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**ASIAN STREET FOOD-**



Kilcummin GAA Club members Sean O'Leary, Tommy Brosnan, Brendan Kealy and Kevin Gorman pictured at the Irish Blood Transfusion Mobile Clinic at the Dromhall Hotel this week. Full story on Page 4

College Street, Killarney





5008



08:10:21

SEAN SPEARHEADING CAMPAIGN TO GIVE BLOOD **See Page 4** 



Aisling Crosbie.

#### FROM THE EDITOR

With the countdown to "Freedom Day" on October 22nd well and truly on, we have lots to keep you entertained in this week's Killarney Outlook.

A talented footballer is spearheading a campaign to encourage everyone to donate blood, there were 13 Kerry winners in the Blas na hEireann awards and there are celebrations at The Gleneagle Hotel as they receive four star status.

We look at the appointment of Kerry Football Manager, Jack O'Connor in our sports section, Scotts Lakers look forward to their new season and a father and son duo hit the back of the net for Killarney Celtic.

Hope you enjoy this week's Killarney Outlook!

## **GET IN TOUCH**

news@outlookmags.com 086 0400 958

SPORTS jimmyosdarcy@gmail.com

SALES des@outlookmags.com 087 6593 427

DESIGN killarneyoutlook@outlookmags.com 087 7776 665

MEMORIAMS maura@outlookmags.com 087 7160372

#### ACCOUNTS

accounts@outlookmags.com 1800 71 40 40

Editorial Contributors
Jimmy O'Sullivan Darcy - Sport
Billy Ryle - Education
Leona Twiss - Kerry GAA
What Women Want - Beauty
DWell Grant - Control

Contributing Photographers

Marie Carroll O'Sullivan
Valerie O'Sullivan
Sally MacMonagle
Don MacMonagle
Eamonn Keogh
Domnick Walsh

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## HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE T: 0818 222 024

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

#### ST VINCENT DE PAUL

T: 064 66 22668 - E: svdpkillarney@eircom.net

#### AWARE

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PIETA HOUSE

T: 01 6010000 - www.pieta.ie

#### SAMARITANS

T: 066 71116123 - E: jo@samaritans.ie Lo Call 24hr: 1850 609 090 Text Support: 087 2609090 - www.samaritans.



Sun setting on Rossbeigh beach CAPTURED BY ORLA HEALY

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# SEAN SPEARHEADING CAMPAIGN TO GIVE BLOOD

A member of the extended Senior Kerry Football team who was involved in a serious car crash in July is raising awareness about the importance of donating blood.

Sean O'Leary and his girlfriend Emma O'Connor were returning home after attending the Kerry V Tipperary Munster Senior Football Championship semi-final in Semple Stadium in Thurles when they were involved in a two car crash outside Abbeyfeale.

Following the horror crash, Sean required a blood transfusion of 7 units of blood during his recovery.

"Because of the amount of life saving blood I needed, I want to raise awareness about the importance of donating blood and I am asking everyone to row in behind me and donate blood at the the Blood Donation Clinic which is taking place in the Dromhall Hotel Killarney this week and next week, Monday 11th and Tuesday 12th of October", Sean said.

A member of Kilcummin GAA Club, Sean has the support of his his team mates Tommy Brosnan, Brendan Kealy and Kevin Gorman who are asking everyone to join them by giving blood. With a shortage of blood nationwide, Sean and his team mates are hoping that other GAA Teams will come on board and donate at any of the mobile clinics nationwide.

Speaking to the Killarney Outlook this week,

Seán is well on the road to recovery. "I am feeling really good over the past few weeks, and I am off all pain relief mediation", Sean said.

Sean is working intensively on his recovery through physio and this week was is hoping to start work on walking again.

If you are interestd in donating blood, you can find out if you are eligible and book your appointment by contacting 1850 731 137 or contact Sean O Leary, Brendan Kealy or Kevin Gorman.

If you cannot make the Killarney dates, please log onto www.giveblood.ie to find out the next blood donation clinic in your area. The GAA community can make a huge difference to a service that saves lives!

#### Did you know...... 1 in 4 people will need a blood transfusion at some point of their lives.

- Only 3% of the eligible Irish population give blood.
- 3,000 blood donors are needed each week in Ireland.

You can give blood every 3 months
The shelf life of blood is only 35 days but for neo-natals it is 7 days & platelets 5 days
Just one donation can save up to three



A helping hand.... Sean O'Leary pictured with Buddy the Irish Blood Transfusion Mascot at the mobile clinic at The Dromhall Hotel.

Giving Blood Saves Lives	
67%	of donated blood is used to treat cancer patients & people with blood disorders
27%	of donated blood is used in surgery And emergency situations
6%	of donated blood is used to treat blood loss after childbirth & to help premature bables
100%	of donated blood is precious and saves Lives in Ireland every day
Irish Blood Transfusion Service Seithis Falaisträchin na hÉireann	giveblood.ie

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### NEWS



Kerry Mountain Rescue team had a busy month of Setpember which included a number of incidents including three callouts to lost parties in the Reeks, a callout to a casualty with a serious hand injury following a rockfall near Coimín Uachtar and a callout to a family who had run into difficulty after dark on a descent of Bóthar na Gíge. In this incident, one of the party was short roped to Ard na Locha with another requiring evacuation by stretcher. September also saw a return to drone training in the Hags Glen, and a session on technical crag work at Glanteenassig. Some pics attached of this recent activity.

The team continue to reiterate the need to be prepared when planning a hike or climb.

"Carrauntoohil is not a "walk in the park" but is frequently approached as such – with serious consequences. It is not a way marked trail. To some degree the mobile phone has undermined the old "self-reliance" ethic, that once underpinned mountaineering" a statement on the team's social media stated.

Time to get serious, time to wear proper boots (not runners!), time to consult the weather



forecast in advance. Time to research your intended route and the difficulties involved. Time to carry a map and to know how to use it. Time to have windproof waterproof layers. Time to decide on the fitness of all in your group. Time to decide when to turn for home. Time to get serious.

It will and does go wrong for the best prepared but the ill prepared will always disproportionately feature. Remember when it goes wrong you will wait possibly two hours before assistance reaches you. Add possibly three hours or more for stretcher evacuation.

KMRT fully understand that accidents can happen to anyone on the hills at any time regardless of experience and competence and will respond. If

## ANOTHER BUSY MONTH FOR KERRY MOUNTAIN RESCUE TEAM



your party does get into difficulty do not hesitate to call 999 or 112 and ask for Mountain Rescue.

Kerry Mountain Rescue Team is a voluntary rescue team that provides a 24-7-365 on call mountain rescue service in the mountains of southwest Ireland.

Kerry Mountain Rescue Team is made up of of 35 entirely voluntary members who are on call 24 hours a day 365 days a year to respond to anyone who is in distress in the mountains of southwest Ireland.

## MARY BIDS A FOND FAREWELL to colleagues at Killarney Hotels

This week, the team at Killarney Hotels Collection said goodbye to a long-term colleague and friend after many years of service to the collection of hotels.

Mary Mulcahy began working at The Europe Hotel & Resort as a Senior Receptionist following her employment with Aer Lingus and progressed to Front Office Manager at The Dunloe Hotel & Gardens. In recent years, Mary moved to Ard na Sidhe Country House to assist with the daily running of the hotel with friend and Hotel Manager, Debbie Brosnan.

On Monday, colleagues organised a special presentation to say goodbye as well as raising a glass to her retirement. 'Mary has been a wonderful asset to Killarney Hotels Collection over the years and was loved by her colleagues and customers alike. She is going to be missed by the whole team and we wish her the very best on our retirement' Michael Brennan, Managing Director Killarney Hotels Collection.



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#### NEWS

#### 13 KERRY PRODUCERS WIN BLAS NA hÉIREANN AWARDS

#### n a year like no other, Blas na hÉireann have just announced the award winners for 2021, with 13 winners from County Kerry.

With the annual pilgrimage to Dingle stalled, this year's winners tuned in for a second year running from every corner of the country for a virtual celebration of the very best in Irish food. The team at Blas na hÉireann has been working tirelessly since March to ensure that Blas 2021 went ahead, sustaining their commitment to celebrating the very best in Irish food and drink. Chairperson Artie Clifford feels that now, more than ever, it is essential to shine a light and give that all important boost to the talented producers dotted around the island.

"These are the 14th annual Blas na hÉireann awards," says Artie, "and despite the very challenging situation, I am delighted to report a record entry level from producers right across the island. This large increase in entries has raised the bar across all categories, allowing us to introduce new products and producers to the buyers and press with whom we work, which is really exciting. Congratulations to all the winners and to every producer who participated. It is always such a rewarding experience to see the wealth of exceptional



Pictured at the Blas na HEireann national awards.were Tim & Kathleen Regan of Regan's Family Apiary Silver 2021.

foods being produced on the island of Ireland, and this has been the best year yet."

Now in their 14th year, the Blas na hÉireann awards are the all-island food awards that recognise the very best Irish food and drink products, and the passionate people behind them. The biggest blind tasting of produce in the country, the criteria on which the product is judged as well as the judging system itself, which was developed by Blas na hÉireann with the Food Science Dept of UCC and the University of Copenhagen, is now recognised as an industry gold standard worldwide.

Products from every county in Ireland were entered into this year's competition to win Gold, Silver or Bronze Blas na hÉireann awards in over 150 food and drink categories, as well as key awards like Supreme Champion and Best Artisan Producer.

# The bronze, silver and gold winners from Kerry across a range of different categories are:

- 1. Camos Artisan Foods Gold & Silver
- 2. Cistin na hEireann Gold
- 3. Dingle Distillery Silver
- 4. Dingle Farm Silver
- 5. Dingle Goats Cheese Bronze
- 6. Kells Bay Cheese Silver
- 7. Kennedy's Butchers Gold & Silver
- 8. Prestige Foods Ltd Gold & Silver
- 9. Quinlan's Kerry Fish Gold & Bronze
- 10. Regan's Family Apiary Silver
- 11. Valentia Island Vermouth Ltd. Bronze
- 12. West of Dingle Gold, Rogha na Gaeltachta

and Best in County, supported by LEO Kerry 13. Knockatee Natural Dairy - Gold



## **McCORMICK TO TAKE CHARGE** OF 2022 INTERNATIONAL RALLY OF THE LAKES

Darren McCormick is set to take the wheel as Clerk of the Course for Killarney and District Motor Club's 2022 edition of the International Rally of the Lakes and will take over from Dermot Healy who was last to run the event in 2019.

Darren will become the first ever second generation Clerk of the Course of the event in the clubs history, that's after his father Gary ran the event 5 times from 2005-2009. Darren is no stranger to running Killarney based events, having ran the Rentokil Initial Killarney Historic Rally in 2019.

The rally is included on the provisional 2022 calendar, taking its place on the now regular May Bank Holiday slot from April 29th-May 1st.

Speaking after his appointment, Darren said that he is looking forward to getting the famous event back on track following a 2 year hiatus due to the Covid 19 Pandemic. "I will ensure to keep the event as cost effective as possible, with a compact, local route with centralised service. It's been a difficult time for competitors and it's extremely important to keep them in mind"

He added that he is looking forward to welcoming back sponsors, competitors and spectators back to the town after a 2 year absence.

Darren was sworn in at a recent club meeting, where other committee members were also elected. Lisa Foley has taken the role of Secretary, with Jordan and Dylan McCarthy sharing the role of Assistant Secretary.

With less than eight weeks to go before the 2021 Rentokil Initial Killarney Historic Rally and we are now in an advanced stage of planning for the event. Event Clerk of the Course Martin Farrell has confirmed a 3x2 stage format for the event with centralised service. Regulations have been sent to Motorsport Ireland and entries will open shortly.

We have also launched a new Historic Rally Facebook page and recommend everyone to stay in touch with the page for the latest updates. You can find the new page here: https://www.facebook.com/ RentokilKillarneyHistoricRally



# That Star Quality... THE GLENEAGLE HOTEL RECEIVES FOUR STAR CLASSIFICATION

here were huge celebrations The at Gleneagle this week as the team celebrated confirmation that the well-known hotel has been elevated to four-star status by Fáilte Ireland.

EWS

News of The Gleneagle Hotel's four-star classification comes following an extensive programme refurbishment that cost in the region of €7.2 million and took over four years to complete.

"The focus of our refurbishment programme was to improve our customer experience while retaining the magic that makes The Gleneagle special. We are delighted this commitment has resulted in Faílte Ireland elevating the hotel to four-star status," says Gleneagle Group

CEO, Patrick O'Donoghue.

"As well as refurbishing our existing guestrooms and public spaces we completely renovated and refurbished a wing of bedrooms that had not been used in decades, thereby increasing our capacity without increasing our building footprint. We also invested in our ongoing accessibility programme seven of our guest rooms are now universally accessible while a number of upgrades around the hotel make the building easier to navigate and creates a more welcoming environment for all."

"In tandem with the refurbishment programme, we have invested in our team through training and upskilling

and in our technology by implementing new and better systems. The end goal has always been to improve the experience of our customers, achieving the four-star classification is a very welcome bonus and testament to the hard work of all the team here." The Gleneagle Hotel first opened its doors in 1957 as a small country house hotel. Today it is comprised of 279 questrooms, a further 60 self-catering apartments and extensive leisure facilities. It is renowned for its programme of live entertainment and has three venues onsite - The Gleneagle INEC Arena, The Gleneagle INEC Club and The Gleneagle Ballroom.

GLENEAGLE





**MOTORISTS URGED TO BE VIGILANT** DURING DEER RUTTING SEASON

It's autumn and in our forests and across our mountains, tensions are rising as the rutting season gets under way, the time of the year when male deer are driven by an urge to reproduce. From late September until early November the clash of antlers will be heard as males show off their virility to potential mates and, like gladiators entering an arena, they parade around showing off their armoury of antlers.

While the rut is an amazing experience to witness it is also a time when there is an increased incident of road traffic accidents involving deer as male deer go in search of females and younger males are ousted by dominant males forcing deer to cross roads and motorways. The Wild Deer Association of Ireland are calling on motorists to be vigilant at dawn and dusk, when deer are most active, particularly in high risk areas such as woodlands and mountains. What should drivers do in high risk areas?

Reduce speed where they see a warning signand stay alert. Prepare to stop, never swerve as you could hit another obstacle or oncoming vehicle. When you see a deer "dip your headlights" as the full- beam may cause the deer to freeze. If a deer has crossed in front of your vehicle, be aware that others may follow. Do not approach an injured deer. If you are involved in a Deer RTA or come across a deer that has been involved in a RTA, immediately contact the local Gardaí.





Killorglin's two Olympians have rowedin with their support for the 2021 Kerry Mental Health & Wellbeing Fest by coming on board as Ambassadors for the event from 9th to 16th October.

Monika Dukarska and Aileen Crowley, who recently competed for Ireland in the rowing at the Tokyo Games, have asked people of all ages to get involved in the Festival for the good of their mental health.

The Kerry Mental Health and Wellbeing Fest aims to create awareness of, and schedule events that empower people to engage with, the Five Ways to Wellbeing – Connect | Give | Take Notice | Keep Learning | Be Active.

Monika Dukarska said one of the Five Ways to Wellbeing was of particular benefit to her

during her Olympic preparations: "When things were getting tough with selection or training sessions, I was journaling and writing down things that went well rather than putting pressure on myself constantly to perform. I was picking very small targets or things that I enjoyed about my day to detach from the pressure of performing all the time. That worked for me superbly. It gave me things to enjoy that I wouldn't necessarily have taken notice of before."

The Olympic Rowers, as women in sport, are delighted to see that many of the events during the Kerry Mental Health and Wellbeing Fest will be geared towards women and girls.

Aileen Crowley from Killorglin Rowing Club and Rowing Ireland said: "I can only see a workplace

environment from a sporting perspective and I'm definitely aware that it is different for women, from what I've noticed in sport. So, to see female-specific events is fantastic because there is a difference, unfortunately, in most workplaces between men and women, and for kids from an early age up to adulthood, but that is starting to balance out."

Organised by an interagency steering group, the Kerry Mental Health and Wellbeing Fest is held annually to highlight World Mental Health Day on 10th October.

The organising committee is a collaboration between Connecting for Life Kerry, Healthy Kerry, Kerry County Council, the HSE, NEWKD, SKDP, Kerry Mental Health Association, Jigsaw Kerry, Munster Technological University/Kerry, and Kerry Volunteer Centre.

The Chair of the Steering Committee and Resource Officer for Suicide Prevention in Kerry, Donagh Hennebry, said: "Wellbeing is when you're feeling good and functioning well. Our event Ambassadors know that it's not just about being in good physical condition, but it crucially includes the state of your mental health. We are grateful to Monika Dukarska and Aileen Crowley for sharing their knowledge and experience with everyone involved in the 2021 Kerry Mental Health and Wellbeing Fest." The key focus of the #KerryMHWFest is to promote mental health and wellbeing in Kerry through a fun and interactive programme of online and in-person events.

All events are FREE, registration is required for some activities and can be done by contacting the organiser directly or use the registration links provided in the brochure.

Visit HealthyKerry.ie to see the full event schedule or for general enquiries about the Kerry Mental Health and Wellbeing Fest, please email kerrymhwfest20@gmail.com.

#### 5th Annual VALENTIA CABLE FOUNDATION LECTURE SERIES takes place

Mairead McGuinness, European Commissioner for Financial Stability, Financial Services and the Capital Markets Union was key note speaker at the 5th Annual Valentia Cable Foundation Lecture series which took place at the station on Valentia Island, last weekend, with the theme "Globalisation – Our Interconnected and interdependent World".

Participants were joined online with Donie O Sullivan, CNN Correspondent joined in a fireside chat with RTE's Katie Hannon, at the lecture series were guest speakers, Kevin Foley, Aqua Comms Chief Financial Officer, Professor Maggie Cussack, Head MTU, Canadan Ambassador to Ireland, Nancy Smyth, Seán Páircéir, Global head Investor Services, Brown Brothers Harriman, Leonard Hobbs, Chairman, Valentia Cable Foundation, Martin Shanahan, CEO IDA Ireland, Míchael Lyne, Valentia Cable Foundation, Chief Executive Kerry County Council, Moira Murrell, Tourism Officer Kerry County Council, John Griffin. Over 150 years ago, the first successful transatlantic telegraph cable was laid between Foilhammerum Bay, Valentia Island, and Heart's Content in Newfoundland. The Valentia Transatlantic Cable Foundation was established to honour this technological revolution, ant to raise funds to restore the key historical sites on Valentia Island, and gain UNESCO World Heritage status.

Photo:Valerie O'Sullivan





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#### NEWS

As the family of the late Linda Lucey Eviston prepare for a fundraising marathon, set to take place tomorrow Saturday 9th October, the eve of her first anniversary, staff at Centra on Muckross Road held a coffee morning last Sunday morning.

In total €853.35 was raised for the Irish Cancer Society in honour of Linda.

Linda's husband Patrick, son Erik and daughter Alannah have to date raised over €30,000 in honour of Linda and you can still donate at https://www.justgiving.com/ fundraising/inhonouroflinda



Gillian Looney and Arianne Kennedy pictured at the Coffee Morning in honour of Linda at Centra Muckross Road.

### coffee morning raises funds in honour of <u>fin</u>da



Staff at Centra on the Mucikross Road pictured with Claudia Looney, Linda's niece and members of the Spa Football team who supported the coffee morning in honour of Linda.



Friends and family of Linda Lucey Eviston pictured at the coffee morning at Centra Muckross Road. From left: Stephanie O'Callaghan, Áine Keogh, Brooke Keogh, Aisling Crosbie, Jacqui Koschan and Joanne Pierce.

# Happy to Chat BENCHES INSTALLED

appy to chat bench signs have been installed in Kenmare in a joint venture with Kenmare Family Resource Centres Linkworker and Kenmare Tidy Towns.

