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Cheering on their team.... The O'Donoghue Brothers from Glenflesk, Ryan, Jacob & Robbie pictured in Croke Park on Saturday evening at the Kerry V Armagh game.



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A Note from the EDITOR



As the town prepares to welcome thousands for the annual Ring of Kerry Charity Cycle this weekend, along with celebrating the friendship between Killarney and the people of America, we have lots for you to enjoy in this week's Killarney Outlook.

Three teachers were honoured for their service to Holy Cross Mercy School, Killarney Golf & Fishing Club are preparing to host the European Amateur Team Championships and Anne Lucey takes a look at the Deer dilemma on the roads around the town.

A life saving community defibrillator has been installed in a local estate, the Chamber welcomed the Chief Executive of IBEC and Killarney Access Group have welcomed new seating in the National Park.

20 years of free traditional music concerts are being celebrated in Killarney, St. Brigid's has unveiled a beautiful new mural and the lineup for Flesk Fest has been unveiled.

The Kilcummin Community rolled out the red carpet for the local Feile Team who were in Letterkenny for a tournament, the Hyrox Wellness Fest was a huge success and dancers from across the county will represent their country at the Dance World Cup in Spain.

In Sport, Jimmy takes an look back at the thrilling All Ireland Senior Football Quarter Final, Dr. Crokes Ladies are celebrating their first Division One final win and Kerry FC have welcomed a new signing.

Here's to a great weekend of celebration in Killarney!

Aisling Crosbie



The stunning display of wild flowers is catching everyone's eye on the Park Road just near the Railway Bridge.



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for inclusion in the Killarney Outlook.

THIS WEEK

ALL THE NEWS FROM
THE KILLARNEY AREA
AND BEYOND

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Holy Cross Mercy Celebrates *Three Retiring Teachers After 112 Years of Dedicated Service*

On Thursday last, Deputy Principal Anne Lucey, Assistant Principal Judy O'Mahony and Assistant Principal Lucy O'Mahony celebrated their retirement from Holy Cross Mercy School in Killarney.

The whole school community gathered to welcome the guests of honour, Anne, Judy & Lucy, along with members of their families, retired colleagues, members of the Board of Management and members of the school's Parents' Association.

The three colleagues, with a combined 112 years of teaching service left the school together for the final time at the home time bell on Thursday June 26th to rapturous applause and a guard of honour from the pupils and staff. Song rang out as they joined in the jubilant fun while the children sang "Try Everything", specially composed in honour of the three retiring teachers.

On the Friday before, pupils celebrated the retirees with a heartwarming assembly.

Principal Alice Davern congratulated the three retirees and thanked them for their invaluable contribution to school life through their dedicated years of teaching service as well as leadership in the school.

In her address to Anne, Judy and Lucy, Alice said, "Throughout the best and most challenging of times, you never failed to lead by example, inspiring us, instilling hope and always ensuring that pupil and staff welfare were at the forefront of all that you did."

How fitting that the three colleagues and friends who shared many of life's milestones in parallel and began their careers side by side would complete their teaching days together in Holy Cross Mercy.

Highlights of the occasion included:

A heartwarming poem composed for the ceremony which was written in tribute to the popular trio by colleague Mairéad Kennedy and read by Edel Cronin.

Members of the school's Student Council, under the leadership of Frances Arthur, performed a dramatic comedic sketch based on the school lives of Anne, Judy and Lucy and had the children and adults present laughing out loud. They paid tribute through their performance to Anne's role as Deputy Principal and Maths Coordinator in the school. They showcased Judy's role as Science Coordinator, Health & Safety Officer and SPHE Coordinator. The children relayed Lucy's role of school Music coordinator and choir director as well as her passion for our Green school. It had the perfect mixture of laughter, fun and memories, ending with the famous Shania Twain song which began... "Let's go girls!" And had everyone singing & dancing joining in the fun.



Staff at Holy Cross Mercy gather at The Plaza Hotel to mark the retirements of Deputy Principal Anne Lucey, Assistant Principal Judy O'Mahony and Assistant Principal Lucy O'Mahony

Pupils of the school who Anne, Judy and Lucy worked closely with presented them with books filled with the children's artwork and letterboxes filled with hundreds of handmade cards from all of the children in the school.

Members of the Parents Association presented the retiring teachers with beautiful flowers and tokens of their gratitude for their many years of service in the school.

Principal Alice Davern finished, "We know that you leave behind more than memories. Because today, we celebrate not just three remarkable teaching careers but the legacy of those who quietly transformed lives every single day.

You leave behind a legacy that will be characterised by hope, humanity, and humour, which have been the hallmarks of your service and will leave an indelible mark.

To Anne, Judy, and Lucy, —from the bottom of

our hearts, thank you.

May your days ahead be as rich and rewarding as the years that you have so generously given to others."

On Thursday evening last, the school staff and members of the Board of Management gathered at the Killarney Plaza Hotel for a retirement celebration in honour of Anne, Judy and Lucy, who were joined by their family members.

Presentations were made to the three on behalf of the school staff and Board of Management marking their committed service to the school. Chairperson of the Board of Management, Michael Coghlan thanked them for all they had contributed to life in the Mercy and congratulated them on their retirement. He wished them all the very best as they embark on this new chapter.



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KILLARNEY

set for bumper street celebration

A truly spectacular street celebration with marching bands, magnificent floats, power-packed motorcycles, favourite Disney characters, cheerleaders, dancers and so much more will bring Killarney town centre to life on this Friday night as the town celebrates its centuries old friendship with the people of America.

Earlier on the day, at 5.00pm, an 18-strong visiting choir from the Church of St Alphonsus and St Patrick, in the Archdiocese of Chicago, will perform on the steps of St Mary's Church of Ireland while, throughout the afternoon, there will be free fun activities for children on the streets of Killarney, including face painting, balloon art and cartoon characters joined by the famous man on stilts.

The distinctive beat of the drum will sound on College Square with a family friendly interactive drum experience that evening with a bumper street celebration scheduled to get underway at 7.00pm with a spectacular street show for what promises to be a wonderful eve of Ring of Kerry Cycle party as Killarney welcomes thousands of charity champions to town.

And to end the night on a high note, favourite local trad band The Rising, will perform on the Main Street stage to get everybody dancing and singing along and that will be the perfect warm-up for the big Nathan Carter Summer Spectacular concert – with special guests – at the Gleneagle INEC Arena.

With the 100-year celebration of the opening of Killarney National Park – gifted to Killarney by the Bourn-Vincent and McShain families –



At the launch of the Celebration of Killarney and American Friendship were Cllr Maura Healy-Rae, Noel Kennelly, Heineken (sponsor), Patrick O'Sullivan Green and Diarmuid Leen (chairman). Picture: Eamonn Keogh

scheduled for 2032, Killarney Chamber of Tourism and Commerce initiated a programme in 2023 to acknowledge that landmark occasion and to celebrate past and present links and this summertime celebration will certainly achieve that.

At 5.00pm on Friday the life and times of the great John McShain will be told in word, poetry, music and song.

GREAT SOUTHERN KILLARNEY

Renews Support for The Ring of Kerry Charity Cycle



Photo shows Jamie Power, General Manager of Great Southern Killarney, with committee members, John Rice, Cathal Walshe and Gerry Galvin all set for the Ring of Kerry Cycle on July 5th. Photo: Don MacMonagle

Great Southern Killarney is proud to continue its longstanding support of the Ring of Kerry Charity Cycle, returning once again as one of the main partners for this year's event, taking place on July 5th.

Now in its 43rd year, the iconic 170km cycle winds through the breathtaking Ring of Kerry and raises vital funds for a range of charitable organisations across the county. This year, Great Southern Killarney is cycling in support of its official charity partner, Breakthrough Cancer Research.

"We are delighted to support The Ring of Kerry Charity Cycle again this year, in support of a great cause in Breakthrough Cancer Research. The Ring of Kerry Cycle is always a great day out for everyone involved, and we are grateful for the tremendous work of the organising committee and all the volunteers who make this such a memorable day for so many people each year. A number of our team are taking part and we look forward to seeing everyone out there on the day!" Jamie Power, General Manager of Great Southern Killarney, said.

Great Southern Killarney's continued involvement underscores their commitment to giving back to the community and supporting vital health research initiatives.

To learn more about the cycle or donate, visit ringofkerrycycle.ie.

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Community Grieves Loss of Beloved Izzy in Tragic Equestrian Accident

There was a palpable sense of shock and disbelief when news broke on Thursday of last week that Isabelle (Izzy) O'Callaghan, a beautiful and talented young woman, had tragically lost her life in an equestrian accident at her family home in Rockfield, along the Tralee Road.

The much-loved daughter of Deirdre and Eamonn O'Callaghan, and cherished sister to James, Izzy was laid to rest on Monday, June 30th, at Aghadoe Lawn Cemetery. Her sudden passing has left her family, friends, and the wider community heartbroken.

Thousands paid their respects to Izzy's family on Sunday evening at O'Shea's Funeral Home, and again on Monday at her Requiem Mass, a powerful reflection of the love and esteem in which she and her family are held.

Speaking at her funeral, local priest Fr Kieran O'Brien described a community "numb with tragedy." He describing her untimely passing as "so unexpected and so cruel." The tragic accident occurred after she had spent the morning making hay bales with her beloved granda Jimmy.

Fr O'Brien spoke about the deep sorrow now felt by the family, marking yet another devastating loss following the death of her cousin baby Bill, eight years ago.

"She loved her horses," he said during the mass. "It's like the phrase, she would sleep, breathe and eat with them. They were her life. It was her vocation."

"From early morning to late at night, she attended to them.

Izzy's passion for equestrian competition took her across the country and her devoted parents were by her side, supporting her every step of the way.

"They were passionate, they were supportive, and they were also driven for the sake of their children". In an emotionally charged eulogy, Izzy's best friend Leah Clarke spoke of the deep bond that the girls had.

"I met Izzy through the world of horses and our friendship sparked the way a lot of people can relate to - the shared passion we had for our sport," Leah said.

"Our friendship was full of love, laughter, adventure and unforgettable memories that I will cherish forever, such as galloping down Inch Beach at full speed and uncontrollably laughing when we realised we couldn't stop the horses, making fun of each other when we were covered head to toe in mud after a long day of hunting, or stuffing our faces with chicken goujons at your kitchen table." Leah said that she was absolutely thrilled when Izzy was honoured at the Showjumping Ireland Awards in February.

"I was so proud of you when you were on the big stage receiving your award. I was even prouder to call you my best friend," she said.

Though Leah made the move to Ennis in Co. Clare to work, she and Izzy were still great friends and in constant touch despite not living close to each other.

Izzy was a Fifth Year student at St. Brigid's and was remembered with immense affection by her school principal, Ms. Roisin Moore. "It was with great shock and heartbreak that we learned of Izzy's sudden and devastating passing," she said.

"Izzy was a quietly confident young woman, a diligent student, and someone who, when the moment called for it, spoke with conviction and clarity. She carried herself with a beautiful elegance that was both natural and unassuming." Her passion for horses was a defining part of her life. "Her face lit up when she spoke about them," Ms. Moore said. "When Agricultural Science wasn't offered at St. Brigid's, Izzy didn't let that stop her, she pursued her studies in Ag Science at St. Brendan's College with her usual determination." During Transition Year, Izzy showed her characteristic courage and ambition by arranging a placement with the Equine Unit of the Irish Army,



an experience that would have daunted many. But not Izzy. She took it on with enthusiasm and flair.

"She was exceptionally kind and gentle, and deeply loved by her peers," said Ms. Moore. "Her quick wit, great sense of humour, and her fabulous, wide, and warm smile will remain a cherished memory for all of us in the St. Brigid's community."

The South West Harriers Hunt Club, of which Izzy was a proud member, also paid tribute, saying that Izzy was an inspirational young lady who adored the hunting field. She was an outstanding member of the club and was awarded the Junior Female Hunter of the Year in 2023.

We are forever grateful for her support, spirit, and friendship.

Izzy was beautiful inside and out, and she will be forever missed by all in our club."

The club honoured Izzy with a moving guard of honour at her funeral.

As the community continues to come to terms with this immense loss, thoughts and prayers remain with Izzy's family, friends, classmates, and all who knew and loved her.

Ar dheis Dé go raibh a hanam dílis.



Killarney Access Group Welcomes New Seating in Killarney National Park

The Killarney Access Group, a sub-committee of the Killarney Municipal District Council, is delighted to welcome the recent addition of new seating in Killarney House and Gardens and Muckross House and Gardens within Killarney National Park.

The group has been advocating for several years for more seating to be installed throughout the park to enhance accessibility and comfort for all visitors, particularly those with limited mobility. We are pleased to see progress being made this year with the installation of several new benches.

"We're thrilled to see these first steps being taken," Mary O'Shea from the group told Killarney Outlook. "These additions make a real difference to the experience of so many people, locals and visitors alike, who wish to relax and enjoy the natural beauty of our town. We hope to see even more seating provided in the coming weeks so that everyone can fully enjoy the exceptional amenities Killarney has to offer."

The Killarney Access Group continues to work with local authorities and park management to ensure that Killarney remains an inclusive and accessible destination for all.



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KILLARNEY GOLF & FISHING CLUB

Gears Up to Host Prestigious European Amateur Team Championship in July 2025



Killarney Golf & Fishing Club, in partnership with the European Golf Association and Golf Ireland, are looking forward to hosting the upcoming European Amateur Team Championship, 8–12 July 2025 on the iconic Killeen Course.

Preparations are now well underway as anticipation builds for one of the premier events in the international amateur golfing calendar. The tournament will welcome 16 national teams from across Europe, each featuring some of the most exciting emerging talent in the game.

This marks a significant milestone in the Club's history, as it prepares to host the championship exactly 50 years after it first hosted the event back in 1975. The return of this prestigious championship not only highlights the enduring appeal of Killarney Golf & Fishing Club, but it also reinforces its standing as one of Ireland's top golfing destinations.

Director of Golf at Killarney Golf & Fishing Club, Colin Finlay, said: 'This is a major milestone for our Club and for the wider Killarney community. We are honoured to be part of this elite event, and excited to showcase our

world-class facilities, our breathtaking lakeside setting, and the unique spirit of Irish hospitality to Europe's golfing elite.'

Over the past number of years, the Killeen course has received significant investment, with improvements made across all aspects of the golf course, from tees to greens and in particular, it's built features, all dedicated to enhancing an already superb layout. Head Greenkeeper, Enda Murphy, said: 'Preparing the Killeen Course for the European Amateur Team Championship has been both an exciting and, at times, a demanding process. Our goal has been to elevate every aspect of the course to true championship standard, from the speed and consistency of the greens to the definition of all areas on the course. We've invested a lot of time and effort to ensure that the course not only looks pristine but plays to the highest competitive expectations. We are proud of the results and can't wait to see Europe's best amateur players take on the course for this elite competition.'

With participants and supporters arriving from across Europe, the championship will bring a



vibrant international atmosphere to Killarney this July. The club looks forward to showcasing these improvements to Europe's top amateur golfers and to celebrating a shared love of the game in this historic setting.



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Anne Lucey

looks at the positive news happening in Killarney



PROJECT TO DETER DEER NOT ALTOGETHER FOR THE BIRDS

Someone must have been listening to Danny Healy-Rae a decade back when he sought to put up a deer crossing in Kilgarvan.

So many deer were crossing at the same location alongside the dancehall, a deer crossing alongside the zebra was needed, Danny told the council. Needless to say, the chamber fell around laughing.

"Every morning when I go out, I see them crossing the road at that spot," he said. "It is time we got a deer crossing alongside a zebra crossing for the deer in Kilgarvan," I reported in the Irish Examiner.

Not a week went by there wasn't an accident, Danny said. And the date of those remarks? June 2015.

June 2025 has just passed and little has changed. Except there are many more deer and more accidents.

Anyone who has read *The Last of the Mohicans* will know that once deer paths are established they are used by generations. A tenth generation of deer are now crossing near the dancehall in Kilgarvan.

New deer paths are being created now all over the district even as far as Kilcummin and signage for deer crossings is needed, Councillor Marie Moloney has said.

In despair of the National Parks and Wildlife Service erecting fencing near roads, or carrying out a sensible cull, new technology is to be tried by the council.

Two sets of technology are being harnessed, director of roads Frank Hartnett outlined in a reply to Councillor John O'Donoghue, who said he was "sick" of raising the issue.

Both are being deployed in Ballydowney - the



A deer photographed just inside the gates of the National Park near the Cathedral.

scene of two suspected fatalities involving deer and several collisions.

One of the "pilot" projects" is used in airports to scare birds.

The second pilot, a detect and alert scheme in use in Austria, is nearer Danny's original idea. Appropriately it is to be rolled out on the R569 Kilgarvan road. "It detects deer, it detects vehicles," we were told last Friday.

When both vehicles and deer were detected a noise deterring deer was emitted; when there was no car passing the deer could continue to cross the road.

Et voilà : If Danny ever decides to give up the politics, there is a career for him in invention.

A MORE SCEPTICAL COUNCIL EMERGES SAYING THIS FAR AND NO FURTHER

I detect a change of approach in our councillors in Killarney. They say we learn more from when

we slip up than when we succeed. If we glide through life we miss out on key learning experiences.

On that note Brendan Cronin said he had never been so "burnt" by a decision as the Fossa straight. The whole saga had been a real tough learning curve. He had "serious regrets" the road was only 3 meters. The councillors were given assurances by management and when the second path was being constructed they appealed for changes, but got nowhere.

"We haven't been listened to," Brendan said.

Maura Healy-Rae said councillors needed to be better informed before they made a decision and so they could answer basic questions for the public.

"We are being slaughtered on social media as councillors," Marie Moloney said in reference to the Áras theatre primary care centre project.

Some people supported that whole project but were less vocal than those opposed, Marie also said. Nearly everyone on social media said the site was "gifted" from the friars, she said. Marie got clarification that the site was indeed bought not gifted and it was bought at market price by the council.

The upshot of the new approach by councillors is the HSE estates manager - the unit that deals with the HSE's extensive property portfolio must meet with councillors before they vote on the matter on July 25th or they won't vote. They also want council management to make a statement saying whose decision it was to primary care centre was necessary.

Brendan Cronin said the failure to give detail and accuracy of information was "just like the Fossa road" and the councillors were the targets.

The HSE were mistaken if they thought the councillors would now simply rubber stamp the Aras Phadraig project, was the consensus.

HOTTING UP

Can Killarney expect shoals of tourists fleeing the heat? Indications are holiday makers will flee the Mediterranean in June, July and August, so intense is the summer heat.

Ireland will be a slow burner, pardon the pun, when it comes to benefiting from changing holiday patterns, is my thinking. This is because while a little cool is ok, people have to completely relearn holiday expectations to view grey skies and rain as any kind of holiday escape.

But there are hot issues to be faced, even for us with climate change.

One of the big issues for heat - 40 degree heat will kill you - is concrete. Temperatures in urban environments will far exceed those in the countryside or at the seaside because of the density of buildings.

The way we build and where we build is an issue no-one seems to be addressing. We need to climate proof planning.

New homes and offices use far too much glass.

Accepted modern planning policy even in Killarney would like to herd us all into small urban spaces with tiny or no gardens. Councillors in Killarney on Friday asked that infill sites in housing estates be identified and built on to ease the housing crises. But cramming houses into each other in urban areas is not a bright idea in a hotting climate.

The concrete and asphalt absorb and re-emit the sun's radiation making cities like London or Paris unbearable.

Killarney isn't London- yet. But the dense way it is going with house building, it is heading in the same direction.

Then there is the complete lack of urban trees now in Killarney. Big trees have been taken down in Deer Park in New Road and now in Lewis Road. This is a travesty. Trees give shade and take decades to grow. Our car parks need more trees for shade. Pedestrians on roads badly need shade. You can walk from Killarney town centre now to Woodlawn Cross and all the way to Ballycasheen along a growing density of houses and there's very little shade. You have the same along the cycleways in Rock road. More green spaces between houses, smaller windows and more trees must be put on the agenda in a changing planet. No car park should be allowed to exist without shade. And certainly no footpath. Tree planting schemes for Killarney?



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John & Mary Murphy, Killorglin.

THE HEIGHTS HOTEL KILLARNEY

Proudly Supports Life-Saving Community Defibrillator Initiative



Residents of Whitebridge Manor pictured at the unveiling of the Defibrillator Project in Whitebridge Manor Estate, Ballycasheen, Killarney last week. The Heights Hotel Killarney sponsored the Whitebridge Manor Defibrillator Project, a vital community initiative inspired by the incredible local response following a medical emergency earlier this year. Photo: Don MacMonagle

The Heights Hotel Killarney is proud to have sponsored the Whitebridge Manor Defibrillator Project, an essential community initiative sparked by an extraordinary local response to a medical emergency earlier this year.

Following the sudden cardiac arrest of Seán Óg O'Sullivan at his home, the Whitebridge community swiftly came together to fundraise for a publicly accessible defibrillator. The Heights Hotel stepped in to cover the full cost of the defibrillator and its outdoor heated box, which has now been installed in the heart of the Whitebridge estate. Led by Seán Óg's brother, Gary O'Sullivan, the initiative raised over €4,600 through a GoFundMe campaign. With the defibrillator now in place, the remaining funds will be donated equally to three vital causes:

Killarney Cardiac First Response Unit
The Michael Lenihan Heartsafe Campaign
Brú Columbanus, Cork University Hospital

Collette Andre O'Riordan, Managing Director of The Heights Hotel, recently visited the installation site and expressed pride in supporting the project. She also confirmed the hotel's continued commitment by sponsoring upcoming community CPR and First Aid training sessions providing the venue and essential tools to facilitate the courses.

In addition, The Heights Hotel will host an awareness coffee morning in the coming weeks to raise funds and promote education around cardiac response and community preparedness.

"We are delighted to have been able to support such an

important community-led project," said Collette Andre O'Riordan. "The swift response from local residents shows the power of community spirit. We hope this inspires others across Killarney, Kerry, and beyond to prepare and train, because it truly can save lives."

The Heights Hotel remains committed to supporting grassroots initiatives that make a real difference and looks forward to welcoming the community for upcoming training and awareness events.



Collette Andre O'Riordan, Managing Director of The Heights Hotel, Killarney with Sean O'Sullivan and his son Gary along with residents of Whitebridge Manor pictured at the unveiling of the Defibrillator Project in Whitebridge Manor Estate, Ballycasheen, Killarney last week. The Heights Hotel Killarney sponsored the Whitebridge Manor Defibrillator Project, a vital community initiative inspired by the incredible local response following a medical emergency earlier this year. Photo: Don MacMonagle

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Chamber event told that everything Ireland touches is turning to cash

The notion that there is a widespread cost of living crisis in Ireland is not true, apart from a small percentage of people who are suffering, a leading economist has told Killarney's business community.

Pictures: Eamonn Keogh

Danny McCoy, chief executive of the Irish Business and Employers Confederation, said there is a need to take a look at the world as it is and not what people imagine it to be.

"There are people suffering in our society but what proportion of them we can only speculate on," he said.

"It's certainly not 50 per cent and I don't believe it to be 20 per cent but I'm willing to leave it at 20 per cent which means 80 per cent don't have a problem," he told a Killarney Chamber of Tourism and Commerce members' lunch.

Mr McCoy said, despite the fact that the other 80 per cent are not impacted, there are still blanket calls for energy credits for everybody.

"It's not even sophisticated enough to limit it to every household. People without an ESB metre are receiving that money as well as people with second homes. The actual disproportionate nature and equality of it continues," he remarked.

The IBEC chief told the gathering in the Great Southern Hotel that, the previous night, Irish householders had €160 billion on deposit in the Irish banking system.

"That's cash – that's not their wealth. That's their readies. There is no heavy debt," he said.

Mr McCoy said financial institutions are frustrated trying to lend money and he described the current credit union and banking system as being like a library where people now come to bring books and not take them out.

"This is the reality in Ireland. We have seen a surge in our population which is great news, we are a rich society which is great news but what we are doing with the money is that we're blowing it on conspicuous consumption right against the point where we are seeing this need for infrastructure in its widest sense," he remarked. The leading economist, who spearheads the country's largest business representative organisation and lobbying group, told the gathering of over 80 business leaders that it's now very difficult to actually identify a region globally that hasn't employment rates near record levels.

That, however, also has implications for attracting talent which is very critical to the



Johnny McGuire, left, and Padraig Treacy, right, (Killarney Chamber of Tourism and Commerce Co-Presidents) with Danny McCoy, CEO, Irish Business and Employers Confederation (Ibec), Norma O'Regan (Killarney Chamber) and Diarmuid Leen (Celebration of Irish and American Friendship Committee Chairman) at the Killarney Chamber of Tourism and Commerce members luncheon at The Garden Room in The Great Southern Hotel Killarney.



