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*HO HO HO...Santa Claus arrives on his sleigh to Killarney for the annual Christmas in Killarney switching on of the Christmas lights and Christmas magic parade on Saturday night. Photo: Valerie O'Sullivan*

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# THIS WEEK

01 : 12 : 23

## KILLARNEY LIONS CLUB LAUNCHES NEW 'MESSAGE IN A BOTTLE' INITIATIVE

See Page 4

## GET IN TOUCH

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- Astrid Longhurst - Wellbeing
- John O'Sullivan - Gardening
- Denis Kelliher - Recipes

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Aisling Crosbie.

## FROM THE EDITOR

The Magical Christmas In Killarney Parade was once again this year an amazing event with thousands lining the streets of the town in perfect weather for the switching on of the Christmas Lights in the town. Killarney Lions Club have come up with an ingenious idea to help the elderly, Liam O'Connor has been honoured with a Hall of Fame Award and the annual Killarney Rotary Club Wine & Art Night was a huge success.

The Tree of Light has been dedicated to the late Paul Coghlan at a special ceremony at St. Mary's Cathedral this week, the countdown to the Red Carpet is on for the OsKaR's and the Wander Wild Festival 2024 has announced over 30 new events.

Kerry fashion designers are planning a Catwalk Extravaganza in aid of Recovery Haven, €7,000 has been raised for Bumblebee and the Soroptimists Club have delivered hampers to a very worthy cause.

We have fantastic offers and ideas on all things Christmas from our wonderfully loyal advertisers, action from all things sport and an jam packed magazine full of news and photographs for you - hope you all enjoy this week's Killarney Outlook!

## HELPFUL CONTACT NUMBERS

### COVID-19 SUPPORT LINE FOR OLDER PEOPLE

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ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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A calm day on the Lakes of Killarney captured perfectly by Paud O'Donoghue

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# KILLARNEY LIONS CLUB LAUNCHES NEW 'Message in a Bottle' INITIATIVE

**K**illarney Lions Club has launched a new initiative called **Message in a Bottle** aimed at helping older people, people living alone and people with medical conditions in cases of emergency. **Message in a Bottle** is a simple idea that encourages people to keep their basic medical details in a common place where, in cases of emergency, it can be easily accessed by Paramedics, Gardaí, Fire-fighters, and first responders.

The initiative was launched on Monday 27th November at the Killarney Avenue Hotel. It was attended by representatives from medical, emergency, first responder and retirement organisations in the Killarney area. They heard about the benefits of the initiative, which started in Ireland eight years ago, from Damian Carbery, National Coordinator of Message in a Bottle, Lions Ireland, and James O'Loughlin, Ennis Lions Club.

The 'bottles' (a plastic container) will be distributed through various organisations over the coming months. A person who wants to use

it completes their personal and medical information on a form that is then put in the container. They then put the container in the fridge, and put self-adhesive green crosses on the front door of their home and on the door of the fridge. In the event of an accident or incident within the home, the first responder/ emergency services on the scene will be alerted to the bottle by the label on the door.

"When we heard about Message in a Bottle from Lions Ireland we felt it benefit the local community in Killarney," said Denis Doolan, President of Killarney Lions Club. "We suggested it to emergency, first responder and medical organisations who provide such services in our community, and they were very supportive. If it helps even just one person to get the help they need more quickly and effectively, it will be well worth it." More information about the Message in a Bottle initiative can be found on the Lions Ireland website: <https://lionsclubs.ie/service/message-in-a-bottle/>

For further information, contact [killarneylionsclub@gmail.com](mailto:killarneylionsclub@gmail.com)



*Pictured at the launch of the Killarney Lions Club Message in a Bottle were:*

*(Back L to R) John Ivory, Killarney Lions, Dylan O' Connor, Cardiac First Responders, Philip O'Connor, Community Mental Health Team, HSE, Paul Keating, Killarney Lions, Kay O'Connor, Public Health Nursing, HSE, Martin O'Grady, Fire Brigade, Finbarr Kennelly, Pharmacist, Ronan Doyle, Jason Higgins and Ger Quirke, Killarney Lions Club (Front L to R) Noreen O' Sullivan, Dermot Cronin, Killarney Lions Club, Bridget Delaney, Cardiac First Responders, Helen Foley, Killarney Active Retirement Group, Denis Doolan, President, Killarney Lions Club, Colette Kiely, Cardiac First Responders, Brendan Lynch, Killarney Lions Club*

## HOME FROM HOME RETIREMENTS

Last week marked the retirement of three directors of Home from Home. Liam Twomey, Michael Leahy and Dick Willis devoted huge time and support to "Home from Home" the afterschool service that seeks to engage children with disabilities in meaningful and enjoyable activities, both on a one-to-one basis and in small groups. The fantastic facility has helped to develop children's interests while being mindful of their unique needs. It furthers their social awareness through fun and games in a secure and caring environment. The men were honoured at the Royal Hotel on Thursday last.



*Retirees Liam Twomey, Michael Leahy and Dick Willis who retired as Directors from the Home from Home with (back from left) Keith Ó Brolacháin, Frank McGonigle, Cathal Walshe and Noreen Buckley at the Royal Hotel, Killarney on Thursday. Photo by Michelle Cooper Galvin*





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Killarney Rotary Club Annual Wine and Art Night was deemed a masterpiece by those who attended the event on Wednesday night.

Known for being one of the year's social high points in Killarney, the event took place in the Great Southern, Killarney this week. This is a charity event that is in its 20th year and all proceeds raised from the evening will go to local charities and community projects.

The Rotary District Governor, Kenneth Fisher and his wife Betty were in attendance on the evening. They travelled all the way from Enniskillen in Fermanagh. Mr Fisher accepted an invitation extended by the Killarney Rotary Club, President Barry Murphy. Mr Fisher is responsible for all the 70+ Rotary Clubs on the island of Ireland, with one in almost every county and around 1,500 members in total.

The Rotary District Governor, Kenneth Fisher said "I heard about this event as it is one of Rotary Club's biggest events. We were delighted when Killarney Rotary Club President Barry Murphy reached out. The evening has been amazing, a great gathering for the local area, showing them working together and it's incredibly vibrant!"

President of Killarney Rotary Club, Mr Barry Murphy said the event was a "great opportunity to the professional and amateur artists & crafters to display their work, to a most appreciative audience in a friendly and relaxed atmosphere, whilst sipping a glass, nibbling a selection of cheeses, and finger food."

There was a selection of cheeses, breads and wines available on the night provided by Daly's SuperValu, Killarney and there was also a selection of local beers and ales courtesy of Killarney Brewing & Distilling Company.

Artists and craftspeople from across Kerry and beyond displayed their work. One craftsman, who was there for the first time was Seán O' Ceannabháin from Killarney Pens. O' Ceannabháin makes handmade pens using native Killarney woods. He said "From start to finish the evening was spectacular, it was great for both local and non-local businesses and I for one will definitely

## A MASTERPIECE OF WINE AND ART Celebrated by KILLARNEY ROTARY CLUB

*By Grace Foley*



*Artists Therese O'Keeffe & Olivia O'Carra*



*Chloe Gallagher, Rachel Murphy & Brian Gallagher*

be back next year"

Local Killarney Artist, Therese O'Keeffe was also in attendance. Her work which is typically abstract and impressionist has been on display at the event every year since it began. O'Keeffe said "Tonight itself has been a masterpiece and a great opportunity for me every year to meet local Killarney people and beyond while displaying my art"

The Rotary Club held an auction with art pieces which were kindly donated by attending artists and crafters. One of the items auctioned was a signed Kerry Jersey. There was also a raffle held on the night in aid of the Irish Pilgrimage Trust. Music was provided by the renowned musician, Mike Neeson throughout the night.

This year's event sponsors of the Killarney Rotary Club Wine and Art evening were Daly's SuperValu, Killarney Brewing & Distilling and Co. Killarney/Kenmare/Cahersiveen Credit Union. Door prizes were sponsored by The Rose Hotel and MD O'Shea & Sons and CRL oil. Beneficiaries from this year's event were Anabla National School, Coolick National School, Faha National School, Knockanes National School, Tiernaboul National School, Loreto National School, Gaelscoil Faithlenn, Loughguitane National School, The Killarney Cardiac Response, Killarney Athletic, Castleisland Daycare Centre, Kerry Stars, Killarney Cougars Basketball Club, and the Irish Pilgrimage Trust.



*Exhibitor Glen Bowler discussing his work with Katy & Michael Jacobi.*



*Mike & Brid Stack, Andrew & Yvonne Eadie*



*John Kehoe & Martin Carey (Artist)*



*Suzanne Keane & Paul O'Regan*



*Denis Tucker (Daly's SuperValu), District Governor of Rotary  
Kenneth Fisher & P.J. Mc Gee (Daly's SuperValu).*



*Rachel & Grace Foley*





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# HALL OF FAME AWARD FOR LIAM O'CONNOR

Liam O'Connor receives his award  
from Miriam O'Callaghan



**A**ccordion maestro Liam O'Connor won new fans with his performance at the recent Rémy Martin Cork Business Awards 2023 at which he received with a Business Cork Hall of Fame Award 2023 for his services to the Arts, Culture and Entertainment.

As part of the celebrations O'Connor turned in a dynamic live performance that drew enthusiastic plaudits from RTE's Miriam O'Callaghan, Executive Chairman of Business Cork, Michael Mulcahy, and others. The event took place at a packed Convention Centre at the Clayton Hotel Silver Springs in Cork.

As event host Miriam O'Callaghan posted on Instagram, "The icing on the cake was the extraordinarily talented Liam O'Connor and his band comprising of his two remarkable sons and daughter. No wonder O'Connor, who played with Michael Flatley's Lord of the Dance, has been called the Jimi Hendrix of the accordion. It was a stunning moment watching him in action as he showed all of us there his magic. It was incredible!"

Michael Mulcahy was equally impressed, saying, "We had an absolutely incredible and unexpected performance from the renowned Liam O'Connor at The Rémy Martin Cork Business Awards 2023 after he was presented with A Business Cork Hall of Fame Award 2023 for his services to the Arts, Culture and Entertainment Industry in Ireland and Globally."

The Newmarket, County Cork, native now Killarney based Liam was joined onstage by his family members Saoirse, Oisín and Cillian for a spectacular performance that brought the house down.

Liam holds a Guinness World Records listing for the fastest fingers in the world in playing the accordion. He has played all over the world and recorded with some of the entertainment world's top acts.

## *"With Love At Christmas" .... from Mary*

Killarney Singer/Songwriter, Mary Culloty O' Sullivan is planning a series of Christmas Concerts around Kerry and launching her Original Christmas CD 'With Love At Christmas'. This year Mary will be fundraising for Recovery Haven Cancer Support Services. Co Kerry. Mary will be accompanied by Musical Director Tony O' Flaherty, who did a wonderful job on her CD, bringing every song to life! The concerts will be Free Entry and there will be donations and a raffle on the night. Special Guests include 'North Kerry Community Choir' and 'Finding Your Voice Singers'.

### **Dates for your Diary:**

Listowel Arms Hotel, Listowel - Wednesday 6th December 7.30pm

Killarney Avenue Hotel - Wednesday 13th December 7.30pm



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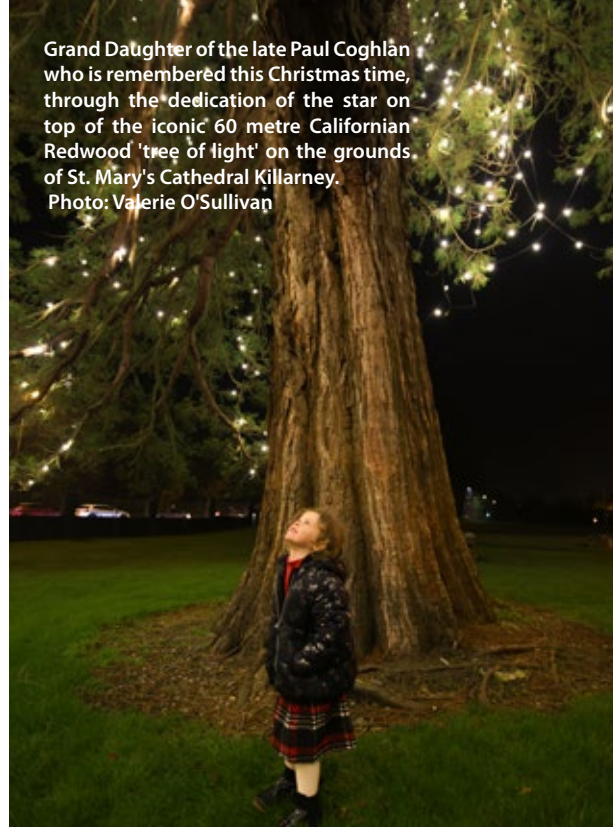


# Shining Star....

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Grand Daughter of the late Paul Coghlan who is remembered this Christmas time, through the dedication of the star on top of the iconic 60 metre Californian Redwood 'tree of light' on the grounds of St. Mary's Cathedral Killarney.  
Photo: Valerie O'Sullivan



The late Paul Coghlan is remembered this Christmas time, through the dedication of the star on top of the iconic 60 metre Californian Redwood 'tree of light' on the grounds of St. Mary's Cathedral Killarney.. At the special ceremony and blessing by Fr. Kieran O'Brien, Adm, and dedication by Cathaoirleach Killarney Municipal District Cllr. Brendan Cronin, members of the Late Senators Wife, Peggy and family joined Fr Kieran, Cllr Cronin and Cllr Niall Kelleher at the tree of light  
Photo: Valerie O'Sullivan

## KERRY FOOD HUB HONoured AT CHAMBERS IRELAND ANNUAL AWARDS

The innovation and employment offered by the Kerry Food Hub based in Furies has been recognised this week with a prestigious national award. Kerry County Council was presented with an honour at the Chambers Ireland annual awards at the weekend in recognition of how the Food Hub promotes economic development in the county.

The Kerry Food Hub is managed by a board of social entrepreneurs and its purpose-built food production facilities in Furies provide start-up entrepreneurs and food businesses with the opportunity to expand and develop in purpose-built facilities.

Since opening in 2016, the Hub's artisan occupants have quickly built strong relationships with food industry professionals in their key markets. They have also found the Hub a great location from which to serve retail

outlets in the major urban centres in the county.

In 2022, The Kerry Food Hub, completed ten new 1,000sq ft food grade production units and launched artisanmarket. ie, a multi-vendor online marketplace linking artisan food producers and professional buyers.

Fifty-five people are currently employed by the food entrepreneurs operating from the Kerry Food Hub.

Cathaoirleach of the Castleisland-Corca Dhuibhne Municipal District, Cllr Bobby O'Connell said:

"The overall aim of the Kerry Food Hub is to enhance employment, it was the vision of local farmer David Gleeson. Mr Gleeson assembled a group of local social entrepreneurs to enhance employment opportunities in the region and make the community it serves a better place to live and work through the creation



Celebrating receiving the Chambers Ireland Excellence in Local Government Awards 2023 & Promoting Economic Development on Tuesday morning at the Kerry Food Hub in Furies were: Martin Brosnan (Kerry Food Hub), David Gleeson (Kerry Food Hub), Sean McCarthy (NEWKD), Cllr Bobby O'Connell (Cathaoirleach, Castleisland-Corca Dhuibhne MD), Bridget Fitzgerald (Kerry County Council), Sean Linnane (NEWKD) and Tomás Hayes (Local Enterprise Office).  
Photo Michelle Breen Crean Photography

of employment opportunities.

"Since opening in 2016, the Hub's artisan occupants have quickly built strong relationships with the industry across the county. I pay tribute to

everyone involved in the Food Hub as well as our own team in the Economic Development Unit for supporting the initiative since its inception."



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# It's the talk of the town...

With Anne Lucey



Anne Lucey looks at the positive news happening in the town of Killarney



## Not a single house for the town that pays the highest rates in the county

The town that pays the highest share of rates in the county won't get a single social house in the next two years, the annual budget meeting of Kerry County Council heard.

It was Labour councillor Marie Moloney who highlighted and spotted the anomaly in the housing table.

"The housing delivery programme is very disappointing in the Killarney Electoral Area to 2025. There is not one single house. Absolutely nothing."

Short of six apartments in Flemming's Lane, Killarney was getting nothing, she repeated "Killarney pays more rates than anywhere else," Marie continued to some jeering from non-Killarney councillors. "Yet nothing, not a house" was being built to show for the hefty rates contribution.

Luckily, a housing body in Barraduff had built houses, she added.

"I want to see something happen on the ground, some development in Killarney. It's just not good enough," she said, referring to the council's commitment to get a loan to buy housing land.

The meeting also heard how working people were being excluded from the housing market and it was really only those on social welfare who could qualify for a social house. €670 a week for a single person and 723 for a couple was the threshold, which meant

a working family would not qualify, Tralee's Sam Locke pointed out.

"Only a person on the dole can qualify," he said.

Enterprising Killarney - away from the rich agricultural resources of north Kerry - is all too often the focus of envy in the council. Aoife Thornton of Listowel said Killarney had plenty of pools yet its sport and Leisure centre was getting an allocation of €411,000 while there was only €60,000 for the north Kerry pools of Ballybunion and Tralee.

I have found this 'Killarney gets too much attitude right across the county in my decades of covering council meetings. It is cross party too. Sinn Fein were especially fixated at one stage - An exception is Mayor Jim Finucane of Fine Gael. As chairman of the Kerry Education Board he has been very even handed and has even promoted a third level college for the town.

It does not stop with political representatives. I have had heated arguments in Tralee with senior council officials, now retired, about Killarney 'taking everything'. Actually, Killarney gets very little, other than what it does for itself.

## The tinder box

The Dublin riots shocked the nation and damaged its reputation. The Parnell Square area of Dublin and the north west inner city area is shockingly down at heel and has suffered from decades of neglect.

It is an area of social deprivation with generations. While columnists in ivory towers fret over the rise of the far left and the far right (or is it the other way around?) across Europe, the real underlying reason is close to home: Ignoring the cry for help. Only the late Tony Gregory, one of my heroes, tried to do anything. And he failed.

Meanwhile, at the other end of town just the previous week, wall to wall security was thrown up when a protest in support of Palestine was announced. We had gone

to Dublin for a graduation scheduled that Wednesday in nearby Buswell's. Only to find it cancelled and the whole area cordoned off after we got off the train, well before any sign of trouble.

Contrast this with Thursday last where even the crime scene had been disturbed and crowds had already gathered. And no convincing response. One of the few commentators to identify perhaps the reason for the riots was journalist Emma O'Kelly on the RTE website. 'The tinder is there ready to ignite' - Dublin riots (rte.ie)

Quoting a school principal, her piece pointed directly at the social inequalities and the 'tinder' being ready to be harnessed by sinister elements.

The effect of immigration on communities deprived with generations has been ignored. There is no interrogation either of the sometimes overwhelming feeling and mental health repercussions of large and sudden immigration on locals in towns like Killarney, Tralee and Rosslare. Of no longer hearing your own language on the street, for instance. Not to mind seeing a GP. Think about this for a minute. Ireland was a closed society for centuries apart from the English and the odd German. There is sudden large immigration. No one in authority allows any kind of discussion except to patronise us all as 'welcoming' when they land communities with thousands of guests. But if a question is raised, we are shut down and cancelled as racist! Politicians across all parties, and the main media too, are losing the room on immigration. I liken their lack of attention to bad parents who allow an older child languish ignored in the corner while the new baby, naturally enough, demands - but is given all the attention. Good parents ensure the older child is listened to, and they take time to ask him how he feels. It's time our politicians, and maybe our media too, learned some good parenting tricks.

## Clapping, alas, no longer

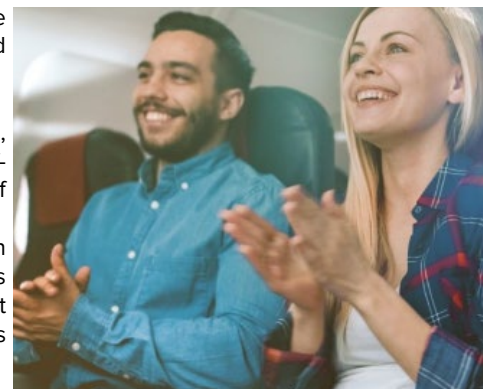
The fine Irish tradition of clapping when flights landed has gone, alas. I miss that and so do others I know.

It represented a kind of innocence. A wonder. Like the wonder of childhood. We hadn't always been an island who took to the skies. Partly because we couldn't afford Aer Lingus! And when we did fly, we were overjoyed and over-anxious too. There was a complexity of feeling. When we landed there was sheer relief. Everyone in the plane broke out in spontaneous applause and clapped

the pilot. I loved it. Even when it became sort of embarrassing and the sophisticated Europeans next to me looked bewildered. When did the clapping stop?

Something tells me we have changed, changed utterly. It's probably called self-consciousness. Maybe we are too aware of ourselves these days.

And I have another question for airlines. When did travel mags become all advertisements and no picture stories? Some changes are not for the good. We still need stories and pictures to look at.









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# In the Name of the Oskar!



Excitement is at fever pitch in the parishes of Glenflesk and Kilcummin in the build up to their joint fundraiser 'A Night at the OsKaRs', which takes place on Thursday, December 7th in the Gleneagle, INEC Arena. This is the second time the clubs have joined forces to organise the event, which was a sell out when previously held in 2018. 'The interest and enthusiasm of locals wanting to take part has been incredible from the start,' says Derry Healy of Glenflesk GAA. There are 103 cast members and over 100 extras taking part in the 8 films, so there will be stiff competition for the coveted 'OsKaR Awards' on the night. The involvement of popular local priests, Fr Jim Lenihan and Fr. Joe Begley in this year's event is adding to the

excitement and interest in both parishes and beyond. Fr. Jim and Fr. Joe will be taking a brief break from the altar to walk the red carpet as actors in OsKaRs 2023. Despite being very busy with parish responsibilities, Fr. Jim and Fr. Joe took on their respective roles as Dennis in 'Kerry Girls' and as Kevin in 'The Wind that Shakes the Barley' with enthusiasm and a great sense of fun. 'We were delighted when Fr. Joe and Fr. Jim decided to get involved,' says Niamh Dwyer of Kilcummin GAA, 'and the bit of healthy rivalry has really added to the event for everyone. They both have strong connections with the two parishes, so there has been plenty of banter throughout the filming and in the lead up to December 7th.' There will be six more



*Calendar Girls – Mary O Leary, Breeda Lynch, Selma Dineen, Linda Dennehy, Helena Buckley, Annie McIlroy, Marie Keane, Geraldine Pigott, Mary O'Brien, Marguerite Hickey.*

outstanding films shown on the night including Braveheart, Bridesmaids, Calendar Girls, Veronica Guerin, Blues Sisters and Downfall. A tough task lies ahead for the judges and all eyes will be on the big screen in the INEC on December the 7th, to see which films and individuals will be picking up the awards on the night. The award for 'Best Film' will be voted on by the audience and there will be prizes for the 'Best Dressed' male and female in the crowd. It is guaranteed to be non-stop entertainment from start to finish. Doors will open at 6.30pm and the show will start at 7.30pm. Post-show celebrations are set to continue late into the night with a DJ in the Backstage Bar at the Gleneagle.

Tickets are selling quickly and a capacity crowd of 2,000 people is expected again this year. Tickets are €32.50 and can be purchased online. Links are available on the The OsKaRs by Glenflesk & Kilcummin GAA

Facebook and Instagram pages as well as on [www.kilcummingaa.com](http://www.kilcummingaa.com). For enquires outside of that about tickets, contact Emma O Donoghue on 085-7547586 or Niamh Dwyer on 087-9801105.



*Braveheart King Scene – Trish O Mahony, Denis Casey, Gearóid O Sullivan*



*The Wind that Shakes the Barley Jonathon & Sean Lucey*



*Organisers and Sponsors of The OsKaRs. Front from left – Niamh Dwyer, Rosie Healy, Emma O Donoghue, Aileen Moriarty, Tracey Kelly, Louise O Donoghue. Back from left – Donal Dwyer, Damien O Leary, Shane O Callaghan, Damien McCarthy, Michael O Keeffe, John Culloty, Derry Healy. Missing from photo – Eugene Bowler, Eugie McSweeney, Cathy Somers O Leary, Kieran Murphy, Gavin O Leary, Willie Fleming. Photo by Seamus Healy*



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Tel: 064 6698034 | E: info@hrbuddy.ie | www.hrbuddy.ie**HR ADVICE AHEAD OF WORKPLACE CHRISTMAS PARTY SEASON!**

A Christmas party can be a great team-building opportunity. However, there is common mistakes and mishaps that can happen and leave an employer liable. Very often workplaces throw caution to the wind with these events but whilst most workplace Christmas parties end up being great fun events, some things can go wrong and when they do, they can go badly wrong. So, employers need to plan properly.

**What is the advice?**

It is important that Employers ensure that employees understand the standard of conduct expected of them at these events, and that they are expected to observe the provisions of the Dignity at Work policy and anti-bullying and harassment policies at work-related events.

The actions of employees at a Christmas party may potentially damage working relationships, and reflect negatively on the business and lead to complaints or possible disciplinary actions. Employers have a duty of care to all employees and should take reasonable steps to ensure that inappropriate conduct at these events does not arise.

**What are some reasonable steps an employer can take to prevent an incident occurring?**

Prior to holding the Christmas party, or any work-related event at any stage of the year, it should be made clear to employees that should there be an incident or a subsequent allegation, that these will be dealt with in exactly the same manner as if the incident had occurred during working hours.

Policies which should be brought to employee's attention prior to the event should be: The Dignity at Work policy, Email and social media policy, Attendance at work policy & Grievance and disciplinary policies

**Employers need to keep in mind:**

**Attendance** – If the Christmas party is out of hours, employees should be made aware of the fact that they are not obliged to attend.

