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Busy bees... Triplets, Maryanna, Patrick and Charlie O'Neill, taking part in a creative workshop, as part of St Patrick's Day Festival this year, a series of free children's creative workshops over three weekends has been organised as part of the St Patrick's Day festival, Killarney. PHOTO: VALERIE O'SULLIVAN

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DOWNHILL 14 90 mins 7 DAYS 6:40 9:00	DOLITTLE PG 105 mins SAT/SUN 12:15 2:15 4:15
BRAHMS: THE BOY 2 14 90 mins 6 DAYS 9:00 No showing on Tuesday	PAW PATROL: READY, RACE, RESCUE! PG 60 mins SAT/SUN 2:30

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EDITOR'S NOTE

Spring is in the air this week and we have a busy magazine for you. A local photographer was on a mission, Killarney Rotary Club have donated the proceeds of their Wine and Art night and there is an international award for Universal Access.

The Diocese is looking to the future, the Sem boys take on climate change and Killarney chefs are preparing for a walk on the wild side. Kerry U20's claimed the Munster title this week with both the Senior men and Senior Ladies on

the winning podium. This and lots more in this week's Magazine - Enjoy!

Aisling Crosbie,
Editor | 086 0400958



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

SALLY'S MISSION TO BUILD A GYM IN PALESTINE

Killarney photographer Sally MacMonagle has recently returned from a trip to Palestine where she was part of a group who raised funds to open a volunteer gym in the Aida Refugee Camp in the West Bank in Palestine.

"The gym will help improve the overall standard of life in the camp, and go towards fighting the large incidence of diabetes, hypertension, and mental health issues that exist in the camp because of the cramped living conditions and Israeli occupation", Sally told the Killarney Outlook

"The first step of the process was the fundraising - we made a promotional video with the help of local Killarney videographer & content producer Nial Foley as we knew that we needed to raise a total of €30,000 for the project to cover the cost of equipment, renovation of the allocated room at the Lajee Centre, and installation of the gym", Sally added.

Travel expenses for anyone going over from Ireland to help with the project was paid for by each individual themselves so all funds raised went directly to the gym.

"We held a concert last July in Cork with the help of local sponsorship from the INEC Killarney who sponsored the stage and lighting equipment. Christopher Leonard of Celtic Steps volunteered to to lights of the evening, and we had performers from Hermitage Green, Kneecap & DJs Fish Go Deep.

The team also held a raffle and for this we had prizes and sponsorship from Kerry Climbing, Dylan Hodd Artist, Reidys Bar, Kate Kearneys, Kerry Coaches & Courtneys Bar in Killarney.

"On the night we raised a staggering €17,000", Sally said. Another of Sally's roles was the responsibility for the logistics of getting the equipment delivered into Palestine which was no easy feat due to the restrictions Israel have in place. Palestine have no access to their coastlines nor airport and no international freight company will deliver directly to Palestine. So it was a massive achievement and relief to see the gym equipment finally land in the Aida Camp on the second night the group were there.

"The gym is just the medium by which we have the opportunity to show solidarity with the people here. We could have just bought the gym equipment here. We could have went in and got it from Tel Aviv or somewhere, but the whole point was that we were able to do this by not giving over the money that we've raised to Israel - so I think that we kind of bypassed the system there, which is a really big victory. I'm so glad that we were able to do it. It cost us more effort, and probably more money as well at the end of the day, but for us that's a massive victory. Israel are after building this big wall all around the



Sally MacMonagle Killarney, Peadar O Goill, Inis Mór, Ainle O Cairealláin Aclaí in Cork, Vicky Lanagan Cork, Alex Sampson Leap, West Cork and Kate Maher Killkenny pictured in Aclaí Palestine in the Aida Refugee Camp in Bethlehem.

physical and emotional and social lives of the Palestinians and making it really hard for anything to come in and we worked together with the Palestinians to break that.

We spent the week installing the gym in between visiting site like Hebron & Ramallah.

Ainle O'Caireallain owner & trainer from Aclaí Gym in Cork, will be spending the coming weeks training the newly appointed coaches in The Lajee Centre

They will then return to Ireland in June to complete their 6 week intensive training course.

"We will be continuing our fundraising efforts over the coming months to cover all cost involved & also to provide a basic salary for each coach as the gym gets on it's feet. If you would like to contribute to the project you can contact Sally on 0877202252 or go to our www.gofundme.com/westbankgym.

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INTERNATIONAL AWARD FOR UNIVERSAL ACCESS

Killarney company, Universal Access has been announced as an International Award Winners at the 2020 LUX Travel & Tourism International Awards, winning - "The Most Pioneering Inclusive Tourism Advocacy UK & Ireland"

The travel and tourism industry is, by all regards, a goliath, accounting for multi-trillion dollar expenditure every year and single-handedly fuelling global economies. Despite this, the sector is incredibly competitive, and expectations require nothing short of excellence to reap continued success.

The LUXlife Travel & Tourism Awards recognise those who have dedicated themselves to offering the finest experiences, product and services in the industry. Whether established stalwarts, or up and coming newcomers, we endeavour to seek out the paragons who lead the pack and set the benchmark.

Steve Simpson, from the lux life travel and tourism awards comments: "Travel and Tourism encompasses a vast array of different businesses to creating exquisite memories for people all over the world. We would like to congratulate Universal Access in winning the international award for the Most Pioneering Inclusive Tourism Advocacy UK & Ireland. Under the CEO, Paudie Healy, they are creating ground-breaking changes on pioneering initiatives and programmes that they are



Paudie Healy CEO of Universal Access pictured with the award.

developing for the inclusion of the full human diversity of people in the tourism industry as employees and customers. Their bottom

up/top down approach from working with businesses to advocating for governmental actions and policy change to deliver person centred inclusive employment and experiences is why they have been selected as winners and Universal Access are a company to watch globally for the future"

Paudie Healy, CEO of Universal Access said "We are absolutely delighted to win this international award at the Lux life, Travel and Tourism Awards and to be recognised for the impact that our work is having in the drive for global inclusion in employment, person centred experiences for-all and delivering economic and sustainable value creation across the tourism industry chain.

Mr Healy went on to say, "In Q2 of 2020 we will be launching the Global "iMark" certification and a business growth Tourism for All sustainability programme that we will be rolling out nationally. The businesses will work through continuous development stages of the Global iMark certification for the delivery of excellence as leading inclusive employers and inclusive service providers that will deliver economical, sustainable and social benefit for the business and wider tourism industry and the country"

KILLARNEY ROTARY CLUB SHARE THE SPOILS

Killarney Rotary Club welcomed representatives from the organisations who were beneficiaries of the 2019 Annual Wine and Art evening.

Among those in attendance at The Great Southern Hotel on Wednesday were representatives from: Coolick National School; South West Counselling; IHCPT; Stephen Lyne Foundation; Killarney Athletic FC; Tiernaboul National School; Killarney Cougars Basketball Club; Gaelscoil Faithleann; Kerry Stars; Killarney Swimming Club and St Pauls Basketball Club. Rotary Club President Conor Griffin expressed the Clubs delight at once again being able to facilitate the event and make contributions to so many local charities and organisations who all make a positive difference in our local community. Thanks to our sponsors Daly's Supervalu and Killarney Brewery for their valued contribution each year, the local artists who never fail to showcase their wonderful talent which makes the evening a memorable occasion annually.

Club members are also thanked for the effort that is applied every year to ensure the evening runs smoothly. We are looking forward to the November 2020 event already!!



Pictured at the Great Southern Hotel on Wednesday where Killarney Rotary Club made cheque presentations to 8 different beneficiaries resulting the annual success of the Rotary Clubs Wine & Art evening which was sponsored by Super Valu & Killarney Brewing Company. Beneficiaries were Gael Scoil Faithleann, Coolick NS, Killarney Swimming Club, Killarney Cougars, Stefan Lyne Foundation, IHCPT, Killarney Athletic, Tiernaboul NS & Kerry Stars. Presentations made by Chairman Conor Griffin & Anne Alcock. PICTURE: MARIE CARROLL-O'SULLIVAN

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CAUTION REQUIRED BUT NOT PANIC

AS CORONA VIRUS ARRIVES IN IRELAND

This week, as cases of Covid-19 are confirmed in both the east and the west of the country, The European Centre for Disease Control (ECDC) confirmed the risk of widespread sustained transmission of COVID-19 in the EU and UK in the coming weeks as moderate to high.

While Ireland remains in a containment phase, the situation is according to Taoiseach Leo Varadkar "a fast evolving situation which is being reviewed on a day-to-day basis".

Speaking to the Killarney Outlook this week, Killarney GP Dr. Fiona Gallagher said that the most important thing to do was to be cautious but not to panic.

"People need to keep up to date with details on the HSE website for advice on Covid-19 Coronavirus and read it thoroughly and regularly as the situation can change on an ongoing basis", Dr. Gallagher said.

"People need to be very careful where they get their information from - there is only one place and that is the HSE", she added.

It is extremely important to:

- Wash your hands properly and regularly
- Cover your nose and mouth with a tissue when you cough and sneeze, put used tissues in the bin and wash your hands.

Clean and disinfect frequently touched objects and surfaces.

- Visit HSE.ie regularly for further information and updates, she added.

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus. Studies suggest that over 80% of confirmed cases are not severe, however mild symptoms can also make the epidemic harder to contain. Of the remaining 20% of cases, 14% of cases were severe with 6% critical and 2% of these fatal.

The incubation period – the time between infection and the onset of symptoms of the disease such as cough, fever and shortness of breath – is thought to range from two to 14 days.

The general public is advised to follow advice from the HSE and the Health Protection Surveillance Centre to protect their health.

Most up-to-date advice or links to travel information are available at www2.hse.ie.

The use of facemasks is another issue concerning the public and the following advice has been issued by the HSE.

Don't use a face mask if you feel well and do not have symptoms - there's no evidence that using masks is of any benefit if you are not sick.

Use a face mask if you:

Have or may have coronavirus

Are in close contact with someone who has or may have coronavirus

Are a healthcare worker in close contact with people who have or may have coronavirus

This week the decision was taken at the Intermediate School in Killorglin to cancel a trip for 40 students to Rome in a move which the school said wasn't taken lightly but one that simply had to be made. St. Brendan's College in Killarney had already made the decision to cancel their annual trip to China over the virus. Chemists across the county are reporting a huge surge in the demand for hand sanitizers also.

Meanwhile agencies in Kerry have issued their own directives.

A statement from Kerry Airport earlier in the week stated that "Over a number of weeks, Kerry Airport has had meetings with and updates from the relevant Government agencies



including the Departments of Health, Environment, HSE and the Irish Aviation Authority regarding the ongoing containment policies for COVID-19.

The situation is and remains changeable and the airport is prepared. We are grateful to all agencies for their ongoing support. The management team are reassured that the risk to Kerry Airport remains low, however we are prepared with robust operational procedures and action plans should the situation change", John Mulhern, CEO Kerry Airport PLC stated.

Earlier in the week, the government were not advising that St Patrick's Day parades or other large public events be cancelled and this has not yet changed, however the situation will be constantly reviewed.

PETER RELEASES HIS THIRD BOOK OF POETRY

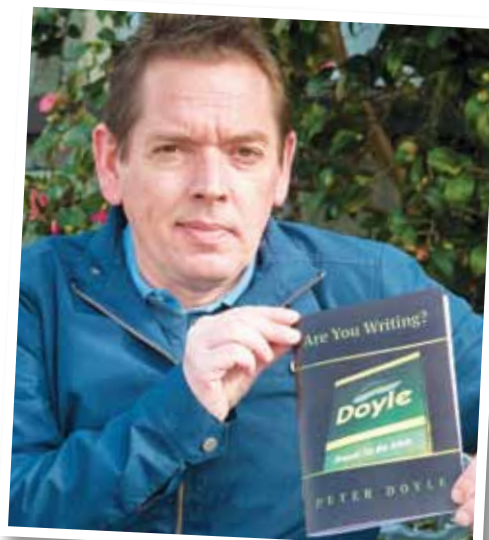
A Killarney scribe has recently launched his 3rd book of poetry and is donating funds from the sale to local man John "Sully" O'Sullivan who is recovering from sepsis.

Peter Doyle, has titled his latest book "Are You Writing?". "I have known Sully all my life, since I was a child, he is one of the characters of Killarney", Peter told the Killarney Outlook.

"Sully has been in hospital 16 months now. He has had several operations with his most

recent operation only 6 weeks ago.", Peter said. "While he is improving, it is ongoing and he hopes to be home in the near future Peter's second book was published in 2013 and on that occasion he donated the proceeds to Pieta house.

"This book is entitled Are You Writing and can be bought in Easons, Lir coffeeshop, Centra and Amber shops on the Muckcross road. It retails at €8.





INVITATION

Open Day: Saturday 7th March 10am-12noon

LEWIS ROAD KILLARNEY

Dr. Crokes GAA Club invites the Parents in the Killarney Area and their Boys and Girls to the **2020 Registration Open Day. Everyone Welcome - Bring a Friend**

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HOTELIERS RECOGNISE MÍCHEÁL'S SIGNIFICANT CONTRIBUTION

This week, the Irish Hotel's Federation awarded their President's Award to legendary GAA commentator, Mícheál O'Muircheartaigh.

The annual award is bestowed on an individual who has made an outstanding contribution to tourism and Ireland. A special presentation was made to Mr O'Muircheartaigh at a Gala Dinner celebration in the Galmont Hotel, Galway, following the IHF's 82nd Annual Conference last week. The recipient of the inaugural IHF President's award in 2013 was Dr Martin Naughton followed by Dr Tom Kavanagh; former President Mary McAleese; Paul Carty; Anna Mae McHugh; Donie Cassidy and by JP McManus in 2019.

Congratulating Mícheál O'Muircheartaigh, the Irish Hotels Federation's outgoing President Michael Lennon said "Nobody else could elevate the spectacle of a damp league match in February to the heights of ancient Fenian battles on Ventry Strand or Moytura. His was the voice that helped to link many Irish at home and abroad with their origins, a new Ireland, proud of who we are and where we came from."

"Mícheál tells us that there is poetry in everyday language and in everyday events. This resonates with many success stories in our industry where language is an intrinsic part of communicating the emotions and experiences that Ireland offers as a tourism destination," Mr Lennon added.



Micheal O'Muircheartaigh with outgoing IHF President Michael Lennon, who presented the former RTE Sports Commentator with a painting of West Kerry in honour of his lifetime contribution to tourism at the annual IHF conference in Galway. PHOTO: DON MACMONAGLE

DIOCESE LOOKS FORWARD TO TOMORROW'S PARISH



Shane O Donoghue, Eileen O Mahony, Bishop Ray Browne, Jacinta O Shea and Fr Ger Godley.

An open invitation by the diocese of Kerry has been issued as they invite the public to share their thoughts on the future of the parish.

Through a series of one-night meetings being held in different venues throughout the diocese, all are invited to share how they imagine the parish of tomorrow can thrive, given the changing society in which we live. These meetings are the first stage of a planning

process being undertaken by the diocese as it maps out a response to today's needs. Participants' inputs will contribute towards the formation of a plan of action. Opportunities will also be provided for individuals and groups who wish to contribute their ideas.

As the number of priests in parish ministry decrease, the diocese faces many challenges: how will funerals be celebrated in the future,

who will support children presenting for first holy communion, who will offer pastoral care and support to the sick and the housebound over the coming years, will churches close and who will support couples wishing to marry in church?

The Killarney meeting will take place on Tuesday next March 10th at The Dromhall Hotel and will begin at 8pm and will conclude by 10pm. Everyone is welcome. Further details on www.dioceseofkerry.ie and parish newsletters. Bishop Ray Browne in launching the planning process around Tomorrow's Parish, on Horizons on Radio Kerry, talked about the challenges of nourishing our faith and passing it on, alongside the decline in the number of priests and the fact that over the next five years a large number of our priests reach the age of seventy five, retirement age. Bishop Ray says: "Lay ministry is real! It should always be with us. Lay ministry is simply people fulfilling their own baptismal calling". Bishop Ray sees great strength in our parishes and pastoral areas and he invites people to participate and have their say in these listening meetings.

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To the waters
and the wild....



KILLARNEY CHEFS TO TAKE YOU ON A FOOD TRAIL

Peter Guben, Executive Chef at The Towers Hotel, Killarney, Delving deeply and foraging furiously, as teams of highly skilled chefs in Killarney, Co Kerry have taken to the waters and the wild to prepare their menus for an innovative food trail that will form a key part of the inaugural Wander Wild Festival taking place from Friday 27th-29th March 2020 PHOTO: VALERIE O'SULLIVAN

As part of the Wander Wild Festival later this month a team of highly skilled chefs in Kerry are set to prepare their menus for an innovative food trail that will form a key part of the inaugural Wander Wild Festival later this month.

Kerry is home to some of the finest suppliers and artisan producers in the world and town centre pubs and restaurants in the county's tourist capital are determined to showcase a true taste of the Kingdom on a plate on Saturday, March 28.

In keeping with the Wander Wild ethos of sustainability, the short supply chain and local sourcing is not only better for the planet but those involved are anxious to prove that it tastes fresher – and better – too.

Killarney is home to some of the most accomplished chefs in the country with

numerous awards adorning the walls of the local hostelrys and restaurants for the sheer quality of their cuisine.

The Saturday food trail will be one of the highlights of the weekend as Ireland's adventure capital prepares to take a walk on the wild side with an innovative and exciting new festival for outdoor enthusiasts, culture and food aficionados and great escapers.

The Wander Wild Festival in Killarney, from March 27-29, will be a real celebration of all things outdoors through adventure, pageantry, drama and exhibitions.

Events will offer a true glimpse of what the real Killarney is all about with a spectacular opening equinox parade through the streets that will dramatically celebrate the birth of spring.

Guest speakers lined up for the weekend will include writer and storyteller Michael Harding

who will explore rituals, the ocean, soul – and chest pain – while ultra-athlete Shane Finn, who completed 24 marathons in 24 days and cycled and ran across America in 36 days, will share his experiences with special guests in a live podcast.

Film will feature prominently throughout the festival with screenings of several highly regarded productions

The action-packed weekend will also feature great escape events such as guided mountain climbs, kayaking on the lakes, night nature walks and map and compass reading classes with a packed children's programme focusing on the great outdoors.

For the more energetic there will be separate events to keep them challenged and busy with a park run and a Hardman 10k on the agenda.

SEM BOYS TAKE ON CLIMATE CHALLENGE

By: Jaden Tynan

A group of Transition Year students from St Brendan's are working on tackling the climate problem by entering Friends of the Earth Solar Schools competition, which provides schools with funding to become a solar-powered school, making it one of the first schools to do so. This journey started in November when the school decided to apply to be represented at the RTE Youth forum on Climate. Sean O'Sullivan, a fifth year student was elected by other students to represent the school in The Dail on November 15th where he also made an appearance on The Late Late Show. The group have carried out many actions in order to tackle Climate Change and raise awareness among others. They have organised a climate



Left to right: Paul Foran (Treasurer), Colm Looney (Researcher), Rian Gill (Tech Officer), Dr. Anne-Marie Fuller (Guest from the Green Party), Kacper Bogalecki (Director), Jason Lee (Chief Researcher), James Smith (Communications Officer), Gearoid McGorrian (Social Media Officer), Chloe Ballester (Teacher).

action day in the school, which involved a park cleanup, keynote speakers such as Aidan Forde and a drone picture. The group also wrote a letter to Mary Robinson in hope, that she would come down to meet the group and also be shown

around the national park. They have also educated the First Year students in the school about the whole project. One of the biggest actions they have taken, is banning single-use plastic bottles in the school to cut down on plastic and

have added filtered-water taps to encourage students to use reusable bottles. Dr Annemarie Fuller from the Green Party has been working very closely with the group. She has advised the boys to focus on making a long term impact, which encouraged the students to apply to win Solar panels for the school, a dream they had from the start but felt it unrealistic.

The group is now working on their Eco Unesco project, a national school competition. Their idea involves a school uniform renewal scheme for the school and they also wish to become the first TerraCycle school hub in Kerry which is a system gathers hard to recycle waste that helps people make profits, while also helping the environment



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



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If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com

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€10,000 FILM BURSARY NOW OPEN FOR SUBMISSIONS



A fund of €10,000 for the Kerry Short Film Bursary for 2020 is now open for submissions! A fund is available to the successful applicant towards the cost of their production. The Bursary is funded through Kerry County Council with support from the Arts Council and is intended to foster talent, creativity and activity in filmmaking within the county. This is a competitive award and applicants are

advised to attend an Information Day on Thurs Mar 26th (11am - 5pm) in the Anam Centre in Killarney. This day will provide information on how best to complete your application form, including advice on script development. Pre-register with filmkerry@kerryetb.ie by Thurs Mar 19th to confirm your spot! Kerry ETB Film Development Officer, Siobhan O'Sullivan outlined "the importance of funds

such as this to develop the industry within the county" while Kerry County Council Arts Officer, Kate Kennelly, described these funds as "an important way to encourage & support filmmaking talent".

