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KILLARNEY Outlook

To Advertise call: Des: **087 659 3427** | Aisling: **086 0400958**



**Public urged to join
The Green Wave
in showing support
for frontline
workers!**

SEE PAGE 6.



A family affair for the Tangneys. Getting things done together, whilst adhering to government guidelines and staying at home L-R Christina, Juliette, Claire, Garry & Sinead. PHOTO: MARIE CARROLL O'SULLIVAN

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EDITOR'S NOTE

This week's Killarney Outlook was published, as the Government has decided that printed media is an essential service. We intend to keep publishing our magazine for as long as we are permitted to do so. Our editorial, design and sales teams are working from home, and while this arrangement is challenging, the welfare of our staff comes first. If your business is doing home deliveries we'd love to hear about it. **Actions speak louder than words** and in next week's edition, some advertising pages will be made

available for businesses that are closed to the public but are doing or thinking of doing home deliveries. We are offering a quarter-page advert in our magazine, free of charge, for the duration of the crisis to those businesses. I would appeal to local businesses to check out this option, as keeping people in their homes is the only way to overcome this crisis. Call Des 087 659 3427 for further details. Furthermore, Killarney Outlook will be reducing advertising prices for the duration of this challenging time. See page back page for details.

And finally, are you stuck at home, bored, with nothing to do? Now might the time to put pen to paper and write that article or story that's been swirling around in your mind. How about writing a one-off piece for the Killarney Outlook? It could be a short story or maybe tips on how to stay fit in your own home. The sky's the limit! Give me a call to discuss further.

Keep safe everybody #flattenthecurve



Aisling Crosbie,
Editor
086 0400958

IF YOU HAVE A STORY...Contact Aisling on: 086 0400 958 | Email: news@outlookmags.com

STAY IN BUSINESS AND KEEP PEOPLE IN THEIR HOMES WE ARE HERE TO HELP YOU!

Killarney Outlook are offering:

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MAGAZINES

FIRE FIGHTERS **BATTLE BLAZE** IN KILLARNEY NATIONAL PARK

Kerry Fire Service has spent last Sunday night battling a large fire which impacted approximately 150 acres of Killarney National Park near Dinis. Crews from Killarney and Kenmare stations battled the blaze and were thanked for their hard work by Kerry County Council who echoed the call of the National Parks and Wildlife Service for a stop to the illegal setting of gorse fires, particularly at a time when emergency service are dealing with a national public health emergency.

The Minister for Culture, Heritage and the Gaeltacht Josepha Madigan TD has condemned those who started a fire which led to the loss of 150 Acres of pristine habitat in Killarney National

Park as "reckless and irresponsible" and she has promised that "the full rigour of the law will apply." "This is a despicable and heinous crime at the best of times but more especially now. It is a malign act which has diverted emergency services at this critical time in our country. It is illegal to burn land at this moment and those that do face penalties. It is now prime season for nesting birds, breeding mammals & regeneration of growth & habitats after the winter.

The cause of the fire is still under investigation and the NPWS will be following up with the Garda authorities and Kerry Fire Services to ascertain the circumstances surrounding the blaze.

I would like to take this opportunity to thank

both the Kerry Fire Service and the National Parks and Wildlife Service staff of my Department in Killarney who worked tirelessly through the night to quench the fire in the Dinis region of the park. I would also appeal to everyone to be conscious of the danger posed by fire – any fire – but particularly on open ground which can very quickly spread out of control. We have all seen how homes and lives can be threatened and we can also see the damage to the landscape and to valuable habitats caused by illegal and uncontrolled fires."

The area close to Dinis Cottage which was set ablaze on Sunday night last. This image was taken by Peter O'Toole and featured on the Six One News on Monday evening.

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200ml

€2



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MARS
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Time to join The **GREEN WAVE** in showing support for frontline workers

The team at Elite Event Management have set up The Green Wave, a social and emotional movement which was started to help support frontline staff during the impact of Covid-19. The initiative has been set up and is being run by Kelly Crichton and the team at Elite Event Management in Killarney and they are doing so on a voluntary basis and their vision is for frontline staff to feel an outpouring of gratitude and support from the public to help bolster their resilience during the Covid-19 crisis.



There are three key elements to the campaign;

- Pay it forward – make a donation to buy a cup of coffee for a frontline worker <https://www.gofundme.com/manage/the-green-wave>
- Show your support – don green clothes, Irish kit or county colours every Friday and share your pictures and videos on social media #thegreenwave
- Spread The Green Wave – tell others about The Green Wave and follow our social media accounts to hear about the great work going on and to tell us your own stories

Since launching on Thursday night The Green Wave has already raised nearly €6000 vastly surpassing their original target of €500. The campaign is being run by the team

from Elite Event Management who would normally be organising events, that have had to be rescheduled due to the impact of coronavirus. The group of volunteers are working to make life a little bit more bearable for frontline staff. Every penny raised will go towards supporting them. There is another aim to the campaign too which is to bring businesses to local coffee shops who will support the coffee campaign. The public can also show their support by printing off a poster from www.thegreenwave.ie which they can put up in their window.



Kelly Crichton of Elite Events and founder of The Green Wave with daughter Estelle.

LIEBHERR CONTAINER CRANES ISSUE STATEMENT

At Liebherr Container Cranes, we place the health and welfare of our employees, their families and the wider community, first and foremost. Over the past number of weeks, we have implemented remote working, staggered working and break hours, strict social distancing and extensive hygiene measures at our factory and remote facilities. We would like to commend our employees for their efforts and cooperation in this respect. On 28th March, the Department of the Taoiseach published a list of essential service providers permitted to continue operating, under new public health guidelines. The list includes the manufacture of products necessary for the supply chain of essential services.

The guidelines also allow for an extended window to allow for the wind down of complex manufacturing operations. Liebherr Container Cranes has decided to proceed with an orderly, temporary wind down of complex operations to help limit the spread of COVID-19. Clarification on eligibility of Liebherr Container Cranes for the published subsidy scheme is awaited from the Irish Revenue authorities. Liebherr Management has worked intensively over the last days in the interests of our employees in this respect. As an essential part of the global and local supply chains, we will continue to be available to supply essential service and support to our many customers worldwide who use our machines at ports to help keep global supply chains moving. This will require a reduced level of staffing at our factory. We continue to work in utmost cooperation with the latest government information, regional authorities and other stakeholders with respect to working arrangements for our employees and company. We look forward with optimism to reaching a balanced environment in which to commence operation as normal once again, which will hopefully be in the not too distant future.

In light of the dynamic nature of the current pandemic, this press information should only be considered current on the date of publication 01-04-2020



We had a fantastic reaction to the Mother's Day collage in last week's Killarney Outlook. Emer O'Neill pictured with her daughter Michaela who were the winners of the Mothers Day amazing prize giveaway on The Little Memory Gallery's Facebook page where the prize included

1. Wash & Blow Dry by the Lovely Triona at Ruby Tuesdays
2. A manicure with the fabulous Joey at Your Beautiful Self
3. Make Up with the talented Michelle at Vanity Case, Sean Taaffes
4. A jaunting cart ride to the Cahernane Hotel with Mark of Mark Tangney Jaunting Carts
5. Dinner for Two at the Cellar Bar of the Cahernane Hotel
6. A Brow Shape & Tint by the beautiful Josie at the Eyeporium Signature Brow Shape & Tint
7. And a portrait with Marie Carroll-O'Sullivan.



Damien McCarthy Assoc. CIPD
T: 086 - 1936752

EMPLOYER ADVICE: TEMPORARY COVID-19 WAGE SUBSIDY SCHEME

EMPLOYER ADVICE: TEMPORARY COVID-19 WAGE SUBSIDY SCHEME

From March 26, 2020 an eligible Employer will be supported through the subsidy scheme and will refund Employers up to a maximum weekly of €410 for each qualifying Employee. The scheme will apply to Employers who top up Employees' wages and those that aren't in a position to do so.

HOW DOES AN EMPLOYER KNOW IF THEY WILL BE CONSIDERED ELIGIBLE

Employers must self-declare to Revenue that they have experienced significant negative economic disruption due to Covid-19, with a minimum of 25% decline in turnover, retain Employees on payroll and have an inability to pay normal wages and other outgoings.

CAN AN EMPLOYER SEEK INCOME SUPPORT FOR ALL EMPLOYEES?

The scheme is available for Employers who retain staff on payroll; some of the staff may be temporarily not working or some may be on reduced hours and/or reduced pay. The Scheme is confined to Employees who were on the Employer's payroll as at 29 February 2020, and for whom a payroll submission has already been made to Revenue in the period from 1 February 2020 to 15 March 2020. Employers are encouraged to facilitate Employees by operating the scheme, by retaining Employees on their books and by making best efforts to maintain a significant, or 100% income, for the period of the scheme. The names of all Employers operating this scheme will be published on Revenue's website in due course, after the scheme has expired.

HOW LONG WILL SUPPORT BE PROVIDED UNDER THE WAGE SUBSIDY SCHEME?

The scheme will run for 12 weeks from 26 March 2020.

HOW IS THE SCHEME PROCESSED THROUGH PAYROLL?

Employers make this special support payment to their Employees through their normal payroll process. Employers will then be reimbursed for amounts paid to Employees and notified to Revenue via the payroll process. The reimbursement will, in general, be made within two working days after receipt of the payroll submission. There is no minimum amount that the Employer must pay in order to be eligible for the scheme, but the Employer will need to enter at least €0.01 to run payroll.

WHAT HAPPENS WHERE AN EMPLOYER SEEKS INCOME SUPPORT FOR AN EMPLOYEE WHO WAS NOT ON PAYROLL FROM FEBRUARY 29, 2020?

If an Employee, identified with their PPSN, was not included in a payroll submission reported to Revenue between 1 Feb 2020 and 15 March 2020 with a pay date from Feb 29, 2020, then the Employee is not eligible, and the Employer will not be refunded for this Employee.

CAN AN EMPLOYER APPLY FOR AN INDIVIDUAL WHO HAS BEEN OFFERED A JOB WITH THE COMPANY BUT WHOSE START DATE HAS BEEN DEFERRED?

The scheme is confined to Employees who were on the payroll since February 29, 2020 in the payroll that was reported to Revenue between 1 Feb 2020 and 15 March 2020 so where a start date has been deferred the Employee would not satisfy these conditions.

IS THE SCHEME OPEN TO DIRECTORS?

If Directors are paid through the payroll system and are included in the relevant payroll submissions for an eligible Employer, then they are eligible to receive the wage subsidy.

CAN STAFF ON SICK LEAVE AND/OR ISOLATING QUALIFY FOR THE SCHEME?

If the eligible Employer retains them on the payroll then they can continue to operate the wage subsidy scheme insofar as the Employee is not in receipt of any other benefit.

WHAT IS PHASE TWO?

In Phase 2, by no later than 20 April 2020, the operation of the scheme will ensure that the Subsidy paid to Employers will be based on each individual Employee's Average Net Weekly Pay, subject to the maximum weekly tax-free amounts. Further information on how these arrangements will work will issue shortly but not before going to print.

WHAT ELIGIBILITY SUPPORTING PROOFS MAY BE REQUESTED BY REVENUE IN THE FUTURE?

- If for some reason the decline in turnover was less than 25% the business should retain documentation supporting its rationale for believing that it would suffer such a decline, cancelled work/contracts etc.
- Copies of documentation submitted to a financial institution as part of the negotiation of forbearance measures with the financial institution.
- Copies of notifications or communications to Employees or Trade Unions or staff representative bodies of salary/wage cuts implemented as a direct result of the COVID-19 pandemic.
- Copies of documentation that show that any cash reserves in the business that are required to fund debt that is equal or greater than the reserve amount.
- Evidence of reliance on the Government Credit Guarantee Scheme or overdraft facilities or other borrowings for capital purposes.
- In the case of start-up businesses, for example, evidence of a decline in investment by at least 25% arising from the COVID-19 crisis.

FOR HELP, SUPPORT AND ADVICE ON THE ABOVE OR ON ANY OF YOUR HR & PAYROLL NEEDS PLEASE FEEL FREE TO CONTACT US.

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Citizens Information

WE ARE OPEN FOR PHONE & E-MAIL QUERIES

PHONE (Kerry):
0761 07 7860
Email: tralee@citinfo.ie
10 - 4pm Monday to Friday

National Phone Service:
0761 07 4000
9am-8pm Monday to Friday

We regret Killarney, Kenmare, Caherciveen, Killorglin, Dingle and Listowel are closed for now. Their phone-lines are diverted to Tralee and we will continue to monitor emails. Apologies for any inconvenience this may cause.

Information & advice is available on;

- COVID-19 Measures • Health
- Income Supports • Housing • Social Welfare
- Education • Employment • Family Matters
- Many other topics

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KERRY COUNTY COUNCIL LAUNCH COVID-19 COMMUNITY RESPONSE NEW FREEPHONE LINE

PHONE: 1800 807 009

TEXT 'SUPPORT' and your NAME to 50555

EMAIL: covidsupport@kerrycoco.ie

A new telephone helpline has been launched in Kerry this week to assist members of the public in accessing non-emergency and non-medical services and to provide support and advice to people during the current public health emergency.

The free, confidential phonenumber service has been established by the new COVID-19 Kerry Community Response Forum which includes over a dozen agencies and organisations who have come together to mobilise and coordinate the community and voluntary response to the current crisis, particularly in responding to the needs of vulnerable households and individuals.

The FREEPHONE number 1800 807 009 is now up and running and will be available from 8am to 8pm seven days a week. A text line (text 'SUPPORT' followed by your NAME to 50555) is also available for the hearing impaired or those who require a call-back from the service while requests can also be e-mailed to covidsupport@kerrycoco.ie.

The helpline, which is manned by trained volunteers, is focussed primarily on ensuring that vulnerable members of the community or those living alone can access deliveries of essential items like groceries, medicine and fuel. Where another agency or organisation can provide more appropriate information or advice, the caller will be connected with other

organisations or services if required.

