Higgins, Aisling Kelly, Kelly Enright, Maura O'Keeffe and Aoife Horgan got goals for Listowel Celtic.

Fenit's hard work on the training ground paid off with their first win in 4 games thanks to a 2-1 home win over Killarney Athletic. Katie

Dwyer equalised for Fenit and Lily Nowak got the winner with ten minutes to go. But they also needed goalkeeper Muireann O'Brien to be in good form to ensure they took all the points.

### GIRLS ROLL OF HONOUR:

Orla Bennett Iveragh United 12's, Lauren McSweeney Killarney Athletic 12's, Ciara Collins Fenit 12's, Sophie Ryan Inter Kenmare 12's, Suvi O'Connor Camp Juniors 12's, Ruby Gaffey MEK 12'S, Kate Forde Killarney Celtic 16's, Kelly Enright Listowel Celtic 16's.

### SUBWAY 13'S MUNSTER PLATE UP-DATE

In the Munster 13's Plate play-off South Tipperary defeated Clare 4-3. This sets up a Plate semi-final at home to Kerry this Sunday in Mounthawk Park. The other semi-final will be between the winners of West Cork / Limerick County and WVEC /North Tipperary. The winner of the final qualifies for the National semi-final.

## MASTERGEEHA FC

### U12 DIV 1

Park 0 Mastergeeha 4 The boys had a good win away on Saturday afternoon in Tralee. Jack Casey, Matthew Kennedy and Sean Mc Auliffe got the goals in a good team performance.

### U12 DIV 2

Killarney Athletic 5 Mastergeeha 1 Ronan Mc Carthy got the goal for Mastergeeha against a more clinical athletic team.

### U14

Premier Park 2 Mastergeeha 3 In this close game the boys got all three points. Eoin Kelly, Sean Doolan and Jack Fogarty got the goals in which all involved played well with James Williams excellent in mid field.

### U14 DIV 2

Killorglin 1 Mastergeeha 1 In this game the boys got a deserved point away. Luke Daly got the Mastergeeha goal. The boys defended well with Ryan Mc Gurl, Diarmuid O Connor and David O Riordan leading by example. Liam Kerrisk made a number of saves late on to ensure the draw.

### U16 DIV 1

Mastergeeha 2 Fenit 0 The boys got a good win at home on Saturday morning in a close game that was nil all at the break. In the second half Mastergeeha pushed forward and got the opening goal when Brendan O Leary finished well. Shortly after Mastergeeha got the second when Michael Mc Sweeney scored following a good move. After this Masteregeha defended well and created some chances with Rory O Connor going close.

### SENIORS DIV 2A

Mastergeeha 2 Ballybunion 1 In this game the seniors had to battle hard for the points. In the opening half Mastergeeha created the better chances and had two goals disallowed. In the second half Mastergeeha continued to create some chances but the visitors took the lead with 15minutes remaining. After this the seniors pushed forward and got the equaliser when Tom Templeman scored. With 5 minutes



remaining Barry O Leary got the winner following a good move. All played well.

### MASTERGEEHA LOTTO

There was no winner of the lotto on Friday 4TH of January. Numbers drawn were 3, 7, 10, 28. Consolation prizes €100 Jessica O'Neill, Mastergeeha, Kilcummin. €30 Tom Hurley, Minish, Killarney. €30 K.Cahill, c/o Kilcummin Post Office. €30 Fiona Nagle, Gortdearg, Rathmore. Next jackpot €6200.

## KILLARNEY CELTIC SOCCER NEWS

Premier A, Killarney Celtic 2, Fenit 0. Pdraig O'Connor and Cathal O'Shea scored the goals in the 1st half as we bounced back to winning ways. Next up is an away game vs Dingle in Mounthawk Park.

Premier B, Castleisland B 0, Killarney Celtic B 2.

Evan Cronin and Ryan Kelliher got the goals that took the B team off the foot of the table.

Youths League, Killarney Celtic 3, Killorglin 4. Ryan Kelliher, Adam May Keane and Liam Spillane

U16 Premier, Killarney Celtic 2, Killorglin 0. Killian O'Sullivan, Daniel Okwute scored to give the 16s a vital win.

U14 Premier, Killarney Celtic 3, Listowel 2. Calvin O'Sullivan, Cathal O'Donoghue, Eoghan Crowley were the goalscorers as the 14s showed great character to come from behind on two occasions.

