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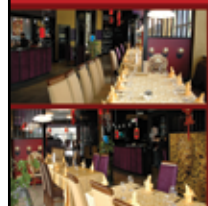
KILLARNEY Outlook

To Advertise call **Des**: 087 659 3427 or **T**: 064 66 70000 Editor: Aisling Crosbie 086 0400 958 - editorial@outlookmags.com



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GHOSTHUNTERS ON ICY TRAILS (PG) 105m 7 Days 6:15 12:15 Sat/Sun 2:15 4:15	EVEREST (12A) 130m 7 Days 6:30 8:50	MAZE RUNNER THE SCORCH TRAILS (12A) 115m Sat/Sun 4:00	
INSIDE OUT (G) 110m Sat/Sun 2:15 4:15	MINIONS (G) 105m Sat/Sun 2:05	KIDS CINE CLUB Sat 10th & Sun 11th October TWO BY TWO (G) 105m 12:10 MINIONS (G) 105m 12:05	

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HUNDREDS QUEUE FOR OPENING OF TK MAXX

TK Maxx Killarney opened its doors to hundreds of excited shoppers on Main Street, Killarney yesterday morning.

The new store, which was officially opened by Kerry footballing legend Kieran Donaghy and stylist Annmarie O'Connor, spans 17,500 sq ft and features over 60,000 different items of this season's must-have fashion and accessories for men, women and children as well as homeware.

Alan Breen, Store Manager for TK Maxx Killarney, told the Killarney Outlook, "We think that Killarney's shoppers will love having TK Maxx on their doorstep and are delighted to have opened up the new store".

PICTURED AT THE OFFICIAL OPENING OF TK MAXX KILLARNEY WERE L-R SYLVIA COFFEY WITH HER DAUGHTER MICHAELA LYNCH, SUSAN COLLINS, LINDA O'SULLIVAN AND HER SON DANIEL O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



"MUMS TO BE" CHECKING OUT THE BABY SECTION AT THE OFFICIAL OPENING OF TK MAXX ON MAIN STREET L-R DANIELLE KISSANE, ANN O'LEARY & GERARDINE PIERCE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE OFFICIAL OPENING OF TK MAXX KILLARNEY WERE L-R YVONNE SCULLY-REIDY WITH HER DAUGHTER SAIBH REIDY & WINNIE MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

11,000 CYCLISTS RAISE €1.89 MILLION

An amazing €1.89million has been raised by the 11,000 cyclists who took part in this year's Ring of Kerry Cycle. 520 people gathered at the Gleneagle Hotel on Friday night last for the Presentation Dinner Dance. Representatives from charities who benefitted from the amazing success of the event were present on the night. Charities included Console, Down Syndrome Kerry, Kerry Rape & Sexual Abuse Centre, St. Francis Special School, Social Action Group Rathmore, St. Joseph's Home Killorglin, Valentia Island Community Hospital and Enable Ireland. Speaking at the presentation Cathal Walshe, PRO for the cycle thanked everyone who gave their time and effort to make the cycle such a resounding success. He thanked all the cyclists for the amazing fundraising and said the organising committee are looking forward to next year's charity cycle.



PICTURED AT THE GLENEAGLE HOTEL FOR THE RING OF KERRY DINNER DANCE WERE L-R MARY TUOHY, AILEEN KELLY, SINEAD KELLY & CLAIRE O'SHEA OF ST JOHN OF GODS & ST FRANCIS'S SPECIAL SCHOOL, BEAUFORT. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE GLENEAGLE HOTEL FOR THE RING OF KERRY DINNER DANCE WERE L-R HELEN REA, NOEL SHANAHAN, HELEN O'DONOGHUE & SUZANNE KING FROM THE IRISH PILGRIMAGE TRUST CHARITY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



THE CRONIN'S, PICTURED AT THE GLENEAGLE HOTEL FOR THE RING OF KERRY DINNER DANCE L-R NIAMH, DENIS, BERNIE & AOIFE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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Lee Strand



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Once again Lee Strand is delighted to offer customers an exclusively designed range of hand crafted Ambri Boards. Each board is unique and made from naturally fallen Elm trees, nearly 200 years old and sourced in Ireland. There are four boards to choose from, the Windmill Board, the Ross Board, the Skellig Board and the Dingle Bread Box and Butter Board - each board is valued at €75!

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COLLECTING
NOW**



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The Dingle Bread Box and Butter Board is ideal for serving breads at the dinner table and is complimented with a matching butter board.
Bread Box Size: 10 x 7", Butter Board: 4.5 x 4.5"



ROSS BOARD

The Ross Board is perfect for serving pizza, cheese, meat, fruit and bread or can also be used as a chopping board.
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The Windmill Board is a long elegant board, perfect for entertaining guests with canapes, cheese and meat.
Size: 21 x 5"



SKELLIG BOARD

The Skellig Board is a stunning serving and chopping board with raised legs and a wavy edge to give the board a lovely rustic appearance.
Size: 14 x 7"



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Ambri Boards are used all over the world in top hotels including the Four Seasons Hotel, the Hotel Europe and is also a favourite with Ireland's top chefs Clodagh McKenna and Donal Skeehan. All boards are hand crafted by Tony O'Shea from Tralee, owner and creator of Ambri Boards as seen on the Late Late Show. Ambri Boards is a family run business and is named after Tony's twin daughters Amy and Brid. All Ambri Boards are cut by hand with great care and passion from start to finish and only upon final inspection are boards passed as an Ambri Board.

HOW TO COLLECT

To redeem an Ambri Board simply collect 50 Mighty Mikey Milk tokens on the side of Lee Strand milk cartons and bottles. The board will be yours at a reduced price of €25 - that is a saving of €50! To collect your board call to Lee Strand's office in Ballymullen, Tralee, Co. Kerry, before 4pm on Friday, December 4th, 2015.

*Offer available while stocks last. *Terms & Conditions Apply.*

P.S. YOU CAN COLLECT AS MANY BOARDS AS YOU LIKE!

For further information please contact: 066 7121084 | Log on to www.leestrand.ie or www.facebook.com/leestrandmilk

WORKS OF ART SELL OUT AT OAK TREE EXPO

An art exhibition which featured works from a group of adults with moderate to profound intellectual disability sold out at the Killarney Heights Hotel last week.

"The night went fantastic - we couldn't have asked for more" Maura Mannix, one of the organisers of the event told the Killarney Outlook.

"We didn't have enough pieces of art and we sold out very early on, however we were absolutely delighted with everything and are planning to make it a yearly event, she added. Next year hopefully no one will leave without a piece of art to take home", she said.

An amazing €3,100 was raised on a night which was enjoyed by everyone. One of the highlights of the evening was the music by the O'Connor Brothers & Friends which was enjoyed by everyone who attended.

The adults that attend Oak Tree were delighted all their hard work paid off and would like to thank everyone who came and supported them on the night.



PICTURED AT THE KILLARNEY HEIGHTS HOTEL FOR THE OAK TREE ART EXHIBITION WERE BACK ROW L-R JAMES MORIARTY (INSTRUCTOR), AUDREY BAINTON (INSTRUCTOR), MAURA SPILLANE (INSTRUCTOR) & BERNIE LENIHAN (MANAGERESS). FRONT ROW L-R EMIL RODTHALER, MAURA MANNIX (INSTRUCTOR), MARTIN O'BRIEN & VINCENT KEOGH. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY HEIGHTS HOTEL FOR THE OAK TREE ART EXHIBITION WERE MUM & DAUGHTER MARIE (LEFT) & SHINANN (RIGHT) BUCKLEY-O'SULLIVAN WITH THEIR PURCHASES AT THE VIBRANT EXHIBITION. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY HEIGHTS HOTEL FOR THE OAK TREE ART EXHIBITION WERE L-R AISLING, SAOIRSE & CAOIMHE COFFEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

KILLARNEY REPRESENTATIVES PROMOTE KERRY AT 'FLAVOURS' IN LONDON

B2B workshop aims to grow Kerry's share of huge worldwide travel market

Representatives from Killarney hotels were among forty Irish tourism enterprises who travelled to London this week to take part in Flavours of Ireland 2015.

Destination Killarney Hotel Group, Randles Hotels, Killarney Hotels, Killarney Jaunting Cars and Muckross Park Hotel were all represented at Tourism Ireland's annual B2B tourism workshop, now in its 13th year, which saw more than 100 representatives of the top inbound tour operators based in Britain come together to do business with the various tourism organisations from Ireland.



GRETEL O'SULLIVAN; DESTINATION KILLARNEY HOTEL GROUP (LEFT); WITH RONAN FRANCIS; TOURISM IRELAND; LAM SIM AND LAY TAN; BOTH RELIANCE TOURS; AT FLAVOURS OF IRELAND 2015 IN LONDON. PICTURE: PATRICK BALLS.

TOMÁS O'SÉ TO LAUNCH AUTOBIOGRAPHY

"In many ways, Tomás epitomised everything that Kerry football is all about. His commitment, determination and never-say-die attitude were plainly visible every time he took to the pitch. He was a warrior" - Eamonn Fitzmaurice.

Tomás O'Sé will launch his autobiography *The White Heat* in The Brehon Hotel on Sunday October 25th at 8pm. Paul Galvin will perform the official launch and Fear a Tí will be Dara O'Cinneide.





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Sunday: 2pm - 5.30pm

WHAT A DAY... WHAT AN ADVENTURE..

Report by Valerie O'Sullivan

2,500 athletes competed in the 'Quest Adventure' Killarney Adventure Race on Saturday, a multi-activity one day event, which saw competitors roaming the Kerry mountain sides, eating up Molls Gap on bicycles, lapping up the lakes on kayaks in what is the biggest Adventure Race in the World.

The weather forecast lived up to all expectations, perfect adventure weather, fog on Strickeen, not a problem for the seasoned Pro's. Crystal blue calm waters of Muckcross Lake, and best of all no rain on the mountains and roads, ideal for all the athletes and marshals.

The Adventure Race was Voted the best Outdoor Event in 2014. It started 5 years ago with 500 participants and now the event has now grown to over 2,500 and continues to attract Irelands top endurance athletes and competitors from around the world. The Adventure Race is designed for all levels of fitness, from the 25km Sport routes, 50km Pro routes and for those who want an extreme test of endurance a 60-70km Expert route. Everyone's a winner. The event sold out 2 months in advance of the race.

RESULTS

60KM PRO

1. John Paul O'Connell 02:47:14
2. Trevor Woods 02:48:09
3. Rónán O'Shea 02:49:26

LADIES

1. Mary Daly 03:23:59



HAROLD CLIFTON, COMPETING IN THE KILLARNEY ADVENTURE RACE - A MULTI-ACTIVITY ONE DAY EVENT, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.



NOEL CRONIN, COMPETING IN THE KILLARNEY ADVENTURE RACE - A MULTI-ACTIVITY ONE DAY EVENT, ON SATURDAY 3RD OCTOBER. PHOTO: VALERIE O'SULLIVAN.



MIND THE GAP... ATHLETES CYCLING THROUGH THE GAP OF DUNLOE, COMPETING IN THE KILLARNEY ADVENTURE RACE - A MULTI-ACTIVITY ONE DAY EVENT, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.

2 Lisa Stapelbroek 03:31:39

50KM PRO

1. Conor Curran 02:39:59
2. Neil McBride 02:42:18
3. Gary Lawlor 02:44:15

LADIES

1. Ericka Murray 03:04:55
2. Kathleen O'Regan 03:05:28

48KM DUAL

1. Dave Burke 02:07:33
2. Dermot Hickey 02:15:27
3. Derek Cullen 02:20:32

LADIES

1. Aleksandra Nowak 02:44:31
2. Lindsay McMillan 02:56:43



TRIONA SHEEHY, COMPETING IN THE KILLARNEY ADVENTURE RACE - A MULTI-ACTIVITY ONE DAY EVENT, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.



FRANCES ARTHUR, COMPETING IN THE KILLARNEY ADVENTURE RACE - A MULTI-ACTIVITY ONE DAY EVENT, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.

27 KM SPORT

1. Liam Aherne 01:33:33
2. Sheldon Kirwood 01:38:02
3. Benjamin Geary 01:42:42

LADIES

1. Maria Moriarty 01:53:22
- 2 Sharon Kenny 01:55:51

Due to an error on the Course by event organisers all 70KM Male Prize Categories have been differed

Honourable Positions to the Following Elite Athletes. Mark Nolan, Dessie Duffy, Aidan McMoreland, Mark Wolfe, Lonan O'Farrell, Peter Walsh, Keiron Kelly, Mike Buckley, Jerry O'Sullivan, David Power, Barry Cronin.



LUCKY LAKERS... COMPETING IN THE KILLARNEY ADVENTURE RACE - A MULTI-ACTIVITY ONE DAY EVENT, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.



SINEAD SUGRUE AND BLÁITHÍN STACK, COMPETING IN THE KILLARNEY ADVENTURE RACE - A MULTI-ACTIVITY ONE DAY EVENT, AT THE WEEKEND. PHOTO: VALERIE O'SULLIVAN.

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life changing

event for full denture wearers. Simpler treatments to stabilize loose dentures are also available. Dr. O'Loughlen is competent to provide the full range of implant treatment and will discuss with you your needs, to find the best and most cost effective solution.

TRUTH #5

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than you expect. Health insurance policies can contribute significantly. 20% tax relief is also applicable on implant procedures.

TRUTH #6

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MARTIN EXPRESSES CONDOLENCES ON THE PASSING OF JOHN O'LEARY



THE LATE JOHN O'LEARY.

Fianna Fáil Leader Micheál Martin has expressed his sadness at the passing of former TD for Kerry South and Minister of State John O'Leary. "I last met John in June when he launched his memoirs 'On the Doorsteps' in Leinster House. He was a man I

had the great privilege of knowing personally, having worked alongside him as a young TD. A proud Kerry man and ardent Fianna Fáil activist throughout his life he was still full of energy and excitement about politics and the party. His passing brings to an end a remarkable career defined by his love of his home county of Kerry and his commitment to public service as the means to make his county and country a better place."

Martin told the Outlook that "Over three decades of representation at local government and Dáil level marked him out as a committed

public servant - a commitment recognised by his appointment as Minister of State at the Department of the Environment. He had previously worked for Kerry County Council and was eager to take his commitment to working for the people to another level. John was a veteran of the rough and tumble of Irish politics. He didn't always see eye to eye with the then Taoiseach Charlie Haughey and fiercely fought his corner in the constituency but always remained fully committed to politics as a means to better the lot of ordinary working people in Ireland. He was a firm believer in empowering the ordinary grass roots of the party who had their ear to the ground and ensuring that government did its bit to give people a fair crack of the whip.

"John's remarkable electoral success, topping the poll in eight of the ten elections he contested is a testament to his hard work and to the respect he was held in by the people of Kerry. He was the longest ever serving TD for Kerry South and served under four different party leaders - Jack Lynch, Charlie Haughey, Albert Reynolds and Bertie Ahern - from 1966 to 1997 often during turbulent and troubled times. His earnest dedication to the public good and pride in where he came from represents some of the best traditions of our party"

TASTE OF TRALEE FOOD FAIR RETURNS TO MANOR WEST

The Taste of Tralee Food fair will return to Manor West Retail Park next weekend, Saturday 17th and Sunday 18th of October from 12-6 on both days.

Local artisan food producers are gearing up for the event, organized in association with Taste Kerry, which highlights the high level of talent and creativity of Kerry's artisan food producers. Previous Food Fairs in Manor West have all created an electric atmosphere for all shoppers on the mall as the beautiful aromas of the various food stands fill the shopping centre. Taking place in the main shopping mall, customers will have the opportunity to taste and purchase a wide range of food products from the award winning Sásta Sausages, to the ever tempting Fab Fudge and of course our own in-house Christy's Cupcakes tempting us to a tasty treat.

Radio Kerry will also be here on Saturday. We will have the 11-2 show with Francis Jones broadcasting live from Manor West, with lots of prize giveaways on the day. It's sure to be another successful and enjoyable weekend for all visitors to Manor West.

"There is always such a great atmosphere here when we host the Taste of Tralee Food Fair and we are delighted that we can work with Taste Kerry to showcase their hard work to a larger audience," said Derek Rusk, Shopping Centre Manager of Manor West Retail Park. "It means a lot to us all here in Manor West to help promote local producers and enabling them to widen their reach and achieve their own business goals".

Taste Kerry and Manor West have worked together for several years to help promote the county's home-grown food producers. "Having the opportunity to take part in these events in such a prime retail location is a fantastic boost for us," said John Harty of Taste Kerry.

For further events throughout the year visit www.manorwest.ie or follow Manor West on Facebook and Twitter.

JULIA WINS €20,000

Killarney woman Julia Cronin is the second winner of The Irish Independent together with the Sunday Independent and the National Lottery €100,000 prize share. Julia won after collecting six tokens from the Irish Independent and Sunday Independent.

Julia Cronin, this week's winner of the €20,000 prize fund, said: "I'm so thrilled to have won the €20,000 this week. It's absolutely wonderful, I can't believe it. When it comes to spending the money, if Paul O'Connell is looking for something to do after the world cup, I'll give him a job washing the dishes at home."

KERRY WOMAN JULIA CRONIN FROM GLENFLESK NAMED AS SECOND WINNER OF €20,000 GIVEAWAY FROM THE IRISH INDEPENDENT, SUNDAY INDEPENDENT AND THE NATIONAL LOTTERY. PHOTO DON MACMONAGLE



KILLARNEY MAN BEHIND MAJOR NEW DOCUMENTARY

Julien Behal, the two times winner of Photojournalist of the Year has produced his first major documentary which will be screened on Monday night next on RTE 1 at 9.30p.m.

Death of a Son - The Killing of Michael Dwyer is the story of a young man from Tipperary who was shot dead by a secret police unit in a dramatic hotel raid in Santa Cruz, Bolivia in 2009. In this very personal film his mother, Caroline, travels to Bolivia, Brazil, Washington and Brussels as she searches for answers and looks for an international inquiry into why her

son died such a terrible death so far from home. This documentary will chronicle her journey. Along with Caroline and her daughter, Aisling, it will feature contributions from Tom Hennigan, The South America correspondent for the Irish Times, who has followed this story since 2009. Julien co directed the documentary with Martina Durac. He is the son of Richard and Brenadine Behal and is a past pupil of St. Brendan's College, Killarney.



PHOTOJOURNALIST JULIEN BEHAL.

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SUPREME CHAMPION AWARD FOR QUINLAN'S FISH AT 2015 'BLAS NA HÉIREANN'



LIAM, NIAMH AND NIALL QUINLAN FROM CAHERSIVEEN, PROPRIETOR OF QUINLAN'S KERRY FISH WHO WON THE SUPREME CHAMPION AWARD AT THE ANNUAL BLAS NA HÉIREANN / IRISH FOOD AWARDS AT THE DINGLE FOOD FESTIVAL AT THE WEEKEND. PHOTO DON MACMONAGLE.

Award winning family-run seafood business Quinlan's Fish, has won the prestigious Supreme Champion Award at this year's Blas na hÉireann, The Irish Food Awards. The company's winning entry is its fresh crabmeat. The entry won over the judges' taste-buds because of its fabulous flavour, freshness and delicate texture. There were more than 2000 entries for this year's Awards from all over Ireland, making it the biggest competition of Irish produce on the island of Ireland. Adjudication involved

over 400 independent judges over a period of three weeks. The winners were announced on Saturday night last in Dingle. The highly acclaimed Blas na hÉireann awards have been setting the standards for Irish food producers for eight years and the number of entries this year broke all records, proving the value and vitality of the Irish food and drinks sector. For the winners, these awards are known to open doors to new markets at home and abroad.

'We are absolutely thrilled,' Liam Quinlan of Quinlan's Fish told The Killarney Outlook. 'We have four premium fish shops as well as three seafood bars supplying our produce direct from tide to table. My father, Michael, started the business 52 years ago and it has been 52 years of hard work since then. This is the biggest award and honour we have ever received and I hope it shows that quality always shines through,' said Liam.



PRODUCERS FROM ALL OVER IRELAND GATHER ON THE PIER IN DINGLE, PRIOR TO THE ANNOUNCEMENT OF THE ANNUAL BLAS NA HÉIREANN / IRISH FOOD AWARDS AT THE DINGLE FOOD FESTIVAL AT THE WEEKEND. PHOTO DON MACMONAGLE.

FOSSA FASHIONISTAS TURN ON THE STYLE

They turned out in their hundreds at the stylish Hotel Europe for the Fossa Community Centre Fashion Extravaganza on Wednesday night.

Celebrating 26 years of fashion in Fossa, the stylish ladies and gents from the Killarney area and beyond enjoyed a fantastic night of fashion with the latest collections from boutiques in Killarney on show.

Winner of the best dressed lady on the night was Dora Browne who won a neckpiece and bracelet sponsored by Keane's Jewellers.



STUNNING STYLE FROM KERRY'S BOUTIQUE & MAC BEE'S KILLARNEY, GLAMOROUSLY MODELLED AT THE ANNUAL FOSSA FASHION SHOW AT THE EUROPE HOTEL. L-R PREMA BHUIYAN, CÁITRIONA DENNEHY, AGNE KREMENSKIENE, MARY BROSNAN, UNA MCGREGOR, AOIFE O'CARROLL, ELAINE O'NEILL & JENNIFER LENIHAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



MILLINER SHIRLEY CLIFFORD (CENTRE) AT THE EUROPE HOTEL FOR THE FOSSA FASHION SHOW WITH HER CREATIONS FOR THE CATWALK. L-R MODELS AOIFE COOPER, CHRISTINA DOYLE, SHIRLEY CLIFFORD, ELIZABETH O'CONNOR, MARY SHEAHAN & DEIRDRE LEAHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE EUROPE HOTEL FOR THE ANNUAL FOSSA FASHION SHOW WERE L-R ANNE CRONIN, VERA MURPHY & TERESA HURLEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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THE GIFT TO OPEN KERRY FILM FESTIVAL

The honour of being the opening film at this year's Kerry Film festival has gone to The Gift. OC Productions from Killarney have this week announced that their debut feature film, The Gift, will premier at the 2015 Kerry Film Festival. The festival which runs from October 21st – 25th, will showcase films from Kerry, around the country and beyond. The Gift stars Alan Devine (Veronica Guerin), Úna Kavanagh (Garage), Dawn Bradfield (Moone Boy) and comedian Brendan Grace in his first dramatic role. It was directed by Killarney film director Damian O'Callaghan, whose



BEHIND THE SCENES AT THE FILMING OF THE GIFT.

short film 'Bouncers' was part of last year's festival. O'Callaghan wrote The Gift with Kildare screenwriter Paul FitzSimons and it was filmed entirely in and around Killarney. The Gift, which will be the festival's opening feature film, tells the story of Sean, a man bereft a year after losing his wife to cancer. He has decided what he must do but life gets in the way – family who miss him, a demanding landlord, a class of uncontrollable students. And, with his own imagination working overtime, deciding to end his own life is his latest frustration.

The Gift will screen at the festival at 8.30pm on Thursday 22nd October at Cinema Killarney. The writer, director and some cast will attend and there will be a Q&A after the screening. Tickets can be booked on www.kerryfilmfestival.com or by calling 066 712 9934.

For more on The Gift, visit www.facebook.com/TheGiftMovieIrl



SMILE SQUAD INITIATIVE LAUNCHED

Bridge Place Dental Practice has announced a new initiative that they have started within their dental practice. The 'Smile Squad' is a program for children aged 5-12 to give them hygiene and dietary education about their dental health. The fantastic team of staff within the practice, are all motivated to deliver great dentistry and preventative care. Bridge Place Dental Practice passionately believe that it is critically important to educate children to assist them in making better choices and to broaden their skills if they are to have a healthy dental future. 'Smile Squad' is a fun and educational way of introducing children to the dental environment. Bridge Place Dental Practice Hygienist Rachel Cafferkey is delivering 'Smile Squad' which involves,

- Tooth brushing demonstration
- Tooth brushing practice (with the aid of disclosing tablets)
- Education about hidden sugars in food

and drink ● Education about making wiser food choices ● Practical interactive exercise on the 'Acid Clock' ● Education for the children's parents. The practice have invested lots of time and energy into creating this interactive and practical training and provide dentally relevant "goody packs" including tooth brushing charts and stickers, disclosing tablets, toothpaste and toothbrushes to the children. If you would like to win one of ten places on the Smile Squad just email info@bridgeplacedental.ie.



NICOLAS ROCHE IN TOWN

Having built up a long friendship with Killarney Cycling Club member Joe O'Shea, Sky's Cycling's Road Captain Nicolas Roche will visit the town this Sunday. The visit, in association with Aherns BMW Castleisland, will see him ride out with group of young and not so young cyclists during

the day. These will begin at the Killarney Racecourse from 11am and bookings must be made in advance. He will also be doing a ride through the town centre. On Sunday evening he will be attending a Q & A at the Dromhall Hotel where the audience will also be able to ask him questions.

KILLARNEY TOASTMASTERS WELCOME YOU

Toastmasters Killarney are hosting an open evening on Tuesday 13th October at 8pm in the Dromhall Hotel and everybody is welcome for a fun and informative evening.

