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KILLARNEY Outlook

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15A

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9:00




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THE BOSS BABY
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6


SAT/SUN
12:05
2:10
4:15



F8 THE FATE OF THE FURIOUS
140 minutes

13A


7 DAYS	SAT/SUN
6:10	2:10
8:40	



BEAUTY & THE BEAST
135 minutes

PG


7 DAYS	SAT/SUN
6:10	2:05
8:45	4:30



LADY MACBETH
90 minutes

16

7 DAYS
6:45
9:00




SMURFS: THE LOST VILLAGE
115 minutes

6

SAT/SUN
12:15
2:15
4:30

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With the race safely in its place for another year, the Cartell.ie Rally of the Lakes was a great success. The memory of a young Killarney man lives on through the work of his mother and her hard work in the Roots of Empathy programme and a whopping €38,000 has been presented to the Irish Motor Neuron Disease Association. Killarney hotels are celebrating awards for their breakfasts, as is motor dealer Dermot Healy who won the Silver Wheel Award at this year's rally.

Rathmore students have been shortlisted for a positive mental health award and there is a new arrival at Foto Island. So sit back relax and enjoy this week's Killarney Outlook. Out first every Friday.

*Aisling Crosbie,
Editor.*

LAUNCH OF LILY OF KILLARNEY TAKES PLACE TONIGHT

THE 44th Lily of Killarney will be launched tonight at the International Hotel.

Over 30 girls will vie for the title at a gala event, organised by the Ladies of Spa GAA Club, which will be held in the Gleneagle Hotel on Friday May 19th next.

Killarney Outlook are delighted to be associated with the Lily as main Media Sponsors again this year along with Killarney Credit Union who have come on board as main sponsors. TV presenter Sile Seoige has been announced as one of the judges for the night which will begin at 7.30p.m. Last year's winner, representing The Shire

was Eve O'Donoghue who had an amazing year.

"Being given the honour of being Lily of Killarney 2016 has given me a year that I would never have imagined filled with memories in which I will always cherish", Eve told the Killarney Outlook.

The 2017 Lily of Killarney will receive the Healy/Cronin Perpetual Trophy, a cash gift of €500, a trip to London, flowers, electrical products and beauty and hair gifts.

Tickets for the Lily are on sale from Spa Ladies Committee at €25 each which include a buffet and dance.



2016 LILY OF KILLARNEY EVE O'DONOGHUE WILL BE HANDING OVER HER SASH ON FRIDAY 19TH MAY AT THE LILY OF KILLARNEY SELECTION DANCE IN THE GLENEAGLE HOTEL. PICTURE: VALERIE O'SULLIVAN

STEPHEN'S MEMORY LIVES ON THROUGH ROOTS OF EMPATHY

Organisers of the recent Stephen Lyne Coffee Morning were delighted with the turnout at The Brehon Hotel on Friday last.

"It was a beautiful morning in the Brehon hotel and our faithful supporters turned up for a lovely morning of mini scones, Danish pastries and freshly brewed tea and coffee", Lotte Lyne told the Killarney Outlook.

The event was enjoyed by all not least the children that attended and was looked after so well by the Brehon hotel staff with a toy corner and tasty mini treats.

There was many great prizes won on the morning and this was possible due to the fantastic support we received from many local businesses and also a few businesses as far away as Dublin.

"I am so grateful to everyone for their continued support and I also want to say a special thank you to our main sponsor Frank Culloty from Kerry Drain Services", Lotte



TWINS AVA (LEFT) & ELLA (RIGHT) O'SULLIVAN-LOWE, PICTURED AT THE BREHON HOTEL FOR THE STEPHAN LYNE COFFEE MORNING WITH THEIR MUM CIARA. PICTURE MARIE CARROLL O'SULLIVAN

added This coffee morning marks the first year up of the foundation and in that year so much has been achieved. "We have funded 'Roots of Empathy' programme ([http://](http://www.rootsofempathy.org)

www.rootsofempathy.org) into 3 primary schools in Killarney, St Oliver's, The Mercy and The Mon and the feedback from teachers, parents and children are amazing".

"This year we plan to fund 'Roots of Empathy' programme into another 4 primary schools this September bringing our total schools to 7.

As you know Barnardo's is the lead agency for 'Roots of Empathy' in Ireland and they have made a commitment to continue to collaborate with the Stephen Lyne Foundation in bringing 'Roots of Empathy' Programme to all our primary schools in Kerry", Lotte said.

"It has been a year of hard work raising all the money needed, but when I go into the schools and see the work being done in Stephen's memory, I am filled with gratitude and hope, knowing that we are changing our future adults through the children of today", Lotte added. The foundation are already planning their next fundraising event which will be the biggest yet - so keep your ears to the ground for more news on this event in the coming months.

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KERRY FRIENDS OF MOTOR NEURONE DISEASE RAISE OVER €38,000 FOR THE IMNDA

Following some fantastic fundraising, Christy Lehane and committee members from the regional fundraising group Kerry Friends of Motor Neurone Disease presented the CEO of the Irish Motor Neurone Disease Association (IMNDA) Aisling Farrell with a cheque for over €38,000. This amount was raised through various fundraising events and donations made in Kerry to support the work of the IMNDA. Motor Neurone Disease (MND) is a progressive neurological condition that attacks the motor neurones, or nerves, in the brain and spinal cord. This means messages gradually stop reaching muscles, which leads to weakness and wasting. MND can affect how you walk, talk, eat, drink and breathe. MND is often referred to as the 1,000 day disease as most people die within 1,000 days of being diagnosed. 1 person dies every 4 days from MND.

The national charity is the primary support organisation for those affected by Motor Neurone Disease. The IMNDA provides specialised services for people affected by this debilitating disease such as equipment on loan, financial assistance towards home help, advice and home visits by MND Nurse. In order to provide these vital services the IMNDA depends heavily on the generosity of the public and supporters of the association who generate over



CHRISTY LEHANE CHAIRMAN OF KERRY FRIENDS OF MOTOR NEURONE PRESENTING A CHEQUE 38,709 – 86 TO AISLING FARRELL CEO AND MARIE REAVEY REGIONAL DEVELOPMENT OFFICER OF THE IRISH MOTOR NEURONE DISEASE ASSOCIATION. ALSO IN FRONT ROW FROM LEFT BETTY CARMODY, FRANCES KELLEHER AND NORA MURPHY. BACK ROW TOM McDONNELL, MARY LEHANE, PADDY O'KEEFE, DENIS RUSSELL AND PAT KELLEHER MISSING FROM PHOTO SHEILA CASEY AND BATTY O'SULLIVAN

86% of its income.

There are currently over 360 people living with MND in Ireland, 12 of which are from Kerry. One of the main services that these Kerry clients and their families rely on is the Munster MND Nurse, Katie Kinsella. The IMNDA were only able to fund a nurse for Munster thanks to donations from the Ice Bucket Challenge, but this funding will run out in April 2017, which is why fundraising such as this is so pivotal to ensure the Munster Nursing service is sustained.

The nursing service focuses on enhancement of quality of life for the client and support for the family and includes the management of distressing symptoms and provision of support and care throughout the journey of MND. Katie provides home visits, a phone help line and

on-line contact to all affected by MND in Kerry.

Aisling Farrell, CEO IMNDA said: "The IMNDA's ethos is to ensure rapid access to services for all clients regardless of their location or means. Provision of the specialist medical equipment and access to an MND Nurse to people with MND plays a vital role in improving their quality of life, enabling them to live as active, independent citizens within their community and to remain in their home with their families for as long as possible. It is thanks to the fantastic fundraising efforts of Kerry Friends of Motor Neurone Disease that we can continue to provide these vital services."

Speaking to the Killarney Outlook, Christy Lehane, Chairman of the Kerry Friends of Motor Neuron told us a little bit about the charity.

Kerry Friends of Motor Neurone are a voluntary organisation formed in 2011. The role of the organisation is to create awareness of Motor Neurone Disease and fundraising for the Irish Motor Neurone Disease Association. Since our inception we have been inspired by the many Motor Neurone sufferers that we have met. They have offered us great encouragement and support in all our endeavours. We have organised events such as a Sponsored Walk, High Nelly Cycle, Ice Bucket Challenge and participation in the Ring of Kerry Charity Cycle to name just a few.

"I would also salute the general public in Kerry and Clubs and organisations too many to name here who did huge work on our behalf raising much needed funding for Motor Neurone Disease. As a result of all this we presented a cheque for €38,709 – 86 to Ms Aisling Farrell CEO IMNDA and Ms Marie Reavey Regional Development Officer on 26th April 2017 helping to ensure the Munster Nursing service is continued", Christy said.

Fundraising does not get any easier but Kerry Friends of Motor Neurone continue to fundraise. This year we are holding a flag day in Killarney on Friday 23rd June 2017 that is just two days after the International Alliance of ALS / MND celebrates Wednesday 21st June as the global day of recognition of ALS / MND.

BREAKFAST ON THE MENU WINS AWARDS FOR KILLARNEY HOTELS



GEORGINA CAMPBELL, GERALDINE & MICHAEL ROSNEY, JOHN MULCAHY HEAD OF FOOD TOURISM FAILTE IRELAND AT THE AWARDS.

Two Killarney Hotels are celebrating this week after winning awards at The "Georgina Campbell Irish Breakfast Awards 2017 - In Association with Fáilte Ireland", which was held earlier this week in Dublin. Killeen House Hotel and the The Europe Hotel & Resort were

both Highly Commended in their categories. "The choices are extensive and everything is of the highest quality - so this, together with one of Ireland's most stunning views, makes for a memorable breakfast experience", were Georgina's views on the breakfast at the Europe Hotel while Killeen House Hotel received the following accolade from one of the top food critics in the country. "Rozzers, also has a cosy charm - and not only is it appreciated by resident guests, but it's one of Killarney's most popular dining destinations in its own right. Quality is the watchword here too, with local suppliers proudly credited. Breakfast is served in the restaurant and, like everything else at the hotel, is very much a bespoke affair, with orders taken at the table and an emphasis on service. Killeen House Hotel is a delightful and slightly quirky place where excellence abounds - and the owners' hospitality is its most outstanding feature". Well done to both establishments.



THE EUROPE HOTEL & RESORT, KILLARNEY, GEORGINA CAMPBELL, REBECCA COADY, JOHN MULCAHY HEAD OF FOOD TOURISM FAILTE IRELAND PICTURED AT THE AWARDS CEREMONY.

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LOCAL DRIVERS IMPRESS AS SAM SECURES TOP SPOT

AN impressive drive over Sunday's dramatic stages resulted in Monaghan-based Ford Fiesta WRC driver, Sam Moffett, securing his second victory in the Cartell.ie International Rally of the Lakes in Killarney.

Starting day two of the rally in third place, 2014 winner Moffett and his co-driver, Karl Atkinson, were some 26 seconds off overnight leader Roy White, in another Fiesta, and 18 seconds behind the Hyundai R5 of Robert Barrable.

Once the roads dried late on Sunday morning, Moffett set about reeling in his two rivals and a string of fastest times through Kilgobnet, Caragh Lake and Rockfield put him in second position.

When the under pressure White crashed out on the second run over Kilgobnet, Moffett took the lead and held on to add to his 2014 success.

Speaking at the finish ramp at the Gleneagle Hotel on Sunday evening, the 2017 champion remarked: "On Saturday night I went back to my hotel and went through every note to make sure everything was right. After Moll's Gap on Sunday, I knew I had to push. I went brave on my tyre



SAM MOFFETT, RIGHT, AND KARL ATKINSON, OVERALL WINNERS, CELEBRATE AT THE FINISH RAMP OF THE THE 38TH CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2017 AT THE GLENEAGLE HOTEL, KILLARNEY ON SUNDAY. PICTURE: EAMONN KEOGH

choice and it paid off."

Co-driver Elaine Ní Shea was the top Kerry competitor in the international section of the rally, finishing tenth overall and topping Group N alongside Donegal driver Gavin Kelly. For her efforts, she was presented with the Maurice O'Donoghue memorial trophy – in memory of the late Killarney hotelier and rally enthusiast – on Sunday night.

Elaine said: "I can believe this. Just look at some of the names on this trophy." Killarney's own World Rally

Championship star Paul Nagle is a former winner of this trophy. In the national section, John McCarthy was the leading Kerry co-driver, guiding Donegal man Declan Gallagher to second overall after a two-day battle with winner Kevin Eves. Kenmare's Vincent O'Shea and Killarney's Eoin O'Donoghue were the top all-Kerry crew in the event. They finished sixth overall in their Ford Escort and took home the John Mullane trophy, the most coveted local cup in the rally, for their efforts. Killarney father and

son Charlie and Johnny Hickey overcame fuel pump troubles on Saturday to claim eighth place in the national rally while Tadgh O'Sullivan and Eoin O'Leary were tenth and won class 13 in their Ford Escort.

Of the other local crews, Andrew and Tara Duggan were class winner as were Kenny O'Neill and Ronald O'Riordan who had to change a clutch cylinder on Sunday in their Ford Puma. Gavin O'Grady and Alan Moroney were 17th in the national rally while Cyril Wharton and Helen Duggan won their class. Seanie Hickey and Noel Fleming were third in their class in their Toyota, one place ahead of the Subaru of Kevin Sullivan and Martin O'Riordan.

Marking a historic 35th appearance in the Rally of the Lakes, Noel O'Sullivan won class 9 for the umpteenth time, while navigator Nicky Burke was celebrating his 25th start in the rally. Charles O'Neil and Tony McCarthy were second in the class while Pat Sheahan and Keith McCarthy were another local crew to make the finish. Shane McCarthy won the Junior rally, held over the Saturday stages, in his Honda Civic.



KILLARNEY DRIVER KEVIN O'DONOGHUE AND HIS DAUGHTER AOIFE AT THE CEREMONIAL START OF THE CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2017 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH



KILLARNEY CREW NOEL O'SULLIVAN AND NICHOLAS BURKE, (WINNERS IN CLASS NINE), WITH SEAN AND SARAH O'CONNOR, AT THE FINISH RAMP OF THE THE 38TH CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2017 AT THE GLENEAGLE HOTEL, KILLARNEY ON SUNDAY. PICTURE: EAMONN KEOGH



BROTHER AND SISTER ANDREW AND TARA DUGGAN, KILLARNEY, (FIRST IN CLASS 11R) AT THE FINISH RAMP OF THE THE 38TH CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2017 AT THE GLENEAGLE HOTEL, KILLARNEY ON SUNDAY. PICTURE: EAMONN KEOGH



KILLARNEY FATHER AND SON CREW CHARLIE AND JOHNNY HICKEY AT THE CEREMONIAL START OF THE CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2017 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH

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- Liam & Marian 2016



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SILVER WHEEL AWARD FOR RALLY FANATIC DERMOT



POPULAR KILLARNEY AND DISTRICT MOTOR CLUB OFFICER DERMOT HEALY, RIGHT, RECEIVED THE SILVER WHEEL AWARD FOR DEDICATION TO MOTORSPORT AND COMMITMENT TO THE RALLY OF THE LAKES FROM ANTHONY O'CONNOR, CLERK OF THE COURSE, AT THE CARTELL.IE INTERNATIONAL RALLY OF THE LAKES 2017 PRIZE GIVING FUNCTION AT THE INEC KILLARNEY ON SUNDAY NIGHT. PICTURE: EAMONN KEOGH

Dermot Healy has been honoured by the Killarney and District Motor Club for his outstanding commitment to the Cartell.ie International Rally of the Lakes.

The Killarney motor dealer and rally fanatic was presented with the prestigious Silver Wheel

Award at the gala prizegiving ceremony in the Gleneagle Hotel, Killarney on Sunday night.

Dedicated Dermot has been involved in the annual rally for close on quarter of a century and he was a very efficient and innovative Clerk of the Course for a five-year term.

He has served the club in several different roles down through the years and this year he was one of the radio controllers who play such an important part in ensuring everything runs smoothly.

The Spirit of the Rally Award, meanwhile, was presented to Kenmare father and daughter, Denis and Joanne McCarthy, from Kenmare, for their huge commitment to the Killarney and District Motor Club activities down through the years.

Both awards were presented by Clerk of the Course, Anthony O'Connor, who described this year's rally as a wonderful success.

"There was great action out on the stages and a very exciting finish. All the crews and supporters enjoyed what was a very special weekend in Killarney," he said.

Anthony added that everybody involved was equally delighted that the rally passed off without any serious incidents and he praised the role played by An Garda Síochána, the stewards, the dozens of volunteers and all associated with the rally.

"Thousands of people came to see some great rallying and that's what they saw. We are delighted that everybody got back home safely when it was all over," said the Clerk of the Course.

KILLARNEY STUDENTS TO COOK UP A STORM

Two Killarney students who know their way around a kitchen are set to take part in the final of the 2016/2017 Flogas Ireland and Fáilte Ireland sponsored Apprentice Chef Programme.

Aoife O'Brien and Alanna Loughnane, both students at Killarney Community College are among 500 students who have enjoyed a series of demonstrations and workshops as part of the programme which aims to promote the importance of healthy eating to enhance physical and mental wellbeing and encourage young people to consider a culinary career to help combat the current chef crisis in Ireland.

The finalists will enjoy an authentic professional kitchen experience and serve restaurant standard dishes to a panel of judges. 7 of the students in this year's final attend secondary schools in Killarney, Tralee, Kenmare and Cahersiveen. Having been mentored by accomplished Kerry chefs Mark Doe and Louise Brosnan, who recently completed a stage in Belfast with Danni Barry, Ireland's only female Michelin Star chef, and supported by nutritional therapist, Susie Cox, each dish presented by the students will have a "Good Mood Food"

influence.

This is the fifth year of the Apprentice Chef Programme which was established by Mark Doe of Just Cooking Cookery School in Fries and Mark Murphy, senior lecturer in Culinary Arts at IT Tralee in 2012.

Aoife is planning to cook Free range local chicken with a pesto stuffing wrapped in parma ham with a white wine and cream sauce Aoife loves Italy and is inspired by their food culture. When planning her menu Aoife researched the foods of Tuscany and has created this dish to capture all these tastes using Irish ingredients. Alannah will cook Green tea smoked chicken with cauliflower rice, apple & fennel slaw. She has sourced all her ingredients locally and while there is spice in her dish, all the ingredients complement each other.

All finalists receive a specially commissioned Ambri chopping board, a Just Cooking cookbook and their Apprentice Chef monogrammed chef uniform. The Supreme Apprentice Chef will also receive a set of professional knives, €1000 equipment for their school, a year's subscription to Easyfood Magazine and a styling session at Easyfood



PICTURE L-R: ALANNA LOUGHNANE, AOIFE O'BRIEN.

Magazine HQ this summer. In addition, the specially commissioned perpetual trophy will be presented to the Supreme Apprentice Chef.

FLEADH CHEOIL CHIARRAÍ LAUNCH TONIGHT

Fleadh cheoil chairraí will be officially launched on Friday next May 5th in the Ashe Hotel Tralee at 8pm. Following months of work this will be a night of celebration and entertainment and all are welcome to attend. The Fleadh will then be officially opened on Wednesday May 15th in the Rose Hotel with a family themed concert,

guaranteed to be highly entertaining and all are welcome. This event is really about recognizing that the future of our traditional music song and dance is in safe hands with the talent our youth have to offer. We sincerely thank all our sponsors and all shops and businesses for their huge support and the public for their

continued encouragement and help. We hope you all come out and enjoy this event with us. For all details its www.kerrycomhaltas.ie and [fleadhcheoilchairraí](https://www.facebook.com/kerrycomhaltas) and [kerrycomhaltas](https://www.facebook.com/kerrycomhaltas) facebook pages. Slán tamall.



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NEW ARRIVAL AT FOTA WILDLIFE PARK

Fota Wildlife Park is delighted to announce that a baby female giraffe calf was born last week to mother Sapphire and father Tadhg. The new arrival landed – literally as giraffes give birth while standing up – on Tuesday the 18th of April and will join the 12-strong herd of Rothschild giraffes residing at Fota Wildlife Park. The calf is now strong enough to join her

mother in the giraffe house enclosure, which is visible to the public, for short periods of time. Fota Wildlife Park is calling on members of the public to give the baby giraffe an Irish name and are offering a prize of a year-long Conservation Membership to the winner, they can enter her name by visiting their website on www.fotawildlife.ie.



REQUEST FOR COMMUNITY TO “HEAR US NOW”

The Killarney community programmes of both Kerry Parents and Friends Association and Saint John of God Kerry Services gathered at the Malton Hotel to announce a pre-launch of a short documentary titled “Hear Us Now”.

The documentary is about young adults with intellectual disabilities leading normal lives. It is also highlighting the challenges that they and their families face. The adults in question come from Killarney and its surrounding villages and towns. They attend the day service programmes in Killarney of either one of the organisations where they receive training and support. The message we want to communicate is ‘People with intellectual disabilities are important and should be listened to’. We are trying to raise awareness and generate support from the wider community on real social inclusion.

Real social inclusion means interacting with others who are not paid staff, a family member or other people with an intellectual disability. Real social inclusion means access to a paid job, social roles and relationships with non-disabled citizens. Real social inclusion means providing opportunities and the right amount of support to those who need it most to live as an independent life as possible. It is coming up with real solutions to a real problem.

“We want businesses to think about including



THE PRE LAUNCH OF “HEAR US NOW” AT THE MALTON HOTEL. BACK ROW L-R MAURA CROWLEY (DIRECTOR OF SERVICES KERRY PARENTS & FRIENDS), TONY DARMODY (KERRY PARENTS & FRIENDS), EILEEN SWITZER (VOLUNTEER), TIME COLLINS, AMY O’DEA, PAUL O’SULLIVAN, JOHN PAUL DOYLE, MATT HEALY (JOB COACH KERRY PARENTS & FRIENDS), JANET O’DONOGHUE, DOMINICK KIELY & STEPHEN BROSNAN. FRONT ROW L-R TADHG HAYES (DIRECTOR & FILMING), ANGIE SMITH (KERRY PARENTS & FRIENDS) & HELENA CRONIN (ST JOHN OF GODS). PICTURE MARIE CARROLL-O’SULLIVAN

a person with an intellectual disability in their work force. The community to think about how to involve them in mainstream clubs/organisations/schools/colleges and being part of community life”, Angie Kissane told the Killarney Outlook. “It is having the same freedom, choice and respect in making

decisions so to lead as an independent life as possible with opportunities and supports been afforded to them. It is what we can take for granted”, she added.

The Launch date of this documentary shall take place in the Mangerton Suite of the Malton Hotel on Thursday 11th May at 2pm.

RATHMORE STUDENTS SHORTLISTED FOR POSITIVE MENTAL HEALTH AWARD

The Amber Team from Scoil Phobail Sliabh Luachra, Rathmore have received recognition for the work they have been doing in successfully promoting Positive Mental Health in the school in recent months. The school was one of 25 primary and post-primary schools from all over Ireland who were shortlisted for the Mission Possible School Achievement Awards organised for the first time this year as part of the Walk in my Shoes campaign by St. Patrick’s Mental Health Services in Dublin. They received their certificate from Paul Gilligan, CEO of St. Patrick’s Mental Health Services at an awards ceremony in Dublin last week.



