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I



From Strictly to Soccer and from Pancakes to Pictures.... Killarney Outlook is jam packed this week.

It's showtime for the dancers as Strictly Come Dancing takes to the stage at the INEC tonight, Killarney Celtic are facing a huge battle on Sunday as they take on North End United and local clubs Spa and Listry honour their own.

The town of Killarney said goodbye to one of its favourite sons today, the late John Kelly was laid to rest in Aghadoe Cemetery following Requiem Mass in St. Mary's Cathedral. Ar Dheis de go raibh an anam.

Aisling Crosbie
Editor

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Strictly Dancers set to take INEC by storm



It's almost Valentine's Day....

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IT'S PANCAKE TIME KILLARNEY SOROPTIMISTS PICTURED FOR THE LAUNCH OF THEIR ANNUAL PANCAKE MORNING WHICH WILL TAKE PLACE ON TUESDAY 13TH FEBRUARY AT THE KILLARNEY AVENUE HOTEL. L-R MONA LOONEY, CATHERINE GLEESON, EILEEN FOLEY, ANN WRENN, EMER MOYNIHAN (PRESIDENT), BRIDIE BROSAN & ANN O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN

Celtic face epic battle this weekend



KILLARNEY CELTIC, PICTURED AT CELTIC PARK FOR THE JUNIOR CUP GAME AGAINST MOHER. BACK ROW L-R CHRIS O'LEARY, CATHAL O'SHEA, JOHN McDONAGH (CAPTAIN), BRIAN KELLY, JAMIE SPILLANE & WAYNE SPARLING. FRONT ROW L-R PETER MCCARTHY, GARY KEANE, DANNY ROCHE, MICHEAL DEVLIN & MATT KEANE. PICTURE MARIE CARROLL-O'SULLIVAN

The "Holy Grail" Junior Soccer in Ireland - the FAI Junior Cup will see local heroes Killarney Celtic take on North End United in an epic battle of titanic proportions on Sunday next at Celtic Park at 2pm for a place in the last eight.

These two stalwarts of Irish Junior soccer meet to decide who will progress to the quarterfinals of this year's FAI Junior Cup. The FAI Junior Cup is the single biggest knockout tournament in Europe commencing with 600 teams at the outset.

Killarney Celtic's has a very good pedigree in this tournament reaching the semi-finals last year only to exit on penalties to the eventual tournament winners Sherriff YC. This is the second time only including last year that any Kerry team have progressed this far in the competition so as you might expect there will be huge local interest in this game on Sunday.

North End United from Wexford are no shrinking violets and have over the last few years been knocking around the latter stages of the competition. They will be arriving in Celtic Park on Sunday hot off the heels after defeating Ballymun United 6.0 in the last round of the competition, and they have also claimed the scalp of Limerick league toppers Janesboro along the way. They would have been one of the favourites at the start of the competition. Whilst Killarney Celtic have home advantage you would expect North End to start favourite with the bookies for this

one however the in-form Killarney Celtic who remain undefeated in all competitions thus far this year will be having other ideas about that.

"I am looking forward to welcoming North End United to Celtic Park and I'm confident that the team are ready and up to the challenge", Killarney Celtic manager Eoghan Donnellan told the Killarney Outlook.

"I am aware that North End United are a very good side but with Killarney Celtic's experience from last year's competition we have no fear of any side coming to play at Celtic Park", he added.

As always the support will be a huge factor in these games and Eoghan said that the 12th man will be of significant importance in Sunday's game.

"Celtic Park is not an easy venue for visiting teams to come to with the huge local support that the team gets. However, this is a huge game for us and I am calling on all supporters of Soccer in Kerry to come out and give their support on Sunday and help the only remaining Kerry team in the tournament get across the line", Eoghan said.

Sounds like it is going to be something special and if last year's games are anything to go by you can expect a massive turnout in support of the Hoops on Sunday. Kick-off is 2 pm Sunday 11th of February Celtic Park Killarney. Killarney Celtic v North End United last 16 FAI Junior Cup Tie.

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Niall takes the reins at the 5* Aghadoe Heights Hotel & Spa



NEW MANAGER, NIALL COFFEY PICTURED WITH THE TEAM AT THE AGHADOE HEIGHTS HOTEL & SPA.

Renowned hotelier, Niall Coffey has been appointed General Manager at The Aghadoe Heights Hotel & Spa.

With over twenty years' experience in the hospitality industry, Tipperary native, Niall Coffey began his career in the nineties when he joined the Fitzpatrick's Hotel Group on a four year Hotel Management Programme at Fitzpatrick's Castle Hotel in Dublin.

Niall joins the Aghadoe Heights

Hotel & Spa having previously come from the well-known Hastings Hotel Group where he most recently held the role of Deputy General Manager of The Culloden Estate & Spa, Belfast and prior to that Deputy General Manager at The Slieve Donard Resort. Niall has also gained a wealth of experience from hotels such as Mount Juliet Golf & Spa Hotel, Inishbofin House Hotel & Spa, Killerig Golf Resort, The Hibernian Hotel and Nuremore

Hotel & Country Club.

"I'm delighted to become a part of this well-established team and look forward to leading the hotel into the next stage of its growth. The hotel is recognized globally for its outstanding levels of customer service and I intend to continue to focus on this area. We also have some exciting projects lined up that promise to enhance the guest experience even further," said Niall.

Niall, his wife and their three

young children are looking forward to starting their new life in Killarney and exploring the beautiful surroundings. Niall, a keen golfer, will no doubt be exploring the stunning Links and Parkland courses in the area and welcoming Aghadoe's many international golfing guests with great enthusiasm. In addition to his love of golf, Niall was a past President of The Rotary Club, Ireland and is also a keen outdoor enthusiast.

SPA GAA Club honour their own

Members of Spa GAA Club gathered at the Torc Hotel on Saturday night last for the 4th annual awards night.

Fear an Ti for the occasion was Michael Gleeson who presented the following awards.

Young Player of the Year – Aidan Cronin Award Presented by Ann Cronin to Niall McCarthy
Junior Player of the Year – Pat Corcoran Award Presented by Tim Corcoran to Hugh O'Donoghue
Senior Lady Player of the Year was accepted by Katie O'Brien
Evan Cronin received the Senior Men Player of the year and the John Doyle Cup from John Doyle Snr.

Social/Cultural award was awarded to long serving member, Eileen Casey.

Lifetime Achievement Award: Jim Gleeson was the worthy recipient. There was also medal presentations to the Junior team on their East Kerry victory. Also

to the Senior ladies who were represented well and received their East Kerry Div 3, Junior B Co. Championship and Div 3 County League medals.

Special recognition to the Sem team on winning the Hogan Cup Winners 2016 and 2017. Dara Moynihan, Niall McCarthy, David Spillane, David Carroll, Evan Cronin were all in attendance

to receive a framed signed Sem jersey which will hang with pride in the clubhouse on our hall of fame.

The Kerry Juniors, were acknowledged on their All Ireland win, with Niall O'Mahony as selector and Evan Cronin player. The Scor na nOg All Ireland winning set performed for the packed hall and got a standing

ovation. They will once again compete in the All Ireland on Feb 17th, when they challenge the best of Ireland in the GAA cultural event in Sligo IT. Best of luck to dancers, Erin Holland, Liam Spillane, Orlaith Spillane, Eoghan Mulvaney, Siona Moynihan, Gary O Sullivan, Meghann Cronin and Cian O Sullivan. Also to coaches Triona and Mairead Mangan.



AWARD WINNERS AT SPA GAA CLUB FROM LEFT: KATIE O'BRIEN, JIM GLEESON, EILEEN CASEY, EVAN CRONIN, NIALL MCCARTHY AND HUGH O'DONOGHUE.

Health Matters...

With Dr. Lynda O'Callaghan

The Killarney Medical Centre

CHICKEN POX/VARICELLA ZOSTER

History

Chicken Pox is a highly infectious disease spread by the varicella-zoster virus. Most chicken pox is mild to moderate and self-limiting but serious complications can occur in well and in immunocompromised people with underlying conditions. In UK Data over 76% of people have been exposed to chicken pox by 5 years of age. 90% of people are affected by adolescence. It is worldwide and is endemic in most countries. It is infectious (contagious) from a few days before the rash appears (usually 2-3) until all the lesions are dry and crusted (may take 5-7 days usually but longer in more severe cases). It is not possible to get shingles from someone who has chicken pox. Likewise if you had had chicken pox in the past and have a healthy immune system you cannot get shingles from someone who has shingles. Shingles is caused by a reactivation of your own chicken pox virus which had been dormant (effectively asleep in your body). It is theoretically possible to get Chicken pox from someone who has active Shingles but in practice this is rare.

Presentation

The virus enters through the upper respiratory tract from another person's infected secretions or saliva. The incubation period (time taken for illness to develop) is typically 14-21 days. Symptoms include fever (even before rash), headache, off form, abdominal pain, aches and pains followed by the evolution of the traditional rash. The diagnosis of Chicken pox is a clinical one and requires the presence of the various stages of the rash all at the same time. That means you can see a papule (flat red mark), vesicle (water filled blister) and crusted lesion (scab) all at the same time. You may also see some pustules if some lesions get slightly infected or inflamed.

Lesions can occur in the mouth or genital area that are painful and require pain relief. Lesions touching the eyeball need medical attention. Lesions on the face or eyelids away from the eye should be managed like all other lesions.

Management

Maintain a good fluid intake, manage temperature and pain with paracetamol and avoid scratching. Anti-histamines may be used in children over 2 years old to ease itch. Ibuprofen/Nurofen is not recommended in acute chicken pox due to fear of more severe infections.

Anti-viral medication is not recommended routinely in children but may be considered in severe cases or those at risk of complications.

High risk situations

Anyone pregnant who is not immune to chicken pox and becomes exposed should seek immediate medical advice. People with significant underlying immune deficiency states are also at high risk of complications and should seek advice on treatment, especially those on oral steroids, cancer treatment, older people, HIV, post transplant, people on immunosuppression medication.

Complications

Secondary skin infection can occur and require antibiotics as can Pneumonia.

Meningitis and encephalitis (brain infection) is rare, as is bleeding problems but both require hospitalisation.

Secondary bacterial infection, especially Group A strep should be looked for.

Prevention

Mass vaccination is not available in Ireland or the UK. In the USA and Australia where routine chicken pox vaccine is offered there appeared to be an increase in Shingles rates. Some studies suggest this is not significant. The vaccine is available for purchase and can be discussed with your doctor.

Prognosis

Crude mortality rates from chicken pox are 2-4 per 100,000.



Dr. Lynda O'Callaghan
MB BCH BAO LRCP&SI MICGP
Dip. in Women's Health, DCP, DCH

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Students battle it out in Public Speaking Competition

A good speech is like a pencil... it has to have a point

Students from schools all over Munster attended the Regional Final of Soroptimist Ireland Public speaking competition which was held in The Gleneagle Hotel Killarney on Sat 3rd February. Two winners from each of the local heats in Cork, Bandon, Clonmel, Killarney and Limerick took part. Each young lady gave a six minute prepared speech on their chosen topic plus a two minute Impromptu speech on "Respect".

The local girls taking part were Erin Dee from the ISK Killorglin who spoke on the Environment - "We are not owners, we are

caretakers of Mother Earth" and Emer Beazley St Brigids Presentation Secondary School Killarney on Empowerment of Women - "If we did all the things we are capable of doing, we would literally astound ourselves".

It was a very entertaining and informative afternoon. The

winners were Erin Dee from ISK Killorglin, Kerry Tierney from the Ursuline Secondary School Thurles (Empowerment of Women - "If we did all the things we are capable of doing, we would literally astound ourselves") and Pattie Maguire from St Angela's College Cork (Health - How can we build our

resilience to protect and improve our mental health?)

Each winner got a set of family tickets to The Wizard of Oz Musical sponsored by Cork Opera House.

The winners will take part in the National Final which will be held in the Newman Institute in Ballina on Saturday 10th March.



THE SOROPTIMISTS, GIRLS PUBLIC SPEAKING, REGIONAL HEAT 2017-2018, AT THE GLENEAGLE HOTEL WHERE LOCAL GIRL EMER BEAZLEY (FRONT ROW 3RD FROM LEFT), ST BRIGIDS SECONDARY SCHOOL, REPRESENTED KILLARNEY. PICTURE MARIE CARROLL-O'SULLIVAN

New scheme to help musicians launched

The Arts service at Kerry County Council has launched a new scheme to help musicians.

The cost of musical instruments can be a very real barrier to people who want to learn an instrument, be part of a group or develop their skill set in the artform. To address this, Music Network who administer the national Music Capital Scheme, gave a presentation in Tralee Library last Thursday evening to a turn out of almost thirty people, all of whom had come to find out more about the Scheme. A Questions and Answer style information session developed where queries were dealt with in a practical way. The session was organised by the Arts Service at Kerry County Council and delivered by Music Network. "The Scheme is a great way of giving practical support to musicians, ensembles and organisations who work in music", Sarah Cunningham stated. Kate Kennelly, Arts Officer

at Kerry County Council was also present and iterated that in welcoming Music Network "it is another example of the Creative Ireland Kerry programme working to enable creativity in the community and this is a very significant opportunity for communities in Kerry". Finding ways of supporting the learning and making of music is a key

action also in the Kerry Music Education Partnership, between Kerry County Council and Kerry Education and Training Board.

There are two distinct awards under the Music Capital Scheme and funding is available to applicants who qualify for the purchase of musical instruments to both non-professional

performing groups and to professional musicians. A link to guidelines and applications for the Scheme can be found on HYPERLINK www.musicnetwork.ie/musicians/funding Interested applicants can contact Sarah Cunningham at Music Network on 01 4750224



A GROUP GATHERS FOR THE MUSIC NETWORK SEMINAR ON THE MUSICAL INSTRUMENT FUND IN THE ROSE HOTEL LAST WEEK. PHOTO DOMINICK WALSH.

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KCC Students show support for Ian



PICTURED AT THE PRESENTATION OF A CHEQUE TO MIKE O'CONNELL ARE BACK ROW: CILLIAN BROADBERY, ESEL ACUN, SHAUNA O'DONOGHUE, IGOR KRUPA, RAYNA MURPHY, NIKODEM BANOWSKI, DOMINIKA GABRYS, AOIBHIN COLLINS, EMMA MURPHY, SHENICE GOOD, ABBI O'MAHONEY, SEAN O'REILLY, AKVILE KAMINSKAITE
FRONT ROW: MS. KERRI MCCARTHY, ROISIN WALL, MR. MIKE O'CONNELL, MS. STELLA LOUGHANE (PRINCIPAL)

Fifth year LCVP students from Killarney Community College held a fundraiser to assist in the costs for the rehabilitation of Ian O'Connell who was injured in a biking accident in Killarney National Park last August. This week they presented a cheque to Mr. Mike O'Connell,

Ian's dad. The 16-year-old student from Pinewood Estate, Killarney suffered damage to his neck and spine when he fell from his bike. Ian has now been transferred from the Mater Hospital to the National Rehabilitation Hospital in Dun Laoghaire, where he will

undergo intensive rehab. The LCVP students fundraised on two separate occasions by holding a bake sale and selling baked goods at the Christmas Craft Fair. A total of €510.00 was raised and lodged to the Ian O'Connell Fund. According to their teacher, Ms. Kerri McCarthy

"It was a very thoughtful donation from the class group, it is wonderful to see the kindness shown by our students towards a student and friend in another school in our community. We hope to complete more fundraising events in the future".

On the quest for funds...

Adventure company raise money for Kerry Mountain Rescue Team

Elite Event Management and Quest Adventure Race Series recently hosted a table quiz to raise much-needed funds for Kerry Mountain Rescue Team. Thanks to the generous donations of prizes by local business and services and a

great attendance on the night – with many individuals giving generously – the total raised was €1302. Kerry Mountain Rescue Team provide a vital service and operate 365 days of the year. Quest Race Director Oliver Kirwan

said the quiz was organised to help give something back, "We are so fortunate to have such an excellent service in Kerry where individuals put their own health and safety on the line to protect others. A lot of our participants spend a lot of time on the hills

and mountains in Kerry and it's great that they can do so safe in the knowledge that if they run into trouble, someone will be there to help them. We hope to do some more fundraising in 2018 to help this great service continue."

Alan Wallace of Kerry Mountain Rescue Team said, "Many thanks to everyone who contributed to this fundraising effort. It's great to see local people getting behind us and supporting us to keep delivering this service. This year, one of our fundraising targets is to replace and upgrade our technical rescue equipment, we greatly appreciate all help we can get with this. We have been called out a number of times this winter already and fundraising like this helps ensure we are ready and available to respond when needed."



PICTURED ARE JOHN O'SULLIVAN AND PIARAS KELLY FROM KERRY MOUNTAIN RESCUE TEAM AND OLIVER KIRWAN, QUEST ADVENTURE SERIES (ELITE EVENTS)

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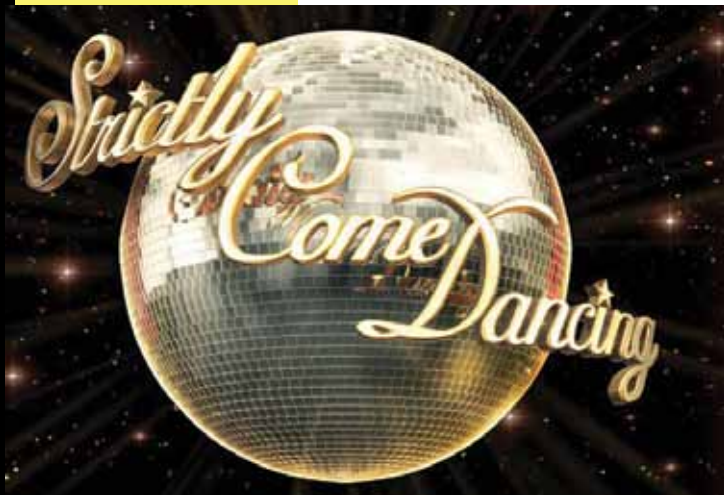
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It's Showtime for Strictly Come Dancing!



PICTURED AT REIDY'S FOR THE IRISH CANCER SOCIETY COFFEE MORNING ORGANISED BY GARDA MIKE MILNER WERE STANDING L-R KATHRINA BREEN, TIMMY MORIARTY, NIAMH SHEAHAN, GARDA & KERRY FOOTBALLER AIDAN O'MAHONEY MAYOR NIAL KELLEHER, TD DANNY HEALY RAE, EUGENE O'SULLIVAN, KATHLEEN O'SHEA & ELEANOR O'DOHERTY. FRONT ROW MAGS & MIKE MILNER. PICTURE MARIE CARROLL-O'SULLIVAN



Tonight February 9th, the 24 dancers taking part in this year's Strictly Come Dancing will take to the stage at the INEC.

Following months of rehearsals, the dancers under the tutelage of Mary Philpott will dance before an expected audience of over 1600 people. The audience can look forward to an action packed show as dancers from all walks of life compete to be crowned Strictly Come Dancing Champions 2018. Those tasked with choosing the winners this year are Judges, Michael Healy-Rae, TD, Mary MacMonagle, Danny Leane and

Michelle Cooper-Galvin.

The talented troupe of dancers will be performing a range of dances from the Waltz to the Charleston and the Jive to the Showdance. The show is not to be missed, there will also be a wine reception and raffle taking place. Tickets cost €20.00 per adult and €10.00 per child (under 12) and are available from the INEC killarney box office. Doors are at 7pm with the show starting at 8pm. The show is set to be a spectacular night out, raising money for a tremendous cause.



MICHELLE COOPER GALVIN PHOTOGRAPHER IS ONE OF THE JUDGES FOR THIS YEAR'S STRICTLY COME DANCING AT THE INEC TONIGHT.



MARY MACMONAGLE, GUEST RELATIONS AT THE GREAT SOUTHERN HOTEL IS ONE OF THE JUDGES FOR THIS YEAR'S STRICTLY COME DANCING AT THE INEC TONIGHT.



MICHAEL HEALY-RAE, TD, IS ONE OF THE JUDGES FOR THIS YEAR'S STRICTLY COME DANCING AT THE INEC TONIGHT.



DANNY LEANE, PROPRIETOR OF ANNBURY'S TRALEE IS ONE OF THE JUDGES FOR THIS YEAR'S STRICTLY COME DANCING AT THE INEC TONIGHT.

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FOR SALE

68 HAWTHORN AVENUE, WOODLAWN ROAD, KILLARNEY

Four bedroom semi-detached brick fronted family home, on private end site with south facing rear garden which is not overlooked and side access. Hawthorn Avenue is a desirable residential location with large green areas, convenient to Ballycasheen National School, Countess Shopping Centre, Deerpark Shopping Centre and Killarney Town. Accommodation extends to 125 sq.m./1345 sq. ft. and includes hall, sittingroom, kitchen/diningroom, utility, guest toilet, four bedrooms, with master en-suite and bathroom.



Price Region: €270,000

BER C3

'SUAINES' WOODLAWN ROAD, KILLARNEY

'Suaines' comprises a large seven bedroom dormer residence with detached garage on 0.2 acre site, located in an excellent mature residential area on the Woodlawn road. The property is excellently located only 1km from the town centre, close to all amenities, and would make an ideal family residence, investment property or bed and breakfast. This large property offers the prospective purchaser the opportunity work from home or to convert rooms to suit their own purpose. The property has a large South facing rear garden, which is not overlooked, with side vehicular access and detached garage.



Price Region: €310,000

BER Pending

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHAT YOU NEED TO CONSIDER BEFORE INVESTING YOUR MONEY:

We often here the words "don't put all your eggs in one basket" this applies to investing your money as well. Generally speaking a large percentage of your savings should be in capital guaranteed products. It is important not to put all of your money in one type of product or investment, if you spread your money into various types of products or investments you should be reducing your overall level of risk. Many Financial Advisers have access to different financial providers who offer a wide variety of different investment products and these products should be explained in detail to you in plain simple English before you make up your mind as to what investments suit you best. It is also very important that risk is discussed with you in detail so that you understand what risks may or may not be attached to the products you are considering. Finally you need to know what are the costs and charges for these products and these need to be compared with different providers.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA APA at 0646622775 or dermotcroninifa@gmail.com

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Little by Little.... A Little becomes a Lot....

Night nurses, Counselling, Grants and Research....Where the money is spent



As the Killarney/South Kerry Branch of the Irish Cancer Society prepare for their biggest annual fundraiser, Strictly Come Dancing, Killarney Outlook take a look at the work undertaken by the Irish Cancer Society here. To date, over €165,000 has been raised through Strictly Come Dancing and with this year's show guaranteed to be another sell out, it is important to point out that all the money raised stays local.