**Drink** – Employers also need to be sensitive to employees who don't drink alcohol, and should ensure there are non-alcoholic drinks available.

**Inappropriate discussions** – Christmas parties or work-related events are not the appropriate location for discussions in relation to performance, promotion, salary or career prospects. Words of encouragement and good intentions can be misinterpreted and may cause future issues.

**Absence management** – Where the Christmas party falls on a day when employees will be required to attend work the following day, employers should communicate to staff not to be at work under the influence of alcohol so that they do not endanger their own or another person's health and safety at work.

**Social Media** – Not all publicity is good publicity! So, inform employees that they should not post pictures or comments to social media that would adversely affect the company's reputation or the privacy of colleagues. They should also be aware of the consequences of a breach.

*If you require assistance with your employment documentation such as employment contracts, staff handbooks, company policies, procedures & remote/hybrid work agreements, contact one of the team at HR Buddy – we are here to help.*

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# Ignite Your Adventure Spirit at

## KILLARNEY'S WANDER WILD FESTIVAL

- Ireland's Ultimate Outdoor Experience

Dundag Dipping...Mary Cahill, left and Trish O'Neill, Hardy swimmers taking part in the Wander Wild Sunrise Dip in Dundag at the Wander Wild Festival earlier this year. Photo: Valerie O'Sullivan

Experience Thrills, Mindfulness, and Natural Beauty at Ireland's Wander Wild Festival in Killarney! Over 30 new events, an expanded wellness hub, and an extended base camp have been added to this year's festival. Exciting additions include a Dark Sky Astrology Hike, live workshops and music, market stalls, healing soundbaths, and yoga nidra gaeilge.

Get ready for a weekend of adventure and serenity at the Wander Wild Festival in Killarney - Ireland's great outdoors festival. Set against the picturesque backdrop of the UNESCO Killarney National Park, the unique adventure and wellness festival returns to Killarney from 22nd - 24th March 2024.

Wander Wild Festival, sponsored by Nature Valley and supported by Fáilte Ireland & Kerry County Council has unveiled an array of new events designed to cater to the body, mind, and soul of every adventurer. Whether you're an adrenaline junkie seeking thrilling experiences or a nature enthusiast who loves going off the beaten track, this festival has something for everyone. Tickets are on sale now and would make the perfect gift for the adventurer in your life!

Over the weekend, attendees will have the chance to explore new adventures and recharge amidst stunning scenic landscapes. Dive into the refreshing waters, embark on hikes up mountains or climbs along ridges, discover the national park by bike or horseback, swim or kayak on the picturesque lakes, enjoy a therapeutic wellness activity, or savour sustainable local cuisine on a food trail. Wander Wild Festival offers an unparalleled opportunity to reconnect with nature and indulge in unforgettable experiences. What better way to celebrate 10 years of the Wild Atlantic way than immersing yourself in wellness and new experiences in Killarney.

Thrill seekers will have the chance to conquer Carrauntoohil, Ireland's highest mountain, observe constellations, planets and shooting stars from one of the world's best stargazing spots on the and learn all things astronomy on a Dark Sky Hike on the Old Kenmare Road, or join an outdoor classroom and master the art

of navigating steep terrains in a Steep Ground Masterclass.

Wander Wild Festival has something for all ages and abilities. Whether you want to scale a mountain or refocus with a wellness event - there is an activity for you. Explore the rich history of Innisfallen Island, dating back to 640 AD, with a captivating Kayak Tour. Watch the sunrise while taking a refreshing dip at Dundag, immerse yourself in a mystical forest bath, uncover the power of breath with a Wim Hof Method Workshop, or indulge in a soothing sauna experience on the banks of Muckross Lake.

This year's festival introduces a range of new additions, including stand up paddle boarding, workshops, live music, stalls, and entertainment at Basecamp in the town centre, healing sound baths, and yoga nidra gaeilge and an extended children's activity programme.

Get the inside track from local experts with guided hikes, night walks, pony treks, urban orienteering, captivating photo exhibitions, and self-guided loop walks for families. The extended wellness programme includes family yoga, a herbal medicine workshop, mindset workshops and quantum touch, as well as the return of popular activities such as Yoga & Light Therapy, Reiki, Sunrise Vinyasa, Handstand workshops, Yin Yoga, and Strength and Conditioning for Hiking tailored to those over 55.

Whether you've had a challenging day on the mountains or lakes, or a relaxing experience in the 26,000 Killarney National Park (designated UNESCO Biosphere Reserve), all paths will lead to basecamp in the town centre. With talks, stalls, and entertainment it'll be the hub of the buzzing town over the weekend. Fresh from your activity of choice you can enjoy live music and entertainment in local bars throughout the weekend.

With nature playing such a big part of the festival and the essence of what Killarney is all about, the organisers are committed to making the festival as sustainable as possible. Some initiatives include encouraging people to leave the car at home as shuttle busses will bring



Over the Rainbow... Claire Tangney, Wander Wild Festival, Roisin Fitzgerald, and Mountain Guide Mike Long at the Wander Wild Festival earlier this year. Photo: Valerie O'Sullivan

people from the town centre to all activities outside of town. They are also working with the Killarney Hotels Sustainability Group and sustainable budget providers such as glamping and hostels to ensure that people's stay has as low a carbon neutral impact as possible.

Most events are ticketed, with some free activities also available. Many events sold out last year so book early to avoid disappointment! Tickets are now live on [wanderwildfestival.com](http://wanderwildfestival.com). Pat Chawke, Chairperson of Wander Wild Festival, said "We are thrilled to bring back the Wander Wild Festival to Killarney for another incredible year. With a wide range of outdoor activities and wellness experiences, this festival truly has something for everyone. We invite adventurers from near and far to join us and explore the beauty of Killarney's great outdoors. Spring is a great time to explore and enjoy everything that Killarney town and the National Park have to offer."

Wander Wild Festival is sponsored by Nature Valley and supported by Fáilte Ireland, Kerry County Council and Killarney Chamber of Commerce.

For updates on new activities follow WanderWildFestival on Instagram and Facebook or email [info@wanderwildfestival.com](mailto:info@wanderwildfestival.com)



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# Education Minister Norma Foley **URGES KERRY SCHOOLS TO APPLY FOR NEW SOLAR PANEL GRANTS**

**M**inister for Education Norma Foley has urged schools in Kerry to apply for solar panel grants to reduce their energy costs and their emissions.

The solar for scheme will provide eligible schools with 6 kilowatts of roof-mounted solar PV, which equates to approximately 16 solar panels.

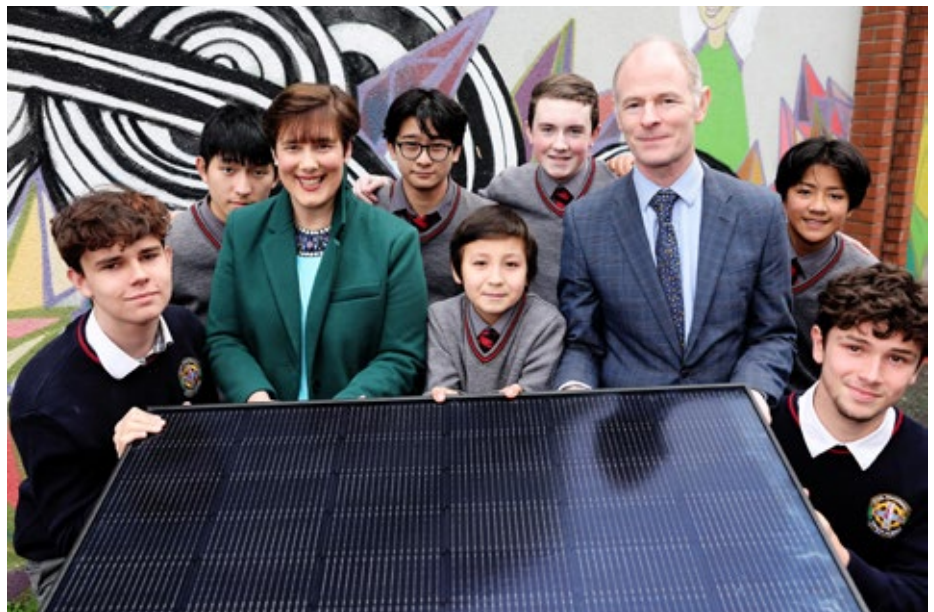
Kerry is one of the 11 counties in the country in the first phase of the Solar for Schools scheme.

The Department of Education is contacting Kerry's 132 primary schools, 26 secondary schools and 3 special schools to encourage them to apply. Minister Foley said: I hope that as many schools as possible in Kerry apply for this scheme to reduce their energy costs and their carbon emissions."

Minister Foley said that the installation of solar panels would allow schools to make savings on their energy bills every year.

"It will significantly reduce costs for schools by between €1,200 and €1,600 euro per year if they have 16 solar PV panels installed," she said. The solar PV panels in schools will be connected to the electricity grid, so that the schools can generate income by powering other homes and businesses with clean energy when schools are closed at weekends and during school holidays.

Minister Foley said that schools can apply for the scheme quickly and easily online using the new School Hub system, once they get three



Education Minister Norma Foley and Minister of State Ossian Smyth at the launch of the Solar for Schools programme.

quotes from solar PV contractors.

"It is our absolute intention that it will be very much a user friendly application process. So for the very first time, we're using our geographic information system as a means for schools to liaise with the department. There will be very little time required for an online application and it should proceed very quickly," she said.

Schools will be provided with funding from the Department of Education to have the PV panels installed by a registered contractor, with guidance from the Department of Education.

The rollout will begin in 11 counties - Kerry, Clare, Donegal, Galway, Kilkenny, Leitrim, Limerick, Offaly, Waterford, Wicklow and the Dublin City Council area in Dublin.

The intention is to include a further eight counties in phase two in Q2 2024 and the remaining eight counties in Q4 2024. It is intended that all eligible schools across the country will have the opportunity to apply to the scheme by end 2024.

## The silent nights can be the hardest for those bereaved at Christmas

At this time of year, there is no avoiding the Christmas tunes, the twinkling lights, the hustle and bustle in the shops. However, nights can be long for those bereaved at Christmas. The night of the infamous Toy Show, the night Santa leaves Lapland to bring the magic to millions of children worldwide, these and many more nights can be endless for many.... The silence can be deafening.

Christmas brings much joy and laughter but can also bring a lot of sadness. Days can be long for those bereaved, but nights can be longer. Anam Cara are encouraging people to

reach out if they need support, whether it is a friend, a colleague, or a support organisation like themselves.

Many will struggle over the weeks ahead so look out for those who may need a listening ear, be present for them, amongst the madness of the festive season.

This Christmas, Anam Cara is asking everyone to light up their virtual Christmas Tree with a very special "Light of Love", in memory of a loved one. By donating, you will be helping Anam Caras work with bereaved parents all over Ireland. To get involved, check out their



website [www.anamcara.ie](http://www.anamcara.ie)

On Tuesday 12th December, Anam Cara will hold their Kerry meeting in The Meadowlands Hotel, Tralee at 7:15pm. All bereaved parents from the area are welcome, regardless of the age their child died or circumstances of death. There is no need to register, just arrive on the evening at 7:15pm.

For more information on the support services offer by Anam Cara, please call 085 2888 888, email [info@anamcara.ie](mailto:info@anamcara.ie) or see [www.anamcara.ie](http://www.anamcara.ie)

## Santa At Kate's

Santa's Grotto will take place at Kate Kearney's Cottage on Saturday December 9th, 16th and 23rd and all proceeds are in aid of the Kerry Hospice Foundation. There will be a minimum donation of €10 per child and you can take your own photo on the day. Sponsored by The Dungeon Bookshop and Kate Kearney Cottage: the time to meet Santa every day he is there is between 1 and 5pm.



## St. Francis Special School Choir Perform at The Outlet Centre

On Friday 15th of December pupils and staff from St. Francis Special School will be busking in the Killarney Outlet Centre from 11am-12pm. The pupils are very excited and can't wait to perform some of their favourite Christmas songs. All money raised on the day will go towards our school choir. All support greatly appreciated.





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## Kerry designers to the fore at FASHION SHOWCASE IN AID OF RECOVERY HAVEN



Kerry designers to the fore at fashion showcase in aid of Recovery Haven - Marisa Reidy, left, Cait Ní Chonchuir, Gemma Fort all from Recovery Haven, renowned Fashion Designer Colin Horgan, designer to the stars Don O'Neill - the charity's newly appointed Patron, Model Aine O'Doherty, Event Producer, Norma O'Donoghue, John Breen, Recovery Haven Director, Fiona O'Connor, Events Manager Gleneagle INEC. Photo: Valerie O'Sullivan

**A**lready being billed as the fashion highlight of 2024 in Kerry, cancer support charity Recovery Haven Kerry has this week announced details of its Designer Fashion Showcase event taking place in the Gleneagle INEC Arena on February 1st 2024.

The date – St Brigid's Day – is particularly poignant for those involved, with the show set to incorporate the extraordinary Irish saint and mark her 1500th anniversary.

Renowned fashion designer Colin Horgan will be the star attraction of the event, showcasing a number of pieces from his new collection, while beloved Ballyheigue designer Don O'Neill – the charity's newly appointed Patron – will showcase a select few pieces from his fashion archive.

The event will be MC'd by legendary RTE broadcaster, Mary Kennedy, who will also facilitate an exclusive Q&A session with both designers, who will chat about their amazing careers and no doubt enthrall the audience with stories of starting their respective fashion journeys from humble beginnings in North Kerry, to dressing some of the world's most famous faces.

Event producer, Norma O'Donoghue, has also secured some of the country's top designers to feature in the event, while some of Kerry's leading boutiques will also be showcasing their SS2024 collections on the night.

Renowned social media influencer Helen Murphy, aka daily\_diviary, will be a special guest on the evening and has been given the unenviable task of choosing the best dressed lady – with a fantastic prize package worth hundreds of euro up for grabs for the winner.

Kicking off with a Prosecco and wine reception at 7pm, other highlights of the evening will include special guest entertainment before and during the show – including the stunning O'Neill sisters – a bumper raffle with more great prizes on offer and an after-party at the Gleneagle's Backstage Bar.

Tickets are priced at €30 and are available now from Recovery Haven, the INEC and on Eventbrite: <https://www.eventbrite.ie/e/763345877067?aff=oddtcreator-> and would make the ideal Christmas gift for fashionistas everywhere.

And for those wishing to attend as a group, a selection of group discount offers are available, by contacting Recovery Haven directly. Management at The Gleneagle Hotel, meanwhile, are offering a discounted overnight package for the event, priced at €125 per room B&B (quote Recovery Haven).



Renowned Fashion Designer Colin Horgan, designer to the stars Don O'Neill – the charity's newly appointed Patron and Model Aine O'Doherty Photo: Valerie O'Sullivan





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# Magic Parade

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FESTIVAL

Waiting for Santa Claus to make his first appearance in Killarney town as the magic parade continues for the annual Christmas in Killarney switching on of the Christmas lights and Christmas magic parade on Saturday night.

PHOTOS: VALERIE O'SULLIVAN



Cllr. Martin Grady, Cllr. John O'Donoghue, Cllr. Niall Kelleher, Cathaoirleach Killarney Municipal District Cllr. Brendan Cronin, Angela McAllen, Manager Killarney Municipal District, Cllr. Niall O'Callaghan, Cllr. Marie Moloney and Matt Farrell, Killarney Municipal District Officer, taking part in the annual Christmas in Killarney switching on of the Christmas lights and Christmas magic parade on Saturday night.





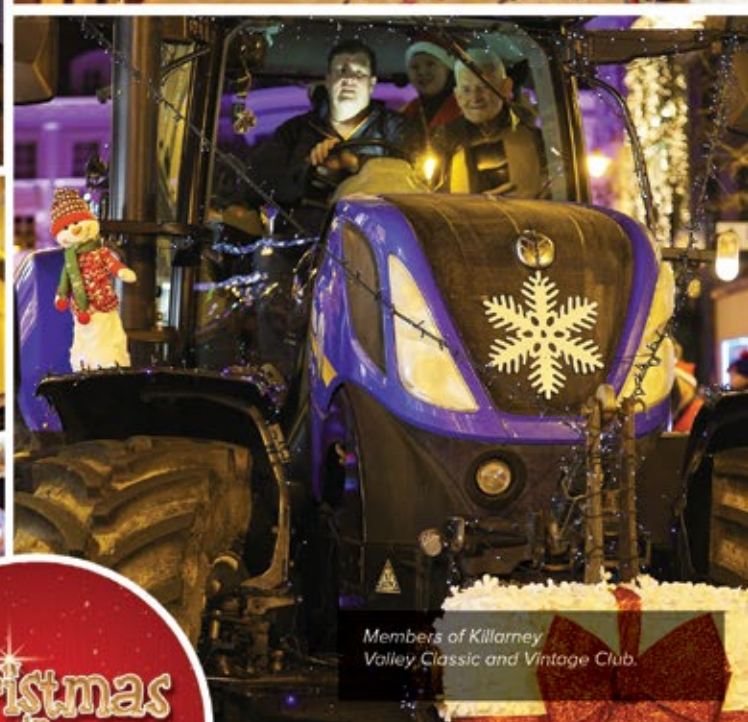
Santa makes his first appearance in Killarney town... Santa Claus arrives on his sleigh to Killarney for the annual Christmas in Killarney switching on of the Christmas lights and Christmas magic parade on Saturday night.



Members of the Ukranian Community in Killarney, taking part in the annual Christmas in Killarney switching on of the Christmas lights and Christmas magic parade on Saturday night.



Members of Killarney Valley Classic and Vintage Club.



Members of Killarney Valley Classic and Vintage Club.

## Christmas in Killarney



Members of Fiona Crowley Stage School, waiting for Santa Claus.



Donal 'Dux' O'Donoghue, with his helpers from WanderWild Festival.



# A December to Remember at the Gleneagle INEC Arena

**Get ready for a December filled with festive cheer and top-notch entertainment, as The Gleneagle INEC Arena unveils its most EPIC lineup yet.**

Get ready to jingle all the way with the yuletide lineup that includes the brightest stars on the Irish music scene, internationally renowned podcasts, comedy galore, and intimate acoustic shows. The Gleneagle INEC Arena is turning up the festive cheer, welcoming the biggest acts in music to ring in the holidays. Christmas at the Gleneagle INEC Arena welcomes music heavyweights such as The Coronas, The Wolfe Tones, Bell X1, Jenny Greene and RTÉ Concert Orchestra, Cian Ducrot, Block Rockin Beats, Biggest 90s & 00s Concert and disco and more. Have the lol's with Joanne McNally and Vogue Williams as they bring their award-winning podcast, "My Therapist Ghosted Me," to the Killarney stage for the first time. What better way to say goodbye to 2023 and ring in

a New Year than with Damien Dempsey and a full band, supported by the talented Kiera Dignam.

The Gleneagle INEC Club curates a playlist of Irish talent, featuring The Stunning, Pa Sheehy, Ash, Hermitage Green, Chasing Abbey, John Spillane, The Academic and more.

Experience a magical Christmas concert with Sharon Lyons and Nils Wanderer as they serenade you with the songs of the season.

For country and folk aficionados, the lineup boasts Johnny Buckley, Michael English, Olivia Douglas, Gina and the Champions & Sharon Shannon, Mary Coughlan, and Frances Black.

Enjoy a night of live comedy with Bernard Casey, who will find out who's "Around for Christmas."

Master Magician Steve Spade will open the vault and unearth over 100 years of Magic and will bring you on a magical journey.

With shows and gigs suitable for the whole family, treat yourself to a full weekend of fun and frolics at the Gleneagle

## THE CORONAS



INEC Arena and for a truly memorable Christmas experience stay onsite at the Gleneagle Hotel.

As a guest of The Gleneagle Hotel, you can also enjoy free access to our nightly residents' entertainment and our extensive leisure facilities including a 25meter pool, Jacuzzi, sauna, steam-room, tennis, squash and an 18-hole Pitch and Putt course. Enjoy a seamless night of entertainment with pre- or post-show dining in the lively Backstage Bar or in

one of the on-site restaurants.

Check out our full December line up and take a glimpse of what they have in store for 2024 at [www.inec.ie](http://www.inec.ie).

Tickets and stayover specials are available now at [www.inec.ie](http://www.inec.ie) or by calling 064 6671555.

This December, make it a month to remember with The Gleneagle INEC Arena – where the magic of Christmas meets the thrill of live entertainment!



The 10th annual Radio Kerry Christmas Jumper Day takes place on Friday December 8th and we are delighted to welcome Quinlan's Fish on board as our 2023 radio and online partner. Quinlan's Fish Shops and Seafood bars are in Tralee, Killarney, Killorglin, Caherciveen and Cork. [www.kerryfish.com](http://www.kerryfish.com)

"We're inviting people across the county to take part. It's very simple as all it requires is to wear a Christmas Jumper on Friday December 8th and donate what you can to assist the work of St Vincent de Paul in Kerry. Every cent of the money raised on the day will go to assist families in our community who find themselves in difficulties for reasons beyond their

## RADIO KERRY CHRISTMAS JUMPER DAY 2023

control. St Vincent de Paul help people to put food on the table, make sure that Santa has toys and that fuel and utilities are taken care of where this is needed too", Melanie O'Sullivan said.

Visit [www.radiokerry.ie/jumperday](http://www.radiokerry.ie/jumperday) and register to let us know you are taking part so that we can give you a mention on air and online.

Drop It in the SVP donation box at your local Quinlan's Fish Shops and Seafood bars in Tralee, Killarney, Killorglin and Caherciveen

At any of SVP's Vincent stores countywide – 11 in total

Online at [radiokerry.ie/jumperday](http://radiokerry.ie/jumperday) – click on the donate button and follow the steps.

Friday December 8th – Christmas Jumper Day

"Please send us your photos and videos or you and your family, friends, colleagues in your Christmas Jumpers and an update on the funds raised so that we can update the running total of funds raised on the day! Please ensure that you have the permission or parents and guardians of anyone under 18 in your photos or videos before sharing them with Radio Kerry or sharing them yourself online", Melanie added.

IF YOU HAVE A STORY... **Contact Aisling on: 086 0400 958**





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Monday: *Craic & Tunes* 8-30-10-30pm  
Wednesday: *Card Night*  
Thursday: *Killarney Town League Darts*  
Friday: *Live with Donal Shine* 9.30-11.30pm  
Saturday: *Serious Trad Session* 9.30-11.30pm  
Sunday Afternoon: *Trad Session* 2-4pm  
Sunday Evening: *O'Donoghue Sisters* 8.30-10.30pm

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Adults €10 Kids €5 Family Ticket €20  
Tuesday Decemer 12th 7pm-9pm  
December 19th 7-9pm

All proceeds after costs donated to Irish Cancer Society Kerry Branch.  
Safety Candle/Mulled Wine or Soft Drink included.

**Arbutus Hotel Gift Voucher**  
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Or Superb Merchandise!



# The Week Through The Eye of the Lens



Kerry Pharmacy Technicians Graduate at The Irish Pharmacy Unions Pharmacy Technicians Graduation 2023 which took place in the RDS, Dublin.

Pictured L-R: Dermot Twomey President IPU, with Clare Goodall, Sinead Driver, Orla McGlynn and Aine Stack and Derek Reilly, Acting Secretary General IPU



It's a busy time for little Charlie MacSweeney, not only is she super excited for Santa and Christmas, she also turned 4 years of age this week. Happy Birthday Charlie!  
Photo: Riona MacMonagle.



Lissivigeen National School in association with Lissivigeen Community Alert recently organised an art competition for the Pat Corcoran Memorial Trophy. The theme of the competition was, "How can we help climate change".

Left to Right Denis Russell (L.C.Alert), Kitty O'Sullivan (L.C. Alert), Christy Lehane (L.C.Alert) Olaf Chmielewski 2nd., Sinead Coleman 1st., Emily O'Connor 3rd., Kathleen Gleeson (L.C.Alert), Ellen Cagney Acting Principal Lissivigeen National School, Pat Kelleher (L.C. Alert), Tommy Buckley (Teacher).



Students from Loughguittane NS who took part in the Hope Shoebox Appeal for 2023 collection. They were delighted to support this worthy cause and ensure children less fortunate than themselves have a Happy Christmas.



Students from Loughguittane NS who took part in the Hope Shoebox Appeal for 2023 collection. They were delighted to support this worthy cause and ensure children less fortunate than themselves have a Happy Christmas.



Teachers Maire Keane and Orla Brosnan with Transition Year students from Killarney Community College presenting €550 to Denis Doolan, President, Killarney Lions Club. The money was raised in a Bake Sale to kick-start the Lions Christmas Food Appeal. Killarney Lions Club will be collecting donations for the Food Appeal at Dunnes and Tesco this weekend 1st - 3rd December, all support will be very welcome.





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# TOP TEN SPOT FOR KILLARNEY COMMUNITY COLLEGE

Transition Year students from Killarney Community College have achieved a remarkable milestone by securing a spot in the top 10 finalists in the prestigious National Think Languages Competition. The competition, which involves over 15,000 TY students and 180 participating schools from across Ireland, has recognized the outstanding efforts and linguistic prowess of the Killarney students.

The Transition Year program at Killarney Community College has long been known for its commitment to providing students with enriching experiences, and this recent accomplishment underscores the school's dedication to academic excellence. The National Think Languages Competition challenges students to showcase their language skills, cultural understanding, and innovative thinking, making it a highly sought-after platform for young linguists.

Principal Stella Loughnane expressed pride in the students' achievements, stating, "We are thrilled to see our Transition Year students not only participating but excelling on a national level. This accomplishment reflects the hard work and dedication of both the students and their language educators."