The four benches are located in the town and are fitted with 'Happy to Chat' plaques in order to invite passers-by to stop and engage in a friendly chat with those sitting on the bench.

"By providing a platform for people to support one another and offering genuine connection we can increase compassion and empathy, reduce the rate of loneliness and boost the level of healthy conversation that happens in our community", Paula McElligott from Kenmare Family Resource Centre told Killarney Outlook.

"Some people may go days or even weeks without the simplest of human contact, so the 'Chat Bench' seeks to break down that social barrier and allow us to all say 'Hello," she added. "We have the signe help break down the invisible

"We hope the signs help break down the invisible social barriers that sometimes exist between

people who are sharing the common space of a bench.

Loneliness and isolation persist in Kenmare, despite a friendly and bighearted community, so new approaches to encourage and facilitate engagement and interaction are required.... now more than ever. The benches are an opportunity for us all to make a connection with someone new", Paula added.



Paula McElligott Kenmare Family Resource Centre pictured with Sheila O'Sullivan and Noel Crowley at one of the Happy to Chat benches in Kenmare.

"Happiness is a by-product of an effort to make someone else happy" <sub>Gretta Palmer</sub>



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Bon Secours Hospital, Tralee The Scotia Clinic, Tralee







AMS Clinics are Consultant Approved by an independent UK Audiology Assessment Board

#### NEWS

## SOCIAL FARMING CONFERENCE A HUGE SUCCESS

South Kerry Development Partnership, Sthrough Kerry Social Farming, successfully hosted the FARCURA National Social Farming Conference recently on the farm of Mike O'Sé at Canuig, Mastergeehy, South Kerry. Over 100 people attended and enjoyed tours of the farm and wonderful hospitality.

The event was opened by Councillor Michael Cahill, Chair of the Board of SKDP and also addressed by Noel Spillane, SKDP CEO. Host farmer Mike O'Sé, participant Gerald O'Sullivan, Sean Houlihan and Mary Keane of Kerry Parents and Friends Association welcomed those present and explained how social farming operates on the O'Sé farm and the benefits it brings for both participant and host farmer.

The Conference was addressed by Clare Gormley, Higher Executive Officer, Department of Agriculture, Food & Marine (DAFM). She commended the work of all social farming projects which DAFM fund, noting their commitment to improving the lives of so many people and increasing social inclusion.



noting their commitment to improving Participants pictured at Kerry Social Farming which was held recently at Mike O'Sé's farm at Canuig, Dromid in South Kerry.

Liz Kennedy & Dermot Carroll, of Limerick Institute of Technology provided an update on FARCURA research project ahead of the final Conference which takes place online on September 30th. The position of social farming initiatives across the island of Ireland was reviewed with presentations from Brian Smyth, Project Manager, Social Farming Ireland, Nicky Green, Horticulturist, Field of Dreams Centre, Cork, Sheila Kelleher, Social farming Co-ordinator, IRD Duhallow, North Cork and, via video link, from Aoibeann Walsh, Head of Social Farming and Innovation, at Rural Support, Northern Ireland.

Dr Brendan O Keeffe, researcher and geographer closed the Conference and commended all those delivering social farming and local social inclusion projects across the country.



Participants hear how social farming operates on the O'Sé farm and the benefits it brings for both participant and host farmer.

# HALLOWEEN HOE DOWN at Sandy Feet Farm

If it's a Halloween Hoe Down you are looking for then look no further than Sandy Feet Farm who are hosting one from October 23rd to October 31st this year.

All ghosts and ghouls, mummies and daddies are invited to gather their goblins and head for Sandy Feet Farm which is situated in Camp.

The friendly halloween characters will keep everyone entertaied at this Fright Free Family Friendly Event.

With interactive stories, singing and dancing there will be some animals on the farm along with the playground and sensory garden open.

You can come dressed up for halloween or not - and the cafe on site will be open for halloween themed sweet treats and driks.

If you would like to book at ticket for the Halloween Hoe Down at Sandy Feet Farm at €12 per person with children under 2 going free, you can do so at www. sandyfeetfarm.ie

All activities are included in the admission with the exception of the pumpkin carving, which has an additional per person fee. Pumpkins should be booked at the same time as your tickets to avoid disappointment on the day.





# **ENROLMENT** Opens on Monday 11<sup>th</sup> October 2021

Prior to this date, our Admissions Pack will be circulated to every 6th class pupil in the catchment area. Our Admissions Pack contains the College Prospectus and all the information and forms necessary for enrolment.



All enrolled students and their parent/guardian will be invited to tour the College at an Open Evening when restrictions are lifted. In the meantime, view our School Video & Principal's Address on the Admissions Tab of our Website, and follow us on our Social Media Platforms.



Closing Date for receipt of Enrolment forms - 8th November 2021 Limited places available in First Year Submission of Enrolment Form does not guarantee a place in the College

## JUNIOR CYCLE PROFILE OF ACHIEVEMENT (JCPA) IS A VALUABLE DOCUMENT BUT **SELECT YOUR LEAVING CERT SUBJECTS CAREFULLY**



The Junior Cycle slipped under the radar during the pandemic as all the focus was on providing a Leaving Cert assessment. No terminal exam was provided for Junior Cycle students although the candidates were provided with a statement of predicted results. The Junior Cert exam has always been overshadowed by the more public Leaving Cert exam but it's an important exam in its own right and will, hopefully, be provided in June 2022.

The Junior Cycle caters for students in the first three years of their post-primary education. It was introduced on a phased basis between 2014 and 2021, featuring revised subjects and short courses, a focus on key skills, and new approaches to assessment and reporting. Schools have more freedom to design junior cycle programmes that meet the learning needs of their own students. The junior cycle curriculum available in schools is a mix of subjects and short courses as well as other learning experiences.

In addition to classroom-based assessments (CBA), students sit a public exam of the State Examinations Commission (SEC) at the end of their three-year junior cycle and receive a Junior Cycle Profile of Achievement (JCPA). Candidates are awarded a Level 3 qualification on the National Framework of Qualifications (NFQ). This Cert is a valuable document as it confirms that the candidate has successfully completed Junior Cycle education at the subject levels and grades shown on the Certificate.

Six new grade descriptors - Distinction, Higher Merit, Merit, Achieved, Partially Achieved, Not Graded – have been phased in during the past few years in the reformed Junior Cycle programme to replace the old A, B, C, D, E, F and NG grades. gives students insights into their aptitudes, abilities, interests and personality. The exam also measures a candidate's standard at the end of the Junior Cycle. As well as the academic content, subjects like Physical Education, Social and Health Education (SHE) and Coding, along with a comprehensive programme of extracurricular activities develop self-awareness in each student. In short, a personal career profile begins to emerge during the Junior Cycle.

With very few students now leaving school after this exam, the Junior Cycle is a passport to Senior Cycle education, which lasts for two or three years. Senior Cycle caters for students in the 15 to 18 year's age group. The optional Transition Year (TY), which follows immediately after the Junior Cycle provides an opportunity for students to experience a wide range of educational inputs, including work experience, during a year that is free from formal exams. During the final two years of Senior Cycle students take one of three programmes, each leading to a state exam - the traditional Leaving Certificate (LC), the Leaving Certificate Vocational Programme (LCVP) or the Leaving Certificate Applied (LCA). The traditional Leaving Cert exam, a Level 5 gualification, is the terminal exam of post-primary education. Syllabi are available in more than 30 subjects and students usually study seven subjects including Irish, English and Mathematics. All subjects are available at higher and ordinary level. A foundation level paper is also available in Irish and Mathematics.

The Leaving Cert Vocational Programme (LCVP), also a Level 5 qualification, is similar to the traditional Leaving Cert, with some additional modules called Link Modules, which have a vocational focus.

The broad curricular base of the Junior Cycle The Leaving Cert Applied (LCA), a Level 4

qualification, is a self-contained two-year course, which meets the needs of students who are not adequately catered for by the other Leaving Cert programmes. It is a personcentered course involving a cross-curricular approach rather than a subject based structure.

Most schools usually give those moving on to Senior Cycle a few weeks to firm up their Leaving Cert subject choice. Carefully consider your Leaving Cert subject choice, think about your course options and the related careers. In the end, select wisely as this is the first step on your path to college.

#### CHECKLIST

• The Junior Cert is a very important exam in its own right

• The Junior Cert is at Level 3 on the NFQ

• The Junior Cert exam is a test of achievement

• Six new grade descriptors have been phased in

• The Junior Cycle provides students with insights into their aptitudes, abilities, interests and personality

• The Junior Cycle is a passport to Senior Cycle education

• An optional Transition Year is available immediately after the Junior Cycle

• During the final two years of Senior Cycle students take the traditional Leaving Certificate (LC), the Leaving Certificate Vocational Programme (LCVP) or the Leaving Certificate Applied (LCA)

• Give careful consideration to your Leaving Cert subject choice

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

#### PRESIDENTIAL WELCOME AT THE GLENEAGLE

President Higgins, in his capacity as Supreme Commander of the Defence Forces, arrving to deliver his evening address at the PDFORRA annual conference in The Gleneagle Hotel, Killarney. The organisation represents the interests of personnel in the Army, Naval Service and Air Corps, also present were Minister Simon Coveney and Breffni Ingerton, Gleneagle Hotel group. Photo: Valerie O'Sullivan



Employment | Progression | Apprenticeship



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Courses are offered subject to demand. Limited places available on certain courses.



## **OPEN NIGHT AND ENROLMENT**

Due to Covid 19 restrictions, St. Brigid's will not be holding our annual Open Night for 6th class students in the Killarney area.

Instead Information Packs which include our Prospectus, Admissions Policy and Application Form were delivered to the feeder primary schools on Friday 8th Oct.

St. Brigid's Introductory Video will be available on our website www.stbrigidskillarney.ie from Oct 12th. Applications are also available on our website.





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# **ENROLMENT** 2022/23

## Due to the Public Health Guidance OUR OPEN NIGHT WILL BE ONLINE THROUGH OUR WEBSITE WWW.STBRENDANSCOLLEGE.IE

However, **information packs** will be circulated to the **6th class students** in each of our feeder Primary schools in the coming days.

A short video introducing the school to prospective students will go live on 13th October, 2021 on our school website www.stbrendanscollege.ie

#### **ENROLMENT FORMS**

will be accepted from Wednesday, 13th October, 2021 at 9:00 a.m., by POST ONLY (no email or hand delivered applications will be accepted)

Closing date for acceptance of applications is Friday, 5th November, 2021 at 4:00 p.m.

#### T: 064 6631021

# Action from Killarney Races Oktoberfest

Photos: Valerie O'Sullivan



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#### NEWS

#### KERRY HOTELIERS CALL ON GOVERNMENT TO MAINTAIN VITAL SUPPORTS FOR TOURISM

Hotel and guesthouse across the country have experienced an estimated €5.3 billion collapse in revenues across 2020 and 2021, according to figures from the Irish Hotels Federation (IHF).

With occupancy figures nationally expected to reach just 32% for the year, compared to 73% for 2019, Kerry hoteliers are calling on the Government to retain existing business and employment supports, saying they are vital for the recovery of the sector and the wider tourism industry.

"As Ireland's largest indigenous employer, tourism supported almost 270,000 livelihoods including 15,700 in Kerry prior to the pandemic. Our industry has been hardest hit by the restrictions, and the ensuing economic and financial impact of Covid has been devastating. The Government supports so far have been critical, and a lifeline for many businesses, helping to restore employment and support the viability of businesses until we get back to a more stable footing. However, we need a firm commitment that they will be retained until the impact of the pandemic has passed. Tourism will recover, but it will take time", Bernadette Randles, Chair of the IHF's Kerry branch said

Specifically, hotel and guesthouse owners are seeking the extension of the EWSS employment supports at current levels, to help businesses retain and develop their teams over the coming months along with the extension of the local authority rates waiver until June 2022, when the summer season begins. "A failure to act decisively now would have major economic implications given the reliance of many parts of the country on tourism for prosperity and employment, including in Kerry," says Ms Randles. Paradata Da dia sensita Ta Danbali Und kilanga nina duih ang ta

Bernadette Randles, proprietor, The Dromhall Hotel, Killarney pictured with some staff members. Photo: Don MacMonagle

after 2025, to provide certainty and allow Irish tourism to compete internationally. "As an island nation, international tourism is critically important, accounting for almost 70% of tourism revenue pre-Covid. It is also a highly competitive industry, and we can expect competition to increase significantly as we vie with other markets for international visitors. Most travel agents are already contracting for 2023, yet they have no certainty around tourism VAT, and this is undermining advance bookings and ultimately tourism's recovery," says Ms Randles.

While tourism performed well during the summer months in some regions, hotels and guesthouses now face an uncertain nine months until the 2022 summer season. Bookings have fallen sharply in the absence of overseas visitors, along with meetings and events which would normally sustain the sector during the off-peak season. Expectations are that overseas tourism into Ireland will remain severely constrained next year and is unlikely to recover to pre-Covid levels until 2024/2025.

Ms Randles concluded: "Our industry has a proven track record as a major contributor to the economy. Tourism's recovery is just beginning. The pro-tourism Government measures introduced have been vital and with their continued support we can fully recover the ground we lost during the pandemic."

The IHF is also calling for the 9% tourism VAT rate to be retained until

## FAIR DAY RETURNS TO CASTLEMAINE VILLAGE

The revival of Castlemaine Fair Day is set to take place this Sunday October 10th in memory of the late John O'Donoghue.

The location of the Sheep Fair will be in Griffin's Car Park and it will get underway from 10:00am. The event and its proceeds will be in aid of Kerry Hospice whilst there will also be an auction on the day where the donation of animals is welcome. Funds raised from the auction will go towards The Palliative Care Unit at University Hospital Kerry who provide exemplary care and attention to their patients. A raffle with some wonderful spot prizes on offer courtesy of sponsorship and bucket collections will also be in operation throughout the event.

John O'Donoghue who was known all over resided in the heart of Castlemaine Village and was born on January 21st 1965 which ironically happened to coincide with a staging of the old Castlemaine Fair Day so it felt appropriate to mark John's lifetime love of attending fairs and being an integral part of the farming community by bringing back the old fair day in his honour and with it celebrate old traditions, customs and beliefs in the locality.

Speaking about the event, John's daughter Cathy said: "The fair day was an annual event in Castlemaine but it died out in the 90s.

John was known by many particularly for his work ethic, humour and honesty. When people mention any dealings they had with him, it is always with a smile on their face and they will all tell you that it was always a good deal they had with him.

John loved to attend the fair days throughout the county and was well known as the custom of attending the fairs was passed onto John from his father Denis. Attending the fairs was not only enjoyable but also important to my father as he liked to keep up traditions. You would always be sure to get a bit of traditional luck back in the form of change from my father too with a deal.

I along with his good friend Pat O Keeffe felt a fair day was a lovely way to celebrate John's life whilst also raising money for Kerry Hospice due to his passion for farming and his love of a fair day whilst also bringing back an old tradition which can hopefully be renewed.

It was a huge shock to John, his family and friends when he was diagnosed with terminal bowel cancer in May 2019. His life was cut short as 7 months after that he died in the Palliative Care Unit on the 13th of January 2020.

Almost everyone has been affected by cancer in some way or another and are familiar with the Kerry Hospice in UHK. The care and support provided from the palliative care team was so amazing that it feels very right to give something back and I hope that we can raise as much money as possible on the day for such a wonderful service here in the heart of Kerry.

It is great to have the Castlemaine Events Committee on board to help with the planning



of the event. We are very lucky to have such a team in a small village.

If this event runs successfully, we would love to see it as an annual event as not only does it help raise money for the wonderful service of the Kerry Hospice it will also help keep my father's memory alive." Cathy concluded.

All queries surrounding the Fair Day can be directed to Castlemaine Events Committee by contacting 087-2549116 and further information is also available on the committee's Facebook page.



# Enjoy a boat trip on the Lakes of Killarney & journey through the Gap of Dunloe.

Park your car at Ross Castle, meet us at the RED BOATS at Reen Pier and start your journey at 11am. Highlights include:

- Ross Castle
- 7th Century Abbey on Innisfallen Island (option for stopping & exploring the island)
- Lord Brandon's Cottage
- Old Weir Bridge
- Meeting of the Waters
- Brícin Bridge
- Macgillycuddy's Reeks
- Eagles Nest
- Wildlife (White Tailed Eagles, Sika Deer, Mountain Goats & more)

Following the boat trip, stop at Lord Brandon's cottage for lunch or a snack before enjoying a self-guided 12 km walk (2-3 hours) through the scenic Gap of Dunloe. Jaunting Carts also available (extra €25pp). Your journey finishes at Kate Kearney's Cottage, relax and enjoy a drink before the free shuttle to bring you back to Ross Castle at 4pm. Please note there is an option to do this trip in reverse with the boat leaving Lord Brandon's cottage at 2pm.

The trip is €25pp – Group rates also available

To book visit www.gapofdunloetours.com choose the Bus & Boat tour and enter promo code OUTLOOK2021 or ring 0646630200 to book your place



Reen Pier Boats Tours – Boat tours to Innisfallen Island daily for individuals and groups. Ring 0646630200 to book

www.gapofdunloetours.com **(**) Gap of Dunloe Tours at O'Connors **(**) gapofdunloetours

#### POLITICAL VIEW

## MINISTER FOLEY WELCOMES SIGNIFICANT INVESTMENT IN KERRY UNDER THE NDP PLAN

Minister for Education and Kerry TD Norma Foley welcomes Government's National Development Plan, which details significant investment in Kerry infrastructure from 2021 to 2030.

Minister Foley said: "I welcome this plan which will be the largest and most ambitious ever delivered in Ireland. Connectivity is at the heart of the plan with investment in a number of key strategic road arteries across the county. Significant capital investment will see also major investment in MTU Kerry Campus's STEM Building project."

Kerry's road network is a key backbone for connectivity and under this plan they will continue to strengthen and improve.

#### Among the key initiatives featured in this new plan are:

The N69 Listowel Bypass

The N22 Farranfore to Killarney project

The Tralee Northern Relief Road.

Greenways are equally important to the Kerry landscape and we look forward to completion of the Listowel and Tralee/Fenit Greenways in the coming months.

The NDP also specifically addresses the

potential to link the North and South Kerry Greenways which will enhance and develop these projects to their fullest extent possible. While connectivity is at the heart of the new NDP a number of significant Capital announcements have been made under the Major Regional Investment plan.

A state of the art campus as part of the MTU Kerry Campus Stem Building project will benefit the entire country.

This building will increase the capacity of the MTU Kerry Campus by 440 students; it will include labs, classrooms and agri-engineering workshop spaces.

Provision of either new or refurbishment works are also included for Tralee Courthouse.

A capital investment programme will be carried out at Dingle Harbour encompassing ongoing safety and maintenance and necessary new developments envisaged for commencement up to 2025.

Capital projects in the area of aquaculture are included for Fenit, a Local Authority owned Harbour.

Regional Airports that facilitate international connectivity like Kerry Airport are eligible to



Minister for Education Norma Foley and Minister for Public Expenditure and Reform Michael McGrath at the unveiling of the National Development Plan on Monday, October 4th 2021.

apply for grant aid under the new 2021 – 2025 Programme.

Heritage funding will also support the highquality care conservation, promotion and sensitive refurbishment and development of OPW visitor infrastructure like Skellig Michael and the Valentia Cable Station.

