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FARRANFORE

JLT Tiles
Farranfore Garden Centre
Londis Moriarty's
Liam Lynch Garage

KILLARNEY

Murphy's Garage
Amber Centra
Carry Out Licence
Chinese Restaurant
Topaz Centra
Maher's Butchers
Kennelly's Pharmacy
Sean Taffee
I.C. Photo Ian Cronin
Killarney Garden Centre
Holy Cross Day care Centre
Dept. Tourist
International Hotel

INNISFALLEN MALL

O'Sullivan Bike-Shop
Horan's Fruit & Veg
Pork Shop Jones
Frame Shop
(Upstairs) Glow Beauty
Des Shop
Killarney Credit Union

PARK ROAD

Topaz Petrol Station
Tesco Petrol Shop
Tesco Supermarket
Sheehan's Butcher
Marks & Spencer's
Geraldine's Hair Salon
Horan's Fruit & Veg
Park Road Pharmacy
Hegarty's
Outlet Centre
Malton Hotel
Killarney Toning Studio

COLLEGE STREET

KDYS
GALA Bronny's
Specsavers
Sean Taffee
Dominos Pizza
South West Counselling
Fairview Guesthouse
Killarney Hardware
Fairhill Butchers
Casey Video Shop
Dungeon
Cronin's
Failte Hotel
Kerry Phone Shop
Scotts Hotel
Variety Sound
McSorley's
Ladbroskes
Dan Lenihan Bar

SCOTT'S LANE

The Streat Café
Urban Optics
Torc Travel
Golden Chopsticks
Food Fayre Café
COLLEGE SQUARE / PLUNKETT STREET

Sean Leo's Auctioneers
O'Leary Electrical
White-Heather Florist
Allegro
Music Express
Joevany Leather Goods
Gallivan Auctioneers
Reens (Chemist)
Allure Hairdressers
Killarney Household Gifts
Mike's Fast Food
Tatler Jack

GLEBE LANE

Killarney Barber Shop
Continental Café (Spolgers)
Goggin's Hair Salon
Jam Café
J MAC Office
Kerry Mortgages

MAIN STREET

Town Hall
Killarney Hair Studio
Medical Hall
Euro City
Macs Restaurant
John Reidy
(Bar & sweet shop)
EBS
Coyne & Culloty
Christy's Irish Stores
MD O'Shea's
Killarney Bookshop
Sheehan's Pharmacy
Brian James
O'Grady's Newsagent
Abbey Travel

HIGH STREET

Quill's Fashion
Keane's Jewellers
Sceal Eile
Julies Barber Shop
O'Connor's Bar
Smoke House
Cronin's Butcher
Salvador's Pizza
Corkery's
Paddy Power
02 Phone Shop
Ladbroskes
Speak Easy (bar)
Eagers
JC O'Shea
B.DE Stack Jewellery Shop
Feet First

Killarney Outlook Office
Tru-Care Cleaners
Daybreak Shop (top of High Street)
Gallivan Murphy Hooper Dolan
NEW STREET

Presbytery near Bishop Palace
Hennigan's Auctioneers
Killarney Photographic
Killarney Med Centre
Pharmacy (O'Sullivan)
Kennelly's Pharmacy
Dunnes Stores
Healy's Newsagents
Sarah Jane
Jasmine Boutique
Stack O'Brien Optician
McKenzie's Coffee Shop
Subway Restaurant
Healy (DNG)
Sheila's Hairdressers
Siodori Na Riochta Jewellers
Eddie Rockets
Frank Coffee Shoes
Walsh Shoes
Gloria Jeans Coffee Shop
Phone Shop
Sherry Fitzgerald Coghlan

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Dry Cleaners
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Craft Shop

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Ashe's Butchers
Leaders
Horan's Health Store

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Daly's Super Valu
Off Licence
Daly's Petrol Shop
Supermac's
Killarney Sports Centre
Killarney Tyres
Kerry Tool Hire
Killarney Glass
Maurice Prendiville
RM Audio
Killarney DIY
Keogh Decorator
Factory Carpet
National Tile & Bathroom Centre
Murphy's Print
Buddies
M.D.O'Shea's
Killarney Autos
Park-Lane Dry Cleaners

CORK ROAD

Killarney Heights Hotel
Bowler's Garage
Our-House.ie
MUCKCROSS ROAD
Handy Stores
Tom Spillane
Amber Station Muckcross rd quick pick

Carry Out Licence
Ross Golf Course
Randles Court Hotel
Randles Nissan Garage
Doyle Shop
Brehon Hotel
Gleneagle
Victoria House Hotel
Chinese Restaurant (after Gleneagle)
Spar (Hegarty's)
Oaks Hotel
Molly Darcy's
Muckcross House Restaurant
Lake Hotel

ROAD TO RATHMORE

CRL Oil
Darby O'Gills
Healy's Garage

GLENFLESK

Kerry Way Pub
P.O. Filling Station

BARRADUFF

Laundry Room
Hickey's Butchers
Nagles Right
Buy Shop
Takeaway
Sizzlers
O'Donoghue Shop
Murphy Motor Mitsubishi

RATHMORE

Reen's Garage Peugeot
McCarthy's Londis
O'Keefe's Hardware
Sapphire Signs
Renault Motors
Centra Shop
Credit Union
Haven Beauty Salon
Esso Shop
GNEEVEGUILLA
Post Office McCarthy's
Fr Kevin
Dunnes
O'Keefe's

FOSSA

Tony's Shop
McCarthy's Centra
Killarney Golf Club
Golden Nugget PUB
Hotel Europe

BEAUFORT

Beaufort Bar
In-Between Pub
Carson's Supermarket
Kilgobnet Breen's Shop
O'Sullivan's Shop

MILLTOWN

Londis Top Shop
Milltown Farmer's Market (old church)
Café Beag
O'Shea's Pub
Pharmacy
Burke's Butchers
Pharmacy
Milltown Fruit & Veg shop
Spar
Larkin's
Alma's
Murphy's
Little Pavillion (take away)
O'Neill's Power Equipment
P.O.

ORGANIC STORE

CASTLEMAINE
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Tool Hire
Geaney's Oil
Griffin's Bar

Boyles Hardware
Post Office / Shop

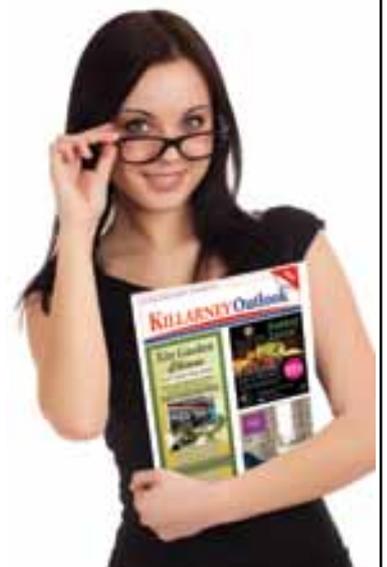
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THE NUT JOB (G) 70min 7 Days 2:30 4:30 Sat/Sun 12:30	STEP UP (PG) 120min 7 Days 6:40 9:00 Late Show Fri 11:30	EARTH TO ECHO (PG) 70min 7 Days 2:30 4:30 Sat/Sun 12:30	3D GUARDIANS OF THE GALAXY (PG) 120min 7 Days 2:00 4:45
3D GUARDIANS OF THE GALAXY (PG) 120min 7 Days 4:25 6:30 Late Show Fri 11:30	2D DAWN OF PLANET OF THE APES (PG) 130min 7 Days 6:30 8:45 Late Show Fri 11:30	PUDSEY (PG) 75min 7 Days 2:15 4:30 Sat/Sun 12:15	
THE PURGE (14) 100min 7 Days 4:40 6:50 Late Show Fri 11:30	MRS BROWN'S BOYS D'MOVIE (PG) 90min 7 Days 4:50 7:00 Late Show Fri 11:30	2D HOW TO TRAIN YOUR DRAGON 2 (G) 77min 7 Days 2:30	
	<p>KIDS CINE CLUB Saturday 2nd & Sunday 3rd August</p> <p>HOW TO TRAIN YOUR DRAGON 2 (G) 77min 12:05</p> <p>MALIFICENT (PG) 100min 12:05</p>		

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:: FULL BAR AND CATERING FACILITIES
:: VISIT FROM THE ROSES ON SATURDAY
Entertainment for the kids - bouncing castles, face painters, magicians & lots more...
LOTS OF COMPETITIONS:
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With some fabulous prizes for the winners...
A fun day for all the family guaranteed!!!

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GRAND OPENING OF EASONS DRAWS IN THE CROWDS

The Grand Opening of Easons Killarney last Saturday will have made every kids shortlist of best moments this summer! Francis Jones of Kerry Radio was broadcasting live from Easons and there was many a happy customer with a host of competitions, superb prizes, and free gifts for all! Best-selling author Anna Mc Partlin was in-store signing her current best-seller "The Last Days Of Rabbit Hayes" and Francis Jones was also joined by writers Sean Lyons and Gabriel Fitzmaurice.

With kids and adults alike treated to everything from free teas and coffees, books, magazines, newspapers, magnets, bags, pencil cases, colouring books, lunch boxes and much much more, not to mention the wonderful facepainting and balloon modelling all morning, everybody will have enjoyed this festive summer morning in the wonderful Easons Killarney. Based in the heart of Killarney town, Easons Killarney is a veritable treasure chest of books, magazines, gifts, stationery and much much more. This newly opened and beautifully designed 4,000 sq ft Eason Franchise is run by Brian O'Shea, son of Mike and Beth

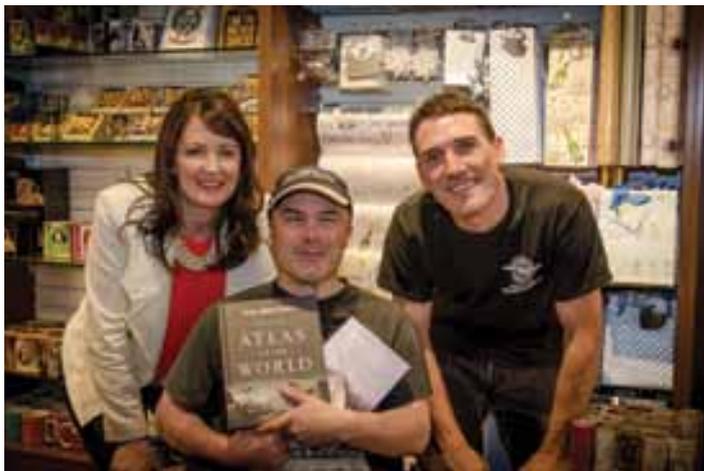
O'Shea of The Killarney Bookshop, and his wife Tanya. After 25 years in business, The Killarney Bookshop has "gotten bigger" and the team in Easons continue to provide customers with excellent customer service based on years of bookselling knowledge.

The ultimate destination for booklovers, Eason Killarney also offers a huge choice in Magazines and Newspapers, Gifts & Cards and Stationery. "Back to School" is the current focus within stationery and Eason Killarney have all your School Stationery needs sorted! With everything from Crayola to schoolbags, pens to hardback copies, display books to lever arch folders, and much more in between, your school stationery shopping can be completed at Easons. With hundreds of upto half price deals now running, Easons back to school slogan this year is "Get it for less" and this is certainly the case in Easons Killarney.

So next time you're in Killarney, make sure you leave yourself enough time to grab a coffee from the in-store Insomnia Coffee Dock and soak up the magic of Easons Killarney. Open 7 days 8.30 until 10pm.



PICTURED AT THE OPENING OF EASONS ON MAIN STREET WERE OWNERS BRIAN & TANYA O'SHEA WITH THEIR SON BRIAN & DAUGHTER EMILY.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE OPENING OF EASONS ON MAIN STREET WERE MARK SCHULTZ (CENTRE) WHO STUDIED LIBRARIAN SCIENCE, OWNER TANYA O'SHEA (LEFT) AND PATRICK CLIFFORD (RIGHT).
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE OPENING OF EASONS ON MAIN STREET WERE BRIAN & TANYA O'SHEA, TRACY COYNE, WINNER OF THE GREAT IRISH BAKE OFF 2014, SEAN COYNE & MIKE O'SHEA.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



If you are planning your wedding and are on a strict budget then look no further than Vincent's which is located in the New Street Car Park (below the tourist office).

The Charity shop which is run by the Society of St. Vincent de Paul has a lovely range of

wedding gowns (only worn once!) and mens suits along with outfits for pageboys and flower girls. For more information contact the shop or just pop down for a look!

TRAD NIGHT AT FAHA COURT

Milltown Listry Comhaltas presents Sean Murphy and friends, a night of song, music and story at Killarney Country Club, on Sunday night next, August 3rd.

All welcome to join in with a song or a tune so bring your instrument and have your lyrics learned! Bí ann from 10 p.m.



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Half prices shown relates to half RRP. Offer for a limited period while stocks last. Exclusions Apply

DV8 TO OPEN IN KILLARNEY

DV8 are this week working on the fit out of a unit in Killarney Outlet Centre which is due to open on Saturday. DV8 will trade in the unit opposite the Nike Factory Store. The fashion retailer who trades from over 35 stores nationwide including some of the country's top shopping centre schemes will offer customers a variety of popular brands including Superdry, Calvin Klein, Adidas, Canterbury, Converse, Lacoste, Vans, Lipsy, Vero Moda and more.

The scheme is currently anchored by one the country's largest Nike Factory Stores and is home to a mix of local and national tenants including Costa Coffee, Holland & Barrett, Claire's Accessories, Paco, Leading Labels, The Works, Pavers Shoes, O' Brien's Sandwich Bar and the Kerry GAA store.

Niamh Sheahan of Dublin based property firm CBRE stated that "this move by DV8 is a positive story regarding the confidence of the scheme and the town itself. The trendy fashion retailer will be an exciting addition to



the scheme. Generally speaking, the improved activity across the retail market is slowly starting to filter down to strong provincial towns. We are excited about the future prospects that the

scheme has to offer and we look forward to confirming further new store openings in the near future.

KILLARNEY TOWN HONOUR DANIEL

Daniel O'Donnell will be inducted into the Order of Inisfallen by the Mayor of Killarney Municipal Authority Cllr John Joe Culloty, at a special ceremony to be held in Muckross House, on the evening of August 15th, 2014. Subsequently, at that evening's concert, before a packed INEC audience the Mayor will present him with a special memento to mark the occasion. In 2005 the Order of Inisfallen was created to enable Killarney to formally recognise the major contribution made towards the town's economic wellbeing by people from outside Killarney and particularly so in the tourism sector. Since 2005, some 18 people have been honoured in this way.

"Over the past number of years, Killarney's magnificent INEC has attracted renowned performers from around the world, but Ireland's Daniel O'Donnell stands head and shoulders above the rest in terms of popularity, audience numbers and business generated", said Johnny McGuire, Killarney Chamber of Tourism & Commerce President Johnny McGuire said,



DANIEL O'DONNELL

"Many months in advance of his INEC concerts, the Killarney accommodation sector experiences substantial advance bookings and around the time of his concerts the wider tourism services sectors of dining, attractions, transport, pubs and retail all experience a marked increase in business", he added.

PICTURE PERFECT...



Calling all budding photographers... Killarney Outlook would like to offer you the opportunity to have your photographs published in our new weekly photography section. If you are a keen snapper then submit your photograph to editorial@outlookmags.com before 5pm on Mondays.

GAP OF DUNLOE BY DARRAGH BEESTON

LEAVING CERT RESULTS WILL BE OUT ON WEDNESDAY, 13TH AUGUST!..... CHECK OUT OUTLOOK



MAGAZINES FOR TOP TIPS

After a long hot summer, the eagerly awaited results of the 2014 Leaving Certificate Examination will be issued to about 59,000 candidates by the State Examinations Commission (SEC) on Wednesday, 13th August. Outlook Magazines is once again teaming up with Career Guidance Counsellor and freelance writer, Billy Ryle to assist candidates, and their parents, to make the most of their examination results. Billy, a Chartered Member of The Institute of Guidance Counsellors, works in career planning and vocational skills development with second level students, third level students and adults. In a series of articles, Billy will outline the steps to be taken and the deadlines to be met in order to move safely on to the next stage of the education journey. Billy will provide useful information, guidance and insights on the entire range of options available to school leavers as well as to those, who are returning to further and higher education. Billy will also have a few words of advice for those who will soon be returning to school to prepare for the 2015 state examinations. The first article in the series will appear in next week's edition. Don't miss it!

NEW STORE OPENS

SATURDAY 2ND AUGUST

DV8[®]

AT THE KILLARNEY OUTLET CENTRE

極度乾燥(しなさい)
Superdry.

CONVERSE

B[®]
new balance

Glamorous

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PARIS

BEST FOOT FORWARD... WALKERS TAKE PART IN ANNUAL CANCER RESEARCH WALK



WALKERS PARTICIPATING IN THE 9TH ANNUAL KERRY WAY CANCER RESEARCH WALK IN AID OF BREAKTHROUGH CANCER RESEARCH ADMINISTERED BY CORK CANCER RESEARCH CENTRE PICTURED AT TORC WATERFALL, KILLARNEY ON SUNDAY AS THEY HEAD OFF ON THEIR FINAL JOURNEY ON THE KERRY WAY. PHOTO: DON MACMONAGLE.

Walkers participating in the 9th annual Kerry Way Cancer Research walk in aid of Break through Cancer Research administered by

Cork Cancer Research Centre headed off for their final journey of the Kerry Way from Torc Waterfall on Sunday morning.



MAURA KENENDY, LISTRY, MARGARET ATKINSON, TRALEE, ANNE BGGANE, KILLARNEY, TIMMY AND CIARA ROCHE, BEAUFORT PICTURED AT TORC WATERFALL, KILLARNEY ON SUNDAY DURING THE 9TH ANNUAL KERRY WAY CANCER RESEARCH WALK. PHOTO: DON MACMONAGLE.

The Kerry Way Cancer Research walk is a guided 70km walk over three days combining impressive mountain views, dramatic peaks and glens, wild moorlands, wooded paths and lakes along the Kerry Way trails.

The fundraising event has gone from strength to strength in the past eight years, contributing over €600,000 to Cork Cancer Research Centre which will help researchers to translate lab discoveries into new cancer treatment opportunities for poor prognosis and incurable cancers.

CHARITY BUSKING AT THE MARKET CROSS



VOLUNTEERS: VOLUNTEERS HELPING OUT AT THE ANNUAL BUSKING FOR CHARITY WHICH TOOK PLACE IN KILLARNEY LAST YEAR. L/R: BETTY O'SULLIVAN, LAURA BROWNE, KAYE FLEMING AND NIALL BROWNE. PIC BY OUTLOOK PICS.

The streets of Killarney will be alive with the sound of music on Bank Holiday Monday next when the annual busking for charity event takes place at The Market Cross.

Local groups of musicians and dancers will be performing free of charge in aid of local charities as they have been doing every year for the past 26 years. The tradition continues this year when the groups will entertain both visitors and locals to raise much needed funds for worthy causes.

This is a wonderful day of music and song on the street which has been enjoyed for many years marking the end of the August Bank Holiday weekend.

The Annual Busking for Charity will be held at The Market Cross, Killarney on Monday August 4th from 11am to 6pm.

This year the beneficiaries are: Killarney Senior Citizens Day Centre & South Kerry Branch of Multiple Sclerosis.

LIGHTING IN BALLYSPILLANE

● At the July 2014 Killarney Municipal Area Meeting, Councillor Michael Gleeson called on Kerry County Council to upgrade the public lighting in Ballyspillane Estate as the present standard of lighting is wholly inadequate.

Kerry County Council replied that funding is not available at present to upgrade the lighting in Ballyspillane. The Council is preparing an ESCO contract to replace all public lights in the county with LED lights. It is hoped that the contract will be tendered by early next year.

Councillor Gleeson stated the Ballyspillane is a densely populated Estate and that

adequate lighting is essential to ensure that people can walk in safety and with a feeling of security. He asked that when the contract is formally signed, Ballyspillane would be given due priority.





Billy Morrissey Country Music Holidays and The Gleneagle Hotel Presents **KILLARNEY COUNTRY FEST.**

**AT THE INEC KILLARNEY CO KERRY.
SUNDAY AUGUST 3RD 2014 BANK HOLIDAY SUNDAY**

**THE BIGGEST INDOOR COUNTRY MUSIC FESTIVAL
IN THE SOUTH OF IRELAND!!!**

Doors open 12 noon . Music and Entertainment from 12.30 - 7.30 p.m.
Enjoy the biggest dance floor in Ireland... Or just sit back and enjoy the cream of country
& Irish Music entertainers in one of the biggest venues in Ireland!!!



Artists appearing include:

- | | | |
|---|-------------------------|-----------------------------|
| ROBERT MIZZELL | PATRICK FEENEY | PHILOMENA BEGLEY |
| CRYSTAL SWING | RAY LYNAM | TRUDI LALOR |
| GLORIA | PADDY O BRIEN | GERRY GUTHERIE |
| HUGO DUNCAN | JOHN HOGAN | T.R. DALLAS |
| PATRICK O'SULLIVAN | CONOR O'SULLIVAN | MICHAEL COLLINS |
| AIDAN QUINN | PAUL KELLY | SHAY O CALLAGHAN |
| CATRIONA, JOHN & HIGH COUNTRY | | THE RYAN TURNER BAND |
| JONATHAN OWENS ALL-STAR BAND | | |
| DERMOT MORIARTY (RADIO KERRY) | | |
| FRAN CURRY (TIPP FM) & MORE... | | |



- Full Bar facilities • Free car parking
 - Country music CDs and DVDs available.
 - Food and Beverage services available throughout the day (Burger bars, Ice-cream)
- "Don't miss The Country Music Event of the Summer!!"*

All-day Tickets €25 (including booking fee)
 • Family Ticket only €60 (COVERS 2 ADULTS +2 CHILDREN UNDER 14)
 €10 per each additional child.
 Special €35 Ticket (including booking fee) covers all day festival plus night-time dance in the Ballroom to: Philomena Begley, Hugo Duncan & Aidan Quinn • Shay O Callaghan.
 • Dancing 8.30 - 1 am•

KILLARNEY COUNTRY FEST. BE PART OF IT!