Applicants should have some experience in filmmaking and be able to prove that a director and/or a producer has seen the script and has a sense of its suitability to go into production.

"Film in Kerry is growing industry. This bursary, funded by Kerry County Council and the Arts Council, helps to support filmmakers whilst promoting Kerry as a location for film", stated Moira Murrell, CE at Kerry County Council.

Guidelines & application forms can be accessed online at <http://www.kerrycoco.ie/home3/kerry-film-bursary/>

Applicants must shoot on location in Kerry but do not have to be from Kerry to apply. The Kerry Film Office, which is based in Kerry ETB Tralee, will offer location support and guidance as requested, especially in relation to accessing locations and local resources.

There is a two-stage selection process in the open competition. Stage one involves a shortlisting from applications received, while stage two requires an interview in Kerry. The closing date for receipt of applications is set at 5pm on Friday 10th April.

This year, in the spirit of research, we will be counting the number of applications that pass the Bechdel Test. This will not affect the selection process. We will publish the percentage of applications that pass when announcing the winner.

Caring students raise funds at the **Teddybears clinic** at the Gaelscoil

Anxious to do something to support the Australian Bushfire relief efforts, a teacher at Gaelscoil Faithleann decided to approach the Parents Council at the school in the hope of organising a fundraiser.

Muinteor Helena and the members of the Parents Council put on their thinking caps and came up with a novel idea.

"We were happy to support this initiative and thought instead of a cake sale or other event we would try and do something to link it to caring, as that is what the relief was for - caring for the people and animals affected by the bushfires", Mary Carroll from the Parents Council told the Killarney Outlook.

"We decided to run a teddy bear clinic where the children in the younger classes from Rang2 downwards brought in their teddies or dolls and on Friday February 28th they attended a special clinic which was run by children in older classes with the support of teachers and some parent helpers", Mary added.

Parents who are nurses and doctors donated some equipment for the clinic which meant the children had stethoscopes, blood pressure monitors, bandages, plasters etc to run a very detailed checkup of the teddies - there was even a mock up of an x-ray machine! It was



Tadhg Ó hArgáin, Daena Actova, George MacAilín, Angela Mannix and Katie Ní Mhurchú at the Teddy Bear Clinic in aid of Australian Bushfire Relief efforts Fund at Gaelscoil Faithleann Cill Airne on Friday.

lovely to see how the older children were so caring with the teddies and their owners. Bandages and plasters were applied and in some cases some 'emergency sewing' was carried out by the parents and teachers.

A great fun day for the children and a chance to show their caring side as well as raising money for a worthwhile cause. It was so popular that the clinic is now set to be an annual event on the Gaelscoil's planner!

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Price Region: **€365,000**

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

GAISCE PARTICIPANTS SOUGHT IN KERRY

By: Jaden Tynan

The 33rd Annual Defence Forces Challenge is set to take place between the 2nd and 5th of June 2020. The President's Award is inviting young people from Kerry to nominate themselves for the award.

Young Gaisce participants from across the country will be selected to compete in the four days of hiking, kayaking, rock climbing, swimming and army assault courses led by the 2nd Brigade Artillery Regiment of the Defence Forces.

The Defence Forces Challenge teaches young people exactly what can be achieved when you step outside of your comfort zone. In last year's RTE special Forces Ultimate Hellweek, the only female participant, Grace O'Rourke, was the only female and ended up coming out with a Bronze Awardee.

Speaking about the challenge to The Killarney Outlook, Yvonne McKenna CEO of the Gaisce, said, 'The President's Award is delighted to partner with the defence forces, Gaisce participants from all over Ireland will experience a unique insight into military life first-hand. Participants who take part will develop skills, build confidence and create friendships and memories to cherish.'

She continues, 'We encourage all Gaisce Bronze and Silver participants to sign up. You never know where it might lead. Bronze Awardee Grace O'Rourke developed a huge



interest in the Defence Forces after taking part in the challenge and ended up being the only female to complete RTE's Special Forces: Ultimate Hellweek.'

The Challenge is open to Gaisce Bronze and Silver participants and can be used to fulfil the Bronze Award Adventure Journey. To apply, Gaisce participants can fill out the online application form which goes live Tuesday,

March 3rd at Gaisce.ie

This once in a lifetime opportunity will kick off at the Custume Barracks, Athlone before moving to The Curragh, Co. Kildare and conclude after the participants complete their final challenge of conquering the Slieve Bloom Mountains.

5,000 NEW CITIZENS OF THE STATE



Members of the Irish Defence Force in attendance.

Harpist Elaine Hogan, delights guests with music by Irish composer Carolan, as some 5,000 people from 135 countries were being sworn in as Irish citizens in six separate ceremonies which took place at Killarney Convention Centre today and Tuesday.
PHOTOS: VALERIE O'SULLIVAN

Earlier this week, 5,000 people gathered in Killarney to become citizens of the State.

On Monday the 2nd of March, 2,500 people took part in the first of the ceremonies, where they take part in the first of the ceremonies where they take an oath of fidelity to the State and commit to observe it's laws and respect it's democratic values.

The ceremony continued on Tuesday where another 2,500 people will take part. Almost 1,000 of the people taking part are from the UK, over 700 from Poland and almost 500 from Romania.


Due to HSE guidelines and the fears of The Coronavirus, participants were asked not to shake hands and to observe practices of not sneezing close to others in line. A small number of people wore face masks at the ceremony with 60 people unable to attend.

This is the third year that a large citizenship has been held outside of Dublin.

Since 2011, 151 such ceremonies have been held and 132,000 people from 180 countries have become citizens.

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Photos: Valerie O'Sullivan





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SARAH WINS POETRY COMPETITION



Sarah is pictured accepting her replica of the Fr Pat Horgan Perpetual Trophy from Killarney Chamber President Paul Sherry (Competition Sponsors) - also included are TY Teacher Ms Buckley and some of Sarah's classmates.

The winner of the 2019 Hugh O'Flaherty 2nd Level Schools Poetry Competition is St. Brigid's Secondary School student, Sarah McGrath.

In her poem "Like Hugh O'Flaherty" Sarah encourages all of us to talk about Hugh O'Flaherty's humanitarian principles and practices and be more like him in our dealings with others.

From Rathmore, Sarah is a TY Student at St Brigid's Secondary School, Killarney and under the guidance of their teacher Ms Buckley, Sarah and a number of her classmates submitted entries for the 2019 Poetry Competition.

Speaking at the Ceremony, Jerry O'Grady,

Chair of the Hugh O'Flaherty Memorial Society congratulated Sarah and stressed the importance of sustaining a high level of humanitarian awareness across the younger generations - which is the primary purpose of these school competitions. He thanked the Killarney Chamber of Tourism & Commerce for their continued support of the Competitions. While the Society has decided to reduce its programme of events for the foreseeable future, it will continue to organise the Annual Schools Literary Competitions.

He also announced that while for cost and logistics reasons, the Annual Memorial Weekends will cease, following representations,

the Society is giving consideration to continuing with the Hugh O'Flaherty Humanitarian Award - but on a more sustainable minimal cost basis i.e., arranging to present the Award to the selected recipient in their home place or the country in which they operate. This will eliminate pretty well all of the costs associated with hosting a Ceremony in Killarney, including the travel costs incurred by the Recipients, their colleagues and their families.

Like Hugh O' Flaherty

Let's talk about humanitarian principles and practices,

How these should be a part of all communities.

A real humanitarian shows love and respect,

To rich and to poor, to everybody.

They try their utmost to support and serve others,

To promote and bring about sincere altruism.

Violence is immoral, discrimination unnecessary.

It's all wrong, homophobia and racism.

This segregation can be silenced, abolished - no more.

All we need is some courage and kindness.

To be like Hugh O' Flaherty and celebrate diversity,

Just seek your inner humanitarian!

Talented students kickstart Seachtain na Gaeilge



Transition Year students, Saoirse Coffey and Rebecca Doyle

Talented Students in St Brigid's Presentation Secondary school kick started 'Seachtain na Gaeilge' this week by taking part in 'Aistritheoirí Óga' which is an Irish language translation competition. Transition Year students, Saoirse Coffey and Rebecca Doyle,

are taking part and will hopefully display their flair for linguistics on the day. Firstly, the students must translate a document from English to Irish and afterwards they will translate a second document from French (Rebecca) or Spanish (Saoirse) to Irish. The theme associated with the documents to be translated is 'Climate Change' so it will be no easy feat. This competition is run by the European Commission in conjunction with the Department of Culture, Heritage and the Gaeltacht. It is in the 3rd year of the translation competition "Aistritheoirí Óga". The competition is aimed at secondary schools in Ireland and helps to promote the Irish language and provides exposure to job opportunities in the future in the area of Translation.

"We are keen to promote language learning within the school and I must say that we are very fortunate as the girls always show great interest and ability. Saoirse and Rebecca are very diligent students, and this is not only a wonderful opportunity for them, but it is also a great achievement." Ms Sinéad Collins



Mathematical Sciences student Caoimhe Doyle, from Muckross, Killarney, is pictured at a UCC event to mark her receipt of a scholarship from global healthcare company Johnson & Johnson (J&J) as part of its WiSTEM2D Programme. The programme showcases J&J's commitment to developing and implementing high-impact strategies to support female students undertaking STEM2D degree courses at UCC and in universities around the world. Caoimhe is a former student at Intermediate School Killorglin.

PICTURE: CLARE KEOGH

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THE CROWMAN

The brilliant Jon Kenny stars in this intimate one-man show as Dan Loneragan gives account of the hilarious characters in his life and a love story that never was.

Friday 13th March - 8pm

TICKETS
€20



We'll Meet Again

Sing along to a jam-packed afternoon of nostalgic hits and dramatic re-telling of the life of Vera Lynn starring singers Linda Kenny and Damian Smith, actor Alf McCarthy and the Vera Lynn band.

Sunday 15th March - 3pm

TICKETS
€19



JOE DALY MAGICIAN

Direct from his weekday magic show 'abraKIDabra' on RTEjr, Joe Daly brings his children's comedy magic and illusion show back to Siamsa Tire. Joe will bring you on a rollercoaster ride of magic, illusion, comedy and fun.

Saturday 21st March - 3pm

TICKETS
€10

Family (4) €35

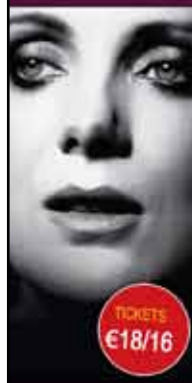


CHRISTINE BOVILL
PIAF

Christine Bovill beckons you back to the Golden Age of French Song, in this moving theatrical homage to one of France's most endearing icons - Edith Piaf. She celebrates some of her best-known songs, threaded with Piaf's story, and Christine's own remarkable musical journey.

TICKETS
€18/16

Saturday 28th March - 8pm



PAT COLDRIK

Virtuoso guitarist and composer Pat Coldrick brings his rich catalogue of classical and popular repertoire to Siamsa Tire for the first time following three sell-out concerts in the National Concert Hall in 2019.

Saturday 11th April - 8pm

TICKETS
€18/15



PURE RESULTS

with Kathryn Thomas

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Kathryn Thomas and her Pure Results team have just launched a full calendar of new retreat dates for 2020. The RTE star's all-inclusive residential retreats are the most sought after health and weight loss holidays in Ireland and are suitable for all fitness levels. We have locations in Parknasilla Resort and Spa in Kerry, Seafeld Hotel and Spa in Wexford, The Avon Venue in Wicklow and Oliva Nova Beach Resort in Spain. Clients get to focus on the three pillars of health - nutrition, fitness and well being, leaving fitter and healthier than they have felt in years. Offering a range of 7 day and 2 day bootcamps, the program consists of high and low intensity training such as boxercise, circuits and yoga as well as goal setting, nutrition and cookery workshops. The Pure Results meal plans are created by the onsite chef with the perfect balance of micro and macro nutrients, never leaving you deprived while you are working out. During the week long course clients avail of 1 on 1 consultations with an onsite nutritionist and there is plenty of time allocated for down time, spa visits and massage!



For more information please contact: the Pure Results team:
E: info@pureresultsbootcamp.com - T: 087 441 7090
www.pureresultsbootcamp.com

Above the clouds the sun is always shining

Have you ever noticed how, when you go on a flight and soar above the clouds that the sun is always shining? No matter how dark or dismal the day may have been beneath the clouds, when you rise above them there is light and blue skies. I love this because it helps me to remember to look at things from a higher perspective. In coaching, it is called looking at situations from the helicopter view. When we feel stuck in a situation it can really help to take a broader and higher perspective so that we can see things more clearly.

2 top life coaching questions to help change your perspective

- When feeling overwhelmed or anxious ask

yourself... "What if everything was okay? This question helps the mind to shift from looking at what's wrong to searching for what's okay.

• Imagine you are in a helicopter looking down at the situation below you. Ask yourself these four powerful questions:

1. What are you reacting to?
2. What would it look like to others?
3. How would this seem to someone who's not emotionally involved?
4. What would be the kindest thing you can do for yourself in this situation?

"Sometimes a change of perspective is all it takes to see the light." – Dan Brown

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Astrid Longhurst

Life & Body Confidence Coach

T: 066 9766374



E: life_coachingunlimited@yahoo.ie



Cindy Walsh takes a look at all things beauty!

if you've been thinking about taking a more natural approach your skincare routine, it's well worth looking into the world of synthetic chemical-free natural beauty products that can be just as effective (and cool) as the regular stuff. There are tonnes of natural alternatives on the market and I know that the more natural products, have in the past, been targeted for not smelling as nice, a bit earthy!! But women these days are getting choosier with what we put on or in to our bodies, rightly so, and the companies listened. There is an array of natural brands out there, the choice is pretty good. The main brands would be Trilogy, Pestle and Mortar, Human and Kind to name but a few. My personal favourite natural beauty products would be the Hyaluronic serum by Pestle and Mortar, this plumps up my skin especially if I haven't been taking very good care of it. Babies have buckets of hyaluronic acid in them which is why their skin is so plump. But as we age, this level begins to fall off, leaving us with dull saggy skin. Trilogy do a beautiful face cream called Rosapene, which is calming on the skin, reduces redness and really nourishes. Couple this up with their natural foaming face wash and you're all set. Trilogy also do a lovely cooling eye cream that has a metal roller ball applicator that will immediately de-puff tired eyes.



Cindy x

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BUT WHAT IS EMOTIONAL EATING?

Continued...

I suppose an easy way to explain is eating to satisfy an emotion rather than a physical hunger. The difference with emotional hunger and physical is that emotional hunger is often suffer, a rapid impulse to eat or over eat, and physical hunger is gradual. The other difference is that emotional eating can not be satisfied with food, often making you feel worse in fact, and physical hunger is satisfied with food so we feel full after. Have you ever wolfed back your dinner only to realize your still hungry and go for the chocolate and crisps after eating.... still feeling unsatisfied but unwell?

What struck me when I did a lot of research and study on this topic is that emotional eating isn't always the obvious. Trigger like.... stress eg, cause I broke up with my boyfriend, or I had a fight with my boss at work, or I'm on a deadline to get a job finished and I'm so stressed out!!!! Emotional eating can be triggered by something as simple as always rushing around. For example the body is in constant fight or flight, no physical signals of hunger strike but you may be hit late on in the day with an overwhelming urge where you feel I have to eat now or I'll faint, then you grab your meal usually quickly and usually not the healthiest and eat it too fast and are still not satisfied!!!! This is also stressful and emotional eating even though you are just eating you lunch or dinner after all... but it's under stress and not calm And enjoyed!

B WELL FITNESS CLUB: 087-7643449
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Paul Reen

- Qualified in 2015 from Queen Margaret University Edinburgh with MSc Physiotherapy
- Experience working in Edinburgh for the past 4 years
- Keen interest in the prevention and rehabilitation of sports injuries as well as the management of long term conditions



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Sunday 15th March

Stroll - Muckross School House
Walk - Muckross / Dinis
Hike - Torc Mountain

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The Muckross Park Hotel 9:30 - 10:30am

Adults €20 - Family registration €30.00

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PRESBYOPIA

Presbyopia is the normal loss of near focusing ability that occurs with age. Most people begin to notice the effects of presbyopia sometime after age 40, when they start having trouble seeing small print clearly.

Presbyopia is caused by an age-related process. This differs from astigmatism, myopia and hyperopia, which are related to the shape of the eyeball and are caused by genetic and environmental factors. Presbyopia generally is believed to stem from a gradual thickening and loss of flexibility of the natural lens inside your eye.

These age-related changes occur within the proteins in the lens, making the lens harder and less elastic over time. With less elasticity, this means the eye has a harder time focusing up close and we may have to hold material further away to see it clearly.

What is the treatment for presbyopia?

Presbyopia is a natural part of ageing and there is no cure for it. The solution is generally to wear glasses for reading.

Contact lenses are also available for presbyopia if you do not want to wear glasses.

Are there exercises I can do to stop needing reading glasses? Will I make my eyes worse by wearing glasses?

No. As presbyopia is caused by the lens stiffening, and not the muscles weakening. Wearing glasses will not make your eyes worse and there are no exercises that can help this. However, you may notice that when you take your glasses off, things appear to be worse without them than before you had them. This is simply because you are noticing how clear and comfortable vision should be. Before you had the glasses, you were unaware how blurry your vision really was because it changed slowly over the years.

Presbyopia will get worse as you age until you reach your late fifties, when you will have no natural focusing ability left. Unfortunately there is nothing you can do to stop it.

For any vision changes it is important to have a sight test to determine the cause.

For more information, honest advice or to make an appointment contact us on 0646636477

FOR AN APPOINTMENT CALL US AT
STACK O'BRIEN OPTICIANS ON: 064 6636477

KILLARNEY TOWN TALK

FREE AEROBIC CLASS AT THE AQUILA CLUB

A Free Aerobic Class is being offered at the Aquila Club on Monday next March 9th at 8pm. The class will be hosted by Ethan McGrath who graduated from IT Tralee and has 4 years' experience in this sector. He provides fully adaptable physical activity programmes and offers a large variety of exercise prescription, rehabs, and therapies for people of all ages and abilities within a gym/aquatic environment in the Aquila Club. We are offering a free Aqua Aerobics Class, Monday 9th in the Aquila Club at the Gleneagle. Aqua Aerobics benefits include: boosting energy, burning fat, improving well-being and getting your heart pumping. We invite adults of all ages and kids from 13 years and up. All abilities and fitness levels welcome. Limited availability. Pre-booking essential. To book contact us on 0646636178 or email aquilaclub@gleneaglehotel.com

EVERYONE INVITED TO REBECCA'S COFFEE MORNING



A UCC student from Killarney is holding a coffee morning tomorrow, Saturday in her family bar, Murphy's College Street. Rebecca Murphy is in her final year in UCC studying food science, and is travelling to India on June 3rd with the Suas Volunteer Programme. Suas seeks to improve the quality of life of poor children who are at risk of child labour through lack of education. As part

of the programme, each volunteer is required to raise €3500. The coffee morning will begin at 10.30 - 12.30 and everyone is welcome.

RAMBLING HOUSE

Rambling House at Heritage Centre Scartaglen 9th March 8.30pm - Raffle and refreshments, All are welcome.

MARCH FOR CHANGE

This March 8th, International Women's Day will be celebrated in a way that will inspire and motivate us in the most human of ways. March for Change is a 5km fundraising walk, in aid of Kerry Rape & Sexual Abuse Centre, and the Kerry Women's Refuge and Support Centre. The walk kicks off on March 8th at 10:30 am in the Demesne, Killarney, starting and ending at the Golden Gates in front of Killarney House. Families and dogs welcome!

ICS COFFEE MORNING

Today, Friday, March 6th, the annual Killarney South Kerry branch of The Irish Cancer Society will hold a coffee morning to raise valuable funds for this vital service.

The event will take place at The Towers Hotel from 10:30am to 12:30pm.

There will be a guest speaker as well as raffles and spot prizes to be won.