If you want to keep up to date on a daily basis make sure to follow us on @killoutlook



REPRESENTATIVES FROM THE AMBER TEAM IN SCOIL PHOBAIL SLIABH LUACHRA, RATHMORE, RECEIVING THEIR CERTIFICATE AS PART OF THE MISSION POSSIBLE SCHOOL ACHIEVEMENT AWARDS IN ST. PATRICK’S HOSPITAL IN DUBLIN LAST WEEK. FRONT ROW FROM LEFT: SHAUNA DAVIES, AOIFE O’SULLIVAN, ÉABHA DWYER, AISLING BROSNAN. BACK ROW: TEACHERS KATIE CAHILL, NIAMH DWYER, CATHAL MCCARTHY, PAUL GILLIGAN, CEO, ST. PATRICK’S MENTAL SERVICES, DERRY MCCARTHY

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SEEING STARS IN SOUTH KERRY

INTRODUCTION TO ASTRONOMY COURSE TO BE HELD IN VALENTIA



LAUNCHING DETAILS OF THE WEEKEND ASTRONOMY COURSE TO BE HELD IN VALENTIA NEXT WEEKEND, L-R: JOAN MCCARTHY (HEAD OF TOURISM, KCC), MOIRA MURRELL (CHIEF EXECUTIVE), JOHN GRIFFIN (TOURISM OFFICER), MICHAEL CONNOLLY (COUNTY ARCHAEOLOGIST), ABBEY MURPHY (TOURISM UNIT, KCC).

The Kerry International Dark Sky Reserve in South Kerry is approx 700 sqkm in size and is one of only three designated gold-tier dark sky reserves on the planet. Due to a lack of light pollution in the Reserve, an amazing number of stars are visible to the naked eye - up to 6,000 on a clear night. Stargazing is becoming an

increasingly popular pastime and astro-tourism is a growing niche area within international tourism. This affords Kerry a great opportunity to attract new visitors, especially over the winter months. The County Kerry Tourism Strategy and Action Plan 2016-2022 contains several actions to support and develop an

astro-tourism product for the area.

The Tourism Unit of Kerry County Council and the Destination Kerry Tourism Forum, together with The Skellig Centre for Research and Innovation, and University College Cork are running 'An Introduction to Astronomy' weekend course in The Royal Hotel, Valentia Island - in the heart of the Reserve - on the 12th and 13th May 2017.

This UCC accredited course aims to provide participants with a working knowledge of the night sky and equip them with some of the skills they would need to become star gazing guides. It will provide a basic introduction to astronomy and explore the connection between archaeology and astronomy, as well as, night sky observation (weather permitting). The course will be delivered by Professor Paul Callanan, UCC and Dr Michael Connolly, County Archaeologist. It will commence at 5pm on Friday the 12th May and concludes at 6pm on Saturday 13th May. The course fee is €50 which includes a light lunch and refreshments.

There is limited availability, so if interested, please log onto: www.ucc.ie/en/ace-ad1050/ to reserve a place on the course.

FRIENDS OF MAUREEN KELLIHER SAY THANK YOU

Over the past few months, the Friends of Maureen Kelliher have been fundraising to help to make life a little easier for Maureen and her four children for the future.

Maureen was recently diagnosed with MS.

The most recent event was the 70s/80s night in the Kerry Way.

Many, many people have travelled this journey with us since January and we are exceedingly grateful for your response, support and generosity to this very worthy cause.

"We would like to thank the M.S. Society, the HSE, the local community and wider communities, local businesses, clubs, local media and Politicians for their generous support", Mary McCarrick told the Killarney Outlook.

"It is with their help that life has become easier for Maureen and her family to cope with the circumstances they have been faced with", she added.



PICTURED ARE KATHLEEN O'CONNOR FLEMING, MARY MCCARRICK, BRIAN SPILLANE, KILLARNEY CELTIC, MAUREEN KELLIHER, PAT GILL, WEST LODGE HOTEL, BANTRY, PEG DOHERTY, DAMIEN BYRNES, THE KERRY WAY AND CLAIRE BROSAN

ASIAN GOLF TOUR OPERATORS IN TOWN

Pictured Right: 'Brendan Keogh, CEO of SWING and Aine Mangan (IAGTO - International Association of Golf Tour Operators) pictured at Killarney Golf and Fishing Club with a visiting Asian golf Tour Operators and media. Organised in conjunction with Fáilte Ireland, the group consisted of golf operators and media from Japan, China, Singapore and Hong Kong. The Fam Trip which ran from April 23rd - 30th included Dublin and much of the South West of Ireland where the group played or visited the courses while also enjoying Irish music and dance at Celtic Steps and whiskey tasting at the Celtic Whiskey Bar. Picture: Eamonn Keogh





ÓGRAS

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Campaí Samhraidh Iúil 2017 Irish Language Summer Camps July 2017 Aois/Age 7 - 12 years

Ógras is the oldest Irish language youth organisation founded by Conradh na Gaeilge in 1969 to give young people an opportunity to practise their Irish in a fun environment.

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DATES: July 10th - 14th
TIMES: 10am to 2.30pm
With a Trip on Thursday
VENUE: Gneeveguilla GAA Hall



BAILE UÍ THAIDHG / BALLYHEIGUE

DATES: July 24th - 28th
TIMES: 10am to 2.30pm
With a Trip on Thursday
VENUE: Ballyheigue Community Centre

BAILE AN MHUILINN / MILLTOWN

DATES: July 17th - 21st
TIMES: 10am to 2.30pm
With a Trip on Thursday
VENUE: Nagle-Rice Community
Centre

TRÁ LÍ / TRALEE

DATES: July 17th - 21st
TIMES: 10am to 2.30pm
With a Trip on Thursday
VENUE: Cumann Iosaef Hall

COST OF CAMP: €55 for first participant and €50 for each subsequent participant.
Cost of Trip and Free T-shirt also included.

CONTACT: Risteárd Ó Fuaráin, Munster Development Officer with ÓGRAS
on 087 2194992 or email: mumhan@ogras.ie and www.ogras.ie.



SUN SHINES ON MON FUNDRAISER

The Parents Association at the Mon School in Killarney held another successful fundraiser at Deerpark Pitch & Putt.

A total of 31 teams made up of Mon school boys, past pupils, parents, teachers and friends took to the greens of the town course with first prize going to Dara Moynihan, Noel Moynihan and Kieran Fitzpatrick. Second prize went to Dara O'Keeffe, Kieran O'Keeffe and Gearoid Sugrue. The visitors prize went to Cillian

Courtney, Cian O'Mahony and Colm Cagney "Many thanks to all who partook and a special thanks to our sponsors and the great team at Deerpark Pitch & Putt who assisted greatly with the annual success of the fun day"; Siobhan O'Shea from the Parents Association told the Killarney Outlook.

PICTURED RIGHT AT DEERPARK PITCH & PUTT FOR THE MON, SCHOOL FUNDRAISER WERE L-R MARK SHEEHAN, CHRISTY SHEEHAN & CHRISTIAN HORGAN.

PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING A GAME OF PITCH & PUTT AT THE MON NS FUNDRAISER AT DEERPARK WERE L-R CONOR MCCARTHY, MIKE FOLEY & JACK MCCARTHY. PICTURE MARIE CARROLL-O'SULLIVAN



PICTURED AT DEERPARK PITCH & PUTT FOR THE MON NS FUNDRAISER WERE L-R KEELAN, PETER & ROSS O'BRIEN. PICTURE MARIE CARROLL-O'SULLIVAN

LETTERS TO THE EDITOR

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

EU RULING ON RESTRICTED PLANNING LAWS

A Chara,
I agree with Councillor Donal O'Grady's assertion that an EU Ruling could affect Planning laws, Actually in 2005 the Law Society of Ireland warned that local authorities discriminating in favour of family members over planning permissions for one-off rural housing were breaking the EU law and the law reform committee of the society informed the Department of the Environment that positive planning discrimination in some cases breached the Irish Constitution and EU Laws. Actually in 2007 the EU wrote to the Department of Environment asking it to show how its "local needs" rules do not break several internal market rules and are not discriminatory and breached articles 43 and 56 of the EU Treaty which guarantee freedom of establishment and the free movement of capital.

In view of the current housing crisis in Ireland and Kerry it is timely that people in need of

housing be allowed to move to the areas of their choice whether it be urban or rural. 50 years ago young couples seeking to build their own homes could avail of a grant allocation from both the Department of The Environment and their local authority to assist them to build a home on their own site to their own particular requirements and possibly some consideration could be given to having this incentive restored and allow young couples to choose their residency whether it be urban or rural and one with suitable community facilities for their children,

Yours Faithfully
John Kelly
Irish Rural Dwellers Association,
Coolcaslagh,
Killarney

KILLARNEY DOWN MEMORY LANE

A Chara,
On behalf of myself and Paddy Osborne we would like to thank everyone who has made Killarney Down Memory Lane such a huge success. Since we came up with the concept of the page on October 18th 2012 never in our wildest dreams did we think it would attract the 10100 members we now have. Seeing the old photos and posts of times gone by certainly seems to strike a chord. The contributions of the likes of Damien Switzer and Peter O Toole to the page are so informative and interesting and even the most simplest of photos can spark a debate or conversation which lasts for weeks. It has given us great pleasure and joy to think that what we thought was a simple idea can turn into a forum which connects people all over the world.

Japan, Norway, New Zealand and of course the USA are just some of the countries where Killarney Down Memory Lane has spread to and helps provide the people there with a taste of home.

Yours sincerely
Enda Walshe

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BER E1

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHY SHOULD YOU REVIEW YOUR PENSION?

As you have probably seen or read in the news recently pensions are being discussed very often. This shows how important pensions are, so if you have a pension it is very important that that you review your pension regularly. You may or may not be contributing to your pension anymore but it still needs to be reviewed. You need to know what kind of pension you have and what funds your pension is invested in. Your pension could be invested in very high risk funds which means that the value of your pension could substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you the income you need at retirement. So whether you are currently contributing to a pension or have a pension that you paid into in the past it is very important that your pension is reviewed by an independent advisor regularly.

To discuss this or any other financial matter you can contact Dermot Cronin QFA APA (Pensions, Investments, Loans, Life Assurance) at 0646622775 or dermotcroninifa@gmail.com

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EDUCATION OUTLOOK

Use positive stress as motivation for the State Exams



(By Billy Ryle)

With the state exams beginning on the 7th June, which is just five weeks away, candidates may become anxious about their performance. A level of anxiety is normal and focusses the mind on the challenge ahead. Almost all exam candidates, irrespective of how laid back they appear, feel nervous. It's the body's way of dealing with a stressful experience. How you deal with this nervous energy is the critical issue. If you channel it in a positive direction it will give you the vitality to cope with the demands of the exam.



A positive mental attitude is a considerable aid around exam time. Have confidence in your ability to do well. Don't be discouraged by other students appearing to know more than you do. Aim to do perform to your own capability, not to compete with others. Make positive statements about yourself. Banish all negative thoughts from your mind. Think well of yourself and of your readiness to achieve success. Your best effort is more important than your ultimate performance in the exam. Determine to do your best, no more, no less.

Success is a product of positive thinking. By motivating yourself towards your goals, you will redouble your effort and improve your performance. Have items in your study environment to spur you on. Place a statement of your objectives, such as your target grades, in a conspicuous place. An occasional glance in their direction will encourage you.

Exam stress becomes newsworthy every year because of the assessment system used in the state exams. For the most part these exams are terminally assessed. In effect, two years of work is examined by means of written papers in June. Perhaps, not enough credit is given to the candidate for consistent work over the two years. Continuous assessment is not utilised although project work is becoming a more important part of the exam structure. The major problem with the exam system is the increased level of stress it causes in some students around exam time. Despite all that is written about exam stress, students continue to show that they are excellent

exam performers and use stress as a stimulant rather than an affliction.

The stress experienced by the majority of exam candidates is positive stress. It concentrates the mind wonderfully. You realise that the forthcoming exam is making increased demands of you. However, your application to study and revision provides you with the resources to meet these demands. Positive stress provides you with the motivation to prepare for the exam. It will sustain and stimulate this motivation until the exam is over. Properly controlled stress will activate hidden resources of energy and application in you. It's important to control the stress and channel it into positive energy.

It's only when you haven't the resources to meet the demands of the exam that distress or negative stress becomes an issue. Exam distress is a rare occurrence in young people and can easily be confused with normal exam anxiety. The present cohort of young people is highly skilled and well able to cope with

the demands of the exam. Distress when it does occur, is disruptive and may interfere with your performance if it isn't counteracted.

An effective way of managing distress is through utilising your social support network of people who care about you. If you need emotional support approach someone in whom you have confidence. That person may be a teacher, a parent or your guidance counsellor. All you need is the advice of someone who will put the exam in perspective for you and who will help to boost your self-confidence. It all goes back to having a positive mental attitude

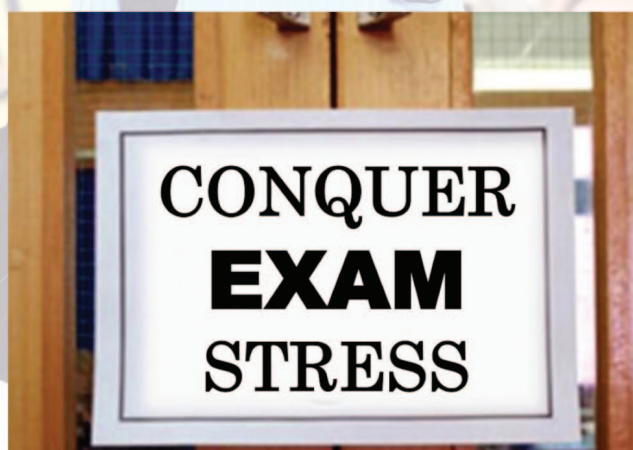
and to realising that anxiety and stress should be channelled in your favour.

In the next article, I'll take a detailed look at physical preparation for the exams.

CHECKLIST

- Exam nerves are the most natural thing in the world
- Almost all students feel anxious in the weeks before an exam
- A positive mental attitude is an aid to quality study and exam performance
- Make positive statements about yourself
- Banish all negative thoughts from your mind
- Believe that your best will be good enough
- Success is a product of positive thinking
- Positive stress is a motivator
- Channel stress into positive energy
- If you need emotional support go and get it
- Many people care about you and want you to do well
- SUSI online student grant application system for 2017/2018 is now open at www.grantsonline.ie, www.studentfinance.ie or www.susi.ie
- CAO online Change of Mind (free) facility opens tomorrow, Friday, 5th May (noon) and will be available until Saturday, 1st July (5.15pm).
- The State Exams begin on Wednesday, 7th June and conclude on Friday 23th June
- Exam timetables are available on www.examinations.ie

Billy Ryle is a Career Guidance Counsellor and freelance writer.



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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: GERAH HOUSE, FARRANFORE, KILLARNEY, CO. KERRY. Magnificent detached executive designed residence (2300 sq. ft.) set on 1 acre approximately, constructed in the year 2000 with magnificent new extension/conservatory/sun-lounge with cathedral style vaulted ceilings and triple glazed windows. The property is superbly located in Farranfore village just off the main Killarney to Tralee Road in close proximity to Kerry Airport train and Bus Stations supermarket primary school and just 10 minutes drive to Killarney and Tralee town.

Agent: ● Hennigans Auctioneers ● 66 New St., Killarney ● Tel: **064 6634582 / 087 2354416** www.daft.ie/hennigan

Kennly Priced: €329,000 BER B3

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

ALERT PLANS TO GET YOUR DRIVING IN GEAR

There is a new driving school in town and it is all set to get your driving into gear. Stephen Norton is the man behind the wheel of Alert School of Motoring which is now operating in the Killarney area. Stephen has over ten years experience in the industry and runs a successful school of motoring in Cork. Now living in Killarney, Stephen plans to bring his expertise to learner drivers in the area. Stephen offers special deals on multiple bookings and in this week's Killarney Outlook is giving away a free driving lesson to one of our readers. Both patient and friendly, Alert can bring the learner from beginning to pre-test in his dual control car. Stephen has extensive test route knowledge and covers Killarney and surrounding areas. For more information contact Stephen on 087-2998117 or email him at stephennorton1@gmail.com **SEE PAGE 29**



KILLARNEY TECHNOLOGY INNOVATION CENTRE (KTI) – 2020 AND BEYOND

The KTI Centre is growing with new facilities coming on-stream,

After 17 years of sustained support for new and developing knowledge-based businesses in Kerry, the KTI Centre is pleased to announce the completion of phase 1 of its planned 2020 development at the KTI facility in Deerpark, Killarney.

Phase 1 includes the provision of 4 new state-of-the-art office suites and 6 co-working desk spaces. All spaces have fibre-powered broadband, furnishings, ample parking and offer a prestigious business address. Clients have access to modern meeting and networking spaces and coffee docks.

The KTI Centre is a purpose-built enterprise incubation and business innovation complex. KTI offers a range of office suites and serviced desk spaces to new and expanding enterprises. Set in a secluded location just off Deerpark Road, Killarney, the KTI Centre is an ideal business start-up location for knowledge-based businesses. Clients typically operate in such



areas as software development, international e-commerce, niche tourism, multi-media, web and knowledge-based sectors.

**For more details contact:
George Nash, KTI Manager.**

Phone: 087 6841822.

Email: george@killarney-innovation.com

Web: www.killarney-innovation.com

NEW GENERAL MANAGER OF THE BREHON, KILLARNEY



Paul Smith had been appointed the General Manager of The Brehon in Killarney.

Paul moves to Killarney from his most recent

position as General Manager of The Sandman Signature Hotels at London Gatwick and Newcastle in the UK.

Paul has worked with a number of leading hotels across the globe including the five-star Colonial Hilton and Resort in Boston, the renowned Hôtel George V in Paris and the iconic De Vere portfolio of hotels in the UK.

"Having spent the majority of my career abroad, I am delighted to move home to Ireland and excited to join such a reputable and innovative hotel group. The Brehon is an internationally recognised brand and an exceptional hotel, I look forward to working with the team here and adding my experience, and my learnings from abroad, to the mix," says Paul Smith, the newly appointed General Manager of The Brehon.

The Brehon is a member of The Gleneagle Group which operates a number of Ireland's leading leisure and entertainment destinations. Recent accolades include being listed as one of Trip Advisor's top ten hotels in Ireland and being one for just two establishments in Kerry, and eighteen in Ireland, to receive a Loved by Guests award from Hotels.com. Danú Restaurant at The Brehon has received two AA Rosettes for culinary excellence.

"Paul's experience in the hospitality industry speaks for itself and I am delighted to welcome a manager of his calibre to our team. I wish him the very best in his new role," says Patrick O'Donoghue, Managing Director of The Gleneagle Group.

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PROPERTIES OF THE WEEK

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80 ARDSHANAVOOLY, PARK ROAD Guide Price €165,000

3 Bedroom end of terrace located in a quiet residential mature estate only 5 minutes' walk to town centre. Features include front garden, low maintenance concrete private rear garden with block build shed & back entrance

REF 1023 **BER D2**



8 MADAM'S HEIGHT, AGHADOE Guide Price €450,000

Four Bedroom executive style detached (2,300 sq ft) on a generous landscaped site overlooking Killarney Town and the Macgillycuddy's Reeks. Will be completed September 2017. Qualifies for the Government Help to Buy Scheme.

Ref 1029 **BER A2**



6 MANGERTON VIEW Guide Price €235,000

4 Bedroom mid terrace house (969 sq ft) extended and modernised, superbly located within walking distance of Killarney town centre and all amenities. Rear yard with rear access & private parking. Oil Fired Central Heating.

REF 1025 **BER E1**



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Killarney

TOWN TALK



PICTURED AT THE PRESENTATION OF THE CHEQUE TO THE KERRY HOSPICE WERE L/R: THERESE FERRIS [RUBY TUESDAY]; NOREEN COLLINS [KH]; KAY SPILLANE [KH]; BRENDA O'BRIEN [RUBY TUESDAY]; PAT DOOLAN [KH]; CATHAL WALSH [KH]; DENISE CASEY [RUBY TUESDAY]; AND LIZ CARROLL [RUBY TUESDAY]

DARKNESS INTO LIGHT WALK

Nathan's Walk - Darkness into Light will take place in the early hours of tomorrow morning, Saturday May 5th. Starting at 4.15am at Killarney Racecourse.

Registration is open this evening from 5 to 8pm at the racecourse where you can pick up your Pieta House teeshirt. You can also register on line at pieta.ie.

HOSPICE FUNDRAISER

Generous hairdresser Brenda O'Brien from Ruby Tuesday has raised an amazing €1550 for the Kerry Hospice at an in-house fundraiser at

the salon over the Easter Weekend.

Pat Doolan from the Kerry Hospice committee has told the Killarney Outlook that they are most grateful to Brenda for selecting them as beneficiaries of this event.

RAMBLING HOUSE

Rambling House at Heritage Centre Scartaglen Monday 8th May at 9 pm. Admission free, raffle and refreshments.

All are welcome.

POETRY IN THE PARK THIS SUNDAY

Poetry in the Park Killarney will take place at 2pm outside the Deenagh Lodge on Sunday 7th May. This is a free family event that will involve poetry readings in the beautiful environs of the Killarney National Park. The event is being coordinated by Matt Hodd, formerly a member of the Fia Rua writers group with support from Change X.

Poetry in the Park has two main aims:

1. To bring poetry outdoors into various communities to adults and children through a range of actions, mediums and environments which challenges people's perceptions about poetry, how it is delivered and how we can relate to it.

2. To be inclusive for all, all ages, races, abilities. The poetry can be in any language, and everyone is welcome to share their poetry or just to come along and listen.

The intention is to hold this event on the first Sunday of every month.

If you require more information or are thinking of performing any poems please message the Poetry in the Park facebook page at <https://www.facebook.com/poetryintheparkkillarney/> or ring Matt on 0879511077. The Change X page can also be accessed at <https://www.changex.org/ie/poetryinthepark/killarney-co-kerry-ireland> for messaging and updates.

ANY EMPTY PLASTIC BOTTLES?

St. Mary's Cathedral and The Church of the Resurrection are looking for empty 500ml bottles for holy water. If you can donate plastic bottles to the church please contact 087-9048659.

MUCKROSS ICA

The monthly meeting of Muckross Guild of ICA takes place on Monday May 8th at 7.45pm in Loughguittane National School. New members welcome.



KILLARNEY POST OFFICE GOLF SOCIETY PICTURED AT A RECENT OUTING AT ROSS GOLF CLUB



JOAN GOODWIN - KILLARNEY OUTLOOK FAN, WHO CELEBRATED HER 70TH BIRTHDAY THIS WEEK. HAPPY BIRTHDAY JOAN!



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Killarney

TOWN TALK



CELEBRATIONS IN FULL SWING AT THE KILLARNEY PLAZA HOTEL FOR THE RETIREMENT PARTY OF 6 EMPLOYEES FROM THE O'CONNOR'S UNIT, ST FINIAN'S HOSPITAL, THE LAST LINK TO THE HOSPITAL WITHIN KERRY MENTAL HEALTH. PICTURE MARIE CARROLL-O'SULLIVAN

COUPLES TO RENEW VOWS

Killarney parishioners celebrating a significant wedding anniversary in 2017 are invited to a special mass on Saturday May 27th at 6.16 in St. Mary's Cathedral.

Couples who were wed 25, 40, 50 or 60 years ago will have the opportunity to renew their marriage vows at the ceremony.

IT'S A BOY!

Heartiest congratulations to Mikey Bernard O'Donoghue and wife Edel on the birth of their

son Jamie Michael.