10,000 information leaflets including details of the new freephone number and other information are being distributed around the county over the coming days. This will be done through existing networks like the Kerry Public Participation Network, sporting organisations, local development companies and hundreds of community and voluntary groups across the county.

Said Niamh O'Sullivan, Head of Kerry County Council's Community Department: "The group wants to harness the energy and generosity of people who have come forward to offer support to people in the community who require assistance and advice. The aim is to ensure that a coordinated, safe and reliable volunteer support network is available to those in need and that people in need of that assistance know who to contact for advice. Our work will complement much of the voluntary work which already taking place in communities across Kerry."

Said Hillary Scanlan, Community Work Manager with the HSE, "There is a very long and proud history of voluntary and community activity in Kerry and also a strong commitment from the state agencies to work in partnership with communities to develop local responses to unmet need. The community and voluntary sector has again stepped up to respond to the current Covid19 crisis and ensure that basic needs of food, fuel, and medications are being provided."

Said Chief Superintendent Eileen Foster of the Kerry Garda Division: "An Garda Síochána is

here to reassure and support the community during the weeks ahead. We are working with other agencies as one for the benefit of all."

Included in the COVID-19 Kerry Community Response Forum are:

Health Service Executive

Kerry County Council

An Garda Síochána

Kerry Red Cross

Kerry Civil Defence

Kerry Volunteer Centre

North East and West Kerry Development

South Kerry Development Partnership

IRD Duhallow

Kerry GAA

Kerry Public Participation Network (representing 700 approx community groups in Kerry)

Kerry Age Friendly Network

Local Link Kerry

St Vincent de Paul Society

Kerry IFA

Citizens Information Service

Other community, voluntary and sports representatives

The Group came together to complement and reinforce the tremendous work already underway across the county as communities respond to the needs of the community and it aims to ensure that any gaps in existing provision can be addressed and coordinated centrally.

The group is asking members of the public to share the phone number with elderly or vulnerable neighbours.



Conference call..Chief Executive Kerry County Council, Moira Murrell, At a teleconference meeting of party representatives and senior management of Kerry County Council this morning updates regarding emergency response to COVID19 in Kerry, and where Council representatives unanimously condemned the illegal burning of gorse in the county following a further 16 callouts to gorse fires by the Kerry Fire Service in the last 24 hours. Hosting the meeting was Padraig Corkery, Communications Director. PHOTO: VALERIE O'SULLIVAN



Kerry County Council Staff Members working at the new helpline which Kerry County Council launched this week, to help people accessing non-emergency and non-medical service. The free, confidential phonenumber has been established by the new COVID-19 Kerry Community Response Forum to support and advise people during the current public health emergency. The COVID-19 Kerry Community Response Forum includes over a dozen agencies and organisations including the council, gardaí, and GAA. PHOTO: VALERIE O'SULLIVAN

COVID-19 /CORONAVIRUS Kerry Community Response Forum

The COVID-19 Kerry Community Response Forum has been established to coordinate the community response to the current public health emergency. A confidential **freephone** service has been set up to deal with requests for non-emergency supports such as the **delivery of food, fuel and medical supplies**.



FREEPHONE: 1800 807 009

TEXT 'SUPPORT' followed by your NAME to 50555

EMAIL: covidsupport@kerrycoco.ie

Available 8am to 8pm seven days a week

The support of dozens of community and voluntary agencies and groups across Kerry is gratefully appreciated



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PAULA PLANS KILLARNEY'S GOT TALENT

Paula Gleeson of the Gleeson Drama School is doing her bit to keep her students and other children occupied, by setting various challenges/competitions for them to undertake. Last week saw three students, namely Kieran Horgan, Clodagh O' Sullivan and Ava Weldon win Easter Eggs with their winning entries in creating poems/songs on a topical issue! Clodagh and Kieran wrote powerful poems about the Corona Virus, while Ava wrote a song to the tune of 'Let it go'. "I am so proud of the children for rising to these challenges, getting up and carrying on in these difficult times. Posting these videos to my Facebook page has given so many people a lift. It's nice to see the joyous faces of children in these difficult times". Says Paula. This week Paula is running a 'Killarney's Got Talent' competition where the first prize is 30 euro! Children (or adults!) can submit any talent they like to Paula on what's app

at 087 3879733. Entries will be taken from anyone, the more the merrier! "Let's share our talents! Let's raise a smile... it's what us Irish do best" says Paula.

The deadline for this challenge is 5pm on Monday and the winner will be announced on Tuesday! Another challenge will follow! Paula is also herself doing her bit to raise spirits. Paula, who also teaches singing, cantors in St. Mary's Cathedral, and sings at copious weddings, funerals, etc. is posting a song for every day. "If I can give people a little lift I am

Happy to do so. I also have plans to collaborate with other musicians so stay tuned".

To find out more about all of these initiatives log on to the Gleeson Drama Facebook page or contact gleesondrama@gmail.com or 087 3879733



At Kennedy's Farm this week.... 4 Guinea pigs 2 Male 2 female

TADHG LAUNCHES "GIDDY GOAT CLOTHING"

From BatDad to Alepsa, you'll find it hard to come across a family so famous for their online antics than The Flemings! Having went viral all around the globe with their BatDad video 3 years ago, Tadhg, Derry and family have continued to entertain the online masses with crazy dance routines, hoverboard madness and hilarious "Alepsa" requests. Finally fans of the family's adventures will be able to show their support with a new line of merchandise which was announced by Tadhg on his Instagram account this week. Partnering up with his boss Chris McGillycuddy in Kerry marketing company "The Brand Geeks" Chris' new business venture 'Giddy Goat Clothing'.

"I am absolutely delighted to be teaming up with Chris and Giddy Goat Clothing on this new venture!" Tadhg said

"It all started with The BatDad video that went viral back in 2017, since then we have had a crazy amount of people tuning in and following us on Facebook, Instagram and TikTok for our families antics. I have had people asking about "Catch Him Derry" T-shirts and Merchandise and never really knew where or how to start!"

Explaining how the partnership came about Tadhg said "with what's happening in the world right now, and with the closure of a lot of businesses, Chris approached me with the idea that we do some Merchandise for the "Fleming Family" Having already invested in a lot of equipment here at The Brand Geeks, this enabled us to make a start at designing T-shirts, Hoodies, Mugs, etc."

"Never in a million years would I think that I'd see a T-shirt or Mug with my family or myself on it but here we are!! The ideas for new products are coming thick and fast but I really am looking forward to this new project!"



KERRY CANCER SUPPORT GROUP SAY THANK YOU

We would like to thank Philip O Callaghan from O'Callaghan Coaches & Chauffeur Services in Killarney for their kind donation of certified sanitizing spray which will be used on the surfaces of our Kerry Cancer Support Group buses. #kerrycancer #thankyou

We would like to thank the team in Ballygarra House Hotel who got in touch to kindly donated some hand sanitizer to Kerry Cancer Support Group Health Link Transport which is greatly appreciated. #kerrycancer #Thankyou

Thank you to Colm in Kerry ETB who ordered 2 extra hand sanitizer bottles and very generously decided to donate one to our Kerry Cancer Support Group Health Link Transport & the other one to the Irish Red Cross. We would also like to thank you Cllr Deirdre Ferris - Sinn Féin for supporting us.

SEAT SWITCH TO VENTILATORS

SEAT car manufacturer is collaborating with the Spanish healthcare system by making automated ventilators with adapted windscreen wiper motors 150 employees from several areas of the company have worked for a week on the definitive model after designing 13 prototypes. A ventilator is currently undergoing extended testing as part of the approval process.

PROPERTY
PARTNERS
GALLIVAN

FOR SALE

6 KILLAHA COURT KILLARNEY



700ft² 2 Bedroom 2 Ensuite Semi detached home, located on the outskirts of Killarney town centre, adjacent to Killarney House & Gardens & a short stroll to local shops, pubs, restaurants & leisure centres. Excellent location. Recently renovated. BER pending. Guide Price €200,000

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MARIE'S 2K CHALLENGE



All wrapped up and out for their 2 kilometre walk with their parents, Brodie & Ashton O'Brien pictured at Hegarty's post box, Park Road, sending their An Post free cards to their loved ones. PICTURES: MARIE CARROLL O'SULLIVAN



Getting things done whilst staying at home in Pinewood, the Haliniak's L-R Emilia, Kris & Alexandra.



Housemates gardening together whilst adhering to the new restrictions and staying at home L-R Clare O'Meara, Leanna O'Brien & Rua.



Supporting the community and assisting the elderly, vulnerable and those in need L-R Garda Declan Leader & Garda Adrian O'Driscoll assisting essential deliveries during the current Covid 19 Pandemic.



Marguerite Harty Costello stays productive and keeps the bright side out adhering to the Government guidelines to stay at home.



Keeping social distancing and staying at home The Stacks (Sadhbh, Niamh, Kate & Jason) enjoy 'the chats' with front line worker and local postman Connie O'Shea in the sunshine.



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



SHOULD YOU BE CONSIDERING SWITCHING YOUR MORTGAGE

Yes, because some of the Irish mortgage lenders have much lower mortgage interest rates compared to others. There has been a lot of discussion recently in the media recently as regards mortgage switching this is because there can be a very substantial difference in interest rates and monthly repayments between lenders. For example on a mortgage of €200000 over 30 years based on a property value of €300000 and comparing current fixed interest rates one lenders 2 year fixed rate is as low as 2.30% (3.50% APR) which costs €770 per month whereas another lenders 2 year fixed rate is as high as 3.30% (APR 3.96%) monthly repayment €876 per month. The monthly repayment for the lender with the higher rate is a staggering €106 per month more expensive. Over the term of the mortgage you could pay €38,271.60 (approx) more in interest, this figure will change depending on interest rate changes in the future. Of course you would need to qualify for the mortgage with the new lender and also there are many other considerations and information you need to know before proceeding further. Most lenders will also cover the cost of paying the legal fees for switching your mortgage. An experienced mortgage broker should be able to discuss your options with you in plain simple english and answer any queries you may have.

If you have any other queries regarding the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or dermotcroninifa@gmail.com

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O'Driscoll
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PROPERTIES FOR SALE

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DROUM, MOUNTAIN STAGE, GLENBEIGH V93 KX81

4 Bed Detached Bungalow on a large site just off the Ring of Kerry Road. The property is close to Rossbeigh Beach and Glenbeigh Village and is a great opportunity for an owner occupier or for use as a holiday home.

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TREE PLANTING TAKES PLACE DURING CHALLENGING TIMES

Following the successful leader grant application through South Kerry Development partnership for biodiversity planting, the Killarney Looking Good Committee organised a number of community planting events including bluebells on Mission Road in October and most recently snowdrops in early March on Mission Rd.

Another project was undertaken by the three secondary schools when they largely planted crocus at Cathedral Place and Hans Liebherr road.

Last week as part of National Tree Week, the committee intended organising a community planting event again. The trees had been ordered but the event could not proceed due to Covid 19.

A huge thanks to Kerry County Council staff who came to the Committees aid and planted the trees.

The trees included alder, Birch, Rowan and Lime and were planted in various areas around the town Mission Road, picnic area, Pike Hill, Woodlawn Road and Park. The tree types and location were identified by Committee member Cormac Foley.

It's an excellent example of Killarneys spirit of working together which will see us through the current crisis.

KDYS LAUNCH ON-LINE YOUTH CLUB



#KDYSonlineclub

KDYS has launched a new initiative to provide an outlet for young people across Kerry. Can't get out to a youth club then let the youth club come to you. This is open to all teenagers and to find out more just go to the KDYS website or Facebook page. CEO Tim ODonoghue said – 'we are hoping that we can provide another option for young people to connect, have fun and support each other in this extraordinary time. Parents too could look in and maybe get some ideas and helpful tips in coping with long days locked down.'

Since the outbreak of Covid-19 in Ireland, the KDYS has been constantly trying to ensure that all young people in Kerry are receiving the support that they need, in these testing times. Already, KDYS youth workers, across their suite of services have, in conjunction with young people, come up with new ways of engaging with young people and the wider community. On Friday 27th March 2020, the KDYS launched its 'On-line club.' As most people would know, there is a KDYS affiliated youth club in most communities throughout the Diocese. However, as these are no longer operating due to the HSE guidelines connected to the crisis, the KDYS and its volunteers highlighted a gap in provision for its 1,400 youth club members. The 'On-line Club' is posted every Friday, primarily on the KDYS county-wide snapchat group but is also shared on all KDYS social media platforms.

KDYS youth worker, Michelle O'Neill said, "This program was created to provide young people and their families with a positive activity program that they could take part in from the comfort and safety of their own home. KDYS Online Club provides members with a new program each Friday publicised through all KDYS social media platforms. The weekly program includes fun and active games, simple and healthy recipes, art and craft ideas and much more."

The 'On-line Club' is aimed at secondary school aged young people but anyone can join in! The response so far has been overwhelming with requests being made by school teachers for them to make it accessible to their own pupils.

The KDYS is operating remotely and full support services are still being provided. For contact details, please search KDYS on all social media platforms or see www.kdys.ie

The Show Goes On-Line

Talented singer/songwriter Jack Patrick Healy is performing live facebook shows during the Covid 19 lockdown.

Speaking to the Killarney Outlook this week from his base in London, Jack said "I do LIVE Facebook concerts now. I've done six since the lockdown began in the UK. I still perform like I used to in the piano bars, taking requests via the internet and performing the audiences songs and giving shout outs. It's great that I can still reach the people who would otherwise have come to see me perform live". "I'm going to continue to do this as long as there is a demand for it. Music can get us through it. Music has always been known for bringing people together and now in this digital age, it's never been easier to bring thousands together whilst abiding by the self-distancing rule. Ironical really", Jack added.