Jamie Power (GSH), Neil Grant (Brehon Hotel), Michael Jacobi (Hayfield Family Collection), Tom Randles (Randles Hotel) and Michael Coghlan (Sherry Fitzgerald Coghlan) at the Killarney Chamber of Tourism and Commerce members luncheon at The Garden Room in The Great Southern Hotel Killarney.

Killarney region in terms of business and tourism. While a lot of the problems locally sound and feel the same in terms of higher business costs, competitiveness pressures, trying to get staff and public infrastructure delivery, it has to be set against a very unique decade for Ireland and one that is talked about a lot but is actually misunderstood, he maintained.

"The reality since 2014 is that Ireland the economy has grown by 150 per cent, the economy doubled with a 100 per cent increase at the edge of Covid and since Covid, it has grown by another 50 per cent.

"There is no society, economy or population globally that has experienced that," he said.

In terms of generating corporate tax revenue, Mr McCoy added: "Like the parable of Midas – everything that Ireland touches is turning to cash".

He said the wonderful situation that Killarney recently witnessed with citizenship ceremonies and new people wanting to come to the country was in direct contrast to the generations of Irish that had to emigrate.

"We now have 2.8 million people at work in the economy, with relatively high wages versus other jurisdictions but one of the key features is the imbalance between the public and private sectors," he said.

He recalled that in 2005/2006, public sector workers numbered about 400,000 in a workforce of about 1.8 million. The public

sector numbers dropped during the great financial crash but it has now come back up to about 400,000 again – the same level as 20 years ago.

"In contrast, there is a million extra people in our labour force. So there's now about one million extra private sector workers and the same amount of public servant workers as 20 years ago," he observed.

The IBE chief said the problem is as society gets wealthier, people expect to have better public services, more medical staff, more educationists, more security on the streets, more planners to get quick, decisive decisions and more regulators to make sure that things are done properly.

"It's not that the government doesn't want to hire more but it finds itself ineffectual in the market. The private sector, at this time, has the resources and is able to outbid the government, notwithstanding the fact that the government has such a large surplus relative to its peers.

"In the labour market, the government finds itself increasingly outbid by the private sector taking planners, regulators and people from public service duties," he said.

Mr McCoy pointed out that he pursued a career as an economist but he comes from a family of plumbers in Tuam, Co Galway and if he too had opted to become a plumber, he would now be a wealthy man: "Tradespeople have been rich and well off in Ireland for the last 25 years, in my experience," he said.



Marcus Treacy (OCKT Chartered Accountants), Bernadette Randles (Dromhall Hotel), Paul O'Sullivan (Dromhall Hotel) and Sarah Treacy (OCKT Chartered Accountants)



Cllr Tommy Cahill, Paul O'Sullivan (Dromhall Hotel) and Conor Hennigan (Hennigan Hospitality Services).



Sheila O'Callaghan (The Lake Hotel), Denise O'Sullivan (GSH) and Josie O'Kelly (Muckcross Park Hotel).



Jim Kennedy (MD O'Sheas), Josephine O'Driscoll (Failte Ireland), Brian Miley (Gleneagle Group) and Danielle Favier (Failte Ireland) at the Killarney Chamber of Tourism and Commerce members luncheon at The Garden Room in The Great Southern Hotel Killarney.



Danny McCoy, CEO, Irish Business and Employers Confederation (Ibec), Aisling Crosbie (Killarney Outlook Editor) and Johnny McGuire, (Killarney Chamber of Tourism and Commerce Co-President).



Mike Stack (Tricel), Danny McCoy, CEO, Irish Business and Employers Confederation (Ibec) and Tom Randles (Randles Hotel).



Michael Jacobi (Hayfield Family Collection), Diarmuid Leen (Celebration of Irish and American Friendship Committee Chairman), Mark Scally (Great Southern Hotel) and Jamie Power (Great Southern Hotel).



Johnny McGuire, left, and Padraig Treacy, right, (Killarney Chamber of Tourism and Commerce Co-Presidents) with Superintendent John Ryan, Danny McCoy, CEO, Irish Business and Employers Confederation (Ibec) and Mayor of Killarney Martin Grady.

Spraioi Chiarraí 2025 – Celebrating 20 Years of Free Youth Traditional Arts Concerts in Killarney

The much-loved Spraioi Chiarraí concert series returns for its 20th anniversary season this summer, bringing a fresh showcase of young local talent in traditional Irish music, song, dance, and storytelling to Killarney's most historic venues.

Kicking off on Saturday, July 5th at 8pm in St. Mary's Church of Ireland, the series will feature students of Maighread Ní Luúasa's Music School in Ballynoe, Fermoy, joined by folk musician and producer Tim O'Shea. A total of five free performances are scheduled this summer, with four evening indoor concerts at St. Mary's Church and a lively open-air "Round the House" performance on Saturday, August 16th at 2pm in Killarney House & Gardens.

This Kerry-based youth arts initiative continues to offer vital performance opportunities and mentorship for young artists, while delivering high-quality family entertainment for both locals and visitors.

Concert Dates – All Free Admission:

July 05 – 8pm - St. Mary's Church of Ireland, Killarney

July 26 – 8pm - St. Mary's Church

Aug 02 – 8pm - St. Mary's Church

Aug 16 – 2pm - Killarney House (Outdoor)

Aug 23 – 8pm - St. Mary's Church



Ready for the Summer concerts. From left: Muireann Ní Luúasa, Tomas Cronin, Tim O'Shea, Conchubhar O'Luasa, Michael O'Sé, Brid Ní Hé

Featuring:

Fiddle, Harp, Accordion, Flute & Whistle, Uilleann Pipes, Guitar, Bodhrán, Vocals, Irish Dance & Live Storytelling.

Spraioi Chiarraí is made possible through the generous support of Kerry County Council,

Killarney MD & Arts Office, Killarney Chamber of Tourism & Commerce, Kerry Gems Publishing, St. Mary's Church of Ireland, and Killarney House & Gardens. All events are free and family-friendly. **Bígí linn!**

CHAMBER WORKING WELL with first citizens

The new Mayor of Killarney is carrying on a great tradition with the tremendous service three generations of his family have given to the town.

That was the message from Killarney Chamber of Tourism and Commerce for the newly elected Cllr Martin Grady who they met just days after his election to the top job.

Chamber Co-President, Johnny McGuire, wished Cllr Grady every success in the years ahead and he acknowledged the dedication of his family to public office, to local politics and to community development down through the years.

"Martin's late father, Donal, his uncle, Seán, and his grandfather, John, have held the chain of office before him and, in fact, it is the eighth time that one of the family has done so. "It is great to see the family

maintaining that great tradition of public service," he said.

"Chamber wishes Martin every success in the role and we look forward to working with him on various projects over the next 12 months," Mr McGuire added.

Meanwhile, Chamber has also paid tribute to outgoing mayor Maura Healy-Rae with whom they had a very successful and mutually beneficial working relationship.

At a Chamber luncheon in the Great Southern Hotel, Killarney a presentation of a framed montage of photographs from her 12 months in office was made to Cllr Healy-Rae – also the third generation of her family to pursue a political involvement.

She said she thoroughly enjoyed the great working relationship she had with the town's business community.



Johnny McGuire and Padraig Treacy (Killarney Chamber of Tourism and Commerce Co-Presidents) make a presentation to outgoing Mayor of Killarney Maura Healy-Rae to mark her successful term in office at the Killarney Chamber of Tourism and Commerce members luncheon at The Garden Room in The Great Southern Hotel Killarney. Picture: Eamonn Keogh



Johnny McGuire and Padraig Treacy (Killarney Chamber of Tourism and Commerce Co-Presidents) with newly elected Mayor of Killarney Martin Grady at the Killarney Chamber of Tourism and Commerce members luncheon at The Garden Room in The Great Southern Hotel Killarney. Picture: Eamonn Keogh



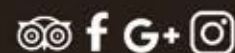
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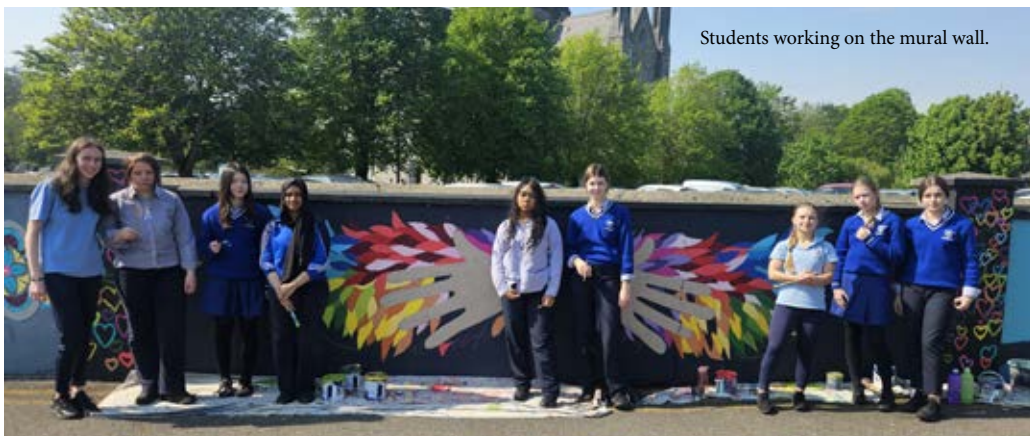
St. Brigid's Presentation Unveils Meaningful School Mural Honouring Legacy and Creativity

St. Brigid's Presentation Secondary School in Killarney has unveiled a stunning new mural, the result of a vibrant collaboration between students, staff, and renowned street artist Kevin O'Brien. The artwork, which now brightens a key space on the school grounds, was inspired by the collective creativity of the school community, brought to life through O'Brien's dynamic design.

A particularly poignant panel of the mural is dedicated to the memory and legacy of the Killarney Presentation Sisters. In a heartfelt gesture, former and current members of staff were invited to participate in the mural's creation. As they painted, they shared treasured stories and memories of the Presentation Sisters, a moving testament to the profound impact these women had on the school and the wider Killarney community. Their values and dedication continue to resonate through generations, leaving an indelible mark on all who pass through the school's doors.

"Visual art has the power to transform a school environment," said teacher and project organiser Alice Quilter. "It can uplift the spirit and shape the mindset of everyone who interacts with the space."

Alice also paid special tribute to Principal Róisín Moore, whose unwavering support for the arts was instrumental in bringing the project to life. "None of this would have been possible without Róisín, who has always championed the arts at St. Brigid's. She will be dearly missed. May her legacy, and that of the incredible women who came before her, continue to live on through the colourful stories told and seen in this mural."



Students working on the mural wall.



Eddie Sheehy and Miriam Malone hard at work



Caroline Hennigan



Alice Quilter pictured with Róisín Moore



Eileen Spillane, Peggy O'Shea+ Sheila O'Keffee.

HSE South West confirms €2.3 million investment in cancer services

HSE South West is proud to announce a major investment by the National Cancer Control Programme (NCCP) of over €2.3 million to improve cancer care across the region over the next 18 months. This funding will support eight new projects and create 16.5 new healthcare jobs, including nurses, doctors and oncology support staff.

The new posts include:

- **Specialist nursing support for patients in the rapid access lung service**
- **A new family breast cancer pathway, which will aid in early detection**
- **A new post for a regional team supporting adolescents and young adults with cancer**



•Recruitment of a new patient support worker for breast cancer patients

•Recruitment of a senior occupational therapist and speech and language therapist, to support an increased number of patients and families.

This investment will bring tangible improvements to cancer services, with additional staff for early cancer diagnosis clinics and extra supports for families at risk

of cancer. Additional new services will also be developed, such as the provision of special care for teenagers and young adults with cancer, and the development of personalised cancer treatment expertise. These new services will support people after their treatment ends and some of the funding will go toward the acute oncology service, helping cancer patients avoid the emergency departments. Most of these new staff will be based at Cork University Hospital, with some roles located at Mercy University Hospital and University Hospital Kerry. Recruitment for these new oncology staff members is progressing.

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FIONA SHAW

ANNOUNCED AS THE RECIPIENT OF THE 2025 MAUREEN O'HARA AWARD

Kerry International Film Festival is delighted to announce award-winning actress Fiona Shaw as the recipient of this year's Maureen O'Hara Award ahead of the 26th edition of the festival. (October 16th-19th, 2025)

Originally established in 2008, the Maureen O'Hara Award was one of the first awards of its time to solely award women who have excelled in the Film and Television industries. The inaugural winner was actress Brenda Fricker, and a variety of women both behind and in front of the camera have been awarded throughout the years, including most recently producer Rebecca O'Flanagan in 2024.

A celebrated actress on both the stage and screen, Fiona Shaw is regarded as one of Ireland's greatest actors. An accomplished theatre actress for roles in ELECTRA, AS YOU LIKE IT, and more, some of her awards include the Laurence Olivier Theatre Award for Best Actress in 1990 and 1994, a CBE for Services to Drama in 2001 and a 2002 Tony nomination for her role in the Broadway production of MEDEA. She made her feature film debut in Jim Sheridan's MY LEFT FOOT (1989), and select titles in her prosperous screen career include the HARRY POTTER series (2001-2010), THE BUTCHER BOY (1997), THE TREE OF LIFE (2011), AMMONITE (2020) and most recently HOT MILK (2025) and PARK AVENUE (2025). She is also well-known for her work in television throughout the years, which includes KILLING EVE (2018-2022), for which she was awarded a BAFTA and received two Primetime Emmy nominations, FLEABAG (2019), which saw another Primetime Emmy nomination and ANDOR (2022) which prompted BAFTA and Critics Choice Super Award nominations.

Speaking about receiving the award, Fiona Shaw said, "Maureen O'Hara took on studio sexism despite knowing it would limit her career, but she herself was limitless - on and off screen. As well as being the iconic strong and fiery redhead, Maureen played vulnerability and tenderness, defying the one-dimensional roles often written for women. Maureen did all her own stunts, was a trained opera singer, and a pioneering woman in the aviation business. All this, and she was an absolute looker. I hate her! I jest. I adore Maureen, and I am thrilled to be the 2025 recipient of the Kerry International Film Festival (KIFF) Maureen O'Hara Award. It puts me in great company - women who have played a blinder, both in front of and behind the camera. Film needs women just as the world needs



PADDY TO BE REMEMBERED AT THIS YEARS RING OF KERRY CHARITY CYCLE

As Killarney prepares for the Ring of Kerry Cycle tomorrow, Saturday 5th July, organisers have confirmed that the cycle will be dedicated to the late Paddy O'Donoghue who was tragically killed while training for the race, an event in which he was involved in since the beginning.

A family member of Paddy's will be the starter of the cycle and will drop the flag for the 4,000 cyclists who are all taking part for various charities.

The start of the event will be attended by Bishop Ray Browne, Fr. Kieran O'Brien and the new Cathaoirleach of Killarney Municipal District, Clr. Martin Grady.

The nine charities which will benefit from this year's event are: Breakthrough Cancer Research, Bru Columbanus, Focus Ireland, Kerry Hospice Foundation, Kerry Parents & Friends, The Irish Kidney Association, Jack and Jill Children's Foundation, Social Action Group, Rathmore and Recovery Haven Kerry.



Minister Michael Healy-Rae TD Visits Nagle Rice National School

Minister of State Michael Healy-Rae TD paid a special visit to Nagle Rice National School in Milltown last week to celebrate the school's outstanding achievements in food education and environmental awareness.

The school was honoured for its creativity and innovative participation in the 2024 GIY SuperValu Let's GROW programme, with particular praise for its award-winning sensory garden, Tadhg's Garden. The project reflects the school's hands-on and holistic approach to teaching students about food, nature, and sustainability.

During the visit, Minister Healy-Rae met with pupils, staff, and representatives from GIY (Grow It Yourself), applauding

the school's continued dedication to environmental initiatives. He also underscored the importance of programmes like GIY's Grow at School, which educate young people on where food comes from and how they can contribute to a healthier planet.

GIY is advocating for a national food education initiative, aiming to bring a garden-based learning programme to every primary school in Ireland. The goal is to embed practical food literacy and sustainability into the national curriculum, equipping the next generation with the knowledge, skills, and attitudes needed to make healthier and more environmentally conscious food choices.



Pictured: Caroline Cooke (Head of Corporate Partnerships, GIY), Minister of State for Forestry, Farm Safety and Horticulture Michael Healy-Rae, Aileen O'Dowd (Principal, Nagle Rice N.S.), Jan Kerins (Staff, Nagle Rice N.S.), Mary Bishop (Head of Education, GIY), and students of Nagle Rice National School, Milltown.



MON

14

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TUE

15

FLAT
(EVENING RACES 5PM)

WED

16

FLAT
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18

NATIONAL HUNT

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Former Loreto Secondary School students celebrating their 60th Anniversary Eileen Walsh McMahon, Honor O'Leary, Nell Moynihan, Betty Cremin, Kathleen Horgan, Margaret O'Sullivan, Dymrna Clifford (second row from left) Phil Sigerson, Aine McGuire, Ita Kearney (back from left) Maureen Scannell, Philomena McDonnell, Breda Doody, Noranne O'Connell and Anne O'Connell at the Ingernational Hotel, Killarney on Saturday.
Photo by Michelle Cooper Galvin



ENCORE une fois! Chalair has commenced its summer schedule of routes from Kerry Airport to four destinations in France. Over the weekend passengers flew to Brest in Brittany, Caen in Normandy and Brive in the Dordogne Valley. Pictured all set for take off were Anna Callaghan from London, Billy and Jonie O'Donoghue from Killarney.
Photo By : Domnick Walsh © Eye Focus LTD .



'Meet in Ireland' – that's the message at The Meetings Show in London this week. Tourism Ireland – together with Fáilte Ireland and Tourism Northern Ireland, as part of the 'Meet in Ireland' team – is attending the event, together with 28 tourism companies from the island of Ireland. PIC SHOWS: Aileen Hickey, Tourism Ireland; Becky Hargrove, Kerry Convention Bureau; Ann Shanahan, Killarney Convention Centre; and Niamh O'Neill, O'Donoghue Ring Collection, at The Meetings Show in London. Pic – Malcolm McNally



ENCORE une fois! Chalair has commenced its summer schedule of routes from Kerry Airport to four destinations in France. Pictured were Airport Staff member Ksenija Karpovic with passengers the McNally family from Kilcummin Killarney; Cróia, Mum Lisa, Dad Niall and baby Jamie. Photo By : Domnick Walsh © Eye Focus LTD

Rathmore teacher Donal Cremin, who is coming to the end of his 12 month term as President of the Association of Secondary Teachers of Ireland, (ASTI), pictured with his family and colleagues at a function in The Brehon Hotel, Killarney at the weekend.
Photo: Don MacMonagle





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Familiar Face is the new Postmaster in Dingle



A post office in one of Kerry's busiest tourist towns has been saved from the threat of closure by the appointment of a new postmaster.

The contract to run Dingle Post Office has been awarded to Niall Kelleher, a native of Rathmore and now living in Killarney, who already operates a busy post office business at Fair Hill, Killarney.

He takes up the Dingle role from July 1st and the PO is based at Fitzgerald's HomeValue Store on Main Street. The previous operator, Eileen Fitzgerald, had tendered her resignation to An Post and the contract was advertised on two occasions before An Post approached Mr Kelleher. The previous occupant agreed with An Post to a short transition period to facilitate the successful applicant with the existing premises should they wish to avail of same.

Niall Kelleher comes from a family that is steeped in the business of running a post office as his mother, Julie, has been the postmistress in both Rathmore and Millstreet since 2015. He opened the post office branch at Fair Hill, Killarney in March 2023 and it has been a

big hit with customers, offering a very important and accessible service to a huge population on the eastern side of Killarney. The new Dingle Postmaster, who has been a member of Kerry County Council since 2014, said the post office has a vital role to play, particularly in rural communities.

"It is a significant responsibility to operate a post office but, very often, it is one of the last commercial lights remaining switched on in many communities," he said.

"Dingle is a thriving, attractive place where the population multiplies dramatically in the summer months and a town of its stature and importance most certainly deserves its own post office," he added.

The post office, which will open Monday to Friday from 9.00am to 5.30pm and from 9.00am to 1.00pm on Saturdays, has been located at the rear of Fitzgerald's HomeValue Store since 2007.

It is understood that the post office is likely to move to a new location in a number of months.

Double Transplant Inspiration:

Lehane Trio to Cycle Ring of Kerry for Organ Donation Awareness

Gneeveguilla man John Paul Lehane (42), a double transplant recipient, will cycle the Ring of Kerry Charity Cycle tomorrow, Saturday, July 5th, alongside his wife Edel and kidney donor brother Barry Lehane.

The trio is riding to raise awareness for organ donation and funds for the Irish Kidney Association (IKA). John Paul, originally from Kiskeam, received a kidney from Barry in 2018 and a pancreas transplant in 2020 after years of living with Type 1 diabetes. Barry, a nurse based in England, was a perfect match and made the selfless donation following months of testing at Beaumont Hospital.


This will be the first time the brothers cycle the 170km route together. Edel, a healthcare assistant at University Hospital Kerry, completed the event last year. They'll be joined by friends and family, including John Paul's brother-in-law and school friends from Ireland and abroad.

At the heart of the legendary Ring of Kerry Charity Cycle is the Irish Kidney Association (IKA), the grassroots charity that founded the event 43 years ago. In the early years of the iconic cycle, the IKA played a pivotal role in staging the event but also in raising crucial awareness and funds for kidney patients in Kerry. This year, the IKA is calling on cyclists of all levels to join the event on Saturday, July 5th, to help provide vital funds to the charity to support kidney patients and raise organ donor awareness. For those not cycling, the IKA encourages everyone to support participants like the Lehanes and others who are taking part in the cycle to raise funds and awareness for the charity. To find out more about the Irish Kidney Association visit www.ika.ie

To donate to John Paul's online fundraising link visit www.idonate.ie/fundraiser/JohnpaulLehane76



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Irish Sprinting Gets High-Tech Boost Ahead of 2028 Olympics

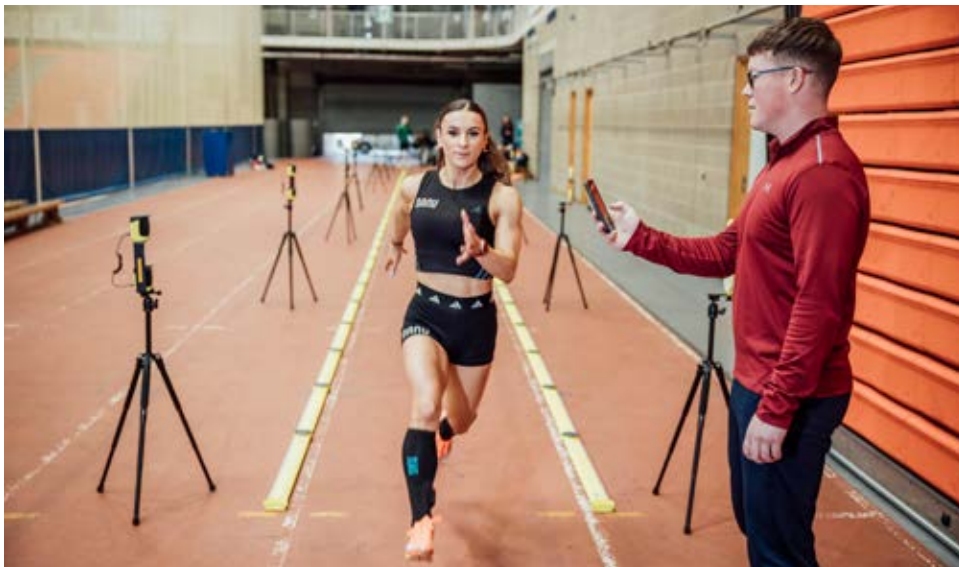
A new collaboration between academia and industry could give Irish sprinters a competitive edge at the 2028 Olympic Games in Los Angeles.

Elite athletes, including Killarney sprinter Sarah Leahy, are taking part in a groundbreaking study at Lero, the software research centre based at the University of Limerick. In partnership with Irish sports analytics firm DANU, researchers are investigating the impact of super spike sprint shoes using cutting-edge wearable smart sock technology.

The project, led by Lero and the University's Sport and Human Performance Research Centre, aims to analyse real-world data to assess how super spikes affect sprint biomechanics, from speed and ground contact time to muscle activation and ankle movement.

"Gaining a fraction of a second could mean the difference between finishing off the podium and winning a medal," said Professor Ian Kenny, who raised questions about whether athletes choose super spikes for performance or sponsorship reasons.

Shane Hassett of Lero highlighted that the research will compare biomechanical changes



National Indoor Sprint Champion and DANU Sports Ambassador Sarah Leahy and Lero's Shane Hassett of the University of Limerick using Danu equipment to test the efficacy of 'super spikes' running shoes. Picture: Brian Arthur

in gait when wearing super spikes versus traditional spikes, using athlete-specific data.