The 'Champion Team', comprised of six Transition Year students with roles varying from, 'Champion Team Leader, Social Media Manager, Events Manager, Research Manager, Scheduling Manager, and Facilities Manager', have created a festival line-up up for their event on Thursday November 30th. The students will start off their day by watching a video of the Opening Ceremony of Think Languages 2023, they will participate in live workshops engaging with local community business owners such as Kerry Martial Arts, and Killarney First Responders. The students are thrilled to also welcome Professor Jean Conacher and two student language Ambassadors from the University of Limerick. TY students will get the chance to taste some foods from different countries at lunch and listen to their very own International Music Playlist, as well as taste some Spanish Tapas and round off their day with Meditation through German. The shortlisting highlights the school's commitment to fostering a well-rounded education that goes beyond the traditional curriculum. It also reinforces the importance of language learning in today's globalized world.

As the students move forward in the competition, the entire Killarney

community eagerly anticipates the results and wishes them continued success. The school encourages local residents to join in celebrating this remarkable achievement and supporting the students on their journey in the National Think Languages Competition 2023.



Front row (left to right): Aine Mac Sweeney, Zoe Mc Donald, Kieran Moloney. Back row (left to right): Fionn O'Shea and Wiktoria Gluza. Missing from photo and also part of the Champion Team is: Mia Moynihan

## MRS. BROWN'S BOYS D'LIVE SHOW RETURNS IN 2024

December 5 – 8 2024

**The Award-Winning Brendan O'Carroll and Mrs. Brown's Boys have today announced that the Irish tour of 'Mrs Brown D'Live Show' will take place in Winter 2024.**

Mrs. Brown's Boys D'Live Show production next year will see them perform in some venues and cities that they haven't played in for many years. Mrs. Brown's Boys promises to take audiences on an exhilarating and side-splitting adventure. Brendan O'Carroll said: "It's the funniest thing I've ever written. Even I laugh and I know what's coming next!" Gleneagle INEC Arena, Killarney - 5th, 6th, 7th and 8th December 2024 Tickets from €49.65 go on sale this Friday 1st December at 9am from [www.inec.ie](http://www.inec.ie).

Mrs. Brown's Boys success has been nothing short of incredible. Voted the No. 1 Sitcom of the 21st Century, awards include 5 BAFTAs, 4 National Television Awards, 3 TV Choice Awards, 4 IFTA awards, 3 TV Times Awards as well as RTS, TRIC and National Comedy Awards. BBC ONE series All Round to Mrs. Brown's continues to achieve record breaking viewing figures and Mrs Brown's Boys Christmas Day and New Year's Day TV specials also returned for the festive period dominating ratings once again. Most recently D'Mini Series aired on both BBC One and RTE One with viewing figures again breaking records and has been shortlisted for the upcoming TV Choice Awards

It is also a ratings smash across the globe. Mrs. Brown's Boys live show has broken box office records across the UK, Ireland, Australia, New Zealand

and Canada.

If you haven't experienced Mrs. Brown's Boys live show, this tour is set to be one of the hottest tickets for 2024 and is not to be missed.

Sometimes, as Agnes said there is no place like Home!





Email [hello@theross.ie](mailto:hello@theross.ie) Town Centre, Killarney, Co. Kerry, Ireland.

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THE KINGDOM AT YOUR FEET



# LIFE IS ART FOR TALENTED YOUNG PEOPLE



John Long Chairman Chapter 23 Credit Union (seated second from left) with the winners of the Chapter 23 Art Competition 2023 7 years and under (front from left) Verona Heffernan teacher accepting 3rd prize on behalf of Pádraig Ryan Nagle Rice National School, Clodagh Keane Scoil ChorpChríost Knockanure 1st, Ria Kate Harty Killury National merit award, Conor Foley Castledrum National School 3rd (back from left) Lorna Looby who accepted 3rd prize for her son Jack Barry with Taylor Keane and Charlotte Barry, Ger Galvin Killarney CU, Abina O'Sullivan Rathmore CU, Tom Lawlor Cara CU, Philip Lynch Cara CU, Joy Clifford Vaughan Killarney CU and Ashley Fitzgerald Listowel CU at Manor West Hotel, Tralee on Sunday.  
Photo by Michelle Cooper Galvin



John Long Chairman Chapter 23 Credit Union (back centre) with the winners of the Chapter 23 Art Competition 2023 8 - 10 years (front from left) Darcio Cirillo Nagle Rice NS merit award, Emma Costello Sliabh a Mhahdra 2nd, Jayden Molyneux Dromclough NS merit award, Roibhín Creedon 1st, Daniel McNeal Loughguittane NS merit award, Lydia Lyne Killury NS 3rd, Donnacha Brosnan Loughguittane NS 2nd (Back) Abina O'Sullivan Rathmore CU, Tom Lawlor Cara CU, Joy Clifford Vaughan Killarney CU, Ger Galvin Killarney CU, Ashley Fitzgerald Listowel CU and Philip Lynch Cara CU at Manor West Hotel, Tralee on Sunday. Photo by Michelle Cooper Galvin



John Long Chairman Chapter 23 Credit Union (seated centre) with the winners of the Chapter 23 Art Competition 2023 11- 13 years (front from left) Violetta Vasylychenko Listowel 3rd, Hannah Odugason Moyderwell NS 2nd, Aisling O'Keeffe Ballydesmond NS 1st, Abina O'Sullivan Rathmore CU (back from left) Ashley Fitzgerald Listowel CU, Verona Heffernan Teacher, Ger Galvin Killarney CU, Joy Clifford Vaughan Killarney CU, Tom Lawlor Cara CU, John O'Regan Chapter 23 PRO and Philip Lynch Cara CU at Manor West Hotel, Tralee on Sunday.  
Photo by Michelle Cooper Galvin



John Long Chairman Chapter 23 Credit Union (seated centre) with the winners of the Chapter 23 Art Competition 2023 14- 17 years (front from left) Ella O'Connor Causeway Comprehensive School 3rd, Ellie Ava Lane Colaiste 1st, Ava McKenna Kerry College 2nd, Therese Anderson Killarney Community College merit award (back from left) Ashley Fitzgerald Listowel CU, Joy Clifford Vaughan Killarney CU, Ger Galvin Killarney CU, Tom Lawlor Cara CU and Philip Lynch Cara CU at Manor West Hotel, Tralee on Sunday.  
Photo by Michelle Cooper Galvin



John Long Chairman Chapter 23 Credit Union (seated centre) with the winners of the Chapter 23 Art Competition 2023 18 years and Over (front from left) Martin Murphy St John of God's merit award, Caitriona Fleming KPAF 3rd, Catherine Fleming 1st and Bernie Loughnane who accepted on behalf of Richard Aherne Lynch KPAF 2nd (back from left) Ger Galvin Killarney CU, Joy Clifford Vaughan Killarney CU, Philip Lynch Cara CU, Abina O'Sullivan Rathmore CU, Tom Lawlor Cara CU and Fergus McAuliffe CEO Rathmore CU at Manor West Hotel, Tralee on Sunday.



John Long Chairman Chapter 23 Credit Union (seated centre) with the winners of the Chapter 23 Art Competition 2023 Group Award (front from left) Ashley Fitzgerald Listowel CU, Sonny Kearney and Catherine Shine KPAF, Bernie Loughnane KPAF (back from left) Joy Clifford Vaughan Killarney CU Ger Galvin Killarney CU, Abina O'Sullivan Rathmore CU, Tom Lawlor Cara CU, Fergus McAuliffe CEO Rathmore CU, Philip Lynch Cara CU and John O'Regan Chapter 23 PRO at Manor West Hotel, Tralee on Sunday.  
Photo by Michelle Cooper Galvin



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## LOCALLY SOURCED SEASONAL PRODUCE INSPIRES MENU AT CAHERNANE

The luxurious, four-star Cahernane House Hotel in Killarney, is fast becoming known as a food lover's heaven and with Executive Head Chef, Cormac Vesey at the helm the cooking is as skilful as it is tantalising, offering patrons an elegant yet uncomplicated dining experience. With Cormac leading the charge at the main hotel restaurant 'Herbert's' the menu showcases all of the best of the sea and the land and offers gourmet cuisine but without any fussy embellishments. Emer Corridan, the General Manager of Cahernane House Hotel hosted an eight-course tasting menu in Herbert's Restaurant (Friday, November 24th). The fabulous dining experience, called 'A Taste of Cahernane' saw guests enjoying a spectacular menu inspired by the best locally produced seasonal produce. Cormac's focus on food provenance and seasonal ingredients lies at the heart of everything he does and is the cornerstone of his cooking. Speaking to guests on the night he said, "Great dishes start with great flavours, it's my job to make the ingredients sing, it's not my job to over complicate the best that mother nature has already provided."

The tasting commenced with a sensational game terrine served with pickled walnut and quince, followed by a pumpkin tortellone stuffed with delicate dingle goat's cheese and sage.

Guests were then treated to a perfectly cooked seared scallop on a bed of beurre noisette and cauliflower followed by roast venison that was a triumph to look at and taste.

The sheep's yoghurt with bee pollen and plum provided a refreshing taste revival before diners enjoyed a decadent dark chocolate orange dessert served with jaffa cake ice cream.



Ger and Noelle O'Sullivan, Furies, Killarney pictured at 'A Taste of Cahernane' an evening of fine food and wine at Cahernane House Hotel in Killarney. Photo: Don MacMonagle



Kieran Foley, Roisin Buckley, Sean and Carol Buckley, Killarney pictured at 'A Taste of Cahernane' an evening of fine food and wine which showcased the culinary offering at the luxury four-star Cahernane House Hotel in Killarney, Photo: Don MacMonagle

## HAND OF FRIENDSHIP EXTENDED ACROSS THE COUNTY BOUNDS



Relations might well be rather strained come Munster Championship time but, given that it's the season of goodwill, Kerry is extending the hand of friendship across the county bounds in a gesture of Christmas solidarity with the Cork neighbours.

In keeping with the traditional festive theme of giving, the Christmas in Killarney Festival is organising a free return bus from the city by the Lee to the heart of Killarney town to enable Rebel hearts to be lined with an extra layer of warmth in the country's Christmas capital.

The coach will depart from Merchant's Quay in Cork city centre at 10.00am on Saturday, December 2nd with a stop in Ballincollig and, thanks to the new Macroom bypass, it will arrive in Killarney in no time. Locals in Killarney might be more inclined to rollout a green and gold

carpet rather than the red variety to welcome the guests from Cork who can enjoy a day of quality shopping, a wonderful atmosphere and all the Christmas season excitement before the fantastic Magic Parade, with Disney charters, festive floats and, of course, Santa Claus himself.

After a day of great excitement and a chance to savour the real Christmas experience, the bus will return to Cork at 7.30pm.

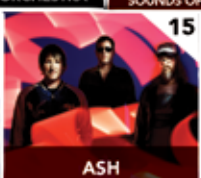
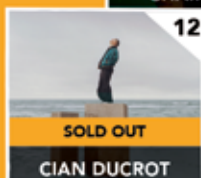
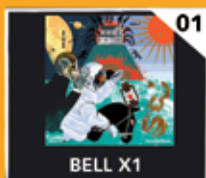
People in Kerry have been advised to inform their relatives and friends in Cork of the great initiative to ensure they can enjoy the most magical time of the year in the most magical town in the country.

Places are limited and bookings can be made from November 27 at [www.christmasinkillarney.com](http://www.christmasinkillarney.com)



# GLENEAGLE INEC ARENA

## DECEMBER 2023



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## €7,000 RAISED FOR BUMBLANCE at Hotel Killarney

The team at Hotel Killarney were delighted to present a cheque for €7000 to Bumbleance on Friday Nov 24th. These funds were raised as a result of the efforts of all the management and staff at Hotel Killarney throughout the month of October.

"We hosted a series of events throughout the month including a family fun day and a spin-a-thon. We are also grateful for the generosity of our guests and the Crimmins family who contributed as well. Bumbleance, the Children's Ambulance Service of Ireland provide a much-needed service for sick kids and their families throughout the country.", Louise Daly, Duty Manager at the hotel told Killarney Outlook, adding that Hotel Killarney were honoured to raise funds for this very deserving charity.



## ACTION PACKED WEEK FOR PRES STUDENTS during Science Week

Science Week took place nationally and in Presentation Castleisland from November 13th -17th 2023 with the theme of 'Human?'. We had an action-packed week of activities, even with storm Debi trying to put a dampener on our fun each year group still got a sample of the world of STEM.

Our excellent Transition Year students coordinated and facilitated all activities, they put a tremendous amount of work into the preparation of this week to make it an enjoyable and memorable week for all students.

Our 6th year students took a trip to the Tralee Bay Wetlands to investigate a wetland for their habitat studies in ecology.

Our 1st year students grouped together to participate in a scavenger hunt around the school, students had to race to certain door, read and answer the question on the door and repeated this process until all questions were answered. Our team that got the most questions correct in the shortest time was, Sophia Fleming, Tessa Reidy and Katie Crowley. We held science quizzes for some year groups, the junior science quiz consisted of general

knowledge questions and questions based on the science junior cycle syllabus while our senior science quiz was based on biology and chemistry scientific questions. Congratulations to our lucky winners in each year group below, who received some very nice prizes.

1st year – Orla O'Connor, Sarah Walsh, Tessa Reidy and Amy Roach

2nd year – Natalia Kedziora, Leah Griffin and Amaia Torres

3rd year - Aibhe O'Connor, Kristen O'Connor and Aisha Padon

5th year – Colene O'Callaghan, Cornelia Mangan and Charlie O'Keeffe

Every lunchtime there was a science question, dingbat, guess the teacher and count the elements competition on the science noticeboard. Our daily winners also received some wonderful prizes, congratulations to Ava McGovern (6th), Amber Foley (5th), Alicia O'Connell (3rd), Bridin Hickey (2nd) and Marguerite Herlihy (1st) who were lucky enough to be victorious in these challenges.

We held a science competition on our open day for any 5th and 6th class student who visited us.

During the week of our transition year students visited the primary schools of the lucky winners. First stop was to Gaelscoil Aogain, where Erin O'Connor and Lucy McKenna presented Cameron with her science pack, then onto Kilmurry National School where Roisin received her prize from Wiktorja Brzozka, Fiona McSweeney and Lauren Coffey.

We ended off science week with a TY escape room, where they had to solve some scientific puzzles and games in order to 'escape' the science lab. Amelie Kerin and Caitlyn Swanser escaped the lab the fastest therefore were our champions.

There is always such a buzz around our school during science week. It is a great week for our students to participate in scientific challenges outside the classroom. It gives our students the opportunity to showcase the knowledge and skills they have learned in the months or years they have spent with us. We cannot wait for another exciting science week next year.

Ms. Dooley



Lucy McKenna, Sophia Fleming, Tessa Reidy, Katie Crowley, Caitlyn Swanser



Natalia Kedziora, Leah Griffin, Amaia Torres, Sofia De Celis. B- Irene Ibanez, Finja Spielmann, Anna Franch, Sofia Perez



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# KERRY HEROES OF 2023

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Radio Kerry and Fexco are once again joining forces to honour Kerry Heroes. These heroes are individuals and groups who have shown outstanding community spirit, courage, vision and leadership in the last 12 months here in Kerry. They make us proud to be of Kerry. So, as 2023 reaches its close, Radio Kerry and Fexco offer you the opportunity to nominate your Kerry Heroes.

There will be eight award recipients and each will receive a specially created 2023 award, crafted and sponsored by Louis Mulcahy Pottery/Potadóireacht na Caolóige, Clogher, Ballyferrier.

We invite the people of Kerry to let us know who they consider to be the Kerry Heroes of 2023. Who do you feel really deserves to be recognised for their work at home, in the community, at work. Plenty of well known Kerry people made us proud this year. There are also plenty of people

less well known who contribute so much to our county. In either case the nominations are in your hands ... you don't necessarily have to have been the recipient of the kindness nor do you need to personally know someone to nominate them for their outstanding contribution to Kerry. On Thursday, December 21st Jerry O Sullivan will announce the 2023 Kerry Heroes and honour them on a special Kerry Today programme between 9 and 11am.

We welcome nominations for Kerry Heroes of all ages. Please let us know, in no more than 500 words, who you wish to nominate, along with a photograph if possible by email [hero@radiokerry.ie](mailto:hero@radiokerry.ie) or by post to Kerry Heroes, Kerry Today, Radio Kerry, Maine Street, Tralee, Co Kerry. Closing date for receipt of nominations is midday on Thursday, December 14th 2023.

## WINTER SAFETY STARTS AT HOME

### - Six Tips for Staying Safe this Winter -

With temperatures noticeably falling across the country this week, winter has well and truly arrived. And while many of us are beginning to focus on the festive period ahead, we should remember that harsh weather conditions bring a risk of injury and illness, particularly to ageing adults living alone at home.

To help us all stay safe at home this winter, Home Instead has provided advice for ageing adults, carers, friends, and relatives.



#### HERE ARE HER SIX TIPS FOR STAYING SAFE THIS WINTER:

##### 1. Wear layers of clothing

Significant drops in internal temperature can lead to serious health complications for ageing adults. To stay warm throughout the day, it's best to wear several thin layers of clothing and to ensure all internal windows and doors are kept closed.

##### 2. Stay stocked up

With the cold and wet weather, older people may be reluctant to go to the shops. By offering to do a shop for your older neighbour, friend, or relative, you can help them to have all their essentials to hand, including groceries, solid fuels, and medical prescriptions.

##### 3. Eat well

Regular, hot meals keep the body warm. Porridge, which is quick and easy

to prepare, is an excellent source of nutrients and fuels the body for hours. Stocking an ageing adult's press with non-perishables like oats, tinned fruit and vegetables, and pasta, will ensure that there is always something nourishing on the menu.

##### 4. Winter-proof the home

Harsh weather conditions can increase the chance of accidents for ageing adults. During the winter months, make sure that pathways are cleared from wet leaves, internal draughts are blocked, and electrical devices are unplugged when not in use.

##### 5. Plan for emergencies

Winter can sometimes bring extreme weather, leading to power cuts at home. Be prepared for events like this by ensuring that older adults have items such as fuel and non-perishable food at home and that they have emergency and close family contact numbers to hand. Keeping the Eircode beside the phone can also assist emergency services in reaching them as quickly as possible, should the need arise.

##### 6. Stay connected

For many the festive season brings joy, but for some it is a time of increased loneliness and depression due to Seasonal Affective Disorder (SAD). It is crucial that family, friends, and neighbours check in on older loved ones to make sure they are feeling okay during this season.

## THE DANCING MUMS OF IRELAND

*By Nicky Barry*

They come back each year like swallows, to the INEC,  
With their sons and daughters, for the dancing jamboree.  
These are the Dancing Mums of Ireland, pure dedicated women,  
Who turn up religiously, to support their children.  
This is an expedition, planned to the last detail,  
With utter precision, for it is a well-worn trail.  
They come to the All-Irelands, and also to the Worlds,  
Dreaming of a medal, for their boys and girls.  
The mummies carry anoraks, and bottles of spring water,  
And sandwiches if needed, by their hungry daughters.  
These daughters are all toggled out, in full dancing regalia,  
With oodles of brown fake tan, big wigs and black mascara.  
They have rouge upon their cheeks, and lipstick on their lips,

And tiaras upon their heads, hoping they don't slip.  
The Dancing Dads are taxi-men, to get them to the hall,  
In time for their performances, when their names are called.  
These prize prima donnas, do their vigorous warm-ups,  
And then take to the stage, hoping to win a cup.  
If perchance they aren't recalled, by the adjudicator,  
They return to the hotel, and book it for the next year!







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# NEWS BITES...

## KILLARNEY PARISH SILVER CIRCLE

- Week 7 Results -

### 1st Prize €500:

Marie, Catherine & Tim Doolan, Woodlawn Park. Seller: Patricia Lyne

### 2nd Prize €250:

Majella Mangan, Orchard Close, Countess Rd. Seller: J.Dwyer / J.Foley

### Winners of €100 each are as follows;

Daniel O'Donoghue, Knocknahoe Upper  
Seller: Nuala O'Doherty

Anne Sheehan, Countess Grove

Seller: J.Dwyer/J.Foley

Mike Lucey, Tralee Road

Seller: Pamela Walsh

Ann O'Grady, Chestnut Drive, The Park

Seller: Pa MacGillcuddy

Mary Moynihan, Ballinamanagh

Seller: Mary Kelly

### Winners of €75 each are as follows;

Sean & Hannah McCarthy, Headford

Seller: Parish Office

Angela & Pat Curran, Woodlawn Park

Seller: Bridie Cronin

Assumpta O'Donoghue, Belleville Hse, Park Rd

Seller: Mgt O'Donoghue

Olive O'Sullivan, Priory Grove

Seller: Fr Kieran O'Brien

Teresa Lyne, Muckross

Seller: Mgt O'Donoghue

Jonna & Denis J Horgan, Chicago

Seller: Fr Joe Begley

Bridie Shanahan, Tomies, Beaufort

Seller: Parish Office

Edel Cronin, Holy Cross Mercy NS

Seller: Anne Lucey

Tim & Sheila Doolan, Mangerton Road

Seller: Tim Doona

Anne Finnegan, Gortahoonig, Muckcross

Seller: Denis Finnegan

Congratulations to all winners, and thanks to all who supported, promoted, and sponsored the draw this year. Tickets are still available from the Sacristies and Parish Office

### This week's prize money is sponsored by:

AIB Bank, O'Sullivan Darcy Engineering, Quills, Murphy Bar & Lord Kenmare's Restaurant

## CEOL CRUIT NA NOLLAGH AT THE LIBRARY

Christmas Music On Harps with performances by Deirdre Granville, Cáit Ní Rinn, Reidin Schlessinger, Marina de Blythe, Sr. Colette, Margaret Looney and Máire Begley will take place on Thursday 7th December at 7.00pm in Killarney

## PARKINSONS IRELAND KERRY BRANCHES

will host an Information event on Thursday, 30th of November 2023 in the Meadowlands Hotel, Oakpark, Tralee at 6.30pm – 8pm. This is a free event open to people affected by Parkinson's, their families, friends and wider community. For full list of speakers log onto: <https://www.parkinsons.ie/kerry-information-event/>

# Hampers Delivered in Time for Christmas

Killarney Soroptimist Club together with their families and friends have once again created some Christmas hampers for a very worthy cause.

On Friday 24th November some of the Club members travelled to Tralee to present them to Emma O'Mahony Refuge Co-Ordinator, Mary Broderick Administrator and Catherine Casey the General Manager of Adapt Kerry - Women's Refuge and Support Services.

The Killarney Soroptimist Club Programme Action Officer Teresa Irwin said "It is wonderful to be in a position for Soroptimist's to make this donation to Adapt for the fifth year running. We are thrilled with the response every year as we are a small Club and delighted at the generosity shown again

this year. We wish to thank all those that donated and also the support we received from Team Hope. Hopefully the residents of Adapt will enjoy the treats this Christmas."

'The Day the Hampers arrive at the Refuge marks the beginning of Christmas for us here in the Refuge, we are very thankful to all the very generous women involved with the project. Their donation makes such a difference to women and children and also highlights the support across Kerry for Women and Children who have to seek safety due to the violence and abuse in their lives. Our phone lines are open 24/7 and if you need support due to domestic violence/coercive control please call us on 0667129100'



Killarney Soroptimist Club members are Sheila Casey, Margaret Scally, Teresa Irwin & Bridie Brosnan pictured with staff at Adapt Kerry when they delivered hampers last week.

## Sadness at the Passing of FRASER GIBBS

The death has occurred in Auckland, New Zealand of Fraser Gibbs.

Fraser (62) was married to Killarney native Miriam O'Callaghan formerly of Mill Road.

Daughter of Micheál and Uná O'Callaghan, Miriam and Fraser had two children Kelly, 21 and Jack, 18.

Fraser passed away on Monday in his home, surrounded by his family, following a long battle with cancer.

No stranger to Killarney, Fraser was a sports fanatic and a life long supporter of the All Blacks and will be remembered for his party piece - his take on the Haka.

Over the past 12 months, Fraser and Miriam received huge support from six of Fraser's childhood friends who will greatly miss him. Following a service in Auckland on Monday, Fraser will be cremated.

He will be missed by his loving wife Miriam, his sons, Sam and Jack, daughter Kelly, sisters Julie and Debbie along with the O'Callaghan family, mother in law, Uná, brothers-in-law Kieran, Brian and Paul, sisters-in-law Stephanie and Aileen, the extended family and his many friends.

Ar Dheis Dé go raibh a hAnam.



The late Fraser Gibbs pictured with his wife Miriam O'Callaghan.



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Emma, Allanah and Emer O Connor at the Glenflesk Parish Bazaar last Sunday.



Glenflesk Parish Priest Fr. Jim Linehan and Hamper winner Margaret Lane Kiskeam at Glenflesk Parish Bazaar last Sunday.

## Crowds Flock to Glenflesk Parish Bazaar

The Glenflesk Parish Bazaar was held in the Hall on Sunday last and it was one of the largest attendances in recent years. Thanks so much to all the generous sponsors, the parish Council for their hard work organising and helping to make the day run smoothly also all the ticket sellers and everyone who worked so hard on the day. A huge thank you to all the people who attended and supported the Bazaar. The big prize winners were Roisin Kelliher, Colette O Shea, James Lucey, Denis Reen, T. Guiry, Eileen O Donoghue, Paddy O Donoghue, Donal Culloty, Maria O Sullivan, Ann O Connor, Brian Joe Kelly and Susan Cobbe, congratulations to all and hope to see you all again next year.

Photographs: Seamus Healy



Emma, Allanah and Emer O Connor at the Glenflesk Parish Bazaar last Sunday.



Darragh O Riordan in his little shop at the Glenflesk Parish Bazaar last Sunday.



Denis Dineen, Padraig O Sullivan and Tim Spillane at the Glenflesk Parish Bazaar last Sunday.



Fr. Joe Begley with his prize at Glenflesk Parish Bazaar last Sunday.



Fr. Mark Moriarty and Fr. Kieran O Brien attending the Glenflesk Parish Bazaar last Sunday.