A complete copy of the NDP is available to download here: https://www.gov.ie/en/ publication/774e2-national-developmentplan-2021-2030/

A full list of all works included in Project Ireland 2040 is available to download here: https:// www.gov.ie/en/campaigns/09022006-project-ireland-2040/



European Commissioner Mairead McGuinness marks her first official visit in Ireland with a tour of the state-of-the-art Fexco Research and Development facility and RDI Hub at The John McCarthy Building in Killorglin. Included is, Founder of Fexco Brian McCarthy, Nuala Johnson, Facilitating Manager, Fexco Brid McEligott, MTU Director, Catherine Evans, RDI, Collaborations Manager, Liam Cronin, RDI Manager, Karl Aherne, Director of Strategic Business Development RDI, Ger O'Sullivan, Director, Fexco, Martin Ryan, MD Fexco Business Solutions, Eleanor Daly, Executive Director, Fexco, Ruth McCarthy, CEO Fexco, Kathriona O'Sullivan, STEM Passport. Photo: Valerie O'Sullivan

### MINISTER FOLEY WELCOMES €169,000 IN FUNDING FOR KERRY PARENTS AND FRIENDS ASSOCIATION

Education Minister and Kerry TD Norma Foley welcomes the announcement of €169,000 in funding for Kerry Parents and Friends Association through the Strengthening Disability Services Fund.

This one-off grant is to provide targeted support to reform disability services, build the capacity of disability organisations and to improve the quality of life of those who rely on these services.

The fund will be used in a variety of ways, including the development

of facilities, progressing wellbeing programmes, provision of counsellor/ psychotherapy services as well as other essential projects.

Kerry Parents and Friends Association is awarded the grant funding to redevelop their Approved Housing Body.

Minister Foley said: "I welcome this funding which will provide a major boost for Kerry Parents and Friends Association – who provide such vital services throughout Kerry."

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# SPOOKY HAPPENINGS AT KILLARNEY PUMPKIN FARM



PICTURES: DON MACMONAGLE

Ayla O'Connor and Callum Anderson from Killarney pictured collecting family pumpkins at the opening of the Killarney Pumkin Farm.



Jackie Byrne, Holly, Zach, Adam and Luke Kelleher with Sharon Murphy, Elaine Dillon, Larry and Alan Kellehger pictured at the opening of the Killarney Pumkin Farm near Shrone in County Kerry at the weekend. The pumpkin farm features, a maze through the pumkins, a witches house, ghost bus, fairies garden and Alpaca Lamas and pick your own pumkin at Kerry's newsest attraction which is open at weekends throughout October.

> wicked witch The stirs her potions in her house

Killarney with Paula and Daniel Horan from Killarney pictured at the opening of the Killarney Pumkin Farm near Shrone in



PUMPKIN

Sisters Ayla and Croi O'Connor from Killarney pictured on a pumpkin laden tractor at the opening of the Killarney Pumkin Farm nea Shrone in County Kerry at the weekend.

The scarecrow welcomes visitors to the Killarney Pumpkin Farm



Croi O'Connor and Luke Anderson from Killarney get lost and look for directions from the scarecrow in the pumpkin maze at the opening of the Killarney Pumkin Farm

# GLENEAGLE

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# BUSINESS

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Pictured are Neven joinied

Chef Roy Schoenmaker of

Ballyseede Castle

# CELEBRITY CHEF NEVEN FILMS IN KERRY

Popular Celebrity Chef Neven Maguire was in Tralee filming for Season 8 of Neven's Irish Seafood Trails this week and during his two days in Tralee he stayed at Ballyseede Castle.

While at the hotel, Neven joined Chef Roy Schoenmaker of Ballyseede Castle where they cooked fried Fillet of Turbot, Served with Dulse Hash Brown, Roast Shallot with Beignet and Cream Sauce of Cromane Oysters.

Neven also met with The Oyster Tavern and Spa Seafoods and local producers in the area for the show which focuses on the wonderful local seafood produce from the area, with each restaurant showcasing the use of local produce in their menus.

The show will air on RTE next January.

Neven Maguire (right) with Joe McCarthy Ballyseede Castle

# TAKE THE CLUTTER OUT OF YOUR LIFE WITH THE **TIDY UP HELPER**

If you are feeling ovenwhelmed by clutter in your home, then look no further than the Tidy Up Helper - a professional decluttering service offered by Eileen Mc Carthy.

Eileen's mission is to Support, Motivate, Instruct, Listen and Encourage those who need help to clear clutter.

"This is not about coming into your home and making you throw everything out, as can be a misconception from some decluttering TV shows", Eileen told Killarney Outlook.

"Each person is unique as is their home. Eileen will work closely with you, listening to and understanding your personal needs and then together working through the built up personal belongings to help create more space in your home or office but more importantly to give you a renewed sense of space and clarity.

#### Eileen's Tidy up Helper Services include:

Decluttering and Organising of rooms Decluttering and organising of wardrobes Decluttering and organising of offices Virtual decluterring service

Talks on decluttering and organising to groups and to individuals which can be tailored made to your requirements

Home bereavement clearing

#### Testimonial – Siobhan Fleming

Eileen appeared just when I needed her, and helped me to literally 'get my house in order'. While it hadn't been a challenge in the past, I'd had a recent traumatic experience, and found I was unable to find even the energy to work through the clutter and organise. Eileen approached the task objectively and systematically, and not only decluttered but organised and systemised space by space, room by room.

What was most important for me was that Eileen was completely non-judgemental, and was able to be efficient but empathetic. It felt like having a trusted friend in my home. Of course over time things accumulate, and two years and one kitchen renovation later I may be calling on Eileen again soon!

Call Eileen on 087- 6053390 www.tidyuphelper.ie



Tidy Up Helper Eileen McCarthy



# **OVERWHELMED BY CLUTTER?**

SMILE



The mission of Tidy Up Helper is to Support, Motivate, Instruct, Listen and Encourage those who need help to clear clutter and restore order, to help give you a renewed sense of space and clarity.



**Benefits of Decluttering** 

- Improves emotional well being
- Helps you relax
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- Helps you focus better

- Restores order
- Simplify your life
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- You'll feel organised
- Saves money

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See my Blog on my website for information about Decluttering. Call Eileen 087-6053390 | www.tidyuphelper.ie

WATER

## **IRISH WATER WORK IN FARRANFORE**

#### **Traffic Details:**

In order to minimise traffic impacts and complete the works in an efficient and safe manner the works will be carried out at night.

The working hours are 7 pm to 7 am, Monday evening to Friday morning for the duration of the works. One lane will be closed during these night-time working hours with a stop-go system in place for these hours.

Works will commence on the south side of the level crossing at Farranfore Train station and proceed toward Killarney for approximately 1km.

The works do not cross the railway tracks. The N22 Killarney to Tralee Road will remain fully open during the day, from 7 am to 7 pm, throughout the works.

Irish Water would like to thank you for your patience and cooperation as works progress.



Residents and businesses in the areas of the works will be notified, and customers can call the Irish Water customer helpline on 1800 278 278 for any questions in relation to the works.



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#### COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

#### BÓITHRE A nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

#### ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council **is proposing** to temporarily close to public traffic the following roads for the period and reason specified below:

#### "SAFE STREETS – SAFE TOWN – SAFE COUNTY" Covid-19 Social Distancing Measures

#### KILLARNEY TOWN CENTRE

#### **Roads Subject of Proposed Closure**

L-3909 Plunkett Street, Killarney (from its junction with Main Street to its junction with College Street)

R-876 Kenmare Place, Killarney (slip road from its junction with N71 Kenmare Place to its junction with N71 East Avenue)

#### Period of Proposed Closure

From Monday, 1st November 2021 to Monday, 28th February 2022 (24 hr closure)

#### **Reason for Proposed Closure**

To facilitate Covid-19 Social Distancing Measures, under the Kerry County Council "SAFE STREETS – SAFE TOWNS – SAFE COUNTY" Plan

#### Alternative Routes

L-3909 Plunkett Street – traffic can divert at College Street Roundabout, via the N71 Fairhill Road, the N71 East Avenue, Kenmare Place, onto Maine Street.

R876 Kenmare Place - traffic can divert onto the N71 at Kenmare Place.

Access to College Street (Glebe) Car Park will remain open and designated loading / collection bays will be provided at College Square / College Street Car Park for deliveries and collections.

Any person having an objection to the above proposal should lodge same, in writing, marked **Road Closure**, with the Administrative Officer, Roads, Transportation and Marine Department, County Buildings, Tralee, County Kerry or by e-mail to roads@kerrycoco.ie not later than **5.00 p.m. on Tuesday, 12th October 2021**.

To enable the processing of submissions/ objections Kerry County Council can legally process this information, as necessary, to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at www.kerrycoco.ie.

Siniu: Padraig Corkery Senior Executive Officer / *Feidhmeannach Sinsearach* Corporate Affairs / *Gnothai Corparaideacha* 



#### Jane Durilova Therapist Presents

# JANE'S WELLNESS THERAPIES

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# WIN A CITROEN BERLINGO



Every person who uses Jane's Wellness Therapies between 11.10.2021 – 15.12.2021 will automatically be entered into a Free Draw where you can win a Citroen Berlingo family car as the main prize. More exciting prizes will be announced at the right time.

The Draw will take place on Wednesday 15.12.2021 at 7pm on Jane Durilova Therapist FB page. To join in visit the Facebook page, text 087 165 7260 or email durjan12@gmail.com.





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GUIDE PRICE: €375,000 BER B3

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As Kellihers enter into our 86th year of living and breathing motor cars we are delighted and proud to be appointed sole dealers for the Kingdom of Kerry for the sale and maintenance of the worlds NO1 selling car Brand, Toyota.

I would firstly like to thank my wonderful team here at Kellihers for understanding and practising exceptional customer service on a daily basis and also to you, our loyal and ever expanding customer base, for trusting Kellihers and trusting Toyota who lead the technological evolution away from the polluting old into a world of cleaner and safer transportational products and concepts. So now I invite you, whether you hail form north, south, east or west of the county, or indeed from anywhere in Munster or Ireland, to experience this new exciting motoring chapter for Kellihers at our premises ..... maintenance experience to remember. Tim Kelliher

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Gerard McCarthy - Aftersales Manager

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Wedding Day Smiles for Katie and Darren

Katie Spillane Cleeney, Killarney, daughter of Denis and Catherine who married Darren Mallon Armagh, son of Gerard and Mary who were married recently at St. Mary's Cathedral.

Bridesmaids were Andrea Regan Zippel, Shauna Mallon, Orfhlaith O Donoghue. Best man Brian Kelly, groomsmen Matthew Mallon, Brian McCormach. Page boy was Noah Murphy. The reception at The Dunloe Hotel Parents of Bride: Denis Spillane, Catherine Spillane. Parents of Groom: Gerard Mallon, Mary Mallon. PICTURES: Karmilcovas photography







# www.killarneyproperty.com

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Contact Donal Culloty 064 6631274/087 2354790

# OUTLOOK PROPERTY



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# **MONEY MATTERS**

By Dermot Cronin, **Financial Advisor** 



# USING YOUR PENSION TO PAY LESS TAX

Pension contributions can provide a way of paying less income tax. Up to Revenue Limits, contributions to a pension qualify for relief from income tax. This effectively means that, where the higher rate of income tax is 40% and you are a higher rate taxpayer, a  $\leq 100$  contribution to a pension will only have a net cost to you of  $\leq 60$  (had you not made the contribution, the other  $\leq 40$  would have gone to the government as income tax).

Pensions carry another tax benefit: they grow free of tax, unlike deposit accounts in Banks etc (which are generally subject to tax on interest in the form of DIRT Tax) or investment in property or shares (where rent or dividends could be liable to income tax and gains in value are subject to Capital Gains Tax).

When your pension benefits are drawn down, a Retirement Lump Sum of normally 25% of the value of your pension can usually be taken completely free of tax. The rest of the benefit, is usually taken in the form of a retirement fund or a pension for life, is taxable. However many people will find themselves paying much less tax in retirement than when they were working and making pension contributions, and so will often pay very little tax on their pension income when they retire.

If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@ gmail.com

# OUTLOOK PROPERTY





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# OUTLOOK MOTORS



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your life

Being a happy is a deeply personal experience. There is no one size fits all, however there are a few things that may help guide you into creating your own happiness plan for your life.

• Happiness is created when you are engaged in doing other things. Get involved in your life. Make it your intention to do everything you need to do today with as much joy and engagement as possible. Focus on the task at hand and make it your mission to do it as well as you can.

• Happiness starts from one single intention - to be happy! Being happy is a choice, it is an emotion that is generated from how you view life. It is not about waiting for the things that will make you happy, it is being happy with the things that you have. Every day, write down at least ten things that have made you happy in the day.

• Happiness comes from the heart. Follow your own heart, rather than striving to follow someone else's idea of what happiness is.

• You can't hold on to happiness. Happiness comes and goes. It is a fleeting precious feeling. Think in terms of allowing more of those happy moments in your life rather than trying to hold on to them which creates stress.

• Do what lights you up and makes you feel alive. Life your life true to your own values. Be authentically you and live your life according to what you believe and know is right for you.

> For more inspirational tips please follow me on Instagram or Facebook. https://www.instagram.com/romancingyourbody/?hl=en https://www.facebook.com/Bodyconfidencecoaching1

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# Does Eyelash Serum really work to make your Eyelashes grow?

Eyelash lifts and false lash treatments have been on the increase for the last 2 years since our eyes have been the only focus. Lash Serums are now proving effective as a natural way to get longer and fuller lashes. These serums are fortified with natural vitamins, hyaluronic acid and peptides to nourish and infuse your lashes with what they need to grow. The serum nurtures your hair directly at the root making it stronger and healthier reducing lash fallout and lash breakage. It is the ideal treatment for brittle, short or sparse lashes and it is safe to use with contact lens and eyelash extensions.



lashes being up to 55% longer and having 75% more volume after just 4 weeks use. Easy to use taking only a few seconds to apply like a liquid eyeliner. Apply just 1 stroke at night to clean dry eyelashes at the root of your upper lashes. For the best results apply consistently once a day. Eyebrow serums are also available for thin, sparse overplucked eyebrows.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie

Well worth a try with results of



# SURVIVING THOSE WINTER BLUES!

Wet, windy, dark days & long nights may be starting to get you down. A lot of people report suffering from "winter blues" or it may be something more serious such as "SADS"

Seasonal affective disorder (SAD). SADS is a type of depression that's related to changes in seasons — SAD begins and ends at about the same times every year. If you're like most people with SAD, your symptoms start in the autumn and continue into the winter months, sapping your energy and making you feel moody. Less often, SAD causes depression in the spring or early summer. If you suspect it is SADS please consult with your doctor or medical professional. Treatment for SAD may include light therapy (phototherapy), medications and psychotherapy.

Don't brush off that yearly feeling as simply a case of the "winter blues" or a seasonal funk that you have to tough out on your own. Take steps to keep your mood and motivation steady throughout the year.

But before you start panicking and rushing to the doctor try out some of these simple easy to follow steps. You can start to make these changes right now, and they should help to lift your mood and Put a pep in your step this Autumn and winter months:

Start to exercise &move more.... And I bet your saying right now "we know we know" but ask yourself are you actually doing it? Despite the weather it's important to get out and get some fresh air & move more.

Join an exercise class: during the winter months this is a great way of keeping social and meeting people without having to hit the pub. Meeting and chatting with people outside your existing bubble of home and work will do you the world of good.

Make sure you are getting out of the house: especially if you are working from home. Even a quick walk around the block or a trip to the shop will make all the difference. (continued next week)

# Health for Mind&Body 🛇 🍪 🛇

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## A GUIDE TO SCREEN USE

Many people worry that viewing a screen can damage their eyes. There is no evidence of this. In fact, because you can alter the size, brightness and contrast of the display, it can easier and more comfortable to see on a screen compared with looking at things on paper. However, some people find that looking at a screen for a long time is tiring and may find wearing glasses for computer use helpful.

Special protective coatings can be put on glasses lenses to help against eye fatigue from digital screens. Such coatings include blue light blocking lenses. These can help reduce glare for more comfortable and relaxed vision, create better contrast perception, offering a more natural colour experience

Here are some ways to look after your eyes while using your screen: •Apply the 20-20-20 rule – every 20 minutes look at something 20 feet away for 20 seconds. That will give your eye muscles a rest.

•Try to blink regularly. Focusing on a screen may make you blink less, which may make your eyes dry and uncomfortable.

•Position your computer screen so that: it is between 40 and 76



centimetres (16 to 30 inches) from your eyes.

•the top is level with, or slightly below, your eyes.

•it is tilted away from you at a 10to 20-degree angle.

•there are no distracting reflections, e.g. from a window.

Once you have adjusted your screen, adjust the font size so it's easy to read.

Use document holders for reading or reference materials. Place them close to the screen at the same distance from your eyes. This will enable your eyes to remain focused as they move between the screen and the documents.

Use a character size that is easy to see. The character size is an important factor since it determines the distance at which you prefer to view the monitor

For more information and honest advice contact us for an appointment.





Ann Kelly Shrone attached who was lucky to meet the president after her train journey to Killarney this week. President Michael D Higgins also travelled to Killarney by train for the PDFORA Conference at The Gleneagle Hotel.



# LISTRY

#### >JUVENILE UPDATE

Results for week ending Sunday Oct 2nd. MD O Sheas East Kerry U13 League. This weekend saw our U13 teams bring the East Kerry league to its conclusion. Both teams had good wins over Dr Crokes.

On Friday in Group F in Keel Keel/Listry 2.06 Dr Crokes 2.02.

On Sunday morning in Allman Park in group A Keel/Listry 5.15 Dr Crokes 2.07.

Well done to all the lads and a big thanks to their committed mentors Pa Murphy, Jason Foley and Damien Clifford.

U9s had 2 good run outs this week V Dr Crokes and Glenbeigh/Glencar while the U9s also travelled to Glenbeigh last Sunday morning.

## >WIN A HOUSE WITH KERRY GAA

For €100, you could win a stunning new build A-rated 3 bedroom house superbly located just off the Park Road in Killarney, Co Kerry

All tickets purchased up to midnight on the 26th October will have 3 chances of winning  $\leq$ 1,000 cash – 3 draws will take place on the 28th October with 3 people winning  $\leq$ 1,000 cash each

www.kerrygaa.ie Tickets for the draw also available from our Chairman Jerome Kennedy. KMS.066 9764648 087 2530630

Don't for get the mension your favorite gaa club 'LISTRY GAA' in the Additional information section.

## >LISTRY WEEKLY LOTTO RESULTS

Numbers Drawn: 2, 4, 12, 23 €100: Sean O Sullivan, Meadowvale. €50 x 2: Celia O'Shea, Ahane. Pat O'Rourke, Firies €25 x 2: Anthony Kelliher. Noreen O'Shea, Lissivane. Next Sunday Jackpot €7,400

#### >KERRY PETROLEUM JUNIOR PREMIER CHAMPIONSHIP QUARTER FINAL

Congratulations to our Senior Team winning the quarter final over our neighbouring parish Fossa. Listry 1.15 Fossa 2.06

Listry Under 13 team pictured with trainers.



Naoishe O'Donoghue pictured on the occasion of her confirmation with her mum Caitriona and brother Cathal. Picture: Lovestory

Written by: Anne Sugrue O'Brien



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## **RATHMORE GNEEVEGUILLA**

>THE PARISH PASTORAL COUNCIL met on Tuesday night to review our journey through Covid, and to consider the various steps we need to take going forward. It is anticipated that there will be major changes in Guidelines from October 22nd but we cannot presume what be involved in these changes. Therefore, once these new guidelines are issued the Council will meet again to hopefully enable a greater return to our normal experience of church life. In the meantime we are taking a few small steps which will hopefully make things easier for parishioners. 1. Return of Sunday 11.30 am Mass Rathmore : Initially it will not be a full return; our first 11.30am Masses will be on October 10th and 24th . This will allow us time to sort out any issues re ushering and celebrants, but it is our intention to have a full return from November onwards.