For anyone interested in watching the performances and sending requests in just follow my Facebook page - [Facebook.com/jackpatrickhealyofficial](https://www.facebook.com/jackpatrickhealyofficial)



Jack Patrick HEALY


THE SHOW MUST GO ONLINE



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A REAL FAMILY AFFAIR AS DENIS JOINS THE FIRE BRIGADE

In a week that saw Kerry Fire and Rescue Service take on 15 newly retained Fire Fighters, Killarney Fire Station Officer Paudie Mangan was joined by his son Denis as one of the new recruits.

The family connection to the fire service doesn't end there though as Denis' mother Joan is the daughter of Cllr. Donal Grady who was the previous Killarney Fire Station Officer and her brothers John and Martin are also important members of the Killarney Fire Brigade Service with John being the Sub Station Officer and Martin being the Driver/Mechanic.

Paudie and the Grady family have given an amazing 86 years of service to the Killarney Community and were to the fore of the fight to battle the fires that took place this week in Killarney National Park.

The new retained fire fighters are to replace recent and upcoming retirements and departures within the Fire Service and will be stationed at the various fire stations across the county.

The new recruits will also provide a level of resilience for the Fire Service in the event of any requirements for support during the COVID-19 crisis.

The recruitment will ensure that Kerry County Council will continue to provide a quality and effective Fire and Rescue Service to the community. Retained fire fighters help protect



Pictured left to right :John Grady Sub Station Officer Killarney FS, Paudie Mangan Station Officer Killarney Fire Station, Denis Mangan Fire Fighter Killarney Fire Station Donal Grady Retired Station Officer Killarney Fire Station, Martin O Grady Killarney Driver Mechanic Fire Station.

the local community and respond to emergency incidents including fires, road traffic collisions and other specialist calls. "These fire fighters have completed extensive training in recent weeks including Recruit Fire Fighting training and Road Traffic Collision Procedures training. They have all worked exceptionally hard in their training and their achievements are well deserved," said Senior Assistant Chief Fire Officer, Maurice O'Connell. "The training was carried out by Kerry Fire and Rescue Service's own

specialist instructors and the calibre of the fire fighters is a testament to the remarkable hard work and dedication of both the instructors and of the recruits themselves. Training continued over recent weekends and on St Patrick's Day in an effort to bring the new personnel on stream as quickly as possible. "Fire fighters provide a vital service to the communities they serve and I have no doubt that these new fire fighters joining our ranks will continue to uphold that proud service," said Mr O'Connell.

GROW YOUR BUSINESS HERE - WITH US!

Based on HSE guidelines, and due to the increased risks of contagion brought by the Coronavirus, Killarney Credit Union is making a number of changes to the opening hours in each of our branches.

As and from the 1st of April 2020

- Beech Road Office will be opened from 10.00a.m – 4.00p.m. Monday to Friday and will be closed on Saturdays.
- Kenmare Office will be opened Monday, Tuesday & Friday 10.30a.m.- 2.30p.m. (Closed Wednesdays & Thursdays)
- Caherciveen Office will be opened from



10.00a.m – 4.00p.m. Monday to Friday and will be closed on Saturdays.

• Park Road Office Killarney will be closed from 31st March 2020 until further notice.

Please be advised staff WILL be available on the phone to deal with ALL member queries or process card payments. Online facilities are fully operational and members have the added

convenience of our current account. If you do not yet have online access or a current account please click here <https://www.killarneycu.ie/how-to-apply>.

Killarney Credit Union at all times holds the highest regard for the safety and welfare of our members and staff and we would like to sincerely apologise for any inconvenience these changes in opening hours may cause our members.

Please click here to be directed to our website www.killarneycu.ie



FAILTE IRELAND OFFER HELP DURING COVID-19

Managing business in unprecedented times

In response to the COVID-19 crisis and the impact it is having on the tourism sector, we are targeting our business supports to respond to the most urgent challenges and threats tourism businesses are now facing. All of these supports can be accessed here. **They will include:**

Expert advice on managing business liquidity and cost containment;

Information on accessing financial assistance and managing HR risk;

Step-by-step guides on how to manage temporary business closure, temporary lay-offs and redundancies, if required;

Guidance on managing further revenue shocks and jumpstarting sales for recovery;

Information on accessing Government supports;

Practical operational guidance for businesses on steps they can take to help ensure the health and safety of their staff and visitors.

This customised support hub will assist you and your team to navigate your business through these extremely challenging times and will be continuously updated as the COVID-19 pandemic evolves.

Fáilte Ireland will focus all of our resources in helping to rebuild the industry and the vital contributions it makes to Irish society.

Full details on the Fáilte Ireland website

If there is an area of support you think the industry urgently needs, please don't hesitate to contact us by email to businesssupport@failteireland.ie or Lo Call 1800-242 473 (Mon–Fri 09:00–17:00)

List of essential service providers under new public health guidelines

1. Agriculture and Fishing
2. Manufacturing
3. Repair and installation of Machinery and Equipment
4. Electricity, Gas and Water
5. Construction
6. Wholesale and Retail Trade
7. Transport Storage and Communication
8. Accommodation and Food Services
9. Information and Communications
10. Financial and legal activities
11. Professional, Scientific and Technical activities
12. Rental and Leasing Activities
13. Administrative and Support Services
14. Public Administration and Defence
15. Human health and social work activities
16. Community/Voluntary Services

The government has decided that everyone should stay at home until 12 April 2020, except for the following situations:

- To travel to and from work, or for purposes of work, only where the work is an essential health, social care or other essential service and cannot be done from home
- To shop for essential food, beverage and household goods or collect a meal
- To attend medical appointments and collect medicines and other health products
- For vital family reasons, such as providing care to children, elderly or vulnerable people
- To take brief individual physical exercise within 2 kilometres of your home, which may include children from your household, as long as you adhere to strict 2 metre physical distancing For farming purposes, that is food production or care of animals.



Messages of Hope in the window of Brian James Menswear shop in Main Street, Killarney. Brian James O'Shea, has used two iconic lines One from Seamus Heaney, "If we winter this one out, we can summer anywhere" and the other from Victor Hugo "Even the darkest night will end and the sun will rise". PHOTO: VALERIE O'SULLIVAN

COVID-19 INFORMATION

and advice for taxpayers and agents

The following guidance will assist employers and employees experiencing difficulties arising from the impacts of COVID-19 regarding compliance with certain reporting and filing obligations and the satisfaction of certain other tax related conditions. In all cases where restrictions imposed by COVID-19 affect the applicability of Irish tax legislation on an employee/employer's tax position, records should be maintained outlining the circumstances and should be available to Revenue on request.

Benefit in Kind (BIK)

Tax treatment of reimbursements by an employer to an employee regarding holiday/flight cancellations or in relation to costs of assisting employees returning to the State. Provided the employee is integral to the business and was required to return to deal with issues related to the COVID-19 crisis by his or her employer, the costs incurred are reasonable and the employee is not otherwise compensated (i.e. via an insurance policy or direct claim to the service provider), a BIK will not arise. This may include costs related to family members who were on holiday or due to go on holidays with the employee.

Employer provided equipment

A BIK will not arise where employers provide equipment such as laptops, printers, scanners and office furniture in order for employees to set up a working space in their homes.

Employer-Provided Vehicles

For the duration of the Covid-19 restrictions, where an employee is in receipt of a vehicle (car or van) provided by his or her employer, the following may apply:

(a) **Employer Takes Back Possession of the Vehicle**
Where an employer takes back possession of the vehicle and an employee has no access to the vehicle, no BIK shall apply for the period.

(b) **Employer Prohibits Use**

Where an employee retains possession of a vehicle, but the employer prohibits the use of the vehicle, no BIK shall apply if the vehicle is not used for private use. Records should be maintained to show that the employer has prohibited its use and no such use has occurred, for example communication from employer, photographic evidence of odometer etc.

(c) **Employer Allows Private Use**

Where an employee has a car provided by his or her employer and the circumstances in the previous example don't apply, limited or reduced business mileage (if any) is undertaken during the period of the COVID-19 crisis and personal use is limited the amount of business mileage travelled in January 2020 may be used as a base month for the purposes of calculating the amount of BIK due. Thus, the percentage applied in the calculation of the cash equivalent, which is based on annualised business mileage, may have regard to the actual business mileage for January 2020, for the period of the COVID-19 restrictions. Appropriate records should be kept, for example business mileage

travelled in January, amount of private use, photographic evidence of odometer etc.

Employee Continues Working

Where an employee continues to undertake business travel as usual in an employer-provided vehicle, the usual BIK rules will apply. Further information on the taxation of employer-provided vehicles is available in the Tax and Duty Manual Part 05-04-02, Benefit-in-Kind, Private use of Employer-Provided Vehicles.

e-Working and Tax

Guidance on the tax treatment of e-workers and remote workers.

Payment of taxi fares

Where an employer pays for a taxi to transport an employee to or from work due to health and safety concerns, BIK will not apply for the duration of the COVID-19 period only.

Small Benefit Exemption

Section 112B of the Taxes Consolidation Act 1997, allows one voucher per year up to the value of €500 to be given to an employee by his or her employer tax free, provided certain conditions are satisfied. Where an employer wishes to recognise efforts of frontline or other key staff working during the COVID-19 crisis, either by accelerating part of a reward (voucher) usually paid later in the year, or making an additional voucher award, the requirement that only one voucher issues (as per s112B(1)(d)) is concessionally waived for the 2020 tax year, where the additional award is related to an employee's exceptional efforts during the COVID-19 crisis.

This concession only applies to employees who continue to work during the restricted period. All other conditions of the section must be met, for example the maximum (cumulative) value may still not exceed €500 but, as stated above, the requirement to only issue one voucher will be waived. Appropriate documentation must be retained by an employer where this concession is availed of.

Real-time foreign tax credit (FTC) for Restricted Stock Unit (RSU) cases. In respect of 2019 cases for whom real-time foreign tax credits were provided through the payroll, the 31 March 2020 filing deadline will be suspended. In such circumstances, the 2019 income tax return for such employees will revert to the standard income tax filing date (31 October 2020) for that return or any extended filing deadline for that return as appropriate. The employer notification to Revenue in relation to such cases should be made as soon as possible but no later than the extended income tax filing date where applicable.

Share schemes filing obligations

The filing deadline for all 2019 share scheme returns is being extended from 31 March 2020 to 30 June 2020.

Special Assignee Relief Programme (SARP)

The 90-day employer filing obligation, which is a requirement for an employee to be eligible to

benefit from SARP relief, is extended for a further 60 days. It is anticipated that such an extension should provide sufficient time for employers to file the required return, but exceptional cases may be submitted to Revenue for consideration on a case by case basis.

Trans-Border Workers Relief

If employees are required to work from home in the State due to COVID-19, such days spent working at home in the State will not preclude an individual from being entitled to claim this relief, provided all other conditions of the relief are met.

PAYE Dispensation Applications

Given the unprecedented circumstances and the restrictions on travel as a consequence of COVID-19, Revenue will not strictly enforce the 30-day notification requirement for PAYE dispensations applicable to short term business travellers from countries with which Ireland has a double taxation treaty who are going to spend in excess of 60 workdays in the State in a tax year.

Foreign Employments - Operation of PAYE

Revenue will not seek to enforce Irish payroll obligations for foreign employers in genuine cases where an employee was working abroad for a foreign entity prior to COVID-19 but relocates temporarily to the State during the COVID-19 period and performs duties for his or her foreign employer while in the State.

PAYE Exclusion Order -

Irish Contract of Employment

Regarding employees who are working abroad for a foreign employer under an Irish contract of employment where a PAYE exclusion order is in place, the position will not be adversely impacted where the employee works more than 30 days in the State due to COVID-19.

Residence rules - Force Majeure circumstances

Existing guidance states that where an individual is prevented from leaving the State on his or her intended day of departure due to extraordinary natural occurrences or an exceptional third party failure or action – none of which could reasonably have been foreseen and avoided – the individual will not be regarded as being present in the State for tax residence purposes for the day after the intended day of departure provided the individual is unavoidably present in the State on that day due only to 'force majeure' circumstances. Where a departure from the State is prevented due to COVID-19, Revenue will consider this 'force majeure' for the purpose of establishing an individual's tax residence position.

Renewal of existing Customs Special Procedure Authorisations

Authorisations due for renewal in March and April have been extended to 31 May.

Fitness Expert
Edele Daly guides you



TIPS TO HELP
YOU STAY MOTIVATED

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ATTITUDE WEEK 1

"The Longer I live the more I realize the impact attitude has on life. Attitude to me is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say, or do. It is more important that appearance, giftedness, or skill. It will make or break a company, a home, a relationship. The remarkable thing is that in awareness, we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past. We cannot predict the future. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on one string we have and that is our attitude. I am convinced that life is 10% of what happens to me and 90% of how I respond/ react to it. And so it is with us all we are in charge of our good ship ATTITUDES."

This is an extract from The Coaching Psychology course in UCC that our Trainer Neilus Hayes is now currently studying. He wanted to share it with you this week as our ATTITUDE to the current situation will have a big bearing on how long these restrictions on our movements will have on society going forward. 90% of how I respond/react to it!!!!!! Please take these words on board this week and in the next few weeks going forward. We can each make a difference in a small way that will have a huge impact for our community. We at B Well Fitness Club are offering help and support in these difficult times so please tune into us on FACEBOOK, INSTAGRAM & our NEW YouTube channel. Also feel free to reach out to us on the phone 087-7643449 by text or email info@bwellfitnessclub.com

B WELL FITNESS CLUB: 087-7643449
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In these challenging times Sean Taaffe

tells *Killarney Outlook* readers how
we should take care of our hair at home

Firstly it goes without saying that this is a hugely challenging time for everyone and whilst hair isn't everyone's main concern it certainly has an impact on people's self esteem and feeling of wellbeing . The one thing we all do have now is more time on our hands and that provides us with an opportunity to do stuff we never had time to before .