Everley Kelliher enjoyed her day at the Glenflesk Parish Bazaar last Sunday.



Ronnie Galvin from Ballaugh enjoying Glenflesk Parish Bazaar last Sunday.



Rebecca O Donoghue with her dad Michael enjoying Glenflesk Parish Bazaar last Sunday.



Theresa Moynihan and Marie Keane at the Glenflesk Parish Bazaar last Sunday.



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# Castleisland Students Inspire Colourful Makeover Of Kerry Mental Health Association Charity Shop



"Students from the three secondary schools in Castleisland have provided the inspiration for artist Mike O'Donnell's stunning makeover of Kerry Mental Health Association's Second Chance Charity Shop in the town. Boys and girls from Presentation Secondary School, St Patrick's Secondary School and Castleisland Community College created works of art based on the 5 Ways to Wellbeing – Connect, Be Active, Take Notice, Keep Learning and Give. Students from each of the three schools were pictured with Kathleen Kennedy (Volunteer and Manager of Second Chance Charity Shop) and Mike O'Donnell (Artist)."

**S**ECONDARY students from the three schools in Castleisland have provided the inspiration for artist Mike O'Donnell's stunning makeover of Kerry Mental Health Association's Second Chance Charity Shop in the town.

Boys and girls from Presentation Secondary School, St Patrick's Secondary School and Castleisland Community College created works of art based on the 5 Ways to Wellbeing – Connect, Be Active, Take Notice, Keep Learning and Give.

The renowned Kerry artist, Mike O'Donnell, was commissioned by Kerry Mental Health Association to create a new shop front and sign that would incorporate elements of the students' artwork.

The Chair of Kerry Mental Health Association Castleisland & District Branch, Jennifer O'Sullivan Coffey, said: "Our wonderful shop, which is run by Kathleen Kennedy and her fellow volunteers, gives a second chance to the array of items we sell. The funds raised then allow us to help people in our community with

mental health challenges and their families and carers. When we decided to give our shopfront a second chance, instead of giving it a normal lick of paint, we opted for something eye-catching and relevant to what we do. We were delighted to have the input of the young artists in the three local secondary schools who provided the inspiration for Mike O'Donnell's final masterpiece. We hope that customers and passers-by will stop and look at the message on our wall which encourages everyone to follow the 5 Ways to Wellbeing as a means of minding their mental health."

The 5 Ways to Wellbeing are simple actions to practice each day to maintain or improve our mental health and wellbeing.

**Connect:** Make time each day to connect with people around you – family, friends, colleagues and neighbours, at home, work school or in your local community. By staying connected and nurturing these relationships we feel happier and more secure, giving us a better sense of purpose.

**Be Active:** Look for ways to be active every day.

Go for a walk or a run. Step outside. Cycle, play a game, garden or dance. Discover a physical activity you enjoy which suits your lifestyle and level of mobility and fitness. Research has shown that being physically active can improve your mental health and wellbeing.

**Take Notice:** Be aware of the world around you and what you are feeling. Be curious. Catch sight of the beautiful. Notice the changing seasons. Savour the moment whether you are walking to work, eating lunch or talking to friends. Pay attention to the present moment – to your thoughts, feelings and to the world around you.

**Keep Learning:** Try something new. Rediscover an old interest. Sign up for that course. Cook a new recipe. Take on a new responsibility. Setting yourself a new challenge and learning a new skill will increase your confidence which can improve your mental health and wellbeing.

**Give:** Giving to others is good for you. Do something nice for someone else. Thank someone. Volunteer your time or join a community group. To see yourself and your happiness linked to the wider community can be incredibly rewarding and create connectedness with the people around you.

Kerry Mental Health Association has expressed its sincere thanks to the principals, teachers and students at Presentation Secondary School, St Patrick's Secondary School and Castleisland Community College for taking part in this great mental health initiative.

The charity intends to engage with the schools again for a new project in 2024 with a view to promoting the mental health and wellbeing of the students and their families.

The Board and Management of Kerry Mental Health Association owes a huge debt of gratitude to Kathleen Kennedy and her team of volunteers who have made the Second Chance Charity Shop such a popular destination on the retail circuit in Castleisland.

The shop also acts as a signpost for people in the locality who may require information on how to access the mental health services in the county.

The Second Chance Charity Shop at 105 Upper Main Street, Castleisland is open Monday to Saturday from 10am to 4pm.

## RSA URGES ADULTS NOT TO GIFT E-SCOOTERS, SCRAMBLERS OR QUAD BIKES THIS CHRISTMAS

The Road Safety Authority (RSA) is urging adults not to purchase e-scooters, scramblers or quad bikes for any children this Christmas.

Following the passing of legislation earlier this year permitting their use, people will be allowed to drive e-scooters on Irish roads next year. However, under the regulations, children will not be allowed to use them. Under the legislation, which will come into force in 2024, you must be 16 years or older to use an e-scooter in Ireland.

The RSA is also reminding parents that quad bikes and scramblers pose a safety risk to children and are urging

them not to gift them this Christmas.

Three e-scooter riders were killed and 48 seriously injured on Irish roads between January 1 2022 and September 24 2023. During the same period, one other road user was killed and 11 more seriously injured in collisions involving e-scooters.

Casualty figures show that between 2017 and 2021, 88 people were injured in collisions involving a quadbike or scrambler on a public road. In the same period, there were four fatalities involving quad bikes or scramblers on public roads.





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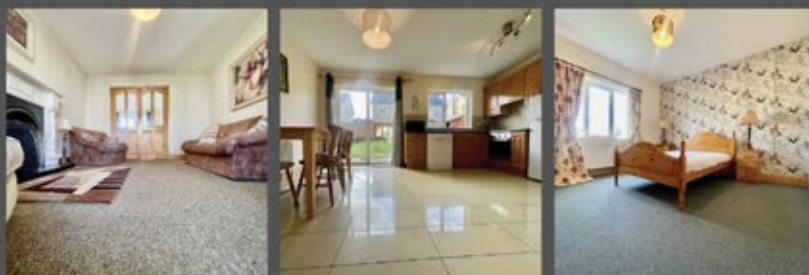
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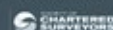


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## MONEY MATTERS.....

By Dermot Cronin,  
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*If you have any queries on the above or any other matter you can contact Dermot Cronin QFA at 0646622775 or [dermotcroninifa@gmail.com](mailto:dermotcroninifa@gmail.com)*


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## RATHMORE GNEEVEGUILLA

By Michael O' Mahony

### ➤SHARE THE BUCKET

Gneeveguilla Community Facility Group reminds you that Share the Bucket takes place weekly. The draw is every Friday evening in Teach Fáilte @8.30 pm and can be viewed live on our Gneeveguilla Community Facility Group Facebook Page. This week's jackpot was €223 and the winner was Nicholas Tarrant. Tickets cost €2 each or 3 for €5..They are available at Teach Fáilte and can be bought online at <https://tinyurl.com/y2ade5om> or in local businesses where you see the Green Share the bucket. Your support is greatly supported and all funds will go towards our new proposed community facility. We would like to thank our local businesses who continue to support our project.

### ➤ST VINCENT DE PAUL

Support Rathmore St. Vincent de Paul in their upcoming annual fundraisers 087 - 3462332. Many of you regularly support our work. Without this help, we simply would not be able to support those struggling. Please visit: [svp.ie/rathmorevincentdepaulappeal23](http://svp.ie/rathmorevincentdepaulappeal23) for our conference fundraiser page and/or tap on our unique QR code. 100% of all money raised goes directly to people who are struggling with impossible choices this Christmas in our area. You can also donate to our Credit Union and Bank accounts details as follows: Rathmore Credit Union account (IBAN: IE02RDRN99106300120299, BIC:RDRNIE21) Millstreet AIB Bank account: (IBAN: IE69AIBK93615406950116, BIC:AIBKIE2D)

### ➤RATHMORE ST VINCENT DE PAUL ANNUAL FOOD APPEAL

All our local schools, creches and preschools will be involved in our annual food appeal which has been very successful in the past. Items will be collected from schools on Fri. 8th December/Mon. Dec. 11th These donations of non-perishable food items and toiletries help to fill hampers

at Christmas for needy families in our area. This year the local Vincent de Paul Group will fundraise outside Kearneys Centra, Ballydesmond on Friday 8th Dec. 9am to 2pm and Kelly's Londis, Hickeys Centra and O'Keeffe's Circle K forecourt on Saturday 9th December from 10am to 2pm YOUR OPPORTUNITY TO HELP US PROVIDE ESSENTIAL SUPPORT TO FAMILIES IN NEED IN OUR AREA

A lot of our schools also will have a Christmas Jumper Day to support our local SVP conference (if you don't have a Christmas Jumper, why not, jazz up a plain jumper with some tinsel and li ghts!)

### ➤DIOCESAN COLLECTION

Te annual collection for the Diocesan Youth Services will be take place this weekend the 2rd /3rd Dec. Donations can be contributed online on the donate tab on the parish website [www.rathmoreparish.ie](http://www.rathmoreparish.ie) or drop into the Parish Office .

### ➤KNOCKNAGREE - KENYA

Total amount in Credit Union account is €3,060 .A cheque for this amount will be forwarded to Fr Sean Cremin Kiltegan Mission, The committee wish to thank all for their generosity.

➤PARKINSONS IRELAND KERRY BRANCHES will host an Information event on Thursday, 30th of November 2023 in the Meadowlands Hotel, Oakpark, Tralee at 6.30pm – 8pm. This is a free event open to people affected by Parkinson's, their families, friends and wider community. For full list of speakers log onto: <https://www.parkinsons.ie/kerry-information-event/>

### ➤NOTES

If you would like to add to the notes please email Michael O'Mahony ([momahony14@gmail.com](mailto:momahony14@gmail.com)) or ring or text 087--6676817 before Sunday 6pm.

## BEAUFORT

By Bridget Hartnett

### ➤FIXTURES

Beaufort senior men will be away to Laune Rangers in the Mid Kerry senior championship semi-final on Sunday, 3rd December at 2.15pm. Extra time and winner on day.

### ➤LOTTO

There was no winner of Beaufort G.A.A. Club lotto jackpot of €15,800 on Sunday, 26th November. Numbers: 13, 19, 23,24. Consolation Prizes. €80 Jacinta Murphy, Shanara, €50 Patrick Riordan, Fossa. €50 John Lenihan, Kilcummin. €50 Aisling O'Sullivan, Gearha The next draw for a jackpot of €16,000 will be on Sunday, 10th December. This is also the Christmas draw with extra prizes of six hampers and bottles. Please note that the online lotto closes at 7pm on the night of the draw and tickets sold after 7pm are entered into the following draw. Thank you to everybody for your support of the lotto

### ➤OFFICIAL OPENING

Everyone is invited to the Official Opening of Beaufort G.A.A. Club All-weather surface and upgraded walking track on Friday, 1st December at 7pm by Kerry T.D. and Minister for Education, Norma Foley. Light refreshments will be served.

The Club wish to thank everyone who helped in any way in the development of these two projects. These facilities will be there for use by present and future generations from Beaufort and beyond.

### ➤CHRISTMAS SHOP

Orders are now been taken for Club gear for Christmas. Please contact Mary 086 0640065, Moss 087 8234319, Nora 086 1556181. Beaufort G.A.A. Club, O'Neill's online shop is also open for orders.

The link is on the right hand side of [www.beaufortgaa.com](http://www.beaufortgaa.com) Home page.

## LISTRY

Written by: Colette Leslie

Thumbs up for Santa at the lighting of first Christmas tree at Listry GAA ground



### ➤LISTRY GAA LOTTO

LOTTO NUMBERS DRAWN 3,11, 26, 28. €100 Tim . €50 Mairead Quirke, Surrey. €50 Donal Kelly C/O Tim. €25 Karen Brosnan, Killarney. €25 Mary O Leary. Next weeks jackpot 3rd dec €8,400

### CHRISTMAS AT LISTRY GAA

We had a very successful night with Special guests Santa, Shrek, Mickey Mouse, Minnie Mouse and Donald Duck . A big thank you to PKs Supervalu for sponsoring late late toy show goodie bags for the juvenile members.

### MEDAL PRESENTATION

We had a medal presentation night last Friday night to honour our U15 Keel/Listry team who won the Mid Kerry U15 Championship. Big congratulations to the team and management. Thanks to Faha Court for hosting us.



IF YOU HAVE A STORY... **Contact Aisling on: 086 0400 958**





Society of St. Vincent de Paul

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**Contact Mobile: 087 6164888**

# **ANNUAL** *Christmas Appeal 2023*

The St. Vincent De Paul Society are holding their Annual Christmas Church Gate Collection at the Cathedral, Friary, and Church of the Resurrection, Muckross.

Beaufort | Glenflesk | Fossa | Kilcummin | Clonkeen | Barraduff

## **ANNUAL CHURCH GATE COLLECTIONS** **Saturday 9th and Sunday 10th December 2023**

*We take this opportunity to thank each and everyone for your ongoing support.*

**T: Mobile: 087- 6164888**

*We wish a Peaceful & Joyous Christmas to all*



## KILCUMMIN

Written by: Helen Moynihan

## &gt;KILCUMMIN CCE CHRISTMAS HAMPER DRAW

Kilcummin Comhaltas will be raffling three Christmas Hampers on Thursday 21st December. Entry cards are available in Kilcummin Post Office, the Village Inn and Klub Bar. Entry is €2 per line or 3 lines for €5. Please support and be in with a chance to win a fabulous hamper just in time for Christmas.

## &gt;OSKARS

Tickets for the "night at the OsKars" are now available to purchase online, they are also available on the GAA website or by scanning the code on advertising posters. It's fast approaching so don't be disappointed.

## &gt;ANNUAL PINK NIGHT FUNDRAISER

Save the Date for the Annual Pink Night Fundraiser for 'Comfort for Chemo' which will take place on Saturday 6th January in the Klub Bar, Kilcummin. More details to follow.

## &gt;KILCUMMIN RURAL DEVELOPMENT OFFICE

Kilcummin Rural Development Office provides a full Secretarial Service to all groups and individuals. Assignments, Essays, Projects professionally typed, confidentiality assured. Other services include photocopying, laminating, e-mail, paying motor tax or property tax online, documents for the movement of cattle can also be scanned and sent to the Department of Agriculture from the office. Tel; 064 6643357 or e-mail info@kilcumminparish.com Office Hours: Mon to Fri inclusive 9am to 4.30pm.

## &gt;WEB SITE

Help family and friends keep in touch with the parish from abroad: tell them to log onto the parish website on www.kilcumminparish.com for the weekly newsletter, parish news etc.

>KILCUMMIN GAA  
O'DONOGHUE CUP

Well done to our senior team after their great victory over Rathmore on Sunday. They now, have a home game against Firies this coming Saturday. The foundation for this win was built on their entire defence which was marshalled superbly by Dara O'Callaghan, Chris O'Leary and Brendan Kealy. Paul O'Shea and Gary O'Leary battled bravely against a good Rathmore midfield area while Cian Foley with two goals and a point from play made the difference in the end. His second goal which resulted from a great team build up came three minutes from time and killed off a determined Rathmore challenge.

Team: Brendan Kealy, Kevin McSweeney, Chris O'Leary, Damien O'Leary,



Mastergeeha U12 Div.2 Team

Sean O'Leary, Dara O'Callaghan, Donal Maher. Kevin Gorman, Paul O'Shea, Mark O'Shea, Danny Cronin, Cian Foley, Noel Duggan, Gary O'Leary, Philip O'Leary. Subs Used, Eoghan O'Donovan, James Devane, Matt Keane, James Nagle, Mikey O'Shea, Colm Kelleher.

## LOTTO

There was no winner on 20th November 2023 of the Jackpot for €8,000. Numbers drawn were 04,20,23,26. Consolation prizes of €50 went to Damien O'Leary; Sadie Collins; Kevin McSweeney; John Moriarty O/L;. The next draw will be Monday 4th December for Jackpot of €8,250.

## &gt;MASTERGEEHA FC

## U12 DIV 2 SOUTH RESULT: Killarney Celtic 3 - 5 Mastergeeha FC

Scorers: Darragh Kearney, Karl Thompson, Luke O'Sullivan, Tom Hughes & Daniel O'Sullivan.

## LOTTO

There was no winner on 24th November 2023 of the Jackpot for €6,200. Numbers drawn were 20,22,25,27. Consolation prizes of €50 went to Ann McSweeney, Glebe; Ken Bruton O/L; William Healy; Noreen O'Sullivan, Clydine. The next draw will be Friday 1st December for Jackpot of €6,400.

## SPA

Written by: Leanne Cronin

## &gt;EAST KERRY SENIOR CHAMPIONSHIP

In the first round of the Dr. O'Donoghue Cup we overcame Gneeveguilla at home in Spa on a scoreline Spa 1-19 Gneeveguilla 3-10. Quarter Final away against Kenmare this Sunday 3rd December at 2pm

## &gt;SANTA COMES TO SPA

Save the date, Santa will be arriving in Spa GAA clubhouse on Sunday 10th December at 6pm but before then it's time to start preparing your letters so you can post it from our special edition North Pole post box

>LISSIVIGEEN COMMUNITY ALERT ANNUAL MASS will be celebrated at the Church of the Resurrection Park Road Killarney at new time of 7pm on Thursday 30th November. All Welcome. Refreshments served afterwards in the Parish Centre

## &gt;AGM

Spa GAA Club AGM will take place at the Clubhouse on Monday December 4th 2023 at 8.00pm. Any motions or nominations should be submitted to the Secretary Catherine on 0858414804 or email secretary.spa.kerry@gaa.ie

## &gt;SPA LOTTO 27/11/2023

Numbers drawn: 4, 7, 9, 24. No winner. Lucky dips: €50 each to Sean Hickey, Priory Paddocks. Denis Doolan, Mill Rd. P & J Mangan, Coolcorcoran. Aisling Sheehan, Muckcross Rd. Next weeks draw will be on Tuesday 5th December for a jackpot of €5200

## &gt;ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 7762411 or pro.spa.kerry@gaa.ie before 8pm on Sundays



Michael Donnelly looking for a Christmas Tree at Clonkeen Christmas Tree Farm



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## SING YOUR WAY TO €1000 WITH AUDIOLOGY MEDICAL SERVICES' CHRISTMAS CAROL CONTEST

Audiology Medical Services is delighted to launch their annual Christmas Carol Contest for 2023. Breaking new ground this year, Audiology Medical Services are excited to open the competition to choirs nationwide offering a unique opportunity for choirs from every corner of the country and of all ages, to join in spreading the joy of the season through music while also promoting awareness about the significance of hearing and hearing health.

With choirs and schools nationwide busy rehearsing and preparing for Christmas celebrations, Audiology Medical Services are inviting all choirs to submit videos singing their favourite Christmas carols to be in with a chance of winning a cash prize of €1000, with winners chosen through a public vote.

Submissions are welcomed and encouraged in a wide range of styles; from gospel to pop, rap to folk, jazz, classical and beyond, with extra points given to any performance that includes Lámh or sign language in their submission video. Submissions can be made by emailing a video or link of your entry directly to Audiology Medical Services at hello@

audiologymedicalservices.ie.

Speaking at the launch of this year's competition, Director of Audiology Medical Service, Kay Lewis, said: "We have seen how musically talented the children of Ireland are over the last couple of years with this competition, and it's something we look forward to every year. I think opening it up to all choirs for the first time this year adds even more excitement adding an extra element to this year's contest."

Kay went on to add: "Our Christmas Carol Contest highlights the tremendous talent while celebrating the joy of Christmas and all the wonderful sounds we experience over the festive season. It particularly highlights the important role our hearing plays in creating lasting memories and experiencing Christmas to the fullest."

As a family-owned business, Audiology Medical Services stands at the forefront of Ireland's audiology landscape. Specialising in the delivery of audiological assessments for infants, children, adolescents, and adults. Their commitment to providing comprehensive

hearing care underscores their dedication to the well-being of individuals and families throughout the country.

For full details on all Audiology Medical Services' Christmas Carol Contest along with terms and conditions and how to enter, visit [www.audiologymedicalservices.ie/christmas-carol-contest](http://www.audiologymedicalservices.ie/christmas-carol-contest). Deadline to submit entries for the Christmas Carol School Competition is midnight on Wednesday December 6th, 2023.



Pictured at the Launch in Tralee were brothers Cormac, Ewen, and Oran McGovern from Kerry



**GLENFLESK**

Written by: Seamus Healy

➤**LOTTO**

There was no winner of Glenflesk Lotto which took place on 27th November 2023 in Glenflesk Hall. Jackpot €6,400. The numbers drawn were : 9, 18,19,28. Consolation Prizes of €50 each to 1. Helena Kelliher, Barradubh. 2. Helena Kelliher (Sellers' Prize). 3. Emma Favier, Co. Westmeath (Annual Ticket). 4. Sheila O'Donoghue, Salmon Leap, Clonkeen. Next draw will take place in Glenflesk Hall on 11th December 2023. Jackpot will be €6,600. Thank you to all who support our Lotto and to our sellers.

➤**PARISH BAZAAR**

The Parish Bazaar was held in the Hall on Sunday last and it was one of the largest attendances in recent years, Thanks so much to all the generous sponsors, the parish Council for their hard work organising and helping to make the day run smoothly also all the ticket sellers and everyone who worked so hard on the day. A huge thank you to all the people who attended and supported the Bazaar. The big prize winners were Roisin Kelliher, Colette O Shea, James Lucey, Denis Reen, T. Guiry, Eileen O Donoghue, Paddy O Donoghue, Donal Culloty, Maria O Sullivan, Ann O

Connor, Brian Joe Kelly and Susan Cobbe, congratulations to all and hope to see you all again next year.

➤**CORN UI MHUIRI**

**St. Brendan's 0:13 - Patrician Mallow 0:8**

Congratulations to the senior St. Brendan's team in their hard fought win over Patrician Academy Mallow in Banteer last week. Well done to our Glenflesk lads Gearoid Healy, Jamie Moynihan, Calum Cronin, Darragh O, Connell, Brian O Connor and Liam O Donoghue.

➤**THE OSKARS BY GLENFLESK AND KILCUMMIN GAA**

Thursday 7th December in the Gleneagle INEC Arena. Doors 6.30pm Show 7.30pm. Tickets €32.50(incl booking fee) **TICKETS ON SALE NOW** [https://member.clubforce.com/tickets\\_m.asp?LL\\_ID=2534](https://member.clubforce.com/tickets_m.asp?LL_ID=2534). It was a sell out last time around, book your tickets early to avoid disappointment! We promise you this year is going to be bigger and better.

➤**COACH TO KNOCK SHRINE**

Night Vigil on Thursday 7th December, €40 per person, contact O'Shea's on 066 7180123.



*It takes a village.... supporters of Grainne O'Sullivan and Michelle O'Connor, Colm Foley and Maureen Vogels joined the girls for the second last November Cold Water Dip in aid of Pieta House with Santa in the background doing the ice bucket honours.*



*A helping hand from Santa for Colm Foley who took on the November Cold Water Dip in aid of Pieta House*

*Great turnout for the final Pop Up Gaeltacht of 2023 in Courtney's Bar*



*A few words 'as gaeilge' at the final Pop Up Gaeltacht of 2023 in Courtney's Bar*



*Smiles, pints and a few words 'as gaeilge' at the final Pop Up Gaeltacht of 2023 in Courtney's Bar*





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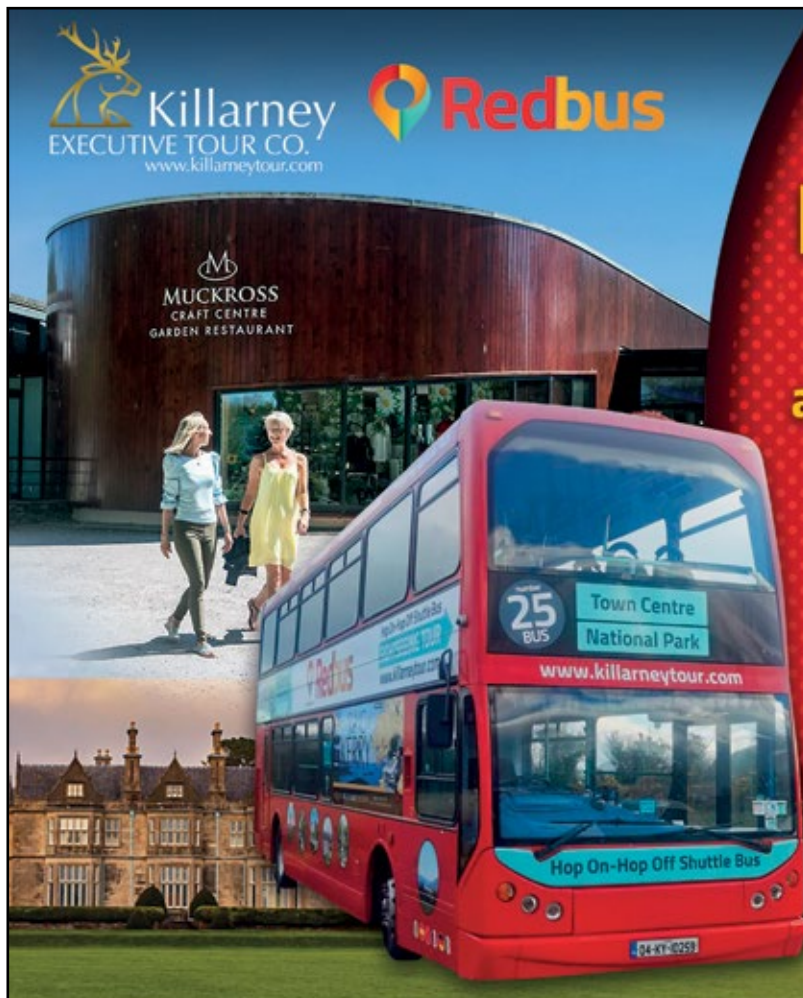
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**ASTRID LONGHURST**  
Life, Inspiration & Body Confidence Coach/Author

### 3 GREAT QUESTIONS TO ASK YOURSELF IF YOU ARE FEELING STUCK

Often when I coach my clients, they will tell me that they are feeling stuck in their life. And although, this can feel an uncomfortable place to be, it often offers us a space for really taking stock of where we are and where we desire to go. Asking yourself powerful questions can really help the mind to focus on what matters and help you to make decisions more clearly.

