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EDITOR'S NOTE

As we head towards Phase 2 in the reopening of our country, we bring you a busy magazine this week, including a guide to the easing of COVID-19 restrictions on Monday next. We thank all the advertisers who contributed to our

Charity Fundraiser last week, we congratulate the members of Listry GAA Club who raised an incredible amount of money last weekend for two charities and we continue with Marie's cocooning pictures from the community.

We hope you enjoy this week magazine and urge you to follow the guidelines and #holdfirm

Aisling Crosbie,
Editor 086 0400958



IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

€5,200 RAISED IN KILLARNEY OUTLOOK CHARITY FUNDRAISER

Thank You



Killarney Outlook would like to extend a huge thank you to all of our advertisers who helped us raise an amazing €5,200 for the Kerry Cancer Support Group.

To our regular advertisers and to those who came on board to support such an amazing charity we are extremely grateful to you all.

All those who supported our charity fundraiser are listed on pages 32 and 33.

All the money raised will go directly to the Kerry Cancer Support Group which provides a vital service bringing patients from Kerry and West Cork to Cork University Hospital, Mercy University Hospital, Bon Secours Hospital and The Cork Clinic for cancer treatment free of charge five days a week.

Speaking to the Killarney Outlook this week, Breda Dyland from the Kerry Cancer Support Group thanked everyone for their support.

"We were amazed by the outpouring of support for our service in the special issue of the Killarney Outlook. It means a great deal to the team and most of all to those who use the service on a daily basis. Cancer hasn't stopped

and so neither have we.

The funding raised will go directly towards running our healthlink transport services. We would like to sincerely thank all of those who contributed to the issue and to The Outlook for organising the whole thing", Breda said.

"We have been transporting service users to hospitals in Cork and Limerick since the pandemic took hold and our world was turned upside down. While most went into lockdown, those on the frontline stepped up and got themselves ready", Breda told the Killarney Outlook.

"We have seen new layers of anxiety but also new acts of heroism and our treatment journeys in some ways have had to become lonely ones as our service users can no longer bring family members or friends with them but they have their bus family so we hope that this helps to fill the gap", Breda said.

"Only patients and staff are allowed in the treatment Centres now. They have become accustomed to the new normal, the new set of questions, do you have a temperature, do you have a cough, are you experiencing shortness of breath? They have also become used to temperature checks as part of the routine, distancing from one another, where once it was the norm for the "Kerry Gang" to congregate in a corner to drink tea and have a chat".

"The heroism has come in the form of hospital staff and our drivers who have continued to provide the day to day services in the age of corona virus. They too are screened and temperature checked and are in the firing line



Breda Dyland.

day in day out yet manage to reassure, support and still have a smile behind the mask", she added.

"Anxious days, mask wearing, hand washing, sanitizing, wondering if the treatments working, should they be there, is the bus safe. All the things that are going through the heads of those traveling but we have been there to reassure that we are safe that yes some did question whether we could keep the service running during corona virus. But then our answer to that was "Do you think cancer knows that covid19 is here?" Treatment has to go on and so do we", Breda said.

In the age of coronavirus, one hears heroic stories every day. For most of us just going to the supermarket over the past few months has been nerve wracking. Kerry Cancer Support Group service users have faced up to eight weeks of entering a hospital on a daily basis, the drivers are there every day as are the staff at the treatment Centres. They have to learn to cope because cancer doesn't stop and doesn't care about corona virus.

Again our heartfelt thank you to everybody who choose to be part of our Charity Fundraiser. Go raibh míle maith agat

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'STEP RIGHT THIS WAY'

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#InThisTogether programme is rolled out across Kerry

Mayor of Kerry Niall Kelliher Pictured at the Kerry County Council offices in Tralee with Deirdre Hegarty, Caroline Toale, Gearoid O'Doherty and Siobhan Griffin. PHOTO: DOMNICK WALSH



Kerry County Council has commenced the local rollout of the new 'In This Together' initiative which is a national campaign aimed at promoting activity, mental wellbeing and staying connected during the COVID-19 emergency. The #In this Together Campaign Kerry is building on the concept of doing something that makes people feel a little healthier and a little happier during the current crisis. Kerry County Council and Healthy Kerry have developed a programme of simple and enjoyable activities which are suitable for people of all ages which will be rolled over the coming weeks.

'In This Together Kerry' is being spearheaded by a group comprising Kerry County Council's Community Department, the Healthy Kerry Programme, the Kerry Public Participation Network, the Kerry Age Friendly Programme, Kerry Recreation and Sports Partnership, Kerry

Library and Kerry County Museum.

The first part of the programme is the 'Kerry Step Challenge' over the next six weeks, commenced last Monday next, 1st June 2020. It will follow five key themes of Connect, Be Active, Take Notice, Give, and Keep Learning. 'The challenge involves virtually visiting iconic landmarks along routes in the county by accumulating daily steps,' explained Deirdre Hegarty, Health and Wellbeing Officer at Kerry County Council. 'A total of six routes in Kerry of varying distances and step counts will be included in the challenge. Participants can choose to complete any and as many of these routes as they wish either individually or as part of a team. The formation of intergenerational teams in Kerry will be encouraged, for example friends, neighbours, family, work colleagues, classmates,' she said.

For example, one of the routes is the 7km Bray

Head Loop. Normally, people take about 9,186 steps to walk this route. The challenge is to complete routes like the Bray Head Loop at home or within 5km of your home by taking the total steps needed to normally walk the route. Along each route, there are key stops with historic details about the area or details about the scenery at that location. If you don't own a device that can count steps, we have a calculation you can use to convert active time into step count.

Details are provided online at www.healthykerry.ie to help participants calculate their steps, apply the Five Ways to Wellbeing and learn about the iconic landmarks along the six identified routes in Kerry. Participants that complete the challenge will receive a certificate and entered into a raffle to win wellbeing items.

Call To Dedicate Remembrance Park To All Those Who Passed Away During Covid 19 Pandemic

A Kerry County Councillor has called on Kerry County Council and the State to honour all those who passed away during the Covid 19 Pandemic. Councillor Michael Cahill said "During this period in our history that we were visited by the Covid-19 Pandemic and all kinds of personal restrictions had to be put in place, we were unable to pay tribute in the traditional way to loved ones who passed away." "The loss of a loved one is traumatic at any time and we in Ireland dealt with it traditionally with a wake and funeral where friends and neighbours could pay their respects." The Fianna Fail Councillor said because of the restrictions, many families were unable to spend time with all their extended family and friends as was our custom. This had helped many deal with their grief in the past but sadly, was no longer possible. During the Pandemic, gatherings of this nature could not take place and we were deprived of the opportunity to grieve in the manner we had become accustomed to, he said.



Killarney House and Gardens has been suggested as a Remembrance Park to those who have passed away from COVID-19.

The Rossbeigh based Councillor said the traditional method had served us well in dealing with our grief in the past and he now felt that we need to put in place something suitable to replace it. "I am proposing that we develop a meeting place where bereaved people can

visit, sit, walk, stand and honour and remember those who passed on." "A place of Peaceful Remembrance, a place of contemplation, a place of beauty and peace that is accessible to all" said Mr Cahill.

Councillor Cahill said the obvious site that springs to mind, would be in Killarney National Park, maybe part of Killarney House which is very accessible from the town and admired by all for its charm, beauty and peace. The Fianna Fail Councillor said the OPW should consider extending this memorial to all six National Parks throughout the country to allow for widespread accessibility.

"This small gesture to all our loved ones that passed away during a particular difficult time, a Global Pandemic would honour them and help us all to heal," stated Mr Cahill. Councillor Cahill raised the matter at a recent meeting of Kerry County Council and confirmed that he had written to the CEO, Moira Murrell and the Minister for the OPW with specific details on his proposal.

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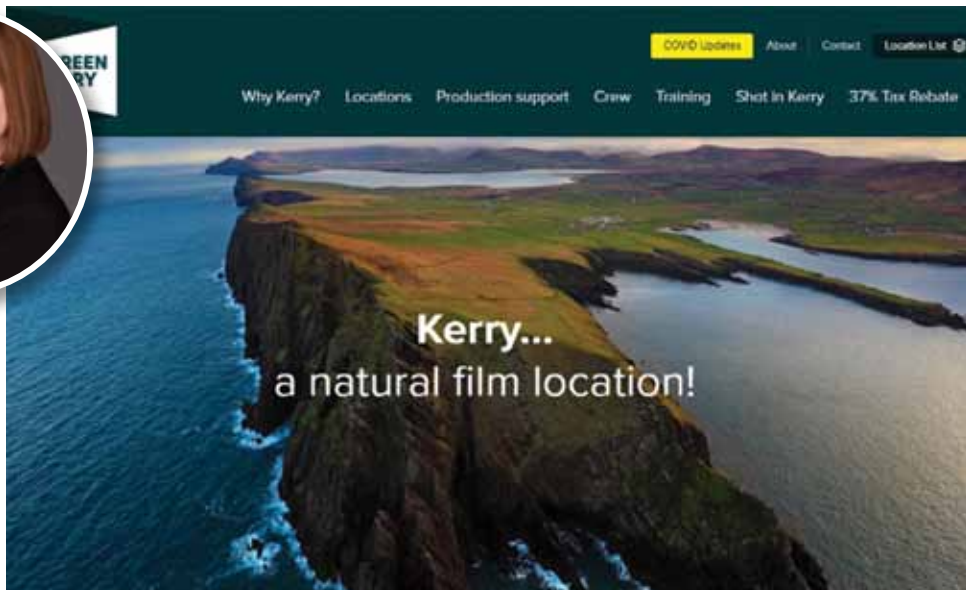
Kerry... a natural film location!

A new website, www.screenkerry.ie, has been launched to enable Film & TV professionals to connect directly with the film services, locations & expertise available in Kerry. Siobhán O'Sullivan, Kerry Film Development Officer with Kerry ETB in association with Kerry County Council, is delighted to announce this site is now live!



www.screenkerry.ie is a one stop shop for anyone searching for the right location for their production. The website features a large & detailed location database with info on access, power, nearby facilities & gps coordinates. You can find locations that are in close proximity and create a personalised location list to share with a production team. Screen Kerry will link you in to the local crew base and advise you on equipment hire and transport options. Also available are the details of specialised film services based in Kerry & local transport, accommodation & catering companies experienced in working with film crews. Siobhan O'Sullivan, Film Officer, has worked in TV Production for the last twelve years, delivering programs from Ireland & abroad, and is keenly aware of the assistance productions require to ensure a successful shoot.

The success of recent Kerry shoots for "Star Wars" & Yorgos Lanthimos "The Lobster" has highlighted the huge potential for filmmaking in the county, something Kerry intends to build on further. The county already provides excellent film skills training through the Broadcast Productions Skills course in Kerry College-Monavalley Campus. Learners on this course, under the mentorship of instructor Brian Nolan, created the extensive film location database featured on the website. Kerry ETB & Kerry County Council see the film



industry as a growing one that will be critical to the creation of future jobs and are investing in this sector now. Kerry ETB embedded the Film Officer role with the support of Kerry County Council & the KCC Arts Office who provided funding for the website. Kerry ETB CEO Mr. Colm McEvoy stated, "Co. Kerry has long been associated with successful film productions and Kerry ETB is delighted to work with Kerry Co.Co. to establish Screen Kerry. This initiative has real potential to build on film successes in the county, attracting investment and creating employment opportunities. Our Broadcast Productions Skills course is recognised nationally for its quality and this initiative further strengthens the role of the ETB in this ever expanding industry". Moira Murrell, CEO of Kerry County Council has seen the impact of film production in the county to date and "is determined to further develop the sector to its full potential". Kerry Co.Co. Arts Officer,

Kate Kennelly, agrees, outlining that "film is a dynamic, growing, creative industry. The Arts Service has long supported the film sector and is delighted to partner with Kerry ETB to proactively grow this industry's footprint in Kerry". Chair of Kerry ETB Jim Finucane believes that "Screen Kerry is an important step in ensuring the county continues to be directly accessible to the industry at large."

Meanwhile, Siobhan is looking forward to the production landscape returning to normal. "We want you to have a smooth, professional and successful shoot here in Kerry and will pull out all the stops to ensure this! While these are highly unusual times we're living in, we look forward to having productions live on the ground again as soon as it is safe & possible to do so."

You can contact Siobhan in the Kerry Film Office on siobhan@screenkerry.ie or 087 348 2283.

Funding Available for Free Wifi Hotspots in parks and town centres

A new round of funding has been made available for free Wifi hotspots in public spaces in Ireland.

The EU has made €120m available for local authorities as part of the Wifi4EU scheme. Local authorities can apply for vouchers worth €15,000 to provide free public wi-fi in town centres, parks, libraries and museums.

The call for applications opens today (3rd June) and closes at 5pm tomorrow (4th June). The call is open to municipalities or groups of municipalities in the EU.

Ireland South MEP Deirdre Clune said: "€120 million has been made available for up to 8,000 municipalities across the EU by 2020. I would



encourage Local Authorities around Ireland to get on board with this initiative which means more people will have access to free wifi. This is another great initiative from the EU which aims to improve access to the internet for citizens." The application procedure is simple and fully

online. Once registered in the dedicated Wifi4EU portal, municipalities will be able to apply online for the €15,000 Wifi4EU scheme voucher with just one click.

With the voucher, the municipality will be able to set up a Wi-Fi hotspot in public spaces, including town halls, public libraries, museums, public parks or squares. Each EU Member State is being guaranteed to receive at least 15 vouchers.

Wifi4EU-funded networks will be free of charge, free of advertising and free of personal data harvesting. Funding will be provided for networks that do not duplicate existing free private or public offers of a similar quality.



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EASING THE COVID-19 RESTRICTIONS ON 8 JUNE *(PHASE 2)*

These measures are part of the second phase of lifting the public health restrictions that were put in place to protect us all from COVID-19. They come into effect on top of the measures in phase 1.

These measures are a part of the roadmap to easing restrictions. They are just an indication of what might happen if everything goes well with restricting the spread of COVID-19 in Ireland. These measures will only come into place when the National Public Health Emergency Team says that the conditions are right for more relaxation of the restrictions in place to protect us all.

Public health measures

Stay at home

The advice will be to still avoid unnecessary journeys wherever possible.

You will be able to travel up to 20 kilometres away from your home as opposed to the 5 kilometre limit which was in place since 5 May.

Social visits

Up to 4 people may visit another household for a short period of time but everyone must keep at least 2 metres apart from people they don't live with.

Cocooning

Shops will provide dedicated hours for those who are cocooning (people over the age of 70 and those who are medically vulnerable)

with strict social distancing and gloves made available. Shoppers should ideally wear face coverings.

Those who are cocooning can have a small number of visitors to their home. The visitors must wear gloves, face coverings and keep at least 2 metres away from the person who is cocooning.

Funerals

A slightly larger number of people can be in attendance at funerals but numbers will still be restricted to immediate family and close friends and limited to a maximum number of mourners for a limited period of time where social distancing can be maintained.

Work

People who can work safely while maintaining a 2-metre distance from others

Workers, like those who work on their own, as well as other workers who can keep a 2 metre distance from others can return to work. Social distancing requirements continue to apply.

Plans to be put in place by employers and the government

Organisations are to develop plans for a return to onsite working by employees in light of COVID-19, considering:

social distancing compliance
hygiene and cleaning
compliance in higher risk situations

plans for medically vulnerable or pregnant people

extended opening hours to enable social distancing

Remote working

Remote working is to continue for all workers or businesses that can currently do so.

Shops and other commercial businesses

Shops that can reopen

Small retail outlets can reopen with a small number of staff on the basis that the retailer can control the number of individuals that staff and customers interact with at any one time.

Marts

Marts can be opened where social distancing can be maintained.

Sport, tourism and culture

Libraries

Public libraries may open so long as the numbers allowed in are limited, social distancing is observed and there is strict hand-sanitising in place for anyone who goes into the library.

Group exercise

People can take part in outdoor sporting and fitness activities, involving team sports training in small groups (but not matches) where social distancing can be maintained and where there is no contact.

