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As the children settle into school and the autumn leaves begin to turn there is still lots happening in the town of Killarney. Models in recovery from cancer took to the catwalk at the INEC last weekend for an amazing show which was attended by Majella O'Donnell.

September is Childhood Cancer Awareness Month and this week Killarney Outlook highlight the Light it Up Gold Campaign. Killarney held its top ten ranking in the IBAL litter Survey and the tidy towns committee, local council workers and numerous volunteers should take a bow.

There are lots more pictures of the little ones who have started their school journey taken by Killarney Outlook photographer Marie Carroll O'Sullivan and a Killarney woman tells how she overcame her crippling fear of flying.

So sit back relax and enjoy this week's Killarney Outlook.

*Aisling Crosbie,
Editor.*

MODELS IN RECOVERY STEAL THE SHOW

On Thursday night last at a packed INEC models in recovery from cancer took to the catwalk in aid of the Killarney Branch of the Kerry Hospice Foundation. From all walks of life, the models who were joined by Majella O'Donnell on the night showcased some of the best boutiques in Killarney. Style was on display from MacBee's, The Pill Box, Quills Menswear, Kerry's Boutique, Wisteria Boutique, Wardrobe, New Look. Annette's Abbeyfeale, Brian James and Deirdre's Fashions. With an audience of over 800 there were some fabulous prizes with Dr. John Geaney coming away with the prize for best dressed man while Aoife O'Shea from Killorglin won the best dressed woman award. The prize of a designer gown created by Don O'Neill was won by Angela Teahan from Cromane in Killorglin. Speaking to the Killarney Outlook, organiser and chairman of the Killarney Branch of the Kerry Hospice Foundation Pat Doolan said:

"I would like to thank everyone who helped in any way to organise this wonderful event. And a special thank you to Majella O'Donnell who travelled for the occasion".



PICTURED WITH MAJELLA O'DONNELL AT THE INEC FOR THE KERRY HOSPICE FASHION SHOW WERE THE MODELS IN RECOVERY. SEATED IN FRONT L-R MARGARET SOMERS & TERESA MCSWEENEY. SEATED MIDDLE L-R JOHN HEALY, ANN MANGAN, JULIETTE CULLOTY, MAJELLA O'DONNELL, MARTINA DINEEN & DONAL HAYES. BACK ROW L-R TOMMY FRANK O'CONNOR, BERNIE O'SULLIVAN, FIONA GALLAGHER, MAGS KELLY, ANDY O'SULLIVAN, MARY JOY KELLY, MARY REGAN, DERMOT CROWLEY & MIKE WALSH. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE INEC TO SUPPORT THE KERRY HOSPICE FASHION SHOW WERE L-R BRIGET CLARKE, BREEDA NEESON, ITA LOONEY & MELLA O'CONNELL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



SUPPORTING THE KERRY HOSPICE AT THEIR ANNUAL FASHION SHOW AT THE INEC WERE L-R CHRISTINA TANGNEY, NIAL O'SULLIVAN & CLAIRE TANGNEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



HITTING THE CATWALK IN STYLE AT THE KERRY HOSPICE FASHION SHOW AT THE INEC WERE L-R BERNIE O'SULLIVAN, ANDY O'SULLIVAN, FIONA GALLAGHER & CATHAL WALSHE. LADIES WEARING MACBEE'S & GENTLEMEN IN QUILLS MENSWEAR.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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INEC GOES GOLD FOR CANCER AWARENESS MONTH



The INEC is set to go gold tonight for the performance of the High Kings in support of Childhood Cancer Awareness Month.

"The INEC Killarney are delighted to join the host of National and International buildings in 'Lighting Up Gold' for Childhood Cancer Awareness. This is our 4th year taking part in this fantastic initiative which shines a light on the bravery of children dealing with cancer", Ceara Scanlon PR and Marketing Manager at the INEC told the Killarney Outlook.

There are currently at least five children from the Killarney area battling cancer. The Childhood Cancer Foundation launched the 4th annual Light It Up Gold campaign with a Candle Lit

Walk in Dublin City Centre on Saturday last, 3rd September. St Patrick's Cathedral will light up gold for the event and throughout September for Childhood Cancer Awareness Month. As part of the international campaign Mary Claire Rennick of Childhood Cancer Foundation told the Killarney Outlook "We are getting a great response from buildings across Ireland. The campaign is spreading every year with buildings across Ireland and the UK joining international landmarks. My own daughter was diagnosed with leukaemia in February 2013 and prior to that I was completely unaware of childhood cancer, as parents who have experienced this disease we want to ensure that everyone is aware. Increased awareness will improve early detection and increase understanding among policy makers and communities which will hopefully reduce the isolation of families going through childhood cancer treatment and side effects. Awareness will also lead to improved funding for supports and services for families and funding for research into childhood cancer." Over 200 children are diagnosed with cancer each year in Ireland. That's 4 families each week who hear the devastating news that their



THE HIGH KINGS WILL BE APPEARING IN THE INEC TONIGHT.

child, brother, sister or grandchild has cancer. Childhood cancer is the biggest cause of death by disease in children in Ireland. The campaign features candle lit walks around the country. These walks and candlelit vigils serve to recognise and support the bravery of children undergoing treatment, honour the survivors and remember all the boys and girls who have tragically lost their young lives to this disease. These events are family friendly.

Between August 4th and September 4th this year five children who were patients in St. John's Cancer ward in Crumlin Children's Hospital have passed away.

O'CALLAGHAN COACH HOLIDAYS LAUNCH 2017 BROCHURE!



THE O'CALLAGHAN FAMILY ENJOYING THE LAUNCH OF THEIR NEW 2017 COACH TOUR BROCHURE, AT THEIR PREMISES IN ROCKFIELD KILLARNEY. L-R PHILIP, JIMMY, SEAMUS, CATRIONA & EAMON O'CALLAGHAN.

O'Callaghan Coach Holidays welcomed a great crowd to their offices on Tralee Rd, Killarney on Thursday September 8th for the launch of their 2017 brochure. There was great excitement on the morning of the launch with Radio Kerry's Francis Jones setting up his live broadcast in the Coach Holidays office. Minutes before Francis went live on Radio Kerry the crowds started to arrive for their morning tea and scones. Francis interviewed some of their regular customers and the drivers who were very happy to speak about their experiences travelling with O' Callaghan Coach Holidays.

The family run business has been going from strength to strength over the past five years and continually expanding their portfolio of tours. The Coach Holidays team work with people of all ages for their private and scheduled tours, with everything from day trips to longer tours within Ireland, the UK and Europe. As well as the special interest tours such as farming shows and walking holidays, they also run family-friendly day trips, overnight sightseeing tours, music weekends and tours for the history buffs! An exciting development is an increase in the "Special Interest Holidays" such as the Guided

Walking Holidays, with both Croagh Patrick and Ben Nevis included in the new brochure. O'Callaghan Coach Holidays will also be running supporters coaches to all the Kerry GAA games next year, as well as coaches to international rugby and soccer games and Dublin concerts. They pick up passengers from various locations across Kerry, Cork & Limerick to different destinations such as the Scottish Highlands, The Wild Atlantic Way, Donegal, Dublin and Belfast to name just a few! New exciting holidays next year include Historic Dublin, Ireland's Ancient East, Kilkenny Castle, Rothe House & Nicholas Mosse Pottery, Yorkshire's Moors & Railways, Ancient Stonehenge to Charming Canterbury, Lille and the Windmills of Holland as well as a new 8-day tour to Lourdes next June. There are no luggage restrictions, no airports, you just sit on the coach and let O'Callaghan Coach Holidays worry about the rest! The Christmas trips to Dublin are gaining in popularity year on year and with 7 travel dates this year already filling up fast, O'Callaghan Coach Holidays have added extra dates for 2017, as well as the Galway Christmas Markets, the Birmingham Christmas Markets and Christmas Shopping trips to Belfast! If you have any queries or want further information contact us on **064-66-31095**, email us at **info@ocallaghancoachholidays.ie** / website - **www.ocallaghancoachholidays.ie** or text your name and address to **087-2611188** to receive a new 2017 brochure directly in the post.

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THE SKY IS THE LIMIT FOR ORLAITH

A Killarney woman who suffered a crippling fear of flying hardly has her feet on the ground these days. Orlaith Monks who is from Beaufort hadn't been on a plane for 30 years when her daughter suggested a holiday in Portugal to celebrate her 21st Birthday.

"Within a few days the holiday was booked and then it all became very real and the panic set in. I was going to have to fly and I hadn't been in a plane in 30 years. I couldn't even look at them in the sky I was so terrified!! I think it was a control thing and if I could be up in the cockpit flying the plane myself the fear might not be as bad",



ORLAITH MONKS.

Orlaith told the Killarney Outlook. "I remembered having heard a radio programme about fear of flying and the fact that there was a course you could do to help you. I emailed Fly Fearless and Michael Comyn who gives the course very kindly fitted me in at very

short notice".

The course itself is held at the back of Dublin Airport and is done in a day. "It was great that I knew I wasn't the only one afraid and that everyone in the room were there for the same thing. Michael went through everyone's fears no matter how big or small they were and broke them down rationally for everyone. He explained in great detail a typical flight from arriving at the airport to landing at your destination. All the sounds, noises and bells you hear, to the experience of turbulence and how to cope with it. He gave distraction methods to take one's mind off the take off or landing or maybe just if one started to feel nervous mid flight. Everyone took a flight in a simulator and experienced all these things for themselves and it made it very real for us". "As my holiday was due a week after the course and the fact I was in Dublin airport anyway, I had booked a flight to Kerry Airport. I felt that if I was to go to Portugal I would have to see first that I could do it and not turn back at the airport. I told nobody I booked it so as not to put pressure on myself and when the course finished I headed to the terminal and negotiated my way round the airport on my own for the first time and flew home". "That was 4 years ago and I have



ORLAITH MONKS WITH MICHAEL COMYN OF FLY FEARLESS PICTURED ON THE MORNING SHOW ON TV3.

lost count of the number of flights I have taken since. The course has opened up a new life for me and my family and I couldn't recommend it more to anyone who like me was terrified. If I could do it there is no stopping anybody.

The morning show on TV 3 with Martin and Sybil were doing a segment on fear of flying and invited Michael and myself on to speak about the course and my own experience so hopefully I encouraged others to take the plunge and conquer their fears also", she added.

EVERY CUP COUNTS FOR HOSPICE ON THURSDAY THE 15TH

Kerry Hospice Foundation are calling on everyone to get on board for Ireland's Biggest Coffee Morning for Hospice together with Bewley's on Thursday 15th September. That's the day when people everywhere will share a cup of Bewley's coffee to support their local hospice and their vital work caring for people in their local communities nationwide. It's really easy to take part. Hospice Chairperson Ted Moynihan is looking forward to the day. "This is a very important day for the local Hospice in Kerry and I hope people take some time out to support it" In Killarney the main event will take place in the Royal Hotel, with other coffee mornings taking place at the Killarney Credit Union and also at O'Brien's Sandwich Bar in the

Killarney Outlet Centre.

Register at www.hospicecoffeemorning.ie to get your free Bewley's fresh ground coffee pack. You can also contact your local hospice by calling **1890 717 000**. Or go along to any nearby coffee morning for your local hospice. This year is Ireland's 24th Biggest Coffee Morning for Hospice since the major annual fundraiser first started in 1993 with some €32m raised to date. Last year, Kerry Hospice Foundation raised over €44,600 through 33 coffee mornings. Bewley's provides all the coffee free of charge nationwide and all money raised locally goes directly to local hospice care services.



TED MOYNIHAN CHAIRPERSON OF KERRY HOSPICE LOOKING FORWARD TO THEIR ANNUAL COFFEE MORNING ON THURSDAY. ALL MONEY RAISED IN KERRY STAYS IN KERRY. PIC: JOE HANLEY.

NEW ARTS AND CULTURE SLOT ANNOUNCED



ANNOUNCING DETAILS OF THE NEW ARTS SLOT ON THE SATURDAY SUPPLEMENT ON RADIO KERRY - L-R: KATE KENNELLY (ARTS OFFICER, KERRY COUNTY COUNCIL), FRANK LEWIS (RADIO KERRY), MOIRA MURRELL (CHIEF EXECUTIVE, KERRY COUNTY COUNCIL).

A new monthly arts and culture slot which will be broadcast on Radio Kerry once a month has been launched by Kerry County Council. 'Creative Kingdom' is a new feature which will be aired on the second Saturday of every month as part of the Saturday Supplement programme with Frank Lewis.

Supported by Kerry County Council, the monthly half-hour broadcast will be a lively mix of news, views and reviews from the arts sector in Kerry and will showcase what is happening

in the arts in the county.

Beginning on Saturday, 10 September, 'Creative Kingdom' will be broadcast on the second Saturday of every month from 10.30am to 11am during the Saturday Supplement programme.

It will focus on different genres, the people who work behind the scenes in the arts and the most creative people working in the sector in Kerry today.

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MANY CHANGES AT KILLARNEY COMMUNITY COLLEGE

As the new Academic year begins, staff and students at Killarney Community College are returning to some new changes. Fiona O'Brien has been seconded by JCT in a Leadership capacity and Stella Loughnane who has been Deputy Principal for 8 years is now taking over as Principal of the College. The college now welcomes Eilish O'Leary as the New Deputy Principal. Eilish has worked in the College and students young and old will remember her as the Business teacher and PLC tutor. The college is pleased to be taking on 6 new teachers in a variety of teaching capacities.

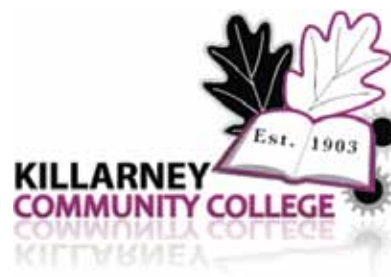
NEW BUILDING: Currently due to growing numbers in the college we were granted four new class rooms by the department of education and skills. These rooms will be fully equipped with wifi, data projectors. The Parents council fund-raised to create a foyer / meeting space between the rooms along with a corridor out into the new wing. We have a beautiful tree on the property that was important to us to preserve so we took this into account when planning, and also designed a walled window so that the tree is now a focal point of the foyer. As the college now moves to one hour classes (first in the town to do this!!) room for teachers and students to participate in active classroom methodologies and instructional strategies is now paramount. The building was also designed to be 'future proofed' so that if we are

ever fortunate enough to receive more funding in the future we will be in a position to continue this style of modern build. The college has also just completed a comprehensive renovation of all bathrooms, all are now brand new!

CURRICULUM CHANGES: Following lengthy research and whole staff discussion the college has decided to move to one-hour classes starting this academic year. There are many reasons for this change, but it is primarily to improve the teaching and learning experience for all of our students. By introducing one-hour classes we aim to:

- Facilitate a more active learning environment for all students.
- Create more interactive classrooms that are student centred.
- Improve group work, and embed peer learning.
- Increase inquiry based learning.
- Solidify varied teaching methodologies.
- Facilitate the implementation of good formative assessment practices.
- Meanwhile, this new structure falls in line with the requirements of the revised Junior Certificate Curriculum.

Killarney Community College is the first school in the Killarney area to take on this progressive challenge. It is our hope that students will take more responsibility for their learning as they will be more active participants. Students should



become more focused but less stressed as they are now preparing for six classes (instead of 9) a day. Bags should be lighter, and students more organised. There will be time now for positive student/teacher collaboration in the class. There should also be evidence of an improved atmosphere in the school building as there will be less disruption and time lost when changing over of classes. The time allocation and class contact time of each subject has been carefully calculated, and adjusted where necessary so that over the course of study students receive the correct amount of time.

As with any major change in our college we will monitor and review this progressive new initiative at the end of the year with teachers, parents, and students.

***Excellence in Learning for Life,
through Respect, Responsibility and Inclusion.***

MAJOR EUROPEAN YOUTH MEETING FOR KILLARNEY



THE GOVERNING BODY OF ERYICA (THE EUROPEAN YOUTH INFORMATION AND COUNSELLING AGENCY) MET IN KILLARNEY AS PART OF AN ENHANCED ENGAGEMENT IN IRELAND. THE MEETING WHICH IS BEING ORGANISED BY KDYS (KERRY DIOCESAN YOUTH SERVICE) AND YOUTH WORK IRELAND, WILL EXAMINE A VARIETY OF EU WIDE TOPICS RELEVANT TO YOUNG PEOPLE AND YOUTH SERVICES TODAY. DELEGATES AT MEETING INCLUDED, MAYOR OF KILLARNEY MUNICIPAL AREA CLLR BRENDAN CRONIN, PRESIDENT OF KILLARNEY CHAMBER OF TOURISM AND COMMERCE, KATE O'LEARY, ANGELA McALLEN, DIRECTOR OF SERVICES KILLARNEY MUNICIPAL AREA, FR GER GODLEY, KDYS, TIM O'DONOGHUE, DIRECTOR KDYS SERVICES, JAANA FEDOTOFF, CEO, ERYICA, STUDENTS AND STAFF FROM KDYS. PHOTO: VALERIE O'SULLIVAN.

The Governing Body of ERYICA (The European Youth Information and Counselling Agency) is meeting this week in Killarney as part of an enhanced engagement in Ireland. The meeting which is being organised by KDYS and Youth Work Ireland, will examine a variety of EU wide topics relevant to young people and youth services today. The main focus of ERYICA is supporting and promoting quality general youth information policy and practice

at all levels, a process which KDYS lead on in Kerry and Youth Work Ireland nationally. The meeting and an associated seminar in Dublin next week will work to further develop critical areas of youth information provision in Ireland and throughout the EU. ERYICA is composed of national bodies (non-governmental or governmental) which seek to guarantee the right of young people to full and reliable information, which helps them make the

choices they face in their lives, and which promotes their autonomy and their active participation in a democratic society.

Tim O'Donoghue, Director of KDYS Services said;- "We are delighted to bring this significant European meeting to Kerry and to host it in our Youth Centre in Killarney. This is a key part of our ambition to develop our Killarney Centre into a formally approved 'European Youth Centre' under the Council of Europe. If successful the Killarney Centre will be the first European Youth Centre in Ireland and will represent and strengthen Ireland's commitment to Youth Development in Europe. This will, most importantly, open up new opportunities for local young people and professionals to access many opportunities across Europe under a range of European initiatives." "Ireland has a particularly strong and proud record in supporting the provision of youth information and has been the model and inspiration to many other European countries. The Irish voice on this

matter therefore commands respect at a European Level. The meeting of ERYICA in Kerry will formulate a strong message emphasising the critical importance of Youth Information Services and for the new Youth Strategy currently being formulated by the European Commission to strongly support the right of young people to quality and appropriate information." Said Patrick Burke, CEO of Youth Work Ireland.



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The Killarney Unit has been serving the Community of Killarney and its environs for the past 76 years. If you would like to become part of our Unit, or need further information, please contact

killarney@orderofmalta.ie or telephone 087-220 0399

RECRUITMENT DRIVE

**on Friday 16th Sept in our rooms located at the rear of the Pastoral Centre, Rock Road,
call anytime between 7pm and 9pm**

CHARITIES TO JOIN IN THE FUN AT PLOUGHING

With over €60,000 generated for good causes in the past two years, the South Kerry Ploughing Championships and Harvest Show is a major source of fundraising for local charities and next Sunday's big event at Fleming's Farm in Fossa will continue that great work.

The four beneficiaries this year will be the Kerry branch of the Irish Kidney Association, Down Syndrome Kerry, the Irish Pilgrimage Trust and the Kerry Cancer Support Group's Kerry-Cork Health Link Bus and representatives of all four charities will be in attendance on the day to host a number of novel promotions and sideshows. The Kerry branch of the Irish Kidney Association is running a fabulous raffle with a first prize of a stunning vintage 1948 Ford Anglia Tombstone up for grabs and a runner-up prize of a helicopter ride over the Lakes of Killarney. Tickets are €10 a line and all proceeds will go to the charity and its holiday support centres. The draw will take place at the South Kerry Ploughing Championships awards night on October 8. The Kerry branch of the Irish Kidney Association will also display a full size dialysis machine on the day and volunteers will be distributing organ donor cards to interested members of the public. Down Syndrome Kerry will have a marquee at the ploughing with a children's corner to include nail painting, tattoos and face painting and Killarney hairdresser Julie Healy will also be providing children's haircuts, in a specially adapted rally car, on the day.

The charity's aim is to raise as much money as possible to provide vital services to members



103 YEARS OLD MICHAEL O'CONNOR AT THE WHEEL OF A VINTAGE FORD CAR WHICH WILL BE RAFFLED AT THE SOUTH KERRY PLOUGHING CHAMPIONSHIPS AND HARVEST SHOW WHICH WILL TAKE PLACE ON FLEMING'S FARM, FOSSA, KILLARNEY ON SEPTEMBER 11TH. PHOTO DON MACMONAGLE.

as the group does not receive funding from the HSE. Any money raised will stay locally and Down Syndrome Kerry will also avail of the opportunity to raffle a sleek Berg Buddy John Deere with the draw taking place at ploughing championships at 5.00pm.

The Irish Pilgrimage Trust is a children's charity that has been bringing young people with a variety of special needs, from all over Ireland, on pilgrimage and holiday to Lourdes for over 40 years. The Trust has over 1,100 people travelling at Easter time and it is divided into small groups of approximately 10 to 12 young people and 12 volunteer carers.

