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Evie Spillane, Juno Hussey & Abbey O Sullivan from 2nd class in The Holy Cross Mercy School in Killarney celebrating Daffodil Day in aid of the Irish Cancer Society. Photograph by Sally MacMonagle



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See Page 4

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Aisling Crosbie.

FROM THE EDITOR

Killarney enjoyed a fantastic Wander Wild Festival last weekend when organisers pulled out all the stops to ensure everyone had a "wonderful" time!

It's that time of the year again when the Killarney Branch of the Kerry Hospice Foundation launch their popular annual fundraising walk in memory of two very special ladies.... Vivien O'Shea and Sheila Mac, students and teachers at Gaelscoil Faithleann said goodbye to their much loved principal and there was success for East Kerry clubs at Scór na nÓg.

Killarney National Park looked resplendent on BBC's Wild Isles programme, Flesk Valley RC undertook a mammoth fundraiser and students at Holy Cross Mercy turned yellow for Daffodil Day.

Killarney Valley Classic & Vintage are to take on a famous route for their first car run of 2023, Knockreer House has been earmarked for funding to the tune of €200,000 and students at Presentation Milltown are celebrating their All Ireland win.

All this and lots more in this week's Killarney Outlook!

HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

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ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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Claire Tangney's stunning
capture of raindrops.

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Time to get your walking shoes on for the Good Friday Walk

Vivien and Sheila will be remembered on the day



Pictured at the launch of the Kerry Hospice Foundation Killarney Branch Good Friday walk at Muckross House on Monday were: Kieran Culloty, Kay Spillane, Pat Doolan, Chairman, Dermot O'Reilly, Angela Curran and Gerry Coakley.

The Killarney Branch of Kerry Hospice Foundation are pleased to announce that the popular annual fundraising walk in memory of the late Vivien O' Shea and Sheila McGillicuddy and all who have passed with life limiting illnesses will take place on Good Friday 7th April. Registration from 9.30am at Garden Restaurant, Muckross House. Walk commences at 10.30am. There is a choice of two walks:

The first is from Garden Restaurant via Dinis Cottage and a section of Torc Trail and return to Garden Restaurant. [10km approx.]. Route will be signposted.

The second is from the Garden Restaurant for a distance of 2.5K along same route as 1 and return to Garden Restaurant, total distance 5K. This route is suitable for walkers with young children/buggies.

This year the student council of Scoil Bhríde Loreto National School will be setting the adult/kids quizzes.

There is no registration fee – bucket collection on the day. Tickets will be on sale for some lovely spot prizes €5 for 3 strips of 5 tickets]. Complimentary tea/coffee on return. Complimentary takeaway tea/coffee also available at Dinis Cottage by kind permission of proprietor.

"Killarney sprinter Sarah Leahy, who is making a name for herself in the athletics world, is our ambassador this year and will be cutting the tape to start the walk", Pat Doolan, Chairperson of the Killarney Branch of the Kerry Hospice Foundation told Killarney Outlook.

Suitable footwear is advisable in the

interests of Health & Safety, especially along the section of Torc Trail.

Kerry Hospice Foundation is a voluntary organisation dedicated to providing palliative care services to people with life limiting illnesses. This care, which is free of charge, is provided at our 15 bed inpatient unit and Palliative Day Care Unit at University Hospital Kerry and, also, through the home nursing scheme. Presently it costs in excess of €10,000 a week to fund our services. The people of Kerry have been very generous supporters and the magnificent facilities now available at University Hospital Kerry are testament to their generosity. The ongoing support of the people of Kerry is vital in maintaining these facilities. As our late departed County Fundraising Chairman, Ted Moynihan used to say: "You may never need the hospice, but the hospice needs you."

Looking forward to seeing you all on the day.



Athlete Sarah Leahy is this year's Ambassador for the walk.



The walk will be held in memory of Sheila MacGillicuddy and Vivien O'Shea.

PLAY FOR PALLIATIVE BASKETBALL TOURNAMENT THIS WEEKEND

The family of the late Evelyn O'Regan are holding a basketball tournament this weekend in her memory.

Evelyn, who was a fantastic basketball coach passed away in November 2020 and this weekend the Evelyn O'Regan U18 Boys Basketball Tournament will be held in Milltown Community Centre from 9am - 6pm tomorrow April 1st with all proceeds going to the Kerry Hospice Medical & Catering Staff.

Clubs taking part include: St. Coleman's Basketball Club, Milltown, St. Anne's Basketball Club, St. Paul's Basketball Club, Limerick Lakers, Tralee Magic and Cougars, Killarney.





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A NIGHT FILLED WITH TALENT AT RAMBLING HOUSE

Traditional music with tea and brack were on the menu at the Fossa Two Mile CCÉ Rambling House at the Castlerosse Hotel recently.

"There are so many people to thank that we apologise in advance if we miss anybody out including the management and staff at the Castlerosse Park Resort for hosting our event and the wonderful service you provided", Tim Kissane told Killarney Outlook.

"Thanks also to our very talented stalwart musicians Mike Jack, Noreen and Maura who entertained us all so well from start to

finish", he added.

The audience were treated to some guest performances from the racing pigeons to the Biddy Group and all the singers, musicians and storytellers in between go raibh mile maith agaibh. Special mention to our Ukranian Singers who performed two songs in their native language for us on the night. Duzhe dyakuyu "Thank you to all our members and supporters and to Fear an Tí, Mick Myers agus Bean an Tí, Theresa Kissane who kept the night flowing. Our fireplace display was kindly lent to us by the Beaufort Pioneers and adorned with "things of old" from Brendan O'Sullivan", Tim said.

The raffle was very well supported and the group plan to use the funds raised to further the teaching of music in our area.



Eileen Lucey, Michael Myres, Noel Lucey, Sarah Griffin, Theresa Kissane, Tim Kissane, Jackie Quirke and Mike Cronin pictured at the Rambling House.



Eoin Foley and Dan Foley entertaining the audience at the Rambling House.

AWARD FOR MUCKROSS PARK HOTEL & SPA



Orla O'Driscoll – Wedding planning Manager Muckross & Niall Tangney – Banqueting Manager – Muckross are 3rd and 4th from the left.

The iNUA Collection group of hotels has been recognised for its excellence in wedding venues and event management by the Weddings Online Awards 2023. Three of the group's hotels were named winners at the prestigious event, held last night at the Mullingar Park Hotel.

Muckross Park Hotel & Spa, located in the heart of Killarney National Park, was named Wedding Venue of the Year Munster. From a Medieval Atrium and Victorian banqueting room to a modern ballroom, Muckross Park offers the ultimate tailored five-star experience to couples.

Speaking about the awards, Brenda Murphy, The iNUA Collection's Director of Sales

Marketing & Revenue, said: "We are absolutely thrilled to have three of our hotels named winners at the Weddings Online Awards 2023. These awards are a testament to the hard work and dedication of our teams, who strive to deliver exceptional experiences for our wedding couples. We are incredibly proud of Muckross Park Hotel & Spa, Radisson Blu Hotel & Spa Sligo, and the Hillgrove Hotel & Spa, and we look forward to welcoming many more happy couples to our hotels in the year ahead." The Weddings Online Awards 2023 recognises excellence in the Irish wedding industry, with winners chosen by a panel of expert judges and a public vote.

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THE LIEBHERR STORY LAUNCH

showcases the importance of the Liebherr history to the people of Kerry and beyond



Isolde Liebherr and her daughter Patricia Ruf pictured with Author Tom Foley.



Speakers at the launch of Tom Foley's Book - The Liebherr Story.

"The Liebherr Story" was officially launched at the Europe Hotel & Resort, attracting a crowd of over 250 attendees. The importance of the Liebherr container crane factory, and the Liebherr hotels to the people of Killarney, Kerry and beyond was clear to see with a mix of former and current employees, suppliers, TDs, councillors members of the public and members of the Liebherr family helping to launch Tom Foley's wonderful new book.

Following a warm welcome from Gerry Bunyan, MD-Sales at Liebherr Container Cranes Ltd, Mary Buckley, Interim CEO of the Industrial Development Authority (IDA Ireland) and Moira Murrell, Chief Executive of Kerry County Council spoke at length about the role both organisations played and continue to play in the long history of Liebherr in Ireland. Mary Buckley said that "Liebherr's success is indeed IDA Ireland's success" and that both organisations "share an ambition and vision to be sustainable, innovative and responsive to the needs of industry in an ever changing and challenging global environment". She echoed Gerry Bunyan's words in formally thanking the Liebherr family for their investment and continued support of Liebherr Container Cranes Ltd. Moira Murrell highlighted Liebherr's contribution to the region through its collaboration with the IDA and local authorities, as well as with Munster Technological University to develop the skills in the region. She also mentioned that Liebherr has been an integral part of Kerry life, with thousands of people working with the company over the years and noted that it is these people whose stories are recounted in The Liebherr Story.

Attendees heard from Isolde Liebherr and her daughter Patricia Ruf, who made the journey to Ireland to celebrate the launch of the book. They spoke of the long history of Liebherr in Ireland and highlighted

the importance of Killarney to the Liebherr family. They talked warmly of the lifelong friendships made here and the special significance of the Killarney factory and the Kerry hotels to the Liebherers with Killarney being like a second home. Isolde fondly recalled her first visit with her father in 1958, when he came to set up the factory. Their presence at the event was a clear sign of the continued loyalty of the Liebherr family to their operations in Kerry.

Timmy "Mackey" O'Shea spoke about the now almost legendary "Delegation" of local businesspeople and dignitaries, (including his father) who made it their business to make off the German industrialist staying at the Great Southern Hotel and to show Hans Liebherr what Killarney had to offer.

Finally, we heard from the author, Tom Foley, who reminisced about his time at Liebherr, about the people he worked with, and the many stories he collected as he wrote The Liebherr Story. His engaging style, humour and lively anecdotes ensured that the audience were spellbound as he spoke. Tom had a few prescient words about the delegation that served to illustrate the importance of their initiative in tracking down Hans Liebherr. The repercussions of that single act are still felt today, almost 70 years later.

"Were it not for their intervention, somebody else, in some other hotel, in some other town, perhaps, even in some other country, would be standing here this evening, launching The Liebherr Story"

Liebherr's presence in Killarney and its importance to the people of Kerry and beyond, is generational and the opportunity and affluence that accompanied Liebherr's arrival is keenly felt to this day.

The Liebherr Story is available from all good bookshops and online at buythebook.ie

KINGDOM OF KERRY GREENWAYS SPRING FORWARD

Coinciding with the clocks springing forward, Kerry County Council is encouraging people of all ages to make the most of the increase in daylight hours and to start to clock up the "Kingdom Kilometres" on foot or by cycling along the county's two new Greenways. The recently opened Kingdom of Kerry Greenways between Tralee and Fenit and between Listowel and Abbeyfeale are already proving hugely popular with locals and

visitors to Kerry. Representatives of the tourism industry, local public representatives, travel writers and influencers gathered in Kerry on Monday 27th March 2023 to experience the exciting new tourist attractions and welcome the arrival of the longer daylight hours as the clocks changed over to summertime. The new purpose-built trails provide an accessible and inclusive experience for visitors of all abilities.



The new spring campaign launched by social media influencer, Sarah Hanrahan, Mayor of Tralee, Cllr. Mikey Sheehy and Niamh O'Sullivan, Director of Services Economic & Community Development, Kerry County Council. Photo: Pauline Dennigan.

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FLESK VALLEY ROW FROM MALIN TO MIZEN HEAD

The members of Flesk Valley Rowing Club had a strenuous but successful morning on Sunday last when they collectively rowed the distance from Malin Head to Mizen Head on rowing machines in support of the Killarney Order of Malta.

Just before 11 o'clock the Valley armada 'left shore', and approximately 40 members aged from 12 to 50ish set to their task with enthusiasm. By midday someone reckoned that Barack Obama's Plaza had been reached but unfortunately there was no stop for tea, just a splash of holy water, a mouthful of lucozade and a few jelly babies for the lucky ones! As the kilometres clicked slowly by the temperature started to rise and the cry went up from the gasping veterans to open all the doors! No such problems for the junior relay crews who had a fantastic morning rowing, laughing, and racing each other all the way to the finish. The junior members who took on the half-marathon

distance individually were amazing throughout and got stronger as the finish line came into view.

Commenting on the event, Tadhg Kelly from Flesk Valley said 'We're delighted with how the morning went. There was a great atmosphere in the venue, and we are grateful to all the parents and Flesk Valley supporters who came along to encourage our young and not-so-young rowers. It was great too to see the members of the Order of Malta in attendance to offer their support, and the club would like to thank everyone who donated on the day'.

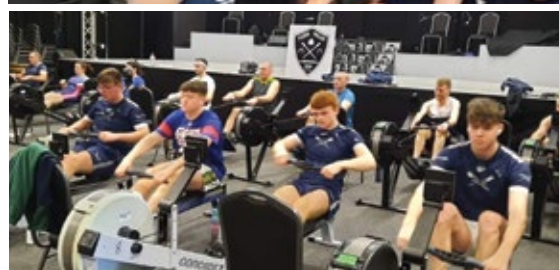
Tadhg also expressed his thanks to the underage coaches and committee members for looking after everyone during the event. Tadhg especially wanted to mention everyone at Celtic Steps and the Killarney Racecourse for facilitating the club and Workmens Rowing Club and Glenflesk GAA for the use of their equipment.



Members of Flesk Valley Rowing Club who rowed from Malin to Mizen in support of the Killarney Order of Malta



Members of Flesk Valley Rowing Club who rowed from Malin to Mizen in support of the Killarney Order of Malta



Members of Flesk Valley Rowing Club who rowed from Malin to Mizen in support of the Killarney Order of Malta

HOUSE PRICES RISE IN KERRY



Donal Culloty of REA Coyne and Culloty, in Killarney.

The average price of a second-hand, three-bed semi in Kerry rose by 2.6% in the first three months of the year, according to the latest national survey by Real Estate Alliance.

The average cost of three-bed homes in the county is now €300,000, up from €292,500 in December 2022, the Q1 REA Average House Price Index shows.

By concentrating on the actual sale price of three-bed semis, the survey provides an up-to-date picture of the second-hand property market in towns and cities countrywide.

Across Kerry, first-time buyers made up 40% of the market during Q1 with 15% coming from buyers moving

out of cities.

The average time taken to complete a sale in the county is now seven weeks, down one week from an average of eight in the previous quarter, the survey shows.

In Killarney, the average price for a three-bed semi is now €360,000, up 2.27% from an average of €350,000 in the previous quarter, while the time to sell has fallen by one week to seven over the same period.

"There has been very little property for sale during this quarter. With no new houses under construction, the number of houses for sale is at its lowest level ever," said Donal Culloty of REA Coyne and Culloty, in Killarney.

€270,000 IN FUNDING ANNOUNCED FOR KERRY HISTORIC PROJECTS

Minister for Education and Kerry T.D. Norma Foley welcomes confirmation of the allocation of €270,500, in funding for three Kerry historic sites through the Historic Structure Fund (HSF).

In total 95 heritage projects across the country will benefit from a total of €4.5m under this year's Historic Structures Fund.

The three Kerry projects to receive funding are:

Knockreer House and Gardens, Killarney (€200,000)

Eask Tower, Cahroo Hill, West Dingle (€33,000)

Molahiffe House, Castlefarm, Fries (€37,500)

Minister Foley said: "This funding provides vital assistance for the maintenance and upkeep of sites of significant historical importance in Kerry and I welcome this confirmation from Minister Malcom Noonan.

"Today's announcement includes specific funding for renovations, conservation and maintenance of three key historic sites in Kerry."



Knockreer House and Gardens, Killarney will receive €200,000 in funding.



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It's the talk of the town...

With Anne Lucey



Anne Lucey looks at the positive news happening in the town of Killarney

TOURISM BOUNCES BACK



Delegates and Buyers, in Killarney to meet international tourism buyers from around the world, experiencing first-hand the Irish tourism product at Meitheal, Ireland's most important tourism trade event. Photo: Valerie O'Sullivan/

With business already ahead of 2019, meeting demand for hotel rooms and activity slots is the big challenge, according to participants at the highly successful Meitheal trade show.

Despite the rain and the cloud, significant business - millions of euro worth - was done for 2024 as well as 2023 at the classy event in the INEC.

Pre-booked ten minute consultations with 450 Irish businesses all smartly set out on white tables, had waiting lists for the hundreds of interested buyers, a system local Failte Ireland rep correctly likened to 'speed dating' at the three-day event.

And it was a very smart system and an apt comparison: ten minute slots were closely monitored and announced from the centre stage as buyer and seller got down to business immediately.

A few trends are worth noting from my visit on Wednesday morning:

Representatives from the UK were thinner than usual on the ground - but the USA and Canada are strong this year while the United Arab Emirates, Dubai and the Far East too are surprisingly strong, according to those spoke to.

'The Germans are back in force too,' according to Ray Sinnott the estate manager of Congreve House in Waterford.

Congreve House is a model business for the future. A late 18th century historic house and gardens, and restaurant, and managed by a trust, its 70 acres of pleasure includes accessible gardens and also a large vegetable and fruit garden to supply its restaurant.

And this kind of 'sustainability' and farm to fork activity makes it a sell - especially for continentals as well as the more exotic and middle eastern market, Ray told me.

They are also developing old lodges to cater to the ultra luxury overnight stay market.

These are two ideas we might take away for Muckross and or Killarney House, I said to myself: Pleasure gardens are no longer

enough - we must return to the days of growing tomatoes and veg in the historic houses and maybe rent out a gate lodge or two!

Some 66 buyers from Global inbounds selling the UK and Ireland to China, India and Japan were in Killarney for the trade show.

And apparently, these more exotic markets cannot get enough of Ireland.

A barometer of trends as well as trade, the Meitheal is reflecting the strong US dollar and also the post Covid trend for outdoor activities. Agents for continental Europeans are seeking the soft rain of Irish summers to escape July and August temperatures, I was told.

There is big demand is for the outdoors and family and small group activity.

Golf is back with a bang and demand for 'hidden courses' in Donegal and Sligo and Mayo and the northwest is unprecedented alongside the champion and better known links courses of Kerry and the east.

There was much praise for the direct private flights for the weekends into Kerry Airport and the helicopter service down to Hogs Head.

General flight access was back to 2019 levels but more flights into Shannon was needed.

Demand for accommodation is strong everyone told me. "The challenge we have is offering availability to clients, new and existing," Brian Miley, group business development manager with the Gleneagle Hotel Group said. As well as the Gleneagle in Killarney, the Maritime in Bantry in West Cork is part of the group.

Killarney as a complete destination was in strong demand by the international agents and there was 'displacement' particularly with tour business being turned away because of the high numbers of refugees in three star hotels in the town, it was acknowledged.

"Tours want Killarney. Putting them in other locations is not an option," one seller observed. Paul Mockler of Failte Ireland said those at the fair were mainly seeking four and five star accommodation across the island and this demand was being met, so far. There are 'challenges' both this year and next in meeting accommodation demand because of the number of hotel rooms now occupied by refugees, but tourism was 'a creative and resilient industry', he also said.

KILLARNEY LOCKS HORNS WITH THE BEST OF BRITAIN ON WILD ISLES

Sir David Attenborough's Wild Isles showed some extraordinary footage of the Killarney Red Deer. It was simply stunning. My one disappointment was that the episode from



Killarney was so short. But it was quality rather than quantity. The few minutes of footage easily outshone the rest of the hour-long programme, in my unbiased view.

I hope the BBC will release permission to use the clips as promotional material for Killarney. Even stills would be great.

Now, while the landscape and everything was superb, I am back to my old Sir David complaint: the lack of a pat on the back for man. The deer in Killarney would be extinct only for the efforts of local men and women. Yes, humans, particularly landlords and the upper crust hunting parties from the UK, were the cause of the deer's decline. But some acknowledgement must be given for the extraordinary protective nets thrown around the 6,000 year old deer over the last 50 years by the two legged local species.

SPRING IS BEGINNING, THANKFULLY

We have had a tough old winter in Killarney and there has been only a rare blue sky since October. Last week we all shared in the unexpected grief of much loved local families and there was such a blanket



of sadness and fellow feeling across the whole area, it will not lift for some time.

But spring is slowly arriving, all by itself and undisturbed. The catkins have given way to green leaves and rarely has there been seen such remarkable Magnolia displays on that tree on the Muckross Road. The cherry is starting to come out. The town is all yellow and full marks to the daffodil bulb planters of Kerry County Council and to the yellow tulip planters at Muckross.

I have been caught up too in the frenzy of the Kerry baby story - dragged into it yet again, as it is dragged up again is my honest feeling about the whole thing. The past is a foreign country, is my strong view and this is especially so when it comes to the inexplicable. Most people, and particularly women, even those much younger than myself, want to move on from that traumatic story and that awful dark period enveloping it. What is to be gained now by raking back ten decades and dragging us back into something that is difficult to understand even for those of us who lived through the 1980s in Kerry? 1983, 1984 and 1985 - the circus that was the 8th amendment, what followed it, and the Kerry Babies tribunal - is thankfully an alien world to a lot of us now and we would rather not remember it. While some quarters are adamant about justice and penalties, and righting wrongs, nature this time of year reminds us of another, maybe a softer kind of justice at work. It tells us the purpose of the passage of time can be healing, and sometimes, just sometimes, things may be better left alone and undisturbed.



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Gretel O'Sullivan (South Kerry Skillnet); Katie Kerin (South West Gno Skillnet), John Moriarty (Rural Food Skillnet) and Louise Bourke (Duhallow Skillnet) photographed at the Kerry Month of Enterprise event in Killoglin last week. Photograph by Sally MacMonagle



Monika Dukarska, Laura Rafferty, Colin O'Brien, Susan Horgan, Dr. Breda O'Dwyer and Brigid Crowley from EDSU photographed at the Kerry Month of Enterprise event in Killoglin last week. Photograph by Sally MacMonagle

SKILLNET CELEBRATES 10 YEARS

Kerry Month of Enterprise is now in its 10th year. To celebrate, the four Skillnets operating from the Kerry Region (Duhallow Skillnet, Rural Food Skillnet, South Kerry Skillnet and South West Gno) came together to host 'The Future of Upskilling – Revolutionising How we Learn!'. Over 60 people attended the event in the RDI Hub in Killoglin on the 23rd of March and many marveled at how their eyes were opened with the potential of modern technology. The event was opened with a presentation from MTU's Elearning Development Service Unit, and

they spoke on the different forms of technology, and in particular, the importance of ensuring accessibility for all in the learning. This was further substantiated by key note speaker Stephen Howell, who gave his experience of learning and how important it is to cater for all learning types and styles to maximise people's potential. After this attendees were invited to experience the technology for themselves, and exhibitors Adaptas, Mersus, 4e and Xavatar were on hand to let people roll up their sleeves and try on the headsets.

KERRY ROSE TO PRESENT WINNING DRIVERS AWARDS at Rose Hotel Circuit of Kerry Rally

Kerry Rose Édaein O'Connell will present the winning drivers with their laurels after Sunday's Rose Hotel Circuit of Kerry Rally.

The 44th edition of the Kerry Motor Club event rolls into Tralee this weekend.

Over 150 drivers from all over Ireland, Britain and even as far afield as Australia will tackle the nine-stage event.

As a round of three major championships, the Triton Showers National,

the Top Part West Coast and the Moriarty's Central Car Sales Kingdom of Kerry, there is a lot at stake on Sunday.

Given the massive entry, beds in the Tralee area are at a premium and the event will provide a huge financial boost to the town.

"The benefits of such an event are enormous to the local economy and a most welcome boost to local businesses as we enter the start of our tourist season. Events like this are a vital part of our town's vibrancy and vitality and bring such a carnival atmosphere to the region. The benefits are not just a boost to the local economy but also a boost to our tourism offering and of course to motorsport in general," said Tralee Chamber Alliance President Nathan McDonnell.

The winning drivers are expected at the Rose Hotel just after 4 30 pm on Sunday evening.

There to greet them will be the 2022 Kerry Rose Édaein O'Connell marking one of her final events before she hands over the coveted crown in the next few weeks.

"I am delighted to be attending the prize-giving ceremony for the Circuit of Kerry Rally. These events are not only enjoyable, but they are vital for the community at large and create a sense of excitement throughout the county," she said.

"As I near the end of my tenure as the Kerry Rose, I am treasuring any and every event where I can meet locals and be involved."

The Rose Hotel Circuit of Kerry Rally gets underway on Friday night with an overseas competitor reception at rally headquarters.

There will be a static display of rally cars in Tralee Town centre on Saturday from 1 pm to 5 pm in association with Tralee Quick Fit and Tralee Chamber Alliance.

The nine-stage rally takes place in the general Cordal and Knocknagoshel area on Sunday with the crew re-visiting the service park in the Rose Hotel three times during the day.



Kerry Rose Édaein O'Connell Photo: Dominic Walsh

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Proinsias sets sail from the Gaelscoil

After 34 years at the helm in the Gaelscoil, Proinsias MacCurtain is set to retire, and was seen off on Saturday with a wonderful event organised by the Parents council of the school – Cairde na Scoile.

According to chair of the Parents council, Mary Carroll, "When Proinsias told us he was retiring we knew we had to organise something special to mark all he has contributed to the school. There is a strong connection between Innisfallen island and the school, with the name of the school been taken from Saint Faithleann who founded a monastery on the island in the seventh century. So, we organised for a mass on the island with all parents and their families being invited."

Mary continued, "The weather luckily was on our side and on Saturday morning 150 people set sail from Ross Castle to the island, in the very safe hands of Ross Castle Boat tours. We had a very memorable event with a mass celebrated by school chaplain Fr Joe Begley, at the centre, followed by a chance for everyone to mingle and chat. Children read prayers and sang hymns, and parents united in wishing Proinsias well on his next chapter in life. A presentation was made to him on behalf of all the parents, including two Arbutus trees, one to be planted in the school and one for Proinsias' garden."

The Cairde na Scoile group wish Proinsias and his wife Karen and their family the very best of luck in his new life. He will be missed from the Gaelscoil, but his legacy will continue on in Gaelscoil Faithleann.



Proinsias pictured with his wife Karen and Aoiheann Ni Dhonnchaidh.



Retiring Principal of Gaelscoil Faithleann, Proinsias Mac Curtain pictured with his wife Karen on his way to Innisfallen island for a Mass and farewell event, organised by the Parents of the school.



Dearbhla O'Connell and Imogen Carroll Kelly waiting at Ross Castle to get on a boat to sail to Innisfallen island on Saturday.