The money raised will go towards Night Nurses, their Freephone Helpline, Drive to Care and Cancer Research. Eugene O'Sullivan, one of the organisers of the event told the Outlook, 'Everyone's invited and we're looking forward to a great day as always'. Daffodil Day is also on the horizon, which takes place March 27th.

HOSPICE AGM

Killarney Branch Kerry Hospice AGM at Killarney Heights Hotel on Wednesday, 11th March at 8pm. For enquiries contact Pat Doolan at 085-1543514.

CYCLING CLUB SPORTIVE

On Sunday the 22nd of March, Coachford Cycling Club will be holding a Charity Sportive. This year the Club has decided to donate all funds raised at this event to Down Syndrome, Cork "Field of Dreams". In 2017, Down Syndrome Cork, developed a 3 acre horticultural site in Curraheen, providing opportunities for adults with DS to work in paid jobs and move them towards a life of greater

independence. We hope as many people as possible will join us on the day to support this worthy cause. There are 2 routes, a 33km and for the more adventurous, a 63km challenge.

SPA JACKPOT WINNER

Congrats to Tadhg O'Sullivan, Clash who picked the winning numbers 7, 11, 16, 23 to win €11,600! Colin Moynihan (online) also won a €50 Lucky Dip! Congrats! Next week's draw will be in the Torc Hotel and jackpot will be €5000! Play online on spagaa.com or in usual outlets!

THE ANNUAL STRICKEEN CHARITY EVENT

The annual Strickeen Charity walk will take place tomorrow, Saturday 7th March. The group will climb Strickeen Mountain in the Gap of Dunloe. Registration between 10:30am-11:00am at Kate Kearney's Cottage. Tickets for the dance that night cost €5. Queries to Maureen 087-9224756.

BINGO IN ST MARY'S PARISH HALL

Every Thursday at 9pm

TIM MOORE MEMORIAL QUIZ

Annual Table quiz on Thursday 12th March at 7.30pm in The Gleneagle Hotel. Teams of 4 from all over the region will take part. All funds raised are used for The Irish Pilgrimage Trust to bring Children with special needs to Lourdes at Easter.

IT'S QUIZ TIME

Listry local Killian Broderick is organising a table quiz on Faha Court Bar and Restaurant on Friday 6th March at €40 for a table of 4. Killian is planning to climb Kilimanjaro in August in aid of the Meningitis Research Foundation. You can also donate on <https://justgiving.com/fundraising/killian-broderick>

TIME TO PLANT SNOWDROPS

The snowdrop planting that was cancelled last week because of the weather is going ahead tomorrow, Saturday on Mission Road. Everyone is invited to volunteer between 9-1 and even if people can only spare an hour it would be great.



PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

A NIGHT TO REMEMBER

"MAGICAL" a Night to Remember will be presented by Ben Quinlan in the Franciscan Friary- Proceeds from this concert will be donated to help the Homeless Shelters to families in Kerry. Tickets can be purchased at the Friary Office or with Ben on mobile 089 4201823. Fri the 13th March at 7pm - Tickets Adults €20, Students €15 & Children €10

The singer/songwriter is from Woodlawn and his parents are Frank a well known taxi driver and Mary is the Chaplin in Tralee General Hospital. Ben appeared on X factor in 2014 making it to boot camp.

"I chose the Friary for the launch as I like to perform in a church as I like the atmosphere. The Franciscans have a special connection with nature. I am hoping there will be a good crowd. The concert, the night of the launch is also called 'Magical', 'A night to remember', Ben told the Killarney Outlook.

"There are 14 songs on the album, each song has

a lot of meaning. There are songs about having hope and believing in oneself and changing for the better. There are also Love songs and there are songs about climate change and saving the world."

"There is a good mix of different variations and sounds. The songs vary in style from Irish rock to ballads to modern disco. But the overall theme of the album is about the healing process, nature and awareness."

Ben will be selling the album when he performs locally and is pre-releasing the 14 singles on Spotify's playlist and hopes to generate interest on social media he also plans to sell the album in local stores in Killarney.

Ben is hoping to raise funds to help the homeless from his album launch. "There are ten thousand people homeless in the country and that is wrong. I feel strongly about it and I will do what I can to help."



Kerry Football Captain, David Clifford joins Members of the Irish Kidney Association, Kerry Branch for the launch of their annual stroll, walk or hike on Sunday March 15th. Registration is at Muckross Park Hotel from 9.30am - 10.30am and costs €20 per adult and €30 for a family. Everyone Welcome. Pictured from left are: Noreen Buckley, Stephen Byrne, David Clifford Kerry captain, Theresa Looney Patient Support Officer, Brendan Herbert chairman Kerry Branch ika.



Congratulations to Killarney couple Breda and Pat O'Connor who celebrated their 40th Wedding Anniversary with their family at the Killarney Park Hotel at the weekend. Breda and Pat are pictured with their family, daughter Jessica, grand daughter Chiarda, daughter Aisling and her husband Alan, their children Sam and Baby Tess and the couple's son Billy, his wife Tara and their son Shay. The couple were married on March 1st 1980 in St. Mary's Cathedral and held their reception in The Gleneagle Hotel. The couple own Variety Sounds on College Street and founded Kerry Phone Centre in 1997.

SPA GAA

Written by: Deirdre O'Sullivan-Darcy

SPA GAA CLUB REGISTRATION

Registration is ongoing and will remain open until the March 31st deadline. Registration is available online on spagaa.com or our registrars will be in Spa on Thursday evenings from 7pm-8pm. All players, officers, coaches etc MUST be registered club members to take part in club activities in 2020.

UCC MUNSTER JUNIOR CHAMPIONS

Congratulations to UCC who defeated IT Tralee in the Munster Junior Final last week, especially our Spa players David Carroll, Eoin Fitzgerald, Eoghan Cronin and Michael Shannon

Reminder of our Juvenile Training Times

ABC / U6 / U8 / U10 (BOYS & GIRLS) will return on Saturday March 7th from 10am - 11am

U12 (BOYS) train on Fridays from 7pm - 8pm in the Sports Hall. U14 (BOYS) train on Fridays from 6.30pm - 7.45pm and on Mondays from 7.15pm - 8.30pm. U16 (BOYS) train on Thursday nights from 7pm - 8pm. U12 (GIRLS) train on Wednesdays from 5pm - 6pm

U14 & U16 (GIRLS) train on Wednesdays from 6pm - 7pm and on Saturdays from 10.30am - 11.30am

EAST KERRY SENIOR LEAGUE

EK Senior League Rd3: Spa 0-6 Dr Crokes 1-09. Played in Lewis Rd last Friday night, this was the third and final round of the East Kerry league.

Scór Sinear East Kerry Finals

Best wishes to our Scor Sinear competitors in East Kerry final in Scartaglin on Friday 6th March. Spa will be competing in Set Dancing, Figure Dancing and Recitation.

KERRY GAA

Well done to Niall, Dara, Liam and the Kerry team & management on their game against Mayo at the weekend! Next up Kerry are away to Monaghan on Sunday March 15th.

31 CARD DRIVE FUNDRAISER IN MEMORY OF JOHNNY BATT CRONIN

A group of Spa members are planning a special 31 Card Drive at the Clubhouse on Sunday March 15th in aid of the Oncology Unit at University Hospital Kerry. Andy Regan and a committee of Paddy B Lynch, Jim Gleeson, Dave Herlihy, Mike Casey, Seanie Kelliher, Tim Regan, Paddy O'Keeffe, Con Lynch and Michael Gleeson decided to organise a special fundraiser in memory of Johnny Batt Cronin who passed away last September. The event will take place at the clubhouse starting at 4.30pm on Sunday March 15th and the entry fee to the card game is €10 per person. The game is open to everyone, and people are welcome to come along on the day and join in. As well as the 31 Card Drive, there will also be a raffle on the day and refreshments available. Everyone is welcome to come along and join us on the day, not just card players. For anyone that would like to donate to the fundraiser separately, there is an online donation option available through spagaa.com. All proceeds will go to the Comfort for Chemo charity in aid of the UHK Oncology Unit. For any queries or further information contact Andy Regan (0860797716).

LOTTO RESULTS 24/02/2020

Numbers drawn: 2, 7, 15, 28. No winner and €50 Lucky Dips going to Ryan, Finn & Ava Casey; John O'Sullivan; Eva Moynihan and Mary Foran. Next draw will take place in the Killarney Oaks Hotel and jackpot is now €11,600. Play online on spagaa.com or tickets available in usual outlets: Dalys Supervalu; McSweeney Arms Hotel; Clubhouse Reception; Centra Muckcross Rd; Torc Hotel; Killarney Heights Hotel; Killarney Oaks Hotel; Royal Hotel; Jimmy Briens; Arbutus Hotel; Killarney Hardware

COUNTY CLEAN UP

Spa will be taking part in the Kerry County Clean Up on Saturday March 28th - Volunteers needed and bags, pickers, high-vis vests etc will be supplied. Contact Deirdre 0851216359 for details.

SPORTS HALL & MEETING ROOMS HIRE

Meeting Rooms and Sports Hall available for hire. For enquiries contact Eileen on 0876577312 (after 6pm only) or Ann on 0879403508.

UPCOMING FIXTURES:

Saturday March 7th: Co Minor League Rd3 Spa v Dromid/Waterville (away)

Sunday March 8th: Co League Division 1 Round 1 Spa v John Mitchels (away at 2pm)

Sunday March 8th: Co League Division 6 Round 1 Spa v Dr Crokes C (away at 2pm)

ITEMS FOR NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

LISTRY NEWS

Written by: Anne Sugrue O'Brien

QUIZ IN FAHA COURT

TABLE QUIZ IN AID OF MENINGITIS RESEARCH: Listry local Killian Broderick is organising a table quiz on Faha Court Bar and Restaurant on Friday 6th March at €40 for a table of 4. Killian is planning to climb Kilimanjaro in August in aid of the Meningitis Research Foundation. You can also donate on <https://justgiving.com/fundraising/killian-broderick>. Please come and support a worthy cause.

SACRAMENT OF CONFIRMATION: Best wishes to all the 6th class pupils from Faha National School who will receive the sacrament of confirmation on Friday 14th March.

LOTTO RESULTS 4 17 18 19

€100 - Damien, Michelle Joseph

€50 x 2 - The 3 boys, Faha. Kathleen Hobbins,

Coolroe. €25 x 2 - Seamus O Mahony c/o K.Hobbins. Mary Margaret McCarthy, Lissavane Draw Entrant: Anthony Clifford, Faha Next Sunday 8th March Jackpot €3,200

EAST KERRY SENIOR LEAGUE DIV 1B

ROUND 3: Congratulations to our Listry Seniors who meet Kilcummin in Kilcummin on 1st March. Final score: Listry 2:11 Kilcummin 0:15

CREDIT UNION SENIOR FOOTBALL LEAGUE

ROUND 1 DIV 2 FIXTURE: Listry V Templehoe in Templehoe on Sunday 8th Match at 2pm. Please support.

ANGHAELTACHT COMORTAS AN EARRAIGH

U14 COMPETITION: Congratulations to U14 Keel/Listry overall winners of U14 blitz in Gallarus last Sunday 1st March. Winning all

their matches against An Gaeil, Legion and An Gaeltacht teams. They met their neighbours Milltown/Castlemaine in the final proving to be a much stronger team. Keel/Listry 3.11 Milltown/Castlemaine 1.03. Well done to team and coaches. Also thanks to An Gaeltacht for organising the event so successful.

ITEMS FOR NOTES

Any items for club notes please contact Anne at annebrn@yahoo.com or 086 2154575.

A Listry community Council meeting been held on 12th February 2020 @ 8.30 pm at the community centre. The meeting is open to anyone in Faha / Listry community.

GLENFLESK NEWS

Written by: Seamus Healy

SENIORS

Our seniors travel to Ardfer in the first round of the County League game of the year this Sunday March 8th at 2pm, Best wishes to the team and management.

FREWEN CUP

Huge congratulations to St Brendan's Killarney and the Glenflesk contingent of Killian O'Sullivan, Michael Mullane, Cian Lynch and Stephen Moynihan who won the Frewen Cup (Munster Colleges U16.5 A) Final today.

CLUB LOTTO

No winner of Glenflesk Lotto which took place tonight 24/2 / 20 in Spillanes' Bar. Jackpot €4,600 Numbers :6,8,9,20 Consolation Prizes 1) Danny Moriarty c/o SPX 2) Brendan Brosnan (Sellers' Prize). 3) Alan Murphy, Headfor 4) Pat Herlihy, Co. Meath. Next draw will take place in The Corner Bar on 9/3/20. Jackpot will be €4,800. Thank you to all who support our Lotto and those who help to keep it going.

RAHEEN N.S.

Enrolment forms for year 2020/2021 are now available in the school 064 7754447 or on our website www.raheenns.com. Congratulations to Margaret Leader who had the winning lotto no. 10 on Saturday 29th of February.

KILLARNEY LIBRARY

Killarney Library will host a talk entitled Understanding and supporting independence for children with special needs on Thursday 5th March at 6.30pm. The talk will be delivered by Dr. Claire Griffin. Free admission.

FOSSA NEWS

Written by: Shane Kelly

FOSSA SENIORS:

Fantastic result last Sunday in the Division 2 East Kerry League final.

Fossa 1-11, Glenflesk 2-7.

Trailing 0-3, 2-2 Fossa rallied in the second half to beat Glenflesk by the minimal, the debuts of Ruairi Doyle 1-0 and Emmett O'Shea 0-2 in the second half was the highlight and the return of Paudie Clifford from injury who's marshalling skills and persice foot passing from long range in the second half was there for everyone to see, onwards and upwards as the county begins this Sunday away to Bale.

Fossa scores:

Tadgh O'Shea 0-6

Ruairi Doyle 1-0

Emmett O'Shea 0-2

Paudie Clifford 0-2

Paddy Sheehan 0-1

KERRY:

Congratulations to the Kerry senior players and management especially to captain David Clifford who continues to show great from with 3 more points in their victory over Mayo.

KERRY LADIES MINORS:

Congratulations to Kerry minors especially to Maude Kelly.

LOTTO:

No winner

No's: 2, 21, 22, 26

Draw will take place in the Golden Nugget every Sunday night.

SULT NA NOG:

Sult na nOg will take place on Sunday 8th March at Fossa Community Centre. If you would like to volunteer to help out at this event

please contact Tim or Eileen.

Fossa Rambling House 2020 8.30pm 7th March 2020 at The Inishfallen Hotel, Fossa. Tea, Brack, Ceol agus Cráic. All welcome

Adult Set Dancing classes continue on Tuesday nights at the Fossa Community Hall. 8pm Beginners & 9pm Improvers / Advanced For more information contact Tim 087 241 3116 or Eileen 087 6284053

Email: profossacce@gmail.com Facebook: Fossa Two Mile CCE.

LIBRARY:

Killarney Library will host a talk entitled Understanding and supporting independence for children with special needs on Thursday 5th March at 6.30pm. The talk will be delivered by Dr. Claire Griffin. Free admission.

KIDS TO PERFORM Beauty & The Beast

By: Jaden Tynan

Over the weekend of Saturday, March 7th and Sunday, the 8th, the Rathmore audience that attends The Tale of Beauty and The Beast will be spoiled to a fascinated show put on by 38 children between the ages of 4-12 years old in aid of The Friends of the Children of Chernobyl, Rathmore Branch.

'6 months of rehearsals, props, costumes, music and lots of fun' Joanna Hughes, the producer of the show told the outlook. Sheilann Moynihan, the director added 'This is our 4th children's pantomime we have staged in aid of The Friends of the Children of Chernobyl, Rathmore Branch and we are hoping this year will be equally successful.'

'Dear Belle, nothing but your love could have disenchanted me. A wicked fairy turned me into a Beast, and condemned me to remain one until some fair and good maiden should love me well enough to marry me, in spite of my ugliness and stupidity.'

There are a limited number of tickets still available by contacting:

Mag Mahony - 087 9498344

Deirdre Reddington - 087 8164952



RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

SHARE THE BUCKET

The Gneeveguilla Community Development Council in association with the Gneeveguilla Basketball club had our weekly draw for our share the bucket on Friday evening 28/2/2020.

The jackpot was € 205, and our winner was Joanne O'Mahony. Congrats Joanne.

BEAUTY AND THE BEAST

The children of Rathmore are looking forward to their upcoming production of "Beauty and the Beast" Saturday March 7th at 7.30pm and Sunday March 8th Matinee at 3pm.

At Rathmore Community centre

There are 39 children on the stage who have been rehearsing with 6 months in aid of "The children of Chernobyl" - Rathmore branch. This has been produced and directed by Joanna Hughes and Sheilann Moynihan who say "The excitement and anticipation is through the roof". This is not one to be missed!

RATHMORE 10TH ANNUAL ST PATRICK'S DAY PARADE on Sunday March 15th 2020 at 2pm. Led by Grand Marshall, Diarmuid O'Keeffe & This year's theme show time. All entry received by Friday 13th March 2020

Best overall float Frank Buckley Memorial Cup
Best vintage vehicle Best commercial float Best organisation / group Best window display Best dressed buggy / pram Best Agricultural Float

Best dressed pet All Floats welcome Children face painting Live music by Tri Cheile before parade at Beside community centre & after parade Further information 0876676817. no street Traders please

Ireland first St Patrick's Day parade

RATHMORE GAA CLUB MEMBERSHIP FEES - 2020

Adult Player €80 Student Player €60 1 Child €30 2 Children €60 3 Children €70 Adult €40 Family Membership as follows 1 Adult & 1 child €70 2 Adults & 1 child €100 2 Adults & 2 children €100 2 Adults & 3 children (aged U-16) €100.

Registration Night on Friday 6th March in Rathbeg 7pm - 9.30pm Rathmore

SYMPATHY : To Eileen Herlihy, Inches, on the death of her mother Sheila Quinn, Kiskeam and to her sister Carmel Hickey, Mountcain. Funeral of Sheila Quinn took place on Renniey in Kiskeam.

To Ted, John Joe, Bridie, Siobhan, Padraig, Margaret, Cormac, Donal, Abina Marie & Helen Collins on the death of their mother Abina Collins, Knocknageeha, and to her brother Donal Daly, Tureencahill. Funeral of Abina Collins took place on in Gneeveguilla. To Eileen Reen and her family Edel, Jacqueline and Owen on the death of her husband Eugene (Gene) Reen, Rathbeg East and to his brothers Maurice and Tadhg and

their families. His funeral took place on Thursday in Rathmore. May Eugene (Gene) rest in peace May Sheila & Abina & Gene rest in peace Rathmore GAA Fundraiser LipSync on the 16th March 2020 in the INEC. Tickets are now on sale. Shaping up to be another great night. Ticket €20 from usual outlets.

RATHMORE LADIES FOOTBALL

Rathmore LGFA would like to sincerely congratulate Danielle O'Leary on her worthy selection of Kerry Minor LGFA captain for the upcoming year. Danielle has achieved many successes with Rathmore Ladies, SPSL ladies, Kerry Ladies and Munster PPS. She has won an array of titles at all age groups. Danielle is a talented young football with a very bright future ahead of her.

We wish Danielle & Mary Collins, the Kerry Ladies team mates & management the very best of luck in their upcoming Munster A campaign.

Well done to Danielle O'Leary & Mary Collins on their win against Tipperary in the Munster A Minor Championship

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before 6pm Thursday.

PADDY O'KEEFFE PLAN OPEN DAY

Situated in Gattabawn, Gneeveguilla, Paddy O'Keeffe are issuing an open invitation to an Open Day, today Friday March 6th.

On the day many of the store's major suppliers will be on site with hundreds of special offers across a whole range of products.

Among those exhibiting on the day are Auctus Milk Replacer, Philmac, Draper Tool, Snickers Workwear & Jefferson Professional Tools and Equipment.

There will be a Fencing Supplies & Grassland Herbicides Advisor on hand on the day and



plenty of offers including 10% off TuffStuff Workwear, 10% off DeWALT, 20% off Dulux 10ltr colour wethershield readymixed along with 15% off bicycles. The extensive range of hardware at

the store will be available along with farm goods, power tools, workwear and footwear, insulation and building products, steel piping, concrete troughs, corri and concrete piping. There will be LED lighting for tractors trailers and agri parts specialists in store on the day along with an Insulation advisor with special deals on insulated slabs.

The one stop show stocks DIY, builders providers, agri products, toys and is a supermarket. Light refreshments will be served and everyone is welcome.



