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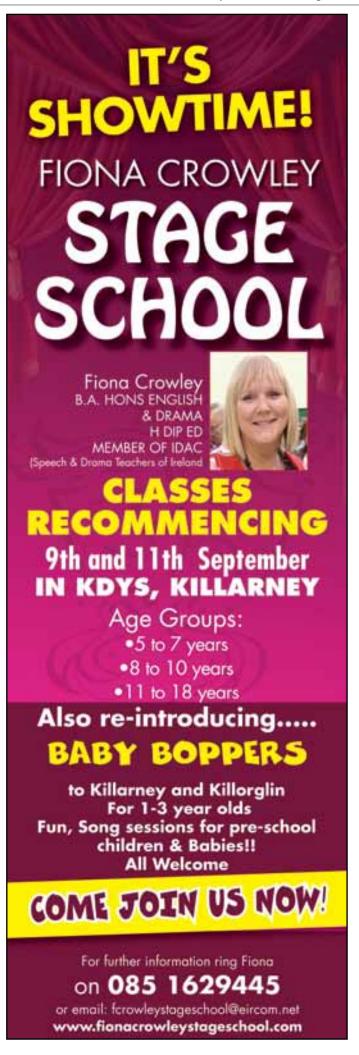












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September Special Offers at the Angsana Spa

Treat yourself to time out with our Back to School Offer at Angsana Spa at The Brehon

Couples Retreat

60 Minute Visit in the Vitality Suite 30 Minute Back Energy Massage for Him 30 Minute Indian Head Massage for Her 30 Minutes of Relaxation time



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Torns & Conditions Apply. Package details are subject to change without prior notion. Packages are sulid until September 30th 2014.

For reservations, please contact Angsana Spa the Brehon at Tel: 06466 23980 Or Email: angsanaspa@thebrehon.com | Muckross Road, Killarney, Co.Kerry www.thebrehon.com

FAMILY FUN ON THE AGENDA AT THE SOUTH KERRY PLOUGHTING CHAMPIONSHIP

A fantastic family day out is promised at the 2014 South Kerry Ploughing Championship. Under the organisation skills of the committee of the Killarney Valley Classic & Vintage club, the group are delighted to announce that Ploughing is returning to South Kerry after an absence spanning many decades

The event will take place on Sunday 14th September and its all in aid of The Kerry Cork Health Link Bus. This is a vital service which offers transport to Cork University Hospital for cancer patients. The purpose built 25 seater coach brings patients to an average of 3,600 lifesaving appointments annually.

This will be a great day out for all the family – entry costs just €10 and accompanied children can enter for free. Ploughing will take place from 2pm at Fleming's Farm, Grenagh, Fossa, Killarney and all are welcome.

Other events on the day will include a Car & Tractor show, Live Music, Steam Engines, Model Show, Kids Zone, Maze in the Maize, Dog Show, Poultry Sale and a BBQ – along with



ORGANISERS OF THE PLOUGHING CHAMPIONSHIPS PICTURED AT FLEMINGS FARM FOSSA.

a "best dressed" competition for both men and women!

If you are interested in participating in any of the above or would like more information please contact info@killarneyvintage.com, visit

our Facebook page (https://www.facebook.com/killarneyvalleyvintage).

KILLARNEY ATHLETE HEADS FOR BELGIUM



CLIONA PALMER WITH HER MUM PAT WHO WILL TRAVEL TO BELGIUM ON TUESDAY WITH HER BROTHERS JAMIE & DAVID TO COMPETE IN THE SPECIAL OLYMPICS SHOT PUTT AND 100 METRE RUN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Killarney athlete Cliona Palmer will be flying the Irish flag in Antwerp in Belgium this week when she takes part in the European Special Olympic Games.

Cliona, who is from Fossa will be competing in two Athletics events - 100m Run and Shot Putt . The 17 year old will be joined by her mother Pat and Father Tom, along with family members including her brothers Jamie and David will travel to Antwerp to see her compete.

Cliona attends St Itas and St Josephs School

in Balloonagh, Tralee where she recently completed her Junior Cert this year. Cliona has given her Summer holidays actively training twice a week for her 2 events along with attending training camps with all the Ireland Squad in Dublin since February 2014. Its a dream come true for Cliona and she is really looking forward to the opportunity of taking part in these games. All her fellow athletes and coaches in Kerry Stars Special Olympics Club wish her well.

PIETA HOUSE OPEN DAY

Pieta House in Castleisland will throw open the doors of their suicide and self-harm crisis centres throughout the country on Saturday, 6th September ahead of Suicide Awareness Week. All centres will be open to the public from 2pm to 4pm, and people will have the opportunity to take a tour of the counselling rooms, have a cup of tea, meet some of the therapists and have any of their questions answered.

"With Suicide Awareness Week coming up we're excited to welcome the local community into our centres, bring them beyond the hall door and help them learn more about the free service we provide," said Joan Freeman, CEO of Pieta House. "We want to show people that Pieta House is an accessible, comforting and compassionate place where everyone is treated with respect. Seeking help is not something to be afraid of," she said.

Pieta House's focus for Suicide Awareness Week is on the 'SIGNS of suicide'. They will run an educational campaign to help the public recognise the signs of suicidal behaviour and offer advice on what to do if a loved one is in crisis.

Pieta House have four Dublin centres in Lucan, Finglas, Ballyfermot and Tallaght, and centres throughout the country in Limerick, Cork, Tuam, Roscrea and Castleisland. Visit www.pieta.ie for addresses and contact information.

Suicide Awareness Week runs this year from Monday, 8th September to Sunday, 14th September.





KERRY CULTURE NIGHT LAUNCHED

The launch of Kerry Culture Night 2014 took place at Muckross School House, Killarney National Park recently. The Annual Culture night in Association with Kerry County Council takes place on Friday 19th September in venues throughtout the County, all events are Free of Charge.

Various Arts groups were represented at the launch.



PICTURED AT THE LAUNCH ARE FROM LEFT, CLLR JOHN JOE CULLOTY, MAYOR OF KILLARNEY, MAJELLA MANGAN, MANAGER MUCKROSS FARM and School House, Kate Kennelly, Arts Officer, Kerry County Council, Philip Macriocard, Afro Trad Ireland, Maria O'Sullivan-SLATTERY, KILLARNEY MUSICAL SOCIETY, SAMUEL KIWANUKA, AFRO TRAD IRELAND, YVONNE EADIE, KERRY WOOLLEN MILLS, JACK HEALY, ARTISTE, FERGAL CLEARY, KILLARNEY MUSICAL SOCIETY, ORNA CLEARY-O'SHEA, KILLARNEY MUSICAL SOCIETY, TIM O'SHEA, AFRO TRAD IRELAND, BRIDE GARVEY, SCARTAGLIN, SLIABH LUACHRA, CULTURAL AND HERITAGE CENTRE, LIAM KERRISK AND KIRILL HEALY, KILLARNEY SCHOOL OF MUSIC. FOR MORE INFORMATION VISIT WWWCULTUREKERRY.COM. PHOTO: VALERIE O'SULLIVAN.

STARS IN THE MAKING AT THE FIONA **CROWLEY STAGE SCHOOL**



STARS AT THE FIONA CROWLEY STAGE SCHOOL

The Fiona Crowley Stage School are all set to tread the boards in the coming weeks when the Stage School opens for the Autumn/Winter

The stage school teaches singing dancing and acting to students aged between 5-18 years old. "Our classes aim to bring out the best in every student in a caring and enjoyable environment" said Fiona, and with everyone's individual abilities taken into account. We can't wait to get back and start rehearsals for our December showcase, we are so excited to meet our lovely students both old and new" she added.

To contact Fiona about enrolling or information call 085 1629445 or email fcrowleystageschool@ eircom.net

DOCHAS DRAMA **GROUP**

Dochas Drama Group Killarney are starting the new season with an informal evening on Tuesday 16th September 2014 at the Killarney Avenue Hotel, Library Room at

Everyone with an interest in Drama is welcome to come along, and the group are always looking for new members.



CLOSING DATE LOOMS FOR TOM MCBRIDE BURSARY

Potential applicants for funding under the Tom McBride Education Bursary fund are reminded that the closing date for receipt of completed application forms is 5pm on Friday, September 12th. The bursary is funded through the Local Community Development Programme administered by South Kerry Development Partnership and is targeted at giving assistance to those in disadvantaged areas to get back into education.

SKDP Education co-ordinator Julieann Lane pointed out that the fund can cover both direct costs such as course fees as well as indirect costs such as travel, childcare and the costs of books. Last year almost 40 people received assistance in getting a second chance at education through the bursary. It is targeted in

particular at people on low incomes, those who are socially & economically disadvantaged, people with disabilities, those engaged in seasonal work or lone parents.

Funding recipient under the bursary in 2013 Angela Healy from Killarney said that having being able to take up the chance to go back to education has opened up many new doors for her, including the opportunity to go to Spain to further her language skills. She hopes that acquiring her language degree will enable he to teach both French and Spanish in the future. The courses or training eligible for the fund much be accredited nationally and must be seen to improve the employment prospects of the person undertaking the course. However funding may be provided for non accredited

courses where a specific prospect of work exists for the person on completion of the course. Expenses covered by another source of funding are not eligible for grant assistance and those applying must be living in the South Kerry area. A percentage of the bursary is allocated specifically to applicants from the South Kerry Gaeltacht area.

Application forms are available to download from the SKDP website www.skdp.net or they can be collected from the reception at any of the SKDP Offices in Cahersiveen, Killorglin, Killarney or Kenmare.

People can also contact Julieann directly by e-mail jlane@skdp.net or by phoning 066 9761615.









"FLAVOUR OF KILLORGLIN" FOOD FESTIVAL RETURNS FOR THIRD HELPING

"Flavour of Killorglin" food festival is back by popular demand for its third year following a hugely successful event last year. The festival, which is themed 'A Step Back in Time', takes place from Friday, 12th September to Sunday, 14th September and includes a full programme of events that will take place around the town.

The "Flavour of Killorglin" food festival is centred on providing a platform for local food producers to sample their excellent food produce as well as giving local businesses such as restaurants the opportunity to showcase their first-class services. Based on the theme, the food and drink sampled over the weekend will focus on how quality local food can provide the palette with an international taste experience.

There is a full programme of events planned for the weekend, including music, taste tours, charity wedding, craft beer and whiskey tasting, lectures and unique collaborations between food and drink providers. Some of the festival highlights include:

- Mock Divorce, Friday, 12th September: Come celebrate with us in this worthy fundraiser for the Hospice association and St. Josephs Home.
- Caragh Lake Gourmet Challenge, Saturday, 13th September: As the old saying goes. 'There is no such thing as a free meal'. This is certainly very true when it comes to the Caragh Lake Gourmet Challenge. Here you will have to complete a series of adventure challenges in order to savour the native culinary delights in the internationally renowned restaurants and



HELEN O'SULLIVAN OF O'SULLIVAN S BAKERY KILLORGLIN, MARETTE CRONIN KILLORGLIN AND MICHAEL O'SULLIVAN OF BLEACHFIELD MILLTOWN WITH HIS CATCH OF THE DAY, ALL ARE MEMBERS OF THE FLAVOUR OF KILLORGLIN FOOD FESTIVAL. PICTURED AT THE LAUNCH IN KILLORGLIN OF THE "FLAVOUR OF KILLORGLIN FOOD FESTIVAL" WHICH IS BACK BY POPULAR DEMAND AND TAKES PLACE IN KILLORGLIN CO KERRY FROM FRIDAY, 5TH JULY TO SUNDAY, 7TH JULY. PHOTO BY: DOMNICK WALSH / EYE FOCUS LTD © TRALEE PHONE MOBILE 087 / 2672033

amenities located on the shores of beautiful Caragh Lake.

- The Taste Trail, Saturday, 13th September: The public will be able to purchase Flavour Vouchers that can be redeemed at over 20 venues on the The Taste Trail.
- Flavour Market, Sunday, 14th September: Library Place will host the Flavour Market where over 15 local producers will showcase and sell the best of local produce.
- Laune Walking Festival, Friday, 12th Saturday, 14th September: Laune Mountaineering club will be hosting a walking festival this same weekend. There will be walks to cater for varying abilities. Young and old are encouraged to participate.

For more information and a full programme of activities, visit www.flavourofkillorglin. com or contact the festival offices by email flavourofkillorglin@gmail.com.

PICTURE PERFECT...



CALLING ALL BUDDING PHOTOGRAPHERS...

Killarney Outlook would like to offer you the opportunity to have your photographs published in our new weekly photography section.

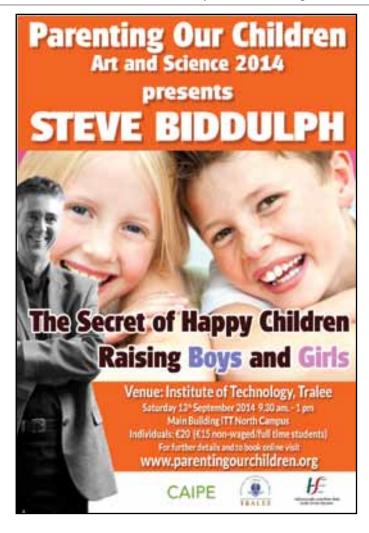
If you are a keen snapper then submit your photograph to editorial@outlookmags.com before 5pm on Mondays.

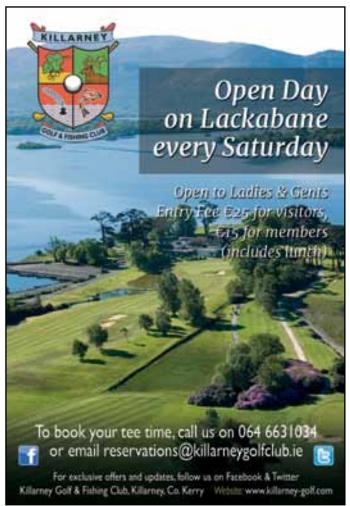
HORSERIDERS ON CASTLEGREGORY BEACH. PICTURE BY: JIM MORRIS

KEANE'S SUPERVALU NOMINATED FOR TOP AWARD

Best Supermarket in Ireland for Hygiene and Food Safety. That's the title that Keane's SuperValu based in Killorglin in Kerry could be laying claim to on September 26th 2014, having been announced as one of the finalists at the 2014 National Q Mark Awards. Announcing the list of finalists yesterday, Ms. Irene Collins, the Managing Director of Excellence Ireland Quality Association, announced that the team from Keane's SuperValu have surpassed the National standards of Hygiene and Food Safety and have set a new benchmark that all other supermarkets should be aiming for.

Keane's SuperValu is a family run business which opened in the town of Killorglin on the river Laune in 1994 and currently employs a dedicated team of sixty seven.









PICTURE PARADE

OFF TO SCHOOL...



Killarney Outlook Photographer Marie Carroll-O'Sullivan's meets the new students who enjoyed their first day of school this week.



PHOTOGRAPHER: MARIE CARROLL-O'SULLIVAN 087 391 4808



BEST FRIENDS ENJOYING THEIR FIRST DAY AT HOLY CROSS MERCY SCHOOL, ISABEL CREMIN & ANNIE BROSNAN.



BETHANY BYRNE, HUBERT SOBILA & MILANA GRUZNOVA PAUSE TO POSE FOR A PHOTO ON THEIR FIRST DAY AT HOLY CROSS MERCY



LUKE JOHN MANGAN FROM BEAUFORT PICTURED ON HIS FIRST DAY IN SCOIL AN CHUILEANNAIGH, BEAUFORT.



BEST FRIENDS ENJOYING THEIR FIRST DAY AT HOLY CROSS MERCY SCHOOL, ELIZABETH MELINIVKA & SHAY O'SULLIVAN.



TWIN SISTERS CARA & ALLIE LYNE ENJOYING THEIR FIRST DAY AT GAELSCOIL FAITHLEANN.



BEST FRIENDS FROM MAGGIE'S MONTESSORI, CLODAGH O'SULLIVAN & Roisín O'Donoghue enjoy their First Day at the Gaelscoil FAITHLEANN.



FIRST DAY AT SCHOOL AT HOLY CROSS MERCY SCHOOL FOR PIOTR Bankoz & Garvin Collins.



A GENTLE HUG FROM CORMAC FLANAGAN TO ANISA KAHN ON THEIR FIRST DAY AT HOLY CROSS MERCY SCOOL.



EXPLORING THE FIRST PAGE OF THEIR WORK BOOK WITH THEIR TEACHER MISS DALY ON THEIR FIRST DAY AT LISSIVIGEEN NS WERE FINN O'NEILL, ADI LUCEY & MOLLY CULLINANE.

College Square, Killarney 064 66 34177



IT PAYS TO LISTEN TO EXPERTS! Local Knowledge-Nationwide

PROPERTIES OF THE WEEK

ROCKFIELD, FAHA

REF 636

Guide Price €240,000.

4/5 Bedroom detached bungalow (2,267 sq ft) set on circa 0.5 acre of landscaped gardens with gated entrance.

BER CI



APT 4 BARRADUFF VILLAGE

REF 633

Guide Price €80,000.

Large 3 Bedroom (2 bathroom) First Floor Apartment (1,006 sq ft) with private entrance. Electric Heating.

BER Pending



80 WOODLAWN PARK, KILLARNEY

REF 632

Guide Price €165,000.

3 Bedroom semi detached house (1,300 sq ft) with adjoining garage. Requires complete renovation / re-decoration.

BER D2



SLIEVEGAURA, BEAUFORT

REF 643

Guide Price €40,000.

Derelict cottage on circa 0.59 acre site. Located just off the main Killamey to Killorglin road.

BER Pending





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APT A, BEECH ROAD, KILLARNEY

3 Bedroom (all ensuite) Penthouse Apartment with a large outdoor private terrace. Electric Heating. Lift Access. RENT €850 MONTHLY



APT B, BEECH ROAD, KILLARNEY

2 Bedroom (all ensuite) Penthouse Apartment with private terrace. Electric Heating. Lift Access.

RENT €750 MONTHLY



10 GREENLAWN, KILLARNEY

3 Bedroom (2 bathrooms) Semidetached House, Oil fired Central Heating.

RENT €750 MONTHLY

WALKERS PREPARE FOR WEEKEND FESTIVAL

The inaugural Laune Mountaineering Club Walking Festival is set to take place next weekend with registration taking place on Friday evening, September 12th.

A number of walks will take place with Carrauntoohil on offer for the more adventurous people who have a good level of fitness

A more moderate walk is Coomloughra and the easy walk is Seefin in the Glenbeigh area. On Sunday the walks are Mangerton and the Devils Punchbowl in the beautiful Killarney Valley.

Registration for the event is on Friday 12th from 9 to 10pm in Bunkers Bar and Restaurant. Saturday 13th in the Cyms hall at 8.15 for A and B walks. Departing Fairfield at 9am. Registration for C walk at 9.30am in the Cyms hall, departing Fairfield @10am.



For more information: www.thelaunemountaineeringclub.com follow us on facebook

https://www.facebook.com/ launemountaineeringclub.killorglin

ARE YOU INTERESTED IN DEVELOPING THE SKILLS REQUIRED TO GAIN **EMPLOYMENT?**

If you are unemployed, have been out of education for a while, have a disability or are experiencing mental ill health, then calling into the National Learning Network Information Clinic should be your first port of call. This information clinic will commence in the Killarney Library on the 16th September, 2014 from 11am-1pm, and will be held on the third Tuesday of each month. An instructor will be on hand with information on all the courses that NLN provide in Kerry, as well as the courses offered through employer's work placements and blending learning programme option's available. Courses include: Business Administration, Catering/Tourism Customer Care, Retail Sales, Woodwork, Sporting Chance, Employability Skills/Personal & Social Employment Skills, Information/ Office Administration via Blended Learning, Employer Based Training/Host Company Training, Focus and Directions Foundation

Training. All programmes carry National and Internationally recognised FETAC, City & Guilds etc. accreditation are open to people aged 18-65. No course fees apply and each participant will receive a training allowance equivalent to their welfare payment. These courses are on a continuous intake basis with the option to sample programmes of interest. National Learning Network has a very high student success rate, with 90% of people who complete courses going onto further education, training or directly into employment. The one-to-one supported training approach is a vital element for the success of learners, this allows everyone to work in a way that best meet their needs. Why not drop into Killarney Library between 11am-1pm on Tuesday 16th September. For further details please contact us on 0667122533. For information on courses go to www.nln.ie and search for Tralee.