Every 3 minutes in Ireland someone gets a cancer diagnosis. Every hour someone dies from cancer. Incidence of cancer in Ireland is growing but more people are surviving cancer than ever before.

The Irish Cancer Society is funding lifesaving research to improve methods of detection and treatment, providing information and support to those affected by cancer, and raising awareness of how cancer can be prevented. Most recent data from the National Cancer Registry of Ireland shows that more than 36,500 people were diagnosed with cancer in 2013, 1,277 of these people are from Kerry.

Here is a breakdown of the most common cancers in Kerry in 2013:

- 368 non-melanoma skin cancer; • 93 breast cancer; • 107 prostate cancer; • 75 lung cancer • 97 bowel cancer; (33 melanoma skin cancer)

In 2016 the Society invested €3.2m in cancer research initiatives and projects throughout Ireland. Since 2010, the Society has committed over €20 million to cancer research making it the leading voluntary funder of cancer research in Ireland. This investment has supported more than 150 cancer researchers, from laboratory researchers to research nurses to population scientists to work on a diverse range of individual or collaborative projects that will ultimately lead to better ways of diagnosing and treating cancer. Some of these initiatives include significant investments in collaborative cancer research centres, such as, BREAST-PREDICT, a €7.5m investment focused exclusively on breast cancer research, and Blood Cancer Network Ireland, a €2.3m clinical research network for blood cancers, co-funded by Science Foundation Ireland.

SUPPORT: • The Freephone Cancer Nurseline 1800 200 700 answered 4,333 enquiries in 2016, with 63 enquiries from Kerry. The Nurseline is staffed by Cancer Nurses, Monday – Friday from 10am to 4pm, to provide confidential support and information to anyone affected by cancer.

- The Daffodil Centres available in 13 hospitals around the country, allow people affected by cancer to speak directly to a Cancer Nurse and to avail of information about cancer. A total of 38,562 contacts were made nationally with the Daffodil Centres.

- The Society sent 5,094 cancer information booklets and leaflets free of charge to Kerry,

while a total of 234,793 were distributed nationally.

- 77 cancer patients in Kerry received 369 nights of care through the Society's Night Nursing service. Over the course of 2016 Night Nurses provided 8,008 nights of care to 1,934 patients around the country, in their homes.

- 298 journeys were facilitated for 33 patients from Kerry who used the Volunteer Driver Service. The Service currently operates in 21 hospitals around the country and transports patients to and from their chemotherapy treatment. Nationally drivers clocked up 1,119,170 km as they facilitated 11,538 journeys for 1,162 patients.

- Grants totalling €7,100 were provided to 12 families in Kerry through the Society's Financial Support Programme which supports parents of children who are undergoing cancer treatment and experiencing financial hardship. Financial Support to the value of €248,054 was provided to 402 cancer patients across the country.

- Counselling sessions were provided in Kerry through Recovery Haven, providing emotional support to cancer patients and their families during and after their cancer journey. €25,920 was granted to the centre to cover counselling costs and a total of €352,892 was granted across the country in 2016. The Irish Cancer Society also supports local cancer support centres through training, organisational consultancy and grants for approved psycho-social programmes - €750 was granted to Kerry Cancer Support Group and €4,750 was granted to Recovery Haven.

- 42 patients from Kerry were granted a total of €11,080 from the Travel2Care transportation assistance fund made available by the National Cancer Control Programme (NCCP) and administered by the Irish Cancer Society. This fund is available to patients travelling to the eight designated cancer care centres in Ireland. In total 1,130 patients were assisted with transport costs to the sum of €270,675 in 2016.

PREVENTION: Four out of 10 cancers can be

awareness campaigns and a number of programs designed to raise awareness of cancer symptoms, cancer prevention and to support people to make lifestyle changes that can help reduce their risk of cancer. Initiatives include the PREVENT Programme aimed at educating communities on cancer prevention and early detection, Fit for Work and Life – an 8-week community health and wellbeing programme and the X-Hale initiative which aims to decrease the number of young people smoking.

- The X-HALE initiative aims to decrease the number of young people smoking. A total of €350 was awarded to a youth group in Kerry in 2016 to create their own anti-smoking campaign to encourage their peers and communities to be tobacco free. The Irish Cancer Advocacy team is working to improve the lives of people with cancer and reduce the risk of people getting cancer, by informing and influencing Government policy and legislation, including:

- Lobbying for a reduction in the Drugs Payment Scheme threshold (currently set at €144)

- Calling for the prescription charge to be abolished (currently set at €2.50 per item)

- Campaigning against high hospital car parking charges

- Extending cancer screening programmes

You are helping us by raising vital funds to support our work. For example:

- €30 covers the cost of supplying a GP Health Clinic with a supply of cancer literature for one year

- €60 will provide in-depth consultations on our Cancer Nurseline for three people

- €120 pays for five Spill Kits for Volunteer Drivers in the event a patient is ill in their car

- €350 will cover the cost of one night of Night Nursing.



THE KILLARNEY/SOUTH KERRY BRANCH OF THE IRISH CANCER SOCIETY COMMITTEE MEMBERS. PICTURE: MARIE CARROLL O'SULLIVAN

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Killarney mourns the late John Kelly, R.I.P.



The death of John Kelly of Coolcoslough on Monday morning has cast a pall of gloom over an area far wider than his own beloved Spa/Lissivigeen. The suddenness of his departure has shocked all who knew and respected him. The word Polymath could have been coined with John in mind. His knowledge and expertise embraced a vast range of topics and pursuits. He was a farmer, psychiatric nurse, oarsman, masseur, footballer, golfer, political activist and extremely able administrator.

His great love for people found full and fruitful expression in his life as a psychiatric nurse. He had deep affection for and empathy with those who were vulnerable and in need of care and support. He made a particularly important contribution when visiting and supporting people in their own homes. He understood that for many living and interacting in their own community offered the best opportunity of having a fulfilled life. He was chairman of the Saint Finan's Historical Society that co-ordinated the collection of the material that became the definitive history of the hospital - A Medical, Social and Sporting History [1852-2012]. The publication is the invaluable telling of the evolution of psychiatric care and is also a chronicle of society in Killarney and Kerry over one hundred and sixty years.

John had a deep affection for Killarney Lakes and its ancient sport of rowing. He was an

oarsman in his younger years and thereafter became very active as an administrator. His contribution in this regard helped revitalise Killarney's oldest sport event when its future looked somewhat bleak.

His professional involvement with people in their own community convinced him that a vibrant rural countryside was essential. This deeply held conviction saw him actively involved in the campaign to ensure that people could live and work in or close to where they were born and reared.

Gaelic football, especially with the Spa Club, was deep in his heart and soul. He was part of the 1966 team that won for the Club its first and vitally important O'Donoghue Cup. When his playing days ended he became a committed and very able administrator. He held virtually every officer position, including that of Cathaoirleach. He was a wonderfully effective and all embracing P.R.O. for the Club and ensured that his weekly notes informed locals and exiles of all that was happening in the place that they loved.

There are many players at club and county

level whose post-match aches and pains were eased by John's strong but gentle hands. He greatly enjoyed those sessions as they allowed him the opportunity to closely interact with sportsmen of all levels, including some of Kerry's finest.

In the year 2014 the Spa Club initiated an annual awards ceremony. John Kelly was the first recipient of the Lifetime Achievement award. Last Saturday at the fourth annual function his absence was noted and best wishes were forwarded. None of us present anticipated that that cruel fate was soon to intervene and rob us of a man whose life of service and friendship enriched each and every person he encountered in his long and varied life of giving and caring.

We extend our deepest sympathy to Sheila, their five fine children, grandchildren, his sisters and very many friends. We hope and pray that memories of a life well lived will be their consolation and inspiration.

Go raibh agat suaimhneas síoraí, John, i measc laochra na Ríochta.

Michael Gleeson



THE LATE JOHN KELLY (RIGHT) PICTURED WITH HIS WIFE SHEILA AND GOOD FRIENDS MICHAEL AND KATHLEEN GLEESON AT THIS YEAR'S LILY OF KILLARNEY. PICTURE: MARIE CARROLL O'SULLIVAN

Commercial Rowing club Tribute

The club wishes to extend its deepest sympathies to the Kelly family of Spa, Killarney on the sudden passing of John Kelly, RIP. We also extend our condolences to John's extended family members and friends, of whom there are many across the rowing and GAA fraternity in Killarney.

John was widely known and regarded in civic, sporting and community circles. Within the rowing community, John will be best known as an oarsman, committee member and lifelong volunteer with Commercial Rowing Club. We on the club's committee of had to pleasure of working with John over the last number of years and his energy and drive will be an inspiration to us all. He was instrumental in allowing us to revive the club and win its first men's trophy in 37 yrs at Killarney Regatta last July 2017. He will be sadly missed and fondly remembered.

John was centrally involved with a number of sporting publications, including the histories of Killarney Regatta and Spa GAA in addition to the Story of the O'Donoghue Cup. His contribution to the staging and running of the Killarney Regatta was nothing short of immense, with successive decades of service to the regatta committee. John excelled in the role of Regatta PRO, with an unrivalled knowledge of the long and proud history of rowing in Killarney. In addition to his tireless work as a psychiatric nurse and farmer, John will be fondly remembered for his voluntary contributions and service to a host of local bodies, extending beyond the GAA and rowing. John was also a keen and active member with Deepark Pitch & Putt, Killarney Golf & Fishing Club, Killarney Community Services, An Taisce and the Kerry Branch of the Retired Nurses.

He will be sadly missed and fondly remembered. Our thoughts and prayers are with John's wife Sheila, his five children and grandchildren.

Daniel O'Donoghue PRO

John Kelly was a great friend to us at Killarney Outlook. Every week without fail, John called either to drop off some news item or photograph and every Friday morning he called in for his copy of the magazine.

A lot of the old photographs in our Souvenir Edition every year came from John's vast collection. His knowledge and presence will be missed in the many clubs that John was involved in.

Ar Dheis de go raibh an anam.

Aisling Crosbie, Editor.

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REF 1119 **BER C2**



108 WOODLAWN PARK
Guide Price €230,000

4 Bedroom semi-detached property incorporating garage (approx 1,500 sq ft) on a corner site, private south facing rear garden, off street parking, oil fired central heating.

Ref 1016 **BER Pending**

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Debate and divergence of views can only enrich our history and culture...

Students from Faha National School took on Castlegregory National School in the Kerry Primary School Debating competition at The Kerry Education Centre this week.

The topic up for debate was "Ireland is the best country in the world to live in" with Faha, under the tutelage of 6th class teacher Annemarie Knightly, proposing the motion. Students Aoibhe Horan, Abbie O'Sullivan and Seamus Kelly persuaded the adjudicating panel, which consists of retired primary school teachers that indeed "Ireland is the best country in the world to live in".

The school will now go onto the next stage of the competition which will be held in March. The Concern Primary Schools Debating competition was established in 2011. Its aim is to encourage the use of debating as a learning tool for senior primary school classes and last year over 400 schools took part in it.

Faha National School debate their way into the next round



FAHA NATIONAL SCHOOL DEBATING TEAM: BACK FROM LEFT: HANNAH WILLOUGHBY, RICHARD WALSH, AOIBHE HORAN AND MIA GRIFFIN. FRONT FROM LEFT: LEAH BRENNAN, SEAMUS KELLY, LILY CLIFFORD AND ABBIE O'SULLIVAN.

Killarney You're Looking Good

The theme for the Killarney St Patrick's Day 2018 parade is 'Killarney You're Looking Good'. The parade theme celebrates 60 years of the National Tidy Towns competition. Killarney has a huge tradition of participating in the Tidy Towns competition, winning the overall award in 2011 and maintaining its status as Gold Medal winner every year for the past 14 years! Parade organisers are asking the question – What is it that makes Killarney look so good? It could be many things ; the beauty of our National park, the lakes, mountains and forests. It could be the well kept streets, shops

and buildings. It could be our local history, heritage or the warm welcoming nature of locals. The theme can be interpreted in many different ways. So now is the time to get creative and get thinking of ideas. The parade will be a great opportunity to show the world 'There is no place like Killarney'. You are invited to interpret the theme with lots of colour and fun. It is nearly time to paint the town green again on Saturday March 17th. Application forms for the parade will be available in the Killarney Municipal District Office in the Town Hall or by email chamber@killarney.ie



MAUD HICKEY, ENJOYING HER ICE-CREAM IN THE RAIN WATCHING THE ST.PATRICK'S DAY FESTIVAL PARADE IN KILLARNEY LAST YEAR.THE THEME OF THIS YEARS PARADE IS 'KILLARNEY YOU'RE LOOKING GOOD'. PHOTO:VALERIE O'SULLIVAN

Healthy Ireland at Killarney Library

Killarney library is participating in the national 'Healthy Ireland in Your Library' programme, a programme made possible with funding from Pobal. Among the initiatives underway are: (i) provision of a selection of 45 health related books to each public library in Ireland (ii) provision of funding towards a Healthy Ireland related event at each library during February and March, (iii) access to additional online resources, including new e-books, e-audiobooks and e-magazines, which you can find online at www.kerrylibrary.ie and (iv) a national promotion of the Healthy Ireland in the Library campaign. Over the next few weeks a number of health

related activities - talks, discussions and workshops - will take place at each of the nine Kerry Libraries, focusing on issues such as nutrition, physical health, mental health and health literacy. All events are free of charge and details are on the library website www.kerrylibrary.ie There will be a talk in Killarney library entitled 'Diabetes- what's the story' by Pauline Lynch, Regional Development Officer, Diabetes Ireland. This will be a general talk on diabetes, prevention, detection and management, aimed at the adult population and will take place on Wednesday 14 February, 2.00 pm.



PROPERTY OUTLOOK



THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: HAVENS REST, TRALEE ROAD, KILLARNEY. Substantial residence (approx 2,573 sq ft) on approx 0.5 acre site located on the Tralee Road (N22). The property is currently a Special Merit Award of Excellence winning B&B presented in immaculate condition. Ideal for a business minded person wishing to enter the hospitality trade. As a family home it is ideally suited to a growing family looking for more space or multi-generational living space.

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Second Time Around

Fundraising event for Kerry Cork Health Link BUs & Scamps & Scholars Childcare Centre

Second time Around is a fashion extravaganza of over 2500 "preloved" fashion items, all ready for resale over the weekend of the 16th - 18th February at the Scamps & Scholars premises on Langford Street in Killorglin.

All proceeds will go to the Kerry Cork Health Link Bus and the Scamps & Scholars Car park development fund.

Last year the Kerry Cork health link bus brought people from all over Kerry & West cork to attend over 3,000 appointments in the Cork University Hospital. The bus service to date, receives no government funding and is funded entirely from sponsorship and fundraising events.

By supporting this event, you are making a difference to the emotional well-being of the users and that of their families. You can give cancer patients that peace of mind that they have a safe, secure and supportive method of attending their appointment in Cork University Hospital.

This service also engages with schools to ensure that the younger population receive information on such things as Cancer Prevention, Reducing the Risk of Cancer, Screening, Body Awareness & Healthy Lifestyle.

Scamps & Scholars is one of Munster's largest Community Childcare Centre and is diverse and progressive in the services it provides. This charitable company provides low cost,

high quality childcare & early years education to about 230 children from Killorglin and the wider area. They have been in existence since 2001 and continue to grow with fantastic support from the local community.

"We are looking forward to another fantastic event" stated Derek O Leary, Manager of Scamps & Scholars Childcare Centre. "Its great to see the staff involved and we are raising vital funds for both services and in particular the Health Link Bus. We have had many families using our service and indeed some staff members families touched by cancer and we are delighted to support such a great cause. We are also trying to elevate huge parking challenges at our centre with

the development of a new car park adjacent to our centre."

Its a great chance to bag a bargain with all items screened a ready for immediate resale. Over the last two years this event has raised over €10,000 for both charities.

The event, organised by staff members of Scamps & Scholars will provide much needed funding to both charities and they are looking forward to a great weekend of browsing, shopping and socialising at this one off event.

More details from Breda or Ann at Scamps & Scholars on 0669762525 or on our website www.scampsandscholars.ie and you can also follow us on our facebook page.



ALL SET FOR THE SECOND TIME AROUND IS A FASHION EXTRAVAGANZA

St. Brigid's Presentation Killarney take to the slopes in Poland

On Friday last 2nd February 60 brave 2nd Year students accompanied by six staff from St. Brigid's Presentation Secondary School, Killarney departed Shannon for Krakow, Poland for a ski trip. On Saturday morning they travelled to the Kotelnica-Tatra ski area

where they enjoyed morning and afternoon ski lessons. Despite the falling temperatures, the ski enthusiasts continued to further develop their skills on Sunday and Monday. On Tuesday prior to departure they enjoyed a brief break in Krakow where they experienced

a guided walking tour of the magnificent city and had the opportunity to view some of the iconic sights such as Old Town Square, the University district, Wawel Hill and Cathedral, Cloth Hall and St. Mary's Church. A trip of a lifetime!



Valentines Day

There is only one happiness in life.... to love and be loved....

Happy Valentine's Day from everyone at Killarney Outlook



TEACHER CIARA CULHANE, CLEARWAY MONTESSORI ENJOYING THE BUILD UP TO VALENTINES DAY WITH HER STUDENTS. FRONT ROW L-R ZARA SUGRUE, CIARA CULHANE & AARON O'CONNOR. BACK ROW L-R NATHAN HORGAN, ZOEE NAGLE, LILY DUGGAN & RYAN O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN

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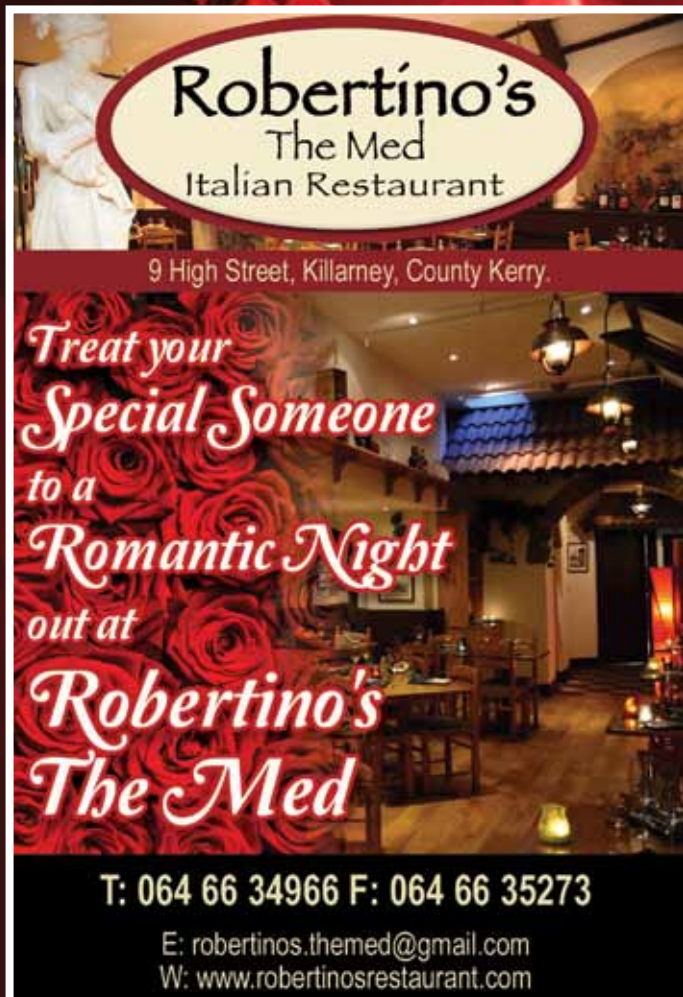
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LOVE IS IN THE AIR AT CLEARWAY MONTESSORI. OWNER/TEACHER CIARA CULHANE (LEFT) & TEACHER ROSE MANGAN (RIGHT) PICTURED AT THE KDYS PREPARING FOR VALENTINES DAY. PICTURE MARIE CARROLL-O'SULLIVAN



ALL SMILES PREPPING FOR VALENTINES DAY AT CLEARWAY MONTESSORI L-R CHARLIE SHEEHAN, JULIE QUINLAN, LILY PIERCE & LIAM LEAHY. PICTURE MARIE CARROLL-O'SULLIVAN

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KILLARNEY TOWN TALK



CAOIMHE SPILLANE

Happy Valentine's Day to one and all! Hope everyone has a lovely week. Between the snow and the hailstones, it doesn't feel much like spring, but we're hoping for some milder weather soon. The Gathering Traditional Music

Festival takes place at the end of this month from the 21st to the 25th, so save the date! More details in next week's Killarney Outlook. To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

OLD MARKET FLEA

The next Flea Market is coming up this weekend Sunday 11th February from 1-6pm in The Laurels Hall, Old Market Lane. The special Valentine's Edition, will have 20 stalls with vintage, preloved and brand new clothes, including men's vintage, bric a brac, vinyl, crafts, jewellery, art, baking, herbal teas and lots more...

EXPLORERS CLUB

Killarney National Park Education Centre are delighted to be offering a new after school club called Explorers Club. Explorers Club aims to provide children with fun and meaningful outdoor experiences whilst learning some new skills in the process. Activities will include simple woodcraft, foraging, den building, cooking on a fire and nature games. Time will be taken to enjoy the outdoors and learn about the animals and plants of Killarney National Park through active learning and discovery. The club is suitable for 7-11 year olds and lasts 6 weeks. It will run from 4-6pm every Wednesday starting the 11th April 2018. If you are interested in sending your child, please email shonaghgray@hotmail.com to enquire about costs and receive a booking form.

HANDED DOWN EVENT

Handed Down 'Sliabh Luachra Influence in the 1980's' will take place at the Heritage Centre in Scartaglin on Saturday March 3rd from 8pm to 10:30pm. The night will be presented by Paudie O'Connor with special guests Aoife Ní Chaoimh, Roisin O'Connor, Noeleen O'Donnell, Joe, John and Michelle O'Sullivan. There will also be young musicians Darragh Twomey, Ewan and Olwyn Houlihan and Killarney poet Eileen Sheehan. Admission is €8, children under 12 €3.

HISTORY LECTURE AT KILLARNEY LIBRARY

On Tuesday 13th February at 7.30pm, Kerry Archaeological & Historical Society will host a lecture entitled The Black Valley - an Archaeological Perspective. The lecture will be delivered by Frank Coyne, Archaeologist. Free admission.

WEEKLY MEETINGS

Killarney Active Retirement will resume Weekly meetings in the KDYS Killarney (back of Friary Bookshop) on FRIDAY - February 16th @ 2PM - new members always welcome -

DENIS BREEN MEMORIAL EVENTS

To mark the 1st Anniversary of Denis Breen, Hazelwood Drive a 10K walk will take place tomorrow, Saturday 10th February, starting at Deenagh Lodge with registration taking place from 10.00am - 10.45am. €5 per person with all proceeds going to the Oncology unit of the University Hospital Kerry. All your support is much appreciated.