U12 Premier, Killarney Celtic A 7, Dingle Bay 2, Joey McCarthy(3), Fiana Bradley (2), Oisín Fleming, Tom Purcell got the goals in a clearcut win which keeps the A team in the running for league honours.

U12 Div 1, Listowel 1, Killarney Celtic B 7,

Leon Bowler(2), Sean O'Mahoney (2), Colm Janot, Mark Looney, Eoin Murphy did the business in a emphatic win

U12 Div 2, Kenmare 4, Killarney Celtic C 1, Cillian Slattery got our solitary goal in a defeat which didn't reflect the positive play of the team.

U12 Girls Killarney Celtic (GR) 3, Fenit 2. Jessica Leggate, Kaysey O'Connor, Kate Forde grabbed the goals as the girls came from behind to claim a late winner.

Congrats to Shay O'Meara U14 who made team of the week.

For pitch bookings contact Mary on 0866485809.

# 2019 Credit Union Schools Quiz Fuelled by the Power of Four!

Killarney Credit Union is launching its Annual search for local quiz whizzes who have what it takes to get to the national final of the Credit Union Schools Quiz. Each year around 25,000 schoolchildren take part in the quiz, which is now in its 28th year. The heat is really on this year following 2018's nerve-racking national final. Killarney Credit Union is urging schoolchildren in the South Kerry area to start forming their quiz teams now and show what they can achieve with the 'Power of Four'.

All primary schools in the South Kerry area are welcome to contact the credit union and register for the 2019 Schools Quiz. The quiz begins with a knock-out stage at local level, organised by Killarney Credit Union to take place at INEC, Killarney on the 3rd February 2019. There will be some fantastic prizes for the winning teams-of-four, who will also progress to the regional knockout stage in early March. The winning teams from that gruelling competition will make it through to the Grand Final at the RDS, Dublin on Sunday 7th April 2019, where they will really have an opportunity to let the 'power of four' shine! This year, a total of €4,000 is up for grabs for the overall winning schools. Speaking about the quiz, Karna McCarthy, Marketing Officer, Killarney Credit Union said: "We have themed the quiz 'The Power of Four' this year to really encourage local children to work together and see what they are capable of achieving as part of a team. We see the annual quiz as a fantastic opportunity for schools in the South Kerry area to nurture a culture of partnership among students, and we would really encourage all schools to get



registered for the 2019 event.

A core focus of this event is to encourage learning as part of a team to help equip children from a young age with the skills necessary for successful teamwork in the workplace."

"Questions will cover a wide range of topics including geography, history, music, literature and sport, and we have no doubt that all of our budding geniuses in the South Kerry area will rise to the challenge. We are delighted to have a local school Gaelscoil Faithleann progressing to national level in the past few years and we would like to wish all our schools the best of luck" she said.

Registration for the 2019 Schools Quiz is now open and local schools will receive an entry form. Further information is available from Karna McCarthy in Killarney Credit Union on 064-6631344.

### About the All-Ireland Schools' Quiz

The quiz is divided into two sections; Competition A for children up to 11 years and Competition B for children between 11 and 13 years. The winning teams at the national finals will receive

€1,250 per school, with the runner up teams in each category receiving €750 for their schools, adding up to a fantastic prize fund of €4,000. Local and regional winners will also receive a range of prizes.

•Local quiz winners go through to the regional final, and the regional winners and runners-up will compete for the national titles on Sunday 7th April 2019.

•Local winners will receive prizes from Killarney Credit Union.

•Regional winners will also receive prizes and their schools will receive cheques or a cash prize.

•The national winners and runners-up receive a silver salver, significant personal prizes for each team, and their schools are each awarded a substantial cheque.

•Every team competing receives a special certificate marking their achievement.