SECOND ROUND OF DONATE A LIBRARY NOMINATIONS IS NOW OPEN

Bord Gáis Energy is once again donating libraries throughout Ireland and is calling on people in every town, village and community throughout the country to nominate local groups and charities they believe would benefit from their own library. With over 300 nominations received since the initiative launched last year, Bord Gáis Energy has already donated four libraries in 2014 to community groups in Kerry, Galway, Kilkenny and

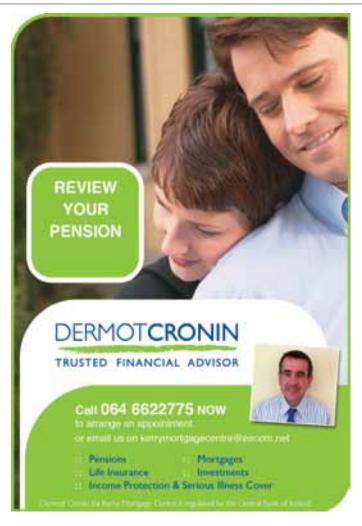
Dublin and now is looking for two more in the second wave of donations. The Donate a Library initiative gives the general public an opportunity to be a local hero and nominate a community group to receive a library worth €1,500 for their organisation, something they may not be able to afford themselves. Those wishing to nominate an organisation for a Bord Gáis Energy Library can do so at www.BGEbookclub.ie.

Nominations for all local notfor-profit organisations are welcome from individuals and groups throughout Ireland. All nominations will be reviewed by judges Sinead Desmond. Presenter of Ireland AM and Gert Ackermann from Ireland's support and representation network for the community and voluntary sector, The Wheel. For more information, please visit

www.BGEbookclub.ie.

KILLARNEY READY AS GLOBAL ADVENTURE **SUMMIT NEARS**

Preparations for promoting Ireland's outdoors adventure appeal to the world's top experts in this sector were discussed as the Minister for Transport, Tourism and Sport, Paschal Donohoe, met with local adventure and activity providers in Killarney today at an event to ready them for the hosting of the Adventure Travel Trade Association's (ATTA) World Summit in the town during October 6-9th. With just over 30 days to go, more than 50 key industry members attended a specially planned workshop and countdown event, organised by Fáilte Ireland, in the Brehon Hotel, to prepare for welcoming the 650 international delegates due to attend the conference. The direct economic impact for the Irish economy from hosting the ATTA's global summit will be almost €1m, along with the significant marketing, industry education and global networking value it will also provide. The conference delegates will represent some of the most influential global decision makers (buyers, media, key influencers, etc) from the adventure travel industry and the international meeting in Kerry will be a significant boost for Ireland as it seeks to grow its visitor numbers in this sector of the travel market - particularly along the Wild Atlantic Way. To maximize impact and to really show Ireland at its best, the overseas delegates are all being offered a 'Day of Adventure' free of charge on the opening day of the Summit (Monday, 6th October). Already, almost 400 delegates have registered to do so and many more are ultimately expected to take part. There will be 31 different types of 'adventures' for delegates to choose from, all showcasing the very best of adventure and outdoor activities to be enjoyed around the Killarney/ Kerry region.



MONEY MATTERS...

By Dermot Cronin, Financial Advisor



75% OF ADULTS HAVE A DEPOSIT ACCOUNT BUT MAJORITY DON'T KNOW 41% TAX IS PAYABLE ON INTEREST EARNED.

Two out of three say deposit returns are bad value. A recent survey of more than 1,000 respondents reveals three quarters of adults (75%) have a deposit account but over six out of ten adults (61%) don't know what rate of deposit interest retention tax (DIRT) is payable on the interest earned. Two thirds think current deposit rates are bad value for money. This is especially true for those aged 65+, of whom eighty eight percent consider deposit rates to be poor

Tax on deposit interest earned can be up to almost half because DIRT of 41% is payable as is 4% PRSI for certain savers. Many depositors are now earning as little as 1% or roughly half that after taxes.

- The average Irish person has €20,500 on deposit.
- Almost 1/5 Irish adults (17%) has between €10,000 and €50,000 on deposit. Investment returns vs deposits last five years:

People who kept long term funds on deposit for the last few years may be licking their wounds with the average Managed fund returning 12% per annum over five years.

For more information or to make an appointment to discuss the above contact Dermot Cronin APA, at **064 6622775** or **087 2893649**

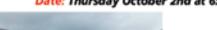
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GROUSE LODGE ARDANEANIG, KILLARNEY

Venue: Rochestown Park Hotel, Cork. Date: Thursday October 2nd at 6:30pm.





STARTING BID: **€190,000**

Superb opportunity to purchase well located bungalow and adjoining apartment on a beautiful elevated site with landscaped gardens and breath-taking mountain views just one mile from the popular tourist town of Killarney. This property is the ideal family residence with adjoining apartment giving additional rental income.

Spacious kitchen/living room, sitting room, 4 bedrooms (one ensuite), main bathroom, separate toilet, oil fired central heating. Adjoining self contained apartment comprising kitchen/living room open plan, 2 bedrooms, 2 shower rooms, oil fired central heating. Fully furnished, 2 adjoining large garages/storage sheds.

Joint Agents: Hennigan Auctioneers & The Munster Property Auction





Auctioneers 66 New St., Killarney | t| 064 6634582 m| 087 2354416 www.daft.ie/hennigan

Killarney, Co. Kerry - www.myhome.ie 087 2024772 | 064 6633207

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4 Bed (1 En-Suite) Detached Property.

Situated within a short distance of Killamey Town, neighbouring Aldi, Tesco's and Deerpark Retail Centre.

OFCH & new double glazed windows

Front & back gardens. Fully furnished. Good decorative condition.

Minish, Killarney



4 Bed (1 En-Suite) detached dormer bungalow.

Situated approximately 3.5 miles from Killarney Town, off the main Killarney/Cork Road.

Elevated & very private location.

Good decorative condition. Fully Furnished.

For enquiries please contact Jacqueline O'Sullivan 064 6633207 or 087 2024772

GREAT EVENING OF ENTERTAINMENT - FOR KERRY FRIENDS OF MOTOR NEURONE

A night of traditional Irish music song dance and storytelling was held in The INEC Acoustic Club recently hosted by members of the Lynch Family from Oven Co Cork and the Burns Family Sneem Co Kerry on behalf of Kerry Friends of Motor Neurone.

The event was held as a thank you to all who took part and supported the 2014 Ring of Kerry Charity Cycle on behalf of KFMN.

MC for the night was the renowned Kerry Seanchi Mr Batt Burns who kept everybody in awe with his storytelling and verse.

Caitlin Lynch nee Begley from Dingle



SEANCHAI MR BATT BURNS

delighted the audience with her quality singing -- her sons Aoghan and Donnacha provided beautiful music on concertina and guitar and were ably



PICTURED AT THE CONCERT ARE LEFT TO RIGHT KEVIN LARKIN, KILLIAN BURNS, CHRISTY LEHANE, BATT BURNS AND JOHN O'DONOGHUE.

supported by former Kerry Footballer Killian Burns on accordion with former All Ireland Champion bodhran player Kevin Larkin blending in very nicely. Spa set dancers added to the occasion with their set

The gathering remembered Maire Burns who

originally was to partake in the night but was sadly unable to attend.

The night was a huge success and Kerry Friends of Motor Neuron would like to thank everyone involved.

GET READY TO RUMBLE!!!!!

AMERICAN WRESTLING RAMPAGE CRASHES INTO THE INEC THIS SEPTEMBER!

27 SEPTEMBER INEC, KILLARNEY

American Wrestling Rampage (AWR) is back this September with fast-paced, hard-hitting action from the hottest Wrestling promotion around! This is your chance to see big name stars direct from the USA perform up close and personal. And what's more, fans get to MEET THE WRESTLERS after the show on this nationwide

Some of the wrestlers taking part in AWR include Former WWE Intercontinental Champion, Carlito, member of WWE's '3MB' Group, Drew McIntyre and Chris "The Masterpiece" Masters. Remember, these superstars and many more will be on hand for a high-flying, hard-hitting show and the best part - FANS CAN MEET ALL THE WRESTLERS after the final bell.

This September, AWR will deliver many special stipulation matches where anything goes! Do not miss a Chris "The Masterpiece" Masters. rare opportunity



to see these popular matches LIVE!

Don't delay in securing your tickets today to see and meet these giants of the wrestling world. See http://www.inec.ie/ for ticket information.

KERRY MOUNTAIN RESCUE TEAM NEWS

Kerry Mountain Rescue Team was called out on Wednesday night at around 10.30pm to locate two male walkers who were lost on the MacGillycuddy's Reeks. The walkers had climbed Carrauntoohil and lost their way in cloud on the descent from the mountain. They called for assistance after darkness fell. Kerry Mountain Rescue Team was able to establish the location of the walkers using a grid reference that was provided from a smart phone used by the walkers.

Members of the rescue team located the walkers in the Derrynafeana area of Glencar at around midnight. Neither of the men was injured; they were guided from the mountain to safety.



THE LATE DONAL CULLOTY

Hundreds of people queued for hours to pay their respects to the late Donal Culloty of Lewis Road who passed away this week.

The popular accountant and husband of Killarney Golf Club Lady Captain Maureen was laid to rest in Aghadoe cemetery on

Wednesday.

The father of Cheltenham Gold Cup winner and trainer Jim Culloty, Donal was a horse racing fan all his life and the family requested donations to the Injured Jockeys Fund rather than flowers at his funeral.

He is survived by his wife Maureen and children Margaret, Don, Kayan, Maria, Aoife, Jim, Michael and Frank, grandchildren, brother Frank and sister Carmel.

Ar dheis de go raibh an anam dilis.

DNG TED HEALY

'Properties urgently required in the Killarney area'.

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FINANCIAL STRESS — HAS NOT GONE AWAY.

The long awaiting return of national economic recovery and the welcome reduction in unemployment levels paints a picture that all is resolved and people are once again back to prosperous ways. The reality is, thousands of family's are still trapped by excessive debt levels and their financial situation has and will not improve unless they get professional help. These individuals and families resembles a small boat lost at sea caught in the grips of a huge storm, without a plan, without a structure and unsure of who to pay and what to do. This is a harrowing experience for many individuals, it robs them of their pride, their self-esteem, it affects not just them but their family, their work, at it's most basic they try and sleep at night with a knot in their stomach and the associate stress and anxiety eventually affects their health. Many families face increased expenditure in recent weeks with kids going back to school, we see the actual consequences of this, where people struggle to pay for food and groceries, pay the electricity bill or the mortgage.

However, there is hope and there are solutions for all individuals in this harrowing experience, no matter how bad one feels their own

People with financial difficulties need professional advice from individuals and firms that are highly regulated and experienced in this area. Brian Leslie, Managing Director of Prima Finance Debt Solutions explains "For the vast majority of people, they are highly stressed and the reality is they themselves are the last people that should be negotiating with these large and well-resourced banks. We advise and assist all occupations and all professions, from self-employed individuals, company directors, civil servants, teachers, Guards, nurses, doctors, solicitors, accountants and so on".

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BRIAN LESLIE OF PRIMA FINANCE

CONCLUSION

If you find yourself in financial distress, seek help, don't let shame, guilt or regret stop you any longer from getting the professional help you need and that is now available. Firm's like Prima Finance Debt Solutions offer a FREE consultation who can be contacted on 1890 456 700 or info@primafinance.ie

IF YOU HAVE A STORY...

Contact Aisling on 086 0400 958 or Email: editorial@outlookmags.com

PROPERTY OUTLOOK

THROUGH THE KEYHOLE...

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Price Region: €135,000

(BER: Pending)





PICTURE PARADE

OFF TO SCHOOL...



Killarney Outlook Photographer Marie Carroll-O'Sullivan's meets the new students who enjoyed their first day of school this week.



PHOTOGRAPHER: MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING A MORNING OF PAINTING WITH TEACHER EDEL CRONIN WERE L-R MEHEDI AKTER, ALEX LOONEY, MATTHEW O'CONNOR & CONALL MURPHY.



AMELIE COUNIHAN & DOIREANN DINEEN ON THEIR FIRST DAY AT LISSIVIGEEN NS.



DELIGHTED TO 'STRIKE A POSE' ON THEIR FIRST DAY AT LISSIVIGEEN NS WERE LIAM McCARTHY & DARA WICKHAM.



Having fun at Lissivigeen $\overline{\text{NS}}$ on their first day were $\overline{\text{Roisin}}$ MURPHY & PATRICK O'BRIEN.



Junior infant teacher Catherine Mangan reads a story for JULIA O'DONOGHUE & VIGGO VIKARAND ON THEIR FIRST DAY AT HOLY CROSS MERCY SCHOOL.



Enjoying their first day at St Olivers National School were MEGAN STEINBACK & CORA O'SULLIVAN.



ENJOYING THEIR FIRST DAY AT HOLY CROSS MERCY SCHOOL WERE PADDY MOLONEY & RONAN O'BRIEN.



Junior infants at St Olivers NS on their first day at school with teacher Oonagh McCarthy.

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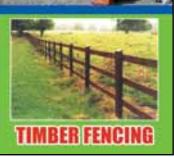
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> For Appointment Phone: 021 4546437 Audivox Hearing, Clinic 29, Bishopstown, Cork info@audivox.ie | www.audivox.ie

PICTURE PARADE

OFF TO SCHOOL...



Killarney Outlook Photographer Marie Carroll-O'Sullivan's meets the new students who enjoyed their first day of school this week.



PHOTOGRAPHER: MARIE CARROLL-O'SULLIVAN 087 391 4808



Working up an appetite on their first day at school at $\mathsf{S}\mathsf{T}$ OLIVER'S NS JOHN ANTHONY O'BRIEN & PATRICK O'BRIEN.



JUNIOR INFANTS AT GAELSCOIL FAITHLEANN ON THEIR FIRST DAY AT SCHOOL WITH TEACHERS LOUISE NÍ MHUIRCHEARTAIGH (SEATED IN FRONT), ANTÓIN O CEALLACHÁIN (BACK RIGHT) & AOIFE NÍ LÉINEACHÁIN (BACK LEFT).



NAOISE CRONIN & SOPHIE DUKE 'ALL SMILES' ON THEIR FIRST DAY AT ST OLIVERS NS.



Enjoying their first day at Holy Cross Mercy School were L-R Alan Mortek, Jayden Hurley & Dara Sugrue.



WORKING UP AN APPETITE ON THEIR FIRST DAY AT SCHOOL AT ST OLIVER'S NS L-R PATRICIA DOOLEY & PAULA PRUDNIKOVAITE.



Enjoying their first day at St Olivers National School were L-R ALICE HICKEY, JASMINE LUCEY & ABBEY McCARTHY.



"Over the Moon" on their first day at Holy Cross Mercy School L-R Oliwia Grzadziel, Joshua Meyer, Matthew Harrington,







AUTUMN/WINTER CLASS SCHEDULE @ AN RÍOCHT

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Burn calories and keep your muscles in shape by working out on a spin bike.

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Their Special Day

A look at the Wedding's taking place in Killarney.



Triona Mangan and Sean Leahy who were married at St Mary's Cathedral, Killarney on Friday 29th August. Their reception was at The Malton hotel Killarney. Image courtesy of Tara Donoghue Photography www.taradonoghuephotography.com



LARA O CARROLL AND BRYAN MC DERMOT WHO WERE MARRIED AT ST MARYS CHURCH OF IRELAND AND HELD THEIR RECEPTION AT THE DUNLOE CASTLE HOTEL. PHOTOGRAPHIC CREDIT AS FOLLOWS MÍCHEÁL O SULLIVAN PHOTOGRAPHY WWW.OSULLIVANPHOTOGRAPHYIRL.COM





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with John O'Sullivan

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This is the time of year to look after your lawn after the wear and tear of a long season. Any repair work that needs to be done can commence before the winter comes in and the growth stops.

After you cut your lawn at this time of year it would be well worth giving it a good rake. This practice is known as scarifying and it keeps the levels of old grass stems and dead moss under

Old grass stems that go deeper than about 1 cm can slow down water and fertilizer getting through. For larger lawns there are power tools available.

You can also give your lawn an autumn feed at this time of year. Use an autumn lawn fertilizer which is high in phosphates and potash as this will help strong roots to develop. Do not use a spring fertilizer as it contains high levels of nitrogen which will encourage soft leaf growth and this could be damaged by frost.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



CREATE A NEW BODY STORY!

What is your body telling you today? Do you know what it wants? Do you understand where and how it stores your pain, your memories, your joy, fear, anger and happiness? Our bodies hold our life experiences deep within their tissues and shape and mold themselves to our thoughts and beliefs.

Some of the most groundbreaking psychology work today is in working with the body to heal the deepest scars. You can let them go and they can fade without leaving any imprint at all. Our experiences are constantly being recorded, from our first breath, by the body and recreated over and over and over again in the mind. Unresolved issues are stored as tension in the body. As the mind replays the hurts and feelings of the past or anxiety about the future the body becomes the "container" for all of the stressful emotions, chemicals and hormones produced by the mind's fearful or negative thinking.

One of the most significant findings in Body centered Psychology is that if you can feel the story line in your body, you can start to heal.

BODY COACHING TIP!

Allow yourself to feel the physical body. Feel where you are holding tension, old story lines, and intense emotional experiences. Feel them in the physical body as clearly as you can, then gently, slowly start to relax. Keep relaxing. Don't judge or comment on any of the feelings – just accept them and let them go. Inhale fully and exhale deeply and completely.

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Know Your Rights:

IMPORTING A CAR

OUESTION

I'm living in Ireland but I want to buy a second-hand car in the UK. What steps do I have to take when I bring the car to Ireland?

ANSWER

Within seven days of bringing the car to Ireland you must make an appointment to bring the car to your local National Car Testing Service (NCTS) centre in order to register it and pay Vehicle Registration Tax (VRT). See ncts.ie to book an appointment and for details of the documents you need to bring with you.

The car will be examined at the NCTS centre and the details will be used by Revenue to assess the amount of VRT payable, based on the value of the car. Revenue provides an online VRT Calculator that you can use to get an estimate of how much you will have to pay, see revenue.ie. You pay the VRT to the NCTS. You must complete the registration process within 30 days of the vehicle's arrival in Ireland.

You will get a receipt for the VRT paid, showing the new registration number for your car. You must display this number on your car within three days. You can buy registration number plates at the NCTS centre or at a motor factors.

You will also get Form RF100, which you will need when you pay motor tax. To pay motor tax, you will also need to insure the car and have your insurance details. You can pay motor tax online at motortax.ie or at the Motor Taxation Office of your local authority.

After you have paid the motor tax, the Vehicle Registration Certificate will be issued to you by the Department of Transport, Tourism and Sport.

If the car is four years old or more it must also undergo the National Car Test immediately.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Traice 0761 07 7560, Killamey 0761 07 7829, Listuwei 0761 07 7840, Kenmare 0761 07 7810, Killonglin 0761 07 7830, Castleisland 0761 07 7790. Caherciveen 0761 07 7780

Information is also available online at citizensinformation ie and from the Citizens Information Phone Service, 0761 07 4000

Citizens Information







Information, Advice & Advocacy

- Employment Law
- Consumer Affairs
- Justice
- Housing
- Social Welfare
- Family Matters
- Migrant Rights

- European Union Issues
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TRANSITION YEAR PROGRAMME INTRODUCED TO KILLARNEY COMMUNITY COLLEGE



THE NEW TY CLASS AT KILLARNEY COMMUNITY COLLEGE. FRONT ROW L-R: CHRISTOPHER MARSHALL, PETER O'BRIEN, NICOLE O'RIORDAN, Leigh Anne Herlihy, Broghan Edmonds, Sarah Finnan, Christopher Sweetman, Chelsea Coffey Middle Row: L-R: Ms. Lorraine Crowley (TY Co-ordinator), Jordyn Tuohy, Abigail Graham, Grainne Dineen, Louise Lanigan, Sheyenne Kehoe, Megan Brosnan, Shane Courtney, Dean Cronin, Laura Daly, Dominika Gwizdzinska, Ms. Kerri McCarthy (TY Co-ordinator)Back Row: L-R: Megan Duggan, Nelu O'Doherty, James Flynn, Rory Carroll, Ross Brennan, Mutaz Almusawi, Mark Stack, Oliwia GRAMZA, JAKE GRUNFELD, DONAGH O'LEARYABSENT: MICHELLE O'SULLIVAN AND DANIEL O'CONNOR

This year saw for the first time ever the Transition Year programme introduced to Killarney Community college. The air of excitement around the college is contagious as both teachers and students are fully engaged and looking forward to a tremendous year ahead. The transition year programme is a unique one year programme that promotes

the personal, social, vocational and educational development of students and prepares them for their role as autonomous, participative and responsible members of society. The college endeavours to promote academic skills with an emphasis on interdisciplinary and self directed learning. TY provides a bridge to enable students to make the transition from the more dependent type of learning associated with junior cycle to the more independent learning environment associated with senior cycle. It encourages the development of a wide range of transferable critical thinking and creative problem solving skills. The students will also discover their individual talents, aptitudes and abilities and will learn a variety of new skills. Another element of the programme will involve preparing the students for the world of work by enabling them to develop skills that will benefit them throughout their lives. The programme will be co-ordinated by Ms. Kerri McCarthy and Ms. Lorraine Crowley. A huge amount of planning has been undertaken to ensure that it is a year that will allow our students to reach their full potential in their leaving certificate. The TY programme will offer our students a broad and balanced curriculum with certification in many different modules at their end of year graduation. According to Ms. Fiona O'Brien "We are delighted to be able to offer this new experience to our students. It is a great addition to the school programme and gives our students an opportunity to excel both academically and personally gaining knowledge and experience through the many different modules that are on offer throughout the school year."



