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MARIE SNAPS FOR JACK AND JILL

Over 30 hours of nursing care for the Jack & Jill Foundation has been provided by Killarney Outlook Photographer Marie Carroll O'Sullivan following a family minishoot fundraiser. Marie decided to donate to the worthy cause and was all set to use the Killarney National Park as a backdrop before Storm Desmond struck. However the International Hotel swooped in to save the day and provided Marie with the perfect setting her the family portraits. Local Families availed of the photoshoot and some of them made Christmas cards with the pictures

"My sister in law Sheena works for the Jack and Jill foundation and she had told me about the amazing work they do and also some of my clients availed of the services, it was because of this I decided to do a little fundraiser", Marie said. "I was delighted with the response", she added. Marie handed over a cheque for \leqslant 500 to representatives from the foundation at the International Hotel this week.



PICTURED AT THE CHEQUE PRESENTATION ARE: NURSE KAREN LOVETT, PHOTOGRAPHER MARIE CARROLL-O'SULLIVAN, TERENCE MULCAHY, INTERNATIONAL HOTEL, NURSE SHEENA O'SULLIVAN & NURSE CATHY KERRINS.

WORTHY CAUSES BENEFIT FROM WINE & ART EVENING



JOHN O'SULLIVAN, PRESIDENT, KILLARNEY ROTARY CLUB, PRESENTING A CHEQUE TO AUDREY O'LEARY, KILLARNEY WATER RESCUE, (WITH MEMBERS, JASON HARRIS, AILISH MCCARTHY AND DANIEL JARKORSKY) THE MAIN BENEFICIARIES OF LAST YEAR'S KILLARNEY ROTARY EVENING OF WINE & ART WHICH TOOK PLACE IN THE MALTON HOTEL IN NOVEMBER. PHOTO: VALERIE O'SULLIVAN.

The beneficiaries of the 12th annual Killarnev

Rotary Club Evening of Wine & Art were out in force at The Malton on Wednesday as they accepted the proceeds of the event.

The Evening of Wine & Art, held in November, was hugely successful with an attendance of around a thousand people.

Killarney Rotary president John O'Sullivan was delighted with the fundraiser, which this year had Killarney Water Rescue as its main beneficiary. Wine connoisseurs and fans of fine food were absolutely spoilt for choice, thanks to Daly's SuperValu.

An excellent choice of local beers also tantalised the taste buds. "We would like to say a huge thank you to our main sponsor Daly's SuperValu and we were also delighted this year to welcome Killarney Brewing Company and Torc Brewing and thank all of them for their

support," added John.

The evening featured an exciting charity auction of artwork.

Meanwhile, members of both the Kerry Hospice Foundation and the Killarney branch of the Irish Kidney Association sold charity Christmas

The raffle was co-ordinated by the Irish Pilgrimage Trust and the proceeds of the cloakroom will support the Kerry Stars Special Olympics Club.

Amongst the other charities and community projects being supported by this year's Killarney Rotary Evening of Wine & Art the Order of Malta, St Brendan's Microtrack, Gaelscoil Faithleann, Coolick National School, Killarney Athletic Soccer Club, Kilcummin Defibrillator Group and SouthWest Counselling Centre.



>> Imeachtaí Stáitse Stage Performances





22.01.16 - Liam Ó Maonlai (piano, vocals) Tim Edey (guitar, box) Kevin Burke (fiddle)



11.03.16 - David Syme American piano virtuoso.







01.04.16 - Sárthaispeántas Fliúite, i gcomh-pháirtíocht le Cruinniù na bhFliùit 2016.

13.05.16 - 'Dannie Maidhel' ceolchoirm & seoladh dlúth diosca dbalta le Dannie Maidhei Ó Súilleabháin i gcomh-pháirtíocht le Aisling





06.02.16 - Imbolc 2016 - aon lá amháin le cainteoirí den scoth. Réimse leathan d'ábhair agus tuairimí gan teorainn.

26.02.16 - 'Bóithrín na Smaointe'

O'Connell (fiddle). Ag seinnt leis,

beidh Aine Ni Chonaill (fiddle), John Blake (piano, flute, guitar),

ceol nua-cumtha le Connie

Frances O'Connor (flute).



15.04.16 - 'Breaking Trad' le Mike Galvin (guitar) Niall Murphy (fiddle) Donal Murphy (Box).



27.05.16 - 'Treelan' le Niwel Tsumbu (guitar). Martin Tourish (box), Eamonn Cagney (percussion).

>> Taispeántaisí Ealaine Art Exhibitions

>> Ranganna an Earraigh Spring Classes



14.01.16 - 08.02.16 Ag Fagaint ár Rian le Daltai na hIdir Bhliana, Colaiste Ghobnatan



11.02.16 - 16.03.16 'Mo Aistear' le Pauline Dodds

Ranganna ar siúl san Ionad Cultúrtha i rith an Earraigh

Classes taking place in the lonad Culturtha in the Spring



- Ranganna ceoil traidisiúnta le Henry Cronin (Scoil Cheoil an Chontae).
- Ranganna fliúite le Conal Ó Gráda.
- Ranganna consairtín agus bosca ceoil le Maighréad Ní Luasa.
- Ranganna fidle le Muireann Ni Luasa.
- Ranganna amhránaíochta ar an sean-nóis le Máire Ní Chéileachair.
- Tacaois ranganna dearc ealaíne do seanóirí le Bernadette Ni Choitir agus Pauline Dodds.
- Béal Beo ranganna lúibíní agus agallaimh beirte ar siúl sna scoileanna mágúird le Eibhlin Ní Lionáird agus Seosamh Ó Críodáin.



05.05.16 - 06.06.16

An Cosán Ealaíonta le Rannpháirtithe Tacaois scéim-ealaine don aosach, Ionnaithe I dtrl ionad lae sa cheantar.



