IF YOU HAVE A STORY... CONTACT AISLING ON: 086 0400 958



# KILLARNEY RFC RECORD FIRST VICTORY OF 2019



**K**illarney U16s travelled to Douglas on Sat 5th and recorded a comprehensive victory against a young Cork side. After receiving the kick off Killarney recycled and retained possession well, probing and stretching the home defence repeatedly during the opening exchanges. The breakthrough came early when Killarney centre Thomas Clifford broke the line and cleverly chipped the ball over the last defenders and grounded for the opening try. From the restart Killarney resumed their bombardment and following an attacking scrum no9 Peter Walsh sidestepped the blindside cover to touch down. Confidence was now evident in the expansive visitors approach and following a flowing passing movement involving most of the back line Fullback Liam Randles switched a perfect floating infield pass for supporting John McCarthy to crash over. The tries continued to flow and following a well executed line out maul and a perfectly executed backline move the defensive cover was outfoxed and Thomas Clifford unselfishly passed to the trailing Darren Cronin who certainly enjoyed scoring. A fifth try arrived just before half time when more abrasive forward picking and mauling resulted in powerful no6 Brendy O Donoghue burrowing over. Out half Donnchadh Grealy converted 3 of the first half

tries to leave the half time score 31\_0. Killarney introduced Caelan Sheahan for his first u16 outing on the right wing for the 2nd half. To their great credit the home side continued to defend valiantly and gradually got a foothold in the game. Killarney had to pull out another looping back move to release rookie winger Jack kennelly who cut infield and slalomed around the cover to score his first u16 try. Douglas then enjoyed a period of dominance, camped in the 22 pressuring and forcing penalties. The Killarney defence refused to buckle however and the breakout was spectacular when Liam Randles regathered his own kick and the move was continued with James Kennelly, Ozdenis Koyun, and Donnchadh Grealy handling before Peter Walsh touched down under the posts for a try that started on their own line. The final try arrived shortly before the end when another phase of interpassing again found the man of the match Walsh to complete his hat trick. The Killarney props. Adam Cronin and Rob Nealon enjoyed their Cork outing carrying ball, tacking and performing their scrum and line out duties expertly. Hooker Cengizhan Koyun was strong and direct and also superb defensively. Young 2nd row Shane McAllister was very prominent in open play with partner on the day Darren Cronin breaking through cover



repeatedly with pacy well timed support angles. John McCarthy bossed line out exchanges and was teak tough at the breakdown. Padraig Talbot was imperious under the restart and led the forward effort throughout. Brendy O Donoghue threw accurately at line out time and was abrasive and brave in contact. Peter Walsh gave a scrum half masterclass scoring 3 tries in the process. Donnchadh Grealy kicked 6 conversions and marshalled offensive efforts with well-timed deft passing. Powerhouse centre pairing Ozdenis Koyun and Tomas Clifford terrorized the opposition with their power and speed. James Kennelly impressed with his evasive running and support play. Wingers Jack Kenneally and Caelan Sheahan stepped up valiantly taking their opportunity with great conviction. Full back Liam Randles relished the open spaces of fullback and his positioning and counterattacking was first class. In the other games in the group Clonakilty beat Nenagh and Clonmel defeated Cashel Kilfeacle. Next up for Killarney is a mouthwatering home fixture against Clonmel which will be played in Barraduff Community pitch next Sat Jan 12th at 12 o clock. Your support would be much appreciated.

## Killarney grind out 1st round Junior Cup 1st away win

### Bantry 11-Killarney 18

Killarney travelled to Bantry for the first game of the new year. Right from the start Bantry put Killarney under serious pressure and at one stage achieved over 20 phases of play but were not able to penetrate a strong killarney defence.

15 minutes in, Killarney began to assert dominance in the game. A superb scrum forced a knock on which set the tone for the remainder of the first half. A penalty for a high tackle gave Oisín O'Shea a chance to open the scoreboard and duly converted a difficult kick. 3-0 Killarney.

Killarney started the second half as they finished the first, playing some great running rugby. Bantry were now under all sorts of pressure and

they soon gave away a penalty for another high tackle which O'Shea converted. Minutes later Brian Lynch crossed the line for Killarney's first try. Killarney were relentless during this period keeping the pressure on Bantry. Lynch crossed the line soon after for his second try. Bantry finished strong and managed to close the gap with two minutes remaining on the clock but it was not enough to defeat a very solid killarney performance. Coach Diarmuid O'Malley added "Bantry were very determined to try and topple us today and started very strong and played some very good rugby and really tested our defense in those first twenty minutes. We then played some superb attacking rugby and scored two great tries and were a little unlucky

not to get a couple of more. It was the perfect preparation for our league game in Dungarven next Sunday a game we must win to stay in contention for the league title"

