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KILLARNEY Outlook

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PICTURE MARIE CARROLL-O'SULLIVAN

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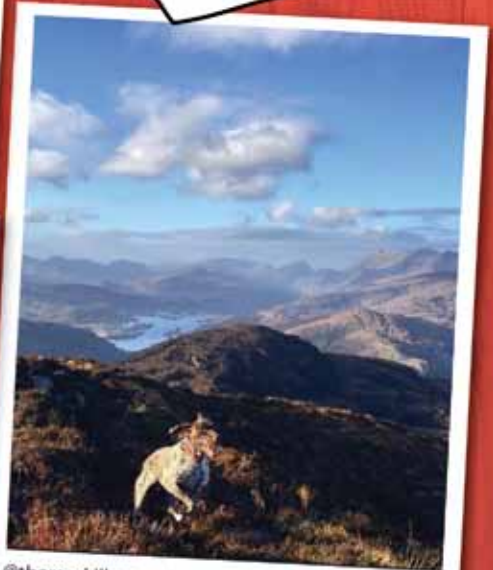
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I



It may be the beginning of Spring but Wintery weather is still biting.... Killarney Chamber held their annual business meeting, The Great Southern Hotel was officially reopened by the Scally family and its time for the annual Chernobyl Coffee Morning. Kerry were victorious over Donegal in the first round of the Allianz Football League, a local teacher is planning a 1000 cycle and 300 took to the roads around the Killarney National Park in aid of the Micro Track. Cathaoirleach of the Killarney Municipal Area, Niall Kelleher has honoured clubs in the area, local children have tested their knowledge and the countdown is on for the Strictly Dancers. Lots for you to enjoy in this week's Killarney Outlook - Out first every Friday!

Aisling Crosbie
Editor

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The Scally Family officially reopen the Great Southern, Killarney.



Cathaoirleach of the Killarney Municipal Area, Niall Kelleher honours clubs in the area.

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PICTURED AT KILLARNEY AVENUE HOTEL FOR THE KILLARNEY CHAMBER OPENING BUSINESS EVENING WERE L-R EMMA PHILLIPS, ALICE THOMPSON, CLLR. NIALL KELLEHER, CLAIRE SCALLY & COLM COOPER. PICTURE MARIE CARROLL-O'SULLIVAN

Killarney Chamber of Commerce move to tackle challenges



PICTURED AT THE KILLARNEY AVENUE HOTEL FOR THE KILLARNEY CHAMBER OF TOURISM & COMMERCE OPEN BUSINESS EVENING WERE L-R PAUL SHERRY, NIAMH O'SHEA, PRESIDENT PAUL O'NEILL & AISLING CROSBIE. PICTURE MARIE CARROLL-O'SULLIVAN

Representatives from from all business sectors in Killarney gathered in the Killarney Avenue Hotel on Monday night last for the Killarney Chamber of Commerce and Tourism annual business meeting.

Those present heard that low off-season hotel occupancy is a challenge for its members but one that can transformed into an opportunity if the right solutions are put in place.

Addressing members at the final phase of a consultation process for the Killarney Tourism Economic Impact Review (TEIR 1) report, which is being compiled by W2 Consulting, Chamber President Paul O'Neill said that the one of the most surprising aspects of the initial findings was that Killarney trails the national and even regional average in terms of off-season occupancy.

Over 100 members attended the event in the Killarney Avenue Hotel, which finished members giving their recommendations for growing the economy through tourism and industry generally in Kerry.

"We will be publishing full details of the report in the very near future but suffice to say that our event was a very positive engagement. The key findings were relayed to members and this led to a very positive discussion around how we can take Kerry forward. We've not had a report like this done on Killarney before and that was very much evidenced by the energy in the room", Paul O'Neill said.

"With regard to the report itself, while we knew we had off-season challenges, we didn't quite realise that occupancy rates compared in

the way they do with national and regional averages.

"Now that we know where we are, there's only one thing for us to do but treat this an opportunity. Clearly the status quo isn't working and we've already set about addressing it with innovative ways of bringing people in. These include festivals such as the Christmas Festival just gone and the recently announced Killarney Mountain Festival, which takes place on 9th, 10th and 11th of March", he added.

"But there's also an opportunity here for us to challenge central government and various agencies involved in tourism and industrial promotion to look again at Killarney and match our determination to ensure that the economy of this town and county grows in the shoulder periods of the year."

Conor Hennigan, Development Manager with Killarney Chamber said that there are many assuring aspects from the findings, not least that the report had confirmed tourists' satisfaction rating with the Killarney experience.

"Ultimately, the research conducted for this report, including interviews with tourists, delivered huge approval ratings in terms of visitor satisfaction levels. So we clearly have the product, the service and the capacity. The issues we have are effectively seasonality and regionality and our meeting tonight was about getting the opinion of our members as to what the solutions may. We got some very interesting insights and they will now become part of the report."



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Kerry Hospice benefits at vintage afternoon tea



HOTEL OWNER JOE SCALLY PHOTOGRAPHED WITH MEMBERS OF HIS TEAM AT THE GREAT SOUTHERN'S AFTERNOON TEA PARTY IN AID OF THE KERRY HOSPICE. FORMERLY KNOWN AS THE MALTON, THE HOTEL HAS RETURNED TO IT'S ORIGINAL NAME UNDER THE SAME MANAGEMENT, THE HAYFIELD MANOR COLLECTION OWNED BY THE SCALLY FAMILY. PHOTOGRAPH BY SALLY MACMONAGLE.



MAURA SULLIVAN, KERRY HOSPICE, JOE SCALLY, THE GREAT SOUTHERN, MARY SHANNHON, KERRY HOSPICE, SINEAD MARRON, GENERAL MANAGER OF THE GREAT SOUTHERN AND MAIREAD FERNANE KERRY HOSPICE, PHOTOGRAPHED ON SATURDAY AT THE GREAT SOUTHERN'S AFTERNOON TEA PARTY IN AID OF KERRY HOSPICE. FORMERLY KNOWN AS THE MALTON, THE HOTEL HAS RETURNED TO IT'S ORIGINAL NAME UNDER THE SAME MANAGEMENT, THE HAYFIELD MANOR COLLECTION OWNED BY THE SCALLY FAMILY. PHOTOGRAPH BY SALLY MACMONAGLE.

The Great Southern was officially returned to the town of Killarney on Friday last when the Scally Family, proprietors of the iconic hotel celebrated the reopening of the hotel. To coincide with the occasion a Charity Vintage Afternoon party took place the following day which saw 200 guests arrive in their finery to be a part of this historic day. All proceeds from the event were donated to Kerry Hospice Foundation.

This special Vintage Afternoon Tea relived the glory days of the Victorian era when the Great Southern first opened as one of Ireland's leading hotels. The event began at 2pm with classical entertainment followed

by a charity auction with Kerry Radio's Brendan Fuller as MC. Guests enjoyed an array of dainty delights including a selection of finger sandwiches, warm scones and an assortment of delicious pastries and cakes served under the great gilded dome of the Victorian Garden Room Restaurant. Toasts were then made from CEO of the Hayfield Family Collection, Ettienne Van Vrede who then presented a cheque to Pat Doolan of the Kerry Hospice Foundation and thereafter guests enjoyed a glass of champagne in the Grand Foyer.

Speaking on the day, Ettienne Van Vrede praised the outstanding work undertaken

by Kerry Hospice and around the reopening of the hotel under its new name he stated:

"As a family and all the team team, we are very proud celebrate our reopening today under the iconic banner of Great Southern Killarney. Following the past 2 years of refurbishments, we look forward to a new chapter in this grand hotel's history and to welcoming back old friends and new of the Great Southern." All proceeds from the event were donated to the Kerry Hospice Foundation and the sum raised was in excess of €10,000.



Killarney company scoops National Award from The Outsider



KEN COSTIGAN FROM GREAT OUTDOORS DUBLIN PRESENTING THE BEST OUTDOOR ADVENTURE EVENT AWARD TO KELLY CRICHTON AND OLIVER KIRWAN FROM QUEST GLENDALOUGH AT THE OUTSIDER MAGAZINE AWARDS WHICH RECOGNISE PEOPLE WHO HAVE DONE EXTRAORDINARY THINGS ON THE OUTDOOR ADVENTURE SCENE. PHOTO KIERAN HARNETT

Elite Event Management based on Tralee Road in Killarney is celebrating having won the 'Best Outdoor/Adventure Event of 2017' at the Outsider Awards for their event Quest Glendalough. Representatives of Elite Events were in Dublin last night at the Sugar Club to receive their award.

Quest Glendalough took place on 8th of April and more than 1700 participants took part. Elite Events saw off stiff competition from 26 other shortlisted events to claim the prize.

Oliver Kirwan, Race Director was presented the prize by Ken Costigan of sponsors, The Great Outdoors. Oliver said, "We are really delighted to win this award. We work hard all year delivering world-class events and Quest Glendalough really is an amazing day out. We're very fortunate to have lots of support locally here in Killarney but also

on the ground where we run our events. We're looking forward to bringing lots more enjoyable events to our participants in the year ahead. Thanks to everyone who voted for us to win."

At the awards Quest Glendalough was praised for topping the poll of events for best outdoor/adventure event of 2017. It was hailed as 'a firm favourite on Ireland's adventure calendar'. The Outsider Awards recognise the very best in the outdoor and adventure scene in Ireland. Quest Glendalough is an adventure race which involves racers running and cycling through the Wicklow Mountains National Park and Glendalough Valley as well as kayaking across the spectacular Upper Lake and finishing the race in the shadows of the monastic round tower which epitomises the Glendalough area.



Health Matters...

With Dr. Lynda O'Callaghan

The Killarney Medical Centre

ABDOMINAL AORTIC ANEURYSMS (AAA)

Definition

An aneurysm is a permanent and irreversible dilatation of a blood vessel by at least 50% of the normal diameter. It is caused by weakness of the wall of the aorta. The aorta is the large blood vessel arising from the heart travelling down the centre of your body that supplies blood to your organs. The aorta is usually 2cm wide. If it has expanded above 3cm you have an aneurysm. The dilated portion of the aorta becomes weaker and is at risk of rupture. Rupture is an acute life threatening event which many do not survive.

Risk factors

Male sex, smoking, blood pressure and increasing age all increase your risk. Family history plays a big role - about 15% of first degree relatives of a patient with an AAA will go on to develop one themselves. COPD (Smoking related lung disease) is another risk factor due to loss of elasticity of tissues.

Symptoms

Most have no symptoms at all and an AAA may only be found by accident. Ultrasound can be performed for males over 65 or if someone has a family history to check for one.

Symptoms can include back pain due to pressure on other organs or a cold pale leg where blood flow to the limbs is affected.

Management

Uncomplicated aneurysms of <5cm are generally monitored annually, or more frequently if close to 5cm. Larger ones of 5.5cm or greater shall be considered for surgery. This can be done as an 'open' operation or more recently endovascularly which allows an easier recovery.

Strict blood pressure control, smoking cessation and possibly some blood thinners may be advised.

Prognosis

Elective repair has a mortality rate of 2.4% approximately but the mortality rate per year without surgery for an AAA >5cm can be up to 80% due to rupture.

25% of aneurysms greater than 6cm will rupture every year.



Dr. Lynda O'Callaghan
MB BCH BAO LRCP&SI MICGP
Dip. in Women's Health, DCP, DCH

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Great Southern Killarney - Scallly family reopens iconic hotel

Following a major refurbishment, the original name of the Great Southern hotel in Killarney has been restored after a period when it was known as The Malton hotel. The Great Southern is part of the Hayfield Family Collection that also include the Killarney Royal and Hayfield Manor in Cork City.

Over the past two years, the family-run company has invested in a major restoration programme. The Grand Foyer has been restored to the original Victorian design, the public areas have been redecorated in classical style, an extensive bedroom refurbishment programme has been undertaken and the facilities surrounding the Grand Ballroom have been upgraded.

"It is wonderful that we can bring the iconic Great Southern brand back to this beautiful property. Over the past two years we have carefully upgraded the hotel to reflect its heritage, grandeur and position within the town. We look forward to celebrating the next chapter of this great story",

Ettienne Van Vrede, CEO of the Hayfield Family Collection told the Killarney Outlook.

Built in 1854 by the Great



hotel to be owned by a railway company in either Ireland or Great Britain. It was for many years one of the best-known hotels in the country famed for its prized location next to the town's railway station.



TOP: HISTORY IS RESTORED AT THE GREAT SOUTHERN HOTEL IN KILLARNEY WHERE THE SCALLY FAMILY ARE CELEBRATING THE HOTEL RETURNING TO ITS FAMOUSLY HISTORIC TITLE, WITH A NEW REFURBISHMENT THIS SEASON. PICTURED LEFT TO RIGHT: ANNE MAIRE SCALLY, ETTIENNE VAN VREDE, MARGARET SCALLY, JOE SCALLY, MARK SCALLY, BRIAN SCALLY, CLAIRE SCALLY. FRONT ROW, ANNABELLE VAN VREDE, MARIECLAIRE VAN VREDE, ALEX SCALLY AND SAM SCALLY. PHOTOGRAPH BY SALLY MACMONAGLE.

RIGHT: JOE SCALLY, OWNER OF THE GREAT SOUTHERN KILLARNEY WITH HIS GRANDDAUGHTERS (L-R) MARIECLAIRE (6 YRS) AND ANNABELLE VAN VREDE (4YRS) WITH AN ORIGINAL GRANDFATHER CLOCK DATING BACK TO THE OPENING OF THE GRAND-DAME-STYLE HOTEL IN 1854. PHOTOGRAPH BY SALLY MACMONAGLE.

Chernobyl group hold annual Coffee morning



TIME FOR TEA... BETTY CROSBIE, MARY O'CONNOR AND JOAN BUCKLEY - ALL SET FOR THE ANNUAL FRIENDS OF THE CHILDREN OF CHERNOBYL KILLARNEY BRANCH COFFEE MORNING. PICTURE: MARIE CARROLL O'SULLIVAN.

The Killarney branch of Friends of the Children of Chernobyl will have their annual coffee morning in the Killarney Golf & Fishing Club this coming Thursday 8th February from 10.30am-12.30pm.

Killarney is involved with 2 schools in the Pinsk area, Pleshehitsky and Lastitsk, which is in the Brest region of Belarus. These are both country schools with approximately 200 children in Lastitsk and approximately 400 children in Pleshehitsky. Both schools are about 20 miles from the Ukraine borders and 45 miles away from the Chernobyl disaster area. All children from these schools now go to camps three times a year with the funds raised in Killarney. At the camps

the children have three meals a day, are medically assessed and enjoy games and sports.

All funds raised in the Killarney area are used to improve conditions in schools, furniture, computer equipment, heated and sanitary facilities. Funds are also used to look after over 60 people with special needs in the area. This helps them with their personal and medical needs. All of these people, many of whom suffer with serious to profound physical and mental disabilities live at home with extended families under poor conditions. Your support for this cause will be greatly appreciated.



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BRIAN O'SULLIVAN WITH HIS DOG RICO AFTER REGISTERING FOR THE MICRO TRACK FUNDRAISING WALK/RUN WITH LINDA RUSSELL (CENTRE) AND ANTONETTE (RIGHT) AT THE NATIONAL PARK ON SUNDAY. PICTURE MARIE CARROLL-O'SULLIVAN



LINDA O'DOHERTY (FRONT) PICTURED WITH (BACK TO FRONT L-R) MARIE LEAHY, GENE COURTNEY & BRÍD STACK, AT THE DEMESNE REGISTERING WALKERS & RUNNERS FOR THE KILLARNEY MICRO TRACK FUNDRAISER. PICTURE MARIE CARROLL-O'SULLIVAN

They came, they ran, they walked and they rolled....

The Killarney microtrack in conjunction with Killarney Valley AC, held their 5k fundraiser event - run,walk'nroll, in the Killarney National Park, Knockreer) yesterday.

The event was deemed a fantastic event,where in excess of 300 turned out to support the event and it's worthy cause. As the pathway around the lake shore was flooded, plan B was brought into action a couple of days beforehand.

The route was an out and back course, starting next to the playground and finishing next to the playground via the Fossa way.The very well marshalled event allowed,the lead runners good times on the flat route and an enjoyable experience for all, - many of whom never have took part in an event before.James Doran of an Riocht athletic club won the event in a time of 16m28secs and was delighted to race and support a worthy

cause also! "It was great to see athletes of great ability come and prioritise an event like this, that aims to do so much for the development of participation in youth,it is a great encouragement to the committee,as they put so much of their time and energy in pursuit of their goals", Jerry Griffin, one of the organisers of the event told the Killarney Outlook.

There was also some notable performers, Noreen Buckley of Killarney Valley AC won the female race, Daragh Fleming of St. Brendan's College and Killarney Valley AC won the male student race.

Padraig Leane and his son Jack took the pushchair race in a good time. A great cheer was awarded to winner Niamh Cronin (Kerry stars)from Ballydowney, daughter of Bernie and Denis Cronin who made light of the course running with her brother Tom.Special mention must go to the female student section where Catherine Ryan and Ali

o'Donoghue both of Killarney Valley AC crossed the line together,raising arms together in good sport and neither willing to take first prize. The judges opted to award first place to Catherine and second to sporting Ali.

"The atmosphere at the event was tremendous as was the weather and the the Killarney microtrack group made a nice sum of money - all of which will go towards the project and appreciated some extra donations from persons who dropped in to contribute, it is much appreciated", Jerry added. With community spirit to the fore and visitors enjoying beautiful Killarney on this magnificent setting. This indeed was a great showcase for Killarney

The results:

Senior men

- 1.James Doran an Riocht ac
2. Arthur Fitzgerald Farranfore Maine Valley AC
3. Tim Long

Senior female

- 1.Noreen Buckley Killarney valley ac

2. Ann Finn

3.Nollag Healy Killarney Valley ac Male student

1.Daragh Fleming St. Brendan's College and Killarney valley ac

2.Ethan O'Neill St. Brendan's College and Muckcross rowing club

3.Oran O'Donoghue St. Brendan's college

Pushchair

Padraig Leane and his son Jack of Killarney

Person of the event

Niamh Cronin Ballydowney Killarney

The group would like to thank the following:

Killarney National Park

Gardai

Volunteers from Killarney Valley AC

Volunteers from the Killarney microtrack

Order of Malta

(MC)Ivan

A Time to party(finish line)

Gneeveguilla ac for the timing clock

And of course the participants.

Launch of the Gneeveguilla A.C. 5K series

It's that time again for the annual Gneeveguilla A.C. 5K winter series. These very popular road races are held around this time each year and are now celebrating some 25 years .They attract runners from Kerry Cork , Limerick ,and as far away as Offaly & Dublin . These races are very enjoyable for both the beginner and experienced runner with a

nice flat route starting around Deenagh Lodge, leading to Ross Castle where the runners swing around and return back to the starting point at Deenagh Lodge.

The dates for the races are as follows, 3rd, 10th, 17th and 24th of February. The races start at 11am sharp and on day four there is tea and refreshments in the old Monastery for all those who

participated plus many prizes across many categories. The list of prizes is quite extensive with both women & men catered for in the following categories .Junior & senior categories such as, U12, U14, U16, U18, & U20. Over 35, 40, 45, 50, 55, 60, 65, & Over 70s. We will have a novice section and a couch to 5k section this year. The races are timed

by Brid Stack who never makes a mistake. Admission is €7 per race or €25 for the four races. For further information ring Tom Joe O'Donoghue 087 9339087 or 064 7756309, Cynthia 086 0818606, Nora 087 7684595, Sheila 086 8136523 or Bríd 087 2650720.

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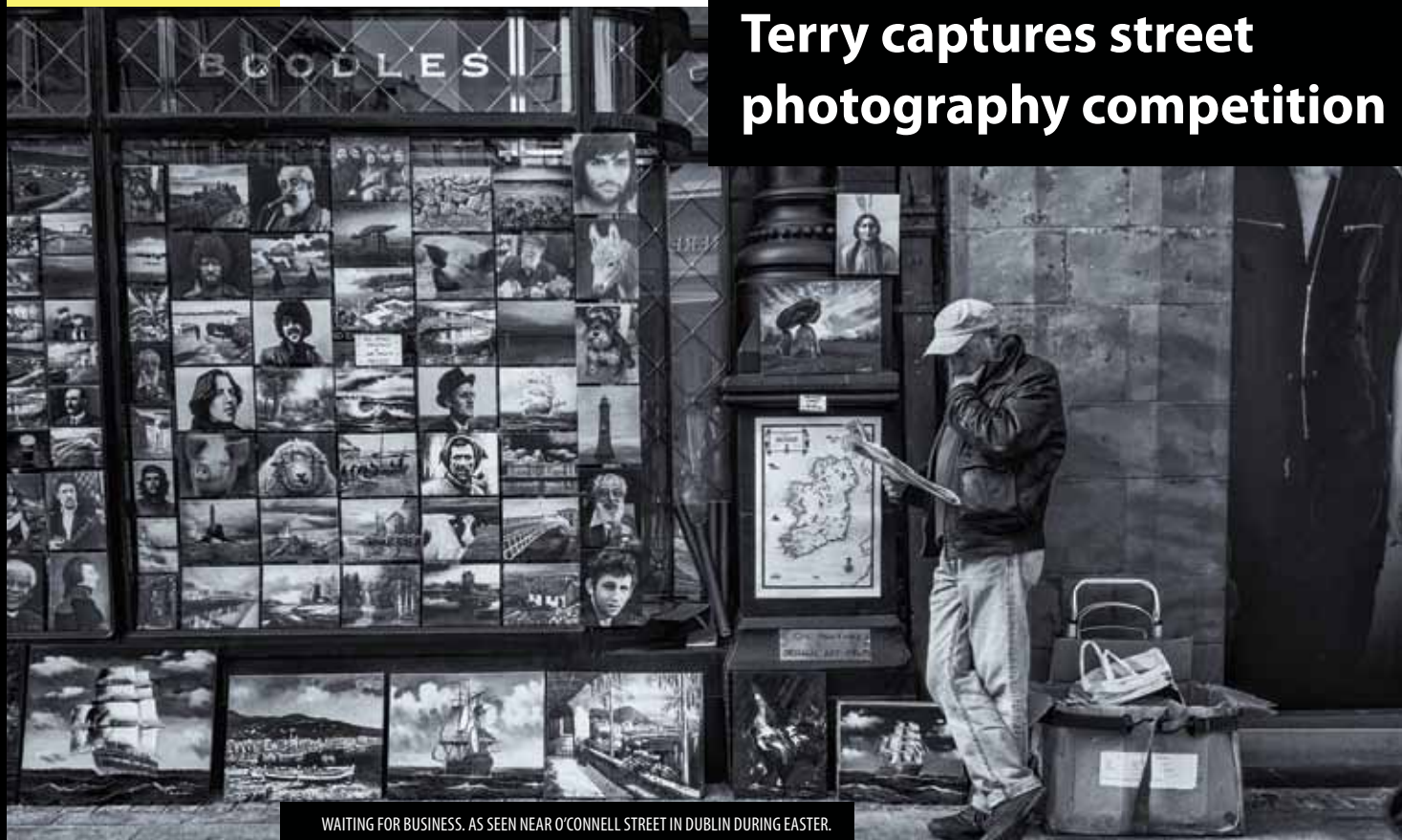
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Terry captures street photography competition

Killarney Camera Club member Terry MacSweeney has won the club's Street Photography Competition. His "Original Art" image took first place in the Unrestricted Category in the club's first competition of the year which was themed Street Photography. Congrats also to Keith Johnson on his winning photo in the

Novice category. The results were:
Unrestricted Category:

1. 19- Terry MacSweeney Original Art 106pts
2. 20 Keith Johnson Young Lady in a Hurry 103 pts
3. 9 John Keane Mobile addiction 99 pts

The Novice category results were:

1. 20 Keith Johnson Young Lady in a Hurry 103 pts
 - 2: 8 Sheila Foley Wet weather 99 pts
 - 3: 22 Anthony Kelleher Cork Painter 97 pts
- You can view the full gallery of images on our webpage.