The couple who live in Muckross are delighted with the new arrival.

LÁ NA GCLUB

A "Cycle for Amy" organised by Dr. Crokes GAA club will be held around Muckross and Dinis on Sunday May 7th. Registration is at 11am from Victoria House and will start at 11.30am. The cycle will be followed by a barbeque at Crokes Clubhouse. Sponsorship cards for the Cycle for Amy are available from John McEnery,

Old Market lane, Killarney or Vince Casey. All proceeds to Amy O'Connor who is currently battling cancer.

BUSY MONTH AT IWA

May is officially the busiest month in Irish Wheelchair Association's calendar. The association are very excited to be bringing our AGM & Conference to the INEC Killarney on Saturday, 13th May 2017 which will be followed by their annual Volunteer Awards Gala Dinner. They will also be celebrating with our members in Kerry, as we officially open our new Day Centre located in The Reeks, Killarney on Friday, 12th May 2017.

The theme for our national conference is 'Breaking Boundaries'. We are delighted to announce that Dr Eddie Murphy, Consultant Clinical Psychologist, Author and Advocate will act as MC for the event and will facilitate an engaging panel discussion.

Dr. Eddie Murphy is one Ireland's leading clinical psychologists and wellbeing advocates. As a trusted voice, he is the psychologist on RTE's Operation Transformation where his practical, respectful and hope orientated approach has opened the hidden doors of the therapy room to the public at large. He is passionate about promoting wellbeing for children, adults, families, communities and organisations. Dr Eddie Murphy is available for interview in relation to the conference and on the day of the event.

STEPHANIE'S CYCLE

Stephanie's Cycle will take place on June 4th this year. With both a 40k and an 80k cycle on the day, registration on day starts from 10am in Milltown with over 600 expected to cycle this year.



JOEY O'CONNOR, ENJOYING THE DELIGHTS OF THE STEPHEN LYNE COFFEE MORNING AT THE BREHON HOTEL. PICTURE MARIE CARROLL-O'SULLIVAN



ALAN DEVANE, PORTMAGEE AND SARAH SHEEHAN, BEAUFORT WHO WERE MARRIED IN BEAUFORT CHURCH AND HELD THE RECEPTION IN THE KILLARNEY OAKS HOTEL. PHOTO RIONA MACMONAGLE

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CÚRSA 3: 25.07.17 go 09.08.17



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JADEN LEANE, RUAIRI COGHAN, DARA TANGNEY, LIAM FLEMING AND EVAN MURPHY AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2017 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT. PICTURE: EAMONN KEOGH

RATHMORE/GNEEVEGUILLA NEWS by Michael O'Mahony

OPENING DAY The official opening of Rathmore Social Action Group new Apartments in the Presentation Convent take place on Sunday last April 30th by former Kerry footballer and Dancing with star winner Aidan O'Mahony with Fr. Pat O'Donnell doing the blessing of new refurbished building with Large crowd attended to view the new refurbished building

IRD DUHALLOW in conjunction with Tureencahill Actively Retirement Group will host an ALZHEIMER'S TEA MORNING @Tureencahill Community Centre on Fri 5th May 11am - 1pm.

People are more than welcome to bring their own home baking to support this great cause. ALL VERY WELCOME

NOVENA Rathmore Parish Commemorative Novena to Our Lady of Fatima in Gneeveguilla

Day 1 Friday May 5th Theme: Eucharistic Adoration. ... and other forms of Prayer 7.15pm Rosary 7.30pm Mass Celebrant Fr Pat O'Donnell

Day 2: Saturday May 6th Theme: Care for those who mourn. 7.15pm Rosary

7.30pm Mass Celebrant Fr Joe Tarrant.

Day 3 Sunday May 7th 7.30pm Rosary & Novena Prayers Day 4 Monday May 8th Theme: Consecration to Our Lady of Fatima 7.15pm Rosary 7.30pm Mass Celebrant Fr Pat O'Donnell

Day 5 Tuesday May 9th Theme: Sanctifying our daily activities with the Morning Offering 7.15pm Rosary 7.30pm Mass Celebrant Fr Michael Moynihan Day 6: Wednesday May 10th Theme: Jesus & Our Lady amid the troubles and sufferings of life. 7.15pm Rosary 7.30pm Mass Celebrant Fr Bill Radley

Day 7: Thursday May 11th Theme: The Five First Saturdays. 7.15pm Rosary 7.30pm Mass Celebrant Fr Sean Tucker Day 8: Friday May 12th Theme: St Joseph 7.15pm Rosary 7.30pm Mass Celebrant Fr Mockler Day 9: Saturday May 13th Theme: The Rosary 7.15pm Rosary 7.30pm Mass Celebrant Fr David Collins OFM.

THANK YOU The Friends of the Children of Chernobyl Committee Rathmore: wishes to sincerely thank everybody who contributed and supported us in our recent Envelope Collection which was held on Easter weekend April 15th & 16th at Rathmore, Gneeveguilla, Knocknagree & Shrone Churches.

These funds will enable us to bring 16 children and 2 interpreters to our parish for the month of July. The Friends of the Children of Chernobyl (Rathmore) Committee confirm that all donations received are used strictly to finance the summer programme.

This programme would not be possible were it not for the generosity, support and goodwill of everybody who helps us out. Thank You.

We would like to sincerely thank Joanne Hughes & Sheilann Moynihan for the wonderful production of 'Cinderella' which was staged in Rathmore Community Centre on Saturday 4th and Sunday 5th March. They have kindly given the proceeds to the Chernobyl group which is sincerely appreciated.

MS COLLECTION (South Kerry Branch) will be held at all Masses in Rathmore, Gneeveguilla & Shrone this weekend 6th/7th May. Your

support would be appreciated.

THE ROSARY AT OUR GROTTOS Rosary at Tureencahill Grotto every evening at 8pm & Sundays at 7.30pm during month of May Rosary at Leam Grotto every evening at 9pm & Sundays at 8pm Rosary at Shinnagh Cross Grotto Monday to Fridays at 7pm Rosary at Grotto near Holy Family N.S. every evening including Sundays at 8.30pm

Rambling House at Heritage Centre Scartaglen Monday 8th May at 9 pm. Admission free, raffle and refreshments.

All are welcome.

First Holy Communion Mass will take place in Shrone Church on this Saturday 6th May @ 10.30am. Everyone is invited to attend. Rathmore First Holy Communion on Saturday 20th May.

TUBRID WELL The Rosary will be recited every night during the month of May at 8.00pm All welcome. Annual Mass on Friday 26th May.

Cinderella Junior Panto DVD available to order

from Teach Losagain.

Call 064 77 61000 to place your order

Shrone open Air Mass in City of Shrone this Sunday at 1.30pm weather permitting if not in church Shrone.

MY LIFE IN RATHMORE Tune in to radio Kerry on this Saturday May 6th @9am to 11am with Joe McGill with Saturday supplement Programme with a programme My Life in Rathmore,

With panel from Rathmore The panel is as followed Val Moynihan, Brian Kelly, Colette Carmody, Derry McCarthy, Aidan O'Connor, Mary Hickey, this programme was pre-recorded,

GOOD LUCK Wishes Best of luck to Rathmore GAA Quiz team in All Ireland Final of scor senior Quiz this Saturday May 6th in Belfast team is followed Dan V O'Connor, John S O'Sullivan, Tony Moynihan, Donal O'Leary,

KILLARNEY LIBRARY Bealtaine Festival two-day art workshop facilitated by Tina Reed will take place at Killarney Library on Thursday 11th & Thursday 18th May 11.00am - 12.30pm. Prior booking essential as places are limited. Bookings can be made by contacting Killarney Library. Free admission.

NOTES if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm Sunday,

SPA NOTES

2017 LILY OF KILLARNEY Excitement is building as one of the highlights of Killarney's social calendar is fast approaching. RTE, TV3 and TG4 presenter Sile Seoige will oversee proceedings at the 2017 Lily of Killarney.

The 44th Lily of Killarney will be selected in the Gleneagle Hotel, Killarney on Friday, 19th May 2017.

The Spa Ladies Committee would like to thank the Killarney Credit Union for their generous sponsorship of this year's event. Mark Murphy, CEO, Killarney Credit Union said "both the Lily of Killarney and the credit union have been part of Killarney for over 40 years. This year, we are proud to be main sponsor of this event and wish the contestants and organisers best wishes for this year's competition". Keep an eye on our media sponsors, The Killarney Outlook each week!

Such a successful night could not be possible without the loyal and continued support of many businesses in Killarney and surrounding areas, who continue to support this great event

Tickets for Buffet/Dance are only €25 and are likely to sell out quickly.

Check out Lily Of Killarney on Facebook for updates and ticket sales Geraldine O'Neill 087 7657822 or by email lilyofkillarney2017@gmail.com.

GOLF CLASSIC IN MEMORY OF SHEILA MAC There's a series of events being held over the next few months to raise funds for the Kerry Hospice Foundation in memory of our dear friend Sheila Mac as she was affectionately known by family and friends. First up will be the two day Golf classic which will take place in O'Mahony's Point course in Killarney Golf and Fishing Course on Thursday May 4th and Friday May 5th. There will also be three walks 3km, 5km and 10km on Friday May 5th with routes through the beautiful Knockreer estate. Registrations will take place on the day at Killarney Golf and Fishing Club. Further information

please contact her husband Tomas Kelliher 087 2589194.

LOTTO Lotto results. Drawn in McSweeney's €5600. No winner. Numbers 1,13,20,25.

Lucky dips €50 each to:

Aoibhe O Doherty Knocknahoe, Denis Kelly 74 Park Drive, Marian Collins Lals Kilcummin, Patrick Mac c/O Ann Mac

Jackpot €5800 Jimmys Bar next week

Yearly renewals due now so contact your seller or Jim Gleeson 087 6340581.

COMMUNITY NOTES Sympathy is extended to the family of Katherine "Kay" McCarthy nee Cronin, Tullig and late of Muckross. Kay and the members of her extended families have been involved in Killarney rowing including, Muckross and Workmen clubs, over many years. Kay figured on several of the winning Muckross crews of the 1970-80 era.

Sympathy is also extended to Bridie and Micheal Murphy, Upper Lissivigeen, on the recent passing of Bridie's sister, Mary Ita Cronin, Doocarrig, Headford.

Also to Miriam Vaughan and family, Upper Lissivigeen, on the recent death of her uncle, John Galvin, Muckross Road. May they Rest In Peace

FOSSA NOTES

LOTTO Numbers drawn were 4, 8, 9, 23. There was no jackpot winner and the €40 consolation prize winners were Deirdre Hayes McCann, Killorglin, Ita O'Connor, Scartlea Muckross, Brid Fleming, Clashnagarane Kilcummin, Peggy Lynch, Coolmagort Beaufort and Michael Murphy, c/o Liebherr. Next weeks jackpot will be €15,000. Tickets are on sale at The Golden Nugget Bar, The Castlerosse Leisure Centre, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop, The Laurels Bar and Committee members.

U-14'S BOYS Our U-14 team were well beaten in Ardfert on Wednesday evening, they have no game this coming week.

U-12 BOYS Fossa U12's travelled to Ballymac on Sunday evening in Round 4 of Division 3 county league. On a blustery but dry evening the A team, who were missing 4 regular starters, had a tough game with the hosts leading at half time despite some good play from the Fossa boys. Sam Buckley and Rocco Sheehan put in a great effort in midfield while Cian Myers was strong in defence. Ted Gorman kept the Fossa scoreboard ticking over and but for a few unfortunate goal opportunities being missed Fossa could have been right back into this game. However it would be fair to say that Ballymac were good value for their win. Scorers for Fossa on the night were Ted Gorman with 1-4, Rocco Sheehan with 1-2, Aaron Coffey with a goal with Phillip Lyons and Scott Carlton contributing a point each. Final score Ballymac 4-12, Fossa 3-8. Next up for the U12 squad is the last game of phase 1 in the county league at home to Milltown/Castlemaine next Sunday the 7th at 6pm.

Fossa under 12 B's travelled to Ballymacelligott this Sunday evening. A very strong Ballymacelligott side ran out comfortable winners and continued their unbeaten run The Fossa boys tried hard and kept going to the end but ultimately came up short.

COISTE NA NÓG

Coiste na NÓg Chiarraí are celebrating 50 years of juvenile activity in both football and hurling in 2017. As part of the celebrations there will be a parade in Killarney on Sunday 7th May. Fossa GAA club will be marching and we invite all underage kids from U-16 down to U-6 to participate in what should be a hugely colourful and enjoyable event. All kids to wear Fossa colours red and black. More details to follow next week.

KILLARNEY LIBRARY

A Bealtaine Festival two-day art workshop facilitated by Tina Reed will take place at Killarney Library on Thursday 11th & Thursday 18th May 11.00am - 12.30pm. Prior booking essential as places are limited. Bookings can be made by contacting Killarney Library. Free admission. Fossa Notes: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.

BEAUFORT NOTES

SEACHT SLÍ NA SEACHTAINE ... 7 BEAUFORT TRAILS ...

The long awaited Historical Map is now finally published ... a Beaufort Historical Archive production. It includes a hand painted watercolour map of Beaufort/Parish of Tuogh and environs, a 300 entries of a histori-



JERRY O'SULLIVAN, SEAN MACMONAGLE AND CON DUGGAN AT THE CEREMONIAL START OF THE CARTELLIE INTERNATIONAL RALLY OF THE LAKES 2017 IN KILLARNEY TOWN CENTRE ON FRIDAY NIGHT.

PICTURE: EAMONN KEOGH

cal timeline/Nest of Memories and etching, a photographic portrait of the 7 themes ... Kilgobnet/Strickeen/Kilbonane/TomiesWood/Shanacloon/Churchtown and Kalem Film Trail, Lios an Phúca essay, The Bata Draoin with newly composed air and other items all included in a compact folded sheet of paper. Copies will be available free of charge in all local outlets ... Kissanes/Post Office/Beaufort Bar/O'Sullivan Stores/Galvins Bar and inn Between ... no shortage of copies which can be posted to the wider Beaufort community and diaspora. Thanks to all sponsors and mentors re the project. The sponsor list will be published at a later date.

A framable -wallhanging version, full colour, on good quality silk-finished paper ... of the map is available ... limited edition, 20 euro per copy (dare I say it! ... anideal Christmas present !!!) Beannachtaí na FéileBealtaine. Thomas O Sullivan, 0879807122

KILCUMMIN NEWS

TO CONTACT A PRIEST To contact a priest in case of emergency and for enquiries please contact Killarney Parish Office at 064 6631014 or 087 6501998.

I.C.A The 39th A.G.M. was held recently. The following Officers and Committee were elected -

President - Judy O'Connor, Secretary - Eileen Moynihan, Assistant Secretary - Kathleen Culloty, Treasurer - Julianne Herlihy, Assistant Treasurer - Eileen O'Sullivan, Tea Hostesses - Nora Flynn and Eileen Purcell, An Grianán Teachta - Eileen Moynihan, P.R.O. Judy O'Connor, Timire Gaelge - Joan Collins, Crafts - Eileen Greaney and Eileen Finn Co. Federation President Liz O'Leary and Information Officer Catherine Spillane attended

The winners of Scholarship to An Grianán were Noreen Fleming and Eileen Moynihan.

COMHALTAS

SPRAOI NA NÓG Congratulations and well done to all our dancers who took part at the Spraoi na NÓg competition in the Gleneagle Hotel last Saturday.

FACEBOOK Please like our facebook page Kilcummin CCÉ and follow us for all our branch news and activities.

FLEADH CHEOIL The County Fleadh will take place in Tralee from the 17th May to 21st. The weekend will consist of music, singing, dancing and storytelling competitions along with street entertainment and opening Concert. The full programme of events including a time-table are available on www.kerrycomhaltas.ie

LIXNAW FÉILE CHEOIL The Lixnaw Féile Cheoil will take place on Saturday 13th & Sunday 14th May 2017. Details available in Kilcummin Rural Development Office.

STREET ENTERTAINMENT As part of the street entertainment for the County Fleadh the organising committee are offering total prizemoney of €900 to groups who wish to take part in a street entertainment competition on Friday May 19th at various venues throughout Tralee town. Contact Danielle O'Riordan sectralee@gmail.com

DINIS COTTAGE Dinis Cottage and Tea Rooms open for the 2017 Summer Season. Soup, Sandwiches, Scones, Tea, Coffee, indoor and outdoor



THE OFFICIAL OPENING OF RATHMORE SOCIAL ACTION GROUP NEW APARTMENTS IN THE PRESENTATION CONVENT TAKE PLACE ON SUNDAY LAST APRIL 30TH BY FORMER KERRY FOOTBALLER AND DANCING WITH STARS WINNER AIDAN O' MAHONY WITH FR. PAT O'DONNELL DOING THE BLESSING OF NEW REFURBISHED BUILDING WITH LARGE CROWD ATTENDED TO VIEW THE NEW REFURBISHED BUILDING

seating available. All food homemade.

KILLARNEY LIBRARY A Bealtaine Festival two-day art workshop facilitated by Tina Reed will take place at Killarney Library on Thursday 11th and Thursday 18th May 11am – 12.30pm. Prior booking essential as places are limited. Bookings can be made by contacting Killarney Library Tel. 064 6632655 email killarney@kerrylibrary.ie or www.kerrylibrary.ie Free admission.

KILCUMMIN JUVENILE GAA Under 16 Girls play Beaufort away at 7pm on 4th May.

Under 12 Boys play Kenmare Shamrocks at home on 7th May at 6pm.

Under 14 Boys play Laune Rangers away on 10th May at 7pm.

Under 14 Girls are play Kerins O'Rahillys away at 5pm on 7th May.

CASTLEISLAND MART SENIOR CLUB CHAMPIONSHIP Our senior team travelled to Rathmore on Wednesday last and took part in an epic struggle with the hosts but unfortunately finished up losing by a single point. We were blitzed by a rampant Rathmore in the first twelve minutes and found ourselves trailing by 11 points after 15 mins. However the second quarter saw us take a grip at midfield and score some excellent points to finish the half trailing by 2-11 to 0-11.

After a shaky first few minutes of the second half when Rathmore missed a couple of good chances we regained control and edged closer to the opposition as the half progressed. A well taken penalty by Kieran Murphy and an inspirational point by Philip Casey saw us draw level with minutes remaining but with extra time looming Rathmore raided once more and kicked over the winning score. There was heartbreak at the final whistle for our players, mentors and supporters but little consolation in their heroic efforts.

We now face Dingle in a relegation battle on Sunday next @ 2pm in a venue as of yet to be decided.

GAA GOLF CLASSIC Our annual fundraiser was a tremendous success on Saturday last in Killarney Golf Club.

A course in excellent condition, a large number of teams and a great atmosphere made this an enjoyable occasion. We are greatly indebted to our many sponsors of teams and tee boxes, a hard working committee, Kilcummin Post Office and Rural Development Office Staff and our many loyal supporters who rallied to the call once again. This year we were lucky to have the sponsorship of a Kilcummin /Australian link which raised enough money abroad to pay for the course on the day.

Anthony, Patrick and Killian O'Sullivan, sons of Paddy, Ballinamanagh, Kieran Lynch, Ronan O'Connor, Kevin McSweeney, Anthony O'Sullivan

(Ulick) Inchicullane, Rosco Daley, David Healy and Sean O'Connor (Dunrine) are all living in Australia and were happy to support their home club.

Winners on the day were a Jimmy O'Briens bar with a score of 61pts represented by Peter O'Brien (9), Stephen Loughnane (18) and Michael Lynch (18). Team and tee boxes will appear on our website in the coming weeks.

GLENFLESK NOTES

GLENFLESK JUNIORS Our juniors played Kilcummin in the East Kerry League on Friday April 28th at 7pm and ran out 2-15 to 1-09 victors and were due to play Spa in the Division 2 final on Tuesday May 2nd.

GLENFLESK LOTTO No winner of the lotto which took place in The Corner Bar on 24th April, 2017. Jackpot €5,000, Numbers were 4, 9, 19, 23.

1. Wiebke McGuire, Lough guittane (Yearly ticket)

2. Diane Healy, Barraduff (sellers prize) Liam Bartlett

3. John Bartlett, Woodlawn

4. Tim Brosnan, Killorglin.

5. Denis Russell, Killorglin.

The next draw will take place in the Kerryway on 8th May, 2017 and the Jackpot is €5,200.

RAHEEN N.S. Congratulations to Colette O'Shea who had the winning lotto no. 47 on Saturday the 29 of April.

GLENFLESK COMHALTAS NEWS Fleadh Cheoil Chiarrai will be launched on Friday 5th May 2017 at 8pm in the Ashe Hotel Tralee. All welcome. As part of Fleadh Chiarrai a street entertainment competition will be held on Friday 19th May 2017 between 5pm and 7pm. Competition is open to anyone aged 9 years and over. Groups must have minimum of three and maximum of six performers and has to be of Irish traditional content. Entry fee is 5.00euro and the deadline for enrollment is Friday 12th May 2017. For further information and enrollment contact Danielle O Riordan at www.sectralee@gmail.com.

PATRICK "Patrick" - the 1916 story of Captain Patrick O'Connor returns to the INEC on Thursday, May 11th at 8pm. Don't miss your chance to see this fantastic local show. Book your tickets at the INEC Box Office. Tel 0646671555 or available locally by contacting Jimmy Kelly 0872511480 or Derry Healy 087 2707899

All proceeds from excess ticket sales go to Glenflesk GAA

CONTACT We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie

IF YOU HAVE A STORY... Call: Aisling on **086 0400 958**
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TAX MATTERS

With O'Brien Coffey MacSweeney
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What you should do if you take up a second job

If you have a second job, to avoid paying incorrect amounts of tax you will require a tax credit certificate for each of your jobs. You can allocate your tax credits, rate band, USC rates and thresholds between your jobs within a Tax Year to best suit your employment pattern or the level of your earnings with each employer. Revenue can issue Tax Credit Certificates to suit every pattern. Unless you register your new job with Revenue, your second employer may deduct the incorrect amount of tax resulting in an underpayment or overpayment of tax.

In the circumstances where you are using all your tax credits and rate band in one job and commence a second job Revenue can issue your new employer with a Nil Tax Credit Certificate on a Week One Basis. When a nil certificate issues, it indicates to the employer to tax the employee on all of their earnings at the highest rate of tax, 40%.

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FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



STARVING YOURSELF OR SKIPPING MEALS WILL NOT HELP YOU LOSE WEIGHT PART 3

- Stay away from sugars as much as you can
- Never leave yourself get too hungry so carry handy snacks with you like nuts, protein balls, fruit
- Build in a treat day now and again, but not a binge day. This is something to look forward to and marks a milestone. And will hopefully prevent any binging or crashing or feelings of being deprived.
- Plenty of water, often dehydration can be registered as hunger (not with meals as it can dilutes natural digestive enzymes)

Now isn't this a much easier and long term plan to follow rather than me telling you to eat nothing all day! Starving yourself triggers stress in the body and we all know that stress is no good for anyone and elevates our cortisol levels which inhibits weight loss, as many of you may have found out already that the starving yourself isn't even working any more as the scales are not shifting.... leaving you feel weak, a loss of empowerment and ultimately feeling very low and depressed!

So get fuelled up, get the runners on and get moving, and find time to relax and unwind every day and I promise you, you will be feeling better, looking great and losing the inches within no time.

Check out my website for my weekly blogs and tips on living healthy & active & being realist! www.fitnesswithedele.com

MORE TIPS NEXT WEEK...