2 No requirement for booking Saturday and Sunday Masses. From next weekend it will not be necessary to make a booking to attend Saturday or Sunday Masses. This will put added pressure on our ushers so we would ask you to observe the very important guidelines. • Our churches are still confined to 50% occupancy. • While family groupings can sit together, the requirement for social distancing when sitting in individual seats still applies please allow fellow attendees appropriate space. • Please do all you can to support the work of our ushers who have done outstanding work throughout Covid. • When coming to church please come with a mindset that is attentive to others ... ie: (a) How can I choose a seat that will make it easier for others to be accommodated? (b) How can I play my part in ensuring that the additional people who come to this mass will feel comfortable and welcomed. (c) Can I be conscious of making life easier for ushers by going to the seat that they indicate. (d) To facilitate the additional attendance and to ensure the safety of all it will be necessary to fill from the front back and not vice versa. (e) We must not end up with a situation of people standing at the back or cramming into the back seats. We have proved that we are able to change and adapt. Jesus said:

#### **>KNOCKNAGREE KENYA**

A recent clothes Fundraiser in aid of Fr Sean Cremini's missionary work raised  $\leq 1,232.00$  we also received cash donations  $\leq 840.00$  Total =  $\leq 2,102.00$  The committee would like to thank all those who brought bags of clothes, those who gave cash donations, a special word of thanks to all the volunteers who helped to man the hall and load the vans on the day of collection and especially our friends from Rathmore for their help and support

>HELP NEEDED IN LOCATING A GRAVE PLOT IN

#### **RATHMORE CEMETERY**

We would be grateful if some family member could help us in the finding of the following grave plot in Rathmore cemetery. Inscription on the Headstone. Erected by Humphry Moynihan of Rathbeg In Loving Memory of his daughters Hannah who died 15th December 1880 aged 8 years And Kate who died 17th January 1900 aged 22 years. Contact Fr. Pat O'Donnell P.P. 064 7758026 / 086 8351732 Parish Office (064) 7761669 or email : rathmore@dioceseofkerry.ie

> SYMPATHIES to the family & extended families of Ellen (Nellie) Kelleher (nee Spillane) Mill street & Mausrour Gneeveguilla who May she rest in peace

#### **>FIXTURES**

Intermediate Club Championship Sunday October 10th RathmoreV Glenfesk in Rathmore@2.30 pm. Tickets available on kerrygaa.ie or at www.universe.com/users/kerry-gaa-VLF1SR

#### >COUNTY MINOR FOOTBALL CHAMPIONSHIP GROUP 3 ROUND 3

Results East Kerry 1-7(10) ST Brendan's 8 (8)

Fixtures; U17 Co. Hurling Final Sunday 10th October Rathmore v Crotta /.Kilmoyley at 12 noon. East Kerry v Austin Stacks weekend of October 21st >TUREENCAHILL COMMUNITY CENTRE Are Having a Clothes Bank Collection on Friday 8th October 10am. Thanks for your Continuous Support.

#### **>SHARE THE BUCKET**

Gneeveguilla Community Development Council & Gneeveguilla Basketball Club had our weekly draw for our Share the Bucket on Friday evening//1/10/2. Congratulations to Tadgh Collins this week's jackpot winner of €323 Guaranteed winner every week, go to our Facebook page to find out how and where you can play. REMEMBER if YOU are not in you can't win https://www.facebook.com/gneeveguilla /Draw takes place every Friday eve @8:30 pm on Facebook live.

>DANCE

HERITAGE CENTRE SCARTAGLIN Dancing From 9pm-11-30pm Sunday24th October 2021 Neily O'Connor Band. Sunday 31st October2021 Michael Collins Band. Sunday 7th November2021 Mike Condon Band . Sunday 14th November 2021 Dermot Lyons Band. Sunday 21st November 2021 Jer Healy the singing jarvey. Sunday 28fh November 2021 Dermet & Irene Ring . Admission €10. Free Draw with Door Ticket

By Michael O' Mahony

# BEAUFORT

#### **>FIXTURES**

Beaufort senior men will be away to Kilcummin on Sunday, 10th at 2.30pm in the Intermediate Football Championship quarter final.

Mid Kerry Under 13 will begin next Sunday, 10th with Beaufort away to Keel/Listry. Time and venue to be decided.

Senior Ladies will have a bye next weekend.

## >KEEP WALKING DEMO KEEP WELL

In Beaufort GAA Club walking track Mondays, Tuesdays and Fridays until the end of October. Walk any time between 6pm and 9pm. Everyone must sign in at Clubhouse with your own pen if possible.

Pilates classes have resumed. Please contact Colleen at 086 1731469 for details.

Active retired class will be on Thursdays at 11.30am. For details of other classes, or Club at 087 9975737.

#### **≻LOTTO**

Beaufort GAA Club lotto will resume shortly. If you would like to help as a lotto seller, please contact the Club at 087 9975737

### >ACKNOWLEDGEMENT

Beaufort Community Council would like to acknowledge €1500, support to assist with the Reopening of Community Centre.



Happy Retirement to Teresa O'Sullivan (2nd right front rw) 20 years of service with St John of God's Kerry Service Beaufort with her colleagues in Bianconi Inn.

By Cliona Coffey

# IF YOU HAVE A SPORTING STORY... Contact Aisling on: 086 0400 958



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## **SPA**

#### >SPA LOTTO RESULTS 27/09/21

Numbers drawn: 7, 17, 18, 22. No winner and €50 Lucky Dips to Timmy Horgan, Eoin O Dwyer, Sean O'Sullivan and Tom Kearney. Next week's JACKPOT is €5,400 and tickets are on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Many lotto annuals are due for renewal around this time. Please check with your promoter or ring Jim Gleeson at 087-6340581. Thank you to everyone for your continued support for our club lotto.

## >THURSDAY NIGHT GAMES ON THE BIG SCREEN

Over the winter months we'll be showing Spa games on a screen in the clubhouse every Thursday night. Starts at 8pm & everyone welcome! First game this Thursday Oct 7th will be the 2020 Intermediate Final Spa v Beaufort. For more info contact 0851216359

#### >2021 CO CHAMPIONSHIP DRAW

The draw for this year's County Championship took place last Monday night and is as follows: Spa v Legion; Templenoe v Shannon Rangers; Feale Rangers v South Kerry; West Kerry v Dr Crokes; Austin Stacks v East Kerry; Kenmare Shamrocks v St Brendan's Board; Dingle v Mid Kerry; St Kierans v Kerins O'Rahillys. This will be a straight knockout competition fixed for the following dates: Rd1 on Oct 30th/31st; Quarter Finals on Nov 6th/7th; Semi Finals on Nov 20th/21st and Final fixed for Dec 4th/5th.

#### >WIN A HOUSE WITH KERRY GAA

Kerry GAA are giving one lucky winner a prize of a lifetime, a brand new 3-bedroom house in Killarney. This is the top prize in the April 2022 draw, but there will be several bonus draws for ticket holders between now and then, including cash prizes and match tickets! There will be a bonus draw for ticket holders on October 28th and three people will win €1000 each. Tickets are on the Kerry GAA website, they can be purchased at the Kerry GAA Store in the Outlet Centre or hard copy tickets available from our club Secretary Patrick or from John O'Leary (086 3026041). When entering your details don't forget to mention your club SPA GAA in the 'Additional Information' section as your club could also win up to €1,500. NB:

#### >CO MINOR CHAMPIONSHIP

Congratulations to the East Kerry minor team and management on their win over St Brendan's Board in Rd3 of the 2021 Minor Co Championship to top their group and proceed to the next stages. Well done to all, especially our Spa players Rian O'Neill, Jack O'Sullivan, Luke O'Neill and Timmy Moynihan and selector John O'Neill. When all group games are completed next week and the teams qualifying for the quarter finals are confirmed, the next round will be played on October 16th/17th. Details TBC.

#### **>FIXTURES**

Best of luck to all teams and managements and in the event of any changes to fixtures, the most up to date list will be on the spagaa.com website calendar.

### >SENIOR CLUB CHAMPIONSHIP RD3 SPA 1-3 TEMPLENOE 0-6

Spa hosted Templenoe on Sunday afternoon in the third round of the 2021 Senior Club Championship in front of a bumper crowd. Even though the game was very low scoring, it was played at what can only be described as a fiercely high intensity. Conditions were appalling on the day with the teams battling strong winds and heavy showers, and overall it was a freeridden game from start to finish. Spa failed to score in the first half while Templenoe, playing with 13 men from the 38th minute on, kicked their only point of the second half deep in injury time.

Killian Spillane opened the scoring with a Templenoe point in the ninth minute. Shortly after he added another, before their closest goal chance of the day - Josh Crowley Holland running through but his effort going wide. Spillane added a third point from a long range free on the quarter hour mark, and at the water break, Templenoe were 0-3 to 0-0 to the good. Spa had only three real attacks in the first half, one shot dropping short into the keeper's hands and one bouncing off the post. Niall McCarthy did have a good effort kicked high and it looked to be over but disappointingly the white flag stayed down.

Templenoe extended their lead before half time, Colin Crowley with a '45 before Brian Crowley split the posts in injury time. And at the half time whistle, Spa were trailing by 0-0 to 0-5.



A special spectator watched our seniors in action against Templenoe on Sunday. Our younger members Dara, Paddy and Liam were delighted to meet Brian Fenton as he tried out our new walking track.

Within two minutes of the restart Templenoe were reduced to 14 men, John Rice with a black card after already being booked in the first half. Spa got their chance to attack, and Evan Cronin, with a free from out near the sideline, eventually got Spa on the board in the 35th minute. Three minutes later and Templenoe were now down to 13 men, Colin Crowley with a straight red.

Unfortunately, Spa failed to capitalise on having two extra players on the field and made hard work of adding any scores. After a long build up Shane Cronin added a second point for Spa, and both sides had some chances going wide before the second half water break was called, Spa now trailing 0-2 to 0-5.

Mike Foley gave Spa their third point before Ciaran Spillane landed a brilliant shot in towards goal in the 57th minute, David Spillane ready inside to catch, turn and blasted to the back of the net. With that, Spa took the lead for the first time in the game at 1-3 to 0-5. There were several turnovers, wide shots and fouling all over the field in the final few minutes, and as injury time was just beginning, Spa were reduced to 14 men when Dara Moynihan received a second yellow.

Both teams will definitely rue missed opportunities in this game. Killian Spillane kicked over a free in the 64th minute, Templenoe's only point of the second half, to level the game. Both sides had chances to take the win, but eventually the final whistle blew and this low-scoring affair ended level pegging at 1-3 to 0-6.

With the group so close going into this final round, Spa had a wait a few minutes before the result in Lewis Rd was confirmed. Our draw means we finish on 3 points, level on the table with Templenoe. However, as the head-to-head between the two teams was a draw, scoring difference decides our fate. Spa finish third in the table, no semi-final and no relegation battle, but importantly we have succeeded in securing our senior status for 2022. Well done to our team & management making the quick jump from Intermediate to Senior, and wishing all our injured players a speedy recovery.

Next up will be the Co. Championship Rd1 tie with Legion on the weekend of Oct 30th/31st (neutral venue).

#### >ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy

# IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958



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f

## **GLENFLESK**

#### >GLENFLESK GAA GOLF

Glenflesk GAA are hosting a Golf Classic on Friday October15th and Saturday 16th at Kenmare Golf Club Teams of Four person's; Tee Box's €100 Great prizes for 1st 2nd and 3rd GUI Handicap teams, Best non handicap teams and best Ladies team. To book your tee time Contact Paud O Donoghue 0872586448, Johnny Roche 0879054666.

# Presentation of prizes at 9pm in The Kerryway Steakhouse Bar & Grill. >INTERMEDIATE CLUB CHAMPIONSHIP QTR FINALS

Sun 10 Oct @ 2.30pm – Extra Time – Result on the Day

Glenflesk Seniors take on neighbours Rathmore in Rathbeg, best of luck to team and management.

## >U15 LADIES COUNTY CHAMPIONSHIP B FINAL

Glenflesk under 15 girls were beaten by a strong Scartaglen team in the County Championship B final played in Fossa this afternoon. After a superb performance in the first half, which featured two brilliant goals, the team were unlucky to go in at half time two points, down. Scartaglen started the second half strongly, and a run of four points in a row pulled them clear. The girls created another classy goal that gave them a chance of an unlikely comeback, but despite late pressure, they could not find a way to get back in the game. Well done to the team and mentors for reaching the County Final, and hard luck on the result. Report by Michael Healy.

#### >MINOR CO CHAMPIONSHIP Kenmare District 1-12 Glenflesk 2-12.

# >PLEASE SUPPORT THE UPCOMING BLOOD DONATION CLINIC

As many of you are aware, our club mate Sean O' Leary and his partner Emma were involved in a serious road collision during the Summer. What you may not be aware of, is that Sean required a blood transfusion of 7 units of blood during his recovery. Because of this life-saving blood transfusion, Sean is anxious to raise awareness about the importance of donating blood if you can and his senior club mates are rowing in behind him by registering to donate blood at the next Blood Donation Clinic

# taking place in the Dromhall Hotel Killarney from Monday 4th to Thursday 7th of October and on the 11th & 12th of October.

## >GLENFLESK AG RITH

Now that are hopefully finished with restrictions let's get back to the track .Starting October 7th at 7pm at Glenflesk Gaa grounds is our couch to 5k training. If you have never ran and would ike to start this is perfect for you or you have left your fitness dip a bit its an ideal starting place . If you have been in it over the years it would also get people meeting again. Text 087 3432077 for further info.

### >GLENFLESK GYM BOOTCAMP

- Tone Up - Fat Loss - Gain Strength - Increase Fitness - Improve Posture - Increase Mobility, 8 Week Class Slot Every Thursday @ 7pm Glenflesk GAA Club Gym, Start Date - 14th October 2021, 1 Hour Session 18+ Years of Age, All abilities welcome, €70 for 8 weeks LIMITED SPACES AVAILABLE Chris Lynch - 0879921423, Brian O Donoghue - 0852714451 > THE PARISH OF GLENFLESK

The Parish of Glenflesk presents Sandy Kelly and Guests on Monday 25th October @ 8pm in the INEC. Tickets cost €30. Please find attached the link to purchase your ticket.

#### https://www.ticketmaster.ie/parish.../event/18005B37ACDA409C >MERCHANDISE

Shop online "O Neill's Glenflesk GAA" For all your Glenflesk gear, great gift idea.

#### >LOTTO

No winner of Glenflesk Lotto which took place Monday 4/10/2021 in Glenflesk Hall. Jackpot  $\in$ 5,800 The numbers drawn were 1, 4, 10, 29. There was no winner. Consolation prizes 1. Pádraig Murphy, Readrinagh, Headford. (On-Line Ticket) 2. Ed Murphy Aghadoe , (Yearly ticket) 3. Tracey Brosnan, Dromickbane, Muckross. 4. Brendan Brosnan (Sellers' Prize). Next draw will take place in Glenflesk Hall on 18/10/2021. Jackpot will be  $\in$ 6,000. Thank you to all who support our Lotto and to our sellers.

Written by: Seamus Healy

## KILCUMMIN

#### >KILCUMMIN COMHALTAS

Kilcummin Comhaltas will be holding their AGM on Monday 11th October at 8.30pm in the Recreational Hall. All Welcome.

## >PARENT AND TODDLER GROUP

Kilcummin Parent & Toddler Group which was closed as a result of Covid 19. The group will be starting next Monday morning 9.30 - 11.30am in the Recreational Hall. All welcome parents, grandparents, minders, babies and toddlers. check kilcummin parent and toddler group for updates.

We need some funds to pay for insurance, rent, heating and equipment so that we can get started. This much needed service will help both parents and toddlers in the community who have suffered from isolation due to the pandemic. We are running an online fundraiser on go fund me. Access via the link below and see our Facebook page 'Kilcummin parent and toddler group for updates https://gofund.me/da18089e.

### **COMMEMORATION MASS**

The 11.30am Mass in Kilcummin on Sunday 10th October 2021 will commemorate those who died in the Irish War of Independence. This will be followed by the laying of a wreath at Kilcummin Mass Rock as organised by Kilcummin Historical Group.

### >MUSIC LESSONS

Instruments: Piano/Keyboard, Accordion, Banjo, Tin-whistle, Fiddle/ violin. Classical and traditional music catered for. Fully qualified and Garda vetted teacher. Excellent rates. Tel. 087 9253224/087 9014681 after 3pm.

#### >LOCAL HONEY

Local honey for sale. Please contact Liam for further information on 085 7279721.

### >KILCUMMIN GAA

Kerry Petroleum Intermediate club championship Kilcummin 0-18 Ballydonoghue 0-5

Despite a sluggish first quarter where our only score was a Kevin

McCarthy free kick, we kicked on in the second quarter and lead by six points at half time. John McCarthy showed well at full forward kicking two points, while Gary O Leary and Kieran Murphy added two from play. Kevin McCarthy's free- taking was excellent throughout and he finished with six points to his credit. We dominated the second half with our forwards adding a further ten points to their tally. Noel Duggan, Mikey O Shea, Gary O Leary, Paul O Shea, John McCarthy and Matt Keane all raised white flags during this period. Our defence held firm throughout with Philip O Leary and Eoghan O Donovan doing particularly well. This win leaves us top of our group after previous victories over Dromid Pearses and John Mitchells and gives us a home quarter-final tie against Beaufort. This game will be played next Sunday at 2.30pm.

Team B Kealy, Chris O Leary, Kevin McSweeney, Philip O Leary, James Nagle, Padraigh Nagle, Eoghan O Donovan, Kevin Gorman, Kieran Murphy, Cian Foley, Gary O Leary, Mikey O Shea, Kevin McCarthy, John McCarthy, Paul O Shea. Subs used Noel Duggan, Donal Maher, Matt Keane, Andy Lowin.

#### **>WALKING TRACK**

Walking Track is now lit up each evening from dusk to 10 pm. Inviting all club members to avail of this facility in a safe environment.

#### **>SHARE THE POT**

Congratulations to Gillian O'Sullivan winner of our 50/50 Split The Pot. Gillian receives €155.00. Next draw Sunday 17th October. Tickets available from Kilcummin P.O., Paddy O'Keefe's, Gattabawn or www. kilcummingaa.com.

#### ►MASTERGEEHA FC

There was no winner of the Jackpot on Friday 1st October. The numbers drawn were 3,6,10,21. Consolation prizes of €50 each went to Lisa & Laura Devane, Mastergeeha, Mary Brosnan, On Line. Connie O'Shea, Killarney, Kathleen Devane, Mastergeeha, Kilcummin. Next

draw is next Friday 8th October 2021. Jackpot will be €5000.

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- New Directions community support worker

Contact: Carol Cosgrave 086 0321 455 | careers@resilience.ie





## KEEL

**KEEL GAA ZOOM BINGO:** Thank you to everyone who joined us on our Bingo on Friday night. Your support is greatly appreciated. Big thank you to Sean O' Dowd and his crew for facilitating the Bingo. We will do it all again on Friday the 15th of October at 8pm. Books will be on sale in shops by the end of the week. Jackpot will be  $\in$ 600 as there was no winner of the jackpot. Congratulations to all our winners. Thank you to our local shops Benson's Quikpick, Helena's Local XL, Cronins Mace and Kelly's Londis Milltown for selling the books. See you all on Zoom on the 15th.

**SPONSORSHIP**: If any business would like to support our Keel GAA Zoom Bingo by sponsoring prize money or spot prizes please contact us on our social media or pro.keel.kerry@gaa.ie or any of our club officers.

**GIVEAWAY**: We will be giving away 2 free bingo books on our Facebook and Instagram pages during the week. Keep an eye on both pages to enter the draw for Bingo on Friday the 15th of October.

**CLUB LOTTO**: There was no winner of the jackpot of  $\notin$ 4,500 on Monday the 27th of September. The two  $\notin$ 50 winners were Eileen Murphy, Shanakeale and John Doe. The next lotto draw will take place on Monday the 4th of October at 8pm. Lotto results will be posted on social media and the results will be in the notes next week. Thank you to everyone who supported our club lotto last week. Tickets are available in usual outlets and available from club officers.

**WALKING TRACK**: The walking track will remain closed to facilitate works on the grounds.

**UNDER 17**: Best of luck to the Mid-Kerry minors who face South Kerry this Saturday at 3pm in Dr. Crokes. Special mention to the Keel players, Jack Lawlor, Liam Evans, Tadhg Evans, Fionán Griffin, Shane Evans, Eden Murphy, Marc Murphy and Luke Benson. Best of luck to the team and their coaches.

