

*"Out First Every Friday"*

# KILLARNEY Outlook

To Advertise call **Des**: 087 659 3427 or **T**: 064 66 70000 Editor: Aisling Crosbie 086 0400 958 - [editorial@outlookmags.com](mailto:editorial@outlookmags.com)



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**EYE IN THE SKY** 110m 7 DAYS 9:00  
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It seems that Summer is finally on the way and with temperatures set to rise over the coming days it will be good news for all those making First Holy Communion this weekend. The generosity of the people of Killarney is to the fore in this week's Killarney Outlook. Strictly Come Dancers presented the proceeds of their show to the Irish Cancer Society while the Kilcummin Ladies also made a donation from their Pink Night to the Kerry/Cork Health Link Bus. Killarney Girl Guides joined the Irish Guides trekking the distance from the North Pole to the South Pole and a young Killarney man has proved that he is indeed the Host with the Most.

The town hosted a very successful Rally of the Lakes and Bishop Ray Browne launched the new Diocesan Website. Our sports pages are full with the exploits of all our local athletes and sports people including the Kerry Hurlers who claimed their first win in the Leinster Championship. Lots happening in this week's Killarney Outlook - so why not let your family and friends who are living abroad know that we can be viewed on line at [www.outlookmags.com](http://www.outlookmags.com).

*Aisling Crosbie,  
Editor.*

## STRICTLY SPECTACULAR RAISES THOUSANDS



PICTURED AT THE GLENEAGLE HOTEL FOR CHEQUE PRESENTATION RESULTING THE HUGELY SUCCESSFUL STRICTLY COME DANCING 2016 WERE FRONT ROW L-R ELEANOR O'DOHERTY, KATHRINA BREEN, TIMMY MORIARTY, EUGENE O'SULLIVAN & WINNER AOIFE DOLAN. MIDDLE ROW L-R CHOREOGRAPHER JOE BURKETT, KATHLEEN CRONIN, KATHLEEN O'SHEA, SHELLA MCSWEENEY, CHRISTINA TANGNEY & CONOR GLEESON. BACK ROW L-R MARIE CARROLL-O'SULLIVAN, GAVIN O'LEARY, JOHNNY BROSNAN, ELAINE CRONIN, MARY CRONIN, RICHIE FITZGERALD, DERMOT HEALY, MICHELLE O'DONOGHUE & DAN MCCARTHY.

Branch of the Irish Cancer Society has raised an incredible €56,045.

The sell out event which was held in February exceeded all expectations again this year and the much needed funds are going towards Night Nursing and Care to Drive in the local community.

Speaking to the Killarney Outlook, Chairperson of the Killarney Branch of the Irish Cancer Society Eugene O'Sullivan said "We are absolutely delighted with the response from the people of Killarney again this year. The show was amazing and we have thank everyone who helped in anyway".

"The dancers, who gave up so much of their time, Joe Burkett, Creative Director for another wonderful show, the Gleneagle and Fiona O'Connor of the INEC and everyone who attended", he added.

The dancers and committee gathered in the Gleneagle Hotel last week for the presentation of the cheque.

The second annual Strictly Come Dancing event in aid of the Killarney/South Kerry

## IN THE PINK....

A hugely supported charity event in aid of the Kerry/Cork Health link bus has raised €1847.

The Kilcummin GAA Club Ladies Committee held Pink Night at the end of February and saw men and women from the parish gather at the local GAA Klub bar for the fun night donning pink gear.

While the event was a fundraiser for the Health Bus it also remembered two very active members of the committee, Mary Lynch and Catherine O'Leary who passed away this year.

Members of the committee gathered this week to present the cheque to Jay Galvin and Breda Dyland from the charity.



PICTURED AT THE PRESENTATION OF A CHEQUE TO THE KERRY/CORK HEALTH LINK BUS WERE FROM LEFT: BREDA DYLAND, KATHLEEN RYAN, ELAINE COFFEY, MARIE BROSNAN, BRID FLEMING, CARMEL O'RIORDAN, SUSAN HEALY AND JAY GALVIN. PICTURE: BILLY DOOLAN.



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## TERENCE AT THE HELM

The Kerry Branch of the Irish Hotels Federation has a new President.

Terence Mulcahy, Manager of the International Hotel recently took over the roll from outgoing president Cormac O'Sullivan of Benners Hotel in Dingle.

Originally from Brosna in North Kerry, he is married to well-known Physiotherapist Ailish Mulcahy, they have two children Darren & Laura and live in Ross Road Killarney.

Photo: Don MacMonagle.

## KERRY PLAY CLARE IN MUNSTER MINOR SEMI FINAL

Kerry travel to Milltown-Malbay on Wednesday evening next (May 11th) to play Clare in the Eirgrid Munster Minor football Championship semi final at 7pm. Kerry had a facile first round victory over Waterford while Clare surprised Limerick who then went to knock out a Tipperary team that had put it up to Cork for long periods of their first round meeting.

## LÁ NA GCLUB

Sunday next is the designated day nationwide for Lá na gClub and every club in the county should mark the occasion in some fashion. The day is clear of fixtures the importance placed on the event by Croke Park can be gauged from the fact that special permission has to be sought from HQ for any fixture which has to go ahead.

## FLEADH CHEOIL CHIARRAÍ LAUNCH

The official launch of Fleadh Cheoil Chiarraí will take place in the Ashe Hotel Tralee, tomorrow Saturday May 7th at 8pm, opening by Seán Sesamh Ó Chonchubhair, chairman of Tralee Comhaltas Branch, and the Fleadh will be officially opened on Wednesday May 18th in the Rose Hotel, Fels Point. From Thursday 19th to Sunday 22nd May months of preparation and planning should bring Tralee alive with music, song and dance. There will be plenty of free entertainment from trad bands to outdoor ceílís in the town as well as various singing and music sessions in the bars and hotels. As our county town has not hosted the Kerry Fleadh since 1979, the committee has left no stone unturned to make this a memorable one. We must thank the Kerry county council, Tralee Chamber Alliance, the Vintners and all the various businesses and shops for all their support and help. For all information log onto [www.kerrycomhaltas.ie](http://www.kerrycomhaltas.ie) and [fleadhcheoilchiarraí](#) and [kerryccé](#) facebook pages.

## GAMETIMEINTOWN

YouTube stars, a Minecraft Zone and a Lan Hall are just some of the things on offer at Insomnia Gaming which is coming to Killarney in June. Computer gamers, young and old, from all over Ireland and the UK will descend on the INEC for the first ever Insomnia Gaming Ireland festival. From June 10 to 13, the INEC in Killarney will be transformed into a gamers' paradise, featuring console and PC tournaments, appearances by YouTube stars, interactive stage shows, demos of the latest products and retail zones.

The Minecraft Zone will be one of the biggest attractions at this event. Here gamers can play in tournaments, shop the latest Minecraft merchandise and get to hear special guests from the world of Minecraft. And while the kids are building worlds in Minecraft, Mum and Dad can take a trip down 8bit memory lane in the Retro Zone which will feature a variety of old school games on classic consoles.

YouTube stars Amy Lee, Choochoosgaming, Ashdubh, Nettyplays, AmyLee, Inthelittlewood, Mini Muka, Gassy Mexican and Terroriser will attend the festival and form part of the line-up of interactive stage shows and special guest



MINECRAFT FANS READY FOR BATTLE FOR THE LAUNCH WERE, ELLEN MCSWEENEY, EOGHAN MCSWEENEY, FEITHLEANN SOMERS, JENNIFER RAE, ARYWN O'DONOGHUE AND JOE SCANLON.  
PHOTO: VALERIE O'SULLIVAN.

areas.

The Bring Your Own Computer (BYOC) LAN Hall will open for 72 hours and will host 250 gaming enthusiasts playing multiplayer games with and against each other. Visitors will also be able to delve into the eSports scene with popular competitive tournaments occurring throughout the event such as Counter-Strike: Global Offensive, Rocket League, League of Legends and Hearthstone. Daily console tournaments will be taking place, as well as the BYOC LAN Hall hosting tournaments of its own.

## COMMUNITY ALERT MEETING

Lissivigeen Community Alert will hold a meeting at the Torc Hotel on Monday 16th May at 8pm at the Torc Hotel.

Topics will include Rural Crime with Speakers Diarmuid Cronin, Muintir Na Tire, Sean Brosnan, Chairman IFA Kerry and Sgt. Jim Foley Tralee Crime Prevention Officer Kerry.

At this meeting the placement of a defibrillator

in the Lissivigeen Area will also be discussed and there will be talk with Brigid Delaney Scheme Co-Ordinator Killarney Cardiac Response Unit and Mary O'Connor RGN Beaufort Defibrillator Group.

Refreshments will be served.

## EURO BRIDGE CLUB

### TEAM PAIR RESULTS

**26th April:** Heartiest congratulations to our winners

1st Anne Looney, Pauline Lyne, Mike O' Shea, Ger McSweeney.

2nd Betty Garnett, Helen O'Donoghue, Celine Slattery, Breda Walsh.

## MUCKROSS ICA

The monthly meeting of the Muckross Guild of the ICA takes place this Monday 9th May at 7.45 in Loughguittane NS and will be the final meeting of the year.

## JOKER 3

'Joker 3' weekly fundraising draw in aid of Nagle Rice Community Centre Milltown was held in Karl J's last Sunday night and jackpot of €8800 was not won. Lucy Harmon won €100 with Martin Flaherty and Mike McKenna winning €25 each.

Down to 18 cards at next draw on Sunday night May 8th in Knightly's with jackpot increasing to €9000. Thank you for your continued support.



# Citizens Information

Funded & Supported by  
the Citizen Information

## LOOKING FOR INFORMATION AND ADVICE?

### WE'RE ON THE MOVE!

#### WHERE

Friday 6th May  
Saturday 7th May

#### WHEN

Deer Park Car Park, Killarney  
Deer Park Car Park, Killarney

#### TIME

12noon - 6pm  
10am - 4 pm

### ALTERNATIVELY DROP IN OR CALL OUR LOCAL CENTRES

Tralee	0761 07 7860	Killarney	0761 07 7820
Listowel	0761 07 7840	Killorglin	0761 07 7830
Kenmare	0761 07 7810	Caherciveen	0761 07 7780

\* Dingle - monthly clinic.  
Please telephone Tralee for more information.

LOG ON [www.citizensinformation.ie](http://www.citizensinformation.ie)



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## DUST OFF YOUR DANCING SHOES FOR ANTHONY

On Saturday the 7th May a Benefit Dance will take place in The Manor Inn Killorglin to "Help Anthony Morris Fight Chronic Lyme Disease"! The Benefit Dance is being organised by the Morris Family and friends along with The Manor Inn and all monies raised will go towards Anthony's vital treatment for Chronic Lyme Disease.

Having been recently confirmed with contracting the disease, after being sick and misdiagnosed for the past eight years this will



ANTHONY'S PARTNER MARGARET MCCORMACK AND THEIR DAUGHTER ROISIN AT THE RECENT COFFEE MORNING IN THE FLESK RESTAURANT.

be first time Anthony has a treatment option that will significantly improve his quality of life. A once very strong, fit and active man and a tough former Kerry footballer he is now a shadow of his former self, weak, in constant pain and suffering neurological symptoms affecting his memory, speech and general mental sharpness. It is now attacking his brain, his spinal fluid, his nervous system, his heart and his liver.

Next Monday, 9th of May Anthony will start his journey to Washington DC to begin his treatment in the USA.

So dust off those shoes, grab a partner for a night of old time waltzes, jives and more sets than you will see at Wimbledon.

Doors open at 9pm with tickets available on the night for €10 or from members of the Morris Family, The Manor Inn Killorglin, Charlie Foley's Bar Killarney, Kerry Agri Store Kenmare. Music on the night will be performed by the Uí Bhriain's. The Morris family look forward to greeting you on the night for what is sure to be a night of great music and dancing along with a host of spot prizes to be won. All donations will go straight to helping Anthony on his long journey ahead.



PICTURED RIGHT: ORGANISERS OF THE BENEFIT DANCE FROM LEFT ARE, CON NAUGHTON, MIKE O'SHEA, JIM MORRIS & MARY NAUGHTON.

## KILLORGLIN STUDENTS MAKE IT TO FARM SAFETY FINAL



PADHRAIC AND HUGH PICTURED AT DUBLIN CASTLE.

Padhraic McMahon and Hugh Hurley, two students from Killorglin Community College, made it to the finals of the Health and Safety Authority's (HSA) Multimedia Farm Safety Competition for post-primary students last week.

At the Showcase and Awards ceremony in Dublin Castle, Padhraic and Hugh battled it out amongst eleven other shortlisted finalists. They reached the final with their multimedia project entitled Farm Safety App, which teaches young people about farm safety.

A third year student from Bailieborough Community School, Co. Cavan, Shane Farrelly, has won the top prize.

The aim of the competition is to raise awareness among post-primary students of farm safety and to give a voice to young people in the national campaign to raise levels of safety on Irish farms. The project aims to harness the powerful influence that young people have to effect change in safety behaviour among their own farming families and in the wider farming community.

## WINTER WEDDINGS IN MUCKCROSS PARK HOTEL & SPA

Book your 5 star Winter Wedding in Muckcross Park Hotel & Spa and receive an all inclusive wedding package from €65 per person including complimentary wine and five bedrooms for your wedding party. This offer is valid from 1st November to 22nd December 2016 and January 2017. Terms and conditions apply. Muckcross Park Hotel is a 5 star wedding venue ideally located in the heart of Killarney National Park, with lavish interiors and culinary excellence, providing all the elements to orchestrate your fairytale wedding. Our team have been celebrating weddings with couples since 1795. With so many details involved, our dedicated and experienced wedding and events coordinators can help you plan a magical day. Established since 1795, the hotel is the oldest Victorian hotel in Kerry and has

been lavishly redeveloped to a deluxe 5 Star property, offering old world 'wow' factor elegance and yet the best in modern comfort.

To book your wedding consultation, contact Bernie O'Donoghue on **bodonoghue@muckcrosspark.com** or call **064 6623400**



## THANK YOU FROM THE ICS

The Irish Cancer Society's 29th Daffodil Day, took place on Friday 11th March and on the day, people from all over Kerry got involved by selling daffodils and merchandise on the street, organising events and donating online. The Society wish to extend a huge thank you to communities in Kerry who supported the campaign.

## WALK TO REMEMBER SHEILA

The 10th & final Sheila Moynihan Memorial Sponsored Walk in aid of Kerry Hospice will take in Rathmore on Sunday 29th May, 2016. The building of a new inpatient palliative care unit in Tralee is currently underway and your support would be gratefully appreciated.



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# Killarney

## MAY RACING FESTIVAL 2016

**15th - 17th MAY**

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**15th**  
**MAD**  
**HATTERS**  
**COMPETITION**

FIRST RACE AT 2.05PM National Hunt Card  
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**16th**  
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HORSE RACING  
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## BUSY TIME AT ST. BRIGID'S



**ST. BRIGID'S STUDENTS WIN U-16 REGATTA**  
CIARA MOYNIHAN, ANNIE O'DONOGHUE, CIARA BROWNE AND LEONA BROWNE, WINNERS OF THE GIRLS JUNIOR -16 QUADS IN THE SCHOOL'S REGATTA IN LIMERICK LAST WEEKEND.



THE TRANSITION YEAR CLASS AT ST. BRIGID'S 4 BLUE PARTICIPATED IN THE CEILIÚRADH NA NÓG DIOCESAN PROJECT AS PART OF THEIR TRANSITION YEAR RELIGIOUS EDUCATION PROGRAMME UNDER THE GUIDANCE OF THEIR TEACHER, MS. SUSAN BARTLETT. THE TITLE OF THEIR PROJECT WAS 'THE IMPORTANCE OF ST MARY'S CATHEDRAL ON OUR SCHOOL COMMUNITY'. THE STUDENTS RESEARCHED THE ARCHITECTURE AND FEATURES OF THE CATHEDRAL AND PRESENTED A PHOTOGRAPHIC DISPLAY OF THEIR WORK. THEY ATTENDED A CELEBRATION DAY IN TRALEE ON WEDNESDAY 20TH APRIL WITH OTHER SCHOOLS IN THE DIOCESE. THE THEME WAS 'BE CHRIST'S JOY' AND THE GIRLS THOROUGHLY ENJOYED THE FAITH BASED WORKSHOPS AND SPEAKERS.

## MAKE YOUR WAY TO THE SEM FAYRE DAY



LAUNCHING THE ST BRENDAN'S FAIR DAY WHICH WILL BE HELD ON THE 15TH MAY WERE ADAM O'SHEA, GAVIN WHITE, DAVID NAUGHTON, ELIS MYERS (BACK FROM LEFT) ALEX RENNIE, RORY AHERN, CONOR O'DONOGHUE, SEAN COFFEY PRINCIPAL, CIAN O'SULLIVAN, JONATHAN HORGAN, JOAN GILL, DARAGH BESTOW AND CATHAL HICKEY.

The 2nd annual St. Brendan's College Fayre day will take place on Sunday, 15th May and is set to be a festival of sporting, cultural, culinary and shopping activities!

Held to commemorate St. Brendan's Day, the

festivities begin with the student choir from the school performing at the 12 o'clock Mass in the Cathedral. From 1:00 p.m. to 4:30 p.m. students, parents, staff, past pupils and members of the community are invited to sample the array of

activities, stalls, sporting and novelty events organised by the Parents' Council.

As with last year, second-hand book stalls, handbags stalls, previously loved sports' gear stalls offer the opportunity to browse for bargains, while the home-baking and gourmet burgers stand will satisfy all appetites! New this year, is the feature Restaurant which will offer a delightful alternative menu for the brave-at-heart.

In the Bishop's field meanwhile, whether it's bouncing castles, face-painting, entering your pet in the dog show or watching the final of the 1st year John Doyle Cup, the Junior Cycle Beckett-O'Connor Cup or marvelling at the skills of our 6th years in the grand finale of the Shirts -v- Jumpers Soccer Cup – you will not be disappointed for entertainment.

Now in its second year, the Fayre Day was a wonderful celebration of community in its inaugural year. The Parents' Council are also delighted to welcome back the Leaving Cert class of 1965 as guests of the Event.



ST BRENDAN'S COLLEGE STUDENTS COLIN O'SULLIVAN, WILLIAM CONNELLY, JAMES KNOBLAUCH, JAMES KENNELLY, MICHAEL SWEENEY, FINN LENIN (BACK FROM LEFT) BEN O'ROURKE, AIDEN KELLY, MICHAEL PIERCE, DAVID CLIFFORD, EOGHAN CRONIN AND FINBARR MURPHY WHO PARTICIPATED IN THE CHELTENHAM CHARITY RACE IN AID OF KERRY CORK HEALTH LINK BUS AND KERRY SUPPORT GROUP WITH JAY GALVIN ACCEPTING THE CHEQUE €2,281. KERRY CORK HEALTH LINK BUS AND KERRY CANCER SUPPORT GROUP AND TEACHER DECLAN O'DONOGHUE AT ST BRENDAN'S COLLEGE, KILLARNEY ON THURSDAY.



ST BRENDAN'S COLLEGE STUDENTS EVAN O'CALLAGHAN, MARK COOPER AND JAMES KNOBLAUCH WINNERS OF THE 1916 WRITING COMPETITION WITH TEACHER MARY DENISE LYONS.



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## KILLARNEY MEN'S SHED UNVEIL NEW GARDEN

Members of the Killarney Men's Shed unveiled their latest creation to celebrate Earth Week. The talented men developed a garden at Fossa Church recently called "Laudato Si" which was blessed by the Papal Nuncio, during his recent visit. This garden has come to fruition with the help of members of Killarney Men's Shed without which it would not have been possible. The whole project was completed in the time frame of ten days and it was only possible through hard work, commitment and skill of the "Meitheal" of people who gave so generously of their time. In other news, the recent collection on behalf of the "Men's Shed" at a national level realised was a tremendous success. "We would like to thank all the people of Killarney and surrounding areas who supported us so generously on the day", Padraig O'Sullivan told the Killarney Outlook. Well done to all the members who gave of their time and effort to ensure the event was run so efficiently, a big "Thank you" to everyone.



## FOOTPATH FOR BARRADUFF N.S.

Cllr. John Sheahan has secured a section of land to locate a new footpath adjacent to Barraduff Primary School. "I am truly grateful to Mr. Gerard Fitzgerald for his generosity" Cllr. Sheahan told the Killarney Outlook.

This footpath will insure greater safety for the many students attending Barraduff National School. "I have allocated €5,000 to this project from my Councillor Allocation Fund" he added. Works are due to commence during the summer when the school is on holidays.

## WEIGHT WATCHERS ON THE MOVE

Weight Watchers Class in Milltown have moved to a new venue at The Childcare Centre, Lyre Road, Milltown.

## KERRY ETB OFFER OPPORTUNITIES AT EDUCATION & TRAINING FAIR

A Further Education and Training Fair which will be of interest to jobseekers, second chance learners, school leavers, employers, parents and guidance counsellors will be held by Kerry ETB on Thursday 12 May, from 11am to 7pm at the Brandon Hotel, Tralee, with over 20 talks and numerous skills demonstrations, all free and open to the public.

Part of the day will involve talks on courses and careers, ranging from ICT, Childcare, Hospitality and Tourism sectors to careers in Therapeutic Counselling and Psychotherapy and the options available through a range of Apprenticeships which are now on the rise as the economy grows. For second chance adult learners choices from literacy, numeracy and basic education, through to Leaving Certificate for adults will be explained. The Kerry ETB Further Education PLC Colleges in Tralee and Listowel will do a talk on the support available through their Open Learning Centres where adult students can learn about study skills and how to write assignments, often a daunting task for people who have not been in education in recent years. The public are invited to visit the interactive skill demonstrations from nail, skin and hair care, to dog grooming, dry stone wall construction, TV broadcasting, to pottery, millinery and culinary arts, just to mention a few. Here people can find out more about what is involved in the different courses, speak directly to the staff and find out how to apply. For employers there will be special section on Kerry ETB courses that offer free training to staff in companies who



AT THE LAUNCH OF THE FAIR ARE SEATED FRONT COLM MCEVOY, CHIEF EXECUTIVE KERRY ETB AND CONNOR HENNIGAN, IRISH HOTEL FEDERATION, WHO WILL DELIVER A TALK ON CAREERS IN THE HOSPITALITY SECTOR AT THE FET FAIR & LEARNING FESTIVAL. STANDING (L-R) KERRY ETB STAFF: BRIGID FITZMAURICE, FETS DEPT; MICHELLE ANNE HOULIHAN, COMMUNITY EDUCATION FACILITATOR; OWEN O'DONNELL, AREA TRAINING MANAGER; EITHNE BOLAND, EMPLOYER ENGAGEMENT OFFICER; SHARON BROWNE, ADULT EDUCATION OFFICER; PATRICK JOY, SOCIAL MEDIA & PR INTERN.

need basic education related to their work roles. There is also a talk on the future skill needs in Kerry and Ireland from the people who feed data and analysis to the National Expert Future Skills Group.

Financial supports available to learners will be highlighted through SUSI workshops on how to apply for a student grant, while the Department of Social Protection will explain how to apply for the Back to Education weekly allowance. "This started as an exhibition and has grown to become a learning festival due to the level of interest in the event and the fantastic number of enthusiastic partners who are delivering talks, such as the Irish Hotel Federation, FIT (Fastrack to IT), the Skills & Labour Market Research Unit at SOLAS, Aontas and our own NALA Learner Ambassador

who will talk about the learning journey from literacy development all the way up the education and training system as an adult", Colm Mc Evoy, Kerry ETB Chief Executive, told the Killarney Outlook. Kerry ETB has 20 adult education and training centres across 10 towns countywide offering hundreds of courses, full time, part time, day and evening, designed to build skills for work, life, family and community.

Four of the workshops must be pre-booked, although they are free, due to the limited number of places. These are tasters for anyone interested in finding out more about courses in Parenting, Mindfulness, Creative Writing and Peer Mental Health & Wellness Recovery. Anyone interested in learning new skills should attend.