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OUTLOOK FASHION TIP:

BACK TO BASICS:

Who doesn't know that "I have nothing to wear" moment (yet your wardrobe is practically spillway) be it in the morning or at night. Well not anymore, the most important thing is to have the foundation or 'basics' as they will take you anywhere. For example, a pair of black skinny jeans is a most. Wear this staple piece with an over-sized white t-shirt during the day for a casual daytime look or at night with a statement top and heels.

DIET TIP

EAT LITTLE OFTEN:

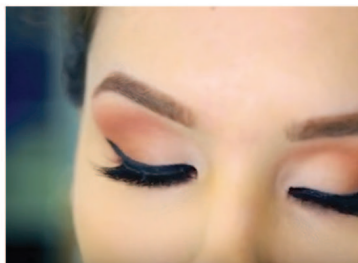
Being hungry all the time can make your diet an even bigger challenge. Try dividing your daily calories into four or five meals or snacks, enjoying most of your meals earlier in the day.



Beauty Tip

Prime:

Prime your eyelids before applying eyeshadow, especially if you have a long night ahead of you or your skin is more on the oily side. This helps create a smooth, slip-free base for your eyeshadow, plus it'll make the eyeshadow colours look more vivid because it neutralizes your eyelid colour first.



CHOOSE YOU!

Isn't it amazing how most of us have been brought up with our sense of self being determined by those outside of ourselves? What I mean by this is that from day one we are taught to look to others for our own validation. And whilst as very young children we need the guiding and wise hands of our parents or guardians to help lead us into living positive happy and creative lives, we are seldom taught to look to ourselves for the answers we seek.

As I write this piece I am reminded of those days in the school playground when I would wait and hope to be chosen for the netball team. I knew I would always be one of the last to get selected by the team captains. I was always so grateful when I wasn't the last one left standing. And the daft thing was that I never really liked netball anyway! We spend our lives waiting to be "chosen." Will we get the job? The relationship? The raise? The house? The qualifications? The body that is accepted? Will we have the right accent, personality, creativity, passion or professionalism for others to like us? No wonder one of the biggest worries that people often have is the fear of not being liked by others and what other people will say/think about them.

Decide to choose yourself in every way possible!

1. Firstly, choose to love and accept you exactly as you are!
2. Secondly, choose to back yourself up and support your choices and decisions with wholehearted encouragement!
3. Thirdly, choose to own and accept the consequences of whatever actions you take or don't take.
4. And lastly, choose to listen and follow your own heart!

Please visit my Facebook page for more coaching tips!

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Gráinne Bergin (ARTC)



- Certified Athletic and Rehabilitation Therapist from Athlone Institute of Technology 2016
- Galvin Physiotherapy would like to welcome Gráinne to the clinic.

Gráinne is due to start her Masters in Physiotherapy in Scotland in September. Up until then Gráinne will be offering Deep Tissue and Sports Massage in the clinic.



Jimmy Galvin MISCP MCSP

MSC. PHYSIOTHERAPY
PGdip. EXERCISE AND SPORTS MEDICINE

Chartered Physiotherapist

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Donal O'Sullivan MISCP MCSP

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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Wind Turbine Maintenance Technician (TR36R) - Tralee.

This course provides participants with the technical knowledge and skills to service and maintain large scale commercial wind turbines. Applicants for the course must hold a National Craft Certificate or equivalent trade qualification in one of the electrical, mechanical or motor trades or a college qualification in the electrical or mechanical engineering disciplines. **Start Date:** May 2017. **Duration:** 38 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2339-18/53) and a number of related H&S certs.

Manual & Computerised Payroll and Bookkeeping (ET0Z5) - Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Date:** 15th May 2017. **Duration:** 10 weeks. **Certification:** QQI Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

ECDL (ETK79) - Tralee

This course offers participants the opportunity to develop the computer and IT skills required for office work. **Start Dates:** 15th May 2017. **Duration:** 18 weeks. **Certification:** European Computer Driving Licence Award V6, Level 1 Office Procedures Cert and Typewriting Cert.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Tralee.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must be in possession of a current full Class B Driving Licence and a current Class C Learner Permit. **Start Date:** 22nd May 2017. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTTB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

Cisco on-line Blended Learning (ETL62) - Tralee.

This course focuses on network infrastructure. It covers switching, routing, wireless access, security and connectivity used in local and wide area networks. A combination of on-line learning and tutor led workshops are used to deliver it. Previous computer networking experience is required for this course. **Start Date:** 29th May 2017. **Duration:** 15 weeks. **Certification:** Cisco Certified Network Associate Certification (CCNA).

IT Support (ETS78) - Tralee.

This course is for people who wish to pursue careers in IT support services. It offers a comprehensive grounding in core hardware, operating systems, networks and cloud computing. Graduates will seek employment installing, configuring, maintaining and upgrading IT equipment. **Start Date:** 19th June 2017. **Duration:** 50 weeks. **Certification:** CompTIA A+, CompTIA Network+ and CompTIA Cloud Essentials.

Outdoor Activity Instructor Traineeship (ETS64) - Killorglin.

The Outdoor Activity Instructor Traineeship is designed to provide the outdoor adventure tourism and education sector with personnel who have the knowledge, skills and competencies to work in the adventure sports industry. **Start Date:** 24th July 2017. **Duration:** 47 weeks. **Certification:** QQI Level 5 Certificate in Outdoor Activity Instruction.

Broadcast Production Skills Course (TRY20) - Tralee.

This is a practical, production-focused course covering documentary, drama, and entertainment formats. Participants will learn about researching, writing, directing, capturing, editing and delivering content for both location and studio-based productions. **Start Date:** 3rd July 2017. **Duration:** 54 weeks. **Certification:** City & Guilds Diploma in Media Techniques (Video production) 7601-03, BECTU - Creative Industries Safety Passport, Occupational First Aid, Safe Pass and Manual handling.

Beauty Therapy Traineeship (TRS52) - Tralee.

This course offers participants the opportunity to develop the knowledge, skills and attitudes required to work as beauty therapists. It integrates theory, practice and industry experience so that participants gain a clear understanding of the various treatments and therapies practiced in the industry. **Start Date:** 14th August 2017. **Duration:** 52 weeks. **Certification:** I.T.E.C, CIBTAC and CIDESCO Diplomas.

Radio Broadcasting Foundation (ET41Z) - Tralee.

This course is an excellent starting point for people who wish to pursue careers in the radio broadcasting industry. It's an entry level course designed to give the participants a foundation in a number of the everyday tasks carried out in a radio station. **Start Date:** 14th August 2017. **Duration:** 8 weeks. **Certification:** QQI Certification.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre

Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie



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Trisha Moloney is a Spiritual Intuitive Energy Healer, who is a native of Co. Kerry. She will be holding *Angel workshops* in Tralee soon. Booking is essential as places are limited.

Trisha works in Tralee and Killorglin on a weekly basis. Trisha says "my unique energy healing is a non-invasive treatment, very gentle yet powerful, life changing but very effective with immediate results. It treats everything from **auto immune diseases, liver disease, pancreatitis, chronic anxiety, depression, emotional behavioural issues in kids, autism, ADHD, anger issues, digestive fatigue, low self-esteem issues (in teens), arthritis, trauma, headaches, migraine, back problems,** to name a few."

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Call: Trisha 085 1625095



BE SUN SMART THIS SUMMER

Irish Cancer Society teams up with the Irish Farmer's Association and the Construction Industry Federation to spread the SunSmart message this summer.

With the news that almost one in four (23%) of skin cancer deaths in Ireland are from the construction, outdoor and farming industry, the Irish Cancer Society has launched its annual SunSmart campaign, the Society said that farmers and construction workers in the Kerry region need to be extra vigilant during the summer months.

It also pointed to UK research which emerged recently showing that working in the sun could lead to one death and around five melanoma cases a week. The report, published in the British Journal of Cancer said that construction workers diagnosed with melanoma skin cancer had the highest number of deaths (4 in 10), followed by agriculture workers (over 2 in 10). The Society has teamed up with the Irish Farmers' Association (IFA) and the Construction Industry Federation (CIF) to urge all outdoor workers to protect their skin and reduce their risk of skin cancer.

Launching the campaign, Kevin O'Hagan, Cancer Prevention Manager with the Irish Cancer Society said, "These figures from the CSO show that in 2014, we had around one death every week in Ireland that is related to sun exposure at work.

Coupled with the research from the UK, it shows just how extensive, and unfortunately fatal, sun damage can be for outdoor workers. "It's vital that we pay heed to this in Kerry this summer. You don't have to be in a Mediterranean country for the sun to do damage to your skin and Irish people need to wise up to that. It would be really useful if work places whose employees work predominately outdoors did a risk assessment and put in place policy in relation to protection from sun exposure"

"Every year in Ireland, over 10,000 people are diagnosed with skin cancer, and figures show that 401 people were diagnosed in Kerry. More men than women were diagnosed with 233 men getting skin cancer compared to 168 women. Whether it's sunny or cloudy, everyone should protect their skin and this summer, we can asking people to follow our SunSmart Code for best protection."

IFA President Joe Healy said, "We are delighted to support this campaign once again this year as we see the importance of this advice for our members. Farmers are outdoors from sunrise to sunset, and very often have no protection on their skin so are very vulnerable to skin cancer. We want to encourage farmers to reduce their risk of sun damage by organising their day so that they are in the shade between 11am and 3pm and check their skin regularly for changes."

Tom Parlon, Director General of the CIF said, "The research from the UK is a very clear indication that we need to take skin protection on building sites very seriously. Our members work in all weathers and trades like bricklayers and labourers spend a huge amount of time in direct sunlight. This is our first year partnering with the Irish Cancer Society's campaign and we are determined to do all we can to spread the SunSmart message among our members. It's too serious not to.

Both organisations have produced a leaflet for their respective members on how to be

safe in the sun and how to reduce their risk of skin cancer. The leaflets will be distributed to farming and construction families and at trade events throughout the summer.

THE SUNSMART CODE

SEEK SHADE: when UV rays are at their strongest – generally between 11am and 3pm.

COVER UP: by wearing a shirt with a collar and long shorts. Also wear a hat that gives shade to your face, neck and ears.

WEAR WRAPAROUND SUNGLASSES: make sure they give UV protection.

SLOP ON SUNSCREEN: Use sunscreen with SPF 15 (SPF30 for children) or higher and UVA protection 20 minutes before going outside and re-apply every two hours – more often if swimming or perspiring.

CHECK the UV index – www.cancer.ie/uvindex

KEEP babies under six months out of the sun.

EMPLOYER PROTECTION MEASURES


The Health and Safety Authority produce a short guide for employers of outdoor workers and the employees themselves on sun protection.

There are a range of protective measures as follows:

- If possible, plan outdoor work in sunny weather to limit duration and intensity of employee exposure to direct sunlight (1100 to 1500 sun rays are most intense)
- Limit duration of exposure if possible when UV index is high (3 or above)
- Give information to employees about dangers of sun exposure
- Inform employees about the Sun Smart code
- Educate and encourage employees to self-check skin for signs of skin cancer
- Check UV index, if 3 or above greater risk www.cancer.ie/reduce-your-risk/sunsmart/uv-index
- Ensure breaks are taken out of direct sunlight
- Encourage employees to cover up, keep clothing on with sleeves down and collars up, wear clothing with high ultraviolet protection factor (UPF), 15 or more, wear hat
- Ensure employees do not strip off clothing when it is sunny
- Provide sun screen, SPF of at least 30 and UVA label on bottle
- Provide sunglasses

For more information on skin cancer or how to be SunSmart, visit www.cancer.ie/Sunsmart





SouthWest Counselling Centre

TEENAGER'S GUIDE TO STRESS MANAGEMENT

For effective teen stress management, it is important for a teenager to understand the value of taking control of life, and not take the easy option of flowing with the current. There are some effective practices that will enhance his/her self confidence and give him/her better control over their life.

- Eat healthy food, avoid junk food. Stay away from alcohol, drug abuse and smoking. A strong body has the strength to fight stressful situations, while a weak body will fall ill. You need strength to get ahead in life. Neglecting body health is the deadliest sin.
- Exercise regularly, even if it is for a few minutes a day. Walking, jogging, yoga, anything will do.

- Learn techniques of stress management and stress relief, for example, time management, goal setting, relaxation exercise, creative visualization, positive thinking. Learn to relax. A relaxed body and mind is better equipped to deal with stresses and tensions.

- Develop good relationships and nurture them. Learn the art of networking (not just online), understand its value. This is your support system that will come to your help when you need it, besides giving you a sense of assurance.

- Sleep well: Parties, disco, outing and all is fine, but taking a sufficient sleep helps you in keeping a fit body and sharp mind. A good night's sleep gives you the capability to deal with stressful situations in an appropriate and timely manner. You cannot expect a tired mind to come up with constructive solutions. Besides, lack of sleep lowers efficiency, reduces learning power and blunts the memory, giving you more reasons to be stressed about.

- Take a balanced view: Teen stress management is also about keeping realistic expectations and keeping in mind your strengths and weaknesses helps. If you commit yourself to too many goals, you are creating a sure recipe for tensions, and anxieties. Be realistic in your expectations and keep some time away for relaxing and enjoyable activities, even if it means spending an hour with other family members.

Teen Stress Management and Resilience

Resilience is the inner strength that helps one to manage stressful situations without getting excessively disturbed, and living life with one's full potential. It is a set of personality traits and qualities that makes one resilient. These include

- Having a supportive network of good relationships
- Expect change. Nothing is permanent in life.
- See things in perspective. Take a long term view.
- Don't overlook or avoid looking at problems.
- Participate regularly in relaxing activities that are enjoyable and fun.

At SouthWest Counselling Centre, we have a team of parenting and adolescent counsellors who can provide valuable support at this time.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre.

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Citizens Information

Know Your Rights: APPRENTICESHIPS

QUESTION

I'm leaving school soon but I don't want to go to college. What other options do I have?

ANSWER

You could consider looking for an apprenticeship. An apprenticeship involves on-the-job training with an employer. It will prepare you for work in a specific area or craft such as construction, engineering, motor or electrical. You can find information about different types of apprenticeships on the website apprenticeship.ie.

Apprentices get an allowance while training on the job. Their employer pays a recommended apprenticeship wage. The rates of pay can vary, depending on the apprenticeship and on your employer. Generally, rates will rise as you gain more skills.

During off-the-job training, a craft apprentice allowance is paid. The allowance is calculated in relation to the take-home wages paid in each trade sector. Sometimes, you will also get a contribution towards travel or accommodation costs.

It can take two to four years to complete an apprenticeship. To be accepted, you must be at least 16 years of age and have a minimum of grade D in any five subjects in the Junior Certificate or equivalent. Some employers may require higher educational qualifications. If you don't have the required grades, you can still be registered by an employer as an apprentice if you satisfactorily complete an approved pre-apprenticeship course.

To secure an apprenticeship, the first step is to find an employer who employs apprentices in the specific craft or occupation that you are interested in. The website apprenticeship.ie lists websites that advertise apprenticeship vacancies.

If you are interested in taking up an apprenticeship, contact the Apprenticeship Section of your local Education and Training Board (ETB) for advice.

Further information is available from the Citizens Information Service below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



CELEBRATING THE ANCIENT FESTIVAL OF BEALTAINÉ AT A SPECIAL EVENING OF IRISH FOOD AND FOLKLORE AT DANÚ RESTAURANT AT THE BREHON, LIZ O'BRIEN, CIARA O'GRADY, KATHLEEN LENIHAN, GLENEAGLE GROUP AND BREDIA JOY. PHOTO: VALERIE O'SULLIVAN



THE BUSY LADIES BEHIND SCENES OF THE MON NS PITCH & PUTT FUNDRAISER AT DEERPARK L-R SIOBHAN O'SHEA, MARY BROSNAN, NIAMH O'SHEA, ALICE O'BRIEN, JANE BROSNAN & AUDREY O'LEARY. PICTURE MARIE CARROLL-O'SULLIVAN



PICTURED AT THE BREHON HOTEL FOR THE STEPHEN LYNE COFFEE MORNING WERE L-R NIALL & SUSAN O'DONOGHUE AND TERESA IRWIN. PICTURE MARIE CARROLL-O'SULLIVAN



ELAINE AND BILLY HENNIGAN, MARY AND SIMON EVANS, FRANCES AND LUCIA GREANEY AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



PICTURED AT THE MALTON HOTEL FOR THE PRE LAUNCH OF "HEAR US NOW", A FILM STARRING KERRY PARENTS & FRIENDS AND ST JOHN OF GODS WERE L-R SHEILA BROSNAN, TOM O'DOHERTY (INCLUSION OFFICER KILLARNEY VALLEY ATHLETICS), STEPHEN BROSNAN, BRENDAN O'SULLIVAN, MATT HEALY (JOB COACH KERRY PARENTS & FRIENDS) & JERRY GRIFFIN (KILLARNEY COMMUNITY MICRO TRACK). PICTURE MARIE CARROLL-O'SULLIVAN



ELAINE, REECE & ADRIAN O'DONOGHUE ENJOYING THE STEPHEN LYNE COFFEE MORNING AT THE BREHON HOTEL. PICTURE MARIE CARROLL-O'SULLIVAN



CELEBRATING THE ANCIENT FESTIVAL OF BEALTAINÉ AT A SPECIAL EVENING OF IRISH FOOD AND FOLKLORE AT DANÚ RESTAURANT AT THE BREHON, NOEL ENRIGHT, KIMMIE O'KEEFE, TREVOR O'KEEFE AND LYNDIA BROSNAN. HEAD CHEF CHAD BYRNE AND HIS TEAM CREATED A SUMPTUOUS FIVE COURSE MENU FROM SEASONAL PRODUCE TO CELEBRATE THE END OF WINTER AND THE INTRODUCTION OF DANÚ'S NEW SUMMER MENU. PHOTO: VALERIE O'SULLIVAN



L-R DERRY MCCARTHY, BRIAN MCCARTHY & NATHAN CRONIN ENJOYING THE MON NS SCHOOL FUNDRAISER AT DEERPARK PITCH & PUTT CLUB. PICTURE MARIE CARROLL-O'SULLIVAN

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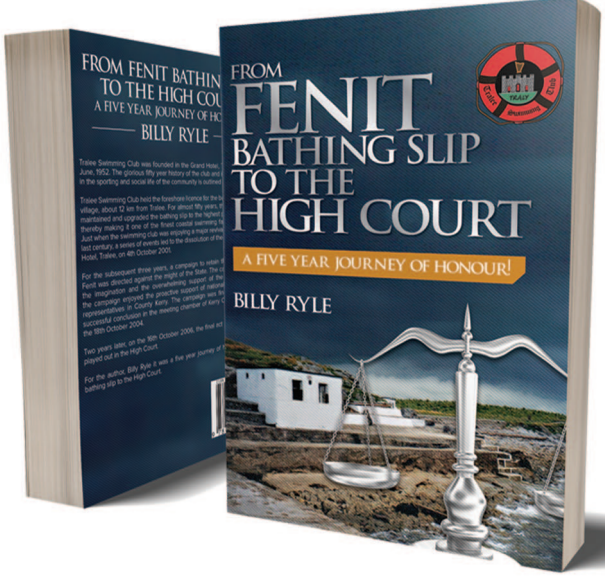
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ST. BRIGID'S PRESENTATION SECONDARY SCHOOL KILLARNEY ARE ALL-IRELAND JUNIOR A BASKETBALL CHAMPIONS!

St. Brigid's Junior Basketball team were crowned All-Ireland Junior A Basketball Champions yesterday in the National Arena in Tallaght, Dublin.

The panel of 18 girls (comprising sixteen 2nd Year students and two 1st Year students) coached by local woman Kate Donnellan and teacher Emma Bunworth played their hearts out to take the All Ireland Junior A Basketball Title.

Path to the All-Ireland

The girls encountered tough opposition in the All Ireland Playoff Tournament which was held in Clonaslee Community Centre, Co. Laois on Monday 3rd April last. Having been assigned Pool A, their first opposition was a strongly favoured Cork side from Regina Mundi. The local Pres girls gave them little advantage scoring a whopping 49 to Cork's 19. Their second game was against local Clonaslee and they won on a score line of 30 to 25. St. Brigid's encountered Coláiste Enda, Galway in their final match and won convincingly by 32 to 24.

Having qualified for the All Ireland Semi-finals in the National Arena yesterday, the Pres girls were determined to make up for last year as they lost out narrowly to Scoil Chríost Rí Portlaoise in the First Year Final. They have to face their biggest fear when they were drawn to play old rivals Portlaoise in the Semi-final. It was a huge task but the girls left no stone unturned as they showed unbelievable skills and sheer determination to ensure that Scoil Chríost Rí were never going to get the upperhand. Tara Murphy opened the score with a well taken shot and Julie Delaney and Lyselle O'Shea added baskets within a minute. Despite Portlaoise calling the first timeout, the Pres girls continued to score and were 10-7 ahead at the end of the first quarter. The expert advice from team coach Kate Donnellan worked wonders as the Pres girls pulled away from Portlaoise in the

second quarter leaving a gap 22-9!

Ava Sheehan opened the scoreboard in the third quarter followed by a well taken shot from Ava Doherty. Julie Delaney and Lyselle O'Shea added more baskets with little reply from the Portlaoise side. The score at the end of the 3rd quarter was Pres 36 to Portlaoise's 19. The final quarter was very intense as was expected because the Portlaoise girls wanted to make history winning back to back titles yet the Pres girls had another agenda. It was a very tough quarter with some excellent shots from both sides. Portlaoise continued to reduce the margin and with a minute to go, Portlaoise got two free shots leaving only one basket between the teams 40-38. Pres girl Ava Sheehan was then awarded two shots. Before she took them, team coach Kate Donnellan called timeout. This proved vital! Ava Sheehan stood calmly and with precision scored both. The bell rang and Pres Killarney had beaten old rivals Portlaoise 42-38.

The final followed within the hour and Pres Killarney played Malahide who had earlier seen off Carrigaline Community School, Cork. Deirdre Lyne opened the score for the Killarney girls and it quickly settled the team. Tara Murphy, Julie Delaney, Evie Culloty & Lyselle O'Shea added to the tally and the Pres girls were well ahead at the end of the first quarter leading 16-3.

Ava Doherty scored numerous times in the second quarter to further advance the lead 23-11 going into the third quarter. After half time, Malahide appeared to find their composure and netted a few fine shots to narrow the gap to 27-22 going into the final quarter. Ava Sheehan displayed most accurate skill with two fine baskets to push the Pres girls 31-22 ahead. Julie Delaney added to the tally before Malahide had any response. They battled hard and tried their best but the Pres girls were superior and well



JULIE DELANEY & LYSSELLE O'SHEA

taken shots from Ava Doherty, Ava Sheehan & Jade Potts ensured that the 2017 All-Ireland Junior A Basketball title was coming to the Kingdom. The final score was 37-27.

A great result for a great team of girls. As the team coach Kate noted, 'this team is two years in the making'. They were very unlucky last year but their sheer dedication – hard work and training has made it all possible today.

Well done to all of the girls and their coaches and mentors Kate Donnellan & Emma Bunworth.

Team:

Treasa O'Sullivan, Tara Murphy, Lyselle O'Shea, Julie Delaney (captain), Ava Doherty, Ava Sheehan, Jade Potts, Aisling Stack, Evie Culloty, Holly Power, Mairead O'Mahony, Deirdre Lyne, Isabelle Murphy, Brid Flynn, Chloe O' Connor, Sarah Fleming, Olivia Goulding, Lauren Horgan.