Proinsias with children from Gaelscoil Faithleann at Ross Castle prior to the departure to Innisfallen



Daniel Mustafa Rang 4 with his sisters Elisa and Ayriza



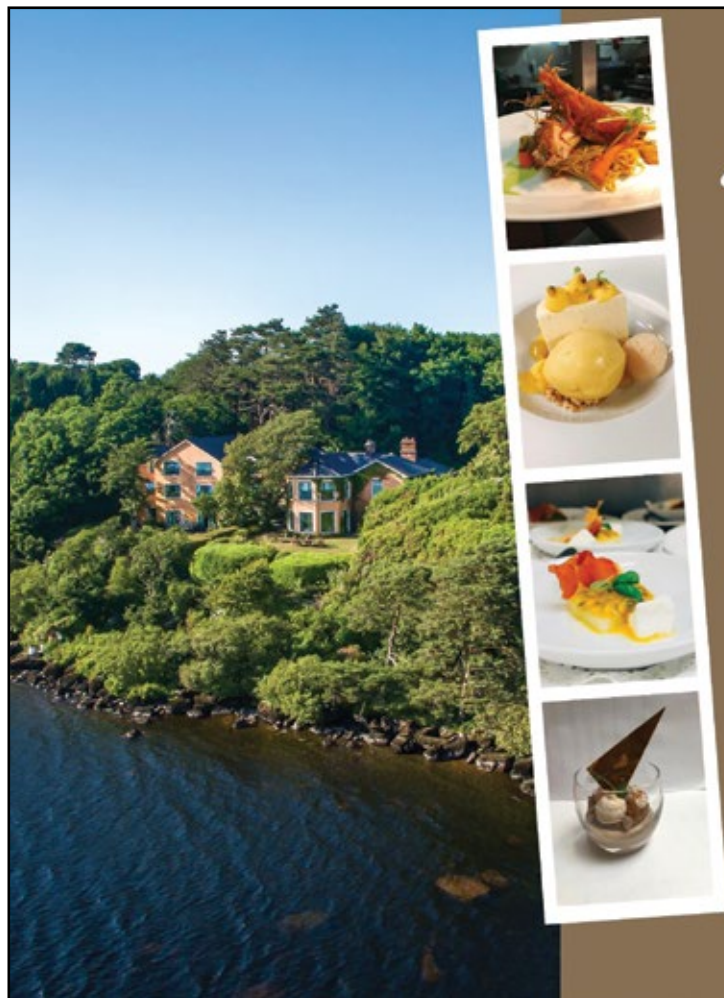
Group of girls - Girls from Rang 4 on Innisfallen for the leaving event for Proinsias - Mia Clifford-Kuhlmann, Anna Fleming, Kitty O'Callaghan, Dearbhla O'Connell and Imogen Carroll Kelly



Proinsias with former teacher Aoiheann Ni Dhonnchaidh, current teacher and Principal elect Lisa Ni Iarlaithe, Proinsias' wife Karen, and Sean O'Luanaigh Chair of the Gaelscoil Board of Management



Parents Marguerite Fleming, Mary Carroll, Catherine O'Callaghan, Rose and Sianna Murphy, Eamonn Kelly, Lisa Ni Iarlaithe, Fiona Crowley and Sarah Burton pictured on Innisfallen



Dining On Caragh Lake

"Carrig House ranks as my best hospitality experience of the year ... dinner in the Lakeside Restaurant was an occasion too ... It was my best meal of the year."

Thom Breathnach - Irish Examiner Dec 2022


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Inspirational Radio Kerry presenter Ian O'Connell unveiled the new wall in the Departures Hall and, on behalf of the many sponsors, presented a cheque for €10,000 to representatives of the Kerry Branch of Pieta.

Photo By : Domnick Walsh © Eye Focus LTD.

THE generosity of Kerry-based companies towards Pieta has almost doubled since 2021 as the number of local businesses to put their name on the Open for Business Wall at Kerry Airport has increased to 45.

Inspirational Radio Kerry presenter Ian O'Connell unveiled the new wall in the Departures Hall and, on behalf of the many sponsors, presented a cheque for €10,000 to representatives of the Kerry Branch of Pieta. Ian's message, since he was told he would never use his limbs again after a life-changing accident when in his mid-teens in 2017, is that if he couldn't stand up, then he'd make sure he would at least stand out.

Every one of the local companies who have added their logos to the wall are encouraging people to choose Kerry as their work base for a lower cost of living, a better quality of life and ease of access to international markets.

Kerry Airport CEO John Mulhern, Fred McDonogh, Managing Director of Red Chair Recruitment, Killarney and Chris Fitzgerald, Proprietor of Slógadh Signs, Killorglin have driven the campaign since 2021 to raise awareness of the many job opportunities that exist in Kerry.

The CEO of Kerry Airport Ireland, John Mulhern, said, "We've been reminded over the past three years that resilience and a sense of community

are essential for our mental wellbeing. The Open for Business Wall in the Departures Hall at Kerry Airport began with 26 local companies making donations to Pieta. They each shared concerns for the increasing marginalisation of rural Ireland and the isolation many feel as population centres and opportunities for social interaction shift relentlessly into urban centres. We are proud to unveil the updated wall with 20 additional companies who also support Pieta and are proud to promote Kerry as a wonderful place in which to work and live."

Pieta's Regional Community Funding and Advocacy Team Lead, John Dempsey, said: "Pieta are so grateful and appreciative of the overwhelming support from Kerry Airport and the businesses that have supported the Open for Business Wall. Pieta provides all our services free of charge, and with this support, we are able to provide a lifeline to so many families and individuals across Kerry. With the support of businesses and the wider community, we have been able to provide support through our Training & Education Team, via our Amber Flag and Resilience Program to over 5500 students in Kerry, across 33 Schools in 2023. Alongside our clinical services, which have seen an increase year on year, especially a significant increase in under-18 presenting, we thank the businesses that have supported the Kerry Airport Business

45 COMPANIES DONATE €10,000 TO PIETA On Open For Business Wall At Kerry Airport Departures Hall

Wall so much."

The new Kerry-based companies who's added their names to the Open for Business Wall in support of Pieta are:

TLL, Maguire & Liston, Killarney Brewery, Kerry GAA Store, Skinlab, Southern Scientific, Munster Technological University, Athena Analytics, MC Group, Kerry District League, John Lane & Sons, University Hospital Kerry, Enercon, Orbitus (formerly CDS Tax & Law), HR Buddy, Corcoran's Furniture, Corcorans Food Equipment, SkelligSix18, RDI Hub, Avalanche Designs, Egg Design and Glencar Construction. They have joined the 26 companies who set the ball rolling on the project in 2021: Adams of Tralee, A Fit Body, Aherns Castleisland, Astellas, Bathrooms4U, Boyles Killorglin, CSG (formerly Casey Stephenson) Accountants, Cremur Heating, FEXCO, Gallarus Industry Solutions, Gary Corcoran Car Services, Greenway Health & Hygiene, Irish Drain Services, JRI America, Keane's Supervalu Killorglin, Kerry Group, Lámha Therapies, Liebherr, Matthew Murphy Photography, Retrofit, O'Sullivan's Bakery, Portwest, and Vertex Inc (formerly Taxamo).

The wall will be renewed in January 2024 and anyone interested in promoting their business to a local, national, and global market, while supporting Pieta, is invited to contact Fred McDonogh at Red Chair Recruitment at Fred.McDonogh@redchairrecruitment.ie.

John Mulhern, on behalf of everyone who has been involved in this project, added, "It's been a privilege to have Ian O'Connell as our Special Guest to launch the new Open for Business Wall. Ian's love of life, and never-give-up attitude is an inspiration to us all. He was once told that he would be on a ventilator for the rest of his life. We're proud to have Ian as an ambassador to invite more people to this county to share the fresh Kerry air that he is so happy to breathe every day."

TOP CLASS COUNTRY MUSIC DANCE AT THE GLENEAGLE

Dedicated followers of Country Music will be in their element on Easter Sunday night.

Taking place at the Gleneagle Ballroom, there will be four hours of top class music from Sean Brennan who is on stage at 9pm and Patrick O'Sullivan on stage at 11pm. Tickets for the the dance which takes place on Sunday 9th April will be €10 and will be available at the door which opens at 8pm.

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The Mercy turns Yellow for Daffodil Day

Pupils and staff of Holy Cross Mercy School wore yellow on March 24th to mark "Daffodil Day" in support of the Irish Cancer Society.

With Lent in full swing, a special dispensation was granted to all celebrating "Lá Bui" with treats and daffodils shared in each class. The school's red and grey was replaced with vibrant yellow; featuring beautiful artwork from all of the pupils based on the daffodil theme. All proceeds of the fundraiser were donated to the Irish Cancer Society. Holy Cross Mercy Principal, Alice Davern expressed thanks to all families in our school community for their "generous donations to this wonderful cause." Thanks also to the Coordinators of the day, Ciara Spillane & Mairéad Kennedy. We are extremely grateful to all at the Irish Cancer

PHOTOS: SALLY MacMONAGLE



Daffodil Day at Holy Cross Mercy School



Juno Hussey aged 8 from Holy Cross Mercy School in Killarney celebrating Daffodil Day in aid of the Irish Cancer Society.



Pupils and staff of Holy Cross Mercy School wore yellow on March 24th to mark "Daffodil Day" in support of the Irish Cancer Society.



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Vive La France!

KERRY AIRPORT IRELAND

ANNOUNCES 2 NEW SUMMER ROUTES TO BRITTANY

KERRY Airport is excited to announce that French Airline Chalair is to launch two new summer routes to Quimper and Brest in Brittany.

Commencing on July 1st, the seasonal summer service will operate every Saturday with a flight time of less than 1 hour 40 minutes from Kerry to France on board a 70-seat ATR 72 aircraft.

Tickets will be available online* from www.Chalair.fr or any travel agency while all fares will include a free baggage allowance and free on-board service.

The CEO of Kerry Airport Ireland, John Mulhern, said, "We are delighted to welcome Chalair to Kerry who will operate a weekly service to two destinations in Brittany, France from 1st July. The airline has been serving Brittany for many years and these new routes from Kerry will be the airline's first in Ireland. They will be a welcome addition to the offerings for passengers from Kerry Airport seeking to explore and relax in a most beautiful region of France, while the French people will now have new routes into Ireland to enjoy all that Kerry and the region has to offer. Ultimately, this will boost the local economy during the peak tourism season and sow the seeds for the development



Vive La France! Kerry Airport CEO John Mulhern pictured with Airport Staff members Asha Lynch, Evelyn O'Connor and Ksenija Karpovic are all excited to announce that French Airline Chalair is to launch two new summer routes to Quimper and Brest in Brittany commencing in July. Bookings for the weekly service can be made at www.Chalair.fr. Photo By: Domnick Walsh © Eye Focus LTD

of additional routes from France in the years to come."

Chalair is an independent airline that has been operating scheduled flights in France since 1986. Its fleet of aircraft ranges from 19 to 70 seats and is currently the reference airline for such aircraft on the French market.

These new destinations from Kerry to Quimper and Brest in Brittany will bring to nine the number of routes that will be available to passengers for the summer months.

AN CHOMHDHÁIL WORLD IRISH DANCE CHAMPIONSHIPS KICK OFF IN KILLARNEY THIS WEEK

Over 2,500 Dancers set to take part in the 2023 An Chomhdháil World Irish Dance Championships which kick off at the Killarney Convention Centre on tomorrow, Saturday 1st April 2023.

Competitors from America, Scotland, England, Europe and all over Ireland will compete for a World title in the Championships which run from April 1st to 8th.

Over 39 competitions will take place over the eight days of the Championships and winners are announced every day after each competition. The competitions are held in the INEC auditorium and The Gleneagle Ballroom. The age profile of the competitors is age 9 to over 21 years old. In excess of 2,500 dancers will take to the stage over the course of the eight days. The competitors will be accompanied by an entourage of organisers, teachers, adjudicators, musicians, families, friends, supporters and spectators. An Chomhdháil is delighted to return to Killarney this year. This is Killarney's seventh occasion to host the An Chomhdháil World Irish Dance Championships.

The economic benefits of these Championships will be felt right across Killarney's hotels, B&Bs, restaurants, shops and many other businesses.

Studies carried out between 2016 and 2019 calculated the Championships were worth €12 million to the local economy.

An Chomhdháil, the organisation who run the World

Irish Dance Championships, have an extensive branch network worldwide and is one of the most progressive Irish Dance organisations, being the first Irish Dance organisation to bring in the no makeup rule for girls up to and including under 12 years of age in 2007. Both male and female World Champions will be crowned across a range of age categories from under ten through to adult.

"We are honoured to welcome the 2023 An Chomhdháil World Irish Dance Championships," said Patrick O'Donoghue, CEO of The Gleneagle Group. "We wish all the competitors the very best of luck and we hope everyone enjoys their stay in Killarney."



The apps have been downloaded, the training has begun, and the excitement is building for the VHI Women's Mini Marathon, taking place on Sunday 4th June.

The theme this year, "For Me For You" is very apt for all those taking on the 10km route this June bank holiday weekend. All the fantastic ladies taking part will do so for the fun, for the buzz, for the feelgood factor and for so many, a cause close to their hearts. Our Anam Cara team is growing, and we would love for many more to join us on the day. Soak up the atmosphere before the event as we all gather pre-race, run, jog or walk at your own pace on the day and then meet up after for that feelgood factor. To join our team, please contact Jamie on j.conway@anamcara.ie.

Every cent raised by those taking part, will ensure our support services

Thousands of Euro will be raised on just one day in June

for bereaved parents across the country continue to thrive. We hope to upscale our training with frontline professionals, as they navigate the difficult task of supporting bereaved parents.

Anam Cara, a national organisation supporting bereaved parents, hold fourteen face to face meetings across the country each and every month. They run Bereavement Information evenings online, have a podcast series "Conversations in Grief" and many, many other free resources for those who have experienced the death of a child. More information on www.anamcara.ie.

On Tuesday 11th April, Anam Cara will hold their Kerry meeting in The Meadowlands Hotel, Tralee @ 7:15pm. All bereaved parents are welcome, regardless of the age of the child or circumstances of death. Any bereaved parent in the Kerry area and surrounds are welcome to attend.

TO THE WATERS & THE WILD...

WANDER WILD FESTIVAL 2023



Mountain High... Well known wellness personality, Roz Purcell, leading The Nature Valley Mangerton Hike, as part of the Wander Wild Festival in Killarney National Park. The adventure and wellness festival continues until Sunday. **PHOTOS: VALERIE O'SULLIVAN**



Never mind the weather... David Rea of Celtic Steps and his troupe of musicians and dancers, with MC Kieran Healy.



Mary Cahill, left and Trish O'Neill, Hardy swimmers taking part in the Wander Wild Sunrise Dip in Dundag.



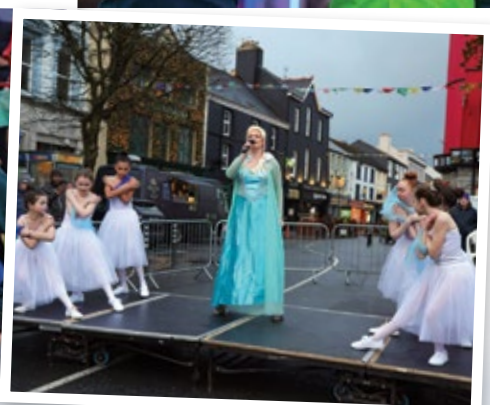
Chairman of Wander Wild Festival Killarney, Pat Chawke, being shielded from the rain by Conor Hennigan, Wander Wild Festival, at the opening ceremony on Friday evening.



Members of Kerry Mountain Rescue Team, John Hussey, left and Gerry Christie, at the Festival basecamp at the Church of Ireland Killarney on Sunday.



Josephine O'Driscoll, centre, Fáilte Ireland, at the Wander Wild Festival basecamp at the Church of Ireland Killarney on Sunday to chat with committee members Niamh O'Shea and Conor Hennigan.



Pupils from MACademy Performing arts school, Killarney performing at the opening ceremony.



TO THE WATERS & THE WILD... WANDER WILD FESTIVAL 2023



Mike and Catriona Sweeney with their Children, Michael Owen, Christopher and Sophia, enjoying the fun at the Wander Wild Festival Kids Zone. **PHOTOS: VALERIE O'SULLIVAN**



Hardy swimmers taking part in the Nature Valley Wander Wild Festival Sunrise Dip in Dundag.



Denis McCarthy and his Son Dan McCarthy, enjoying the fun at the Wander Wild Festival Kids Zone.



Siún Spellman, enjoying the fun at the Wander Wild Festival Kids Zone.



Jennifer Pyne at Ireland's first hospitality hydroponic urban farm in Killarney as part of Wander Wild Festival foodie tour.



Athletes competing with a Jaunting car in the Hardman 10K trail run in Killarney National Park.



Róisín Fitzgerald, and her Son, Cillian Kiviehan, enjoying the fun at the Wander Wild Festival Kids Zone.



Siobhan Kelliher, left, Nora Murphy, Róisín Fitzgerald, Mary Daly, Deirdre Keegan, Mountain guides Mick Long and Paddy O'Sullivan, along with well known wellness personality, Roz Purcell, leading The Nature Valley Mangerton Hike, as part of the Wander Wild Festival in Killarney National Park.



Donal and Una Dowd, and Breda O'Farrell experiencing 'the Garden of Unearthly Delights' installation by Artist, Augustine Leuder - which is an immersive 3D sound installation around the blue pool in the heart of Cloghereen Nature trail, Killarney National Park, as part of the Wander Wild Outdoor Festival.



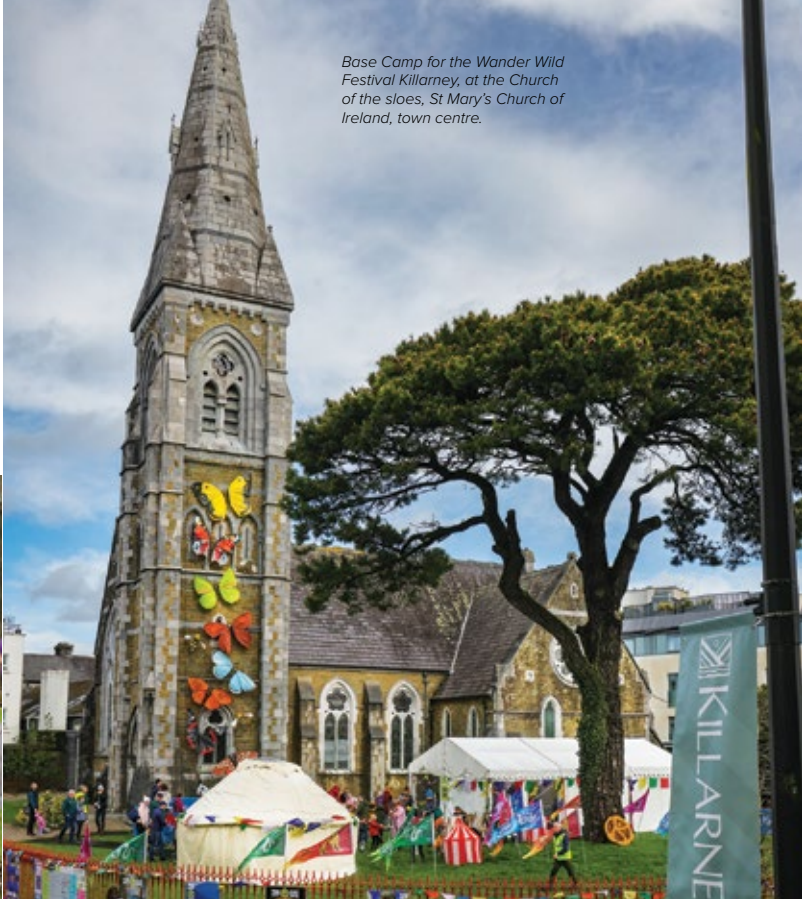
Garda Sínead Coffey and Garda Mary O'Shea, stopping by to chat with Wander Wild Festival committee, at the Festival base-camp at the Church of Ireland Killarney on Sunday, Claire Tangney, Carol Dempsey, Brendan O'Brien, Fiona O'Sullivan, Annie Rose Vogel.



Ollie Favier, competing in the Hardman 10K trail run in Killarney National Park.



Pamela Barrett, Veronica White and Theresa Kissane, taking part in the Wander Wild Sunrise Dip in Dundag,



Base Camp for the Wander Wild Festival Killarney, at the Church of the Sloes, St Mary's Church of Ireland, town centre.



Athletes, competing in the Hardman 10K trail run in Killarney National Park, as part of the Wander Wild Festival which ran over the weekend.

To The Waters & The Wild WANDER WILD FESTIVAL 2023



Ann O'Brien, left and Betty Garnett, Hardy swimmers taking part in the Wander Wild Sunrise Dip in Dundag.



Kaelyn O'Sullivan, right, offering a little flower to Emily Cusack, taking part in the Gruffalo Adventure hunt.



Sarah-Jane Foley, enjoying the fun at the Wander Wild Festival Kids Zone at the Festival basecamp at the Church of Ireland Killarney on Sunday.



Lak Shana of the Tanyard Restaurant, Killarney Plaza Hotel, greeting guests, part of Wander Wild Festival foodie tour, tasting local artisan produce and exploring Killarney's new and very vibrant local food scene.



'the Garden of Unearthly Delights' installation by Artist, Augustine Leuder - which is an immersive 3D sound installation around the blue pool in the heart of Cloghereen Nature trail, Killarney National Park.



Kayakers enjoying a paddle on Lough Lein, Ross Castle, Killarney National Park as part of the Wander Wild Festival which ran over the weekend.



Well known wellness personality, Roz Purcell, leading The Nature Valley Mangerton Hike with Aine Joy and Gráinne Galvin.
PHOTOS: VALERIE O'SULLIVAN



Mark Whelan and Kieran Hall, Hardy swimmers taking part in the Wander Wild Sunrise Dip in Dundag.

TO THE WATERS & THE WILD WANDER WILD **FESTIVAL 2023**



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REGISTER NOW FOR THE 11TH ANNUAL COUNTY CLEAN UP

The 11th annual County Clean Up will take place across the county on Saturday, 15th April and a call is going out to all community and voluntary organisations and individuals to get involved.

The County Clean-Up takes place with the support of KWD Recycling and Kerry County Council. Over the past decade, hundreds of tonnes of rubbish have been collected along Kerry roads by thousands of volunteers.

The Cathaoirleach of Kerry County Council, Cllr John Francis Flynn urged everyone to participate in what is now one of the annual community initiatives in Kerry.

'The tremendous effort of volunteers over the past decade has contributed to the campaign to keep the county litter-free. The County Clean Up greatly complements the work which Kerry County Council does all year round to promote environmental awareness and maintain our wonderful landscape.

'Registration is now open at www.countycleanup.com and I hope that



Pictured at the launch of the Kerry County Clean Up 2023 at the Ballygarry Hotel

The 11th annual County Clean Up will take place across the county on Saturday, 15th April and a call is going out to all community and voluntary organisations and individuals to get involved. Photo By : Domnick Walsh © Eye Focus LTD .

local communities will participate in large numbers,' he said.

Environmental Awareness Officer at Kerry County Council, Breda Moriarty said: 'The amazing and diligent work of many community groups and individuals for the County Clean Up is admirable. Everyone coming together to keep Kerry clean and our roads litter free for an 11th year is fantastic.'

Noel O'Reilly from KWD said: 'KWD Recycling is proud to be involved in the County Clean Up which is now in its 11th year, it is a very important day that has made a huge difference on the roads of Kerry and west Cork.' Groups must register to ensure they receive a clean-up pack and to nominate a collection point for any litter collected

Over 1,200 trees will be planted at the Kerry GAA Centre of Excellence



Pictured tree planting to celebrate national tree week were back: Jimmy Darcy, Sustainability Manager Croke Park, Brian Lonergan, Kerry Snr Hurling Team, Eanna Ni Lamha of the National Tree Council of Ireland and Joe O'Connor Kerry Snr Football Team. Pictured Front: Tom, Darragh and Kate O'Neill, all Club youth Member of Ballymacelligott GAA Club.

Photo By : Domnick Walsh © Eye Focus LTD



Pictured tree planting to celebrate national tree week were Jimmy Darcy, Sustainability Manager Croke Park, Brendan Fitzsimons and Eanna Ni Lamha of the National Tree Council of Ireland. Photo By : Domnick Walsh © Eye Focus LTD .

As part of the GAA Green Club Programme, over 1200 trees are to be planted at the Kerry GAA Centre of Excellence at Currans. The GAA Green Club Programme was established to support Gaelic Games clubs in taking simple and effective sustainability action in their grounds and activities. The Programme is structured around the themes of Energy, Water, Waste, Biodiversity and Travel & Transport and is designed to promote sustainability awareness and action in GAA clubs and communities.

Pictured tree planting to celebrate national tree week were : Eanna Ni Lamha of the National Tree Council of Ireland. Photo By : Domnick Walsh © Eye Focus LTD .





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APPLICATIONS FOR CAO COLLEGES BECOMING MORE REGIONALISED



By Billy Ryle

ESTABLISHED

During the last few years, the establishment of new Universities has gathered pace. Third level education has evolved during the past fifty years since students had only a choice between Trinity College Dublin (TCD) and the National University of Ireland (NUI) which had three main constituent colleges UCC, UCD and UCG as well as the clerical University in Maynooth. UCG is now called University of Galway while Maynooth, which is now a rapidly expanding lay college, is called Maynooth University (MU).

DOMINANT

National Institutes of Higher Education (NIHE) were established in Limerick and Dublin and were later upgraded to University of Limerick (UL) and Dublin City University (DCU), respectively. These seven universities dominated the third level scene offering mainly Honours Bachelor Degrees at Level Eight on the current National Framework of Qualifications (NFQ) to undergraduate applicants.

REGIONAL

Regional Technical Colleges (RTC) were built around the country from the 1970's to make a variety of third level and training courses available locally. The RTC's were gradually upgraded to Institutes of Technology (IT) status as their portfolio of courses continued to expand. These colleges provided entry to third level at Higher Certificate (Level Six) and Ordinary Bachelor Degree (Level Seven) levels as well as Honours Bachelor Degrees (Level Eight). The Minister for Higher Education has promoted a policy to upgrade the ITs to Technological University status and that transition has gained momentum over the past few years.

TECHNOLOGICAL

Dublin Institute of Technology (DIT) quickly became Technological University Dublin (TUD). Cork Institute of Technology (CIT) and Institute of Technology Tralee (ITT) amalgamated to become Munster Technology University (MTU), with main campi in Cork and Tralee. Athlone Institute of Technology (AIT) and Limerick Institute of Technology (LIT) came together as Technological University of the Shannon (TUS) with main campi in Athlone and Limerick. South East Technological University (SETU) is made

up of the former ITs in Carlow and Waterford. Three former ITs along the Atlantic seaboard, GMIT, LYIT and ITS have been upgraded to Atlantic Technological University (ATU) with main campi in Galway, Letterkenny and Sligo. Dundalk Institute of Technology (DKIT) is still ploughing a lone furrow but its only a matter of time before it gains full University status either on its own or with one of the newly established Technological Universities.

BOOST

University status has given the technological sector a huge status boost and has been one of the reasons why the number of CAO applicants to technological universities has risen this year. Preliminary March figures released by the CAO indicate that college applicants are applying to technological colleges in greater numbers than ever before. As the new technological universities have recorded a bump in application numbers, some traditional universities have suffered a slight decline in applications.

COST

The huge increase in the cost of attending college in urban areas has caused many applicants to set their sights on the local technological universities which continue to expand their portfolio of courses. What's very evident from the CAO statistics is that a growing number of applicants are not even applying for courses that they would like to do because they simply cannot afford to. CAO applicants are applying for courses that are closer to their homes and the new technological universities are benefitting as a result.

LEVELS

The other huge attraction is that the technological universities are offering a Higher Certificate after two years and an Ordinary Bachelor Degree after three years to students who do not wish to progress further. The 'Big Seven' Universities offer only Honours Degrees, with a few course exceptions, at the end of the duration of the course. The risk attached to entering an Honours Degree course is dropping out before completion without a qualification on the NFQ. The new technological universities are offering a get out option at Higher Certificate Level 6 and Ordinary Degree Level 7.