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HONOUR FOR CONOR AT SKAL DINNER

The SKAL Club of Kerry hosted their Presidents Dinner on Saturday night last, 23rd January at Muckross Park Hotel in Killarney. At this year's dinner the club made a special surprise presentation to Conor Hennigan in recognition of the huge contribution Conor has made to tourism.

Conor was General Manager of The Malton (formerly Killarney Great Southern Hotel) for the last 16 years. During this time Conor was President of Killarney Chamber of Tourism & Commerce, Chairman of the Kerry Branch of the Irish Hotel Federation and was President of the SKAL Club. Over the last 16 years if there was any committee set up to progress the tourism agenda in Kerry, Conor played a vital part in it. He has given a huge amount of his personal time to pursuing tourism interests both locally & nationally.

The Kerry SKAL Club wanted to recognise Conor's tremendous contribution and wish him every success in his future career endeavours.



FOUNDING MEMBER OF SKAL IN KERRY CONOR HENNIGAN WAS HONOURED FOR HIS CONTRIBUTION TO TOURISM AT THE ANNUAL SKAL DINNER IN THE MUCKROSS PARK HOTEL ON SATURDAY NIGHT. PHOTO SHOWS CONOR, LEFT RECEIVING A PRESDENTATION OF A PAINTING OF KILLARNEY GOLF COURSE BY RENOWNED PAINTER PAUL DOWNEY FROM KERRY SKAL PRESIDENT MARGARET CAHILL. ALSO IN PHOTO ARE MEMBERS OF THE KERRY SKAL COMMITTEE, CONOR O'CONNELL, GERALDINE ROSNEY, SEAN O'DRISCOLL, NATIONAL PRESIDENT OF SKAL IRELAND, MARY MACMONAGLE AND EILEEN TARRANT. PHOTO DON MACMONAGLE.



PICTURED AT THE KERRY SKAL DINNER IN THE MUCKROSS PARK HOTEL WERE FRONT FROM LEFT, BRIDGET MCGUIRE, AILISH SKELTON, CAROLINE HENNIGAN, CATRIONA SCALLY AND MASSIMO MIRABELLE. AT BACK, PAUL AND SHIRLEY O'SULLIVAN, EMER AND DENIS CORRIDAN, MARY MACMONAGLE, LIAM MCGUIRE, DAVE SKELTON AND MARK SCALLY. PHOTO DON MACMONAGLE.



PICTURED AT THE KERRY SKAL DINNER IN THE MUCKROSS PARK HOTEL WERE BRIAN BOWLER, INCOMING PRESIDENT AND MARGARET CAHILL, OUTGOING. PHOTO DON MACMONAGLE.

APPETITE FOR IRISH PROPERTY SET TO CONTINUE



FitzGerald, Sherry Ireland's leading estate agency, will once again bring its Irish Property Show to London on Saturday 20th February 2016. At the event which will

be held in Millennium Gloucester Hotel from 11am-3pm, they will be displaying a sample of properties from all across Ireland and giving UK purchasers an opportunity to meet property professionals from several of their offices across the country in one day, and in one location.

Mary Dillon, head of Sherry FitzGerald Countrywide said "The performance of the Irish economy was remarkable in 2015 with GDP expected to exceed 6%, positioning Ireland as the fastest growing economy in the euro area for the second consecutive year. The phenomenal recovery in both the economy and in the residential market have supported the ongoing appetite from overseas investors for Irish property.

In Sherry FitzGerald we agree. Over the difficult years of the global recession we continued to promote Irish property in Ireland and abroad and in 2016 we will continue to do this with our London Property Show - an event that will showcase the very best of Irish property from all over the country.

Our property showcase will promote property to buyers from all over the UK and especially London to a purchaser market that includes investors who see the opportunity and value

in the Irish property market together with Irish people living in the UK who may return home in the coming years but can buy now and avail of value coupled with rental return in the intervening period. There is a major attraction for UK purchasers in the strength of Sterling relative to the Euro. Sterling has appreciated from a rate of .80 at the beginning of 2015 to a rate of .72 at the end of 2015.

We believe in the opportunity, we believe in the Irish recovery, we believe in sustained future growth based on sound economic principles and most of all we believe in bringing our clients properties to the widest possible markets."

So if you want your property brought the extra mile to this event, contact Sherry FitzGerald on 1800 20 9000 or londonshow@sherryfitz.ie and make sure your property travels with us.

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THE COUNTDOWN IS ON - STRICTLY COME DANCING: THE MOVIES

The countdown is on and the premiere of Strictly Goes To The Movies is almost here. The 12 couples fine tuning their dances and in this week's Killarney Outlook we meet the last 6 couples taking part.

In the Ballroom camp, waiting in the wings are Mike Doyle and Vera Healy. This couple are taking on the Foxtrot to a very well-known song. The Foxtrot is a ballroom style dance and is predominantly performed in hold. Mike and Vera have been training hard to ensure their top line meets with the judge's approval.

The Quickstep is a fast and furious Ballroom style dance. Its quick speed must be matched with strong control as the lightning speed of the dance must be governed with strength of placement and accurate footwork. Taking on the mantle of the Quickstep are Timmy Moynihan and Mary Cronin who are extremely well placed to make their Quickstep a best seller at the box office.

Shella O'Donoghue-McSweeney and Richie Fitzgerald are preparing themselves to dance the American Smooth. This is a ballroom style dance which is filled with grace, prose and elegance.

Next up is the Jive which is fast in pace, exciting in content and epic in scale. Taking on the Ballroom juggernaut are Niall O'Sullivan and Marie Carroll O'Sullivan. This couple have



been putting the hard yarns in to master the complicated speed of the Jive while ensuring its fun and enjoyable routine.