**UNDER 13:** Well done to both U13 teams who finished off their East Region competition at the weekend. On Sunday morning in Listry the green team had 5:15 to 2:07 win over Dr Crokes while on Friday evening in Keel the blue team had a 2:06 to 2:02 win also over Dr Crokes. Many thanks to our coaches from both Keel and Listry for their dedication and hard work throughout the year.

**UNDER 11:** Under 11's blue and white teams played Milltown/Castlemaine at home on Monday last. Both teams displayed great ingenuity and determination in what was a very wet and windy evening. This coming Monday, it is the final games of this year's competition for the teams. The Blue team travel to Beaufort and the White team are travelling to Cromane. Throw in for both games is at 6:30pm. Best of luck to both teams for their final game of the season.

**UNDER 9**: The U9s travelled to Listowel on a wet Sunday morning. Big thanks to all the boys and girls that travelled and thanks to the Moms and Dads for bringing them. We hope to play

Milltown next Friday evening in Milltown which will be our last game of the year. We will have 1 more training session next Sunday and we would hope anyone that was involved during the year with the under 9's could come along at 10:15.

**UNDER 7 AND UNDER 5**: Training was held on Thursday evening in blustery conditions. The fun games and activities included lots of ball touches, speed & agility work. We will let you know about the day & time of the next training via What's App.

MKL GAELS SENIORS: The MKL Gaels senior team had a comprehensive win over Legion on Sunday in Keel. The final score was MKL Gaels 6-18, Legion 2-06. MKL Gaels travel to Abbeydorney on Sunday. Kick-off is at 12pm. The team lined out as follows: Zeta Ashe, Dearbhla Foley, Anna Kerrisk, Danielle O' Sullivan, Mairéad Lehane, Ciara Murphy, Laura Prendergast, Lorna Hickey, Niamh Broderick, Ailís Murphy, Caoimhe Evans (Captain), Katie Dennehy, Clodagh Evans, Meadhbh Rochford, Lorraine Kennedy. Subs: Tanya Joy, Christine O Carroll, Lorraine O' Sullivan, Gillian Kennedy, Rachel Hilliard, Kitty O Dowd, Maggie O Dowd, Alice Casey, Emma Casey, Niamh Dinham, Helena Hayes, Ciara Tangney.

WIN A HOUSE WITH KERRY GAA: Help Keel GAA win a CASH prize! Support the Club, Support the County. Purchase a ticket for the Kerry GAA Win A House in Killarney promotional draw. Under 'Nominate a Kerry Club' please nominate 'Keel GAA'. A special draw for clubs will take place which includes a  $\in$ 1,500 cash prize in December and another cash prize in April in addition to other prizes over the coming months. Buy online: https://www.kerrygaa. ie/winahouseinkerry/ If you cannot purchase online, tickets can be organised through the club. Please contact any of the club officers. #YourKeyToTheKingdom

## LEGION

**JUVENILE ACADEMY**: The juvenile academy is running every Saturday morning at 10:30am at Direen, please come along to learn some new skills and have fun. The boot room is open for anyone wanting to drop or swap boots, help yourself to the selection of boots.

MOTHER'S & OTHERS : Laune Rangers Mothers and others came to Legion last Monday night. A fun challenge game was played under lights against Killarney Legion Mothers and others. Thanks to the Laune Rangers ladies, trainers and supporters for travelling. Thanks to the Killarney ladies for getting into the spirit of the game. Thanks to Mairead and Elizabeth for their help on the sidelines and to Jason Stack who refereed the game. Anyone interested in joining the Mothers & Others, please come along every Wednesday night at 8pm in Direen. A LEGION DAY TRIP: Sunday Oct 17th - Gap of Dunloe Trip. Depart Ross @10:30, Visit Innisfallen, Dinis & on to Lord Brandon's Cottage by Boat.

Walk the Gap to Kates & Bus back to Ross at

5pm - €20pp. Please contact Tommy Galvin +353 (86) 317 1312 to put your name down for a great day out Bookings can be made at the clubhouse at 7pm on Friday night.

**SYMPATHIES:** Deepest sympathies to the Doody Family who have always been an integral part of the Legion Club, on the death of their mother Mary. May she rest in peace.

Deepest sympathies to Mikey Bernard & the O'Donoghue Family on the recent death of his aunt Eileen Collins nee O'Donoghue in Dingle recently. May she Rest In Peace.

LEGION LOTTO RESULTS: 3 9 16 22 Bonus 5 Match 3's Cara Murphy Mangerton Road Muckross, Kieran O'Sullivan 13 Deireadh Coille Woodlawn Road, Niamh O'Leary 16 O'Kellys Villas Rock Road, Denny Donnelly c/o Padraig Brosnan, Margaret Cronin 35 Ardshanavooly Estate. Jackpot €7,200 plus €10,000 bonus! Thank you for the continued support of our lotto.

## MILLTOWN/CASTLEMAINE

**GAA LOTTO**: Sponsored by Almas Takeaway, Milltown. Our next draw is tomorrow (Monday, October 4th 2021) where the jackpot will be €12,600.

WALKATHON: Thanks you once again to everyone for your kind and generous support of our MC Walkathon last weekend. We are thrilled to announce the total funds raised have now exceeded €28,000 and we are still receiving sponsorship with the hopes that our total will continue to grow.

If you have not done so and wish to sponsor one of our teams or donate to the Walkathon Fundraiser you can do so by going to our Facebook page or Clubforce website.

Or click on the following link:

https://www.idonate.ie/event/3072\_milltowncastlemaine-gaa-club-24-hour-walk-a-thon. html

**CONGRATULATIONS** to Darragh and Andrew Doherty winners of our name the MC SuperFans Competition and also to the runners up Gavin and Gerry Coleman & Conor Flynn who all win a hamper of goodies sponsored by our Coiste na nÓg sponsors Foleys Spar Milltown.

Thank you to everyone who entered and well done again to our winners

The names were chosen by a panel of experts and we would like to introduce you to our MC Superfans 'Hop & Solo'

We would like to thank Norman, Oliver and all the staff at Foleys Spar for their kind sponsorship of these wonderful prizes as well as being our Coiste na nÓg and Social Area sponsors thank you from everyone at Milltown/Castlemaine Gaa Club

**CLUB FIXTURES:** Further fixture to be updated as they come in:

Sunday: 10.30:U9 Boys V Keel (HChallenge TBC:

U10 Girls VKeel/Listry (A)Challenge 16.00:

U13 V Laune Rangers (H) Mid Kerry

(Stay tuned to our social media pages and Clubforce for any additions or changes to the



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above fixtures)

# KERRY MENTAL HEALTH AND WELLBEING

**FEST - OCT 9TH-16TH**: Week after next sees the beginning of the Kerry mental health and wellbeing fest in from 9th to the 16th of October. As a club we are holding a 'Happy Hour Daily Walk' across the week from 7 to 8 pm throughout the week on our brand new walkway sponsored by Mid Kerry Veterinary Centre.

Come along and catch up with friends or make some new ones as we walk and talk together as a club and community.

We are looking for assistance each evening for an hour to run our club shop, if anyone is interested in helping out any evening (9th to the 16th) please contact Danny on 087 6536631.

Our shop will be open for the hour if anyone wishes to purchase snacks and there will be free Tea and Coffee for all of our walkers.

**COISTE NA NÓG NEWS:** Sponsored by Foleys Spar, Milltown. The week began with our U11 side making the trip to Keel to face our neighbours in the Mid Kerry competition where both our U11 sides played some fantastic football despite the wet and windy conditions on the evening.

Wednesday evening saw our U8 Girls team travel to Killorglin to play their final game of the year against Laune Rangers with all the girls showing their amazing skills that they have learned throughout the year. Well done to all of our amazing U8 players, Deirdre and their hard working coaching team, the covid supervisors, parents and everyone who has helped throughout the year.

Also playing their final match this year our U6 and U7 teams travelled to Laune Rangers on Sunday morning. Well done the all of the players who were fantastic on the morning and have been all year long. Once again well done to all the players Katie with the U6s, Jono and Trevor with the U7s and all of their amazing coaches.

Thank you also to the parents of our players for their fantastic support and to Claire along with her hard working covid supervising teams. All of players U8 will have their last sessions this week and it has been incredible to see the unbelievable progress they have made throughout the year. Our U13's played their final Central Region match travelling to Churchill on Sunday evening. The hosts were to come away with the spoils on the night but our lads played very well and look forward to the Mid Kerry competition start next weekend which will be their final competition this year.

# DR CROKES

**SENIOR CLUB CHAMPIONSHIP** Dr. Crokes 1-13 Kenmare Shamrocks 0-17 we came up short by the minimum margin on Sunday last, being well in control in the opening half and leading by six 1-08 to 0-05 at half time our second half performance did not live up to expectations. We now face a relegation playoff with local rivals Legion to avoid dropping to Intermediate status in 2022.

**COISTE NA OG** we are going on every Saturday until the 24th of October. Hurling 10 to 10 45. Football 10 45 until 12. Boys and girls aged 4 till 11 from the Killarney area. Make sure to join us



Senior Ladies coach Maire o Leary and Captain Niamh Faulds sporting the new Glenflesk Senior Ladies Jersey's kindly sponsered by H.P. Nutrition.ie.

for the next few weeks. There's going to be a few surprises!

Under 9s we hosted Listry on Friday night. We had some great games even and even had a few minutes under the floodlights.

U9 hurlers we took the short trip to play Firies on Sunday weczad some great games.

U7s this team traveled to Spa on Saturday morning. We had a great time and had some very good games.

Scor As Rachel Foley, Cultural Officer, continues preparing for Scor, which hopefully will go ahead this year, she is encouraging boys and girls of all ages who are interested in set dancing and figure dancing to join/re-join one of the 3 dancing schools that assist us in this competition. There are 3 levels of competition for various age groups throughout the year. So get practicing with.. Daly King.... Hegarty.... and Hannah Majella with Daly King School of Irish Dancing. Contact Cliona 0862444354. Hegarty Irish dance academy contact Lisa 087 6403828 and Hannah Majella O Donoghue set dancing classes, contact Hannah 087 6451910

LOTTO draw took place on Monday October 4th Numbers drawn 2 4 16 24 12 patrons matched 3 numbers RECEIVE €35. Jackpot for draw on October 11th will be €10 100

We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached

https://play.clubforce.com/play\_newa. asp#Anchor

**BIRTHDAY GREETINGS** to two Lady Club members Anne O'Shea and Bridie Cronin who celebrated birthdays with a zero last week.

# EAST KERRY

By Michael O'Mahony

**KEANES COUNTY MINOR CHAMPIONSHIP RD 3** East kerry 1-7 (10) St Brendans 0-(8) East Kerry goal by Mark O'Shea before halftime proved decisive. Great battle between two committed sides. Half time score East Kerry U17: 1-6(9)

ST. BRENDANS U17: 0-1(1)

**BEST WISHES**: Best wishes to Suzanne O'Sullivan wife of East kerry Senior Manager Jerry O' Sullivan who was involved in an accident recently.

Very best wishes to all involved from East Kerry & Region clubs in next weekend. Club championships

Hard luck to Kilgarvan in Intermediate Hurling Championship Final on Sunday v Causeway B 2021 CO CHAMPIONSHIP DRAW

The draw for this year's County Championship took place last Monday night and is as follows: East kerry teams

Austin Stacks v East Kerry

Spa v Legion

West Kerry v Dr Crokes

Kenmare Shamrocks v St Brendan's Board St Kierans v Kerins O'Rahillys

This will be a straight knockout competition fixed for the following dates: Rd1 on Oct 30th/31st; Quarter Finals on Nov 6th/7th; Semi Finals on Nov 20th/21st and Final fixed for Dec 4th/5th.

**ITEMS FOR NEWS**: Any items for the East kerry GAA news please contact pro.east.kerry@gaa. ie or 087 6676817. before 6pm.on Sundays.

## **BALLYHAR-FIRIES**

**COISTE NA NOG:** Firies Football, Hurling and Ladies Football Academy had a great final session at the weekend. On behalf of our club, we would like to compliment each of the girls and boys who came out on every Saturday and gave it maximum effort. We hope you enjoyed every session and we look forward to having you back again next year.

A special word of thanks to all our coaches. We are very privileged to have an array of very tolerant coaches who understand that each child has their own level of individual accomplishment, they applaud every milestone and more importantly, are there to assist in the attainment of the milestone each week. These coaches are the very heart of the academy. Thank you all so much. Also a big thanks you to Owen & Linda for collecting the training subs





# IS NOW RECRUITING ASSISTANT RESTAURANT MANAGER

The assistant manager will be responsible together with the restaurant manager for the overall operation of the food and beverage department. It is essential that the successful candidate be a strong leader with excellent people skills, strong training background and working to department goals and budgets. 4-5 star experience in a similar role is essential.

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# Sponsors of the Kerry Club Championships





Fossa U8 Girls played Spa last Sunday morning in Spa.



Fossa u11 boys ended their season last Thursday evening with a light training season and a pizza party.

continued support.

O'SULLIVAN, CULLINA

SWEENEY,

the support.

They played great matches from Dingle to

Ballinskelligs, Kilgarvan to Glenbeigh, many

others along the way and had three great

The u11 boys were ably assisted by the Fossa

u9's and we are very grateful to the u9 boys

and their parents who contributed all year to

the u11 squad. Huge thanks to Adrian, Mairtin,

Pat and Ted for their training and coaching,

Sincere thanks to the parents for their

LOTTO: 3rd October 2021 Numbers Drawn

20,12,25,27. €40 WINNERS WILLIAM O'SHEA,

LISSIVANE EAST MILLTOWN; MARGARET

MYERS, BARLEYMOUNT EAST; DERMOT BURKE,

KILNAMONA CO CLARE. Next weeks jackpot

€5,550. Tickets on sale from Foleys Spar Fossa,

the golden nugget and usual sellers thanks for

**BEAUFORT;ANNE** 

TINA

BEAUFORT;

TOMIES

their support and dedication to the boys.

Thanks also to Marie the Covid officer.

matches against our neighbours Beaufort.

every Saturday.

Finally, we would like to thank Mike and Mags Moriarty of Moriartys Centra Farranfore and Central Car Sales for their support throughout the season.

Hurling Academy for boys and girls continues on Sunday for U5, U7 & U9 from 11am to 12pm. **LOTTO:** Numbers drawn were: 1, 8, 13, 23. No jackpot winner.  $5x \in 30$  Stuart Templeman, 4 Firies Village; Kay O Connor, Longfield; Jenny Healy, c/o Bridie; Jane O Donoghue, Dromore; Eileen Brown, c/o Bridie . Next weeks Jackpot  $\in 6500$ . Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thank you all for your continued support.

**RESULTS:** U17 Ladies Championship Quarter Final Listowel 3-01 Firies 3-21

U17 Ladies Championship Semi Final Scart 5-12 Firies 3-09

Senior Ladies Junior B Championship Firies 6-10 Fossa 2-12

**RESULTS:** 2021 Junior Football quarter Final Sun at 2.30pm away Vs Kilgarvan

**U13 HURLERS:** Congratulations to our U13 Hurlers who travelled to Limericks' St. Patricks GAA at the weekend to participate in a blitz. The boys came away as shield victors. Well done boys! Many thanks to Kerry Hurling G.D.A. Colm O'Brien for organising the blitz and a

grateful acknowledgement to St. Patrick's GAA Club for their kind hospitality and welcoming the boys and coaches on the day.

**EAST KERRY U17'S:** Congrats to the East Kerry U17 team that beat St Brendan's. Firies players Brian McCarthy James Horgan, Stephen Palmer, Colm O Shea and Jack Costello were all members of the team.

## FOSSA

**SENIORS :** Fossa 2-06 Listry 1-15 Hard luck to our senior team last Sunday after a tough loss against our neighbours Listry in the Junior premier championship a huge thanks to Aidrian, the management team and all the players for their effort through out the year. There will be better days ahead.

FOSSA LADIES SENIORS: Junior B Championship Fossa 2 12 Firies 5 10

**BOYS U11:** Fossa u11 boys ended their season last Thursday evening with a light training season and

а pizza party. These u11 boys give all their loyal supporters great enjoyment all summer we as travelled the roads of Kerry with them.



Firies Under 7's pictured with coaches.



Firies Under 10's pictured with coaches.



Firies Under 9's pictured with coaches.

# FOCUS ON GOLF

# **KILLARNEY GOLF CLUB - LADIES**

**RESULTS Ladies branch KGFC Murphy's Bar** and Restaurant, Stableford competition, Killeen 2nd & 3rd Oct

1st: Breda Duggan (29) 41 points 2nd: Cara Fuller (34) 40 points BG: Margaret Campion 30 points 3rd: Anne Duggan (14) 39 points 4th: Sharon Ormonde (19) 36 points 5th: Amy Arthur (5) 34 Points back 9 6th: Christine Carroll (12) 34 **NEXT FIXTURE** 

Sponsored by Pat O Neill, Mahony Point, Stroke, October 9th & 10th

# **ROSS GC, KILLARNEY - GENTS**

### **FIXTURES**

On Saturday Oct 9th we will hold a 10 hole mixed scramble. Please be at the Clubhouse at 3pm for a 3.30 pm shotgun start

On Saturday 9th/Sunday 10th we will hold a single stableford competition . Saturday tee times available from 8 am to 10.30 am on the timesheet in the Clubhouse and all Sunday tee times available online from 7pm on Thursday.

# **KERRY PITCH & PUTT CLUB NEWS**

The final part of the Pitch & Putt season at county level begins this weekend as Deerpark host their Scratch Cup competitions on Sunday in Killarney. Although the timesheet for the event is currently booked out, interested players asked to contact Sean Kelly from the Killarney club about entering a reserve list for any dropouts on the day.

The final event of the year meanwhile will be our County Matchplay Championships in Castleisland on the October Bank Holidav weekend. Entries are being taken up until Wednesday October 20th with the main day of play down for Sunday October 24th but players are asked to note that it maybe extend into Monday October 25th depending on the numbers of entries as well as potential issues with daylight on the day.

Clubs are asked to note that entries must be sent to County Secretary Jason O'Connor on this occasion.

# LADIES ROSS GOLF CLUB NOTES

Congratulations to Mary Gorman on winning the 2020 club matchplay last week. Tadhg McCarthy presented her with the Eileen Doran McCarthy trophy. This beautiful trophy was made by Tadhg in memory of his wife Eileen who passed away. Runner up was Mary. Movnihan

MATCHPLAY: This years club matchplay is up on the notice board so best of luck to all. Ladies Scramble : Ladies Scramble at 2.00pm on Saturday 9th October. Meeting at 1.00pm Meet and Play : Every Wednesday morning. Meet at 10.15am for 10.30am. All Members welcome.

# **KILLARNEY GOLF CLUB - MENS**

The A.G.M. for the Men's Branch of Killarney Golf



Fossa Golf Society held their Captain's day on Killeen golf course recently and afterwards had a presentation at the Castlerosse Hotel Resort. This was the first prizeaiving since November 2019 and included Captain's and President's prizes for 2020 as well as 2021 (front row from left) Brian Fitzgerald winner Captain's prize 2021, Captain Donal O'Reilly and Padraig Burke Winner Captain's prize 2020 (back row from left) Liam Walsh Winner President's prize 2020 and 2021, President Kieran Coffey, Rory McCan 5th, Teddy O'Sullivan Winner Past Captains, Ken O'Neil Front 9, Eamonn Sheehy 2nd at the Castlerosse Hotel, Fossa Killarnev.

& Fishing Club will take place on Monday 25th October 2021 at 7.30pm in the Clubhouse. The agenda of which will be posted on the club notice board seven days in advance of the annual general meeting.