Put a conditioning treatment into your hair (when hair looks glossy and healthy roots don't show as much)

Start to experiment: style differently, change partings change direction.

Roots roots

Unfortunately the longer this goes on the more people's colour will grow out . If possible avoid using box colours unless it's a last resort . To start with ..disguise roots by avoiding definite partings and toss hair around a little more .

Backcomb hair where roots are showing , the more volume that is put into hair the less roots show .Use camouflage and temporary

root sprays . If you don't have any of these then possibly try using a brown eyeshadow which can be effective .

If all else fails and you need to use a box colour aim a shade lighter than you think you need as these colours tend to sit darker .

If you are a blonde or have blonde highlights I would really avoid using as chances are they will go very gold/yellow .

As much as dark roots are annoying on blonde hair , the trends over the last few years have all incorporated darker roots , so own it !!!

If you are using heat styling to help give your hair lift to avoid roots make sure to balance by either using a thermo protector spray and a good conditioner preferably both .



Three Mindful attitudes to calm anxiety

In these challenging times here are three top life coaching tips to help you to calm and manage fear and anxiety.

1. Find the goodness in every moment – even the ones you don't like! Every single moment (whether it's positive or negative) will teach you something more about yourself. Embrace all the moments and focus your mind on what is good about that moment.

2. Let go of what you can't control and focus on what you can. There is no point in

worrying about things that are out of your control. It takes up valuable energy and resources. Instead, focus on what you CAN do to make a positive difference.

3. Take one moment and one thing at a time. Slow down and just do one thing with great love, awareness and kindness. Forget about multitasking. It's HOW we do something that matters, not HOW MUCH of something we do!

Stay well and wonderful everyone!

If you would like a new career as a Body Confidence & Wellbeing coach please visit my website at www.institutebodyconfidencecoaching.com Applications are now open for April training.



Astrid Longhurst

Life & Body Confidence Coach

T: 066 9766374



E: life_coachingunlimited@yahoo.ie

Noreen at *What Women Wants* gives you some **beauty tips** while you are staying at home during Covid-19

Shaping your Brows at home

Here is what you will need:

- A good quality pair of slant tip tweezers
- A spoolie brush (small bristle brush)
- A brow pencil or brow powder & brush
- A cosmetic scissors to trim
- A mirror with good lighting, to view the whole face

Start with a cleansed face & brush your brow hairs into shape with your spoolie brush.

Using your pencil or Brow powder it is best to fill your brows into the desired shape, this acts as a stencil. You can now see the hairs outside this which need to go. Pluck hairs one hair at a time by gently stretching your brow tight with one finger while tweezing in the direction the hair is growing. If you need to trim with a scissors, comb hairs upwards and only trim unruly



Tips

Twice a week is enough to tweeze to maintain your shape. Do not use a compact mirror or magnifying mirror, this will distort your idea of the brow shape in relation to your face. Do not use a kitchen scissors to trim. Do not shave. Pay attention to the direction you are tweezing as tiny blood vessels may burst if you tweeze in the wrong direction and can cause inflammation and scarring. Grip hairs near the base to avoid hairs breaking. If you over tweeze, do not repeat on the other eyebrow. Remember, you can always let your brows grow out and finally get, "Brows you love" shaped by a professional therapist!



Employment | Progression | Apprenticeship



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NEW APPLICATIONS

For now, our scheduled course start dates are paused and future dates are to be confirmed. Despite this, we are still taking applications online at www.kerrycollege.ie

If you have any queries, contact our Admissions team at: info@kerrycollege.ie

COVID-19 UPDATE

On government advice, Kerry College campus locations and Admissions Office are to remain closed to our student community and the general public until Monday 19th April.

EXISTING STUDENTS & APPRENTICES

While Kerry College is closed, our instructor, teacher, tutor, support and administration teams will continue to support your learning journey remotely. If you have any questions regarding your course please get in touch:

Clash Road/Denny Street Campus: 066 712 1741 | clashroad@kerrycollege.ie
Listowel Campus: 068 21023 | listowel@kerrycollege.ie
Monavalley Campus: 066 714 9600 | monavalley@kerrycollege.ie

Keep up to date with Kerry College through our social media channels



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MY TOP FIVE SPORTING MEMORIES

Liam Murphy, Killarney RFC

1. Munster V Biarritz – Cardiff, May 2006

As a huge rugby fan, witnessing Munster win the Heineken Cup in the Millennium Stadium in Cardiff in both 2006 and 2008 are top sporting moments in my life. A huge Munster fan, it was a genuine privilege to present to witness Munster win both Heineken Cups. In 2006, Biarritz were the opposition and the highlight was Peter Stringers cheeky try. The sheer noise volume within the stadium – with the roof closed was ear splitting. At times the big screen would show scenes from Limerick as the city watched the match. The math in 2008 V Toulouse was a cracker and the French side were probably a tougher side. For me to be at these games with family and friends made these sporting occasions that bit more special.

2. U14 Girls Killarney V Bruff – Aghadoe, Feb 2020

As a rugby coach, some of the best sporting moments have happened on the playing pitch as opposed to in a stadium or on the television in front of millions of people. This game is a case in point. As a club, Killarney RFC has been actively promoting girl's rugby and after years of hard work by many, this year we fielded an U14 girls' side in the league and cup – a first for our club. The girls improved with every training session and as the league started with a trip away to Bruff in late October, we started on a steep learning curve. Matches against Shannon were close, and the girls improved culminating in a first league win at home against Bruff in a nail-biting thriller. Further success followed with wins and reaching the semi final of the Munster Cup before all fixtures were curtailed due to the Covid-19 outbreak.

3. Ireland V New Zealand – Chicago, Nov 2016

Ireland's first win over the All Blacks in 2016, broke a 111-year record, which saw Ireland come close over the years. This was a game with a difference as the match was played in a sold-out Soldier Field in Chicago, only 2 short weeks after Munster and Ireland legend Anthony Foley's death so it was always going to be emotional for the Irish fans present and watching from home like myself. A cracking match with plenty of tries by both sides but Ireland secured the game and a first win over the All Black's with Robbie Henshaw's try in the end. However, for me to see the Irish players standing in the figure 8 when the haka took place, was spine tingling and very emotional as the rugby community paid tribute and remembered Axel.

4. Kerry V Donegal – 2014 All Ireland

In 2014, the summer was a lively one for Kerry GAA, culminating in a final against Donegal at HQ on the 21st of September. Kerry made many of the headlines that summer with the semi-final matches V Mayo. Feisty affairs to say the least the semi-final was a cracker, but the replay went to extra time with Kerry securing the win at the Gaelic Grounds in Limerick. The media were losing the run of themselves as they tend to do when it comes to Kerry and no one better than Joe Brolly who had declared the production line of Kerry footballers came to an end. Kerry and Donegal battled in the final and Kerry just about secured the win, with a very spirited comeback from Donegal and a great game to be at Croke Park for. However, the Kieran Donaghy interview was something else – with the Kerry legend uttering "Well, Joe Brolly, what do you think of that?" Fantastic, simple as that.



Liam Murphy pictured with his son Stevie.

5. Ireland V Romania, Italy 1990

People of a certain age will always remember Packie Bonner's save against Romania's Daniel Timofte. I was 12 at the time and I can clearly remember the build up to the game and the excitement following the draws with England and the Netherlands in the run up and huge support afforded to this team. The Ireland team was taking part in their first ever World Cup and the country had pretty much lost the run of itself as it tends to do with sporting occasions. Big Jack Charlton was the man in charge and the team fielded greats such as Paul McGrath who played with Aston Villa! I can clearly remember the penalty and Timofte lining up to strike. How Bonner got horizontal like that, it was magic. Then Dave O'Leary scored the winner! The party atmosphere was something else and will never be forgotten.



Killarney Rugby Club Under 14 team pictured with coaches and mentors.

Enda Walshe Killarney Legion GAA Club



David Feherty pictured at the Irish Open in Killarney in 1991..

1. David Feherty Irish Open, Killarney 1991

While Nick Faldo won the 1991 Irish Open ,which was held on the Killeen Golf Course in Killarney, and Payne Stewart, the colourful American golfer, now sadly passed away, the main attraction, I was fortunate enough to witness Northern Ireland's David Feherty shoot what is to this day, the course record 65(7 under par) in the final round. I struck back to the course early that morning and Feherty, accompanied only by his caddy, an official cardmarker and about 4 spectators set off down the first fairway. He was well down the leaderboard, hence the early start. In the following 3 and a half hours we got an up close and personal exhibition of golf which hasn't been bettered in Killarney since. Aware of the sparse crowd around him and perhaps feeling a little awkward he struck up plenty of conversation with us along the way and talked freely most of the way round. The crowd had swelled to a couple of hundred by the closing holes but the abiding memories were one of wonder at how he played and the enjoyment of getting a rare chance to converse with a professional golfer in the middle of a top ranking tournament.

2. St Paul's vs Merry Monk Ballina 1996

Back in the 1990s the Basketball scene in Ireland had a new heavyweight. Initially St Vincent's Killarney led the way, then the Cork clubs

Neptune (or Burgerland as they were known), Blue Demons and Dublin clubs came to the fore. But the emergence of a force from the West, Ballina, saw lots of honours head to the Mayo town. Backboned by the McHale brothers, especially Liam and the high flying Deora Marsh they came to Killarney pre Christmas 1996 for a National Cup quarter final tie. Team Kerry Spring Killarney were having a solid season with the American duo of Nick Browning and Corey Jackson backing the side. In the week of the game, Browning suffered an injury that ruled him out of the cup tie and as was the procedure at the time a replacement could be drafted in. Terry Smith had played for Killarney previously and answered the call to line out for his old team. The Presentation Gym was jam packed as usual with the best team in the country coming to town. But Terry Smith preceded to put on an exhibition of high flying dunks, blocks and spectacular play that I haven't seen matched in a gym since. He got able support from Corey Jackson while Cormac O'Donoghue excelled at both sides of the court. The Pres Gym was heaving the whole night long as Ballina were sent packing out of the Cup.

3. Man Utd vs Roma Champions League Quarter Final 2007

I have travelled to Old Trafford, home of Manchester United, on many occasions but none matched this one. The first leg, which was played in the Olympic Stadium in Rome, ended in a 2-1 victory for Roma. A negative feature of it however was the crowd trouble before, during and after the game. Having travelled to Manchester on the day of the game security was especially tight around the city. As we approached the stadium the fear became reality as riots and scuffles broke out around the stadium concourse. The police had their hands full. Having successfully entered the ground safely the match eventually took centre stage. And what a night was had. By half time Man Utd had swept into a four goal lead and as the players headed to the dressing rooms at half time the place was rocking. And there was no let up in the second half as Ronaldo, Carrick, Rooney and Co. cashed in for 3 more goals. It was a privilege to witness a team in full flow who would, 12 months

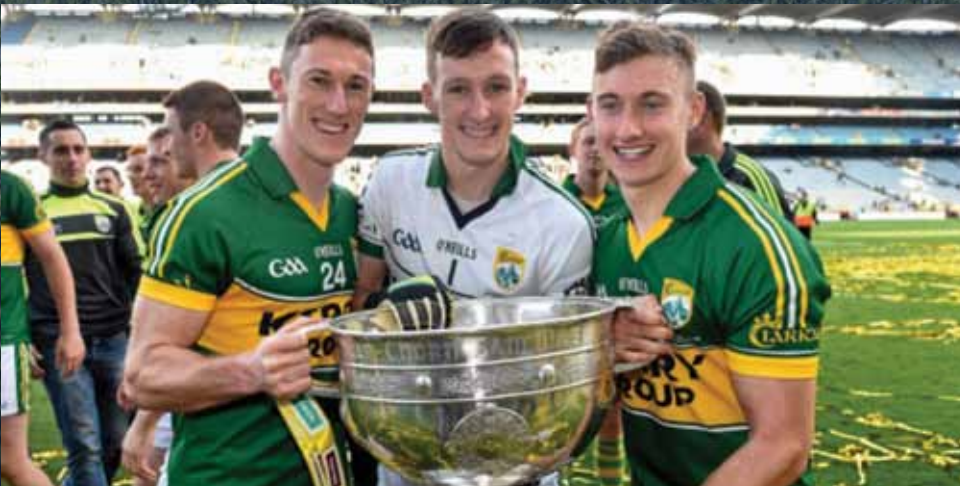
later, lift the Champions League trophy on a wet night in Moscow.

4. Kerry Vs Mayo All Ireland Semi Final Replay 2014

If you were to present a case for playing more games outside of Croke Park, this one would be on top of the file. Having come back from the dead in the drawn game in Croke Park, Kerry would have been mighty relieved to still be in the race for Sam. The general consensus for the replay was that the momentum would have been with Mayo and there is no better supporter than a Kerry one that's written off. With the Dublin Donegal semi final booked into Croke Park for the Sunday this replay was fixed for the Gaelic Grounds in Limerick on the Saturday evening. By throw in time 40,000 had gone thru the Ennis Road turnstiles and boy were they in for a roller coaster. Kerry started well, Mayo then took over, Kerry battled back to lead then Mayo bounced back. It was a real rip roaring Championship game played at 100 miles per hour. I watched it again recently and the intensity really was astonishing. What made it even more enjoyable, if that was possible, was the big part my clubmates played in it. Brian Kelly started in goal, James O'Donoghue bagged 2-6 while Jonathan Lyne kicked the 2 insurance points. Also a Mark Griffin shoulder on Aidan O'Shea, which put a halt to his gallop, had the whole place shuddering. Kerry went on to win the final that year of course where Kieran Donaghy provided the post game highlight of "What do you think of that Joe Brolly?." Great times!!