Hoping to get the crowd clapping and dancing in the aisles with their fun loving Charleston are Kieran O'Halloran and Danielle Favier. The Charleston dates back to the 1920's. Kieran and Danielle will bringing the style of the 20's with the fast pace of the noughties to their Charleston routine.

And the final dance style is of course the Paso Doble. Michelle Brennan O'Donoghue and Connor Gleeson will making the style their own with an inspired dance routine. The Paso Doble is a strong suspense filled style and Connor and Michelle are sure to have the audience on the edge of their seats.

So there you have it, our 12 couples and the styles of dance which they will perform on the night. As well as 12 individual dance routines, the audience will be treated to a professional dance from Joe Burkett who will be partner by Irish Cancer Society committee member Kathleen Cronin as they take a song encompassing all styles of dance in just over 4 minutes. The night will open with a huge group number filled with Strictly surprises. The opening dance number this year, is definitely a dance not to be missed. And finally the night will conclude with the epic and energetic final group dance. Strictly is going to the Movies, make sure you have your ticket for what's sure to be a smash hit night for the South Kerry Branch of The Irish Cancer Society.



THE FOXTROT: VERA HEALY AND MIKE DOYLE.



THE QUICKSTEP: MARY CRONIN AND TIMMY MOYNIHAN.



THE AMERICAN SMOOTH: SHELLA O'DONOGHUE McSWEENEY AND RICHIE FITZGERALD.



THE JIVE: MARIE CARROLL O'SULLIVAN AND NIALL O'SULLIVAN.



THE CHARLESTON: KIERAN O'HALLORAN AND DANIELLE FAVIER.



THE PASO DOBLE: MICHELLE BRENNAN O'DONOGHUE AND CONNOR GLESON

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CHERNOBYL CHARITY BREWS UP

The Killarney Branch of the Friends of the Children of Chernobyl will host their annual Coffee Morning at Killarney Golf Club on Thursday next February 4th.

All funds raised on the day will go towards sending children from two schools in the Pinsk area on holidays next summer to camps in Belarus.

The group are currently supporting a number of other projects in the area including a psychiatric hospital in which they have painted and tiled the men's unit and decorated rooms on the ground floor and an orphanage which caters for 600 people from age 4 upwards. The Killarney group have helped to build a halfway house here to help facilitate the move from the orphanage into the world.

Along with these projects the group continue to supply clothes, bedding, footwear etc and there is currently a truck en route full of humanitarian aid.

If you would like to support the ongoing work of the committee then why not pop out to the Killarney Golf Club on Thursday next from 10.30am to 12.30pm and enjoy a cup of



PICTURED AT THE KILLARNEY GOLF & FISHING CLUB FOR THE LAUNCH OF THE ANNUAL COFFEE MORNING WHICH WILL BE HELD AT THE GOLF CLUB ON THURSDAY MORNING 4TH FEB BETWEEN 10.30AM-12.30PM IN AID OF THE CHILDREN OF CHERNOBYL WERE L-R BAR MANAGER MICHAEL O'KEEFFE, BETTY CROSBIE, MARY O'CONNOR & JOAN BUCKLEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

coffee and some freshly baked goodies along with a chance to win one of the numerous spot

STUDENTS GRADUATE AT AGA TURKISH BARBERING ACADEMY

There were huge celebrations at Aga Turkish Barber shop in Plunkett Street in Killarney this week when all of the students attending the Barbering Academy passed with distinction, with two of them attaining honours - something which is quite rare.

"I am so very proud of each one of my students and their tutor Rachel Frodsham for all the hard work and dedication", Suleyman Aydiner, Proprietor of Aga Turkish Barber told Outlook Magazines.

"I wish all the students good luck in the future with the barbering careers - it has been a pleasure working with all of them - it has been an emotional and inspirational day for everyone at Aga Turkish Barber.

STUDENTS FROM THE AGA TURKISH BARBERING ACADEMY PICTURED WITH PROPRIETOR SULEYMAN AYDINER AND THEIR TUTOR RACHEL FRODSHAM AND GERRY ROSSITER.



KERRY STAR PETER CROWLEY TAKES TO THE CATWALK

They are normally competing with each other on rival teams in the National Football League or the Senior Football Championship but now Dubs star Davey Byrne and Kerry star Peter Crowley, both studying for a masters at DCU Business School, have teamed up to lead a fundraising event for LauraLynn House.

Each year DCU Business School Alumni choose a charity to support. This year, the charity selected is LauraLynn House, Ireland's children's hospice. The team will host a fashion show in The Venue in DCU on February 24th. Clothes

will be modelled by well-known men's senior inter-county footballers and hurlers. They will be joined by their female counterparts from teams around the country. The presenters for the fashion show will be Maria Walsh, journalist, presenter and former Rose of Tralee and James Butler, fashion editor, presenter and blogger. Clothes for the show are being provided by Tommy Bowe's XV Kings label, Paul Galvin's Vanguard label, Scribes of London, Debenhams and The Dress Pantry. All proceeds from ticket sales and raffles will go to LauraLynn House.



KERRY GAA STAR PETER CROWLEY AND DUBLINS DAVEY BYRNE.



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MUSICAL TREAT IN STORE AHEAD OF KERRY SCHOOL

CHOIR SHOWCASE

The roof will rise at the Malton Hotel on Thursday 11th February next with the sounds of school choirs from North and South Kerry. Building upon the enormous successes of the showcases in 2014 and 2015, the third annual Kerry School Choir's Showcase will return again this year.

The non-competitive event is organised by Killarney Musical Society, in which participating primary school choirs from North and South Kerry receive choral tuition in their school from the renowned Gemma Sugrue of Voiceworks Studio, Cork.

Gemma is a past member of Killarney Musical Society and the society are delighted that she is bringing her expertise in performance and vocal technique back to Killarney again this year. Each school will present two performances of their own choice while the night will conclude with a very special



KMS School Choir Showcase 2016 - Holy Cross Mercy.

rendition featuring all schoolchildren involved. Rehearsals are well under way in each school, busy preparing for a musical treat not to be missed!