The mission of a Toastmaster Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-help, confidence and personal growth.

Killarney Toastmaster meet every second and fourth Tuesday of the month in the Dromhall Hotel, Muckcross Road, Killarney at 8pm. Contact telephone 089 418 5440

ICA MEETING

The monthly meeting of the Muckcross Guild of the ICA takes place on Monday night October 12th at 7.45pm at Loughguittane NS. New members always welcome.

NUI GALWAY TO HOLD INFORMATION EVENING

Secondary school students interested in studying at NUI Galway are invited to an information evening in Tralee on Thursday, 15 October. Parents and guardians are also particularly welcome to the event which runs from 7 to 9pm in the Brandon Hotel in Tralee.

The evening will begin with short talks about NUI Galway and some of the 60 courses it offers. Afterwards, current students and NUI Galway staff will be on hand at information stands to answer any individual questions in relation to courses offered by the University and about practical issues like accommodation, fees and scholarships, and the wide range of support services available to our students.

#lovekillarney

Nicolas will also be putting up one of his Tour jersey for auction with the proceeds going to the encourage more young people to take up the sport in the town. Tickets for this part of the day are available from the Big Little Bike Shop in Woodlawn.

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BRACKHILL, CASTLEMAINE Guide Price €160,000

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REF 802



CLONKEEN, KILLARNEY Guide Price €300,000

4 Bedroom detached residence (approx 3,000 sq ft) located just a half mile off the N22 on circa 0.5 acre site. Detached garage. Triple glazed windows/doors, stone fire place with stove, oil fired central heating, under floor heating to the ground floor, high standard insulation

REF 786 BER B1



BALLYDUNLEA, KILCUMMIN Guide Price €245,000

4 Bedroom dormer bungalow (approx 1,700 sq ft) on circa 0.7 acre elevated site. Large detached garage with electricity. Triple glazed windows/doors, oil fired central heating. Only 10 minutes drive to Killarney Town Centre.

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DREAM COME TRUE FOR DONNCHA

It is a dream come true for Soccer mad Kenmare boy Donncha O'Sullivan who has won a McDonald's Future Football competition to become a flag bearer for the crucial Ireland v Germany European Championship Qualifier at the Aviva Stadium last night, Thursday October 8th.

Donncha was joined by his mum, Sinead O'Donovan, McDonald's Killarney manager, Martin Hoban and Maricar Mangaliman of McDonald's Killarney this week when he received his prize. Donncha picked up his tickets and winners goodie bag ahead of the game from McDonald's, Killarney.

McDonald's FAI Future Football is a programme designed to support grassroots football clubs by enriching the work they do at local level. Over 10,000 boys and girls from 165 football clubs in Ireland will take part this year, generating 70,000 additional hours of activity.



ALL SMILES ON HIS WAY TO THE AVIVA STADIUM.... DONNCHA O'SULLIVAN PICTURED WITH MUM, SINEAD O'DONOVAN, McDONALD'S KILLARNEY MANAGER, MARTIN HOBAN AND MARICAR MANGALIMAN OF McDONALD'S KILLARNEY. PICTURE: DOMINICK WALSH

HOLISTIC THERAPIST OPENS IN KILLARNEY



TINA TYNAN HOLISTIC THERAPIST.

A Natural Skincare specialist and Holistic Massage Therapist with vast experience in both beauty and make-up has opened on Woodlawn Road in Killarney.

Tina Tynan is a fully qualified Esthetician and Massage Therapist. Having worked

in Germany and New York, Tina has gained invaluable experience in both Beauty Therapy

and Make-up Artistry. Nowadays, she specialises in Holistic skincare and body treatments using only natural high performance products, free from petrochemicals, parabens and fragrances. Tina is a firm believer in all things natural especially your skincare. "The skin is the largest organ in the body and absorbs much of what is applied on it, it is a no-brainer to treat it with the respect it deserves", Tina told the Killarney Outlook.

"It is my belief that sophisticated natural beauty products can deliver the same if not better high quality results than conventional ranges, all the while reducing your toxic burden dramatically. Simply, there really does not have to be a compromise on quality if you choose natural skincare", she added.

In recent times, Tina has been trained to

the highest standards at Touch Therapy, an innovative and integrated series of safe and effective treatments for people living with cancer. Touch Therapy is accredited by the Irish and American Cancer Society as well as the Marie Keating Foundation here in Ireland. These nurturing treatments are given using products from the Lindi Skincare range, developed specifically with the skincare needs of cancer clients in mind.

As well as Touch Therapies, she offers Facial Treatments, Holistic Massage, Ear-candling and Ayurvedic Head Massage. Tina is also accredited by the Health Food Institute to give nutritional guidance, empowering you to make wise choices to enhance your inner and outer beauty.

WHAT DOES BUDGET 2016 HAVE IN STORE FOR YOUR BUSINESS?

OCKT Ltd, Chartered Accountants & Registered Auditors holds Budget Forum to examine impact on businesses.

OCKT Ltd, a leading Kerry Chartered Accountancy firm, will hold a Budget Briefing at 1.00pm on Wednesday 14th October 2015 at The Malton Hotel, Killarney to examine the implications of the Budget for businesses in Kerry. In conjunction with Killarney Chamber of Commerce, OCKT Ltd is hosting the briefing to share its thinking on the key developments from Budget 2016 with clients and members of the Kerry business community. The briefing will explain the salient points from the Budget in direct relation to businesses, as opposed to individuals, and will outline tax planning initiatives that can be taken prior to 31st December, so businesses are primed to tackle

the budgetary changes as they are introduced. Speaking at the briefing will be Director of OCKT Ltd, Marcus Treacy, who specialises in corporate finance and corporate recovery. "This briefing will be a good opportunity for businesses to stay ahead of the budgetary measures, no matter what the outcome on October 13th. We are holding this forum to discuss the implications for businesses specifically, as historically media coverage comprehensively documents implications for individuals and not always those for SMEs themselves.

"We are anticipating changes to various reliefs in capital taxes which could have an impact on businesses, so we are keen to analyse the Budget for attendees of the event and to explain practical measures they can take to protect their businesses, their employees and



DIRECTOR OF OCKT LTD, MARCUS TREACY.

their livelihoods" he continued.

The event is open to all business owners and employees and bookings can be made by emailing info@ockt.ie or phoning on **064 6633444**.

OCKT Ltd, Chartered Accountants & Registered Auditors, Glebe House, Glebe Place, Killarney, Co Kerry

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MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



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If your life cover premium was reduced by €20 per month, over the next ten years that's saving you €2400.00. We are all trying to find ways to save money, this is one way that you could save money, it's easy to check this out. Contact an independent financial advisor who will review your cover and explain the options available to you.

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GOLD FOR KERRY CITIZENS INFORMATION SERVICE



THE TEAM AT THE KERRY CITIZENS INFORMATION SERVICE: FRONT: JANE KINGERLEE, FRANCES CLIFFORD, TINA CURTIN BACK L- R: KIRSTIE NOWAK, AINE BROSANAN, NORA O'CONNOR, SUSAN DEERY, ANN ROCHE, MARY GRANDFIELD, MICHAEL KENNY.
PHOTOGRAPHER: MICHAEL KENNY

Kerry Citizens Information Service (Kerry CIS) was awarded the European Foundation of Quality Management Gold Star "Role Model" Quality Standard Award having reached the quality standards of customer service excellence required. They are very proud to be one of only three services nationwide from a pool of 46 services to receive this esteemed "Role Model" Award level. This is in addition to achieving the Gold Star Quality Award in 2014. Development Manager, Frances Clifford, acknowledged that it was very much a team effort and she is extremely proud of the Kerry CIS team, she thanked them for their support and enthusiasm with which they engaged with the quality award process whilst continuing to meet the daily demands in their service. "The award is testament to the commitment and dedication of the entire team in Kerry Citizens Information Service. We are very proud to be one of only three services nationally to achieve the esteemed Role Model Award level", she told the Killarney Outlook. The Kerry CIS Board of Management and the Chair, Jacqui Browne firmly believe in the ethos of Service Excellence "This award recognises and reinforces our commitment to excellence in providing a quality assured service to the public in accordance with agreed standards with a

person centred approach by all the Information Providers who work within the service."

The service underwent a rigorous in-depth assessment to measure their performance against the EFQM (European Foundation for Quality Management) Role Model principles. This independent assessment was conducted by the Centre for Competitiveness, which is the national partner for EFQM in Ireland. The requirements are benchmarked against a framework of European Best Practice. They were supported in demonstrating all standards by Rosemary Enright Hodgson from Irish Corporate Training Consultancy and Real Experience who acted as a mentor to the service giving very real, practical advice and assistance. Kerry CIS provides independent information, advice and advocacy services to the community on their rights, entitlements and the social services that exist to support them. They provide information on a wide range of issues, including employment rights, housing, social welfare, family matters, pensions, migrant rights, health services, education, disability and much more. They can also help complete forms, write letters make telephone calls and calculate entitlements. Last year they dealt with over 19,000 callers and over 26,000 queries in Kerry.

CALL FOR MEMORIAL FOR WORLD WAR 11 HEROINE



CLLR MICHAEL GLEESON.

At the October Municipal meeting Councillor Michael Gleeson asked that the Council would erect an appropriate memorial to Jane McCarthy for her heroism as part of the Resistance in war-time Paris.

As the annual Hugh O'Flaherty celebration is about to begin this is an appropriate time to recall the to-date almost unsung heroism of Jane McCarthy from Killarney.

Jane was born in January 1885 at 74 New Street. Having left Killarney in 1910 to work as an au pair. She soon became a teacher and graduated from the Sorbonne University.

During the terrible years of the 2nd World War when France was an occupied country she became a very active member of the Resistance. Her apartment was used as a safe haven. She led many to safety from the city and across international frontiers. She rescued airmen who were parachuted in France and led them to safe hiding places. Her heroism was internationally recognised by France, Britain and the United States. The French Government awarded her the Legion d'Honneur, the Croix de Guerre and the Croix de la Resistance. President Eisenhower acknowledged her greatness with the Medal of Freedom and a citation. She was presented with the Tedder certificate for her rescuing of British citizens.

Most of the money that she earned was expended on the welfare of internees and French resistance people in hiding from the Germans. It took many years for the greatness of Monsignor O'Flaherty to be recognised in Killarney. Let us try to ensure that her home town will not forget the life of quiet heroism of Jane and that she will be given due recognition.


KILLARNEY CREDIT UNION CELEBRATES INTERNATIONAL CREDIT UNION DAY

Killarney Credit Union will be celebrating International Credit Union Day with an Open Day for new members on Thursday 15th October from 12pm-3pm at Beech Road, Park Road and Kenmare. Anyone thinking of becoming a member is invited to come along and meet staff who will take them through the membership process. Membership is open to people living or working in the Killarney district including parishes of Fossa, Kilcummin, Glenflesk, Beaufort, Kilgarvan, Kenmare, Sneem, Tuosist and Fries. You can be member of more than one credit union. International

Credit Union (ICU) Day has been celebrated on the third Thursday of October since 1948. The day is recognized to reflect upon the credit union movement's history and to promote its achievements. The theme of this year is "People Helping People". Currently there are 57,000 credit unions, with nearly 208 million members in 103 countries worldwide. Helen Courtney Power, Business Development Officer stated "we are inviting those in the community, who want to hear more about the credit union and its services to come along at any of our branches on Thursday. We will be handing out



small gifts, balloons and light refreshments to new members and answer any questions people might have" she concluded. You are advised to bring along photo and address identification on the day if you want to open an account. A range of membership account options are available such as single, joint and children accounts. Further information is available on www.killarneycu.ie.



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 A look through the lens at what's happening this week 



DARKNESS INTO LIGHT WALK RAISES €44,000

This year's Darkness into Light walk raised an amazing €44,000 for Pieta House.

At the cheque presentation on Monday night, organisers Marie and Denis O'Carroll told the Killarney Outlook that they were delighted with the amount raised.

The couple hold the walk every year in memory of their son Nathan.

PICTURED LEFT AT THE PORTERHOUSE FOR THE CHEQUE PRESENTATION OF €44,000 TO PIETA HOUSE RESULTING THE DARKNESS INTO LIGHT WALK WERE BACK ROW L-R MAIRTIN DRIVER (ORGANISER), KEVIN O'CALLAGHAN (ORGANISER), PATRICIA O'DONOGHUE (PORTERHOUSE, FOOD SPONSORS THROUGHOUT), KEVIN O'DONOGHUE (ORGANISER) & DENIS O'CARROLL (ORGANISER). FRONT ROW L-R MARIE PEELO (DEPUTY DIRECTOR OF FUNDRAISING & DARKNESS INTO LIGHT), MARIE O'CARROLL (MAIN ORGANISER) KIERAN BRADY (DIRECTOR OF FUNDING & ADVOCACY). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY HEIGHTS HOTEL FOR THE OAK TREE ART EXHIBITION WERE L-R ADAM O'SULLIVAN, CHLOE WHELAN, MOLLY WHELAN, AVA GRIFFIN, BRIAN O'SULLIVAN, PEGGY SOMERS, DAVID BROWNE & KATHLEEN BROWNE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



GRAHAM FITZGERALD, GENERAL MANAGER AND HIS STAFF AT THE DINGLE SCEILIG HOTEL PICTURED CELEBRATING AFTER HOTEL & CATERING MAGAZINE CROWNED THE HOTEL AS THE 'BEST FAMILY FRIENDLY HOTEL IN IRELAND' AT THIS WEEKS AWARD CEREMONY. PHOTO DON MACMONAGLE



MARGARET HICKEY SHINNAGH RATHMORE, MODELLING AT THE SPECTACULAR FASHION SHOW IN AID OF THE RATHMORE BRANCH OF THE FRIENDS OF THE CHILDREN OF CHERNOBYL IN THE COMMUNITY CENTRE.



SIOBHAN COAKLEY, RATHMORE, HELEN KERINS, BEHEENNAGH HEADFORD, NOREEN DENNEHY, BOUNARD GNEVEGUILLA, AT SPECTACULAR FASHION SHOW IN AID OF THE RATHMORE BRANCH OF THE FRIENDS OF THE CHILDREN OF CHERNOBYL AT RATHMORE COMMUNITY CENTRE ON THURSDAY 1ST OCTOBER.



PICTURED AT THE GLENEAGLE HOTEL FOR THE RING OF KERRY DINNER DANCE WERE BACK ROW L-R AISLING CROSBIE, JOHN O'SULLIVAN AND PAT DOOLAN. FRONT ROW L-R SHEILA LOONEY, JAMES LOONEY & SUE McDONAGH. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CATHRIONA HICKEY RATHMORE MODELLING AT SPECTACULAR FASHION SHOW IN AID OF THE RATHMORE BRANCH OF THE FRIENDS OF THE CHILDREN OF CHERNOBYL ON THURSDAY OCTOBER 1ST LAST, AT RATHMORE COMMUNITY CENTRE.

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Stuffed Pork Fillet
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PHOTO MICHEAL O SULLIVAN
WWW.OSULLIVANPHOTOGRAPHYIRL.COM



JAMIE-LAY WHATLEY & BRANDON RANEY WHO TRAVELED FROM ALABAMA USA TO BE MARRIED IN KILLARNEY LAST SATURDAY.

PHOTO BY BREDALY PHOTOGRAPH.

Soprano
Megan O'Neill

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- 30 minutes of relaxation time to enjoy freshly prepared ginger tea and fruit

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Meltaway Midweek

- 60 minute visit in The Vitality Suite
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FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



TIPS TO LOOSE BELLY FAT (PART ONE)

1. Don't skip breakfast

- most important meal of the day. Try something as simple as a small bowl of porridge with a handful of fruit, or wholemeal toast with a boiled egg. Breakfast will boost energy levels for the morning

2. Keep hydrated

- Recommended to drink at least 2 litres per day. Think of it like a cleansing process for your body helping it to eliminate toxins and excess fats from your body. If you don't like plain water, try adding a few limes and mint leaves and cucumber and allow to diffuse in a jug of water for about 2 hours.

3. Eat fibre rich meals

- consuming foods that contain soluble fibre (such as fruit and veg) will shed weight by reducing the bad cholesterol in your body, & will suppress your appetite.

4. Eat healthy fats daily

- Although you should moderate your intake, eating healthy fats like avocados, walnuts, and olive oil will improve your satiety after meals. They will also boost your metabolism due to the high levels of omega 3's

5. Eat nutrient dense low calorie foods

- controlling our overall calorie consumption is the only way to loose weight. So avoid foods high in calories and low in nutrient value eg. Foods high in added sugars, saturated fats etc. A lot of processed foods and takeaways are the obvious ones to avoid if you are trying to beat the bulge.

MORE TIPS NEXT WEEK...

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Better eating for better living

Liz Byrne of White Feather Nutrition is a certified nutritional therapist. Nutritional therapy can improve health concerns such as digestive problems, hormonal imbalance, high cholesterol, high blood pressure, skin conditions, fatigue, weight management. Consultations aim to tailor a nutritional plan towards improved health whilst complimenting your current lifestyle needs in a functional manner.

A consult and subsequent tailored nutritional plan can improve many health issues such as:

- Digestive issues (constipation, diarrhoea, IBS, cramping, bloating, reflux, heartburn)
 - High cholesterol, blood pressure
 - Blood sugar imbalance
- Skin conditions (eczema, psoriasis, acne)
- Weight management
- Sleep disturbance
- Sports Nutrition
- Meal planning for working parents (to include shopping lists and lunch box options for the entire family).

Liz Byrne (Dip): 087-9508252 (9.30am – 5pm)

E: whitefeathernutrition@gmail.com **W:** www.whitefeathernutrition.org



OUTLOOK FASHION TIP:

CLEAN OUT YOUR CLOSET:

Those items that just seem to hang in our closet season after season – or even year after year – that we always say we'll wear, but don't, need to get tossed at some point. Donate them or do a clothing swap! You'll be making room for new clothes, which is always good. Better yet, incorporate the 'one in, one out' philosophy into your closet – when something new comes home, something old gets permanently loaned to a friend.

DIET TIP

Choose lean cuts of meat and trim off any excess fat before cooking. Small servings of lean meat deliver all the nutrients you need and you save money on the extra weight!



Beauty Tip

Go for a smoldering stare.

A smoky eye effect is a classic night-out look. To do it: Line the rim of your upper and lower lashes with a black eyeliner. Now use a stiff brush to smudge the pencil into your lashes. Finish by sweeping a dark shadow onto your lids.





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Touch Therapy - Touch therapy is a safe and innovative series of nurturing treatments for anybody undergoing cancer treatment using effective skincare products from the Lindi Skin line.

- These specialised skincare products have been designed to soothe and benefit skin compromised by chemotherapy and radiation.
- The treatments are physically and emotionally relaxing, reducing stress and providing substantial comfort
- The face and body treatments are created for men, women and children with cancer
- Touch therapies are endorsed by The Irish Massage Therapists Association and recommended by the Irish Cancer Society and The Marie Keating Foundation
- Each Touch Therapy includes an in-depth consultation to enable your treatment to be specifically tailored to your needs

For the month of October €5 from every treatment is donated to the Kerry Recovery Haven

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www.tinatynan.com



DUE TO THE MASSIVE RESPONSE WE HAD TO OUR RETAIL SALE...

We are running a 2nd sale for two weeks!!
From the 10th October to the 24th October
20% Off care/styling products.
t & c's apply. Not available on electrical.

25% OFF
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valid until 30/10/15
t & c's apply. Not valid on Sean's services.

15% OFF Cuts
Monday/Tuesday's
valid until 30/10/15
t & c's apply. Not valid on Sean's services.

€20 blow-dry valid until 30/10/15
t & c's apply. Not valid on Sean's services.

Have you made your Christmas appointment?

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ST4Men 064 6622001
Sean Taaffe Education 064 6671743
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MORNING SPA & TEA

- Pre-treatment time in the Thermal Suite
- Choice of one 30 minute treatment:
 - Indian Head Massage
 - Back, Neck & Shoulder Massage
 - Organic Refresher Facial
 - Full Body Exfoliation
- Rest in the Relaxation Area with fresh fruit, herbal teas and relaxing music.
- Enjoy our Baker's Treats in the Heights Lounge with a selection of scones, tea cake, fruit brack, and seasonal preserves, with tea/coffee- served either before or after your spa time.

€55.00 pp - Monday to Thursday only

TAKE TIME OUT FOR YOU...

- Fresh berry juice on arrival
- Relax in the heavenly Thermal Suite
- Cleansing Foot Ritual
- Choice of one 30 minute treatment:
 - Indian Head Massage
 - Back, Neck & Shoulder Massage
 - Organic Refresher Facial
- Rest in the Relaxation Area with fresh fruit, herbal teas and relaxing music.
- Two course lunch in the Heights Lounge.

€79.00 pp

AUTUMN UNWIND

- Pre-treatment time in the Thermal Suite
- Relaxing Foot Ritual
- Full body Spiced Pumpkin Body Exfoliation- bursting with the aroma of fiery spiced pepper and nutmeg.
- Full body application of nourishing Sweet Almond Body Lotion.
- Choice of a 30 minute tension relieving Back Massage OR Indian Head Massage
- Rest in the Relaxation Area with fresh fruit, herbal teas and relaxing music

€89.00 pp - 60 minutes treatment time

CALL 064 6631766 | WWW.AGHADOEHEIGHTS.COM

All packages are subject to availability. Terms & conditions apply.

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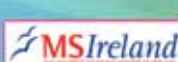
- ★ DO YOU HAVE ONGOING LOWER BACK PAIN?
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...if this is the case Pilates are an effective treatment and management technique for these and many more conditions.

For further information speak to Katie on: 064 6623100
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SUNDAY OCT. 11TH



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1 hour massage only €50

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First massage includes FREE consultation and assessment

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to find out how we can help you!

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Astrid Longhurst

Life & Body Confidence Coach



FOR THE LOVE OF OCTOBER...

As October wraps her burnished golden arms around me, safe and secure in the unfolding of autumnal days, I am drawn to reflection. I allow my mind to drift back gently over the days of this year. And, rather like the blossom tree in my garden that is shedding its leaves, I too am letting go of what has been. Without force or urgency, I allow what has flourished and nourished me to drift away with gratitude and appreciation. I notice where some of the dreams I planted did not come to fruition and I hold them tenderly in my heart. I wonder quietly where I may be this time next year and then I simply bring my awareness back into this moment. All that matters is now. I breathe in the sweet seductive aroma of wood smoke mixed with the last lingering fragrance of honeysuckle and jasmine. My body sighs deeply and every muscle relaxes.

Words from the writer Mary Oliver whisper through my mind:

"Tell me, what is it you plan to do with your one wild and precious life?"


I know exactly what I will do with my one wild and precious life and that is simply to **LOVE** it, **FEEL** it and experience every moment of it!

WISHING YOU A BEAUTIFUL OCTOBER...

Join me in my Chakranetics classes (mindful moving meditations) every week at the Travel Inn, Fossa. Tuesdays at 10.00am. Mondays at 7.30pm! Also, Thursday at 7.30pm in Tralee at Collis-Sandes House.

066 9766374 | life_coachingunlimited@yahoo.ie





Teagasc
AGRICULTURE AND FOOD DEVELOPMENT AUTHORITY

Clonakilty Agricultural College Open Day

You are invited to attend the College open day at
Teagasc- Clonakilty Agricultural College, Darrara, Clonakilty, Co Cork
on Friday 16th October, from 11.00am -1.00pm
Information session at 11.00am. Tours of the facilities on going



Information will be available on QQI (FETAC) accredited courses in:

- Level 5 Certificate in Agriculture
- Level 6 Advanced Certificate in Agriculture - Dairy Herd Management
- FETAC Level 6 Specific Purpose Certificate in Farm Administration (Teagasc Green Cert)
- CIT courses in Agriculture, Horticulture & Herbal Science

Contact Majella Moloney, College Principal
at 023 8832500
email clonakilty.college@teagasc.ie for further information



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ST BRIGID'S
Presentation Secondary School
Killarney



OPEN EVENING
Tuesday 20th October 6 - 8pm
Principal's Address @ 6.15pm
and 7.15pm (Repeat)
All Welcome



"Not Words But Deeds"
"Non Vox Sed Votum"



2016/2017 Enrolment

*St. Brendan's College Open Night
takes place on*
Wednesday, 21st October 2015
from 6:00 – 9:00p.m

STUDENTS CAN BE ENROLLED ON THE NIGHT

**TOURS OF THE SCHOOL WILL TAKE PLACE EVERY
15 MINS STARTING AT 6:00 P.M.
FINAL TOUR WILL DEPART THE COLLEGE CANTEEN AT 8:00 P.M.**

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Will Attend Scotts Hotel
every Saturday at 3.00pm
Castleisland Clinic
River Island Hotel
 last Friday of every month 9.30pm
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Jim Shea's Vintage Bar
 2nd Monday of every Month at 7.00pm
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Atlantic Bar 10pm Every Saturday Night
Kilgarvan Clinic
Healy-Rae's Shop 9pm-10pm every Sunday
Healy-Rae's Bar 10pm-11pm every Sunday
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 Free Sheet @ 6.55pm, Main Game at 8.05pm
 Linked games available for prizes up to €2500

OCTOBER SPECIAL - Treble Chance Thursday's. We will payout on One Line, Two Lines and the Full House on each page of our In House main game!
 Promotion starts Thurs 1/10/15 and runs each Thurs for October.