Doing it for themselves. With the help of Comedian Bernard Casey, St Francis Special School, in Beaufort organised their own special Ring of Kerry Charity Cycle on the Saint Mary of the Angels campus. The school is one of the main beneficiaries for the Ring of Kerry Charity Cycle 2020. Cyclists included children, Rhys O'Mahony, Emma Murphy, Hugh McCarthy, along with staff, Emma Cremin, Fiona Carroll, Mary O'Riordan. The pupils passed along the iconic stops along the way, Caherciveen food station, Coomakista for a set dance and the all important medical station. St Francis Special School, provides educational services to pupils aged between 4 and 18 years who have been assessed to have a moderate, severe or profound general learning disability. The Ring of Kerry Charity Cycle takes place on Saturday 4th Cycle. It is Ireland's biggest Charity event.

PHOTO: VALERIE O'SULLIVAN

KILCUMMIN NEWS

Written by: John Moriarty

KILCUMMIN LOOKING GOOD

A number of places are available on the course on Organic Gardening and Basic Horticultural Skills currently running in Kilcummin village. If you are interested please contact Paula on 086 3667514.

KILCUMMIN COMHALTAS

Kilcummin Comhaltas extend best wishes to all its members taking part in Music, Singing and Dancing in Sult na nÓg this weekend 7th & 8th of March. ladies welcome.

LOCAL LINK KERRY

Local Link Kerry (LLK) are exploring whether there is a bus service requirement for the Gattabawn, Tournonough, Anablatha, Inchicorrigan, Milleen, Toremoe, Clydine, Knockauncore, Knochtaggle areas through Kilcummin village into Killarney. If you feel there is a requirement, please call LLK on 066 7147002 to register your interest. In the next couple of weeks, if there is a sufficient demand established, LLK will then seek approval from the National Transport Authority to establish a route. Free travel pass accepted and door to door collection.

PERSONAL DEVELOPMENT COURSE

SHEP are offering adults a free Introduction to Personal Development course starting on Wednesday 11th March from 7 to 9.30pm running for 8 weeks. The venue for the course is The Presentation Brothers group room on Port Road. For more information or to book a place call Deirdre on 087 7728089.

STRICKEEN CHARITY EVENT

The Annual Strickeen Charity Event is delighted to announce that this is our 8th year running and raising funds for local charities. We would like to thank everyone for their continued support. Last year we raised €10,000 for The Palliative Care Units in Killarney, Tralee, Cahersiveen and Killorglin St. Joseph's Home and The Oncology Unit Tralee (Comfort for Chemo Kerry). This year our event will take place on Saturday 7th March in which we will climb Strickeen Mountain located in the Gap

of Dunloe. Registration will take place between 10:30am-11:00am at Kate Kearney's Cottage. Everyone is welcome and refreshments will be provided afterwards. We will also hold a dance that night in Kate Kearney's Cottage which will include finger food, raffle prizes and live music by Neily O'Connor. Tickets for the dance cost €5. If you have any queries, please contact Maureen 087-9224756 and Michelle 087-6078869.

VACANCIES

Vacancies presently exist on the C.E Scheme. These positions involve Community Care, maintenance of Village and a Gardener in Killarney. It is for 19.5 hours per week. This is a development opportunity and no experience is necessary as full training is provided. Contact your local Intreo Office to check your eligibility. If interested please forward your CV to the Supervisor at the RD. Office. Full details contact John 086 1579381.

KILCUMMIN GAA**CREDIT UNION COUNTY LEAGUE RD 1**

Kilcummin seniors are away to Kerins O'Rahillys at 2pm this Sunday. Best wishes to Daniel O'Leary, Sean O'Shea and Shane O'Sullivan and the players for the year ahead.

MUNSTER FINAL

Best wishes to Paul O'Shea and the Kerry U-20's in the Munster final this Wednesday evening in Tralee.

MEMBERSHIP

Membership is now due for the coming year. Players € 60 and general membership which allows for the use of email service, walking track and entrance to draw for All-Ireland tickets is just € 40.

DEVELOPMENT UPDATE

Development Fundraiser The sale of bricks for the Wall of Champions is ongoing. Please contact any club officer to book yours. cost € 250 and can be payed in weekly or monthly instalments or as a once off payment.

UPCOMING FIXTURES

Club Championship Kilcummin have been

drawn in a group containing Legion, Dingle and Austin Stacks with the first game v Legion scheduled for March 29th .

Senior Co League Kilcummin open their league campaign with an away game against Kerins O'Rahillys on March 8th.

MASTERGEEHA FC**SENIORS:**

Division 2A: Mastergeeha FC 8 – 2 Kilflynn City. In our last home match of this season's league, our seniors bagged three points which moved them from second to the top spot in division 2A. As the scoreline suggested, this was a one-sided affair. 4 minutes in, Gearoid Kerins played a through ball for James Nagle to finish well. On the quarter hour mark, James scored his second goal. Shortly afterwards, we were slow to clear a Kilflynn attack and Chris Egan slid in to intercept the ball which resulted in an unfortunate OG making it 2 -1. We maintained possession well and made it 3 – 1 when a breaking ball fell nicely for Tommy O'Sullivan to finish. Next goal came from the head of Mike Baker from an in-swinging cross. In a lapse of concentration, we allowed Kilflynn space to run at our defence where they struck well to find the net. Before the break, Dylan Murphy was hungry and sniping for his goal and he got it making it 5 -2. A focused half time team talk saw the boys come out determined to close out the game. Mastergeeha's game management was excellent throughout the second half, where Kilflynn didn't get a shot on target. Our goals came from Conor O'Leary, Gearoid Kerins and Eoin Daly. Credit to Kilflynn, they demonstrated great sportsmanship and never gave up but they came up against a motivated Mastergeeha team.

Overall a good all-round performance from the whole squad and we look forward to our next fixture on the road. Scorers: James Nagle, Tommy O'Sullivan, Mike Baker , Dylan Murph, Conor O'Leary , Gearoid Kerins and Eoin Daly .



The Dr Crokes GAA Club lotto jackpot prize of €9,200 was won by Mary Ferris and Cliona O'Sullivan. The lucky numbers drawn were 4, 10, 23 and 26. The ladies bought their lucky ticket from club officer Vincent Casey at the Dr Crokes Bingo on Sunday night. Front from left are Cliona O'Sullivan, Pa O'Brien (lotto coordinator), and Mary Ferris. Back from left are Vincent Casey (seller), Malachy Walsh and Ed Stack (Treasurers) and Moss Harmon (lotto coordinator). PICTURE: EAMONN KEOGH



JIMMY O'SULLIVAN-DARCY takes a look at all things sport...

National Football League: Kerry 1-14 Mayo 1-13

KERRY MOVE CLOSER TO LEAGUE FINAL

Taking the field a day after originally planned (thanks to Storm Jorge), Kerry were in more devastating early form than the weather in Castlebar. Sean O'Shea hit the net after two minutes and only the crossbar denied David Clifford's penalty. Sean O'Shea added a free. A shell-shocked Mayo opened their account through Darren Coen but Dara Moynihan, David Clifford, Tony Brosnan, and O'Shea again made it 1-6 to 0-2. Gavin White has been inspirational since his return to his wing back berth – hopefully we have seen the last of the idea of playing a defender at wing forward) and was at his best here. David Clifford and Micheál Burns fired over – Mayo were at sixes and sevens, unable to deal with Kerry's movement or pace. Kevin McLoughlin did pull two points back but at 1-8 to 0-4, Kerry looked home and....well, not exactly dry as sleet started to sting, but certain not likely to cough up victory from this position. Mayo had other ideas. In fairness, they epitomise defiance and showed it again, turning the game around completely in the second half. Key to that were some clever half-time switches by James Horan and setting big Aidan O'Shea loose between midfield and the forty – Mayo's talisman imposed himself with as much skill and guile as brute strength and really took the game to Kerry. Two frees by GAA all-time top scorer Diarmuid O'Connor cut the margin back to five points. Ryan O'Donoghue picked off another before Sean O'Shea pointed for Kerry and David Clifford added another. Kerry were labouring badly now, though, with Mayo controlling primary possession. Disaster struck as Shane Ryan was caught in possession and Eoghan McLaughlin didn't pause to count



the gift horses' teeth before rattling the net. A mistake by Ryan, but in fairness to the Rathmore custodian, he actually had a very good game overall, especially with his kick-outs. He went short more often than long, which was the right thing to do when we were struggling for primary possession out the field. Nonetheless, at 1-10 to 1-8, Mayo had all the momentum, plus a big and enthusiastic crowd behind them, and we looked in trouble. Diarmuid O'Connor and Eoin O'Donoghue traded scores, as did Aidan O'Shea and very impressive substitute Stephen O'Brien. Tommy Conroy cut the gap down to one and it looked like Mayo would be getting at least a share of the spoils. Paul Geaney, who like O'Brien had been named to start but didn't (Mayo made three changes themselves) made it 1-13 to 1-11. Sean O'Shea opened another chink of daylight with a free. Mayo weren't done, Paul Towey (f) and Eoghan McLaughlin cutting it back down to just one point again, but that one point was enough to see Kerry over the finish line after Lee Keegan missed a gilt-edged chance to level. In horse-racing parlance, one could say that we

won on the nod; it was that close in the end.

We got the result and we got a bit of a fright along the way. At this time of year, with stamina work going on, and in tough weather, that's exactly the kind of game that will help Kerry in the long-term. For that matter, I think Mayo will be happy with their second half, especially bedding in some talented young guns to take up the mantle worn so wonderfully by the now retired Andy Moran, the kind of player we always admired but regularly feared as well.

Kerry: Shane Ryan, Graham O'Sullivan, Tadhg Morley, Tom O'Sullivan, Paul Murphy, Shane Enright, Gavin White (0-1), Diarmuid O'Connor, Jack Barry (0-1), Micheál Burns (0-1), Sean O'Shea (1-4, 3f), Tommy Walsh, Dara Moynihan (0-1), David Clifford (0-3), Tony Brosnan (0-1). Subs: Stephen O'Brien 0-1 (for Micheál Burns, 50 mins), Paul Geaney 0-1 (for Tommy Walsh, 53 mins), Gavin Crowley (for Graham O'Sullivan, 63 mins), Killian Spillane (for Dara Moynihan, 65 mins), Liam Kearney (for Tony Brosnan, 72 mins). Referee: Martin McNally (Monaghan)

HURLERS HOPES SUFFER MUMPS BLOW

National Hurling League:

Antrim 2-20 Kerry 2-14

Coronavirus might be hogging all the headlines, but it was a different infectious disease that really did the damage as Kerry slumped to their first league defeat. The Kerry hurlers were missing three top players because of mumps as they slumped to defeat in Tralee to a hungrier and sharper Antrim outfit. The first quarter was tightly contested, with Mikey Bole and Michael O'Leary working hard to keep Kerry in it, but Antrim took over to lead by 0-12 to 0-6 before Jordan Conway pounced on a loose ball to give Kerry some hope at the break. It was quickly snuffed out, however. Antrim, buoyed by enthusiastic travelling support, goaled early in the second half and were always on top

thereafter, Mikey Boyle's goal (he also scored the point of the day in the second half) merely a late consolation.

HARTY CUP CONNECTION

In the Harty Cup, James Doherty was the first sub on the field as St. Flannans of Ennis ended a 15 year wait for a coveted Dr. Harty Cup. James is a son of former Spa footballer and 1988 Kerry minor Frank Doherty.

LADIES O'CONNOR CUP HOSTED BY KERRY

HEC Ladies Football Chairperson Donal Barry has called on people to come off line for a day and instead to come and stand on the lines to support the top ladies gaelic footballers

in Ireland as 18 teams travel to Kerry at the weekend to participate in the Gourmet Food Parlour O'Connor Championship weekend.

"We are looking for gaelic football fans to come out and support the teams who will travel to Kerry at the weekend. This is one of the biggest events in the ladies football calendar outside the All Ireland finals with 540 players from 18 teams contesting 6 championships in the Centre of Excellence in Currans and the John Mitchel's Complex with the O'Connor Cup final at Austin Stack Park Tralee on Saturday, March 14th".

"With 2020 being a very important year in women's sports we hope to tie in with one of the campaign's targets to increase 20% more attendance at women's games and events by the end of 2020 and we are calling on sports supporters in the Kingdom to help us make this an occasion". The event, which was last held in Kerry in 2016, has doubled from three

SPORTS STAR OF THE WEEK

SIOFRA O'SHEA

Tom McCarthys/Coláiste na Sceilge/Kerry minors

Even by her own phenomenally high standards, this has been some week for the South Kerry girl. The international basketball captain and 2018 Munster Young Player of the Year started off by scoring two great goals as Coláiste na Sceilge won the Munster Ladies B Final, defeating a good Coláiste Choilm, Ballincollig side by 6-7 to 0-9. On the Saturday night she excelled for Team Tom McCarthys as they won the Southern Conference. She wasn't finished yet, as she and her basketball team-mates Paris McCarthy and Gemma Kearney donned the green and gold for the Kerry minors on the Sunday, and Siofra again rattled the net twice, scoring a whopping 2-6 in total, in Kerry's impressive 7-10 to 1-4 victory over Tipperary to set up a meeting with Cork.



championships to six such is the growth in participation in ladies football in colleges throughout Ireland. "Four years ago we had 1,300 registered players in 24 colleges; we now have over 2,000 for the first time ever with 39 colleges taking part". The event will be supported by Kerry College who offer clear routes to employment, further study, third level and apprenticeships is set to bring upwards on €100,000 to the local Kerry community.

PERSONAL AND NATIONAL BEST FOR KENNY



David Kenny of Farranfore/ Maine Valley a/c has been one of the country's foremost race-walkers in the last couple of years and 2020 looks like an annus mirabilis for the star athlete. Last weekend he took gold in the Irish Life Health National Indoor Athletics Championships in Abbottstown. There

were just three athletes lined up in the race – with three athletes of the quality of David, Alex Wright (Leevale), and Brendan Boyce (Finn Valley), no more are needed. Donegal native Boyce has competed at both World Championships and Olympics, while Wright will be representing Ireland in the Tokyo Olympics. David would be the youngest of the trio, all of whom would know each well, and he was primed and ready. Alex Wright took an early lead but David and Brendan Boyce were content to reel him in. Wright put on a spurt but pushed too hard and picked up a red card, leaving the two Robert Heffernan proteges to fight it out. It was a great duel, with Boyce making it a thrilling contest, but David was at his best (quite literally,

his 19.45.97 is a new personal best) to see off the challenge and take gold.

SEM TEACHER CAPTAINS IRELAND

David isn't the only Killarney-based athlete making headlines this week. Popular St. Brendans teacher Declan O'Donoghue is no stranger to the world stage, having competed in the European Champions and the World Triathlon Championships. The Headford native will now have the deserved honour of leading out his country this weekend in Punta Umbria, Spain in the World Duathlon Championships. The Duathlon consists of a 10km run, followed by a 40km cycle, completed with another 5km run. Declan will captain a 12 strong team in the 40-44 age category and will be hoping to lead the team to glory.

Declan O'Donoghue of Killarney Triathlon Club skippers the team that will compete in the running and cycling categories in the 40-44 age group.

A teacher in St Brendan's College, Killarney, Declan is honoured to have been chosen to lead his country into the games and he is hoping the 12-strong team, himself included, will give a good account of themselves out on the course. Declan has previously competed in the World Triathlon Championships in Rotterdam, Lisbon, Geneva and Chicago.

BASKETBALL

St. Pauls Lakers Opt To Stay in Division One

Following discussions within the club on foot of a public meeting, St. Pauls Lakers have decided to forego contesting for a place in the Superleague. St. Pauls finish very respectable runners-up to an outstanding Ballincollig team (they won 20 from 20, with Andre Nation simply amazing on court) and have the right to a play-off against the team second from bottom in the Superleague for promotion. However, St. Pauls have decided against it, preferring to consolidate and build on their strong foundations and develop local players onto the panel. This makes sense to me; basketball has seen a fantastic revival in Kerry

in recent times, but it's not that long ago that there was no national team in Killarney, Tralee, or Killorglin. Now all three are thriving, with Tralee Warriors looking like strong favourites for the Superleague title.

However, the Superleague comes with big travelling costs and is very draining on a panel. St. Pauls have a number of good prospects who will benefit, I feel, from playing in Division One, whereas the Superleague would be a bit daunting just yet. Festina lente, as the Romans used to say long before they inter-acted with China – 'hasten slowly'.

Congratulations to Team Tom McCarthys of Castleisland who won the Southern Conference Ladies title with a hard-fought 69-67 win over Ulster University, a clever late steal by Deirdre Geaney proving crucial. One of the top performers was Spa footballer and Kerry selector Cassandra Buckley. Kerry midfielder Lorraine Scanlon top scored with 25. Team Tom McCarthys will now meet Ulster university again next weekend in another nail-biter to decide the League semi-final.

GAA CONGRESS

Transfers proved crucial as New York's Larry McCarthy saw off the strong challenge of Jarlath Burns to become the next President of the GAA. The Croke Park match in the 'Super 8' quarter-finals will now be played at a neutral venue, although Croke Park will still be preferred option for some match-ups (it has the largest capacity). Interestingly, Dublin were strongly in favour of this motion.

The introduction of the black card in hurling was very strongly rejected in a vote.

The change of hurling competitions to 6 teams was passed and could have a big impact on Kerry, with discussions ongoing about allowing the Joe McDonagh winners into the Leinster Championship (as things currently stand, Kerry would have to win a play-off with the lowest Munster Championship team to take their place if they won the McDonagh Cup). Kerry are not strong enough to compete in Munster, but would be a match for several Leinster teams.

A motion to prevent maor uisce entering the pitch (a source of tension in championship games of late) was very narrowly rejected.

The second tier championship in football will be called the Tailteann Cup.

A National Club Fixtures Oversight Committee will be established

A goalkeeper cannot receive a back pass straight after a kick-out

ST. BRENDANS COLLEGE ALL IRELAND SEMI-FINAL FIXTURE

Following on from their victory over Tralee CBS in Munster's Frewen Cup, St. Brendans U16.5 team will now face Claregalway in the Paul McGirr All Ireland semi-final in Mick Neville Park, Rathkeale, this Saturday at 12 noon.



KEEL GAA CLUB

HEALTHY CLUBS INITIATIVE

Irish Life GAA Healthy Club Step Challenge is beginning on the 16th of March and it is important we get more involved in the initiative. Keel GAA has been chosen to be a healthy club this year so this is an amazing opportunity for us. We would love all members over 18 to get involved in this challenge. It is also an opportunity for us to win a €2,500 O'Neills voucher. The challenge begins on March 16th and ends on 12th April 2020. For us to be part of the challenge all members must taking part must 1. Download the MyLife app from the App store or Google Play store 2. Tap on the social tab on the MyLife app 3. Select challenges 4. Select the challenge for your province 5. Tap on join & select your club. Please see our Facebook page for more information.

SENIOR – Keel will host Laune Rangers in round 1 of the County League on Sunday in Keel at 2pm. All support is welcome for this home fixture against near rivals. Best of luck to the team and their management.

MINOR – Keel/Listry will travel to Castlegregory on Saturday to take on the home side. Best of luck to the boys and their management

U14 – Keel/Listry took part in a tournament held in An Gaeltacht Sunday morning. Blessed with the weather they opened their account with wins against Na Gaeil, Legion, Milltown Castlemaine and An Ghaeltacht. In the final they took on near neighbours Milltown/Castlemaine and ran out winners 3-11 to 1-03#. A big thank you to An Gaeltacht for the invite and hospitality. A great start to the year for the lads and their coaches. Well done to all.

U12 – We had a great turnout for training on Monday night last with everyone giving their all to get their fitness levels up and skills tuned in for the year ahead. County league starts at the end of March, so we have 4 sessions to prepare. Training continues Monday evening 7-8pm in Milltown AstroTurf. €3 and gumshields please.

U10 – Training took place again last Monday at Milltown AstroTurf Pitch. Another great turn out from everyone. Training takes place again Monday at Milltown AstroTurf Pitch from 6pm to 7pm. €3 per child, suitable footwear and gum shield essential.

U8 – Training continues Tuesday night from 6:30-7:30 in Keel Community Centre. €2.50 per child. Please ensure that children wear runners and have their gumshield.

U6 – Great to see 21 eager children enjoying our fun filled session. Players of the week last week were Adam Ahern and Olivia Murphy. Training continues Thursday in Keel Community Centre from 6:30 to 7:30 for those born in 2014 & 2015. Cost €2.50. Bring mouthguards (the sooner the children get used to wearing them the better).