KMS School Choir Showcase 2016 - The Monastery.



KMS School Choir Showcase 2016 - Ballycasheen

OLD FRIENDS MEET....



Former team mates from Ballyhar Dynamos gathered in Murphy's Bar this week for a trip down memory lane.

The group got together to meet up with Michael O'Donoghue, who was home from

Milwaukee, USA for a short visit.

PICTURED ARE FROM LEFT: JOHN KERRISK, TOM KERRISK, MICHAEL O'DONOGHUE, DONAL GROVES, SEAN MURPHY, JAMES LYNE AND DES O'CONNOR

KERRY GAA CAR RAFFLE WINNER - DRIVES AWAY IN STYLE

On Friday morning last, Charlie Daly from Knockanish, The Spa Tralee drove away from Aherns Garage Castleisland with his fabulous new Opel Insignia which he won in the Kerry GAA 2015 Car raffle draw.

The key of the Opel Insignia, sponsored by Aherns Garage Castleisland, was presented to Charlie by Paudie Dineen, Assistant Treasurer of Kerry County Committee.

Kerry GAA, wishes to thank everyone who supported the draw and wish Charlie years of safe driving in his new Opel Insignia.



Kerry Fianna Fáil Candidate

ABOUT JOHN

John qualified as a Civil Engineer from University College Cork in 1985 and worked in the industry for a number of years before going onto Trinity College Dublin in 1994 to qualify as a Pharmacist and returned home in 1999 to run the family business in Ballyheigue Co. Kerry. John was elected to Kerry County Council the same year and has been in politics since, serving as Mayor of Kerry in 2014. He is married to Bernadette, they have three children Mary Anne, Noel and Elizabeth.

"As one of your selected Fianna Fáil candidates for Kerry I am committed to make the very most of this opportunity to represent you, the people of Kerry. I come with fresh eyes and a determination to do the best by our County. I have qualifications in both Civil Engineering and Pharmacy. I believe that I have the skill set, understanding and determination to develop and drive policies and programmes that better serve



JOHN'S KEY POLICIES

01 Job creation and proper investment in business and enterprise supports Reducing the numbers on the live register by attracting new investment requires proper supports to enterprise and business start-ups, reforming business rates, addressing the issue of accessibility to credit for businesses and ensuring the IDA works to bring investment to rural counties. I will advocate for the self-employed to receive the same PRSI benefits and tax treatment as PAYE workers.

02 Ensuring a high quality broadband service across all of Kerry

A high quality broadband service throughout the country and most especially in rural counties is essential for business development and expansion, rural counties should have the same opportunities as urban areas to create new jobs and attract investment.

03 Developing and marketing our tourism industry

Tourism contributes massively to the Kerry economy and provides vital employment for the county, I will advocate for proper investment and promotion of our tourism industry including overseas marketing, better accessibility to the county for visitors, investment in recreational infrastructure and enhanced provision of training and skills development programmes for the tourism industry.

04 Keeping rural services open

Post Offices, Schools, Garda Stations are all vital and integral parts of ensuring that rural communities remain vibrant, safe and attractive for people to live in. Functional, viable rural communities require rural services to remain open and I will work hard to ensure that we keep services in our small towns and villages.

05 Protecting and enhancing farm incomes

I will lobby to protect and enhance the income of our farmers, supporting agriculture, which is at the heart of the rural economy, is paramount to ensuring that our rural communities are viable. Farmers should receive a fair price for their products, face less red tape and be provided with proper supports to

06 A fair health service with well-resourced front line services

A fair health service for all, making certain that our hospitals are properly resourced and that Community Supports and front line services most especially the ambulance service are the best they can be, and that in rural areas there is an accessible, quality GP service available to everyone. This also includes fair and decent supports for Carer's and those they care for.

Please continue your preference for my colleague Norma Moriarty

"Protecting and enhancing rural Ireland so that our rural communities are vibrant and viable places to live"

IT'S ONLY THE BEGINNING.....

On **January** Killarney **Physiotheraphy Student** Gary McGowan travelled to Belarus with some of his fellow students at UL.

Gary kept a diary of his trip for the Killarney Outlook - a trip that was a life changing experience for them



SELFIE TIME.... GARY McGowan AND RUZLANNA POSE FOR A

The rumours had worried us with anxiety and apprehension. Expectations of hungry children tarnished by their grim environment had suppressed our excitement to a feeling of vulnerability.

Upon arrival, we were exposed to the stern nature of the airport staff, the stiffening cold, a language that seemed nonsensical and currency ridiculed by a crumbled economy. We now felt more vulnerable than ever.

Arrival into the country required the endurance of a gruelling inspection of all necessary documentation. Once this was complete, we met our interpreter.

This was the turnaround point. Unlike an Irish airport in the summer months, Minsk didn't seem to have much happiness. No excited kids. No middle aged men in socks and sandals. No stressed mothers in maxi dresses. However, the warmth we were greeted with upon meeting Irena was second to none. Her caring nature radiated immediately, and suddenly we could release some of our emotional armour. The driver was equally as welcoming, chuckling at our reactions to the -20 degree cold.

The drive to the orphanage lasted 2 hours. As

we drove, we gradually began to appreciate the beauty of the winter wonderland through which we had the privilege of travelling. We were informed that some of the older kids were waiting up to see us.

As we took our first step out of the minivan, we saw the first faces of amazement gazing out of a window on the second floor. It was dark, and the lights were off, but the smiles and bright eyes could be seen nonetheless. There was a sudden realisation of what we were about to take part in. We were not volunteers, or workers, or anything else. We were the "Irish girls"; superstars.