The following weekend a benefit dance in memory of Denis will be held in the Mangerton Suite in the Gleneagle Hotel on Sunday 18th February from 9am - 1pm. All proceeds will go to the Irish Kidney Association and various bands will perform on the night.

Tickets at €10 are available at the door.

IT'S A GIRL....

Congratulations to Killarney couple Michelle and John Cronin on the birth of their beautiful baby daughter Fiadh. Michelle works in Who's 4 Shoes on High Street and John works in Ahern's Garage in Castleisland. Big sister Lauren is delighted with her little sis!



JASON WOODARD, KILLARNEY AND CORK AND JULIE BUCKLEY, CORK WHO WERE MARRIED ON FRIDAY LAST. THE COUPLE ARE PICTURED WITH THEIR SON WYATT. PHOTOGRAPH: WOODARD PHOTOGRAPHY

CHELTENHAM EVENT

Hear The Cheltenham Roar at The Gleneagle Hotel this March from the 13th to 16th. Whether you are an experienced punter or fancy having your first flutter then The Gleneagle is the next best place to be for a great atmosphere. Cheer on the Irish and enjoy a week of cracking racing. Their betting partner for the week is 777bet and the racing will be shown live on the big screen. There will also be nightly Texas Hold'em Poker with The Cue Club and nightly Entertainment and Dancing.

LOCAL BAND IRISH DEBUT

Killarney band ,Greywind, will play their debut Irish gig, on Saturday March 24th. They will be taking to the stage of Dublin's Academy 2, with special guests More Than Machines and Dream Awake. Brother and sister duo , Paul and Steph O' Sullivan have played numerous sold out shows in the UK and have toured in Europe but this will be their first gig on home soil. In their first 20 shows as a band they have played with the likes of Moose Blood and Thrice in the UK and some of the biggest festivals in the world, including Reading & Leeds Festival, Download Festival and Rock Am Ring. They are taking the alternative rock world by storm and released their first album Afterthoughts last year. Tickets are on sale now €12 from Ticketmaster.

SEAN CHAIRDE

A Sean Chairde Information Day will take place at the Dromhall Hotel on Thursday February 15th at 10am. Lunch will be included in entrance fee.

JOE DOLAN TRIBUTE

The Joe Dolan Show – As it Was ! – 10th Anniversary Tribute will take place tonight Friday 9th February from 9:30 pm - 11:00 pm. Starring: Adrian Dolan, Ray Dolan, Sandra Dolan, Karen Carroll And The Joe Dolan Band With Very Special Guest: Ben Dolan This live show aims to have you singing along to all those famous Joe's hits, the story of Joe Dolan in Words and Music from his first hit in 1964, 'The Answer To Everything', through the 70's with hits such as 'I Need You' and 'Sweet Little Rock 'n' Roller', the 80's with 'More and More', 'It's You, It's You, It's You' and 'Goodbye Venice Goodbye', The 90's with 'The Universal' and into the new century with 'O Holy Night'. Joe's brother Ben shared the stage with his younger brother for 47 fun-filled



ENJOYING THE LISTRY AWARDS NIGHT AT THE DROMHALL HOTEL WERE L-R STELLA HALLISSEY, JOE CLIFFORD, LEILA & ANTHONY SWEENEY. PICTURE MARIE CARROLL-O'SULLIVAN

years. Who better than Ben to highlight Joe's successful singing career. The Show features Ben's daughter Sandra, sons Ray and Adrian with Karen Carroll also featuring The Original Joe Dolan Backing Band. Tickets cost €20.00

COMEDIAN JASON BYRNE

Comedian and Ireland's Got Talent judge Jason Byrne will bring his brand new show 'The Man With Three Brains' to the INEC stage this weekend , Saturday 10th February. Jason's three brains kick into action when he hits the stage. His left brain scans the audience and room, looking for improv moments. His right brain collates stand-up material and stunts, poised to dish out the funnies at speed. His centre brain is Jason's coach, pushing him to the limit. The fastest thinking comic around will not only trip himself up, but probably you too. It's been a busy few years for Byrne. In addition to his extensive touring worldwide, his Radio 2 show was awarded the UK radio industry's prestigious Sony Radio Gold Award. Show starts at 8:00 pm tickets are €25.00

RECONNECTING TO OUR ROOTS EVENT

Reconnecting to Our Roots will take place on Saturday the 24th February at Killarney National Park Education Centre, Knockreer, Killarney from 11am-2pm. The focus of this event is to allow individuals to engage with nature in a new way. There will be a series of free workshops which will run throughout the day. Workshops will be: Bushcraft, Mindfulness & Meditation and Art & Nature. With the Art & Nature workshop you will be getting creative with your hands! By using clay and the natural surroundings you will create your own characters. This workshop will promote how to engage with your environment in a new perspective. Guest speakers will also

be talking throughout the day. There will be a Leave No Trace information tent onsite all day. If you are interested please register for the event as places are limited! To register search the event on Facebook, select that you will attend and you will be contacted with further details. You can also contact one of team members: Patrick 083-0472912 or Gary 083-8028355. Everyone is welcome!

FILM NIGHT

Beaufort Film Night is a new non-profit cultural community group which will screen a selection of films at the Inn Between Bar, Beaufort. The first film night takes place tonight Friday 9th February at 8.30pm . The Oscar-winning film "The Lives of Others" will be screened. The film is set in East Berlin, 1984. The Cold War is still raging and the communist bloc does not trust its own citizens. A secret police agent is tasked with conducting surveillance on a writer and his lover. Over time, rather than being coldly distant, he finds himself being absorbed by their private lives. Certificate 15. Admission of €7 goes towards the film licence fee.

MUM AND BABY PILATES

Mum and Baby Pilates Classes have started in the Parish Centre, Church of the Resurrection this week. They will now take place every Wednesday at 10am. Concentrating on postnatal exercise whilst bonding with your baby and making new friends. Call Jane Sharp on 0877449306 to book you and your baby in.

ICA

Monthly meeting of the Muckcross Guild of the ICA takes place on Monday 12th February at 7.45pm in Loughguittane NS. New members always welcome.



PICTURED AT THE DROMHALL HOTEL FOR THE LISTRY AWARDS NIGHT WERE L-R CLAIRE SCALLY, LINDA MANNIX, TINA O'DONOGHUE, CEIRE MCCARTHY & KIERAN O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN



EVAN CRONIN RECEIVES THE SENIOR MEN PLAYER OF THE YEAR AND THE JOHN DOYLE CUP FROM JOHN DOYLE SNR AT THE SPA GAA CLUB AWARDS NIGHT. ALSO INCLUDED ARE MEMBERS OF THE DOYLE FAMILY. PICTURE: ANNE HOLLAND



WINNER OF THE SPA GAA CLUB LIFETIME ACHIEVEMENT AWARD: JIM GLEESON (CENTRE) RECEIVES HIS AWARD FROM SPA GAA CLUB CHAIRMAN GER MANGAN. ON LEFT: MICHAEL GLEESON, FEAR AN TÍ FOR THE EVENING. PICTURE: ANNE HOLLAND



ENJOYING THE LISTRY AWARDS NIGHT AT THE DROMHALL HOTEL WERE L-R AISLING HOWE, DAMIAN CLIFFORD, PAUL & MAIREAD O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN



NIALL MCCARTHY RECEIVES THE AIDAN CRONIN - YOUNG PLAYER OF THE YEAR FROM BY ANN CRONIN. PICTURE: ANNE HOLLAND



ST BRENDAN'S COLLEGE STUDENT DANIEL O'SULLIVAN MINISH KILLARNEY WHO WILL REPRESENT IRELAND AT THE EUROPEAN SCIENCE OLYMPIAD IN SLOVENIA WITH HIS TEACHERS ROISIN BOYLE, NORA O'DOWD, SEAN COFFEY PRINCIPAL, PAUL LYNCH AND MARIE LAWLOR AT ST BRENDAN'S COLLEGE, KILLARNEY.



KATIE O'BRIEN RECEIVES THE SENIOR LADY PLAYER OF THE YEAR AWARD AT THE SPA GAA CLUB AWARDS NIGHT FROM CLUB CHAIRMAN GER MANGAN. PICTURE: ANNE HOLLAND



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ESRI wants closer links between PLC courses and the jobs market

Post Leaving Cert (PLC) courses in the Further Education and Training (FET) system provide an attractive alternative to higher education and have established a link between second level and third level. The CAO route isn't always the best one after the Leaving Cert. Some may not be ready for higher education while others may not secure a CAO course offer or may be unhappy with the offer received. Colleges of Further Education throughout the country offer PLC courses leading to awards at QQI FET Level 5 (Certificate) and QQI FET Level 6 (Advanced Certificate) from Quality and Qualifications Ireland (QQI).

A PLC course is ideal for a person who has completed the Leaving Cert and requires further vocational education and training to enhance her/his employment prospects. A PLC course provides anyone who is unsure of her/his career preferences with the opportunity to try out a course before committing to a third level course. It's also tailor made for a student who has completed the Leaving Cert Applied (LCA) or who didn't achieve sufficient points in the Leaving Cert for entry to a CAO course. A PLC course is perfect for a mature student, who may not have completed senior cycle but has the capacity to benefit from the PLC course.

PLC courses are full time, mainly one year, offering an integrated curriculum of academic work, practical work and work experience. The courses are an

end in themselves leading directly to employment in many cases. Increasingly, PLC's are used as an alternative entry route to third level education. Last year, about 16,000 applications to the CAO were from students with a PLC qualification. This is a very healthy development as it provides an alternative route into third level. Another attraction of PLC courses is their availability nationwide at nominal cost in Colleges of Further Education. There are a number of colleges in Kerry providing an extensive range of PLC courses. These include Kerry College of Further Education (KCFE Tralee), North Kerry College of Further Education (NKC Listowel), St. Joseph's Secondary School (Ballybunion), Killarney Community College and O Connell Centre (Caherciveen).

A recent Economic and Social Research Institute (ESRI) evaluation has highlighted the fact that PLC courses are producing too many hairdressers, beauticians, childcare, health and community service workers and not enough people with qualifications that the economy needs. According to the ESRI evaluation, the PLC sector, which accommodates over 30,000 students annually, appears to be poorly connected to the requirements of the labour market. Minister Richard Bruton is aware that more needs to be done to ensure that PLC courses respond to labour demands. The Minister wants more coordination at local level on PLC course provision. He also wants employer

engagement with PLC providers to become mandatory for new job specific PLC course proposals.

Through the higher education links scheme (HELs), the PLC courses provide an alternative route into CAO courses other than Leaving Cert exam results. Over forty higher education institutions including universities, institutes of technology and private colleges offer a variety of courses to PLC graduates. A PLC course normally involves completing eight modules in the academic year. Students' entry to CAO colleges is then based on a scoring system for PLC awards achieved at Level 5 and/or Level 6 on the National Framework of Qualifications (NFQ). Full details about the scoring system are available on the QQI website, www.qqi.ie.

There isn't a centralised application system for PLC courses. Each PLC college looks after its own application process. Entry requirements normally consist of Leaving Cert standard of education and satisfactory performance at interview. Mature applicants are assessed on their life's experiences. PLC colleges are now accepting applications so apply early as places on the most popular courses fill up quickly. Contact your local PLC course provider, check the PLC colleges' websites or access all the relevant information on www.qualifax.ie or the FET course hub, www.fetchcourses.ie.

Next week: Why the State owes the youth of the nation an education!



CHECKLIST

- PLC courses are an attractive alternative to higher education
- Further education is a link between 2nd level education and 3rd level education
- PLC courses lead directly to employment in many cases
- PLC courses lead to awards at Level 5 (Certificate) and Level 6 (Advanced Certificate) from Quality and Qualifications Ireland (QQI)
- Last year, about 16,000 PLC graduates applied to the CAO
- Unlike the CAO, there isn't a centralised application system for PLC courses
- PLC colleges are now accepting applications for 2018 entry, so apply early
- PLC students have the same entitlement to funding as third level students
- College grants are processed by Student Universal Support Ireland (SUSI)

Billy Ryle is a Career Guidance Counsellor and freelance writer

Grandparents celebrated at Gaelscoil Faithleann

Grandparents Day was celebrated for the first time in Gaelscoil Faithleann recently. There was a wonderful turn out of grandparents with a full house in the Halla. The Parents Council laid on a spread of teas and cakes, and the grandparents enjoyed the chance to sit and chat. The school band then entertained them with 'The Biddies' – there was song, poems and dance. Fr Tom Looney the school chaplain, said a lovely few words and blessed the group. Then the real excitement began for the Grandparents, with trips to the classrooms to see their

grandchildren in action.

According to Mary Carroll, secretary of the Parents Council, "It was a most special day with a real feeling of joy in the school. The children were enthralled to hear the tales from the Grandparents and had lots of questions to ask." Mary added, "We were conscious on the day to remember all the grandparents who could not be there through illness, distance to travel or those who have passed on before us. We know they would be rightly proud to see their grandchildren blossoming in their school journey."



NOREEN CAHILL ENJOYING GRANDPARENTS DAY IN GAELSCOIL FAITHLEANN ALONG WITH HER DAUGHTER MARY MCMAHON AND GRANDSON LUKE.

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Department of Business and Technology

Level 5:

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Criminology with Security Studies
Health Care Security
Office Administration with Computer Applications
Pre-Garda Studies
Pre-University Law
Reception and Customer Care
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Level 6:

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Department of Childcare and Education

Level 5:

Childhood Education with Montessori
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Pre-Teaching and Education Studies
Pre-University Studies
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Level 6:

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Advanced Montessori and Childcare Management
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Department of Construction and Engineering

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Department of Humanities and Health Care

Level 5:

Applied Social Studies with Psychology
Carers (Health Care Assistant)
Emergency Services
Nursing Studies
Nursing Studies with Maternity Care Skills
Pharmacy Assistant
Youth Work

Level 6:

Health Care Supervisory Management

Department of Science

Level 5:

Applied Science
Food Nutrition and Science
Veterinary Assisting Studies

Department of Sports and Nutrition

Level 5:

GAA Coaching and Sports Development
Physiotherapy Assistant Studies (year 1)
Sport, Recreation and Exercise
Sports Nutrition
Sports Therapy

Level 6:

Physiotherapy Assistant Studies (year 2)

Department of Tourism and Hospitality

Level 5:

Hotel and Catering
Professional Cookery
Tourism with Business

Level 6:

Advanced Professional Cookery

Students may be eligible for Maintenance Grant
or Back to Education Allowance
FURTHER INFORMATION AT KERRYFE.IE
Applications now being accepted online

Courses will be offered based on
demand and resources; content may be subject to change.



APPLY ONLINE KERRYFE.IE

RATHMORE /GNEEVEGUILLA

NEWS by Michael O'Mahony MARIAN PLAYERS RATHMORE PANTO GROUP

present their 31st Annual Panto THE PIED PIPER at Rathmore Community Centre

A huge thanks to you our audience, and everyone who assisted us in preparing this year's show. Especially the committee of Rathmore community centre for their support and accommodation since the start of rehearsals. Our thanks also to those who supported our clothes appeal earlier in the year. Thanks to the Leo Fitzgerald, Music Row Studios, to scoil Pobal Sliabh Luachra, Rathmore social Action Group, The Media, Jerry Healy, Tony Sheehan, Christy Dennehy, The management of the many schools in the parish and the sponsors, partners and families of the participants in the group and anyone else who may have helped in any way. A sincere thank you to all.

QUIZ NIGHT: Quiz night at Teach Iosagain, Rathmore Invites you to our Quiz Night Thursday February 15th 2018.

Form 8PM sharp Tables Of 4 €20.

Fun prizes Refreshments

Book your table : 0647761000.

All proceed to Rathmore social Action Group

45 CARD DRIVE at Rathmore community centre every Wednesday night during Lent starting ashe Wednesday 14th February 8pm sharp Everybody welcome

RAMBLING HOUSE at Heritage Centre Scartaglen Monday 12th February at 8.30 pm. Admission free, raffle and refreshments.

All are welcome.

RATHMORE CREDIT UNION

School Quiz - The annual Credit Union School Quiz was held in Rathmore School Gym running. A total of 33 Teams took part in both U-11 and U-13 category's. We wish to thank all participants. The children were complimented on the day by our Quiz Master Liam Fitzgerald for their exceptional behaviour and co-operation. The winners in the U13 category were Holy Family NS, team members Fionn Murphy, Rachel Frampton, Jack Buckley & Anna Cashman. The winners in the U11 category were Holy Family NS, team members Liam O'Keeffe, Ross Moriarty, Eoin Cashman & Grace Murphy. We congratulate both teams and wish them the very best of luck in the next stage of the Competition. Stage 2 is scheduled for Sunday 4th March at the Ballyroe Heights Hotel commencing at 2.00pm. We sincerely thank all the parents and teachers who nurture and encourage the children to take part in our annual Credit Union Quiz. Sacrament of Confirmation - Tuesday February 13th (Shrove Tuesday) - 3.30pm Rathmore Church Best of luck to all childrens who be getting confirmation on day.

SYMPATHY: To Seamus O'Brien, Gneeveguilla village, on the death of his father, Patrick O'Brien, Killcummin, & Ann Buckley Clounts Rathmore, & Dan Breen Scrathangullane Gneeveguilla & Patrick (Patie) O'Mahony Gortnagown Rathmore May they all rest in peace.



PICTURED IS THE CAST OF MARIAN PLAYERS RATHMORE PANTO GROUP THE PIED PIPER WHICH TAKE PART IN RATHMORE COMMUNITY CENTRE PICTURED IS BRIAN HICKEY, AS HENIZ, MARY HICKEY, AS GRETCHENBERGER DIARMUID COAKLEY AS GIRDA BERGERDAME JOHN BURNS, AS KARL PIED PIPER MIKE CRONIN, AS MAYOR STRUDEL MUIREANN HUGHES, AS MARTA STRUDEL JAMES TWOMEY, AS HANS STRUDEL, MARIAN PLAYERS RATHMORE PANTO GROUP

AIB

Wishes congratulations to knocknagree on winning the AIB all Ireland junior club final in croke park on Saturday last the final score knocknagree 3-13 to Multyarnham of westmeath 3-9 AIB All-Ireland Junior Final: knocknagree are part of parish of Rathmore. Well done to all involved.

GNEEVEGUILLA GAA CLUB

Gneeveguilla GAA Club annual social is on February 17th in the Hall. Presentation of minor medals on the night. Music by The kelts Tickets €25 contact Niall 0863420626.

GNEEVEGUILLA COMMUNITY ALERT in the event of your property being stolen and subsequently being recovered by the Gardai could you identify it? Muintir na Tire has produced a log book where serial number and other identifying markers can be recorded. cost €5. For further information contact 0863159744 or any committee member. Marcom Gardai-24 hour service 02620590.

DIOCESAN COLLECTION: The Diocesan Collection for Lourdes Helpers will be taken up as a second collection at all masses on this weekend 10th and 11th February Your generosity towards this collection ensures that many young helpers in our parish and in other parishes throughout the Diocese will get an opportunity to go to Lourdes.

FUNDRAISING CONCERT in aid of Millstreet girl, Anna Buckley's volunteering work with Street and Slum Children in Kolkata, India, with the HOPE FOUNDATION. Saturday February 10th, 2018 at 8pm in Millstreet GAA Hall. A great night assured. Your support would be greatly appreciated. See Millstreet.ie for more details.

INFORMATION DAY: Thursday February 15th 2018 The Dromhall Hotel Killarney Registration 10.00am. Tea & Coffee 11.10am John O'Grady, Assistant Station Officer, Killarney Fire Station Be Aware Be Safe Q & A 11.30am H.S.E. Your Voice Matters & Compassionate care for Older People 12.30pm Pádraig McCannon K. R. S. P. Keeping Active 12.45pm Local Link Kerry Transport 1.00pm Lunch 2.30pm Mary Grantfield, Citizens

Information Your entitlements etc. Q & A 3.30pm Garda Safety & Security

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm. Sunday,

FOSSA NOTES

LOTTO

Numbers drawn were 2, 9, 16, 28. There was one jackpot winner and that was Jade Houlihan, Curragh Aghadoe. Next weeks jackpot will be €3,000.

MEMBERSHIP

All membership MUST be paid before Saturday March 31st. Any player not registered is NOT insured. Registration day for juvenile boys and girls is on Sunday March 11th at the Club House starting at 12 noon. General membership should be given to Gene at his house, or at Lotto on Sunday nights 9:30pm. Adults/Senior Players €30. Family membership, which includes parents and all children including minor, €60. Student/ Juvenile €15

FOSSA/TWO MILE COMHALTAS

We're looking for Ireland's most talented family to take part in a brand new TV show. If you and your brother or sister, father, mother or granny has a talent, now is your chance to make your family a household name. All entries must be made up from immediate family members, i.e. grandparents/parents/children. The act must consist of at least two people. There are no restrictions on what their act could be. They could be singers, dancers, musicians or storytellers

If you and your family would like to audition please contact; Lucinda@adareproductions.ie, rob@adareproductions.ie or phone 01 2843877.

Fossa/Two Mile Comhaltas will hold their annual Rambling House on Saturday 10th March at 8.30pm in The Innisfallen Hotel, Fossa. Anyone interested in taking part contact Tim at 087 2413116 or Eileen 087 6284053.

BEAUFORT FILM NIGHT is a new non-profit cultural community group which will screen a selection of films at the Inn Between Bar, Beaufort. The first film night takes place on Friday 9th February at 8.30pm where the Oscar-winning film *The Lives of Others* will be screened, Certificate 15. Further information can be found on the facebook page @ BeaufortFilmNight.

KILLARNEY LIBRARY

As part of the Healthy Ireland initiative Killarney Library will host 2 free events. On Thursday, 8th February at 11am, fitness trainer and former Kerry footballer Sean O'Sullivan will host a workshop on the benefits of physical exercise and healthy eating. On Wednesday, 14th February at 2pm, a talk on diabetes will take place and will be delivered by Pauline Lynch of Diabetes Ireland.

SYMPATHY

Fossa GAA Club extends its deepest sympathy to Betty Walsh and family of Curragh on the death of her father Pa O'Brien of Glounacopple Kilcummin. Sympathy is also extended to Pat Clifford and family of Dromin on the death of Pat's father, Jimmy Clifford in Waterville. May they rest in peace.

BEAUFORT NOTES

PIONEER NEWS Thinking about taking Short term Pledge for Lent? For Details contact Local Pioneer Centre.

BEAUFORT RAMBLING HOUSE Saturday February 10th. Doors open 8.30pm. Great night of music song and storytelling.