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SIOBHAN FORDE, LEFT AND SHARON O'KEEFFE, GLENEAGLE HOTEL, GROUP. PHOTO: VALERIE O'SULLIVAN



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AOIBHIN EVANS AND PIA HICKEY COMPETING AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



CELEBRATING THE ANCIENT FESTIVAL OF BEALTAINNE AT A SPECIAL EVENING OF IRISH FOOD AND FOLKLORE AT DANU RESTAURANT AT THE BREHON, ALI O'RIADA, MARGARET O'DONOGHUE, GLENEAGLE HOTEL GROUP, JOHN O'DONOGHUE, THE BREHON HOTEL. PHOTO: VALERIE O'SULLIVAN



L-R TERESA O'BRIEN JNR WITH HER MUM TERESA O'BRIEN AND MARGARET JONES, PICTURED AT THE MALTON HOTEL FOR THE FILM PRE LAUNCH OF "HEAR US NOW". PICTURE MARIE CARROLL-O'SULLIVAN



DECLAN MCCARTHY CAPTAIN (RIGHT) PRESENTING FIRST PRIZE IN THE FOURBALL QUALIFIER SPONSORED BY GALLIVAN, MURPHY, HOOPER, DOOLAN TO PETER WICKHAM WITH (LEFT) PRIZEWINNER MIKE QUIRKE AT KILLARNEY GOLF CLUB.



ESTER, MIRIAM AND EDITH GREEN AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



AOIFE O SHEA, O SULLIVANS BAKERY, SUSAN BROWNE LIGHT LIFE LEARNING, HELEN O SULLIVAN O SULLIVAN'S BAKERY PICTURED AT A RECENT KERRY BUSINESSWOMENS LUNCH AT THE ROSE HOTEL TRALEE, WHERE BREDA STACK THE DECLUTTER THERAPIST™, WAS SPEAKING.



JOHN PAUL DOYLE (LEFT) PICTURED WITH FILM DIRECTOR TADHG HAYES (RIGHT) AT THE FILM PRE LAUNCH OF "HEAR US NOW", THE MALTON HOTEL. PICTURE MARIE CARROLL-O'SULLIVAN



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KILLARNEY CELTIC NOTES

RESULTS

FAI SENIOR CUP:

KILLARNEY CELTIC 1 BOYLE ROVERS 0

Killarney Celtic have been thirsting for days like this ever since our inception 41 years ago. We have always tried to compete at all grades and last Saturday in an absolutely immaculate Celtic Park (thanks as always are due to Packie, Joe, and all their fantastic helpers as well as our unstinting Fás Staff), and again we had a massive crowd to get behind the team on their way to making history (thanks again to each and every one of you, and to the friendly and sporting Boyle supporters as well). Celtic made the better start and midway through the first half Pa McGrath got a bullet header onto a pinpoint Matt Keane corner to send Celtic Park into raptures. The job wasn't done yet though, Brian, Eoghan, David, and all the players are around far too long to be caught that way, and it turned into a real adrenaline surge of a battle, both teams giving it everything in a great display of soccer – but Boyle couldn't pull it back and Celtic go into the draw for the Senior Cup. I'll allow fate to tempt on such a day – Cork City, Dundalk, Shamrock Rovers....any and all of ye are welcome to Celtic Park, and we'll have the kettle on and sandwiches ready.

Killarney Celtic: Roy Kelliher, Chris O'Leary, Brendan Falvey, John McDonagh, Jamie Spillane, Gary Keane, Pa McGrath, Wayne Sparling, Matt Keane, Cathal O'Shea, Peter McCarthy. Subs: Chris Brady, Anthony O'Leary, Conor McCarthy, Stephen McCarthy, Stephen Hayes, Conor Randall, Lee Downing.

JIMMY FALVEY YOUTH CUP REPLAY: ST. BRENDANS PARK 1 KILLARNEY CELTIC 0

It was never going to take much to break the deadlock between two top quality sides who know each other so well – they have been rivals for titles all up along the way. On this occasion it was Park who made the breakthrough; fair play to them and we wish them well in the final.

U15 PREMIER: ST. BRENDANS PARK 0 KILLARNEY CELTIC 3 A superb team performance against a very good Park side. Jack McCarthy, James Darmody, and Terry Sparling got the crucial goals.

U14 SHIELD: KILLARNEY CELTIC B 6 DINGLE BAY ROVERS 1

Celtic were always in control here – credit to Dingle, they never once gave up and kept coming at us, an admirable trait in any team. Celtic now progress to the semi-finals.

U13 CUP: KILLARNEY ATHLETIC 3 KILLARNEY CELTIC 0 Celtic have already won the league but lost out here in a cracking contest to an excellent Athletic; fair play to them and let's hope that both trophies can reside in Killarney!

U11 PREMIER: KILLARNEY CELTIC GREEN 2 KILLARNEY ATHLETIC 0

Goals from Josh Bowler and Fiadhra Roarty saw us take a win in a good, well-matched game.

U11 PREMIER: KILLARNEY CELTIC WHITE 7 KILLARNEY ATHLETIC 2

Mickey Murphy took a hat-trick, with Pdraig O'Donoghue, Cian Guerin, Matthew Moynihan,

and Jason O'Reilly also on target on the day. Congratulations to U15 player Terry Sparling on making the Kerry Schoolboys/Schoolgirls Team of the Week.

FIXTURES

DENNY PREMIER

Killarney Celtic away to Inter Kenmare, Friday, 7.00pm

U16 Cup Semi-Final: Killarney Celtic away to Killorglin, Saturday, 12.30pm

U15 Premier: Killarney Celtic at home to Listowel Celtic, Saturday, 1.30pm (tbc)

U12 Girls Cup Semi-Final: Killarney Celtic at home to Camp Juniors, Saturday, 2.00pm

U12 Premier: Killarney Celtic away to Iveragh, Tuesday (9th) at 7.00pm

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SCHOOLBOY/GIRL SOCCER

SEMI FINAL PLACES THE BIG PRIZE AT THE WEEKEND

JOHN MURPHY 12 CUP ¼ FINAL

Park 1-1 Iveragh United AET

Park win 5-4 on penalties.

John Joe Naughton 13 Cup Last 16:

Mastergeeha 3-0 Listowel Celtic

¼ FINALS

Killarney Athletic A 3-0 Killarney Celtic A

JOHN JOE NAUGHTON 13 LAST 16

Fenit 3-2 Listowel Celtic B

13 SHIELD ¼ FINALS Killorglin 7-0 MEK

Castleisland 4-0 Fenit

TOM HAYES 14 SHIELD ¼ FINAL

Killarney Celtic B 6 -1 Dingle Bay Rovers

HEALY FAMILY CUP ¼ FINAL

Ballyhar 3-4 Killarney Athletic

HEALY FAMILY 15 SHIELD ¼ FINAL

Park D 1-4 Ballyheigue

LEAGUE RESULTS

Moriarty's Centra 11's:

Premier: Castleisland 2-1 Mastergeeha

Killarney Celtic A 2- 0 Killarney Athletic A

DIVISION 1: Ballyhar 1 -7 Tralee Dynamos

DIVISION 2: Castleisland B 3-6 Mastergeeha

B. Killarney Celtic B 7-2 Killarney Athletic B

DALY'S SUPERVALU 13 PREMIER

Park A 5-0 Park B (Mid Week)

Park A 1-0 Killorglin A

13 DIVISION 1

Listowel Celtic B 0 -0 Iveragh United

13 DIVISION 2

Killorglin B 1-1 Inter Kenmare

KILLARNEY PLAZA 15 PREMIER

Listowel Celtic 0-4 Tralee Dynamos

Park 0 -3 Killarney Celtic

REPORTS:

PARK INTO 12 CUP SEMI AFTER

CRACKER: The Park have qualified for the John Murphy 12's Cup semi-finals after a game with Iveragh United that went down to the wire. Darragh Cunnane for the Park and Oisín Breen for Iveragh traded goals in normal time and with no further scores in extra time it went to spot kicks.

The Park went 5 from 5 with Callum O'Sullivan, Ray McGrath, Odhrán Ferris, Richie Healy and Obina Izahi all successful from the penalty spot. Sadly for Iveragh they missed one to see the Park going through.

ATHLETIC WIN 13 CUP DERBY:

Killarney Athletic were 3-0 winners over their cross town neighbours Celtic in the John Joe Naughton 13 Cup ¼ Final. With Celtic having won the Division 1 title the home side in Woodlawn were determined to stop them going a step further to a double and keep alive their very realistic hopes of a big Cup win. Roco Rejucav scored from the penalty spot after Alex Hennigan was taken down and then Hennigan himself made it 2-0 in the second half. With both sides really going for it Rejucav wrapped it up for Athletic with a perfectly struck free kick.

Mastergeeha are through to the Last 8 on a 3-0 score line over Listowel Celtic.

KILLORGLIN C AND CASTLEISLAND

INTO 13'S SHIELD SEMI-FINALS: Fenit had a 3-2 win over Listowel Celtic B to reach the Last 8 in mid week. Eddie McCarthy, Fiachra O'Connor and Paddy Falvey got the Fenit goals while Nikolai O'Callaghan and Charlie Donovan got the Listowel Celtic B goals.

However they went out at the weekend as it is Castleisland that are in the last 4 draw following a 4-0 win. Ryan Dennehy hit 3 and Alex Kapp one to see their side progress.

Killorglin C had a hat trick from Dara O'Connor and goals from Marc Murphy, Tim Mangan, Tony Og Duffy and John Burke as they got past MEK to book their place in the Last 4.

KILLARNEY CELTIC B PROGRESS IN

14'S SHIELD: Killarney Celtic are into the hat for the next round of the 14's Shield as they defeated Dingle Bay Rovers 6-1. Ben O'Brien got the goal for the West Kerry boys.

ATHLETIC TAKE LAST 4 SPOT IN 15 CUP:

Killarney Athletic booked their Healy Family 15's Cup semi-final after they just got past Ballyhar in a 7 goal thriller. Eoghan Mulvanney, Godwin Oseba, Owen Benson and Eoin Moynihan got the Athletic goals. Dylan Callaghan was unlucky that his hat trick didn't at least force the game into extra time.

Sea siders go through:

In the Healy Family 15 Shield ¼ Final Ballyheigue were 4-1 winners over The Park D to go through to the semi-finals.

League Results:

MORIARTY'S CENTRA 11'S

In the Moriarty's Centra 11's Killarney Celtic did the double over neighbours in two good contests. In the Premier Celtic won thanks to goals from Josh Bowler and Fiachra Roarty while in the Division 2 game the Hoops won a little easier with their goals coming from Mikey

Murphy, Pdraig O'Sullivan, Cian Guerin, Jason O'Reilly and Mathew Moynihan. Athletics goals came from Kasper Bwozy and Enna Kearney. Castleisland and Mastergeeha enjoy a win a piece. In the Premier game it was Castleisland that took the win thanks to 2 Jack Joy goals while John Hughes replied for Mastergeeha.

In the Division 2 game Mastergeeha were the winners with Barry Collins hitting 4 and Adam Whitty 2 while Joshua Ryan, Owen Joy and David Healy.

There was one game in Division where Tralee Dynamos defeated Ballyhar 5-1 with Aaron O'Sullivan getting the Ballyhar goal. For the winners Adam Evans, Mathew Rogers and Leon O'Connor scored two each with Brandon Long also on the mark.

POINT A PIECE NOT WHAT EITHER WANTED IN 12 PREMIER

Mastergeeha and Listowel Celtic shared the points in the JK Sports 12's clash in a game that both would have wanted to win. Alan O'Leary and Sean Doolan scored for Mastergeeha who remain 4th while goals 2 goals from Cormac Dillon goals gave Listowel Celtic a point but they remain 5th.

Park go level at the top of 13 Premier:

The Park A closed the gap on Killorglin in mid-week to three points at the top of the Daly's Supervalu 13 Premier Division. The A's defeated their club mates the B's 5-0 with Samuel Aladisanusa, Messiah Chirwa, Sean O'Connor, Cianan Cooney and Sean O'Connell.

On Saturday they defeated their closest rival to go level at the top of the table with both sides now on 22 points from 9 games. Messiah Chirwa got the only goal of the game.

IVERAGH GET POINT FOR 2ND

Iveragh United got the point they needed to secure 2nd place thanks to a 0-0 draw away to Listowel Celtic B. They finish on 15 points, a point ahead of Ballyhar. Killarney Celtic have been crowned champions of this Division a few weeks ago.

POINTS SHARED IN 13 DIVISION 2

Killorglin B and Inter Kenmare shared the points in a 1-1 draw which leaves both sides in



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mid table.

15 PREMIER BATTLE HEATS UP

Killarney Celtic's 3-0 win over The Park has dwelt the Tralee side's hopes of winning the Division a blow. Celtic lead the way after goals from Jack McCarthy, James Darmody and Terry Sparling.

Tralee Dynamos are their biggest challengers and they added another 3 points to their total after a 4-0 away win in Listowel. They defeated Celtic tanks to 2 goal from Sean Kennedy, fresh from his latest Irish outing, Junior Ankomah and an own goal.

MASTERGEEHA FC

U11 Castleisland v Mastergeeha. The boys had two games away in Castleisland on Saturday afternoon. All did well with John Hughes, Barry Collins, and Adam Whitty getting the goals.

U12 Mastergeeha 2 Listowel 2. In the close game the boys were two down at the start of the second half despite being the better side. After this Mastergeeha pushed forward and got a goal back when Alan O'Leary scored following a corner. With five minutes remaining Mastergeeha equalised when Sean Doolan finished well. In the closing stage Mastergeeha

were unlucky not to get all three points when Eoin Kelly had a shot hit the cross bar.

DIV 1B

Mastergeeha 2 Windmill 1. In this game Mastergeeha got off to a great start with Carlo scoring after 10 minutes. However early in the second half the visitors equalised. In the final part of the game Mastergeeha pushed forward with Pdraig Doyle getting the winner in the closing stages.

U12

Kerry Community Games. Mastergeeha hosted the U12 soccer finals of community games on last Sunday. With a large number of games played on the Kilcummin were unlucky not to get a medal and showed great spirit throughout.

MASTERGEEHA FC LOTTO

There was no winner on Friday 28th April, 2017. Numbers drawn were 1, 5, 21, 22. Consolation prizes were €100 Kathleen Devane, Mastergeeha, Kilcummin. €60 J. O'Sullivan, c/o Kilcummin Post Office. €30 Ian O'Leary, c/o Kilcummin Post Office. €30 William & Carl O'Shea, Milleen, Kilcummin. €30 Zach & Marie Curtin, c/o Bertie. Jackpot now €7,050.

SCÓR SINSEAR CRAÓBH NA HEIREANN

The All Ireland finals of Coiste Scór Sinsear in the Quiz will take place at the Waterfront Theatre, Belfast on this Saturday May 6th with a starting time of 11am. Kerry's only representative at the finals will be the Rathmore Quiz team, former three time All Ireland winners of this competition which consists of Donie O'Leary, John S. O'Sullivan, Tony Moynihan and Dan Vincent O'Connor.

Down through the years this discipline of Scór has generated great interest amongst the Clubs of the county with both Churchill (Senior) and Spa, (Junior) both deprived of a recent 3-in-a-row of All Ireland titles by a single point. Certainly Rathmore, former All Ireland senior winners, are no strangers to this stage of the competition having won national titles on three previous occasions; in fact they have been pipped at the post for the last three years by Churchill at county level who went on to win national Quiz titles. A tie breaker

was needed to separate the teams on two occasions at county final level. This will give an indication of the standard of competition in the County where at least five other clubs were also in contention for honours. Kerry have won six national titles in the Quiz with Furies crowned champions for the first time for the Kingdom in 1980 followed by Rathmore (1995, 2007, 2011) and Churchill (2014, 2015). The remainder of the days programme will get underway at 3pm.

Lá na gClub

The importance of YOUR GAA club in YOUR community will be highlighted as 'Lá na gClubanna' takes place on this coming weekend. Cumann Lúthchleas Gael is making prizes available to clubs who participate in Lá na gClubanna including the chance to win an overnight stay and match tickets to an All-Ireland senior semi-final of their choice. As well as that, 'Lá na gClubanna' events will be captured by professional photography and

video for two lucky clubs. For YOUR club to be in with a chance of winning, clubs can submit their plans by email to communications@gaa.ie detailing why it is they should win and what lengths they have gone to in order to organise their Lá na gClubanna events. The GAA is encouraging every member to mark this special day of celebration by participating at events in their club in recognition of the vital role that our clubs and members play at the heart of the GAA. For full information, visit www.gaa.ie/lanagclubanna



If you want to keep up to date on a daily basis make sure to follow us on @killoutlook

OUTLOOK SPORTS NEWS

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JOHN O'LEARY KERRY GAA PRO GIVES HIS WEEKLY ROUND-UP OF GAA EVENTS IN THE COUNTY

SENIOR CLUB CHAMPIONSHIP

Dr Crokes qualified for their sixth senior Club

Championship final in a row with a five point victory over Rathmore (1-15 to 1-10) at Fitzgerald Stadium. Meanwhile, Legion surprised many observers by going to Dingle and defeating the local side in the Round 1 replay by the minimum margin (1-12 to 1-11) to set up a semi final meeting with Kenmare on Sunday next in Fitzgerald Stadium at 2:30pm for the right to play All Ireland champions Dr Crokes in the final.

INTERMEDIATE CHAMPIONSHIP

The meeting of the last two All Ireland Junior Club champions, Templenoe and Glenbeigh/Glenclar in Templenoe on Saturday last resulted in a two points victory for the homeside (1-10 to 0-11) while there were six goals scored in Cahersiveen where St Marys came from behind to defeat a gallant Desmonds side by four points (4-10 to 2-12). Meanwhile in Gallarus on Bank Holiday Monday the home side had five points to spare over Ardferit (1-14 to 0-12). So Templenoe, St Marys and An Ghaeltacht join Laune Rangers in the Intermediate semi finals.

PREMIER JUNIOR CHAMPIONSHIP

There was just one game in the Premier Junior Club Championship this weekend with Na Gaeil getting the better of Churchill by five points (0-17 to 2-6). The Tralee side join Furies, Dromid Pearses, and Skellig Rangers in the semi finals.

JUNIOR CHAMPIONSHIP

Castlegregory secured their semi final place with a one point victory over Duagh (1-10 to 1-9) while Ballyduff made the long trip to Tuosist but lost out by the minimum margin (1-5 to 0-7). So Castlegregory and Tuosist join Lispolé and Listry in the semi finals.

NOVICE CHAMPIONSHIP

There was just one game in the Novice championship last weekend with Scartaglen securing a semi final place thanks to a narrow one point victory over Knocknagoshel (0-11 to 1-7). Ballylongford gave a walk over to Beale in a Preliminary Round game and there is another Preliminary Round game fixed for Saturday next when Clounmacon play Cromane for the right to play Kilgarvan. The final Preliminary Round game does not go ahead until May 27th when Moyvane play Asdee with the winners travelling to Beale in Round 1.

SENIOR FOOTBALL CHAMPIONSHIP RELEGATION PLAYOFFS

Austin Stacks comfortably securing their championship status with an emphatic 1-15 to 0-9 victory over their Tralee rivals Kerins O'Rahillys. Kilcummin will play Dingle in



BOTH DAVID MORAN AND KIERAN DONAGHY BATTLE FOR ARIAL DOMINANCE DURING THE KERINS O'RAHILLYS V AUSTIN STACKS ENCOUNTER IN THE CASTLEISLAND MART. PHOTO PADDY WHITE.

the other round 1 game on Sunday next in Killorglin at 2:30. That competition will then be parked until the latter stages of the Senior Football Championship.

GARVEYS SUPERVALU SENIOR FOOTBALL CHAMPIONSHIP

The Garveys Supervalu senior football championship gets underway on this weekend when St Brendans and Shannon Rangers meet in a qualifier game at Austin Stack Park on Saturday at 6:30pm. The winners will play Kilcummin in Round 1.

BUSY WEEK FOR MINOR FOOTBALL MANAGEMENT TEAM

The next week or so will be a busy one for the Kerry Minor Football management team with two knockout games at Under 17 and Minor level down for decision. The Under 17 squad were in action on Tuesday evening against Tipperary with the winners of that game in action in the final against Cork or Limerick on Tuesday 16th May.

Meanwhile the Kerry minor squad will be putting the finishing touches to their preparations for a winner takes all meeting with Cork in Páirc Uí Rinn on Wednesday May 10th (7pm). Kerry are sweating on the fitness of Sean O'Leary and Patrick Warren, both played against Clare in Round 1, who are recovering from injury and the likes of Cian O'Callaghan and Cian Gammell, both of whom were involved last year, are also rehabbing from injury but hopefully all four will be fit for the Cork game.

KERRY GAA "NIGHT OF CHAMPIONS" AT THE KINGDOM GREYHOUND STADIUM

Kerry GAA and the Kingdom Greyhound Stadium are delighted to announce that the annual "Night of Champions" fundraising event for Kerry GAA teams will take place at the Kingdom Greyhound Stadium on Friday

June 16th 2017 and will be broadcast live on Radio Kerry. More details next week.

LÁ NA GCLUB

The importance of YOUR GAA club in YOUR community will be highlighted as 'Lá na gClubanna' takes place on this coming weekend. Cumann Lúthchleas Gael is making prizes available to clubs who participate in Lá na gClubanna including the chance to win an overnight stay and match tickets to an All-Ireland senior semi-final of their choice. As well as that, 'Lá na gClubanna' events will be captured by professional photography and video for two lucky clubs. For YOUR club to be in with a chance of winning, clubs can submit their plans by email to communications@gaa.ie detailing why it is they should win and what lengths they have gone to in order to organise their Lá na gClubanna events. The GAA is encouraging every member to mark this special day of celebration by participating at events in their club in recognition of the vital role that our clubs and members play at the heart of the GAA. For full information, visit www.gaa.ie/lanagclubanna

HURLING NEWS WITH TOMMY O'CONNOR KERRY HURLERS BACK TO WINNING WAYS

The Kerry senior hurlers got back to winning ways last Sunday with a 0 - 20 to 2 - 12 win over Westmeath at Mullingar in round 2 of the Leinster Senior Championship round robin series. Well done to all involved.

This sets up a crucial round 3 clash with Laois at Austin Stack Park on Sunday week, 14 May, 3.00p.m.

CREDIT UNION SENIOR HURLING LEAGUE

In the Credit Union Co. Hurling League Division 1, the remaining Round 2 game between Ballyheigue v Crotta goes ahead on this Friday, 5 May at Ballyheigue, 7.30p.m. Round 3 is scheduled for this Sunday, 7 May, 2.00p.m. with the following fixtures: Lixnaw v Ballyheigue; Crotta v Causeway; St. Brendan's v Ballyduff; Abbeydorney v Kilmoyley. Division 2 will be played on Wednesday evenings, commencing on 31 May.

CELTIC CHALLENGE

The Under 17 Celtic Challenge County & Divisional hurling competition commences on this Wednesday, 3 May when Kerry will play Limerick City at Austin Stack Park, 7.30p.m. This competition is aimed at players aged 16 and 17 years old who are not participating in State Examinations during May and June, Fixtures information on www.gaa.ie Kerry will play in Group B, competing with Clare South/East, North Cork, West Limerick, Limerick City and West Cork.