Often forgotten but just as important, the week also provides respite for parents and families from what can often be a very demanding life of care. All monies raised for the Trust goes towards travelling expenses for guests, with

carers paying their own way. The charity will also have a raffle on the day for two All-Ireland football final tickets with Kerry v Galway in the minor decider and Mayo v Dublin in the seniors. The Kerry-Cork Health Link Bus team will be present on the day with a pop-up shop providing teas, coffees, cold drinks and snacks as well as information and a chat. However, if you want a real treat on the day make sure you visit their very special chocolate fountain.

The Kerry-Cork Health Link Bus is the group's signature service, providing a 25-seater bus which travels to and from hospitals in Cork five days a week, bringing the service user for treatment free of charge.

The bus serves Kerry and parts of West Cork and complete confidentiality is guaranteed. The service is a vital one and has been described, by users, as a travelling support group.

CULTURE NIGHT HAS SOMETHING FOR EVERYONE



BILLY KEANE, KIERAN MACKESSY (WINNER OF U12 MELODEON AT FLEADH CHEOIL NA HÉIREANN 2016), KATE KENNELLY ARTS OFFICER KCC, JOHN O'DOWD OF F-FEST, CAITRIONA FALLON OF SIAMSA TÍRE AND CLAUDIA KOHLER OF KERRY COUNTY MUSEUM.

Culture Night in the Killarney Municipal District is packed full of events – as well as the launch of the Kerry Visual Artists' Showcase, in Killarney town there are events that cover art, film, music, theatre and literature. Scartaglin Heritage Centre hosts the launch of the 2016/17 Handed Down series with Jackie Daly and Matt Cranitch

in concert. 'I'm delighted to be Kerry's Culture Night ambassador', says Billy Keane, county ambassador for Culture Night 2016.

'Culture is about people coming together, telling stories, dancing listening to music, poetry. It is part of everyday life in Kerry and it is great that Culture Night shines a light on the

importance of our living culture across Kerry.' Killarney's Culture Night and the Kerry Visual Artists' Showcase 2016 will both be launched by the Cathaoirleach of Kerry, Cllr. Michael O'Shea at 5 pm at the Department of Arts, Heritage, Regional, Rural and Gaeltacht Affairs on Friday 16th September.

The Cathaoirleach of the Killarney Municipal District, Cllr Brendan Cronin will launch Culture Night at the Scartaglin Heritage Centre before the concert.

In Kilcummin, the Rambling House will be full of musicians, storytellers, singer and dancers and teas and refreshments will be served. In Tureencahill Community Centre, all that's best in Sliabh Luachra talent will be celebrated and there will be a set dancing céilí at Fossa with the Uí Bhriain Céilí Band and teas and refreshments will also be served.

Culture Night 2016 is on Friday 16th September. Arts and cultural organisations open their doors until late with free events, tours, talks & performances for you, your family and friends to enjoy. So get involved!

All events are online at www.culturenight.ie and www.culturekerry.com. The printed programme is available at Killarney Library, Killarney Tourist Office and Kerry County Council.

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WHERE MEMBERS MATTER MOST



CLUB CAMARADERIE AT THE ANNUAL JERRY FOLEY U11 MEMORIAL BLITZ IN FIRIES

The tail end of a hurricane was forecasted for Saturday, 3rd September, but, somehow, it remained a calm day in Pairc Eamonn, Farranfore for the Annual Jerry Foley Memorial U11 Blitz. Jerry, a founding member of the club, would have relished at the standard of football. The U11 teams; Furies, Currow, Cromane, Milltown/Castlemaine, Kilcummin, Spa, Legion, Ballymcelligott and Rathmore demonstrated an array of gamesmanship qualities far beyond their youthful age. Jerry, a modest but proud clubman encompassed all what embodies pride within the parish and all of the teams played with that same vigour and passion. Following a hard-fought group stage, the semi-finals was an East versus Mid Kerry affair with Kilcummin playing Milltown/Castlemaine and Rathmore playing Cromane for a place in the final of this much coveted competition. Strong starts in both semi-final games from Kilcummin and Rathmore set the platform for their respective victories over their Mid Kerry counterparts. The scene was set for an all East Kerry finale. The final was a classic with both teams giving it their all with exceptional performances from both sides.



THE KILCUMMIN UNDER 11 TEAM - WINNERS OF THE JERRY FOLEY UNDER 11 BLITZ.

The game was nip and tuck throughout but a late goal favoured Kilcummin crowning them the winners on a score-line of 2-4 to 1-4. After the final, Joan Foley, Jerry's wife presented the annual cup to the victorious Kilcummin captain with great scenes of jubilation. Eugene Cosgrave, Furies GAA Coiste na nOg Chairman praised the visiting clubs, their mentors and

parents/guardians for their efforts in ensuring their clubs attendance, thus ensuring its success. He also commended Furies GAA clubs' volunteers and officers on their hospitality and generosity in time and effort. Finally, he expressed his gratitude to the Foley family who have resoundingly supported the continuation of this annual blitz.



THE BALLYMAC U11 TEAM.



THE CROMANE U11 TEAM.



THE CURROW U11 TEAM.



THE LEGION UNDER 11 TEAM.



THE MILLTOWN/CASTLEMAINE UNDER 11 TEAM



THE RATHMORE UNDER 11 TEAM.

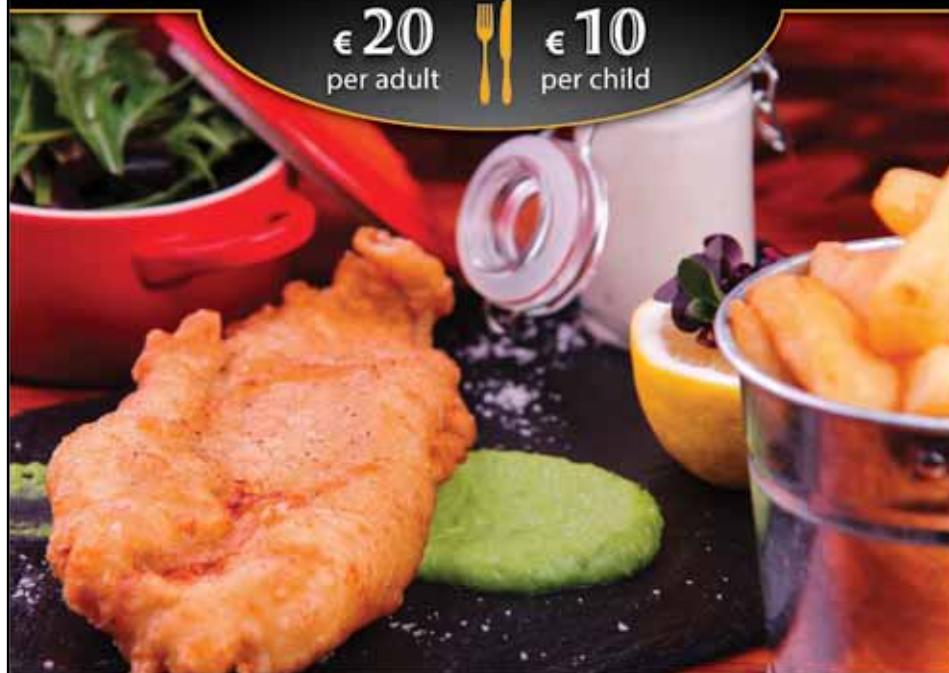
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- Easons, Listowel
- A4 Office Stationery Supplies, Killorglin
- Dingle Education Centre, Dingle



KERRY WAY ULTRA MARATHON VIEWED BY 75,000 ON LINE

The annual 200 KM gruelling Kerry Way Ultra Marathon - non stop endurance race, departed from Randles Garage, Killarney, at dawn on Friday morning as Race Director Eileen Daly saw off the Fifty two Elite runners who competed and raced solidly for 40 hours!. Barry Brennan from Dublin, became the first runner home in a blistering time of 26 hrs and 53 mins later, followed in second place by another amazing Athlete, Killarney's own Donnacha Cassidy, in a time of 29:28:33. Their epic journey of The Kerry Way, which was closely tracked online manned by Sarah Clinton, saw over 75,000 people from across the globe watch the racers progress, as they continued along the Killarney National Park, Black Valley onto the mountains of the MacGillycuddy's Reeks, bogs, ancient trails, the Iveragh Peninsula, along the Wild Atlantic Way, through, Mountain Stage, Dromid, Waterville, Caherdaniel, Sneem and Blackwater, Templenoe, Kenmare, onto the Old Kenmare Road, before arriving home to Killarney Brewery, the official finishing line. Conditions for the race were at times testing as the amount of rainfall made the terrain difficult. This year also saw a new race added called The Kerry Way Ultra Lite Marathon 55Km, Departing, Sneem Village on Saturday morning and continuing the route of The Kerry Way, through Templenoe, Kenmare town, before joining the ancient 'old road to Kenmare' track back to Killarney National Park. Robert McEvoy was the overall winner of that event in a time



MIKE SANDOVER, ON THE OLD KENMARE ROAD, THE FINAL LEG OF THE KERRY WAY ULTRA LITE 55KM NON STOP MARATHON FROM SNEEM TO KILLARNEY. THE NON STOP RACE, SAW ENDURANCE RUNNERS RACE THE KERRY WAY THROUGH TEMPLENOE, KENMARE ALONG THE WILD ATLANTIC WAY, PASSING ANCIENT TRAILS, OLD ROADS AND COASTAL CLIFFS. PHOTO: VALERIE O'SULLIVAN.

of 6:09:28, followed by Conor Kelly in a time of 6:12:48. First Lady home was Claire Morrissey, 7:25:58 followed by Lisa Staplebroek, Templenoe, 7:48:00

Athletes from Kerry, Ireland, United Kingdom, USA, Panama, and many parts of Europe, endured the most challenging of ultra marathons in Ireland. The Kerry Way Ultra Marathon has awarded 4 points by the prestigious Ultra Trail du Mont Blanc (UTMB) which is a testament to the severity of the race.

Kerry Way Ultra 200KM Results

1. Barry Brennan 26:53:45.
2. Donnacha Cassidy 29:28:33.
3. Brian Kitson 29:28:33.

Ladies Kerry Way Ultra 200KM Results

1. Theresa Majeed 39:12:50.

Kerry Way Ultra Lite 55Km Results

1. Robert McEvoy 6:09:28.
2. Conor Kelly 6:12:48.
3. Joe O'Leary 6:19:06.

Ladies Kerry Way Ultra 55Km Results

1. Claire Morrissey 7:25:58.
2. Lisa Staplebroek 7:48:00.



PAUL O'CONNELL AND PAUL O'MAHONY, ON THE OLD KENMARE ROAD, THE FINAL LEG OF THE KERRY WAY ULTRA LITE 55KM NON STOP MARATHON FROM SNEEM TO KILLARNEY. PHOTO: VALERIE O'SULLIVAN.



CHANTELLE WILSON, KILLARNEY, ON THE KERRY WAY ULTRA 200KM NON STOP MARATHON THAT LEFT KILLARNEY AT DAWN ON FRIDAY MORNING. PHOTO: VALERIE O'SULLIVAN.

KILLARNEY ROTARY CLUB CALLING ALL JUNIOR BAKERS



With just a few days to go before the South Kerry Ploughing Championship and Harvest Show on Saturday 11th September to be held at Fleming's Farm in Fossa, Killarney Rotary Club are looking for young people to bake for their Charity Junior Baking Competition.

There are 2 categories:

- Under 11 boys and girls - to bake 6 cupcakes or 6 cookies
- Under 14 boys and girls - to bake a swiss-roll with a filling of their choice.

The entry fee of €1 is payable on the day, and entries must be in the designated marquee

before 3 pm with judging to start at 4 pm.

The judges will be 2014 Great Irish Bake Off winner Tracy Coyne and Kenmare foodie Karen Coakley.

Prizes have been sponsored by Aunty Nellie's Sweet Shop, Kennedy's Pet Farm, Killarney Cinema, Four Star Pizza, Penneys, The Aquila Club at The Gleneagle Hotel and many more...

So put on your aprons and brush up on your baking skills ahead of The Killarney Rotary Club Charity Junior Baking Competition at the South Kerry Ploughing Championship & Harvest Show."

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GLENEAGLE HOTEL IS VOTED TOP FAMILY-FRIENDLY HOTEL



THE GLENEAGLE HOTEL.

The Gleneagle Hotel has been voted one of Munster's top three family-friendly hotels by the readers of the Primary Times South.

The Primary Times Star Awards, which are now in their 6th year, champion the best places and best businesses in Munster for families with

young children. All the winners have been selected solely by votes from the readers of Primary Times South magazine. The other two winning hotels are the Quality Hotel in Clonakilty and the Clarion Hotel in Cork.

A number of family friendly visitor attractions were also recognised. Fota Wildlife Park won Best Outdoor Activity Centre, Monkey Maze in Glanmire won Best Indoor Activity Centre and Anyone for Science won Best Summer Camp.

"We are delighted that The Gleneagle has been named as one of Munster's top family hotels. We love when families spend their holidays here with us," says Patrick O'Donoghue, Managing Director of The Gleneagle Hotel. "As a family-run hotel, we understand better than anyone how special family holidays are. We are in the business of making precious memories that will be remembered for years to come."

KERRY MACRA NEWS



Macra na Feirme

Kerry Macra hosted Crystal Blake on an exchange with Canada Macra recently. During Crystals short stay in Kerry she enjoyed seeing the National Park and Inch beach. Kerry Macra would like to thank everyone that helped host Crystal.

Aileen Cullinane of Killeentierna Macra was this years representative for the county in Miss Macra Festival which took place this year in Thurles. Aileen is a 21 year old student teacher. She was a founding member of Killeentierna Macra. Since joining Macra back in 2013. Aileen has participated in a wide variety of competitions such as public speaking, basketball and capers. She also represented the county in Blue Jeans County Queen Festival in 2014. During the course of the weekend Aileen along with the other contestants toured Thurles town, head off on a mystery tour and took part in a sports competition. The contestants also took part

in a private interview on Saturday during the day before their on stage interview that night in "The Dome" Semple Stadium. Well done to Aileen from all in Kerry Macra.

Kerry Macra members enjoyed a night out to Kilgarvan on the 15th of August to see Rebel hearts in Healy Raes bar. A great night was held by all.

Recently Kerry Macras county officers headed to Limerick for County officer training. It was a very informative day out. We also enjoyed a night out in Limerick that night. Thanks to all county officers that made the journey.

Christine Buckley our very own Queen of the Land was helping the festival launch the 2017 festival at Tullamore Show. Christine has been a fantastic ambassador for the festival and the county. She also recently helped launch the South Kerry Ploughing.

Mid Kerry Macra members took part in both Puck Fair parade and The Castlemaine vintage festival. They would like to thank all club members who helped make the float and also those who took part on both days.

Kerry Macra will host our know your neighbour event on the 11th of September at the South Kerry Ploughing. We would like to thank Castleisland Mart for their Sponsorship. On the day their will be mini digger challenges, milk the cow, super soaker along with lots more attractions. For more information contact Edel on **087-9461097**.

If you are aged between 17-35 and you would like to join Macra then check out our Facebook page or contact Edel on 087-9461097.

HEALY RAE'S WELCOME KILCUMMIN SEWERAGE SCHEME



CLLR MAURA HEALY RAE.

Both Danny Healy Rae TD and Cllr Maura Healy Rae this week welcomed the announcement made by Irish Water that they are progressing the Kilcummin Sewerage Scheme.

The proposed project will involve the construction of approx 8.5 kilometres of new foul sewers and a pumping station. The new sewer network will be connected to the existing Killarney town sewer system and wastewater treatment plant, it is expected that the planning application will be lodged before the end of this year we hope that there will be no further delays or complications. Kilcummin Residents have been waiting for over 30 years to be connected with the Killarney sewer network.





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PICTURED AT THE LAUNCH OF THE ANNUAL MS WALK OF THE OLD KENMARE ROAD WERE L-R MARY O'CONNOR, PAMELA WALSH, CHAIRMAN PAT O'NEILL, JOHN O'SHEA, JOSIE RYAN, ROSEMARY NOLAN, MIKE GORMAN, MARY F O'CONNOR & MICHAEL O'CONNOR.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

KNOCKANES NATIONAL SCHOOL AWARDED €500 BY ALDI'S KILLARNEY STAFF

Paul Horan Principal of Knockanes NS collected a cheque for €500 this week from Aldi. The school is the latest not-for-profit organisation to benefit from Aldi's new community support fund. Aldi's Killarney staff have awarded Knockanes National School a €500 grant in recognition of its tremendous work within the local community and to help support its vital

services. The €500 grant was presented to Paul Horan, Principal at Knockanes National School, by David Allman, Aldi's Killarney "Charity Champion".

FR. TOMÁS LECTURE AT THE LIBRARY

Kerry Archaeological and Historical Society welcome you all as one of their special 1916 events - A lecture "Frongoch Camp, Wales and Kerry's 54 P.O.Ws 1916" by Fr. Tomás Ó

Luanaigh, in Killarney Library on Tuesday next September 13th at 7.30pm. During the lecture, Fr. Tomás will give special mention to Kerry's All Ireland football Victory in Wales July 1916.

RAMBLING HOUSE

Rambling House at Heritage Centre Scartaglen Monday September 12th at 9 p.m. Admission free, raffle and refreshments. All are welcome.

MUCKROSS ICA

The Monthly meetings of the guild resume on Monday 12th September at 7.45pm in Loughguittane National School. New members always welcome.

MARIO ROSENSTOCK LIVE AT THE INEC

Kick off your Christmas festivities with the man that brought you his own take on 'Wrecking Ball', Miriam O'Callaghan, Roy Keane and 'The Special One' José Mourinho. The one and only Mario Rosenstock bring his new show 'Mario Rosenstock Live' to the INEC Killarney on December 3rd. It's been one of the must see shows of 2016 and it's back better than ever on a Nationwide tour.

Mario Rosenstock's Winter Tour has so many 2016 moments to choose from - Apple, Brexit, Trump, The Sporting Olympics - oh and that 'other' Olympics stuff too - It's all there!"

Mario teased: "The way things are going this show could be changing on a nightly basis. Bring it on!"

Tickets from €35 are now on sale from www.inec.ie or www.ticketmaster.ie

KILLARNEY MAINTAINS TOP TEN STATUS IN IBAL LITTER SURVEY

The latest survey by business group Irish Business Against Litter (IBAL) shows Killarney in 9th position in the ranking of 40 towns and cities and once again deemed "Cleaner than European Norms". The town is a former winner of the IBAL Anti Litter League.

While nearly all of Ireland's main towns are now clean, pockets of our major cities continue to suffer from significant levels of litter. The study, conducted by an Taisce, showed only two of 25 towns surveyed to be littered, but 7 of the 8 bottom places in the rankings to be occupied by city areas. IBAL says councils need to concentrate on those specific areas where the problem is worst.

The An Taisce report on Killarney stated: "Killarney has been a top performing town for a number of years in the IBAL Litter survey and this high ranking is continued in 2016. Some of the particularly good sites included High Street and Main Street, the residential area of Countess Grove and Plunkett Street - the latter had colourful windows boxes and nicely presented shop fronts."



PAUL HORAN PRINCIPAL AT KNOCKANES NATIONAL SCHOOL AND DAVID ALLMAN; ALDI'S KILLARNEY "CHARITY CHAMPION".
PHOTO: DON MACMONAGLE.

MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



WHAT TO CONSIDER BEFORE INVESTING YOUR MONEY

We often hear the words "don't put all your eggs in one basket" this applies to investing your money as well. Generally speaking a large percentage of your savings should be in capital guaranteed products. It is important to not put all of your money in one type of product or investment, if you spread your money into various types of products or investments you should be reducing your overall level of risk. Financial advisers have access to different financial providers who offer a wide variety of different investment products and these products should be explained in detail to you in plain simple English before you make up your mind as to what investments suit you best. It is also very important that risk is discussed with you in detail so that you understand what risks may or may not be attached to the products you are considering. Finally you need to know what are the costs and charges for these products and these need to be compared with different providers.

For more information or to make an appointment to discuss the above contact Dermot Cronin QFA, APA, at **064 6622775** or dermotcroninifa@gmail.com

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Rare opportunity to purchase impeccable five bedroom family home on large 0.75 acre site in mid Kerry, convenient to both Killarney and Milltown. Property has South facing views from rear to McGillicuddy Reeks Mountain Range. The property is finished to a high standard, with quality fixtures and fittings throughout. The property, while ideal as a family home, has been operated as a successful B & B by the current owners.



Price Region: **€260,000**

BER C2

'HOLLYBUSH', KILLORGLIN, CO. KERRY

'Hollybush House' is very well maintained three bedroom bungalow, conveniently located to Cromane and Douglas primary school, only 5kms from Killorglin and 2km from Ring of Kerry road. The property has south facing views towards the McGillicuddy Reeks Mountain Range. Accommodation comprises entrance hall, livingroom, kitchen/diningroom, utility room, three bedrooms and bathroom.