In house jackpot €1600 in 43 calls

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CLLr. John Brassil

Contact John for representation or to highlight issues of concern to you.

tel: **087 2362330**

email: **cllrjbrassil@gmail.com**

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FIANNA Fáil
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"Building for the Future, A New Voice for Kerry"

Your Kerry Fianna Fáil Candidate

Budget 2016 Lunch Briefing Invitation



Date: Wednesday 14th October 2015
Venue: The Malton Hotel, Killarney
Time: 1.00pm – 2.00pm

In association with Killarney Chamber of Commerce.

The Briefing will explain all of the main points from the Budget and, where possible, suggest any tax planning initiatives that can be taken prior to 31 December 2015.

Please pre-book your place by Monday 12th October by email at info@ockt.ie or by phone on 064 6633444.

We look forward to seeing you there.

OckT Limited, Chartered Accountants & Registered Auditors
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- A third level or Fetac qualification
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BOOKINGS OPEN NOW

This 5-week Mindfulness course is for anyone wishing to bring a greater sense of balance and meaning to their lives as well as those dealing with stress, anxiety or physical health challenges.

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Comhaltas Music Classes

Traditional music classes with
Nicholas and Anne McAuliffe

will recommence on

Saturday October 10th

at 6pm

in **St. Brendans College**



For more information ring

Eoin Ó Carra at 087-6155253

THE SEM WELCOME HOME THEIR SPORTING HEROES



KERRY MINORS PICTURED WITH STUDENTS AT ST. BRENDAN'S COLLEGE KILLARNEY



KERRY MINORS BILLY COURTNEY, DANIEL O'BRIEN, DAVID SHAW, EVAN CRONIN, GAVIN WHITE, RONAN BUCKLEY STUDENTS OF ST BRENDAN'S COLLEGE WITH TRAINER/TEACHER ARTHUR FITZGERALD WHO BROUGHT THE TOM CUP TO ST BRENDAN'S COLLEGE, KILLARNEY.

KERRY SCHOOLS, COLLEGES AND COMMUNITY GROUPS ENCOURAGED TO GET INVOLVED IN COLLEGE AWARENESS WEEK 2015

Minister for Education and Skills, Jan O'Sullivan, this week launched College Awareness Week 2015 with the help of students from Westland Row Secondary School, Dublin; Ballyfermot College of Further Education, Dublin; and the Trinity College Foundation Course, and encouraged schools and business and education groups in Kerry to get involved. The second annual College Awareness Week will take place from November 23rd to November 29th 2015. College Awareness Week aims to inspire and inform all students about the importance of having a post-secondary plan. It advocates for students to have the choice to pursue the course best suited to their interests, abilities and future

plans, whether that is a PLC qualification, an apprenticeship or a university degree. Communities across Ireland are invited to host events in community centres, schools, colleges, libraries and other venues, to raise awareness of opportunities available and to showcase local role models who have attended college. All activities, large or small, make a valuable contribution to the nationwide campaign. Last year's campaign, the first of its kind in Ireland, was a runaway success. Over the course of the week 363 events took place in many different locations including schools, higher educational institutes, community centres and libraries.



CULLINA SCHOOL BEAUFORT RECEIVING THE PROCLAMATION & NATIONAL FLAG FROM SGT CHRIS HOARE ON MONDAY LAST, PIC SGT CHRIS HOARE, ALICE EAGAR, EDEL O'BRIEN, MOIRA CRONIN PRINCIPAL, GUNNER PAUL O'ROURKE IN THE BACKGROUND. PIC JOHN O SULLIVAN KILLARNEY PHOTOGRAPHIC

ST. BRENDAN'S STUDENTS AWARDED BY STATE EXAMS COMMISSION

Stephen McKenna and Corey Kissane – two Transition Year students at St. Brendan's were this week invited to try out for the International Junior European and World Science Olympiad teams. This honour is bestowed on the top achieving Mathematics and Science performers in the 2015 Junior Certificate Results.

Teachers Jeremy Kenny, Marie Lawlor and Nora O'Dowd expressed their delight at the boys' achievements. Performance in Mathematics and Science continues to excel in St. Brendan's. Principal, Sean Coffey, thanked the staff for their commitment to Science and Maths in the school and the boys for their excellent achievement.

KELLY FURTHER PROMOTES CODERDOJO'S SUCCESS

MEP Kelly hosts third annual EU Dojo to promote voluntary coding clubs for youth

As a long-term supporter of the global successful CoderDojo clubs, Seán Kelly MEP hosted some 40 young people from Ireland and across Europe at the third annual EU Dojo, at the European Parliament this week.

"CoderDojo, which originated in Cork, now has 860 clubs running in over 59 countries giving over 25,000 young people with the opportunity to learn how to write computer code. It is a hugely important movement which I am delighted to have supported since its inception. Today, I am rallying fellow MEPs in the Parliament to join me in promoting CoderDojo in their own countries as Ambassadors for the volunteer-run clubs," Mr Kelly said in Brussels.

Digital literacy is fast becoming an essential

competency for everyone living in this connected world. According to a recent European estimate, by 2020 Europe is expected to face a shortfall of more than 900,000 technically skilled employees. Despite the need for young people to learn technical skills, few are given this opportunity. annual #EUDojo event in the EU Parliament hosted by MEP Sean Kelly.

The annual #EUDojo event in the EU Parliament hosted by MEP Sean Kelly will see 40 young European CoderDojo coders, some aged as young as 8 years old, showcase their coding and technology skills and to teach MEPs their first lines of code. At the event, the young people will teach MEPs how to create a basic HTML website.

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Digital Media Production Course (TRY18) - Tralee Training Centre.
 The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The content of the course includes design, digital imaging, photography, sound, video, digital publishing and media project management. **Start Date:** 19th October 2015. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques 7601-03.

Digital Web Design with Adobe Dreamweaver Course (ET3Z6) - Tralee.
 This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 27th October 2015. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates and Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Professional Tour Guiding Course (KY07749) - Tralee.
 This course is for people who wish to provide tour guiding services to visitors in a city, its wider environs, the regions and locally. Participants will gain the professional, technical, social and administrative skills to offer a quality service to a range of market profiles. **Start Date:** 27th October 2015. **Duration:** 24 weeks. **Certification:** QQI Level 6 Special Purpose Awards in Regional and Local Guiding and in City Tourist Guiding.

Surf Instructor and Beach Lifeguard Course (ET1Z3) - County Kerry.
 The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 2nd November 2015. **Duration:** 25 weeks. **Certification:** ISA Surfing Skills Instructor Level 1 Cert, National Beach Lifeguard Cert, and Aquatic First Aid & Cardiac First Response (PHECC) Cert.

CAD - Computer Aided Draughting and Design Course (ET115) - Tralee.
 This course offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. Participants must have technical drawing and maths in the Leaving Certificate or have an equivalent level of relevant industrial experience or training. **Start Date:** 9th November 2015. **Duration:** 32 weeks. **Certification:** City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Killarney.
 This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must be in possession of a current full Class B Driving Licence and a current Class C Learner Permit. **Start Date:** 16th November 2015. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTTB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

Reception and Clerical Skills (ET0N1) - Killarney.
 If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. **Start Date:** 16th November 2015. **Duration:** 19 weeks. **Certification:** FETAC Level 5 Component Certs in: Information & Administration, Word Processing and Customer Service.

Legal Administration Traineeship (ETS07) - Tralee Training Centre.
 This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 23rd November 2015. **Duration:** 40 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

Sports Recreation & Exercise Course (ETK69) - Killarney.
 If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 18th January 2016. **Duration:** 45 weeks. **Certification:** QQI Major Award in Sports Recreation and Exercise SM5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Broadcast Production Skills Course (TRY20) - Tralee Training Centre.
 This is a practical, production-focused course covering documentary, drama, and entertainment formats. Participants will learn about researching, writing, directing, capturing media, editing and delivering content for both location and studio-based productions. **Start Date:** 11th January 2016. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques (Video production) 7601-03, BECTU - Creative Industries Safety Passport, Occupational First Aid, Safe Pass and Manual handling.

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OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



GARVEYS SENIOR FOOTBALL CHAMPIONSHIP

BROSNAN BOOTS STACKS OUT OF TITLE RACE

DR CROKES 1-11
AUSTIN STACKS 1-10

Former county star Eoin Brosnan booted a priceless winner deep into injury time as Dr Crokes advanced to the last eight of this year's Kerry SFC at the expense of defending champions Austin Stacks.

The Rockies will regret their six first half wides and 8 second-half wides, many of which were from scoreable positions.

With so much at stake, the game only came to life in the latter stages of the second half when Austin Stacks staged a memorable recovery and refused to surrender their title without a fight.

Crokes got off to a dream start when Colm Cooper goaled after 19 seconds. With former Kerry minor Jordan Kiely also shining and scoring two great points, the Killarney side had built up a 1-2 to 0-2 lead after 15 minutes.

Stacks' Denis McElligott got their opening point from play in the 16th minute as the Rockies were finding it hard to break down a resolute Crokes defence where Eoin Brosnan, Mike Moloney and David O'Leary were the major influences.

The very accurate Killarney men made the most of their scoring opportunities and at half-time they deservedly led by four points, 1-6 to 0-5.

Austin Stacks resumed in determined fashion. With Kieran Donaghy relocated to midfield, they were full of fight



COLM COOPER SET CROKES ON THEIR WAY WITH A GOAL AFTER NINETEEN SECONDS.

Kieran Donaghy's 42nd minute goal brought Stephen Stack's side back into contention with the scores reading 1-8 to 1-6.

Crokes were still leading by two points entering the final quarter but with Donaghy dominating the midfield area, Stacks were finding their rhythm, but time was not on their side.

Points from Kieran Donaghy, Darragh Long (free) and Mikey Collins pushed the Rockies in front for the first time.

However, Crokes teams are renowned for their fighting spirit and never say attitude and this

proved crucial yet again.

With four minutes left to play, Daithi Casey swung over the leveller and at this stage, extra time was looming large but Eoin Brosnan had the last say when he pointed to send Dr Crokes into the quarter-finals where they will meet East Kerry neighbours Rathmore next Sunday in Fitzgerald Stadium.

Dr Crokes: Alan Kelly; John Payne, Mike Moloney; Gavin White; Fionn Fitzgerald, Eoin Brosnan (0-1), David O'Leary; Ambrose O'Donovan, Johnny Buckley; Alan O'Sullivan (0-1), Brian Looney (0-1), Daithi Casey (0-2); Jordan Kiely (0-3), Colm Cooper (1-3, 0-3 frees), Chris Brady.

Subs: Jamie Doolan for Chris Brady; Cillian Fitzgerald for Mike Moloney, Gavin O'Shea for Brian Looney, Mike Milner for Ambrose O'Donovan.

Austin Stacks: Darragh O'Brien; Barry Walsh, Ferghal MacNamara, Jack Morgan; Pa McCarthy, Conor Jordan, Ciaran O'Connell; Shane Guthrie, Greg Horan (0-1); Denis McElligott (0-1), Shane Carroll, Fiachna Mangan (0-1); Shane O'Carroll, Kieran Donaghy (1-1), Darragh O'Brien (0-3, 0-2 frees).

Subs: Wayne Guthrie for Shane Guthrie; Sean Ryan for Conor Jordan; Jack O'Shea for Jack Morgan, Darragh Long (0-2, 0-2 frees) for Darragh O'Brien, Mikey Collins (0-1) for Shane Carroll.

Referee: Seamus Mulvihill (St Senan's).

KILCUMMIN WIN PROVERBIAL GAMES OF TWO HALVES

KILCUMMIN 1-14
ST. KIERANS 1-10

Those sitting in the stand in Kilcummin at half time last Saturday night certainly did not see this result coming. Trailing 1-8 to 0-6 at half time the home side produced a magnificent second half performance, which included six unanswered points and a crucial 60th minute goal by Shane McSweeney to turn a likely exit into a great escape.

Both sides provided a lively opening quarter, which St. Kieran's led 0-3 to 0-2 before Philip O'Connor and Thomas Hickey began to take control of the game. Both showed incredible pace, creativity, and proved more than a thorn for the Kilcummin defence who were finally breached by an Adam Barry 28th minute goal. Indeed, it could have been far worse with St. Kieran's hitting the crossbar, post and Brendan Kealy providing a stunning double save.

Still even more drama was to unfold in the

second half. Kieran's lost James Walsh to injury after a minute of the restart and the midfielders loss was certainly capitalised on by the home side who began to dominate despite the best efforts of Seamus Scanlon. They would score eight of the first nine points of the second half to take the lead 0-13 to 1-9 with ten minutes left. Shane McSweeney (pictured) would have a big final ten minutes involved in almost everything on the field.

His 57th minute point would put his side two points clear and while Timmy O'Leary countered it was his 60th minute goal when he blocked down Barry Lynch proved to be championship knock out for St. Kieran's. Sweeney still had time to be on the receiving end of a straight red along with Dan O'Shea. At that stage, it mattered little, as Kilcummin moments later would celebrate the full time whistle.

St. Kierans: S O'G O Ciardubhain, B Lynch, D O'Sullivan, P Reidy, S Fitzmaurice, E Kiely 0-1, M Hickey, S Scanlon, J Walsh, T Lynch, E Walsh 0-2, Daniel O'Shea 0-1, P O'Connor, T Hickey 0-4

(0-1F), A Barry 1-1:

Subs: M Walsh for J Walsh INJ (31), Dan O'Shea for Daniel O'Shea (46), T Leary 0-1 for T Lynch (56), J Buckley for A Barry (58)

Kilcummin: B Kealy 0-1F, J Devane, P Casey 0-1, D Maher, S Brosnan, D O'Leary, C O'Leary 0-1, K Murphy, S McSweeney 1-1, M Keane 0-1, K Teahan, K Gorman, J McCarthy 0-3, K McCarthy 0-6 (0-1F), N Duggan.

Subs: J Sheehan for N Duggan (53), D Leary for S Brosnan (62), EO'Connor for P Casey (62)



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OUTLOOK SPORTS NEWS

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GARVEYS SENIOR FOOTBALL CHAMPIONSHIP

WALSH HELPS O'RAHILLY'S STEAMROLL EAST KERRY

KERINS O'RAHILLY'S 4-19 EAST KERRY 2-8

Kerins O'Rahilly's, who last lifted the Bishop Moynihan Trophy in 2002, sent out a strong statement of their intentions for the remainder of this year's Championship title race when they brushed aside East Kerry's Saturday night. With Tommy Walsh giving another stellar performance, O'Rahilly's were never troubled once Jack Savage scored their opening goal in the 16th minute.

Others to impress for Strand Road were Cormac Coffey whose darting runs from wing-back were the launch pad for many attacks while young Jack Savage a former Munster Minor Footballer of the Year, gave an outstanding display of superb attacking football and free-taking, finishing with a personal haul of 1-9.

East Kerry got off to a dream start and thanks to a first-half goal from attacking wingback, Shane Cronin led 1-2 to 0-3 after eight minutes, but O'Rahilly's were just warming up.

This was a clinical all-round performance by Barry O'Shea's side, with 10 players making up the final scoring tally of which 4-12 came from open play.

On this evidence, it will take a very good side to stop them regaining the Bishop Moynihan Trophy.

The loss of Kerry minor Darren Brosnan to the dreaded black card early in the first half did not help East Kerry's cause.

O'Rahilly's suffered the same fate themselves when Con Barrett was black carded in the 14th minute.



DARA ROCHE (EAST KERRY) IN ACTION WITH DANNY O'SULLIVAN (KOR) IN THE GARVEYS SUPERVALU COUNTY SENIOR FOOTBALL CHAMPIONSHIP. PHOTO BY JOE HANLEY

Walsh asserted his dominance around the middle and once Jack Savage scored O'Rahilly's opening goal in the 16th minute following a lovely move involving Barry John Keane and Greg O'Connell, the Tralee side were on their way.

David Moran was unlucky not to add second goal moments later. Jack Savage picked off points from all angles and distances and the O'Rahilly's sharpshooter punished every East Kerry indiscretion.

A second goal in first-half injury-time from John Ferguson gave O'Rahilly's a seven-point lead at the interval, 2-9 to 1-5.

Kerry Junior star Jeff O'Donoghue's early point

gave East Kerry a bright start to the second half but O'Rahilly's were motoring and when Greg O'Connell scored their third goal a minute into the second half, to stretch their advantage to 3-9 to 1-6, the game was over as a contest.

East Kerry did get a brief respite when Paudie Clifford scored their second goal but O'Rahilly's were totally dominant. David McLoughlin added their fourth goal three minutes from the end to ensure their place in the last eight where they will meet Killarney Legion.

Teams and Scorers

Kerins O'Rahillys: Gary Kissane, Danny O'Sullivan, Giles O'Grady, Shane Brosnan, Cormac Coffey (0-1), Kevin Walsh, Cian Sayers, David Moran, Con Barrett, John O'Connor (0-1), Barry John Keane (0-2), David McLoughlin (1-0), Jack Savage (1-9, 0-7 Fr), Tommy Walsh (0-2), Greg O'Connell (1-0).

Subs: Tommy Begley for O'Grady (Inj), John Ferguson (1-1) for Barret (BC), Ross O'Callaghan (0-1) for Kevin Walsh, Kieran O'Mahony for David Moran, Gavan Duffy for Barry John Keane and Declan Quill (0-2) for Greg O'Connell.

East Kerry: Colin Myers, Michael B. Murphy, Jack Sherwood (0-1), Darren Brosnan, Shane Cronin (1-2), Dan O'Donoghue, Shane Lynch, Gary O'Sullivan, Andrew Garnett, Michael O'Donoghue (0-4, 0-2 frees), Jeff O'Donoghue (0-1), Billy O'Brien, Ronan Buckley, Liam Kearney, Dara Roche.

Subs: Timmy O'Leary for Darren Brosnan (BC), Paudie Clifford (1-0) for Ronan Buckley, Michael Finnegan for Dan O'Donoghue, Lee O'Donoghue for Dara Roche.

Referee: Brendan Griffin (Duagh)

ALL ONE WAY TRAFFIC FOR KENMARE

KENMARE DISTRICT 3-15 LAUNE RANGERS 0-9

The signs were not great for Laune Rangers when Templehoe defeated them recently in the county league so when joined with the added strength of the district, it was always going to be an uphill battle and so it proved. The first half was reasonably well balanced with the district side taking a 0-9 to 0-3 lead to the break. A fine save by Kenmare District net minder, Kieran Fitzgibbon made sure of that six point lead with a fine point-blank save from Pa Joy right on the 30 minute mark.

In the second half, in particular, Kenmare midfielders Flor O'Sullivan and Adrian Spillane really dominated and they combined beautifully on the 46th minute for a great goal - O'Sullivan floating a pass to Spillane who

finished to the top corner.

The other feature of the game was the 1-11 beside Paul O'Connor's name - frees of varying difficulty, a well struck 45, two lovely points from play and a well taken goal.

It was hard for Laune Rangers to get a foothold in the game with Mike Frank Russell nabbing most of their points from frees but tame game ticked to its predictable conclusion with a burst of speed from Stephen O'Brien adding a third goal.

Kenmare District: Kieran Fitzgibbon; Dara Crowley, John Spillane, Tommy O'Sullivan; Dara O'Shea, Tadhg Morley, Mark Crowley (0-1); Flor O'Sullivan, Adrian Spillane (1-0); Sean O'Shea, Stephen O'Brien (1-1), Kevin O'Sullivan (0-1); Killian Spillane (0-1), Teddy Doyle, Paul O'Connor (1-11, 0-8fs, 0-1 45)

Laune Rangers: Tony Lyons; Keith Sheehan,

Michael O'Sullivan, Johnny Carey; Kieran Crowley, Peter Crowley, Chris Riordan; John Sheehan, Maurice Foley; Ryan Keane, Shane McSweeney (0-1), John Tyther



PAUL O'CONNOR WAS SCORER IN CHIEF FOR KENMARE DISTRICT WITH A PERSONAL HAUL OF 1-11



OUTLOOK SPORTS NEWS

Editor : Donal Barry

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GARVEYS SENIOR FOOTBALL CHAMPIONSHIP

RATHMORE GO THAT BIT "EXTRA"

SHANNON RANGERS 3-14
RATHMORE 4-15 (AET)

It took extra time to help Rathmore over the line in Tarbert last Saturday in a game where they were minutes from exiting the championship as the home side with only 17 players available to them led by 5 points with only 8 minutes on the clock.

The home side got off to the best possible start when Jack Goulding had the ball in the net after just 20 seconds followed by a 45 converted by David Culhane before Michael O'Riordan from a free got the visitors opening score in the 3rd minute. Rangers were now taking the game to their opponents and points from Barry O'Grady and Brian O'Seanachain had their side 1-3 to 0-1 ahead by the 9th minute.

However Rathmore got the tonic they needed in the 11th minute when Paul Murphy, who was selected at wing back but lined out at centre forward and who caused endless problems for the Rangers defence for the duration of the game, was hauled down for a penalty that was converted by Eoin Lawlor.

Points followed from David Culhane, Darragh Sheehy and Mikey Boyle for Rangers and a Brendan O'Keeffe free for Rathmore before Darragh O'Shea brought off a point blank save from Daniel O'Sullivan. Points from Barry O'Grady and Mikey Boyle and Brendan O'Keeffe for the visitors followed with the ever elusive Paul Murphy in the 23rd minute closing the



gap to a one point game.

Rangers led at the break 1-8 to 2-4.

The home support began to believe when Boyle converted a penalty within the first minute of the second half. They began to enjoy plenty of possession and looked likely winners leading 2-10 to 2-4 mid way through. However, Rathmore were starting to get a grip at midfield and a goal from Daniel O'Sullivan in the 19th minute was the first of 3 goals between the 19th and 22nd minute; Eoin Lawlor in the 20th and Jack Goulding, 21st saw Rangers lead 3-11 to Rathmore 3-6. Another goal from Mark Ryan after sloppy defending 2 minutes later had it down to a 2 point game. Points were exchanged by both sides as we approached the final whistle with Eoin Lawlor and Mark Ryan for Rathmore and Mikie Boyle

for Rangers and with Rangers hanging on up stepped Paul Murphy to send over to force the game into extra time.

It was evident from the start of extra time that Rathmore had the legs on their opponents and Brendan O'Keeffe, (2) and Paul Murphy split the uprights. Jack Goulding was Rangers only reply.

Three further points from Daniel O'Sullivan, Eoin Lawlor and Brendan O'Keeffe in the second period of extra time closed out the game as Mikey Boyle got one back for the home side.

Teams;

Rathmore; Padraig McCarthy, Conor Jenkins, Tom O'Sullivan, James O'Sullivan, Conor O'Sullivan, Cathal Murphy, Paul Murphy, 1-3, Aidan O'Mahony, Donal O'Sullivan, Brendan O'Keeffe, 6pts, (3f), T J Friel, Daniel O'Sullivan, 1-1, Eoin Lawlor, 1-3, (pen), Michael O'Riordan, (f), Dean Fitzgerald. Subs: Brian O'Leary for James O'Sullivan, Shane Ryan for Colm Kelly, Brian Moynihan for Conor O'Sullivan, Mark Ryan, 1-1, for Brendan O'Keeffe.

Shannon Rangers: Darragh O'Shea, Jack Gogarty, Jason Foley, Jeremy King, Shane Enright, Kevin Enright, Danny Wren, David Culhane, 0-3, Barry O'Grady, 3pts, (0-2f), Brian O'Seanachain, 0-1, Tommy Kennelly, Darragh Sheehy, 0-1pt, Jack Goulding, 1-1, Mikey Boyle, 1-5, (1f/pen), Ambrose Lanigan. Subs; Tom Joy for Shane Enright, Evan Doyle for Darragh Sheehy, Donal Leahy for Ambrose Lanigan.

GARVEYS SUPERVALU SENIOR FOOTBALL QUARTER FINALS

SAT OCTOBER 10th @ 3PM
KILCUMMIN V SOUTH KERRY

Both sides have met already in the championship and while South Kerry pulled through, Kilcummin did stay in the game long enough to ask questions.

The loss of their midfielder Shane McSweeney to suspension will be a huge loss in a department that South Kerry through Brendan O'Sullivan and Bryan Sheehan will be strong.

Verdict: South Kerry

SAT OCT 10th @ 4.30PM
KILLARNEY LEGION V
KERINS O RAHILLYS

No strangers to each other with Legion already defeating the Tralee men in the club championship, while both sides finished level in the county league. There will be no shortage of talent on display

either with both sides having more than an armful of county stars. Legion's form against Feale Rangers would suggest that they will struggle but the game will bring them on and if some of the injury reports to O'Rahillys prove true than the Killarney side should shade it.

Verdict: Legion

SUN OCT 11th @ 1.30PM
WEST KERRY V KENMARE DISTRICT

It would seem that this is very much bonus ground for both sides with last four spot looking unlikely at the start of the year. It has been a big change around for Kenmare District considering that they failed to field in the opening round of last season's championship.