**Here are my top 3 coaching questions to use if you are feeling stuck in your life.**

- If you were at your best, what would you do right now?
- What makes you feel fully alive and fulfilled?
- What is needed in this situation?

Remember that, sometimes, if you don't know which direction to go towards, you may simply need either a little more time or more information. Always give yourself space to connect with what really matters to you and base your choices and decisions on honouring your values. Hope this helps!

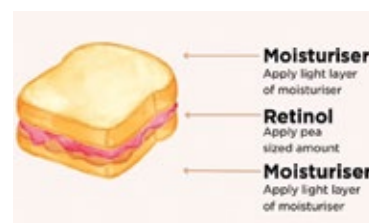
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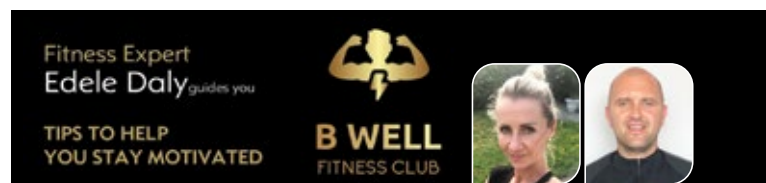


retinol combo should be used three times a week to see results if your skin can tolerate it. You can use your hyaluronic acid products daily whenever you need to hydrate your skin. Use your retinol at night and always wear SPF in the morning. Start using retinol as soon as possible in your skincare routine to unclog pores, reduce inflammation and prevent future breakouts and aging.

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:: Snack on fruit rather than biscuits, pastries or chocolate. This is a sure way to save you massive calories

:: And finally, only eat when hungry. Sounds simple ... but so effective. Give it a go.

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## COMMON EYE CONDITIONS

### Glaucoma

Glaucoma represents a number of eye conditions where the optic nerve at the back of the eye is damaged. It is often asymptomatic and is often linked to raised pressure within the eye.

When the nerve is damaged, it starts to cause problems with peripheral vision and, if left untreated, can cause permanent damage.

### Cataract

A cataract happens when either all or part of the lens in the eye becomes cloudy. There are different types of cataract, but the most common is age-related cataract.

Cataracts are very common, being the main cause of impaired vision in the world. If left untreated they can lead to partial or total sight loss.

Cataracts are very easily diagnosed by optometrists.

### Age-related macular degeneration

Age-related macular degeneration (AMD) affects the central part of the vision and is caused by damage to the macular region of the eye, which is the part of the retina that provides high-resolution, central vision.

There are two main types of AMD – dry and wet. AMD is the most common cause of sight-impairment that affects older people.

### Dry Eye

Dry eye syndrome is a common condition that occurs when the eyes do not produce enough tears or they evaporate too quickly.

Dry eye can lead to the eye becoming red, swollen and irritated, and in certain cases cause considerable discomfort for the sufferer. In very rare cases dry eye can be a sight threatening condition.

### Red eye

Red eye comprises a number of conditions such as conjunctivitis or burst blood vessels in the eye and are usually nothing to be unduly concerned about.

However, if the eye is painful this could be a sign of something more serious such as iritis (inflammation) or acute glaucoma.

While the majority of red eye conditions are short-term issues, they could be a symptom of other more serious conditions, such as acute glaucoma which is medically urgent and could result in loss of sight in that eye.

### Watery eye (epiphora)

Watery eye is a condition that is usually caused either by tears not draining correctly from the eye or, paradoxically, as a result of an underlying dry eye condition which results in irritation.

This can cause blurred vision, sore eyelids, swelling and vision impairment. Severe cases of watery eye can cause significant discomfort for sufferers.

For more information and honest advice contact us for an appointment.



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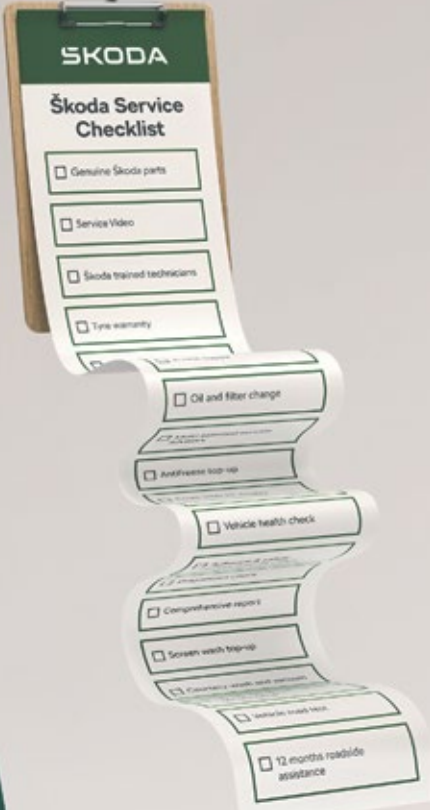
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*Photographed at the Ross GC sponsors evening :-*

*Front l to r: Mike O'Connor, John Ivory, Captai , Mike J Casey, President, Damien O'Callaghan.*

*Back l to r: Neilie Carroll, Fionnan Bruton, Padraig Bruton, Cian O'Neill, Darren Gaffey, Donie Broderick.*



*Photographed at the Ross GC sponsors evening :-*

*Front l to r: Laura Sourke, Paudie Sheahan, Joe Scally, Noel Leahy, John Cuskelly.*

*Back l to r: Pat Mitchell, Padraig Bruton, Steve Broderick, John Ivory, Oliver McCarthy, Donie Broderick, Terence Mulcahy*

## ROSS GOLF CLUB (GENTS)

### RESULTS

**On November 26th we held a 12 hole single stableford competition.**

The winners were:-

1st: Mike J O'Sullivan 28 pts

2nd: Virginijus Jonikaitis 26 pts

3rd: Tony Fagan 25 pts

4th: Mike Gorman 25pts.

## ROSS LADIES GOLF CLUB

### COMPETITIONS

9 Hole Scramble Saturday 2nd December very kindly sponsored by Margaret O'Donoghue. Names in the book please. All Members welcome

### GOLF LESSONS

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club House.

## KILLARNEY GOLF & FISHING CLUB

### (LADIES)

### RESULTS

**Killarney Brewing & Distilling Mixed 4'somes at Mahony's Point Killarney Competition played on Sunday 26 November 2023**

1: Jane Dwyer & Michael McAuliffe (16) 43 pts

2: Moira Quinlan & Gerard Quinlan (23) 43 pts

Best Gross: Amy Arthur & Donal Considine 32 pts

3: Mary A Cronin & Dermot Roche (19) 41 pts

**NEXT COMPETITION** Sunday 3rd December 2023. Killeen 12 Holes Team of 3 format Waltz, Club sponsored.

## DEERPARK PITCH & PUTT CLUB

### CHRISTMAS TURKEYS



*Deerpark Pitch & Putt Club Vice President Derry McCarthy and Club Captain Margaret C Looney along with her husband Denis presenting a cheque for €400 to Kerry Cancer Support Group's Breda Dyland as part of the proceeds from their Ricky Kelly Memorial event held back in July.*

Sponsored by Tim Jones Butchers Round 3 Results- Scotch Foursomes V Par- First Nett: Connie O'Sullivan Jnr & John Murphy 11up, Gross: John McGrath & Sean O'Brien 5up and Second Nett: Aidan O'Keeffe & Dan Kiely 8up. Round 4 this Sunday with draws at 9am and 10.45am. €5 per draw.

### CHRISTMAS VOUCHERS

Anyone interested in a Club Voucher as a Christmas present is asked to contact Sean Kelly on 086 05058686 for further information.

### U16 CHRISTMAS COMPETITION

Sponsored by Jason O'Connor takes place this Sunday morning. Further details will be available before the weekend.

### RICKY KELLY

Last week the club made a donation of €400 to the Kerry Cancer Support Group as part of the proceeds from the Ricky Kelly event back in July.

### AGM

This has been set for Monday night January 15th

2024. Further information in the coming weeks.

### MURPHYS

Looking forward to seeing everyone tonight (Friday December 1st) in our Club Matchplay sponsors from 9pm. A reminder again of the prizes being presented namely the Club Matchplay, the Club Strokeplay, the Captain's Prize, the Willie Parker and the Utility Trust Singles. The Christmas prizes (Hampers and Turkeys) will be presented after Sunday December 17th's competition.

### DANNY NOLAN MEMORIAL

Scheduled for St Stephens Day again this year over 18 holes at 10am. Further info in weeks ahead.

### DEEPEST SYMPATHIES

Our condolences to both Tralee's Tony Blake and Castleisland's Aidan O'Connor on the bereavements in both of their families in the past week.

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Mary MacMonagle Killarney Golf Club (third from left) presenting first prize in the Synergy Christmas Hampers Singles Stroke competition to overall winner Maire Murphy with (left) Helen Prendergast Club President, Kate O'Leary Lady Captain (back from left) Ciara O'Mahoney winner division 1, Deirdre Prendergast 2nd division 1, Kathleen Brosnan winner division 2, Sheila Crowley 2nd division 3 and Veronica O'Connor winner division 3 at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Denis McCarthy O'Donoghue Ring Hotels (third from left) presenting first prize in the O'Donoghue Ring Singles Stableford on Killeen competition to overall winner and best Gross Mairead Martin with (left) Anne Moynihan 2nd and Kate O'Leary Lady Captain at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Jane Dwyer and Michael McAuliffe winners of the Killarney Brewery and Distilling Mixed Foursomes on O'Mahony's Point with (left) Helen Prendergast Club President, Kate O'Leary Lady Captain (second row) Gerard and Moira Quinlan 2nd, Amy Arthur and Donal Considine best gross (back) Dermot Roche and Mary Cronin 3rd at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Eimear O'Sullivan, Eileen Whelan and Ellen Barry winners of the Ladies team of 4 Champagne Scramble on O'Mahony's Point with Kate O'Leary Lady Captain (second row) Claire Horgan, Mary Lyons and Elaine O'Sullivan 2nd at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Anne Moynihan, Jane Dwyer and Sheila Crowley winners of the B-Well V-Par on O'Mahony's Point with Kate O'Leary Lady Captain at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



Josephine O'Sullivan winner (second from left) with Eimear O'Sullivan and Ellen Barry 2nd in the Ladies 3 BBB competition on O'Mahony's Point with Kate O'Leary Lady Captain at Killarney Golf and Fishing Club on Sunday. Photo by Michelle Cooper Galvin



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**KILLARNEY VALLEY ATHLETIC****CLUB**

Our Cross Country crew were competing at the Munster B Championships in Riverstick, Cork last Sunday. Fiadh Driver came 9th in her U9 race, Alannah McGlynn came 11th in her U11 race and along with Carolena Kelly and Chloe O'Sullivan were 3rd County Team. Dara McCarthy came 14th in her U17 race. Congratulations and well done to everyone.

Congrats to Killarney Valley AC athlete Paul Doolan who broke the 3Hr barrier with his new personal best time of 2Hr55mins for 26.2 miles in the Florence Marathon in Italy.

Well done to our C25K participants who graduated last Saturday with a 5K at the Killarney parkrun. If you've missed out this time, keep an eye out on our social media for this program to start again in January 2024!!

All information on Training Schedules are on our website [www.killarneyvalleyac.ie](http://www.killarneyvalleyac.ie).

**BADMINTON NEWS****RESULTS FROM MEN'S / LADIES LEAGUES THIS WEEK**

Division 5 Ladies: Killarney v Listowel 0-6

Division 4 Ladies: Killarney v Listowel 5-1

Division 4 men: Killarney v Listowel 6-0

Division 3 men: Killarney v Tralee 6-0

Well done to all who played this week.

**RESULTS OF MIXED TOURNAMENTS HELD IN THE TRALEE SPORTS COMPLEX ON THE 26TH NOVEMBER 2023****DIV 5****WINNERS:**

Michelle Woods (Moyvane) & Driss Lecointe (Killarney)

R. UP: Jolanta Lagan (Moyvane) & Colin O'Sullivan (Tralee)

**DIV 4**

WINNERS: Susan O'Connell (Annascaul) & Antonii Paiuk (Killarney)

R. UP: Olena Paiuk (Killarney) & Tom Bradley (Kingdom)

**DIV 3 WATERSTONE CUP**

WINNERS: Carmel Hudson (Moyvane) & Rahad Rahman (Killarney)

R. UP: Suzanne Sheehy (Tralee) & Kieran Crehan (Killarney)

**DIV 1 & 2 DRUMMOND CUP**

WINNERS: Jennifer Nash (Killarney) & Ivan



Congratulations to Sinead Galvin (Killarney) and partner Mirim Rohan (Kingdom) on winning gold at the Leinster masters at weekend.

Rusov (Listowel)

R. UP: Miriam Rohan (Kingdom) & Ushas Girijakumari Raju (Tralee)

**KILLARNEY RFC****TABLE QUIZ A HUGE SUCCESS**

Last week we held a table quiz to raise funds for our Youths Easter tour to Toulouse, next March, which will see our U14 and U16 boys teams, coaches and chaperones head to the South of France. To raise funds, the lads had organised fundraising car washes and other events with this table quiz raising funds towards the trip. A fantastic turnout in the night, with Ger Moynihan doing a sterling job as quizmaster asking the superb questions set by Ger Sugrue. Very well done to our winners, Feargal Courtney's table and all who took part and thanks to everyone who organised vouchers for the raffle. Thanks also to the Killarney Oaks for getting Congo's the space to run the event also.



A great turnout in Tralee sports complex again from the Killarney Club for this fantastic mixed competition. Well done to winners Jennifer Nash, Antoni Paiuk, Rahad Rahman and Driss Lecointe ... and also to the organisers on the day.

**MINIS AWAY TO TRALEE**

Tomorrow morning our minis head to Tralee for round 2 of the West Munster blitz, taking in the hosts and Listowel RFC for a fantastic morning of rugby. All welcome and proceedings get underway for U6/U8 players as well as U10/U12 girls at 9:30am and U10/U12 boys from 11:30am. All welcome, don't forget the gumshield and waterbottle.

**RESULTS**

U14 boys: Killarney 7 - 22 Castleisland

U16 boys: Castleisland 0 - 24 Killarney

U18 boys: Desmond Rugby 14 - 26 Killarney

Seniors: Killarney 12 - 17 Killorglin

**FIXTURES**

Minis Away to Tralee for West Munster Blitz

U14 boys V Charleville, Away, Sat @ 12pm

U16 girls V Midleton, Hone, Sun @ 12:30pm

U18 girls V Clonakilty, Away, Sat @ 12:30pm

Seniors away to Carrick on Suir, Sundays @ 2:30pm

Killarney RFC U16 boys





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**MissQuote.ie Womens Basketball League  
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Saturday November 25th**

## **TEMPLEOGUE 67 UTILITY TRUST ST PAULS 74**

*Report by Enda Walshe*

Another weekend, another victory for Utility Trust St Pauls in the MissQuote.ie Womens Basketball League. "A huge win" is how Coach James Fleming described the latest triumph over a strong Templeogue side who themselves were unbeaten at home this season and looking to bounce back from their only defeat in the division last weekend in Limerick. That loss to the Huskies came at a double cost with an injury to Madeline Holland and even though she played 18 minutes in this game her influence was never enough to overturn the league leaders. St Pauls now sit top of the pile with seven wins from seven games and like all good teams they find a way to win.

It's obvious too that Coach Fleming's squad have built a strong team spirit, something a newbie like Khiarica Rasheed can immediately tap into. Rasheed won a Superleague title last year with Glanmire last season so she knows what it's all about. "The team is so competitive and our mentality going into every game is to win no matter how close the game may be. And in those close games that you do come through, it helps build up the spirit and that's really beneficial for us as a team."

Even without Holland at full throttle, Templeogue really fought on their backs with the likes of Lynn Tunnah really standing up. Tunnah, capped at International level

by Ireland, hit 24 points but St Pauls possessed more balance throughout with key players contributing at crucial stages. Leah McMahon's recent performances were rewarded with a starting five berth but the first quarter belonged to Rheanne O Shea, her eleven points helping her side into a 23-9 lead.

St Pauls started like a house on fire, Rasheed with an opening three point play, was soon joined by Sofia Paska and O Shea on the scoresheet. Lynn Jones hit a three and O Shea followed suit as the visitors opened a 15-2 lead. Templeogue opted to start Holland on the bench but she was soon on the floor contributing to their opening basket. Tunnah and Alisha Lewis from the free throw line got them up and running as Lorraine Scanlon and Denise Dunlea were introduced. Rheanne O'Shea showed her radar was in working order hitting consecutive threes with Holland again striking back. Niamh Ni Chonchubhair and Meabh Barry were now on the floor as the quick start afforded Pauls the opportunity to run their bench and Rasheed hit the closing basket to give them a comfortable advantage.

Leah McMahon and Paska stretched that lead but Lynn Tunnah was rallying the troops and alongside an Ava Coogan three they cut the gap down to 8, 31-23 with 3.30 to go in the half. After a brief rest McMahon came back on to hit another basket, preceded by a Rasheed effort to stretch it out again but Holland, Tunnah and Lewis were starting to rumble and with the help of a vocal home support the halftime advantage was whittled down to 4, 37-33.

The third quarter saw a big increase in intensity as both teams ramped up their efforts. Rasheed hit a three soon followed by a basket from the increasingly influential

Lorraine Scanlon. Templeogue responded through Coogan with another three and Lewis was good from the charity stripe. Paska was to be the biggest factor in this quarter, working well around the key with some signature baskets while Rasheed also hit another three. On the flip side the home side were also finding their range from beyond the arc, they hit four, and Aoife Whelan offered good support to Tunnah. With the game heading into the final quarter the game was still up for grabs, with Pauls leading 57-54.

It was still tit for tat though, Scanlon exchanging baskets with Hannah Byrne and Lewis but it was noticeable that St Pauls defence was at its most intense all evening. The team got energy from that, best exemplified by Rasheed who pulled down a big rebound to score and net the subsequent free throw. That play gave the visitors its biggest lead since the first quarter, and with the whiff of success in their nostrils Meabh Barry and Lynn Jones drove him the advantage. Lauren Darcy was now carrying the biggest threat for Templeogue with the Pauls defence shutting down Tunnah successfully. Scanlon hit another while O'Shea bookended her night's work with a neat three point play. The air had gone out of the home support's balloon but Tunnah and Darcy kept going to the end but all in vain as St Pauls ran out 74-67 winners.

Rasheed, consistent throughout, top scored for the winners on 18 points. She is enjoying her year so far, laying down a lot of credit to last year's experiences. "I learned a lot from Britany Byrd (her American teammate at Glanmire), she showed me the ropes alongside my teammates pushing me to be more aggressive. This year I'm playing in a new position and I'm stepping more into



*My canine companion Autism therapy puppies who will shortly go to their forever homes working with children with autism or working as a school therapy dog.*

*St Paul's basketball supporters pictured with My Canine Companion Autism therapy puppies during the halftime at the basketball League game between Scotts Lakers and Limerick Celtics in the Killarney Sports and Leisure Centre on Saturday. at the from l-r: Jessica Leane, Elizabeth Brosnan, Roisin O'Sullivan, Seodhna O'Sullivan, Mia McMahon, Lucy McCarthy, Deirdre Horgan, Abby Ryan.*



*St Pauls basketball supporter Lucy McCarthy pictured with My Canine Companion Autism therapy puppy during half time at the basketball League game between Scotts Lakers and Limerick Celtics in the Killarney Sports and Leisure Centre on Saturday.*





that scorer mentality”.

St Pauls are certainly getting the benefit of Rasheeds new found responsibility. Sofia Paska and Rheanne O'Shea both hit 16 points, Lorraine Scanlon had 13, Lynn Jones 5, Leah McMahon 4 and Meabh Barry 2.

For Templeogue Lynn Tunnah had a game high 24 points, Alisha Lewis 10, Madeline Holland 8, Ava Coogan and Aoife Whelan 7 each and Lauren Darcy 6.

It's a lunchtime tip off this Saturday December 2nd when St Pauls take on Swords Thunder in the ALSAA Sports Centre. They had made a very strong start to the season winning their first four games but recent defeats to Tolka Rovers and Templeogue will have them smarting. Jensen Caretti has been their shining light so far this season, the Ohio State native averaging in and around 20 points per game. Jasmine Walker has been playing in the Irish league for the last five years and her combination with Caretti will have to be watched. There has been a huge improvement in their league showings this season, probably best illustrated by their recent win over the Cavan Eagles. Peggy Black, Kate Kelly and Megan Howe form the backbone of their squad and past results will count for nothing as St Pauls look to extend their winning start to the season. Tip off is at 1pm.

## Basketball Ireland National League Div 1

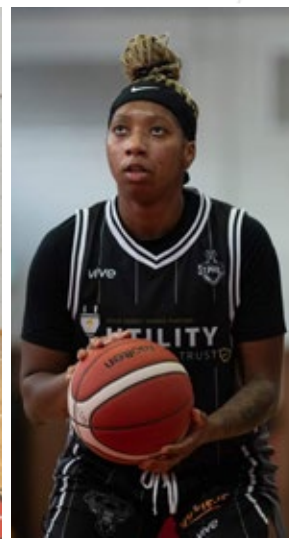
### KILLARNEY COUGARS 67 UCD MARION 94

The Presentation Gym hosted a good attendance for the first ever meeting of the Killarney Cougars and UCD Marion in the National League Division One, with the experienced visitors proving too strong in a 67 - 94 victory. While the Cougars displayed a promising start, UCD Marion's resilience and strategic play secured the win.

UCD Marion, the former Super League side faced relegation last season, displayed improved form in this encounter. Their recent successes, including a notable Cup win over league leaders Portlaoise, underscore their resurgence.

The opening minutes saw the Cougars take an early lead, with players Ryan Sanders, Andrew Fitzgerald, Darius Hopkins, and Oleh Dranhanchuk contributing to a 10 - 8 advantage after 5 minutes. However, UCD Marion, leveraging their advantage on the boards, orchestrated a comeback, finishing the quarter 24 - 20 thanks to 18 points shared by Sasha French and Tobias Christensen.

The second quarter proved challenging for the Cougars as UCD Marion extended their lead to 47 - 31. Despite efforts from



*St. Paul's Players: Sofia Paska, Rheanne O'Shea and Khairica Rasheed*



*THE KILLARNEY COUGARS TEAM*

key players like Darius Hopkins and Ryan Sanders, the Cougars struggled to match UCD Marion's outside shooting with three pointers by Mathew McGrath, Tobias Christensen and Sean O'Flynn and their rebounding dominance through French and Christensen.

The third quarter witnessed continued difficulties for the Cougars, with UCD Marion's balanced scoring widening the gap to 70 - 44. Despite a commendable effort from James Murphy, contributing 9 points during a positive spell, UCD Marion maintained control.

In the final quarter it was basket for basket and three pointers by Nathan Cox and Oleh Dranhanchuk helped reduce the arrears but it was not enough as a confident UCD Marion deservedly secured the win.

The Cougars, however, can draw on positives from the return and good form of James Murphy and Andrew Fitzgerald, and the

improvement and effort in young players Nathan Cox and Jack Lynch providing Coach Patrick O'Regan with additional options.

Looking ahead, the Cougars will regroup for their upcoming matches, with a trip to Dublin Lions in two weeks and a home game against Team North West on December 16th. The team acknowledges the generous support of Game Day Sponsor Essential Fitness Killarney.

Individual standout performances for the Cougars included Darius Hopkins (17 points), Ryan Sanders (15 points), Nathan Cox (9 points), James Murphy (9 points), and Oleh Dranhanchuk (9 points). For UCD Marion, top scorers included Tobias Christensen (17 points), Sasha French (14 points), Sortiritas Maltiadis (13 points), Ronan Byrne (12 points), and Mathew McGrath (10 points).



## MEK GALAXY NOTES

### GIRLS

#### U15 Girls MEK Galaxy 1 - 1Listowel Celtic

If ever you wanted to see a game with grit, hard work & determination, this was it. Only 11 players, heavy pitch and a well oiled opposition would have you think it was going to go one way. And it looked it from the refs whistle. Listowel must have created at least 2 dozen chances. But our GK, Clodagh Quirke had a different idea. She was outstanding, and that's an understatement. But she didnt just get the point on her own. The work rate by the 10 outfield players was fantastic. 1-0 down early in the game made it difficult. But we fought, stayed in the game and in the 2nd half with about 13 min to go, Fleur O'Neill broke over a Listowel line and lobbed the goalie. It took a lifetime to hit the back of the net. But if finally did. It was all Listowel again. They pushed and pressured us. But we stood strong to earn the first point of the season. POTM We would say that opposition would agree, Clodagh Quirke in goal was a different level today. Scorer: Fleur O'Neill

### BOYS

#### U14 DIVISION 1

##### MEK Galaxy 1 - 1 Listowel Celtic

A great match and a great team effort unlucky not to get the win well done to all the boys. MEK Goal scored by Cade Jameson

#### UNDER 12 BOYS NATIONAL TROPHY

##### MEK Galaxy 2 - 1 Avenue United (Clare) AET FT 0-0

A humdinger of a cup tie with MEK having to wait until the first period of extra time to get the 2 goals their play deserved. Avenue hit back with a well taken penalty in the second period of extra time, making for a nervous last few minutes for MEK. This one went right down to the wire with Avenue testing the crossbar in the scramble from a last minute corner. MEK held firm to see it out for a well deserved win. Scorer for MEK: Oisín Bevan 2

## BALLYHAR DYNAMOS FC

### TEAMS

The Club U12 squad travelled to Kenmare on Saturday last in Division 1 of the Schoolboy League. Ballyhar found the going tough against a strong Kenmare outfit in a 5-0 defeat but had impressive performers in Brian McMahon, Adam Quirke, Ciaran Ferris, Diarmuid Fitzgerald & Josh

Nelligan.

