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John Cremin, from Knocknagree, County Cork, a 95-year-old father and grandfather resident at St. Columbanus Home, Killarney, was the first community hospital resident to receive the Pfizer BioNTech COVID-19 vaccine in Kerry from Nurse Alan Horgan on Thursday morning.  
PHOTO: DON MACMONAGLE



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## EDITOR'S NOTE

**T**he Taoiseach issued a stark warning to the Irish people this week when he said "Please believe me when I tell you, enormous damage can be done if we let our guard down in any way in the time ahead – you simply must stay at home".

Now more than ever it has never been more important in this pandemic to stay at home, to only go out for essential purposes, to adhere to public health advice, to physically distance yourself, to ensure that you continue with hand

hygiene, cough/sneeze etiquette and to wear a face covering.  
**#stayhome #staysafe**

*Aisling Crosbie,*  
Editor **086 0400958**



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com



## KERRY MOUNTAIN RESCUE TEAM CALL ON PUBLIC TO COMPLY WITH RESTRICTIONS

*In a week when Kerry Mountain Rescue Team were tasked to rescue 9 people on Carrauntoohil, the voluntary organisation has reiterated their previous lockdown stance in relation to the COVID-19 virus.*

Colm Burke, PRO for the team said that it was a necessary reminder in order to protect their members and their families as well as the casualties themselves.

"If you call 999 and ask for Mountain Rescue, we will of course do what we can, however...  
- If you are uninjured, lost or benighted, you will be asked to consider waiting until morning, and/or better visibility to extricate yourself.

- If you are injured but able to walk comfortably you will be asked to consider extricating yourself from the mountain.

- If you are seriously injured, and/or not physically able to get yourself off the hill, we will attend with the absolute minimum of team members needed to complete the task. Because of this, the evacuation will be less straightforward and the overall time to transport you to medical attention will be

much longer", Colm said.

Helicopter support will only be requested if a time critical injury is sustained, but this is not a guarantee of availability as helicopter operations in the mountains are complex and limited by weather, light conditions etc. Kerry Mountain Rescue are asking all hill-goers to be considerate of the resources of the Emergency Services at this time by avoiding high mountain terrain such as the McGillycuddy's Reeks, sticking to lowland paths and walkways while strictly observing social distancing principles and the 5km travel restrictions recently re-imposed by the Government.

Given the current wintry conditions on the hills in Kerry, and recent observations by team members of extremely ill-equipped parties, we would also like to remind people who are considering venturing into the hills at this time to ensure they are properly equipped (including ice axe and crampons), have sufficient winter mountaineering experience and are complying with Government guidance on travel restrictions", he added.

## RESTRICTIONS IN PLACE AT COUNCIL'S CIVIC AMENITY SITES

Waste and recycling centres are experiencing high volumes at present and Kerry County Council are asking members of the public to limit travelling to centres as much as possible. Kerry County Council's five Civic Amenity Sites (Kenmare, Killarney, Milltown, Dingle and Cahersiveen) remain open for the receipt of domestic waste from customers without an existing door-to-door, kerbside service and who need to dispose of household waste during the current period of COVID-19 restrictions.

The centres are currently experiencing high volumes of visits by members of the public which usually occurs in the post-Christmas period. Members of the public are asked to

visit the centres if waste needs to be disposed of urgently and to limit travelling to centres as much as possible. Members of the public are also reminded of the 5km travel restriction currently in place and the advice to remain at home except for essential reasons.

Having regard to Level 5 restrictions and in the interests of public health and minimising the numbers of people circulating at each of the centres, Kerry County Council has put the following measures in place:

**Traffic management and a queueing system is in place at all sites and this may lead to short delays for those visiting the centres**  
**Just one occupant should leave vehicles on**

**site in the interest of reducing numbers of people circulating at the sites**

**Members of the public are asked not to bring items to sites which do not need to be disposed of urgently**

**Members of the public are asked to adhere strictly to social distancing and to wear a face covering while on site**

**Customers are asked to use credit/debit cards payments as far as possible.**

Kerry County Council appreciates the patience and cooperation of all those using the five Civic Amenity Sites in the county.



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# Red letter day

## JOHN RECEIVES THE FIRST VACCINE IN KILLARNEY

*"I'm very glad to be getting my vaccine today, it's not something that happens every week!"*

**95 year old John Cremin is the first community hospital resident to receive the Pfizer BioNTech COVID-19 vaccine in Kerry.**

He got the vaccine today at St. Columbanus Home alongside other residents and healthcare workers from the residential unit.

John is originally from Knocknagree in Co Cork. The father of four has six grandchildren and has been a resident at St. Columbanus since 2013. He says he is looking forward to a time when he can have visitors again.

"We haven't been able to have visitors for a while now. I'm not a bit worried about getting the vaccine, it's good that it's here. I'm very glad to be getting my vaccine today, it's not something that happens every week."

Director of Nursing Máire Flynn was the first staff member to be vaccinated.

"I am delighted that we are receiving the vaccine, and so happy for our residents and our staff. We are so grateful to everyone who has made this happen, and so happy to be a part of this. Our residents are very excited, and are thrilled to be getting something that gives us all new hope for 2021. The important thing about these vaccinations is that they will help us to keep our residents safe."

Elaine Sheehan is assistant director of nursing at Killarney Community Hospital, and part of



John Cremin, from Knocknagree.

the team of vaccinators delivering the first vaccines today. She said she's delighted to be part of the team rolling out the vaccine and keeping residents safe.

"We've a busy few days ahead but it'll all be worth it. It is just great to be at this point where we can begin to see some light at the end of the tunnel. People realised that we can't continue to live like this. For staff, this is not just about ourselves, this is about protecting our residents."

Elaine added that staff and residents received literature about the vaccine over the last few days.

"Anyone with any questions has been able to talk to myself and the other peer vaccinators.

We're constantly communicating with people, supporting and reassuring them."

Vaccinations will continue at Killarney Community Hospital today and tomorrow as vaccinators work to offer the vaccine to approximately 200 staff and more than 90 residents.

Afterwards, each person vaccinated was given a vaccine record card, showing the name and batch of the vaccine they have received. They will each receive a second dose, to be fully protected, in three weeks.

"This marks the beginning of Cork Kerry Community Healthcare's vaccination campaign in residential facilities in Cork and Kerry", Mary Smithwick, Communications Manager with the HSE told Killarney Outlook.

Throughout next week from January 11th onwards, we expect to have teams travelling to more than 30 public and private facilities in Cork and Kerry (22 in Cork and 11 in Kerry). We expect to vaccinate more than 3,500 staff and residents next week alone, and this programme will accelerate in the following weeks.

"We'd like to pay tribute to the staff involved in the vaccination programme who have worked tirelessly over the last few weeks in order to be prepared for this roll-out."

"This is a tremendous undertaking and we'd like to thank all staff involved in getting vaccine delivered quickly and safely", she added.

Unfortunately, Covid-19 is still with us and while welcome, the vaccination roll-out is only one part of our response. It's still extremely important that we all remain vigilant and keep up all protective actions.

Director of Nursing Máire Flynn was the first staff member at Killarney Community Hospital to receive the Pfizer BioNTech COVID-19 vaccine by Nurse Elaine Moran on Thursday morning. Also included are the vaccination team members from left, Chandra Baialso, Celine Kavanagh, Elaine Sheehan Teresa Kerins and Alan Horgan.

PHOTO: DON MACMONAGLE





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*We all have a part to play in preventing the spread of Covid-19. Thank you and our staff for your understanding.*

**THIS WEEKS BEEF COMES FROM CAHILLANES MEATS KILLORGLIN. THIS WEEKS LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.**



# WELLBEING PACKS DISTRIBUTED BY KERRY COUNTY COUNCIL

**K**erry County Council has distributed 400 'In the Bag' wellbeing packs and information envelopes distributed throughout the county in recent weeks, bringing to almost 1,000 the total number given out since June. It's all part of the local community response during the COVID-19 pandemic and in keeping with the national 'Keep Well' campaign.

Kerry County Council, in collaboration with their many partners, are continuing to develop and deliver local resources to promote and support health and wellbeing under the various themes of the national Keep Well campaign. The campaign is aimed at showing people of all ages the importance of minding their physical and mental health and wellbeing by adding healthy and helpful habits to our daily routines. The 'In the Bag' initiative and information envelope is a collaborative effort involving Kerry County Council, Healthy Kerry, the Kerry Public Participation Network and the Kerry Age Friendly Network, and many others. Some of the items in the bag were also generously donated by IT Tralee's Students' Union. Bags and envelopes are being distributed by the Red Cross, An Garda Síochána, Local Link Kerry and Meals and Wheels services to members of the community who are identified as potentially benefiting from supports during the Christmas season.

Each bag contains practical resources such as local support contact information, advice on preparing for winter and extreme weather

conditions, and exercise plans helping people to stay active for periods of reduced movement. The bag also contains resources designed to encourage people to take time to switch off and be creative, such as a gratitude and mindfulness journal and colours, healthy eating recipes, and a sweet treat for a cup of tea.

Cathaoirleach of Kerry County Council, Cllr Patrick Connor-Scarreen said: 'The "In the Bag" initiative forms part of the larger Covid-19 Community Response in Kerry, an effort that wouldn't be possible without the hard work and ongoing support received from the network of local agencies and the volunteer community in Kerry. This community network strives to ensure that lonely, vulnerable or at-risk members of our community will not be forgotten this holiday season and will be aware of, and have access to, the many resources in place to support them.'

The 'Keep Well' campaign focuses on five key ways to wellbeing that can be practiced each day to maintain or improve our mental health and



wellbeing.  
Keeping active  
Keeping in contact  
Switching off and being creative  
Eating well  
Managing your mood

## STATEMENT ON NEW LEVEL 5 COVID-19 RESTRICTIONS

Kerry County Council is encouraging members of the public to adhere closely to the Level 5 restrictions and, in line with Government advice, people are reminded to stay at home except for essential purposes.

In the interests of public health and having regard to the new Level 5 restrictions, Kerry County Council is asking customers and members of the public to avail of Council services by phone and email. Motor tax services are being provided on [www.motortax.ie](http://www.motortax.ie) and by post only with prompt turnaround times in place.



A full list of contact details for all Council services is available at [www.kerrycoco.ie](http://www.kerrycoco.ie)

The Council can be contacted on 066 718 3500

The Housing Section can be contacted on 066 718 3862

The Planning Section can be contacted on 066 718 3582

The Motor Tax Section can be contacted on 066 712 2300

Kerry County Museum and Kerry Libraries are closed to public access but continue to provide online services. Killarney Sports and Leisure Centre, Tralee Sports and Leisure Complex, and Tralee Bay Wetlands Centre are closed to the public.

## KEEP THE SCHOOLS CLOSED -

Danny Healy Rae

Deputy Danny Healy Rae has called on the Minister for Education to rethink the decision to allow Leaving Cert Students return to school.

"I have contacted the Minister for Education Minister Norma Foley regarding this and think this is the wrong reaction now to have the Leaving Cert students going back into school next week. I have asked how the Government can say that the schools are safe when teachers have not been vaccinated and there have been outbreaks of Covid in many schools already", Deputy Healy-Rae told Killarney Outlook.

"With the massive numbers of Covid cases in recent days, I do not think the schools should be reopening", he added.



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# Killarney Tidy Towns **welcome funding**

**K**illarney Tidy Towns are looking forward to promised funding announced on Christmas Eve by Minister for Rural And Community Development Heather Humphreys.

The Minister announced funding of €1million to help Tidy Towns groups around Ireland to help to prepare for next year's competition. The allocation will mean at least €1,000 for every group eligible.

Killarney Tidy Towns work tirelessly to keep Killarney looking its best and received huge support in the past year from secondary schools in the area who helped with planting and art projects.

"We have no projects identified for this funding yet but if there are people in the community with ideas and who would be willing to plan and implement a project the Committee would be delighted to hear from them", a spokesperson for the group told Killarney Outlook.

The funding is in addition to the €1.4 million allocated previously.

"This year, more than ever, we have seen and appreciated the huge contribution the Tidy Towns groups make to our communities. Many of them re-mobilised their efforts to be part of the volunteer response under the Community Call initiative, helping vulnerable and isolated people to cope with the impact of Covid-19,"



Killarney Tidy Towns look forward to funding allocated to them by Minister Heather Humphreys.

PICTURE: VALERIE O'SULLIVAN.

Minister Humphery's said.

"For next year's competition, in particular, I am encouraging groups availing of the funding to think about projects based around their green spaces and parks, and also projects that are sensitive to our biodiversity and promote sustainable living", she added.

Last year the town of Glaslough in Co Monaghan was named Ireland's Tidiest Town.

Killarney Tidy Towns group are not operating due to level 5 and are calling on people to follow public health advice and to stay at home.

## *Special presentation to Swimming Club Head Coach*



Members of Killarney Swimming Clubs make a presentation to Head Coach Cathal O'Brien on his retirement from the position.

A special presentation to Killarney Swimming Club Head coach, Cathal O'Brien took place recently. Cathal, recently hung up his flip-flops and the club marked the occasion with a special presentation.

"Cathal has been involved with the Club since it was established in 2012, attending the early meetings organised by Mike O'Sullivan as, just like everyone else, he was anxious to have his children involved in swimming as a competitive

sport", Club PRO Brian O'Connor told Killarney Outlook.

"But, Cathal being Cathal, he wasn't content with sitting back. He quickly volunteered to take on a coaching role, attaining both levels 1 & 2 coaching qualifications. Initially our C squad coach, in no time his swimmers were putting pressure on both B and A squads. Cathal would also move on to coach B and A squads in the Club. Cathal's deep interest, dedication and training skills were an enormous asset, pushing us not only as a club but also resulting in many swimmers stretching themselves beyond their personal targets to proudly represent Killarney at county, provincial and national level", Brian added.

Cathal was peerless at diving training in Tralee and elite training in Limerick and was a permanent fixture at most galas over the years. His kind and thoughtful words to the swimmers, given in person after each race, brought many a smile to a glum face.

Killarney Swimming Club wants to say a heartfelt "thank you" to Cathal for the hours and hours of dedication given to our swimmers and children over the years. He will be sorely missed in the Club, and both Committee and members wish Cathal the very best for the future.

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# LEVEL 5

# YOUR GUIDE TO THE CHANGES

## Schools

Closed until 1 Feb with some specific exceptions for final year Leaving Cert students, special education and specialised settings

### Early Childhood Care and Education (ECCE)

The resumption of the ECCE programme is delayed until 1 Feb

Childcare Closed with exceptions for vulnerable children and children of essential workers

### Construction

Construction will close from 6pm on Friday 8 Jan, with limited exceptions

### Retail

Essential retail only. Click and collect from non-essential retail outlets will no longer be permitted after existing orders are fulfilled. Click and deliver will continue

### Travel into Ireland

No travellers from Great Britain or South Africa until 9 Jan. All travellers from those locations after that date must have a negative PCR COVID-19 test result (COVID-19 not detected) within 72 hours prior to arrival

**At Level 5**, the public health risk means that you will be asked to stay at home, except for travel for work, education or other essential purposes, or to take exercise within 5km of home. There will be no gatherings other than small numbers at funerals and weddings.

### Schools and higher and adult education

Schools remain closed until 1 February, except for the provision of special education (special schools and special classes) and specialised settings (such as Oberstown and high support special care schools and youth encounter projects) which will continue fully open from 11 January.

All final year Leaving Certificate students, including Leaving Cert Applied, Leaving Cert Vocational Programme and the traditional Leaving Cert, can attend school for 3 days a week commencing from the week beginning 11 January.

Youthreach services will resume as scheduled.

The resumption of the Early Childhood Care and Education (ECCE) programme is delayed until 1 February.

### Higher and adult education

Higher, further and adult education should remain primarily online.

### Childcare

Childcare services, including regulated childminders, will remain closed with the exception of services for vulnerable children and children of essential workers. Other existing childcare arrangements can continue to operate for vulnerable children and children of essential workers only.

In addition, a household of an essential worker, without an existing childcare arrangement, can form a bubble with another household for the purpose of providing childcare.

### Construction

Construction will close from 6pm on Friday 8 January, with limited exceptions including: essential health and related projects including those relevant to preventing, limiting, minimising or slowing the spread of COVID-19

supply and delivery of essential or emergency maintenance and repair services to businesses and places of residence (including electrical, gas,

plumbing, glazing and roofing services) on an emergency call-out basis

### Retail

Face coverings must be worn.

All retail, other than essential retail, is closed.

All non-essential services remain closed.

### Click and collect

Click and collect from non-essential retail outlets should no longer be permitted with immediate effect. Existing orders may be collected.

Click and deliver will continue to be permitted.

### Social and family gatherings

#### In your home or garden

No visitors are permitted in private homes or gardens except for essential family reasons such as providing care to children, elderly or vulnerable people, or as part of a support bubble.

#### Other settings outside your home or garden

No social or family gatherings should take place in other settings.

### Weddings

Up to 6 guests are permitted.

### Organised indoor gatherings

These are controlled environments with a named event organiser, owner or manager.

*For example:* business, training events, conferences, events in theatres and cinemas or other arts events (excluding sport).

No organised indoor gatherings should take place.

### Organised outdoor gatherings

These are controlled environments with a named event organiser, owner or manager. *For example:* outdoor arts events, training events.

No organised outdoor gatherings should take place.

### Exercise and sporting events

#### Training

People may meet with people from one other household in outdoor settings when taking exercise. No indoor or outdoor exercise group activities, including those involving children, should take place. Outdoor golf and tennis are not permitted.