### Killarney team

1. Peter Kelly (Captain) 2. Ger Moynihan 3. Paul Moynihan 4. TJ Brosnan 5. Owen Gleason 6. Aaron Jones 7. Darren Enright 8. Connie O'Leary 9. Paul O'Sullivan 10. Oisín O'Shea 11. Brian Foley 12. Mike Sheahan 13. Paudie Sheahan 14. Paudie Dan Pats 15. Brian Lynch 16. Cillian Walsh 17. Shane Courtney 18. Liam McCarthy 19. Conor Leary 20. Damien Carroll



KERRY ETB  
TRAINING CENTRE



# OPEN WEEK 2019

Monday 21 to Saturday 26 January

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## AULD TRIANGLE

Bar & Restaurant

### Require SENIOR CHEF & JUNIOR CHEF

Due to continuing growth we are seeking a Senior Chef to join our team. Working under our Head Chef, the position will allow you not only use a wide range of culinary skills but will also allow you develop your skills in all aspects of kitchen management, including assisting with monitoring standards, input costs and stock control, as well as the general efficiency of our busy kitchen. In the absence of our Head Chef you will deputising for him and you will have the opportunity to lead the team.

This is a fulltime long term position with prospects for career advancement as there will be opportunities to gain experience in all aspects of kitchen management.

Please send your CV to  
Eileen O'Flynn, The Auld Triangle,  
Killarney Road, Macroom, Co. Cork



## ACCOUNTS ASSISTANT - FINANCE

### BACKGROUND:

The company is currently undergoing an expansion in the development arm of its business and a role has materialised in the finance department to support this operational expansion.

### ROLE:

Reporting to the Group Financial Controller and supporting the existing finance team this role will involve:

- Process supplier and customer invoices
- Matching PO with invoices
- Use of ROS for weekly / monthly RCT payments
- Liaise with suppliers regarding queries on account
- Prepare ad-hoc reporting and creditor reconciliations for the business with a particular focus on the development arm
- Preparation of some month end reporting schedules, journals and reconciliations
- Bank reconciliations
- Support the finance team in audit and tax compliance
- Perform other related tasks as requested by management

### PROFILE:

- Strong IT skills and familiarity with financial accounting and reporting systems
- Previous experience in an accounts role an advantage
- Microsoft Office (particularly Excel) experience
- Good attention to detail
- Analytical with a good business acumen
- Excellent communication skills, both written and verbal

Should this role interest you and you feel you have the required skillset please send a copy of your CV to: [info@mcgroup.ie](mailto:info@mcgroup.ie) or alternatively post your details to – Office Administrator, MC Group, Coolcaslagh, Killarney, Co. Kerry V93 XK82



Coolcaslagh, Killarney, Co. Kerry, Ireland - T: 064 66 31307  
[www.mcgroup.ie](http://www.mcgroup.ie) - [www.thermohouse.ie](http://www.thermohouse.ie)

## COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL



## COUNTY KERRY - SKILLS SURVEY

Our most important assets are our people and their skills.

Are you ...

- currently living or working in Kerry?
- thinking about relocating to Kerry?
- planning to set up or move a business to Kerry?
- graduating from college and planning to work in Kerry?

Kerry County Council is conducting a skills survey to determine the skillset of those living in the

county and those outside of the county who wish to return and seek employment.

Kerry County Council works closely with enterprise development agencies including Enterprise Ireland and IDA Ireland in attracting business to our county.

The information gathered from this survey will strengthen our capacity to generate investment and economic development in Kerry.

Please fill out the survey at  
[www.kerrycoco.ie/skills-survey](http://www.kerrycoco.ie/skills-survey)





## FREE MULCHING SERVICE IN KILLARNEY FOR CHRISTMAS TREES AND HOLLY

Kerry County Council will provide a free mulching service for used Christmas trees and holly in the greater Killarney area.

They can be dropped off at Lower New Street Car Park until January 18th.

The council is urging people to avail of the service and dispose of real trees and festive greenery correctly.

## VOTING IS NOW OPEN IN THE WILDLIFE PHOTOGRAPHER OF THE YEAR COMPETITION

Wildlife Photographer of the Year harnesses the power of photography to promote the discovery, understanding, and responsible enjoyment of the natural world. An image can alter the way we see, think and feel. Whether captured in the most remote wilderness or taken in the intimacy of your own backyard, a truly great image of Nature can change our worldview.

