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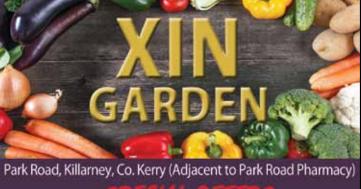
# KILLARNEY Outlook

To Advertise call Des: 087 659 3427 or T: 064 66 70000 Editor: Aisling Crosbie 086 0400 958 - editorial@outlookmags.com





Jeff Murphy, Marjorie Rase, David Hackshall, Greg Pienlowski, Kilkenny 'Best in Show' Harley Davidson Slimline Chopper, Breffni Ingerton and Lenny Burns at ireland Bikefest in The Gleneagle Hotel Killarney. *Photo: Don MacMonagle* 



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s we continue to bask in glorious sunshine, the town is looking resplendent....budding actors are putting the final touches to their big show, young animal lovers are preparing to walk to raise funds and Kilcummin defibrillator group are going from strength to strength.

We have all the action from the Fitzgerald Stadium last Sunday along with lots of news from the sporting clubs around the town.

All this and so much more in this week's Killarney Outlook.

Aisling Grosbie

# Get on Your Bikes for Bike Week 2018



Kerry Recreation & Sports Partnership, working with local cycling clubs, are inviting Killarney families to participate in their upcoming event for National Bike Week. Pedal in the Park is now in its eighth year and this year runs from June 9th to 17th. Pedal in the

Park Killarney, in collaboration with Killarney Cycling Club and the Ring of Kerry Cycle Committee, takes place Friday evening July 6th at 7:00pm, the meeting point is the entrance to the Demesne at Killarney National Park. The route will be in the Park, presenting a choice of two distances -5km for 5 to 8-year olds and 10km for 9 to 14-year olds. The Pedal in the park event is free and online registration is now open on kerry recreation and sports partnership website - www.kerryrecreationandsports. ie Many events will take place during the week and the following month in Kerry. These events are aimed at getting all the family involved in cycle in the county's amenities and encouraging more families to cycle together more often. Pedal in the Park gives both young children and adults the opportunity to jointly participate in physical activity while having fun. These events are part of the ambition of Kerry Recreation and Sports Partnership & Kerry County Council, in helping get the active more active, and the less active active, as well as promoting sport, recreation against the backdrop of our beautiful town. All information for the event – including times, suggested age ranges and registration - is available on the KRSP website, www. kerryrecreationandsports.ie.

# Inec stage Set for the Greatest show

onths of hard work and dedication will come to fruition this Sunday 10th June at the INEC Killarney as



the talented students of the Joe Burkett Theatre Company stage The Greatest Show. It is an original scripted musical taking the audience on an all singing, all dancing journey following the Ringmaster and his performers as they fight to save their Circus Theatre.

Featuring all the songs from the smash hit movie The Greatest Showman, audiences are guaranteed to be singing along to From Now On, Never Enough, This Is Me and The Greatest Show.

The cast are far from all corners of the county both South and North Kerry. Students from Killarney, Kicummin, Ardfert and Ballyheigue will take to the stage under the expert direction of Joe Burkett.

"Along with my team of talented teachers, coaches and volunteers, I am immensely proud of this production. It is a fun filled family show. The students are all excellent in their roles and have worked very hard to perfect their craft.

We've got stunning dance pieces that showcase the confidence our students have gained this year.

We've got a musical mash up of all the songs featured which is breath-taking. Couple this with witty one liners and laugh out comedy and you've got The Greatest Show", Joe told the Killarney Outlook.

The Greatest Show, INEC, Killarney, Sunday 10th June, Doors 2pm, Show 3pm, Tickets €10. Tickets available from the INEC box office.



The Laurels.... Brightening up the town centre with its new look. Killarney Tidy Towns Volunteers are out in force in preparation for this year's Tidy Towns Competition and all the businesses are playing their part by sprucing up their premises.



































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# **NEWS** DESK

# It's a walk in the park For gaelscoil faithleann

group of animal loving children in 4th class in Gaelscoil Faithleann have organised a fundraising walk on Sunday June 10th at 12pm at Castlerosse carpark, in aid of the Irish Society for the Prevention of Cruelty to Animals.

Working in conjunction with the Parent's Council a small group of the children formed a committee and worked on planning and promoting the walk, as well as educating the classes in the school about the work of the ISPCA. "The children have been so enthusiastic and dedicated to planning the walk, it's great to see that an idea one of them had, lead to a letter to our Parents Council, and now to this walk. It's great to see children take the initiative and support a cause to help make a difference", Mary Carroll secretary of the Parents Council told the Killarney Outlook.

"The walk is a fun day out for families and we welcome all families to come along. There will



The walk organising committee from Rang 4 in Gaelscoil Faithleann – Ruby and Lily Courtney, Kate O'Sullivan, Fave O'Carroll and Annie O'Connell.

be a trivia guiz for families to complete as they walk, face painting and refreshments will be provided. All donations on the day will go directly to support the work of the great work of the ISPCA", Mary added.

The walk will leave the Castlerosse carpark at 12pm on Sun June 10th, and will follow the circular route via the demesne and back to the carpark, where there will be facepainting and refreshments. People are welcome to bring their dogs but we ask them to make sure they are on a lead.



Global Wellness Day takes place on Saturday, June 9 and to celebrate The Brehon & Angsana Spa, Killarney is hosting a wellness morning featuring complimentary massages and yoga.

Global Wellness Day is an international not-for-profit initiative aimed at encouraging people to live healthier and feel better both physically and spiritually. It is celebrated every year on the second Saturday in June. This year it will be celebrated in 110 countries at more than 4300 different

# Put yourself first

### on GLOBAL WELLNESS DAY

locations.

It encourages seven simple daily steps in order to make wellness a way of life; walk for an hour, drink more water, don't use plastic bottles, eat healthy food, do a good deed, have a family dinner with your loved ones and be asleep 10pm

Fiona Collins, the spa and fitness manager at The Brehon, was recently nominated as the Global Wellness Ambassador for Ireland. She is passionate about achieving a balance through health, fitness and wellbeing and as a GWD Ambassador, her mission is to help spread the Global Wellness Day initiative throughout the country.

"Living well is the simple necessity for every human being on the planet. It is a fundamental part of overcoming life's daily stresses and working towards a healthier and happier life," says Fiona Collins.

Global Wellness Day at The Brehon kicks off at 9.30am on Saturday next with apple and ginger shots on arrival, complimentary head and shoulder massages with the Angsana therapists followed by Vinyasa yoga with Navé Yoga.

Places are limited and can be pre-booked by emailing angsanaspa@thebrehon. com or by phoning 064 6623980.

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SEIRBHÍSÍ COMHSHAOIL COMHAIRLE CONTAE CHIARRAÍ

# **NEWS** DESK

# **Kilcummin Defibrillator Group** goes from strength to strength

he driving force behind the Kilcummin Defibrillator Group have welcomed five new defibrillators to the area to date.

Just over 2 years ago a group people, Sheila Burke O'Connor, Marie Moloney, Derek O'Leary, Willie Fleming and John Guerin, came together with a vision and determination of providing defibrillators for the parish of Kilcummin.

With ongoing fundraising and huge support from the community, they have to-date erected 5 defibrillators in the parish. On Wednesday night last, a group of over 50 participants from Kilcummin community and surrounds came together for a CPR and Defibrillator use training course. Group member, Derek O'Leary organised a team of 9 qualified instructors and a very successful certified training course took place. Derek said "We were overawed by the turnout but it goes to show that people are very aware of the provision of the defibrillators and the need to be able to use them in the event of an emergency", Derek told the Killarney Outlook.

The group were delighted to recently receive funding from the Ring of Kerry Cycle committee to enable them to purchase a sixth defibrillator which will shortly be erected. Group Treasurer Willie Fleming said "We are absolutely delighted with the funding which has enabled us to purchase a 6th defibrillator which we will organise to have erected at a suitable location shortly".

As Kilcummin is known to be one of the biggest parishes in Ireland the Group is determined to continue fundraising to provide additional defibrillators to ensure that no matter where you live in Kilcummin a defibrillator is only minutes away and also for the maintenance and upkeep of the existing units.

As there has already been an additional number of enquiries about a future training course, the Group will be organising further training at a later date and those interested can contact any member of the group for details. All updates and information can also be found on our Facebook page "Kilcummin Defib Group"



PRO of Ring of Kerry Cycle, Cathal Walsh presenting defibrillator, which was funding by ring of Kerry Charity, to the Kilcummin Defib Group. Left to ring Me Fein, Cathal Walsh, Willie Fleming and Sheila Burke O'Connor. Missing from photo Derek O'Leary and John Guerin.

# **Sweet Sound of Music as Bach arrives to Divanes**

t was a case of sweet sounding music last week at Divanes Volkswagen in Castleisland with the arrival of the top brass from Volkswagen Commercial

Seated front I/r: Denis Divane, Ulrich Bach, Area Manager, Western Europe, Volkswagen Commercial Vehicles, Hanover, Germany. Standing I/r: Kim Kielduff, Volkswagen GI, Paul Langston, Divanes, Aiden Smyth:Volkswagen GI Melvin Voigtlander: Order intake manager for Ireland, Torben Janssen: European Sales Manger, Volkswagen Commercial Vehicles, Brendan O' Sullivan, Divanes Alan Bateson: Volkswagen GI Stan Divane, Divanes and Jerome Flynn: Divanes.

Vehicles, Hanover, Germany and the visit of Ulrich Bach their Area Manager for Western Europe.

We're not quite sure if Mr Bach can trace his heritage back to Johann Sebastian Bach the famous German composer and musician known for instrumental compositions such as the Brandenburg Concertos and the Goldberg Variations but his whistle stop tour of the state of the art showrooms left him in no doubt that a standing ovation was warranted such was his impression on how well the local Volkswagen dealership is run. Indeed the issue should never be in doubt as Divanes is not only a car dealership but in many ways an institution in the motoring trade in

They have been a Volkswagen dealer for Kerry since 1954, having traded in the motor trade since 1935 when the

late Stanley Divane dipped his toe into the motor trade business and 83 years the Divane family have both feet well firmly embedded in the motor

Speaking to the Outlook about the visit Denis Divane of Divanes Volkswagen Kerry Castleisland said, "they were delighted to receive an official visit from personnel of the Volkswagen Commercial factory Hanover, Germany and the Volkswagen GI commercial team, Ireland on Thursday afternoon" Along with the visit of Ulrich Bach was Kim Kielduff, Volkswagen Gl, Aiden Smyth Volkswagen GI, Melvin Voigtlander Order intake manager for Ireland, Torben Janssen European Sales Manager, Volkswagen Commercial Vehicles and Alan Bateson Volkswagen



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# **NEWS** DESK

# Unique solstice ceremony at Kerry's oldest burial site Dingle Druid, Juli Ni Mhaoileoin, centre, with Urs Wenk, Dance Drum Ireland, Joan Greene, Singer, Aoibhe Horan, Harpist and Poet Eileen Sheehan Photo: Valerie O'Sullivan

unique cultural celebration of the Summer Solstice at the iconic 6,000 year-old Killaclohane Portal Tomb near Milltown promises to be a special highlight of this year's County Fleadh Cheoil which takes place in the mid-Kerry town later this month. The organisers are holding an open-air celebration at tomb, Kerry's oldest manmade structure and oldest burial site, on 21st June, the longest day of the year, against the majestic backdrop of Dingle Bay and the Sliabh Mish Mountains.

With music from centuries ago, dramatic percussion, poetry, song, a Solstice bonfire and a druidic ceremony, the event at Killaclohane invokes the

spiritual connections with the Neolithic Age and draws on the theme for Fleadh Cheoil Chiarraí this year: 'Reconnecting with the Past.' Featuring some of Kerry's best musicians and performers, the event at the tomb will seek to connect with the cultural heritage of the area over many centuries and millennia.

The event will open with a recitation and harp music from father and daughter, Chris and Aoibhe Horan and will feature a blessing ceremony with the Dingle Druid, Juli Ní Mhaoileoin as well as the lighting of a Solstice Bonfire with percussive rhythms from Drum Dance Ireland. Uileann piper Barry Lynch and harpist Reidun Schlesinger will

perform some of the ancient music of Ireland and a group of local musicians will play the tunes they listened and danced to in mid-Kerry a century ago. Sliabh Luachra poet, Eileen Sheehan will recite some of her work and singer, Joan Greene will celebrate the different international Solstice ceremonies from around the world.

The event begins at 8pm on 21st June and there is a €10 admission fee for over-16s. As there is no parking on site, those attending will be transported from the Mid-Kerry Mart car park to the site on a free shuttle bus. Attendees are advised to arrive and park up early from 7pm. Toilet facilities and limited

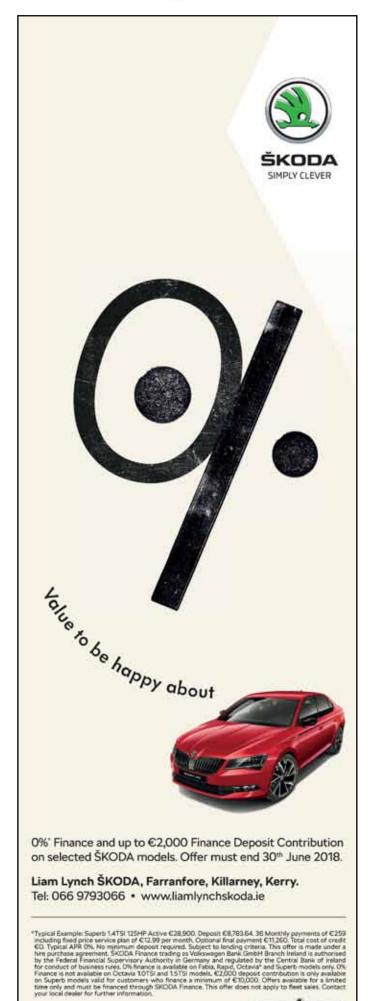
seating will be available and everyone should be dressed appropriately for prevailing weather conditions. Enquiries to fleadh2018@hotmail.com Fleadh Cheoil Chiarraí, hosted by Milltown-Listry Comhaltas Branch takes place in Milltown from 20th to 24th June and will feature free open-air performances from Stockton's Wing, All-Ireland champions, the Shandrum Céilí Band, a Sunday céilí with Uí Bhriain, family fun and frolics, Spin City Funfair, competitions, sessions, street entertainment competition and lots more. Follow @MilltownCCE and @Kerrycomhaltas for more information.



# Eddie thanks pupils at St. Brigid's

Eddie Sheehy came to St. Brigid's Presentation Secondary School on recently to thank all those who participated and donated to the Kenya Education Project. He also presented Certificates of Appreciation to the girls in St. Brigid's who ran 5k in aid of his project.

The girls were sponsored by their school friends, teachers and the wider school community to do a couch to 5k in aid of the Kenya Education Project. The girls along with Ms. Hickey presented Eddie with a cheque for €510.





Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

# **NEWS** DESK

# **Sun Protection at Aherns Pharmacy**

You can be sun-safe and still enjoy the sun as you only need to be getting 10-15 minutes of casual sun exposure per day, as this is all that is required to get the adequate amount of vitamin D3. It is important to use a suitable suncare product that will protect you from both UVA & UVB rays from the sun.

La Roche-Posays Anthelios Sun-care range is the number one selling brand in Ireland and guarantees superior protection against harmful sun rays. It offers 3 times more UVA protection than is recommended by the EU standard. This is extremely important as UVA damage can cause cancer. All La Roche Posay sun care products are water-resistant and recommended and tested worldwide by dermatologists. They are suitable for sensitive, atopic and allergy prone skin and can be applied to both face and body.



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We also stock a wide range of sun creams from Vichy, Nivea, P20 and Parasol.



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# 'Climb to Remember' Your Loved **Ones on Carrauntoohil**



he 7th annual, Kerry founded, charity 'Climb to Remember' to the summit of Carrauntoohil takes place a little later than normal this year, on Saturday, June 24th. The popular hike will see people from all over Munster rise to the challenge of climbing Ireland's highest peak in memory of a loved one, with funds raised going towards The Mercy Hospital Foundation's various appeals.

Announcing details of this year's 'Climb to Remember', was event founder Betty O'Sullivan Halpin from Listowel, who lost her mother Bernie to cancer in 2010. Each year Betty encourages both seasoned hikers and newbies to join her for the challenging trek. She said "The care given to my mother before her passing at the Mercy was second to none and I'm so grateful for everything the team there did to help her and our family. Funds raised through 'Climb to Remember' are just a little way to say support the work of the wonderful team in the Hospital. I would like to thank the Mercy Hospital Foundation for organising the event,

giving me the opportunity to remember my mother in this way year after year. I'm sure it will also give my fellow hikers on June 24th precious time to reflect on and remember their own loved ones who have passed on."

Pre-event registration is recommended, and participants can sign up at www. mercyfundraising.ie. The registration fee for the Carrauntoohil climb on June 24th is €25. Registration on the day is possible, but only for those who arrive at Cronin's Yard at 9am. Sign-in will take place at Cronin's Yard from 9 am till 9:45

am. And at 10am sharp, participants will begin their climb to the summit of Carrauntoohil. The climb will take around  $5\frac{1}{2}$  – 6 hours including a break.

Hikers will walk from Cronin's Yard to base of Carrauntohill. Travelling up Brother O Shea's Gully and past the Beenkeeragh Ridge, they will reach the top of Brother O Shea's and will be greeted with a spectacular view down into Coomloughra with Dingle Bay and the Brandon group to the northwest. Passing the top of the Central and Curved Gullies climbers will emerge onto the summit. After reaching the summit and following a break for photographs and food, it will be time to make the descent back to Cronin's Yard down the Devils Ladder. Routes are subject to change depending on the weather on the day.

Proceeds raised at this year's 'Climb to Remember' will benefit the various appeals being run by the Mercy Hospital Foundation which include the Mercy Heart + Stroke Appeal; the Mercy Cancer Appeal; the Mercy ICU Appeal; and the Mercy Kids + Teens Appeal, enhancing services in each of these areas at The Mercy University Hospital, Cork, which serves patients from all over Munster.

'Climb to Remember' is open to anyone over 16 years of age, and those interested can pre-register by logging onto www. mercyfundraising.ie or calling (021) 4274076

**Sales:** Des 087 659 3427 des@outlookmags.com





# **NEWS** DESK



# Gneeveguilla basketballer set for the International scene

young basketball player from Gneeveguilla AC has been chosen to represent Ireland in August this year.

Irish International Basketball Player Rónán Collins will head to Sarajevo in Bosnia in August to take part in the under-16 boys FIBA European Championships Group B. The twelve players that will represent Ireland at this major event was recently named by head coach Mike Lynch, and included among them is Rónán.

Rónán's selection has been proudly welcomed by Gneeveguilla Basketball Club, where he has played since he was an under-10 player. It is quite an achievement for a club in only its eleventh year to be able to count an international player among it's members. In fact, all of the Collins family are involved with Gneeveguilla BC as players, coaches, and administrators.

Rónán was first selected for the larger development national squad nearly two years ago following a series of excellent performances for club, school (Pobalscoil Sliabh Luachra, Rathmore) and school divisional teams. What followed was a lot of long trips and long training sessions around the country, as well as continuing the good work at home too. He survived cut after cut as the squad was successively trimmed to bring it to the final twelve players. Between now and August there will be a lot more preparation to be done and many more miles to travel. It will all be worth it when Rónán will pull on the green jersey to play Great Britain, Sweden, Portugal, Romania, and Luxembourg in the group stages, and more in the knockout matches next August. To support Rónán's efforts and his amazing achievement, the Gneeveguilla Basketball Club are having a fundraising walk starting at the Club Bar in Gneeveguilla village on Sunday the 24th June at 5pm. Registration from 4.00pm. Followed by BBQ afterwards. Please support. Everyone welcome.

# Kilcummin NS receives €31K for School Hall

Kilcummin National School received a timely boost ahead of the annual summer holidays with the news that the School fundraising committee have collected a whopping €31,200 in aid of the School Hall.

The money collected was from two events that were held with the €16,600 from the Christmas Liam Lawton Concert that was held in St Mary's Cathedral in Killarney and another €14,600 from the proceeds of their recent Fashion Show, which was held in the Great Southern Hotel in Killarney.