For the duration of the 2 weeks that followed, what we wore didn't matter, what we looked like didn't matter, how we spoke didn't matter, how much money we had didn't matter. A smile was granted by our presence. Nothing else was necessary. It may seem that the work we done was incredibly difficult. However, your personal economy is dependant solely on what you value. These children placed enormous value in a hug. A hug to them is an iPad to most Irish children. They are wealthy, not in money, but in happiness.

We spent our days dancing, playing simple games, feeding, hugging, and sometimes just sitting with the children. The walls were covered in murals and pieces of art made by the children. The food was nutritious and plentiful.



 G_{ARY} is pictured with S_{ASHA} who lives at the orphanage.



FUN AND GAMES: THE CHILDREN AT THE ORPHANAGE LOVI

The children smiled, laughed and danced. It was so far from our expectations. Granted, it was emotionally taxing at times to feed a "child" older than oneself. 20 year olds shouldn't be in cots, nor should they be confined to 4 walls. But for the most part, they were happy. This is what most people don't understand; the orphanage is their world. It's home. It's where all their happy memories are. They are protected, fed, looked after, and spend every day with their friends who they have grown up with. There are no daunting social standards that hover over each individual, forcing them down a path governed by expectations. The perceived satisfaction the kids have within the orphanage was reinforced by Vitalek (26 years old), who when we asked where if would like to travel responded with "No, here is home".

As I sit here in the University library, I have a camera, an iPhone and an external hard drive on my right, a laptop in front of me, and a wallet on my left. These items may contribute to some of my happiness, but I assure you there are far brighter smiles in Gorodische right now. If anyone has ever considered doing something like this, I really do encourage you to do so. This was a life changing experience for those of us that travelled. It won't be the last we see of Gorodische; this is only the beginning.



ALL SMILES FOR THE CAMERA AT THE ORPHANAGE.

IF YOU HAVE A STORY...

Call: Aisling on **086 0400 958** or Email: editorial@outlookmags.com



Kerry ETB Training



Kerry ETB Training Centre is now recruiting for the following courses.

New Course - Hospitality Operations Trainceship (TRS7116) - Killarney.

The traineeship is the ideal starting point for anyone thinking about a career in the hospitality sector. It offers a rich learning experience by integrating classroom based theory and practice with work based learning. Participants will receive a thorough grounding in the areas of accommodation techniques, food preparation, reception and front office duties, and restaurant skills. It's for people who wish to progress directly to employment and for those contemplating on taking a higher level hospitality course. Start Date: 29th February 2016. Duration: 30 weeks. Certification: QQI Level 5 Major Award in Hospitality Operation.

Digital Media Production Course (TRY18) - Kerry ETB Training Centre, Tralee.

The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The course covers design, digital imaging, photography, sound, video, digital publishing and media project management. Start Date: 15th February 2016. Duration: 52 weeks. Certification: City & Guilds Diploma in Media Techniques 7601-03.

Manual & Computerised Payroll and Bookkeeping (ET0Z5) - Tralee & Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. Start Dates: 21st March 2016 in Tralee & 4th April 2016 in Killarney. Duration: 10 weeks. Certification: FETAC Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Healthcare Support Traineeship (ETS97) - Tralee.

This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. Start Date: 15th February 2016. Duration: 41 weeks. Certification: FETAC Level 5 Major Award in Healthcare Support.

Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Tralee.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must be in possession of a current full Class B Driving Licence and a current Class C Learner Permit. Start Date: 14th March 2016. Duration: 10 Weeks. Certification: Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTITB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

ECDL (ETK79) - Kerry ETB Training Centre, Tralee.

This course offers participants the opportunity to develop the range and standard of computer and IT skills needed to work in an office environment. The modules include: Induction, Keyboard Skills, Computer Essentials, Online Essentials, Wordprocessing, Spreadsheets, Databases, Presentation Software, Career Planning & Job Seeking Skills, In-company Training. Start Date: 29th February 2016. Duration: 18 weeks. Certification: European Computer Driving Licence Award, Level 1 Office Procedures Cert & Typewriting Cert.

MTA Software & Networking Fundamentals Course (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. Start Date: 7th March 2016. Duration: 19 weeks. Certification: Microsoft Technology Associate Certification.

Legal Administration Traineeship (ETS07) - Tralee.

This course is specifically designed for those wishing to pursue careers as legal administrators. It covers all the main administration tasks carried out in legal offices and is tailored to meet the needs of the industry. Start Date: 25th April 2016. Duration: 40 weeks. Certification: FETAC Level 5 Major Award in Office Administration.

Beauty Therapy Traineeship (TRS52) - Tralee.

This course offers participants the opportunity to develop the knowledge, skills and attitudes required to work as beauty therapists. It integrates theory, practice and industry experience so that participants gain a clear understanding of the various treatments and therapies practiced in the industry. Start Date: 11th April 2016. Duration: 50 weeks. Certification: I.T.E.C, CIBTAC and CIDESCO Diplomas

Traditional Stone Wall Construction (RT4R8) - Tralee Training Centre.

This course offers participants the opportunity to develop the knowledge and skills required to build a variety of traditional stone walls. It's a hands-on course where participants learn the principles and techniques of stone working and dry stone wall construction using hand tools and locally sourced stone. Start Date: 4th April 2016. Duration: 24 weeks. Certification: FETAC Special Purpose Level 5 Award in Traditional Stone Wall Construction.

Visit Our New Walk-In Information Service Every Tuesday and Wednesday At Kerry ETB Head Office, Centre Point Building, John Joe Sheehy Road,

(Opposite Tralee Bus and Train Stations).