The U14 Division 2 squad had an excellent 2-1 home win over Castleisland B at Murt Scott Park coming from a goal down with strikes from the impressive Daithi Allen & super sub Nathan O'Brien to take the 3 points. On the day a great squad effort with Shane Edwards, Fionn Clifford, Odhran Leslie, Patrick O'Connor, Noah Goodman, Nico Neumann & Luke Bartlett playing well on the day.

The U16 Division 1 outfit had a great 1-4 away win against St Brendans Park. Davin Quilter with two well taken goals, one from Anthony Cremin & an unfortunate OG gave Ballyhar Dynamos the three points in a great squad effort.

### TEAM OF THE WEEK

Well done to club members Ruben O'Leary Griffin, Callum O'Connor & Alan Mrotek on being selected on recent Kerry schoolboy teams. Keep up the good work lads.

## KILLARNEY CELTIC

### CELTIC LOTTO

Numbers drawn 5,8,23,25. No jackpot winner. No Match 3 winners. Lucky Dip winners received €50. Next jackpot €3,400 on Monday Dec 4th. Tickets available from The Dungeon Bookshop, club members. The online sales are now available through Clubzap.

### CHARLEVILLE CHEESE PREMIER A

#### Killarney Celtic FC 8-0 Camp United

Terry Sparling 2, Matt Keane, Cian Doe, Adam McMahon, Mikey Moynihan, Padraic Looney, Adam Grzesiak

Celtic were clear cut winners in this home game versus Camp as the team maintained its recent good results.

### CHARLEVILLE CHEESE YOUTHS PREMIER

#### St. Brendan's Park FC 4-4 Killarney Celtic

Rafeal Viegas, Matteo Falcone, Liam Cronin, Callum Cronin

Great game today, end to end, very hard battle. Celtic went down 1-0 in the opening few minutes. Celtic broke against the run of play and levelled up with a great run from Rafeal Viegas who hit a low ball across the box which sneaked in. Celtic kept a high press on Park and it worked when Matteo Falcone hit a great shot right into the top corner. Park kept the possession and found another goal just before half time through a free kick. Second half started very fast and Callum Cronin got brought down outside the box and Liam Cronin stepped up and hit it right into the top corner but again St Brendans Park

bounced back as the intensity never backed down. Celtic went ahead again through a Callum Cronin cracker from way out right into the top corner but again Park rallied and equalised.

### U14 DIVISION 2

#### Mastergeeha B 2-2 Killarney Celtic B

Jason Harrington 2

Celtic got off to a slow start and found themselves 2 goals down inside 20 minutes. Celtic started to get more possession and got a goal back before half time through Jason Harrington after great play by Majid in the build up. The equaliser came early in the 2nd half after a mix up in the Mastergeeha defence and Jason Harrington rolled the ball home. Both teams had chances to win it but a draw was a fair result for both teams in the end.

### SFAI SUBWAY U12 NATIONAL CUP ROUND 4

#### Killarney Celtic Green 0-1 Aisling Annacotty AFC

Celtic welcomed Aisling Annacotty for round 4 of the national cup. It was a super game to watch by two lovely footballing sides. Both sides played the game the way it should be played. Aisling Annacotty scored from a very well worked corner early in the game, Celtic came into more and pushed hard and worked the keeper a few times, but just not our day.

### U12 DIV 1

#### Ballyheigue 0-6 Killarney Celtic White

Josh O'Donoghue 2, David Ajibare, Josh Buckley, Robbie Paul O'Sullivan, Rowan Murphy

Celtic had a clear cut win away to Ballyheigue.

### U12 DIVISION 2 SOUTH

#### Killarney Celtic Gold 3-5 Mastergeeha B

Noah Murphy 3

A closely fought game at Celtic Park with Celtic starting off the brightest creating a number of early chances and dominating the first 15 mins and the breakthrough came with a wonderfully taken goal by Noah Murphy. Sadly a few errors from then until half time meant Celtic went in 4-1 behind. Celtic came out battling in the second half & with two more goals from Noah Murphy and a 4th disallowed for a tight off side the boys were unlucky not to get at least a point for their effort.

**CONGRATS** to Ultan Cotter U12 who made Team of the Week. Well done to Leah Mannix and Mia Cox who played for the Kerry U12 Inter League team.

## KERRY FC SOCCER AWARDS

The Kerry FC Awards Night was held in front of



Ballyhar Dynamos FC u12s who were defeated away to Inter Kenmare on Saturday last in Division 1 of the KSB league.



Ballyhar Dynamos FC u14 development squad who were victorious on Saturday last at Murt Scott Park over Castleisland in Division 2 of the KSB league



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a large crowd in the Great Southern Hotel last Thursday night. The players substituted the jerseys for suits on what was an entertaining evening. The event was split in two parts, with the Academy awards being presented ahead of a three-course Dinner with the senior awards presented afterwards.

Head of Academy Damian Locke spoke of the Academy's successes in 2023, with some 14 former Academy players representing Kerry FC in the inaugural season. 4 Academy Player of the Year awards were handed out to:

U14 Player of the Year – Jack Daly  
U15 Player of the Year – Robert Keane  
U17 Player of the Year – Luke Palmer  
U19 Player of the Year – Oisín Breen

There were a total of 4 senior awards also announced on the evening. The Golden Boot winner was Ryan Kelliher who ended the season as the top goal scorer for Kerry FC with 10 SSE Airtricity First Division goals and 2 in the Sports Direct FAI Cup.

Kennedy Amechi's spectacular goal against Wexford FC in August was voted as the Kerry FC Goal of the Season. The club opened the voting to the supporters via social media channels. Amechi was the clear winner with some 50% of the vote which featured 8 goal of the season contenders.

Leo Gaxha received the Sports Writers Player of the Year. Members of the media who were present in the press box throughout the year were asked to nominate 3 players before they went to vote. Ryan Kelliher and Kevin Williams were the other standout performers according to the members of the media.

The final award of the evening was presented to Sean McGrath who was crowned the 2023 Players Player of the Year. Sean was a vital cog in the wheel for Kerry FC in 2023 following his move back to the Kingdom from Cobh Ramblers. He chalked off a full card, playing in all 38 games this season which in itself is a remarkable achievement.

## KERRY SCHOOLBOY/GIRLK SOCCER RESULTS SATURDAY 25TH NOVEMBER & WEEK PREVIOUS

### U12 GIRLS PREMIER NORTH

Dingle Bay Rovers 6 - 0 Camp Juniors

### U13 GIRLS PREMIER

Iveragh UTD 1 - 4 Killarney Athletic

Killarney Celtic A squad vs Camp



### U13 GIRLS DIVISION 1

Fenit Samphires 0 - 4 Camp Juniors  
Killarney Athletic B 0 - 6 Tralee Dynamos

### U15 GIRLS PREMIER

Killarney Athletic 2 - 4 St Brendans Park  
Mastergeeha FC 0 - 5 Inter Kenmare

### U12 BOY'S SUBWAY NATIONAL CUP ROUND 4

St. Brendan's Park 4 - 0 Nenagh AFC  
Caherdavin Celtic 2 - 1 Killarney Athletic  
Dingle Bay Rovers 1 - 0 Croom United

### U12 BOY'S SUBWAY NATIONAL TROPHY ROUND 3

Kilfrush Crusaders 3 - 5 Killorglin AFC  
Adare UTD 4 - 1 St. Brendan's Park B  
Tralee Dynamos 2 - 0 Ennis Town  
Nenagh Celtic 3 - 0 Dingle Bay Rovers B

Bridge Celtic 1 - 3 Castleisland AFC  
MEK Galaxy 2 - 1 Avenue United B

### U14 BOY'S SUBWAY NATIONAL CUP ROUND 4

Castleisland AFC 1 - 2 Nenagh AFC  
St. Brendan's Park FC 2 - 1 Murroe AFC  
Newcastle West town 4 - 0 Mastergeeha FC

### U14 BOY'S SUBWAY NATIONAL TROPHY ROUND 3

Aisling Annacotty B 0 - 4 Inter Kenmare  
Tralee Dynamos B 0 - 3 Killarney Celtic  
Cloughjordan AFC 0 - 2 St. Brendan's Park B

### U16 BOY'S SUBWAY CUP ROUND 4

Bunratty Cratloe 2 - 5 Listowel Celtic

### U16 BOY'S SUBWAY NATIONAL TROPHY ROUND 3

Grangah United 0 - 3 Mastergeeha FC

### U12 BOY'S PREMIER

Listowel Celtic A 2 - 3 Iveragh United

### U12 BOY'S DIVISION 1

Camp Juniors 3 - 5 LB Rovers A  
Inter Kenmare A 5 - 0 Ballyhar A  
Fenit Samphires 4 - 2 Killarney Athletic B  
Ballyheigue AFC 0 - 6 Killarney Celtic B  
Listowel Celtic B 3 - 2 Milltown FC

### U12 DIVISION 2 (NORTH) BOYS

LB Rovers B 1 - 5 Listowel Celtic C  
Camp Juniors B 5 - 0 Killorglin B  
Castleisland AFC B 1 - 0 St Brendans Park C  
Fenit Samphires B 1 - 5 Tralee Dynamos B

### U12 DIVISION 2 (SOUTH) BOYS

Dingle Bay Rovers B 2 - 3 St Brendans Park D  
Inter Kenmare B 5 - 0 Killorglin AFC C  
Killarney Athletic C 5 - 0 Iveragh UTD B  
Killarney Celtic C 3 - 5 Mastergeeha AFC B

### U14 BOY'S PREMIER

Killorglin AFC 2 - 1 Killarney Athletic

### U14 DIVISION 1 BOYS

MEK Galaxy 1 - 1 Listowel Celtic A  
LB Rovers 0 - 0 Ballyheigue AFC  
Fenit Samphires 4 - 3 Killorglin AFC B

### U14 DIVISION 2 BOYS

Ballyhar Dynamos B 2 - 1 Castleisland AFC C  
Mastergeeha FC B 2 - 2 Killarney Celtic B  
Tralee Dynamos B 2 - 6 Inter Kenmare B

### U16 BOY'S PREMIER

Killorglin AFC 4 - 1 MEK Galaxy

### U16 DIVISION 1 BOYS

St Brendans Park 1 - 4 Ballyhar Dynamos  
Camp Juniors 3 - 0 Iveragh UTD

### U16 DIVISION 2 BOYS

Ballyheigue AFC 5 - 2 Tralee Dynamos B  
Castleisland AFC B 4 - 7 Ferry Rangers  
Inter Kenmare B 2 - 1 Killarney Athletic B

## Okwute re-signs for Kerry FC ahead of 2024 season

Kerry Football Club is delighted to announce that forward Daniel Okwute has penned a deal to keep him in the Kingdom until the end of the 2024 SSE Airtricity First Division season.

Okwute returned to the Kingdom during the summer transfer window, following time in Stockport County in the UK and a loan spell in Finn Harps during the first part of the 2023 campaign. Okwute became a regular feature under Billy Dennehy, making 12 appearances in the green shirt, 2 of which were in the Sports Direct FAI Cup. The 20-year-old was a graduate of the Kerry FC Academy and made the move cross-channel in 2022 before resigning for the LOI newcomers in July.

peaking following putting pen to paper, Daniel Okwute said "I'm really happy to have resigned for Kerry FC and to recommit again for the 2024 season. Last year was tough but I had a really good experience playing my first bit of men's football in a Kerry shirt. I hope we hit the ground running when we are back. We know what to improve on and I think we all know what to expect now so there should be no excuses why we aren't getting points on the board this year. I can't wait to see you all in Mounthawk Park next season"

Also speaking following the signing, First Team Head Coach Conor McCarthy said "We're delighted to have Daniel on board for 2024.

Daniel is a player who has come the whole way through the Kerry FC pathway and has even had a spell in the UK with Stockport County, he represents exactly what Kerry FC is all about in terms of his hunger and desire to work day in day out to improve and progress his career. Daniel has the ability to change a game in the blink of an eye and I've no doubt he will have fans on the edge of their seats this season."

Okwute becomes the 5th man to commit his future to Kerry FC, following on from earlier signings of Ryan Kelliher, Sean McGrath, Ronan Teahan and Ethan Kos.



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## Benefits and entitlements following a death

After a bereavement you may need financial support. The Department of Social Protection (DSP) provides certain once-off payments to help out families during this difficult time. Your local Community Welfare Officer deals with some of these payments.

You must have made a certain number of PRSI contributions to be eligible for some social welfare payments. You may be eligible for other payments, if you pass a means test or if you are in urgent need. Time limits apply for many payments, so apply as early as is possible.

You cannot be expected to do everything right away, but if the deceased was getting a social welfare payment or you were claiming for them as a dependant or you were getting a Carer's Allowance to look after them, it's important that you notify the Department within the first few days of the death.

Notifying the Department does not mean the payment will be taken back immediately. In many cases, the spouse, civil partner, cohabitant, parent or carer may continue to receive a payment for 6 weeks following the death.

### **What happens when a person being cared for dies & carer was in receipt of Carers Benefit/ Allowance?**

Payment of Carer's Allowance (full or half-rate) continues to be made for 12 weeks after the death of the person you were caring for while payment of Carer's Benefit continues to be made for 6 weeks after the death of the person you were caring for.

If you are getting Carer's Allowance (full or half-rate) on behalf of a spouse, civil partner or cohabitant and that person dies, you can continue to get Carer's Allowance for 12 weeks plus the State Pension/Invalidity Pension/Disability Allowance etc (if in payment to that person) for 6 weeks after the date of death. If you were getting Carer's Benefit, you continue to get it for 6 weeks and any payments your spouse or partner was getting.

Domiciliary Care Allowance continues to be paid for 3 months in cases where the child being cared for has died.

### **Is there any help available with funeral costs?**

You can get help with the cost of the funeral in certain circumstances. The Widowed or Surviving Civil Partner Grant is a once-off payment to widows/widowers/surviving civil partners with dependent children. This grant is a once-off payment of €8,000.

If someone dies from an accident at work, a Funeral Grant is available. To be eligible for this grant, the death must have resulted from an

accident at work, an accident while travelling directly to or from work or an occupational disease. It amounts to €850.

Whether you qualify or not for one of the above grants you may be eligible for an Additional Needs Payment to help with funeral costs if you are on a low income. Each case is decided on its merits. The Community Welfare Service prefers if you apply before the funeral takes place, but in practice, most people apply afterwards.

In many cases a payment or a grant cannot be paid until all the necessary documentation is received. If you are claiming the grant, you are responsible for the production of certificates, documents and any information required, for example:

- Death certificate
- Birth certificate
- Marriage or Civil Partnership certificate (to prove your relationship to the deceased)
- Funeral receipts
- The deceased person's Personal Public Service (PPS) number
- Your PPS number may also be required

### **What social welfare payments are available to the bereaved?**

If you were living with or dependent on the deceased, any current benefits or payments you are getting may change, or you may be able to claim additional benefits. Depending on your income and circumstances you may be entitled to a social welfare payment in your own right. A Widow's, Widower's or Surviving Civil Partner's Contributory Pension and related social welfare benefits may be payable if either you or your deceased spouse or civil partner has enough PRSI contributions.

A Widow's, Widower's or Surviving Civil Partner's (Non-Contributory) Pension is paid to widowed people or surviving civil partners without dependent children, who do not qualify for a contributory pension and who pass a means test.

A Guardian's payment is paid to the child's guardian up to the child's 18th birthday or 22nd birthday if he or she is in full-time education.

A One-Parent Family Payment can be paid to you if you are parenting alone as a result of the death of your spouse, civil partner or cohabitant. If you also qualify for a Widow's, Widower's or Surviving Civil Partner's Contributory Pension you will have to choose which payment is of most benefit to you because you cannot get both.

If a person dies because of an accident at work or occupational disease, Death Benefit under the Occupational Injuries Scheme may be paid to their surviving spouse or civil partner.

### **Are there any other additional payments?**

Bereavement can cause financial

difficulties. The Supplementary Welfare Allowance Scheme provides financial support to people with low incomes. You may qualify for a weekly supplement payment under the scheme to meet certain special needs, for example, help with rent and fuel costs. In addition, payments can also be made for urgent or exceptional needs.

There are specific rules about taxation in the year of a person's death, for example, a tax refund may be due. There are also extra credits for parents in the years following the death of a spouse or civil partner. If you are a widowed person or a surviving civil partner, you can claim an increased personal tax credit. The amount of the tax credit depends on whether or not you have dependent children and when your spouse or civil partner died.

**If you need further information about any of the issues raised here or you have other questions, you can drop-in to your local Citizens Information Service in Tralee, Killarney or Caherciveen – opening hours are listed on our website. You can also contact us by telephone or email:**

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## JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

### KATIE TAYLOR BECOME UNDISPUTED WORLD CHAMPION

The last time that Katie Taylor locked horns with the undisputed super-lightweight world champion Chantelle Cameron, it was the English girl who triumphed in a contest for the ages – something that boxing in general has been lacking for too long as the big guns in the mens' heavyweight scene continue to play ducks and drakes and bluster. There was none of that here; two professionals who spoke respectfully about each other and set about their business in the 3Arena with refreshing honesty and fantastic skill.

On this occasion, Katie had her homework done and let Cameron dictate the pace, staying out of trouble with fast feet and even faster flurries of counter-punches, which has always been the best weapon in her arsenal. She didn't talk too much in the week coming up to the fight, staying politely guarded, and she didn't play to any gallery as she entered. There was no showmanship here, and no need for it. The boxing spoke for itself.

Just as in the first fight, a few of the judges' scorecards didn't really reflect the fight (98-92? What fight was that lad watching?) but the result was fair.

The first round was tight, with Cameron looking to lay down a marker but not really getting the shots on target. Taylor did slip to the ground at one stage, but it was just a slip and the referee knew that.

The second round was...I won't say all Katie, but she was the one landing the shots. Cameron probably needed to adjust her gameplan at that stage, but that's very easy for me to say from the sofa. A clash of heads drew a cut on Cameron – unlucky, but a confidence boost for the challenger in front of her home crowd.

In fairness to Cameron, she has guts and came back hard in the fifth. The question now was whether she could sap Katie's energy – the Bray woman is 37, and at this elite sporting level, that counts. But it was Cameron who was doing the pushing. She did make up a lot of ground in the fifth, with Katie forced to clinch her way out of trouble, but she was back to her best in the sixth, landing a big right. She was still clinching, but now it was more tactical than desperation, breaking Cameron's momentum. Cameron did land some great shots late on, but she knew she was in trouble and so did Katie, who stayed very calm and continued to fight her own fight, keeping the distance and nailing those fast counters.

A defeat here would probably have been the end of the road for Katie. But victory, hard-fought against such a tough opponent, means that at a time when people are finding Tyson Fury talented but tiresome, there are two fighters whom everybody and anybody would

Mary McDonagh



surely want to see meet again to decide the trilogy. Does Croke Park beckon? I'm not so sure that public pressure – and there will be plenty – will hold as much sway as commentators seem to think.

Is Katie the greatest Irish sportswoman ever? I'll still give my nod to the great Sonia O'Sullivan, largely based on a mainstream rather than a minority (but growing) sport, but just like this fight, it's a very close-run thing.

### SLIABH LUACHRA BOXER IN WORLD CHAMPIONSHIPS

Best wishes to Mary McDonagh of Sliabh Luachra BC who as I write is currently preparing for her quarter-final in the World Junior Boxing Championships in Yerevan, Armenia. Mary's rise in amateur ranks has been nothing short of phenomenal in the past two years. She is the current All Ireland and All Cadet champion and the current European silver medallist. She recently won the Manchester and Barum Cup Box Tournaments in England, being named best female boxer in the latter, as well as winning gold against the Hungarian champion while representing Munster recently. In a week where Kelly Harrington and Michaela Walsh at the IABA National Elite Boxing Championships, it's great to see a Kerry boxer following in the footsteps of Katie Taylor and helping to forge a path first walked by the Bray phenomenon.

### DINGLE NAVIGATE TOUGH TEST TO REACH MUNSTER FINAL

#### MUNSTER SENIOR SEMI-FINAL

**Daingean Uí Chúis 0-12**

**Clonmel Commercial 0-10**

This one was a nail-biter all the way. Matthew Flaherty swept over a brilliant opener but Seán O'Connor replied with a free. It was literally point for point from then on, with Clonmel actually having the better of the goal chances, hitting the post and then Tom Leo O'Sullivan doing well to make a great block to deny a goal chance for Colman Kennedy, one of a

number of the 2012 Tipperary All Ireland minor champions on the Clonmel team. Dingle trailed by 0-5 to 0-4 at half-time and won't be thrilled with their conversion rate, five wides to one. On the other hand, Clonmel will have rued those two goal chances, but would be the happier of the teams on the balance of play.

Conor Geaney and Dylan Geaney, both of whom have definitely put up their hands for Kerry jerseys this coming year, opened the second half scoring to put Dingle in front. Clonmel levelled before Dylan nudged Dingle two points in front, only for Seánie O'Connor from a free and a mark to square things up again. A big crowd in Semple Stadium knew already that this game was going right down to the wire. Conor Geaney and Barry O'Sullivan (great to see him back to full fitness) put Dingle up by two again, but back came Clonmel, with Micheal Quinlivan (Tipperary's best footballer of at least one generation was well marshalled for the most part) trimming the gap back to one. Clonmel had another goal chance, Seánie O'Connor's great effort crashing back off the top corner of the woodwork – unlucky enough. Dylan Geaney put Dingle back two in front but Jack Kennedy immediately replied in kind.

Hitting injury time now and Dingle still needed to reach into their bag. They had enough left, though, with Tom O'Sullivan racing forward for a trademark score and Paul Geaney, as always the calmest man of the pitch when it came to the crunch, fired over a sublime clincher and at last Dingle could celebrate.

Daingean Uí Chúis: Gavin H Curran, Tom Leo O'Sullivan, Tom O'Sullivan (0-1), Niall Geaney, Darragh O'Sullivan, Conor Flannery, Brian O'Connor, Barry O'Sullivan (0-1), Billy O'Connor, Micheál Flannery, Conor Geaney (0-2), Matthew Flaherty (0-2), Mikey Geaney, Dylan Geaney (0-5), Paul Geaney (0-2). Subs: Tadhg Browne (for Micheál Flannery, 56), Conor O'Sullivan (for Billy O'Connor, 63)

### HEAVY SCHEDULE TAKES ITS TOLL ON MILLTOWN/





## CASTLEMAINE MUNSTER INTERMEDIATE SEMI-FINAL Cill na Martra 0-13 Milltown/Castlemaine 0-10

To say that it was asking a lot of the Kerry Intermediate Champions to see off their Cork counterparts in a Munster semi-final just one week after that pulsating battle in Tralee is not to take anything away from John Evans or his Cill na Martra team. They were magnificently resolute and earned their win the hard way, especially having come in as underdogs in popular opinion.

It looked good for Milltown/Castlemaine as Brendan Casey and Éanna O'Connor (f) nudged them into a two point lead. In fact, they had what looked like a good case for a penalty when Éanna O'Connor appeared to be held back in the square. However, Cill na Martra soon fired up their engines and kicked three points in a row through Seán and Cianie Ó Fóirréidh and a Damien Ó hUrdail free. In fact, they could have led by more; Cill na Martra were ferociously winning ball but not always making the best use of it. Éanna O'Connor levelled matters with a superb free. Seán Ó Fóirréidh and Tadhg Ó Corcara both came up on the overlap from the half back line to kick great scores that put Milltown/Castlemaine 0-5 to 0-3 ahead. Cathal Moriarty, a driving force all through, fisted over to pull one back but Damien Ó hUrdail restored that two point gap at half-time, 0-6 to 0-4.

Milltown/Castlemaine won't have been overly happy with their first half. To be fair, Cill na Martra on their home ground had proven full value for that lead. It needed to be answered and Milltown/Castlemaine immediately set

about providing an answer. Gavin Horan, moved into full forward, opened the second half scoring. With their kick-out press helping Milltown/Castlemaine to win possession, Éanna O'Connor (f), Cillian Burke with a trademark drive, and the under-rated Cathal Moriarty all picked off scores.

Cill na Martra's response was telling. They absorbed the punishment and immediately came back with a three point burst of their own through Micheál Ó Deasúna (2, 1'45) and Danny Ó Conaill. The hosts still led by a point, 0-9 to 0-8, but Cathal Moriarty quickly equalised. Worryingly, though, Milltown/Castlemaine were starting to make uncharacteristic little errors as their energy levels began to understandably drop. Maidhcí Ó Duinnín and Damien Ó hUrdail (f) put Cill na Martra 0-11 to 0-9 ahead.

Conor Spillane cut the gap back to a single point but Maidhcí Ó Duinnín kicked another great score. This was a frantic contest now but it wasn't going the Kerry team's way. Cill na Martra lost two players, one to a straight red and one to a second yellow, but Milltown/Castlemaine also had a player pick up a second yellow. In the dying seconds sub Maidhcí Ó Duinnín kicked his third point to seal a historic win for his side.

Milltown/Castlemaine: Cormac Leane, Gavin McKenna, Pa Wrenn, Anthony Kelliher, Kieran O'Carroll, David Roche, Dylan O'Neill, Donal Dennehy, Gavin Horan (0-1), Brendan Casey (0-1), Éanna O'Connor (0-3, 3f), Jonathan O'Sullivan, Cathal Moriarty (0-3), Cillian Burke (0-1), Donal Kelliher. Subs: Kieran McKenna (for Dylan O'Neill, 38), Brendan Delaney (for Kieran McKenna (52), Conor Spillane 0-1 (for Jonathan

O'Sullivan (55).