5. Galway vs Waterford All Ireland Hurling Final 2017

This novel pairing could be classed as the battle of the Bridesmaids. Galway, with only 4 All Ireland titles to their name, the last one being 1988, took on Waterford who hadn't won one since 1958, I think, but who had tried manfully in the 2000s thru the likes of John Mullane, Dan Shanahan and Ken McGrath. Usually with an Ireland there is always one team the neutrals would get behind but even those from non competing counties couldn't make their mind up who to shout for. It made for a unique atmosphere. You could sense the hunger in both set of supporters and as the game went to and fro towards the finishing line the intensity in the stand was only matched by those on the field. Galway just had their noses in front in the closing minutes but the supporters, stung by previous setbacks, were almost too tense to enjoy it. It was only when a Waterford attack broke down in the last minute resulting in a Galway lineball that the dam of emotion could be opened. As Joe Canning stood over the sliothar you could see the tide of Galway supporters in the Cusack Stand, to a man, woman and child, swell in an explosion of emotion. In all my times in Croke Park I don't think I've ever heard a roar as loud as the one that greeted the final whistle. The West was definitely awake that evening!!!



Legion Players: Jonathon Lyne, Brian Kelly and James O'Donoghue.



KEELGAA CLUB

KEEL CASTLEMAINE EMERGENCY DELIVERY SERVICE

066 7174066(no text messages)- Keel Community volunteers working with local businesses are very much aware that the recommended restrictions on movement as a result of the coronavirus pandemic may cause problems for some members of our community. In order to minimise problems, we as a group of volunteers are putting in place a collection service for prescriptions from Milltown pharmacies and a delivery service for local businesses and drop them to your house. This service will be manned from 1PM to 4PM, 7 days a week.

If you need to use this service, we ask that you telephone your prescription through to your pharmacy by 1PM and pay for it by card if possible as our volunteers will not under any circumstances ask for or accept cash. If you then telephone 066 7174066(no text messages) and speak to our coordinator we will do our best to collect the prescription and deliver them to your house by the next day or sooner. The same will apply for food/fuel delivery as needed. It would be of great help if you could have your eircode to hand.

Note that this is a free/confidential service and at all times our team of volunteers will respect people's privacy and when delivering we will keep a safe distance to minimise the possibility of spreading the virus. Also note our volunteers will never ask you for nor accept cash.

We believe that as a community, working together and supporting each other, we can help to relieve one worry from our friends and neighbours and get back to our normal daily lives as soon as possible.

Please see below the list of numbers you may need to get your supplies:

Cronins 066-9767376

The Anvil Bar 066-9767137 or 087-4139565

Benson's Quik Pick 086-8737943

Helena's XL 086-2866715 or 087-7837507

Burke's Butchers 066-9767345

O'Doherty's Pharmacy Milltown - 066-9767305

Aidan Foley Fuels Castlemaire - 0879309611

Gearóid Ó Dowd CastleFuels - 085-7625016

Mid-Kerry Veterinary Centre Milltown - 066-9767000

CLUB GROUNDS AND FACILITIES

Keel GAA grounds are now closed until further notice due guidelines from Kerry GAA, Croke Park and the Government. It is important that all players, members and general public do not enter the club grounds for any activity while these restrictions are in place. We hope that we can re-open soon.

HEALTHY CLUBS INITIATIVE

The GAA Healthy Clubs Step Challenge has been postponed until the 20th of April.

LOTTO

The club lotto has been postponed until further notice.

DR. CROKES GAA CLUB

ACTIVITIES

Due to the ongoing Covid 19 pandemic all activities both on and off the pitch are



Dr Crokes Minor Team from the 1990's. Alan Brady Colm Griffin Sean O'Donoghue Caoimhin O'Donoghue Toirdealbhach Ó Lionáird David Moloney Noel Patrick O'Sullivan Aidan Lynch John Cronin. Front row: Mike Nash Mike Moloney Brian Mc Carthy Vince Cooper James Flemming Timmy Condon Gavin O'Donoghue Patrick O'Connor. Missing from photo Brian Clarke.

currently at a standstill, our playing fields, gym, and clubhouse are closed and will be until the sanctions are lifted. Thank you to all for complying with the regulations during these difficult times. Special credit must go to our communications committee for their endeavours in putting videos and photos from our archives on social media to help our members to reminisce during the present crisis. There has been a tremendous reaction to this initiative from near and far. A very special thanks to John C O'Shea & Matt O'Neill for initiating this project..

Many projects for our physical, mental and social health and well being, juvenile fun games, etc have been initiated by the GAA all maybe viewed on our website www.drcrokes.com.

We urge all members and supporters and their families to abide by the guidelines and stay safe and hopefully we will be back on the playing fields in the not too distant future.

JUVENILES 200 TOUCHES DAILY during the present lockdown we encourage all juveniles to practise their skills. All you need is a ball and a wall.

MEMBERSHIP

is now due and must be paid before March 31st. to Registrar Frances O'Sullivan. Membership can also be renewed on line visit drcrokes.com/ news. We urge all members to download the Club Force app. as this will be our only way to communicate going forward.

SCÓR

Scoláireachtaí Daoine Fasta | Adult Scholarships 2020

Irish Scholarship Scheme for Adults 2020, funded by Foras na Gaeilge, is now open and accepting applications. This is a great opportunity to apply for a scholarship valued at €250 to cover costs of a Gaeltacht course this summer. The deadline to apply is Thursday 23rd of April 2020.

BINGO

at St. Marys Parish Hall on Sundays is postponed for the foreseeable future and will resume when the current guidelines are lifted..

LOTTO

is suspended for next few weeks and we will

review on April 12th.

SYMPATHY to the Devane family Eoghan, Aoilean and Tadhg all underage players on the death of their grandfather Seamus.

BALLYHAR-FIRIES GAA

COVID-19

Firies GAA are providing a Covid-19 Community Delivery Service, for elderly, vulnerable, sick or self-isolating in our community. If you need a delivery service from any of the following businesses, please Phone your order to the business. Phone our helpline 087-2998231 (no text messages) Please have your Eircode to hand. Aherns Pharmacy, Farranfore (066 - 9764110), Bridies Shop, Firies (066 - 9763000), Hendersons Shop, Firies (066 - 9763090), Moriarty's Shop, Farranfore (066 - 9764808), Sheehans Shop, Farranfore (066 - 9764252) Garvey's Supervalu Castleisland (066-7142400) Daly's Supervalu Killarney (064-6631400)

2020 MEMBERSHIP

2020 membership can now be renewed online. Follow the links on our social media accounts or search for Firies GAA via the "Find My Club" Button on www.clubforce.com or download the clubforce app. Alternatively, you can make contact with Club Secretary Kevin Cronin, Peter Costello, Paudie O'Sullivan Hurling or Fiona Walsh or any club officer/ Mentor or Member and they will be able to give you further details. All players must be registered before playing or training. Closing date for membership is March 31st

CLUB GROUNDS

Please ensure all your Clubs grounds and facilities are closed down completely until further notice.

Players/Members/General Public are not allowed use of Club Grounds/Facilities for any activity including training/ recreational while these restrictions are in place.

Many thanks as always for your co-operation on this matter.

SPA GAA CLUB

SPA GAA HOME SKILLS CHALLENGE FOR 5-16 YEAR OLDS

Take part in our Spa GAA Home Skills Challenge and be in with a chance to win a Spa GAA training top or a €50 voucher. Spa GAA would like to give our underage members (5-16yr olds) an opportunity to win a prize, whilst showcasing and practicing their skills at home. We are asking our underage members to take part in a 14 day home skills challenge. The skills challenge begins Monday, the 30th of March and finishes Sunday, the 12th of April. After the 14 days, parents can submit a short video showcasing some of the skills your child(ren) have mastered over the 14 days. Only videos submitted by parents/guardians will be accepted.

Entries must be entered by Wednesday, 15th April, after which the winners will be announced. For details on how to enter and the rules of the competition, click on the PDF attachment on spagaa.com. Parents are welcome to post pictures/videos on their own social media platforms to help encourage as many participants as possible and to help spread the word throughout our community. Please wear the club colours if you can. Due to the current restrictions, these challenges are to be completed at home. Be creative as you can if you need to improvise any of our skill challenges. Click on the PDF on spagaa.com for more details. Any queries contact Coiste na nÓg Chairperson, Seamus Moynihan, on (087) 6298525

ALL GAA ACTIVITY SUSPENDED

Kerry GAA and Croke Park have reiterated that all Clubs grounds and facilities are closed down completely until further notice. Players/Members/General Public are not allowed use of Club Grounds/Facilities for any activity including training/ recreational while these restrictions are in place. Under the new guidelines, ALL GAA activity from juvenile to adult (training, matches, meetings, gym etc) is POSTPONED until further review on April 19th. Please follow all HSE advice and guidelines and respect social distancing and best hygiene practices.

IRELAND ON TEMPORARY LOCKDOWN

Ireland is officially on lockdown from March 27th until Sunday April 12th. Everyone to stay in the home for the next 2 weeks except for the following: To go to or from work; To get food; To get medicine; For 'vital' family reasons; For brief physical exercise within 2km from the home; For farming activities. Stay Safe Stay Home

SPA LOTTO

The Lotto has been suspended for the foreseeable future. The expiry dates of annual tickets and online tickets will be extended to compensate for weeks when Lotto is not held.

SPA GAA CLUB REGISTRATION

Registration is still open (online ONLY) through spagaa.com. All players, officers, coaches etc MUST be registered club members to take part in club activities in 2020.

COVID-19 KERRY FREEPHONE NUMBER

confidential FREEPHONE service for COVID-19 support in Kerry will be live from 11am Monday March 30th. Please share with your contacts and anyone who might need support. Text (50555) and email service (covidsupport@kerrycoco.ie) also available from 8am-8pm each day.

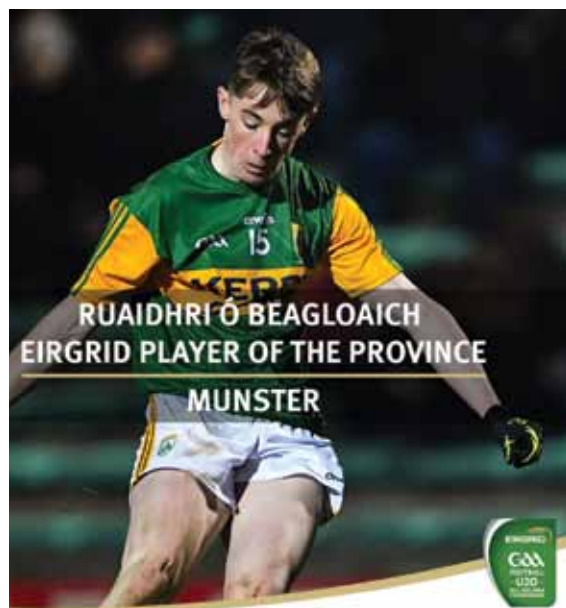
ITEMS FOR NOTES

Any items for the club notes please contact Deirdre at pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

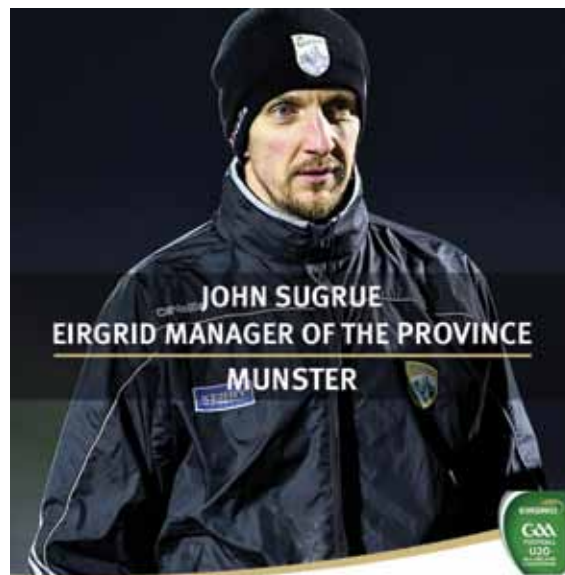
KERRY SENIOR PLAYERS TEACHING THE SKILLS OF FOOTBALL & HURLING

Over the next few weeks Kerry Coaching and Games plan to send out some video clips demonstrating the Skills of Gaelic Football and Hurling. On these clips some of the Kerry Senior Footballers and Hurlers will demonstrate and go through the teaching points of various different skills. The players will also give some advice on how they practice the skills. We would encourage club coaches to share these clips and encourage players in your club to practice the skills. Now is a good opportunity for players to spend time working on individual skills and become confident playing off both sides. The skills videos will be posted on the Kerry GAA Coaching and Games twitter page (@CoachingKerry). Best of luck to everyone!

KERRY PLAYER AND MANAGER REWARDED



Following the successful completion of the EirGrid GAA U20 Munster Championship, details of the 2020 EirGrid GAA U20 Player and Manager of the Province have been announced. Inter-county star **Ruaidhri Ó Beagloaich** has been presented with the player award for Munster while his U20 boss, John Sugrue, picked up the award for best manager.



Kerry forward Ruaidhri Ó Beagloaich, Munster's EirGrid GAA U20 Player of the Province, stepped up when Kerry was four points down going into the second half of the provincial final which finished 0.17 – 1.9, scoring 0.05. It was an extremely successful provincial championship for the new boss of the U20 Kerry squad, **John Sugrue**, who received the manager award for his efforts in dethroning Cork and reclaiming the Munster title.

SOLAS MAKES ALL eCOLLEGE ONLINE COURSES AVAILABLE FREE OF CHARGE

eCollege online programmes are now free to all over 16's for a limited period of time. A variety of foundation and advanced programmes can be found on their new website – with more programmes due to be added shortly. Categories include: Project Management, Computer Programming, Data Science, Databases, Web and Graphic Design, Business, IT Professional, Office Productivity and ICDL. Teachers can take a Moodle for Teachers course and you can even study Irish on the Speak Irish With Me programme. Go to eCollege.ie to sign up.

Applicants need to set up a FETCHCOUSES account which is free and a one-time set up.



JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

First, let's just be honest here. There isn't exactly a lot of sport happening right now. So when I say that this is all about sport, I mean there will be mentions of sport at occasional and surprisingly random intervals in this column this week. At one point, I am going to throw in a massive lie, a simply outrageous piece of nonsense that will sound genuine to the casual reader but which real experts will be able to spot. If you can spot that lie, mentally broadcast it to me and I will send you good wishes, because I am psychic. (No, that wasn't the outrageous lie. That was very tame by my standards). I am actually protecting myself there, because I might get a few things wrong. Normally, I would go to the library and double-check the newspapers and reports from the time, but that's not an option at the moment. Like everyone else, I have a new appreciation of how great it is to live in a community like ours. I do think we are sometimes forgetful of it at ordinary times. I know that I often am, and the Killarney library is one of the places that are and always have been great to me and I hope will be again soon. Until then, I have to rely on my own meagre resources, and those who know me will acknowledge that I make very eccentric distinctions between my imagination and actual reality. That's why I'm not allowed into Star Wars conventions anymore. It's also why I might get one or two things wrong here; I'll ask for yere patience.

NON-COUNTY MINORS

Kerry's development pathway has a lot of small streams that run into rivers that become an ocean. A great big successful green and gold ocean (even by my standards, that may be the worst metaphor of all time. That would be a very freaky ocean).

You have the Cumann na mBunscoil, with people like Tomás Ó hAiniféin and his brother Colm, the great Mary Jo Coffey, and Bainisteoir na Mna Declan Quill on board. You have the Post Primary Games after that. Christy Killeen from Finuge, one of the true giants, was recently kind enough to send me a list of all the past winners of all the past winners of the Kerry competitions - I'm not sure if it's just because I have a strong interest in the colleges (they are the perfect blend of passion and dedication without cynicism) so I don't know if other people would find these lists interesting. They may be worth printing next week, I'll ask a few people what they think (yes, of course by phone and email, not in person).

You have coaching and development programmes under Terence Houlihan and run by Donal Daly and the GDAs. The likes of Vince

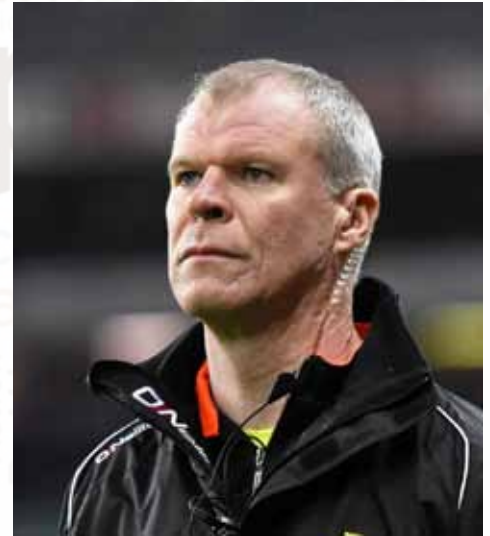
Cooper, Micheal Quirke, PJ Reidy, Geraldine O'Shea, and many more do more work than people realise and aren't mentioned enough when harvests are gathered. Pat O'Shea with Munster is not just integral to a lot of the process; he's also responsible for it. Most people will know of his contribution to both Kerry and Dr. Crokes as a manager - that's only a small tip of a very small iceberg.

You have Bord na nÓg, now Coiste na nÓg, with Tommy Cronin as Chairman, Mags Evans as Secretary, and Damien McCarthy as PRO. Tom Keane was Chairman before Tommy. Even locally, the real structure of the GAA is not the mandarins up in Croke Park (ye sold private tv rights in secret and ye introduced the nonsensical and badly named 'super 8s'), it lives and breathes on the ground and through the people. Ar scath a chéile a mhaireann na daoine (I'm trying to use isolation to develop my Irish proficiency; there is a risk that I may be inadvertently inventing a new language). It means that the people live in one another's shadows. The shadows cast by the likes of Patsy Cremin, Dan Dwyer, Peggy Horan, Jackie Looney, Johnny Culloty, Bernie O'Connor, Mick Allen, Con Griffin, Michael O'Callaghan, John Barry, Bill Riordan, Donie O'Leary,....look, if I was to list everyone, ye all know that it would make a very long and very illustrious phone book, but those people cast long and wonderful shadows. Donal O'Donoghue of Spa, God rest him, always told me as a small boy that I was a great footballer - it was a really kind thought, but it was most definitely the most outrageous lie I have ever heard in my life. With the possible exception of Donald Trump.

The Development Squads (Denny Doolan, Johnny Brosnan, and many more were integral to them) have always been a key part of the structure, and much more so in recent years. Back in 2010, people like Bernie Reen, Eamonn Whelan, Donal Daly, Liam Ó Rocháin, Eamonn O'Sullivan, and many more got together and set up a new approach to Kerry at underage. The players from that new structure started coming just as Kerry were heading into a twenty year absence of All Ireland minor titles in 2014. Ye all know what happened in the following five years. It wasn't a coincidence.

It's very, very rare for a player to pass unnoticed through all those pathways and emerge later as an elite player. Very rare. I think that Paudie Clifford is the only member of the current panel who didn't play Kerry minor. We don't actually know the current panel, which I find utterly bizarre. You want us to get behind the Kerry team for the year and support them in their games this year - but their identities are secret? Wow. It's like Batman left Gotham and came to live in Killarney - that would be so cool.

Other modern players who didn't play county minor but went on to success include Ryan



Diarmuid Murphy - Dingle.

McMenamin, Philly Jordan, Lee Keegan, Brian Fenton, Kevin McManamon, Bernard Brogan, Conor McManus....A friend sent me a team of such players, and it got me wondering if there were great Kerry footballers who didn't play county minor. So, being me, I decided to see if I could find one.

My Team

Goalkeeper: Diarmuid Murphy of Dingle. I was in the Sem in 1992 when we won the Hogan Cup - in fact, I was widely considered as the best player on that team. The likes of Seamus Moynihan, Killian Burns, the late and truly great John Doyle, Niall Mangan, Conor O'Donnell, Breandán Mac Gearailt....all good footballers, but I was unquestionably the best. I met one of the team recently. "Jaysus, Jimmy," he said to me. Do you remember the time you practically carried us on your back all the way to winning the All Ireland? Do you remember the three goals you scored from midfield and the penalty you saved? It's an awful pity that you got injured afterwards running into that burning orphanage to save all those children." "Arrah, I do," I replied modestly, "And I'm sure it cost Kerry a few All Irelands afterwards that I wasn't there, but I still feel that it was the right thing to do, and Nelson Mandela said the same thing when he gave me the Nobel Prize". True story. Okay, that's the outrageous lie, I wasn't within a donkey's roar of that team even if you gave the donkey a full set of concert speakers. But Liam O'Sullivan from Ballymac was the goalkeeper, and genuinely brilliant, and I just could not remotely understand how he didn't make the Kerry minors. His club-mate Daithi O'Regan was in goal, and the sub keeper was lad that I in all my teenage certainty hadn't heard of. It was Diarmuid Murphy, and, though he was on the bench all through, he never got a run as a Kerry minor. He did okay afterwards, though! I have a notion that Peter O'Brien didn't play Kerry



Donie O'Sullivan -SPA GAA.

minor because of other commitments, but I may well be wrong there – Peter was always recognised as a fantastic goalkeeper.

Full back line: **Donie O'Sullivan** from Spa is obvious. Donie was actually a late bloomer (he didn't even make the Sem panel for the Corn Uí Mhuirí. But when he bloomed....there were a few controversies when the Team of the Millenium was selected, but no-one had any debates or quibble about Donie's name being included. Likewise Tom O'Sullivan from Rathmore. Sean Counihan was one of many who saw the potential of the Rathmore player from a young age, but he missed out on the minors. Ronan Shanahan from Stacks is a more recent corner back and fell out of favour, but I always thought that he did fairly well for Kerry. He got toasted once by a Dublin forward, but that has been true of every defender in the country in recent years. Mick Morris. I've looked up the minor teams for the relevant years and I don't see his name anywhere, so I hope I am right that he never played minor for Kerry. He played afterwards, won two All Irelands in 1969 and 1970, and he also represented Ireland in both basketball and golf.

Half back line: **Paul Murphy** is an obvious choice. He was always a good minor, but wasn't considered county class. As I recall, it was a small bit of a surprise when he was select at wing back for the Kerry U21s in 2012 – he was an absolute revelation and two years later he was man of the match in an All Ireland Final. Seamus Murphy from Camp usually played midfield or up front, but his brother Sean was one of the best wing backs of all time (the famous Small Jer O'Leary was one of the first to spot his talent; he pointed him out to a young Mick Allen of Furies at a colleges game – two good judges of football) and the 1969 Final has his name attached. Like I say, it would possible be cheating to put Seamus into the half back line – but I've cheated way worse in my time, so I am fine with it.



Mick Gleeson -SPA GAA.

Midfield: Like I say, both **Seamus Murphy** and DJ Crowley would fit in there fine. Donal Daly is an obvious choice. The Furies man was so good a foil for Darragh Ó Sé that people forget how great a footballer he was in his own right. Trust me, he was always good on the main stage, just as he is now behind the scenes in his coaching role. Aidan O'Shea from Glenbeigh/Glencar is beside him. Aidan's career as a player was unfortunately cut short by injury. He was as good as any of them – but Jack O'Shea's job took him to Kildare and he only played for Kerry after minor.

Half Forward Line: **Bingo O'Driscoll** from Annascaul. Many years ago I used to play soccer with Fossa's B team. We were a team that had more enthusiasm than skill. We genuinely had a worse record than Malta at the time and Malta had never won a single match. Looking back, in all fairness, we were brutally bad (honestly, a young Michael Fassbender was a decent midfielder. He was in midfield because he could actually run a bit, which was unusual for us). But we got drawn the cup one year against a bunch of lads who had decided to throw in a team for the craic, and we travelled back to Annascaul in confident delusion. Everyone else was still confident as we toggled off in the ditch (one passing car beeped at us; I still don't know if it was meant as applause or horror). But I was the only one who followed football, and I was recognising Bingo and Johnny Driscoll, Genie and Fox Farrell, Vincent Knightley...."Lads, I think these guys can play a bit"...we lost 7-0, and Bingo had a hat-trick.

Centre forward: you have **DJ Crowley**. DJ was the first Rathmore man to be man of the match in an All Ireland Final. His goal in 1970 four minutes from time was one of the best of all time. Believe it or not, DJ made his debut for East Kerry only because Sem teacher Pat Moynihan was unavailable because of a clash with the Sigerson Cup, and he only made his debut for Kerry because he came to a tournament game

as a spectator, having played earlier in the day for Garda. Kerry were short, some-one saw him arrive, knew he had boots, and his name was called over the tannoy to ask him to come to dressing room. A bemused DJ lined out, played well, and two years later was man of the match in Croke Park for the All Ireland champions. Mikey Geaney didn't play Kerry minor, he made the U21s in 2010. I have a notion that Ned Fitzgerald of St. Marys didn't play Kerry minor. The inescapable truth is that South Kerry was shamefully overlooked in those days where travel was much harder and longer. His son Maurice most definitely played minor and I have a notion that Seamus did as well

Full Forward Line: Oh boy. **Mick Gleeson** from Spa in one corner. Mick was in the vanguard of a rejuvenated Spa. Garry McMahon scored the fastest goal in any All Ireland Final in 1962, fisting to the net straight from the throw-in. It was the first televised final. Eoin 'Bomber' Liston simply has to be in there. Bomber was nicknamed after Gerd Muller of Germany (Ger O'Keeffe was nicknamed Gadocha after the Polish winner) and another late bloomer. His brother Pádraig was considered the best of the brothers until Mick O'Dwyer took Bomber under his wing and added speed to his already muscular frame. Kieran Donaghy is one who surprises people. He made the Kerry minor panel in 2000. That was a great team – Colm Cooper, Declan O'Sullivan, Declan Quill, Éanna Kavanagh, Seamus Scanlon, DJ Fleming.... Donaghy was well down the list as potential midfielders and his Kerry career looked very much like petering out on the sidelines in early 2006. It was Johnny Culloty who mentioned the idea of putting Donaghy in full forward against Longford in 2006 when Kerry looked down and out....the rest is history.

KILLARNEY CELTIC

COVID-19

Due to the Corona virus all activity at Killarney Celtic is suspended until further notice. We encourage all our members to follow the guidelines laid down by the government. If anyone in our community is self isolating and requires help with deliveries of groceries, fuel, medication etc, Killarney Celtic has people willing to help. All will be done in strict confidence. Please private message our Facebook page or contact Mary on 086 6485809.

LOOKING BACK

2011/12 Munster League Champions Trophy

Killarney Celtic won the inaugural Munster League Champions Trophy after they defeated Carrick Utd of Waterford in the final played in Turners Cross in December 2011 after a penalty shoot out.

By virtue of winning the 2010/2011 Premier title in Kerry, Celtic went forward to represent Kerry in the very 1st Munster League Champions Trophy where their opening round game was a home tie vs Nenagh. Stephen Hayes and Peter McCarthy got the goals in a 2-1 win.

Next up was an eventful away tie to Clonmel



Town. 0-0 at half time but Clonmel had already 2 men sent off. No goals in normal time or extra time but Celtic got through on penalties to play Kinsale in the semi final. Robert Watson scored in a 1-1 draw which again went to penalties with Celtic going forward to the final.

Carrick took the lead in the 1st half but Celtic pushed them back in the 2nd half but could not score until deep in injury time Peter McCarthy

snatched the equaliser. Celtic went down to 10 men in extra time as Carrick took over again but Celtic held out for penalties. 2 early penalty misses had Celtic in trouble But Stephen Bartlett's saves kept Celtic in touch until Gary Keane put Celtic ahead and another Bartlett save brought the trophy to Killarney.