DANU CEO Oisín Lennon praised the collaboration, noting UL's early support in validating their technology. "It's incredibly

rewarding to see our system now driving research that could reshape elite sprint performance," he said.

The research team is continuing to recruit top Irish sprinters as part of the ongoing study.

The Anam Sessions...

Free Summer Concert Series Showcasing Irish Folk and Traditional Music

A new series of free early evening concerts, The Anam Sessions, is set to bring the rich sounds of traditional Irish music to the heart of Killarney this summer. Hosted at the ANAM Cultural Centre on East Avenue, the series begins on Monday, July 7th, 2025, at 7:00 PM, and will run for eight consecutive Mondays.

The opening concert will feature the renowned Tim O'Shea & Friends, with special guest Philip Crickard of Ardfert, a seasoned fiddle and mandolin player originally from Carrickfergus, Co. Antrim. Crickard has lived in Kerry for over 35 years and is a well-known figure on the local and national folk music scene.

Tim and Phil, longtime musical collaborators, have brought their unique blend of lively



dance tunes and traditional Irish songs to audiences in the US, Germany, and across Ireland. Their performance at ANAM promises

an entertaining evening full of energy, musical heritage, and local charm.

The Anam Sessions will spotlight both established names and emerging talents from Killarney and beyond, offering a platform for local musicians and an authentic cultural experience for locals and visitors alike.

Concertgoers are encouraged to come early, grab a seat, and soak up the atmosphere in one of Killarney's most creative venues. Surprises are promised throughout the series.

Admission is free. All are welcome. Bigí linn!

VACANT HOUSES IN KILLARNEY

At the recent Kerry County Council Killarney Municipal Meeting, Cllr. John O'Donoghue asked that following the recently reported statistics that over 770 Council houses across the country have been vacant for more than 12 months, how many of these are in Killarney Municipal District?

Given the housing crisis we find ourselves in and the extraordinary pressure our MD in particular is under, it is vital that any vacant Council houses are turned around as quickly as possible. I accept that the Council's hands are tied to a certain extent as there are national guidelines which must be followed, but we need to get these houses back out into circulation as soon as we can. I am pleasantly surprised to see in the reply that there are currently only 3 houses in Killarney vacant for longer than a year and that the Council plan to dispose of these before long.



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BARRADUFF COMMUNITY FIELD

This July, the village of Glenflesk is set to come alive once more as FLESK FEST 25 returns for what promises to be the best yet. Running from Thursday, July 17 to Sunday, July 20, and hosted at the Barraduff Community Field, this four-day celebration brought to life by Glenflesk GAA blends music, community, family entertainment, and sporting heritage.

Following the overwhelming success of last year's event, Flesk Fest is back with an even more ambitious programme for 2025. With something on offer for all ages and interests from live bands and cultural showcases to alpacas and All-Ireland nostalgia it's no surprise the festival has earned a place as a highlight of Kerry's summer calendar.

THE PROGRAMME AT A GLANCE

Thursday, July 17 – A Celebration of Kerry Football (New for 2025)

The festival opens with a night dedicated to Kerry's extraordinary football legacy. Titled A Celebration of Kerry Football, this very special evening marks the 50th anniversary of Kerry's 1975 treble, where the county captured All-Ireland titles at senior, U21 and minor level, a rare and remarkable feat. Attendees will hear from the three captains of those teams:

Mickey Ned O'Sullivan (Kenmare, Senior)

Kevin O'Donoghue (Glenflesk, U21)

Robert Bunyan (Ballydonoghue, Minor)

Also honoured will be the 2000 Millennium Team, with Glenflesk's own Seamus Moynihan, Man of the Match and team captain, returning alongside former teammates to reflect on their All-Ireland triumph.

The evening also pays tribute to the incredible Kerry Ladies' "Nine-in-a-Row" team (1982–1990),

Glenflesk GAA Unveils FLESK FEST 25



with a special appearance by the legendary Mary Jo Curran, and celebrates today's footballing excellence with Louise Ni Mhuircheartaigh 2023 TG4 Senior Players' Player of the Year and a five-time All-Star.

Ambrose O'Donovan and Tim Moynihan will co-host what promises to be an emotional and inspiring night of stories, memories, and celebration.

Friday, July 18 – Dance Hall Friday

On Friday, festival-goers are invited to dust off their dancing shoes for Dance Hall Friday, a nostalgic and energetic evening featuring Line Dancing with Bridie McCarthy, followed by jiving, waltzing and polka with Jerry McCarthy and the Autumn Gold Band.

Saturday, July 19 – Pitchside & Party Time

Saturday offers a feast of activity. The day opens with the Gaelic4Mothers&Others Blitz, followed by an afternoon session of live music at the Marquee Bar. The line-up showcases local favourites, including: The O'Donoghue Sisters, Hacksaw Céilí Band, Johnny Courtney & Friends, Noreen Kelliher, Paud, Molly & Aoise and The Border Boys

Later that evening, the Main Stage Evening Session takes over, headlined by a new-for-2025 Double Bill featuring The Full Shilling and Bryan Murphy & The Gallivanter. Also on site: a cocktail bar and the ever-popular Basketball Hot Shot Competition, open to all ages and running through Sunday.

Sunday, July 20 – Family Fun Day

Rounding off the festival is Family Fun Day, with activities for children of all ages, including inflatables, igloos, face painting, games, a kids' disco, and a chance to meet real alpacas.

Live coverage of the All-Ireland Hurling Final will be shown on the big screens, with music throughout the day from We Haven't Made It Yet and a festival-closing performance from Jack Patrick Healy.

With a fully licensed marquee bar, food trucks, lively music, and a buzzing atmosphere, FLESK FEST 25 is the place to be!

HYROX SIM FEST A MASSIVE SUCCESS

Killarney's First Hyrox Simulation Festival was the place to be last weekend. The atmosphere was electric and what a success for the town of Killarney.

Athletes and Spectators travelled from all over the country and enjoyed the scenes at the racecourse

Top athletes from Cork & Limerick took part and put on a massive display. Lots of Kerry gyms were signed up and it was great to see so many Killarney gyms getting involved.

Josie & Eric McDonnell, (Belief Fitness hub) organisers wanted to showcase the best of Killarney at The racecourse and bring the best of fitness racing to the town. To make it special the family fun and Wellness element made it accessible to all, Partnered with Your best Life made it the perfect fit to combine both.

"We wanted to combine the fitness element with Wellness and festival vibes". Over €2,000 was donated to breast cancer Ireland over the weekend. We had 3 placements from Belief Gym who took home the winners flags", Josie McDonnell from Belief Fit told Killarney Outlook.

Mixed Doubles :2nd Place, Jennifer McCarthy & Paudie Breen

Mens Doubles: 2nd Place, Gearoid O Sullivan & Chris Crowley

Womens Doubles :3rd place, Nessa Casey & Sinead O Connor



Belief Gym who took home the winners flags- Mixed Doubles :2nd Place, Jennifer McCarthy & Paudie Breen Mens Doubles: 2nd Place, Gearoid O Sullivan & Chris Crowley Womens Doubles :3rd place, Nessa Casey & Sinead O Connor

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KILCUMMIN FEILE TEAM RECEIVE A *GREAT WELCOME HOME*



Kilcummin Feile team which took part in the 2025 John West Feile Peil na nOg. The team would reach the Cup semi final having topped their group.

A huge crowd gathered on Sunday evening to welcome back the Feile contingent that travelled to Derry at the weekend to participate in the John West National Feile Peile where Kilcummin lined out in Division 1. A long weekend that started on Friday morning early which saw no fewer than 4 buses head to the team base in Letterkenny for the two days.

Competing in Group 1 alongside Derry side Ballinascreen and Down champions Clonburr, only two victories would secure a Cup final semi-final and at 11am on Saturday morning as Eamon O'Donoghue collected the first throw in, the action began in earnest against a very game Derry side who proved more than a handful. After a number of attacks it was Daragh Keane that opened the scoring with a free into a tricky wind before Callum Scullion tied up matters. A number of missed chances by Kilcummin looked to prove costly before Derry O'Gorman, prominent throughout the first half popped up for a well taken score to give Kilcummin a 0-2 to 0-1 lead at the break. Aidan Huggard ensured a fast start to the second half with a pointed effort from 30 yards as Kilcummin began to get the better of exchanges. Scullion pegged it back to a point with his second score before a Darragh Keane brace had Kilcummin 0-5 to 0-2 ahead. The Kerry side had to withstand a late penalty effort Ballinascreen which they failed to convert as Kilcummin secured the win. Clonburr were the opposition in round 2, a club which actually put paid to the chances of the team of 1992 but history apart both sides served up a cracker of an opening half. Both sides carved out a number of goal chances in the opening exchanges before Shea Murray for the Down team found the net, a quick reply of a point by Daragh Keane had the Kerry lads up and running before Keane converted a penalty to leave it 1-1 to 0-1 after 9 minutes. With both sides eager on goals it was Clonburr that found a second through Murray again as Clonburr came raiding. The reply was swift, a searching run by Derry O'Gorman presented Dean Moynihan with an opening with his effort rebounded to Darragh Keane



Daniel O'Sullivan in action against Clonburr.



Darragh Keane escapes the clutches of Ballinascreen's James McTeague in their Round 1 clash at Feile Peil na nOg at Derry at the weekend.



Kilcummin mentors Dinny O'Connor and Tom Keane after their round 2 win over Clonburr.

who from a tight angle found the net to leave Kilcummin 2-1 to 2-0 ahead at the break. The second half saw the team play some of their best football. Keane opened with a fine point before he added his third goal as Max Moynihan and Tristan Murphy both found the target. The game's first two-pointer came from the boot of Keane before Clonburr managed to win a penalty. Dan Barry just on the field in goal ensured his first touch of action was to save Daniel Gribben's effort as Kilcummin manfully cleared their lines with the help of Darragh Fleming, Darragh Forde and Conal McCarthy as they would keep their Ulster opponents scoreless. New York was the

test in the Cup semi-final, and it was evident from the off that this would be a bruising battle with a number of off the ball altercations prior to throw in. It was the exiles that made the better start opening with three unanswered points from Dara Lynch(2) and Fintan Murphy as Kilcummin struggled with the physical presence of New York. It needed a big score to get back into contention and it arrived from the boot of Keane by way of a two point free and it was Keane once again from a dead ball that had Kilcummin back in contention at the break as they trailed 0-4 to 0-3. The second half was a bruising affair as both sides limited scoring opportunities in the Stadium pitch in Owenbeg but it was New York who mustered the scores mid-way through the half to push 0-7 to 0-3 ahead, a lead they help to the finish as New York made their way to a Final, they would lose 1-2 to 0-3 to eventual winners Naas. Many thanks to the players and management for representing the club with real pride over the weekend. It was fantastic to see so much colour and noise from the traveling support and once again the club is extremely grateful to all sponsors who came on board to help as well as the many parents who helped in the organising.



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Curious Cat... Café

LCYP Youth Film Recognition event at Kerry College

a tremendous success

A special event to celebrate the achievements of Kerry ETB youth film groups in Kerry took place at Kerry College, Monavalley campus on Monday 30th June last.

The event acknowledged the success of last year's youth film groups in the First Cut and Fresh Film Festivals. Ceremonial speeches and screenings of each group's short film took place. Four youth film groups were in attendance including Killarney Youth Film Group, Killorglin Youth Film Group, Down Syndrome Kerry Youth Film participants and Cahersiveen Youth Film Group. Respectively their short films Emotion (Killarney), New Best Friend (Killorglin), Believe (Down Syndrome Kerry) and Home from Home (Cahersiveen) were received to tremendous applause. All four films were screened at the national youth film festivals and all four films made the regional finals of the Fresh Film Festival. Cahersiveen Youth Film Group are the 2025 recipients of the Radharc Trust Award at the Fresh Film Festival and received a Young Film Maker of the Year Award under the category of documentary.

Ann O'Dwyer, Chief Executive of Kerry ETB had this to say 'Every short film is an achievement, and we wanted to mark that today to show the groups how seriously film is taken by us in Kerry ETB.... Everyone's creativity is important, and the four film groups who joined us today are to be commended for learning to work as a group, for showing up each week for each other, for listening, for sharing their creativity and for making such wonderful short films for



the world to enjoy".

Cahersiveen Youth Film Group have been young ambassadors for youth film in Kerry representing their group and winning the Radharc Trust Award for documentary at the Fresh Film Festival Young Irish Filmmaker of the year awards in May 2025. All four shorts did well in both the Fresh Cut and Fresh Youth Film Festivals in Ireland this year.

The groups went on to enjoy a special workshop last Monday on the enhanced use of green screen in the broadcast production

studio at Kerry College Monavalley Campus. Clint Fitzgerald from Caherleaheen, freelance facilitator and filmmaker facilitated the workshop and continues to work with the groups throughout the year for the Local Creative Youth Partnership at Kerry ETB. Youth film is developed in partnership with Kerry ETB and South Kerry Development Partnership and is an ongoing programme between the two organisations.



Rethink Ireland Awards Funding to Kerry-Based Organisation Driving Sustainable Change in Munster

Rethink Ireland has announced New Wave Adventure Therapy as one of nine awardees of its Impact Fund for Munster 2024, a €672,000 fund supporting environmental and social sustainability across the region. Based in Camp, New Wave Wild Adventure Therapy will use the funding to expand nature-based therapeutic programmes for

marginalised youth. The initiative blends outdoor experiences with psychotherapy to improve mental wellbeing.

Other awardees include Autism Assistance Dogs Ireland, AslAm, Cork

International Film Festival, Living Woodlands, The GAFF, The Toy Library, University of Limerick Foundation, and Wild Earth. All recipients will receive funding and tailored business supports to scale their impact.

The fund targets two focus areas: environmental innovation including biodiversity, rewilding, the circular economy, and climate education and social inclusion, supporting neurodiverse communities, cultural diversity, and the wellbeing of vulnerable groups.

Philip Stallard, Director of New Wave Wild Project, said, "This funding allows us to expand our Wild Projects in Kerry, offering dynamic adventure therapy programmes and safe spaces for youth. It also supports training new practitioners, helping us grow clinical adventure therapy across Munster."



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Team Cahill Hails Kerry Team and Supporters

After Quarter Final Surge Calls for More Trains and Flights Ahead of Semi Final Showdown



Fianna Fáil Deputy Michael Cahill and Councillor Tommy Cahill have today praised the “unbelievable” support from Kerry fans who descended on Croke Park for Sunday’s All-Ireland Football Quarter Final win over Armagh – and issued a renewed call for increased transport options ahead of the highly anticipated Semi Final clash with Tyrone on Saturday, July 12th at 5.00pm.

Both father and son, proud GAA members and lifelong Kerry supporters, had publicly appealed for the Kingdom faithful to turn out in force to back the Green and Gold. Their calls were answered spectacularly as thousands of Kerry supporters created an electric atmosphere that helped inspire a scintillating Kerry performance.

“We are delighted to have seen such large numbers of Kerry supporters in Croke Park and they were rewarded with a fantastic display by our footballers to secure victory and progress through to the Semi Final against Tyrone,” said Deputy Michael Cahill. “We expect another big turnout for that game in a fortnight’s time and hope that once more, additional trains will be laid on to transport us.”

Councillor Tommy Cahill added, “It was a scintillating display by our Kerry footballers and we will be behind them again versus Tyrone. It is fitting that the best team in the land, Kerry,

has the best supporters.”

Following impassioned appeals from Kerry senior stars David Clifford and Paul Geaney, the Cahills said the Kingdom faithful “turned up in their droves and turned up the volume,” creating an atmosphere that reverberated throughout Croke Park.

“You could feel the roar of the Kerry crowd all around the stadium,” said Deputy Cahill.

“The players asked, and the people of Kerry answered in force. It made a real difference.”

“There’s no doubt about it, the turnout was phenomenal,” added Councillor Cahill. “The passion, colour, and noise that our supporters brought lifted the team and drove them over the line. It was worth five or six points, just as David and Paul predicted.”

With Kerry now set to face fierce rivals Tyrone in the Semi Final, the Cahills are urging supporters to once again pack the stands, and say they are actively working behind the scenes to ensure fans can get there.

Since the quarter final win over Armagh, both Deputy Cahill and Councillor Cahill have been working vigorously with Iarnród Éireann and Kerry Airport to secure additional return train services and flights from and to Kerry for the highly anticipated Semi Final. This follows their successful engagement that saw extra train services added for the quarter final against

Armagh, meeting strong public demand.

Despite current train services to Dublin already being fully booked, the Cahills confirmed ongoing contact with Iarnród Éireann to push for more trains from Kerry for Saturday, July 12th. They are also exploring flight options, having submitted formal requests to facilitate additional flights from Kerry Airport to accommodate supporters.

“This is going to be one of the busiest sporting days of the year,” noted Councillor Cahill, referencing heavy traffic on the M7 route that weekend as fans from Kerry, Limerick, and Kildare all head to Croke Park. “Supporters need viable travel options, and we’re committed to making that happen. We’re flat out working behind the scenes.”

The Cahills are calling on fans to “make their voices heard again” by showing continued interest and pressure for more transport options, ensuring Kerry supporters can bring their pride, passion, and power to Croke Park on July 12th.

“Kerry fans are second to none,” concluded Deputy Cahill. “Let’s bring that same pride, passion, and power back to Croke Park, and give the lads the support they deserve.”

An Ríocht Abú!

Up the Kingdom – See you in Croke!

REDUCE STUDENT FEES

The last 3 Budgets reduced the cost of third level students fees by €1,000 per annum as part of the wider cost-of-living packages, introduced by the Government. Kerry Fianna Fáil TD, Michael Cahill is pressing the Minister for Further and Higher Education, Research, Innovation and Science, James Lawless to continue these reductions in fees for Students, on an ongoing basis, as they and their families are hard pressed to afford them.


“Some might say that €1,000 is not a very large sum of money in the modern world, but I can vouch for the fact that it is very large to student’s and their families. I know students that are rising at 5 in the morning to go to work and earn a few bob towards college. Accommodation, transport, food, books etc are extremely expensive in Ireland today and this reduction in fees, must be carried forward, so that students can

continue with their Further Education” stated Deputy Cahill.

“Education of our youth is vital, not alone to them but also to the economy of our country and it is only right and fitting that we continue to invest in our students, for all of our futures. Every student should have the right to undertake a College Degree or Diploma in their chosen field in professions and trades and should not be held back by onerous fees” said the Kerry Fianna Fáil TD.

“I will also raise this again, at this weeks Fianna Fáil Parliamentary Meeting with the Taoiseach and I will be calling on Minister Lawless to make a very strong case for continued student fee reductions to the Ministers for Finance and Public Expenditure, in their Budgetary discussions” added Michael Cahill TD.

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Ten Kerry Dancers Set to Represent Ireland at Dance World Cup in Spain

Burgos, Spain will welcome a strong contingent from Kerry this month, as ten talented dancers head off to compete in the prestigious Dance World Cup 2025. The dancers, aged from children to senior level, are preparing to take the international stage by storm with a total of 20 routines, showcasing the very best of Irish talent.

The group was brought together by Dr. Trish Melton, Director of Cantarina Music and Dance School and Kerry Tap Ensemble, and Tara Dore, Principal of Tara Dore School of Dance. The two directors formed an Elite Training Team, selecting dancers from their schools to train intensively on the Elita Training Programme, a six-month initiative led by Dr. Melton.

Dr. Melton also serves as the main choreographer for all 20 routines being entered into the competition, covering a wide range of styles from tap and jazz to contemporary and ballet.

Dancers and Their Routines:

Eabha Maunsell (Castlegregory) – Children's Tap Solo
Evanne Kerin (Castlegregory) – Junior Tap Solo, Junior Song & Dance
Eabha & Evanne – Junior Tap Duet, Junior Jazz Duet
Wiktoria Gluza (Killarney) – Junior Jazz Solo
Katarina Roberts (Castlegregory) – Senior Tap Solo, Senior Contemporary Solo

Mia Keane (Castlegregory) – Senior Tap Solo

Emma Lynch (Castlegregory) – Senior Lyrical Solo, Senior Jazz Solo

Alazne Sertutxa (Tralee) – Senior Jazz Solo, Senior Song & Dance, Senior Ballet Solo

Emma & Katarina – Senior Lyrical Duet

Emma & Alazne – Senior Contemporary Duet

Alazne & Denis Moroney (Killorglin) – Senior Show Stopper Duet

Emma, Mia & Alazne – Senior Jazz Trio

Katarina, Evanne & Eabha – Senior Tap Trio

Katarina, Evanne, Eabha, Mia & Emma – Senior Tap Small Group

Adding to Kerry's proud representation, Laura Daly, known widely as the 2025 Kerry Rose, has two of her dancers from LD Dance Studio competing:

Izzy Scannell (Tralee) – Senior Acro Dance Solo

Nicole Arefjeva (Tralee) – Senior Acro Dance Solo

This impressive showing is not just a milestone for the dancers themselves but a testament to the high standard of dance education available in Kerry. The collaboration between Cantarina Music and Dance School, Tara Dore School of Dance, and LD Dance Studio has allowed these young performers to flourish and now, shine on a global stage.

Elite team



Laura Daly Dancer Izzy Scannell, jumping



"They've trained incredibly hard and we are beyond proud of them all," said Dr. Melton, Ms. Dore, and Ms. Daly. "Their dedication, energy, and team spirit are inspiring, and we know they'll do Kerry, and

Ireland proud."

The dancers are now making their final preparations ahead of departure and are looking forward to what promises to be the experience of a lifetime.



DEADLINE FOR ROAD UPGRADE SUBMISSIONS AT 4PM TODAY

Deputy Danny Healy Rae is reminding people that the MD O'Shea's Roundabout to Ballycasheen Road Upgrade and L3097 Active Travel Project is now on public display and open for submissions from the public.

The Plans and Particulars of the proposed works are available for inspection or

purchase, on payment of a specified fee, not exceeding the reasonable cost of making such a copy, during normal office hours from Wednesday, 21st May 2025 until Thursday 19th June 2025 at the following locations;

- Kerry County Council, Killarney Municipal District Office, Town Hall, Killarney
- Kerry County Council, Roads, Transportation and Marine, Room 115, County Buildings, Rathass, Tralee, Co. Kerry
- Kerry National Roads Office, Kerry County Council, The Island Centre, Castleisland, Co. Kerry

- Kerry County Council Website www.kerrycoco.ie

An advisor will be available to explain the plans and particulars by appointment only, contact 066 7142444

Submissions can be made in the following ways:

Part 8 – N22 MD O'Shea Roundabout to Ballycasheen Road Upgrade and L3907 Ballycasheen Road Active Travel Project To: Administrative Officer, Kerry National Roads Office, Kerry County Council, The Island Centre, Castleisland, Co. Kerry V92 TOCP

Or

Email to: info@kerry.nrdc.ie

Or

Through the Kerry County Council consultation portal, <https://consult.kerrycoco.ie/en/browse>, which can be accessed directly through the Council website www.kerrycoco.ie using the + make a submission link.

- And must be received by 4.00 pm on Friday, 4th July 2025.



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Kerry Airport plc has announced an Operating Profit after Taxation of €1,373,300 for the financial year ending 31st December 2024, representing an increase on the €1,198,347 recorded in the previous year.

The airport also reported a highly successful year in terms of passenger traffic, with 417,409 passengers passing through its terminal in 2024, the third highest annual figure in the airport's history. These results reflect Kerry Airport's continued recovery and growth, positioning it as a key regional transport hub.

The company's Annual General Meeting was held at the Ballygarry Estate, Hotel and Spa in Tralee, where shareholders reviewed the strong performance and discussed future development plans.

Kerry Airport plc continues to focus on enhancing services, expanding connectivity, and maintaining a financially sustainable operation to support the region's economic and tourism development.



Pictured at the Kerry Airport AGM at Ballygarry Estate, Hotel and Spa in Tralee Michael Larkin

KERRY AIRPORT Reports Strong Financial Performance for 2024



Pictured at the Kerry Airport AGM at Ballygarry Estate, Hotel and Spa in Tralee : L/R: Basil Sheerin(CFO Kerry Airport PLC), Denis Cregan (Chairman Kerry Airport PLC) and John O'Sullivan (Secretary Kerry Airport plc).

Photos By : Domnick Walsh © Eye Focus LTD

.....
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CREMUR Heating, Bathrooms & Stoves are having their BIG SUMMER SALE in their Tralee & Newcastle West Showrooms, Cremur are inviting everyone to their summer sale where there is massive savings up to 50% off, so don't miss out and drop into one of our showrooms to see the big savings for yourself.