LOTTO results of Sunday, 4th February for jackpot of €2,200. Numbers drawn: 6,13,22,27. No jackpot winner.

Consolation Prizes

€80 Ger Hartnett, Gap of Dunloe

€50 John O'Callaghan, Coolmagort, Tom O'Connor, Carnahone, John O'Sullivan, Cap-pagh

Next draw for jackpot of €2,400 will be in Kate Kearney's Cottage on Sunday, 18th February.

Tickets available from usual sellers, shops, public house and now online at www.beaufort-gaaclub.com

Thanks to everybody who support the lotto.

SPORTS PREDICTION QUIZ

Thanks to everybody who took part in the Sports Prediction quiz and to all our entry sellers.

LISTRY NOTES

CLASSES:

Listry Community Council in association with Kerry Education Training Board are offering an ART CLASS (Painting with Acrylics / Watercolours) beginning on Monday February 5th from 4-6pm. If interested in this Class please phone or text Tony on 087 2563883 prior to Saturday Feb 3rd. Based on demand, an Advanced Photography Class may also be offered. For further details please contact Joan on 086 7944494 prior to Monday February 12th.

KILCUMMIN

ILLEGAL DUMPING

A spate of illegal dumping took place recently on separate locations on the roadside between Tagney's cross and Cockhill cross. This is an ongoing problem along this stretch of road and we are asking residents and road-users to be more alert to this unacceptable behaviour. To report any illegal dumping please contact the Environmental Department 'litter complaints hotline' on 1800 326228.

COOLICK PRE-SCHOOL

Due to high demand Coolick Pre-School intend to run an afternoon sessional service and are presently taking names. Please contact Ciara on 087 - 1181993 for more information.

CE VACANCIES

Vacancies presently exist on the Kilcummin Rural Dev. C.E. Scheme for the positions of Maintenance/Caretaker and Office Administrator. These positions are a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your Local Dep. of Social Protection Intreo Office to check your eligibility. To apply, please forward your CV for the attention of the Supervisor to Rural Dev. Office by post or email john@kilcumminparish.com. contact John 086-1579381.

COMHALTAS

CEOL AN GHEIMHRIDH NA MUMHAN

Ceol An Gheimhridh Na Mumhan is taking place in Dromcollogher, Co. Limerick this Sunday February 11th. Best wishes to musician, singer and set dancers on the day.

SULT NA NÓG

Sult na nÓg competition is on Saturday March 3rd in IT Tralee & Sunday March 4th in Fossa Community Centre.

TRADITIONAL SINGING CLASSES

Comhaltas are hoping to recommence Traditional Singing Classes shortly. If interested please contact Martina Ryle O'Sullivan on 087-2971213.

COMHALTAS DVD

Comhaltas DVD on Sale €5.00. Please contact Tony O'Connor 087-6258641, Louise Finnegan 087-9353254.

FREE ASTHMA AND COPD ADVICE LINE

Speak to a specialist nurse over the phone about your or your child's asthma or COPD. Free phone 1800 44 54 64 between 9am and 5pm Mon to Fri to book an appointment.

KILCUMMIN GAA

Club Registration will take place on 16th and 23rd February from 7-9pm on both nights DEVELOPMENT FUND.

Due to the great success and demand for the fundraidraiser packages the closing date has been extended to Friday February 16th. Contact 0879133062 or Email kilcummingaadevelopment@gmail.com.

CHILD WELFARE

A child welfare course will take place on 27th February from 7-9pm. It is mandatory for all Officers, Mentors, parents involved at any level of all club activities to attend.

COACHING.

A coaching course for all juvenile mentors will



REMEMBERING NATHAN AT THE PORTER HOUSE, PLUNKETT STREET, WHERE PARENTS DENIS & MARIE O'CARROLL PRESENTED A CHEQUE OF OVER €40,000 TO THE OFFICIALS OF PIETA HOUSE FOLLOWING NATHAN'S WALK, "DARKNESS INTO LIGHT" WHICH TOOK PLACE IN MAY 2017. PICTURE MARIE CARROLL-O'SULLIVAN

take place on Saturday 17th Feb (time to be confirmed)

SENIOR FOOTBALL

Kilcummin have been drawn in Group 1 of the Castleisland Mart Intermediate Club Championship. We will have at least 3 games in the group with the winners going forward to contest the semi-finals while the bottom placed team in the group dropping in to the relegation battle. Our opponents in the group are Glenbeigh/Glencar, Milltown /Castlemaine and Brosna.

East Kerry League Kilcummin v Gneeveguilla this Sunday at 2pm in Kilcummin

MINOR FOOTBALL.

The Minor Co League commences on 17th Feb at 4pm with a home game against St Pats Blennerville, followed by two away games against Beaufort 3rd March at 4 p.m. and Annascaul/Lispole on March 10th also at 4 p.m. Spa and Beale make up the group.h

GLENFLESK NOTES

GLENFLESK SENIORS

Our Senior team kick off their season this Sunday February 11th at 2pm against Furies at Barraduff Community Field in the East Kerry League.

GLENFLESK MINORS

Our Minors begin their Co. League campaign at home to Ballymac on February 17th at 4pm.

GLENFLESK LOTTO:

No winner of the lotto which took place in The Corner Bar on 29/1/2018.

Jackpot €4,800. Numbers were 4, 18, 19, 20.

1. Diane O Leary, Headford.(Yearly ticket)
2. Joan Doherty, Lisnagrave (sellers prize Spillanes Bar)
3. Donie Donovan, Dromcarbin
4. Denis O Sullivan,Dalton's Ave
5. Mike O Connor, SPX

The next draw will take place in the Kerryway on 12/2/2018, and the Jackpot is €5,000.

SCOR NA NOG

Scór Sinsear

The Co Final of Senior Scór will be held in mid February. Any member of Glenflesk GAA, aged 17 or over, who would like to take part, should contact the Scór Officer, Rosie, as soon as possible at 087 2072512.

SCÓR NA BPÁISTÍ

The East Kerry round of Scór na bPáistí will take place in the Racecourse on Saturday, February 24th, at 12pm. Any primary school children, who are members of Glenflesk GAA, who would like to take part in any of the competitions, are asked to forward their names to the Scór Officer, Rosie, as soon as possible at 0872072512 to finalise entries for the Club.

OPERATION TRANSFORMATION

GLENFLESK

The GAA in partnership with RTE's Operation Transformation is seeking to bring together Communities across the 32 County's to enjoy healthy walks in the Safe bright environs of there GAA Club. In a bid to make exercise more accessible on the dark winter nights, Ireland lights up will see participating clubs turn on there lights between 7 and 8pm each Monday for a six week period (22nd of January-26th of February). Our Club Glenflesk is delighted to be one of the 100 participating clubs, we are asking everyone in the parish young and old to join us. You will be welcomed each week by Derry Healy and Dermot Kelly who are leading the initiative. LETS LIGHT UP GLENFLESK TOGETHER



MILLTOWN/LISTCOMMUNITY GAMES GIRLS U10 TEAM WHO SECURED GOLD AT THE WEEKEND.

RAHEEN N.S.

Enrolment forms for year 2018/2019 are now available in the school 064 7754447 or on our website www.raheenns.com. Congratulations to Joe Donovan who had the winning lotto no. 26 on Saturday the 3rd of February.

BARRADUFF N.S.

Barraduff NS is now taking enrolments for new Junior Infants for September 2018. Application forms for enrolment of new entrants are available from the school. Closing Date is 23rd March 2018. Contact Telephone No: (064) 7754478 email: Barraduff.ias@eircom.net.

KILLARNEY LIBRARY

As part of the Healthy Ireland initiative Killarney Library will host 2 free events. On Thursday 8th February at 11am fitness trainer and former Kerry footballer Sean O'Sullivan will host a workshop on the benefits of physical exercise and healthy eating. On Wednesday 14th February at 2pm a talk on diabetes will take place and will be delivered by Pauline Lynch of Diabetes Ireland.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.



ENJOYING GRANDPARENTS DAY AT FAHA NATIONAL SCHOOL YESTERDAY THURSDAY FEBRUARY 8TH WERE PEGGY & DONAL COUNIHAN, ANN & TIM O MAHONEY



CAITRIONA O DONOGHUE & MARY WALSH ENJOY GRANDPARENTS DAY AT FAHA NATIONAL SCHOOL.



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KIDS CORNER

Celebrating the launch of our new "Jumping Gym" fun kids fitness classes, this week's tips are for the kids, although we could learn a lot from it too

HIDDEN SUGARS

The recommended daily allowance of sugar intake in young children between the ages of 4-8 years is 3 teaspoons of sugar.

Popular foods and drinks consumed by children on a typical school day:

- Coco Pops Cereal Bars 1 Bar (20g) = 8.4g Of sugar (over 2 teaspoons)
- Capri Sun (1 Pouch) = 18grams of sugar (over 4 teaspoons)
- Robinsons Fruit Shoot(200ml) = 23grams of sugar (over 5 teaspoons)
- Petits Filous = 2 teaspoons of sugar
- Frubes = 2 teaspoons of sugar

From the above it is clear that children are eating an average 2 to 3 times their daily recommended intake of sugar. This is without putting a square of chocolate or jellies past their lips. What's the big deal?

1. Eating too much sugar means we're having too many calories, if our body doesn't use them it stores them as fat. As a result, this leads to overweight children. 1 in 4 children in Ireland are overweight.
2. Too much sugar will affect children's concentration levels in school.
3. Dental care – tooth decay – a rising issue among young children.
4. Too much sugar also leads to hyperactivity in children.

- Pointer; when reading labels 4grams of sugar is equal to 1 teaspoon.
- Pointer; Fat Free doesn't mean sugar free – check your labels especially yogurts.

MORE TIPS NEXT WEEK...

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OUTLOOK FASHION

Knitwear:

If you don't want to bother with a jacket or coat, an oversized jumper is just the item you need this season. Keep it bright and team it with either jeans and pumps, or a midi skirt. Also, some maxi earrings will make for a nice contrast.



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Your body holds your story – your history. Your cells eavesdrop on your thoughts and dreams and they respond accordingly. Every single thought or belief is FELT within the body. The body is the home for your feelings, emotions, memories, longings, desires, dreams, hopes and wishes. It propels us and compels us and fills us with feeling. It is within our body that we understand that we exist. We are HERE! Our body gives us grounding, weight, gravity and substance. If we only think of our body in terms of being able to leave it so that we can fly free and soar to the spirit then we have missed the point of being alive. It is the body that informs the soul of what it means to be fully alive. It is only through the body's experiences that the soul can find its fullest expression. Every time you think a thought there is a corresponding movement response within your body. What you think becomes a "felt" sensation. If you are always self critical, judgmental or hard on yourself your body will mirror and reflect this back in the way that you experience feelings. You may find your stomach tensing or your shoulders contracting. Your breath may become shallow or you may realize you are subconsciously holding your breath in a "freeze" response. There is a saying that our issues get trapped in our tissues. However, the body is also resilient and open to change and healing. The greatest way to allow that healing to occur is to love your body. Be kind to yourself. Stop judging or being critical of you and drop into an open hearted acceptance of you. Eat kindly and choose the kindest thoughts to think and do the kindest deeds. Watch how your body opens up and lets go of pain and resistance while health & happiness blossom in their place.

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Donal O'Sullivan MISCPC MCSP
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BSc. ATHLETIC THERAPY AND TRAINING
Chartered Physiotherapist
Approved by all major Health insurance providers.

Jimmy Galvin MISCPC MCSP
MSC. PHYSIOTHERAPY
PGDip. EXERCISE AND SPORTS MEDICINE
Chartered Physiotherapist
Approved by all major Health insurance providers.

Gráinne Bergin (ARTC)
CERTIFIED ATHLETIC AND REHABILITATION
THERAPIST SPECIALISING IN DEEP TISSUE
AND SPORTS MASSAGE



MOIRA CRONIN OF CULLINA NATIONAL SCHOOL BEAUFORT (SEATED CENTRE) AT HER RETIREMENT DINNER WITH HER SON BRENDAN, DAUGHTER AOIFE, STAFF MEMBERS SANDRA WALSH, MICHELLE MCLOUGHLIN, MARIE MURPHY, AGNES CURRAN, JEMMA DOYLE, SIOBHAN HUGHES (CENTRE ROW FROM LOWEST) SARAH HOULIHAN, LISA MURPHY, NORA FERRIS, ELAINE MCGUIRE, LORRAINE COUNIHAN, LISA STACK, TERESA COFFEY, SIOBHAN O'SHEA, UNA HARMON, CATHERINE O'SHEA AND EMMA SHEEHAN (BACK FROM LEFT) LISA MURPHY, KAREN LUCEY, DONAL O'SULLIVAN, MIKE COFFEY AND PAT FITZGERALD AT THE AGHADOE HEIGHTS HOTEL, KILLARNEY ON FRIDAY.



PICTURED AT REIDY'S KILLARNEY ENJOYING A CATCH UP AND CUPPA FOR THE IRISH CANCER SOCIETY COFFEE MORNING WERE L-R PAULA MEYER, EIMEAR MCSHORTALL, PATRICIA MCCARTHY & AOIFE TWOMEY. PICTURE MARIE CARROLL-O'SULLIVAN



PICTURED AT REIDY'S KILLARNEY FOR THE COFFEE MORNING ORGANISED BY GARDA MIKE MILNER TO HELP RAISE FUNDS FOR THE IRISH CANCER SOCIETY WERE L-R SGT DERMOT O'CONNELL, CLLR MICHAEL GLEESON, GARDA MIKE MILNER, SUPT FLOR MURPHY, KATHLEEN GLESSON & GARDA STEPHANIE HEGARTY. PICTURE MARIE CARROLL-O'SULLIVAN



PICTURED RECEIVING THEIR AWARDS AT THE IASI ACCOMMODATION SERVICES AWARD WERE NOREEN O'GORMAN, LIZ O'SULLIVAN, MARIE CREEDON AND EWA KAWIK FROM THE GLENEAGLE GROUP. PHOTO: JOE RELIHAN



SONNY DOOLAN BROWNE PICTURED AT REIDY'S FOR THE IRISH CANCER SOCIETY COFFEE MORNING WITH HIS MUM CATRIONA. PICTURE MARIE CARROLL-O'SULLIVAN



PATRICK O'DONOGHUE, CENTRE, MD GLENEAGLE HOTEL GROUP, PRESENTING A SILVER PIN TO CHRISTY O'SULLIVAN FOR AN INCREDIBLE 45 YEARS STERLING SERVICE TO THE GLENEAGLE HOTEL, AT THE ANNUAL GLENEAGLE HOTEL AWARDS, ALSO INCLUDED IS JOHN DOLAN, GLENEAGLE HOTEL MANAGER. AMONG OTHER LONG SERVICE AWARDS WENT TO, MOSSIE GLEESON, 35 YEARS, TERENCE MCCARTHY, 25 YEARS, NORMA LYNCH, 25 YEARS AND EIMEAR FLYNN 20 YEARS. PHOTO: VALERIE O'SULLIVAN

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TAX MATTERS

With O'Brien Coffey MacSweeney
Accountants & Statutory Auditors

PRE-LETTING EXPENDITURE IN RESPECT OF VACANT RESIDENTIAL PREMISES

Expenses incurred on a vacant residential premises prior to it being first let after a period of non-occupancy are allowable as a deduction against rental income from that premises.

The premises must have been vacant for at least 12 months and then let as a residential premises between 25th December 2017 (the date of the passing of the Finance Act 2017) and 31 December 2021.

The expenditure must have been incurred in the 12 months before the premises is let as a residential premises.

The deduction authorised is capped at €5,000 per vacant premises.

If the person who incurs the expenditure ceases to let the property as a residential premises within 4 years of the first letting the deduction will be clawed-back in the year in which the property ceases to be let as a residential premises. This cessation can be either on sale of the property or change of use from rented residential property. The claw-back will be made by deeming the deduction previously allowed to be a Case V profit or gain of the year of cessation.

**O'BRIEN
COFFEY
MACSWEENEY**
ACCOUNTANTS & BUSINESS ADVISORS

To discuss the above, or any other financial matter
with one of our advisors contact 064 6632045 or
info@obcm.ie

DEERPARK PITCH & PUTT CLUB NEWS

JOHN KELLY: We share everyone in Killarney's sadness at hearing of the death of our former Club PRO and Gents Captain on Monday morning. A tribute to John from the club is now available on the club's website for those who would like to read it.

SUNDAY COMPETITION: Heavy Ground Frost put pay to our efforts at holding draws last Sunday morning. We will aim for the same again next Sunday morning at 9.15am & 11.15am.

BOB CASEY: Set for Sundays of March 4th & 11th with the North Kerry leg first in Listowel & Tralee followed by the second weekend in both Deerpark and Castleisland. It has been decided that if a trial is required to pick the team that Sunday February 18th will serve as the date for same when the morning draws will be a Singles event. Further information in due course.

KERRY SPORTS STAR AWARDS: The all Deerpark Kerry U-16 Pitch & Putt team were honoured last Friday night in the Juvenile Awards section as part of the Gala function in the INEC for their win in the Munster Inter-County in Castleisland last August. A great and enjoyable night was had by all who attended from the club.

KILLARNEY GOLF CLUB - MENS

Club Captain Derry McCarthy wishes to remind all Members of the Men's Club that New and Revised Competition Rules have now been published, and you have received them via email in the last few days, please read them, and as they have come into immediate effect, it is vital that they are fully adhered to in all cases, and no exceptions are going to be allowed. They are comprehensive and leave no grey areas any longer that could be open to conjecture, as they may have been in the past.

Derry would like to advise that the Managers and their selectors for all Teams that will be representing our Men's Club in all National and Local Competitions are now being finalised, and they will be announced very shortly.

The competition planned for Sunday next, the 11th of February on Killeen Course is now very much in doubt, we are awaiting a final inspection by Course Manager Enda Murphy before calling it off, an update on this will be announced within the next few days.

We also wish to advise that Ballybunion Golf Club are the 2018 Hosts for the Federation of Kerry Golf Clubs, and fixture dates and venues will be advised in the forthcoming weeks.



ROSS GC KILLARNEY-GENTS CLUB: AT THE PRESENTATION OF PRIZES FOR THE MURPHY'S BAR STROKEPLAY COMPETITION IN MURPHY'S BAR WERE:- (L TO R) SEAN MURPHY, SPONSOR PRESENTING THE WINNERS PRIZE TO DONNAGH MOYNIHAN AND ROSS CAPTAIN ALAN FLYNN PRESENTING THE RUNNERS UP PRIZE TO LEO CASEY

KERRY STARS ADD BASKETBALL TO THEIR LIST OF SPORTS

A joint initiative between St. Paul's Basketball Club and Kerry Stars Special Olympics Club is up and running as the Kerry Stars athletes add Basketball to their growing list of sports. Scotts Lakers national league players Antuan Bootle and Mark Greene are the leading the coaching and are assisted by St. Paul's coaches Kate Donnellan and Mike Pierce as well as Kerry Stars officers Denny Murphy and Tom Tobin. Training takes place at Killarney Sports and Leisure Centre where and it is the start of a new and exciting experience for the both clubs. Basketball is one of the top sports in for athletes throughout Special Olympics Ireland. Players can take up the sport at all ages and all abilities, from young players learning to handle the ball, keeping it under control while dribbling, to older more experienced players who have the moves and know the strategies to play challenging ball. With Coaches Bootle and Greene passing on their expertise and top tips, it promises to be a promising future for the Kerry Stars basketball team. Picture: Eamonn Keogh



MEMBERS OF THE KERRY STARS BASKETBALL CLUB PICTURED WITH MENTORS AND MANAGERS. PICTURE: EAMONN KEOGH



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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

CAD - Computer Aided Design Course (ET115) - Tralee.

This course offers participants the opportunity to develop knowledge and skills in 2D and 3D computer aided design. Participants must have technical drawing and maths in the Leaving Certificate or equivalent. **Start Date:** 26th February 2018. **Duration:** 34 weeks.

Certification: City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

ECDL (ETK79) - Tralee.

This course offers participants the opportunity to develop the computer skills needed to work in an office. It covers keyboard skills, computer essentials, online essentials, word processing, spreadsheets, databases, presentation software, and career planning & job seeking skills. **Start Date:** 26th February 2018. **Duration:** 18 weeks. **Certification:** ECDL Award, Level 1 Office Procedures Certificate and Typewriting Certificate.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling and fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 5th March 2018. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence and CPC, Occupational First Aid and CILT Digital Tachograph Certificates.

Manual & Computerised Payroll and Bookkeeping (ET025) - Tralee & Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Date:** 26th March 2018 in Tralee and the 14th May 2018 in Killarney. **Duration:** 10 weeks. **Certification:** QQI Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Traditional Stonewall & Landscape Gardening Construction (ET4R8) - Tralee.

This course provides participants with the knowledge and skills to build a range of stone walls and landscape gardening features. **Start Date:** 26th March 2018. **Duration:** 34 weeks. **Certification:** QQI Special Purpose Award in Traditional Stonewall Construction.

Construction Ground Work Skills (ET23462) - Tralee.

This course provides participants with the knowledge and skills to construct concrete slabs and paths and to lay kerbs, flags and pavements under various conditions. **Start Date:** 9th April 2018. **Duration:** 16 weeks. **Certification:** QQI Level 4 Award.

Fibre Installation Technician (ET08632) - Tralee

This course provides participants with the specialist knowledge and skills to install, fault find, repair and test fibre optic and copper communications networks. **Start Date:** 9th April 2018. **Duration:** 24 weeks. **Certification:** City & Guilds Level 2 Award in Communications Cabling.

Food Preparation and Cooking (ET20D) - Tralee

This course is an excellent starting point for a career in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 14th May 2018. **Duration:** 20 weeks. **Certification:** City & Guilds Level 2 Diploma in Food Preparation and Cooking.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre

Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie



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**SouthWest
Counselling Centre**

PLAN FOR SUCCESS

Planning ahead, in whatever task we do, can help smooth the way and prevent problems from arising later on. Confucius, the Chinese philosopher rightly said, "A man who does not plan long ahead will find trouble at his door." It is said that "Planning is bringing the future into the present so that you can do something about it now." Chances are, if you speak to anyone who has been successful they will tell you that planning ahead was a vital ingredient in their formula for success.

Planning ahead can be a very effective way to stay on top of things and not get too stressed. Feeling in control of your life is the foundation of stress management – and whilst we can't control for everything – planning ahead helps us to achieve a balanced life – with time for work, relationships, relaxation and fun.

Planning ahead can enhance our performance, make us more productive and ultimately help us to become more effective in what we do. Mark Sanborn – a writer in this field - claims that "Thorough preparation creates tremendous performances."