OUTLOOK SPORTS

DEERPARK PITCH & PUTT CLUB NEWS

COURSE CLOSED: At the request of Pitch & Putt Ireland after the announcement of the

government's new public health measures last week we wish to let everyone know that the course is closed to play until Sunday April 19th at the earliest pending further updates in the meantime.

MEMBERSHIP: Anyone interested in enquiring about membership is asked to contact registrar Margaret B Looney on 087 9265747 for further information.

OUTLOOK BASKETBALL

AWARDS A NICE WAY TO END THE KABB SENIOR SEASON

With just a small number of games left to play in the Kerry Airport Kerry Area Basketball Board Senior season they thoughts now turn to the two big individual awards.

Last year the Division 1 Awards were renamed in honour of two of the greatest exponents of the game in the county.

The Joanne Walmsley Player of the Award is for the Women's game with the men vying for the Paudie O'Connor Player of the Year Award.

The nominations for the Senior Player of the Year Awards 2020 have now gone out to the clubs and the big announcements will be made in May.

Cup MVP winners announced:

The Senior Men's and Women's Cup and Shield finals were played last month as part of three great weekends of finals in the Tralee Sports Complex. The Most Valuable Player in each of the games has now been announced.

Fergal hits 28 in the main Men's Final: The Division 1 Men's final saw a star-studded St Brendan's put up a big score as they hit 103 to St Mary's 77. The MVP for the game was Fergal O'Sullivan who hit 28 points.

Jason's the man in the Division 2 Men's Final: It was a good day for the Tralee club as they made it a double when they won their second title of the day defeating Caherciveen 87-76. Jason Quirke of St Brendan's is the MVP having hit 27 points in the decider.

Thomas stars in Shield Final: The Division 2 Men's Shield Final saw St Joseph's take the title

back to North Kerry as they defeated St Mary's. Thomas Scanlon ended the game with 23 points and was named as the MVP.

On the Women's side there were also three finals and in the Division 1 game St Joseph's were 69-65 point winners over Glenbeigh Falcons in an exciting game. And it was the St Joseph's player Rhiannon McNulty who performance sees her named as the MVP.

In the Division 2 final Bridget's won the battle of the Saints defeating Pauls and from the winning side Ashling O'Sullivan was excellent on the day and is the MVP for that game.

The final trophy went to Lixnaw when Horan's Health Stores after they defeated TK Vixens 52-34. Joanne Houlihan from the winning side is the MVP from the Division 3 Women's final.



#KeepYourDistance
#StaySafe #StayPositive

Outlook
MAGAZINES

BEAUFORT NEWS

Written by Cliona Coffey

LOTTO

The draw of 15th March will be held at the first available opportunity. Lotto draw of 29th March is postponed due to Covid_19 virus.

Anybody with a 5,10 draw or yearly ticket will get credit when lotto resumes. Thank you for your continued support.

COVID-19 ASSISTANCE

Due to Covid-19, some parishioners have to self isolate for various reasons or are afraid to go out.

The Club has a panel of volunteers if anyone needs help for these few weeks.

You can contact the organisers, Mary Jo at 086 3779702 if you need any assistance.

GYM AND FIELD

The gym is presently closed and the fields will be closed for seeding and fertilising this week. The Club regret any inconvenience caused and hopefully everything will be back to normal in a short time.

RATHMORE | GNEEVEGUILLA NEWS

Written by: Michael O'Mahony | Email: momahony14@gmail.com

COVID 19

Some more advice and information to #StayAtHomeAndStaySafe in Kerry during Covid19. Free Phone 1800 807 009 if you need non emergency help with food, fuel and medicine. You can TEXT 'Support' to 50555 and you can email covidsupport@kerryco.ie.

SYMPATHY: To families Laura O'Regan, Meenagishaugh, and her family, Dermot, Fred, Anthony, Adrian & Michael & extended family on the death of her loving husband Mikie Joe O'Regan, whose funeral took place in Gneeveguilla. Sincere thanks to Laura & family for adhering strictly to the HSE guidelines for the funeral. Later we will have a Mass in celebration of Mikie Joe's life. To Aileen Cronin, Mounthorgan, on the death of her mother Nora O'Sullivan, Killorglin. Timothy Macarthy Cahir Tipperary & Rathmore sympathy to the family of the late Micky Griffin, 52 Marian Place, Killarney, whose burial took place last week.

Micky's sister is Noreen Reen, Corran.

May Mikie Joe & Nora Timothy & Mickys may all rest in peace.

RATHMORE GAA CLUB STAYS SAFE

Due to the lockdown ban imposed by the government over the next few weeks, we are asking if anyone in our community is available to help or support others in our community/ parish with an errand ie, doing shopping, dropping fuel, collecting medicines please contact these numbers only

Bernie 087-2020143

Mary 087- 2939690.

IN THESE CHALLENGING AND ISOLATING TIMES FOR ANYONE WHO NEEDS HELP, SUPPORT OR EVEN A CHAT - CALL ST. VINCENT DEPAUL RATHMORE BRANCH ON 087 3462332

ALONE is providing a telephone support line, 7 days a week from 8am - 8pm, for all older people and their families to contact if they would like any advice, reassurance or additional support: 0818 222 024. This support line is also open to extremely medically vulnerable people.

Gneeveguilla Gaa are on standby to help the people of our community in these uncertain times. For people who are vulnerable or who may have to self isolate in our community who may need groceries, prescriptions or fuel collected we are here to help. Also if you have family in the Gneeveguilla area and want us to check in on them we have leaflets we can drop into letterbox with our contact numbers. You can contact us in confidence at Stephen Crowley 087 0667786, Mike O Keffe 087 1261046, Pat Barry 086 7925715 Tom Carmody 087 2733598. Also number for St Vincent de Paul in Killarney is 064 6637467

TUBRID HOLY WELL

Due to Government Restrictions introduced because of the Coronavirus COVID-19 Tubrid Holy Well will remain closed until further notice. Due to the restrictions put in place Rathmore church all churches in parishes will remain closed until further notice

RATHMORE PARISH MASS on streamlined mass

Join us from St. Joseph's Church Rathmore for daily Mass through our Parish

Television Streaming Service

Streamed Mass Schedule for the coming week

Saturday 7.00pm

Sunday 11.00am

Monday 7.00pm

Tuesday 7.00pm

Wednesday 7.00pm

Thursday 7.00pm

Friday 7.00pm

Saturday 2m 7.00pm

Sunday 11.00am

How do I access this St Joseph's church live webcam stream MCN Media Live streaming Rathmore www.mcnmedia.tv

/television-streamed-mass-schedule-from-rathmore-church for further information www Rathmore parish. ie

THE RATHMORE SOCIAL ACTION GROUP will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time. To avail of this service, please call Norah / Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can.

RATHMORE COMMUNITY COUNCIL held (video) meeting last weekend to coordinate the various groups in Rathmore to ensure we have a good local response to the Covid-19

NOTES

if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. before 6pm Sunday,

KILCUMMIN NEWS

Written by: John Moriarty

KILCUMMIN N.S. OPEN DAY

The Kilcummin N.S. Open Day for prospective Junior Infant pupils, due to be held in the school on Thursday, 2nd April 2020, is postponed, due to the extended school closure. If you know of any child who intends to start school in September 2020, please advise them to contact Kilcummin National School by email at kill43163@eircom.net. Enrolment application forms are available. Please watch out for updates on our Open Day.

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating

to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand. Radio Maria Ireland is an Irish-run Catholic Talk-Radio Station. Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies - all commercial free - Listen via TV on Saorview - Channel 210 and Freeview - Channel 826; Download our FREE APP - "RADIO MARIA IRELAND", streaming on www.radiomaria.ie or via PHONE - get live radio feed by telephoning +353 (0) 1 437 3277. Please join our growing faith family!

KILCUMMIN COMMUNITY ALERT

Kilcummin Community Alert are available to help the people of our community in these uncertain times. For people who are vulnerable or who may have to self isolate in our community, who may need groceries, prescriptions or fuel collected we are here to help. You can contact us in confidence at 0876270677. We are also asking people to check in on their elderly neighbours and be there for them. Any volunteers wishing to help out please contact 0876270677. Ní neart go cur le le chéile.



GOOD NEWS

A stray black lab mix, started hanging around Benavides Heights Elementary School in Eagle Pass, Texas about 7 years ago, when she was just a puppy. She would come to the school each day, play with the children during recess and accompany them to and from school. While the pup was friendly, it was clear she didn't have a home. No one knew where she spent her nights or weekends, but she would show up every school morning, ready to spend the day delighting her friends. At first, the school staff was concerned about a dog on school grounds. But eventually they, too, grew to love the happy, good-natured dog and started feeding and caring for her. One Day everything

changed for Debbie when she was hit by a car near the school. Her school friends sprang into action, staff member, Ronald Zawacki-Maldonado a school literary specialist rushed her to the veterinarian and, after several visits, it was clear Debbie would need specialised care. Mr. Zawacki-Maldonado decided he would cover the cost for her care, and give her a safe, permanent home with him. The accident had torn tissue on Debbie's legs and injured her spinal cord. Debbie spent weeks at the offices of the South Texas Veterinary Specialists in San Antonio, in treatment and physical therapy. Debbie's elementary school fans sent her get-well cards and Valentines to cheer her up while she was in treatment. Thanks to the quick action of her friends at Benavides Heights, her new owner's kindness, and the work of her veterinary team, Debbie made a full recovery and is safe and sound in her new home when she is not visiting her friends in the Elementary School under the watchful eyes of her new owner.

HOW TO IMPROVE ENERGY EFFICIENCY WHILE COOKING

I Minimize the area that needs to be heated. In other words, don't heat up the entire oven to cook a single piece of fish; Take advantage of having the oven on. Cook double amounts so that you have leftovers; it takes less energy to reheat than to cook. For instance If you are roasting fish or baking pasta, then I roast

vegetables alongside.

I Don't put a small pot on a large element, a 6" pan on an 8" electric burner wastes more than 40% of the heat produced by the burner. However, choose the smallest appropriate pan to do the job since it requires less energy to heat.

If possible, invest in high-quality cookware with sturdy bottoms. A pan with a warped bottom can use 50% more energy to boil water. An electric element is significantly less efficient if the pan does not have good contact with the element.

Glass and ceramic are more efficient in the oven than metal. Copper-bottomed pots also heat up faster. I keeping a stove and microwave clean can help with efficiency. When burners in the oven or cooker top fill up with food waste, this absorbs heat and reduces burner efficiency. If they're shiny, they reflect the heat back up to the pan. Microwaves work best when there are no food particles inside.

I Make sure previously frozen foods have defrosted fully and that meat has come to room temperature before cooking. This helps with even cooking and speeds up the process. If roasting vegetables, cut smaller to cook faster.

I Cut the heat early, especially if you use an electric cooker and oven. The residual heat will continue to cook the food. An oven will keep baking if you resist the urge to open the door.

STUDENTS SHINE AT ENTERPRISE AWARDS

The finals of the Kerry Student Enterprise Programme finals were due to take place this week and with government guidelines, they were held on social media.

The innovation, tremendous dedication and entrepreneurial flare of all the students who took part in the Kerry Student Enterprise Programme 2020 was outstanding this year.

SUMMARY OF WINNERS KERRY FINAL 2020

Junior Winner: Cast Away

Presentation Secondary School Castleisland

Waterproof Cast Cover. Congratulations to Emily Walsh, Colene O'Callaghan, Aine Broderick, Ella Fitzgerald, Charlie O'Keeffe who will represent Kerry in the national finals of Student Enterprise Awards.

Junior Runner Up: Fidget Fabric

Presentation Secondary School Milltown An Interactive Blanket for people suffering with dementia. Well done to Kristin Smit, Holly McEntee, Paddy Tangney.

Intermediate Winner: Sála Síos

Presentation Secondary School Castleisland

3D Printed Horse Stirrup Attachment. Congratulations to Katelyn Curtin who will represent Kerry in the national finals of Student Enterprise Awards.

Intermediate Runner Up: Gaelic Touch

Presentation Secondary School Castleisland

4 Quadrant Colour Coded Gaelic Football Boot Skin. Well done to Ciara Cronin, Lauren O'Connor, Megan Dennehy, Clodagh Coffey, Aine Murphy, Muireann Walsh.

Senior Winner: Approaching Coaching

Mercy Mounthawk, Tralee Sports Coaching Made Simple. Congratulations to Lara Flynn, Saoirse O'Donovan, Emily O'Brien, Yvonne Morrissey who will represent Kerry in



Junior Winner: Cast Away - Presentation Secondary School Castleisland - Waterproof Cast Cover Congratulations to Emily Walsh, Colene O'Callaghan, Aine Broderick, Ella Fitzgerald, Charlie O'Keeffe who will represent Kerry in the national finals of Student Enterprise Awards.

the national finals of Student Enterprise Awards.

Senior Runner Up: Climate Conquest

Castleisland Community College

Educational Board Game on Climate Change

Well done to Michael O'Shea.

My Entrepreneurial Journey (Junior Winner): Soil Sauna ISK Killorglin. Congratulations to Eimear Harrington whose entry will now represent Kerry in the national final of Student Enterprise Awards.

My Entrepreneurial Journey (Intermediate Winner): Anna's Awesome Gifts Pobal Scoil Sliabh Luachra. Congratulations to Anna Cashman whose entry will now represent Kerry in the national final of Student Enterprise Awards.

Creative Idea - Video Winner: Cycle Away CO2

Tarbert Comprehensive School Safer Cycling in rural Ireland - drivers alerted when cyclist ahead. Congratulations to Kieran Spaight whose entry will now

represent Kerry in the national final of Student Enterprise Awards.