For the past 54 years, this competition has championed honest and ethical wildlife photography worldwide while pushing the boundaries of artistic freedom, technical skill and narrative excellence. It recognises, rewards and celebrates the work of both emerging talent of all ages and established professionals worldwide. Over 45,000 submissions from 95 Countries were entered for the 2019 competition and these have now been shortlisted to 25 images chosen by London's Natural History Museum.

The public from all Countries can now choose their favourite for the Lumix-sponsored award by voting on the Wildlife Photographer of the Year Facebook page – you can only cast one vote and the closing date is 2pm on Tuesday, 5th February 2019.

## THE PRETENDER

Bubbles the horse knew he had only one chance to pull off the impossible, so he took it. The thin, gray gelding was being held at a kill pen in Texas when Sue Chapman of Becky's Hope Horse Rescue pulled up to save nine mini donkeys. The nonprofit raises money to make monthly trips to slaughterhouses in an effort to rescue, rehabilitate and re-home abused, neglected and abandoned horses and farm animals.

Ms. Chapman and her team were originally there just to save the donkeys. Upon closer inspection of the lot, however, she was surprised to see a horse attempting to inconspicuously blend in.

"He just stood there patiently. He didn't try to shoo the donkeys away. He didn't try to fight with them. He just stood there like 'I'm a donkey and you don't realize that I look any different,'" she said. When it came time to leave the kill lot, Bubbles the horse decided the time had come to make his daring escape.

"When we went to bail the mini donkeys from the kill lot, this skinny, grey gelding walked straight up to our trailer, past the gates, disregarding the commands of the kill lot employees," she said. "He



was intent that this was his ride out of there. We stood there staring at this old guy with crumpled ears from frostbite who waited patiently for the group of mini donkeys to catch up so he could jump on the 'freedom trailer' out of there. There was just no way we could leave him behind!"

Thanks to some generous donations, the group was able to secure Bubbles' freedom and he's now living out his days in comfort and peace at the nonprofit's 100-acre facility in Frisco, Texas.

As you might expect, his second shot at life has also come with a hefty dose of fame. A Facebook page setup to tell his story currently has more than 2,500 likes.

The Rescue organisation sent to save the mini donkeys from a slaughterhouse is thrilled to have discovered the adorable imposter standing in their midst. "People have taken Bubbles into their hearts and made a difference in the life of this sweet, old horse" Ms. Chapman said. "The outpouring of support has been truly amazing.

## ON THIS DATE - JANUARY 11TH

1922 - First use of insulin to treat diabetes in a human patient.

1935 - Amelia Earhart piloted a plane from Honolulu, Hawaii to Oakland, California to become the first woman to fly solo.

1938 - Birth of Arthur Scargill, English miner, activist, and politician.

1939 - The Irish National Teachers Organisation called for lifting of the ban preventing married women from teaching.

1972 - East Pakistan renamed itself Bangladesh.

1989 - US President Ronald Reagan gave his farewell address to the nation.

2000 - Farmers blocked the entrances to all the main meat processing plants in protest against the imposition of increased veterinary inspection charges.

2002 - It was announced that the Republic of Ireland recorded the highest birth rate and lowest death rate of all 15 EU member states in 2001.

2002 - The first prisoners arrived in Guantanamo Bay. Following reports of torture, Amnesty

International called the situation at the US detention camp a "human rights scandal".

2008 - Death of Edmund Hillary, New Zealand mountaineer, explorer, and philanthropist in Auckland City Hospital at the age of 88. In 1960 he was determined to help the impoverished Sherpas in the Khumbu region of Nepal, who had put so much effort into his expeditions. He established the Himalayan Trust, which built schools, airfields, bridges, clinics and hospitals in Nepal, and restored Buddhist monasteries.

## A DUBLIN CAFÉ IS ON A MISSION TO GIVE HUNGRY SCHOOL CHILDREN A FREE BREAKFAST

Skinny Batch café located in Rush, Co Dublin has announced that it is offering a free breakfast to every child who may need it.

From last Monday, the café served up a pot of porridge for children and teenagers up to the age of 18 to take to school with them.