Price Region: **€175,000**

BER C1

PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: 47 Bruach na hAbhann, Tralee Road, Killarney. Stunning newly refurbished semi-detached house, excellent location close to Killarney town centre and all amenities, primary and secondary schools, shops etc set in a popular residential setting. The exceptional internal decor further enhances the attractiveness of this well maintained property. Oil-fired heating system. Ideal family home or investment property

Agent: ● Hennigans Auctioneers ● 66 New St., Killarney ● Tel: **064 6634582 / 087 2354416** www.daft.ie/hennigan

Asking Price: **€242,000**

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

Killarney

TOWN TALK



PICTURED AT THE LAUNCH OF THE KILLARNEY 10 MILE ROAD RACE, WHICH IS DUE TO TAKE PLACE ON SATURDAY 24TH SEPT SPONSORED BY TRICEL & CENTRA THE REEKS WERE BACK ROW L-R ORGANISER JERRY GRIFFIN, JEAN COURTNEY, ALAN RYAN (RACE DIRECTOR) & ANNETTE MURPHY. FRONT ROW HOLDING THE RICHARD CLIFFORD PERPETUAL PRIZEWINNING CUP WERE GERALDINE & AISLING CLIFFORD. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

WEDDING BELLS

Congratulations to TJ Lawlor East End Rathmore and Elizabeth Stenson, Abbeyfeale who exchanged nuptial vows recently as did Tim O'Leary Gneeveguilla and Kiera O'Connor.

SARA GRADUATES WITH TOP DEGREE

Sara Cooper who has recently graduated from a clinical and sports massage degree in the UK. The degree is the highest level training currently available in the UK and Ireland and Sara is the first and only person in Ireland to receive this qualification. Sara runs the Killarney Massage Therapy Centre at the Park Medical and Wellness Centre, Park Road, Killarney.



SARA COOPER WHO GRADUATED FROM A CLINICAL AND SPORTS MASSAGE DEGREE IN THE UK.

A BIG THANK YOU

Kerry Friends of Motor Neurone would like to take this opportunity to thank everybody who gave so generously at their recent fundraising day in Killarney town.

"We were overwhelmed at the response", Christy Lehane told the Killarney Outlook.

"We also want to thank everybody who helped with the fundraising and we can assure everybody that all of this money collected will be put to good use", he added.

KILLARNEY COME UP TRUMPS FOR CHARITIES

€4,690 was collected for MS South Kerry Branch in Killarney last Saturday during our street collection while the Friends of the Children of



PICTURED AT THE INEC TO SUPPORT THE KERRY HOSPICE FASHION SHOW WERE L-R MAIREAD MANGAN, MAGS CRONIN, TRIONA MANGAN, GRAÏNNE O'SULLIVAN & MAGS BROSNAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



MIA NIC MHATHÚNA & BRODEY NI BHRIAN, PICTURED AT GAELSCOIL FAITHLEANN ON THEIR FIRST DAY AT SCHOOL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Chernobyl collection raised €3,510.

ITS BACK TO BRIDGE TIME

Bridge will resume in the Brehon on Wednesday September 14th at 7.30 pm. We look forward to welcoming all former members back and would be especially delighted to have new members join us.

Mrs Mary O'Connor is our President for 2016-2017. She is looking forward to welcoming everybody and a busy and enjoyable year of bridge.

DISRUPTIONS DUE TO WATER MAINS REPLACEMENTS

Cllr. Brendan Cronin wants to apologise to parents in the greater Ballyhar and Aglish areas for the current disruption to the Furies School bus service due to on going major water mains replacement from Flynns Forge towards Aglish. These works are progressing well.

A second pipe laying crew will begin work next week installing 400 metres of new water mains on the road from Faha National School junction towards Rockfield, which will take two weeks approximately. I want to thank everyone concerned for their cooperation and patients for the duration of these major pipe replacement works in our locality.

Ken OSullivan & Co.

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NO. 39 MILLBROOK VILLAGE MILLTOWN

- 3 bedroom (1 en suite) semi-detached property
- Large floor area 1330 sq ft
- Exceptionally large kitchen/dining area
- Superb condition
- Looking on to large green area
- Cobble-block driveway
- Oil fired central heating
- BER C2
- Within walking distance of shops, schools etc.

Open to offers in region: €169,000



COOLEANIG, BEAUFORT

- 4 bedroom detached property
- Site area approx 0.45 acres
- Large kitchen/dining area
- Dual entrance-Tarmac driveway all around
- Oil fired central heating
- Detached shed/garage
- On both school bus routes

Open to offers in region: €190,000

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website: www.daft.ie/kenosullivan

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FOR SALE

31 Dromhall Park, Killarney

3 bed semi superbly located within walking distance of town centre and all amenities. Large corner site with independent access direct from Woodlawn road. Detached garage

Price: €255,000 BER D1



7 The Orchard, Beaufort

Superbly appointed 3 bed house in the heart of Beaufort Village. Maintained to a very high standard throughout. Private enclosed rear garden with mountain views. Ideal family/retirement/holiday home property

Price: €250,000 BER C2



Kilcummin Village, Killarney

4 Bed Bungalow on c.0.25 acre site located in Kilcummin Village. Spacious detached garage and south facing rear garden.

Price: €200,000 BER E1



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TIME FOR A CHANGE?

Tralee Road, Killarney, Co. Kerry. ● T: 064 66 31959 ● E: killarney@leanes.com

Unit 10, Westside Business Park, Monavalley Industrial Estate, Tralee, Co. Kerry. ● T: 066 7186594 ● E: tralee@leanes.com

Unit E2, Eastway Business Park, Ballysimon Road, Limerick. T: 061 440 855 ● E: limerick@leanes.com

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AT THE HEART OF YOUR HOME

HI HO HI HO ITS OFF TO SCHOOL THEY GO.....

KILLARNEY OUTLOOK PHOTOGRAPHER MARIE CARROLL O'SULLIVAN VISITED SCHOOLS IN KILLARNEY THIS WEEK TO MEET THE NEW STUDENTS ON THEIR FIRST DAY!



MUINTEOIR LOUISE NÍ MHIRCHEARTAIGH & SNA MAIRE UÍ MHIRICÚ PICTURED WITH THEIR JUNIOR INFANT CLASS AT GAELSCOIL FAITHLEANN ON THEIR FIRST DAY AT SCHOOL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



KILCUMMIN NS JUNIOR INFANT CLASS 2016 PICTURED ON THEIR FIRST DAY OF SCHOOL WITH THEIR TEACHER & PRINCIPAL GILLIAN SHEEHAN (CENTRE), RIONA O'SULLIVAN (LEFT) AND MAGS NAGLE-O'NEILL (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



MUINTEOIR SHEILA GOULDING (LEFT) & SNA ANNE O'NEILL PICTURED WITH THEIR JUNIOR INFANT CLASS 2016; ST OLIVERS NS; BALLYCASHEEN; ON THEIR FIRST DAY AT SCHOOL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THEIR FIRST DAY AT HOLY CROSS MERCY NS WERE FRONT ROW L-R CELILIM BROSNAN, EMILIJ BOKOWY, ALEKSANDRA GORSZYCA, NAIM ATAHIR & JACK BREEN. BACK ROW L-R MARCEL FUDALA, WLWIER RARO, DEREK MARTINS, MAJA BIES & IVONA OMREANIN. PICTURE MARIE CARROLL-O'SULLIVAN



RYAN O'CAOIMH PICTURED AT GAELSCOIL FAITHLEANN ON HIS FIRST DAY AT SCHOOL. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



BEST FRIENDS ON THEIR FIRST DAY AT KILCUMMIN NATIONAL SCHOOL, ELLA KATE PIGOTT (LEFT) & EMILY O'CONNOR (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808.



CONOR GALLIVAN & NAOISE FLEMING PICTURED ON THEIR FIRST DAY AT KILCUMMIN NS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



L-R BEN CASEY, MARC CREMIN & ÉANNA O'DONOGHUE PICTURED ON THEIR FIRST DAY OF SCHOOL AT HOLY CROSS MERCY NATIONAL SCHOOL WITH THEIR TEACHER ANDREW O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



LAUREN NÍ DHONNCHÚ & SOPHIE NÍ CHOLLATA ALL SMILES ON THEIR FIRST DAY AT GAELSCOIL FAITHLEANN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ALL SMILES FROM THE GIRLS AT MR O'SULLIVAN'S CLASS ON THEIR FIRST DAY AT SCHOOL AT HOLY CROSS MERCY NS BACK ROW L-R SNA KAREN SMITH, CIARA O'SULLIVAN, MUINTEOIR ANDREW O'SULLIVAN & ALIYAH O'RIORDAN. FRONT ROW L-R CAITLIN O'SULLIVAN, AMELIE OKHUS & NALINDA MEYER. PICTURE MARIE CARROLL-O'SULLIVAN



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SEE FOR YOURSELF IN THIS EXAMPLE:

FBD €869.52

Chill Insurance €798.00

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- ⌘ 30 Year old Insured and Spouse based in Kerry social use
- ⌘ Full Licence 5 years +
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- ⌘ Clear Record, No penalty points
- ⌘ Third party fire and theft cover with windscreen on a 2008 Toyota Corolla 1.4
- ⌘ Includes Step Back bonus Protection

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BEAUFORT NOTES

BEAUFORT U12 GIRLS: Sponsored by Anthony Foley Decorating had a 2-10 to 0-9 win over Cromane recently. Cromane started brightly kicking 2 points inside the first 5 minutes. Beaufort's first scoring chance came in the 7th minute with 2 points from Emma Kissane. Meabhdh Kissane and Cromane exchanged points before Saoirse Dooran had 3 points and mid-fielder Meave Coleman-Horgan added two points with Cromane having a point and had Beaufort comfortably leading at half time 0-8 to 0-4 but they had also missed a few goal scoring chances. Beaufort started the 2nd half with another goal chance but was well blocked but fell to Saoirse Dooran for a point. This was followed with a fisted point from Ellie O'Leary. Outstanding player Meabhdh Kissane scored a goal on the 37th minute while Saoirse Dooran had another goal. Though Cromane added 5 points but were unable to score goals as Beaufort were the stronger team throughout and deserved their win. All of the panel got game time.

BEAUFORT SENIOR LADIES: Sponsored by Tom Crowley of The Inn Between had a good win over Inbhear Sceine Gaels, Kenmare on Saturday evening in the Division 1 County League semi-final. Unable to defer the game Beaufort were understrength with injuries and had to call on the services of some U15 players who played very well especially Aoife Murphy in defence. Playing with the breeze in the first half Beaufort began well but hit the cross bar and upright in the first 3 minutes. Sarah Houlihan, Hannah O'Donoghue and Fiadhna Tangney were to contribute the bulk of the scores but the overall display by the defence and midfield

set up this victory.

Their next game is the Senior County Championship Final on Saturday next in Legion pitch at 6pm. All support would be welcome. They will be up against it when they take on Southern Gaels of South Kerry.

BEAUFORT SENIORS: Sponsored by Maurice Foley of MF Decorating ensured Division 2 football in 2017 with a win over neighbours Listry on Sunday. Listry settled well and had the first point from a free. Beaufort were guilty of some bad wides before they had their first score from a Fergal Hallissey free after Ronan Ferris was fouled. Good work by Niall O'Connor and Ronan Ferris led to Francis Courtney having our 2nd score. Quick thinking by Liam Carey led to a Fergal Hallissey point on 6 minutes. Listry had another free and a goal chance by Ronan Ferris was put out for a 45 which Fergal Hallissey scored. Great fielding by Sean Foley led to a Francis Courtney point. Listry answered back with 1-2. Shane O'Sullivan replaced Danny Healy. Beaufort had another free from Fergal Hallissey after Ronan Ferris was fouled to cut the lead to a point. On 24 minutes after Sean Foley again won the kick-out, set Liam Carey up for a pass to sub Shane O'Sullivan for a goal. Listry had another free to cut the lead to the minimum but Beaufort stretched the half-time lead to 2 points with a Francis Courtney point after good work by James Coffey and Fergal Hallissey. Half-time score Listry 1-5 Beaufort 1-7.

The 2nd half began well with Shane O'Sullivan picking up a break and scoring a point. Listry had a point from a free on 3 minutes. Liam Carey set Niall O'Connor up for a point after winning the kickout. High ball into the square led to a 45 which Fergal Hallissey scored to leave Beaufort leading by 4 points inside the

first 6 minutes of the half. A free from Listry was cancelled out by a point from play by Fergal Halissey after Ronan Murphy won the kick-out. Beaufort had another goal chance on 10 minutes when a quick free to Ronan Ferris was saved. Conor Breen replaced James Coffey injured. A free from Listry was cancelled out by a great free from Francis Courtney. A free from Listry narrowed the gap to 3 points. Both sides had a wide. Darragh Coffey replaced Ronan Ferris. A quick free from Liam Carey to Fergal Hallissey set Darragh Coffey up for a point. Pdraig O'Sullivan replaced Shane O'Sullivan inj. Jason Foley replaced Sean Kelliher and Jeremiah O'Sullivan replaced Michael John O'Connor. Beaufort had their last score from a free from Francis Courtney after Fergal Hallissey was fouled. Listry had their 2nd point from play to leave the final score Listry 1-9 Beaufort 1-14.

LOTTO: Results of Sunday, 4th September for jackpot of €5,800. Numbers drawn 4, 5, 14, 16. No jackpot winner, consolation prizes €80 Star of the Laune Athletic Club. €50 Ger O'Connor, Tullig, Beaufort, Patricia Foley, Keelohane, Jack O'Leary, Killarney. Next draw for jackpot of €6,000 will be held in Kate Kearney's Cottage on Sunday, 18th September

FIXTURES: Beaufort Junior men home Kenmare in Barrett Cup semi-final on Friday, 9th Sept at 6.45pm. Extra time.

Under 12 Boys away Currow, Sunday, 11th at 12 midday in East League, round 2.

Under 14 Boys home to Laune Rangers A team this week in Mid Kerry Under 14 competition. Under 12 Girls away Firies, Sunday 11th September at 6.30 pm in refixed game.

EXERCISE CLASSES: Timetable of Autumn programme of exercise classes will begin shortly.



ANNA O'SHEA SPA MUCKROSS WHO CAME FIRST IN THE GIRLS U/9 GYMNASTICS COMPETITION AT THE KERRY COMMUNITY GAMES FINALS. ANNA IS A MEMBER OF AERIALS GYMNASTICS CLUB.



AT A KILLARNEY AND DISTRICT MOTOR CLUB NIGHT OF CELEBRATION IN THE KILLARNEY AVENUE HOTEL FOR CLUB MEMBERS WERE CIARA CARMODY AND GEMMA MORONEY. PICTURE: EAMONN KEOGH.



A GROUP OF DR CROKES JUVENILE FOOTBALLERS AT THE DR CROKES GAA CLUB JUVENILE ACADEMY OPEN DAY AT LEWIS ROAD, KILLARNEY, ON SATURDAY. PICTURE: EAMONN KEOGH.



DR CROKES U-10 GIRLS SAIORSE CLIFFORD, ALI O'DONOGHUE, JOCELYN HICKEY AND SARAH COOPER ENJOYING THE DR CROKES GAA CLUB JUVENILE ACADEMY REGISTRATION AND OPEN DAY AT LEWIS ROAD, KILLARNEY, ON SATURDAY. PICTURE: EAMONN KEOGH.

****ATTENTION****

****ATTENTION****

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WE HAVE MOVED !!!

**CHECK OUT OUR BRAND NEW
SUPERSTORE NOW OPEN ON
JOHN JOE SHEEHY ROAD**

**SAME UNBEATABLE DEALS...
JUST BIGGER AND BETTER LOCATION**

RATHMORE/ GNEEVEGUILLA NEWS

by Michael O'Mahony

SLIABH LUACHRA COMHALTAS: Wow, what a fantastic All Ireland Fleadh for our branch. Congratulations and well done to everyone that took part in the competitions over the weekend, you have done yourselves very proud. Gold went to our U18 Ladies Set - Joan Brosnan, Laura and Rachel McGillicuddy, Kate Buckley, Michelle and Aoife O'Sullivan, Michelle Brosnan and Kellie O'Sullivan and also to Sean O'Keefe - Sean N6s dancing U12. Silver to Michelle O'Sullivan - English Singing Ladies U18 and also to our Senior Mixed Set - Conor Crowley, Joan Brosnan, Marie Sheehan, Kieran Browne, Ciaran O'Sullivan, Danielle Vaughan, Nial Crowley, Kellie O'Sullivan. For full results visit www.kerrycomhatlas.ie

SYMPATHY: To the family, relatives and friends of Sheila Carolan (née Scannell) Shinnagh, Rathmore, who passed away recently. May she rest in peace.

WEDDING BELLS: Congratulations to TJ Lawlor East End Rathmore who married Elizabeth Stenson Abbeyfeale recently. And also Tim O'Leary Gneeveguilla who married Kiera O'Connor recently.

BIRTHDAY WISHES: Congratulations to Fr. Michael O'Connor Mologlow, Rathmore who celebrated his 90th birthday this week, and also congratulations to Margaret Hayes Gneeveguilla who celebrated her 60th birthday with family & Friends in Torc Hotel Killarney (Darby O Gill's) last weekend.

CARNIVAL: Gneeveguilla GAA Carnival was a great success last weekend enjoyed

by all. Congratulations to Johnny Crowley representing Gullane who was elected Lord Mayor of Gneeveguilla on Friday night of the Carnival. Thanks to everyone who attended and to all the volunteers who helped organise the weekend.

CD LAUNCH: Laura Dunlea Ballydesmond will launch her new CD at The Torc Hotel Killarney (Darby O Gill's) on Saturday 10th September Dancing to Breakaway, Joe Guerin and DJ Keane (Sunday Cure). Compère on the night Dermot Moriarty. Doors open at 8pm. Adm. €10. Great night assured. All welcome.

RATHMORE COMMUNITY COUNCIL: Meeting held recently follow topic were discussed at meeting, Garden of Remembrance:

Fundraising for Rathmore area projects: GP Service; Completion of Grotto renovations: Council plans for Rathmore area: Encouraging communication & participation Auction re up keep of Rathmore. Outdoor exercise equipment. Any one that have issues that are not included can contact any member of Rathmore Community Council.

RATHMORE LADIES GAA

SENIORS: B COUNTY CHAMPIONSHIP

FINAL: Rathmore/Spa had a convincing win over Na Gaeil on Friday night in Tralee to win out the B county championship. Rathmore/Spa: 3-18 Na Gaeil: 1-7. The Seniors are also due to play in the Intermediate Final vs Scartaglin next weekend. Venue TBC.

U16S: DIVISION 1 COUNTY FINAL: Commiserations to the U16 ladies who lost out to a strong Fossa/Kilcummin side in the Division 1 County Final. Rathmore: 1-07

Fossa/Kilcummin: 1-11. Thanks to the management who looked after this team during the year. Rathmore Ladies GAA is sponsored by Donagh Hickey Centra Rathmore.

CONGRATULATIONS: To Rathmore as County Senior Football League Division 2 champions

after beating Finuge 1-17 to 2-11 last weekend

CYCLE: The Pieta House: 100 Cycle will take place in Rathmore on Sunday 25th September There will be 2 cycles (50 + 100km) starting and finishing in Rathmore GAA grounds, Rathbeg. Registration will start at 8 am. The cycle then starts at 9am. They need cyclists but they also need lots of help off the bike too!!

They urgently require: Marshalls, sandwiches and buns, as well as people to help on the food stations!!! Anyone willing to help can contact Emma on 0879004101.

PLOUGHING: South Kerry Ploughing Championship and Harvest show at Fleming's Farm Grenagh Fossa Killarney. This Sunday September 11th. 150 x Trade stands. Classic & vintage car show. Family fun fair. Rides & amusements. Maze in the maize. Food tents & stalls & much more!! Superb Family Day Out.

In aid Irish Pilgrimage Trust & Kerry Cancer support group Kerry & Cork Heath Link Bus, Down Syndrome Kerry. Further information call 0873381842. www.killarneyvinage.com

RAMBLING HOUSE: At Heritage Centre Scartaglin Monday September 12 th.at 9 p.m. Admission free, raffle and refreshments.

All are welcome.

MASTERGEEHA FC: U14 boys team look to recruit new players for the upcoming season we train on Wednesday nights from 6.30pm to 7.30pm. And play a match every second Saturday. Contact Adrajn 086 6069573.

TEA DANCE: Sliabh luachra Active Retired Network will hold a Tea Dance on Sunday September 11th 2016 in Ballymacelligott Community Centre hosted by Ballymacelligott Active Retired. Starting at 2.30pm music song and crack, tea will be served.

NOTES: if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm. Sunday,

FOSSA NOTES

LOTTO: Numbers drawn were 10, 14, 17, 26. There was no jackpot winner and the €40 consolation prize winners were Breda Moynihan, Headford, Eileen Flemming, Gortroe, Ted Coffey, Aughacurreen, Eileen Scully, c/o Carsons Beaufort and Sheila Murphy, The Grove Aghadoe. Next weeks jackpot will be €9,900.

SENIORS: The senior team lost their 100% record when they were beaten by Na Gaeil in the final round of the County League in Tralee on Sunday. Missing a number of our regular players, this was always going to be a tough assignment and so it turned out to be, however it also means that we will have to play Na Gaeil again to decide who wins Division 4 of the league, this game will be fixed in the next week or so.