Gold for Kilcummin's Shauna in Community Games

Athlone Institute of Technology was the venue last weekend for the 2014 Community Games All-Ireland finals and what a great weekend it proved to be for Kilcummin's Shauna O'Leary. Fresh from her third place in the Fleadh Cheoil All-Ireland finals in Sligo the previous weekend, Shauna set out for Athlone in what was a highly competitive event with a field of 22 entrants for the U14 solo-singing final.

Supported by her family and friends, and accompanied by musician Jack Healy, Shauna gave a wonderful and perfect rendition of The Water is Wide to win gold.

The Klub Bar was the venue on Tuesday evening last then as the traditional bonfire blazed brightly in recognising the achievement of another All-Ireland Gold medal coming to the Parish. It was a very special occasion indeed for Shauna, her parents Sheila and Seanie, younger siblings Oisin and Rebecca and especially both grandmothers in what proved to be a wonderful community evening of celebration.

BUCKET CHALLENGE TEACHERS TAKE THE ICE

The Ice Bucket Challenge has taken the nation by storm raising almost €1million for Motor Neuron Disease (MND). This week Killorglin Community College, four of the staff stepped up to the challenge. After being nominated by outside catering contractor Hazel Devane the four teachers, Donal O Reilly, Melissa O Riordan, Ian Twiss and Anthony Griffin, took the plunge all in the name of charity. As well as donating themselves by texting MND to 50300 the teachers offered the students a once in a lifetime opportunity to be part of this soaking! Students were only too happy to contribute to see this and the school raised €300 from the event, Deputy Principal, Donal O Reilly said "The Ice Bucket Challenge has really caught the imagination of the country. Its a bit of fun but really raising awareness about a terrible disease. Our young people need to be exposed to discussions around serious issues like these, its part of their holistic development. Its great to raise awareness and money for MND this week. And the discussions around it in the staffroom, corridors and classroom all helps to educate everyone on it."



FIRST YEARS STUDENTS AT THE ISK FROM KILLARNEY PICTURED ON THEIR FIRST DAY AT SECONDARY SCHOOL. INCLUDED ARE STUDENTS FROM ST OLIVERS, MERCY, LORETO, GAELSCOIL AND LOUGHUITANE.









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PLAN YOUR STRATEGY AND WORK CONSISTENTLY FOR **EXAM SUCCESS IN 2015**

(By Billy Ryle)

September heralds a return to school or college for young people throughout the country. It's also the beginning of an important academic year for those facing into state or college exams. So whether you have a public or an in-house exam at the end of the year, the key to success is good planning and a consistent approach to study. Begin by setting realistic target grades in each subject or module. A clear aim will focus and motive you. Achieve



your goals by efficiently managing your time, your study and your personal fitness.

Time management means establishing a regular and disciplined study routine, based on short, medium and long term planning. Commit yourself to a number of hours study each night. At the end of a short period, such as a week, review the quality of your work. Medium term planning involves the completion of a certain amount of work over a longer period, such as a school term. The long-term plan is to be totally prepared for the end of year exam. Review your progress regularly. The first term is primarily utilised to complete course work. Your immediate objective is doing nightly homework of a high standard. Develop the habit of revision as early in the year as possible. Start to organise your copies of past exam papers. Begin to consider how the exam is structured. Become familiar with the format and layout of each paper, the style of question asked and the topics examined. Know how the marks are allocated and how much time should be spent on each question.

Use a homework diary, either conventional or electronic, to record each homework assignment. Develop your own study plan, but prioritise, with deadlines in mind. An efficient system is to follow the subject timetable for the following day's classes. This approach will give you variety each night, it will keep you working to deadlines and it will provide a safeguard against beginning with your favourite subject each night and, perhaps, relegating a less favoured subject until last. Commit yourself to about four hours work each night, to include homework and a little revision, if time permits. Work in two-hour sessions and take a half hour break between the two sittings. In an exam year, Friday night must be included in the study schedule. Do six or seven hours study over Saturday and Sunday, which should mainly consist of review and revision.

Revise only when you have completed your homework assignments. Try to include all your subjects in your weekly revision plan. Revise in small manageable self-contained units. Revision is effective only if you understand and can write down what you have revised.

Study and revision can become tedious. So keep yourself interested by establishing a reward system to reinforce your progress and to maintain your momentum. The aim of doing well in the exam is your greatest motivator, but short-term rewards give you an immediate sense of purpose. Identify the 'time thieves' - that is, where time is being wasted - early in the year and eliminate them by efficient time management.

Good working conditions are vital aids to effective study. A comfortable private study environment at home is essential. Study on your own if possible in a room where you have peace and quiet. A table and a hardback chair are basic requirements. Make sure the heating and the lighting in the room is satisfactory. Don't distract yourself by playing music in the background or by wearing earphones. Organise your books and materials before you begin each study session to avoid having to leave the room.

At school, listen actively in class. Participate in class by asking questions, by showing enthusiasm and by helping to create a studious class atmosphere. It goes without saying that the best information is available at school. So attend all your classes punctually and be determined to learn. Organise your practical materials, such as calculator, books, writing pads, etc. Clear, comprehensible and well-documented notes are an invaluable organisational aid. Ensure that your handwriting is legible, that your diagrams are detailed and intelligible and that your presentation is neat. If you are filing material on your desktop or laptop computer organise it carefully for easy access. Concentration is a by-product of routine and organisation. By arranging it for a set time each day you reinforce your commitment to your study. The more focussed you are on your study and the more determined you are to do well then the more your concentration will improve. To aid your concentration during study, develop the habit of doing mild forms of exercise - perhaps a short breathing exercise, or simply close your eyes to allow your mind and body to relax for a few moments. Concentration is considerably aided by a positive attitude, so have confidence in your ability to perform well in your exam. Always keep a good thought about yourself and be success orientated. Self-confidence and positive thinking lead to success. Be single minded about your objectives. Keep an eye on your personal targets and avoid mental fatigue by sensible use of recreation and leisure. With an organised and disciplined approach to your study you will do very well in your exam.



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Kerry ETB Training Centre is now recruiting for the following courses.

Wind Turbine Maintenance Technician Course (TR36R) - Tralee

This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification and have a number of years hands-on practical experience in one of the related areas. Start Date: 29th September 2014. Duration: 36 weeks. Certification: City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53).

Interactive Media (TR351) - Tralee Training Centre.

This course covers design, digital imaging, photography, sound, video, digital publishing and media project management. The emphasis is on project-led, hunds-on practical training. The majority of your time will be spent developing practical skills while undertaking an extensive range of project work. You will also work as part of a production team and regularly produce media content to a deadline for real-world clients. Start Date: 1st September 2014. Duration: 49 weeks. Certification: City & Guilds Level 3 Diploma.

Media Techniques - Radio Course (ET283) - Trales.

This comprehensive course is for people who wish to pursue careers in the radio broadcast. sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. Start Date: 8th September 2014. Duration: 42 weeks. Certification: City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Manual & Computerised Payroll and Bookkeeping (ET0Z5) - Castleisland.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for people with no prior experience in the topics. Start Date: 8th September 2014. Duration: 10 weeks. Certification: FETAC Level 5 Component. Certificates in Bookkeeping Manual and Computerised and Payroll Manual and Computerised.

Accounting Technician of Ireland - First Year Course (ET214) - Trulee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide participants with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management, Start Date: 15th September, Duration: 42 weeks, Certification: First Year Certificate for Accounting Technicians

Accounting Technician of Ireland - Second Year Course (ET21R) - Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year two of the two year Diploma for Accounting Technicians qualification. Applicants must have achieved a pass in at least 3 subjects in the First Year Accounting Technicians Ireland course, including both Financial Accounting and Taxation. Year two covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). Start Date: 15th September. Duration: 39 weeks. Certification: The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

Web Design with Adobe Dreamweaver Course (ETr87) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites.

Start Dates: 29th September 2014. Duration: 17 weeks. Certification: Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Surf Instructor and Beach Lifeguard Course (ET1Z3) - County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. Start Date: 29th September 2014. Duration: 25 weeks. Certification: Surfing Skills Instructor Level 1 - Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

Reception and Clerical Skills (ET0N1) - Killarney.

If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. Start Date: 13th October 2014. Duration: 15 weeks. Certification: FETAC Level 5 Component Certificates in: Information and Administration, Word Processing, and Customer Service.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Trales, TEL. 066 7149600, E-mail: <u>training/idenverbitrainingcontrale</u>











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starting late September in The Brehon Hotel Killarney on Wednesday evenings 7-9pm.

This course is an 8-week course that ensures our students build a foundation for entering the makeup industry.

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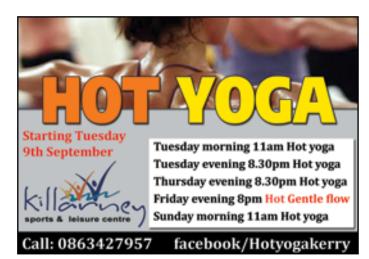
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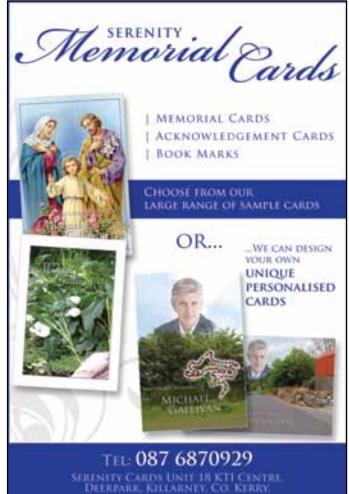




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Contact Aaron Logan 087 3283715 aaronloganconsultancy@gmail.com

KILCUMMIN NEWS

COMHALTAS: If you are interested in training set dancing for competitions for the coming year please contact the secretary Marguerite O'Connor (086) 081 0208 before Monday 14th of September.

PARENT AND TODDLER GROUP: Parent and Toddler group is starting back the 1st September in the Recreational Hall every Monday from 10.30am to 12.30pm. All parents, grandparents and child-minders with baby and toddlers are welcome to come along and enjoy the morning. Contact Alma on 087-6619659

VACANCIES: A number of vacancies are currently available in the Kilcummin Rural Development. C.E. Scheme. They include office administrator and general maintenance/caretaker. These positions are a development opportunity and no experience is necessary. Accredited training will be provided to support your career. C.E. eligibility applies. To apply please forward C.V. for the attention of the supervisor to the Rural Development Office by post or email to info@kilcumminparish.com **ANABLA NATIONAL SCHOOL FAMILY FUN** DAY AND RAFFLE: Anabla National School Family Fun Day and Raffle on 7th September 2014, 2pm to 6pm at the School Grounds. Lots of fun on the day, bouncing castles, obstacle course, fun sport events, inflatable soccer pitch and bumper balls, inflatable speed cage and radar, raffle, cake sale, barbecue, kids karaoke, face painting and lots more. Great prizes on the

KILLARNEY LIBRARY: Killarney Library will host an exhibition entitled "Eamon Kelly Remembered" from Saturday 6th to Saturday 13th September. On Thursday 11th at 6.30pm a lecture on the importance and influence of Eamon Kelly's works will also take place along with a performance of works. Free admission. All welcome

CATHOLIC GRANDPARENTS ASSOCIATION:

Pilgrim to Knock will take place on Sunday 14th Sept. Bookings for the Diocese of Kerry Pilgrimage contact 064-6632644 @ John Paul 2, Pastoral Centre.

KILCUMMIN GAA. FIXTURES: Kilcummin



PICTURED AT KILCUMMIN NATIONAL SCHOOL ON THEIR FIRST DAY WERE PRINCIPAL GILLIAN SHEEHAN'S JUNIOR INFANT CLASS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

minors play Currow on this coming Friday at 6.30 in Currow. Kilcummin Under 21's are scheduled to play Glenflesk on this Wednesday at 6.30 in Glenflesk in the Acorn Life club championship.

CONGRATULATIONS: Well done to Shane Murphy who played well with the Kerry Juniors in the All Ireland final recently and to Brendan Kealy and his senior colleagues who lit up the hearts of all Kerry supporters with their display against Mayo on Saturday. Also congratulations to the Kerry minors on who guaranteed a great day out in Croke Park in three weeks time. Congratulations from Kilcummin GAA Club to all of Kilcummin Comhaltas competitors who performed so well in Sligo and especially to the medal winners of which there were many and well done also to Shauna O'Leary who won a gold medal in singing at the All Ireland Community Games finals.

RAMBLING HOUSE: Rambling House returns to Kilcummin GAA Club on this Friday Night and the first Friday of every month over the winter months.

U11 EAST KERRY LEAGUE: Well done to the Kilcummin U11 footballers who finished jointtop of Group 1 in the East Kerry league which finished last week. Having recorded home victories over Dr Crokes and Firies in the first two rounds, Kilcummin found themselves 7 points down away to a physically strong Kenmare

side in Round 3 but an excellent second-half performance saw Kilcummin emerge 2-point victors after a fine evenings football.

And so it was off to Direen to play unbeaten Legion in the final round and what a cracker of a game this proved to be. Having played with a strong breeze and enjoyed the majority of possession, Kilcummin's slender 2 point interval lead looked precarious indeed. Good Legion pressure saw them lead by 2 points well into the second half but showing great heart and determination, the visitors pushed forward and sustained attacks eventually yielded a goal and a slender 1 point lead with time almost out. Legion kicked the final score and a draw was a fitting outcome indeed with some excellent performances on both sides. Great credit to this young panel of players who have shown great dedication to training throughout the Summer and reaped the rewards for their efforts with fine performances throughout the campaign. **GAA LOTTO:** There was no winner on Sunday

31st August. Numbers drawn were 2, 4, 6 & 18 Consolation prizes were €100 Kevin Kelliher, c/o The Village Inn, €60 Eileen O'Connor, Rathanane €60 Margaret Buckley, Ballinamanagh. €30 John & Julie Looney, Mastergeeha €30. Morgan O'Sullivan, 27 Pairc Chuimín. Next draw Sunday 14th September Jackpot now €11,750.

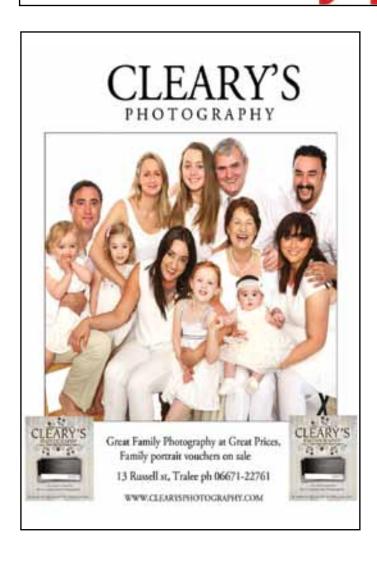
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FOSSA NEWS

FOSSA GAA: Fossa Lotto 31/08/2014: Numbers Drawn: 4,6, 11, and 14. Jackpot: €4,950

No Jackpot Winner: Consolation Prizes 5x€40: Jimmy O'Leary jnr, Killarney; Phil Ahern, Listry; Pat O'Mahony, Killorglin; Sharon Rennie, Crohane Fossa; Erica McGlynn, Knockasarnett; New Jackpot: €5,100.

Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night September 7th 2014 at the Golden Nugget Fossa at 11p.m. This marks the 21st anniversary of our first ever Lotto draw on September 5th 1993, and we wish to thank all those who supported us during that time.

COISTE NA NOG: Our gallant Under 14 team, who have given us such a great year, fell a small bit short against a strong Scartaglin/Cordal team in the final of The Division 2 East Kerry Championship Monday evening in Fitzgerald Stadium. Fossa had got off to a good start, Emmett O'Shea and Cian McCarthy scoring two well worked points before another good attack saw a goal by Ewan Weldon. However this spurred Scart/Cordal into action and powerful attacking through the middle saw them kick 6 unanswered points. Emmet O'Shea then added a point but a goal from Scart/Cordal gave them a good lead. They added 3 more points before the break to lead 1-09 to 1-03 at half time. The Fossa lads put in a huge effort in containing the opposition in the second half and held them to just 3 more points. The lads fought hard to try and muster some scores and they got two good hard earned goals from Daniel Talbot and Cian O Shea, however the failure to score a few points at this time proved costly. William O'Brien was excellent in goals, with Gary Cronin, Anthony O' Keefe and Richard Wallace strongest in defence. John Talbot and Ryan Sheehan, aided by Ewan Weldon and Cian O'Shea worked their socks off around the midfield area and Eamonn Murphy, Cian McCarthy and the Emmet O'Shea were always looking to attack. It was tough to lose, well done to Scart/Cordal, but well done to our lads also, we had an absolutely fantastic year following them. Thanks boys.

LADIES FOOTBALL: Fossa U 14 girls are Co League Div 1 champions after giving a great performance to beat a strong Rathmore team in the final in Farranfore on Sunday evening. Our girls started brilliantly and gave an exhibition of football in the first 30 minutes. Rathmore fought back bravely in the 2nd half but Fossa ran out comfortable winners with the scoreline of Fossa 4-09 to Rathmore 1-5. Having gone through the league unbeaten, and also winning Kerry Feile na mBan and the John Egan tournament, this team is having an unbelievable year. We are also delighted that this team has been invited to play in the Kilmacud Crokes u14 All Ireland 7's competition which will be played in Dublin on Saturday, Sept 27th

FOSSA GOLF SOCIETY: Kieran Coffey's President's Prize: Winner Brendan Coffey 40 points (11) bb6, 2nd Seamus Kelly (16) 40 points, 3rd Brian Fitzgerald (12) 38 points bb6, 4th Stuart Graham (5) 38 points, 5th Padraig

Burke (17) 36 points, 6th Pat Chawke (9) 36 points bb3, Past Captains Tadgh O'Reilly (19) 36 points, Front 9 Kieran Coffey (15) 21 points, Back 9 Tim O'Brien (12) 22 points, Nearest pin Tim O'Brien, Longest Drive Stuart Graham, Guest Jack Coffey (9) 34 points,

FOSSA/TWO MILE COMHALTAS: Adult set dancing classes resume in Fossa Community Hall on Tuesday 30th September. Beginners 8pm, improvers and advanced 9pm. All welcome. Contact Catherine Joy at

087 6799335 or Tim Kissane 087 2413116.

FOSSA COMMUNITY CENTRE: The Annual Fossa Community Centre Fashion Show will be held in the Hotel Europe on Tuesday 14th October. Cheese and wine reception at 7pm and Fashion show starting at 8pm. There will be a prize for the Best Dressed lady,and also raffle and door prizes. Ladies a date to be put in your diary.

KILLARNEY LIBRARY Killarney Library will host an exhibition entitled "Eamon Kelly Remembered" from Saturday 6th to Saturday 13th September. On Thursday 11th a lecture on the importance and influence of Eamon Kelly's works will also take place along with a performance of works. Free admission. All welcome.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at genemoriarty2014@gmail.com

Please forward information on or before Sunday at 10:30am.

RATHMORE / GNEEVEGUILLA NEWS By Michael O'Mahony

CONGRATULATIONS: To local woman Elaine Cronin, Caherbarnagh competed in the All Ireland Masters Athletics in Tullamore, Co. Offaly. She did her family, club and area proud by winning 5 All Ireland medals. A total of 15 medals was won between 5 of their athletes on the day. What a successful end to their season. SYMPATHY: To family and friends of Mary Cremin (née Cronin) Shronebeg, Rathmore, whose death occurred last week. May she rest in peace.

ENGAGEMENT: Congratulations to Bronagh Brosnan. Gortnagown Rathmore, who got engaged to Tomas O'Keeffe, Boherbue Co, Cork recently, we wish both of them a happy life together.

LADIES DAY AT KILLARNEY RACES:
Congratulations to Helena Madigan-Fitzgerald, originally from Rathmore, Helena won best dressed lady at the Killarney Races on wining €1,500 Littlewood's Ireland shopping spree.
Congratulations also to other Rathmore Ladies who were one of the other nine finalists who won €100 voucher Mary Herlihy, Rathbeg Rathmore,on Saturday August 23th.

RATHMORE GAA CLUB: Lotto results for

25/08/2014: No's drawn: 3, 5, 18, 23. No Jackpot winner. Next week's Jackpot: €3,400. Consolation Prizes: €40, O'Keeffe's XI Gift Voucher: Daniel V. O'Connor, c/o SAG. €40 each: Helen Cronin, Aunaskirtane, Rathmore. Mairead Hickey Mellery, Rathmore. John F. O'Sullivan, c/o Diarmuid McCarthy. Jim C. & Mary Mahony, Freemount. Next week's Lotto is sponsored by Dennehy's Bar, Rathmore.