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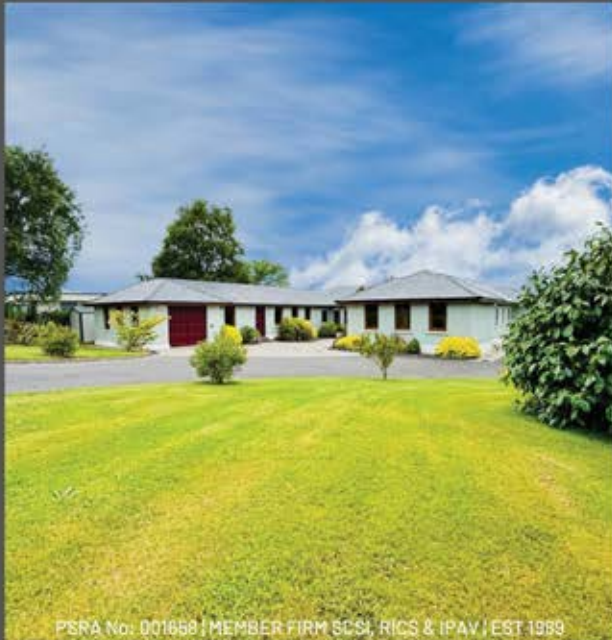
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RATHMORE | GNEEVEGUILLA PARISH

By Michael O' Mahony

SYMPATHIES to Eileen Cronin (Hartnett) Mike & Cian on the death of Eileens father Connie Hartnett Clonmeen Banteer whose funeral took place on Friday 20th June in Banteer. May Connie rest in peace

DIVINE MERCY

Join the Divine Mercy Hour in the Church of the Holy Rosary Gneeveguilla It is streamlined on MCN Gneeveguilla on every First Friday @ 3pm. Divine Mercy: Join the Divine Mercy Hour in the Church of the Holy Rosary Gneeveguilla It is streamlined on MCN Gneeveguilla on every First Friday @ 3pm.

EUCCHARISTIC ADORATION

The Eucharistic Adoration is in the Church of the Holy Rosary Gneeveguilla every Tuesday from 10am –

ROSARY

The Holy Rosary is prayed in the Church every Wednesday at 8pm. This is live Streamed MCN

CONGRATULATIONS to the Kerry team & management especially Paul Murphy & Shane Ryan on their win over Armagh on Sunday last in Croke Park

RATHMORE LGFA

Congratulations to the Rathmore u14's who won the Aherns Castleisland Kerry LGFA u14 County League Division 2 Final on Saturday evening in Rathbeg. Full time: Rathmore 7:16 Southern Gaels 4:04

BEST OF LUCK to the Kerry team & management especially Danielle O'Leary & Nora O'Connor. Kerry play Kildare this Saturday evening in Austin Stack Park at 7-30pm.

NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087- 6676817 before 6pm Sunday

BEAUFORT PARISH

By Bridget Hartnett

FIXTURES

Senior men will be away to Finuge on Friday, 4th July at 7.30pm in round 11, Co League, Div. 6.

Senior men will be home to Kilcummin on Saturday, 5th at 5pm in round 11, senior Co League, Div. 1.

RESULTS

Castleisland Desmonds 3.10 Beaufort 4.14 in U16 Boys Co League, round 2.

LOTTO

The next draw for a jackpot of €6,600 will be on Sunday, 6th July. Tickets available from usual sellers and online at www.beaufortgaa.com. Thank you for your support of our lotto.

USED CLOTHES COLLECTION will take place in Beaufort G.A.A. Club on Tuesday. Accepted will be used clothes, handbags, belts, shoes, bedlinen.

No duvets or pillows. Please drop to the Clubhouse before the 8th July. For more information, please contact Mary 086 0640065. Thank you for your support.

Summer Camp

BEAUFORT G.A.A. CLUB SUMMER CAMP will take place from 7th to 11th July in Beaufort G.A.A. Club complex. For information and to book a place, please contact Mary 086 0640065 or Tara 087 6032774

WELL DONE to to Seán O'Brien, Mike Breen and the Kerry senior team and management who have qualified for the All Ireland senior football semi-final against Tyrone on the weekend of 12th/13th July.

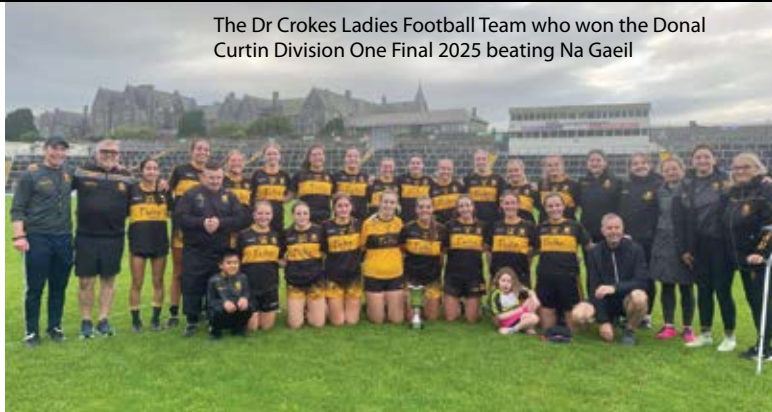
GOOD LUCK to Fay Donoghue and the Kerry Senior Ladies team and management in the TG4 All Ireland quarter final against Kildare in Austin Stack Park on Saturday, 5th July at 7.30pm.

Lily Riordan and Kerry U16 Ladies have qualified for the All Ireland Under 16A final against Mayo on Wednesday, 16th July.

Historic Win for Dr. Crokes Ladies Football Team!

Congratulations to the Dr. Crokes Ladies Football Team, who have made history by winning the Donal Curtin Division One Final 2025, defeating a strong Na Gaeil side!

This incredible victory marks the first ever Division 1 Ladies trophy in the history of the club who were managed by Kevin Smith.



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KILCUMMIN PARISH

Written by: Helen Moynihan

KILCUMMIN LOOKING GOOD

Kilcummin Looking Good would like to thank Kerry County Council for their financial assistance under the Community Support Fund 2025 in respect of €1,200. This money will be utilised to enhance works to our Biodiversity Community Park and replacement of village planters & flowers. We also acknowledge Kerry County Council for their ongoing support for our Community Group and we are most grateful for the funding which allows all the work and improvements to take place throughout the year.

APPRECIATION

Appreciation to all our many volunteers who made our Corpus Christi Procession a very memorable occasion. Thanks also to all the neighbours for their colourful flags, bunting, flowers and Sacred Heart alters along the route. A big thanks to Fr. Kieran O'Brien for the very meaningful Mass and Benediction. A special thanks to all the organisations and all the parishioners and of course the Holy Communion children who did their part so well. Míle míle Buíochas.

UPCOMING CEMETERY MASSES

Old Kilcummin Mass: Wednesday the 6th of August @ 7.30pm.

New Cemetery Mass: Monday the 4th of August at 7pm.

Please spread the word to those living away who would like to attend.

WEDDING ANNIVERSARIES

Significant Wedding Anniversaries will be celebrated on Saturday 6th September in Our Lady of Lourdes Church Kilcummin, for couples in our parish and outside with special Anniversaries this year eg. 25, 30, 35, 40, 45, 50, 55, 60. You are invited to renew your marriage vows at this Mass. Please spread the word.

KILCUMMIN GAA By Donal Barry PRO

SENIOR COUNTY LEAGUE DIV 1

It is back to the Credit Union Senior Football League Division 1 league action this weekend as we travel to Beaufort on Saturday evening for Round 11 with a 5pm throw in time. Kilcummin currently sit in 4th place and a win would secure our highest finish in a number of years. After a run of wins James Foley's side will avoid all fears of relegation.

SENIOR COUNTY LEAGUE DIV 7B

Currently sitting on top of the league Kilcummin will be at home this

Saturday evening as John Mitchel's are the visitors to Kilcummin in Credit Union Senior Football League Division 7 Cup Round 7. This has been a very successful campaign by the team who have endeavoured to give a number of very talented young players an introduction to county league football.

LADIES FOOTBALL

Congratulations to Sadbh O Halloran and the Kerry Under 16 Ladies Footballers after their fine All Ireland Semi Final win over Cavan. Sadbh will now look forward to the All-Ireland

UNDER 14'S

Hard luck to our U14 ladies who were defeated by Finuge/St Senans in their County League Division 5 Silver final on Thursday evening in Kilcummin.

UNDER 10'S

Our U10 girls hosted Glenflesk in two go games on Thursday evening. Well done to the girls on a great performance, they continue to show improvement week on week. Thanks to Glenflesk for travelling and for very enjoyable games.

BOYS UNDER 13'S

Kilcummin enjoyed a 4-9 to 2-12 win over Firies in Round 2 having lost narrowly to Rathmore in Round 1. They now play Kenmare at home on Wednesday evening at 7.30pm

LOTTO

There was no winner on Monday 30th June 2025 of the Jackpot €2,500. Numbers drawn were 03, 13, 14, 29. Consolation prizes of €50 went to Diarmuid Healy, Joan Brosnan, Jerry Coffey & Tony Cahill. The next draw will be on Monday 14th July for Jackpot of €2,750.

MASTERGEEHA F.C.

LOTTO

There was no winner on Friday 27th June 2025 of the Jackpot €8,400. Numbers drawn were 08, 09, 16, 22. Consolation prizes of €50 went to K.O'Donoghue, Kilcummin; Lily Pigott; Helen & Patrick O'Sullivan, Knocknahoe; Noreen Nagle, Mastergeeha. The next draw will be on Friday 4th July for Jackpot of €8,600.

LISTRY PARISH

Written by: Colette Leslie

LOTTO

June 29th 2025. Jackpot €10,300. Numbers Drawn 2, 4, 11, 17. Not Won. €100 Helen Enright, Milltown (online). €50 Brendan Hynes c/o Tim. €50 Ger O'Shea, Valentia Island. €25 Noel Kennedy, Ballymalis (online). €25 Paddy Doona, Faha. Jackpot next week 06/07/2025 €10,450

KERRY MINORS

Beat of luck to Danny Murphy, David McCarthy and the Kerry minor team and management who play Tyrone in the All Ireland minor final on Sunday 6th July.

SENIORS

Best of luck to the Seniors who play a very important co league game on Saturday July 5th at 5pm in Listry v Cordal.

The B team will play Firies at home on Tuesday July 8th at 7.30pm.

MINORS

Best of luck to the Minors who commence the county league they are away v Na Gaeil on Monday July 7th at 7pm.

U16

Best of luck to the U16 team who play John Mitchels at home Thursday 10th July at 7pm



Padraig Riordan in great form at the U14 Co. Championship at Fitzgerald Stadium last Tuesday evening. Photo Seamus Healy

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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor

WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT TO RETIRE?

You can normally get access to your pension from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement then you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may also be able to take sum of your pension in taxable cash.

Annual Pension: This is a guaranteed income usually paid monthly for the rest of your life that is purchased with the money left after your tax free lump sum, this is subject to taxation.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income, usually monthly. This is subject to taxation also. Taxation at retirement is often much lower than when you are working. It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or info@dermotcronin.ie

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SPA PARISH

By Leanne Cronin

SPA LOTTO 30/06/25

Results Numbers drawn: 1, 11, 14, 25 No jackpot winner Lucky dips €50 each: Sheila Hickey, Online; Laura Herlihy, Lissivigeen; Kathleen Kelliher, c/o Brendan Cronin; Sean O'Suilleabhain, Tiernaboul; Next week's draw is on Monday 7 July @ 9pm for a jackpot of €3,600.

U14 GIRLS

Congratulations to our U14 girls winners of Aherns Castleisland Division 3 County final against a valiant Fossa side. Played outstanding football and worked hard throughout the field. Thanks to coaches Johnny, Oliver, Liadh, Neil and FLO officer Aisling.

U14 BOYS

Well done to our U14 boys in reaching County League Division 6 final after defeating Dr. Crokes. Details for the final TBC. Please keep an eye on Spa ClubZap and social media accounts.

CREDIT UNION SENIOR FOOTBALL LEAGUE DIVISION 1 ROUND 11

Spa versus Glenflesk at 7pm Saturday 5th July in Glenflesk

CREDIT UNION SENIOR FOOTBALL LEAGUE DIVISION 7B ROUND 7

Spa versus Listowel Emmets at 5pm Saturday 5th July in Spa



Congratulations to our U14 girls winners of Aherns Castleisland Division 3 County final against a valiant Fossa side.

GLENFLESK PARISH

Written by: Sean Daly

KERRY

Best wishes to the Kerry Minors and to our own clubman Liam O'Brien in the All Ireland Final against Tyrone this Sunday at 1:30pm in Newbridge. Well done to Megan O'Reilly and the Kerry U16's who beat Cavan in the All Ireland U16A Championship Semi Final in Banagher, Co. Offaly last Thursday on a scoreline of 4:11 to 0:18

CHAMPIONS

Congratulations to our Senior ladies team who were crowned Division 4 Donal Curtin Cup champions on Monday evening following their win over Inbhear Scéine Gaels on a scoreline of 3-9 to 2-4.

GOLF

Glenflesk GAA would like to wish the best of luck to the Parents Association & Golf Committee of Lissivigeen National School who are holding a golf classic on Thursday 10th & 11th of July at Beaufort Golf Club. All funds raised are going towards the development of a new sensory playground and sensory garden at the school. Organisers say that supporting Lissivigeen N.S. Golf Classic will truly make a difference in the lives of the students, now and for future generations to come. Teams are filling up nicely so if you are interested in booking a Tee Time please contact Tim O'Sullivan on 087 9273694 or email Lissivigeennsgolfclassic@gmail.com

LOTTO

There was no winner of Glenflesk Lotto which took place on the 23rd of June. Jackpot €6,800. Numbers drawn 8, 16, 20, 26. Consolation prizes of €50: Sinéad Kelliher, Barradubh, Helena Kelliher (Sellers Prize), Darragh Roche, Lisbabe, Sean & Daniel Moynihan, Dungarvan. Next draw will take place on Tuesday 8th July. Jackpot will be €7,000. Thanks to all who support our Lotto & to Diarmuid Lynch Plumbing & Heating Ltd for sponsoring our tickets.

U14'S

Lee Strand U14 County League Division 9 Final Castleisland Desmond's 5-12 Glenflesk 4-09.

A run of 2-05 to 1-00 midway through the second half was crucial in Castleisland Desmond's win in this entertaining Division 9 Final of the Lee Strand U14 County League, in wet conditions in Fossa last Thursday 26th of June. Glenflesk won the throw in, and their early attacking intent was rewarded with a Tiernan Cronin point. Cillian Murphy replied with

a shot that just cleared the crossbar. Soon after he found the net for the first goal of the game. Glenflesk responded well, winning a penalty almost immediately. Dara O'Sullivan saw his initial shot saved by Mantas Makcinaskas, but calmly found the net with the rebound. After having a greater majority of the ball up to now, Glenflesk then struggled to see it for the next 10 minutes. Desmond's scored 1-03 without reply, with impressive corner forward Leo Flynn-Luna getting 2 of the points, and the goal coming from Conor O'Donoghue. Glenflesk needed something to change the momentum. Luke Bowler was the one to get them going again, finding space where it looked like none existed, then timing his hand pass perfectly to Cronin, who passed the ball to the net with ease. At half time the sides were level at 2-06 apiece. Even at this stage, it looked as if Desmond's more physical style would eventually prove crucial. A run with the ball on the ground from Yeuhennii Mamonyov, ended with him finding the corner of the net. Rory Murphy responded with a Glenflesk point. He then found the net after another superb pass from Bowler. From here Desmonds began to take total control. Helped by a well taken penalty from Murphy, and a second goal from Mamonyov, they pushed on to a big lead. Malachi Audley got another goal for Glenflesk, but Desmonds came back to score 4 more. Despite late points from Danny Healy and Cronin, Glenflesk couldn't find another goal which would have given them a chance in the closing minutes. Credit to Castleisland for finding the blast of scores to push them on to victory. They were deserved winners on the night. For Glenflesk, some of their football was outstanding, and with a bit more luck at times, they may have come out on top. A very credible performance though, for which both players and management should be extremely proud. Oran O'Connor, Cathal O'Donovan, Sean Angland, Gavin Fitzgerald, Luke Bowler, Jason Culloty, Darragh O'Donoghue, Michael O'Donoghue, Danny Healy, Paudie O'Leary, Tiernan Cronin, Rory Murphy, Ryan O'Donoghue, Dara O'Sullivan, Malachi Audley, Darragh Kelly, Peter Tancred, Odhran O'Sullivan, JJ Landers. Management: Kenny Cronin, Tom Murphy & Marlene O'Donoghue. Thanks to Michael Healy for the match report.

NOTES

If you would like anything added in the notes, please email to pro.glenflesk.kerry@gaa

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MUCKROSS ROWING CLUB

ROWING IRELAND 1K CLASSIC

The club enjoyed a highly successful two days of racing last weekend, with the long journey to Leitrim for the Rowing Ireland 1K Classic Regatta. The event is the top national contest for younger and older rowers alike, bringing together over 1000 competitors in the Junior 13, 14, 15 and Masters age groups. With the growth in numbers competing in recent years, the event has been spun out of the Irish Championship Regatta and now continues as a stand-alone, two day regatta. Muckross crews made their mark in among the best, winning gold in eight finals, securing second place in four finals and third place in a further six races. There were race wins in the Womens J14 Quad, Mens J14 Single, Womens J13 Octuple, Mens Masters Eight (composite), Mixed Masters Eight (composite), Mixed J13 Octuple, Mens J13 Octuple and Womens J13 Quad. The strong club showing placed Muckross 9th overall on the league table of the 36 clubs represented. Congratulations and well done to all our rowers, coxes and coaches. Many thanks to all the parents of rowers who travelled and supervised the event. Special thanks to Sean Daly and Niall O'Donoghue who towed the boat trailer to and from the event and to Leane's Kitchens for the use of a towing vehicle. Special thanks also to Cathal Coffey and Ian Coffey who gave their time in preparing boats and equipment ahead of the weekend and for their generous support with boat loans.

REGATTA SEASON

Best of luck to all our crews competing in the annual Fermoy Sprint Regatta, which takes place this Sunday, July 6th. The 500m is the final racing event before the three day Irish Championships Regatta, scheduled for Friday to Sunday, July 11-13th at the National Rowing Centre in Farran, Cork.

SPA MUCKROSS COMMUNITY GAMES

Spa Muckross made their mark at the Track and Field county Athletics Championships last weekend.

Individual Gold Medal Winners: Kiley Biggins U12 100m, Lucy Devane U12 200m, Conor Duffin U16 1500m.

Relay Gold Medal Winners: U12 Girls Relay Team



U14 girls relay who finished 3rd: Teagan Lyne, Brid O'Connor, Clodagh Hegarty, Elsie O'Doherty, Annabelle Casey and Evie Doolan.

Carolena Kelly, Kayla O'Sullivan, Lucy Devane, Kylie Biggins, Alannah McGlynn, and Sarah Crowley (pictured).

All Gold Medalists will represent Kerry at the Community Games Nationals Finals in Carlow on 23rd/24th August.

Elsie O'Doherty came 2nd in the U14 800m and Kirsten Kenny finished 3rd in the U16 1500m and will go forward to Regional Finals in Athlone / Clonmel on 9th August.

Congratulations to the boys U12 relay who finished 2nd Conor Scannell, John Hegarty, Diarmuid O'Regan, Oisín O'Donoghue, Reece O'Donoghue and Conor O'Donnell and to the U14 girls relay who finished 3rd: Teagan Lyne, Brid O'Connor, Clodagh Hegarty, Elsie O'Doherty, Annabelle Casey and Evie Doolan.

PICKLEBALL NEWS

SUCCESS FOR KILLARNEY IN LAST WEEKEND'S ULSTER OPEN

On Saturday Mike Lyne played in the men's doubles over 60 category, he won silver playing with Tommy McCarthy from the Kingdom club based in Tralee. They were going for 3 golds in a row having won in Munster and Leinster, however they fell at the final hurdle.

FREE PICKLEBALL

On Wednesday the 9th July there will be free Pickleball at Kilcummin National School from 6pm to 8pm. All are welcome to come and try it



Pickleball winners: Tommy McCarthy on left, Mike Lyne on the right

out, no age restrictions.

KILLARNEY SWIMMING CLUB

Killarney Swimming Club has been chosen to be part of the Tesco Community Fund for the next 12 weeks. The Tesco Community Fund was launched in July 2014, to support local good causes in the communities around each of its 180+ stores throughout Ireland. Every 12 weeks, each Tesco store donates up to €1,500 between three local good causes in its community. Don't forget your blue tokens over the next 12 weeks to support Killarney Swimming Club!

The Club held its annual day out for swimmers at Ballyhass Activity Centre in Mallow at the weekend. All squads enjoyed ziplining and water activities and we were lucky enough to have beautiful weather for the day. This get together marked the end of season for the majority of our swimmers as they enjoy a well deserved summer break. The club would like to thank swimmers, their families, coaches and committee members for all the effort and hard work that they have put in this season.

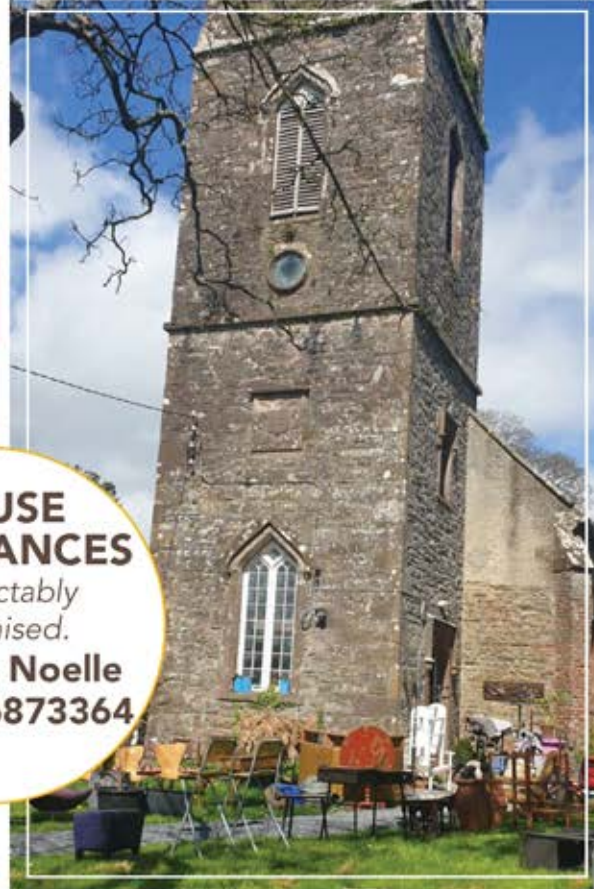
Swimmers who have qualified for Irish Summer National Championships in July continue to train 6 days per week alongside Kingdom Swimming Club in Tralee.



Pictured at Killarney Swimming Club's annual day out for swimmers at Ballyhass Activity Centre are Beibhinn Kiely, May O'Mahony, Sarah Quirke, Aoife Coffey, Raegan Browne and Lily Larkin.



Pictured at Killarney Swimming Club's annual day out for swimmers at Ballyhass Activity Centre Ella Cremin, Evan O'Donoghue, Cathal Larkin, Cathal Mackey, Sarah Quirke, Coach Sean Farandon, Lily Larkin and Aoife Coffey.



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RESULTS FOR 26TH JUNE

1st: Marie Moloney & Joan Lenihan
2nd: Pauline Lyne & Phyllis O'Regan
3rd: Linda O'Connor & Finola Spillane
Well done, great scoring.

SUMMER BRIDGE continues every Thursday morning at 10am at The Castlerosse Hotel.

WORKMAN'S ROWING CLUB

JUNIOR CHAMPIONSHIPS 2025 RECAP

Workman's Rowing Club was proud to compete at the Junior Championships 2025, held at the iconic Lough Rinn, in beautiful Co Leitrim. It was a fantastic opportunity to test ourselves in the 1K Classic events last Saturday and Sunday. Several of our crews delivered impressive performances over the weekend. The gold

medals were on display, and they made their way proudly across the county bounds. Congratulations to everyone who raced, with a special shout-out to our up-and-coming young crews who showed great promise.

The event was superbly organised, and the positive atmosphere made it an enjoyable day both on and off the water.

A heartfelt thank you goes to our dedicated coaches, Michael J and Mary Burns, who were there from start to finish — guiding, motivating, and supporting each crew throughout the day. Special thanks also to our amazing volunteers, parents, and supporters from trailering boats and managing logistics to cheering on the shoreline, your behind-the-scenes efforts ensured the day ran seamlessly. Your hard work does not go unnoticed and is deeply appreciated.