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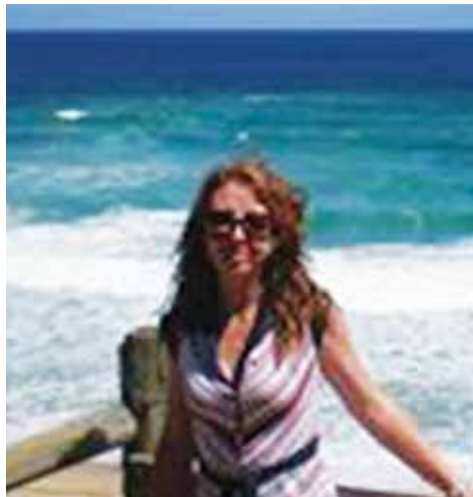
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NO-ONE PLANS FOR A PANDEMIC

One time Killarney local, **Australian Lynda Brinkman** lived here for over ten years....
In this week's **Killarney Outlook**, she tells us about life in Australia during COVID-19



No-one really considers to plan for a pandemic when they set off for international travel, least of all when they hop on a plane to Australia for a year or two of working away from home.

Yet at the start of this very strange year, the youth hostels and fields of rural Australia were filled with backpackers from many parts of the world, especially the island of Ireland.

Life in Australia took a strange turn for many Irish travellers as news of Covid 19 took hold at the start of this very odd year. While we listened carefully to news reports of a novel virus spreading through China, Italy, France and Spain, Australians and overseas visitors alike were still reeling from the devastating bushfires that had ravaged our county and the

lives of so many.

For many Irish backpackers enjoying their time on the other side of the world, Coronavirus quickly turned a trip abroad into a race to get home. With Australia's national airline, QANTAS grounding all planes, our news reports showed many travellers unable to secure flights out and those that did were paying thousands of Aus Dollars extra to leave the country before our borders closed to non permanent residents.

Whilst the death toll and infection rate in Australia has been light compared to the tragedy played on the world stage, Australia has now joined the world in a deep financial recession. Almost a million people unemployed and a government overstretched with welfare payments.

As our restrictions are starting to ease and we are slowly allowed out of our homes, the general chit chat in shops and cafes is one of optimism. Socially distanced optimism, despite the financial forecast.

Heroes are ordinary people who make themselves extraordinary

A familiar face on the streets of Killarney, the late Tim Bartlett was the town Traffic Warden, for many years, however something that not many people know is that Tim is the longest serving fireman in the country.

At the tender age of 16, Tim took over his father's role as a fireman when his dad got sick.

This week, some old newspaper articles were unearthed and tell a story of heroism and bravery. In his role as a fireman, Tim was on his way to the firestation when he was only 23 years old and was collecting a colleague when he spotted a fire in a neighbours house in St. Brendan's Terrace.

According to the newspaper article, a fire had broken out in the family home of Post Office official John Murphy and his wife Kathleen. The couple had managed to bring five of their six children to safety however their three year old daughter Annette lay unconscious in her cot in an upstairs bedroom.

Two previous attempts to save the little girl were abandoned due to the flames and smoke, but in a dramatic display of heroism, Tim Bartlett risked his own life and climbed up a ladder to the bedroom window, kicked in the window and made his way through the smoke filled room to the cot where he rescued the 3 year old and handed her down to the neighbours who included Matt Courtney and Jimmy O'Callaghan.

The family were only living in the house for 9 months when the fire broke out.

The toddler was taken to hospital where she received medical treatment and was discharged the following day, while Tim received stitches for a cut to his hand from the broken glass. Tim wasn't the only hero in the family, in 1951, another newspaper article told the story of 500 children



The late John Bartlett who saved many lives in time as a fireman.

who were watching a showing of religious films at the Killarney Town Hall when a gas heater fell over and caught fire. As the gas escaped, five foot flames spread up the wall and John Bartlett, Tim's father, who was caretaker at the town hall, and also a member of the fire brigade, fought the flames with his cap and overcoat.

He managed to get the fire under control while local travel agent Denis Counihan controlled the movement of the crowd out of the hall with the help of the two Columban Missionary Sisters who were present.

News of John's heroism reached America at the



The late Tim Bartlett who is the longest serving fireman in Ireland.

time and was included in an article in the New York Times. Speaking to the Killarney Outlook this week, Tim's daughter Linda said her Dad was just shy of his 17th birthday when he joined the firebrigade. "Even though he was very young, he was allowed to take on the role of his dad, and he wore his fire pants, boots, helmet and jacket for many years", she said.

"As he was so young entering the service, it has given him the title of being the longest serving fireman in Ireland, something we as a family are very proud of", Linda added.



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CLLR. CALLS FOR BUSINESS RESTART GRANT FOR BED & BREAKFASTS

Breandán Fitzgerald is a Fianna Fáil - Kerry County Councillor - Cathaoirleach Castlesland-Corca Dhuibhne Municipal District, The owner of a B&B in Dingle, Breandán is the Wild Atlantic Way Kerry Director of B&B Ireland.

CLlr. Breandán Fitzgerald has called for Business Restart Grant Scheme for Bed & Breakfasts and other small businesses and to address issue of Self-Employed Over 66's not qualifying for Pandemic Unemployment Payment.

Tourism has been dealt a massive blow due to Covid-19 and the Bed & Breakfast sector of the tourism industry has been decimated with cancellations for the rest of the year. The Bed & Breakfast sector are probably looking at anything between 75% to 90% loss of business this year. The most important thing is that we all come through this pandemic safely and be in a position to reopen when it is permitted by the Health Authorities. Like all society and businesses we will be guided by the Health Authorities in when Bed & Breakfasts can reopen safely this year. Currently Bed & Breakfasts are being allowed reopen on the 20th July in Phase 4 of the lifting of COVID-19 restrictions. That's nearly two months away and hopefully with everyone still adhering to social distancing we will continue to contain this pandemic and its transmission rates will continue to reduce further.

The Bed & Breakfast sector consists of almost 3,000 self-employed people, between approved and not approved, who run their business in their home. Like most other businesses in tourism they have closed for business since the Governments directive to close tourism accommodation in March 2020. In order to reopen the Bed & Breakfast sector along with all others in the Tourism Industry will have to follow Covid-19 operational protocol requirements that will be very stringent and will need financial assistance to put the measures in place to get open for business.

Bed & Breakfast Ireland is a member's organisation that represents approximately 700 homes with over 100 members in Kerry and the big worry for the Bed & Breakfasts is that they have been completely forgotten by Government. Many Bed & Breakfasts are located in rural Ireland where their business contributes to the local economy in terms of the visitor footfall and the income generated



for pubs, restaurants, shops etc by having these people visit rural areas. The majority of Bed & Breakfasts have earned no income in 2020 and will not have the funds available to put the measures in place that will allow them reopen safely. Under the Business Restart Grant Scheme, Bed & Breakfasts cannot apply as they don't pay rates.

A grant should be made available to Bed & Breakfasts and other small businesses who do not pay rates as they will have to incur considerable expense to get ready to reopen safely on 20th July. This grant could be up to €2000 to €3000 and be available for Bed & Breakfasts or any other businesses that are also impacted by Covid-19 but don't pay rates. These businesses also contribute to our economy and if we are to get through this thing together they must be helped as well as every other business.

Bed & Breakfasts were also badly hit by the COVID-19 Pandemic Unemployment Payment rule that precluded them from receiving the payment if they were 66 and over. Bed & Breakfast Ireland estimate that two thirds of Bed

& Breakfast owners did not get this payment as they are 66 and over. Yet if a business is on the Temporary Wage Subsidy Scheme a 66 year old is able to receive the payment regardless as there is no age restriction for employees to be eligible for the Temporary COVID-19 Wage Subsidy Scheme. Most Bed & Breakfasts are sole traders and have no pay roll, probably don't even give themselves a salary so they can't avail of the Temporary COVID-19 Wage Subsidy Scheme.

Unfortunately this discrimination isn't just confined to Bed & Breakfast owners and it's putting people under severe financial pressure. In general Bed & Breakfast owners of 66 or over were ok with not being able to receive Pandemic Unemployment Payment if it was only an emergency payment for 4 to 6 weeks, but this may be for four months or longer. A lot of them would not have been in receipt of the full pension due to income from Bed & Breakfasts and now they are being penalised for receiving a reduced pension by not being able to receive Pandemic Unemployment Payment. This is just wrong on so many fronts and needs to be addressed.

This is not only in the Bed & Breakfasts sector but also quite a lot of other groupings in the tourism sector such as publicans, tour guides and a lot more. A substantial number of the people who are being discriminated against are based in rural Ireland and as Kerry is the tourism capital a lot of them are living here. We need to think about the pressure that people are coming under and a solution is needed that will allow people of 66 and over to receive the COVID-19 Pandemic Unemployment Payment. At the moment if you are 66 or over and an employee you can get Temporary COVID-19 Wage Subsidy Scheme but if you are 66 or over and self-employed you get nothing. A 66 year old self-employed person has the same rights as everybody else and needs to be treated fairly. This injustice needs to be fixed immediately or we are looking at very worrying times and severe financial worry and difficulties for Bed & Breakfasts in Kerry.

COLM LAUNCHES DEBUT ALBUM

Killarney singer/songwriter, Colm O'Mahony is set to launch his debut album tonight, Friday 5th June live on the Tatler Jack facebook page.

Originally from Woodlawn Park, Killarney, Colm penned a brilliant 8 track album and then formed the band the Hot Touches to help him record and perform the album.

Colm O'Mahony & The Hot Touches self titled album is an examination of life by way of rock 'n' roll. With 8 original songs, each written by O'Mahony, it explores issues such as love, loss, betrayal & defiance. Make sure you log on to the Tatler Jack facebook page to experience and enjoy this excellent new album.



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Castleisland Community College Fairtrade Bake Off Competition 2020

Castleisland Community College held their Annual Fairtrade Bake Off Competition this year at home instead of at school. The competition is open to all students in the school not just those who study Home Economics. A Fairtrade product had to be used thus creating awareness of ethical consumption. The Bake Off was certainly a resounding success as evidenced by the outstanding talent of the delicious cakes produced, according to Ms Mc Grath the Home Economics teacher. However it was also a success for another important reason, by encouraging students to stay connected whilst being apart. Students contacted each other regarding recipes and presentations and it provided a fantastic positive buzz in households.

Ms Mc Grath was interviewed on Radio Kerry by Deirdre Walsh and results were announced live on radio. The Judges were Selina from Selina's Cakes and TJ O Connor from Head of Culinary Arts IT Tralee. TJ stated that 'the creativity and skill shown by all entrants is to be highly commended'. The winning cake was named Covid Cake by the judges and their comments included 'It is in theme with current affairs, clean and well defined finish. There is excellent attention to detail and skill involved in the decorating process'.

Shauna O Keefe of second year was certainly a worthy winner. She comments 'I chose a Covid-19 themed cake because of the current pandemic. I have a great interest in medicine and wanted to show my appreciation to all



Shauna O'Keefe pictured with her winning cake.

the frontline staff. I made a 3 tier all in one chocolate cake layered with butter icing and covered with fondant icing. I used colouring paste to get the colours I needed for the various cake decorations. You-Tube showed me how to make fondant figurines and how to get the



fondant

icing smooth on a cake using a cake smoother and turn table. I had sprinkles which looked similar to Covid-19 but I coloured them green to make them more realistic. I used a black food art pen to write on the banners and I shaped the banners with a fondant edge cutter. It took me about three days to make my cake but I thoroughly enjoyed the experience. The Fairtrade ingredient used was chocolate as the inside was a chocolate sponge cake'.

Emma O Donoghue came second and Katelyn O Keefe came third from a total of 25 entries. Students will receive their prizes on return to school in Autumn and it is hoped that all entrants will attend a cookery class in Tralee IT.

Letter to the Editor...

IT IS BY BEING STRONG AND SUPPORTIVE AS COMMUNITY THAT
WE WILL EMERGE SUCCESSFULLY FROM THE PRESENT SITUATION



Dear Editor,

For many weeks now the lives of the people of this country have been radically changed. Freedom of movement has been severely restricted for most and for those of us over seventy it had been virtually removed. Our recommended vital preoccupations were maintaining social distance, washing our hands frequently and remaining cocooned. There was at times an almost inevitable feeling of being isolated and forgotten.

As Mayor of the Municipal District I wish to express my deep appreciation to you, Editor, to your staff and to the excellent Postwomen and men for ensuring that we remained in contact with the wider world each week through your very informative Killarney Outlook. Receiving

the Outlook at the door from the smiling An Post person gave one a feeling of belonging and of still being part of the wider world.

=Your very commendable decision to distribute the Outlook in this manner showed that community and society are very important to you. There is most assuredly a message for the future in that for all of us. It is by being strong and supportive as community that we will emerge successfully from the present situation.

Mo Bhuíochas ó chroí leat agus libh.

Michael Gleeson.
Mayor Killarney Municipal District.

IF YOU HAVE A STORY... **Contact Aisling on: 086 0400 958**



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A COMMUNITY THAT PULLS TOGETHER IN TIME OF NEED...

LISTRY RAISE OVER €13,000 FOR CANCER SERVICES

What started as a fundraiser for the Kerry Cancer Support Group and the Kerry Hospice Foundation with a hope of raising €2,000, members of Listry GAA Club and those living in the wider community have raised an astounding €13,367 for the charities.

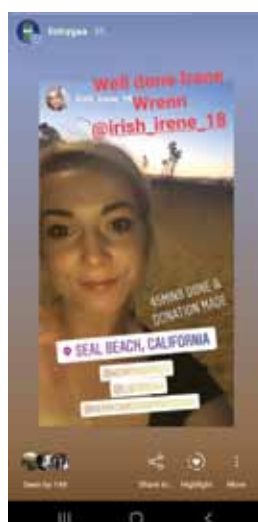
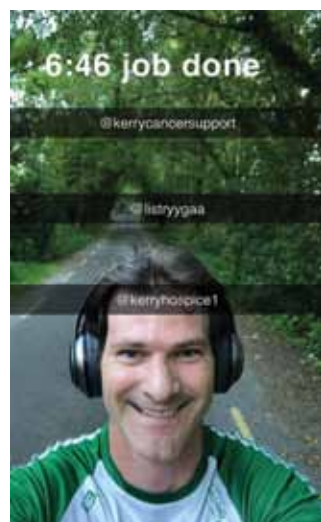
The event, a 48 hour relay of running, walking or jogging took place over the Bank Holiday weekend quickly grew wings and spread all over the world where Listry ex-pats are living.

From Chicago to California and from Manchester to Melbourne hundreds of members of the wider community signed up for a 45 minute slot to raise funds.

The brain child of Senior Footballer Anthony Kennedy, and with the help of Derry Ahern, the senior team members were invited to take part

in the first 24 hours, with the juveniles, wider community and supporters filling up the slots in the next 24. "We were absolutely delighted with how the weekend went and what a success it was", Anthony told the Killarney Outlook. It brought everybody from Listry all over the world together for one cause over one weekend, which was very special and as we all know, Cancer and sickness has darkened the door of our club and parish a lot lately" so these are worthy causes close to our hearts", he added.

"Making over €13,000 was well beyond our expectations as we had set a 5k goal and we blew that out of the water. Listry maybe small but its an amazing community that pulls together in a time of need", Anthony said.



SATURDAY | 13 June 2020 | KERRY

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POETRY **Present Day Poetry - Kerry** with Máire Holmes. Young poets have a choice of three themes: MAKING : DOING : CREATING. The poem can be as long or as short as you want. Send it to arts@kerrycoco.ie with Cruinniú Poem in the subject line. Closing date for submission is 1st June 2020.

DANCE **DisDance:** Catherine Young will curate a series of fun upbeat on-line dance workshops in the run up to the day. Via online Zoom workshops on Tues June 2nd and 9th, this will be an energetic fusion of contemporary dance, hip hop and African dance styles led by Jade O'Connor. Pre-register your interest to arts@kerrycoco.ie with Zoom Dance Registration in the subject line.

VISUAL ART **Me and the Moon** will host an online workshop where children and young people will have the opportunity to make their own sketchbooks at home using basic materials. Explore different binding techniques, as well as ways of personalising each sketchbook to make it unique. Contact info@meandthemoon for more details.

FILM **Young Filmmakers Programme** with Mieke Vanmechelen. With the permission of a parent or guardian send an email including your name, age and up to three sentences on an idea you have for a two minute film. Following the selection process, we will contact you to let you know if you have been selected to participate. Register your interest at info@miekevanmechelen.com. Closing date 20th May 2020.

SINGING **Tralee Vocal Academy** are looking for as many voices as possible to raise the roof in Kerry for this year's 'Cruinniú na nÓg' celebration. Sign up today and you will be sent song lyrics and link to a playlist to practice before the singalong event. For more information email traeevocalacademy@gmail.com. Summer singalong - Disney theme 12-1.00pm; Pop theme 2.00-3.00pm (Zoom entry 20 mins before time).