It's unlikely that the other Universities will go down that road.

NEW COURSES

The traditional universities are bursting at the seams with numbers and while they may have experienced a slight decline in applications this year, they still have the blue riband courses and the reputation for teaching excellence and research that will sustain them into the future. The obvious next step is to regionalise new course development in the new technological universities rather than allowing the Big Seven to have a monopoly of highly sought after courses.

CHECKLIST

- TCD and NUI were the dominant universities
- NUI has four main constituents UCD, UCC, Uni of Galway and Maynooth Uni
- NIHE Limerick became UL and NIHE Dublin became DCU
- The new technological universities are TUD, MTU, TUS, SETU, ATU
- University status has given the technological sector a huge status boost
- CAO applicants are applying for courses that are closer to their homes
- Technological unis offer Level 6 & Level 7 as well as Level 8 to CAO applicants
- Traditional unis offer mainly Level 8 at undergraduate level
- New course development should be regionalised
- CAO closing date for late applications at €60 fee is 5pm on 1st May
- CAO online change of mind facility (free) opens at 12.00 noon on 5th May
- Leaving Cert oral language tests take place from Sat 1st April to Thurs 6th April
- Leaving Cert Engineering Practical takes place on Tues 25th, Wed 26th & Thurs 27th April
- Leaving Certificate Art Practical exam window is from Tues 25th to Thurs 27th April

Billy Ryle is a Career Guidance Counsellor and Educational Commentator
Email: rylebilly@gmail.com
Tel: 087 9808979

'PRES WENT YELLOW' IN AID OF THE IRISH CANCER SOCIETY

On Friday 24th March 'Pres Went Yellow' in aid of the Irish Cancer Society. Staff and students decorated their uniform in yellow to try win the 'best dressed' competition. There were delicious treats for sale during break time. Well to done to everyone who participated and to all the students who baked the lovely treats.





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GREAT TALENT ON DISPLAY AT COISTE SCOR NA NOG CHIARRAI 2023

The Scor na nOg County Finals took place at the Currow Community Centre on Saturday last March 25th with the days programme getting underway with the Amhran Na bhfiann sang by Con Warren and followed by the Figure Dancing and from here to the final discipline of the evening in Set Dancing the audience were entrained by the standard set by these very talented youngsters and without doubt Fear/Bean A Ti P J Mulvihill and Suzanne Ni Laoighre added to the days enjoyment keeping everything running smoothly and efficiently during the huge programme of events. seven District Boards took part; Kenmare District, North Kerry Football, North Kerry Hurling, Mid Kerry Board, East Kerry Board, Tralee/St. Brendans Board and South Kerry Board. The standard of performances at Scór Na Nog this year has been exceptional and is a testimony to the vast amount of talented performers we have within the County and the time and dedication put in by clubs at promoting and nurturing culture within the Kingdom. Once again it was the East Kerry Board that dominated proceedings winning 4 of the seven categories; Glenflesk winning Solo Singing; (Noirin Healy), Recitation, (Abby Cronin) and Ballad group while Spa took the honours in Set Dancing and to cap a very successful evening for the Board and especially Glenflesk Alison O Sullivan there Cultural Officer was presented with the overall Club Trophy on the night. Local winners Include:

SOLO SINGING

1st. East Kerry, Glenflesk, Noirin Healy

RECITATION

1st. East Kerry, Glenflesk, Abby Cronin

BALLAD GROUP

1st East Kerry, Glenflesk, Aoise O Donoghue, Muireann Healy, Abby Cronin, Cliona Moynihan, Sarah O Donoghue, Sub Patrick Mullane,

INSTRUMENTAL MUSIC

2nd East Kerry Glenflesk, Grace Angland, Coleen Angland, Olivia Angland, Sean Angland, Noirin Healy

SET DANCING

1st Spa, East Kerry Board; Roisin O Sullivan, Isabele Waters, Grace O Connor, Aine O Sullivan, Cira O Donoghue, Dara Brosnan, Diarmuid o Donavan, Colm O Connor, Oisin O Sullivan

OVERALL CLUB

East Kerry, Glenflesk.

PHOTOS: ANNE HOLLAND

Judges and supporters at Scor na nOg at Currow Community Centre



Overall winning club Glenflesk's Alison O'Sullivan receives the trophy from Christy Killeen and Suzanne Ni Laoighre



Glenflesk winning Solo Singing; (Noirin Healy) with Christy Killeen and Suzanne Ni Laoighre



SET DANCING

1st Spa, East Kerry Board; Roisin O Sullivan, Isabele Waters, Grace O Connor, Aine O Sullivan, Cira O Donoghue, Dara Brosnan, Diarmuid o Donavan, Colm O Connor, Oisin O Sullivan with Christy Killeen and Suzanne Ni Laoighre



BALLAD GROUP

1st East Kerry, Glenflesk, Aoise O Donoghue, Muireann Healy, Abby Cronin, Cliona Moynihan, Sarah O Donoghue, Sub Patrick Mullane, with Christy Killeen and Suzanne Ni Laoighre



INSTRUMENTAL MUSIC

2nd East Kerry Glenflesk, Grace Angland, Coleen Angland, Olivia Angland, Sean Angland, Noirin Healy, Christy Killeen and Suzanne Ni Laoighre







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A CLASSIC TOUCH TO PARADE VICTORY

Killarney Valley Classic and Vintage Club has won the sought-after overall award in recognition of their colourful and action-packed entry to this year's St Patrick's Day parade in Killarney.

Delighted club representatives were presented with the Seán O'Keeffe perpetual trophy – in memory of the former Mayor of Killarney and parade stalwart – at a gala presentation of prizes in the International Hotel, Killarney on Tuesday night.

The award for the best interpretation of the theme, which was Killarney: Experience More, went to the Wander Wild Festival who received the Michael Courtney perpetual trophy which is dedicated to the memory of another former mayor of the town who spearheaded the annual St Patrick's Day celebrations for many years.

The John 'Killer' O'Callaghan perpetual trophy for the best sporting entry was won by Killarney Athletic AFC and the Peter Irwin memorial trophy for the best marching group and cultural/arts entry went to Millstreet Pipe Band.

The best sports club was Spa GAA, the best children's group prize was won by Kilcummin Comhaltas and the best new entry was Killarney Rugby Football Club.

There was an international flavour to the best musical entry which was scooped by the Glenridge High School Marching Band from New Jersey.

The prize for the best voluntary group went to the Kerry Stars Special Olympics Club, the best school award went to the Fiona Crowley Stage School and the best activity group was deemed to be Scorchers Cheerleading Club.

The most entertaining entry went to the Killarney Tidy Towns group, the prize for the most original entry was won by Liebherr Container Cranes and the most imaginative entry in the parade was the Art House, Killarney.

The most stylish entry prize was awarded to the Ukrainian community whose representative said they were delighted to play

a part in Ireland's national holiday and thanked the people of Killarney for the warm welcome they have received.

Other prizes presented on the night included the best window display which went to Christy Healy's on New Street who were celebrating 100 years in business on St Patrick's Day while the Europe Hotel and Resort won the best green-themed building prize.

The judges for the parade were Br Pat Lynch, Guardian, Franciscan Friary, Pam Brosnan, Killarney Musical Society and Denis McMahon.

The awards were presented by Killarney St Patrick's Festival Chairman Paul Sherry, Mayor of Killarney Cllr Niall Kelleher, Killarney Chamber of Tourism and Commerce Senior Executive Bridget O'Keeffe and parade grand marshal Cathal P Walshe.



History in the making... C. Healy Grocery, New Street, Killarney, is this year's winner of the St Patrick's Festival Greening competition 2023. Angela O'Brien, centre, Johnny Healy, Patsy Handley, Mary Healy, Angela's Daughters, Niamh, Aileen and Angie, together with extended family gathered on the occasion of the 100th anniversary of popular shop, which opened on St Patrick's Day 1923. They were joined by their loyal staff and regular customers on St. Patrick's Day. Queues formed all day for their famous green ice-cream and coffee. A well deserved accolade for the institution - Here's to the next 100 years. Photo: Valerie O'Sullivan

HOSPICE WALK

Milltown/Listry Branch of Kerry Hospice are holding their annual sponsored walk on Good Friday 7th April, starting with registration at Muintir na Tire Hall, Milltown. Walk commences at 10am. All funds raised will go to Palliative Care in Kerry. Our walk will honour the memory of our esteemed former member Mary Pat O Sullivan. Your support is greatly appreciated.

KILLARNEY RAMBLING HOUSE

The Rambling House n Friday the 31st of March at 8p.m at the Old Killarney Inn - in Aghadoe V93 NW52 - Entry €5 - All Welcome.Come for the Tea, the Brack, and the bit of Ceoil agus Craic and to all musicians, dancers, storytellers and singers, please come join us for a great night. - Follow us on Facebook CCE Cill Airne.

KILLARNEY ACTIVE RETIREMENT

KILLARNEY ACTIVE RETIREMENT meet every Friday in the KDYS Hall (back of Franciscan Friary Bookshop) from 2 to 4 PM New Members Welcome

WALK AND BAKE SALE

LOUGHQUITTANE N.S. EASTER FAMILY 5KM WALK AND BAKE SALE FUNDRAISER: Sunday 2nd April, starting/finishing from Muckcross Community Centre. Meet time of 11am with walk start time at 11.15am sharp. All welcome on the day to walk and/or drop into the Community Centre. Great chance to re-acquaint with the local community over a cuppa and a cake.

TABLE QUIZ

THE TIM MOORE MEMORIAL TABLE QUIZ A popular annual table quiz, which raises funds to send Kerry children and young adults with special needs to Lourdes, will be held in the Gleneagle Hotel at on Wednesday, March 29. 7.30pm. The entry fee for tables of four is €40 and it is €20 for teams of four schoolchildren with great prizes up for grabs on the night. All welcome.

BINGO: at St. Mary's Parish Hall every Thursday @ 8.30pm. All are welcome!

HEDGEROWS

The Road Safety Authority and the County and City Management Association are calling on land-owners to cut their hedgerows before March 1st deadline to ensure they are not causing a potentially serious road safety hazard. Overgrown hedgerows and roadside verges can result in road fatalities and serious injury collisions. In accordance with the Wildlife Act, it is an offence to cut, grub or otherwise destroy any vegetation growing on any land not then cultivated or growing in any hedge or ditch, between 1st March and 31st August.

HOZIER to play the INEC

Following the news of his upcoming sold out outdoor performance at Malahide Castle and live rehearsals at The Academy, Hozier has announced a new Irish date at the Gleneagle INEC Arena, Killarney on 27th June 2023.

Joining Hozier as special guest is Allison Russell. An instantly recognizable voice and stirring songcraft solidified Irish troubadour Hozier as a Grammy-nominated, award-winning multi-platinum singer and songwriter. Driven by the thought-provoking quintuple-platinum anthem, "Take Me To Church," ranked the 30th most listened to song on Spotify, the track is the 103rd song to ever achieve the rare milestone of Diamond certification and the highest certified solo Alternative single in RIAA history. "Take Me To Church" has surpassed 2 billion streams, the only Irish artist to achieve this feat. 'Eat Your Young' the much anticipated new EP from Hozier, is out now.

Tickets priced from €49.90 inclusive are now on sale via Ticketmaster.ie



KINGDOM PRIDE joins St Patrick's Day Festival Killarney

The streets of Killarney were awash with green as the town celebrated its annual parade as Kingdom Pride joined forces with St. Patrick's Festival Killarney to participate in this year's Parade, which was attended by thousands of spectators.

This was Kingdom Pride's first year marching in a St Patrick's Day parade, and what better way to celebrate the day than in this year's Pride Capital in Kerry. The flair, colour, and pride brought by the volunteers who marched is an indicator of the scale of pageantry planned for this year's Pride Festival, which will run from July 10th to 16th across Kerry. This is the first time Kingdom Pride has partnered with and marched in a St Patrick's Day parade. Kicking off the programme of events in the 2023 Kingdom Pride capital on July 15th will be a nature walk in Killarney national

park. Against the iconic backdrop of the lakes of Killarney and in the shadow of the McGillycuddy Reeks, Kingdom Pride will have its flagship event, Pride in the Park. This event, which is at the core of the festival, will be taking place in Killarney House and Gardens. Kingdom Pride is delighted to be teaming up with such a beautiful venue with important ties to Kerry's history and heritage. Night time drag events will also be taking place in Killarney to round off the day of celebrations. For a full programme of events across all locations over 7 days, please visit Kingdom Pride's social media: Facebook: Kingdom Pride in Kerry @ thekingdompride Instagram: @thekingdompride Website: https://www.kingdompride.ie





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FAMOUS ROUTE FOR KILLARNEY VALLEY CLASSIC AND VINTAGE CAR RUN



Killarney Valley Classic & Vintage will hold their first car run of 2023 and it will be traveling over the famous molls gap road, across to Sneem before heading along the the N70 into Kenmare where they will stop for lunch

Returning to Killarney via Kilgarvan all Vintage and Classic cars, jeeps and motorbikes are welcome once the vehicles are 20 years or older.

The event is being held in aid of Kerry Mental Health.

"We are very excited about this run as we haven't been

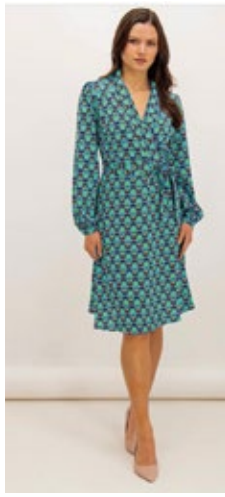
on this route for a few years now and the views are some of the best you will ever see", Tom Leslie told Killarney Outlook.

The Landrover which we will first prize in our upcoming charity raffle this year will also be out on the run that day.

Anyone that needs more information can contact the club on 0873381842 or through the Facebook page for more details.



ARRIVAL OF BORN IS GREAT NEWS FOR KILLARNEY



One of Ireland's leading fashion retailers is to open a major new store in Killarney next week.

In what is a very significant and welcome commercial boost for the town, fashion giant Born is to set up in a 4,734sq ft store at Killarney Outlet Centre.

The business will occupy the former Edinburgh Woollen

Mills units, numbered 13 to 15, on the ground floor of the landmark commercial premises.

An added attraction is that there will be a sensational offer of 20 per cent off everything on the opening day.

With a reputation for making fashion accessible and fun, Born opened its first premises in 2009 and now boasts 23 stores nationwide, as well as offering a top class online option.

Born is dedicated to bringing fabulous fashion at affordable prices to style conscious ladies and men who love to look great and offering the very latest trends for less.

Alongside popular brand names, Born will also specialise in their two in-house brands for ladies, Emily & Me and Luna, and their exclusive Phoenix brand for men ensuring that customers can pick up something different that no other high street store will have.

"We listen to our customers and deliver on style," a spokesperson said. "Each day we're inspired to be the best we can. We are focused and committed on giving our customers the experience they deserve, both in-store and online".

Killarney Outlet Centre Manager, Paul Sherry, said the arrival of Born is a great news story for Killarney and it will be a major attraction going forward.

"They see the huge potential in the town and it will give locals and visitors a whole new retail experience based on quality, choice and value," he said.

The bright and breezy new store will open at 11.00am on Thursday, April 6 with free goodie bags for the first 30 customers to make a purchase.

POP UP GAELTACHT FOR KILLARNEY

Looking for a bit of craic and a chance to practice your Gaeilge? Then be sure to check out the Pop Up Gaeltacht happening at Teddy O'Connor's Pub in Killarney, on Thursday, April 6th, at 7:30pm. This informal gathering of Irish speakers is the perfect way to brush up on your language skills, no matter how rusty they may be. Originally started by Gaelgeoirí in Dublin, Pop Up Gaeltachtaí have now spread throughout the world, with events being hosted from as far away as LA and Australia. These gatherings provide a relaxed, social environment where speakers of all levels can practice their Irish and meet new people. Whether you're a beginner with only cúpla focal or líofa, the event is a great opportunity to immerse yourself in the Irish language for a night.



BORN NEW STORE



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THURSDAY APRIL 6TH @ 11AM

**FREE GOODIE BAGS FOR
FIRST 30 CUSTOMERS**

CAFÉ DU PARC ANNOUNCE NEW COLLABORATION WITH RUGBY STAR KEITH EARLS

To kick off the Wander Wild weekend in Killarney, Café du Parc were delighted to welcome rugby stars Keith Earls and Damien Varley, for the launch of Café du Parc's new collaboration with Keith Earls's coffee brand Eleven14 Coffee.

Named after the two positions that Keith Earls has played in throughout his rugby career, Eleven14 strives to not only produce great quality coffee but also to build relationships with their employees, suppliers, investors and customers.

The launch was one of

many exciting events for the O'Donoghue Ring Collection during the Wander Wild Festival. The Tan Yard restaurant and Killarney Urban Farm were featured in the festivals food tour, while O'Donoghue Public House was proud to present Mundy, Meadhbh Walsh and Keith Farrell at St. Mary's Church of Ireland for an intimate and unforgettable concert.

Guests and customers can now explore the unique flavours of Eleven14 Coffee, all in the comfort of Café du Parc.



Pictured at Café du Parc to announce a new collaboration with Eleven14 Coffee, an Irish coffee brand set up by rugby player Keith Earls. He is pictured with Damien Varley (former rugby player).

It's a Girl!



The first born Kerry Calf of 2023 was born at Muckcross National Park, this week. Both mother and calf are doing very well. The rare and native bred is distinguished its black colour, grazing outdoors in all seasons and is extremely hardy. The newborn calf can expect a long and peaceful life grazing in the National Park - the half moon close to Torc Waterfall is a popular grazing field.

Kerry cattle are a rare breed of dairy cattle - native to Kerry, descended from the Celtic Shorthorn, brought to Ireland as early as 2000 BC considered one of the oldest breeds in Europe, known for their milk quality and gentle nature. Killarney National Park recognises

the importance of conserving the historic Muckcross Herd. Former owners of Muckcross Estate, Arthur Rose Vincent, were passionate about the Kerry. Today, the rare bred are cared and managed by chief Herdsman, Mike Fleming, particularly for preservation and agricultural heritage. Another prolific breed is the 'Cahernane Kerry' owned and bred by dairy farmer, Ms Hilliard of Cahernane, Killarney. Ms Hilliard is one of the strongest advocates in the preservation and conservation of the bred. She is lifelong secretary of the Kerry Cattle Society.

Photo: Valerie O'Sullivan



John Healy.

UNDER INSURANCE, CUSTOMER SURVEY FINDINGS.

JOHN HEALY FROM HEALY INSURANCE ON WHAT YOU NEED TO KNOW ABOUT UNDER INSURANCE

Home owners may have received a letter recently from their Insurer regarding "under insurance". The Central Bank of Ireland has instructed insurers to

contact all home owners to highlight this critical issue. As an Insurance Broker we have been highlighting this matter for a number of years to our customers as the cost of building has been increasing steadily since before the pandemic. Last year Zurich Insurance carried out a survey of over 1,000 Irish consumers. Its key findings were as follows;

According to the research, 51% of homeowners surveyed are correctly insuring their properties, while over 1/3 of homeowners (36%) are incorrectly insuring their properties by

basing their calculation on their homes' market value as opposed to its rebuild cost. An insurance valuation refers to the 'building sums insured', which is the full cost of rebuilding a property including the cost of site clearance and architects' fees. This should not be confused with the market value.

A further 36% of people who took out a home insurance policy did not take any action to calculate their buildings sums insured, i.e., the rebuild cost of their home. However, one in four people used the rebuild cost calculator operated by the Society of Chartered Surveyors Ireland or another reputable operator, while 15% of homeowners organised a bespoke rebuild valuation through a building's surveyor.

Meanwhile, over a quarter (26%) of homeowners have reviewed the cost involved in rebuilding their home within the last year, 20% reviewed

two years ago while a similar figure (19%) have left it three years or more. Almost 1/5 of homeowners (18%) have never reviewed the cost to rebuild their home or can't remember doing so. High and rising inflationary costs across the construction sector mean homeowners should be reviewing their rebuild cost annually when renewing their policy to avoid the possibility of homes being underinsured

I would recommend that you review your reinstatement sum insured sooner rather than later and continue to review during the year. In order to get a definitive individual reinstatement value on your house you should contact an independent qualified surveyor.

The most recent rebuilding cost report and a rebuilding calculator can be found at www.scsi.ie

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LAURA BRENNAN CATCH-UP CLINICS FOR YOUNG PEOPLE WHO MISSED SCHOOL HPV VACCINE

Cork Kerry Community Healthcare, as part of the Laura Brennan HPV Catch-up Programme, is calling on young people to make an appointment for an upcoming vaccine clinic.

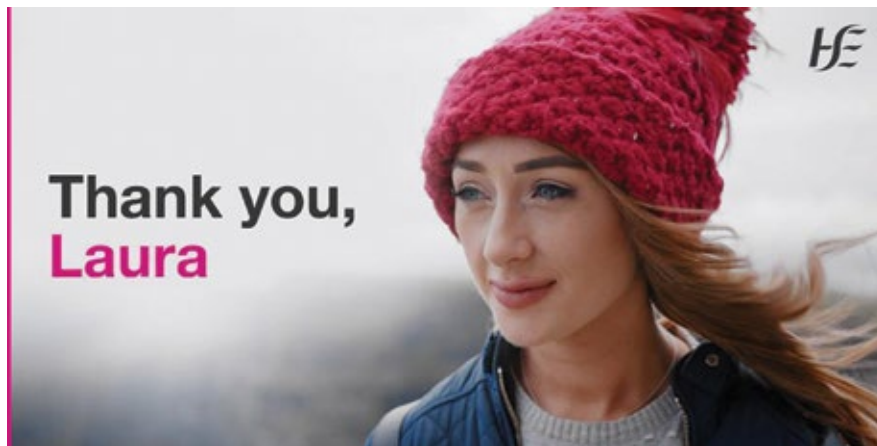
Laura Brennan was just 25 years old when she was diagnosed with terminal cervical cancer. She died 18 months later but during those months, she made an incredible impact through her work as a HPV vaccine campaigner. With Laura's help, HPV vaccine uptake in Ireland increased to 80%. The catch-up programme gives people who were eligible, but may have missed out on the vaccine in school, a chance to get this safe and effective vaccine.

The Laura Brennan HPV Vaccination Catch-Up Programme is open to:

- Females who have completed second-level school and are 24 years of age or younger;
- Females in 2nd to 6th year of secondary school; and
- Males in 2nd to 4th year of secondary school (or 5th year if they have skipped transition year this school year).

You must make an appointment on the online booking portal which is at this [LINK](#). The catch-up clinics will be held across the county and new dates are being added regularly. Confirmed dates with appointment times available include:

Kerry Vaccination Centre, Borg Warner, Monavalley, Tralee, Co. Kerry, V92



HT21

Thursday, 20th April: 2pm-4pm

Community Registered General Nurse for School Vaccinations with the HSE South Lee team, Dallas Brennan, said: "The most common cancer caused by the HPV virus is cervical cancer in females. However, the HPV virus can cause other cancers and conditions that can affect males, so I would encourage all those who are eligible to make an appointment. It's a single dose and a very safe vaccine."

The HPV vaccine will be delivered by HSE vaccinators only and is available free of charge through HSE vaccination clinics and schools. The 1st year school immunisation programme will continue as normal throughout 2023. The National Immunisation Advisory Committee has recently advised that only one dose of HPV vaccine is required in those aged under 25. Most people will only need one dose of HPV vaccine. However, anyone with a weak immune system will require three doses.

You must make an appointment on the online booking portal which is at this [LINK](#). See www.hpv.ie for more details.

NATIONAL STUDENT ENTERPRISE AWARDS FOR CASTLEISLAND COMMUNITY COLLEGE STUDENTS



In the photo from left Shauna O Keffe, David Peskett, Bláithín Rahilly, Laura Leahy (teacher) Laoise Mc Sweeney, Emma Horgan, Ellie Horgan and Teresa Lonergan (Principal).

The county final of the Kerry Student Enterprise Awards took place in MTU, Tralee Tuesday 21st March. Twenty-two mini businesses were set up by students. Castleisland Community College students won both the Junior and Senior Awards and also Duais na Gaeilge. The students will now represent Kerry in the National Student Enterprise Awards final to be held in May, in Croke Park.

The Senior Category was won by Shauna O Keffe and David Peskett. They developed an app that allows students to communicate confidentially with teachers. It is particularly useful for an anxious, reserved student who is not inclined to communicate with their teacher during a lesson. They have incorporated emoji images to enable non-English speaking to communicate with their teacher.

The Junior category was won by Clocha Cneasta which also won Duais na Gaeilge. The first year group comprised of Bláithín Rahilly, Laoise Mc Sweeney, Emma Horgan and Ellie Horgan. Clocha Cneasta originated in 2020 during the nationwide lockdown when school were closed. The students decided to paint on rocks that they had collected from beaches over the course of the summer. The rocks contained positive messages, e.g. 'Sending you smiles to brighten your day'. The girls placed the

rocks outside their houses along the road for people to read. 'Walking outdoors became very popular with families at this time with the strict restrictions in place. The rocks were like an invisible hand touching people during these dark times,' stated Laura Leahy Business Studies teacher and Student Enterprise Co-ordinator.

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KILCUMMIN

Written by: Helen Moynihan

➤KILCUMMIN COMMUNITY

HOSPICE WALK: Hospice Walk will take place Good Friday, April 7. Please support the annual walk which starts from the Recreation Hall at 10.00am. This is a family friendly walk with a choice of 5km or 10km. Refreshments will be provided in the hall after the walk. Alan Oliver of Lir has again generously sponsored a large Easter Egg which will be raffled among participants. All money raised through donations on the day will be forwarded to the Palliative Care Unit, Kerry Hospice Association.

KILCUMMIN COMMUNITY GAMES: It is a busy time for Community Games with many competitions taking place. It is great to see such variety & participation in our parish. Anyone interested in Community games and would like to know more, please go to Kilcummin Community Games Facebook page where all upcoming events & activities will be posted. Please note you must reside in Kilcummin parish to participate.

SCÓR: East Kerry Scór na bPaistí will take place on Sunday 2nd April in Fossa Community Hall, @ 3pm.

KILCUMMIN BABY & TODDLER GROUP: Kilcummin baby & toddler group continues at the Kilcummin Recreational Hall on Mondays 9.30am – 11.30am. €3 per family. All welcome. Contact Orla on 086 3628335.

KILCUMMIN COMMUNITY CARE: Community Care meet every Tuesday from 11am to 1pm in the GAA hall. Hot dinner provided, free transport available. Anybody interested please contact Mary Doyle on 064 663357/ 086 1550803.

TFI –LOCAL LINK KERRY: You can check out TFI Local Link Kerry's bus services into the town of Killarney by visiting our dedicated Killarney page on www.locallinkkerry.ie/killarney/



U9 Trip to see Ireland U21 game

➤KILCUMMIN GAA

SENIOR FOOTBALL FIXTURES: Credit Union Co League: Sunday April 2nd @ 2pm Division 1 Kilcummin v Dingle. Division 6: Kilcummin B v Fossa B. Check Emails and Facebook for venue or time changes.

GOLF CLASSIC: Kilcummin GAA are running their annual Golf Classic on Saturday April 29th in Kenmare G.C. Following on last year's very enjoyable social and sporting event we return to Kenmare for a fund raising event which is vital for the running of the clubs fields and facilities. Teams of three will cost €180 while sponsoring a tee box will cost €80.