LOOKING AHEAD: IRISH ROWING

CHAMPIONSHIP 2025

Our attention now turns to one of the key events on the domestic rowing calendar — the Irish Rowing Championship 2025, scheduled for 11th, 12th & 13th July 2025. This eagerly awaited regatta promises competitive racing, showcasing the finest talent from clubs across the country.

Preparations at the club are in full swing. Crews are putting in focused training sessions to fine-tune technique, build endurance, and sharpen timing. Our coaches are working closely with athletes to ensure each boat is race-ready.

REGULAR TRAINING SESSIONS continue as scheduled throughout the week. With summer regattas still ahead, consistency and teamwork in training remain key. Keep showing up, pushing forward, and supporting one another.



WORKMAN'S ROWING CLUB – Junior Championships 2025, Lough Rinn, Co Leitrim. L-R Roisin O'Donoghue – J13-1X



WORKMAN'S ROWING CLUB – Junior Championships 2025, Lough Rinn, Co Leitrim L-R Aaron O'Connor & Zac Donaldson – J15-2X

DARCY LOUISE TANGNEY SELECTED FOR IRELAND U18 NATIONAL VOLLEYBALL TEAM

Killarney native Darcy Louise Tangney has been selected to the Ireland U18 National Volleyball Team. Darcy Louise earned her place following the National Trials held at UCD on May 19th, where she impressed selectors and was successfully chosen to progress to the National Pathways Squad.

Darcy Louise's passion for volleyball began at St. Brigid's Secondary School, where she first joined the school team. She later continued to develop her skills with the Killarney Phoenix Volleyball Club, attending weekly training sessions at St. Mary's Parish Hall. Under

the guidance of Head Coach Stefen and his dedicated coaching team, her talent and commitment to the sport grew steadily.

Now part of the national setup, Darcy Louise is preparing for an exciting new chapter, joining her U18 teammates for regular training sessions, primarily based at Maynooth University.

This is a fantastic achievement for a dedicated young athlete, and a proud moment for her family, coaches, and the local volleyball community.



Darcy Louise Tangney



Rheanne Kelly named Utility Trust St Pauls Captain

Rheanne Kelly will lead the Utility Trust St Pauls charge for honours in the brand new Superleague season which kicks off in October.

A lynchpin of the teams three year charge from Division 1 all the way to the Superleague final, Kelly served as Joint Captain in the 2023/24 season alongside Lynn Jones and succeeds Denise Dunlea as the sides spiritual leader. Dunlea will again be part of the squad which has been recently boosted by the signings of Maisie Burnham, Tara Cousins and Lovisa Hevinder.

Rheanne, who is married to Kerry GAA Senior Team goalkeeping coach Brian Kelly, is a prolific outside shooter and played a huge part in the teams drive to the final last season where they were defeated by Killester. She comes from a rich sporting heritage, her father Sean was an outstanding footballer with Dr Crokes, her mother Patricia was no mean player herself and served as St Pauls Chairperson in the very recent past while brother Mark is currently a member of the Kerry Senior team.

We wish Rheanne and the team the very best of luck in the season ahead.

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*serves 2 (3 waffles per serving)
7½ Syns per serving
ready in 20 mins
vegetarian*


What you need:

- 2 medium eggs, separated
- 2 level tbsp cocoa powder
- 50g self-raising flour
- 2 x 115g pots fat-free no-added-sugar flavoured yogurt (chocolate, white chocolate, raspberry or vanilla will all work well)
- 2 level tsp icing sugar, to dust (optional – add 1 Syn per serving)
- fresh raspberries, to serve

What you do:

1. Preheat your oven to 220°C/fan 200°C/gas 7.
2. Mix the egg yolks, cocoa powder, flour and 4 tbsp yogurt in a bowl until smooth. Whisk the egg whites in a clean bowl until stiff peaks form, then fold through the flour mixture until combined.
3. Divide the mixture between 6 individual silicone waffle moulds.
4. Cook the waffles on a non-stick baking tray in an oven preheated to 220°C/fan 200°C/gas 7 for 7-8 minutes until firm to the touch.
5. Carefully turn the waffles out onto a plate and serve with the remaining yogurt and fresh raspberries. Dust with 2 level tsp of icing sugar, if you like.

www.slimmingworld.ie



ASTRID LONGHURST
Life, Inspiration & Body Confidence Coach/Author

COPING WITH A WORLD IN CRISIS: FINDING PEACE AMID GLOBAL STRIFE

In an age of constant news and social media, it's easy to feel overwhelmed by the war, suffering, and injustice we see around the world. While staying informed is important, absorbing a constant stream of distressing news can take a toll on our mental, physical and emotional health. Coping starts with setting healthy boundaries—limiting exposure to negative content and choosing trusted sources over sensational headlines.

Practicing mindfulness and self-care is essential. Whether it's through meditation, time in nature, creative outlets, mindful movement or connecting with loved ones, small daily practices can help restore balance. It's also important to acknowledge feelings of sadness or helplessness rather than suppressing them.

One powerful way to cope is to take action, however small. Supporting humanitarian causes, volunteering, or simply showing kindness in your community can counter feelings of powerlessness. You may not change the world overnight, but even the smallest positive action can make a difference.

Finally, hold space for hope. Humanity has faced deep challenges before, and progress often begins in the darkest times. Focus on compassion, resilience, and what we can control. This can help to ground us in turbulent times—and reminds us that light still exists, even in sorrow.

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answers your beauty questions...



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SPF(Sun Protection Factor) is essential to prevent your skin aging and skin cancers. You should look for a "Broad Spectrum" Sunscreen to protect against UVA - Aging rays and UVB - Burning rays and protection from HEV - High Energy Visible light. This is blue light emitted from sun, screens, laptops and phones.

A higher factor like SPF 50 will give you more protection against sunburn but not unless you re-apply it every 2 hours while in the sun.

Factors 15 - 50 offer similar protection against UVA rays and DNA destruction which is the most important. Spf50 blocks out 98% of UVB rays while spf30 blocks out 97% and spf15 blocks 93%.



Apply your sunscreen 20 minutes before going in the sun and re-apply every 2 hours after for full protection. Remember to use water resistant sunscreen if you are in water or sweating from exercise. Do not just rely on your SPF wear a wide brimmed hat and sunglasses with UV protection. Clothing with built in sun protection is great with sunscreen especially for children.

Noreen Mangan

Tel: 0646630712

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TIPS TO HELP YOU STAY MOTIVATED

B WELL FITNESS CLUB



HAVING RESERVATIONS ABOUT JOINING THE GYM?

Deciding to start a fitness journey can feel intimidating, and many people have reservations that hold them back from stepping into a gym. With our experience in health and wellness, we've seen these concerns time and again and we are here to offer reassurance and practical advice.

1. Fear of Judgment or Not Knowing What to Do

Many newcomers worry about feeling uncomfortable or embarrassed when surrounded by experienced gym-goers. Remember, everyone starts somewhere, and most people are focused on their own workouts.

Advice: Begin with a guided tour or a few sessions with a personal trainer. Familiarise yourself with the equipment at your own pace, and don't be afraid to ask staff or trainers for help. Confidence grows with knowledge.

2. Concerns About Being Out of Shape or Not Fit Enough

It's common to feel self-conscious about your current fitness level. But gyms are for everyone—beginners, seasoned athletes, and everyone in between.

Advice: set realistic, achievable goals and choose workouts that suit your current abilities. Consistency matters more than intensity initially. Celebrate small victories to build confidence.

3. Worries About Time and Commitment

Busy schedules can make the idea of adding gym sessions seem overwhelming.

Advice: start with just 15-20 minutes a few times a week. Even short, regular workouts can make a difference. Find times that work for you and treat these sessions as an investment in your health—your most valuable asset.

Final Thought:

The biggest step is simply showing up. Remember, every expert was once a beginner. Approach your fitness journey with patience, curiosity, and kindness to yourself. The gym is a place for progress, not perfection. You've got this!

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DIABETIC RETINOPATHY

DIABETIC RETINOPATHY IS A COMPLICATION OF DIABETES. IT'S CAUSED BY HIGH BLOOD SUGAR LEVELS DAMAGING THE BACK OF THE EYE (RETINA). IT CAN CAUSE BLINDNESS IF LEFT UNDIAGNOSED AND UNTREATED.

The retina needs a constant supply of blood. It receives this through a network of tiny blood vessels. Over time, a high blood sugar level can damage these blood vessels in 3 main stages:

Stage 1:

Background retinopathy

Tiny bulges develop in the blood vessels. These may bleed slightly but do not usually affect your vision.

Stage 2:

Pre-proliferative retinopathy

More severe and widespread changes affect the blood vessels. These include more significant bleeding into the eye.

Stage 3:

Proliferative retinopathy

Scar tissue and new blood vessels, which are weak and bleed easily, develop on the retina. This can result in some loss of vision.

If a problem with your eyes is picked up early, lifestyle changes and treatment can stop it getting worse.

Risk of diabetic retinopathy

Anyone with Type 1 or Type 2 diabetes is at risk of developing diabetic retinopathy.

You're at a greater risk if you:

- have had diabetes for a long time
- have a persistently high blood glucose (blood sugar) level
- have high blood pressure

- have high cholesterol
- develop a serious illness such as sepsis or pneumonia
- are pregnant
- are of Asian or Afro-Caribbean background

Reduce your risk of developing diabetic retinopathy or help stop it getting worse. Keep your blood sugar levels, blood pressure and cholesterol levels under control.

Symptoms of diabetic retinopathy

You will not usually notice diabetic retinopathy in the early stages. It does not tend to have any obvious symptoms until it's more advanced.

Early signs of the condition can be picked up during an eye examination.

Treatments for diabetic retinopathy

Treatment is only necessary if screening detects your vision is at risk.

If the condition has not reached this stage, you should continue to manage your diabetes.

The main treatments for more advanced diabetic retinopathy are:

- laser treatment
- injections of medication into your eyes
- an operation to remove blood or scar tissue from your eyes

Regular eye examinations and diabetic retinal screening are essential to minimise the risk of diabetic retinopathy.

For more information and honest advice, contact us to make an appointment.



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WHAT PLANS ARE THERE FOR THE DISTRICT?

Deputy Danny Healy Rae Raises issue in Dail Eireann



Deputy Danny Healy Rae has raised the option of the District Hospital in Killarney being used for respite when the new hospital opens in the town and if not, what are the plans for the building?

Speaking to Killarney Outlook, Deputy Healy Rae said "The HSE responded to the question and I am disappointed that no clarity was provided on further respite services which is simply not good enough with the demand there is for respite".

The HSE replied that The Health Service Executive has been requested to reply directly to you in the context of the Parliamentary Question, which you submitted to the Minister for Health for response. Construction of the new Community Nursing Unit in Killarney is substantially completed but we await a final completion date from the PPP Company and HSE National Estates. Based on the information available to the Older Persons Service Management Team from our Estates colleagues it is estimated that the completion date is likely to be during Q3 2025.

The timeline for when the building is expected to become operational is dependent on handover of the new building by the PPP Company and subsequent registration by management at the unit. Registration cannot be applied for until full handover of the completed building has taken place. We anticipate that the time frame from submission of the application to inspection by HIQA will be approximately six weeks.

Once the building is officially registered, we will be in a position to move from St. Columbanus to the new building and it is envisaged that there will be a phased transfer of residents from St. Columbanus and Killarney Community Hospital into the new facility. Transfer of services to the new unit will take place as soon as possible following completion of the operational phases outlined above.

The new Minor Injury Unit which is planned for the Kerry area will be located in the grounds of the St Columbanus Home / Killarney Community Hospital campus. The space requirements and needs of the services in the Kerry area are currently being reviewed by HSE Estates in conjunction with service management and Public Health. We await the outcome of this review and it will inform any decision on the future use of the remaining available space on the Killarney Community Hospital / St. Columbanus campus.

Councillor Cahill Leads push for Tidal Swimming Pools Along Kerry Coastline



Fianna Fáil Councillor Tommy Cahill, the youngest member of Kerry County Council and representative of the Kenmare Municipal District, has welcomed the commitment from Kerry County Council to explore the feasibility of tidal swimming pools at suitable sites along the Kerry coastline.

At the May meeting of Kerry County Council, Cllr. Cahill tabled a motion requesting that the Council "explore the feasibility of providing tidal swimming pools along the Kerry coastline."

In response, the Council confirmed that while a feasibility study for the entire coastline is not viable, it is open to undertaking targeted feasibility studies where appropriate sites and funding streams are identified.

"I'm absolutely delighted with the Council's response and willingness to move forward on this," said Cllr. Cahill. "This is a significant step in the right direction for public health, tourism, and community life along our coast. I want to thank James Nolan, Director of Services

for Planning, Environment, and emergency management in Kerry County Council for his engagement on this matter and for confirming that they will explore the feasibility of tidal swimming pools at some seaside locations".

Tidal swimming pools, man-made sea-fed pools built into the coastline, offer a safe and sheltered environment for swimmers of all ages and abilities, particularly when open sea conditions are too rough. With sea swimming experiencing a surge in popularity year-round, Cllr. Cahill believes such infrastructure could have lasting benefits for both locals and visitors. Cllr. Cahill has identified a number of logical and promising locations across Kerry for potential development, including:

Rossbeigh, Cromane, Kenmare Bay, Fenit, Derrynane, Ventry, Waterville, Kells, White Strand, O'Carroll's Cove, Inch, Ballinskelligs, Coumeenoole Beach, Ballybunion, and Cuas Crom amongst others.

He also pointed to the successful example in Belmullet, Co. Mayo, where a tidal pool has become a much-loved feature of the community and a draw for visitors, and highlighted the international popularity of such pools in places like Australia.



DANNY HEALY-RAE TD



Cllr MAURA
HEALY-RAE

WEEKLY CLINIC ON: SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

*We are available to meet constituents at any time.
Give us a ring to arrange a suitable time and place.*

BUSES TO BELFAST FOR CATARACTS, HIPS AND KNEE PROCEDURES

**DON'T WAIT ANY LONGER FOR YOUR CATARACT PROCEDURE, GET YOUR
PLACE ON ONE OF THE JULY BUSES TO BELFAST NOW.**

Danny Healy Rae TD - Monthly Clinics

1st Monday 8.15 PM 8.30 PM 9.00 PM 9.30 PM	Rathmore & Gneeveguilla Top of the Hill, Rathmore Bridge Bar, Rathmore Dennehy's Bar, Rathmore Richie McAuliffe's, Gneeveguilla	3rd Friday 7.30 PM 8.00 PM 8.15 PM 9.00 PM 9.30 PM	Castleisland Area River Island Hotel, Castleisland The Kingdom Bar, Castleisland The Crown Hotel, Castleisland Hughes Bar, Cordal Lyon's Bar, Scartaglen
1st Wednesday 8.00 PM 8.30 PM 9.00 PM 9.30 PM	Killarney Area Torc Hotel, Lissivigeen The Village Inn, Kilcummin Old Killarney Inn, Aghadoe The Golden Nugget, Fossa	4th Thursday 7:00 PM 7.30 PM 8.15 PM 8.45 PM 9.15 PM 9.45 PM	Killorglin Area Golden Nugget, Fossa Galvin's Bar, Beaufort O'Grady's Bar, Killorglin Larkin's Bar, Milltown Griffins Bar, Castlemaine Anvil Bar, Boolteens
1st Thursday 8.30 PM 9.00 PM 9.30 PM 10:00 PM	Glenflesk & Barraduff The Kerry Way, Glenflesk Spillane's Headford Murphy's Bar, Barraduff Sweeney's Bar, Barraduff	4th Friday 8.30 PM 9.30 PM 10.00 PM 10.45 PM	Kenmare & Sneem Area The Roughty bar, Kenmare Riney's Bar, Sneem Blackwater Tavern O'Connor's Bar Kenmare
1st Friday 9.30 PM 10:00 PM 10:30 PM	Tuosist & Lauragh Sailors Bar, Killaha West Helen's Bar Kilmacalogue The Lake House Tuosist	Last Monday 8:00 PM 8:30 PM 9:00 PM 10:00 PM	Farranfore Area Ulick's Bar, Farranfore James Daly's Bar, Farranfore Cunniffe's Bar, Currow John Hendersons, Fries
3rd Monday 8.30 PM 9.00 PM 9.30 PM 9.45 PM	Knocknagoshel & Brosna O'Connor's Bar, Knocknagoshel Walsh's Bar, Knocknagoshel Kate Pat's Bar, Brosna Sportsfield Bar, Brosna		

PASSPORTS

Check the expiry date on your passport. Contact our office for advice BEFORE applying for your passport.

PLEASE CONTACT

Danny **087 2316055** Office **064 6685315**

Maura **087 7816432** Johnny **087 2354793** Eileen **087 9975419**

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com



5,848 PEOPLE CAUGHT NOT WEARING THEIR SEAT BELT WHILST DRIVING IN 2024

72% increase in Kerry in people caught not wearing seatbelts

Ireland South MEP Cynthia Ní Mhurchú, a member of the EU Transport Committee, has called for a get tough approach on two of the leading factors in road deaths in Ireland, non-wearing of seat belts and use of mobile phones whilst driving.

Astonishing figures provided by Gardaí show that almost 6,000 motorists were caught and fined in 2024 for not wearing a seat belt whilst driving. Ní Mhurchú has described the figures as truly shocking that some people continue to take unnecessary risks on our roads.

According to Ní Mhurchú, "On the 1st of February, 1979, Ireland introduced legislation that made the wearing of seat belts mandatory for front seat passengers and drivers. 46 years later, and almost 6,000 Irish people are caught not wearing a seat belt. There is no excuse. I do not understand why someone would not buckle up."

ST. FINAN'S HOSPITAL

At the recent Kerry County Council Killarney Municipal Meeting, Cllr. John O'Donoghue raised the following issue.

Given that the Office of The Planning Regulator details the obligations falling upon the owners of Protected Structures to maintain their building, and detail that harm must not be deliberately caused to the protected building including harm caused through neglect, that we would write to the HSE and ask them to detail any works carried out to maintain St Finan's since 2015.

Any private owner of a property which is a protected structure would be required to spend money maintaining their property or face fines, yet here we have at the top of our town probably the most famous vacant building in the country at this stage. To my uneducated eye, it appears to be completely abandoned and left fall into a state of disrepair and as far as I am concerned the State and the HSE cannot have it both ways. If it is a protected structure, they are legally obliged to maintain it, otherwise they need to dispose of it and allow it to be developed for other uses. A private individual would not be allowed to behave in this manner and our State bodies need to be held to the same level of accountability. In recent days I believe workmen have been in there which is suspicious timing as my NOM would have been public knowledge with the last week or so. I look forward to the reply from the HSE as this farcical saga continues!

Welcome changes to carer's allowance will benefit almost 200 Families in Kerry

Minister for Children, Disability, Equality and Kerry TD Norma Foley has welcomed changes to carer's allowance which will benefit almost 200 families in Kerry.

From Thursday, July 3rd, Minister for Social Protection Dara Calleary will increase the amount of income that people can earn without affecting their right to qualify for the means-tested Carer's Allowance payment.

The income disregard will rise from €450 per week to €625 per week for single carers, and from €900 per week to €1,250 per week for carers with a spouse or partner.

New figures show that the changes will immediately benefit 196 family carers



in Kerry who are currently receiving the carer's allowance and will receive higher payments due to the increase in the income disregards.

This reform will also extend eligibility for the Carer's Allowance to more people in Kerry than ever before, once the new rules come into effect on Thursday, July 3rd.

KERRY COUNTY COUNCIL VACANT PROPERTIES

Kerry County Council (KCC) has confirmed that it is currently reviewing documentation for the proposed disposal of 30 properties in its portfolio, in reply to a query raised by Fianna Fáil TD, Michael Cahill. The Rossbeigh Deputy was questioning if there were properties that might be brought in to use for housing purposes, following renovation.

"Kerry County Council confirmed to me that these properties include;

12 properties have not been in use for a period of 5 years or less

8 properties have not been in use for a period of more than 5 years but less than 10 years

10 properties have not been in use for a period of more than 10 years

They also confirmed that there are complex issues relating to each of these properties which make them unsuitable for refurbishment and return back into social housing stock" stated Deputy Cahill.

"30 properties is a significant number of units to be removed from possible re-use and I wonder if all possibilities have been considered. If they are not suitable for refurbishment, should they be levelled and rebuilt? Are they to be sold as agricultural land?" asks Deputy Cahill.


"Some of these (10) are out of use for more than 10 years, which seems to be an inordinate time without any action taken. We need to deal with prospective housing units with a great deal of urgency or move them on quickly if they are not suitable for purpose" said the Fianna Fáil Spokesperson on Older People and on Tourism.

"I will be making further enquiries in conjunction with my son Cllr Tommy Cahill, about these properties, to see if there may be an alternative solution and a possibility of returning any of them to Housing Stock" added Michael Cahill TD.



**CLLR
BRENDAN CRONIN**

Independent member of KCC



*Cllr Brendan Cronin
Ballyhar, Killarney*

Available at
Mobile:
087-2069657
email:
cllr.brendan.cronin@kerrycoco.ie



**MICHAEL
HEALY-RAE TD**

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0872461678

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MOST COMMONLY ASKED QUESTIONS

- Do I need a medical card to avail of this? **NO**
- Do I need to have health insurance? **NO**
- Does it only apply to a certain age group? **NO**

For further information please call
Martina in my office **064 6685782**

Contact Numbers: 01 618 3363/064 66 85782
E: michael.healyrae@oireachtas.ie



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Colm 'The Gooch' Cooper and his wife Céitílis Ní Bheaglaioich with their son Conall and Céitílis's sister pictured at Hyrox Killarney at the Killarney Racecourse at the weekend



Face painting and fun at Hyrox Wellness Fest at the weekend



Best friends Lauren O Sullivan and Orlaith Audley Enjoying the U14 Co. Championship at Fitzgerald Stadium last Tuesday evening. Photo Seamus Healy.



Local Lads enjoying the U14 Co. Championship at Fitzgerald Stadium last Tuesday evening. Photo Seamus Healy.



Board of Management representative, Michael Coghlan, Edel Cronin, Anne Lucey, Lucy O'Mahony, Judy O'Mahony and Alice Davern at the retirement party of teachers Anne Lucey, Judy O'Mahony, Judy O'Mahony from Holy Cross Mercy. Picture Kieran Healy



Jemma Keys and Karen Rees (Murphy's Ice Cream) at the Killarney Chamber of Tourism and Commerce members luncheon at The Garden Room in The Great Southern Hotel Killarney. Picture: Eamonn Keogh



Frank Shaw, Siobhan Kissane and Hugh Gleeson (Bank of Ireland) at the Killarney Chamber of Tourism and Commerce members luncheon at The Garden Room in The Great Southern Hotel Killarney. Picture: Eamonn Keogh

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SUNDAY EVENING 13TH JULY



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John Joe Dances 

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Rossbeigh, Glenbeigh, County Kerry

Email: Michael.cahill@oireachtas.ie

Constituency Office: 083 4525841

Temporary Constituency Office:

C/O Orchid Accountants,
Upper Park Rd, Upper
Ballycasheen, Killarney,
Co. Kerry, V93 PT04

 **FIANNA FÁIL**
THE REPUBLICAN PARTY



Parking Notices and Road Closures

www.ringofkerrycycle.ie



#ROKcycle

The Ring of Kerry Charity Cycle committee are asking for your cooperation and assistance with parking and access to the town on the weekend of the 4th & 5th July. This is the biggest fundraising event in Killarney and we really do appreciate your patience and assistance.

Please be advised that lower side of New Street Car Park will be closed for parking from 7am on Friday, July 4th until Midnight, Saturday July 5th.

Alternative car parking will be available for short stays and cars only at the Cathedral field, entrance on Port Road (with the kind permission of St. Brendans Trust). **FREE Parking for cyclists** will be provided at Daffodil

Field, Cleeney, Tralee Road (kind permission of Micheál O'Shea) and the Old Rugby Field off the Killarney Bypass (kind permission of Kerry County Council) from 5am to 8pm, Saturday 5th July. All cyclists are being asked to use these facilities to ensure smooth traffic flow and ease congestion during this time.

ROAD CLOSURES KILLARNEY TOWN

Saturday 5th July, Mission Road will be closed to traffic from 5am to 9am and from 11.30am to 8pm and Beech Road will be closed to traffic from 5am to 9am and 12noon to 8pm. Please obey the stewards and follow the extensive diversion routes.

For full details on all intended road closures associated with this event please go to: www.kerrycoco.ie/roadsmain/road-closures/

Thank you again for your cooperation in securing the success of this Charity Event.