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gentlebirth with Stacey

Congratulations on your pregnancy! What a beautiful journey you're embarking on. I am Stacey Bartlett, I am a mother of 4, living and based in Killarney, Co. Kerry, with a background in special needs assisting and a family business in the health food industry. I adore all things babies. I am a certified GentleBirth instructor and I run antenatal workshops in Killarney - or online at the moment until it is safe to hold them in person again.

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Founded in 2006 by Tracy Donegan, midwife and author, GentleBirth has grown to become

a global leader in childbirth education. GentleBirth has offices in the USA, Ireland and Brazil. Certified instructors that hail from more than a dozen countries and our mobile app is available on iOS and Android in 155 countries. My next online workshops are in June and July. I'm available by phone, email, on Facebook and Instagram at @staceygentlebirth and @positivebirthireland which I founded and co-run. We have a gorgeous growing community there, do join us!

Phone: 0851912624

Email: staceygentlebirth@gmail.com

JOHN & FRANCIS BRENNAN ARE 'AT YOUR SERVICE'



JOHN & FRANCIS BRENNAN ARE LOOKING FOR FOUR BUSINESSES TO TAKE PART IN A NEW SERIES OF 'AT YOUR SERVICE' As the Irish hospitality industry gets ready to reopen on July 20th, renowned hoteliers Francis and John Brennan are looking for the owners of large three or four star hotels or tourist attractions

to take part in a new series of At Your Service which is currently in development for RTÉ.

Francis Brennan says: "We're all facing huge challenges as we plan to welcome guests back into our hotels next month. John and I would really like to help other hoteliers navigate this process and help them future proof their

business."

John Brennan says: "The hospitality industry continues to suffer more than most due to this lockdown. We understand the pressure this has placed on so many businesses. But we believe this challenge can be a real opportunity as more and more people are planning to holiday at home in Ireland this year. So, we'd like to join four owners of hotels or indeed tourist attractions on their journey into the 'new normal' over the coming months and hopefully help them reinvigorate their service."

This new four part series is currently being developed by leading independent production company Waddell Media for RTÉ in 2021, but needs business owners to get in touch now to express their interest in taking part, so filming can be planned in the coming months.

So, if you are the owner of a large three or four star family hotel or tourist attraction in Ireland, Waddell Media would love to hear from you. Please contact Maggi Gibson or Gareth McGreevy via email in the first instance on maggi@waddellmedia.com or gareth@waddellmedia.com.

Kerry Bus & Coach Companies Need Government Support

— Norma Foley TD

Norma Foley TD says no measure should be off the table when it comes to grant aid to restart our economy. She was responding to queries from bus and coach companies concerned about their futures following the impact of COVID-19 on their business.

Deputy Foley explained "In recent weeks, I have been contacted by many bus and coach operators looking for light at the end of the tunnel. I am acutely aware of how important the bus and coach sector is, particularly here in Kerry, where thousands of tourists visit to experience what this great county has to offer. This year is like no other. There will be

no International tourists, no day trips, no coach tours. "We need to make sure that these operators can survive this year so that when the time comes, they can get their businesses back up and running again.

"The Temporary Wage Subsidy Scheme has been instrumental in protecting jobs and livelihoods and I believe it should be extended for each sector until such a time as restrictions have eased for that sector and businesses are able to reopen.

"Social distancing guidelines have huge ramifications for the viability of bus and coach operators. Specific grant supports must be put

in place to make these measures possible for operators to implement. In fact, a whole raft of supports must be urgently considered to support this sector including the possibility of setting up a Public Transport Recovery Task Force must also be examined.

Bus and coach operators play a vital role in Kerry's transport and tourism infrastructure. Their survival is essential as we seek to revive our local economy" she concluded

Pregnancy & Beyond

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Anna O'Donoghue, Lactation Consultant, Practice Nurse

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FIRST AID SAVES LIVES

In this week's Killarney Outlook, mum of two, **Selina Looney** shares a recent experience and encourages everyone to take a first aid course.

This story isn't to scare but to inform you of the importance of knowing basic first aid.

On Thursday evening, my son Theo had a choking incident at home and it could have proven to be fatal had it not been for the infant first aid courses I have done over the years.

In the past 2 years I saved my youngest 2 boys lives.

Even writing this words gives me shivers.

Never did i imagine being a mom would be so rewarding yet so so unbelievably terrifying.

First aid training is not just for emergency services personnel.

The reason Noah and tTheo are here today is because I had the first aid training to save them. I'm still trying to come to terms with what happened and as it turns out what happened to Noah 2 years ago is still quite raw & I have never really dealt with with so the fear was crippling.

The fear that washed over me is something I will never forget. The silence was defening.

In that moment, all I could hear were my own thoughts, screaming NO NO NO NOT AGAIN. For a split second, I was paralysed by fear.

Fear that I couldn't save him, fear that this time my baby would die. Instinct, memory and adrenaline took over and I swiftly turned him over delivering back slaps in an attempt to dislodge what he was choking on, flipping him over and checking and back to deliver more back slaps, while making my way to the front door to call for help from the neighbours.

His lips blue, eyes bulging Its a look I will never



Selina Looney, pictured with her partner Niall Ashe and their children Theo, Noah and Sean.

forget, fear that he was not going to make it, fear that I couldn't save him, but thankfully I did. I didn't have confidence in myself this time but having done so many courses instinct kicked in and I didn't have to think, i just knew what to do. If you are a mom, dad, uncle, aunt

anyone that is around kids, I encourage you take an infant first aid course. I hope that you never need to use it but First aid can be a matter of life or death.

GRACE RELEASES HER VERSION OF "DANNY BOY"

Killarney singer/songwriter, Grace Foley has launched her version of the classic song "Danny Boy".

"I don't think I've been so excited to release a song in a very long time. After many years of waiting, I finally recorded my version of 'Danny Boy' with Brendan O Connor at Little Dylan Recording Studio Killarney", Grace told the Killarney Outlook.

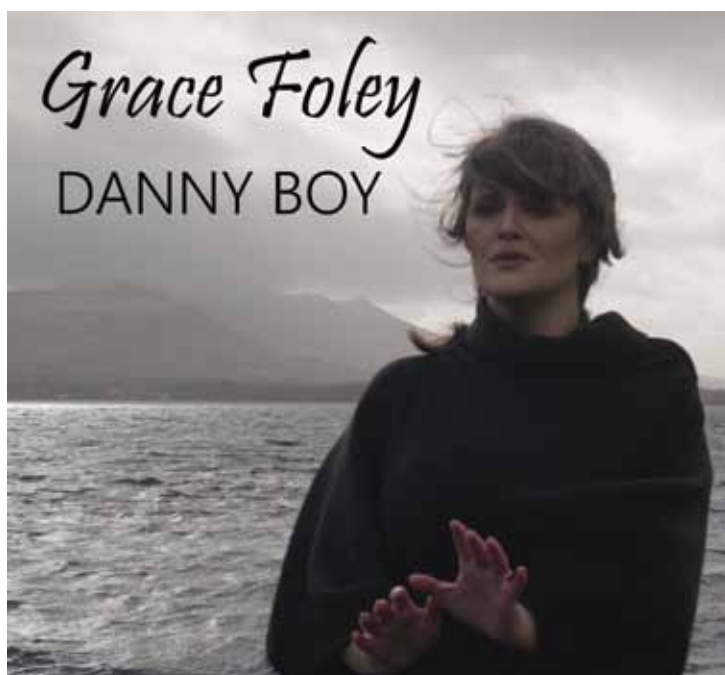
"I am really proud of what myself and Brendan came up with. I feel this particular song is special. It is so loved all over the world.

Grace recorded the video on the last day of 'normality', Thursday March 12th. "We stood by the lakeside at the Hotel Europe Killarney, unaware that decisions were being made about closing all schools and colleges. I was adamant to get all my songs recorded for the year before April

this year, no idea why! Boy am I glad I did now... I think this song always reaches people but there's something even more special about it now, after all the loss our country has experienced, in such a short time", she added.

"I am releasing the song today, Friday, June 5th. I am thrilled to say I will be performing the song at the Hotel Europe to mark the occasion. Keep an eye on my Facebook and Instagram pages and my Youtube channel, 'Grace Foley Singer' to see both the performance at the Europe Hotel and the official video, both coming out this Friday", Grace said.

The song will be available to download across all platforms including iTunes, Amazon Music, Google Play and Spotify.



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LOOK WHO'S OPEN!

As we prepare to enter **Phase 2** of the roadmap for the reopening of society and business. Many businesses in Killarney were allowed open their doors to the public again and in this week's **Killarney Outlook** we look at those who are now open and serving their customers following Government guidelines or who are available through their social media or by telephone



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Foley's Spar

New Street

Kennelly's Pharmacy

O'Sullivan's Pharmacy

Dunnes Stores

Healy's Shop

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An Post

Sheehan's Centra

The Celtic Whiskey Bar

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Easons

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Who's 4 Shoes are available through all their social media outlets

Star Seafoods

Dealz

Khao - Take Away only

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Mike's Take Away

Courneys Bar for take away

The Mad Monk

O'leary's Electrical

Innisfallen Shopping Mall

Tim Jones Butchers

Beech Road

Genting Thai

Horan's Health Store

O'Connor's Newsagents

Tesco

Killarney Credit Union

Leaders Computers

Park Road

Circle K

Hegarty's Spar

Park Road Pharmacy

Plan It PC

Zin Garden Take Away

Daly's Supervalu

Trants Pharmacy

Mr. Price

Park Lane Dry Cleaners

Arbutus Drive

Horan's Health Shop

Horan's Fruit & Veg

Quinlan's Fish Shop

Tim Jones Butchers

Aldi

Deerpark Shopping Park

Tesco

Dealz

Boots

Marks & Spencers

Argos

Woodlands Industrial Estate

Kerry Agri

Kerry Tool Hire

Agri Auto Parts

The Reeks

Centra

Kennellys Pharmacy

Mahers Butchers

The Carry Out Off Licence

Lidl

Muckcross Road

The Carry Out Off Licence

Circle K

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It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninifa@gmail.com

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MARIE CONTINUES ON HER TRAVELS WITHIN HER 5K

This week **Killarney Outlook** photographer Marie Carroll O'Sullivan met more families enjoying the sunshine



Week 11 - Covid19 - "Birthday Boy"

Happy 8th Birthday Fionn Spellman. Look at these three? We social distanced on the bench and soon decided to put a bit of action into it as the balloons were being a pain and not cooperating at all. Look what they gave me....

Fionn (centre) is in Mr Cahill's class at Lissivigeen NS and is 'ok' about lockdown. "I'm enjoying the Legion Challenges (I really must try these Legion challenges, so many of the children are loving them) and I love running". Fionn was a little shy to begin with so Keenan (left aged 7) & Oran (right aged 10) told me he came 4th in the community games last year in his category. Go Fionn!! Sitting outside in 24 degree glorious sunshine I asked Fionn what he is missing the most during lockdown "Every year I go to Killarney Bikefest for my birthday and I love it". A man after my own heart, my most favourite festival in Killarney. I was bursting to ask Fionn is favourite motorcycle and told him I was quite partial to the ole Harleys. Fionn was not one bit fussy "Well I wouldn't mind any of them provided it was either a 3 wheeler or had a side car".

The boys were itching to begin their water balloon fight in the sunshine (see ya Marie) so I asked "How will ye share out 100 water balloons for 'the fight' when Keenan is just 7 and you're an athlete Fionn???" Keenan replied "yes I'm more of a footballer than a runner so maybe I should have a head start". After the maths was done it was agreed that Keenan would get 10 more balloons and a head start 40:30:30. We all laughed and Fionn concluded by saying "I'm going to rasher them Marie, they will be going home all red and not from sunburn".

These guys were so much fun. Boys thank you so much for inviting me to your beautiful home in the countryside and See you at next years Bikefest Fionn



Week 11 - Covid 19 - "Key of the Door for Ian"

Happiest of Birthday wishes to my handsome neighbour Ian O'Shea and congratulations on finally looking down on Connie (aka Flash). Ian is a popular employee at the INEC whilst studying Social Studies & Psychology in Tralee. "Assignments were tough to do from home but the results are out next week so I'm looking forward to that". Ian says he's been keeping busy practising his pitch at putt and is delighted that Deerpark Pitch & Putt has finally reopened. He's not enjoying "having to make Connie his dinner..... even on my birthday" but he did "enjoy dying Mary's hair for the special occasion". "I do Connies hair too" he laughed.... "in seconds"!!

#covid19 #drivbysnap (well I only had to hop the wall really)



Week 11 - Covid 19 - "The Legendary Donie Sheahan"

So many of our cocooners mentioned and thanked Sheahan's Pharmacy for being so attentive throughout lockdown so a friend said 'why don't you visit Donie?'. I didn't have to be asked twice.

I sat with Donie at his home on Lewis Road not quite knowing where to start so I began by asking him "what is your secret Donie to such a long & healthy 94 years?" "I never drank and I never smoked. I think that has a lot to do with it". Donie told me about his lovely wife Carmel Dowling from Ballymac who he opened his chemist with in 1953 where they only had one employee. The principal at Kilcummin School at the time said "You've taken the best teacher we ever had from us at Kilcummin NS". Donie explained how women had to "give up work when they married but educating the lads was down to Carmel, she was still a teacher. A wonderful woman and held a high regard for education". Donie & Carmel have 5 children - Liam who now runs Sheahan's Chemist Killarney, Kieran who is a Doctor at St Vincents Hospital in Dublin and a Professor at UCD, Paul runs his own chemist in Kenmare, Catherine is a retired principal at a school in Ballymun, Dublin and Aileen is a Physiotherapist in Galway".... all following somewhat in their parents footsteps.

"I miss the shop and the customers. I haven't been there for months. I'm fed up looking at the television but I do enjoy Dáithí & Maura in the afternoon. Dáithí is a gas man". Onto sports..... well known for his passion for horse racing, chairman at Dr Crokes for over 20 years, and a selector for the 1975 Kerry team, who defeated Dublin in the 'All Ireland Football Final', on 28th Sept 1975, I knew Donie would have a story for me.

"I was just looking at the paper there Marie, and saw Maurice Fitzgerald. A talented player, I knew his Dad Ned well. I remember Ned sending Maurice in to me for a 'tonic' saying "Donie will sort you out". Kerry Footballer Maurice Fitzgerald, had a bad flu but he ended up getting 'Man of the Match' back in 1992. And on his return to Killarney he made a beeline for me and thanked me personally. I was delighted".

"Who is your all time favourite player Donie"? He looked at me and paused (like I should have known - I had previously told him I was a blow-in so I think he forgave me quick) "sure the Gooch of course Marie, isn't he the most gifted you've ever seen"? He sure is Donie, legendary status like yourself.

On the 21st April 1926 Englands Queen was born and on the same day in Listowel, Kerry another treasure was born. Thank you for having the chats with me in the sunshine Donie. My absolute pleasure.



Affairs of the Nation....Well known Killarney man, Teddy Counihan, with his Aunt, Margaret O'Leary, from the iconic Antique shop, on Main Street, Killarney and Well known Hotelier Mrs Eileen O'Callaghan, Fáilte Hotel, Killarney, enjoying the summer sunshine outside the town hall today. PHOTO: VALERIE O'SULLIVAN

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DNG Ted Healy Estate Agents reopen their doors this Monday June 08th as part of phase 2 of the governments easing of COVID-19 restrictions. While the doors may have closed on March 18th, the business certainly



Ted Healy of DNG.

continued.

Properties have sold, deposits have been taken, lettings have been agreed and valuations have been provided. We have remained active on our social media platforms continuously promoting our clients properties in the most up to date fashion.

Significant Covid19 restrictions meant the business had to adapt and embrace new technologies and new ways of conducting business.

Lockdown has seen virtual property video tours and valuations have been provided with the use of Eircode, zoom, whatsapp and video. The DNG live auction platform has also been

set up.

'Covid 19 has dramatically changed the way we do business in the immediate term and for the foreseeable future. First and foremost is the safety of our staff and our clients. We have taken appropriate steps to ensure we comply fully with government and HSE guidelines in our back to work protocols,' says Ted Healy.

We have undertaken certified training to ensure best practise Covid-19 standards and professional Health and safety training to comply fully with the Return to work safely protocol issued by the Department of Health and the Department of Business, Enterprise and Innovation.

All DNG Ted Healy properties are available to view online and are now open for private viewing appointments.

The team at DNG Ted Healy are eagerly looking forward to getting back to the office.