Art and wine event raised funds for local causes



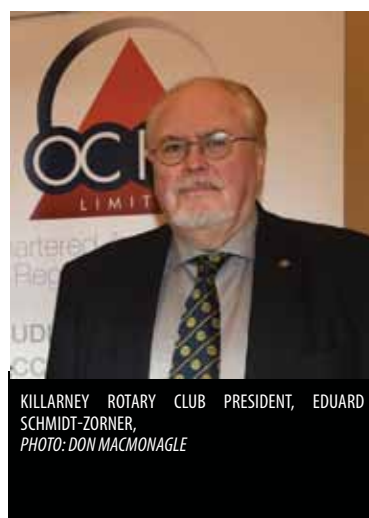
A number of charities, schools and community organisations have gained financially from an annual Evening of Wine and Art hosted by Killarney Rotary Club. The event was held in the recently rebranded Great Southern Hotel, Killarney Hotel, in November, with several artists and craft makers showcasing and selling their goods with a generous percentage of sales going to the nominated causes. Cheques are being presented to the beneficiaries at a Rotary Club luncheon in the Great Southern Hotel this Wednesday (2.00pm). Coolick National School, Killarney Celtic's Football for All, Gaelscoil Faithleann, St John of God Kerry branch and Tiernaboul National

School were the chosen causes this year.

The Irish Pilgrimage Trust received proceeds from the bumper raffle and the Kerry Stars Special Olympics Club received the proceeds from the cloakroom collection at the Wine and Art event.

Killarney Hospice, meanwhile, attended the event and sold their Christmas cards and proceeds from calendars sold on the night went to the SouthWest Counselling Centre. Killarney Rotary Club President, Eduard Schmidt-Zorner, said he is very proud to be a member of such a wonderful club that does so much for various local charities.

He thanked Daly's SuperValu and Killarney Brewing Company for their generous sponsorship and for their continued support with this event. The President also acknowledged the artists who attend year in,



KILLARNEY ROTARY CLUB PRESIDENT, EDUARD SCHMIDT-ZORNER, PHOTO: DON MACMONAGLE

year out and show their work and sell it with a portion going to the beneficiaries.

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'Touchdown' comprises a large eight bedroom detached residence together with separate four bedroom dwelling on extensive 3 acre site, conveniently located on the Tralee road, only 4 kms from Killarney. The property would suit as spacious family residence, with potential for part time bed and breakfast. The property also has an external gym comprising Jacuzzi, sauna and shower room with power shower and toilet. This large property offers the prospective purchaser the opportunity work from home and to convert rooms to suit their own purpose. The large field to the rear would also be suitable for a pony.



Price Region: €375,000
BER C3

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Price Region: €245,000
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MONEY MATTERS.....

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Killarney Ploughing Association hold Launch



DISPLAYING THE SILVERWARE AT THE LAUNCH WERE KILLARNEY PLOUGHING ASSOCIATION MEMBERS, FROM LEFT, MIKE BROSAN, PLOUGHMAN, SHANE GODLEY TREASURER, VERONICA HEASLIP, SECRETARY, SIOBHAN WHARTON, PRO, TONY WHARTON. PLOUGHMAN, THOMAS WHARTON, CHAIRMAN, AND DANNY O'LEARY, PRESIDENT.

It's no secret that ploughing has been resurrected again in the last couple of years and last weekend Killarney Valley Classic and Vintage Club achieved the long sought after affiliation of groups and launched the Killarney Ploughing Association in Dromin, Fossa, Killarney. With five ploughing associations currently operating in Kerry, in Abbeydorney, Ardfert, Ballyheigue, Ballyduff and

Causeway, the need for a ploughing association in Killarney had been sought to be affiliated again with the last ploughing society dating back to the fifties, when men from Killarney took 6 all Ireland titles.

In 1954, Killarney hosted the first world championships to be held in Ireland, it was only the second competition - with the first being held in 1953 in Ontario, Canada. Furthermore, the National

Championships have gone to Killarney on two occasions, in 1939 and 1961. The last ploughing match took place in Gortroe, Fossa, Killarney in 1965, with the Randels cup as main prize. Local native Danny O' Leary of Bishops Farm, Ballycasheen was a champion in one of the categories that day and the club are proud to have him stand as President of the Killarney Ploughing Association. Last Saturday, January 27th the

launch took place with association members President : Danny O' Leary, Chairman : Tom Wharton, PRO : Siobhan Wharton, Treasurer: Shane Godley, Secretary: Veronica Heaslip.

The first ploughing match run by the Killarney Ploughing Association will take place at O'Leary's Farm, Coolroe, Killorglin on the 25th February 2018. Any queries, please contact Thomas Wharton on 086-0306344.

Kingdom Greyhound Stadium contribute €300,000 for local causes



Fossa Rowing Club, the Kerry Schoolboys/girls soccer league and Milltown Community Centre were among 13 Kerry groups to benefit from €300,000 which was raised in the The Kingdom Greyhound Stadium raised in 2017. Sports clubs, charities and community groups raised a combined €1.1 million in

association with their local greyhound stadium in 2017. The money raised through benefit nights at one of Ireland's 16 tracks is recognised as a strong fundraising option with minimum effort required. Live racing, catering and hospitality is organised by stadium management while the local

community group can focus on promoting the event within the community. In recent years, millions of euros have been raised for worthy charitable causes and sports clubs looking for attractive fundraising options. Liam Dowling, Manager at the Kingdom Stadium commented 'We have unrivalled experience in

assisting clubs to set fundraising goals and devising a strategy to maximise sales. Working with the local communities in which we reside and seeing the benefits that accrue as a result of patrons visiting our stadium, brings an added level of satisfaction to the team at our stadium. We are delighted to play our part in assisting the local community.'

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Count down is on for Strictly dancers



THE IRISH CANCER SOCIETY ORGANISING COMMITTEE FOR STRICTLY COME DANCING 2018 WHICH WILL TAKE PLACE AT THE INEC ON FRIDAY 8TH FEBRUARY. L-R EUGENE O'SULLIVAN, KATHLEEN O'SHEAN, TIMMY MORIARTY, ELEANOR O'DOHERTY & KATHRINA BREEN. MISSING FROM THE PHOTO KATHLEEN CRONIN.

ALL PICTURES BY MARIE CARROLL-O'SULLIVAN

The Killarney/South Kerry Branch of the Irish Cancer society are back for their forth year with in two weeks time and rehearsals are well underway. In last week's magazine we met the first 12 dancers for this year's strictly Come Dancing event, this week we meet the remaining six couples set to take to the stage on February 10th in the INEC in aid of the killarney/south kerry Branch of the Irish Cancer society. First up taking part in this year's show are Kellie O'Sullivan & Ciaran McCarthy who are dancing a Showdance as are Olivia Christie & Danny Brosnan. Aoife McSweeney & Don Murphy will take to the stage showcasing their dancing with a Waltz Noreen O'Sullivan & Damien Fenton are dancing a Showdance as are Denise Collins & Mike Millner while The Charleston is the dance of choice of Anne-Marie Nelligan &

T.J. O'Sullivan
Choreographer for the show is Mary Philpott from Currow, Killarney. Mary has danced competitively up to 2016 and have won several All Ireland titles for Set dancing.
"Dancing is my passion and I love creating new ideas and choosing music pieces to entertain the audiences", Mary told the Killarney Outlook. Mary has Choreographed Strictly's and Lip Syncs previously and is totally enjoying meeting all the amazing people that volunteer their time for worthy causes.
The show, which is set to take place on February 9th is set to be a spectacular night out, there will be a wine reception and raffle on the night. Tickets cost €20.00 per adult and €10.00 per child (under 12) and are available from the INEC Killarney box office.



NOREEN O'SULLIVAN & DAMIAN FENTON, TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY.



DANCERS CIARAN MCCARTHY & KELLIE O'SULLIVAN, TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY.



DANCERS ANNE MARIE NELLIGAN & T.J. O'SULLIVAN, TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY.



DANCERS MARIAN CASEY & KEVIN LYNCH, TAKING PARTY IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY.



DANCERS AOIFE MCSWEENEY & DON MURPHY TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY.



DANCERS DENISE COLLINS & MIKE MILLNER TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY.



MARY O'ROURKE PHILPOTT, CHOREOGRAPHER OF THE IRISH CANCER SOCIETY STRICTLY COME DANCING 2018.



COMPETITION TIME

The Killarney Outlook, in conjunction with the Irish Cancer Society is offering readers the chance to win 2 tickets to see Strictly Come Dancing on Friday 9th February in the INEC Killarney. All you have to do is answer the following question....
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Answer.....

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Local school children test their knowledge

There was huge excitement in the INEC on Sunday 28th January where 64 primary school teams from all over South Kerry competed in the annual Killarney Credit Union School Quiz.

Scoil Bhríde Loreto emerged victorious in the Under 11 category and Lissivigeen National School came first in the 11-13 age category. This year, 20 primary schools were represented in the quiz with parents, pupils and teachers all in attendance in the INEC. Killarney Credit Union has been hosting the quiz for over 20 years.

In the U13 section first place went to Lissivigeen National School represented by Shane O Sullivan, Hannah Ryan, Oisín Dineen, and Aoibhín Kelly. Second place went to Gaelscoil Faithleann represented by Daire Ó Briain, Adam Ó Súilleabháin, and Sinéad Olibhéar and Conor Sowerby. The 3rd place position went to Fossa National School with team members Finn Kennelly, Roan Daly, Philip Lyons and Olivia Gaffey.

In the Under 11 category, 1st place went to Scoil Bhríde Loreto represented by Craig Leggate, Luke Courtney, Paddy Moore, Norah McGlynn. 2nd place went to Cullina National School with team members of Rachel O Loughin, Dimitris Charalampakis, Fionán O Sullivan, and Eanna Coffey. 3rd place was awarded to St Oliver's National School team members were Aoife McClarence, Seán O Leary, Max O Gara, Kevin Looney.

Each participating schools received a gift from Killarney Credit Union and Karena McCarthy, Marketing Officer, Killarney Credit Union stated "we would like thank all those that participated in the quiz this year, for parents, pupils and teachers who attended on the day. We would also like to acknowledge the staff, management and volunteers who helped out on the day also in correcting, stewarding and adjudication" she concluded.

Each of the winners received trophies and a perpetual cup will be given to the 1st placed winning National Schools.

The 1st and 2nd placed winning teams will go on to represent their school in their age category at Chapter 23 Regional Quiz on Sunday 4th March 2018 at 2.00pm at the Ballyroe Heights Hotel, Tralee.



PAT SHEEHAN CHAIRMAN KILLARNEY CREDIT UNION (SEATED LEFT) WHO PRESENTED THE AWARDS IN THE KILLARNEY CREDIT UNION NATIONAL SCHOOL UNDER 11 QUIZ WITH (FRONT FROM LEFT) DIMITRIS CHARALAMPAKIS, EAMONN COFFEY, FIONAN O'SULLIVAN, RACHEL O'LOUGHLIN CULLINA NATIONAL SCHOOL TEAM 2RD, AOIFE MCCLARANCE, KEVIN LOONEY, SEAN O'LEARY AND MAC O'GARA ST OLIVER'S NATIONAL SCHOOL TEAM 3RD (SEATED) WINNERS CRAIG LEGGAT, LUKE COURTNEY, PADDY MOORE AND NORAH MCGLYNN SCOIL BHRIDE LORETO, PAT DELANEY VICE CHAIRMAN KILLARNEY CREDIT UNION (BACK FROM LEFT) KARENA MCCARTHY, DAVID NEESON, THERESE BUCKLEY KILLARNEY CREDIT UNION, EDWARD LOONEY TEACHER SCOIL BHRIDE LORETO, TEACHER MARIA RYAN ST OLIVER'S NS AND JOSEPHINE O'SULLIVAN CULLINA NS BOARD OF MANAGEMENT AT THE KILLARNEY CREDIT UNION NATIONAL SCHOOL QUIZ IN THE INEC, KILLARNEY



PAT SHEEHAN CHAIRMAN KILLARNEY CREDIT UNION (SEATED RIGHT) WINNERS AOIBHÍN KELLY, HANNAH RYAN, MICHAEL MCAULIFFE PRINCIPAL OISIN DINEEN, SHANE O'SULLIVAN LISSIVIGEEN NS, PAT DELANEY VICE CHAIRMAN KILLARNEY CREDIT UNION (CENTRE ROW) ADAM O'SÚILLEABHÁIN, SINÉAD OLIBHÉAR, CONOR SOWERBY AND DAIRE Ó BRIAIN GAELSCOIL FAITHLEANN 2ND, ROAN DALY, FINN KENNELLY, OLIVIA GAFFEY, PHILIP LYONS FOSSA NS 3RD (BACK FROM LEFT) THERESE BUCKLEY KILLARNEY CREDIT UNION, TEACHER TREASA UÍ SCANNLÁIN, AND TEACHER KAREN UÍ CURTAIN GAELSCOIL FAITHLEANN, DAVID NEESON AND KARENA MCCARTHY KILLARNEY CREDIT UNION AND TEACHER AIDEEN O'SULLIVAN AT THE KILLARNEY CREDIT UNION NATIONAL SCHOOL QUIZ IN THE INEC, KILLARNEY ON SUNDAY

Scartaglin welcomes provision of solar powered speed indicators

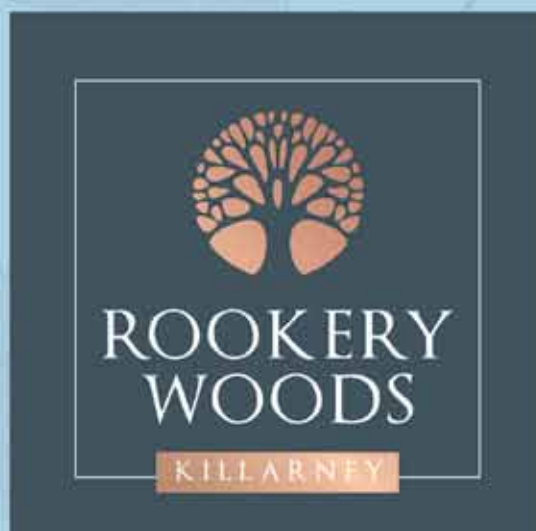
Cllr Brendan Cronin & Cllr John Joe Culloty are glad to confirm that following representations and requests made at Killarney Municipal District meetings and to the area roads engineer,

the roads department of Kerry County Council will provide two Solar Powered Speed Indicators on the Ballydesmond and Castleisland approach roads to Scartaglin Village. We hope that

This will improve driver awareness and safety on an extremely busy road particularly approaching residential entrances, the Church and national school junction.



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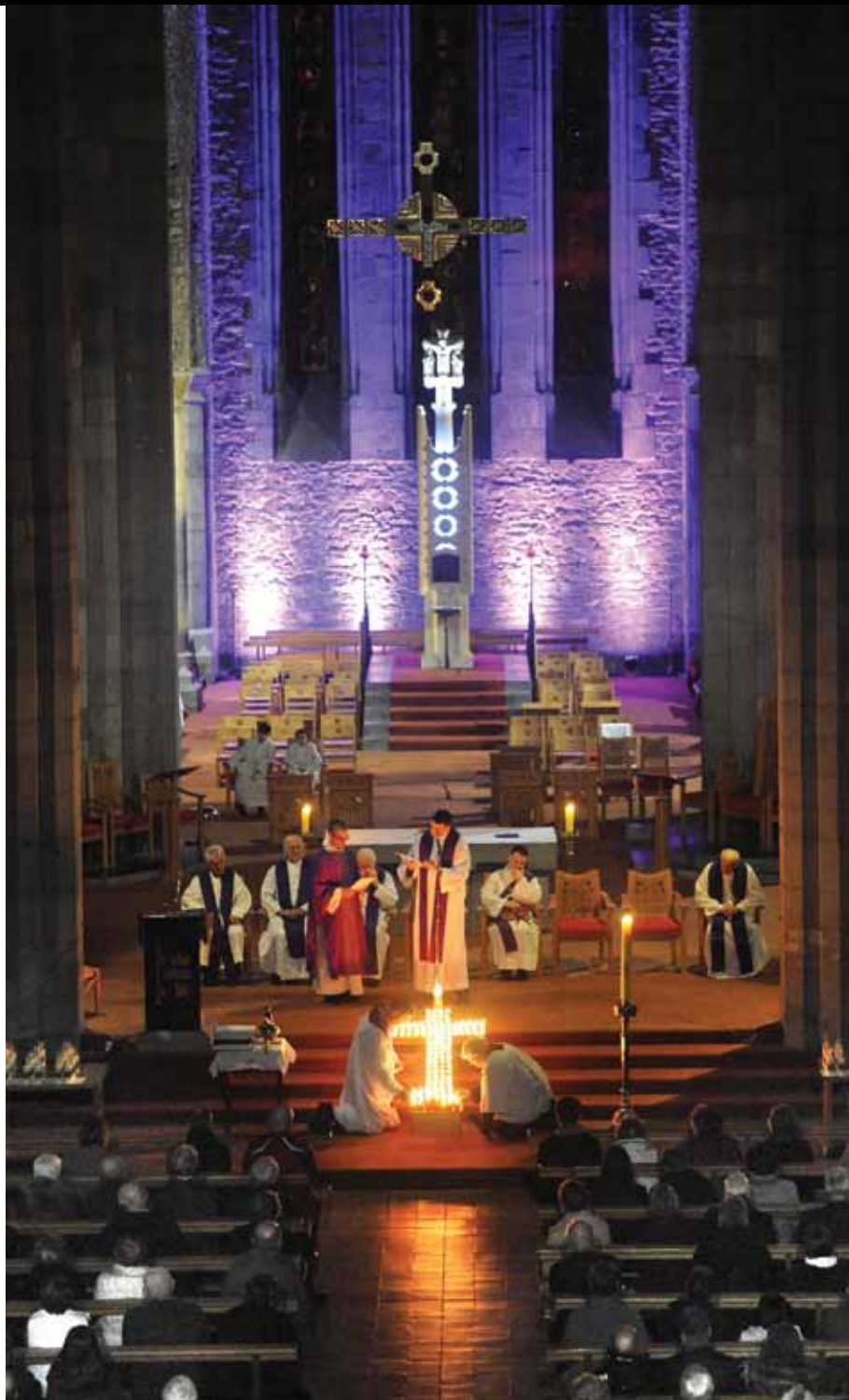
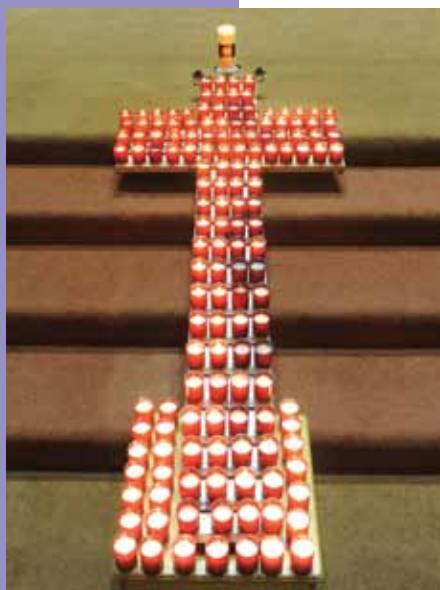
Killarney remembers those who have passed

Killarney people gathered at St. Mary's Cathedral on Monday night last for a special memorial mass remembering and praying for all those who died in the Killarney parish in 2017.

A total of 118 funerals took place in Killarney parish in 2017 and the names of all those who died in the past 12 months were recalled and a candle was lit for every one of them on a memorial cross on steps of the altar. As well as the 118 local funerals remembered, a total of 144 candles were lit in memory of stillbirths and other funerals with local connections that took place outside Killarney parish.

Killarney Parish Administrator, Fr Kieran O'Brien, Fr Niall Howard and Fr. Jim Lenihan led the service for the hundreds that attended.

Pictures : Eamonn Keogh



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Pilates based. Whatever your age, weight, or fitness level, these exercise tables will shape you up and keep you fit & supple (FREE Trial Visit). Buy one course of 10 sessions €100. **Get 5 sessions FREE.**



EUROWAVE INCH LOSS MACHINE

Specific targeted inch loss. Anti-cellulite. Programmes for Tums, Bums, Thighs. Professional Faradic treatment. Buy 1 course 12 sessions €195. **Get 6 visits FREE.**

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Guaranteed Inch Loss. Anti-Cellulite. Buy Course of 3 Wraps €245. **Get 4th wrap FREE.**

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Full Body Exfoliation, Hydration & Massage. Buy 1 for €75. **Get 2nd for €35.**

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Promotes self healing and deep relaxation. Buy 2 visits €100. **Get 3rd FREE.**

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EARCANDLING

Treats sinusitis, blocked ears, head colds, stress. Buy 3 for €90. **Get 4th FREE.**



Luxury Spa Pedicure

Includes back massager, jacuzzi foot spa. Buy 2 for €100. **Get 3rd FREE.**

Shellac OR Gelish 2 Week Manicure

Buy 3 for €90. **Get 4th FREE.**

GELISH DIP

The latest innovative 2 Week Manicure Calcium & Vitamin E Fortified. 3 for €105. **Get 4th FREE.**



C.A.C.I. Ultimate Facial

Nonsurgical facelift. The micro current lifts and plumps. Best anti-wrinkle treatment. Buy 4 for €380. **Get 5th FREE.**

C.A.C.I. Microdermabrasion Facial

Total exfoliation. Cell renewal. For all skin types, including sensitive. Buy 2 for €160. **Get 3rd FREE.**

Sothys (PARIS) Cosmeceutical Facials.

Sothys Hydra 3HA Facial

Hydrating, nourishing for dry, sensitive skin. Buy 2 for €140. **Get 3rd FREE.**

Sothys Glycolic Peel

Refreshes dull skin. Buy 3 for €180. **Get 4th FREE.**

Sothys Bright Eye Facial

Reduce puffiness and dark circles. Anti-wrinkle. Buy 3 for €150. **Get 4th FREE.**

Sothys Neck Facial

Lifts & Firms. Buy 3 for €165. **Get 4th FREE.**



BUY 1 GET 1 FREE

Luxury OPI Paraffin Manicure + polish	€36
Spray Tan Full Body	€35
HD Brows	€25
Full Body Massage	€60
Back Massage	€35
Hot Stone Massage Full Body	€80
Indian Head Massage (includes neck, shoulders)	€45



Terms & Conditions. All of the Sale Offers to be used by end of January 2019. All sale purchases non refundable & non transferable. All offers to be paid in full before commencement.

Open Mon & Thurs 10am - 7.30pm + Wed & Fri 10am - 7pm + Sat 10am - 5pm. Closed Tuesdays & Bank Holidays.
Open earlier to suit Wedding Parties = CALLOUT SERVICE AVAILABLE.

Killarney Mountain Festival launched this week

An exciting celebration of everything mountain and adventure related was launched this week at the Killarney Plaza Hotel.

Mountains inspire us all in different ways – and you won't find a better showcase of the wide and varied diversity of mountain culture than the inaugural 2018 Killarney Mountain will take place on the weekend of the 9th, 10th and 11th of March 2018. The festival aims to be the biggest and best social event for outdoor enthusiasts in Ireland this year. The festival programme was launched on the 31st January in Café du Parc, Killarney.

Killarney Mountain Festival will inspire visitors and will feature a multitude of exciting activities, including adventure movies and documentaries, workshops, demonstrations, exhibitions, film and photography competitions, family-fun activities, cultural interest, sample & featured hikes, scrambles and climbs, musical entertainment, and well-known international guest speakers.

"We envisage a great buzz over the festival weekend with many hundreds of keen outdoor enthusiasts visiting and being inspired by the unsurpassable natural beauty of Killarney and all that is has to offer as Ireland's adventure capital", Piaras Kelly, well-known local mountaineer and festival committee member told the



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE OFFICIAL LAUNCH FOR KILLARNEY MOUNTAIN FESTIVAL WHICH WILL TAKE PLACE ON 9TH, 10TH & 11TH MARCH IN KILLARNEY WERE THE ORGANISERS L-R MEAVE MCGRATH, PADRAIG TREACY, SINEAD O'MAHONEY, MAUREEN HEGARTY, REV SIMON LUMLEY, PIARAS KELLY, MARY NASH & JOHN JOE CULLOTY. PICTURE MARIE CARROLL O'SULLIVAN

Killarney Outlook.

"There will be an exciting and hugely varied programme of activities to inspire and invigorate visitors and the beating heart of festival will be at Basecamp, which will be located in the town centre across from Killarney National Park", he added.

The film screenings will showcase short and feature films along with award-winning, exceptional adventure documentaries. The exciting and inspirational guest speaker line-up features a host of the world's most accomplished and renowned adventurers. The line-up includes mountaineer and writer Stephen Venables, author and climber Dermot

Somers, Andy Cave, a well-known writer and mountaineer and Kerry adventurer Mike O'Shea.