RESULTS: EAST KERRY U14 DIVISION 1 FOOTBALL FINAL. RATHMORE 4-15 SCARTAGLEN /CORDAL 4-10

FIXTURES: Credit Union County League Div.1 Rathmore v Dr. Crokes on Saturday 6th September in Rathbeg at 6.45pm. Rathmore GAA would like to congratulate Shane Ryan on being part of the Kerry minor team that progressed to the All Ireland Minor Final. And Aidan O' Mahony and Paul Murphy Kerry seniors who all progressed to the All Ireland Senior Final on September 21st.

RATHMORE LADIES FOOTBALL: Best of luck to the U16 girls who are playing in the All Ireland Sevens in Clare next weekend. Rathmore U14 girls were beaten in the County Final by Fossa last weekend in Firies. Rathmore Senior Ladies

are playing the Junior County Final on Saturday 13th September against Chorca Chaoine, venue and time to be confirmed. The Ladies club would like to thank Christy Dennehy of Christy Fast Foods for kindly sponsoring tracksuits for the Senior Ladies.

KERRY/ CORK HEATH LINK BUS FUNDRAISER: South Kerry ploughing championship on Sunday 14th September at Fleming's Farm Grenagh Fossa Killarney classic CarTractor vintage show, best dressed ladies & men, food tents & stalls, kids zone, dog show, poultry show, model show, BBQ. Pig on spilt. Live Music. Admission: Adult €10. Kids free. A day not to be missed and your supporting good cause.

TEACH IOSAGAIN: A range of classes take place each week at Teach losagain. For more details contact 064-7761000 or www.sag.ie **NOTES:** Anyone who has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring or text 087-6676817 before 6:00 on Sunday.

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GLENFLESK NEWS

WITH DONAL KELLY

GLENFLESK LOTTO: Glenflesk GAA Lotto draw was held on Sunday the 3st of August 2014, in Spillane's. Jackpot: €4,800. Numbers drawn: 2, 16, 21, 23. No Winner. €50 EURO DRAW: First draw: Jack O'Sullivan, Knockanimirish. Seller: Sean O'Sullivan. Second draw: Tom Teahan, c/o Tricel. Third draw: Florry Cooper, Droum. Fourth draw: Seamus, Gerry & Donie, c/o Corner Bar. Next draw on Sunday the 14th of September 2014, in the Corner Bar, Jackpot: €5,000.

SENIOR FIXTURES: At the moment the tenth round of the county league is provisionally fixed for the weekend of September 27/28. Glenflesk will play Ardfert at home. The intermediate quarter-final versus Spa is likely to be played in early-October.

LONDON CHAMPIONSHIP: Well done to

former Glenflesk player Conor O'Brien who won a London Intermediate championship medal last weekend, playing with the North London Shamrocks.

GLENFLESK U10S: The Glenflesk U10s welcomed visitors Clann na nGael from Drimoleague, Co. Cork to Glenflesk on Saturday August 30th last for a series of enjoyable and sporting challenge games. Well done to all the players and thanks to their trainers (John Crowley, Patrick Lucey, Seamus Moynihan, Sean Moynihan and Pat Murphy) for organising this event.

GLENFLESK AG RITH: Best of luck to all those heading to Dingle this weekend for the Dingle Marathon.

RAHEEN NS: Congratulations to Gene Bowler

who had the winning lotto number 38 on Saturday 30th of August.

TWO ALL-IRELAND TICKETS TO BE WON:

Declan O'Donoghue of Beheenagh Headford has qualified to represent Ireland in the European and World Triathlons 2015. He is currently fundraising by selling raffle tickets with fantastic prizes such as two tickets to the All-Ireland football final, hotel stays and dinners in Killarney. Tickets cost 5 Euro and can be bought in McCarthy's Londis Rathmore and O'Donoghue's Costcutters Barraduff.

CONTACT: We welcome items of local interest. Contact PRO Donal 087-6687926; email pro. glenflesk.kerry @gaa.ie deadline 8pm Sunday.

BEAUFORT NEWS

PIONEER NEWS: Beaufort Pioneer Council will have a colourful stand at the South Kerry

Ploughing Championships at Flemings Farm, Fossa, Killarney on Sunday, 14th supporting

Kerry/Cork Health Link Bust in a scenic setting

LISTRY NOTES

31st August, 2014. Winning Numbers 2, 13, 19, 20. Jackpot €9,200. Not Won.

1 x €100 Kathleen Cronin, Ballytrasna.

2 x €50 Shauna Courtney, Rockfield.

Lucy O'Neill, Caragh Lake.

2 x €25 Michelle Fallon, Anglont

Helen Moynihan, C/o P. Ahern.

Entrant Tom Blennerhassett, Coleeneymore. Jackpot next week Sunday 7th Sept €9,350.

CIARRAÍ ABÚ!: Well done to the Kerry team for winning the All Ireland semi-final last Saturday, in Limerick. Great game. Good luck for the final. **NEXT MONTHLY MEETING:** Will be held at the clubrooms on Monday 8th September at 9pm. JUVENILE TRAINING: U6, U8 & U10 training will resume next Friday evening, 5th September at 6.30 pm.

FR. GALVIN SEMI-FINAL: Next Saturday, 6th September at 6pm Venue: Farranfore

Listry v Firies. Come along and support.

KILLARNEY LIBRARY EVENTS: Killarney Library will host an exhibition entitled "Eamon Kelly Remembered" from Saturday 6th to Saturday 13th September during library

opening hours. On Thursday 11th at 6.30pm a lecture on the importance and influence of Eamon Kelly's works will also take place followed by a performance of works. Free admission. All welcome.

LISTRY CYCLING CLUB: Cycles continuing until end of September. 6:30pm sharp each Thursday. 1 hour loop. The group are then looking at cycles on a Saturday.

SPA NEWS

SPA MUCKROSS COMMUNITY GAMES: Our set dancers Rachel and Leah Moynihan, Sarah Randles, Ava O'Sullivan, Cian O'Sullivan, Gary O'Sullivan, Liam Spillane, Christopher Carey, Orlaith Spillane and Siona Moynihan once again did Spa Muckross and Kerry proud when they won the Gold medal in Athlone at the National Finals. A 9.00am start in the morning didn't affect the performance and although the competition was very stiff they danced exceptionally well and were deserved winners. Cian Lynch, who was competing for the very first time at the National Athletics finals ran a great heat to qualify for the semi and just missed out on a spot in the final of the U10 200m. Well done to them all and also to our neighbours from Killarney South who had a huge attendance in Athlone and came home with medals as well.

SPA MUCKROSS AC: The countdown is now on to the Killarney 10 mile road race taking place on September 27th - All runners, Joggers and walkers are invited to enter, so whether you are a serious athlete or would just enjoy a brisk walk through the beautiful surrounds of Killarney and the National Park be sure and go

on-line to the website killarney10mile.com for further details. The race is being organised as a fund-raiser for the new track which is to be built in the grounds of St Brendans college and we are calling on all past pupils to come along and support the race. Any information can be found on the website or from Jean Courtney on

Congratulations to Alex Hennigan who the bronze at the Community games in Athlone in the U10 hurdles race, and Alex was part of the U10 Mixed relay that won the Pewter medal -Teddy Muldoon was also part of the relay.

Get your weekend off to a bright start with the KILLARNEY Outlook

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10 Kia Ceed Sports Wagon 1.6 CRDI, Silver

09 Ford Focus 1.6TDCi, Titanium, 97k

09 Nissan Qashqai Acenta









07 Renault Megane Full Leather

04 Opel Zafira 1.6 Club, 7 seater, 1 owner, €2,700

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05 Ford Focus 1.6 TDCl

03 Citroen C3 1.4 HDi





BACK TO SCHOOL' ADVICE



The RSA also has the following 'back to school' advice for parents, guardians and children:

Travelling by Car

- All children should be restrained when travelling in a car;
- Select a restraint that is based on your child's weight and height and is suitable for the type
- · Remember its safer if children travel in the rear of a car:
- · Never leave children alone in a car.

Walking to School

- Small children should not cross roads alone. They cannot decide how far away a car is or how fast it is going;
- Walk the route to school with them in advance;

- · Children walking on country roads should wear reflective armbands and bright clothing;
- · If there is no footpath, walk on the righthand side of the road facing oncoming traffic keeping as close as possible to the side of the road;
- · Show your child how to cross the road by example. Choose safe places to cross and take time to explain why i.e. footbridges, zebra or pelican crossings, lollipop lady/man or junior school warden patrol.

Travelling by Bus

- · Teach children to take special care getting on or off a bus or mini-bus:
- · While waiting for a bus, children should stand well in off the road;
- · Before crossing the road they should wait until the bus has moved off and they can see clearly in both directions;
- If seatbelts are fitted, they must be worn.

Cycle Safety

- · Make sure they are highly visible by wearing a reflective belt and bright clothes and wear a bicycle safety helmet on all journeys;
- · Check that the bicycle's brakes, lights, reflector and bell are in good working order.

TED'S OPEL VAUXHALL RUN — A GREAT SUCCESS

As some of the car's arrived on Friday evening doubts were cast on Saturdays weather but, thankfully the sun shone down on us all the way. The Group Motors Rallying Team from Belfast didn't dissapoint again this year with their array of convertables as a "Topless" theme. With a total of seven topless cars, one of which was a New Vauxhall Cascada, collected from the Dealer only a few days before the Run. The usual array of Kadett's, Mantas, Chevettes, Cavalier's, Callibra's, Viva's, Vectra's and Rekords finished off the selection. A total of 58 cars did the Run with a few more parked up at the Hotel Killarney.

This years route incorporated parts of The Wild Atlantic Way, the Dingle Peninsula, Slea Head, the Connor Pass and also covered some terrain used as Rally stages in the past. So we had plenty of Sea, Mountains and the best of the South West's driving roads.

The Lunch stop was the renowned Paidí Sé's Bar in Ventry. After Lunch the Perpetual Cups Awards were presented as well as plenty Spot prizes. The "Kevin O'Leary Opel" Perpetual Cup for the Best Opel was presented to Tony Barnanicle, Westport, for his 1985 Manta B. The Winner of the Perpetual Sheild was Liam Healy, Athenry, with his 1980 Chevette. This year we had an additional Perpetual Trophy kindly Sponsored by Opel Ireland for the Best Overall Vehicle of the Run, the winner of this was Paul Horan, Tralee with his 1975 Chevette. Laszlo Kovacs from Opel Ireland was at hand to help with all the presentations. The "Spirit of the Run "Perpetual Award was presented to Brendan (Benny) O'Shea for his committment



to providing a breakdown service/backup every year since the Run started. The Jackie Small memorial Award presented by Group Motors Rallying went to John Kelly, Crossbarry for the originality of his 1979 Kadett C Coupe, which Jackie would have been one for pure orignal spec. The four Special Awards went to , Bernard O'Connor, Scartaglin - 1974 Manta A GTE. Brendan Howard, Tralee - 1979 Rekord E, Darragh Pender, Cobh - 1987 Manta B H/B, Denis Murphy, Macroom - 1979 Kadett C City. The cars returned to the Hotel Killarney on the Saturday evening and the night concluded with a relaxed get together in the bar finishing with a few songs.

The Committee of the Run would like to thank all of the Sponsors especially our main Sponsors, Cartell.ie and the Kevin O'Leary Group (Opel Dealer), the Opel Vauxhall Club Ireland, the Gardaí, the Media, a special word of thanks to all the Marshalls on the day, Opel Ireland for their assistance and input, and last but not least thank you to all that turned up and made the event what it is.

One thing that has happened this year is that the Committee decided to Sponsor a puppy by the Irish dogs for the Disabled. It costs €15,000 to get a puppy to fully trained and placed with someone . The puppys name is HOPE. We will keep you all up to date on the progress of Hope. This Run has always been Cork/Kerry based since started it in 2008 and next year we will be back in Cork after spending two great years based in Killarney. So for the eight Ted's Opel Vauxhall Run we will see you all on the 8th -8th - 2015.





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Dental Hygiene

MOUTH CANCER AWARENESS DAY 2014 Wednesday, September 17th.

ORAL HEALTH ADVICE FROM BRIDGE PLACE DENTAL PRACTICE, TRALEE

Good health is important to everyone and we are inclined to take it for granted nowadays. Irish studies suggest that as few as 50% of us attend the dentist regularly, despite the fact that dental decay is the world's most common dental disease and up to 80% of Irish people have some form of gum disease. While we have all heard about these common ailments, many do not realise that their dentist is the most qualified person to identify many other less common and sometimes serious oral problems.

While relatively rare, mouth cancer does not just affect stereotypical heavy smokers and drinkers. The consequences of developing this cancer are very serious. Incidences are on the rise in all groups, especially women. Early detection is essential to successful treatment and identification of certain "tell-tales" can assist us in recommending strategies to reduce your future risk of developing it.

Of course, while carrying out your oral cancer screening your dentist will advise you of any other problems that come to light and you can feel free to discuss any oral health issues you may

Untreated common dental conditions like decay and gum disease have been linked to increased rates of Alzheimer's, Stroke and Heart Disease so it is worth getting the entire mouth looked at once a year.

At Bridge Place Dental Practice, it is standard policy to carry out an oral health screen as part of every examination, so there is no need to attend on the 17th if you have recently visited us.

Due to our recent expansion, and the addition of the very experienced Dr. Susan Van Der Merwe to our team we look forward to welcoming as many people as possible to our centrally located clinic

in Tralee which benefits from full disabled access.

Mouth Cancer Awareness Day is a great opportunity to obtain a free assessment of your oral health. Wewelcome



DR, COLM O'LOGHLEN OF BRIDGE PLACE DENTAL

and existing patients on Wednesday the 17th September and will carry out a full mouth cancer screening completely free of charge. Please call Bridge Place Dental Practice on 066 7123315 to arrange your visit.







Your smile, our expertise.

INVISALIGN CLEAR BRACES FREE CONSULTATIONS IN SEPTEMBER(Booking Essential)

Dr Colm O'Loghlen, Kerry's leading Invisalign provider, is now offering Invisalign for just €3950 which will also include FREE Teeth Whitening and retainers. This represents a saving of €700. This affer is only available for treatments commencing before 12 October 2014.

- FREE CONSULTATION FOR TEENS AND ADULTS
- HUNDREDS OF PAST SUCCESS STORIES
- 0% FINANCE & INSTALMENT PLAN
- SATURDAY APPOINTMENTS
- · LOCAL (TRALEE)

See our Facebook page for lots more information, competitions. pictures and videos! Bridge Place Dental Invisalign Italee



FOR MORE INFORMATION AND TO BOOK (AS PLACES ARE LIMITED) CALL: 066 7123315

Invisalign is a removable brace system that uses a series of custom-moulded aligners to move your feeth. The great thing about trivisalign is that the aligners are transparent and invisible (no metal bands or wires), therefore nobody is going to realise that you're undergoing treatment

To find out more see our website: www.bridgeplacedental.ie

Just €450 to commence treatment. 14 monthly instalments of €250 thereafter.

invisation Feless!

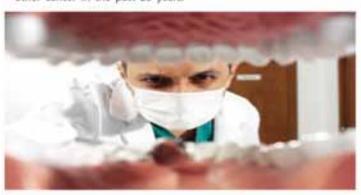
3 Bridge Place, Tralee. Tel: 066 7123315 www.bridgeplacedental.ie

MOUTH CANCER AWARENESS **DAY 2014**

Wednesday September has been designated as Mouth Cancer Awareness Day here in Ireland. Members of the public are encouraged to visit their local participating dentist or Cork University Dental School and Hospital for a FREE mouth cancer examination.

Mouth cancer is an important global healthcare problem. There are more than 300 cases of cancer of the oral cavity and pharynx reported in Ireland every year. In Britain, the incidence of mouth cancer has increased faster than any other cancer in the past 25 years.

Worldwide, this disease affects 650,000 people a year and is the sixth most common type of cancer. The problem with mouth cancer is not simply that the incidence is rising, but also that these cancers are still being detected at an advanced stage. Consequently, treatments are more complex, can last longer and deeply affect a patients quality of life and survival. Dentists have a key role to play in the early detection of mouth cancer and in prevention of the disease by identifying those patients who are exposed to risk factors.





35 New Street, Killarney • tel: 064 66 32022

Dr. Brendan Coffey and Dr. Frank Lucey

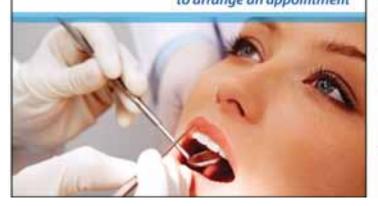
Two hygienists in attendance.

Family Friendly Dentistry

PRSI and Medical Cards Welcome

Surgery Hours: Monday - Friday 9.00am - 5.30pm Saturday Appointments Available

> Phone: 064 66 32022 to arrange an appointment





Centre for Mindfulness

Milltown:

Mindfulness Based Stress Reduction

This program can help if you have stress with work, family or finances, anxiety, fear, worry, bereavement, burnout, depression, fatigue, irritability, chronic pain, gastro intestinal distress.

FREE Orientation session September 23rd 7pm. The 8-week course then starts Tuesday, October 7th, 7pm in the Ashborough Lodge. Everybody who would like to attend the course has to attend

Application forms can be downloaded from the website www.kalyanacentre.com or sent to you. Please contact admin@kalyanacentre.com or

the free orientation session.

call Eva at 087-271 2662.

Tralee:

Monthly drop-in class for those with some meditation experience: September 24th, October 29th, November 26th, 7pm.

Meadowland Hotel.

Text 087 - 271 2662 if you'd like to attend

phone 066-9152610 or 087-271 2662 admin@kalyanacentre.com | www.kalyanacentre.com 40 John Street, Dingle



Dr Rose-Marie Daly Consultant Paedistric Dentist

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We are Munster's only dedicated specialist practice for kids. Dr Daly provides dental care from infancy through to adolescence.

Kerry Paediatric Dental Practice offers:

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- Treatment of dental injuries
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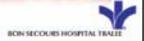


















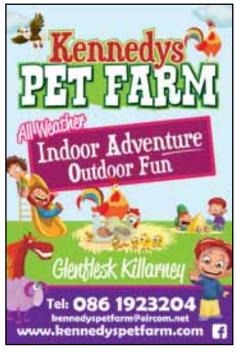






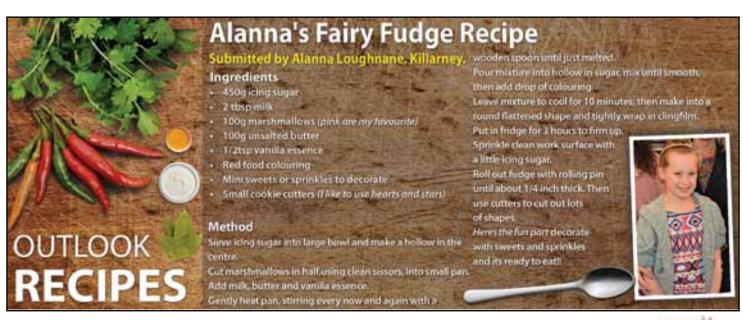












GAA CLUB CALL

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EAST KERRY NOTES

Áine Ní Shúilleabháin PRO

FR GALVIN CUP SEMI FINAL: On Saturday, the 6th September 2014 Listry travel to Farranfore to take on Firies at 6pm for a place in the Fr Galvin Cup, Intermediate championship, final, sponsored by the Aquila Club, Gleneagle Hotel. Extra time will be played if necessary. Fossa await the winners in the Final, date and venue to be decided. A man of the match award will be presented on Saturday, after the game and the winner will be an automatic nominee for the 2014 Fr Galvin All Star Award. The man of the match from Saturdays semi final joins Lorcan Daly and Tadhg Ryan, both from Fossa, as a nominee for this years Fr Galvin All Star awards.

CONGRATULATIONS: Congratulations to the Kerry senior team and mentors and especial congratulations to all our East Kerry players, on a great win in the All Ireland Football semi final versus Mayo. Best of luck to the seniors and minors in the All Ireland Finals.

EAST KERRY MINOR LEAGUE: The East Kerry Minor League, sponsored by The Tatler Jack, sees Currow host Kilcummin in the division 3 semi final for a place in the division 3 Final against Scartaglen /Cordal. Date and venue to be decided.

COUNTY MINOR CHAMPIONSHIP CONGRATULATIONS: Congratulations to Dr Crokes who qualified for the County Minor Championship Final in a local derby against East Kerry. We wish Dr Crokes the best of luck in the Final.