Still with a last year's county under 21 title under their belt, they would seem to have the upper in the scoring

department over a West Kerry side who will give it their all.

Verdict: Kenmare District

SUN OCTOBER 11th @ 3PM
RATHMORE V DR CROKES

Two familiar foes face each other again both having to dig deep to secure a place in the quarter final. Shannon Rangers resistance might have come as a surprise but it was no surprise that Rathmore had the legs on them in extra time, while veteran Eoin Brosnan's late winner proved vital against Austin Stacks. Expect little between them and maybe a touch of magic might be the difference.

Verdict: Rathmore

EXTRA TIME IN ALL GAMES



THE SOUTH KERRY U16 HURLING TEAM AND MANAGEMENT WHO DREW WITH CROTTA O'NEILLS IN THE U16 COUNTY HURLING CHAMPIONSHIP ON A SCORELINE OF 1-16 A-PIECE IN FITZGERALD STADIUM ON SATURDAY 26TH SEPTEMBER.

EAST KERRY NOTES

WITH ÁINE NÍ SHÚILLEABHÁIN PRO EAST KERRY MINOR CHAMPIONSHIP SEMI FINALS

DIVISION 2 SEMI FINAL

RATHMORE 3-11 GLENFLESK 2-11

Rathmore proved the stronger and ran out winners of the East Kerry Minor Championship Division 2 Semi Final, sponsored by The Tatler Jack, when they travelled to Glenflesk last Sunday. Rathmore built a strong foundation in the first half when they scored 3 goals to 1 for the home side. The goals came from Midfielder Mark Ryan (2) and full forward Cian Jenkins, for Rathmore and Conor O'Donoghue for Glenflesk. Score at half time: Rathmore 3-6 Glenflesk 1-6. Rathmore maintained their lead in the second half scoring 5 points to 3 points and a goal for the home side. Mark Ryan, Cian Jenkins, Brian Friel on target for Rathmore while Daniel O'Brien was the Glenflesk point scorer and Ian Roche found the Rathmore net towards the end of the game. Full time score: Rathmore 3-11 Glenflesk 2-11. Rathmore will meet the winners of Legion V Firies in the final.

DIVISION 3 SEMI FINALS

CURROW 4-17

CORDAL/SCARTAGLEN 6-08:

Currow travelled to Cordal on Sunday last for the Division 3 semi final in the East Kerry Minor Championship, sponsored by The Tatler Jack. Played as a 13 a side game, Currow got off to a very strong start with a goal from a penalty and two points from John McMahon in the first few minutes of the game. Cordal /Scartaglen settled into the game quickly with scores coming in the first half from Kieran O'Donoghue (2-1), T.J. O'Connor (0-1), Sean Tagney (0-1) and Jason Cronin (1-0). Currow continued their team effort in the first half with a future 3 points coming from John McMahon, while his teams mates contributed to the scoreboard, Jack Scanlon (1-0), Luke Fitzgerald (1-2), Jack Griffin (0-1) and Tomas Barrette (1-1). Half time score: Cordal/ Scartaglen 3-4 to Currow 4- 9.

In the second, both sides continued the fast pace, with skilful passing coming from the away

side. Currow's Alex Fleming put his name on the scoreboard with two points from play. His team mate, Jack Scanlon, scored another powerful point. Cordal / Scartaglen dug deep and tried their best with an outstanding performance from Kieran O'Donoghue scoring 3-3 in the second half. Patrick O'Connor was introduced for Cordal/Scartaglen and skilfully put a point over the bar. While Jack Flynn also came on. Both sides put on an exciting and superb game of football, but it was Currow's John McMahon who continued to be a thorn in the home side as he effortlessly to put a future 5 points on the scoreboard before the final whistle was blown. Final Score: Currow 4-17 to Cordal /Scartaglen 6- 8.

FOSSA 10-11 KILCUMMIN 8-13: Fossa hosted Kilcummin on Sunday evening in the second East Kerry Minor Championship Division 3 Semi Final. In a high scoring game, with a dramatic and exciting finish, Kilcummin lead by 2 points at the break and were 7 points up with 5 minutes remaining. However, in an exciting and dramatic finish, the game was turned around when Fossa struck for 4 goals in the last few minutes to record an impressive turnaround and run out winners 10-11 to 8-13. Fossa meet Currow in the Division 3 Final.

EAST REGION UNDER 12 LEAGUES:

The very successful East Region Under 12 Go Games, sponsored by MD O'Shea, were completed last Sunday. Many thanks to all clubs, players, mentors and referees for the great help and support. Well done to all on the very sporting games.

EAST REGION UNDER 13 BLITZ: The East Region Under 13 Blitz, will get under way shortly. The games will be 15 a side and will be run under full Féile rules. Clubs will be notified of fixtures by email in the coming week.

EAST KERRY UNDER 16 CHAMPIONSHIP

The East Kerry Under 16 Championship, sponsored by MD O'Shea, commences on the 11th October with preliminary round games. The fixtures are as follows: Gneeveguilla V Spa, Currow V Fossa, Kilcummin V Rathmore, Firies B V Glenflesk. All games are at 12 noon and there will be extra time if necessary. The

winners of these games will be drawn openly to meet Firies, Dr Crokes, Cordal/Scartaglen and Legion. These next games will determine Division 1 and Division 2 semi finals. The losers of preliminary round games will compete in the Division 3 semi finals.

BEST OF LUCK: The very best of luck, next weekend, to all teams from East Kerry in the quarter finals of the Senior County Championship.

BEST WISHES: Best of luck to the East Kerry Under 16 Team in the upcoming County Under 16 Divisional Championship Final versus West Kerry.

2015 COACH EDUCATION: East Kerry/ Kenmare clubs interested in completing a Foundation Level Coaching Course should apply to East Kerry/ Kenmare GDA Vince Cooper as soon as possible. The course is two nights with both practical and theory covered during the course. Clubs must have at least twelve club coaches to participate with amalgamations between clubs welcomed to reach this number. Courses will be delivered by Munster Council Tutors for all clubs in the East Kerry/ Kenmare Division.

LEGION GAA CLUB NOTES

COUNTY CHAMPIONSHIP: Last Sunday, our senior side advanced after a lacklustre display to reach the quarter final. Feale Rangers opened the scoring with Conor Cox in great form and they held the lead until midway through the second half and it took a James O' Donoghue goal for Legion to finally get a grip on the game and when Donal Lyne found the net for a second goal it looked to be all over as we led by six points with five minutes to go but the North Kerry outfit didn't give up and a Noel Kennelly point and a converted penalty meant for a very tense finish but credit to the lads as they held out for a two point victory 2-10 v 1-11. The draw for the quarter finals paired us with Kerins O'Rahillys and this game is fixed for this Saturday at 4.30 in Fitzgerald Stadium. All support is greatly appreciated

LOTTO: 4 10 11 17. Teresa Lyne Muckcross.



Siobhan O'Carroll 31 Rosdara. Sheila Moynihan Dunloe Lodge. Elaine Kavanagh St. Olivers N.S. Sean Fleming c/o Pdraig Brosnan. Jackpot 9000.

DR CROKES CLUB NOTES

COUNTY SENIOR FOOTBALL CHAMPIONSHIP:

DR CROKES 1-11 AUSTIN STACKS 1-10

A point each from Alan O'Sullivan and Eoin Brosnan in the last five minutes turned a one point deficit into a one point victory. This game played in Fitzgerald Stadium was always exciting even though the quality of football never reached the heights of the games played in the Championship in the last five years. I suppose at the end of the day our opponents deserved a draw as they missed several scoreable chances in the first half. A goal in the first minute gave us a dream start. Both sides missed some chances in the first quarter, especially the Stacks and at the end of the fifteen minutes both sides had only scored twice, 1-1 for us and 0-2 for our opponents. Jordan Kiely and Daithi Casey were the big players for us in the second quarter scoring two points each. A point also from Colm Cooper in this period and three points by Austin Stacks gave us a 1-6 to 0-5 point lead at the interval. With the wind to aid us one would have expected us to push on in the second half. Jordan Kiely had the first point of the half but Stacks started to gain control around midfield (Kieran Donaghy had moved there at the start of this period) and after the teams exchanged points, our opponents struck for a goal to leave just two points between the sides after forty minutes. Colm Cooper added a point from a free to put us three points ahead at the end of the third quarter. We were completely outplayed in the next ten minutes and Stacks knocked over four points without reply to go into a point lead with five minutes to go. Our lads showed very good composure in these remaining minutes. Alan O'Sullivan equalised and with two minutes to go Eoin Brosnan sent over the winner. Our best in defence were John Payne, Eoin Brosnan and Gavin White. Ambrose O'Donovan and Johnny Buckley did very well in the first half but we found it much more difficult in this sector when Kieran Donaghy came to midfield. We were best served in attack by Daithi Casey, Jordan Kiely and Colm Cooper.

LOTTO: Lotto numbers 8, 11, 17, 21. Jackpot €12900 Winner Michael Casey C/O Eddie. Next draw Sunday 11th of October in J C O'Shea. Jackpot €3000.

Juvenile Academy

DR. CROKES U.8 AND U.10 BOYS:

Welcome St. Colm's Club of Cork, Footballer Alan O'Connor for Hurling and football games this Saturday. As this is one of the last matches of the year, we hope all the boys will attend. Dr. Crokes U.6 boys and girls continue their training sessions each Saturday and the large influx of new girls to the academy are really

enjoying themselves. We are fortunate to have ladies coaches of the caliber of Megan Kiely and Theresa Cahillane in the U.6 Academy and the girls are very well catered for. "Foxy" John O'Shea is also doing terrific work coordinating the U.6 group and liaising with parents. Well done to U.10 Boys Football trainer Jamie Doolan who came on in the great senior win versus Austin Stacks and assisted in a vital score near the end. The boys really look up to Jamie and it's brilliant to have a senior player giving up his time each week to train this group. We are appealing to more players to get involved in the Academy and Pat O'Shea is already taking names for coaches for 2016 and we would be delighted to have you on board for Coaching in 2016.

BEAUFORT GAA NOTES

SENIORS: County Junior Championship semi-final, Beaufort v Glenbeigh/Glencar will be played weekend 17th/18th October. Day, time and venue to be decided. Round 10 Senior Co League, Listry v Beaufort will be played on next free weekend.

BEAUFORT U14: Footballers sponsored by Sean Coffey of Kate Kearneys Cottage were beaten by Milltown/Castlemaine in the Mid-Kerry Championship on Friday evening. They are away to Glenbeigh/Glencar on Friday, 9th October.

U16S: Sponsored by Killarney Credit Union will play Laune Rangers in Mid Kerry Under 16A final. Date and venue to be confirmed.

THE U14 GIRLS: Sponsored by Beaufort Drama Group defeated Dr. Crokes in the East Kerry League Division 2B Final on Sunday in Lewis Road. Dr. Crokes had the better of the first half and lead 3-3 to 0-3 at half-time as they finished the half with 2 late goals. Beaufort came out and played with more determination in the 2nd half and kicked some fine points. Captain Ciara O'Sullivan and Maggie Kingston kicked vital points to narrow the gap. The insurance score came from a fine solo effort from Leanne Hayes who scored a cracking goal to leave the final score Dr. Crokes 3-5 Beaufort 1-14. The Murphy sisters worked hard as did Caoimhe Foley, Sinead Coffey and Lena Kissane. Kerry Egar when brought on played very well. Mairead Egan made some important saves also.

LOTTO: Results of Sunday, 4th October for jackpot of €3,600. Numbers drawn: 2, 9, 11, 24. No jackpot winner. Next draw for jackpot of €3,800 will be held in Galvin's Bar on Sunday, 18th October.

CLOTHES COLLECTION: With Lenrec Recycling has been confirmed by Beaufort GAA Club for Friday 9th October 2015. Enquiries to Susan 087-1276677, Mary 086-0640065 or Nora 086-1556181. Anyone who wishes to drop any clothes etc. can leave them during the week by contact any of the people named.

WALKING/RUNNING PATH: Beaufort GAA would like to thank Donal Foley and Tus for their work in laying new surface on the Walking/Running Path around the Football field. This is

available to all members of the Club and Gym.

MID KERRY SENIORS: Were beaten by West Kerry in Beaufort on Saturday in the County Championship. Mike Moriarty, Ger Hartnett, James O'Reilly, Nathan Breen, Fergal Hallissey, Ronan Murphy, Danny Healy all played some part on the day.

LISTRY GAA NEWS

WEEKLY LOTTO RESULTS: Sunday 4th October, 2015. Winning Numbers 7, 8, 22, 24. Jackpot €6,650. Not Won. Jackpot next week - Sunday 11th October €6,800.

JUVENILE UPDATES: Pride of place goes to our U12s this week. They played their final game of the year away to Templenoe and had a good win on a scoreline of 2.13 to 2.11. Our U12s have had a fantastic year. They have managed to top their groups in both phases of the county league as well as East Kerry. Great credit is due to all members of the panel for their efforts and dedication since last March. Huge credit must also go to team mentors Tony O'Dowd, Damien Clifford and Sean O'Sullivan.

U14S: Had no game this week. They play Cromane on Friday October 9th in Keel at 6.30.

SEASON OVER: Our U6s 8s and 10s finished their Season on Sunday October 4th in Allman Park. All groups played mini Blitzes which were followed by a medal presentation and party. Medals were generously sponsored by Denis Murphy of Gallivan Murphy Hooper Dolan Insurances. Mike O'Shea Faha Court generously provided hot food for the kids. Thanks Mike. Thanks also to Jimmy O'Leary, Gary O'Sullivan and Ronan Buckley who presented the medals and posed for photos with the kids after. Thanks to all parents for providing baking etc and for helping out with the catering on the day. A great day was had by all.

FOSSA GAA NEWS

MINORS: Our minors had a massive win over Kilcummin on Sunday evening in the East Kerry Championship. The first half was close and Kilcummin were ahead by 2 points at half time. While Fossa were playing well they still found themselves 9 points down with a few minutes to go, however, they kept at it and went on to record a 10-11 to 8-13 win. Well done to Willie, Kieran and all the players on an outstanding result. They will now play Currow in the Div 3 final on a date to be decided.

SENIORS: The seniors are down to play Moyvane in the Novice Shield semi-final on Sunday 18th October at 2pm in the John Mitchels pitch, Tralee.

5 YEAR PLAN: A very important meeting will take place in the clubhouse on Thursday October 8th at 7.45 in relation to the 5 Year Plan for the club. This is a requirement by the County Board but it is also essential for the club to have a clear vision of where we are going for the future and what we want to achieve. Everybody is invited to attend, regardless of being a member of the club or not, to give



your views and ideas in relation to how we can improve the services we provide for the children of the parish and the generation of the future.

U-14 GIRLS: The U-14 girls played Cromane in the East Kerry Div 1 B final in Cromane on Sunday evening. This was a cracker of a game that swung end to end throughout. Fossa started well and hit the front with points from Shelly Clifford and Anna Clifford. Cromane struck back with 2 goals but Fossa leveled again with two great points from acute angles by Daniel O'Brien and Jodie Sheehan. Cromane proved dangerous in attack and scored 2 further goals in the first half while Anna Clifford and Ciara Griffen were very unlucky not to hit the net in the other end with both efforts going over the bar. Half time score was Cromane 4-2, Fossa 0-10. The second half started much the same as the first with Fossa winning lots of possession through Shelly Clifford, Anna Clifford and Maude Kelly. Cromane tagged on a few points and Sarah Sheehan pulled a couple of world class saves in goal to keep Fossa in the game. The defence of Laura O' Sullivan, Sarah O' Neill, Emir Talbot, Leadh Costello, Orla Moynihan and Kate Murphy really tightened up and reduced Cromane's chances to a minimum. In spite of being seven points down Fossa roared back into the game with cracking goals from Anna Clifford and Jodie Sheehan. Aoife Kissane, Sadie Myers and Jodie Sheehan worked really hard in the full forward line and with Ciara Griffens direct running we pinned Cromane back. Shelly Clifford added a further point and with Maude Kelly and Daniel O'Brien giving good ball into the forwards, Sadie Myers scored the final goal of the game to leave the minimum between the teams. In a welter of excitement Fossa just couldn't find the equalizer and Cromane held on to record a 1 point win, 5-08 to 3-13. Well done to Pat, Mike, Amy and all the players, they did everything asked of them in a game they could have won but they did their club proud and played with great panache and spirit.

SPA CLUB NOTES

INTERMEDIATE COUNTY FINAL:

Spa v St. Mary's. Date, time and venue TBC.

COISTE NA NOG: U6 AND U8:

Training Saturday morning 11-12. Please Bring boots and mouth guards. New members very welcome.

U10 BOYS: Game Saturday against Kilcummin away next Saturday 10th October at 10.30am. Be there 10.15am please. Bring your club Jersey and gum shield (compulsory).

U12 BOYS: Finished their East Kerry league at home. Speedy recovery to Ethan O'Neill on his recent injury.

SPA U16 BOYS: East Kerry Championship Sunday October 11th away to Gneeveguila at 12noon.

EAST KERRY V KERINS O RAHILLYS:

Hard luck to senior East Kerry team in the Co. Championship at Strand Road.

LADIES FOOTBALL:

U12 KERRY LADIES DEVELOPMENT: Over 100 young girls took part in an inter co blitz in Ballyrickard, Tralee. Well done to all involved.

U15 CHAMPIONSHIP: Due to teams withdrawing from this competition there's a new draw being held at the Co Board meeting this Wednesday night.

SENIOR LADIES: Hard luck to the senior ladies as they joined forces with Rathmore to enter the Munster championship as Co Champions. On Sunday, in Askeaton our ladies met a far experienced team against the Banner Club of Clare. Linda Bruggener tried hard in goals. Laura Herlihy, Aoife Hickey, Karol Fleming defended well while up front Cassandra Buckley, Niamh Kearney and Mags Cronin made numerous attacks. Thanks also to Katie O'Brien and Tom Doherty as coaches.

GAELIC 4 MOTHERS AND OTHERS:

We will be participating in the All Ireland Tournament in Portmarnock, Dublin on October 17th. This is a non competitive blitz. Grace Brosnan O Connor is busy organising this event with accommodation and travel arrangements.

LOTTO: Numbers drawn in the Killarney Heights 8, 13, 21, 28. No Jackpot winner. Quick picks €50. John C Cronin Muckross, Sheila and Paddy Casey, Ben O'Sullivan Meelin, Cork, Shane Lynch Doonen. Winner of monthly draw. James Cahill Ballycasheen. Next weeks jackpot in the Killarney Oaks will be €11,600.

ANNUAL CLOTHES COLLECTION: We are collecting all year round. All types of clean (any condition but clean), books (no school text books) cuddly toys, shoes, bags etc... Can be dropped off to clubhouse or contact Anne Holland 085 7780883.

CLUB MERCHANDISE: Please contact Mathilda McCarthy (087) 648 7356 to purchase our new range of Club gear.

HALL RENTAL: Please contact Eileen Casey by text 0876577312 for availability to book our indoor meeting rooms or Hall.

SPA COMMUNITY NOTES:

WEDDINGS: Congrats to Owen Wright Clasheens on his recent marriage to Samantha Pultney Wales and to Darren Counihan Ardshanavooley on his marriage to Joanne Van Derlinde Essex GAA.

DEATH: Condolences to Denis Carroll, Dingle, father of Lorena, father in law to Denis O'Connor and grandfather to Shauna and Micaela O'Connor. May he rest in peace.

SOCIAL INITIATIVE: As part of their Social Initiative programme former playing members of the Spa teams of the 1970 era are planning a social evening and re-union with one of their former mermbers Jackie Foley (currently resident in Dublin) in The Castlerosse Hotel on Saturday 24th October. It is envisaged that the social event will be preceeded by a golf outing for all interested in participating. Further details to follow or contact John Kelly.

THE FIRST GAELIC FOR MOTHER TEAM

IN KILLARNEY: Spa/Killarney competed in a challenge non competitive game against Finuge. This is a new initiative in the Spa Ladies Football Club. Many of these ladies never played football before and are excelling in the skills of the fastest growing sport in Ireland. The team will compete in the National Blitz in Portmarnock, Dublin on 17th October.



MINOR PLAYER SCOOPS DR. CROKES LOTTO

DR CROKES MINOR FOOTBALLER MICHAEL CASEY WAS THE LUCKY WINNER OF THE DR CROKES GAA CLUB LOTTO JACKPOT BIGGEST EVER JACKPOT PRIZE OF €12,900 EURO.

PICTURED FROM LEFT ARE MALACHY WALSH AND DIARMUID KELLEHER (TREASURERS), MICHAEL CASEY AND DENIS COLEMAN (CHAIRMAN). AT BACK ARE JAMES CASEY AND EDDIE O'CONNOR (SELLER).

PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



OUTLOOK SPORTS NEWS

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GARVEYS SENIOR FOOTBALL CHAMPIONSHIP



GOAL VITAL FOR SOUTH

DINGLE 0-14 SOUTH KERRY 1-14

Aidan Walsh's 54th minute goal proved vital for South Kerry in a championship encounter that proved tight throughout. Fresh from their senior club victory over Dr. Crokes the home side would have had some confidence going in the game even with the loss of both Geaney's but in the end it was South Kerry with a greater scoring spread of players had enough to advance. In a game where Bryan Sheehan failed to score.

South Kerry led at the break 0-8 to 0-7 having scored five unanswered to come from 0-2 to 0-0 to lead 0-5 to 0-2 by the 20th minute. Still Dingle responded well with Matthew Flattery and Conor Geaney adding points to close the gap at the break.

By the 45th minute, it was still tight as South Kerry maintained their slight advantage 0-11 to 0-10

Both sides had goal chances but both keepers were up to the challenge before South Kerry scored the decisive score from St. Mary's Aidan Walsh that finally swung this entertaining encounter.

Dingle: Seán Ó Flaitheartaigh, Tomás Ó Súilleabháin, Pádraig Ó Conchúir, Tomás Leo Ó Súilleabháin, Gavan Ó Corráin, Breandán Ó Céilleachair, Maitiú Ó Flaithearta (C) (0-2), Barra Ó Súilleabháin (0-2), Darragh Ó Súilleabháin, Micheál Ó Flannúra, Dáithí Ó Géibheannaigh (0-2, 1fr), Pól Ó Dubháin, Conchúir Ó Géibheannaigh (0-5, 5fr), Pádraig Ó Dubháin, Cathal Ó Bambaire (0-3, 3fr) Fir Ionaid: Pádraig Ó Dubháin (0-1), Pádraigh Mac a'tSithigh.

South Kerry: Brian O'Connor (Valentia), Brian Sugrue (Renard), Aidan O'Sullivan Shine (Piersaigh na Dromoda), Pádraig O'Sullivan (Piersaigh na Dromoda), Greg Gibson (Waterville) (0-2), Bernard Walsh (Skellig Rangers), Killian Young (Renard) (0-1), Bryan Sheehan (St. Mary's), Brendan O'Sullivan (Valentia), Aidan Walsh (St. Mary's) (1-0), Denis Daly (St. Mary's) (0-4), Paul O'Donoghue (St. Mary's), Ian Galvin (Sneem/Derrynane) (0-2), Chris Farrelly (Piersaigh na Dromoda) (0-2), Conor O'Shea (St. Mary's) (0-3)

LEGION IN UNDER THE RADAR

LEGION 2-10 FEALE RANGERS 1-11

Two second half goals proved enough for Killarney Legion to defeat a plucky Feale Rangers who travelled to Killarney with only 19 players. The news that no Anthony Maher and Paul Galvin seemed to extend a belief to those in the stand that this was going to be a miss match but in truth Feale Rangers battled hard and were still in contention at death.

Rangers aided by a strong breeze in the opening half, were 0-3 inside eight minutes. Conor Cox with a Noel Kennelly brace more than justified their opening play. They would hold a lead up until the break when James O'Donoghue fired over an equaliser to leave it 0-6 each at the break.

It would take Legion up until the 41st minute to go ahead and when they did, it seemed that they would open up. Goals by O'Donoghue (45th Minute) and then by replacement Donal Lyne (54rd Minute), with O'Donoghue the provider had them 2-10 to 0-10 ahead with six minutes remaining.

Still Feale Rangers had a late kick in them with Cox converting from the penalty stop along with a pointed free bringing him to an impressive tally of 1-5 but it would ultimately be short of what was needed with Legion's name dropped into the hat for the next round.

Legion: B Kelly; C Sheehan, D Sheehan, P O'Connor; D Doherty, Damien O'Sullivan, J Lyne; S Keane, J O'Sullivan 0-3, 0-1 "45"; K Breen, J O'Donoghue 1-4 (0-3F), B McGuire; T Moriarty, David O'Sullivan 0-1F, C Keane 0-2.

Subs: D Sheehan for McGuire (43), D Lyne 1-0 for David O'Sullivan (52), J O'Neill for Breen (54), C Davies for Damien O'Sullivan (56, bc), P Lucey for S Keane (57 mins).