If you are considering selling or renting your property and are looking for an agent you can trust, who is fully trained and compliant, with the strength of a national property brand, call DNG Ted Healy on 064 6639000 or by email killarney@dng.ie



Week 11 - Covid 19 - "Essential Workers"

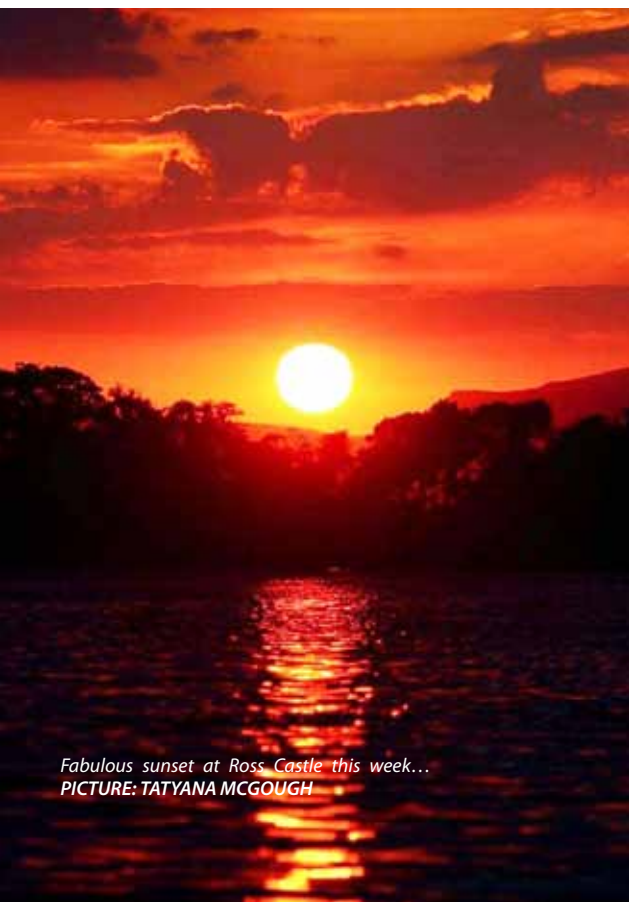
Looking at the gorgeous weather forecast ahead, I was delighted I'd have my hard working, like minded sun worshipping, neighbour Mary, in the next garden beside me, for the beautiful weekend we were expecting. It was only then, the thought struck me that I hadn't been in to snap the fabulous ladies (& gent) at Killarney Post Office. They are the absolute hub of the community! What was I thinking?... or rather not thinking at all???

On arrival, I was most impressed with their 'Hands free Hand sanitising unit' well appointed mid queue, keeping both customer and employee alike, safe during the Covid19 pandemic.

With the amount of people that visit the Post Office daily I asked how they were all getting on? Anne said "I won't lie it was difficult to begin with but we adjusted well as a team and we knew it was essential to be at work given the massive increase of online shopping with parcel returns and essential payments etc". Anne continued to tell me that "for the first month we opened every Friday at 8am to facilitate customers and it was a huge help that the social welfare payments are fortnightly instead of weekly now". Mary told me "we are busy meeting new faces, which is nice. These are the families of our regular customers who we miss lots collecting their pensions. As a team we would like to say a big hello to them all, we hope that they are all doing well and we will see you all very soon".

To conclude, when Liam was asked if he had anything to add, he replied "I just have to say one thing and that's 'I am blessed amongst women'!!! You absolutely are Liam. Thank you girls for all the hard work ye do in serving the community daily, where would we be without ye?

L-R Mary O'Shea, Geraldine Teahan, Anne Clifford, Liam Hartnett, Lucy Kelly, Christine Fleming & Margaret O'Connor



Fabulous sunset at Ross Castle this week...
PICTURE: TATYANA MCGOUGH



Week 11 - Covid19 - A 'Naughtie' Birthday for Karen!!

She was set for Vegas in the coming weeks with her besties Kerry MacConnell, Lisa McGough, Noreen Walsh & Tara Plummer but it wasn't to be. "The run of fairy lights out the back is the closest to 'the strip' I'll be getting" Karen laughed. I've found that regardless of the plans people are missing out on, they've taken it on the chin and looked at the positives. I wonder if that's just an Irish thing? You will be happy to know the galz have already rescheduled their Vegas trip which they are looking very much forward to "not cancelled, just postponed". In Karen's case a Covid19 Party "Suits me perfect. I'm not a one for big parties, however I do miss Courtney's Bar on College Street lots. Don't we all....??

What a cracker of an evening for drinks with family and friends in the garden. Oh yes, I almost forgot..... I was told the garden (which I'm sure you are admiring) is being attended to regularly by popular green keeper, Shane Foley of Killarney Golf & Fishing Club. Talk about stealing your thunder Karen.

BUDDING POETS INVITED TO TAKE PART IN PRESENT DAY POETRY

Cruinniú na nÓg is Ireland's national day of free creativity for children and young people. This year Creative Ireland and Kerry County Council are doing things differently and everything needed for a fantastic day of creativity is available online. One of the projects happening in the county is Present Day Poetry - Kerry. This will be a digital e-book, containing the poems of children and young people in Kerry.

"I am delighted to be working again with the

young writers of Kerry," says Máire Holmes. "It's different this time, with the need for social distancing to keep safe. But words are always able to reach out across time and space. I have no doubt that our digital e-book will do the same." Cruinniú na nÓg is a Creative Ireland initiative, supported by Kerry County Council. Email your poems to arts@kerrycoco.ie by June 8th. More details on all events at cruinniú.creativeireland.gov.ie/events/



Marie Holmes.

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Between the earth and the sky above.... nothing can match a grandmother's love.

Ann Marie Jones from Killarney holds her grandson Max for the first time since he was born. Little Max is the newest arrival for Alan MacSeoin and his partner Aoife McCarthy and is little brother to Emmie who is almost 21 months old. The couple live in Listry and prior to this photograph, Max had only seen his grandmother from a distance.



The Irish Blood Transfusion Service are currently texting existing donors in the Killarney area to make an appointment to give blood in their re-located KILLARNEY clinic, in The Dromhall Hotel, in Killarney this week. If you have received a text, please call the phone number on your text for an appointment. The clinic staff all wear PPE equipment and we have social distancing measures in place for everyone's safety. Hospital demand is rising again so we need texted donors to give blood this week.

LOCKDOWN UNITES THE NEIGHBOURS AT BRIDGEFIELD

The COVID-19 Pandemic didn't deter the folk at Bridgefield Estate from enjoying a few social distancing evenings over the last few weeks and in the process they raised money for two charities.

Lucky enough to have talented musicians on their doorstep, neighbours of the estate off Lewis Road gathered in the evenings to listen to Tony Power and his daughter Holly belt out the songs and entertain them all.

"We have been having social distancing music evenings for a few weeks now, resident Karen Bruton told the Killarney Outlook.

"It started on one of the fine evenings and we all sat out the front of our houses and sang and danced", she added,

"The first night for the fun we gave Tony a few tips and over 3 nights we raised almost €350 euro which we donated to St. Columbanus Home and also to the Ambulance crew, as one of our neighbours, Blathin is a front line worker with them".

"What started as a bit of fun to keep us sane during lockdown has really united all our neighbours and lifted the spirits of both young and old", Karen added.



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Imperial Blue, Black Leather, Wood
Trim, 22kms



2017 318d SE Auto
Black with Cream Beige Leather,
53kms



2019 320d SE
Black with Black Leather, New Model,
Reverse Camera, 18" Alloys, 9kms



2020 320d Sport Auto
Blue, Oyster Leather, Park Assist, 5kms



2013 X3 sDrive Auto
Silver, Black Leather, 113kms



2019 420d M Sport Gran Coupe Auto
Black Sapphire, Ivory White leather,
4 wheel drive, 12kms



2019 X1 18d Sport Auto
Mineral Grey, 5kms



2016 318d SE Touring
Grey, Oyster Leather,
Wood trim, 121kms



2017 X3 xLine, Auto
Jet Black, Wood trim, Oyster Leather,
17kms



2016 520d SE, Auto
Imperial Blue, Wood trim 117kms



2019 320d Sport Auto Metallic
Silver, Oyster Leather, Heated seats,
Rear camera, 12kms



2016 X5 sDrive 25d SE Auto
7 Seater, Black Sapphire,
Ivory White Leather, Sunroof, 87kms

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Noreen at What Women Wants gives you some **beauty tips** while you are staying at home during Covid-19



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- Soothes and cools Rosacea Skin
- Protection is immediate
- Sweat or water make it ineffective

Chemical SPF

- Lighter more transparent
- Absorbs into skin quicker
- Absorbs the sun's UV rays before breaking them down
- Can cause heat in the skin when the rays are being absorbed and broken down
- Only fully effective after 20 minutes
- Full protection with no risk of UV penetration for 2 hours in direct sunlight.

Do not rely on SPF!

A higher factor like spf 50 offers more protection against sunburn but must still be re-applied every 2 hours. Factors 15 – 50 offer similar protection against UVA rays and DNA destruction. Wear a wide brimmed hat and sunglasses with UV protection.

Noreen Mangan

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Seven steps to serenity

In these ever-changing times that we live in, it is vital that we find a place within ourselves where we can feel serene, safe and secure. When life "out there" feels uncertain, we need to cultivate our own inner world of peace.

I hope you find these seven steps to serenity helpful.

1. Breathe. Practice making your exhalation longer than your inhalation in times of stress.
2. Practice positive, calming inner self-talk. Imagine you are talking to someone you love very much and your desire is to soothe them – do this for yourself.
3. Slow down. Refuse to react or rush into things. Take your time. Walk slower, breathe

slower, do things slower. This helps you to become more conscious.

4. Notice what's around you in the moment and give thanks for what you have.
5. Walk mindfully. Notice nature, the birds singing, the warm breeze, the sun on your skin.
6. Smile... choose to smile (especially when you don't want to smile). It's a game changer!
7. Limit your exposure to the news and feast your eyes on beautiful things. You might want to create a scrap book full of images of the things you love. Gaze at this daily. It helps calm the mind and re-affirm what is good and wonderful about your life!

Applications are currently being accepted for my **Body Confidence & Wellbeing Coach training in October**. It's a home study Certification course and suitable for anyone with an interest in holistic health, Body Confidence and wellbeing. Please visit www.instituteforbodyconfidencecoaching.com to apply.



Astrid Longhurst

Life & Body Confidence Coach

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THE HUNGER SCALES

Not tapping into how hungry we actually are, or on the opposite end of the scales how full we are, are causing massive problems with weight gain and obesity in today's society. The fast paced lives we once led are still following and haunting us even now days when most of us have more time to slow down.

HOW TO USE THE HUNGER SCALE - Part 2

4. Plan and take control

If you suspect that your hunger is due to any psychological factors, instead of eating, try doing something else. Distract yourself with other activities such as walking, chatting to a friend, exercising, or meditating, which are just a few examples.

THE HUNGER LEVEL SCALE RATED FROM -1-10

1. Beyond hunger: you may have a headache and experience dizziness and a lack of concentration. Your body feels totally out of energy and you need to lie down.
2. You feel irritable and cranky, with little energy. You may also feel nauseous.
3. Your stomach feels empty and the urge to eat is strong.
4. You start to think about food. Your body is giving you the signal that you might want to eat.
5. Your body has had enough food to keep going and is physically and psychologically just starting to feel satisfied.

We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on **FACEBOOK, INSTAGRAM & our NEW You Tube channel**. Also feel free to reach out to us on the phone 087-7643449 by text or email info@bwellfitnessclub.com

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MTU HAS THE POTENTIAL TO PROVIDE A COMPREHENSIVE RANGE OF COURSES FOR KERRY'S STUDENTS



By Billy Ryle

There was a universal welcome in Kerry for the announcement that Cork Institute of Technology (CIT) and Institute of Technology Tralee (ITT) will formally amalgamate on 1st January 2021 to become the Munster Technological University (MTU). MTU will be the second technological university in the country following Technological University Dublin (TUD) which was established on 1st January 2019 by the amalgamation of Dublin Institute of Technology, Institute of Technology Blanchardstown and Institute of Technology Tallaght.

MUT will comprise of six campus locations across the south-west region – Bishopstown, Crawford College of Art & Design, School of Music, National Maritime College of Ireland, Ringaskiddy (all Cork), North Campus and South Campus (both Tralee). In celebrating this wonderful educational, research and career focussed learning institute in the south-west, it's fitting to acknowledge those who campaigned relentlessly, back in the 70's, for a third level college in Kerry. Educational, political and business interests in Kerry stood together to ensure that Tralee got one of the Regional Technical Colleges being established at the time. Tralee RTC was launched in 1977 under the auspices of the Town of Tralee Vocational Education Committee (Tralee VEC). The RTC shared a building with the vocational school in Clash for some time before moving into the adjacent South Campus, where it went from strength to strength. Subsequently, a green field site was purchased at Dromtacker and the state-of-the-art North Campus was built, which resulted in a huge expansion in student numbers and courses. In 1992, Tralee became an autonomous institution and was renamed Institute of Technology Tralee (ITT). It took fifty years to arrive at MTU, ten years longer than it took Moses to lead the Israelites to the promised land. It was worth it and it's a testament to all of the people, many of them gone to their eternal reward, who worked so hard to bring a university to Kerry.

Now that Kerry is a university county it must flex its muscles. The economic and social benefits to the region will be substantial. The potential to increase academic, administrative and ancillary jobs in the new university is considerable. Growth in student numbers will bring much needed income to many service providers. The status of university town will enhance the region's potential



A group of Transition Year students organised a photography competition for all students in St. Brigid's Secondary School this week with the theme of 'Quarantine and Social Distancing'. The aim of the competition was to encourage students to get out of the house to do something creative, have a bit of fun and put their photography skills to the test! They received some wonderful entries!

Winning picture (taken by Magdalena Weglarz):

to attract indigenous and foreign investment. All good news, indeed.

As an educationalist, I am very excited by the potential for course development in the area. If I was to level a criticism at TUD, it would reference the listing of their courses in the CAO Handbook as three separate colleges – Blanchardstown, City and Tallaght – rather than fully integrating their listing under a single university. CIT, on the other hand has encompassed its four colleges into a single reader-friendly listing. That positive optic makes a strong statement of inclusion, cohesion and unity. I sincerely hope that MTU will adhere to the CIT listing style. An added bonus is the fact that CIT and UCC are already jointly offering two

very prestigious courses at Level 8 – Biomedical Science and Architecture. Hopefully those two courses and the entire list of courses listed by MUT will be accessible to Kerry based students.

Up to now, it was compulsory for a full-time student to physically attend the college, where s/he was studying. However, Covid-19 has forced society to adapt to new learning methodologies. The rate at which young people have become proficient at virtual communication is staggering. Social distancing will be a major factor in third level education for the foreseeable future, so three distinct learning styles are being mentioned at the moment – controlled physical attendance, electronic/online and blended. I understand blended learning to be a style of education where students learn via electronic and online media as well as traditional face-to-face teaching. It could allow a student to take an MUT course in any of its six campus locations while working primarily from home and/or the local college. The potential whets the appetite and is great news for students.

CHECKLIST

- ✓ CIT & ITT will become MTU on 1st January 2021
- ✓ MUT will have 6 campus locations – 4 in Cork, 2 in Kerry
- ✓ A determined campaign in the early 70's secured an RTC for Tralee in 1977
- ✓ Tralee RTC was upgraded to ITT in 1992
- ✓ 50yrs after a campaign for a 3rd level college, Kerry will have a University in 2021
- ✓ The economic and social benefits of a University to the region will be substantial
- ✓ The status of university town will enhance Kerry's potential to attract investment
- ✓ There is huge potential for course development in the Tralee campus of MTU
- ✓ Covid-19 has forced society to adapt to new learning methodologies
- ✓ Three distinct learning styles are controlled physical attendance, electronic/online and blended
- ✓ Blended learning is a style of education where students learn via electronic and online media as well as traditional face-to-face teaching

Billy Ryle is a Career Guidance Counsellor and Educational Commentator
Email: rylebilly@gmail.com
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The induction video saves on time, cost and face to face contact for employers when they are returning staff to the workplace.

It also ensures that the employee is professionally inducted on Covid-19 workplace protocol and is backed up with all the necessary advice and guidance on the return to work form, Covid-19 Response plan, worker representative checklists, control measures, dealing with a suspected case and cleaning & disinfection checklists as approved by the Health & Safety Authority, who will be carrying out compliance inspections. This provides safety, compliance and peace of mind; for employers, their staff and customers and in turn helps protect the business, the economy, jobs and the health of the general public. We continue to support our clients with employment law support and payroll management & wage subsidy scheme support throughout this time. Damien McCarthy is also a mentor through the office mentor programme with the Kerry Local Enterprise office.