U16 COUNTY FINAL - DIVISION 4

FOSSA 5-05 NA GAEL 0-10: Fossa arrived in Fies on Wednesday evening for the County final against Na Gaeil as underdogs - on the way to the final, Fossa had lost to Na Gaeil by 15 points in round one. The game started brightly and Na Gaeil were first off the mark with a good

point. Final score of Fossa 5-5 to Na Gaeil 10 points. Great credit is due to Adrian Sheehan and his management team of Billy Leary, Dominic Rintoul and Mick O'Sullivan. One could see the effort that was put in by the way the team played, great spirit and a toughness that was very evident from the minute the ball was thrown in. The winner's trophy was presented to the captain, Cian O'Shea, by Tom Keane on behalf of the competition sponsor Supervalu.

U-16 GIRLS DIVISION 1 FINAL: A huge congrats to our U-16 Ladies footballers who defeated Rathmore in the County League Division 1 Final in Beaufort on Sunday evening. In spite of being down by two points at half time and conceding a goal at the start of the second half, Fossa produced a storming second half display to finish very strongly and kicked some brilliant scores. This was a team performance with everyone, subs included, playing their part and captain, Ciara Griffin accepted the trophy on behalf of her jubilant teammates! Final score, Fossa 1-11, Rathmore 1-06.

RACE NIGHT FUNDRAISER: Fossa Gaa

are running a race night on Saturday 29th October towards funding the purchase and development of a juvenile playing pitch in 2.1 acres adjoining our current premises in Gortroe. It will be held in The Golden Nugget and over the next month club finance committee members will be asking for your support in the undertaking. Each horse costs €90 which can be bought outright or broken down into three at €30 for owner, €30 for trainer and €30 for jockey. Please support the club in the investment for this and future generations.

KILLARNEY LIBRARY: On Tuesday 13th September, Kerry Archaeological & Historical Society will host a lecture at Killarney Library entitled Frongoch Camp, Wales & Kerry POWs 1916. The lecture will be delivered by Fr. Tom Looney and commences at 7.30pm. Free admission.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.



www.macroomfoodfestival.com

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THURSDAY 22

8.00pm

VINTAGE TEA DANCE

sponsored by Macroom Motors at **The Castle Hotel** Tickets €10 per person. Groups welcome. Call 026 20520 to book.

FRIDAY 23

7.00pm

OFFICIAL FESTIVAL OPENING

at **The Riverside Park Hotel**
at 7.00pm

7.30pm

AN ARTISIAN AFFAIR

In conjunction with Taste Cork
An exquisite tasting menu extravaganza, prepared by the finest local chefs and producers, using top quality local ingredients. Entertainment, live music & dancing til late.

The Riverside Park Hotel
Tickets €35

SATURDAY 24

11.00am – 1.00pm

KID'S ZONE

Main Square, Macroom
Something for kids of all ages.



2.00pm – 5.00pm

TASTE TRAIL

Follow the taste trail balloons to taste your way around town.
€3 per taster at participating venues.

5.00pm – 7.00pm

INTERNATIONAL FLAVOURS MARQUEE

Main Square, Macroom

Taste your way around the world, sampling typical traditional dishes from a variety of countries. €3 (or a taste trail ticket)

7.00pm – 9.00pm

EVENING TASTE TRAIL

Follow the taste trail balloons to taste your way around town.
€3 per taster at participating venues

8.00pm

COMEDY SHOW

'SUPER ORGANIC ME' TOMIE JAMES

The Castle Hotel
Tickets €15 including drinks reception



SUNDAY 25

11.00am – 6.00pm

MONSTER OUTDOOR FOOD MARKET

on the **Main Square, Macroom**, featuring over 70 stalls from Macroom, Cork, Munster & beyond, selling world class artisan food & drinks. The market stalls are run by the producers themselves, providing visitors an opportunity to learn first-hand about the products and processes.



HILARIOUS KIDS' FUN & ENTERTAINMENT

On **The Main Square**. Face painting, balloon magic and interactive wackiness from **Circus Outside the Box**

LIVE MUSIC

from the **Army Band of the Southern Command** & some more surprises

A SERIES OF FOOD TALKS

At **The Town Hall** (follow the signs)

Join us for a super line up of Cork's renowned foodies on

- 11.30 - Coffee Cupping with Golden Bean, West Cork Coffee and Badger & Dodo
- 12.30 - Floral Design with Hana of Hanako Floral Studio
- 13.30 - Local Cheese Expo with Coolea, Sunview Goats and Toonsbridge Dairy
- 14.30 - Panel Discussion with Joe McNamee, Denis Cotter, Jack McCarthy, Caroline Robinson & Ned McCarthy
- 15.30 - Sourdough Bread demonstration

DANONE NUTRICIA FIRST 1000 DAYS SCHOOLS COOK-OFF

Secondary Schools battle it out, cooking in the open air 1.00pm and 3.30pm

THE SECRET SUPPER

A three course dining experience...but you don't know where you're going until the night itself. Meet at the **Castle Hotel** at 6pm sharp. You will be transported to your mystery dining venue. Reconvene after dinner for **Live Music, Festival Awards Ceremony and Closing Party**. Tickets €27.50 from Church Lane Restaurant



Cork County Council
Cahirle Corrae Charities

Killarney-Macroom Municipal District



MUSGRAVE
ESTD 1854



Munster Garden Sheds



KILCUMMIN NEWS

COMHALTAS: Comhaltas after a very successful Fleadh and a fabulous evening celebrating our successes last Monday evening, we would like to invite all our members to our first branch meeting after the summer break which will be held on Tuesday 13th September at 8.30pm in the Rural Development Office. All welcome.

SINGING CLASSES: Singing Classes with Martina Ryle O'Sullivan will commence on Thursday 22nd September in the Rural Dev. Office. Contact: Martina 087-2971213 or John 086-1579381.

JUNIOR SET DANCING: Junior Set Dancing for children five years upwards will commence on Friday September 23rd in the Recreational Hall. Enrolment will take place on Friday 16th September from 7 to 7.30pm. These classes are open to all school going children from Kilcummin and beyond. For information contact Mary or John Moriarty on 087 9620135 or 086 1579381.

VOCAL COACHING LESSONS: Renowned coach vocalist Elaine Canning will be running one to one vocal coaching lessons, starting Tuesday 20th September at the Rural Development Office. Elaine has travelled the world as Michael Flatley's singer in Lord of the Dance. Her coaching experience includes The West End, The Voice of Ireland, TG4, Junior Eurovision and RTE Reality Show Meet the McDonagh's. For more information contact www.elainecanning.com or 087-7665005.

KILCUMMIN GAA

SENIOR FOOTBALL: Our senior team had a resounding victory over Glenbeigh/Glencar on Sunday last. Five goals from the boots of Mikey O'Shea, Noel Duggan, Philip Casey, Kevin McCarthy and Shane Smyth were not enough to maintain our Division 1 status as events in Tralee saw Kerins O'Rahillys lose to John Mitchells. So after four years in the top flight we will play in Division 2 next year but there are many positives and promising players to help us to compete well there. We now turn our attention to the Co. Championship play off against Milltown/Castlemaine on October 2nd in Castleisland and the O'Donoghue Cup



AT A KILLARNEY AND DISTRICT MOTOR CLUB NIGHT OF CELEBRATION IN THE KILLARNEY AVENUE HOTEL FOR CLUB MEMBERS ON THE INTERNATIONAL STAGE WERE FRONT FROM LEFT, ANTHONY O'CONNOR (RALLY CLERK OF THE COURSE), NOEL O'SULLIVAN (WRC RALLY POLAND WINNER) AND DIARMUID CRONIN (CLUB CHAIRMAN). BACK FROM LEFT ARE LIAM CRONIN (TREASURER), JOHNNY HICKEY (PRO), KEVIN FLANNERY, MIKE MORIARTY, BREDA O'DRISCOLL, JASON O'BRIEN AND DENIS WALSH. PICTURE: EAMONN KEOGH.

fixture against Glenflesk.

JUNIOR FOOTBALL: Our Junior team were defeated in the Final of the Co League Group 4 by Glenbeigh/Glencar on Friday last in Beaufort. Final score was 1-7 to 1-10 with Shane Smyth finishing a good move to the Glenbeigh net. Mikey O'Shea 0-3. Chris Keane 0-3 and Gavin O'Leary 0-1 were the other scorers but it wasn't enough and we lost our second final of the year. Great credit is due to Sean B Doherty, Tommy Cooper and Alan Doolan who put a lot of work into this team during the year and the players who committed to competing in this grade. **LADIES FOOTBALL:** Kilcummin Ladies play in the Junior A Championship final on this Friday September 9th at 6.30pm in Farranfore against Austin Stacks. The winners will go on to represent Kerry in the Munster Championship. It is so important to support these girls, so get on the colours and be there on Friday and cheer them home.

GAA DRAW: 1st Prize Philip O'Connor 1 night B/B in Killarney Park Hotel. 2nd Prize Nelius McCarthy 2 nights B/B in Maritime Hotel Bantry. 3rd Prize Declan McCarthy, Knockanore 24 Piece Newbridge Cutlery.

UNDER 14 GIRLS: Play Inbhear Sceine Gaels at home at 6.30pm on 10th September.

UNDER 12 BOYS: Play Kenmare at home on 11th September at 12 noon.

RAMBLING HOUSE: The Kilcummin Rambling House will be open for Culture Night 16th September at the Kilcummin GAA Hall from 8.30. Admission free, tae, braic, ceol agus craic, Failte isteach

KILCUMMIN PARENT & TODDLER GROUP:

Continues on Mondays from 10.30 – 12.30 in the Recreational Hall – all welcome. For further information please contact Maureen on 087-2883479.

VACANCY: Is presently available on the Kilcummin Rural Dev. C.E. Scheme for an Office Administrator in Kilcummin. This position is a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your Local DSP employment services/Intro office to check your eligibility. To apply please forward C.V. & PPS No. for the attention of the supervisor to the Office by post or email to info@kilcumminparish.com Further info. contact John 086-1579381.

GLENFLESK NOTES

GLENFLESK SENIORS (SPONSORED BY THE JARVEYS REST): Our Seniors finished off their Co League campaign with a draw against Laune Rangers leaving them on 11 points and 5th place in the table. Well done to the players and management on an excellent campaign.

GLENFLESK LOTTO: No winner of the lotto which took place in Spillanes on 29th August 2016. Jackpot - €2800. Numbers were 8, 12, 20, 24.

1. Paul Kelly Shronedraugh (Yearly ticket).
 2. Cait O'Connor Knockanes. Spillanes (sellers prize)
 3. Pat Murphy Knockanes.
 4. De De O'Leary Coracow.
 5. Derry Healy.
- The next draw will take place in the Corner Bar

on 12th September and the Jackpot is €3000.

SET DANCING: 'Set-dancing' classes started back in hall on Wednesday 7th September and continue next Wednesday September 14th, 5.30-7pm. Beginners and all age groups welcome. Contact Linda on 087 6423683 or Jennifer on 086 1037496.

"PATRICK" RETURNS: The hit Drama "Patrick" returns to the INEC on Thursday October 27th after a hugely successful run in May. Despite requests from other venues in Kerry, Dublin, Cork and London this will be your final chance to see this brilliant play. Tickets are available from the INEC box office.

RAHEEN N.S.: Congratulations to Bernadine

Roche who had the winning lotto no. 13 on Saturday the 27th of August and to Ann and Stuart Roche who had the winning lotto no.22 on Saturday the 3rd of September.

BARRADUFF COMMUNITY FIELD 300 CLUB: Sept 2016 Prize Draw Winners. Congratulations to the following.

€500: Gerry & Trish Warren Shronedarragh.

€100: Emer & Bryan Crowley Rathbeg.

€100: Vera Healy/Donal Lehane Annagh.

€100: Jim & Denis Mahony Headford.

€100: Rose Crowley Shinnagh Rathmore.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.



www.culturenight.ie
www.culturekerry.com

CULTURE NIGHT

Oíche Chultúir

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Dingle	Behind SuperValu	09.15	13.15	17.15	€10	€15
Annascaul	Crossroads west of town	09.35	13.35	17.35	€10	€15
Inch Beach	Beach Entrance	09.42	13.42	17.42	€10	€15
Castlemaine	Post Office	09.57	13.57	17.57	€8	€12
Milltown	Opp. Post Office	10.02	14.02	18.02	€8	€12
Aghadoe	Opp. Youth Hostel	10.15	14.15	18.15	€3	€5
Killarney	Rock Road	10.20	14.20	18.20		
Killarney	Coach Park, Lewis Rd	10.30	14.30	18.30		

Seats available on a first come, first served basis

KILLARNEY TO DINGLE

Stop	Location	Mon - Sun	Mon - Sun	Mon - Sun	One Way	Return
Killarney	Coach Park, Lewis Rd	11.15	15.00	19.15	€10	€15
Killarney	Rock Road	11.20	15.05	19.20	€10	€15
Aghadoe	Youth Hostel	11.25	15.10	19.25	€10	€15
Milltown	Post Office	11.40	15.25	19.40	€10	€15
Castlemaine	Kelihers	11.45	15.30	19.45	€8	€12
Inch Beach	Beach Entrance	12.02	15.47	20.02	€5	€8
Annascaul	Crossroads west of town	12.10	15.55	20.10	€5	€8
Dingle	Behind SuperValu	12.35	16.20	20.35		

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FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



SKIPPING BREAKFAST

· Give yourself time, if you find that the morning are all rush rush rush and busy flying around getting the kids ready, then do a little bit of preplanning the night before; get the kids uniforms ready, lunches made, washes on, breakfast on the table and ready to go. Spend the time after 7pm doing a small bit of prep work instead of throwing yourself down with a cup of tea and biscuits or a glass of wine. We often complain that we have no "time" yet we have plenty of time to eat junk! So be precious with your time and use it wisely. It won't take you long and you will have plenty of time to kick up the feet for a cup of camomile tea and an early night in bed, making sure to set the alarm a bit earlier so you can get up before everyone else and ground yourself for the busy day ahead.

· If you are a person that never liked breakfast and always have this perception that it has to be a boring bowl of porridge then think again. Find a healthy breakfast option that you will enjoy and really be excited about having in the morning, if you don't like it then you won't stick to it.

· Breakfast doesn't have to be anything large. I prefer eating light in the morning and grazing away through the morning on healthy snacks.

If you are struggling and need some help please drop me a text 0877643449 or email fitnesswithedele@hotmail.com and I'd be happy to set up a private consultation to go through your individual assessment and give you all the tools to make some positive habit changes for life!

OUTLOOK FASHION



The best at-home method to keep diamonds sparkling: liquid dishwasher detergent and an old toothbrush.

HEALTH TIP

GRAZE 5 TO 6 TIMES A DAY

Instead of sticking to just three meals a day, try grazing. Grazing means try having 5 or 6 smaller meals instead of three king sized meals. It is an excellent way of having smaller quantities of food.



Beauty tip Bronzer

Too much bronzer is a nightmare for pale skin. Opt for an illuminating cream or light powder to get a glow.



WHY YOU NEED TO LOVE YOUR BODY!

The body's purpose is to protect, contain, support and inspire and fire the soul or spirit within it. The body is a repository for our feelings, emotions, memories, longings, desires, dreams, hopes and wishes. It propels us and compels us and fills us with feeling. It is within our body that we understand that we exist. We are **HERE!** Our body gives us grounding, weight, gravity and substance. If we only think of our body in terms of being able to leave it so that we can fly free and soar to the spirit then we have missed the point of being alive. It is the body that informs the soul of what it means to be fully alive. It is only through the body's experiences that the soul can find its fullest expression. Every time you think a thought there is a corresponding movement response within your body. What you think becomes a "felt" sensation. If you are always self critical, judgmental or hard on yourself your body will mirror and reflect this back in the way that you experience feelings. You may find your stomach tensing or your shoulders contracting. Your breath may become shallow or you may realize you are subconsciously holding your breath in a "freeze" response. There is a saying that our issues get trapped in our tissues.

Loving your body isn't just some whimsical notion – it's the precursor to health, vitality and happiness! Your body is always responding to the relationship that you have with **YOU!** Every second of every day your body is giving you a moment by moment "printout" of how you are and if what you are doing, thinking, eating and believing is working for you or not. You cannot judge a body by how it looks – only by how it feels. So, choose to feel **LOVED!**

Remember that my Chakranetics Mindful Movement Classes begin at the Travel Inn, Fossa on Monday 12th September at 7.30pm and Tuesday 13th September at 10.00am. Please book your place asap!

066 9766374 | life_coachingunlimited@yahoo.ie



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Contact Sara 087-2922851
www.killarneymassagetherapycentre.ie

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makeup and style



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Spiritual Intuitive Energy Healer

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Trisha Moloney is a Spiritual Intuitive Energy Healer, who is a native of Co. Kerry. She is holding workshops in Killarney this month.

Trisha works weekly in Tralee and Killorglin and has now started working in Killarney. Trisha says "my unique energy healing is a non-invasive treatment, very gentle yet powerful, life changing but very effective with immediate results. It treats everything from **chronic anxiety, depression, emotional behavioural issues in kids, autism, ADHD, anger issues, digestive fatigue, low self-esteem issues (in teens), arthritis, trauma, headaches, migraine, back problems**, to name a few."

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CLLR MAURA HEALY-RAE


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 Rathmore - Cahill's Bar - 10.00pm. Rathmore - Dennehy's Bar - 10.15pm. Gneeveguilla - McAuliffe's - 10.30pm.
Tuesday 4th Oct: Glenflesk - Kerry Way - 9pm. Barraduff - Murphys Bar - 9.30pm. Barraduff - Sweeney's Bar - 10pm.
Wednesday 5th Oct: Farranfore - Ulicks - 8.15pm. Currans - James Daly's Bar - 8.45pm. Currow - Cunniffes - 9.15pm. Furies - Johnny D's Bar - 9.45pm. Furies - Sheehans Bar - 10.00pm. Furies - John Henderson's - 10.15pm.
Thursday 6th Oct: Lissivigeen - Torc Hotel - 9.00pm. Aghadoe - Old Killarney Inn - 9.30pm. Faha - Faha Court Hotel - 10.15pm.
Last Friday of every month: Scartaglin 8.15pm. River Island Hotel Castleisland 9.30pm. Kearneys Bar Castleisland - 10.00pm.
CONTACT:
dhealysrae@gmail.com - 0872316055
maurahealysrae@gmail.com - 0877816432

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 John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
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 and **CLlr. Niall Kelleher** 087-6694101 office@niallkelleher.ie
 For advice and representation please feel free to call into the office or clinics
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Killarney Scout Group is looking for leaders for its four sections:



- Beavers (aged 6-8)
- Cubs (aged 9-11)
- Scouts (12-15)
- Ventures (16-18)

Each section is open to boys and girls and has one weekly evening meeting in Lissivigeen School or in the outdoors. We have a training programme for all new scout leaders. It is not necessary to have ever been involved in scouts in the past.

If you are interested contact Mick Moore at
086 6023287

JUNIOR CERT DISCO

Wednesday 14th
September @

Mustang Sally's



Doors Open at 8pm - Close 8.30pm
Doors will remain closed until 11pm

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Saturday 10th September 3pm - 6pm

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Venue: **Muckross RC Boathouse**
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Kerry ETB Training Centre is now recruiting for the following courses.

CAD - 3D Parametric Modelling (ET4R1) - Tralee.

This course is for CAD technicians who wish to develop contemporary 3D parametric modelling skills. **Start Date:** 26th September 2016. **Duration:** 31 weeks. **Certification:** City & Guilds Levels 1 & 2 Awards in Computer Aided Design Parametric Modelling.

Media Techniques - Radio Course (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 10th October 2016. **Duration:** 50 weeks. **Certification:** To be decided.

MySQL and PHP for Dynamic Websites (ETR81) - Tralee.

This course is for people who are able to build and maintain static websites using HTML and CSS? It offers participants the opportunity to develop their MySQL and PHP knowledge and skills to create dynamic websites incorporating efficient and secure content retrieval from databases. **Start Dates:** 10th October 2016. **Duration:** 24 weeks. **Certification:** Oracle Certified Professional MySQL 5.6 Developer Certificate and W3C Schools certified PHP Developer Certificate.

Food Preparation and Cooking (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 17th October 2016. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

Digital Web Design with Adobe Dreamweaver (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 17th October 2016. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring and Work Experience, plus Adobe Associate Certificate in Web Communication Using Adobe Dreamweaver.

MTA Software & Networking Fundamentals (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. **Start Date:** 24th October 2016. **Duration:** 12 weeks. **Certification:** Microsoft Technology Associate Certification.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Killarney.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must be in possession of a current full Class B Driving Licence and a current Class C Learner Permit. **Start Date:** 14th November 2015. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTTB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

Digital Marketing with E-Commerce (ET08342) - Tralee.

This course is for people who wish to enter the digital marketing sector or incorporate digital marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 21st November 2016. **Duration:** 35 weeks. **Certification:** City & Guilds Level 3 Diploma in Digital Marketing 7513-30.

New Course

Foundation in Media (TR08743) - Tralee.

This full-time course offers you the opportunity to develop practical production skills in Media Project Management, Video Production, Sound Production, Photography, Digital Imaging and Media Publishing.