Feale Rangers: B Galvin (Moyvane); A O'Connor (Duagh), J McGuire (Listowel Emmets), S Weir (St Senan's); P Galvin (Finuge), P Corridan (Finuge), S Stack (Moyvane); D Leahy (Moyvane), M Corridan (Finuge); D Foran (St Senan's), C Mulvihill 0-3 (Listowel Emmets), G McCarthy (Listowel Emmets); P Quille (St Senan's), N Kennelly 0-3 (Listowel Emmets), C Cox 1-5. (1-0 pen, 0-2F) (Listowel Emmets). Subs: J Barry (Listowel Emmets) for Quille (52), B Flavin (Moyvane) for Leahy (58 mins), K Lucey (Duagh) for Foran (62).

Referee: S Joy (Laune Rangers)

THE WEST ARE WIDE AWAKE IN DIVISIONAL CLASH

**MID KERRY 1-13
WEST KERRY 1-17**

An impressive 0-9 haul by Séan Micheál Ó Conchúir for West Kerry provided a solid platform for West Kerry who defeated last years runners up in Beaufort at the weekend.

Mid Kerry were without the unavailable Pa Kilkeny and Donal O'Neill (Keel) and the Injured Gavan O'Grady, Liam Carey and Gavin Evans trailed at the break 1-10 to 0-9 with Brian Ó Beaglaioich goal crucial difference between the sides.

West Kerry introduced Declan O'Sullivan for James Cean on the resumption and this half started the brighter for Mid Kerry adding 1-02 in the space of 6 minutes with Darran O'Sullivan getting the goal and points from Thomas Ladden and Aaron Cahillane to take a one point lead for the 1st time in the game.

This was to be the last time they would lead however as the sharp shooting of Sean Michael Ó Conchúir levelled matters and minutes later



DARRAN O'SULLIVAN SCORED MID-KERRY'S GOAL AGAINST WEST KERRY

Padraig Ó Sé put West Kerry in the lead again with a '45 - a lead they were never going to lose.

Mid Kerry: Michael Moriarty (Beaufort), James O'Reilly (Beaufort), Fergal Griffin (Glenbeigh/Glencar), Ger Hartnett (Beaufort), Jeremiah Hoare (Glenbeigh/Glencar), Nathan Breen (Beaufort), Aaron Cahillane (Keel 0-1)), Colin McGillicuddy (Glenbeigh/Glencar), Thomas Ladden (Keel 0-1), Gary Sayers (Keel (0-6, 5f), Darran O'Sullivan (Glenbeigh/Glencar 1-03),

Donnchadh Walsh (Cromane), Kieran Courtney (Glenbeigh/Glencar), Fergal Hallissey (Beaufort 0-1f), Bernard Murphy (Glenbeigh/Glencar 0-1). Subs: Jack Brosnan for James O'Reilly, Mikey Houlihan for Jeremiah Hoare, Ronan Murphy for Fergal Hallissey and Danny Healy for Kieran Courtney.

West Kerry: Tomas MacantSaoir (An Ghaeltacht), Cathal Ó Lúing (An Ghaeltacht), Marc Ó Sé (An Ghaeltacht 0-1), Brian Ó Beaglaioich (An Ghaeltacht 1-0), Gearóid Ó Nuanáin (Lios Póil), Gavin Ó Conchúir (Caisleán Uí Ghriare), Colm Ó Muircheartaigh (An Ghaeltacht 0-1), Roibeárd Ó Sé (An Ghaeltacht), Pádraig Óg Ó Sé (An Ghaeltacht 0-2), Alan Fitzgerald (Caisleán Uí Ghriare 0-3), Séan Micheál Ó Conchúir (An Ghaeltacht 0-9, 0-5f) Jason Ó hLeadha (Abhana Scáil 0-1), James Cean (Abhana Scáil), Eanna Ó Conchúir (An Ghaeltacht), Eamonn Hickson (Abha na Scáil).

Subs: Declan Ó Súilleabháin for James Cean, Garreth Fitzgerald for Pádraig Ó Sé and Anton Kelliher for Gearóid Ó Nuanáin.



THE U 8 SQUAD FROM KILLARNEY RFC MINIS SECTION, WHO TRAIN EVERY SATURDAY MORNING AT AGHADOE.

KILLARNEY COUGARS BASKETBALL CLUB

A busy month of registration and preseason training has flown by and this coming weekend will see the juveniles into action with the Cougars Boys U12 travelling to Kenmare, with the Girls U12 also in action next week at home to St Annes both the U12 games are the KAB pool games to determine the Divisions for the commencement of the U12 leagues in a few weeks. Registration has gone well throughout the past month and concludes shortly for new members.

An important date on the diary will be November 25/26th as St Ambrose University return to Ireland with the Senior men's College team and will again spend a week based in Killarney as they tour around Ireland. They will again provide a camp for the juveniles and also THE FIGHTING BEES again take on the Cougars seniors in a rematch of the last very entertaining exhibition game played in 2010.

BASKETBALL ACADEMY: The registration for our Friday evening Academy for boys and girls age 7,8,9 continues weekly and new members can be registered on the night through October. There is a free basketball for everyone registering through the month up to the midterm break. Further information from the Coaches Mary or Majella or the secretary on 087-4175493

FIXTURES:

SENIORS: October 13th Womens Div1 v St Mary's II Pres Gym

JUVENILE:

Oct 11th Boys U12 v Kestrels in Kenmare.

Oct 15th Girls U12 v St Annes in Farranfore.

Oct 17th Boys U11 v Bobcats in Moyderwell Gym.

Oct 17th Boys U14 v Bobcats in Moyderwell Gym.

UPDATED TRAINING SCHEDULE:

FRIDAYS: Academy (Ages 7, 8, 9). Girls 5pm Boys 6pm Parish Hall.

Boys U11 (Born 2005/06) 6.15pm to 7.45pm Parish Hall.

THURSDAYS: Girls U12 6pm, U14 7pm, U16

8pm Pres Gym.

WEDNESDAY: Boys U12. Parish Hall 6pm.

U13 7pm. U14 8pm Pres Gym.

TUESDAYS: U17/18 Senior Ladies 8pm Pres Gym. Senior Men's 9pm Gym.

SATURDAY: Boys U13/14 Pres Gym 4pm.

SUNDAY: Boys U16 Pres Gym 5pm.

Further details and updates available on the website and facebook or contact the club secretary on 087-4175493 or email secretarykillarneycougars@gmail.com

FARRANFORE MAINE VALLEY ATHLETIC CLUB

The 2015 Cross Country Season kicked off in glorious sunshine last Sunday in Killarney with the County Novice, U23 & Juvenile Even Ages Championships. The first race of the day was the women's Novice 3000m race. The club team was made up of Pauline Joseph, Danielle Corkery and our two new members Grainne Tierney & Jane Hewitt. Unfortunately they missed out by just two points to earn themselves a team medal. Grainne was our first member home, soon followed by Jane, Danielle & Pauline.

In the Juveniles races we had a total of 22 athletes competing. Some for the very first time. They all performed exceptionally well. A special thanks to the parents and volunteers who helped out on the day.

Our club will be hosting the County Intermediate, Masters & Juvenile Uneven Ages Cross Country Championships on Sunday 11th October. This will be on PJ Walsh farm in Bushmount Fries. It would be nice to have a good turnout for this event. Also we would appreciate any volunteers to help out with parking and directing.

CLUB TRAINING: Juvenile Cross Country training (U8 - U14) Tuesday & Thursday at 6pm in GAA grounds Farranfore.

Junior / Senior training Thursday at 6:40pm in GAA grounds Farranfore. The session will help to improve your running technique, endurance and speed. Club members €2, non-club

members €4. Training is outdoors, so come prepared for all weather conditions.

ATHLETIC'S FIXTURES: County Intermediate, Masters & Juvenile Uneven Ages Country C'Ships - Sunday 11th October in Bushmount Fries, starting at 11:00am. see club website for directions.

Autumn Open XC (Irish Masters Trials) - Sunday 18th October in Phoenix Park, Dublin. Munster Novice, U23 & Juvenile Even Ages - Sunday 25th October in WIT Sports Centre, Carriganore, Co. Waterford at 11.30am. Registration closes 16th October.

Pre registration is required for the all XC championships. Please inform us well in advance if you will be participating.

All information on our website:

www.ffmvac.blogspot.com

KILLARNEY DARTS TOWN LEAGUE

The Killarney Darts Town League sponsored by Carlsberg in association with Mustang Sally's results for games played on Thursday 1st Oct 2015 as follows:

GROUP 1: Tatler Jack 4 v Lals Bar 5.

The Shire 8 v Corkerys Bar 1.

Lals Outcasts 7 v Murphys Bar 2.

Jimmy Briens - Free Night.

GROUP 2: Nugget Old Timers 6 v Linehans 3.

Dunloe Lodge A 4 v Good Time Charlies 5.

Murphy Pinters 6 v Klub Bar Kilcummin 3.

Kenmare Rooms - Free Night.

GROUP 3: 98 A 5 v Old Killarney Inn 4.

Mustang Sallys B 6 v Dunloe Lodge B 3.

Teddys Bar 6 v 98 B 3.

Avenue Heros - Free Night.

GROUP 4: Squidgers v Nugget Night Owls - postponed.

The Granary 2 v Mustang Sallys A 7.

98 C 3 v Courtneys Bar 4.

Jimmy Jokers - Free Night.

UPCOMING FIXTURES: For Thursday, 15th October 2015, first named teams at home.

GROUP 1: Lals Bar v Corkerys.

Jimmy Briens v Lals Outcasts.

Murphys Bar v The Shire.

Tatler Jack - Free Night.

GROUP 2: Good Time Charlies v Linehans.

Kenmare Rooms v Klub Bar.

Dunloe Lodge A v Murphys Pinters.

Nugget Old Timers - Free Night.

GROUP 3: Old Killarney Inn v Mustangs B.

98 B v Avenue Heros.

Teddys v Dunloe Lodge B.

98 A - Free Night.

GROUP 4: Mustangs A v Squidgers.

98 C v Jimmys Jokers.

The Granary v Courtneys.

Nugget Night Owls - Free Night.

Correction to week 10 - 07/01/2016

Klub Bar v Kenmare Rooms.

Murphy Pinters v Dunloe Lodge A.



KILLARNEY VALLEY ATHLETIC CLUB WEEKLY NOTES

Cross Country season has started and the Demesne in Killarney Sunday morning October 4th was a good start with the County Cross Country Championships. A great crowd and lovely Autumnal weather made for a good mornings running. Results for Killarney Valley AC XCcountry are below and on our Facebook page www.facebook.com/KillarneyValleyAC. Well done to all the club members who competed – you did your club proud! (For those new to athletics a little note: medals are given for the top 12 in each race - and because it was even age today, many athletes were running a year out of age and many running competitively for the first time)

Upcoming Cross Country Fixtures are on our Facebook page

www.facebook.com/KillarneyValleyAC

The next one is Sunday 11th October: County Intermediate, Masters & Juvenile Uneven Ages Venue Firies - 11am start.

Juvenile uneven age (U9, 11, 13, 15, 17, 19) Boys & Girls. Intermediate Men and Women

Masters Men and Women

CROSS COUNTRY TRAINING: Continues every Wednesday at 6pm in the Demesne field next to the playground with Connie and Jeremiah Bring €2 and water! Registered Killarney Valley AC members ONLY from ages 8-18. Our volunteer coaches will be there to take you through your paces.

STRENGTH & CONDITIONING TRAINING:

Continues on Monday in the Sem gym hall from 7-8 pm for all registered club members aged 13 and upwards. Please bring €2 and water! Our volunteer trainers will be there.

Don't forget Parkrun is on every Saturday morning at 9.30 am sharp in Muckross near the Muckross Traditional Farm. We would encourage everyone to come out and take part, runners, walkers, adults and children alike. Race director Alan Ryan asked for people to come and walk their dogs or push buggies along the route - the idea is for people to get out and get fit. This is a volunteer led, free 5km run/walk and is sociable and fun and good practise. All ages welcome. More information and to register online www.parkrun.ie/killarney Killarney Valley AC welcomes new members. Juvenile and Juniors €25, Seniors and Masters €30. For membership enquiries please text 0872499566.

Our new club vests are available to purchase at each training session. Price €25

GNEEVEGUILLA ATHLETIC CLUB:

LOTTO: No winner of our lotto draw 2/10/2015, numbers drawn were 10, 19, 26 and 28. Sellers prize went to Paddy O'Donoghue, €50 Y/T

prize winner: Tom Fitzgerald Gneeveguilla, €50 to Jerry Murphy Lisheen, €40 each to Andy O'Halloran Shanballya, Pat Moynihan Knockduragh, Mary O'Sullivan Stagmount. Bonus not won numbers drawn were 8, 13, 25 & 30. Next week's jackpot €4,600 plus €1,000 bonus.

CROSS COUNTRY: In a good cross country held in The Demesne Killarney, the club were a good bit stronger than last year. U10 girls Claragh O'Connor, Danielle O'Riordan & Clionagh Sweeney were best. U10 boys Ted O' Gorman was our star coming 3rd. Adam Carroll and John Scannell ran well. U12 girls Delia Foley was 15th, U12 boys were 3rd team, Michael McSweeney, Sean O'Connor, Jack Buckley and Owen Mcconville all in the medals. U14 girls Maggie Buckley was 10th. U14 boys Jack O'Leary was 3rd, Aaron O'Keeffe and Donal Daly also ran well. U16 girls Shona O'Brien was very good. Chloe O'Keeffe was 3rd U18 girls. Matthew Collins was 2nd U23. Colin O'Keeffe and Andrew Purcell were well placed U18. In the Novice Ladies Mary O'Shea was 3rd, Phyllis Carroll, Maggie O'Leary & Cynthia Daly all did their best for the team. Next Sunday we travel to Farranfore venue for U9/U11/U13/U15/U17/U19, Intermediate & Masters Men & Ladies at 11am. Directions – turn left at the Farranfore Garden Centre, venue is 1k back the road with in field parking.

TRAINING: Barradubh Friday 7.00 – 8.00 pm, Gneeveguilla Monday 7.00 – 8.15 pm, Cullen Monday 5.00 – 6.00 pm, Boherbue Tuesday 6.00 pm. Contact Tom Joe for throwing training. Everyone welcome to come and train.

KILLARNEY RFC NEWS

SENIOR XV: Our seniors squad faced their first outing in the Munster Junior League, with a trip away to Corcha Dhuibhne last Sunday. Conditions were excellent for the match and a good crowd turned up to ensure there was a good atmosphere for the opening league match. Killarney started poorly in the first half but really turned up the intensity in the second half. However the home side scored an intercept try to win the match against the run of play, where Killarney were attacking the Corcha Dhuibhne line. The game finished on a scoreline of 21 points to 15 for the home side. Brian Lynch and Brian Sullivan were the try scorers on the day, while Michael Sheahan kicked a penalty and a conversion. Next up we have a visit from Bantry Bay, at Aghadoe on the 18th of October. Lets support the lads at the first Munster League game at Aghadoe! Kick off is 2:30pm.

KILLARNEY RFC U16'S: Killarney U16s travelled to Listowel for their third league game of the season. Again given the very young age and inexperience of Killarneys team and the vast difference of the hosts physicality, this was always going to be a difficult task, Listowel scored early and often. However Killarney put Conor Sheahan into space and scored late in the first half to give a score of 27 - 7 at the break.

After the restart, Killarneys concentration was blurred and again Listowel scored out wide. Once again Killarney replied with a fantastic opportunistic try again by Conor Sheahan. Late in the second half Sean Cahill was desperately unlucky knocking on - on the tryline. Listowel were convincing winners however building on last week Killarneys defence and tackling was much improved, and in spite of the score line, but only for a few unforced errors by the guests this would have been much closer.

KILLARNEY RFC U14'S: Killarney RFC U14's travelled to a Tralee on Saturday for the second league game of the season. Killarney won on a scoreline of 34 to 31. The forwards were immense throughout the match. The back line showed fleet footwork and the ball handling was something all the coaches were proud to see. Diarmuid Cahill contributed with two tries with some excellent running, Brendan O'Donoghue scored a try on his second outing after stepping up from the u12 last year. Matt McAulliffe was strong at the loosehead position and nearly got a try but was held up at the last second. Craig McKenzie Vass was really powerful and showed courage throughout and scored a try also. Mark Sheehan showed his versatility playing well in both the forwards and the backs. Evan Mannix was strong in the tackle, Daniel Carroll showed that he was well able to step up to U14 level. Sam Casey at No 8 showed skill and ferocity in tackling. Jack O'Connell played well at scrum half and controlled the flow of ball back to out half while Cian Murphy got a try and two conversions. The centre pairing of Damien Switzer (one try) and Donnacha Greally showed excellent footwork, evasion and vision and their darting runs caused trouble for the opposition. On both wings Colin O'Sullivan and James Kennelly showed good control and Peter Walsh at fullback was like a young Rob Kearney under the high ball. The subs Aidan Keane, Josh Campbell, Sean Hickey, Padraig Talbot, Sean O Sullivan all came on throughout the second half and showed the strength of the team with everyone giving 100%.

YOUR CLUB, YOUR COUNTRY: The IRFU and Ulster Bank are delighted to announce that the 'Your Club, Your Country' Grand Prize Draw is back again this season – and this year the prizes are better than ever! Last year the initiative raised over half a million euro for the club game throughout Ireland. Getting involved could not be easier. All of the prizes are provided by the IRFU and their family of partners, leaving the club free to sell up to a maximum of 1000 IRFU Grand Draw tickets and retain 100% of the amount from those sales to support our club activities during the season. Having made a huge investment in a completely new facility in Aghadoe this is an opportunity for Killarney RFC members and supporters to help raise much needed funds to continue your club's development. With the funds raised through this draw to be allocated to the installation of lights for training. Tickets are available from any club member or Ger Moynihan on 0871240365

SCHOOLBOY/GIRL SOCCER SKEECHERS NATIONAL CUP ROAD CONTINUES FOR EVENS TEAMS: RESULTS:

12'S NATIONAL CUP:

Round 1: Killorglin 4-0 Connolly Celtic.
Round 2: Newcastlewest 3-1 Tralee Dynamos.
Mastergeeha 4-2 Corbally United.
Avenue United 0-6 Killarney Celtic.
Ballingarry 2-5 Killarney Athletic.

14'S NATIONAL CUP ROUND 2:

Mastergeeha 4-7 Aveune.
Camp Juniors 3-2 Kilmallock United.
Ballingarry 1-4 Listowel Celtic.
Corbally 6-5 Tralee Dynamos (AET).
Killorglin 2-1 Nenagh. Park 3-0 Askeaton.
Killarney Athletic 4-2 Murroe

16'S NATIONAL CUP:

Mastergeeha 5-2 Sporting Ennistymon.
Ennis Town 0-8 Park.
Geraldines 1-3 Tralee Dynamos.
Killarney Athletic 5-2 Birdhill.
Killarney Celtic 1-0 Fairview Rangers.
Regional United 5-4 Listowel Celtic (AET).

LEAGUE RESULTS: JK SPORTS 12'S PREMIER:

Killarney Celtic 1-2 Killarney Athletic.
Division 1: Park B 5-1 Castleisland.
Listowel Celtic C 3-1 Park C.
Inter Kenmare 4-3 Ballyhar.

Division 2:
Iveragh United 9-0 Camp Juniors.
Tralee Dynamos B 3-7 Listowel Celtic B.
Division 3: Killarney Celtic C 6-1 MEK.

FOUNDATION SPORTS 14 DIVISION 1:

Dingle Bay Rovers 7-3 Iveragh United.
Division 2: Castleisland 6-3 Park C.
Fenit 1-4 Park D.
Listowel Celtic B 1-8 St Bernards.

KILLARNEY PLAZA 15'S:

Division 2: Asdee 7-1 Listowel Celtic B.
Park B 6-0 Tralee Dynamos B.

TRALEE TROPHY WORLD 16'S

Division 1: Camp Juniors 3-7 Park B.
Asdee 5-5 Killorglin.

**REPORTS: MORE SUCCESS IN THE
SKEECHERS NATIONAL CUP:** This was the
busiest week of the early part of the new season
with 36 games completed in the Skeechers
National Cup and Leagues.

12'S NATIONAL CUP: In the 1st Round clash
Killorglin defeated Connolly Celtic thanks to
goals from Eoghan Hassett 2, Adam Owens and
Tom Whittleton. In the 2nd round Mastergeeha
were 4-2 winners at home to Corbally United.
Mark O'Shea and Colin O'Leary both scored
2 each in the win. Killarney Celtic won away
to Avenue in Ennis with Darren Ryan 2, Sean
Fitzgerald, Gonzalo Hernades, Luke Crowley
and Sean Fitzgerald on the score sheet. Killarney
Athletic are also through as they also won away
from home. They defeated Ballingarry 5-2. An
Alex Hannigan and one each from Cian Molloy
and Sam Benson saw them through.
Tralee Dynamos went down 3-1 away to
Newcastelwest with Adam Wharton getting
the goal.

14'S NATIONAL CUP: There was plenty of
success in the 14's National Cup with Camp

Juniors enjoying a 3-2 win at home to Kilmallock
United. Cian O'Grady, Maurice O'Connell and
Oisin Smailes got the goals. Listowel Celtic won
4-1 away to Ballingarry. Michael Nolan scored 2
with Conor Hogan and Andrew Murphy getting
the other goals. Killorglin were 2-1 home
winners against Nenagh with Callum Russell
and Jack O'Connor on the mark. Killarney
Athletic defeated Murroe 4-2 thanks to 2 goals
from Damien Switzer and one each from Eoin
Sullivan and Aaron Broderick. The Park are also
through as they got a walk over from Askeaton.
Tralee Dynamos were very unlucky to go down
6-5 away to Corbally United after extra time.
There goals games from Sean Kennedy who
got 3 and one each from Shar Chaudry and
Mohammed Raheen. Mastergeeha's campaign
is also over as they went down 4-7 at home to
Avenue. Javier, Ian O'Connor, Darren Lehane
and Philip O'Leary got the goals for the
Kilbreen side.

16'S NATIONAL CUP: Mastergeeha are
through to the next round as they were 5-0
winners at home to Sporting Ennistymon. Paul
O'Shea netted a hat trick with Naill O'Connor
and Dylan Murphy socring one each. The Park
were too strong for Ennis Town in Clare and
are into the next round thanks to goals from
four goals from Michael Slattery and one each
from Gearoid Fitzgerald, JR Tshikato, Thomas
Burke and Michael O'Gara. Tralee Dynamos
had a very good 3-1 win away to Geraldines
in Limerick with Dara Lowth, David Couchman
and Nemanja Samardzic on the mark. Killarney
Athletic were 5-2 winners at home to Birdhill.
Mark Fennell, Ryan Sheehan and Jason Coffey
got the goals. Killarney Celtic have also
progressed after a hard fought 1-0 home win
over Fairview Rangers from Limerick. Alex
Grestiak got the only goal. Listowel Celtic are
out after a last gasp winner by Regional United
in injury time in Limerick. The game finished
5-4 with Chris Montes 2, Jack Sheeahan and
Conor Hope netting for Celtic.

LEAGUE UPDATE: JK SPORTS 12'S:

In the Premier Division Killarney Athletic won
the derby at Celtic Park 2-1 with Alex Hennigan
getting both for the Woodlawn side. Killarney
Celtic's goal came from Sean Fitzgerald.

In Division 1 Park B were 5-1 winners at home
to Castleisland thanks to 2 goals from Sean
O'Connell and Cian O'Neill and one from Kieran
O'Connor. Conor Ryan replied for Castleisland.
Listowel Celtic C defeated Park C 3-1 with
Phoenix Costello, Gearoid Mulvihill and Nikolei
O'Callaghan getting one each for the North
Kerry side. Inter Kenmare and Ballyhar were
involved in a 7 goal thriller with the visitors
nicking the win 4-3. Colin Callaghan 2, Steven
Palmer and Cormac Costello got the goals for
Ballyhar with Dylan Wallace, Darren Allman and
Tim O'Donoghue replying for Inter. Iveragh
United proved too strong for Camp Juniors
in 12's Division 2. Sean Kennedy, Oisin Breen,
Fionain Keeting and Tim Clifford were the goal
scorers. Listowel Celtic B came into Tralee and
took the points home after defeating Dynamos
thanks to goals from Chris McQuaid, Darragh
Hudson, Hayden McElligott, Tony Boland and
Rory Moloney.

There was one game in 12's Division 3 and it

was a historic one. MEK (Mid and East Kerry)
made their very welcome League debut and
Bailey Carlton has the honour of getting their
first ever competitive goal. They went down
to Killarney Celtic C who had goals from
Brian Sullivan, Tim Moynihan, Paddy Coffey,
Darragh O'Shea, Thomas O'Sullivan and Martin
McCarthy.

FOUNDATION SPORTS 14'S: In Division
1 Dingle Bay Rovers won at home to Iveragh
United. For the West Kerry side Cathal
O'Beaglaoi, Patrick Kearney, Dara Begley and
Colm O'hEartain were the scorers while Tadgh
O'Connor, Keith Brennan and Cathal O'Shea got
the goal for the boys from South Kerry.

Castleisland got the better of Park C in the
14's Division 2 thanks to goals from Connie
O'Connor, Patrick Roche, Colm Roche, Dylan
Curtain and Hubert Kurtalevic. Ben O'Sullivan
and Andrew Sucaci replied for The Park. The
Park D continued their winning ways with a 4-1
away win at Fenit. John O'Connor 2, Darragh
Caplis and Jamie Fitzgerald were the scorers.
St Bernards were too strong for Listowel Celtic
and won with goals from Oisin Maunsell, Aidan
O'Connor, Darragh Slattery and Marthew Burke.