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# BISHOP INVITES YOU TO SURF THE NET AS DIOCESE OF KERRY.IE GETS MAKEOVER

A new and updated website for the diocese **www.dioceseofkerry.ie** has been launched by Bishop Ray Browne.

The old and much loved site has been updated and fully reconstructed to facilitate all those who want easy access to the site on their mobile phones and tablets. The website is a major facility of the Diocese of Kerry in communicating and conveying information between all the people of the diocese and beyond. There are 53 parishes in the diocese and thirty five of these are uploading their parish newsletter weekly to the site. This therefore is a busy site, updated daily with diocesan news, Church news and parish news.

The colours and design of the new site are linked to the new Diocesan Logo Be Christ's Joy.

"The diocese has embraced and continues to embrace the opportunity to engage with people through social media. Just take out your phone and have a look at this new website **dioceseofkerry.ie**" Mary Fagan Director of Communications for the diocese told the Killarney Outlook.

"It is all at your fingertips. The diocese of Kerry puts time and effort into keeping this website up to date and user friendly. We have photos and news from all around the diocese as well as meeting the basic information needed on Mass times, Mass Readings and contact details for every parish in the diocese", she added.

"In addition to the website we have a facebook page which we invite you all to visit and hopefully to like. In the words of Pope Francis "The internet, in particular, offers immense possibilities for encounter and solidarity. This is something truly good, a gift from God".

The diocese of Kerry hopes to continue to respond to the information needs of people in and outside the diocese into the future.

## YOU CAN USE THIS WEBSITE FOR ANY OF THE FOLLOWING:

To find out all about your parish



BISHOP RAY BROWNE HAS LAUNCHED THE NEW DIOCESAN WEBSITE.

Check out the Mass Times in the 53 parishes of the diocese – very handy if you are on holidays. You can see what priest is in place in each parish and you have parish office hours and contact details. You can read the weekly parish newsletter of most parishes, as can your relations in any part of the world.

To see your diocese in pictures.

Put faces on the names by having a look in the photo gallery.

You can also get ideas from the photos for events in your parish.

To hear diocesan news.

Find out what's happening in the diocese in the news column.

Check out the national and international Church news.

To schedule upcoming events.

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Playback Horizons – Horizons is the diocesan radio magazine programme aired on Radio Kerry at 9am on Sunday mornings.

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To check out Saint of the Day – Good to know – it has its own button on the home page

e-mail: maryfagan@dioceseofkerry.ie

# BROGHAN IS THE HOST WITH THE MOST

A 5th year student in Killarney Community College has been awarded the title Host of the Year with the National No Name Club. Broghan Edmonds is son to Phil and Brenda Edmonds and he lives in Lewis road.

"Broghan is the embodiment of everything it means to be a member of the No Name Club. He shows an unwavering level of commitment and dedication, bringing his love of life and vibrant attitude to everything he does. He is inspiring", Anne Nagle of the No Name Club told the Killarney Outlook. Broghan has been described as an extremely conscientious and perceptive individual, whose heart is at the centre of all he does. He will always be a man to put a smile on your face and for this people love

to be around him. He is authentic and honest in his interactions and for this he has built up great friendships with all members in the club. This was never more evident that when he was up on stage, all his peers cheered him on to deafening levels. The moment his name was announced everyone cheered, jumped around, hugged each other and some even cried tears of joy. "I think I speak for all the leaders when I say, he is an exceptional individual who has been one of this club's greatest assets. He put his whole self into this competition and all with the intention to make us, his leaders and fellow club members, proud. The judges remarked that he was an exceptional individual, who was strong minded, knows where he wants to go

in life and shows the greatest level of respect for his club and the people in it. A truly exceptional individual and so very deserving of this award", said Anne.

As an ambassador for the National No Name Club

Broghan will be called upon over the year to perform certain duties he will also receive a bursary towards college.



BROGHAN PICTURED RECEIVING HIS AWARD FROM FORMER ROSE OF TRALEE MARIA WALSH



# KERRY ETB FURTHER EDUCATION & TRAINING FAIR 2016

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Find out about courses and careers in various sectors and get information on how to fund your education. Options range from Literacy, Numeracy, Second Chance Education and Leaving Certificate for adults, Post Leaving Certificate through to Apprenticeships and specific growth industry skills.

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# KILLARNEY GIRLS JOIN IRISH GIRL GUIDES' TREK FROM THE NORTH POLE TO SOUTH POLE!



MEMBERS OF MANGERTON GUIDES, KILLARNEY, PICTURED ON THEIR HIKE FROM MUCKROSS TO DINIS, WHICH THEY UNDERTOOK AS PART OF IRISH GIRL GUIDES' TREK FROM THE NORTH POLE TO THE SOUTH POLE.

Girl Guides from Killarney are among thousands of Irish Girl Guides who have completed a

20,000km trek – the same distance as walking from the North Pole to the South Pole.

Girls from age 5+ took part in the North to South Pole Trek, which saw 12,000 members throughout Ireland hiking in their neighbourhoods, in parks, in forests, up mountains, around lakes, on beaches and on overseas Guide trips.

Clodagh O'Donoghue, a member of Mangerton Guides, which meets each week in the Resurrection Hall, Killarney, really enjoyed the 10 kilometre trek she did with her fellow Guides from Muckross House to Dinis and back again. "My favourite part of Guides is when we go on walks and go camping," she said. "My favourite part of the hike was when we played in the water; the water was so cold it was refreshing! I like Guides because it gives me the opportunity to do nearly anything - from learning simple life-skills to making friends from all over the world."

Abbie O'Sullivan of Mangerton Guides said she had a great time on the walk: "Even though it was a long walk, it flew by as we were having such fun. We are lucky to live in Killarney where

there are loads of places to enjoy the outdoors." Laoise O'Connor, also of Mangerton Guides, said the trek had been a great way to get exercise. "When we went on the unusual rock we all had great fun trying to get to the top of it. Guides is a good way to meet new friends, earn loads of badges and have lots of fun."

Ilona Sheehan of Mangerton Guides said: "I enjoyed being with my fellow Guides and seeing beautiful Killarney. I simply can't wait for the next trek! The one thing I love about Guides is sharing new experiences with my friends."

Chief Commissioner Helen Concannon, who is a volunteer, came up with the idea for the trek when she realised that if every Ladybird (age 5-7) walked one kilometre, every Brownie (age 7-10) two kilometres, every Guide (age 10-14) three kilometres and every Senior Branch (age 14-30) member and Leader four kilometres, then a total distance of 20,000 kilometres would be completed very easily.

Irish Girl Guides welcomes new members from age 5+ and volunteer leaders from age 18+. To find out more, see [www.irishgirlguides.ie](http://www.irishgirlguides.ie) or telephone **01-6683898**.

## BE AWARE WHEN ENJOYING THE OUTDOORS

While we are very fortunate to live in such a beautiful part of Ireland, there are certain things we must be aware of to protect ourselves as we enter the summer months.

With people more likely to engage in outdoor pursuits, the HSE Health Protection Surveillance Centre (HPSC) is urging people to protect themselves against Lyme disease, an uncommon infection spread by infected biting tick. "Ramblers, campers, mountain bikers, and others who work and walk in forested or grassy areas must be vigilant against tick bites," says Dr. Paul McKeown, HPSC Specialist in Public Health Medicine. Lyme disease can, in a small number of cases, cause severe debilitating heart and nervous system disease.

"Ticks are tiny spider like creatures that feed on the blood of mammals and birds and will also feed on the blood of humans and occasionally dogs. Ticks are more numerous and more active in the summer months and protecting against tick bites protects against Lyme disease. The most effective way to prevent Lyme disease is by preventing tick bites" continued Dr. McKeown.

### TICK BITES CAN BE PREVENTED BY:

Wearing long trousers, long sleeved shirt and shoes.

Using an insect repellent, such as DEET (but use a low-strength DEET if you are pregnant – your local pharmacist can advise you).

Checking skin, hair and warm skin folds (especially the neck and scalp of children) for ticks, after a day out.

Removing any ticks and consulting with a GP if symptoms develop.

If you have been walking your dog, check him/her too.

If you find a tick, remove it - consult your GP if symptoms develop. Information on how to remove ticks is available on the HPSC website. Only a minority of ticks carry infection. Ticks generally have to be attached to a person for a number of hours before passing on the infection, so rapid removal of ticks is important. If a tick is removed within a few hours, the risk of infection is low. The entire tick, including any mouthparts which might break off, should be removed with a tweezers by gripping it close to the skin. The skin where the tick was found should then be washed with soap and water and the area checked over the next few weeks for swelling or redness.

When infected many people have no symptoms at all. In Europe, between 5% and 25% of the population (depending on which country you are in) have antibodies in their blood to Lyme disease, meaning they have been bitten by an infected tick at some stage in their lives. When a tick bites a person to have a blood feed, about ¾ of people develop a skin rash, known as erythema migrans. This rash generally develops between 3 days and a month after a tick bite. The rash can be visible for up to a month and may grow to be several inches in diameter. People, who have been infected, can also develop flu-like symptoms such as headache, sore throat, neck stiffness,



fever, muscle aches and general fatigue; full recovery is generally the rule. Occasionally however, there may be much more serious complications involving the nervous system, joints, the heart or other organs. Anyone who develops a rash or other symptoms should visit their GP and explain that they have been bitten by a tick. Lyme disease is generally diagnosed by medical history and physical examination. Diagnosis can be difficult if there has been no rash. The infection can be confirmed by special blood tests.

"Lyme disease has been notifiable in Ireland since 2012 and since then, there have been between eight and 18 cases notified in Ireland each year. However, as many people will not be aware that they are/have been infected or may not seek medical help when unwell, the true incidence of Lyme disease is not accurately known. It is likely that there are at least 50 -100 cases in Ireland every year," added Dr. McKeown.



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## HUGE DEMAND FOR SKILLNET'S GRADUATES

Following the successful completion of the second South Kerry Skillnet's Hospitality Skills Course all 16 graduates have been guaranteed full time employment in the sector if they successfully complete a one week trial period. The course participants undertook the seven week course as part of the Skillnet Job Seekers Support Programme and developed skills in areas such as accommodation, food and beverage, manual handling and bar service. In addition, they under QQI accredited modules in the areas of customer service, food safety and first aid. On completion of the course the students undertook a fact finding tour around the Ring of Kerry last week to be able to provide first-hand information to visitors to the region as to the attractions and activities they could enjoy on their visit. Among the areas the group visited were Valentia Island where they were hosted by the Valentia Island Development group, Skellig Chocolates, the Jam restaurant facility and the Park Hotel



SKILLNET'S HOSPITALITY GRADUATES ON A FACT FINDING TOUR OF THE RING OF KERRY.

in Kenmare before returning to Killarney and a visit to the Killarney Brewing Company and the Dromhall Hotel.

## SUN 'SET' ON STRICKEEN



STEPPING IT OUT FOR THE SUN 'SET' ON STRICKEEN... JOHN O'SULLIVAN, REKS GUIDING, LEFT AND DIRECTOR KILLARNEY WALKING FESTIVAL, WITH MEMBERS OF KILLARNEY WATER RESCUE INCLUDING, BARRY COEN, AUDREY O'LEARY, DES TEAHAN, PAUDIE MCKENNA, JASON HARRIS AND JOHN O'LOUGHLIN, CHAIRMAN, KILLARNEY WATER RESCUE. PHOTO: VALERIE O'SULLIVAN.

A walk on Strickeen is set to raise funds to recognise the importance of the Killarney Water Rescue group.

The trek takes place on Friday June 10th 2016, as part of the Killarney Walking Festival (June 10th-12th) departing Kate Kearney's Cottage at 7.30pm. Celebrate a bit of Kerry Rí-Rá with an evening climb and dance a Kerry Set on the summit of Stickeen, 'little peak', with its prehistoric Cairn on the summit. The summit is 440m you can get some of the best views in Kerry including southwest down across the Hag's Glen to Carrauntoohil and Beenkeeragh, and west to Dingle Bay.

Donations on the night. For Further information [www.killarneywalkingfestival.ie](http://www.killarneywalkingfestival.ie)

## KERRY GAA "NIGHT OF CHAMPIONS" AT THE KINGDOM GREYHOUND STADIUM

The annual night at the dogs fundraiser, "The Kerry GAA Night of Champions" is just over three weeks away and will take place on Friday 27th May at The Kingdom Greyhound Stadium

in Tralee. Thanks to the continued support and generosity of Sponsors, Clubs and GAA Supporters alike, the "Night of Champions" has become an outstanding success in recent years

and a major fundraiser for the cost of training Kerry GAA teams, both football and hurling. Buster tickets have already gone on sale for the event.

## BUS SERVICE RESUMED

St. Mary's Church of Ireland has recommenced its weekly Sunday "Bus" Service. This is a short Holy Communion Service at St Mary's Church of Ireland, Killarney, the Church of the Sloes, specifically designed to meet the needs of visitors who are planning on an early trip out on Sunday morning or who are booked

onto the Ring of Kerry Coach Tour. The service commences at 9:30am for half an hour.

All are welcome, no matter what denomination they are.







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## ALL SYSTEMS GO FOR MICRO TRACK PROJECT

A well attended meeting was held on Friday night last to brief the public on the progress of of the Killarney Community Microtrack Project. Secretary of the Community Group, Sean Coffey outlined the backing of Bishop Ray Browne to the community group, by donating the site to the community group on a lease basis and praised the community group on their commitment.

The South/East Kerry community rural track Ltd (non profit) was formed over 5 years ago, having searched over a prolonged period unsuccessfully to find a suitable location, but with the help of Sean Coffey, 3 acres of ground was donated on New Road Killarney.

"The core principle of "proximity" a cornerstone of the facility was realised", Jeremiah Griffin, Voluntary Project Coordinator told the Killarney Outlook. With eleven community groups supporting and making strong supporting contributions at the meeting, Jeremiah Griffin outlined the facts that over 6,000 participants have taken part in events to support the project to date.

He outlined that they have full planning permission, have had successful fundraising to date to meet the grant aid criteria.

The recreational facility which is for able bodied and for persons of disability involves an astro turf playing pitch, an athletics track, tennis court/basketball court and has full lighting. Mr. Griffin outlined the fact that if grant aid is realised then a 6/8 week build would only be required. "The dry outdoor recreational zone only 200m from the centre of Killarney with a construction cost of €314,000 will create a multimillion euro impact" he said.

"With all ancillary facilities on site and capital land cost removed, the group, which has Colm



"Gooch" Cooper as its patron, are poised to apply for 75% funding from the next round of leader which offers incredible value, Jeremiah concluded.

Last week Colm called on all those who could help the project, to do so by entering the [www.killarney10mile.com](http://www.killarney10mile.com) on September 24th, an event which will facilitate both walkers and runners, to support the project.

Among the public representatives who attended the meeting and outlined their widespread support were John Brassil TD, Martin Ferris TD, Michael Healy Rae TD, Cllr Donal Grady, Cllr John Joe Culloty, Cllr Michael Gleeson, Cllr Maura Healy Rae, Cllr Tom Griffin, Cllr Brendan Cronin, Cllr John Sheahan and Marie Moloney while Cllr Norma Moriarty, Cllr Michael O'Shea and Cllr Bobby O'Connell having attended the post reception at the AIB schools fitness challenge the previous week and are also supporting the project.

Others to express support Danny Healy Rae TD, Brendan Griffin TD, Senator Mark Daly, Senator Paul Coghlan, Cllr Niall Kelleher, Sean Kelly MEP, Brian Crowley MEP, Cllr Johnny Healy Rae, Tom Sheahan.

Anyone who would like to assist or provide support can contact Jeremiah griffin

**087-6879186**

## CLLR RAISES BARRADUFF ISSUES

At the recent Killarney Municipal Area Meeting, Councillor Michael Gleeson had the following Motions on the Agenda:

As the road surface on the N72 westwards out of Barraduff has some very dangerous lags, that Kerry County Council and the TII (Transport Infrastructure Ireland) would undertake the necessary work to make the roadway safer.

Kerry County Council replied that the lags will be repaired during 2016.

Have appropriate safety measures been determined for the village of Barraduff, in particular to ensure the safety of road users accessing the N72 from Upper Barraduff and Shronedarragh?

Kerry County Council replied that the road design requirements for the county are at present being assessed and prioritised. The above scheme forms part of that assessment and it is intended to complete the design for these Works in 2016. The Works will then be prioritised and costed. An application for funding will then be forwarded to the TII for Grant approval. Councillor Gleeson welcomed the replies and stressed that both need to be urgently addressed as the prevailing situations are dangerous for road users."

## COUNTY COMMITTEE MEETING

A meeting of Coiste Chiarrai will take place on Monday next 9th May at 8pm in Fitzgerald Stadium, Killarney. The Draw for Round 1 of the Novice Championship – first round losers of the Junior championship – will be made at the meeting. The report by the Parish Rule & Player Registration Committee dealing with South Kerry Clubs will be decided upon at next Monday's meeting.

Kerry County Committee have organised a Service Check of all Defibrillators to be carried out at the meeting and Clubs are asked to bring their AED Machines which will be checked free of charge on the night. Clubs will be given a list of remedial action (if any) that needs to be carried out.

## SCARTAGLEN RAMBLING HOUSE

All roads will lead to the Heritage Centre Scartaglen Monday May 9th at 9 p.m. for a Rambling House. Admission free, raffle and refreshments.

All are welcome.

## A LEGION OF MEMORIES



A UNIQUE TAKE ON THE BROSAN BROTHERS, SEAN (BACK), NOW LIVES IN AMERICA, DONAL (R) LIVES IN GLENBEIGH AND (L) PADRAIG (KILLARNEY) FOLLOWING AN EAST KERRY CHAMPIONSHIP WIN WITH THE CLUB. BERNIE O'CONNOR (R) LOOKS ON.





## MONEY MATTERS.....

By Dermot Cronin,  
Financial Advisor



### SOME KEY ELEMENTS FOR SUCCESS WHEN INVESTING YOUR MONEY:

We all often hear the words "don't put all your eggs in one basket" this applies to investing your money as well. If you invest all your money in one type of investment and this investment goes down then you could lose a large amount of your money in a very short time. However, if you spread your money into various types of investments and if one of these investments goes down it is unlikely to affect your overall investment very much. Financial advisers have access to different financial providers who offer a wide variety of different investment products and these products should be explained in detail to you in plain simple English before you make up your mind as to what investments suit you best. It is also very important that risk is discussed in detail with you so that you understand if there is any risk attached to the products you are considering. Finally you need to know what are the costs or charges for the products you are considering and these need to be compared with different providers.

For more information or to make an appointment to discuss the above contact **Dermot Cronin APA**, at **064 6622775** or **dermotcroninifa@gmail.com**

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Fine detached residence, excellently located just off the Ross Road close to Killarney town centre and adjacent to the beautiful lakes of Killarney and Ross Castle. The private rear garden bounded by mature trees and hedges further enhances this well located property.

**PRICE: €350,000**



#### ARDWYN, TOURNANONAGH, KILLARNEY, CO. KERRY

Perched on an elevated site with stunning views of the Kerry Paps Mountains this modern bungalow (1,340 sq. ft.) approx. constructed in 2002 set on 0.6 acres and enhanced with beautiful landscaped gardens with manicured lawns and an array of shrubs and trees is the ideal family or retirement residence just 8 miles from Killarney town. The property is stylishly decorated internally and maintained to an impeccable standard.

**PRICE: €250,000**



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Ground Floor  
Large Site

**Asking Price: POA**



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Newly constructed three bedroom semi - detached property within walking distance of Killarney town centre. This house is spacious and well laid out with curved interior walls and extensive natural light in all rooms. There is a private south facing rear garden. This is a must see property.



**€260,000**

#### 92 SCRAHAN MEWS, ROSS ROAD

This superb four bedroomed semi - detached property is an ideal family home. In excellent condition throughout, this property has a large enclosed south facing private garden with mature shrubbery and trees. An ideal property just 5 minute walk from the town centre. There is also parking for two cars to the front.

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RICS



CHARTERED SURVEYORS



# KERRY XL STORE TAKES TOP PRIZE AT PRESTIGIOUS XL STORE OF THE YEAR AWARDS

O'Keeffe's XL store was honoured for excellence at the recent prestigious XL Store of the Year Awards. Kieran O'Keeffe's XL store in Rathmore has won the award for Forecourt Store of the Year.

Retailers from all over Ireland gathered at the Mount Wolseley Hotel, Co. Carlow, for the Awards ceremony run by BWG Foods, owners and operators of the XL brand.

The XL Store of the Year Awards are only given to stores that pass a tough year-long inspection, including visits from mystery shoppers. Now in their seventh year, the Awards attracted a record number of entrants from all across the country.

Colm Fitzsimons, XL National Business Development Manager, paid tribute to all winners and finalists on the night.

He said: "XL retailers take pride in serving their local community at the highest possible level, so it is no surprise to see so many have enrolled in the XL Store of the Year Awards programme. By striving to meet these exacting standards they help improve not just their own stores, but the XL brand as a whole across Ireland."

The XL retail group continues to grow with over 240 stores across the country, and John Moane,



**FORECOURT OF THE YEAR** NIAL MANGAN VALUE CENTRE REGIONAL MANAGER WITH KIERAN O'KEEFFE XL, RATHMORE, AND DONNIE O'SULLIVAN VALUE CENTRE SALES TEAM.

Managing Director of BWG Foods Wholesale Division; owners and operators of the XL brand, said it's not hard to see why XL continues to expand, working with very passionate local community retailers.

He said: "XL retailers have a passion and

drive for business, and a real knowledge of and loyalty to their local community. I'd like to congratulate our very deserving county Carlow winners, James and Paul on their awards tonight. I'm sure we'll see even more XL retailers at the awards ceremony next year."

# LALS ARE ALL IRELAND DARTS CHAMPIONS



**LALS OUTCASTS:** FROM LEFT TO RIGHT SEAN MARSHALL, JAMES BRODERICK, JOHN CRONIN, RICHARD O'CONNOR, AND DALE MCCARTHY. MISSING FROM PHOTO IS TOM BIGGANE TEAM CAPTAIN AND DAVE STACK.

It was a dream come true for local darts enthusiasts when they secured the All Ireland Pubs and Clubs Shield Championship in Kilkenny last week.

Lals Outcasts' representing The Village Inn Killcummin attended the 7 man a-side tournament on Friday 29th April and the team comprised of Tom Biggane (captain) Dale McCarthy, Richard O'Connor, John Cronin. Sean Marshall, James Brodrick and Peter O'Carroll.

"We wouldn't have had this opportunity if it wasn't for the support we received from local businesses including K&M Ventilation and Heat Recovery Kilcummin, Island Flowers Castleisland, Cliffords Bar Killorglin, John J Galvin & Sons and of course our representative bar The Village Inn Bar Kilcummin", Dale McCarthy told the Killarney Outlook. Lals Outcasts won the final on Sunday beating a very strong Carlow team Palatine House 4-1.

# COMMERCIAL ROWING CLUB



WINNERS OF THE JUVENILE SIXES AT THE KILLARNEY REGATTA IN 1941. FRONT FROM L:R: JOHN O'BRIEN, SEAN O'MEARA, ROGER O'DONOGHUE, VINCENT DOYLE. BACK FROM L:R: JACK SCULLY, PADDY KEOGH, DAN HEALY, SHEAMUS CULLINANE, FRANK O'DONOGHUE, MICHAEL BEASLEY, JIMMY GLEESON, JERRY O'MEARA. COMMERCIAL. EST 1886 WHO HAVE A LONG ASSOCIATION WITH THE COMMERCIAL LIFE OF KILLARNEY ARE CURRENTLY PREPARING TO ROW IN LOCAL AND NATIONAL REGATTAS IN 2016.