Start Date: September 2016. **Duration:** 14 weeks.

Certification: QQI Level 3 Award Media Expressions 3N0792.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

www.kerryetbtrainingcentre.ie, E-mail: training@kerryetbtrainingcentre.ie



KERRY COUNTY COUNCIL

welcome expressions of interest from people in the Killarney Municipal District who are interested in being part of the

KILLARNEY ARTS WORKING GROUP

(Chaired by Municipal District Elected Member, work supported by Kerry County Arts Office).

Those interested should submit details of their experience and interest in the arts to:

Arts Office, Kerry County, Council, Rathass, Tralee, County Kerry
or arts@kerrycoco.ie

no later than Friday 23rd September 2016

Arrive and Jive

The Grand Hotel Tralee

Starting Monday October 3rd

The Torc Hotel Killarney

Starting Wednesday October 5th

Times of classes:

7pm - 8.15pm

8.30pm - 10pm

4 week Jive Course

€40
for 4 Week
Course

Learn to Jive
from the beginning

Jiving to Nathan Carter,
Derek Ryan, Mike Denver etc

No Partner Required

Listowel Arms on Sunday's
Newmarket on Fridays

087 399 5877

TomJive

Light Opera Society of Tralee

Presents

THE PHANTOM OF THE OPERA YOUTH GROUP PRODUCTION



Siamsa Tire Tralee
Tue. Sept. 27th – Sat. Oct. 1st, 8pm



Comhairle Contae Chiarraí

Kerry County Council

Kerry County Council invites artists, craft workers, designers, jewellers to submit a design and fabrication proposal for a sterling silver / rolled white gold crest and chain of office, for the Municipal District of Killarney.

For design brief please contact
arts@kerrycoco.ie

or

**The Arts Office, Kerry County Council,
Rathass, Tralee, Co. Kerry**

**Deadline for receipt of proposal is
Friday 7th October 2016 at 4pm.**

A selection panel will decide on the most appropriate design to represent the Municipal District of Killarney.

**Any questions 066 7183541
/ arts@kerrycoco.ie**

Fáiltíonn Comhairle Contae Chiarraí roimis moltaí ó ealaíontóirí, ceardaithe, dearthóirí agus seodóirí chun slabhra agus suaitheantas oifige a dhearadh agus a dhéanamh as airgead steirling / ór bán rollta do Cheantar Bardasach Chill Áirne.

Nóta faisnéise ar fáil ó
arts@kerrycoco.ie

nó

**Oifig na nEalaíon, Comhairle Contae Chiarraí, Ráth Teas,
Trá Lí, Co. Chiarraí.**

**4pm, Dé hAoine, 7ú Deireadh Fomhair 2016
spriocdháta na n-iarratas.**

Roghnóidh painéal fé leith an dearadh is oiriúnaí do Cheantar Bardasach Chill Áirne.

**Fiosrúcháin 066 7183541
/ arts@kerrycoco.ie**



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Dr. Breda O'Sullivan

is now available for consultations at
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"I look forward to seeing new & former patients"

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CHANGING JOB: TAX & PRSI

Whenever you leave a job you should get a P45 certificate from your employer. Your P45 is a statement from your employer that shows your pay, tax, USC, and PRSI details for the year up to the date you leave.

When you begin work at your new job, you will need this P45 to give to your new employer. Your new employer then takes some details from your P45 and then sends your P45 to the tax office on your behalf. This is to notify the tax office that you have now commenced working for a new employer and ensures that they are deducting tax appropriately. When you give the P45 to your new employer, they will:

- Operate PAYE in accordance with the tax credits and standard cut off point details shown on the P45 until they receives a tax credit certificate from the tax office.
- Notify the tax office that you have changed jobs so that a tax credit certificate can be issued for your new job.

If you do not give your new employer a P45 certificate, emergency tax will be deducted.

Allman House, Tralee Road, Killarney, Co. Kerry

T: 064 6632045 E: info@obrien Coffey.ie

W: www.obrien Coffey.ie



KILCUMMIN PLAYER ENJOYING THE FOOTBALL AT THE ANNUAL JERRY FOLEY MEMORIAL U11 BLITZ.

FIRIES COISTE NA NOG NOTES

U6 AND U8 BOYS: The U6 and U8 boys travelled to Cromane last Sunday morning to take on the home side in a series of "Go Games". Both sets of players performed impressively, taking from their much practiced skillset. Many thanks to all of the mentors and parents for making the journey and especially to Cromane GAA Club for their hospitality. Keep up-to-date with their future fixtures on our Facebook page; Firies Coiste na nOg.

U12 BOYS: The U12 boys were at home last Sunday to our near neighbours Currow. Our boys came away with the spoils on a score line of Firies 5-17 Currow 5-14. Well done boys! They are out again contesting the East-Kerry League against Spa on Sunday, 11th September at home at 12noon. Support would be greatly appreciated.

EAST KERRY NOTES

WITH ÁINE NÍ SHÚILLEABHÁIN PRO AQUILA CLUB O'DONOGHUE CUP, EAST KERRY SENIOR CHAMPIONSHIP:

The 2016 Aquila Club O'Donoghue Cup, East Kerry Senior Championship, gets under way on Saturday 10th and Sunday 11th September, with 3 round 1 games. On Saturday Currow host Cordal. Throw in is at 5pm. On Sunday, Fossa are at home to Listry and Gneeveguilla host Firies. Both games start at 2.30pm. There will be extra time if necessary in all three games.

THE TATLER JACK EAST REGION MINOR LEAGUE: On Sunday, 11th September, Spa host Scartaglen/Cordal in the Division 2 Semi Final of the Tatler Jack East Region Minor league. Throw in is at 2.00pm. The winner will be away against Currow in Final.

MD O'SHEA EAST KERRY U14

CHAMPIONSHIP: The MD O'Shea East Kerry U14 championship continues this week with the Division 1 semi final, Killarney Legion V Dr Crokes.

MD O' SHEA EAST REGION U12 GO GAMES: The MD O'Shea, East Region U12 Go Games got under way on Sunday 4th September and will continue on Sundays. All games will be at 12 noon. Next Sunday's Round 2 fixtures are: Green Group Gneeveguilla are at home to Listry/Keel, Cordal take on Kilgarvan/Tuosist in Cordal, Scartaglen - Bye. White Group: Spa are at home to Firies, Currow host Beaufort, Rathmore play Templenoe. Gold Group: Glenflesk host Killarney Legion, Fossa are at home to Dr Crokes and Kilcummin entertain Kenmare

COUNTY U16 DIVISIONAL

CHAMPIONSHIP: Both of our teams (Eoghan Ruadh and East Kerry) lost out on Sunday, in the preliminary round of the County Divisional Under 16 Championship, after putting up a great show against very strong Mid Kerry and West Kerry teams, respectively. Both Eoghan Ruadh and East Kerry are looking forward to a good run in the County Shield competition

COUNTY MINOR CHAMPIONSHIP SEMI

FINAL: Well done to the East Kerry Minor team and management on progressing to the final of the Keanes SuperValu County Minor championship with victory over St Brendans in Austin Stack Park. East Kerry will meet Mid Kerry in the Final. Commiserations to Firies on the outcome of their semi final against Mid Kerry.

MD O'SHEA EAST KERRY U16

CHAMPIONSHIP: The East Kerry U16 Championship, sponsored by MD O'Shea, continues on Wednesday with a preliminary round game, Gneeveguilla V Kilcummin in Gneeveguilla starting at 6.30pm.

SPA GAA CLUB NOTES

COISTE NA NOG: We welcome all new members boys and girls. We train all year round indoors and outdoors. Training: Boys Saturday 11.30-12.30. U6/U8/U10 and U12.

Girls: U6/U8 and U10 girls Wednesday 5-6pm. Further information contact Secretary Bernie Courtney 087 1385612.

LADIES FOOTBALL: U14 GIRLS: Lost to a stronger Currow team away last Sunday.

SENIOR LADIES: SPA/RATHMORE 3-18 NA GAEL 1-7: Congratulations to Spa/Rathmore in the final of the Senior B Championship Shield last Friday night under lights against Tralee side, Na Gael. Captain Cassandra Buckley was delighted to accept the trophy on behalf of her team mates. Well done girls.

MCELLIGOTT CUP JUNIOR CLUB CHAMPIONSHIP:

SPA 1-11 GNEEVEGUILLA 3-11: Spa were defeated in the semi-final in Gneeveguilla last

Friday night.

SENIOR CO LEAGUE: SPA 0-12 AN GHAELTACHT 1-12: Spa travelled to Gallarus on Sunday afternoon for the final round of the Co League and while a win would have earned them a play-off for promotion, it was only in the final few minutes of play that Gaeltacht edged ahead.

TEAM: James Devane, Eric O'Donoghue, Eoghan Cronin, Matthew Moynihan, Shane Lynch (0-1), Dan O'Donoghue, David Spillane (0-1), Andrew Garnett, Shane Cronin, Cormac Cronin, Ciaran Spillane, Michael McCarthy, Michael Foley (0-2), Mike Stam O'Donoghue (0-7), Evan Cronin (0-1). Sub: Jamie Spillane.

UPCOMING FIXTURES: Junior Co League Div 3 Final Spa v Beaufort on Friday September 9th (details tbc).

East Kerry Minor League semi-final Spa v Cordal/Scartaglin on Sunday September 11th in Spa at 2pm.

O'Donoghue Cup Championship Spa v Scartaglin on Sunday September 25th (details tbc).

U12 Boys Home to Firies Sunday September 11th @12noon.

LOTTO: No jackpot winner in the Killarney Heights Hotel. Numbers drawn: 3, 16, 24, 27. No winner. Lucky dip winners: (1) Mike Carroll, Jib (2) Shane Lynch, Downend (3) Eileen Collett, Pinewood (4) Danny Jones, Pinewood.

Annual draw: Roger Kelleher, Emmets Tce. Next weeks jackpot in the Killarney Oaks will be a whopping €8,600.

FLEADH CELEBRATION NIGHT: A night for all that competed in Fleadh at all levels, will take place on Friday, September 16th at 8pm in Spa clubhouse. Everyone welcome. A great night promised. Please contact Ann Mangan 087 9403508 for numbers for food and further information.

CLOTHES COLLECTION: It's summer time and a chance de-clutter those wardrobes and support the underage structure in Spa. We collect clothes, shoes, bags etc all year round. Bags can be left in Spa during the after 5pm in the lobby under the stairs. Further information contact Anne Holland 085 7780883.

HALL RENTAL: Please contact Eileen Casey for availability 087 6577312.

SPA MERCHANDISE: Contact Mathilda for the new range of fantastic gear 087 6487356.

COMMUNITY NOTES:

WEDDING: Congrats to Teresa Morris, Knockragh, on her recent marriage to Michael Baker, Milton Keynes, England.

COMMUNITY TRANSPORT: Kerry Community Transport Ltd (now Local Link) continues to operate three local routes as follows: Wednesday: Gneeveguilla to Killarney via Spa.

Thursday: Coolcushlough. Lissivigeen via Ballaugh to Loughquittane and Muckcross to Killarney.

Friday: Clonkeen, Headford, Lisbady via Knockragh and Tiernabou to Killarney.



Cost of journey including return is €5 and Travel Pass is accepted. To book a seat ring 1890-528-528 previous day.

MILLTOWN CASTLEMAINE NOTES

M/C were hosts to Dr. Crokes in Round 10 of the County League on Sunday afternoon. Both teams were without a few of their influential players but perhaps MC had the most depleted side with many of our starting players absent due to injuries and other commitments. Jeremiah Hayes took over the role of keeper and did an excellent job with both long and short kickouts reaching their targets. Despite this, it took MC until the 16 th minute to register their first score a suburb point from Dónal Kelliher. Dr. Crokes had by then six points on the board from Tony Brosnan, Dáithí Casey, 2 from Brian Looney, and 1 each from Ambrose Donovan and Kieran O'Leary. Despite some good passages of play and strong defensive work MC failed to score for the remainder of the first half. Dr. Crokes however kicked over 6 more points - compliments of Brian Looney, Johnny Buckley, Kieran O'Leary, Tony Brosnan, Dáithí Casey and Alan O'Sullivan. Milltown Castlemaine began the 2nd half with some fresh legs in Thady O'Sullivan and Tadhg McCarthy.

A free in the 2nd minute was slotted over by MC's Jonathan O'Sullivan. This was quickly cancelled out with a point from Kieran O'Leary - despite the close attentions of Stephen Roche. The score was then Dr. Crokes-0/13, MC- 0/2.

The 5th minute saw MC's stand in keeper, Jeremiah Hayes pull off a magnificent save.

The resultant turn over saw a series of passes from Eoin O'Brien to Dónal Kelliher to corner forward Jonathan O'Sullivan - who popped it over from his right boot. This left a margin of 10 points after 5 minutes of the 2 nd half. Dr. Crokes continued on their scoring path with 2 points - the first from Tony Brosnan and the second from Kerry player- Johnny Buckley, who was having a great game. A surging run by young Eoin O'Brien saw him being rewarded with a free which was converted by MC's Jonathan O'Sullivan in the 10 th minute.

MC's keeper was called upon once again and he didn't let the side down - challenging the ever threatening Dr. Crokes. The 15th minute saw two more points for the visitors by way of Gavin White and Dáithí Casey. The gap was now 13 points after 15 minutes of the second half. Score-Dr. Crokes:0/17 MC:0/4

At this stage, Dr Crokes were certainly in the driving seat despite the best efforts of MC and so introduced a few subs off the bench. A free for MC in the 16 th minute saw Jonathan O'Sullivan add another point only to be cancelled out straight away by a point from Kieran O'Leary - who was showing his inter county experience. A further free for MC in the 22nd minute saw Jonathan O'Sullivan add another point for the home side. Dónal Kelliher quickly followed

with his second point of the day - to give MC a score of 7 points to Dr Crokes' 18 points.

Kieran O'Leary quickly cancelled out that point with another pointed free in the 23rd minute. MC introduced more players off the bench to try to stem the onslaught of Dr. Crokes. Cathal Moriarty popped over a nice point from play in the 24 th minute for MC. A tremendous passage of play saw Dáithí Casey set up Kieran O'Leary, who gave the MC keeper no chance - with a powerful shot to the back of the net in 26 th minute. The scoreline was now 1-19 to 0/8. Dr Crokes added a further point in the closing minutes and Jack McCarthy got a consolation point for MC in the dying moments. Final score- Dr. Crokes:1/20, MC 0/9. Well done to Dr. Crokes on a comprehensive victory and to MC - with a very young side - who played their hearts out right to the end. A special word of thanks to Mike Hickey, Mike Carroll and Timmy Teahan for their tireless work with the team.

UNDER 12'S: Both teams had two great wins over Ardferd last week - in two closely contested games. On Sunday September 4th, the under 12's travelled to Austin Stacks with both teams putting in great performances. The A team having a very good win and our B team losing out after putting in a great effort. Thanks to the parents for travelling in such large numbers on a wet and windy night in Connolly Park. Well done to all those involved in training these young footballers.

LEE STRAND UNDER 16- CO. DISTRICT

CHAMPIONSHIP: Mid Kerry will take on Shannon Rangers in the quarter final of the Lee Strand Under 16 District Championship - following their victory over Eoghan Ruadh on Sunday last. Milltown /Castlemaine players involved in Mid Kerry are Killian Kerins, David Leane, Niall Sertutxa, Roan Hegarty and Alex O' Connor. Dylan O'Neill was unavailable due to injury and Aaron O'Brien was away on holidays. Hope both will be available for the quarter final clash versus Shannon Rangers in Ballyduff on September 14 th 2016.

UNDER 11'S: Our Under 11's took part in the Firies Under 11 blitz last Saturday - and played some fantastic football to reach the semi final. The club would like to thank Eugene Cosgrove and the Firies club for an excellently run blitz.

GOOD WISHES: All in Milltown Castlemaine GAA Club wish a speedy recovery to Alan O'Connor from Alma's Takeaway and Pizzeria. Alan has had surgery recently on his cruciate but rumour has it - he's making a comeback next year!

GAA LOTTO: Jackpot now stands at €11,800. Our next draw is on Friday September 9 th in The Killorglin Golf Club. These are the latest lotto numbers: 1, 8, 16 and the bonus number was 17. Our lucky consolation prize winners were: €50 each to Hani Talebi - USA and Aoife Sheehan, Caherciveen. €25 each to Donie Teahan, Ballyhar, Cecilia O'Brien c/o Mary Corkery, Anthony Evans, Keel and Francis Foley, Castlemaine.

Mile buíochas to all our sellers and buyers.

FUN FOOTBALL: We look forward to seeing our underage players on Thursday evening- time 6.15 to 7.15pm. Don't forget your gum shield!

DR. CROKES GAA NOTES

COUNTY LEAGUE ROUND 11

DR CROKES 1-20 MILLTOWN

CASTLEMAINE 0-9:

We started off this game on the front foot and sent over six points without reply in the first 15 minutes. The locals came more into the game in the second quarter but despite plenty of possession managed to score just one point in this period. In this same fifteen minutes we added on six points to our first quarter tally. This gave us an interval lead of 0-12 to 0-2. Milltown Castlemaine were much more accurate in their shooting in the second half. Our tally in this half was just a score more than our opponents in this half, 1-8 to 0-8. Our goal was scored by Kieran O'Leary in the 56th minute. While our management would be happy with our all round performance, they know they still have things to work on before the championship. Dr Crokes Best Player - Kieran O'Leary.

TEAM AND SCORERS: Shane Murphy, David O'Leary, Mike Moloney, Fionn Fitzgerald, Gavin White 0-1, Alan O'Sullivan 0-1, Mike Miller, Ambrose O'Donovan 0-1, P.J Lawlor, Daithi Casey 0-3 (frees), Gavin O'Shea, Brian Looney 0-2, Kieran O'Leary 1-4 (0-1 free), Johnny Buckley 0-2, Tony Brosnan 0-4.

Subs: Cillian Fitzgerald, Jamie Doolan 0-1, Chris Brady 0-1, Jason Lyne, Bryan O'Shea, Paul Clarke.

UNDER 14 GIRLS: The girls returned to competitive action this week after a short summer recess.

Two away games in the East Kerry League produced contrasting performances, but similar results. Wednesday 31/8/16 saw us visit Kilcummin where a below par performance after the summer layoff did not affect the result, but ensured the outcome was in doubt until the final whistle.

On Sunday 4/9/16 we hit the road again, this time to Kenmare, where a much better all round performance was required to edge a competitive fixture, in wet conditions, against Inbhear Sceine Gaels. We have one more round robin fixture at home against Glenflesk this coming weekend to determine where we finish in the league.

UNDER 12: Dr Crokes under 12 Black and Amber team commenced their East Kerry League campaign on Sunday evening. The Black team played their best football all year were just edged out 3-15 to 1-16 in the end in a high quality end-to-end game. The Amber team were just edged out in a keenly fought game. All the boys in each group got game time and most importantly continued to improve.

ACADEMY: The Saturday morning Academy



for boys and girls aged 4-10 years has returned. Hurling 10-10.40 and Football 10.40-12. Come along and enjoy learning to play Gaelic Games in a fun environment.

LOTTO RESULTS: From Monday 29th of August. Lotto 2, 15, 21, 24. Jackpot €7800. Not won. Match 3 7 by €60. Next draw Sunday 4th of September in Tatler Jack. Jackpot €8100

LOTTO RESULTS: From Sunday 4th of September. Lotto 12, 16, 20, 23. Jackpot €8100. Not won. Match 3 6 by €70. Next draw Sunday 11th of September in JC O'Shea. Jackpot €8400

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS: Sunday 4th September, 2016. Winning Numbers 3, 4, 15, 24. Jackpot €6,200. Not Won.
1 x €100 Ger Hogan C/o Langfords.
2 x €50 John & Mgt Lehan, Ahane.
Aodhan O'Suilleabhain, B/ferriter.
2 x €25 Yvonne Scully Reidy, Listry.
Ciara Curran, Rockfield.
Draw Entrant Nicole O'Sullivan, Listry.
Jackpot next week Sunday 11th September €6,350.

SENIOR COUNTY LEAGUE: Listry played neighbours Beaufort last Sunday. This was an important game for both teams. There was great support for both sides on what turned out to be a cracking game of football. The game started at 1.40pm and the half time score was Listry 1-05 Beaufort 1-07. The full time

score was Listry 1-10 Beaufort 1-14. Listry will now play St. Michaels Foilmore in a play off to stay in Division 2. More details to follow.

KILLARNEY LIBRARY: On Tuesday 13th September, Kerry Archaeological & Historical Society will host a lecture at Killarney Library entitled Frongoch Camp, Wales & Kerry POWs 1916. The lecture will be delivered by Fr. Tom Looney and commences at 7.30pm. Free admission.

LEGION GAA

REGISTRATION OPEN DAY: Well done to everyone involved in our registration open day last weekend. It was great to see so many new and familiar faces. Training continues this Saturday from 10.30am to 12 noon at our home grounds in Derreen. Kids aged 4-10 from the Killarney area are invited to come along and sign up. For more information contact Seán at 087 2225325.