Individual training only. No exercise or dance classes.

No indoor or outdoor gatherings involving "individual training" except for professional and elite sports.

### Matches and events

Professional, elite sports, horse racing, greyhound racing and approved equestrian events only are permitted to continue behind closed doors.

No other matches or events are to take place.

### Gyms, leisure centres and swimming pools

Gyms, leisure centres and swimming pools must close from close of business on 31 December.

### Religious services

Services will be held online.

Places of worship remain open for private prayer.

### Funerals

Up to 10 mourners can attend.

### Museums, galleries and other cultural attractions

All venues closed.

Online services available.

### Bars, cafes and restaurants (including hotel restaurants and bars)

Take away food and delivery only.

Wet pubs

Closed.

### Nightclubs, discos, casinos

Nightclubs, discos and casinos will remain closed.

## Hotels and accommodation

Open only for essential non-social and non-tourist purposes.

### Work

Work from home unless essential for work, which is an essential health, social care or other essential service and cannot be done from home.

### Travel restrictions

#### Domestic

People will be required to stay at home except for travel for work, education or other essential purposes, and will be permitted to take exercise within 5 km of home.

*You can travel outside 5 kilometres of home for the following reasons:*

travel to and from work, where work involves providing an essential service

to attend medical appointments and collect medicines and other health products

travel to attend disability day services

travel to attend a court

for vital family reasons, such as providing care to children, elderly or vulnerable people, and in particular for those who live alone, but excluding social family visits

for food shopping

for farming purposes (food production or care of animals)

to attend a wedding or funeral

to visit a grave

#### International

The current travel moratorium in place for travel from Great Britain and South Africa is extended until midnight Friday 8 January 2021.

From 9 January 2021, all passengers arriving at Irish airports and ports whose journey originates in Great Britain or South Africa will be requested to have evidence of a negative result from a PCR COVID-19 test (COVID-19 not detected) taken up to 72 hours prior to arrival in Ireland.

### Outdoor playgrounds, play areas and parks

Open with protective measures in place.

### Transport

Face coverings must be worn.

Walk or cycle where possible.

Avoid public transport - essential workers and essential purposes only.

Public transport capacity will be restricted to 25%.

Over 70 and medically vulnerable individuals

Those aged over 70 years and over and the medically vulnerable should exercise judgement regarding the extent to which they engage with others and in activities outside home. Specific guidance will be provided.

### Visiting long-term residential care facilities (nursing and care homes)

Suspended, aside from critical and compassionate circumstances.

More details on [www.gov.ie](http://www.gov.ie)

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**A** monster Christmas raffle held in the run up to Christmas in aid of Comfort for Chemo has raised an incredible €7,436.80.

The raffle was organised by Firies woman Gina Herlihy in memory of her parents and in aid of an a charity which is close to her heart.

The raffle was held live on Facebook and hundreds of people watched it live in the run up to Christmas.

"The prizes and donations were fantastic, everyone was so very generous", Gina told Killarney Outlook.

"The businesses and local people of Firies Village and beyond were as usual absolutely amazing with their support. This was the 3rd Christmas fundraising event in Firies and it was a huge success. There were 40 very happy winners on the night", she added.

"I first set a target of €1,000 but it wasnt long before the go fund me page and the private donations raised a grand total of €7,436.80", Gina said.

"Local businesses and local people were only too delighted to get on board and help me to raise funds for the fantastic charity Comfort for Chemo kerry who are on a mission to raise €5 million euros to build a new state of the art separate unit on the grounds of Tralee", she said.

"This raffle was a huge success and I am hopeful to hold the 4th Christmas fundraising event in aid of Comfort for Chemo Kerry in Firies again next year", Gina added.

Gina Herlihy with Santa who delivered this cheque to Comfort For Chemo Kerry.



Casey Heenan Firies who watched the raffle on Facebook and who was one of the lucky winners..



Susan Stack Greenfields Firies who won the 2nd prize in the raffle.



Sheila O Sullivan Rathbeg Firies who won the 1st prize in the raffle.



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# Schools raise much needed funds for the Hospice

Friday 19th December saw six schools in the Killarney area come together for a fundraiser for the Kerry Hospice in which they raised over €4,000.

The schools involved were St Brendan's College, St Brigids, Killarney Community College, The Mon, Holy Cross Mercy and St Francis Special school

2020 was a difficult one for everyone and the students, buoyed by the success of their fundraiser in memory of St. Brendan's College student, Niall McGillicuddy, they decided to come together again this year in aid of the fantastic charity that is the Kerry Hospice Foundation. Well done to all students and teachers involved.



Olivia Goulding, Ava Doherty, Eimear Talbot, Lyselle O Shea and Julie Delaney from St. Brigid's Secondary School pictured in their Christmas Jumpers.



Students from Holy Cross Mercy pictured in their Christmas Jumpers for the fundraiser.



Students from St. Francis Special School pictured in their Christmas Jumpers for the fundraiser.



St. Brigid's Student Council Members Saoirse Coffey, Yen Leniston, Tara Donnellan, Amy Walshe, Hollie Spellman and teacher Carol O'Dowd who participated in the Presents for Palliative Christmas Jumper Day in aid of the Kerry Hospice Foundation, University Hospital Kerry.



Aoibhe O Doherty Sarah Fleming Chloe Nagle Cliona Murphy from St. Brigid's Secondary School pictured in their Christmas Jumpers.





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## €200,000 ENHANCEMENT of five parking areas and lay-bys near Killarney National Park

**The Cathaoirleach of Killarney Municipal District, Councillor Brendan Cronin is delighted to welcome the completion of works to a number of parking areas and lay-bys near Killarney National Park on the Killarney-Kenmare Road.**

"These works have improved parking facilities and access to trails including Dinis and the

Cardiac Steps in Killarney National Park. These are some of the busiest parking areas used for accessing the National Park and it is imperative that we have safe and accessible infrastructure to allow people to enjoy and explore the National Park.

"This year has thought us the value of the outdoors and projects such as these which improve and enhance access to outdoor

infrastructure are more important than ever."

The works, involving an investment of €200,000 at five locations, were funded under the Outdoor Recreation Infrastructure Scheme of the Department of Rural and Community Development and were carried out in conjunction with the National Parks & Wildlife Service.

## Christmas Jumper 2020 Fundraiser a huge success

**€22,621 raised for St Vincent De Paul Kerry on Radio Kerry's Christmas Jumper Day 2020**

The annual Radio Kerry county wide Christmas Jumper Day fundraiser for St Vincent de Paul has raised €22,621, surpassing the €15,000 target for 2020. It was the seventh year of the fundraiser and brings the amount raised to date to over €117,000.

Hundreds of people took part in Christmas Jumper Day right across the county, on Friday December 11th, in homes, places of work, schools, crèches, factories and shops. It was a very colourful event with jumpers of all shapes, colour and sizes, shop bought, borrowed and carefully handcrafted!



Junior Locke of St Vincent de Paul Kerry said they are "delighted beyond words with the support and generosity of the people of Kerry. He said it shows great community spirit in difficult times. The money raised has helped St

Vincent de Paul to make it a better Christmas for 800 Kerry families who were facing great difficulties this year".

St Vincent de Paul operate a donation centre in Monavalley Tralee and seven stores across their Conference areas in Tralee, Castleisland, Listowel, Killorglin, Killarney, Dingle and Abbeyfeale. Donations can be made directly to the St Vincent de Paul Kerry bank account IBAN: IE07 BOFI 9058 3896 5291 51 or at their shops around the county.

Radio Kerry and St Vincent de Paul are very grateful to everyone who has been a part of Radio Kerry's Christmas Jumper Day in aid of St Vincent De Paul since 2014 helping to raise funds for people in our communities who need our help.



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# Bilateral Agreement on Exchange of Driving Licences with UK

The Minister for Transport, Mr Eamonn Ryan TD, has signed an agreement with the United Kingdom that will allow for the exchange of UK driving licences for an Irish licence, for holders of UK licences resident here.

At the end of the transition period at 11pm on 31 December, the mechanism that has allowed for the recognition and exchange of UK licences for an Irish one will expire.

The agreement signed by Minister Ryan means that persons resident in Ireland with a UK licence will be able to continue to swap their licenses for Irish licenses.

This agreement will be of particular benefit to anyone planning to live in Ireland as it will allow them to exchange their UK licence for an Irish driving licence. It will also allow anyone who has not exchanged their UK licence in time, before the deadline of 11pm on the



31 December, to exchange it under this new agreement.

However, for anyone in this situation who didn't exchange their UK licence by the deadline, their UK licence will no longer be valid to drive here in Ireland, it is only valid for exchange purposes. It is imperative that it be exchanged immediately.

This change only applies to holders of a UK licence who are resident in Ireland. It does not affect persons living in Northern Ireland or Great Britain who are visiting or driving in Ireland.

All holders of an Irish licence driving in the UK, whether they are UK residents or visiting there, do not need to take any action, as the UK has agreed that all licences held by a driver from any EU Member State continues to be valid for driving in the UK.

Anyone resident here who is the holder of a UK licence, or anyone who intends to move to Ireland as their normal place of residence, can exchange their UK driving licence for an Irish licence by visiting [ndls.ie](http://ndls.ie)

## Review of EU Vaccine Purchase and Rollout needed urgently says FF MEP - Billy Kelleher



- Tardy delivery of Pfizer BioNTech vaccine and tardy approval of Moderna and Oxford AstraZenca vaccines incredibly frustrating for citizens -

Fianna Fáil MEP, Billy Kelleher has this morning called for an urgent review of the European Commission's Vaccine Purchase and Rollout programme saying, "it is clear that it's not working as efficiently as it should be and that citizens are getting frustrated seeing non-EU countries power ahead with their own vaccine rollout."

Kelleher, a member of the Parliament's Public Health Committee added, "The purpose of Member States agreeing to co-ordinate their vaccine purchase and rollout through the Commission was to secure both price and rollout efficiencies."

"What is now obvious is that only a price efficiency has been secured. In normal times, this may have sufficed. However, in the midst of a worsening pandemic, it's simply not acceptable."

"The cost of not vaccinating the population quickly enough, and thereby not opening up society and the economy quickly enough, is considerably greater than the savings made on bulk purchasing through the Commission. Citizens across the Union are seeing non-member states accessing the Pfizer BioNTech vaccine much quicker than they are. We are seeing delays in deliveries, yet no response from the Commission to rectify this. I am very concerned that the pharma companies have taken the Commission for granted."

"Furthermore, I am concerned by the bureaucratic delays in authorising of the use of the Moderna and Oxford-AstraZenca vaccines. As WHO Emergencies Director, Mike Ryan said last spring, "Perfection is the enemy of good in emergencies."

"The European Medicines Agency should not be placing greater bureaucratic red tape on vaccine producers than other countries. Of course, they must be confident in the efficacy and safety of vaccines, but I do not believe we need to reinvent the wheel."

"The HSE and the Department of Health can only vaccinate the people of Ireland if they have enough vaccines. I am urging Minister Donnelly and the Taoiseach to raise these concerns at EU Council and Commission level. The people of Ireland, and indeed Europe, will not accept any unnecessary delays or failure when it comes to getting their vaccines, and neither should our government," concluded Kelleher.

## CALL FOR MORE TESTING CENTRES

The Kenmare Local Electoral Area is a large geographical section of County Kerry, stretching from Kilgarvan to Killorglin and includes all of the Iveragh Peninsula and yet it is not being served by one Covid-19 Testing Centre within its boundaries, according to Fianna Fáil Councillor Michael Cahill.

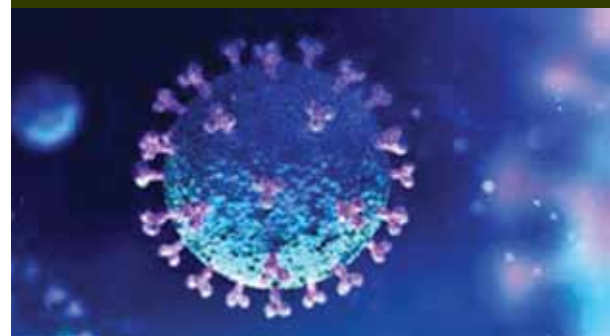
"I have been making this point strongly for some time now, and I don't appear to be getting any hearing" said the Rossbeigh based Councillor.

"Accessibility to testing is vital if we are to trace and eliminate this deadly virus" stated Councillor Cahill.

"And to emphasise the point, it has just been announced that Kenmare LEA has the highest incidence rate of Covid-19 in Munster. In one week, the incidence rate increased from 80 to 439 per 100,000 population" said the Fianna Fáil man.

"We need to be proactive in dealing with this pandemic and bring testing into the community. We need to provide Testing Centres in all our towns to allow access for people in more remote areas" stated Councillor Cahill.

"When we know where the infection is, we will be able to then provide the vaccine to these people and we can wipe out this deadly virus for once and for all" he added.







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# Kerry Greens elect new Chairperson

*Cycling and community activist Anluan Dunne from Tralee was appointed chairperson of the Kerry branch of the Green Party at its recent AGM.*

"I'm delighted to take on this role," he says. "The party is at its greatest strength at both national level – with 12 TDs and four senators – and at branch level. Our local membership has trebled in the last two years and we have a team of energetic local area representatives who are active in their communities."

"I sought this opportunity to become involved in politics to tackle issues in my community. Whether environmental, social or economic I have a determined interest in bettering my county. I've lived across Kerry, from The Spa, to Cloghane, Ventry and now living the urban life in Tralee. My hope is that I can help the party communicate its goals and policies to the people of Kerry and demonstrate that we are an organisation who want to see rural Ireland succeed, grow and sustain itself.

Mr Dunne, an executive with a global IT services company located in the Kerry Technology Park, Tralee, is a member of the Kerry Public Participation Network secretariat, sits on the Joint Policing Committee, the board of Tralee Tidy Towns as well as being an active member of the Kerry Cycling Campaign and founder of community group Mountain Biking Kerry. Most recently he was appointed to the executive committee of the Irish Cycling Advocacy Network, Cyclist.ie.



Anluan Dunne.



## The Spirit of Christmas at Castleisland Community College

The Christmas spirit is truly alive and well in the Community College, Castleisland. The school has a long history of concern for the wellbeing of others and in 2019 the students put together a whopping 164 shoe boxes. In 2020 the 'Shoe Box' appeal went on line but the students were determined to do their bit for the needy at Christmas and students sought elsewhere for a worthy charity. The students voted to respond to the 'Tralee Soup Kitchen' appeal for dry goods for their food hampers,

other students took the time to sit down and write a letter to our elderly neighbours in care homes.

The Transition Year group in conjunction with their English teacher Annette Steinborn coordinated the project.

"The response from the student body was nothing short of humbling. The Spirit of Christmas is truly alive and well among these wonderful young people", Doreen Killington, a teacher at the school told Killarney Outlook.

# MUCKROSS PARK STAFF DONATE TO PIETA HOUSE

*In lieu of Christmas Gifts this year, Muckross Park Hotel as part of The Inua Collection group have decided to donate to very worthy local charities throughout Ireland.*

The team at Muckross Park Hotel have chosen Pieta House as their local charity. Pictured are Frits Potgieter, General Manager of Muckross Park Hotel along with Con O'Connor, Fundraising Manager of Pieta House.

"On behalf of everyone in Pieta we would like to thank Frits and all of the staff for choosing Pieta as their charity for 2020, this year especially its is very much appreciated", Con O'Connor said.

*Frits Potgieter, General Manager Muckross Park Hotel presents Con O'Connor Pieta House with a cheque for €500.*







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## COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

### BÓITHRE A nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

### ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council **has decided** to temporarily close to public traffic the following roads for the period and reason specified below:

#### **“SAFE STREETS – SAFE TOWN – SAFE COUNTY” Covid-19 Social Distancing Measures**

#### **KILLARNEY TOWN CENTRE**

##### **Roads Subject of Proposed Closure**

L-3909 Plunkett Street, Killarney (from its junction with Main Street to its junction with College Street)

R-876 Kenmare Place, Killarney (slip road from its junction with N71 Kenmare Place to its junction with N71 East Avenue)

##### **Period of Proposed Closure**

From Thursday, 7th January to Wednesday, 21st April 2021 (24 hr closure)

##### **Reason for Proposed Closure**

To facilitate Covid-19 Social Distancing Measures, under the Kerry County Council “SAFE STREETS – SAFE TOWNS – SAFE COUNTY” Plan

##### **Alternative Routes**

L-3909 Plunkett Street – traffic can divert at College Street Roundabout, via the N71 Fairhill Road, the N71 East Avenue, Kenmare Place, onto Maine Street.

R876 Kenmare Place – traffic can divert onto the N71 at Kenmare Place.

Access to College Street (Glebe) Car Park will remain open and designated loading / collection bays will be provided at College Square / College Street Car Park for deliveries and collections.

**Siniú: Pádraig Corkery**

**Senior Executive Officer/Feidhmeannach Sinsearach  
Corporate Affairs/Gnóthaí Corparáideacha**



**COMHAIRLE CONTAE CHIARRAÍ / KERRY COUNTY COUNCIL****AN tACHT UM PLEANÁIL AGUS FORBAIRT 2000-2020 & NA RIALACHÁIN UM PLEANÁIL AGUS FORBAIRT 2001-2020 /****PLANNING & DEVELOPMENT ACT 2000-2020 & PLANNING & DEVELOPMENT REGULATIONS 2001 -2020****COMHAIRLIÚCHÁN PHOIBLÍ / PUBLIC CONSULTATION**

Proposed Cycle Paths Along Existing Infrastructure within Killarney Town

**Public Notice in Compliance with Part XI of the Planning & Development Acts, 2000-2020 as set down in Part 8 of the Planning and Development Regulations, 2001-2020.**

Pursuant to the requirements of the above, Notice is hereby given that Kerry County Council proposes to carry out the development, particulars of which are set out hereunder.