TICKETS AT THE DOOR

RECORD CROWDS AT KILLARNEY RACING FESTIVAL

Killarney Racecourse played host to their biggest crowd on record at the renowned and prestigious Dawn Milk Ladies Day during their July Racing Festival which was held from July 14th – 17th. Speaking at the Racecourse, Micheál Lucey, General Manager, Killarney Racecourse commented “We were delighted with the crowds, atmosphere and great racing last Week. It’s great to be bucking the national trend and we hope that this continues on to our August Festival 20th – 23rd. We believe the increase in numbers visiting Killarney Racecourse reflects our large investment in facilities and improved racing.” He continued by saying “we are extremely grateful to all our Sponsors for their generous support and to all the local businesses in and around Killarney that support the Racing Festivals. Quite simply, racing couldn’t happen without the support of our Sponsors across the three Racing Festivals and for that we are deeply grateful. I am delighted and encouraged to say also that all our Races for the



August Racing Festival have Sponsors in place”, The August Racing Festival takes place from Wednesday 20th – Saturday 23rd August, with Saturday being Ladies Day in Association with

Littlewoods. Fashion stakes are sure to be high once again at Killarney Racecourse with Sinead Desmond having the unenviable task of judging most stylish Lady.

OUTDOOR SPA AT MUCKROSS PARK HOTEL



The Spa at Muckross Park Hotel have launched their Outdoor Spa by the Blue Pool River where guests can enjoy the ultimate indulgence of a well deserved massage outdoors while enjoying the sunshine. Outdoor spa treatments are a special luxury, and where better to enjoy them than in the natural surroundings of Killarney National Park. The Spa garden is on the banks of the Blue Pool

River in the National Park making it the ideal setting to relax, distress and unwind in the sunshine. Following your open air pampering why not continue your relaxation and breath in the fresh air while soaking in their Outdoor Hot Tub. Now doesn’t that sound lovely.

KILGARVAN SHOW SET TO ATTRACT THE CROWDS

The 30th annual Kilgarvan Show takes place this Sunday August 3rd, There is an action packed programme of events including Arts & Crafts, Poultry judging, horse and pony events, home baking, puppet shows, a baby show, not to mention the Puppy Parlour final, the Tug-O-War and the raffle and auction. There will be food served all day and Large TV screens will show all the matches of the day. The event is a great day out for all the family and starts at 11am.



THE ECOFLEECE FINAL AT THE KILGARVAN SHOW LAST YEAR
L:R: JERRY CRONIN KILGARVAN, DJ CALLAGHAN KILGARVAN, HELEN O’SULLIVAN CHAIRPERSON, FRANK BUTLER LETTERKENNY CO DONEGAL JUDGE, WINNER SEAN MEANEY BALLYPOREEN TIPPERARY, BRENDAN FOREST AND MARY O’SULLIVAN KILGARVAN PHOTO: LISA O’SHEA.

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TOURNAMENT TO HONOUR DONIE'S MEMORY

DONIE RINEY 7 A SIDE FOOTBALL TOURNAMENT

A tournament to honour the memory of the late Donie Riney is being held in Sneem at the end of August.

The Riney family along with Sneem GAA club are organising the 7-A-Side Senior Men's Tournament at the Fr. Walsh football pitch in Sneem on August 23rd.

Proceedings will kick off at 10am. There will also be a mini ladies tournament taking place on the day.

With a great mix of teams taking part including teams from South Kerry, Cork and as far away as London, the tournament will honour the late Donie Riney whose 20th Anniversary occurs this year.

Football and GAA were a huge part of Donie's life, having dedicated many years to developing the game throughout Kerry. He also spent much of his time tirelessly raising much needed funds for cancer research and therefore all proceeds for this very special event will go towards the Irish Cancer Society. This is sure to be a day filled with football, fun and laughter all of which Donie encompassed with high regard. A great family day out is guaranteed!

Any more teams that would like to take part in the tournament or for any other information



PICTURED AT THE LAUNCH OF THE DONIE RINEY 7 A SIDE TOURNAMENT IN SNEEM GAA FIELD ARE FRONT ROW: L:R: COLM VAN ASSEN, CONOR O'BRIEN, TIM MURPHY, IARLA O'SHEA, SIOBHAN MURPHY. BACK ROW L:R: DANIEL RINEY, MICHAEL MURPHY, EILEEN RINEY, DAVID MCGILLICUDDY, ANTHONY CASEY AND JOHN RINEY. THE TOURNAMENT TAKES PLACE AUGUST 23RD AT THE FR WALSH PARK SNEEM AT 10 AM. THE TOURNAMENT IS IN AID OF CANCER RESEARCH. PHOTO: LISA O'SHEA.

please contact , Anne Marie Riney on 086 661 7924 or by email at anneriney@gmail.com! Please also visit our facebook page at [https://](https://www.facebook.com/anne.m.riney?ref=tn_tnmn#!/pages/Donie-Riney-7-A-Side-Tournament/1441091076167890)

www.facebook.com/anne.m.riney?ref=tn_tnmn#!/pages/Donie-Riney-7-A-Side-Tournament/1441091076167890.

CATRIONA FUNDRAISES FOR A CAUSE CLOSE TO HER HEART



CATRIONA DOOLAN PRESENTS A CHEQUE TO GRACE MCCRAE CHAIRPERSON OF THE SOUTH KERRY PARKINSON'S GROUP



CATRIONA PICTURED AT THIS YEARS FLORA WOMEN'S MINI MARATHON.

Following her Dad Connie's diagnosis of Parkinson's disease over two years ago, Kilcummin native, Catriona Doolan decided to fundraise for the local South Kerry Parkinson's group and has raised €1,130 to date.

In April of this year, Catriona held a coffee morning at Kilcummin

Recreational Hall and with the help of friends and family, and over 100 people showing their support for her cause, she raised €842.42 for the South Kerry Parkinson's group. She also raised €297 in online donations. Catriona also took part in this year's recent Flora Women's Mini Marathon in Dublin where she donned a Parkinson's Association of Ireland T-Shirt to show her support. Catriona would like to thank everyone who donated online, at the coffee morning and to everyone who donated prizes for the raffle, baked and helped with preparations for which was a wonderful day.

CHERRYFIELD MENTAL HEALTH UNIT A WELCOME DEVELOPMENT



KERRY Fine Gael TD, Brendan Griffin, has received confirmation from the HSE that the new 40 bed Mental Health Unit on the Cherryfield site in Killarney will be completed

by September 2015.

In response to a Dail Question from Deputy Griffin, the HSE confirmed that work commenced on the construction of the unit in March of this year and that it will be ready for use following 18 months of building works.

Deputy Griffin said that the new unit is a welcome and necessary capital investment in Kerry's Mental Health Services and said that its completion will herald a positive new era for mental health care in Kerry.

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CHERNOBYL CHILDREN HEAD HOME HEALTHY AND HAPPY

A group of 17 children from Chernobyl spent an action packed month in Killarney enjoying all that the town has to offer.

The group along with their two interpreters headed back to Belarus in the early hours of Sunday morning looking all the better for their month of fresh air and good food.

Among the activities in the last week of their holiday, the children along with their host families were treated to a Barbeque at the Killarney Oaks Hotel where representatives of Outlook Magazines presented each child with a gift bag packed with treats for themselves and their families – and their mum’s weren’t left out as CH Chemist in Tralee sponsored make-up treats for the children to bring home as gifts. The month spent in Killarney will give the



THE CHILDREN FROM CHERNOBYL PICTURED WITH MARY O’LEARY, CHAIRPERSON OF THE FRIENDS OF THE CHILDREN OF CHERNOBYL (4TH FROM LEFT), BETTY CROSBIE, PRESIDENT, (THIRD FROM RIGHT) AND AT BACK REPRESENTATIVES OF OUTLOOK MAGAZINES, CAOIMHE SCANNELL, LISA O’SHEA AND AISLING CROSBIE. PICTURE: MARIE CARROLL-O’SULLIVAN



ALEXI, WHO CELEBRATED HIS 10TH BIRTHDAY AT THE GOING AWAY BBQ AT THE KILLARNEY OAKS. ALEXI IS PICTURED WITH HIS HOST “DADS” RORY DARCY AND PAUL O’SULLIVAN WHO PRESENTED ALEXI WITH HIS FIRST EVER BIRTHDAY CAKE MADE ESPECIALLY FOR HIM BY NOREEN O’SHEA, TAHILLA, SNEEM.

children up to two and a half years of good health on their return to Belarus – boosting their immune system.

The Friends of the Children of Chernobyl have

brought over 600 children to Killarney over the past 23 years and continue to fundraise for this worthy cause.



COLIN BAKER, GARDEN RESTAURANT, MUCKROSS HOUSE PICTURED WITH THE CHERNOBYL CHILDREN DURING A VISIT TO THE TRADITIONAL FARMS.

FRIENDS GATHER TO CELEBRATE CARMELS 70TH



CARMEL DOONA OF ADRSHANAVOOLEY, PICTURED AT THE DROMHALL HOTEL TO CELEBRATE HER 70TH BIRTHDAY WITH FAMILY & FRIENDS. PICTURE MARIE CARROLL-O’SULLIVAN 087 391 4808

SETTLE DOWN WITH A GOOD BOOK THIS SUMMER

The summer is in full-flight so why not settle down on the sun lounger with a good book? Killarney Library is running the Summer Reads book initiative for adult readers for the summer period, paperback titles covering a variety of genres including crime, romance and novels examining the human condition and the choices characters make. A variety of authors are included in this book initiative including established contemporary authors along with those making their debut.



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By Dermot Cronin,
Financial Advisor

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- You could have been charged a higher premium in the past for health reasons, this higher premium may not apply now.

If your life cover premium was reduced by €20 per month, over the next ten years that's saving you €2400.00. In today's difficult financial world we are all trying to find ways to save money, this is one way that you could save money, it's easy to check this out. Contact an independent financial advisor who will review your cover and explain the options available to you.

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FAMILY FESTIVAL RAISES FUNDS FOR AUTISM

An auction held at the recent Sneem Family Festival has raised much needed funds for Action Autism.

The auction was for painted chairs and furniture who were decorated by various artists in the village and raised a massive €1,700 for St. Francis Special School in Beaufort.

With new autism classes beginning in September at the school, these funds will go towards extra resources for children with Autism.



MARIAN O'SULLIVAN CHAIRPERSON OF THE SNEEM FAMILY FESTIVAL PRESENTS BRIGITTA LOONEY WITH A CHEQUE OF 1,700 EUROS FOR THE NEW AUTISM UNIT IN ST. FRANCES SCHOOL BEAUFORT ALSO PICTURED L:R: JANE O'SULLIVAN (ASSISTANT SECRETARY SNEEM FAMILY FESTIVAL), BRIAN FOLEY (COMMITTEE MEMBER OF THE SNEEM FAMILY FESTIVAL), MICHELLE O'BRIEN (SECRETARY OF THE SNEEM FAMILY FESTIVAL) AND FIONA O'SHEA. PHOTO: LISA O'SHEA.

COUNTRY ROADS LEAD TO KILLARNEY THIS WEEKEND



STARS: BILLY MORRISSEY PICTURED WITH TOP COUNTRY STAR TRUDI LAWLOR AND ROBERT MIZZELL.

Killarney Country Fest will take place on Sunday August 3rd at the Internationally Famous INEC Killarney. This ALL Day Music event will see Country Music Fans from all over Ireland , U.K,

Scotland converge on the well-known Kerry Town to enjoy the 1st EVER Killarney Country Fest !!!

Sunday 3rd August (Bank Holiday Weekend) always sees a huge increase in visitors to Killarney, and now there is another reason to head to this beautiful town.

The music will commence at 12 noon and will run non- stop until 7.30 p.m. in the evening. The INEC can accommodate a Massive crowd with seating for 2000 plus a HUGE dance floor for those Country Music fans who wish to dance for the whole day!!! Free parking on site, Full Bar and Food Services are available throughout the day (Including Burger Bars, Hot Dog Stands, Ice Cream Parlours etc...)

"This will be a Super day out for the young and old and lots of family tickets have been purchased already" according to the event

organiser, Music Promoter, Billy Morrissey. The music for the day is provided by a who's who of Irish Country Music Entertainers including Robert Mizzell, Patrick Feeney, Philomena Begley, Ray Lynam, Trudi Lalor, Crystal Swing, Gloria, Gerry Gutherie, Paddy O'Brien, Hugo Duncan, John Hogan, T.R. Dallas, Michael Collins, Patrick O'Sullivan, Aidan Quinn, Paul Kelly, & many many more...

This **ALL-DAY** Country Fest is THE Biggest In – Door event of its kind in Ireland this summer!! Tickets for The Killarney Country Fest at Only €25 be purchased at the door on the day of the event. (Special family tickets also available) So don't be left out and follow the crowds this August Bank Holiday Weekend to The Killarney Country Fest at The INEC Killarney, Sunday August 3rd!!!

JOKER'S WILD IN MILLTOWN

Jokers are wild in Milltown..... however its all in a good cause. On Friday last Milltown launched its new weekly 'Joker Draw' in aid of the Nagle Rice Community Centre and Playground. Work on this magnificent facility began last April and is on target to be completed by October/ November. The new centre will have a main hall big enough for an international basketball court as well as meeting rooms, changing rooms, kitchenette and stage. The second floor will have additional meeting rooms and offices, as well as a balcony overlooking the main hall. When the hall and playground are complete at the end of 2014, the communities of Castlemaine, Milltown and Listry will have a wonderful facility to cater for all age groups into the future. In five years over

400 houses were built in and around the village, and each day almost 800 pupils attend its schools. There are very few facilities for young people in Mid Kerry. Loneliness and isolation are serious issues for the elderly. The existing hall has served Milltown well for over 50 years, but it is no longer enough. Tickets for the Joker Draw are €2 each or 3 for €5. Weekly draws will be on Sunday nights at 10.00pm. The winning ticket each week gets to turn a card on the board – turn the Joker, win the jackpot! Each week there is one less card on the board



TOP TEAM: ORGANISERS OF THE 'JOKER DRAW' IN MILLTOWN LAUNCHING THEIR NEW FUNDRAISER IN AID OF THE NAGLE RICE COMMUNITY CENTRE AND PLAYGROUND.

so the chance of winning increases and so does the excitement. The first draw is in Larkin's Bar on Sunday August 3rd with a starting jackpot of €2,000.

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40TH BIRTHDAY CELEBRATIONS FOR IRENE

IRENE TUITE, (SEATED CENTRE LEFT) WITH HER DAUGHTER JADE AND HUSBAND MARK (WHO RECENTLY WON THE 2014 EUROPEAN SNOOKER MASTERS CHAMPION) AT THE KILLARNEY AVENUE HOTEL TO CELEBRATE HER 40TH BIRTHDAY WITH FAMILY & FRIENDS.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

KERRY SENIOR FOOTBALL TEAM V GALWAY

The Kerry Senior Football Team to play Galway in the All Ireland Football Championship Quarter Final in Croke Park on Sunday shows one change in personnel from the side that defeated Cork in the Munster final – Dingle's Michael Geaney comes into the side in place of Stephen O'Brien who is sidelined with a quad muscle injury. The team, captained by Fionn Fitzgerald lines out as follows:

1. Brian Kelly Killarney Legion
2. Marc Ó Sé An Ghaeltacht
3. Aidan O'Mahony Rathmore

4. Shane Enright Tarbert
5. Paul Murphy Rathmore
6. Killian Young Renard
7. Fionn Fitzgerald (Capt) Dr Crokes
8. Anthony Maher Duagh
9. Bryan Sheehan St Marys
10. Michael Geaney Dingle
11. Johnny Buckley Dr Crokes
12. Donnchadh Walsh Cromane
13. Paul Geaney Dingle
14. Declan O'Sullivan Dromid Pearses
15. James O'Donoghue Killarney Legion

- Fir Ionaid
16. Brendan Kealy Kilcummin
17. Peter Crowley Laune Rangers
18. Darran O'Sullivan Glenbeigh-Glencar
19. David Moran Kerins O'Rahillys
20. Kieran O'Leary Dr Crokes
21. Barry John Keane Kerins O'Rahillys
22. Jonathan Lyne Killarney Legion
23. Kieran Donaghy Austin Stacks
24. Mark Griffin St Michaels/Foilmore
25. Pa Kilkenny Glenbeigh/Glencar
26. Alan Fitzgerald Castlegregory

PROPERTY OUTLOOK

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Killarney Medical Centre would like to wish the Kerry football team best of luck this weekend in the All Ireland Senior Quarter Finals.



Kerry team members Darran O'Sullivan, Brendan Kealy & Colm Cooper pictured with Dr. Michael Moloney, Team Doctor to Kerry Senior Team and FAI under 17 soccer squad.

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MICHAELA BRUTON SEATED CENTRE WITH HER DAD BRIAN (LEFT) AND MUM KAREN (RIGHT) PICTURED AT THE KILLARNEY AVENUE HOTEL TO CELEBRATE HER 18TH BIRTHDAY WITH FAMILY & FRIENDS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CHRISTMAS CAME EARLY FOR THOSE ATTENDING THE GRAND HOTEL'S ANNUAL XMAS PARTY IN JULY. PICTURED ARE JOHNATHAN ASHE, DEIRDRE BROWNE, DJ PAT DILWORT, COLEMAN MALONEY, PATSY SHEEHAN AND JOHN O'SULLIVAN. PHOTO BY SALLY MACMONAGLE.



MAUREEN AND LISA HEGARTY PICTURED WITH STUDENTS OF THE IRISH DANCING CAMP WHICH WAS HELD THIS WEEK IN HOTEL KILLARNEY. ALSO INCLUDED IS PROFESSIONAL DANCER AND CHOREOGRAPHER, ANDREW VICKERS WHO WAS A GUEST OF THE CAMP DURING THE WEEK.



PICTURED AT THE LAUNCH IN FITZGERALD STADIUM OF THE KERRY GAA CAR DRAW. FUNDS RAISED WILL BE USED TOWARDS THE DEVELOPMENT OF A CENTRE OF EXCELLENCE FOR KERRY GAA IN CURRANS AND THE IT TRALEE. L/R: BERNIE REEN (CHIDRENS OFFICER), EAMONN FITZMAURICE (KERRY SENIOR TRAINER), PAUDIE DINEEN (ASST. TREASURER), PATRICK O'SULLIVAN (CHAIRMAN OF COUNTY COMMITTEE), AND KERRY PLAYERS, DARRAN O'SULLIVAN, JAMES O'DONOGHUE, FIONN FITZGERALD AND DAVID MORAN.



CHRISTMAS CAME EARLY FOR THOSE ATTENDING THE GRAND HOTEL'S ANNUAL XMAS PARTY IN JULY. PICTURED ARE SIOBHAN O'LEARY, TINA GLOVER, JOHN O'SULLIVAN, GRAINNE O'LEARY, MAURA O'LEARY. PHOTO BY SALLY MACMONAGLE



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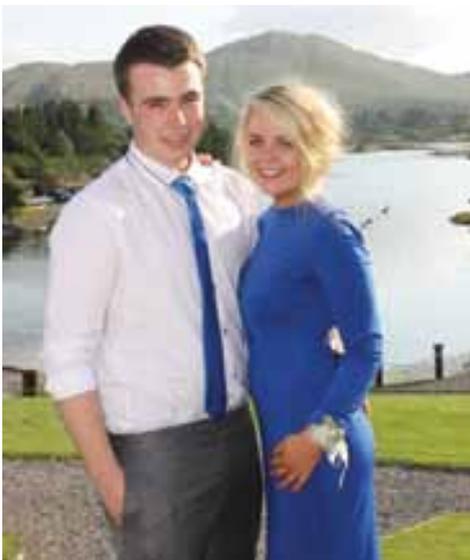





WEEDING DAY SMILES

TARA O'CONNOR FROM KILCUMMIN AND GRAHAM O'CONNOR FROM CO. WESTMEATH. THE COUPLE WERE MARRIED IN KILCUMMIN AND HELD THEIR RECEPTION IN THE MALTON HOTEL IN KILLARNEY.

PHOTO MICHEÁL O SULLIVAN
WWW.OSULLIVANPHOTOGRAPHYIURL.COM



PICTURED AT POBALSCOIL INBHEAR SCÉINE KENMARE DEBS AT THE SNEEM HOTEL ARE L:R: OLAN O'CONNAILL KENMARE AND AMY O'REGAN SNEEM. PHOTO: LISA O'SHEA.



PICTURED AT POBALSCOIL INBHEAR SCÉINE KENMARE DEBS AT THE SNEEM HOTEL ARE L:R: DEAN CASSIDY KENMARE AND DENISE BURNS SNEEM. PHOTO: LISA O'SHEA.



PICTURED AT POBALSCOIL INBHEAR SCÉINE KENMARE DEBS AT THE SNEEM HOTEL ARE L:R: TRAVIS O'REILLY TAHILLA AND NAKITA RIGTER, SNEEM. PHOTO: LISA O'SHEA.



PICTURED AT POBALSCOIL INBHEAR SCÉINE KENMARE DEBS AT THE SNEEM HOTEL ARE L:R: CADHLA O'SULLIVAN AND SHANE LARKIN, SNEEM. PHOTO: LISA O'SHEA.