LADIES: Well done to the U-12 girls who opened their East Kerry League campaign with a good win over Glenflesk and also to the senior ladies who were victorious over the same opposition in the County League. Meanwhile, the U-11 girls continued their blitz with Crokes, Fries and Beaufort in Farranfore last weekend. They had two wins and one loss and once again showed great signs of improvement. The final round of the blitz will be played in Dr Crokes at a date yet to be announced.

U-12 BOYS: The U-12 boys got their East Kerry League campaign off to a fine start with a solid win over Kenmare, five points the margin of victory.

GOLF CLASSIC: The Legion Golf Classic takes place in O'Mahony's Point on Thursday, October 6th. There are two shotgun starts (9am and 2pm) and you can enter a team of three for just €200. To book your place at the event, please contact Seán Murphy at 087 2461780 or Tim O'Leary at 087 2608548. Don't miss this great opportunity to play one of the most scenic golf courses in the country and support the club in the process. Many thanks to Micheal O'Donoghue of the Killarney Avenue Hotel for his kind sponsorship of the event.

MASS: There will be a Mass at our clubhouse on Friday, October 14th at 7pm for our deceased members and also for all present and past members and their families. We hope to see past members, children, parents and grandparents, players, supporters and sponsors. Everyone is welcome. Transport will be available if required, just contact any club officer. There will be hymns by some of our Scór team and refreshments afterwards. Please spread the word.

WEESHIE: Best wishes to Weeshie Fogarty who is recovering from an operation. Get well soon, Weeshie.

CONGRATULATIONS: Congratulations to our physio Katie Purtill and husband David O'Driscoll who tied the knot last week.



FOOTBALL COACH THOMAS MCCARTHY WITH KIERAN KELLY, JOSH OMAR, OISIN WALSH, DARA SUGRUE, EVAN O'CONNOR AND ADAM MAJ AT THE DR CROKES GAA CLUB JUVENILE ACADEMY OPEN DAY AT LEWIS ROAD, KILLARNEY, ON SATURDAY. PICTURE: EAMONN KEOGH.



A GROUP OF DR CROKES JUVENILE HURLERS AT THE DR CROKES GAA CLUB JUVENILE ACADEMY OPEN DAY AT LEWIS ROAD, KILLARNEY, ON SATURDAY. PICTURE: EAMONN KEOGH.



DR CROKES HURLING COACH NIAL KEOGH WITH A YOUNG HURLER AT THE DR CROKES GAA CLUB JUVENILE ACADEMY OPEN DAY AT LEWIS ROAD, KILLARNEY, ON SATURDAY. PICTURE: EAMONN KEOGH.



NICKOLAS SANBAK ENJOYING THE DR CROKES GAA CLUB JUVENILE ACADEMY OPEN DAY AT LEWIS ROAD, KILLARNEY, ON SATURDAY. PICTURE: EAMONN KEOGH.



DARA SUGRUE ENJOYING THE DR CROKES GAA CLUB JUVENILE ACADEMY REGISTRATION AND OPEN DAY AT LEWIS ROAD, KILLARNEY, ON SATURDAY. PICTURE: EAMONN KEOGH.



PICTURED AT LAST WEEKS MATCH IN IRISH INDEPENDENT PARK BETWEEN MUNSTER AND WORCESTER WARRIORS (WHERE DONNCHA O'CALLAGHAN NOW PLAYS). PICTURED FROM LEFT TO RIGHT ARE MARK MCCARTHY, STEVIE MURPHY, DONNCHA O'CALLAGHAN, DARRAGH STACK, CIAN STACK AND ED STACK (ALL KILLARNEY RFC) WITH FORMER MUNSTER AND IRELAND LOCK DONNCHA O'CALLAGHAN.

KRFC NEWS

MINIS: Our minis returned to action after the summer break last Saturday at Aghadoe. Thankfully the weather improved early Saturday morning to allow for a great first session with lots of children coming along to training. Coaches put the children through their paces and it was very encouraging to see so many new faces within the coaching setup. We had a very strong turn out for the first day and we had lots of girls taking part in training from the get go. It is so encouraging to see so many kids enjoying rugby, many for the first time. Training continues next Saturday at 10:30am. For any details contact Minis Coordinator Liam Murphy on 087-4145662.

YOUTHS: Our Youths section also returned to action last week as each age groups prepares for the new season ahead. Our U14's kicked off their first session of the season on Saturday morning, while the U16's and U18's restarted training last Wednesday at 6:30pm. All training takes part at Aghadoe and anyone looking for information can contact Paul Murphy on 087-3745351.

MOSS KEANE CUP:

FINAL: TRALEE RFC 12 - KILLARNEY RFC 0

Congrats to Tralee who won this years Moss Keane Cup, at Home in O'Dowd park in a cracking competition. The Moss Keane Cup is a competition for all of the Kerry Rugby clubs, where teams of 10 a side compete to win the trophy named after arguably Kerry's finest rugby player and Munster legend, Currow native Moss Keane. The first round saw Killarney take on Iveragh and Killarney win on a scoreline of 28 - 14. Then Killarney played Castleisland in

a 12 points each draw, which put Killarney into second place on points difference, meaning the final beckoned. However the home side ran out the victors on the day. A good season opener and we are looking forward to the new season, which kicks off in earnest next Sunday when we play Castleisland in the McElligott Cup.

MEMBERSHIPS: Memberships are now due for the forthcoming season and can be paid by logging onto our website www.krfc.club and checking out Membership tab. All memberships must be paid up as soon as possible especially as players will not be covered by insurance if they are not paid up.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto 02/09/2016, numbers drawn were 9, 17, 29 & 30. Sellers prize winner: Shelia O'Donoghue, €50 Y/T prize winner: Tom Fleming Scartaglin, €50 to Jerome & Maria Casey Boherbue, €40 each to Bernie O'Sullivan Ballinahulla, Paul Reen C/o Spillanes Bar, Aiden O'Sullivan Stagmount. Bonus not won numbers drawn were 5, 18, 23 & 29. Next week's jackpot €14,200 plus €1,000 bonus.

TRAINING: Club cross country training for adults and juveniles are all up and running this week - Monday Gneeveguilla GAA Field 6.30pm, Tuesday Boherbue Comprehensive School 6.30pm, Friday Barradubh New Field 6.30 pm. County Cross country competitions commencing next month.

FARRANFORE MAINE VALLEY ATHLETIC CLUB

On Saturday 3rd September the Annual Kerryman Dingle Marathon and Half Marathon took place around the scenic coastline of Dingle. Well done to all our athletes who competed in the half and full marathon races. We hope the last months of training paid off for you.

On Saturday morning a small group of club members met up and took a guided walk through the Killarney National Park. Thankfully the weather cleared which made the 7Km loop walk most enjoyable. A special thanks to Michael O'Connor for the guided tour and the informative insight into the formation of the valley with plenty of discussions over the flora and fauna.

OPEN SPORTS DAY: The club will be hosting their Annual Open Sports Day on Sunday 11th September at the GAA grounds in Farranfore. Starting at 2pm. It is planned to be a outing for the whole family with the main emphasis on fun. It is a great introduction to athletics sport if anyone is interested in their children taking part in athletics. You do not need to be a member of an athletics club to participate. See our website for list of events. Admission: €3 and €10 for family.

CLUB TRAINING: Juvenile Training is on every Tuesday and Thursdays from 6pm in Farranfore GAA grounds starting at 6pm. Open to all registered juveniles aged 8yrs (Born 2008) and upwards. This will be in preparation for the Cross Country Championships €2 per session From Tuesday 13th September at 7pm indoors at Farranfore Sports Hall, Maria has her Cardiorespiratory, Strength, Endurance & Flexibility Exercise Class. The programme is designed to improve all the components of fitness that constitute physical fitness of an individual.

From Thursday 15th September our Secondary School/Junior/Senior training starts up at 6:40pm in GAA grounds Farranfore. This is endurance training for cross country preparation. €2 club member, €4 non club member.

Coaching Performance Conference in Sprints, Jumps & Hurdles on Saturday 17th September in AIT from 9.30am to 4pm. Details on Munster Athletics website

ATHLETIC'S FIXTURES: Sunday 11th September, Open Sports Day, Farranfore GAA Grounds, 2pm.

Sunday 2nd October Kerry County Novice & Juvenile Even Age Cross Country, Killarney.

Sunday 9th October Kerry County Inter/Masters & Juvenile Uneven Age Cross Country, Fries.

Sunday 16th October National Open Cross Country incorporating the British & Irish Masters Trials.

Sunday 23rd October Munster Novice/U23 & Juvenile Even Age Cross Country, Cork Venue.

Sunday 30th Oct. Kerry County Senior / Junior & Juvenile Relays, Cahersiveen.



SPA MUCKROSS COMMUNITY GAMES

Belated congratulations to Kate Forde who won a gold medal in the U16 30kg Judo competition at the National Finals in August. The county committee are missing singlets and tracksuit tops after the two weekends in Athlone. Please contact Margaret on 086 1038012, to arrange return of same.

KILLARNEY VALLEY ATHLETIC NOTES

It's that time of year again when we are all booking our kids into clubs and lessons and trying to organise ourselves. It's the same for our volunteer coaches and helpers as they juggle training other people's children with their own busy lives. This year, for various reasons, we need extra help to coach the young athletes that join the club. The club has increased in size which is fantastic but unless we get some help we won't be able to run the training nights. If you think you can help please email killarneyvalleyac@gmail.com Please like our facebook page <https://www.facebook.com/KillarneyValleyAC/> for updates. Please remember that ALL the people running the club do so on a voluntary basis.

CONGRATULATIONS: To senior club member Martin Crowley who finished 4th in the Dingle Half Marathon last weekend proudly wearing the KVAC colours!

We are all very excited about our next big fundraising event for the Killarney MicroTrack Project which is the Killarney10Mile on September 24th – entries on

www.killarney10mile.com

Remember: Athletes MUST wear the club singlet when representing their club. These are available from Brid Stack 0872650720

If you have any news or photos you would like to include in the notes please email killarneyvalleyac@gmail.com

KILLARNEY COUGARS BASKETBALL CLUB

CLUB NEWS

SENIOR NEWS: Our Senior men's are now into their 21st year and will enter Kerry Area Board Competition in League and Cup action for their 20th consecutive season. Success at the Castleisland Blitz Division 4 just over 20 years ago to numerous Kerry League, Cup and Blitz titles along the way. The League fixtures for the coming season will be announced shortly following the County Board meeting last week. The mens may or may not be chasing silverware over the season ahead but will



MEMBERS OF FOSSA ROWING CLUB ATTENDING END OF YEAR CELEBRATIONS RECENTLY AT KILLARNEY GOLF AND FISHING CLUB.

no doubt continue to provide inspiration for our growing juvenile boys teams as we this year will have a U16 boys team in the county league for the first time. Our Senior ladies have announced they will compete outside the county this season in the Basketball Ireland National Cup Competition starting next month. The Division 1 ladies will be looking to continue the progress made recently following a very competitive season in 2015/16. The Cougars again expect to have two senior ladies teams for the coming season.

SENIOR TRAINING SCHEDULE SEPTEMBER 2016

Monday Men's Pres Gym 7 pm.

Tuesday Women's Pres Gym 8 pm.

Thursday Men's Pres Gym 8 pm.

JUVENILE NEWS: Our registration is at an advance stage as we approach the one hundred mark for registered juveniles this week, training schedules are being firmed up and full details will appear on the website over the week ahead.

New members are very welcome and they can contact the Secretary on **087-4175493** or email secretarykillarneycougars@gmail.com Further details on All Killarney Cougars Clubs schedules and events log onto the website at **www.killarneycougars.com** or find us on Facebook.

FOSSA ROWING CLUB NOTES

CYCLE 2016: Fossa Rowing Club once again will hold a cycle on September 25th. The cycle will commence at 10am with two routes to choose from. Route one is 30km and route two is 60km. Cost of registration is €20 an adult and €10 for under 18's. Each person participating in the cycle MUST wear a high visibility jacket and helmet. Volunteers and stewards will be greatly appreciated on the day. Everyone welcome.

Well Done:

WELL DONE: To Fossa Gaa U16 girls who won the division 1 County League especially our rowing girls Sarah, Aoife, Ciara and Sadie.

WORKMEN'S ROWING CLUB

TRAINING NEWS: Indoor training resumes this week as per coaches texts.

Workmen's Rowing Club have a huge tradition of rowing in Killarney and we train for different genre of rowing all year round.. from Olympic Sculling, Killarney Sixes to Gig and Coastal. During inclement weather we continue to train onshore and indoors. If you are interested in taking up rowing why not contact us: Contact Mary Moynihan for more information: 086 8098182.

BIRTHDAY GREETINGS: A very Happy Birthday to Donnacha Ireland who's birthday was last Tuesday 6th September and best wishes also for a Happy Birthday to cousins Aodhán Burns and Dara Moynihan on this coming Tuesday the 13th September.

A CLOSE FRIEND REMEMBERED: We remember with great fondness our great friend Brendan Heffernan, who's 3rd anniversary occurs at this time. We know he would have especially enjoyed the recent Coastal Championships in Donegal, as he was a member of the crew who won the Senior Race at the All-Ireland Coastal Championships in Antrim in 2002. Our thoughts and prayers are, as always, with his parents Donie and Kathleen, his son Robert, sisters Caitriona, Siobhan and Mairead, his brother Gerard and his extended family. Go dtuga Dia suaimehneas siorai do.

For a full list of upcoming rowing events and other information about the sport of rowing, please visit **www.rowingireland.ie**

Why not keep in touch with us by liking us on facebook: 'Workmen's Rowing Club'.

SCHOOLBOY/GIRL SOCCER

KERRY SCHOOLBOYS GIRLS LEAGUE

ALL SET FOR KICK OFF: The 2016/2017 Kerry Schoolboys Girls League season kicks off in what are exciting times for the game. There are new initiatives in the National Cups, Inter Leagues, Laws of the Game and the next sections of the Player Development Plan will also be introduced.

THE DIVISIONS: The Schoolboys Girls League is the governing body for underage soccer in the county and following on from MEK (Mid and East Kerry) and LB Rovers (Lisselton / Ballybunion)) entering the League last season this season we welcome Rattoo Rovers to Schoolboy Football. This brings the number of clubs to 21 with 112 teams in the League from 11's to 16's. And this does not cover the hundreds of kids from 6 to 11 that are starting out in club's academies. The action gets underway this Saturday, September 10th.

GIRLS: The Schoolgirls League will begin in the next few weeks with the clubs at present being requested to send in the age groups they have for the Girls League. All clubs are encouraged to have at least 1 girls team.

MASTERGEEHA FC

SENIORS: In preparation for the new season seniors training continues on Wednesday and Friday at 7.30pm at Kilbrean Park. New Players welcome.

SCHOOLBOYS & GIRLS TRAINING: In preparation for the commencement of the new underage season training starts for schoolboys and schoolgirls teams shortly. For further information contact: Tadhg Brosnan: Ph. 086-4098405.

COACHES - VOLUNTEERS: Anybody interested in volunteering, coaching, managing or helping out with the club or a team for the forthcoming season please contact 086-4098405.

DIVISION 1B: MASTERGEEHA 3 KILLARNEY ATHLETIC 4: In this open game the visitors took a two goal lead early on. However the seniors pulled a goal back before Athletic scored again. In the second half

both side continued to create chances with Mastergeeha coming back to 2-3. However the visitors scored again. The seniors battle all the way to the end with Damien Breen being fouled and Scott O'Mahoney converting for his hat trick.

MASTERGEEHA FC LOTTO: There was no winner on Friday 2nd September, 2016. Numbers drawn were 5, 6, 14, 19. Consolation prizes were €100 Mary Mangan, Knocknahoe, Killarney. €60 Paul Lenihan, Inchicullane, Kilcummin. €30 Julie Looney, Mastergeeha, Kilcummin. €30 Matty, Trish & Caoimhe Dillion, c/o John Lenihan. €30 Donie O'Connor, Milleen, Kilcummin. Jackpot now €1,950.

KILLARNEY CELTIC NOTES

STETSONS AND STILETTOS: Killarney Celtic in conjunction with the INEC are pleased to announce 'Stetsons and Stilettos' in the INEC on Friday, September 23rd, the ultimate Garth Brooks Experience featuring Trevor Smith and local artists.

KILLARNEY CELTIC GOLF CLASSIC: The Club Golf Classic at Beaufort Golf Club had been changed to Friday October 7th - tee times from 1.30pm and Saturday October 8th from 7.00am. Contact Tim Lyne on 086 0522506 to book tee times. The date has been changed due to unforeseen circumstances. Please support as it is a very important fundraiser for the club.

NEW SEASON: With the new season starting shortly, the club would love to hear from any partners who would like to be associated with our great club and sponsor a set of gear for one or more of our Underage teams. Killarney Celtic had 16 teams from U11 to U16 in constant action last year, plus our U17 team, non-competitive coaching and blitzes for big numbers from U7 to U10, Football for All, and our Soccer Tots Programme. Contact any executive member or message us on facebook for details.

SCHEDULED TRAINING TIMES: These are the initial training times for the various boys teams as the season gets underway - please note, these will be subject to change. Girls training times (their season starts a bit later) will be announced when available.

Under 11 (born 2006) Wed 5.30-7.00pm.

Under 12 (2005) Tuesday 5-6.30pm.
Under 13 (2004) Thursday 6.30-8.00pm.
Under 14 (2003) Monday 6-7.30pm.
Under 15 (2002) Monday 7-8.30pm.
Under 16 (2001) Thursday 8-9.30pm.
Senior B, Youths and U17 training is back on Tuesday's at 7.30pm and Friday's from 7pm. Registration will be taken at all training sessions (€50 per child, €90 for two siblings, €120 for three or more).

VOLUNTEERS WANTED: One thing that Killarney Celtic are badly stuck for this year is help with our teams, especially at underage. Celtic has a proud and long-standing tradition of providing games and teams for players of all ages and abilities. We fielded 19 teams last year, plus non-competitive coaching and blitzes for big numbers from U7 to U10, Football for All, and our Soccer Tots Programme, but in order to continue to do that, we need volunteers to help make sure that everyone is playing in a safe and enjoyable environment. Full training and support will be given.

FIXTURES: Denny Premier: Killarney Celtic at home to Dingle Bay Rovers, Friday, 7.30pm.
Denny Premier B: Killarney Celtic B away to Skelinga, Sunday, 2.30pm.
U15 Premier: Killarney Celtic away to Tralee Dynamos, Saturday, 12.30pm.
U15 Div Two: Killarney Celtic B away to Inter Kenmare, Saturday, 12.30pm.
U13 Div One: Killarney Celtic away to Mastergeeha, Saturday, 11.45am.
U13 Div Two: Killarney Celtic B away to Inter Kenmare, Saturday, 11.00am.
U13 Div Three: Killarney Celtic C at home to MEK, Saturday, 11.45am.

LOTTO: Numbers drawn 1, 9, 17, 23. One winner, John Lyne, Cleeney, €3800. Next week's jackpot €1600, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy **087 9633397** or jimmyosdarcy@gmail.com. Check out **www.killarneyceltic.com** for Killarney Celtic news, match reports, or photos.

HAVE YOU THE SKILLS TO COACH IN THE SCHOOLBOYS GIRLS LEAGUE?



The Kerry Schoolboys Girls League is now recruiting for managers and coaches to work in its Boys and Girls Emerging Talent Programmes and with its County Squads. These are exciting times for the Beautiful Game and we are looking for the best people to work with our young stars. If you believe you have the skill set required email League Secretary Padraig Harnett patharnett16@gmail.com. The closing date for Applications is Friday, September 23rd. Please include your contact details, qualifications and experience and if you are a member of a club.

KILLORGLIN GOLF CLUB

LADIES RESULTS: LADY PRESIDENT BETTY'S FOLEY'S PRIZE DAY 18 HOLE STROKE. 1. Emma Daly (20) 68 nett. 2. Betty Griffin (36) 71 nett. Gross: Jenny Pigott (17) 89. 3. Mary Murphy Garvey (34) 74 nett. Front 9: Kitty Galvin (27) 35 nett. Back 9: Kathleen Houlihan (28) 36 nett. High Handicap 32-36: Coral Kiely (32) 77 nett.

LADIES 9 HOLE: Nancy Powell (36) 13 pts. Nearest Pin On 17th: Eileen Bell 19ft. Longest Drive on 9th: Eileen Devane. Guest 9 Hole: Ena Galvin (36) 15 pts. Men's 9 Hole Invitation: President Tommy Murphy (13) 18 pts.

PUCK FAIR 12 HOLE RE-ENTRY STABLEFORD SPONSORED BY PETER KEANE'S SUPERVALU: 1. Eileen Bell (26) 28 pts. 2. Emma Daly (20) 27 pts. 3. Mary Conway (29) 26 pts.

FIXTURE: 18 Hole Stableford sponsored by MacBees can be played Saturday 10th, Sunday 11th or Tuesday 13th September. President Tommy Murphy's invitational 12 Hole Stableford is on Sunday 11th.

SILVER SWANS 2 PERSON TEAM EVENT: 1. Kitty Galvin/Betty Griffin 42 pts. 2. Mary Murphy Garvey/Marian Dore 36 pts. 3. Catherine Mitchell/Mary Quillinan 33 pts. Wishing President Tommy Murphy a great day on Sunday 11th for his Presidents Prize.