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DOUBLE DELIGHT FOR ST. PAUL'S

THE St. Pauls Killarney U-12 girls basketball team have created a significant bit of history after being crowned champions in both the Cork and Kerry 'A' leagues this season. The Killarney girls clinched the Kerry title in recent months and there was further good news this week when the Cork Ladies Basketball County Board decided to award league titles to the teams who were on top of their respective league tables.

This is the first time in history a St. Pauls juvenile team has won the Cork league which makes it even more special for this young team, who have to ability to progress even further in the years ahead.

The St. Paul's girls started off their campaign in the Kerry county league division one with wins over tough opposition such as Tralee Imperials, St. Mary's Castleisland and Glenbeigh Flacons. They were crowned Kerry champions after some solid performances in the league and also secured the Kerry Cup title against a strong Tralee Imperials team.

It was an extremely busy season for the young Killarney girls and the decision to participate in the Cork league also reaped rewards. The team enjoyed some really exciting games against some top teams from the Rebel county and a lot of the away games were played in the iconic Parochial Hall, Cork. St. Paul's registered significant victories over Carrigaline, Cobh, Glanmire, Waterford Wildcats and Limerick Celtics. They also played out a thrilling encounter against Mallow in Kilcummin Hall with the Killarney side eventually claiming the win after two periods of overtime. The St. Paul's girls had also been looking forward to a tournament in London during Easter but unfortunately this was cancelled due the Covid-19 crisis. Coached by Padraig Weldon, it certainly turned out to be a memorable season with the unique double success for this young St. Paul's team. "The Last Dance" featuring NBA legend Michael Jordan is the global basketball story of the year but for this talented St. Pauls U-12 girls team, it is a season that may well be remembered as "The First Dance" in years to come if they continue to progress and deliver on their true potential.



St. Paul's U-12 team, who won the Cork and Kerry leagues this season. Front from left are Abbey Dorothy, Muireann Healy, Aideen Fleming, Kate Healy and Liadh Forde. Back from left are Ava Weldon, Ciara O'Sullivan, Clodagh Clancy, Cliona Moynihan, Celia Lyndon, Laura Healy and Siofra Randlles. (Missing Megan Sheahan)

Unlocking the Past

with Clodagh Nagle

History is an important subject in every walk of life. Whether one is interested in the subject or not. From tracing ancestry, to local history, and the knowledge of the wider world – history is everywhere. It is important to understand past events in order to shape the present and create a better future. It is also important to pay tribute to those who have made history before us, and those who have made history in our local communities, our country and the world. Currently, we are experiencing a global pandemic and the year 2020 will be widely written about in the history books – future generations will read about Covid-19, children will learn about it in school, and this era will be remembered in many years to come.

Presently, we are commemorating the centenary of the War of Independence. A monumental event that occurred in Irish History across the entire island of Ireland. From Dublin to Galway, Kerry to Donegal, every single community in Ireland was affected by the War of Independence. East Kerry had an active role in the War of Independence and contributed to the fight that arose from 1919-1921. The Volunteers began in 1914 in Kerry; and many of the different companies that were established agreed to fight in the 1916 Easter Rising.

Killarney formed the first Volunteer's in East Kerry. A group of local people frequently met on High Street to partake in a Gaelic language class and their primary aim was to keep the Irish language alive, including speaking it and promoting their native language. After the Gaelic language class, a military drill was held, and the section commanders were selected. The Killarney Volunteers began to send out volunteers to the smaller communities in East Kerry in an attempt to set up their own local branches. For example on 31 May 1914 Kilcummin set up their local branch, as did many other communities in East Kerry, and throughout the entire county of Kerry.

After the 1916 Easter Rising and the miscommunication that occurred from Dublin to the rest of the country, many of the companies were reformed in 1917. In preparation for the War of Independence they were established into different Brigades. Kerry was divided into different sections in order to distinguish between the different battalions that existed in Kerry. East Kerry and South Kerry were placed under the Kerry No. 2 Brigade. In addition to this, there were 5 Battalions that existed in the No. 2 Brigade. The 1st Battalion was Castleisland, the 2nd Battalion was Fries, the 3rd Battalion was Killarney, the 4th Battalion was Kenmare and the 5th Battalion was Rathmore.

The Volunteers primarily participated in routine parades, however once the threat of conscription emerged in 1918; it became inevitable that Volunteer activity would escalate to counteract this threat. The Volunteers were arming their Brigade, and practising drills in preparation for the War of Independence which began in 1919.



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EAST KERRY GAA NEWS

By Michael O'Mahony

CONDOLENCES

The Board extends its deepest sympathy to families & friends of Barry Clifford Castle Cove, brother of Dermot Clifford Chairman of Fossa GAA Club. Seamus Clifford Spa Delegate to East Kerry GAA Committees and Fergus Clifford Runai Coiste Na og Listry GAA.

Sympathy also to the families of Mary Ann Cosgrave (Moynihan) Killarney & Rathmore, Aunt of Denis Moynihan former Rathmore player & manager. To the family of former winning Kerry Junior footballer James (Jimmy) Mc Neices Killarney, father in law of following Ger Gavin Spa & President of East Kerry GAA Board Sean Kelly MEP. To the family of Paudie Dineen Rathmore Grand father David Dineen Rathmore former Kerry minor May they all rest in peace .

LEGION GAA CLUB NEWS

FUNDRAISER - SENIOR LADIES

Killarney Legion senior ladies and management completed their run in aid of the Kerry Hospice Foundation. It was a scorcher or a day but the ladies exceeded their goal of 250km and have ran a total of 375km!! They would like to say a huge thank you to everyone involved and to everyone who generously donated. To date they have raised in excess of a whopping €3,500. It was a massive achievement by everyone involved, Well done.

DEEPEST SYMPATHIES

The club extends its deepest sympathies to the McNiece Family on the recent death of Jimmy. The McNiece family are very involved within the Legion Club. RIP.

DEVELOPMENT

The Field Committee have been working tirelessly on preparing the new field. They have done tremendous work behind the scenes, Something that will benefit the club for many years to come. It's looking great.

MILLTOWN/CASTLEMAINE GAA NEWS

CONDOLENCES

Our club extends sympathy to the family of Brendan Tangney, Listry Cross and Barry Clifford, Derrynane, who died recently. Cómhbhrón freisin to John Horan and family, Brackhill, on the death of John's brother, Michael Horan, Scartaglin. Ar dheis Dé go raibh a n-anamacha dílis.

GET WELL WISHES

We remember and pray for all in our community who are ill at this time. We hope you will return to good health as quickly as possible.

'STAR IN THE SITTING ROOM'

Congratulations to all the winners in our recent Star in the Sitting Room competition. We had a wonderful variety of talent on display- ye were all amazing but we could only draw 5 winners! They are as follows: Aishling Quirke - Kerry Jersey, Emilie Clarke - Milltown/Castlemaine GAA Club Jersey with Milltown/Castlemaine GAA Beanie Hats for Lauren/Saoirse McHugh, Emma O'Sullivan and Darragh Burke. Thank

you to all the entrants, parents/guardians and to Danny, Dara and Deirdre from our PRO team who co-ordinated the event. We will have news of another fun competition shortly -with lots more prizes to be won. Details coming next week!

MILLTOWN/CASTLEMAINE GAA

CLUB RUN 4 PIETA

Pieta House has been in touch with us and are absolutely thrilled with the awareness and funds that were raised for their organisation in our recent Run 4 Pieta. To date, a total of €3,900 has been donated and we wish to thank our club members, our community and those from all over the globe that gave so generously. Mile míle buíochas arís from Milltown/Castlemaine GAA Club to everyone who either did a walk, hop, skip, run or jump! In a time of great difficulty in many households, we came together from near and far for a charity that provides essential care and counselling for those in their darkest hour. For those who are suffering, there is help out there. Remember it's always darkest before the dawn.

SPA GAA CLUB NEWS

1 MILLION SOLOS FOR ISPC CHILDLINE

Well done to our Spa Ladies who took part in the MKL Gaels #1MillionSolos fundraiser over the weekend in aid of ISPC Childline. Niamh Kearney, Saoirse Kelly, Claire Moynihan, Sinead Cronin, Mags Cronin, Gina Crowley, Katie Gleeson and Liadh Tobin all contributed 1000 solos each on the day.

ALL GAA ACTIVITY STILL SUSPENDED

Please note all GAA grounds remain closed with no access under current restrictions. There is some hope of walking tracks and pitches to be re-opened in the coming weeks, but as of yet the current closure notice is still in place. Players, members and the general public are not allowed use of Club Grounds or Facilities for any activity including training or recreational while the current restrictions are in place.

IRELAND'S FITTEST FAMILY

2020 -APPLICATIONS NOW OPEN

Have you and your family got what it takes to win Ireland's most extreme fitness competition and win a cash prize of €15,000? Now in its eighth series, the team behind Ireland's Fittest Family are scouring the country to find the fittest, fastest and strongest families to be coached to victory by the four returning coaches, Davy Fitzgerald, Anna Geary, Derval O'Rourke and Donncha O'Callaghan. Given the current covid-19 pandemic, the production will follow HSE guidelines to ensure that strict social distancing and health and safety is adhered to throughout the competition by all crew and families taking part. Applications are open but note 1) Minimum age is 14 years old by 01 August 2020; 2) Each family must be comprised of four immediate members and 3) Series will be filmed between August – September 2020. The online application form can be found at rte.ie/irelandsfittestfamily. Any queries contact the team fittestfamily@animotv.ie or call 0858375387.

'SHARE THE POT'

While the Lotto remains postponed under

current restrictions, this week the club launched an online 'SHARE THE POT' draw, where the winner and the club share the pot 50/50 at each draw! Tickets are €3 each and are available ONLINE ONLY through spagaa.com. The draw will be held live on the Spa facebook page every fortnight with the first draw at 8pm on Friday June 12th!

VOLUNTEERS AVAILABLE FOR

ANYONE THAT NEEDS HELP AT THIS TIME

We have a list of club members in different areas that have offered to be available if called upon during these few weeks. If anyone needs help with shopping, deliveries etc please contact either the Kerry Community Volunteers (tel 1800 807 009 / text 50555 / email covidsupport@kerrycoco.ie) OR contact the club directly: Michael (0858213027), Conor (0872565142), Patrick (0876332773) or Deirdre (0851216359).

CONDOLENCES

Sympathy is extended to Sheila, Paddy, Sean and Paul Casey on the passing of Sheila's brother Daniel Nolan RIP, Mallow. Condolences to Seamus, Fergus, Dermot and all the Clifford family on the passing of Barry Clifford RIP, Castle Cove. Condolences also to our Health & Wellbeing Officer Margaret Doyle on the passing of her father Con O'Keefe RIP, Ballaugh. Ar Dheis Dé go raibh a nAnamacha dílis.

SPA ARCHIVES

Thank you to everyone who is sending in photos, programmes, newspaper clippings etc of Spa over the years! We are going through our history of teams, events and members over the years, and they can be found on our website (spagaa.com) or our social media pages (Facebook, Twitter and Instagram). If you have any old photos, newspaper clippings, programmes etc, please send them on to 0851216359 (text or what's app), email pro.spa.kerry@gaa.ie or private message our Spa social media pages.

6TH YEAR GRADUATIONS

Congratulations to all 6th Year students who have had virtual graduations over the past couple of weeks.

ITEMS FOR NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

DR. CROKES

COVID 19 UPFATE

The GAA continues to monitor closely the ongoing pandemic and the Government's roadmap relating to the relaxation of restrictions. The Association notes that we remain in Phase One and await an update about the possible move to Phase Two on June 8, as outlined by the authorities.

Should the country move to Phase Two as planned, GAA Clubs will be able to re-open designated walking tracks on June 8, subject to engagement with Croke Park around a facilities management plan. We do not envisage a return to training in small groups in Phase Two and pitches and playing areas are to remain closed. However, as per the government roadmap, this may be reviewed in Phase Three.



Spa Ladies Division 3 Co League Champions 2017. Front L-R: Ciara Moynihan, Ciara Moynihan, Meghann Cronin, Micaela O'Connor, Katie & Sean O'Brien, Niamh Kearney, Sinead Cronin, Cassandra Buckley Back L-R: Donal O'Doherty (Manager), Mairead Bennett, Laura Herlihy, Lauren O'Connor, Elizabeth Stack, Loreta Maher, Linda Bruggener, Joanne Lynch, Clare Moynihan, Karol Fleming, Roisin Kearney, Alma O'Mahony, Mags Cronin, Mairead Finnegan, Tim O'Connor (Manager).



Spa U16 Co League Division 2 Champions 1994 Front L-R: Paudie Lynch, Sean Morris, Brendan McCarthy, Paul Casey, Michael O'Doherty, Seamus Moynihan (captain), Brian O'Sullivan Darcy, Paul Russell, Karol Kelly, John O'Keeffe and Ronan O'Sullivan Back L-R: Paddy Casey (Selector), Timmy Lyne, Denny Doolan (Selector), David Kearney, Johnny McAuliffe, Pat Cronin, Alan Cronin, Sean Casey, Micheál Clifford, Dan Doonan, Denis Doolan, Sean O'Halloran, Peter Tancred, Neilus Doolan, Shane Wickham and Connie Doolan (Selector)

The GAA can also confirm that it will publish its Return to Safe Activity Document when the government signals that the country has moved to the second phase of its plan. This document will require approval from the government's own expert group on Return

to Sport, which we continue to work with. This group currently considers Gaelic games a 'Phase 4' sport. Progress has also been made in re-configuring the 2020 GAA Kelloggs' Cúl Camps and subject to the country moving onto the next phase of its recovery, we will provide more details about

this initiative. The GAA has stuck rigidly to the government's plan and dates from the outset of this outbreak and will continue to do so, taking advice from medical experts and our own Advisory Committee.

We re-affirm our position that no one is keener to return to games and general games-related activity but this will only be considered when it is acceptable to do so to maximise the safety and well-being of our players, members and wider society.

GAA.IE

The Club Executive wish again to remind all players the Players Injury Fund is currently suspended and you are not covered during the present Pandemic. Our weekly Lotto & Bingo are currently suspended and are under regular review will be resumed when current restrictions are lifted.

CLEAN UP the club would like to thank the volunteers who helped on Friday last to clean up the grounds. Under the stewardship of Chairman Patrick O'Sullivan social distance was maintained Another evening is planned in the coming weeks.

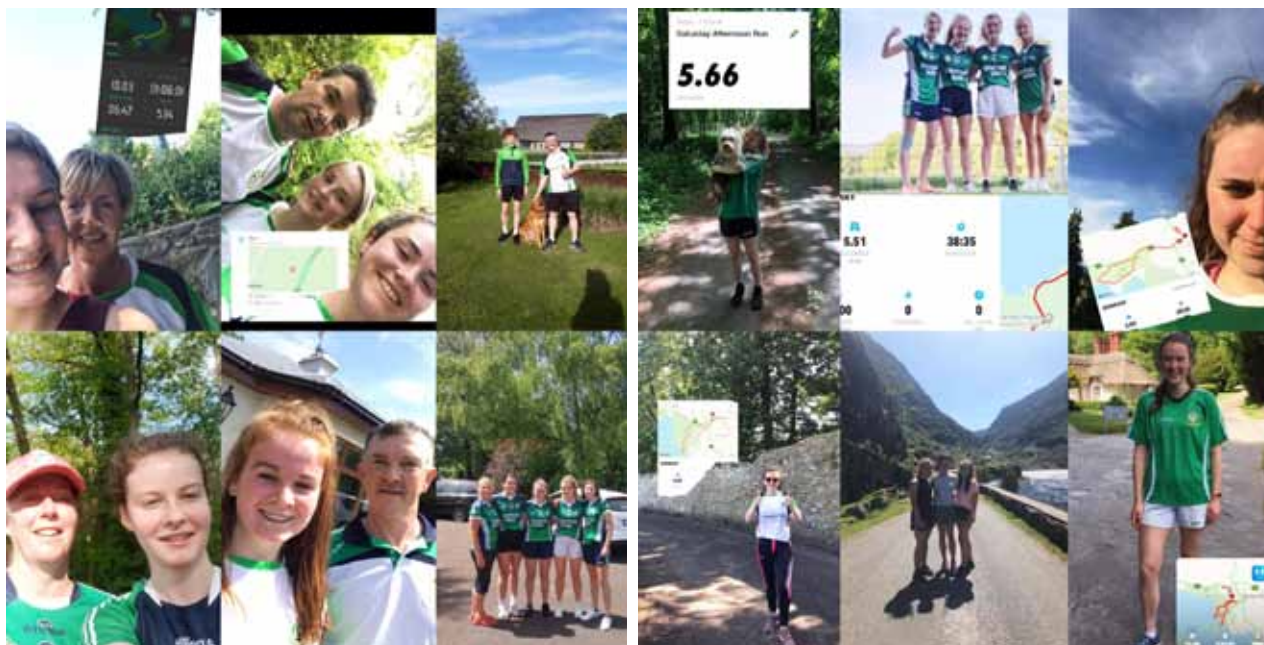
MEMBERSHIP is now overdue and may be paid online. Registrar Frances O'Sullivan wish to thank all who availed of this facility and asks that anyone having a problem to contact her. Membership can be renewed on line visit [drcrokes.com/news](https://clubforce.com/mobile-app/). Follow the links below to renew membership.