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KILLARNEY GOLF & FISHING CLUB (LADIES)

**CAPTAIN MÁIRE PRIZE WINNER 2025
TO THE LADIES 18 HOLE LADIES STROKE
COMPETITION PLAYED ON KILLEEN COURSE
ON 29TH JUNE 2025.**

Overall, Winner & Castle Lough Cup Winner:
Patricia Walsh (33) 67

2nd Ellen Lady Tucker Cup Winner: Aine Marie
Martin (5) 70

Best Gross: Mairead Martin (+1) 69

3rd: Amy Arthur (4) 70

4th: Lisa Cullen (2) 71

5th: Mary O'Doherty (17) 72

6th: Tracy Eakin (0) 72

7th: Breda Duggan (29) 72

8th: Margaret Maloney (31) 73

9th: Maria Murphy (20) 73

10th: Kay Gentile (19) 73

11th: Annkatrin Meyer Schwickerath (34) 73

Front Nine: Catherine Walsh 31.5

Back Nine: Kathleen Wall 36.5

Committee: Sharon Ormonde (15) 75

Past Captain: Mary Geaney (20) 75

Addie McSweeney Putting Trophy: Mairead
Martin 25 Putts

Nearest the Pin on 6th: Josephine O'Sullivan

Longest Drive on 12th: Lisa Cullen

11 Hole: Cara Fuller (17) 27 pts

Guest 1st: Breda O'Farrell (45) 36 pts

Guest 2nd: Aileen Hickie (34) 35 pts

NEXT FIXTURE will be 18th July 2025 Mixed
Foursomes on Mahony's points Course. & 19th &
20th July 2025 Play in Pink kindly sponsored by
Flesk restaurant 18 & 13 Hole Single on Mahony's
point Course.

ROSS GC

RESULTS

**ON JUNE 28TH AND 29TH WE HELD A CLUB
SPONSORED STABLEFORD COMPETITION.**

The winners were :-

1st: Dan Cronin 38 (10)

2nd: Ryan Scott 37 (9)

Division 1 (0-12)

1st: Barry O'Grady 37 (12)

2nd: Darren Gaffey 35 (12)

Division 2 (13-20)

1st: Leo Casey 37 (14)

2nd: Tony Lenihan 36 (15)

Division 3 (21+)

1st: Kieran Murphy 29 (26)

2nd: Conor Corcoran 27 (34)

**ON TUESDAY JUNE 24TH THE SECOND OF
OUR OPEN DAYS IN THE SUMMER SERIES
TOOK PLACE.**

The winners were:-

1st: Declan Kelly 22pts

2nd: John Cuskelly 20 pts

3rd: John Ivory 19 pts

**ON FRIDAY 27TH WE HELD OUR FRIDAY
EVENING MIXED 10 HOLE SCRAMBLE**

The winners were:-

1st: Michael J Sullivan, Sean Hickey, Conor
Brosnan, Darragh Collins.

2nd: Lucas Cronin, Peg Wickham, John Ivory, Dan
Cronin.

3rd: Niall O Connell, Frank Guerineau, Brenda
Kelliher, Peter Wickham.

4th: Aine Murphy, Maurice Coffey, John Cuskelly,



Deerpark's Fionn McMonagle receiving his prize for finishing as runner-up in last Saturday's Munster U16 Boys Matchplay Cup Final from Pitch & Putt Ireland Youth Officer Liam Leahy at Riverdale Pitch & Putt Club Nenagh Co Tipperary last Saturday.

Eoin Moriarty.

FIXTURES

On Friday 4th our Friday evening mixed 10 hole scrambles will continue. Please get your name on the entry sheet before 5.30pm to enable us to be playing golf by 6pm. No Late entries allowed. On Saturday July 5th and Sunday 6th we will hold the Frank Doran/ Safeguard Security Backstages stableford competition. The usual process applies for tee time bookings for both days.

DEERPARK PITCH & PUTT CLUB

MUNSTER U16 MATCHPLAY

At Saturday's event in Riverdale in Nenagh, Fionn McMonagle became the third player from the club in successive years to make the Boys Cup final but unfortunately he lost out to Charlie Taylor in the final on the day. Commiserations to Fionn on his loss in the decider but it was a decent start to the U16 season as Aodhan O Halloran made the quarter-finals of the Cup and Daniel Quinlan made it to the same stage in the Plate.

MUNSTER STROKEPLAY

Congratulations to Damien Fleming (Senior), Connie O'Sullivan Jnr and Ger Casey (Intermediate) along with Paddy Murphy (Junior) on qualifying for the Finals of the Munster Strokeplay in Collins in Cork on the weekend of July 13th after last Sunday's Qualifiers in Listowel

NATIONAL O55'S STROKEPLAY

Congratulations and best wishes this weekend to the four players from the club who have qualified for the Finals this weekend in Riverdale namely Connie O'Sullivan Jnr, Gearoid Cronin and Ger Casey (Intermediate) along with Paddy Murphy (Junior).

U16 COMPETITIONS



Ross Ladies Golf Club Open Day very kindly sponsored by Keane's Jewellers Killarney. Congratulations to the winners Anne Moynihan, Mary Moynihan pictured with Lady Captain Elaine Casey. Missing from the picture is Amy Arthur.

The following are some of the results of our competitions for our U16 members so far this year.

June 12th - Winner: Daniel Cremin 47 (B9), Runner-Up: Aodhan O'Halloran 47.

June 19th - Winner Ben O'Sullivan 36, Runner-Up: Ronan Browne 41, Third: Colin Murphy 42, Hole-In-One: Adam Twomey (15th).

SUMMER SERIES

In association with the Flesk Restaurant, these events continue every Wednesday night at 7pm. Entry €5 per adult, €2 for U16's.

CAPTAIN'S PRIZE

Looking forward to seeing everyone tonight (Friday) for John McGrath's

Captain's Prize. For the U16 section it is tee-off for 4.30pm-5.30pm. Play over 18 holes and €5 entry. For the adults its play from 5.30pm-6.30pm over 36 Holes Strokeplay and a fee of €10. Prizegiving in conjunction with Chairman's Prize.

CHAIRMAN'S PRIZE

Sean Kelly's prize takes place next Friday July 11th. The U16 section takes place at 4pm over 18 holes while the adults tee-off between 5-6pm over 36 holes. Presentation of prizes for this event, the Captains Prize and the Willie Parker back in May will take place after this event.

DEEPEST SYMPATHIES To our Vice President and U16 Officer Derry McCarthy and his extended family on the death of their aunt Maureen last week.

The club also offers its sympathies at this time to sponsors O Callaghan Coach Holidays and their extended family on the death of Isabelle O Callaghan. May they both Rest in Peace.

ROSS LADIES GOLF CLUB

**RESULTS OF 18 HOLE & 9 HOLE (CLUB
SPONSORED) COMPETITIONS ON
SATURDAY 28TH JUNE**

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18 HOLE RESULTS

1st: Kitty O'Grady
2nd: Miriam Hickey

9 HOLE RESULTS

1st: Emer Brosnan
2nd: Helen Moylan
3rd: Kathleen Fitzgerald

ROSS LADIES GOLF CLUB OPEN DAY VERY KINDLY SPONSORED BY KEANE'S JEWELLERS KILLARNEY

Well done to all. A huge thank you to Keane's Jewellers for their very generous prizes.
Congratulations to the winners Anne Moynihan, Mary Moynihan & Amy Arthur.
2nd: Breda O'Farrell, Una Moroney & Mary Treacy
3rd: Noreen Coffey, Maureen Creedon & Margaret Campion

COMPETITIONS

9 & 18 hole Single Stableford Competition
Saturday 5th July. Enter via the BRS App. All Members welcome

WEDNESDAY MORNINGS MEET & PLAY

Meet and play every Wednesday morning. Meet in the Club House 10.00am tee off 10.30am. All members welcome.

GOLF LESSONS

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club.

Congratulations to the winner of this week's competition;

9 hole Stableford - Mary O'Reilly

No competition will take place this week due to our exchange day with Maine Valley, Killorglin.

SOCIAL GOLF

Social Golf continues on Wednesday morning. Meet at 10.15am to play at 10.30am. Book on BRS.

MIXED SCRAMBLES

Mixed scrambles every Tuesday at 6pm. Visitors welcome.

GOLF LESSONS

Kieran Crehan is available to give golf lessons. Contact Kieran directly on 087 2748777.

CASTLEROSS GOLF CLUB (LADIES) RESULTS



At the presentation of the prizes for the Laurels Pub & Restaurant sponsored stableford competition at the Ross GC are :-
Front (l to r) Barry O'Grady, Peter Wickham, Captain, Mike O'Keefe.
Back (l to r) Eoin Moriarty, Lucas Cronin, John O'Driscoll, Daniel Cronin, Donald McSweeney, Gerard Murphy, Frank Guerineau.



At the presentation of the prizes for the Royal Hotel sponsored June Medal competition at the Ross GC are :-
Front (l to r): John Cuskelly, Joe Scally, Sponsor, Donie Broderick.
Back (l to r): John Ivory, Lucas Cronin, Peter Wickham, Captain, Conor Brosnan, John Hurley, M J O'Sullivan.

Truffle Honey Wins Gold at Inaugural Gold Medal Catering Awards

Truffle Honey has taken home the prestigious Gold Medal for Club or Society Franchised Caterer of the Year at the inaugural Gold Medal Catering Awards, held at a glittering black-tie gala in Clontarf Castle. The award recognises Truffle Honey's exceptional catering services at both Killarney Golf & Fishing Club and Ballybunion Golf Club, cementing their reputation as one of Ireland's top foodservice providers.

Owned and operated by husband-and-wife team Colette and Mike Hayes, Truffle Honey was honoured alongside Ireland's most respected chefs, catering managers, and foodservice professionals in a celebration of excellence across the catering industry.

"This recognition is a testament to the dedication of our amazing team," said Colette Hayes in a statement to the Killarney Outlook. "A heartfelt thank you to our incredible staff, our valued club partners, and all our loyal guests. We're so proud to bring this gold medal home!"

Truffle Honey offers more than just club catering. As a private chef hire and bespoke catering company, it champions a simple yet powerful ethos: using the finest Irish ingredients, treating them with care, and delivering a dining experience that lingers in the memory.

The Gold Medal Catering Awards were launched to spotlight the exceptional standards and innovation across Ireland's catering landscape, spanning contract catering, healthcare, education, public sector, and events. The awards received over 150 entries in their debut year, reflecting the dynamic and competitive spirit of the sector.



The team at Truffle Honey receiving their Gold Medal. Included are left to right are Mike Hayes, Collette Hayes, Louise O'Donoghue and Tracy Quirke

Winners were selected through a rigorous multi-stage process, including site visits, mystery dining, and expert interviews. Spanning 20 categories, the competition aimed to showcase the best in sustainability, customer service, and individual achievement, among others.

Truffle Honey's win stands as a shining example of what's possible when passion meets precision in the kitchen and beyond.

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Killarney Golf Club Captain Máire Murphy (front fourth from left) presenting her Captain's prize to winner Patricia Walsh with (front from left) Mairead Martin Best Gross and winner of Addie McSweeney Putting Trophy, Aine Martin 2nd and winner of the Ellen Lady Tucker Cup, Amy Arthur 3rd (second row from left) Mary O'Doherty 5th, Mary Geaney Past Captain's, Kay Gentile 10th., Tracy Ealkin 6th, Breda Duggan 7th, Lisa Cullen 4th Longest Drive (third row from left) Marie Murphy 9th, Annkatrin Meyer Schwicherath 11th, Catherine Walsh front 9, Margaret Moloney 8th (back from left) Kathleen Wall back 9, Sharon Ormonde Committee prize, Josephine O'Sullivan Nearest to the Pin, Breda O'Farrell 1st Guest, and Cara Fuller winner 11 Hole competition at Killarney Golf and Fishing Club, Killarney. Photo by Michelle Cooper Galvin



Killarney Golf Club Captain Máire Murphy presenting her Captain's prize to Men's Club winner Peter Counihan with prizewinners (left) Michael Quirke, Michael O'Neill (back) Andy Goulding, Padraig Lucey Kevin Leacy and Captain Michael McAuliffe at Killarney Golf and Fishing Club, Killarney. Photo by Michelle Cooper Galvin



Killarney Golf Club Captain Máire Murphy presenting her Captain's prize and Castletough Cup to Ladies Club winner Patricia Walsh and Men's Club winner Peter Counihan at Killarney Golf and Fishing Club, Killarney. Photo by Michelle Cooper Galvin



The Dr Crokes GAA Club annual Golf Classic will take place on the O'Mahony's Point Course at Killarney Golf Club on Thursday July 31st and Friday August 1st. Launching the event were Colm Cooper (Dr Crokes finance committee) and Eoin Brosnan (Dr Crokes Chairman) with joint sponsors Eoghan Cronin (MP Moran Group) and Colm Foley (Charlie Foley's Bar). Back from left are David Byrne, John McEnery, Ross Brosnan and Vincent Casey (organising committee). Entry cost for a team of four is €400 Euro and further information is available from Vincent Casey (0872461599) and Eoin Brosnan (0868528308). Picture: Eamonn Keogh



At the Dr Crokes GAA Club Golf Society Captain's Prize function in Scott's Hotel following the event at The Killeen Course at Killarney Golf Club on Friday sponsored by Kerry Coaches were seated from left, Joey Sheehan (Captain), Rod Stewart (overall winner) and Mike Buckley (Kerry Coaches). Second row from left are Harry O'Neill, Johnny O'Connor (second), Alan Flynn (Guest prize), James Jones (third) and Liam Hartnett (President). Standing from left are Eamonn Fitzgerald, Mike O'Leary, Denis Coleman, Sean Brosnan, Karl McMahon, Martin Byrnes, John McEnery and Shane Horgan. Picture: Eamonn Keogh



At the Dr Crokes GAA Club Golf Society Captain's Prize function in Scott's Hotel following the event at The Killeen Course at Killarney Golf Club on Friday sponsored by Kerry Coaches were from left, Joey Sheehan (Captain), Rod Stewart (overall winner) and Mike Buckley (Kerry Coaches). Picture: Eamonn Keogh



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Week 1 has run this week from Monday June 30th - Friday July 4th. Week 2 is from Monday July 14th -Friday July 18th. Bookings through Clubzap Clubs App.

AGM

The AGM was held last week. Philip O'Callaghan remains as Chairperson. John Somers is the new vice chairperson. Paul Sherry is the new treasurer. Best of luck to the MC for the upcoming year.



Participants at the Killarney Celtic Summer Camp this week.

KILLARNEY ATHLETIC AFC 7-A-Side Tournament

KILLARNEY ATHLETIC AFC – 7-A-Side Tournament Underway!

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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

ALL IRELAND QUARTER FINALS

Kerry's All Ireland campaign this year has taken a fairly meandering path, to say the least, with more than a few twists in the tale. We impressed in patches during a topsy-turvy National League, most notably coughing up a 12 point advantage to Dublin on our own ground. Just when it looked like we were slipping away from the pack leaders, they seemed to start concentrating more on their looming provincial championships than the league. The last thing they wanted was an energy-sapping National League Final; I still feel that it kind of fell our way a bit by default.

Then came the Munster campaign. It's not exactly the minefield that is Ulster, is it? I myself think that's why you had four Ulster teams in the last eight. I expected no great shakes out of Munster again. Cork hadn't exactly rattled the cages in Division Two. It's easy to forget, you see. They rise, they would always rise to Kerry, and both sides are better for it. Our first encounter was definitely one of the games of the year, and the Munster Final itself not far off it. Mind you, Leinster has been an easier cakewalk for almost twenty years, but this year...ah, yes, no schadenfreude, please.

Group stage. Roscommon handled very comfortably, to be truthful. We were coming along a soft road. Didn't mean that we were bad, just untested. Meath in our second game was surely going to be no more than a bump on the road. I felt that they had caught Dublin on a bad day.

If so, they caught us on an even worse one. Outplayed, outthought, outfought. A bad, bad day. Defeat is one thing. Defeat like this? Definitely holed, and quite possibly, probably even, below the waterline. We beat Cavan fairly comfortably the weekend after to secure a quarter-final berth. More energy spent, more attrition, on a team that looked fairly cooked already. And then the draw. Armagh. The team that blew us away last year and have looked the strongest panel this year. Yes, lost to Donegal in the Ulster Final, but that was basically a rivetting coin toss. Armagh missing a few key players, Kerry more than decimated. I can't see it happening.

DUBLIN V TYRONE: Dublin have been dark horses for me. You could say that their story is similar to ours, losing the Delaney Cup in a bad defeat to Meath raising all the questions. But I felt that Dublin were holding a little bit back and, of course, their ongoing theme is the will he/won't he of Con O'Callaghan. I fancied Dublin for this one. That's not disrespecting



A delighted David Clifford pictured after he scores.

Photo: Orla Coyne, Kerry GAA Fans

Tyrone. They are definitely looking like the next team to dominate the All Ireland Championship, and not in any blanket defence manner either. What they have coming on stream....if they could all click together this year and the Canavans and McCurry unleash their firepower...but I expect Dublin to control a slower tempo and just pick them off.

GALWAY V MEATH: Galway have been knocking so hard on the door in the last couple of years and just barely falling short, that you could say that they 'deserve' an All Ireland. At full strength, they are enormously formidable. But it's been a long road, and they have been losing players to knocks and niggles at every step. Meath look almost like a force of nature this year. Blew both Dublin and Kerry aside with ease. And yet lost to Louth. No weaknesses and very well organised – Brennan should be in the running for Manager of the Year – but I wouldn't say that they have a marquee player either. I can see Galway winning this one....but this being the last game that they win.

DONEGAL V MONAGHAN: The fact that there are four Ulster teams in the All Ireland quarter-finals tells you where the powerbank of gaelic football currently resides. Both teams know each other well. Monaghan can match anybody in scoring, but their concession rate is too high. Donegal, surely.

KERRY 0-30 ARMAGH 1-21

Great. Micheál Burns is a late withdrawal, apparently a tweak. There's a lot more hope than belief among the Kerry fans. Mind you, I have no problem with having Mark O'Shea start instead. Micheál has always been a forward, Mark has mostly played midfield. Breaking ball would be vital in the middle third.

Armagh with the first attack, wide. Kerry respond, nice bit of pace about it, Seán O'Shea kicks the opening point. Better again, Dylan

Casey rises to gather the long direct kick-out. Dylan Casey winning a cleanly contested Armagh kick-out? Marker laid down. Kerry work it well and Seán O'Shea makes the two pointer look easy. In fairness, this is not the tentative Kerry that I had been expecting at all.

Armagh get off the mark. Oisín Conaty with a burst of pace. Worryingly, we got no hand on him at all. Armagh call up Ethan Rafferty for a two pointer free. He doesn't miss many of those – but he misses this one. Oisín Conaty notches his second point, though.

Good kick-out and fast kicking move by Kerry. Dylan across to Conor, great goal chance....not a great effort, to be honest. Easily recovered. It worries me, underdogs need to nail every chance they get.

Good score by Brian Ó Beaglaoich. Tiernan Kelly with a goal chance for Armagh, but Shane Ryan makes a great save. David Clifford has an uncharacteristic wide at the other end. Seán O'Shea, of all people, gathers in the Kerry defence to scramble clear. Frenetic stuff now. Kerry's players around the middle are doing brilliant, contesting everything. I think Armagh expected us to try and go around midfield. Not a bit of it; Kerry are quite willing to go toe to toe and well able for it as well. I must admit, I had not expected this.

Gavin White. Heads up football, one look, straight between the posts. Armagh with a bad miss, and David Clifford punishes them with a point at the other end. Poor enough kick-out by Rafferty, Kerry grab possession, David fouled. Easy free for Seán O'Shea. 0-7 to 0-3.

Armagh are the ones trying to avoid long range missiles into midfield now, playing short kick-outs and working the wings. It was effective, too. Jarly Óg Burns kicked a really good two pointer. Rian O'Neill took a point – I felt that Rian was beginning to show for things and look dangerous. Mind you, Seán O'Shea had been deadly right from the start and showed it again



Members of the Kerry Team in action V Armagh in Croke Park on Saturday. Photo: Orla Coyne, Kerry GAA Fans

with another point. 0-8 to 0-6, Seán had kicked 0-5 of our tally.

Tom O'Sullivan limping off. I never watched that zombie tv series 'The Walking Dead', but I'm guessing this is what an episode is like. Diarmuid, Barry Dan, Paudie, Paul G, Mike Breen, Tony, Micheál, now Tom. Mend and make do. Big ask of Evan Looney now. He has impressed at underage, was one of if not the main breakout star of the County Championship, and doesn't well off the bench for Kerry. But picking up All Star Oisín Conaty? This is a test.

O'Neill is wide from a very tight angle; I'm not sure that shot was on. Graham O'Sullivan had a better chance and executed it perfectly. 0-9 to 0-6.

Oisín Conaty with his third point. Armagh stirring themselves. Joe McElroy with a fine score. That's alright, Kerry, steady the ship.

Kerry don't steady the ship. Kick-out is a fraction too short by Shane – his first non-immaculate restart. Even then the situation was manageable if Dylan Casey had attacked the ball rather than waiting for it. As it was, in nipped Rory Grugan and a very calm finish saw the net bulge. 1-8 to 0-9, Armagh in front for the first time.

A test of Kerry's nerves now. If they get rattled, Armagh know how to squeeze situations. But Kerry are as calm and focussed as ever. Seán O'Shea with another well-taken point followed by a two pointer. Kerry back in front. Dylan Geaney with a point; he wasn't too far inside the arc that time. 0-13 to 1-8

Ethan Rafferty with a two point free, steers it over perfectly. Joe McElroy closes out the first half with a last Armagh point.

Half-time Armagh 1-11 Kerry 0-13.

Armagh out fast out of the blocks. Conaty driving at pace again, and a lay-off to McMullen for a point. Joe O'Connor with a good response for Kerry but Rian O'Neill kicks a two pointer. Oisín Conaty and Rian O'Neill add two more points and suddenly it's 1-16 to 0-14 in Armagh's favour. This could be sliding away from us....

"There is a tide in the affairs of men, which, taken at the flood, leads on to fortune; omitted, all the voyage of their life is bound in shallows and in miseries." I wouldn't regularly be quoting Billy Shakespeare (to be fair, he never quoted me much, either, out of professional courtesy) but every now and then, he has the perfect

phrase for a particular moment. And this was such a sliding doors moment. Kerry could battle manfully to an honourable defeat now. They had stood toe to toe with the All Ireland champions. Not just our big guns, everybody. If Armagh were to push at us and pull away on the scoreboard late on, nobody would be blaming Kerry, giving our injury list.

Except that this is no gladiatorial era. The only person who really decides if you are worth a Kerry jersey is yourself. I think it's fair to say that we didn't really have a settled first choice starting fifteen. In a number of positions, it was kind of the current front-runner of the two or three options, rather than nailed on starter if fit. Fifteen minutes later Kerry were as dominant as they have ever been in any game. It was utter astonishing, perfect synchronicity and execution, and up against the reigning champions, no less.

Joe O'Connor, arguably the best midfielder overall this year, boomed over a great kick. Seán O'Shea kicked yet another two pointer. There was a particular roar for Paudie Clifford splitting the posts. Kerry were simply gobbling up Ethan Rafferty's kick-outs. Armagh weren't doing much wrong. Kerry were just doing all of it far better. David Clifford with a two pointer. Let's just remember that Kerry don't do two pointers and are totally reliant on David Clifford – ah, lads, in fairness, I'll freely admit that I was completely wrong in my expectations for this game, but I was never in my life so stupid as to come out with nonsense like that.

Seán O'Shea with a free. Another well-worked Kerry move, Mark O'Shea giving it to David Clifford for a point. Mark is flagging now, jaysus but he put in some shift. So did Seán O'Brien.

Even with everybody else playing really superbly, Micheál Burns is absolutely electrifying when he replaces Mark. They just can't live with him at all and he soon fires over. Brian Ó Beaglaoich pops a point after yet another Armagh kick-out clean-out. Gavin White, the captain leading the team, kicks his second point – most defenders would have looked to lay that off, but Gavin knew that it was going over. Paudie and David Clifford Added to their respective tallies. It was all Kerry now. I'm watching Kerry football a fair amount of time, and I don't think I've ever seen us this dominant

against top quality opposition. And yes, I was at that famous 'startled earwigs' game against Dublin (another one I predicted wrongly, by the way). That was not this.

I don't blame Armagh at all. This was just too fast, too sudden, from two many angles. Ethan Rafferty did try to vary his kick-outs, of course he did, but the only variance was whether it landed in Kerry hands or out over the sideline. 0-28 to 1-16. Fourteen points in fifteen minutes without a single wide.

Andrew Murnin with an Armagh goal chance. They needed it, but an imperious Jason Foley intercepted to put it out for a '45 converted by Rian O'Neill. David Clifford replied with a two pointer. Armagh sent a ball into the Kerry square in hopes of a goal, but Shane Ryan judged it perfectly and emerged with possession. Fittingly, Seán O'Shea closed out a victory that was even more unexpected and meaningful than Meath's dismissal of Dublin in the Leinster Championship.