BUNKERS BAR & RESTAURANT GOLF SOCIETY

SOCIETY CAPTAIN NUALA MCENERY'S PRIZE: 18 HOLE STABLEFORD BEAUFORT.

Overall Winner: Enda Curtayne (14) 37 pts. **MEN'S:** 1. Ger Counihan 33pts. 2. Tommy Woods 30 pts. **LADIES:** 1. Eileen Bell 33pts. 2. Agnes Carey 28 pts. Best 9: 1. Sean Sheahan. 2. Aileen Curtayne. Nuala thanked all for coming on such a windy day and congratulated all the winners. President Ger Counihans President's Prize is Saturday 10th in Mahony's Point. Secretary Bert will text all members regarding tee times.

ROSS GOLF CLUB

GENTS CLUB: RESULTS: ON SUNDAY SEPTEMBER 4TH WE HELD A STROKEPLAY COMPETITION KINDLY SPONSORED BY THE GOLF SHOP, COLLEGE ST.

The winners were:

1. John Cushkelly (20) 65.
2. Sean Moynihan (6) 70.
3. Donnagh Moynihan (10) 70.

Best Gross. Renaldas Bendikas.

Senior Category winner - Sponsored by Tim Jones Butchers was Maurice Coffey.

FIXTURES: On Saturday September 10th our President Donie Mulcahy will hold his Presidents Prize. This will be a single stableford competition. The entry sheet is now available in the clubhouse so please add your name to it before 5 pm on Friday as the draw for playing partners takes place then. Food will be served at 8 pm on Saturday in the clubhouse followed by the prize giving at 9pm. Tickets for the



PICTURED AT KILLARNEY GOLF & FISHING FOR THE SEAN MCCARTHY MEMORIAL GOLF CLASSIC WERE L-R JAMES COFFEY, DAN COFFEY, BRENDAN LYNCH & PADRAIG O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

food costing €15 are available from Donie or committee members.

9 HOLE WEEKLY OPEN COMPETITION: The Ross Golf Course weekly 9 hole open competition continues every week. It runs from Monday (am) to Saturday (pm). Each entry will cost members €5 and you can enter as often as you like. Cost for visitors will be €15 including green fee and visitors re-entry will cost €10 including green fee.

CLUB SINGLE MATCHPLAY: The Killarney Trophy & Medal Centre Club Championship is now at the semi final stage and all games will be played as soon as possible.

KILLORGLIN GOLF CLUB MENS

V PAR COMPETITION

4/09/2016 SPONSORED BY BILLY DODD

- 1st Jer Joy 4 UP.
- 2nd John McCarthy 3 UP.
- 3rd Donal Murphy 2 UP (cb).
- Gross Joe Kennedy 74 strokes.
- 4th Michael Harrington 2 UP.
- Senior Billy T. O'Sullivan 1 UP.

BEAUFORT GOLF CLUB

MEN'S CLUB RESULTS & FIXTURES: Gearoid Keating's President's Prize & 6th round GOTY is this Sunday, there will be a hot/cold buffet at 7pm followed by music and dancing. Please contact the club to book your place for food and your tee time. 18 hole stableford, yellow tees, no draw for partners, 3 balls only.

31 AUGUST: OPEN SCRAMBLE - Timmy Lyne, Gerry Collins and Gerry O'Sullivan.

1 SEPTEMBER: OPEN SENIORS - 1st Laurence Templeton, 2nd John Doherty.

2 SEPTEMBER: OPEN FRIDAY - Joseph O'Neill, Tralee (1) 37pts.

3/4 SEPTEMBER: STABLEFORD, WHITE TEES, SPONSORED BY BOYLE'S TOPLINE, KILLORGLIN.

- 1st Michael John O'Connor (12) 43 pts.
- 2nd David Moloney (10) 37 pts.

3rd Fred Kennedy (23) 36 pts.

CSS: Saturday, 35pts, Sunday 35pts.

FIXTURES: Every Wednesday: Open Scramble at 6pm, includes hot food.

Every Thursday: Open Seniors at 10am.

Every Friday: Open Friday, singles stableford, entry is €25 with a great prize for the best lady's or gent's card.

KILLARNEY GOLF CLUB

LADIES:

RESULTS OF COMPETITION SUNDAY SEPTEMBER 4TH SPONSORED BY VISAGE BEAUTY SALON, CHAPEL PLACE, KILLARNEY, SINGLES/SFORD, MAHONYS.

- 1st Eileen Tarrant (30) 44 pts (bk9).
- 2nd Patsy Hanley (22) 44pts.
- BG Eimear O'Donnell (6) 34 pts.
- 3rd Tina O'Sullivan (18) 43 pts.
- 4th Claire Breen (30) 42 pts.
- 5th Bernadette Nolan (16) 42 pts.
- 6th Anne Ladd (12) 40 pts.

CSS 70 (40 pts).

Next Sundays competition is Club Sponsored, Scramble/ team of 3, Lackabane Course.

IRISH SENIOR LADIES TEAM: Have been crowned European Champions at Sierra Golf Club, Poland, after overcoming Belgium 3.2 in a nail biting finish. Our extremely popular Killarney Member Mary Sheehy won the tie match on the 21st hole when she holed a 50 ft putt. Our Congratulations to Mary and the other members of her team on their international success.

KILLARNEY GOLF AND FISHING CLUB

MEN'S CLUB REPORT AND RESULTS: Club Captain Liam Hartnett is delighted to confirm that two of our inter-club competitions which had elapsed some years ago, are about to be re-instated in our Club calendar and they are as follows. The "Downing Cup" will be against our old friends and neighbours, Dooks Golf Club, this competition has it's origins going back



PICTURED AT KILLARNEY GOLF & FISHING CLUB FOR THE SEANI MCCARTHY MEMORIAL GOLF CLASSIC WERE L-R DAVID O'CONNOR; JAMIE O'SULLIVAN; JIMMY O'CONNOR & JAMSIE O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

into the mists of time, and the original trophy is believed to have been presented by the Downing brothers, who were a very prominent firm of Solicitors in the County for the best part of the 20th century, and the name continues in the present day Killarney firm of "Downing Courtney and Larkin". The second competition is for the "Esso Cup" which is an annual competition against Tralee Golf Club, this Cup was presented by the "Esso" dealers of Kerry, and was first played for in 1969, and the playing of same alternates annually at either Tralee or Killarney, and with home team advantage the winner usually alternates between the Clubs. Captain Liam says that the resurrection of these competitions, which ceased with the birth of the Celtic Tiger, is not so much as to have extra competitions in our competitions calendar, but far more importantly, is to renew old friendships, and rivalries, which had been allowed to elapse.

Sunday the 4th of September was the annual exchange day with Dooks Golf Club, the competition which was very kindly sponsored

by Clifford's Cash and Carry, was played in very benign conditions, and this was reflected in the number of players who broke standard scratch on the day. The winner Padraig Sweeney had a blistering back nine holes which included three birdies, while the runner up Mike Neeson, with the same score, played a very steady round, only to have been "pipped at the post" so to speak. the results were as follows.

1st Padraig Sweeney (8) 40 points, 2nd Mike Neeson (19) 40 points, 3rd John O'Shea (12) 39 points, 4th Barry O'Leary (10) 39 points, category 1, Greg Lanigan (4) 36 points, category 2, Con Healy (9) 34 points, category 3, Michael Quirke (13) 38 points and category 4, Seamus Doheny (20) 38 points, standard scratch was 36 points.

DEERPARK PITCH & PUTT NOTES

Wednesday Evening Fourball August 30th Nett
Sheila O'Donoghue and John Looney. Gross

Jason O'Brien and Noel Moynihan Future Wednesday evening competitions will commence at 6pm.

GENTS MATCHPLAY: This competition (sponsored by Murphy's Bar) came to a conclusion last Sunday with two winners of the competition doing battle in the final. 2003 winner John O'Brien got the better of Kieran Fitzpatrick in the first of our semi-finals by 4&3 with 2006 winner Gearoid Cronin winning the second semi-final over Jason O'Connor by 6&4. The final saw Gearoid Cronin take an early 2Up lead but John drew level level after 12 holes and then won the next eight holes to take charge of proceedings and go on to record a 10 & 9 victory. Well done to John on his win and thanks to all players for their co-operation in getting the competition finished off by the weekend intended.

NATIONAL INTER-COUNTY: Best Wishes to Damian Fleming and John McGrath in RGSC Dublin this weekend as they are members of the Kerry team taking part in the National Inter-County event.

NATIONAL INTER-COUNTY QUARTER-FINAL: The draw for same sees our Scratch Gents team down to play Collinstown Westmeath while our Handicap Gents team have been drawn to face Tullamore in their Quarter Final. Both games to be played between September 17th and 24th.

NIGHT-TIME PITCH & PUTT: This year's event (sponsored by Jimmy Briens' Bar) and in aid of the Kerry/Cork Cancer Link Bus takes place on Saturday September 24th, entry €75 per team. Contact Aidan O'Donoghue at 086-3364705 for more information.

CONGRATULATIONS: To our Club Secretary Fiona O'Donnell and her husband David and their extended families on the birth of their daughter Beibhinn Eve last Thursday, all delighted with the good news.



AT THE PRESENTATION OF PRIZES OF THE KILLARNEY SENIOR OPEN PRE-SEASON SQUASH TOURNAMENT HOSTED BY GLENEAGLE SQUASH CLUB WERE FRONT FROM LEFT, MARTIN BRETT, DONAL O'SULLIVAN (OPEN C WINNER), BRENDAN LAWTON (OPEN A PLATE WINNER), MACIEJ TRUCHAN (TOURNAMENT DIRECTOR), MARTIN J McDONNELL (OPEN A WINNER), CATHAL LYNCH (OPEN B WINNER) AND CLIVE MORGAN (OPEN A RUNNER-UP). BACK FROM LEFT ARE RAY O'CALLAGHAN, SEAMUS KERRISK, BRENDAN COUNIHAN, CONNIE DOYLE, MIKE CROWLEY, MIKE O'DONOGHUE, DAVID FORDE, ARTHUR MURPHY, TIM O'CALLAGHAN, KEITH CRONIN, OSKAR PRZYBORSKI, DONAGH CROWLEY, DON RING AND JOHN MCCARTHY. PICTURE: EAMONN KEOGH.



REDUCING EXPOSURE TO POLLUTANTS WHILE STUCK IN TRAFFIC

We can now thank outdoor air pollution for seven million premature deaths a year, according to the World Health Organization (WHO). In London, for example, air pollution kills more than 10-times the number of people than traffic accidents do. In urban areas, says WHO, outdoor air pollution was as carcinogenic to humans in October 2013 as smoking was in February 1985. Looking at the problem, last year a group of researchers led by the University of Surrey's Dr. Prashant Kumar found that drivers stopped at traffic lights were exposed to up to 29 times more harmful particulate matter than those driving in moving traffic. Dr. Kumar and his research team advises that when stuck in traffic, "Where possible and with weather conditions allowing, closing the windows and turning off the fan – or turning the fan on recirculating, increasing the distance between you and the car in front while in traffic jams or stationary at traffic lights – are the best ways to limit your exposure. If the fan or heater needs to be on, the best setting would be to have the air recirculating within the car without drawing in air from outdoors" he added.

THE SEASON OF CREATION

The Season of Creation is a month-long prayerful observation of the state of the world, its beauty and the ecological crises that threaten it and all its inhabitants. It runs from September 1st, the World Day of Prayer for Creation, through to October 4th, the feast day of St. Francis of Assisi. On September 1st at the Vatican Pope Francis celebrated the World Day of Prayer for Creation with a message that urged Catholics to view care for creation among the corporal and spiritual works of mercy. The pope also called on individuals in the various countries of the world to push their governments to make good on recent international agreements aimed at halting the warming of the atmosphere and encouraging sustainable development. Repeating his call from his June 2015 ecological encyclical *Laudato Si'*, Pope Francis said "Global warming continues, due in part to human activity: 2015

was the warmest year on record, and 2016 will likely be warmer still." "This is leading to ever more severe droughts, floods, fires and extreme weather events," the pope continued "Climate change is also contributing to the heart-rending refugee crisis. The world's poor, though least responsible for climate change, are most vulnerable and already suffering its impact." Asking that the continuing Jubilee year of mercy might summon a "profound interior conversion" among individuals for better treatment of the environment, Pope Francis says it is time for humanity to "repent of the harm we are doing to our common home."

IF A BLOOD DONATION COULD SAVE YOUR OWN OR YOUR CHILDS LIFE WOULD YOU CARE WHO THE DONOR WAS?

In the early 1940s, large-scale blood donation was still a relatively new technology. Improvements in storage, ranging from special plastic bottles to new anticoagulants, had made blood banking and transportation a sudden possibility. Governments, anticipating unprecedented wartime injuries, jumped on its promise - as did civilians looking for a new way to help. Even before the U.S. joined World War II, Americans proudly sent blood overseas via the "Plasma for Britain" project, which was masterminded by Charles Drew, a black doctor from Washington, D.C. - yet in late 1941, the U.S. Army and Navy told the Red Cross that they would only accept blood from white donors - black Americans nationwide were banned from giving blood. After three months of uproar, the US military changed their position slightly - instead of refusing black people's blood outright, they would instead segregate it from the white supply. Meanwhile, they doubled down on the party line, suggesting that all those who disagreed with this policy were undermining the war effort. Letters from thousands of white constituents appeared on the desks of Congressmen, expressing concerns about multiracial transfusions and supporting the separation. Despite the fact that it had long

been known that human blood is all alike, from whatever race it comes, the Red Cross in the U.S. (who let it be said never approved of the policy did not get it straightened out until 1950, when, after a decade of criticism, they finally stopped segregating blood though some states, like Louisiana, took even longer to come around. That was in the "Land of the Free" in the 1940's but do you know that even in Ireland and in many other parts of the world in 2016 blood donation is still mixed with discrimination - since the 1980s until June of this year in the Irish Republic there was a total ban on gay and bisexual men donating blood and though the lifting of the total ban is to be welcomed they will have to wait one year before being able to donate blood after last sexual contact which effectively means a gay man can never donate blood unless he is celibate and as yet no date has yet been set for when the policy will change. This "lifting" of the ban will bring Ireland into line with a similar policy set to commence in Northern Ireland in September, and which has already been enacted in Great Britain.

QUOTE

"Thanks to our bodies, God has joined us so closely to the world around us that we can feel the desertification of the soil almost as a physical ailment, and the extinction of a species as a painful disfigurement. Let us not leave in our wake a swathe of destruction and death which will affect our own lives and those of future generations". (Pope Francis 'Evangelium Gaudium' p.215, 2013)

ON THIS DATE – 9TH SEPTEMBER

1754 - Captain William Bligh, known best for his role in the mutiny on the 'Bounty' was born.
1803 - The "Lady Nelson" arrived in Van Diemen's Land, now Tasmania, in preparation for the first British settlement
1870 - Canadian Finance Minister authorised legally struck copper tokens, sous, and half-pence as cents, and Canadian one-pence pieces as two cents, effective from October 1st, 1870; announced withdrawal of the 20c piece.
1880 - Australian pioneer in physical therapy for polio sufferers, Sister Elizabeth Kenny, is born.
1914 - The German advance on Paris is halted and thrown back by a British and French counterattack.
1918 - Returning troops brought the Spanish Influenza to Canada.
1919 - Alexander Graham Bell's newly invented HD-4 hydrofoil, powered by twin aircraft engines, reached a new world water speed record of 122 kph;
1939 - Ottawa set up the Agricultural Supplies Committee for wartime distribution.
1976 - The government's establishment of New Zealand's first centralised electronic database through the Wanganui Computer Centre Act raised questions about the state's

ability to gather information on its citizens. 1978 - Jack Warner died; the film producer and studio boss was one of 12 children of Jewish immigrants from Poland who first settled in London, Ontario, where he was born on August 2, 1892. In 1905 he and his other Warner brothers, Albert Warner, Sam Warner and Harry Warner started a film distribution business in Ohio, but were soon forced to sell out to the Patents Company. They started producing shorts in 1912, and established a studio at Burbank, California, called Warner Bros. In 1927 they launched the sound era with Al Jolson's *The Jazz Singer*.

IRELAND'S PYRAMID

Pyramids have been used as burial tombs for almost 5,000 years, beginning with the ancient Egyptian pharaoh Djoser. A few thousand years later, a 19th century Irish nobleman may have seen the pharaoh's extraordinary mausoleum, and thought, "I could use one of those myself." Kinnitty Pyramid, the only one of its kind in Ireland, is situated in the graveyard of the Church of Ireland in the village of Kinnitty 13 km east of Birr in Co. Offaly on the R440 and R421 regional roads. It stands 30 feet in height and was built as a crypt by Lt. Col Richard Wesley Bernard for his family on his return from Egypt in the mid 1800's. It is an exact replica of the Pyramid of Cheop in Egypt. Building began in 1830 and was completed in 1834. It is permanently sealed now. The doors are 3 inches in width and made of steel that lead down 5 steps to the inside tomb. There are 6 coffins belonging to the Bernards of Kinnitty Castle. The first Bernard entombed is believed to be Margaret, who was laid to rest in 1842 at the age of only 24, after being bitten by a rabid dog. Over the next 65 years five more Bernards followed before the doors were final sealed in 1907. The village itself derives its name from the myth that the head of an ancient princess is buried beneath the village, Ceann being Irish for head and Eitigh being the name of the princess. In the 11th century the O'Carroll's of Ely built a castle on the site. In 1630 a new castle was built by William O'Carroll near the site of the original abbey which was confiscated by the English in 1641 and was handed over to the crown. In 1664 the castle was handed over as a reward for military service to Colonel Thomas Winter, his descendants sold the castle after his death to the Bernard family in 1764. The castle was renamed Castle Bernard and in 1811 the family commissioned architects to extend it. The castle was burned down by the republicans in 1922 and was subsequently rebuilt by the Bernard's who remained there until 1946. The castle was then purchased by Lord Decies, who only lived there for five years before he sold it again in 1951 to the State. The castle remained with the state until it was sold to the Ryan family; descendants of the King of Spain, in 1994 when they transformed it into a luxury hotel which stands in woodland on a 20,000 acre estate.

A TOURIST GAVE AWAY HER PIZZA TO A HOMELESS MAN. BUT SHE COULD NEVER HAVE IMAGINED WHO HE REALLY WAS

A woman from France, Karine Gombeau, was in New York on holiday when she mistook the American actor Richard Gere for a homeless person. Without recognising him, she then offered him a slice of pizza. As the French tourist later recounted herself, she was out for a walk in the city with her partner and fifteen year-old son when she saw a man digging about in a rubbish bin. He looked like he was homeless. Touched by the sight, she went over and offered him some pizza leftover from a restaurant she'd been in. 'He asked, "what's in the bag?" I tried to answer him in English, but I ended up saying half the words in French. I said: "sorry, but the pizza is cold." He answered, "thanks very much, God bless you,"' Ms. Gombeau recalls. Karine wasn't aware who she'd met on the streets of New York until two days later, when an employee at the hotel where her family was staying showed them a photo in a newspaper, with her standing next to Mr. Gere. It turned out that the French woman had accidentally wandered onto the set of the film 'Time out of Mind', in which Mr. Gere plays one of the leading roles. But for Richard Gere and the other members of the film crew, the moment will surely stay with them as the perfect illustration of simple human kindness.

EXTREME-WEATHER TENTS FOR THE HOMELESS COULD HELP SAVE MILLIONS OF LIVES

For millions of homeless people around the world, finding shelter from the elements can be a challenge. Extreme winter cold and summer heat can be fatal to people who aren't sufficiently protected. Tough tents produced by BillionBricks, a small non-profit in Singapore, are helping in a big way to alleviate the problem. Priced at about \$100 per tent, the triple-layer weatherproof fabric is draped over a basic structure assembled from common PVC pipes. The idea is for people to find or purchase the inexpensive pipes on their own, so the tent fabric and joint parts can be shipped to them more easily. The team also decided to make the fabric drape reversible - in the winter, it keeps body heat in, and in the summer, it reflects the sun. BillionBricks just concluded a small six-month pilot in New Delhi, in which 12 homeless families were sheltered through winter and summer months. They gave suggestions to the company, such as built-in lighting — a feature that might find its way into the next design upgrade with solar lights. Some

families have also requested larger tents. The structures are designed to hold two adults and three children, but a spokesperson for BillionBricks noticed families of up to seven sleeping in them. BillionBricks is working with other non-profits and governments to reach more homeless people with the product. The company plans for these groups to fund the tents, but is also working on a financing plan that would let homeless people pay for their tents over time. BillionBricks now plan to send 1,000 tents to countries in South Asia by the end of this year as another test project.

A LETTER WITH A MAP BUT NO ADDRESS REACHES ITS DESTINATION

Foreign tourists met a kind woman while on a stopover in the Icelandic city of Búðardalur, and they wanted to send her a letter. The only problem was they didn't know her name or her address. But with some ingenuity, a decent memory and the help of a dedicated postal carrier, the letter made it to its destination. The senders drew a map to the woman's home, showing several roads, a fjord, an arrow and a red dot where she lives. Where the recipient's name usually goes they wrote: a horse farm with an Icelandic/Danish couple and three kids and a lot of sheep! And in a note in the corner of the envelope added: "the Danish woman works in a supermarket in Búðardalur" to help the mail carrier identify the recipient. They also wrote on the envelope Country: Iceland. City: Búðardalur.