PICTURED AT POBALSCOIL INBHEAR SCÉINE KENMARE DEBS AT THE SNEEM HOTEL ARE L:R: ERIC BURNS SNEEM AND ORLA GRIFFIN, TRALEE. PHOTO: LISA O'SHEA.



VALERIE DOYLE, WHO TRAVELLED HOME FROM DUBAI TO CELEBRATE HER 30TH BIRTHDAY WITH FAMILY & FRIENDS. PICTURED HERE AT THE KILLARNEY PLAZA HOTEL WERE (FRONT TO BACK, LEFT TO RIGHT) BIRTHDAY GIRL VALERIE DOYLE, FIONA DOYLE, VIVIANNE CARROLL, LIZ DOYLE, HER PARENTS JAMES AND JOAN DOYLE. BROTHERS JIMMY JEREMIAH BRENDAN ROBERT AND PADRAIG DOYLE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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KILLARNEY AUTOCROSS TO HONOUR JIMMY

Killarney & District Motor Club will hold the Jimmy Devane Memorial Grass Surface Autocross this Sunday, August 3rd. The new venue for this year is in Aghadoe. It is hoped that each timed run of 3 laps should cover up to 1.5 Miles distance. The minimum number of competitive runs on the day will be 3. Each car/buggy can have up to 3 drivers. The entry fee is €80 and €50 for juniors. Check in and the event office will be situated at the venue. The Venue will be sign posted on the day from Killarney Town.

2011 was the first running of the event under its current name The Jimmy Devane Memorial Autocross. Jimmy a well known autocross and rally competitor passed away in 2009 and the autocross is held every year in his memory. The Jimmy Devane Cup is awarded to the



THE LATE JIMMY DEVANE (RIP) PICTURED HERE IN ACTION.

fastest time of the day on the event, last year James Lucey was fastest in his Subaru Engine special and no doubt there will be a big battle this year between all competitors to see who has the honour to take the cup in 2014. The event will be a counting round of the 2014 Munster Autocross Championship. A Great Days Autocross Action is Promised and Bouncing Castles will be present on the day at the venue as well as live event commentary so

a great days family fun is guaranteed. Prize giving will take place afterwards nearby at "The Golden Nugget" Bar & Restaurant. Donations on the day will go to Kerry Friends of Motor Neurone. Anyone intending on competing or for further information contact COC Denis Nagle on 087-2680257.

COMMUNITY SPIRIT ALL THE WAY IN KILLARNEY



PICTURED AT THE 'MAKE OVER' OF THE FLESK BRIDGE WERE HELPFUL LOCALS BACK ROW L-R FR. MICHAEL MURPHY, JOHN DWYER, PAT KELLY, MICK LEAHY, EDDIE SHEEHY, NIAL O'DONOGHUE & JOHN O'SHEA. FRONT ROW L-R MARGARET ROCHE, DELORES CROKE DALY, BILL DALY, DONAL 'WHITTY' O'SULLIVAN, CHRISTY LEHANE, PAUL PURCELL & TOM O'CONNOR.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Ask not what Killarney can do for you.... Ask what you can do for Killarney is certainly the mantra for the amazing group of Tidy Towns volunteers who can be seen working tirelessly week after week around the town and surrounding areas. This week's project was the Flesk Bridge where

a group of volunteers painted both sides in record time on Tuesday night. It's people like this that are the driving force behind Killarney's bid for Tidy Towns glory and each and every one receives a well deserved pat on the back.



PICTURED AT HOTEL KILLARNEY ON CONCERT DAY WERE L-R ELLA BEGLEY, MIA MCCARTHY, RHEA O'SULLIVAN, SOPHIE MCCARTHY-CRONIN & CLODAGH O'SULLIVAN FOR THE PRODUCTION 'FROZEN' LED BY TIM LANDERS AND TEAM.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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Know Your Rights: APPEALING YOUR LEAVING CERTIFICATE RESULTS

QUESTION

If I think my Leaving Certificate papers have not been marked correctly, can I have the marks rechecked?

ANSWER

Yes, if you are not satisfied with the marks in one or more of your Leaving Certificate exams, you can appeal them to the State Examinations Commission (SEC). Before you make the decision to appeal a result, you can view your exam paper. The SEC will send your school personalised application forms for you to view your exam papers and to appeal your results. (For external candidates, these forms are enclosed with your examination results.)

VIEWING: If you decide you would like to view a particular paper, you mark the form accordingly. There is no charge for viewing your papers. You must return the completed form to the school where you sat the examination by 19 August 2014. The Organising Superintendent appointed by the SEC will assign you to one of the viewing sessions. These will take place on 29 and 30 August 2014 in your school or examination centre.

APPEALING: If you decide to appeal your results, you indicate the subjects you wish to appeal on the appeal application form and you pay the appeal fee. Your application to appeal your 2014 results must be received by 3 September 2014.

Your paper will be re-marked by an appeal examiner, who will be different from the examiner who originally marked your work. The same marking scheme is used for re-marking. Your result may be upgraded, left the same or downgraded as a result of an appeal.

There is further information about the appeal process on the website of the State Examinations Commission, examinations.ie.

If you are not happy with the outcome of your appeal, you may request a review by the Independent Appeals Scrutineers. Application forms for an appeal review are provided with your appeal results.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Castlebland 0761 07 7790, Caherdiveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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BARRIERS TO SUCCESS

Do you ever feel that you have more potential that you are realising? Perhaps it seems as if your plans never come to fruition – or you sabotage your own success. Perhaps you lack confidence in your own abilities and doubt your capacity for success. Do you tend to procrastinate or find your great ideas never see the light of day? Then it may well be that you are creating your own psychological barriers to success?

Many of us carry around limiting beliefs and negative habits which hinder our success. These beliefs and behaviours are sometimes so well developed that we don't even realise they are there – and when we do, we don't have the skills or tools to overcome them. Typical barriers to success include: Fear of success and/or fear of failure, low self-esteem, negative thinking, reluctance to seek help, negative past experiences that continue to create emotional blocks, difficulties relating to others, depression, self-doubt and/or lack of self-belief. However we pay the price for these negative thoughts and self-doubts.

Bring to mind something that you've been wanting to do – and write it down on a sheet of paper. Now think of all of the reasons that stop you from doing this – and write these down. Next review the list and cross off those that are simply not real or true (it may be helpful to enlist the help of a friend here).

Now look at the negative beliefs on your list that can be substituted with something more positive. The brain cannot hold two contradictory beliefs simultaneously – thus try replacing a negative belief (e.g. I could never go to college) with a more positive one (I have the ability to go to college). Better still, write the positive affirmation in the present tense as if it is already happening (I am studying in College and loving every minute of it). Write down your affirmations and put them on your desk or bathroom mirror, repeating them as often as possible. Notice when self-doubts crop up.

When self-doubts and limiting beliefs sneak in – do a reality check and ask yourself 'Is there a rational reason to believe them?' If so, what can you do to change this? Is there something practical we can do to? Sometimes our doubts and negative self-beliefs are rooted in earlier life experiences or childhood traumas. If this is the case, perhaps you could seek the help of a counsellor or coach to overcome these.

Next week we will continue to look at our own personal Psychological Barriers to Success and discuss ways in which these can be overcome.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**.

info@southwestcounselling.ie. **Kerry LifeLine** provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. **info@kerrylifeline.com**
To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters....

With Dr. Michael Moloney

WARTS AND VERRUCAS

WARTS are small rough lumps on the skin. They are caused by a virus (human papillomavirus) which causes a reaction in the skin. Warts can occur anywhere on the body but occur most commonly on hands and feet. They range in size from 1 mm to over 1 cm. Sometimes only one or two warts develop. Sometimes several occur in the same area of skin. The shape and size of warts vary, and they are sometimes classed by how they look.

VERRUCAS are warts that occur on the soles of the feet. They are the same as warts on any other part of the body. However, they may look flatter, as they tend to get trodden on.

ARE WARTS CONTAGIOUS? Yes, but the risk of passing them on to others is low. You need close skin-to-skin contact. You are more at risk of being infected if your skin is damaged, or if it is wet and macerated, and in contact with roughened surfaces. For example, in swimming pools and communal washing areas.

You can also spread the wart virus to other areas of your body. For example, warts may spread round the nails, lips and surrounding skin if you bite warts on your fingers, or nearby nails.

TO REDUCE THE CHANCE OF PASSING ON WARTS TO OTHERS:

- Don't share towels.
- When swimming, cover any wart or verruca with a waterproof plaster.
- If you have a verruca, wear flip-flops in communal shower rooms and don't share shoes or socks.
- To reduce the chance of warts spreading to other areas of your body:
 - Don't scratch warts.
 - Don't bite nails or suck fingers that have warts.
 - If you have a verruca, change your socks daily.

TREATMENT: Without treatment, about 3 in 10 warts have gone within 10 weeks, and most warts will have gone within 1-2 years, and leave no scar.

SALICYLIC ACID

- You need to apply each day for up to three months. This acid burns off the top layer.
- Every few days rub off the dead tissue from the top of the wart, with emery paper (or similar). Gradually the wart is burnt off and rubbed away.
- It is best if you soak the wart in water for 5-10 minutes before applying acid.
- You should not apply acid to the face because of the risk of skin irritation which may cause scarring.
- Try not to get the acid on the skin next to the wart, as it may become irritated.

TREATMENT (CRYOTHERAPY): Freezing warts is a popular treatment. Many GPs are skilled at this. Liquid nitrogen is commonly used. The nitrogen is sprayed on or applied to the wart. Liquid nitrogen is very cold and the freezing and thawing destroys the wart tissue. To clear the wart fully it can need up to 4-6 treatment sessions. One recent research study reported that freezing treatment was more likely to be successful at clearing warts compared with acid treatment. Also, freezing treatment tends to be quicker to get results.

TAPE: There is mixed evidence to support the use of taping alone to remove warts.



Dr. Michael Moloney,

MB, BCH, BAQ, BMedSci MMedSci, DOWH, MICGP
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Email: marie.moloney@oif.ie





KILLARNEY ATHLETIC A.F.C.

Registration Evening

Date: Friday 8th, 15th, 22nd August.
Time: 7-9pm
Location: Killarney Athletic AFC Pitch Woodlawn

Academy U6-U11 (Born after 1st Jan 2004-2009)
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**To apply send C.V to
 Sneem Community Crèche, North Square, Sneem.
 Closing date for return 21/08/14.**



GAZA SLAUGHTER OF THE INNOCENT

On the basis that evil can only flourish if good people do nothing - an ad HOC group of citizens have arranged a protest meeting and Vigil for this Sat 2nd August at the Market Cross, Killarney for 3pm. Spokesman Richard Behal said: "Only people with hearts of stone can fail to be moved at this horrific slaughter of the innocent. Mothers and fathers especially urged to attend to show you care. Three quarters of these killed and being killed or very severely injured on a daily/hourly basis are women and children. Approx. 60% of the trapped people in Gaza are under 15 years of age".




Arthritis Ireland
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**Contact your local Arthritis Ireland branch to see what you can do.
 Call Tom on 087 6723442 or email tanddbarrett@eircom.net**



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- To date we have funded the adult CF clinic, which opened in 2011 at a cost to us of €350,000.
- This year we will fund the adult inpatient isolation bedrooms at a cost of €2,300,000 in Ward 58 in CUH. Ward 58 will care for all adults with chronic respiratory illnesses including Cystic Fibrosis, Asthma, Lung Cancer, Emphysema, COPD from all over Munster
- We have paid for all of the medical equipment for all of the Cystic Fibrosis facilities in CUH.

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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Wind Turbine Maintenance Technician Course (TR36R) – Tralee

This course is designed to provide the wind turbine industry with personnel who have the technical knowledge and skills to service and maintain large scale commercial wind turbines. It's aimed at skilled crafts persons who hold a recognised electrical or mechanical trade qualification and have a number of years hands-on practical experience in one of the related areas. **Start Date:** 25th August 2014. **Duration:** 36 weeks. **Certification:** City & Guilds Level 3 Diploma in Electrical Power Engineering Wind Turbine Operations & Maintenance (2139-18/53).

Java Associate Course (ET087) – Tralee.

This course is for people who wish to pursue careers in Java programming and software development. It covers part I and part II of the Oracle Certified Professional Java Programming syllabus. The course includes 10 weeks of work-based training in Java programming. **Start Date:** 5th August 2014. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I (1Z0-803) and Oracle Certified Professional Java Programmer II (1Z0-804).

Marketing Course (ET489) – Tralee.

This course is for people who wish to pursue marketing as a career or those who wish to incorporate marketing into their existing range of business skills in order to enhance their career and job prospects. **Start Date:** 25th August 2014. **Duration:** 42 weeks. **Certification:** FETAC Level 5 Major Award in Marketing.

Pathways to Employment Course (TR55C) – Tralee.

This course is aimed at young people who are experiencing difficulty recognising their talents and abilities and matching those talents and abilities with suitable career paths. The course covers a broad range of subjects including: Career Planning, Personal Development, Communications, Customer Service, Functional Maths, Everyday Science, Biology and Work Experience. **Start Date:** 5th August 2014. **Duration:** 41 weeks. **Certification:** FETAC Level 4 Major Certificate in Employment Skills.

Accounting Technician of Ireland – First Year Course (ET214) – Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year one of the two year Diploma for Accounting Technicians qualification. The course is designed to provide participants with a solid grounding in business and a strong foundation in accountancy. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 15th September. **Duration:** 42 weeks. **Certification:** First Year Certificate for Accounting Technicians

Accounting Technician of Ireland – Second Year Course (ET21R) – Tralee.

This course is accredited by the Accounting Technicians of Ireland, and it comprises year two of the two year Diploma for Accounting Technicians qualification. Applicants must have achieved a pass in at least 3 subjects in the First Year Accounting Technicians Ireland course, including both Financial Accounting and Taxation. Year two covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). **Start Date:** 15th September. **Duration:** 39 weeks. **Certification:** The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

Media Techniques – Radio Course (ET283) – Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 8th September 2014. **Duration:** 42 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Surf Instructor and Beach Lifeguard Course (ET125) – County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 29th September 2014. **Duration:** 25 weeks. **Certification:** Surfing Skills Instructor Level 1 – Irish Surf Association (ISA), Royal Lifesaving Society (RLSS) National Beach Lifeguard Qualification, and Aquatic First Aid & Cardiac First Response (PHECC) Certification.

Reception and Clerical Skills (ET081) - Killarney.

If you are a friendly, polite and confident person with good verbal and written communication skills and would like to work as a receptionist this is the course for you. **Start Date:** 13th October 2014. **Duration:** 15 weeks. **Certification:** FETAC Level 5 Component Certificates in: Information and Administration, Word Processing, and Customer Service.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee.

TEL: 066 714960, E-mail: training@kerryetbtrainingcentres.ie

Entry requirements and other information on our courses are available at www.solas.ie



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- Applicants will demonstrate at least 3 years experience of working in a position of responsibility with children in the 3-6 age range.

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this phone is manned during the hours of 9 to 5, Monday to Friday, if requesting an application pack outside of these hours please text and/or email recruitmentstolivers@gmail.com

Completed application forms, should be returned no later than 5pm on the 8/8/2014 Short listing will take place and a panel will be formed for future positions.

INTERVIEWS WILL BE HELD ON THE WEEK OF THE 18TH OF AUGUST 2014

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LIVE FROM THE INSIDE OUT!

I used to live my life from the outside in. By this I mean that I placed a huge amount of my own self-identity and value on what was happening in my life. At times I felt like a puppet being pulled by life's strings. If things were going well I was happy. If things took a turn for the worse I panicked, worried and tried to control what was happening. I realize now that so much of the time I felt as if I was holding my breath as I waited for the next event to unfold – good or bad! Living this way created stress and a constant separation between what I had, what I desired and what I thought I was worth!

When people liked what I did – I felt great – when they didn't I felt devastated. When my bank balance was abundant I felt a success, when it wasn't I felt a failure. Life is a process – a moment by moment unfolding and growing of whom we are. One of the biggest turning points in my own life was to stop judging me based on what was happening "out there" in external reality and begin cultivating what I truly desired within me. I began to listen more to the inner whispers of my heart and do more of the things that gave me joy. I placed a higher value on living from my soul rather than what was expected of me and this brought me peace and happiness. The only real truth is **YOUR** truth – what is right for you. When you go within to listen to your own wisdom, you can never be without!

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WIN TICKETS TO THE ROSE OF TRALEE AUTUMN/WINTER FASHION SHOW

International designer and Ballyheigue native Don O'Neill will be showing his new Fall/Winter THEIA collection at the Rose of Tralee International Festival in the Festival Dome on Sunday August 17th.

Tralee Outlook, Killarney Outlook and Sliabh Luachra Outlook, are offering readers the chance to win a top prize of two tickets to the Fashion Show plus pre show dinner in the magnificent Stonehouse Restaurant, Tralee.

To be in with a chance to win this great prize answer the following question and sent it to Outlook Magazines, Castleisland, Co. Kerry or drop the entry to The Killarney Outlook, 30 High Street, Killarney before 12 noon on Monday August 11th.





Name the 2014 Kerry Rose?

Answer: _____

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BEST WISHES TO KERRY IN THE ALL IRELAND SENIOR QUARTER FINALS ON SUNDAY



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**GARDENING
OUTLOOK**

with **John O'Sullivan**

**LOOKING AFTER YOUR
HOUSE PLANTS**

Houseplants come in all shapes and sizes. Many are grown for their foliage and others are grown for their flowers.

Most houseplants will need regular watering and feeding but a lot of them don't require much attention.

The majority of house plants like bright light, but it is important to avoid direct sunlight through glass as this can scorch the foliage.

During winter time try to keep house plants in a room where the temperature is the same most of the time rather than going from one extreme to the other.

When watering remember to mist the foliage of tropical house plants rather than over watering. During winter gradually reduce water and feeding except when plants are flowering or growing vigorously.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

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TOUGHATHLON

KILLARNEY RACECOURSE

TOUGHATHLON RETURNS TO KILLARNEY RACECOURSE ON SATURDAY 30TH AUGUST FOLLOWING THEIR HUGELY SUCCESSFUL EVENT IN JUNE.

Toughathlon's 5km and 10km military-style obstacle course at Killarney Racecourse is the most scenic in Ireland, taking bold participants through the world famous Lakes of Killarney while rewarding them with spectacular views of the McGillicuddy Reeks and the most beautiful scenery Killarney has to offer. The only thing standing between the participants and a total sense of achievement will be the 25 (1 lap) to 50 (2 laps) extreme obstacles they have to overcome.

Toughathlon is not a race – it's a physical and mental challenge. Toughathlon events allow participants of all fitness levels to test their strength, endurance and teamwork. The challenges have proved particularly beneficial to groups looking to strengthen teamwork as the course is difficult to complete without it. Toughathlon's obstacles include the Lake Run, Crawl to Freedom, sandbag carrying, 8 foot walls and the infamous Devils's Ladder, a mammoth half pipe, to name but a few! To keep things fresh, participants will confront new obstacles along the way to get the adrenaline flowing.

With a festival atmosphere and delicious food on offer, celebrations will be in full swing at the start and finish lines, making it a great day out for all the family. The event is free for spectators and all are welcome to come and check out the thrills and spills.

Ticket prices start from €35 for the 5km course and €45 for the 10km course. Places are limited so book now to avoid disappointment.

A popular and fun way of participating sees people take part to raise money for their own chosen charities in association with www.mycharity.ie.

TICKETS AND INFO ARE AVAILABLE AT WWW.TOUGHATHLON.IE
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KILLARNEY RACECOURSE



RATHMORE /GNEEVEGUILLA NEWS

By Michael O'Mahony

RATHMORE GAA CLUB LOTTO: For 21/07/2014. No's drawn: 14, 17, 23, 25. No winner of the Jackpot. Next week's Jackpot: €9,200. Consolation prizes: €40 each: Margaret Cooper, c/o SAG. M. Roche, Nohovaldaly. Neil Desmond, Headford. Mia Burke, Ballycullane. Dan Moynihan, Gleann Na Greine. Next week's Lotto is sponsored by the Star Bar, Rathmore.

BEST OF LUCK: To Kerry this weekend to minor & senior, Aidan O' Mahony and Paul Murphy and all Kerry senior players and management in this Sunday Quarter Final in Croke Park.

And also to Kerry minor Shane Ryan and all rest of Kerry players and management! Charrai Abu.

GNEEVEGUILLA BASKETBALL CLUB:

Annual Summer Camp:

When: 5th-8th of August 2014.

Where: Scoil Phobail Secondary School Gym, Rathmore.

Time: 9.30am - 12.30 for 7 to 12 yr olds.

1.30- 5pm for 13 yrs. & up.

Cost: €50 for 1st child. €40 for additional children. Contact No: 087 2685448.

Everyone welcome. Fun to be had & friends to be made.

CONGRATULATIONS: To Glenflesk U11 on winning the Dylan Crowley Tournament. Well done to all who made the day a success.

DIVINE MERCY NOVENA: One Hour of continuous prayer this coming Friday August 1st and every first Friday in the Nun's Choir, Rathmore Church from 9pm until 10pm. All are welcome.

NEEDY EMIGRANTS IN ENGLAND: A church gate collection will be taken up at all churches in the parish on the weekend of 2nd/3rd August in aid of our needy emigrants in England who have fallen on hard and difficult times. Many of them are unable to return home to Ireland and

also many of them have sickness and difficulties so any contribution would be a great support to them and to their loved ones. Your generous support would be deeply appreciated.

GNEEVEGUILLA SUNDAY MASS: Please note that as from August 31st Sunday morning Mass in Gneeveguilla will be at 10 o'clock. All those who have booked Masses for the customary 10.15 am Mass are being notified of this change. We ask you to be aware of the starting time on August 31st and also to remind people from outside the parish of this change. Thank You for your support and understanding.

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (michaellomahony@eircom.net) or ring or Text on 087-6676817 before 6:00 on Sunday.