KERRY LADIES

Well done to Clodagh Evans who was part of the panel for the Kerry minors encounter against Tipperary on Sunday. They won on the score line of 7-10 to 1-04.

ANNUAL LOTTO

If anyone would like to purchase a yearly lotto ticket please contact pro.keel.kerry@gaa.ie or our Facebook page. It has been a very popular and successful option those at home and abroad



U14 Keel/Listry winners of An Ghaeltacht Comortas an Earraigh blitz.

recently which allows all to be part of the Keel GAA lotto.

LOTTO: There was no winner of the jackpot €4200 on Monday 24th February. The numbers drawn were 8,17,24,28. €50 winner, Paul McKenna Cahir, €25 winners, James O Connor & Karen Flynn Ballygamboon, Marcella Clifford Lassabee, Tony Griffin Ballyfinnane, Maryanne Pigott Keel.

BALLYHAR-FIRIES GAA

2020 MEMBERSHIP

2020 membership can now be renewed online. Follow the links on our social media accounts or search for Furies GAA via the "Find My Club" Button on www.clubforce.com or download the clubforce app. Alternatively, you can make contact with Club Secretary Kevin Cronin, Peter Costello, Paudie O'Sullivan Hurling or Fiona Walsh or any club officer/ Mentor or Member and they will be able to give you further details. All players must be registered before playing or training.

COISTE NA NOG

The Furies GAA Coiste Na Nog would like to thank everyone who partook their annual table quiz on Friday last in Sheehans Bar Furies. All support on the night was greatly appreciated and all money raised on the night will go back into the running of the Coiste Na Nog club, Football & Hurling both Boys and Girls for the year ahead. A special word of thanks to quiz master on the night, Tom Farrelly and his assistants Sinead Fareilly and Hazel Norris. A big thanks also to everyone who donated spot prizes on the night.

LOTTO

No's Drawn 1, 23, 25 & 28

No Winner

€30 Winners were

Brendan Spring Furies

Bat Brosnan Currow

Olivia Butler Furies

Owen McCarthy Farranfore

Mary Johnson Gap of Dunloe

The draw for next weeks Jackpot of €2,600 will take place in Airport Bar Farranfore on Friday 6th March. Get your lotto tickets from all the usual sellers, Club Officers, Senior Players or from the

stand in Moriarty's Centra, Farranfore.

Thank you all for your continued support.

EAST KERRY SENIOR LEAGUE DIV 2 - RD 3:

In a bad day for quality football, Furies and Currow played out an entertaining game. Currow were in control of affairs in the first half and lead 1.09 to 0.03 at half time. But a young spirited Furies team made a good comeback in the second half. But it was Currow who prevailed on a score line of 1.14 to 1.09 to maintain their division 2 status for next year. Next week Furies open their County League campaign with a home game against Scartaglen at 2pm. Would be great to see everyone there and supporting the lads.

LADIES FOOTBALL:

U14/U16/Minor Girls - indoor fitness training continues Tuesday's 8-9pm in the GAA Hall Farranfore - bring €2, water & a mat Well done to club members Chloe O'Connor & Katie Brosnan who were part of the Kerry Minor team that beat Tipperary on Sunday

HURLING

Hurling Training continues in Farranfore on Thursdays at 7 pm.

RESULTS

East Kerry Senior League Div 2 - Rd 3 Currow 1-14 Furies 1-09

FIXTURES

Minor County League Div 2 – Saturday 7th 16.00 Away Vs An Ghaeltacht

Senior County League Div 4 – Sunday 8th 14.00 Home Vs Scartaglen

EAST KERRY GAA NEWS

by Michael O'Mahony

DR. CROKES 3-10 GNEEVAGULIA 2-11

East Kerry Senior League Division 1A RD3.

A blistering final 10 minutes saw Dr Crokes overcome a 8 point deficit to win maximum league points. Gneevagulia started the better and built up an interval lead 1-07 to 0-04.

On the resumption Dr. Crokes started to win more possession but a serious deficiency in front of goals saw them waste numerous opportunities. With 27 minutes played in 2nd half Crokes levelled matters inched their noses in front in concluding time played.

**Scartaglen -10 Kilgarvan 1-06**

Kilgarvan and Scartaglen lined out in John Mitchels for their Div 3 East Kerry League match on Sunday. Scartaglen opened the scoring with a point from a free and one from play. Gearoid Fennessey kicked a fine point before Patrick O'Shea leveled the score with a point from a free. Scartaglen's no14 scored the next two points from free and one from play to make the score Scartaglen 0-05 to 0-02 at half time.

Another point from a free for Scartaglen on the opening of the second half before Kilgarvans Glynn Egan scored a point and after great passing movement young Ronan Foley scored a goal to put the sides level. A further point from Glyn Egan and free from Patrick O'Shea put Kilgarvan up 2 points. Scartaglen scored the next 3 points 1 from play and 2 from frees. Gearoid Fennessey kicked a super point to level the game again with a few minutes remaining. Scartaglen scored a point from a free to go 1 up. Kilgarvan were looking for the equalizer but the clock ran out. Final Score Kilgarvan 1-06 Scartaglen 0-10

EAST KERRY SENIOR LEAGUE DIVISION 1B

Listry 2 -12. Kilcummin 15 pt

MUNSTER U16.5 FINAL

St Brendans College played Tralee CBS in Austin Stack Park last Wednesday. The playing surface was in excellent shape. Both sides played superb football before a large attendance. Playing with the advantage of the elements the St Brendans College boys started well to open up a solid half time lead. Tralee CBS stormed back into contention with a determined display forcing the Sem lads to dig deep to weather the storm. Working hard all over the field the impact players used by St Brendans College finished the job off to the delight of the panel of players representing the school on the day. Kevin Cronin (Manager) and Vince Cooper (coach) deserve great praise for the huge time spent developing all players. Claregalway will be tough to beat in the All Ireland semi final next Saturday. The Galway side were dominant in the Connacht final scoring freely in attack. Best of luck to the team and management. Support would be greatly appreciated on the day.

EAST KERRY SENIOR LEAGUE**CURROW 1-14 FIRIES 1-9**

In a bad day for quality football, Firies and Currow played out an entertaining game. Currow were in control of affairs in the first half and lead 1.09 to 0.03 at half time. But a young spirited firies team made a good comeback in the second half. But it was Currow who prevailed on a scoreline of 1.14 to 1.09 to maintain their division 2 status for next year.

DR. CROKES GAA CLUB

CONGRATULATIONS to Kerry and our own Gavin White, Miceal Burns Tony Brosnan who were on the Kerry team that defeated Mayo on Sunday last, Michael Potts and David Shaw were also part of the match day squad, also to Julie Delaney & Treasa O'Sullivan who were on the Kerry Minor squad.

WELL DONE to St. Brendan on winning the Frewn Cup and our representatives Cian McMahon (capt) Harry Byrne Charlie Keating Liam Randles Conal Gallagher Cormac Rowe Shane McAllister. Best wished in forthcoming All Ireland s/final.

ADULT FOOTBALL despite the atrocious weather we are experiencing we had two home game in the past week in EKSL both successful outing against Spa & Gneevegulia, Well done to the ground staff for having pitch in top class conditions.

Co. Leagues commences on Sunday next when our three teams will be in action. A squad away to Dingle with a 3pm start, B team away to St. Marys with a 2pm start and C team will open their campaign with a home tie v Spa with a 2pm throw in. Best wishes to everyone.

Our minor game v Austin Stacks was postponed due to weather.

SATURDAY MORNING ACADEMY resumes on this coming Saturday March 7th and we have a fun -filled morning planned. as well as learning new skills and making new friends our future stars can meet their favourite Disney super hero characters, enjoy face painting colouring and other fun activities. Looking forward to seeing all of our members from 4-10years. Moms & Dads can enjoy a cuppa and view our facilities while the children are having fun. all children in Killarney Parish are welcome.

MEMBERSHIP is now due and must be paid before March 1st. to Registrar Frances O'Sullivan. Our registrar will be in attendance and will collect registration membership can also be renewed on line visit drcrokes.com/news.

SCÓR Scoláireachtaí Daoine Fasta | Adult Scholarships 2020

Irish Scholarship Scheme for Adults 2020, funded by Foras na Gaeilge, is now open and accepting applications. This is a great opportunity to apply for a scholarship valued at €250 to cover costs of a Gaeltacht course this summer. The deadline to apply is Thursday 23rd of April 2020.

Scór Sinsear East Kerry Final, Friday 6th March 2020 is on in Scartaglin Heritage Centre at 7pm sharp. All Welcome.

Best of Luck to Dr Crokes members representing us in the Recitation, our Dr Crokes Solo Singer, Ballad Group and Set Dancers.

PROGRESSIVE 31 every Wednesday night in Dr. Crokes clubhouse and begins at 8pm sharp all you need is to bring a €5

BINGO every Sunday in St. Marys Parish Hall . Doors open @7.30pm and commences @ 8.30pm.

LOTTO the jackpot of €9,200 was shared on Sunday last numbers drawn 4,10,23, 26. winners were Mary Ferris & Cliona O'Sullivan 34 O'Kellys Villas, congratulations Jackpot on Sunday next will be €5,0000.

CONGRATULATION to Bridget & Richard Whelan on their new arrival.

MILLTOWN CASTLEMAINE GAA**TABLE FORTHADY**

The Milltown/Castlemaine GAA Club is running a Table Quiz on Friday 13th March in Griffins Bar, Castlemaine. All monies raised on the night will go towards cancer treatment for our senior player Thady O'Sullivan. It is a worthy cause and we hope the proceeds will greatly help Thady on his journey to full recovery.

Tables of 4 are €40 (€10 per person) and there will also be a raffle on the night.

While teams are most welcome on the night,

the club would appreciate if people who wish to participate would contact the club beforehand if they wish to enter a team. This is to facilitate the smooth running of the Quiz and to maximise team entry. You can contact the following via call or text to book your table --

Paud Hogan -- 087/2704436

Linus Burke --- 086/1544905

Brendan Dennehy -- 087/6969841

Mike Carroll -- 087/2256548

TAKING THE MIC

The Fitness by Mags team has been revealed as team number 8 in our Taking the Mic fundraiser.

With Mags' zest for life and underlying fitness-their performance will no doubt be full of action and energy.

The introduction of Team 9 and Team 10 saw an influx of testosterone as 2 all male quartets make up the composition of these two teams.

Team 9-'The 4 euros', is made up of Jerry Casey, Linus Burke, Pdraig Hogan and Henry Scanlon. So the combination of a Limerick, Cork and Kerry ensemble should bring some very interesting moves on the night.

'The Senior Team' participants are Jonathon O'Sullivan, Pa Wrenn, John Dennehy and Jerome Flynn. Sharp and athletic on the playing pitch. We will have to wait and see if they can transfer this to Ballygarry House on Easter Sunday Night. I'm more excited about Taking the Mic than about the Easter Bunny!! Can't wait!

Well done to all our teams and good luck with the rehearsals which start this week. Tickets for the big night will go on sale next week. Keep an eye on our website and FB page for details.

SCÓR NA BPÁISTÍ

Comhghairdeas to all of our fantastic club members that participated in the Scór Na bPáistí - Tráth Na gCeist selection quiz on Monday evening last at the clubhouse.

Conor Giles, Conor Edwards, Sean O' Sullivan and Ross Lally were our top 4 on the night with impressive scores. Abbie O'Reilly, Kate Barry and Georgina Casey were unlucky to narrowly miss out on a team place. We are privileged to have them as our subs. It was fantastic to see so many children from Castlemaine, Milltown and Ballyfinnane schools competing. Mile buíochas to our quiz master on the night Deirdre, our clubs cultural officer Sinead Clendennen and to Danny McClure for organising the entire event. Thank you also to Jessica in the office for preparing the answer sheets and to the many parents who helped out on the night.

All participants were presented with medals and goody bags- to finish off a very enjoyable evening.

KERRY MINOR LADIES

Comhghairdeas do Ella Teahan from our club who scored 1 of Kerry's 7 goals in their comprehensive victory over Tipperary on Sunday last. Well done to Niamh Broderick and Clodagh Evans who are also part of the panel. Wishing you all a great season of club and county football.

FIRST CONFESSION/ SACRAMENT OF CONFIRMATION

Best wishes to all our young club members who will be making their First Confession/Confirmation in the coming weeks.

FUNDRAISING LOTTO JACKPOT-€12,400

Our next draw will be on this Friday March 6th in Griffin's Bar- with a jackpot of €12,400. Don't



forget to purchase your lucky ticket. Thank you to everyone for your continuous support and generosity.

ST. PATRICK'S DAY PARADE

We are looking forward to seeing as many of our club members walk with the club in the St. Patrick's Day Parade. If you would like to be involved with our club in the parade, we would be delighted to have you join us. Contact any member of the executive for further information. 'Ní neart go cur le chéile.'

FIXTURES

Our minors are away to Annascaul/Lispole/ Dingle on Saturday March 7th for Round 3.

SENIOR B

For round 2, our senior B is away to Rathmore B on March 15th and home to John Mitchel's B on May 17th.

SENIOR A: Our seniors begin their Senior Co. League competition with a home game v Currow on March 8th.

Please keep a close eye on our FB Page and Website for updates/changes due to weather. We would also appreciate if you could inform those who do not have access to the internet or social media of any changes.

UNDER 14'S

Well done to our under 14's who reached the final of the under 14 Blitz in Gallarus on Sunday last. They were unfortunately defeated by Listry Keel who won out the competition. Congratulations to Keel Listry and special thanks to Ian, Turlough,

Sean, John and Lawrence for all the work they are doing with this group of footballers.

THANK YOU

Sincere thanks to all those who assist me in my role as PRO of the club, particularly Danny McClure and Dara O'Connor. Like all roles in the club, it is a very busy one. If you would like to help out in the club in any way, we would be most grateful. 'It is in giving that you receive.'

ITEMS FOR NOTES:

If you would like anything included in our notes, please contact me, Deirdre, on 086/1703332 or email any information to navillusodeirdre@yahoo.ie (before 6 p.m. on Sundays) and I will do my best to facilitate you.

BEAUFORT GAA NOTES

LOTTO

Lotto results of Sunday, 1st March for jackpot of €4,800.

Numbers: 1,14,15,27. No jackpot winner.

Consolation Prizes

€80 The Grandchildren c/o Jack

€50 Helen and Tadhg Clifford, Dunloe, Neilie O'Connell, Cappaganeen, Jerry Falvey, Cappaganeen

Next draw for a jackpot of €5,000 will be in Kate Kearney's Cottage on Sunday, 15th March.

MEMBERSHIP

Beaufort GAA Club membership is now due. Family, Gym, player membership is €60. Gym fob is €10.

Please contact Patie at 087 2515311 for more details.

SCOR

Scor na bPaistí and Senior Scor are coming up shortly. All details from Mary Jo at 086 377970

SENIOR MEN

Beaufort travelled to Glenbeigh on Sunday 1st March to take on Glenbeigh/Glencar in the Mid Kerry league. Beaufort started very well, dominating play in the first half, creating some great scores from Ciarán Kennedy, Liam Carey, Daragh Coffey, Danny Healy and James O'Reilly, with frees also from Fergal Hallissey. Beaufort led at half time on a scoreline of 0-10 to 0-8. The second half was a different affair, with Glenbeigh taking control of the game. A goal for Glenbeigh finally put them out in front and they dominated the last 10 minutes of the game, winning out on a scoreline of 1-16 to 0-13

Beaufort team: Sean Coffey, Liam Curran, Ger Hartnett, Ciaran O'Sullivan, James O'Reilly, Sean Kelliher, Nathan Breen, Fergal Hallissey, Mike Breen, Danny Healy, Ciarán Kennedy, Padraig O'Sullivan, Niall O'Connor, Liam Carey, Daragh Coffey

Subs: Jeremiah O'Sullivan, Niall Carey

SYMPATHY

Sympathy is extended to the family of Denis Doyle of Cooleenig, Beaufort who passed away on January 28th. May he rest in peace.

REPORT BY LEONA TWISS, PRO



KERRY GAA SCENE

KERRY LEAVE MAYO WITH TWO POINTS

Last weekend, Storm Jorge played havoc with the fixture schedule. Our original fixture for Saturday was postponed until 1pm on Sunday. This was far from ideal for supporters and the team alike but it was the correct decision considering the red warnings that had been issued. On Sunday 8000 supporters gathered in McHale Park Castlebar and quite a proportion were Kerry fans. Our thanks to everyone that made the journey in rather challenging conditions.

In the first half, Kerry played beautiful football and could have been much further ahead at half time but still looked the dominant team. The second half was a different story as Mayo played with far more intensity. Kerry held on to win by 1 point. These valuable two League points put Kerry into second place on the Division 1 table. Galway are the current table toppers.

Our next game is away to Monaghan and in the final round we are home to Donegal. Tickets are on sale for both games. The game against Donegal is all ticket so purchase your

ticket early to avoid disappointment. As it is an all ticket game, juveniles will need a ticket also, these can be purchased for 5 Euro. Adult pre purchase price is 15 Euro. Tickets can be purchased from Centra, SuperValu and the Kerry GAA Store, Killarney.

THE KERRY U20S

The Kerry U20s (under new Manager John Sugrue) began their campaign with a win over Limerick last Wednesday night in the Munster Semi Final played in a very cold Rathkeale. They are now into the Munster U20 final against Cork which is fixed for Wednesday night at 7.30pm in Austin Stack Park. The team was announced on Tuesday evening. We are hoping for a large home support to get behind John Sugrue, Kieran O'Leary, Brendan Guiney and the U20 panel on Wednesday night. Tickets are now on sale from the usual outlets.

CONGRATULATIONS TO LARRY MCCARTHY

Congress concluded on Saturday after two days of action in Croke Park. The big news on Friday night was the Presidential Election

which was won by New York GAA candidate Larry McCarthy. He was elected on the fourth count after a very close battle with Jarlath Burns. Larry was born in Cork, taught for a few years in Malahide Community School before going to New York. Larry now lectures in Seton Hall University near Manhattan. Larry will move back to Dublin to serve his time as President of the GAA.

Delegates also voted on 63 motions and all the results of the votes can be seen on the GAA website. President Horan announced on Saturday that the tier 2 Championship Cup has been named the Tailteann Cup.

GAELTACHT SCHOLARSHIPS

Applications for scholarship grants must come through the local District Boards. Applicants must be "active" club members and grants are limited to one per club. Also, as this grant scheme is funded by the GAA, it therefore can only benefit GAA members. Further information from Christy Killeen, Cultural Officer.

IF YOU HAVE A SPORTING STORY... Contact Aisling on: 086 0400 958

Munster U20 Final

Kerry Crowned U20 MUNSTER CHAMPIONS

Kerry 0-17 Cork 1-9

By: Jimmy O'Sullivan Darcy

Kerry saw off the reigning champions Cork in a real Jekyll and Hyde performance on Wednesday night. Kerry were very poor in a disjointed first half and could well have been behind by more than the four point margin, but really turned it on in a sparkling second half to end up as convincing Munster champions.

Cork had Kerry in trouble from the very start, but missed three good scoring chances and it was Kerry's Ruaidhrí Ó Beaglaíoch who opened the scoring. Fionn Herlihy replied with a fisted point over the bar but a very lively Patrick Darcy split the posts and Killian Falvey made it 0-3 to 0-1. Mark Cronin, latest scion of the Nemo brothers, responded with a free won by Jack Murphy, who then squared matters before Cronin put his side into the lead. Patrick Darcy had a great goal chance blocked by David Buckley in between. Paul Walsh nailed a Kerry free after Seán Horan was fouled but disaster struck for Kerry when Blake Murphy broke clear and finished to the net. The same player added a rapid point and Cork were a deserved four points clear. Patrick Darcy pulled one back but Murphy completed the first half scoring. Half-time Cork 1-6 Kerry 0-5

Kerry emerged in a far more unified and determined mood. Darragh Lyne set the tone with a superb point and Paul Walsh added a free. Mark Cronin nailed a long range beauty, but the switch of Paul O'Shea to midfield was already paying big dividends for Kerry as the captain was far more influential out there,



Legion's Darragh Lyne scored (0-1).