**Suíomh/Baile fearainn nó seoladh poist don bhforbairt atá molta  
Location/Townland or Postal Address of the Proposed Development****Location:** Killarney Town**Townland(s):** Ballycasheen, Ardnamweely, Killarney, Moyeightragh, Ballydribbeen, Ardshanavooly, Kilcoolaght, Park, Avenue.**Sonraí faoin Obair atá molta  
Nature and extent of the Proposed Works**

The proposed scheme will provide cycle paths along existing infrastructure within Killarney town.

The works call for the provision of cycle lanes on:

Rock Road – Car Park northward to N22 Roundabout at Cleeny  
 Upper Lewis Road – St. Anne's road junction to south of Bridgefield estate  
 Park Road – Park Road roundabout to Friary Junction  
 Deer Park Road – Park road junction to Gaelscoil road junction  
 Gaelscoil Road – Deerpark road to Killarney Sport & Leisure Centre

The cycle lane routes extend for approximately 3,800m.

Kerry County Council as the Competent Authority has concluded that the proposed project, individually, and in combination with other plans and projects, is not one which requires an Appropriate Assessment (AA) or an Environmental Impact Assessment (EIA) and is not likely to have significant effects on the environment.

Pursuant to Article 120(3)(b) a member of the public, may at any time before the expiration of 4 weeks beginning on the date of the publication of this notice, seek an EIA screening determination from An Bord Pleanála as to whether the proposed development would have significant effects on the environment.

Plans and Particulars of the proposed development are available for inspection or purchase, on payment of a specified fee not exceeding the reasonable cost of making such as copy, during normal office hours, at the following locations from **Wednesday, 6th January to Wednesday, 3rd February 2021**

- Kerry County Council, Killarney Municipal District Office, Town Hall, Killarney
- Kerry County Council, Roads, Transportation and Marine Department, Room 115, Áras an Chontae, Rathass, Tralee, Co. Kerry
- Kerry County Council Website [www.kerrycoco.ie](http://www.kerrycoco.ie) (Have Your Say)

An advisor will be available to explain the plans by appointment only – contact (066) 7183588

**Submissions and Observations with respect to the proposed development dealing with proper planning and sustainable development in which the development would be situated, may be made in writing and clearly marked**

Part 8 – Killarney Cycle Lanes

**To:** Administrative Officer, Kerry County Council, Roads, Transportation and Marine Department, Room 115, Áras an Chontae, Rathass, Tralee, Co. Kerry  
**or E-mail to:** [roads@kerrycoco.ie](mailto:roads@kerrycoco.ie)

And must be received by 5.00 pm on Wednesday, 17th February 2021.

Personal information is collected by Kerry County Council to enable the processing of your submission/enquiry. Kerry County Council can legally process this information as necessary to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at [www.kerrycoco.ie](http://www.kerrycoco.ie).

**Sínte: Pádraig Corkery**  
**Senior Executive Officer / Feidhmeannach Sinsearach**  
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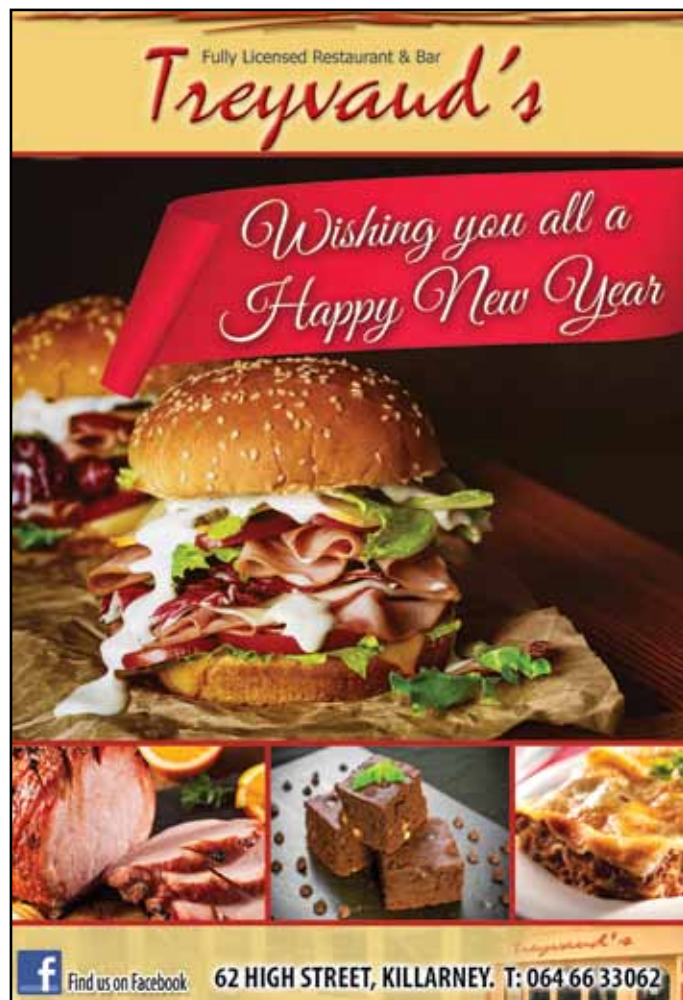
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*A Horse Fair on Main Street in the 1940's*



*The interior of the Cathedral in the 20th century. Picture: Donie Whitty O'Sullivan - Moments In Time*





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- Mercedes 350 SI
- Morgan 4 x 4 (Green)
- Morgan Plus (Red)
- Jaguar XJS V 12 Cabriolet
- Porsche Boxster
- Mercedes 230S
- Citroen 2CV
- Mini Cooper

#### Traditional Style Cars

- 1936 Bentley Derby
- 1958 Bentley S1
- 1968 Daimler

#### Types of Package are as follows

- Chauffeur driven Cars
- Self-Drive Classic Cars
- Duo-Style Package  
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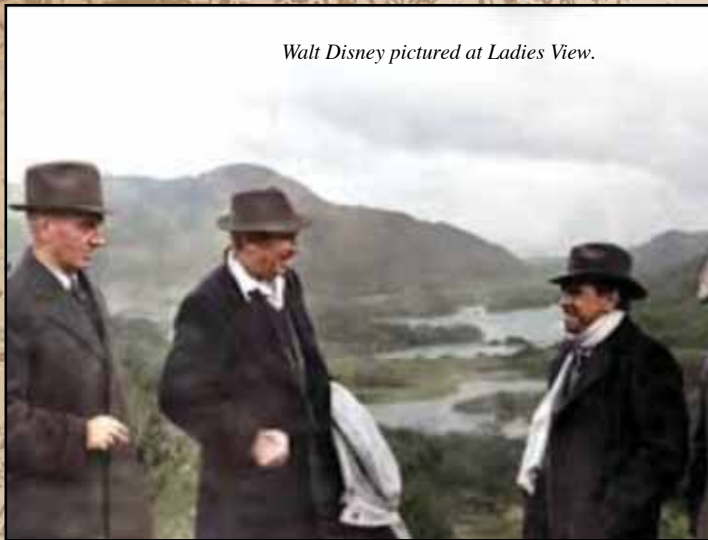
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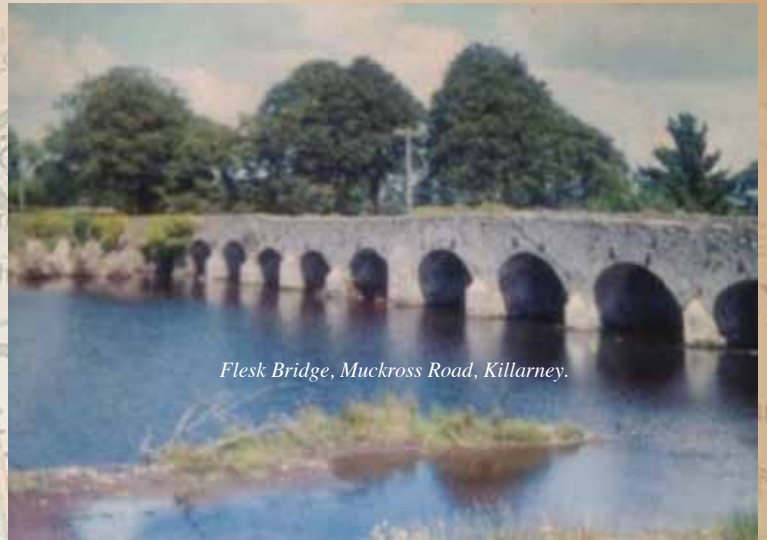
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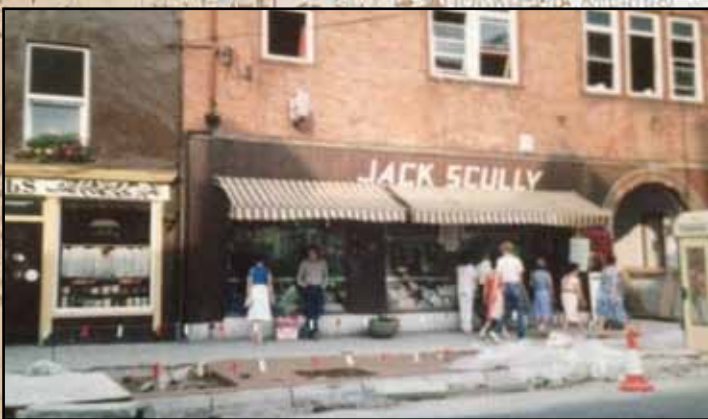
# KILLARNEY OUTLOOK: Souvenir Edition



*Walt Disney pictured at Ladies View.*



*Flesk Bridge, Muckross Road, Killarney.*



*The Market Cross with Jack Scully's Electrical and The Laurels Bar.*



*Dr. Crokes Juvenile team in the 1970's.*



*Pictured with An Taoiseach Charles J. Haughey during a visit to Killarney in the early 1980's are Nora Mannix, Peggy Courtney O'Sullivan, Betty Crosbie, Mary McCarthy and Bridie O'Shea.*



*Spa GAA Field Committee at the opening of the club grounds on May 27th 1979.*



*Spa GAA Club patron and Spa Muckross Community Games founder Tadhg O'Sullivan.*





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*The Listry Football team of 1952 who defeated Spa in East Kerry League Final*



*Listry Juveniles U14 1990.*



*1970 team.*



*Members of the Listry Team.*



*Listry Juveniles 1993: Back row: Thomas Neville, John Yankee O'Neill, Mark Kennedy, Danny Wrenn, David Hickey, Tadgh Ahern, Cathal O'Donoghue, Stehen Brosnan and John Wrenn Manager. Front: Donagh O'Regan, Con Breen, John O'Neill, 'Big John', Colm Buckley, Captain, Bernard Sweeney, Daragh O'Regan, Brendan Ahern and Timothy Brosnan.*



*Listry teams from the club's archives.*

*Listry team East Kerry Super League Div 1 1986 Front row: Anthony Clifford, James Courtney, Denis O'Shea, John Joe Kennedy, Michael Tangney, Des Giles, Mike Broderick, William O'Brien, Back row: Tim Allman, Noel Kennedy, Denis Courtney, Tom Lyne, Joe Kennedy, Billy Doona, Donal Allman, Niall Kevin O'Shea Murt Broderick.*







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KERRY SENIOR SET DANCING CHAMPIONS 1982, '83 SIOBHAN O'BRIEN SOLO SINGING CHAMPIONSHIP OF KERRY 1987, '83



Spa - East Kerry Champions 1987



Spa GAA Club patron and Spa Muckross Community Games founder Tadhg O'Sullivan.



Kerry Scór Champions 1982 in Set Dancing and Solo Singing.



Jackie 'The Farmer' O'Sullivan celebrating his 100th birthday at the Rambling House in Spa GAA Club.



Musicians from Glenflesk in 2000.



Musicians from Glenflesk in 1976.



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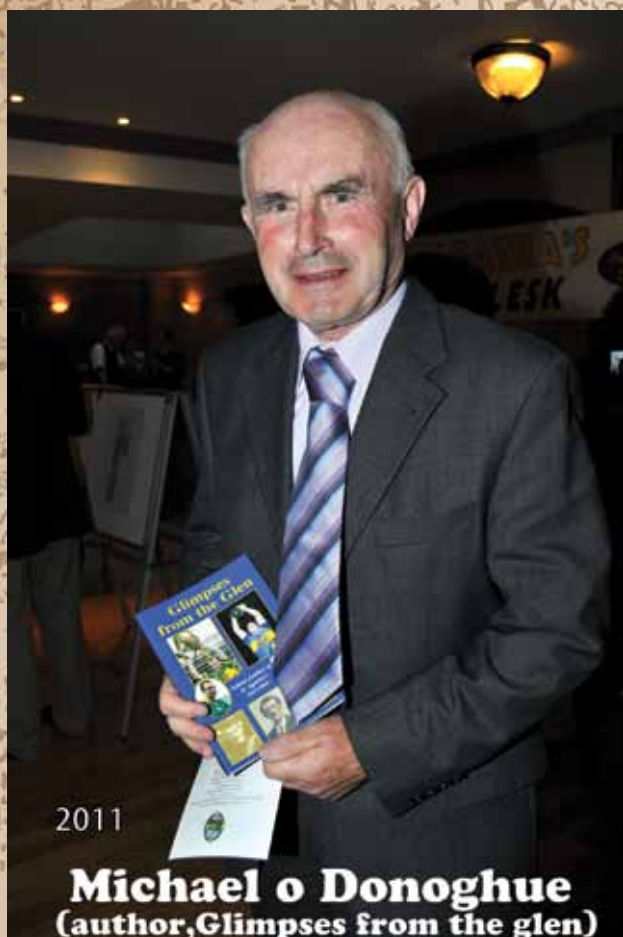
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# KILLARNEY OUTLOOK: Souvenir Edition



1985 Spa GAA Club Social.



Glenflesk juveniles enjoy a trip to the 2000 All Ireland final.



Musicians from Glenflesk pictured in 1991



Musicians from Glenflesk pictured in 2003.



Ballyhar Parish League Minor team 1984. Front Row: Vincent Brosnan, Mike Allen, Donie O'Sullivan, Charlie McCarthy, Johnny Brosnan, Paudie McCarthy, Louise Brosnan, Back Row: Eamonn Kennedy, Seanie Donoghue, Mike Courtney, Dinny Joe Connor, John O'Leary, Tommy Brosnan.



Musicians from Glenflesk pictured in 2004





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# It's January, so it's time to finalise the 2021 CAO college application form



By Billy Ryle

***As a new year begins with persistent pandemic uncertainty, college applicants must focus on the CAO form as the deadline looms large. Indeed, it's shaping up to be a very promising year for the 80,000 plus applicants – about 2,500 from Kerry – seeking a third level college course.***

More than 50,000 college places will be available next August. Applicants have until 5.15pm on 1st February to submit a completed application form. So, use the remaining weeks wisely. Carefully consider your course choices. Follow your heart but keep an eye on the jobs market.

Since the new Leaving Cert grading system and CAO common points scale were introduced in 2017, points' requirements for many courses have stabilised. As the 'calculated grades' considerably inflated course points requirements last year, it might be wiser to consult the 2019 cut off points as a guide to likely points requirements in 2021. But keep in mind that points' requirements for courses fluctuate from year to year, so predicting cut off points is an inaccurate science. Each Leaving Cert candidate should aim to achieve her/his best possible result in that exam. Points' requirements for courses will take care of themselves in due course.

The CAO processes applications for admission to undergraduate courses in third level colleges in Ireland. Every public sector university, college and institute in the country, as well as a number of private colleges, participates in the CAO system. An applicant may choose from the entire range of courses in the CAO Handbook 2021. The courses are categorised as 'Level 8' or 'Level 7/6'. The 'Level 8' category contains the Honours Bachelor Degrees (HD). The 'Level 7/6' category contains Ordinary Bachelor Degrees (DG)/Higher Certificates (HC).

All you have to do is submit a single application to compete for one of the available third-level places. The interactive online application system, 'Apply' has made the process very straightforward. 'Apply' is easy to follow, particularly as the CAO provides an 'Interactive Demo' to enable you make a trial application. The CAO Handbook 2021 also contains detailed easy-to-follow information on how to apply for the courses on offer. Almost all applications are now made via 'Apply'. The interactive online application service will remain open on the

CAO website, [www.cao.ie](http://www.cao.ie) until 5.15pm on 1st February. The fee is €30, if you apply by 20th January and €45 thereafter until the 1st February.

Before you apply, study the CAO Handbook 2021, which explains how to apply for a third level college place. The colleges in the CAO system are listed in alphabetical order by location. The courses in each college are listed directly under the college title, with 'Level 8' courses being listed separately from 'Level 7/6' courses. Select your personal preferences from the entire range of courses in the Handbook. Each course is assigned a code, which you enter on the application. You may apply for up to ten courses in each of the two categories, listed in order of your preference.

As the CAO Handbook 2021 doesn't contain information about general academic requirements, specific course requirements nor content of courses, consult the colleges' Prospecti and/or websites for that information. Consider the potential career value of each course for which you are applying. Play to your strengths as you do your course research during the next few weeks. Jot down your personal career profile, including such variables as ability, achievement, application, aptitude, ambition, values, interests and personality (5AVIP). Select courses that suit you in order to have a fulfilling and successful college experience.