CAT FOUND ALIVE AFTER 6 DAYS IN EARTHQUAKE RUBBLE IN ITALY

Nearly a week after an earthquake levelled homes and killed almost 300 people in Italy, one lucky cat was pulled from the rubble by a team of rescuers in the town of Amatrice, which was nearly destroyed by the quake. The cat, named Gioia (which means "Joy"), had disappeared when her owner, Daniela Tursini, had fled from her home during the tremors. She was unable to find the cat when she left and had searched relentlessly for her, begging firefighters to help her find the cat, she told them "Gioia is all she has left. My house has gone, I've lost everything," Six days after the earthquake, firefighters were using bulldozers to clear away rocks, when one saw the gray-and-white cat trapped beneath floorboards and twisted metal. They carefully extracted her from the debris and found that she was healthy but dehydrated. Volunteer veterinarians working with the Ente Nazionale Protezione Animali, Italy's animal protection agency, have been working tirelessly to care for animals injured and lost in the earthquake. So far, they've assisted more than 300 animals, including dozens of dogs and cats, a cow in labour, and even a pair of turtles.



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CHILD SAFETY

CHOOSING AND USING IN-CAR CHILD RESTRAINTS

Two thirds of child fatalities in the under-four age group occur in cars. Choosing the correct car safety seat for your child is vital. It's also important to know that it is the driver's responsibility to ensure that all persons under the age of 17 are correctly restrained when travelling in their vehicle.

CHILD SAFETY DOS AND DONT'S

DO
Use only an approved restraint suitable for the child's weight and size.

Use restraints approved to the latest standard, (UNECE Regulation 44.04) – these fit better in modern cars and provide improved protection for your child.

Ensure that the restraint is compatible with your car. Check the seat manufacturer's application list, ask the retailer to demonstrate or install the seat, or ask for advice from the car manufacturer.

Buy a seat that uses the ISOFIX system if your vehicle has the necessary anchorage points – check the vehicle handbook.

Make sure that the restraint is fitted securely and firmly in the car – follow the instructions

and retain them in the car for future reference. Carry children in the rear seat of the car if possible.

Adjust the harness for a tight but comfortable fit each time your child uses the seat.

Check the restraint installation regularly to ensure that fixing straps or seat belts have not worked loose.

Check the restraint condition regularly and renew it if there are any signs of cracking in the shell or of fraying or cuts in webbing.

Ensure that your child understands the importance of being safely strapped in for every journey.

Cover the seat when parking on hot days to avoid burning the child on hot metal fittings when you return.

DON'T

Carry children unrestrained, no matter how short the journey.

Fit a rear-facing baby seat in the front seat of a car with a passenger airbag. Death or serious injury can result. Forward-facing seats should be set well back from the airbag.

Buy a restraint unless you are certain that it will fit properly in your car. No 'universal restraint' fits correctly in all cars.

Buy a second-hand restraint unless you



know its history and it is complete with all its instructions.

Buy an ISOFIX seat without first checking the vehicle handbook to make sure you choose a compatible ISOFIX category and size class.

Use a restraint that has been involved in a crash. Hold a child in your arms or put the seat belt around both of you. In an accident your weight will crush your child.

Allow children to release buckles or climb out of belts.

Modify child seats or buckles. This could have serious consequences in an accident.

Use an ordinary cushion instead of a booster cushion. In an accident it could fly out and the child could slide under the seat belt.

Leave your children unattended in a car.

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AT A KILLARNEY AND DISTRICT MOTOR CLUB NIGHT OF CELEBRATION IN THE KILLARNEY AVENUE HOTEL FOR CLUB MEMBERS ON THE INTERNATIONAL STAGE WERE FRONT FROM LEFT, ANTHONY O'CONNOR (RALLY CLERK OF THE COURSE), GER CONWAY AND ROBERT DUGGAN (DMACK JUNIOR BRITISH RALLY CHAMPIONSHIP WINNERS) AND DIARMUID CRONIN (CLUB CHAIRMAN). BACK FROM LEFT ARE TARA DUGGAN, CON DUGGAN, JOHNNY HICKEY (PRO), CIARA CARMODY, MIKE O'MAHONEY, BRIAN DOHERTY, TADHG O'REILLY, MARIAN O'REILLY, BRENDAN AND MARY CONWAY AND EILEEN O'REILLY. PICTURE: EAMONN KEOGH.



AT A KILLARNEY AND DISTRICT MOTOR CLUB NIGHT OF CELEBRATION IN THE KILLARNEY AVENUE HOTEL FOR CLUB MEMBERS ON THE INTERNATIONAL STAGE WERE GER CONWAY AND ROBERT DUGGAN (DMACK JUNIOR BRITISH RALLY CHAMPIONSHIP WINNERS), PAUL NAGLE (RALLY FINLAND WINNER) WITH ANTHONY O'CONNOR (RALLY CLERK OF THE COURSE), JOHNNY HICKEY (PRO), CLUB OFFICERS, FAMILY AND FRIENDS. PICTURE: EAMONN KEOGH



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SouthWest Counselling Centre

WORLD SUICIDE PREVENTION DAY KERRY LIFELINE AT SOUTHWEST COUNSELLING CENTRE



September 10th, is World Suicide Prevention Day. The theme "Connect, communicate and care" indicates that in order to combat suicide we must connect at various levels. At Kerry LifeLine we strongly believe that we can all work together towards being better connected. Through sharing information, expertise and time, we can do a great deal to help those who are feeling vulnerable to suicide. Through our combined efforts a difference can be made.

You are not Alone

If you are feeling despair and having thoughts about taking your life – it's really important to know that these are just thoughts. No matter how overwhelming they may seem, you don't have to act on them. You may feel like there is no way out of the pain you are feeling. You may feel you can never escape the stresses in your inner and outer world. What I really want to say to you is this; even though you have these thoughts now, however impossible it might sound, there is light at the end of the tunnel. No matter how big or small your problem may be, even if it's just a tiny glimmer, never give up hope. Don't keep these feelings hidden, there is no shame. Know that you are not alone. Many people experience feelings of hopelessness and despair. Jenny is one such person.

Jenny's Story "There were times when I felt no way out of this prison of my mind. I just wanted the pain to end. I wanted to disappear. I tried to kill myself but looking back now I'm so grateful I got the right support I needed. In counselling I was able to talk about whatever was on my mind. I had always felt not good enough and somehow thought what had happened to me was my fault, even though I was just a child. I thought it would be best for everyone if I died. I know now I couldn't have been more wrong. After counselling, the 'demons' in my head have quietened and I've moved to a better place within myself. Yeah, sure I have down days but nothing like before. I've started a new course and for the first time ever I'm looking forward to the future." Jenny (not her real name)

Steps to take

You do not have to suffer in silence. If you are in despair please talk to someone. Whilst it may feel like a difficult thing to do it's really important to speak to someone who may be able to help. This may be a family member, a friend, your GP, a teacher or a counsellor. There are people who understand what you are going through. You don't need to go through this alone. If this seems like too much of a challenge you can call the Samaritans: 116 113

Kerry LifeLine provides **FREE one to one counselling and support to anyone feeling suicidal or bereaved through suicide**. To make an appointment call 064 6636416 / email info@southwestcounselling.ie or info@kerrylifeline.com

Kerry Lifeline runs a **monthly support group** for family members bereaved through suicide (7pm – 9pm; last Monday of the month) at SouthWest Counselling Centre.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com

To make an appointment call 064 6636416/064 66364100

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision




Citizens Information

Know Your Rights: DONATIONS TO CHARITY

QUESTION

I make regular donations to charity. Can I claim tax back on my donations?

ANSWER

The tax code provides for tax relief for "eligible charities" and other "approved bodies" including schools and educational institutions. Revenue lists bodies that have been granted a charitable tax exemption on its website. If you make a donation of at least €250 to an eligible charity, tax relief on your donation is allowed to the charity rather than to you (the donor). Cash donations made in installments, such as by standing order, also qualify. The charity can claim a refund of tax on your donation at the end of the tax year. Relief is granted to the charity at a blended rate of 31% rather than the rate you actually pay. The donor is not entitled to a repayment of any part of the tax that has been repaid to the charity.

The amount repaid to a charity for any tax year cannot be more than the amount of tax actually paid by the donor for that year. For example, if your income tax liability for 2015 is €350 (which you have paid), the repayment to the charity is restricted to that amount. The minimum qualifying donation for individuals in a year of assessment is €250 and the maximum qualifying donation is €1 million. (Note that corporate donations are treated differently.)

If you are willing to allow the charity claim a refund on your donation, you need to fill out a form - either an "Annual Certificate" (CHY4) for a single tax year, or an "Enduring Certificate" (CHY3) which lasts for up to five years. You can find more information about tax refunds to charitable organisations in Revenue's booklet about the Charitable Donation Scheme.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherdveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

Drop off/Post: Killarney Outlook, 30 High St, Killarney Tel: 064 667 0000

PRIVATE CLASSIFIEDS - COST: Up to 20 words €5 | BUSINESS CLASSIFIEDS - COST: Up to 10 words €10 • 10 - 20 words €20

**** No More than 20 words **** DEADLINE IS WEDNESDAY AT 5pm Call: 064 6670000 | Email: killarneyoutlook@outlookmags.com | Post: The Killarney Outlook, 30 High St., Killarney. ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL

BUSINESS

SOUTHWEST COUNSELLING CENTRE, KILLARNEY

Offers professional, caring, confidential affordable counselling to Children, Adolescents, Adults and Couples. Further info and appointments.

Call: 064 66 36416 Mon to Fri 10am - 5pm

AWARE SUPPORT GROUP MEETINGS

Aware Depression Support

Group meets: Killarney – Mondays, KDYS at 8pm. Aware Support Groups are free to attend, no referral necessary. www.aware.ie

KILLARNEY AL ANON

The Killarney Al-Anon meetings are held Tuesday nights at 8.30pm, also Thursday mornings at 11am in St. Claire's, Vincent de Paul Building, Tesco carpark, Beech Road, Killarney

Contact Mairead 087 7808106

Ed37 YOGA CLASSES

Starting September 15th/20th/22nd/23rd Castleisland, Listowel, Killarney.

Contact: Michael 087 2700518.

Visit Kerryyoga.ie and book early.

Ed36 DRIVEWAYS

Tarmacadam, Drainage, Kerbing, Patios, Concrete. Free Estimates.

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Ed39 09667 HELP AVAILABLE

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Ed38 09677 JOHN'S REMOVAL SERVICES

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Ed36 09689

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Call: Ian 087 6304241

Ed37 09887 WEIGHT WATCHER CLASSES

In Killarney at The KDYS, Mondays 7pm until 8pm & Tuesdays 8.30am until 10.30am.

Contact Breda: 086 3001822



WANTED

Ed36 09817 TO RENT

Two bedroom house or apartment with parking in Killarney town or nearest point.

Long term rent. Contact: 087 1666755

Ed37 11008 HOUSE TO RENT

In the Glenflesk or Killarney area professional couple with dog.

Contact: Kevin on 083 8397504

Ed36 09686 CHILDMINDER REQUIRED

Faha area. 2 days per week in children's own home. 3 kids, school going. One pick up required. School terms only.

Contact: 087-9646356

Ed36 09692 WANTED ALL IRELAND TICKETS

2 tickets for the All Ireland Final, Dublin V's Mayo.

Contact: 087 6716570

Ed36 11013 WANTED LIVE IN CARER

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LOST

On Saturday 3rd September, as part of my wedding ceremony in the Cathedral (St. Mary's) in Killarney, I passed a One Schilling treasured coin to my newly married wife, as a token of all my possession. Unfortunately the coin which was placed on the front seat of the church got mislaid. As this coin was my grandmother's and now my new wife's coin, I would be extremely grateful if anyone came across it, would they please contact me on: 087 2739192 or alternatively on 086 1606607/087 6336554.

Many thanks, David.

A reward will be given.



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Excellent Seasoned Timber 8 x 5 x 3 foot rail. Only €140.00 delivered.

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Ed40 09841

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Ed36 09688 TO LET

House or double room to let in Rathmore village.

Contact: 087 7998087

Ed36 09684 TO LET

APARTMENT TO LET, FOSSA AREA. Chalet style on bedroomed apartment. Only suitable for single occupancy, non smoker only. Available for short term letting, three months initially, with possible monthly roll-overs thereafter.

Contact: 087 620 4846

Ed36 11014 TO LET

4 bedroom house, Rathmore area, no pets allowed.

Contact: 087 1221276



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ST JOSEPH'S HOME, KILLORGLIN, CO. KERRY

Director of Nursing/Manager

St. Joseph's Home, Killorglin is currently seeking an experienced and committed person to take on the role of Director of Nursing/Manager.

St. Joseph's is a well-established 40-bed Nursing Home, providing long term, short term, respite and palliative care.

The Applicant should be a Registered General Nurse with the following qualifications:

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3. Management experience.
4. H.I.Q.A. experience desirable.

Interested Candidates should forward copies of their C.V. and letter of application to

Sister Helena, St Joseph's Convent, Killorglin, Co. Kerry.
Email: margaret.lyne@talk21.com

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upwards**

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6pm - 8pm
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Contact: Triona **087 6808962**
Mairéad **087 6554545**

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Our Lady of Lourdes
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A WORD OF VICTORY

Welcome back dear reader we have spoken before about the two kingdoms that exist in our world today – the kingdom of the world where Satan is Lord and the Kingdom of God where Jesus is Lord. We have been given a choice by the Creator to choose where we want to live, to choose death or life, blessings or curses (Deuteronomy chapter 28-30). The spirit of this world consists of unsaved, unscrupulous people who control the lives of others by attempting to keep them in a place of complete obedience to the system through harsh laws etc.. Living in this atmosphere brings only curses – sickness, poverty all types of fears and stress. It is known as the curse of the law. The good news is the Lord Jesus came to redeem us from the curse of the law (Galatians 3:13) so that the blessings promised to Abraham and his descendants could come on those of faith. We enter the Kingdom of God not by moving to another land, we can experience it right where we are situated by rejecting the sin nature and accepting the free gift of Salvation by acknowledging (confessing aloud) the Lordship of Jesus. You can pray this aloud – “Satan I reject you and your evil ways, I repent of my sins and I accept forgiveness through the blood of Jesus and I acknowledge Jesus now as my Lord and Saviour, Heavenly Father I choose to live in Your Kingdom and I renounce the world’s kingdom of sin and corruption. I thank You Father for your mercy and grace and I submit to Your will to prosper and be in good health as my soul prospers. Lord Jesus I thank You for redeeming me from the curse of the law- from poverty, sickness and eternal separation from God. Lord fill me with Your Holy Spirit the One You sent to teach me Your ways. Amen” (3 John 3:2; Romans chapter 10). More next week....

Contact: 064- 66 22950 E: wovkillarney@gmail.com

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GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes, St. Padre Pio, St. Clare, Our Lady of Mount Carmel, Divine Mercy, St. Faustina, St. Michael Archangel and St. Anthony for health favours received.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. (Make request) O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish and request will be granted to you. This prayer must be published in thanks giving for favours received.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

J.K.O.C.

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass You who never delays, I come to you in need: (Clearly express what you want and ask him to find a way to get it to you)

Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise) Be quick. Saint Expedite!

Grant my wish before your candle burns out and I will glorify your name

Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.

For anyone in need say this prayer and your request will be granted. My request was granted. Amen.

ST. THERESE OF THE LITTLE FLOWER

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a “Prodigy of Miracles... the Greatest Saint of Modern Times.” Now I fervently beseech you to answer my petition (mention specifics here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea “to be made known everywhere” and I will never cease to lead others to Jesus through you.
Amen.

NOVENA TO THE SACRED HEART

You have said O’Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

THANKSGIVING ST. JUDE

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near Kinsman of Jesus Christ, this faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power, come to my assistance. Help me in my present urgent petition in return I promise to make your name known and cause you to be invoked.

Three Our Father, three Hail Mary and three Glory Be.
St. Jude and all the Saints pray for us and all who invoke your aid. Amen.

3RD ANNIVERSARY



In Loving Memory of a dear friend

MARIE LENIHAN

(NEE O'CONNOR)

'Oakwood House', Inchcullane,
Kilcummin, Killarney, Co. Kerry.

Who sadly passed away
on the 31st of August 2013.

You're name is often spoken
we talk about you still.
You haven't been forgotten
and you know you never will.

**Love from all your friends at
Scéal Éile Restaurant.**



1ST ANNIVERSARY & ACKNOWLEDGEMENT



In loving memory of

STEPHEN O'CONNOR

**Late of Alohert, Beaufort.
Who passed away on the
12th September 2015.**

On Stephen's first anniversary we his family
wish to express our sincere thanks and
appreciation to all those who sympathised
with us on our sad loss.

We would like to thank all those who
travelled long distances. We thank all our
relatives, neighbours and many friends
who called and helped us in so many ways
during Stephen's illness and during the days
of his wake and his funeral and for your
continued support over the past twelve
months and to those who brought and
served food and refreshments.

Thank you to all those who sent Mass cards
and messages of support and also for the
kind donations to the palliative care.

We remember in our thoughts and prayers
Dr Ann Cronin G.P., Dr Patricia Sheehan
and the nursing staff and the team at the
Palliative Care in University Hospital Kerry.
The Public Health Nurses the Home Care
team and the Irish Cancer Society Home
Nurses and the Oncology Unit at C.U.H. Cork.

We will be eternally grateful to them
for taking such extremely great care of
Stephen. We thank Diarmuid O'Sullivan
Chemist Killorglin and his wonderful staff
for all their help.

We sincerely wish to thank Fr. Donal
O'Connor for all his support and many visits
to Stephen at home and in hospital during
his illness. To Fr Fergal Ryan for the Funeral
Mass. Mike Coffey for the beautiful music
and the altar servers and our Sacristan
Peggy. We thank O'Sheas undertakers for
their professionalism in the handling of
the funeral arrangements, we also thank
those who prepared Stephens final resting
place. To all our work colleagues in Killarney
Cabs a very sincere thank you for all your
help and support and to all the Taxi drivers
in Killarney for the guard of honour at the
removal.

As it would be impossible to thank everyone
individually please accept our offering
of a Mass as an acknowledgment of our
gratitude and appreciation.

**Mass will be celebrated on Saturday the
10th of September at 7.30pm in
St Mary's Church Beaufort.**



THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

H.H.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

M.M.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

M.L.

NOVENA TO THE SACRED HEART

You have said O'Divine

Jesus ask and you shall receive, seek and you
shall find, knock and the door shall be opened
to you. Relying on these promises I come with
confidence during the novena to beg of you the
favours that I need (make request). From whom
shall I ask, Lord Jesus, if not from you whose
heart is an unfailing source of graces and merits.

Most loving heart of my God I believe in your
power, I believe in your knowledge, I believe in
your personal love for me and therefore O Sacred
Heart of Jesus I place all my trust in you. Our
Father, Hail Mary and Glory. Say 3 times for 3
days and request will be granted, Never know to
fail. Must publish. **M.L.**

PRAY TO ST. EXPEDITE

Saint Expedite, you lay in rest.
I come to you and ask that
this wish be granted.

(Mention your urgent request)

Saint Expedite now that I ask of you.
Saint Expedite now what I want of you,
this very second.

Don't waste another day.
Grant me what I ask for.

I know your power, I know you because
of your work. I know you can help me.
Do this for me and I will spread your
name with love and honour so that it will
be invoked again and again.

Expedite this wish with speed, love,
honour and goodness. Glory to you,
Saint Expedite!

Feast Day: 19th April. **Brid.**

GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy
St Faustina, St Expedite, St Padre Pio, Our
Lady of Mount Carmel, Sacred Heart of Jesus,
Our Lady of Lourdes for Health favours
received. **Brid.**

NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a
thousand thanks. And to all of the Saints for
favours received. And to the universe.

NOVENA TO THE SACRED HEART

You have said O'Divine

Jesus ask and you shall receive, seek and you
shall find, knock and the door shall be opened
to you. Relying on these promises I come with
confidence during the novena to beg of you the
favours that I need (make request). From whom
shall I ask, Lord Jesus, if not from you whose
heart is an unfailing source of graces and merits.

Most loving heart of my God I believe in your
power, I believe in your knowledge, I believe in
your personal love for me and therefore O Sacred
Heart of Jesus I place all my trust in you. Our
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one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

P.B.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful
Vine, Splendour of Heaven, Blessed Mother of the
Son of God, Immaculate Virgin, assist me in this my
necessity. O Star of the Sea, help me and show me
herein you are my Mother. (Make request) O Holy
Mary, Mother of God, Queen of Heaven and Earth, I
humbly beseech you from the bottom of my heart
to succour me in this necessity. There are none, that
can withstand your power. O show me herein you
are my mother. Oh Mary conceived without sin,
pray for us who have recourse to thee (3 times). Say
this prayer for 3 consecutive days and then publish
and request will be granted to you. This prayer must
be published in thanks giving for favours received.

PRAYER TO ST. ANTHONY

Oh gentle and loving St.
Anthony in whose arms the
infant Jesus love to linger, one
word from you and my prayer
will be answered oh speak
that word and the gratitude of
my heart will be yours.

A.O.M.

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