Glenflesk's Mark Kelliher was in goals for the team.

having been well shackled in the first half by Daniel O'Mahony. Ruaidhrí Ó Beaglaíoch was taking on the leadership mantle inside and causing real damage, winning a handy free for Walsh to convert. Paul O'Shea swung over a beauty and Seán Horan added another, while his brother Eddie and Seán Quilter added muscle and energy off the bench. Level

pegging, 0-10 to 1-7, but Kerry had wrested control now and weren't for stopping. With Lyne and O'Shea on top around the middle and the Kerry defense closing off all gaps, Cork were stymied, while razor-sharp Ó Beaglaíoch and Quilter were hurting at the other end with a brace each that included an offensive mark by Ruaidhrí and a free by Seán. Blake Murphy pulled a point back but a rampant Kerry had two more points from livewire Ruaidhrí and a clincher by Seán Keane to seal a victory that was as comprehensive as it had looked unlikely at half-time.

Kerry: Marc Kelliher, Owen Fitzgerald, James McCarthy, Dan McCarthy, Luka Brosnan, Dylan Casey, Seán O'Brien, Darragh Lyne (0-1), Michael O'Gara, Paul Walsh (0-3, 3f), Patrick Darcy, Killian Falvey (0-1), Paul O'Shea (0-1), Seán Horan (0-1), Ruaidhrí Ó Beaglaíoch (0-5, 2f, 1 OM). Subs Eddie Horan (for Owen Fitzgerald, half-time), Sean Keane 0-1 (for Paul Walsh, 4 mins), Seán Quilter 0-2, 1f (for Paul Walsh, 46 mins), Sean O'Connell (for Seán Horan, 48 mins), Dylan Geaney (for Patrick Darcy, 54 mins)

Cork: Cian Lynch, Colm O'Shea, Daniel O'Mahony, Diarmaid Phelan, David Buckley, Bill Foley, Éanna O'Hanlon, Jack Lawton, Daniel O'Connell, Jack Murphy (0-1), Aodhán Ó Luasa, Brian Hayes, Mark Cronin (0-4, 1f), Fionn Herlihy (0-1), Blake Murphy (1-3). Subs Brian Lynch (for Diarmuid Phelan, 29 mins), Conor Corbett (for Aodhán Ó Luasa, half-time), Bill Curtin (for Jack Lawton, 38 mins), Darragh Hayes (for Brian Hayes, 52 mins), Conor Russell (for Fionn Herlihy, 59 mins)

Referee: Seán Lonergan (Tipperary)

Gourmet Food Parlour is celebrating the passion of Ladies Footballers to mark the launch of the 2020 GFP Ladies HEC Third Level Championships. In attendance at the launch are, from left, Laura McGinley of DCU and Dublin, Eilish Ronayne of UL and Mayo, Donal Barry, HEC Chairperson, Helen O'Rourke, CEO LGFA, Lorraine Heskin, CEO, Gourmet Food Parlour, Tomás O Sé, GFP Ambassador, Hannah O'Donoghue of UL and Kerry and Muireann Atkinson of DCU and Monaghan.

PHOTO: DAVID FITZGERALD



East Kerry League Final Div.2

Fossa claim EK League final

Fossa 1 – 11 Glenflesk 2 – 7

Report by Michael Healy

Alate second half fightback from Fossa denied Glenflesk victory in the final of the East Kerry Division Two League in a hugely competitive encounter in Fossa on Sunday.

Fossa got off to a quick start and opened the scoring when Tadgh O'Shea pointed a long range free.

This was the only score of the early stages as both defences held firm until Fossa were forced to play with fourteen for ten minutes after receiving a black card. Glenflesk were to take advantage of their numerical supremacy.. Firstly, Darragh Roche finished to the net after quick hands from Mike O'Shea and Jeff O'Donoghue, and then Dara Fleming found the corner of the net after linking well with Roche. This meant Glenflesk would lead by two goals to one point after fifteen minutes.

O Shea pointed another free for Fossa as they returned to fifteen men, before goalkeeper Colin Myers smothered Danny Lucey's shot as Glenflesk threatened a third goal. Darragh Roche pointed two more frees, while Fossa were denied a goal of their own by great last gasp defending.

Glenflesk would retire for the break with a two two to two points lead as a game with a real edge reached half time. Fossa came out looking for a fast start to the second half and they got it. O Shea scored his first point from play before Paudie Clifford scored a beauty with his right foot. Darragh Roche then kicked two frees for Glenflesk to settle things down. Wing forward Paddy Sheehan then found the target for Fossa after a great run, to leave Glenflesk leading by two five to five as the game entered its climax.

Fossa were then reduced to fourteen men after Mark Bennett received a second yellow card and Roche again pointed the resulting free. A great team move then ended with Conor O Donoghue splitting the posts to increase the advantage further. Fossa needed scores quickly. O Shea again was accurate with a free before the turning point of the game arrived. Ruari Doyle escaping the Glenflesk defence and knocking in the rebound after Kenny Cronin had made a great first save. Fossa were dominating at midfield now and quickly drew



Fossa captain Michael o Keffee accepts the McGuillacuddy McCarthy cup from Des Teahan representing Sponsors Frank Doran Safeguard Security, with Johnny Brosnan, East Kerry Board Chairman at Fossa last Sunday. Pictures: Seamus Healy.

level with a point from sub Emmitt O'Shea. Tadgh O'Shea then scored his sixth point of the day to give them their first lead since the opening stages. Fossa then set up in a blanket formation to see out the game. After a patient build up, Glenflesk got the ball to Jeff O'Donoghue. His shot was struck beautifully but bounced off the post and it was Fossa hands waiting to gobble it up. They worked the ball down to Clifford who pointed again to give them a two point lead. Glenflesk had one final chance. With a free twenty five metres out, and the whole of Fossa back on the line, Darragh Roche's effort flew just over the bar. There was time for no more. Fossa had won by the minimum.

Afterwards Fossa's delighted skipper Michael O'Keeffe accepted the McCarthy McGuillacuddy Cup on behalf of his victorious team mates. It was an entertaining final, with the victors in doubt right up to the last seconds. Fossa now begin their County League campaign against Beale next weekend after this impressive comeback. For Glenflesk, it is about regrouping, as the travel to Ardfert next Sunday in what looks like a wide open Division Three of the County League.



Glenflesk's Michael o Shea tackled here by Anthony Wharton in Fossa last Sunday.



The Fossa team who defeated Glenflesk to win the East Kerry League Final div.2 in Fossa last Sunday.

Munster Minor A Championship Round 1

KERRY RECORD RESOUNDING VICTORY

Kerry 7-10 Tipperary 1-4

Venue: John Mitchels GAA Complex
Referee: AJ Cronin (Cork)

Kerry recorded a commanding win over Tipperary on Sunday in front of a good support. The score line is probably somewhat surprising considering the close games these sides played at U14/U16 level in the past. Kerry made one change prior to throw in. Ciara McCarthy replacing Rachel Kilgallen. Tipperary lining out as selected. Playing with the advantage of a wind that at times was blowing crossfield the home side were up 0-02 to 0-01. Siofra O'Shea with two. One from a free and play. Caitlin Kennedy with the visitors score. From this moment on it was to be one-way traffic as the home side would go on to dominate the remaining of the half ending the game as a contest at halftime. Rachel Dwyer & Ella Teehan with two quickfire goals in the seventh minute giving the home side a seven-point lead. With Siofra O'Shea adding a further one 1-02 the home sides lead had increased by twelve points with only ten minutes gone. Credit to Tipperary they responded in the right fashion with a goal from Leah Cohen and a free from Ciara Dwan to give the premier county hope of mounting a challenge. Unfortunately, it wasn't to be as the saying goals win watches came into mind. Paris McCarthy (two), Siofra O'Shea & Rachel O'Dwyer with their second set Kerry well on their way to a comfortable halftime lead that had a distinct feeling this game was over as a contest. With this stage of the competition allowing for unlimited substitutions it afforded Kerry the luxury of running a full complement of second half subs, as a result the second half played out to an inevitable conclusion as Tipperary spurned a late chance with a missed penalty from Rosanna Kiely, which yielded a point rather than a goal such was their luck on the day.

Kerry will now face Cork away in Round 2 on 4th April with a win guaranteeing them a place in the final on the 4th May but a defeat to Cork could see them play the premier county once more as the second and third placed teams in the group play each other for a place in the decider.

Teams & Scorers

C Butler, R Ni Chonchuir, M Kelly, A Doherty, G Kearney, K Ann Hanrahan, A Dillane, M O'Connell, A O'Connell, C McCarthy, D O'Leary (0-1) (C), E Teahan (1-0), R Dwyer (2-01), S O'Shea (2-06 2f), P McCarthy (2-0)

Subs:

Mary Ellen Bolger, Ciara McCarthy (0-1), Ciara Fitzgerald, Mary Collins, Chloe O'Connor, Niamh Broderick, Caoimhe Crowley, Ava O'Sullivan, Julie Delaney, Eve Creedon, Cora



Kerry's Siofra O'Shea kicks a pass at the game on Sunday.



Killarney Legion's Keri Ann Hanrahan drives out with the ball for the Kerry minors.

Savage, Rachel Evans (0-1), Clodagh Evans. Aoife Crowley, Kate Brosnan
Tipperary

D Morrissey, E English, C Davey, E Moore, O Winston, M Heffernan, S English, A Connolly, C Kennedy (0-1), N Hayes, E McCarthy (0-1), E Maher, R Kiely (0-1), C Dwan (0-1), L Coen (1-0)

A Geoghan for E English, E Hogan for O Winston, C Morrissey for A Connolly, S Maher for N Hayes, E Flynn for E McCarthy, N Cunneen for C Dwan, E Cunneen for L Coan, R Butler for E Hogan

GFP HEC Championship Finals weekend - Friday/Saturday March 13/14

Three Finals will be played on Friday, March

13, at the Kerry GAA Centre of Excellence in Currans, namely the Lagan, Donaghy and Moynihan Cup Finals.

On Saturday, March 14, the Lynch, Giles and O'Connor Cup Finals will be played.

The Lynch Final will be decided at the home of John Mitchels in Tralee, with the Giles and O'Connor Cup Finals set to be played at Austin Stack Park in Tralee. Full details of fixtures to appear in next weeks edition. We are asking all supporters to come out on the day. Full details of jersey competition to also appear in next weeks issue and on social media.

OUTLOOK BASKETBALL

Kerry Airport KABB Competitions reach the business end

As we enter March many of the Kerry Airport KABB basketball competitions are reaching business end.

Kestrels fly high in 16 Girls Division 1: St Mary's 30-45 Kenmare Kestrels

Starting with our feature game and St. Mary's hosted Kenmare Kestrels in what was the league decider and ultimately the decider of who would represent Kerry in the All Ireland A's and who would go to the All Ireland B's. St. Mary's had the advantage going into the game as they had won when the sides first met and had an eight point cushion.

The sides were well matched in the first quarter. Rachel Murphy opened the scoring for the home team, Abbie Mahony, Ciara Casey and Emma Kerin all registered scores to see the home side hit 11 in the opening quarter. Kestrels Amy Harrington, Tania Salvado and Sarah Taylor all hit the target for Kenmare who ended the quarter on 10.

Kestrels had a strong performance in the second quarter, Harrington, Salvado and Taylor once again starring. Miriam O'Connell joined Ciara Cronin and Hannah Herlihy on the score sheet for the home side but they were outscored by eight leaving the score at half time 16 points to 23 in favour of Kenmare.

The third quarter was low scoring, both side finding it difficult to get shots off, St. Mary's hitting eight to Kestrels seven. With three minutes to go in the quarter the gap was reduced to two points but Kestrels built their lead up to six again by the end of the quarter

and despite St Mary's throwing everything at their visitors it was the Kenmare Girls that held on for the win.

For the Kestrels Amy Harrington hit 21 with Emma Kerin leading the scoring for St Mary's on 11.

In the u16 Boys Division 2 game St Bridget's took on Rathmore Ravens in Castleisland. After a tight encounter St Bridget's took the win 47-36 with Cathal Brosnan leading their scoring charts. Micheal Dennehy did the same for Rathmore.

In the same Division TK Bobcats also defeated Rathmore but this time by the narrowest of margins 50-49. This leaves St Bridget's top of the table with 13 points from 5 games just ahead of Kenmare Kestrels and St Mary's who are on 10 points from 4 games.

In the 14 Boys Shields there was action in the Division 2 and 3. In the Division 2 Shield Kenmare Kestrels were 40-36 point winners at home to Caherciveen. In the Division 3 Shield Rathmore defeated TK Cobras 37-25.

In the Division 2 Shield Kenmare are in joint second place just two points behind St Bridget's while in the Division 3 competition Rathmore are top of the table on three wins from three.

Staying with the boy's competitions and in the u17 League Kenmare Kestrels A were 54-52 point winners over TK Cougars. Both sides are now level on 11 points from 7 games.

In the battle of the Saints Brendan's from Tralee were 52-37 point winners over Paul's in the u16 Boys Division 1 leaving them top of the

table on 22 points from 8 played. St Pauls are just three points behind and also have a game in hand with the title being decided between these two teams.

In the u12 Girls Division 3 League game Ballybunion Wildcats took on St Colmans Flames. The Wildcats had the better of the first two quarters and led 10-4 at the half. The Wildcats continued to push on in the third quarter and while the Flames fought back in the final quarter the Wildcats held on to take the win 24-16.

For the Wildcats Marie Keane Tyrell led the scoring on 8 points while Naoishe O'Donoghue was the top scorer for the Flames hitting 12 points. The win moves the Wildcats onto 19 points and into joint second place with Kenmare Kestrels just one behind leaders St Colmans Rockets.

Glenbeigh Falcons sit on top of the Girls U14's Division 1 Shield competition having defeated Killarney Cougars this week. For the Falcons Chloe O'Shea was the top scorer on 10 points followed by Grainne O'Shea on 6, Emily O'Shea on 4 with Sadhbh Casey and Clodagh O'Shea also getting on the score sheet.

There were two games in the U12 Division 3 Girls Shield in Colaiste na Scellige. Caherciveen defeated TK Bobcats 30-10 but Caherciveen B went down 16-20 to KCYMS. Caherciveen are now in second place on 16 points with St Pauls A two ahead on 18 with both sides have played 6 games.

ST. ANNES BASKETBALL NEWS

Last Sunday St Annes had there annual Boys national school Blitz. They would like to thank the schools that entered, coaches, players , parents & Referees.

Winners of Senior boys Currow & runner up Scartaglin. Winners of juniors St Annes & Runners Up O'Breannain. This was O'Breannain's first year attending St Annes

National School Blitz. St Annes will be hosting a Bingo fundraiser on the 13th March @ 8 pm in the GAA hall Farranfore.



Junior winners St Annes at the St Annes annual Boys national school Blitz.



Senior winners Currow at the St Annes annual Boys national school Blitz.

U14 RUGBY GIRLS DO KILLARNEY AND THE LOCAL AREA PROUD



The victorious Under 14 Killarney Rugby Team

Two gitanium wins in Aghadoe against Clonakilty recently and on Sunday just past, away to Bruff, has left a real opportunity to fight for the last four positions for these brave and fearless girls.

Bruff, at home and at any age, is not a team any coach wants to take their team, as there is a huge tradition and passion devoted to make all their sides, quite frankly, tough and good. So, it was this in mind, the Killarney girls showed up with a certain amount of trepidation. What made matters worse, there was quite a large home crowd present due to an earlier match. But once again, the Killarney girls started well, and it wasn't long before they scored, much to the surprise of the partisan Bruff contingent. In the scrums, the coaches were delighted to see that the ball is being hooked back a lot quicker, thereby gaining vital quick yards from the base of the scrum, by captain of the day, Fia. It was this possession that proved vital

in some of the tries that followed, and it also proved a real problem for Bruff to marshal.

Due to height of the Bruff girls, the lineout's proved problematic but that said, Clodagh and Joanne did very well in securing ball and giving our backline a go forward momentum.

In broken play, Killarney came under sustained pressure as Bruff got to the breakdowns quicker occasionally and robbed us of vital possession, but it was only due to the work rate in defence by everyone that the floodgates didn't open. The backline of Robyn, Bronagh, Niamh, Marina, Kate, Katie and Melissa, had to work for the full 60 minutes, as Bruff never gave up. The Forward set up of Ella, Jasmine, Molly, Nell, Shauna, Clodagh, Joanne and Fia, had to put in a huge shift to overcome a pack that looked liked that could play u16s and compete. Isabella came on for Kate to give us a fresh pair of legs, which were badly needed due to sustained periods of pressure.

At half time, Killarney were two tries up, but as we know from a previous encounter, Bruff will come back, and back they came, scoring a brace of unanswered tries. The tension was mounting as the match entered the last quarter and one wondered, was it too much for such a new side to rugby.

All around the field the girls threw themselves into the thick of it, our girls often had to run into five of six Bruff girls, and it was the work ethic of the forwards getting into help her out that won the day. What was inspiring was the fact that nearly all the backline scored, showing that the girls little by little are beginning to understand, support, lines of running, depth of running. But, the backline also know, if it wasn't for the hard yards, the rucking, the turnover balls by the forwards, the scores would not come quite as easy, so the moral of the story, Killarney girls rock!!

Killarney knew they had to get Bruff back under pressure and get some scores deep into the game, or, Bruff would seize the day. All the supporters knew, it was a huge ask, but the players themselves are growing into a mature, young outfit and are prepared, even under pressure, to back themselves and with four minutes to go, not only scored once, but twice, to hush the Bruff supporters and put the game out of sight. It was a thing of beauty to see Bronagh, tap over a very very difficult conversion, only for ref to blow fulltime. What a result!

A word of special mention goes to Katie O Donoghue, who had an epic performance, to our mascot and waterboy Donnacha, to Liam and Josh who were outstanding helping out, to Mags, Norma, Rose, Anne, Paula, John, Ana, Jerome, Gary and Fiona and if I have forgotten anyone, my humblest apologies..

Be very proud of these girls, they deserve it..
FACT!



Action from Killarney Rugby Club v Mallow Rugby U18 clash. Picture: Mary McCarthy



Action from Killarney Rugby Club v Mallow Rugby U18 clash. Picture: Mary McCarthy

FARRANFORE MAINE VALLEY AC

NATIONAL SENIOR INDOORS,

The National Senior Indoor Championships were held over two days on Sat 29th & Sun 1st March. The venue was the Indoor Sports Arena, Abbottstown Dublin. David Kenny produced a lifetime best performance when he takes the gold medal in the 5000m Race Walk with a time of 19:45.97 and Brendan Boyce (Finn Valley AC) takes second place walking 20:07.52.

Caitriona Barry was second lady finisher in the Tralee 10 Mileer on Sunday March 1st. Caitriona completed the distance in 1hr 9mins. Also running was Aidan McCarthy who finished in a time of 1hr 18mins.

CLUB TRAINING

Maria's Strength, Endurance & Flexibility Exercise Classes on Tuesday from 7pm at the Sports Hall in Farranfore. Class is designed for all abilities from secondary school upwards. €5 per class.

Juvenile Indoor Training will commence on Tuesday from 6pm at the Sports Hall in Farranfore. Please bring €2, water and suitable footwear for indoors. New members welcome.

Thursday Nights from 7pm for Seniors and juveniles U12 upwards. Grass Session on GAA Field Farranfore. €2.

ATHLETIC'S FIXTURES

Tue 3rd Mar.: Munster Schools Indoors, Nenagh

Sat 7th Mar.: All Ireland Schools XC, Santry

Sat 7th Mar.: National 20Km Walk Race, Raheny

Sun 8th Mar.: National Masters Indoors, AIT

Sun 8th Mar.: County Juv.B Sports Hall Games.

Milltown Mar 15th: World Masters Indoors (15th - 21st) Sun 28th Mar: National Juvenile Indoor C'ships - Day 1, AIT

Sun 29th Mar: National Juvenile Indoor C'ships - Day 2, AIT Sat 4th Apr: National Juvenile Indoor C'ships - Day 3, AIT

Sun 5th Apr.: National Spring Throws

MUCKCROSS ROWING CLUB

CORK HOR

Another stormy weekend gone by and another rowing event added to the list of cancelled competitions this season. The arrival of Storm Jorge forced the postponement of Cork Head of the River originally scheduled for Saturday last. The event has been rescheduled for this Saturday, March 7 and we can only hope the run of bad weather through February does not continue into another month. Six HOR events around Ireland have been cancelled during February which became a month without any rowing competition nationwide as a result of the adverse weather. The rescheduled Cork HOR is set to proceed with the same entry of crews and we again wish all our rowers and coaches the best of luck. Revised start and finish times are due to be issued from the event organisers.

UPCOMING EVENTS

Corrib HOR, Galway, Saturday, March 14. St. Michael's HOR, Limerick city, Saturday, March 21. Limerick Regatta (1500m) and Limerick Sprint Regatta (750m), O'Briensbridge, Saturday and Sunday, April 25-26. Event attendance may differ by age group and coaches will confirm further details to members.