KILLARNEY PLAZA 15'S: Goals from
Philip Byrne, Conor Twomey, Shay Doran,
Bernard O'Callaghan, Gavin Stack, Liam Byrant
and Barry O'Neill gave Asdee the points over
Listowel Celtic B for whom Robert Foley got a
consolation goal in 15's Division 2

The Park B defeated neighbours Dynamos B
with goals from Liam Tobin, Thomas Ariyibi and
Conor O'Sullivan.

TRALEE TROPHY WORLD 16'S: A Colm
Moriarty hat trick was not enough to earn his
Camp Juniors side anything as they went down
to Park B. Asdee and Killoirglin played out a 10
goal cracker with both sides hiiting 5 each. Liam
Butler and Conor Staunton both scored twice
and Conor Sugrue the other goal for Asdee.

MEK UNITED FC

MATCH REPORT:

KILLARNEY CELTIC C V MEK UNITED

U12 Division 2 - Kerry Schoolboy League
Killarney Celtic C had a convincing win over our
U12's. But all the squad did the club proud in
their first ever league game. For most, it was the
first time they have ever played a soccer game.
The biggest cheer of the day from a fantastic
MEK following was the first ever league goal for
MEK, scored by Bailey Carlton. Showing up all
the boys!!! All played well and got stronger as
the game went on. But result aside, it was an
enjoyable first game for the players and the
club. Looking forward to a good season ahead.

U 13'S: Our U 13's play their first league game,
away to Fenit Samphires next Saturday the
10th of October. Kick off is 12:30. Further details
at training next Thursday night.

MASTERGEEHA FC

MASTERGEEHA SOCIAL AND AWARDS

NIGHT: Mastergeeha Fc are holding a social
and award night on the 9th October in the
Killarney Oaks. Start time is 8pm with music
by the Dineen Brothers. Tickets €30 and U14

accompanied by an adult €15. Presentation of trophies will be made on the night. Lots of spot prizes with a great door prize for a night away in the West Lodge Hotel in Bantry. Tickets available from Noreen (087 2776560), Joanne (087 2107127), Threasa (087 6201708), Sarah (087 4682533).

U12 NATIONAL CUP: MASTERGEEHA 4 CORBALLY 3 AET. In this exciting cup game the boys lead 2-0 early in the second half but the visitors equalized late in normal time. In extra time the limerick side took the lead but Mastergeeha Battle hard and got the goals ensure qualification for the next round. On the day Mark O'Shea and Colin O'Leary got two goals each in a good team performance.

U14 NATIONAL CUP: MASTERGEEHA 4 AVENUE UNITED 7. The lads were knocked out of the national cup at the first hurdle following this cracking cup tie played in perfect conditions in Kilbreen Park. Avenue hit the ground running and were 2-0 up within 10mins and scored further goals to take a 4-0 lead before Javier pulled a goal back just before the break after good work from Lee Phelan. Ian O'Connor reduced the deficit early in the 2nd half when he smashed the ball home following a corner and although Avenue increased their lead soon after, Mastergeeha responded when Darren Lehane rifled home from just inside the box. The goals continued to flow with Philip O'Leary scoring from the spot after Liam Fleming was brought down by the Clare GK but Avenue held on to progress to the next round.

U16 NATIONAL CUP: MASTERGEEHA 5 SPORTING ENNISTYMON 2. In this game the boys started slowly and were two down after twenty minutes. However after this Mastergeeha were the better side with Paul O'Shea getting a hatrick and Dylan Murphy and Niall O'Connor getting a goal each. All involved played well.

MUNSTER JUNIOR CUP: MITCHELLS AVENUE 2 MASTERGEEHA 2 (5-4 ON PENALTIES). In this close game played on Friday night the seniors were unlucky to exit the Munster junior cup. Late in the first half the home side took the lead but Mastergeeha battle back and played much better in the second half scoring the equalizer in the 55th minute when Chris Keane finished well. After this Mastergeeha pushed forward and took the lead with 10 minutes remaining when Chris Keane scored again following a cross by Tony Brosnan. However late in the game the home side equalised. In extra time Mastergeeha created some half chances with the Avenue goalkeeper making saves from Tony Brosnan and Niall O Riordan. On the penalties the home side qualified for the next round.

MASTERGEEHA FC LOTTO: There was no winner on Friday 2nd October. Numbers drawn were 3, 4, 17 & 18. Jackpot now €1,800.00.

KILLARNEY ATHLETIC

SENIORS: Denny Premier A

KILLARNEY ATHLETIC 0-2 FENIT SAMPHIRES.

This was a poor performance by our A team

losing 2-0 to the well drilled and confident visitors. Two first half strikes ensured no way back for Athletic.

U16 NATIONAL CUP:

KILLARNEY ATHLETIC 5-2 BIRD HILL F.C.

Athletic continued their good form with this fine win against Tipperary outfit Bird Hill FC. A great team performance with all the panel playing their part. A big thanks to the parents that provided food and/or helped to serve it.

U14 NATIONAL CUP:

KILLARNEY ATHLETIC 4-2 MURROE:

Our u14 team advanced to the next round of the national cup on Saturday against Murroe from Limerick. Overall it was a great result but more importantly the hard work and determination shown by these young men was a sight to behold, they never gave up the fight 2-0 down and with true grit they deserved their victory. Next up in the national cup is a home game against Limerick City F.C. Scorers on the day were Damien Switzer 2, Eoin O'Sullivan and Man of the Match Aaron Broderick. Well done to all and especially the parents who showed up in numbers to support the boys and for providing refreshments for both teams, it was well received by both clubs on the day.

U12: KILLARNEY ATHLETIC 2-1 KILLARNEY CELTIC (LEAGUE)

KILLARNEY ATHLETIC 5-2 BALLINGARRY (NATIONAL CUP)

On Monday night Killarney Celtic hosted Killarney Athletic Under 12s. In very windy conditions a great game was played with Athletic coming out on top. On the 3rd of October 2015 Killarney Athletic Under 12s played there first cup game out of Kerry in Ballingarry County Limerick. Going into new territory our boys got off to a fantastic start with Alex Hennigan scoring in the first minute. Ballingarry hit back scoring two to go ahead. With four minutes to go Hennigan levelled the scoring. 2-2 at half time both teams playing great football. At the start of the second half changes were made and they produced desired results. Sam Benson, Steven Moynihan and Conal Gallagher performed well. Benson and Hennigan with two finished off the scoring for Athletic to finish 5-2. On the day Cian Lynch, Alex Hennigan and Sean Dineen played well and although we had a four goal hero the team where the men of the match playing for each other. Killarney Athletic would like to thank Ballingarry for hosting the game and their tea and sandwiches afterwards.

FIXTURES: Saturday 10th October 2015:

Daly's Supervalu U13 Div.1

Killorglin B v Killarney Athletic 12.15pm.

Killarney Plaza U15 Div.1

Castleisland v Killarney Athletic 11.45am.

Sunday 11th October 2015:

Munster Junior Cup

Killarney Athletic V Killarney Celtic 11.30am.

Denny Division 1A

Killarney Athletic V Castlemaine United 2.30pm.

GIRLS TRAINING: Girls training every Wednesday in Ferndale, Woodlawn for U12, U14 and U16 with league and cups to kick off soon. Any enquiries please contact Shane on

087-9395158.

CHRISTMAS QUIZ: Killarney Athletics 50th Anniversary christmas quiz will take place in the Killarney Oaks Hotel on Friday the 6th of November. A great night with plenty of prizes will be up for grabs as well as player of the year awards. More details will follow in the coming weeks.

300 CLUB: Names are now being taken for next years 300 club draw. All support is greatly appreciated and forms are readily available from Mike O'Shea (087-2226185) or any other committee member.

CHURCH GATE COLLECTION: The club would like to thank all members who took part in the annual Church gate collection last Saturday and Sunday. Most notably the organizers Aaron Quill and Sean O'Donoghue.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Alan Daly on 085 191 3244 or aland15@live.ie.

KILLARNEY CELTIC NOTES

CONDOLENCES: Killarney Celtic extends sincere condolences to all the friends and family of former TD John O'Leary, a great servant always to the Killarney and East Kerry community.

OSCAR TRAYNOR CUP: Kerry have been drawn in Group C of the Oscar Traynor Cup and will play at home to Limerick, away to Cork AUL, and at home to West Cork. Ciarrai abu!

TRAINING TIMES: U7 training for boys and girls has now started. New players welcome next week. Training takes place at 12.30pm on Saturdays with an emphasis on fun first.

U12 and U10 Girls training will now on take place on Mondays at 6.00pm. Please note the change from 5.30pm. New players welcome.

RESULTS

DENNY PREMIER B: KILLARNEY CELTIC

B 4 RATTOW ROVERS 2: We were 2-0 down in a fairly fractious game but showed fantastic heart to battle back for a win. Stephen McCarthy scored twice, Stephen Brosnan put us in front, and Eoin Kennedy clinched it with a precise finish.

U16 SFAI CUP: KILLARNEY CELTIC A 1 FAIRVIEW RANGERS 0:

Fairview Rangers are second in the Limerick League at the moment to Pike Rovers and showed all their quality in a superb game that required maximum effort from all of celtic, but the lads showed no lack of skill and graft themselves and edged a thriller thanks to superb goal by Alex Grestiak.

U12 NATIONAL CUP: AVENUE UNITED 0

KILLARNEY CELTIC 6: This was a stunning display of quality, commitment, and teamwork by the lads. The whole panel got game time (not always possible, of course, but always a club preference) and all excelled. Darren Ryan scored brace, with Cian Doyle, Sean Fitzgerald, Gonzalo Hernandez, and Luke Crowley all on target. Sean Fitzgerald's superbly headed goal capped off an incredible performance in the middle of the field, well assisted by Luke Crowley. Powerful stuff.

U12 DIV THREE: KILLARNEY CELTIC 2

MID EAST KERRY 1: A great performance by Celtic and a whole-hearted and gutsy performance by our newest and sporting neighbours - this is MEK's first competitive year in the league and they are a very welcome addition. Best for Celtic were the outstanding Brian O'Sullivan, Timmy Moynihan, and Martin McCarthy, with Paddy Coffey, Darragh O'Shea, Jason O'Sullivan.

FIXTURES: Munster Junior Cup: Killarney Celtic at home to Killarney Athletic, Sunday, 11.30am.

Denny Premier B: Killarney Celtic B away to

Asdee, Sunday, 11.30pm.

Youths League: Killarney Celtic away to Castleisland, Saturday, 2.30pm.

U17 SFAI Cup: Killarney Celtic away to Newcastlewest, Sunday, 5.00pm.

U15 Premier: Killarney Celtic away to Inter Kenmare, Saturday, 11.00am.

U15 Div One: Killarney Celtic B away to Mastergeeha, Saturday, 11.45am.

U13 Premier: Killarney Celtic at home to Killorglin, Saturday, 10.30am.

U13 Div One: Killarney Celtic B away to Park B, Saturday, 12.15pm

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 3, 6, 9, 13. Next week's jackpot €4600, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

KILLARNEY ATHLETIC

THE ONE AND ONLY MICHAEL SMILER MOLONEY

MICHAEL 'SMILER' MOLONEY: In this week's article we recall the fantastic achievements of Michael 'Smiler' Moloney and how he made numerous Schoolboy International appearances while still playing for Killarney Athletic. Michael carried the nickname 'Smiler' from his own father Mike who was an outstanding central defender with Athletic in the '70s and was a member of the 1st club team to play in the Kerry District League when it started in 1972. 'Old smiler' got his early soccer experience as part of the Franciscan Youth Club teams. Michael also took some of his sporting talent from his mother Ina's side of the family as his uncle Donie Kelly was a talented soccer player with Lieherr and Athletic in the '60s & '70s. His cousins Alan Kelly and Paul Cahill also played with 'Smiler' for Athletic, as of course did Brendan Moloney, who we will feature in next week's article. Michael started playing for the club in 1997 and it would be fair to say that he was the most dominant underage player to play for any Athletic schoolboy team. He was a powerful centre back and scored numerous goals for his team when he went forward for corners and free-kicks. Michael also captained an Athletic team that won multiple league and cup titles at underage level and lead the Kerry Kennedy Cup team to a Shield win in the 2002 tournament as the side were unbeaten in their six matches. He was also a member of Athletic's most successful underage team that made the semi-final of the National Cup in 2002.

IMPRESSED IRISH TEAM BOSS: Although it was accepted in the club and the league at the time that Michael was a very talented young player with huge potential, it was also difficult for players like him in Kerry to get the opportunity to display their talent on a bigger stage. But playing at centre back for the aforementioned Athletic under 15 team in the last 8 of the National Cup in 2004 away to Belvedere Boys was the significant opportunity he got to impress as the Irish under 15 & 16 managers who, unknown to himself, were in attendance at the fixture. The game ended in a scoreless draw as Athletic forced their more



KILLARNEY ATHLETIC'S FAMOUS AWAY VICTORY OVER CHERRY ORCHARD 2002. SMILER 3RD BACK LEFT.

fancied opponents into a replay in Woodlawn that the Dublin side eventually won.

Michael obviously made enough of an impression on the Irish boss as he got a 'random' call up to join the Irish under 15 squad in their last friendly International of that season as they hosted France in Malahide. Playing with a considerable wind advantage in the opening half Ireland went in 1 goal up at the interval. Irish team boss Vincent Butler decided to give the young Kerry lad who only came into the squad the night before a run in the second half. Pitched into the centre back position as the French laid siege on the Irish goal for all of the second period the boy from Dalton's Avenue gave what the manager described as "an outstanding performance and didn't put a foot wrong" and Ireland held out to record a notable 1 nil victory over their more flamboyant French opponents.

SAIPAN CALL-UP: Michael's performance earned him a call-up into Sean McCaffery's Irish under 16 squad that competed in an invitational tournament in Japan and South Korea later that summer. There was great pride in the club when his name was listed as being in the panel and Killarney Athletic named as his club. Michael recalls, "In Japan in August, based in Toyota city, we beat Nagoya Grampus 3-0 in the group, and lost 1-0 to South Korea in the group. We played Japan in the 3rd/4th place playoff then and lost on penos! Japan/ Holland and Mexico were in the other group and Korea beat Holland in the final! It was a great experience and the stadiums were fantastic. We were also the 1st Irish team to revisit Saipan since the infamous 2002 World Cup".

SIGNED WITH HOME FARM: Michael took up on the advice to sign with a club in the Dublin District League to maintain his place in the Irish set-up and also with the hope of being 'spotted' by football scouts who regularly attended the DDSL schoolboy matches. So 'Smiler' followed the path of Diarmuid O'Carroll and signed up with Home Farm who flew him up for the Sunday matches. Michael was one of only two home based players to make the Irish squad for the 1st qualifying stage of the 2005 European under 17 finals. Ireland finished runners-up to Germany and ahead of Iceland in the group with 2 draws and a comprehensive 5 nil win over Lithuania. He missed out on a trial with Bolton due to a clash of events and without being attached to one of the cross channel clubs, he was only on standby duty for the 2nd stage of the qualifiers.

MICHAEL OPTED FOR THE 'GAA'

Feeling he had missed his opportunity to play as a soccer pro he opted to dedicate his sporting interest to playing gaelic football with the Sem and the Crokes who were also good to him and he won all the major titles with them. Michael also played for the Kerry minors for two years and won an All -Ireland under 21 medal in 2008 in a team that included many of his Killarney Athletic teammates. Michael's first appearance at senior level with Athletic didn't come until the 2010 season when he was a key member of Shane Kelly and Alan O'Connor's team that reached the last 16 of the FAI junior cup. Hopefully we will see 'Smiler' back in the heart of the Athletic defence again in the near future as he is surely one of the best players that the club has produced.



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@adrian_heely THE LAKE WAS LIKE A MIRROR TODAY SO A PERFECT MORNING FOR SOME KAYAKING :) #lovekillarney



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www.outlookmags.com

RSA EXPRESSES CONCERN OVER DRIVER ATTITUDES TO TYRE SAFETY

Irish Road Safety Week to Focus on Tyre Safety, Child Safety and Cycling Safety.

The Road Safety Authority (RSA) has expressed concern at driver attitudes to tyre safety, as a survey conducted by the Authority has revealed that 1 in 8 drivers (14%) have bought part-worn tyres in the past. The survey of 1,000 motorists, conducted in November 2014, also showed that motorists are not checking their tyres regularly, despite knowing how to do it. 8 out of 10 (79%) drivers stated that they know how to check the air pressure of their tyres, yet 1 in 10 check this less than once a year or not at all. Similarly, 1 in 8 drivers check the condition and tread depth of their tyres less than once a year or not at all, despite 72% of drivers knowing how to perform this important check. Tyre safety, child safety and cycling safety are the focus of this year's 'Irish Road Safety Week' which was launched last week and will see a week of road safety activities taking place nationwide until Sunday 11 October. In support of Irish Road Safety Week, the Irish Tyre Industry Association (ITIA) members will be providing free tyre checks to motorists at participating garages during Road Safety Week. Speaking at the launch of 'Irish Road Safety Week', Minister for Transport, Tourism and Sport Paschal Donohoe TD said: "Irish Road Safety Week' is an important event in the road safety calendar as it gives us an opportunity to review our behaviour on the roads. If we all looked at how we use the roads every day, I have no doubt that we would find room for improvement. So this week, consider what small change you could make to make the roads safer for yourself and others. In particular, as the weather starts to get that bit colder, I would urge road-users to ensure they check their tyres regularly. Tyres are the only thing between you and the road, so it is critical that they are in good condition and that the tread depth and air pressure are checked regularly." The RSA is reminding road-users that roadworthy tyres must be the right type and size for the vehicle, be properly inflated, free from defects and have a tread depth of at least

1.6mm. Chief Superintendent Mark Curran An Garda Síochána said:

"Tyres are the only part of your vehicle that separate you from the road so it is critical that they are in roadworthy condition at all times. We would encourage everyone to avail of the free tyre check next week and ensure they are up to standard, particularly as winter approaches."

Ms Moyagh Murdock, Chief Executive of the Road Safety Authority said:

"We are concerned with the level of part worn tyres being used on vehicles, some are on sale for as little as 10 euro. When you consider that tyres are your only contact with the road, you really have to ask yourself is this the value you place on your family's life?"

"The RSA are currently finalising a report, based on an analysis of forensic data that shows the quality of tyres plays a much bigger role in fatal collisions than previously thought. So it is really worrying that people are not prioritising safety when they purchase tyres. Your safety, along with the safety of your passengers and other road users, could depend directly on the condition of your vehicle's tyres. If you drive with tyres in poor condition, you really are putting your life at risk. You may save a few euro in the short-term, but at what price? Get them checked and give yourself and your passengers the peace of mind that you're travelling safely." Moyagh added.

Mr Paddy Murphy, Acting President of the ITIA said:

"It is important to keep our car and its tyres in top condition, yet many of us don't make it a priority. As winter approaches and the weather starts to get worse, it really is critical that your tyres are in the best condition possible. If you are unsure what to do or how to check them a simple 5-minute visit to a local ITIA tyre outlet is all it takes to get your tyres checked for free to ensure they are safe. To find your local ITIA member visit www.itia.ie

It's important to remember **SAFE TYRES – SAVES LIVES.**



'Irish Road Safety Week' kicked off on Monday last 5 October with the Annual Road Safety Academic Lecture which will be held in the Royal College of Physicians. The focus of this year's lecture is 'Cycle Safety' and research will be presented on helmet-wearing and the types of injuries that present as a result of a collision. Today Friday 9 October, Beep Beep Day, which focuses on road safety for pre-schoolers, will be taking place in crèches and pre-schools around the country.

The RSA will also be giving away 3,000 bicycle lights on their Facebook and Twitter pages throughout Irish Road Safety Week, while the road safety educational initiatives will be travelling the length and breadth of the country to teach children, students, parents and guardians about road safety.

Ms Moyagh Murdock, Chief Executive of the Road Safety Authority encouraged people to play their part in keeping our roads safe from death and injury

"To date this year, 119 people have died on our roads, 20 fewer than the same period last year. We can all play a role in keeping our roads safe by changing our behaviour for the better. Small changes can make a huge difference, for example, reducing your speed, making sure you and your passengers are safely restrained in the car, or keeping your vehicle, motorcycle or bicycle in roadworthy condition at all times. So this week, think about what you can do to be a better, safer driver and play your part in reducing deaths and serious injuries on our roads."



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PHOTOGRAPHED AT THE PRESENTATION OF THE PRIZES FOR THE PRESIDENTS PRIZE AT THE ROSS GC WERE FRONT (L TO R) DENIS CRONIN CAPTAIN, SEAN MOYNIHAN - WINNER, DONIE MULCAHY PRESIDENT, REBECCA MULCAHY, REOBERT MULCAHY. BACK (L TO R) RENALDAS BENDIKAS, MIKE BROSNAN, SEAMUS MCCARTHY, JIM MORRIS, BRENDAN COFFEY, SEAN O'BRIEN, ROLANDAS BENDIKAS

ROSS GOLF CLUB

GENTS CLUB

RESULTS: On Sunday last we held The Maurice O'Donoghue Memorial Cup. This was a single stableford competition and the following were the winners:-

1. Denis Cronin - Captain (13) 41 pts.
2. Diarmuid O'Shea (15) 35pts.
3. Maurice O'Shea (14) 35pts.
4. Ian Millis (14) 34pts.

FIXTURES: On Sunday October 11th we will hold The Frank Doran Backstages single stableford competition. This will be sponsored by Safeguard Security. The time sheet is now available in the clubhouse so please add your name to it as soon as possible.

ROSS TEAMS: The Ross Intermediate team were victorious in their first round match against Parknasilla in the Kingdom Challenge Shield. We also wish the best of luck to our senior team in their match against Dooks GC next Saturday in the senior section of the Kingdom Challenge Shield.

ROSS GOLF CLUB

LADIES

RESULTS: Sunday 4th October Sponsored by Eileen O'Riordan. Winner Eileen Fleming (19) 29pts. Upcoming Events Sunday 11th October Single Stableford 18 Hole.

BEAUFORT GOLF CLUB

LADIES BRANCH

3RD/4TH OCTOBER - 18 HOLE STABLEFORD - SPONSORED BY BEAUTY WITHIN, KILLORGLIN (CSS DAY 1 35 PTS & CSS DAY 2 33 PTS)

- 1st Lady Captain Eve Bird (36) 33 pts.
- 2nd Renee Clifford (26) 31 pts.

FIXTURES: 11TH OCTOBER - SWAP DAY WITH KILLORGLIN GOLF CLUB:

17th/18th October - 6th Round GOTY sponsored by Funderland.
Open Fridays from 10th April to 2nd October

2015. Open to Ladies and Gents - Single Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time.

KILLARNEY GOLF CLUB

MEN'S NOTICES

TEAM OF 4 GALLIVIN MURPHY HOOPER DOLAN. MAHONY'S POINT 04/10/15

- 1st 98 pts Dermot Roche (11) John Hickey (12) Neilus O'Regan (16) Dan Moynihan (17).
- 2nd 97 pts (back nine 57 pts) Roland Janssen (16) Tony Walsh (21) Pat Fogarty (18) Seamus Doherty (21).
- 3rd 97 Pts. (back nine 54) Chris Twomey (10) John Twomey (19) Mike Dennehy (20) John Murphy (20)
- 4th 97 pts (back nine 52) Mossy Lyons (9) Brendan Brosnan (12) Moss Lyons (13) John Curtin (17)

KILLORGLIN GOLF CLUB

LADIES: 18 HOLE STABLEFORD SPONSORED BY BURKE'S BUTCHERS:

1. Emma Daly (19) 34 pts.
2. Ann Walker (28) 33 pts.
3. Kitty Galvin (27) 32 pts.

FIXTURES: 18 Hole Stableford sponsored by Martha's Unisex Hair Salon can be played Saturday 10th or Tuesday 13th October.

EXCHANGE DAY: Beaufort Exchange Day 18 Hole Stableford Sponsored by A.I.B. is this Sunday 11th October. Time Sheet in Pro Shop.

12 HOLE RE-ENTRY STABLEFORD SPONSORED BY LADY MEMBER MARY HEALY:

1. Emma Daly (21) 31 pts.
 2. Mary Conway (29) 25 pts.
 3. Betty Griffin (36) 24 pts.
- Next 12 Hole Stableford sponsored by Joan Carter is now in progress.

SILVER SWANS 12 HOLE STABLEFORD:

1. Kitty Galvin (27) 21 pts.
2. Mary Conway (29) 17 pts.

SINGLES CLUB CHAMPIONSHIP: The Final of the Singles Club Championship Matchplay sponsored by John Fitzgerald between Coral

Kiely and Jenny Pigott took place recently. Congratulations to Jenny on winning over Coral. Well done to both players on a very sporting match.

CASTLEROSSE GOLF CLUB

RESULTS: OF CHARITY OPEN DAY COMPETITION IN SUPPORT OF "OAKTREE SERVICES, ST MARY OF THE ANGELS" BEAUFORT.