Visitors will also have the opportunity to attend talks by renowned mountain commentator Cameron McNeish, Killarney-based musician and historian Thomas O'Sullivan, and Jasper Winn, writer, photographer, broadcaster and public speaker.

Killarney Mountain Festival, 9th – 11th March 2018.

For more information, visit www.killarneymountainfestival.com

Every mountain top is within reach if you just keep climbing



ANNIE ROSE VOGELS, DAUGHTER OF ORGANISING COMMITTEE MEMBER MAUREEN HEGARTY PICTURED WITH GEMMA RING, KILLARNEY PLAZA HOTEL (SPONSOR) AT THE HOTEL TO LAUNCH THE KILLARNEY MOUNTAIN FESTIVAL WHICH WILL TAKE PLACE IN KILLARNEY ON 9TH, 10TH & 11TH MARCH. PICTURE MARIE CARROLL O'SULLIVAN

Maria pedals for the Pilgrimage Trust

A Killarney teacher is both training and fundraising for a major cycle in aid of The Irish Pilgrimage Trust.

Maria O'Connell, a teacher at St. Olivers in Killarney is one of a number of local cyclists who are undertaking the cycle.

"This charity takes young people with special needs to Lourdes every Easter and many young people from the Killarney area have benefitted from this", Maria

told the Killarney Outlook.

The cycle is the major fund raiser for the charity and Maria will cycle 1000kms from Dinard in Northern France to Lourdes starting on March 24 and arriving in Lourdes on March 31st.

Each cyclist pays their own way airfare, accommodation and expenses and must also raise €2500.

To help with the fundraising Maria is holding a table quiz

in the Killarney Oaks Hotel on Thursday February 22 at 7,30pm Tables Of 4 Adults €40 euro Under 15s €20 euro. You can also sponsor Maria on her gofundme page on facebook.

Other cyclists are holding fundraising events including Norma Talbot and Kayleigh O'Leary who are holding a coffee morning on February 24th at the 19th Green in Fossa.



MARIA O'CONNELL, PLANNING ON CYCLING TO LOURDES. PICTURE: MARIE CARROLL O'SULLIVAN.

COMMUNIONS

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Free Jaunting Car Trip for up to 6 people incl. parent or guardian	3 COURSE LUNCH
Complimentary Lunch for Communion child	€ 40 per adult
Sweets & Treats for each child
Communion Decorations	€ 16 per child
Personalized Cakes available from €30	


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WWW.MUCKROSSPARK.COM



ARE YOU LOOKING FOR A NEW CHALLENGE?

Julies Barbershop Academy in Killarney is NOW Enrolling for the Spring Exclusive Session

**15 weeks of Intense Training
Tuesdays & Thursdays 7-10pm**

**If you want to be better than the rest,
Get your training from the best!**

**Please phone Julie on
085 - 8121498 for details**

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From €27,715 at Liam Lynch Motors.



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Following the success of the 7-seater KODIAQ, ŠKODA introduces the KAROQ. The spacious 5-seater SUV combines comfort, style and cutting-edge technology. The KAROQ includes touch screen sound systems, 17" alloy wheels, cruise and climate control, plus rear parking sensors as standard. Powered by an excellent range of familiar ŠKODA Diesel engines as well as new efficient 1.0 TSI and 1.5 TSI petrol options, there is no shortage of choice.

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KILLARNEY TOWN TALK



CAOIMHE SPILLANE

There are lots of events to look forward to in the coming weeks, in particular Strictly Come Dancing 2018! To find out what's happening in Killarney, look no further than the Town Talk Page.

The page is a great way to celebrate the town and support local events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

DR CROKES NIGHT

The Dr Crokes GAA awards and celebration night will take place on Friday, February 16th in the Dromhall Hotel at 8.00pm. There will be a buffet followed by 1980's disco. Tickets are priced at €25 and they can be purchased from club officers. Also congratulations to Jackie Looney on his recent election as President of the Dr. Crokes GAA Club.

BE YOUR OWN SUPERHERO EVENT

Karen Dwyer, creator of 'My Gratitude Attitude Journal', will be bringing the 'Be Your Own Super Hero' event to the Hotel Europe Hotel on Sunday, February 11th at 11am. Karen is an author, speaker and entrepreneur who hopes to empower participants by talking about her inspirational journey through MS and overcoming adversity in business. The day will consist of relaxation, empowerment, meditation and delicious food. Karen has designed programmes and talks on overcoming adversity in all parts of life. This event offers to others the chance to empower themselves.

CONGRATULATIONS

Congratulations to the Killarney winners in the Kerry Garda Youth Achievement Awards. A special mention goes to Listowel native Dale O'Carroll who volunteered his services at the

Down Syndrome Kerry run Deenagh Lodge café in Killarney National Park during the summer who received the prestigious overall award in this year's Lee Strand sponsored Kerry Garda Youth Achievement Awards. Congratulations also to Abbi O'Mahoney, Ballydribeen, Killarney, who was one of four distinction award winners who were presented with bronze trophies and certificates. A total of 22 merit awards were presented and the recipients included Killarney No Name Club members Mary O'Sullivan and David Murrell Musgrave, Amy Flynn, Killarney, Kelly Ahern, Fries, DJ Kelleher and Mary Ellen McCarthy, Kilgarvan, Niall O'Brien, Beaufort and Siobhan O'Byrne, Killorglin. The awards were presented by Chief Superintendent Tom Myers and Killarney Superintendent Flor Murphy, Superintendent Dan Leane and Superintendent Jim O'Connor and also in attendance was Assistant Commissioner Anne Marie McMahon.

PANTO

Killorglin Pantomime presents Pinocchio on Sunday February 4th at the INEC. Doors 4.30pm Show starts at 5pm. Tickets prices are; adult €17, child, OAP and students €15 and Family Ticket €60 (additional tickets €10)

PATSY CLINE STORY

Back by popular demand an evening of song, laughter and legendary stories is promised when you come along to this enthralling tribute to the music, life and times of Patsy Cline which takes place on Friday 9th February at the Acoustic Club. It is some 50 years since Patsy left a great legacy of hit records. This wonderful show pays tribute to country music's world-renowned superstar. Sandy Kelly's performance as "Patsy" has captured the hearts of legions of fans all over the world, this feel-good show will leave you wanting more as she performs Patsy's unforgettable. The show will take place from 8:30 pm - 11:00 pm and tickets cost €25.00

RAMBLING HOUSE

Rambling House session hosted by the Beaufort Pioneer Centre in Beaufort Community Hall on Saturday February 10th. Doors open at 8.30pm. All Welcome.

SAVE THE DATE

Its that time of the year again, the Annual Charity Stricken Walk is set to take place on Saturday the 3rd of March. Keep your eyes peeled for further details here on the TownTalk pages.



L-R JAMES DORAN, KEELIN O'SULLIVAN & GER O'SULLIVAN PICTURED AT THE STARTING POINT, THE DEMENSE, RAISING FUNDS FOR KILLARNEY MICRO TRACK. PICTURE MARIE CARROLL-O'SULLIVAN

ADULT EDUCATION NIGHT CLASSES

Places are still available in a limited number of courses at Killarney Community College. These courses provide a wonderful challenge to acquire new skills and meet new people socially. For further information please contact Adult Education Office Killarney Community College (064) 6632008 or adulded@killarneycc.ie or www.killarneycc.ie

ALL STAR COUNTRY CONCERT

Radio Kerry Events presents the All Star Country Concert at the INEC, on Wednesday February 7th. The Complete line up of Acts is ... Michael English Jimmy Buckley, Patrick Feeney, Declan Nerney, comedian Conal Gallen, John McNicholl, Simon Casey and Ciaran Rosney . MC on the night will be Dermot Moriarty. Tickets €27.90 each including booking fee, available from inec.ie or call 064 6671555 – a must see event for Country Music Fans !

COFFEE MORNING

One of the Strictly Come Dancing 2018 dancers Mike Milner, along with Killarney Gardai are holding a coffee morning in aid of Killarney/ South Kerry branch of the Irish Cancer Society on Tuesday February 6th from 10am to 12 noon. This is being hosted by J M.Reidys on Main Street. Everyone welcome. Also tickets for Strictly Come Dancing Killarney are now available for the show from the INEC box office! Be sure to get them soon as they're selling fast! The show takes place on the 9th of February with all proceeds going to The Irish Cancer Society.

BIDDYS DAY 2018

Sunday 4th February sees the arrival of the Biddy Group to Muckross Garden Restaurant at Muckross House from 2:30 pm - 4:00 pm . You are invited to come and enjoy this free afternoon of wonderful music and dance to celebrate St. Brigid's Day and support a wonderful charity – The Kerry Parents & Friends Association. Come and see the Brideog, enjoy the music and dance provided by the biddy group. Craftsman Pat Broderick will also be on-hand to provide workshops in the making of St. Bridget's Crosses and Biddy Hats. Admission is free.

MASS

Saturday 3rd of February is the feast of St Blaise- there will be blessing of throats at all Morning Masses.



MEMBERS OF THE DONEGAL ASSOCIATION IN KERRY PICTURED AT THEIR ANNUAL SOCIAL AHEAD OF THE KERRY V DONEGAL LEAGUE GAME IN KILLARNEY AT THE WEEKEND. INCLUDED IN PHOTO ARE SEAN GALLAGHER, CHAIRMAN, ANNETTE MCGREALLY-HORGAN, NEIL O'DOHERTY, ROSANNE FOGARTY, PATRICIA FLEMING AND ROSE OF TRALEE LADIES, BREDA O'MAHONY, KERRY, CAOIMHE GALLAGHER, LONDON AND JULIE SINNOTT, WEXFORD. AN IRISH JERSEY AND BOOTS SIGNED BY IRISH INTERNATIONAL SOCCER PLAYER SEAMUS COLEMAN WERE AUCTIONED ON THE NIGHT IN AID OF THE IRISH COMMUNITY AIR AMBULANCE. PHOTO DON MACMONAGLE

CHRISTMAS IN KILLARNEY

wish to acknowledge the generous financial support of Killarney Carpet and Furniture Centre, O' Connors Newsagents. Mug & Bean, Centra @The Reeks, The Lake Hotel, O' Brien's Café, Walsh Brother Shoes & Aunty Nellies Sweet Shop. We are extremely grateful to all of the aforementioned and to the wider business community of Killarney without who's financial assistance this year's Christmas In Killarney Festival would not have been possible. If you would like to support Christmas In Killarney and all donations are very welcome even at this juncture, please contact Killarney Chamber Of Tourism & Commerce 064 66 37928 we will be delighted to hear from you."

KILLARNEY ACTIVE RETIREMENT GROUP

Sean Chairde Information Day - Dromhall Hotel - Thursday February 15th @ 10AM. Lunch will be included in Entrance Fee -

BEEKEEPING FOR BEGINNERS

This beginners course is designed for new beekeepers or those who are planning to start beekeeping. Location: Beaufort Bar
Dates: February 5th, March 5th, April 9th and an Apiary day in May TBC.

Time: 8-10pm

Cost: €30 for Beaufort Beekeepers Association

For further information please check our Facebook page

CORK SHOWBAND

The legends of the Cork Showbands era will

be rolling back the years at the Gleneagle hotel on Saturday February 3rd with a line up including Art Supple and his 7 piece band, Tony Stevens, Terry McCarthy, Johnny Carroll, Joe Mac, Declan Ryan and special guest Sandy Kelly. The showband stars are eagerly looking forward to the Show. Doors at 7.30pm with show starting at 8.30pm. Tickets cost €27.90

HEALTHY IRELAND WORKSHOP

There will be a free Healthy Ireland workshop in Killarney Library on Thursday, February 8th at 11.00am. Former Kerry footballer Seán O'Sullivan, who is now an exercise and nutrition coach , will share information on scientific health, nutrition and exercise programmes. The talk is aimed at anyone looking to improve or change their lifestyle. Seán's work is recognised by the European Health & Fitness Association.

KILLARNEY LIBRARY DURING FEBRUARY:

Retired Teachers' Book Club: Friday 2nd 11am
Storytime for pre-schoolers: Saturday 3rd 10.30am. Healthy Ireland workshop on the benefits of physical exercise and healthy eating by Sean O'Sullivan, former Kerry footballer: Thursday 8th 11am. Spanish-English Conversation Exchange: Thursday 8th 6.30pm. Sewing & Fashion Club: Friday 9th 11am. Storytime for pre-schoolers: Saturday 10th 10.30am
"Diabetes - What's the Story" talk as part of the Healthy Ireland initiative: Wednesday 14th 2pm
National Learning Network Advice Clinic: Tuesday 20th 11am
Storytime for pre-schoolers: Saturday 24th 10.30am



Talented locals celebrated at Killarney Municipal District annual awards

From soccer to golf and from dancing to football, the talent and achievement of local teams and individuals were recognised at the Killarney Municipal District Annual Awards which were held at Killarney House on Friday evening. Six teams, who had successes in 2017, were honoured at a reception by Municipal District councillors and received an award and commemorative scroll marking the occasion.

The Cathaoirleach of Killarney Municipal District, Cllr Niall Kelleher, said: 'These Annual Awards are aimed at recognising those who contribute greatly to our society in the Killarney area, people who excel in their sport or profession, groups who provide worthy and important services, and individuals and groups who make our community a better place. Kerry County Council places a great value on the work of community and voluntary groups, on sport and recreations and on those who work for enhanced community integration and social cohesion. Municipal District Manager, Angela McAllen, said: 'These awards are our way of saying thank you for what you do, our way of acknowledging your achievements, and our way of

commending you for what you do in the community I hope that these awards will encourage each of you to continue to do what you do and to continue to enhance our community in the Killarney Municipal District.

The first recipient was Killarney Ladies Senior Golfing Teams and this award was presented on the proposal of Cllr Michael Gleeson. 2017 was a marvellous year for the Killarney Golf Club Ladies Teams. The Ladies Senior Cup Team, managed by Mary Geaney, won the Senior Cup for the very first time beating Royal Portrush in the final at Royal Curragh. A few weeks later in Belfast, the Ladies Senior Foursome Team, managed by Claire Keating, won the Senior Foursome's Final beating Roscommon, in a dramatic finish and a one-hole playoff.

It is the first time ever in the history of the ILGU that any club has won two All-Ireland Titles in the same year.

The next award, proposed by Cllr John Joe Culloty, was presented to the Ladies Crew of the Workmen's Rowing Club, Killarney. The crew won four titles in the All-Ireland Coastal Rowing Championships in Donegal in 2017, Under 18, Under 21, Junior Ladies and Senior Ladies.

In addition, they achieved the double at the Killarney Regatta, winning the coveted Senior Ladies Six and Senior Four having come directly to Killarney from an early morning regatta in Cork. The club acknowledges the support of key personnel like Pat O'Donoghue, Hanna O'Donoghue, Mary Moynihan Burns and Timmy Moynihan, head coach Michael J. Burns and cox Michael O'Donoghue for their invaluable part in the successes the ladies have achieved over the years.

The Spa GAA Dancing Team who were the Scor na nOg All-Ireland Set Dancing Champions of 2017 received an award on the proposal of Cllr Michael Gleeson. This set won their All Ireland Scór na nÓg title in the Waterfront Arena in Belfast on 11 February last.

They won East Kerry, Kerry and Munster titles on their path to the All-Ireland final where they faced very strong opposition from Galway, Derry and Westmeath teams.

The next recipient was the St Brendan's College Football Team who received their award on the proposals of Cllr Brendan Cronin, Maura Healy-Rae and Niall Kelleher. The team retained the All-Ireland Colleges Title,

with an eight point victory over Leinster Champions St. Peter's College Wexford, in Croke Park in April 2017. This is the school's second straight Hogan Cup Title and their fourth overall title.

Next was the St. Brendan's College U-15 Schoolboys Senior Team who received their award on the proposal of Cllrs Brendan Cronin and Cllr Niall Kelleher. The U-15 St. Brendan's Soccer Squad were Munster and All-Ireland Champions in 2017. This was the college's third Munster and All-Ireland success in the past four years. St. Brendan's were also invited to represent the Republic of Ireland in the famous Allen McKinsty Cup both in 2014 and 2017 held respectively in Lillishall, England and Swansea, Wales.

The final award was presented to St. Brigid's Presentation Secondary School Junior Basketball Team on the proposal of Cllr Donal Grady.

The team were crowned All-Ireland Junior A Basketball Champions in the National Arena in Tallaght, Dublin. The panel of 18 girls (comprising 16 2nd year students and two 1st year students) were coached by Kate Donnellan and teacher Emma Bunworth.



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIALL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO DARA MOYNIHAN (CAPT), REPRESENTING ST BRENDAN'S COLLEGE FOOTBALL TEAM, KILLARNEY, ON WINNING THE HOGAN CUP FOR THE 2ND YEAR IN SUCCESSION. INCLUDED IS MUNICIPAL DISTRICT MANAGER, ANGELA MCALLEN, CLLR BRENDAN CRONIN, TEAM COACHES, GARY MCGRATH, HUGH RUDDEN, ARTHUR FITZGERALD. PHOTO: VALERIE O'SULLIVAN



MEMBERS OF THE MOYNIHAN FAMILY, WHO WERE VERY WELL REPRESENTED AT THE KILLARNEY MUNICIPAL ANNUAL AWARDS ON FRIDAY NIGHT AT KILLARNEY HOUSE, FRONT ROW, MIKEY JOE BURNS, ANNE MOYNIHAN, CIARA MOYNIHAN, BACK, DARA MOYNIHAN, HUGH RUDDEN, HANNA MAJELLA O'DONOGHUE, ANNIE O'DONOGHUE AND MICHAEL O'DONOGHUE. PHOTO: VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO JULIE DELANEY (CAPT) ST BRIGID'S SECONDARY SCHOOL JUNIOR BASKETBALL TEAM ON WINNING THE ALL-IRELAND JUNIOR A BASKETBALL CHAMPIONSHIP. ALSO INCLUDED IS CLLR DONAL O'GRADY, ST BRIGID'S SCHOOL PRINCIPAL, ROISIN MOORE, COACH KATE DONNELLAN. PHOTO:VALERIE O'SULLIVAN



MEMBERS OF THE SOCCER AND FOOTBALL TEAMS FROM ST. BRENDAN'S COLLEGE. PICTURED WITH MUNICIPAL DISTRICT MANAGER, ANGELA MCALLEN, AND THEIR TRAINERS. PHOTO:VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO AMY ARTHUR, LADY CAPTAIN AND PLAYER, REPRESENTING HER TEAM AT KILLARNEY GOLF CLUB, AND TEAM MANAGER, CLAIRE KEATING, ON WINNING THE ALL IRELAND ILGU SENIOR CUP 2017 AND ON WINNING THE ALL-IRELAND SENIOR FOURSOMES 2017, ALSO INCLUDED IS CLLR MICHAEL GLEESON. PHOTO:VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO KIANAN O'DOHERTY, REPRESENTING SPA GAA CLUB SET DANCING TEAM, ON WINNING THE SCÓR NA NÓG ALL-IRELAND SET DANCING CHAMPIONSHIPS 2017. ALSO INCLUDED IS CLLR MICHAEL GLEESON, MEGAN CRONIN TRIONA MANGAN, DANCING TUTORS AND EILEEN AHERNE. PHOTO:VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO JULIE DELANEY (CAPT) ST BRIGID'S SECONDARY SCHOOL JUNIOR BASKETBALL TEAM ON WINNING THE ALL-IRELAND JUNIOR A BASKETBALL CHAMPIONSHIP. PHOTO:VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO NEIL O'SHEA, (CAPT) AND RYAN O'GRADY (VICE CAPT) SREPRESENTING ST BRENDAN'S COLLEGE SOCCER TEAM, KILLARNEY, ON WINNING THE FAI SCHOOLBOYS U15 NATIONAL CUP. PHOTO:VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO DARA MOYNIHAN (CAPT), REPRESENTING ST BRENDAN'S COLLEGE FOOTBALL TEAM, KILLARNEY, ON WINNING THE HOGAN CUP FOR THE 2ND YEAR IN SUCCESSION. ALSO INCLUDED IS TEAM COACH, GARY MCGRATH. PHOTO:VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO MIKEY JOE BURNS, HEAD COACH, AT WORKMEN'S ROWING CLUB, ON WINNING GOLD AT THE ALL IRELAND COASTAL ROWING CHAMPIONSHIPS AND ALL IRELAND QUAD AT THE ROWING IRELAND CHAMPIONSHIPS. ALSO INCLUDE IS MUNICIPAL DISTRICT MANAGER ANGELA MCALLEN, CLLR BRENDAN CRONIN, MICHAEL O'DONOGHUE, COX, LEONA BROWNE, CIARA BROWNE, HANNA MAJELLA MOYNIHAN, TRAINER, CIARA MOYNIHAN, ANNIE O'DONOGHUE, KAREN MAC CURTAIN, PRO. PHOTO:VALERIE O'SULLIVAN



CATHAOIRLEACH MUNICIPAL DISTRICT OF KILLARNEY, CLLR NIAL KELLEHER, PRESENTING THE ANNUAL KILLARNEY AWARDS AT A SPECIAL CIVIC RECEPTION AT KILLARNEY HOUSE TO NEIL O'SHEA, (CAPT) AND RYAN O'GRADY (VICE CAPT) SREPRESENTING ST BRENDAN'S COLLEGE SOCCER TEAM, KILLARNEY, ON WINNING THE FAI SCHOOLBOYS U15 NATIONAL CUP. ALSO INCLUDED IS MUNICIPAL DISTRICT MANAGER, ANGELA MCALLEN, CLLR. BRENDAN CRONIN, TREVOR NAGLE COACH. PHOTO:VALERIE O'SULLIVAN

The “Mocks” are a useful trial run but the exam that counts begins on 6th June

The “Mocks” or “Practice Exams” are usually held in schools during February. They have nothing to do with the State Examination Commission (SEC) and the exam papers are provided and corrected by independent educational groups. It’s worth doing the “Mocks” for the experience but don’t let them distract you from the big price in June. Don’t burn yourself out at this early stage by overestimating the “Mocks.” Eamonn Fitzmaurice, Kerry’s astute senior football manager and gifted secondary teacher, maintains that peak match fitness is best reached for the All-Ireland series in Croke Park rather than the Munster Final in Killarney. How right he is!

The “Mocks” provide an opportunity to work on your presentation, timing, answering techniques and current knowledge. They are usually marked externally so they provide you with an impartial assessment of your readiness for the State Exams. It’s an opportunity to see if you can deliver a neatly presented script on an A4 booklet. Number your questions and work your way down the page in a neat and orderly manner. Write legibly and keep your answers well spread out for easy reading. Leave some blank space after each question to which you can add more information later in the exam. Enhance your answers with sketches and illustrations, as appropriate.

Avail of the “Mocks” to become familiar with the logistics and

technicalities of each exam paper. The quality of your answering is the core of any exam so learn from the “Mocks” how to approach each paper. Keep the content of your answer relevant to the question asked. Read each question carefully before deciding which ones to answer. You may prefer to tackle a good question first to settle you down. Be concise, accurate and relevant. Be familiar with the format of each paper well before each exam session. Know how the paper is presented. What topics are examined? How many questions must be answered? What styles of question can you expect on any exam paper? Be familiar with the choices available on the paper. Is one or more questions compulsory? Be particularly careful about a paper, which is subdivided into subsections. Without prior knowledge of such a paper you could very easily fail to address the relevant number of questions.

Use the “Mocks” to test your allocation of time. Doing well in any exam involves not just knowing the course material but in presenting your answers within the time allowed. The “Mocks” are a great time trial. Go into the “Mocks” determined to attempt the required number of questions. Work out in advance the approximate time you have for each question. The allocation of time to each question should be proportionate to the marks available for that question. Let me

reemphasize that if you attempt the required number of questions you will maximise your grade in that subject.

When your “Mock” exam paper is handed to you read the instructions carefully. Spend a few minutes reading the entire paper. Keep to your pre-prepared answering plan and once you have made your choice of questions, start with a question you can answer well. When you have finished each question, reread it to ensure that you haven’t omitted any part. Allow a few minutes at the end of the exam to read back over your answers and to check your numbering and presentation. Stay in the exam hall until the time is up even if you are finished early as some extra information may come to you. Every mark counts so don’t leave any after you!

When your marked “Mock” papers are returned, go over them to identify your strengths and weaknesses as outlined above. The old maxim of making your mistakes in the “Mocks” and getting things right in the State Exams next June is as true as ever. As the saying goes, practice makes perfect and the “Mocks” are the perfect practice!

In the next article: The Post Leaving Certificate (PLC) route to employment and higher education.