David Kenny produced a lifetime best performance when he took the gold medal in the 5000m Race Walk

GNEEVEGUILLA ATHLETIC CLUB

Lotto: No winner of our lotto draw 28/02/2020, numbers drawn were 4, 9, 16 & 26. Sellers prize winner Tom Joe O' Donoghue. €50 Y/T prize to Katie Buckley Toorbone, €50 to Mai Murphy Gneeveguilla, €40 to Mary O' Donoghue Coom Upper, Niall Scannell Ballydesmond & Ryan & Ava Looney Quarry Cross. Bonsu not won numbers drawn were 1, 19, 21 & 22. Next week's jackpot €10,400 plus €1,000 bonus.

KERRY INDOOR GAMES: Next Sunday will be a big day for our U9 - U12 athletes, for most of them it will be their first competition, and hopefully first of many competitions for them. We wish them the best of luck and hope they will have great memories. The club has up to 40 children taking part, all of who has been attending winter training sessions.

KILLARNEY BADMINTON CLUB

KERRY COUNTY CHAMPIONSHIPS

Divisions 1, 2, 3 4 & 5 Doubles Championships recently took place in the Killarney Sports and Leisure Complex.

Congratulations to Evan Horan (Killarney) and his partner Jack McElligott (Listowel) who won the Division 3 mens doubles title and to Jeab Workman (Killarney) and partner Grace Guiney (Listowel) who were runners up in Division 3 ladies.

JUVENILES CLUB COMPETITION

The tournament was held in the Killarney Sports and Leisure Complex on the 29th February with 7 county clubs taking part. Congratulations to the Killarney club who had had great successes winning the overall club trophy. Here are some results from the day.

U10

Congratulations to Sarah O Donoghue (Killarney) and partner Irene Carol (Listowel) who came 2nd and Emma Hayes-Ryan (Killarney) and Lily Falvey (Annascaul) who came 3rd in the girls U 10 and to Rian Gleeson (Killarney) and partner Matthew Eldmonon who came 3rd in U 10 boys

U12

John Galvin (Killarney) and Ben McElligott (Listowel) were 1st and Conall Murphy (Killarney) and Przem Choromanski (MOyvane) were 3rd in the U12 boys.



Congratulations to Oisín O'Leary from Gneeveguilla who is now a County Art Gold winner 6 years in a row ..Oisín represented Rathmore Gneeveguilla area in last Saturdays U14 Art competition held in Listowel and will now go on to represent Kerry in the All Ireland U14 competition in May.

U14

1st - Aoise O Donoghue (Killarney) and Lauren O Driscoll (Kingdom) ; 2nd - Lily McSweeney (Killarney) and Jessica O Loughlin (Kindom) ; 3rd - Annie O Connell (Killarney) and Sarah Casey (Annascaul) 1st - David Butler (Killarney) and Ruadhan Donovan (Annascaul) ; 2nd - Safwan Rahman (Killarney) and Jack Lyne (Annascaul) ; 3rd - Jamie Vousden (Killarney) and Mike Flanagan (Listowel)..

U16 1st - Molly O Donoghue (Killarney) and Maura Burke (Milltown); 2nd - Saoirse Murphy (Killarney) and Aine Hannafin (Annascaul) 1st Benedict Vallant (Killarney) and Cathal Sweeney (Moyvane); 2nd - Cuan O' Callaghan (Killarney) and Liam Newsome (Annascaul)

UPCOMING COMPETITIONS

The Divisions 1,3 and 5 mixed county championships will be held in the Killarney Sports and Leisure Complex next Friday 6th March.

SPA MUCKCROSS COMMUNITY GAMES

Art: Well done to Jeremy Brosnan who came 4th winning a lovely pewter medal in the U14 Art competition last Saturday in Listowel. Well done also to his brother Bryan and sister Tracy who also competed in the event.

INDOOR SOCCER: Our girls u13 did really well last Saturday to win from a tough group and will now go on to the finals on March 15th.

They were drawn against a strong Beaufort side in their first match but came out on top with a 2 - 0 win. Their 2nd game was against a very competitive Fossa side. It was nil all in the 1st half. In the 2nd half Fossa took the lead with a score from a free kick so the pressure was on. With a minute to go we got a penalty and brought the score level. Finishing with a 1 all draw.

Our final game in the group was against a very good Killorglin side. Both teams having some scoring opportunities but we converted them to score and won 4 - 0. Well done to all the girls, Kate Forde, Caoimhe O Neil, Ellie O Shea, Sarah Griffin,

Megan Sheehan, Jessica Leggate and Anna O Shea. A big thanks to the coaches Ronnie Leggate and Maureen O'Shea.

UPCOMING EVENTS IN MARCH

Saturday March 21st Futsal Girls U13

Sunday March 22nd Futsal Boys U13

Saturday March 28th Mini Rugby U11

Sunday March 29th Gymnastics Boys & Girls

Sunday March 29th Boys U15 Futsal.

ST. BRENDAN'S ROWING CLUB

Following our recent AGM there has been a new election of officers for the coming year.

President: Donal O'Donoghue

Chairman: John Paul Coughlan

Vice Chairman: Ciarán Cronin

Secretary: Brendan Cahill

Treasurer: Marie Cahillane

PRO: Karen Parker

Committee: Ciarán Sheehan

Delegates to Regatta Committee:

Kathy Brosnan & Shane Griffin

Our church gate collection will take place on Saturday 21st and Sunday 22nd March so we will be looking for people to fill time slots at each of the Killarney masses. If you can volunteer please contact Brendan Cahill on 0879492843

The club would like to congratulate John Paul Coughlan and his wife Peggy on the recent birth of their new baby girl. We will be awaiting a new member to join us down at the boathouse.

One of our members Shane Griffin a 4th Year Health and leisure student recently completed a study for his thesis with some of our club members in St Mary's Parish Hall. The study involved testing various warm up methods. We would like to wish Shane the best of luck in completing his thesis.

If any new members would like to join for the upcoming season please contact our secretary Brendan Cahill on 0879492843 and he would be happy to organise a training session with you.

KILLARNEY VALLEY ATHLETIC CLUB

Best of Luck to all our athletes taking part in the Kerry Juvenile Development Sports Hall Games next Sunday, March 8 at the Nagle Rice Community Hall, in Milltown at 11am.

TRAINING Strength & Conditioning takes place Monday nights 7-8pm, for members aged 12 upwards. Bring €2, water and a mat if you have one. Jerry's running group also meet at 7pm on Mondays and Wednesdays, while juvenile training is on Thursdays 6-7pm in St. Brendans Hall. Bring €2 and water.

VOLUNTEERS are required to help out at training on Thursday evenings due to increasing numbers. Volunteers will be provided with relevant training that will enable them to help with the training sessions. Please contact Jean if interested.

Email killarneyvalleyac@gmail.com for any

queries. Please keep an eye on your emails and also check our facebook page for any updated information on training.

KILLARNEY RFC NEWS

MINIS TRAINING TOMORROW

Minis training continues tomorrow, after Storm Jorge forces us to cancel our blitz last weekend. Training takes place between 10:30 and 12 and new players are always welcome. Details Liam Murphy 087-4145662.

SENIORS IN CUP FINAL THIS SUNDAY

Best wishes to our Seniors who take on Killorglin at Irish Independent park in Cork on Sunday at 1pm in the Martin O'Sullivan Cup Final - a repeat of last years final. Best wishes to the lads from all the club and here's hoping the lads retain the trophy following last years cracker.

RESULTS: U14

Killorglin 12 - 5 Killarney

U14 GIRLS

Bruff 24 - 35 Killarney

U18

Mallow 20 - 12 Killarney

SENIORS

Clonmel 24 - 18 Killarney

Tries by Ger Moynihan, Shane McSweeney x 2, conv by Brendan Fuller.

KERRY PITCH & PUTT CLUB NEWS

Thankfully the effects of Storm Jorge on Saturday did not prevent the staging of our second round of matches in the Kerry Inter-Club Matchplay last Sunday morning as Deerpark held up well to the recent spate of bad weather.

The two clubs that lost out the first weekend were the two winners on Sunday. Tralee had a 7-2 victory over Newmarket with Listowel 6-3 winners over Castleisland in the latter's first match of the campaign. Tralee had lost out to Deerpark in their first match the previous week but made a great start against Newmarket in winning all three of the doubles matches.

Jason Cregan and Keith O'Brien defeated Newmarket's Con Buckley & Jimmy O'Sullivan 5&4 to give them their first point of the day while Tony Blake & Paul O'Shea were 3&2 winners over Ben Newman & Paudie Flynn. The combination of Danny O'Leary & Pa Fitzgibbon rounded off their clean sweep of the doubles with a 6&5 win over Willie John Buckley & Brendan Herlihy.

Con Buckley finally put Newmarket on the board in the Singles with a first playoff hole win over Alan Hobbart, but Pa Byrne from Tralee would beat Newmarket's Jimmy O'Sullivan over the same distance. Willie John Buckley kept Newmarket's hopes of an upset alive with a 2&1 win over Roger Guthrie but three 2&1 wins for Jason O'Regan (over Ben Newman), Keith O'Brien (over Brendan Herlihy) and John Fitzgerald (over Padraig O'Flynn) wrapped up Tralee's win.

Listowel meanwhile would come from 2-1 down to Castleisland after the Doubles to win by 6-3 courtesy of five Singles game wins. The

Castleisland duo of Timmy Looney & Vince Barry had given their club a positive start with a 1up win over Richard Bunyan & Jake Shine as John Clifton & Noel Lee also got the better of Listowel's Conor Leahy & Ger Guerin by 3&2. Tom O'Connor & Dean Harris got Listowel's first point with a 2&1 win over John Fitzgerald & Gerry Lee.

Richard Bunyan began Listowel's blitz of the Singles with a 19th hole win over John Clifton as Jake Shine (2&1 over Noel Lee), Tom O'Connor (3&1 over John Fitzgerald) and Ger Guerin (5&4 over Vince Barry) brought Listowel over the 5 points needed for a win. Timmy Looney gained Castleisland's only point of the Singles with a 1up win over Tom O'Connor while the longest and last match of the day to finish saw Conor Leahy give Listowel their 6-3 win with a 21st hole win over Gerry Lee.

Details of Round 3 due for this Sunday will be confirmed in due course as well as the table but as it stands Tralee, Listowel, Newmarket and Deerpark all have one win each from the two rounds played thus far.

ROSS GOLF CLUB

RESULTS On March 1st we held a 12 hole team stableford competition.

THE WINNERS WERE 1...Peter O'Brien, Leo Casey, Alius Brazietis. 2...John Cushkelly, Ginafranco Ghidini, Tomas Horan.

FIXTURES M D O'Shea Spring League :- Due to the on-going poor weather conditions the entry sheet for the Spring League remains open until Sunday March 8th so please add your name to it immediately. The following is the schedule for the

OUTLOOK GOLF

spring league:-

Round 1 on March 15th,

Round 2 on March 22nd,

Round 3 on April 5th,

Round 4 on April 19th,

Final round on April 26th.

DEERPARK PITCH & PUTT CLUB

SUNDAY COMPETITION

Due to our staging of the Inter-Club Matchplay this morning, the normal Sunday game moved out to the Gleneagle with the following the competition results: Three Person Team, Two Scores to Count Nett: Declan Kelly, Noel Moynihan & Sean O'Brien 77 Gross: Declan Kelly, Aidan O'Keefe & John Murphy 102.

INTER-CLUB MATCHPLAY

We host last Sunday's play but return to action next weekend in Round 3. The County Board will confirm details of Sunday's venue towards the end of the week. 2020 Membership: Membership can be paid in the clubhouse this weekend from 10am-10.30am on Saturday or on Sunday from 11am-11.30am. Registrar Margaret B Looney (087 9265747) or Treasurer Colm O'Dowd (087 7673742) can be contacted for further information. Rates as per 2019 prices. All members must be paid up by April 1st in order to take part in competitions. Monday Night Cards: Continues in Clubhouse this Monday night at 7.30pm.

SHOP LEASE: Applications are still being taken for our Shop Lease for the 2020 Season. Contact Club Chairman Damien Fleming (087 6403417) if interested in making an application.

SCHOOLBOY/GIRL SOCCER

JORGE HALTS ALL SATURDAY GAMES: INTER LEAGUE GAMES:

Subway 12's Inter League / Development Game
West Cork 0-3 Kerry
West Cork 1-1 Kerry
Subway 14's Inter League
Kerry 3-0 South Tipperary

Gaynor Girls Qualifier

13's South Tipperary 4-1 Kerry

15's South Tipperary 6-0 Kerry

Mid-Week Games

JK Sports 12 Division 1

Fenit 0-4 Castleisland

Slaterry's Carpets 14 Premier

Park 3-1 Castleisland

Daly's Supervalu 15 Premier

Killarney Celtic 7-1 Inter Kenmare

Tucker Kelly 16's Cup

Ballyhar 7-1 MEK Galaxy

Tralee Trophy World 16 Division 1 North

Fenit 0-4 LB Rovers

Girls 13's Division 1

Killarney Celtic 6-1 Castleisland

REPORTS:

While we lost our third Saturday of fixtures there were still a number of games played in mid-week in various Leagues while on Sunday there was action in the u12 and u14 Boys and u13 and u15 Girls Inter Leagues and Gaynor qualifiers.

KERRY 14'S TOP THE TABLE AND INTO MUNSTER DECIDER:

The Kerry 14's have completed their Group stage of the inaugural Munster u14's Inter League. It was a good campaign for the Kerry boys winning 3 and drawing 1 game to sit on top of the table on 10 points. Their latest win came with a 3-0 victory over South Tipperary at Mounthawk Park.

Kerry got off to the best start with Josh Bowler scoring after 3 minutes. Fionn O'Neill and Mohamed Abdala added two more before the break. Kerry had chance to add to their tally and had a penalty miss as South Tipperary concentrated on keeping the scoring down.

Kerry now await the result of the Cork v South Tipp game which will decide if it's the Cup or Shield Munster final for the Kerry 14's.

12'S BACK IN THE HUNT FOR A TOP TWO PLACE:

The Kerry 12's were 3-0 winners West Cork in the Subway Inter League in a game that was switched from Lyre to Celtic Park. And Szymon Jasinski again showed his goal scoring class hitting a hat trick to secure three valuable points for Kerry. They are at home to Limerick District next Sunday. The two sides also played in a Development game which ended 1-1. Michael Quirke put Kerry ahead but the West Cork side replied in the second half.

GAYNOR GIRLS GO DOWN TO SOUTH TIPPERARY:

The Kerry 13's and 15's continued their Gaynor qualifiers with a trip to South Tipperary who are one of the top girls Leagues in the province. Katie Foster scored for the Kerry 13's who went down 4-1 in the end. Kerry had a couple of chance, especially in the first half, but it was the home side that took the win. The South Tipperary 15's have been together for the last 4 years and were a little too strong for Kerry on the day. They led 3-0 at the



Killarney Athletic Girls who Represented Killarney at the Community Games at the Weekend.

break and added 3 more but there were positives for the Kerry girls who will have learned a lot from this game. The 13's and 15's have 3 more games to decide who which teams go into the Gaynor Cup section and the Gaynor Trophy section at the Tournament in UL in the summer.

LSTRONG SECOND HALF SEE BALLYHAR INTO CELTIC OPEN GAP IN 13 GIRLS DIVISION 1

Killarney Celtic Green are now 6 points clear of Castleisland in the u13's Girls Division 1 but they do have a game more played. On the mark in their win over Castleisland were Jessica Leggate and Emma Daly who both scored twice with Kate Ford and Megan Sheehan also on the mark.

MUNSTER WIN FOR KENMARE GIRLS:

The League is delighted to congratulate Pobalscoil Inbhear Sceine who were crowned Munster Schools u15's champions this week. They defeated Scoil Mhuire Askeaton 2-1 thanks to goals from Saoirse Buckley and Grace Foley. A number of girls who play with our Girls teams were in action with the Pobalscoil. They will play the Connacht winners in March.

KILLARNEY CELTIC

There were no game played last Saturday due to storm Jorge. However there are 2 big games to look forward to this weekend. First up is the FAI Youths Cup quarter final at home to Park Utd on Saturday. Celtic beat Villa FC from Waterford in the last 16 game whilst Park overcame Aisling Annacotty 3-2 in Limerick.

On Sunday our senior A team travel to Tipperary to play St Michaels in the MFA Champions Trophy semi final. Kick off in Cooke Park is at 3pm.

Celtic beat Everton (MSL) 4-0 before beating

Hibernians of Waterford 3-2 (AET) in the last 8 game. St Michaels beat Janesboro 3-0 and in the quarter final they overcame Newmarket Celtic 1-0 in Clare. The winners of this semi final will have home advantage in the final vs Rathkeale who overcame Doolans Cow in the other semi final.

CELTIC LOTTO

Numbers drawn 4,5,16,20. No jackpot winner. Match 3 receive €50. Next jackpot €15,000.

MASTERGEEHA FC

BINGO

We hosted our latest bingo event last Monday, February 24th with nearly 100 people in attendance, over €1000 in prize money won and excellent raffle prizes, a great night was had by all present in Kilcummin Recreational Hall. Thank you to those that supported the event.

Our next Bingo is March 30th and we hope to see you there. SAVE THE DATE: MARCH 30th.

COMMUNITY GAMES ART AND WRITING

Well done to everyone who participated in the county art and handwriting competition in Listowel last weekend. Congratulations to Sinead Coleman who came 4th in U8 art and to Kerry Mc Clain who won the bronze medal U10.

SOCCER

Well done to our U10 boys indoor soccer team who competed in Milltown last weekend. They put in a fantastic performance to win 2 group games against Glenflesk and Cahersiveen. They lost to group winners Furies in a closely contested game, only losing by one goal. Thanks to the coaches Gareoid and Donal for all the effort they put in preparing the team for this event.

EXCITING TIMES AT KILLARNEY CELTIC

Munster Semi Final Fixture for the Seniors



Killarney Celtic Senior Team pictured at training in Celtic Park this week. PICTURE: MARIE CARROLL O'SULLIVAN

Killarney Celtic Seniors travel to St. Michael's AFC in Tipperary this Sunday in the Munster

Football Association Champion's Trophy semi-final. This is the first fixture in a busy March

schedule for the Kerry League and Cup Champions of the past two seasons. Celtic have reached the semi-final of this competition following home wins against Everton of Cork and Waterford Hibernians. St. Michael's will provide a solid test for Brain Spillane's men who are enjoying a fantastic season so far and will go into this game full of confidence following their recent victory on the road against Crettyard AFC in the FAI Junior Cup. This is a huge game for the team so all support will be greatly appreciated.

St. Michael's v Killarney Celtic kicks off at 3pm in Cooke Park, Tipperary this Sunday 8th March.

YOUTH'S ENJOY EXCELLENT RUN

Killarney Celtic welcome Park United from Mitchelstown to Celtic Park this Saturday in an eagerly anticipated FAI Youth Cup quarter final. Park United will provide formidable opposition having overcome Aisling Annacotty in the previous round. Following a domestic double in 2019, Killarney Celtic are enjoying an excellent run in the national competition this season, in what is the club's best run at this level since reaching the final in 2011.

Under the assured guidance of Chris and Matt Keane, this fantastic crop of young talent have been enjoying a great season to date. Pdraic Looney is having a tremendous year at the heart of the Celtic defence while also running up a very impressive scoring tally despite playing at centre back. Goalkeeper Adam Carey has been rock-solid between the posts and with Jason Kerins, Craig Boyle O'Sullivan, Emmet Cronin and Dylan Falvey, provide a very strong defensive cover. The midfield trio of James Darmody, Evan Looney and Conor Henderson have been very dominant in the competition and typify the 'never say die' attitude which runs through this team. Emmet O'Shea and Godwin Osiebe have made valuable contributions all season while the U17 duo of Jackson O'Mahony and Erin Moloney have shown fantastic grit and determination despite being the younger members of the squad. The very menacing attacking partnership of Dylan Callaghan and Terry Sparling have been in great form all season and go into this fixture in flying form. Ruairi Doyle and Stefan Lajtar provide excellent options also with the former making a huge contribution in the previous round.