"We believe that every child and teenager deserves a warm healthy breakfast before school each day so that's what we're going to do" the owners explained.

The offer is available to any child or teenager up to the age of 18 between 8 and 9am each morning. The owners have asked that each child brings their own pot or container with them on their way to school to avail of the offer.

Another local business in Rush, McCormack's Fruit and Veg has now offered to join forces with the Skinny Batch and will be providing the café with fresh fruit to go with the porridge.

## OCEAN CLEANUP SYSTEM HAS LAUNCHED FIRST VESSEL INTO THE PACIFIC

The Ocean Cleanup, a cleanup campaign created by Dutch teenager, Boyan Slat, has launched its first vessel to rid more than 50% of the rubbish in The Great Pacific Garbage Patch - the world's largest collection of floating rubbish, which is often described as "larger than Texas."

Cleaning up this location using conventional methods - vessels and nets - would take thousands of years and billions of dollars to complete. The Ocean Cleanup's system uses the natural oceanic forces to catch and concentrate the plastic. Both the plastic and system are being carried by the current.

The system consists of a 600-meter-long floater that sits at the surface of the water and a tapered 3-meter-deep skirt attached below. The floater provides buoyancy to the system and prevents plastic from flowing over it, while the skirt stops debris from escaping underneath.

The teenager founded The Ocean Cleanup in 2013 and managed to raise \$2.2 million through a crowdfunding campaign with the help of 38,000 donors from 160 countries. In 5 years, the organisation had raised \$31.5 million in donations from entrepreneurs in Europe and in Silicon Valley. Boyan estimates that half of the Great Pacific Garbage Patch will be gone within 5 years, and is hopeful for a plastic-free ocean by 2050.




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## A Word of Victory



Welcome back dear reader - every blessing to you as we start off on this New Year. So many people dread Christmas as it can be a lonely time. Remember friend, God loves you and He promises in His Word that He will never leave you or forsake you, so you are never alone. Just because you can't see Him doesn't mean He is not there with you in every circumstance. He is not the author of sickness or pain. God hates sickness - He desires that you are healthy and strong in your spirit, soul and body. He had His Son Jesus to be born supernaturally as one of us to defeat the god of this world - Satan, who is the author of sickness and destruction (Acts 10:38). Why would our loving Creator give a disease or hardship to one of His beloved children? He does not work against Himself - Jesus said that "a house divided cannot stand" (Mark 3:25). Lots of people are making plans to turn their lives around by getting fit and eating healthily and, while some will carry out their resolutions, many others will fall at the first jump. The Word of God tells us 'I can do all things through Christ Who strengthens me' (Philippians 4:13). When someone repents of sin, and turns to Jesus acknowledging Him as their Lord and Saviour, a miraculous transformation occurs in their spirit. The old un-renewed human spirit which was separated from God because of sin, is recreated supernaturally because, the Holy Spirit, Who has now been given access when that person asked Jesus to be Lord, comes in and reconciles their spirit to Father God. This is made possible because of what Jesus did for us at the Cross ("I am the Way, the Truth and the Life - no one comes to the Father except through Me" John 14:6). Jesus was carrying out a legal exchange at the Cross. He exchanged His perfect sinless blood for our sin and iniquities, His perfect body was broken so that we could be healed, and He took torment for us so we could have peace (Isaiah 53:4-5). So, when a person confesses that Jesus is Lord, believing in their heart that He is the Son of God, born of a virgin; and that He died on the Cross to pay the penalty for our sins, and rose from the dead for our acquittal, we are transformed into a new creation - born again - and given a fresh start, now empowered to live a renewed life with Jesus living inside! (2 Corinthians 5:17)

See more on [wordofvictory.net](http://wordofvictory.net)

More next week...

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## SouthWest Counselling Centre Happy New Year

The New Year brings with it new expectations and experiences for everyone. It can be a time of excitement and fresh starts and yet feel one of the most difficult times also. Many people report feeling down, a little fatigued and more hopeless. There can be a sense of deflation after all the festivities of Christmas and with that anti-climax low mood and, in some cases, isolation can occur. The temptation may be to give in a little and retire from the world but the opposite is more helpful. Engaging in moderate physical exercise, eating a balanced diet and staying connected to others can prohibit a low mood from getting increasingly worse. Of course we all have off days or lazy days whereby we need to rest more and retreat but if you notice that you are experiencing ongoing low mood and change in behaviour that affects your quality of life and/or relationships then you may have to reach out for help.