EASTKERRY UNDER 14 CHAMPIONSHIP DIVISION 1 FINAL

Rathmore 4-15 Cordal /Scartaglen 4-10

Cordal /Scartaglen took on Rathmore in Fitzgerald Stadium, in the East Kerry Under 14 Division 1 Championship Final, sponsored by MD O' Shea during the week. It was Rathmore that got off to the stronger start scoring 2 goals, Darragh Rahilly and Dan Murphy being on target. Cordal /Scartaglen then took over the scoring settled and notched up 3-07 in the remainder of the half, with an outstanding 3-04 from the boot of Sean Horan and a point each from Donnacha Daly, Shay Walsh, and Eddie Horan. Rathmore's Anthony Darmody responded and scored 4 points, 3 from play and one from a fee. Two fantastic saves, by Cordal /Scartaglen keeper Cathal O'Donoghue, denied Rathmore what looked like two certain goals in the first half. Score at the break: Cordal /Scartaglen 3-08 Rathmore 2-06.

In the second half, Rathmore again started strongly and scored three points, one each by Dan Murphy, David Dineen and Sean Cronin. Cordal /Scartaglen with Sean and Eddie Horan scoring 1-02 between them in the half. Howeve, Rathmore's Anthony Darmody scored an impressive 1-07 before the final whistle was blown. After a fantastic game no side deserved to lose, with great skill, character and team

performance by both sides, it was Rathmore that won the title. Final Score Rathmore 4-15 Cordal /Scartaglen 4-10. Sean O Keeffe, Vice Chairman the East Kerry Coiste na nÓg presented the trophy to the Rathmore captain, James O'Keeffe.

DIVISION 3 FINAL:

Spa 2-13 Gneeveguilla 3-10

Spa got off to the stronger start in Fitzgerald Stadium with a goal and 2 points, the goal by Liam Spillane and a point a piece from the boots of Reece Hegarty and Gary Vaughan. Gneeveguilla responded, but two great saves from Spa goalkeeper Oliver Cremin, denied Gneeveguilla a goal, before Evan Cronin added two points. Ryan Kelliher and Evan Cronin traded further scores to leave the half time score Spa1-06 Gneeveguilla 0-04.

Gneeveguilla started the second half brightly and added 3 points from Evan Cronin including 2 frees. Spa responded with 3 points (Cian Fahy, Michael Horgan and Ryan Kelliher). It was tit for tat. Gneeveguilla's Sean O' Keeffe narrowed the margin when he blasted the ball to the back of the Spa net. However, Spa attacked and Ryan Kelliher buried a goal to the net and followed with two more points. Just as Spa seemed to have the game won, Gneeveguilla went on the attack and Paul O' Leary goaled. With just seconds remaining Evan Cronin finished a great move to the Spa net to leave the sides level on a scoreline of Spa 2-13 Gneeveguilla 3-10. The sides meet again on Friday 5th September and this promises to be an exciting rematch. There will be extra time if necessary and the time and venue are yet to be decided.

WELL DONE: Well done to the East Kerry Under 16 team on winning their game in the county divisional championship. Hard luck to Eoghan Ruadh on losing out by a point.

EAST KERRY COISTE NA NÓG: The East Kerry Coiste na nÓg Under 14 Championship, sponsored by MD O' Shea, is nearing completion. Two Finals played last week, resulted in Rathmore winning division 1 and a draw in division 3. The division 2 Final, Fossa V Cordal /Scartaglen is fixed for this week while In division 4, Dr Crokes have qualified for the final and they play the winners of Spa B V Currow, which is fixed for this week.

The Under 11 competition has been completed and the prize giving and winners will be announced in the next 2 weeks. The Under 12 competition will be starting shortly.

MILLTOWN CASTLEMAINE

SENIORS: Milltown/Castlemaine won the Mid Kerry Senior league vs Keel on a scoreline of 4-15 to 1-06. Man of the match was Ciarain Kelleher U12'S: Game v St. Pats Monday AT 7pm in

U16'S: Well done to the Mid Kerry U16's beating Castleisland district in the guarter final of the county championship on a score line of 4-11 to 3-7.

DR. CROKES GAA CLUB

LOTTO: Draw took place in the Tatler Jack on Sunday last. Numbers drawn: 2, 8, 12, 16. The jackpot of €8100 was not won. Match 3, 13 received €35. Next week's jackpot is €8400. Draw will take place in the Jack C's.

FIXTURES: Snr Co. Lge - Div. 1: Away vs. Rathmore, Sun. 7th Sept. 2pm. Please support. **RESULTS:** Inter. Hurling C'ship Semi-final: Dr. Crokes 0-20,Lixnaw 1-11. Mnr Co. C'ship Semifinal: Dr. Crokes 2-10, East Kerry 1-08.

INTER. HURLING C'SHIP SEMI-FINAL: This game took place in overcast, slippy conditions in Austin Stack Park on Sunday last but proved to be an edge-of-the-seat semifinal that went the distance. Lixnaw were guick from the off, leading 0-05 to 0-01 at an early stage in the game. Some strong defending by Dr. Crokes saw the sliotar delivered to Aaron Murphy who made no error in corner forward, bringing the Crokes on level terms with frees from Mike McCarthy. A goal against the run of play pushed Lixnaw 4 points clear again but perseverance by the Crokes side brought the score-line down to a point difference before the break, Jack Lenihan and Shane Lyne working tirelessly in midfield. The second half held a greater task as we were now also playing against the wind. We opened our account early with a point from Michael O'Keeffe and Mike McCarthy kept the score-board ticking over from placed balls. Great defending by the entire defence and some inspirational runs by captain Rory Waters pushed the game the distance. There was to be extra-time on an already darkening evening; full-time score: Dr. Crokes 0-13, Lixnaw 1-10. The youth on our team proved to be the difference in extra-time, Jack Lenihan and Aaron Murphy relentless around the middle of the park. Lixnaw were limited to 1 point in extra time, Crokes scoring 7 points to conclude an exhausting semi-final and proceed to the Intermediate Hurling Championship Final where we will meet Kenmare. Final score; Dr. Crokes 0-20, Lixnaw 1-11.

MINOR CO. C'SHIP SEMI-FINAL: We deservedly advanced to The Minor Football Championship Final following victory over defending champions East Kerry at a wet and windy Spa on Thursday evening. The crossfield wind favoured us in the opening half and the sides swapped points, Jordan Kiely replying twice for Crokes. Then disaster struck when the East Kerry keeper's attempt at a short kickout went wrong and in stepped Billy Courtney to capitalise from close range in the 12th minute. East Kerry fought back with three points without reply and the Crokes goal had a letoff when Daniel O'Brien was just wide with a fine effort for a goal. Chris Doncel and Paudie Clifford swapped points but Crokes finished with two points, from Paul Clarke and Michéal Burns (free) to leave us 1-5 to 0-6 ahead at the break. Dr Crokes restarted in fine style with



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three points inside the opening five minutes courtesy of Michéal Burns, Jordan Kiely and a mighty effort from a sideline free by Burns again to open up a five points gap, 1-8 to 0-6. As East Kerry conceded frees Burns pointed twice in quick succession to leave Crokes 1-10 to 0-7 ahead. While the scoring dried up, there was drama for the remainder of the game. When Shane Lyne was hauled down in the East Kerry square, Kerry keeper Shane Ryan went between the posts and made a great save from the resultant penalty struck by his Kerry colleague Burns at the three quarter stage. Johnny O'Leary pulled off a great save in the Crokes goal, and suddenly there was only two points between them. However, Shane Ryan's scoring touch deserted him as he was off target with three efforts for points and as time ran out, Jordan Kiely availed of another defensive lapse to collect and race through on his own to fire past the keeper with two minutes remaining to seal victory for Dr Crokes. The Keanes SuperValu, Killorglin man of the match was presented to Michéal Burns by Peter Keane.

REGISTRATION: for all new underage players will take place this Saturday morning, 6th September from 10:00am.

3RD **ANNUAL COLM COOPER** INVITATIONAL BLITZ: The third annual Colm Cooper Blitz will be held at Dr. Crokes, Lewis Rd on Saturday 6th Sept 2014 from 11.00 to 18.30. This football competition is for U13 Boys and has proved a tremendous success since its launch in 2012. Designed to pay tribute to Colm, who has provided both Kerry and Dr. Crokes with many highlights during his career to date, the blitz is seen as a celebration of Gaelic football where it is hoped all the players express themselves and enjoy the games and off-field activities. The Cup, Plate and medals will be provided by the Coffey family, in memory of the late Denis Coffey, a wonderful link between the history, present and future of the Dr Crokes Club that this event represents. Mark the date, Saturday 6th September down in your diaries and come along and share in this international event with Colm.

BEST WISHES: to the Aaron Murphy, Chris Doncel, Jack Lenihan, Shane Lyne and the Kerry Minor Hurling team when they take on Meath in the All-Ireland Minor 'B' Hurling Final on Saturday, 6th Sept.

CONGRATULATIONS: to the Kerry Senior Football team and Dr. Crokes club members who defeated Mayo in the All-Ireland Senior Football Semi-final last weekend.

SYMPATHY: to Kathleen Connelly and family on the death of her brother Jimmy Keavney. Ar dheis Dé go raibh na hanam dílis.

BEAUFORT GAA NOTES

SENIORS O'Sullivan Cup semi-final was postponed on Monday evening. To be rescheduled.

BEAUFORT MINORS lost out to Gneeve guilla

in the East Kerry League Final played in Dirreen Pitch on Thursday pm last. Beaufort began well but a hard tackle on Beaufort's captain and most influential player Danny Healy saw him being replaced shortly afterwards. Full-time score Beaufort 1-4 Gneeveguilla 0-9.

U115 were beaten by Kilgarvan on Monday evening in Beaufort and also lost out to Laune Rangers on Wednesday evening though they played well.

U12S played Laune Rangers on Wednesday evening in Killorglin and were beaten on a score-line of 4-13 to 3-11. Laune Rangers were stronger and more physical though Beaufort tried hard until the end.

MID KERRY U16S lost to Shannon Rangers in the 1st Round of the County Championship but beat Tralee District in Cromane on Wednesday evening in the Losers Round. They had a good win over Castleisland District on Sunday and now advance to the next round. This team is managed by Colin O'Sullivan from Cromane. Beaufort has the following players involved: Cormac O'Connor, Cian O'Sullivan, Mike Breen, Declan Floyd, Paudie Coffey, Aaron Foley, Padraig Cronin, Luke Sweeney, Joseph Glinwood and Mike O'Brien is a selector.

U12 LADIES will play Firies in Beaufort on Friday next in Beaufort at 6.30pm in the East Kerry League.

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS Sunday

31st August, 2014 Winning Numbers 2, 13, 19, 20 Jackpot €9,200 Not Won 1x€100 Kathleen Cronin, Ballytrasna 2x€50 Shauna Courtney, Rockfield Lucy O'Neill, Caragh Lake 2x€25 Michelle Fallon, Anglont

Helen Moynihan, C/o P. Ahern Entrant Tom

Blennerhassett, Coleeneymore

Jackpot next week: Sunday 7th Sept €9,350 CIARRAÍ ABÚ! Well done to the Kerry team for winning the All Ireland semi-final last Saturday, in Limerick. Great game. Good luck for the final.

Next Monthly Meeting will be held at the clubrooms on Monday 8th September @ 9pm JUVENILE TRAINING: U6, U8 & U10 training will resume next Friday evening, 5th September at 6.30 pm

FR. GALVIN SEMI-FINAL: Next Saturday, 6th September @ 6pm Venue: Farranfore Listry v Firies. Come along and support

LEGION GAA CLUB NOTES

UNDERAGE ACADEMY: The underage academy which caters for boys and girls from 3 to 10 years of age is hosting a family open day this Saturday sept. 6th from 10.30am to 1pm. All kids along with their parents are welcome to attend where there will be loads of fun including bouncing castles, face painting and a treasure hunt to name just a few. There will be free refreshments and all kids will get a free club wristband. So whether your child is already a member or if you just wish to have a look at our Academy set up with a view to enrolling your child ,you are more than welcome. Admisssion is free and there will be free registration for kids under 6years of age. New players are very welcome. For any query feel free to contact Sean 0872225325

U11 BOYS: Well done to the u11 team who finished off their East Kerry campaign with a cracking victory over Kenmare 4-09 v 2-12. This victory meant that these lads went unbeaten and well done to mentors Mike Pierce, Aaron Benson and Phillip Gammell

KERRY SENIORS: An enthralling All Ireland semi final replay saw the Kingdom get back into an All Ireland final and well done to Jonathon Lyne who kicked 2 crucial points ,James o Donoghue who notched 2-06 and Brian Kelly who had another fine game between the posts and congrats to the entire panel and management

SPONSORSHIP: Killarney Legion GAA club are delighted to announce Keanes Jewellers High Street Killarney as the new shirt sponsor for our Saturday Morning Academy.Keanes have been welcoming people to their stores in Cork, Limerick and Killarney since 1948 and are recognised as one of the premier Jewellers in the country. The Keanes logo will now be emblazoned on the front of the Academy jersey in the club shop. To celebrate this new partnership between the club and Keanes Jewellers we have teamed up with O Neills Sportswear, and bearing in mind the cost of replica jerseys in the retail market, we are also delighted to announce that the new Keanes Jewellers jersey will be available in the club shop for the unbeatable price of just €15.The new jerseys will be launched in the local media prior to its release in the coming weeks. Sincere thanks to all at Keanes Jewellers for their generous sponsorship and heres to a long and fruitful partnership together.

ALL IRELAND TICKETS: Written or emailed applications for tickets from paid up members to be forwarded to the club secretary and applications will close on Thur 11th Sept. From previous experience we expect demand to far exceed what we get, but never the less we will do our utmost to accommodate members as much as possible.

SYMPATHY: The club sends its sincere condolensces to the entire family of Donal Culloty of Lewis Rd who passed away last weekend. Ar Dheis De go raibh a Anam

LOTTO: Numbers drawn for Sunday 31 August 1,3,12,17

no jackpot winner

lucky dip x €50 Jerry o Connor ,Headford,Mary c/o Figgy, Pat Somers c/o Dan Joe , Vinent Scott c/o pat moynihan

Next weeks jackpot €7,800.

Deadline: Monday 3pm Email: editorial@outlookmags.com

GLENEAGLE PITCH & PUTT

Last Sunday we had a 4 ball better ball competition and the winners were

1st Dan O'Donovan & Sean Ashe, 2nd Sean O' Brien and Michael O Leary.

This Sunday we are having our annual outing in Castleisland and the competition starts at

GNEEVEGUILLA **ATHLETIC CLUB:**

LOTTO: No winner of our lotto 29/8/2014, numbers drawn were 5, 21, 25 and 27. Sellers prize: Dillane's Garage Quarry Cross, €50 to Y/T holder Catherine & Shane Dillane Quarry Cross, €40 each to Aidan Fleming Ballydesmond. Jerry O'Rourke Ballydesmond & Ted O'Connor Mausrour. Bonus not won numbers drawn were 2, 20, 09 and 29. Next week's jackpot €5,400 plus €1,000 bonus.

The club finished off the track & field season in fine style in Templemore on Sunday last where they took 9 medals out of the Munster B Championships. Boys U12 Jack O'Leary 2nd 80m & 1st 600m, Jack Greaney 3rd 600m. Boys U13 Donal Daly 1st 80m & 2nd 600m, Boys U14 Francis Cronin 1st 100m & 1st in 800m, boys U16 Liam Casey 2nd 100m and 3rd in long jump. The club wishes to thank all our workers during the year so far.

We have hosted The 4 leg Winter Series, the 4 leg 1 mile series, Our Open Sports & The Jack O' Keeffe festival of road races. Thanks for all the

KILLARNEY BRIDGE CLUB

The club would like to welcome members old and new to our Winter programme of Bridge commencing on Monday night at 7.30 in The Gleneagle Hotel.

KILLARNEY RUGBY **CLUB**

MEMBERSHIP SYSTEM: The Club is now open for the business end of the 2014/2015 season. We have made significant changes to our systems and we have launched our new Membership programme online. You can log on and register your name and contact details on www.myclubfinances.com

Here you complete the registration and select the type of Membership required. Family of 2 adults and min 2 children is €120. Adult playing Member is also €120. Non-playing adult including Senior Citizens is €60. Under age and Minis are €50. It is very straight forward and easy to use. The site will eventually incorporate our Club Draws and a possible Lotto as well as our Ticket sales in the future. You are obliged to get your memberships paid up as soon as possible.

We are also working on a new communications tool which is being developed with the help of

Club member, John McKeon whose Company at Scott's Street, 'Portalis' is working on a collaboration software which will hopefully link all communications between members across teams, players, parents and Alickadoos alike. It plans to link channels including web, facebook, SMS and Twitter and replace general emails with a new system.

MINI SECTION KILLARNEY RFC: The mini section will commence training for the new season at Knockreer on Saturday the 6th September and almost every Saturday thereafter for the season, from 10:30am to 12pm. All children are welcome, from Under 12 down to Under 7. As always we are looking for parents to help with coaching and mentoring. We are especially keen for Mums to get involved and to encourage their girls to play rugby also. A new format for registration will take place going forward using an online service. Gear is also available from any coach. Looking forward to seeing you all soon! Queries to Tom 087/2657994.

On the mention of playing gear, the Club has a range of Club merchandise available. Please enquire from any coached or mentors about this. Anthony Walsh of Walsh Brothers Shoes in New Street has been sponsoring our significant stocks at his store for several years and we are very grateful for his generosity. He will continue his support for the stock, however it has been moved from Walsh Bros store and will be made available to parents on some Saturday mornings at Knockreer. The plan is that we will have a merchandise store at Aghadoe where all can continue to purchase our Club gear.

KILLARNEY SENIORS: Continue to train at Dirreen on Tuesdays and Fridays from 7:30pm. Big numbers of players are available and we could be on the cusp of a second team the way things are going. For the moment there is a hefty challenge for starting places. Coach John Nikora has stated that all players will be getting a run in all games. It is his intention to give as much game time as possible to each member of the squad. Coach Denis Corridan is doing great work and was joined recently by Munster Rugby Coach Ray Gadsden for an intensive session.

YOUTHS: Coaches or mentors are still urgently required as training has resumed at the Bypass Pitch at Dirreen. We have the services of coaches as follows: U14: Dominic Kiely and Richard Carey - at least one or two more coaches are required to supplement the team; U16s: Austin Cirillo, overseen by U18s coach Feargal Courtney. If you can help in any way please contact Feargal Courtney at 087 6177825. U18s: Feargal Courtney, Paul Sheahan and David Corlett. We thank these guys who have made a commitment and welcome all new coaches and players who wish to try out a great sport. Training times are as follows:

U14s Wednesdays at 6pm sharp; U16s & U18s train Tuesdays and Thursdays from 6pm sharp. Parents (Dads) are especially welcome to support this age group. Coaching courses will be provided. You can start at Leprechauns as

young as under 7s right up to Level 3, which is Youths. The club will fund the cost of the courses. We also welcome anyone interested in refereeina.

DEERPARK PITCH & PUTT NOTES

John Kelly

Congratulations to the 32 club members who participated in Sunday mornings Captain's Prize which fully recognised the contribution of our Captains Mary O'Brien and Gearoid Cronin make to the club.

RESULTS: As follows: Ist John McGrath Overall Nett, 2nd St John Kelliher. Overall Gross Jason O'Brien, 1st - 18 Gross Conor McCarthy, 1st 18 Nett Colm O'Dowd, 2nd I8 Gross Damian Fleming 2nd I8 Nett Johnny O'Brien.

Lady Captain Mary O'Brien's Prize Sheila O'Donoghue. A special word of thanks to Mary O'Brien and all who provided much appreciated refreshments and to the members of the course committee for having the course including the greens in such excellent conditions.

WEDNESDAY EVENING FOURBALL RESULT:

Winners of last Wednesday evening's Fourball were Robbie O'Brien and Eileen Switzer with a Hole in ONE by Michael Cronin. This competition will continue at the earlier time of 7pm.

NATIONAL INTER-COUNTY COMPETITION:

Best wishes are extended to our Deerpark members Conor McCarthy, Jason O'Brien, St John Kelliher, and Damian Fleming who will be competing in the National Inter-County competition as members of the Kerry team this weekend.

COMPETITION: INTER/JUVENILE

Commisserations to our Juvenile/Intermediate teams who lost narrowly to Bagnelstown in Templemore on Saturday.

DEERPARK SPORTS PREDICTOR: After this weekend there will be only two events left in our Sport's Predictor draw. Those will be the ALL-Ireland football final and The Ryder Cup, Make sure to have a look on Monday evening on our website http;//www.deerparkpitch@ putt.com/ to see how your prediction is doing as it will be updated to include both the Hurling and the US Open tennis finals.

FORTHCOMING FIXTURES: Saturday September 13th Open Scramble Sunday September I4th Club Scratch Cup. Full details in next week's column.