OTHER AWARDS

Creative Idea - Best Video Award: 'Whale Farms' -

Causeway Comprehensive - Whale farms

Keith Flynn -Innovation Award: Wired_Led

St. Michael's College Listowel Led light strips around the L for Learner Drivers Seanie Stack, Emmet McAuliffe, Jared Tritschler, Jack Yeomans

Best Business Plan: Glúin & Glan

Presentation Secondary School, Castleisland

Padded Laundry Kneeler Lauren Butler, Maria Daly, Caoimhe Horgan.

Environmental Awareness Award: Crann Óg

Castleisland Community College, 6 lesson plans aimed at creating awareness of bio diversity Jack McGovern, Katie O'Connor, Michael Moynihan, Chelsey Lane, Konrad Kloskowski.

School Prize: Presentation Secondary School Castleisland

Educator of The Year: Pierce Dargan Presentation Secondary School Castleisland Duaiseanna Gaeilge Rí Na bhFocal Pobal Scoil Corca Dhuibhne, An Daingean

Irish Language Board Game For kids

Liam Ó Hógain, Finn Dáibhis, Patrick Saunders

Climate Conquest

Castleisland Community College

Educational Board Game on Climate Change (Option to play Irish language version) Michael O'Shea

Crann Óg Castleisland Community College

6 lesson plans aimed at creating awareness of bio diversity Jack McGovern, Katie O'Connor, Michael Moynihan, Chelsey Lane, Konrad Kloskowski

Congratulations to the all participants and winners from the mentors and the team at Kerry Local Enterprise Office.

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DANNY HEALY-RAE TD

I will continue working to help with any issue or problem people may have, either day to day problems or anything new related to these uncertain times.

EMAIL CONTACTS
danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com

Gardening with Killarney Outlook

by John O'Sullivan

FOCUS ON ALPINES

The vast majority of alpine plants are easy to grow in any reasonably well drained garden soil. alpenes are ideal plants for rockeries and gaps in stone walls and they will give you colour from early spring right through the summer. the most important thing when choosing your alpine plants is to make sure you find out the growth rates so that one alpine plant won't take over other alpine plants in the rockery. A good example of this would be an alpine called Cerastium (snow in summer) which is quite a quick growing alpine and spreads quickly in a short space of time. it can tend to take over small rockeries. having said that it is a beautiful plant with silver foliage and is covered, as the name suggests, in beautiful white flowers. It can be pruned back to keep it under control. There are also lots of alpenes which are compact and can make perfect mounds and shapes. alpenes are also great fillers for stone walls. an ideal plant for this would be a Campanula or aubrieta. the aubrieta is a pink flowering plant that you see growing out of a lot of grutts. alpenes can also be used in containers such as in troughs or window boxes but try to choose ones that are evergreen so that you will have some colour all year round.

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€700 RAISED for Motor Neurone

The proceeds of a number of ceilis which were held during 2019 in aid of the Kerry Friends of Motor Neurone were presented to Christy Lehane from Elizabeth and Peggy Kelleher on behalf of Castleisland T. J. Nelligan

"We thank T.J. for selecting our charity again this year providing much needed funding for the provision of specialist medical equipment for Motor Neurone sufferers and to pay the wages of Motor Neurone specialist nurses all this with the aim of enabling our MND sufferers to spend their end of life in the comfort of their own homes", Christy Lehane from the Kerry Friends of Motor Neuron told Killarney Outlook. Kerry has the highest number of Motor Neurone Disease patients per capita in the country. While fundraising does not get any easier we are very grateful to people like T.J. Nelligan to come to our assistance so many times.



Elizabeth and Peggy Kelleher present Christy Lehane with a cheque for €700.

'WE'RE ALWAYS OPEN' - ACCESS YOUR LIBRARY FROM YOUR LIVING ROOM

During the current public health restrictions, numerous Kerry Library services can now be accessed from your living room. Kerry Library Service is reminding everyone that you don't need to set foot in your local branch library to access a wide range of free library service. While all library buildings are currently closed, Kerry Library members can still access a wide range of these online resources. You can join the library online and get eBooks, audiobooks, online magazines and newspapers for free straight away, or even take language and other courses. All are available free of charge through the website www.kerrylibrary.ie. A range of materials can be accessed online or downloaded 24/7 to a PC, tablet, iPad, or smartphone.

E-Books and e-audio, including books for adults and children, with both fiction and nonfiction titles, are available for download via the Borrow Box app or from a link on the library website. Extra titles have been added to Borrowbox this week to deal with the increase in demand. If you are not a member, that isn't a problem! You can now sign up online and use a temporary barcode to access the online resources without having to contact your local library. Just log on to the www.librariesireland.ie website. If you need help accessing any of the services, an Online Resources Help page is available on the library website and if you need your library card renewed or a PIN reset please email onlinequeries@kerrylibrary.ie.

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THE DIOCESE OF KERRY SEND A MESSAGE OF ENCOURAGEMENT TO ALL

We are in week three of a most difficult journey. In all our parishes we journey one day at a time, supporting and encouraging one another. This journey will end, our ordinary lives will return. We trust in God's presence, and his love and care for us. "Our help is in the name of the Lord, who made heaven and earth".

- It is lovely to hear stories of children of all ages in their homes, stories of good deeds and beautiful moments.
- It is lovely the quality of the services the HSE and the County Council and so many others are providing in our communities.

- It is lovely to hear how neighbour is helping neighbour.

- It is lovely to see essential workers everywhere attend to their work with a smile.

We have gratitude in our hearts for the goodness of so many all around us, those in health care, in the public service, in the community, in the neighbourhood and in our homes.

Prayer keeps us close to God We cannot come together to pray, but we can unite in prayer through Jesus. You can join in the Mass from home on parish radio, on internet streaming, on Radio Kerry, on RTE News Now daily or on Radio Maria. You can join in offering the bread and wine, join in the Holy Sacrifice and be part of that Mass. I invite you to take time each day to talk to God about your hopes and fears. And let us pray for each other.

Holy Week and Easter Next week, Holy Week, we recall and honour another journey of two thousand years ago, the journey of Jesus to Jerusalem and to his death and Resurrection. It is a journey that assures us of the victory of good over evil, of love over selfishness and of life over death. It is a journey that reminds us that Christ our God is Risen and with us always. He is our strength and courage.

Sunday is Palm Sunday Cut a piece of palm for your own home or choose a piece of whatever evergreen tree is in your garden. Then on Sunday, in all the Masses celebrated without a congregation in the diocese, the priests will pray a blessing on the piece of palm in every home. The original palm signalled the ordinary people honouring Jesus as he entered Jerusalem. Let your palm express your faith and hope in God amid the Covid-19 pandemic.

The words of Jesus, "Come to me all you who labour and are heavy burdened and I will give you rest". Let us pray for each other.

Our Lady help of the sick, pray for us.

+ Ray Diocese of Kerry 31 March 2020



SWCC to start telephone counselling

SouthWest Counselling Centre, Killarney has been providing counselling support to the community for the past 25 years. In line with current HSE and National Public Health Emergency Team best practice in dealing with the COVID 19 virus, we are unable to provide face to face counselling appointments. However, in order to continue to support our community we are now moving to telephone counselling to clients and employees who need counselling support. We are currently developing this telephone service along with our online Mindful Parenting Workshops which will be provided to adults and parents.

Please contact SouthWest Counselling Centre on 064 6636416 to make a referral, self-refer or for further information. One to one telephone counselling appointments will then be arranged with an experienced counsellor in confidence. Keeping connected and reaching out by telephone are so important at this time of crisis in our community. We wish you well and look forward to reconnecting in the near future.



A Word of Victory

Welcome back dear reader last week we spoke of the blood of Jesus our Passover Lamb. As Passover approaches next week, the victory that God gave His people the Israelites is more relevant than ever. We bless our Jewish friends and rejoice with them during this celebration. Read the account of the first Passover in Exodus chapter 12 and know this friend – God always responds to His people's cry for help and no enemy – no virus, no sickness, no threat of war, lack or failure will overcome those who put their trust in our loving heavenly Father because He is the One Who fights for us and delivers us (2 Chronicles 20:1-30; Psalm 62). Practically, how do we plead the blood of the Lamb of God - His Son Jesus - against the spirit of death and fear currently raging? Look again at 2nd Chronicles 7:14; 'If My people ...humble themselves...pray...repent of sin and seek My face' - Google that verse if you don't know it. Firstly we need to HUMBLE ourselves, that is bow before God's holiness. 2. PRAY - talk to Him as your closest friend. Pray aloud... "Father God I humble myself before You. Please reveal Your love and mercy to me." 3. GIVE Him your life and repent of your sins. "Father, You know all about me and my past – I repent of all my sins and ask Your forgiveness. I thank You for sending Jesus, Your Son to die on the Cross and raising Him from the dead for me to be saved, because I could never save myself. Lord Jesus, I ask You to cleanse me of my sins with Your perfect blood, and I surrender my whole life to You. Come live inside of me Lord Jesus, and fill me with Your Holy Spirit. Thank You for paying the price for my sins by becoming the Ransom that set me free. Jesus You are my Deliverer and I trust in You." 4. SEEK His face – many people believe in Jesus in their hearts but they have never known real relationship with Him. Relationship is different from religious ritual. As you study the authority of God's Word (Remember Jesus is 'The Word of God' – John 1:1-14), you will grow in revelation knowledge of Who God is and how he loves you. You can then plead the Blood of Jesus over your life and family from your place of authority as God's child, and no evil, or no plague can come near you (Psalm 91; Revelation 12:10-11). Pray In Jesus name, Amen.

See more at wordofvictory.net  @WOVKillarney 

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Father God I come to you today, Just as I am, I ask you to forgive me for my sins and I ask you Jesus come into my heart, I make you the Lord of my life, Fill me with your Holy Spirit, I choose to follow you all the days of my life, in Jesus name I pray.

Facebook on New Beginnings Killarney 

ED15

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

B.L.

STATEMENT FROM UNIVERSITY HOSPITAL KERRY REGARDING COVID-19

University Hospital Kerry (UHK) continues to work at pace to bring the hospital to a state of readiness to deal with the COVID-19 crisis. Similarly with each hospital across the country and indeed across Europe, the situation is very dynamic and is changing by the hour. Staff at UHK are determined to bring about the optimum state of preparedness by taking the proactive necessary steps in accordance with guidance from the South / South West Hospital Group, the Health Protection Surveillance Centre, the Department of Health and the HSE.

By way of update on same:

Emergency Department Activity

The Emergency Department at UHK is continuing to accept all Emergencies - There will be a clear division pathway between normal emergency and respiratory (Potential COVID-19) emergency patients.

COVID Patient Flow Hub

A patient flow hub room has been established within UHK and is manned 24 hours a day - This is effectively the base for management of all COVID-19 inpatients at the hospital.

Staffing

Many medical, nursing and therapy staff from across the hospital are being redeployed and upskilled to assist their colleagues in dealing with COVID-19 patients. All other cohorts of staff are being deployed as required to meet daily changing demands e.g. cleaning, HCAs, portering, logistics, clerical, laboratory, radiology.

Bed Capacity

UHK is working closely with our Community partners to ensure the appropriate and timely discharging of vulnerable patients. The recent announcement regarding private hospitals is very much welcome, and here in Kerry, the additional bed capacity of the Bon Secours Hospital Tralee will greatly assist in dealing with this crisis. Within UHK, works are nearing

completion of an additional 30 bed ward which will also boost our capacity to manage COVID-19 patients.

PPE (Personal Protective Equipment) and Medical Equipment

University Hospital Kerry is working closely with the South / South West Hospital Group and national logistics to ensure that all our staff have appropriate PPE to care for COVID-19 patients.

Outpatient Clinics

The evolving COVID-19 issues have required cancellation of face to face out-patient clinics in UHK. Urgent face to face outpatient clinics are continuing in UHK, though very limited and based on urgent need only.

To allow standard UHK outpatient clinics to continue and avoid the cancellation of clinics, UHK have commenced 'Virtual Clinics', which means a consultant can call a patient (via telephone) to review his or her health care needs. The purpose of the 'Virtual Clinics' is to continue the care for UHK patients during this adverse event and as far as feasible to meet patients' health care needs. Following the telephone consultation, the telephone contact is tracked with a written note.

With National guidance and direction, the urgent high priority UHK Endoscopy procedures were suspended on Monday the 30th of March 2020. Much discussion and engagement with UHK and private hospital services is taking place with senior management to set out a workable solution to continue delivery of urgent high priority Endoscopy procedures.

In relation to Maternity services, booking clinics are now taking place at the Tralee Institute of Technology. Patients are being contacted with regard to the change in location. Online videography has been prepared for Maternity Parent Education and will be shared on UHK's social media this week. Regarding visiting restrictions, please note:

Women admitted for induction of labour or in

labour can have one nominated companion. This companion can only join the woman when she is in labour or called for caesarean section

· For all other inpatients, including Antenatal inpatients and Postnatal inpatients, no visitors are allowed

· For patients in the Neonatal unit, mothers only are allowed

· For Outpatients, only the women attending the appointment are allowed - No partners, children or companions are allowed

Donations

UHK has been completely humbled by the outpouring of support from our community, with generous offers of goods and services of all descriptions. For donations of medical supplies including PPE, our drop off location is Unit 1 B, Clash Industrial Estate, Mon-Friday 9.30-12.30 and 14.30-16.30hrs. From there, our logistics team will evaluate same and if suitable, UHK will utilise as part of our PPE replenishment daily. UHK will reply to all donors, suitable or otherwise. All products should be in their original packaging - unopened and unexpired. The medical equipment we're grateful to accept at this time includes:

FFP2 Masks Medical Grade

Hand sanitizer with at least 60% alcohol
Surgical grade ear loop facemasks or tieback face masks

Masks with face shields

Goggles

Isolation Gowns

Surgical gloves

Finally, University Hospital Kerry is greatly inspired also by the response of retired / ex staff who have joined with us working in areas such as contact tracing and occupational health. Our utmost gratitude is extended to these and the many volunteers who are assisting our efforts.



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#StaySafe #StayPositive

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