## 2021 CAO Common Points Scale

Percentage	Higher	Points	Ordinary	Points
90 - 100	H1	100	O1	56
80 < 90	H2	88	O2	46
70 < 80	H3	77	O3	37
60 < 70	H4	66	O4	28
50 < 60	H5	56	O5	20
40 < 50	H6	46	O6	12
30 < 40	H7	37	O7	0
0 < 30	H8	0	O8	0

1) 25 bonus points are awarded for Higher Level Maths for H6 or above if Maths is one of the six subjects being counted for points calculation

2) Foundation Level Maths: F1 and F2 are valued at 20 and 12 points, respectively

3) LCVP: Distinction, Merit, Pass are valued at 66, 46 and 28 points, respectively

*In the next article, I will take a detailed look at the CAO 2021 application timeline.*



## Checklist

- ✓ Familiarise yourself with the H and O grades and the respective points' values
- ✓ Be aware of the minimum and specific course entry requirements
- ✓ The CAO processes applications for admission to third level undergraduate courses
- ✓ Almost all applications to CAO are now made via 'Apply'
- ✓ The fee for the online application is €30, if you apply by 20th January
- ✓ Thereafter the fee is €45 until the standard closing date of 1st February
- ✓ Before you tackle the CAO application, study the CAO Handbook 2021
- ✓ Select your personal preferences from the entire range of courses in the Handbook
- ✓ You may apply for up to ten courses in each of the two categories
- ✓ Don't apply for a course without consulting the Prospectus and/or college web site
- ✓ Play to your strengths as you consider your course choices
- ✓ Jot down your personal career profile, based on the '5AVIP' method
- ✓ Good quality research will result in you securing a suitable course

*Billy Ryle is a Career Guidance Counsellor and Educational Commentator*

• Email: [rylebilly@gmail.com](mailto:rylebilly@gmail.com)

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CODE	COURSE TITLE	START DATE	DURATION (WEEKS)
310812	<b>Deciding Your Future, Tralee</b> A great short course to help you re-set and re-start.	11 January	11
304241	<b>Pharmacy Sales Assistant, Tralee</b> Gain the right skillset to seek work in a retail pharmacy environment.	25 January	39
300811	<b>Skills to Compete ECDL - European Computer Driving Licence, Killarney</b> Master your PC skills   Internationally recognised qualification.	25 January	13
300820	<b>Digital Marketing and Sales, Tralee</b> An all-new sales focused Digital Marketing training programme.	1 February	50
309768	<b>Healthcare Support (Carers), Tralee</b> Become a qualified carer.	1 February	41
301238	<b>Traditional Stonewall Construction, Tralee</b> Learn the art and craft of traditional stonewall.	22 February	34
307230	<b>Skills to Compete Bus Driving - D Licence, Tralee</b> Achieve D-Licence & CPC   Pre-Requisite: D-Licence Learner Permit.	22 March	12
307248	<b>Skills to Compete Digital Photography, Tralee</b> Learn the craft of digital photography.	22 March	14
301684	<b>Skills to Compete Welding Intermediate, Tralee</b> Get EN9606-1 VOB1, EN9609-1 SSP and EN9609-1 ALO1 certified.	29 March	18
300819	<b>Digital Media Production Skills, Tralee • Unique to Kerry College</b> Visual Communications   Video   Photography.	29 March	53
300821	<b>Marine Engineering, Fenit • Unique to Kerry College</b> Learn about marine craft construction, systems, engineering and maintenance.	19 April	28
300916	<b>Broadcast Production Skills, Tralee • Unique to Kerry College</b> Nationally renowned training programme for crew skills.	26 April	53
307181	<b>Skills to Compete Construction Ground Work Skills, Tralee</b> Develop key construction and groundwork skillsets. Safepass included.	10 May	22
307246	<b>Deciding Your Future, Tralee</b> A great short course to help you re-set and re-start.	17 May	11
307227	<b>Wind Turbine Maintenance Technician, Tralee ONLY ONE IN IRELAND</b> Unique industry-led training programme with 100% job placement.	14 June	39
307229	<b>Skills to Compete Heavy Goods Vehicle - Artic, Tralee</b> Achieve CE-Licence & CPC   Pre-Requisite: CE-Licence Learner Permit.	21 June	10
307226	<b>Advanced Outdoor Activity Instructor, Killorglin</b> Designed to up-skill and enhance the employment opportunities for those working or training in the Outdoor Sector.	19 July	47
307225	<b>Outdoor Activity Instructor, Killorglin</b> The ideal starting point for those interested in developing a career in the Outdoor Adventure, Tourism and Education Sector.	26 July	47
309767	<b>Healthcare Support (Carers), Killarney</b> Become a qualified carer.	9 August	42
307205	<b>Skills to Compete Coded Pipe Welding, Tralee</b> Get ASME IX and EN 9606-1 certified.	23 August	25
303566	<b>CAD - Computer Aided Draughting and Design, Tralee</b> This course is for those who wish to pursue careers as CAD Technicians.	30 August	47
307220	<b>Hairdressing, Tralee</b> Ideal for those starting out in hairdressing or who have some basic skills and experience in the industry.	6 September	44



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**CITROËN prefer TOTAL** WLTP (Worldwide Harmonised Light Vehicles Test Procedure) combined fuel consumption figures for Citroën C5 Aircross SUV: 0/100km: 7.2 to 5.2. WLTP combined CO<sub>2</sub> (g/km): 168 to 138. \*PCP finance representative example: Citroën C5 Aircross Feel 1.2 PureTech 130hp; OTR Price: €30,595\*\*. Deposit: €10,708 (35%). Total Amount of Credit: €19,887. No. of monthly payments: 36. Monthly payments: €229. Duration of Agreement: 37 months. GMFV (optional final payment): €10,353. Representative APR: 0% fixed. Minimum 20% deposit required. Finance is arranged by First Auto Finance Ireland Limited, the exclusive agent of Close Brothers Limited, trading as Close Brothers Motor Finance in Ireland. You will not own the vehicle until the final payment is made. Finance Eligibility Criteria apply. Subject to status. Over 18s only. Ts & Cs apply. \*RRP (Recommended Retail Price) excludes €750 recommended delivery charge & optional extras such as metallic paint. †5 year unlimited Citroën car warranty is made up of 3 years' manufacturer's warranty & 2 years' extended warranty. Offers end 31.03.2021. Information correct at time of print. See [citroen.ie](https://citroen.ie) for details.

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Noreen at What Women Wants gives you some **beauty tips** while you are staying at home during Covid-19



## Off with the the Old Skin for a New Year's Glow!



Facial exfoliation is the fastest way to revive dull, sluggish skin and increase penetration of your daily skincare products. It is important to choose the right product, texture and technique to suit your skin for best results.

### Physical Exfoliators

Contain natural or synthetic granules to mechanically, "scrub" away dead skin. This helps remove impurities from pores, stimulate repair and boosts natural radiance.

Some people love the feel of a scrub on their skin however this is not suitable for sensitive or lax skin.

### Chemical Exfoliation

Uses a peeling process with different enzymes or acids to remove dead skin with no granules.

1. Botanical Enzymes derived from fruits feel like a mask and work to dissolve dead skin. These are gentle on the skin and suitable for all skin types. Try IMAGE Vital C Enzyme mask €44, for a facial in a tube.
2. Lactic Acid (AHA) is an active ingredient, excellent for brightening skin and reducing the appearance of pigmentation marks.
3. Glycolic Acid (AHA) derived from sugar cane is an active ingredient to prevent skin aging.
4. Salicylic Acid (BHA) is lipophilic so it can dissolve oil making it the ideal exfoliator for oily skin producing too much sebum.

**Noreen Mangan**

Tel: 0646630712 | [www.whatwomenwant.ie](http://www.whatwomenwant.ie)

Fitness Expert  
**Edele Daly** guides you  
TIPS TO HELP  
YOU STAY MOTIVATED



**B WELL**  
FITNESS CLUB



## Q & A WITH B WELL FITNESS

**Question: what to do for shoulder pain when in that seated position at a desk all day?**

**Answer:** We are assuming that the shoulder pain experienced is due to muscle tension, and not a soft tissue or joint injury – these should obviously be assessed and you should follow the recommended rehab.

So with that said let's go.....

1. Take regular breaks from the desk – we don't mean looking for more break entitlements but simply getting up from the desk, walk across the office, perform some simple stretches – these won't take long, and mobilise the shoulders
2. Practice deep belly breathing – sound simple but most adults breath by hiking their shoulders rather than breathing into their bellies. By doing this we help our nervous system to get from "Fight or Flight" to "Rest & Digest". When we are stressed we are very much in fight or flight and muscle pain or discomfort can send our nervous system more in that direction. Any stretching should be done coupled with deep breathing exercises
3. Stretches – what ones? For how long? How many times per day?

*Continued next week...*

We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on **FACEBOOK, INSTAGRAM & our NEW You Tube channel**. Also feel free to reach out to us on the phone 087-7643449 by text or email [info@bwellfitnessclub.com](mailto:info@bwellfitnessclub.com)

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*Astrid Longhurst*

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[www.instituteforbodyconfidencecoaching.com](http://www.instituteforbodyconfidencecoaching.com)

## NEW YEAR, NEW YOU, NEW BEGINNINGS

2020 has been one of the greatest years of change that we have seen. It has rocked our worlds in so many different ways. Everyone's experience has been different, however, each and every one of us has been changed in some way. The question now is what will you do with those changes? What needs to happen now? What do you desire? What will you leave behind and what do you need to grow? When we can use what has happened in our lives in the most positive ways, we thrive and grow. We can learn from what no longer works and create a new way of doing things. We have seen the amazing creativity and spirit of people rise up in

ways once unimagined and it is this energy that I would invite you to take hold of and allow it to lead you forward in your own life.

### Ask yourself Motivational questions

Questions help open up our minds to new potential and possibilities. Ask yourself these wonderful motivational questions:

- What motivates and inspires me?
- Is what I'm doing right now life affirming or life numbing?
- What is it to speak and act from my heart?
- Who am I becoming?

**I am teaching a four-week online course called Rewrite your body story.**

It starts on January 25th and it will show you how to craft and create a new narrative for your body and your life. For more details, please visit my website

[www.astridlonghurst.com/events](http://www.astridlonghurst.com/events)





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MSC. PHYSIOTHERAPY

**Chartered Physiotherapist**

Approved by all major Health insurance providers.



**JIMMY GALVIN** *MISCP*

MSC. PHYSIOTHERAPY

PGdip. EXERCISE AND SPORTS MEDICINE

**Chartered Physiotherapist**

Approved by all major Health insurance providers.

## CLAIRE FORDE THERAPIES:

**HELPING HEALING SUPPORTING**

*Killarney & Listowel*



**How Are You Feeling Today? MIND FULL or MINDFUL.**

Covid19 has changed our lives in ways we never thought possible. As a nation we have been exposed to unprecedented levels of Grief & Loss, Fear & Anxiety.

If your mind is FULL, then I can help you to

- Work through Grief & Loss including Pet Grief
- Improve Self-Confidence & Self-Esteem
- Deal with Depression including Post Natal Depression
- Manage Stress & Anxiety
- Explore where you can make positive changes to your life

*I am an APCP Accredited Counsellor and I also hold Certificates in Shamanic Healing & Rahanni Celestial Healing.*

*I am an experienced Grief Workshop Facilitator and speaker and I have been interviewed on Radio Kerry, Clare FM, RTE Radio 1 & RTE Radio 2.*

**Please Contact me on 087 9399818**

*(Counselling via Phone also available)*



Aghadoc Physiotherapy Clinic

**will be remaining  
OPEN**

over the forthcoming weeks  
of level 5 restrictions.

Our continued operation as an 'Essential Service' is in compliance with government guidelines regarding level 5 restrictions.

**We continue to adhere to all HSE, ISCP and WHO recommendations.**

We ask **masks to be worn by each patient.**

Thank you again for your continued support over the past several months and for the future ahead.

Please call **086 3402208**  
for an appointment.

**Aghadoc Physiotherapy Clinic**

Darren and Joanne Gaffey MISCP  
Chartered Physiotherapists



**Irish Society of  
Chartered  
Physiotherapists**

*The Voice of Physiotherapy in Ireland*





Busy Beavers: Milltown/Castlemaine underage footballers Diarmuid, Aishling and Muirir Quirke did a 5 km walk around the mass rock.

## MILLTOWN/CASTLEMAINE NEWS

### NEW YEAR GREETINGS

We wish all our readers at home and abroad the very best for 2021.

The past nine months have been very difficult and challenging for everybody. We do hope that all our researchers and medical experts have developed a vaccine which will help keep us safe into the future and enable us to return to living our lives as we did pre Covid-19.

### BUSY BEAVERS

Some of our underage footballers have been keeping themselves busy over Christmas. Eloisha Falvey, Katie Bell, Aishling Quirke and Sarah Leane performed beautifully with their singing and music at some of the Christmas masses.

Diarmuid, Aishling and Muirir Quirke did a 5 km walk around the mass rock, Eoin McClure, at 8 years of age, did his first 5 km run on St. Stephen's Day, having been training with Maine Valley AC for the past few months and Nicole Twiss was busy show jumping at Woodlands Equestrian Centre at their annual Christmas Show. Nicole, on her pony Skittles, was part of the team that came 2nd overall in Nations Cup Event on December 28th. Well done to you all. It is wonderful to see you keeping busy and developing your talents during these testing times.

### LOTTO JACKPOT FUNDRAISING DRAW

Lotto Jackpot is €12,600: Numbers drawn were 6, 20 and 32 with the bonus number being 11. Here are the six lucky prize winners in our most recent draw held on December 18th. €50 each to John Quirke, Castlemaine and Jules Murphy, Milltown. €25 each Eileen O Sullivan, Ballyfinnane, Margaret Griffin, Callinafercy West, Ann Carroll, Kiltallagh and Adele Buikuvieni, Milltown. Comhghairdeas to you all and sincere thanks for supporting our fundraising lotto. Our next lotto jackpot draw will be on Friday January

8th 2021. Tickets available at local outlets. Míle buíochas ó chroí do gach duine for their ongoing support of our Fundraising Lotto Jackpot.

### MAN OF THE MATCH:

Huge congratulations to Cillian Burke on receiving the much coveted Laoch Na hImearatha for his performance with the Kerry Minors in their victory over Clare in the Munster Final. A fantastic achievement Cillian!

We wish you and the panel the best of luck in the All Ireland semi-final against Roscommon in January 2021.

### AGM

Our club AGM is set for January 29th. We will confirm the format nearer the date.

If anyone would like to become involved in our vibrant and busy club, please contact us via email on milltowncastlemaine2012@gmail.com.

### ITEMS FOR NOTES

If any of our other readers would like to have anything included in the notes, please message Deirdre on 086/1703332.

## EAST KERRY GAA NEWS

By Michael O'Mahony

### EAST KERRY ANNUAL CONVENTION 2020

will take place on Friday 22nd of January at 7.30p.m, Due to the current restrictions this year's Convention will be held online.

Further details of this and a link to the AGM will be forwarded closer to the night to all clubs.

Nominations and motions to be received by the secretary by Monday 18th January 2021 at (secretary.east.kerry@gaa.ie)

### KERRY FOOTBALLER JONATHAN

#### LYNE CALLS IT A DAY

Jonathan Lyne Kerry & Killarney Legion has announced his retirement from Inter County Football. Thank you for the commitment you have shown to the Kerry jersey over the years. You are an excellent ambassador for the LegionGAA club. Best wishes for the future we wish you well with Legion GAA Club in future.

### CONDOLENCES

To the following families on recent deaths:

Mossie Gleeson RIP Glenflesk, Danny Leane RIP Tralee & Killarney, Mamie o Sullivan RIP Castleisland, Patrick Flaherty RIP Furies, Tina Browne RIP Castleisland sister of Ogie Moran. Former Kerry footballer Auntie of current Kerry Footballer David Moran, Jerry Riordan RIP Glenbeigh & Glencar & Kerry, Ted O'Sullivan (Piercey) RIP Former Rathmore footballer, & Garryowen club in Melbourne, Frank Brosnan RIP Rathmore,

Ar dheis De go raibh a anam.

### CONGRATULATIONS

to Jessica Murphy & Jack Sherwood Furies on their recent marriage. Wishing you both every happiness for the future.

### WISHING

Emma Looney & Jeff O'Donoghue Glenflesk a life of happiness & good health on their marriage rennily - Very best wishes to both couples.

### LISTRY GAA

have prepared a commemorative booklet marking the 50th anniversary of their O'Donoghue Cup win in 1970. They played spa

in the Final, winning by 2-8 to 0-7. Well done to Listry GAA on the Review booklet.

We would like to take this opportunity to thank everyone for your help during this difficult year. Wishing you all a happy and peaceful new year and stay safe.

## DR. CROKES

### LOTTO

draw took place on Monday January 4th numbers drawn were 6 7 9 23 JACKPOT €6,500 not won. 6 Patrons matched 3 numbers receive €70. Jackpot for draw on January 11th will be €6,500. We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis's Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below And follow instructions attached [https://play.clubforce.com/play\\_new.asp#Anchor](https://play.clubforce.com/play_new.asp#Anchor) When you click on the link it brings you to the Clubforce Main page. From here click Club name Dr. Crokes Gaa. This brings you to another page that you again put in Dr. Crokes, which in turn brings you to the Dr. Crokes home page. From here click lotto and the rest follows on. Alternatively download the Clubforce app,

**WIN €500 IN LAST MAN**  
**STANDING COMPETITION**  
The club are running a Last Man Standing Competition based on the Premiership over the next few weeks. Tickets are €10 and the winner gets €500. Tickets can be got from Vince Casey's Office or played online. Entry on Club Website or Social media.