FOSSA NOTES

By Gene Moriarty

FOSSA GAA:

FOSSA LOTTO 27/07/2014:

Numbers Drawn: 2, 3, 8, and 11. Jackpot: €4,200 No Jackpot Winner: Consolation Prizes 5 x €40: Stephanie Mullen, Two Mile School; Mary Fleming, Kilcummin; Betty Doody, Two Mile School; Cameron Duke, Barleymount; Niall O'Connell, Fossa. New Jackpot: €4,350.

Tickets on sale at the Golden Nugget Bar, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop Fossa, The Laurels Bar, Killarney and from committee members. Next draw takes place on Sunday night August 3rd 2014 at the Golden Nugget Fossa at 11p.m, please take note the Lotto takes place on Sunday night so have tickets in before heading for Croke Park.

FIXTURES: Friday August 1st Minors at home to Kilcummin East Kerry League 7:30pm.

Sunday August 3rd Under 11s fixture to be arranged.

MONTHLY MEETING: August meeting of Fossa GAA takes place on Thursday next August 7th 9:00pm

SENIORS: Fossa had a five point win over neighbours Firies in the Credit Union senior county league at Farranfore on Saturday night last, final score Fossa 2-10 Firies 1-08. In defence for Fossa captain Derry O'Sullivan played his heart out, Colin Myers showed his class with some excellent saves, at midfield Fintan Coffey gave an exhibition of high fielding, while in attack Dara Rice and Kenneth Clifford were among the score getters. Next game in the

County League is a home fixture v Cromane on Sunday August 17th.

COISTE NA NOG: Fossa met Spa in the East Kerry Under 14 Division 2 League final at Fossa on Monday night last July 21st. A great team performance, Fossa running out by 4-14 to 3-13. Overall Fossa deserved the victory but Spa never gave up, they played to the finish. Spa who won the toss decided to play into the Aghadoe end and got off to the better start. After 15 minutes they led by 1-06 to 0-03. Then Fossa's selectors made some astute switches and by half time Fossa were ahead by 3-06 to Spa's 1-08 the Fossa goals coming from Ryan Sheehan (2) and Emmet O'Shea. Ryan had a third goal in the third quarter and with 15 minutes remaining we had a 5 point lead 4-09 to 2-10. Spa never gave up and scored a goal and 3 points in the final quarter but points by Eamon Murphy the O'Shea brothers and Cian McCarthy saw Fossa hold on for victory. John Talbot accepted the cup on behalf of the Fossa team, men of the match in the writers opinion were Eoin Talbot and Ryan Sheehan. Thanks to the OKI for inviting the victorious team for well deserved treats. A good party, then back to training for the East Kerry championship.

LADIES FOOTBALL: For the first time since 1976 Fossa had a senior ladies team play in The County Championship. It was a good game, played on a pleasant evening away to Legion and we won. It was great to see some young ladies of the parish return and tog out to play

championship for their native club again, many had not played with Fossa since playing their last game with the U14 boys back when the girls were allowed play on U14 boys teams. Fossa's defence was excellent and our very solid half back line of Buckley, Talbot, and Moriarty, held the Legion and with the enthusiastic running from mid field pair Annie Sheehan and Sarah Fitzgerald it was Maria Foran, who thrived on the supply of ball and did a lot of damage, finishing with a hat trick and a few points. She was ably assisted on the score board by both midfielders, Lauren Rintoul, Fay and when introduced Hanna O'Donoghue and Erica McGlynn. Is was also nice to see the strong links with this and the last team, Lauren Rintoul is grand daughter of the 1976 trainer Alex "Jock" Rintoul (RIP), trainer James Houlihan is his brother in law.

ATHLETICS: Gneeveguilla A.C. Summer Mile Series: Next races on Friday August 8th 7:30pm, assembling at Fossa Church. Races from Under 10s boys and girls to Over 60s Mens and Ladies. Best three performances count for prizes each race. For enquiries 0647756309 mobile 0879339087. Entry €3 a race.

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to Gene Moriarty at genemoriarty2014@gmail.com Please forward information on or before Sunday at 10:30am.

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KILCUMMIN NEWS

KILCUMMIN COMHALTAS: Congratulations and well done to everyone who participated in the Munster Fleadh Cheoil especially Shauna O'Leary, U12 4 Hand Céilí, 15-18 Mixed Set, 15-18 Mixed Half Set and the Over 35 Mixed Set who all qualified for the All Ireland Fleadh Cheoil in Sligo.

BUS TO THE ALL IRELAND FLEADH CHEOIL: If you are interested in travelling by bus to the All Ireland Fleadh Cheoil in Sligo please contact Susan Healy 087 6215770 by Monday 4th of August.

FUNDRAISERS FOR COMPETITORS GOING TO ALL IRELAND FLEADH CHEOIL: A cake sale will take place after Masses on the weekend of August 9th and 10th in The Recreational Hall. Also a night of entertainment and a raffle will be held on Friday August 8th in The Village Inn at 9pm. All are welcome and great prizes to be won.

CEMETERY MASS: Mass in Old Kilcummin Cemetery on Wednesday 6th August at 8pm.

GAA LADIES COMMITTEE: Anyone interested

in helping the ladies to cater for the many events in particular the family day on August 10th please give Carmel a ring on 087 9490372.

GAA GOLF SOCIETY: Captains prize (Denis Casey) August 9th in Kenmare. Contact David on 087 9321364 or Denis 086 3480075

FAMILY DAY AUGUST 10TH: This family day in contrast to other years will focus on fun and games for the young people of Kilcummin and their families. Events will include 3-legged races, sack races, tiny tots races, obstacle course, adult races and challenges. BBQ and novelty prizes throughout the day and rounded off in the evening with music in the Klub bar. Everyone welcome to play, help or even watch. Programme of events in next week's parish notes. See you there.

CREDIT UNION CO. LEAGUE DIV.1 RD 8

KILCUMMIN 4-19. LISTOWEL EMMETS 0-12. A good display in the second half saw us over run a Listowel team devoid of a number of their stars but nonetheless a total of 31pts is not to be taken lightly. Tommy Brosnan made a return

to marshal the defence but it was our forwards that took the eye as they clocked up 3-13 in the second period. Next up is Austin stacks on the 17th August in Tralee. A win there would put us in with a real chance of reaching the league final so all shoulders to the wheel!

UNDER 16 BOYS: Play Dingle away in the Co. League at 7:30 on 30th July.

GAA SUMMER CAMP: The Club's Summer camp will run from 12th-13th August. Contact Nessa on 087 2897312 for info.

GAA JUVENILE ACADEMY: Continues on Saturdays at 10:30am, new players welcome.

MASTERGEEHA F.C. LOTTO: There was no winner on Friday 25th July. Numbers drawn were 11, 16, 23 & 24. Consolation prizes were €100 Dermot Will Fleming, Milleen, Kilcummin; €60 Eileen Brosnan, Inch, Kilcummin; €30 Ian Aherne, c/o John Lenihan, Inchicullane; €30 Ivan Hurley, Whitebridge Manor, Killarney; €30 Helen Buckley, Inch, Kilcummin. Draw every Friday night in the Village Inn, Kilcummin. Jackpot now €13,050.

GLENFLESK NEWS

WITH DONAL KELLY

COUNTY LEAGUE DIVISION 3: The Glenflesk senior team, sponsored by Molly Darcy's, were defeated by Templeoe in the eight round of the county league played in Glenflesk on Saturday afternoon July 26th on a scoreline of Glenflesk 0-13 Templeoe 4-10. Although Glenflesk led by 0-8 to 0-4 after 20 minutes of the first-half, two goals changed the complexion of the game and Templeoe held an unlikely two point lead at half-time, 0-9 to 2-5. Glenflesk started the second-half brightly and were back on level terms after 5 minutes of the half, but another Templeoe goal restored their advantage and they then went on to consolidate their lead. Glenflesk remain in third place in the table on 10 points, two points behind their next opponents St. Mary's, who they are scheduled to play in Caherciveen on the weekend of August 16/17.

U16 COUNTY LEAGUE: The Glenflesk U16 boys turned in a fine display to defeat Churchill in the County League on Wednesday July 23rd on a scoreline of 1-20 to 1-15. Played in perfect conditions Churchill led by three points at half time. However, Glenflesk came strongly into the game in the second half and both teams

exchanged scores until late in the game when Sean Lucey clinched the lead for Glenflesk. On a night of great performances throughout the entire team, Felim Jacob's excellent saves were a highlight.

MINOR COUNTY CHAMPIONSHIP: Best of luck to the East Kerry minors and the Glenflesk players on their panel, who face Mid Kerry in Killorglin on Thursday August 7th at 7pm, in the quarter-final of the county minor championship.

FLEADH CHEOIL NA MUMHAN: Congratulations to the following Glenflesk competitors who have qualified for Fleadh Cheoil na hEireann in Sligo: Padraig Creedon in duet and trio, Sinead Moynihan in whistling, Mike O'Dowd senior accompaniment. Congratulations also our Ceili dancing teams: U12 mixed 4-hand, U12 mixed 8-hand, U15 and U18 ladies 8-hand. We wish to thank everyone from Glenflesk who helped with catering, stewarding and clerking over the weekend. Your contribution is greatly appreciated as it ensured that Fleadh na Mumhan ran smoothly and was a very enjoyable event for all. Fleadh Cheoil na hEireann takes place in Sligo between

August 10th and 17th.

COACH TO CROKE PARK: O'Callaghan Coach Holidays is running a coach to the All-Ireland Senior quarter-final on the 3rd of August in Croke Park. Booking is essential to guarantee seats. We are also taking names for a coach to the Minor quarter-final on Monday 4th August in Semple Stadium. For further details please contact 064-6631095.

NUPTIALS: Congratulations to senior player Adam O'Reilly and Jacqui O'Sullivan who were married on Saturday July 26th.

BANJO AND MANDOLIN: One-to-one lessons for beginners with an experienced musician are being offered in the Glenflesk and Barraduff areas. Contact 087 6888374 for more details.

RAHEEN NS: Congratulations to Susan Bartlett who had the winning lotto number 17 on Saturday 19th of July and to Geraldine O'Donoghue who had number 9 on Saturday 26th July.

CONTACT: We welcome items of local interest. Contact PRO Donal at 087-6687926; email pro.glenflesk.kerry@gaa.ie deadline 8pm Sunday.

BEAUFORT NEWS

ANNUAL PILGRIMAGE TO KNOCK: A most sincere thanks to Milltown/Listry Pioneer Centre who organised a wonderful Trip to Knock. Forty seven people travelled and a

special work of thanks to Margaret Sweeney who enriched the day for so many. Thanks to Michael and Bernadette Foley who were most helpful organising our local group. Thanks

to everybody who provided such wonderful entertainment on the homeward journey.

CUSTOMER SERVICE ENHANCEMENTS TO THE NCT

New customer service enhancements are being introduced at the National Car Testing Service from 28th July 2014:

1. Voluntary Early Testing of Vehicles: Vehicle owners who wish to present their vehicle for inspection earlier than 90 days before their NCT due date will now be allowed to do so.

Where this happens the vehicle will receive a 2 year (or 1 year for 10 year old and older vehicles) certificate duration from the date it passes the test. Vehicles presenting for their first NCT at 4 years will be subject to the same rules as any other aged vehicles. Note this is a change from the current rule which allowed vehicles presenting for their first test at 4 years to be presented up to 6 months (180 days) early and to receive a certificate duration dated from the anniversary of their first date of registration. Vehicles presenting for an NCT younger than 2 years can be tested but will not receive a certificate and their next NCT due date will remain the 4th anniversary of the first date of registration.

In order for a vehicle to be considered as presented voluntarily early, it must currently have an in-date, valid NCT test certificate or be

younger than 4 years-90 days.

This change is being introduced as members of the retail trade have lobbied for it as they see an advantage in being able to sell a vehicle with a full two year (or 1 year) certificate.

Finally, there is a potential advantage of this change for owners of vehicles due their 10th anniversary inspection, if they present earlier than 90 days before their due date, they will receive a 2 year certificate from the date they pass rather than a 1 year cert from the anniversary of the registration date if they wait until they are due.

2. Odometer Readings Printing and Verification by the Presenter: Odometer Readings captured after July 28th, 2014 will be printed on the NCT Certificate. Up to a maximum of 3 previous readings can be printed on the Certificate. This is being introduced as an aid to consumer protection.

3. Management System for Test Centre Bookings: Customers wishing to have a full test conducted in a vehicle without a pre-arranged appointment must be a member of the NCT Trade Scheme or provide other identification



as specified by the Authority.

After July 28th, only a Trade Fob or a Driving Licence will be deemed as acceptable forms of identification in order to receive a short notice booking made in the test centre.

This measure is being introduced to bring greater transparency to transactions carried out in the test centre. The NCT Trade Scheme is for NCT purposes only.

NOVICE PLATES

The Department of Transport, Tourism and Sport has announced changes to the driver licensing system that apply to newly qualified novice drivers and first time learner permit holders.

These changes are important road safety measures that form part of the Graduated Driver Licensing (GDL) system, one of the key actions in the current and previous Government Road Safety Strategies aimed at improving how we train, test and licence learner and novice drivers.

THE CHANGES ARE AS FOLLOWS:

A person granted a first driving licence on or after 1st August 2014 must display N-plates on the vehicle for a period of 2 years, and during that period display N-plates on any other vehicle in respect of which they get a driving licence. Where the vehicle is a motorcycle, the rider must wear an N – tabard.

The novice period applies only once ie someone who holds a driving licence for a category of vehicle and who after a period of two years becomes entitled to drive another

category, does not become a novice in respect of the new category.

Non-display of N plates is an offence under traffic law and is punishable by a fine not exceeding €1,000 for a first offence. On becoming a fixed charge the failure to display an N-plate will carry 2 penalty points on payment of a fixed charge, or 4 on conviction. A lower threshold of seven penalty points leading to disqualification will apply to any driver who is granted their first learner permit on or after 1 August 2014 while they drive under a learner permit, and subsequently during the first two years while they drive under their first driving licence.

There is no requirement for novice drivers to have an accompanying driver – this is still only the case for learner drivers. However, a novice driver may not act as an accompanying driver for someone who holds a learner permit

The purpose of the GDL system is to reduce the number of collisions, deaths and injuries among learner and novice drivers, particularly among the high risk 17 to 24 year olds, during

the learning to drive period and period immediately after they pass their test.

Research tells us that novice drivers are most likely to be killed on our roads in the first two years after passing their test due to their inexperience.

In fact, UK research has revealed that 1 in 5 newly qualified novice drivers has crashed in the first six months after passing their test. Furthermore, available evidence suggests that a driver is considered to be inexperienced until s/he has driven 100,000 kilometres.

Therefore, these measures are designed to protect our most vulnerable road-users so that they can become safe, competent and confident drivers, helping to ensure we have fewer collisions, fatalities and injuries on our roads.

Novice plates, or similar systems, are in place in many other EU countries, and these measures will help to bring Ireland closer into line with Northern Ireland, the UK and other EU jurisdictions.

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11 Nissan Qashqai 1.5 Dci Sv Red 72 Kms

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10 Toyota Auris 1.4 D4d 5 Door Luna Silver 85 Kms

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09 VW Golf 2.0 Tdi 110 Bhp Trendline 82 Kms 5 Door Silver

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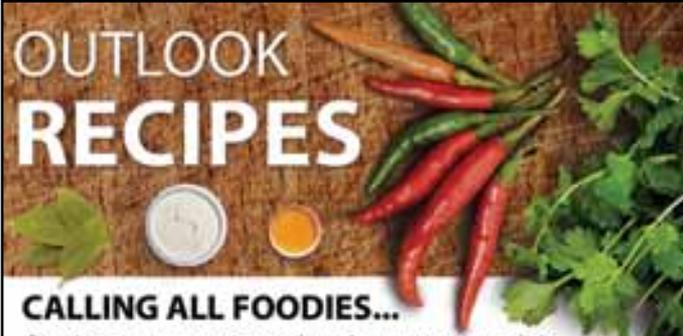
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OUTLOOK RECIPES



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Baked Garlic-Lime Chicken Breasts

Low in fat & full of flavour

Chicken is a low fat, lean meat that can be used in many dishes. This recipe is full and flavour and healthy too.

Ingredients - Serves 4 Adults

- 4 boneless, skinless chicken breasts
- 25ml / 1fl oz. of fresh lime juice, half a lime
- 1 tablespoon of olive oil
- 4 cloves of garlic, finely chopped or minced
- Salt and freshly ground black pepper, to taste

Method

- Mix the lime juice, olive oil and garlic together in a large sealable plastic bag
- Add salt and pepper to taste
- Add the chicken to the bag and seal it, removing as much air from the bag as you can
- Marinate chicken, turning bag over once or twice, for at least 4 hours or up to 24 hours in refrigerator
- Preheat oven to 200°C / 400°F / Gas Mark 6
- Remove chicken from marinade and throw away the marinade
- Arrange the chicken, in a roasting tray. Leave some space between each piece
- Season chicken with salt and pepper and roast in the oven until cooked through; about 25 to 30 minutes
- Once the chicken is cooked, transfer the roasting tin to the grill or if your oven has a grill just turn it to the grill setting
- Grill the chicken until it is about to get crispy, about 2 to 3 minutes

Serving Suggestions

Serve with baby potatoes and green vegetables (broccoli, mange tout, French beans or peas)





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f e



THE DUNLOE LODGE team who were runners-up in the Killarney Credit Union / Killarney Athletic Seven-a-Side Soccer tournament during the week. Also in photo are seated from left, Emma Looney, KCU, Brian O'Donoghue, Pat Delaney, KCU, Geoff O'Donoghue and Ciaran O'Mahony. At back, Collette Casey, Mike O'Shea, Chairman, Cian Horan, John Gerard Healy, Gary O'Leary, Kevin McCarthy, John Friel, Leo O'Donoghue, Don O'Donoghue and Mary McCarrick. PHOTO: DON MACMONAGLE.



THE O'LEARY EXPERT team who won the u-16 final in the Killarney Credit Union / Killarney Athletic Seven-a-Side Soccer tournament during the week. Included are seated from left, Daniel Horgan, Niall O'Donoghue, Niall McCarthy, Pat Delaney, KCU, Billy McJagger, Sean Courtney and Cormac O'Neill. At back, Collette Casey, Joe Daly, vice-chairman, Darren Mulcahy, Sean O'Leary, Jack Griffin, Lorcan McMonagle, Robert Osborne, Cian Gammell, Don O'Donoghue and Mary McCarrick. PHOTO: DON MACMONAGLE



THE BOW BOW team who were runners-up in the u-16 final in the Killarney Credit Union / Killarney Athletic Seven-a-Side Soccer tournament during the week. Included are seated from left, Brian Friel, Patrick Warren, Pat Delaney, KCU, Ian Cremin and Donal Moynihan. At back, Collette Casey, Joe Daly, vice-chairman, Mark Ryan, Sean Twomey, Dean Fitzgerald, Kcian Jenkins, Don O'Donoghue and Mary McCarrick. PHOTO: DON MACMONAGLE



NIALL O'DONOGHUE, OF THE O'LEARY EXPERT team who won the PLAYER OF THE TOURNAMENT in the u-16 final in the Killarney Credit Union / Killarney Athletic Seven-a-Side Soccer tournament during the week. Included are from left, Joe Daly, vice-chairman Pat Delaney, KCU and Don O'Donoghue presenting the trophy. PHOTO: DON MACMONAGLE.



THE WEDDING GURU team who were winners of the Reserve final in the Killarney Credit Union / Killarney Athletic Seven-a-Side Premier Soccer tournament during the week. Included are seated from left, Anthony O'Leary, Pat Delaney, KCU, Stephen Hayes and Pat and Finn O'Neill. At back, Collette Casey, Joe Daly, vice-chairman, Brian Spillane, Gary Keane, Roy Kelliher, John McDonogh, David Hayes, Don O'Donoghue and John O'Brien, manager. PHOTO: DON MACMONAGLE.



THE CURROW team who were runners-up in the Reserve final in the Killarney Credit Union / Killarney Athletic Seven-a-Side Premier Soccer tournament during the week. Included are seated from left, Kevin O'Donoghue, Jamie Cahill, Pat Delaney, KCU, Mike McCarthy and Michael Cahill. At back, Collette Casey, Joe Daly, vice-chairman, Ray Huggard, Michael Cahill, Kevin Fitzgerald, Conor O'Leary, Don O'Donoghue and Basil Sheerin. PHOTO: DON MACMONAGLE.

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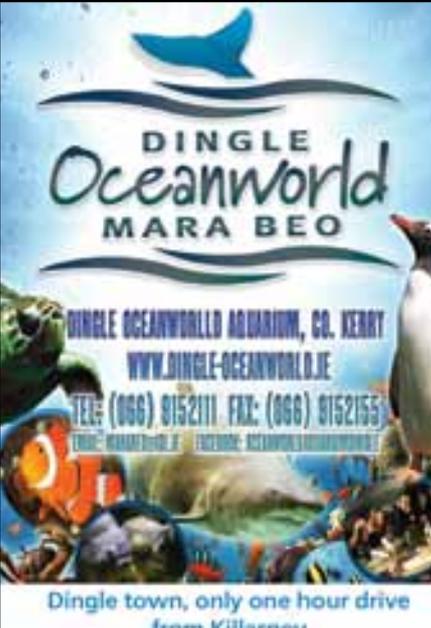
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KILLARNEY LEGION UNDER 14 EAST KERRY DIVISION 1 CHAMPIONS.
 BACK ROW FROM LEFT: DYLAN TRANT, MICHAEL DEVLIN, EVAN SMITH, DARRAGH LYNE, DARREN LOONEY, CONOR LUCEY, JACK HANRAHAN, BARRY SLATTERY, CONOR LEARY, CIARAN QUIGLEY & JOHN CULLOTY.
 FRONT ROW FROM LEFT: CRAIG MORIARTY, PETER O'SULLIVAN, IAN PRENDERGAST, JACK ENRIGHT, DONAL LUCEY ROBERT OSBORNE, ADAM KISSANE, TADHG DOOLAN, NIALL MCGILICUDDY & DAVID CULLOTY.