Presenting the cheque on behalf of the Fundraising Committee was Maureen Fleming who handed over the cheque to School Principal Gillian Sheehan this week.

"This is a tremendous amount of money towards the hall and collected in such a short time. I want to thank the committee for all their help to date in the two fundraisers we had and it is money that will be very well spent as we try to complete out new school hall," Principal Gillian Sheehan told the Killarney Outlook.



Principal Gillian Sheehan pictured with Maureen Fleming of the Fundraising Committee along with pupils at the school.

# Council launches anti-dog fouling campaign

A new month-long campaign on dog fouling which has been launched by the local authority and aims to change attitudes and reduce the amount of dog foul across the county.

Dog foul is unsightly, unpleasant for those who encounter it and is a major concern for walkers, cyclists and wheelchair users. For wheelchair users and the visually impaired it can take up to two hours to clean up the mess after coming in contact with dog foul. Further problems include a serious risk to children exposed to worms in dog foul leading to toxicariasis which in turn can cause blindness. Pedestrians slipping in dog foul have also suffered injuries.

The message is clean up after your dog for health, safety and environmental reasons.'











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# **NEWS** DESK

# The Fleadh is Back

## **Kerry Fleadh 2018 Launched in Milltown**



Family of Comhaltas member and driving force behind Fleadh 2018: Milltown the late Denis Courtney: daughter Caroline Courtney, granddaughter Shannon Howe, daughter Amanda Courtney and Denis' wife, Anne Courtney.

n a balmy June evening in Milltown on Friday last, a tingle of excitement could be felt at the official launch of this year's Fleadh Cheoil Chiarraí by Minister Brendan Griffin, at the Bleachfields Bistro in Milltown. Traditional tunes played outdoors on a balmy June evening is a familiar sound in the mid- Kerry village long associated with fantastic musical events and this year's County Fleadh will maintain the high standards we have come to expect. Fleadh Chairman Owen O'Shea got proceedings underway and welcomed Kerry trad supporters back to Milltown after eleven years. "This year's committee has invested over €15,000 in free street entertainment,



Cathaoirleach of Kerry County Council John Sheahan addresses Fleadh Cheoil Launch in Milltown.

includina two outdoor celiís, with triple All-Ireland champions 'The Shandrum Ceilí Band' on Friday night and local maestros Uí Bhriain on Sunday afternoon. A highlight for many will be the return of trad icons Stockton's Wing, headlined the event in Milltown exactly 20 years ago, playing on the street on Saturday night. This year also has a special Solstice Event: an outdoor concert at the Killacloghane Portal Tomb in Milltown at sunset on June 21st, celebrating the deep shared traditional roots we celebrate at the County Fleadh.

The recent discovery that monument is the oldest structure in Kerry and perhaps in Ireland has inspired our 2018 Fleadh theme-'Reconnecting with the Past." Owen also voiced the gratitude of the committee to the local businesses for their sponsorship and for taking out ads in the souvenir program to help fund the event. He thanked Kerry County Council and Chapter 23 Kerry and West Limerick Credit Unions, as well as the local Milltown Credit Union, for sponsorship.

Owen O'Shea and County Council Arts Officer Kate Kennelly both recalled fond memories of the late Dennis Courtney, the driving force behind bringing the Fleadh back to Milltown, and while this was a poignant moment for Denis' wife Ann and family, all speakers spoke of



Minister of State Brendan Griffin officially launches Fleadh Cheoil Chiarraí at Bleachfields Bistro on June 1st.

the committee's enthusiasm and commitment to make it a Fleadh Denis would be proud of.

As well as all the usual competitions, this year's Milltown festival will be a Fleadh with a difference and Owen concluded by welcoming lovers of music, song, story and dance to Milltown for a wonderful feast of free entertainment and fantastic events. These will also include family fun and frolics around Milltown on Sunday with Guido Fanzini, a funfair running all week and performances by musicians from Kerry branches on the main stage every evening. For details and full program of events, kerrycomhaltas.ie website and facebook page.

**Spraoi** Chiarraí **Returns** Concerts

Spraoi Chiarraí, the Killarnev based Irish traditional music, song, dance, and storytelling, collective, is presenting the finest young local talent again this Summer. They have had for Summer great success over the last thirteen summers and are delighted that all sponsors are again onboard this year making this years series of free concerts possible.

The first of seven concerts takes place this Saturday, June 9th at St. Mary's Church of Ireland at 8pm.lt will be a family affair with two of four members of the musical O'Lúasa family, Maighréad Ní Lúasa (Button Accordion) and Caitríona Ní Lúasa (Fiddle) of Coolea, performing. They will join Spraoi Chiarraí Producer/ Director Tim O'Shea

(Guitar/Vocals/Bodhrán). Open to all, this family entertainment is sponsored this year by Kerry Co. Council Arts Office, Killarney Chamber of Commerce and Kerry Gems Publishing. The concerts will take place at two venues in the town.There are 5 evenings "In Concert", at St. Mary's Church of Ireland, and two open air concerts "Trip to

the Cottage" at Killarney House in the National Park. The concerts feature fiddle, Irish harp, accordion, flute and whistle, Irish uilleann pipes, guitar, harmonica, bodhrán and vocals as well as (Irish dancing and Irish storytelling - outdoor only). All indoor concerts are at 8pm and outdoor performances are at 2pm.



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### **FOR SALE**

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Price Region: €265,000 BER E2

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Price Region: €90,000

# MONEY MATTERS

# By Dermot Cronin, Financial Advisor



### HAVE YOU GIVEN UP SMOKING WITH OVER 12 MONTHS?

If the answer is yes and you have any of the following:

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- Income Protection

Then it is very likely that you are paying too much for your insurance regardless of whether the policy is in one person's name or in two names. By reapplying for the same cover you have over the same remaining term there is a very strong possibility that you may have a substantial reduction in your premium. For example a 35 year old male smoker with €200000 life cover and €100000 serious illness cover over 20 years would pay at present €69.57 per month whereas for the same cover as a non smoker the premium is reduced to only €44.74 per month, this is an annual saving of €297.96 and over a 20 year term a saving of over €5959.20.

If you require any further information on the above or any financial matter please contact Dermot Cronin QFA APA at 0646622775 or dermotcroninifa@gmail.com



# **NEWS** DESK

# **WIKTOR WELCOMED AS GUEST OF THE ROTARY CLUB**

ifth year student at St. Brendan's College, Killarney, Wiktor Bogalecki was guest of honour at the Killarney Rotary Club lunch which was held in The Great Southern Hotel this week.

Killarney Rotary Club members and President Eduard Schmidt-Zorner welcomed Wiktor Bogalecki, who won the 2017-2018 Rotary Youth Leadership Competition as a guest to their weekly meeting. He was accompanied by his teacher Ms. Marie Murphy.

This Rotary Youth Leadership Competition is an intensive leadership experience organised by Rotary Clubs and Districts where young people develop their skills as a leader and make national and international connections. Killarney is delighted to have been taking part for many years and five secondary schools enter students.

"Wiktor told the us about his experience and his trip to Stormont in Belfast, Government Buildings Dublin, and the European Parliament in Strasbourg with the rest of the winners from other regions", Ciara Irwin Foley, secretary of the Killarney Rotary Club told the Killarney Outlook.

Wictor spoke about his journey with Rotary made and how it made him realise that even young people like himself are capable of making a difference.

He thanked the local Club for giving him the opportunity to represent them when he won the local round of interviews where twenty-five students from the five schools took part. He then went on to the regional finals and won his place on the 2018 trip.

Eduard the president of Killarney Rotary Club said "I am proud that Wiktor is the winner of the Rotary Youth Leadership Award. Rotary encourages people and focusses on the development and support of the younger generation. I thank our members who put a lot of work, effort and give their time voluntarily to ensure the smooth running of this project annually."

Present at the luncheon meeting also was President of Tralee Rotary Club, Graham Borley and his wife Patricia.



# **Awards Ceremony for New Garda** initiative in Killarney

A new initiative aimed at creating a greater awareness around crime and enhancing the personal safety of vulnerable people within the Killarney Community was marked with an award ceremony at Killarney Garda Station this week.

This was the first award ceremony of its kind in Kerry. The course was developed by St John Of Gods in conjunction with An Garda Síochána and was first launched in Kerry at the Kerry Parents and Friends Centre in Killarney two months ago. A large group from Kerry Parents and



Friends attended Killarney Garda Station to receive their awards.

The Streetwise Programme provides vulnerable individuals with a greater awareness about crime, which in turn enhances the personal safety of the individual.

It is delivered over eight weeks. To date it has been delivered to individuals in St John Of Gods and Kerry Parents and friends association, this award ceremony marked the first group to finish the Streetwise programme.

The course was delivered by Garda Mike Milner of Killarney Garda Station. At the ceremony Sergeant Dermot O'Connell all congratulated the

recipients on their achievement and thanked the management staff of Kerry Parents and Friends for their support and assistance over the last eight weeks.

A range of topics were covered including the role of An Garda Síochána, increased vigilance in both the home and when out in the community and how to access the emergency services. It also outlines the consequences of vandalism and the concerns around social media abuse.



### KNOCKNASKEHA, KILLARNEY, CO KERRY

Beautifully refurbished property to an exceptional standard internally with clever choice of decor and fittings, well located just 5miles from the highly popular tourist town of Killarney and all amenities.

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### 30 KILLARNEY COUNTRY CLUB, FAHA, KILLARNEY, CO KERRY

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### 6 MOUNTAIN VIEW, FIRIES, KILLARNEY

- · 3 Bed End of Terrace
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- · Ideal 1st time buyers home
- Good condition throughout
  - Ber Cert: Pending





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# THROUGH THE KEYHOLE...

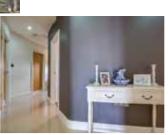
A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

PROPERTY PARTNERS GALLIVAN









Address: Coolmagort, Beaufort, Killarney. Beautifully appointed 3 bedroom bungalow (1500 sq ft) on gardens of approx 0.25 acre. This property is of exceptional standard internally and externally and is well located just outside the village of Beaufort. The property has a south westerly facing garden with breathtaking mountain and Gap of Dunloe views. This is a rare opportunity to purchase a spacious family home on a large landscaped garden with easy access to Killarney.

Agent: Property Partners Gallivan College Square, Killarney, Co. Kerry Tel: 064 6634177 www.propertypartners.ie

Price Region: €240,000 BER D1 Ref: 1175

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427.** 



# St. Brigid's Secondary School celebrate their Awards Ceremony



Principal, Roisin Moore, Aaron Benson, Ciara Carroll (recipient of the Orla Benson Award 2018] and Fiona Carroll

The students of St. Brigid's Secondary School celebrated their annual award ceremony on Thursday morning 24th May. The ceremony was held in the school gym which was packed to capacity with parents, students and staff. The audience was entertained by wonderful music and singing from the choir and music students including an amazing solo by Ora Mordant.

The categories of awards included School Council, Art, Music ,Science, Mathamatics, Excellence in Sport, P.E., Outstanding Contribution to School spirit, Full School Attendance, Technical Graphics, Design And Communication Graphics, L.C.A. Student of the Year, Poetry Aloud, Generosity of spirit, Public speaking, Young Entrepreneur, The written voice, Hidden Heroine, Photography, Model United Nations, The Amber Flag ,Cycle against Suicide Ambassador Award, School goes Orange Day and Labhairt na Gaeilge.

Guest of honour was Moira Murrell ,past pupil and C.E.O. of Kerry County Council ,who addressed the audience with her memories of the time she spent in St Brigid's emphasising



Siobhan Burns (winner of the CEIST Award 2018], Mary Burns and Roisin Moore.

the importance of education. She also encouraged the students to return and settle in Kerry after they have travelled the world, reminding them that there are wonderful job opportunities in the county.

This year was the fourth year of the Ceist award which is presented to students in 107 Ceist schools around the country.

The award is a perpetual trophy and is awarded after a process of teacher nominations to a 6th year student who best reflects the core values of CEIST, namely promoting spiritual and human development, achieving quality in learning, showing respect for everyone, creating community and being just and responsible. This year the award was presented to Siobhan Burns.

A special award was presented by Tom Tobin and Anthony O'Connor from Kerry Stars Special Olympics Club to Emma Quirke in recognition of her incredible contribution to Kerry Stars Special Olympics Club at the Castleross Swimming club every Friday night.

Following the presentation of most of the awards, a 6th year slide-show prepared by



Ellen Kennedy (Winner of the Picture Perfect Photography Competition)

Mr. Hughes entertained a captive audience. The Princip Ms. Moore then addressed the audience and congratulated each and every student on their contribution to the school in the past year .She also made special mention of those who work quietly behind the scenes to ensure the smooth running of St Brigid's ,with special mention of the office staff ,canteen staff and the caretakers Kevin and Tim

The final award was the Orla Benson Memorial Award. Orla was a past pupil, who died tragically in 1995. Since 1997 her family generously sponsor a bursary in her memory. The recipient is a 6th Year student nominated by teaching staff based on the following criteria:

Full participation in the life of the school, has cooperated with peers and staff, has used leisure time in a creative way, has shown leadership qualities, has shown a sense of humour and is full of the joys of life and like Orla gave time and talent to help those in need. Aaron Benson, Orla's brother presented the award to Ciara Carroll who received a standing ovation from both students and staff.

A wonderful day was had by all.



(First year Presentation Cup Final winners) Sarra Neher, Alicia Burke, Sophie Dennehy and Chloe Hue.



Hannah O'Leary, Marie O' Donoghue and Roisin Chambers.

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en of thousands of festival goes soaked up the fun and fantastic atmosphere at Ireland BikeFest 2018 over the June Bank Holiday weekend

Motorcycle owners and enthusiasts, from over twenty countries including Ireland, the UK, Germany, Italy, Spain, France, Poland, Denmark, Norway, Switzerland, the Netherlands, South Africa, Lithuania, Latvia, The Czech Republic, Papua New Guinea, Argentina, Belgium, Canada, New Zealand, Australia and the United States gathered at the festival headquarters - The Gleneagle Hotel.

An estimated 50,000 visitors passed through the Bike Village over the long weekend to partake in the festival activities, soak up the atmosphere and enjoy the free entertainment. "Ireland BikeFest 2018 was a resounding success," said Breffní Ingerton, Chairperson of Ireland BikeFest "and contributed to a bumper weekend for the whole of Kerry and further afield."

"The weather added to the camaraderie among all festival goers which was fantastic," said Breffni Ingerton. "Record numbers visited the Bike Village over the weekend to check out the bikes, do a demo ride, ride the Wild Atlantic Way enjoy the free entertainment and get up close and personal with one of the world's most iconic brands Harley-Davidson®. The key to its success is its wide appeal and the incredible atmosphere, everyone attending just wants to have fun."

Rastislan 'Rusty' Mizenko from Killarney was the lucky winner of the Harley-Davidson Street 750° motorcycle in the "Win a Harley-Davidson" raffle in aid of Muscular Dystrophy Ireland.







online. Submissions should be made in writing and addressed to:- Senior Planner, Planning Policy Unit, Planning Department, Kerry County Council,

email address only: planpolicy@kerrycoco.ie CONTACT: dhealyrae@gmail.com - 0872316055

CONTACT:

County Buildings, Rathass, Tralee and marked: 'Draft Killamey Municipal District Local Area Plan', Submissions will also be accepted by email to the following

maurahealyrae@gmail.com 0877816432









# TAX MATTERS

CLLR MAURA

With O'Brien Coffey MacSweeny Accountants & Statutory Auditors

## Home Renovation Incentive

The Home Renovation Incentive (HRI) provides an income tax credit to homeowners and landlords who carry out qualifying renovation and improvement works. In order to qualify for the HRI, the work must be done between 25 October 2013 and 31 December 2018 for homeowners and between 15 October 2014 and 31 December 2018 for landlords.

The HRI credit is payable over the 2 years following the year in which the work is carried out. It is calculated at a rate of 13.5% on all qualifying expenditure over €4.405 (before VAT) up to a maximum of €30,000 (before VAT). Qualifying works include extensions and renovations to the home, window-fitting, plumbing, tiling and plastering.

### Rules:

To qualify for the HRI as an owner-occupier, the work must be carried out on your principal private residence. Landlords can qualify for work done on their rental properties. These rental properties must be occupied by a tenant and registered with the Residential Tenancies Board within six months of the work being completed.

You must be paying income tax - whether under PAYE or self-assessment - to avail of the HRI. If you are a homeowner or a landlord, you must be up to date with your Local Property Tax.

If you are a local authority tenant, you must get prior written consent from the local authority to carry out the works. Any contractor you use must be participating in the HRI scheme. This means they are registered for Value Added Tax (VAT) in Ireland and are tax-compliant. You can see if your contractor is a HRI qualifying contractor by checking HRI online in Revenue's myAccount before the work begins, to see if they have entered details of the works to be completed at your home. If several contractors, such as a builder, a plumber and an electrician, carry out qualifying work on your home or rental property, you can combine the cost of the works to make up the minimum qualifying amount.

O'BRIEN COFFEY MACSWEENY

To discuss the above, or any other financial matter with one of our advisors contact 064 6632045 or info@obcm.ie

# FRANCES KELLEHER COACHING

### LIFE AND EXECUTIVE BUSINESS COACH

Darwin said "It is not the strongest of the species that survives, nor the most intelligent. It is the one that is the most adaptable to change." This is true in life and business. Admitting that something is not working is the first step in working towards a better life/business.

The next step required is to act to find the solution. Once we do our integrity builds, we start to feel better and the situation immediately becomes less agonising because we are now working on the result. Psychologists say fear stands for Fantasised Experience Appearing Real.

Testimonial;
Frances has been a huge support and I have really been on a journey and I got quick results. I was excited about the sessions. I really trusted Frances with each session. I had the structure, fluidity and tools to empower myself and my business. I felt re-energised and ready for the most magnificent year ever! I will be referring you to my friends and clients. Each session was from the heart, authentic and empowering. Thank you, Frances. I wish you so much success in your coaching business. Amanda Friel, Ray of light Yoga.

Blind swimmer Enhamed has been blind from age 8. His limiting beliefs told him he could not achieve what he wanted because he was blind. He let go of his fear and and is now considered the best Paralympic swimmer in history winning 4 gold medals in Beijing and 2 in Athens. If he can do it so can you.

Do you have a bigger, higher vision for your career or company? Do you want to find your true purpose in work or life? Would you like to have better relationships or find the right partner? Are their goals in your life you want to achieve but don't know where or how to start? If you answered yes to any of the above I want to help you move past the fear and negative thoughts, so you can live up to your full potential.

47% of our everyday behaviour is habit. Good thoughts turn into good habits which turns into good days which turns into a good life. Just imagine your ideal day, Darwin also wisely said." A man who dares to waste one hour of time has not discovered the value of life." Don't waste any more time, invest in your life. It the only one you have



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> Don't be afraid to hall be afraid of not living a full passionate life,





# TOWN TALK



The town is gearing up to welcome Prince Charles and Camilla to Killarney next week beginning on the 14th June. They will be the first royals to visit Killarney since Queen Victoria visited in 1861. Best of luck to all the Leaving Cert and Junior Cert students sitting

exams at the moment!Reminder that the Old Market Flea takes place this Sunday 10th June in the Old Market Lane from 12pm. To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

### **FAMILY FUN WALK**

The Gaelscoil will host a family fun walk on Sunday June 10th at 12pm at the Castlerosse carpark The event is open to all and is a fundraiser for the ISPCA (Irish Society for the Prevention of Cruelty to Animals). The 4th class pupils came up

ONATHAN OʻKEEFFE (16), A PUPIL AT ST. BRENDAN'S COLLEGE, KILLARNEY, vho won a Special Merit Award in this year's 64th Texaco Children's with the idea and are organising it. Walking the circular route via the Demense and returning to the carpark. There will be a pet trivia quiz on the route. Dogs are welcome! There will also be refreshements and face painting. Donations will be collected on the day.

### SHOWBAND CONCERT

The Legends Of The Cork Showband Era are playing at the Gleneagle Hotel tonight Friday 8th June at 8pm. Tickets available.