➤MASTERGEEHA FC

MASTERGEEHA FC ON TOUR: Our U9s went to Turners Cross on Sunday to see Ireland U21's victory against Iceland. It was a very enjoyable and memorable trip for all.

LOTTO: The Lotto Jackpot on Friday 24th March of €9,400 was won by Diarmuid & Ruby Healy. The numbers drawn were 4,9,13,17. Congratulations and best wishes from Mastergeeha soccer club. The next draw will be Friday 31st March for jackpot of €2,000.

RATHMORE GNEEVEGUILLA

By Michael O' Mahony

➤TRADITIONAL INDIAN YOGA CLASSES in Teach Losagain on Friday evenings from 3rd March at 6.45pm Yoga classes are suitable for beginners and all sorts of fitness levels of people. Contact Simon 087 3379121

➤TEACH LOSAGAIN RATHMORE SOCIAL ACTION GROUP Thursday 6th April from 10am-2pm. Only €15 per child. Limited number of spaces so please book early to avoid disappointment. (call us on 064 77 61000) All the kids have to bring is a packed lunch (no nuts please) and leave the rest to us

➤CULLEN AND DISTRICT SPECIAL NEEDS wish to thank all who contributed in any way to the success of the recent weigh-in.

➤AUBANE SOCIAL CLUB Easter Egg Hunt in Aubane Community Centre on Easter Sunday 18th April between 10.30a.m & 1.00p.m. Bouncing castle & raffle on the day. €5 per child. All very welcome

➤PALM SUNDAY this weekend April 1st/ 2nd the beginning of Holy Week. Palm will be blessed at the start of all Masses,

➤DATES FOR PILGRIMAGE TO MEDJUGORJE 2023

May 25th ex Cork to Mostar; June 22nd ex Cork to Dubrovnik; September 14th ex Shannon to Mostar. Cost is €775. If you pay a deposit of €100 you will avail of €50 discount and secure your place. Balance of €625 can be paid 6 weeks before departure. Contact Tom Dennehy for further info. on 087 6468658.

➤TUREENCAHILL COMMUNITY GROUP

Introducing Tureencahill Community Centre's brand-new digital hub(P51 T663)!! Our space is designed to help you focus on what matters—your work—so you can get more done in less time. We have high speed fibre broadband offering hot desking for remote workers, students, business startups or someone that needs space to get some work done! Our hub also offers to serve the needs for any eLearning courses or meetings. What's included:

- High speed fibre broadband • Hot desks • Free parking • Secure entry & CCTV • Printer facility • Kitchen facility. Cost: €10 daily / €5 half day. Opening Hours: Monday to Friday 09:30am – 5:30pm. To book or find out more please contact: 085-8771949

➤RATHMORE LGFA

Congratulations to club who celebrated 30 year anniversary recently What a great day for the club and it was our 30 year anniversary which made it even more important to us.

Thanks to Nora O'Connor for setting up our club 30 years ago in 1993!!

Congratulations to Mary Collins and the Kerry Senior Ladies. On their win over Galway last weekend final Kerry 3-11 (20) Galway 17pt

Kerry are now in National League Final

Well done to Chloe McCarthy and Yasmin O'Brien of Rathmore Ladies Football who are part of the Kerry minor camogie team who had a Comprehensive win over Wicklow last weekend in UL. Well done girls. Final score; Kerry 3-12 Wicklow 1-7.

➤GNEEVEGUILLA GAA LADIES COMMITTEE HELD THEIR AGM

Club officers are as follows: Chairperson; Caroline O Sullivan. Secretary; Mary Sexton. Treasurer; Elaine Keane. PRO; Roisin O Connor. Vice Chairperson; Eilish Finnigan. Assistant Secretary; Louise Barry. Assistant Treasurer; Noreen O Connor.

➤COFFEE MORNING in aid of Palliative Care Unit UHK on Sun. 2nd April 9.30am to 1pm in The Heritage Centre, Scartaglin

➤ROSARY

The Holy Rosary is prayed in the Church of the Holy Rosary Gneeveguilla on this and every Wednesday at 8pm. If you cannot attend please tune in on mcn gneeveguilla

➤ADORATION

Join in Eucharistic Adoration every Tuesday from 10 am to 8pm. New members very welcome.

➤STATIONS

The Stations of the Cross are prayed every Friday during Lent at 8 pm and are live streamed.

➤NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6pm Sunday.



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT TO RETIRE?

You can normally get access to your pension from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement then you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may also be able to take sum of your pension in taxable cash.

Annual Pension: This is a guaranteed income usually paid monthly for the rest of your life that is purchased with the money left after your tax free lump sum, this is subject to taxation.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income, usually monthly. This is subject to taxation also. Taxation at retirement is often much lower than when you are working. It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninifa@gmail.com

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LISTRY

Written by: Colette Leslie



Congratulations to presentation school Milltown and especially our Listry ladies Izzy Mcgrath, Kate Murphy, Aideen O'Brien, Lilly Clifford. Sarah Fitzgerald, Sadhbh Curran, Ellie Mai Nugent, on winning the LIDL ALL IRELAND PPS JUNIOR COMP on Saturday amazing achievement.

>LISTRY GAA

LOTTO

Numbers 1, 2, 7, 22. €100 John O Sullivan, Rockfield. €50 Philip and Jane O'Neill. €50 Pat Cooper. €25 Craig Hewerdine. €25 Jules Weakly. This weeks jackpot €3,150

ALL IRELAND FINAL

Congratulations to presentation school Milltown and especially our Listry ladies L-R Kate Murphy, Sarah Fitzgerald, Sadhbh Curran, Ellie Mai Nugent, Aideen O'Brien, Izzy Mcgrath, Lilly Clifford. on winning the LIDL ALL IRELAND PPS JUNIOR COMP on Saturday amazing achievement.



Winner of Listry lotto is Declan Spillane Front row left to right Anthony Clifford secretary Listry GAA, Ted Ahern, Karen Spillane, Ted Scannel chairman Listry Lotto, Mike Kennedy, Back row L/r Denis Murphy Chairman Listry GAA, Caitriona O'Connor, Tony Darmody Chairman Community Council, James Spillane, Annette Counihan, Dylan Counihan, John Joe Tangney, Anne O'Brien

LISTRY SENIORS

Best of luck to our listry seniors who are at home to Skellig Rangers on Sunday at 2pm.

U13 COUNTY LEAGUE

Our under 13 Keel /Listry teams had their first game in round 1 of the county league away to Dr Crokes both the A and B teams came away with a win. This Sunday both teams are at home to Spa.

QUIZ NIGHT

Reminder Our Coiste na nÓg quizz takes place Friday 31st in Faha Court. Table of 4 for €40 entry. Starts at 7.30pm. Fun night for all the family.

GLENFLESK

Written by: Seamus Healy

>LOTTO

There was one winner of Glenflesk Lotto which took place on 20/3/2023 in Glenflesk Hall. Jackpot €3,200 The numbers drawn were 5, 8, 12, 15. The jackpot was won by Niamh and Leonard Moran, Knockanes. Congratulations Niamh and Leonard. Next draw will take place in Glenflesk Hall on 3/4/2023. Jackpot will be €3,000. Thank you to all who support our Lotto and to our sellers.

>SCOR NA NOG

Congratulations and well done to all our winning competitor's and their mentor's in the County final of Scór Na nÓg on Saturday March 25th in Currow. 1st place, Solo singing, (Noirin Healy). 1st place, Recitation, (Abby Cronin). 1st place, Ballad Group (Aoise O Donoghue, Abby Cronin, Cliona Moynihan, Muireann Healy, Sara O Donoghue, Sub Patrick Mullane). and 2nd place, Instrumental Music (Grace Angland, Coleen Angland, Olivia Angland, Sean Angland, Noirin Healy). Glenflesk Scor officer Allison O Sullivan accepted the shield for Glenflesk, Best overall club!

>COUNTY LEAGUE RD 1

Credit Union County League Division 2 Round 1 Glenflesk 3-12 Listowel Emmet's 1-12. Glenflesk marked their return to Division 2 of the County

League with an impressive win over Listowel Emmet's, with the 3 goals being pivotal in the victory. Division 2 will be extremely competitive, and winning at home will be vital over the season. A great start today puts the team in a good place.

>MEMBERSHIP 2023

Closing date fast approaching for 2023 Membership now due - Can be paid online (Glenflesk GAA Clubforce Membership) or in our two local shops O'Briens Glenflesk and O'Donoghues Barraduff (Forms and Envelopes available in both). Closing date March 31st.

>SENIOR COUNTY LEAGUE RD 2

Our Seniors are at home to Glenbeigh/Glencar on Sunday April 2nd at 2pm.

>MINOR COUNTY LEAGUE

Minor back game Glenflesk v Na Gaeil in Glenflesk Mon Apr 3rd @ 6:30pm

>LOUGH DERG

Booking is now open for the three day pilgrimage, one day retreat, residential retreat or quiet day. For further info see poster on Church notice board or www.loughderg.org or phone 071 9861518

BEAUFORT

By Bridget Hartnett

>FIXTURES

Senior men will be away to Churchill, Saturday, 1st at 6pm in round 2, County League, Div. 6 and home to Kenmare, Sunday, 2nd in round 2, Div. 2. U13 Boys home Glenbeigh/Glencar/Cromane, Friday, 31st March in round 2, County League. Senior Ladies scheduled to begin their competitions next weekend.

>RESULTS

Beaufort 1.07 Clounmacon 3.10 in round 1, Development league. Beaufort 5.04 Kilgarvan 1.14 in round 1, U13 Co League.

Under 13 Boys match report.

Beaufort Under 13 boys played Kilgarvan on Sunday evening 26th March in Beaufort. This was their first match in round one of the division 4 county league. Beaufort started well will scoring 1-1 without reply. Kilgarvan got back into the game and lead by 1-7 to 1-2 at the break. Beaufort played excellent football in the second half and cut the deficit to the bare minimum mid-way through the half. A couple of goals by Luke Foley put Beaufort into the lead. The closing stages of this match

were very tight and exciting. Kilgarvan were not going down without a fight and really put it up the Beaufort.

Beaufort's defence held out to close out the game. Final score Beaufort 5-04, Kilgarvan 1-14. We are at home to Glenbeigh /Glencar/Cromane in round 2 next Friday evening.

>CLUB DEVELOPMENT AND CAR DRAW

There are still some tickets available for the car draw and other cash prizes to fund the new all-weather pitch development. The draw will be on Monday, 10th April. Tickets are €25 each, 3 for €60, 5 for €100 and are available from local sellers, shops, and public houses and online at www.beaufortgaa.com. Please contact the Club at 087 9975737 for more information.

>LOTTO

The next lotto draw for a jackpot of €12,400 will be on Sunday, 2nd April 2023. Tickets are €2 each or 3 for €5 and are available from usual sellers, shops, public houses and online at: www.beaufortgaa.com. Thank you to everybody who support the lotto.



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How healthy is your liver?

Liver disease is silent and under diagnosed.

The Bon Secours Hospital Tralee is pleased to announce the establishment of a new Hepatology Service at the Hospital.

Hepatology is the branch of medicine that looks at diseases that affect the liver, gall bladder, bile duct and pancreas.

Dr Hisham Sherfi who is both a Gastroenterologist and Hepatologist has joined the team at the Bon Secours Hospital Tralee from the Royal Devon and Exeter Hospital in the UK and will lead this service. Dr Sherfi will be offering comprehensive and expert care to patients with a wide variety of liver diseases.



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Dr Sherfi advises that *"it is important that we identify patients with liver disease as early as possible and having access to a FibroScanner allows us to do just that. I would encourage anyone who has concerns about their liver health to in the first instance, talk to their GP and if appropriate, their GP can make a referral to the Hepatology service here in the Bon Secours Hospital Tralee"*.

Be proactive with your liver health.

Ask your Doctor about our Hepatology service in the Bon Secours Hospital Tralee.

FibroScan fee:

The fee for the examination is €200. This includes the examination, review and reporting of results with recommendations to your doctor by our Consultant Hepatologist.

Dr Sherfi's Office:

☎ 066 7149838

✉ hsheerfi@bonsecours.ie

Radiology Department (FibroScanner)

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St. Patrick's Festival Killarney

Parade Prize Giving Function



Spa GAA Club, winners of Best Sports Club award, with PJ McGee, Daly's SuperValu, sponsor, and Cllr Niall Kelleher, Mayor of Killarney, at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night. **PICTURES: EAMONN KEOGH**



Martina McCarthy, Kerry Stars Special Olympics Group, Best Voluntary Group award, with Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night. Also included are Kathleen Fitzgerald, Vincent Lacke, Clare Rohan, Geraldine Burke, Siobhan Looney and Jane Curran.



Shane O'Callaghan, Kilcummin Comhaltas, winners of the Best Childrens Group, with Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night.



Killarney Scorchers Cheerleading and Gymnastics Club, Best Activity Group award, with Cathal Walshe, Grand Marshal, Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night.



Fiona Crowley and members of the Fiona Crowley Stage School, winners of the Best School Award, with Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night.



Natalia Eismont, Ukrainian Community Killarney, Most Stylish Entry Award, with Cathal Walshe, Grand Marshal, Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night. Also included are Viktoriia Tuychenko, Tryna Semeniutyna, Olga Porokhina, Bohdan Pchelnykov, Maksym Lukashevych and Tryna Lychuk.



Johnny McGuire, Sandra Dunlea, Con Duggan and Edyta Hernas, Killarney Tidy Towns Most Entertaining Award, with Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night.



Trevor O'Donoghue and Charlene Hickey, Liebherr Container Cranes Most Original Entry Award, with Cathal Walshe, Grand Marshal, Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor,



Angie and Aileen O'Brien, Christy Healy's New St. Best Window Display, with Cathal Walshe, Grand Marshal, PJ McGee, Daly's SuperValu, sponsor, and Cllr Niall Kelleher, Mayor of Killarney, at the St. Patrick's Festival Killarney parade prizegiving function.



Matthew Bowman, The Europe Hotel accepting the Best Greened Building Award from Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function in The International Hotel on Tuesday night.



Teresa Irwin presents the The Peter Irwin Memorial Perpetual Award for Best Marching Group/Cultural Arts to Gillian McCarthy, Millstreet Pipe Band. Also included are Bridget O'Keeffe (Killarney Chamber of Tourism and Commerce Senior Executive), Clara Irwin Foley, Cllr Niall Kelleher, Mayor of Killarney, and PJ McGee, Daly's SuperValu, sponsor. Emir Irwin O'Shea, Cathal Walshe, Grand Marshal, and St. Patrick's Festival Killarney Chairman Paul Sherry at the St. Patrick's Festival Killarney parade prizegiving function.



Cllr Niall Kelleher, Mayor of Killarney, and Mike Courtney present the Michael Courtney Memorial Perpetual award for Best Interpretation of Theme to Claire Tangney, Wander Wild Festival. Also included are Cathal Walshe, Grand Marshal, Laura Tangney, Alice Thompson, Carol Dempsey and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function.



Donie Murphy and Martin Muldoon, Killarney Athletic FC, Killarney Athletic AFC winners of the John Kille O'Callaghan Memorial award for Best Sporting Entry with St. Patrick's Festival Killarney Chairman Paul Sherry, Cathal Walshe, Grand Marshal, PJ McGee, Daly's SuperValu, sponsor, and Cllr Niall Kelleher, Mayor of Killarney, at the St. Patrick's Festival Killarney parade prizegiving function.



Anne O'Keeffe presents the Sean O'Keeffe Memorial Perpetual award for Best Overall Entry to John Courtney, Killarney Valley Classic & Vintage Club. Also included are Cllr Niall Kelleher, Mayor of Killarney, St. Patrick's Festival Killarney Chairman Paul Sherry and PJ McGee, Daly's SuperValu, sponsor, at the St. Patrick's Festival Killarney parade prizegiving function



Cllr Niall Kelleher, Mayor of Killarney, Br Pat Lynch OFM Franciscan Friary Guardian, (Parade Judge), PJ McGee, Daly's SuperValu, sponsor, St. Patrick's Festival Killarney Chairman Paul Sherry, Bridget O'Keeffe (Killarney Chamber of Tourism and Commerce Senior Executive) and Cathal Walshe, Grand Marshal.



Anne O'Keeffe presents the Sean O'Keeffe Memorial Perpetual award for Best Overall Entry to John Courtney and Ger Healy, Killarney Valley Classic & Vintage Club. Also included are PJ McGee, Daly's SuperValu, sponsor, and Cllr Niall Kelleher, Mayor of Killarney.

SPA

Written by: Leanne Cronin



Saturday morning training along with Spa Senior men and lady players L-R Michael O'Donoghue, Evan Cronin, Cian Tobin, Mike Foley, Dara Moynihan, Ciaran Spillane, Mike McCarthy, Dan O'Donoghue and Liadh Tobin



Spa Senior players pictured following a post training Q&A session with some of the rising stars in the Spa LGFA community L-R Shane Cronin, Evan Cronin, Cian Tobin, Dan O'Donoghue, Mike Foley, Dara Moynihan, Mike McCarthy, Ciaran Spillane

>FIXTURES

In our opening round of the Credit Union SFL Division 1 we came out on top over Austin Stacks with a FT score 0-10 to 1-05. Well done to the players and management on this opening win during tough conditions in Connolly Park. In the next round of this competition, we will play Rathmore at home in Spa on Sunday April 2nd at 2pm.

In the Credit Union Senior Development League Division 2 we came up second best after our first game away to John Mitchels. FT score 5-11 to 2-06. Hard luck to players and management. This squad have a three-week break before they play Na Geil at home on April 16th

This coming weekend will see our Senior Ladies play in their opening game of the year when they face Dr. Crokes at home on Sunday April 2nd (time TBC) in the opening round of the Donal Curtain Division 1 competition. We wish all our Club teams the very best of luck in their upcoming fixtures

>TRAINING

ABCs and Juvenile training take place Saturday mornings between 10:00 - 11:00am. We look forward to seeing all the smiling faces returning each week and welcome new faces too. Registration is currently open for all categories; our Club registrar Gerard can be contacted on (087) 251226 or sign up online at spagaa.com

>COISTE NA NOG RACE NIGHT

The second Spa Coiste Na Nóg Race Night will be held on 22 April 2023 at the Great Southern Hotel. There will be a variety of prizes on offer on the night. This is one of the main fund raisers to support the ongoing development of the Juvenile Club. Entry cost: FREE Event: 10 races (one every 15 minutes) in which fun bets of €2 upwards can be placed on your favourite horse. Buy a horse for each race €20 per horse

>SCOR NA NOG

The Scór Na nÓg County Final took place on Saturday March 25th. The East Kerry Board dominated winning in four of the seven categories. This included our very own set dancers who shone out from the rest on the night and were named County Champions. A very well done to this group of dancers and their trainers. We wish them ongoing success

>ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 7762411 or pro.spa.kerry@gaa.ie before 8pm on Sundays



SPA U7 / U9 boys took on Dara Moynihan in goals during a fun penalty shoot-out following a hand pass from Dan O'Donoghue during Saturday morning training



Scór Na nÓg Set Dancing County Final winners Spa GAA



Our ABC academy takes place Saturday mornings from 10-11AM in our Clubs indoor hall. All welcome, there is lots of fun to be had

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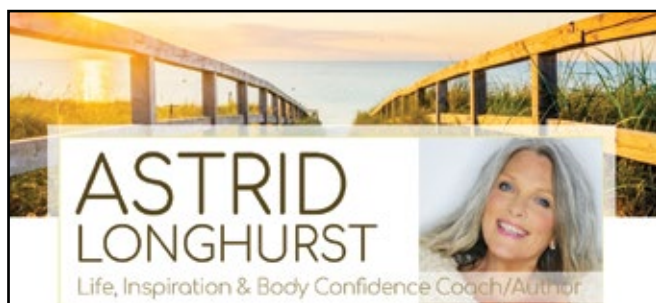
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HOW TO LIVE MORE IN THE MOMENT

Many people find that they never notice the current moment they are living in because they are living constantly in their head. Their thoughts are either worrying about the future or replaying the past. Living in the now requires a conscious practice of using your mind to connect more with your body. This can be done in many ways; through breath-work, yoga, mindful movement, art, slower living, meditation etc. Living in the moment allows us to fully experience our life as it is unfolding and with this comes a sense of inner peace, calm and joy.

Today's coaching tip

Practice slowing down and really notice how you move through your day. Observe how you do your daily chores, from making the bed to walking, to cooking or preparing a meal, brushing your teeth, getting dressed etc. The key is to be fully conscious of everything you are doing as if this was for the first time. It sounds easy; however, this can be a challenge as you may find that your mind keeps wandering off and thinking about other things. If this happens, gently bring your attention back to the moment and continue the practice.

It takes time, however the results of doing this mindful awareness practice are a renewed sense of aliveness in your mind, body, heart and soul.

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Noreen



answers your beauty questions...

WILL COLLAGEN SUPPLEMENTS HELP TO PLUMP MY SKIN AFTER WEIGHT LOSS?

Yes and your face is often the first place you lose weight from. Collagen levels in your skin start declining from age 30 onwards and drop faster during menopause from lack of oestrogen. Without collagen your skin cannot bounce back after fat cells disappear.

Skin becomes thinner losing its elasticity and bones start shrinking causing the soft tissue in your face to drape over your bones causing wrinkles and folds to appear. Gravity naturally pulls your skin down causing smile lines, jowls and often a double chin. Some people develop a hollow area under the eyes and your skin can become dehydrated and wrinkly.



Even if you gain weight again it may not plump up your face.

Try taking collagen supplements with hyaluronic acid or vitamin A and C to promote collagen synthesis. Avoid sugar, alcohol, smoking and the sun as these can disrupt how fat is stored in your body and effect collagen production.

Noreen Mangan

Tel: 0646630712

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B WELL
FITNESS CLUB



SUMMER IS COMING TIME FOR A SPRING CLEAN

Now is a great time to start "cleaning things up". Think of it as a little house keeping in your diet, lifestyle & exercise. Now is a time where you may be thinking of holidays, or have an event such as a wedding coming on the horizon. Truth is we all want to look our best when the summer arrives. As we strip off the winter Woolies you may be feeling a little snuggler than you would like in your spring summer wardrobe so here are B Wells top tips to get started:

- Make a list of everything in your current day to day that needs to be "cleaned up". Eg eating junk after dinner. Not exercising enough... whatever it is or however silly it sounds write it down.
- Then in a column opposite, start making a "plan of action" list of how you are going to clean these items up. Eg. Not buying the junk that you would usually eat after dinner, or planning a 40mins walk around the park every day after work. These are simple and "do-able" strategies that you could see yourself realistically doing.
- Make it happen... Next step is to put on the "let's do it" hat and make it happen. Take responsibility. Only you have the power to take control, after all you made the list and you made the plan.
- Final step enjoy feeling amazing and cleansed, but be patient it may take a few days or even a couple of weeks to start feeling the energy boost or inches dropping.

A little spring clean on all our lifestyles doesn't go astray now and again. So make a review list, plan you take action steps and make it happen. B well is currently holding their spring into summer cleanse programme if you would like to find out more please contact the team on 087-7643449



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THE OPTICAL SUITE

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WHAT IS MEIBOMIAN GLAND DYSFUNCTION (MGD)?

The normal tears of the eye are made up of three layers – an oily (lipid) layer, a watery (aqueous) layer, and a sticky (mucous) layer. MGD is when the glands that make the oily layer of the tears are not working properly and this allows the watery layer of the tears to dry out.

The Meibomian glands are inside the eyelids, and the openings are on the edge of the eyelids. The outer oily layer stops the watery layer of the tears from drying out. When the glands become blocked, the oily part of the tears cannot be released. This causes the watery tears to dry up more quickly which results in the eye becoming dry and can make it feel sore. It is not usually a serious condition, but can cause discomfort and sometimes blurry vision. If it is not treated, the glands may stop working permanently.

MGD can cause dry eye. It is common to have a combination of MGD, dry eye and blepharitis.

Risk factors

MGD is a common condition and can affect anyone. However, it is more likely to happen after the age of 50, if you have diabetes or oily skin conditions and it is also more common in women.

Symptoms

The eyelids can become sore and

swollen as the glands become blocked. As the eyes become dry, they can feel itchy or gritty, as if there's something in the eye. The eyes may be red, and if they're sore, may be watery, which can cause vision to become blurry.

TREATMENT

Treatment involves releasing the oily tears from the glands using hot compresses. You need to get a face cloth, or cotton pads, soak them in hot (not boiling) water, close your eyes, and hold the hot cloth onto your eyelids. Wet the cloth again with hot water and keep applying the compress for at least five minutes. Repeat every day until the condition gets better. You can also use products known as 'heat bags' that are specifically designed for this condition. These bags make it easier to direct the heat and are much more effective than a hot cloth. To help stop the glands from blocking up again continue the treatment every day for a few minutes. Massaging your eyelids can also help to release tears.

If the hot compresses or heat bags don't work, referral for further treatment may be required.

For more information and honest advice contact us for an appointment.



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peek-a-boo... brothers Joe and Bobby Fleming, enjoying the fun at the Wander Wild Festival Kids Zone at the Festival basecamp at the Church of Ireland Killarney on Sunday. Photo: Valerie O'Sullivan

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Representing Killarney Judo in the London Open Mairéad Bennett (Left) and Cora Joy (Right)



Farranfore Maine Valley AC athletes pictured at the All Ireland Indoor championships held in athlone on Saturday where they won the U 15 4 x 200 metre relay Front row left to right: Isaac and Ryan Vickers and at back: Kevin O Shea and Conor McCarthy

GNEEVEGUILLA ATHLETIC CLUB

LOTTO 24/03/2023

No winner of our lotto draw 24/03/2023. Numbers drawn were 9, 16, 25 & 28. Sellers prize winner Yvonne Crean. €50 y/t prize winner Jack Murphy Kilquane Headford. €50 to Joan Crean Sliabh Luachra. €40 to sean Murphy Mallow, Jennifer O' Mahony Shrone & Louise Collins Vicarstown. Bonus not won numbers drawn were 21, 22, 25 & 28. Next week's jackpot €11,000 plus €1,000 bonus.

JACK O'KEEFFE JUVENILE RACES

Jack O'Keeffe Juvenile Races Easter Monday April 10th in Kiskeam Gaa Field. Registration from 11.00 am. Races for U5's (Born 2019) to U14 (Born 2010). Contact (086)81366523 / (086)1955705 / (086) 1004588. Finishing Prizes for all competitors.

KILLARNEY JUDO CLUB

Cora Joy and Mairéad Bennett travelled across to the United Kingdom to take part in the London Open with both earning some hard won medals. Cora won four out of five fights in total which led her to winning Silver. While Mairéad won two out of four fights to earn a Bronze medal. All the club coaches and players are very proud of the two girls.

FARRANFORE MAINE VALLEY AC

All Ireland race walking champion Michael O Connor was the only club member who completed the parkrun on Saturday in Killarney finishing with a time of 22 min 45 sec. On Sunday Fionn Hogan set a new PB in the junior event in Tralee. Meanwhile over in Slovakia David Kenny was competing in his first outdoor event of the year. This was a World Walking Tour Gold Level event. Competing alongside 3 time Olympian Brendan Boyce, David finished 15th in a time of 1 hr 24 min 6 seconds ahead of his compatriot. This was a solid opening run for David as he looks to prepare for World Championships that are due to be held in Budapest in August. Up in Athlone our boys under 15 relay team were hoping to medal in the 4 x 200 m relay. After the provincial championships they were ranked 3rd fastest of all the teams so it was

hoped they would be in the mix for the medals. In the heat a sluggish start left us in last position at the end of the first leg. Conor McCarthy put this right and very strong runs by himself and Isaac Vickers left brother Ryan in front on the final leg which he held comfortably to finish in just under 1 m 44 sec.