Kerry were being written off. Now, I do believe that Kerry management can't be too hard on a lot of us for that – they kept their hand well hidden – but there was a bit of knife-twisting and personal criticism in some of the hastily written obituaries. Lessons learnt? Not at all. As incredibly wonderful as this display was, that bread has been eaten and in Kerry, we tend to quickly forget eaten bread. This win just piles on more expectation for the next game.

Are Kerry able to beat Tyrone? Ah, let's face it, people. There were four big games last weekend. I predicted three of them wrongly (I thought Armagh would win with a bit to spare and Dublin and Galway would get over the line as well). Which means that statistically I had a slighter better chance of just tossing a coin for each game. Do you really want my prediction for the semi-finals? Ye really don't.

Armagh: Ethan Rafferty (0-2, tpf), Paddy Burns (0-2, 1tp), Barry McCambridge, Peter McGrane, Ross McQuillan, Tiernan Kelly (0-1), Jarlath Óg Burns, Niall Grimley, Ben Crealey, Darragh McMullen (0-1), Rory Grugan (1-0), Joe McElroy (0-2), Oisín Conaty (0-6, 1tp), Andrew Murnin, Rian O'Neill (0-6, 1tp, 1f). Subs: Conor Turbitt (for Jarlath Óg Burns (bs 37-47 mins), Jason Duffy (for Niall Grimley, 50 mins), Conor Turbitt (for Ross McQuillan, 50 mins), Aidan Forker (for

Tiernan Kelly, 54 mins), Cian McConville 0-1 (for Ben Crealey, 56 mins), Shane McPartlan (for Rory Grugan, 66 mins); Callum O'Neill (for Andrew Murnin, 66 mins).

Kerry: Shane Ryan, Paul Murphy, Jason Foley, Dylan Casey, Brian O Beaglaoich (0-2), Gavin White (0-2), Tom O'Sullivan, Sean O'Brien, Joe O'Connor (0-2), Mark O'Shea, Seán O'Shea (0-12, 3tp, 3f), Graham O'Sullivan (0-2), David Clifford (0-7, 2tp), Conor Geaney, Dylan Geaney (0-1). Subs: Evan Looney (for Tom O'Sullivan, 24 mins), Paudie Clifford 0-2 (for Conor Geaney, half-time), Micheál Burns 0-2 (for Mark O'Shea, 50 mins), Killian Spillane (for Dylan Geaney, 64 mins), Tomás Kennedy (for Graham O'Sullivan, 68 mins), Tom Leo O'Sullivan (for Dylan Casey, 68 mins).

Referee: Brendan Cawley (Kildare)

DONEGAL 1-26 MONAGHAN 1-20

Monaghan made a great effort and certainly looked like they had a good chance at winning by half-time. They had a very strong wind behind them and used it well, especially goalkeeper Shaun Patton with some precision kick-outs, to keep Donegal under pressure. It was the Ulster champions who had the first two scores through Oisín Gallen and they went into a 0-4 to 0-2 lead. Conor McCarthy had already kicked a few wides for Monaghan, but they soon got their long range sights adjusted and two pointers from Rory Beggan (tpf) and Andrew Woods. Michael Murphy pulled one back but Beggan slotted a '45 and Stephen O'Hanlon fired over the rebound after his own goal effort was well saved. Ciarán Thompson (tp) and Ryan McHugh nudged Donegal ahead but a Ryan McAnespie point followed by a clinical goal from Micheál Bannigan turned the game in Monaghan's favour. By half-time, Monaghan had carved out a 1-15 to 0-11 lead. Seven points....last year a team with that lead could stifle a game. It would be unpretty (we saw plenty of it!) but it would be effective. This year? It's basically similar to a hurling scoreline, and just as susceptible. Honestly, I still had Donegal as favourites for this one in my own mind.

I never expected it to be comfortable. But Donegal took full control now that they had the wind and quickly reeled off four points on the trot. Monaghan scored two points but Michael Langan struck for a goal. By the 50th minute it was 1-18 apiece. Still anybody's game, but Donegal had just outscored Monaghan by 1-7 to 0-3. It really wasn't any surprise to see Donegal reel off another eight points on the trot, 1 tp from Langan, to put the game to bed. David Garland kicked one last great two pointer for Monaghan, but it was their last act in this year's All Ireland championship.

One small thing. After the game, a gracious Jim McGuinness emphasized that neither he nor any of his players had known about the statement issued by the Donegal County Board during the week regarding the six day turnaround and the lack of player welfare consideration. A County Board issuing a



Drama from all angles in Croke Park on Saturday.
Photo: Orla Coyne,
Kerry GAA Fans

statement about the senior team without input from the senior team management? That is no way to conduct matters.

TYRONE 0-23 DUBLIN 0-16

Both are former nemeses of ours. One took the mantle of 'greatest team to ever play the game' from our Golden Years team (I still say our four in a row side from the late '20s to the early '30s.....ah, look, today is not the day for that discussion. Dublin have inarguably been the best team of the modern era; we can all surely concede that much. And I fancied Dublin to win this. I suspected, like most people, that Con O'Callaghan would be on sooner rather than later. For me, Tyrone have three deadly forwards in the two Canavans and McCurry – except that I have never seen all three click together at the same time.

McCurry with the opening score, a two point free. Cormac Costello with a goal attempt parried away, but Cluxton nailed the '45. Peter Teague with a two pointer. Cormac Costelloe with a free and then fists over. I might be wrong, but both sides seem a bit cagey. Too afraid of making a fatal mistake to open the full throttle. Peter Harte made it three scores apiece. But all of Tyrone's are worth two each and Dublin already have three wides. 0-6 to 0-3.

Cormac Costello scored his third point and Brian O'Leary added another. After a slow build-up by Dublin, O'Leary levels matters. It's interesting. Both sides are keeping players up alright, but neither is actively trying to create space to exploit the new rules. Deep defences relying on turnovers. But both sides, especially Dublin, seem to be making small mistakes that would have been uncharacteristic of them in recent years. Mind you, it's slick and rainy conditions.

Darragh Canavan and Costello exchanged scores before Harte landed another Tyrone two pointer. Rory Brennan had a goal chance blocked and Costello's effort was saved at the other end. Both sides missed chances before McCurry tapped over a free to put Tyrone in front but Killian McGillis canceled that. In fact, Dublin had a chance to take the last shot of the first half, but turned it over and Tyrone's McCurry pointed instead to give them a 0-11 to 0-10 half-time lead. A small thing in itself, but indicative.

Conditions were obviously very difficult for

both sides. Cormac Costello did have a chance at a goal but skinned it wide. Finally Paddy Small scored to bring the sides level. However, Canavan, Daly, and Devlin promptly put Tyrone three points ahead. I was a bit surprised at how the GAAGO commentators were talking about how Dublin were in real trouble and being completely dominated. I felt that Tyrone were playing slightly better than Dublin, but neither side would be overly happy with their contribution. Three points isn't a big lead nowadays, I felt that Dublin could easily turn this tide and Tyrone had plenty of gears left to find as well. Tit for tat football. Ciarán Kilkenny trimmed the gap to one, Tyrone opened it again. With five minutes left, was a one point game.

And then Dublin suddenly couldn't get out of their own square without being turned over. This was the Tyrone I thought we would be seeing at this stage. Clinical, ruthlessly efficient. Score after score. Dublin, who had two missed goal chances, no less than ten wides, and six dropped short, had still been in this. And then, with brutal certainty, they just weren't, as Tyrone finally opened the floodgates to blow them away. End of an era? Their epitaph has been written in haste a few times already but this does feel like a turning of the page. Dessie Farrell stepped down as Dublin manager with an understated and admirable dignity.

MEATH 2-15 GALWAY 2-14

Galway. Astonishing amount of talent but it's their endurance that will be tested today. Meath. The football story of the year (be fair – that one Dublin victory in the hurling will shine for a long time). Took out Dublin. Took out Kerry. Can they take out another of the top tier? Slow start. Again, conditions aren't easy. Nice dummy solo by Shane Walsh and he opens Galway's account. Meath respond superbly and Connor Gleeson just about manages to tip a rocket over the bar. Jordan Morris just wide – hawkeye called it, but it was definitely wide. Matthew Costello with a great score. I know Freyne is Meath's top scorer, but it's Costello who makes them tick. Matthew Thompson replies, though. Rob Finnerty with a Galway point. Meath get caught in defence but Galway couldn't punish it. Jordan Morris with a great score – he looks very dangerous today, Bryan Menton with another, and Kinsella gives Meath

a 0-5 to 0-3 lead. Galway fist over to stay in touch.

The pendulum is swinging wildly now. Meath with a point. Tierney and Kelly for Galway. 0-6 apiece. Just before the whistle, John Maher fists over to give Galway a 0-7 to 0-6 lead. Kind of a strange first half. Galway seem to be playing a patient, probing game, while Meath are faster and more ambitious in their shooting, but not any more effective. Ball handling isn't great either, but once again I suspect that you'd have to be on the field to understand the wet slickness of ball and grass. Plenty of slippages. Matthew Costello with a free to level matters at the start of the second half. Shane Walsh with a great effort at a two pointer but it's just eide. Matthew Costello does point and Meath are in front.

Matthew Tierney inexplicably left in a load of space and he coolly measures his point perfectly. Jordan Morris replies – Morris is clearly the dangerman.

Rob Finnerty squares things but Costello nudges Meath in front again. They miss a two pointer free for Galway infringing the three up rule but Jordan Morris picks off another point. Meath leave a goal chance behind them but then race in again and this time Conor Gray neatly drives it to the net. Morris with another point. 1-12 to 0-9.

Long road home for Galway now Shane Walsh with a vital two pointer. Galway come again, substitute Cillian McDaid firing home a goal. Just one point in it again – a shorter road than I had thought! Damien Comer is another to have an immediate impact off the bench, winning the free to level matters. They come again and, astonishingly, Maher sets up Liam Silke for another goal.

Eoghan Freyne with a badly wanted point for Meath. Goal chance – brilliantly saved by Conor Gleeson and the '45 curls wide. The danger is averted though, Meath turn over the kick-out and race in, Matthew Costello setting Jordan Morris up for the goal. Suddenly Meath are on fire. Cathal Hickey taps over to put them two points up. Jordan Morris with another score, but Galway cancel it out through Damien Comer. All on the line now, but you'd have to say that the momentum is with Meath. And one last point not only puts them a goal in front, but obliges Jordan Morris to attend the All Star banquet. Frankly, from what I've seen of it in recent years, he'd have been better off without, but after this display he will surely be in that conversation.

Shane Walsh with one last glorious two pointer for Galway. Once again, they knocked hard on the door...and once again, it refused to open for them.

Meath into the last four. I'm pretty certain that no-one, even within Meath's stormy ranks at the time, was predicting it. I certainly wasn't!

SOCCKER

INTERNATIONAL FRIENDLY

USA 4 IRELAND 0

Ireland weren't at full strength and missing

some of their top guns. But this was very much a US team building exercise as well. The fact of the defeat is immaterial; the manner of it is significant.

A young US team totally dominated proceedings in Culver City (where virtually all the western movies of the early 20th century were filmed). They hit the post in the very first minute. The attack was actually a fraction offside, but that was more luck than intent by Ireland's defence. Minutes later Courtney Brosnan made a great save from Alyssa Thompson. To be honest, the 20 year old destroyed us down the left and could have claimed a hat-trick. She is going to be soccer's answer to Caitlin Clark, and I know I am basing it on one showing, but what a display. The US went ahead in the 18th minute when Avery Patterson powered a header home. It was a great ball in – the US were sending in some really measured crosses and diagonal passes, especially an excellent Sam Coffey.

Caitlin Hayes did battle hard in a beleaguered defence. Chloe Mustaki was hurling herself about – a bit reckless, but at least it disturbed USA's rhythm. Ruesha Littlejohn was our best outfield player, but possibly the only one who would have made the US team – and this was an experimental US side. Just before half-time our main tormentor, Thompson, latched onto a nice through ball to make it 2-0. The second half was hardly even exhibition standard. Ireland were simply outclassed. The US had left three very good chances behind them before Yazmeen Ryan scored her first goal for her country in the 66th minute. Again, Ireland could be grateful to Courtney Brosnan for some great saves, with Alyssa Thompson scoring the USA's fourth goal late on.

Look, it's never wise to read too much into friendlies, and certainly neither team was anything like full strength. But this was still a worrying toothless display by Ireland.

JOHN GILES THE VOICE OF IRISH SOCCER FALLS SILENT

He was as Irish as it gets. Nine of them shared a two bed house – and 'house' is generous – just off Ormond Square. He was born in 1940, a diet of coddle and poverty, German bombs still falling. Dozens of kids playing soccer in crowded spaces with rubber handballs – they all had immaculate first touches. Wasn't much choice! They were all good (an awful lot of these kids would go on to backbone the League of Ireland in its 1960s heydays). One of them was clearly better.

He played in the Dublin Schoolboy Leagues. That was hugely popular, and the Ormond Square kids (The Leprechauns -somebody had notions!) were good. So good that 13 year old Johnny Giles got a trial with the Ireland U15s, and a man named Billy Behan was watching. The famous Man United scout made his opinion known and a year later 14 year old Johnny was on a boat to England, his Mam having pinned a pound note inside his jacket. At 17 years of age he signed a professional contract for a pittance – Busby was a great manager, but parsimonious. He was on the verge of making the first team



JOHN GILES

panel when the Munich Air disaster happened and he lost a lot of friends, especially Liam Whelan. He and others were fast-tracked up and he made his debut against Spurs. They were hammered. Kids against grown men. But carbon was rapidly becoming steel.

He made his Ireland debut against Sweden very shortly after. And scored.

He wasn't earning a lot but he married Anne the same month that Nobby Stiles married his own sister Kay. Johnny actually replaced the injured Nobby to play in the 1963 FA Cup Final and win. Back then, an FA Cup medal didn't just outweigh the league; it outweighed a World Cup medal. Seriously.

Busby had settled on Giles being a utility player off the bench, and Busby was authoritarian. Despite the false mythology, he never cared for his players, only the results, and even then in a spendthrift way. He was a brilliant tactician and motivator, but his loyalty was to a club and ownership that would callously disregard him too in the fullness of time.

Giles may have been young, but he was raised in a tough school. Busby, who couldn't imagine anyone willingly leaving Old Trafford, was in for a bit of a land. Giles doubled his wages by signing with second division Leeds and instantly helping them to promotion. Leeds would beat Man United in the '65 FA Cup semi-final but lose to Liverpool. That was the year that Ireland beat Spain to force a play-off for a berth in the World Cup. The FAI saw banknotes and happily conceded venue to Paris instead of London. Typical FAI. Giles ever forgave them, which was typical Giles.

It was Leeds' glory years. League Cup, FA Cup, two league titles, two Fairs Cups (i.e. Europa). Barely pipped for several more. Giles wasn't just on that team, he was the heartbeat. He could do everything that Bremner did, and he was a lot cleaner. Billy was no hatchet man, but he did play to the gallery. Giles didn't, and I'd rate Giles higher (Billy was faster but hadn't the same passing distance). Do not mistake that for Giles being any paragon of virtue, he was no saint or shrinking violet either!

Roy Keane was the best Irish midfielder ever? He was up there – but John Giles really could do everything Roy did. Less foreign players, definitely, but no financial disparity either. Funny enough, both had reputations as hard tacklers, which they were – but both were actually best at reading and directing the play. In 2024, John Giles was voted in as Ireland's Best Player of the Past Fifty Years.

All through, he was a passionate believer in Irish soccer. Not the FAI; he was always an intelligent man. But he tried very hard for his

country as a great player, a player-manager with his hands tied by administrative officials who, to be gentle about it, didn't administer. And plain old Irish begrudgery. Remember the Walk of Dreams? John was passionate and sincere about a great project – the FAI were only passionate about the disappearing money. Giles, and the more intemperate Dunphy, tried bringing an English team to base themselves in Dublin or to reform Shamrock Rovers to proper standards, not the mend-and-make-do standards of a League of Ireland that was appalling mismanaged by the FAI (still is, to listen to some of the nonsense regarding transfers etc. this year). It was laughed down. Nobody inside the Irish game wanted to have to live up to those basic standards; that would have required both probity and ambition. Many of you will remember that great lament 'Coronach' from poetry in secondary school. Giles, so long a beacon of sense in Ireland's soccer landscape, has stepped back from the microphone. There is no-one out there – and I mean this sincerely – who could do the job a fraction as well in terms of expertise or candour. Maybe, with the multiplicity of media platforms and revenue streams nowadays, no individual can dominate the landscape to that extent anymore. Johnny Giles didn't talk a good game, he lived and breathed it. Many thanks for all the memories.

A LION REMEMBERED

The rugby team, quite rightly, are making a

lot of the headlines right now. But there was once a soccer team from Britain called Lions. The Lisbon Lions.

The Lisbon Lions....I haven't the room and ye haven't the interest for a full narration of that great story here. Suffice it to say that a bunch of working class heroes (in fact, most working people earned more than soccer players in that era) called Glasgow Celtic, all from Glasgow itself (Bobby Lennox was a whopping 30 miles away), made it to Lisbon to contest the 1967 European Cup Final. None of your 'Champions League' nonsense. Inter Milan were the hottest of favourites. But the Lions won it 2-1, and it ushered in an international dimension to club soccer that laid the foundation for the modern era. The FA Cup was everything that counted. No offence to the Galloping Major beating England 6-3 and Ramsay's Wingless Wonders in '66 and all that. It was the Lisbon Lions who made club players and owners start to dream big.

John Clark, who sadly passed away this week, was a key player on that side. He was also a Scottish international and played Brazil in a friendly in the build-up to the 1966 World Cup. Many years later (1986 I think, but I am not sure), a number of that Lisbon Lions side



Hair raising action from Croke Park on Saturday. Photo: Orla Coyne, Kerry GAA Fans

were in a New York lift going up to their hotel rooms when another guest joined them. Edson Arantes de Nascimento. Younger readers will not have heard of the Lions, or Galloping Major Puskas, or Ramsay – but you will surely recognise Pele.

And the man that many consider the GOAT – don't mind the Messi/Ronaldo stuff, that arises in every generation, it was Maradonna and R9 before them and Cruyff and Breckenbauer before that. Puskas and De Stefano before the man himself. But Pele? Modest man that he was, the legend recognised John immediately and engaged him in warm conversation. John's fellow Lions wanted to ask for autographs but were star-struck until Pele exited to his floor.

At which point John turned to his colleagues and said "What a lovely man. Does anyone know who he was?"

I promise, true story.

Arran Healy becomes Colin's first new arrival of the Summer Transfer Window

Kerry Football Club are delighted to announce the signing of midfielder Arran Healy, who joins the Kingdom from Cork City. Arran, the son of manager Colin, arrives in the Kingdom ahead of a crucial run of games in the 2025 SSE Airtricity Men's First Division Campaign.

Healy, who is 20, applies his trade mainly in the centre of midfield. The young Cork man started his playing career with Blarney before moving to the Cork City Academy in 2018. Aaran came up through the ranks in Turners Cross and made his senior debut in 2023 during the club's Munster Senior Cup campaign. In 2024, he found some regular game time in the First Division and featured for Cork City in all 4 games against Kerry FC throughout the title-winning season. In all, Arran Healy has made 22 appearances for Cork City, so he has plenty of experience in a squad currently in the Premier Division of Irish football.

Arran Healy will wear the number 35 shirt for Kerry FC.

Speaking after signing for the Kingdom, Arran Healy said, "I'm delighted to be here in Kerry. I'm looking forward to getting started with new teammates, and it's a new challenge for me here. I've had a great time in Cork since I was 13, but now it's a new chance and hopefully some first-team football down here as well. I'm looking forward to putting on the green jersey in Mounthawk Park. I was down here a couple of times with Cork, and I can see how passionate the supporters are here, so ya, can't wait to get going now"

Also speaking to KerryFC.com, Kerry FC Manager Colin Healy said, "Firstly, I'm obviously delighted that he is here. It's a great opportunity for him. It shows the path the club are choosing to go down, bringing



in young, hungry players who want to fight for everything. He had a great upbringing in the Cork City Academy, which I'm really thankful for. There are some great people in Cork City and in the Academy there as well, and they've guided him along the right path. Since making the senior setup in Cork, he found game time somewhat limited, so now is the right time to come down here. The want for first-team football and minutes is important to young players, and hopefully, he will get that experience here. I just want to say a massive thanks to everyone in Cork who brought him this far."

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KILLARNEY LEGION GAA

DONAL CURTIN CUP SEMI FINAL

Our Senior Ladies welcomed the current senior county and Munster champions Castleisland Desmond's to Derreen on Monday evening for the semi-final of the Credit Union Donal Curtin Division 2 Cup. A tough battle was expected between the two sides, with the hosts taking the spoils in the earlier season league game. The opening exchanges were hard fought with scores from either side with Laura Healy and Kate McCarthy raising white flags for the home team. The visitors took control of the game mid way through the half with 3 unanswered points with former Kerry star Lorraine Scanlon showing her class around the middle. A well worked move saw Legion youngster Eva o Shea in for a well worked point with only inches separating it from a green flag. Further points were exchanged, the score again from the trusty left boot of Laura Healy, leaving the half time score at Killarney Legion 0-04 Castleisland Desmonds 0-06. The second half saw the visitors take advantage of the breeze on their backs with some well worked scores to increase the lead. Lorraine Scanlon shows that class doesn't age, kicking some fine scores. To the ladies credit, they stayed in the game, and with minutes to go, they struck for goal through Ellen Coffey, adding to her earlier point, to leave only 4 between the teams. With time almost up, another attack was mounted and even though the ball hit the net again, with a cracking kick from Kate McCarthy, play was called back for a free kick before the full time whistle was blown. Castleisland Desmond's deservedly advance to the final after an impressive performance on a score of 0-13 to 1-06. The Ladies can hold their heads up high after only being promoted to Division 2 this year. With lots of young blood introduced during the campaign and some experienced heads to return, hopes are high for the forthcoming club league and ultimately the Junior Championship.

SENIOR COUNTY LEAGUE

The final round of the Senior County League takes place this Saturday at 5pm when Rathmore are the visitors to Direen for the Division 1 clash. The same two sides are down to meet in Rathbeg in the Division 6 equivalent. Stay tuned to our social media channels for any updates on fixtures.

U15 LADIES FEILE

On Saturday, our U15 ladies travelled to Mallow, Co. Cork to proudly represent Kerry in Division 2 of the regional Féile. The team put in outstanding performances, going unbeaten in the group stage with impressive wins over St. Pats (Waterford), Mourneabbey (Cork), and Ballyfin (Laois). They advanced to the Cup Semi-Final, where they faced the host club Mallow — strong favourites for the title. Despite a determined display and tireless work rate, our girls were edged out in a hard-fought match. The players showed great skill, heart, and sportsmanship throughout the day and were a credit to their club, coaches, and families. A special thank you to Golden Chopsticks and Richard Zhu & Team for generously hosting us for the team meal that evening — a well-deserved celebration of their fantastic efforts.

U17 DEVELOPMENT SQUAD



The Kilcummin squad which competed at the John West Féile Peile na nÓg National Finals 2025 at the Derry GAA Centre of Excellence, Owenbeg. Sponsored for the tenth time by John West, it is one of the biggest underage sporting events on the continent. Pic: Lorcan Doherty.

Well done to Laura Healy who lined out for the Kerry Ladies u17 development squad in a blitz in MTU Cork on Saturday where they played teams from Cork and Tipperary

NEW ARRIVAL

Congratulations to our Senior B team manager Sean McCarthy and his fiancée Megan on the arrival of their new baby named Follyn. The good news is all are doing well and no doubt Grandad John is practicing his nappy changing technique.

DEEPEST SYMPATHIES

The Club extends its sympathies to the family of Isabelle O Callaghan. Isabelles brother James is a member of our U16 team while parents Eamonn and Deirdre are great supporters of the club. The entire O Callaghan family are in our thoughts at this sad time.

LOTTO

Results Monday June 23rd. Numbers were 15, 23, 25, 26. Bonus No 17. No Jackpot winner. Match 3s / Lucky Dips 1. Mary Healy 2. Danny Ferris 3. Mods & Minis

EAST KERRY NEWS

EAST KERRY JUNIOR LEAGUES 2025

Division 1 (13/15 a side)

Dr Crokes, Kilcummin, Rathmore, Legion.