### WIN €500 IN LAST MAN

#### STANDING COMPETITION

The club are running a Last Man Standing Competition based on the Premiership over the next few weeks. Tickets are €10 and the winner gets €500. Tickets can be got from Vince Casey's Office or played online. Entry on Club Website or Social media.

### AGM

will be held on January 19th @ 7.30pm, Covid restrictions require us to have a virtual meeting using Microsoft Teams.

If a member wishes to participate at this meeting please inform Club Sec. Matt O'Neill by emailing from account you will use to access the meeting no later than Sunday Jan. 10th. Motions or nominations must be submitted by email no later than January 5th. any motions received after that date will not be accepted, All emails to be sent to secretary.drcrokes.kerry@gaa.ie.

Details of how to link to meeting will be sent to intending attendees in advance.

### LEVEL 5 LOCKDOWN

#### CLUB SPECIFIC GUIDELINE

for activities post Dec 31st In level 5 and under the current restrictions in the North, individual training only is permitted - neither adult nor underage teams may train collectively. GAA club grounds must stay closed.

Club games are not permitted

Dressing rooms, showers and all other indoor training facilities should remain closed for club activities. Club Gyms must remain closed until further notice. No indoor meetings can be held. All officer Training must be delivered online. Outdoor coaching education courses are not permitted. No organised indoor gatherings can take place under the current restrictions.





*Busy Beavers: Milltown/Castlemaine underage footballer Eoin McClure, at 8 years of age, did his first 5 km run on St. Stephen's Day, having been training with Maine Valley AC for the past few months.*

Commercial use of indoor halls (for example by state bodies – e.g. HSE/Schools is permitted where agreement was in place prior to March and relevant insurance are in place  
No outdoor gatherings on GAA property are permitted.

#### EXCEPTION

Walkways may stay open for use by the community with social distancing in place.

#### CONGRATULATIONS

to Cian McMahon and Kerry Minor Team on a wonderful victory over Clare best wishes in All Ireland s/f v Roscommon. Harry Byrne and Leo Randles were also members of panel.

BEST WISHES to Senior Player Daithi Casey & Stephanie Egan on their recent wedding.

### KILLARNEY LEGION

Killarney Legion would like to thank all our Sponsors, Mentors, Players and supporters for the continued support throughout a hard year. Happy Christmas and Have a healthy and prosperous New Year for 2021.

#### DEEPEST SYMPATHIES

The club extends its deepest sympathies to Jonathan, Denise and the Lyne Family on the death of Arthur Eoin O'Keefe. RIP.

#### LEGION LOTTO RESULTS

13-18-21-24 Bonus No: 15

Match 3's

Mary O'Regan, 9 O'Connells Tce

Jessica Leane, 31 O Kelly Villas

Darren O Shea

Annette Hickey, Thomastown, Edenderry

Paul Kenny, Melbourne

5 winners of Christmas Draw - Baileys

Mary Burke, 14 Woodlawn Rd

Pat & Nora Kissane

Megan O Sullivan, c/o Pat ( Paddy Powers)

Carmel O Connor, Coolies, Muckross

Seamie Doc, 4 Rock Rd

(Winners of the Baileys can be collected from Ulster Bank)



*Busy Beavers: Milltown/Castlemaine underage footballer Nicole Twiss was busy show jumping at Woodlands Equestrian Centre at their annual Christmas Show.*

Thank you all for your continued support.  
Jackpot €6,300 plus €10,000 bonus.

### LEGION GAA NOTES

#### RETIREMENT NEWS

Jonathan Lyne announced his retirement from Kerry football this week. Farewell to a great servant to the county. Jonathan represented Kerry at minor, u21 and senior and was one of Kerry's most versatile players. Equally comfortable in defence or attack and always an option to introduce when changes were needed. The year 2014 will be a highlight for many of Lino's fans. His game changing contribution in the heat of extra time replay v Mayo in the Gaelic Grounds was followed by the ultimate prize of lifting Sam in Croke Park. Well done Jonathan from all your proud club mates and supporters at Killarney Legion.

#### CONGRATULATIONS

Well done to Darragh Fleming and William Shine who did us proud when they both played a part in the Kerry Minor Munster Final win over Clare. Well done lads.

#### DEEPEST SYMPATHIES

The club extends its deepest sympathies to Connie (Flash) and the O'Shea Family on the death of his mother in law Peggy Fitzgibbon. RIP.

#### LEGION LOTTO RESULTS

2-3-16-25 Bonus 4

Match 3's

Cathy Leahy, Drogheda

Anne O'Shea, 16 St Brendan's Tce

Micheal Myers, 16 O Kelly's Villas

Dan Forn, Coolcorcan

Shane O Grady, 67 Arbutis Grove

Jackpot €6,300 plus bonus €10,000. Draw next

Sunday 10th of Jan. Tickets can be picked up at

Healy Newsagents, Hegarty's, Sheehans Centra,

Ulster Bank, The Reeks & 4Star Pizza

Thank you for your support.

### SPA GAA CLUB NOTES

#### NEWYEAR GREETING FROM OUR CHAIRMAN

There is no doubt but that most of us will remember 2020 as a year like no other in all our memories. The COVID-19 pandemic has brought us so many changes and challenges that were all but impossible to foresee at the start of the year. It has changed not alone how we work but also how we spend our recreational time. We have all faced really difficult times this past year. As we look ahead, it looks like that for the early part of 2021 we will be required to continue to maintain our vigilance not only for ourselves but also for families, friends, neighbours and indeed the whole community. Across the country GAA clubs like ourselves have had to adapt to change. Work continued behind the scenes to ensure that when we could return to play that it was in a safe environment. Thank you to all our officers, parents, mentors and players for your co-operation. We are grateful to you all for your continued support. Despite all the challenges we have "survived" and we look forward to a safe, busy and successful 2021. On behalf of Spa GAA Club I would like to wish all our officers, mentors, parents, players, sponsors and supporters a safe and healthy New Year. Michael Cronin, Chairman, Spa GAA Club

#### SPA LOTTO RESULTS 04/01/21

Numbers drawn 13, 16, 18, 21. No winner and Lucky Dips receive €50 each to Emily & Chloe O'Connor, Coolcaslagh; Sean Devane, Spa; Ann Marie Hickey, Tiernaboul and Amber Fleming, Killorglin. Annual ticket holders monthly draw winner is Paddy & Sheila Casey, Knockragh. Our weekly Monday night Lotto draws will continue for now and this week's JACKPOT is €6,600. Thank you all for your continued support, which we need now more than ever. Tickets are on sale through our website spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckcross Rd, Spa clubhouse or from usual sellers.



## CLUB AGM

The Spa AGM will take place ONLINE on Wednesday January 27th at 7.30pm. Members are asked to contact Club Secretary Patrick on 0876332773 / secretary.spa.kerry@gaa.ie with their name and email address in order to register for the link to the AGM.

## VACANCY - COMMUNITY EMPLOYMENT SUPERVISOR (KILLARNEY CE)

Essential Requirements: 1) A minimum of 3 years Supervision and people management experience. 2) A Minimum of NFQ level 6 or higher in business/financial administration/HR/ project management or similar 3) Proficiency in Microsoft Office programs, such as Word and Excel. 4) Full driving licence and own transport required. 5) Previous payroll and Revenue experience is an advantage.

Please email mary@kasltdproject.com for further information. Applicants are requested to submit an up-to-date CV together with a photocopy of their education certification. A covering letter is also requested outlining applicants experience and skill set relevant to the position. Shortlisting may apply. Deadline for applications is the 15th January 2021. Email CVs to mary@kasltdproject.com or post to CE Programme, c/o Donie Foley, St. Brendan's College, Killarney, Co. Kerry.

## LISTRY COMMEMORATIVE BOOKLET

Listry GAA Club have prepared a commemorative booklet marking the 50th anniversary of their O'Donoghue Cup East Kerry Championship victory in 1970. They played Spa in the Final that year, winning by 2-8 to 0-7 on the day. A brilliant booklet that includes the newspaper articles on the championship that year and also showcases the history of the GAA in East Kerry at the time. Well done to Paul Kennedy and Listry GAA on the Review booklet- full edition available from Listry GAA Club or on spagaa.com

## CONDOLENCES

Our deepest sympathies to the family of Paddy (The Farmer) O'Sullivan (RIP), Ballaugh and London. Ar dheis Dé go raibh a Anam.

## GAA ISSUE UPDATE FOR CLUBS AND COUNTIES

The GAA has issued advice to clubs and counties for activities that are permissible and not permissible in 2021 until further notice. More info on spagaa.com or gaa.ie. In level 5 and under the current restrictions in the North, individual training only is permitted – neither adult nor underage teams may train collectively. GAA club grounds must stay closed. Club games are not permitted.

Use of Indoor Team Facilities: Dressing rooms, showers and all other indoor training facilities should remain closed for club activities. Club Gyms must remain closed until further notice. Committee Meetings: No indoor meetings can be held. Officer Training: All officer Training must



Santa visited Spa over the Christmas to collect the letters from our Santa Post Box.

be delivered online. Outdoor coaching education courses are not permitted. Indoor Events on GAA Property: No organised indoor gatherings can take place under the current restrictions. Commercial use of indoor halls (for example by state bodies – e.g. HSE/Schools) is permitted where agreement was in place prior to March and relevant insurance are in place. These are the only instances in which indoor activity is permitted on GAA Club property. Outdoor Events on GAA Property: No outdoor gatherings on GAA property are permitted. Exception: Walkways may stay open for use by the community with social distancing in place.

## CONGRATULATIONS

Congratulations to Brian Kelly and Jonathan Lyne on their retirement from Kerry GAA. All at Spa GAA Club wish them both the very best for the future.

## ITEMS FOR NOTES

Any items for the club notes please contact pro. spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

## BALLYHAR-FIRIES GAA

### LOTTO

Lotto results from Monday 4th January  
Numbers drawn were: 12, 13, 22, 26  
No jackpot winners  
5x€30

Patricia Riordan, The Castle Furies

Jayden Foley, Farranfore

Patricia Riordan, Farranfore

Patricia Riordan, Farranfore

Louise Kennedy, Swinemount

As a result of the rise in covid numbers, a decision has been made to run the Club Lotto on a bi-weekly basis. This will be reviewed in the weeks to come.

The next draw takes place on Monday 18th for a Jackpot of €4,600. Congrats to all our winners.

Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Furies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Furies, Hendersons Shop and Bar Furies and from all the usual sellers. We thank these businesses for their continued support. Thanks you all for your continued support.

## AGM

The Annual General Meeting of Furies Football, Hurling and Ladies Club which will take place on Friday 29th January 2021 @7:30pm via an Online Platform. Further details will be emailed to all 2020 Club Members in the coming days and details will also be available on our social media outlets.



**Be Responsible - Be Safe**





**Norma Foley TD**  
Minister for Education & TD for Kerry

**FIANNA FÁIL**  
THE REPUBLICAN PARTY

Always available to support and assist with any queries or issues you might have.


**Constituency Office:**  
1 Bridge Place, Tralee Co. Kerry.  
Tel: 066 716 9052 Email: Norma.Foley@oireachtas.ie

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**WE ARE GROWING OUR TEAM AND WOULD LIKE TO HEAR FROM INTERESTED CANDIDATES FOR THE FOLLOWING POSITION:**

**Experienced Window & Door Fitter(s)**  
**(4 or 5 days per week)**

**Key responsibilities:**

- Install customer windows and doors to the highest standards
- 5 years' experience in fitting windows and doors is essential, plus a background in carpentry and plastering
- Neat and tidy work practices with a strong emphasis on Health & Safety

**Please note:** This position may suit someone with their own van and crew. Alternatively, a company van can be provided. We are also open to discuss different contract options for this position.

**If you are interested, please ring 066 711 5790 before Friday 15th January, 2021**

 **DANNY HEALY-RAE TD**  
 **Cllr MAURA HEALY-RAE**

**WEEKLY CLINIC ON:**  
**SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM**  
(Social distancing and contact tracing in place)  
We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.

**BUSES TO BELFAST FOR CATARACT PROCEDURE ARE BACK**  
We are now taking names for the next bus.

**PLEASE CONTACT**  
Danny 087 2316055 Office 064 6685315  
Maura 087 7816432 Johnny 087 2354793  
Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com  
maurahealyrae@gmail.com

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## RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

**THE LATE TED O'SULLIVAN**

Sympathy to the family of Rathmore GAA supporter Ted O'Sullivan (Ted Piercey) who died recently. Ted left Ireland for Australia in 1971 just after breaking onto the Rathmore Senior panel. He joined the Garryowen Club in Melbourne where he played full back for years. He was also a great friend to many local lads who ended up in Melbourne, and he never forgot his Rathmore roots, following our fortunes from the other side of the world.

He also represented Victoria in the Interstate games for 11 years and won the equivalent of our All Star Awards multiple times. The highlight of his football career was marking the Bomber Liston when Kerry toured down under. To all his family including Sean and Bridie in Gortacorin and Joan in Cork, all in Rathmore GAA Club offer our sincere sympathies.

Ar dheis De go raibh a anam

**BUSINESSES OPEN IN RATHMORE PARISH**

Rathmore

McCarthy's Londis,

O'Keeffe's Food & Filling Station,

Reens' Pharmacy,

Christy's Take Away

McCarthy's Butchers,

Rathmore District Credit Union,

Blaze Pizza & Grill,

Hickey's Centra & Filling Station,

Kerry Agri Store Rathmore,

Rathmore Post Office

Linda's Restaurant Open for take away only

Friday-sunday 10-6

O'Keeffe's Hardware & O'Keeffe's Oils

Sapphire Sign

Washbasket Dry Cleaners & Laundry (9:15-3pm)

Guerins' Foodstore Filling Station, Ballydaly

Cross

Gneeveguilla

McCarthy's Quick Pick,

Paddy O'Keeffe's General Store

Knocknagree

King Plaza Take Away

**SINCERE SYMPATHIES**

to following Families of late Frank Brosnan RIP

Rathduane Rathmore, &

Julia Murphy, IP Gortavehy Rathmore

Ar dheis De go raibh a anam.

**THE RATHMORE SOCIAL ACTION GROUP** will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time.

To avail of this service, please call Norah & Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can.

**RATHMORE COMMUNITY COUNCIL****GNEEVEGUILLA GAA CLUB**

Congratulations to the community of Gneeveguilla. A massive €1,189.00 was raised for St Joseph Day Care centre, Rathmore when Father Christmas visited the GAA. We are blown away with this amount, we didn't expect the

huge response. It goes to show what a fantastic community we live in during these strange times. Thank you for all those that gave up their time on the evening, to ensure Father Christmas was safe to continue his duties for Christmas.

Helpful Contact Numbers:

Jigsaw Kerry: (Young Peoples Health in Mind)

Contact 066-7186785 Email: kerry@jigsaw.ie

Pieta House: Contact 01 6010000 or www.pieta.ie

- COVID-19 Support Line for Older People:

ALONE has launched a national support line and

additional supports for older people who have

concerns relating to COVID-19. The support line

is open Monday to Friday, 8am-8pm, by calling

0818 222 024.

**ILLEGAL DUMPING:** All illegal dumping on our roadsides and countryside should be reported to Kerry Co. Council on 066 716 2000. Freephone: 1800 326 228. You can also download the app "See it Say it" to your mobile phone and report any illegal dumping there and then. Your help to curb this unsocial activity will be greatly appreciated

**THANK YOU**

We would like to take this opportunity to thank everyone for your help during this difficult year. Wishing you all a happy and peaceful new year and stay safe.

**NOTES**

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before 6pm. Sunday.

## FOSSA NEWS

Written by: Shane Kelly

**COVID-19****CLUB SPECIFIC GUIDELINES:****CLUB GAMES AND TRAINING**

In level 5 and under the current restrictions, individual training only is permitted – neither adult nor underage teams may train collectively. GAA club grounds must stay closed. Club games are not permitted. Club Gym must remain closed until further

notice.

**NEW YEAR**

We would like to wish all our members a very happy and peaceful 2021, Hopefully a very successful one on and off the pitch.

**LOTTO**

Club lotto is unfortunately suspended for the foreseeable future due to COVID-19 restrictions, thanks for your continued support.

**CONDOLENCES**

The club would like to pass on our condolences to the families of Eileen Cunningham Friary Downs Killarney, Mick Clifford Crohane Fossa and Rosemary Maybury-Heard of Sandwich New Hampshire USA and late of Aghadoe. May they all Rest in Peace.

## BEAUFORT NEWS

Written by Cliona Coffey

**HAPPY NEW YEAR**

Beaufort G.A.A. Club wish everybody at home and abroad a happy 2021. Thank you for all your support in 2020.