### **INTRODUCTION TO** ROCK **CLIMBING**

Wild Goat Adventures are holding an introduction to rock climbing course on Sunday June 10th from 9am – 4pm at the Gap of Dunloe, Killarney. The course is designed for those who are new or unfamiliar with rock climbing, you will learn the basics in climbing outdoors from our fully qualified instructors. The Gap of Dunloe is a great venue for climbing, with beautiful views and a great atmosphere. No Experience Required. Roped climbing and bouldering, coaching movement skills. Learn how to manage the rope through tying in and belaying. Introduction to placing gear and setting up anchors. Wild Goat will supply harnesses and helmets, you will need runners for climbing if you do not have rock climbing shoes.So contact them if you want to know more: info@ wildgoatadventures.com. Contact them now to

### SANDIE BYRNE MEDIUM

book your spot and for more information.

International Psychic Medium Sandie Byrne will host an evening of Mediumship on Thursday 14th June at Great Southern Hotel at 8pm. The evening will consist of an explanation of the process of afterlife communication, a demonstration of mediumship and a short question and answer session. Sandie will deliver a brief lecture to explain how communication from the afterlife works she will deliver random messages for people in attendance. Not everyone is guaranteed a connection on the evening, but whether you receive a reading or not you will be completely uplifted by witnessing the evidence of love and living that will come through from the spirit world. A ticket for the event quarantees you a seat at the event, it does not

guarantee a connection. The event is suitable for people over 16 years only and anyone under the age of 18 should be accompanied by an adult.

### **FAIRY TRAIL**

Family Fairy Trail Fairy trail and unicorn rides will take place in Lickeen Woods, Glencar, on Friday, June 22 from 5pm - 8pm .All are welcome to the family fairy trail event to help raise money for the maintenance of Lickeen football field. Come and enjoy the enchanted forest fairy trail, there will be unicorn rides, a fancy dress competition for boys and girls, penalty shootout, face painting, bubbles, raffles, pop corn, teas, coffees and cakes and much more very close to this .Call 0877445094 for more directions

### **FUN WALK FOR MS**

Multiple Sclerosis South Kerry Branch will host a sponsored Family Fun Walk in aid of MS South Kerry Branch on Saturday 9th of June 11.00am, gathering at the Deenagh Lodge opposite St. Mary's Cathedral, Walkers, Joggers, Families & Family Pets are welcome. Registration from 10am



Tony darmody (Killarney) with his wife Kay after he was presented WITH HIS KERRY ETB CERTIFICATE ON THURSDAY EVENING IN THE ROSE HOTEL,TRALEE PHOTO JOE HANLEY

# **RAMBLING HOUSE** at Heritage Centre Scartaglen Monday 11th June at 9p.m. Admission free,raffle and refreshments. All are welcome.

# RETIRED NURSES ASSOCIATION KERRY BRANCH

The Summer quarterly meeting of the Retired Nurses Association Kerry Branch will take place on Monday next, 11th June in the Killarney Court Hotel commencing at 11.00am. The guest speaker will be Consultant Dermatologist Dr. Catherine Gleeson. The Summer and Autumn social activities programme will be outlined and all members are invited to attend. New members are always welcome to join our association.

# NATURAL HOUSE CLEANING WORKSHOP

The Cottage Herbalist will host a natural house cleaning workshop on Saturday June 9th at 4pm at the Shimra Health & Wellness Centre 41/42 High Street( above French Bakery, Petit Delice) Did you know that the air pollution in our houses is from two to five times worse than, the air pollution outside, all because of the commercial house cleaning chemicals? Scientists prooved that chemicals in commercial house cleaning products can cause irepearable hormonal changes in a human body, destroy our nervous system or cause a strong allergic reactions or long term allergies, moreover children are absorbing those chemicals way faster than adults! If you want to stop using toxic cleaning products at your house and protect your health, this workshop is just for you! You will learn and make all replacements for popular cleaning detergents, which are natural, safe and more eco-friendly (no substances harmful for the enviroment, no non-recyclables, even re-use some of the food scraps!). On this hands on experience you are going to make your own products like:- laundry powder- fabric softener all-purpouse cleaning Spray- bathroom cleaning lotion- floor wash- dishwasher tabletswashing-up liquid.To book your space please call 0862347356 or email: cottageherbalist. cosmetics@gmail.com

### YOGA KIDS AT MUCKROSS

Yoga Kids Summer Camp will take place this July at the Schoolhouse Muckross. It promises to be a fun filled week of yoga, games activities arts and



KERRY STARS ATHLETES MARY CLAIRE MCCARTHY, MARTINA HEALY, ANTOINETTE O'LEARY, JOHN PAUL DOYLE, MARTINA MCCARTHY, EMMA DOOLAN (BACK FROM LEFT) VINCENT LACKE, BRENDAN O'CONNELL, JONATHAN KERINS, GARY O'SULLIVAN, PAUL KLBRIDE, GER O'MAHONY, TIMMY DAN O'SULLIVAN, WHO WILL COMPETE IN THE SPECIAL OLYMPICS IRELAND GAMES IN JUNE REPRESENTING MUNSTER WITH TRAINERS LIZ O'CONNELL, JOAN BRODERICK AND PAT LOONEY IN DUBLIN.

crafts including morning yoga classes outside, animal farm, learn to bake bread, woodland play area, make your own yoga routine, design your own yoga story, build your own yoga den, treasure hunt and much more. July camp runs Monday to Friday 9:30-12:30 . Four to seven year olds camp takes place on the week beginning 9th July. Eight years plus will take place on the week beginning the 16th July and four to seven year old camp will take place again on the week starting 23rd July. Contact Aileen Kingerlee 0860399358

### **COFFEE MORNING**

Killarney locals Elaine Doonan and Aoife Cooper will host a coffee morning in the Muckross Community centre from 10am to 12.30pm on Sunday, June 10. Aoife (a physiotherapist) and Elaine (a nurse) will be volunteering this coming October in Uganda with Nurture Africa. Nurture Africa is an Irish-founded nongovernment organisation that works in Uganda with a focus on healthcare, education, child protection, gender equality and economic empowerment.95 cent of every euro raised goes directly towards project costs in Uganda. This allows for the free treatment and care of HIV infected children and their parents. They also provide free primary healthcare treatment to vulnerable children for deadly but curable illnesses such as malaria, pneumonia, TB and measles. Sustainable livelihood projects provide financial management and business training and micro-finance loans to allow families work their way out of poverty. It promises to be a morning of delicious coffee, cakes, raffle prizes, along with entertainment from the Killarney School of Music. All money raised will go directly towards fundraising efforts for the charity. Everyone is welcome and all support would be greatly appreciated.

# KILLARNEY WALKING FESTIVAL 2018

The Killarney Walking Festival will take place on June 22nd, 23rd and 24th with a variety of walks to suit all ages and abilities whether your interest is in history, culture, wildlife or simply walking and indulging in the the breath-taking scenery The Killarney Walking Festival has it all. For further information on walks and family entertainment check out their website www.killarneywalkingfestival.ie. One of the main events will be the opportunity to climb three of Ireland's Highest Peaks with the most experienced Guides, Beenkeragh 1010 m, Carrauntoohil 1039 m and Caher 1001 m. With a distance of 15 km this route offers a spectacular climbing experience. One of the most Iconic Reeks climbs. Outstanding views of the Iveragh Peninsula, Kenmare Bay and Dingle Peninsula. Departure time 9.00am/Duration 6/7 Hrs

# KERRY'S FIRST ESCAPE GAME

Kerry's first live escape game, Escape Killarney, has opened its doors down Bohereencael Glebe. The novel indoor activity challenges groups of 2-6 people to solve a series of clues and get out of a room before time runs out. It's a test of cleverness and teamwork where you get locked into a room for 60 minutes (or less if you can get out beforehand) you have to solve clues, and puzzles and ciphers to try and find your way out. It sounds like great fun and definitly different!For more information visit escapekillarney.ie.

### **INISFALLEN ISLAND MASS**

Mass will take place on Inisfallen island on Friday 15th June at 6.30 p.m. Boats leave from Ross Castle from 4.30 p.m. onwards. It is open to all and is a lovely opportunity to visit and attend mass in the tradition of the monks of old.

# **EDUCATION OUTLOOK**

# Make the most of the opportunity to do well in the State Exams



(By Billy Ryle)

After a long wait, there is tangible relief that the state exams are finally underway. Like many important milestones, the anticipation is often worse than the event itself. The first morning was the most nerve racking as it involved some formality. However, once the question papers were distributed and the candidates warmed to their task, the tension of the morning quickly evaporated.

The exam timetable mainly prioritises compulsory subjects during the early days of the exam. As the exams progress into the second and third weeks, the optional subjects are nicely spaced out allowing for study days. But, as they continue until Friday, 22nd June, it's important to treat the state exams more like a marathon than a sprint. After sitting a few subjects, candidates now realise that exams test not only your knowledge but also your concentration and ability to utilise every available minute. So stay in exam mode until you leave the exam venueafter the very last subject.

Depending on the subjects being sat, the entire exam will conclude reasonably early for somecandidates. Others will have to stay focussed until the very last subject on the final day. Irrespective of when you are due to finish the exam, keep inmind that you have prepared diligently for the exam. This is what you have been waiting for. Make the most of the opportunity to do well. Reap the rewards of years of study by performing to your optimum ability in each subject.

After three busy days of exams, the coming weekend will bring welcome relief and give candidates a chance to relax a little, to take stock and plan ahead. Spend as little time as

possible on post-mortems. Review your tactical approach over the first week. If you are totally satisfied with your strategy before, during and after each subject then you need change very little. Focus on next week's subjects and forget about the subjects that have already been examined. Your entire concentration must be on the subjects still to be examined.

The weekend provides an opportunity to recharge the batteries for the second week and to do somesubject revision. Take some active leisure to burn off the residual tension of the first week. It will help you to sleep soundly and to maintain the levels of stamina, endurance and staying power needed for the challenges ahead. Avail of a few good nights' rest, which is essential for alertness. Resist the temptation to study late into the night. Confine your study to daylight hours, enjoy your period of exercise and go to bed early. Defer any late night socialising until your exam is over. Keep your fluid intake high to avoid dehydration but be moderate in your use of artificial stimulants such as tea and coffee. Keep a clear head by abstaining from alcohol during the exam

Concentrate on subjects being examined next week. Prioritise your revision according to the timetable. Go over the tips and predictions that have been made for the subjects you are sitting during week two. Use your study days well and study wisely by not cramming. At this stage the quality of your revision is more important than the length of time you spend at it. On the evening before each paper spend an hour or so looking over your notes so that the important concepts are fresh in your mind.

You are off to a great start after the first week.

Maintain your discipline during week two. Keep a good thought for yourself and stay positive. Have confidence in your ability to do well in your second week's papers. You are now well settled in and rising to the challenge. Deal with each subject as it comes and by this time next week it may all be behind you.

Next week, I'll have a few words of encouragement for candidates who have subjects timetabled in the final week of the State Exams.

### **CHECKLIST**

- As the exams progress, the optional subjects are nicely spaced out
- Stay in exam mode until all of your subjects are completed
- Reap the rewards of years of study by performing to your optimum ability
- During the weekend, review your tactical approach to the first week
- If you are satisfied with your strategy, then you need change very little
- Focus your attention on next week's subjects
- Prioritise your revision according to the timetable
- The weekend provides an opportunity to revise for second week papers
- Get out for a few hours of active exercise
- Defer late night socialising until your exam is over
- Keep your fluid intake high to avoid dehydration in warm weather
- Keep a good thought for yourself and stay positive

Billy Ryle is a Career Guidance Counsellor and freelance writer.

# lan joins his classmates for TY Graduation



lan O'Connell joined classmates and friends at the 2018 Transition Year Graduation Awards Ceremony in St. Brendan's College, Killarney. Back row from left are Christopher Carey Alan O'Sullivan Max Walsh Diarmuid Cahill Tomas Holohan Diarmuid O'Donoghue Michael Kearney Gavin O'Regan Jack O'Connor. Front from left are Fionn Holohan Padraig Looney Cian Murphy Ian O'Connell Michael Horgan Jonathan O'Keeffe. *Picture: Eamonn Keogh* 



Jack Galvin who received the St Brendan's College Gold Medal for Academic Excellence and the Dr Mac Curtain Memorial Award for outstanding achievement in Maths and Physics with his parents Jerry and Nora, Sean Coffey Principal and Lorna Larkin Chairperson Board of Management at the St Brendan's College Awards at the College Killarnev.





# **Killarney Community College TY Graduation 2018**



TY student of the year Karolina Gunia

On Friday, 25th May 2018, transition year students graduated from Killarney Community College. The morning was delivered by TY co-ordinator Ms. Kerri McCarthy who congratulated the TY class of 2018 on their many magnificent achievements throughout the year. Transition Year students spoke about the highlights of the year including; The Apprentice Chef, Making a film with artist and filmmaker Mieke Vanmechelen, completing their Bronze Gaisce President's Award, going to the ploughing championships, completing their emergency First Aid course with Sheilah Nolan, Surfing at Inch Beach, involvement in the Business in the Community Programme in association with Marks & Spencers, completing public speaking with fair city actor Alan Devine. They spoke about learning new photography skills with Michéal O'Sullivan, and completing their car safety course with the Munster Driving Campus. They spoke about their involvement



TY STUDENTS AT KILLARNEY COMMUNITY COLLEGE: Back Row L-R: Lilith Rose Kenny, Karen O'Donoghue, Natalia Leane, Anthony Polyak, Paulina Kowalewska, Kelsey Somers, Paula Funes Genis, Patrick Dineen, Ms. Kerri McCarthy (TY co-ordinator) Stella Loughnane (acting principal) Front Row L-R: Vera Scheffer, Karolina Gunia, Orlaith Murphy, Laurel O'Neill, Emma Lynch, Lucia Delgado.

in the Jigsaw programme and the positive impact that it has on the school community. They spoke about the volunteer work that they completed in the community, fundraising for various organisations throughout the year including: Barnardos, SouthWest Counselling, The Irish Cancer Society and the Special

### TY Students received following **Certificates:**

- First Aid Certificate
- Bronze Gaisce President's Award Certificate
- Young Social Innovators#
- FAI Coaching Certificate
- Sign Language Certificate
- Rowing Certificate
- Business in the Community Cert active participation in the skills at work programme
- Driver Safety Programme Certificate
- · Aware Live life to the full Skills Course with Dolores O'Riordan

- Public speaking certificate from Alan Devine A special part of the morning included Special Certificates given for the following categories: The winners included;
- Commitment and Dedication Award 2018 -Karen O'Donoghue.
- TY Student of the Year 2018 was awarded to

According to Ms. Kerri McCarthy "Transition Year in the college was another huge success. Each year it is evolving more and more. The students are excelling in all areas both academic and extra-curricular, in particular this year our TY student Natalia Leane won the all Ireland Apprentice chef title. The graduation day is a very proud day for both parents, teachers and students in the college as we got to celebrate and acknowledge the many achievements and accolades received throughout the year".

# St. Brendan's celebrate Transition Year Graduation



At the 2018 Transition Year Graduation Awards Ceremony in St. Brendan's College, Killarney, were back row, from left, Alan O'Sullivan Connie Cremin Mulrey Calum Neher Danny Cronin Diarmuid O'Donoghue Tomas Holohan Emmet Finnan Eoin Moynihan. Centre Row from left are David O'Connor Padraig Doyle Jack Corridan Adam Grzesiak Brian O'Leary Conor Brosnan Marc Woodard Max Walsh Curtis Hall. Front from left are Diarmuid Cahill, Seán Myers, Donal O'Connell, Mr. Sean Coffey, Mrs. Bridget Lucey, Brian O'Doherty, Christopher Carey Thomas Cronin. Missing from photo are Darragh Kennedy and Darragh O'Callaghan. *Picture: Eamonn Keogh* **30 0111100k** 08.06.18



At the 2018 Transition Year Graduation Awards Ceremony in St. Brendan's College, Killarney, were back row, from left, Mark Cooper Eoghan O'Sullivan, Keith Myers, Michael Kearney, Nathan Counihan, Niall O'Doherty, Jack Duggan Matthew Maye. Centre Row from left are ?anna Coleman Eamon Long, Adam Kelly Dylan Doona Oliver Cremin Mulrey Darragh O'Leary Kasper Klocek. Front from left are William Brosnan Gary O'Sullivan Caolan Ryan Mr. Sean Coffey Mrs. Bridget Lucey Ramon Gallardo Perez David Cantillon Adam Walshe. Missing from photo is Brian O'Driscoll. Picture: Eamonn Keogh



# OGRAS



· don Ghaeilge · don Óige ·

# Campaí Samhraidh Iúil 2018 Irish Language Summer Camps July 2018

Aois/Age 7 - 12 years

Ógras is the oldest Irish language youth organisation founded by Conradh na Gaeilge in 1969 to give young people an opportunity to practise their Irish in a fun environment.

Objectives: Promotion of the Irish language I Personal & Social Development of young people I

I Promote awareness & understanding of our National Culture & Heritage

Hurling - Football - Soccer - Basketball - Volleyball - Badminton - Unihoc - Art -Team Development Games - Conversational Practice - Drama - Music - Quiz - Trip and lots more.

# GNÍOMH GO LEITH/GNEEVEGUILLA

DATES: July 9th - 13th TIMES: 10am to 2.30pm With a Trip on Thursday VENUE: Gneeveguilla GAA Hall



# BAILE UÍ THAIDHG / BALLYHEIGUE

DATES: July 23rd - 27th TIMES: 10am to 2.30pm With a Trip on Thursday

VENUE: Ballyheigue Community Centre

### BAILE AN MHUILINN / MILLTOWN

DATES: July 16th - 20th TIMES: 10am to 2.30pm With a Trip on Thursday **VENUE: Nagle-Rice Community** 

Centre

# TRÁ LÍ / TRALEE

DATES: July 16th - 20th TIMES: 10am to 2.30pm With a Trip on Thursday **VENUE: Cumann Iosaef Hall** 

COST OF CAMP: €55 for first participant and €50 for each subsequent participant

from the same family. Cost of Trip and Free T-shirt also included.

CONTACT: Risteard Ó Fuaráin, Munster Development Officer with ÓGRAS on 087 2194992 or email: mumhan@ogras.ie and www.ogras.ie.







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Important parts of training that are sometimes overlooked:

- 1. Mobility
- 2 Activation

### MOBILITY

As an athlete your focus should be on increasing the range of motion around your joints so that the can move in all planes of motion so when playing sport and can react in game situations. For example, catching a high ball in football/ basketball if the shoulder has restricted movement in the range of motion, the player may not have the ability to reach over his/her head to field the ball.

Activation- the ability to get key muscle switched one to help prevent injury and improve performance. An example of this is Glute Activation an exercise like hydrants and crab walk.

### WHY BOTHER??

Having your glutes activated and firing means they are ready to work out for example in running if our glutes aren't working it puts the hamstrings under extra pressure because it has to work harder which may lead to injuries.

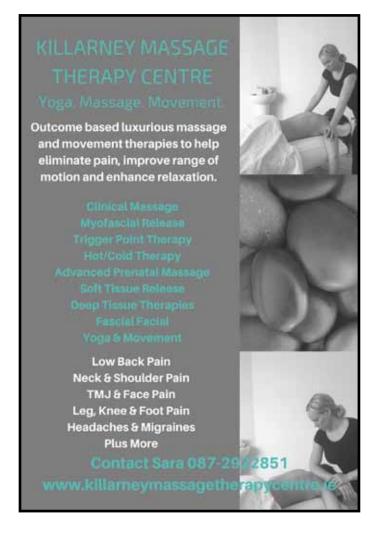
Both mobility and activation work should be done in the athlete's warmup each time you train, in the gym or on the play pitch.

Our "teen fit gym "unlimited membership will be commencing July 2nd. Check out website or call for details

MORE TIPS NEXT WEEK...
FITNESS WITH EDELE 087-7643449
WWW.FITNESSWITHEDELE.COM









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MSC. PHYSIOTHERAPY BSc. ATHLETIC THERAPY AND TRAINING Chartered Physiotherapist

Approved by all major Health insurance providers.



### Jimmy Galvin MISCP MCSP

MSC. PHYSIOTHERAPY PGdip. EXERCISE AND SPORTS MEDICINE

Chartered Physiotherapist

Approved by all major Health insurance providers.