# BASKETBALL

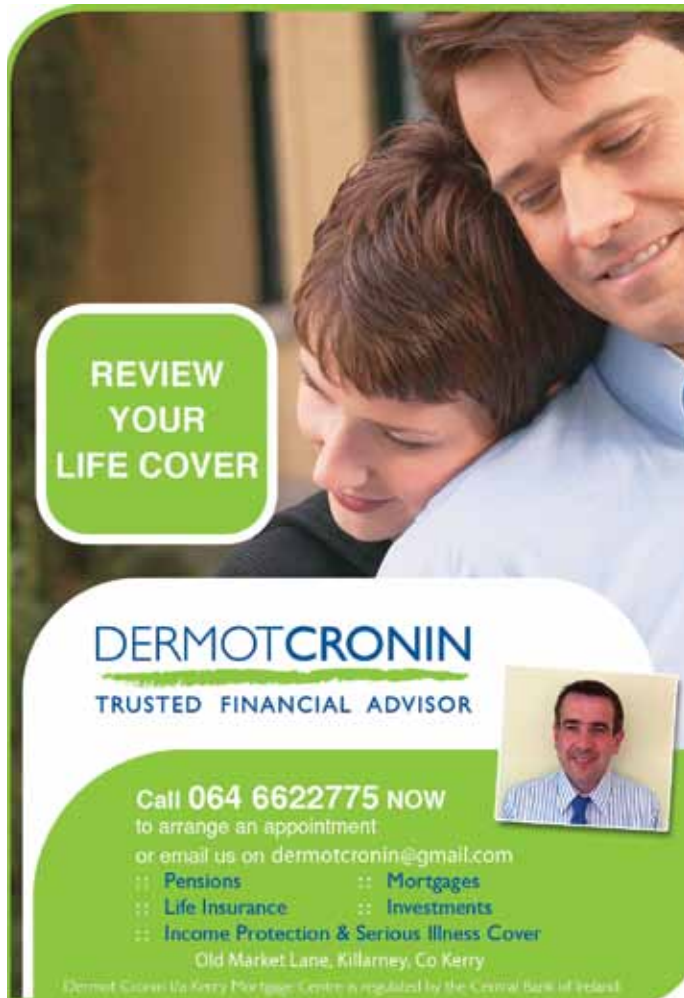
St Paul's Basketball Club will hold an end of season general meeting on Monday May 9th in The Killarney Plaza Hotel at 8.00 P.M.

Following a successful season on and off the court, the club is appealing to all members and interested parties to make a special effort to attend.

This meeting is open to everyone and plans for next season will be put in place.

St. Paul's Basketball Club was founded in 1985 and anyone who has been involved with the club in any capacity over the past 31 years is more than welcome. It is open to past and present players, officers and supporters, parents of juvenile players and also to people who never played or were never involved in the game but are interested in airing their views or getting involved.





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**Sherry FitzGerald Coghlan**

## FOE SALE

### SHRONEDARRAGH, HEADFORD, KILLARNEY

Spacious five bedroom family home, with double garage, constructed in 2001, on half acre site. Modern well constructed property, presented in walk-in condition. The property is conveniently located, just 1.5kms/mile from Barradubh Village, amenities include national school, church and shops.

**BER C2**

Price Region: **€240,000**

---

### 82 LACKABANE VILLAGE, KILLARNEY, CO. KERRY

New four bedroom detached family home 201 sq. m., with integrated garage, overlooking Lackabane Golf Course, in excellent residential location. The property is conveniently located, close to all amenities in Fossa Village and Killarney.

**BER: Exempt**

Price Region: **€350,000**

## PROPERTY OUTLOOK

# THROUGH THE KEYHOLE....

## A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

**David O'Driscoll & Associates**





**Address: 55 Castle Falls, Ross Road, Killarney.** 5 Bed Semi Detached Property, Turn Key Finish. Arranged over 3 floors. South facing back garden.

**Agent:** ● David O'Driscoll & Associates, Auctioneers Valuers & Estate Agents, Muckcross Road, Killarney. ● Tel: **087-7958386**  
● E-mail: info@dodriscoll.com ● Web: www.daft.ie/davidodriscoll

**Asking Price: €265,000** BER Cert: C1

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.





PICTURED AT THE MALTON HOTEL FOR THE "CAIRDE AN LEIGIUN" FASHION SHOW BACK ROW JEROME O'REGAN (LEFT) & TV3 PERSONALITY NOEL CUNNINGHAM CENTRE SURROUNDED WITH MODELS FROM THE NORMA O'DONOGHUE MODEL AGENCY. FRONT ROW L-R TIM O'LEARY & ENDA WALSHE.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE "CAIRDE AN LEIGIUN" FASHION SHOW AT THE MALTON HOTEL WERE L-R NIAMH BOWLER, TANYA O'SHEA & FIONA COLLINS.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE MALTON HOTEL FOR THE "CAIRDE AN LEIGIUN" FASHION SHOW WERE L-R MARY O'SHEA, AUDREY O'LEARY, SINEAD O'LEARY & AOIFE O'LEARY  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE MALTON HOTEL FOR THE "CAIRDE AN LEIGIUN" FASHION SHOW WERE L-R JENNIFER LENIHAN, NORMA O'DONOGHUE, KERRY O'SULLIVAN, JOAN LENIHAN & LINDA LENIHAN.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE MALTON HOTEL FOR THE "CAIRDE AN LEIGIUN" FASHION SHOW BACK ROW WERE L-R KEITH STRITCH, CHRISTINA TANGNEY, IRELAND AM'S NOEL CUNNINGHAM, LAURA TAYLOR & CLAIRE TANGNEY.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE "CAIRDE AN LEIGIUN" FASHION SHOW AT THE MALTON HOTEL WERE ELIZABETH MCCARTHY (LEFT) & EILEEN KENNEDY (RIGHT).

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

## First Holy Communion



GRACE O'SHEA, GAELScoil FAITHLEANN, PICTURED AT KILLARNEY HOUSE GARDENS ON HER COMMUNION DAY WITH HER FAMILY L-R DAD MIAH, MUM FIONA, GRACE AND HER SISTER LILY.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



DIARMUID QUIRK, PICTURED ON HIS COMMUNION DAY AT THE BOAT HOUSE ROSS CASTLE WITH HIS MUM CLÍODHNA, DAD SHANE, LITTLE BROTHER MUIRÍS & LITTLE SISTER AISLING.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808.



GAELScoil FAITHLEANN FIRST HOLY COMMUNION PUPIL AINDI O'CATHASAIGH WITH HIS SISTERS EABHA AND SADHBH NÍ CHATHASAIGH AND PARENTS SEAN CASEY AND LISA NÍ IARLAIHE AT A CELEBRATION PARTY AT GAELScoil FAITHLEANN, KILLARNEY FOLLOWING THE HOLY COMMUNION CEREMONY IN THE CHURCH OF THE RESURRECTION, KILLARNEY.  
PICTURE: EAMONN KEOGH



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| Irregular cycles         | Stress               |
| Poor egg health          |                      |
| Cysts                    |                      |

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## FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



### EATING THE FOODS THAT ARE RIGHT FOR YOUR BODY!

#### FOOD IS ENERGY.

However are the foods you are eating the right type of foods for your system? Now before I go any further if you are eating takeaways every night and loads of processed food and junk, then you need to start at cutting out all that rubbish first. The following article is for those of you who are eating relatively healthy yet still feel sluggish, or unable to shift weight or just stuck at a plateau and confused as to why this is happening.

Ok I'm going to give you a visual to explain the point I'm trying to get across today... If you were driving a petrol car would you put diesel into it to run it? No because it would break down! The same goes for your digestive system. Think of it as a machine (an energy system) that works on breaking down and extracting energy from the fuel we give it. But certain types of foods (or fuel sources) may be aggravating your machine (or energy system) so it is breaking down or not working properly!!!!

So often I hear people say "my friend was telling me about a diet and its unreal, it totally worked for her and she lost a load of weight!" Im thinking good for her but is it the right eating plan for you? Genetically we are all built differently so although this pkN may work for 7 out of 10 people you might be the 3 in 10 it doesn't work for at all, and is just sheer frustrating for you to follow.

### MORE TIPS NEXT WEEK...

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## OUTLOOK FASHION GOOD FITTING CLOTHES

The secret to well-fitting everyday clothes is Lycra. The formulas to look for: 95% cotton/5% Lycra spandex for T-shirts, and at least 2% Lycra for jeans to hold their shape.



### HEALTH TIP

#### NO FRIED FOOD

Stay away from fried things. Fried things are an absolute no-no. The more fried things that you avoid, the lesser weight you will gain.

## Beauty tip

### Hair Care

If you have greasy hair, avoid directly conditioning roots and condition from your ear down to ends.



## CANCER - JOURNEYING IN HOPE

by Tommy Frank O'Connor



Somebody recently said to me that with cancer there is no happy ending. I disagree. Nowadays the journey is made a great deal happier, whether it be on the Kerry Cork/ Health-Link bus taking us to and from Cork University Hospital for various forms of treatment; or availing of the many services offered by Recovery Haven (today I'll talk more of the listening service) or the comfort, therapies and pain relief available at Kerry Hospice/Palliative Care.

In each of the above cases, we cannot help noticing the family involvement for most people. This means so much to the cancer survivor. In my own case, for example I am blessed with a most amazing wife Sheila who notices changes in my condition almost before I become aware of them myself. My daughters and sons, and indeed lately my eldest grandchildren, could not be more helpful, always available to do the little things that make such a difference.

The listening service at Recovery Haven is exactly that. Someone is there to listen to your concerns and thoughts, even to help you through the tearful aches and pains that are involved in the cancer journey. You can take as long as you like. The service is confidential and non-judgemental in calm and peaceful surroundings.

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# Their Special Day



GRACE RINEY, DAUGHTER OF KATHLEEN AND DENIS RINEY SOUTH SQUARE SNEEM, AND JOHN DAMIEN O'SULLIVAN SON OF UNA AND JOHNNY O'SULLIVAN SNEEM, WHO WERE MARRIED RECENTLY IN ROME AND HELD THEIR WEDDING CELEBRATIONS AFTER WITH FAMILY AND FRIENDS IN THE SNEEM HOTEL.

PHOTO: LISA O'SHEA.



"SEALED WITH A KISS" AMY WALSH AND NIGEL ANONTHY PHOTOGRAPHED IN KILLARNEY NATIONAL PARK ON THE OCCASION OF THEIR WEDDING.

THE COUPLE WERE MARRIED IN ST. MARY'S CATHEDRAL AND CELEBRATED WITH FAMILY AND FRIENDS IN THE MUCKROSS PARK HOTEL IN KILLARNEY.

PHOTO MICHEÁL O SULLIVAN PHOTOGRAPHY

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## Spiritual Intuitive Energy Healer

**Trisha Moloney**



Trisha Moloney is a Spiritual Intuitive Energy Healer, who is a native of Co. Kerry. She teaches healing nationwide which helps the body and mind release stress and worry.

Trisha works weekly in Tralee and Killorglin and will be starting soon in Killarney. Trisha says "my unique energy healing is a non-invasive treatment, very gentle yet powerful, life changing but very effective with immediate results. It treats everything from **chronic anxiety, depression, emotional behavioural issues in kids, autism, ADHD, anger issues, digestive fatigue, low self-esteem issues (in teens), arthritis, trauma, headaches, migraine, back problems**, to name a few."

**Advice is also given on nutrition if required and Trisha also practices Cognitive Behavioural Therapy (CBT)**

One day workshops and two day retreats taking place over the summer in Kerry!

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PICTURED AT THE FLESK RESTAURANT FOR THE ANTHONY MORRIS COFFEE MORNING FUNDRAISER WERE L-R BREA DWYER, EILEEN COLLETT & EILEEN MAC SPARRON.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FLESK RESTAURANT FOR THE ANTHONY MORRIS COFFEE MORNING FUNDRAISER WERE L-R CLAIRE MORRIS, KATHLEEN O'SHEA, KATHLEEN DOHERTY & DYPNA HORGAN.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FLESK RESTAURANT FOR THE ANTHONY MORRIS COFFEE MORNING FUNDRAISER WERE L-R BERNIE CRONIN, MARTINA O'NEILL & MAUREEN VOGELS.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AT THE PRESENTATION OF THE GLENEAGLE SQUASH CLUB MAURICE O'DONOGHUE MEMORIAL AWARD WERE FROM LEFT, MACIEJ TRUCHAN, WINNER, EAMON O'DONOGHUE, GLENEAGLE HOTEL, AND MIKE HOWARD, CROSS REFRIGERATION, SPONSOR OF MONTHLY COMPETITION.  
PICTURE: EAMONN KEOGH



AT THE PRESENTATION OF PRIZES OF THE GLENEAGLE SQUASH CLUB MONTHLY COMPETITION SPONSORED BY CROSS REFRIGERATION WERE FRONT FROM LEFT, LIAM SHINE MIKE HOWARD, CROSS REFRIGERATION, MACIEJ TRUCHAN, OVERALL WINNER, EAMON O'DONOGHUE, GLENEAGLE HOTEL AND MARGARET O'CONNOR. SECOND ROW FROM LEFT ARE RAY O'CALLAGHAN, DON RING, MIKE O'DONOGHUE, GER FOLEY, BERNICE ENRIGHT, SEAN MCCARTHY, RYAN KAVANAGH, PHILIP O'CONNOR AND KEVIN SMITH. BACK FROM LEFT ARE CHARLIE COAKLEY, JAMES CAHILL, JOE O'CARROLL, SHIVA KATTA, CONNIE DOYLE, MIKE CROWLEY AND EAMONN BOWLER. PICTURE: EAMONN KEOGH .



SCHOOLS SUPER SEVENS GIRLS BASKETBALL FINALS: CULLINA NATIONAL SCHOOL SUPER SEVENS PLATE WINNERS 2016.



BRIDIE BROSAN PRESENTS HER PRESIDENT'S PRIZE TO WINNERS TOM DOHERTY AND BERNA O'SULLIVAN AT CRUSADERS BRIDGE CLUB.



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## Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

### New Course - Hospitality Operations (TRS7116) - Killarney.

The course is the ideal starting point for anyone thinking about a career in the hospitality sector. Participants will receive a thorough grounding in the areas of accommodation techniques, food preparation, reception and front office duties, and restaurant skills. It's for people who wish to progress directly to employment and for those contemplating on taking a higher level hospitality course. **Start Date:** 17<sup>th</sup> October 2016. **Duration:** 30 weeks. **Certification:** QQI Level 5 Major Award in Hospitality Operation.

### Manual & Computerised Payroll and Bookkeeping (ET025) - Tralee & Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Dates:** 9<sup>th</sup> May 2016 in Killarney & 4<sup>th</sup> July 2016 in Tralee. **Duration:** 10 weeks. **Certification:** QQI Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

### Legal Administration (ETS07) - Tralee.

This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. **Start Date:** 30<sup>th</sup> May 2016. **Duration:** 40 weeks. **Certification:** QQI Level 5 Major Award in Office Administration.

### Wind Turbine Maintenance Technician (TR36R) - Tralee.

This course is designed to provide participants with the technical knowledge and skills to service and maintain large scale commercial wind turbines. Applicants must hold a National Craft Certificate or equivalent qualification in the electrical or mechanical trade and ideally have a number of years post apprenticeship experience. **Start Date:** 30<sup>th</sup> May 2016. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53) and a number of related H&S certs.

### Intermediate Welding (ET030) - Tralee.

This course is designed to provide industry with personnel who are highly skilled and certified in carbon steel, stainless steel and aluminium welding. Applicants must have a proven track record in basic welding skills. **Start Dates:** 13<sup>th</sup> June and 3<sup>rd</sup> October 2016. **Duration:** 19 weeks. **Certification:** EN 287 Certs in Manual Metal Arc (MMA), Metal Inert Gas (MIG) and Tungsten Inert Gas (TIG). QQI Special Purpose Level 5 Award in Abrasive Wheels.

### IT Support (ETS78) - Tralee.

This course is for people who wish to pursue careers in IT support services. It offers a comprehensive grounding in core hardware, operating systems, networks and cloud computing. Graduates will seek employment installing, configuring, maintaining and upgrading IT equipment. **Start Date:** 13<sup>th</sup> June 2016. **Duration:** 48 weeks. **Certification:** CompTIA A+, CompTIA Network+ and CompTIA Cloud Essentials.

### CAD - 3D Parametric Modelling Course (ET4R1) - Tralee.

This course is for CAD technicians who wish to develop contemporary 3D parametric modelling skills. **Start Date:** 4<sup>th</sup> July 2016. **Duration:** 21 weeks. **Certification:** City & Guilds Levels 1 & 2 Awards in Computer Aided Design Parametric Modelling.

### Outdoor Activity Instructor Traineeship (ETS64) - Killorglin.

The Outdoor Activity Instructor Traineeship is designed to provide the outdoor adventure tourism and education sector with personnel who have the knowledge, skills and competencies to work in the adventure sports industry. **Duration:** 44 weeks. **Start Date:** 25<sup>th</sup> July 2016. **Certification:** QQI Level 5 Certificate in Outdoor Activity Instruction.

### Medical Administration Traineeship (TRS08) - Tralee.

This course is specifically designed for those wishing to pursue careers as medical secretaries, administrators and receptionists. It covers all the main administration tasks carried out in medical practices, hospitals, clinics and medical companies. **Start Date:** 12<sup>th</sup> September 2016. **Duration:** 40 weeks. **Certification:** QQI Level 5 Major Award in Office Administration.

## Kerry ETB Further Education & Training Fair

Brandon Hotel Tralee

Thursday the 12<sup>th</sup> 2016 - 11:00am to 7:00pm

Expert Advice, Talks, Workshops, Skills Demonstrations

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To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 / 066 7149638 / 066 7149676,

[www.kerryetbtrainingcentre.ie](http://www.kerryetbtrainingcentre.ie), E-mail: [training@kerryetbtrainingcentre.ie](mailto:training@kerryetbtrainingcentre.ie)



## Citizens Information

### Know Your Rights:

## THE HOMEMAKER'S SCHEME

### QUESTION

I'm going to take some time off work to look after my children. What effect will this have on my contributions for the State pension?

### ANSWER

Under the Homemaker's Scheme, time you spend out of the workforce caring for children or a person with a disability can be disregarded when calculating your entitlement for a State Pension (Contributory). The scheme came into effect on 6 April 1994 (time spent homemaking before this is not taken into account).

You do not get credits for years spent out of the workforce. Instead these years will be disregarded when working out your entitlement to a State Pension (Contributory). However, you may get credits for the remainder of the year you leave the workforce, and for part of the year when you rejoin the workforce.

A homemaker, for the purposes of the Homemaker's Scheme is a man or woman who provides full-time care for a child under the age of 12 or an ill or disabled person aged 12 or over. A homemaking year is a year in which you are out of the workforce for the full tax year. Up to a maximum of 20 homemaking years can be disregarded when working out your entitlement to a State Pension (Contributory).

To qualify for a State Pension (Contributory) you must have a minimum yearly average number of contributions from when you entered social insurance to pension age. The Homemaker's scheme provides that full contribution years spent caring in the home are disregarded in calculating a person's yearly average number of contributions. Take, for example, a woman who started work in 1985, took 10 years out of work to care for children from 1995 to 2005 and then returned to work for another 20 years before retiring in 2025 and applying for a State Pension. Her yearly average would be calculated over 30 years instead of 40 years when the 10 years spent in the home are disregarded.

**Further information is available from the Citizens Information Centre below.**

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.





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**If so**

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## Plan your strategy for the weeks leading up to the State Exams.

(By Billy Ryle)



As you settle into the final school term before the State Exams, it's reasonable to assume that each and every one of you has already done a certain amount of work. Many exam candidates have worked diligently and consistently throughout the year. Others may have been less focussed and motivated as they travelled the road to next June's exams. But the fact remains that every exam candidate has a foundation of work, however solid or precarious, on which to build over the next few weeks. Efficient and careful use of the remaining time will be sufficient to get you safely over the finish line. No matter how little work you have done to date, you can still achieve a worthwhile result in your exam if you are prepared to put your best effort into the final few weeks. It's also important to appreciate that you know a great deal more than you give yourself credit for.

The immediate priority now is to reassess your goals and set out a plan of action for the run into the exam. The time for procrastination has well and truly passed. It's essential to have clearly set goals and to map out a plan of action to help you to be successful. If you are to achieve your academic goals they will have to be SMART – specific, measurable, achievable, realistic and time-lined. Your total focus must now be on your total preparedness for next June's exams. Avail of all the help that is at your disposal during the next few weeks to ensure that you are in tip top shape for the challenge of the exams.

The subject teacher at school, who after all is the expert, will guide you through the last few weeks in revision, exam techniques and overall subject strategy. If you do your share by regular attendance at school during the final term and by rigorous attention to your work schedule, you will give yourself every possible chance of achieving your goals. In order to achieve those goals you must be clear in your own mind as to what exactly they are. You must have belief in your ability to achieve them. You must put a plan in place to accomplish your aim and, critically, you must execute your plan by doing the necessary work.

Undertake an immediate and honest review of your exam programme. Make a decision about the level – higher, ordinary or foundation – of the paper you will answer in each subject. Set a target grade in each subject to help motivate you. It's vital at this late stage to set realistic goals. For example, if you feel you may not be able for a higher level paper in a particular subject, are you not far better off taking an ordinary level paper in that subject where you may achieve a decent grade? Consider what you would like to do after the Leaving Cert exam. A singular determination to achieve enough points to get a place in your course of interest is a great motivator. Perhaps, your primary motivator should be to do yourself justice in the exam and to achieve results that reward your ability and effort. Having clear and focussed goals will make your last term more productive and rewarding.

**CONTINUED NEXT WEEK....**

**Billy Ryle is a Career Guidance Counsellor & freelance writer**



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## HOW TO FEEL GREAT EVERY DAY!

Feeling great is our natural birthright! We were designed to feel wonderful, brilliant, full of energy and full of life! Our bodies and minds have everything we need right now to help us achieve this state of healthy well-being and yet so often we feel just the opposite. My own personal health challenges have taught me that true health and happiness can be created within us when we begin to work in harmony with the mind, body and soul. Sometimes just a few simple techniques are enough to set the body and mind on a healing course and increase your energy levels and vitality.

### ENERGY HEALING EXERCISE FOR RELEASING TENSION!

The face can hold an immense amount of tension. Try this simple quick energy healing exercise to release stress and tension. Place the pads of your fingers against your cheekbones. Push upward firmly. Gradually push your fingers along the curve of your cheekbone toward your ears. This brings blood into your face and opens up the spaces that had been tense.

Another great coaching tip is to **"THINK GREATER THAN YOU FEEL!"**

Whenever you feel low, negative or just can't seem to get motivated, choose thoughts that are bigger than the feeling. It's so easy to get stuck in feeling sorry for yourself but when you remember just how blessed you are and look for all the good in your life, you begin to change your state of being and feeling!

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## REFUGEE AND MIGRANT CHILDREN ARE VANISHING THROUGHOUT EUROPE

The German government has confirmed what many human rights groups had feared: that over 6,000 refugee children have gone missing over the past year. A spokesperson for the Interior Ministry added that the number of children missing is almost certainly higher than the current estimate.

Although it is likely that some of the children have been taken in by extended families in Germany and around Europe, there are massive fears that many of these children will end up in black market trades. From forced sexual slavery to forced labour and organ markets, refugee children make for all too easy victims in such criminal gangs.

The issue of disappearing children hasn't stopped at the German border. According to Europol, by conservative estimates 10,000 children are currently missing throughout the continent.

It's estimated that 26,000 children travelled to Europe alone last year.

The European Commission has put out directives on unaccompanied children – and how they should be processed and taken care of when they arrive in Europe. However, too often these children can slip through the cracks. And without family, shared language or the understanding of how society works, they are easy prey for pedophiles and traffickers.

## MAY IS LUPUS AWARENESS MONTH

Lupus is a chronic autoimmune disease that can damage any organ or tissue and affects approximately 5 million people worldwide. There is no cure.

While anyone can develop this disease, it primarily targets women (approx. 90% of reported cases). Non-whites are also more likely to have lupus.