Saturday 3rd October 2015, 18 Hole Stableford, 2 ball better ball, many thanks to all players.

Overall winner, Joe Gaffey, John O'Halloran.

Overall runner-up, Ger O'Connor, John O'Reilly,

Overall 3rd place, Roger O'Sullivan, Ivan Tangney.

Overall 4th Place, Daniel Shine, Trevor Shine.

Overall 5th Place, Gintaras Bendaravicius, John B. Doran.

Charity raffle in aid of "Oaktree Services, St. Mary of the Angels" Beaufort, tickets available from club members and Leisure centre at Castlerosse Hotel. Draw on Saturday 31st October Please support, great range of prizes.

Away day to Macroom Golf Club on Saturday 10th October. Competitions for Ladies and Gents, add your name to sheet at Castlerosse.

FIXTURES: This weekend, 18 hole Strokeplay competition.

KILLORGLIN GOLF CLUB -

MENS RESULTS

SINGLES CHARITY WEEKEND

Winner Robert Kennedy (7) 39 Pts.

WEEKLY 12 HOLE COMPETITION

Winner Jer Joy (10) 27 pts.

MENS SINGLES MATCHPLAY FINAL

Winner Joe Kennedy (6).

Runner Up Bernard Jones (13).

MENS DOUBLES MATCHPLAY FINAL

Winner Joe Kennedy (6) and Robert Kennedy (7).

Runner Up Kevin Guilfoyle (8) and Mike McCarron (13).

UPCOMING EVENT: Sunday October 11th

Exchange day with Beaufort Golf Club

(Time sheet in operation)

The club would like to express its deepest sympathies to the family and friends of Bruddy Burrows. May he rest in peace.



PRIZE WINNERS AND RUNNERS UP OF CHARITY DAY HELD ON WEDNESDAY 30TH SEPTEMBER. LADY CAPTAIN SINEAD O'SHEA PRESENTING CHEQUE TO JIMMY MULLIGAN FROM MEALS ON WHEELS KILLARNEY.

DEERPARK PITCH & PUTT NOTES

By John Kelly

CHAIRMAN'S PRIZE: Chairman Derry McCarthy's Prize Day attracted a good turnout of members on last Sunday morning and results are as follows:

1st Nett John McGrath, 2nd Nett Hugh O'Sullivan, Overall Gross St John Kelliher, Intermediate Nett Michael Cronin, Junior Nett Colm O'Dowd, Junior Gross John Looney, Ladie's Prize Sheila O'Donoghue.

CAPTAIN'S PRIZE: Jason O'Connor has re-scheduled his prizegiving night for Friday October 16th in Charlie Foley's.

EUROPEAN RULES: European Rules competition has been scheduled for weekend of October 17th/18th Details in next edition.

SCRATCH CUP: Deerpark Scratch Cup is scheduled to take place over the October Bank Holiday weekend. Details later.



PICTURED AT THE KILLARNEY AVENUE HOTEL AFTER A DAY ON THE GOLF COURSE FOR KILLARNEY LEGION'S GAA GOLF CLASSIC WERE BACK ROW L-R MICHAEL O'LEARY, DAITHI MCGILLICUDDY, TOM GALVIN, JOHN CULLOTY, SPONSOR BRIAN O'SHEA OF BRIAN JAMES, ORGANISER SEAN MURPHY, DIARMUID LEAHY & TIM O'LEARY. FRONT ROW L-R ENDA WALSH, TEAM KEANE'S JEWELLERS WINNER GARY KINGSTON & TOM NASH AND PAUL TRANT. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE TEA ROOMS ON O'MAHONEYS GOLF COURSE FOR THE LEGION GAA GOLF CLASSIC AT KILLARNEY GOLF & FISHING CLUB WERE L-R MAURICE HICKEY, PADDY OSBORNE, TOM NASH, PAUL COTTER & GARY KINGSTON. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



VICTOR MULCAHY PRESENTING THE PRIZES IN THE MURPHY'S PRINT LADIES CLUB FOURSOMES TO WINNERS ANNA MARIA GALLIVAN AND TINA O'SULLIVAN WITH (LEFT) CHRISTINE CARROLL AND MARY O'CONNOR 2ND AND (RIGHT) PATSY HANLEY LADY CAPTAIN AT KILLARNEY GOLF CLUB, KILLARNEY.

WELDON'S WINTER STORAGE TIPS FOR YOUR LAWNMOWER

Your lawn mower has been a faithful fair weather companion. So at the end of the mowing season, give it the attention it deserves. Spend just a little time prepping your mower for storage over the winter, and you'll enjoy a happier reunion in spring. Here are some tips on what you can do now to be sure your mower will start easily next spring. Make sure your operator's manual is on hand for quick reference when you work on your mower.

REMOVE THE BATTERY

It's a good idea to remove your lawn mower battery for the winter and store it in a cool, dry place. Be sure to store it away from fuel cans and heaters/boilers. Disconnect the battery cable from the battery, starting with the negative cable (it will have a minus sign). Remove the battery and wipe it off with a cloth. Clean the battery terminal using a metal brush, or clean it with a battery cleaner product like the John Deere Battery Terminal Cleaner. For added protection, coat all terminals with a product like the.

CLEAN YOUR MOWER

Brush or hose off leaves, grass and mud from your mower. Always remove the spark plug lead wire from the plug before doing this or any other mower maintenance, and tape or tie it out of the way. Gently tip your walk behind mower on its side (Always air filter side up) to spray the under body with John Deere anti corrosion spray. If debris is caught on the blade, use a stick or tool to remove it - never use your hands and always wear gloves.

USE FUEL STABILIZER CORRECTLY

You shouldn't store your lawn equipment with a partially full fuel tank. Its good practice to use fuel stabilizer in a full tank of fuel. Add the stabilizer (also called fuel preserver) according to package directions. Then - and this is important - run the mower for a few minutes so that the stabilizer circulates through the carburetor. The stabilizer keeps fuel fresh for up to 6 months. Turn off the engine and completely fill the gas tank. A full tank will help



prevent moisture from condensing in the tank which can form rust that could break away and clog the carburetor.

STORE YOUR MOWER IN A DRY PLACE

Store your mower in a dry, protected place such as your garage or a garden shed. Never store it next to a furnace, water heater or appliance with a pilot light.

For more helpful tips call us on **064 6632328**

RATHMORE / GNEEVEGUILLA NEWS

by Michael O'Mahony

FASHION SHOW: On Thursday 1st October, a spectacular Fashion Show in aid of the Rathmore Branch of the Friends of the Children of Chernobyl took place in the beautifully transformed Community Centre. Up to 300 attended on the night.

Each summer the local Chernobyl group bring children from Belarus and to help defray the expenses involved, Martina Drew again this year helped to organise the Fashion Show as a fundraiser. Doors opened at 7 pm and on the night, guests were treated to a wine and cheese reception. All in all a great night, stunning models, amazing clothes reasonably priced put together by a team of people who should be very proud of themselves for pulling off such a brilliant show. The community in Rathmore and surrounding areas are already looking forward to next year's event.

NEW POSTMISTRESS & POST OFFICE: Julia Kelleher Rathmore is to be new Rathmore postmistress. She takes over on 27th October 2015 at former AIB Bank premises at West End Rathmore. Julia is taking over from Betty Lenihan who is due to retire on October 23rd 2015 next having served many years in service as Postmistress in Rathmore. We congratulate Julia in her new role and wish her well in her new challenge ahead as postmistress in post office and we thank Betty for many years of service in post office and wish her well on her retirement.

SYMPATHY: To Breda O'Leary Shinnagh Rathmore on death of her uncle the late John O'Leary former TD, Beechcroft Killarney and to the O'Leary Family.

To Anne Carolan, Shinnagh Rathmore on the death of her sister in law Bernie Crowley nee Rice, Dunkerron, Kenmare.

To Kathleen O'Leary Ard Mhuire Rathmore, on death of her sister in law Noreen Sheehan, (née Browne) Blarney.

To Michael Healy Rea TD & Danny Healy Rea MCC and all the Healy-Rae family on death their mother Julia Healy-Rae, Scrahan Mews Killarney.

RATHMORE PARISH NIGHT AT THE DOGS SATURDAY OCTOBER 24TH: Contact people have been calling to all houses in their station area seeking your support. To date there has been a great response and they thank you most sincerely for your generosity and they thank the contact people for their help with our fundraiser. The overall cost of the Renovation Project is over €300,000 therefore all donations are gratefully appreciated.

WEDDING BELLS: Congratulations to Marion Breen, Gneeveguilla who married Joseph O'Keeffe, Ballydesmond on Saturday 26th September 2015 in the Church of the Holy Rosary Gneeveguilla. The reception was held in The Malton Hotel in Killarney. We wish both of them a happy, healthy and long life together.

RAMBLING HOUSE: At Heritage Centre Scartaglen Monday 12th October 9pm. Admission free, raffle and refreshments. All are welcome.

LIFE AND WORK OF ÉAMON KELLY: Éamon Kelly An Absolute Artist" - a two-day symposium on the life and work of the celebrated Seanchaí and Actor at Teach Fáilte, Gneeveguilla, Friday 9th, and Saturday 10th, October 2015. The Éamon Kelly Symposium Committee was founded in 2015 following the success of the Éamon Kelly Remembered Event at Killarney Library on September 11th 2014.

THE OBJECTIVES OF THE SYMPOSIUM ARE:

- The celebration of Éamon Kelly's illustrious career and promotion of his incredible contribution to the arts.
- The recognition of Kelly's actual relevance within both the context of Irish cultural and social histories.
- The promotion of storytelling as an art form by means of workshops and actual performances. Born and reared in the shadow of The Paps, the man who became known to all as "The Seanchaí" was also a celebrated actor and writer. He travelled far and wide but always remained true to his home and heritage and returned to visit the Sliabh Luachra area as

often as he could. A life-sized sculpture of the performer by Don Cronin stands proudly in Gneeveguilla close to the graveyard where members of his family rest. Éamon Kelly left us a wealth of stories and memories. It seems appropriate to explore that legacy in the area that inspired and influenced him!

The Symposium is part-funded by IRD Duhallow, Kerry County Council Arts Office and Cumann Luachra.

BALLYDALY HALL: 45 Drive commencing on every Sunday at 9.00pm.

RATHMORE COMMUNITY COUNCIL AND RATHMORE COMMUNITY CENTRE COMMITTEE: Have recently put two defibrillators (AED) in place, one at the Community Centre and one opposite the Church.

These life saving devices can give a person in cardiac arrest an 80% chance of survival even before the arrival of an ambulance.

These groups plan to run certified training courses in the near future in CPR and AED use. Anyone interested in these training courses please contact Michael O' Mahoney on Tel: 0876676817 e-mail: momahony14@gmail.com.

GNEEVEGUILLA A.C: Training coaching for all girls and boys from 6 years and older every Friday night at 7pm to 8pm in Barraduff Community field. Everybody welcome.

BINGO: Rathmore Community centre every Friday night at 8.30pm. Everybody welcome:

GARVEY'S SUPER VALUE CO. GAA SENIOR CHAMPIONSHIP ROUND 3: (Result AET) congratulations to Rathmore on their winning 4-15 to Shannon Rangers 3-14 on Saturday evening last, best of luck to Rathmore as they play Dr Crokes in Quarter Final of co, senior championship in Fitzgerald stadium this Sunday October 11th at 3pm. Extra time, a part of a double header where West Kerry play Kenmare District at 1.30pm.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday,

FOSSA NOTES

LOTTO: Numbers drawn were 3, 10, 22, 24. There was no Jackpot winner and next weeks Jackpot will be €13,650.

COMHALTAS: FOSSA/TWO MILE COMHALTAS: Adult set dancing classes take place on Tuesday nights in Fossa Community Centre. Beginners 8pm, improvers and advanced 9pm. Further details Catherine 087 679 9330, everyone welcome.

SCÓR: Scór: Anyone wishing to take part in Scór na nÓg (u17) please contact Scór Officer Theresa Kissane 087 681 6169 asap.

ASTROTURF ALL WEATHER PITCH: All weather pitch at Fossa National School. Opening hours Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport are played on this floodlit pitch. Now taking bookings for birthday parties.

Contact Ger O'Connor 083 4228977 or email fossaweatherpitch@gmail.com

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie.

Please forward information before Sunday at 11am.

BEAUFORT NOTES

CLOTHES COLLECTION: With Lenrec Recycling has been confirmed by Beaufort GAA Club for Friday 9th October 2015. Enquiries to Susan 087-1276677, Mary 086-0640065 or Nora 086-1556181. Anyone who wishes to drop any

clothes etc. can leave them during the week by contact any of the people named.

PIONEER SOCIAL: Milltown/Listry Pioneer Centre are celebrating the 90th anniversary at the Killorglin Golf Club on Friday, 16th October, 2015. Music by the Singing Jarvey. Tickets 087-7442694, 087-6778129, 087-6367807.

SOUTH KERRY PLOUGHING CHAMPIONSHIPS: Beaufort Pioneer Council wish to express their most sincere thanks to everybody who visited their Stand on the day.

A look through the lens at what's happening this week



PICTURED AT THE EUROPE HOTEL FOR THE ANNUAL FOSSA FASHION SHOW WERE L-R SUSAN MORIARTY (KEANES JEWELLERS SPONOR OF BEST DRESSED LADY), CHRISTINA DOYLE, DEREK CARROLL, FINOLA LONG & DEIRDRE LEAHY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE EUROPE HOTEL FOR THE ANNUAL FOSSA FASHION SHOW WERE L-R MARGARET HEFFERNAN, ROSE HICKEY, TERESA MCSWEENEY, TIM KISSANE, JULIE GAFFEY, BETTY MORONEY & MARGARET O'BRIEN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



THE MALTON HOTEL STAFF ENJOYING THE ANNUAL FOSSA FASHION SHOW AT THE EUROPE HOTEL WITH SEANIE O'DONOGHUE. L-R ORLA FLAHERTY, MARY O'SULLIVAN, SEANIE O'DONOGHUE, DORA BROWNE, WINNER OF THE BEST DRESSED LADY, MARTINA O'LEARY & KATHLEEN BHUIYAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



KERRY BAKERS WHO WERE FINALISTS AT THE ANNUAL BLAS NA HEIREANN / IRISH FOOD AWARDS AT THE DINGLE FOOD FESTIVAL 2015 AT THE WEEKEND WERE FROM LEFT, JOSIE O'DONNELL, O'DONNELL'S BAKERY, KILLORGLIN, PADDY BARRY, BARRY'S BREAD, TRALEE, HELEN O'SULLIVAN, O'SULIVAN'S BAKERY KILLORGLIN, PAUDIE AND HELEN MCCARTHY, LARKIN'S BAKERY, MILTOWN. PHOTO DON MACMONAGLE -MACMONAGLE.COM



GERARD AND HELEN MCCARTHY, LARKIN'S BAKERY, MILTOWN, RECEIVES A GOLD MEDAL AWARD FOR THEIR BANANA AND WALNUT BREAD FROM ARTY CLIFFORD, CHAIRMAN AND JOHN BOLAND, ANDREWS INGREDIENTS AT THE ANNUAL BLAS NA HEIREANN / IRISH FOOD AWARDS AT THE DINGLE FOOD FESTIVAL 2015 AT THE WEEKEND. PHOTO DON MACMONAGLE -MACMONAGLE.COM



PETER MOSELY AND OLIVER HUGHES FROM THE DINGLE DISTILLERY A GOLD MEDAL AWARD FOR THEIR DINGLE ORIGINAL GIN FROM ARTY CLIFFORD, CHAIRMAN AT THE ANNUAL BLAS NA HEIREANN / IRISH FOOD AWARDS AT THE DINGLE FOOD FESTIVAL 2015. PHOTO DON MACMONAGLE -MACMONAGLE.COM



"MEMBERS OF FLESK VALLEY ROWING CLUB HOW COMPETED IN THE CLUB ANNUAL SCRATCH REGATTA LAST SUNDAY, SEVEN CREWS IN TOTAL COMPRISING OF UNDERAGE AND ADULTS COMPETED IN THE EVENT.

KILCUMMIN NEWS

KILCUMMIN LOOKING GOOD: Kilcummin achieved 255 points in this year's Tidy Towns Competition, an improvement of 11 points on last year. Well done to our residents for keeping houses, gardens and communal areas so well-presented.

M.S. SOUTH KERRY BRANCH: M.S. South Kerry Branch 13th Annual Sponsored Walk Old Kenmare Road Sunday 11th October 2015. Buses leaving Gleneagle car park 10am.

COMHALTAS: We would like to invite anyone interested in joining our competitive senior set over 18 to contact Mike McGurl on 087 - 6662707 as soon as possible.

SINGING CLASSES: Singing classes with Martina Ryle O'Sullivan continues every Thursday at 6.30pm in the Rural Development Office. Contact Martina 087-2971213 or John 086-1579381.

AGM: Our branch AGM will be held on Tuesday 13th October at 8.30pm in Kilcummin Rural Development Office. All members welcome and anyone interested in joining our Branch are also very welcome to attend. Could all members please bring along membership fees on the night as these are now due. All membership fees must be paid before positions can be appointed.

MEMBERSHIP: Membership is now due. €12 Adult, €6 Junior or €20 Family. Please bring

along fees to your trainers, hand in to the Rural Development Office or give to any officer at your earliest convenience.

CEOL AN GHEIMHRIDH: Ceol an Gheimhridh is fast approaching, Saturday 14th November for music and Sunday 15th for dancing. Closing date for entries is Friday 23rd October.

GAA

CREDIT UNION CO LEAGUE RD 10

KILCUMMIN 1-14 ST MICHAEL'S FOILMORE 3-6. Kilcummin secured two valuable points against St Mls/Foilmore on Saturday week Kevin McCarthy 0-5, Matthew Keane 1-3 and John McCarthy 0-3 were the chief scorers while Kieran Murphy, James Devane and Kelvin Teahon can be happy with their contributions in a very competitive game. With one game left a victory over Finuge will guarantee Div. 1 football next year.

GARVEY SENIOR CO CHAMPIONSHIP RD 3

KILCUMMIN 1-14 ST KIERANS 1-10. Last Saturday's performance gave our supporters a real boost as we overcame a good St Kierans to qualify for the last eight. Our reward is a game against South Kerry on Saturday next in Fitzgerald Stadium at 3pm. After a 1st half performance that saw us ride our luck somewhat we turned in a tremendous 2nd half display that saw us keep our opponents to two points and score 1-8 in the process. Brendan

Kealy's saves, Shane McSweeney's goal and the McCarthy brothers eight points are noteworthy but this was a team performance which was complemented by shrew management calls. Full report on GAA website. Well done to all concerned.

SET DANCING CLASSES: Set Dancing classes recommenced in Kilcummin GAA clubhouse under the direction of Marie Lehané on Wednesday 7th October at 7.30pm for beginners and 8.30pm for advanced. Contact Marie on 087 9181973. Keep fit and enjoy the company. Everyone welcome.

JUVENILE GAA: Under 16 Boys play Rathmore at home on Sunday October 11th at 12 noon in the East Kerry championship.

REGISTRATION 2016: GAA's regulations now require that all members are registered prior to 1st January each year. This has been introduced to meet the requirements of the GAA's insurance scheme. In order to facilitate registration members of the executive committee will attend after the academy on Saturday 10th October. Registration for 2016 will cost €20 euro per child. The club would appreciate the cooperation of parents in this matter.

MILLTOWN NOTES

NAGLE RICE COMMUNITY CENTRE

FUNDRAISER: 'Joker 3' weekly draw was held in Knightlys Bar last Sunday and jackpot of €2800 was not won. Winners were as follows: €100 Eanna McAuliffe, €25 Pauline Counihan Joe Daly. Down to 48 cards next week and jackpot increasing to €3000 with next draw in Karl J's Bar on Sun October 11. Thank you for your continued support.

MILLTOWN YOUTH CLUB: Milltown Youth Club are hoping to recommence activities in the coming weeks. Nagle Rice CC will be providing the Youth Club with their own dedicated space within the Centre. Volunteers are urgently required to help out and training will be given by Kerry Diocesan Youth Service personnel. If interested please contact Gina at 086-0545414.

BOOKINGS/ENQUIRIES: Any one interested in making a booking in the Centre or wishing to enquire regarding activities taking place there please contact the Centre at 066-9765941.

LISTRY NOTES

COMPUTER CLASSES: There are a few vacancies available on a basic computer course due to commence in Listry Community Centre on Wednesday A.M. 7th Oct from 10am-12noon. If interested please contact Colm on 087 0522794 immediately.

CLASSES: Listry Community Council intend to offer courses photography and cookery for both ladies and gentlemen. Anyone interested should ring Patricia on 089 4540453.

CHIROPODIST: The next chiropodist day will be Wednesday 14th October. Enquirers to Paula at 087 6606585.

LISTRY COMMUNITY COUNCIL: We intend hosting the Annual Rambling House session in Listry Community Centre on Saturday night October 10th from 7.30-11.00pm approx. This will be a night of music, song, dance, storytelling etc. Anybody who wishes to come along on the night to sing a song or perform a tune will be very welcome. Light refreshments will be served. Fear an Ti for the night will be Ted Ahern. Please come along for a great night's entertainment.

MILLTOWN /LISTRY PIONEER CENTRE: Are celebrating 90th anniversary of the centre in

Killorglin Golf Club Friday 16th October 2015. Music by the singing Jarvey. Tickets €25. Door prizes & spots. Dinner at 8.30pm sharp. For more details please contact 087 7442694. 087 6778129 or 087 6367807.

As well The Milltown/Listry Pioneer are having a special Mass in Milltown Church on Friday 16th October 2015 at 7pm. There will be silver and gold pins presented to those who are entitled to silver or gold if anyone wishes to receive. Please contact 087 7442694. 087 6778129 or 087 6367807 before 1st October.

IF YOU HAVE A STORY...

Contact Aisling on **086 0400 958** or
Email: **editorial@outlookmags.com**

PRIVATE CLASSIFIEDS - COST: Up to 20 words €5

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**** No More than 20 words ****

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Call: 064 66 36416 Mon to Fri 10am - 5pm

AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets:

Killarney - Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

Aware Support Groups are free to attend, no referral necessary.

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AVAILABLE AVAILABLE

AVAILABLE

Diggers for Hire. Dumpers self hire available - 6 ton and 12 ton. Grass cutting.

Call: Ian 087 6304241

Ed42 9380 DOG WALKER AVAILABLE

Does your pet need more exercise? I'll pick up your pooch and drop them home. Experienced dog walker with competitive rates. References available.

Call: 087 7738315

Ed41 9394

IRISH AND HOME ECONOMICS GRINDS available for all levels. Reasonable rates and willing to travel to home

Contact 087 7477758

WANTED WANTED

Ed41 8910 CHILDMINDER REQUIRED

To look after 3 children in their own home, aged 10, 8 and 4 years. Two days per week. School days only - no weekends/holidays. Drop off to Faha school required. Starting beginning of November. Listry/Faha area.

Call: 087 9646356.

Ed41 8921 CHILDMINDER WANTED

For 2 children in their own home, Mon - Tues 8.30am - 5.30pm. Occasional evenings, near Milltown.

Call: 085 8009089

Ed41 8922 CHILDMINDER REQUIRED

To look after 3 children in their own home. Including School drop off.

Call: 087 9202904.

FOR SALE

Ed42 8914

FOR SALE

Top Quality dry turf, can be delivered or collected.

Any size loads

Call: 087 2900432



FOR SALE

Unwanted gift, still in box. VIBRO TEC - Vibro Plate Exercise Machine, 1000 watt.

Normal retail price €350

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Farm reared turkeys - 9 weeks old. Price €15.

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Shop fittings.

Contact: Tony's Fossa Killarney

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Ed41 FOR SALE

Large indoor plants.

Contact: Tony's Fossa Killarney

064 66 32659

Ed41 8919

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Black turf in shed. Also standing and fallen trees. **Call: 087 1346100**



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Ed41 8902 SHED FOR RENT

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Size 7m by 11m each.

Ample parking.

Would suit a builder etc.

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Ed41 8920 TO LET

Modern en suite room in Killarney.

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THIRD LEVEL TUITION FEES - TAX RELIEF

WHO CAN CLAIM?
An individual can claim tax relief on fees paid for Third Level courses in respect of any person as long as he or she has paid the qualifying fees.

QUALIFYING FEES
Includes tuition fees (including the Student Contribution), but not examination fees, registration fees or administration fees, in respect of an approved course at an approved college.

AMOUNT OF RELIEF
Tax relief is available at the standard rate of income tax (20%) for qualifying tuition fees. The maximum limit on such qualifying fees for the academic year 2014/2015 is €7,000, per individual per course.
Per claim for 2015, the first €3,000 is disregarded in the case of a Full Time student or €1,500 is disregarded in the case of a Part Time student.