### TRY THIS BEAUTIFUL CALMING MEDITATION

Nowadays there is so much "noise" all around us. There are so many things all competing for our attention

- from friends and family to the television, radio, mobile phones, social media, work related issues and our own inner dialogue! Take a few minutes to do this beautiful calming meditation. Read through the instructions and then talk them back to yourself in your own mind as you sit quietly.
- •Make sure you are comfortable and won't be disturbed for a few minutes.
- •Close your eyes and take a deep breath
- •Bring your awareness and attention to behind your eyes.
- •Imagine there is a connection from the base of your spine to the earth. Maybe you see this as strong roots extending from your spine into the earth's rich soil or perhaps it's a column of light that connects you. •Feel yourself becoming more grounded. Feel yourself getting more present.
- •Call your energy back to behind eyes.
- •Imagine you can move your awareness up a bit and back a bit. Still in head but in a place you can observe your thoughts rather than think them.
- •Notice your thoughts. What are the distracting thoughts that may be there right now?
- •See them floating by and drifting away. Become even more present and focused in that calm space in vour head.
- •Ask what's the most important thing that I need to be aware of today? Notice if mind second guesses that. Let it float away. Use your intuition.
- •Allow yourself to sit quietly for a few minutes just focusing on your breathing and being aware of how you are. Don't try to change anything, just practice noticing what's there without judgement or opinion. •When you feel ready, open your eyes, stretch a little and have a fabulous day!

I am running an energy medicine healing circle on Wednesday June 27 at the Killarney Court hotel at 7.30pm to 9.00pm. The cost is 15.00. Spaces are limited so please let me know asap if you would like to book a place.

066 9766374 | life\_coachingunlimited@yahoo.ie









### RATHMORE/GNEEVEGUILLA

by Michael O'Mahony

EAST KERRY MENTAL

### **HEALTH ASSOCIATION**

wish to express their gratitude for the fantastic support they received for the Annual Plant Sale & Coffee Morning which was held in Teach Mhuire Day Centre. €1,996.83 was raised for this worthy cause. Thanks again to all who supported

**SYMPATHY** to families & friends of Sr. Mary Lenihan, Holy Family Convent,

Tullamore and & Tureencahill whose funeral took place on Wednesday in Tullamore. John Patrick O'Sullivan, Mallow & Newquarter whose funeral took place on Tuesday in Mallow. To Brenda Moynihan and family Beheenagh on the death of her mother Christine O'Sullivan, Muckross, Killarney, Pat Delaney 16 Countess Grove, Killarney, Kerry & Woodsgift, Kilkenny. GAA,Thomas McCarthy Ardanavooly & late of Coolcorcoran Killarney May Sr. Mary, John Patrick and Christine Pat Thomas rest in peace.

### **CEMETERY MASSES:**

Monday . 11th June – Gneeveguilla Wednesday 13th June – Knocknagree

Monday . 18th June – Kilquane Wednesday 20th June – Nohoval

Monday 16th July - Behinaugh Thursday 19th July - Old Chapel all masses at 8pm.

### CORPUS CHRISTI PROCESSION WITH FIRST HOLY COMMUNICANTS:

First Holy Communicants from all the National Schools in the parish will be in Rathmore Church getting ready to process after Mass in annual Corpus Christi procession on this Saturday 9th June after 6pm Mass. Dressed in their beautiful communion clothes, the children once more will radiate the beauty and innocence of their faith as they walk with the Blessed Sacrament which they have received very recently. Our sincere thanks to all the teachers in the national schools who prepared the children together with parents and families, especially thank the teachers and parents for such beautiful art work which has adorned the churches since Communion day. Please hope that weather conditions will be favourable for the procession. The First Holy Communicants who will lead this procession will assemble in the front of the Church together with parishioners and various groups with banners who are taking part. Then we will process up through the graveyard and down through Holy Family N.S. grounds and finish at the altar at the Grotto. All are welcome. **COFFEE MORNING** in aid of kerry parents Friends Association at the killarney plaza Hotel & spa window Bar on Friday the 8th June 2018. From 10-12 in menory of Antoinette Cronin Rathmore on her 50th Birthday. Al welcome

### **HEART SAVER CPR/AED COURSE**

A limited number of Free places are available to the public on Defib and Child /Infant CPR Courses which normally cost 70 euro funded from the Garry O'Leary Memorial Walk.

Further information from Denis Desmond 0876245071 email: Denis.desmond@augh.com Brian Kelly 087 2536808 email: subway@gmail.com



Community Services following their annual Pancake/Coffee Morning fundraising event. Front from left are Kevin and Cathal Griffin, Down Syndrome Kerry, Teresa Irwin, Soroptimist Ireland National President, Emer Moynihan, Killarney Soroptimist President, Trinette Larkin and Pearl O'Connell, Killarney Community Services. Back from left are Patricia Griffin, Catherine McMullin, Anne Wrenn, Mona Looney, Eileen Foley, Kathleen Keane, Clair Bowler, Frankie McMahon and Noeleen O'Sullivan. . *Picture: Eamonn Keogh* 

### A DATE FOR YOUR DIARY

There will be a function to mark the retirement of Mr Diarmuid McCarthy, Principal, Holy Family National School, Rathmore on June 22nd at 8pm. in Teach Iosagain. A Few Upcoming Events All Happening In Tureencahill Community Centre. **BRIDGE FOR BEGINNERS.**.Mondays 7 30 - 8 30 .Contact 087 4135640 or 085 1741551

ANNUAL BARBEQUE . Sunday 1 July ..Catering By Denis Doody & Music With Neily O Connor

.More Detail To Follow

SLIABH LUACHRA MUSIC SUMMERSCHOOL

. July 23 -26 ..Contact 085 1741551 or 087 0576107 To Book Your Place

**RAMBLING HOUSE** at Heritage Centre Scartaglen Monday 11th June at 9p.m. Admission free,raffle and refreshments.

All are welcome.

### SOUTH KERRY U14 FEILE HURLING TEAM

Best of luck who travelling to connaught to representing kerry in Feile na nGael on this 8-10 June 2018 players from rathmore, Dr. Crokes, and st, Pat East kerry make up the team.

# KERRY SENIOR ON MUNSTER SENIOR CHAMPIONSHIP SEMI FINAL

Congratations to Paul Murphy all the kerry team managerment agaisit clare on sunday last in fitzgersld Stadium

### **KERRY LADIES FOOTBALL**

Congratations to kerry Ladies team and management, special mention to Laoise Coughlan, Sarah Murphy, Aislinn Desmond, Aoife Callaghan, Brid Ryan and Sinead Warren representing Rathmore LGFA on sunday last in Munster LGFA Championship in Fitzgersld Stadium let hope that we see more Ladies Football game before Men games in further.

### FRIENDS OF UNIVERSITY HOSPITAL KERRY

Mr Tom McCormack University Hospital Kerry Tralee 0667184000,

For Advertising Aofe Fleming Email; friendsofkgh@gmail.com

Michael O'Mahony Email momahony14@gmail. com Tell; 0876676817, East End Rathmore

The Friends of University Hospital Kerry are fundraising for equipment The Annual

Greyhound Meeting has raised well over £2 million since 1990. The generosity of the people of Kerry has provided much needed equipment for the hospital.

This year the money will be used to buy equipment (ultrasound scanners, infection detection equipment and orthopaedic equipment) for several departments in the hospital.

If you like to contribute, your donation will be acknowledged in the local papers (£100 – gold sponsor, £50, - silver sponsor, £25, bronze sponsor) you can also nominate a dog and enter a draw for £300 (£20 per dog or £50 for 3 dogs). The Annual Greyhound Meeting will be held on Friday13th July 2018, in the Greyhound stadium, Tralee Tickets cost £5 and each ticket will be entered into a draw (first prize £300, second prize £100, third prize £50).

If you want to contribute, contact any name above.

### **NOTES**

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com)or ring or text 087--6676817. before sunday 6pm.

### **LISTRY NOTES**

### LISTRY SOCIAL COMMITTEE

We wish to advise Seniors in the Listry / Milltown Parish and surrounding areas that we are organising a day trip to Fota Wildlife Park on Tuesday June 26th-Bus leaving Listry Community Centre at 10am approx. Anybody wishing to travel on this trip should contact any of the following Committee members immediately-Mary 0872187204, Breda 0877442694 or Joan 0867944494 to book a seat. The small bus will start collecting at approx. 9 am that morning and follow the usual route. We look forward to meeting you all again on the day.

### **LISTRY MEALS ON WHEELS**

Looking for volteering drivers for about hr every three weeks.

### **BEST WISHES**

Best wishes to Noreen O'Dwyer, Ballytrasna.

who has been appointed Vice Principal at Loreto Secondary School, Bray, Co. Wicklow

### **LISTRY NOTES**

### **LILY OF KILLARNEY JUNE 8TH IN GLENEAGLE**

We are delighted to announce that the judges for the 2018 Lily of Killarney are, Jake Carter and Karen Byrne. The winners of RTE Dancing with the Stars. Tickets for the dance & announcement ONLY are €10 and are payable at the door on the night strictly from 10pm.

### **U17 COUNTY CLUB 9 A SIDE**

Our boys made it all the way to the final but lost out to Finuge at the last hurdle. After three nights of football the semi final and finals were played in John Mitchells. Well done to Donal Daly and PJ Reidy on a great tournament.

### **LADIES FOOTBALL**

U12 Girls played away to Ballymac but lost to the Tralee side

### **UPCOMING FIXTURES**

Juniors Fri June 8th @ 7.30pm Spa away to Gneeveguilla. Senior Co League Rd 6. Sat June 9th @7.30pm Spa home to Templenoe

June 12 @ U12 Girls away to Ballyduff

### **CLOTHES COLLECTION**

Please drop off your used (any condition) but clean clothes, shoes etc to the clubhouse. Further info contact Anne Holland 0857780883.

### IAN O CONNELL TRUST

Anyone looking for sponsorship cards for the Ian O'Connell Trust for the Ring of Kerry Charity Cycle pls contact Deirdre on 0876332773.

VOLUNTEERS needed for the Ring of Kerry Charity Cycle on Saturday July 7th - Medical Volunteers needed to help out on the day and also sweepers with small bus/minivan needed to pick up cyclists and/or bikes along the route and return to Killarney! Anyone available to help please contact Deirdre on 0876332773 or contact the RoK Committee!

### **LOTTO**

8 12 22 28

No jackpot winner. Lucky Dips €50 each Casey, Muckross Grove.

MacGillicuddy, Tiernaboul.

Larry Hickey, C/o B Cronin. Casey Family, Knockmanagh.

Next weeks draw in The Killarney Heights for €4,200

### **SPA GAA CLUB GOLF CLASSIC**

Will be held on Friday 20th July 2018 at O'Mahony's Point, Killarney. Teams of 4 €240 or tee-boxes sponsorship €100. To enter a team, book tee times or sponsor a Tee Box pls contact Billy Morris (0868579248); Mary Cronin (0876898146); Seanie Kelliher (0876298613); Andrew Garnett (0861911263)

### **BEST WISHES**

To all the students sitting their junior and leaving certs.

### **CONGRATULATIONS**

To former senior lady football Caragh Cronin on her recent marriage to Conor Farrell.

### **NEW SPONSORSHIP**

Spa u12 team welcomed new sponsors Bellview Woods Childcare. Manager Rosemary Doolan presented the jerseys to Spa players Emmet Spillane, Cian Russell, Cathal Mackey,



Killarney Soroptimist Club presented a cheque for €1950 euro to Down Syndrome Kerry following their annual Pancake/Coffee Morning fundraising event. From left are Teresa Irwin, Soroptimist Ireland National President, Kevin Griffin, Down Syndrome Kerry, Emer Moynihan, Killarney Soroptimist President, Cathal Griffin and Patricia Griffin, Down Syndrome Kerry. Picture: Eamonn Keogh

Adrian McCarthy (Manager), Rosemary Doolan (Manager), Danny Coffey (Capt), Conor Sowerby, Luke Doolan and Shane Doolan

### **FOSSA NOTES**

### **LOTTO**

3rd June 2018

Numbers drawn were 12, 16, 21, 26. There was no jackpot winner and the consolation winners were F Keating, 22 Main St Killarney, Josephine Coleman, Rock Road Killarney, Eoghan Donnellan, Aghadoe, Margo Griffin, Barleymount and Mairead Murphy, Gneeveguilla. Next weeks jackpot will be €3,9000.

### **ENROLLMENT**

Anne

Two Mile Community National School are currently enrolling for all classes for September 2018. Contact 064 6633018 or email principal@ twomilecns.ie

### **FOSSA/TWO MILE COMHALTAS**

Come along to a music and singing session for young musicians and singers in Fossa GAA Clubhouse, Fossa on Saturday, 9th June 5 -6pm. This is very much a fun session where the emphasis is on playing music and singing for enjoyment. All ages and abilities. Adult musicians wishing to help are welcome. Further details Tim 087 2413116 or Eileen 087 6284053.

### **KILCUMMIN NEWS**

### **SYMPATHY**

Sympathy is extended to the family of Patrick 'Patsy' O'Connor, Tournonaugh, who died recently. May he rest in peace.

### I.C.A.

Instead of the Monthly Meeting Wednesday 6th June, we will be going on a walk in aid of Pieta House, leaving the Rural Development Office at 8pm. All welcome

### **PILGRIMAGE TO KNOCK**

Pilgrimage to Knock on Saturday June 16th. Mass for the group at the Apparition Chapel. Book at Kilcummin P.O. €30 includes bus fare and breakfast.

### **CERTIFICATE OF PERSONAL DEVELOPMENT**

A SHEP Certificate in Personal Development will be offered again this Autumn in Tralee and Killarney Further details from Deirdre on 087-7728089 or e-mail deirdre.osullivan@

### **SOCIALANDHEALTH.COM BRÚ COLUMBANUS**

A 10k Fundraiser Trek will take place on Sat 9th June in Kenmare to raise funds for Brú Columbanus. Brú Columbanus provides 'home from home' accommodation for the relatives of seriously ill patients in Cork Hospitals and Hospice, especially relatives of sick children. Registration is €20, online at www. brucolumbanus.com. Phone 021 4345754 or 087 2787074

### **KILCUMMIN GAA KILCUMMIN GAA LOTTO**

There was no winner on Monday 4th June, 2018. Numbers drawn were 4, 12, 20, 27. Consolation prizes were €100 Pat Fleming, Clydine, Kilcummin. €60 Sheila O'Connor, Coolick, Kilcummin. €60 Mary McSweeney, Cape Cod. €30 Eddie O'Brien, Knockinane West Kilcummin. €30 Tony Sugrue. Next Draw Sunday, 17th June, 2018. Jackpot now €11,750.

### **MASTERGEEHA FC**

### **PREMIER A**

Mastergeeha 2 Listowel 2. Mastergeeha got a deserved point at home on Sunday morning to ensure their premier status for next season. Mastergeeha started the better with James Nagle, Jer Sheehan and Tom Templeman all going close early on. Mastergeeha took the lead when Tom Templeman finished well after a good move. Mastergeeha double their lead early in the second half when James Nagle scored. The visitor then got a goal back mid-way through the half and equalised with 10 minutes remaining.

### **U16 SHIELD FINAL**

Camp Juniors 2 Mastergeeha 3. It was fitting that the lads final schoolboys game was at headquarters as they went in search of the double to cap their best season ever. Although underdogs, they took the game to Camp and

f

went ahead on 10mins as Ian O'Connor fired home from close range following a long ball into the box from Shane Warren. Camp drew level 10mins before the break with the aid of a cruel deflection but Geeha responded within a minute when Darragh O'Riordan bundled home following good work by Cathal Ryan. In the 2nd half Cian Dineen went close from 20 yards before Camp drew level again and began to take control. Geeha didn't panic and defended well with Daniel Herlihy outstanding at the back. Then in true cup final drama as the game neared full time Sean Kennedy played in Philip O'Leary who rounded his man and swept home the winner to send the travelling support wild. A truly magnificent result to cap a dream season for the lads and management team. Well done to all.

### **FAI SUMMER CAMP**

Places for the FAI summer camp which will be hosted in Kilbrean Park from July 2nd - July 6th can now be booked through the FAI summer schools website. Please book early to avoid disappointment at https://camps.fai.ie/summer-soccer-schools/

### **MASTERGEEHA FC LOTTO**

There was no winner on Friday 1st June, 2018. Numbers drawn were 2, 20, 21, 22. Consolation prizes were €100 Roise Curran, Park East, Spideal, Galway. €30 Michelle Doolan, Rathanane, Kilcummin. €30 Rachel Walsh, Muckross, Killarney. €30 Tim O'Sullivan, Killarney. Jackpot

now €7,400.

### **GLENFLESK NOTES**

### GLENFLESK SENIORS (SPONSERED BY O BRIENS TOPOIL AND THE KERRYWAY)

FIXTURE; Our Senior team travel to Dromid Pearses for Rd 6 of the Co. League on Sunday June 10th at 2pm. All support welcome.

# GLENFLESK JUNIORS(SPONSERED BY O BRIENS TOPOIL AND THE KERRYWAY)

Our Junior team lost out to Legion in Rd 2 of the Co. Junior league on Friday last. A goal from John B O Donoghue mid way through the second half brought us level but Legion finished stronger and held on for a 1 point win.

We travel to Beaufort for Rd 3 on Friday June 8th at 7 30pm.

### **KERRY LADIES**

Congratulations to Emma Dineen and the Kerry Ladies on reaching the Munster final with an impressive win over Waterford on Sunday last.

### **KERRY PRIMARY SCHOOLS GAME**

Congratulations to Callum Cronin who played so well in the Primary Schools game at half time of the Munster Final on Sunday last.

### **GLENFLESK LOTTO**

No winner of the lotto which took place in The Corner Bar on 21/5/2018. Jackpot €3,400 Numbers were 3,7,20,22

1. Joan Desmond, Stagmount 2. Lizzy Spillane(Seller's prize ) 3. Kevin O' Callaghan , Inch, Clonkeen. 4. Dermot Kelly, Cools, Headford.

5. Donie and Seano c/o Corner Bar.

The next draw will take place in the Kerryway on Tuesday 5/6/2018, and the Jackpot will be  $\in 3,600$ 

### **GLENFLESK COMHALTAS**

Fleadh Cheoil Chiarrai will take place in Miltown from 21st to 24th June 2018. All entries to Margaret Creedon before 5th May 2018. 087 2706390

### **BARRADUFF COMMUNITY FIELD**

Time of Year for planning your child's Summer Camp, Active kingdom coming to Barraduff Community field again July 16th. There has been some great feedback over last few years with kids really enjoying all different activities. Find out more at www.activekingdom.ie

### **RAHEEN NS**

Congratulations to Gerard Warren who had the winning lotto no. 43 on Saturday the 2nd June.

### **SYMPATHY**

Sympathy is extended to the family of East Kerry Board member Pat Delaney, who passed away recently. Ar dheis Dé go raibh a anam.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.

### **BEAUFORT NOTES**

**PILGRIMAGE TO KNOCK** - A bus will leave Beaufort village for Knock on Sunday July 15. Details 0646644319 or 0646644252

# A worthwhile Year for Community College Graduates



2018 Graduates: Included are Michelle O Sullivan, Georgina O Shea, Sadie Murphy, Kaylyn Murhill, Natalia Kennedy, Anne Lynch, Sara Fitzgerald, Sally Almanassier, Jessica Chain, Elaine Kearney. Left to right; Christopher Buckley, Tara O Shea (Tutor), John Keane (Course Coordinator), Dympna Healy (Tutor), Marie McKenna (Tutor), Igor Lozko

ongratulations to the Office Administration Class of 2017/2018 on the successful completion their studies from Principal and Staff Killarney Community College! Continuing on the education pathway is on the cards for some of these graduates who have already committed to courses in Third Level Education. Other graduates have already secured full and part-time administrative employment. We here in the College wish them all the very best in their future pursuits.

Why not make your year worthwhile with our PLC Office Administration course in Killarney Community College. UP RESKILLING, SKILLING, GAP YEAR, RETURN TO WORK, **PROGRESSION** ROUTE TO COLLEGE, LEARN NEW SKILLS....build your confidence with this highly successful one year full-time course in Killarney. Acquire key information technology and typing skills, learn bookkeeping/accounting procedures office expertise. administration Course Director John Keane

highly recommends this course which upholds its reputation on the success of past students in employment both locally and abroad and Third Level progression.