Checklist

- The “Mocks” or “Practice Exams” are a useful trial run for the State Exams
- The “Mocks” are usually marked

externally

- The “Mocks” tell you how much you currently know for the State Exam
- The “Mocks” tell you how much you still need to do for the State Exams
- Learn from the “Mocks” how best to approach each paper
- The “Mocks” expose you to the logistics and technicalities of each exam paper
- The “Mocks” are a great time trial
- Use the “Mocks” to test your allocation of time
- Go over your marked “Mock” papers to identify your strengths and weaknesses
- Make your mistakes in the “Mocks” and get things right in the State Exam
- Practice makes perfect and the “Mocks” are the perfect practice
- Leaving Cert language oral exams take place from Mon., 9th April to Fri., 20th April
- Leaving Cert Vocational Programme (LCVP) written exam is on Wed., 2nd May
- The Leaving Cert (LC) exam takes place from Wed., 6th June to Fri., 22nd June
- The Leaving Cert Applied (LCA) exam is from Wed., 6th June to Thurs., 14th June
- The Junior Cert exam takes place from Wed., 6th June to Wed., 20th June
- Exam timetables are available on www.examinations.ie

Billy Ryle is a Career Guidance Counsellor and freelance writer



ST. BRIGID'S BADMINTON CLUB : UNDER14 TEAM - PIA HICKEY, LUCY O'LEARY, ELLA GALVIN AND YEN LENESTON. THIS TEAM PLAYED PRESENTATION TRALEE, MILLTOWN AND LISTOWEL AND HAD TO BATTLE HARD TO GET THE FINAL WIN AGAINST MILLTOWN. THIS WIN SAW THEM BECOME KERRY SCHOOLS UNDER14 CHAMPIONS. THEY WENT TO UL ON 25/01/18 TO REPRESENT KERRY AND PERFORMED BRILLIANTLY. THEY WON THE FIRST 2 GAMES AGAINST CLARE AND WATERFORD REACHING THE FINAL. THEY WERE NARROWLY BEATEN IN FINAL BY ST. MARY'S OF NENAGH.



ST. BRIGID'S BADMINTON CLUB : UNDER16 TEAM SHONA DOODY, ALBIE GAMMELL, ABBEY O'LEARY AND SAIBH MURPHY. THIS TEAM PLAYED 3 GREAT MATCHES AGAINST LISTOWEL, TRALEE AND TARBERT. ALL THESE GIRLS PERFORMED BRILLIANTLY BUT CAME UP AGAINST REALLY GOOD OPPOSITION. THEY WON 1 MATCH WHICH SAW THEM ACHIEVE BRONZE MEDAL POSITION.

Say Goodbye to Monthly Bills and Hello to Free TV

If you're sick of paying over €300 + a year on your TV bill, then why not make 2018 the year you finally say goodbye to the contract and enjoy hassle-free, smart TV?

With a Powerpoint Box you can now access Saorview Connect, the brand new service from Saorview that offers the easy-to-use functionality of most paid TV platforms, for FREE. That's no contract, no monthly bills. Just a once-off purchase of a Powerpoint Box and then it's free TV forever!

Think of it as the Next Generation or Saorview 2.0! Our viewing habits have changed. According to an Irish Times Pricewatch poll in 2016, over 70 per cent of respondents said they watched between one and 10 TV channels per week. 15 per cent said they just streamed content and 6 per cent said they watched more than 10 channels a week.

Choice, functionality and on-demand features are now key when it comes to TV. But while our viewings preferences have changed, our attitude to paying for what we want hasn't kept pace.

Why? Force of habit, a lack of knowledge or maybe the idea that you'll be missing out on something might have held people back?

But with the introduction of Saorview Connect, the only thing you'll be missing out on is the monthly bill.

So why continue to pay for something you can get for free? Why sign up to complicated fine print, hard to get out of contracts and seemingly low entry prices that can skyrocket after the introductory period ends?

It's time to get savvy and see through the fog of 'too good to be true' paid TV platforms and start saving, without compromising on functionality.

SAORVIEW

Start by making a one-off purchase of a Powerpoint Box to access Saorview Connect and a host of the best Irish and UK channels. The very same channels you get with the many of the standard paid TV platforms. The same easy-to-use 7 day TV guide and roll back function to catch up on all your favourites.

Think about the freedom. The extra money in your pocket year after year. No more faffing with multiple boxes in order to try and get the best of both worlds. No more paying for something you can get for free! And no compromise on channels.

The beauty of this state of the art box is that it will keep pace with all the new features that are planned for Saorview Connect. Upgrades will happen seamlessly via your broadband connection, in the same way an update would come in on your phone. From mid-2018 the smart Powerpoint Box will be automatically upgraded to allow for recording of programmes. In the meantime, you can catch up with all your favourites on the RTE player right from the device. Plus the Saorview App lets you control your Powerpoint Box from your phone, including setting recordings.

Five Fast Free TV Facts

1. How is Saorview Connect different to existing Saorview?

Saorview Connect is the new internet connected service from Saorview. It offers the same easy-to-use functionality of many of the paid TV

platforms, such as a 7 day planner and roll back so you can catch up on your favourites. Plus on-demand, reminders, search and from mid-2018 the ability to record your favourite shows, via a hassle-free, automatic update. Think of it as Saorview 2.0!

2. How do I access Saorview Connect?

To access Saorview Connect you need to purchase a Powerpoint Box and connect to an aerial. If you already have an old Saorview Box you can simply replace it with the new Powerpoint Box. You will need to connect it to your homes existing broadband and if you wish to enjoy the RTE and TG4 On demand Players. If you want over 100 free channels such as BBC, Channel 4, ITV, Film 4 etc, then you will need to connect to a satellite dish. Your local retailer or installer can easily arrange this.

3. What do I get with Powerpoint and Saorview Connect?

Once you purchase your Powerpoint Box, you unlock a world of free TV channels. Connect the box to an existing aerial and get access to the best in Irish TV - RTE 1 HD, RTE 2 HD, TV3, TG4, 3e, be3, RTE Junior, RTE 1 +1, RTE News Now, and Oireachtas TV.

PLUS if you connect to a satellite dish or your existing dish, you get access to 100 additional free channels such as BBC1, BBC2, Channel 4, E4, Film 4, ITV2,3 & 4, Channel 5 and many more.

4. Where Can I Get It?

The Powerpoint Box for Saorview Connect is available in all good electrical retail stores throughout the country, such as; Expert Electric in Tralee, Killarney and Castleisland.

5. How Much Will It Cost?

The Powerpoint Box is available to buy for €199.99

Kerry Entrepreneurs Chosen for International Competition

Kerry is leading the way for change in the Life Sciences area—this week two Kerry based entrepreneurs were announced as two of the 20 new Irish start-up companies, chosen to progress to the next round of the prestigious Cork County Council's Bridge to MassChallenge Cork competition.

The Kerry companies are myAccessHub and ViClarity.

myAccessHub provides intensive support to businesses across all sectors to increase their accessibility particularly for people with Autism. 1 in 68 people worldwide now have a diagnosis of Autism; this is increasing at a rate of 10-17% per year.

We achieve this aim by providing businesses with assessment and training services. The assessment focuses on the environment and the needs of people with Autism. The training focuses on creating awareness and equality among teams and groups.

ViClarity is a Governance, Risk, Compliance solution that enables Financial Services & Healthcare organizations to Identify, Monitor, Score and Report on risk and compliance. Our process is used daily in over 300 organizations to ensure they can actively report on risk and



remain compliant with regulations.

Information is gathered in real time & feeds into a live dashboard enabling management to easily find risk indicators or areas of noncompliance & assign actions to mitigate the problem.

The 20 companies are competing for international mentorship, guidance, and support to become the next big development in the life sciences, medical technology and digital health areas. The aim of the competition is to connect ambitious, early stage entrepreneurs across Ireland, to a global business network and facilitate the creation of high-quality jobs through a series of mentoring events and boot camps—including an all-

expenses paid boot camp in America. Life Science is a huge industry in Ireland, having impressed expert industry judges during round one of the competition, the two Kerry based companies will have the unique opportunity to receive mentoring from and exposure to international sector specific experts, and connection to a global market, during a three day Cork boot camp, commencing in February. This boot camp will conclude with an intensive competition to determine the top ten start-ups who will emerge from the Cork boot camp and advance to a one-week all expenses paid intensive boot camp in Boston this April. The international start-up competition identifies and accelerates the top start-ups in the region and connects those start-ups to the global market through MassChallenge's global network. MassChallenge has a track record of collaborating with more than 100 of the world's most innovative organisations including Pfizer, GE and Microsoft, who help to scale ambitious start-ups. Each company investigates and aims to solve common problems in the Healthcare and Medical Technology industries. This programme offers them a helping hand on their way to achieving their global ambitions.



Ballyroe Heights Hotel

- a secret worth sharing

They say secrets should be kept but when they are as good as the ones Ballyroe Heights Hotel have, they are certainly worth sharing.

The once stately home that was built in the 1800's and owned by the Chute family, took its first steps as a hotel in 1972 and became the home of the Collins family in 1998 who opened their new Hotel in 2000 and it has taken many changes since then. Now with another generation of Collins taking the reins under Jonathan, he too has a new vision for the this beautiful establishment which boasts glorious views of Tralee Bay and the Sliabh Mish Mountains.

That vision is very evident with the amount of recent work carried out in the hotel as they prepare for another busy season especially with the amount of weddings planned in the ever popular wedding venue.

Last year Weddingdates.ie voted Ballyroe Heights Hotel the best 3 star wedding

venue in all of Ireland as well as the best wedding venue in Kerry and in Munster. This year has also started on a positive note with the Hotel up for three more awards in the Brides of Kerry wedding Awards with nominations for best wedding venue, best function room and Jonathan is up for best wedding co-ordinator.

And it is for that special day, that the 3 Star deluxe 69 bedroom Hotel continues to be so well regarded in Kerry and beyond catering for both smaller civil ceremonies and weddings right up to the big gathering catering for up to 420 guests.

Jonathan is excited about the new year ahead especially with a huge redevelopment of the hotel unfolding which includes a newly redecorated ballroom, an updated Garden Room, which proves ever popular on fine evenings, and the Palace Bar & Restaurant which has launched a brand new food menu with locals already enjoying the locally sourced Modern Irish Cuisine. And

if you love your Food? Another date for the diary is Valentines Night when well known Executive Chef John O'Leary and his team will unveil the new menu at the Hotel's newly renovated Summit Restaurant.

The Collins Family employ 115 staff, many of whom have been with the Hotel from the early days, Jonathan is pleased to welcome another new edition to the hotel in the shape of Beautique at Ballyroe.

Run by his sister Andrea, Beautique at Ballyroe caters for all your hair, make up and tanning needs ahead of your big day and any special occasion and it has been proving a big hit with wedding parties.

With the hotel also unveiling a newly designed entrance visitors are sure to receive the traditional warm welcome that comes from years of serving the people of Kerry and beyond.

So what are you waiting for? Share the secret, after all it is too good to keep to yourself.





Bespoke Weddings at Ballyroe Heights Hotel

Brand New Wedding Packages available for 2018 and 2019



Let your journey begin here...
Contact our Award Winning Team

Ballyroe, Tralee, Co. Kerry | Tel: 066 7126796
Email: info@ballyroe.com | Website: www.ballyroe.com



Palace Bar & Restaurant



All New Menu

served from 12.30pm to 9pm Daily.

Follow us on Facebook for Daily Specials.



Tel: 066 71 26796

www.ballyroe.com

Email: info@ballyroe.com



RATHMORE /GNEEVEGUILLA

NEWS by Michael O'Mahony

SLIABH LUACHRA COMHALTAS.

Sult na nOg Competition will take place in Tralee IT on Saturday 3rd March for all Music, Singing, Storytelling and Comhra Competitions. Set and Ceili Dancing Competitions will take place on Sunday 4th March in Fossa Community Centre. Age groups for Music, Singing etc. are U9 (one tune/song), 9-11 and 11-13 years (two tunes/two songs). For entry form or further information contact Katie, our branch Secretary 087 2871357.

We wish Mark O'Leary the very best of luck at Munster Ceol an Geimhridh which takes place in Dromcollogher, Co. Limerick on February 11th 2018.

Mark will be representing the branch and county in both Irish and English Singing Competitions.

CLLR MICHAEL GLEESON

At the Municipal area meeting in Rathmore, Councillor Michael Gleeson asked that the Council, in conjunction with the Community Council and the local residents/land owners, would examine the possibility of developing a Wild Flower garden on the green area approaching the Railway Bridge at Shinnagh, as such a creation would greatly enhance the eastern side of the town and would probably boost the town's marks in the Tidy Towns' competition.

The Council replied that it would pursue the possibility of such a development in discussion with the community.

Councillor Gleeson stated that such a development had taken place at the Abbey Cross, Muckcross, Killarney and that the garden was very popular with locals and visitors. He believed that it would be similarly so in Rathmore at the suggested location or at some other appropriate place."

MARIAN PLAYERS RATHMORE PANTO GROUP

present their 31st Annual Panto THE PIED PIPER Saturday February 3th at 7.30pm Matinees Sunday 4th February at 3pm

Proceeds to Kerry Parents Friends Association Further information & booking contact booking office 0647758526. Booking Office now open from 2-630pm each day, opposed Rathmore church at Fr corridor Centre.

CONGRATULATIONS to Knocknagree in All Ireland Junior club final this Saturday they play Multyfarnham of Westmeath. At Croke Park at 2pm.

Lets hope they go all way,

NOVENA TIME IN KNOCKNAGREE: Our Lady of Lourdes Novena commences in Knocknagree on next Saturday, February 3rd. Novena time has always been special in Knocknagree. Mass of Healing - As part of the Novena to Our Lady of Lourdes we will have a special Mass with anointing of the sick in St Joseph's Day Care Centre Rathmore, on Thursday February 8th at 11.30am for sick and housebound. All are welcome. Our Lady of Lourdes Novena - Knocknagree 3rd



SPA GAA SET DANCERS PICTURED AT KILLARNEY HOUSE FOR THE KERRY COUNTY COUNCIL AWARDS NIGHT. BACK ROW L-R MEGAN CRONIN, ERIN HOLLAND, ORLA SPILLANE, AINE BROSNAN & TEACHER TRIONA MANGAN. FRONT ROW L-R GARY O'SULLIVAN, CIAN O'SULLIVAN, KIANAN O'DOHERTY & LIAM SPILLANE. PICTURE MARIE CARROLL-O'SULLIVAN

-11th February

Sat. February 3rd

7.30pm "I came that you may have life" (John 10:10) Guest Speaker

Sun. Feb 4th

8pm "Sowing the Seed" Msgr. Dan Herlihy

Mon. February 5th

8pm "Do whatever He tells you" Fr. Bill Radley

Tues. February 6th 8pm The Joyful Mysteries Fr.

Eoin Mangan

Wed. February 7th

8pm The Healing Msgr. Dan Herlihy

Thurs February 8th

8pm The Touch of the Master's Hand Fr. Paddy O'Donoghue

Fri. February 9th

8pm "Am I at peace with my crosses Fr. Pat O'Donnell P.P.

Sat. February 10th

7.30pm Our Lady Fr. Joe Tarrant

Sunday February 11th

8pm Feast of Our Lady of - Novena Devotions Fr. Pat O'Donnell P.P.

RATHMORE LADIES FOOTBALL

With the new season fast approaching, Rathmore Ladies Football Player Registration will take place for all age groups on this Friday February 2nd from 8-9pm in Rathbeg Club Rooms. All new members welcome!!

WISHES Congratulations to great performance by Rathmore's Paul Murphy against Donegal on Sunday in first round in National League and to all team & management great display

GNEEVEGUILLA GAA CLUB

Club membership will be collected in Club Bar this

Monday and Friday night at 9pm, it would be greatly appreciated if people could pay up membership as

soon as possible. Club Social February 17th in the Hall.

Anyone interested in getting involved Refereeing Course contact Club Secretary John @ 0879040765.

EAST KERRY SCOR NA BPAISTI will be held on 24th

February. all entries to Scor Officer at 087

6981764.

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm. Sunday.

KILCUMMIN NEWS

SYMPATHY

Sympathy is extended to the family of the late Jack O'Mahoney, Rathanane, Kilcummin who died recently. May he rest in peace.

CE VACANCIES

Vacancies presently exist on the Kilcummin Rural Dev. C.E. Scheme for the positions of Maintenance/Caretaker and Office Administrator. These positions are a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your Local Dep. of Social Protection Intreo Office to check your eligibility. To apply, please forward your CV for the attention of the Supervisor to Rural Dev. Office by post or email john@kilcumminparish.com. contact John 086-1579381.

SEASONS FOR GROWTH - LIVING WITH GRIEF LOSS AND CHANGE COURSE

Seasons for Growth - Living with Grief Loss and Change course due to start on Tuesday 6th February at 7pm in the Social & Health Education Project (SHEP) office, Park Road. The course provides a safe & confidential space and will be facilitated by trained & experienced tutors and counsellors. Further info. contact 021-4666180 or 087 7728089.

BEAUFORT FILM NIGHT

Is a new non-profit cultural community group which will screen a selection of films at the Inn Between Bar, Beaufort. The first film night takes place on Friday 9th Feb. at 8.30pm where the Oscar-winning film The Lives of Others will be screened. Certificate 15.

Further info. on the facebook page @ BeaufortFilmNight

COMHALTAS DVD

Ceol An Gheimhridh Na Mumhan (Munster's), is taking place in Dromcollogher Co. Limerick

on Sunday February 11th. (We have musician, Singer and 5 sets going through to Munster's, You need to wish everyone involved well in competition)

SULT NA NÓG COMPETITION

is on Saturday March 3th in IT Tralee & Sunday March 4th in Fossa Community Centre. NB Closing date for Sult na nÓg entries to branch secretary Tuesday February 6th.

KILCUMMIN COMHALTAS BRANCH MEETING

Will take place on Monday February 5th at 8.30pm in the back room of Recreational Hall, All welcome.

TRADITIONAL SINGING CLASSES

Comhaltas are hoping to recommence Traditional Singing Classes shortly. If interested please contact Martina Ryle O'Sullivan on 087-2971213.

COMHALTAS DVD ON SALE €5.00

Please contact Tony O'Connor 087-6258641, Louise Finnegan 087-9353254

FLEADH CHEOIL

A reminder that Fleadh Cheoil na hÉireann Ennis Series (starting on Friday 19th January 2018 at 7.30pm on RTE 1)

Fleadh Cheoil is a series of six television programmes from the Ennis Fleadh Cheoil presented by John Creedon and Aoi bhinn Ní Shúilleabháin.

The series will showcase a host of musicians and singers who attended the Fleadh including Tom Doorley, Gerry O'Connor, Oisín MacDiarmada, Damien Mullane, Liam O'Brien, Derek Hickey, Therese McInerney, Claire Egan, Brian Hughes, Eoin O'Neill, Bryan O'Leary, Dave Sheridan, Edel Vaughan, Michael Blackie O'Connell, Siobhan Peoples, Cyril O'Donoghue as well as Ard Ollamh for 2017 Pádraig Donlon.

Among the groups featured are Dúchas, Bygone Lane, Fisher Street, D'Bize and The Shandrum Ceili Band along with the Mooney and the Nesbitt families.

TG4 FAMILY TALENT SHOW

TG4 are looking for performing families to audition for their 'family Talent' show. They are looking for Ireland's most talented family to take part in a brand new TV show. If you and your brother or sister, father, mother, granny has a talent, now is your chance to make your family a household name.

As we know, Irish families have excelled in their particular genres, whether it's the pop music of The Corrs or the sean-nós dancing of the Cunninghams. Now it's time to find the next family that will entertain the nation.

This brand new talent show for TG4 will search the country high and low for a new famous performing family. All entries must be made up from immediate family members, ie, grandparents / parents / children. The act must consist of at least 2 people. There are no restrictions on what their act could be. They could be singers, dancers, musicians or storytellers.

If you and your family would like to audition please get in touch directly by using the following contact details: Lucinda@adareproductions.ie, rob@adareproductions.ie or phone 01 2843877.



THE CHILDREN TAKING PART IN 31ST ANNUAL MARIAN PLAYERS RATHMORE PANTO GROUP THE PIED PIPER ON LAST WEEKEND IN RATHMORE COMMUNITY CENTRE.

COMHALTAS CONCERT DVD NOW ON SALE

Cost €5, on sale from Kilcummin Post Office, Tony O'Connor 087 6258641, Irene O'Donoghue 087 1191353 & Louise Finnegan 087 9353254.

KILCUMMIN COMHALTAS BRANCH MEETING

Will take place on Monday Feb 5th in the back room of the Recreational Hall. All welcome.

KILCUMMIN GAA

SENIOR FOOTBALL

East Kerry league commences on February 11th with a home game against Gneeveguilla at 2pm. Kilcummin travel to Legion the following Sunday also at 2pm. Dates for the Dr Crokes and Rathmore games will be confirmed later.

CREDIT UNION CO LEAGUE DIV 2

Commences on March 11th with a home game against Austin Stacks.

KILCUMMIN GAA LOTTO

There was no winner on Sunday 21st January 2018. Numbers drawn were 2, 8, 15 26. Consolation prizes were €100 Patie O'Leary. €60 Muireann Sheehy c/o Kevin Gorman. €60 Tom O'Callaghan, c/o Liebherr. €30 Margaret O'Connor, Old Creamery. €30 Nora Riordan, 205 Ballyspillane. Next Draw Sunday, 11th February, 2018. Jackpot now €9,500.

MASTERGEEHA FC LOTTO

There was no winner on Friday 26th January, 2018. Numbers drawn were 6, 9, 12, 24. Consolation prizes were €100 Sinead & Marian, c/o Lals. €30 Michael O'Connor, Glounanea, Kilcummin. €30 Philip O'Leary, Mastergeeha, Kilcummin. €30 Michael O'Connor, Glounanea, Kilcummin. Jackpot now €3,800.

FOSSA NOTES

LOTTO

28th January 2018

Numbers drawn were 2, 7, 9, 10. There was no jackpot winner and the consolation winners were Martina Healy, Knocklebede Kilcummin, Catherine Lyons, c/o Costellos, Anne O'Brien, Aghadoe, Paddy Griffin, Crosstown and Damo and Mags, c/o Golden Nuggett. Next weeks jackpot will be €3,150.

PLAYER OF THE YEAR AWARDS

Fossa GAA Club celebrated our playing

successes of 2017 in the Dromhall Hotel, Killarney on Friday night. Medals were presented to the Senior Men, the Senior Ladies and the Minor teams. Anthony Wharton won the Senior Men's Player of the Year award, David Clifford was named as the Minor Player of the Year for the second year running and Aoife O'Connor will go down in history as being the first recipient of the Fossa Senior Ladies Player of the Year. A special word of thanks to Bernadette Randles and the Dromhall Hotel who went above and beyond the call of duty to ensure an enjoyable night was had by all.

SENIOR DEBUT

Well done to David Clifford who made his senior debut for Kerry on Sunday in the National League. His awareness of players in a better position is one of his biggest assets and was on full display on Sunday, we look forward to seeing more from David and his young, talented teammates in the league and hopefully in Croke Park in September.

OPERATION TRANSFORMATION

This time last year a group of us, getting into the spirit of Operation Transformation, gathered in Lidi car park at 7pm on Wednesday evenings for a 4km stroll / walk around the town – all lit with street lights and semi sheltered. We finished at approx 8.15pm. It proved to be a fun walk and a broad range of topics were discussed! We are starting again next Wednesday, 17th January and everybody is welcome to come along and join us.

COMMUNITY GAMES

Fossa Community Games Committee are organising a table quiz in the Golden Nugget on 2nd February 2018 to help raise funds for another year's events. Fossa has a long tradition of participation and success in Community Games and the funds raised will help continue this tradition for the local children. We would appreciate any support you could give to help make this event a success, whether it's in promoting the quiz itself or supporting our raffle.

KILLARNEY LIBRARY

Beaufort Film Night is a new non-profit cultural community group which will screen a selection of films at the Inn Between Bar, Beaufort. The



first film night takes place on Friday 9th February at 8.30pm where the Oscar-winning film *The Lives of Others* will be screened, Certificate 15. Further information can be found on the facebook page @BeaufortFilmNight.

SYMPATHY

Fossa GAA Club extends its deepest sympathy to Siobhan Coffey and family of Barleymount on the death of her mother, Mary Corbett of Furies. Ar dheis De go raibh a hAnam.