A good place to start is family or friends, someone you already know and trust. They know you already and know your life experiences and how much you have been through so chatting to them about how you feel can alleviate the pressure/stress you may be feeling. Family and friends will want to know if you are struggling and from my experience, as a counsellor, they will appreciate you letting them in. The first step is the hardest but once you start the conversation you will feel less alone and instantly begin the process of connection. Communication is key. Whether it is anger, sadness, fear or anxiety talk about it; problems are relative so if it bothers you then it bothers you. Don't fall into the trap of thinking it doesn't matter or other people won't care because this way of thinking only serves to isolate you more. Don't pretend to be ok if you are not ok. This only serves to delay or postpone what you inevitably have to address so consider the benefits of sharing how you feel, as not sharing could have a negative impact on your mental, emotional and physical wellbeing.


Another avenue worth exploring is visiting your GP. Describe to your doctor how you feel and what you are experiencing recently. Discuss your concerns and fears and how others i.e. family or friends, may have noticed a change that concerns them. Again you have begun the process of reaching out. Your doctor can listen and make some suggestions or refer you to other services. They can discuss your support network and request a repeat visit to them so that they can monitor and support you as necessary. Alternatively, you may consider counselling. This would give you the opportunity to explore your thoughts, feelings and experiences (past or present) in a confidential, non-judgemental, safe setting. Counselling can provide support, insight and validation. It is a useful space where people can open up and discuss what is on their mind and what is happening within the context of their world. The aim is to feel seen and heard at a time when you may be feeling alone and/or invisible! The developing relationship between you and the counsellor can restore confidence in yourself as well as confidence in others; thoughts can be challenged and feelings can be held. In turn, there can be a sense of empowerment when we become pro-active in our lives and starting the counselling process is a positive indication of this. Acknowledging that we matter, that we are enough and that we need others (either on a personal or professional level) can enable us to face another year with less dread, more hope and more understanding.

**SouthWest Counselling Centre, Killarney** provides affordable professional counselling to children, adolescents adults and couples - both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. [info@southwestcounselling.ie](mailto:info@southwestcounselling.ie)

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## Gardening

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by John O'Sullivan

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Happy Christmas

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## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**H.L.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
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**E.L.**

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Amen.  
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**P & H.L.**

## 1ST ANNIVERSARY ACKNOWLEDGEMENT



In Loving Memory of

# TIMOTHY T O'SULLIVAN

**Boullicullane, Farranfore, who died on 14th January 2018.**

As we lovingly remember Timothy; his wife Mary, sons Timmy & Billy, daughters Maudie & Catherine and their families wish to acknowledge the many expressions of sympathy shown to us on our sad loss.

We offer our heartfelt thanks to Farranfore Medical Centre especially to Dr. Eamonn & Margaret Shanahan for their tremendous care and support. Our thanks to Ahearn's Pharmacy, Sheehan's Undertakers and to Thady's home help Helen.

A special word of thanks to our good friend and neighbour Fr. Danny Broderick for his warm and touching nature at the Requiem Mass, assisted by Fr. Tadhg Doherty and Fr. Sean Horgan.

We extend sincere thanks to family, friends and neighbours who were so helpful and generous. We wish to thank Moriarty's Centra Farranfore, Dr. Crokes GAA Club Killarney and the Oaks Hotel Killarney for their generosity. Please accept this acknowledgement as a token of our gratitude. The Holy Sacrifice of the Mass has been offered for your intentions

*"May his gentle Soul Rest in Peace"*

*Anniversary Mass will be held on 8th February at 7.30pm in St. Gertrude's Church, Fries.*

## NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received.  
And thanks to the universe.

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Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**N.K.**

## THE MIRACLE PRAYER

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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**Z**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen. Say this prayer for three days. Publication of prayer and favour will be granted. **C.C**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**P.M.**

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## 1ST ANNIVERSARY ACKNOWLEDGEMENT