FÉILE NA NGAEIL HURLING

Congratulations to Kenmare/Kilgarvan on winning the 2017 Co. Under 14 Féile na Gael 'A' competition, defeating Ballyheigue by 2 - 12 to 1 - 4 in last Monday's final. The 'B' title was won for the first time by Tralee Parnell's.



KENMARE/KILGARVAN WHO WERE THE WINNER OF THE COISTE NA NÓG CHIARRAÍ LEE STRAND U.14 FÉILE HURLING FINAL AT ABBEYDORNEY ON MONDAY PHOTO JOE HANLEY



FIRIES U12 WHITES FOLLOWING THEIR VICTORY AGAINST BALLYDONOGHUE LAST WEEKEND.

EAST KERRY NOTES WITH ÁINE NÍ SHÚILLEABHÁIN PRO EAST KERRY JUNIOR LEAGUE

The last league round of games in the East Kerry Junior league, sponsored by Kerry Physiotherapy & Rehabilitation Centre, Killarney, were played during the week. Rathmore went through to the division 1 league final against old rivals Dr Crokes, after coming out on top by a point against neighbours Gneeveguilla. Three goals were scored by the mid fielders in the first five minutes of the game and Gneeveguilla scored a late goal from Padraig O'Sullivan to leave one point between the sides at the end. Donnchadh McCarthy was a dominant figure throughout and scored into the top corner to put Rathmore ahead in the first minute. The evergreen Michael S Murphy replied after three minutes for Gneeveguilla. Tommy Sheahan got in on the act on the fifth minute and claimed a major for himself and Rathmore. Gneeveguilla dominated with the stiff wind for the remainder of the half kicking eight points to three from Rathmore. Michael S Murphy was most prominent with Jamie Brosnan and Damien O'Sullivan kicking good scores. The McCarthy cousins Donnacadh and Patrick were to the fore for Rathmore. Gneeveguilla were ahead at the break 1-9 to 2-3.

In the second half Rathmore had the conditions (a strong sun, stiff breeze and a heavy hailstone shower) and with scores from Denis and Patrick McCarthy. In the fifth minute Donnacadh McCarthy had his second goal. However Philip Cremin scored a goal for Gneeveguilla on the sixteenth minute to leave a goal between the sides, Rathmore leading 3-10 to 1-10. Rathmore followed up with an additional four points while Gneeveguilla claimed three points. The goal from O'Sullivan came late but Gneeveguilla did have a few chances to equalise the game in a frantic few minutes of injury time. Final score Rathmore 3-13 Gneeveguilla 3-12.

In Division 2, Glenflesk progressed to the final against Spa, when they won their game against Kilcummin, 2-13 to 1-09.

EAST REGION U16 LEAGUE

The Division 1 and 3 Finals of MD O'Shea East

Region U16 League are fixed for Monday the 8th May. In Division 1, Rathmore have qualified for the Final and await the outcome of Dr Crokes versus Firies semi final. In Division 3 Beaufort topped the league table and so are through to the Final against the winners of the semi final, Spa V Fossa. In division 2, Gneeveguilla are through to the Final and Listry /Keel have reached the semi final. There is a playoff between Glenflesk and Kilcummin, to determine the second team in the Division 2 semi final. The division 4 final sees Kilgarvan/Tousist tke on Dr Crokes B in Kilgarvan. Date TBC.

KILLARNEY PARADE 50 YEARS OF COUNTY COISTE NA ÓG

As part of the celebrations to mark 50 years since the founding of the County Coiste na nÓg, a Parade of Juveniles (from U6 to U16's), from clubs in East Kerry and Mid Kerry GAA clubs will be held in Killarney town next Sunday (7th May) between approximately 11.30am and 1.30pm. Starting at Fitzgerald Stadium, the boys and girls in their club colours with flags and banners will be led out by a Piper. The Parade will travel down Lewis Road, Plunket Street, High Street and return to Fitzgerald Stadium via St Anns road. Clubs are asked to come out and support their players in the Parade along the route. The juvenile players with parents and mentors are asked to gather at Fitzgerald Stadium at 11am, via the Lewis Road Entrance only. Final details of the Parade order will be issued to clubs during the week.

EAST KERRY BOYS PRIMARY SCHOOLS SKILLS COMPETITION 2017

East Kerry/ Kenmare primary school boys skills competition took place during the week. East Kerry schools took part in Dr Crokes pitch last Tuesday. The standard was excellent with Presentation Monastery NS (Matthew Horgan, Senan O Leary, Eoghan Crowley) team sharing the top team prize with Fossa NS (Ryan O Leary, Darren Ryan, Patrick Lyons). Evan Brosnan representing Loughguane NS won the individual section.

KENMARE DISTRICT BOARD BOYS SKILLS

Kenmare District Board boys skills competition took place on Thursday in Kenmare pitch. The format was teams of three with all players scores counting. Realt Na Mara NS Tuosist won the team section (Fiachra Breen, Eoghan McCarthy, Sean Treycad) performed superbly on the day. Adam Gull (St Johns NS) secured the individual prize with a fantastic performance.

EOGHAN RUADH BOYS SKILLS COMPETITION

Eoghan Ruadh boys skills competition took place in Glenflesk on Friday. Firies NS team (Stephen Palmer, Padraig Fell, Aaron Burke) won the team event with a solid display. Jack O Donoghue (Glenflesk NS) won the individual event with a wide range of excellent individual skills on display. Many thanks to all teachers and secondary school students for assisting East Kerry/ Kenmare GDA Vince Cooper in running the events. Best of luck to all players taking part in the county final on Friday 12th of May.

BEST OF LUCK- SCOR SINSIR ALL IRELAND FINALS

The very best of luck to Rathmore Quiz team in the All Ireland Finals of Scor Sinsir on Saturday 6th May in the Waterfront Hall, Belfast. Beir bua agus beannacht.

SPA GAA NEWS COISTE NA NOG

There is no ABC or U6 training next Saturday May 6th, resumes again Saturday 13th 11.30-12.15. Free for all 3-6 boys and girls. Training continues normally for all other age groups.

U12 BOYS

Played their final group game of the county league, phase one, away to Renard last Sunday. Spa Blue, won by a score of 4-17 to 5-12. Spa gold, won by a score of 5-30 to 1-4. Fantastic performance by both teams who played to a very high standard. Training is going well for the boys, as the results are showing. Training continues Wednesday evenings 6-7pm.

U14 BOYS

Our u14s played Dromid/Waterville away in the county league last Wednesday. Spa started slowly trailing by 3-1 to 0-3 early on, until Timmy Moynihan crashed home a goal



followed by 2 more by Harry White and Eoghan Mulvany. Giving the boys in blue a three point lead at half time. The South Kerry boys struck first with in the 2nd half with 2 well taken goals. However Timmy Moynihan and Eoghan Mulvany kept the scoreboard ticking over, till Sean O Sullivan was pulled down providing the equaliser. A further goal by man of the match Timmy Moynihan gave Spa the vital score as they ran out 4-9 to 5-4 victors. Special mention must be given to outstanding displays in defence by Sean Hickey and Bailey O Sullivan and Eoghan in attack. A result that keeps Spa in the hunt for a Semi Final berth.

LADIES FOOTBALL

U6-u12 training continues Saturday mornings at usual times.

U14 GIRLS

Played at home to Scartaglen and a cracking first half with both teams playing a stormer of a game. Unfortunately, lost on the day but a great effort by our young team.

U16 GIRLS

Spa travelled to our neighbours Dr Crokes last Thursday night and had a very poor first half. Down 13 points but clawed their way back to come away with a draw on the night.

UPCOMING FIXTURES

Tuesday May 2nd: East Kerry Junior Final Div 2

Spa V Glenflesk @7pm in Rathmore

u16 Girls

Thursday May 4th

Spa V Finuge @6pm in Spa

Wednesday May 10th

U14 Boys home to Skellig/Valentia

LEGION

CLUB CHAMPIONSHIP REPLAY

DINGLE 1-11 KILLARNEY LEGION 1-12

While most people thought that a Legion win here in Dingle was a longshot the seniors certainly took an altogether different view of matters as they turned in another fine team performance. Built on a defence that was determined and aggressive - and they needed to be - the game swung from end to end. The opening quarter saw the sides swap score for score to leave it at 3pts.each when man of the match Jack O'Neill turned over a Dingle ball and found Conor Culloty with a pinpoint foot pass and he coolly placed his shot to the net. The home side were stung into a response and a series of points saw the Legion go in at the break leading on a 1-7 to 8pts.scoreline. Nobody in the fine crowd doubted that this game would go down to the wire and so it transpired as the exchanges intensified. James O'Donoghue's movement dragged the Dingle backs out of position regularly thus opening the way for the other forwards who weren't shirking from hard graft as they kept up the pressure on the Dingle backs. Having slipped into a 4pt.lead the Legion seemed to have made a decisive break but with 15 mins.left on the clock Dingle took advantage of a rare defensive mix up and duly punished it with a goal to leave the minimum in it. However Conor Keane produced a sublime

point as he cut the ball with the outside of his boot whilst going away from goal to steady the ship. Dingle pushed hard and narrowed the gap to a single point but it was noticeable that they found it hard to overcome a resolute Legion rearguard and with their talisman Paul Geaney well marshalled by Danny Sheehan the clock ticked towards full time as both sides swapped points and with the clock just marking the third minute of injury time the final whistle blew to be greeted by loud cheers and immense satisfaction by the big and vocal Legion support that made the trip to Daingean Uí Chúis which was much appreciated by the management and team.

FIXTURES

Club Championship Semi-final - Killarney Legion V Kenmare Shamrocks, Sunday May 7th. at 1.30 p.m.venue to be decided.

Co.Championship Round 1 Killarney Legion V Kenmare Shamrocks, Sunday 14th. May in Derreen. (We'll be sick of the sight of each other by the end of it!).

U16 GIRLS

The U16 Girls continued their good form in their third league game against Ballymacelligott. The good conditions on the main pitch suited our girls who set a fast pace and displayed some lovely flowing football as they comfortably controlled the game. The game saw two goals scored for the Legion from Rebecca Walshe and Ciara Randles. A handsome return of 18 pts. from the forwards against a concession of 1-5 showed how well in control they were throughout. So they face Glenflesk in their final league game and do so in fine fettle.

U14 GIRLS Not to be outdone our u14 girls continued their county league div.2 campaign with a home game against Corca Dhuibhne. They took control of the game early on and despite conceding a couple of goals late in the first half went in at halftime on a score line of 2-6 to 2-1. Corca Dhuibhne started the second half strongly and reduced the deficit to 3 points before the Legion girls stepped up their performance again and through some excellent movement, passing, tackling and score taking restored their advantage. In an excellent game which flowed from end to end, Legion showed resolute defending and with emerging leaders on the pitch, came out on top on a score line of 4-13 to 4-6.

CONGRATULATIONS

Heartiest congratulations to Mikey Bernard O'Donoghue and wife Edel on the birth of their son Jamie Michael, a dead cert for a Legion senior jersey.

GET WELL

What a week for Adam Kissane who scored a goal for the u16 boys at the start of the week and finished it a number of days later by having his appendix removed, hopefully he will soon be back on playing fields picking up where he left off.

COISTE NA NÓG

Next Sunday sees the G.A.A. celebrate the 50th. Anniversary of Coiste na nÓg and to mark the

occasion a parade will be held for the clubs of East and Mid Kerry involving children from 6 to 16 in Killarney starting at 11.30 a.m.

LISTRY GAA NEWS

COISTE NA NOG PARADE

Kerry Coiste na nOg is celebrating its 50th year in existence this year. To mark the occasion it has organised a number of parades around the county on Sunday May 7th. The East Kerry parade takes place in Killarney at 12pm. Clubs are asked to assemble in the small pitch in Fitzgerald Stadium at 11.30am. All clubs are invited to bring along all juveniles from U6 to U12. Listry will take part so are therefore inviting members from 6 to 16 to assemble in Fitzgerald Stadium at 11.30am on the day.

LOTTO RESULTS

Number drawn on Sunday April 30th 1,5,7,14. No winner of the jackpot.

SPORT FIXTURES AND RESULTS:

U16 - next game is home semi-final in Allman Park V Glenflesk or Kilmuckin on Monday May 8th.

U12 County League on Sunday May 7th V Cromane in Allman Park at 6pm

Juvenile Results; U14 Keel/Listry played in Castleisland on Wednesday April 26th v Desmonds. Keel/Listry 3.20, Desmonds 5.09

U12 played at home V Duagh on Sunday last April 30th in County League. Div 5A Listry 2.07 Duagh 3.16. Div 5B Listry 4.09 Duagh 5.12.

MONTHLY GAA MEETING;

May's monthly meeting on Tuesday 9th at 21.00 at Listry Clubrooms. Please all members attend.

FIRIES COISTE NA NOG

SATURDAY MORNING TRAINING ACADEMY

Our Training Academy for the U6, U8 and U10 boys will be taking a two week break; on Saturday, 6th and Saturday, 13th May due to Holy Communions' within the parishes of Furies and Farranfore. Congratulations to all our members receiving the Sacrament. We look forward to welcoming you all back on Saturday, 20th May.

50TH YEARS OF COISTE NA NOG

Coiste na nOg is celebrating its 50th year. Celebrating this unique flagstone within our GAA community, all juvenile players in U-6, U-8, U-10, U-12, U-14 and U-16 have been invited to participate in the Parade. Furies Coiste na nOg will march in the Killarney Parade at 12:00noon from Fitzgerald Stadium. Further details will be posted on our social media once confirmed.

As this is a very special event in celebrating 50 years of Coiste na nÓg, all players are asked to bring flags, banners and tog out in their blue and white club colours.

LEE STAND FOOTBALL LEAGUE

Our U12 boys, both the blue and white teams are away to Castlegregory on Sunday, 7th May at 6:00pm in round 5 of the Lee Strand U12 League. Whilst our U14s are at home in their round 5 clash against Kerins O'Rahilly on Wednesday, 10th May at 7:00pm

LEE STAND HURLING LEAGUE



FÍRES U12 BLUES AHEAD OF THEIR ROUND 4 CLASH AGAINST BALLYDONOGHUE ON SUNDAY, 30TH APRIL

The U12 Hurlers face Kenmare/Kilgarvan on Friday, 5th May in their final clash in the Lee Strand U12 County League as they have a bye in their final round 5.

SATURDAY MORNING TRAINING ACADEMY

Our Training Academy for the U6, U8 and U10 boys will be taking a two week break; on Saturday, 6th and Saturday, 13th May due to Holy Communions' within the parishes of Fíres and Farranfore. Congratulations to all our members receiving the Sacrament. We look forward to welcoming you all back on Saturday, 20th May.

MILLTOWN CASTLEMAINE NEWS

CONFIRMATION
Congratulations to all our club members in the Castlemaine and Ballyfinnane area, who received the Sacrament of the Holy Spirit from Bishop Ray Browne last week.

FIRST HOLY COMMUNION

Best wishes to the boys and girls from Nagle Rice Primary School who will receive their First Holy Communion on Saturday next. We hope you will have a wonderful day with your families and friends.

FUNDRAISING LOTTO JACKPOT

Our next lotto jackpot draw for €14,200 is on in Larkin's Bar this Friday, May 5th. We will have €700 on offer for a match 3 along with our six regular consolation prizes. This could be your lucky weekend-so head out and purchase that lotto ticket.

UNDERAGE GIRLS ACADEMY

Our football academy for under 6/8/10 girls continues this Thursday. The venue is Milltown Castlemaine GAA Grounds-6.15 to 7.15. We would appeal to all parents/guardians to be extra careful at drop off and collection times. The safety of everyone is paramount and we need every ones cooperation with the traffic steward.

COISTE NA N OG:-CELEBRATING 50 YEARS

As part of the celebrations, our club will participate in the Killarney Parade on Sunday May 5th at 12 noon. All underage players and their mentors are asked to make a special effort to join in the parade. Please wear your club colours on the day and if you have a flag, please bring it along also.

We had a disappointing turn out at our recent St. Patrick's Day Parade so we are appealing to all underage players and their parents/guardians to make that extra special effort.

COLLEGE STUDENTS

Best of luck to all our third level students who are presently studying and completing exams.

REVISED DRESSING ROOM/SIDE-LINE GUIDELINES: Please note that under age players are not permitted inside the dressing rooms prior to or after a senior game or inside the surrounding fence wire when a senior game is ongoing.

APPROPRIATE FOOTBALL GEAR

Can all underage team managers, trainers/coaches please ensure that all players representing Milltown /Castlemaine are dressed in club colours (Green and White socks and togs) This is to avoid any inconvenience prior to games.

We would also ask parents/guardians of players to inform their children of this County Board Rule

DR. CROKES GAA

SENIOR CLUB CHAMPIONSHIP SEMI FINAL

Played in Fitzgerald Stadium on Sunday 30th of April Dr Crokes 1-15 Rathmore 1-10

Our opponents got a dream start with a goal and a point without reply in the first two minutes. With the strong wind at our backs we rallied with five points to Rathmore's one by the end of the first quarter. This left the teams on level terms at this stage. We had three points in the first five minutes of the second quarter but our opponents also kept the scoreboard busy

in the last ten minutes of this second fifteen minutes with two points to draw level. We had the last two points before the end of the first half for a half time lead of 0-10 to 1-5.

A feature of this half were the two 45's scored by Shane Ryan and Shane Murphy.

It didn't look likely that the two point lead we had would be sufficient to get us over the line as we had to face the strong wind in the second half. We had a great first ten minutes in the third quarter, sending over 1-3 without reply. The goal came from a well taken penalty by Daithi Casey. Rathmore got a grip on the game for the next five minutes to reduce our lead to five points. We rallied again with two points by Jordan Kiely and Shane Murphy. Shane's effort from a sixty yard free into the strong wind was the score of the game. We played a lot of keep ball in the last ten minutes to hold onto our seven point lead. Our opponents did mount many attacks in this period and were rewarded by just two points. This gave us victory on a score line of 1-15 to 1-10.

There was plenty of good football by both sides in this game played throughout at championship intensity.

Team and Scorers: Shane Murphy 0-2 (0-1 45, 0-1 free), John Payne, Mike Moloney, Fionn Fitzgearld, David O'Leary, Gavin White, Alan O'Sullivan, Mike Milner, Ambrose O'Donovan 0-1, Daithi Casey 1-2 (1-0 penalty), Gavin O'Shea, Brian Looney 0-1, Colm Cooper 0-5 (0-2 frees), Jordan Kiely 0-4, Shane Doolan.

Subs: David Shaw, Kieran O'Leary, Chris Brady, Brian Fitzgerald, Jason Lyne.

LÁ NA GCLUB

LÁ Na gCLUB is next Sunday May 7th. Please support "Cycle for Amy" around Muckross and Dinis. Registration is at 11am from Victoria House and will start at 11.30am, followed by a barbeque at Crokes Clubhouse. Sponsorship cards for the Cycle for Amy are available from John McEnery, Old Market lane, Killarney or Vince Casey. All proceeds to Amy O'Connor.

COISTE NA NOG

Kerry Coiste na nOg are celebrating 50 years of juvenile GAA in the county this year and, as part of the birthday celebrations there will be a parade on Sunday May 7th and this will start at 12pm from Fitzgerald Stadium. All juveniles (U6 to U16) plus mentors and parents are all welcome.

DATE TO NOTE

Medal Presentation Function to All Ireland Club Champions will take place on 27th of May at INEC. More details to follow.

LOTTO

Lotto 1, 4, 5, 19. Jackpot €5400. Not won.

GNEEVEGUILLA GAA

LOTTO numbers 3,8,18,27

No jackpot winner next weeks jackpot €11,600

La le club is taking place this Sunday 7th in Gneeveguilla Gaa grounds. Event's taking place and Bbq on the day everyone welcome to come along and enjoy the day.



ALL SMILES AS KILLARNEY ATHLETES VIE FOR GLORY

A huge crowd of young athletes descended on St Olivers primary school last Friday evening for the Killarney Community Games Athletics County Qualifiers to be held in Castleisland in late June. The talent on display was superb with heats required in the younger age groups to decide the qualifiers and it is hoped to commence training for the finals each Friday night starting at St Olivers Primary School and moving at a later date to the track in Castleisland. Relay teams will be decided from training and there are spaces available in the U16 age group Boys and Girls for interested athletes.

Big Thanks to the committee members for assisting on the night especially Philip Gammell, Anthony Greaney, Simon Evans, Adrian Jasinski, Trish O' Sullivan, Mary Evans, Frances Greaney, Elaine O' Shea, Derry Mc Carthy, Martin Muldoon and to Mr Rory Darcy St Olivers Primary School for the use of the field.

Best of Luck to Killarney Community games athletes two talented swimmers Pia Hickey and Jocelyn Hickey who are representing the Killarney area in the National Community Games swimming finals being held this weekend in the impressive Abbotstown complex in Dublin.

PICTURED RIGHT: DARRAGH FLEMING, ROBBIE HARNETT, AARON O'SULLIVAN, OISIN FLEMING AND JASON LEE COMPETING AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



CATHAL SUGRUE TAKES A BREATH AFTER COMPLETING HIS RACE AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



AOIBHIN EVANS, MIRIAM GREEN AND BECCI FLEMING COMPETING AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



COLIN LOONEY, WINNER, OISIN O'SULLIVAN AND ABIR KAZI AFTER THE U-12 RACE AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



MIRIAM GREEN, BECCI FLEMING AND AOIBHIN EVANS COMPETING AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



ABIR KAZI, COLIN LOONEY AND OISIN O'SULLIVAN TAKING PART THE U-12 RACE AT THE KILLARNEY COMMUNITY GAMES QUALIFIERS FOR THE KILLARNEY SOUTH AND NORTH AMALGAMATED AREAS AT ST OLIVER'S PRIMARY SCHOOL FIELD, BALLYCASHEEN, ON FRIDAY. PICTURE: EAMONN KEOGH



COUNTY CHAMPIONS - SPA MUCKROSS COMMUNITY GAMES U12 BOYS SOCCER TEAM.



RATHMORE GNEEVEGUILLA COMMUNITY GAMES (PHOTO ATTACHED: U14 GIRLS BRONZE WINNING TEAM, BANK HOLIDAY MONDAY) BIG THANK YOU TO EVERYONE WHO ASSISTED WITH OUR BAG PACKING EVENT LAST SATURDAY AT TESCO, KILLARNEY. OUR U14 GIRLS FOOTBALL TEAM TOOK PART IN THE COUNTY FINAL IN KILLARNEY LAST SUNDAY.

COMMERCIAL CLUB

This week the members of the Commercial club wish to extend their condolences to the Cronin and McCarthy families on the recent passing of Katherine "Kay" McCarthy nee -Cronin Tullig and late of Muckross.Kay and the members of her extended families have a long association with Killarney rowing including the Muckross and Workmen rowing club.She figured on many of the winning Muckross crews of the 1970,80 era.May She Rest In Peace Commercial rowing club established in 1886 and which has a long association with the commercial life of Killarney and has enjoyed much success at both local and national events over the years has upgraded their facilities at Ross Castle and is now inviting new members both Men and Ladies to become involved with the club for the coming season by contacting the following members Daniel O'Donoghue 087--9853397, Eric Wharton 087-6114049, D J O'Riordan 064-6631743 Kevin ~Tangney 087--2947011 Jack McSharry 087--2676581 John Kelly 086-3941769 Jim Doyle 064-6639856 John Joe Healy 064--6643136

HANDBALL NEWS

HARDBALL TIMES ON THE HANDBALL COURT

In handball it's the start of the hardball season, the oldest form of the sport, as only the bravest take on the leather wrapped ball in the 60x30 court.