<https://clubforce.com/mobile-app/>
https://member.clubforce.com/memberships_cart_m.asp?LL_ID=734&intMF_ID=5899#Anchor.

We urge all members to download the Club Force app.

LOTTO we are hoping to restart the Lotto on June 29th we urge all patrons to play online which maybe accessed from website. All yearly 6 monthly and monthly payments will credited to patrons going forward.

BIRTHDAY GREETINGS to club referee Harry Bartlett who celebrated a major milestone over the weekend also to Senior player Gavin O'Shea who also celebrated.



Fundraiser in aid of Kerry Hospice Foundation. Killarney Legion senior ladies and management completed their run in aid of the Kerry Hospice Foundation. It was a scorcher or a day but the ladies exceeded their goal of 250km and have ran a total of 375km!! They would like to say a huge thank you to everyone involved and to everyone who generously donated. To date they have raised in excess of a whopping €3,500. It was a massive achievement by everyone involved, Well done.

KILCUMMIN NEWS

Written by: John Moriarty

PARISH OFFICE RE-OPENS

The Parish Office will be open at the usual hours of 10am to noon every Tuesday, Wednesday and Friday.. Anyone wishing to hand in their Weekly Envelope contribution or Trócaire donation may do so at these times. Mile Buíochas

COMHALTAS

As part of the Government's #InThisTogether campaign, the Creative Ireland Programme and RTE will bring Cruinniú na nÓg online for 2020. Minister Madigan encourages young people to answer the call, to get creative at home and be ready to showcase their creative talents on Saturday 13th June. Céilí in the Kitchen – A collective call to action for children, young people and their families to create a Céilí in their kitchen for Cruinniú, with Airc Damhsa, who will guide us through the Irish tradition of these communal social events that take place in houses. Week one's class are already available free on <https://www.aircdamhsa.com/ceili>. Cathy Jordan - Songs with Cathy, Edwina Guckian - Dance with Edwina, Mikel Murfi - Stories with Mikel, Thomas Johnston - Tunes with Thomas

BOG WALK

As the turf cutting season is very active at the moment we would ask all turf cutters to take all unwanted fertilizers bags etc. home with them as they can be very unsightly and damaging to the environment. We also hope that the people using the walks for recreational purposes will also be mindful when disposing of their rubbish. Your consideration and care for this

beautiful facility will be much appreciated.

THE KERRY STEP CHALLENGE

The Kerry Step Challenge developed by Healthy Kerry is a six-week event designed to promote and support the people living in the county to stay active and connected . It involves virtually completing routes in the county by accumulating daily steps.

As national COVID-19 movement restrictions are in place, participants do not visit the routes to complete the challenge. Instead, participants accumulate an equivalent number of steps that would be taken to complete each route. A total of six routes in Kerry of varying distances and step counts are included in the challenge. Participants can select to complete the required step count of as many of these routes as they wish over the duration of the event individually or as part of a team. Check out the website for more details, <https://healthykerry.ie/index.php/kerry-step-challenge/>

KERRY RECREATION & SPORTS PARTNERSHIP

With the June Bank Holiday this weekend , a long weekend quite different to anything we have experienced before, you might be looking for some different ideas to stay active, healthy and safe while adhering to the COVID-19 rules. Check out <http://www.kerryrecreationandsports.ie/2020/05/20/a-message-from-sport-ireland/> for a range of activities and resources that Kerry Recreation & Sports Partnership, together with Sport Ireland, have compiled to help people stay active

during this time. Here you will find activities for Families, Adults, Older Adults, People with Disabilities, Well-being, Walking and Running.

YOUTH SURVEY

North, East, West Kerry Dev. are inviting people aged 15-24 who are living in Kerry to participate in a short survey is for NEWKD. The Youth Employment Initiative Service want to find out about the impact the Covid - 19 crisis is having on your life and what we can do to help. This survey is completely anonymous & takes only 2 minutes to complete. Click on link below to access it! If you would like to be entered into a competition to win €30 phone credit, like NEWkd YEI Service Youth Employment Service page & tag a friend. Thanks in advance for taking part.

MENTAL HEALTH IRELAND

There are some terrific resources on Mental Health Ireland website <https://www.mentalhealthireland.ie/get-support/covid19/#family-wellbeing>. Well worth checking out & sharing with family & friends

KILCUMMIN N.S. JUNIOR INFANTS ENROLMENT 2020/2021

If you know of any child who intends to start Kilmummin National School in September 2020, please advise them to contact Kilmummin National School by email at kill43163@gmail.com. Enrolment application forms are now available. Book lists and other relevant information will be forwarded by email, due to the government directed school closure. We look forward to hearing from you. Keep well and safe.

RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

PARISH OFFICE

(064) 7761669 or rathmore@dioceseofkerry.ie
Office hours are limited BEHIND CLOSED DOOR but we continue to produce the weekly newsletter to keep in touch with all our parishioners. Booking of Masses, Mass Cards, ads or notices for Community part of Newsletter or any query and we will get back to you. You can leave a message on phone, email or in postbox. NEWSLETTER IN ALL LOCAL BUSINESSES AND ONLINE IN DIOCESE OF KERRY AND RATHMORE PARISH WEBSITE

SYMPATHY

To Willie Joe Cronin, Reaboy & Gracie O'Connor, Tureenamult on the death of their sister Mary O'Connor, Glenbeigh, who passed on Sunday 24 th May. To Tim O'Halloran and family, Lisheen on the death of his mother Mary O'Halloran, Boherbue who passed on Sunday 24th May. James (Jimmy) McNeice killarney May they all rest in peace.

IN THESE CHALLENGING AND ISOLATING TIMES FOR ANYONE WHO NEEDS HELP, SUPPORT OR EVEN A CHAT

CALL ST. VINCENT DEPAUL RATHMORE BRANCH ON 087 3462332

The Committee of St. Joseph's Conference

Rathmore wish to thank all who recently responded so generously to our recent appeal. All donations will be used in our local area which includes Rathmore – Shrone

Gneeveguilla – Knocknagree – Ballydesmond. WE ARE HERE TO HELP. STAY SAFE. THANK YOU

THANK YOU

I wish to sincerely thank and am very grateful to parishioners who have responded so generously to the Parish finances at this very vulnerable time for all. From next week we will have a Donate button in the Rathmore Parish website www.rathmoreparish.ie which will enable contributions to be made to the Development Fund, Clergy Fund, Special Diocesan Collections, and to make payments for Community Newsletter Adverts. Let us continue to look out for one another and find ways to be the loving embrace of God to our neighbours. We are all in this together but apart. Stay safe – Stay well and Stay in touch. Fr. Pat (086)8351732

FR. PAT'S BLOG: Fr Pat O'Donnell has resumed his blog and will use it as a means to show communications from parishioners and those who join us for streamed masses. It will also be a place where we can share thoughts and

reflections. To access the blog just google The Wandering Padre or the following link <https://frpatrathmore.blogspot.com>. You can also access it through Rathmore Parish Website. www.rathmoreparish.ie

RATHMORE PARISH WEBSITE: In Rathmore Parish website – Fr. Pat is starting a conversation on the 'Challenges that lie ahead'. We would value your thoughts ideas, suggestions – by post to Parish Office, Teach losagain, Rathmore, Co. Kerry or by email rathmore@dioceseofkerry.ie

CEMETERY MASSES: All parish cemetery masses scheduled for June, are deferred until a later date. 8.00p.m. MCN Media Cathedral.

HEALING SERVICE: In Macroon every Wednesday 3-4pm with Fr. John Keane www.churchservicestv.macroon

RATHMORE PARISH

RE-OPENING OF OUR 4 CHURCHES FOR PRIVATE PRAYER AND VISITS ON THIS WEDNESDAY 20TH MAY FROM 11-6pm. The safest way to visit a church at the moment is: "Walk around, stand and pray, don't sit down and touch nothing."

We are delighted to announce that all churches in the parish are opening for private visits.

Please observe and strictly adhere to the following guidelines which will be posted on signage to

each church:

- Please practice strict social distancing at all times, on Church Grounds and within the Church.
- Please follow the instructions regarding entry to and exit from the Church.
- Use hand sanitisers on entering and exiting the Church.
- As far as possible do not touch surfaces.
- Follow the arrows which indicate movement flow within the church.
- Be understanding and polite when offered guidance on safety issues.

THANK YOU: we wish to sincerely thank and am very grateful to parishioners who have responded so generously to the Parish finances at this very vulnerable time for all. Let us continue to look out for one another and find ways to be the loving embrace of God to our neighbours.

We are all in this together but apart. Stay safe – Stay well and Stay in touch.

Fr. Pat (086)8351732

CARE OF OUR CEMETERIES: Given the limited numbers who are allowed to attend funerals, it was never more important to keep our graveyards in the best possible condition. For the most part, it is volunteers who do this work, and we ask you for your support as well.

1. If you do some cleaning in your family plot, please please please take any rubbish or debris home with you.

2. If you go for a walk in the cemeteries or visit the family plot – and you see any bit of rubbish or debris please pick it up and take it home with you.

3. Particularly in Rathmore cemetery, we are trying to keep the grass mown frequently. If you would be willing to adopt a little piece of the cemetery, we would be very appreciative. -

To volunteer please contact the Parish Office (064)7761669 or Fr. Pat (086)8351732 Thank You

THESE CHALLENGING AND ISOLATING TIMES FOR ANYONE WHO NEEDS HELP, SUPPORT OR EVEN A CHAT – CALL ST. VINCENT DEPAUL RATHMORE BRANCH ON 087 3462332

St. Vincent DePaul is launching an urgent appeal to help those still trapped by poverty during this difficult time. You can donate to the National SVP appeal online - svp.ie Telephone - 0818176176 or Post – Blue envelopes will be in Irish newspapers on this Saturday. You can choose to direct your donation to our local

conference which is ST. JOSEPHS CONFERENCE RATHMORE or you can donate directly to our accounts in AIB Millstreet IBAN:

IE69AIBK93615406950116 Or Rathmore Credit Union IBAN: IE30RDRN99106300120280

All donations will be greatly appreciated and will be used in our local area which includes Rathmore – Shrone – Gneeveguilla – Knocknagree – Ballydesmond.

THE RATHMORE SOCIAL ACTION GROUP will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time. To avail of this service, please call Norah / Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can.

RATHMORE/GNEEVEGUILLA/ KNOCKNAGREE COVID-19 COMMUNITY SUPPORT GROUP

A group has been formed in Rathmoreparish which consists of many local community organisations and businesses including members from Rathmore community council, Rathmore& Gneeveguilla GAA, Rathmore social Action Group, Fr. Pat O'Donnell, Rathmore St Vincent de paul, sliabh Luachra Veterinary Centre, Reens pharmacy, An Garda Siochana-Sgt Paul Lynch-Rathmore post office, Contact us on a dedicated Free phone 1800 929 003, Dont be afraid to call, we're here to help those who are in genuine need, Contact details; Bernie Reen 087-2020143; Brian Kelly 087-2536808,

Eilish Coakley 086-1038112, Niall Kelleher 087-6694194, Mike Dilworth 087-6723882, pat Barry 086-7925715

if you require any help or support with essential shopping& fuel, any household emergency or a prescription to be collected from a pharmacy etc, please call us and have your Eircode at hand and one of our Volunteers will assist you.

Illegal Dumping: All illegal dumping on our roadsides and countryside should be reported to Kerry Co. Council on 066 716 2000. Freephone: 1800 326 228. You can also download the app "See it Say it" to your mobile phone and report any illegal dumping there and then. Your help to curb this unsocial activity will be greatly appreciated.

Helpful Contact Numbers:

Jigsaw Kerry: (Young Peoples Health in Mind) Contact 066-7186785 Email: kerry@jigsaw.ie

Pieta House: Contact 01 6010000 or www.pieta.

ie COVID-19 Support Line for Older People: ALONE has launched a national support line and additional supports for older people who have concerns relating to COVID-19. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024.

AWARE: (Depression Support) Helpline on 1890 303 302 Website at www.aware.ie

Samaritans: Contact 116123. Web - www.samaritans.org Senior Help Line: Are you feeling lonely? Are there days when nobody calls? Would you like to share a worry? Call 1-850 440 444 mornings: 10.00am to 1.00pm, evenings: 7.00pm to 10.00pm seven days a week. You will be talking to an older person who will welcome your call. Cost is the price of a local call.

BUSINESS OPEN IN RATHMORE PARISH RATHMORE

McCarthy'S Londis, O' keeffe' foodstore filling station, Reens pharmacy, christy'S Take away McCarthy'S Butchers, Rathmore District Credit Union, BLAZE PIZZA & GRILL, Hekeys centra & filling station, kerry agri store Rathmore, rathmore post office, Linda's restaurant take away only, O' keeffes Hardware & O' Keffes Oils Sapphire Siguns Guerins Foodstore filling station Ballydaly cross, Gneeveguilla Maccarthy'S Quick pick, Gortabawn Paddy O' keeffes store, knocknagree king plaza Take way, if you would like to be included Contact me and I will include you business in next week's issue. Join us from St. Joseph's Church Rathmore for daily Mass through our Parish Television Streaming Service Streamed Mass Schedule Rathmore www.mcnmedia.tv for further information contact www.Rathmoreparish.ie

NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. before 6pm Sunday,

CASTLEMAINE NEWS

MEITHEAL SUPPORT FOR PARENTS LOCALLY...

Juggling your child's and family's needs can be a little overwhelming from time to time but the good news is that there is assistance out there locally...

One of the ways in which Maine Valley Family Resource Centre works with families is by using the Meitheal approach. Meitheal is an old Irish

term that describes how neighbours would come together to assist in the saving of crops or in other tasks.

Families together with our Family Support Worker identifies a child's and their family's needs and strengths and then brings together a 'team around the child' with an interest in the child's life, supporting them in their daily needs and developing their strengths.

If you feel that this approach could help or maybe you have other issues that you need support with, please contact Anna Breen our Family Support Worker to have friendly chat. You can contact Anna on 087 3694169, send a text and she will call you back or alternatively send an email to annafsw.mainevalley@gmail.com. She would love to hear from you!

Written by Dara O'Connor

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

FOSSA NEWS

Written by: Shane Kelly

COVID-19

It is more important now than ever that Fossa GAA members pull together and look out for the people in our community most affected. If anyone feels isolated or needs help, please do not hesitate to make contact.

LOTTO

The Fossa lotto remains suspended for the foreseeable future.

Condolences:

CONDOLENCES

Barry Clifford. RIP

Fossa Gaa club members were deeply saddened to hear of the sudden death of Barry Clifford. Barry is the brother of our Club Chairman, Dermot and through that connection a wide number of Fossa people have befriended Barry over the last number of years. To make friend with Barry was easy, you were met with a wide smile, backed up with a genuine interest of what was happening which led to a very easy conversation. The large group from Fossa, young and old, that travelled to Clonkeen to form a fitting guard of Honour as Barry travelled home showed how he had made so

many friends here. With regards to that fitting gathering in Clonkeen, I would like to say well done to the East Kerry Board and all others who participated in organising and marshalling it as well to all that turned out. It was a nice way to show our support in these strange Covid-19 times.

An invite for Fossa underage several years ago, from Barry, to travel down to Sneem/Derrynane became a much looked forward to event for the youth and parents of the club. The welcome we received there is a testament to all that is good in the Gaa, all that is good in Sneem/Derrynane Club and all that was good in Barry and his club people there. We never came home hungry and never came home but with happy memories for our visit South.