In Loving Memory of

### JOE LYNE

**Tiernaboul, Killarney**  
**Who died on the 1st January, 2018**

Joe's wife Breda, together with their children, grandchildren and family wish to thank most sincerely everyone who sympathised with us on our sad loss. Thank you to those who travelled to be with us, those who came to the funeral and to those who sent cards and floral tributes – we appreciate your kindness and drew great strength from your support. Thank you to Dr. Laura Malone and Dr. Terence Adendorff and staff at Killarney G.P. Practice for all their kindness to Joe. Thank you to the ambulance staff and the staff at U.H.K., and all those involved in Joe's care for their assistance and support. To Tim, Michael and Mary O'Shea and staff – many thanks for their wonderful professionalism, support and kindness. Heartfelt thanks to the trustees and the congregation Word of Victory Christian Fellowship who have supported us through everything. Joe lived his life to the full – always joyful no matter what the circumstances, and it is a comfort to know that he is rejoicing with the Lord Jesus now, and that we will be reunited with him again one day in Heaven. "Most assuredly, I say to you, he who hears My word and believes in Him who sent Me has everlasting life, and shall not come into judgment, but has passed from death into life." (John 5:24)

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

E.L.

## 1ST ANNIVERSARY



Fond Remembrance of

### DENIS MAC SWEENEY

**4 St. Annes Road, Killarney &  
Gloungriskeen, Rathmore.**

*You are not forgotten Denis dear,  
nor shall you ever be,  
as long as life and memories last  
we will remember thee.*

*Also remembering Joan.*

*Always remembered by your sister Frances,  
Tim and Danny, Tadhg, Norma and Katie.*

*Anniversary Mass will be held on  
Saturday January 12th at 6.15pm  
in St Mary's Cathedral, Killarney.*

## 1ST ANNIVERSARY



In Loving Memory of our friend

### JOE DOYLE

**Late of Knockeeraagh, Killarney  
who died on the 5th January 2018**

*Rest in Peace.*

*God looked around his garden,  
And found an empty place.*

*He then looked down upon the earth  
And saw your tired face.*

*He put his arms around you,  
And lifted you to rest.*

*God's garden must be beautiful  
He always takes the best.*

*Sadly missed and fondly remembered by  
all your friends in Mastergeeha and  
Mastergeeha Soccer Club.*

*Anniversary Mass will be held on Saturday January  
12th at 6.15pm in St Mary's Cathedral, Killarney.*

## 29TH ANNIVERSARY



In Loving Memory of

### PETER D.J. O'SULLIVAN

**Annaghmore, Headford,  
Killarney, Co. Kerry**  
**Who died on January 7th, 1990**

*Two calloused hands from work are stilled,  
A million Jobs undone.*

*At rest, at last, in Gods Own House,  
Content, At Peace, At One.*

*Ar dheis Dé go raibh a anam*

*Always remembered by your  
loving wife Philomena & family.*

## 1ST ANNIVERSARY



In loving memory  
of

### JAMES DALY

**Ballinlough, Kiltelly, Co. Limerick  
and formerly of  
Killarney Road, Castleisland Co. Kerry**

**who died on January 18th 2018**

*Rest In Peace*

*Remembering and missing our dear  
brother James !*

**Katherine, Joanie, Mike, Myra,  
Marguerite and families.**

*Anniversary Mass in Castleisland Parish  
Church on Friday, January 18th at 7pm*

## 1ST ANNIVERSARY



Fond Remembrance of

### DENIS MAC SWEENEY

**4 St. Annes Road, Killarney &  
Gloungriskeen, Rathmore.**

*Rest in Peace.*

*Den, we think of you in silence,  
we often speak your name,  
Recall to mind the way he spoke,  
And all the things he said.*

*His strength, his wisdom,  
The way he was,*

*Remember them instead.  
Miss you and Joan so much.*

*Always remembered by your sister  
Anne and Liam.*

*Anniversary Mass will be held on  
Saturday January 12th at 6.15pm  
in St Mary's Cathedral, Killarney.*

## 1ST ANNIVERSARY



Fond Remembrance of

### DENIS MAC SWEENEY

**4 St. Annes Road, Killarney &  
Gloungiskeen, Rathmore.**

*May the God of love and Mercy  
Care our loved one who is gone  
and bless with consolation  
those left to carry on.*

*Always remembered by your brother Terence,  
Helen Niamh, Ruth and Maebh.*

*Anniversary Mass will be held on  
Saturday January 12th at 6.15pm  
in St Mary's Cathedral, Killarney.*

## NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X





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