## CLARE CHAMPIONS ARE NO MATCH FOR LISTOWEL EMMETS

### MUNSTER JUNIOR SEMI-FINAL Listowel Emmets 5-17 Killimer 2-2

The Clare champions weren't expected to trouble the Kerry champions unduly and in the end Listowel will have learnt little enough from a win that can only be described as facile. Joe Joe Grimes drilled home a penalty in the 12th minute and, although Killimer did hit back for a goal of their own from Colm Pyne, it was to be their only score of the first half. With David Keane picking off two more Listowel goals, they led by 3-7 to 1-0 at the break. Killimer did open the second half scoring with a point, but Listowel responded with five of their own. Adam O'Rourke added another goal and, while Paul Browne did race through for a second Killimer goal, it was all a bit moot by then. Darragh Lynch had a final goal for Listowel just before the finish.

Next week they face a much tougher proposition against Cork champions Kilmurry, who sent out a real warning with a 4-16 to 0-2 victory over Feenagh-Kilmeedy in the other semi-final.

Listowel Emmets: Cathal Keane, Ciaran Pierse (0-1), Niall Collins, Eddie Healy, Michael Kennedy, Eddie Browne, Jack McElligott (0-2), Joe Joe Grimes (1-0, pen), Jamie McVeigh (0-1) Seán Keane (0-5), Ger McCarthy, Sam Tarrant, Bryan Sweeney (0-3, 1m), Cormac Mulvihill (0-1), David Keane (2-3, 1f). Subs: Adam O'Rourke 1-0 (for Tarrant, half-time), Seán Gilbert



Action from the Munster Intermediate Semi-Final: Cill na Martra v Milltown/Castlemaine



Huge support for Milltown-Castlemaine at the game on Sunday.



(for Eddie Healy, 44), Darragh Lynch 1-0 (for Bryan Sweeney, 46), Cillian Holly 0-1 (for Jack McElligott, 51), Jake Moriarty (for Ger McCarthy, 53), Darragh Leahy (for Joe Joe Grimes, 56)

## CAMOGIE

### MUNSTER INTERMEDIATE FINAL

#### Clanmaurice 1-13 Shannon Rovers 2-7

Clanmaurice made it back to back Munster intermediate titles but, worryingly, were down to the bare bones, with just seventeen in total on the panel, including a sub goalkeeper.

Clanmaurice showed a greater ability to take their scores in a game that was a slow burner initially. They led by 0-3 to 0-0 after seventeen minutes, Patrice Diggin with two well-struck frees and Anne Marie Leen with a great score from play. Aoife McLoughney and Patrice Diggin exchanged scores but the Tipperary side, in fairness to them, were getting a grip on proceedings now. Clanmaurice's defence was under pressure but that's a great defence and they were always able to clear their lines. McLoughney did pick off two frees and corner back Áine Linnane hit a great point to leave it deadlocked at 0-4 apiece at the break.

Clanmaurice were in trouble at the start of the second half as Gillian McKenna gathered a high ball and struck for a Shannon Rovers goal. Brilliantly executed, but not a chance I'd have expected Clanmaurice to cough up, to be honest. The unflappable Diggin picked off two frees to trim the gap and Caoimhe Spillane hit a trademark score from play. Rovers replied but Patrice fired over two more to nudge the Kerry outfit in front and added another after good work by Jackie Horgan.

Then came disaster, as McLoughney's low '45 in the 62nd minute somehow evaded a tangle of bodies and slipped into the net. Clanmaurice a point down and just seconds left. Comet the hour...cometh Patrice Diggin. She superbly won the puck-out and won a free. It would have been an extremely difficult one for anybody else, but that's just bread and butter stuff to her and the white flag was duly raised.

Jackie Horgan and Patrice ('45) put Clanmaurice in front at the start of extra-time and Jackie Horgan's clever strike of a ball across from Ciara Moloney ended up in the net. McLoughney pulled one back before the turnaround but Clanmaurice with a four point advantage were not to be overhauled, restricting Rovers to just one point while Patrice took her own tally to 0-11.

The issue of playing numbers is one that will need to be considered in the long term. Camogie has seen quite a rise in Kerry over the past decade or so and Clanmaurice have most definitely been the flagship. The likes of Killarney camogie are coming through strongly at underage but there is still a gap that needs to be filled. The simple truth is that Kerry have fantastic skill on the playing fields in camogie, but plenty of space on the subs' bench and at the levels Kerry are aspiring to, that comes with a price tag. However, that's a discussion for another day; this should be one of celebration as Clanmaurice prepare for an All Ireland semi-final against Kilmessan of Meath. The two sides famously met in the All Ireland Junior Final in

2017, with Kilmessan prevailing in a replay. Nine of the current Clanmaurice panel played in those games.

Clanmaurice: Aoife Fitzgerald, Rachel McCarthy, Sara Murphy, Michelle Costello, Aoife Behan, Niamh Leen, Áine O'Connor, Danielle O'Leary, Kate Lynch, Caoimhe Spillane (0-1), Laura Collins, Anne Marie Leen (0-1), Julianne O'Keeffe, Jackie Horgan (1-1) Patrice Diggin (0-11, 9f, 2'45). Subs: Ciara Moloney (for Julianne O'Keeffe, 36), Elaine Ryall (for Patrice Diggin (78)

## CORN UÍ MHUIRÍ

### St. Brendans Killarney 0-13

#### Patrician Mallow 0-8

As things stood, St. Brendans could have been overhauled on scoring difference by St. Flannans on scoring difference as they faced into a strong Patrician Academy side while missing some big guns in Timmy Moynihan, Maidhcí Lynch, and Neil O'Carroll to injury. Moreover, the Mallow outfit proved to be worth every bit of their reputation with some top drawer football. But these are the circumstances that show you why champions are champions, and the Sem did exactly that. Once again Callum Cronin was the main creator of their scores and Alex Hennigan the chief executioner, proving to be an immense threat inside all through. Mallow were winning ball, despite the best efforts of an impressive Jamie Moynihan and Jack O'Sullivan in midfield, but a completely dominant Sem defence had them on the back foot all day. Dara Stack in particular was superb, completely locking down main fulcrum Colm Geary, with Luke Daly also hugely impressive. Two late Mallow frees saw the Sem lead by 0-6 to 0-4 at half-time and, although the likes of Darragh O'Connell and Ben O'Shea always carried a threat for the Cork school, that authoritative Sem defence were equal to it and were full value for their win.

St Brendan's College: Shay O'Meara (Dr Crokes), Evan O'Neill (Spa), Dara Stack (Kilcummin), Luke Daly (Kilcummin), Luke O'Neill (Spa), Keelan O'Shea 0-1 (Kilcummin), Adam Byrne (Dr Crokes), Jamie Moynihan 0-1 (Glenflesk), Jack O'Sullivan 0-1 (Dr Crokes), Oisín Fleming 0-1 (Legion), Callum Cronin (Glenflesk), Ted O'Gorman (Fossa), Pádraig O'Donoghue 0-1 (Listry), Alex Hennigan 0-8, 5f, 1m (Dr Crokes), Josh Bowler (Legion). Subs: Brian O'Connor (Glenflesk) for Evan O'Neill (20 mins), Robbie Harnett (Dr Crokes) for Pádraig O'Donoghue, 50, Joey McCarthy (Spa) for Josh Bowler (58), Paddy Foley (Dr Crokes) for Adam Byrne 61, Jimmy Kelleher (Kilgarvan) for Ted O'Gorman, 61.

## O'SULLIVAN CUP FINAL PREVIEW

### St. Brendans Killarney v Mercy Mounthawk, Tuesday Dec 5th at 1.00pm, Austin Stack Park

The pair met in a Corn Uí Mhuirí semi-final and the O'Sullivan Cup Final last year, with St. Brendans prevailing in both and eventually capturing both cups.

This year both have again looked like the form teams on view, albeit this time around Mounthawk look like slight favourites.

Both sides came unscathed through the earlier stages before the Corn Uí Mhuirí kicked off. The Sem dismissed St. Michaels Listowel with plenty to spare and then saw off a young but talented Corca Dhuibhne side by 4-14 to 1-15. The scoreline may have been a little flattering but the victory was deserved, with Alex Hennigan notching 1-7 and Callum Cronin 2-2. Mounthawk got a tough enough test from St. Pats Castleisland, only pulling away late on, before beating Coláiste an Sceilge by just a single point, and could be grateful to a lucky enough long ball that dropped into the Coláiste na Sceilge net at a crucial moment. Paddy Lane, not surprisingly after his star turns with Mounthawk last year and the Kerry minors this year, was the main man with a remarkable 0-12 to his name.

Nobody laid a glove on Mercy Mounthawk in the Corn Uí Mhuirí group stage as they topped their group with plenty to spare. The Sem had a tougher road, though. They opened with a confidence-boosting victory over Coláiste Choilm Ballincollig but came out of Rathkeale's 3G artificial pitch with a draw against St. Flannans. That left things dicey and the Sem needing to beat a strong Patrician Academy Mallow to be sure of progression and they did so with a 0-13 to 0-8 victory in Banteer last Wednesday week.

The Sem have a great defence. Shay O'Meara is a superb keeper. Dara Stack was my man of the match against Patrician Mallow and Luke Daly in particular showed some really tigerish defending as well. Kerry U20 Keelan O'Shea is a mainstay of the team, with pacy Luke O'Neill and Adam Byrne well able to drive forward.

In midfield, Jamie Moynihan needs absolutely no introduction and is growing in authority with every game (also well able to pick off his own score from range as well) while I think Jack O'Sullivan is very under-rated. He has played very well this year.

Up front it's no secret that the Sem are fairly reliant on Callum Cronin as the creator and Alex Hennigan as the executioner. That's a little too simple, Josh Bowler's speed will become more prominent as he gets game-time under his belt (he was committed to a soccer contract until recently) and both Oisín Fleming and Pádraig O'Donoghue are well capable of kicking good scores.

Nonetheless, the fact is that Mounthawk will quite wisely be targeting Hennigan inside. It would not surprise me if Mounthawk manager Aidan O'Shea drops Jack Murphy back and brings Oisín McGibney out to pick up Callum Cronin. That's a big sacrifice as the younger of the Murphy brothers has been a driving force for them, but possibly a necessary one. Mounthawk have a great goalkeeper in Michael Tansley, the senior keeper for St. Brendans' divisional team, but I haven't seen that full back line under real pressure yet. Mind you, that's because Mounthawk are so dominant in most of their games.

Daniel Kirby and Cian O'Gara are a formidable midfield pairing – Kirby especially will have to be watched as he likes to break forward and score.

Attack is where Mounthawk are dangerous.



And oh, yeah. This is a very, very dangerous

the forty. Iomas Kennedy is a big man inside – personally, I'd move Seán Corkery in from the right wing and switch Kennedy out to the forty, he has more to his arsenal than a role as a target man demonstrates. Paddy Lane is absolutely lethal if he gets a fraction of time on the ball to set himself up and he is merely deadly when under pressure. You can't get too close to him; he's too quick on the turn and has an unerring instinct for goal. When you add in the likes of Niall Collins (a brilliant kick-passer), James Fisher, and an under-rated Noah Townsend, Mounthawk are holding a lot of aces.

Injuries, unfortunately, will be a key feature. That's just a hard truth of football in December, especially after so long a playing season. As it stands, the Sem are missing their captain Timmy Moynihan, Maidhcí Lynch, and Neil O'Carroll, while Mounthawk are almost certainly going to be without Ben Murphy (the Stacks man is probably the best player of his age group, and I'd argue that holds true even in a national sense).

The momentum probably favours Mounthawk slightly for this one, and they would absolutely relish winning their first ever O'Sullivan Cup, not to mention a little payback for last year's defeat. But as always, the O'Sullivan Cup, like a lot of colleges' football, defies predictions. I'm looking forward to a great game.

## SOCCKER

### Kerry FC

Unfortunately, I'm not a fan of the recent news out of Kerry FC. I always get jittery when a club doesn't have a manager in place. This is actually the busiest time for managers. Anyone who follows any professional league in any sport will tell you that this is when you target your recruitment. You check who is in or out of contract. You look at what's coming through your system and see what's coming through others. You make your phone calls.

Look, Conor McCarthy is a great coach and he'll make a fantastic Head Coach. James Sugrue is as experienced as any KDL player and was on the sideline and Derek O'Shea was one of the

best referees around before joining Kerry FC on to doubt about their skills –



Conor McCarthy and James Sugrue, Kerry Soccer.

but a team manager at simply a different thing. You need one person making those decisions on a day to day basis. You need a fulcrum. You need a captain on deck for any ship to sail smoothly. I'm going to worry until Kerry FC appoint an actual manager, and the sooner that happens, the better.

Brian Ainscough's switch to Dundalk FC appeared from the outside to have been a surprise decision to most of the people involved. Losing your main investor never looks good, but I'm actually less concerned at that. My understanding is that Ainscough was essentially the head of a consortium whose finances are largely remaining with Kerry FC. He got the chance to invest in a League of Ireland Premiership club with a strong established record instead of a fledgling club. I can't blame him in those circumstances. Certainly LOI clubs look like a reasonably decent investment at the moment as attendances continue to show an upward curve, but how sustainable any of that is remains to be seen, especially with the limitations on facilities. European competitions

around €200,000 to an LOI club. Winning the League is around half that, while Jonathan Hill is paid about 20% more.

Regardless of how sound the investment model is, I wish Brian Ainscough nothing but luck. This is the guy who more than anyone else made League of Ireland soccer happen in Kerry. It would not have happened without him, and I hope it continues and prospers in his absence.

### Aladesanusi re-signs for 2024 campaign

Kerry FC can confirm that centre-back Samuel Aladesanusi has re-signed for the club in a deal that will keep him in Mounthawk Park until the end of the 2024 season.

19-year-old Aladesanusi was another prospect of the Kerry Football Club Academy who played for the side at Under 17 and 19 levels before graduating to the senior squad for the inaugural SSE Airtricity Men's First Division campaign.

Aladesanusi became a regular feature in Billy Dennehy's matchday squads, making 29 starts and one appearance off the bench, totalling over 2500 minutes in the process. He also headed home a corner against Finn Harps in Mounthawk Park during the season.

Speaking following his signing, Samuel Aladesanusi said "I'm delighted to have re-signed for Kerry FC and I'm very much looking forward to the upcoming season. I'm happy to be under the guidance and support of all the team here in Kerry Football Club and I'm excited to see what the future brings for me here"

Also speaking after the signing, First Team Head Coach Conor McCarthy said "We are all delighted to have Sam signed up and ready for 2024. He has an excellent debut season in 2023 and the experience of playing regular first-team football will stand to him going forward. Sam is a young player with huge potential and is a key player for us here at Kerry FC. He is most definitely a fan favourite and I'm sure, just like ourselves, we are looking forward to seeing Sam back out in a Kerry FC shirt in the new season."



Samuel Aladesanusi in action with Kerry FC



## KILLARNEY LEGION

### O'DONOGHUE CUP

The stage is now set for our O'Donoghue Cup quarter final against Fossa this Sunday. Throw-in is 2pm in Direen with the winners advancing to the semi finals which are played the following weekend. Kilcummin who defeated Rathmore this weekend now face Furies which is due to be played on Sunday. Spa, victorious over Gneeveguilla last Saturday, play Kenmare in the third quarter final with Dr Crokes already qualified for the last four.

### CLUB MASS

A fine crowd gathered in the Clubhouse on Friday night last as we celebrated our Annual Club Mass. On the night we remembered the following who had passed on to their eternal rest. Robbie O'Brien, Brendan O'Brien, John McGillycuddy, Tommy Cronin, Breda Walshe, Jamie Patrick Moynihan Lyne, Kathleen McAuliffe, Billy Kenny, Margaret Crowley, Claire Courtney, Jim O'Brien, Catherine McAuliffe, Margaret Lynch, Tony Lawlor, Jerome Lyne, Mairead Healy and Danny O'Leary. We must pass on our gratitude to all those who organised the Mass and provided refreshments after. Orla Culloty, Sharon O'Grady, Claire Duke, Linda O'Donoghue, David Randles, Ted Healy and Donal O'Donoghue made sure everything ran off to a tee. We cannot let the occasion pass without thanking our celebrant Fr Mark Moriarty, one of our own, who revealed his own pride at being able to perform his duties on his own home turf. Friday was a day of double celebration as dad Brian received a Honours degree in Counselling and Psychotherapy from Middlesex University. Another string to his bow!!

### CLUB SHOP

Our club shop will be open every Tuesday, 6-7, Thursday, 6-7, and Sundays 6-7 up until Christmas. The shop has plenty of stock but don't miss out to avoid disappointment. There will be running a Christmas Club weekly payments up until the 21st of December. For further details you can contact Sharon 0851605078 or Caroline 083 8915953 who are available at all times to open the shop on request.

### MOTHERS AND OTHERS

Our ever active Mothers & Others gang made a great start to their Social Walking Group last Tuesday. The initial walk was from the GlenEagle Hotel to the Killarney Cathedral and back, a trek of approx 5km and upwards of 15 joined in. The route will change weekly and the long term hope is that in the New Year to bring this on to a starter running group for those who wish to. This is open to Killarney Legion GAA Club associates that are not with Killarney Mothers and Others Legion and would like to join us. Only two little rules. 1. Overs 18s only and 2. No pets. Keep an eye on social media each week for the meeting points and routes.

### LOTTO

Results Monday November 20th. Numbers were 15, 20, 24, 27 Bonus No 17. No Jackpot Winner. Match 3s / Lucky Dips: 1. Paudie Conroy, The Laune 2. Jack Griffin, 60 Countess Grove 3. Kay Murphy, Muckross 4. Gene Ferris, Online 5. Annette McNiece, Online



Gneeveguilla V Spa in the quarter final of the O'Donoghue Cup.

## EAST KERRY GAA NEWS

by Michael Healy

### EAST KERRY O'DONOGHUE CUP

Sponsored by Aquilla Club Gleneagle Hotel Group and Dr O'Donoghue Family

Spa 1 - 19 Gneeveguilla 3 - 10

Kilcummin 2 - 09 Rathmore 0 - 11

Q/Final Kilcummin v Furies, Saturday 2nd Dec 2pm

Q/Final Kenmare v Spa, Sunday 3rd Dec 2pm

Q/Final Legion v Fossa, Sunday 3rd Dec 2pm

### CONDOLENCES

Sympathies from all in the East Kerry Board to the families of Michael O'Sullivan, Gortshanafa, Currow, Patsy Wrenn, Cordal & John O'Connor Currow on their recent deaths.

### O'DONOGHUE CUP FIRST ROUND

#### Kilcummin 2-09 Rathmore 0-11

Played in Kilcummin on Sunday this game was an entertaining and close contest right up to the final whistle. With Rathmore desperately trying to breach the excellent home rearguard and rescue their O'Donoghue Cup ambitions. It wasn't to be and it was Kilcummin who advanced to the quarter final against Furies next Saturday.

Kilcummin got off to a flying start after 3 mins when Cian Foley goaled after good work by Donal Maher. Shane Ryan kicked three points for Rathmore to bring the sides level after 10 minutes of play. Kilcummin responded with Gary O'Leary and Philip O'Leary adding four unanswered points. Once again Rathmore looked to Shane Ryan and with his two further points from play Rathmore went in at half time trailing by two points having played against the cold wind in a very evenly matched encounter. Half Time Kilcummin 1-4 Rathmore 0-5.

The second half started in a determined fashion with Shane Ryan and Gary O'Leary swapping frees but by the twelfth minute Rathmore had drawn level courtesy of Dan Murphy and Mark Reen. The game seemed to be drifting away from Kilcummin but with Paul O'Shea and Gary O'Leary driving them on they scored the next three points thanks to excellent efforts from Mark O'Shea. Cian Foley and a long range free from Brendan Kealy. Rathmore rallied again and Brian Friel and Shane Ryan reduced the arrears

to a single point with five minutes left to play. It looked as if this enthralling encounter might need to go to extra time but Kilcummin put their most decisive play together with Cian Foley finishing clinically to the Rathmore net with barely minutes remaining. Try as they might Rathmore found the brilliant Kilcummin defence, marshalled so well by Dara O'Callaghan and Chris O'Leary too solid and the home team ran out deserving winners.

#### Spa 1-19 v Gneeveguilla 3-10

Spa won this quarter final by three points having outscored Gneeveguilla by five points in the second half, after having a two point deficit at half time. The senior team were able to kick nearly twice as many points as their intermediate rivals, but they were made to work hard for their victory after a slow start and conceding three goals in total.

Gneeveguilla were quick out of the blocks and were eight points up after eight minutes. Paudie O'Leary was central to the quick start having gathered the throw in and transferred to Shane O'Sullivan to set up Kieran O'Connor to fist the ball to the net. O'Leary and O'Connor were busy kicking two further points in quick succession. Cian Tobin replied from play for Spa. However Gneeveguilla got their second goal after a poor short kick out when Conor Herlihy finished to the net. Spa then began to dominate possession and outscored Gneeveguilla by five points to the short whistle. Spa had a spread of scorers with two each from Cian Tobin and Cian Murphy. Liam Spillane came through from wing back while Dara Moynihan collect a fine make to register a good score. Paudie O'Leary and Kieran O'Connor were still busy with a point each while Paul O'Leary chipped in with a point for Gneeveguilla on the twenty fifth minute.

By this stage Spa were behind by two clear goals. However they had more possession and better fitness to kick four points in six minutes. Evan Cronin was prominent with two frees with Cian Tobin and Michael McCarthy kicking the final point to leave two points between the teams at half time Spa 0.10 v Gneeveguilla 2.06

Spa started the second half strong and went ahead within three minutes, having kicked three points. James Devane did have to save a Gneeveguilla attempt on goal. By the time Dan O'Donoghue kicked a fourth point with



reply on the eight minute the game looked to be heading in one direction. However Shane O'Sullivan had another idea and went on a run and found Paudie O'Leary who duly found the net to regain the lead. However the comeback was short lived and Cian Tobin had the ball in the Gneeveguilla net after good work from Evan Cronin and Dara Moynihan within one minute. Gneeveguilla got their first point in the second half after fifteen minutes with a free from Jack Cremin. Spa kicked five points from five different scorers Michael McCarthy, Dan O'Donoghue, Cian Murphy, Dara Moynihan and the veteran Michael Stam O'Donoghue. Jack Cremin continued to kick two further frees for Gneeveguilla. Shane O'Sullivan was the main target man for Gneeveguilla and did have a shot on target with six minutes to play. As the game went into injury time Gneeveguilla did mount a bid to snatch a late equalizer when the ball fell to Kieran O'Connor in a good position. It looked like the goal was on, but the ball trickled to the right of the upright and with it went the hopes of the Gneeveguilla faithful who attended in large numbers. Shortly afterwards referee John Purcell called proceedings to a halt. Spa is the team to advance to the quarter final to meet Kenmare away next weekend. Spa put up a big score and had a lot of players on the scoresheet. Gneeveguilla certainly brought the challenge to home side and lost nothing in defeat.

## DR CROKES GAA

**GENTLE MOVEMENT CLASSES** with Kathleen continue every Monday at 11am. All are welcome to join, you do not need to be a member of the club.

**FR. PADDY'S CARD'S** continue every Wednesday at 8pm in the clubhouse. All you need is €5 and a partner. All are Welcome.

**LOTTO** took place November 27th. Numbers drawn were 14, 16, 18, 23 Jackpot of €6,500 was NOT WON. 5 patrons matched 3 numbers and received €80 each. Jackpot for draw on December 4th will be €6,800. Play online by following the link below and follow instructions

attached [https://play.clubforce.com/play\\_new.asp?ll\\_id=734#Anchor](https://play.clubforce.com/play_new.asp?ll_id=734#Anchor)

### DR. CROKES SHOP

You can shop worldwide on our online shop.

### BINGO

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,600 with another €1,650 in prizes to be won in 10 games of bingo. Everyone Welcome.

**CONGRATULATIONS** to Cliona O'Neill, daughter of Matt O'Neill and her new husband who were married recently.

### NOTES

If anyone has anything they want to add to our club notes please email [pro.drcrokes.kerry@gaa.ie](mailto:pro.drcrokes.kerry@gaa.ie).

## MILLTOWN/CASTLEMAINE CLUB

### LOTTO

Sponsored by Almas Takeaway, Milltown

The fortnightly club lotto draw took place on Monday, November 27th at the club grounds. There was no jackpot winner on this occasion. The numbers drawn were 5, 7, 20 and the bonus ball was 19. Lucky Dip winners were as follows: €50 - Ciaran O'Connor, Fries. €50 - Sandra Finnegan, Mallow. €25 - Emmett Spring, Castlemaine. €25 - Clíodhna Quirke, Milltown. €25 - Anthony Kelliher, Castlemaine. €25 - Trish O'Sullivan, Killarney

Our next club lotto draw is scheduled to take place on Monday, December 11th at 19:30pm in the Clubhouse where the jackpot will be €13,000. Get your draw tickets or renew your yearly tickets online on Clubforce or get your tickets for the next draw from all the usual local outlets. Mile búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly Fundraiser, the money raised is vital to the day to day running of our club and your support is sincerely appreciated.

### AIB MUNSTER INTERMEDIATE CLUB FOOTBALL CHAMPIONSHIP: SEMI-FINAL RESULT

**Milltown/Castlemaine 0-10 Cill na Martra 0-13**

Hard luck to our Milltown/Castlemaine Senior Football team and management who fell to a three point defeat in Cork on Sunday afternoon in the AIB Munster Intermediate Club Football Championship Semi-Final against Cill na Martra. Our lads trailed 0-6 to 0-4 at half time and whilst we did put over the first three scores of the second half to take the lead, the hosts kept getting their noses in front at crucial stages. The teams were level at 0-9 to 0-9 approaching the final quarter and it was 0-11 to 0-10 after 55 minutes but two late scores from the Cork side saw them advance to a Munster Final meeting with Mungret of Limerick.