WORKMEN'S ROWING CLUB

Well done to the Heffernan family on their very successful 'Charity Spinathon' event held last Sunday, in memory of our much loved and cherished member and Treasurer, Brendan Heffernan, whose first anniversary occurred on Wednesday 3rd September. What a tribute to Brendan's Life, the weekend was marked with his First Anniversary Mass, held in The Church of the Resurrection, followed by the traditional tea and scones in the Killarney Heights. Sunday's event was in true 'workmen style' plenty of fun,

Deadline: Monday 3pm Email: editorial@outlookmags.com

dancing and queues to spin on the bikes, all in aid of Kerry Hospice, who were just amazing to Brendan and his family during his final days. Those lucky enough to get a spin were some of Brendan's close friends, Batty O'Sullivan, Kieran Counihan, Mike Doherty, Cllr John Joe Culloty, Mayor of Killarney, Anne Moynihan, Timmy Moynihan - doing his traditional dancing with every woman in sight.. and a lot more!!!

Fossa Rowing Club's Connie and Angela Daly and Pat Talbott. And not forgetting Colm Cooper an Seamus Moynihan who spent time spinning. The Success of the event was done to Caitriona Heffernan, Brendan's Sister, who organised the event, along with Mr and Mrs Donie and Kathleen Heffernan, Siobhan, Gerard, Mairead, Brendan's aunts and cousins and members of the Workmen's RC. The Spin of the day has to go to Kathleen Heffernan and her Sister Patsy O'Shea - Unbeatable.

The Workmen's RC also marked the First Anniversary with a special Rowing evening on Wednesday, followed by a drink in the Arbutus Hotel (the Arab!) for old time sakes, plenty of lovely memories tinged with sadness.

BEST OF LUCK: To Oonagh Neilan, as she is leaving the shores of Lough lein for Canada next week.. we will miss you, just glad you had a great season with the Workmen's, and hope you'll be rowing 'Masters' when you return from your new life abroad... Bon Voyage Oonagh.

KILLARNEY COUGARS BASKETBALL CLUB

The new season is up and running and registration has commenced for all juvenile teams. Details of the latest training times and a list of coaches is available on the website. Fixtures will be arranged and confirmed later next week. The September Training schedule is as follows.....

SEPTEMBER TRAINING SCHEDULE AT PRESENTATION GYM:

Mondays Boys U11 Born 2004. Time Tbc. Tuesdays Girls U16/17/18. Born 1999, 98 & 97. Time 8 pm.

Wednesdays Boys U12 Born 2003. Time 6 pm. Wednesdays Boys U13/14 Born 2001 & 2002.

Thursdays Girls U12 Born 2003 & 2004. Time 6

Thursdays Girls U14 Born 2001 & 2002. Time 7

Thursdays Girls U15 Born 2000, Time 8 pm. Venue Parish Hall.

Fridays Girls & Boys Academy Born 2005, 2006, 2007, 2008. At Parish Hall. Academy Term 1 commences Sept 12th.

Confirmation of the latest training times will be updated and available on the Cougars Website. **SUMMER DEVELOPMENT TRAINING: The** Summer Development squad U14/16 training with Coach Kevin O'Donoghue concluded with the final summer session on last friday evening at the Moyderwell. Dates for future sessions are planned for later in the season.

U12 GIRLS AWARD 2014: Cougars Team of the Year the U12 Girls celebrated the outstanding season on thursday evening last with the Presentation of a number of awards to conclude a memorable season as they collected a treble of titles concluding with the League Title in Caherciveen in late March. The main accolade went to the impressive Aoife Kissane who picked up the Overall MVP Award for an outstanding season throughout, with additional presentations going to Beth Coffey MIP, Adele O'Brien Plate Final MVP, Niamh Stack Championship Final MVP, Sadie Myers League Final MVP, Meabh Coleman U10 MVP. The Club would sincerely like to thank the Management & Staff of Four Star Pizza for their support and generousity for the girls awards evening.

NEW MEMBERS WELCOME: Cougars welcome new members and registration forms are available from the secretary Email secretarykillarneycougars@gmail.com, Mobile 087-4175493. Registration will be held at the start of each training session through early September.

Further Club information and latest details available on the Website www. killarneycougars@gmail.com



ALEX HENNIGAN KILLARNEY SOUTH RECEIVING HIS BRONZE MEDAL FOR THE U.10 60M HURDLES FINAL AT THE ALL IRELAND COMMUNITY GAMES NATIONAL FINALS IN ATHLONE.



RATHMORE GNEEVEGUILLA U14 SPIKEBALL ALL IRELAND CHAMPIONS



FERGAL MURPHY REPRESENTING SPA MUCKROSS, WHO RECENTLY WON BRONZE IN THE CYCLING UNDER 14s COMMUNITY GAMES IN ATHLONE PICTURED WITH HIS DAD, MARK.



KENMARE U11 TAG RUGBY SILVER MEDAL WINNERS

COMMUNITY GAMES

Deadline: Monday 3pm Email: editorial@outlookmags.com

KERRY **IMPRESSES GAMFS** COMMUNITY **NATIONALS**

Superb efforts by all our participants that have trained over the Summer and competed against the best in Ireland in the last two week-end. Every child did us proud representing both their area and county. Standards, as always, were extremely high at both weekends and there is great credit due to children, parents and managers who have given time, energy and commitments to prepare for these Games. Children have battled hard to get to Nationals with local competitions, county competitions, Munsters - so achieving a gold medal or any medal at Nationals is not an easy path! For the children who didn't get a medal at Nationals, we hope all children enjoyed the experience of performing against the best in the county and made some friends along the way. One of my own memories of the Finals was seeing a group of Under 10 children from all different counties chatting together while they lined up for their race - that I think is what Community Games is about - children from all areas interacting in a good environment. It was also great to see children supporting each other and other areas and hopefully all participants will have enjoyed themselves and have happy memories of their participation in Athlone.

The following are the children who were lucky enough to get into the medals placings unfortunately we don't have space this week to give all the name of those making up the teams.

GOLD: Art Girls U14 - Christine McCarthy (Kenmare).

Athletics Girls U8 60m - Lucy O'Connor (Rock St/Caherslee).

Athletics Girls U14 800m - Fiona Doyle (Beaufort).

Athletics Girls U12 Ball Throw - Katelyn Reid (Annascaul/Camp/Inch).

Basketball Girls U13 - Castleisland.

Cross Country U14 Girls Relay - County Team Cycling on Grass Boys U12 - Tom Moriarty (Castlegregory).

Futsal Girls U13 - Duagh/Lyre.

Gymnastics Boys U9 - Luke Rochford (Ballyduff). Gymnastics Girls U13 - Jessica Murphy (Ardfert/ Kilmoyley).

Judo 25 KG Boys U16 - Rory Kelliher (Blennerville/Ballyard).

Judo 25 KG Girls U16 - Laura Flynn (Firies).

Judo 30 KG Boys U16 - Stephen Palmer (Firies). Judo 35 KG Boys U16 - Sean Murphy (Abbeydorney/Kilflynn).

Judo 40 KG Boys U16 - T J Palmer (Firies).

Judo 40 KG Girls U16 - Brid Flynn (Firies).

Judo 50 KG Boys U16 - Aaron O'Brien (Keel/ Kiltalagh).

Judo 50 KG Girls U16 - Carrie O'Connor (St Brendan's/Oakpark).



SPA MUCKROSS COMMUNITY GAMES SET DANCERS WHO WON GOLD IN ATHLONE. THE TEAM ARE AS FOLLOWS: LEAH MOYNIHAN, RACHAEL MOYNIHAN, AVA O'SULLIVAN, SARAH RANDLES, LIAM SPILLANE, GARY O SULLIVAN, CIAN O SULLIVAN, CHRISTOPHER CAREY. THE TEAM WERE and then for sporting events there may have Trained by Triona Mangan and the group would like to thank Triona & congratulate Her on Her upcoming nuptials on Friday. All been heats, quarter finals, semis, and finals THE TEAM & PARENTS WHICH BOTH TRIONA & SEAN LEAHY A WONDERFUL LIFE TOGETHER.

Judo 55 KG Girls U16 - Diane Cooper (Firies) Judo Open Girls U16 - Lauryn Fusco (St Brendan's/Oakpark).

Model Making Boys U10 - Calum Buckley (Kenmare).

Model Making Boys U16 - Declan Hallissey (Kenmare).

Project U16- Castlegregory.

Recitation - Cian Sheahan (Firies).

Set Dancing - Spa Mucross.

Solo Singing - Shauna O'Leary (Kilcummin). Spike Ball Boys U14 - Rathmore/Gneeveguilla.

Swimming Boys 1 Length Backstroke U10 -Eoghan Daly (Listowel).

SILVER: Athletics Boys U14 Relay 4x100m -Kenmare.

Athletics Girls U14 100m - Orla O'Reilly (Rock St/Caherslee).

Athletics Girls U16 1500m - Aoife Mahony (Ballydonoghue/Lisselton).

Athletics Girls U14 Long Puck - Caoimhe Shanahan (Lixnaw).

Cycling on Grass Girls U14 - Cathy Johnson (Duagh/Lyre).

Gaelic Football U10 - Fossa.

Handwriting Boys U10 - Jake Borst (Kenmare). Indoor Soccer Boys U10 - Glenflesk.

Project U11 - Glenflesk.

Soccer Girls U12 - Listowel.

Swimming Boys 1 Length Freestyle U8 - Padraig O'Halloran (Castlegregory).

Swimming Boys 2 Length Freestyle U16 - Jack Grace (Listowel).

Swimming Girls 2 Length Breaststroke U12 -Sadhbh Dalv (Listowel).

Tag Rugby U11 - Kenmare.

BRONZE: Art Boys U12 – Caleb Brosnan (Kenmare).

Art Boys U14 – Cathal McLoughlin (Blennerville/ Ballvard).

Athletics Boys 1500m U16 - Michael Foley (Ballydonoghue/Lisselton).

Athletics Boys Hurdles U10 - Alex Hennigan (Killarney South).

Athletics Boys Hurdles U14 - Darragh Courtney (Ardfert/Kilmoyley).

Badminton Boys - Annascaul/Camp/Inch. Basketball Boys U13 - Currow Currans. Cross Country Mixed U13 1200m - County

Cross Country U12 Girls Relay - County Team. Cycling on Grass Boys Under 14 - Fergal Murphy (Spa Mucross).

Cycling on Grass Girls U12 - May Johnson (Duagh/Lyre).

Draughts U10 - Ballyheigue.

Draughts U12 - Ballyheigue.

Duathlon Girls U13 - Cara Daly (Kenmare).

Gaelic Football Girls U12 - Rathmore/ Gneeveguilla

Model Making Boys U14 - Aaron Buckley (Kenmare)

Model Making Girls U10 - Saoirse Buckley (Kenmare)

Swimming Boys 1 Length Freestyle U10 -Ross O'Leary (Rathmore/Gneeveguilla) Swimming Boys 2 Length Backstroke U14

-Seamus Harty (St Brendan's/Oakpark)

Swimming Boys 2 Length Backstroke U16 -Caomhan Daly (Listowel)

Swimming Boys 4x1 Length Freestyle Medley U16 - St Brendan's/Oakpark

Swimming Girls 2 Length Freestyle U12 - Erin O'Halloran (Castlegregory)

PEWTER: Art Girls U8 - Catriona McKenna (Fossa)

Athletics Girls U16 Marathon - County Team. Athletics Mixed Relay 4x100m U10 - Killarney

Athletics Mixed Relay 4x100m U13 - Annascaul/ Camp/Inch.

Cross Country U14 Boys Relay - County Team. Gymnastics Boys U13 - Ruairi Murphy (Milltown/

Gymnastics Boys U15 - John Fok-Seang (St Brendan's/Oakpark).

Handwriting Girls U10 - Ella Guerin (Kenmare). Hurling Boys U11 - Ardfert/Kilmoyley.

Indoor Soccer Girls U13 - Milltown/Listry.

Bressie, when he launched Community Games Nationals, gave some great advice - "find a sport you love". At Community Games we have an enormous programme of events so there should be plenty of choice for any child wondering what to try next - with plenty of sports, athletics and cultural events!



GAME OF THE WEEK

Deadline: Monday 3pm Email: editorial@outlookmags.com

KERRY SURVIVE TO SET UP TIE WITH DONEGAL

KERRY 3-16 MAYO 3-13

Kerry qualified for the All-Ireland SFC Final against Ulster Kingpins Donegal when they overcame a stiff Mayo test at the Gaelic Grounds in Limerick on Saturday afternoon. It was a wonderful occasion and congratulations to the management of the Gaelic Grounds and their wonderful staff and helpers who left no stone unturned to satisfy patrons. In a game that had more twists and turns than a country road, it took a period of extra time before Kerry ensured their place in the September 21 Croke Park showdown. One has to feel a certain degree of sympathy for Mayo as they added to a memorable spectacle. This game had everything, including controversy, drama, three penalties, a black card and numerous other talking points. The game was level on four occasions over the 70 plus minutes of normal time. Kerry were seven points down at one stage as Mayo, thanks to a brace of Cillian O'Connor goals, led by 2-3 to 0-2 with 20 minutes gone in the first-half. Then in the 25th minute, the high fielding Kieran Donaghy was in the right place to boot home a loose ball when the Mayo defence failed to clear a James O'Donoghue goal-bound shot.

The Kingdom trailed by three points, 2-5 to 1-5 at half-time in normal time but had the advantage of the breeze for the second half.

SECOND HALF: Mayo led by four points early in the second half, but a James O'Donoghue goal from the penalty spot when he was fouled in the seventh minute hauled Kerry level once again. O'Donoghue and Marc O'Se added points to ease the Kingdom two clear with 14 minutes of the second half gone before disaster struck for the Kingdom when goalkeeper Brian Kelly failed to deal with a high ball and Andy Moran was on hand to fist home.

James O'Donoghue levelled once more as the excitement mounted but Andy Moran and Cillian O'Connor edged Mayo two clear.

Kerry were awarded their second penalty of



ACTION FROM LAST SUNDAY'S GAME.

the game when James O'Donoghue was fouled in the 30th minute, the Killarney Legion man coolly slotted past Robert Hennelly to push Kerry 3-11 to 3-9 clear again. Mayo sub Michael Conroy and Donal Vaughan scored points to force the extra-time period.

EXTRA-TIME: Mayo began with consecutive points from Cillian O'Connnor and Kevin McLoughlin which pushed them two clear, but McLoughlin's score in the 3rd minute of the first period of extra-time was Mayo's last score of the game.

Barry John Keane with two frees levelled at halftime in normal time and one had the sense that this game was Kerry's to lose. Jonathan Lyne with two beauties, and Paul Geaney edged the Kingdom three in front as extra-time drew to a close. Then all hell broke loose in the final minutes when a melee, which resulted in the dismissal of Mayo's Cillain O'Connor, the yellow carding of Kieran Donaghy and the arrival onto the field of an irate Mayo supporter, closely followed by his mortified daughter occurred. It was an unsavoury end to a memorable occasion, but Kerry won't mind, they're back in the All-Ireland Final with it all to do all over again on September 21st against Jimmy McGuinness's Donegal.

(Kilcummin); Kerry: Brian Kelly Young (Renard), (0-1), Aidan O'Mahony (Rathmore), Shane Enright (Tarbert); Paul Murphy (Rathmore), Peter Crowley (Laune Rangers), Fionn Fitzgerald (Dr Crokes, Capt); Anthony Maher (Duagh), David Moran (Kerins O'Rahilly's); Michael Geaney (Dingle), Johnny Buckley (Dr Crokes), Donnchadh Walsh (Cromane); Kieran Donaghy (Austin Stacks, (1-0), Paul Geaney (Dingle) (0-4, 0-3 frees), James O'Donoghue (Killarney Legion) (2-6, 2-0 pen, 0-2 frees).

Subs: Marc O Se (An Ghaeltacht) (0-1) for Shane Enright, Barry John Keane (0-2 2f) for Paul Geaney Pa Kilkenny (Glenbeigh/Glencar) for Fitzgerald (Black), Declan O'Sullivan (Dromid Pearses for Johnny Buckley, Kieran O'Leary for Mikey Geaney, Jonathan Lynne (Killarney Legion) (0-2) for Donnchadh Walsh, Mark Griffin (St Michael's Foilmore) for Peter Crowley, and Bryan Sheahan (St Mary's Cahersiveen) for Aidan O'Mahony.

Referee: Cormac Reilly (Meath).



KILLARNEY ATHLETIC A.F.C. NOTES

TRAINING TIMES FOR UPCOMING SEASON:

Academy Fridays 5.00pm - 6.00pm (under 6 - 8) 6.00pm - 7.00pm (under 9 - 11) optional Sunday TBC.

Under 11 Fridays 6.00pm - 7.00pm optional Sunday TBC Under 12.

Tuesdays 6.00pm -7.00pm Under 13 Thursdays 5.00pm - 6.00pm.

Under 14 Wednesdays 7.00pm - 8.00pm Under 15 Thursday 7.00pm - 8.00pm Under 16 Thursdays 8.00pm - 9.00pm Girls Wednesdays 6.00pm - 7.00pm

CLUB REGISTRATION: Club registration still being taken. Academy under 6 - 11 (Born after 1st Jan 2004 - 2009), Schoolboys under 11 - under 16 teams, Schoolgirls Teams - Youth, under 17 - under 18 teams, Junior soccer teams (Senior A and B) Academy Director of Coaching Robin O'Day & JP Mullins UEFA B Licence coaches. Hope to see old and new faces there. Let's play soccer in a fun and enjoyable environment. Further information can be got by emailing sec@killarneyathletic.com or private messaging our Facebook.

New Members welcome.

MERCHANDISE: Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com Killarney Athletic Website: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details. Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

KILLARNEY CELTIC NOTES

CONDOLENCES: To all the friends and family of the late Donal Culloty, who passed away this week.

CONGRATULATIONS: to Fiadhna Tangney who was called to Dublin last week and performed very well in Irish U16 trials. Fiaghna, along with her Killarney Celtic team-mates Ciara O'Brien, Hannah O'Donoghue and Kate Stack are currently training with the Munster U15 squad and we wish all of them well.

GOLF CLASSIC: Killarney Celtic's Annual Golf Classic will be played on September 27th and will be limited this year to the first 40 teams to enter, so this would be a good time to give Mike Daly a call on 086 8516915!

NATIONAL FOOTBALL DRAW: Tickets now on sale for the Irish National Football Draw - they are €10 each and this is a new fundraiser for our club - there are local, regional and national prizes - over 2000 prizes. Proceeds from tickets sold go to the club. Please support contact any club member - Suzanne 086 8449082 or May 086 6485809

TRAINING TIMES:

Started Monday August 11

5.30 - 7.00pm Under 12 (born 2002).

7.00 - 8.30pm Under 15 (born 1999).

8.30 - 10.00pm Under 17 (born 1997).

5.30 - 7.00pm Under 11 (born 2003).

7.00 - 8.30pm Under 14 (born 2000).

8.30 - 10.00pm Seniors/Youths.

Thursday

5.30 - 7.00pm Under 13 (born 2001).

7.00 - 8.30pm Ladies, Girls U14/U16.

8.30 - 10.00pm Under 16 (born 1998).

Friday

Seniors and Youths 7.30 - 9.00pm.

Training for U7 to U10 continues on Saturdays. It takes a lot to keep a club going, but most of all we need people who can volunteer their time. Anyone willing to help out with a team is asked to contact Mike Lyne on 086 0836356. **RESULT:**

KILLARNEY CELTIC B 2 SPA RD. 2

First game of the season and an absolute cracker, with great chances at both ends of the field. Spa Rd. scored first through Danny Roche. Stephen Hayes equalised from the penalty spot after Farouk Aminu was brought down and a quick free kick by Joe Hurley surprised everyone and gave us a 2-1 lead at the break. Ten minutes after the restart Spa Rd. broke down the wing and Brendan Sweeney produced a clinical finish. Celtic dominated the last quarter but Pa Fitzgibbon produced some great saves and both sides fully deserved a draw after a hugely entertaining game. There will be a full match report on our website.

FIXTURES: Denny Premier A: Killarney Celtic

at home to Dingle Bay Rovers, Friday, 7.30pm. Denny Premier B: Killarney Celtic B away to Ballyhar Dynamos, Sunday, 11.30am.

U17 League: Killarney Celtic away Castleisland, Saturday, 3.00pm.

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility condusive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any clublooking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809

LOTTO RESULTS: Numbers drawn 4, 8, 22, 23. No winner, four x match three, Sean O'Sullivan Dalton's Ave., Mary Healy c/o Frank. Thomas and Kevin McCarthy Ardshanavooley, Anne Cahill Church Place, €40 each. Next week's jackpot €2000, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www. killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTERGEEHA F.C.

LOTTO: There was no winner on Friday 29th August. Numbers drawn were 7, 9, 14 & 24 Consolation prizes were €100 Machaela Curtin, c/o Bertie Curtin, €60 Miriam & Jean c/o Dept of Justice, €30 Anna Murphy, Milleen, €30 Damien Doolan, Inchicullane, €30 Kenny Dwyer, Ballsbridge. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now **€13.800**.