KILLARNEY LEGION JUNIOR TEAM. O'SULLIVAN CUP WINNERS (EAST KERRY CHAMPIONSHIP) 2014.
 BACK ROW FROM LEFT: ENDA WALSH, STEVEN GRIFFEN, DENIS SHEAHAN, DONAL LYNE, EINO O'CARROLL, JAMES O'DONOGHUE, BRYAN GRIFFIN, SCOTT O'MAHONY, ALAN MORIARTY, ANDREW O'REGAN, TIM O'REGAN, JACK O'NEILL, DAVID GLEESON, AIDAN SLATTERY & MICHAEL LYNE.
 FRONT ROW FROM LEFT: CIARAN LYNE, SEAN MCCARTHY, DAMIEN LYNE, DEREK TWOMEY, DARRAGH O'DOHERTY, ROB LEEN, SEAN HEGARTY, CIAN HEGARTY, BRIAN DOOLAN (CAPT.), KJ GRIFFIN, KIERAN SLATTERY & THOMAS LYNE.
 MISSING FROM PHOTO ARE DONAL O'DONOGHUE & GENE MCCARTHY.



MATCH OFFICIALS FOR THE O'SULLIVAN CUP FINAL 23 JULY 2014 INCLUDE 2 NEPHEWS OF THE LATE OWEN O'SULLIVAN IN WHOSE HONOUR THE O'SULLIVAN CUP IS PRESENTED.

EAST KERRY NOTES

with Áine Ní Shúilleabháin.

O'SULLIVAN CUP FINAL

Legion 1-14

Dr. Crokes 1-10

Legion won their second O'Sullivan Cup, Junior Championship title, sponsored by O'Sullivan

Cycles and Outdoor Centre Killarney, with victory over Dr. Crokes in Fitzgerald Stadium last Wednesday.

The first half was evenly contested and Legion took control of this game in the second half with five unanswered point in the third quarter to set them on their way to victory. Dr. Crokes opened the scoring with 3 points in seven minutes (Tony

Brosnan (f), Jamie Doolan(2)). Legion came into the game and equalised with three well taken frees (Donal Lyne). Dr. Crokes regained the lead with two points (Tony Brosnan frees). Legion fought back with a Donal Lyne free and a point from play (Derek Twomey). Both sides pointed frees (Tony Brosnan and Donal Lyne). Half Time Score Legion 0-6, Dr. Crokes 0-6.

In the second half Legion took over from the throw in and within a minute Scott O'Mahony converted a free, Derek Twomey and Kieran Slattery extended the Legion lead to three points. Donal Lyne converted a further free and Derek Twomey added a point to leave Legion leading 0-11 to 0-6. Dr. Crokes replied with two frees from Tony Brosnan. Legion dominated once more with points from Tim Regan, Sean McCarthy and a long range free from Donal Lyne. In the 23rd minute Derek Twomey was at the end of a well worked Legion movement to crash the ball to the net leaving Legion leading 1-14 to 0-8. From the kickout Dr. Crokes attacked down field and were awarded a penalty. Tony Brosnan made no mistake from the resultant shot and added two late points. Final Score Legion 1-14. Dr. Crokes 1-10.

The O'Sullivan Cup was presented by East Kerry Chairman Tim Ryan and Con O'Sullivan to Legion Captain Brian Doolan. The Man of the match was presented to Legion midfielder Jack O'Neill by Conor O'Sullivan, Grandson of the late Owen O'Sullivan in whose memory the Cup is presented. A number of match officials were related to the late Owen O'Sullivan. The referee, James O'Sullivan (Firies) was a nephew, as was one of the umpires, Owen O'Sullivan.

EAST REGION MINOR LEAGUE

Sponsored by The Tatler Jack

RESULTS

Firies 3-16 Legion 3-13

Rathmore concede to Spa

Glenflesk 1-19 Beaufort 2-08

BILL TANGNEY CUP SEMI FINAL

Fossa 8-12

Kilcummin 5-10

In an exciting game, Kilcummin hosted Fossa in the Bill Tangney Cup semi-final. Fossa were the stronger in the first half, opening the scoring with a goal by Tadhg O'Shea on 3 minutes. A scatter of points followed (Derry O'Sullivan, Lorcan Daly, Paudie Clifford for Fossa and David Brosnan, Richie O'Connor, Eric O'Connor for Kilcummin), before Dara Rice put the ball in the back of the net, followed by a well taken Lorcan Daly goal with ten minutes remaining in the half. Kilcummin narrowed the gap to four points with a pointed free and a Richie O'Connor goal but Fossa increased their lead with 2 unanswered points (Dan O'Keefe, Tadhg O'Shea) and a Lorcan Daly goal. Richie O'Connor fired over a lovely point on the stroke of half time to leave the score at the break: Kilcummin 1-06 Fossa 4-05.

On resumption, Kilcummin's Daniel Kelly scored a well taken goal, in the first minute. Fossa won a penalty, ably dispatched by Paudie Clifford. The



sides traded points, Ben Brosnan for Kilcummin and Lorcan Daly for Fossa when Colm Lenihan sent a high dropping ball into the edge of the goal and Richie Connor punched into the back of the net. With the tempo of the game increasing rapidly, a Jer Sheehan point followed by a Richie O'Connor goal had reduced the margin to a point and the outcome was in the melting pot. Three points in rapid succession (Mick O'Neill, Paudie Clifford and Lorcan Daly) increased the visitor's lead to two scores on the 16th minute. However, the home side were on a roll and a Denis O'Sullivan point followed by a goal by Ben Brosnan, from a nice pass by Darragh Kelly (who had moved out field in the second half) had the sides level on 5-9 a piece with 8 minutes remaining. Fossa restored their lead with 3 points in a row (Tadhg O'Shea free, Mick O'Neill and Mike O'Keefe). Kilcummin replied with a point by Damian O'Leary, but that was to their last score of the match. Fossa notched up 3 goals in as many minutes, the first from Mike O'Keefe, then Paudie Clifford finished a pass from Derry O'Sullivan to the back of the net and with the final kick of the game, Kevin O'Sullivan scored a goal. Final score: Fossa 8-12 Kilcummin 5-10. Fossa play the winners of Rathmore V Listry in the Final. Referee: Tom Moriarty (Legion)

EAST REGION MINOR LEAGUE FIRIES 3-16 LEGION 3-13

As the scoreline would suggest, this was a highly entertaining game, between two evenly matched teams, in the East Region Minor League, sponsored by The Tatler Jack. Both sides shared the early scoring but two goals by Firies midway through the first half gave the visitors the edge and with some fine point taking looked to have taken control but a Kyle Griffin goal and some great free taking by Donal Lyne before the interval saw Legion go in at halftime trailing by four points. The second half saw scores galore with Cathal O'Shea scoring a fine goal to give Firies back the advantage only to see both Donal Lyne and Peter Mc Carthy raise green flags to make sure this game went down to the wire. However, it was Firies that scored the last few scores to deservedly win this exciting encounter. Final score Legion 3-13 Firies 3-16

The Semi finals are on the 10th August 2014

TREVOR BARRETT MEMORIAL TOURNAMENT: St Pats are participating in the Trevor Barrett memorial tournament run by Austin Stacks to commemorate their late player who died at a young age. The tournament is on Saturday Aug 2nd and St Pats are drawn against Stacks in the first round at 10:30am in Connolly Park.

GOLF CLASSIC: The St Pats East Kerry annual Golf Classic is arranged for Saturday August 9th at the Ross Golf Club Killarney. It's a 3-man scramble over 18 holes. Cost is €120 per team and will include a BBQ & goody bag for each player. Tee box advert cost € 50. Call club Chairman Pat O'Brien on 087 415 8773 or any

member.

UNDER 14 CHAMPIONSHIP: The Under 14 East Kerry Championship Sponsored by MD O'Shea, commenced with the following fixtures Kilcummin V Cordal/Scartaglin, Spa V Dr Crokes, Firies V Fossa, Gneeveguilla V Glenflesk. Semi Finals are on Monday 4th August.

COUNTY SUPER 10 GAMES: The County Super 10 games were played last Friday in John Mitchels superb venue. Group 1 consisted of Firies, Na Gaeil and Sneem/ Derrynane/ Templenoe. Firies reached the county final versus Dingle which was a superb game of football. Excellent fielding combined with superb finishing had the large crowd on the edge of their seats. Firies and Dingle could not be separated at full time or after extra time resulting in the game going to penalty shoot-out. Three players from each team took the spot kicks with Firies lifting the shield in the narrowest winning margin possible over a gallant Dingle team. Thanks to Denis Sayers and Giles O'Grady for refereeing the games and John Mitchels for their support on the night.

SPA NOTES

Anne Holland.

COISTE NA NOG: U11s are out every Sunday @ 6pm. This is open to both boys and girls.

U14 BOYS: East Kerry Division 2 Final Lost by 4pts in a thrilling final played in Fossa. The team showed great spirit and were unlucky with numerous scoring chances.

Team: Oliver Cremin, Shane O Donoghue, Cian Fahey, Jordan Leahy, James Lynch, Ruairi O Keefe, Gary Vaughan, Reece Hegarty, Stephen McKenna, Liam Spillane, Sean Cahill, Ryan Kelliher, Keelan Deegan, Evan Jones, Cian Murphy, Darragh O Leary, Michael Kearney, Conor Brosnan, Vonnice Cremin, Callum Hennessy, Tomas Cronin, Alan O Sullivan, Seam O Sullivan, Adam Kelly and Michael Horgan.

UPCOMING FIXTURES

U16 BOYS: home to St. Mary's Wed July 30th in county league @ 7.30pm

LADIES FOOTBALL

U12 CO FINAL: Date set 11th August v. Moyvane time and venue TBC

U13 CHAMPIONSHIP

SPA 4-10 BALLYDUFF 2-2

Played in Spa and pulled off a very impressive win. We play Ballymac in the semi final Wed July 30th @ 7pm away.

U19 CHAMPIONSHIP

EAST KERRY 1-9 ST. BRENDAN'S 5-26

Inaugural competition but lost to a much stronger Tralee side. Next round wed July 30th at 7.30 in Spa v South Kerry.

SENIOR LADIES CHAMPIONSHIP

KILLARNEY 1-5 SOUTHERN GAELS 2-15

A cracking game with home side leading throughout the game till the last 10 mins when the South side stepped it up a notch and pulled off a victory to claim the coveted place in the final.

MINOR DRAW: Round 4 of the Minor Co. Championship will be made live on Radio Kerry lunchtime news on Monday July 28th with games to be played on Thursday August 7th.

CO. SENIOR LEAGUE ROUND 8 DIVISION 2

SPA 0-14 GLENBEIGH/GLENCAR 2-15

Played away but unfortunately lost to a stronger home side. Shane Cronin played well for Spa. Up coming fixture 17th August home to Listry

TICKETS ARRANGEMENTS: Kerry v Galway on Sunday 3rd Aug at 2pm in Croke Park - Ticket prices as follows: Adult Covered Stand €30; Juvenile €5 (Cusack & Davin only); Hill €20. (Students and OAPs receive €10 back on Cusack & Davin Stand tickets only - with Valid ID & at designated stile). On Sale during the week from the Kerry Co. Board Office as well as the Kerry GAA Store in Killarney and Centra & Supervalu stores around the county.

COUNTY TEAMS: Best of luck to the Kerry Minors and especially our Spa players on the minor panel as they take on Kildare next Monday in Semple Stadium, Thurles at 4pm in the All Ireland Quarter Final. Ticket details to follow during the week.

LOTTO: No jackpot winner

Numbers drawn 7,13,24 25. Lucky dips Mary Reen, Old Deer Park, Michael O Sullivan, Johnathan Russell, Gortroe. Fossa, Bridget Walsh, c/o Jimmys. Draw next week Arbutus hotel Monday night. Whopping Jackpot €12800 So get your tickets. Don't forget to renew your annual ticket.

MERCHANDISE SHOP: will be open on Friday evenings from 6.45pm to 8pm and on Saturday mornings from 11am - 12.15pm. Sale now on with up to 30% off on selected items. Any enquiries please contact Mathilda on 0876487356.

KELLOGS CUL CAMP: Registration forms in clubhouse now. Spa will be hosting a football camp once again August 4-8

LA NA GCLUB: Is cancelled for the interim due to the Kerry games over the long weekend.

WEDDING: Congratulations to Anita O Sullivan, Ballaugh who married Donie O Sullivan Barraduff at the weekend in St. Mary's Cathedral.

MILLTOWN / CASTLEMAINE GAA NOTES

LOTTO: The next draw will take place on the 1st of August in Knightly's Bar, when the jackpot will be up to €8,600.

Tickets available from local businesses. Thank you for your support.

SENIORS: Milltown/Castlemaine defeated Kerins O'Rahillys on a score line of 2-13 to 0-5, in round eight of Senior football County League,



a special well done goes to Eoin O'Brien who bagged two goals on his debut.

JUNIORS: Milltown/Castlemaine B Team will now play the winners of Keel Senior A Team vs Cromane Senior A Team In The O'Sullivan Cup Semi-Final.

U 10'S: Milltown/Castlemaine U10 Blitz took place last weekend, Shield winners on the day were Fossa, Ardfer, Milltown Castlemaine and Valentia which were presented by James Mangan. Thanks to all the teams who participated: Keel, Ballymacelligott, John Mitchels, Austin Stacks, Fr Casey's Abbeyfeale, Kenmare Shamrocks, Laune Rangers and Listowel Emmett's. Thanks to everybody that organised, coordinated and refereed the blitz. Mile buiochas to everybody who baked, gave out the goodies and helped with the teas and coffees.

MID KERRY NEWS

Joan McGillicuddy.

O'SULLIVAN CUP: 1st semi final sees Milltown/Castlemaine home to Glenbeigh/Glencar Thurs 31st July 7pm (extra time playable).

BOARD MEETING: Mid Kerry Board will hold a meeting with all Club Secretaries and Chairmen on thurs 31st July 9pm in O'Gradys Bar Killorglin. Please ensure all Secretaries and Chairmen are in attendance.

DATE FOR THE DIARIES: Senior League final between Keel & Milltown/Castlemaine will be held in Killorglin on Sat 30th Aug.

In the Garveys Supervalu Football Championship Mid Kerry were drawn to play Laune Rangers, with local rivalry this promises to be a good game.

U12 Competition continues wed night 30th all games 6.30pm

A COMP: Milltown/Castlemaine host Keel, Glenbeigh/Glencar home to Laune Rangers Beaufort - bye

B COMP: Milltown/Castlemaine host Keel, Glenbeigh/Glencar home to Laune Rangers Beaufort entertain Cromane

Please note all dates times and venues are correct at time of press

Kellogs Cul Camps will continue in Glenbeigh GAA pitch from Mon 4th - Fri 8th Aug.

LISTRY NOTES

Paula Courtney.

LISTRY WEEKLY LOTTO RESULTS Sunday 27th July, 2014. Winning Numbers 3, 6, 25, 26 Jackpot €8,450. 1 x €100 Ivan O'Shea, Ballymalis, 2 x €50, Jimmy Doona C/o KGC, Jake Gray, Sheerings. 2 x €25 Paul Spellman, Ballycasheen Noreen O'Connor, Aghlish. Draw Entrant Patsy Mannix, Keel. Jackpot next week. Sunday 3rd August €8,600

Senior Football League Division 2 Round 8

RESULT

Last Saturday 26th July

Listry 0-9 John Mitchel's 0-10

Listry GAA Summer camp sponsored by The Dungeon Bookshop Killarney

5th-8th August 10am - 2pm

Open to all National School children.

€30 per person €50 per family.

Forms are available from coaching officer Colman O'Shea 087-2182448 or from the Listry GAA website.

TRAD NIGHT AT FAHA COURT: Milltown Listry Comhaltas presents Sean Murphy and friends, a night of song, music and story at Killarney Country Club, on Sunday, August 3rd.

All welcome to join in with a song or a tune so bring your instrument and have your lyrics learned! Bf ann from 10 p.m.

LEGION GAA CLUB NOTES

Kevin Griffin.

BUSY SCHEDULE: In what was one of our busiest weeks of the year on the playing pitches with no fewer than twelve different games taking place at all age groups, we took home two titles and saw our Ladies senior team play in their first game.

U14 EAST KERRY WINNERS: Fantastic result for our Under 14 boys this evening in Direen where they captured the East Kerry Division 1 title by defeating Rathmore on a score-line of 2-18 to 3-10. This was a terrific result for a group of talented young players & their mentors who have worked so hard all year. When few of us ventured outside in the horrendous weather at the start of the year, this team were being put through their paces marshalled by John Culloty, Dylan Trant & Frank Roberts. This was when a lot of the hard work was done.

When tonight's game seemed to be slipping from our grasp it was our superior fitness and team spirit that helped to get us over the line. We led at half-time 1-13 to 1-0 & the game was over for all sense & purposes. However, nobody told Rathmore! All credit to them for not lying down & for giving us a thrilling game in the second-half. They used their physical strength to great effect & piled the pressure on but these Legion boys used all the experience they had gained over the last year to see the game out. Our excellent fast paced, attacking football was a joy to watch & every one of our lads should be proud of the shift they put in.

O SULLIVAN CUP FINAL: In an eagerly awaited O Sullivan cup final played last Wednesday evening in Fitzgerald stadium, our junior team under the management of Donal O'Donoghue, Tomas Lyne and Mikey Lyne defeated near neighbours Dr. Crokes on a 1-14 v 1-10 scoreline. Dr. Crokes started the better and went into an early 3 point lead but with Donal Lyne unerring from place balls, Legion got themselves on par midway through the half and parity was how it remained at halftime. The second half saw our lads gain control of the game with young Jack O'Neill in superb form they started to open up a little daylight

between the sides with good scores coming from Lyne, Tim Regan and Derek Twomey and with ten minutes remaining were 1-14 v 0-08 ahead but a good closing passage by Crokes saw them kick 1-02 without reply but our lads held out to claim the O'Sullivan cup for the first time since 1980 and ironically the manager of this junior team, Donal O'Donoghue was actually playing and was the captain on that last title winning team. Captain Brian Doolan accepted the cup from EKB chairman Tim Ryan and Con O'Sullivan. Jack O'Neill was deservedly awarded the Man of the Match award.

UNDER13 GIRLS: Well done to the Under 13 girls who got the better of Scartaglin in a goalfest in Direen this evening. They now qualify to play Castleisland in the next round. Full time score Killarney Legion 6-4 Scartaglin 5-4.

UNDER11 BOYS: Well done to our Under 11 boys who beat Furies in Direen last Sunday evening in the opening round of East Kerry. A very entertaining game played by two very skilful sides. The teams went in at half-time with Legion ahead by 1-06 to 1-04 although we had the lion's share of possession. Manager Mike Pierce gave the boys a pep talk during the break that seemed to fire them up. Our lads upped the tempo in the second half and got their just rewards with some wonderful scores. Final score: Legion 4-11 Furies 2-05. Keep up the good work.

GOLDEN GOAL TICKETS: keep an eye out for the Golden Goal tickets that are now on sale for just 2euro for the upcoming Kerry senior football quarter-final game on Sunday 3rd August. All monies raised will go towards the costs of running our excellent Juvenile academy. Winning couldn't be easier. If the first goal scored matches the minute inside your ticket then you've just won €50 We also pay a fiver for the minute either side of the Golden Goal Best of luck & thank you for your continuing support.

SENIOR COUNTY LEAGUE: The senior team put themselves in pole position for a quick return to Division one of the County League virtue of an 0-11 v 0-08 victory over Skellig Rangers at Derreen last Saturday evening. Kevin Breen opened the scoring of a game that saw our lads eventually grind out a three point win. That win gives us full points from the eight county league games so far. There are three remaining rounds to be played.

In the draw for the quarter final of the County Championship, we have been pitted against Dingle with this tie possibly not taking place until October 4\5 depending on Kerrys progression in the All Ireland series.

U16 BOYS: On Wednesday 23rd July we travelled the short distance to Rathbeg to play Rathmore in round 4 of the county league in a top of the table clash. Rathmore started brightly and were a goal to no score up after 4 mins, but not deterred from the task at hand Legion reeled off the next 4 points before



Rathmore scored a point to level the game. Legion upped their game and out scored Rathmore for the rest of the half to lead at half time 1-8 to 1-1. Rathmore started the second half brightly and scored 3 points before Legion took control of the game and dominated the second half with legion winning 6-11 to 1-8. This was a magnificent team performance by Legion against a very strong Rathmore team. We now proceed to play Na Gaeil in the final round at home on Wednesday evening.

SUMMER CAMP 2014: The Clubs Summer Camp is still open for bookings. To coincide with the staging of the Academy on Tuesdays from 6-7 you can book your place in the camp through Maura in the club shop. With over 90 kids enrolled in last years camp early booking is advisable to avoid disappointment. Its open to boys and girls up to age 12 and also to non members who may like to join in the weeks fun. Contact Enda at 0876447523 for further detail

LOTTO: Lotto for Sunday 27 July numbers drawn 4, 19, 21, 22. No jackpot winner Lucky dip each receive €50, Mark Moriarty c/o Brian, Patricia Clifford Caherdaniel ,Jane o Donoghue c/o Lord Kenmares ,Gerry Mangan Knocknagree, Aine Coakley c/o Ger mcGillcuddy. Next weeks jackpot €6,800.