LISTRY NOTES

CLASSES

Listry Community Council in association with Kerry Education Training Board are offering an ART CLASS (Painting with Acrylics / Watercolours) beginning on Monday February 5th from 4-6pm. If interested in this Class please phone or text Tony on 087 2563883 prior to Saturday Feb 3rd. Based on demand, an Advanced Photography Class may also be offered. For further details please contact Joan on 086 7944494 prior to Monday February 12th.

GLENFLESK NOTES

GLENFLESK LOTTO

No winner of the lotto which took place in The Corner Bar on 29/1/2018.

Jackpot €4,800. Numbers were 4, 18, 19, 20.

1. Diane O Leary, Headford.(Yearly ticket)

2. Joan Doherty, Lisnagrove

(sellers prize Spillanes Bar)

3. Donie Donovan, Dromcarbin

4. Denis O Sullivan,Dalton's Ave

5. Mike O Connor, SPX

The next draw will take place in the Kerryway on 12/2/2018, and the Jackpot is €5,000.

GLENFLESK COISTE NA NOG RACE NIGHT

Many thanks to everyone who made our recent Race Night a great success raising much needed funds for the Club and for Glenflesk Coiste na nÓg. We would especially like to thank everyone who purchased a horse and attended on the night, to the local schools who facilitated the distribution and collection of forms, to all of our sponsors who generously sponsored races or provided spot prizes and to club sponsors The Kerry Way for the use of their facilities. We would also like to thank Rory D'Arcy who did a fantastic job as MC ensuring everyone had a great time on the night



L-R TOM DELAHUNTY, SHINANN BUCKLEY O'SULLIVAN, AOIFE CRONIN & CIAN BUCKLEY O'SULLIVAN PICTURED AT MCSWEENEY'S FOR THE KILLARNEY MUSICAL SOCIETY QUIZ. PICTURE MARIE CARROLL-O'SULLIVAN

SCOR NA NOG

Scór Sinsear

The Co Final of Senior Scór will be held in mid February. Any member of Glenflesk GAA, aged 17 or over, who would like to take part, should contact the Scór Officer, Rosie, as soon as possible at 087 2072512.

SCÓR NA BPÁISTÍ

The East Kerry round of Scór na bPáistí will take place in the Racecourse on Saturday, February 24th, at 12pm. Any primary school children, who are members of Glenflesk GAA, who would like to take part in any of the competitions, are asked to forward their names to the Scór Officer, Rosie, as soon as possible at 0872072512 to finalise entries for the Club.

OPERATION GLENFLESK

The GAA in partnership with RTE's Operation Transformation is seeking to bring together Communities across the 32 County's to enjoy healthy walks in the Safe bright environs of there GAA Club. In a bid to make exercise more accessible on the dark winter nights, Ireland lights up will see participating clubs turn on there lights between 7 and 8pm each Monday for a six week period (22nd of January-26th of February). Our Club Glenflesk is delighted to be one of the 100 participating clubs, we are asking everyone in the parish young and old to join us. You will be welcomed each week by Derry Healy and Dermot Kelly who are leading the initiative. LETS LIGHT UP GLENFLESK TOGETHER

THE OSKARS

Preparations for "a night at the Oscars" are well under way with over 80 actors from Glenflesk and Kilcummin now rehearsing seven short 10 minute films, which will be aired at the INEC on March 29th. It promises to be an exciting an entertaining event. To keep up to date with everything that's going on, follow the "The Oscars by Glenflesk and Kilcummin GAA" Face book page.

RATHMORE PANTO

Marian Players Rathmore Panto Group present their 31st Annual Panto THE PIED PIPER Opening on Saturday January 27th at Rathmore Community Centre

TRANSFORMATION



CASSIE ROSE MELLODY FROM LETTERMACKAWARD, DUNGLOE, DONEGAL PICTURED AT THE DONEGAL ASSOCIATION IN KERRY ANNUAL SOCIAL AHEAD OF THE KERRY V DONEGAL LEAGUE GAME IN KILLARNEY AT THE WEEKEND WITH AN IRISH JERSEY AND BOOTS SIGNED BY IRISH INTERNATIONAL SOCCER PLAYER SEAMUS COLEMAN WHICH WERE AUCTIONED ON THE NIGHT IN AID OF THE IRISH COMMUNITY AIR AMBULANCE. PHOTO DON MACMONAGLE

Also nightly: Wednesday 31st, Thursday 1st February, Saturday 3rd

All night shows at 7.30pm Matinees; Sundays 28th & Sunday 4th February at 3pm

Proceeds to Kerry Parents Friends Association Further information & booking contact booking office 0647758526.

RAHEEN N.S

Congratulations to Margaret Leader who had the winning lotto no.10 on Saturday the 27th of January and to Norissa O' Donoghue who had no.34 on Saturday the 20th

CONTACT

We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.



THOMÁS KELLIHER & MAURA SULLIVAN, EILEEN O CONNELL, GREAT SOUTHERN HOTEL, MARY SHANNHON, ANDREA O DONOHUE AND PAT DOLAN FROM KERRY HOSPICE PHOTOGRAPHED AT THE GREAT SOUTHERN'S VINTAGE AFTERNOON TEA PARTY IN AID OF KERRY HOSPICE. FORMERLY KNOWN AS THE MALTON, THE HOTEL HAS RETURNED TO IT'S ORIGINAL NAME UNDER THE SAME MANAGEMENT, THE HAYFIELD MANOR COLLECTION OWNED BY THE SCALLY FAMILY.PHOTOGRAPH BY SALLY MACMONAGLE.

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DRY JANUARY?

PART TWO

The best way to lose weight, get more energised and healthy is to reduce your alcohol intake if you feel like you are over doing it. Alcohol breaks down into sugar which raises blood glucose levels rapidly and stimulates appetite and cravings either that night or the following day. It will also inhibit your healthy eating food choices. Regular and over consumption will cause weight gain particularly around the middle! So you can see why it is best to limit your intake if you want to make a difference.

Alcohol can and should be enjoyed as part of a healthy balanced lifestyle, provided it is consumed in moderation. 2x standard unit of alcohol is equivalent to - 1 pint of beer or a medium glass of wine and the recommendations are no more than 14 units spread out over 1x week. There is a really handy website www.drinkaware.ie that gives a drinks weekly calculator so you can see how many units you are consuming and how many calories and the cost per week. It's a real eye opener.

And bear in mind the 1 pound of fat = 3500 calories

So if you are consuming 3xbottles of wine over a week= 1700 calories ; then heading to the chipper on a Friday night for burger and chips = 1500 And finishing on a takeaway pizza treat on Sunday 1 large pizza = 2975

Grand total = 6175 calories.

You can now see where all the calories you burn off in the gym midweek go? And why you aren't losing weight. So stop and think! Evaluate your weekly alcohol intake, if it's In Excess reduce, or if you can't reduce eliminate and see if it makes a difference. Having a flat stomach may mean more to you than having one pint too many!

MORE TIPS NEXT WEEK...

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Three top tips for discovering your life purpose.

1. Pay attention - When you pay attention, you become an active participant in your life. You start to notice the things that make you happy and it's easier to reject the things that don't.
2. Change the Question - Instead of asking, "What is my purpose?" try asking, "Who is the person I would most like to become?" Changing the question can help shift your perspective and open yourself up to an abundance of creative ideas and fulfilling experiences you may have never thought possible.
3. Take Time for Stillness – Everyday take time to find that stillness within you – even for two minutes. Just allow yourself to connect to the you that is there without all of the doing and rushing around. Close your eyes, breathe deeply and become mindfully present.

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Olivia Dunne - Touch of an Angel

Olivia Dunne is passionate about helping others. Having previously trained and worked as an Occupational Therapist, Olivia went on to develop her passion and true gift. Olivia has a strong foundational knowledge of anatomy and physiology which compliments her knowledge of energy healing. She practices holistic therapies which help a wide range of issues. Olivia has travelled the world extensively and her training was completed in various locations including Ireland, London, Amsterdam and Sweden. She accomplished awards in training in Healing Modalities including, Reiki, Integrated Energy Therapy, A.R.C.H (Ancient Rainbow Consciousness Healing) and has also trained as a life coach. Her wish is to assist people in reaching their true potential in life. Olivia practices Reiki and Integrated energy therapy (IET healing with the angels) in sessions. Her holistic therapies can remove energy blockages and release health issues and other personal limitations. Her Healing for Wellbeing helps women with fertility issues, relieves stress and anxiety, helps cope with grief and loss, enhances overall well-being of mind body and spirit and helps you reach your full potential in life. She is working daily from the Nu Era shop, Plunkett Street Killarney, Saturday appointments are available.

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St. Brendan's are All Ireland colleges senior basketball champions

30 years ago this week on January 31st 1988 St. Brendan's College Killarney defeated North Mon 84-78 in the All Ireland Colleges Senior 'A' Basketball Championship final at St. Declan's College, Cabra, Dublin. Front from left are Fr Jack Fitzgerald, Eamonn Keogh, Liam O'Connor, Aidan O'Shea, Mark Cooper and Gerard Flynn. Back from left are Mike Leahy, Simon O'Shea, Connie O'Leary, Timmy Leen, Cormac O'Donoghue (Captain), Colman O'Shea, Niall O'Callaghan, Tim Regan (Coach), Timmy Looney and Pat Sheehan.

The glory trail that culminated in a first and only All-Ireland Senior A title for The Sem started out with victory in the Dawn Dairies Kerry Schoolboys Basketball Blitz which featured wins against Mercy Kanturk, Tralee CBS, Colaiste Padraig, Castleisland and Killarney Community College.

An 83-58 points Munster semi-final victory over Crosshaven followed and although St Brendan's lost narrowly after overtime to North Mon of Cork in the provincial decider, they had still done enough to secure a place in the All-Ireland Championship top eight.

The long journey to St Declan's College in Cabra, Dublin followed with the top two teams from each province going to battle. Spirited victories over Leinster champions Patrician of Newbridge, St Mary's of Galway and La Salle of Belfast saw St Brendan's win their group and they went on to score a 88-75 points victory over St Joseph's of Galway in the semi-final.

The dream final saw Tim Regan's side pitched once again against their provincial rivals North Mon of Cork and although the Killarney boys trailed 41-38 at half time, they gradually got on top in the second half and eventually won the game – and the All-



THE ST. BRENDAN'S COLLEGE KILLARNEY TEAM THAT WON THE ALL IRELAND COLLEGES SENIOR 'A' BASKETBALL CHAMPIONSHIP TITLE ON JANUARY 31ST 1988. FRONT FROM LEFT ARE FR JACK FITZGERALD, EAMONN KEOGH, LIAM O'CONNOR, AIDAN O'SHEA, MARK COOPER AND GERARD FLYNN. BACK FROM LEFT ARE MIKE LEAHY, SIMON O'SHEA, CONNIE O'LEARY, TIMMY LEEN, CORMAC O'DONOGHUE (CAPTAIN), COLMAN O'SHEA, NIAL O'CALLAGHAN, TIM REGAN (COACH), TIMMY LOONEY AND PAT SHEEHAN.

Ireland title – on an 84-78

This was a first and only All Ireland Colleges Senior 'A' Basketball Championship title for St. Brendan's Killarney. The school has won three other All-Ireland basketball titles in other age categories since that historic victory in 1988.

These were an U16 National Cup in 2005, a First Year title in 2006 followed by a Second Year title in 2007.

Following the All Ireland victory for St. Brendan's in 1988 various celebratory events took place. Upon arriving home at Killarney Railway Station on the Sunday night of the final, family, friends and fellow

students gave the winning team a rousing reception and they were paraded through the streets of Killarney.

The late Killarney UDC Cllr Sean O'Keeffe proposed a special vote of congratulations for the team at the town council meeting on Monday February 1st and it was adopted unanimously by all councillors. The late Bishop of Kerry Diarmuid O'Suilleabhain and St. Brendan's College President Fr Dan O'Riordan hosted a special reception for the team at the school on Tuesday February 2nd 1988.

Killarney coach enjoys National success

Killarney basketball coach James Fleming enjoyed tremendous success at the National Basketball Arena in Dublin last Sunday afternoon when his Fr Mathews ladies team stormed home to their first ever Women's National Cup title with a 55-45 point win over Meteors Dublin in the Senior Women's Cup final. Former Irish International Niamh Dwyer was outstanding for the Cork side as Coach Fleming's girls made an 18-point turnaround in the second half to secure a historic

victory.

Now in his third season coaching Fr Mathews, this national cup victory was a huge achievement for James following on from his recent Basketball Ireland Coach of the Month award.

A former St. Paul's Killarney superleague player and senior ladies head coach, James is also coach with the St. Paul's U-14 girls team. He is also well known as a former Dr Crokes senior football championship winning captain.



Citizens Information

Know Your Rights: ONLINE DISPUTE RESOLUTION

QUESTION

What can I do if I have a problem with an item I've bought online?

ANSWER

If you are not happy with an item you have bought online, you should always contact the trader first to make a complaint. If you are not satisfied with their response, you may be able to get help.

If your complaint is against a trader here in Ireland, you can contact the Competition and Consumer Protection Commission for advice.

If the trader is in another EU member state, you can contact the European Consumer Centre Ireland (ECC Ireland). ECC Ireland may contact the trader and try to resolve your dispute. If this is not successful, ECC Ireland can advise you on other options.

You can also use the Online Dispute Resolution (ODR) platform. The ODR platform is operated by the European Commission for use by consumers living in the EU. It aims to help consumers and traders settle online disputes without the need to go to court. You use the platform to find a neutral third party (called a dispute resolution body) to handle your dispute.

You don't have to pay when you submit a complaint using the ODR platform. However, a dispute resolution body may ask you to pay a fee if it agrees to handle your case. When a dispute resolution body agrees to handle your case it will tell you what the rules are, including how much you have to pay.

The outcome can depend on the type of dispute resolution body and their rules and procedures. Some decisions may not be binding on the trader. If you disagree with the outcome you might be able to appeal the outcome or take your case to court.

Further information is available from the Citizens Information Service below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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KILLARNEY GOLF CLUB - LADIES

RESULTS FOR SUNDAY 28TH JANUARY:

13 hole single stableford on Mahonys Club sponsored.

1st Elizabeth Keller (16) 24 pts. back 9

2nd Amy Arthur (6) 24 pts.

Next Sunday's competition 11 hole single stableford on Killeen

Sponsored by Bradley's Pharmacy.

KILLARNEY GOLF CLUB - MENS

Club President Jack Buckley, Club Captain Derry McCarthy, and Club Lady Vice-Captain Mary Sheehy were representing our Club when Mayor of Killarney, Councillor Niall Kelleher hosted an awards ceremony held at Killarney House on Friday evening last. Among the awards recipients were two of our Ladies Teams, who both won National Competitions in 2017, the first team won the All-Ireland Ladies Senior Cup, and the second Team won the All-Ireland Ladies Senior Foursomes, and all of the players involved with the exception of Valerie Clancy were in attendance to accept these well deserved accolades to recognise their fantastic achievements. Ex-Officio Lady Captain Amy Arthur, who was a panel member on both of those Teams, and Ex-Officio Club Captain Declan McCarthy along with Club President for 2017 Breda Duggan were also present at the awards ceremony. Our congratulations to all concerned once again on what you have achieved, and brought back to our Club.

Club Captain Derry McCarthy on behalf of the entire Club sends our sincere condolences to Patie Sugrue And to all of the Sugrue family on the recent passing of Patie's brother Johnny Sugrue, and to Liam Collieran on the recent death of his father Bill Collieran.

DEERPARK PITCH & PUTT CLUB NEWS

SUNDAY COMPETITION

Fourball Betterball- Overall Nett: John Murphy & Sean Ashe 36, Overall Gross: John O'Brien and John Kelly 47 and Second Nett: Robbie O'Brien Snr & Sean Ashe 39 ½. Competition again this Sunday with same times of 9.15am and 11.15am with a fee of €4 per draw and €7 for both. Open to Club Members aged 15 or over.

COUNTY BOARD AGM

Club PRO Jason O'Connor was elected the new Secretary of the Kerry County Board last week in Castleisland after David Hobbart of Tralee assumed the position of Chairman for the year. The club will also have responsibility for running the U-16 section of the County Board this year. It was also agreed that the Sundays for the Bob Casey will March 4th and 11th.

Bob Casey Trial: It has been decided that if a trial is required to pick the Bob Casey team that Sunday February 18th will serve as the date for same when the morning draws will be a Singles event. Further information in due course.

Membership: Now due, the rates for 2018



PICTURED AT KILLARNEY HOUSE FOR THE KERRY COUNTY COUNCIL AWARDS EVENING WERE L-R CAPTAIN OF KILLARNEY GOLF & FISHING CLUB DERRY MCCARTHY, MARY SHEEHY (VICE LADY CAPTAIN) & JACK BUCKLEY (PRESIDENT). PICTURE MARIE CARROLL-O'SULLIVAN



ENJOYING THE KERRY COUNTY COUNCIL AWARDS EVENING AT KILLARNEY HOUSE WERE L-R CORRIGNA GRIFFIN, FIDELMA O'CONNOR, AMY ARTHUR, MAIREAD MARTIN & BREDA DUGGAN. PICTURE MARIE CARROLL-O'SULLIVAN



THE NEWLY ELECTED MURPHY'S GOLF SOCIETY COMMITTEE.

remain the same as last year with the exception of Associate Membership which was increased to €120 at the AGM. This increase allows associate members to have the ability to win any prize in a competition for here on out. Contact Registrar Sean Kelly (086 0508686) and Colm O'Dowd (087 7673742) for further information on applying and paying for same. Kerry Sports Star Awards: The all Deerpark Kerry U-16 Pitch & Putt team will be honoured tonight (Friday) in the Juvenile Awards section as part of the Gala function in the INEC for their win in the Munster Inter-County in Castleisland last August. We hope that they all have an enjoyable evening.

MURPHYS GOLF SOCIETY

Murphys Golf Society held their AGM on Monday 29th January 2018. The following officers were elected.

Captain: Pat Casey
President: Seán Murphy
Ex Officio: Anthony Walsh
Secretary: John O Shea
Treasurer: Gerry Adams
Committee:

Paudie O Donoghue
Con O Mahony
Mike Casey
Jimmie Smith
Jonathan Casey
Eoghan Donnellan
Paul Corridan

Thanks to all the sponsors, members & Anthony Walsh for a great 2017.

First Outing Saturday 3rd March, O Mahonys Point.

New members welcome, applications available @ reception

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VITHIT SCHOOLBOY/GIRL SOCCER

MORE NATIONAL CUP GLORY FOR KERRY CLUBS:

SKECHERS NATIONAL CUP LAST 32

12's: Killorglin 0 - 1 Middleton

14's: Mallow United 3-0 Listowel Celtic

Newbridge United 2-3 Killorglin

15's Camp Juniors 3-1 Blarney United

16's Park 1-6 Charleville

Fairview Rangers 0-0 Killarney Celtic AET

Fairview win 5-3 on penalties

GIRLS 16'S NATIONAL CUP LAST 16

Listowel Celtic 1-0 Salthill Devon

Subway Munster 16's Plate Final:

Kerry 0-1 Desmond League

VITHIT League Results and Reports:

Daly's Supervalu 13 Premier:

Park 0-4 Killarney Celtic

Iveragh United 2-1 Killorglin

13 Division 1:

Inter Kenmare 8-2 Tralee Dynamos

13 Division 2:

Killorglin B 0-3 Park B

Killarney Plaza 15 Division 2:

Ballyheigue 2-3 Rattoo Rovers

REPORTS

Super Saturday and Sunday for trio of teams:

Killorglin see off Newbridge at 14's:

Following on from the Park 14's last week Killorglin are also through to the Last 16 of the Skechers National Cup. To make it sweeter for the Kerry side they won on the road defeating Newbridge United 3-2 on their All Weather.

Killorglin went one behind but it was only for a few minutes as Adam Owens equalised. Into the second half and again it was the home side that took the lead. However Killorglin were always in this game and drew level thanks to a Tom Whittleton. And they kept the momentum going and got the winner from Jack O'Sullivan with less than 10 minutes remaining. Next up for Killorglin is another away trip in the Last 16 as they await the winners of Mullingar Athletic and Cherry Orchard Premier. And both the Park and Killorglin are into the Last 5 of the Regional Competition,

CAMP JUNIORS INTO 15'S LAST 16

Camp Juniors welcomed Blarney United to the KDL All Weather in the Last 32 of the 15's National Cup. And the Kerry side progressed after a 3-1 win. Despite the blustery conditions Camp were ahead inside 10 minutes when Maurice O'Connell chipped the opposition to open the scoring. It got even better for the home side 10 minutes later when Kian Clancy doubled the scoring with an unstoppable shot. A great first half was rounded off when Cian Wright slotted home from inside the box. Blarney United plied on the pressure and got one back from a corner that Camp will know they could have defended better. However apart from that blip the Camp Juniors defence were well on top to seal another historic win for the club.

Camp Juniors are at home to Douglas Hall in the Last 16 and will play Tulla United in the Regional Competition.

Listowel Celtic Girls through to the Last 8:

It was also the Last 16 of the FAI Girls 16's National Cup and after seeing off three Cork teams in the previous rounds Liatowel Celtic welcomed Salthill Devon to Pat Kennedy Park. And the Girls in the Hoops are through to the Last 8 after a 1-0 win thanks to an Aoife Horgan goal. This was a strong all round team performance against one of the top girls clubs outside of Dublin.

RUN OVER

Killorglin 12's side went down to Midleton 1-0 despite a big effort on the Dragons Den All Weather. Conor Hayes and Ryan Carey were the best on the day for Killorglin.

The Listowel Celtic 14's National Cup run is also over as they were beaten 3-0 away to Mallow United.

Kerry's interest in the 16's National Cup came to an end when both The Park and Killarney Celtic went out. The Park were well beaten by Charleville at Christy Leahy Park with Terrance Carmody getting their goal.

Killarney Celtic were at the UL All Weather to face Fairview Rangers from Limerick and the game was scoreless after full and extra time. It was the Limerick side that progressed from the spot kicks on a 5-3 score-line. Both Celtic and the Park are still in their Regional Competition. No Plate for Kerry 16's:

KERRY 0-1 LIMERICK DESMOND

A deleted Kerry 16's side interest in this seasons Subway 16's Inter League came to an end when they went down 1-0 to Limerick Desmond in the Munster Plate final.

The Kerry side on duty fought hard all game but were caught on the break in the last 5 minutes when the visitors to Kilbreen Park scored the only goal of the game.

VITHIT LEAGUE UNEVEN AGES ROUND-UP

TOP TWO IN 13 PREMIER BOTH WIN

In the Daly's Supervalu 13 Premier Killarney Celtic continue to lead the way and are now on 11 points from their 6 games. They were 4-0 winners away to The Park with all the goals coming in the second half. Robert Brooks hit two with Dara O'Shea and Eoghan Crowley getting the other two for the Hoops.

Iveragh United moved into second place following their 2-1 win over Killorglin A. The South Kerry side are now on 10 points but have two games in hand over Celtic. Kieran O'Donnell and Ben Egan got the Iveragh United goals with Marc Murphy replying for Killorglin.

INTER STAY SECOND BUT CLOSE THE GAP AT THE TOP OF DIVISION 1

While Listowel Celtic are well clear at the top of this Division after 7 wins from 7 Inter Kenmare are doing everything they can to close the gap. They have it down to 6 points following this win and still have a game in hand. This weekend Inter were too strong for Tralee Dynamos thanks to 4 goals from Yago Cornelis, 2 from Sean Treyvaud and one each from Darragh O'Sullivan and Darragh O'Connor. Tom Quilligan was on the mark for Tralee Dynamos. Park just 1 point of the top of Division 2:

Daly's Supervalu 13 Division 2 has gotten very tight at the top after the Park were 3-0 winners over Killorglin B on the road. The game was

tight until the last 15 minute when the Park took over to wrap up the win thanks to 2 goals from Conor Cronin and one from Stephen Barrett.

PARK JOINT SECOND IN 15 PREMIER

The Park scored an important win over Inter Kenmare to go joint second in the table behind runaway leaders Camp Juniors - who were winning in the National Cup.

The Park's goals in their 4-2 win came from Robert Vassiu, David O'Callaghan, John O'Connor and Earnan Ferris. Corey Murphy replied for Inter.

7 UP FOR LEADERS IN 15 DIVISION 2

Rattoo Rovers continued their unblemished run in the 15's Division 2 and are now onto 21 points from their 7 games. They defeated their closest rival Ballyheigue 3-2 in a cracking game. Goals from Rattoo from Jordan Goggin and Ronan Walsh were cancelled out by two from Oisin Maunsell. But it was Rattoo Rovers Darragh Quinlan who wrapped up the win from the penalty spot.