EXAMPLE: Parent with two students attending 3rd Level in 2015:

	Student 1 (Full Time)	Student 2 (Part Time)	Total
Tuition Fees	6,000	2,500	8,500
Student Contribution	3,000	1,500	4,500
Total	9,000	4,000	13,000
Restricted Total	7,000	4,000	11,000
Disregard (one per claim)			(3,000)
Allowable Costs			8,000
Tax Relief @ 20 %			1,600

Allman House, Tralee Road, Killarney, Co. Kerry
T: 064 6632045 E: info@obriencoffey.ie
W: www.obriencoffey.ie

Citizens Information

Know Your Rights: FUNDING FOR COLLEGE

QUESTION

I'm unemployed and thinking about going to college. What funding is available for this?

ANSWER

Most undergraduate students attending publicly funded third-level courses for the first time will qualify for the Free Fees Initiative. You must meet criteria as regards residence, nationality and immigration status, as well as course requirements. If you qualify for free fees you do not have to pay tuition fees. There is a separate Student Contribution, which you pay to the college.

The student grant is the main financial support for students. The grant can cover all or part of your fees (if they are not already covered), the Student Contribution and provide some maintenance. To qualify for a grant, you and your course must meet certain criteria and you must pass a means test.

The Back to Education Allowance is available to people who have been getting certain social welfare payments for a set period of time before starting their course. You cannot get a Back to Education Allowance and the maintenance portion of a student grant at the same time. If you are eligible for both, you should find out which would be of more benefit to you.

The Free Fees Initiative, the student grant and the Back to Education Allowance all have rules regarding progression from previous studies. However, there are exceptions. If you intend to start a course at a level you have studied before, you should check out whether the rules on progression apply to your situation.

If you do not qualify for the Free Fees Initiative or the student grant you should find out whether Springboard can help you to return to education. Springboard provides free higher education courses for people who are unemployed.

If you have to pay tuition fees and a Student Contribution, you may qualify for tax relief. You can find out more about sources of funding, including the Student Assistance Fund for students experiencing financial hardship, on studentfinance.ie.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



Emmerdale Anniversary Preview Secrets And Surprises

Who shot Robert Sugden? It's the question on everyone's lips and it's soon to be solved in a very special episode of Emmerdale. The special Rewind episode will air as part of the soaps 43rd anniversary celebrations. The rewind episode will be an hour long special and will flashback to the night of Robert's shooting. With numerous villagers wanting revenge on Robert for all his evil deeds, who exactly pulled the trigger? That question will be answered very soon as well as the reveal of two additional secrets which will be exposed in the rewind episode. This is an episode not to be missed with the exposure of the three secrets leading to high drama for the residents of Emmerdale village.

Emmerdale Christmas Preview Stalkers And Shocks

Chas Dingle will discover very soon that someone is watching. Someone is targeting her. Chas has a stalker. This will be a huge storyline in the run up to Christmas in Emmerdale as Chas fears that Emma Barton is out to get her. However, her train of thought soon turns away from Emma. Could Chas's stalker be the person who shot Robert?

Chrissie Sugden is facing court for part to play in the recent helicopter crash but she's soon going to find herself in the middle of a love triangle as she locks lips with a local who is very much engaged to be married to someone else.

Who could Chrissie's secret lover be?

Moria Barton will be on warpath when she learns the truth about baby Johnny's paternity. Following her discovery that her son Adam Barton isn't the father of Vanessa Woodfield's baby, she will be out for blood and looking for someone to blame.



LOOKING AFTER YOUR MENTAL HEALTH

Saturday Oct 10th is **WORLD MENTAL HEALTH DAY** and we reflect on what we can do to look after our mental health? Having good mental health means that we enjoy a sense of overall wellbeing. We function well in our everyday life and feel confident and secure in ourselves. There will be times in our lives when we will need to boost our mental health and wellbeing and the following tips can help us to stay on track.

1. **Connect with Others.** Building and sustaining good relationships with others can support and enrich our lives. Good quality relationships impact positively on our wellbeing and bring great rewards.

2. **Participate in life and share interests.** Being part of a group of people with similar interests can greatly enhance our sense of belonging and is good for our mental health.

3. **Look after yourself.** Eat well and keep active. Doing activities that we enjoy such as dancing, walking or gardening can all help us to feel good about life.

4. **Volunteering** is a great way to meet people and also a great way to learn new skills. One study showed significant health benefits for those who volunteered 100 hours or more a year. Another study showed older generations had less of a decline in health and lived longer when they volunteered!

5. **Having a sense of purpose.** Knowing what's most meaningful in your life and clarifying what is important means you will spend less time focusing on unimportant things and eliminate stress.

6. **Let go** and accept what you cannot control.

7. **Deal with Stress.** Know what stresses you and how you react. Avoid stress triggers if you can and if they are unavoidable learn how to manage them. Maintaining a balanced lifestyle will help you to cope with stress. Try yoga, meditation or breathing exercises to keep stress at bay.

8. **Challenge yourself.** Take on a new challenge or learn a new skill. Learning and developing new skills enhances our 'mental fitness', gives us greater confidence and a sense of achievement.

9. **Gratitude.** Being grateful for what is working well in our lives and for what we have is important for our mental health.

10. **Practice mindfulness.** Focusing our attention on the present moment helps us to not get caught up thinking about the past or worrying and planning for the future.

If you are worried about your own mental health, speak to a GP or a professional. Drop in today to SouthWest Counselling Centre to talk to a professional.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine** provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call **064 6636416**. SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Please support us at our **CHARITY COFFEE MORNING** on **Wednesday 21st October**, The **Royal Hotel**, Killarney from 10am to noon. Celebrating 21 years' service to the community.

Health Matters....

With Dr. Michael Moloney

OSTEOARTHRITIS

CONTINUED...

TREATMENT

Pain control can be achieved by thermotherapy (heat packs) and acupuncture (strong evidence to support its use in knee pain).

Medication may be needed in many cases. Paracetamol is a particularly effective and safe painkiller which does not lose its effect over time.

Medication with codeine (eg solpadeine) are also effective but may carry side effects such as constipation, if used regularly.

Steroid injections may be an option if a joint becomes badly inflamed.

FOOD SUPPLEMENTS

Glucosamine and chondroitin supplements have become popular in recent years. These are chemicals that are part of the make-up of normal cartilage. The theory is that taking one or both of these supplements may help to improve and repair damaged cartilage. There is mixed evidence as to whether or not these supplements help with OA

A large study was published in the British Medical Journal (BMJ) in 2010. This analysed 10 research trials of glucosamine and chondroitin supplements, involving over 3,800 patients with knee and hip OA. The conclusion of the study was that the supplements appeared to be no better than a placebo (a dummy tablet) at relieving pain.

But, there was considerable correspondence that followed the BMJ study. Some writers were critical of the study's design and conclusions and some cited other studies and individual cases that seemed to show some benefit from glucosamine and chondroitin.

Note: You should not take glucosamine if you are allergic to shellfish. Glucosamine may also interact with warfarin. You should talk to your doctor or pharmacist before you take glucosamine if you are on warfarin treatment.

SURGERY FOR OA

Most people with OA do not have it badly enough to need surgery. However, OA of a joint may become severe in some cases. Some joints can be replaced with artificial joints. Hip and knee replacement surgery has become a standard treatment for severe OA of these joints. Some other joints can also be replaced.

Joint replacement surgery has a high success rate. However, like any operation, joint replacement surgery is not without risk.



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WELL DONE

My praise this week has to go to the three 7 year old boys from Faha, that asked their families and friends to donate money to a charity instead of buying them presents.

As reported in Killarney Outlook two weeks ago Lee Cirillo, David McCarthy and Ronan McKeon, who are in First Class in Faha National School donated €110.

Jimmy Norman an aircraft engineer from Dublin, his wife Anne Marie and their friends set up the Aoiheann Pink Tie charity to help other families and children stricken by cancer following the death of their own little daughter who died six days before her 8th birthday.

Mr. Norman says he was inspired by his brave little girl who bought a dress for a pal in hospital out of her own money and while was at his daughter's bedside he became aware of how parking charges, lengthy overnight hospital stays and parents having to give up work all took their financial toll. It is estimated more than 300 families have been helped so far by the charity.

Well done boys, while we have children like you the future of the Country is in safe hands.

Well Done also to the Credit Unions in Kerry who have pledged a donation of up to €25,000 to help provide food, water and first medical aid to child refugees and migrants who have lost their parents or guardians and a big thank you to everyone that have helped the refugees in any way.

TIPS FOR SAFE AND COMFORTABLE AIR TRAVEL

- Drink a bottle of water before you get on the flight, so you start your journey well hydrated. If you hate buying bottled water, carry an empty water bottle through security and fill it as soon as you're through.

- Use a saline nasal solution or nasal mist to keep your nasal passages moist (just follow the directions on the bottle), which effectively boosts your body's own germ-flushing action. Or try applying a small amount of Neosporin or petroleum jelly just inside the nostrils (use a Q-tip if your hands aren't freshly washed). The steam from hot drinks, like tea, coffee, and hot chocolate, is also an effective way to keep the mucous membranes moist.

- Since heat kills most food-borne bacteria,

pay close attention to whether your airline meal is served piping hot. If you see evidence that a meal wasn't heated thoroughly, such as a still-frozen or cold spot in the center, send it back. Make sure all snacks and sandwiches are served in plastic.

- If you suspect a fellow passenger to be a germ dispenser, ask the flight attendant if you can move. You can either be truthful about the situation or try another tactic, such as volunteering to be in an exit row, asking to be closer to the bathroom, or offering to switch places with someone who wants to sit closer to children or other family members. If moving isn't an option, take steps to protect yourself. If someone behind you is coughing or sneezing, don't tip your seat back, which brings you closer. If the person hacking away is in the row in front of you, tip your seat back; gaining even a few inches can be protective.

- There's no substitute for hand washing as a first line of defence against all types of illness. Wash your hands before and after you get on the plane, using a paper towel to turn off the faucet so you don't pick up more germs before you're out the door. And don't forget to scrub under the nails; a recent study found that this is where up to 70 percent of germs hide.

ANSWER TO LAST WEEKS RIDDLE

What has to be broken before you can use it?
An egg.

QUOTE FOR THIS WEEK

"In the end, it's not the years in your life that count. It's the life in your years"- Abraham Lincoln.

ON THIS DATE – OCTOBER 9TH

1635 - Founder of Rhode Island Roger Williams banished from Massachusetts Bay Colony as a religious dissident after he spoke out against punishments for religious offences and giving away Native American land.

1651 - The Navigation Act provided that goods imported to any Commonwealth land should be transported only on English ships.

1701 - The Collegiate School of Connecticut (later renamed Yale University) chartered in Old Saybrook, Connecticut.

1776 - Father Francisco Palou founded Mission San Francisco de Asis in what is now San Francisco, California.

1804 - Hobart, capital of Tasmania, founded.

1837 - Meeting at the U.S. Naval Academy established the U.S. Naval Institute.

1873 - The earliest recorded sheepdog trials, held in Wales.

1913 - Birth of golfer Harry Bradshaw near Delgany, Co. Wicklow.

1939 - Hitler authorised 'mercy killings' of the 'disabled' in Germany. More than 200,000 people died as a result

1978 - Birth of Nicky Byrne in Dublin, singer with the boyband Westlife

RIDDLE FOR THIS WEEK

What belongs to you but is used more by others? Answer next week!

TONGUE TWISTER

The winkle ship sank and the shrimp ship swam.

DOG ABANDONED WITH HEARTBREAKING NOTE

When Joey was abandoned, tied to a pole with a sign around his neck, no one who passed was brave enough to approach him. He was terrified, barking and growling at people because he didn't know where he was or if anyone would try to hurt him.

The sign around his neck read, "My name is Joey. I am looking for a home. Please take care of me!" It seemed that no one would step up to help him, until the most unlikely person did. A woman named Lisa who was living in her broken down van in San Pedro, California, saw Joey and his plight, and knew that somehow, she had to help him. Lisa tried to enlist help to get Joey somewhere safe, but the local shelter told her that she would need to bring him there herself. Seeing as Lisa's van didn't work and she refused to leave Joey suffering, there was only one other choice: to walk Joey the three miles to the shelter.

Lisa was injured and walking long distances was a struggle, but that didn't stop her. She was in a ton of pain when she finally arrived, but she had made it, and Joey was safe. Joey was eventually rescued by Forte Animal Rescue. Four months later, he was adopted into his forever family and seemed to be a completely different dog.

The community of San Pedro heard about all that Lisa had done for Joey, and decided that they wanted to repay her. A fundraiser was started for her to help get her back on her feet, and it raised \$3,590. Lisa was able to use the money to get her van fixed and start moving her life in the right direction again.

If Lisa hadn't stopped to help Joey, she never would have gotten the attention of the community and received the help that she needed. Lisa may have saved Joey, but in a way, he saved her as well. It just goes to show that a little act of kindness can go a long way.

WORLD'S FIRST SOLAR AIRPORT

Officials at Cochin airport in the south-western state of Kerala in India say the 46,000 solar panels laid out across 45 acres of land will not only power the airport but they will produce an excess that will boost the state's electricity grid.

The project's designers say between 50,000 and 60,000 units of electricity will be supplied each day by the 12 megawatt plant, commissioned by the German multinational engineering and electronics company Bosch. India, which relies heavily on coal-fired power plants for its energy, is the world's fourth biggest emitter of greenhouse gases (GHGs), sending nearly 1.3 million tonnes into the atmosphere each year. China is the world's biggest polluter, with annual GHG emissions of more than six million tonnes.

Other airports in India are now being urged by the government to follow Cochin's lead. The Netaji Subash Chandra Bose International Airport in Kolkata, West Bengal is already planning to set up a 15 megawatt solar plant on 60 acres of land.

Around the world, other airports are adopting solar power to run all or part of their ground operations.

OCTOBER 2ND WAS WORLD DAY FOR FARMED ANIMALS

Last year on the 32nd annual World Day for Farmed Animals, over 12,000 people in 95 different countries on six continents participated in the Fast Against Slaughter. There were also candlelight vigils, marches, cage-ins, information tables, exhibits, video screenings, and more.

Activists in Great Britain protested outside a McDonald's restaurant, groups in Russia organized leafleting and outreach events, and activists demonstrated at slaughterhouses in 14 cities in the United States and 4 in Canada,

WORLD'S LARGEST CLEAN ENERGY PRODUCER PER CAPITA

Until the 1970s, Iceland was classified as a developing country by the United Nations Development Programme. For centuries it was among the poorest in Europe, a nation dominated by sheep farming, fishing and a dirty energy mix of fossil fuel, imported oil and coal.

In the decades that followed, Iceland radically transformed its energy system to one that relies on domestic renewable sources. Today, all of Iceland's electric power is generated by hydropower and geothermal energy, and about 95 percent of the nation's heating demands are warmed by geothermal means. This was accomplished through localized, profit-driven initiatives led by communities, small villages and individual entrepreneurs.

Iceland's president, Ólafur Ragnar Grímsson, has had a great deal to do with the country's turnaround during his 19 year tenure as he has been a tireless advocate of sustainable development and an outspoken leader in climate action.

MORE THAN ONE MILLION MALARIA CASES EACH YEAR DUE TO AFRICAN DAMS, STUDY FINDS

The connection between dams and malaria has long been known. The stagnant water of reservoirs and the puddles along their shorelines create perfect conditions for the Anopheles mosquito, which transmits malaria, to breed.

The researchers identified 723 dams that are located in Sub-Saharan areas where malaria prevails. Close to 15 million people live within 5 kilometers of their reservoirs – the maximum distance that Anopheles mosquitoes can fly. The researchers found that these people suffer more than 1.1 million additional malaria cases per year due to the reservoirs. In other words, one out of thirteen people in the vicinity of such reservoirs suffers from dam-induced malaria – year for year. The 442,000 people who live near the 60 proposed dam sites in Africa's malaria regions are expected to suffer an additional 56,000 malaria cases every year if the dams are built.

105 YEAR OLD SPRINTER

A Japanese centenarian broke one sprinting record recently, but was still disappointed he didn't break a second record the same day.

Hidekichi Miyazaki celebrated his 105th birthday on the day before he became the world's oldest competitive sprinter. His time for 100m was 42.22 seconds, but that fell short of his personal best of 34.10 seconds which he set at the tender age of 103.

"I wanted to shave off a few more seconds as I got 36 seconds while training," Mr. Miyazaki said after completing his run. His world record is still intact and will likely remain untouched for years to come.

Mr. Miyazaki did not start running until he was in his 90s, and is now known as the "Golden Bolt," a tribute to Jamaican gold medalist and world's fastest man Usain Bolt. Mr. Miyazaki was asked about the secret to his success and he responded by saying "The doctors are all surprised. It's all about being in good health".

WOULD YOU LIKE TO BUY A VERY SPECIAL DIAMOND?

The Blue Moon diamond is a 12.03 carat gem and is internally flawless. Until recently it was thought to be priceless. It's now scheduled to go up for auction and is expected to fetch a record \$55 million. The diamond was discovered in South Africa in January of 2014 and will be exhibited in Hong Kong, London

and New York before being auctioned in Sotheby's in Geneva on November 11th.

In November 2010, A 24.78 carat pink diamond called the Graff Pink sold in Geneva for a shade over \$46 million. The record for a blue diamond came last November in New York when a 9.75 carat gem sold for \$32.6 million.

COULDN'T THE POLICE LET THIS ONE GO?

Surveillance video in New Jersey caught a man taking a phone from a display on September 11th and showed the man return the phone, along with a handwritten note four days later. The man wrote he is out of work and his children are in need and took the phone thinking of the money he would get for selling it.

The store owner and his daughter said they are not interested in pursuing legal action against the man and said they hope that the man has learned a lesson. But the police said they will pursue the investigation and said the man should turn himself in to police.


BE CAREFUL WHERE AND HOW YOU KILL A SPIDER

A man with Arachnophobia killed a spider and started a fire at a Michigan petrol station and his own car at the same time. The man was not injured and only one pump at the petrol station was damaged. A female petrol station employee hit the petrol automatic stop button and called the fire department when she witnessed the man take out a lighter and tried to burn up a spider.

The man grabbed a fire extinguisher and put out the flames before firefighters arrived on the scene. He admitted he was afraid of spiders and just had to do something about the spider that had been crawling on the outside of his petrol tank.

FINALLY THIS WEEK

A man was driving and saw a truck stalled on the side of the highway that had ten penguins standing next to it. The man pulled over and asked the truck driver if he needed any help. The truck driver replied, "If you can take these penguins to the zoo while I wait for AAA that will be great!" The man agreed and the penguins hopped into the back of his car. Two hours later, the trucker was back on the road again and decided to check on the penguins. He showed up at the zoo and they weren't there! He headed back into his truck and started driving around the town, looking for any sign of the penguins, the man, or his car. While driving past a movie theater, the truck driver spotted the guy walking out with the ten penguins. The truck driver yelled, "What are you doing? You were supposed to take them to the zoo!" The man replied, "I did and then I had some extra money so I took them to go see a movie."



A WORD OF VICTORY

Welcome back dear reader there was great interest in the phenomenon of the recent Blood Moon and its significance. It was the last of a series of four blood moons known as a Tetrad, the first one was on 15th April 2014 the second on 8th October 2014, the third on April 4th this year and the final one on Sunday 27th September last. All of these Blood Moons fell on important Jewish feast days. The past three Tetrads that took place on major Jewish feast days were firstly in 1493-94 after Spain's King Ferdinand commanded that all Jews convert to Catholicism or leave Spain. He then began the forced expulsion of Jewish people from Spain, slaughtering thousands who wouldn't comply. The next tetrad occurred in 1949-50 just after Israel was granted the status of nationhood by the United Nations. The last one occurred in 1967-68 when Israel brought Jerusalem back under Jewish control. Clearly these signs in the Moon at those times had a direct connection with events in Jewish history (Google it for yourself friend). NASA tell us that such signs will not appear again on Jewish feasts for six hundred years. Again four Blood Moons and an eclipse of the sun happened on major Jewish festivals during this Tetrad with a direct connection to the nation of Israel and Jerusalem (Joel 2:31). As we watch events taking place in the Middle East today with Russian military might building up in Syria we hear of President Assad giving seventy five tanks to Hezbollah in Lebanon who are the sworn enemies of Israel and the President of Iran hurling hatred and threats of extermination to Israel - a time bomb has been set ready to explode which will bring about the Gog and allies war as prophesied in the Bible (see Ezekiel 38-39) where the Islamic nations allied with Russia will come against Israel but Jesus Himself will fight for Israel and their enemies will be totally annihilated. More next week...

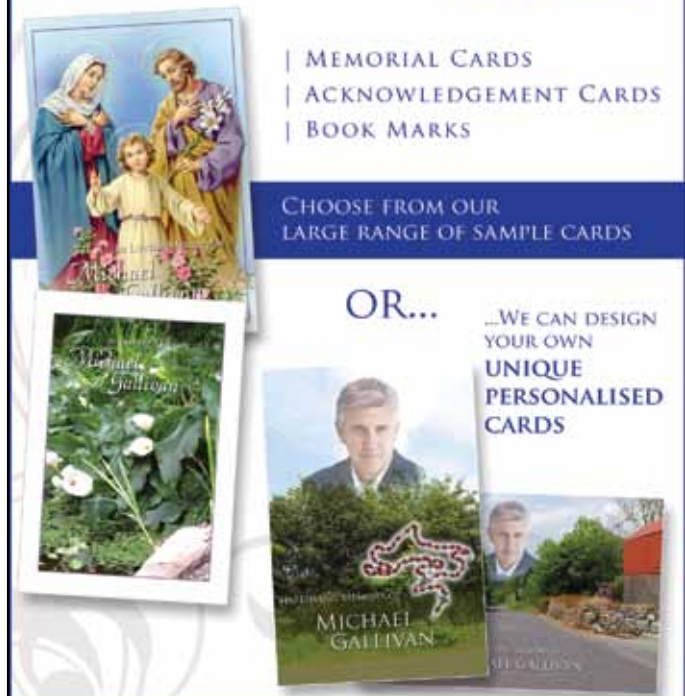
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NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes, St. Padre Pio, St. Clare, Our Lady of Mount Carmel, Divine Mercy St. Faustina, St Michael Archangel and St Anthony for health favours received.

D&A

THANK YOU TO

St. Expedite, St. Anthony and all the Saints.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received.

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass You who never delays, I come to you in need: (Clearly express what you want and ask him to find a way to get it to you) Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise) Be quick. Saint Expedite! Grant my wish before your candle burns out and I will glorify your name Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion. For anyone in need say this prayer and your request will be granted. My request was granted. Amen.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL
O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. Amen. Say this prayer for 3 consecutive days. Must publish prayer and it will be granted to you.

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

ACKNOWLEDGEMENT & 1ST ANNIVERSARY



In Loving Memory of

MOSSIE LYNCH

Gullane, Gneeveguilla
who died on the 12th October 2014

As we lovingly remember Mossie on this his first anniversary, we his family, wife Sheila, daughters Majella and Geraldine, son Tomás and the extended family would like to express our sincere gratitude to all those who sympathised with us during our sad loss.

We take this opportunity to thank our families, friends, neighbours and Mossie's work colleagues who helped us and provided us with comfort and support during Mossie's illness.

To those who attended the removal, Requiem Mass and burial and those who travelled long distances, sent floral tributes, Mass cards, messages of sympathy and to all who formed the guard of honour - thank you.

We would like to thank Dr McDonnell, the public health nurses, home helps, St Joseph's Day Care Centre Rathmore and the Alzheimer's society for making it possible to keep Mossie in his home environment for as long as possible during his illness. This was hugely important to us as a family.

To the staff of the Killarney Community Hospital, thank you for the care, dignity and respect afforded to Mossie during his final weeks.

Special thanks to Fr Pat O'Donnell, Fr Kevin McNamara, Fr Jim Kennelly, Fr Larry Kelly and Fr Patrick Twomey for the beautiful and memorable Requiem Mass. Thanks to Sean O'Mahony Undertaker for his kindness and professionalism and to Mary Dilworth for the beautiful Church music.

To the gravediggers, ladies committee for the food provided after the funeral Mass and to Gneeveguilla GAA for providing traffic stewarding during the funeral - thank you.

As it is impossible to thank each one individually we hope that this acknowledgement will be accepted by all as a token of our appreciation.

The holy sacrifice of the Mass has been offered for your intention.

Anniversary Mass for Mossie will be celebrated on Sunday 1st November at 10am in The Church of the Holy Rosary Gneeveguilla.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted. **J.D.**

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the world forever, Amen."

Pray, whether you believe or not.

Publish on the 9th day.

Your request will be granted no matter how impossible it may seem.

Favour often granted on the third day.

THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately. Favour granted after 3 days.

PRAYER TO ST. MARTIN DE PORRES

Most humble Saint Martin whose burning charity embraces all, but especially those who are sick, afflicted or in need, we turn to you for help in our present difficulties and we implore you to obtain for us from God health of soul and body, and in particular the favour we now ask...

May we, by imitating your charity and humility, find quiet and contentment all our days, and cheerful submission to God's holy will in all the trials and difficulties of life. Amen.

PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.

In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.

ST THERESE

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you. Amen. Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Angels and Saints and the Holy Spirit. ✕

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked for many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your Father sees it. Then in his merciful eyes it will become your favor not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

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PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. Amen. This prayer must be said for three days and after that the request will be granted and the prayer must be published. thank you for favours received.

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

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