Diagnosis is often difficult, as symptoms may vary wildly from person to person. Many patients must see numerous doctors over several years prior to receiving an official diagnosis (misdiagnosis is also common).

Pledge to learn more about this terrible disease during the month of May!

For more information, go to [www.lupus.org](http://www.lupus.org)

## STOP FOOD WASTE TIPS

- Don't throw bruised apples away. Cut off any brown parts and chop the rest into wedges for a snack.
- Leave stone in the half of an Avocado you don't need and it will stop it from going brown as quickly.
- Bananas will go black in the fridge! So instead, just keep them somewhere nice and cool.
- Bread should not be stored in the fridge; it will actually go stale quicker in there. Keep it in a bread bin or cupboard, in the original packaging.
- Broccoli should be stored in the fridge in its original packaging, to keep it at its best.

## THE SEA LIFE LONDON AQUARIUM IS WELL WORTH A VISIT

Despite the name it is not all about fish, but the best news of all is that there isn't an animal in captivity in this part of the aquarium!

Visitors can come face-to-face with a polar bear and its cubs and interact with them. They can watch whale splash just feet away from where they stand. The animals are available for photos from the moment the aquarium opens until it closes for the day and the animals don't mind, because they're not animals at all. They are computer images produced by augmented reality, with cutting edge technology and incredible BBC Earth footage.

They're projections, though they look eerily real, that allow visitors to get close to wildlife without having to keep it in captivity.

As visitors walk through the two rooms where the "Frozen Planet" exhibit takes place, all of their senses are stimulated to mimic an arctic expedition. They feel the blistering cold air, hear icicles descending on a seabed and even see the Northern Lights above them in the "sky." As we know from visiting wildlife parks etc live animals in captivity tend to avoid human attention and hide as best as they can, so not all visitors get to actually see all the animals (I for one seem to frighten off the monkeys). They may also just pace back and forth, instead of showing their natural behaviour in the wild. Augmented reality could fix those issues for both the animals and paying customers. Unfortunately the Sea Life London Aquarium still offers live animal exhibitions but at least does not allow any interaction with the animals and this is a giant step in the right direction.

## QUOTE

"The world would be a nicer place if everyone had the ability to love as unconditionally as a dog" -M.K. Clinton.

## ON THIS DATE – MAY 6TH

1626 - Dutch colonist Peter Minuit bought Manhattan Island from local Indians for 60 guilders worth of trinkets.

1733 - 1st international boxing match: Bob Whittaker beats Tito di Carni.

1833 - Vermont born John Deere made the 1st steel plough.

1835 - Scottish-born James Gordon Bennett, published the first issue of the New York Herald (price 1 cent).

1851 - U.S. physician, scientist, inventor, and humanitarian Dr. John Gorrie patented a "refrigeration machine".

1851 - American inventor Linus Yale patented his Yale lock.

1913 - Stewart Granger, (born James Stewart), actor (Prisoner of Zenda, etc.), born in London.

1914 - British House of Lords rejected women suffrage.

1938 - Dutch writer Maurits Dekker was sentenced to 50 days for "offending a friendly head of state" (Hitler).

1945 - World War II ended in Europe.

## TODAY IS – INTERNATIONAL NO DIET DAY

A day dedicated to respecting and accepting body types, and promoting healthy eating rather than dieting. No Diet Day aims to help to teach people to have a healthy relationship with food, and to ditch restrictive diets and the harmful results they often have, such as anorexia and body-type perceptions in the media.

International No Diet Day (INDD) was created by Mary Evans Young in 1992; Mary is the director of the British group "Diet Breakers". After personally experiencing anorexia, she worked to help people appreciate themselves for what they are, and to appreciate the body they have.

There are several goals to the INDD: \*Celebrate the beauty and diversity of ALL our natural sizes and shapes; \*Declare a personal one-day moratorium on diet/weight obsession; \*Learn the facts about weight-loss dieting, health, and body size; \*Honour the victims of eating disorders and weight-loss surgery; \*Help end weight discrimination, sizism and fatphobia.

## GIBRALTAR TO END ANNUAL BALLOON RELEASE TO PROTECT SEA TURTLES AND OTHER MARINE ANIMALS

Grand balloon releases are truly a spectacle to witness – colours filling the sky, balloons floating through the air. They're often used to mark a celebration and inspire joy for all. However, they're not uplifting for all parties involved. As we know, what goes up must come down, and when the balloons make their way back to Earth, 70% of the time they end up in one of the world's oceans. This is



bad news for marine life, which unfortunately misidentify deflated balloons as their next meal and ingest the material, leading to stomach or intestinal blockages and eventual starvation, and birds often become entangled in the strings or ribbons attached to balloons. Thankfully, the annual balloon release that has taken place in Gibraltar for the past 24 years has come to an end. After calls from activists who recognised the profound impact these balloon releases have on marine life, the organisers of the event and release, The Self Determination for Gibraltar Group, have decided to put it to an end. In a statement, they said: "Over the years ... the release of balloons as part of the festivities has become an important part of the day. Seeing the red and white balloons floating in the sky has evoked passion and sentiment in a huge number of Gibraltarians as the symbolic representation of our freedom. There has nevertheless been a growing number of credible national and international organisations and people who, in particular over the last few years, have highlighted that releasing helium-filled balloons is harmful to the environment and animals". \*The Self-determination for Gibraltar Group was founded in 1992 to campaign for the recognition of the right of the Gibraltarians to self-determination, i.e. to decide their constitutional status, in their only home, Gibraltar.

### DID YOU KNOW?

On April 24, 2014 the Republic of the Marshall Islands (RMI) filed nine ground breaking lawsuits at the International Court of Justice against the world's nine nuclear-armed nations and another lawsuit, separately, against the United States in U.S. Federal Court. In March of this year, the International Court of Justice in The Hague heard two weeks of oral arguments in the RMI's cases against the United Kingdom, India and Pakistan. These were the first contentious nuclear disarmament cases ever brought before the world's highest court. The judges are now deliberating and will deliver a ruling on the admissibility of the cases in the next few months. The RMI's case against the United States is currently pending in the Ninth Circuit Court of Appeals.

### EVERYTHING IN NATURE HAS ITS PLACE

Insect-eating birds devour the worst pest of Costa Rican coffee plantations, reducing damage to ripening coffee berries. Yellow Warblers and four other bird species gorge on coffee berry borer beetles, the most damaging insect to the world's \$90 billion a year coffee industry. When birds were excluded from tested farms, the borer-infestation rate doubled. It is calculated that the service provided by the birds increases income to growers by €275 per hectare a year.

### SOUTH AFRICA CONSULATE DONATED HOUSES TO CELEBRATE FREEDOM DAY

The South African consulate in Ho Chi Minh

City in Vietnam has donated 20 houses to 20 poor families in Ben Tre Province as part of its programme to mark the 22nd anniversary of South Africa's Freedom Day (April 27th). Do Thi Kim Lien, South Africa's honorary consul in the city, said at the ceremony on April 22nd that she hopes other people can join hands to help improve living conditions for more people in Ben Tre, one of the Mekong Delta provinces. Nearly half of the 2.2 million hectares (5.4 million acres) of arable land in the Mekong Delta has been attacked by salt water and hundreds of thousands of locals are suffering from water scarcity, official figures show. On this occasion, the Honorary Consulate of South Africa also donated VND500 million (€20,000) to the Fund for Poor People of the southern province of Tay Ninh.

### BISON ARE THE OFFICIAL NATIONAL MAMMAL OF THE UNITED STATES

The U.S. Congress has officially designated the noble bison as the official national mammal of the United States. An estimated 20 to 30 million bison once dominated the North American landscape from the Appalachians to the Rockies, from the Gulf Coast to Alaska. Habitat loss and unregulated shooting reduced the population to just 1,091 by 1889. Today, approximately 500,000 bison live across North America. These massive animals, characterized by their long, shaggy brown coats, have poor eyesight but acute hearing and an excellent sense of smell. Historically, the American bison played an essential role in shaping the ecology of the Great Plains. They grazed heavily on native grasses and disturbed the soil with their hooves, allowing many plant and animal species to flourish.

The trails carved by animals like bison and deer in their seasonal migrations formed some of the earliest traceable paths into the American wilderness, and were followed by Native Americans, explorers and pioneers.

Bison are adapted to the extreme weather conditions of the Great Plains, from summer heat to winter cold and blizzards, they can dig through deep snow with their heads to reach the vegetation below and their winter coat is so thick and well insulated that snow can cover their backs without melting, their thick fur also offers great protection against the sun. Known for roaming great distances, bison move continuously as they eat. The females, or cows, lead family groups. Bulls and cows do not mingle until the breeding season and the dominant bull blocks the cow's vision so that she may not see other competing bulls, and bellows at males striving for the cow's attention. Their peak mating season is in July-August and the cow's gestation period is 270-285 days usually resulting in one calf.

\*Did you know that to the best of my knowledge Ireland does not have an official National Animal or Bird? Apparently in days of yore the Elk was the iconic Irish mammal despite being a migrant to the Country as the giant Deer lived throughout much of northern Europe and made their way to Ireland 15,000 to 30,000 years ago, when Ireland became landlocked to continental Europe again.

### GERMANY HAS INSTALLED GROUND-LEVEL TRAFFIC LIGHTS FOR DISTRACTED PHONE USERS

In an effort to keep people from walking in front of trams while texting etc Germany is experimenting with traffic lights built into the street. A transportation provider in Augsburg, has installed traffic signals into the asphalt of two of the city's Tram stations as part of an ongoing trial. When the street is safe to cross, the LED traffic lights flash green. When there's a tram approaching, they flash red to get the attention of any pedestrians with their eyes glued to a screen or otherwise distracted walkers. The lights are also visible from far away, which could prove useful to cyclists who approach the tracks at a much greater speed. If the trial is successful we could see ground-level traffic lights spread throughout Germany and eventually overseas.

### PERMACULTURE

Often when people hear the word "permaculture" they think of the countryside, farms, and fields. But permaculture is such an adaptable design process that it can be used anywhere, including cities, towns, and the suburbs. Permaculture guides us to mimic the patterns and relationships we can find in nature and can be applied to all aspects of human habitation, from agriculture to ecological building, from appropriate technology to education and even economics. By adopting the ethics and applying these principles in our daily life we can make the transition from being dependent consumers to becoming responsible producers. This journey builds skills and resilience at home and in our local communities that will help us prepare for an uncertain future with less available energy and you can get further information through the Internet or specialist magazines. Which means you can transform your life wherever you live by planting a window box, gardening on a balcony or starting a community garden the natural way.

### WHEN CATS AND DOGS CAN COEXIST THEN WHY CAN'T WE?

Only humans are capable of coining the phrase, "fighting like cats and dogs" because in reality the feline and canine species can live in complete harmony after initial problems due to different body language, but sadly we humans cannot cope with our differences and make friends with people who are different from us. Can we not broaden our ways of thinking and embrace and coexist peacefully with the entire creation not expecting or pushing change in them but rather simply accepting them?

Dogs still bark and cats meow, they do not change for the other but they learn to coexist while keeping their individualities intact.



## *A look through the lens at the 2016 Rally of the Lakes*



DONAGH KELLY AND CONOR FOLEY, OVERALL WINNERS, CELEBRATE AT THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT. PICTURE: EAMONN KEOGH



KEVIN O'SULLIVAN AND MARTIN O'RIORDAN, KILLARNEY, CLASS 20 WINNERS, WITH AINE O'CALLAGHAN, DEREK LEE, GLENEAGLE HOTEL, LIAM CRONIN, DEPUTY CLERK OF THE COURSE, AND MAGS KELLEHER MILNER AT THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT. PICTURE: EAMONN KEOGH



AT THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT WAS RTE PRESENTER MICHAEL LYSTER WITH HIS FORMER RALLY CO-DRIVER MIKE O'LEARY, KILLARNEY AND KERRY LADIES FOOTBALLER BERNIE BREEN. PICTURE: EAMONN KEOGH



EOGHAN, MARIE AND SAOIRSE BARTLETT, KILLARNEY, AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH



ODHRAN, DYLAN AND ADAM CAHILL AND COLIN SOMERS, GNEEVEGUILLA, WITH PAUL NAGLE AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH



AINE O'CALLAGHAN AND MAGS MILNER WITH JEFF AHERNE, CARTELLIE, ANTHONY O'CONNOR, CLERK OF THE COURSE, ADRIAN DEASY AND ALAN RING AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



CAOIME, TIM AND DARRAGH O'BRIEN, RATHMORE, WITH MARY O'DONOGHUE, GLENFLESK, AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



AINE O'CALLAGHAN, TIM CLIFFORD, CARMEL O'DOHERTY AND MAGS MILNER AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



DONAL LAWLOR, AINE O'CALLAGHAN, JEFF AHERNE, CARTELLIE, ANTHONY O'CONNOR, CLERK OF THE COURSE, MIKE MORIARTY, KATE O'LEARY, KILLARNEY CHAMBER OF TOURISM AND COMMERCE PRESIDENT, LIAM CRONIN, MAGS MILNER, DIARMUID CRONIN, KILLARNEY AND DISTRICT MOTOR CLUB CHAIRMAN, AND RICHIE LAHIFF, CARTELLIE, AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2016 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH



KILLARNEY CREW KEVIN O'DONOGHUE AND DAVID RANGLES AFTER COMPLETING THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES. PICTURE: EAMONN KEOGH





# OUTLOOK SPORTS NEWS

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## LEINSTER HURLING CHAMPIONSHIP ROUND ROBIN

### KERRY OFF AND RUNNING IN LEINSTER CHAMPIONSHIP

DONAL BARRY WAS AT AUSTIN STACK PARK TO SEE KERRY RECORD THEIR FIRST WIN IN THE LEINSTER CHAMPIONSHIP

**KERRY 2-19**  
**CARLOW 0-17**

In years to come it will surely be a pub quiz question. Name the Munster team that won their first game in the Leinster hurling championship. While Kerry's win will go down on the record books, a victory that took more time to record than maybe Ciaran Carey would have liked.

"The performance probably dipped slightly. It came across to me that they were a bit tired and it was evident in the first half in relation to hooking and blocking. The turnovers wouldn't have been at the same standard as against Laois. But I was pleased with the second half." Carey admitted to the Tralee Outlook afterwards:

"I can't put my finger on it, why the touch wasn't great, or why the decision-making or the passes were poor, it just was. There has been the same in the past but they are improving on it and getting better. Today, they came below the bar of the standard that they'd set." Like Carey Carlow too will never know how they trailed at the break to Kerry. With the aid of a strong wind, they notched up 13 wides in the first half, most of them scoreable and while the misfiring midlanders went in at the break 1-6 to 0-7 down, they were certainly very much in the contest.

Jack Kavanagh opened the scoring for Carlow but Kerry were soon 0-3 to 0-1 in front after five minutes, thanks to points from John Egan, Shane Nolan (free) and Daniel Collins.

Then despite a fine point from Mikey Boyle, Carlow began dominating the middle third as Kerry looked very flat, and Carlow levelled thanks to two Martin Kavanagh frees and fine effort from Seamus Murphy.

Then came the crucial score of the half when John Griffin won a break, and send Colum Harty racing through and he placed John Egan who fired home a superb goal on 13 minutes. Carlow dominated the second quarter but their shooting was well below par, all they could add before the interval, was two Martin Kavanagh frees, and one from play by John Michael Nolan.

Kerry emerged from the break more like the side that defeated Laois in their relegation play off, looking a lot sharper and as the half wore on put down a marker for the season to come and with both O'Leary brothers taking complete control, they provided the platform for everything good that was to follow.

Shane Nolan had one from play and from a free on either side of his 39th minute goal, which he kicked soccer style into the net. It was the



MICHAEL O'LEARY AND DANIEL COLLINS BATTLE FOR POSSESSION WITH CARLOW'S WITH JACK KAVANAGH (CARLOW) IN THE LEINSTER SENIOR HURLING CHAMPIONSHIP ROUND ROBIN AT AUSTIN STACK PARK, TRALEE ON SUNDAY

goal that steadied the ship as Kerry and pushed Kerry out to a 2-8 to 0-8 lead and from there to the final whistle, they proved the far classier side with Daniel Collins, John Griffin and Jordan Conway all showing a championship touch. Griffin would end the day with 0-3, while replacement Conway clipped over 0-2 following some delightful touches.

John Egan and Hugh O'Byrne swapped points, before Kerry outscored Carlow 0-7 to 0-2 on the run in with John Griffin, Conway, Michael O'Leary, Jack Goulding and Mikey Boyle all adding to the scoreboard,

Kerry now face Westmeath next weekend who were surprise easy winners over Offaly. Carey revealed that Kerry would need to be 40% better to match a team that are "streets ahead of Carlow"

Scorers:

**KERRY:** Shane Nolan 1-4 (0-3 frees), John Egan 1-3, J Griffin 0-3, Jack Goulding, Mikey Boyle and Jordan Conway 0-2 each, Darren Dineen (f), D Collins and M O'Leary 0-1 each:

**Carlow:** Martin Kavanagh 0-8 (0-6 frees),

Richard Kelly and John M Nolan 0-2 each, J Kavanagh, Sean Murphy, James Doyle (f), Hugh Paddy Byrne 0-1 each : Kerry: Aidan McCabe; Bryan Murphy, Patrick Kelly, Keith Carmody; Jason Diggins, Darren Dineen, Tom Murnane; John Griffin, Daniel Collins; Colum Harty, Michael O'Leary, Shane Nolan; Jack Goulding, Mikey Boyle, John Egan.

Subs: Brendan O'Leary for C Harty (47 in), J Conway for S Nolan (48), Brandon Barrett for Brendan O'Leary (68), Dougie Fitzell for B Murphy (68), James O'Connor for Jack Goulding (68)

**CARLOW:** Brian Treacy; Ger Coady, Michael Ryan, Alan Corcoran; Diarmuid Byrne, Richard Coady, James O'Hara; Jack Kavanagh,

Richard Kelly; Sean Murphy, Martin Kavanagh, Kevin McDonald; Seamus Murphy, James Doyle, John Michael Nolan;

Subs: Ross Smithers for J Kavanagh (22), Hugh Paddy Byrne for S Murphy (50), Conor Lawlor for K McDonald (68)

Referee: Colm Lyons (Cork)



GREAT STICK WORK BY JOHN EGAN (KERRY) AS HE HOLDS OFF TWO CARLOW PLAYERS EN ROUTE TO GOAL IN THE LEINSTER SENIOR HURLING CHAMPIONSHIP ROUND ROBIN AT AUSTIN STACK PARK.



THE KERRY SENIOR HURLING TEAM AT AUSTIN STACK PARK, TRALEE ON SUNDAY.





## GNEEVEGUILLA GAA

**LOTTO:** Gneeveguilla Gaa lotto numbers 7, 10, 13, 26. No Jackpot winner next weeks jackpot €10,200.

€40 Ann Vaughan Alps.

€40 Neille Collins Lyreccorin.

€40 Shiela Buckley Banard.

€30 Mossie Brosnan Village.

€30 Mary O'Neil Lyre.

€20 Breedra O'Keeffe Yearly ticket.

**GNEEVEGUILLA U 14:** Defeated Brosna/Knocknagoshel 5-06 to 2-12 well done lad's excellent result.

**GNEEVEGUILLA SENIORS:** Were defeated by Glenflesk by 6 point in the east Kerry super league.

**CLUB MERCHANDISE:** Available from Martina O'Sullivan and Gobnait Carmody. You can check out the merchandise on Gneeveguilla Gaa Facebook page.

**GNEEVEGUILLA JUNIORS:** Defeated a weaken Spa team in the East Kerry junior league. Gneeveguilla kicked 1-11 in the first half with Dean Crowley finding the net for Gneeveguilla. Spa battled hard in the 2nd half but Gneeveguilla proved too strong eventually winning Gneeveguilla 1-19 Spa 0-05.

## EAST KERRY NOTES

**Áine Ní Shúilleabháin PRO**

**FRANK DORAN SAFEGUARD SECURITY EAST KERRY SENIOR LEAGUE**

**GLENFLESK 1-16 GNEEVEGUILLA 0-11**  
Glenflesk and Gneeveguilla met in Glenflesk on Saturday evening in Glenflesk's final group game of the Frank Doran Safeguard Security East Kerry Senior League. With both teams hoping to avoid relegation from the top tier it was tit for tat in the opening exchanges. However, Glenflesk started to get the upper hand towards the end of the opening quarter and led by 6 point to 3 going into the second quarter, with Danny Lucey prominent on the scoreboard with 2 points from play. The second quarter continued in the same vein with Gneeveguilla staying in touch through the boot of Cornelius Buckley but it was Jeff O'Donoghue who came up with the crucial score of the game in the twenty eighth minute scoring a goal, to continue his impressive goal scoring form this season. Score at the break: Glenflesk 1-07 Gneeveguilla 0-5.

Glenflesk opened the second half very brightly with Donal O'Sullivan excellent at midfield and opened up a seven point lead with 35 minutes played. Gneeveguilla played their best football of the hour between the thirty fifth and forty seventh minute of the game and rattled off 4 unanswered points to close the gap to four, Glenflesk 1-11 Gneeveguilla 0-10. However, it was Glenflesk that finished the stronger with Jeff O'Donoghue coming to the fore and scoring Glenflesk's final 3 points. Final score: Glenflesk 1-16 Gneeveguilla 0-11. This leaves Glenflesk on three league points with all

games played while Gneeveguilla with three games played and Kenmare with all four games decided have not recorded any league points as yet. Referee: Denis Mc Carthy (Scartaglen).

**EAST KERRY JUNIOR LEAGUE:** The East Kerry Junior League continued during the week, when Spa travelled to Gneeveguilla for a round 4 game in the Kerry Physiotherapy and Rehabilitation Centre East Kerry Junior League. The home side proved the stronger against a weakened Spa team. Gneeveguilla built an unassailable lead in the first half, kicking 1-11, Dean Crowley finding the net for the home side. Spa, to their credit, continued to battle hard in the second half, but Gneeveguilla proved too strong and ran out winners on a final scoreline of Gneeveguilla 1-15 Spa 0-05.

Referee: Denis Mc Carthy (Scartaglen)

The league continues with round 5 this week when Glenflesk host Gneeveguilla, Legion are at home to Dr. Crokes, Spa entertain Kilcummin and Rathmore have a bye.

**EAST REGION UNDER 16 LEAGUE:** The pairings for the Finals of the East Region Under 16 League, sponsored by MD O'Shea, will be decided this week with the playing of the last round in Divisions 1A and 1B and the Division 5 semi final between Listry/Keel and Kilcummin. The winner will play Kenmare in the Final. All Finals are to be fixed for Monday the 9th May.

**EAST KERRY HURLING:** Three teams from East Kerry clubs played in the County Under 12 hurling league during the week. Rathmore and Tralee Parnells ended on equal scores (3-05) apiece while Dr Crokes scored 3-5 to 1-15 for Crotta O'Neills and St Pats East Kerry Hurling notched up 4-1 against Causway's 5-3. The very best of luck to the teams for the next round of the league.

In the Senior County league St. Pat's game against Kilgarvan but Kilgarvan and Dr. Crokes against Austin Stacks could not go ahead.

**RESULTS:** Frank Doran Safeguard Security East Kerry Senior league

Saturday 30th April

Division 1A Round 2 back game

Glenflesk 1-16 Gneeveguilla 0-11

**FIXTURES:** Kerry Physiotherapy & Rehabilitation Centre East Kerry Junior league Tuesday 10th May - Round 6 at 7.30pm.

First named team has home venue

Kilcummin V Rathmore, Dr. Crokes V Glenflesk, Spa V Legion, Gneeveguilla - Bye.