UNDER 16 FAI CUP

Listowel Celtic 16's Girls have been drawn away to Park United in Clare in the Quarter Finals of the FAI Women's Cup

The other teams are

Kilmore Girls v Athlone Town

Tipp Town Ladies v Freebooters FC

Real Tubber v Shelbourne FC.

Fixtures to be completed by weekend February 11th

MEK UNITED NOTES

Last weekend's weather put paid to our U13 league match V Ballyhar.

However, our U11's fared better against Ballyhar B, with a very strong performance from all our players. Meanwhile our U14's played a friendly against Killorglin B at the Dragons Den, winning their fixture.

Next weekend is a quiet one with only our U14's in league action and the lads are away to Listowel Celtic B on Saturday at 12:15pm. Our U12's have no fixture tomorrow.

Academy training continues every Saturday at Fossa every Saturday at 10am. Keep posted to our Facebook page for updates.

KILLARNEY CELTIC NEWS

Premier A, Killarney Celtic 4, Castleisland 2.

Danny Roche(2), Peter McCarthy and Wayne Sparling got the goals in a tight encounter. This win puts us back on top of the table. Next Sunday the A team play away to Fenit at 11.30am.

Premier B, Killarney Celtic B 2, Rattoo Rovers 0.

Cian Casey and Conor McCarthy got the goals that pushes the B team out of the relegation zone.

U16 National Cup, Fairview Rangers 0, Killarney Celtic 0, Fairview won 5-3 on pens.

Despite a valiant effort the u16s went out of the National Cup after a penalty shoot out.

U15 Premier Killarney Celtic 1, Camp 3.

Played in mid week the 15s were unable to stop

the league leaders Camp from another win. U13 Premier, Park O, Killarney Celtic A 4. The U13A team continued their recent run of good form with a 2nd half blitz from Robert Brooks(2), Dara O Shea and Eoghan Crowley. We fielded 4 teams at U11 on Saturday against Mastergeeha and Inter Kenmare resulting in great scores, great individual performances and great team performances all round. Congrats to Cathal O Donoghue U13A who made Team of the Week.

For Pitch Bookings contact Mary on 086 6485809

For more detailed Match reports and Training Updates please see our Facebook page.

Reminder to all players and parents, all players from U7 to Youths must bring €2 for training and the correct footwear must be worn on the Astro. Failure to do so will result in players not being allowed to take part in training or matches.

CELTIC LOTTO

Numbers Drawn 2,4,10,21. Jackpot not won, 1 x €150. Jackpot next week €3400.

KILLARNEY ATHLETIC A.F.C.

NOTES

RESULTS

Games postponed due to weather

FIXTURES 3rd February 2018

Under 12 Premier

Killarney Athletic A v Killarney Celtic A to be played midweek

Under 14 Premier



PICTURED AT KILLARNEY HOUSE FOR THE KERRY COUNTY COUNCIL AWARDS EVENING WERE L-R GERARDINE NAGLE, TREVOR NAGLE, CATHAOIRLEACH NIAL KELLEHER & MATAS STAVOSAS. PICTURE MARIE CARROLL-O'SULLIVAN

Killarney Athletic A v Killorglin A 11.00am

Under 14 Division 2

Castleisland v Killarney Athletic B 10.30pm

Senior Fixtures

Sunday 3rd February 2018

Denny Division 1 B

Castlegregory Celtic v Killarney Athletic B 11.30am

300 Member Club

Names are now being taken for next year's 300 Club Draw. All support is greatly appreciated.

Please contact Mike O'Shea on 087-2226185 or any committee member to enter.

Killarney Athletic Website: Please check the website on www.killarneyathletic.com or Facebook for match reports, club information and contact details.

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

St Brigid's emerge victorious



ST. BRIGID'S JUNIOR FOOTBALL TEAM WHO EMERGED VICTORIOUS AGAINST ST. FLANNAN'S ON A SCORE LINE OF 3-7 TO 3-4 IN THE MUNSTER PPS JUNIOR B SEMI-FINAL.

On Wednesday the 24th January St. Brigid's Junior Football team emerged victorious against St. Flannan's on a score line of 3-7 to 3-4 in the Munster PPS Junior B semi-final. The game was played in Rathkeale GAA grounds in extremely blustery conditions. St. Flannan's had the breeze on their side in the

first half and put St. Brigid's under serious pressure as they led at half time with a score line of 3-4 to 2 goals.

With the aid of the wind St. Brigid's upped their game and made a major come back. With five minutes to go the teams were level. This made for a thrilling ending as St. Brigid's hung in there

and managed to keep their Ennis components at bay and came away with a 3 point lead..

All the St. Brigid's team played with great heart and displayed spectacular teamwork. It was a great test for the team. They now progress to the Munster final which will be played in the coming weeks.



MARY, KATHERINE, MARTINA, EMMA AND MARY FOLEY PHOTOGRAPHED ON SATURDAY AT THE GREAT SOUTHERN'S AFTERNOON TEA PARTY IN AID OF KERRY HOSPICE. FORMERLY KNOWN AS THE MALTON, THE HOTEL HAS RETURNED TO IT'S ORIGINAL NAME UNDER THE SAME MANAGEMENT, THE HAYFIELD MANOR COLLECTION OWNED BY THE SCALLY FAMILY. PHOTOGRAPH BY SALLY MACMONAGLE.



NOLEEN O SULLIVAN, BRIDIE BROSANAN AND EILEEN FOLEY PHOTOGRAPHED ON SATURDAY AT THE GREAT SOUTHERN'S AFTERNOON TEA PARTY IN AID OF KERRY HOSPICE. FORMERLY KNOWN AS THE MALTON, THE HOTEL HAS RETURNED TO IT'S ORIGINAL NAME UNDER THE SAME MANAGEMENT, THE HAYFIELD MANOR COLLECTION OWNED BY THE SCALLY FAMILY. PHOTOGRAPH BY SALLY MACMONAGLE.



ENJOYING THE KILLARNEY CHAMBER OPENIN BUSINESS MEETING WERE L-R NIALL O'CALLAGHAN, CATRIONA & TOM KENNEDY & NOREEN COOPER. PICTURE MARIE CARROLL-O'SULLIVAN



L-R PAUDIE HEALY, JOHN JOE CULLOTY, DAVID RAE & SEAN BROSANAN PICTURED AT THE KILLARNEY AVENUE HOTEL FOR THE KILLARNEY CHAMBER OPENING BUSINESS EVENING ON MONDAY. PICTURE MARIE CARROLL-O'SULLIVAN



ELEANOR O'DOHERTY & KATHLEEN BROSANAN FROM GNEEVUGILLA PHOTOGRAPHED AT THE GREAT SOUTHERN'S AFTERNOON TEA PARTY IN AID OF KERRY HOSPICE. FORMERLY KNOWN AS THE MALTON, THE HOTEL HAS RETURNED TO IT'S ORIGINAL NAME UNDER THE SAME MANAGEMENT, THE HAYFIELD MANOR COLLECTIVE OWNED BY THE SCALLY FAMILY. PHOTOGRAPH BY SALLY MACMONAGLE.



PICTURED AT MCSWEENEY ARMS HOTEL FOR THE KILLARNEY MUSICAL SOCIETY TABLE QUIZ WERE L-R BRÍD O'CALLAGHAN, PADDIE KEOGH, PHIL SPILLANE & IRENE HURLEY. PICTURE MARIE CARROLL-O'SULLIVAN



L-R SYLVESTER MURPHY, TERESA SHEEHAN, ADRIANA JOZWIAK, MIRIAM MURPHY, JESSICA MURPHY, SINEAD ASHE, GERALDINE ASHE & TOM ASHE PICTURED AT MCSWEENEYS FOR THE KILLARNEY MUSICAL SOCIETY QUIZ. PICTURE MARIE CARROLL-O'SULLIVAN

ALLIANZ NATIONAL FOOTBALL LEAGUE DIVISION 1

CASEY RESCUES "OPERATION YOUTH" IN LEAGUE OPENER

KERRY O'SHEA REPORTS FROM KERRY'S OPENING ALLIANZ NATIONAL LEAGUE OUTING WITH DONEGAL

KERRY 2-18
DONEGAL 3-14

Kerry defeated Donegal in another feisty and tempestuous Allianz NFL Division One game between the sides at Killarney's Fitzgerald Stadium on Sunday afternoon.

In a thrilling finale, Donegal's Darach O'Connor struck for their third goal in the 71st minute. You sensed that Kerry supporters feared the worst but the young Kerry starlets did not know the meaning of defeat and the deficit was overcome with points from debutant Sean O'Se and Daithi Casey who landed the coup de gras.

Following the game, Eamon Fitzmaurice expressed his satisfaction with his young charges. Fitzmaurice said that Jack Barry, who was a late withdrawal prior the game because of injury should be ready for the Mayo battle ahead in Castlebar next Saturday as should James O'Donoghue. In front of an attendance of 10,977, Kerry supporters can take plenty of positives from this gutsy performance. The Kerry management must look at the backline which followed the ball, resulting in three leaked goals, leaving debutant goalkeeper Shane Murphy isolated at times. Murphy, who was skipper on the day showed superb positional play and made one or two great saves as well. The decision to name David Clifford on the first 15 certainly grabbed the national and local headlines during the week but it was the performance of another debutant, Kenamre's Sean O'Se that had supporters talking following the game. The 2016 All-Ireland Minor-winning captain finished the game with a personal haul of 0-7, which included four points from play in a superb return.

David Clifford who received unwarranted attention from the Donegal defence, scored a pointed free and had a direct hand in 1-2 of Kerry's first-half total before being replaced by James O'Donoghue 14 minutes into the second-half.

The Fossa youngster will certainly remember his senior debut day which certainly was a baptism of fire and did very well to last 49 minutes.

Donegal finished the game with 13 men following the dismissal of midfielder Nathan Mullins, a son of former Dublin legend Brian Mullins and Leo McLoone who was dismissed on a 2nd yellow along with Kerry centre-back



PAUL MURPHY BREAKS FREE FROM THE TACKLE OF NATHAN MULLINS DURING SUNDAY'S NATIONAL LEAGUE FOOTBALL FIRST ROUND GAME IN FITZGERALD STADIUM.

Gavin Crowley late in the game. Kerry, with 10 players inscribing their names on the scoresheet, led by 1-8 to 0-8 at the break, with Stephen O'Brien's goal from a pass by David Clifford, the difference. Donegal stunned the Kingdom on the restart when Tony McClenaghan struck for the first of their three goals from the throw-in. The Kingdom regrouped and were awarded a penalty with 53 minutes gone when the outstanding Paul Murphy was fouled, but Paul Geaney's shot went high and over the bar, Sean O'Se followed suit with another point but disaster struck again as Donegal's Odhran McNiallais finished a superbly-executed



EAMONN FITZMAURICE WILL BE HAPPY TO HAVE SURVIVED A STERN DONEGAL TEST LAST SUNDAY.

move to give Declan Bonner's side a 2-13 to 1-13 lead and when the silver-booted Paddy McBrearty, who finished with 0-10 on the day, added another point, the Tir Conaill men led by four points with 57 minutes gone and seemed set for their first win on Kerry soil in 30 years. As the action swung from end to end, Kerry pounced with 1-2 of their own, the goal from Paul Geaney and points from Stephen O'Brien, Sean O'Se and the golden-haired Killian Spillane who was superb on his introduction to take a 2-16 to 2-14 lead.

The game was now in injury-time and there was a further twist to the tale as Darach O'Connor gave Donegal the initiative again with their third major but Kerry were not ready to give up yet and that late late show from Sean O'Se and Daithi Casey snatched a memorable win. Kerry head to Mayo next weekend.

Teams and Scorers

Kerry: Shane Murphy, Cormac Coffey, Jason Foley, Shane Enright, Paul Murphy, Gavin Crowley (0-1), Ronan Shanahan (0-1), Barry O'Sullivan, Brendan O'Sullivan, Michael Burns (0-1), Sean O'Shea (0-7, 0-4f), Stephen O'Brien (1-1), David Clifford (0-1, 0-1 free), Paul Geaney (1-2, 0-1 pen), Barry John Keane (0-2).
Subs: James O'Donoghue for Barry John Keane (49), Jack Savage for David Clifford (49), Daithi Casey (0-1) for Barry O'Sullivan (55), Killian Spillane (0-1) for James O'Donoghue (55), Matthew Flaherty for Cormac Coffey (60), Brian O'Seanchain for Michael Burns (68).

Donegal: Mark Anthony McGinley, Stephen McMenamin, Eoghan 'Ban' Gallagher, Caolan Ward, Leo McLoone, Paul Brennan, Tony McClenaghan (1-0), Hugh McFadden (Capt), Nathan Mullins, Ryan McHugh, Caolan McGonigle, Martin O'Reilly, Patrick McBrearty (0-10, 8 frees), Odhran MacNiallais (1-2), Jamie Brennan (0-1).
Subs: Peter Boyle for Mark Anthony McGinley (16), Niall O'Donnell for Jamie Brennan (half-time), Ciaran Thompson for Caolan McGonigle (42), Stephen McBrearty (0-1) for Martin O'Reilly (47), Jason McGee for Leo McLoone (66), Darach O'Connor (1-0) for Jamie McGee (71)

Referee: Paddy Neilan (Roscommon).



KERRY GAA STORE



SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: kerrygaastore1@eircom.net

MID KERRY GAA

MID KERRY U21 CHAMPIONSHIP RESULTS

Prem Round Played Sunday last
Laune Rangers 5-17 Keel/Listry 2-08

1ST SEMI FINAL

Glenbeigh/Glencar/Cromane 0-12 Beaufort 1-05 (attached report)

2nd Semi Final Sees Laune Rangers host Miltown/Castlemaine on Sunday 4th Feb at 2pm (extra time playable) hel

MID KERRY JUNIOR LEAGUE

Round 2 results Glenbeigh/Glencar 0-14 Cromane 1-13 (attached report)

Round 1 Sunday 18th Feb all games 2pm

Glenbeigh/Glencar host Keel

Beaufort entertain Laune Rangers

Cromane home to Miltown/Castlemaine

Mid Kerry Board held their AGM last Thurs night President, Pat O'Shea, Cromane

Chairman, Mike Sayers, Keel

Asst Chairman, Tim Coffey, Beaufort

Secretary, Joan McGillicuddy, Glenbeigh/Glencar

Treasurer, Morgan O'Sullivan, Cromane

Many thanks to Glenbeigh/Glencar for the use of their facilities & refreshments on the night

All the best to Cromane in the Munster Junior FC semi-final against Cashel King Cormacs in Knockaderry, Co. Limerick, next Sunday.

FIRIES COISTE NA NÓG

Firies Coiste na nÓg is pleased to announce our annual table quiz is scheduled to take place on Friday, 2nd February at 9am in Sheehan's Bar, Firies. Dust off the January blues and get the competitive juices flowing for 2018 taking into consideration that this is an imperative fundraiser for our Juvenile club and we would encourage and value your support!

LISTRY GAA CLUB NEWS

DEFIBRILLATOR TRAINING

The club is organising a defibrillator training course shortly. Cost will be €20 each and will take place on a Saturday for approx 4 hours (both morning and afternoon courses available). Please text back to 087 919 4669 if you would like to take part with name and preferred option of morning or afternoon. Course will be 6 people at a time and we hope to run it over a few Saturday's in February and March.

OPERATION TRANSFORMATION/GAA INITIATIVE FOR 2018

For the next 4 weeks the lights on the track in Listry GAA pitch will be on from 7pm - 9pm

every Monday. People are invited to come and walk.

VOLUTEERS

Listry GAA would like to thank all the vounteers who turned out on Saturday 27th January who helped out in repair the walking track in the pitch.

GAA GAELTACHT SCHOLARSHIPS 2018

The Kerry County Board is pleased to announce the continued collaboration with the Munster Council and Colaisti Chorca Dhuibhne to offer part scholarships for our youth members aged between 12 years to 18 years to attend Irish College in Dingle Peninsula Gaelacht over the summer of 2018. Application forms can be downloaded for our website www.listrygaa.ie

LOTTO RESULTS

Numbers drawn 11, 14, 19, 22

€100- Lyno

€50 x 2 - Fr. Pat O'Donnell Rathmore. Carmel O'Keefe Miltown.

€25 x 2 - Mike Moriarty c/o Tim M. Paul Duffy Mayo.

Draw Entrant: Tim Corcoran Cahernane Meadows

Next Sunday 4th February Jackpot €3,200

GNEEVEGUILLA GAA NOTES

There was no winner of last week's lotto numbers drawn 5, 6, 18, 29, next week jackpot €11,600, lucky dip winners €40 John Doone c/o petros, €40 Jim Brosnan, €40 Krzysztof Rusinek c/o post office, €30 Ann Gleeson Sliabh Luachra €30 Noleen Murphy Killarney €20 Sheahan family yearly ticket, thanks for your continued support. Monthly meeting on tuesday feb 6th at 9pm. Club membership will be collected in club bar this Monday and Friday night at 9pm it would be greatly appreciated if people could pay up membership as soon as possible. Club social on Feb 17th in hall music by the Kelts tickets €25 contact Niall @ 086 3420626 for bookings. East Kerry Scor na bPaisti will be held on 24th Feb all entries to scor officer at 087 6981764. Also anyone interested in getting involved in refereeing course contact club secretary John @ 0879040765

LEGION GAA CLUB NEWS

KERRY'S GOOD WIN

Congratulations to the county side and all involved as they got the competitive year off to a fine start - a good omen for the year ahead. We were looking forward to seeing James in action again especially having worked as hard as he did to regain fitness but once again the gods conspired against him, hopefully nothing

too serious.

THE SEM

Best wishes to the Sem as they tackle Dingle this coming weekend, the club is well represented and fingers crossed that St. Brendans fine recent record continues.

LOTTO

Winning no's for draw held on 21-01-18.19,22,23,27.No winner.Lucky dips - (1)John Healy,Loretto Rd.(2)Brendan Lyne,Dennehy's Rd. (3)Pat Culloty,c/o Dan Joe.(4)Sean Fleming,c/o Padraig (5)Maurice FitzGerald,c/o Hegarty's.Jackpot carried forward €3,300.

Draw on Sun.28th.Winning no's - 11,12,16,17. No winner,lucky dips - (1)Kay Coffey,(2)Tianna O'Grady,63 Ardshanavooley,(3) Eileen Moloney,80 Hawthorn Ave.(4)Brian Doody,Muckcross,(5) Stephen O'Shea,Caherdaniel.Next weeks jackpot €3,600.Sun.4th.Feb.

BEAUFORT GAA NEWS

LOTTO

The next lotto draw for a jackpot of €2,200 will be in Beaufort Bar on Sunday, 4th February. Tickets are available from usual sellers, and online at www.beaufortgaclub.com

CLUB SOCIAL

Another successful Social was held on Saturday, 27th February. Thanks to all who attended, the organisers, Killarney Avenue Hotel. Congratulations to all the players who received their medals and good luck to all players and management teams for the year ahead.

SPORTS PREDICTION QUIZ

The closing date is the 31st January. Thanks to everybody who participated and to all the sellers

DR. CROKES

DEVELOPMENT FUND

Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018.Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre.

DR CROKES FAMILY WALKING GROUP

As part of the Clubs Health and Wellbeing

initiative we will be walking every Tuesday evening departing the Clubhouse at 6.30pm. All welcome to our sociable 30/40 min walk.

CHILD PROTECTION AWARENESS COURSE

The club will be hosting a Child Protection Awareness Course in the clubhouse on Tuesday 20th February. It will commence at 7pm and lasts for three hours. It is now mandatory for everyone involved with children to complete this course and all participants receive certification on completion.

CELEBRATION NIGHT

Dr Crokes GAA Awards and Celebration Night will take place on Friday 16th of February in Dromhall at 8pm. Buffet and followed by 80's disco. Tickets €25 and you can get from Club Officers. We have a lot to celebrate so let's make it a night to remember!

PROGRESSIVE 31

Progressive 31 is on every Wednesday night in Crokes Clubhouse. It will start at 8.00pm. You will need to bring money and a partner €5 per person.

CONGRATUALIONS

Congratualtions to Nicola Dickson who was elected as the Juvenile Secretary for 2018 at the recent Clubs AGM.

WELL DONE to Kerry on their win over Donegal in the League especially to the Crokes contingent Shane Murphy (Captain), Michael Burns and Daithi Casey.

LOTTO

Lotto 17, 20, 26, 27. Jackpot €5700 Not Won Match 3 2 by €200. Next Draw Sunday 4th of February. Jackpot €6000.

MILLTOWN/CASTLEMAINE GAA NEWS

REGISTRATION DAY AND FOOTBALL GEAR SWAP SHOP

It's that time of year again when the evenings are getting longer, and our children have a spring in their step! The coaches and mentors at our club have been busy up-skilling during the winter months and are eagerly looking forward to imparting their new skills during the busy footballing season ahead.

Registration for football will be on Sunday February 11th at the Milltown/Castlemaine GAA clubhouse between 12 and 1.30 pm.

Drop off for the Swap Shop will be on Friday (February 9th) 6-6.30 pm and also on Saturday morning (February 10 Th) 10-10.30 at the club house.

At the registration, children will also be able to meet some of our coaches and swap any football gear or boots which they may have outgrown. There will also be some new club gear for sale on the day at knockdown prices. The U-8 boys training has already started indoors at the Nagle Rice Centre and U-6 boys will start on this Saturday morning (Feb 10th) at 9:30a.m. also in the centre.

The outdoor Thursday evening sessions will begin in early April.



PICTURED AT THE LIDL 2018 PPS INTERPROVINCIALS HELD IN KINNAGAD AT THE WEEKEND WERE: THE LIDL 2018 POST PRIMARY SCHOOLS INTER PRO SENIOR BLITZ WAS HELD IN KINNAGAD TODAY. 5 KERRY GIRLS FROM A SQUAD OF 30 REPRESENTED THEIR SCHOOLS AND MUNSTER IN THIS PRESTIGIOUS TOURNAMENT. HAVING BEATEN ALL PROVINCES IN THE ROUND ROBIN SERIES, THEY PLAYED ULSTER IN THE CUP FINAL LOSING BY A GOAL. FIADHNA TANGNEY ISKILLORGLIN CAPTAINED MUNSTER, SARAH LEAHY AND SIOBHAN BURNS ST. BRIGID'S SECONDARY SCHOOL HANNAH O'DONOGHUE POBALSCOIL INBHEAR SCEINE AOIFE O'CALLAGHAN SCOIL PHOBAL SLIABH LUACHRA

Membership for Under 6 boys and Under 6 girls is FREE. However, it is very important that every child registers with the club on February 11th -thus allowing them to participate in club activities throughout the year. Registration is also necessary for insurance purposes and it also ensures that we have sufficient mentors assigned to each age group.

MEMBERSHIP RATES ARE AS FOLLOWS

Adult €50, Couple €80, Family (Two Adults and all Children U-18) €100 U16/Student/OAP €30 As the club looks to develop new facilities to cater for the growing local population, we would ask you to consider our family membership. This entitles every family member to be entered into draws for tickets to Kerry games, including the All-Ireland Final (if Kerry are in it!)

You also get free entry into all home club league games in Milltown during the year. Most importantly, you are contributing to the growth of a very important outlet for children in our community.

We look forward to seeing you.

Any queries contact Podge on (086) 839 8669 or Ian (087)2521053

SCÓR NA BPÁISTÍ QUIZ SELECTION.- PRIMARY SCHOOL CHILDREN

Our club is holding a quiz selection event, for Primary School Children, to form our Milltown / Castlemaine GAA Quiz Team for Scór na bPáistí. The selection quiz will be on Thursday the 8th of February in the GAA Clubrooms at 7 pm. Quiz should be completed by 8 p.m.

Depending on numbers, adults may not be able to remain in the room for the quiz -due to space restrictions. The top four participants will make up our team for the county final in March. We will also select two subs. Each child should bring a pencil and a hard cover book to the quiz -to write on.

Any queries can be made through the Club Facebook Page along with our cultural officer

Danny Mc Clure via mobile on 087/6536631 or Deirdre O'Sullivan on 086/1703332.

PLEASE NOTE: Participants must be members of the club and live within the designated club boundaries.

MID KERRY UNDER 21 FINAL:

Best of luck to our own club in their forthcoming final versus Laune Rangers this Sunday. Please head along and show your support.

Time and venue not available at the time of going to press.