KERRY LADIES

KERRY TAKE ON DONEGAL

Kerry senior ladies face Donegal on Bank Holiday Monday 4th August in a Round 2 qualifier in the TG4 All Ireland series. The game televised by TG4 will take place in St Brendans Park Birr at 4 pm. Kerry who were beaten in the Munster final by Cork will have a tough game against the Northern side who were defeated by Armagh by just 6 points in the Ulster Championship. Armagh ultimately went on to win the Ulster title defeating favourites Monaghan. "Donegal was one of the toughest draw we could have got for this qualifier round. Despite being relegated from Division 1 of the Tesco HomeGrown National Football league, they were well organised & gave us a tough game in Tralee in April. Their management had only just been appointed prior to that game. They'll also have Geraldine McLoughlin back on the team; she's one of the best, if not the best, forward in the country. They'll be far stronger than they were in the league" according to William O'Sullivan senior manager. The team will want to come out strong after the Munster final defeat to Cork. It was a game where lessons were learned all round. There are currently some injuries to the team. Amy Foley & Debra Murphy were injured prior to the Munster Championship & the situation is being monitored. Sarah Jane Joy injured her cruciate in the first round game against Cork in Pairc Ui Rinn so will be out for the rest of the season. Kerry will be looking for Caroline Kelly

DR. CROKES GAA CLUB

LOTTO: Draw took place in the Tatler Jack on Sunday last. Numbers drawn: 12, 13, 19, 21. The jackpot of €6,600 was not won. Match 3, 11 received €40. Next week's jackpot is €6,900. Draw will take place in the Tatler Jack.

RESULTS: Snr Co. Lge - Div. 5: Dr. Crokes 2-21, Duagh 0-08. O'Sull. Cup Final: Dr. Crokes 1-10, Legion 1-14. U16 Co. Lge.: Dr. Crokes 4-10, Laune Rangers 2-11. Girls U16 Co. Lge.: Dr. Crokes 5-10, Currow 1-05.

SNR CO. LGE - DIV. 5: Dr. Crokes defeated Duagh in a sun-soaked Lewis Road on Sunday last in the Credit Union County Football League Division 5. This game got off to a quick start with both teams evenly match for the first 5 minutes. Laurence Burns opened scoring on the second minute with a well taken point. Bryan O'Shea and Keith O'Leary added two further points before Duagh opened their account with a point. Our mid-field pairing of Andrew Kenneally and James Jones contested every Duagh kick-out and, as a result, Duagh found it difficult to break into the our half of the field. We constantly threatened the Duagh goal, a blast from James Jones curling right and wide. Shortly after, a great pass by Chris Brady saw Tony Brosnan find the Duagh net. Half-time score: Dr. Crokes 1-10, Duagh 0-01.

Duagh missed good scoring opportunities in the second half. We continued in our scoring ways with points from Andrew Kenneally, Chris Brady and Tony Brosnan. It was clear we were the fitter side and we pushed home with 5 minutes to go. Late into injury time, Chris Brady sealed victory with a goal and followed it up with a well taken free. Full-time: Dr. Crokes 2-21, Duagh 0-08.

SATURDAY MORNING ACADEMY: Our Saturday morning hurling academy finished up last weekend. Both codes will be starting up again after the summer break.

CLOTHES BANK: There is a clothes bank now permanently located at the rear of the clubhouse. Any old clothes, no longer required, can be deposited in bags at all times. As well as providing valuable funding to our juvenile section, proceeds from the bank also go towards the ISPC.

BEST WISHES: To the Kerry teams and Dr. Crokes club members in the All-Ireland Senior & Minor Football Quarter Finals this weekend.

SYMPATIES: To the family and friends of the late Monsignor Noel Brown and to the family and friends of Bridget Kennedy (mother of Jim Kennedy) who passed away last week. Ar dheis Dé go raibh na hanam dílis.

& Denise Hallissey to continue their strong form in defence, where both put in good shifts against Cork. Kerry also hoping that All Stars Sarah Houlihan & Louise Ni Mhuirteartaigh will also put up some good scores.

In the domestic scene there were crucial final spots up for grabs in the Senior A & B Championship & in the Junior A. In the Junior A semi final a depleted Abbeydorney side, who saw off Kilcummin in the earlier rounds travelled to Lispolie to take on a good Corca Dhuibhne side. From the offset Abbeydorney were in trouble defensively as Eilish Kavanagh got some good scores & had difficulty winning their own kick outs. At half time Abbeydorney made some positional switches which worked a treat however it was too much of a climb for the North Kerry side who were missing key players. Laura Collins played very well for Abbeydorney marking Louise Ni Mhuirteartaigh while Eilish Kavanagh took advantage of the space awarded to her. Final Score Corca Dhuibhne 4-19 Abbeydorney 2-07. In the Senior A Championship Desmonds/Duagh faced current champions Laune Rangers. Unfortunately the current champions never got going & found the combination side too strong. Lorraine Scanlon & Leanne Mangan proving a handful for the Laune side. For the dethroned champions Edel Murphy proved her credentials as she saved a penalty in the first save & pulled of a few more point blank saves. While Patrice Dennehy put in a good performance & key provider in many

of their scores. Final Score Desmonds/Duagh 4-20 Laune Rangers 3-08. Southern Gaels will be the opposition as they defeated Killarney in the other semi final. Both defenses were on top in this clash with the forwards having to work hard for scores. In the end the experience of Southern Gaels told in the end & they hope to make up for the disappointment of 2013. Final Score Killarney 1-05 Southern Gaels 2-15.

A weakened Listowel Emmetts who had a good battle last week against Desmonds/Duagh were undone by Scartaglin the Senior B final. Final Score Scartaglin 4-13 Listowel Emmetts 1-09. Southern Gaels had another reason to celebrate the weekend as their U12 team secured the Glebe Kitchens Division 1 title defeating neighbors Cromane. In a very exciting game where both sets of midfielders were battling hard for breaking ball, it was Southern Gaels who found scores easier to come by but were often undone by Cromane keeper Sinead O'Neill. But Southern Gaels plugged away & with goals from Rachel Devane, Maria O'Sullivan & Siofra O'Shea they eventually came out on top. Cromane goals coming from Claire Fealey & Rosin Griffin. The skill by all players was excellent but Shannon O'Donnell & Shona Fitzpatrick were resilient in defense for Southern Gaels. Mary Courtney on behalf of sponsor Glebe Kitchens & Kerry Ladies county board praised both sets of teams, in particular Cromane who have progressed from Division 5 to Division 1 in just three years.



MUCKROSS ROWING CLUB

HOME INTERNATIONAL REGATTA 2014:

On Saturday last, the National Rowing Centre in Inniscarra played host to the annual Home International Regatta for 2014, bringing the selected rowing crews of Ireland, England, Scotland Wales together for competition, in what is rowing's answer to the Triple Crown of rugby. This year, Muckross RC was proud to be strongly represented within the Irish squad, having two rowers, a coxswain and coach among the ranks wearing the green jersey. Muckross junior oarswomen Kara O'Connor and Holly Hickey rejoined the Irish squad for 2014, having already competed successfully for Ireland at European level in recent years. This year, Kara and Holly were joined by Aine O'Sullivan and Aine Sweeney, who were selected as cox and coach respectively for the Irish Junior Womens sweep squad. The sweep squad included all boats of one oar to one rower, namely the Eight, Coxed Four, Coxless Four and Pair. Joining the Muckross four to complete the squad were the other selected top oarswomen who successfully emerged from national trials held throughout the year. They were Niamh Casey and Ellen McCarthy of Skibbereen RC, Ciara Davis and Ciara O'Dwyer of Shannon RC, Katie Nagle and Fiona O'Keeffe of Shandon BC, Naomi Wray and Francesca Morelli of Bann RC. Following the Irish Championships in mid July, all Homes crews decamped to their appointed training bases and in Muckross we were delighted to welcome our visiting oarswomen from Cork, Limerick and Coleraine. Two weeks of tough training followed, with head coach Aine supported by Noel Casey and Elaine Daly, both bringing their prior international experience to bear. However it was certainly not a case of all work and no play as the group of oarswomen did get to enjoy plenty of the sights in Killarney during their time off the water. A legendary BBQ at the O'Sullivan household was among a number of highlights for the girls away from the shore. With good weather prevailing, last week's regatta saw our competing rowers contend successfully in their races despite an impressively strong showing by the visiting Scottish and English crews. In the Junior Womens Eight, the girls recorded a second place finish behind England with Scotland in third and Wales fourth. In the coxed Four, the crews of Great Britain emerged triumphant with a fourth place finish for Ireland. In the coxless Four, Ireland was third ahead of Wales with England first. In the Junior Pair, it was another third for Ireland with Scotland taking gold. While Scotland and England took most of the senior and junior spoils respectively, the Irish crews did notch up six race wins. These included both the Mens and Womens Lightweight Single Sculls, Mens Senior Scull,



PICTURED ABOVE ARE THE MENS CREW FROM FLESK VALLEY ROWING CLUB IN KILLARNEY WHO WON THE JUNIOR MENS RACE AT THE ANNUAL KENMARE REGATTA LAST SUNDAY. INCLUDED FROM L TO R ARE SEÁN O'CONNELL, COLM Ó SUILLEABHÁIN, DENIS O'DONOGHUE, RORY LEANE. THE CREW WERE COXED BY AOIFE O SHEA.

Mens Senior Pair, Mens Junior Double and Mens Senior Four. Overall it was a successful and rewarding event for all concerned and a busy two weeks was concluded with a banquet last Saturday night, held in Cork for all competing rowers. It is a great achievement to reach the international rowing platform and we are extremely proud of our four club members who contributed to Ireland's participation in the Homes 2014. A big congratulations and well done from all at MRC. Special thanks to Aine Sweeney, Elaine Daly and Noel Casey and to all who supported the squad during their time in Muckross.

THANK YOU: Our thanks to Flesk Valley RC who loaned the club a boat for the Irish Championships Regatta in July.

FUNDRAISING: Our sincere thanks to all those who supported our annual Church and Street Gate Collections held in July. We are indebted to the continuing generosity of local supporters who continue to make the voluntary efforts of the club possible, in very challenging times for all sporting and charitable bodies. A reminder that our Game of Chance Prize Draw also continues with tickets remaining for sale from all club members.

END OF SEASON: With all crews now taking a well earned break after all the recent events from Killarney Regatta to Championships and Homes, we would like to especially thank all our coaches who continue to give so much of their own personal time throughout the year. Long winter evenings, cold early mornings and weekends away at events are par for the course and it is our coaches who make it all possible. Our thanks to Aine Sweeney, Junior 18 coach, to Alan Lyne, J15-16 Mens coach, to Elaine Daly and Linda Daly, J15-16 Womens coaches, to Eadaoin Moynihan, David Moynihan and Tim O'Shea, J14 coaches. We are also grateful for the support of Club President Seamus Guiney, Noel Casey, Martin Murphy, Pat Murphy, Pat Casey, Ulick Daly, Meabhdh Terry, Maurice

Coffey, Sean Coffey, Ronan Spillane, Brendan O'Neill, David Horan, Aoife Cooper and Shona O'Sullivan who all pitched in with training and coxing to help out the coaches during the year. Mile buiochas.

MUCKROSS LOTTERY: Results of Muckross Lottery for Saturday 26 July 2014. Numbers drawn: 5, 6, 20, 22. Lucky Number: 8. Match 3 Winner: Jim McCarthy. Next draw Saturday 2 August at Molly Darcy's. Jackpot: €3,400. Match 3 plus Lucky Number in panel 2: €4,400.

WORKMEN'S RC

The Workmen's Rowing Club, have lots to celebrate this week, lots of medals were brought back to base, and of course nothing complete without the traditional break away dip into the Atlantic on both sides of the County, great wins in both Fenit and Kenmare. we must mention the great coxes, Mikey Joe Burns and Mikey O'Donoghue!

THE JUNIOR GIRLS CREWS: Who had fantastic wins at both Fenit Coastal Rowing Kerry Championships and Kenmare Gig Gig Regatta at the weekend, they achieved, 1st in the Novice Girls, 1st U14's, 1st U16's, 1st U18's and 2nd U14's in Fenit, included is, Leona and Ciara Browne, Annie O'Donoghue, Ciara Moynihan, Siobhan Burns, Horan, Lauren McCarthy, Kathleen Horan, Mary O'Donoghue.

JUNIOR BOYS CREWS: Great wins at both Fenit Coastal Rowing Kerry Championships and Kenmare Gig Gig Regatta at the weekend, they achieved, 1st U14's, 2nd U18's, and 2nd U16's, David Bartlett, Donnacha Ireland, Michael O'Donoghue, David Bartlett and John Greene.

PRE-VET CREWS: Who raced in both Fenit, Coastal Rowing County Championships, and Kenmare Gig Regatta at the weekend, they achieved, 1st Pre-Vet mixed, 1st Pre-Vet Ladies, 3rd Fenit Veteran Ladies, and 1st Junior Ladies, in Kenmare, crews included Sylvie Bartlett, Oonagh Neilan, Hugh Rudden, Anne



Moynihan, Dervla Ireland, Hanna O'Donoghue, Mary Moynihan, Anthony McCarthy, Pauline O'Brien and Timmy Moynihan

Our All Ireland Junior Men's crew, came 2nd at the Coastal Rowing Championships in Fenit, Kieran Counihan, Bernard Sweeney, Mike Sweeney and Mike Quirke.

Go forth and have a great time at the next regatta... that's a Workmen's order!

KILLARNEY SOUTH COMMUNITY GAMES

FUNDRAISING- BAG PACKING EVENT:

The committee wish to thank all those who participated in our fundraising event held in Dunnes Stores Killarney at the weekend. Special thanks is due to the management and staff at Dunnes Killarney for their facilitation of event at short notice. Sufficient funds were raised to allocate a monetary gift and competition entrance fee to each athlete participating in the National finals in Athlone in August.

Also the wider public in Killarney who supported our cause are worthy of merit and appreciation.

X-COUNTRY: Kerry team continues with training every Tuesday at 7- 8pm. The location changes from Demense, Killarney to Tralee community swimming pool grounds this week.

TRAINING FOR ATHLONE: Training for other track athletes has been organised on Wednesdays at 6.15 at St. Olivers, travelling to An Ríocht stadium for 7pm. It is in the athletes best interest to attend preparation for Athlone

FACEBOOK: Please follow Killarney South Community games on Facebook for all new updates, information, pictures and reports. All electronic mail queries can be forwarded to killarneysouthcommunitygames@gmail.com

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 25/7/2014, numbers drawn were 8, 17, 18 and 29. Sellers

prize: Mossy Brosnan, €50 yearly ticket prize to John McCarthy Killarney, €50 Patricia Mahoney Islanderagh, €40 each to Kathleen Murphy Lisheen, Reen's syndicate c/o Austin Murphy, Mike Dillane Quarry Cross. Bonus not won numbers drawn were 12, 19, 24 and 26. Next week's jackpot €4,400 plus €1,000 bonus.

At the first race of our 1 mile series held in Barraduff last Friday evening a fine crowd faced the starter, with the following results: Senior Men 1st Robert Purcell Jnr. Gneeveguilla, 2nd Martin Dineen Ríocht AC, 3rd Denis Kelliher Unatt., Junior 1st Matthew Collins Gneev. AC, 2nd Conor O'Mahony Tralee Harriers, 3rd David O'Keefe Gneev. AC, U16 1st Andrew Purcell Gneev. AC, U14 1st Francis Cronin Gneev. AC, U12 1st Donal Burke Millstreet, 2nd Owen Kelly Gneev AC, 3rd Ian Buckley Millstreet, O40 1st Niall Collins Ballydesmond, Senior ladies 1st Carol Finn Leevale AC, 2nd Siobhan Daly Ríocht AC, 3rd Julie Purcell Listowel, O40 1st Caroline McCarthy Unatt., 2nd Mary O'Connell Gneeveguilla, O50 1st Caroline Murphy Gneev AC, 2nd Nora Flynn Gneev. AC, U14 1st Orla Buckley Millstreet, U10 1st Delia Foley Gneev. AC, 2nd Danielle O'Riordan Gneev. AC.

The following athletes from our club contested the All Irelands in Tullamore over the weekend but did not get in the medals, Sinead Warren, Gary Cronin, Ronan Collins, Tomas O'Neill and Amy Cronin. Of course Sinead won a gold medal there last week. Don't forget our next mile in Fossa on August 8th 7.30pm, more information contact Tom-Joe (087) 9339087. Good luck to our Senior ladies Team who contest the All Ireland League Final this Sunday. It is a great achievement to get to the final.

RUGBY CLUB NEWS

Tag Killarney - a great night was had by almost 40 guys & dolls at tag last week when they played out a random competition at the Community College on Tuesday night last. Tag continues again each Tuesday from 7pm. Munster Rugby Squad - Round Munster Challenge we were honoured by the visit of

8 squad members as part of their bonding session in pre-season fun. The lads arrived at 6:30 and we're promptly whisked away on the open top bus through the town. Then to a fabulous BBQ at the beautiful Ross Golf Club setting in the Racecourse. Joined by club reps and a chance to host our sponsors, the squad boys donned the chefs hats as the tables were turned and they had to earn their keep! Throw in a quick chopper ride with high flying Dermot Healy of Healy Motors who landed a quartet of players to the top of one of the Reeks. They never climbed a mountain so fast! Then a few sherbets at the Avenue and they stayed overnight in a few of our finest hotels. They then came to the new grounds on Thursday morning where they had to do a number of jobs including painting, block laying and driving diggers! A great welcome was laid on by all our friends and supporters. We thank all who made their visit such a success. They rejoined the rest of the Munster squad in Dingle.

Memberships are now due for the coming season. We will shortly announce a new membership system for all.

Senior Club continue raining on Tuesdays & Fridays at Knockreer by the Cathedral from 7:30pm. All welcome especially any new players.



PATRICK AND ERIK EVISTON PICTURED WITH MUNSTER PLAYERS DONNACHA RYAN AND KEITH EARLS.



MUNSTER PLAYERS FELIX JONES, KEITH EARLS, KEVIN O'BYRNE AND JONNY HOLLAND PICTURED WITH STEVIE MURPHY DURING THEIR VISIT TO KILLARNEY ON WEDNESDAY NIGHT



YOUNG MUNSTER SUPPORTERS CHEER ON THE TEAM ON THEIR ARRIVAL TO KILLARNEY ON WEDNESDAY.



THE TATLER TOFFEES TEAM WHO WON THE KILLARNEY CREDIT UNION / KILLARNEY ATHLETIC SEVEN-A-SIDE PREMIER SOCCER TOURNAMENT DURING THE WEEK. ALSO IN PHOTO ARE SEATED FROM LEFT, SHANE DOOLAN, DAVID NEESON, EMMA LOONEY, KCU, PAT DELANEY, KCU PRESENTING CAPTAIN GAVIN O'SHEA AND ANDREW KENNEALLY. AT BACK, PATRICK O'SULLIVAN, LUKE QUINN, COLETTE CASEY, MIKE MOLONEY, JAMIE DOOLAN, ALAN O'SULLIVAN, EOIN BROSANAN, BRIAN LOONEY, JOHN PAYNE, MARY MCCARRICK, DON O'DONOGHUE AND MIKE O'SHEA, CHAIRMAN. PHOTO: DON MACMONAGLE

KILLARNEY ATHLETIC A.F.C. NOTES

YOUTH'S LEAGUE FINAL RESULT KILLARNEY ATHLETIC 3 TRALEE DYNAMOS 2

A great win for our boys on Sunday last, especially after being down 2-0 early in the first half. In a very nervous first half Dynamos started the brightest and took advantage with two early strikes. We got one back before half time from all of the players Goalkeeper Johnny O'Leary with a long ball into the box which deceived the Dynamos keeper and ended up in the net. The second half we played much better and moved the ball with a purpose. Credit must be given to the lads while not playing our best football by any means, they never gave up the ghost. Chris O'Meara then equalized and in the 92 min when everyone thought that we would have to replay the game with the teams even at 2-2 substitute Darren Doherty scored the winner with his first and only touch of the game. Thanks to Tralee Dynamos who pushed

us all the way and we wish them good luck in the Cup Final.

WANT TO HAVE FUN: All ages catered for. Schoolboy/girl soccer training will commence shortly at all ages in the club. Messages will be sent to those who registered last season and new boys and girls are welcome. Just text 087 7473405, or pm us on Facebook or email sec@killarneyathletic.com for further details.

CONGRATULATIONS: Well done to Christy Leahy, St Brendan's Park who was awarded a John Sherlock Services to Football award at the FAI awards night. Christy was presented with the award by Martin O'Neill.

MERCHANDISE: Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

KILLARNEY CELTIC NOTES

CONGRATULATIONS: Congratulations to Christy Leahy of St. Brendans Park and Kerry's Eye soccer correspondent, who has been awarded a well-deserved John Sherlock FAI Services to Football Award, and also to Inter Kenmare, who were short-listed for the Aviva Club of the Year.

JOHN GILES WALK OF DREAMS: Well done to everyone participating in the John Giles Walk of Dreams and the Family Fun Day at Mounthawk Park last Sunday.

NATIONAL FOOTBALL DRAW: Tickets now on sale for the Irish National Football Draw—they are €10 each and is a new fundraiser for our club, there are local, regional and national prizes, over 2000 prizes. Proceeds from tickets sold go to the club, please support. Contact any club member, Suzanne 086 8449082 or May 086 6485809.

STREET COLLECTION: Killarney Celtic's Street Collection will be held on Saturday August 2nd. Volunteers and support will be needed on the day.

REGISTRATION AND AWARDS DAY: Our awards for the 2013/2014 playing season and registration for the coming season will be on Sunday August 10th from 2.00 to 4.00pm.