It should be noted that since 2006 Killarney Community College has been providing students with an advanced progression route into Year 2 of the Higher Certificate or BA (Hons) Business Information Management in the Institute of Technology, Tralee. Many of our past graduates have achieved Bachelor's а Degree in the field of Business and some have gone on to pursue a career in teaching.

Killarney Community College has a strong connection with businesses and employers in the locality leading to effective opportunities for work experience and employment.

If you are interested in an opportunity like this, course details and online application are available online at www.killarneycc.ie

Our Reputation is your

Success!

### TIPS TO HELP AN ARTHRITIC DOG

Seeing a dog suffering from arthritis is something that nobody wants to go through. Your fourlegged friend, who was always up for running around and playing fetch, is now suffering and unable to partake in their favourite activities. Joint pain, specifically osteoarthritis, is common in companion animals such as dogs. In fact, one in four dogs suffer from osteoarthritis. Dogs are also prone to bacterial arthritis, rheumatoid arthritis, and septic arthritis.

In addition to pain, other symptoms of arthritis in dogs include limping, difficulty rising, snapping when petted, a change in personality, and difficulty with stairs. Depending on the cause, arthritis may affect one or any number of your dog's joints.

- \* Take your dog for regular checkups so that your vet can monitor the arthritis and make necessary adjustments to the treatment plan.
- \* Use ramps to help your dog get in and out of a car or up onto a bed or sofa.
- \* Put down carpets and secure rugs to help your pet get traction as he walks.

\*Exercising an arthritic dog is not easy, but this is something you have to do. While too much exercise can cause pain in the joints, lack of physical activity will only make the condition worse. Therefore, staying moderately active will keep your dog's muscles strong, as well as improve circulation to those achy joints.

\*Swimming is often recommended as an alternative exercise for arthritic dogs. This nonweight bearing exercise will help to keep the joints mobile and the muscles working well.

\*A relaxing massage from time to time is beneficial to an arthritic dog. Massages help to increase circulation to the painful joints as well as improve your dog's flexibility and increases their sense of well-being. Always use gentle, circular strokes to massage your dog.

\*It's very important for dogs suffering from arthritis to maintain a healthy weight. Any additional weight adds more pressure and pain to your dog's achy joints. With controlled exercise and a healthy diet, weight loss is possible.

\*Heat can help to soothe painful joints, so putting a heating pad on their achy joints for 10 minutes can help a lot. Furthermore, when your dog is sleeping, put a warm blanket over them. You should consider investing in a padded dog bed or look for store-bought heating options available for pets.

### AN UNCONVENTIONAL **BUS DRIVERS STRIKE**

Japanese bus drivers are using an unusual community-based strike tactic to demand better iob security from their employers.

The drivers working for the Ryobi Group in Okayama declared a labour strike after a rival bus company opened up overlapping bus routes that charge cheaper fare.

When Ryobi would not comply with their demands for better job security, the drivers decided to continue to drive their usual routes. but they would not accept anyone's fare money. Ideally, the free-fare tactic will prevent management from claiming that the workers are putting their own needs before the community's.



The free bus rides will also help preserve the company's relationship with their passengers in the face of a rival company giving cheaper rides. Time will tell whether the tactic succeeds, but all commuters are praising the drivers for their unconventional approach.

### **QUOTE**

"To educate a person in the mind but not in morals is to educate a menace to society"

- Theodore Roosevelt.

ON THIS DATE - June 8th:

1847 - Acts setting up soup-kitchens and rateaided outdoor Famine relief in Ireland came to an

1856 -The first free settlement in Australia was established on Norfolk Island approximately 1,500 km northeast of Sydney.

1886 - Gladstone's Home Rule for Ireland Bill was defeated

1906 - Former American President Theodore Roosevelt signed the Antiquities Bill to protect ancient structures and sites of historical or conservational importance from destruction and looting.

1929 - Margaret Bondfield, a Shop Assistants Trade Union leader, became the first female minister in the British Parliament.

1942 - Bing Crosby recorded "Silent Night" and "Adeste Fideles" (O Come All Ye Faithful) in Los Angeles for Decca Records.

1951 - The Australian School of the Air began broadcasting from the Flying Doctor base in Alice Springs.

1953 - The U.S. Supreme Court ruled unanimously that restaurants in the District of Columbia could not refuse to serve blacks.

1955 - Birth in London of Tim Berners-Lee, the Inventor of the World Wide Web.

1968 - James Earl Ray, the alleged assassin of Martin Luther King, Jr., was captured by Scotland Yard police in London.

### **SNEAKERS THAT ARE PARTLY MADE** FROM RECYCLED CHEWING GUM

Chewing Gum is made from a synthetic rubber and roughly 3.3 million pounds of gum make it onto Amsterdam pavements each year, and that costs the city millions of Euros to clean up. To reduce waste and litter, city marketing organisation Lamsterdam, designer Explicit Wear, and sustainability company Gumdrop have come together to design a shoe from the recycled gum. Called Gumshoe, the shoe's sole is made of recyclable compounds made up of 20% gum (known as Gum-Tec) produced by Gumdrop. The recycled gum that was used was scraped from the streets in Amsterdam.

The Gum-Tec compounds are formed as granules and are then moulded into the sole of the shoe, which also features a map of the city. The project uses around 1 kg of gum for every four pairs of shoes; the compounds of the sole are as strong as normal rubber and even smell of gum, minus all the stickiness, the rest of the shoe is made from leather.

The shoes which will be available in June are in bubblegum pink or black and red and will cost €190 but the creators are also looking into potentially allowing customers to recycle and replace the sole when they need to (for a fee). They also want to expand the project to other major cities, and to introduce an easier and more sustainable way for people to get rid of their chewing gum.

### **GREAT BRITAIN LOOKS SET TO BAN EXPORT OF LIVE ANIMALS FOR SLAUGHTER**

Great Britain is moving towards a ban on exporting live animals for slaughter after announcing a major review of laws regulating their transport.

The policy comes amid rising anger over animals suffering health problems and death as they are taken in trucks across the continent.

"All animals deserve to get the respect and care they deserve at every stage of their lives," environment secretary Michael Gove said.

"It's unacceptable and completely unnecessary that live animal are exported and transported over long distances for slaughter or further fattening," said Dr. Marc Cooper, head of the RSPCA's farm animals department.

"We would like to see live exports from GB banned and a maximum journey time of eight hours introduced."

Last year the British government enforced mandatory CCTV cameras in slaughterhouses and increased the maximum prison sentence for animal abuse from six months to five years.

Mr. Gove said all options for future improvements of animal welfare are being considered, including the ban on live export for slaughter.

### KILLORGLIN GOLF CLUB

Ladies: 9 Hole Stableford sponsored by Haven Pharmacy, O'Sullivans: 1. Maire Ni Loinsigh (24) 20 pts (B6). 2. Betty Griffin (36) 20 pts. 3. Emma Daly (21) 10 pts (B3).

9 Hole re-entry Month of May sponsored by Vice Captain Kathleen Keating:1. Eileen Devane (26) 21 pts (B6). 2. Christina O'Sullivan (28) 21pts. 3. Maire Ni Loinsigh (24) 20 pts.

Silver Swans 9 Hole Stableford 30/5/18: 1. Maire Ni Loinsigh (24) 17 pts. 2. Marian Healy (30) 15 pts.

**FIXTURES:** 18 Hole Stableford sponsored by O'Sullivans Bakery can be played Sat 9th or Sun 10th June. Arrange own time and partners. Ladies Open Day sponsored by FEXCO is on Tues 12th June. Time Sheet in Pro Shop 0669761979.

# ROSS GC, KILLARNEY - GENTS CLUB -

### **RESULTS:**

On June 2nd/3rd we held a single stableford competition .

The winners were

- 1...Tom McSweeney (16) 37 pts.
- 2...Donie Broderick (23) 36 pts.

### **FIXTURES:**

Next weekend - June 9th/10th we will hold a single stableford competition sponsored by Murphy's Bar, College St. The timesheet is now available in the clubhouse.

Killarney Medal & Trophy Centre Club Matchplay Championship: Please note that the entry sheet for this competition is now available on the club noticeboard and all players are urged to add your name immediately.

Best of luck to the Ross GC Ladies team when they participate in their inter club competition next Saturday in Castleisland GC

### KILLARNEY GOLF CLUB - LADIES

### RESULTS OF PRESIDENT JACK BUCKLEY'S PRIZE TO THE LADIES

1st: Jane Dwyer (24):	65
2nd: Geraldine Collins (25)	66
BG: Mairead Martin (+2)	73
3rd and Past President's prize: Louise Langan (	
16) 66	
4th Aoife Frazer (19)	66
5th and Lough Guitane cup Evelyn O Donoghue	
(32) 68	
6th Amy Arthur (6)	70
7th Kathleen O Keeffe (16)	70
8th Bridie Doyle (32)	70
9th Ailish Mulcahy (9)	70
10th Joan Fleming (34)	70
11th Noreen C Buckley (22)	71
12th Margaret O Donoghue (21)	71

Front 9: Liz kelliher (16) Back 9: Sinead O Shea (16)

Back 9: Sinead O Shea (16) 33 Sunday June 10th competition is Tralee Exchange sponsored by safeguard security. The mixed on June 7th is sponsored by Adam's Garage. Both timesheets are open at present.

### KILLARNEY GOLF CLUB - MENS

Club President Jack Buckley held his President's Prize Competitions over last weekend, and Jack, and all of those who played were blessed with glorious weather and fantastic Golf Course conditions.

The huge entry of 326 Members in the Men's Competition was a justified testament to our very popular Club President, and in his speech at the presentation of his prizes Jack paid glowing tributes to all concerned who assisted him in any way, in making his Competitions the great success that they were. The winner was Matt Leacy who went around Killeen Course on Saturday and recorded the excellent score of 5 up. Matt has been a Club Member and a member of our Junior Cup Team for many years. Matt, whose late father im Leacy was a most popular Member and in whose honour a competition in his name is played for every Year. Matt is a brother of Kevin Leacy who represented our Club at Senior level again over many years. In the runners-up position again with a great score of 4 up was another member of our Junior Cup panel Peter McEnery, and in third place was Cathal White with 3 up, who, by virtue of a better back nine holes pushed Conor Healy and Seanie Kelliher who recorded the same score into 4th and 5th positions respectively.

Full results are as follows, 1st Matt Leacy(5) 5 up, 2nd Peter McEnery(8) 4 up, 3rd Cathal White(15) 3 up, 4th Conor Healy(9) 3 up, 5th Seanie Kelliher(11) 3 up, 6th Patrick Fleming(18) 2 up, 7th Eugene O'Sullivan(5) 2 up.

8th Jack Joseph McGillycuddy(8) 2 up, 9th James "The Rock" O'Neill 2 up, 10th Shane Connole(11) 1 up, 11th DJ Fleming(18) 1 up, 12th Finbarr O'Mahony(6) 1 up, 13th Andy Goulding(20) 1 up, and 14th Ronan Kelliher(3) 1 up. Standard Scratch was level Par for both days. The Boys Competition played on Friday on Mahony's Point Course was won by Colm Cagney with 43 Pts, 2nd Kieran O'Connor 39 Pts, and 3rd Adam Kelly 38 Pts.

# KERRY PITCH & PUTT CLUB NEWS

A STRONG showing by the Kerry contingent at the National Matchplay Championships in Tullamore, Co Offaly last weekend saw two Kerry players make it through to the Finals Day on Monday for the first time since 2009 even if there

were no gold medals in the end. All six of the Kerry players taking part won their First Round matches on Saturday to make it through to Sunday. John McGrath of Deerpark (Mens) and Lisa O'Connor of Tralee (Ladies Nett) would go further however in making it to the Semi-Finals of their events on Monday.

John defeated Ian Dillon of Kildare on Saturday before he had three wins over Eoin Walsh of Cork, Junior Smith of Dublin and Fermoy's Declan Freeman on Sunday in making it to Monday where he lost out to the eventual Runner-Up Ray Murphy of St Annes by 5&3 in the last four. Lisa meanwhile defeated former National Junior Ladies Strokeplay Champion Sarah O'Neill of Cork in her first match before defeating Riverdale of Nenagh's Catherine Dunne in her Quarter-Final match at the last hole 2up. She went to the last hole with Annie Galvin of Tullamore in the Semi-Finals as well in her last game but unfortunately was defeated 1up on this occasion in what was otherwise a strong showing by the young Tralee player.

Jason O'Brien was very unlucky not to join John McGrath in an all Deerpark Semi-Final on Monday as he lost out to Ray Murphy at the first playoff hole in Sunday evening's Quarter-Final. 2011 winner Damien Fleming was defeated by eventual winner Bryan Delaney of Cork in the Second Round on Sunday as Jamie Blake was defeated by Aongus Coughlan from Offaly and Listowel's Declan McCarron lost out to Irish International James Cleary of Clonmel at the same stager.

This weekend sees the County Strokeplay Championships take place in Listowel with full details to be confirmed before Sunday's play. The Bob Casey Memorial Inter-Club Strokeplay will conclude next Tuesday night, June 12th, in Castleisland meanwhile as Round Three in Deerpark had to be re-arranged for last Tuesday night in Killarney due to a heavy thunderstorm halting play.

# BEAUFORT GOLF CLUB LADIES BRANCH

2nd/3rd June - 18 Hole Stableford - Sponsored by Burke Butchers, Killorglin

1st Sally Cooper (21) 34 pts 2nd Teresa Clifford (30) 34 pts

### **FIXTURES**

5th/10th June - Round 3 Golfer Of The Year - Sponsored by Beaufort Bar

Club Fundraiser – 6th August – Single Stableford open to ladies and gents – Entry Fee €30 - Ladies Prizes sponsored by Boyles Top Line, Killorglin – Gents Prizes sponsored by Dunloe Hotel. Ring Clubhouse to book a time.

Club Scramble every Wednesday –Meet at clubhouse at 5.45pm for 6.15 pm shotgun start.



# LOOK GOLF SCOREBOAR In association with Mark Heinemann PGA & Getgolfing.ie 087 2209663

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### **DEERPARK PITCH** & PITT CLUB NEWS

National Matchplay: Some great performances at the weekend in Tullamore not least in both John McGrath and Jason O'Brien reaching the last eight of the Gents competition. John eventually made it through to Monday's Semi-Final after winning three gruelling matches on Sunday where he was defeated by eventual Runner-Up Ray Murphy of Cork. Ray also defeated Jason in the Quarter-Finals the previous evening after a gripping match that went all the way to the first playoff hole. Damien Fleming was defeated by eventual winner Bryan Delaney in Sunday's Second Round. Bank Holiday Weekend Competition Results: Sunday- First Nett: Sheila O'Donoghue &

Michael Foley 38 (B9), Gross: Ger Casey & Sheila O'Donoghue 49, Second Nett: Aidan O'Keeffe & John Murphy 38. Monday- First Nett: Aidan O'Keeffe & Sheila O'Donoghue 39. Second Nett: Sean Ashe & Sean O'Brien 411/2. No event this weekend due to County Strokeplay on Sunday in Listowel. Bob Casey: Only 6 Holes were played before

we had a freak thunderstorm that caused play to be abandoned the Tuesday before last. The tournament will now conclude next Tuesday evening, June 12th, in Castleisland. Play is open to all adult registered members in the county with a fee of €5 to play for those who have not already paid.

County Strokeplay: Scheduled for this Sunday in Listowel, the County Board are expected to confirm details of same in due course and will be announced via social media and club text when they are known. Closing Dates: Just to let anyone wishing to enter the National Strokeplay (€13) and Munster U-16 Matchplay (€5) know that the entries for same must be with National by Wednesday June 13th so we need everyone paid up and entered by this Sunday evening. No unpaid entries will be sent off.

### **CASTLEROSSE GOLF CLUB -**LADIES

Castlerosse Golf Lady Competition played 31/5 to 2/6 9hole Stableford 1st place Chan Martyn (21) 19 pts. Runner up Una Moroney (35) 17pts.



Joe Buckley (seated second from left) presenting his father's Jack Buckley President's Prize to Men's winner Matthew Leacy with Noreen C and Jack Buckley (second row from left) Derry McCarthy Captain, Peter McEnery 2nd, Simon Gallivan best gross, Conor Healy 4th, Seanie Kelliher 5th, Patrick Fleming 6th, Sheila Crowley Lady Captain (third row from left) Eugene O'Sullivan 7th, Danny Deady Guest prize, Shane Connole 10th, Ronan Kelliher 14th and Finbarr O'Mahony 12th at Killarney Golf and Fishing Club on Sunday.



Jack Buckley President presenting his President's Prize to Junior winner Colm Cagney with Sheila Crowley Lady Captain, Kieran O'Connor 2nd, Eugene O'Sullivan Junior officer, Adam Kelly 3rd, Seanie Kelliher Junior officer and Derry McCarthy Captain at Killarney Golf and Fishing Club on Sunday.



Lady Captain Sheila Crowley making a special presentation to Professional Golfer Nancy Lopez during her visit to Killarney Golf and Fishing Club, Killarney with Jack Buckley President, Derry McCarthy Captain (back from left)( Johnny Houlihan Kerry Coaches, Victor Mulcahy PRO Men's Club, Mairead Martin Junior Girls Captain, Louise Langan Committee, Ed Russell, Joan Fleming Secretary Ladies Club, Sally Cooper Junior Officer and Kieran O'Connor Junior Boys Captain on Wednesday.

# GNEEVEGUILLA ATHLETIC CLUB:

LOTTO: Lotto: no winner of our lotto draw 01/06/2018, numbers drawn were 12, 13, 15 & 19. Sellers prize winner Mossy Broanan, €50 Y/T prize winner John Barrett Castleisland, €50 to Denis Murphy New quarter, €40 each to Don Murphy Gneeveguilla, Mary Crowley Gullane & Tom Reidy Bonane. Bonus not won numbers drawn were 5, 8, 25 & 26. Next week's jackpot €9,400 plus €1,000 bonus.

MUNSTER U9 – U13: Held in Ennis on Saturday & Sunday last. The club did not pick up any medals however Danielle O' Riordan did qualify for the National Finals in the Shot U13. Our U13 girls relay team did very well as did the other individuals. The experience will stand to them. This weekend we have entered the team games U9 & U10 and we also have several relay teams competing in Castleisland. Best of luck to all. Special thanks to Eileen O' Riordan who took care of the children in Ennis on Saturday last.

**TRAINING:** Our training sessions will be winding down over the next few weeks.

**SUMMER 1 MILE SERIES:** The club will be holding the summer mile series again in 2018. Dates and venues are as follows: Wed July 4th Barradubh, July 11th Fossa, July 18th Knocknagree, July 25th Ballydesmond, August 1st Gneeveguilla with presentation of prizes.

### HANDBALL NEWS

Dominick notches up his 30th All Ireland title: Glenbeigh's Dominick Lynch will head to the World Championships later in the summer with great confidence having notched up his 30th All Ireland title at the weekend.

That 30th title came after he was crowned All Ireland One Wall champion in Mount Talbot in Roscommon. In the morning's semi-final the Kerry man defeated Mike Dillon of Galway 15-3, 15-2.

The final in the afternoon was a much closer affair with Dominick seeing off Laois's Paddy Donovan 15-12, 15-3. Donovan had defeated Tyrone's Chris Curran in his semi-final.

Dominick and a number of Kerry handball players will head to the World Championships later in the summer.

### **CYCLING NEWS**

Killarney riders dominated Road Race Round 2: Killarney Cycling Club hosted Round 2 of the Clubs of Kerry Road Race League and their riders dominated proceedings. It was a perfect evening for the races held on their regular circuit at Churchtown in Beaufort.

In the senior race John Brosnan showed he had plenty left in his lags after the Ras Tailteann as he dominated this race. Once the A1 riders caught the A2 and A3 riders who were off first Brosnan went clear and was not going to be caught.

He was a clear winner and took the 10 points on offer in the 6 round Road Race League. C o n o r Kissane, also of Killarney CC followed up his win in the first round with a second place here as he bids to defend his title.

Tralee Manor West riders David Fitzgerald and Kieran Coggins took 3rd and 5th with Kilarney's Leigh Hewerdine crossing the line in 4th.