Kerry players never shirk a challenge and Dominic Lynch goes in chase of further All Ireland glory as he tries to add to his recently won 26th title. He will be in action in All Ireland Hardball Senior Singles quarter final this Sunday. He takes on Ciaran Neary of Kilkenny in Hospital in County Limerick at 2pm with a place in the Last 4 the prize. The following weekend will be the Doubles competition.

In the All Ireland Hardball Junior singles Last 16 Jack O'Shea from Glenbeigh will take on Shane Murphy from Limerick on Tuesday May 9th. The duo will face off in Cullen County Cork.

ROWING

SPAMUCKROSS COMMUNITY GAMES

U12 BOYS SOCCER

The lads started with a 1-0 win against Kilcummin in a very tight game. The next two games against Killorglin and Kenmare ended with nil all draws in two extremely exciting games that could have gone either way. Finally, the boys had a clear win against a young Fossa team to emerge as County Champions. Congratulations to the boys and their trainers, and thanks to all who volunteered at Mastergeeha on Sunday.

NATIONAL FINALS - WEEKEND ONE:

Best of luck to our Spa Muckross Community Games competitors participating in Mixed Distance Relays, Judo and Swimming tomorrow, Saturday 6th May in Dublin. Please feel free to post photos/results to the Spa Muckross Community Games Facebook page.

FLESK VALLEY ROWING CLUB

SCHOOLS REGATTA

The 12th Irish Schools Regatta took place recently at O Briens Bridge, in Limerick. Flesk Valley members were well represented and put in good performances. Special thanks to Mike McSweeney who coxed all crews on the day.

TRAINING

Training continues for all crews throughout the week, contact your coaches and coxes for details of same.

SYMPATHY

Deepest Sympathies to Sean McCarthy and Family on the recent passing of his wife Kay McCarthy (Nee Cronin). Ar dheis De go raibh a h-anam.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO

No winner of our lotto jackpot 28/04/2017, numbers drawn were 18, 21, 26 & 30. Sellers prize Tom Joe O' Donoghue, €50 Y/T prize winner Cynthia Daly Tureencahill, €50 lucky

dip to Maragaret Brosnan Mausrou, €40 each to Derry O' Sullivan Cue Club Killarney, Mike O' Keeffe Bounard & Mary Houlihan c/o Mgt Hayes. Bonus not won numbers drawn were 2, 6, 22 & 25. Next week's jackpot €4,400

PLUS €1,000 BONUS.

OPEN SPORTS

Club open sports were held on Sunday April 23rd. A great turnout. Club athletes who did well were, Girls: Regina O' Shea in U6 soft javelin, Caoimhe Dineen in U7 50m, Aoibheann Vaughan in U8 50m, Miceala Curtin & Kayleigh O' Leary in U9 turbo javelin, Kate Healy in U10 javelin, Danielle O' Riordan in U12 Shottt putt, U9 girls relay were 2nd, U10 girls relay we had two teams who were 2nd & 3rd, BOYS: Luke Curtin in tiny Tots race, Cathal Thomson in U6 50m, Ethan Real in U7 50m & in 2nd in U7 soft javelin, U7 50m Diarmuid Cronin 3rd & 1st in soft javelin, Conor Moynihan 3rd in U8 50m & 2nd in TJ, Michael O' Riordan in U9 TJ, Oisín O' Leary 3rd in U10 60m & 1st in TJ, Eoghan Lyne 2nd in Junior Boys 800m, U9 boys were 3rd in relay.

JACK O' KEEFFE ROAD RACE:

Juveniles from club who did well were Tiny Tots - Jack Dunlea, U7 - Adam Warren, U8 Conor Moynihan, Daniel Carroll & Paddy Hickey, U8 G Avene Vaughan & Sophia O' Shea, U9 B - Emmett O' Connor, Daniel McSweeney U9G - Nichole Warren, U10B - David O' Riordan U10G - Ciara Moynihan, Kate Healy & Eve O' Shea, U11B - MacAuley Cronin, Adam Carroll U11G: Claragh O' Connor & Shannon Fitzgerald, U12G - Danielle O' Riordan & Beth Healy, U13B: Diarmuid Murphy, U14B - Sean O' Connor.

COMMUNITY GAMES

Best of luck to Jack O' Leary who is a member of Kerry Mixed distance U14 team who are taking part in the community games National finals in Dublin Saturday May 6th.

COMMUNITY GAMES

The club will be assisting with holding Rathmore / Gneeveguilla Community Games qualifiers for County Finals on Sunday May 14th at 1.00 pm in Gneeveguilla GAA Grounds. Children taking part must be from Rathmore / Gneeveguilla.



KILLARNEY VALLEY AC

The Killarney Area Primary School Sports will be held on May 23rd. All details will be posted out to the relevant schools and will be in next weeks notes and on our Facebook page.

Please support the walk on Friday 5th May from the Killarney Golf Course at 4pm in memory of Sheila Mac. All details on our Facebook page.

Please support Cycle For Amy on Sunday 7th May around Muckross and Dinis. Sponsor Cards available from JMAC. Register at Victoria House at 11am, cycle at 11.30.

Indoor Training is now finished for this year and will continue outdoors. Please see below for the changes.

MONDAYS

Training continues on Mondays at 7pm with training for athletes aged 12 and over only. Meeting in the Demesne at 7pm beside the playground. Athletes must be registered or be turned away. Please bring €2 each and plenty of water. Jerry's Adult RunClub continues on Mondays at 7pm from the New Road opposite entrance to Bishops Path. You must be a registered member with the club for 2017. Adults only group. Please wear a High Viz Jacket. Any enquiries to Jerry Griffin on 0876879186

TUESDAYS

High Jump is on Tuesday evenings from 6-7pm in the Sem Gym for registered 11, 12 and 13 year olds. Athletes must be registered or be turned away. Please bring €2 each to cover the cost of the hall for the night and plenty of water. Any enquiries to Brian Stack 0862506932

WEDNESDAYS

Hill work on Wednesdays for club members in Secondary school only. Meet at the Demesne Gates at 15.50 sharp changed and ready to train- approx 30 minutes of training. Please check the facebook page for any up to the minute changes.

THURSDAYS

Training on Thursdays 6-7pm for the younger athletes aged 7 -11yrs. Meeting at the Sem Gym. Training is outdoors from now on. Athletes must be registered or be turned away. Please bring €2 each and plenty of water. Jerry's Adult RunClub continues on Thursdays at 7pm from the Sem Gym. You must be a registered member with the club for 2017. Adults only group. Please wear a High Viz Jacket. Any enquiries to Jerry Griffin on 0876879186

Anyone wishing to buy KVAC half zip tops, singlets or hats please contact Brid Stack 0872650720

Enquiries: killarneyvalleyac@gmail.com

Up to date news : <https://www.facebook.com/KillarneyValleyAC/>

KILLARNEY RFC NEWS:

UNDER 14'S

Congratulations to the Killarney RFU U14's who beat Castleisland in the West Munster U14 Cup Final on a score line of 15-7 in Abbeyfeale. Well done to coaches Seamus Grealay, John O'Connell



Killarney RFU U14's who beat Castleisland in the West Munster U14 Cup Final on a score line of 15-7

and Eoin Seery as well as all the players.

Tries were scored by Thomas Clifford and Liam Randles with conversion by Donncha Grealy and Peter Walsh scored a penalty. Cracking match with all players stepping up with fantastic work ethic and ball handling coming through.

This win backs up the West Munster U14 league title win and sees the lads complete the double, following on from the double that the seniors won earlier this year.

MINIS

Our Minis finished up their fantastic season last Saturday with a huge party and awards at Aghadoe. Over 100 children received medals following a final training session and lots of games. Trophies were presented to children at each age level for 'Player of the year' and 'Most Improved Player'. The minis completed a hectic season of blitzes right across the county as well as hosting many clubs in Killarney. The U11's played at half time in the European Cup quarter final only last month, while the U12's had a very memorable trip to Cork to take on Sunday's Well. Trips to Thomond Park were enjoyed by the U8's and the girls section. The club now has girls playing rugby for the first time and thanks to the hard work of the coaches - in particular Denise Treacy, the girls section thrives. Thanks to all the coaches who spent their Saturday mornings giving their time to ensure the kids enjoyed their rugby. Thanks to Minis Coordinator Liam Murphy for all the hard work right across the season also.

MUNSTER RUGBY SUMMER CAMPS

The Munster Rugby summer camps return to Killarney this year and take place at St. Brendan's college between 24th and 28th of July. Places are booking up fast, so log on to www.munsterrugby.ie to book or for further details.

AGM

Our AGM will take place on Wednesday the 24th of May at the Killarney Plaza Hotel. All

members are requested to attend. 2016-2017 has been the most successful season for the club with the Seniors winning promotion to Division 2 and winning two cups. We have a flourishing Youths and Minis sections and the club is thriving. Please come along and have your say on the future of the club.

VIDEO RACE NIGHT

Our next club fundraiser takes place at the Killarney Avenue Hotel on Friday the 12th of May next. The night will be preceeded by the Youths and Seniors awards which take place at 7pm. A great night of fun is guaranteed with free entry on the night. The night kicks off at 8:30pm and patrons can buy a horse or sponsor a race and we will have prizes for the winning owners. We will have Tote betting and a raffle on the night for great prizes. So come along, have fun, support your club and back a winner! For further details contact Paul Murphy on 087-3745351 or Ger Moynihan on 087-1240365.

RATHMORE GNEEVEGUILLA COMMUNITY GAMES

Big thank you to everyone who assisted with our bag packing event last Saturday at Tesco, Killarney.

Our U14 girls football team took part in the County Final in Killarney last Sunday.

This was a very competitive event and our girls played extremely well. They were leading in their first two matches against Abbeydorney and Fossa but last minute goals in both games, made it level. They went on to have a decisive win over Blennerville but unfortunately it was not enough to reach the final. They played Killorglin for the third and fourth play off and came out the winners of this game and secured third place. Overall they made their coaches and family very proud, as they lost no match on the day and were unlucky not to meet Kenmare in the final. Congratulations to the following players who won County Bronze medals :

Roisin Brosnan, Orla Cremin, Michelle Cronin, Miriam Dineen, Caoimhe Guerin-Crowley, Ciara Hickey, Muireann Hughes, Roisin McAuliffe,



Chloe McCarthy, Fiona Nagle, Alice O'Leary, Katlyn O'Leary, Tara O'Leary, Caitlin O'Connor, Maura O'Keeffe and Rebecca O'Sullivan.

A big thank you to their trainers, Marianne Cronin, Charles McCarthy and Aeneas O'Leary for their time and effort in preparing the girls for the finals.

We would like to wish Kenmare all the very best as they go forward to represent Kerry in the Munster Final.

SKITTLES

Any child interested in taking part in the Skittles event, please contact one of our officers.

DATE FOR YOUR DIARY

Our area Athletics event will take place Sunday 14th May, Our venue this year is Gneeveguilla Gaa Pitch, more information next week.

Best of luck to our two representatives travelling to Dublin for the All Ireland Finals this weekend. Representing Rathmore/Gneeveguilla and County Kerry, Jack O'Leary will be in the U14 mixed distance relay event and Ross O'Leary in the U14 Solo backstroke competition. follow us on facebook for updates this weekend.

ENTERTAINING END TO SQUASH SEASON

The 2016/17 squash season drew to a close last week with the final competition played out before a large crowd in the Aquila Club. This is the only time throughout the season that the American Scoring System is used and for this reason makes all games very competitive and entertaining.

DIVISION 4

Ruairi Counihan played Stephen Hussey in a lively encounter in Division 4 with serve swapping on a number of occasions. This was a very entertaining affair and both worked hard to seize the initiative. However, it was Ruairi who managed to emerge with the spoils collecting his first title.

DIVISION 3

The Division 3 final saw Gleneagle Squash Veteran and Jacuzzi Connoisseur John



DOMINIC LYNCH AND JOHN JOE QUIRKE AFTER WINNING THE ALL IRELAND OVER 35'S A DOUBLES FINAL IN HANDBALL.

McCarthy take on Keith Cronin. This was a brilliant game for the spectators, John showing his experience settled quickly and took a 2-0 lead. In the third game he had 7 match points but Keith dug deep to come from behind and take the game. This proved decisive as momentum switched in favour of Keith and he went on to take the remaining two games and in doing so sealed the match for himself.

DIVISION 2

The penultimate game of the night paired Kevin Smyth and Seán Morris, a tight encounter was expected here and that was exactly what ensued. The match was played at a frantic pace throughout, Kevin found himself with game points in the first and second games only to be pipped at the post by Seán on both occasions. However, parity was restored over the course of the next two games and those watching were delighted to find the match going to a decider. Seán had a little too much for Kevin here and came away with an excellent win in what was

a hugely entertaining affair for those watching.

DIVISION 1

The showpiece of the night saw reigning champion Majic take on Arthur and the handicap meant that he would begin with a small advantage in each game. As expected some of the squash on show was top class and there were a number of very long rallies. The first two games were shared amongst the players but Majic took command thereafter and won the match on a scoreline of 3-1 and in so doing, retained his title.

A special word of thanks to all those who participated in each of our seven competitions this year, it's great to see so many new members joining. Thanks also to Mike Crowley and his team who ensure everything runs smoothly. Our gratitude to this month's sponsor, Mike Howard of Cross Refrigeration and indeed to all our sponsors throughout the year. Lastly, thanks to the Gleneagle Hotel who keep the courts in great shape during the season.



SEAN COYNE INTERNATIONAL HOTEL (THIRD FROM LEFT) PRESENTING FIRST PRIZE IN THE INTERNATIONAL SINGLES TO TADHG O'KEEFFE WITH (FROM LEFT) PRIZEWINNERS MATTHEW O'CONNOR, IAN CRONIN, DAN DOONA AND DECLAN CAPTAIN AT KILLARNEY GOLF CLUB.



DECLAN MCCARTHY CAPTAIN (FOURTH FROM LEFT) PRESENTING FIRST PRIZE IN THE KILLARNEY BREWING FOURSOMES TO SEAN GOULDING WITH (FROM LEFT) PRIZEWINNERS EAMONN O'CONNOR, PAT CUSSEN AND DONIE MCSWEENEY AT KILLARNEY GOLF CLUB.



OUTLOOK GOLF SCOREBOARD

In association with
Mark Heinemann PGA & Getgolfing.ie
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ROSS GC, KILLARNEY

FIXTURES: On Saturday May 6th and Sunday May 7th we will hold 18 hole Single Stableford competition. The timesheet is now available in the clubhouse so please add your name to it immediately

KILLORGLIN GOLF CLUB

LADIES RESULTS: 18 Hole Singles Stableford sponsored by Moriarty's of Killorglin: 1. Marian Healy (31) 36 pts. 2. Mary Conway (28) 35 pts (B3). 3. Emma Daly (19) 35 pts.

SILVER SWANS: 12 Hole Stableford 25/4/2017: 1. Anne Myers Foley (36) 25 pts. 2. Maire Ni Loinsigh (24) 24 pts (B3). 3. Marian Kerrisk (32) 24 pts.

FIXTURE: Sat 6th, Sun 7th, Tues 9th May 18 Hole Singles Stableford sponsored by O'Sullivan's Bakery. Play either day and arrange own playing partners.

CASTLEROSSE GOLF CLUB

RESULTS Competition played on Sunday 30th April 18 Hole Stableford 1st Place, Malcolm O'Brien (16) 40 pts, Runner-up, Donal O'Reilly (20) 39pts, 3rd place, Danny Lynch (19) 37pts. Mixed Scramble played on Wednesday 26th April, best return Ronnie Coombes, Donal O'Reilly & Paul Whelton.

FIXTURES Weekend competition, 18 Hole Stableford to be played on Saturday or Sunday.

CASTLEROSSE LADIES RESULTS

18 Hole Stableford played Thursday 27th April, 1st place Patricia Barrett (36) 28 pts, Runner up: Noirin Sheehan (36) 28 pts. 3rd Place: Mary O'Reilly (36) 27 pts.

9 Hole Stableford played on Thursday 27th April, 1st place Chan Martin (36) 12pts.

Mixed Scramble continue each Wednesday evening draw at 6pm, meet at clubhouse. Competition open to all golfers, Ladies & Gents. If you are interested in giving golf a go, why not attend a "Taster session" on each Monday night starting on Monday 8th May 7pm to 9pm. Free lesson on night one. Clubs provided by club, light refreshments afterwards. Text 087 2748777 for more information or attend on the 8th @ 7pm.

KILLORGLIN GOLF CLUB

MENS COMPETITION 30/04/2017

1st Mark Kennedy 38 pts
2nd Paul Twiss 38 pts
3rd Dan Phelan 38 pts

KILLARNEY GOLF CLUB - LADIES

RESULTS OF WALSH PRINT MIXED COMPETITION 28/04/2017 ON MAHONYS POINT

1st.	Brendan Brosnan	(13)	
	Kathleen Brosnan	(21)	41 pts
2nd	Jimmy Kelly	(16)	
	Mary Kelly	(28)	40 pts
3rd	John Cooper	(14)	
	Sally Cooper	(22)	38 pts (bk9)
4th	Liam Healy	(11)	
	Katie O'Connell	(21)	38 pts (bk9)

Results of Safe Guard Security Exchange day with Dooks 30/04/2017 Team of 2

1st	Noreen O'Mahony	(26)	
	Margaret O'Sullivan	(36)	46 pts
2nd	Anne O'Leary	(25)	
	Geraldine Tarrant	(27)	45 pts
3rd	Julie Leonard	(23)	
	Breda Neeson	(26)	44 pts

Next weeks Competition is v Par on Mahonys Point sponsored by Rozzers restaurant at Killeen House Hotel.

KILLARNEY COUGARS BASKETBALL CLUB

JUVENILE NEWS.

Schools Super Sevens Slam 2017

The annual Schools Super Sevens Girls got off to a flying start last week at the Pres Gym, well done to all the Cougars players involved with the following schools now advancing as follows to the Cup & Shield Playoffs Furies, Scartaglen Juniors, Holy Family Rathmore, Gneeveguilla, Holy Cross Mercy, Athea, Scartaglen, Ballyfinane, Fossa, Knockaderry, Meentogues, Nagle Rice. The following teams advance to the Plate Playoffs Gaelscoil Faithleann 1 & 2, Holy Cross Mercy, Fossa Juniors, St Olivers

SENIOR NEWS Cougars Senior Men's training continues on Tuesday evenings at the Pres Gym.

FIXTURES. International Masters Dublin.

Saturday May 12th

Killarney Cougars v Ballina,

Killarney Cougars v St Vincents

Killarney Cougars v Killester

Further details on the clubs upcoming activities are available on the website www.killarneycougars.com

BEAUFORT GOLF CLUB (LADIES BRANCH)

29th/30th April 2017 - Round 1 Golfer of The Year - Sponsored by Killarney Park Hotel

1st Karen Spence (21) 77 Nett

2nd Renee Clifford (27) 77 Nett

FIXTURES 6th/7th May - 3 Ts - Sponsored by Tom Tobin Trophies

BEAUFORT GOLF CLUB

RESULTS: 27/04 Open Seniors 1. Fred Kennedy 2. Sean Coffey

28/04 Open Fridays Winner V. Jonikaitis

28/29th April 1st Round GOTY Sponsored by Eddie Slattery

1. Brian O'Connor (14) nett 68

2. Stephen Barry (16) nett 70

3. John Doherty (24) nett 70

FIXTURES: May 4th 10am Open Seniors

May 5th Open Fridays - Contact Clubhouse, 6th/7th May 3T's, 18 hole stableford, Sponsor Tom Tobin Trophies

KILLARNEY GOLF CLUB - MENS

Club Captain Declan McCarthy was delighted with the excellent turnout and sponsorship that he received for his "Captain's Charity Day" on Sunday last, the 30th of April, Declan in his speech that evening paid tribute to the many people who had worked hard towards making the day the great success that it was, and Declan is hoping to have in the region of €10,000 raised for his chosen charities which are the "The Chemotherapy Day Unit" at University Hospital Kerry And the "Irish Kidney Association". Declan thanked the main sponsor which was the "Killarney Park Hotel", and all of the other sponsors who are just too numerous to mention.

Declan went on to say that the weather warning that was issued on the day before the competition failed to materialise, and although the day was cold and blustery it was beautifully sunny, and without any of the forecasted rain, thank God. There was a fantastic turnout of 42 teams of 4 players per team at €120 per team, and every Tee and Green was sponsored at €100 each, in addition to the raffle and the mini auction, both of which proved successful. The winners of the competition with the excellent score of 99 points were Derek O'Keefe, Donal Dennehy, Jerry Kearney and John O'Keefe, and in 2nd place with an equally

fantastic back nine holes of 55 points for an overall score of 95 points, were Michael Leahy, John P. O'Shea, Denis O'Donoghue and John A. O'Sullivan, in 3rd place were Con Healy, Seamus Coffey (Ferndale) Sean Moynihan and Ivan Tangney, with 95 points, in 4th place were Alan Nagle, Pat Casey, Gerard Moroney and Connie Brosnan, with 95 points, and in 5th place were Sean Kelliher (Spa), Eugene O'Sullivan, John Cahill and Barry Duggan with 94 points.

The team representing our Club in the J.B.Carr Diamond Trophy were successful in the second round against Dooks Golf Club, Dermot Roche and Enda Curtayne won by 2/1, Derry O'Connor and John Wall won by 2/1, earlier in the afternoon Donie Macsweeney and Padraig Griffin won by the huge margin of 7/6, which meant that the last two matches on the course were called in and are classed as halved matches, they were Seamie O'Connor and Nick O'Brien, and John Hickey and John Clifford, both were level at the time, and on the 18th green and 17th tee respectively.

Competition Secretary Tommy Galvin wishes to advise that there will be a new format in operation from next Sunday for those of 60 years of age and older, should they wish to avail of it, and played off of the "green tee markers and it is, that when you go to sign in for the competition on the BRS system there will be two options available, either the "regular competition" or the "senior competition", Two

options are also there when entering your score, and there will be two separate boxes for the scorecards. Further details will be posted of the Club notice board.

The Club Junior Boys team will be playing their next round in the "Fred Daly Trophy" on Sunday the 7th of May against Kanturk at Newcastlewest Golf Club at 3.45 P.M.

Club Captain Declan McCarthy on behalf of the whole club wishes to pass on our condolences to the Galvin family of Muckross Road on the recent death of their father John Galvin, and to the Fuller and Kavanagh families on the death of Eileen Fuller, (nee Kavanagh), wife of David Fuller BDS of Muckcross.

DEERPARK PITCH & PUTT NEWS

Paul O'Sullivan Memorial Scramble: Congratulations to our Lady Captain Eileen Switzer who was on the Overall Nett winning team alongside Tralee duo Danny O'Leary and Tim Scannell last Sunday in Castleisland. Her sister Sheila O'Donoghue was also amongst the prizes winning the Overall Gross prize alongside Castleisland duo James Dignan and John Clifton.