The final was a very close affair. A much better start by Kevin O Shea had us in 4th place at the end of the first leg with very little between all 6 teams Conor McCarthy ran excellently to handover to Isaac in 3rd place after passing runners on the home straight. After a blistering final 100 m turned he handed over the baton to Ryan with a 4 metre lead. There was still plenty of work to be done but he extended their lead to finish 7-8 metres ahead of the 2nd place team in a very fast time of 1.43.51. This was an improvement of almost 4 seconds from their provincial time. Their time could have been much faster except for the crowded nature of the race and having to pass runners on the tight bends Congratulations to the boys and to their coach Jerome Foley on the clubs first All Ireland relay championships. Training for the outdoor season should be starting in the next 2 weeks.

KILLARNEY VALLEY ATHLETIC CLUB

The Kerry Indoor Sports Hall Games took place in Killorglin on Sunday. KVAC had fun and some good performances and were also honoured with best overall club. Congrats to Sadhbh O'Reilly who came 2nd in the U9 Sprint and 3rd in the Long Jump. Clara O'Donoghue and Lily Duggan came 2nd and 3rd in the U11 Sprint and Lily also came 3rd in the Speed Bounce. The U11G Relay of Clara, Lily, Kayla O'Sullivan, Lily Horgan and Siomha Nic Gearailt came 1st. In U12 Girls, Brid O'Connor came 2nd in Long Jump and the U12G Relay of Brid, Ellis Conroy, Cara Griffin and Gemma Chkheidze came 2nd. In the U9 Boys, Fionn O'Donoghue came 3rd in Long Jump and Ollie Pyne came 3rd in Speed Bounce. The U9 Relay of Fionn, Ollie, Gary Arthur and Charlie Kelliher came 1st while our second U9 relay of Dara O'Donoghue, Ollie Kelly, Ross Duggan and Ezra O'Day came 3rd. Finn Cronin came 1st in the U10 Sprint and Conor Brosnan came 2nd in the Speed Bounce

and the U10 Relay of Finn, Conor, John Byrne and Conor O'Donnel came 2nd. In the Boys U12, Fionn Culloty came 1st in Sprint, 3rd in Shot, and 3rd in Long Jump. Senan Prendergast came 2nd in U12 Sprint, 1st in Long Jump and 1st in Shot. Their relay of Fionn, Senan, Daniel Smith and Conor O'Donnell came 2nd.

Congrats to our U19 2x200m Relay Team of Jason O'Reilly, Oisín Lynch, Cian O'Brien, Tadgh Galvin and Oisín O'Regan who came 2nd in the National Juvenile Indoor Championships on Saturday.

All information on Training Schedules are on our website www.killarneyvalleyac.ie.

KILLARNEY RFC NEWS

U14 GIRLS PLAY BOWL FINAL THIS SUNDAY

A huge congrats to our U14 girls who took on Ballincollig in the Munster Bowl semi final at Aghadoe last Saturday and now face Fethard this Sunday at Garryowen FC in Limerick in the Final! A huge day coming for the girls and coaches and all support is very welcome. Kick off is at 1pm. Best of luck girls!

U16 BOYS HOST KILLORGLIN IN WEST MUNSTER SEMI

Best of luck to our U16 boys who host Killorglin in the West Munster Semifinal at Aghadoe this Saturday. Kick off is at 12 midday and all support very welcome. Another huge day of rugby for the lads and coaches. Good luck lads!

GIRLS GIVE IT A TRY

Our girls only give it a try programme is back from Saturday the 22nd of April so be sure to save the date. This is a programme for girls aged between 8 and 14 years of age, runs for an hour each week, for 10 weeks in total and no experience necessary. For details contact Fiona Landers on 087-2304689.

RESULTS

U14 girls Killarney 30 - 0 Ballincollig

U18 boys RCD 13 - 29 Killarney

FIXTURES

U14 girls V Fethard, Limerick - Sunday @ 1pm

U16 boys V Killorglin, Aghadoe - Saturday @ 12pm.

GLENEAGLE INEC ARENA
















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	FRI 26TH MAY MARIO ROSENSTOCK TICKETS FROM €39.00		FRI 26TH MAY DAMIEN DEMPSEY TICKETS FROM €30.00		SAT 27TH MAY BIGGEST 90'S/00'S CONCERT & DISCO TICKETS FROM €53.95
	SUN 28TH MAY CONOR BYRNE TICKETS FROM €18.35		FRI 9TH JUN REBECCA O'CONNOR TICKETS FROM €27.90		SAT 1ST JUL LIVE FOREVER DEFINITIVE OASIS TRIBUTE BAND TICKETS FROM €26.40
	FRI 14TH JUL MARTIN KEMP BACK TO THE 80S DJ SET TICKETS FROM €35.50		12TH & 13TH AUG JURASSIC LIVE TICKETS FROM €17.35 JUST ANNOUNCED		SUN 28TH MAY NEIL DIAMOND HOT AUGUST NIGHT TICKETS FROM €36.00


JUST ANNOUNCED! JUST ANNOUNCED! JUST ANNOUNCED!

	TUE 27TH JUN HOZIER TICKETS FROM €49.90		SAT 21ST OCT PICTURE THIS TICKETS FROM €45.00		THUR 18TH JAN 2024 THE THREE AMIGOS TICKETS FROM €39.05
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Nathan Carter
WEEKEND

12TH - 14TH MAY

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KILLARNEY COUGARS BASKETBALL**CLUB****JUVENILE NEWS
ACADEMY**

The Academy continues on this Friday evening March 31st at the Parish Hall. U8 Boys & Girls 4.45pm. U10 Girls 5.30pm. U10 Boys 6.30pm.

Kerry Area Finals

On Sunday the Kerry Airport Sponsored KABB Plate Finals will see the Cougars compete in two finals U12 Girls and U16 Boys both compete against St Bridget's Currow in the Tralee Sports Complex, tickets on the day are available at the venue at the door.

U12 BOYS LEAGUE**Killarney Cougars 35 St Pauls 21**

The Cougars U11 boys completed their season playing up in U12 competitions with a good home win over Paul's in a good contest at the Pres Gym, leading throughout the Cougars had a strong opening quarter to set them on

the road to claim the points. The Cougars had strong performances on this occasion from George Nomikos, Noah Counihan, Tristan Cryan, Aaron OSullivan and Rory Moynihan.

U18 GIRLS LEAGUE**St Anne's 68 Killarney Cougars 48**

The Cougars travelled to Farrenfore for their final game of the season and despite a strong start to the game by the Cougars St Anne's finished the stronger making home advantage count through the second half. The Cougars had good performances from Olivia Gaffey 20 pts, Mia Griffin 10pts, Alison Butler, Anna Whyte, Aoife O'Keefe, Ruby Gaffey and Kate McCann.

U13 BOYS**Rathmore Ravens 32 Killarney Cougars 40**

The Cougars travelled to Rathmore on Friday evening and secured the win following a very competitive game to continue their good recent form. Cougars had good performances from Luke Clancy, Joey OCallaghan, Conor Moynihan, James OCallaghan and Jaime Fleming.

SENIOR NEWS**Senior Mens League****Killarney Cougars 74 St Annes 52**

The Cougars last home game of the season saw the Kenmare Kestrels visiting the Pres and the Cougars produced a strong performance to complete the season with good performances on the night from Darren Gaffey, Frank O'Rahilly, Eugene Bowler and Niall OBrien .

Top scorers: Alan Flynn 16, John O'Sullivan 14, Darren Gaffey 11, Vad Ruzhytskyi 11, Daniel Cronin 10pts.

FIXTURES**Kerry Airport KABB Plate Finals Sunday April 2nd. Tralee Sports Complex.**

U12 Girls: Killarney Cougars v St Bridget's Currow at 1 pm.

U16: Killarney Cougars v St Bridget's Currow at 2.30 pm.



Athletes, competing in the Hardman 10K trail run in Killarney National Park, as part of the Wander Wild Festival which ran over the weekend. Photo: Valerie O'Sullivan



Sinead Kelleher, competing in the Hardman 10K trail run in Killarney National Park, as part of the Wander Wild Festival which ran over the weekend. Photo: Valerie O'Sullivan

Swimmers pictured on the Middle Lake as part of the Wander Wild Festival. Photo: Michelle Cooper Galvin



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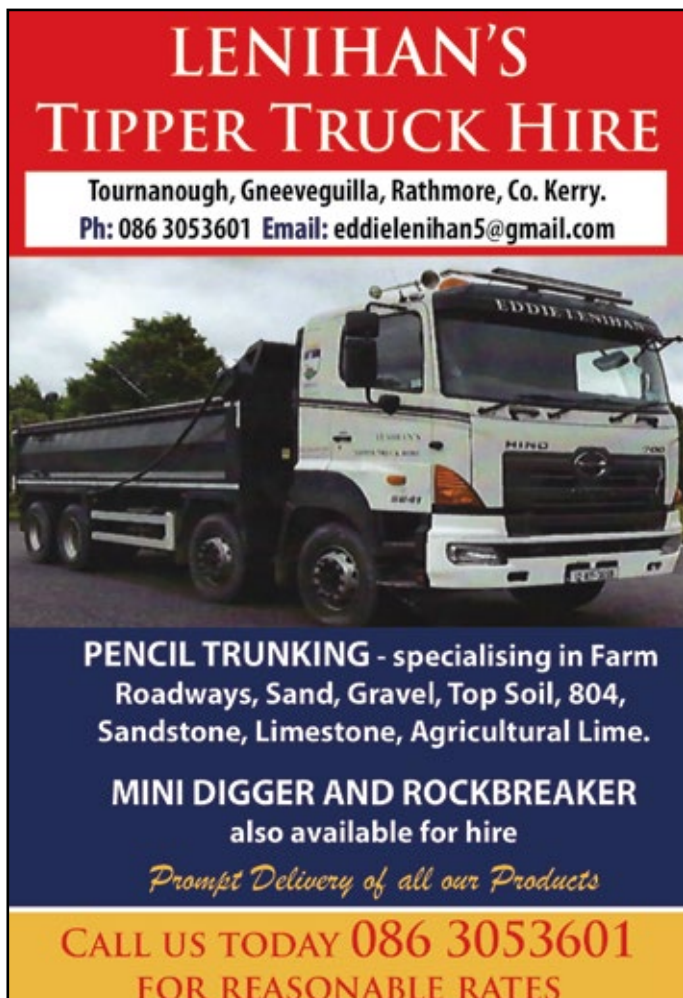
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KILLARNEY VALLEY CLASSIC AND VINTAGE CLUB PRE 2003 CAR RUN



Killarney Valley Classic and Vintage Club are hosting a Car Run on April 10th in aid of Kerry Mental Health. Registration from 9:30 and departing at 10:00 from our Vintage Shed at V93 YOYC



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ROSS GC - GENTS CLUB

RESULTS - ON MARCH 26TH WE HELD A 12 HOLE SCRAMBLE

The winners were :-

- 1st: Peter Wickham & Oliver McCarthy
2nd: Tony Lenihan & Timmy O'Donoghue.
3rd: John Ivory & Maurice Coffey

ROSS SENIORS

On Thursday March 23rd the seniors competition winners were:-

- 1st: Mike J Casey & Maurice Coffey.
2nd: Mike O'Leary & Seamus McCarthy .

FIXTURE

On April 1st & 2nd it is planned to hold the fourth round of the MD O'Shea Spring League. This will be a stableford competition. For Saturday players please book tee times with the Clubhouse and sign-in and enter your scores online. For Sunday players the online system opens at 7pm on Thursday.

GIVE GOLF A GO

These classes offer an opportunity to try golf over 6 weeks for € 60. Classes will be one hour long with our Professional Golfer, Gordon Howard and commence on Wednesday April 12th at 6pm. Contact John on 086 3499373 for all the details.

ROSS GC QUIZ NIGHT

In conjunction with the Ladies Club we will hold our Club Quiz Night on April 4th at 7.30pm in the Clubhouse. There will be questions on golf rules and etiquette, general knowledge and a Surprise Round. All members are welcome and a special welcome to all our new members. Looking forward to seeing you all there.

SYMPATHY

We offer our sincere sympathy to Ross GC member Enda Walshe on the recent death of his wife Breda R.I.P. and to Cathal Walshe on the death of his daughter-in-law, Breda, R.I.P.

ROSS LADIES GOLF CLUB

LADIES GET INTO GOLF

Thursdays May 11th to June 22nd. 3 groups of 10. Contact Breda on 087 4629501

CLUB QUIZ NIGHT

Ross Golf Club table quiz on Tuesday 4th April at 7.30pm in the clubhouse. Teams of 3, draw will be made on the night. The questions will include rules, etiquette, golf tips general knowledge



Photographed for the launch of this year's Beaufort golf club fundraiser are L-R Captain Pat O Sullivan, Brian Lawlor & Siobhan Riordan, Plaza Hotel, Captain Kathleen Cronin & Club President Barry Wolfe. The event will be held on April the 7th. A Fourball Betterball open to men & ladies. Entry fee only €25. Kindly Sponsored by The Killarney Plaza Hotel & Spa.

Photo: Ian Cronin Photography

and a surprise round. We hope it will be a fun sociable evening

SCRAMBLE SATURDAY 1ST APRIL

9-hole scramble. Tee time 10.00am for 10.30am

9 & 18 HOLE SINGLE STAPLEFORD

COMPETITION Saturday 8th April Sponsored by Lir

9 & 18-HOLE SINGLE STAPLEFORD

COMPETITION on Saturday 8th April. Tee times from 10.10am. Enter via the ClubV1 app. All Members welcome

9 HOLE COMPETITION Wednesday 5th April Easter Egg Competition

ON WEDNESDAY 5TH APRIL 9-HOLE EASTER

EGG COMPETITION everyone welcome. Meet at 9.45am for 10.00am. All members welcome.

GOLF LESSONS

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club House.

DEERPARK PITCH & PUTT CLUB

SUNDAY DRAWS

Three Person Team, Two Scores Count Each Hole- First Nett: Gearoid Cronin, Michael 'Seve'

O'Leary & Noel Moynihan 82 2/3 and Gross: Noel Moynihan, John Murphy & Michael 'Seve' O'Leary 104. Please note also that the times are now set for 9am and 10.30am for both draws. The fee for one draw is now €5 and €9 for both.

2023 MEMBERSHIP

This is now due for all members as of March 1st. Collection will take place in the clubhouse this weekend from 12pm both Saturday and Sunday. Rates are the same as 2022- Single Adult €135, Student/OAP €80 and Family €240 (Two Adults and Three Children under the age of 18).

CLUB MATCHPLAY (ADULT) Takes place on Easter Sunday, April 9th next. Further details next week. It is preceded by our Club Captain Margaret C Looney's Drive-In.

COUNTY MATCHPLAY (ADULT)

Takes place on Sunday April 23rd in Newmarket. Entry sheet on the clubhouse noticeboard. Entry €10 for Mens players, free entry for Ladies. Please ensure you are fully paid up (membership and fee) and registered in advance. They will be taken up until Sunday April 16th please note.



The Europe Hotel & Resort, Killarney, is this years winner of the St Patrick's Festival Greening competition 2023. Photo: Valerie O'Sullivan



Life Savers Tom Leslie and Fiona Carroll, providing safety for the hardy swimmers taking part in the Wander Wild Sunrise Dip in Dundag, Muckross Lake, Killarney National Park, at 6.30am. Photo: Valerie O'Sullivan



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COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

BÓITHRE Á nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council **is proposing** to close to public traffic the following road:

Road Closed: L-3015 Lough Guitane, Muckross, from Gortahoonig (Doyle's Quarry) to Finow Bridge (Treatment Plant)

Road Closing Times: from 8.00 a.m. on Monday, 24th April to 6.00 p.m. on Friday, 1st September 2023. (24hr closure)

The purpose of the road closure is to facilitate the installation of a new watermain.

Diversions will be as follows and will be clearly signposted:

Traffic travelling to Lough Guitane (L-3015) from Killarney.

(Coolroe West, Gortdromakeery, Dromdiraogh, Killaha)

Phase 1 – Works Between Doyle's Quarry and Coolies Cross.

Traffic is advised to travel southwards on the N72 Kenmare Road turning left at Mangerton Cross and continue to Coolies Cross.

Phase 2 – Works Between Coolies Cross and Finow Bridge.

Traffic is advised to travel to Curraglass Cross (Glenflesk School) and turn left on to the N22 Killarney Road.

Local traffic from the Lough Guitane area wishing to travel to Dromrickbarre, Gortahoonig can divert via the L-7050 at the Cloghane Cross Gortahoosh.



COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

BÓITHRE Á nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Traffic travelling from Lough Guitane (L-3015) to Killarney.

(Coolroe West, Gortdromakeery, Dromdiraogh, Killaha)

Phase 1 – Works Between Doyle's Quarry and Coolies Cross

Traffic is advised to turn left at Coolies Cross and continue to Mangerton Cross turning right onto the N72 Killarney Road.

Local Traffic for Gortahoonig, Dromrickbarra can turn left at Abbey Cross L-3015.

Phase 2 – Works Between Coolies Cross and Finow Bridge.

Traffic is advised to travel on the N22 Cork Road to Curraglass Cross (Glenflesk School) and turn right on to the L-3015.

Local traffic from the Dromrickbarra area wishing to travel to the Lough Guitane area can use the L-7050 to Cloghane Cross Gortahoosh turning right onto the N22 Cork Road turning right at Curraglass Cross (Glenflesk School)

Local Access will be provided for Emergency Services and local residents.

Any person having an objection to the above proposal should lodge same, in writing, marked Road Closure, with the Administrative Officer, Roads and Transportation Department, County Buildings, Tralee, County Kerry or by e-mail to roads@kerrycoco.ie not later than **4.00 p.m. on Monday, 3rd April 2023.**

To enable the processing of submissions/ objections Kerry County Council can legally process this information, as necessary, to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at www.kerrycoco.ie.

Pádraig Corkery
Senior Executive Officer, Corporate Affairs



MEK U14 B team who defeated Mastergeeha in the Under 14 Shield Competition



Ballyhar Dynamos FC seniors who were defeated away on Sunday last by Killarney Athletic B in the Reserve cup.

MEK GALAXY

GIRLS

U12 Premier Result: MEK Galaxy 4 v Killarney Athletic 0

Great win for our girls against our near neighbours. Scorers: Ava Harty 2 and Isabelle O'Connor. POTM: Elise Brunner and Ava Harty

BOYS

U14 CUP

Park A 2 MEK Galaxy A 2- Park win on Penalties.

In a cracking match in Tralee played in terrible conditions we lost on penalties. Best of luck to Park in next round motm Brian Hurley David O'Shea was the scorer with 2 goals

U14 SHIELD

MEK Galaxy B 3-1 Mastergeeha AFC (half time 1-1)

Goals scored by Michael Griffin, Bart Flynn and Jamie Murphy.

Man of the Match Harry Murphy with good displays also from Ryan Griffin, Donnacha Prendiville and David O Shea.

U16 CUP

Killorglin A 0 MEK 0

Killorglin win after extra time and penalties . Epic game and our boys were outstanding, hard to mention any individual for player of the match. Good luck to Killorglin in the nest round.

BALLYHAR DYNAMOS FC

LOTTO

No.s 9, 11, 25, 28. No winner of the Jackpot. 5 x €25: Joan O Sullivan, Farranfore. Donal Groves, Ballyhar. immy Mccarthy, Two Mile School. Mary Teahan, Tralee & Mary Groves, Ballyhar. Next

draw for a jackpot of €11,900 will take place on Sunday next 2nd april at Henderson's Bar, Firies. Thanks to all who help out & Support the club draw.

TEAMS

The Club U6s/7s played MEK in a Blitz last Saturday where there were plenty of skills on view. Well done to both squads.

The Ballyhar U6s/U7s have completed their season with the U9s,10s,11s nearing completion. Many thanks to the Players,their Parents & Coaches for their work over the past number of months.

The U11s welcomed Park to Murt Scott Park on Sunday last in a grading game with both squads getting a good work out on a good surface.

The seniors exited the reserve Cup on Sunday last being defeated away to Killarney Athletic B on a 2-3 scoreline. Two well taken goals by James Horgan ,who was set up by good outfield play by Maurice O Donoghue, Alan Moriarty & John Power set up an interesting final ten minutes but Ballyhar were unable to secure the equaliser. On the day Trevor O Shea, Kevin O Sullivan, Ger Fitzgerald, Patrick O Connor & Danny Cronin played well.

TEAM OF THE WEEK

Well done to Daniel Gleeson of the U15 squad on making the KSBL team of the week on the back of his recent goal scoring run and quality performances.

BLUE TOKEN - TESCO

The club is one of the nominated organisations at Tesco, Park road ,Killarney. When you have completed your shopping, please support the club with your blue token.

KILLARNEY ATHLETIC AFC

U14 CUP RESULT

Killarney Athletic 3 - 0 Iveragh

Alex Doolan Ryan Kissane

Our young blues welcomed Iveragh to Woodlawn this morning in the cup and it was the visitors who started the brighter of the two sides. After 15 mins our boys started to get their passing game going and nearly broke the deadlock when Eanna Hennigan broke away only for his shot to be cleared off the line. With Athletic now asserting our own pressure the opener came with 10 mins to go in the first half when the constant threat of Hennigan up front paid off as he slipped a pass to Alex Doolan who struck from outside the box 1-0 Athletic HT. The second half started as the first finished with Athletic pushing for a second and it soon came from a fantastic move. Athletic defending a corner cleared the ball to William Fogarty who slid the ball to Ryan Kissane... with 3 defenders to beat , Ryan invoked memories of Messi at the World Cup as he wove his way from inside his own half past 3 defenders and rifled the ball to the top corner. 2-0 Athletic. Ryan soon got his second and Athletic's 3rd when again burst down the right and shot to the net. Iveragh to their credit kept battling but our boys took the spoils FT Athletic 3 - 0 Iveragh. Thanks to Iveragh for a sporting game and the ref on the day for letting the game flow.

UNDER 13 SHIELD

Killarney Athletic B 4-0 Castleisland B

Luke Foley

The young blues started well and played with a good tempo throughout today. Luke Foley



Ballyhar Dynamos FC u11s who welcomed Park FC to Murt Scott Park on Sunday last.



Ballyhar Dynamos FC u6/u7s following their blitz last Saturday v MEK fc. Ballyhar Dynamos FC thank the players,coaches & parents for their efforts over the past number of months as the players now take a break for the summer months.

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opened the scoring on 22 minutes with a good strike from the edge of the penalty area. Some neat footwork by Darragh Fitzgerald lead to a tap in by Luke Foley for the all important second right on half time. Nathan O'Brien went on a mazy run on the edge of the box only to be taken down leading to a direct free kick. Luke Foley stepped up to place a great shot into the bottom corner. Luke Foley capped a great performance with a tidy finish late on to make it four. A special mention to the Athletic defence who were solid throughout and in particular Lucas Coleman with a man of the match performance.

Thanks to Castleisland for a sporting fixture and best of luck for the rest of the season.

U12 CUP RESULT

Killarney Athletic A.F.C A vs St. Brendan's Park C

A comprehensive win today in the Cup for our young Blues in Woodlawn.

Goals from Eric Corcoran, Max Moynihan and George Lenihan sees us into the next Round of the Cup.

Well done boys Thanks to the Park for a sporting game.

U12 SHIELD RESULT

Our U12B's were up against Tralee Dynamos B's in the Shield yesterday and it proved to be a real thriller.

A competitive game, with end to end football throughout resulting in a 4-4 draw after extra time which meant a penalty shootout to decide who went through to the next round.

Our boys managed to hold their nerve, scoring all 6 of their pens as they won the shootout 6-5.

Big thanks to Dynamos for a fantastic match!

Goalscorers: Aidan Hickey (C) Jack Gleeson

Man Of The Match: Malachy Audley (GK)

WEDDING WISHES

Killarney Athletic AFC would like to offer our Warmest Wedding Wishes to Louise Daly and Niall Woulfe. We wish you a lifetime filled with



Killarney Celtic U8s who played last weekend.

love, happiness, peace and togetherness.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 10, 16, 22, 24. No jackpot

winner. Match 3 winners received €40 each.

Next jackpot €2,800 on Monday April 3rd.

Tickets available from The Dungeon Bookshop,

Hegarty's Park Rd, club members and online through clubforce.com

PREMIER A

Tralee Dynamos 1, Killarney Celtic 2

Witness Odirile, Mark Kolesnikov

Celtic maintained their push for a league final

place when they overcame Tralee Dynamos

last Sunday. On a heavy pitch Celtic went into

the half time break ahead thanks to a goal from

Witness Odirile. Dynamos levelled in the 2nd half

before Mark Kolesnikov grabbed a late winner.

RESERVE CUP

Iveragh Utd 2, Killarney Celtic B 0

U16 CUP

Killarney Celtic 2, Inter Kenmare 3

Cian Mulcahy, Cillian Murphy

Celtic opened the scoring through Cian Mulcahy before Inter equalised. Cillian Murphy restored the Celtic before Inter came back again to level it 2-2 at halftime. Inter scored the winner with 15 mins to go and despite a very spirited performance Celtic exited the cup.

U14 SHIELD

Ballyheigue 2, Killarney Celtic B 2, Ballyheigue won 5-4 on Penalties.

Marco Mosca, Donnacha Vaughan

Celtic were 2 down after a slow start but came back in the 2nd half to take the game all the way to pens.

U12 SHIELD

Iveragh Utd 3, Killarney Celtic B 1

David Cronin.

Celtic gave it everything with David Cronin scoring but Iveragh were just a little too strong.

WELL DONE to our U11 Green and U8s who played over the weekend.

Well done to our girls and coaches involved with the Kerry Inter League squads last weekend.

GREAT TURNOUT FOR THE MINI 7's

The Allianz INTO/ GAA Cumann na mBunscol Mini 7s concluded last week in East Kerry.

All 24 schools of the East Kerry district competed in the Boys' and Girls' competitions, with outstanding displays of skill, athleticism and determination shown throughout. The first round of the competition was played in a group format, with 8 teams progressing. In the girls' section, Knockanes N.S., Meentogues N.S., Faha N.S., Fossa N.S., St. Oliver's N.S., Lisivigeen N.S., Barraduff N.S. and Kilcummin N.S. made it to the quarter

final stage. After some brilliant games, the final was contested between Fossa N.S. and Kilcummin N.S. In a lively game with some excellent scores, Fossa N.S. won by a score of 5-3 to 1-4.

The 8 teams to qualify for the boys quarter finals were Loreto N.S., Knockaderry N.S., Faha N.S., Raheen N.S., Barraduff N.S., St. Oliver's N.S., Gaelscoil Faithleann and Furies N.S. The final was played between Faha N.S. and Gaelscoil Faithleann, with Gaelscoil Faithleann winning a tightly contested game, 3-11 to 3-6.