SYMPATHY

Our club extends sincere sympathy to Deacon Conor Bradley and his family on the recent death of his mum Angela.

We also send our sympathies to PJ Reidy - (County Board Schools Gaa Coach) on the recent death of his mum-Mary

MILLTOWN LISTRY COMHALTAS

The third quiz will be held on this Friday night in The Plough Bar. Great prizes on the night for the winners and also spot prizes.

CLUB CALENDAR

There is still a limited number of our club calendars available for purchase. Contact any member of the club executive if you wish to get one!

CAO

Wishing all the students in our club all the best as they make their CAO applications on February 1st. We also hope the Holy Spirit will enlighten our Junior and Leaving Cert students as they sit their 'mock' exams in the coming weeks.



If you want to keep up to date on a daily basis make sure to follow us on @killoutlook



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

KERRY SNATCH VICTORY IN ADDITIONAL TIME

Kerry recorded a one point win over Donegal in the opening round of the 2018 Allianz Football League in what was an enthralling encounter in Fitzgerald Stadium. Donegal got the game underway with a Jamie Brennan point with just over 30 seconds played. A quick response from Kerry's Barry John Keane levelled matters in the third minute. After 18 minutes played, Stephen O'Brien managed to burst through the Donegal defence, latch onto a pass from David Clifford and the Kenmare man hit low into the net. Paddy McBrearty made the most of the two minutes of additional time as he cut Kerry's lead back down to three points just before the half time whistle leaving the scoreboard 1-08 to 0-08 at the break. Like the first half Donegal started brighter managing 1-1 within 3 minutes. However a resilient Paul Geaney had the home side back in it as he netted a goal in the 62nd minute. Further scores from Stephen O'Brien, Seán Ó Sé and Killian Spillane had the home side ahead by two points. However the tenacious Darrach O'Connor's goal in the 71st minute gave Donegal a one point margin in additional time. A crucial Seán Ó Sé free in the 73rd minute had Kerry back in it with both teams now pushing for the winning score. Daithí Casey burst his way through the Donegal defence and pointed into the Dr Crokes end in the 75th minute sending the Kerry supporters home happy. Full-time score Kerry 2-18 Donegal 3-14.

Good weather and an excitement surrounding this new look Kerry team brought the Kerry fans out in huge numbers, there was also a large contingent down from Donegal. The official attendance was 10977. London Rose Caoimhe Gallagher sang the National Anthem superbly. Our thanks to the Fitzgerald Stadium Committee and all the stewards for the organisation and management of the occasion. In other games last weekend, in Division 1 there were wins for Galway, Dublin and Mayo. Our Round 2 game is on Saturday when we face Mayo in Elvery's MacHale Park at 7pm. The Kerry team will be wearing the new 'Away' Jersey. The 'Home' jersey has been a great success and people were delighted last Sunday with the number visibility. Paul Galvin and O'Neills have done an equally superb job with the 'Away' jersey and we are looking forward to seeing the jersey on Saturday night.

Tickets are on sale now in SuperValu and Centra outlets around the county as well as in the Kerry GAA Store, Killarney. Buying your ticket before midnight on Saturday night will save you €3. Tickets are priced at €15 for adults if purchased on Sunday and free entry for U16s. As always we ask those attending the game to follow the advice of the Gardaí and stewards working at the grounds.



FACES IN THE CROWD AT THE OPENING ROUND OF THE 2018 ALLIANZ FOOTBALL LEAGUE AT THE FITZGERALD STADIUM ON SUNDAY.

HEARTBREAK FOR AN GHAELTACHT

Last Saturday's game in Thurles can only be described as heart-breaking for all involved with An Ghaeltacht. While the game was poor overall, An Ghaeltacht managed to hold their lead for the majority of the game and from the 42nd minute on, managed to do so with 14 men. However Moy's Loughran broke Gaeltacht hearts with a goal and a point in additional time to put them ahead and Duffy sealed the deal with an insurance point. The game finished, Moy 1-5 An Ghaeltacht 0-6. An Ghaeltacht have been wonderful ambassadors for Kerry throughout their Munster and All Ireland Club campaign and with a very young team, no doubt there are further great days ahead for the club.

Castleisland Mart Club Championship Draws
The draw for the Castleisland Mart Club Championship will take place on Thursday night, February 1st in the Pavilion, Austin Stack Park at 8pm. The draws will be live on the Kerry GAA Facebook Page. The Senior Club Championship will be organised on a League basis with two Groups of four teams. It was agreed to have an 'open draw' to decide the make-up of each group. At the first County Committee of the year, Delegates voted to seed teams in the remaining Club Championships based on last year's semi-finalists plus the team relegated from a higher grade. Best of luck to all Clubs! Training for Austin Stack Park Stewards
A review and planning meeting for stewards in Austin Stack Park will be held in the Pavilion on Wednesday January 31st (tonight) at 8pm. All existing stewards are expected to attend. New people (male and female) are very welcome.

NEWS FROM THE REFEREES' COMMITTEE

The final in-service course for Referees will be held at Fossa GAA Grounds this Friday February 2nd at 8pm. Training continues for referees

every Wednesday evening at John Mitchels' Grounds at 6.30pm. A good crowd turned up at Austin Stack Park last Friday for the second in-service Referees course with again some good dialogue between course tutors and referees. Congratulations to Pádraig O'Sullivan who refereed the Cork v Tipperary Division 2 game in the Allianz Football League on Saturday evening last.

The Committee are looking at running 2 Foundations Courses for Referees concurrently starting on Friday 23rd February and running for 3 Friday nights. One will be held in Austin Stack Park and one in Caherciveen.

AUSTIN STACKS' MURAL

On Saturday January 27th, 2018 Austin Stacks' Hurling & Football Club's calendar of Centenary Club Events (1917-2017) was completed as a mural entitled the 'Street of Champions' was officially unveiled on the gable of number 20 Urban Terrace at 12 noon. Club members, supporters and friends attended to remember their past heroes. The mural looks spectacular and is a fitting tribute to this famous street.

HEALTHY CLUBS

The closing date is approaching for clubs to submit applications and expressions of interest in Phase 3 of the Healthy Clubs project. This project will run from February 2018 to September 2019. The aim of this project is that clubs would build upon the important contribution they already make by supporting their members and communities to enjoy healthier lifestyles. Clubs taking part focus on 2 health areas as well as adopting the Critical Incidence Response Plan and participating clubs receive official recognition as a Healthy Club. Applications/expressions of Interest in Phase 3 of the Healthy Clubs project can be made via <http://www.gaa.ie/my-gaa/community-and-health/> where further information is also available on the project.

GNEEVEGUILLA ATHLETIC CLUB LOTTO

No winner of our lotto draw 26/01/2019, numbers drawn were 3, 9, 13 & 22. Sellers prize winner Shelia O' Donoghue. €50 Y/T prize winner Michael O' Donoghue Taur, €50 to Tom Fleming Ballydesmond, €40 each to Mary McSweeney Kilcudmin, Brendan Cremin Forge Cross & Eugie O' leary Leam. Bonus not won numbers drawn were 9, 11, 27 & 30. Next weeks' jackpot €6,000 plus €1,000 bonus.

SOUTH MUNSTER COLLEGES

held in Tramore Road, Cork last week Saoirse Tompkins won her race, Ben Murphy was 2nd and Jack O Leary qualified for the Munster Finals, a vey turbulent race as some athletes stopped with yet a circuit to go, justice was done later where the athletes who lost their place in the finals were nominated to attend. Best of luck to our three athletes.

WINTER 5K SERIES

Our ever popular 5K road race is on this Saturday in the Demense at 11.00 am, Registration in the Old Monastery from 11.00 am. The dates are Feb 3rd, Feb 10th, Feb 17th & Feb 24th.

TRAINING

Club training Boherbue Tuesdays at 6.30 pm, Barradubh Friday's 6.30 pm, Gneeveguilla Sundays at 11.00 am. It is important to keep up the training.

FARRANFORE MAINE VALLEY AC

SOUTH MUNSTER SCHOOLS CROSS COUNTRY

The South Munster Schools Cross Country Championships was held on Friday 26th Jan. in Tramore Valley Park, Cork. The conditions were good underfoot with a number of challenging hills to contnd with. Cian Spillane (Milltown Pres.) competed in the Minor 1500m race where he did very well to hold off some good competition to win gold. Shauna McCarthy (Killorglin Community College) competing in the Junior 2000m distance ran very well to win gold for her school with time to spare. Also competing was Michael Brosnan (St. Brendans Killarney) in the Senior boys 5000m and Anna Kerrisk (Milltown Pres.) was 24th in the Junior girls. Best of luck to Shauna & Cian who qualified to represent their schools in the Munster XC Championships to be held on Friday 23rd Feb. WIT Waterford. Full details in Munster Schools website.

The Irish Life Health National Indoor Junior and U23 Championships were held on Sunday 28th Jan. in Athlone Indoor Arena. David Kenny competed in the Junior 3K Race Walk. It was a competitive race from the start, David had a great race where he finished in second place with an excellent time of 13:06. Rossa Foley was competing in the U23 field events. He won bronze in the Weight For Distance with a throw of 7.38m.

Kerry Athletics board will be holding their AGM on Monday 12th February at the Rose Hotel Tralee at 8pm. George Maybury will be giving a



MILLTOWN LISTRY U11 MIXED BASKETBALL TEAM WHO COMPETED IN NAGLE RICE COMMUNITY CENTRE IN MILLTOWN LAST SATURDAY

talk about safety statement. All club members are welcome to attend.

SENIOR AWARDS NIGHT

The club will be holding their annual awards night for senior athletes on Friday 16th Feb. at 8pm in Sherwoods, Farranfore village. All athletes are invited to attend where we will be honoring our most outstanding athletes for 2017.

CLUB TRAINING

Juvenile Indoor training will commence on Tuesday 30th January from 6pm to 6:45pm at Farranfore Community Sports Hall. This is for children born 2010 (7/8yrs) to 2006 (12yrs). Maria's Strength, Endurance & Flexibility Exercise Class every Tuesday from 7pm to 8pm in Farranfore Community Hall. €5 per session Secondary School & Senior training on every Thursday at 6:30pm in GAA grounds Farranfore. This is endurance / distance training. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES

Sun 4th Feb: Irish Life Health AAI Indoor Games, Indoor Arena Abbotstown.

Sat/Sun 10th/11th Feb.: Munster U/9 to U12 Indoor Championships, Nenagh

Sun 11th Feb.: National Intermediate, Masters, Juvenile B & Juvenile XC Relays., Galway

Sat/Sun 17th/18th Feb: National Senior Indoors Championships, AIT Arena, Athlone

Fri 23rd Feb: Munster Schools XC, WIT

Sat/Sun 24th/25th Feb: Munster U13 - U19 Indoor Championships

Sun 4th March: National Masters Indoors, AIT Arena

Sat 10th March: National Schools XC, WIT

Sun 11th March: National Juvenile Indoor Championships Day 1, AIT Arena

Sun 18th March: National Juvenile Indoor Championships Day 2, AIT Arena

Sun 25th March: National Juvenile Indoor Championships Day 3, AIT Arena

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

KILLARNEY RFC NEWS

Last weekend's weather put paid to all of our matches including the seniors, U16's and U14's

who were due in action. Thankfully we were able to run with our Mini training and Knockreer was a sight to behold on Saturday morning. Minis training continues next weekend ahead of a forthcoming blitz over the next few weeks. Minis is open to boys and girls aged between 5 and 11. For details contact our Minis Coordinator Liam Murphy on 087/4145662.

FIXTURES SATURDAY

U16: Munster Club U16 Cup - Kilfeacle & District V Killarney at 11:30am.

SUNDAY

U18: Munster Club U18 Cup - South Kerry V Nenagh Ormond, Ballymalis at 12:30pm.

Seniors: Munster Junior League Div. 2 - Old Christian's V Killarney, Rathcooney at 2:30pm.

WORKMEN'S ROWING CLUB NOTES

ONGOING TRAINING

Indoor and outdoor training continues as per coaches' texts.

UPCOMING EVENTS

St. Michaels HOR is on 24th February at O'Brien's Bridge, Co. Clare and Cork HOR is on 3rd March at The Marina in Cork.

Top Honours for our U18 Ladies Congratulations to our U18 Ladies who were honoured last week at Killarney House by Cllr. Niall Kelliher and Killarney Municipal District for their total of an amazing Seven All-Ireland Titles won in the All-Ireland Coastal Rowing Championships, held in Donegal in August 2016 and 2017. Tonight they continue to be honoured when they attend the Kerry Sports Awards in the Gleneagle Hotel. Have a wonderful night ladies...you truly deserve all the honours and recognition that comes your way and may it inspire you to further successes this year and beyond.

CLUB GEAR

Orders for our One-Pieces are now being taken at the gym sessions. Payment with orders please.

BOOKINGS FOR WEXFORD

Deposits are now due for our Hotel at the All-Ireland Coastals. Rooms are filling fast so please



FIRIES U11 BASKETBALL TEAM TAKING PART IN CO FINAL COMMUNITY GAMES



SPA MUCKROSS COMMUNITY GAMES U11 MIXED BASKETBALL TEAM WHO WON SILVER AT THE COMMUNITY GAMES COUNTY COMPETITION LAST SATURDAY. TEAM: DARA O'SULLIVAN, JOEY MCCARTHY, KATE FORDE, LUKE DOOLAN, MARK O'CARROLL, MEGAN SHEAHAN, NATHAN CRONIN, SARAH GRIFFIN.

get your booking deposit to Pauline soon.

GOOD LUCK

To all our athletes who are taking their 'Mocks' these days. Just relax and dream of calm waters on the Laune!!!

BEST WISHES

Congratulations to Ruadhán Mac Curtáin who turned 18 this week.

HANDBALL NEWS

NO JOY IN THE ALLEYS

It was not a good week for Kerry's handball players as a number came up just short in their quest for Munster glory.

In the Munster 40x20 Minor singles quarter final Ballymac's Daire Keane lost out to Cork's Conor Walsh going down 21-18, 21-12. Eamon Lacey from Asdee also lost out in his Munster 40x20 Junior B Singles quarter final. He also went down to a Cork man, Hugh Carolan 21-12, 21-11.

Glenbeigh's Dominic Lynch had gone a round further before his run in the Senior 40x20 Munster Senior Singles ended in the semi-finals. Lynch lost out to Clare's Colin Creahan in a three set thriller 16-21, 21-10, 16-21.

This week Glenbeigh's Jack O'Shea will attempt to qualify for the Munster 40x20 Junior A Singles final. He faces John Ferncombe from Tipperary in Mallow on Thursday night.

Fixture

In the Munster 40x20 Over 35 B Single semi-finals

Danny Riordan from Ballymac plays Limericks Keith Heelan on Friday in Mallow at 7.30pm

SPAMUCKROSS COMMUNITY GAMES

U11 MIXED BASKETBALL

Congrats to our team who won silver at the county competition held at Nagle Rice Hall in Milltown last Saturday. Against Firies in our opening game it was a tight affair, that finished level at full time. One period of overtime saw our team emerge with victory by 4 points. In the second game, which was against Milltown/Listry, the team dominated from the early stages and ran out comfortably in the end in a

score line of 13-3. Being unbeaten in the group stages meant we finished top and progressed to the semi final against a fancied Ballymac side. Whilst it was nip and tuck in the opening exchanges, we slowly built up a lead and ran out worthy winners on a score line of 19-10. In the final we faced an also unbeaten side Castleisland. We started very well, racing into a 8-1 lead just before half time. Unfortunately the tide started to turn as we got into foul trouble and our opponents visited the free throw line often with quite some success. Despite coming up short in the final, we are very proud of our young boys and girls who battled fiercely and represented our community very well.

Spa/Muckross players on the day were:

Dara O'Sullivan, Joey McCarthy, Kate Forde, Luke Doolan, Mark O'Carroll, Megan Sheahan, Nathan Cronin, Sarah Griffin.

Huge thanks to coaches Tim O'Sullivan Caitriona Doolan and Jack O'Sullivan.

Well done to all involved. Thanks to Spa GAA club for the use of their hall for training, and to the volunteers that ensured the competition ran smoothly last weekend.

MUCKROSS ROWING CLUB

EVENTS

Our sincere thanks to all who attended last night's AGM. A special word of thanks to Curran & Moore and all their team, for their continued professional support over the years. The Kerry Head Of the River scheduled for Saturday last was cancelled owing to heavy rainfall during the previous Friday night, increasing the flow in the river Laune and making for unsafe conditions. A rescheduled event is expected to run in March with details closer to the time. Other upcoming events include St. Michael's HOR at O'Briensbridge on Saturday 24 February and Cork HOR at the Cork city marina on Saturday 3 March.

MEMBERSHIP

Club membership for 2018 will be collected at the club's Registration Day this Sat 10 Feb from 12-1pm at the Muckross Community Centre. Membership fees will be as agreed at the club's AGM. Coaches and committee members will be on hand at both the AGM and Registration Day to answer any questions and enquiries in

person.

SUPPORTING KILLARNEY MICRO TRACK

Congratulations to club members Ethan O'Neill, Oran O'Donoghue and Abbie Daly who were all top three category prize winners in the Killarney Micro Track 5km fundraiser last Sunday.

GNEEVEGUILLA BC

U16 BOYS CUP

Gneeveguilla 52, St Brendan's 55. (Played 27/01/2018)

After a very close first half, the Tralee boys opened up a 10 point lead in the 3rd qtr. St Brendan's were led by James Fernane (17 pts) and Gearoid Coffey (14 pts). Gneeveguilla, who were led by Ronan Collins (28 pts) and Alex Mikailos (7 pts), rallied in the final qtr but St Brendan's held on for the win by 3 points.

U16 BOYS DIV 3 PLATE

Gneeveguilla 27, St Brendan's 47. (Played 27/01/2018)

Padraic Finnegan (10 pts) and Mark O'Leary (7 pts) led the home team's scoring, but it was the Tralee boys who led from tipoff to final buzzer. Tadhg Reen (11 pts), Liam Kingston (9 pts) and Graham Sheehy (8 pts) led the scoring for the victors.

FIRIES COMMUNITY GAMES

The last of the basketball Co Finals took place over the weekend. The u11 competitions took place in Milltown and well done to our Firies team who played great on the day. The team were Evan Donna, Marcus Clifford, Anthony Cremin, Brian O Leary, John Henderson, Mairead Walsh, Lucy Kelly, Grainne Costello, Sadbh Coleman and Sarah McCarthy. Thank you to coaches William Harmon, Sean Griffen and manager Frances Henderson. Then u16 boys competition took place in Duagh on Sunday and well done to our Firies team of Darren Daniel, Hugh Walsh, Cian Doe, James O Leary, Tomas Clifford, Andrew Moynihan, Brian Burke, Brian McCarthy, Peter Cosgrave and Tadhg Riardon and thank you to Con O Mahony for training the team. Well done to all the children who took part in our local competitions in singing, music and recitations

over the weekend. Results to follow. Good luck to all our swimmers who take part in their competition in the Tralee Sports Complex on Sunday 4th February. Full details of all events also on the Firies Facebook page.

MILLTOWN LISTRY COMMUNITY GAMES

Well done to our U11 mixed basketball team who competed in Nagle Rice Community Centre in Milltown last Saturday, aquitting themselves well. Special thanks to the coaches involved and to those who helped with Milltown Listry hosting this event.

Best of luck to our swimmers in Tralee and to our girls U10 indoor soccer team in Duagh who compete this Saturday and Sunday respectively

KILLARNEY VALLEY ATHLETIC CLUB

A great day was had by all who came out to support our 5K fundraiser event in the Demense for the Killarney Community Track last Sunday. The results are as follows: - Male: 1st James Doran, 2nd Arthur Fitzgerald, 3rd Tim Long. Male Student: 1st Darragh Fleming, 2nd Ethan O'Neill, 3rd Oran O'Donoghue. Female: 1st Noreen Buckley, 2nd Ann Finn, 3rd Nollaig Healy. Female Student: 1st Kathryn Ryan, 2nd Ali O'Donoghue, 3rd Abby Daly. Well done to Niamh Cronin from Kerry Stars Special Olympic Club and to Padraig Leane and his son Jack.

Anyone interested in taking part in the upcoming Munster U9-U12 indoor Championships in Nenagh on 10/11 Feb and also the U13 - U19 Championships on 24/25 Feb, please contact Jean on 086-1994378 before Thursday 1st Feb.

TRAINING

MONDAY 7-8pm @ Sem Gym - S&C for age 12yrs and over. TUESDAY 6-7pm @ Killarney Oaks - XCountry (Please contact Connie with any questions 086-1505007). WEDNESDAY 1.45pm - 2.30pm @ Demense - Speed and Hill training for members in secondary school. THURSDAY 6-7pm @ Sem Gym for 7-12 year olds. All sessions are €2. Please check our facebook page <https://www.facebook.com/KillarneyValleyAC/> for up to the minute changes to training schedules etc. and please check your emails. Enquiries: killarneyvalleyac@gmail.com

KILLARNEY COUGARS BC.

JUVENILE NEWS

U12 Boys Plate Semi Final

Killarney Cougars 28

St Marys Castleisland 12

A strong second half performance by the Cougars saw them comeback to advance to the Plate final with a hard earned win over St Marys at the Pres Gym.

Cougars trailed in the opening qtr and improved in the second qtr with Jack O'Driscoll in great form giving Cougars the lead. Cougars Rory Clancy, Mark Shanahan and Ian Coffey all added some great baskets to ensure victory for the Cougars.



KILLARNEY RUGBY U14S TEAM WHO RECEIVED SPONSORSHIP FROM WALSH BROTHERS SHOES KILLARNEY. FROM LEFT TO RIGHT CHRISTOPHER DOODEY HUGH O'MALLEY ANTHONY WALSH OF WALSH BROTHERS SHOES, IAN HARRINGTON COACH, MICKY MORIARTY CAPT U14 TEAM, MARK DOODEY COACH, CATHAN HARRINGTON, DIARMUID O'MALLEY COACH AND STEPHEN WALSH.

U11 BOYS DIV 1

Killarney Cougars 38

Kcymys 20

Cougars led from start to finish with a great team performance to defeat Kcymys at the Pres Gym. David Butler six points and Evan Cox 4pts in the opening qtr set Cougars on their way. Ronan Bennett, Eanna Murphy, AC Padrillian, Rian O'Sullivan and Craig Leggate all impressed for the Cougars.

U14 GIRLS PLATE SEMI FINAL

Killarney Cougars 45

St Anne's 46

A thrilling Semi final at a packed Presentation Gym needed overtime to separate the teams in a great contest. Cougars led until the closing stages of the game before the visitors came with a great final quarter comeback to deny Cougars. Cougars led 9-8 in the first quarter with Alison Butler and Alicia Burke impressing with good scores for Cougars with Eileen O'Leary 5pts for the Farrenfore girls. Cougars dominated the second qtr with Meabh Coleman Horgan and Sophie Dennehy getting in for some great scores to see Cougars ahead 25-17. St Annes had a good third qtr to reduce the arrears to 32-26 thanks to good baskets by the hard working Rachel Murphy and Eileen O'Leary. St Annes were chasing the game in the closing stages and began to dominate the game under the boards with Rachel Murphy getting the vital scores to push St Annes ahead with the lead change sides throughout the final minute with Meabh Coleman Horgan scoring for Cougars from the free throw line to ensure the game went to overtime.

The teams gave it everything in overtime and with scores at a premium the visitors had late baskets to secure the win with neither side deserved to lose having given great entertainment to the large attendance.

COUGARS GIRLS & BOYS ACADEMY

Our U8 & U10 Girls & Boys training continues on Friday in the Parish Hall. Girls U8 & U10 5pm, Boys U8 6pm Boys U10 6.30pm.

Further details on training schedules, fixtures, results go to our website www.killarneycougars.com.

com or follow us on facebook

KILLARNEY COMMUNITY GAMES NOTES

Well done to the Killarney Community Games U16 basketball team who competed in the County Finals last Saturday in Duagh. The boys finished 4th in the competition and received their community games certificates. They beat Castleisland in their opening game lost to eventual winners Ballymacelligott and just lost the 3rd and 4th place playoff to Rathmore/Gneeveguilla in a keenly contested encounter. Huge thanks to Coach Aaron Benson and Manager Philip Gammell and to the parents for the support. This is a very young squad with many of the team underage again next year and the following year and finishing 4th this year was great experience for the squad and augurs well for next year. Well done to all. Full Squad: Adam McSweeney, Paudie O'Donoghue, Ben Flavin, Jamie O'Sullivan, Aaron O'Sullivan, Jason Lee, Senan O'Leary, Conor Gammell, Matthew Horgan, Fernandez Borja, Callum O'Grady, Sam Benson. Best of Luck to our swimmers who are in action this weekend in Tralee and special thanks to Mike and Ann Hickey for co-ordinating the entries. Reminder church gate collection soon. Details to follow, we would appreciate help from our parents for this vital fundraiser for the area which covers the cost of insurance, levies, entry fees etc. to ensure that there are no costs to the children and their parents to compete in community games.