We further got to know Barry as Pauide, David and Shelly began to play through to adult football and he became a huge supporter of our own club, taking great pride in our victories as well as sharing in disappointment in our losses. Not alone did he know how and where his own Nephews and Niece would play he had figured out all our other players and

their probable positions, like his brothers his memory was phenomenal. Needless to say, there was unending support for Kerry Gaa but when David had his several victories in the Green and Gold and with Paudie winning the Junior All Ireland it brought extra joy and pride to Barry. There was a loud cheer rang out from the background on the RTE GAA All Stars programme when David was named Young Player of The Year in 2018, yes 'twas Barry, could not contain his joy, few if any would blame him. So Barry, you will be missed in Fossa. You will be missed for the passion for the Gaa and for your family, for your warmth and for your easy of conversation.

To his wife Anne, sons Jim and Tom, his mother Breda, Dermot, Ellen, Paudie, David and Shelly here in Fossa, Seamus and family in Spa, Fergus and family in Listry, the Drummond family in Sneem and to all his friend we extend our sympathies and prayers. To the Deryname club for the huge loss of a great clubman.

Ar dheis Dé go raibh a anam.

OUTLOOK SPORTS

KERRY BASKETBALL HALL OF FAME HAS ITS FIRST MEMBER



Seamie Burrows and Valerie O'Callaghan.



Along with all sporting organisations who usually host their AGM's around this time of the year the Kerry Airport Kerry Area Basketball Board had to postpone their end of season meeting. The clubs will be notified of the new date once the sanctions are lifted while the reports from the Senior and Junior Secretaries and the Treasurer will be issued by the Board by email to the clubs.

There were a number of award announcements which were due to be made at the AGM plus the

final standings of some of the Senior Leagues:

Final Senior League Standings: The winners of the Senior Men's Division 1 are KCYS who only lost one game during the season. This was the same for the winners of the Women's Division 1 winners which are Glenbeigh Falcons.

There was more good news for the Club of the Year with St Bridget's Currow taking the Women's Division 2 title. The Men's Division 2 has still to be finalised with Caherciveen and Gneeveguilla being named joint winners or there will be a

play-off when sport resumes.

The two sides at the top of Women's Division 3 could not be separated after both recorded unbeaten seasons. These are Ballybunion Wildcats and Horan's Health Stores Lixnaw.

Awards: It takes a huge amount of people to run the KABB season especially with the growth in the game county wide.

Referee of the Year: The Board is in the very fortunate place that it has a good number of top quality officials it calls on to officiate at games. For the 2019-2020 season Tralee's Liam O'Sullivan has been awarded the accolade of Referee of the Year. Liam is still playing the game with St Brendan's and it's great to see current players involved in the underage game. He follows on from Roscoe Patterson who won the award last season.

Paud O'Leary Fair Play Award: This award is named after the much missed sportsman Paud O'Leary and is given for dedication and services to a club. The award was first presented in 2013 and the winners to date are: Mary Gardiner, Donal O'Connor, Charles O'Sullivan, Mike McGillicuddy, Bertie Griffin and Mary Jo Curran. And this year's recipient certainly meets the criteria. Valerie O'Callaghan O'Shea is the long-time secretary of St Anne's Basketball Club and is the organiser of many of the events and tournaments that the busy club hosts during the season including the Pieta House fundraiser and the underage Blitz's. Valerie is a tireless work

for the club where she also enjoys watching her son's on the court.

KABB Hall of Fame: This is the inauguration of the KABB Hall of Fame and nominations were sought from clubs to honour retired members who made significant contributions to playing, coaching and organising basketball at club and county level.

KABB Executive Secretary Dave Aherne outlined why the KABB has introduced its Hall of Fame. "The Board were keen to acknowledge the success and strength of the game in Kerry at present. This is due to the great efforts of many over the years that have put the sport on the

road to the great position it is in today.

"The Kerry Basketball Hall of Fame will play tribute to the many great servants of the game over the coming seasons."

Seanie the first one in: The KABB is delighted to have nominated Tralee's Seanie Burrows as the first entrant into the Kerry Basketball Hall of Fame. Seanie comes from a family steeped in sports – his daughter Elaine made the headlines this year with her Cross Channel swim – and he gave many years to basketball in Tralee and in Kerry both at club and schools levels.

He was coach of the Eagle Lodge Ladies team who played in the National League and

then became Lee Strand Ladies. He coached Moyderwell School to an All Ireland title and was also coach of Balloonagh when they had a secondary school.

John Mitchels is the club Seanie will always be associated with and coached them when they had a basketball team.

On the GAA scene Seanie had a long association with the club and Kerry and played in both the League and Championship for the county. Along with his late brother Bruddy they made history by winning back to back All Ireland Minor titles and between them they have 16 All Ireland medals from both sports.

MUCKROSS ROWING CLUB

RETURN TO ROWING

Our return to rowing on the lake got underway on Tuesday, May 26, with three single scullers from our Junior Mens group enjoying the first spin since early March. Since then, we have reintroduced additional groups of three rowers on an almost daily basis, with measures including staggered training times, hygiene protocols, social distancing and electronic attendance records all in place. A special word of thanks goes to our dedicated coaches who have facilitated sessions on both water and land from morning to evening. While our activity is limited to groups of four, it has been a constrained but welcome start so far. Subject to government approval, Phase 2 is due to commence on Monday, June 8. This will allow for the return of those

members living beyond 5km and within 20km however activity will continue to be limited to small groups and single sculls or doubles/pairs for rowers of the same household. A final word of thanks to the management of Killarney National Park, with whom the club liaised with ahead of our restart.

ROWING IRELAND UPDATE

Since the suspension of the regatta season, Rowing Ireland has continued contingency planning for a rescheduled and limited Irish Championships Regatta in September. A final decision on the staging of the September event is due by Tuesday, June 16.

MUCKROSS LOTTERY

The Muckross Lottery remains suspended. There will be no draw until further notice.

- Muckross Rowing Club rowers returning to rowing on Lough Leane in single sculls, as part of the Phase 1 easing of public health restrictions.



DEERPARK PITCH & PUTT CLUB

BOOKING TEE-TIMES: We await confirmation from Pitch & Putt Ireland on guidelines for the next phase of the roadmap of the country's re-opening but we are hopeful that some form of club competition may be able to resume by the middle of June. Further details next week. We continue this week to operate a 'members only' casual play policy. Booking through Aidan O'Donoghue (086 3364705). Times of play Monday-Friday 3pm-8pm and Weekends 12pm-6pm.

Membership: Please contact either Aidan or Margaret B Looney (087 9265747) for more information regarding same. Costs are- Single Adult: €135, Family (two adults and three children under the age of 18): €240, U16/OAP: €80. Membership valid until March 1st 2021.

Jimmy McNiece: The club was saddened to learn of the death of a great stalwart of the Gleneagle club in the past week in Jimmy. Our thoughts are with his family and fellow Gleneagle Club members both past and present.

GOLF PREPARES TO PROGRESS INTO PHASE 2 OF RE-OPENING

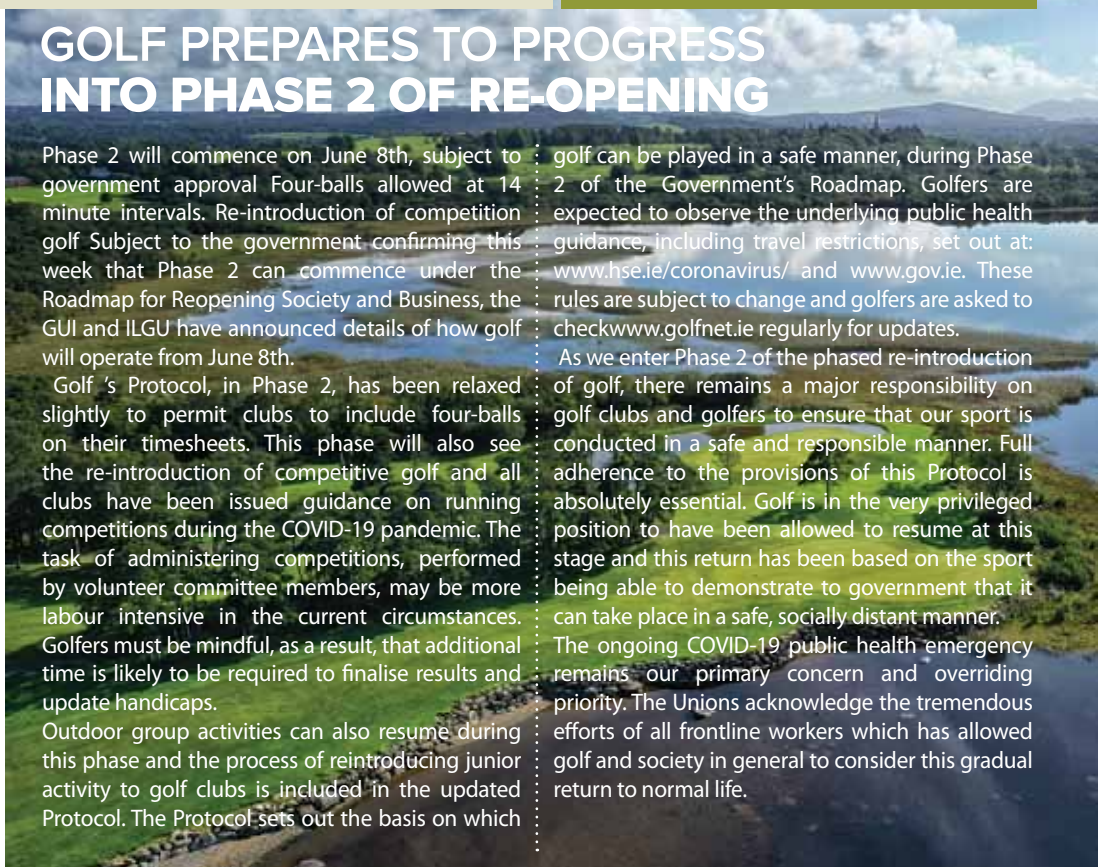
Phase 2 will commence on June 8th, subject to government approval. Four-balls allowed at 14 minute intervals. Re-introduction of competition golf. Subject to the government confirming this week that Phase 2 can commence under the Roadmap for Reopening Society and Business, the GUI and ILGU have announced details of how golf will operate from June 8th.

Golf's Protocol, in Phase 2, has been relaxed slightly to permit clubs to include four-balls on their timesheets. This phase will also see the re-introduction of competitive golf and all clubs have been issued guidance on running competitions during the COVID-19 pandemic. The task of administering competitions, performed by volunteer committee members, may be more labour intensive in the current circumstances. Golfers must be mindful, as a result, that additional time is likely to be required to finalise results and update handicaps.

Outdoor group activities can also resume during this phase and the process of reintroducing junior activity to golf clubs is included in the updated Protocol. The Protocol sets out the basis on which

golf can be played in a safe manner, during Phase 2 of the Government's Roadmap. Golfers are expected to observe the underlying public health guidance, including travel restrictions, set out at: www.hse.ie/coronavirus/ and www.gov.ie. These rules are subject to change and golfers are asked to check www.golfnet.ie regularly for updates.

As we enter Phase 2 of the phased re-introduction of golf, there remains a major responsibility on golf clubs and golfers to ensure that our sport is conducted in a safe and responsible manner. Full adherence to the provisions of this Protocol is absolutely essential. Golf is in the very privileged position to have been allowed to resume at this stage and this return has been based on the sport being able to demonstrate to government that it can take place in a safe, socially distant manner. The ongoing COVID-19 public health emergency remains our primary concern and overriding priority. The Unions acknowledge the tremendous efforts of all frontline workers which has allowed golf and society in general to consider this gradual return to normal life.





JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

KERRY GAA IN 1962

1962 was pretty much the year that the post-war era became the modern world. That may be a little simplistic for historians, but its as close as any such line can be drawn in the sand. Mind you, it's also the year the world came very close to ending. JFK in the US and Niklita Khrushchev in the Soviet Union both had access to nuclear missiles, and Khrushchev wanted to put some on communist Cuba. The world was poised on the brink of nuclear war. The Soviets blinked at the last second, but the Cuban Missile Crisis was a very close and very terrifying thing.

1950s America was defined by Elvis Presley, Marilyn Monroe, and milk-shake diners with juke boxes. By 1962, Ray Krok had purchased one such franchise from the MacDonald brothers (dropping a letter from their name). Meanwhile, the simple invention of the pull-can opener would turn milkshake diners from modern to retro in a heartbeat. Sadly Marilyn Monroe passed away shortly after famously singing 'happy birthday, Mr. President' to Irish American catholic John Fitzgerald Kennedy, who would visit Ireland next year. The biggest cinema blockbusters were 'Lawrence of Arabia', 'The Man Who Shot Liberty Valance', and 'To Kill A Mockingbird'.

UCD and Trinity College both installed IBM 1620s this year. These high technology 'computers' could store up to 20,000 digits of information at one time!

RTE had started broadcasting on New Year's Eve 1961. By 1962, tv programmes such as Radharc and Paddy Crosbie's 'The School Around the Corner' were becoming hugely popular. The National Ploughing Championships, held for the first time in Killarney in 1961, were broadcast in January.

Ireland had moved from an insular and self-reliant economy under De Valera to an increase in grant-aided direct foreign investment, and it was beginning to pay off. Ireland's tourism industry was exploding, helped by Aer Lingus investing in Boeing 760s for its major routes in 1960. It was also modernising legally – Ryan v AG would become arguably the most influential Irish case ever, ruling that the Irish Constitutional was subject to interpretation based on unenumerated rights.

STATE OF KERRY

The two defeats to Down in 1960 and 1961 were still stinging Kerry supporters in early 1962. The trainer of the Kerry team was none other than Dr. Eamonn O'Sullivan, who had just been elected President of Kerry GAA as well



The 1962 Kerry Team.

and had just retired from his post as Resident Medical Supervisor in St. Finans Hospital. He had stepped down for 1961 after the shock defeat to an unheralded Down, but was persuaded back. Dr. Eamonn had led Kerry to All Irelands in 1924, 1926, 1937, 1946, and 1953. Johnny Walsh of Ballylongford, John Joe Sheehy of Mitchels, Paddy Bawn Brosnan of Dingle, Murt Kelly of Beaufort, and Fr. Denis Curtin were elected as the Kerry selectors (a manager being able to pick his own backroom team is a fairly recent innovation). No-one had any issues with the personnel on the sideline... but there were real doubts about some of the players inside it.

Kerry needed a good start to 1962 if the grumbles weren't to get a lot louder. The National League didn't go as Kerry planned and didn't engender confidence. They lost to Carlow in Tralee in their opening match, beat Kildare by 0-12 to 0-6, hammered Wexford (Dan McAuliffe of Duagh had 1-6 and John Burke from Milltown scored two goals) before going down to Cork by a point. They beat Offaly in the Wembley Tournament to calm the nerves – only to be walloped by Roscommon the following day in Killarney. That put the cat right in among the pigeons and sharpening its claws in Kerry! Kerry were trying to find defenders, with the likes of Louis Nolan (the Killarney Legion player and renowned basketballer), Alan Conway and Sean Óg Sheehy (both Mitchels) were tried in the backs, and Kerry even tried moving Tom Long, who had always played in midfield or in the forwards, back to centre back. Nothing was quite clicking.

Munster Semi-Final: Kerry 2-18 Waterford 2-6
Kerry had five championship debutants in Frank Sheehy Park in Listowel. The final scoreline was

comfortable, but the game most certainly wasn't. Far from it. A Tom Long goal put Kerry five points clear, but Waterford reeled that in. Seamus Roche hit a great goal, and again Waterford responded. Kerry were only leading by the minimum, 2-4 to 1-6, at half-time. It was 2-7 to 2-6 after ten minutes of the second half, and worried Kerrymen were remembering the defeat to Waterford in 1957. Thankfully, Kerry steadied the ship and took complete control to run out convincing winners. The doubters weren't taking potshots as yet, but they had plenty of ammunition in case things didn't improve.

MUNSTER FINAL: KERRY 4-8 CORK 0-4

Kerry made two changes for the Munster Final in Cork's Athletic Grounds (revamped and re-named Pairc Uí Caoimh in 1976), with Gene O'Driscoll of Annascaul coming in at centre forward and Donie O'Sullivan replacing Alan Conway in the corner.

Kerry destroyed Cork. Tom Long set up Dan McAuliffe early on for a goal and added another himself straight after. Gene O'Driscoll fisted home a third goal from a Paudie Sheehy free and Kerry were ahead by 3-4 to 0-2 at half-time. The contest was well over by the time Mick O'Connell scored Kerry's fourth goal – his only championship goal for Kerry.