## SPA NOTES

**INTERMEDIATE CLUB CHAMPIONSHIP QUARTER FINAL:**

**KENMARE SHAMROCKS 0-12 SPA 0-8**

Spa bowed out of this year's Intermediate Club Championship following a defeat to Kenmare on Saturday night. Despite a number of players absent, and losing Mike Stam O'Donoghue to injury after 10 minutes, Spa and Kenmare were matched point for point for the majority of the game. First half scores, all from frees, from Evan Cronin (2), Michael Foley, Andrew Garnett and

Craig Hickey kept the sides level at half time at 0-5 apiece. A Craig Hickey free and two points from Michael Foley in the second half kept Spa in contention, but late scores from Kenmare put an end to Spa's chances. Wishing our injured players a speedy recovery.

**SPA:** Aaron Farrell, Eric O'Donoghue, Matthew Moynihan, David Spillane, Shane Cronin, Dan O'Donoghue, Eoin Cronin, Andrew Garnett (0-1f), Mike O'Donoghue, Mike McCarthy, Craig Hickey (0-2f), Shane Lynch, Michael Foley (0-3(1f)), Evan Cronin (0-2f), Ciaran Spillane. Subs: Alfie Giles, Jamie Spillane

**LADIES FOOTBALL**

**SPA U14 GIRLS:** The girls travelled to Dingle and came away with a great win.

Scorers: Aoibhe O'Doherty 1-1, Marie Courtney 1-4, Grainne Spillane 2-1, Jennifer Cronin 1-0, Sarah O'Sullivan 0-1 and Caoimhe Claffey came out of goal for second half to score 2 points. Great play by Elena O'Donoghue in forwards ably by Orlaith Spillane, Erin Holland and Ciara Moynihan, really made the Dingle defence work overtime.

Clodagh O'Connor who made some excellent saves in the second half in goals.

**SPA U16 GIRLS:**

Spa 6-12 Beale/Ballyduff 2-9

Great win for our girls in Ballybunnion .

**SENIOR LADIES:** 2016 Randles Bros Nissan County Championships

Spa/ Rathmore away to Tralee.

Junior B Championship.

Milltown/Listry v Spa.

**ANTHONY MORRIS FUNDRAISER:** A huge crowd showed up to the Flesk Restaurant, Friday morning, to support Anthony Morris, with his recovery from lyme disease in Washington, DC. USA. The people of Killarney showed their community spirit by showing up at the Flesk Restaurant last Friday to support Anthony on his road to recovery. He was misdiagnosed for over 8 years and as a result Anthony's health has deteriorated and affects his memory, energy levels and his overall health. There's treatment in Washington and he will travel there with his very caring and loving partner Margaret McCormack and his daughter Roisin, to the U.S. Clinic next month. Margaret stated that the paperwork is finally sorted and accommodation where they will reside over the treatment. Anthony will be able to stay at home with regular visits to the doctor and Clinic to be monitored closely on his progression. If you would like to donate you can still do so online or local AIB bank. Apart from the YouCaring fundraising page the family have also set up a fundraising account with AIB in Killarney, details are;

Bank AIB Killarney

IBAN IE88AIBK93633262020007

Account Name: Margaret McCormack & John Anthony Morris

**KELLOGG'S GAA CÚL CAMPS:** Are run throughout the summer from Monday to Friday, 10.00am to 2.30pm. Attendance is open to primary school children aged 6 years to 13





years. Cul Camp will take place in Spa August 1-5 in football.

**COST:** €55 for 1st. child; €45 for 2nd child; €40 for 3rd and subsequent children.

For children attending a second camp, without gear, the cost is €35.

**LILY OF KILLARNEY:** Friday May 27th in the Gleneagle Hotel. This is an Annual Social Event of Killarney. The Ladies committee are working hard behind the scenes as this event is a major fundraiser for SPA GAA Club. Your support is greatly appreciated. Further information please contact Sheila Curtin (086) 408 9506.

**CLOTHES COLLECTION:** It's summertime and a chance to declutter those wardrobes and support the underage structure in Spa. We collect clothes, shoes, bags etc all year round. Bags can be left in Spa after 5pm in the lobby under the stairs. Further information contact Anne Holland 0857780883.

**SPA GOLF CLASSIC ON JUNE 3RD:** Friday June 3rd at O'Mahony's Point is the designated date for the Spa Golf Classic. Teams of 4 cost €200 and teams with tee times can be forwarded to the members of the organising committee. Billy Morris 086-8578146, Mary Cronin 087-6898146, Donal Cronin 087-7531271 and Seanie Kelliher 087-6298613

**SPA MERCHANDISE:** Please contact Matilda to purchase the new range of Spa gear 087 6487356 and for opening hours.

**HALL RENTAL:** Please contact Eileen Casey 087 6577312 after 6pm.

**COMMUNITY ALERT:** Lissivigeen Community Alert will hold a meeting at the Torc Hotel on Monday 16th May at 8 p.m at the Torc Hotel. Topic - Rural Crime. Speakers Diarmuid Cronin Muintir Na Tire, Sean Brosnan Chairman IFA Kerry and Sgt. Jim Foley Tralee Crime Prevention Officer Kerry. At this meeting the placement of a defibrillator in the Lissivigeen area will also be discussed. Speakers - Brigid Delaney Scheme Co-Ordinator Killarney Cardiac Response Unit and Mary O'Connor RGN Beaufort Defibrillator Group. Refreshments served.

**WEDDING:** Congratulations to Karen McAuliffe and Dave Hurley, Tiernaboul on their recent marriage.

## FOSSA

**FOSSA GAA LOTTO:** 1st May 2016

Numbers drawn were 6, 19, 20, 27. There was no jackpot winner and the €40 consolation prize winners were Fiona Myers, Two Mile School, Katie Cahill, Kilcummin, Sheila Murphy, 53 Marian Tce, Francis Courtney, Tomies and Patsy Cronin, Ardshanavooley. Next weeks jackpot will be €7,200. Tickets are on sale at The Golden Nuggett Bar, The Castlerosse Leisure Centre, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop, The Laurels Bar and Committee members.

**U14 COUNTY LEAGUE DIV 2A:** Fossa went



LISTRY U12S WHO BEAT KILCUMMIN RECENTLY.

to Castlegregory for the last game of the league, looking to finish on a high. A much improved performance saw Fossa welcoming back Harry Buckley into the team after his appendix operation. Fossa started brightly after electing to play with the wind in the first half, some excellent link play saw early goals by Ruairi Doyle which put Fossa leading well at half time. In the second half the Fossa defense stood really strong against a very good Castlegregory forward line playing with a strong breeze.

Fossa had outstanding performances by Joe Cahilane, Darren Cronin and Cathal Whelton. In goals Dean Sheehan again played excellent, Eoin Myers, Evan Mannix and Mark McGlynn also played very well. Colm and Padraic Talbot controlled the midfield area with Colm again fielding some excellent ball. On the night we had first goals for the U14's from Sean Dineen, and Conor Horgan. Harry Kelly also scored his first point for the U14's. Jack Clifford, Jackson O'Mahony, James O'Shaughnessy and Emmett Cronin had solid performances on the night. Final score Castlegregory 2-4 Fossa 6-9. So at the end of the league - won 2 - lost 3. Next up for the U14's will be Feile and training continues Fridays at 6.

**BOYS U12 COUNTY LEAGUE DIV 2A AND 2B RD 2:** The rescheduled fixture with Legion was played on Friday evening in Dirreen. The first half saw Fossa reds playing against the wind yet go into a good lead at half time. In the second half the boys did just enough to get the win. On the night Cian Doyle and Sean Dineen were best with Peadar Kelliher, Rian Colleran and Robert Brooks doing well. Rocco Sheehan also did well up front. Final score Legion 2-5, Fossa 5-13.

**FOSSA U-12 BLACK TEAM:** Went to Legion for the first of our two games this weekend and started as we mean to go on. We raced into a seven point lead with scores from Tom Cahillane, Finn Kennelly and the very impressive Amy Coffey, with her cousin Aaron Coffey also getting on the score sheet. Legion had the better of the early exchanges at the start of the second half but our defence stood tough with solid performance from Cian Myers, Ted Coffey, Daire O'Brien and the

electric Sophie Dennehy. Our midfield trio of Abby Murphy, Finn Kennelly and Luke Murphy started to get to grips with the game and the goals came at the right time. Captain for the night Phillip Lyons lead by example and got a cracker of a goal which was just reward for his endeavour throughout the game. Christopher Doody can be very proud of his efforts and was another man to cap a fine performance off by rattling the back of the net. Final score Legion 0-08, Fossa 3-09.

**BOYS U12 COUNTY LEAGUE DIV 2A AND 2B RD 6:** Fossa travelled to Kenmare on Sunday evening and came away with 2 well fought wins. Playing with the wind in the first half, Fossa reds made it count scoring well. Kenmare Shamrocks came back into it in the second half but Fossa finished the stronger. Best for Fossa were Cian Doyle, Darren Ryan and Luke Murphy, who scored a great goal. Final score Kenmare Shamrocks 2-6 Fossa 3-13. Fossa under 12 black also won in a tight game by a score of 2-7 to 3-6.

**CONGRATULATIONS:** Congrats to Maud Kelly and Sara Sheehan who were part of the Kerry U-14 squad who defeated Limerick on Saturday afternoon in the Munster Championship semi-final on a scoreline of 3-13 to 1-06.

**COUCH TO 5K TRAINING SERIES:** Gneeveguilla Ac in conjunction with Barraduff Sports Field Committee are holding a couch to 5K training series commencing Monday April 4th, training will be 3 times a week Monday, Wednesday and Friday evenings at 8.00 pm, finishing on May 27th. Cost €2.00 per session. Everybody welcome. A 2K road race for children who completed the training programme will be held on Sunday May 29th in Barraduff at 1.00 pm, followed by a 5K road race for the adults who completed the programme. Cost €5 for 5K, €2 for 2K.

**FOSSA NOTES:** If anybody has any item they would like included in the notes, please email information to John O'Neill at [pro.fossa.kerry@gaa.ie](mailto:pro.fossa.kerry@gaa.ie). Please forward information before Sunday at 11am.





## MILLTOWN CASTLEMAINE

### GAA

#### FIRST HOLY COMMUNION:

Congratulations to all the young boys and girls from our community who received their First Holy Communion on Saturday last.

**EXAMS:** Best of luck to all our members who are studying for and sitting college exams at this time.

**MEMBERSHIP:** PLEASE NOTE: ALL PLAYERS AND MENTORS MUST BE MEMBERS OF THE CLUB. Membership form/money can be given to your trainer or any member of the executive.

**LOTTO:** Generously sponsored by Mike O'Shea and Sons - Builders, Farran, Milltown.

**CONGRATULATIONS:** To our lucky prize winners in our Lotto Jackpot draw for €7,000 last Friday night, which took place in The Plough Bar. The drawn numbers were 2, 3, 9 and 24.

€50 to George Mc Kenna, Callinafercy and Catriona Pavlovic, Mountain View. €25 each to: Alan Hickey, Kilderry, Martin Flaherty, Keel, Catriona Pavlovic, Mountain View and Maurice Daly, Ballyfinnane.

A special thank you to all those who buy and sell our Lotto tickets. The next draw for €7,200 is on Friday May 6th, in Jack Duggan's Bar, Castlemaine. To be in with a chance you must purchase those lotto tickets which are available from all the local businesses in Milltown, Castlemaine and Ballyfinnane. So head on out and buy that lucky ticket NOW!

**UNDER 6'S AND UNDER 8'S:** Training continues every Thursday from 6.15pm to 7.15pm sharp. Boys and Girl-Don't forget your gum shields please! Tea and coffee facilities are available up - stairs for any parents who stay around for the duration of the training session. So you can head up there and enjoy a nice cuppa (and a biscuit) and watch your child's training session in comfort!

**TRAINING GEAR:** Following many requests, the club is presently sourcing training gear for our underage players - under 6/8. Samples of the tops and shorts will be available in the upstairs room in the clubhouse, on one of the nights of training. You can use this opportunity to get your child fitted for their gear and to complete an order form. Please note it is not Compulsory to purchase these.

The training/playing gear of tops, shorts and socks will be available for purchase for €30 - approximately. We will let you know the date for fitting/ordering in advance. Payment must be made at the time of ordering. So now is the time to start saving.

**UNDER 10 GIRLS:** Training on Thursdays also - 6.15pm to 7.15pm Sharp. Don't forget your gum shield!

**UNDER 10 BOYS:** Training continues on Fridays at 6-7pm, in the Milltown Castlemaine Gaa Pitch.

**CÚL CAMPS:** Cúl Camps will take place in our

club from July 11th to July 15th. This is always a wonderful week of fun and activities for all who attend. To book your place, please complete the Cúl Camps application form and return it to your child's coach.

**EMAIL ADDRESSES:** We are in the process of updating our contact details, which includes e mail addresses of all the new children and adults who joined our club this year. We hope to be able to e mail our notes to all of you all in the coming weeks. If you have new contact details, or if you are not receiving the notes and would like to - you can private message me (Deirdre O'Sullivan) on my Facebook Page with the new details or email me at navillusodeirdre@yahoo.ie

## LEGION GAA

**CLUB CHAMPIONSHIP:** Crokes came out on top in this Club Championship semi-final but the lads deserve a lot of credit for their overall performance. Points from Jamie and David O'Sullivan cut the lead to one early in the second period and it seemed as though Legion were in the ascendancy but Crokes weathered the storm and opened up a healthy lead as the half wore on. Final score: Killarney Legion 0-7 Dr Crokes 0-12.

**U-14 BOYS:** Our U-14 boys played out a very exciting draw in Derreen against Austin Stacks in Division 1 of the County League. Against an extremely strong breeze we found ourselves down by twelve points coming up to the small whistle but managed to get a goal back right at the end of the half to reduce the deficit to nine. With the wind in our favour in the second half our lads went all out and scored two quick goals. Both teams battled hard for the remainder of the game in a very fair and sporting contest. Legion added to their tally and went three points ahead in the final few minutes of the match. Stacks never gave up though and levelled the game with a goal from a free kick just outside the box. This was to be the last action of a very entertaining game. Final score: Killarney Legion 6-07 Austin Stacks 6-07. Legion have earned a home semi-final after topping the group.

**BAZAAR:** The club are hosting a bazaar on Saturday, June 4th at 12 noon. We're looking for donations of any saleable items, e.g. unwanted gifts, kitchen utensils, candles, photo frames, books, CDs, DVDs, jewellery, games, sports accessories, ornaments and bikes. No clothes please. You can drop items to the clubhouse on Saturday mornings or alternatively contact either Denise (087 8342006) or Carolann (086 1709322) to arrange a drop off.

**LOTTO:** If you're interested in selling some lotto tickets to help raise much-needed funds for the club, please contact Seánie Culloty at 087 2225325. Also if you'd like to avail of our Easy Pay system to automatically enter your lotto numbers every week, forms are available from Seánie, Maura McCarthy, Paul Trant, Dan Murphy, Kevin Griffin or any lotto committee

member.

## LISTRY GAA

**LISTRY WEEKLY LOTTO RESULTS:** Sunday 1st May, 2016. Winning Numbers 2, 3, 17, 23. Jackpot €3,500. Not Won.

1 x €100: J.J. & Oisín Tangney, Listry.

2 x €50: Breda O'Shea, Lissivane.

Kevin and Norma Courtney, Faha.

2 x €25: Michael O'Sullivan, Faha.

Ciarán Ryan, Lahard.

Draw Entrant: Karagh Concannon, Iveragh Park. Jackpot next week, Sunday 8th May €3,650

**U12S COUNTY LEAGUE:** Our U12s finished phase one of the county league on a high with a win on the road in Kilcummin. The team played very well on the night. They are improving with every game. Well done to all the boys and to the management team of Ger Donie Tomas and Liam.

## FIRIES COISTE NA NÒG NOTES

**U12 & U16 BOYS:** Well done to our boys and their mentors who have dynamically competed with great energy and passion in the first phase of the Lee Strand County Football League and U16 East Region League respectively. With often inclement conditions, they provided some great football moments.

**U14 BOYS:** Next on the schedule for our U14s is the Lee Strand League Semi Final. Our U14 A group will be playing Kilcummin on Monday, 9th May, whilst our U14B squad will face Ballymacelligott. Please check out our Facebook page, <https://www.facebook.com/Firies-Coiste-na-nÒg> for times and venues once confirmed.

**ACADEMY TRAINING:** Please note that academy training for U6, U8 and U10, usually scheduled for Saturday morning, will be taking a breather for First Holy Communion in Farranfore, on Saturday, 7th May and in Firies on Saturday, 14th May. Best wishes to all our boys receiving the sacrament.

**U8 GO GAMES:** Despite our breather in training, Firies U8 boys have been invited to attend a series of Go Games blitzes. These blitzes will take place in Legions home pitch, in Direen, Killarney starting a 6:00pm on Wednesday, 11th, 18th and 25th May.

**VOLUNTEERS:** Firies Coiste na nÒg is constantly seeking assistance. New Volunteers/Coaches are always welcome. If you have some spare time and would like to assist, be it coaching, administrative or something to enhance our club, please contact Coiste na nÒg Chairperson Eugene Cosgrave at 086-2950021.

## DR CROKES NOTES

### CLUB CHAMPIONSHIP SEMI FINAL

**DR CROKES 0-12 LEGION 0-7** Played in





Rathmore. In a disappointing local derby we ran out winners in the end by five points. We will now meet Austin Stacks in the Final. We started better and had three early points without reply. It had taken us the whole first quarter to register these points as we were finding it hard to break down a well organised Legion defence. Our opponents had their first score in the 18th minute. Both teams exchanged points in the next ten minutes on two occasions. We went onto score another point just before half time, for an interval lead of 0-6 to 0-3. Legion had a great start to the second half with two unanswered points to reduce the deficit to a point. We got on top again after this bad second half start and sent over five points without reply, for a six point lead going into the last ten minutes. Our opponents then had two points and for a great save by our goalkeeper Shane Murphy we would have had only the minimum lead going into the last few minutes. In injury time we had the last score of the game, a point for a five point win. While there were positives to take out of the game, a negative was our poor shot selection especially in the first half.

**TEAM AND SCORERS:** Shane Murphy, John Payne, Mike Moloney, Fionn Fitzgerald, Shane Doolan, Alan O'Sullivan, Mike Milner, Eoin Brosnan, Daithi Casey 0-1 (free), Michéal Burns, Gavin O'Shea, Brian Looney, Colm Cooper 0-5 (0-3 frees), Kieran O'Leary 0-2, Tony Brosnan 0-2. Subs: Jordan Kiely 0-2, Chris Brady, David O'Leary, Ambrose O'Donovan, Cillian Fitzgerald, Jason Lyne  
Dr Crokes Best Player: Daithi Casey.

**U12 CO LEAGUE:** The under 12's finished



PRESENTATION TO THE LISTRY JUVENILE CLUB FROM THE LISTRY GREYHOUND SUPPORTERS ON THE 21ST OF APRIL IN FAHA COURT BAR & RESTAURANT. PHOTO: MARIE KENNEDY.

phase one of the County League in style with two hard-fought victories over the Austin Stacks in Connolly Park on Sunday evening. In Division 1A, the Black team played exceptionally well to win 5-18 to 4-06. In Division 1B, the Amber team were crowned league champions on Sunday after they finished top of the pile with five straight wins in the competition. They dug deep and put in a fantastic battling performance to earn a narrow 5-07 to 4-07 victory over the Tralee side. Well done to all the players, coaches and parents on what was a very rewarding and enjoyable campaign.

**U14 CO LEAGUE:** The Amber team had no luck when they travelled back to West Kerry to take on An Ghaeltacht in Gallarus. Crokes trailed by four points at half-time playing

against a very strong wind and despite a terrific performance in the second half they could only reduce the deficit to within a point. An Ghaeltacht won by 1-11 to 2-7 in the end. The Black team had a big win in Lewis road over Beaufort, winning 6-06 to 1-01.

**LÁ NA CLUB DAY:** Lá na Club Day is on Sunday 8th of May. The Walk starts at 12pm and BBQ at 1pm. Please come out to support.

**DEEPEST SYMPATHIES:** Our Condolences to the Family of Don Moran, former Dr Crokes player, on his recent death.

**LOTTO:** Lotto numbers 8, 10, 18, 21. Jackpot €3000. Winner Donie O'Leary 21 St Brendan's. Next draw Sunday 8th of May in Tatler Jack Jackpot €3000



## KILLARNEY SPORTS

Deadline: Monday 3pm Email : editorial@outlookmags.com

## SPAMUCKROSS COMMUNITY GAMES

Spa Muckcross came away with five individual gold medals, two bronze medals and a relay gold after a very successful day. There was a great performance from Fionn O'Donoghue Sheehan in the U8 Freestyle coming home in fourth place in the final, in his first outing in the Community Games. Nicole Murphy, also a first timer, just missed out in a place in the final when pipped for third in a very tight semi-final. Grace O'Connor also just missed out on a place in the final of the u12 breaststroke in what was a very fast semi-final. Cathal Coffey had a great swim in the u12 backstroke but missed out on a place in the final. Both Niall Coffey and Aisling Coffey won bronze medals in their respective u14 Butterfly races. Faye O'Neill had a brilliant swim in the u10 backstroke and had a commanding

win and will now go on to Athlone to represent Kerry at the National Finals in August. She will be joined by her brother Ethan who put in a dominant performance in the u14 breaststroke, winning by a clear distance from the second placed swimmer. Ian Coffey added to the haul of medals by winning the u12 breaststroke by pulling away from the other swimmers over the last 15 metres to take gold. Next up was Niamh Coffey who won the u16 backstroke in one of the tightest races of the day with a tremendous finish to take gold. Margaret O'Brien put in a fantastic performance to win the u16 butterfly and guarantee her place in Athlone for the National Finals. In one of the most exciting races of the day, the u13 freestyle relay squad of Niall Coffey, Cathal Coffey, Ethan O'Neill and Ian Coffey (and Colm Looney who was unavailable) dug deep to come from behind to win a brilliant first relay medal for Spa - Muckcross in the pool. The boys now go on to represent Kerry at the

National Finals in Athlone. Spa Muckcross were placed 4th out of a total of 27 participating areas, which is a fantastic achievement. Well done to all the young people that competed that day and best of luck to those preparing for the National Finals in August. Thanks to Maurice and Emir Coffey for providing the notes and photos.

**ATHLETICS:** Our local competition was held on Tuesday 26th April, in ideal weather conditions. There was a great turnout, and great fun was had by all. The first 4 qualifiers in each event now go forward to the County competition in Castleisland on 11th and 12th of June. Can all qualifiers please make contact with Bríd 087 2650720. Please advise Bríd of your child's name, age category and event. We need contact details to advise of upcoming training.

**CROSS COUNTRY:** Best of luck to anyone competing in the County competition on Friday 6th May in Beaufort.





## WORKMEN'S ROWING CLUB

**TRAINING NEWS:** Training continues as usual for all our underage and adults as per coaches texts. Beginners rowing, U14 and U15 takes place at Reen Pier, Ross Castle every Saturday at 10am. For further information regarding Beginners Rowing you can call Mary Burns on 086 8098182.

### REGATTA CALENDAR AND INFORMATION

**SHEET:** Please make sure you have your copy of our calendar of events, which is available in the clubhouse for you to keep. Also there is an information sheet attached with our fundraising dates included and our plans for the All Ireland Coastal Championships being held in Donegal in August.

**UPCOMING EVENTS:** The month of May will bring more events to our Rowing Calendar, with Lee Regatta being held on May 14th at the Marina in Cork, over a 500m distance, and Castleconnell Regatta on 21st May, again over a fast 500m distance. It'll be back to the 2km races then in June with the Cork Regatta at the National Rowing Centre, Iniscarra on 25th and 26th of that month. For a full list of upcoming rowing events and other information about the sport of rowing, please visit

[www.rowingireland.ie](http://www.rowingireland.ie)

Why not keep in touch with us by liking us on facebook: 'Workmen's Rowing Club'.

**TESCO COMMUNITY FUND:** Many thanks to Tesco, Deerpark, for their donation to our club, as a result of the blue token collection in-store recently.