Planning ahead helps us to be proactive rather than reactive – and take the right course of action when faced with difficulties and challenges. We can also save money by planning ahead – as tickets can often be cheaper when bought early on and cheap deals usually book up in advance.

Of course, we don't just make a plan and leave it at that. Effective plans need to be reviewed and updated regularly. Our plans evolve over time – and can help us to stay on course and get to our destination. Now might be a good time to begin to plan ahead (or review your current plan). This may be for the new school term, for Christmas, a holiday next year or maybe a career change. Whatever your goal is – follow these golden rules of planning and watch your plan fall into place:

1. Know where you're going – what are you aiming for?
2. Set specific goals, tasks and intentions
3. Create measurable milestones
4. Break down large tasks into smaller more manageable chunks
5. Set timeframes and deadlines
6. Create a visual representation of your plan
7. Set daily actions to help accomplish your task
8. Stick with your plan and don't give up
9. Revise & update if necessary
10. Realise your goal.

Article by Yvette Shea. SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie.

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com

To make an appointment call 064 6636416/064 66364100

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision

VITHIT SCHOOLBOY/GIRL SOCCER

FIRST WEEKEND OF FEBRUARY VITHIT LEAGUE RESULTS:

National Cup 13's Last 32:
 Froth Celtic (Wexford) 2 – 3 Killorglin
 Park2–3Mallow United
 JK Sports 12 Premier
 Park A 0–3 Iveragh United
 12's Division 1
 Dingle Bay Rovers 0–3 Killarney Celtic B
 Daly's Supervalu 13 Premier:
 Killarney Celtic 2-2 Mastergeeha
 Quills Woollen Mills 14 Premier
 Killarney Athletic A 1 – 3 Killorglin A
 Killarney Celtic A 5–0 Tralee Dynamos
 14's Division 1
 Mastergeha 6–0 Killarney Celtic B
 Ballyheigue 0–4 Ballyhar
 Inter Kenmare 4–2 Iveragh United
 14's Division 2
 Castleisland 6–0 Killarney Athletic B
 Listowel Celtic B 2 – 0 MEK
 Tralee Trophy World 16 Premier
 Ballyhar 0–7 Killarney Celtic A
 Killorglin 1–3 Park A
 16's Division 1
 Iveragh United 1–3 Rattoo Rovers
 16's Division 2
 Park B 2–1 Killarney Celtic B
 Girls 12 Premier
 Inter While 0 – 5 Inter Blue
 Camp Juniors 1–7 Killarney Celtic Green
 Listowel Celtic 5–5 Fenit

NATIONAL CUP DELIGHT DOUBLES

FOR KILLORGLIN: In what is turning into a vintage year for Kerry in the Skechers National Cup Killorglin 13's became the latest side to reach the Last 16's. Their club mates at 14's are already through as are the Park at the same age and Camp Juniors at 15's while in the Girls National Cup Listowel Celtic are into the Last 8. However after 7 minutes of this game in Wexford it was the home side Forth Celtic that were 2-0 up. But credit this young Killorglin side they did not panic and Jack Lynch pulled one back before half time.

The Killorglin management will probably claim credit for the result as it was a change they made at half time that turned the game in their favour. They brought on Stevie Gannon and he equalised mid-way through the second half before getting the winner with a bullet header with 4 minutes to go.

Killorglin's reward for the win is a home tie against either Hannover Harps or Naas in the Last 16.

There was no joy for the Park 13's as their run came to an end following a 3-2 loss at home to Mallow United. It started well for Park as they went 2-0 up in the first half thanks to goals from Cian O'Gara and Callum O'Sullivan. However the visitors pulled one back before the break and levelled with 15 minutes to go. As the game looked like it was heading for extra time Mallow struck for the winner in the last minute of the game.

The Park are still in the Regional Competition semi-final where they will be at home to

Avenue United from Clare.

LEAGUE ROUND UP:

JK SPORTS 12'S ROUND-UP: With the three Divisions in the JK Sports 12's Divisions set to split for the second half of the season the top 4 places in the Premier Division are still being contested. Killarney Celtic and Killorglin are through with the final two places between Killarney Athletic, Iveragh United who took the only three points on offer this weekend, Park and Tralee Dynamos who are the outsiders of the group to make it into the Top 4. Listowel Celtic, Killarney Celtic B, Castleisland and Mastergeeha are the Top 4 in Division 1 while in Division 2 MEK, Camp Juniors, Mastergeeha B and either Killarney Athletic B or Park B will be the top 4, Celtic Green and Inter Blue level at the top of the 12 Girls:

Killarney Celtic Green and Inter Kenmare Blue lead the way in the JK Sports 12 Girls Premier with both sides locked together on 15 points from their 5 games played.

Both won again this weekend with Killarney Celtic Green seeing off Camp Juniors. Fiana Bradley had another day to remember hitting 4 goals with Bronagh Dorrian, Elle Mai Nugent and Leah McMahon getting one goal each. Triana Murphy replied for Camp Juniors.

Inter Kenmare Blue defeated their club mates Inter White thanks to two goals from Grace Foley and one each from Tara Desmond, Saoirse Buckley and Helena O'Donoghue.

Listowel Celtic and Fenit played out an amazing 5-5 draw with the home would certainly have won only for the excellence of Fenit keeper Shauna Harris. Lily Nowak hit 3 for the visitors with Alicia Cronin and Meah Carmody. For Listowel Celtic Ella Buckley got three and Ruth O'Connor 2 in a game that saw both sides getting a point that their hard work in the past few games deserves.

LEADERS IN 13 PREMIER HELD TO

DRAW: Daly's Supervalu 13 Premier leaders Killarney Celtic had to settle for a point as they were held to a 2-2 draw with Mastergeeha under the lights at Celtic Park. Eoghan Crowley and Cathal O'Donoghue scored for Celtic with Sean Doolan and Alan O'Leary getting the Mastergeeha goals.

Celtic lead the table on 12 points but have 3 games more played than second placed Iveragh United who are only 2 points behind.

KILLORGLIN GO JOINT TOP OF 14

PREMIER: Killorglin came from 1-0 down away to Killarney Athletic to get the three points that sees them join The Park at the top of the Quills Woollen Mills 14 Premier Division. Rocco Rujuvican put the home side ahead from a cracking free kick in Woodlawn. But Killorglin equalised through an Adam Owens before half time and then Owens and Tom Whittleton scored one each in the second half to wrap up the win.

Killarney Celtic defeated Tralee Dynamos to keep alive their outside hopes of a top two spot with their goals coming from Borja Fernandez 2, Peadar Kelliher, Ryan O'Leary and Timmy Moynihan.

BALLYHAR LEAD AT 12 POINTS IN

DIVISION 1 BUT A LOT MORE GAMES PLAYED:

Ballyhar won their 9th game from 9 in Division 1 thanks to a 4-0 away win at Ballyheigue. Stephen Palmer put them ahead after 15 minutes and their lead was doubled thanks to James Horgan before half time. Into the second half and Luke Costello made it 3-0 before Palmer got his second to complete the scoring. But Mastergeeha are still not out of the race for the title. They are now on 15 points but they have three games in hand over the leaders. Mastergeeha saw off Killarney Celtic B with their goals coming from Colin O'Leary 3, Oisín O'Leary, Daniel Horgan and Dara O'Callaghan. Inter Kenmare had a good win over Iveragh United who ambitions will be dented after this loss. Yago Cornide hit two for Inter Kenmare which were added to by one each from Adam Gul and Dara Tops O'Sullivan. Sean Kennedy and Ronan Teehan replied for Iveragh.

CASTLEISLAND GO JOINT TOP OF DIVISION 2:

Castleisland's win over Killarney Celtic B sees them move joint top of the table in the 14's Division 1, but they do have a game more played.

The Castleisland goals were scored by Ryan Dennehy, Alex Kepp, Freddie Galway, Patrick O'Shea and Oisín O'Connor.

Listowel Celtic B join MEK in fourth after they defeated the mid and East Kerry side 2-0 thanks to a brace of goals from Sean Keane.

Killarney Celtic remains unbeaten in 16 Premier: Killarney Celtic are top of the Tralee Trophy World 16 Premier after a win away to Ballyhar at Murt Scott Park. Terry Sparling hit 3 with Dylan O'Callaghan, Cian Doe and Patrick McCarthy all scoring once as did Cian McMahon who made it a great weekend for the family as sister Leah had scored earlier in the day.

The Park are in second place after they won 3-1 away to Killorglin. TJ McMahon, John Carmody and Darragh Moriarty got the goals for the Tralee side.

LATEST BOYS IN GREEN: Congratulations to Leo Gaxha and Sean Kennedy who were in with the Republic of Ireland u16's squad in Abbotstown in Dublin.

FORMATS AND FIXTURES OF THE 15'S

FINALISED: The Kerry 15's will join 23 other teams – the 20 SSE League of Ireland teams plus the three other Leagues that have been invited to take part in the first full season of the competition. There are Cavan /Monaghan, Mayo and the debutants Carlow/Kilkenny.

The League will run from March to October with each team playing in three groups of 8 and will play 14 games. Following this the Top 8 will play in a 2 groups of 4 League Competition while the remaining 16 teams will go into 4 groups of 4 for the Shield competition.

Joining the Kerry League in the 15's League of Ireland Group 3 are: Cork City, Carlow/Kilkenny, Cobh Ramblers, Galway United, Limerick and Waterford and Wexford.

An extended squad are training hard at the moment with the final squad names to be with the FAI by February 22nd.

KILLARNEY ATHLETIC A.F.C. NEWS

RESULTS Senior B

Castlegregory 4 Killarney Athletic B 5
Tony Brosnan 4 Chris O'Meara 1. Thrilling game back in Castlegregory this morning. Brilliant display from the boys in blue after going a goal down. Well done to everyone who travelled.

Kerry School Boys/Girls

Results

Under 14 A

Killarney Athletic A 1 Killorglin 3

Under 14B

Castleisland 6 Killarney Athletic B 0

FIXTURES 10th February 2018

Under 13 Premier

Killarney Athletic A v Park A 10.30am

Under 13 Division 2

Killarney Athletic B v St Brendan's Park B 11.45am

Under 15 Division 1

Killarney Athletic v Fenit 13.30pm

Under 11 Premier South

Mastergeeha v Killarney Athletic 12.00 noon

Under 11 Division 1 South

Mastergeeha B v Killarney Athletic B

Girls Under 14

Camp v Killarney Athletic Time to be confirmed
Senior Fixtures

Sunday 11th February 2018

Denny Premier A

Dingle Bay Rovers v Killarney Athletic 4.00pm

Venue Mounthawk Park All weather pitch

Denny Division 1 B

Killarney Athletic B v St Brendan's Park 11.30am

300 MEMBER CLUB Names are now being taken for next year's 300 Club Draw. All support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member to enter.

Killarney Athletic Website: Please check the website on www.killarneyathletic.com or Facebook for match reports, club information and contact details.

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

KILLARNEY CELTIC NOTES

PREMIER A, KILLARNEY CELTIC 2, FENIT SAPPHIRES 1.

Our A team picked up another league win after goals from Matt Keane and Gary Keane. This win pushes them clear at the top of the table.

Premier B, AC Athletic 5, Killarney Celtic B 3.

Despite trailing 3-1 at the break the B team rallied in the 2nd half to draw level but AC finished the better to take all 3 points.

Youths League, Ballyhar Dyn 3, Killarney Celtic 2.

Ballyhar lead 3-0 before goals from Ryan Kelliher and Jason Coffey ensured a tight finish.

U16 Premier, Ballyhar Dyn 0, Killarney Celtic 7.

Terry Sparling got 3 and Cian Doe, Patrick Murphy, Cian McMahon, Dylan O Callaghan all got 1 each in a comprehensive win.

U16 Div 2, Park 2, Killarney Celtic B 1.



ST. BRIGID'S SOCCER TEAM CONTINUE THEIR RUN OF SUCCESS HAVING BEATEN ST. CAIMIN'S CS BY 2-1 RECENTLY. LAST WEEK SAW OFF THEIR OPPONENTS DESMOND COLLEGE, NEWCASTLE WEST WITH A RESOUNDING VICTORY OF 5-1. THEY FACE COLAISTE NA TROCAIRE, RATHKEALE IN THE LAST LEAGUE GAME AND WILL PLAY CRESCENT COLLEGE, LIMERICK IN THE CUP FOLLOWING MIDTERM.

U14 Premier, Killarney Celtic 5, Tralee Dyn 0
Goals from Borja Fernandez (2) Peadar Kelliher, Ryan O Leary and Timmy Moynihan gave us all 3 points here.

U14 Div 1, Mastergeeha 6, Killarney Celtic B 0.

U13 Premier, Killarney Celtic 2, Mastergeeha 2.
Played in mid week, Celtic hit the front twice but Mastergeeha fought back to earn a draw.

U12 Girls Camp 1, Killarney Celtic Green 7.

The Green team continued on their winning ways with Fiana Bradley hitting 4 which were added to by Bronagh Dorrian, Leah McMahon and Elle Mai Nugent.

FIXTURE to Note Sun Feb 11th 2pm at Celtic Park, FAI Junior Cup Last 16 game.

Killarney Celtic vs North End Utd.

Congrats to James Darmody U16a on making Team of the Week

Congrats to Fiana Bradley on being named Girls Player of the Week.

The Club extends sincere condolences to the O Keffe family.

For Pitch Bookings contact Mary on 086 6485809

For more detailed Match reports and Training updates please see our Facebook page.

Reminder to all parents and players. All players from u7 to Youths level must bring €2 for training and wear the correct footwear for the Astro pitch. Failure to do so will result in players not being allowed to take part in training or matches.

CELTIC LOTTO

Numbers Drawn 5, 17, 20, 22, 1 jackpot winner, next jackpot €1,600.

MASTERGEEHA FC

U13 Killarney Celtic 2 Mastergeeha 2. In the close game the boys trailed 2-1 with Sean Doolan scoring, with 5 minutes remaining. In the closing stages Jack Fogarty crossed for Alan O Leary to score the equaliser. All played well.

U14 Mastergeeha 6 Killarney Celtic 0. The boys played well and deserved the win on Saturday morning. Coin O Leary (3), Darragh O Callaghan, Daniel Horgan and Oisín O Leary were the scorers in a good team performance.

GREYHOUND BAR CUP Mastergeeha 2 Mainebank 1. Mastergeeha qualified for the

next round of the cup with a deserved win on Sunday afternoon. James Nagle got both goals.

MASTERGEEHA FC LOTTO

There was no winner on Friday 2nd February, 2018. Numbers drawn were 2, 8, 17, 23. Consolation prizes were €100 Bobby Kelly, Coolick, Kilcummin, €30 Maurice Doyle, c/o Kilcummin Post Office, €30 Lino, c/o Bertie Curtin €30 Laura Ahern, Dunrine, Kilcummin. Jackpot now €4,000.

MEK UNITED NOTES

U14: Listowel Celtic 2 MEK Utd 0

MEK U14S can be proud of the Bravery, Commitment & Heart shown in Saturdays League Fixture v Listowel Celtic B. Just 11 players took to the pitch in Listowel and we had all the possession but none of the luck. Eddie Moroney and Kevin Harant - our strikers battled hard but their usual magic touches were not with us today in the ice like conditions. Our Midfield quartet of Sam Griffin, Leo Healy, Sam Buckley & Stephen O'Brien all covered massive ground and pulled together some incredible passing patterns.

Our 4 at the back were all incredibly steadfast, Mason Courtney, Captain Daragh O'Brien, and our dual men of the match Conor Crowley and Tadgh O'Sullivan leaving everything they had on that pitch.

Our Brilliant Goalie Dean Sheehan Made some great stops and decisions that shut down many threats, he is fast becoming one of the best keepers in the county.

Each MEK player ran themselves into the ground for each other and some even choose to stay on the pitch despite some knocks and injuries as there was no more than this hardy and loyal 11 available for this match.

Get well soon to Conor Harty and Scott Drew who couldn't play due to illness and were missed by the team & management.

Referee Denis O'Rourke did a great job with both teams. Finally a massive thanks to the parents that have continued to attend the games and encourage our players.

NEXT WEEK'S FIXTURE:

U13 Mastergeeha B v MEK - Sat at 10:30am.



LIDL LADIES NATIONAL FOOTBALL LEAGUE DIVISION 1

KERRY IGNITE LEAGUE CHALLENGE WITH MAYO VICTORY

KERRY 2-14 MAYO 2-6

Munster champions ignited their league challenge with an impressive and deserved eight point victory over Mayo at Brosna this afternoon.

Leading from start to finish Graham Shines side were in control throughout with new midfield partnership of Meabh Barry and Lorraine Scanlon proving a solid one enabling both Louise Ni Mhuircheartaigh and Sarah Houlihan to enjoy some good early ball as the pair certain got the upper hand of the Mayo defence scoring 1-10 between them. Kerry were 0-3 to the good before Sinead Cafferkey had Mayo's first point on ten minutes.

However, it was in the next five minutes that Kerry would do the damage with a Ni Mhuircheartaigh goal sandwiched in between a pair of points to push Kerry 1-5 to 0-1 clear at the end of the first quarter. They would lead at the break 1-7 to 0-3. The second half was barely 20 seconds old when Meabh Barry's long range shot from 40 yards found its way to the net with Niamh Neary unable to hold the ball on the goal line. Still Mayo fought away and Niamh and Grace Kelly added points to reduce the gap to nine points (2-8 to 0-5) by the 37 minute but it was Ni Mhuircheartaigh and Houlihan who added another brace to keep the home side in complete control.

Aileen Gilroy's 26 minute goal for Mayo looked like a consolation goal (2-13 to 1-6) but Mayo would get even closer when Tamara O'Connor was pulled down in the square and Sinead Cafferkey goaled from the resultant penalty.



KERRY CAPTAIN LORRAINE SCANLON AND SARAH TIERNEY MAYO CAPTAIN AHEAD OF THEIR LIDL NATIONAL FOOTBALL LEAGUE ROUND 2 GAME AT BROSNA ON SUNDAY. PHOTO JOE HANLEY

However, it was as close as they were going to get as was as Kerry collected their first two points of the campaign as they look forward to a trip to Monaghan next time out with Mayo taking on neighbours Galway.

Scorers: Sinead Cafferkey 1-1 (1-0 pen), Aileen Gilroy 1-0, Niamh Kelly 0-2, Grace Kelly 0-2 (0-1F) Fiona McHale 0-1

Mayo: Niamh Neary, Eilish Ronayne, Sarah Tierney, Sadbh Larkin, Orla Conlon, Marie Corbett, Doirean Hughes, Clodagh McManamon, Fiona McHale, Sinead Cafferkey, Aileen Gilroy, Sarah Mulvihill, Niamh Kelly, Rachel Kearns, Grace Kelly

Subs: Shauna Howley for Rachel Kearns (H/T) Amy Dowling for Sarah Mulvihill (33) Saoirse Ludden for Grace Kelly (51) Tamara O'Connor for Clodagh McManamon (56) Nicola O'Malley for Orla Conlon (58 inj)

Scorers: Louise Ni Mhuircheartaigh 1-5 (0-2F), Sarah Houlihan 0-5 (0-3F), Meabh Barry 1-0, Eilish O Leary 0-2, Brid Ryan 0-1, Lorraine Scanlon 0-1,

Kerry: Laura Fitzgerald, Eilish Lynch, Deirdre Kearney, Aisling O Connell, Ciara Murphy, Aislinn Desmond, Kate O'Sullivan, Meabh Barry, Lorraine Scanlon, Andrea Murphy, Louise Ni Mhuircheartaigh, Sarah Houlihan, Brid Ryan, Eilish O Leary, Aoife Geaney
Subs: Fiadhna Tagney for Andrea Murphy (40) Amy Foley for Brid Ryan (46) Sophie Lynch for Aoife Geaney (46) Emma Dineen for Meabh Barry (53) Deirdre Geaney for Eilish O'Leary (56)
Referee: Keith Delahunty (Tipperary)



DEIRDRE KEARNEY (KERRY) IN ACTION WITH SINEAD CAFFERKEY (MAYO) IN SUNDAYS GAME AT BROSNA GAA GROUNDS.





ALLIANZ NATIONAL FOOTBALL LEAGUE DIVISION 1

THIRTEEN MAN KERRY SHOW RESILIENCE IN ADVERSITY

KERRY O'SHEA REPORTS FROM KERRY'S ALLIANZ NATIONAL LEAGUE OUTING WITH MAYO IN CASTLEBAR LAST SATURDAY NIGHT.

KERRY 1-15
MAYO 2-9

Despite having to play the last 24 minutes of the second half with 13 men following the controversial dismissals of Gavin Crowley and Ronan Shanahan on second yellow cards, Kerry's young guns showed resilience beyond their maturity to come away with a precious pair of Allianz National League points at Elvery's MacHale Park on Saturday night.

Kerry supporters travelled West not knowing what to expect but the young Kingdom side stood up brilliantly to the adversity thrown at them and gave a gutsy and determined performance which bodes well for the future.

Kerry manager Eamon Fitzmaurice lauded his young charges for their courage and will to win but added that they would not be getting too carried away. Fitzmaurice added that he was delighted with the way his players responded despite being up against a strong, physical and experienced side.

Remember, many of the young players who are currently getting their opportunity to shine, are coming from a winning background and many of the players on both sides were playing their third games in the space of eight days as they had Sigerson Cup action in midweek.

Surely Croke Park must take another look at the scheduling process for the league and Sigerson Cup.

In a tense, tough physical encounter, referee Derek O'Mahony was the subject unfavourable comments from both sets of supporters.

The Tipperary official sent two Kerry players, Ronan Shanahan and Gavin Crowley off on second yellow cards and dismissed Brian O'Beaglaoich on a black card. He could have sent off one or two home players as well such was the extremely physical nature of the game.

Jason Foley was solid at fullback while the recalled Brian O'Beaglaoich, fresh from his exploits with his club An Ghaeltacht, brought added pace to the defence.

Dr Crokes' Michael Burns added to his rising reputation as an inter-county player with another competent performance, scoring two fine points in the process while Barry O'Sullivan and Jack Barry performed heroics at midfield.

Jack Barry was later joined on the field by his brother Andrew making it a fantastic family



PAUL GEANEY SCORER OF 0-3 IN LAST SATURDAY NIGHTS GAME WITH MAYO LED KERRYS ATTACK SUPERBLY WHEN LEADERS WERE NEEDED WITH KERRY DOWN TO THIRTEEN MEN.

occasion for the Barry clan and the Na Gaeil Club in Tralee.

Kerry dominated matters territorially in the first-half with quality scores from Michael Burns, Barry John Keane, Paul Geaney and David Clifford, who was forced to retire injured after 17 minutes when he was fouled bearing down on the Mayo goal.