Joe O'Sullivan and Noel Lucey were both sent off after a melee. That was the only real incident on the field of play, but the atmosphere among the crowd was poisonous, probably the worst ever at a Munster Final. In fact, Kerry seniors and minors were driven back to their hotel by members of the Cork County Board, as



Tom Long.

their own transport was parked away from the ground and there were already some rough encounters with what Dr. Jim Brosnan described subsequently as 'teenagers and teddy boys'.

On July 29th, schoolboys Ray O'Carolan and Jimmy Stafford were the heroes in Casement Park as a very unfancied Cavan put reigning champions Down to the sword. That was a huge fillip for Cavan football. It was also a huge boost to Kerry, and they knew it. With Down gone, the whole championship was blown wide open.

ALL IRELAND SEMI-FINAL: KERRY 2-12 DUBLIN 0-10

By 1962 Teilifís Eireann were ready for their first outside sports broadcast, and the All Ireland semi-final between Kerry and Dublin was an obvious choice.

Dublin were not the power they would become in the 1970s, but Dublin and Kerry had a cachet all of its own even then. Dublin, after all, had been the champions in 1959. Soccer was still the bigger game in the city, but a Dublin-centric media reckoned that Dublin had a great chance. In fairness, the national media have always tended to shine a constant spotlight on Dublin (the biggest population is obviously their biggest market) even in the capital's harder days, and it never really helped Dublin's cause. Mind you, they had some real quality players in 1962, the likes of the Foley brothers, John Timmons, Dessie Ferguson, and Mickey Whelan.

The idea of tv coverage being available was not universally popular, with a lot of officials worried that match attendances would be affected. Their fears were confirmed when just over 60,000 made their way to Croke Park to see Kerry play Dublin, a drop of over 11,000 on the 1961 attendance. In fact, the coverage was top quality, with Teilifís Eireann doing a great job. The only anomaly was the interchanging of two match commentators every ten minutes, one in English and the other in Irish. Not that the play needed much explanation; this was not a complicated game at all.

Kerry, even without the suspended Noel Lucey,



Donie O'Sullivan.

looked more assured than they had been all year. Dublin, on the other hand, were slow to settle and paid a high price early on. After five minutes Tom Long caught a Paudie Sheehy free and fired it past Paschal Flynn into the net. Long and Sheehy combined again, setting up Garry McMahon for goal number two. At half-time it was 2-9 to 0-3 and the game was over as a contest. Dublin did rally, cutting the gap to seven points and hitting the crossbar, but Kerry were able to lift their game again and rattle off three points in a minute.

ALL IRELAND FINAL

Roscommon had been absolutely haunted to win the Connaught Final. Sligo had a string of late injuries and missed a '45 while two points clear before Roscommon, having trailed for most of the game, stuck a very late goal to win it. In the All Ireland semi-final Cavan, having emerged from Ulster for their first time in seven years, weren't able to find their rhythm in Croke Park and didn't do themselves justice against Roscommon.

Kerry, then, had good reasons to be optimistic as they made their way to Croke Park for the Final.

Referee Eamon Moules of Wicklow threw in the ball and Roscommon attacked, helped by a kick in the wrong direction by Jimmy Lucey. Tim Tiger Lyons cut out the ball and passed to Timmy O'Sullivan on the Cusack side. Timmy was fouled and Mick O'Connell kicked the free high into his 1955 minor teammate Garry. Oliver Moran and John Lynch, two good defenders, both went to intercept it and accidentally blocked each other. Garry timed it perfectly and fisted the ball past goalkeeper Aidan Brady. Garry himself said afterwards that Johnny Walsh had advised him that Roscommon's defenders tended to attack everything and could leave such an opening. He got no such advice from Dr. Eamonn O'Sullivan – Kerry's trainer wasn't overly impressed with Garry having abandoned his own fixed position in the other corner.

Kerry added five points on the trot, three of them from O'Connell, after 18 minutes. Roscommon did score a penalty but Kerry hit another three points to Roscommon's one just before half-time. Kerry were ahead

by 1-8 to 1-1. Kerry only scored four points in the second half, one of them a real beauty by Mick O'Connell, but Roscommon only had five. It wasn't regarded as a great final, with none other than Mick O'Dwyer calling it the worst final he ever saw, let alone played in.

Kerry: Johnny Culloty, Seamus Murphy, Niall Sheehy, Tim Tiger Lyons, Seán Óg Sheehy, Noel Lucey, Mick O'Dwyer, Mick O'Connell, Jimmy Lucey, Dan McAuliffe, Timmy O'Sullivan, Jerry O'Riordan, Garry McMahon, Tom Long, Paudie Sheehy. Subs JJ Barrett, Kevin Coffey, Donie O'Sullivan, Dave Geaney, Seamus Roche, Pat Ahern

MINOR

Dr. Jim Brosnan's Kerry minors won the Minor Final by a whopping 6-5 to 0-7 captain Jimmy O'Mahony had a hat-trick. Goalkeeper Seamus Mac Gearailt made his way to the senior sub's bench just in case Johnny Culloty picked up an injury during the game. At that time senior teams only had a panel of twenty players and usually no sub keeper – in 1975, Charlie Nelligan won a minor football, minor B hurling, and U21 All Ireland medal as well as being sub keeper for Kerry's senior team in their All Ireland win! Kerry Minors: Seamus Mac Gearailt, Declan Lovett, Kieran O'Connor, Sean Burrowes, Ted Fitzgerald, Paud O'Donoghue, Henry Bruddy Burrowes, Ger O'Shea, Denis O'Sullivan, Jimmy O'Mahony (Captain), Eamonn Scully, Derry O'Shea, John Flavin, Tony Barrett, T.P. O'Connor. Sub: Paddy F O'Connor, Roddy O'Donnell U21

This was the first year of the U21 Munster Championship, which had been proposed at Congress by Kerry and approved. A national competition would follow in two year's time. Kerry, featuring a host of future stars, beat Clare by 1-6 to 0-8 and, after a long fixtures delay, saw off Cork by 2-7 to 1-4 on December 9th in Kenmare.

Kerry: Pete Hanley, J.J. Barrett, Batt Galvin, Pa Kerins, Pat Ahern, Paud O'Donoghue, Joe O'Driscoll, Mick Fleming, Denis O Sullivan, Weeshie Fogarty, Seamus Roche, Derry O'Shea, Dom O'Donnell, Roddy O'Donnell, John 'Thorny' O'Shea. Subs: Declan Lovett, J.J. Barrett, Kieran O'Connor, T. O Connor, Batty Burns, Jimmy Mahony.

County Championship: All-conquering John Mitchels made it four in a row of titles. Killarney had bowed out in the first round to West Kerry. O'Donoghue Cup: Dr. Crokes won their 7th O'Donoghue Cup in a row. Unfortunately, it was by a County Board ruling rather than on the field of play, which both Crokes and Legion would have preferred.

Dunloe Cup: The Sem won the Dunloe Cup with a panel that included Dan O'Dwyer, Larry Kelly, Willie Dwyer, Jerry McCarthy, Tony Behan, Micheál Ó Sé, and Din Joe Crowley.



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THE CELTIC LOTTO is suspended for the moment and therefore there will be a payment freeze for all those who support the lotto through yearly payments. Please contact Der on 086 378 7738 for more details.

LEAGUE

The 2019/20 Kerry Schoolboys/Girls Leagues have been declared over due to the Corona virus. Killarney Celtic thanks all our coaches and players for their efforts throughout the season and congratulates those squads that have gained league honours. There will be no cup competitions this season.



Killarney Celtic U15 Girls winners of the U15 Premier Division.



Killarney Celtic U13 Green Team
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- Group C applies to any relationship not included in Group A or B.

Since 10 October 2018, the CAT threshold for each group is as follows:

- Group A – €320,000
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You have to pay inheritance tax if the value of your inheritance (together with any other gifts and inheritances you have already received within the same group since 5 December 1991) is more than the tax-free amount or CAT threshold.

If you do have to pay inheritance tax, it is charged at 33%. The tax only applies to the amount over the group threshold.

As CAT is a self-assessment tax, you have to file a tax return. You can file Form IT38 (Inheritance Tax/Gift Tax Return) online through ROS, Revenue's online service. You can also submit a paper form to Revenue.

Further information is available from the Citizens Information Service below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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ED 23

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Making the Most of Our Relationships

Most relationships start out full of hopes and dreams and both parties are committed to making their relationship work. However, as the pressures of life unfold and reality bites, many individuals can find themselves drifting apart. Your relationship with your spouse or partner may provide much happiness and satisfaction or may be a source of anxiety and frustration because of conflict and unfulfilled expectations. It may be that case that you are unable to connect as you once did. All relationships change over time and with hard work and commitment, relationships can continue to be strong, enjoyable and satisfying. So how do we do that and how can we ensure that we maintain long-lasting and fulfilling relationships?

When things aren't going so well, it can be all too tempting to focus only on the negative aspects of our relationship. However, if you were to delve deeper - chances are your relationship has many positive factors. Researchers have found that the following characteristics are common in successful relationships: positivity, empathy, commitment, acceptance, love and respect.

As you reflect on your relationship - consider where your relationship ranks in relation to the following points.

Positivity: Studies show that successful spouses have far more positive thoughts about and relate more positively towards each other. Relationships suffer when couples are negative, criticising, resentful and holding grudges. However, some negativity is normal and realistic and it is important that frustrations and grievances are aired. Striking a balance between the two extremes is vital.

Empathy refers to the ability to understand from the other person's perspective. Individuals appear to be happier in their relationship when they believe that their partner understands what they think and feel. Commitment to the relationship is vital despite the inevitable challenges and obstacles that couples encounter. When couples are prepared to compromise and balance their concern for self with concern for their partner, they are more likely to find happiness and joy in their relationship.

Acceptance is one of the most basic needs in any relationship. Feeling truly accepted for who we are - leads us to feeling more secure and confident in our relationship. Interestingly, studies show that change is more likely to occur when couples respect difference and accept each other as they are (as much as they may not like it).

Love and respect are vital components for a healthy relationship. All too often couples can begin to neglect the love and romance that was once so present. It is important to continue to cultivate and rekindle this love and respect throughout the lifetime of the relationship. Doing so will greatly help sustain a long-lasting and fulfilling relationships. We will continue to focus on the topic of Relationships in the coming weeks and look at what we can do to make our relationships stronger, more enjoyable and satisfying.

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adolescents adults and couples at its Killarney Centre (Lewis Road). To make an appointment call: 064 6636416/064 6636100
E: info@southwestcounselling.ie

SouthWest Counselling Centre is a not-for-profit organisation.
All funds raised through fundraising go directly to service provision.

A Word of Victory

Welcome back dear reader last week we heard from someone whose life who transformed by the love of God - a wonderful testimony of God's goodness. Many people cannot relate to God because of deep rooted shame for their sins, or, they may blame Him for things that have been done to them by others in the past. This is such a lie of the devil, and it has hindered deeply spiritual people from fellowshiping with God and accepting His love. God IS Love (1st John 4:16-17). He is not a cruel, double-minded Person intent on destroying His beloved children. It is the goodness of God that leads to repentance. We are all sinners saved by God's free gift of grace. None of us deserves to come into His Holy Presence because of our sins, but because of God's love for the human race, He sent His only begotten Son Jesus to pay the penalty for our sins - to cleanse us with His blood, so that through our faith in His sacrifice we are accepted into God's family. When a person acknowledges and repents for their sins, and asks Jesus to come into their life as Lord, a supernatural change occurs in that their spirit (the 'old man') that was disconnected from God because of sin and shame, becomes re-generated and their life is made new by His Holy Spirit (2 Corinthians 5:17-21; Romans 5:1-21). This is called being 'born again', and it's what Jesus taught Nicodemus (John 3:1-21). Nicodemus tried to understand with his intellect what Jesus was saying, and questioned 'can I go back into my mother's womb? What are you talking about?' Jesus' teaching was contrary to the religious teachings of 'pay for your sins with good works'. Instead, Jesus taught that if we would acknowledge that we all are sinners, and that there is nothing we can do to make ourselves right with God, and trust and believe in Jesus, God's Son, as our Saviour and Lord we are saved. This takes the pressure off us because there is nothing we can do to earn God's favour by ourselves (Ephesians 2:8-9). But when we believe and confess aloud that Jesus is the Son of God, that He was born of a virgin, that He never sinned, and that He was beaten and crucified for our sins to be forgiven and our sicknesses healed, and then God raised Him from the dead for our complete acquittal - we are transformed and our lives become brand new in Christ - a fresh start. Hallelujah!

See more at wordofvictory.net



E: wovkillarney@gmail.com - T: 064-6622950 - wordofvictory.net

Word of Victory is a paid advert and does not represent the editorial views of this magazine.



Gardening with Killarney Outlook

by John O'Sullivan

Ornamental Grasses

Ornamental Grasses can grow in a wide range of conditions. There are grasses to suit damp or dry soils, shady and sunny positions.

Grasses can add great colour to any shrub bed and they also look great in containers. Ornamental grasses don't need much feeding as this only encourages a lot of growth in the foliage at the expense of flowers. There is a large selection of grasses to choose from. There are grasses like the Pampas, which is tall to the Care Algod which is small. If you are planting small grasses in the garden try and plant them in groups of three rather than on their own. Grasses are also plants for containers but only choose an evergreen one such as Phormium or an Astelia as they will give you colour all year and you can plant your seasonal plants around them.

**JOHN O'SULLIVAN, FOUR SEASONS GARDENING
SERVICES, KILLARNEY 087-2787160.**

IN MEMORIAM

2ND ANNIVERSARY

IN LOVING MEMORY OF
FRANK JONES



KILLARNEY, CO KERRY
WHO DIED MAY 4TH. 2018

*Without your kind and gentle smile
And sweet familiar face
A treasured life is missing
And the World a sadder place.*

FROM YOUR
LOVING FAMILY

TO PLACE A
MEMORIAL IN THE
KILLARNEY OUTLOOK

Please email the details to:
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would like to include.

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*Please include a contact name,
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2ND ANNIVERSARY

IN FOND AND LOVING
MEMORY OF A DEAR
FATHER AND GRANDAD

PAT DELANEY



LATE OF 16 COUNTESS,
GROVE
WHO DIED ON
2ND JUNE 2018

*No words we write could ever say
How much we miss you day by day
Our love for you will always keep
It never fades, It lies too deep
With broken hearts we whisper low
We love you Dad and miss you so.*

REMEMBERED AND MISSED BY YOUR
CHILDREN PHILIP, MICHAEL, PAT, MARY
TERESA AND EDWARD.
DAUGHTERS IN LAW RACHEL AND JESSICA.
GRANDCHILDREN DYLAN, CLODAGH,
BROOKE, HOLLY, LEAH, ABBIE AND RYAN

2ND ANNIVERSARY

CHERISHED MEMORIES OF

PAT DELANEY



LATE OF 16 COUNTESS,
GROVE
WHO DIED ON
2ND JUNE 2018

*Those we love don't go away,
They walk beside us every day,
Unseen, Unheard, but always near,
Still loved, still missed
and very dear.*

*Your life was a blessing
Your memory a treasure
You are loved beyond words
And missed beyond measure.*

ALWAYS LOVED AND REMEMBERED BY
YOUR WIFE BRIDGET.

PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in
whose arms the infant Jesus love to
linger, one word from you and my prayer
will be answered oh speak that word and
the gratitude of my heart will be yours.

ANNIVERSARY

IN LOVING MEMORY OF

**DERMOT &
KATHLEEN
O'SULLIVAN**



6 CASTLEROSSE COTTAGES,
KILLARNEY
WHOSE ANNIVERSARIES
OCCUR AT THIS TIME.

*And while they lie in peaceful sleep
Their memory we shall always keep*

LOVED AND REMEMBERED BY
JOHN, AISLING, KEELIN,
SEÁN & ABBIE

BARRADUFF MEMORIAL WORKS

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MARBLE HEADSTONES

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ST. ANTHONY

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of St Anthony - Saturday 13th
June. Triduum begins Wednesday
10th June. Each day Mass ON LINE
from the Friary 11.15am-12.15.
Mass, special homily, Prayers to
St Anthony and Blessing with the
Relic all on line on Facebook Check
In to Killarney Franciscans. On the
Feastday the Lilies will be blessed
ON LINE. St Anthony pray for us.

*Lilies will be blessed after the Mass
on line. Hold them in your hand at
home.*

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