MANAGERS WANTED: It takes a lot to keep a club going, but most of all we need people who can volunteer their time. Anyone willing to help out with a team is asked to contact Mike Lyne on 086 0836356.

RESULTS

U17 CUP SEMI-FINAL:

KILLARNEY CELTIC 5 MASTERGEEHA 0
Celtic gave a stunning performance and were clinically efficient against a great effort by Mastergeeha, Cathal O'Shea and William Courty got two each, with David Carroll adding a fifth to book our spot in the final.

FOOTBALL FOR ALL: Killarney Celtic FC Football For All is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome.



INCLUDED ARE SEATED FROM LEFT, MIKE O'SHEA, CHAIRMAN, LEO DOWNING, GARY CRONIN, PAT DELANEY, KILLARNEY CREDIT UNION PRESENTING CAPTAIN RYAN KELLIHER, MARK MURPHY, KCU AND EMMA LOONEY, KCU. AT BACK, COLETTE CASEY, IAN MCGILLYCUDDY, EVAN JONES, DARRAGH LYNE, LIAM CURRAN, JACK ENRIGHT, JOHN FLEMING, SEAN COFFEY, DON O'DONOGHUE AND MARY MCCARRICK. PHOTO: DON MACMONAGLE.



JAMES CAHILLANE PRESENTS THE KIERAN CAHILLANE CUP TO BRIAN LOONEY OF TATLER TOFFEES WHO WAS VOTED PLAYER OF THE TOURNAMENT AT KILLARNEY CREDIT UNION / KILLARNEY ATHLETIC SEVEN-A-SIDE SOCCER TOURNAMENT DURING THE WEEK. ALSO IN PHOTO ARE DON O'DONOGHUE AND MIKE O'SHEA CHAIRMAN. PHOTO: DON MACMONAGLE.

Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729

PITCH BOOKINGS: Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981.

There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809

LOTTO RESULTS: Numbers drawn 3, 8, 11, 21. One winner, Peter McGrath, Ardshanavooley, €2600. Next week's jackpot €1600, draw in the Failte on Monday night. Tickets available from all club officers.

LOTTO SELLERS / YEARLY LOTTO: The club is calling on all members to sell at least 5 Lotto tickets. We have all seen the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or osdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic

news, match reports, or photos.

KILLARNEY CREDIT UNION KILLARNEY ATHLETIC A.F.C. 7 A SIDE

RESULTS

TUESDAY 29TH JULY

**UNDER 16 BOW WOW PANTHERS 1
O'LEARY EXPERT 2**

Underage Player of the tournament went to Niall Donoghue. He received The Johnny Heffernan Memorial Shield.

**RESERVE CUP THE WEDDING GURU 1
CURROW CITY 1**

After full time and extra time the teams were still level. The game had to go to penalties to decide a winner. Currow City won 5 goals to 4 goals.

RESULTS

WEDNESDAY 30TH JULY

**UNDER 14 ASTON VANILLA 1
THE BOYS FROM BALLINA 2**

1 all at the full time whistle. The Boys from Ballina scored in extra time to make it 2 goals to 1. Liam Curran from The Boys from Ballina received the under 14 Player of the Tournament.

OVER 35 FLEMING'S TAXIS 2

BUNKERS 1

Scorers for Fleming's Taxis were Donogh Barry & Vladamir and Paul Russell scored for Bunkers.

Thank you to Pat O'Neill for sponsoring the Over 35 Cup. He has been a great supporter of the 7 A side for the past 38 years.

**PREMIER DUNLOE LODGE 1
TATLER TOFFEES 2**

Scorer for Tatler Toffees was Brian Looney x 2 and John Healy scored for the Dunloe Lodge. Player of the Tournament was Brian Looney who received the Kieran Cahillane Memorial Perpetual Trophy.

SUPPORTER OF THE TOURNAMENT

John O'Brien received the Supporter Supreme of the tournament award for all his support in the 7 A side tournament.

Killarney Athletic A.F.C would like to thank our sponsors the Killarney Credit Union, Scotts Hotel and all the teams who participated in the tournament and their sponsors. A big thank you to all the committee who helped throughout the tournament. To Colette Casey who helped to organise the tournament and to John O'Donoghue who helped with the fixtures, to Lorraine Fleming who organised the shop throughout the tournament and also organised the barbeque for the underage tournament. Also thanks to the local press, radio Kerry and photographers for their fantastic coverage of the tournament. This year was a tremendous success and we look forward to your support again for next year.



THE FLEMING'S TAXI TEAM WHO WERE WINNERS IN THE KILLARNEY CREDIT UNION / KILLARNEY ATHLETIC OVER 35 SOCCER FINAL DURING THE WEEK. INCLUDED ARE SEATED FROM LEFT, PAT DELANEY, KILLARNEY CREDIT UNION MARK MURPHY, KCU, PRESENTING WINNING CAPTAIN JOE JOE FLEMING. AT BACK, COLLETTE CASEY, MICHAEL AND FIADH O'SULLIVAN, ALAN AND RYAN BRADY, ALAN O'BRIEN, SHANE HORGAN, DONOGH BARRY, BENJI, VLADAMIR, DON O'DONOGHUE, SHANE DENNEHY, MARY MCCARRICK AND EMMA LOONEY, KCU.

PHOTO: DON MACMONAGLE



THE BUNKERS BAR TEAM WHO WERE RUNNERS-UP IN THE KILLARNEY CREDIT UNION / KILLARNEY ATHLETIC OVER 35 SOCCER FINAL DURING THE WEEK. INCLUDED ARE SEATED FROM LEFT, MIKE O'SHEA, CHAIRMAN, PAT DELANEY, KILLARNEY CREDIT UNION MARK MURPHY, KCU, KIERAN O'SHEA AND ROBBIE EVANS AND DON O'DONOGHUE. AT BACK, ALAN O'SULLIVAN, COLLETTE CASEY, GERRY O'BRIEN, JOHN FRANK O'BRIEN, MICHAEL KELLIHER, PAUL RUSSELL, MAURICE O'SHEA, TONY LYONS, COLM JOY AND SEAN COSTELLOE AND EMMA LOONEY, KCU.

PHOTO: DON MACMONAGLE

BEAUFORT GOLF CLUB

(MEN'S RESULTS)

25TH JULY – OPEN FRIDAY – SPONSORED BY CLIFFORD GROUND CARE

Winner: James O'Dowd (2) 41 pts.

FIXTURES: 2nd/3rd August – 18 Hole Stableford (White Tees) – Sponsored by P.K.'s Supervalu.

Captains Charity Rumble (Team of 3) – Yellow Tees – Sponsored by John O'Callaghan. Can be played any day of the week up to and including 28th September (1 person in team must be changed each time you enter competition).

4th August – Club Fundraiser – 18 hole Single Stableford (Gents) (White Tees) – Sponsored by Ahern's Car Sales, Castleisland.

(Nearest the Pin Sponsored by Weldon's John Deere) (Longest Drive sponsored by Carson's Daybreak, Beaufort).

Club Scramble continues Wednesday 6th August at 6.30pm.

Open Fridays (Single Stableford for Ladies & Gents) continues Friday 1st August.

GLENEAGLE PITCH & PUTT

By John O Halloran

Last Sunday we had a fourball better ball competition and the winners were Mick Long & Dan O'Donovan nett and Mick Long & Sean Moynihan gross.

The club would like to extend its deepest sympathy to Mike Sheehan on the death of his Sister Marie.

This Sunday we will have our usual competition.

KENMARE GOLF CLUB

By Mike Murphy

RESULTS

BROSAN MEMORIAL SCRAMBLE:

1st Rory O'Sullivan (5), Seamus MacGearailt (12) & Gerald O'Dwyer (12) – 56.1 nett.

2nd James Cremin (12), Jimmy Cremin (22) & Denis Crowley (17) – 56.9 nett.

3rd Conor McSwiney (10), Bertie McSwiney (20) & Eoin McSwiney (20) – 58.9 nett.

1st All Ladies Team - Noreen Crowley, Caroline Crowley & Ann Carey – 64.4 nett.

Next weekend we hold the Captain's

(Mr. Cyril Murphy) prize.

CASTLEROSSE GOLF CLUB

RESULTS: COMPETITION PLAYED ON SUNDAY 27TH JULY, 18 HOLE STABLEFORD.

Winner, Gene Cronin (16) 40pts.

Runner up, Roger O'Sullivan (13) 40pts.

Overall 3rd place Donal O'Reilly (22) 38pts.

RESULTS: SCRAMBLE PLAYED ON THURSDAY 24TH JULY:

3 person scramble, winners Donal O'Reilly, Roger O'Sullivan & Peter McGrath.

FIXTURES: Scramble each Thursday evening at 6.15pm, meet at 6pm in Club House, open to Ladies & Gents, guests welcome. Come and enjoy 9 holes of golf at very reasonable cost.

Next weekend 18 hole Stableford, play Friday, Saturday or Sunday. Register on sheet at

Castlerosse.

Club members Matchplay entry sheet on notice board in the club, please add your name by Sunday August 3rd to be included in the draw.

PARKNASILLA GOLF CLUB

RESULTS: SATURDAY STABLEFORD

LADIES: 1st Bernie Gleeson (35) 41 pts, 2nd Margaret Rose O'Keeffe (36) 36 pts, 3rd Teresa Walsh (21) 36 pts.

FIXTURES: July 26th until Fri August 1st Conquer Cancer, 12 holes stableford, open, ladies and men.

Saturday August 2nd: Mrs Teresa Walsh's Lady Vice Captains Prize, 18 holes stableford.

Saturday August 2nd to Friday August 8th Jackie Moriarty Memorial Trophy, 18 holes stableford, open, ladies and gents.

Saturday August 9th: Mr Dermot O'Mahoney's Presidents Prize to the ladies 18 holes stableford.

Sunday August 10th Mr Dermot O'Mahoney's Presidents Prize, 18 holes stableford.

KILLARNEY GOLF CLUB

LADIES

RESULTS OF MAUREEN O'SHEA MEMORIAL TROPHY - SUNDAY 27/7/2014 STROKE PLAY

1st Sally Cooper (22) 66 (bk.9).

2nd Dorothy Nester (26) 66.

3rd Lelia Moloney (13) 67.

B.G. Mary Sheehy (4) 73.

4th Mary B. Lynch (19) 69 (bk.9).

5th Louise Langan (17) 69.

Next Competition Sunday next 3rd August, Tralee Exchange Day, sponsored by Cross Refrigeration, two person team.

Munster Semi Final of the Irish Mixed Foursomes will take place at Dromoland Castle Golf Club on Saturday 9th August Waterford Castle -V-killarney Golf Club at 9.40 am.

Best wishes to the Killarney Team.

KILLORGLIN GOLF CLUB

LADIES

By Eileen Bell

RESULTS: LADY CAPTAIN'S PRIZE: LADY CAPTAIN MAURA O'BOYLE'S 18 HOLE

STROKE: 1. Phil Anne Foley (36) 64 nett. 2. Emma Daly (22) 66 nett. 3. Kathy Lyons (32) 66 nett. 4. Christina O'Sullivan (27) 67 nett.

Gross: Mary Healy (20) 95 nett. Past Captain: Maria Pigott (35) 70 nett. Front 9: Mary Conway (33) 29.5 nett. Back 9: Eileen Devane (28) 34 nett.

High Handicap 32-36: Betty Griffin (32) 73 nett. Nearest Pin on 5th Kathy Lyons. Longest Drive on 15th Anne Kenny Foley.

9 HOLE STABLEFORD: Eileen Daly (27) 13 pts. Ladies Guest: Nuala McEnery (23) 69 nett. Men's Guest: Torlogh Byrnes (10) 40 pts.

MEN'S INVITATION 9 HOLE: Jim Doona (18) 20 pts.

18 HOLE V-PAR SPONSORED BY KERRY PETROLEUM: 1. Eibhlin McCarthy (11) +8.

2. Mary Healy (22) +7. 3. Maura O'Boyle (28) Lady Captain, +2 (B9).

SILVER SWANS: 1. Marian Healy (30) 25- 2=23 pts. 2. Christina O'Sullivan (27) 24 -1 =23 pts.

FIXTURE: 18 Hole Singles Stableford sponsored by Heartwork Gifts can be played Saturday 2nd, Sunday 3rd or Tuesday 5th August. Arrange own time and partners.

JUNIOR CLUB: Congratulations and Best of Luck to Tyler O'Sullivan on being elected Junior Captain for 2014/2015.

KILLORGLIN GOLF CLUB

GOLF RESULTS: SUMMER MEDAL – STROKEPLAY JULY 27TH

1st Eugene Kennedy (9) 63 Nett (Back nine).

2nd Danny Brosnan (14) 63 Nett.

3rd Seamus Mannix (24) 67 Nett.

NEXT WEEKEND COMPETITION PLUS BANK HOLIDAY MONDAY:

2 man scramble sponsored by Healy, Crowley & Ahern Solicitors. Re-entry over the 3 days with a different partner. Tuesday 5th August is a Mens only 18 hole stableford Open Day. 1st prize is a fantastic weekend away in a luxury holiday apartment on Valentia Island (subject to availability). Entry fee for members is €5.00 and visitor entry fee is €20.00. G.U.I cards essential. Time sheet now open in the pro-shop so please ring

066 9761979 and book your tee time in advance.

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RING OF KERRY GOLF CLUB

RESULTS:

SATURDAY 26TH - 3 - PERSON PINK RIBBON FUNDRAISER DAY.

1st: Joe Harrington - Manchan Geraghty - Mick O'Neill - 58.7pts.

2nd: Con O'Sullivan - Derry O'Sullivan - Brian O'Regan - 58.8pts.

3rd: Toby Steadman - Noel Moylan - David Kerins - 61.2pts.

BEST LADIES TEAM: Veronica Blennerhasset - Angela Brosnan - Jane O'Sullivan - 63.5pts.

SUNDAY 27TH - SINGLES STABLEFORD

1st: Michael O'Sullivan (14) 38pts ocb.

2nd: Geoffrey Mahony (19) 38pts.

3rd: Henk Bons (7) 37pts.

UP COMING FIXTURES: Saturday 2nd - Past & Present Kerry Captains Day (Kerry Federation)

Sunday 3rd - Singles Stableford.

Monday 4th - 2-Person OPEN Scramble.

Tuesday 5th - Singles Stableford OPEN.

BEAUFORT GOLF CLUB

(LADIES BRANCH)

23RD JULY 2014 – CLUB SCRAMBLE

Winners: Darragh O'Regan (18), Joan O'Sullivan (23), Gerry Collins (23) - 34 6/7th.

FIXTURES: 2nd/3rd August – 18 Hole Stableford – Sponsored by: Kilkenny Shop.

Club Scramble continues Wednesday 6th August at 6.30pm.

ROSS GOLF CLUB

GENTS CLUB

On Sunday August 3rd we will hold a club sponsored single stableford competition. The timesheet is now available so please add your name to it as soon as possible.

CLUB FOURBALL MATCHPLAY: There are still some vacancies on the entry sheet for this competition which is sponsored by Sean Taaffe. The sheet is on the noticeboard so please get your name on there for the last remaining places.

DR BILLY TEAM: Our Dr Billy team put up a gallant performance during the week when playing away to Castlegregory.

Most of the matches were very close and in the balance right to the end but unfortunately we eventually lost out on a 4-1 scoreline.

CLUB MATCHPLAY CHAMPIONSHIP: The deadline for the completion of the next round of this competition is August 16th. Please adhere to that deadline.

Congratulations to Lady Captain Mary Cronin on her very successful Captains Day on Sunday.

DEERPARK PITCH & PUTT NOTES

By John Kelly

HEARTIEST CONGRATULATION: To all our club members Damian Fleming, James Fleming, Creagh Courtney, St John Kelliher, Conor McCarthy and David Harnett who performed excellently at the National Gents Strokeplay Competitions in Stackallen Co Meath at the weekend, with Creagh finishing 2nd and Damian 6th and Conor 9th in their respective grades.

LISTOWEL SCOTCH CUP: On Bank Holiday Monday. The Listowel Scratch Cup will take place on this Monday August 4th from 9am to 2pm with sixteen to qualify for a play-off at 5pm. Entry fee 10 Euros per player. Please support.

WEDNESDAY FOURBALL: Winners on last Wednesday were Jason O'Brien and Adam O'Sullivan. Play continues on next Wednesday August 6th at the earlier time of 7pm (Note time change).

SENIOR OUTING ON AUGUST 5TH: Next seniors outing will take place in Deerpark course on next Tuesday August 5th 10.30am.



PRIZE WINNERS OF THE LADY CAPTAIN MARY CRONIN'S DAY AT THE ROSS GOLF CLUB. FRONT L-R WINNER LISA KERFOOT, SPONSOR JOHNNY MCGUIRE, LADY CAPTAIN MARY CRONIN, SINEAD O'SHEA AND MARY GORMAN. BACK L-R URSULA DALY, NOREEN O'MAHONY, ANNE O'LEARY, MARY MOYNIHAN, BETTY O'FARRELL AND EILEEN FLEMING.

KILLARNEY GOLF CLUB - MENS

SINGLES STABLEFORD CASHEN BALLYBUNION 27/7/14

- 1st John Cahill (11) 38 pts.
- 2nd Shane Connole (12) 38 pts.
- 3rd John O'Shea (14) 38pts.
- 4th Enda Prendergast (9) 37.
- 5th James O'Neill (3) 37.

- CAT 1 (0-6) Matt Templemann (5) 35.
- CAT 2 (7-11) Michael O'Neill Jnr (10) 36.
- CAT 3 (12-17) Pdraig Brosnan (14) 36.
- CAT 4 (18+) Seamus Doheny (19) 34.
- CSS 35

Next Sunday Tralee Exchange
Three Man Scramble
MAHONY'S POINT, WEDNESDAY 23RD JULY 2014
1. Shane Horgan (3) Eddie O'Sullivan (12)
Ritchie Ferris (11) 56 2/7.



MAURICE O'DONOGHUE SCOTT'S HOTEL AND COLM FOLEY CHARLIE FOLEY'S BAR SUPPORTING FITZGERALD STADIUM GOLF CLASSIC.



JOHN GRIFFIN OF THE O'DONOGHUE RING HOTELS KILLARNEY (SEATED THIRD FROM LEFT) WHO PRESENTED THE PRIZES IN THE O'DONOGHUE RING HOTELS MENS AND LADIES COMPETITION TO WINNERS PAT CHAWKE WHO ACCEPTED THE PRIZE ON BEHALF OF MARIE CHAWKE 1ST, MAUREEN CULLOTY LADY CAPTAIN, ALAN MCSWEENEY WINNER (BACK FROM LEFT) DONAL CRONIN 2ND, URSULA DALY 2ND, ANN MOYNIHAN BEST GROSS, BRIAN LOONEY, MIKE DALY CAPTAIN AND WINNIE RYAN 3RD AT KILLARNEY GOLF AND FISHING CLUB, KILLARNEY RECENTLY.



Farming Outlook

IFA MEET LAMB PROCESSORS ON PRICES AND INCOMES

The lamb price cuts over recent weeks were excessive and seriously damaged sheep farmers' incomes. Lamb prices can rebound based on market returns and must be maintained to restore confidence to the sector. These were the strong messages delivered by the IFA President Eddie Downey and National Sheep Chairman John Lynskey in a meeting with all of the major lamb processors and Meat Industry Ireland in Dublin this week.

Eddie Downey said sheep farmers need a return of at least €100 per lamb and the combination of price and weight has to be adequate to deliver this type of return and maintain confidence in the sector. "With up to 50,000 additional new season lambs already moved over recent weeks and higher prices in both the UK and France, there is an opportunity to restore and stabilise returns here." The IFA President told the factories price cuts of over €1.00/kg or €20 per lamb in a 2 to 3 week period cannot be justified and it is clear the price cuts raced ahead of the market. He said based on current UK and French market returns, processors could lift price to Irish farmers.

IFA National Sheep Committee Chairman John Lynskey said there was a major overhang of income problems on sheep farms from last year, with Teagasc recently outlining an income fall of 39% to just €11,160 for 2013. He said sheep farmers must be given the opportunity to recover this year and strong lamb prices are essential to returns. He added the recent price cuts were very disappointing and a major shock to producers. John Lynskey said with the excellent grass growing conditions farmers should select their lamb carefully to maximise returns and avoid selling under finished or overweight lambs. In addition he called on the factories to make the adjustment on carcase weights up to 22kgs sooner rather than later. The IFA sheep farmers' leader said the store trade has already kicked in and the good grass growing conditions were helping the trade. There was a good return for store lamb finishers last year on the back of New Zealand shifting greater volumes out of the EU to China. John Lynskey said a large volume of ewe hogget's were killed earlier this year and combined with

the strong ewe trade, this should help drive the demand for ewe lambs this season. At the meeting with MII it was also agreed to set up a working group between IFA, the lamb processors, Teagasc and Bord Bia on the light lamb trade.

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20% REDUCTION IN INPUTS PRICES JUSTIFIED WITH FALLING FARM GATE PRICES

IFA Inputs Project Team Leader James McCarthy said that it is imperative that agricultural input manufacturers and suppliers reduce their product prices to reflect the negative farm income situation that many livestock and grain farmers are facing this year. He said input prices need to fall across the board by between 15 and 20% if they are to reflect the new reality of depressed grain and livestock farms. "Livestock and grain farmer incomes will fall significantly this year due to a combination of falling product prices and rapidly escalating costs. Input prices particularly for fertiliser, plant protection products and feed are increasingly out of line with producer prices. There is an onus on agricultural input manufacturers and suppliers across the full supply chain to substantially reduce input prices to reflect the new reality. Failure to address the imbalance of high input prices with low farm product prices will undermine farm family viability and could lead to serious world food supply issues in the near future. Plant protection suppliers have done particularly well out of tillage farmers in the past few years and Mr. McCarthy called on them to provide rebates of at least 20% on this year's purchases. Historically fertiliser prices in the case accounted for approximately 17% of variable costs for grain production but today this is closer to 35%. The operation of fertiliser price cartels among some of the bigger manufacturers has removed real competition from the market.