The Kingdom were caught on the hop by two Diarmuid O'Connor goals both which came against the run of play, one from a hotly-disputed penalty.

Kerry should have been much further ahead than the very slender 0-10 to 2-3 advantage they enjoyed at this stage of the proceedings. For the second week in succession, Kerry

failed to take advantage of a penalty award this time Mayo's David Clarke superbly saved Sean O'Shea's powerfully struck effort.

Mayo returned for the second half full of confidence and were quickly level, but Kerry re-asserted themselves and Gavin Crowley from a Barry John Keane pass, gave the visitors a terrific boost with a well-taken goal. Sean O'Shea and Paul Geaney added further points and suddenly, Kerry were four clear and looking good.

The Kingdom then lost Ronan Shanahan (second yellow) and Gavin Crowley to a black card which was subsequently upgraded to a red as he was already on yellow and Brian O'Beaglaoich to a black card but they still defended heroically

for the remaining 11 minutes restricting their opponents to just one score and managed to hang on for a precious and famous win which leaves them sitting nicely on four points from 2 games.

A trip to Kavanagh country to take on Monaghan who defeated Kildare in Newbridge on Sunday, is next on the list for Eamonn Fitzmaurice's charges, while Mayo head to Pearse Stadium where Galway sit in wait in an eagerly anticipated Connacht derby.

Teams and Scorers

MAYO: David Clarke, Brendan Harrison, Ger Cafferkey, Eoin O'Donoghue, Shane Nally, Stephen Coen, Paddy Durcan; Jason Gibbons, Barry Moran (0-1); Kevin McLoughlin, Aidan O'Shea, Diarmuid O'Connor (2-1, 1-0 pen); Neil Douglas, Evan Regan (0-1), Jason Doherty (0-3, 3f).

Subs: Caolan Crowe for Ger Cafferkey (23); Cillian O'Connor (0-2, 2 frees) for Evan Regan (46); Andy Moran (0-1, 0-1f) for Neil Douglas (52); Fergal Boland for Barry Moran (63); Conor Loftus for Jason Doherty (74).

KERRY: Shane Murphy; Brian O'Beaglaoich, Jason Foley, Shane Enright; Paul Murphy (0-1), Gavin Crowley (1-0), Ronan Shanahan; Jack Barry, Barry O'Sullivan (0-1); Micheal Burns (0-2), Sean O'Shea (0-3, 0-1 '45), Stephen O'Brien; David Clifford (0-1), Paul Geaney (0-3, Barry John Keane (0-3).

Subs: Jack Savage for David Clifford (inj, 17); Brendan O'Sullivan (0-1) for Stephen O'Brien (44); Andrew Barry for Barry John Keane (53); Matthew Flaherty for Sean O'Shea (55); Eanna O'Conchuir for Michael Burns (59), Cormac Coffey for Brian O'Beaglaoich (black card, 66). Referee: Derek O'Mahony (Tipperary).



STEPHEN O'BRIEN EVADES THE TACKLE OF MAYO'S SHANE NALLY



KERRY GAA STORE

SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: kerrygaastore1@eircom.net

LISTRY GAA CLUB CELEBRATE A VICTORIOUS YEAR

Team and club members, mentors, managers and locals descended on the Dromhall Hotel on Saturday night last for a gala celebration of Listry GAA Club's highly successful year.

The team, who won the Junior Championship were honoured on the night as were a number of other club members.

John Joe Courtney received the Club Person of the Year award, while the Hall of Fame award went to Pat Quirke. Senior Player of the Year went to Billy O'Brien while Conor O'Sullivan won the B Player of the Year award.

Aaron McCarthy, Sean O'Sullivan, Barry Keane and Cain Bradley were presented with awards following their role in the victorious East Kerry team that won the Minor County Championship and Kerry Minor Team Manager Peter Keane was given a special award for bringing the Kerry Minors to victory in the All Ireland final last year.

All in all a great night to celebrate a great year at Listry GAA Club.



THE LISTRY TEAM WHO WON THE JUNIOR CHAMPIONSHIP PICTURED AT THE DROMHALL HOTEL ON SATURDAY NIGHT LAST: FRONT ROW: MIKE DWYER, SELECTOR, DAMIEN CLIFFORD, JIMMY O'LEARY, TADGH AHERN, JEROME KENNEDY, CHAIRMAN, DANNY WRENN, DERRY AHERN, ANTHONY CLIFFORD, CLUB SECRETARY. MIDDLE ROW: JOHN PAUL MANNIX, SELECTOR, PATRICIA LYNCH, PHYSIO, BRIAN MCCARTHY, SELECTOR, PEADAR KEANE, CONOR O'SULLIVAN, JOE CLIFFORD, GARY O'SULLIVAN, EDDIE O'BRIEN, PAUL O'DONOGHUE, KIERAN MURPHY AND ANTHONY KENNEDY. BACK L-R: DAN CLIFFORD, RONAN BUCKLEY, SEAN O'SULLIVAN, RONAN GALLAGHER, CIAN O'DONOGHUE, EOGHAN DARMODY, KEVIN COURTNEY AND SENAN WRENN..
PICTURE: MARIE CARROLL O'SULLIVAN

FIRIES COISTE NA NÓG

FUNDRAISER On behalf of Furies Coiste na nÓg, we would like to extend a warm word of gratitude to those who supported our juvenile fundraiser table quiz on Friday, 2nd February in Sheehans, Furies. These vital funds directly support Furies Coiste na nÓg. A special word of appreciation to those who donated spot-prizes on the night namely; O'Sullivan's Outdoor Store Killarney, Bridies Quick Pick Furies, Ahern's Pharmacy Farranfore, Moriarty's Centra Farranfore, Aghadoe Heights Hotel Killarney, Kerry GAA Store Killarney, Vincent Murphy, Castleisland, The Royal Hotel Killarney, St Annes Basketball, Killarney Cinema, Killarney International Hotel, 4 Star Pizza Killarney, Fiona & Cathal Walsh, Furies Ladies Football, Furies Community Centre, Sheehan's Farranfore, Henderson's, Furies and Bus Eireann.

CHILD WELFARE & PROTECTION PROGRAMME Please be advised that a further Child Welfare & Protection Programme has been scheduled on Monday, 12th February from 7pm in Pairc Eamonn Meeting Room. All coaching personnel who have not completed are invited to attend this mandatory syllabus for the year ahead.

SPA GAA CLUB NEWS

UPCOMING FIXTURES East Kerry Super League Div 2

Fri Feb 11th @7.30 pm. Spa v Kenmare Venue Spa

Div 1 County League

Sun March 11th Spa V Rathmore

SPA ANNUAL AWARDS NIGHT The 4th Annual awards night took place in the Torc Hotel. Once again the venue was top class, thanks to Brendan and his staff. Michael Gleeson was as always an excellent Fear an Tí.

THE FOLLOWING PRESENTATIONS WERE AWARDED: Young Player of the Year – Aidan Cronin Award

Presented by Ann Cronin to Niall McCarthy

Junior Player of the Year – Pat Corcoran Award

Presented by Tim Corcoran to Hugh O'Donoghue

Senior Lady Player of the Year was accepted by Katie O'Brien

Evan Cronin received the Senior Men Player of the year and the John Doyle Cup from John Doyle Snr.

Social/Cultural award was awarded to long serving member, Eileen Casey.

LIFETIME ACHIEVEMENT AWARD: JIM GLEESON WAS THE WORTHY RECIPIENT. There was also medal

presentations to the Junior team on their East Kerry victory. Also to the Senior ladies who were represented well and received their East Kerry Div 3, Junior B Co. Championship and Div 3 County League medals.

Special recognition to the Sem team on winning the Hogan Cup Winners 2016 and 2017. Dara Moynihan, Niall McCarthy, David Spillane, David Carroll, Evan Cronin were all in attendance to receive a framed signed Sem jersey which will hang with pride in the clubhouse on our hall of fame.

The Kerry Juniors, were acknowledged on their All Ireland win, with Niall O'Mahony as selector and Evan Cronin player.

The Scor na nOg All Ireland winning set performed for the packed hall and got a standing ovation. They will once again compete in the All Ireland on Feb 17th, when they challenge the best of Ireland in the GAA cultural event in Sligo IT. Best of luck to dancers, Erin Holland, Liam Spillane, Orlaith Spillane, Eoghan Mulvaney, Siona Moynihan, Gary O Sullivan, Meghann Cronin and Cian O Sullivan. Also to coaches Triona and Mairead Mangan.

OFFICERS 2018 Michael Cronin took over from Gerard Mangan as Spa Club Chairman. Congratulations Michael as he brings great experience to the role. Huge dedication and we are all sure that he'll steer the club in the right



direction. Gerard Mangan was an exceptional chairman with huge club developments in his 5 year tenure. An executive meeting was held tonight on Fri Feb 2nd to elect the officers for 2018.

Chairman: Michael Cronin
Vice Chairman: Conor Gleeson
Secretary: Deirdre O'Sullivan Darcy
Asst. secretary: Kerry Holland
Treasurer: Assumpta O Donoghue
Asst Treasurer: Andrew Garnett
Auditor: Appointed Tadhg O Sullivan
Pro: Vacant
Registrars: Peter Spillane, Donagh Cronin with committee TBC
Co Board a Delegate: Cait O Sullivan Darcy
East Kerry Delegates: John O Donoghue and Seamus Clifford
Scor/Cultural: Eileen Aherne
Ladies Football: Donal O Doherty
Child Welfare: Appointed Anne Holland
Lotto Chairperson: Tadhg Hickey
Health&Well Being: Margaret Doyle
Safety Officer: Michael Cronin
Players Rep; TBC
Coiste na nOg chair: Sean Casey
Coiste na nOg Secretary: Des Fitzgerald
Coaching Officer: Andrew Garnett

KILLARNEY LEGION GAA NEWS

CLUB CHAMPIONSHIP We have been drawn in the Group 2 along with Dingle, Rathmore and Kenmare Shamrocks. The first game is against Kenmare at a neutral venue on either April 1st. or 8th. depending on Kerry's progress in the national league, with the remaining games one at home and one away.

TEAM MANAGERMENTS Even though the club is well set up for the coming year there's always room for extra hands and there is an open and welcoming door for anybody- especially some of our newer families if they would like to become involved, just drop along to Derreen or contact any club member. Fáilte roimh cách.

FREWEN CUP It augurs well for the future of the senior team when we had no fewer than seven players involved with the Sem as they made their way to the Frewen Cup final. For the record it included Cian O Leary, Kieran O Donoghue, Evan Smyth, Niall McGillicuddy, Ryan O Grady, Adam Kissane and Ian Prendergast.

SYMPATHY The Killarney Legion Club extends it's deepest sympathy to the Carroll Family, Mill Rd. on the passing of Catherine R.I. Par dheis Dé go raibh a h-Anam dílis.

LOTTO Winning numbers for draw held on 4/2/18. 2, 7, 8, 23. No winner. Lucky dips - (1) John Lenihan Kilcummin, (2) Carmel o Doherty 7 Park Drive, (3) Eric Whelan Speakeasy, (4) Sheila Dineen Murphys, (5) Dio Buckley Listry. Jackpot for next week is 3900 Feb 11th

DR. CROKES GAA NEWS

DEVELOPMENT FUND Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre.

DR CROKES FAMILY WALKING GROUP As part of the Clubs Health and Wellbeing initiative we will be walking every Tuesday evening departing the Clubhouse at 6.30pm. All welcome to our sociable 30/40 min walk.

CHILD PROTECTION AWARENESS COURSE The club will be hosting a Child Protection Awareness Course in the clubhouse on Tuesday 20th February. It will commence at 7pm and lasts for three hours. It is now mandatory for everyone involved with children to complete this course and all participants receive certification on completion.

CELEBRATION NIGHT Dr Crokes GAA Awards and Celebration Night will take place on Friday 16th of February in Dromhall at 8pm. Buffet and followed by 80's disco. Tickets are €25 and you can get from Club Officers or Vince Casey. We have a lot to celebrate so let's make it a night to remember!

PROGRESSIVE 31 Progressive 31 is on every Wednesday night in Crokes Clubhouse. It will start at 8.00pm. You will need to bring money and a partner €5 per person.

INVITATION Dr Crokes GAA Club invites the parents in the Killarney area and their boys and girls to the 2017 Registration open Day on Saturday 3rd of March. Boys and Girls aged 4 - 10 welcome.

CLUB MEMBERSHIP Annual membership is now due and it is critical that all members and players pay /renew their membership before the 31st of March next. A strict "no pay/no play" policy will be enforced after this time.

MILLTOWN/CASTLEMAINE NEWS

SCÓR NA BPÁISTÍ QUIZ SELECTION.- PRIMARY SCHOOL CHILDREN

Our club is holding a quiz selection event, for Primary School Children, to form our Milltown / Castlemaine GAA Quiz Team for Scór na bPáistí. The selection quiz will be on Wednesday the 7th of February in the GAA Clubrooms at 7 pm. Quiz should be completed by 8 p.m.

CLUB REGISTRATION/SWAP SHOP: This Sunday, February 11th. Registration for football will be on Sunday February 11th at the Milltown/Castlemaine

GAA clubhouse between 12 and 1.30 pm. Free Football for all under 10's who register on the day.

Drop off for the Swap Shop will be on Friday (February 9th) 6-6.30 pm and also on Saturday morning (February 10 Th) 10-10.30 at the club house.

MID KERRY UNDER 21: Congratulations to our Under 21's who won by the narrowest of margins in their semi- final on Sunday last versus Laune Rangers. It was a thrilling game, played in beautiful sunshine. Well done to both teams on a wonderful display of football. In particular, we thank Pat O' Connor, John O' Brien and Paul Carroll for their work with this panel of players.

We wish Eoin O' Brie a speedy recovery from an injury he sustained at the game.

The Mid Kerry U21 Championship Final is on this Sunday 11th Feb at 2pm. VENUE TO BE CONFIRMED

MID KERRY SENIOR LEAGUE-ROUND 1: Our seniors (sponsored by Larkins Bar and Kelly's Top Shop) play Cromane on Thursday February 8th at 8.30 in John Mitchels Pitch, Tralee.

All support for both games will be very much appreciated.

ST. COLMAN'S BASKET BALL:

It was a very successful weekend for our basket ballers with our Under 14 boys beating TK Vixens, Athea in the Division 3 Plate Final. The final score was 39/24.

These young boys, coached by Derry O' Sullivan and Eamonn Prendiville have only been playing two years and have been making remarkable improvement on each outing.

The Girls U14 team from St. Colman's also won their Division 3 Plate final on Saturday last after beating St. Mary's in the final which was played in the Moyderwell School, Tralee. They won their previous rounds against St Paul's, Ballunion Wildcats and Caherciveen. Once again this is great achievement for the St. Coleman's club who are only in their second year in the League.

Team was Kitty O' Dowd, Alice Casey, Sarah Keane, Aine Scott, Emma Casey, Niamh Dinham, Cianna Foley, Sophie O' Shea, Jemma Walsh, Amy Evans and Katie Howe.

KERRY SPORTS STAR AWARDS..... On last Friday night, February 2nd, Callinafercy Rowing Club U16 girl's crew were awarded their well-deserved Kerry Sports Star Award. Aoife Murphy, Orla Murphy, Sarah Kennedy and Grace O' Grady are currently All Ireland coastal rowing champions after winning a very competitive race in Ballyshannon, Co. Donegal last August. These girls only began rowing in 2016 and came 2nd in the All-Ireland in that year.

Huge credit goes to Chairperson John Joe O' Sullivan who night after night continues to train these girls, always encouraging them. Special mention to coxes John Joe O' Sullivan and Ciaran O' Sullivan and all involved with Callinafercy R.C.



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

Mixed Fortunes in Last Week's Allianz League Games

Last Sunday in Tralee, the Kerry hurlers suffered a seven point defeat to Carlow in their round 2 game. At half time Kerry were in the driving seat leading 1-8 to 9 points. At the 56th minute the sides were level in a tight encounter but in the final 10 minutes Carlow completely had the upper hand with their man advantage and managed to score 1-3 during this period. The game ended Carlow 1-18 Kerry 1-11.

The footballers travelled to Elverys MacHale Park in Castlebar last Saturday night and managed to leave with a further two points on the board. The resilience of these young men has to be admired as a 13 man team managed to finish the game with a three point win over Mayo. After plenty of drama including penalties, yellow, black and red cards, the game finished Kerry 1-15, Mayo 2-9. The team really stood up to the challenge, the young players are transitioning very well into the senior set up and the more experienced players are emerging as leaders on the field.

Next weekend the team travels to Monaghan for their Round 3 game. The team will be announced at 9pm on Friday on the Kerry GAA website. As always tickets can be bought for €12 at any Centra, SuperValu or at the Kerry GAA Store, Killarney before midnight on Saturday.

THE CASTLEISLAND MART CLUB CHAMPIONSHIPS

The draws for the Castleisland Mart Club Championships were made last Thursday night in the Pavilion Austin Stack Park by County Board Chairman Tim Murphy and John Brosnan and Denis Griffin from Castleisland Mart. The draws for the Intermediate, Junior Premier and Junior were seeded and four teams made up each of the four groups. There will be two preliminary games preceding round 1 of the Junior Championship. The two winners will go into the Junior Championship and the two losers will go into the Novice Championship. There are two groups of four teams in the Senior Club Championship and the make-up of the groups was determined by an open draw. The preliminary games in the Junior Championship were decided at a CCC meeting on Mon 29th January. These games will have extra time if necessary and will be played at a neutral venue.

Moyvane v Knocknagoshel (Team A)
Kilgarvan v Asdee (Team B)

The Junior groups are as follows : Group 1 Tuosist, Beale, Ballylongford, Duagh, Group 2 Lisle, Cromane, TEAM B, Cordal Group 3 Renard, TEAM A, Valentia, Ballyduff Group 4 Castlegregory, Scartaglen, Tarbert, Sneem/Derrynane

For Junior Club Championship Round 1 games



- team 3 is home to team 2 and team 4 is home to team 1.

The Junior Premier groups are as follows:
Group 1 Furies, Beaufort, St Senans, Annascaul
Group 2 Skellig Rangers, Listry, Ballydonoghue, Churchill Group 3 St Michaels/Foilmore, St Pats Blennerville, Keel, Fossa Group 4 Na Gaeil, Listowel Emmets, Ballymac, Finuge

For Junior Premier Club Championship Round 1 games - team 1 plays team 2 in the group and team 3 plays team 4 in the group all at neutral venues.

The Intermediate groups are as follows: Group 1 Kilcummin, Glenbeigh/Glencar, Brosna, Milltown/Castlemaire Group 2 St Mary's, Dromid, Ardferit, John Mitchels Group 3 Laune Rangers, Waterville, Glenflesk, Castleisland Desmonds Group 4 Templehoe, Currow, Spa, Gneeveguilla

For Intermediate Club Championship Round 1 games - team 1 plays team 2 in the group and team 3 plays team 4 in the group all at neutral venues.

The Senior groups are as follows: Group 1 Dr Crokes, An Ghaeltacht, Austin Stacks, Kerins O'Rahillys Group 2 Dingle, Rathmore, Killarney Legion, Kenmare Shamrocks.

For Senior Club Championship Round 1 games - team 1 plays team 2 in the group and team 3 plays team 4 in the group all at neutral venues.

THE NEW 'AWAY' JERSEY

The Kerry branch of the Gaelic Athletic Association was founded in 1888 so 2018 marks the 130th Anniversary of Cumann Luchcleas Gael in our County. To mark this historic occasion, the new "Away Jersey" was launched last Saturday evening in Castlebar. Paul Galvin collaborated with Kerry CLG and O'Neills in designing the away jersey. The jersey is predominantly gold in colour emphasising our vision of getting back to Gold. The jersey is available to purchase in the Kerry GAA Store, Killarney and on the Kerry GAA website.

Neill's in designing the away jersey. The jersey is predominantly gold in colour emphasising our vision of getting back to Gold. The jersey is available to purchase in the Kerry GAA Store, Killarney and on the Kerry GAA website.

MINOR LEAGUES

The Minor League fixtures were released earlier this week. First round games go ahead on Saturday, February 17th. In Divisions 2, 3B, 6A & 6B the order of some rounds have been changed to avoid long journeys in Round 5 which will be played on a Friday evening. The coordinator of the Minor Leagues is Kerry GAA Coaching Officer Terence Houlihan.

CLUB OFFICER TRAINING

The Club Leadership Programme (Club Officer Training) for 2018 will be delivered on Tuesday 13th February 2018 in the IT Tralee Room T107 Main Building at 7.15pm and on Wednesday 21st February 2018 in the Gleneagle Hotel Killarney (Inisfallen Suite) at 7.15pm Sharp. The following Officers are requested to attend (Both Senior and Coiste na nÓg) - Chairperson, Secretary, Treasurer and PRO

(A) In a change to previous years the induction has been taken out which will shorten the night by 30 minutes.

(B) Workshop Based Module 1 (Each respective Officer will attend a Role Specific Workshop).

Coiste na nÓg Officers are strongly encouraged to attend. Certification for each module of the programme has been arranged for officers. Certificates will be issued directly from Croke Park to each officer that attends. It is essential that all new officers should attend. Longer serving officers will also benefit from attending. It will greatly assist all officers in carrying out their specific roles.

GAA PLAYER CONFERENCE

The GAA has announced details of the first ever GAA Player Conference which will take place in Croke Park on Saturday, February 17th, 2018 and is open to all adult players of Gaelic Games (Football, Hurling, Camogie, Ladies Football, Handball and Rounders). The event is themed Prepare, Perform and Recover and is designed to engage educate, support and inform adult club players on player welfare topics. The conference will include keynote addresses, engaging workshops and discussion groups as well as practical experiential demonstrations and other player welfare related topics including fixtures, concussion and gambling awareness. The GAA Player Conference will take place in Croke Park from 9.45am until 3.15pm on Saturday 17th February 2018. Spaces are limited so to book your place, and for further information see <http://learning.gaa.ie/player>

KILLARNEY RUGBY CLUB NEWS

MINIS: Last weekend our minis hosted Corcha Dhuibhne at Knockreer in testing conditions, however there was some fantastic rugby on display. All ages played matches and a great day was had by all. Training as normal tomorrow at Knockreer.

AWARD: Last Friday night Killarney RFC won the 'Unsung Hero' award at the Kerry Sports awards at the INEC. Well done and congrats to all.

U13 KERRY GIRLS: Last Sunday the newly formed Kerry Girls U13 squad took part in their first ever blitz in Fethard, co. Tipperary. With 2 wins and a draw, the girls played fantastic rugby. Congrats to our own Robyn Landers who plays with the Kerry team and thoroughly enjoyed the day.