**Results of the Liebherr** Sponsored singles stroke event on Mahony's Point off the blue tees on the 2nd & 3rd of October.

#### Overall

65

2nd: Ian Spillane (67 - 0) 67 3rd: Timothy Healy (79 - 12) 67

#### **Category 1 Handicaps 0 to 8**

1st: Sparling, Jonathan (77 - 08) 69 2nd: Michael Maher (74 - 03) 71 3rd: Padraig O'Sullivan (79 - 08) = 71 Category 2 Handicaps 8 to 11 1st: Alan Kelly (80 - 09) 71 2nd: Adam O'Reilly (83 - 10) 73 3rd: Luke Sweeney (83 - 10) 73 Category 3 Handicaps 11 to 15 1st: Denis McCarthy (85 - 15) 70 2nd: James Mannix (82 - 12) 70 3rd: Colm Cooper (84 - 13) 71 Category 4 Handicaps 15+ 1st: Tadhg Walsh (90 - 23) 67 2nd: John Wall (93 - 24) 69 3rd: Sylvester Murphy (88 - 17) 71

# **DEERPARK PITCH & PUTT CLUB**

Sunday Draws: Two Ball Scramble- First Nett: Aidan O'Keeffe & Betty O'Brien 34, Gross: Jason O'Brien & Kerrie Moloney 44, Second Nett: Robbie O'Brien Snr & Sean O'Brien 361/2. Wednesday Competition: These came to an end for the year on Wednesday September 30th last as a mother and her two sons were the winning combination in a Three Ball Scramble. Nett: Kerrie, Erin and Ryan Moloney 28. Thanks to everyone who took part in these events over the summer months.



Following Captain Harry O'Neill's Charity Day on June 25th €6,000 was raised for 1st: Sean Prendiville (83 - 18) Kerry parents and friends in a competition in which 58 teams took part. Pictured at the presentation of the cheque are are Captain Harry O'Neill, Vice Captain Tommy Galvin, Shane Edwards (Truffel Honey) Jim O'Brien, Sean Houlihan and Marie Linehan, Kerry Parents & Friends Association.

Scratch Cups: Set for this Sunday we look forward to hosting these events again after having to call off our 2020 stagings. While the timesheet for Sunday is currently full, a reserve list is available and further information can be got from texting Sean Kelly on 086 0508686. County Matchplay: Set for the October Bank Holiday Sunday, 24th, in Castleisland. Entries €10 per player will be accepted up until Wednesday October 20th by the Board. Anyone interested in entering is asked to note that while Sunday Oct 24th is the main day of play, it may extend into October 25th due to entries and amount of daylight for time of year.

# **MURPHY'S GOLF SOCIETY**

2ND OCTOBER 2021, BEAUFORT GOLF CLUB **PODGE O BRIEN CUP** 

Sponsor: Walsh Brother Shoes 1st Tom Coleman (16) 40 Points 2nd John O Callaghan (22) 38 Points 3rd Denis Nash (23) 38 Points 4th Paul Corridan (16) 37 Points 5th Brian Clarke (12) 37 Points 6th Mossy Foley (26) 36 Points Front Nine: Con O Connor 20 Points Back Nine: Timmy Kelly 18 Points Next Outing Captains Prize, Mossy Foley 16th October, Killeen



# JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

# AND JACK IS BACK!

Well, that got messy pretty quickly! Stephen Molomphy as hurling manager? Easy peasy, no dissenters. James Costelloe as Kerry minor manager? Put the CV away, man, you're more



than welcome. Now we had one last one on the agenda, let me see here....oh, yes. Senior Football Manager. Look, these are never easy decisions and there are always a lot of entrenched positions. The longer things go on, the harder it becomes. But it doesn't have get this convoluted.

Should Peter have been thanked once Kerry departed the 2021 All Ireland Championship, thereby ending his three year contract? I would have thought so. Should he have been given another year automatically, especially if he really did have the players' unanimous backing? The thing is that Kerry's grassroots are entitled to have their say on that, we call it democracy and, in all fairness, we see little enough of it in the GAA as it is.

By the way – and separate from all this – I don't think any boss is asking an appropriate question in circumstances like that. Are you okay with me being your boss next week? The players must be okay with who the manager is, it's the players who will win or lose games on the field, but that consultation is private on all sides.

Here, for me, is the crunch question, and it is obviously a hypothetical one. Did anyone with the authorisation to do so, make an approach to Jack O'Connor in regard to the post of Kerry Manager? There's no reason to believe so, and I certainly don't. That being the case, I just honestly don't think the County Board have done anything wrong here. After all, Jack left Kildare, having signed a recent contract, but his sons Cian and Eanna had both left teaching posts in the county and were returning to Kerry anyway.

There were a lot of questions about the composition of the sub-committee put together to choose candidates to oppose Peter for selection. The whole country knows that Kerry have a team very close to winning an All Ireland and a lot of astute football brains want to help them over the line. That's a good thing. And you can argue that Eamonn Whelan was a selector with Jack O'Connor, a very good one. But Eamonn Whelan has done an incredible amount of roles for Kerry in many capacities, including as the current Vice Chairman. You don't trust the Vice Chairman with this

responsibility? Tim Murphy himself, the County Chairman? You can argue that he hasn't gotten everything right along the way, but he literally did not have to set up this sub committee. Did Mao Tse Tung do a lot of that kind of thing? Peter Twiss? Um, the County Secretary? I wouldn't always agree with the man, but this is basically the COO. There's a problem somewhere in Kerry GAA? This is the guy whose phone rings. Next up is Donal Daly. Who played under Jack O'Connor, but at the tail end of a great playing career. And has since been the County Games Manager pretty much since then, where he has played an absolutely massive – I really cannot understate this, but Donal is not a man who puts himself to the front very much - massive role in Kerry's underage development and success at all grades. John O'Leary, Munster Council Delegate. Former PRO. No particular ties with Jack O'Connor, Peter Keane, or Stephen Stack. His only loyalty is to Kerry and the best choice for them. I can't see any reason why people would think different.

Now, here's a suggestion. Why have this say sub-committee at all? Or better yet, why not lay out certain criteria for an incoming manager of Kerry, X amount of experience etc., and they simply make sure that it's eligible candidates? Then, let each candidate lay out their credentials to the County Board on three different occasions (it's zoom, so it's not travel is an issue), before an open vote is taken, ballots in writing. The one with the most votes is the next Kerry manager. After all, this is exactly, exactly what we do at the voting stations. And I'm just pointing out that the flaw there was the likes of Charlie Haughey, Donald Trump, Boris Johnson....we sent Dustin the Turkey to the Eurovision. Populist candidates win popular elections; it does not necessarily apply to the job skills required.

I know that Caesar's wife was innocent but he divorced her anyway because "Caesar's wife must be above suspicion", but Valentine's Day meant a stake and a box of matches in those days. In this case, I see absolutely no reason for recusals; I'd have seen it as an abdication of duty more than anything else.

They reported back. Jack O'Connor, with Diarmuid Murphy and Micheal Quirke as selectors. And they shouldn't need much introduction either.

Back to Monday night. It wasn't a rambunctious meeting. There was no real discord of any kind. But the matter most certainly did not pass without comment

Good, very good. I'm being serious. Should it be done discreetly, behind closed doors, hidden away from everybody? The way that the likes of Charlie Haughey and Liam Lawlor, and Bertie Ahern and John Delaney and Pat Hickey always did their business? Perhaps you can see a common theme among those names. For younger people, I'll refer to bankers like David Drumm and Michael Fingleton.

The answer, of course, is an unequivocal 'no'. And I'm proud that Kerry uncompromisingly took that stance. I'm not a fan of zoom meetings – it's too easy for the administrator to have complete control of proceedings. But everyone did get their say here, and I think it's by far the best thing to do. Otherwise things fester. Untended grievances, instead of being put to bed by an explanation or apology, seep their poison and grow. The credibility of the organisation is weakened around the barstools and the back of the church and at the school gates. Rightly or not, Kerry's results from then on will be viewed through a prism.

I'm not going through exactly who said what or what answers were given. Not because it wasn't interesting, it most certainly was (Tim Ryan was one of the best speakers on the night). Not because they hid their names in any way, they didn't. It was open and straightforward. Tough, and that's the way to have it. Now, it wasn't a major division. Roughly ten delegates raised questions, that's not a fifty/fifty split by any means.

In the end, Tim Murphy stated simply that he wanted a mandate from the Board (executive plus delegates) and he would prefer if it could have the appearance of unanimity. He gave time for any delegate to raise dissent. He made the proposal, it was seconded without dissenters, and that was that. Done and dusted.

Except I can't help wondering what message has been sent to Jack O'Connor here. It has been openly stated that all of his players, all of the current panel, expressed a clear preference for Peter Keane to the sub-committee.



Essentially, he is going to have to pull the pin on that at their first meeting. How many of the clubs actually wanted Peter retained? We don't know, which is fine. Except neither does Jack, and that's a real problem. Even the welcome mat is strewn with thorns. This is a bit ridiculous. I know nobody said one word against Jack at that meeting, but you can't for one moment honestly say that Kerry laid out palms for a returning messiah either, far from it. And all of this before Paddy Tally is appointed. You'll have lads objecting loud and proud to that, too, I won't be paying a lot of attention.

Absolutely none of this should be thrown at the incoming manager. That's a very embarrassing thing for Kerry GAA, it doesn't help our cause which is his cause team. The road just got harder for everyone, and there are no longer any fences to straddle.

Outside teams are looking at Kerry. Twice a

point away. Twice beating by champions. Peter has reinvigorated this team. Jack has a couple of All Irelands already, but Jack's here and he's hungry. We can be an awesome force, we really can. This could be as good a Kerry team as ever took the field.

## DRESSING ROOMS

Look, the GAA have erred on the side of caution during this pandemic, and have been right to do so. We still need to be careful. However bored and impatient people at doing that, they aren't sick and tired of it. At the same time....at the stage where nightclubs can open, dressing rooms should be as well. Proper distancing, etc., but people should be able to change indoors. There's a very obvious and dangerous health risk in wearing wet clothes as well. At this point, I need any kind of reasonable risk/ reward analysis that indicates that they should remain shut.

Look, to be very clear, I have no medical knowledge whatsoever. I'm just expressing an opinion. And they will be back open on October 22nd, as far as I am aware (still dependent on the numbers, of course!) so it's not exactly a hill to die on.

## COUNTY MINOR CHAMPIONSHIP Group One

This one is still wide open because a game had to be stopped for injury – thankfully the player is fine. Laune Rangers play North Kerry this Saturday in Strand Road and Mid Kerry play South Kerry in Lewis Rd at the same time. Mid Kerry and South is a dead rubber in that Mid Kerry are qualified regardless of the result.

The other is a cracker, though. Two very good teams deadlocked and only of them is going through. It is that simple. The only prediction I'll give ye is that it will be good and I will be there. As for calling it? Ah, no. Ye can call that one yereselves!

### Group Two

Done and dusted. St. Kierans won this group outright – let's be honest, they absolutely blew this group away and their goal scoring prowess is phenomenal. Austin Stacks were hammered as badly as I ever saw a Stacks team beaten in their opening game (make no mistake, I hate seeing it happen to any team). There was no way you could see them qualifying. Except that they met Crokes when both sides were missing players and Crokes were missing a lot. Stacks really showed what they could do and were back in the running. Once they beat West Kerry – as, I'm afraid, did everybody else, West Kerry had to field fifteen year olds – they were through in second place. Crokes can justifiably rue their luck. At full strength, they would definitely have been competitive here.

#### **Group Three**

Another one that's finished. East Kerry have won the past five Minor Championships and have gone through the group unscathed and with three wins. It wasn't plain sailing, though. They beat Kenmare District comfortably on a day where St. Brendans just about got past superb resistance by Glenflesk. East Kerry had to work very hard to get past St. Brendans – I could see these teams meeting in the final for the fifth time in five years yet! Glenflesk beat Kenmare by a goal in the last game and finish in third place. Considering the group that they landed in, Glenflesk acquitted themselves magnificently in their debut championship.

# SENIOR CLUB CHAMPIONSHIP

Oh wow! Welcome to the thunderdome! Listen, this most certainly isn't netflix and we certainly aren't marvel. But what are you looking for? Drama? Thriller? Comedy? Horror? I'd have to work on the romance – certainly plenty of eager embraces. Sci-fi is a bit difficult but look, I kind of think phones are magic so I certainly think stats should count and streaming is a movie anyway. Yeah, it's all in this round of games.

#### Senior Club Group One

Well, this group turned out very straightforward. Two wins for Dingle, two wins for Austin Stacks. Kerins O'Rahillys beat Legion Dingle won their duel to top the group and

#### Group Two

Kenmare Shamrocks were in pole position with two wins but Dr. Crokes at home with something to play for is as tough as it gets. Tony Brosnan was on song and David Shaw kicked a

goal to put Crokes five clear at the break. But with Seanie O'Shea and Gavin White sharing

an epic duel, Kenmare gradually took over as Seánie split the posts like a machine with frees. A couple of black cards cost Crokes hugely as Seánie finally kicked Kenmare in front in the final quarter and, try as they might, Crokes could not reel it in. To their horror, they end up in a relegation battle.

Spa, whom Crokes had beaten well in the opening round, failed to register a single point in the first half against Templenoe, who were themselves coming in after beating Crokes. It's like one of those mafia docudramas at this stage with all the connections. Templenoe had a whopping 1-2 on boardSpa came back out 'on fire'....well, five points is not exactly requiring a fire extinguisher, but it's not a scoring rate to write home about. It's just that, with Templenoe only able to put a single score on the board, it was 0-6 to 1-3 at the final scoreline. The absence of Liam Kearney was a huge whole for Spa to fill, but that's poor enough scoring by either side. Templenoe, that small population of giants, go forward to a semi-final on scoring difference. Personally, I think a break will do Spa no harm at all.

#### Semi-Finals

Austin Stacks v Templenoe

I go for Stacks, who look on form, but they'll have their work cut out. Templenoe are tough. Dingle v Kenmare Shamrocks.

You can't be reliant on just one scorer, even if he's Seán O'Shea. Paul O'Connor is actually playing well, but not scoring much. Stepen O'Brien looks injured or fatigued to me; and this is one of the great players. Dingle have a broad panel and they have been the form team all year.

#### **Relegation Final**

Note that I have no time or venue, I don't know when it'll be on. But the fact that it's Dr. Crokes and Killarney Legion is an obvious talking point – it's THE talking point



right now. And I'm not going to be a hypocrite. Of course there's an element of schadenfreude (taking joy in some-one else's sorrow, it's German). I've seen my club take beatings from both. But I've seen both treat triumph and disaster with dignity; they've helped me and mine many times, and I have many friends on both sides. Killarney is going to see a big team



KENMARE SHAMROCKS V CROKES

# ALL THINGS...SPORT

drop out of senior ranks, and that's not a good thing. I'm not celebrating this in any way. No way. People on both sides were happy for me when Spa went up to senior (as if I contributed anything!). By the way, it means that one of these sides is going to be in with East Kerry next year. Great for East Kerry, but be honest with yourself. Is that really good for the County Championship? Because I don't think so.

# INTERMEDIATE CHAMPIONSHIPS

Group one

Kilcummin laid down a real marker to top their group and this did from senior could just be a bungee jump yet! It's worth remembering that they had a big injury list last year and are still missing Seán O'Leary. They were completely in charge against Ballydonoghue, a good side in their own right who finished in second place. Dromid Pearses finished their campaign with a headlining win over John Mitchels. By far the most successful club in Kerry GAA's early days (in 1928 John Mitchels were split into three clubs, themselves and Rock St. and Strand st. You know them by different names) are facing a relegation battle.

#### **Group Two**

If Carlsberg did competitive grouping.....I'll hold my hands up, I did not expect Desmonds to beat Glenflesk but they did it in style. I'm told that Desmonds are taking their coaching seriously at the moment; it shows. They came out of the blocks very fast and, given their struggles over these past few years, you can say that a sleeping giant has awoken. St. Marys' defeat of Ardfert (and I am not trying to be mean about it) had an air of inevitability about it; Ardfert are in a hard transition (remember that they had a very long hurling campaign as well). They are in deep relegation trouble.

#### Group Three

Rathmore are looking very, very assured these days and saw off Glenbeigh/Glencar by 9 points. You don't see that often. Beaufort assured themselves of second place by unmercifully walloping Currow, who were out of their depth and will struggle in relegation. Group Four

Na Gaeil beat Gaeltacht for the second year in a row; Na Gaeil are looking like one of the form teams (I think they were tired in 'last year's' semi-final) and they go through unbeaten. Milltown/Castlemaine (and that's a club that are looking good at all grades) beat old rivals Laune Rangers.

# COLLEGE SEMI FINAL RESULTS

St. Brendan's lost to Colaiste na Sceilge by 1-14 to 3-6.

Tralee CBS beat SP Sliabh Luachra by 3-17 to 1-7.

St. Brendan's will play Tralee in the O'Sullivan Cup Final next Wednesday.

## **NOVICE CHAMPIONSHIP**

Cromane beat Duagh last Sunday back in Ballymac, and I'll tell ye right now that I enjoyed it as much as I enjoyed any football match I've been at. Some people look down on the Novice (some-one eejit, meaning well, commiserated me on not getting a 'real;' game);; some people are free to dine alone as far as I am concerned.

## SOCCER

Ireland take on Azerbaijan in the World Cup Qualifiers this Sunday in Baku at 5.00pm. The match will be available to stream on RTE Player. I'm just going to say it, because I've tried the RTE Player several times. In actual reality, no, the game will not. I'm not joking here. I have great time for our national broadcasting service, I really do, provided you can mute Darragh Moloney and (oh dear God, how do they still employ this absolutely feeble pot-stirrer?) Tony O'Donoghue in time, but the streaming service is very poor. There are numerous workarounds if you really want to see this. Given that we are not taking part in the nadir of FIFA's credibility in Qatar after that last gasp equaliser against Azerbaijan, it's all moot. And there's very little interest, anyway, to be honest. Diehards might not like it, but there is an awful lot of sport on these days and while I can sympathise to an extent, Ireland's soccer woes at both international and domestic levels

are entirely and disgracefully of their own making. The League of Ireland is beginning to regain actual credibility, and they are doing mostly by ignoring the FAI for the most part. Most of the build-up seems fascinated by Callum Robinson's personal choice not to remain unvaccinated. I have only one thing to say. While I think that certainly should inhibit his freedom to enter certain areas and he should have to follow certain protocols (my understanding is that he does) then that is his choice and he is not subject to your judgement.

## BOXING

Deontay Wilder said something during the week, Tyson Fury said something else. I didn't pay a lot of attention. Getting tired of the huff'n'puff, lads.

## NICHOLAS ROCHE

Shortly after his first cousin Dan Martin, Nicholas Roche has announced his retirement from professional cycling after 17 years. I very much like the way he bowed out. Roche competed in the National Elite Road Racing Championship in Coolbeg, Wicklow, finishing seventh. Which meant that he had his family and friends around him when he got off the bicycle for the last time in this environment. It's how I'd want to do it.





Killarney Rugby Club Under 16 girls who played Ennis yesterday week in a friendly

## SPORTING FOCUS

# **MUCKROSS ROWING CLUB**

**WORLDROWINGCOASTALCHAMPIONSHIPS** Well done to siblings Finn and Caoimhe O'Sullivan, who made history for the club last weekend as the first Muckross rowers to compete at the World Rowing Coastal Championships, which were held in Oeiras, Portugal. Also known as offshore rowing in Ireland, the international standard of coastal rowing is the fastest growing branch of the sport and set to make waves at the Olympic Games in Los Angeles in 2028. Finn and Caoimhe raced in the Mixed Double event which attracted over 50 entries. Despite incurring a time penalty in their Saturday heat, the Headford duo qualified for Sunday's B final where they finished 12th and fastest of the four Irish boats in the race. A fantastic performance, doing club and country proud!