The 2020 FAI Youth Cup campaign kicked off in October with an away fixture versus Killorglin AFC. In a remarkable second half performance,



Killarney Celtic Youths Team pictured at training in Celtic Park this week. PICTURE: MARIE CARROLL O'SULLIVAN

Celtic overturned a 4-0 half time deficit to win 5-4 after extra time. Terry Sparling and Dylan Callaghan scored two each in normal time with Evan Looney getting the extra time winner to complete a memorable comeback. This win set up a second round meeting with local rivals Killarney Athletic. Two goals from Dylan Callaghan and another from Pdraic Looney seemed to have put Celtic in the driving seat, but Athletic fought back to bring the game to extra time. On this occasion, it was James Darmody who was the hero, sending Celtic into the next round. A trip to Bearn na Forbacha in Galway stood between Celtic and a place in the last 16, and despite going down to an early goal from the home side, Celtic ran out 6-1 winners. Two goals from Terry Sparling and one each from Pdraic Looney, Jason Kerins, Dylan

Callaghan and James Darmody put Celtic on their way to the next round. This set up a home tie with Waterford's Villa FC in mid-February. In front a sizeable home crowd, Killarney Celtic put in a very dominant performance against top class opposition. Goals from Dylan Callaghan, James Darmody and Jackson O'Mahony sent Celtic through to the quarter final, much to the delight of the home supporters. Park United will provide another stiff test on Saturday, so another fantastic turn out of supporters, family and friends will be required in order to encourage the boys to get over the line.

Killarney Celtic v Park United kicks off at 2pm in Celtic Park, this Saturday 7th March 2020.

BUSINESS OUTLOOK

GROW YOUR BUSINESS HERE - WITH US!

This week the Killarney Outlook looks at **KEN O'SULLIVAN & CO.** and **KELLIHERS AGRI, TRALEE**



Ken O'Sullivan

KILLARNEY AUCTIONEER EXPANDS BUSINESS



Aisling Doyle who recently joined the company.

A Killarney Auctioneer has expanded his business and announced a new edition to the staff. Ken O'Sullivan & Co was established in 2004. Ken is a member of The Institute of Professional Auctioneers and Valuers (IPAV) and has over 20 years experience in the industry. The company deals with both residential and commercial assets handling sales, lettings, property management, acquisitions for clients and valuations among other services.

2020 sees a new addition to the business as Aisling Doyle (Bsc MSCSI MRICS) a native of

Woodlawn Road, Killarney joins the company having spent several years working in both Dublin and Cork.

Aisling graduated from Limerick Institute of Technology with an Honours Degree in Property Valuation & Management and from there proceeded to join one of the country's largest Commercial property firms Jones Lang LaSalle (JLL) in Dublin as a Graduate Valuation Surveyor.

Having gained experience as a valuation surveyor in Dublin, Aisling then moved to Cork where she joined Frank V Murphy & Co as a Commercial Surveyor. Aisling spent approximately 2 years working on all aspects of the business such as sales and lettings of all asset types and valuations for a variety of purposes. Within 8 months of joining the company Aisling completed her APC becoming a Chartered Surveyor and a full member of both the Society of Chartered Surveyors Ireland (SCSI) and the Royal Institution of Chartered Surveyors (RICS) as well as a Registered Valuer under the RICS.

In 2017 Aisling joined Savills Cork one of Irelands leading property firms as a Senior Surveyor where she spent two and a half years gaining experience in the retail and commercial property sector as well as carrying

out valuations for various purposes, i.e rent reviews, derelict sites, company reports, bank valuations and several others.

"Aisling brings with her a broad knowledge of valuation surveying and commercial agency with experience in all aspects of the business. In her role Aisling will look after residential and commercial sales and lettings as well as valuations and property management", Ken told the Killarney Outlook.

"We also specialise in Agricultural Land, Machinery and Livestock valuations, particularly for the purpose of farmers establishing a limited company and also for the transfer of these assets for other purposes", he added.

For a competitive quote on commercial property valuations including valuations of agricultural land give us a call to discuss.

If you are thinking of selling or letting your property give us a call on 064-6671858 for a free no obligation consultation.

Alternatively you can contact Ken directly on 086 201 1887 or - Aisling: 085 157 2720

The company office is at 69 New Street, Killarney. To view the full property listing, visit daft.ie/kenosullivan or visit the facebook page [@kenosullivanandco](https://www.facebook.com/kenosullivanandco).

Man & Beast at KFA Ballymullen Tralee

It is with great pleasure for Man & Beast to get this opportunity to introduce to you in association with Kelliher's Agri Ballymullen Tralee our range of nutritional products

Man & Beast, in association with Kelliher's Agri Ballymullen, Tralee, are delighted to introduce you to their new range of nutritional products - Turbo Thrive Sheep for Man & Beast. Having established our company in 2014 a after 2 years of successful trials we presented our range to the Irish agriculture industry. Now six years later our products are tried and tested by farmers the length and breadth of Ireland. Working with leading nutritionists and laboratories we continually enhance and improve formulations to protect your animals and accelerate performance. Producing very high spec formulations which are well received by the farming sector.

"We trailed Turbo Thrive Sheep for Man & Beast and have been using it ever since. The health status of our flock is very good. We have to say Turbo Thrive compacts our lambing season and we always have a good healthy young flock of lambs." (Gavin Satchwell, Maynooth. Co. Kildare)

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Our Turbo Thrive Sheep and Turbo Thrive Cattle range will be on display and up for discussion on Friday 13th March from 10am to 1pm in Kelliher's Feed & Agri, Ballymullen, Tralee, where the benefits will be outlined by one of our representatives. Our sheep products are Sheep Welfare Scheme Approved and with the lambing season underway is an ideal time to try out our product range. We would like to take this opportunity to thank John Lynch and his team at Kelliher's Feed & Agri Supplies for presenting our Man & Beast range to the farmers of Kerry, North Cork, and West Limerick.



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CCPC CALLS

on workplaces across Kerry to register for free financial well-being service

Financial well-being is a growing focus for many workplace wellness programmes, as personal finances can be a cause of significant stress and anxiety for many employees. As part of its financial education role, the Competition and Consumer Protection Commission (CCPC) is offering workplaces across Kerry the opportunity to avail of its Money Skills for Life programme. This is a free one-hour personal finance talk, developed by the CCPC, to provide financial education to employees with the support of their employer.

Each talk is delivered by a presenter who has been trained by the CCPC and can be tailored to incorporate a number of topics – including budgeting, saving, insurance, as well as borrowing money and planning for retirement, including pensions. Delivered in an open and accessible format to allow for group interaction and assistance, so as to maximise learnings for each employee. Each attendee also receives a free handbook and financial planner, containing lots of useful information and practical tools to help them manage their money. The information is independent from any financial institution and aims to empower employees to take control of their finances. The CCPC provides an online booking form on ccpc.ie for those looking to register for the Money Skills for Life programme, or for additional information email bookings@ccpc.ie or call 01-470 3615.



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Know Your Rights:

Question

I have run my own company for several years, but things have become very difficult lately. I've always understood that being self-employed meant that I didn't qualify for unemployment benefits but I heard that there have been changes lately. Will I qualify for social welfare if my business goes bust?

Answer

You may qualify for the new Jobseeker's Benefit (Self-Employed) (JBSE), if you are no longer self-employed.

To qualify for JBSE, you must have lost your self-employment involuntarily and not because of a temporary shutdown or seasonal closure. However, you do not have to cancel your registration for taxes with Revenue to qualify.

You must also be:

- Aged between 18 and 66
- Unemployed – you can work as an employee for up to 3 days per week and still be considered unemployed
- Capable of work – if you have an illness or injury, you may qualify for a different social welfare payment and should talk to your GP and local Citizens Information Centre or INTREO office.
- Genuinely seeking full-time work

You must also satisfy the social insurance (PRSI) contributions conditions. You need:

- At least 156 weeks of Class S contributions or at least 104 weeks of paid Class A or H PRSI since first starting work
- 52 weeks of Class S contributions paid in the governing contribution year. This is the second-last complete tax year before the year in which your claim is made. So, for claims made in 2020, the governing contribution year is 2018.

If you do not qualify for JBSE, you may get Jobseeker's Allowance. If you have 260 or more Class S PRSI contributions, you can get JBSE for up to 9 months. If you have fewer than 260 Class S PRSI contributions, you can get JBSE for up to 6 months. If you are over 65, you may continue to be paid until your 66th birthday, even if your claim is due to end before that date.

The maximum rate for JBSE in 2020 is €203. You may be entitled to an increase for your spouse or partner, and children.

You should apply as soon as you are no longer self-employed. To apply, you fill out a UP1 application form and bring it to your local Intreo Centre or local Social Welfare Branch Office.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



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PERFORMANCE MANAGEMENT

Performance management is the activity and set of processes that aim to maintain and improve employee performance. Its aim is to ensure that employees contribute positively to your Business.

VIEWPOINT

- Any business with employees should have a documented performance management structure in place.
- If people are the greatest creators of value in organisations, then good performance management is critical for success.
- Employees must understand what's expected of them, and to achieve those goals they need to be managed so that they're motivated, have the necessary skills, resources, support and are accountable.
- Broadly, good performance management revolves around regular, effective feedback on progress towards objectives.
- People managers are instrumental in performance management. Managers need to be suitably skilled and supported by performance management processes that are fit for purpose.
- Occasional processes, such as annual performance reviews and pay setting, can be useful, but should not be the main focus.

For help, support and advice on the above or on any of your HR & Payroll needs please feel free to contact us.

| HR Consultancy | Payroll outsourcing | Employment Contracts
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Citizens Information

Information, Advice & Advocacy

- Employment Law
- Consumer Affairs
- Justice
- Housing
- Social Welfare
- Family Matters
- Migrant Rights
- European Union Issues
- Health Services
- Disability Information
- Education
- Financial Matters
- Many Other Issues

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Location Beside Poff's Café, New Rd

Killorglin: 10am - 2pm Monday & Tuesday **weekly**
 Killorglin Area Services Centre, Library Place

Dingle: 10am - 2pm 3rd Tuesday **monthly**
 Kerry Education & Training Board, Goat St

Special Services Include:

- Free Legal Advice Clinics (FLAC).
- Chartered Accountant Voluntary Advice (CAVA).

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Castleisland Clinic: River Island Hotel
 Last Friday of every month at 7.00pm

Killorglin Clinic: Jim Shea's Vintage Bar
 2nd Monday of every month at 7.00pm

Kenmare Clinic: Atlantic Bar
 Every Saturday Night at 10.00pm

Kilgarvan Clinic: Healy-Rae's Shop 9pm-10pm every Sunday
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Contact Numbers:
 01 618 3363/064 66 85782 E: Michael.Healy-Rae@oireachtas.ie



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Gardening
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by John O'Sullivan

FOCUS ON ROSES

Every garden should leave a space for roses. The colour and scent will provide plenty of interest in your garden from early summer to late autumn. There are a lot of different classes of roses to choose from but most of the time it is the hybrid tea or floribunda roses that are usually used. A hybrid tea rose produces the showiest blooms of all roses. There is a huge range of hybrid tea roses to choose from so take your time as not all hybrid tea roses are as good as each other. For example some blooms are affected by wet weather and some can be more vigorous than others so if you are going to have a mixed rose bed make sure that they are all going to grow to about the same size.

Floribunda roses: There are lots of good reasons to plant a floribunda rose even though the blooms lack the size and fragrance of the hybrid rose. The advantages of the floribundas would be the continuity of its flowering. Most floribunda roses will flower from early summer till late autumn and the flowers usually provide a much larger splash of colour than the hybrid tea rose.

Planting roses: When planting a rose, the most important thing to do is prepare the soil well as all roses are very hungry plants. Incorporate a lot of well rotted farm yard manure "horse manure" if possible before planting. When your roses are planted make sure you firm them in well with your heel as this will avoid any root disturbance later.

Pruning your roses: In early spring, cut out any old wood and any stems which are damaged. The pruned surface should be white if it is brown, prune back further. Remove any stems which rub against another so you will end up with an open centre. You can now prune about a third of the stems that are left. In the autumn you can remove dead flowers and tidy up the rose. Make sure to feed your roses throughout the growing season.

Next week I will focus on Herbaceous/Conifers

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



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ED 10

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COMPASSION

Compassion is an essential component of human existence. If we are to accept our humanness then we need to develop compassion. What do we mean exactly by compassion and where does it originate. Compassion can be understood as the emotional response when we perceive suffering, and it can involve an authentic desire to help. It literally means to suffer together. The latest research findings from a number of scientists has shown that our brains are "wired up to respond to others' suffering". Nancy Eisenberg, is a leading academic in the field of Compassion who has published widely and has found that compassion is part of our basic human nature. This means that our temperament or what we what we are born with, the way we self-regulate our emotions and what we experience from our parents in their parenting practices all contribute to the way we develop our empathy, compassion and helping behaviour. In other words we are born with empathy for others, the recognition that if we see upset in others we will respond with kindness and the concept compassion takes that further by wanting to help alleviate the suffering and pain in the other. The Dalai Lama captures this beautifully when he says "So long as we are human we need compassion. Compassion brings inner peace and whatever else is going on, that peace of mind allows us to see the whole picture more clearly. So, in our education we need lessons about developing warm-heartedness and finding inner peace."

We all understand compassion for others, but an essential ingredient for increased mental health is compassion for self. In the same way we recognise someone else's suffering and we want to respond by making it better, the next level is to have compassion for ourselves, to recognise our own pain and to understand our own humanness. A question that is very useful to ask ourselves is if someone else told us this story, the story about being angry or hurt or disappointed would we have compassion for them? Then why not for ourselves? A good question indeed. Some of the ways to develop compassion for oneself are to literally feel warm to oneself rather than hurting oneself with self-criticism. Remembering the common humanity which means we acknowledge our suffering and personal failure is part of the shared human experience. And lastly, developing self-compassion requires that we take a balanced approach to our negative thoughts without trying to suppress or deny them. The key here is balanced, so if we do have a negative thought about ourselves, we develop the habit to balance it with a forgiving thought, a more compassionate one. Remembering that it is in our mind that we can be developing the more compassionate thoughts.

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adolescents adults and couples at its Killarney Centre (Lewis Road). To make an appointment call: 064 6636416/064 6636100
E: info@southwestcounselling.ie.

SouthWest Counselling Centre is a not-for-profit organization.
All funds raised through fundraising go directly to service provision.

A Word of Victory

Welcome back dear reader 'in the multitude of my anxieties (the cares of my heart), Your comforts delight my soul' (Psalm 94:19). Dear friend are you worried about Corona virus? It seems like fear of it is dominating the world. Remember "death and life are in the power of the tongue and those who love it will eat its fruit" (Proverbs 18:21). This means that our words have power in them to kill or to give life, and we will reap from the words we speak. So many people are unaware of the damaging conversations they have every day, and make no link between their negative circumstances and the words that they have spoken. People need to be mindful of the effects the gloomy outlook has on others; in that it can dictate a stressful atmosphere in homes, workplaces and society. "Anxiety in a man's heart weighs him down, but a good word makes him glad" (Proverbs 12:25). Equally we must be careful that what we are listening to and meditating upon is healthy for the soul (our mind, will and emotions) because terror or depression can take hold, and drag one down to same level as those that are focussed upon death. God's Word the Bible is a manual for life, and I urge you to get your own and follow up with the Scriptures referenced here, because it's your only hope for deliverance from the dirt our enemy the devil is serving up (1st Peter 5:8). The enemy has very cleverly got people to believe that he does not exist, and that faith in God is a pointless exercise because He doesn't exist either. What a lie! Both the devil and God, our loving heavenly Father DO exist, and both have a destiny planned for you (Jeremiah 29:11-14). Families and society are breaking down before our eyes and people are powerless to solve the problems they are facing. This Corona virus is yet another attack by the devil to destroy God's beautiful creation - His children. We have no power in ourselves to combat this (2nd Chronicles 20:12), but God's Word to you friend is 'do not fear the terror of the night ...the arrow that flies by day, nor the pestilence (disease) that stalks in the darkness, nor the destruction that lays waste at noonday' (Psalm 91:5-6). The Lord Jesus was whipped and beaten so that we could be healed and made whole and live in peace (Isaiah 53:5; Psalm 27:1-3). God loves you!

See more at wordofvictory.net



E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

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In Loving Memory

Remembering your loved one

Memorial & Acknowledgement Cards



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PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and

forget the wrong that is done to me and who are in all instance of my life with me.

In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.

In thanksgiving.

NOVENA TO ST. ANTHONY

The Saint of Miracles O holy St.

Anthony, gentlest of saints, your love for God and charity for your neighbour made you worthy when on earth to possess miraculous powers. Miracles waited on your world which you were ever ready to speak for those in trouble and anxiety. Encouraged by this thought I implore of you to obtain for me my request...(mention request). The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, intercede for me and the gratitude of my heart will ever be yours. Amen.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

X

2ND ANNIVERSARY

IN LOVING MEMORY OF

BRIDIE O' DONOGHUE



KILQUANE HEADFORD
DIED ON THE 13TH
OF MARCH 2018

'I Miss You Mom'

*I thought of you with love today,
But that is nothing new.*

*I thought about you yesterday,
And days before that too.*

*I think of you in silence,
I often speak your name.*

*All I have are memories,
And your picture in a frame.*

*Your memory is my keepsake,
With which I'll never part.*

*God has you in his keeping,
I have you in my heart.*

**From your loving daughter Kay, sons
Timmy, Mike and Ger son in law,
daughters in law and all your
grandchildren miss you everyday**

**Second Anniversary Mass at Sacred
Heart Church, Barraduff on Friday the
13th of March 7.30pm.**

ED 11

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and promise publication. Never known to fail.

P.L.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF

**TESS CARROLL
(NEE O'REGAN)**



MARIAN TCE, KILLARNEY,
WHO PASSED AWAY ON THE
12TH MARCH 2019

On this the First Anniversary of our beloved Mother, Mother in-law, Grandmother and Great-grandmother, we the family of Tess would like to express our sincere gratitude to all those who sympathised with us on her passing.

We offer our heartfelt thanks to our relatives, neighbours and many friends, well-wishers who visited our home, attended the funeral service and burial

and who provided wonderful support to us all.

For those who travelled long distances, telephoned, sent floral tributes, cards and messages of condolences, as well as those who made charitable donations to Palliative Care, we are truly grateful.

A special word of thanks to all the Doctors & Nurses who cared for Tess over the years.

Also, all the public health & Palliative Care Nurses for your compassion and dedication.

We would like to thank Kennelly's Pharmacy & staff.

A special word of thanks to Fr. Kieran O'Brien who was and is so supportive, for celebrating a beautiful Mass and moving homily.

Also thanks to the Choir of St. Mary's Cathedral.

To Michael & Mary O'Shea and staff of MD O'Shea Funeral directors, whose guidance, kindness and professionalism knew no bounds. We would like to thank the New Cemetery graveyard Committee for their help in stewarding during the burial.

We trust that all accept this acknowledgement as a token of our appreciation. The Holy Sacrifice of the Mass will be offered for your intentions.

*"We miss you from your fireside chair,
Your loving smile and gentle air,
Your vacant place no one can fill,
We miss you mother and always will."*

**Tess's first Anniversary Mass will be
celebrated on Thursday 12th March
at 6.15pm in St. Mary's Cathedral.**

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF

**HANNAH
MARY DOODY**



LATE OF CLONSILLA DUBLIN
& LAMANAUGH,
BOHERBUE, CO CORK
WHO PASSED ON
9TH MARCH 2019

Her sister Nora, brothers Martin, Gerald, Willie & Anthony would like to take this opportunity to thank all of those sympathized with us on our sad loss.

Those who attended Rosary, funeral mass & burial sent Mass cards, wreaths & Travelled long distance to be with us.

We would also thank relatives, friends & Neighbors for there wonderful support during & after the funeral.

Special thank you to Father Kennelly for celebrating a beautiful mass & moving homily and thank you to Margret the sacristan. The wonderful singer at church & graveside. To both undertakers Ian Cunningham Clonsilla & Micheal drew Boherbue for your kindness & professionalism with funeral arrangements.

And finally the biggest thank you to Hannah Mary's carers in St Joseph's lavender house clonsilla For the love, Care & kindness shown to her & her family, we will be forever grateful to you all.

*Today Recalls the Memory
Of Hannah Mary gone to rest
And those who think of her today
Are those who loved her best*

*The flowers we lay upon her grave
May wither and decay
But the love for her who lies beneath
Will never fade away*

**Loved and Sadly missed by
Nora, Martin,
Gerald, Willie, Anthony
and their family's.**

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

ROSS MEDICAL PRACTICE

KILLARNEY



Karen Underwood
Singer

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Eilish O'Carroll
Winnie McGoogan
from Mrs Brown's Boys

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