In the underage races Callum Steadman, Killarney CC, took the u12's win from unattached rider Nuala Moloney with the three Killarney CC riders filling the rest of the top five places – Danny Falvey, Tadgh Kissane O'Sullivan and Shayna Daly.

Killarney riders took the top three places in the u14 race with Shane Galvin home first ahead of Adam Lenihan and Louis Steadman. Shauna Finn from Newcastlewest CC was 4th and Dinny Murphy Sliabh Luachra in 5th.

And in the u16's race Patrick Galvin could not be caught as he took the win from Stefan Caulfield Drier and their fellow Killarney CC club mates Ethan Slattery in 3rd and Lorcan Daly in 4th. Ben Murphy from Sliabh Luachra was 5th across the line.

This Thursday it's Round Two of the Time Trial League where Round 1 winner Paul Kennedy, Newcastlewest CC, will be looking to better his blistering 26.14.6.

# FARRANFORE MAINE VALLEY AC

The Munster Juvenile U9 to U13 Track & Field Championships were held over two days in Lees Road, Ennis. Most of our juveniles competing were doing so for the very first time at Munster level. Rachel Boyle finished in 10th place for the U10 60m sprint. Eabha McCarthy qualified for the finals of the U13 60m Hurdles. In the final she finished in 5th place with a new personal best time of 10.66sec. Mairead Walsh ran the U12 600m distance, placed 25th in a time of 2:13. Rhian McCarthy was placed 20th out of 41 competitors in the U11 600m finishing in a time of 2:07. Leah McCarthy was 11th in the U9 300m. Ryan Vickers was 21st in the U9 60m sprint, 29th in the 300m distance and 15th in the Long Jump. Isaac Vickers was 10th in the U10 60m sprint and placed 5th in the 500m distance in a time of 1:35 He also competed in the Long Jump and Turbo Javelin where he was fifth. Doireann O'Shea had a great day where she was placed 4th in the U13 Javelin with a throw of 17.71m, 15th in the Long Jump and was 9th in the Shot. Niamh O'Shea was 22nd in the U12 shot and 7th in the Turbo Javelin. Kevin O'Shea was the star of the week where he competed in numerous event in both field and on the track. His best performance was in the U10 Turbo Javelin where he won individual silver with a great throw of 18.56m National Schools Track & Field

The National Schools Track & Field Championships were held in Tullamore on Saturday 2nd June. There was a host of topclass performances throughout the action-packed day of 122 events. Aine O'Shea (Mercy MountHawk) was 7th in the Minor Shot with a throw of 8.34m. Cian Spillane (Pres. Milltown) finished just outside the medals in 4th place for the Minor 800m. He ran a new personal best time of 2:11.83. Patrick Kearney (St. Brendans) was 5th in the Junior Discus with a fine throw of 30.13m. Siofra Foley (St. Brigids) was 12th in the Intermediate Javelin with a throw of 16.70m.

There was a great turnout for the annual District

Primary Schools Sports. There was a strong turnout from most primary shhools with plenty of exciting competition in all classes. Those who were placed in the top three will now go forward to represent their schools in the County Primary Schools Sports on Wednesday June 13th at 6pm in An Riocht Track, Castleisland. All schools will be notified shortly with the list of qualifiers. We thank Listry GAA for allowing the use of their facilities and to all our volunteers who helped make the evening such an enjoyable occasion for the school children.

### **CLUB TRAINING:.**

Juvenile training on Tuesday 6pm to 6:45pm at Farranfore GAA Grounds. This will be in preparation for the Munster Track & Field scheduled for June. This is for children born 2010 (7/8yrs) to 2004 (14yrs). €2 per session. New comers always welcome.

Secondary School & Senior training on every Thursday will be at An Riocht Track, Castleisland from 7:45pm to 8:45pm. This is endurance / distance training & Field events. Last session will be June 21st. €2 club member, €4 non club member.

### ATHLETIC'S FIXTURES

Sat 9th June: Munster U9 to U11 Team Games T&F. Castleisland

Sun 10th June: Munster Senior & Masters T&F, Castleisland

Wed 13th June: Primary School Sports, Castleisland

Sat 16th / Sun 17th June: Munster U14 to U19 T&F, Waterford RSC

Sat 23rd - Sun 24th June: County Community Games Athletics, Castleisland

Sat 23rd June: Tailteann Games T&F C'ships, Santry

Sun 24th June: National League - Round 1, Tullamore

Sat 30th June: National Junior & U/23 T&F Championships, Tullamore.

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

### FIRIES COMMUNITY GAMES

The BH weekend was another busy weekend in the Community Games calendar. Firies had a team taking part in u10 football. This team was Tom Costello, Daniel Cronin, Kianan Cronin, Conor Foley, Jayden Foley, Jonathan Galvin, Daniel Gleason, Liam Harmon, Conrad Long, Shane O Loughlin, Jack O Connor, Jack O Shea, Noel O Sullivan, Padraig O Sullivan, Isaac Vickers & Conor Regan. Thank you to Sean Griffin & William Harmon for coaching the team. In the Judo competitions we had 4 children taking part from Firies. The 3 Costello brothers took part & well done to all three who all won medals. Jack & Luke won gold medals & Tom won bronze medal, congratulations to all 3 boys. Well done to Laura Flynn who also competed and won a gold medal so Laura, Jack & Luke will represent Kerry in the National Finals. Well done to everyone who took part over the weekend and to the trainers and parents for assisting and encouraging the children.firies.



U14 XC Relay team who won gold in the National Community Games. Cian Spillane, Malachy Kirwan, Cian Lynch, Conall o'Mahony & Cormac Costello representing FARRANFORE MAINE VALLEY AC.



Jack, Tom & Luke Costello from Firies medal winners in Judo

### Fun times as 400 Ladybirds, Brownies and Guides come to town

Close to 400 ladybirds and quides brownies senior branch and leaders from all over the south west of Ireland descended on Killarney recently for a Fun Day out.

The regional funday for ladybirds and brownies took place in the Killarney community college and was a day filled with lots of fun and games for the ladybirds and brownies. The wonderful guides and senior branch were there to help run the activities that were organized for the smaller girls being the ladybirds and Brownies. There were activities such as egg and spoon race, three legged race, balloon races water games, pin the tale on the unicorn to name but a few. There were also art and craft tables where every girl got to make two or more crafts to take home. The

theme of the day was the circus and there was face painting and hot dogs for everyone

"I want to say a huge thank you to the Killarney community college for the use of the field and gym. I want to say a very big thanks to all the wonderful senior branch and guides that helped out on the day. You really gave the younger girls a fantastic day. Ye are amazing", Elaine McCannon O'Sullivan Area Commissioner told the Killarney Outlook.

"I also want to say a very big thanks to our own South Kerry leaders who organized and planned the whole day. Thanks to everyone who helped in any way. It was great to see lots of happy little faces getting ok the buses to go home", she added.



Ladybirds enjoying the fun day in Killarney.



Girl Guides who helped out at the fun day



All smiles for the camera.... Brownies enjoying the fun day in Killarney.



# **Your Essential Summer Motoring Checklist**

Here's are the AA's essential checklist...

### **Tvres**

Your tyres keep you on the straight and narrow so it pays to look after them. Now is the time to check the tread depth on all four of them while the legal minimum is 1.8mm, we recommend no less than 3mm for safe driving. Don't forget to check the tyres for signs of wear and tear too, and consult a tyre specialist if you have any concerns.

Finally, top them up with air. You can do this for free at many petrol stations - check your manual or search online to find out the right tyre pressure for your car's make and model. Oh, and make sure you have a spare if there's space for one in your vehicle.

### Oil

If you want to keep your car running smoothly, you need to do a regular check of the quantity and condition of the oil in your engine monthly and before any long journey.

Make sure you have enough oil - and that it's in good nick - by using the dipstick in your engine. Park on level ground and make sure the engine has been off for a few minutes to let it cool and settle. Locate and remove the dipstick, wipe clean with a cloth and replace it fully. Then pull it out and check the oil level against the markings on the stick.

These vary from engine to engine but you should be able to see two marks - high and low. If the oil level is between the two marks then you have no problem. If it's below the lower mark then add some oil - make sure to check which type is right for your car. Be sure not to overfill the engine as this can get very

The principles above also apply for engine coolant - it keeps things cool in summer and acts as antifreeze in winter so it's very important to keep track of how much you have.

### Screen wash and wipers

Top up your screen wash reservoir before any long journey, and keep some in the boot in case you ever run out. Here's a tip - decant some into a small bottle so you can leave the big jug at home.

Take a close look at your windscreen wipers too - if they are causing streaks or smears as they wipe, or if you can see any damage to the rubber, then it's time to replace them.

### Hand wash and valet

We all like to think we keep our car spick and span but let's be honest - it doesn't always work like that. Why not take the opportunity to treat your motor to a thorough clean - inside and out? Take it to a high quality valeting service for a professional job that will leave the interior and boot spotless and fragrant. Finish the job with a hand wash and wax - many firms will do both for a single fee.

### Satnav

When is the last time you updated your satnav? You should really do it every three to six months, as road layouts can change and new developments and roads are being built or altered all the time. It's also important to do so before a big trip - you may be able to download maps for foreign countries too.

If you have the manual handy, it will take you through the process of updating your maps. If not, head to the manufacturer's website for instructions and downloads. You may need to register first, so have your device's serial number handy.

You'll also need a USB connector for your device - if you've lost yours you should be able to find a replacement on the manufacturer's website or by searching online.



Plenty of us have got stuck into the spring cleaning in the last few weeks, but why stop at the house? Now is a great time to give your car the once over, inside and out - especially if you plan on clocking up the miles at home or abroad during your summer holidays.





# VITHIT SCHOOLBOY/ GIRL SOCCER

# CUPS AND SHIELDS DECIDED ON LAST FULL WEEKEND OF ACTION: 12 GIRLS CUP FINAL:

Killarney Celtic 6-0 Camp Juniors John Murphy 12's Shield semi-final: Killorglin C 3-5 Mastergeeha John Murphy 12's Cup Final: Killorglin 1-2 Iveragh United John Joe Naughton 13 Shield semi-final: Killarney Celtic C 1-1 Dingle Bay Rovers AET Dingle Bay win 4-2 on penalties John Joe Naughton 13's Shield Final: Tralee Dynamos 4-1 Dingle Bay Rovers Tom Hayes Shield 14's semi-final: Killorglin B 1-3 Castleisland Killarney Celtic B 6-1 Inter Kenmare Tom Hayes 14's Cup Final: Fenit 0-8 Park 14 Girls Cup semi-finals: Inter Kenmare 3-0 Killarney Athletic Listowel Celtic 5-0 Camp Juniors Healy Family 15 Shield Final: Killorglin B 1-1 Killarney Athletic AET Killarney Athletic won 3-2 on penalties Tucker Kelly 16's Shield Final: Mastergeeha 3-2 Camp Juniors Tucker Kelly 16's Cup Final Killarney Celtic 3-0 Ballyhar League Action: Daly's Supervalu 13 Premier Iveragh United 3-1 Park Killarney Athletic 0-5 Mastergeeha Quills Woollen Mills 14 Premier: Killorglin 1-1 Park Killarney Plaza 15 Premier Inter Kenmare 1-1 Killarney Celtic Park 1-3 Camp Juniors

# REPORTS: KILLARNEY CELTIC AND IVERAGH UNITED WIN 12'S CUPS:

Killarney Celtic Green proved too strong for a gallant Camp Juniors side in the 12's Girls Cup final. Camp Juniors held out for about 15 minutes but Celtic scored twice in quick succession and really there was no way back. Celtic added a 3rd before half time and then 3 more in the second half.

The Celtic goals came from Leah McMahon, Fianna Bradley, Ellie May Nugent, Lucy O'Sullivan, Elizabeth Coffey and Player of the Match trophy winner Katie Doe.

Killarney Celtic captain Leah McMahon dedicated her sides win to their team mate Amy O'Connor who passed away earlier this year.

The Boys final was a much tighter affair which ended with Iveragh United taking their first ever Cup win. The South Kerry side started the better and took the lead in the 9th minute through David Kennedy. They then added the vital goal in the 24th minute through Thomas O'Brien.

Credit to Killorglin they through everything at lveragh in the second half and pulled one back when a Stevie Gannon shot was parried and Andrew Owens knock in the rebound.

Killorglin came within inches of grabbing an equaliser but Adam Kelly who was named Player of the Match made a great headed clearance from under the crossbar. Iveragh United survived to take a historic win for the club

# IN MID-WEEK MASTERGEEH BOOK PLACE IN 12'S SHIELD FINAL:

Goals from Danny Coffey, Ciaran Nagle and Liam Horgan plus an own goal were enough to give Mastergeeha a 5-3 win over Killorglin C in the John Murphy 12 Shield semi-final played in mid-week

This set up a decider with Dingle Bay Rovers which took place last Monday, the Bank Holiday.

Dynamos delight in 13's Shield Final:

With Tralee Dynamos already through to the John Joe Naughton 13's Shield final the question in mid-week was who would join them.

And it took penalties to separate Dingle Bay Rovers and Killarney Celtic C with the West Kerry side progressing 4-2 after the spot kicks. James Hoare got the all-important goal in normal time for Dingle Bay to cancel out a Cian Russell lead goal for Celtic.

And it the same player that gave Dingle Bay the ideal start to the final when he scored after 17 minutes to put his side ahead. However the Tralee side turned things around before the break by scoring twice to lead 2-1. Thomas Quilligan got the first and Liam Moroney the second for Dynamos.

Dingle Bay made a great effort to draw level but the Dynamos defence soaked up the pressure and then when they got their opportunities they took them with Evan Quilligan and Cody O'Brien added the goals to wrap up the win for Dynamos and the collected their Shield from Michael and Tommy Naughton on behalf of the family. Dingle Bay Rovers Paddy Ryan was named as Man of the Match

### CASTLEISLAND AND KILLARNEY CELTIC B TO CONTEST 14'S SHIELD FINAL:

Castleisland booked their place in the John Murphy 14's Shield final thanks to a 3-1 away win at Killorglin B. There goals came from Ryan Dennehy, Patrick O'Shea and an Alex Kepp penalty. John Burke replied for Killorglin B.

Killarney Celtic B saw off Inter Kemare at Celtic Park thanks to goals from William Harty and Tim O'Brien who both scored two each and Cormac Rowe and Gary Wynne who got one each.

Park reach the pinnacle of the 14's Cup:

Division 2 side Fenit enjoyed a great run to the John Murphy 14's Cup but came up against one of the top sides in the Premier who had already won the Regional Cup and reached the semifinal of the National Cup. As expected once the Park scored a couple of early goals there was no way back for Fenit but to their credit they never gave up.

The Park's goals came from Messiah Chirwa, who was named Player of the Match, Cillian Murphy, Cianan Cooney, Colin Doody and Ciaran O'Connor.

# INTER KENMARE AND LISTOWEL CELTIC TO CONTEST 14 GIRLS FINAL:

In the 14's Girls semi-finals Inter Kenmare had goals from Chloe Cremin 2 and Katie Cronin as they defeated Killarney Athletic in their home semi-final

The will face Listowel Celtic in the final after they got past Camp Junior thanks to goals from Kelly Enright, Mel Higgins, Tara Enright, Kiera Large and Megan Large. The final will be played this weekend.



Ballyhar Dynamos under 14s, Quills Wollen Mills Kerry SchoolBoy Division 1 Champions 2017/18. Front Left ; Decan o Connor, Padraig Fell, Stephen Palmer, Bryan McCarthy, James Horgan, Luke Ring, Hugh Walsh. Back from left Anthony McKenna (coach) , Colm o Shea, Aaron Burke, Archie o Connor, Jack Costello, Noel McMahon, Luke Costello, Frank Fell (coach). Missing from Picture , Conall o Mahony, Jack Teahan and Mark Nelligan.





Killarney Athletic under 15 team winning the Shield final on Saturday.

### **SAVED PENALTIES THE KEY TO ATHLETICS 15 SHIELD WIN:**

Killarney Athletic and Killorglin B went all the way to penalties before the Killarney side were crowned the Healy Family 15 Shield winners. Eoin Mulvanney put Athletic ahead in the first half but Killorglin B levelled it up late on. There were no further goals and so the game went to penalties. But in the shoot-out it was Athletic who took the initiative as their keeper Darragh Doolan saved three Killorglin kicks. This was a great win for a side that struggled to win games in their early years but are now the Shield champions.

### **KILLARNEY CELTIC 16'SCOMPLETES** A HISTORIC TREBLE:

With the League and the Regional titles already in the trophy cabinet Killarney Celtic needed to see off Ballyhar in the Tucker Kelly 16's Final. The game took place at Mastergeeha's Kilbrean Park and it was the Hoops that win 3-0. Terry Sparling opened the scoring after 25 minutes and the lead was doubled 18 minutes into the second half when Emmet Finnan hit the net. Terry Sparling volleyed home the insurance goal late on and Celtic had the treble secured. Sparling was named Man of the Match. The Celtic team dedicated their win to team mate Niall McGillicuddy who is battling illness at the moment.

### **MASTERGEEHA LEAVE IT LATE TO WIN 16'S SHIELD:**

The Tucker Kelly 16's Shield final was full of end to end excitement with Mastergeeha leaving it late before getting the winner. The Kilbrean side went ahead on the 14th minute through Ian O'Conner but Jack Shanahan equalised in the 33rd minute

However their lead only lasted a few minutes before a Darragh Riordan goal put Mastergeeha ahead again, a lead they held till half time.

For a while it looked like there would not be any further goals but Jack Shanahan had other ideas and he hit the equaliser with ten minutes

But just when thoughts were turning to extra time Philip O'Leary stepped up with the critical goal to send the Shield to Kilbrean Park's trophy cabinet

### **LEAGUE ROUND-UP:**

Iveragh United got the win they needed to wrap up their first ever Premier title as they defeated The Park 3-1. Oisin Breen got 2 and Ian

Iveragh United on top of the 13 Premier:

O'Sullivan the third in the win that sees them beat Killarney Celtic to the title. It certainly has been a good end to the season for Iveragh United with two trophy wins wrapped up.

Mastergeeha defeated Killarney Athletic in a relegation 6 pointer thanks to goals from Hugh Lenihan, Alan O'Leary 2, Eoin Moynihan and Padraig Moynihan.

### 14 PREMIER TITLE SHARED:

Killorglin and The Park could not be separated all season and took each other on in the last game of the Quills Woollen Mills 14 Premier league. And after this game they were still level following a 1-1 draw. Messiah Chirwa scored for the Park with Eoghan Hassett replying for Killorglin. This was probably a fair result as these were the two best teams in the Division with the Park having a particularly memorable

### **CAMP THE CHAMPS AT 15'S**

Camp Juniors knew that all they needed was a point from their last game of the season to become Killarney Plaza 15 Premier champions. In their last game they did better taking all three points following a 3-1 win away at Park. Mike Tansley got the Park goals but first half goals from Conor O'Leary and Colman O'Meara and a second half goal from Thomas O'Donnell saw Camp wrap up the Premier title.

Killarney Celtic's 1-1 draw with Inter Kenmare sees them take the third spot in the table.

### KILLARNEY CELTIC

### PREMIER A, KILLARNEY CELTIC A 4.TRALEE DYNAMOS 2.

Our A team finished off their regular league season with a win over a very youthful dynamos team. Lee Downing opened proceedings with a double which was followed by goals



Michael O'Shea, Chairman of Killarney Athletic wishing Roko Rujevcan & Matthew Horgan the best of luck in the forthcoming Kennedy Cup which takes place in Limerick from 11th - 15th June. Both Roko & Matthew are members of the under 14 Killarney Athletic team & are on the Kerry team participating in the Kennedy Cup which is a prestigious soccer tournament held annually. We wish the Kerry team & Roko & Matthew all the best

from Stephen McCarthy and Wayne Sparling. Dynamos pulled 2 back but Celtic had done the hard work to take the 3 points. Special mention also to Stephen Hayes who captained the team on his last A team start.

Premier B,CSKA Tralee 1,Killarney Celtic B 3.

The B team knew that only a win would give them a chance of avoiding relegation and they duly delivered. Despite going a goal behind this youthful team played their way back into the game. David Spillane put us back on equal terms.Lee Downing edged us in front and Jordan Reyes followed with the clincher. The B team have now completed their league programme and must now wait to see how results pan out but Jerry Falvey and his cohorts have given themselves every chance to play Premier B again next season.