FIXTURES:

U14: Killarney V Castleisland, Sat @ 11am

U16: Killarney V Cobh Pirates, Sat @ 11:30am

U18: Cashel-Fethard V South Kerry, Sat @ 11:30am

U16:

CLIFFORD SECURES LAST GAP VICTORY.

Kilfeacle 13 Killarney 17

Killarney travelled to Tipperary and secured a dramatic win in Kilfeacle on Saturday 3 February in the second game of the Munster U/16 Cup.

The home sides strong pack dominated early proceedings and No. 8 Padraic Ryan crossed after 5 mins for an unconverted try. Gradually Killarney's excellent defensive work gave them a grip in the game and taking advantage of a well worked turnover Tomas Clifford streaked home to score for the visitors. Donnchadh Grealy nailed a difficult conversion and an entertaining first half finished with Killarney 7-5 ahead. Kilfeacle started the second half strongly and No 3 Tiernan Fogarty scored a try after a series of forward phases. A further 3 points kicked by Kilfeacle outhalf Robbie Byron increased the lead to 13-5. However Killarney finished the stronger team and after Dion O'Neill and Adam McSweeney went close Matt McAuliffe crashed over to leave 1 point between the sides. Killarney received the restart with one minute left on the clock. A clever up field kick was chased down by Sam Casey and Gary Randles and following a number of skillful recycles suddenly Killarney threat Tomas Clifford found a gap and sprinted to touch down in the corner to snatch victory. A feature of the game was the battle of the front rows and debutant Robert Nealon excelled for Killarney. Adam McSweeney who replaced injured Brendan O'Donoghue played superbly and the counter rucking strength of Denis Kuyon was visible. The rest of the pack defended relentlessly with Sam Casey, Evan Mannix and John McCarthy to the fore. Matt McAuliffe played a captain's part and was ably assisted by Padraig Talbot in the back row. Killarney's skillful and speedy backs always posed a serious threat with ball in hand. Half backs Peter Walsh



MILLTOWN KILLARNEY RUGBY CLUB WHO BEAT KILFEACLE IN THE MUNSTER U/16 CUP GROUP 2 AT THE WEEKEND.

and Donnchadh Grealy controlled and varied the play. Liam Randles, Mark Sheehan and Dion O'Neill all displayed their ball playing talents. The stand out performers who showed never say die attitude were Gary Randles at full back and double try scorer Tomas Clifford.

Replacements on the day were Adam Cronin, James Kennelly, Jack O'Connell.

Killarney now take on undefeated Cobh Pirates in Aghadoe on Sunday 11 February at 12.30pm (subject to confirmation).

WORKMEN'S ROWING CLUB NOTES

ONGOING TRAINING Indoor and outdoor training continues as per coaches' texts. Our coaches, Mickey Joe, Mary, Derva and Hanna have put in so much time with our juniors all winter both on and off the water. Well done to our U18 ladies who participated in the Training Camp at the National Rowing Centre last weekend and many thanks to Hanna Majella for her huge commitment to these girls, and accompanying them to this important camp.

UPCOMING EVENTS Junior February Irish Trials- Feb 17th & 18th, St. Michaels HOR is on 24th February at O'Brien's Bridge, Co. Clare and Cork HOR is on 3rd March at The Marina in Cork.

CLUB GEAR Orders for our One-Pieces are now being taken at the gym sessions. Payment with orders please.

BOOKINGS FOR WEXFORD Deposits are now due for our Hotel at the All-Ireland Coastals. Rooms are filling fast so please get your booking deposit to Pauline soon.

Best Wishes

Congratulations to Seán Farndon and Niall Ireland who both celebrate their birthdays this Monday the 12th and to Ellen Farndon who celebrates her birthday this Thursday 15th.

BADMINTON NEWS

MUNSTER TOURNAMENTS

Congratulations to Maeve Twomey (Killarney) and her partner Elaine Hudson (Moyvane) who won the ladies doubles and to Maeve

and her partner Paul Kingston (Cork) who won the mixed doubles in the Munster Junior Championships in Bishopstown.

The Munster Graduates and Seniors were held in The Killarney Sports and Leisure Club on the 4th February with a great turn out. Kerry were again victorious with Donnacha Moloney (Moyvane) and James Leanes (Castleisland) winning the Men's Graduate Doubles final and Sam Hayes and Niamh Hickey (Killarney) winning the Ladies Graduate Doubles final. Niamh Hickey and her partner Tiarnan Lawlor (UL) also went on to win the Mixed Doubles final.

COUNTY MIXED LEAGUE Killarney Div 3 team played Kingdom away and beat them 4-3. Team: Suzanne Smith, Sam Hayes, Siobhan O'Donoghue, Jeab Workman, Jason Russell, Liam Barry and Niall O'Brien.

Well done to Killarney Div 4 team who beat Iveragh 4-3. Team: Liam Barry, Germany O'Connor, Niall O'Brien, Fiona Galvin, Sonia Smith and Hylda Harmon.

We would like to wish our club secretary a speedy recovery.

FARRANFORE MAINE VALLEY AC

Race 1 of the Gneeveguilla AC 5K series was held on a cold Saturday morning in Killarney last. The race is run through a 5K loop in the national park and is always a popular race to dust off the winter cobwebs in preparation for the spring & summer goals. A new member of our club, Aidan Cahill had a solid run when he finished 6th overall in a time of 17:50. Also new to our club, Pierette Scroope completed the distance in 24:42. Well done to you both. Race 2 of 4 will be on next Saturday 10th Feb. at 11am. Registration in old monastery across for Killarney playground.

The 27th Annual John Treacy Dungarvan 10mile road race was held on Sunday 4th Feb. Weather conditions were ideal for the 2,750 competitors. Little wind cool and dry. This is a very popular race for all of Munster's athletic clubs. There were five athletes from our club competing.



FIRÍ ROSSA FOLEY & DAVID KENNY WHO WON INDIVIDUAL MEDALS IN THE NATIONAL JUNIOR & U23 INDOOR CHAMPIONSHIPS ON SUNDAY 28TH JAN.

Originating from Clonmel Co. Tipperary, it was the gathering of the three O'Keeffe sisters: Maria McCarthy, Grainne Tierney & Siobhan Riordan. Maria finished the 10mile (16.1Km) distance in great time of 63min 49sec. She was placed 7th lady overall and 1st in her age category. Grainne did a personal best time of 78mins. Siobhan, just in training for 2 months finished in a time of 89mins. Jane Hewitt also ran well to finish in a time of 80mins. Male only, George McCarthy ran a solid race to finish in a time of 58mins 36sec. He was 4th in his age category and placed well up in the top 100. Well done all.

The best of luck to all our athletes competing in the last Athletics Cross Country race of the season. The National Juvenile B, Masters & Intermediate XC in Galway next Sunday. Kerry Athletics board will be holding their AGM on Monday 12th February at the Rose Hotel Tralee at 8pm. George Maybury will be giving a talk about safety statement. All club members are welcome to attend.

SENIOR AWARDS NIGHT: The club will be holding their annual awards night for senior athletes on Friday 16th Feb. at 8pm in Sherwoods, Farranfore village. All athletes are invited to attend where we will be honoring our most outstanding athletes for 2017.

CLUB TRAINING: Juvenile Indoor training every Tuesday from 6pm to 6:45pm at Farranfore Community Sports Hall. This is for children born 2010 (7/8yrs) to 2006 (12yrs). €2 per session. New comers always welcome. Maria's Strength, Endurance & Flexibility Exercise Class every Tuesday from 7pm to 8pm in Farranfore Community Hall. €5 per session Secondary School & Senior training on every Thursday at 6:30pm in GAA grounds Farranfore. This is endurance / distance training. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES

Sat/Sun 10th/11th Feb.: Munster U/9 to U12 Indoor Championships, Nenagh
Sun 11th Feb.: National Intermediate, Masters,



CALLINAFERCY ROWING CLUB MEMBERS WHO RECEIVED THEIR KERRY SPORTS AWARD FOR THEIR ACHIEVEMENTS IN ROWING IN 2017. LEFT TO RIGHT; SARAH KENNEDY, ORLA MURPHY, JOHNJOE O'SULLIVAN, AOIFE MURPHY AND GRACE O'GRADY.

Juvenile B & Juvenile XC Relays., Galway
Sat/Sun 17th/18th Feb: National Senior Indoors Championships, AIT Arena, Athlone
Fri 23rd Feb: Munster Schools XC, WIT
Sat/Sun 24th/25th Feb: Munster U13 - U19 Indoor Championships
Sun 4th March: National Masters Indoors, AIT Arena
Sat 10th March: National Schools XC, WIT
Sun 11th March: National Juvenile Indoor Championships Day 1, AIT Arena
Sun 18th March: National Juvenile Indoor Championships Day 2, AIT Arena
Sun 25th March: National Juvenile Indoor Championships Day 3, AIT Arena
Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

GNEEVEGUILLA ATHLETIC CLUB:

LOTTO: No winner of our lotto, 02/02/2018, numbers drawn were 10, 15, 23 & 28. €50 Yearly Ticket prize winner Zoe & Adam Counihan Muckross, €50 Ted Collins Knock, €40 Danny O'Sullivan Stagmount, Johnnie Cronin Lisheen & Davy Cronin Tureenamult. Sellers prize winner Mossy Brosnan. Bonus not won numbers drawn were 1, 3, 10 & 26. Next week's jackpot €6,200 plus €1,000 bonus.

Club Training: Training is going well at all locations, Sunday am 1.00 – 12.00 noon in Gneeveguilla, Tuesdays Boherbue 6.30-7.30 pm & Barradubh Friday's 6.30 – 7.30 pm. Important that all parents / guardians collecting children from training please ensure you are on time to pick up, it is not fair on trainers to have to wait on supervising children, after all they have families too.

CLUB INDOOR COMPETITION: We will be holding an indoor competitions shortly for all juvenile club members.

WINTER 5K SERIES: Our first leg started on Saturday last with a fine crowd. The 2nd leg is this Saturday registration from 10.00 am and race commences at 1.00 am. We would like to see more club members taking part and it would be lovely to see those that have attended our couch to 5K sessions in the past.

MILLTOWN LISTRY COMMUNITY GAMES NEWS

Congrats to our Kerry Girls U10 indoor soccer gold medalists!! They had 3 tough games and they won them all to secure the gold. Well done girls!! Thanks to all their families who travelled and gave them great vocal support!! They will compete representing Kerry in UL on 21st April. Well done to all our swimmers who competed in Tralee Sports Complex today in what is always a very competitive competition. Saibh O'Brien was very unlucky and was pipped into second in the final of the U16 backstroke competition. Katie O'Riordan did great to get into the final of the U12 freestyle. Sean O'Brien in u12 and Ryan Van Der Merwe in U10 were unlucky not to progress to the finals of their freestyle events.

UPCOMING EVENTS Best of luck to our U10 boys indoor soccer team in the competition which our area is hosting in Nagle Rice Community Centre Milltown. If you can spare an hour to lend a hand please contact Denis O'Mahony or Paul Sexton.

Best wishes also to our u12 and u16 music groups and solo musicians competing in Keel on Saturday and to our singer Saibh Mannix in that competition in Ballybunion on Sunday

HANDBALL NEWS ADDITION TO HANDBALL - FIXTURE JUST SENT OUT;

The Cumann na mBunscoil Munster Handball finals will take place in Limerick this weekend.

Kerry will be represented by Roisin King in the 11's Girls singles and by Lucas Riordan in the

boys at the same age. In thx boys doubles its Micheal Griffin and Allyn O'Shea.

In the 13's boys doubles Darragh Lynch and Aaron Griffin are the Kerry representatives while Keith O'Shea competes in the singles.

The Munster Juvenile 40x20 Championships are also on this weekend in Limerick venues.

Owen McCarthy and Padraig Heffernsn play in the 14's Doubles while in the 16's Doubles its Sean Quirke and Liam Smith.

Timmy Quirke goes in the u17 singles.

In the All Ireland 40x20 singles Last 16 Dominic Lynch takes on Diarmuid Nash of Clare on Sunday at 2pm in Cappagh Co Limerick.

In the Munster 40x20 Junior A singles final Jack O'Shea will play Ryan Harkin or Daniel Hayes on Friday night in Ballydedmond at 7.30pm

FIRIES COMMUNITY GAMES

Well done to all the swimmers who took part in the Sports Compex on Sunday. This was a very busy Co Final weekend. Well done to Saoirse Teahan, Michael Teahan, Daniel Cronin, Sofia Bowler O'Riardon, Caoimhe O'Brien and Emma O'Brien who represented Firies. Good luck to all the children taking part in the talent competitions next weekend. Aoibhe Bartlett takes part in u12 solo singing and Rachel Murphy in u16 solo singing. In u12 solo music Siun Morrissey and in u16 Kristupas Griciunaite. In recitation u12 Sean Daly & Cian Sheahan in u16.. In u12 group singing Sofia Bowler O'Riardon, Aileen Galvin, u12 music group Kate Barry, Miriam O Sullivan, Sarah Palmer and Deimile Griciunaite. Good luck to everyone taking part.

MUCKROSS ROWING CLUB

FUNDRAISER QUIZ

The club's fundraiser Table Quiz will take place on Thursday next 15 February at the Killarney Oaks Hotel. Time: 8:30pm sharp. Finger food, spot prizes and great entertainment guaranteed! Teams of 4. Adult Team: €40, U18 Team: €30. All support greatly appreciated.

MEMBERSHIP 2018 A reminder that club membership will be collected at the club's Registration Day this Sat 10 Feb from 12-1pm at the Muckross Community Centre. Membership fees as agreed at the AGM.

EVENTS t. Michael's HOR, O'Briensbridge, Sat 24 Feb. Cork HOR, Cork city marina, Sat 3 Mar.

AGM The following officers and committee members were elected at the club's AGM on 1st February 2018. Club President: Seamus Guiney. Vice Presidents: Maurice Coffey Snr, Dan Kelleher, Margaret O'Riordan, Kathleen Murphy. Ulick Daly elected as a new club Vice President. Chairman: Maurice Coffey Jnr. Vice Chairman: Sean Daly. Secretary: Eadaoin Moynihan. Treasurer: Roisin Moore. Asst Treasurer: Elaine Daly. Safety Officers: Derry Doyle, Simon Evans. PRO: Tim O'Shea. Registrar: Jeremy Kenny. Asst Registrar: Mike Daly. Lakes of Killarney Group Liaison: John Beazley. Killarney Regatta Liaison: Alan Lyne. Muckross Community Association Liaison: Margaret Joy. Childrens Officers: Roisin

Moore, John Beazley. Committee members: Denise Casey, Owen McAuliffe, Elaine Clifford, Charlie Joy, Aoife Farrell.

KILLARNEY VALLEY ATHLETIC CLUB

Killarney Valley AC would like to offer their condolences to the Kelly family on the recent death of John Kelly. May he Rest in Peace.

Well done to Jordan Lee who competed in the High Jump in the AAI Indoor Games in the National Indoor Arena in Dublin. We wish Jordan well in his next competition in the Senior Indoor Championships in Dublin and also to any athletes taking part in the Munster Indoor Juvenile Championship in Nenagh.

TRAINING THERE WILL BE NO TRAINING MONDAY 12TH FEB OR THURSDAY 15TH FEB due to the unavailability of the hall.

Please check our facebook page <https://www.facebook.com/KillarneyValleyAC/> for up to the minute changes to training schedules etc. and please check your emails. Enquiries: killarneyvalleyac@gmail.com

KILLARNEY COUGARS BC.

JUVENILE NEWS

Kerry Area U14 Boys Cup Final

The Killarney v Tralee Cup Final lived up to expectations with Cougars producing one of their best performances of the season to take the Cup from the unbeaten league leaders. St Brendans made the better start to lead 13-11 in the opening qtr with Eddie Sheehy and Gary Lynch in top form but the impressive Cian Doyle kept Cougars in touch with some great scores.

The game turned in the second qtr as Cougars took control dominating the quarter 16-7 with some great baskets by Rian Colleran, Sean Dineen and the hard working Darren Ryan to push Cougars ahead 27-20. The sides went basket for basket in the third qtr with Brendans Coren Hughes, Jack Doyle and Kieran Arellano adding good baskets but Cougars responded well to increase the lead further late in the qtr to 39-29 thanks to Cian Doyle for the Killarney Boys.

St Brendans had to press and reduced the arrears but each time Cougars had a great response with great determined defence frustrated Tralee and their fast breaking game had the Tralee side under constant press with Harry Kelly, Patrick Lyons and the excellent Darren Ryan adding the baskets to secure the win for the Cougars 47-41 in front of packed Presentation Gym on sunday evening.

KERRY AREA U12 BOYS PLATE FINAL

Cougars and Pauls played a very entertaining Plate Final on Saturday evening before a great attendance in the Pres Gym. Cougars made the better start and led through the first half with good baskets by Mark Shanahan, Ted O'Gorman, Jack O'Driscoll and Mark Daly giving Cougars a narrow lead. Cougars had a great

third qtr to lead 21-15 thanks to good scores by Rory Clancy, Callum Cronin and Mark Daly. A tough final qtr saw great defence by St Pauls as they chased the game and a great late basket in the dying seconds secured a dramatic win in a thrilling finish of a well contested game. Well done to both sides for the super entertainment provided.

FIXTURE Feb 11th

U16 Kerry Cup Final Killarney Cougars v St Brendans Tralee Sunday at Pres Gym.

COUGARS GIRLS & BOYS ACADEMY

Our U8 & U10 Girls & Boys training continues on friday in the Parish Hall. Girls U8 & U10 5pm , Boys U8 6pm Boys U10 6.30pm.

Further details on training schedules, fixtures, results go to our website www.killarneycougars.com or follow us on facebook

FLESK VALLEY ROWING CLUB

Flesk Valley Rowing Club would like to extend its deepest sympathies to Sheila Kelly and family on the passing of her husband John Kelly RIP, suddenly on Monday morning last. Over the past 50 years, John has been a loyal servant to his club Commercials RC and the Killarney Regatta Committee where he held various positions throughout the years from Hon. Secretary to most recently PRO. A true gentleman, he was an ever present figure on Regatta Day and will be sadly missed by all. His hard work and dedication is one of the reasons the Killarney Regatta has stood the test of time and continues to be a great success today.

Flesk Valley would also like to extend its deepest sympathies also to the Carroll family on the passing of Catherine Carroll, late of Mill Road, last week. Ar dheis De go raibh a h-anam

KILLARNEY COMMUNITY GAMES

The County Swimming finals were held in Tralee last Sunday and yet again the Hickey sisters performed brilliantly. Sabra and Jocelyn both won silver medals in their finals and Pia won the gold for a second year in a row and has qualified for the All Ireland Community Games Finals to be held in Limerick. This was a remarkable achievement, 3 medals for the extremely talented Hickey sisters and we congratulate them all!!

This weekend we wish the best of luck to our U10 indoor soccer team who are almost all underage again next year so this will be a great experience for the team. We also wish the best of luck to Jack Greaney who is competing in Recitation in Keel. Jack is the defending county champion and we are sure he will do his area and his family proud and we wish him the best of luck. The Annual Church Gate Collection takes place on the 17th and 18th of February and we are really appealing to all the parents and their children to help out at one of the masses that weekend as this is one of the few fundraisers to cover the costs involved in Community Games.

ARE YOU INTERESTED IN PUB QUIZZES?

St Bridget's Basketball Club, Killeenterna will be holding a fundraising table quiz in the Brown Fleck Inn, Currow on Saturday 10th February at 9pm. Table of 5 is €30. Come as an individual or come as a team - everyone welcome.

FORGET TIME MANAGEMENT. TRY ATTENTION MANAGEMENT:

You can't manufacture time and you can't catch up on it or trade bad hours for good ones either. What you can manage, however, is your attention. Attention is a resource we all possess. Your attention reflects your conscious decisions about which activities will occupy your time. You are where your attention is, not necessarily where your body is.

The first step is to precisely understand your priorities. There's a big difference between managing your attention to accomplish priorities and checking off items on your to-do list. Your natural tendency is to do what is fun, convenient, or absolutely necessary at any given time—but your true priorities may not fit into any of those categories. So, ask yourself, "If I could accomplish only one thing right now, what would that one thing be?" Your answer will quickly identify your top priority, which is where you should be directing your attention. Also ask yourself these questions to clarify your priorities:

What are you doing to prioritise your day and develop an action plan when you are inevitably interrupted? What is okay to say "no" to? How will you handle interruptions when they arise? Do you hold an assumption that you must respond to any interruption?

Knowing where attention should go isn't going to help if you can't stay there. Distractions destroy focused attention and it is possible to make great strides in creating an environment that promotes and protects attention.

Be sure to distinguish between "urgent" and "important" activities. Important activities are beneficial and should be accomplished, if not right away, then eventually. Urgent activities are time sensitive, but not necessarily crucial to your bigger goals.

Dwight D. Eisenhower, the World War II general who went on to become President of the United States, used what is now called the Eisenhower Method for managing attention. After identifying the tasks confronting him, he drew a square and divided it into four quadrants. Each task was then designated to one of the four quadrants, according to which of the 4 D's was the most appropriate: Do it, dump it, delegate it, or defer it.

As you identify priorities, be realistic about what you can accomplish. Be honest with yourself about what you truly want to achieve in your life and work. Although important tasks are your top priorities, most of the time these are not the things that appear to be urgent. Don't be fooled into thinking that whatever seems urgent is worth taking your attention from your most important goal.

Remember, be patient with yourself as you start this process. These essential skills take time to cultivate and explore to find the strategies



that help each of us stay effective in turbulent times.

QUOTE:

"There is no such thing as bad publicity except your own obituary" – Brendan Behan.

ON THIS DATE – FEBRUARY 9TH:

1885 - 1st Japanese arrived in Hawaii

1923 - Birth in Dublin of Author and Poet Brendan Behan

1950 - The US Congress passed a bill to raise the price of postage for post cards from one to two cents. Regular letter rates were to stay at three cents.

1953 - The movie Superman premiered.

1961 - US President John F. Kennedy asked Congress to approve a health insurance program (the Medicare Program) for 14.2 million Americans 65 or older, financed by an increase in Social Security taxes.

1969 - The first Boeing 747 jumbo jet, the largest transport plane in the world at the time, departed on its first flight from the city of Everett, Washington.

1972 - The British government declared a state of emergency after a month-long coal miners' strike.

1981 - Rock and Roll singer Bill Haley died at the age of 56 from a heart attack (Rock Around The Clock, etc)

1991 - In a national poll 3 quarters of Lithuanian citizens called for independence from the Soviet Union in a non-binding plebiscite.

2011 -The last sketch by artist Jack B Yeats, (Roundabout Ponies) drawn while he lay dying in a Dublin nursing home, sold at auction in London for £5,760.