CRUSADERS BRIDGE CLUB

RESULTS

10/01/2018

1st N/S	Ann O'Shea & Phyllis O'Regan
2nd	Joan Meagher & Kay Clement
3rd	Brenda Moynihan & Mary Harmon
1st E/W	Berna O'Sullivan & Joan Linehan
2nd	Therese O'Donoghue & Anne Healy
3rd	Eileen Twomey & Neilius O'Regan

17/01/2018

1st	Garry Leahy & Joan Culloty
2nd	Kay Clement & Phyllis O'Regan



THE PIED PIPER

The Marian Players - Rathmore Panto Group – will present their 31st Annual Panto – The Pied Piper – on this Saturday (February 3rd) in Rathmore Community Centre at 7.30pm. Matinee on Sunday 4th February at 3pm. Proceeds to Kerry Parents and Friends Association. For further information and booking please contact the booking office on 064 775 8526.

USEFUL HINTS

- *"File" clothes vertically in drawers so you can see your clothes at a glance.
- * Boil orange peel and cloves to get rid of unpleasant smells in the kitchen.
- * Organise jewellery on a corkboard for easy viewing when deciding how to accessorise an outfit.
- * Use a half folded Post-It note when drilling to catch the dust.
- * Clean cat litter trays quickly by lining with a rubbish bag.

QUOTE

"When a man takes a farm from which another has been evicted, you must show him on the roadside when you meet him; you must show him in the streets of the town; you must show him in the fair and the market place; and even in the house of worship, by leaving him severely alone by putting him into a moral Coventry, by isolating him from his kind as if he were a leper of old. You must show him your detestation of the crimes that he has committed" - Charles Stewart Parnell.

ON THIS DATE – FEBRUARY 2ND

1709 - Alexander Selkirk was rescued after four years on a Pacific island, the inspiration for 'Robinson Crusoe'.

1848 - The Treaty of Guadalupe Hidalgo ended the Mexican-American War: The US acquired Texas, California, New Mexico and Arizona for \$15 million.

1870 - The press agencies Havas, Reuter and Wolff signed an agreement whereby between them they could cover the whole world.

1880 - Charles Stuart Parnell addressed the U.S. Congress.

1916 - U.S. Senate voted independence for the Philippines, effective in 1921.

1918 - Former Heavyweight champion John L. Sullivan died at the age of 59 probably from heart failure. His parents were Mike Sullivan believed to be a builder's labourer from Laccabeg, Abbeydorney and Athlone born Catherine Kelly.

1921 - The first airmail service in the world by aeroplane began when a service opened between New York and San Francisco.

1949 - The first 45 RPM vinyl record was released.

1960 - The U.S. Senate approved the 23rd Amendment calling for a ban on the poll tax.

1972 - The British embassy in Dublin was destroyed by a furious crowd of demonstrators protesting over the shooting dead of 13 unarmed people in Derry City on Sunday, January 30th.



DID YOU KNOW?

The development of airmail began long before the invention of the aeroplane, the dirigible or even the balloon. It began with the pigeon post, which was used by armies many years before the birth of Christ to send messages long distances. Since then, all the man-made vehicles of the air have been used to carry letters from one place to another. Lighter-than-air craft carried mail. Then came the airplane. In the Space Age, experiments have been conducted with missile mail, and messages have been carried on spacecraft and deposited on the planets and the moon for future explorers to discover.

SOME ESSENTIAL OILS ARE HARMFUL TO CATS

Researchers have found that 2 types of components, phenols and monoterpene hydrocarbons, commonly found in essential oils can be fatally toxic to our feline friends in high doses. This is because unlike humans, cats' livers lack an enzyme called glucuronyl transferase, and are unable to break down these toxic chemicals as a result.

*Any residual oil that accumulates on your hands and skin can end up getting stuck to your cat's fur, which they'll end up ingesting when they decide to clean themselves. This is why it's important to thoroughly wash your hands after applying essential oils. You should also keep the skin that you applied the oils on covered up for a while, just in case your beloved cat decides to rub up against you.

*If you diffuse oils into the air, then your cat will undoubtedly end up inhaling the oil, which could be very harmful to them in certain cases. If you really must use essential oils via inhalation, a safer way to do so is to add a few drops to a bowl of steaming hot water, cover the bowl and your head with a towel, and then breathe the vapour in. Make sure that your cat is in another room when doing this.

*Using essential oils as cleaners will leave a residue on the surface, which could easily be ingested by cats that lick it or rub themselves against it.

*Since cats are such mischievous and curious creatures, it's very important to keep essential oils well out of their reach. Even if jars of oil

are tightly sealed, there will probably be some residue on the outside which could still end up harming your cat. That's why it's best to store all of your essential oils in a closed drawer or cabinet that your cat will never be able to break into.

*If you want to minimise the risk that accidental exposure presents to your cat, then use essential oils that are as diluted as possible. In this way, if your cat ends up accidentally ingesting or inhaling some toxic components, the damage done to them would be less likely to cause a toxic buildup.

*For anyone who loves to cook with essential oils, it is of the utmost importance to clean these dishes and put them away immediately after using them. This is because there are very few cats in the world that won't go and sniff or lick your dirty dishes when you're not around.

GYM OWNER GAVE FREE LIFETIME PASS TO REFUGEE BOY STARING LONGINGLY THROUGH THE WINDOW

Muhammet Halit first fled the Syrian war four years ago with his father. The now 12 year old works as a shoeshiner in Turkey's south eastern province of Adiyaman while his father makes money by collecting recyclable waste.

Recently a photo of Muhammet gazing wistfully through the window of the gym went viral on social media. Despite the chilly winter weather, the boy was wearing sandals with his shoe shining supplies in hand.

The owner of the fitness centre was so moved by the boy's picture; he tracked Muhammet down and offered him a free lifetime pass to the fitness gym.

A SCARF MADE FROM RECYCLED PLASTIC THAT PROTECTS THE WEARER FROM DANGEROUS PARTICULATE MATTER IN THE AIR

Invented by an American couple in Atlanta after a business trip to China, when Carlton Solle became ill most likely due to complications related to air pollution, his wife Hazel came up with the idea to design a product that would work both as a scarf and also a filter—and they created a business model that would give free scarves to people around the world who lack resources to protect themselves. Under its PlusOne programme, for every Bioscarf

sold, Hazel and Carlton are donating another product to an individual at risk.

The Bioscarf is a genius example of wearable technology because although it filters dangerous levels of toxic particulates, it uses no gadgets, processors, or batteries.

3 layers of protection guard against hazardous contaminants that pose a risk to health—including, many of the bacteria and germs in enclosed spaces that causes colds and flu.

The plush polyester blend scarf is available in olive, black, and white and is sustainably constructed from 100% post-consumer recycled PET water bottles.

With its U.S. rating of N95, the generously sized scarf is capable of blocking 99.75% of all particles 0.1 microns in size or larger—and 95% of all non-oil based airborne particles measuring 0.3 microns.

SEAMSTRESS USED HER EXPERT MENDING SKILLS TO REPAIR A MONARCH'S WING

Romy McCloskey is the proud owner of a garden full of monarchs and she is also a costume designer who put her needleworking abilities to the test when she rescued a 3-day-old monarch butterfly from certain death by fixing its shredded wing.

While monarch butterflies usually have a lifespan of 2 to 6 weeks, this newborn insect had suffered a deformity while it was pupating in the chrysalis.

Upon determining that the mutation wasn't due to a parasite, Ms. McCloskey took the injured insect into her "operating room" and grabbed her surgical supplies: a towel, a coat hanger, contact cement, a toothpick, tweezers, a cotton swab, scissors, talc powder, and an extra butterfly wing from one of her other recently deceased backyard bugs.

The designer used the coat hanger to secure the body of the butterfly against the towel so it would not struggle while she was attaching the wing. She then cut away the ragged part of its wing to make way for the replacement (and if you're worried about the butterfly at this point, Ms. McCloskey assures her reader that cutting butterfly wings is the equivalent of trimming hair or fingernails). She then attached the extra butterfly wing to her young patient so that it was virtually good as new.

Ms. McCloskey posted photos of the healthy butterfly to Facebook with the caption reading:



"You can see that the black lines on his upper right wing don't match up 100%, and if you look at his lower right wing, it is missing the black dot that indicates male gender. Oh, and the white on his wing is the talc used to make sure any stray glue doesn't make the wings stick together."

Just to make sure that her patient had made a healthy recovery, she let it rest for a day before giving it some homemade nectar and taking it into the backyard for a little joy ride on its new wing – and judging by the butterfly's exuberant first flight, the surgery was a huge success.

"A quick spin around the backyard, then a little rest on one of the bushes... then... like the down of a thistle... off he flew! My heart soared with him, for sure!" said Ms. McCloskey.

GEOLOGISTS BELIEVE THAT A REMOTE REGION OF AUSTRALIA WAS ONCE CONNECTED TO CANADA

North America and Australia are practically on opposite sides of the world today, but about 1.7 billion years ago, they may have been joined.

The revelation came after geologists discovered extremely old rocks in northeast Australia with signatures that have a striking resemblance to similarly-aged rocks found in Canada today. The find represents mounting evidence that these two distant lands were once connected. Earth's continents are constantly on the move due to plate tectonics, but even when geologists trace back the paths of Australia and North America to the last time all of the continents were connected as part of the supercontinent Pangea, these landmasses



were still never joined. So, if Australia and Canada ever did share a border, it had to have been even longer ago — far further back in history than Pangea.

And that is exactly what scientists now believe. About 2.5 to 1.5 billion years ago, the planet's continents were also arranged as a supercontinent known as Nuna. It was at this time that a chunk of modern-day North Queensland, Australia, was bumped up against Canada's Hudson Bay region.

A SIX-FOOT PAIR OF SOCKS ONCE HUNG FROM A DRAWER OF THE WORLD'S LARGEST CHEST OF DRAWERS:

Thanks to its century-long run as a major manufacturing hub, the town of High Point, North Carolina, earned the nickname of "the furniture capital of the world".

High Point's astronomical bureau followed the tradition of home furnishing stores using oversized pieces of furniture as roadside advertisements. The High Point dresser was first built in 1926 and at the time was known as the "Bureau of Information."

It was restored in 1996 as a 19th-century Queen Anne-style piece, with four wide drawers and silver handles. Out of the centre drawer hung a mismatched pair of neon-coloured socks, each six feet long to also remind passers-by of the town's hosiery industry. At nearly 40 feet tall, the colossal chest was roughly the size of a large house or small building, which in fact is precisely what it was, as the bureau was actually the facade of an office space.



FACES IN THE CROWD AT THE KERRY V DONEGAL GAME IN FITZGERALD STADIUM LAST SUNDAY.



**SouthWest
Counselling Centre**

THINKING ABOUT FEELINGS



When someone comes along to counselling and begins to talk about what is troubling them, one of the difficulties that sometimes emerges is their sense of having feelings that are 'bad' or 'wrong'. Perhaps they have been experiencing feelings of anger, or frustration, or maybe sadness, or regret. They may see such feelings as negative or self-pitying, and not compatible with being a good and kind and positive person. They wish these feelings would just go away. But, however much they try to wish them away, the feelings stubbornly persist. So then they experience shame and anxiety about having what they see as such negative feelings, and this shame and anxiety gets added to the mix, and just makes everything worse.

Counselling can offer us time and space in which we can talk about, and think about, all the different aspects of our emotional life, without using labels like positive or negative, right or wrong, good or bad. Instead, the counsellor provides a non-judgemental relationship, in which all aspects of our emotional experience can be heard and thought about. If we can slow things down a bit, begin to make sense of our feelings, and see them as an unsurprising response to aspects of our life experience, they are much less likely to cause us anxiety.

Gradually, we become more able to manage our feelings and get on with our lives, instead of our feelings managing us, perhaps by making us anxious or irritable or unconfident or withdrawn. We learn to accept that, if we face difficult and challenging situations in the future then, naturally, we are bound to experience difficult and challenging feelings within ourselves. And when we have to bear particularly difficult circumstances or events in our lives, there is no shame in seeking support to work through our feelings about them.

A counsellor is able to sustain an open and accepting attitude to another person's feelings, without anxiety getting in the way, because, through their own training and personal development, they accept that having emotional responses to life's events is a part of what it is to be human. Perhaps then, the more accepting and tolerant we can be towards our own emotional life, the more kindly and accepting we are able to be towards the feelings of others.

Article by Yvette Shea. SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie.

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com

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Local Enterprise Office

Retail Development Programme Tralee - Calling all independent retail owners in Kerry

Retail Development Programme specifically aimed at independent retail owners in Kerry commencing in February.

Express your interest in this programme now by calling the Kerry Local Enterprise Office on **066 7183502** or online at www.localenterprise.ie/kerry

Deadline for receipt of Expressions of Interest is Monday 5th February

Programme cover sales generation, retail marketing, operations, merchandising, marketing, advertising and promotions, customer relations, managing people, inventory control, finance, and supply chain; as well as how to grow the business.

- This programme will be delivered in Tralee
- Onsite audit of your retail premises will take place
- Course dates: **Monday, 26th February, Monday, 5th March, Monday, 12th March and Monday, 26th March**
- One to one mentoring at your retail premises will be available
- Pre-screening of participants will apply. **An interview day will take place on Monday 12th February in Tralee.**
- Participation will be limited to 12 businesses.
- Course fee of €200 will apply

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The relief is limited to the cost of the policy up to a maximum of €1,000 per adult and €500 per child. A child is considered to be a person under 21 years of age, whether or not they are in full-time education as long as a child premium has been paid for them. For individuals 21 years of age and over, you can now claim relief at the amount set for adults, even if they are getting a child premium.

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This course offers participants the opportunity to develop knowledge and skills in 2D and 3D computer aided design. Participants must have technical drawing and maths in the Leaving Certificate or equivalent. **Start Date:** 26th February 2018. **Duration:** 34 weeks. **Certification:** City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

ECDL (ETK79) - Tralee.

This course offers participants the opportunity to develop the computer skills needed to work in an office. It covers keyboard skills, computer essentials, online essentials, word processing, spreadsheets, databases, presentation software, and career planning & job seeking skills. **Start Date:** 26th February 2018. **Duration:** 18 weeks. **Certification:** ECDL Award, Level 1 Office Procedures Certificate and Typewriting Certificate.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling and fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 5th March 2018. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence and CPC, Occupational First Aid and CILT Digital Tachograph Certificates.

Manual & Computerised Payroll and Bookkeeping (ET025) - Tralee & Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Date:** 26th March 2018 in Tralee and the 14th May 2018 in Killarney. **Duration:** 10 weeks. **Certification:** QQI Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Traditional Stonewall & Landscape Gardening Construction (ET4R8) - Tralee.

This course provides participants with the knowledge and skills to build a range of stone walls and landscape gardening features. **Start Date:** 26th March 2018. **Duration:** 34 weeks. **Certification:** QQI Special Purpose Award in Traditional Stonewall Construction.

Construction Ground Work Skills (ET23462) - Tralee.

This course provides participants with the knowledge and skills to construct concrete slabs and paths and to lay kerbs, flags and pavements under various conditions. **Start Date:** 9th April 2018. **Duration:** 16 weeks. **Certification:** QQI Level 4 Award.

Fibre Installation Technician (ET08632) - Tralee

This course provides participants with the specialist knowledge and skills to install, fault find, repair and test fibre optic and copper communications networks. **Start Date:** 9th April 2018. **Duration:** 24 weeks. **Certification:** City & Guilds Level 2 Award in Communications Cabling.

Food Preparation and Cooking (ET20D) - Tralee

This course is an excellent starting point for a career in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 14th May 2018. **Duration:** 20 weeks. **Certification:** City & Guilds Level 2 Diploma in Food Preparation and Cooking.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre

Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie



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ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



ON THE BOX

The drama is heating up down under as Neighbours and Home And Away reveal huge storylines, dramatic stunts and a few surprise returns.

HOME AND AWAY

Celebrating the soaps 30th anniversary, Home and Away bosses have come up with huge stories focusing on original cast member Alf. Alf will be involved in a huge stunt when an explosion causes him to fall into a sinkhole. With time running out, will Alf be saved? Meanwhile, policewoman Kat will be killed off leading to her ex-partner Ash seeking revenge. Blaming Robbo for Kat and his unborn child's deaths, Ash reaches out to the River Boys who make a dangerous return to Summer Bay.

NEIGHBOURS

Neighbours will air huge episodes at the start of February as Izzy makes her return and she's set her sights on Karl again. Expect a huge showdown between Susan and Izzy.

Meanwhile, Toadies belated 21st birthday party will see old faces return including his brother Stonie, best friends Stu and Lance and his ex Sindi. But the biggest return will be Dee/Andrea. Bosses are staying tight lipped on whether Toadies dead wife or the con woman who nearly ruined his marriage is making a shock comeback.

Finally, Corrie's Jason Grimshaw actor Ryan Thomas will arrive as part of the big episodes with revenge in mind. Just what has Paul done this time?

GARDENING OUTLOOK



with **John O'Sullivan**

FOCUS ON EARLY SPRING FLOWERING SHRUBS

Now is a good time if you are planning a new garden or trying to add some colour to an established garden to plant some early flowering spring shrubs. One of the best known shrubs is the Camellia and these popular shrubs are starting to flower in most places at the moment. The Camellia is a very valuable shrub in the garden as it can give a focal point to any shrubbery all year round with its glossy green leaves and showy blooms from early spring. A lot of people think that Camellias are a difficult shrub to grow, but in fact they are no more difficult than Rhododendrons or azaleas, and most varieties on sale now are hardy. When choosing the spot to plant your Camellia, make sure it is sheltered from cold winds as they can damage the flowering buds as can frost. When planting your Camellia make sure to mix plenty of moss peat with the earth, rather than on its own around the plant, as it will tend to root out quicker. Camellias are also ideal for growing in containers. Remember if you are planting your Camellia in the ground, that it might be small initially but most will grow to the size of a small tree, so allow plenty of room around it. There is very little maintenance with Camellias only to prune out old dead wood, clean up the old blooms that fall to the ground, and to mulch around the base of the plants every spring with some moss peat. There are a lot of other good spring flowering shrubs, here is a list of just a few: Forsythia, Cythsis, Corylus, Berberis, Darwunnii, Ribes and Skimmia. Next week I will focus on hedging.

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(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

X

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. Thank you for favours received. Thanks to the universe for everything.

NOVENA TO ST JUDE

May the Sacred Heart of Jesus be Adored, Glorified, Loved and revered throughout the whole world, now and forever.

Sacred Heart of Jesus, please pray for us. Saint Jude, worker of miracles, please pray for us. Saint Jude, helper of the hopeless, please pray for us.

Say this prayer nine times daily and by the end of the 8th day your prayers will be answered. Say it for nine days, publication must be promised.

It has never been known to fail.

X

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

X

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes, St. Padre Pio, Our Lady of Mount Carmel, Divine Mercy, St. Faustina, St. Peregrine, The Eucharistic Miracle, St. Michael Archangel

Brid

THANKS TO THE SACRED HEART

A thousand thanks to the Universe, Our Lady, Sacred Heart of Jesus, All the Angels and Saints and The Holy Spirit.

X

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

Never know to fail.

Must promise publication of prayer.

X

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).

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Say this prayer for three days. Publication of prayer and favour will be granted.

J

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

MOL

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

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THE MIRACLE PRAYER

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(Mention favour).

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(Mention favour).

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Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

K.O.L

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

M.C

6th ANNIVERSARY

In Loving Memory of



MARGARET (PEG) O'MAHONEY

Gulane, Gneeveguilla.
Whose anniversary occurs on
February 5th

*We sat beside your bedside,
Our hearts were crushed and sore;
We did our duty to the end,
Till we could do no more.
In tears we watched you sinking,
We watched you fade away;
And though our hearts were breaking,
We knew you could not stay.
You left behind some aching hearts,
That loved you most sincere;
We never shall and never will,
Forget you, mother dear.*

Fondly remembered by her loving
husband John, son Michael,
daughter in law Siobhan,
grandchildren Oisín and Ciara,
daughters June, Oriana and
husband Conan and grandchildren
Bruce, Max and Benjamin.



NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all
of the Saints for favours received. And thanks
to the universe. **X**

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked
you many favours. This time I ask you this
special one.
(Mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your father
sees it.

Then in his merciful eyes it will become your
favour not mine. Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

J.K.O.C

2ND ANNIVERSARY



In loving memory of our dear friend

SHEILA KELLIHER

Killarney, Co. Kerry
who died on 31st January 2016.

*You're on top of the world
now Sheila "Mac".*



Love and miss you always
Sheila, Sharon, Sheila, Marie,
Mary & Rose.

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked
you many favours. This time I ask you this
special one.
(Mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your father
sees it.

Then in his merciful eyes it will become your
favour not mine. Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

M.D

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked
you many favours. This time I ask you this
special one.
(Mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your father
sees it.

Then in his merciful eyes it will become your
favour not mine. Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

M.D

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked
you many favours. This time I ask you this
special one.

(Mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your father
sees it.

Then in his merciful eyes it will become your
favour not mine. Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

X

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful
Vine, Splendour of Heaven, Blessed Mother of the
Son of God, Immaculate Virgin, assist me in this my
necessity. O Star of the Sea, help me and show me
herein you are my Mother. O Holy Mary, Mother of
God, Queen of Heaven and Earth, I humbly beseech
you from the bottom of my heart to succour me in
this necessity. There are none, that can withstand
your power. Oh Mary conceived without sin, pray for
us who have recourse to thee (3 times).

Holy Mary, I place this cause in your hands, three
times. Thank you for your mercy to me and mine.
This prayer must be said for three days and after
that the request will be granted and the prayer
must be published immediately. Thank you for
favours received. **N.S**

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your heart where your Father sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer three times for three days and
your favour will be granted.

Never know to fail.

Must promise publication of prayer.

N.S

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your heart where your Father sees it.

Then in his merciful eyes it will become your
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Amen.

Say this prayer three times for three days and
your favour will be granted.

Never know to fail.

Must promise publication of prayer.

M.D

A WORD OF VICTORY

Welcome back dear reader, last week we looked at how God's Peace is the deciding factor for success and good fruit to come from our lives. But often overlooked today along with wisdom and good fruit, is the fear of God. There is plenty of fear about - it is the area that Satan operates through best by causing people to be afraid of many things, but there is little or no fear of God in how people are conducting their lives. Historically, a type of the fear of God was promoted by human beings, carrying with it shame and punishment to make people submit. But true fear of God comes not from the fear of man, but rather from the awe of loving our Heavenly Father which enables us to obey Him because of our relationship with Him. "God is Love...there is no fear in Love, but perfect love drives out fear, because fear involves punishment, and whoever fears has not been perfected in love" (1st John 4:16-18). When God gave the Ten Commandments His Presence caused such thunder, lightning and smoke that the Israelites were absolutely terrified. Moses told them not to be afraid, that God's mighty power on display served to remind them of how awesome He is, and this would keep them from sinning and breaking His commands (Exodus 20:1-20). We all need boundaries, rules and order in life, if we didn't have laws we would have chaos. The law of the Commandments showed that it is impossible for man not to miss the mark at some point, so how then could we ever be redeemed from sin? That is why Jesus came. In choosing to lay down His life for you and I, He made the way for us to be saved (John 15:13). He paid the penalty for our sins, something we could never do. Listen, no matter how nice a person you are, you will never be able to do enough good works to save yourself (Ephesians 2:9). Jesus offered Himself as the sinless Lamb to take away our sins, and established back for us a relationship with Father God resulting in our adoption and grafting in to God's family in Love. "May the God of peace who brought up from the dead our Lord Jesus the Great Shepherd of the sheep, and ratified an eternal covenant with His blood...equip you with all you need for doing his will...and produce in you through the power of Jesus Christ every good thing that is pleasing to Him" (Hebrews 13:20-21). Friend, it is possible for you to obey God and make good decisions in the righteous fear of the Lord without the fear of punishment, and live in peace all because of the blood Jesus Christ His Son shed for you! (1st Peter 2:24) More next week....

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