First team named will be at home

Round 1 – Tuesday 8th July at 7:30pm

Dr. Crokes V Kilcummin, Rathmore V Legion

Division 2 (13/15 a side)

Listry, Firies, Currow, Gneeveguilla, Spa

Round 1 – Tuesday 8th July at 7:30pm

Listry V Firies, Currow V Gneeveguilla, Spa bye

U13 EAST KERRY LEAGUE RESULTS

Round 1 Div 1

Kenmare 1-14 Firies 5-8

Kilcummin 5-18 Rathmore 5-20

Div 2

Glenflesk 3:20 Dr Crokes 5:10

Listry 5-15 Spa 4-12

Div 3

Scartaglen 5-14 Beaufort 5-06

Currow 5-14 Fossa 1-11

Round 2 Div 1

Firies 2-12 Kilcummin 4-09

Rathmore 5-15 Kenmare 2-08

Div 2

Spa 2-12 Glenflesk 5-16

Dr Crokes 4-15 Listry 4-19

Div 3

Fossa 0-09 Scartaglen 4-14

Beaufort 5-12 Currow 5-32

ALL IRELAND MINOR FINAL

Best wishes from all in the East Kerry Board, to the Kerry Minor team in Saturday's All Ireland Final.

ALL IRELAND QUARTER FINAL.

Congratulations to the Kerry Team on their great win in the All Ireland Quarter Final.

KERRY COUNTY BOARD YOUTH ACADEMY

Kerry Coaching and Games organised a four day coaching programme in Currans. The sessions were varied and challenging for all players developing a wide range of skill sets. Improving and developing players during the coaching sessions gave everyone plenty of time to gain valuable feedback during the day. Coaches were delighted with the positive mindset of all players attending from all corners of Kerry. Playing small sided games developed all players fantastic skill levels during the matches. Thanks to John Daly (Currans) for his support in running the well attended event. The feedback from all players and coaches was very positive. Vince Cooper East Kerry GDC was delighted to coach such talented players representing all clubs in the region.

FOSSA

LOTTO

The numbers drawn on 29/06/2025 for a jackpot of €11,250 were 11, 13, 19, 23. There was no jackpot winner. The €40 consolation prize winners were; Maria Brosnan, Paul Lynch, Orla and James O'Sullivan, Caroline Foley, Geraldine O'Mahony.

Tickets are available from our sellers and can also be bought online with the following link <https://fossagaa.clubforce.com/products/lotto/fossa-gaa-club-lotto>

EAST KERRY U13 LEAGUE ROUND 2

Fossa 0-08, Scartaglen 4-14.

A very depleted Fossa U13 side took on Scartaglen in Round 2 of the East Kerry League. With holiday season in full swing the home side were missing several of their starting 15 and great credit is due to 5 of our Under-11 lads who answered the call to ensure the fixture was

played.

Fossa started brightly with both Cian Sheehan and Rory Salvador kicking 2 excellent points to ensure Fossa took an early lead. But, unfortunately Scartaglen would go on to dominate the remainder of the half and hold a very commanding half time lead of 0-03 to 4-09.

But jst like last week Fossa were a totally different team in the 2nd half. Rian O'Reilly and Billy Brosnan shored up the defence and Ryan Lynch and Aaron O'Sullivan attacked their opponents with every opportunity from the middle of the park. The introduction of McDara O'Shea in the half forward line worked a treat as he won every ball that came his way. Both teams added 5 points to their tallies in the 2nd half. When excellent Glenflesk referee Evan Horan blew the final whistle it was Scartaglen who won on a scoreline of 0-08 to 4-14. Next week Fossa will play their final game of this campaign v Beaufort. Fossa Scorers: Aaron O'Sullivan 0-02, Ryan Lynch 0-02, Mark O'Connor 0-01, Cian Sheehan 0-01, Conor Lucey 0-01, Rory Salvador 0-01.

SENIOR LADIES

Well done to the Fossa Senior Ladies who came out on top in an epic battle against near neighbours Spa in the semi final of the Credit Union Donal Curtin Cup. After a whirlwind start by the visitors and the early concession of 1-01 Fossa steadied themselves and played their way back into the game. A few long range frees and a couple of well worked scores saw Fossa in at the break 0-06 to 1-02 in front.

In a very low scoring, tough game both sides found it hard to break down the defence but all credit to Fossa having got to the front, all worked hard to keep the slender lead. That's exactly what they did and while giving their supporters some scary moments along the way they ran out eventual winners on a final score



The MKL Gaels squad which competed at the John West Féile Peile na nÓg National Finals 2025 at the Derry GAA Centre of Excellence, Owenbeg. Sponsored for the tenth time by John West, it is one of the biggest underage sporting events on the continent. Pic: Lorcan Doherty.

of 0-10 to 1-06. Well done to all our players on a real battle of effort. Commiserations to Spa Gaa and next up is the final v Laune Rangers - fixtures details will follow.

CONGRATULATIONS

Well done to Paudie and David Clifford and the Kerry team who gave their supporters one of the most memorable days in Croke Park on Sunday when they dethroned reigning All-Ireland champions, Armagh. It was a complete team performance with our two boys central to this epic win. Next up is Tyrone in the semifinal which is fixed for Saturday 12th July @4pm.

DR. CROKES

LOTTO took place June 30th. Numbers drawn were 16, 17, 19, 28. Jackpot of €8,600 was NOT WON. 4 patrons matched 3 numbers and receive €100 each. Jackpot for draw on July 7th will be €8,900. Play online by following the

link below and follow instructions attached [https://play.clubforce.com/play_newa.asp?Il_id=734#Anchor\(https://play.clubforce.com/play_newa.asp?Il_id=734#Anchor\)](https://play.clubforce.com/play_newa.asp?Il_id=734#Anchor(https://play.clubforce.com/play_newa.asp?Il_id=734#Anchor))

BINGO

Dr. Crokes Bingo continues every Sunday in St. Mary's Parish Hall. Doors will open at 7pm with the first game commencing at 8pm.

CONGRATULATIONS to Elaine Kavanagh and Eddie Giblin on their wedding day.

CONGRATULATIONS to Paul and Roisin Reen on the birth of their baby boy Sonny, and to Danielle and David Stack on the birth of their baby girl Ella.

BEST OF LUCK to Ben Kelleher, Mark O'Carroll, Sean Kiely and the Kerry Minor team in the All Ireland Final on Sunday.

NOTES

If anyone has anything they want to add to our club notes please email communications. drcrokes.kerry@gaa.ie



Some of the team behind the Hyrox Wellness Festival at Killarney Race Course.



FINAL SPOT FOR UNDER 16A KERRY TEAM

KERRY 4-11 CAVAN 0-18

Kerry are through to the All-Ireland U16 A Championship Final following a great win against Cavan in Offaly last Thursday. Played in difficult conditions Kerry faced a difficult assignment against a Cavan side going for three in a row all Ireland titles. Conditions were difficult for both sides but credit to both as they served up some excellent football. Both sides didn't play for a number of weeks due to exams. Jessie Lynch (Kerry) and Abbey Reilly (Cavan) the stars on the night with both players giving an exhibition of scoring from play and frees. Cavan got off the mark first with a free from Abby Reilly. Kerry took a few minutes to settle but two frees from Jessie Lynch saw them take the lead. While Kerry were keeping in touch Cavan seemed to be the side who got to the pace of the game quicker. Four unanswered points saw them open up a three-point lead. Abby Reilly, Katie McGahern and Lola Matthews all on target. Kerry settled down and began to attack Cavan. Kelsey Cummins and Kessie Lynch with a free saw the lead down to the bare minimum before Kerry struck for the first

of four goals. Jessie Lynch on target saw Kerry open a two-point lead. The same player added a free as Kerry went into a three-point lead with eight minutes remaining in the half. This didn't faze Cavan who scored five unanswered points to go into the break two points in front. Abbey Reilly with four of the scores.

The second half had a feel like the seniors in recent weeks being a second half team. They regrouped at halftime and started the second half in the best possible way. Jessie Lynch opening proceedings before Abby Reilly responded for Cavan. In a ten-minute spell Kerry scored 2 - 05 without response to open up a nine-point lead in a period that clearly shellshocked Cavan. Jessie Lynch with her second goal and Leah Griffin with a goal saw Kerry in total control to the delight of the travelling Kerry support. Cavan didn't give up and as conditions worsened they kept plugging away at the Kerry lead. So much so with four minutes of normal time remaining they had the lead down to two points. Nervous times indeed for the Kerry support as Cavan cheered on by the travelling support sensed a possible opportunity of a comeback in the

dying moments. Despite the conditions Kerry remained calm and put an end to Cavan's hopes when substitute Doireann O'Neill struck for the all important fourth goal that saw Kerry open up a five-point lead with normal time nearly. Despite Cavan's best-efforts Kerry held out for a deserving win that sees them face Mayo on July 16th in McDonagh Park Nenagh. That game throws in at 7:30pm. Kerry last won the competition in 2015 and 2016

Kerry Scorers:

J Lynch (2 - 10 7f), L Griffin (1 - 00), D O'Neill (1 - 00), K Cummins (0 - 01)

Cavan Scorers: A Reilly (0 - 14 - 10f), K McGahern (0 - 02), L Matthews (0 - 01), A Rodgers (0 - 01)

Kerry:

C O'Mahony, N O'Connor, A Brosnan, S Lyons, A Doyle, E Dillane, S Flynn, L Griffin (C), E O'Sullivan, J Lynch, J O'Connor, I Wynton, N Murphy, L Riordan, K Cummins

Subs: S O'Halloran for I Wynton (39:45), D O'Neill for N Murphy (44mins), S O'Shea for K Cummins

Cavan:

A Lonergan, S Farrelly, A Crowe, H F Peat, A Cunningham, C Brennan, E O'Sullivan, L Matthews, E Andriuskaite, D Brady, A Reilly (C), K McGahern, J Hetherston, A Rodgers, M Hennessy

Subs: C Morris for S Farrelly (47 mins),

Referee: Ray McBride (Dublin)

Venue: St. Rynagh's GAA, Banagher, Co. Offaly



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THE ROLE

The Social Action Group Rathmore CLG (SAG) is a registered charity. The role, as part of the wider SAG management team, is to deliver on company plans through identification, development, promotion and in particular the implementation of social enterprise projects that generate revenue as self-sustaining projects, including the management of the Pobal funded Community services Programme. The SAG currently provides a diverse range of community services including a canteen service, social club and teenage disco, children's birthday parties and camps, community gym and rental spaces to local community businesses and groups.

The role is based on a 37.5 hour week with some evening work required.

The Manager will report to the CEO.

Salary circa €40,000 dependent on qualifications & experience.

A more detailed and comprehensive Job Description will be provided on application.

THE IDEAL CANDIDATE WILL:

- Be social enterprise orientated with a passion for community enterprises
- Have experience and skills in at least one of the current key service areas such as in gym services, catering, event management, provision of youth activities, or have a social enterprise idea that they would propose to develop further
- Have experience managing staff and providing leadership to individuals and teams
- Have experience in financial administration and management
- Have good record keeping, writing and IT skills
- Have good problem solving and decision-making skills
- Have excellent interpersonal and communication skills
- Be flexible and self-motivated with good collaborative team-working skills

TO APPLY:

Please forward a detailed cover letter and CV to: The CEO, The Social Action Group Rathmore CLG, Rathmore, Co. Kerry, P51 DV7F

Email: ceo@sag.ie

Informal enquiries are welcomed – contact Noreen Fleming on 087-0324826

Applicants will be shortlisted for interview.

Closing date for receipt of applications Sunday 13th July 2025.



EXPRESSION OF INTEREST FOR THE DEVELOPMENT OF A 50th Anniversary Book on the Rathmore Social Action Group CLG

INTRODUCTION

Rathmore Social Action Group (SAG), a community organisation established in 1975 committed to supporting community development in East Kerry and North Cork, is inviting Expressions of Interest (EOI) from experienced individuals or teams to research, write, and produce a high-quality commemorative book celebrating the history, legacy and future potential of the organisation.

This publication will mark our 50th anniversary, capturing the people, stories, and impact that have shaped Rathmore SAG's journey to date.

PROJECT OVERVIEW

The commemorative book will serve as both a historical record and a narrative of community spirit, social progress, and volunteerism. It will reflect the voice and values of Rathmore SAG while engaging a broad audience, including current and former members, volunteers, funders, and the wider community.

SCOPE OF WORK

The selected party will be expected to:

- Conduct research using archival material, oral histories, and interviews
- Develop an engaging written narrative chronicling key events, themes, and personal stories
- Work to capture the spirit, values, and enduring impact of the SAG
- Curate and incorporate historical photographs and documents using storytelling through pictures as a key feature of the book.
- Oversee design, layout, and editorial processes
- Deliver the final book in both print-ready and digital formats
- The final Book must be launch ready by the 20th of March 2026

For full tender document including submission requirements please email:

● Noreen Fleming
Position: CEO | Email: Noreen.fleming@sag.ie

● Closing Date for Submissions: COB 21st July 2025.

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KERRY COUNTY COUNCIL STOPPING HOUSE BUILDING IN KERRY

With the country in the midst of a unprecedented housing crisis and builders are putting the blame for this squarely on the shoulders of senior management staff of Kerry County Council, accusing them of making the problem worse.

“ERRATIC PLANNING DECISIONS WITHOUT CONSEQUENCES FOR KERRY COUNTY COUNCIL”

Builders have expressed the view that it is easier to build houses in Cork than it is in Kerry. In Cork, for example, builders carry out the work, a snag list of any outstanding issues is created, the builders rectify those issues and any bond funds are promptly returned to the builder. Bond funds are amounts of money held back from the builder by the bank until all work has been completed. If the council delays signing off on the completion of the snag list, the bond funds are not released back to builder and they are left out of pocket. In Cork, once the snag list has been signed off, the maintenance of any new housing development is promptly taken over by Cork County Council. Builders claim that it is much more problematic dealing with Kerry County Council. It can take years for an official snag list to be created. The saga does not end here. When that list is finally completed, more maintenance issues are added. Builders have claimed that this final stage can take years and can add unnecessary financial stress. In effect, builders are being used to maintain an estate, post-build. In many cases, the builder ends up just forfeiting the bond, as it

becomes too costly to continue completing the constant snag lists generated by Kerry County Council. Works are rarely carried out with these bond funds and ultimately the money ends up in the road maintenance programme for the whole county.

While waiting for Kerry County Council to take over the maintenance of their estate, the residents are obliged to pay for that maintenance themselves, and all the while, Kerry County Council continue their delaying tactics. These residents already pay road tax which goes towards road maintenance. And they are also paying local property tax. Why are the most pressured group in society being treated so badly? Typically these are young people with young families struggling to pay bills and Kerry County Council has the power to make their lives a little bit easier but unfortunately, the opposite is the case.

A number of County Councillors have said that they do not have the power to change things. They were critical of council management who have just brushed their concerns aside.



A builder built an extra thirteen houses in an existing housing estate. The builder rerouted heavy traffic away from the estate and used an existing farm road at the rear of the site to access the building site. The photo shows the relief road and this road was in existence long before his company built these houses. After the houses were built the Council instructed the builder to go onto private property and dig up the relief road and turn the area into a green field otherwise Kerry County Council will take €20,000 via a bond from the builder. Kerry County Council contacted this publication stating that the heading of this article is "grossly misleading and incorrect". Nobody wants badly built estates but this example does not entice builders to build houses.



This is a photo of a manhole that was built in 2008. This manhole is in perfect condition after sixteen years. The specifications on building a manhole has changed recently and Kerry County Council wants all the manholes in the estate dug up and rebuild under the updated specifications and this work will cost the builder €45,000.

Kerry County Council does not accept that this decision is a gross abuse of power. There is no appeal system and no consequence for the decision makers.



This is a photo of an item on a snag list from a builder. Kerry County Council wants the builder to remove the fence and replace it with a fence that's a few inches taller. Because there is a slope in the green area the fence measures 2 mtrs when measured from the back and 1.85mtrs when measured from the front because of the slope in the green area. Does it really matter if this fence is a few inches shorter. This is an example of the nonsense that builders have to put up with from Kerry County Council.

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Gardening
with Killarney Outlook

by John O'Sullivan

BULBS

Even though its only July, you can start thinking about planting bulbs. Most bulbs are suitable for growing in containers especially the likes of tulips, daffodils, lilies and alliums. When planting up a container of window box with bulbs, plant them at about three times their depth and about one bulb width apart and don't forget to water them especially when the foliage is out and they are growing. When planting bulbs in the garden dig over the area well where you are planting and add some compost. Always plant your bulbs in groups of about six depending on the type of bulbs. If you would like to add some colour to some areas of the garden for Spring and into Summer, it would be advisable to grow your bulbs now in small pots and grow them on until early spring. You can then plant them in their pots in the areas you want and after flowering you can dig them up and keep them until next Spring.



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Call for Review of Education for persons with Special Educational Needs

In the Dail this week, Deputy Danny Healy spoke on the need for a review of education for persons with Special Educational Needs.

We all know that when a child presents with special needs and needs special assistance, it places a massive burden on his or her parents. The parents would prefer to see something wrong with themselves rather than their child. The Minister of State and I know that we do not need reports. We need funding. We need more specialist teachers and places and we need to speed up the assessment of need process because early intervention is paramount when dealing with these children. It needs to be addressed at as young as possible.

Kerry seems to be very hit very badly. I am sure we all get representations. The Minister of State knows the story. I am not saying anything much about the report because we do not need it. What we need is action. I am depending on the Minister of State to carry out that action as Minister with this portfolio. I am asking him to do his best as I know he will.

THE MUSIC OF THE WIND

By Nicky Barry

There are no frets on a fiddle, like on a guitar,
And the neck is narrower, which makes fingering hard.
Yet fiddlers ply their fingers, with great dexterity,
Up and down the long thin neck, which is a mystery,
A mystery to me that is, for I play the guitar,
And am awed at the fiddlers, I see playing in bars.
They play music like the wind, that blows in from the sea,
Or the breeze that rustles, through the leaves on every tree.
They play slow airs with feeling, and then frenzied reels,
That fill the air with magic, and your heart with zeal.
They play ageless melodies, that reflect Ireland's soul,
Handed down through centuries, and that never grows old.
The gift came from their parents, who got it from theirs,
As a family heirloom, preserved with loving care.
This music comes up from the earth, like barley, beet or corn,
And is part of what we are, like poetry and song.
It travelled on the famine ships, to the Appalachians,
And influenced their bluegrass style, through many generations.
To hear The Mason's Apron, played by some young girl or boy,
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THE COMMUNAL FIRST SATURDAY devotions will be held on the 5th July commencing at 8.45 am in the Church of the Resurrection Killarney. Confessions available from 8.30 am Devotions will begin with the Fatima intentions followed by the Rosary at 9am. Mass at 9.30 followed by 15 mins meditation on the mysteries of the Rosary.

KERRY DIOCESAN PILGRIMAGE TO KNOCK will take place on Saturday the 23rd of August leaving St. Mary's Cathedral at 7.00am on Saturday the cost pp is €30 Please Contact Sheila at the Parish Office with names and Contact Details 064 6631014 or email; killarney@dioceseofkerry.ie

EVENTS OVER THE COMING MONTHS

Killarney Burial Ground Mass: Monday 30th of June at 7.00pm


Muckross Abbey Pilgrimage and Cemetery Mass: Monday 7th of July, pilgrimage at 6.30pm with Mass at Abbey Graveyard at 7.30pm.

New Cemetery Mass: Monday 4th of August at 7pm.
Divine Mercy Holy Hour...take place in St. Bridget's Chapel, Church of The Resurrection on Thursday July 3rd at 8.00pm All Welcome.

TIDY TOWNS

As we approach July, we will be judged again for the Supervalu National Tidy Towns Competition. Please continue to keep up the great efforts being made by all in keeping Killarney looking good. Volunteers please meet this Monday night at the bottle bank in the High Street, Car Park at 6pm.

BINGO at St. Mary's Parish Hall, will be held on Thursdays@ 8.30pm



A Word of Victory

"Do not despise these small beginnings _____: for the Lord rejoices to see the work begin, to see the plumb line in Zerubbabel's hand" (Zechariah 4:10).

Welcome back dear student, change starts with small steps. Sometimes we get overwhelmed at the task or season ahead. A trick of the enemy is to keep people trapped using the power of suggestion to bring folks down before they even start – 'this is too big', or 'you'll never cope', or 'how could you ever do this – look at your past?' 'The thief comes only to steal, to kill, and to destroy'... but Jesus added... "I have come that they may have Life and have it to the full" (John 10:10). Sure, there are things that seem too big for us to take on. It takes courage, effort, and vision to achieve anything worthwhile. But remember..."I CAN do all things - through Christ Who strengthens me" (Philippians 4:13). Read aloud the lead Scripture above and put your name in where the space is - this is a first step to feeding your faith to believe. Not a false 'mind over matter' hope but agreeing with God to fulfil His good purpose for your life (Jeremiah 29:11-14). God anointed Zerubbabel to rebuild the temple which had been destroyed. A huge task, but God revealed that no matter how strong Zerubbabel felt, or how much power and resources were at his disposal the only way it would be accomplished is hand in hand with the Lord, empowered by His Holy Spirit (Zechariah 4:6). We are called an anointed to various roles - commissioned by God, but unless one draws close to Him and allows Him to pour His fresh oil upon us, it's not going to be sustained. It's the 'anointing that destroys the yoke' - meaning there are obstacles and hardships that block the way to peace and blessing, and it's only the influence and infilling of the Holy Spirit in our lives that helps us overcome and succeed (Isaiah 10:27). People are anointed in areas like business, sport, teaching...and they do a wonderful job, but at times can run out of steam because the flesh is weak, but the Presence of God makes us strong and gives the energy to endure and succeed. It's interesting that the Lord rejoices to see the plumb line in Zerubbabel's hand – that's the starting point to build. Human hands carry out God's work in partnership with Him.

Jesus said, 'I do nothing of Myself only what I see My Father doing' (John 5:19). He calls us to come for refreshment in His Presence; there we learn humility and diligence in partnership with Him. "My yoke is easy, and My burden is Light" (Matthew 11:28-30). His language reminds me of school sports three-legged races – do you remember? Your leg bandaged to your partners, arms around each other helping to balance and strengthen. It was a beautiful rhythm when it went well! Even if one was a weak runner, together the two formed a strong partnership and had a better chance of winning. Our Jewish brothers and sisters are in trouble friend (Matthew 25:31-46). Satan has deceived the world to turn against them through lies and propaganda funded by vested interests in the breakdown of democracy. The Irish government is on a path of destruction pushing the Occupied Territories bill. But God has good plans for Ireland, and the enemy's intention will not succeed if people repent and pray (2 Chronicles 7:14). Please, have nothing to do with any of it as it's an open door for utter curse (Genesis 12:3; Obadiah 1:15-16; Zechariah 14:12). Our latest podcast episode on Spotify is worth a listen for more.

Happy Independence Day to our U.S. friends, God bless America!

Bible Study and Prayer every Sunday @ 11am and Thursday @ 7.30pm at Word of Victory Christian Fellowship Killarney V93V6X4

f Word of Victory Christian Fellowship Killarney
@WVOKillarney
Email: wovkillarney@gmail.com
Text for Prayer: 087- 4471797

Podcasts on Spotify: A WORD OF VICTORY

1ST ANNIVERSARY

IN LOVING MEMORY OF

**MOLLY
YOUNG**

2 NEW ROAD, KILLARNEY
WHO PASSED AWAY
ON JULY 5TH 2024.

*Not a day goes by without remembering you,
sometimes with a smile,
sometimes with a tear,
but always with love.*

Remembered with love, Auntie Gina
and Colm, Auntie Geraldine and Con.

2ND ANNIVERSARY

IN LOVING MEMORY OF
**CATHERINE
MCAULIFFE
(NEE MCCARTHY)**



KISKEAM NORTH, KISKEAM,
MALLOW CO. CORK
WHO DIED ON
THE 6TH JULY 2023.

*Our hearts are full of memories
With pride we speak your name
Though life goes on without you
It will never be the same*

*Of all the gifts we've ever had
No matter how great or small
Having you in our lives
Was the greatest gift of all*

Lovingly missed by her husband Flor
and all the family.

+

IN MEMORIAM

TO PLACE A MEMORIAL ON
THE KILLARNEY OUTLOOK

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and the verse and photo you
would like to include.

If it is a repeat anniversary we
will have your photo and verse
on file, just call Emma on:
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**Full Column: €30
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Prayers: €10 each**

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from 9am-1pm Monday to Friday

NOVENA TO ST. CLARE

IN THANKSGIVING

Novena to St. Clare. Ask for
three favours, one business, two
impossible. Say nine Hail Mary's for
nine nights with lighted candles.
Pray whether you believe or not.
Publish on ninth day. Powerful
novena.

Say may the Sacred Heart of Jesus be
praised, adored glorified and loved
today and everyday throughout the
whole world now and forever. Amen
Your request will be granted no
matter how impossible it may seem.

NT

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