In all, there were 74 games played in the Allianz INTO/ GAA Cumann na mBunscol Mini 7s East Kerry competitions. A big thank you must go to the all teachers who helped organise the games,

Vince Cooper, East Kerry GDA, who assisted throughout and organised referees from St. Brendan's TY programme, the GAA clubs of East Kerry, who volunteered their pitches even in the face of inclement weather, and Fossa N.S. And Furies N.S. who hosted the finals on their astroturf pitches. Well done to all the boys and girls who competed across the two competitions and best of luck to Fossa N.S. and Gaelscoil Faithleann as they progress to the Allianz INTO/ GAA Cumann na mBunscol Mini 7s County Finals.





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SPAR 60TH COMMUNITYFUND OFFERS KERRY CLUBS AND GROUPS THE CHANCE TO WIN €60,000 IN FUNDING!

SPAR is inviting all community clubs and groups across Kerry to apply for a chance to win €10,000 in funding and a meet and greet with brand ambassador and Olympic gold medallist Kellie Harrington as part of their new SPAR 60th Community Fund which was launched today.

For 60 years, SPAR retailers are proud to have served the communities in which they are rooted, and the new initiative will see SPAR invest €60,000 back into local communities to drive positive change and impact. Through the SPAR 60th Community Fund, six local community clubs, groups or programmes will be rewarded with €10,000 each, along with the chance to meet Olympic Champion Kellie Harrington and take her on in a fun series of challenges this summer.

This campaign builds on SPAR's established Community Fund initiative which was launched in December 2021. This announcement will see Ireland's leading convenience retailer direct investment reaching €80,000 into deserving community projects across the country, something that is indicative of SPAR's ongoing commitment of giving back to local communities and their customers.

Local clubs who enter the SPAR 60th Community Fund, not only have the chance of winning €10,000 but they will also be invited to a meet and greet session with SPAR ambassador and Olympic Champion Kellie Harrington this summer, engaging in fun activities together and it is a chance for Kellie to learn about the successful clubs and the vital work they undertake in their local community.



SPAR brand ambassador and Olympic gold medallist Kellie Harrington

Communities across Kerry come together to celebrate the launch of #SpringClean23

An Taisce's National Spring Clean is appealing to the people of Kerry to play their part in tackling Ireland's litter problem to help fight climate change.

Registrations for the National Spring Clean are well underway and 2023's campaign is on track to be the biggest yet with almost 100 Kerry groups registered to date.

National Spring Clean is operated by the Environmental Education Unit of An Taisce in partnership with Local Authorities and supported by the Department of Environment, Communications and Climate Environment and Mars Wrigley Ireland. This year An Taisce celebrates its 75th Anniversary and the largest ever Spring Clean would be a fitting way to mark the occasion.

Throughout the month of April communities from across Ireland will take part in the National Spring Clean to tackle the problem of litter in local areas and to see the benefits of a litter-free environment. Over the past 24 years, National Spring Clean participants of all ages have volunteered over 12 million hours of their time, with almost 45,000 tonnes of litter collected to date.

This year the campaign also wants to raise awareness about the Circular Economy Act and



how the adoption of a circular economy model will reduce our litter and climate impact.

The principles of a circular economy have been central to the ethos of National Spring Clean for the past 24 years. Last year some 35% of all waste collected was recycled, thanks to recyclable waste bags provided to participating groups and individuals, while the removal of litter from our natural environment helped to tackle biodiversity loss. National Spring Clean hopes that these litter collection initiatives will prompt people to consider their waste output and moderate consumption behaviours that produce excess waste and look at alternatives that will move us away from a throwaway culture to a more sustainable circular culture.

What we can do outside the month of April

While the National Spring Clean usually runs through the month of April, please remember that personal actions throughout the year are very important too. Here are some choices we can make daily to make a positive change:

- When you are out for a walk, visiting a park or a beach, do a quick #2minutestreetclean or a #2minutebeachclean
- Avoid single-use plastic when possible, by choosing more sustainable alternatives, such as reusable bottles and coffee cups, cotton bags, metal straws, etc...
- Don't litter and if a bin is overflowing, keep your waste until you find a waste to dispose of it properly
- Separate your litter into general waste, recyclables and compostables when possible
- If you can't reduce or reuse, recycle; know where and how to recycle all types of waste.
- Recent statistics show that, in Ireland, discarded cigarette butts make up for 60% of litter on the streets. Always bin your butt!
- Make sure to bin your chewing gum when you're done to avoid a €150 gum littering fine and keep our streets clean!

HAVE YOU CONSIDERED JOINING A MATCHMAKING AGENCY?

Eithne Buckley and her husband set up Twoheartsmeet back in 2011 when Eithne was looking for a change of career and decided that becoming a matchmaker was the way to go.

"I had completed courses in Life Coaching and Counselling and was looking for something that was a better fit than the office administration role I held back then. I knew myself well enough that I enjoyed working with people more than working with files!", Eithne told Killarney Outlook.

"Every day is different for me now. I'm often on the phone giving information to interested potential members or I'm meeting new people who are joining up. But mostly I'm going through the profiles of my clients and putting matches together. How this works is, I email a lady with a profile of a potential match and if she gives me the green light I will email her profile to the guy. If someone doesn't want to receive an email, I will read out the profile over the phone. People also have the option of receiving someone's photo so they won't be going on a blind date", she added.

It's a wonderful feeling when I put matches together and help facilitate

people to find happiness as part of a loving couple. People who join up are typically mid 30's to mid 70's. The one thing they all have in common is they are looking for a long term, committed, romantic relationship.

When I match couples, I take into account the age bracket and personality traits each person is looking for. I also cross match hobbies and interests, height, build, value systems, as well as similar levels of education and backgrounds.

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CORK CLAIM ROUND 4 CLASH

Munster Minor Championship – Round 4 KERRY 1-06 -V- CORK 1-17

Cork ran out deserving winners in this Round 4 clash played in Brosna on Saturday. This was always a difficult clash for the home side as Cork were favourites to take the victory. The rebels got off to the perfect start scoring the first two points inside the first two minutes from Meabh Collins and Deirdre Cronin. Kerry reduced the deficit to one with an Amy Curtin point soon after. Cork extended the lead shortly after with Aine Hallahan pointing in the sixth minute. Kerry Hennessy saved for the home side but Cork's soon raised the green flag with Aine Hallahan adding to her impressive tally. Cork would see out the rest of the first half the strongest outscoring the home side six points to one. Kerry's cause wasn't helped when Julia Curtin got sinned binned midway through the half. The same player was the scorer of Kerry's other point in the first half as the game approached the interval. Kerry had a mountain to climb in the second half as they went in at the break ten points adrift. The second half followed the same pattern as the first with Cork being the dominating side

scoring the first two points. Eabha Ní Laighinn scored for Kerry but it was Cork who were the dominant side in play and on the score board. Four unanswered points saw Cork open up a fourteen-point lead. It allowed the rebels to bring on substitutions and with unlimited substitutions in the rounds of the competitions it afforded them opportunities to give as many players game time. The game became somewhat disjointed as a result as Cork had this game won midway through the second half. Credit to Kerry they never gave up. Kerry keeper Kerry Hennessy saved a penalty which was taken by Cork keeper Caoimhe Richmond. Three points from Julia Curtin and a Kerry goal late in the game saw Kerry finish the game strong as Cork ran out deserving winners. Grainne Kennedy Beaufort got the goal for the minors. Kerry: K Hennessy, K Furey, R Smith, S O'Donovan, O McKenna, C Gannon, J Gill, N Quinn, G Reidy, S Scanlon, R Rahilly, K Enright, A Curtin (0-01), J Curtin (0-04 3f), L McMahon Subs: O Clifford for A Curtin, G Kennedy for L

McMahon, H Herlihy for G Reidy, E Ní Laihinn (0-01) for S Scanlon, K Enright for C Gannon, K Nix for R Rahilly, T Murphy for N Quinn, C Daly for J Curtin
Cork: C Richmond, M Burke, A McKennedy, L Mahoney, M Condon, L Heffernan, K O'Driscoll (0-02), K Williamson, L Murray (0-01)x, B Smith (0-01), C Morrison, M McNabola, A Hallahan (1-06), M Collins (0-02 1f), D Cronin (0-05 3f)
Subs: A Sheppard for C Morrisson, A Barry for N McNabola, E Sheehan for D Cronin, A Buckley for K Williamson, L Carey for I Murray, G Cronin for M Condon, A O'Riordan for K O'Driscoll, S Sheehan for B Smith, S Pattwell for M Collins, M Murphy for C Richmond

Munster U14 Championship - Stage 2
Mallow GAA Complex - 1st April

Munster U16 Championship - Round 4
Sunday 2nd April - Time & Venue TBC
Kerry B -v- Tipperary B
Kerry A -v- Tipperary A

Lidl All-Ireland Post-Primary Schools Junior C Final

ALL IRELAND VICTORY FOR PRESENTATION MILLTOWN

Dunmore CS (Galway) v Presentation Milltown (Kerry); Fethard Town Park, Tipperary
Dunmore Community School 2-12 Presentation Secondary School 3-12

By Jamie O'Flaherty

Presentation Milltown are the Lidl All-Ireland Post-Primary Schools Junior C champions after a pulsating come from behind 3-12 to 2-12 victory over Dunmore CS at Fethard Town Park in Tipperary. Trailing by five points at half-time – 1-4 to 1-9 – the Kerry side produced an outstanding second-half performance to snatch victory from Galway representatives Dunmore CS. Dunmore started the game at a frantic pace, with Isabelle Murray and Rebecca Noone scoring four points apiece while Katie Slattery added a well-deserved 15th minute goal to give her side a commanding half-time lead, after midfielder Chloe McHugh had netted for Milltown in the 12th minute. However, Presentation produced their best form in the second period. Katie Doe scored 1-3 for the Milltown side and Sarah Fitzgerald added 1-2 to turn the game on its head. Rebecca Noone replied with a brilliant goal of her own but it wasn't enough to halt the momentum of Presentation Milltown. Isabelle Murray and Chloe Costello kept Dunmore CS neck

and neck with the winners but the excellent Aideen O'Brien, player of the match on the night, chipped in with three second-half points to play a captain's role in ensuring the cup would return home to Kerry, to the joy of their huge travelling support. Following Mercy Mounthawk's victory in this competition last year, this win for Milltown ensures that the Lidl All-Ireland PPS Junior C silverware stays in the Kingdom. Scorers – Dunmore CS: I Murray 0-5, R Noone 1-05 (2f), K Slattery 1-0, A Deane and C Costello 0-1 each. Presentation Milltown: K Doe 1-04, S Fitzgerald 1-03, A O'Brien 0-4, C McHugh 1-0, M Quirke 0-1. **PRESENTATION MILLTOWN:** K Murphy, A Falvey, K O'Donoghue, R Daly, S Harkin, E O'Brien, I McGrath, É O'Callaghan, C McHugh, S Fitzgerald, K Doe, L Clifford, A O'Sullivan, A O'Brien (C) S Flynn. Sub: M Quirke for A O'Sullivan (20).



Presentation Secondary School Milltown captain Aideen O'Brien lifts the trophy after Lidl LGFA Post Primary Junior C Final match between Dunmore Community School, Galway, and Presentation Secondary School Milltown, Kerry at Fethard Town Park in Tipperary. Photo by Michael P Ryan/Sportsfile



Presentation Secondary School Milltown players celebrate with the trophy after the Lidl LGFA Post Primary Junior C Final match between Dunmore Community School, Galway, and Presentation Secondary School Milltown, Kerry at Fethard Town Park in Tipperary. Photo by Michael P Ryan/Sportsfile



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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

KERRY FALL TO GALWAY

National League:

Galway 1-13 Kerry 0-14

It was a bit of a strange one. It almost had the feeling of an anticlimax. Going into this game, Kerry could still mathematically qualify for a League Final or be relegated, but the smart money was on neither, and so it proved, with Kerry finishing the day safely in the no man's land of mid table. Grand, with our late start back to a full training regime and the amount of players rested or recovering during the campaign, safety suits me just fine. I don't want Kerry in Division two. I want Kerry players, especially new players to this level, coming into Division One football; I just think it gives a better base for later.

Kerry and Galway. Always a classic. Two teams with a long established reputation for playing open, fearless football. Catch and kick purists with a fantastic history, and honours close enough to even throughout that history. Walk into any GAA bar in either county, or most bars outside them, and ask whether Mick O'Connell or Seán Purcell was the better footballer. Then sit back and relax – that discussion will run for a while.

A repeat of last year's final, and that was a cracker of a game. David Clifford versus Shane Walsh, scoring giants of the modern game. Comer and Geaney waiting in the wings on either side, and I believe the inherent danger of both is underestimated. This game had all the ingredients of a thriller.

It didn't happen. I won't say that it was a damp squib; that would be an injustice to the honest efforts of both sides, but it felt more like an exercise in intellect rather than ardour.

Johnny Heaney and Shane Walsh opened Galway's account very quickly. It felt a little bit too easy to me. Gavin White has returned from his enforced break in flying form, and he teed up Tom O'Sullivan for our opening score. Ruairí Murphy looked lively on his first real start and he floated in a dangerous ball in the direction of David Clifford, but keeper Bernard Power was out well to deal. John Maher put Galway 0-3 to 0-1 up – Galway in recent years have somehow been able to unearth these big, rangy midfielders out of nowhere, and they all seem to know where the posts are. Maher was outstanding here. Mind you, Barry Dan O'Sullivan replied with a fine point of his own. Barry Dan has really played himself into contention during this campaign, but I will say that the absence of Adrian Spillane's work-rate and clean aggression has been very noticeable in a Kerry midfield that has been industrious but unexceptional. We don't have a fear laidir to replace David Moran; that's not a natural role for Diarmuid O'Connor either, fine footballer though he is.

Matthew Tierney, Mr. Consistency himself, and



Action from the Kerry V Galway game on Saturday. Photo: Orla Coyne, Kerry GAA Fans

Shane Walsh with a free had Galway ahead by 0-5 to 0-2. Kerry were stuttering a bit up front. Both sides were defending in big numbers – catch and kick purism became an endangered species 30 years ago and I think we can now declare it extinct – but Galway had greater range to their firepower. Kerry were trying to thread it in close and getting turned over. Part of that was a clear over-reliance on David Clifford. The big man had an off day, but why Kerry kept hitting ball into a man being double-teamed at minimum remains a sorrowful mystery to me. We were the architect of our own misfortune too often.

Shane Murphy did very well to smother a good chance for Tierney, but Tomo Culhane popped over the rebound. Paudie Clifford was doing most of his work in the Kerry half of the field, tackling ferociously and driving forward at speed, and he clipped over a nice point with his left leg. Tom O'Sullivan cut the gap to two points. Paudie, Tom, and Gavin White were probably Kerry's most effective players overall, with all three playing similar roles running from deep. John Maher and Barry Dan O'Sullivan swapped scores – Barry Dan's was arguably the best point so far.

0-7 to 0-5. My assessment was that Galway were outplaying us but not pulling away. Work-rate was keeping us in the game, but we were capable of much better. I kind of fancied us to lift the tempo a bit in the second half, especially with the fresh options on the bench. I'd have actually been inclined to take David Clifford off and look to open different avenues of attack – David looked a bit tired to me and Galway were focussing on keeping a tight leash on him – I'd have liked to see us test them with different

options.

Then disaster struck, or at least a mishap. It wasn't a good goal, far from it. A high and hopeful punt by Paul Conroy into our goal, and it just fell awkwardly for Shane Murphy as he collided with the post, dropping into the net. Almost an exact replica of the goal that Shane Ryan conceded against Tyrone. Not a big deal to me, certainly not a major mistake. That kind of thing can happen; it's your response to it that counts, and Shane went on to have a fine game. Uncontested kick-outs aren't a real barometer for championship, but he made two very good saves along the way.

Kerry responded well to that goal, Gavin White once more breaking the line and pointing himself before Donal Down O'Sullivan won a free converted by a relatively subdued by hardworking Seán O'Shea.

Half-time Galway 1-7 Kerry 0-7

Barry Dan had picked up a knock in the first half and his return to play was brief before being replaced by Dara Moynihan. Dara has had an outstanding League, and once again here he brought a refreshing directness. Galway had the first attack of the second half but once again Paudie Clifford snuffed it out and Dara Moynihan won a free converted by Seán O'Shea. That seemed to give the Kenmare man confidence as he profited from a great Jack Barry catch to point from play. Just one point in it now, and Kerry looking the hungrier side.

Cathal Sweeney fisted over a Galway point – he could maybe have gone for the green flag. Damien Comer was on by now, and he used his prodigious strength to force an opening and slot over. 1-9 to 0-9.

Gavin White teed up Paudie Clifford for a goal

PADDY O'KEEFE

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Tony Brosnan breaks free at the Kerry V Galway game on Saturday. Photo: Orla Coyne, Kerry GAA Fans



Paudie Clifford in action at the Kerry V Galway game on Saturday. Photo: Orla Coyne, Kerry GAA Fans

chance, but it was well blocked. Seán O'Shea put over the '45, making that difficult art look very easy. Dara Moynihan was fouled as he burst through on goal, with O'Shea duly punishing. Shane Walsh, locked in a hard battle at full forward with Jason Foley (I'm surprised Galway didn't bring Walsh out and give him space to operate; we all know what he's capable of) pointed two frees, sandwiching a free from David Clifford. Good work by Seán Kelly saw Galway sub Rob Finnerty kick an absolute beauty to put a goal between the teams again. Walsh made it four with a free – the truth is that Seán O'Shea could well have seen a black card for that one.

Paudie Clifford kicked a Kerry point to put just a goal between them and Kerry went looking for exactly that. Seán O'Shea almost got in, but was well blocked, and the '45 was scant enough consolation. I'd be happy enough with Kerry after the National League. Remember, we have a month now to recuperate and tighten up. The training week in Portugal will do a lot; it always does. Teams have learnt that drawing Tadhg Morley into a man-marking role opens our defensive shield; I'm sure Paddy Tally will be looking at that. Midfield is a bit of a problem area, despite the emergence of Barry Dan. I think we are slightly too reliant on Seán O'Shea and David Clifford for scoring threats. That injury to an impressive Darragh Roche came at a bad time. Donal Down has definitely shown that he's an option, but I'm hoping that Paul Geaney will show his County Championship form. We absolutely need Adrian Spillane on one wing to bolster midfield and we need Paudie Clifford's industry. That's four fairly automatic selections up front, with just two jerseys up for grabs between Geaney, O'Brien, Spillane (Killian), Roche, O'Sullivan, Moynihan, Burns, Murphy.....

I wouldn't swap places with Jack O'Connor for all the tea in China. I'm looking forward to seeing the calls he makes, though.

Kerry: Shane Murphy, Dylan Casey, Jason Foley, Tom O'Sullivan (0-2), Paul Murphy, Tadhg Morley, Gavin White (0-1), Jack Berry, Barry Dan O'Sullivan (0-2), Ruairi Murphy, Sean O'Shea (0-5, 2f, 2'45), Paudie Clifford (0-2), Tony Brosnan, David Clifford (0-2, 2f), Donal O'Sullivan. Subs: Diarmuid O'Connor for Barry Dan O'Sullivan (40 mins), Dara Moynihan (for Ruairi Murphy (half-

time), Killian Spillane (for Donal O'Sullivan, 46 mins), Graham O'Sullivan (for Dylan Casey, 52 mins), Paul Geaney (for Paul Murphy, 65 mins) Galway: Bernard Power, Johnny McGrath, Sean Kelly, Sean Fitzgerald, Dylan McHugh, John Daly (0-1), Cian Hernon, Paul Conroy (1-0), John Maher (0-2), Matthew Tierney (0-1), Johnny Heaney, Peter Cooke; Tomo Culhane (0-1), Shane Walsh (0-5, 5f), Cathal Sweeney (0-1). Subs: Jack Glynn (for Cian Hernon, half-time), Damien Comer 0-1 (for Tomo Culhane, 42 mins), Rob Finnerty 0-1 (for John Maher, 54 mins), Daniel O'Flaherty (for Johnny Heaney, 72 mins).

Referee: Niall Cullen (Fermanagh).

KERRY HURLERS FALL SHORT

**Hurling National League:
Offaly 0-23 Kerry 0-19**

This is a game that depends on your perspective. If you are a glass half full kind of person, then this was Kerry's best display this year, full of heart and drive and hunger. We out-worked and out-fought an Offaly side who have shown a vast improvement over the past couple of years. If you are a glass half empty kind of person, and I'm afraid I fall into that category, then the simple fact is that all our good hurling was wasted by our inability to put the ball over the bar. Look, in every field sport in the world, scorers, finishers, are the most valuable commodity. Hurling has a far wider scoring range than football, with players very capable of scoring from inside their own half nowadays (something which detracts from the skill of the game for me) and you simply need to be putting away most of those chances. That's the only part of Kerry's display that let them down last Saturday – but their conversion rate was truly abysmal. I made it ten wides in the first quarter alone. In hurling, ten wides over the course of a game means that you are statistically likely to lose.

Eoghan Caghill and Shane Conway swapped early scores. Shane added a free and Eoin Ross put us two up. Eoghan Cahill pointed an Offaly free but Daniel Collins fired over. Cahill (2f) and David Nally (f) nudged Offaly in front. We were dominating play at this stage with some great hurling, but already clocking up misses. I knew

– I'm honestly not playing Mr. Hindsight here – that Offaly would make us pay once they got the strong wind in the second half. Shane and Jordan Conway exchanged scores with Charlie Mitchell and it was all square, 0-6 apiece. We lost the talismanic Mikey Boyle to injury at that stage, always an ominous sign. Mikey is the cornerstone of this team. Mind you, springing a sub the quality of Eric Leen is going to calm any nerves.

A relatively subdued Pádraig Boyle picked off two frees, Shane Conway with another. Daniel Collins and Kyle O'Connor had points from play. This was a lot more like it. Kerry were much sharper in the second quarter. Eoghan Cahill and Pádraig Boyle exchanged frees, with Boyle adding a point from play. Offaly finished the half strongly with two frees from Cahill and a Dara Maher point. Shane Conway had a bread and butter free late in the half but somehow it curled wide – you'd nearly bet the house on Shane converting that while wearing a blindfold. It happens sometimes, even to the very best.

Half-time Offaly 0-13 Kerry 0-10. Realistically, given the wind factor and how defensive Offaly had been structured in that first half, three points was never going to be enough for Kerry. Sure enough, Offaly played much more on the front foot in the second half. Cillian Kiely and Eoghan Cahill (4) to two Pádraig Boyle frees trimmed the gap. Charlie Mitchell nudged Offaly in front. Then they put on a burst with two Paddy Clancy points and another from Jason Sampson to open up a four point lead. We were always chasing after that. Never far away, but never really closing the gap either. Pádraig Boyle and Brandon Barrett (all of Kerry's subs impressed) pulled two back, but Cahill replied with two frees. 0-21 to 0-17 and the clock really ticking against Kerry now. David Nally and Liam Langton closed out Offaly's scoring. Shane Conway and Pádraig Boyle pulled back frees, but that spelled the finish of Kerry's league campaign.

Has it been a good campaign for Kerry? Let's be honest. Not really. Our play is good. The likes of Jason Diggins, Dan Goggin, and Jordan Conway have really stepped up to match the standard of proven performers like the Boyles (Pádraig still scored eight points on an off day), Eoin Ross, and Fionán Mackessy. We have a

serious bench to draw from – how many teams in Division Two wouldn't be starting Dooley, Leen, Barrett, Carmody? But the hard truth is that we have struggled to put teams away. Our scoring doesn't match the quality of our play, and the scoreboard is the only statistic that ever really counts.

We are definitely capable of winning the Joe McDonagh Cup. But our form, and unfortunately our consistency in profligacy, isn't trending that way.

Kerry: John Brendan O'Halloran, Seán Weir, Evan Murphy, Kyle O'Connor (0-1), Eoin Ross (0-1), Mikey Boyle, Jason Diggins, Daniel Collins (0-2), Fionán Mackessy, Pádraig Boyle (0-8, 7f), Shane Conway (0-4f), Dáithí Griffin, Dan Goggin, Michael Leane, Jordan Conway 0-2 Subs: Eric Leen (for Mikey Boyle, 22 mins), Gavin Dooley (for Dan Goggin, half-time), Keith Carmody (for Seán Weir, 45 mins), Brandon Barrett 0-1 (for Dáithí Griffin, 60 mins), Cillian Trant (for Eoin Ross, 70 mins)

Offaly: Stephen Corcoran, Ben Conneely, Ciarán Burke, Conor Hardiman, Dara Maher (0-1), Jason Sampson (0-1), Killian Sampson, Jack Clancy, Paddy Delaney, Cillian Kiely, Charlie Mitchell (0-2), Adrian Cleary (0-1), Eoghan Cahill (0-13, 11f, 1'65), Shane Dooley, David Nally (0-3, 1s) Subs: David King (for Conor Hardiman, half-time), Paddy Clancy 0- (for Shane Dooley, 48 mins), Joey Keenaghan (for Paddy Delaney, 64 mins), Liam Langton 0-1 (for Jack Clancy, 67 mins)

Referee: Thomas Gleeson (Dublin)

LADIES GAA

KERRY AND GALWAY SET UP INTRIGUING LEAGUE FINAL

National League Division One:

Kerry 3-11 Galway 0-17

There's a small bit of a caveat about this one. These two sides will be facing each other pretty soon with silverware, the National League title, on the line. I don't think either side was really going all out here. That said, I do think that Kerry wanted to blow the memory of that disappointing display (admittedly with an experimental side) to Cork out of their system. Galway had four changes to their named team, usually a sign of a little bit of ducks and drakes. Tracey Leonard and Mairead Seoighe won't be on the subs bench for two many Galway games this year, we all know that.

Galway made a strong start, with Ailbhe Davoren, Eva Noone and Kate Slevin (2) splitting the posts. Fiadhna Tangney, who has really nailed a starting place in this campaign, and Louise Ní Muircheartaigh (f) had Kerry on the board. Aishling O'Connell was unlucky when her powerful drive crashed back off the post, while Ailbhe Davoren drew a very good save out of Ciara Butler. Davoren did kick a point, with Leanne Coen and Kate Slevin putting Galway five points clear after twenty minutes.

Then Kerry – and by Kerry, I suppose I really mean the phenomenon that is Louise Ní Muircheartaigh, kicked into gear. She picked off a good point, and Niamh Carmody added another. Louise fisted a well-worked goal

and Kerry were level. Lovely skill saw Louise put Kerry one in front. Kate Slevin briefly interrupted Kerry's momentum but just before the break, there was Louise to pounce on an Aishling O'Connell ball and slot her second goal. That was Louise's last contribution – she didn't emerge after the break – but 2-2 in eight minutes meant that Kerry were always on the front foot thereafter. In the week that the legend that is Cora Staunton announced her sporting retirement, I honestly think that Kerry have the best current forward in the game. Louise had a busy week anyway – by the time you read this, you'll know whether her Mercy Mounthawk ladies' team won the All Ireland Senior B title at their first time of asking.

Half-time Kerry 2-5 Galway 0-8

Kate Slevin opened the second half scoring but Kerry really struck a hammer blow when Louise's replacement Hannah O'Donoghue took up where she left off with goal number three. Slevin and Fiadhna Tagney exchanged points but Fiadhna and Niamh Carmody pushed Kerry out into a 3-8 to 0-10 lead. Olivia Divilly and Amy Harrington traded scores before Rachel Dwyer put Kerry eight points clear.