**EVENTS**: Best of luck to our 43 crews competing in the St. Michael's Head Of the River (3km time trial) at O'Briensbridge this Saturday.

**SYMPATHY**: The club extends its deepest sympathies to the Doody and Daly families on the passing of Mary Doody. Our thoughts and prayers are with Mary's sons Damien, Denis, Michael and John, sister Catherine, grandchildren and extended family. Ar dheis De go raibh a h-anam dilis.

## **KILLARNEY RFC NOTES**

MEMBERSHIP: Club membership is due for all

and must be played in order to take part in any matches. The club has a strict no pay no play policy in place so please log in to the Clubzap app and pay the membership. Thank you.

**MINIS**: Our Minis continue training each Saturday between 10am and 11:30am and this Saturday we are due to host our Listowel RFC counterparts. All welcome.

Minis training continues each Saturday for all ages from 4 - 11, and boys and girls. New players always welcome. Contact Liam Murphy on 087-4145662 for details.

**RESULTS:** U16: Killarney RFC 30 - 7 Castleisland RFC

Seniors: Youghal RFC 18 - 12 Killarney RFC FIXTURES: U18 (boys) V Castleisland/Killorglin - Sat @ 12 Away

U14 (Black) V Castleisland - Sat @ 3 Away U14 (Red) V Abbeyfeale - Sat @ 12:30 Home

U16 (Girls) V Tralee - Sat @ 2:30 Home

U16 (Boys) V Newcastle West - Sun @ 12 Away

# **GNEEVEGUILLA ATHLETIC CLUB**

**LOTTO:** No winner of our lotto draw 01/10/2021. Numbers drawn were 2, 3, 10 & 11. Sellers prize winner Hickey's Centra Rathmore,  $\in$ 50 y/t prize to Mike Fleming Knocknagree,  $\in$ 50 to Claire O' leary Innishannnon,  $\in$ 40 each to John Vaughan Lisheen, Jim O' Connor c/o Reen's Garage & E Scannell. Bonus not won numbers drawn were 3, 8, 18 & 23. Next week's jackpot  $\in$ 20,000 plus  $\in$ 1,000 bonus. Winner of  $\in$ 200 surplus prize Mary Murphy Lisheen.

# **KILLARNEY VALLEY ATHLETIC CLUB**

Killarney Valley AC had a huge turnout last Sunday at the County Cross Country Championships in the Demense. The first athlete to win gold for the club was Elizabeth Brosnan in the U10 1000m. Elizabeth ran a great race to win very comfortably. In the U12's, Fleur O'Neill and Conor Duffin were 6th in their races. Tara O'Sullivan came 6th in the U14. Grace O'Meara was 4th in the U16. In the U16 Boys race, Oisin Lynch come 2nd and Karl O'Neill came 4th. In the U18 Boys race, Cathain Harrington came 2nd while Brian Doody came 4th. Tony Harty finished the day with a great win in the Novice Men's race.

Next Sunday 10th October, we have more Cross Country to look forward to with the Juvenile Uneven Age, Intermediate and Master Championships starting at 10am sharp. The Junior and Senior County Cross Country Championships will take place in November (Date to be confirmed).

Email killarneyvalleyac@gmail.com for any queries.

Please keep an eye on your emails and also check our facebook/instagram page for any updated information on training.

# SCOTT LAKERS ST PAULS IN THE NATIONAL LEAGUE DIVISION 1

St Pauls,once again under the banner of generous sponsors Scotts Hotel, commence their National League campaign this Saturday in Limerick where take on Limerick Celtic with a 7.15 tip off. The squad, led by Mark O Shea, and assembled by coach Jarlath Lee has a distinctly youthful look to it as the Club puts down foundations for the future. Thats not to say that it wont be ambitious and competitive. This season sees the return of Canadian point guard Ben Miller, who despite signing in September 2020 has yet to play a competitive game for the club with the world wide pandemic putting a halt to the 2020/21 season without a net being swished. Credit to Ben, who liked what he saw in his short time here pre the Covid shutdown as he had no hesitation in returning. He has all the potential to be one of the best point guards in the Division and his pre season form is encouraging. Joining Ben on the court will be six foot 5 inch Bulgarian u16,18 and 20 International Emilian Grudov. Highly rated again his pre season form has been good where shooting and rebounding are his strengths. Interestingly the team have met Superleague opposition in pre season and the form of Ben and Emilian has stood up to these stiffer tests. A returning familiar face to Killarney basketball will be Dinus Varanauskas ,who in his previous spell with the club played at Superleague level to huge success, and his experience and know how will be invaluable to the young team. A good shooter his minutes will be key.As well as the aforementioned skipper Mark O Shea the squad has a local feel to it with

#### BY ENDA WALSHE

Irish underage International Jamie O Sullivan, vice captain, and after building up his time in previous seasons he is now a first five starter alongside upcoming Irish underage trialist Senan O Leary.Keelin Houlihan is now a mainstay in the squad alongside Gneevequilla natives Ronan Collins, David Gleeson and Lorcan Keane. Paul Clarke, nephew of Brian, has put in a big shift in preseason and his height and strength will be vital under the boards. Promising underage players Daniel Carroll, Mark Sheehan, Jason Lee are training with the squad with an eye to showing them the ropes of what goes on at this higher level.Kevin O Regan also joins the squad alongside Ben Flavin, Eoghan Myers and the highly rated youngster Jack O Sullivan.

Coach Jarlath Lee definitely has his eye on the future with the club taking the route of harvesting young local talent married to good scouting of overseas talent.Interestingly Jarlaths son,outstanding Paralympian Athlete Jordan, joins him on the sidelines as the team fitness guru.

After the opening night trip to Limerick the team hit the road,NBA style with further trips to Fr Matthews(Cork), with a first round National Cup tie sandwiched between games in Carlow and Waterford.Home fans can pencil Saturday November 13th in as their first sight of the Lakers as they welcome League favourites UCC Blue Demons to Killarney.December sees a festival of home games against Limerick sides Sports Eagles and Celtics with a December 30th clash with newcomers Killarney Cougars.2022 will see 5 home games and if the squad can gather momentum in the first half of the season ,home advantage could be crucial at the business end of the League.

#### SCOTT LAKERS FIXTURES

Division 1 is split into 2 conferences with Scotts Lakers St Pauls operating in the 9 team Southern Conference.All home games tip off at 7.30pm.

Home...UCC Blue Demons Nov 13th,Limerick Sports Eagles Dec 11th,Limerick Celtics Dec 18th,IT Carlow Jan 15th,Fr Matthews Jan 29th, Waterford Vikings February 5th . Portlaoise Feb 19th,Cougars Mar 5th

Away...Limerick Celtics Oct 9th,Fr Matthews Oct 16th,IT Carlow Oct 23rd.Waterford Vikings Nov 6th,Portlaoise



N o v 27th, Cougars Dec 30th, UCC B l u e Demons Feb 13th, Limerick Sports Eagles Feb 26th.

Lakers players Left to right Ben Miller, Dinus Varanauskas and Emilian Grudov.

# SOCCER FOCUS

## **KILLARNEY ATHLETIC**

# **KILLARNEY ATHLETIC U12'S DIVISION ONE**

**Killarney Athletic 0 Ballyhar Dynamos 4** Ballyhar were the visitors to Woodlawn on

Saturday morning and they went about there business very effectively from the start putting pressure on the Athletic back line. As we moved towards half time Athletic appeared to be gaining a foothold in the game when Ballyhar hit Athletic with two well worked moves to go in 2 up at the break. After the break Athletic battled hard but could not find a way through a very well drilled Ballyhar defence. Ballyhar added a further 2 goals late on and were full value for their victory.

#### **U14 PREMIER DIVISION LEAGUE**

Listowel Celtic v Killarney Athletic. Scorers for the Blues Szymon Jasiński x3, Liam O'Brien x3, JJ O'Donoghue x2, Jake Nash x, Brian McCarthy x1 Killarney Athletic U15 Team(2)4

#### Mastergeeha 3

Home advantage for athletic and the boys in blue started the game strong. 8 minutes in and Matthew Pfizer opened the scoring. Mastergeeha came back two minuets later with shot but Ciaran saved it. 16 minutes gone and David Walsh scored for the blues. It was tit for tat for 15 minutes with atheltic being the strongest. 30 mins gone and Gleb Taranov scored bringing the tally for atheltic 3-0. 2 mins later Ben Kelliher scored a goal from the right hand side, outside the box. Finding the far post.

First half finsihed 4 0.

Second half begun. And mastergeeha came out fighting. And scored within the first 5 mins. Soon later the replied with another. Mastergeeha scored a third. Athletic tried and tried to get another goal with some great attempts ftom Syzomn Jesinski but just couldnt find the net. Mastergeeha had a chance to score a fourth but it got saved off the line by Nick clarke.

Game finished in dusk and the boys in blue came out with a win. Deserving win for the boys in blue with a 4-3 win.

Goal scorers for Blues: Matthew Pfizer, David Walsh, Gleb Taranov, Ben Kelliher.

## U14 DIVISION 2

**Ballyhar V Killarney Athletic Team 2** 5-4 to Ballyhar Killarney Athletic scorers Liam Harmon 2 , Cathal Sugrue 2

## DENNY PREMIER A.

**Killarney Athletic 4 Killlorglan AFC 2.** Scorers: Donal Kellihar 2, Darren Mulcahy, Shane Doolan.

# SCHOOLBOY/GIRL SOCCER

EVENS ACTION THIS WEEK: EA Sports 14's League of Ireland Kerry 2–0 Carlow/Kilkenny Slattery's Carpets and Blinds 12's 12 Premier: Killorglin 0-5 St Brendan's Park Tralee Dynamos A 4-4 Listowel Celtic Listowel Celtic 2–1 Inter Kenmare Tralee Dynamos 2 –2 Mastergeeha LB Rovers 0–2 Killarney Celtic 12 Division 1 North Tralee Dynamos B 3-0 Ballyhegiue Camp Junior 5 –3 Listowel Celtic St Brendan's Park B 0–3 Fenit Samphires



MEK GALAXY U12 orange team that defeated Killorglin on Saturday.

LB Rovers 0–4 Dingle Bay Rovers 12 Division 1 South Killarney Athletic B 0-4 Ballyhar Dynamos MEK Galaxy 6–1 Killorglin B 12 Division 2 Camp Juniors B 6-2 Castleisland Ballyhar Dynamos 3–3 Mastergeeha C 13 Premier Tralee Dynamos 2-1 Fenit Samphires Listowel Celtic 2-5 LB Rovers A LB Rovers 3–4 Killoralin 13's Division 1 Inter Kenmare 2-1 Castleisland 13 Division 2 North Ballyheigue 3-5 Fenit Samphires B World of Tiles 14's 14 Premier MEK Galaxy 4–2 Killorglin Listowel Celtic 0–7 Killarney Athletic Inter Kenmare 4–3 St Brendan's Park 14's Division 1 LB Rovers 4–9 Killarney Celtic A Killorglin B 2–7 Camp Juniors St Brendan's Park B 2-4 Castleisland Ballyhar Dynamos 5-4 Killarney Athletic B 14 Division 2 St Brendan's Park C 3-3 Tralee Dynamos B Castleisland B 1–2 Inter Kenmare B Mastergeeha 4-2 Ballyheigue 15 Division 2 Killarney Athletic B 4-3 Mastergeeha B 16's Division 1 Ballyhar Dynamos 4-5 St Brendan's Park D Kennedy Cup Group Phase Limerick District 2–1 Kerry Gaynor Cup Group Phase 13's Limerick Desmond 7-0 Kerry 15's West Cork 0-3 Kerry

#### REPORTS

Home win for 14's in EA Sports League of Ireland The Kerry 14's ended their home games in the EA Sports 14's League of Ireland Shield with an impressive 2-0 win over Carlow /Kilkenny. The game was hosted by Tralee Dynamos and the goals came from Dawid Grebowiec and Darragh Lynch. The first came after ten minutes when Shay Kelliher sat up Grebowiec who headed past the visiting keeper.

Kerry had to defend a strong second half from Carlow/Kilkenny and did this very well. In the closing minutes the win was wrapped up when Lynch broke clear, rounded the keeper and slotted home much to the joy of everyone from Kerry present.

### LATE HEARTBREAK IN KENNEDY CUP GROUP GAME

Kerry and Limerick District both won their opening Kennedy Cup games so their clash in Group F in UL would go a long way to deciding who would top the Group.

The home side started the brighter but the Kerry defence did well with Eanna Murphy and Nathan Cronin making two very important blocks. And then the Kerry keeper Pierce Moynihan made an excellent one handed save to keep the sides level.

Kerry grew into the game a n d dominated the last ten minutes of the half with Murphy, Brian O'Shea and Ryan O'Driscoll all hitting the target.

Kerry continued to press after half time and 5 minutes in a good move saw the ball crossed into the box and Ronan Carroll did very well to volley home. However within ten minutes the sides were level when Jayden O'Donovan scored from the penalty spot.

With less than five minutes left the game looked like ending in a draw which probably would have been a fair result but cruelly the home side scored the winner. Aaron Cusack wriggled past two defenders and finished expertly into the bottom corner of the Kerry net.

Kerry will be at home to North Tipperary in their final Group game with Limerick Districk away to Limerick County.

### GAYNOR 15'S MAKE THE PERFECT START BUT THE 13'S LOSE OUT:

The Kerry Gaynor 15's made the perfect start to their 2021 campaign with a 3-0 away win in West Cork. Kerry got off to the perfect start when a Izzy McGrath corner was deflected into the West Cork net. The second goal was the best of the day when a corner from Hannah McGearailt was flicked on by Emma O'Connor to Ellie Doolan who set up Suvi O'Connor to score. O'Connor wrapped up the win with her second and Kerry's third.

The Kerry 13's lost out to a very strong Limerick Desmond side in Askeaton who were following up on their opening day win at home to Cork.

Next up the Kerry 13's will be at home to South Tipperary, who lost to Cork at the weekend, with the Kerry 15's facing the same League's 15's.

Mid-week and weekend action in 12's Premier: The action in the Slattery's Carpets and Blinds 12 Premier began in mid-week when St Brendan's Park won away in Killorglin.

Their goals came from Brooklyn Conway, Fionn Clancy, Shane Griffin,

Ibkahaim Husam and Brendan Duggan.

Tralee Dynamos and Listowel Celtic played out an 8 goal thriller with the points shared following a 4-4 draw. Calvin O'Sullivan 2, Cian Fitzgerald, Danny Lane scored for Dynamos with Shane Costello, Mason Sheehy and Thomas Keane replying for Listowel Celtic.

On Saturday goals from Thomas Keane and Mason Sheehy gave Listowel Celtic a 2-1 win at home to Inter Kenmare whose goal came from Tony Desmond.

Goals from Darragh Keane and Alan O'Meara looked to have given Mastergeeha a 2-1 away win at Dynamos but the home side equalised with the last kick of the game.

A goal in either half from Pa McCarthy and Kieran Kelly gave Killarney Celtic a 2-0 away win at LB Rovers who also missed a penalty.

### FOUR GAMES DECIDED IN 12 DIVISION 1 NORTH

Goals from Daithi Brown, Dylan Brown, Sean Kennelly 2 and Deniss Rastenis gave Listowel Celtic all three points away to Camp Juniors. In the same Division Tralee Dynamos were 3-0 winners over Ballyheigue. Fenit Samphires also won 3-0 defeating Park B.

Dingle Bay Rovers made the trip to North Kerry a winning won defeating LB Rovers thanks to goals from Jack Dorgan, Saoirse Brosnan, Fionn Dowd and Harry Flaherty O'Dowd.

### HOME AND AWAY WIN IN 12 DIVISION 1 SOUTH

Ballyhar Dynamos made the trip to Woodlawn where the defeated Killarney Athletic B 4-0. Ballyhar hit two in each with Alex Finn 2, Ryan Quilter and Adam O'Meara on the mark.

MEK Galaxy won at home to Killorglin B with Eoin Casey 3, Jamie Murphy, Brendan Allman all scoring in the first half and Shane O'Neill netting in the second period.

On Friday evening Mastergeeha B defeated Killarney Celtic B 3-2 at Kilbrean Park. Patrick O'Donoghue 2 and Noah Clifford got the home sides goals with Tristan Murphy and Ben O'Sullivan replying for Celtic B

### **12 DIVISION 2 RESULTS**

Ballyhar and Mastergeeha played out an exciting 3-3 draw at Murt Scott Park. The home side got off to a great start with goals from Patrick O'Connor scoring twice to put his side 2-0 up. Into the second half the visitors pulled one back through Sennan Murphy. Daithi Allen then raced onto a long ball and beat the keeper to put Ballyhar 3-1 up. Murphy pulled another one back inside the last ten minutes before Callum O'Leary completed the comeback. Allen thought he won the game for Ballyhar but his late late effort hit the post.

Camp Juniors B defeated Castleisland B in the 12 Division 2. Evan Cronin and Daniel Riordan got the Castleisland goals.

## **13 PREMIER GAMES**

Two of the three 13 Premier games took place in mid-week with LB Rovers A and Tralee Dynamos

recording wins. LB Rovers defeated Listowel Celtic with goals from Odhran Barry 2, Brody Mulvihill, Billy Moriarty and Tadgh Long.

Dynamos goals in their 2-1 over Fenit came from Calvin O'Sullivan and Danny Lane with Michael Corridan replying for Fenit.

On Saturday Killorglin enjoyed a hard fought 4-3 win away at LB Rovers where the teams were tied 2-2 at the break. For Killorglin Jack Buckley scored twice with Sean Doherty and Callum Robertson scoring once each. Liam Lynch got two and Odhran Barry one for LB Rovers. One game in 13's Division 1

A goal from Marc Foley and an own goal were enough for inter Kenmare to take all three points defeating Castleisland 2-1.

#### Fenit B wins 13's Division 2 North game:

A big night from Cillian Foley saw him hitting 4 goals for Fenit as they saw off Ballyheigue 5-3. Eoghan Wiseman got the other Fenit goal with Conor Slattery, George Kane and Sam Keane scoring for Ballyheigue.

Two home and one away win in 14 Premier In the World of Tiles Killarney Athletic were the away winners defeating Listowel Celtic thanks to goals from Liam O'Brien, Szymon Jasinski, JJ

o'Donoghue, Jake Nash and Brian McCarthy. Winning away were MEK Galaxy who defeated Killorglin thanks to goals from Jayden Fennell 2, Jack Hallissey and Cillian O'Donoghue. Michael Houlihan and Ciaran Birmingham replied for Killorglin.

The Inter Kenmare versus St Brendan's Park game was a real see-saw affair with the home side just holding on in the end. Rossa McGearailt hit a hat trick for Inter with Michael Jones getting the fourth and they also needed goalkeeper DJ Harrington to be in top form to ensure the win. Brian Heaphy scored for the Park to make it 2-1 and then Ethan Ballard got one in the second half to make it 4-2 and when Heaphy got his second with nine minutes to go it was game on but Inter held on to win.

#### **BIG AWAY WIN IN 14'S DIVISION 1**

Cillian Slattery had a day to remember for Killarney Celtic in their away win at LB Rovers. He hit 5 goals for the winners with James Coffey 2, Pa O'Brien and Tomas Mackey also scoring. Cody Goggin and Charlie Ryan both scored twice for LB Rovers.

Goals for Darragh Murphy, Jogo Brodie, Mark Vansteenkiste, Luke O'Connor, Allyn O'Shea and Micheal Enright gave Camp Juniors the away win at Killorglin.

In the other game Castleisland were 4-2 winners over St Brendan's Park B at Christy Leahy Park. Harry Crowley, Darragh Cahill2 and Shane O'Loughlin were the winner's scorers.

There was one game on Sunday when Ballyhar Dynamos defeated Killarney Athletic 5-4 with the sides level at 2-2 at the break. Anthony Cremin had a big day in Murt Scott Park hitting 4 goals for the home side with John Henderson getting the fifth. Liam Harmon and Cathal Sugrue both scored twice for Athletic.