**BEST WISHES:** Belated Birthday Greetings to Tom O'Leary, who celebrated his 18th on Saturday the 30th April and to Siobhán Burns on turning 17 last Sunday, May 1st.

Upcoming celebrations this week are the joint birthdays of 'super sculler' Mikey O'Donoghue and the one and only Shane Trant on Sunday 8th May. Also to our top supporter Ella Bartlett who not only celebrates her birthday next Friday 13th May, but receives her First Holy Communion this Saturday 7th May. Have an amazing day Ella!

## GNEEVEGUILLA ATHLETIC CLUB

**LOTTO:** No winner of our lotto 29/04/2016, numbers drawn were 6, 11, 19 & 21. Next week's jackpot €10,600 plus €1,000 bonus.

**KERRY COLLEGES:** Held last Tuesday in Castleisland, Gary Cronin ran well taking gold in 100m & 400m and also gold in relay team with St Brendan's. Shona O'Brien was impressive in 800m intermediate winning gold. Anna Clifford had a wonderful race to take gold in senior 3000m.

**COUNTY JUVENILE CHAMPIONSHIPS:** Will be held Saturday May 7th and 8th for Juvenile & Masters. Best of luck to all who will be competing.

**LOTTO:** Lotto tickets are selling well now with jackpot currently €10,600. Seeking more sellers

and people to join our yearly ticket scheme. Why not give a gift of a yearly lotto ticket?

### DISTRICT PRIMARY SCHOOL QUALIFIERS:

We will be holding our district qualifiers on Tuesday May 10th in Boherbue Comprehensive School grounds at 6.00 pm. These qualifiers are open to all primary school children in the Glenflesk, Barraduff, Rathmore, Gneeveguilla, Knocknagree, Ballydesmond, Boherbue, Cullen areas. A bus will run from Barraduff, picking up in Rathmore, Gneeveguilla, Knocknagree, Ballydesmond, contact Tom Joe (087) 9339087 or Cynthia (086)0818606 if you wish to travel by bus. Anyone wishing to travel by bus must reserve their seat.

## ST. BRENDAN'S ROWING CLUB

**UPDATE:** Following our recent meeting held last Friday it has been decided to hold a Table Quiz to raise some much needed funds for the club. It will take place on Friday 20th May in the East Avenue Hotel. (Time to be decided) If anyone can donate spot prizes it would be greatly appreciated. They can be given to Kathy at Applecroft House B&B.

**REGISTRATION FEES:** For anyone who has yet to pay their club membership money please contact Nicola. Fees are €20 for U18s & Students and €60 for adults.

**REMINDER:** Our next club meeting will be held on Friday 13th May at 7pm in Applecroft House B&B. We hope to see you all there.

**NEW MEMBERS:** New members are always welcome for both sliding and sixing so if you think rowing might be the sport for you why not come and give it a try. Please contact Ciaran Sheehan on 0851487743 if you would like to arrange a practice session.

**CONTACT:** For any other details please contact Teddy O'Brien on 064 66 33838 or email [stbrendansrowingclub@gmail.com](mailto:stbrendansrowingclub@gmail.com)

## KILLARNEY COUGARS BASKETBALL CLUB

### JUVENILE NEWS

#### TKDC U12 BOYS: KILLARNEY COUGARS 28

**BOBCATS 18:** The Cougars hosted the Bobcats at the Pres Gym in their final game of the season and the Cougars finished on a winning note with a strong team performance to take the TKDC U12 Cup from holders Bobcats. Cougars led throughout and despite a spirited performance from the visitors Cougars finished deserving winners. Cougars had strong performances on the night from Dean Sheehan, Sean Dineen, Rian Colleran and Shane McAllister.

#### TKDC U12 GIRLS: KILLARNEY COUGARS 12

**BOBCATS 24:** The Cougars girls hosted the Bobcats girls in the Girls Shield Final but could not follow the Cougars Boys success going down to a strong Bobcats side who dominated on the night. Cougars had good performances from Aoibhe Kearney, Sophie Dennehy and

Meabh Coleman Horgan in the final game of the season.

### SCHOOLS SUPER SEVENS GIRLS FINALS:

Our annual 2016 Kerry National Schools Super Sevens Girls Basketballs Finals were held at the Presentation Gym and a thrilling night of action was enjoyed by the large attendance. The competition with forty teams this year for boys and girls teams has been running during April concluded for the girls with the Finals on Wednesday evening last with all the finals keenly contested on the night with the main event the Cup Final saw newcomers Scartaglen taking the honours in a very exciting contest.

### GIRLS CUP FINAL:

#### SCARTAGLEN NS 17 GNEEVEGUILLA NS 15

A thrilling Cup final between the holders Gneeveguilla and Scartaglen produced non stop action as the two undefeated teams going in to the final were only separated by two late free throws to see the Cup go to Scart. The sides were tied at halftime and the game looked destined for overtime before Scart edged ahead. Strong performances from Emma Kerin, Rachel O'Sullivan and Abbie Mahony helped secure the win despite the best efforts of Alice O'Leary, Rosin McAuliffe and Caoimhe Guerin Crowley in a great final.

### GIRLS SHIELD FINAL

#### FIRIES NS 16 KNOCKADERRY NS 18

The two neighbouring schools from the Parish saw the girls of Firies and Farrenfore meet in another thrilling final with a great comeback by Knockaderry saw the title heading to the Farrenfore side of the Parish. The teams were tied at halftime but Firies made a good start to the second half to lead by 4pts thanks to good scores by Muireann Ring and Lisa O'Halloran but Knockaderry came storming back late on thanks to good baskets by Evelyn Daly and Katie Brosnan in a very exciting finish with Firies unlucky not to take the game to overtime.

### GIRLS PLATE FINAL: CULLINA NS 13

**HOLY FAMILY RATHMORE NS 12:** The Beaufort girls of Cullina produced a strong second half to defeat last years Plate title holders Rathmore in another gripping Plate Final. The game was well contested and excellent baskets by Meabh Coleman Horgan and Holly Clifford stunned Rathmore who had led from the early stages until mid way through the second half. Cullina once ahead defended with great determination and Rathmore missed some good chances as time ran out of as they came back well but left it to late despite the best efforts of Lily O'Brien, Caoimhe Dineen and Muireann Hughes in a thrilling finish.

The All Star Super Seven team for 2016 was announced on the night with the awards going to Lily O'Brien Rathmore, Muireann Ring Firies, Katie Brosnan Knockaderry, Holly Clifford Cullina, Meabh Coleman Horgan Cullina, Leah Boyle Scartaglen, Caoimhe Guerin Crowley Gneeveguilla.

The boys competition is also now underway with group stages nearing the Quarter Final & Semi stages.





**SENIOR NEWS:** Senior Mens Training continues every week Tuesdays at the Pres Gym 8pm, further info contact Eugene / Alan Further details on Cougars club events log onto the website [www.killarneycougars.com](http://www.killarneycougars.com) or facebook.

## KILLARNEY VALLEY AC

We will see if all the training paid off this weekend when athletes from KVAC take part in the Kerry Juvenile & Masters Track & Field Championships in Castleisland – check our facebook page after the weekend for photos and updates [www.facebook.com/KillarneyValleyAC](http://www.facebook.com/KillarneyValleyAC)

Thanks to those who attended the very important meeting last Friday to be updated and informed about the MicroTrack Project. Don't forget to spread the word about our next big fundraising event which is the Killarney10Mile on September 24th – entries on [www.killarney10mile.com](http://www.killarney10mile.com)

**REMEMBER:** Athletes MUST wear the club singlet when representing their club. These are available from Brid Stack.

If you have any news you would like to include in the notes please email [killarneyvalleyac@gmail.com](mailto:killarneyvalleyac@gmail.com) and please like our Facebook Page [www.facebook.com/KillarneyValleyAC](http://www.facebook.com/KillarneyValleyAC) to get our news and updates.

## MILLTOWN/LISTRY COMMUNITY GAMES

**SWIMMING:** Congratulations to Saibh O'Brien who won Gold last Sunday in the U14 Backstroke. Saibh now goes forward to represent Kerry in August. Well done also to Yvonne O'Connell and Katie Riordan who both competed very well but were outside the medals this year.

**GIRLS U14 FOOTBALL:** Well done to our U14 Girls who competed very well on Monday last, the girls didn't qualify but enjoyed the day!

**UP COMING EVENTS:** Athletics training will continue this Wednesday, May 4th at 4.30pm in Listry Gaa Pitch. We have limited places available on our County Athletics Team. If your child was unable to attend our local competition please call / text George McCarthy on 087 8260139 to enquire.

**CROSS COUNTRY & MIXED DISTANCE RELAYS:** Best of luck to Cian Spillane, Éabha McCarthy and Shauna McCarthy who will be competing in these competitions this Friday in Beaufort.

**TAG RUGBY:** Is a fun form of Rugby and is open to both boys and girls from age 8 to U11. Practice continues Sunday 8th May 1 to 2pm at field near Kerry Woollen Mills, thanks to Andrew Eadie. Contact Paul Sexton on 087 9232570.

**GYMNASTICS:** (U9/U11/U13/U15). Closing Date for entries 6th May.

**CYCLING:** (U12/U14). Closing Date for entries 20th May.

**GOOD NEWS:** Fundraiser Clothes Collection,



MANAGEMENT AND STAFF OF TESCO DEERPARK PRESENTING CHEQUE TO WORKMEN'S ROWING CLUB COMMITTEE MEMBERS, FOLLOWING THEIR RECENT 'BLUE TOKEN' COLLECTION IN-STORE, AS PART OF THEIR COMMUNITY FUNDRAISER PROGRAMME.

You still have time to donate your bags of unwanted reusable items e.g. clothing, paired shoes, belts, Handbags, Bed linen, towels and curtains. 7th May is the cut off date. To organise a suitable drop off time for you please contact Ailish Burke on 086-252038

For further details on upcoming Community Games events please contact Paul Sexton on 087-9232570.

## KILLARNEY RFC NOTES:

**AGM:** You are invited to attend our AGM, which takes place on Saturday, the 28th of May next, at the Killarney Plaza. The AGM will take place at 8pm and all are more than welcome to attend. Next season will be a very important season for the club and we would ask as many people to attend the AGM as possible.

**YOUTHS AWARDS:** Killarney RFC Youth Awards night takes place this Friday night at the Killarney Oaks. Proceeding commence at 7pm and all are welcome to attend.

**TAG TUESDAYS:** Our Tag Tuesdays kicked off last Tuesday, at Aghadoe. All are welcome to come along each Tuesday and have fun playing tag rugby for the summer. No experience is necessary and Tag rugby is fun for all, a great way to get fit, meet new friends and we will have our famous barbeques throughout the summer. Keep an eye on our facebook page for details.

**FUNDRAISING:** We will be contacting all of the local businesses in Killarney and surrounds as our vital fundraising continues. We have commenced a prolonged campaign of selling key advertising at our new grounds in Aghadoe and any business wishing to advertise at the pitch, should contact any member of the committee or Mike Fuller on 087-6489628.

**NIGHT AT THE DOGS:** We are currently organising another night at the dogs, following on from the hugely successful night at the dogs two years ago. This event takes place on Saturday, the 23rd of July next. Please contact 087-3745351 for sponsorship details.

## KILLARNEY SOUTH COMMUNITY GAMES

The Swimming Community Games County Finals were held in Tralee last weekend and Killarney South had one of its biggest ever number of entries competing. We had huge success on the day; Sabra Hickey got Bronze in the U.8 Free Style and her sister Jocelyn got Bronze, also in the U.10 Freestyle, Eimear O'Dowd won Silver in the U.14 Butterfly and Ashling Reidy won Silver in the U.16 Freestyle. Big congrats to Pia Hickey who for the second year running won Gold in the U.12 Backstroke and has now qualified for the National Finals in Athlone in August. Well done to all the swimmers who competed the day and special thanks to Michael and Ann Hickey for co-ordinating the entries.

The Area Finals were held in St. Oliver's School field last Tuesday evening and yet again was a huge success. There were Semi-Finals and Finals in many events with a record 16 athletes competing in the U.12 100 metre sprint. The medals won added to the joy for the children. A big thanks to all the parents and committee members who helped out on the night. We urge all the Qualifiers to please attend the County Finals in Castleisland in June. Training for all Qualifiers will commence this Monday 9th June 6:30 pm in Castleisland Cross Country Qualifiers for Boys and Girls U.12 to U.14 takes place this Friday night, 6th May, at 7 P.M. in Beaufort. Best of luck to all!

## FLESK VALLY ROWING CLUB

With the date for the Killarney Regatta 2016 provisionally set for Sunday July 10th training for all crews is under way. As always new members of all ages are always welcome. We would also like to encourage former members to get involved with the club to help out with coaching. Those who are interested in both rowing and helping out, please contact Tadhg Kelly 087-4181271 and Rory Leane 086-8600335.



## SCHOOLBOY/GIRL SOCCER

### IVERAGH UNITED GIRLS CREATE HISTORY:

#### Girls Cups and Shield Finals:

##### JK Sports 12's Shield Final:

Killarney Athletic 0-3 Killarney Celtic.

##### Foundation Sports 14's Cup Finals:

Mastergeeha 0-7 Listowel Celtic.

##### 14's Shield Final:

Killarney Celtic 0-6 Iveragh United.

##### Tralee Trophy World 16's Cup Final:

Killarney Athletic 1-2 Killarney Celtic.

##### Boys Cups and Shields Semi-Finals:

John Murphy 12's Shield Semi-Final AET

Killarney Athletic B 2-2 Killorglin.

Killorglin win 3-1 on penalties.

##### John Joe Naughton 13's Cup Semi-Final:

Park A 3-0 Killarney Celtic B.

Listowel Celtic A 3-2 Killarney Celtic A.

##### John Joe Naughton 13's Shield Semi-Finals:

Park C 0-5 Mastergeeha.

Iveragh United 2-1 Park D.

##### Tom Hayes 14's Shield Semi-Final:

Camp Juniors 0-3 Park D.

##### Healy Family 15 Cup Semi-Final:

Tralee Dynamos 0-5 Park A.

Killorglin 2-2 Killarney Athletic AET.

Killorglin win 3-2 on penalties.

##### Healy Family 15 Shield Semi-final:

Ballyheigue 1-2 Listowel Celtic B.

Ballyhar 4-0 St Bernards.

##### Tucker Kelly 16's Cup Semi-Final:

Park A 1-2 Killarney Celtic.

Mastergeeha 0-2 Park B.

##### Tucker Kelly 16's Shield Semi-Final:

Killarney Celtic B 0-3 Asdee.

### LEAGUE RESULTS: JK SPORTS 12'S

**DIVISION 1:** Ballyhar 0-2 Mastergeeha.

**DIVISION 3:** Fenit 2-0 Listowel Celtic C.

### DALY'S SUPERVALU 13'S: PREMIER:

Camp Juniors 2-2 Killorglin A.

**13's Division 2:** Fenit 0-3 Dingle Bay Rovers.

Park C 0-3 Tralee Dynamos.

### Killarney Plaza 14 Premier:

Listowel Celtic 1-6 Killarney Celtic.

Park 3-0 Killarney Athletic.

### Killarney Plaza 15's: DIVISION 1:

Mastergeeha 3-0 Castleisland

### REPORTS: IVERAGH UNITED GIRLS CREATE HISTORY:

#### GIRLS CUPS AND SHIELD FINALS:

This was the first weekend of Cup finals this season with the Girls 14's and 16's Cup finals and the 12's and 14's Shield finals played.

##### JK Sports 12's Shield Final:

Killarney Athletic 0-3 Killarney Celtic:

Killarney Celtic girls too home the JK Sports 12's Shield after getting past neighbours Athletic.

### FOUNDATION SPORTS 14'S CUP FINALS:

#### MASTERGEEHA 0-7 LISTOWEL CELTIC

Listowel Celtic took on a gallant Mastergeeha side in the Foundation Sports 14's Cup final at Mounthawk Park and the North Kerry girls showed all their experience and skills to kills off the game early on. But credit to Mastergeeha they never gave up and Kayleigh O'Connor almost got a consolation goal for them in the second half when she beat two defenders but

Listowel Celtic keeper Mary Bates made a good save. But the credit must go to Listowel Celtic who opened the scoring when Player of the Match Aoife Horgan netted the first of her three goals. Celtic never gave Mastergeeha time to settle and Horgan and Caoimhe Spillane added two quick goals. They were also always dangerous from set pieces and corners and Zara Doherty and Cliona Pierse made it 5-0 at the break. Jade Harkin and Aoife Horgan wrapped up the win in the second half.

#### 14'S SHIELD FINAL:

Killarney Celtic 0-6 Iveragh United.

Iveragh United have been doing great work on the underage scene in both the boys and girls League's and it's the girls that have the bragging rights as they are the winners of the Foundation Sports u14 Shield. They were too strong for a younger Killarney Celtic side who had some u12's and younger on duty.

Orla Fayen and Sive O'Shea set Iveragh United on their way and Riona Moran added a 3rd before the break. Aiobhinn Fitzgerald, Kelsey McCarthy and Player of the Match Mary Beth O'Donoghue added three more in the second half to joyous scenes from the big crowd that travelled to Mounthawk Park from South Kerry. The rest of the history making Iveragh United squad were Clidhna Guiney, Sadbh O'Shea, Sarah Launders, Mairead Murphy, Riona Moran, Charlotte Hulme and Rachel O'Connor.

### TRALEE TROPHY WORLD 16'S CUP FINAL:

#### KILLARNEY ATHLETIC 1-2 KILLARNEY

**CELTIC:** This was a cracking game with nothing between the sides and the excellent pitch in Kilbrean Park Mastergeeha helped with to ensure that good football was played. Both keepers, Celtic's Edel Harnett and Athletics Ciara Faulds were called into action early to keep the game scoreless. Kate Murphy and Ciara Randles were causing the Athletic defence trouble and the duo combined with Kate Stack to set up Anna Clifford for the first goal. However the likes of Fiona Galvin and Rachel McCarthy were very strong at the back while Ellen Coffey, Jade Potts and Katie Faulds were making sure Athletic were always dangerous and in the second half a good team move saw Ciara Tagney equalise. Both sides were now going for it to the delight of the big crowd and it was Celtic that got the winner with 10 minutes to go when Kate Murphy reacted quickest in the box to win the Cup for the Hoops. Killarney Athletics Ciara Randles was named the Player of the Match.

Places in Finals Decided:

### BOYS CUPS AND SHIELDS SEMI-FINALS:

#### John Murphy 12's Shield Semi-Final AET

Killarney Athletic B 2-2 Killorglin B.

Killorglin win 3-1 on penalties.

Killorglin will take on Dingle Bay Rovers in the final of the John Murphy 12's Shield final. They needed penalties to get past Killarney Athletic B. The game ended 2-2 after extra time with Jack Lynch and Oisín Birmingham scoring for Killorglin B and Caoilte Cronin getting both for Athletic B. Killorglin B won 3-1 on penalties to progress to the final. Paul Costello, John Burke and John Touhy scored from the spot with

keeper Dara Crosby saving three penalties for the second week in a row.

#### John Joe Naughton 13's Shield Semi-Finals:

The John Joe Naughton 13's Shield will end up in either Mastergeeha or Iveragh United's trophy cabinets as both sides got through their semi-finals. Mastergeeha defeated Park C, at Christy Leahy Park, with their goals coming from Cian Foley, Sean O'Leary, Barry Counihan and 2 from Brendan O'Leary.

Iveragh United knocked out Park D, who had a good run this far being a younger side. Cian O'Donoghue and Ronan Teehan got the goals for the Caherciveen side who have been impressive all season. Colin Doody replied for Park D.

**Tom Hayes 14's Shield Semi-Final:** The Park D were 3-0 winners over Camp Juniors in the semi-final of the Tom Hayes 14's Shield with the goals coming from Earnan Ferris, Darragh Caplis and Cian Brown. They will Dingle Bay Rovers in the final, the second final for the West Kerry club.

#### Healy Family 15 Cup Semi-Finals:

Goals from Jordan Barry, Leo Gaxha, Mervyn Shalemba, James Rusk and Sean McGrath saw The Park qualify for the Healy Family Cup Final at the expense of their neighbours Tralee Dynamos. The second semi-final was a much tighter affair as it needed penalties to separate Killorglin and Killarney Athletic. Eoin Clifford and Dylan O'Neill scored for Killorglin with Eamon Long and Keith Suter replying for Athletic. Killorglin went through 3-2 on penalties.

**Healy Family 15's Shield Semi-final:** Listowel Celtic B and Ballyhar are the last two left in the Healy Family 15's Shield. Goals from Patrick O'Connor, Harry Doody, Cian Ring and Jack Duggan all got on the score sheet to see them knock out St Bernard's 4-0. Cian McGrath scored twice in Listowel Celtic B's 2-1 win over Ballyheigue to book their place in the decider.

**Tucker Kelly 16's Cup Semi-Final:** Two first half goals from Conor O'Brien and Aaron Ward set the Park B on their way to the Tucker Kelly 16's Cup final. There were no further goals in their semi-final against Mastergeeha.

James Rusk put The Park A ahead in the other semi-final as they looked to set up an all Park final. However Killarney Celtic had other ideas. Jordan Lee equalised from a header with 8 minutes to go and 4 minutes later Mike Doyle set up Michael Devlin for the winner. Everyone wishes Evan Jones a speedy recovery after he fractured his nose in an accidental clash in the win.

**Tucker Kelly 16's Shield Semi-Final:** The Tucker Kelly 16's Shield will be a battle of the A's as Athletic will face Asdee in the final. Eric Daly hit two and Alec Laurent got the other to put the North Kerry club into a rare but deserved final appearance.

### LEAGUE REPORTS: MASTERGEEHA ALMOST SECURE IN 2ND IN 12'S

**DIVISION 1:** In the JK Sports 12 Division 1 Mastergeeha's 3 points from their 2-0 win over Ballyhar means they have almost secured the runners up spot. Mark O'Shea and Dara O'Callaghan were the scorers for the Kilbrean side.



**FENIT WIN IN 12'S DIVISION 3:** Fenit took the three points in their clash with Listowel Celtic C following a 2-0 win with the goals coming from David Dineen and Ruairi Burns.

## KILLORGLIN ODDS ON FOR 13

**PREMIER TITLE:** Joint leaders Camp Juniors and Killorglin met in a vital game in the Daly's Supervalu 13 Premier. Camp Juniors looked like getting the win they needed in their last game to keep their title hopes alive. They led 2-0 thanks to a goal from Maurice O'Connell after 10 minutes and a Cian Cronin free kick 5 minutes later. However Killorglin's centre half proved to be his sides hero. He came up from the back to score twice from corners to earn his side a point. Camp Juniors are finished their games on 18 points, Killorglin are leading the way on 18 points from 8 games with Killarney Celtic still not out of it and are on 16 points with one game to play.

## DYNAMOS TOP OF 13 DIVISION 2:

Tralee Dynamos are top of the 13's Division 2 and have finished their games on 24 points. Their latest 3 points came in a 3-0 win over Park C. Patrick Moravski, Sean Dillane and Sean Horan got the goals. Dingle Bay Rovers and Iveragh United are still not out of the race for the title as they are both on 16 points with 3 games to play. Dingle Bay were 3-0 winners over Fenit this week.

## TWO TIED AT THE TOP OF 14 PREMIER:

Killarney Celtic and The Park are tied at the top of the Foundation Sports 14 Premier after Celtic defeated their North Kerry namesakes. Niall McGillicuddy hit a hat trick with James Darmody, Evan Looney and Cian Casey getting a goal each. The Park were 3-0 winners over Killarney Athletic and the wins see both Park and Killarney Celtic level on 22 points from 8 games played.

## MASTERGEEHA TOP OF TIGHTEST

**DIVISION:** Mastergeeha's 3-0 win over Castleisland sees them go joint top of the table on 16 points from 7 games, level with Ballyhar who have a game more played. Killarney Celtic B are on 15 points from 9 games with Killarney Athletic also on 15 points but with only 7 games played.