**FACILITIES**

As we entered level 5 restrictions again, the

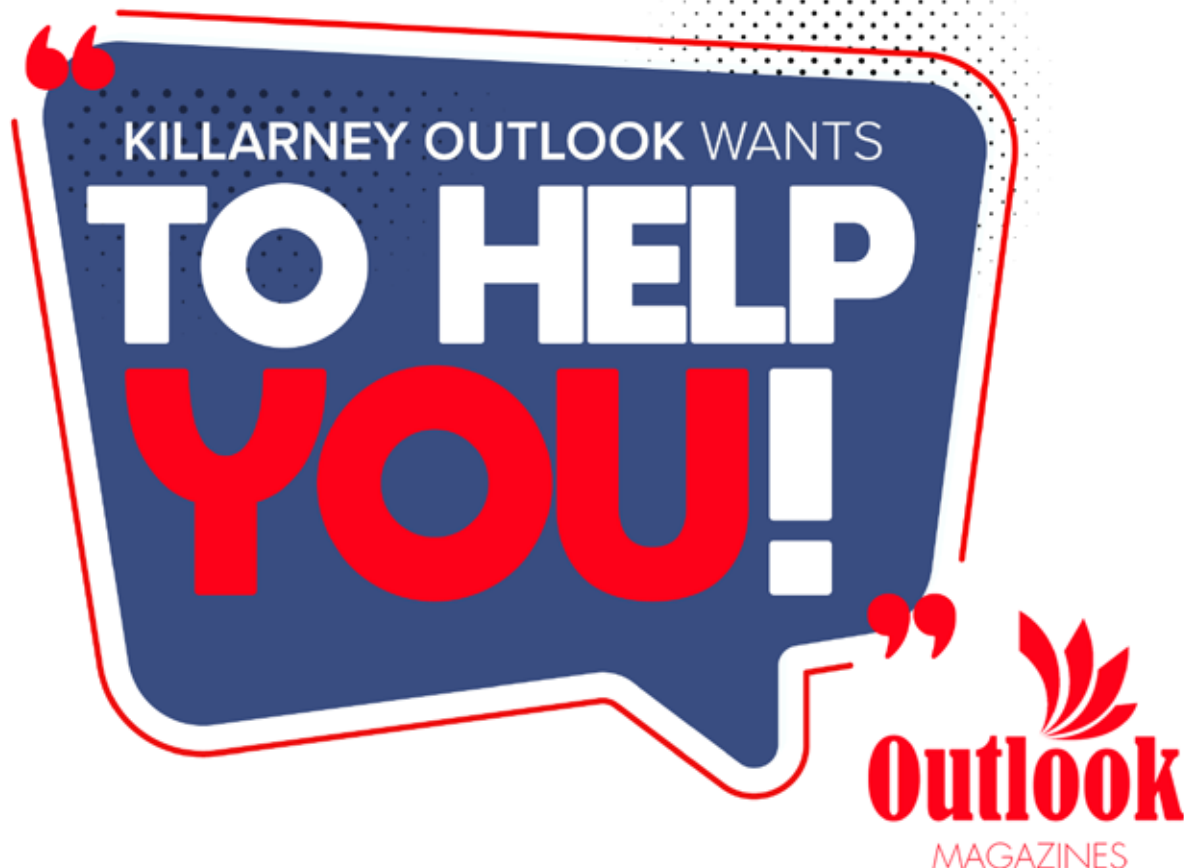
Club gym has to close. The walking track is open. Please walk with your own family members and observe social distancing. Team training is also cancelled for the immediate future. If anybody needs a helping hand to collect shopping or with any other errands, please contact Mary Jo at 086 3779702.

**ANNUAL GENERAL MEETING**

The Club Annual General Meeting will be held at the first available opportunity. Nominations and Motions to be sent to Bridget: secretary.beaufort.kerry@gaa.ie on or before Friday, 8th January 2021.

**IF YOU HAVE A SPORTING STORY...** Contact Aisling on: 086 0400 958





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- CASTLEMAINE
- BEAUFORT
- FOSSA





## KILCUMMIN NEWS

Written by: John Moriarty Email: info@kilcumminparish.com

**SYMPATHY**

Sympathy is extended to the family of the late Dan Joe McCarthy, Lyreatough and Ballincollig who died recently. May he rest in peace.

**KILCUMMIN RURAL DEVELOPMENT OFFICE**

Due to Covid 19 restrictions the Office will be closed to the public until further notice. However we will still process the notes for the local press and newsletter, items can be emailed or dropped in the letter box. If you have any query or request, please contact John on 086-1579381 / email info@kilcumminparish.com

**MARGARET O'CONNOR MEMORIAL WALK**

Margaret passed away last August. In appreciation for the wonderful care she received in the Palliative Care, Tralee, friends and family have organised a fundraiser for the Palliative Care Unit. Due to Covid 19 no organised events can be held. The organisers therefore are asking people to walk 10 km with family members or in their safe bubble, any day any place over the Christmas season. A temporary account has been opened in Killarney Credit Union into which donations may be made. The account will be closed on Jan 15th 2021 and all funds transferred directly to Tralee Palliative Care Unit. Account details: Name: Margaret O'Connor Memorial, Account no 64981, IBAN: IE73KIRO99219319550985, BIC: KIROIE21. Please support.

**BOG WALK**

With travel restrictions for recreation reduced to 5k, why not avail of the beautiful scenery and fresh air that our local Bog Walks have to offer. You can contact John on 086-1579381 to arrange to pick up your walk brochure. Suitable footwear is essential.

**MASTERGEEHA FC LOTTO**

There was no winner of the Lotto on Sunday 27th December 2020. Numbers drawn were



The Walsh Family, Cathal, Enda, Amy and Breda who took part in the Margaret O'Connor Memorial Walk.

1,3,5,26. Consolation prizes went to the following: €50 Michael O'Connor, Glounonea, Kilcummin €50 Martina Lyne, Knocklebede, Kilcummin. €50 Patrick O'Sullivan, Knocknahoe, Kilcummin, €50 The Morrissey Family c/o Julie Looney. Shopping Voucher; Racheal Hurley, Minish, Killarney. Shopping Voucher; Adam Hurley, Minish, Killarney. Whiskey Julie, Shauna and Miriam Looney, Mastergeeha. Due to Covid 19 restrictions the Lotto is cancelled until further notice.

**KILCUMMIN GAA - LOTTO**

There was no winner on Monday 28th December for a jackpot of €4,250. Numbers

drawn were 11,13,16,20. Consolation prizes went to €50 Gary O'Leary, Buddihans. €50 Rebecca Cremin, Rathmore. €50 Eily Mai O'Connor, c/o Dan Horan €50 Joan McSweeney Pittman, c/o Kathleen McSweeney. A sincere thank you to everyone who has supported our Club Lotto in 2020 including our dedicated sellers and those whom have assisted at the lotto draws throughout a difficult year. The lotto is postponed for the time being and we will confirm the date of our next lotto draw at a future date.

## LISTRY NEWS

Written by: Anne Sugrue O'Brien

**DEEPEST SYMPATHY**

Listry Community Council, Meals On Wheels & Firststep Childcare Service want to wish everyone a Happy Healthy New Year.

**MEALS ON WHEELS**

Listry Meals On Wheels service operates 3 days a week - Monday, Wednesday & Friday. The meals are prepared by Cathriona or Vivian in the Kitchen at community centre The meals are collected by team drivers, (Who provide the service on a purely voluntary basis). They give their time and transport freely. Each client has their meal delivered to them for 1pm each day. The Community Council wish to Express sincere Thanks to all our Drivers without the service could not operate.

The service covers the areas of Faha, Ballyhar, Listry & Milltown. Anyone in these areas which wishes to avail of service should contact Cathriona at 087-9381063.

**SYMPATHY**

Votes of sympathy to bereaved families, relatives and friends of following people who died in 2020 and recently.

- \* Kathleen Buckley (Nee Larkin). Knockgowna, Faha.
- \* Joan Lane. Laharn, Milltown/Cromane
- \* Teresa O Sullivan (Nee Hogan) Armelode, Milltown
- \* Mary Kissane (O'Meara), Pallas.
- \* William Joy. Gap Cross, Beaufort.
- \* Hannah Kelly, Gortroe, Fossa.

- \* Linda Eviston (Nee Lucey). Dromkerry, Fossa
  - \* Kitty O'Connor (Nee Coffey). Lower Lahard.
  - \* Mary Redpath Healy. Rockfield.
  - \* Brendan Murphy. Cork/Cahersiveen.
  - \* Frank Anderton. Crohane, Fossa
  - \* Martin Bergin. Rathmore/Listry.
  - \* James Horgan, Ballinvarrig, Fies.
  - \* Mossie Gleeson, Clonkeen.
  - \* Debbie Murphy (Nee O'Shea). Lyre Road, Milltown.
  - \* Anne Shaughnessy (Nee Cunningham), Tuam Galway.
  - \* Mick Clifford. Crohane, Fossa.
- May their souls rest in peace.

**IF YOU HAVE A SPORTING STORY...** Contact Aisling on: 086 0400 958





## JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

### KERRY GAA RETIREMENTS

This is the time of year when great players who know that their time has come exit the stage gracefully, and two of Killarney Legion's finest, Jonathan Lyne and Brian Kelly, have exercised that option, as has Tarbert's Shane Enright.

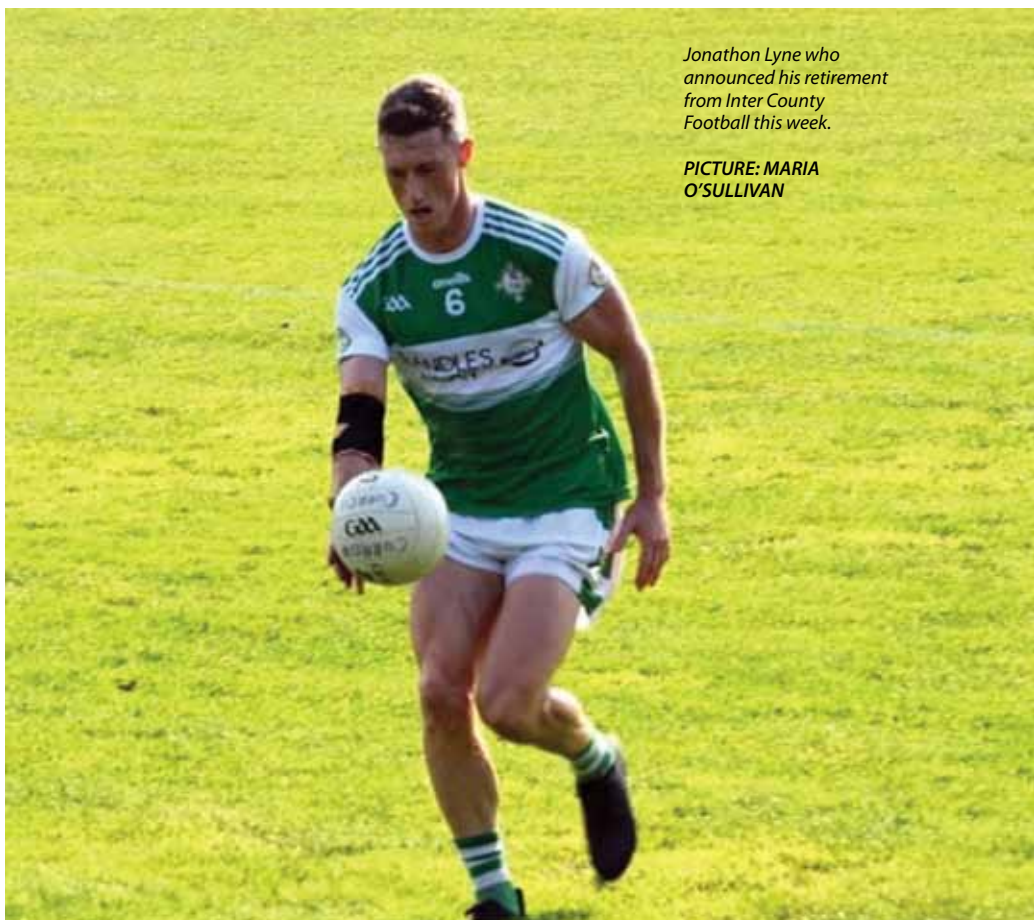
Brian and Jonathan were always stand-out players from a very young age, even among a hugely talented bunch of Legion youngsters that included James O'Donoghue and Podge O'Connor. James, Jonathan, and Brian were all stalwarts of the Sem side that won the Corn Uí Mhuirí in 2008, beating an equally star-studded Tralee CBS side by 2-11 to 1-11. The key moment was an absolutely stunning save by Brian to deny Fiachna Mangan a second goal. They succumbed to St. Pats of Dungannon in the Hogan Cup Final by 1-9 to 1-7, Kerry sides just couldn't get past the Northern teams for love or money in those times, but the youngest scion of the Cleeney clan and the tall and athletic young keeper were firmly on the radar.

They were stalwarts of that year's Kerry minor team, one of the most talented I have seen. As well as the three Legionnaires, you had Daithi Casey, Fionn Fitzgerald, Barry Shanahan, Jamie O'Sullivan, Peter Crowley, Wayne Guthrie, Jack Sherwood, Paul Geaney, Barry John Keane, Barry John Walsh (who was probably the stand-out player), Mike Tim O'Sullivan (now joint manager of Tralee CBS)....it wasn't enough. They took a very strong Mayo side to a semi-final replay but bowed out at that stage – a friendly giant of a youngster with strong Caragh connections was Mayo's man of the match – Aidan O'Shea was a pure gentleman and still is. They themselves came a cropper themselves to a Tyrone side who included Peter Harte and a much-heralded Kyle Coney.

Much the same Kerry team lined out against Cork in Pairc Ui Caoimh in 2011 in the U21 Championship. That was a strange one, to say the least. Cork led by 2-4 to 0-1 after 12 minutes and 2-13 to 0-4 at half-time; it was far too late for damage control. Just one of those games that spins out of control, it happens – Kerry Meath in 2001 is another example. If you told me that night that twelve of that Kerry panel would go on to play senior, with most of them winning an All Ireland in 2014, I'd have laughed – weakly.

The Legion duo had already proven their talent, though, and Jonathan made his senior debut that year against Cork in the National League at right back. He made his championship debut a year later against Clare in the qualifiers and was a stalwart on the Kerry panel for the next nine years.

After scoring two points against Kildare in the National League, Eamonn Fitzmaurice opted to switch him as a defensive wing forward rather than an attacking wing back. Jonathan,



*Jonathon Lyne who announced his retirement from Inter County Football this week.*

**PICTURE: MARIA O'SULLIVAN**



*Brian Kelly who announced his retirement from Inter County Football this week.*

*Picture: Maria O'Sullivan*

a naturally intelligent and stylish footballer, could play anywhere but I have to say that I never agreed with that move with either club or county – I have always believed that Jonathan can dictate games from the half back line.

Every young footballer in Kerry dreams of an All Ireland, and it happened for Jonathan and his team-mates in 2014. Club colleague and close friend James O'Donoghue was Footballer of the Year, but Jonathan's contribution was also crucial. The best game of the year was Kerry's

replay win over Mayo in Limerick, a real classic. Kerry came back from seven points down to eke out a 3-16 to 3-13 victory, with Jonathan replacing Donnchadh Walsh and nervelessly scoring two crucial late points to win the game. By now he had a reputation as a talented wing back with a particular talent for timing his runs forward. In a way, his versatility came against him, with Jonathan regularly summoned from the bench to slot in anywhere on the pitch, and he performed a usually under-stated but





Shane Enright.

always crucial role in many a Kerry victory.

Jonathan is a teacher in Mean Scoil Castlegregory, where he and principal and Kerry star Aodhán Mac Gearailt helped guide the school to three Munster Finals.

Brian made his League debut in 2012 in a draw with Mayo. He had to wait until 2014 to make his championship debut – Brian was the first choice keeper throughout an enthralling and successful campaign that culminated in a win over Donegal and Sam Maguire's last official visit to the Kingdom. Brian also won the Sigerson Cup that year with UCC.

For much of his Kerry career, Brian shared the goalkeeping duties with Kilcummin's Brendan Kealy and latterly Shane Ryan of Rathmore.

The pair were part of a huge resurgence in Killarney Legion's fortunes. They helped the club to U21 titles in 2011 and 2012. They lost out in the County Club Finals of 2013 and 2014 to Dr. Crokes, winning promotion straight back to Division One of the County League in the latter year. In 2015, although they lost their third O'Donoghue Cup Final in a row, they reached their second ever County Senior Football Final and came agonisingly close to winning – Declan O'Sullivan inspired a great South Kerry comeback that saw his side pip Legion in extra-time of a replay. Killarney Legion did represent Kerry in the Munster Club Championship, but bowed out to Nemo Rangers of Cork. Possibly the best moment for Brian and Jonathan in a Legion jersey arrived in 2018, when they defeated Dr. Crokes to lift the Dr. Paddy O'Donoghue Cup for the first time since 1976.

The pair have been vital to Legion's success over the past decade and, no longer constrained by inter-county requirements, will no doubt be even more influential now.

Shane Enright was already established as a teak tough defender by then. He was a minor in 2005 and 2006, when a side that included David Moran, Tommy Walsh, Mike Moloney, Jamie Doolan, Gary Sayers, and Patrick Curtin (RIP) lost out to Roscommon in a replayed final. In 2008 the bulk of that panel won Kerry's last U21 title. Kieran O'Leary was man of the match that day, Mike Stam O'Donoghue got Kerry's two goals

while Paul O'Connor scored 0-5, but I was hugely impressed with David Moran in the middle and Killian Young and Shane in defence. By 2011 he was Kerry's starting cornerback – in fact, he was Kerry's designated man marker. In many ways Shane was an old-fashioned defender – sticky, tough, unobtrusive, and enormously focussed. He wasn't the type of player to make supporters gasp at an outrageous piece of skill, he simply made sure that his opponent was never doing it either. He was a key part of the 2014 win and won a deserved All Star a year later. Shane was also part of a Tarbert team that made the remarkable journey from Division Five straight to Division One in the County League.