PRESENTATION

COMPETITION: We were delighted to hold this fundraiser again on Monday and well

MONASTERY

done to the winning team of Noel and Dara Moynihan along with Kieran Fitzpatrick as the team of Colm Cagney, Cian O'Mahony and Cillian Courtney claimed the Visitors Prize at the event.

Sunday Competition: Resumes this Sunday with draws at 9.15am and 11.15am. Entry €4 per draw with a fee of €7 for both. Open to Club Members aged 15 or over.

NATIONAL MATCHPLAY QUALIFIERS: Best Wishes to all club members taking part in these on the course next week. Please note that the course will be closed on the evenings for these over the duration of play from Monday to **WEDNESDAY EVENING.**

SUNDAY MAY 14TH: Sees our first 36 hole Singles of the year with a start time of 9.15am. Further details next week.

MUNSTER STROKEPLAY ENTRIES: Please note that all entries for same must be received and paid for by Sunday May 14th. No unpaid entries will be sent off by the club.

CONGRATULATIONS: To Killarney Celtic and Conor and Stephen McCarthy in particular on qualifying for the FAI Senior Cup proper with their win over Boyle Celtic last Saturday night.

BEST WISHES: To our Development Officer John McGrath and his wife-to-be Maxine on their big day this Saturday when they get married. The club wishes them every happiness in their future lives together.



PICTURED AT KILLARNEY GOLF & FISHING CLUB FOR THE CAPTAINS CHAIRTY DAY RAISING FUNDS FOR THE CHEMOTHERAPY UNIT AT UNIVERSITY HOSPITAL KERRY WERE L-R DONAL DENNEHY, DEREK O'KEEFE, CAPTAIN DECLAN MCCARTHY, GERRY KEARNEY & JOHN O'KEEFE. PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING THE CAPTAINS CHARITY DAY AT KILLARNEY GOLF & FISHING CLUB RAISING FUNDS FOR THE CHEMOTHERAPY UNIT AT UNIVERSITY HOSPITAL KERRY WERE L-R VICTOR MULCAHY (PRO MENS CLUB), VICE CAPTAIN DERRY MCCARTHY, JAMES CURRAN (SECRETARY OF THE MENS CLUB), CAPTAIN DECLAN MCCARTHY, ROBERT CUSSEN & PAT CUSSEN. PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING THE CAPTAINS CHARITY DAY IN AID OF THE CHEMOTHERAPY UNIT AT UNIVERSITY HOSPITAL KERRY AT KILLARNEY GOLF & FISHING CLUB WERE L-R TIM O'MEARA, JAMES O'NEILL, MIKE FOLEY & PATRICK FLEMING. PICTURE MARIE CARROLL-O'SULLIVAN



L-R VICTOR MULCAHY (PRO MENS CLUB), JOHN CAHILL, CAPTAIN DECLAN MCCARTHY & SEANIE KELLEHER ENJOYING THE CAPTAINS CHARITY DAY AT KILLARNEY GOLF & FISHING CLUB. PICTURE MARIE CARROLL-O'SULLIVAN



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TODAY IS - INTERNATIONAL TUBA DAY:

International Tuba Day was created to recognise tubists in musical organisations around the world who have to go through the hassle of handling a tuba.

The tuba is the largest and lowest-pitched brass instrument. Sound is produced by vibrating or "buzzing" the lips into a large cupped mouthpiece. It is one of the most recent additions to the modern symphony orchestra, first appearing in the mid-19th century, when it largely replaced the ophicleide.

WILD ANIMALS SAVE 12-YEAR-OLD GIRL STOLEN BY THUGS TO BE FORCED INTO CHILD MARRIAGE:

Child marriages are such an unfortunate part of reality in some countries around the world. In an age when little girls are supposed to be attending school, and learning skills to help them prosper into young, successful women, many find themselves forced into being wives of men much older to them.

In Ethiopia where bride kidnapping is unfortunately very common a 12-year-old girl was kidnapped from her home in Addis Ababa, Ethiopia by 7 thugs and was missing for a week. The police and her family were all frantically looking for the little girl, but when they found her, they couldn't believe what they were seeing. Animals from the wilderness had come to her rescue and were sitting there protecting her from harm. And they weren't just any animals—three lions were standing guard around her. Sgt. Wondimu Wedajo, who helped find the child, said, "The lions stood guard until we found her and then they just left her like a gift and went back into the forest".

The thugs had long since fled for their lives but Police managed to catch 4 of the 7 men involved in the abduction.

A "wildlife expert" says "A young girl whimpering could be mistaken for the mewing sound from a lion cub, which in turn could explain why they didn't eat her". While the crying of the child probably did draw their attention it is impossible to believe the lions could not tell the difference between a 12 year old human and a cub and animal lovers everywhere are convinced it simply shows the strength of animal's instincts of love and protection.

THE WORLD'S OLDEST HUMAN:

Born on March 10, 1900 Violet Brown (née Mosse) from Jamaica is now the oldest verified person in the world after the death of Emma Morano of Italy who was born on November 29th, 1899 and died on April 15, 2017, at the age of 117.

Violet was one of four children born to John Mosse, who was a sugar boiler, and Elizabeth Riley, who died aged 96. Violet was baptised at the age of 13 into the Baptist Church and grew up in Jamaica when it was a part of the British Empire.

At 117, Violet is often asked the secret to living a long, healthy life. "Really and truly, when people ask what I eat and drink to live so long, I say to them that I eat everything, except pork and chicken, and I don't drink rum and them things".



Affectionately called "Aunt V," Violet and her husband worked as cane farmers. When her husband later became a caretaker for a nearby cemetery, Ms. Brown took care of the record keeping. She has also worked as a dressmaker and domestic helper.

The supercentenarian's eldest of her 4 surviving children, 96-year-old Harold Fairweather, is believed to be the world's oldest living person with a living parent.

Violet had a tough childhood and had to walk three miles barefoot to get water for her family and return home in time to go to school by 9 a.m. and says "When I was younger, and even as an adult, I had to work so hard that sometimes when I look back, I cry at how hard I had to work to make a living for my family".

Living in the same premises where she was born, Violet receives help from her relatives and a caregiver and now days her hobbies include reading, listening to music and reciting poetry and while she eats almost all foods her favourites are fish and mutton, sweet potatoes, Irish potatoes, breadfruit and fruit, such as oranges and mangoes and sometimes as an extra special treat 'cow foot'.

Despite her hardships growing up in post-emancipation Jamaica where she says working conditions were still like slavery and the death of her husband nearly 40 years ago, Ms. Brown remains thankful to still be alive: "If God gives me more life, I will take it" she said.

The world longevity record remains with French woman Jeanne Calment, who died at 122 in 1997, having outlived both her daughter and grandson.

A supercentenarian is someone who has lived to or passed their 110th birthday. There are estimated to be 300 to 450 living supercentenarians in the world, though only 50 verified cases are known.

TIPS ON HOW TO DRY CLOTHES ON A RAINY DAY

*You can only do as many washes as your drying racks will accommodate so when the weather is less reliable, remind the whole family to think twice before throwing a barely worn item in the laundry.

*Put an extra laundry basket in the bathroom where those super urgent clothes go – that smart shirt for a meeting or PE kit needed for school. This way you can make sure essential washes get done.

*Before the wash goes in, do up zips and unravel scrunched up sleeves and trouser legs – you'll find this reduces how tangled everything is at the end of the wash and it means you spend less

time loading up the clothes horse. As you hang up each item, hold it in both hands and give it one good flick to reduce wrinkles. In many cases this can cut out the need for any ironing at all.

*Tumble dry wisely - Dryers use a lot of power; regular use through a year can amount to as much as half your total electricity consumption. If you must use a dryer, fill it to the maximum capacity the manual recommends – overload it and it won't dry, underfill it and there's less contents to tumble against each other so it takes longer to dry. Add a small, clean colourfast towel to the dryer when drying heavy, wet items, as this will help absorb some of their water and the job will be done more quickly.

*Avoid the temptation to put damp clothes directly onto radiators as this causes excessive moisture, which can increase the risk of mould spores and dust mite growth and consequently be bad for asthma and allergy sufferers. Instead, put clothes on proper dryers and have the windows open for ventilation. Leave space between items – overloading a clothes horse means clothes take much longer to dry.

QUOTE:

"If you think you are too small to make a difference – try sleeping with a mosquito" - The Dalai Lama.

ON THIS DATE – MAY 5TH:

1809 - A U.S. patent was awarded to a woman for the first time – to Mary Kies, for a technique of weaving straw with silk and thread

1830 - Birth of John B. Stetson the American hat manufacturer, inventor of the cowboy hat and founder of the John B. Stetson Company.

1891 - The Music Hall in New York City (now known as Carnegie Hall) had its grand opening, featuring Tchaikovsky as the guest conductor

1893 - The Wall Street Crash of 1893 began as stock prices fell dramatically. By the end of the year, 600 banks closed and several big railroads were in receivership. Another 15,000 businesses went bankrupt amid 20 percent unemployment. It was the worst economic crisis in U.S. history up to that time.

1894 - The Australian slang term 'fair dinkum' - meaning honest, genuine or real - appeared in print for the first time (in the magazine The Bulletin. It is believed that the word dinkum was a dialect word from Lincolnshire and Derbyshire in England, where it meant "hard work" or "fair work"; that was also the original meaning in Australian English.

1925 - Afrikaans was declared an official language on the 5th May 1925, by the government of South Africa.

1934 - The Three Stooges first short film Woman

Haters was released.

1945 - The Prague uprising against German occupying forces in Czechoslovakia

1955 - West Germany gained full sovereignty

1981 - 27 year old Bobby Sands for Fermanagh/South Tyrone, died on the 66th day of his hunger strike in the H-Blocks of Long Kesh as part of the republican prisoners' campaign for the restoration of political status.

MAJOR EARTHQUAKE MAY SAVE ISLAND FROM FUTURE COASTAL EROSION:

After the 7.8 magnitude earthquake in November, over 75 miles of Kaikōura coastline in Canterbury was raised up to 26 feet out of the water.

Kaikōura is a relatively small tourist town on the east coast of the South Island, New Zealand with a population of 3,500 people. The regional council had reportedly been struggling with how to manage the island's coastal erosion; a phenomenon in which their water currents were washing away beaches, land mass, and dune sediments.

The council would have had to spend millions in order to repair the coastline; but now Kaikōura mayor Winston Gray says that the uplift "certainly has taken the issue away for a period of time but for how long, we just don't know".

MAN FINED \$190 FOR 'WALKING' HIS SNAKE WITHOUT A LEASH:

Anyone taking their pet to a park in South Dakota better put a leash on it, even it can't technically run. Otherwise they might end up like Jerry Kimball, who ran foul of the law for letting his four-month old Python slither in the grass of park in Sioux Falls, South Dakota.

"It was April Fool's Day, so I thought he was playing a joke," Mr. Kimball said "They're not fast creatures. They're not going to run away."

The \$190 fine for "animals running at large" didn't bother Mr. Kimball so much as the park Animal Control Officer's proposal that he put a leash on the snake. "He was literally asking me to put a rope around my snake," Mr. Kimball said. While it obviously wasn't "running," a spokeswoman for Animal Control said the snake was still technically "at large. If it's in public and it's not on a leash, it's at large, the ordinance doesn't really distinguish between animals."

The incident was apparently prompted by a woman who saw another of Mr. Kimball's snakes and called Animal Control. While the spokesperson for animal control suggested that Mr. Kimball should take people's fear of snakes into consideration before taking his pets in public, he thinks that's all the more reason to show the world his snakes.

"That's my purpose in life: To let people know that snakes aren't killers," Mr. Kimball said. "What better way to give back than to help people understand these misunderstood creatures."

Mr. Kimball intends to challenge the fine in court.

HOSPITAL GRANTS DYING PATIENT'S LAST WISH FOR WINE AND A CIGARETTE:

Carsten Flemming Hansen was too ill for surgery when he was admitted to Aarhus University



Hospital in Aarhus, Denmark – and he knew it was only a matter of time until he gave in to his injuries as he had been that he only had days – maybe even hours – to live before dying of internal bleeding.

So Mr. Carsten asked his nurse if she could help fulfill his final wish which was to have a cigarette and glass of wine in front of the sunset. Despite the hospital's no-smoking policy, the hospital made an exception and wheeled the 71-year-old's bed onto the hospital's balcony, the hospital then released a photo of the contented man accepting a glass of white wine whilst holding a lighted cigarette in front of a picturesque sunset. The picture was captioned: "The family agreed that in this situation what Carsten Hansen wants was more important than the treatment and prevention."

Mr. Carsten was accompanied on the balcony by his family and nurses.

BOMB SQUAD CREATED BEEPING EASTER EGG HUNT FOR BLIND CHILDREN:

25 different military workers and specialists from the Albuquerque Police Department organised a beeping Easter egg hunt for the city's blind children on Holy Saturday.

By using special circuitry within the eggs, visually-impaired children could hear the sounds emanating from the contraptions and find where the goodies were located.

After hundreds of people attended the event, which was held at USS Bullhead Memorial Park in New Mexico the community plans on making the hunt an annual celebration.

UPS DRIVER SAVE FAMILY FROM BURNING HOME:

Paul Pereira an employee of the company United Parcel Service, Inc. was on the last stop of his route in Haverhill, Massachusetts when he noticed smoke pouring from the door of a nearby household.

While neighbours stood by and stared, Mr. Pereira leapt onto the porch and banged on the door to alert the residents to danger and then grabbed a garden hose and started attacking the fire. By the time the firefighters arrived, the worst was extinguished.

Brian Lavender, his wife, and daughter were upstairs at the time of the blaze, but said later they had thought the smell was coming from a neighbour's barbecue.

The cause of the fire is a mystery, but one thing is for sure: the damage could have been much worse if Mr. Pereira hadn't jumped into action.

AN AMAZING COINCIDENCE:

American writer Anne Parrish and her husband were on holiday in Paris in 1920. They were browsing bookshops and Anne picked up a book that was a particular favourite of hers, "Jack Frost and Other Stories". Anne told her husband that she had been given a copy as a child by her parents and had wonderful memories of the book.

Anne's husband took the book and opened it. On the inside cover there was a hand written inscription. It said, "Anne Parrish, 209 N Weber Street, Colorado Springs". The inscription was written in Anne's handwriting. It was Anne's very own book from all those years ago!

A DRUG SNIFFING BEARDED DRAGON:

The Avondale Arizona Police Department is about two things - Law and order; they have a number of tools at their disposal to dispense a serious amount of justice but even so, they are always looking for innovative new ways to combat crime.

This was how they came to enlist the services of perhaps the world's only drug sniffing bearded dragon. Iroh was touted as a pioneer in a pilot programme that was scheduled to start April 1st, 2016.

Yes that's right April Fools Day. The whole thing was meant to be a prank, but there was something about the little green reptile that caught the publics and the departments, fascination. So, they kept him around and gave him a job assisting officers checking "speed guns" and Iroh asks all motorists to "Do a good deed, and don't speed".

Now over a year later Iroh has turned out to be a valuable member of the Avondale Police family. His skill set is so extensive that they have cross trained him in many areas. He also spent time at the dispatcher's desk. A stressful job, but one he seemed to handle with his natural zen.

Iroh seemed to be given every job at the station but he never complained and that dedication and hard work paid off. On April 13th, Iroh was sworn in as an official member of the force in a private ceremony and he has a certificate to prove it, plus a beautiful badge and a specially made uniform he proudly wears on his back while on duty.

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Call: 064 66 36416 Mon to Fri 10am - 5pm

AWARE DEPRESSION SUPPORT GROUPS

Aware support groups support people who are impacted by Depression, anxiety and other mood related disorders.

Meetings in Kerry are held:

Killarney – Mondays, KDYS at 8pm

Tralee – Tuesdays, Parish Centre, St. John's Church at 8pm
Aware Support Groups are free to attend, no referral necessary. www.aware.ie

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KILLARNEY AL ANON

The Killarney Al-Anon meetings are held Tuesday nights at 8.30pm, also Thursday mornings at 11am in St. Claire's, Vincent de Paul Building, Tesco carpark, Beech Road, Killarney

Contact Mairead 087 7808106



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TWEET US NOW

If you want to keep up to date on a daily basis make sure to follow us on @killoutlook

GARDENING OUTLOOK

with **John O'Sullivan**



FOCUS ON HANGING BASKETS

Using containers, pots and baskets full of summer bedding plants can give you brilliant colour from now right through the summer to early autumn.

There are a wide range of different types of hanging baskets but the main thing to go for is the size because the larger the basket, the more compost you can fit into it, giving the flowers more compost to grow in thus prolonging their lives. When filling a hanging basket the first thing to do is to place a liner at the base of the basket. Then place your basket on top of a pot as this will give you a steady base when planting. Half fill the basket with compost and a slow release fertilizer. Then plant some bedding plants at the base and sides of the basket such as trailing lobelia, pansies and nasturium. All you have to do is to push the root of the plant through the square in the basket, push it through the liner and into the compost. Then fill the basket almost to the top with compost, place your remaining plants around your chosen centerpiece plant such as a geranium or fuchsia. Pick three good trailing plants, like trailing petunia, geranium or fuchsia. Fill in between with other bedding plants such as begonias, busy lizzys or pansies. Some of the plants at the bottom of the basket may look a bit shook after planting but when watered in well they will look perfect in a few hours. Don't hang your basket out in its position for a couple of days after planting and water regularly.

Next week I will focus on filling window boxes and containers.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

**ON THE BOX
KILLARNEY OUTLOOKS
WEEKLY SOAP COLUMN
SELF-CONFESSED SOAP ADDICT, JOE
BURKETT TAKES A LOOK AT WHAT'S
IN STORE IN THE SOAPS THIS WEEK**



Away from Home

G'day everyone,

I'm off to Australia for the next three weeks visiting the sets of Home and Away and Neighbours. I'll do my best to get you all some sneak peaks and spoilers about the upcoming storyline in Summer Bay and Ramsay Street.

Catch ya later

Joe



THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times).
Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. Thank you for favours received.

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe.

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A WORD OF VICTORY

Welcome back dear reader as we saw last week in Hosea 4:6 the Word of God tells us that His "people are destroyed because of lack of knowledge and because you have rejected knowledge I will also reject you says the Lord." So where can one find this knowledge? It can only be found in God's Word the Bible, but we need to have God's Holy Spirit the Teacher and Counsellor abiding within us so that we can understand it. When the religious leaders of the day observed Jesus' ministry casting out evil spirits, opening blind eyes, cleansing lepers and raising the dead they asked Him how was He doing it (John 3)? The answer He gave was not what was expected. He said we must all be born again by the power of the Holy Spirit. The human spirit we were born with was alienated from God through rebellion, so that spirit needs to be renewed by confessing Jesus as Lord and Saviour so that the Father can join our human spirit to the Spirit of God. Then the Holy Spirit can reveal to us the truths contained in Scripture that are so relevant to our success. There is also the gift called 'the baptism of the Holy Spirit' – it was given at Pentecost when one hundred and twenty followers of Jesus were together waiting in an upper room as Jesus had commanded them saying and "you shall receive power after the Holy Spirit comes upon you". Jesus Himself also had to receive this power so He could carry out His ministry. In Acts 10:38 Peter tells "how God anointed Jesus of Nazareth with the Holy Spirit and with power and how He went about doing good and healing all those who were oppressed by the Devil for God was with Him." This is the same power the first church in the upper room received when the Holy Spirit came upon them (read it yourself in Acts chapters 1 and 2), and this was to continue on until Jesus comes back to this earth. This power is available today to the true followers of Jesus who will acknowledge Him as Lord so that Jesus' work can continue casting out evil spirits and healing all those who are sick and depressed, lonely and lost. Jesus loves you and wants you well! Friend, don't give up!

More next week....

Contact: 064 - 66 22950 E: wovkillarney@gmail.com

NOVENA TO THE SACRED HEART

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Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **J.D**

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **X**

NOVENA TO ST. CLARE

IN THANKSGIVING

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.
Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen
Your request will be granted no matter how impossible it may seem.

X

THE MIRACLE PRAYER

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Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

R.F

2ND ANNIVERSARY



In Loving Memory of

DENNY MORIARTY

Coom, Gneeveguilla,
whose anniversary occurs on the
4th of May

*Precious people are very few
That is why there was only one of you
Lord, treasure him in your garden of rest
Because on earth he was one of the best*



Always remembered, never forgotten.
Sadly missed by your loving wife, Peggy,
daughters, Aileen, Juliette, Denise
and son, Jason.

**Anniversary mass will take place on
Friday 12th of May at 7.30 at the
Church of the Holy Rosary, Gneeveguilla.**

1ST ANNIVERSARY AND ACKNOWLEDGEMENT

In Loving Memory of



**RITA
BRODERICK
(NEE LYNE)**

Ballymalis, Beaufort, Killarney
who died on **May 7th 2016.**
RIP

As we lovingly remember our beautiful mother Rita, on this first anniversary of her passing we, Nora - Mai, Marguerite, Murt, Tricia, Mike & families, would like to thank most sincerely all those who sympathised with us on our great loss.

We would like to thank all those who called to the house, the removal, funeral mass & burial. Also to all those who sent Mass cards, Sympathy cards & floral tributes, your kind words were very much appreciated.

There are a large number of people to whom we owe indelible heartfelt thanks - the weekly visits & phone calls from Mammy's Nieces & Nephew, Sr. Joan, Breda, Doreen, Noreen and the home help Theresa & Sheila.

Gratitude is also extended to neighbours & friends who visited the house, who stayed to chat, sharing stories & fond memories.

We wish to thank Dr. Donal Coffey & staff of Ross Medical Centre for all their help all down through the years. Anthony and the staff of O'Sullivan's Pharmacy.

Thanks to Fr. Kevin Sullivan, Deacon Conor Bradley & Fr. Kieran O'Brien for concelebrating a beautiful mass. Paud & Mary for the singing & Miriam O'Sullivan - Long for her touching instrumental on the flute. Also Mammy's friend Patie Sugrue who sang so beautifully.

Sincere gratitude to O'Shea's Undertakers for their guidance and kindness with funeral arrangements, also Sgt. Mike Quirke & the Gardai for their assistance with traffic.

As it is impossible to thank everybody individually we hope this acknowledgment will be accepted as an expression of our appreciation & gratitude.

*A thousand words could never say,
How much we miss you everyday,
Life goes on we know that's true,
But it's not the same
since we lost you.*

*"Cherished and Forever
in our hearts"*

*Rita's 1st Anniversary Mass will be celebrated in
the Church of the Immaculate Conception, Listry
on Saturday 6th May 2017 @ 6pm.*



THE MIRACLE PRAYER

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Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

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HH

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Amen.

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H.H

LET'S PRAY TOGETHER INTO THE WORD

Praying is talking to God. And by doing this we draw nearer and get to know who our Father in Heaven is. By praying (talking) we are directed by God. We should pray in the right way and this will change our lives more than we can imagine. People pray when there is a difficult problem or situation. Every person seems to have, deep down the urge to pray. We should ask God for teaching in the way we pray. (Luke 11(1)). Jesus gave us the Lords Prayer Matthew 6(9-13). Is not the Lords Prayer worth spending deep study on!

It comes from Jesus Gods Son.

Amen.

For Prayer Requests.

laurencewoodley63@gmail.com

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. **X**

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SOS

THE MIRACLE PRAYER

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Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

SOS

The Factor

*House & Home
For Beautiful Tiles and Bathrooms.*

A Brand new bathroom
from €1,399
(All inclusive)

What do you
think of that?



Be inspired

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