## KILLARNEY ATHLETIC NOTES

### RESULTS: DENNY PREMIER A

### CASTLEISLAND 2-1 KILLARNEY

**ATHLETIC:** An excellent display from Athletic without any reward for their efforts. Athletic took a deserved lead mid way through the 1st half when the ever efficient Rafa finished off a very impressive move by Athletic. The blues thought they doubled their lead through Eamonn Lavin only for the ref to adjudge it offside. Castleisland scored 2 goals late on to win the game. Well done to all players on what was an excellent performance.

### FIXTURES: Saturday 7th May 2016

Tucker Kelly U16 Shield Final

Asdee v Killarney Athletic 2-15pm

JK Sports U12 Div.2

Camp v Killarney Athletic B 12-30

### Monday 9th May 2016: Denny Division 1A

Killarney Athletic B v Ballyhar Dynamos 7-15pm

**300 CLUB:** Forms are still readily available for this years 300 club draw and we would ask all members to take part and maybe introduce a friend too! Forms can be got from any committee member.

**KILLARNEY ATHLETIC WEBSITE:** Please check the website on [www.killarneyathletic.com](http://www.killarneyathletic.com) or our facebook page for match reports, club information and Contact Details.

**CONTACT:** If you have anything to add to the Killarney Athletic A.F.C Notes please contact Alan Daly on 085-1913244 or [aland15@live.ie](mailto:aland15@live.ie).

## KILLARNEY CELTIC NOTES

### 40TH

### ANNIVERSARY

**COMMEMORATIONS:** Our Club has a big birthday when it turns 40 this year. To help mark the occasion and to preserve our history for future Killarney Celtic generations, we will shortly be compiling a Digital Archive of club photos, news reports, memorabilia etc. That will require current and past members to rummage out whatever you might have in display cases, old biscuit tins and photo albums. We'll be publishing more details here and via the press on the project and how you can get us your materials (and get them safely back).

### RESULTS: GREYHOUND BAR CUP

### QUARTER-FINAL: KILLARNEY CELTIC 4

**AC ATHLETIC 1:** Celtic booked their spot in the last four with a weakened side that played really well together and were clinical with their chances. Gary Keane, Peter McCarthy, and Matthew Keane (2) were our goalscorers.

### YOUTHS: KILLARNEY CELTIC 5

**CASTLEMAINE 3:** David Spillane notched a hat-trick, with Stephen McCarthy and Cian Casey getting the other goals.

### U16 GIRLS CUP FINAL: KILLARNEY

### CELTIC 2 KILLARNEY ATHLETIC 1:

This was a cracking game with nothing between the sides and the excellent pitch in Kilbrean Park Mastergeeha helped with to ensure that good football was played. Both keepers, Celtic's Edel Harnett and Athletics Ciara Faulds were called into action early to keep the game scoreless. Kate Murphy and Ciara Randles were causing the Athletic defence trouble and the duo combined with Kate Stack to set up Anna Clifford for the first goal. However the likes of Fiona Galvin and Rachel McCarthy were very strong at the back while Ellen Coffey, Jade Potts and Katie Faulds were making sure Athletic were always dangerous and in the second half a good team move saw Ciara Tagney equalise. Both sides were now going for it to the delight of the big crowd and it was Celtic that got the winner with 10 minutes to go when Kate Murphy reacted quickest in the box to win the Cup for the Hoops.

### U16 CUP SEMI-FINAL: KILLARNEY

### CELTIC 2 ST. BRENDANS PARK 1:

A fantastic game. James Rusk put Park ahead and they looked likely winners at that stage. However, Celtic had other ideas. Jordan Lee equalised from a header with 8 minutes to go and 4 minutes later Mike Doyle set up Michael Devlin for the winner. Everyone wishes Evan Jones a speedy recovery after he fractured his

nose in an accidental clash in the win.

### U14 PREMIER: LISTOWEL CELTIC 1

**KILLARNEY CELTIC 6:** Killarney Celtic and Park are now tied at the top of the table after Celtic won the Kerry Hoops derby. Niall McGillicuddy hit a hat trick with James Darmody, Evan Looney and Cian Casey getting a goal each.

### U13 CUP SEMI-FINAL: LISTOWEL

### CELTIC 3 KILLARNEY CELTIC 2:

Kieran Dennehy scored two great goals but it wasn't enough, well done to all involved.

### U13 CUP SEMI-FINAL: ST. BRENDANS

### PARK 3 KILLARNEY CELTIC B 0:

A great effort but full credit to an outstanding Park side.

### U14 SHIELD FINAL: IVERAGH 6

### KILLARNEY CELTIC B 0:

A brave attempt by the whole team, but in fairness we were outclassed by an excellent Iveragh.

### U13 DIV ONE: MASTERGEEHA 2

### KILLARNEY CELTIC B 1:

The final game of the season and the huge improvement throughout the team and the hard work put in all year really showed. Matergeeha struck for two goals at the end of the first quarter. Celtic pulled one back, a cracker by Erin Moloney just before half-time, and we attacked with confidence and flair in the second half but couldn't get through. Well done to all the players and supporters, and especially to the management team of Connie, Fergal, and Brian for all their hard work.

### U12 GIRLS SHIELD FINAL: KILLARNEY

### CELTIC 3 KILLARNEY ATHLETIC 0:

Unfortunately, despite valiant efforts by the club, Athletic were not able to field on the day and the Shield was awarded to Celtic – due reward for all the hard work put in over the season, but never our preferred manner of victory.

### U12 DIV TWO: KILLARNEY CELTIC C 4

### ROVERS 0:

A great all-round display, with Calvin O'Sullivan, Jack O'Sullivan, and Ryan McCarthy on target for us.

**CONGRATULATIONS:** To U14 player Ryan O'Grady on making the Kerry Schoolboys/Schoolgirls Team of the Week.

### FIXTURES: Denny Premier A: Killarney Celtic

away to Dingle Bay Rovers, Sunday, 2.30pm

Youths League: Killarney Celtic away to Mastergeeha, Saturday, 5.00pm

U15 Premier: Killarney Celtic away to Listowel Celtic, Thursday, 6.45pm

U13 Premier: Killarney Celtic C away to Inter Kenmare, Saturday, 10.30am

U12 Div Two: Killarney Celtic at home to Fenit Samphires, Saturday, 11.45am

**LOTTO:** Numbers drawn 2, 3, 22, 24. No winner. Next week's jackpot €5400, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

**PITCH BOOKINGS:** Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or [jimmyosdarcy@gmail.com](mailto:jimmyosdarcy@gmail.com). Check out [www.killarneyceltic.com](http://www.killarneyceltic.com) for Killarney Celtic news, match reports, or photos.





## ROSS GOLF CLUB

### GENTS CLUB:

**RESULTS: ON SUNDAY LAST WE HELD A SINGLE STABLEFORD COMPETITION.**

The winners were.

1. Tadhg McCarthy (23) 41 pts.

2. Lee Grange (22) 37 pts.

**FIXTURES:** On Sunday May 8th we will hold a club sponsored 18 hole single stableford competition. The time sheet is now available in the clubhouse so please add your name to it as soon as possible.

## KILLORGLIN GOLF CLUB

### LADIES RESULTS:

**18 HOLE STABLEFORD SPONSORED BY LADY PRESIDENT BETTY FOLEY:**

1. Marian Healy (30) 40 pts. 2. Eileen Devane (27) 39 pts. 3. Mary Healy (20) 37 pts.

**SILVER SWANS 12 HOLE STABLEFORD 26/04/2016:** 1. Marian Healy (30) 27 pts.

2. Betty Griffin (35) 25 pts.

3. Eileen Bell (25) 25 pts (B6).

**FIXTURE:** 18 Hole Stableford sponsored by Moriarty's Furniture can be played Saturday 7th, Sunday 8th or Tuesday 10th May.

Arrange own time and playing partners.

## KILLARNEY GOLF CLUB

### LADIES:

**RESULTS OF COMPETITION SUNDAY 1ST MAY, 2016 SPONSORED BY O'DONOGHUE RING HOTELS, SINGLES S/FORD, KILLEEN COURSE.**

1st Jennifer O'Brien (26) 46 pts.

2nd Katie O'Connell (25) 42 pts.

BG Kelly Brotherton (+1) 33 gross.

3rd Eimear O'Donnell (7) 39 pts.

4th Ann Stuart (19) 37 pts (bk9).

5th Sheila Crowley (24) 37 pts.

6th Fiona Leacy (9) 36 pts (bk9).

Next Sunday's Competition is Ladies Exchange Day with Dooks, format Team of 2.

CSS 37 points.

## DEERPARK PITCH & PUTT NOTES

Last Sunday morning's competition attracted a fine turnout of members and **RESULTS ARE** Nett John Murphy, Gross Ger Casey.

**JUVENILE COMPETITION WINNER** Cilian Courtney, 2nd Noah Sexton.

Competition on this Sunday 10am

## BEAUFORT GOLF CLUB

### MEN'S BRANCH:

**28TH APRIL: THURSDAY'S OPEN SINGLES:**

1st Donal Carroll, 2nd Sean Mackessy.

**30TH APRIL/1ST MAY - 18 HOLE STROKE - SPONSORED BY EDDIE SLATTERY**

1st Joseph O'Sullivan (19) 68 Nett, 2nd Michael Coffey (18) 70 Nett, 3rd John Doherty (26) 71 Nett

### FIXTURES:

8th May: Thursday's Open Seniors at 10am.

9th May: Open Friday - Open Single Stableford - Sponsored by Clifford Groundcare.

7th/8th May: 3T's sponsored by Tom Tobin Trophies.

14th/15th May Rnd 2 GOTY - 18 hole Stroke (white tees) - sponsored by Clifford Groundcare.

22nd May - Swop Day Ceann Sibea - sponsored by Pat Gill, Westlodge Hotel, Bantry.

2nd/3rd July - Open Club Fundraiser - 18 hole single Stableford (separate prizes for ladies and gents) - Sponsored by Dunloe Hotel.

Wednesday's Open Scrambles commence the 4th May at 6pm sharp.

Presentation of outstanding prizes will be on 11th May after the scramble.

## BEAUFORT GOLF CLUB

### LADIES BRANCH

**RESULTS 30TH APRIL/1ST MAY - 3 T'S COMPETITION SPONSORED BY TOM TOBIN TROPHIES**

1st Catherine Murphy (35) 39 pts.

2nd Noleen Mackessy (25) 32 pts.

### FIXTURES:

7th/8th May - 18 hole Stableford Sponsored by Ladies Branch.

22nd May - Swop Day Ceann Sibea - sponsored by Pat Gill, Westlodge Hotel, Bantry.

5th/6th June - Open Club Fundraiser - 18 hole single Stableford (separate prizes for ladies and gents) - Sponsored by Dunloe Hotel.

Wednesday's Open Scrambles commence the 4th May at 6pm sharp.

Presentation of outstanding prizes will be on 11th May after the scramble.

## ROSS LADIES GOLF

**RESULTS FRIDAY 29TH APRIL 9H S/S:** 1st Lady Captain Lisa Kerfoot (15) 14pts.

**SUNDAY 1ST MAY CLUB SPONSORED 18H S/S** 1st Lady Captain Lisa Kerfoot (15) 29pts.

**UPCOMING EVENTS:** Friday 6th 9H S/S 9.30am. Sunday 8th 18H S/S Club Sponsored.

## KILLARNEY GOLF AND FISHING CLUB

### MEN'S CLUB REPORT AND RESULTS:

Club Captain Liam Hartnett exhausted his supply of superlatives during the course of his presentation speech, following the conclusion of his "Captain's Charity Day" on Sunday last, the 1st of May.

Liam began by expressing his delight at both the turnout of gentlemen golfer's who took part in the event, and at his amazement at the amount of cash raised for his chosen charities, Liam admitted to being "astonished and overwhelmed" in equal amounts, as he thanked all of those who contributed so very profoundly with their generosity, time, and most importantly their hard earned cash, that contributed towards making his Captain's Day, the huge success that it had become.

Liam began by thanking his major sponsors, John McEnery IT sales and services, the Brehon Hotel, The Hotel Europe, the Dunloe Castle hotel, Mucros House restaurant, and the Kartel Clothing Company.

Liam then went on to thank those who had helped out during the course of the day, including Course Manager Enda Murphy and his staff who had presented the "Mahony's Point" course in such excellent condition, and with the opening of the new tee-boxes on the 4th and 14th holes and the new layout of greens on the 4th and 13th holes.

He then went on to thank Patricia McEnery, Shirley Clifford and Breeda Neeson, who sold the tickets for the raffle and for the putting competition, the amount raised from these two enterprises was almost €1,500 alone, and this was in no small way due to the bewitching smiles and the beguiling personalities of these ladies, they managed to prise large amounts of cash even from some of the "deepest pockets" in the Club, and they also managed to get a generous "bid" for a Kerry Jersey, which had been donated and autographed by Colm "The Gooch" Cooper.

During the course of the presentation of the prizes Liam revealed that the Surprise winning bid for The Gooch's shirt had come from a most unlikely source, Barry Duggan, who during his own speech mentioned that when a Corkman was purchasing a Kerry Jersey, then the next thing would be the opening of the transfer market inter-alia Clubs and Counties. Liam also mentioned the Men's Club PRO, Victor Mulcahy who had assisted him for almost the entire duration of the "time-sheet" in ensuring the smooth running of the



competition itself.

46 teams took part in the competition, and every tee-time from 7.00 A.M. to 2.40 P.M. were filled, and the largesse of many of those who took part was just fantastic, with many of those who took part contributing more than the entry fee itself, and the income from the golf competition came to the incredible amount of €5,800.

**COMPETITION RESULTS:** 1st James Devane (10), Sean Devane (16), Tom Ashe (17), and Andrew Garnett (19), 98 points.

2nd Mike Howard (9) Neil Kiely (9) Pa Howard (13) and Michael Howard (16), 96 points.

3rd Michael O'Donoghue (13), Muirish Healy (15), John Kelliher (17) and Dara Kelly (17), 96 points.

4th Ger Walsh (13), Joe Walsh (19), Tom O'Sullivan (19) and Dan Doona (10) 96 points.

5th Brendan Keogh (8), Peter McEnery (11), John McEnery (18) and Harry O'Neill (12) 96 points.

6th Eugene O'Sullivan (4), Seanie Kelliher (9), John Cahill (10) and Denis Hurley (16) 96 points.

The putting competition on a fiendish layout (The Captain's) was won by Robert Cussen with a score of 17 putts 2nd was Seanie Kelliher also with 17 putts, but Robert won with on the last three holes, the prize for the putting competition was a Golf shirt that had been autographed by Pdraig Harrington.

Liam finished by saying that the end result was that he would be paying out the following amounts to his chosen Charities, €5,000 to the



**CAPTAINS CHARITY PRIZE AT KILLARNEY GC.** LIAM HARTNETT CAPTAIN KILLARNEY GOLF CLUB (CENTRE) PRESENTING THE FIRST PRIZE IN THE CAPTAIN'S CHARITY TO WINNERS (FRONT LEFT) TOM ASHE AND SEAN DEVANE, MICHAEL HOWARD 2ND, PATRICIA MCENERY MAKE A WISH FOUNDATION. (BACK FROM LEFT) JOHN KELLIHER, MUIRISH HEALY, DARRAGH KELLY AND MICHAEL O'DONOGHUE 3RD, JOE AND GER WALSH 4TH, JOHN MCENERY 5TH, JOHN CAHILL 6TH, HARRY O'NEILL 5TH, ROBERT CUSSEN 1ST PUTTING AND SEAN KELLIHER 2ND PUTTING AND ARTHUR HANLEY CLUB PRESIDENT AT KILLARNEY GOLF CLUB ON SUNDAY.

"Make a Wish Ireland" foundation, and almost €2,300 to the Rockmount Centre in Kilgarvan.

Sunday the 8th of May Competition, Men's Fourball Qualifier, kindly sponsored by "Gallivan Murphy Hooper Dolan" Insurances and Estate Agents Killarney.

Next Sunday's competition is as outlined when the top 31 teams will qualify for the "knock-out" stages of the competition, where they will be joining the Captain and partner.

Entry will be via the Club on-line system, and

the time-sheet will run from 7.30 A.M. to 2.30 P.M.

## KILLORGLIN GOLF CLUB MENS COMPETITION TEMMLER SCOTCH FOURSOMES AT KILLORGLIN GOLF CLUB 02/05/16.

1st John and Jim McCarthy 66.5.

2nd Seamus Mannix and Shane Flynn 67.

3rd Mark and Sean Hanly 67.5.

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11 Opel Corsa	05 Nissan Almera
08 Opel Astra 1.7 Turbo Diesel Saloon	06 Opel Astra 3 dr Sports Hatch
08 Opel Astra 1.3 Turbo Diesel	06 VW Polo 1.2
08 Opel Zafira Diesel design model	05 VW Passat Diesel highline
08 Opel Combo Van 1.7 Turbo Diesel	05 VW Polo 1.2
08 Opel Vectra Diesel As new	04 VW Polo 1.2
08 Opel Astra Car/Van 1.7 Turbo Diesel	Massey Ferguson 135 Completely Reconditioned
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KILLARNEY CREW NOEL O'SULLIVAN AND NICHOLAS BURKE, (SECOND IN CLASS NINE) WITH AINE O'CALLAGHAN, ADRIAN CRONIN (SAFETY OFFICER), CATHY HEALY (RALLY SECRETARY) AND MAGS KELLEHER AT THE CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2016 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT. PICTURE: EAMONN KEOGH.



FATHER AND SON CHARLIE AND JOHNNY HICKEY, KILLARNEY, CLASS 14 WINNERS AND WINNERS OF THE JOHN MULLANE MEMORIAL CUP WITH SHEILA MULLANE MOYNIHAN, SISTER OF THE LATE JOHN MULLANE, AT THE CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2016 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT. PICTURE: EAMONN KEOGH.



KILLARNEY CREW TARA AND ANDREW DUGGAN (FIRST IN CLASS 11R) WITH AINE O'CALLAGHAN, ADRIAN CRONIN (SAFETY OFFICER), CATHY HEALY (RALLY SECRETARY) AND MAGS KELLEHER AT THE CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2016 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT. PICTURE: EAMONN KEOGH.



ANTHONY O'CONNOR, CLERK OF THE COURSE, SECOND FROM RIGHT, PRESENTS THE SILVER WHEEL AWARD FOR DEDICATION TO MOTORSPORT AND COMMITMENT TO THE RALLY OF THE LAKES TO MIKE MORIARTY AT THE CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2016 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT. ON LEFT IS MAGS KELLEHER MILNER AND ON RIGHT IS AINE O'CALLAGHAN. PICTURE: EAMONN KEOGH.

## DRIVING CAREFULLY AROUND AREAS WITH LOOSE LIVESTOCK

With almost 91,000kms of regional and local roads in Ireland, it is not uncommon for motorists to come across loose livestock. Livestock have been mentioned in many an AA Roadwatch radio report over the years with "horses loose" or "geese waddling" a common occurrence. It may make for a light-hearted listen whether it is deer, swans, cattle, horses, sheep or goats but they all pose a danger for motorists.

Animals don't usually cause that many single vehicle collisions but motorists must be aware how to behave if they do come across livestock. According to the RSA, there were twenty cases of injury and zero fatalities in 2010. This is a relatively low number compared with the number of single vehicle collisions with ditches. In 2010, there were 23 fatalities and 595 cases of injury.

If motorists come across loose livestock or farmers moving animals; it is imperative that motorists be patient and do not startle the animal.

Always slow down and be prepared to stop when approaching or overtaking animals.

You must obey any signal to slow down or stop given by the person moving animals.

Motorists should avoid using their horn if an animal is in front as it might frighten them.

A warning sign will be in place on roads where animals are common.



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# Divanes

## New Volkswagen Tiguan Launch

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Models shown are for illustrative purposes only. Typical Finance Example: Tiguan Trendline 1.4 TSI BMT OTRP €30,540. Deposit / Part Exchange €8,830.39, 36 monthly payments of €359, 5.9% APR. Optional Final Payment €11,600.35. Total cost of credit €2,972.74. \*Total cost of credit includes acceptance fee (€75) and completion fee (€75). Minimum deposit is 10%. Subject to lending criteria. This offer is made under a hire purchase agreement. Volkswagen Bank GmbH is authorised by the Federal Financial Supervisory Authority in Germany and regulated by the Central Bank of Ireland for conduct of business rules. Please contact your local Volkswagen retailer for full details. \*Please visit your local retailer for the latest pricing.



## KILCUMMIN NEWS

**ST. BRENDAN'S COLLEGE FAYRE DAY:** The 2nd annual College Fayre Day will take place from 1 - 4 pm on Sunday 15th May in the College grounds. The event is being organised by the Parents' Council, Students' Council and staff of St. Brendan's. It is hoped that the event will offer families a day out with a difference and also raise some funds for the School Development Fund

**26,500 THANK-YOU'S:** Gillian Fitzgerald would like to sincerely thank all those who donated both nappies and money to her recent nappy appeal campaign. The nappies have now been successfully shipped from Ennistymon to Cherven Orphanage in Belarus and Gillian will be ensuring they have been allocated correctly when she visits the orphanage in July. A special thank you to all the management and staff of the 5 drop off points, Kilcummin Post Office, O'Sullivan's Pharmacy, Trant's Pharmacy, Sewell's Pharmacy & Dealz Killarney.

**COMHALTAS:** Anybody who would like to purchase a DVD of our 1916 Commemoration enactment please contact Marie Lehan on 087 9181973 as soon as possible as the deadline for orders is approaching.

**FLEADH CHEOIL:** Fleadh Cheoil Chiarraí will take place in Tralee from 18th to 22nd May. The Fleadh Committee are asking for volunteers for stewards during the weekend. If you can spare half a day or a full day, please contact Róisín Rice on 087 2374255 or by e-mailing tomroisinrice@gmail.com.

### KILCUMMIN GAA:

**U8 BOYS:** Blitz in Spa on 6th May at Spa GAA Grounds at 6pm. Meet at 5.45pm. There will be further competitions on 13th and 20th May.

**U12 BOYS:** Play Ballymacelligott at home at 6pm on 7th May in the County League.

**U14 BOYS:** Play Furies in the County league Semi-Final at 7pm on Monday 9th May.

**U14 GIRLS:** Play Currow away on 8th May at 5pm in the County League.

**COACHES:** Coaches required for East Kerry Cul Camps. Must be 18 years or older. Email CV to Donal.daly.gda.kerry@gaa.ie

**KILCUMMIN GAA FAMILY FUN DAY:** The club's 2016 Family Day will take place on Sunday May 8th between 2-6pm. This year the main focus will be on fun and games for our young people and their families. Events will include 3-legged races, sack races, tiny tots races, adult and family races and challenges. BBQ throughout the day and rounded off in the evening with music in the Klub. Everyone welcome.

**UNDER 14 GIRLS:** The Kilcummin under 14 girls had a good win recently away to Southern Gaels in the County League. The final score was Kilcummin 4-6 to Southern Gaels 1-4. This was a good overall team performance with special mention to Jenny Healy in goal, Jessica O'Neill, Abby O'Leary and top scorer Shauna O'Donoghue. Kilcummin now top their section of the league and are on course to qualify for the next stage.

**ST PATS U14 HURLERS:** Play Dr Crokes away on 7th May at 6pm.

**KILCUMMIN RAMBLING HOUSE:** Will be open on Friday 6th May at 8.30pm for its last session of the season. Proceeds from the night will go towards the Killarney Branch of Friends of the Children of Chernobyl Charity. As always there will be storytelling, song ceol, tae agus braic. Fáilte isteach.

### MASTERGEEHA FC

**U12: BALLYHAR 0 MASTERGEEHA 2.** In this game the boys had to battle all the way for the three points that helps them close the gap at the top of the table. Darra O'Callaghan and Mark O'Shea got the goals.

**U13 SHIELD SEMI-FINAL: PARK 0 MASTERGEEHA 5.** The boys qualified for the final of this year shield with a good away win in Tralee on Saturday morning. Sean O'Leary (2), Barry Lenihan, Cian Foley and Brendan O'Leary

were the scorers on the day.