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

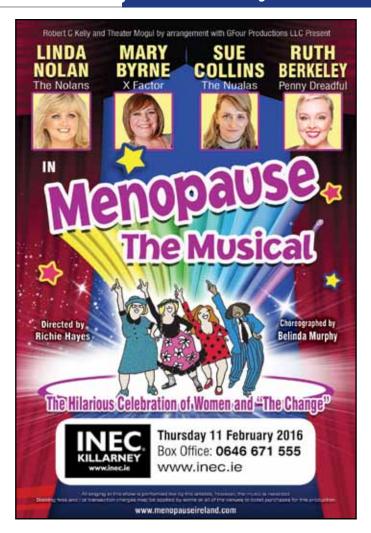
Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676, www.kerrvetbtrainingcentre.ie , E-mail: training@kerrvetbtrainingcentre.ie













FALVEY'S BAR CUSTOMERS RAISE THEIR GLASSES AND SOME

MONEY!

The customers at Falvey's Bar have chosen St Joseph's Home Killorglin as this year's recipient of their charity Christmas drink.

The €500 raised this year will go towards the refurbishment programme which is being undertaken at the home.

The current refurbishment will consist of the conversion of eight three bedded rooms into single en suite rooms the work will be done in two phases and will commence in 2017.

To date the customers have donated €3000 to various charities. Cheers to St. Joseph's home!

PICTURED AT THE PRESENTATION OF THE CHEOUE WERE FROM LEFT: SISTER ELIZABETH OF ST JOSEPHS HOME, DECLAN FALVEY OF FALVEY'S BAR, SISTER HELENA OF ST JOSEPHS HOME & MR AUSTIN O'REILLY ADVISORY COMMITTEE SAINT JOSEPH'S HOME.

PICTURE: MICHAEL G. KENNY.



KERRY COUNTY COUNCIL NEWS

CLLR. JOHN SHEAHAN HAS RAISED WITH THE FOLLOWING QUERIES WITH KERRY **COUNTY COUNCIL:**

1. To ask KCC when is work due to commence to replace the footpaths on both sides of Mangerton View.

2. To ask KCC to apply for funding to repair the road at Farrankeal Bridge L7027-33 and erect flood defense wall to prevent recurring flooding.

3. To ask KCC if they have an up date from TII regarding then Digital Speedometers for Barraduff Village.

4 To ask KCC to apply for funding to dredge the river Gweestin as this has caused great damage due to flooding.

5. What were the findings of KCC investigation into flooding issue at Knockeendubh in the field next to proposed Burial Ground.

6. To ask KCC has the OPW been contacted regarding the removal of large trees on the road verge.

7 To ask KCC has Coillte offered /gifted a strip of ground to enable KCC to widen the road at Mangerton, Muckross, Killarney.

KILLARNEY MUNICIPAL AREA

1. To ask KCC to provide Speek Ramps and Pedestrian Crossing at Woodlawn Road, Killarney

2. To ask KCC when will the Pedestrian Crossing he provided at Rathmore Town centre adjacent to the Community Centre.



CLLR JOHN SHEAHAN.

3 To ask KCC to resurface the road at Station Road Rathmore, its in a bad state this is a Health and safety issue as there are many deep pot holes here.

4 To ask this Council to resurface the road from Clounts Cross to Ballinahulla as its unsafe for road users.

5 To ask KCC to provide a footpath adjacent to the Primary School in Barraduff as soon as possible.

6 To ask KCC for an update regarding when works are to begin on the building of twenty(20) Houses at chestnut Drive, Killarney. 7 To ask KCC to provide footpaths from the White Bridge entrance to the Cork Road.

8. To ask KCC to make Glenflesk Village a 60km Speed Zone.

ROCK-IT 2016

A music based Youth Project being run by KDYS and facilitated by Community Musician Ruti Lachs from Active Music has kicked off again this term. Last week saw the return of some young people from the pre-Christmas group along with some new budding musicians to start this new and exciting Project. The Project runs on Tuesday evenings from 5pm-6.30pm and 6.45pm-8.15pm in KDYS. Young people meet to make music together in small groups, playing covers as well as creating new music. The Music based Youth Project allows for the culmination of skilled musicians at piano, quitar, and singing engage and with others who are learning from scratch, instrumental skills, and are singing with amplification for the first time. All of the participants will gain experience in how to set up a PA system, microphones and other musical equipment and are working towards a March performance date.

For more information contact Geraldine in the **KDYS Youth Centre or call**

064 6631748/087 0517695

DOMESTIC AND GENDER BASED VIOLENCE STRATEGY WILL **MAKE IRELAND A** SAFER PLACE

Senator Marie Moloney welcomed the Second National Strategy on Domestic and Gender Based Violence, which shows the Government's ongoing commitment to combatting these problems, making Ireland a safer and better place to live. The Garda Siochana's role is vital in risk assessment for all victims of domestic violence, in preventing and detecting crime and supporting victims. A planned and managed approach by the Gardai to each report of a domestic violence incident is provided for, including personally calling to victims, in depth risk assessment and the provision of information. There will be ongoing education for public sector staff by legal professionals.

Senator Moloney said "In particular I welcome the announcement of a €950,000 national awareness campaign. This will help victims by letting them know that there is support available. We also want to send a strong message to perpetrators that their behaviour will not be tolerated." "This new strategy is a step in the right direction. I have long been a campaigner in this area, and we all have to work towards eliminating domestic, sexual and gender based violence. Domestic violence is often a hidden crime, and it occurs in all social classes, ethnic groups and cultures and among every educational background. I hope that this campaign will make a real and substantial difference to people's lives. The Campaign will start in 2016 and will run for 6 years."