THIS HEDGEHOG SWAM HIS WAY TO RECOVERY:

A hedgehog in Scotland was found in November near Alness and the Highlands and taken to a local SPCA after he was stranded outside in frigid temperatures.

Once he uncurled his body — hedgehogs roll into a ball when they're afraid — it was found that his hind legs were not functioning.

To help cure this, an SPCA veterinarian recommended physiotherapy.

The spiny mammal was placed in a shallow bath of water and closely supervised by Nicola Turnbull, head of small mammals at the SPCA branch during his swims to build up strength in his hind legs without having to bear any weight. He took to swimming so well that he is now named Phelps after Olympic swimmer Michael Phelps.

It took just seven days of swimming for Phelps to reclaim the use of his back legs and he will be released back into the wild when the weather in Scotland becomes warmer.

KILLED BY HIS OWN FACIAL HAIR:

On the side of St. Stephan's Church in the town of Braunau am Inn on the Austrian-German border, there is a large stone relief of a man with an unusually long beard stretching down past his feet and it is a fitting monument to an important man who was killed by his own beard.

Hans Steininger, a 16th-century burgomaster of Braunau am Inn, was a popular town mayor, serving multiple terms, but in 1567, he met an unusual end. On September 28th of that year, there was a large fire in the town that caused a general panic. Mayor Steininger usually kept his beard hair rolled up and stuffed in a pocket, but during the commotion he was running around with it hanging free. In the midst of the chaos, he managed to step on his own beard, sending him tumbling down a flight of stairs and breaking his neck.

Much about his life and role as a leader have not survived the centuries since his death, but his incredible beard, which is said to have been over four and a half feet long, looms large in the town's cultural memory and is on display in the local district museum.

DESPERATE MOTHER CALLED 911 SAYING SHE HAD NO FOOD FOR HER CHILDREN:

In an unusual emergency call, a mother of four young children dialled 911 a few weeks ago,

saying she had run out of options. "I went to local churches and everything, trying to find food for my children," she told the dispatcher. "My kids have not eaten since yesterday." "This is for police only," the dispatcher said. "It's not for this."

The mother from Camden, New Jersey, said she was waiting for food stamps, which would take at least a month. She had no money, transportation or phone service, and the only number she was able to call was 911.

"If I could get some type of assistance," she pleaded. "If someone could come out. Help me with anything."

Another dispatcher overheard the call and requested an officer go to the woman's residence to check on the family. "It made me sad. I couldn't imagine not being able to provide for my child," the second dispatcher who is also a mother later explained.

When Camden County Officer David Hinton arrived at the apartment, he noticed there was no food, so he went to a local restaurant to bring food back to the family. The second dispatcher also told her mother, Sgt. Tracy Seigel, about the situation. And together, along with retired Lt. Scott Bagby and Lt. Janell Simpson, they pooled their money and bought the family 10 bags of groceries, which included supplies like toiletries, milk and bread.

"The family was overwhelmed and extremely thankful for the unexpected surprise," a spokesperson for the Camden County Police Department said and named Sgt. Seigel and Officer Hinton as officers of the week for going "above and beyond the call of duty to help those in need."

According to the United States Department of Agriculture's Economic Research Service, 12.3% of U.S. households, or 15.6 million households, were food insecure in 2016. Food insecure means that members of the household have a difficult time getting enough to eat at some point during the year because they lack resources. Usually, children are shielded from hunger, and adults will go without food so younger members can eat. But 3.1 million households still had children who experienced food insecurity, which was similar to pre-recession levels in 2007.

STRANGER ON A TRAIN PAYS A DISTRAUGHT WOMAN'S ELECTRICITY BILL:

An act of kindness by a stranger on a train has spurred a young woman to recount his goodwill on social media and the Israeli public has responded with utter joy.

According Daniel Danino, a woman on the train was in tears begging the Israelie Electric Company to be considerate about her family's circumstances and reconnect their electricity despite an outstanding debt of nearly €400.

A man sitting nearby overheard the young woman pleading with the electric company and not only offered to pay the bill, but gave the electric company his credit-card information over the phone right there on the train.

"Today I suddenly hear a conversation of a young female soldier like me who is on the

salary of single-parent soldiers. They cut off the electricity and she cries hysterically, and suddenly an angel comes from nowhere, I get off the train with hope and faith in people. There are still those who do things for others without expecting anything in return. I was left with my mouth hanging open, speechless, and full of a sense of pride in being a part of this nation that galvanises to help others during times of distress."

DID YOU KNOW?

The Birth Flowers for the Month for February are: The Violet which symbolises faithfulness, loyalty, humility, wisdom, and hope and the Primrose which symbolises Modesty, distinction, and virtue. The Birthstone for February is Amethyst.

WOMAN FINED £600 FOR PUTTING CARDBOARD BOX IN WRONG WASTE BIN:

Alison Mapletoft a mother-of-two in East Sussex, South East England has been handed a £600 fine and threatened with possible time behind bars - because she accidentally put a cardboard box in the wrong bin.

Enforcement firm 3GS, who were hired by Brighton and Hove City Council, fined the 39-year-old after the bin blunder when she placed a single cardboard box in a communal recycling bin rather than disposing it with other commercial waste related to her small business.

Snoopers sorted through the communal bin and found the cardboard box before sending her a fixed penalty notice, claiming she was essentially fly-tipping.

She was fined £300 for the initial offence of putting the box in the wrong bin and a second £300 for not having a waste disposal contract in place for her home-based scarf and cushion company though Ms. Mapletoft says she doesn't really have any business waste because she doesn't make or sell her goods from my home

3GS has since warned her she faces a court appearance or even jail time if she fails to pay

up - a threat issued at Christmas.

A spokesperson for Brighton and Hove Council said: "Anyone who feels they have been wrongly given a fixed penalty notice can make a representation to 3GS in the first instance. If they are still concerned, or wish to give more general feedback, they can write to the council. "Any cases referred to the council are reviewed on an individual basis to ensure that fixed penalty notices are issued correctly."

HORSE COLLAPSED AND WAS MOMENTS FROM BEING PUT DOWN WHEN HER STABLE MATE REVIVED HER:

Donald MacIntyre and wife Jane Lipington own 23 shire horses on their farm in Somerset, England. Two of the horses, a 16-year-old mare named Beatrice and an 11-year-old stallion named Beau, have been stablemates for years. Recently, Beatrice collapsed in her stable from severe abdominal pain. The longer she was incapacitated, the greater the risk of dying from organ failure.

For the next six hours, Donald, Jane and their farm workers worked tirelessly to pull the one-ton mare to her feet using straps and machinery, they used everything they could, including creating a kind of pulley system with their tractor and massive straps but she was far too heavy.

Meanwhile, her heart rate and blood pressure continued to skyrocket.

Donald and Jane prepared themselves for the worst. They knew that putting down their beloved Beatrice was imminent, while they were waiting Jane remembered Beau needed to be let out of his stall, she opened Beau's door but instead of walking toward the yard, he went right over to Beatrice, hung his neck over the divider of Beatrice's stall and began biting her neck and using his teeth to pull up her head.

In mere minutes, Beatrice rolled over onto her other side... and miraculously stood up! She has since made a full recovery.



FAHA NATIONAL SCHOOL
AN FHAITHCHE CILL AIRNE CO. CHIARRAI



Faha NS, a vibrant and growing school of 205 pupils on the outskirts of Killarney, is now taking enrolments for 2018

Application forms are available from the school or the school website.

Please call us on 064 6644619, call into the school, send an email to faha.ias@eircom.net or visit our website www.fahans.com

We would be delighted to chat to you and answer any questions or queries you may have.

FIANNA Fáil
THE REPUBLICAN PARTY

John Brassil TD

Killarney Constituency Office
Open Hours:
Wed 14th, Thurs 15th Feb, Friday 16th Feb from 9.30am - 5.30pm
Address:
The Fairhill Business Centre, The Courtyard, Fairhill, Killarney.
(Just behind the Royal Hotel)

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
Working with Cllr John Joe Culloty 087-1308000 cjrjcculloty@eircom.net
and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics
Office: **064 66 94199/083 8541447**
Email: john.brassil@oireachtas.ie John mobile: **087 2362330**

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PART-TIME STAFF
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per week.

Experience an advantage.

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- **Admin/Care Assistant**
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- Administrator/Care Assistant
- Bus Driver, D Driving Licence is required.

Applicants must be eligible for a CE Scheme.

Applications and Job Description available from Reception at Kerry Adult Services, Edward St. Tralee.
E-mail: cmccannon@enableireland.ie
Contact: 066-7181746

Closing date for receipt of Applications is Friday 16th February.
Interviews; week of 19th February 2018.

A P P O I N T M E N T
Gaelscoil Faithleann
Primary School

**Rúnaí Scoile
School Secretary**

Tá Gaelscoil Faithleann ag lorg Rúnaí Scoile Páirtaimsearach ón 9 Aibreán 2018. Is scoil lán Ghaeilge i Gaelscoil Faithleann agus tá Gaeilge chumasach riachtanach don phost seo.

Experience in office / secretarial work / administration or related environment is essential as are excellent interpersonal skills.

Applicants must have excellent computer skills; Word, Excel, Data base, Digital Media and be proficient in accounts administration etc. The post will include additional secretarial duties in support of the Principal, Deputy Principal and staff.

Applications by post including CV, certificates and at least two references to be received by **12.00pm on the 23rd February** addressed to:
An Cathaoirleach, Gaelscoil Faithleann, Cill Airne, Co. Chiarraí.
Please include mobile numbers for all referees.
Appointment will be subject to Garda Vetting.

www.gaelscoilfaithleann.com




KILLARNEY ELECTRICAL WHOLESALE BUSINESS is Following Period Of Expansion



TradeKit

A Stamp of Electrical Excellence

Trade Kit, a Killarney based electrical wholesaler seeking business professionals to fill a number of positions of varying experience levels. These positions have come about due to a period of expansion in recent years that has seen Trade Kit launch a division in London, expand its operations in Killarney. Given this period of rapid expansion and considering Trade Kit's 12 year history in Killarney and exceptionally high staff retention rate, the positions listed below represent an excellent opportunity for you to join an established company that can offer progression opportunities, competitive salaries and job security.

TRADE COUNTER OPERATIVE

Responsibilities:

- Interacting with clients to provide expert advice and excellent customer service
- Building and maintaining excellent working relationships with suppliers
- Assisting the full supply life cycle, from placing orders to stock and logistics management

Requirements:

- Extensive experience of working in a customer facing role within an electrical wholesale background
- OR
- Experience of working in a retail or trade environment
 - Demonstrable commercial acumen and communication skills

STORES SUPERVISOR

Responsibilities:

- Goods in – Customer Orders – Stock Management
- Supporting the Sales Team
- Deliveries by courier and company vans
- Building and maintaining excellent working relationships with suppliers
- Assisting the full supply life cycle, from placing orders to stock and logistics management

Requirements:

- Extensive experience of working in a busy stores role within the distribution sector

Apply to gerry@tradekitdirect.com | Tel: 064 6625340
TradeKit, Ballycasheen Road, Killarney, Co. Kerry.



ARE YOU LOOKING FOR A NEW CHALLENGE?

Julies Barbershop Academy
in Killarney is NOW Enrolling
for the Spring Exclusive Session

15 weeks of Intense Training
Tuesdays & Thursdays 7-10pm

If you want to be better than the rest,
Get your training from the best!

Please phone Julie on
085 - 8121498 for details



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KILLARNEY OUTLOOKS
WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE
 BURKETT TAKES A LOOK AT WHAT'S
 IN STORE IN THE SOAPS THIS WEEK



CORONATION STREET

It's a big week for Michelle as not only will Robert propose to her but Liz will learn that Michelle's biological son Ali has returned to the street. Ali having been raised by who he believed to be his real parents doesn't want Michelle knowing he's back. Will Liz keep his secret?

EASTENDERS

Celebrating the soaps 30th anniversary, Home and Away bosses have come up with huge stories focusing on original cast member Alf. Alf will be involved in a huge stunt when an explosion causes him to fall into a sinkhole. With time running out, will Alf be saved? Meanwhile, policewoman Kat will be killed off leading to her ex-partner Ash seeking revenge. Blaming Robbo for Kat and his unborn child's deaths, Ash reaches out to the River Boys who make a dangerous return to Summer Bay.

SOAP NEWS

Actor Freddie Jones who plays Sandy in Emmerdale is leaving the show and will depart after finding love with an old friend.

Rumours suggest that in Corrie Tyrone will cheat on Fizz with Gemma. The fallout will see the street turn on Gemma as Tyrone fights to save his relationship.

Drop off/Post: Killarney Outlook, 30 High St, Killarney **Tel:** 064 667 0000

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GARDENING OUTLOOK



with John O'Sullivan

FOCUS ON HEDGING

Hedges can make a much more natural background to a garden than a wall or a fence. They can provide shelter and are cheaper and require a small amount of maintenance. Because a hedge allows the wind to filter through, it reduces its velocity. Tall or low growing, clipped or informal, there is a hedging plant for every purpose. One thing to remember about a hedge is that it is intended to be a permanent feature in the garden so therefore should be chosen with care and planted in well prepared soil. To choose the right hedge for your garden here are a few pointers to think about

The type of soil you have.
How exposed the garden is, i.e. what direction is it facing?
The eventual height and width the hedge will be
Does it need to be evergreen?

When you have chosen the type of hedge that you want, its time to prepare the soil. Start prepping the soil by digging thoroughly and forking in some well rotted farmyard manure. Hedges can be planted all year round but the ideal time is between November and March as all hedging plants will be dormant at this time. What that means is that when you go to buy your hedging plants they are lifted straight from the ground and are called bare-rooted hedging. This enables you to replant straight back into the ground when you get them home. Just make sure that when planting that the roots are spread out well as this will encourage them to root quickly when the growing season starts. If you have missed the bare rooted season at the end of March you can plant container grown hedging all year round. Next week I will focus on trees.

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SERVICES, KILLARNEY 087-2787160.**

NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St. Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your world which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request... (mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.

CR

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

CR

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.

X

BIRTHDAY REMEMBRANCE



Remembering with love and heartbreak our son and brother.

**ANTHONY
"SKINNER"
O'SULLIVAN**

**Ballinamanagh, Kilcummin
whose 34th birthday falls on Valentines
Day February 14th**

*If we could visit Heaven, Even for a day
Maybe for a moment the pain would go away.
I'd put my arms around you and
whisper words so true
that living life without you
is the hardest thing to do.
No matter how we spend our days
No matter what we do
No morning dawns or evening falls
When we don't think of you.
No greater gift for Valentines
was given to us two than the joy of having you.
So, Sheila, put your arms around him
Sing him a birthday song and celebrate together
Your loving son is home.*



Happy Birthday Anthony
Forever loved and missed by Daddy, Brendan,
Patrick, Killian, Stephen, Darragh and Enda

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

JOM

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.

SP

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.

X

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

THANKS TO THE SACRED HEART

A thousand thanks to the Universe, Our Lady, Sacred Heart of Jesus, All the Angels and Saints and The Holy Spirit.

X

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

THANKS TO THE SACRED HEART

A thousand thanks to the Universe, Our Lady, Sacred Heart of Jesus, All the Angels and Saints and The Holy Spirit.

X

NOVENA TO ST JUDE

May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever.
Sacred Heart of Jesus, please pray for us. Saint Jude, worker of miracles, please pray for us. Saint Jude, helper of the hopeless, please pray for us.
Say this prayer nine times daily and by the end of the 8th day your prayers will be answered.
Say it for nine days, publication must be promised.
It has never been known to fail.

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

MC

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**

In loving memory of

**PHYLLIS
SUGRUE**

Lahard Beaufort, Killarney
Co. Kerry
Whose Anniversary occurs on
7th February

As we remember, Phyllis on her 1st Anniversary, her husband Johnny, daughter Anne, son James, son-in-law Martin, her grandsons, Steven and Sean, her sisters, Joan and Mary, sister in law Creda and her extended family would like to express our sincere thanks and appreciation to those who supported us on our sad loss.

We offer heartfelt thanks who travelled long distances, to our many friends and neighbours who visited our home, attended her funeral, sent mass cards, floral tributes and messages of sympathy. They were a great comfort to us.

A special word of thanks to the paramedics who attended our home on the morning of the 3rd February, the staff of A&E, Skellig Ward in University Hospital Kerry and The Palliative Care Team for their kindness and respect shown to Phyllis. Also special thanks to Fr. Teddy Linehan and Fr. Gerald O'Leary from UHK for all their prayers and support on her final days.

Dr. Ann Cronin and the staff of Killorglin Day Care Centre where she attended every Monday, which brought her great joy and happiness.

A special thanks to the volunteers in Listry Social Committee where she attended once a month, here she thoroughly enjoyed meeting up with friends and neighbours.

To all those participated in the funeral mass especially FR. Kevin O'Sullivan, Decon, Conor Bradley, the readers and the choir.

To the O'Shea's Funeral Directors for their sensitive and professional handling of the arrangements. Thanks also to Seamus O'Connor who prepared Phyllis final place of rest.

To those who helped in anyway your contributions made our loss more bearable.

As its impossible to thank everyone individually, please accept this acknowledgement as a token of our gratitude and appreciation for all your kindness and support.

The Holy Sacrifice of the mass will be offered for your intentions.



Phyllis's 1st Anniversary Mass will be celebrated on Saturday 10th February in The Church of the Immaculate Conception, Listry at 6pm

**FIRST ANNIVERSARY
AND ACKNOWLEDGEMENT**

In loving memory of

**MAUREEN
O'SULLIVAN**

Cullina Lower, Beaufort, Killarney
Co. Kerry
Whose Anniversary occurs on
8th February 2017

On this Maureen's first anniversary, we wish to express our deepest gratitude and appreciation to all those who sympathised with us and supported us on our very sad loss. We wish to thank everyone who called to our homes. Thank you to all those who attended the rosary, removal, funeral mass and burial.

We very much appreciate the floral wreaths, mass enrolments, mass cards, sympathy cards, letters and telephone calls. Thank you to everyone who travelled long distances, we very much appreciate it. Special thanks to Maureen's doctor and friend Dr. Edmund Prendiville and his staff for taking such great care of our mother. A special word of thanks to Dr Billy Prendiville and Dr Ann Cronin. Thank you also to Joe Crowley and his staff at Mulvihill pharmacy for all your help over the years. We wish to pay tribute and thanks to Maureen's nurses, Helena O'Sullivan and Nuala Kelly for their outstanding care and wonderful attention.

The family wish to pay special tribute and thanks to our Mother's personal carer Finola Digby, for almost four years Finola gave exceptional care and great kindness at all times to our mother, our family will always be grateful to you Finola, thank you. Fr. Donal O'Connor, former parish priest of Beaufort, thank you Donal for always calling in to visit Maureen. Special thanks to Fr. Fergal Ryan P.P who celebrated Maureen's funeral mass and burial. A special word of thanks to Peggy for all your help. To Gerard and Jack Helay, we thank you both for the beautiful music and singing throughout the funeral mass and graveside. A special word of thanks to our dear friend Máire O'Sullivan for her beautiful solo singing at Maureen's funeral mass. Thank you Máire. The family wish to thank Gerard and Mary Flynn and their staff for their professionalism and caring guidance during this sad time. Thank you also to the O'Sullivan family and staff at the Beaufort bar and restaurant. As it would be impossible to thank everyone individually, please accept this acknowledgment as a token of our sincere gratitude. The Holy Sacrifice of the Mass has been offered for your intentions.



Maureen's first anniversary mass will be held in St. Mary's Parish Church, Beaufort on Friday 9th February 2018 at 7.30pm.

3RD ANNIVERSARY

In loving memory of

**JOAN
HERLIHY**

Lissivigeen, Killarney
Whose anniversary occurs on 12th
of February 2015

*Somewhere beyond the Sunset,
Where loved ones never die,
You sleep in a beautiful garden,
Beneath a golden sky,
Though Heaven and earth divide us,
We are never far apart,
For you are always in our thoughts,
And forever in our hearts.*

Loved by husband Dave, daughter Laura,
son Paul and aunt Joan

Anniversary Mass will be
celebrated on Saturday 10th of February
at 7:30 pm in the Church of the
Resurrection Killarney.

6TH ANNIVERSARY

In loving memory of

**O'SULLIVAN
DERO DENIS**

Scranhan Court &
Main St, Killarney.
Who died on February 11th.

We miss your smile, your gentle ways
Your good humoured nature
brought sun-filled days.
You were considerate, caring,
loving and true.
Thanks for the memories, Denis,
thanks for you.

"Just the smile that is spreading all
over his face could warm up the
room and set fire to the place."

Fondly remembered and missed by
your loving partner,
Michelle x

Anniversary mass Sunday 11th
February at 8am in St Mary's
Cathedral, Killarney.

A WORD OF VICTORY

Welcome back dear reader last week we saw how the fear of God has been forgotten and cast aside by some in society. But just to recap, do not mistake humans making others submit in fear to tradition and herd mentality as the fear of God, as that is not Biblical! True fear of God will operate through the characteristic of humility. "In your relationships with one another, have the same mindset as Christ Jesus; Who, being in very nature God, did not consider equality with God something to be used to His own advantage; rather He made Himself nothing by taking the very nature of a servant, being made in human likeness...as a man...He humbled Himself by becoming obedient to death - even death on a cross! Therefore God exalted Him to the highest place and gave Him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord to the glory of God the Father." (Philippians 2:5-11) Where Law is enforced legalism results. But Jesus came in humility offering grace and mercy, and for us a relationship with God the Father is the consequence of that Love. Jesus doesn't force Himself on anyone - in fact He 'stands at the door and knocks' and it is up to every human being to invite Him into their own life (Revelation 3:20). God gave us a free will to make our personal decisions as we discussed previously, and when we fear God we will make wise, godly choices based on His Commands as laid out in His Word. Jesus was asked what the greatest commandment was and He replied "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and love your neighbour as yourself; all the Law and the Prophets hang on these two commandments." (Matthew 22:36-40) When we love God we will reverently fear Him and His Word and will do the right thing to please and honour Him. When we love others more than ourselves we will always put them first, and reflect the love of God to them. On the night He was betrayed the last thing Jesus taught His disciples before breaking bread with them, was to serve others. He took the servants apron and towel and went from disciple to disciple washing their feet. This was not an empty ritual but showed that if everyone treats others better than themselves the problems in the world would disappear. Friend, be assured God observes how we treat others and we will reap a harvest from our actions! Today ask the Lord Jesus to teach you how to put His Word into practice so that you can humbly do His will. More next week...

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KILLARNEY CELTIC FC V NORTH END UNITED



FAI JUNIOR CUP LAST 16

Celtic Park, Sunday 11th Feb.
KICK OFF 2pm



Come & Support Your Team