**U16 CUP SEMI-FINAL: MASTERGEEHA 0 PARK 2.** In this game the Park side scored two goals mid-way through the first half. For the remainder of the game the boys pushed forward and created some good chances but could not get the goals despite their best efforts.

### U14 GIRLS KERRY CUP FINAL

**LISTOWEL 7 MASTERGEEHA 0:** In the final the girls played a strong Listowel side. In the opening quarter the girls defended well before Listowel scored in the 21st minute. After this the winner added a few more goals before half time. In the second half the Mastergeeha girls never gave up and created some half chances.

### YOUTHS:

**MASTERGEEHA 4 CASTLEMAINE 0:** The boys qualified for the semi-final of the league courtesy of a home win on Saturday. Sean O'Leary opened the scoring mid-way through the first half with Paul O'Connor getting and hat trick in the second. All involved played well.

**PREMIER A: LISTOWEL 3 MASTERGEEHA 3:** In this game the seniors started well and took the early lead with Scott O'Mahoney and Damien Breen finishing well. Chris Keane added a third to lead the score 2-3 at the break. In the second half Mastergeeha created some chances before the home side equalised from the penalty spot. In the closing stages Sean O'Leary and Noel Moynihan were unlucky not to score. All played well.

**MASTERGEEHA FC LOTTO:** There was no winner on Friday 29th April 2016. Numbers drawn were 4, 19, 22, 24. Consolation prizes were €100 K. O'Donoghue, Mastergeeha, Kilcummin. €60 Mary O'Shea, Beaufort. €30 Ross Griffin, Kilcummin Post Office. €30 Pat Cronin, c/o The Village Inn. €30 Eileen O'Connor, c/o Kilcummin PO. Jackpot now €6,300.



THE TEAM OF VOLUNTEER HELPERS FROM GAELScoil FAITHLEANN'S PARENT'S COUNCIL WHO ORGANISED THE COMMUNION PARTY FOR ALL THE CHILDREN AND THEIR FAMILIES AFTER THEIR SPECIAL CEREMONY RECENTLY. THE PARTY IS A TRADITION IN THE SCHOOL AND ALL THE FAMILIES RETURN FOR REFRESHMENTS AND FUN.



MIA COUNIHAN, PICTURED AT LISSIVIGEEN NS WITH HER MERIT AWARD RESULTING HER HIGH ACHIEVEMENT IN THE NATIONAL TEXACO ART COMPETITION WHERE 3 OF THE TOP PRIZE WINNERS WERE ALL FROM KERRY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808





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## RATHMORE / GNEEVEGUILLA NEWS

by Michael O'Mahony

**RAMBLING HOUSE:** At the Heritage Centre Scartaglen Monday May 9th at 9 p.m. Admission free, raffle and refreshments. All are welcome.

**1916:** Gneeveguilla Community Council would like to thank the local Clubs, the Gardai and everybody who helped and participated in the 1916 Commemoration Parade in Gneeveguilla Recently.

**ANNUAL CHURCH-GATE COLLECTION:** For the South Kerry Branch of Multiple Sclerosis will take place on this 7th/8th May in Rathmore, Shrone & Gneeveguilla. Your support would be greatly appreciated.

**THE IRISH CANCER SOCIETY'S VOLUNTEER DRIVER SERVICE:** Is currently seeking volunteer drivers to drive local patients to and from their chemotherapy treatments in University Hospital Kerry, Cork University Hospital and The Mercy University Hospital, Cork. We are looking for volunteers to pick local patients up at their homes, drive them to the door of the hospital, pick them up again when they are finished their treatment and bring them home. Driver expenses are paid. Telephone Rebecca on 01 2316 642 or email transport@irishcancer.ie

**SPECIAL COLLECTION FOR PEOPLE OF UKRAINE:** €2050 was the amount collected at all Masses recently for this special collection. Your generosity is very much appreciated. Thank You.

**MAY - THE MONTH OF OUR LADY:** For the entire month of May, Rosary will be recited at the following grottos in the parish: Tureencahill Grotto nightly at 8pm, while on Sunday evenings it will be at 7.30 pm. Leam Grotto, nightly at 9pm and on Sundays at 8 pm. At the grotto at Shinnagh Cross, Rathmore, Monday to Friday at 7pm. At the grotto near Holy Family N.S. nightly at 8.30pm. Young and old all are welcome during the month at all our grottos.

**THE 10TH & FINAL SHEILA MOYNIHAN MEMORIAL SPONSORED WALK:** In aid of Kerry Hospice will take in Rathmore on Sunday 29th May, 2016. The building of a new inpatient palliative care unit in Tralee is currently underway and your support would be gratefully appreciated. Further details later.

**GOLF CLASSIC:** Gneeveguilla GAA Golf Classic May 7th in Lackabane Golf Course, teams of

3 €120. Contact Joe 0860279161 or John 086 6080563

**KNOCK:** Gneeveguilla Annual Pilgrimage to Knock Shrine takes place on Sunday May 15th. Bus leaving GAA Hall at 7am sharp. If interested please contact Ann Cronin: 7756249 / 087 2785565 or Eileen Fleming: 064 7756301/ 087 1475386.

### RATHMORE/GLENFLESK PARISHES 1916

Congratulations to two of the most dynamic parishes in Kerry, Rathmore and Glenflesk, on their spectacular show, 'Patrick', performed at Rathmore Community Centre over the weekend. To commemorate 1916, this amazing and emotional production honoured the life and times of local man Cpt. Patrick O'Connor who lost his life in the rising. From the moment the curtains opened until they closed over 90 minutes later, the cast had the audience captivated with an a personal, emotional and historical journey as Cpt. O'Connor made his way from Rathmore to the GPO. The spellbinding production was brilliantly written and produced by Kerry's Eye journalist and local man Aidan O'Connor, a talented writer and wordsmith, who weaved history, laughter and the personal story of Cpt. O'Connor into one of the finest productions seen in Kerry for some time. In his role as Cpt. O'Connor, Brian Hickey was brilliant. Others to catch the eye with inspiring performances were John O'Sullivan (Dan Dennehy), Mary Hickey Kerry rose 2014 (Minnie), Jimmy Kelly (Tom Clarke), Arthur Moynihan (Patrick Pearse), Padraig Creedon (Denis), Derry Healy (Michael Collins), Diarmuid Coakley (Sean Mac Diarmada), Gene O'Leary (James Connolly), John Wall (Thomas McDonagh), Michael Cronin (J.M. Plunkett), Declan Buckley (Eamonn Ceannt), Rosie Healy (Rosie) and the inspirational Margaret O'Sullivan (Mary). All the cast members were outstanding, showing true professionalism on the stage. The music was sensational with solo singers Michelle O'Callaghan, John O'Donoghue, Fiona O'Donoghue and Ciara O'Donoghue adding greatly to a memorable production. The Clonkeen Youth Choir rendition of 'Mo Ghile Mear'. Thanks to Aidan O'Connor, the people of Rathmore and Glenflesk and the wonderful cast of 'Patrick' for their wonderful 1916 commemoration production and the opportunity for all of us to share this very special weekend in Rathmore. Thanks to Ger O'Donoghue, Maire O'Leary, Val Moynihan, Ellish Coakley, everyone behind the scenes, well done, the organisers gratuities wish to thank everyone who assisted in bringing this project to completion our sponsors main

sponsor Cumman Luachra Historical Society, The Community Centre committee Kerry county council art office; The Rathmore Social Action Group; The Media, The Marian Players, Jerry O'Callaghan, John Culloty, Ian Harrington, Pat Kelliher, Mike Duggan, Brendan Brosnan, Mary Woodcock O'Sullivan, Ann Moynihan, John Moylan, Tony Flaherty - Sonas Recording studio and to anyone who helped in any way, a very sincere thank you.

**SYMPATHY:** To the families and friends of Margaret Mahoney (née Downing) Carrigaline, Rathmore, Kerry / Cork. And Jeremiah Nagle, Wembley, London and late of Gortdarrig, Headford, Mary O'Keeffe (née O'Keeffe) Ballinahulla, Ballydesmond, Cork / Ballydesmond, Kerry who deaths occurred recently. May they rest in peace.

### RATHMORE GAA LADIES FOOTBALL

**U12S:** 4th round of county league

Rathmore: 3-5 Fries: 1-9.

**U14S:** 3rd round of county league

Rathmore: 10-6 Cromane: 3-6.

**U16S** 3rd round of county league

Corca Dhuibhne: 3-8 Rathmore: 3-3.

**THE CITY OF SHRONE:** Annual May Day Mass open Air on Sunday last May 1st at 1.30pm celebrated by Bishop Ray Browne. Joined by Fr Pat O'Donnell P.P Fr. Joseph Tarrant, Administrator. Dan V O' Connor made presentation to the Bishop of collections of books from parish on behalf of community as he was first Bishop a attend the Mass celebrated it. The children of Shrone N.S. showed pictures of earth Week they had done for occasions large crowds attended it and weather held out.

**HOLY FAMILY NATIONAL SCHOOL:** Finalists in this year's Bord Gáis Energy Student Theatre Awards. Awards ceremony to take place on 5 May 2016. Holy Family National School has been shortlisted as finalists in this year's Bord Gáis Energy Student Theatre Awards due to take place in Dublin on 5th May. The school has been shortlisted in two categories: the Best Male Performance in a Leading Role (Seán Burke O' Donoghue) and Best Direction for its production of 'Fight for Freedom'. This film was produced by 6th class in June 2015 and is based on the life of Captain Patrick O' Connor from Rathmore who fought and died while fighting in the 1916 Rising.

**NOTES** If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm. Sunday.

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## GLENFLESK NOTES

**GLENFLESK SENIORS:** Sponsored by the Jarveys Rest ([www.jarveys.ie](http://www.jarveys.ie))

### EAST KERRY LEAGUE

#### GLENFLESK 1-16 GNEEVGUILLA 0-11

Our Senior team recorded a win in their final East Kerry league game at home to Gneevguilla on Saturday evening last and retain their division 1 status. Jeff O'Donoghue was excellent once again scoring 1-05(1f) and Shane Courtney kept up his usual high standards in defence. Youngsters Sean Lucey and Liam Warren were given a start in defence and duly impressed.

**GLENFLESK JUNIORS:** JUNIOR FIXTURE; Glenflesk Vs Dr Crokes in Lewis road Tuesday May 10th at 7 30pm.

**GLENFLESK U12S:** Our U12 team continued their good form with a 2-16 to 2-09 win over local rivals Kilcummin, their 4th win from 5 Co. league games

**GLENFLESK U14S:** Our U14S had another big win on April 27th away to Annauscaul / lispole. They've really discovered their goalscoring touch in the last 2 games, scoring an incredible 14 goals. Half time substitutes Ronan O'Donoghue, Josh Lyne, Michael O'Leary and Adam Mc Sweeney made a big impression.

This win leaves Glenflesk second in the table with all the group games played and now have a home semi final.

**GLENFLESK U16S:** Our U16S finished with a good win in the group stage of the East Kerry league beating Spa 17 points to 2-09. Darragh Fleming top scored with 5 points and Alan Murphy finished with 4 points

**LA NA GCLUB:** La na Glub will take place in Glenflesk on Sunday May 8th at 2pm, It's going to be a fun day with lots of surprises for both young and old! We'll be sharing the full schedule of events for the day soon! Keep an eye on our Facebook page for further details.

### GLENFLESK LADIES

#### GLENFLESK U12 (GIRLS):

#### GLENFLESK 3-03 SPA 0-3

Glenflesk secured their second win of the U12 County League defeating Spa away on Tuesday night last. Glenflesk captain for the night Caoimhe Moynihan opened the scoring with an early goal. While this was a low scoring game the Glenflesk defence produced their best performance of the season so far with Lucia making a number of good saves while Molly O'Donoghue and Caitlyn Kelly cleared their lines well. Up front the ever improving



STAFF AT KILLORGLIN BASED PROMED PICTURED PRESENTING THE KERRY CANCER SUPPORT GROUP WITH A CHEQUE FOR €3,000 WHICH THEY RAISED THROUGH VARIOUS FUNDRAISING DRIVES THROUGHOUT THE YEAR, INCLUDING WORK FANCY DRESS DAYS, COFFEE MORNINGS AND SUPERMARKET BAG PACKING EVENTS. INCLUDED IN THE PRESENTATION PHOTO ARE FROM LEFT, MARY CHALDECOTT, MICK MCGIRR, CONOR DALY, LIAM O'CONNOR, COLIN DENMAN, BREDA DYLAND, MIKE MORIARTY, KATHERINE HEFFERNAN, TERENCE HOULIHAN AND JAY GALVIN. PHOTO: DON MACMONAGLE.

Zara Burke and Aoibheann Gleeson kept the score board ticking over.

Overall this was a great team performance with all 22 panel members playing their part in the win

**KERRY U14 LADIES:** Well done to Ava Doherty who played on the victorious Kerry U14 team in the Munster semi final against Limerick.

**GLENFLESK LOTTO:** No winner of the lotto which took place in John Dans on April 26th. Jackpot €10,000. Numbers were 15,16,19,22. €50 draw. The next draw will take place in Spillanes on May 9th and the Jackpot is €10,200, this is the highest ever Jackpot of the Glenflesk Lotto.

NOTE; May 1st is the renewal date for the annual Lotto ticket and as of May 9th only those who have renewed their tickets will be entered into the weekly draw. If you wish to purchase a yearly ticket you can contact Noelle at 0876962703.

**GLENFLESK CLUB TEXT:** The club are operating a new club text message system. If you are a club member and wish to receive text messages about Club and Community news and events, text your name and number to 0870904892

**HISTORY AND ARCHIVE SOCIETY:** Glenflesk history and archive society are updating their photograph collection. Any club or community photographs you may have from the 1970s for display in the hall would be greatly appreciated.

**RAHEEN NS:** A big thank you to everyone who supported our recent Farmers Market Day, monies raised will be donated to Cork Penny Dinners. Your continued support and generosity is greatly appreciated.

Congratulations to Susan Bartlett who has the winning lotto.17 on Saturday the 30th of April.

**PATRICK:** "Patrick" a play commemorating captain Patrick O'Connor who lost his life in the 1916 rising was performed by the drama groups of Glenflesk and Rathmore on the 23rd 24th and the 26th of April in the Rathmore Community Center. The play was brilliantly scripted by Aidan O'Connor and was performed by an amazing cast. Well done to everyone involved and if you missed it their has been calls for more performances so watch this space.

### BARRADUFF CARDIAC RESPONSE UNIT:

Barraduff Cardiac Response Unit would sincerely like to thank all business and individual donations who have kindly donated to this scheme. This scheme hopes to be up and running during the summer months and without theses donations it would not be possible for us to do so. Every donation we get brings us that bit closer to going live with the National Ambulance Service.

**CONTACT:** We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or [pro.glenflesk.kerry@gaa.ie](mailto:pro.glenflesk.kerry@gaa.ie).



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**SPA MUCKROSS COMMUNITY GAMES - COUNTRY SWIMMING COMPETITION MEDALISTS - AISLING, CATHAL, IAN, NIALL & NIAMH COFFEY, ETHAN & FAYE O'NEILL, MARGARET O'BRIEN.**





## EXAM STRESS



Last week we discussed that the most important thing to remember is that a relaxed body and mind is better equipped to deal with stresses and tensions. So looking after your mind and body at this

time will help you to cope better with exam pressures.

Now let's look at some practical ways that you can reduce the pressure around exam time.

**1. Set Priorities.** What is the most important and what needs to be done first. You do not need to do everything in one night. Prioritize what needs to be done early in the week, and what can be done later. If you are focusing on a few subjects a night rather than worrying about all of them every night you will do a better job overall.

**2. Give yourself a break.** Whilst it's important to do your best – don't try to over-achieve. Give yourself time to relax too.

**3. Set Realistic Goals.** Set goals that you can see yourself achieving within a week, two weeks, etc. Setting goals that are too high can make you feel more stressed if you cannot realistically achieve them.

As exam time approaches – if you haven't done so already – now is the time to create a plan for exam time. Map out all of the material that has to be covered and make a schedule showing what, when and how much you will study each day. You may need to prioritize to ensure that material weighted more heavily in the exam gets sufficient study time.

**Here are some tips to follow in creating your study plan:**

- budget your time realistically;
- allocate the study time into several manageable study sessions;
- divide the course material into small segments and assign them to the study sessions;
- set clear and specific goals for the study sessions;
- take into account your familiarity with the material and the difficulty level;
- don't make the study sessions too long;
- study sessions should have enough variety in terms of topics and activities to prevent boredom and loss of effectiveness;
- avoid cramming before the exam; and

We will look at these tips in more detail in the next few weeks. Remember if you feel stressed or overwhelmed, talk to a parent, teacher or counsellor, and don't be afraid to ask for help.

**SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. [info@southwestcounselling.ie](mailto:info@southwestcounselling.ie).**

**Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide.**

**[info@kerrylifeline.com](mailto:info@kerrylifeline.com) To make an appointment call 064 6636416/064 66364100**

**SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**



**Please note SouthWest Counselling Centre has limited spaces available for the Ring Of Kerry Charity Cycle 2016. Contact us at [swccrokcycle@gmail.com](mailto:swccrokcycle@gmail.com)**

## TAX Matters with



### SUSI GRANT APPLICATION

The SUSI third level grants Online Application system for the 2016/17 academic year is now open for new applications or to renew a grant. This online system is open earlier than previous years to help avoid payment delays in September.



If you are intending to submit an application for a Susi Grant for 2016 you must ensure your Tax Return for 2015 has been prepared.

SUSI (Student Universal Support Ireland) is the single grant-awarding authority handling all new applications for student grants.

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## ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



### On the Box

#### THE ONE TO WATCH: EASTENDERS

The end is nigh for Eastenders legend Peggy Mitchell as her final weeks begin to play out starting this week with her return to the square.

**Monday:** Ronnie and Jack move forward with their relationship but there's a surprise arrival.

**Tuesday:** Phil and Aunt Sal arrive to look for Peggy, but where is she?

**Thursday:** Phil learns some unsettling news about Peggy.

**Friday:** Phil and Peggy take a trip down memory lane while Sharon tries to help the Mitchell family.

#### NEWSFLASH

A blockbuster summer story line is being lined up for the Beale family with the returns of Ian's step son Steven, Jane's brother Christian and mother Lynda as well as Lauren all due back. Will Bobby and Jane finally face justice for their parts in Lucy's murder?

#### The Best of the Rest

**Fair City:** Katy knows about Tommy and Debbie's affair but the saucy pair still continue with their illicit relationship.

**Red Rock:** Could Liam be Brian's killer? Well he does have a good enough motive.

**Emmerdale:** Cain kidnaps Rakesk and Emma tells a terrible lie.

**Coronation Street:** Nick calls off his wedding to Carla but will he tell her the truth about his brain injury?



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### AWARE SUPPORT GROUP MEETINGS

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### KILLARNEY AL ANON

The Killarney Al Anon meetings are held Tuesday nights at 8.30pm and Thursday morning at 11am in Ozanam House Green Lawn.

Contact Mairead: 087-7808106

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**Two speakers:** Mr. Darragh Brogan & Mr. John Forde - from the Road Safety Authority (RSA) will be in attendance.

**Meeting at 6.00 for 6.30pm start in the Ross Suite – 5th Floor.**

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## A WORD OF VICTORY

Welcome back dear reader how are your reactions? Are you someone who remains in control in how you respond to situations and stressors? Interactions with certain people be they family members, work colleagues, neighbours or friends can trigger strong emotions that make us tense, stressed and even combust into angry outbursts which are not helpful to either our physical or mental health, or that of those around us. Apparently it was Einstein who said the following 'you can't keep doing the same thing all the time and expect different results' and how true this is. Have you noticed how bad it feels when, once again things have ended up the same way? In the Bible Job was a man who was going through a kind of 'hell on earth' He had lost his children, his physical health was destroyed and to top it all his friends called around to 'comfort' him by telling all the negative things about himself. Job's life was in turmoil. But the book of Isaiah chapter 26 vs 3 says- "You will keep them in perfect peace whose mind is stayed on You, because they trust in You. Trust in the Lord forever, for the Lord God He is the Everlasting Rock". Job realised that though his circumstances were messed up, how he reacted to them would have a bearing on him remaining sane and peaceful, and his future outcome. Whatever the cause of your tensions and stress it's vital for you to measure your reactions to them. It's not easy in the heat of the moment, but, take a step back - breathe deeply and decide that this situation is NOT going to take your peace. Bring it to the Lord in prayer. If it's a person forgive them, and ask the Lord to bless them instead (this is a powerful thing to do and Jesus commanded us to do it - Mathew 5:44) and trust in the Lord to bring breakthrough for you and He will friend! (Pray Philippians 4:4-9; Psalm 91:14-16) More next week....

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### PRAYER FOR HEALING

Heavenly Father, I call on you right now in a special way. It is through your power that I was created. Every breath I take, every morning I wake, and every moment of every hour, I live under your power.

Father I ask you now to touch me with that same power. For if you create me from nothing you can certainly re-create me. Fill me with the healing power of your spirit.

Cast out anything that should not be in me. Mend what is broken. Root out any damaged cells. Open any blocked arteries of veins and rebuild any damaged cells Remove all inflammation and cleanse any infection. Let the warmth of your healing love pass through my body to make new any unhealthy areas so that my body will function the way you created it to fuction.

And Father, restore me to full health in mind and body so that I may serve you the rest of my life.

I ask this through Christ Our Lord Amen.

**E.O.S.**

### GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes, St. Padre Pio, St. Clare, Our Lady of Mount Carmel, Divine Mercy, St. Faustina, St. Michael Archangel and St. Anthony for health favours received.

### NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted. **X**

### PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass You who never delays, I come to you in need: (Clearly express what you want and ask him to find a way to get it to you)

Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise)

Be quick. Saint Expedite!

Grant my wish before your candle burns out and I will glorify your name

Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.

For anyone in need say this prayer and your request will be granted. My request was granted.

Amen. **X**

### THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted. **JKOC**

### NOVENA TO ST. MARTHA

O ST. MARTHA, I resort to thee and to thy petition and faith I offer up to thee this light which I shall burn every Tuesday for nine Tuesdays. Comfort me in all my difficulties thro' the great favour thou didst enjoy when Our Saviour lodged in thy house. I beseech thee to have definite pity in regard to favour I ask (mention favour). Intercede for my family that we may always be provided for in all our necessities I ask thee St. Martha to overcome the dragon which thou didst cast at thy feet. One our Father and three Hail Marys, and a lighted candle very Tuesday and the above prayer made know with the intentions of spreading devotion to St. Martha.

Never know to fail.

### THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

**A.C.**

### ST THERESE

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession.

So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.

Amen. Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted.



## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**E.O.R.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**N.K.**

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Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**N.K.**

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Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**N.K.**

## NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the world forever, Amen."  
Pray, whether you believe or not.  
Publish on the 9th day.  
Your request will be granted no matter how impossible it may seem.  
Favour often granted on the third day.  
**K.R.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**N.K.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted.  
**N.K.**

## THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately.  
Favour granted after 3 days.

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. **X**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother (make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanksgiving for favours received.

## PRAYER TO ST. MARTIN DE PORRES

Most humble Saint Martin whose burning charity embraces all, but especially those who are sick, afflicted or in need, we turn to you for help in our present difficulties and we implore you to obtain for us from God health of soul and body, and in particular the favour we now ask...  
May we, by imitating your charity and humility, find quiet and contentment all our days, and cheerful submission to God's holy will in all the trials and difficulties of life.  
Amen.

## NOVENA TO THE HOLY SPIRIT

O Holy Spirit you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine. This prayer must be said for three days, after three days the favour will be granted.  
**E.O.S.**

## PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal.  
You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.  
In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.

## NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days. Publication of prayer and favour will be granted..  
**M.M.**

## NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **M.M.**





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