European and world leaders must tackle this situation as a matter of urgency if they are to avoid a major food supply shortage as a result of land abandonment as farm families exiting production. Merchants must force manufacturers and suppliers to deliver significant rebates that can be passed back to farmers. Similarly, on the feed front feed manufacturers must reduce the price of compound feed to reflect the substantial fall in feed ingredient prices. There is a longer term issue at stake here as any farm business that is not generating enough profit to allow for reinvestment is not sustainable. Input suppliers in many instances had hiked product prices in recent years on the back of rising farm product prices. This must be addressed now.



IFA INPUTS PROJECT TEAM LEADER
JAMES MCCARTHY

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EXTENSION OF PRSI TO ASSISTING SPOUSES OF SELF EMPLOYED A POSITIVE MOVE

IFA Farm Business Chairman, Tom Doyle has said that the recent extension of PRSI eligibility to partners of self-employed, such as farmers, who assist in the business, is a positive move. This group can now make PRSI contributions in their own rights.

Mr Doyle said, "IFA has always argued that that access to the Social Insurance contributory system should be open to all. Where possible, individuals should be entitled to make PRSI contributions which would qualify them for their own individual future benefits, such as the Contributory Pension. Over many years, IFA fought to ensure that spouses of self-employed would be eligible to qualify for and make contributions to the PRSI system. Prior to this, spouses of self-employed farmers who assisted in the farm work, but who were not operating a partnership structure, did not qualify to make PRSI contributions. From 2014 on, this group will be entitled to make PRSI contributions, provided their income from all sources exceeds the minimum insurability threshold of €5,000."

Mr. Doyle added: "This will be

of benefit for individuals who between now and their turning 66, can make sufficient contributions to bring them up to a minimum of 10 years of contributions, thereby qualifying for a contributory pension. It is critical that the rules for participation are straightforward and accessible for those to whom this extension applies. However, the continued exclusion of spouses of self-employed farmers who are employed in the PAYE system on the farm is unfairly excluding a category of individuals from the Social Insurance system and IFA will continue to pursue this issue."

IFA Farm Family Chairman, Maura Canning, said, "As a future investment, it is critically important for farm families that they keep up to date with their PRSI contributions, including voluntary contributions where the farm income in any year falls below the minimum PRSI threshold. IFA will be producing an information leaflet on the PRSI system and how it applies to farm families in the coming weeks, to ensure that individuals are aware of how to safeguard their future income."



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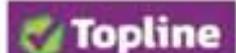
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KILGARVAN.....A SHOW FOR ALL THE FAMILY TO ENJOY

Family fun is the focus of the annual Kilgarvan Show which is now firmly established as Munster's Premier Show. Taking place on Sunday August 3rd, agriculture was originally the show's main focus but this has broadened considerably over the years to adapt to Ireland's changing culture. "It still promotes an enhanced awareness and positive appreciation of our heritage, traditions and way of life. The programme of events incorporates many elements including cultural, commercial and competitive interests, ranging from livestock, equestrian, home industries, inventions, vintage, and performing arts. The trade exhibition area alone will feature a wide variety of trade stands, covering all areas of interest, from agriculture, home, garden, food, machinery, advisory and much more," said Helen O'Sullivan, chairperson of Kilgarvan Show. "The Kilgarvan Show contributes its success to the fact that it is community based and that all the committee work on a voluntary basis, also all the help we get from young and old the week prior to the show and on the day of the show." Visitors can enjoy an impressive display of flowers, vegetables, baking and crafts in the marquee, along with All Ireland finals in cattle, sheep, horses, ponies, poultry and record entries in the dog classes and pets corner. Entry closing date is Friday 26th July but late entries will be accepted at show office in the show grounds on the day. "On Friday 2nd August we will host a children's fancy dress at 8pm. All welcome from the hall to

the field. We are also having a Show Championship Fels at 4 pm. Enquires to Margaret 087 3670971."

HIGHLIGHTS :

- Cattle Sheep. The Osmonds Ecofleece Ewe & Lamb final
- The All Ireland Suffolk Age Ram Non Pedigree Final.
- Goats & Poultry.
- Horse Classes & Pony Classes.
- Cookery, Arts & Crafts and Photography.
- Large Dog Show with Puppy Parlor Final.
- Baby Competition Little Miss & Little Mister. Best Dressed Lady & Gent and Glamers Granny.
- Live Music and Dancing.
- Kids Puppet Show & Entertainments and Activities. Trade Stands, Tug-of-War, Sheaf Tossing and Potato Picking Competition.



PICTURED AT THE KILGARVAN SHOW LAST YEAR WERE MARIA CREMIN SECOND PLACE IN THE PUPPY PARLOUR DOG SHOW WITH THE 2013 KERRY ROSE GEMMA KAVANAGH. PHOTO: LISA O'SHEA (SNEEM).



JESSICA O'LEARY FROM BALLYHAR AND DONAL BUCKLEY FROM CASTLEMAINE WITH THEIR PONY KATE AT THE BLENNERVILLE PONY SHOW.



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FARMERS PLANNING FOR THE FUTURE

(BY EAMONN MORIARTY, ROSS PLANNING AND DESIGN)

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prospective on the location of a building can create suggestions that the farmer might not have considered.

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Eamonn Moriarty, Ross Planning and Design, Currow, Killarney. 087-9862732. email: info@rossplanninganddesign.com



EAMONN MORIARTY OF ROSS PLANNING AND DESIGN

FARMS BENEFIT FROM FALLING PRODUCTION COSTS

In its mid-year assessment of likely farm profitability in 2014, Teagasc economists have highlighted falling production costs as the main driver of farm incomes in 2014.

Speaking on the release of the Teagasc Mid-year Outlook for Irish Agriculture 2014, Teagasc economist Trevor Donnellan said; "Following two high production cost years in 2012 and 2013, Irish farmers are finally now seeing a reduction in their input spending."

With generally good grass growing conditions to date in 2014, the main driver of the fall in production costs has been reduced expenditure on concentrate feeds, which have now reverted back to a level which would be considered normal. Compared with this time last year, feed prices are also lower, bringing additional savings to livestock farmers.

So far this year, farmers have also experienced reductions in their fertiliser and fuel bills, while inflation in other costs continues to remain low.

As a result of these falling production costs, dairy, sheep and cattle rearing farms should see an increase in their gross margins in 2014.

However, Dr Kevin Hanrahan, Teagasc economist said; "It is not all good news, with the fall in the costs of production being insufficient to offset the fall in the price of cattle received by beef finishers, whose margins are now forecast to decline in 2014."

With a large global crop harvest now forecast for 2014, it would appear that cereal prices this year will be lower than those of the 2013 harvest. Nevertheless cereal producers will also benefit from a reduction in their costs, although not to the same extent as grassland farmers.

Dr Fiona Thorne, Teagasc economist said; "Even if yields in 2014 are to exceed average trend yields as indicated by crop growth and early harvest indications, it is unlikely that this would be sufficient to overcome the impact of lower cereal prices and therefore cereal margins in 2014 are forecast to be lower than in 2013".

The Teagasc Mid-year Outlook for Irish Agriculture 2014 is available at http://www.teagasc.ie/publications/2014/3236/Review-and-Outlook-July23_final.pdf

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TODAY IS THE FIRST DAY OF AUTUMN IN THE CELTIC CALENDAR:

August was originally *Sextilis*, the sixth month in the Roman calendar and consisted of 31 days. It became the eighth month with a length of 29 days around 700 BCE when January and February were added to the year. Julius Caesar added two days to the month around 45 BCE. It was later renamed to honour Augustus Caesar in 8 BCE.

August is the eighth month of the year in the Julian and Gregorian calendar and is the seasonal equivalent of the final month of winter in the Southern hemisphere.

August does not start on the same day of the week as any other month in the year, but ends on the same day of the week as November every year. During leap years, August starts on the same day as February and still ends on same day as November.

Lúnasa is a Gaelic festival marking the beginning of the harvest season that was historically observed throughout Ireland, Scotland and the Isle of Man. Originally it was held on the 31st July – 1st August, or approximately halfway between the summer solstice and autumn equinox

The festival itself is named after the god Lugh. It involved great gatherings that included religious ceremonies, ritual athletic contests (most notably the Tailteann Games), feasting, matchmaking and trading.

AGING WITH ATTITUDE:

Barbara Beskind's favourite piece of advice for her older peers is, "Find out what you can do to make life better for others."

At 90, Ms. Beskind is by far the oldest member of a dynamic team working on what's known as human-centered design for food, packaging, electronics and, most recently, aging. She is also one of the newest designers at IDEO. She started last July after applying to be part of the firm's design challenge for products for older adults. That challenge is over, but Ms. Beskind's stint is not. Every Thursday, she travels by train from her San Mateo retirement community to the IDEO offices.

"I've retired five times, but it's like a vaccination that doesn't take," she says. Among her careers: 44 years in occupational therapy, 20 of those in the Army. She set up the first freestanding occupational therapy practice in the U.S., launched a lampshade replacement business and has written several books.

At present Ms. Beskind is working on a revolutionary type of walker that is much more dynamic than the ones on the market today, this walker inspires the user to maintain a vertical position.

She is also most excited about planning a separate living quarters that would go behind an existing home, for elderly people to live in independently or to be in for end of life or

hospice care. There are some on the market, but she has ideas that would be an improvement. Ms. Beskind would have an entire panel behind the bed and a plug-in where there could be oxygen availability and blood pressure monitoring.

It would be prefab, the family could assemble it. It would have a chemical toilet, with water and electricity drawn from the house. The company that leases it would have to get all the permits. As soon as the person dies, the family would have to remove the structure.

Ms. Beskind gets her ideas from sitting in the hall of her retirement community and watching people to see how many improvements are needed and also takes a long daily walk using a pair of ski poles she adapted for the job.

CLEAN WHERE IT COUNTS: 3 SURFACES THAT MATTER:

Some surfaces are more problematic than others in terms of harbouring germs, that's especially important if you're living with someone who has an autoimmune disorder, cancer, pneumonia, or who is taking medications that compromise immunity.

If you can't manage a complete housecleaning every week try just focusing on these often-neglected surfaces:

1. The touchables - This includes all those surfaces you touch without thinking about them. Wipe down doorknobs, remote control devices, phones (including smartphones), and keyboards.

2. Key kitchen tops - Routinely clean kitchen countertops -- but also get to those kitchen surfaces that are often forget about, like cutting boards and knives.

3. Key bathroom surfaces - Most people think about wiping the countertop. But while you're at it, wipe down the taps, toilet flush lever, and light switch. Keeping portable disinfectant wipes in the room will make the job easier. Tip: Shutting the toilet lid before you flush prevents spray.

THIS WEEKS QUOTE:

"A quality education has the power to transform societies in a single generation, provide children with the protection they need from the hazards of poverty, labour exploitation and disease, and give them the knowledge, skills and confidence to reach their full potential" – Audrey Hepburn.

ON THIS DATE – AUGUST 1ST:

1793 - The world's first metric unit, the kilogram, is introduced in France.

1800 - The Act of Union dissolves the Irish parliament and transfers legislative powers to Westminster

1822 - Irish Constabulary Act sets up county police forces and salaried magistracy

1872 - Gladstone's first Land Act, decreeing that tenants who were evicted be compensated for improvements and that tenant who were evicted for any reason other than nonpayment of rent should also be compensated

1915 - Nationalist Jeremiah O'Donovan Rossa is buried in Glasnevin cemetery, Dublin

1931 - Composer and musician Sean O'Riada (John Reidy) born in Cork

1938 - Chieftain uilleann pipe player Paddy Maloney born in Donnycarney, Co. Dublin.

1981 - Death of Kevin Lynch (INLA), political prisoner, on the 71st day of his hunger strike in the Maze prison

2007 - Tommy Makem passed away in the United States

2001 - Actor, Joe Lynch, died after being taken ill at his holiday home in Spain.

GOOD NEWS:

More than 60 counties, cities, and states – and some corporations in the US – are reducing discrimination against former offenders by "banning the box" from job applications.

Nearly 70% percent of those released from prison in the United States will be arrested again within three years of release. Unemployment is a huge barrier to their success outside prison walls.

Many return to their communities with no more skills and resources than when they were arrested and imprisoned and for many, during their time behind bars technology has changed so much that the skills that they do have might be obsolete.

"Ban the box," was a phrase coined in 2003 by All of Us or None, an organisation founded by formerly imprisoned people who faced barriers to employment. The "box" refers to the little square on job applications that potential employees are asked to check if they've ever been convicted of a felony.

"Ban the box" policies aim to remove this question from job applications and reduce the employment discrimination faced by former offenders through policies that prevent employers from asking about an applicant's criminal record, at least in the early phases of the process, the policies do not stop potential employers from conducting criminal background checks, but instead delay the process until an employer has had the opportunity to get to know the employee's qualifications first, usually through at least one face-to-face interview.

Minnesota Governor Mark Dayton signed a statewide "Ban the Box" bill into law on Jan. 1, 2014. That day was a triumph for TakeAction Minnesota, the network of unions and progressive groups who led the movement to develop and pass the legislation.

FLORIDA CAT DIALS 911 AND GETS ADOPTED:

Zeke, the cat, apparently had enough of

being at a homeless animal shelter and got on the phone and dialled 911, when no one responded to the dispatcher queries, the call was disconnected. But then the emergency worker called back to make sure there wasn't a real problem.

"We just got a call at 911 from this phone. Does someone there have an emergency?" "I don't think so, let me check, this is Cat Depot," said an employee who had just returned from lunch.

The staff member proceeded to check with all of the shelter staff to see if someone was in need of emergency help, but no one claimed to have dialled 911.

Then one staff member noticed an extension was lit, and thought it was odd since she knew there was no one in the office. The staff member went to the office to investigate and there she found Zeke lounging across the phone with the handset off the hook. He, of course, was blissfully unaware of the hubbub he had just caused.

Apparently, Zeke, like many cats, loves to amble across keyboards and other electronic devices – and this time he happened to dial 911.

But it is not the first time he has been playing with phone buttons. In the past he has hung up on callers and dialled outside lines.

Zeke's fancy paw work proved to be successful this time. His story was reported on the local news and then nationally. Shortly thereafter a family came forward who realised Zeke was one special cat and took him home.

"LEXOPHILE" IS A WORD USED TO DESCRIBE THOSE THAT HAVE A LOVE FOR WORDS:

For instance "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless."

When fish are in schools, they sometimes take debate.

A thief who stole a calendar got twelve months. When the smog lifts in Los Angeles U.C.L.A.

The batteries were given out free of charge. A dentist and a manicurist married. They fought tooth and nail.

A will is a dead giveaway.

With her marriage, she got a new name and a dress.

A boiled egg is hard to beat.

When you've seen one shopping Centre you've seen a mall.

Police were called to a day care Center where a three-year-old was resisting a rest.

A bicycle can't stand alone; it is two tired.

The guy who fell onto an upholstery machine is now fully recovered.

He had a photographic memory which was never developed.

When she saw her first strands of grey hair she thought she'd dye.

Acupuncture is a jab well done. That's the point

of it.

Those who get too big for their pants will be exposed in the end.

LOST WEDDING RING STUCK IN DOGS STOMACH FOR FIVE YEARS:

Butch, like most dogs, enjoys eating things. The mixed-breed dog who lives with his owner in Stevens Point, Wisconsin, has earned the nickname of the food burglar.

So his owner wasn't very surprised when Butch ate her granddaughter's Popsicle—stick and all—while the family was sitting on the front porch. That day, the dog threw up the Popsicle and the stick, but when the dog threw up again a few days later, the real surprise came up.

When his owner was cleaning up the mess from her carpet, she discovered her missing wedding ring.

Veterinarians that observed Butch after the ring came out believe that when the dog swallowed the popsicle stick, the stick dislodged the ring. Butch had x-rays to make sure that the ring didn't cause any internal damage.

Butch's owner who was devastated when the ring went missing, said that she is extremely happy to be wearing the valuable piece of jewellery again.

DID YOU KNOW

*Ligers are the cross of a male lion and a female tiger, and they are the largest of all living cats and felines. Their massive size may be a result of imprinted genes which are not fully expressed in their parents, but are left unchecked when the two different species mate. Some female ligers can grow to 10 feet in length and weigh more than 700 pounds. Ligers are distinct from tigons, which come from a female lion and male tiger. Various other big cat hybrids have been created too, including leopons (a leopard and a lion mix), jaguleps (a jaguar and leopard

mix), and even lijaguleps (a lion and jagulep mix).

*A zebroid is the offspring of a cross between a zebra and any other equine, usually a horse or a donkey. There are zorses, zonkeys, zonies and a host of other combinations. Zebroids are an interesting example of hybrids bred from species that have a radically different number of chromosomes. For instance, horses have 64 chromosomes and zebra have between 32 and 44 (depending on species). Even so, nature finds a way.

*Grolar bears are the offspring of a grizzly bear and a polar bear, a grolar bear is one beast you don't want to meet in the woods. Interestingly, unlike many hybrid animals, grolar bears are known to occur naturally in the wild. Some experts predict that polar bears may be driven to breed with grizzly bears at an increased frequency due to global warming, and the fact that polar bears are being forced from their natural habitats on the polar ice.

*A Wholphin is a cross between a false killer whale and an Atlantic bottlenose dolphin, wholphins are hybrids that have been reported to exist in the wild. There are currently two in captivity, both at Sea Life Park in Hawaii. The wholphin's size, colour and shape are intermediate between the parent species. Even their number of teeth is mixed; a bottlenose has 88 teeth, a false killer whale has 44 teeth, and a wholphin has 66.

FINALLY THIS WEEK

I would like to welcome all visitors to the Kingdom and to wish them, our readers, advertisers, all at the Killarney Outlook Office and Walsh Colour Print/Educate.ie a safe and enjoyable public holiday weekend.

If you are taking a walk in woods please do not discard anything that could start a fire and please dispose of your rubbish properly in the countryside or beach to ensure you do not harm wild or domestic animals or sea life.



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1ST ANNIVERSARY



Loving memories of

Timothy 'Ted' Fitzgerald

Lisheenacanna Ballyhar Killarney
Died on 5th August 2013

On this the first anniversary of Ted's passing, we his family wish to express our appreciation and heartfelt thanks to everyone who sympathised and supported us during this sad and difficult time.

Our sincere thanks to all our relatives, friends and kind neighbours who visited Ted in hospital, called to the house and attended the rosary, removal and burial. Thank you for all the mass bouquets, floral tributes and perpetual enrolments.

We would like to acknowledge and thank the staff of both the Bons Secours Hospital Tralee and Kerry General Hospital and in particular the community care team and home helps for their expertise, professionalism, kindness and respect shown to Ted during his time in their care. This meant a lot to Ted and his family and is greatly appreciated.

Thanks to Fr. Nicholas Flynn and all who helped celebrate the funeral mass. Thanks to O'Connor Bros funeral directors for their help and support with organising the funeral arrangements.

As it would be impossible to thank everybody individually, we hope you will accept this acknowledgement as a token of our appreciation. The holy sacrifice of the mass has been offered for your intentions.

'In our hearts you will always stay loved and remembered everyday'

First anniversary Mass will be held in St. Gertrude's Church Fries on August 1st at 7.00pm.

May he Rest In Peace.

BIRTHDAY REMEMBRANCE



For a dear friend

Brendan Heffernan

Whose Birthday occurs on August 2nd

Remembering you on this day,
 Comforted by so many memories.

*You are not forgotten Brendan,
 Nor will you ever be.
 As long as life and memory last,
 We will remember thee.*

**Always remembered by Timmy,
 Eileen, Dara, Ciara & Timothy.**

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
 And to all of the Saints for favours received.

x

DEBT REMOVAL PRAYER

Lord, I confess I've made mistakes, I have accumulated too much debt, and now I cannot imagine overcoming it without your help. Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breath again. Please forgive my sins Lord. Walk with me and help me to make the right decisions throughout my life. In your name I pray. Amen. You must say 3 Our Fathers for 7 Days. Must promise publication. Never Know to fail.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.

MIRACULOUS INVOCATION TO ST. THERESA, THE LITTLE FLOWER

Oh glorious St. Theresa, whom Almighty God has raised up to aid and counsel mankind. I implore your miraculous intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "prodigy of miracles the greatest Saint of modern times". Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of "spending Heaven doing upon earth... of letting fall from Heaven a shower of Roses". Henceforth dear little flower, I will fulfill your plea "to be made know everywhere" and I will never cease to lead others to Jesus through you. Amen. Say the above for 9 days and you will receive a flower or a Rose, in some form during or after 9 days as an indication that your request will be granted.

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

THANKSGIVING

Sacred Heart of Jesus, St. Jude, Our Blessed Lady, a thousand thank you for everything and all Saints and Souls.
M.S.K.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.
M.S.K.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three days. Publication of prayer and favour will be granted.
x

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within Your own heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer. In thanksgiving.
M.M.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. x

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. Amen. Say this prayer for 3 consecutive days. Must publish prayer and it will be granted to you.
NOD.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle, and finish with "May the Sacred Heart of Jesus be praised, adored, glorified and loved today and ever day throughout the world forever. Amen". Pray, whether you believe or not. Publish on the 9th day. Your request will be granted no matter how difficult it may seem. Favour often granted on the third day.

PRAYER FOR MOTHERS IN DISTRESS

Our Lady of Guadalupe wrap your mantle around the woman most in distress at this moment. St. John the Baptist hold them by the hand and lead to all the alters of the world where the Precious Blood of Jesus is shed. One Glory Be to the Father. Please promote.



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