College Square, Killarney 064 66 34177



IT PAYS TO LISTEN TO EXPERTS! Local Knowledge-Nationwide



PROPERTIES OF THE WEEK





FLESK RIVER APARTMENTS. **MUCKROSS ROAD** Guide Price €160,000

2 Bedroom (1 ensuite) First Floor Apartment (approx 1,075 sq ft) with allocated car parking space. Electric storage heating. Adjacent to Killamey National Park & walking distance of town centre. Ideal investment property. REF 849 BER Pending

Gallivan Murphy Hooper Dolan



22 THE OAK COURTYARD. BALLYDOWNEY Guide Price €200,000

3 Bedroom End of terrace property (approx 1,100 sq ft) with private garden and back entrance. Garden shed with electricity. Oil Fired Central Heating. Across from Killarney National Park and short distance to Killarney town centre REF 845 BER Pending



9 CUL AN BHARRIG, FIRIES Guide Price €140,000

4 Bedroom Semi-detached property (approx 1,300 sq ft) with private back garden, garden shed & side entrance. Oil Fired Central Heating. Close to all amenities such as local shops, pubs and Firies National School REF 816 BER Pending



Gallivan Murphy Hooper Dolan Insurances Ltd,

trading as GMHD.IE is regulated by the Central Bank of Ireland.

Killarney Business Centre | Upper High Street

KERRY GAA SUPPORTERS ENJOY ANNUAL DINNER DANCE AND AWARDS NIGHT



KERRY SUPPORTERS CLUB 26TH ANNUAL SOCIAL, 23RD JANUARY, BALLYGARRY HOUSE HOTEL TRALEE, PICTURED COMMITTEE AND AWARD WINNERS.

The Kerry GAA Supporters Club held their 26th annual social on Saturday night last in the Ballygarry House Hotel in Tralee. With national titles in both football and hurling, as well as handball, there was plenty to celebrate. The four football All Stars, Brendan Kealy, Shane Enright, Anthony Maher and Donnchadh Walsh received presentations, as did the managers of the successful Kerry Junior and Minor football teams, Stephen Wallace and Jack O'Connor respectively, along with the captains, Alan O'Donoghue and Mark O'Connor. The hurlers were not forgotten and their four All Stars, Patrick Kelly, Shane Nolan, John Egan and Keith Carmody received presentations, as did senior captain, John Griffin, Minor Hurling captain, John Buckley and Minor manager lan Brick. Dominick Lynch's exploits on the Handball scene were recognised with a presentation and



PICTURED AT THE KERRY SUPPORTERS CLUB 26TH ANNUAL SOCIAL AT THE BALLYGARRY HOUSE HOTEL TRALEE. L:R: PATIE CASEY PORTMAGEE, PADDY Townes Valentia Island, Mick and Shelia Allen Ballyhar and Denis Carroll Killarney.

chairman Donal O'Leary, paid a special tribute to the recently deceased Leo Griffin who was an ever present at the annual social.

Already, the Supporters Club are planning ahead for overnight stays for the Allianz League games and of course their season gets underway on this Saturday when they have a day-trip to Croke Park for the AFL game with Dublin. Bus times are as follows: Farranfore 10am; Tralee 10.30 and Listowel 11am.



PICTURED L:R: DAN DWYER, BRENDAN KEALY AND NUALA DWYER KILLCUMMIN AT THE SUPPORTERS CLUB 26TH ANNUAL SOCIAL, BALLYGARRY HOUSE HOTEL TRALEE.



KERRY SUPPORTERS CLUB 26TH ANNUAL SOCIAL AT THE BALLYGARRY HOUSE HOTEL TRALEE. PICTURED L;R: DONNCHADH WALSH, MARK O'CONNOR MINOR CAPTAIN AND BRENDAN KEALY.

€5 DISCOUNT FOR PRE-PURCHASED TICKETS FOR THE ALLIANZ LEAGUES

Tickets are now on sale for the Allianz Football and Hurling Leagues at a pre purchase discounted price of €10 for Kerry's games in Division 1 Football and Division 1B in Hurling. Please note that the cut off time for the prepurchase discount will be midnight on the night before the fixture (Friday night at 12 for the Dublin game). Tickets purchase on match day will be the usual €15. Tickets are available from the usual sources including participating

Centra and Supervalu stores throughout the county and from the Kerry GAA Store in the Outlook Centre in Killarney. The closing date for purchasing the GAA Season Tickets from Croke Park is this Sunday, 31st January.

ONEY MATTER

By Dermot Cronin, Financial Advisor



WHERE CAN YOU GET BETTER RATES OF INTEREST FOR YOUR MONEY??

Firstly interest rates in some banks are better than others, for example one bank at the moment will only give you 0.45% per annum interest for a one year fixed rate, so for €75000 you would only get €337.50 interest over 12 months and that's even before DIRT tax is deducted. However another bank will give you 1.10% per annum for a one year fixed rate account which is €825.00 interest over 12 months before DIRT tax. In every bank there are customers earning extremely low rates of interest at present. However, by shopping around or getting an independent advisor to check up to date interest rates you can substantially increase the amount of interest you could earn by just changing bank accounts, which is very easy to do. Also there are even better rates of interest available for other products such as longer fixed term accounts. This can be done for you by a financial advisor who is authorised to carry out this business for you.

For further information on the above or any other financial matter you can contact **Dermot Cronin APA** at **064 66 22775** or 0872893649.



FOR SALE

"CAHER", AGHADOE, KILLARNEY, CO. KERRY

Stunning picturesque setting in the popular Aghadoe area, this bungalow is perched on an elevated setting and located close to Killarney town. The bungalow is the ideal first-time buyer property or suitable for retired couple choosing to locate close to Killarney town. The landscaped gardens and beautiful views over Killarney town and mountains further enhances the attractiveness of the property. Keenly priced for quick sale.



PRICE: €220,000

SHRONEDRAUGH, HEADFORD, KILLARNEY, CO. KERRY

Magnificent architect designed large private residence well located approx. eight miles from Killarney town and just one mile off the main Killarney/Rathmore road and Barraduff Village close to primary school, shops, post office, pubs etc. The unique 'split level' design is further enhanced by marble fireplaces and unique features (i.e.) Belfast sink, iron cast bath, hi-tech pressurised boiler system ready for solar. One of the finest grand Tudor style large residences 4,500 sq. ft. approx. to appear on the Killarney market for many years commanding stunning views of the Kerry 'Paps' Mountains.