Full credit to Galway. That's a tough outfit, and they refused to buckle. Ailbhe Davoren plays in a similar style to Cillian McDaid, and with equal effectiveness, slotting over another point. Tracey Leonard deserves to be acknowledged as one of the greats herself and showed why. Aoife Ní Cheallaigh pointed. Kate Slevin notched another two frees. Suddenly there was just two points between the sides again and Galway looked quite capable of getting them. Thankfully, Rachel Dwyer picked off a crucial point that put a goal between them and Kerry ran out winners by that margin.

Like I said, I wouldn't read too much into it, but that was a good win in a hard battle to close out a great League campaign for Kerry.

Kerry: Ciara Butler, Eilís Lynch, Kayleigh Cronin, Ciara Murphy, Aishling O'Connell, Emma Costello, Cáit Lynch, Lorraine Scanlon, Mary O'Connell, Niamh Carmody (0-2), Niamh Ní Chonchúir, Anna Galvin, Fiadhna Tagney (0-3), Siofra O'Shea, Louise Ní Muircheartaigh (2-3, 1f). Subs: Amy Harrington 0-1 (for Lorraine Scanlon, 18 mins), Niamh Broderick (for Kayleigh Cronin, half-time), Hannah O'Donoghue 1-0 (for Louise Ní Muircheartaigh, half-time), Aoife Dillane (for Eilís Lynch, 40 mins), Rachel Dwyer 0-2, 1f (for Siofra O'Shea, 47 mins), Mary Ellen Bolger (for Ciara Butler, 49 mins), Erica McGlynn (for Cáit Lynch, 52 mins), Ciara McCarthy (for Niamh Ní Chonchúir, 52 mins), Ava Doherty (for Ciara Murphy, 57 mins), Katie Brosnan (for Niamh Carmody, 62 mins).

Galway: Karen Connolly, Chellene Trill, Sarah Ní Loingsigh, Aoife Ní Cheallaigh (0-1), Charlotte Cooney, Nicola Ward, Hannah Noone, Ailbhe Davoren (0-3), Olivia Divilly (0-2, 2f), Leanne Coen (0-1), Louise Ward, Sineád Divilly, Aoife O'Rourke, Eva Noone (0-1), Kate Slevin (0-8, 4f). Subs: Tracey Leonard 0-1 (for Leanne Coen, half-time), Lynsey Noone (for Aoife O'Rourke, half-time), Jemma Burke (for Charlotte Cooney, 34 mins), Linda Booth (for Sineád Divilly, 41 mins), Caoimhe Cleary (for Olivia Divilly, 53 mins), Aoife Molloy (for Hannah Noone, 53 mins),

Mairead Glynn (for Ailbhe Davoren, 55 mins), Mairead Seoighe (for Eva Noone, 61 mins).

Referee: Garryowen McMahon (Mayo).

CAMOGIE NATIONAL

LEAGUE: Kerry 2-15 Laois 1-15

Kerry closed out a fantastic group stage of Division Two in the National League with a very convincing win over an understrength Laois. Kerry had already qualified for the League Final, having gone unbeaten so far. In truth, they were always on top here. Patrice Diggin had three early points on board as Kerry opened up a five point lead before being caught for a Laois goal from Amy Flanagan against the run of play. Patrice picked up an early knock but Patriu is as tough as you'll ever meet and simply rose her game thereafter. She finished with 0-10, 0-5 from play, while goals from Clodagh Walsh and Laura Collins sealed a strong Kerry win. They will play Meath in the League Final in Croke Park on the 16th.

Kerry: Ciara Moloney, Michelle Costello, Sara Murphy, Rachel McCarthy, Aoife Behan, Niamh Leen, Kate Lynch, Patrice Diggin (0-10, 5f), Ellen O'Donoghue, Caoimhe Spillane, Laura Collins (1-0), Anne Marie Leen (0-1), Clodagh Walsh (1-0), Jackie Horgan, Amy O'Sullivan (0-3). Subs: Áine O'Connor (for Caoimhe Spillane, 38 Mins), Julianne O'Keeffe 0-1 (for Amy O'Sullivan, 53 mins), Aisling Ní hAiniféin (for Michelle Costello, 56 mins), Emma Lawlor (for Anne Marie Leen, 56 mins), Sarah Lawlor (for Clodagh Walsh, 56 mins)

EURO QUALIFIERS:

France 1 Ireland 0



EUROPEAN QUALIFIERS

Look, I genuinely don't think Ireland are going to qualify for the Euros. I haven't thought it since the draw was made. But I've actually been hugely impressed with our progress over the past 18 months. People seem to have some sort of collective amnesia about how bad we were. Remember 5-1 to Denmark? 4-1 to Wales? Luxembourg? I'm not trying to be mean, it's not as if Ireland can look down on anybody, but beating Luxembourg 1-0 would have to be considered a bad result. We lost. Okay? We lost 1-0 to Luxembourg. We celebrated – may the saints preserve us – we celebrated a 1-0 win

over Malta. That's where Ireland were.

People were sceptical when Stephen Kenny was appointed. I was a bit more realistic. I knew full well that there wasn't going to be any big queue of applicants for the job, given the state that we were in. Who was going to touch that poisoned chalice? Mind you, I did roll my eyes a bit when Stephen Kenny said that he was going to get Ireland to play the ball on the ground. Pass it out from the back. Sure, Stephen, that's a great lad. Fair play to you. It'll take about two friendlies for you to cop on to the fact that there's a reason why the team that has a completely failed administration, a shamefully neglected domestic league, poor facilities, one of the lowest ratios of qualified coaches to players, and whose main elite pathway is the boat to England don't play it out from the back. I look back at those days – and that's the very recent past – and I have to say fair play to him. I didn't pay too much attention to the Latvia game. Getting Mikey Johnston capped was the main thing for me. I don't know much about the lad – as always, Irish media are hyping him up as a major talent but I don't see any queue of suitors at his door, so time will tell. Evan Ferguson got his first goal. Ferguson does look exceptional, to be fair, but we have a long tradition of hyping up some young lad who struggles thereafter to nail down a starting jersey in the Championship. The nonsense that was talked about Troy Parrott was brutally unfair on a young lad.

So, no, the superclubs who like to pretend that financial fair play are mild suggestions, not rules (and invariably succeed) are not vying with each other to sign these budding superstars. But the likes of O'Shea, Smallbone, Ferguson, Ogbene, maybe Idah (my jury is still out; he's good but I'm suspicious about his technical ability) are real players who aren't afraid to take it on. Let us hark back to the days when our greatest threat was Shane Duffy's forehead from a corner. I'm not knocking Duffy, a fantastic servant for his country always, but this is a different Ireland. Are we great? No, far from it. But we are far greater than we were, and I think Stephen Kenny has done a fantastic job so far.

France were coming off the back of a big win, putting three early goals past the Dutch. They will be right up among the favourites for the Euros, never mind qualifying. They really do have world class players, and a lot of them. They won a World Cup and narrowly lost another. On paper, they should have blown us away, and I absolutely thought they would. I'd have taken a 2-0 loss and been grateful that we kept our scoring difference down. Instead we were unlucky not to come away with a point.

France were better than us. There is no denying that. A bit crisper on the ball, a bit more ambitious. But not a lot better, I expected them to drive at us with far more pace. They appeared to be trying to craft out intricate goals instead of going directly for the jugular, and they weren't really getting anywhere. Yes, Gavin Bazunu did have saves to make, but nothing that would have your heart in your mouth. France should really have scored after ten minutes after Bazunu was rounded, but

Collins was able to cut out the final pass. A real let off. John Egan had a good block on Mbappe. Antoine Griezmann always looked very dangerous for France. Ireland? Ferguson, to his credit, chased everything in the frustrating position of lone striker, but our main strategy was containment. The evergreen Coleman is consistent excellence. Dara O'Shea on the other side has grown into a strong and reliable performer. John Egan was our general in the trenches. France just could not break down that trio. Matt Doherty was himself. He's never going to be the gamechanger but he'll never let you down either. A solid professional. Ogbene and Knight did a lot more tracking backwards than forwards – it's not like France gave them much choice in the matter. Knight was only fair, to be truthful, though he did work very hard. Ogbene was fantastic. He had a young players' fearless attitude, relishing every chance to go at the ball and unafraid to use it. Josh Cullen is our cover and our outlet more often than not, and does it well. It's a difficult and often unappreciated role, not so much being the player to clear the lines as the player who ensures that they aren't immediately threatened again. Unfortunately for him, the abiding memory will be the hospital pass he gave away for the goal. It's just one small mistake from a player who doesn't make many, but it's a reminder of why these guys are millionaires and you and I aren't. This is very nearly the top level of the world game (I believe that Champions League top teams are a good bit better than national teams) and that one small mistake is how fine the margins are.

Nathan Collins was another who was forced to stay closer to his own goal than he would have liked, often dropping in to close the space when Coleman was being pulled away by Mbappe's movement. He so nearly wrote himself into the history books with that late header. Ireland went reasonably close a couple of times late on once we had to go for it, but that one....Maignan clawed that out, and I'm not sure how.

Did we really deserve a draw? I suppose not really. But we ran one of the best teams in the work very close. That wasn't a bad night for Ireland at all, far from it, when you match expectation to reality.

All that said, it's important to remember that it counts for nothing. France have two played and two wins with five goals scored. Ireland have one down and nothing on board.

We absolutely need to beat Greece. Ireland are always good at being the plucky underdogs. Backs to the wall defending, looking to scramble a late goal. But when we are favourites, when we are expected to come out and go after a team that we should be beating....that's where we often go wrong. That's where the cracks appear.

Tosach maith, ach níl leath na hoibre deanta. All to play for.



League of Ireland:

Athlone Town 1 Kerry FC 0

If Noah was in Mounthawk Park last Friday night, he'd have started pricing timber for a boat. The weather was utterly miserable, so was the result. The performance, however, was actually quite good. Okay, sucker punched by a late goal, but we were every bit as good as Athlone (albeit with slightly less threat). This Kerry team have come an awful long way in a very short space of time. Players like Ronan Teahan and Leo Gaxha are really starting to make their presence felt.

Kerry had the wind early on and dominated possession. Again Matt Keane controlled the tempo from the middle, while Gaxha in particular always looked very dangerous. We didn't get too many shots on target, though – he did have a good effort deflected midway through the half and an absolutely stunning overhead shot wasn't far wide on the stroke of half-time. That was a fantastic effort and rightly drew loud applause.

Athlone Town had that wind in the second half, but the truth is that the weather made quality play difficult to produce. They did take over and had a shot cleared off the Kerry line while Wayne Guthrie made two excellent saves. Athlone Town did get the ball in the net with five minutes remaining, but it was ruled out for a foul in the build-up.

Look, Kerry were only hanging on at this stage. With just a couple of minutes remaining, that would have been a precious point. It didn't happen, as the outstanding Frantz Pierrot neatly set it up for sub Valerij Dolia, who controlled it neatly and drilled home. It was a very good goal, in fairness, well made and well finished, and it certainly wasn't against the run of play. But that's a tough one on a Kerry side who deserve a bit more luck than they are getting.

Kerry: Wayne Guthrie, Graham O'Reilly, Kevin Williams, Shane Guthrie, Jonathan Hannafin, Sean O'Connell, Matt Keane, Ronan Teahan, Nathan Gleeson, Leo Gaxha, Ryan Kelliher. Subs Seán Kennedy (for Leo Gaxha, 65 mins), Seán McGrath (for Nathan Gleeson, 86 mins), Kennedy Amechi (for Ryan Kelliher, 93 mins) Cian Brosnan (for Seán O'Connell, 93 mins)

Athlone Town: Enda Minogue; Haji Abdikadir, German Rodriguez, Noah Van Geenan, Aaron McBride, Aaron Connolly, Mathew Leal, Adam Lennon, Patrick Hickey, Isaie Louis, Frantz Pierrot. Subs Oisín Duffy (for Aaron McBride, 46 mins), Charles Mutawe (for Matthew Leal, 46 mins), Valerij Dolia (for Isaie Louis, 71 mins), Matthew McCarrick (for Adam Lennon, 91 mins)

Referee: Ian O'Keeffe

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The new Macroom bypass has made driving from Cork to Kenmare a dream by significantly reducing travel time and this will only improve in the years ahead as the remaining sections of the new road are unveiled. Getting from the Rebel County to The Kingdom has never been easier.

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EAST KERRY GAA NEWS

by Michael Healy

CIARRAI COUNTY SCOR

A great day in Currow Community hall on Saturday saw East Kerry Clubs perform admirably, with winning performances in many disciplines

Aonair: 1st Noirín Healy Glenflesk Gaa,

Aithriseoireacht: 1st Abby Cronin Glenflesk Gaa,

Bailead Ghrupa: 1st Glenflesk

Ceol Uirlise: 2nd Glenflesk

Rince seit: 1st Spa GAA

Overall: Glenflesk

Best of luck to all the winners who advance to the Munster Final on April 15th in Ovens Co Cork at Scor na Mumhan.

EAST KERRY MINI SEVENS

Well done to Gaelscoil Fathleann NS on winning East Kerry boys Mini Sevens, and to Fossa NS on winning East Kerry girls Mini Sevens in Fossa NS Astro Turf.

KERRY CAMOGIE

Well done to the Kerry Senior Camogie team, who had big wins over Laois and Wicklow respectively this weekend.

SYMPATHIES to the families of Pat Sweeney, East Kerry Chairman during the three in a row County Championship years of the late 90's, Breda Walsh and Jamie Patrick Moynihan Lyne, who all sadly passed away during the week. May they rest in peace.

KILLARNEY CAMOGIE CLUB

UNDER 6 & UNDER 8

Training continues every Friday and Monday from 6-7pm in Spa. Hurleys & helmets can be provided on a rental basis for the season. Bring football boots, shin guards & water....All girls with birthdays from 2015 to 2018 are eligible for this age group.... Please contact Children's Officer Caroline on 086-8452197 if you can help in any way.

UNDER 10

Training continues every Friday and Monday from 6-7pm in Spa. Hurleys & helmets can be provided on a rental basis for the season. Bring football boots, shin guards & water....All girls with birthdays in 2013 & 2014 are eligible for this age group. New players welcome.

UNDER 12

Training continues every Friday and Monday from 6-7pm in Spa. Hurleys & helmets can be

provided on a rental basis for the season. Bring football boots, shin guards & water....All girls with birthdays in 2011 & 2012 are eligible for this age group. New players welcome.

UNDER 14

Training continues every Friday and Monday from 6-7pm in Spa. All girls with birthdays in 2009 & 2010 are eligible for this age group. New players welcome.

UNDER 16

Training continues every Friday and Monday from 6-7pm in Spa. All girls with birthdays in 2007 & 2008 are eligible for this age group. New players welcome.

REGISTRATION

Registration is now open on www.foireann.ie for all age groups & mentors. For any details on registration, please contact Treasurer/Registrar Louise Moynihan or Secretary Sarah Breen. All details on how to register can also be found on our Facebook page.

UNDER 14 & UNDER 16 COUNTY TRIALS

We would like to wish our players attending county trials the very best of luck!

KERRY MINOR CAMOGIE

The Kerry minor camogie team had a great win over Wicklow at the weekend. The final score was 3-12 to 1-07. Killarney were very well represented with 7 players on the panel – Yen Leniston, Kathryn Ryan, Áine Devlin, Chloe McCarthy, Hannah Ryan, Anne Hickey & Yasmin O'Brien

KERRY SENIOR CAMOGIE

The senior ladies team booked their place in the League Final on Sunday 16th April by beating Laois 2-15 to 1-05 at the weekend. Former Killarney player & current Under 14 coach Kate Lynch lined out at midfield for Kerry. We wish them the very best of luck in the final.

FOSSA GAA

OUR U14 girls started the County League Sunday with a narrow home defeat to Churchill. There were no other games, plenty of action this week.

LOTTO.

The numbers drawn were 4, 10, 19 & 26. Two tickets with matching number were in the pot. The lucky winners are Cliona O'Sullivan / Mary Ferris from Killarney and Joan Rice from Templenoe. We hope they enjoy their win, thanks to them and all for playing and supporting our club.

MEMBERSHIP

The final date for membership is Friday next March 31st. It is essential that all playing members are registered by that date as they are not covered by insurance otherwise. This applies to girls and ladies as well as boys and men. Thanks.

PAT SWEENEY RIP

We had a tough few days from Wednesday when the news of the passing of our esteemed President Pat Sweeney came through. The work this man did for our club and the youth of this parish and beyond, was phenomenal. Pat was a huge part of our club from it's beginning in 1970 until his passing. He did all the big jobs in the club; treasurer in 1971, Secretary on two occasions '73 & '74 and again in '77, Senior Team Manager from '83 to '86 and the top job as Chairman on two occasions '78 to '82 and 2007 and 2008. That along with all the other roles, which included carrying hundreds of young lads around the County, is why we hold Pat in such high regard. Pat was also East Kerry Chairman for 5 years when the district team won three in a row County Championships. The club and East Kerry Board gave Pat a fitting Guard of Honour, thanks to all who lined out. We extend our sympathies to Pat's wife Margaret, children; Michael, Siobhan, Sinead, Mairead and Paudie, grandchildren, extended family and his life long friend and brother in law Patie Kelliher. Coladh sámh Pat, tá sé tuillte agat.

DR. CROKES GAA

U13 BOYS

Well done to our U13 teams who opened their 2023 County League campaigns at home against Keel-Listry on Sunday evening last. Although the results did not go our way, there is good reason to be optimistic as our boys showed great character and commitment in sometimes difficult situations. Div 2. Dr. Crokes 3:08 Keel-Listry: 5:05. Div 10. Dr. Crokes 3:04 Keel-Listry 3-15. We now play Miltown/Castlemaine AWAY on Sunday April 2nd.

ACADEMY

The academy continues every Saturday. We have had a great response in the past two weeks since we came back. We cater for boys and girls aged 4 to 11 from the Killarney area. Hurling from 10 until 11 and Football from 11.15 until 12.15. All welcome bring a friend.



Well done to Gaelscoil Fathleann NS on winning East Kerry boys Mini Sevens



Well done Fossa NS on winning East Kerry girls Mini Sevens in Fossa NS Astro Turf.

BUMPER ENTRY FOR ROUND TWO OF THE TRITON SHOWERS NATIONAL RALLY CHAMPIONSHIP

A record number of previous winners have entered the Rose Hotel Circuit of Kerry Rally – the second round of the Triton Showers Irish National Rally Championship

Seven past winners of the Kerry Motor Club event are on the entry list but ironically, the top seed has never won in Tralee.

Defending Triton Showers Motorsport Ireland National Rally champion Josh Moffett (Hyundai I20 R5) from County Monaghan and his Limerick co-driver Keith Moriarty will have the hour of leading the 150-car field away on Sunday morning.

Ahead line nine classic Kerry tests including three runs over the daunting Desmond's Grave, one of the most popular and challenging roads in Ireland.

Winners of the Midland Moto Rally in early March Callum Devine (Derry) and his Killarney co-driver Noel O'Sullivan start at two in their Volkswagen Polo GTI R5.

They led the opening round of the Triton Showers National Rally Championship from start to finish

The first of the seven previous winners, Darren Gass, starts at three. The Armagh-based Citroen C3 Rally 2 driver won the Circuit of Kerry in 2011. He and co-driver Barry McNulty are in third place in the 2023 Triton Showers National Rally Championship.

Donegal's Declan Boyle won the rally in 2014 and 2006. He and his Welsh co-driver Patrick Walsh return in another Polo Giti.

Walsh is also the first of many overseas competitors in the rally.

Waterford's Andrew Purcell will have London-based Kerry co-driver Shane Buckley on the notes in their Skoda Fabia R5

Both Walsh and Buckley and many more will be fighting to take home to London Irish Motor Club Perpetual Shield which is presented to the highest-placed overseas competitor in the event.

Gary Kiernan and John McCabe top the Modified entry in their Ford Escort, one place ahead of Mark Alcorn and Donal McAleney in a similar car. Both drivers won the national section of the first two international rallies in Ireland this year.

The top ten is completed by the Wicklow/Mayo pairing of Daniel Barry and Lorcan Moore (Skoda Fabia R5), the all-Cork crew of Daniel Cronin and Donnchadh Burke (Polo GTI R5) and Monaghan's Richard Moffett Darragh Kelly (Toyota Starlet RWD).

Triton Showers Paul Barrett will drive a Citroen C3 Rally

The latter two drivers are previous winners of the Kerry Winter Rally and will be hoping to bring home even more silverware from the Kingdom this weekend.

Other top modified drivers include Ed O'Callaghan from Limerick and Donegal's Kevin Gallagher in a Darrian T90 GT9r.

Fan favourites Gary McPhillips from Monaghan and Frank Kelly from Tyrone are also on the modified entry list.

PAST WINNERS

It is four years since the Circuit of Kerry last ran. Daragh O'Riordan and Mikey Walsh from Cork were the winners last time out in a Ford Fiesta R5 and they are the third previous winners to take to the start line.

Others include historic class drivers Alan Ring (BMW M3) who won in 2015 and Welsh visitor Gwyndaf Evans (Ford Escort) a double winner in 1992 and 1994.

Ken Lyons was the 1987 winner, and the Limerick driver returns in a Ford Escort.

Tim McNulty won the last Circuit of Kerry that was based in Dingle back in 2006 and he returns in another Polo GTI R5.

OVERSEAS ENTRIES

Kerry Motor Club has attracted a sizeable overseas entry to the Circuit of Kerry Rally.

Aside from the aforementioned, multiple Scottish champion David Bogie makes his first appearance in Kerry in a Ford Escort.

Welshman Hugh Hunter has won several forest rallies in his native land, and he will make his second visit to the Circuit of Kerry in his Ford Fiesta. He will be joined by his Countryman Steve Woods, a previous podium finisher in Tralee and former Circuit of Munster winner. He will be followed over the start ramp by the English/Welsh crew of John Stone and Dafydd Evans in a Polo GTI R5.

London-based Cork man Michael O'Brien will steer and Ford Focus on the event and he will be joined by fellow London Irish Motor Club member Paul McDevitt who is the top historic seed in the rally.

Son and father Tomas and Ian Davies will drive an Escort and a BMW M3 in the rally. Tomas finished third overall in Kerry four years ago and the Welsh man was the inaugural winner of the London Irish shield on that occasion.

Kerry brothers Ross Hilliard and Joey Hilliard are another crew to represent the London Irish Motor Club in their Ford Escort.

Tralee businessman and sponsor of the RallyTown event in Tralee town centre on Saturday afternoon will drive an Opel Corsa. His co-driver Niall Mulcahy will travel from the Netherlands for the rally.

Three drivers will return home from Australia for the rally. Kerry's Amy Burke and Limerick's Donal Balfe are both based in Perth and East Kerry's Billy McCarthy currently lives in Brisbane.

TOP PART 30 YEARS.

The rally is also a round of the Top Part West Coast Rally Championship. The championship is 30 years old this year and Tralee-based motor factor group Top Part has been the title sponsor since day one.

Kenmare's Vincent O'Shea had the honour of being the first-ever West Coast champion in 1993 and he is back this year in a Darrian T90. He was co-driven by Brian Hickey 30 years ago



Josh Moffett and Keith Moriarty in their Hyundai I20 R5 on their way to winning the 2022 Triton Showers National Rally Championship

and he is also on the entry list but as a driver this time out.

LOCAL ENTRY

There are nearly 50 cars on the entry list representing the hosts Kerry Motor Club and neighbouring Killarney and District Motor Club.

Leading drivers from Kerry include Mike Quinn (Ford Escort) Tom Relihan (Escort Mk2) and defending Moriarty's Central Car Sales Kingdom of Kerry champion Darren Young.

Mark Murphy will drive a Toyota Starlet while both Sean Enright and Conor Walsh are Escort mounted. Eddie Kennelly will be celebrating the 30th anniversary of his first Circuit of Kerry start.

Top Killarney drivers include Denis Hickey, Tadhg O'Sullivan, Charlie Hickey, Dave Slattery, and Thomas Randles in a fleet of Ford Escorts. Kevin O'Donohoe will drive a BMW M3 in the event.

Raymond O'Neill, Cyril Wharton, and Peter Kelly are another trio of Killarney-based Escort drivers.

EVENT SCHEDULE

The Rose Hotel Circuit of Kerry gets underway on Friday night with an overseas visitor reception in the rally headquarters.

Saturday is devoted to sign-on, route recce and mechanical scrutiny which will take place at Kelliher's Toyota garage.

RallyTown – a static display of some of the top cars taking part in the event, returns for a second year and will run in The Mall, in Tralee town centre from 1 pm until 5 pm on Saturday. The nine-stage rally starts at 830 am on Sunday, there will be a service halt at the Rose Hotel after every three stages at 10:55 am and at 1:45 pm ahead of the finish celebrations at the hotel around 4:30 pm.

An official programme will be on sale in local outlets before the end of the week and this official publication contains the full entry list, timetable and route maps. The purchase of a programme helps the club offset some of the costs it takes to put on an event of this scale.



Qualified coaches with an emphasis on fun and making friends. We hope to see everyone there!

FIXTURES

Friday 31st SHL V St. Brendan's HOME at 6:30pm.
Saturday 1st SFL Div. 1 V Gneeveguilla AWAY at 2pm.
Sunday 2nd SFL Div. 4 V Castlegregory AWAY at 2pm.
SFL Div. 6 V Valentia AWAY at 2pm.

DR. CROKES GOLF SOCIETY

Waterville outing sponsored by Eoin Brosnan, playing for Denis Coffey Memorial Trophy 1st Frank Shaw (4) 29pts, 2nd Vince Casey (18) 29pts, 3rd Ian Cronin (4) 29pts, 4th Paudie Sheahan (17) 29pts, 5th Harry O'Neill (11) 28pts, Cat 1 Alan Kelly (10) 28pts, Cat David Looney (16) 28pts, Cat 3 Eamon Fitzgerald (29) 26pts, Front 9 Niall O'Callaghan (23) 18pts, Back 9 Darren Gaffey (14) 17pts.

MEMBERSHIP is now due for the 2023 year. Follow the find below https://member.clubforce.com/memberships_cart_m.asp?LL_ID=734&intMF_ID=11762#Anchor

LOTTO took place on March 27th Numbers drawn were 2, 7, 11, 23 Jackpot of €6,200 was not won. 23 patrons matched 3 and receive €25. Jackpot for draw on April 3rd will be €6,500. We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below and follow instructions attached https://play.clubforce.com/play_newa.asp?LL_id=734#Anchor

BINGO

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,000 with over €2,000 in prizes to be won in 10 games of bingo. Everyone Welcome.

NOTES

If anyone has anything they want to add to our club notes please email pro.dcrokes.kerry@gaa.ie.

MILLTOWN/CASTLEMAINE CLUB

LOTTO

Sponsored by Almas Takeaway, Milltown
The fortnightly club lotto draw took place on Monday, March 20th at the club grounds. There was no jackpot or match 3 winner on this occasion. The numbers drawn were 13, 16, 28 and the bonus ball was 8.

Lucky Dip winners were as follows: €50 - Derry and Susan O'Sullivan, Milltown. €50 - Eileen and Nicole Twiss, Callinafercy. €25 - Shane Dinham, Milltown. €25 - Jimmy Boyle, Castlemaine. €25 - William Burke, Castlemaine. €25 - Donal Murphy
Our next club lotto draw is scheduled to take place on Monday, April 3rd 2023 at 19:30pm in the Clubhouse where the jackpot will be €13,000.

CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 1, ROUND 2 FIXTURE

Milltown/Castlemaine host Castleisland

Desmonds in Round 2 of the Credit Union County Senior Football League on Sunday, April 2nd at the Paddy Burke Memorial Park, Milltown with throw-in at 2:30pm.

CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 6, ROUND 2 FIXTURE

Milltown/Castlemaine 'B' will travel to take on Kerins O'Rahillys 'B' on Sunday, April 2nd in Round 2 of the Credit Union County Senior Football League with throw-in at 11:00am in Strand Road, Tralee.

KERRY PETROLEUM INTERMEDIATE CLUB FOOTBALL CHAMPIONSHIP: GROUP STAGE DRAW

Milltown/Castlemaine will take on Beaufort, Glenbeigh/Glencar and Gneeveguilla in Group 1 of the 2023 Kerry Petroleum Intermediate Club Football Championship. The draw took place in recent weeks.

Milltown/Castlemaine will face Gneeveguilla in a neutral venue in Round 1 with fixture details to be confirmed in due course.

KEANE'S SUPERVALU COUNTY MINOR FOOTBALL LEAGUE: DIVISION 2B, SEMI-FINAL FIXTURE

Milltown/Castlemaine have concluded their group stage in Division 2B and have finished in 2nd place with four wins from five games. They have secured a place in the semi-final on Monday, April 3rd where they will travel to take on Kilcummin away at 6:30pm. Best wishes to the players and management team.

MILLTOWN/CASTLEMAINE WALKATHON FUNDRAISER

Walkathon 2023 - Milltown/Castlemaine Walking Together

The iDonate website for the 2023 Walkathon is now live.

You can support the various club teams or the individual senior players via the following link: <https://www.idonate.ie/event/walkathon2023>

The walkathon, like our walkway, is open to everyone in the wider Milltown/Castlemaine community, so please come & join us on the day. Your support for this wonderful event would be greatly appreciated as we are constantly striving to improve our facilities to ensure they are both safe and of the highest standard for the enjoyment of all our Players, Members and Guests.

IT'S OUR CLUB!! Let's make it the best it can be.....so join us, as we walk away the afternoon, in aid of Milltown/Castlemaine Gaa Club
Bíogí linn le haghaidh spraoi agus airgead a bhailiú don chlub ar an 8ú Aibreáin.

Note: We hope that our Special Guest at the event, will be SAM MAGUIRE, who will have a front row seat in the Fr. Joe McCloskey stand. This represents a wonderful opportunity for individuals, teams & families in our community, to get a much-treasured photo,, with the most iconic trophy in Irish sports, from the presentation area of our wonderful new stand.

GAA 4 ALL

A big thank you to CARA who recently provided a box of equipment for our players including:

- A large colourful parachute
- Two footballs containing bells for our visually impaired players
- Some hula hoops and arrows for our obstacle courses



Emma O'Brien of Presentation Secondary School Milltown celebrates with her grandad Pat Fleming after the Lidl LGFA Post Primary Junior C Final match between Dunmore Community School, Galway, and Presentation Secondary School Milltown, Kerry at Fethard Town Park in Tipperary. Photo by Michael P Ryan/Sportsfile

Our group is for children in our area with additional needs that wishes to take part in a fun and friendly weekly football training session.

Stay tuned for more updates and please contact 087 767 8108 or 087 6536631 if you would like to help out as a volunteer/ coach or if you know any players that would like to join Milltown/Castlemaine GAA 4 ALL team

GAA 4 ALL GROUP: COACHES NEEDED!

Do you have 45 mins to spare each Wednesday evening to help coach an amazing group of footballers and have a whole lot of fun

We are very lucky to have had an fantastic group of coaches over the past two years but as with all teams we need to recruit extra coaches

Our sessions are fun and easy to manage so no experience necessary however we have great news we will be organising training in the coming weeks in conjunction with other CARA sport inclusion. So all coaches will receive inclusion training this season in both theory and practical.

Please contact Danny on 0876536631 if you would like to get involved.

MILLTOWN/CASTLEMAINE - GAELIC 4 MOTHER'S AND OTHERS

Sample Training session 8PM Monday 17th April!
ALL WELCOME -

Milltown/Castlemaine GAA field 8pm!
Come join our team for some fun, fitness and a little bit of football! Open to ladies over 25s and caters for all abilities.

Contact Maeve: 0877546571 or private message our Facebook page 'Milltown/Castlemaine 4 Mother's and Others' for further details.

Please, spread the word to anyone from the area who wish to join our fantastic group! The more the merrier!!

Plenty of football & fun.

A great way to get out, exercise, learn new skills and meet like minded people in a fun and social environment Look forward to seeing everyone.

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THE RESILIENCE OF KERRY

By Nicky Barry

With thirty eight All-Irelands, Kerry is used to winning,
And have won some they could have lost, for they are serial winners.
On every Kingdom village green, and in every back garden,
Kids are out there kicking balls, when they are barely walking.
It's deep rooted in their culture, and is part of growing up,
And they feel it is their destiny, to raise that silver cup.
Now when they are beaten, the whole county is depressed,
But they learn from their mistakes, and next time do their best.
They know it is a process, and that teams win and lose,
And they see the positives, for that's the path they choose.

Last Sunday they were beaten, by Galway in Salthill,
For the Tribesmen were on fire, and went in for the kill.
Now if perchance Kerry had won, they'd be in the League Final,
But with the championship in mind, they didn't seem to mind.
They have their priorities, which means winning Sam Maguire,
So they took their beating, but psychologically were wired.
They saw it as a blessing, with a view to war,
And hope to meet Galway again, to retain Sam Maguire.
Others call it Kerry cuteness, but it's really common sense,
For all great traditions, are built on resilience.

MS Ireland launch their campaign today to get people to sign up for their May 50K Fitness Challenge.

Things are revving up at MS Ireland as they launch The May 50k campaign 2023 which begins next month. The May 50K is a global fitness and fundraising challenge to raise money for MS research worldwide and also support MS Ireland projects and services. MS Ireland is calling on participants of all ages and abilities to take up the month long challenge in the run up to World MS Day on 30th May.

The premise is simple, walk, roll or run 50 kilometres (or more!) during the month of May in return for sponsorship.

Take part on your own, create a family team or get your workplace involved. It's a virtual event and can be done anywhere. Clock those kilometres on the way into work, around your garden, in the supermarket as it all counts.

MS Ireland have teamed up, for a third year with the MSIF, and MS Societies from Canada, The Netherlands, Germany and the UK to Leave MS where it belongs, behind us.

The money fundraised helps support people affected by MS around the world including Ireland, alongside funding life-changing research into the prevention, treatment and finding a cure for multiple sclerosis.

Every step you take, every kilometre you clock, helps people get access to the treatment they need today and takes us closer to finding a cure for MS. There are over 9,000 people in Ireland living with multiple sclerosis.

30% of all funds raised go towards funding life-changing MS Research and 70% goes to local services and supports in Ireland.

Sign up and receive your first donation to receive a May 50k T-shirt and there are It's important that we stay fit and healthy by looking after our physical and mental well-being. The May 50K is a great way to combine the two!

All fundraising is done through our website www.themay50k.ie where you can log your KM's hook up to your fitness devices and blog your way through the month.



MS Ireland launch their May 50K appeal with 50 volunteers walking 1km today at the launch. People can sign up now at <https://www.themay50k.ie>. MS Ireland is looking for thousands of people in Ireland to take up in the month-long challenge. Pic: Marc O'Sullivan

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1300 KERRY PEOPLE WAITING for Orthopaedic outpatient appointments

Deputy Michael Healy Rae TD has revealed that 1,318 people with Kerry addresses continue to wait for outpatient appointments for orthopaedics in UHK, CUH and the South Infirmity Cork, in figures exclusively revealed to him following a parliamentary question to the Minister for Health Stephen Donnelly.

It has led the Independent TD to renew his calls on better promotion of the EU Cross Border Directive scheme which is a refund scheme.

"While I appreciate waiting times for appointments and procedures have been increased due to the Covid-19 pandemic but that should not be reason enough for the Department of Health not to explore every possible avenue to reduce them as quickly as possible.

"One Thousand Three Hundred people on a waiting list is just not acceptable in this and age when there is actually another avenue for

people which is free to them by using the EU Cross Border Directive scheme which is a refund scheme." Deputy Michael Healy Rae stated.

Currently 1,318 people with Kerry addresses are awaiting orthopaedic outpatient appointments in three separate hospitals with 999 of them alone awaiting appointments at University Hospital Kerry (UHK) in Tralee, while a further 307 are awaiting calls from the South Infirmity Victoria University Hospital with another 12 on the waiting lists of Cork University Hospital (CUH)



COMMUNITY INVOLVEMENT

Councillor Michael Cahill of Fianna Fáil is encouraging people to support local community organisations, such as Tidy Towns Committees and Community Councils, by volunteering and/or with financial donations, so that their wonderful work can be continued throughout the county.

"There is some fantastic work being done in our towns and villages by these groups, who are committed to improving the facilities and appearance of their localities. Volunteers from the community, sometimes supported by Local Employment Schemes, put in many hours of their precious time to plant flowers, collect rubbish, install seating, etc, all to make their local area look good" stated Councillor Cahill.

"I noted this week that, near to me here, Glenbeigh Community Council arranged for the village pavements to be power-hosed coming in to the Tourist Season. The result is fantastic and I look forward to the planting of flowers that annually make Glenbeigh village so attractive to visitors and locals alike.

High praise is due to these community based gatherings of people who, day by day, week by week, give of their time to improve our living and working environment for the good of all" said the Rossbeigh based Councillor.

"In tandem with the hard work, funding is also required. If you can help in any way, please make contact with your local community organisation and help to make a difference" added Councillor Cahill.

DANNY HEALY RAE ON VACANT HOUSING in the Dáil Wednesday 29 March 2023



As the Taoiseach knows, I travel nearly every road in Kerry on a consistent basis. One of the roads I travel very often is the road from Kenmare, through Kilgarvan, down to Clonkeen then Flesk and into Killarney. Without going along the road, I can count in my head that there are 55 vacant houses from the top of the town in Kenmare down to the Kerry Way in the Curraglass townland. That is hardly going up or down any of the byroads off that - a short walking distance maybe. There is a certain amount of public

transport on this road.

Why are these houses vacant? Can we do anything? We must explore every avenue we can when we hear about the housing crisis and people ending up without a home. Surely we should be doing more to entice the owners of these houses into the rental market. We certainly know that the tax at 52% or 56% is keeping many of them out of that market. Owners in this area will not command large rents. They will only get €600 or €700 a month. After paying tax, they only have €300 to pay the bills. Confidence is gone in the private rental market and people are afraid that they will lose their houses and be unable to get them back when they want them. They have the right to get their houses back. Will the Government do something to relax the rules of the Residential Tenancies Board, RTB, which are too stringent and restrictive and prevent people from entering the market?

Will the Government also do something for those who are without a home, cannot find a house to rent and are not on the housing list? We must help people who are on the housing list, but those who are not on

it need a house as much as everyone else. They cannot afford to buy but are just above the threshold to join the housing list. Could we involve local authorities in renting houses? Perhaps they could succeed. People are afraid they will not get their houses back if they go private.

The Government was able to offer €800 tax free to house owners who accommodated Ukrainians. Why can we not offer the same sum to accommodate our own people? Surely our own people are first and foremost. The Ukrainians are not to blame for the misfortune that has befallen them, but our people must be looked after. This is one of the areas I am asking the Government to explore.

I object in the strongest way to the Government's proposal that houses should be compulsorily purchased. Instead, the Government should talk to the owners and try to find out whether they would be interested or, if they had a problem, try to deal with it. The Government should certainly not go down the road of CPOs because it will turn every landowner and house owner against it. That is what owners were afraid was happening in the Dáil today. If they are banned from getting their houses back, it would be the same as an extension of going down the CPO route, which I do not want.

There is much that we can do together, that being, to explore why these houses are vacant. There are vacant houses up all the other roads around Rathmore, Scartaglin, Gneeveguilla, Brosna and Knocknagoshel. There should be no one homeless. For people who came to this country fleeing the war, we were able to help them with transport and so on. The same could be organised as well.

We need to do more because the State will never be able to build enough new houses. It is a plus and a big bonus and start that we have these houses.



DANNY HEALY-RAE^{TD}



WEEKLY CLINIC ON:
SATURDAY AT SCOTT'S HOTEL,
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Cllr MAURA
HEALY-RAE

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Danny Healy Rae TD - Monthly Clinics

1st Monday

8.15 PM
8.30 PM
9.00 PM
9.30 PM

1st Wednesday

8.00 PM
8.30 PM
9.00 PM
9.30 PM

1st Thursday

8.30 PM
9.00 PM
9.30 PM
10.00 PM

1st Friday

9.30 PM
10.00 PM
10.30 PM

3rd Monday

8.30 PM
9.00 PM
9.30 PM
9.45 PM

Rathmore & Gneeveguilla

Top of the Hill, Rathmore
Bridge Bar, Rathmore
Dennehy's Bar, Rathmore
Richie McAuliffe's, Gneeveguilla

Killarney Area

Torc Hotel, Lissivigeen
The Village Inn, Kilcummin
Old Killarney Inn, Aghadoe
The Golden Nugget, Fossa

Glenflesk & Barraduff

The Kerry Way, Glenflesk
Spillane's Headford
Murphy's Bar, Barraduff
Sweeney's Bar, Barraduff

Tuosist & Lauragh

Sailors Bar, Killaha West
Helen's Bar Kilmacalogue
The Lake House Tuosist

Knocknagoshel & Brosna

O'Connor's Bar, Knocknagoshel
Walsh's Bar, Knocknagoshel
Kate Pat's Bar, Brosna
Sportsfield Bar, Brosna

3rd Friday

7.30 PM
8.00 PM
8.15 PM
9.00 PM
9.30 PM

4th Thursday

7.00 PM
7.30 PM
8.15 PM
8.45 PM
9.15 PM
9.45 PM

4th Friday

8.30 PM
9.30 PM
10.00 PM
10.45 PM

Last Monday

8.00 PM
8.30 PM
9.00 PM
10.00 PM

Castleisland Area

River Island Hotel, Castleisland
The Kingdom Bar, Castleisland
The Crown Hotel, Castleisland
Hughes Bar, Cordal
Lyon's Bar, Scartaglen

Killorglin Area

Golden Nugget, Fossa
Galvin's Bar, Beaufort
O'Grady's Bar, Killorglin
Larkin's Bar, Milltown
Griffins Bar, Castlemaine
Anvil Bar, Boolteens

Kenmare & Sneem Area

The Roughty bar, Kenmare
Riney's Bar, Sneem
Blackwater Tavern
O'Connor's Bar Kenmare

Farranfore Area

Ulick's Bar, Farranfore
James Daly's Bar, Farranfore
Cunniffe's Bar, Currow
John Hendersons, Furies

PLEASE CONTACT

Danny **087 2316055** Office **064 6685315**

Maura **087 7816432** Johnny **087 2354793** Eileen **087 9975419**

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com

MINI EGGS COOKIES



Ingredients

170g Butter room temperature
150g @gembakes.ie Brown sugar
50g @gembakes.ie Caster sugar
1 Egg room temperature
265g plain flour
10g Cornflour
5g baking soda
Pinch of salt
200g Chocolate chips
Mini eggs
Melted chocolate
Oven @180

Method

1, Mix the the butter and the two sugars until fully mixed

2, Add in the egg and vanilla extract and mix
3, In another bowl add in the flour, cornflour, baking soda and salt and mix
4, Sift in the dry mix into the wet mixture and mix until fully mixed
5, Add in the chocolate chips and mix
6, Spoon out the mixture into 50g and roll into to balls place on to a tray lined with parchment paper and place in the fridge for 30 minutes
7, Place the balls into a pre heated oven @180 and bake for 11 minutes after 11 minutes take the tray out and place mini marshmallows on top of the cookies and bake for 2 more minutes, take out of the oven and leave to cool.
8, Melt some milk chocolate and spoon on top of the cookies and then place mini eggs on top, leave the cookies to cool fully before eating, Enjoy



Cllr. Michael Cahill

County Councillor on Kerry County Council

Rossbeigh, Glenbeigh,
County Kerry

Email: cllrmichael.cahill@kerrycoco.ie

Phone: 086 2670768

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Gardening
with Killarney Outlook
by John O'Sullivan

FOCUS ON ALPINES

The vast majority of alpine plants are easy to grow in any reasonably well drained garden soil. Alpines are ideal plants for rockeries and gaps in stone walls and they will give you colour from early spring right through the summer. The most important thing when choosing your alpine plants is to make sure you find out the growth rates so that one alpine plant won't take over other alpine plants in the rockery. A good example of this would be an alpine called Cerastium (snow in summer) which is quite a quick growing alpine and spreads quickly in a short space of time. It can tend to take over small rockeries. Having said that it is a beautiful plant with silver foliage and is covered, as the name suggests, in beautiful white flowers. It can be pruned back to keep it under control. There are also lots of alpines which are compact and can make perfect mounds and shapes. Alpines are also great fillers for stone walls. An ideal plant for this would be a Campanula or aubrieta. The aubrieta is a pink flowering plant that you see growing out of a lot of grottos. alpines can also be used in containers such as in troughs or window boxes but try to choose ones that are evergreen so that you will have some colour all year round.



JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

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A Word of Victory

Welcome back dear student, we're still studying fear. Last week we discussed how fear imprisons people but Jesus came to 'set the captives free' (Luke 4:18). Many people have little understanding why Jesus, the Son of God, came to this earth or why He had to die on the Cross and then be raised from the dead (1st Peter 2:23-25; John 3:16). Galatians chapter five tells us that "it was for freedom that Christ has set us free". Freedom! Picture what that looks like for you – to live free from the fear that stunts a joyous life. Those who live in fear are not free. Fear is sin – causing one to come out from under God's blessing (trusting in Him), to living under Satan's influence instead. So who do we trust in? Are we truly believing what God has promised, or are we believing the lies that the devil harasses our minds with?

We've all experienced fear at various times – while going through a crisis; perhaps in an abusive situation, or in financial difficulty – the spirit of fear doesn't care, because the ultimate aim of Satan is to destroy God's people and incapacitate them, in order to prevent God's will for their lives coming to pass. But Jesus came so that we could be set free to enjoy our lives and not live in fear. Look we often pray 'let Your Kingdom come and Your will be done on this earth as it is in Heaven' don't we? Yet, there is no fear in Heaven, so what are we doing tolerating it here? It's sin! It comes from not knowing God as Father; the One Who gave us life – He who 'knit you together in your mother's womb', carefully designing your intricate internal workings! (Psalm 139:13-18). When we know Who God truly is we enter into a place of rest. "...for He is our God, we are the people He watches over, the flock under His care. If only you would listen to His voice today" (Psalm 95:7)

Jesus said that "the thief comes only to steal, to kill and to destroy, but I have come that you may enjoy your lives in abundance" (John 10:10). John chapter ten deals with shepherding and sheep, and ties in to Psalm 23 and Ezekiel chapter 34, where God reveals Himself as the Good Shepherd Who tends to and protects His sheep. "The Lord is my Shepherd, I shall not want". Study Psalm 23 for yourself friend – you often hear it at funerals, but it's a song of the blessed life not death!

Sheep don't fret about anything when they know that their Shepherd is with them – protecting them from predators; making sure they have plenty of provision, ensuring they can sleep and bring forth their young in safety, without having to worry about anything. In fact the only time sheep could fear is when their shepherd isn't around, because then they are vulnerable. Jesus made the point that His sheep know His voice and follow Him, and that He knows them! "He made us and we are His, we are His people, the sheep of His pasture" (Psalm 100:3; John 10:27). What a privileged place to live. The One Who created you and me knows, cares for, protects and provides for us. That's the place of true rest and that peace only comes from knowing God and living in His Presence (Psalm 91:1-2; Isaiah 41:10-13). Fear not dear friend!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797

TRÓCAIRE BOXES Are available in our Churches & we ask that you take one to your home as we support those in the developing world this Lent

PALM SUNDAY - next weekend April 1st/ 2nd the beginning of Holy Week. Palm will be blessed at the start of all Masses, please bring your own palm if possible.

THE CHRISM MASS will take place on Tuesday evening April 4th at 7pm in St Mary's Cathedral. There will be no 6.15pm Mass. There will be refreshments after the Mass in St. Brendan's College refectory. Everyone welcome.

DIVINE MERCY PRAYER GROUP meets every Thursday at 10 am in St Bridget's Chapel, Church of The Resurrection Killarney. All Welcome Further information contact Mary 086 0529008

OFFERTORY COLLECTION ENVELOPES: If you currently do not use an envelope or are new to the Parish and would like to have a box of envelopes, please contact the Parish Office and we'll organise that for you. Many thanks for your continued support.

KILLARNEY ACTIVE RETIREMENT meet every Friday in the KDYS Hall (back of Franciscan

NATIONAL PIONEER BALL 2023 GALWAY; commences with the Celebration of Mass at 6.30pm Sat 22nd of April in the Church of the Resurrection Ballinfolly, Headford Road, Galway. Dinner Served at 8pm in the Menlo Park Hotel, Terryland, Headford Road, Galway and Music by Tommy Flaherty & Francis Fahy, tickets €40. Email; francescegan@yahoo.com – 086 3121695

DIOCESAN EUCHARISTIC ADORATION RETREAT will take place on the 27th of April 2023 at The Church of the Resurrection Killarney . Presented by Fr. Jim Lenihan. See poster for details. Your support will be very much appreciated: To book contact : Maureen at 087 9514352 Margaret at 0872976304.

NATIONAL EUCHARISTIC ADORATION PILGRIMAGE TO KNOCK this year takes place on the week 22nd and 23rd of April 2023. All details displayed on the Notice Board.

THE ANNUAL CONSECRATION TO OUR BLESSED LADY will be held on Sunday 26th March at 3 p.m. in the Church of the Prince of Peace, Fossa. Welcome is extended to everyone to come and place your trust in the Mother of God for ourselves, our families and our country. The consecration is organised by the Legion of Mary and concludes with Benediction.

CHURCH OF THE RESURRECTION CHILDREN'S LITURGY GROUP

would like to invite you to the Parish Centre after the 11.00am Mass on Sunday 26th of March for a cup of tea and a chat, Wouldn't it be lovely to for us to talk over a tea or caint over a coffee. Looking forward to seeing you there.

LEGION OF MARY WILL RECITE THE ROSARY at the Grotto on Rock Road, Killarney at 3pm on Sunday 2nd of April for Residents of Coolgreane Park and surrounding areas. All Are welcome

IN MEMORIAM**TO PLACE A MEMORIAL ON THE KILLARNEY OUTLOOK**

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NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have
 asked many favours.

This time I ask you this special one,
 (mention favour).

Take it dear heart of Jesus and place
 it within your heart where your Father
 sees it.

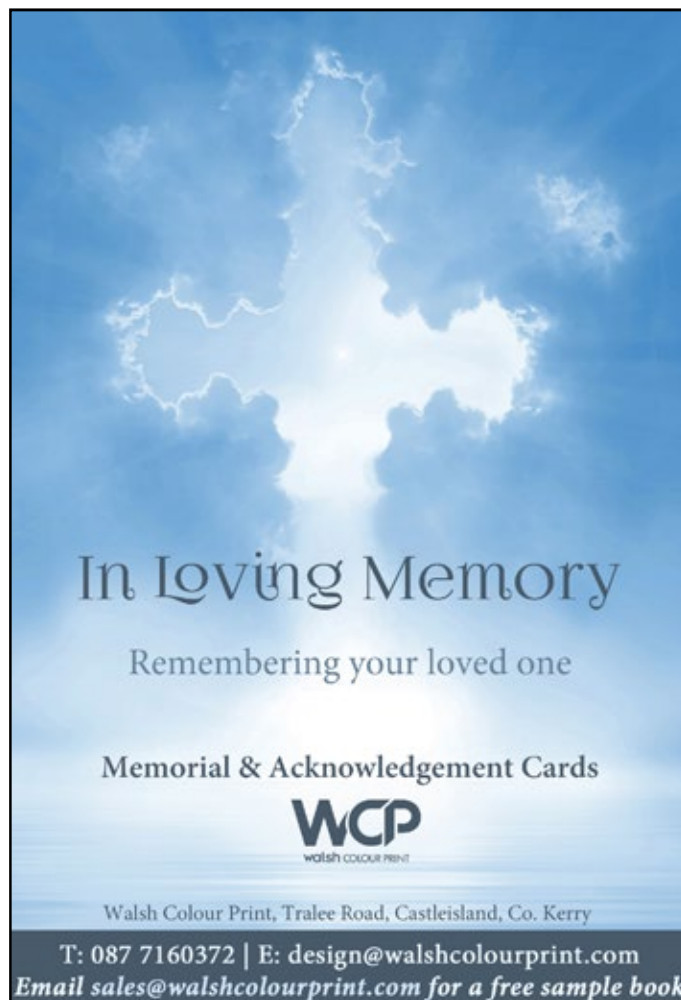
Then in his merciful eyes it will
 become your favour not mine.

Amen.

Say this prayer three times for three
 days and your favour will be granted.

Thank you for favours received

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JESUS

May your Sacred Heart Lord Jesus, be praised, glorified and honoured throughout
 the whole world now and forever. Repeat this 3 times.

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MEMORIES

*Your gone,
 but thank you for,
 All the love and
 soft sweet things
 you left behind,
 In our home,
 In my head,
 In my heart.*

*"Seamus, you were my favourite hello,
 but my hardest goodbye"*



In my heart is where our story lives, your
 loving partner, soulmate and best friend,
 Eileen Finucane.

*Anniversary Mass will be celebrated in
 Our Lady of Lourdes Church, Kilcummin at
 7.30pm on Thursday 6th April
<http://www.churchservices.tv/kilcummin>*

NOVENA TO ST. CLARE**IN THANKSGIVING**

Novena to St. Clare. Ask for
 three favours, one business, two
 impossible. Say nine Hail Mary's for
 nine nights with lighted candles.
 Pray whether you believe or not.
 Publish on ninth day. Powerful
 novena.

Say may the Sacred Heart of Jesus be
 praised, adored glorified and loved
 today and everyday throughout the
 whole world now and forever. Amen

Your request will be granted no
 matter how impossible it may seem.

AC

NOVENA TO ST. CLARE**IN THANKSGIVING**

Novena to St. Clare. Ask for
 three favours, one business, two
 impossible. Say nine Hail Mary's for
 nine nights with lighted candles.
 Pray whether you believe or not.
 Publish on ninth day. Powerful
 novena.

Say may the Sacred Heart of Jesus be
 praised, adored glorified and loved
 today and everyday throughout the
 whole world now and forever. Amen

Your request will be granted no
 matter how impossible it may seem.

NT

NOVENA TO ST. JUDE

May the Sacred Heart of Jesus
 be adored, glorified, loved and
 preserved throughout the world now
 and forever.

O Sacred Heart of Jesus, pray for us.
 St. Jude worker of miracles, pray for
 us.

Helper of the hopeless, pray for us.
 Say this prayer nine times a day, by
 the eighth day the prayer will be
 answered.

It has never been known to fail.

POWERFUL NOVENA TO THE SACRED HEART

O my Jesus, you have said:
 "Truly I say to you, if you ask anything
 of the Father in my name, he will give it
 to you."

Behold, in your name, I ask the Father for
 the grace of...

(Mention your Intention Here)

Sacred Heart of Jesus,
 I place all my trust in you.

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