All three have always been an absolute pleasure to meet and to watch, whether for club or county, and I wish them all the very best of luck in the future. Except, of course, when they are playing against my own club!

Further retirements are expected to be announced over the coming days.

## CHANGING OF THE GUARD

Brian and Jonathan are not the only prominent retirements from the GAA recently. Cork stalwart Paul Kerrigan stepped away – he never had much luck against Kerry but he never gave us an inch either and I always respected him for it, his pace hurt us often enough. Dual player Aidan Walsh was a sensation from the time he was 17 years old (I first saw him that year as man of the match in the Duhallow U21 Tournament – the big lad was phenomenal). He gave everything he had to the service of Cork – I would have to agree with the general assessment that he spread himself too thin over both codes. I met him several times helping out at juvenile blitzes, that tells you something about his character as well. I never met Antony Nash, Cork's hurling keeper, but he was one of the best of his generation. I never liked how the rule change regarding penalties was named after him – the rule desperately needed to be changed (have you ever been his in the face by a sliotar? I have, my camogie-playing sister was absolutely delighted with herself) but Anthony Nash was simply playing fairly, it was the rule, not the player, that was wrong.

Incidentally and just in passing, of course I wouldn't be thrilled at having Mike Ashley of Sports Direct as a sponsor. But Cork GAA are getting €400,000 a year for five years now that they have replaced Chill Insurance as main sponsor with potential bonuses and a possibility of Ladies GAA and camogie being included after their current deal runs out. Would I take it? Get real. I would snap your hand off for a deal like that.

David Clarke, Donal Vaughan, Seamus O'Shea, and Tom Parsons retired from Mayo – Vaughan was one of those lung-bursting trademark Mayo defenders who could attack as well as he could defend in the half back line and one of their key players, but for me Clarke never really got the credit he deserved, second only to Cluxton as a keeper over the past two decades. For that matter, many people viewed Tom Parsons as a big, raw midfielder with more power than skill – a lot of people were completely wrong about

that. Parsons had superb skill in the engine room and was utterly selfless, any team, including us, would have been delighted to have him on board. Big Seamus O'Shea actually joined the panel after his awesomely talented younger brother (Conor would also join Mayo's senior squad). While he wasn't a polished diamond, he had size, strength, and most of all a phenomenal heart. All four players will be badly missed, even though Mayo unearthed a few gems in 2020.

## GAA

Yes, the seniors most certainly did hit a blip against Cork. I made it clear at the start of the truncated 2020 Championship that getting games played was the sole priority. I have no doubt that if there was a back door, we would have regrouped and advanced to meet Dublin – let's be honest, we would not have advanced further. One surprise defeat does not suddenly make us a bad team and the showing of Tony Brosnan and Killian Spillane up front, and the impressive showing of our U20 players indicates to me that Kerry are by far the biggest threat to Dublin. I do have to note that the criticisms thrown Mayo's way after their comprehensive defeat by that awesome Dublin team were extremely unfair – Mayo earned the right to be there the hard way and I for one have huge admiration for that team.

We all know that Dublin are the team to beat. But I am honestly convinced that we have all the tools we need to beat them. A little more stability in midfield, a little more coaching in one-on-one defending (our tackles need to be more convincing and we need to track free players in our danger area better) and a little more commitment to attack (we have better forwards than Dublin, but they need more support and less runners from defence) and Sam Maguire will be coming back to where it belongs. Everything to play for!

We haven't won at the U21/U20 grade since 2008. However, recent managements have seen a resurgence of our fortunes at Munster level. John Sugrue did a fantastic job and can justifiably feel unlucky that covid took four crucial players out of his hand for the All Ireland semi-final – to be fair, that was an awesome Galway side and they were brilliant to watch, credit where it is due. Kerry have made a very shrewd appointment in Declan O'Sullivan as his successor, and he in turn has picked wisely with John Galvin and Sean O'Sullivan – I honestly consider all three to be among the best judges of football in the county. Moreover, I would be hopeful after watching a great campaign by the 2018 Kerry minors that there is a wellspring of talent for the U20s to draw from. Time will tell...

The minors are our best success story of 2020. It takes some doing by management, players, and their families (an often forgotten but absolutely crucial part of the equation) to maintain focus and commitment during a lockdown, but Kerry managed it. That was a very, very good Cork team, we will see young Nash and Walsh at higher grades yet, but Kerry withstood the storm and came out burnished. The form of the likes of Nagle, Maunsell, Burke, and McMahon may be the headliners, but most impressive for me was Kerry's overall focus, hunger, and





enormous workrate. Talent alone does not win championships, and this year's Munster Minor Champions have more than talent going for them.

On the domestic front, Kerry supporters cannot complain about the dominance of Dublin GAA (I do firmly believe that the GAA need to put more money into coaching in Leinster counties and a bit less into Dublin – but that's the only change I would make. I enormously respect the Dubs – but I don't fear them. I can't wait until we play them again in championship, and I expect it to be this year) without looking at East Kerry. Of course I like East Kerry winning, but I think there are too many good players who won't be able to make East Kerry panels at the various grades because of the big numbers involved. Personally I am convinced that it is time to look at implementing Eoghan Ruadh as a district at senior grade, especially since Kenmare District going and Kilcummin dropping down from senior. Time for the County Board to grasp that nettle?

## LOOKING FORWARD TO 2021

They say that it's always darkest before the dawn (a little bit ridiculous; it's darkest in the middle of the night, but let's not have mere logic interfere with folk wisdom). Certainly we have to face the fact that things look fairly bleak at the moment and sport is unlikely to feature too highly on anyone's agenda for the immediate future. Nonetheless, as vaccines begin to roll out and the world begins the process of healing, there is plenty to look forward to over the coming months, especially in sport. You have the Olympics (although Tokyo might not exactly be the most suitable host right now), the Paralympics, the Soccer World Cup (talking about unsuitable hosts!), the Rugby World Cup, the Cricket World Cup, the Ryder Cup, The European Championships.....

## RUGBY

As things stand, the British and Irish Lions Tour to South Africa will be going ahead. The hosts won the 2009 series, but I expect the Lions to reverse that on this occasion. South African rugby is now firmly aligned with the Northern hemisphere

now anyway – I am sceptical of that move, to be blunt about it. I think rugby is expanding too fast for solid foundations. There are too many games expected of too few teams – Munster and Leinster fielding extremely weakened sides in defeats to Connaught and Ulster devalues competitions. French teams withdrawing from the Pro14, ostensibly over covid fears (I suspect that the cost of competing versus the reward when compared with their rich domestic league played a part) is another ominous sign. That said, Munster's late and great victory over Clermont Auvergne was a throwback to happier days and hopefully a harbinger of days to come.

The Six Nations is my favourite tournament, although I generally think of it as 'Five Nations and a Close Friend', sorry Italy, but that's the harsh reality. England are the powerhouse right now – and I really do mean power, rugby is worryingly attritional and I firmly believe that concussion protocols are nowhere near strict enough, a pending legal case by former players could and hopefully will have repercussions for the game. A resurgent France came very close to shocking England in their last game and did it with a team infused by youth.

Ireland, to be honest, look well behind both. More worryingly, we still look to the likes of Sexton (though Burns looks a real contender for me), O'Mahony, and Aki, some of the best players....of yesteryear, to be blunt about it. We got absolutely spanked by England in particular. Worse, we looked completely lacking in any flair or imagination. That said, we are well ahead of Italy, Scotland, and Wales. I've watched some of the games by that great Welsh side of the early seventies on YouTube during lockdown. Lads can talk about Gareth Edwards all they want, and he really was great, but none of them come close to JPR Williams for me. The Doctor was probably my favourite rugby player ever to watch, shimmying skill allied to a fearless core. Admittedly, he was also the worst commentator ever in his later career. Good old Bill McLaren commentated on some of those Welsh games – he was like a befuddled but enthusiastic favourite teacher – he didn't always make complete sense but you had to love him.



## SOCCER

Like I said, darkest before the dawn. Hopefully the legal net is closing on a certain individual who shall not be named because he's a muppet. Borrowing E6m from Mike Ashley and pretending it was sponsorship? Ah, lads! Stephen Kenny has come on board at a time when things are at a low ebb and I strongly suggest that he literally gets a free pass for 2021. We haven't qualified for the European Championships, and no harm, a bit of breathing space is good for us right now. I have no more interest in qualifying for Qatar than I do in attending a Sepp Blatter house party right now. Is he still in jail after that corrupt debacle? I certainly hope so. I've no time for his designated heir apparent and former assistant Infantino either.

Brexit means that Irish players can no longer transfer to British clubs before the age of 18. I actually believe that gives us a golden opportunity. For far too long, the League of Ireland has been shamefully neglected by the FAI, our development system has been all about sending young players to England. But having our best 17 and 18 year olds developing their game at home with LOI clubs would help provide the missing element in Irish soccer for generations – a pathway forward for non-elite players. Cork City FC's future remains in debate while Limerick FC, sorry 'Treaty United' (they had to change the name to avoid paying debts) don't seem to have one. I know that the FAI don't have money and are dependent on the taxpayer, but having a team in two of Ireland's most important cities must be a priority. Meanwhile Shamrock Rovers are putting a B team into the First Division – great move for them, absolutely terrible move for Irish soccer. What will happen if that trend continues is a small handful of clubs will completely dominate, Hoover up all the available talent....and stagnate. We need more LOI clubs, not less. Get young Irish players playing in Ireland. Move the focus from elite underage squads (that narrows development pathways, not opens them) to District Leagues feeding into Irish teams, not English ones. Forget summer soccer, it simply hasn't worked - Mayo. If the FAI can keep their heads, and I realise the size of that particular 'if' given their record, this could be the year that Irish soccer for the first time ever in its history builds a solid foundation for the game in this country.



## MUCKROSS ROWING CLUB

### HAPPY NEW YEAR

Wishing all our members, past and present, families, supporters and friends a very Happy New Year. With effective vaccines for COVID-19 now a reality, 2021 holds the promise of a return to more normal routines later in the year.

### LEVEL 5

Over the Christmas break, we saw a return to full Level 5 public health restrictions, which are currently due to be in place until the end of January. During Level 5, the public are asked to stay at home with limited exceptions. No group training is permitted, indoors or outdoors and all gym facilities are closed. No gatherings are permitted for individual training. People are asked to exercise individually within 5km of their home and are permitted to take exercise outdoors with people from one other household.

### WEDDING BELLS

Congratulations to David Horan and Siobhan Fleming on the occasion of their marriage in December. We also send our congratulations across the Atlantic to Arizona, to Patricia Cronin and her husband Anoop who also celebrated

their marriage in the USA. Wishing both couples every health and happiness for the future.

## GNEEVEGUILLA ATHLETIC CLUB

### LOTTO

No winner of our lotto draw 23/12/2020. Numbers drawn were 2, 11, 12 & 25. Sellers prize winner Tom Joe O' Donoghue, €50 y/t prize winner Richie Cooper Coolrairie Co Laois, €50 to The Dunlea's Scartaglen, €40 each to Freddie O' Connor Scartaglen, Fiona & Gerard Real Lisheen & Jer Dunlea Scartaglen. Bonus not won numbers drawn were 2, 5, 21 & 25. Next weeks draw will take place on Friday Jan 1st 2021 same place & same time. Jackpot is €15,200 plus €1,000 bonus.

## KILLARNEY VALLEY ATHLETIC CLUB

Unfortunately, all training is cancelled and the Killarney Valley Athletics Track must remain closed under the current Level 5 restrictions. Individuals may train on their own within their

5K limit and we encourage all our athletes to keep up their fitness for both their physical and mental wellbeing.

We would like to wish all our members a Happy and Safe New Year.

Please keep an eye on your emails and also check our Facebook/Instagram page for any updated information.

## GNEEVEGUILLA ATHLETIC CLUB

### LOTTO

No winner of our lotto draw 01/01/2021, numbers drawn were 9, 13, 15 & 16. Sellers prize winner Aeneas O' Leary, €50 y/t prize to Breeda Teahan c/o O' Keeffe's Shop, €50 to Eamonn Bowler Annaghmore, €40 to Siobhan Foley Celecos Killarney, Shane Carmody Scrahanagullane & Mike Lyne Celenos Killarney. Bonus not won numbers drawn were 13, 18, 20 & 27. Next week's jackpot €15,400 plus €1,000 bonus.

## OUTLOOK GOLF

## KILLARNEY GOLF CLUB LADIES

### RESULTS

from AIB Christmas Hampers Competition, Stableford 13holes, Mahony's Point

1. Lorna O Leary PH 20 - 28 pts (last 3 holes)
- 2 & BG. Mairead Martin PH +2 - 28 pts
3. Lora Beth Molloy PH 20 -27 pts (last 9 Holes)
4. Noreen O Callaghan PH10 - 27 pts (last 9 Holes)
5. Ann Stuart PH 12 - 27 pts
6. Amy Arthur PH 5 - 26 pts (last 9 Holes)

## DEERPARK PITCH & PUTT CLUB NEWS

### CHRISTMAS EVENTS

We were able to play a number of events prior to the introduction of Level 5 on New Year's Eve.

### U16 CHRISTMAS COMPETITION

Sponsored by Jason O'Connor (Two Ball Scramble). Winners: Robbie Harnett and TJ O'Sullivan 50, Runners-Up: Cillian Courtney & Fintan Martin 51. Thanks to the Victoria House Hotel for kindly giving Pizza vouchers to all who played in lieu of not being able to hold a party this year.

### CHRISTMAS TURKEYS

Sun Dec 20th- Fourball Betterball: Overall Gross: Ger Casey & Noel Moynihan 44, First Nett: Sean O'Brien & Colm O'Dowd 37, Second Nett: Robbie O'Brien Jnr & Betty O'Brien 38, Hole-In-One: Gearóid Cronin (13th Hole).

### DANNY NOLAN MEMORIAL

### THREE BALL SCRAMBLE

Overall Nett: John McGrath, Noel Moynihan & Betty O'Brien 66 2/3. Gross: Robbie O'Brien Jnr & Kieran Fitzpatrick 82.



Harry O'Neill, right, winner of the Dr Crokes GAA Club Golf Society golfer of the year award, with sponsor Vincent Casey, Q.F.A Life and Pensions Co. Ltd.

Sun Dec 27th: Two Ball Scramble- First Nett: John McGrath & Sean O'Brien 34½, Gross: Gearóid Cronin & Robbie O'Brien Snr 45, Second Nett: SEAN ASHE & BETTY O'BRIEN 37½.

### U16 MATCHPLAY

Unfortunately, we had to postpone plans to play this competition after Level 5 came back in. We hope to play it in February now, possibly over the Mid-Term break if restrictions allow.

### LEVEL 5

Course is closed to play until January 31st at the earliest with the latest Public Health Restrictions. The club is currently awaiting confirmation from Pitch & Putt Ireland at time of writing on the status of holding AGM's.

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## KERRY SCHOOLBOY/GIRL SOCCER

### KSBGL END OF YEAR LOOK BACK INCLUDING PLAYERS OF THE YEAR

While it was a frustrating season on the underage soccer front there was plenty of action in the first half of the year most competitions from the 2019/2020 season finished.

In the Underage League of Ireland the 13's and 15's competitions got to the latter stages but unfortunately were not played to their conclusion. Both the 13's and 15's will take a lot of positives from their seasons with the 15's losing only one of their 8 games.

In the Subway Inter League Cups the Kerry u12's and u14's reached their respective Munster Plate Finals while the u13's and u15's reached the semi-final stages of the Cup and Plate competitions.

On the Girls side the Gaynor Cup was one of the few competitions that saw action in the latter half of the year. The 13's Girls reached their Bowl final, but to date this hasn't been fixed, while the 15's were unlucky to lose out to the MGL Girls from Dublin in their semi-final.

Players of the Year: While picking Players of the Year is never easy the decisions have been made for 2020.

National League Players of the Year: From the 15's National Underage League of Ireland Odhran Ferris got the nod for his performances in mid-field where he is both a tough tackler and a skilful passer of the ball.

Caolan Mitchell is the player named from the 13's National Underage League of Ireland squad. The goalkeeper had an excellent season as the last line of defence.

SFAI Inter League Players of the Year: From the u12's Killarney Athletics centre forward Szymon Jasinski gets the nod for his ability to find the net with regularity.

Inter Kenmare's winger Dawid Grebowicz is the u13 Player of the Year. He has the ability to play either wide or central in attacking areas of the field as well as setting up goals for his strikers.

At 14's net-minder Oisín O'Halloran from St Brendan's Park was the choice for an outstanding season with the 0-0 draw achieved against Cork one of his highlights.

Oisín Breen who plays with Iveragh United takes the accolade at u15 level for his non-stop energy

and skill on the ball.

Gaynor Girls Players of the Year: From the 13's Gaynor Cup squad MEK Galaxy's classy midfielder Orla Barrett is the Player of the Year. Killarney Celtic's excellent young goalkeeper Lucy O'Connor is the u13's Players Player of the Year. At 15's age group The Player of the Year is Listowel Celtic's rock solid centre half Mary Kearney while the Players Player of the Year went to Camp Juniors right back Eabha Ni Laighin who as comfortable defending as she is attacking with the ball.

The Overall Player of the Year from the Girls ETP / Gaynor Cup is the 15's player Laura Reilly. The Fenit Samphires left back is an excellent reader of the game who her rarely beaten by an opponent and is a leader on the field and a great encouragement to those around her.