U16 Cup Final Killarney Celtic 3,Ballyhar Dynamos 0.

Terry Sparling grabbed a brace and Emmet Finnan got 1 as the U16s completed a treble of trophy wins. Terry Sparling also got the Man of the Match award. The squad dedicated their win to their team mate Niall McGilliguddy who is battling illness.

U14 Shield Semi, Killarney Celtic B 6,Inter Kenmare 1.

Goals from William Harty (2), Tim O Brien (2), Cormac Rowe and Gary Wynne put us in the

U13 Shield Semi, Killarney Celtic C 1, Dingle Bay Rovers 1. Dingle win on pens.

Cian Russell got our goal in a game which went all the way to penalties.

U12 Girls Cup Final. Killarney Celtic (Green) 10,Camp 0

The U12 Girls completed a league and cup double after they overpowered Camp with a devastating display. Katie Doe,Leah McMahon and Elizabeth Coffey got 2 each while Ava O Malley,Lucy O Sullivan,Ellie Mae Nugent and Fiana Bradley got 1 each. Well done to the coaches and players on a fantastic season. Katie Doe got player of match award. The team dedicated their win to Amy O Connor.

Congrats to Fiachra Roarty 13C who made team of the week and also to Katie Doe who was named as 1 of the Girls players of the week. The Fai summer soccer camp is at Killarney Celtic from July 9th -13th and July 23rd to 27th. Book online at www.summersoccerschools.ie For pitch bookings contact Mary on 086 6485809.

All roads lead to Tralee on this friday june 8th for the Premier A Final against Dingle Bay Rovers. Celtic Lotto. Numbers drawn 1,13,16,23. No Jackpot winner. 3 Lucky dip winners receive €50. Next jackpot €5,000.

### KILLARNEY ATHLETIC

### **KILLARNEY ATHLETIC A.F.C. 7-A-SIDE**

Under 15 Shield Final Killarney Athletic 1 Killorglin 1 Athletic win 3-2 on penalties.

A fantastic team performance, with Eoghan Mulvanney scoring in the second half with a great strike of both posts and in. Killorglin equalised 10 minutes later & with no further goals we went to penalties. Cometh the hour, cometh the man, with Athletic 2-1 down & needing a miracle up stepped Darragh Doolan who saved the last three penalties to win the Shield. Squad in full, Doolan, Carroll, McCann, Alade, Tynan, O'Brien, Pierce, Lee, Mulvanney, O'Sullivan, Bellew, Horgan, Moynihan, Osieba, O'Callaghan, Hickey, Quill, Adhmed, O'Shaughnessey, Warren & Komosa.

### **300 CLUB MEMBER DRAWS FOR APRIL** & MAY WINNERS.

April

€500.00 John O'Leary and €100.00 each to : Andy O'Sullivan, Paul Coghlan, Eanna Kavanagh, Diarmuid Cronin and Sean Landers. May

€500.00 Pat Sheehan and €100.00 each to Mikey O'Sullivan, Paul O'Neill, Rosemary O'Connor, Sean O'Donoghue and Darren Ryan. Soccer Tournament

### **SPONSORED BY KILLARNEY CREDIT UNION**

Application forms are available from the Beech Road and Park Road branches of Killarney Credit Union and at www.killarneyathletic.com. The entry fee for Senior Men: €200; Over 35s: €150; Ladies: €150

Under 10/12: €75 (Competition 15th + 16th July) Under 14/16: €100.

The closing date for senior entries (to be returned to the credit union) is Saturday 9th June before 12.00 noon. The draw will take place on Wednesday 13th June in Scott's Bar, Killarney at 9.00pm. The closing date for entry to the underage tournaments will be announced shortly. Further information is available from www.killarneyathletic.com.

### KILLARNEY ATHLETIC GOLF CLASSIC

Killarney Athletic Golf Classic is to be held on 29th June in Mahony's Point. €400.00 for a team of 4 and €100.00 for tee box. Big fundraiser for the Astro Pitch.

Killarney Athletic Website: Please check the website on www.killarneyathletic.com or Facebook for match reports, club information and contact details.

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@ hotmail.com



### FIRIES COISTE NA NÓG

U6, U8 AND U10 FOOTBALL

Our Academy (U6, U8 and U10 Football) is scheduled to visit Legion GAA Headquarters in Killarney on Saturday, 9th June at 10:30am. A date for the diary for the following week, where Firies Coiste na nOg are delighted to host a series of U10 Go Games kick-starting on Wednesday, 13th June. Further updates will be available on our social media.

### **U12 COUNTY LEAGUEAM**

The blue and white of Firies return to action in the County League on Sunday, 10th June where they welcome Na Gaeil to Pairc Eamonn at 6pm.

### **U17 CLUB 9-A-SIDE COMPETITION**

Following their thrilling performances to reach the penultimate semi-finals on Friday, 1st June, Firies put in an exhilarating display against Austin Stacks to secure their path to the final winning 2-13 to 2-09 in arid condition. Despite same, Firies put a solid opening against Laune Rangers in the final, yet came short at the final whistle, losing out 3-11 to 1-08.

### LISTRY GAA CLUB

U17S KEEL/LISTRY: Congratulations to the U17s Keel/Listry that won the Co.League Final 9 a side in Currans on Sat. 2nd June.

### **CATHAL O'DONOGHUE**

Cathal O Donoghue acquitted himself very well in Fitzgerald Stadium on Sunday last in the Cuman na mBunscoil match at half time in the Kerry Clare game. Cathal kicked the first point of the match. Well done Cathal.

### FIXTURES FOR THE WEEK AHEAD.

U12 County League Rd 3.

Home V Beaufort in Allman Park on Sat next June 9th at 3pm.

SENIOR FOOTBALL FIXTURE: Listry v Laune Rangers in the Senior Football League Division 3 in Listry on Sunday 10th June at 2pm.

### MILLTOWN/CASTLEMAINE

**SAFETY:** 

Following the recent tragedies in Ennis, we appeal to all in our community to exercise caution during the holidays, particularly in relation to swimming.

### **EXAMINATIONS:**

As our leaving and junior cert students commence their exams, we wish them the very best of luck. Hope all your hard work-studying over the years will pay off.

### **FUNDRAISING LOTTO JACKPOT DRAW:**

Our most recent draw was on Friday last.

Drawn numbers were 1,9,13 with the bonus number being 31.

Here are the six lucky consolation prize winners from the draw.

Congratulations to you all.

€50 each to:Ted and Liz Murphy and Caithlin De Mordha, Ballyferriter.

€25 each to: Michael Slattery, Castlemaine Road, John Joe Ladden, Tralee Road, Francis Farrell and Con O' Sullivan, Firies.

Our Jackpot is now €20,000 with €300 for match 3.

Sincere thanks to all who continue to support

our Fundraising Lotto.

### **NEXT DRAW IS ON FRIDAY JUNE 15 TH. KERRY SENIORS-LADIES /MEN:**

Congratulations to both panels and their management teams on their victories yesterday. Here's hoping to a great year of championship football!

### **UNDER 17 SHIELD FINAL:**

Congratulations to our Under 17's on a wonderful victory at the weekend. They defeated Kerins O' Rahillys in an epic battle. Final score: MC:5/05, KOR: 5/04.

Well done to the panel, management and many thanks to our very kind sponsors Foley's Spar/ Burkes Butchers.

### **MID KERRY LEAGUE:**

Congratulations to our seniors( sponsored by Kelly's Londis/ Larkins Bar and Restaurant) on an overwhelming victory over Laune Rangers in the final round of the above competition on Friday evening last.

### **MID KERRY LEAGUE (JUNIORS)**

Best of luck to our juniors who take on Beaufort on Tuesday June 5 th with a 7.30 throw in. Please head along and show your support.

### **BEAUFORT GAA NEWS**

### LOTTO:

The next lotto draw for a jackpot of €4,000 will be in Kate Kearney's Cottage on Sunday, 10th June.

Tickets available from usual sellers and online at www.beaufortgaaclub.com.

Thank you to everybody who support the lotto. **FIXTURES:** 

Junior men home Glenflesk, Friday, 8th at 7.30pm in County Junior League, rnd 3.





# KERRY GAA STORE

SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: 064 663 6571 Email: kerrygaastore1@eircom.net

Senior men will be home to An Ghaeltacht, Sunday, 10th June at 2pm in round 6, County League.

Under 12 Girls home home Milltown/Listry, Tues, 12th at 7pm in County League, div 1.
Under 12 Girls home Inbhear Sceine Gaels, Wed, 13th at 7pm in County League, div 6

Beaufort Senior Men 1-11 Glenbeigh/Glencar 0-04 Final Round of the Mid-Kerry League Sun 3rd Jun.

### **BEAUFORT U12 GIRLS:**

County League Div 1:Beaufort 1-06 Cromane 5-12

County League Div 6: Beaufort 3-08 Currow 0-06

### **GOLF CLASSIC:**

A fantastic day was had at the Beaufort GAA Golf Classic held in Beaufort Golf Club last Friday 1st June. The wonderful weather and golf course conditions only added to the success of the day. Thank you to all who kindly sponsored teams or tee boxes, your support is greatly appreciated.

1st place: The Beaufort Bar & Restaurant Team: 85 points: Eamon O' Sullivan, Joey Sheehan & Niall Huggard.

2nd place: The Kerry Agri Business Team: 84 points:Tom Murphy, Moss Lyons & Donie Enright. 3rd place: The Austin Rooney Team: 82 points: Austin Rooney, Fergal Spillance & Bryan Murphy. 4th place: The Paudie Lynch Team: 81 points: Paudie Lynch, Seamus O' Connor & Derry Pyne.

### **LEGION GAA CLUB NEWS**

### KILLARNEY LEGION 0-11

### **GLENFLESK 1-7**

A nice mix of youth and experience for the junior side as they edged out Glenflesk in a close fought encounter in Derreen. The Legion had the better of matters in the first half and went in at the break leading 6pts.to 3.Glenflesk upped their game in the second half and hit an unanswered 1-1 in the early stages but this brought a good response from the Legion who replied with a series of points from Finbarr Murphy and young Mike Devlin to steady the ship.Adam Moynihan in goal had a sound game and indeed Darren Looney and Damien Lyne in the halfback line were solid throughout. A tit for tat run in saw the Legion edge out the contest by the minimum at the final whistle but no doubt they'll benefit from the tight game and have the potential to develop into a very good side as they get more game time.



Fossa under 10s who played in the Kerry Community Games Under 10 Football at Na Gaeil GAA grounds Tralee on Monday Photo Joe Hanley.

### **KERRY UP AND RUNNING**

Not a huge or difficult challenge for Kerry against Clare but great to see James back and injury free after such a run of bad luck.

### **ANOTHER SUCCESS**

Congratulations to Áine Devlin and her St.Olivers School teammates who won the Kerry Primary skills competition held at the John Mitchels complex, Áine herslf has had a busy year as she made it three wins in a row at the Scór recitation held earlier in the year, a girl of many talents.

### **FIXTURE**

Co.League - John Mitchels V Killarney Legion,in Tralee Sun.10th.June at 2.30 p.m.All suport greatly appreciated for this important fixture.

### **FUNDRAISER**

There will be a bric-a-brac cake and book sale in the clubhouse on Sat.9th.June from 10 a.m.- 1 p.m.in aid of the féile boys,please support.

### **SYMPATHY**

The Killarney Legion Club extends it's sincerest sympathy to the Mc Gillicuddy family on the death of Mary R.I.P. Niall, Daithí, Sheila and family in particular are foremost in our thoughts at this time, and we are all hoping and praying for good news

### **GNEEVEGUILLA GAA**

There was no winner of last weeks lotto numbers drawn were 8,14,19,28. Lucky dip winners were €40 Joan Collins Knock, €40 Tim Sullivan Knock, €40 JD O Sullivan Kilcummin, €30 Ronan McAulliffe, €30 Jennifer and Fia Banard, €20 Joan

Finnegan c/o Mike. Next weeks jackpot €5,750 thanks for your continued support. Seniors are at home to Tarbert Sunday at 2pm. Best of luck to everyone who are doing exams.

### **DR CROKES GAA**

### **DEVELOPMENT FUND**

Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre.

### **DEEPEST SYMPATHIES**

Deepest Sympathies to the O'Sullivan and Doncel Families on the death of Christine O'Sullivan.RIP

Deepest Symapthies to the Delaney Family on the death of Pat who was a big promotor of hurling in the South Kerry area. RIP

Deepest Symapthies to the Fennell and Doolan Families on the death of Pat who was a faithful long time supporter and grandfather to players Shane and Jamie Doolan. RIP



### **LOTTO**

Lotto 6, 15, 17, 25. Jackpot e11100 Not won Match 3 3 by e135. Next draw Sunday 10th of June in Tatler Jack. Jackpot e11400.

### KILLARNEY CAMOGIE CLUB

Training continues for all age grades every Monday from 6.30 to 7.30. Please note change of venue starting on Monday the 11th June to Spa GAA Club. We will be based in Spa for the rest of the year. Thanks to everyone who helped at and attended our open day last Monday, the good weather helped and we all had an enjoyable time. Best of luck to coach Ceara Moore and our trailblazing under 14 team who are competing in the All-Ireland Feile competition up in Galway this weekend. Keep and eye on our facebook page over the weekend for scores and updates.

### MILLTOWN CASTLEMAINE GAA

Following the recent tragedies in Ennis, we appeal to all in our community to exercise caution during the holidays, particularly in relation to swimming.

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Action from the Fitzgerald Stadium as Kerry defeated Clare in the Munster Football Semi Final.

evening last.

### MID KERRY LEAGUE (JUNIORS)

Best of luck to our juniors who take on Beaufort on Tuesday June 5 th with a 7.30 throw in. Please head along and show your support.

### EAST KERRY GAA NEWS

By Michael O'Mahony PRO

### **PAT DELANEY RIP**

East Kerry GAA extends sympathy, on the sad passing away of Pat Delaney, our GAA colleague and Officer to his wife Bridget, family and friends. Pat, a native of Kilkenny, has been involved in hurling in the District and County since he arrived in Killarney in 1983. His 22nd year on the Board he is currently Assistant Treasurer of East Kerry GAA and Vice President of his beloved St Pat's East Kerry Hurling club.

Pat served as Kerry Minor and Senior Hurling Selector from 1995 to 2000, Chairman of South Kerry Hurling Board 1994 to 2014 during which time he served on the Kerry County CCC.

Parallel with his East Kerry roles of Hurling Officer, Treasurer and Assistant Treasurer, he devoted huge time promoting hurling, to his club St Pats, to South Kerry Hurling Board and at County levels.

A gentleman to his fingertips, staunch Kilkenny Hurling supporter, his passion and love of the small ball is reflected in his long commitment and drive to promote hurling in East Kerry and beyond over the past 30 years. He will be sorely missed. At dheis Dé go raibh a h-anam dílis

East Kerry Board meeting Votes of sympathies was past to following families on their Recent deaths Padraig O'Sullivan, Mangetion view Killarney, John Gavin, Drcrokes Gaa Mick Ahern, Dunrine & killcummin GAA, Thomas McCarthy Ardanavooly & late of Coolcorcoran Killarney and Kerry coiste na og, Peggy Flynn, Cordal, Cordal GAA.

### **COUNTY SKILLS FINAL**

East Kerry/Kenmare primary school girls teams  $took\,part\,in\,the\,county\,skills\,final The\,competition$ took place in John Mitchels club grounds in perfect weather conditions. All teams showed fantastic promise on the day with high skill levels on display the large watching audience were treated to superb action. Congratulatios to St. Olivers NS (Katie McCarthy, Aine Devlin, Abbie Lesley) on winning the team event with a superb display. Katie McCarthy shared first place in the individual section making it a great day for the town school. Well done to all girls on reaching the county final.

**U8 Go Games Blitzes** 

East Kerry/Kenmare U8 blitzes have been completed over the last few weeks. The standard of football was superb with all teams showing fantastic skill levels. Thanks to all clubs for supporting Vince Cooper East Kerry/Kenmare in the running of all blitzes. Thanks to all host clubs for organising the games and St Brendans College students for supporting all clubs.

### **U10 GO GAMES BLITZES**

East Kerry/Kenmare U10 blitzes will be starting in June. The host club must contact all clubs playing in that group. St Brendans College students will assist all host clubs on the day. The following is the list of groups for the U10 blitzes Dr Crokes (H) Glenflesk and Listry.

Firies (H) Legion, Kilcummin and Fossa.

Rathmore (H) Gneeveguilla and Spa.

Kenmare (H) Templenoe, Tuosist,

Kilgarvan and Sneem.

East Kerry Junior League RD2 This Tueday12th june at 7.30pm

First team at home Division 1.

DR CROKES V SPA

RATHMORE V GNEEVEGUILLA

DIVISON 2.

Killarney Legion v scartaglinillcummin v Glenflesk

# HOULIHAN SETS UP MUNSTER FINAL MEETING WITH CORK

KERRY 2-16 WATERFORD 1-6 | By Donal Barry



Glenflesks Emma Dinnen in action for Kerry on Sunday against Waterford in the TG4 Munster Senior Football Championship Semi-Final at Fitzgerald Stadium. *Photo anoisphotograpghy.com* 

erry fired their way back into the Munster final with a deserved 13-point win over a Waterford side that failed to deliver on their promising league displays from earlier in the year. It was Waterford who enjoyed much of the opening fare but a

return of eight first half wides did little to help their cause as Kerry who lost star forward Louise Ni Mhuircheartaigh to a shoulder injury on 14 minutes. At that stage, Waterford led 0-2 to 0-1 but with both sides struggling to find their rhythm, it was Kerry and player of the game Sarah Houlihan who led the way. She converted a penalty on 26 minutes that she won herself and pushed Kerry into their biggest lead of the day 1-3 to 0-2. Waterford's Eimear Fennell countered for Waterford with a pointed free and another one from play shortly afterwards but it was Houlihan that fired over another Kerry point as they headed to the break 1-4 to 0-4 ahead with Houlihan on target for all of Kerry's scores.

Kerry settled matters following a blistering third quarter with a big home crowd in support in which they scored 1-4 without reply. Houihan again in the thick of it with 0-3 while Emma Dineen raised a white flag before Andrea Murphy got in for Kerry's second goal of the day.

Waterford ran the changes and introduced Maria Delahunty and Sinead Ryan to strengthen up the forward line and Delahuty made an impact on the final quarter with 1-1.

In truth, it was only taking the bleak look of the scoreboard as Kerry fired over another eight points with Lorraine Scanlon helping herself to a hat trick of points all from distance much to the crowds delight.

Kerry now face Cork in the Munster final which will take place on June 23rd

### (errv:

Scorers: Sarah Houlihan 1-9 (0-3F), Andrea Murphy 1-2, Lorraine Scanlon 0-3 (0-1), Emma Dineen (0-1, Aoife O'Callaghan 0-1

Laura Fitzgerald, Laoise Coughlan, Sarah Murphy, Eilis Lynch, Deirdre Kearney, Aislinn Desmond, Aisling O'Connell, Lorriane Scanlon, Amanda Brosnan, Amy Foley, Louise Ni Mhuircheartaigh, Emma Dineen, Andrea Murphy, Eilish O'Leary, Sarah Houihan.

Subs: Siobhan Burns for Louise Ni Mhuircheartaigh (14), Kate O'Sullivan for Siobhan Burns (47), Aoife O'Callaghan for Amanda Brosnan, Meabh Barry for Andrea Murphy

### **WATERFORD:**

Scorers: Maria Delahunty 1-1 Eimear Fennell 0-2 (0-1F), Lauren McGregor 0-1, Aileen Wall 0-1, Michelle Ryan 0-1,

### **WATERFORD:**

Grainne Keannelly, Rebecca Casey, Michelle McGrath, Kate McGrath, Mairead Wall, Carragh McCarthy, Megan Dunford, Karen McGrath, Katie Murray, Aoife Murray, Michelle Ryan, Lauren McGregor, Aileen Wall, Eimear Fennell, Keely Corbert Barry

Subs: Caoimhe McGrath for Lauren McGregor (H/T) Sinead Ryan for Eimer Fennell (40), Aisling Mullaney for Carragh McCarthy (43), Maria Delahunty for Aoife Murray (47), Referee: Jason Mullins (Limerick).