KERRY LADIES ROUND U

This weekend coming sees more domestic finals. On Saturday 6th Sept sees the Senior B Final between Inbhear Sceine Gaels (ISG) & Scartaglin, venue TBC. Both teams had tough openers in the Senior A Championship which saw them drop down to Senior B. Scartaglin faced ultimate Senior A Finalists Desmonds/ Duagh & while ISG faced pre championship favourites Laune Rangers. Both teams have a mix of experience & youth. However Scartaglin have had to contend with injuries & retirements this season so just about plumping for Inbhear Sceine Gaels. But result could go to the wire. In the marquee game the weekend, sees the Intermediate Final with the winner representing

Kerry in the Munster Club championship. Na Gaeil who won the Junior All Ireland Club title last year face Castleisland Desmonds on Sunday 7th Sept. Na Gaeil will obviously be keen to add the Intermediate title to their name after the Junior title, similar to Abbeydorney in 2005. However Billy Mangan has a strong Castleisland side who can count on county stars Aoife Lyons, Cait Lynch, Aisling Leonard & Lorraine Scanlon. Na Gaeil will be dependant on Marie Quirke, Eilish & Brid O'Connor & Deirdre Kearney to anchor their ship. James Prendergast Na Gaeil coach will harness the experience of their All Ireland journey to their advantage. However with injuries & players not

available from the team last year, Na Gaeil will find Desmonds the toughest test they will have faced & with their inter county experience will be plumping for Desmonds. Details on both games later in the week on social media. Next Saturday 13th September will be the Junior A Final between Corca Dhuibhne & Rathmore - two of the best young & upcoming teams. While the big game will take place on Sunday 14th September – the Senior A Final between Desmonds/Duagh & Southern Gaels, will the South Kerry side put aside the disappointment of last years final. Preview next week.











RING OF KERRY GOLF CLUB

RESULTS SINGLES COMPETITION

1st David Kerins (6) 43 pts. 2nd Charlie Foley (10) 36pts. 3rd Martin O'Connor (18) 36pts. GOTY comp 1st Tommy O'Driscoll (0) 41pts. 2nd Daniel Taylor (26) 39pts. 3rd Mike Harper (14) 38pts.

UPCOMING EVENTS:

Open singles every Tuesday 6th & 7th September open competition.

CASTLEROSSE GOLF CLUB.

RESULTS OF PRESIDENT'S DAY COMPETITION, (DONAL O'REILLY)

Sunday 31st August 2014, 18 Hole Strokeplay, many thanks to all players.

Overall winner, Daniel Shine (08) net 67.
Overall runner-up, Tomas Lyne (16) net 70.
Overall 3rd place, Roger O'Sullivan (20) net 71.
Overall 4th place, Frank Tobin (20) net 71.
Guest prize, Dan O'Connor

Front nine, John Conmy Back nine, Dan O'Connell

Nearest pin on 18th Eoin O'Neill

Langust drive on 16th John Con

Longest drive on 16th John Conmy.

RESULTS: Scramble played on Thursday 28th August, 3 person scramble, winners, Ivan Tangney, Sean O'Brien & Daniel Shine.

FIXTURES Scramble each Thursday evening at 6.15pm, meet at 6pm in Club House, open to ladies and gents, guests welcome. Come and enjoy 9 holes of golf at very reasonable cost.

FIXTURES: Next weekend competition play Friday, Saturday or Sunday, 18 Hole Stableford format, register on time sheet in Castlerosse.

ROSS GOLF CLUB NOTES

CHARITY DAY: Ross charity day in aid of the Kerry branch of Pallative care, kindly sponsored by Our Lady of Lourdes was held on Wednesday August 27th. Thanks to all the clubs who gave great support to the charity on the day. It is very much appreciated. The competition on the day was a three person team competition and the winners were Betty O'Farrell, Sinead Galvin and Una O'Sullivan with 49pts, 2nd Kay O'Connor, Lora Beth Malloy and Bernie Galvin 47pts and in 3rd place Eileen Fleming, Julie Leonard and Mary Kelly with 46pts. Following the prize giving on Wednesday evening a cheque for 1,500 euros was presented to Pat Doolan of the local branch of Pallative Care.

RESULT: From Sunday August 31st club sponsored 18 hole single stableford competition, winner Lisa Kerfoot (17) 39pts.

UP COMING COMPETITION: On Sunday September 7th President Ambrose's prize to the ladies will take place with an 18 hole competition. Time sheet in the locker room.

CONGRATULATIONS: Congratulations to the Ross Nines of Kerry team who overcame Castlegregory in a very sporting final at the Ring of Kerry Golf Club on Saturday August 30th. It is a great win for the club who last won this competition in 2010. Well done to all

involved in the team.

PARKNASILLA GOLF CLUB

RESULTS: NBCRI LADIES 1st Cass Fitzpatrick (28) 38 pts, 2nd Liz McCarthy (22) 37 pts. **MEN** 1st Dwayne Hoare (10) 41 pts, 2nd Brian Jones (18) 39 pts.

GOLF CLUB FUNDRAISER: 1st Dwayne Hoare, Mike Merrill, Brendan O'Sullivan and PJ Walsh. 2nd Sonny Looney, Mossie Walsh, Margaret Christian and Dion Burke. 3rd JP Moran, V O'Sullivan, M Moloney and D O'Sullivan.

FIXTURES: August 30th until Sept 7th Dave Fleming Memorial, Men, Open, 18 holes stableford. Past Captains and Past Presidents Prize: Sunday September 7th, 12 holes stableford, draw at 1pm. Mike Merrill's Captains Prize: Saturday Sept 13th, 18 holes stableford Phone 064 6645195.

BEAUFORT GOLF CLUB

(MEN'S RESULTS)

29th August – Open Friday – Sponsored by Clifford Groundcare

Winner: Patrick Drummy (10) 31 pts.

27th August - Club Scramble.

Winners: Jimmy Lyne (11) and Evan Lyne (28) 33 1/5th

FIXTURES: 7th September – Day 2 Gleasure Cup (Strokeplay – White Tees) – Sponsored by Peevers, Slye & Cotter.

14th September – President's Prize – Sponsored by President Johnny Doolan & Ring O'Dohoghue Hotels.

Captains Charity Rumble (Team of 3) – Yellow Tees – Sponsored by John O'Callaghan. Can be played any day of the week up to and including 28th September (1 person in team must be changed each time you enter competition).

Open Fridays (Single Stableford for Ladies & Gents) continues Friday 5th September.

KILLARNEY GOLF MEN'S CLUB NOTICES

LADY CAPTAIN'S PRIZE TO MEN - MAUREEN CULLOTY'S PRIZE

Sunday 31st August 2014, Killeen

1st Joseph Sheehan (7) 42pts.

2nd Shane Connole (11) 42.

3rd Stephen Broderick (16) 40.

Best Gross Brendan O Toole (3) 74.

4th John Griffin (10) 38.

5th Peter Malone (6) 38.

6th John Kerrisk (4) 38.

7th Sylvester Murphy(17) 37.

8th Padraig Sheahan (12) 37.

9th David O'Donoghue (4) 37.

10th Paul Hughes (19) 37.

11th Eddie Coleman (13) 37.

CSS 36 pts

OPEN DAY - KILLEEN SINGLES STABLEFORD 27/08/14

1st Tadhg Moynihan (16) 38pts. 2nd Dan O'Leary (15) 37pts. 3rd Ivan O'Callaghan (24) 36pts.

KILLORGLIN GOLF CLUB

MENS RESULTS

26th August Open Tuesday

Sponsor: Billy Dodd 1ST MENS COMPETITION

John Tyther (16) 41 Pts.

1ST LADIES COMPETITION

Mary Conway (32) 41 Pts. Saturday 30th & Sunday 31st

Sponsor: Murphy, Dolan, Hooper, Galivan Insurance.

1st Michael Harrington (15) 42 Pts.

2nd John McCarthy Jnr (6) 40 Pts.

3rd Jim Mccarthy Snr (13) 40 Pts.

Gross Jey Joy (9) 78 Gross.

4th Tommy Murphy (15) 38 Pts.

Senior: Dan Kissane (20) 38 Pts.

Junior: Alan Daly (13) 37 Pts.

UPCOMING FIXTURE: Sunday 7th September Brendan Campbell's President's Prize.

ROSS GOLF CLUB

KILLARNEY, GENTS CLUB RESULTS:

On Sunday August 31st we held an 18 hole single stableford competition.

The following were the winners:

- 1. Renaldas Bendikas (14) 39 pts.
- 2. Aidan O'Connor (10) 39 pts.
- 3. Seamus McCarthy (21) 38 pts.
- 4. Maurice Coffey (22) 37 pts.

FIXTURES: On Sunday September 7th we will hold the Frank Doran Backstakes Strokeplay competition. The entry sheet is now available in the clubhouse so please get your name on it by 5 pm on Saturday 6th as the draw for playing partners takes place then .

NINES OF KERRY TEAM: Congratulations to Andy Deally and our Nines of Kerry team on their great victory in the final of this competition against Castelgregory on last Saturday in the Ring of Kerry GC, well done to all involved.

Congratulations to Renaldas Bendikas on winning the Player of the Year in the Junior Golf Tour of Ireland recently.

CLUB SINGLES AND FOURBALL COMPETITIONS: All competitors are reminded to play their matches in the club singles and fourball matchplay championships as soon as possible.

KILLORGLIN GOLF CLUB

LADIES: 18 HOLE STROKE SPONSORED BY

THE CLUB 1. Christina O'Sullivan (27) 61 nett. 2. Eileen Devane (27) 66 nett.

FIXTURE: Lady President Mary Lawlor's Prize Day is on Saturday 6th September. 18 Hole Stroke. Draw for partners. Time Sheet. 9 Hole invitation to the Men.

President Brendan Campbell's, 12 Hole Stableford invitation to Ladies is on Sunday 7th September. Draw for partners. Entry Sheet on Notice Board.

SILVER SWANS: Killorglin Silver Swans invitation to Ballyheigue Golden Girls is on Tuesday 9th September. Tea and Scones at 10.15am followed by a 3 person scramble.

JOE QUINLAN FOURSOMES: Congratulations

to the Joe Quinlan Foursomes Team on their win over Kenmare last week. They now meet Ballybunion in the Final on Wednesday 10th September at 14.55 in Tralee.

BEAUFORT GOLF CLUB

(LADIES BRANCH)

26th August - Open Day Fundraiser (Ladies Branch) - Sponsored by Aghadoe Heights Hotel.

LADIES SECTION

1st Mary Inglis (13)(Dooks) 35 pts. 2nd Rosemary Sayers (17)(Killarney) 33 pts. 3rd Marian Daly (28)(Dooks) 33 pts.

GENTS SECTION

1st Christy O'Mahony (14)(Dooks) 40 pts. 2nd Jim Guirey (17)(Dooks) 39 pts. 3rd Darragh O'Regan (16)(Beaufort) 35 pts. 30TH/31ST AUGUST-18 HOLE STABLEFORD

- SPONSORED BY BLOSSOMS, KILLORGLIN 1st Noleen Mackessy (26) 27 pts.

2nd Olive Sheehy (29) 27 pts.

3rd Margaret Guerin (26) 25 pts.

FIXTURES:

6th/7th September - 18 Hole Stableford -Sponsored by Ladies Branch.

14th September - President's Prize (6th Round Golfer of The Year - Stroke) - Sponsored by President Johnny Doolan/Ladies Branch.

Club Scramble continues Wednesday 3rd September at 6pm.



ROSS GOLF CLUB WINNERS OF THE NINES OF KERRY FINAL AT THE RING OF KERRY GOLF CLUB. FRONT L-R LISA KERFOOT, EILEEN FLEMING, LADY CAPTAIN MARY CRONIN, CAPTAIN AIDAN O'CONNOR, SINEAD O'SHEA AND BETTY O'FARRELL. BACK L-R SEAN MOYNIHAN, TOM O'REGAN, ALAN FLYNN, DONAGH MOYNIHAN AND ANDY DEALY.

KENMARE GOLF CLUB

VICE CAPTAINS', DELIA LONG & JOHN **MAYE, PRIZE:**

1st Dave Burke [10], Cyril Murphy [25], Marie Kissane [23] - 60.2.

2nd Seamus O'Brien [10], Mike O'Brien [19],

Patsie Miles [35] - 60.6. 3rd Jim Brosnan [12], Ml Murphy [20], Noreen Maye [35] 61.3 Next weekend - 18H Medal.



ROSS LADIES GOLF CLUB CHARITY DAY IN AID OF PALLATIVE CARE. FRONT L-R PAT DOOLAN OF THE LOCAL BRANCH OF PALLATIVE CARE RECEIVING A CHEQUE FOR 1500 EURO FROM LADY CAPTAIN MARY CRONIN, SINEAD GALVIN WINNER, MAGGIE MURRAY SPONSOR (OUR LADY OF LOURDES) BACK L-R KAY O'CONNOR AND LORA BETH MALLOY 2ND, ROD MURRAY SPONSOR, EILEEN FLEMING, MARY KELLY AND JULIE LEONARD 3RD. MISSING FROM PHOTO, BETTY O'FARRELL AND UNA O'SULLIVAN WINNERS AND BERNIE GALVIN 2ND.



Caitriona Heffernan, centre, Sister of the late Brendan Heffernan, organised an $8\ \text{Hour}$ FUNDRAISING SPINATHON ON SUNDAY 31ST, AUGUST, AT THE MARKET CROSS, KILLARNEY. ALL PROCEEDS RAISED WILL BE DONATED TO THE KERRY HOSPICE FOUNDATION, WHO PROVIDED WONDERFUL CARE TO Brendan throughout his illness. Included are Brendan's Sisters and close friends, from left, MAIREAD SMITH, MIKE DOHERTY, BATTY O'SULLIVAN, CLLR JOHN JOE CULLOTY, MAYOR OF KILLARNEY AND SIOBHAN DONALDSON. PHOTO: VALERIE O'SULLIVAN.



The Family of the Late Brendan Heffernan, who organised fundraising spinathon on Sunday 31st, August, at The Market Cross, Killarney. From Left, Siobhan Donaldson, Mrs Kathleen HEFFERNAN, DONIE HEFFERNAN, CAITRIONA HEFFERNAN, ORGANISER, GERARD HEFFERNAN AND MAIREAD SMITH. PHOTO: VALERIE O'SULLIVAN



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IFA SAYS MINISTER COVENEY TO GET DIRECTLY INVOLVED AND PLAY A KEY ROLE IN RESOLVING BEEF ISSUES

At a meeting with the Minister for Agriculture Simon Coveney in Dublin this week IFA President Eddie Downey made it clear that livestock farmers are angry and frustrated over the way their incomes have been cut this year by price and specification cuts. "The Minister said he fully understands the anger of livestock farmers over what has happened in the beef sector and he is working hard to bring forward solutions," said Eddie Downey.

He said the Minister outlined that he will get directly involved and will play a central role in discussions between factories and farmers to resolve the current problems. The Minister said he expects the processing industry to respond positively to the key issues around the Quality Payment System and specifications to suit the Irish beef sector. The IFA President said the Minister and the Department is due to meet with the IFA again next week. Eddie Downey said IFA is demanding urgent progress and this process must deliver real results for livestock farmers.

must insist that the factories respect the agreement they entered into with farmers on the price grid under the Quality Payment System. It is essential that the unfair specifications cuts on dual pricing, weights, age and breeds that were never part of the QPS are removed. Eddie Downey made it very clear that weight limits are a major problem for the suckler herd and the Irish beef sector. He said progress here is essential to restoring trust and confidence.





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FARM INCOME VOLATILITY MUST BE ADDRESSED IN BUDGET 2015 - ICMSA

The Chairperson of the ICMSA's Farm Business Committee, Lorcan McCabe, has stated that farmers are once again trying to manage their business and plan for the future in the midst of ongoing milk and beef price volatility.

He stated that since 2009, farmers have seen many peaks and troughs in farm returns for all sectors and subsequently family farm income. The agricultural industry faces continuously changing markets with many internal and external forces impacting on the return farmers receive for their produce. "Unfortunately, farm returns in our main beef and dairy sectors currently experiencing a considerable downturn. ICMSA has serious concerns in relation to income volatility and the need for self-funding of farm development which will be of particular importance in the context of quota abolition in 2015 coupled with the challenge of achieving the targets set out in Food Harvest 2020," said Mr. McCabe.

The Farm Business chairperson stated that ICMSA have addressed the issue of income volatility and the need for a mechanism to facilitate management of such peaks and troughs in order to allow farmers plan for investment in and development of their business in the ICMSA Agri-Taxation Review Submission and the 2015 ICMSA Pre-Budget Submission. "ICMSA have proposed the introduction of what is referred to in Australia as a Farm Management Deposits Scheme (FMDS) which has both a positive farm financing component and a built in mechanism to smooth out income over the years. In recommending a similar scheme to the FMDS, ICMSA believe the existing income averaging scheme in Ireland should be maintained." Mr. Mc Cabe said that ICMSA believe the FMDS has many merits and most definitely should be considered for incorporating into the Irish income tax code for farmers. However, he stated that ICMSA have suggested a number of modifications to take account of Irish conditions.

Mr. Mc Cabe stated that an increasing number of Irish farmers are incorporating in order to avail of the reduced 12.5 percent Corporation Tax rate. In this context, ICMSA believe that in order to provide some of the advantages of incorporation from the point of view of providing self-funding for investment and capital loan repayment, ICMSA have recommended that the 12.5 percent tax should apply on a once off basis for the amounts deposited in the farm management account. Farmers would then be able to avail of these funds in the farm management deposit account for farm investment purposes as the farm business required. No further tax would be paid on such funds taken from the deposit account where they are invested in the farm, In addition, where funds are taken from the farm deposit account in the form of income then the normal rate of tax would apply to these withdrawals less a credit for the 12.5 percent tax which was originally paid on the funds when deposited in the farm deposit account in the first instance. These arrangements would give all the advantages of incorporation without the necessary cost of compliance associated with farm companies in addition to providing a mechanism to level out income volatility.

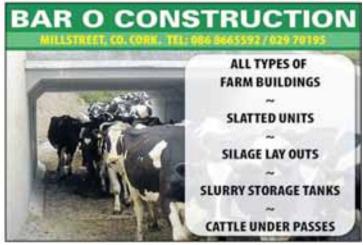


CHAIRPERSON OF THE ICMSA'S FARM BUSINESS COMMITTEE, LORCAN MCCABE









PRODUCERS DEMAND ANSWERS ON PIG PRICE DROPS

IFA Pigs Committee Chairman Pat O'Flaherty has said 'pig producers are shocked and disgusted that pig prices have fallen by an unprecedented 16c/kg in five weeks. The average pig price this year is €1.63/kg so 16c/kg is a fall of almost 10%, this is an unwarranted and unexplained drop in prices that producers cannot afford". Mr. O'Flaherty said "Pig production is an industry of extremely tight margins and 4c/kg can be the difference between profitability and falling into the red. A drop of this magnitude over such a short period of time is impossible to cover and farmers are now back in familiar territory, struggling to keep their heads above water." The poor situation on farms is being exacerbated by feed prices which should have fallen by at least €30/tonne this year but so far have fallen by only €10/tonne and although more is promised, this is of very little value to the farmer whose pig price is now falling short.

of the feed bill. "Farmers across the country are querying why such a rapid and huge fall in pigprices has occurred. Exports have been very positive this year with both value and volume rising, retail value is also up with bacon and sausages performing very well this year. Farmers need answers and these must be provided by factories immediately."



IFA PIGS COMMITTEE CHAIRMAN PATOFIAHERTY









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TEAGASC TO HOST CLINIC IN TRALEE ON 'TRANSFERRING THE **FAMILY FARM'**

zxzxa Teagasc is hosting a clinic in Ballygarry House Hotel, Tralee as part of a series of nationwide events called 'Transferring the Family Farm'. The clinic will take place on Thursday September 11th. The clinics will provide insight into, not only the legal, social welfare, and tax implications, but also the best way to go about having the

conversation in the family setting. A Teagasc Specialist will make a short address, covering all aspects that need to be considered when writing a succession plan. The clinic will then be open to the farm families present to go and have one to one" private conversations with the professionals set up in booths around the venue.







Transferring the Family Farm Clinics 2014

Thursday, 11th September Ballygarry House Hotel, Tralee, Co. Kerry

Teagasc invite all farm families to participate in the 'Transferring the Family Farm' clinics.

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LABOUR PARTY CONFERENCE RETURNS TO KILLARNEY



The Labour Party has today announced that they will return to Killarney for their 2015 National Conference. The Conference will take place in INEC Killarney, February 27 – March 1. Labour held their 2013 Conference at the same venue last year.

Senator Marie Maloney said: "The Conference was a great success the last time it took place in Killarney. My Party colleagues were completely bowled over by the facilities at the INEC and by the professional approach taken by all staff at the venue, and indeed all over the town.