We are so very proud of all our lads achievements over the course of the campaign. It just wasn't to be last weekend. The season is still not over as the Mid Kerry Senior Football Championship Semi-Final will take place this weekend against Keel.

### MID KERRY SENIOR FOOTBALL CHAMPIONSHIP: SEMI-FINAL FIXTURE

Milltown/Castlemaine will meet Keel in the 2023 Mid Kerry Senior Football Championship Semi-Final on Sunday, December 3rd at 12 noon in the Paddy Burke Memorial Park, Milltown. All support is welcome.

### U10 GIRLS

Milltown/Castlemaine's Under 10 Girls end-of-season medal ceremony took place recently with Kerry Senior Ladies and MKL Gaels Player Caoimhe Evans on hand as Guest of Honour to present the medals and greet the players at the fantastic club facilities in the social area at the Paddy Burke Memorial Park, Milltown. Well done to all involved with the girls throughout the season - the fantastic team of coaches and supportive parents...it was a super year of fun football. We are already looking forward to 2024

### CONDOLENCES

All involved in Milltown/Castlemaine GAA would like to pass on our sincere condolences to the family of the late Jimmy Herlihy of Monastery Gardens, Milltown and formerly of Kiltallagh, Castlemaine.

Jimmy was a very well known and highly regarded gentleman in the community. Formerly a Milltown/Castlemaine Club Secretary, Jimmy was also involved with the Senior team as



### Lissivigeen N.S. Football League

The boys from fifth and sixth class travelled to Spa to play the final of our school League. For the past four weeks the boys have played group games after school, all in the hope of claiming the Tadhg O'Sullivan memorial Shield. Some great football was played on the day and we were treated to two fantastic games.

The former Kerry footballer Kieran O'Leary paid the boys a visit and was very generous with his time. He spoke to them about his time playing with Kerry, lifting the Sam Mguire and answered all their questions. Huge thank you to Kieran, the O'Sullivan family and Spa GAA club for the use of their facilities.





Manager and Selector around the late 1950s and early 1960s.

Our thoughts and prayers are with Jimmy's family and friends at this most difficult time.

Ar Dheis Dé go raibh a anam.

#### CONGRATULATIONS

Milltown/Castlemaine GAA Club extends a very warm congratulations to Jerome Flynn and his wife Melissa on the arrival of their beautiful baby twins Diarmaid and Ava Flynn on Tuesday, November 28th. We are delighted to hear the news and wish you every happiness, laughter and love in the days, weeks, months and years ahead!

#### SCÒR NA BPÁISTÍ

A reminder that training for Scòr na bPáistí tráth na gCeist (Quiz) takes place every Friday from 4.30pm to 5.30 pm in the Clubhouse. This is open to club members in 5th and 6th class of primary school. Contact Catherine Dennehy (085 158 4456) via WhatsApp for further info.

#### MILLTOWN TIDY TOWNS: VOLUNTEERS NEEDED

Join Milltown Tidy Towns - We need your help. Meeting every Thursday at 6.30pm at The Old Milltown Community Hall. This is an opportunity for local businesses, families and anyone with an interest in creating "a sense of place" in Milltown. All welcome, no experience required. Please call

Therese on 089-4767279 for further information or log onto Milltown Tidy Towns Facebook page.

#### MILLTOWN CASTLEMAINE GAA CLOTHES RECYCLING COLLECTION

Our clothing recycling collection is now happening so we urge you to clean out your wardrobes of all unwanted clothes, sheets, blankets, towels, curtains, shoes etc and drop them to the Paddy Burke Memorial Park in Milltown. This is a wonderful way of doing your bit for the environment and raising much needed funds for our club at the same time.

#### CLUB MERCHANDISE

Milltown/Castlemaine GAA club gear and merchandise is now available to buy online from both the Club Shop.

The Club Shop contains details of the large amount of branded Milltown-Castlemaine & Kerry stock we have available within the club, for immediate delivery, please use the link to check stock levels and sizes.

<https://milltowncastlestore.sumupstore.com/>

#### ITEMS FOR THE CLUB NOTES

If you have any items for inclusion in the weekly notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on Sundays.

#### TEAM UPDATES

Our underage club teams are finished for the 2023 season.

For anyone New to the Area, who would like to get involved with the club, please contact Ian Twiss on 087 252 1053.

#### TEAM ENQUIRIES

If you want to join your local club, one of the fastest growing clubs in the county, please contact one of our members below:

For GAA-4-All 4 players; contact Gillian Twiss on 0877678108

For MC Mini players (U6); contact Colin McKenna on 087 068 7653.

For U7 to U11 players; contact Liam Doherty on 086 041 3593

For U-13 & Older players; contact Ian Twiss on 087 252 1053

For anyone New to the Area, who would like to get involved with the club, please contact Ian Twiss on 087 252 1053

**General Enquiries:** For any other queries, please send an email to our Secretary or Chairperson at the following addresses:

[secretary.milltowncastlemaine.kerry@gaa.ie](mailto:secretary.milltowncastlemaine.kerry@gaa.ie)

or

[chairperson.milltowncastlemaine.kerry@gaa.ie](mailto:chairperson.milltowncastlemaine.kerry@gaa.ie)

For emergencies, please call 087 409 3530 (Club Mobile Phone).

## TLI Group Announces Sponsorship of MTU Kerry Campus GAA Club

TLI Group is thrilled to announce its sponsorship of the Munster Technological University (MTU) Kerry Campus GAA Club. The MTU were delighted to unveil their new jersey's recently at their state-of-the-art sports academy building at the Tralee campus. Members of TLI Group senior management were on site to present the new jerseys to Micheál Quirke – GAA Officer MTU, Jennifer Healy – Sports Officer MTU and Jimmy Deenihan – Chairperson of MTU Governing Body. This sponsorship partnership is a testament to TLI Group's commitment to supporting the local community and fostering a culture of teamwork, which is at the heart of the company's core values.

"MTU Kerry Campus GAA is delighted to welcome TLI Group as title sponsor to our club." Said Micheál Quirke, GAA Development Officer at MTU Kerry Campus. "We hope this is the start of a productive relationship that will enable us to raise standards across the club, and ensure students get to enjoy the very best experience during their time in third level GAA, while engaging in their academic pursuits in MTU." Added Micheál.

TLI Group are looking forward to supporting MTU Kerry Campus GAA Club and wish them the very best for the season ahead.



TLI Group's senior management team: John Tuite Managing Director, Thomas Fitzmaurice Director, Noel Healy Business Development Director, Joe Rogers Finance Director and Donagh Shanahan Operations Director presenting the new MTU jerseys to Michael Quirke, Jennifer Healy and Jimmy Deenihan. Also photographed donning the new jerseys are Danielle O'Leary and Niamh Broderick, Kerry Senior Ladies Football, Evan Boyle, Kerry Minor Football, and Armin Heinrich, Kerry under 20 Football.



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## Danny Healy Rae TD - Monthly Clinics

### 1st Monday

8.15 PM  
8.30 PM  
9.00 PM  
9.30 PM

### Rathmore & Gneeveguilla

Top of the Hill, Rathmore  
Bridge Bar, Rathmore  
Dennehy's Bar, Rathmore  
Richie McAuliffe's, Gneeveguilla

### 1st Wednesday

8.00 PM  
8.30 PM  
9.00 PM  
9.30 PM

### Killarney Area

Torc Hotel, Lissivigeen  
The Village Inn, Kilcummin  
Old Killarney Inn, Aghadoe  
The Golden Nugget, Fossa

### 1st Thursday

8.30 PM  
9.00 PM  
9.30 PM  
10.00 PM

### Glenflesk & Barraduff

The Kerry Way, Glenflesk  
Spillane's Headford  
Murphy's Bar, Barraduff  
Sweeney's Bar, Barraduff

### 1st Friday

9.30 PM  
10.00 PM  
10.30 PM

### Tuosist & Lauragh

Sailors Bar, Killaha West  
Helen's Bar Kilmacalogue  
The Lake House Tuosist

### 3rd Monday

8.30 PM  
9.00 PM  
9.30 PM  
9.45 PM

### Knocknagoshel & Brosna

O'Connor's Bar, Knocknagoshel  
Walsh's Bar, Knocknagoshel  
Kate Pat's Bar, Brosna  
Sportsfield Bar, Brosna

### 3rd Friday

7.30 PM  
8.00 PM  
8.15 PM  
9.00 PM  
9.30 PM

### Castleisland Area

River Island Hotel, Castleisland  
The Kingdom Bar, Castleisland  
The Crown Hotel, Castleisland  
Hughes Bar, Cordal  
Lyon's Bar, Scartaglen

### 4th Thursday

7.00 PM  
7.30 PM  
8.15 PM  
8.45 PM  
9.15 PM  
9.45 PM

### Killorglin Area

Golden Nugget, Fossa  
Galvin's Bar, Beaufort  
O'Grady's Bar, Killorglin  
Larkin's Bar, Milltown  
Griffins Bar, Castlemaine  
Anvil Bar, Boolteens

### 4th Friday

8.30 PM  
9.30 PM  
10.00 PM  
10.45 PM

### Kenmare & Sneem Area

The Roughty bar, Kenmare  
Riney's Bar, Sneem  
Blackwater Tavern  
O'Connor's Bar Kenmare

### Last Monday

8.00 PM  
8.30 PM  
9.00 PM  
10.00 PM

### Farranfore Area

Ulick's Bar, Farranfore  
James Daly's Bar, Farranfore  
Cunniffe's Bar, Currow  
John Hendersons, Furies

PLEASE CONTACT

Danny 087 2316055 Office 064 6685315

Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com



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## BEAUFORT BRIDGE TO BEAUFORT VILLAGE

At this month's meeting of Kerry County Council, Fianna Fáil Councillor Michael Cahill called for funding to be provided to surface dress the busy road from Beaufort Bridge to Beaufort Village.

"This is a very busy road on the outskirts of Killarney. Beaufort is a very popular tourist area and this particular road carries traffic for the Gap of Dunloe, Kate Kearneys and the McGillicuddy Reeks and locally it carries traffic to the village, GAA grounds and the Community Centre" stated Councillor Cahill.

Kerry County Council confirmed that the road from Beaufort Bridge to Beaufort Village will be Surface Dressed in 2024, in a reply to the Rossbeigh based Councillor.

"This very busy Mid-Kerry road is showing signs of wear and tear and urgently requires upgrading. I am delighted to learn that it will be included in the Kerry County Council Road Works Programme for 2024" said Councillor Cahill.



## MONSIGNOR HUGH O'FLAHERTY

Kerry County Council have been asked by Fianna Fáil Councillor, Michael Cahill, to include a fitting memorial to the internationally renowned World War 2 hero, Monsignor Hugh O'Flaherty, in the Public Realm plans for Cahersiveen town, under the Town Regeneration Plan. Monsignor O'Flaherty, a former resident of Cahersiveen who was responsible for saving the lives

of 6,500 Allied soldiers and Jews in Rome, during the conflict, is buried in the grounds of the Daniel O'Connell Memorial Church in Cahersiveen town centre.

"Mons O'Flaherty became known as the Scarlet Pimpernel of the Vatican during his heroic exploits and he still has strong family connections with Cahersiveen. His niece Pearl Dineen was interviewed on Nationwide on RTE the other night, in a programme dedicated to him. The remains of Monsignor O'Flaherty rest in peace in the grounds of the Daniel O'Connell Memorial Church since his death in Cahersiveen on the 30/11/1963, 60 years ago" stated Councillor Cahill.

"I have studied the Monsignor, watched programmes and read books about his truly fascinating life. For decades there was very little known about him here at home in Ireland, whereas internationally he was a hero, he was a hero in Rome, he was a hero in Europe and he was a hero throughout the world. He put his life continuously at risk while trying to save the lives of others, namely Italian Jews and Allied Troops and airmen in Rome, while at the same time trying to avoid the Nazis and the Gestapo" said the Rossbeigh based Councillor.

"In 1960, Monsignor O'Flaherty suffered a serious stroke during Mass and was forced to return to Ireland. Shortly before his first stroke in 1960, he was about to be confirmed as the papal nuncio to Tanzania. He moved to Cahersiveen to live with his sister, at whose home he died on the 30th of October 1963, aged 65. In early '63 while very unwell he travelled to London as a special guest on the TV Programme, This is Your Life, when 8 million viewers tuned into the BBC to see this great man" said the Fianna Fáil Councillor.

"I believe the timing is now right, on the 60th anniversary of his death, for a fitting, permanent memorial to be placed in the heart of Cahersiveen town, to honour this great man. I have asked Kerry County Council to include such a fitting project in the Public Realm plans, under the €19.5 million Town Regeneration Scheme in Cahersiveen" added Councillor Cahill.

## Road Improvement Works at Dun Buí, Cullenagh, Beaufort

Road improvement works are currently being carried out at Dun Buí Housing Estate at Cullenagh, Beaufort by Kerry County Council. Fianna Fáil Councillor, Michael Cahill has thanked all involved for their patience and perseverance in getting this project over the line at long last.

"A big thank you to Kerry County Council, its Senior Roads Engineer, Pádraig Teahan, and Area Engineer, John Sugrue who put in a lot of hard hours to bring this to fruition. I must also thank the residents of Dun Buí for their

patience over recent years, while arrangements were being put in place, such as the 'Taking in Charge' of the Estate in May 2020" stated Councillor Cahill.

"On a personal level, I am delighted that the road in Dun Buí is being brought up to the highest standard. This is a beautiful estate in Beaufort and the residents had to put up with massive craters full of water for years and years and thankfully this has now come to an end. I am pleased that we have been able to assist the residents in this matter" said the Rossbeigh

based Councillor.

"The project is being carried out by Kerry County Council under the Community Involvement Scheme and the total cost of the works involved is almost €110,000 with an €11,000 contribution from the residents. The Scheme includes major drainage works and surface dressing. Because of the complexity of the case, it has taken a while to get to this point, but I am sure everybody will now be happy with the outcome" added Councillor Cahill.

## PARKING CHARGE CONCESSIONS for Christmas period

Kerry County Council has announced details of concessions in parking charges over the Christmas period. Each year, the Council provides limited free parking in Tralee, Killarney and Listowel in an effort to encourage people to shop locally and support local businesses in the run up to Christmas.

The parking charge concessions apply in Tralee, Listowel, and Killarney from 4th to 31st December inclusive with varying arrangements in each of the towns. In Listowel, there will be free on-street parking subject to a two-hour limit all day every day with free unlimited parking continuing

in all off-street car parks throughout the period.

In Tralee, there will be free parking in all Council-owned car parks subject to a two-hour limit between 9.30am and 2.00pm each day.

In Killarney, free parking, subject to a two-hour limit, will be available between 9.30am and 2pm in the Glebe Car Park, Fair Hill Car Park, and the Upper and Lower New Street Car Parks. A parking charge of just €2 per day will apply in the Rock Road Car Park, High Street Car Park and Lewis Road Car Park.



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## WINTER AND SPRING BEDDING PLANTS

Between now and the summertime there is still plenty of time to put a big of colour in the garden with some winter/spring flowering bedding plants. It is probably best this Spring to use them in containers and baskets as the ground is saturated from the amount of rainfall we have experienced.

The first thing you have to do is choose the type of container you want. There are lots to choose from i.e. Terracotta, glazed, plastic and wooden. Now that you have chosen a pot, the first and most important thing to do is sort out the drainage. All terracotta and glazed pots should already have drainage holes in them. Plastic ones probably won't so you will have to punch some holes in them. Next you need to put some gravel or aero board broken up over the holds of the pot and then cover with some landscape fabric like Mypex. Now it is time to add some compost and ideally some slow release fertilizer mixed with it. Then choose some plants. Firstly choose a center piece and always make sure that center piece is evergreen and suitable for the size of the container. This way you will only have to change the bedding plants from season to season. Here is a list of good winter/spring bedding plants for containers: Primroses, Polyanthus, winter pansies, cyclamen, ornamental cabbages and trailing ivy.



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## ANY NEWS?

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## A Word of Victory

Welcome back dear student, "therefore, I will always remind you about these things—even though you already know them and are standing firm in the Truth you have been taught. And it is only right that I should keep on reminding you as long as I live" (2 Peter 1:12-13). Peter is encouraging us to live right and develop godly character by staying solid in the Truth of God's Word, reminding us to remember God's great and precious promises woven into the beautiful gift of Salvation through His Son Jesus. "For all of God's promises have been fulfilled in Christ with a resounding 'Yes!' And through Christ, our 'amen' (which means yes) ascends to God for His Glory" (2 Corinthians 1:20)

As mentioned last week we are all on life's battlefield whether folks believe it or not (1st Peter 5:8). Warfare is never easy. Many don't like to think about our enemy the devil. It's much easier to imagine that he doesn't exist, than to confront the truth being played out all around us as we witness his works of darkness (Ephesians 6:10-18). Lack of knowledge of the Word of God brings defeat. When one comes into relationship with God through Jesus, His Presence - the Holy Spirit changes us. God replaces our old hearts of stone with His tender heart, and His Word opens our spiritual eyes to discern between darkness and light, allowing us to mature and lay hold of His promises and experience the victory that Jesus paid for (Psalm 119:130; Ezekiel 36:25-27; Hebrews 8:10).

God instructs us to train up our children to walk on the right path, so when they are older they will not leave it (Proverbs 22:6). When teaching children a new skill we demonstrate that lesson by modelling it for them, remind them to remember, and consistently re-enforce it until they learn to do it right. This pertains to everything in life. Not everyone had good role models, but even if your start was rocky - the finish doesn't have to be bad. God's Love is Powerful and He longs to heal broken lives and hearts, giving everyone the opportunity of a fresh start with a bright future - no matter how painful their past. "Though your beginning was insignificant, yet your end will increase greatly" (Job 8:7; Jeremiah 29:11).

The effect of sin and evil corrupts, disturbs and destroys a life; but the effect of God's Faithful Love purifies, restores, strengthens and stabilises - a resurrected life. Paul reminded the Corinthians that they were not to entertain evil, because anyone who accepts Jesus as Lord becomes 'a temple of the Holy Spirit' that God indwells (1 Corinthians 6:19; 1 Corinthians 3:16). We are to 'build ourselves up in our most holy faith', by meditating upon God's goodness and His promises, and feeding on His unfailing Love through the Power of His Spirit in the Word (Jude 1:20). This produces a changed character and ensures a victorious, overcoming life (Ephesians 5:7-11). People search for help and answers, roving from place to place to find peace. Friend don't wonder 'who am I?' - rather learn 'Whose am I?' (Joshua 1:8-10). God assured Joshua He would be with him in every battle. Joshua had to learn to trust and obey and faithfully abide in God's Word to gain the victory. He kept himself filled up with God's promises, courageously confronting and overcoming his enemies, and God brought him through to a successful outcome. It's there for you too! Our Day of Prayer for Children is tomorrow Saturday, so Sunday service on Zoom for this week only.

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797

**COMMUNAL FIRST SATURDAY:** For those who would like to fulfil the second of Our lady's requests in Fatima for obtaining a period of peace and salvation of souls. The Communal First Saturday devotions will be held on the 2nd December commencing at 8.45 am in the Church of the Resurrection Killarney. All Welcome.

**DOCHAS DRAMA GROUP** will present six Short Plays in the Muckross School House on Tues 5th Dec, Weds 6th Dec and Thurs 7th Dec at 8pm. Refreshments served. Tickets are 15 euro. Bookings on Eventbrite.ie.

**CAROLS FROM THE CATHEDRAL** returns Sunday 3rd Dec 7.30pm. Brought to you by Kerry Concert Choir and Kerry's only professional orchestra Kerry Scotia Ensemble, in aid of MS Ireland, Kerry Branch and directed by Sharon Lyons. Tickets are selling fast and can be booked on Eventbrite. Remaining tickets will be available on the door on the night.

**PARISH OFFICE:** Christmas Bouquets & Greeting Cards for sale.

**SECONDARY SCHOOLS VOLUNTEERS;** are requested to volunteer to read the Prayers of the Faithful at Weekend Masses in all Churches. Please contact Sheila at the Parish office 064 6631014 to submit details if interested.

**BINGO:** at St. Mary's Parish Hall, will be held on Thursdays@ 8.30pm

## JESUS

May your Sacred Heart Lord Jesus, be praised, glorified and honoured throughout the whole world now and forever. Repeat this 3 times.

## NOVENA TO ST. CLAIRE

Ask St. Claire for three favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful novena.

May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever. Amen  
Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised.

N.T.

## NOVENA TO ST. CLAIRE

Ask St. Claire for three favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful novena.

May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever. Amen  
Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised.

A.C



## IN MEMORIAM

### TO PLACE A MEMORIAL ON THE KILLARNEY OUTLOOK

Please email details to:  
[graphicdesign@outlookmags.com](mailto:graphicdesign@outlookmags.com)  
and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Ria on:  
**087 7160372**

Please include a contact name, address and telephone number.

**Full Column: €20**

**2/3 Column: €15**

**1/3 Column: €10**

**Prayers: €10 each**

payment can be made via credit card by calling **1800 71 40 40**

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## CHRISTIAN MEETINGS

WORSHIP, BIBLE  
STUDY, PRAYER.

In Fossa Community Hall  
Fossa, Killarney. V93 FC9F

**SUNDAYS**  
11.30am to 12.45 pm.

[www.killarneychristiangroup.ie](http://www.killarneychristiangroup.ie)  
Contact Diarmuid on: 087- 6741190

Everyone  
Welcome



## 17TH ANNIVERSARY

IN LOVING MEMORY OF  
MY BROTHER

**JAMES WRENN**



LATE OF 'WOODLAWN HOUSE'  
WOODLAWN ROAD, KILLARNEY  
WHO DIED ON THE  
4TH DECEMBER 2006.

*The gates of memories will never close  
We miss you more than anyone knows  
Gone is the face we loved so dear  
Silent the voice we loved to hear.*

Also remembering my parents and my  
brothers Denis, Patrick and Michael  
and my sister Eileen.

Loved and missed everyday by your sister  
Julie, brother-in-law Joe and family.

x

## 7TH ANNIVERSARY

IN LOVING MEMORY OF

**SHEILA ALLEN**



AGLISH, BALLYHAR, KILLARNEY

WHO DIED ON THE  
4TH DECEMBER 2016

*Always in our thoughts  
Forever in our hearts*

**Always remembered and loved by  
Michael and Family**

*Anniversary Mass on Sunday 10th December  
in Ballyhar Church at 10am*

## 9TH ANNIVERSARY

IN LOVING MEMORY OF

**JACKIE  
HEALY-RAE**



LATE OF KILGARVAN  
WHO DIED ON THE  
5TH DECEMBER, 2014

*Our hearts are so full of memories,  
With pride we speak your name,  
Though life goes on without you,  
It will never be the same.*

**Sadly missed by Danny, Eileen, Johnny,  
Patie, Dan, Maura, Elaine, Theresa,  
Caroline, Linda and Emma.**

Anniversary Mass for Jackie will take place  
in Kilgarvan on the 2nd December at 6pm

## NOVENA TO ST. JUDE

May the Sacred Heart of Jesus  
be adored, glorified, loved and  
preserved throughout the world now  
and forever.

Oh Sacred Heart of Jesus, pray for us.  
St. Jude worker of miracles, pray for  
us.

Helper of the hopeless, pray for us.

Say this prayer nine times a day, by  
the eighth day the prayer will be  
answered.

It has never been known to fail.

**A.W.**

## THANKSGIVING

For favours received from  
Sacred Heart of Jesus, Our Lady  
of Lourdes, St. Bernadette, St.  
Martin De Porres, St. Roch,  
St. Padre Pio, St. Michael the  
Archangel, St. Perigrine for  
many favours received and that  
includes health.

## PRAYER TO ST. PADRE PIO

### PRAYER

O God, You gave Saint Pio of Pietrelcina,  
capuchin priest, the great privilege of  
participating in a unique way in the  
passion of Your Son, grant me through  
his intercession the grace of ..... which  
I ardently desire; and above all grant me  
the grace of living in conformity with the  
death of Jesus, to arrive at the glory of the  
resurrection. Glory be to the Father ...(  
three times)

## ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF

**ANNETTE  
KELLEHER**



GORTHNAHAUNE,  
BUI EAST, RATHMORE.  
WHO PASSED AWAY  
3RD DECEMBER 2022.

We, the family of the late Annette Kelleher  
remember with love and affection a dearly  
loved wife, mother and grandmother on this  
her first anniversary.

We wish to express our heartfelt thanks and  
appreciation to all who came to her removal,  
funeral mass and burial, for the beautiful  
Mass cards, phone calls and kind words that  
meant so much to us, for that we are forever  
grateful.

To Fr. Pat, for the beautiful Mass to celebrate  
her life.

To our extended family for your continued  
love and support. To all our neighbours, for  
your kind support, particularly those who  
provided traffic management, lighting and  
those who formed a guard of honor.

To all the staff in Kerry Hospice who  
provided Annette with exceptional care in  
her last few days.

To O'Keeffe's Funeral Directors, thank you for  
your professionalism and guidance that you  
gave us at such a difficult time.

To Annette's family, friends, neighbours  
and colleagues, thank you for the love  
and laughter you shared with Annette  
throughout the years.

As it would be impossible to thank  
everyone individually, please take  
this acknowledgement as our sincere  
appreciation for your kindness and  
thoughtfulness.

*Forever loved and missed.*

### ANNIVERSARY MASS

Annette's First Anniversary Mass will be held  
in St. Joseph's Church, Rathmore on  
Sunday 3rd December at 11:30am.





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Reviews 39 • Excellent



### Excellent Work Start to Finish

JM Energy Systems provided an excellent service from start to finish. We are very happy to the responsiveness, the speed and quality of installation and the advice on grant applications also. I highly recommend JM Energy Savings. Thanks again to John and the whole team.



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