Ith seven players making their senior championship debuts, Kerry steamrolled past Clare at Fitzgerald Stadium on Sunday to set up a Munster final date with old rivals Cork in the newly revamped Pairc Ui Chaoimh on Saturday, June 23.

This was a scintilating display of attacking football and sweet point scoring from Eamonn Fitzmaurice's men and the tactic by the manager of playing a zonal system certainly paid rich dividends.

The statistics show that Kerry scored 32 points over the 70 minutes, becoming the first senior inter-county team to score more than 0-30 in gaelic football, with 23 of those coming from open play.

Kerry's forwards scored 26 points of the final tally while four of the six substitutes introduced also made the mark.

Manager Eamonn Fitzmaurice was guick to heap praise on his young charges, saying that a number of them were in training with the senior squad last year and were developing in the background. "They were ready. They were ready to play today. They've been chomping at the bit for a chance.

"They have an awareness too. All you have to do is look at the experienced players that weren't playing today, that if you don't take your chance you mightn't get a second one," added Fitzmaurice.

The Bannermen dominated the midfield exchanges where Gary Brennan played a captain's role but despite this, Kerry's halfbacks and half-forwards were completely on top in the breaking ball situation and they managed to win a majority of the Clare kickouts.

Kerry quickly settled and moved 0-6 to 0-3 ahead by the end of the opening 15 minutes and by the 25th minute had stretched 0-12 to 0-3 clear thanks to some good quality scores from play.

When James O'Donoghue, who was back in action following a long injury lay-off, kicked the first of his four points and Kerry's tenth in the 21st minute, all six of Kerry's forwards had scored.

David Clifford impressed with a great work rate and his generosity with the ball set up

many scoring opportunities. Clifford's first senior championship point from play was greeted with a massive cheer.

Stephen O'Brien, who turned in a man of the match performance, worked like a trojan and was superb throughout while his Kenmare Shamrocks clubmate Sean O'Shea had a senior championship debut to remember, chipping in with 0-7, ending as the game's joint top scorer with Paul Geaney.

In defence Jason Foley, Peter Crowley, Ronan Shanahan, Paul Murphy, as he always is, and Tadgh Morley were superb.

It was a day to remember too for the Dr Crokes trio of Shane Murphy, Michael Burns and Gavin White who put in outstanding shifts over the 70-plus minutes.

Clare began full of intent and with Gary Brennan bossing the early exchanges, they moved into an early one-point lead.

However, their dreams of a first win over Kerry since 1992 soon turned into a nightmare as Kerry's newcomers settled into their task with relish.

The Kingdom were quickly into their stride and picking off points at will, had soon built up a commanding lead and never looked back.

Kerry led 0-16 to 0-4 at the break and by the 45th minute had stretched 0-21 to 0-6 clear. Manager Eamonn Fitzmaurice started emptying the bench, introducing Mikey Geaney, Barry John Keane, Brian O'Beaglaoich, Anthony Maher, Darran O'Sullivan and Kieran Donaghy, who got the O'Donoghue (53); Anthony Maher (0-1) for David heroes welcome he richly deserves, to the fray.

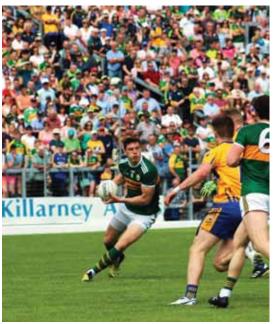
Keane (3), Anthony Maher, Mikey Geaney and Darran O'Sullivan added scores. The Clare: Eamonn Tubridy, Gordon Kelly, Cillian Brennan, rout was complete and the Banner lowered vet again.

**Teams and Scorers** 

Crowley, Ronan Shanahan; Paul Murphy, Tadgh Morley, Gavin White, David Moran, (0-3); David Clifford (0-2, 1 free), Paul Geaney (0-7, 1 free), James O'Donoghue (0-4, 1 free). Subs: Mikey Geaney (0-1) for Micheal Burns Referee: Barry Cassidy (Derry). (46); Barry John Keane (0-3) for James



# **Kerry's Sunday** Stroll in the Sunshine





Moran (57); Brian O'Beaglaoich for Ronan Shanahan (57); Darran O'Sullivan (0-1, 1 free) for David Clifford (60); Kieran Donaghy for Sean O'Shea (64).

Eoghan Collins, Pearse Lillis (0-1), Aaron Fitzgerald, Cian O'Dea, Gary Brennan, Cathal O'Connor, Kieran Malone, Eoin Cleary (0-5, 4 frees), Jamie Malone (0-2), Kerry: Shane Murphy; Jason Foley, Peter Eibhin Courtney, Keelan Sexton, David Tubridy (0-2, 1

Subs: Gearoid O'Brien for Kieran Malone (45); Eimhin Jack Barry (0-1); Micheal Burns (0-2), Seanie Courtney for David Tubridy (53); Gavin Cooney O'Shea (0-7, 4 frees, 1'45), Stephen O'Brien for Keelan Sexton (57); Eanna O'Connor for Conal O'hAinfein (59); Conor Finucane for Cian O'Dea (66).





# KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

### KERRY OVERCOME CLARE IN KILLARNEY

Kerry began their Munster campaign with a very impressive display last Sunday in Fitzgerald Stadium. It was great to see 7 players get their championship début. Overall the team showed pace and they moved the ball in quick. Any day a team puts 32 points on the scoreboard has to be considered a positive day. However there will be tougher tests ahead and Éamonn Fitzmaurice referred to the evolving situation as a 'work in progress'. The subs that came on very much contributed to the game and one can only assume that there is great competition for places given the high energy levels right to the final whistle!

There was a great turnout in the magnificent sun-drenched Fitzgerald Stadium and the Kerry Supporters certainly were very vocal in showing their appreciation for the great effort put in by all involved.

It was great having the ladies game play in the curtain raiser and congratulations to the Kerry ladies on their great win on Sunday. It was great to see sisters and brothers tog out for Kerry and play on the same day in Fitzgerald Stadium.

The primary school pupils selected to play in the half time game gave a great account of themselves and certainly did their families and clubs proud. Well done to the múinteoirí involved with the teams on the day.

For those that missed out on meeting the players after the game, you have another chance to meet some of the Kerry players in the Kerry GAA Store next Saturday from 12 until 2 as they will be present to launch an exclusive line of team wear. Everyone is welcome to come meet them!

We are now through to the Munster Final where we meet Cork in Páirc Uí Chaoimh on Saturday, June 23rd at 7pm. This will be a far bigger challenge for this young Kerry side but no doubt they will be well prepared and ready to do battle to retain their Munster Title.

# CREDIT UNION COUNTY LEAGUE AND JUNIOR COUNTY LEAGUES

Next weekend, Round 6 goes ahead in the Credit Union County Football League. Also Round 3 goes ahead in the County Junior Leagues. Updated fixtures can be found on our website www.kerrygaa.ie A reminder to home PROs to forward your county league reports to your coordinator as soon as possible after the game concludes.

### **KERRY GAA NIGHT OF CHAMPIONS**

The Annual Kerry GAA Night of Champions is on next Friday night June 8th at the Kingdom Greyhound Stadium and once again features the "Kerry GAA Supporters Club" Race of Champions, with €15,000 to the winner and an overall Prize fund of €21,000. Following three great semi-finals last Friday night the probable



Shane Murphy leads the Kerry team onto the pitch at the Fitzgerald Stadium on Sunday last.

favourite to win the 2018 Kerry GAA Supporters Club Race of Champions will be one of Ireland's top female runners Droopys Ant, with second favourite likely to be 2017 Laurels and St Ledger Winner Clonbrien Hero. We have one Kerry finalist in Ballymac Meena running in Trap 4 for Liam Dowling of Ballymacelligott. The Kerry Group Sponsored Club Sweepstake final is the important race for the clubs twinned with the six dogs who have reached the final. A prize fund of up to €4,000 will be shared by these clubs. The trap draw and clubs is as follows - Trap 1 (Ballylane Vic) Tralee Parnells & Asdee, Trap 2 (Skips Brew) Tarbert & West Kerry Board, Trap 3 (Ballymac Taxi) Glenflesk & Coiste na nÓg, Trap 4 (Confident Petal) Duagh, Trap 5 (Srasota Black) South Kerry Board and Trap 6 (Fast Mike) Fossa. All clubs have received €10 entry tickets and are asked to sell 40 tickets each and return the sold tickets stubs and €400 to the Kerry County Board by 4pm on Friday next. The €10 ticket also entitles the purchaser to be included in a raffle of 6 prizes, with the 1st prize an overnight stay in A Dublin hotel and 2 tickets for either the All Ireland football or hurling final.

The popular best dressed lady competition is sponsored by Diane Jeffers of the Jasmine Boutique and Diane will be looking for a lady wearing something elegant and race appropriate. There will be a Bouncing Castle and face painting available for children and Kerry players will be available for photographs and autographs. Music and entertainment will be provided from 7pm. First race starts at 7.40pm so come early and enjoy the night!

# KERRY COACHING & GAMES U17 9 ASIDE COMPETITION

Congratulations to Laune Rangers, Milltown/ Castlemaine, Keel/Listry and Finuge who were crowned Champions of their respective divisions last weekend in the U-17 9 a side Club Competitions.

Results-Division 1 Final Laune Rangers 3.11 Firies 1.08

Division 2 Final

Milltown Castlemaine 5.06 Kerins O'Rahillys 5.05 Division 3 Final (AET)

Keel/Listry 3-11 Duagh/Knock/Brosna 0-13

Division 4 Final Finuge 6.09 Spa 1.04

Thank you to the John Mitchels Club for providing their superb facilities for two divisions while the other two divisions enjoyed the Currans Centre of Excellence for their games. Well Done to Donal Daly and all the Coaches for

organising such a brilliant tournament.

### **JOB VACANCY**

Comhairle na Mumhan C.L.G (Munster GAA) is now seeking applications from suitably qualified persons for the position of Games Development Administrator – Hurling, which shall be based in County Kerry. Closing date for application is 3pm on Friday, 15th June 2018. Full job details and application requirements can be found on our website www.kerrygaa.ie

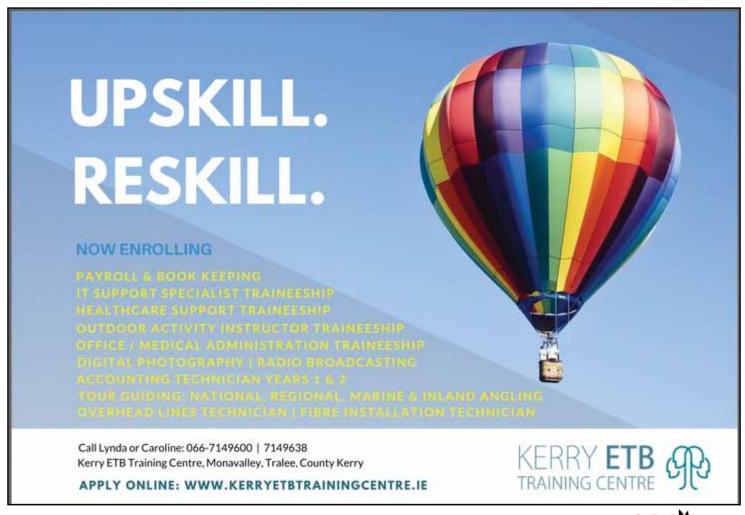
### **DEEPEST SYMPATHY**

I wish to extend our deepest sympathy to the family of the late Pat Delaney of St Pats EK Hurling Club. The Emeralds Clubman from Urlingford held many administrative posts at Club, Divisional and County level since arriving in Kerry in the early 80s including Chairman of St Pats and the SK Hurling Board, former Hurling Officer and current Treasurer of the East Kerry Board as well as being a former member of the County Committee and CCC and was also a Kerry Hurling Selector between 1998 and 2000 Ar dheis Dé go raibh a anam.

### **KERRY GAA LOTTO**

No winner of the jackpot this week but the lucky dip winners were Danny Caffrey and Shane Treacy who won €50 each. This month's lucky dip prize is 2 tickets to see Michael Bublé in concert in Croke Park!







# **Know Your Rights: CARER'S SUPPORT GRANT**

### **OUESTION**

I am 18 and flying to Spain for a holiday this summer. Can I use a passport card when travelling to Spain, and how do I apply for one?

### **ANSWER**

The Irish passport card is a credit-card sized Irish passport. You can use it for travel within the European Union, the European Economic Area (which includes Iceland, Liechtenstein and Norway) and Switzerland. So, you will be able to use it when going to Spain this summer.

You must be aged 18 or over to apply for a passport card. You must also hold a valid Irish passport that is not due to expire in the next 3 months. The personal details you provide when applying must be exactly the same as those on your passport book.

The passport card is valid for a maximum of 5 years or until your passport book expires, whichever period is shorter. If you plan to use your passport card when travelling, you must use the passport card number when checking in

The passport card costs €35. If you are applying from outside Ireland, there is an additional delivery cost of €5. You can apply for a passport card online on dfa.ie. When making the application you need:

- Your current passport book
- •Your digital photograph (see the detailed guidelines on dfa.ie)
- A valid email address
- ·A debit card or credit card

When you submit your application online, you are issued with an 11-digit application number. You can track your application's progress on the Department's website using the application number.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



Learning to manage stress is important at all times in our lives and not just around exam time. Tips to give you more control over your life include: Eating healthy food as much as possible and avoiding junk food as much as you can. Exercising regularly, even if it is for a few minutes a day. Walking, jogging, yoga, anything will do. Developing good relationships. Sleeping well. Keeping a balanced view. Learning techniques of stress management and stress relief. Remember your past achievements and take strength from them. Schedule Time for You

A really good habit to develop now, which will stand to you for a life-time is to set aside a half an hour each day to do something that just makes you feel good. Read a book or a favorite magazine, take a walk, dance or ride your bike. This time that you take for yourself will help you focus when you sit down to finish your homework.

But you may be asking 'What Can I do Now? My exams are underway. The first important thing to remember is that a relaxed body and mind is better equipped to deal with stresses and tensions. So looking after your mind and body at this time will help you to cope better with exam pressures.

Take care of yourself. Now more than ever it's vital that you take care of yourself. Don't sacrifice your health because you feel you are too busy. A combination of a healthy diet, regular exercise and plenty of sleep helps relieve stress.

### OVER THE NEXT FEW WEEKS WE WILL GO THROUGH SOME TIPS ON WAYS TO MANAGE EXAM STRESS.

Acknowledge your feelings. It is normal to feel stressed at exam time. However, if you are feeling especially stressed or depressed, you may want to look at everything you are doing see if there are one or two things you can cut out until you feel better. Be sure to talk to someone if you feel this way.

If you feel stressed or overwhelmed, it is important to speak with the adults in your life. They may not be aware of just how much pressure you are feeling to get everything done. Talk to a parent, teacher or counsellor, and ask for help in dealing with

SouthWest Counselling Centre Killarney. SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples - both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie.

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide.

info@kerrylifeline.com To make an appointment call 064 6636416/0646636100

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision





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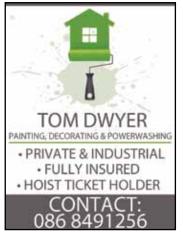








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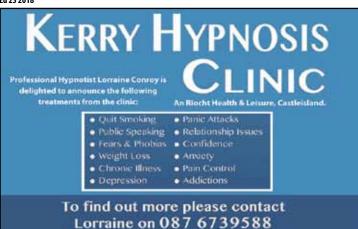
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### **SOUTHWEST COUNSELLING CENTRE, KILLARNEY**

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There are a lot of trees suitable for smaller gardens and they come in all shapes and sizes evergreen or deciduous.

There are a lot of things to consider when choosing a tree for a limited space, the most important being the eventual height and spread of the tree.

Some ornamental small trees can still reach a height of 20/25 feet.

Sometimes even these small trees can be too big for a small garden but there is still a lot of choice out there. Examples would be a weeping tree which never gets too tall and is very easy to prune back if need be.

On the other hand you can choose a tree that is columnar in shape and it won't spread out too much.

Also there are standard trees. These trees are usually about 3ft to 46t in height and grows from the top to ground level, staying at the height you plant them at.

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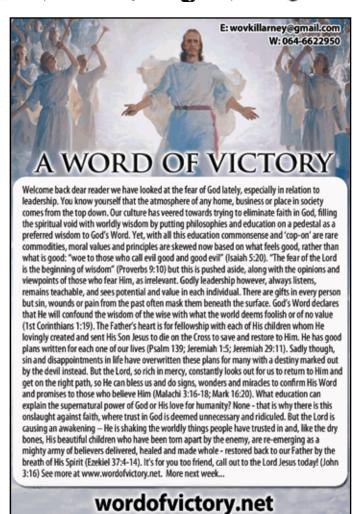
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# 60th BIRTHDAY REMEMBRANCE



In loving Memory of

### TIMMY MC GILLICUDDY

Bounard, Gneeveguilla, Whose Birthday occurs on 12th June.

You always had a smile to share, A laugh, a joke, a time to care. Each of us in our own way, Have special thoughts if you today.



Sadly missed by Catherine, Fred, Nell, Kate, JJ, sons in law and grandchildren.

### **3rd & 9th ANNIVERSARIES**





### **FALVEY**

In loving rememberance of our two darling boys Seamus & Jimmy

Seamus 26th June, 2015 Jimmy 26th May, 2009 Curragh, Aghadoe, Killarney

Our stedfast love unites us, Our faith helps ease the pain. As one day in the Fathers house, We'll be together again.

Loved and treasured forever, Mom, Jerry, Gobnait, Michael, John, Brendan, Linda, Chris, Lorraine, Ann Marie, Dylan, Mattie and Faela.

Anniversary Mass Saturday June 9th in Fossa Church at 7.30pm

Níl sa bhás ach malairt Bheatha

# NOVENA TO ST JUDE

May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever. Sacred Heart of Jesus, please pray for us. Saint Jude, worker of miracles, please pray for us.

for us.
Say this prayer nine times daily and by the end of the 8th day your prayers will be answered.
Say it for nine days, publication must be

Saint Jude, helper of the hopeless, please pray

promised.
It has never been known to fail.

A.G.M

# THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.

(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

SR

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May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever.

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It has never been known to fail.

X

# NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

# NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

### **THANKSGIVING**

Praise and thank you Father in heaven your loving son Jesus, and the Holy Spirit for all the blessings you have given me and my family. Praise and thanks to our Lady of the Sacred Heart, our Blessed Mother, St. Joseph, St. Padrio Pio, St. Martin, St. Anthony, St. Theresa of the little flower, St. Faustina, the Holy Souls. our Guardian Angel and all the Angels for their inter sessions to the good Lord for us. I trust in this wonderful Prayer, O Jesus I surrender myself to to you, take care of everything, thank you Jesus. I believe in the power of prayer.

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Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.

(Mention favour).

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(Mention favour).

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Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

Prayers answered.

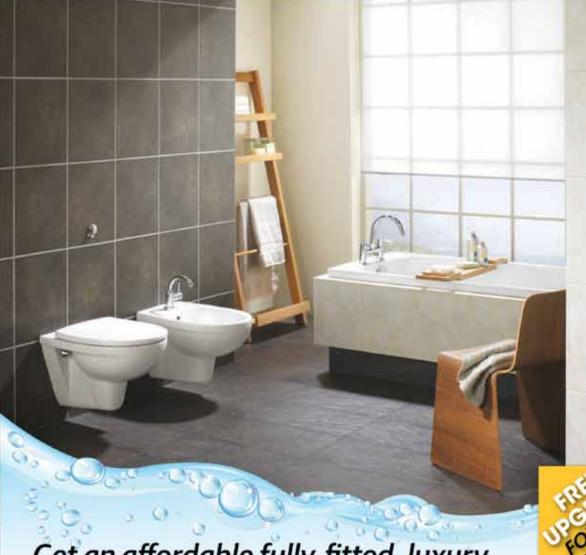
A.G.M

# NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

### **GRATEFUL THANKS**

Our Lady of the Sacred Heart, Divine Mercy St Faustina, St Expedite, St Padre Pio, Our Lady of Mount Carmel, Sacred Heart of Jesus, Our Lady of Lourdes for Health favours received. **X** 



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