## MEK GALAXY FC NEWS

### IT'S BEEN A STRANGE 2020

We miss football so much. While it's been a year to forget for some, we are delighted with the past season. Our Senior Bs won our first senior trophy, Division 2A title, under the new structure. In the underage section, there was first for our U13s boys. Div 1 South League Winners. Our u13 boys, A & B teams claimed runners up in their respective divisions.

The girls section is ever growing with around 120 underage girls playing soccer with the club this year, as well as 25 senior women participating in our social soccer programme.

And last but by no means least, the club has its own docuseries about it. Our senior As were being followed by Fulltime Productions, and the fruits of their labour is for all to see on their FB page. Very proud of Darragh, Ronan and the players. So all in all, it's not been too bad.

### HAPPY NEW YEAR

We want to wish all our players, parents, sponsors, coaches and committee members a very happy new year. Also, we want to remember those who have passed, to those who belong to any of our new families. And to those who have been affected by this pandemic.

To the nurses, doctors, Gardaí and all the front-line workers, we are indebted to your dedication. Fulltime Seasons: A year with MEK Galaxy FC

For those who want to binge on our very own MEK Galaxy documentary, all the links are on the Fulltime Production FB page as well as our own club page. Many thanks to Fulltime Production for a professional job. We are delighted with the response, all the positive messages we are getting, and the interest from other leagues, media outlets, podcasts etc.

### CLUB FOOTBALL ON HIATUS

Due to current HSE/Government/FAI guidelines, all club training is suspended for the moment. But here's hoping to get back to training and more importantly games in the near future. We are very aware of the effect it has on all our members, senior & underage, so let's hope we get to some normality soon.

PLEASE STAY HOME, STAY SAFE AND ABIDE BY GOVERNMENT GUIDELINES. IF WE STAY STRONG, STICK TOGETHER, WE WILL GET A RESULT!

## FAI UPDATE ON GOVERNMENT GUIDELINES FOR FOOTBALL IN LEVEL 5

All football activity is suspended until January 31st with immediate effect - with the exception of senior SSE Airtricity League and senior Women's National League teams who are exempt. In addition to this, please note the following:

The new Government Level 5 Guidelines DO NOT ALLOW for any collective team training for any team other than senior SSE Airtricity League or Women's National League teams

The new Government Level 5 Guidelines DO NOT ALLOW for any adult amateur, Futsal and underage football activity including the underage National Leagues and all schoolboy and schoolgirl football

The new Government Level 5 Guidelines DO NOT ALLOW for any trials or assessments until further notice - with the exception of senior SSE Airtricity League and senior Women's National League teams who are exempt subject to League guidelines

The new Government Level 5 Guidelines allow for INDIVIDUAL training only.

Milk Run... Niall Browne, running, with Members from Killarney young dairy farmers group, have raised €10,000 and rising, from the novel Solstice milk run until sunrise. With their sturdy JFC milk cart, they took it 'in churns' to run circuits of An Riocht, Athletic Track, in Castleisland, a combined total of 137 km, 343 laps, the equivalent of 3.26 marathons in aid of Kerry Hospice Foundation. They began their task at 4pm on Sunday night, and completed just after sunrise at 9.15am. Included in the charity fundraiser were, James Mangan, Chairman, John Fleming, Secretary, Paudie O'Brien, Seamus Foley, Shane Carroll, Paddy Sheehan, Ger O'Sullivan, Teagasc Advisor, Eoghan McCarthy, Tim Fitzgerald, Dan Daly, Colm Counihan, and from Kerry Hospice were, Jack Shanahan, Chairman and Mary Shanahan.

PHOTO: VALERIE O'SULLIVAN





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## DEALING WITH DEPRESSION *PART 2*

Thoughts are constantly streaming through our minds which in turn can impact on how we feel and how we behave.

These thoughts can be friendly positive thoughts or hostile, critical and negative ones. It makes sense therefore that we would try to reduce the negative ones as much as possible. Just as we wouldn't allow any stranger to just enter our house and take over, we need to be just as vigilant with our thoughts. We need to take more control over what we allow into our minds and what we prohibit from entering. We have much more choice than we realise – and therefore rather than just reacting to every thought we begin to take more control over our mind. Slowly we begin to realise that just because we think something it doesn't mean it's true! By examining our thoughts as they flow through our mind, we begin to increase our awareness of how our minds are focused. Then we begin to allow these thoughts – whether they are positive or negative, exciting or boring – to just flow through our mind stream without reacting or responding. This is the basis of mindfulness.

For many people experiencing depression they can create an endless cycle of 'if only's' and 'what ifs' in their mind. There is an underlying non-acceptance of the past as they constantly think how their lives would be different 'if only I hadn't taken his advice', 'if only I hadn't behaved in that way'. This all leads to feelings of anger, hopelessness and mistrust of others. Accepting how things are right now – not as we wish they were, but as they actually are – is quite a radical step. It can however mark the starting point from which we can come to terms with past events and begin to move forward.

Just as there are many paths leading to feeling depressed, there are also many routes out of it. We don't get depressed as a result of an adverse event or experience – but in how we respond to it. When our emotional needs go unmet this can lead to considerable mental distress and depression. If we were to consider depression as a means of drawing our attention to an underlying problem, we must ask ourselves what is the message my feelings of depression are trying to tell me. Counselling can provide a great support as we explore what this underlying message might be. Counselling helps to find contentment and peace of mind through fostering a healthy, non-judgemental, loving relationship with oneself.

Next week we will continue to look at ways we can deal with depression.

**SouthWest Counselling Centre, Killarney** is open and providing affordable professional telephone and online counselling to parents, adolescents and adults during this Covid 19 crisis at its Killarney Centre (Lewis Road).

Contact 064 6636416 or Email: [info@southwestcounselling.ie](mailto:info@southwestcounselling.ie)  
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SouthWest Counselling Centre is a not-for-profit organisation. All funds raised through fundraising are for service provision.



## *A Word of Victory*

Welcome back dear reader. Happy New Year and God's abundant Peace to you and your family. "May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit" (Romans 15:13).

Christmas may not have turned out as you expected. Perhaps family members couldn't come home and this disappointed you. Maybe you were always used to having lots of fun partying every Christmas and New Year and felt deflated this year, isolated from those you love. There is a multitude of emotions at play right now and many people are living in great fear for their own or their loved one's health.

Whatever your feelings listen; there is hope in Jesus! Our faith and trust in God's Son the Lord Jesus – the Prince of Peace, brings His Shalom into every situation enabling us to have victory over adversity, rejoice in the midst of turmoil, and stay peaceful in the eye of the storm. God's word to you for 2021 friend is look up with fresh eyes of faith and don't lose hope! There is overwhelming hopelessness coming off the daily news. So switch it off! Look, the days we are in are the days Jesus spoke of ..... "there will be signs in the sun, in the moon, and in the stars; and on the earth distress of nations; with perplexity.... men's hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of the heavens will be shaken. Then they will see the Son of Man coming in a cloud with power and great glory. Now when these things begin to happen, look up and lift up your heads, because your redemption draws near" (Luke 21:25-28).

'Nations in distress and people's hearts failing for the fear and expectation of what's coming on the earth...' This is what we are witnessing friend. People are unable to cope because they do not know God's Word, nor have they ever seen His power demonstrated, and thus they have no hope. And because they have no hope in God they have no peace. And because they have no peace they are terrified. The world is anticipating salvation from vaccines, trusting in man's efforts to save them. History teaches us that trusting in human effort has often led to bitter disappointment. God has already provided Salvation through our Deliverer. His name is Jesus, and He achieved it at the Cross when God raised Him from the dead. So look up friend, for Christ in you is the hope of glory, and you can live victoriously in total peace in 2021! (Colossians 1:13-25; Philippians 4:6-7)

**See more at [wordofvictory.net](http://wordofvictory.net)**




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## Gardening

with Killarney Outlook

by John O'Sullivan

### FOCUS ON EARLY SPRING FLOWERING SHRUBS

Now is a good time if you are planning a new garden or trying to add some colour to an established garden to plant some early flowering spring shrubs. One of the best known shrubs is the Camellia and these popular shrubs are starting to flower in most places at the moment. The Camellia is a very valuable shrub in the garden as it can give a focal point to any shrubbery all year round with its glossy green leaves and showy blooms from early spring. A lot of people think that Camellias are a difficult shrub to grow, but in fact they are no more difficult than Rhododendrons or azaleas, and most varieties on sale now are hardy. When choosing the spot to plant your Camellia, make sure it is sheltered from cold winds as they can damage the flowering buds, as can frost. When planting your Camellia make sure to mix plenty of moss peat with the earth, rather than on its own around the plant, as it will tend to root out quicker. Camellias are also ideal for growing in containers. Remember if you are planting your Camellia in the ground, that it might be small initially but most will grow to the size of a small tree, so allow plenty of room around it. There is very little maintenance with Camellias only to prune out old dead wood, clean up old blooms that fall to the ground, and to mulch around the base of plants every spring with some moss peat. There are a lot of other good spring flowering shrubs, here is a list of just a few: Forsythia, Cythsis, Corylus, Berberis Darwinii, Ribes, and Skimmia.

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# IN MEMORIAM

## 2ND ANNIVERSARY

IN LOVING MEMORY OF  
**FRANK JONES**



KILLARNEY, CO KERRY  
WHO DIED MAY 4TH, 2018

*Without your kind and gentle smile  
And sweet familiar face  
A treasured life is missing  
And the World a sadder place.*

FROM YOUR  
LOVING FAMILY

## TO PLACE A MEMORIAL IN THE KILLARNEY OUTLOOK

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*Please include a contact name,  
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## 3RD ANNIVERSARY

IN LOVING MEMORY OF  
**DAN CROWLEY**



INCHES, RATHMORE  
WHOSE ANNIVERSARY OCCURS  
ON 5TH JANUARY

*A light is from our household gone,  
A voice we loved is stilled,  
A place is vacant in our home,  
That never can be filled.*

*Lonely is the home without you,  
Life to us is not the same,  
All the world would be like heaven,  
If we could have you back again.*

*You gave us years of happiness,  
Then sorrow came with tears,  
You left us lovely memories,  
We will treasure through the years.*

Always Remembered by your wife Margaret  
daughters, Eileen, Breda and Margaret.  
Sons-in-law and grandchildren.

## 31ST ANNIVERSARY

IN LOVING MEMORY OF  
**PETER D.J.  
O'SULLIVAN**



ANNAGHMORE, HEADFORD,  
KILLARNEY, CO. KERRY  
WHO DIED ON  
JANUARY 7TH, 1990

*Two calloused hands from work are stilled,  
A million Jobs undone.  
At rest, at last, in Gods Own House,  
Content, At Peace, At One.*

*Ar dheis Dé go raibh a anam*

Always remembered  
by your loving wife Philomena & family.

## NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked  
many favours. This time I ask you this special  
one, (mention favour).

Take it dear heart of Jesus and place it within  
your own broken heart where your Father  
sees it.

Then in his merciful eyes it will become your  
favour not mine.

Amen.

Say this prayer for three days. Publication of  
prayer and favour will be granted.

**M.B.**

## NOVENA TO ST. CLARE IN THANKSGIVING

Novena to St. Clare. Ask for three favours,  
one business, two impossible. Say nine Hail  
Mary's for nine nights with lighted candles.  
Pray whether you believe or not. Publish on  
ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised,  
adored glorified and loved today and  
everyday throughout the whole world now  
and forever. Amen

Your request will be granted no matter how  
impossible it may seem.

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## GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy  
St Faustina, St Expedite, St Padre Pio,  
Our Lady of Mount Carmel, Sacred Heart  
of Jesus, Our Lady of Lourdes for Health  
favours received.



## 1ST ANNIVERSARY AND ACKNOWLEDGEMENT

IN LOVING MEMORY OF  
NOREEN CLIFFORD

LATE OF BARLEYMOUNT EAST, KILLARNEY, CO KERRY  
WHO DIED ON JANUARY 3RD 2020

On the first anniversary of her death, we lovingly remember our dear mother Noreen. A much missed mother, grandmother, great grandmother, mother-in-law, aunt, cousin, friend and neighbour. We her family, Elizabeth, Ann, John Joe, Michael, Noreen and Patricia, would like to express our most sincere gratitude and appreciation, to everyone who sympathised with us through our sad loss, to all those who attended the house, rosary, removal, and funeral mass, sent mass cards, flowers, letters, messages of condolence, telephoned, emailed, or texted. A special thanks to Sr Miriam Kerrisk, who said the rosary on both nights.

Sincere thanks to her extended family, neighbours and friends who called to Mom regularly or telephoned her, some on a daily basis. She loved having visitors and hearing the local news, and to keep up with what was happening. Also to all of her special friends, at the twice weekly bingo sessions she loved to attend, you were so caring and kind to her, and you were very special to her, Thank you so much. Our deepest thanks to all of her home-helpers, you were all so kind to her. A special thanks to Teresa who filled in on the nights we needed you.

Thank you to Canon Tom Looney for calling to Mom in the Hospital and giving her Holy Communion, and the last rites and for the Lovely Requiem Mass and burial prayers, and a sincere thank you also to Fr Paddy O' Donoghue for assisting. Many thanks to Kieran Clifford for the beautiful music. Thanks to Jimmy the sacristan.

A special thank you to Dr Laura Malone for attending to Mom at home after the fall, and caring for her over the last number of years, also a special thanks to Dr Donal Coffey for caring for Mom, before Dr Laura joined the family. Thanks to the ambulance staff for the care given to Mom that night, Many thanks to the Doctors and staff of A. E. at University Hospital Kerry for their caring and professionalism. Thanks to Dr Fiona Coffey and the staff at Killarney Community Hospital for caring for Mom in her final days. Thanks to Liam and all the staff at Sheahan's Pharmacy, Killarney, and Anthony and all the staff at O'Sullivan's Pharmacy, Killarney.

Thank you to the undertakers Mike and Mary O'Shea and their staff for their kindness and professional service. Thank you to the Wooden Spoon, Kilcummin, for the lovely catering at the house during the funeral and thanks to the Dromhall Hotel for the lovely Lunch after the funeral.

It would be impossible to thank everyone individually. Therefore we would ask that you please accept this acknowledgement as an expression of our sincere gratitude. The Holy Sacrifice of the Mass will be offered for your intentions.

*A daily thought, a silent tear, a constant wish that you were here, An empty place no one can fill, We miss you dearly, and always will.*

## ANNIVERSARY MASS

on Sunday 3rd January 2021 at 10am in  
Christ the Prince of Peace Church, Fossa.

## NOVENA TO ST. ANTHONY

O Holy St. Anthony, gentlest of Saints, your love for God and Charity for His creatures made you worthy, when on earth, to possess miraculous powers.

Miracles that waited on your word, which you were ready to speak for those in trouble or anxiety.

Encouraged by this thought, I implore of you

to obtain for me (request) the favour that I seek.

O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be held in your arms, and the gratitude of my heart will ever be yours.

Promise publication.

## 1ST ANNIVERSARY AND ACKNOWLEDGEMENT

IN LOVING MEMORY OF  
MIKE JOHN MOYNIHAN

GULLANE, GNEEVGUILLA  
02/09/1964 – 06/01/2020

As we lovingly remember Mike John, his wife Eileen, daughters Michelle and Aoife, grandchildren Evie and Fionn, sons in law Frankie and Kevin, and his extended family would like to thank the following.

To Those who tended to Mike John at the scene of the accident. Thank you from the bottom of our hearts, we are and will always be eternally grateful.

Thanks to the Gardaí who had the very difficult job of informing us of Mike John's heartbreaking accident. It wasn't easy.

To Fr O' Mahony, Fr. McCarthy and Monsignor Herlihy, thank you for all your support through a very difficult time and for saying a beautiful Requiem mass for our wise man.

To Sean O'Mahony undertakers, you were truly amazing. You helped and guided us through what was a very difficult time. Day and night you were there, supporting our final farewell for Mike John, we will be forever in your debt.

To Mike Stack and the Stack family, Tricel, thank you for your kindness shown. He was a proud Tricel man and never missed an opportunity to sell. Thank you to Mike John's colleagues and friends in Tricel for the guard of honour formed on his final Journey. He would have been proud.

Thanks to Gneevguilla GAA.

To all those who attended Mike John's funeral, sent mass cards, flowers, made phone calls, brought food to our home and helped us in any way, thank you.

To all who participated in the Requiem mass we are so grateful.

To an old football colleague who wrote two beautiful pieces, how proud he would have been to see these writings. Thank you for your beautiful tributes to Mike John.

And finally to those who showed us so much support and love during the past year, our extended family, his sister Joan, Martin & family, Mike Joe and Noreen O'Keeffe & family, Riverview, Bounard., Karen Breen Walsh, Aengus O'Leary, Gerry McCarthy to name but a few. You have been exceptional. Thank you from the bottom of our hearts.

The Moynihan family.

*His Journey*

*Don't think of him as gone away*

*His journey's just begun,*

*Life holds so many facets*

*This Earth is only one.*

*Just think of him as resting from the sorrows and the tears,*

*In a place of warmth and comfort where there are no days or years.*

*Think how he must be wishing*

*That we could know today*

*How nothing but our sadness can really pass away.*

*And think of him as living*

*In the hearts of those he touched*

*For nothing loved is ever lost*

*And he was loved so much.*

## NOVENA PRAYER TO ST JOSEPH

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your heavenly power, I may offer my thanksgiving and homage

to the most loving of Fathers.

O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the Kiss when I draw my dying breath. Amen



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