### **VARIETY OF RESULTS IN 14 DIVISION 2**

St Brendan's Park C drew 3-3 with neighbours Tralee Dynamos B in the World of Tiles 14's Division 2 with their goals coming from Brian Fealy, Seadhna O'Brien and an own goal. Dynamos goals came from Jayden Moriarty, Jay O'Connor and Daniel McCarthy. Michael Lenihan scored for Castleisland B but it wasn't enough to prevent them going down 2-1 at home to Inter Kenmare B. Mastergeeha had goals from Ruairi O'Donoghue 2, Craig Brosnan and Evan O'Sullivan in their 4-2 at home to Ballheigue. For the North Kerry side Shane O'Sullivan and Adam Lee were the scorers.

#### FIRST HALF GOALS IN 15'S DIVISION 2 JUST GIVE ATHLETIC THE WIN;

This 15's Division 2 clash was one of those games of two halves with Killarney Athletic going 4-0 up before the break thanks to goals from David Walsh, Gleb Taranov, Ben Kelliher and Mathew Pfizer. Aidan McAuliffe and Thomas Myers 2 were the Mastergeeha scorers.

#### **NINE GOAL THRILLER IN 16'S DIVISION 1**

The first goal in this seasons 16's League was the clash in Division where Ballyhar Dynamos and St Brendan's Park D played out a 9 goal thriller in Murt Scott Park. The sides were tied 3-3 at the break. Fionn Coleman and Robert Kelly both scored twice for Ballyhar.

# **MEK GALAXY NEWS**

### **U12 BOYS DIVISION ONE**

MEK Galaxy Orange 6 Killorglin AFC 1.

Our u12s played their opening game of the season on Saturday, on what was a fresh autumnal morning in Fossa. The home side were quick to settle, and Eoin casey put MEK 1-0 up with just five minutes on the clock. He added a second shortly after with a neat finish.

Galaxy kept the pressure on the Killorglin goal, with the away keeper producing a string of fine saves.Jamie Murphy made it 3-0 midway through the half with a fine strike. Casey completed his hat trick in the 20th minute to make it 4-0, and just before the break Brendan Allman pounced to make it 5-0.

After the interval it was Killorglins turn to threaten, and they got one back early on. MEK got a foothold once more, and with ten minutes to play Shane o Neil completed the scoring. Full Time score, MEK Galaxy 6 Killorglin AFC 1.

The following warriors did battle for MEK on the day, Conor McKeown, Dara Tagney, Donnacha Vaughan, Brendan Allman, Nathan o Sullivan, Jamie Murphy, Eoin Casey, Cade Jameson, Harry o Mahony, Shane o Neil, Joe Stephens, Gerry Moroney, Tomás Lynch.

#### U 14 BOYS PREMIER DIVISION MEK GALAXY 4 KILLORGLIN AFC 2

MEK kept up their one hundred percent start to the season with a home win against neighbours Killorglin. Galaxy made a strong start, forcing the away keeper into making a number of fine saves. The visitors began to grow into the game, and went close with a shot hitting the crossbar. Jayden Fennell put the hosts 1-0 up with a beautifully composed finish. The away side equalised late on in the half, to leave it 1-1 at the break.

After the interval MEK managed to find another gear, Jack Hallisey fired home from outside the box following a neat pass from David McCarthy. Cillian o Donoghue quickly made it 3-1 pouncing on a loose ball in the area. Jayden Fennell made it 4-1 to Galaxy. The visitors got a goal back late on to make the final score 4-2 to the boys in orange

# SOCCER FOCUS

and black.All in all a good days work for our boys and 3 points the reward for their efforts. VOLUNTEERS WANTED

The club is always on the look out for people to help out in any capacity. Be it coaching, fundraising or administration ect. Your time would be hugely appreciated, because it's people like you that make things happen. Please contact a club member or see social media for details. Kind regards to you all. Until next time, may the force of the Galaxy be with you.

# **KILLARNEY CELTIC NEWS**

#### **CELTIC LOTTO**

Numbers drawn 8,9,10,11. There was no jackpot winner. Match 3 winner received €150. The next jackpot on Monday Oct 11Th is €11,600. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com

Club Membership for the coming 2021/22 season is now open, Membership is now payable through Clubforce. The registration link can be found on our Facebook page.

Please see our Facebook page for daily updates on training.

#### **DENNY DIV 2B**

Killorglin AFC C 4, Killarney Celtic C 2. Goalscorers were the father and son combination of Pat O Neill and Luke O Neill. U14 DIV 1



MEK GALAXY U12 orange team that defeated Killorglin on Saturday.

LB Rovers 4, Killarney Celtic 9 Cillian Slattery (5), James Coffey(2), Patrick O'Brien, Tomas Mackey U12 PREMIER

LB Rovers 0, Killarney Celtic 2 Pa McCarthy, Kiernan Kelly U12 DIV 1 SOUTH Mastergeeha 3, Killarney Celtic 2 Tristan Murphy, Ben O'Sullivan Well done to all our players and coaches involved with the Kerry girls teams at u13 and u15 last weekend.

Congrats to Cillian Slattery who made the KSGL Team of the Week.

# FATHER AND SON DUO HIT THE NET



Last Sunday's Kerry District League game between Killarney Celtic C and Killorglin AFC C saw father and son duo Pat O'Neill and his son Luke both hitting the back of the net.

Well known in soccer circles, Pat, a hairdresser based in Killarney has played with Killarney Celtic for many years and is now joined on the senior team by his 16 year old son Luke, a student at St Brendan's College in Killarney. Even though Celtic didn't win out on the day, the memory for the family will certainly stand the test of time.



Mary Gorman receiving the Eileen Doran McCarthy trophy from Tadgh McCarthy and Mary Moynihan runner up in the matchplay competition at Ross Golf Club.



Action from the Dr Crokes v Corca Dhuinne Intermediate Championship semi-final game

# **KILLARNEY** Outlook

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Join us for Open Night! Friday 8th Oct. 6:30pm Upstairs at St Mary's Parish Hall

For more details email us on KillarneyNoNameClub@gmail.com or follow us on Instagram and Facebook @killarneynonameclub



Laura and Grace from Shrone N.S. who made their First Holy Communion with pupils from Meentogues N.S. On Saturday October 2nd in Shrone Church. All pupils had an enjoyable day.

# AVAILABLE CLASSIFIEDS

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#### ..... ED 40

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# **ANY NEWS?** Contact: Aisling Crosbie

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Ed 22, 2022

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**CONTACT DENIS LYNCH AT 086 3584956** COVERING KERRY, NORTH CORK & WEST LIMERICK



Welcome back dear reader last week we spoke about love, and how it is the nature of God. Jesus told the prodigal son parable to demonstrate God's merciful love. The prophet Micah puts it this way... 'He (God) delights in mercy' (Micah 7:18). Do you want to make God happy? Micah also prophesised.... 'He has shown you what is good, and what does the Lord require of you? To do justly (that is - do what is right), and to love mercy, and to walk humbly with your God' (Micah 6:8). When we live like this we reflect God's nature, and it delights Him!

'Who wants to live forever' is a song by Queen. Well, it would seem lots of people in the world want to live forever, and are trying to find earthly ways to preserve their youth and their bodies to combat aging and death. Immortality tantalises people, while death haunts them. The truth is humans can do whatever they want to try to make themselves incorruptible, but death we cannot escape. We can chase all the money, fame and power and run the race of life with the 'I have to' mentality, but ultimately, there is only one 'I have to' – at some point we will all 'have to' die. And just as we came into this world, so we will leave it, and return to our Heavenly Father for judgement.

And how will He judge us? The late Bob Jones saw the Lord when he had a death experience. The Lord told him it was not his time to die, but He charged him and all the others lined up with only one question – "Did you learn to love?"

Friend, are you right with God? Because there are two forever destinations – heaven or hell - and when you close your eyes on this earth - where will you open them? No one knows what tomorrow will bring (Luke 12:13-21). Jesus warned that "not everyone who says to Me, 'Lord, Lord' shall enter the kingdom of Heaven, but he who does the will of My Father in Heaven." (Matthew 7:21-23). Our works, no matter how good, will not gain us eternal life. Jesus said "I Am the Way, the Truth and the Life. No one comes to the Father except through Me." (John 14:6; Acts 4:12) Only by our faith in the Lord Jesus, demonstrated by our obedience to His Word, can we be saved (Romans 10:9-17). And 'faith works through love' (Galatians 5:6).

Jesus is our Role Model. He demonstrated His obedience to God's Word – 'not My will but Yours be done' even up to His dying breath upon the Cross, when He asked God to forgive those who did this to Him 'because they don't know what they are doing' (Luke 23:34). Later the apostle John wrote 'as He is, so are we in this world' (1st John 4:17-21). As we learn to follow Jesus' example through obedience to His Word, we will become His true disciples and 'all men will know you are My disciples, if you have love for one another' (John 13:34-35).

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797



# LOOKING AFTER YOUR MENTAL HEALTH

**Mental Health in an Unequal World.** The WFMH President Dr Ingrid Daniels has announced the theme for World Mental Health Day October 10th 2021 which is 'Mental Health in an Unequal World' We reflect on what we can do to look after our mental health? Having good mental health means that we enjoy a sense of overall wellbeing. We function well in our everyday life and feel confident and secure in ourselves. There will be times in our lives when we will need to boost our mental health and wellbeing and the following tips can help us to stay on track.

 Connect with Others. Building and sustaining good relationships with others can support and enrich our lives. Good quality relationships impact positively on our wellbeing and bring great rewards.

• Participate in life and share interests. Being part of a group of people with similar interests can greatly enhance our sense of belonging and is good for our mental health.

 Look after yourself. Eat well and keep active. Doing activities that we enjoy such as dancing, walking or gardening can all help us to feel good about life

• Volunteering is a great way to meet people and also a great way to learn new skills. One study showed significant health benefits for those who volunteered 100 hours or more a year. Another study showed older generations had less of a decline in health and lived longer when they volunteered!

• Having a sense of purpose. Knowing what's most meaningful in your life and clarifying what is important means you will spend less time focusing on unimportant things and eliminate stress.

Let go and accept what you cannot control.

• **Deal with Stress.** Know what stresses you and how you react. Avoid stress triggers if you can and if they are unavoidable learn how to manage them. Maintaining a balanced lifestyle will help you to cope with stress. Try yoga, meditation or breathing exercises to keep stress at bay.

• Challenge yourself. Take on a new challenge or learn a new skill. Learning and developing new skills enhances our 'mental fitness', gives us greater confidence and a sense of achievement.

• Gratitude. Being grateful for what is working well in our lives and for what we have is important for our mental health.

• **Practice mindfulness.** Focusing our attention on the present moment helps us to not get caught up thinking about the past or worrying and planning for the future.

FREE Events Announced for Kerry Mental Health & Wellbeing Fest 9-16 October 2021

THE programme of FREE events for the 2021 Kerry Mental Health and Wellbeing Fest has been launched with a range of activities to suit all ages from 9th to 16th October. The key focus of the #Kerry-MHWFest is to promote mental health and wellbeing in Kerry through a fun and interactive programme of online and in-person events.

If you are worried about your own mental health, speak to a GP or a professional. **Call today to SouthWest Counselling Centre to talk to a professional.** 

**SouthWest Counselling Centre, Killarney** provides affordable professional counselling to children, adolescents and adults at its Killarney Centre (Lewis Road). We are providing face to face, telephone and online counselling sessions.

Contact 064 6636416/064 66364100 or Email: info@southwestcounselling.ie Registered Charity No: CHY 14775.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising are for



# IN MEMORIAM **TO PLACE A** MEMORIAL IN THE KILLARNEY OUTLOOK

Please email the details to: ashling@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Ashling on:

## 087 7160372

(Monday to Wednesday) Please include a contact name, address and telephone number.



# We Cannot Remain Silent Webinar

To celebrate Mission Month, the Justice, Peace and Integrity of Creation Committee of the diocese of Kerry, is hosting a webinar on Thursday the 21st of Oct, at 8pm via zoom. The theme is: We Cannot Remain Silent. The speakers include Sr. Orla Treacy, Fr. Tim Galvin and Julieann Moran, Missio Ireland. To register visit dioceseofkerry.ie.

October is Mission Month and this year's theme is "We cannot but speak about what we have seen and heard" Acts 4:20. Mission Month including World Mission Sunday is the Popes's annual appeal for spiritual and financial support, so that the life-giving work of overseas mission and missionaries can continue. It falls on the second last Sunday in October. This year it will be celebrated over the weekend of Sunday 24th.

To register for Webinar click Mission Month Webinar Speakers on the night will be sharing their experience of missionary work abroad. The line up for the night are:

Sr Orla Treacy, Irish Missionary working in South Sudan, Loreto Sister

(Born in Bray, Ireland, Sister Orla Treacy joined the congregation of the Institute of the Blessed Virgin Mary (IBVM), known as the Loreto Sisters. Sr.Orla received the Hugh O'Flaherty International Humanitarian Award in recognition for her work in South Sudan.

Fr Tim Galvin is from Brosna parish in Kerry and he is home in Brosna at the moment. He is a member of St. Patrick's Missionaries, Kiltegan. Tim has ministered in Sudan/South Sudan since 1983, in the Diocese of Torit. Julieann Moran, Missio Ireland

Missio Ireland is the Irish branch of the Pontifical Mission Societies. They are the Holy Father's official charity for overseas mission. Wherever the Church is present, Missio is there, meaning they reach out across five continents to support over 1,100 mission dioceses. Each Missio is headed by a National Director, appointed by the Holy Father.www.missio.ie

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# IN LOVING MEMORY OF CAITRIONA HEFFERNAN (FLEMING)

**2ND ANNIVERSARY** 



London and Lackabane

WHOSE 2ND ANNIVERSARY OCCURS ON OCTOBER 10TH

Asleep in God's beautiful garden, free from all sorrow and pain, some day when life's journey is ended, we will be together again

Remembered today and every day with love by her parents, Daniel and Kathleen, her daughter Sarah, her sisters Siobhan and Mairead, her brother Gerard, spouses, niece, nephews, neighbours and friends.

An anniversary Mass will be held on Saturday, October 9th at 7.30pm in Prince of Peace Church, Fossa

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**NOVENA TO THE** 

SACRET HEART

Dear Heart of Jesus in the past I have

asked many favours.

This time I ask you this special one,

(mention favour).

Take it dear heart of Jesus and place

it within your heart where your Father

sees it.

Then in his merciful eyes it will become

your favour not mine.

Amen.

Say this prayer three times for three days

and your favour will be granted.

M.M.



**1ST ANNIVERSARY** 

Whose first anniversary occurs on October 10th.

Our time together was special So were the memories we made And although you live in Heaven now Those memories never fade.

Everyday's a struggle And nothing feel the same And my heart breaks a little more Everytime I hear your name.

Your loving sister Sandra & partner Colin

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1ST ANNIVERSARY

# IN LOVING MEMORY OF MY BEAUTIFUL AUNTIE LINDA EVISTON (NEE LUCEY)



# WHOSE FIRST ANNIVERSARY OCCURS ON OCTOBER 10TH.

Remembering you is easy, I do it everyday, but missing you is heartache that never goes away.

I hold you tightly within my heart, and there you will remain Until the joyous day arrives That we will meet again.

Your loving niece Claudia & husband Alan

# PRAYER TO MOUNT CARMEL

O most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity.

There are none that can withstand your power. O show me herein you are my mother. O Mary, conceived without sin, pray for us who have recourse to thee (three times).

Sweet Mother, I place this cause in your hands (three times).

Say this prayer for 3 consecutive days and then you must publish it and it will be granted to you.

AD

NOVENA TO ST. CLARE

## **IN THANKSGIVING**

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem.





Please pick a bunch for me. Place them in my Sister's arms and tell her they're from me. Tell her that I love her and miss her, and when she turns to smile. Place a kiss upon her cheek and hold her for awhile. Because remembering her is easy, I do it everyday, But there's an ache within my heart that will never go away.

Love & Miss you always Linds, Áine, Richard, Tyler, Hudson, Brooke & Carter. Xx

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## **1ST ANNIVERSARY**

IN LOVING MEMORY OF MY DEAR BEAUTIFUL SISTER

# LINDA EVISTON (NEE LUCEY)



#### DROMKERRY FOSSA AND FORMERLY CURRAGLASS GLENFLESK WHO DIED ON OCTOBER 10TH 2020

When your beautiful heart stop beating, My heart just broke in two, Knowing that here on Earth, There will never be another like vou.

I wish I could see you one more time, come walking through the door, But I know that is impossible, I will hear your voice no more. I know you can feel my tears and vou don't want me to crv. Yet my heart is broken, because I can't understand why someone so precious had to die. I pray that God will give me strength and somehow get me through, As I struggle with this heartache, that came, when I lost you.

Love you and miss you forever and always Linds from your loving and heartbroken sister Deirdre, Dermot, Simmone, Luke, Clvde, Robyn, Roman, Elliott, Ruby and Logan xx

# & 1ST ANNIVERSARY IN LOVING MEMORY OF MARY O'SULLIVAN (THE BAKER)

ACKNOWLEDGEMENT



#### MONASTERY GARDENS, KILLARNEY AND RYLANE, CORK. WHO PASSED AWAY ON **OCTOBER 10TH 2020**

As we lovingly remember Mary on her first anniversary, we would like to sincerely thank our neighbours and friends and all those who phoned, sent Mass cards, messages of support and kindness, condolences on RIP.ie.

We would like to thank Fr. Peadar, Rita Corkery, Marie and Jen.

All the staff of palliative care unit Kerry. Thanks to the Darcy O Sullivan Family. Killarney, Brendan Joy, Sheila, Mike and Mary's neighbours.

Thanks to Bill, Martin and Barry in Fitz-Gerald's Funeral Directors for the kindness and professionalism throughout Mary's funeral.

As it would be impossible to thank everyone individually please accept this as a token of our sincere appreciation and a Mass has been offered for all your intentions.

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Always remembered by her loving family.

# **THE MIRACLE** PRAYER

Dear Sacred Heart of Jesus, in the past, I have asked for many favors. This time I ask for a very special one. (Here mention your request.) Take it, dear Jesus, and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favor and not mine. Amen. Say for three days and promise to publish. P.D.

# **NOVENA TO ST. CLARE**

# **IN THANKSGIVING**

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth

day. Powerful novena. Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem.

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# **3RD ANNIVERSARY** IN LOVING MEMORY OF MY DEAR NEPHEW NIALL **MCGILLICUDDY**

CLOONTEENS, KILCUMMIN, **KILLARNEY** I thought of you today, But that is nothing new I thought of you yesterday And days before that too God has you in his arms I have you my heart

Always remembered by your loving Aunty Noreen

## **3RD ANNIVERSARY**

IN LOVING MEMORY OF MY DEAR NEPHEW

## NIALL **MCGILLICUDDY**



CLOONTEENS, KILCUMMIN, KILLARNEY WHO DIED ON THE 12TH OF OCTOBER 2018.

A silent thought, A gentle prayer, For my special Nephew, In Gods care. Remembered every day Uncle Sean



Calling all ghosts and ghouls, mummies, (and daddies too)!! Gather all your goblins and join us for a HALLOWEEN HOEDOWN at Sandy Feet Farm!! This is a FRIGHT FREE FAMILY FRIENDLY event!! Our friendly Halloween characters will keep you entertained with an interactive story, singing and dancing and more! There will be a limited number of animals on the farm, the playground and sensory garden will also be open. Costumes are encouraged but absolutely not necessary. Our Café will be open with Halloween themed sweet treats and drinks.

\*\*All activities are included with admission, with exception of the pumpkin carving, which has an additional per person fee. Pumpkins should be booked at the same time as your tickets to avoid disappointment on the day.

# Camp, Co. Kerry | T: 086-1585337 | www.sandyfeetfarm.ie