"We fought hard to get the Conference brought back to Killarney in 2015, and that effort has clearly paid off. Today's announcement will be good news for Killarney and for the entire

TD DONATES HALF HIS SALARY



KERRY Fine Gael TD, Brendan Griffin, has confirmed that he will be donating half of his TD's salary to pay for a teacher at Fybough National School for the 2014/15 academic year. This is the third year running that Deputy Griffin is paying for a teacher at Fybough. Deputy Griffin has been waiving half of his salary since his election to the Dail in 2011. In 2012, he started donating the waived portion of his salary directly to Fybough, allowing the school to retain more favourable class sizes.

Deputy Griffin said:

"As the new school year begins, I am delighted to confirm that I am once again donating half of my Dail salary to pay for the provision of an extra teacher at Fybough National School for the forthcoming academic year.

"I am glad to continue this arrangement for the third year running and know that it will have a positive impact on the education of all the children attending Fybough National School. "I wish the entire Fybough school community

well for the 2014/15 academic year and in the future, and know that the very highest standards will continue to be met at Fybough. I also continue to lobby intensely at national level for improved class sizes for all children in the Irish education system."

NEW JUNCTION LAYOUT AT HIGH STREET

Statement by Cllr Brendan Cronin

In light of the amount of complaints I have received regarding the new junction layout at High Street, I have requested the Killarney Area Municipal manager John Breen to re-examine the new junction layout at High street as the current situation is causing a serious traffic backlog down towards the Market cross.

I believe that the traffic coming up High street must have the right of way at the new junction layout as the current layout gives a cul-de-sac the right of way which is highly dangerous and may lead to a serious accident. This new layout is a serious traffic hazard and it must be reviewed immediately.



KILLARNEY SPORTS AND LEISURE CENTRE



Councillor Michael Gleeson proposed the following Notice of Motion at the recent Killarney Municipal Area Meeting:

"Has Kerry County Council put in place the necessary Personnel and Programme to ensure the continued successful operation of the Aura Sports and Leisure Centre in Killarney as this is a hugely vital part of the social and recreational life of the area for both locals and visitors".

Kerry County Council replied that the Killarney Sports and Leisure Complex is now being managed within the tourism infrastructure business unit. The relevant Personnel are in place and meetings have recently taken place with the operating company as part of the transition process from Killarney Town Council to Kerry County Council. This facility has received a financial subsidy from the former Town Council from its initial operation and will require an ongoing subsidy from Kerry County Council.

This matter will require careful consideration, along with others, in the context of the framing of Budget 2015 and the funding of Services.

Councillor Gleeson stated that the Aura Sports and Leisure Complex is a very vital part of the health and recreational structure for the greater Killarney area. He also stressed that it has become an important part of the Tourism product.

Having taken nearly twenty years to become a reality is of great importance that it would continue to prosper.

SHEAHAN DELIVERS **FOR LISTRY**

Cllr. John Sheahan is delighted to announce that he has been given a commitment for 3 projects in Listry.

Chevron signs at Horgan's Bend to highlight this dangerous turn.

Resurfacing at the car park area at Listry Church.

Repainting of road markings at Listry Bridge, alerting motorists of unsuspected dangers. Cllr. Sheahan looks forward to seeing works commence this Autumn.

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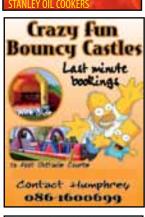
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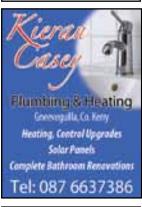
















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ELEPHANT ANGELS

The largest destruction of illegal ivory was made possible through the efforts of three young girls in Hong Kong. Yet, before tackling elephant poaching at the government level, these girls started in their own communities, building awareness of the horrifying reality of the illegal ivory trade in one of its most active ports.

After Nellie Shute, at age twelve, learned of the devastating toll of poaching on elephant populations, her school project focused on the issue inspired her fellow classmates to go home and educate their parents, many of whom owned ivory products. Seeing the difference she could make, she reached out to the antipoaching organisation Elephant Voices, writing a letter that generated over 600 comments and shares on Facebook. She also created her own elephant stationary and raised the equivalent of two hundred and fifty Euros, which she donated toward the care of an orphaned baby elephant at the David Shedrick Wildlife Trust in Kenya.

Nine-year-old Christina Seigrist and elevenyear-old Lucy Lan Skrine learned of the tragedy of poaching through participating in conservation programs and watching documentary film, and joined with Nellie in September 2013 to form Elephant Angels. The group's petition to the government for the destruction of Hong Kong's ivory stockpile, delivered on January 22, 2014, was followed the next day by the Hong Kong government's announcement that it would destroy 95% of the nearly 30 ton stockpile. The group has also succeeded in pressuring Hong Kong's second largest ivory retailer to stop selling ivory as of July 7, 2014.

SEPTEMBER

September (from Latin septem, "seven") was originally the seventh of ten months on the oldest known Roman calendar, with March the first month. September has had 29 days, and 31 days; but, since the time of the emperor Augustus, it has had only 30 days.

The Irish name for September (Meán Fómhair) translate directly as "middle of harvest"

LIFE SOMETIMES CAN BE A VICIOUS CIRCLE

In Arizona, a single mother of three had been dealing with a couple of years of rough times when she finally got a job interview for a good job for which she was qualified.

With her eldest in school, she had arranged for day care for her two youngest, which fell through hours before the interview. Desperate to not miss the opportunity to help her family, she made a decision to take her children with her and leave them in the car while she went on the interview.

She got the job, but she was also charged with two felonies for leaving her children unattended, ended up in jail and lost custody of her children

A FEW SURPRISING-USES-FOR-HAIR-CARE-PRODUCTS

*Soften your itchy wool clothing with some hair conditioner. Soak your sweater in cold water before removing from the wash, gently pressing any excess liquid out until the garment is damp. Using your fingers, generously work hair conditioner into the wool and let it sit for about 30 minutes. Rinse off the conditioner, gently press dry again, and leave to fully dry for about 24 hours.

*Un-Shrink Clothes. Accidentally shrunk your favourite t-shirt? All is not lost! Soak the t-shirt in hot water and a few squirts of hair conditioner for 5-10 minutes. Rinse and let dry fully.

*Wash Delicates. Fill your sink up with water; add 1/2 teaspoon detergent and 2 teaspoons hair conditioner. Gently hand wash your lingerie and other delicates.

*Clean Brushes. Keep your brushes in tiptop shape with the help of a couple drops of shampoo. Work into the bristles and rinse well with lukewarm water. This will work on hair brushes, paint brushes, makeup brushes... you name it!

*Wash Your Car. You can wash your hair with shampoo, so why not your car? Add 1/4 cup of shampoo in a bucket of soapy water to keep vour car clean.

*Prevent Painful Band-Aid Removal. Coating your band-aid with a little shampoo or conditioner will help ease the pain of removal.

RICE REPLACES ICE IN CHARITY BUCKET CHALLENGE

The famous "ice bucket" challenge is inspiring thousands of Indians to follow suit, but with a twist- they are replacing ice with rice in a bid to help the country's vast population of poor, hungry people.

The challenge, involves donating a bucket of rice to someone in need and clicking a picture to share online to raise awareness.

Started by a 38-year-old journalist who felt the ice bucket challenge was a little bizarre, the movement's Facebook page defines it as a "local challenge for local needs" and has clocked more than 50,000 'likes' so far.

Mass hunger, much of it poverty-induced, continues to haunt India. The country last year ranked 63rd on a list of 78 countries tracked by the International Food Policy Research Institute's Global Hunger Index.

PIT BULL AND PIGLET FORM UNLIKELY FRIENDSHIP

A new friendship is blossoming at a West Virginia animal sanctuary between an unlikely pair. After being rejected by her littermates, a little black piglet named Pigalina has taken a shine to a rescued Pit Bull named Levi.

Levi acts as the resident assistant at the sanctuary and has grown up around all kinds of animals. He is comfortable around pigs, horses and other dogs, and the adorable Pit Bull spends a lot of time splashing around in the pigs' mud hole on the farm grounds.

Levi lies next to a sick animal for hours, lets baby animals play on him and encourages the frightened and nervous animals to trust again. He has reached animals that the shelter staff couldn't.

The sanctuary's team members always supervise the interactions between Pigalina and Levi to ensure the safety of both animals.

THIS WEEKS QUOTE

Friendship is the only cement that will ever hold the world together. – Woodrow T. Wilson.

ON THIS DATE - SEPTEMBER 5TH

1698 - Russia introduced a tax on beards. 1735 - Birth of Johann Christian Bach, German

1800 - Britain seized Malta from France.

Pancho KO'd each other simultaneously.

1882 - 10,000 workers participated in the first US Labor Day parade, held in New York City. 1923 - Flyweight Boxers Gene LaRue & Kid 1930 - The first edition of the Irish Press, founded by Eamon De Valera was published.

1941 - Whole territory of Estonia was occupied by Nazi Germany.

1944 - Allies liberated Brussels.

1960 - Cassius Clay captured the Olympic light heavyweight gold medal.

1998 - President Clinton followed in the footsteps of John F. Kennedy and became a Freeman of Limerick at the end of his three-day visit to Ireland.

NEVER BUY FUR PRODUCTS AND DISCOURAGE ANYONE ELSE FROM DOING SO

In a government sanctioned cull in Namibia 80,000 baby seals were clubbed to death to make fur coats in China that are sold over the internet.

That trade brings in \$500,000 at most to Namibia, according to environmental groups, but it has proved lucrative to China, where the pelts are made into expensive coats, hats, and other clothing.

Why China? For one thing, it still allows the import of seal skins. The United States banned the seal fur trade in 1972, and the European Union imposed a ban in 2009.

Namibia and Canada are the only countries that permit baby seals to be clubbed to death, and along with Greenland, they account for 60% of the 900,000 seals slaughtered annually, according to a European Commission report.

Websites such as Alibaba, the eBay of China, meanwhile, sell fur seal hats and clothing made from the slaughtered pups. U.S. Internet giant Yahoo is a part owner of Alibaba.

Bull fur seals are killed for their genitals, and the company touts the supposed but unproved medicinal benefits of seal penis. Their price is quite high, and can be compared with gold the company states.

The Canadian website Always in Vogue advertises seal fur mittens (\$274), seal fur purses (\$725), seal fur pillows (\$229), and even seal fur bow ties (\$46.) That seal fur is most likely sourced from Canada's domestic slaughter.

CAT SAVES HOME FROM **GOING UP IN FLAMES**

Tilly the tabby cat had only been living with her new family for three weeks before she saved their home from destruction.

Matt Clayton and his wife and kids in Blackburn, suburb of Melbourne, Victoria, Australia had recently adopted Tilly, who was a scrappy, beat up stray and new mom to four kittens.

One morning, Mr. Clayton and Tilly were alone in the house when Tilly started acting strangely. Mr. Clayton said Tilly kept looking at him, looking at one particular spot on the ceiling and meowing incessantly and wouldn't budge from the spot.

Although he couldn't see or smell anything

unusual, he put his hand on the ceiling and pulled gently at the light fixture and "smoke came pouring out."

He immediately called the fire department who said the smouldering home would have been in flames within 20 minutes.

YOUR WRITING OWN **OBITUARY**

An 80 year old Delaware man wrote his own obituary and kept it short - it simply said "I am Dead" he then went on to visualise the report of his funeral in the newspapers and to make his final wish.

"He was surrounded by his loving wife of 57 years, who will now be able to purchase the mink coat which he had always refused her because he believed only minks should wear mink."

"There was no viewing since his wife refused to honour his request to have him standing in the corner of the room with a glass of Jack Daniels in his hand so he would appear natural to visitors."

"He was preceded in death by his tonsils and adenoids in 1935; a spinal disc in 1974; a large piece of his thyroid gland in 1988; and his prostate on March 27, 2000."

He chose to join the Marine Corps and serve in the Korean War "because of Hollywood propaganda, to which he succumbed as a child during World War II."

"Instead of flowers, I would hope that you will do an unexpected and unsolicited act of kindness for some poor unfortunate soul in my

OLD (AND NEW) FASHIONED MANNERS ARE BACK:

The whole point of manners is that if we can all agree on some basic rules, life will be more comfortable and sane for everyone, and the reality of living in ever more-crowded urban centres means that young people today are craving the manners most of them were never

Oh, and if in doubt, refer to the Golden Rule. "Do unto others as you would have them do unto you" is the first and best rule, from which all the below stem:

- 1. Let the people on a bus, train, shuttle or any other form of public transportation exit before you get on. Otherwise, pushing and shoving ensues when really there's no need at all for bodily conflict.
- 2. On public transport, always offer your seat to an older person, a pregnant woman, or anyone who is using a cane or other obvious sign they are disabled; or to people who just look tired or are carrying a bunch of stuff. Err on the side of caution; don't know if a woman is pregnant? Offer the seat anyway — they will either decline or be grateful, and either way you've done something nice
- 3. Never, ever speak on a phone while

conducting business at a counter, whether it's a fast food restaurant, a supermarket or a bank. It's just incredibly disrespectful to the person who is assisting you or ringing you up. If you are in the middle of an important conversation, the least you can do is ask the person you are speaking with to hold on while you check out. Or better yet, wait until you get home and enjoy your conversation.

4. Cover your mouth when you yawn, cough or sneeze; this keeps germs from being spread and means strangers or colleagues won't know exactly how many cavities you have.

RECYCLING FACTS

Next time you finish that Diet Coke, decide to replace your mobile phone, or throw away that outdated phone book, take a moment to think about your next step. Before you head to your rubbish bin, ask yourself if there is a smarter option. The more you know about recycling, the more you will be motivated to do it. Not only does recycling keep waste from overcrowded landfills, it provides raw materials to create new product.

- * Using recycled paper saves water, not just
- * Enough plastic bottles are thrown away each year to circle the planet four times.
- *25 billion styrofoam cups are trashed each year, It takes Styrofoam more than 500 years to decompose in a landfill. A coffee mug can be washed and reused for years generating no
- * It takes centuries for a disposable nappy to break down in a landfill and on average, one baby will go through 8,000 nappies.
- * Recycling aluminium cans saves 95% of the energy used to make new cans. When you recycle just one aluminium can, you save enough energy to power a 100-watt light bulb for 20 hours or to listen to a full album on your

Each recycled, re-purposed or reused item is an item that does not end up in a landfill. We have one earth, and we all should work together to

BLACKFRIARS BRIDGE, THE **WORLD'S LARGEST SOLAR-POWERED BRIDGE**

The energy generated by the 4,400 solar panels atop London's Blackfriars Bridge will prevent 511 tons of carbon dioxide from entering the atmosphere each year, that's equivalent to the annual greenhouse gas emissions from 106

The roof of the bridge, first built in 1886, was recently retrofitted with 4,400 solar photovoltaic panels covering 6,000 square meters. Capable of generating up to 900,000 kilowatt hours of clean energy annually, the panels will supply half the power needed to run the Blackfriars tube station each year.



TRANSITION FROM PRIMARY TO SECONDARY SCHOOL WHAT TO EXPECT AND WHAT CAN HELP

By the time you reach your final years in primary school, you

will be totally comfortable with your school environment. By sixth class, you are one of the most senior people in your school and you are used to being given responsibility and looked up to by the younger children. However the transition to secondary school means that you have to revert to being the most junior again and have to cope with a brand new environment. Change can be a daunting task for any one of us and can take a lot of adjusting to. Easily the biggest change when entering secondary school is going from the experience of one teacher all day in one classroom to encountering eight or nine different teachers and subject/classroom changes every forty minutes or so. A tip to help you cope with this is to write down the name of each new teacher beside the name of the subject and write your own version of the class timetable. The second big change is the constant movement between classrooms throughout the day. Depending on your subject choices, you will be moving all around the school. Getting lost during the first few weeks will be inevitable and a good tip is to always stay with at least one other person from the class. Another big adjustment is the number of specific subjects you will be covering. Students in First Year will cover up to sixteen different subjects; many of these will be new to you. Discuss all the subjects at home with your parents and let them know which ones you struggle with. Everyone will have their own favourites and will excel at certain subjects. Your timetable will take a lot of getting used to and you may need help initially in the organisation of your schoolbag each day. Each student will also be provided with a locker and be sure to use your locker to avoid 'heavy bag syndrome'. Homework time is obviously going to increase. However not all subjects are covered every day and not all subjects involve homework. Learn how to successfully manage your time and don't rule out the possibility of supervised study. Schools reports may also be a new experience that comes with secondary school as regular reports come home from the school. Taking part in games and P.E. is a great way of getting to know more students in your school. Find activities which you like and enjoy and try out new activities even if you haven't tried something before, or if you don't know what the activity entails.

If you find yourself struggling with any aspect of this change be sure to talk to someone: Your parents, a friend, a class teacher or school counsellor. This time will fly by, and before long your new school will feel like your second home!!

SouthWest Counselling Centre will run an 8 week parenting course on Parenting You Teen - beginning Weds Oct 1st. Call 064 6636416 to book your place.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples - both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling. ie. Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@ kerrylifeline.com To make an appointment call 064 6636416.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters.... With Dr. Michael O'Doherty

MALARIA

Commons symptoms include:

- Fever
- Sweating
- Shivering
- Headaches
- Generalised flu symptoms

The degree of illness within any particular patient depends greatly on the number of parasites with the blood stream. During an initial attack the symptoms are usually very definite and a clinical diagnosis may be guite straight forward so long as a history of international travel is obtained.

Making Diagnosis:

The only certain way of confirming the diagnosis of malaria is to find the parasite on examination of the patient's blood. Many Laboratories are quiet inexperienced in identifying tropical diseases and so delay or a misdiagnosis sometimes occurs. In patients with a history of exposure and suggestive clinical symptoms it may be necessary to commence treatment on a presumptive basis before the final results are through. This is often the safest course of action. Remember that following any at-risk travel Fever = Malaria until it is proven otherwise.

Protection against malaria:

It is essential that all travellers recognise that none of the malaria prophylactic tablets are perfect. Each of the drugs used have problems — either with a case of compliance or side effects of varying serverity. Avoiding Mosquitoes remains counterstone of protection against malaria. In most cases the mosquitoes which transmit malaria tend to bit during the evening hours once the intensity of the sun has lessened. At these times (between dusk and dawn) it is essential that traveller cover up well and use adequate insect repellent. AVOID INSECT BITES.

Taking malaria tablets:

- Start before travel as guided by your health advisor (with some tablets you should start three weeks before).
- Take the tablets absolutely regularly, preferably with or after a meal.
- It is extremely important to continue to take them for four weeks after you have returned to cover the incubation period of the disease. Atovaquone/ proguanil(malarone) requires only 7 days post -travel.

All Travel vaccines can be given at Killarney Medical centre , The Centre can be contacted on 064-6620628.



MEMORIALS & REMEMBRANCE

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen". Pray, whether you believe or not. Publish on the 9th day. Your request will be granted no matter how difficult it may seem.

THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

P.I.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

THE MIRACLE **PRAYER**

Favour often granted on the third day.

L.W.

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen. Say this prayer for three days. Publication of prayer and favour will be

> granted. X

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

THANKSGIVING

Novena to the Sacred Heart:

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Promise publication of prayer and favour will be granted.

0.5.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. F.L.

ST. THERESA

St Therese, the little flower, please pick me a rose from the heavenly garden and send it to me with a message of love.

Ask God to grant me the favor I thee implore and tellHim I will love Him each day more and more. Amen.

NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

NEVER KNOWN TO FAIL

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your perfect love for me and therefore I place all my trust in your.

Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never known to fail. Must publish.

NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

NEVER KNOWN TO FAIL

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your perfect love for me and therefore I place all my trust in your.

Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never known to fail. Must publish.

BARRADUFF

MEMORIAL WORKS

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TEL 064 7754021/064 7754262



MIRACULOUS INVOCATION TO ST. THERESA, THE LITTLE FLOWER

Oh glorious St. Theresa, whom Almight God has raised up to aid and counsel mankind. I implore your miraculous intercession. So powerful are you in obtaining every need of body and soul oúr Holy Mother Church proclaims you a "prodigy of miracles the greatest Saint of modern times". Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of "spending Heaven doing upon earth... of letting fall from Heaven a shower of Roses". Henceforth dear little flower, I will fulfill your plea "to be made know everywhere" and I will never cease to lead others to Jesus through you. Amen. Say the above for 9 days and you will receive a flower or a Rose, in some form during or after 9 days as an indication that your request will be granted.

THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

PRAYER

NEVER KNOW TO FAIL

You have said O'Divine

Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your perfect love for me and therefore I place all my trust in your.

Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks. And to all of the Saints for favours received

X

OPEN DAY: SATURDAY 6TH SEPTEMBER 10.00AM-12NO



Cumann OR. CRÓCA15



LEWIS ROAD KILLARNEY

Dr. Crokes GAA Club invites the parents in the Killarney area and their boys and girls to a special Fun Open Day in the Dr. Crokes Club, Lewis Road.

Fun on the bouncing castle and introduction to football and hurling.



Your child is invited to join one of the top GAA clubs in Ireland.



for all U6's Boys & Girls.

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