PRICE ON APPLICATION

Hennigan Auctioneers 66 New St., Killarney tj 064 6634582 mj 087 2354416 www.daft.ie/hennigan

PROPERTY OUTLOOK

THROUGH THE KEYHOLE.... PICTORIAL LOOK AT PROPERTIES ON THE MARKET















Address: BALLAUGH, KILLARNEY. Detached residence set on over an acre of mature gardens with magnificent views set just outside Killarney town on the N72, off the main Killarney-Mallow Road. Just 5km from Killarney, c.7 miles from Rathmore, this property is very well maintained throughout and presents a rare opportunity to acquire peace and privacy just minutes from Killarney town in a quiet cul- de- sac.

Agent: REA Coyne & Culloty 2 Main Street Killarney 7: 064 6631274 F: 064 6633219 E: info@killarneyproperty.com

Asking Price: **€350,000**

ATHLETIC HOPE TO GO FURTHER IN NATIONAL CUP

The Killarney Athletic AFC U-12 soccer team are preparing for a big weekend on the national stage as they host Johnstown FC from Navan, Co. Meath on this Saturday, 30th January 2016 at Woodlawn, Killarney at 2.00pm. The Killarney side are just one of 32 teams remaining in this prestigious National U12 Schoolboys FAI Cup.

Killarney Athletic have already played three rounds of the National Cup and enjoyed impressive victories in the following games. On 3rd October 2015, Killarney Athletic played Ballingarry, Co. Limerick away and won 5 - 2.

In the second round on 17th October 2015, Killarney Athletic played Granagh, Co. Limerick at home and two goals from Conal Gallagher helped them to a 2-1 victory.

In the third round on 21st November 2015, Killarney Athletic hosted Moneypoint from Clare and won 2-1. Coilte Cronin scored the goal in normal time and Alex Hennigan netted the winner in the extra time period.

John Dineen and Martin Muldoon are in charge of this very talented group of young players. Johnstown are a very fancied side and will present a very formidable challenge.

However home advantage is a huge advantage and Killarney Athletic would appreciate all the local support they can get. The game is set to go ahead at Killarney Athletic's Woodlawn venue but may be subject to change to another



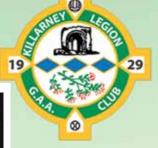
THE KILLARNEY ATHLETIC U-12 SOUAD WITH MANAGERS JOHN DINFEN AND MARTIN MULDOON AT A TRAINING SESSION IN ADVANCE OF THEIR NATIONAL U12 SCHOOLBOYS FAI CUP CLASH AGAINST JOHNSTOWN FC AT WOODLAWN, KILLARNEY THIS SATURDAY AT 2.00 PM. FRONT FROM left are Sean Dineen, Cian Lynch, Se O'Meara and Sam Benson. Middle Row from left are John Dineen, Manager, Josh Clarke, Matthew Horgan, David O'Donoghue, Hugh O'Malley, Eoghan O Dubhain, Sam Bolger, Max Gajdos and Martin Muldoon, ASSISTANT MANAGER. BACK ROW FROM LEFT ARE STEPHEN MOYNIHAN, THOMAS O'REILLY, MARC LONG, KARL MCCARTHY, CILLIAN COURTNEY, JACK MAGUIRE, TEDDY MULDOON, CAOILTE CRONIN AND DARA LOONEY. MISSING FROM PHOTO ARE ALEX HENNIGAN, CONAL GALLAGHER, ORAN O'SULLIVAN, BEN O'CARROLL, CUAN O'CALLAGHAN AND DONNCHA CROWLEY. PICTURE: EAMONN KEOGH.

local venue depending on weather conditions and the state of the pitch.

KILLARNEY ATHLETIC SQUAD: Sam Benson, Cillian Courtney, Sean Dineen, Conal Gallagher, Alex Hennigan, Matthew Horgan, Dara Looney, Mark Long, Cian Lynch, Stephen Moynihan, Teddy Muldoon, Karl McCarthy, David O' Donoghue, Hugh O'Malley, Sé O Meara.

KILLARNEY LEGION A LOOK BACK IN TIME





Scor always played a huge part in the club and involved many new faces and family's and even helped in the formation of marriages.

LEGION SCOR SET DANCERS COUNTY CHAMPIONS 1982

(L to R). Mary O'Mara, Mikie Lyne, Elizabeth O'Dea, Derry Horgan, Juliet McNeice, Donal O'Donoghue, Linda McNeice, Con Carroll and Myra Costigan.







NEW TO MARKET

3 BIRCH HILL, AGHADOE, KILLARNEY

Three bedroom 93 sq. m./1,000 sq. ft. detached bungalow located in excellent residential area in Aghadoe. Property includes open plan kitchen living dining area, three bedrooms with one en suite and bathroom. Property is within walking distance of Killarney town and all amenities. Ideal first time buyer, investment property.



BER D2

Price Region: €170,000

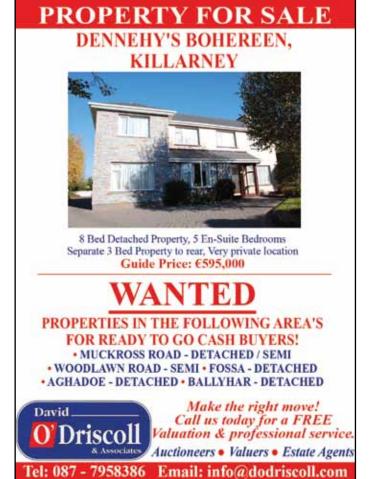
COOLIES, MUCKROSS, KILLARNEY

Family home located at Coolies, Muckross, on large 0.74 acre site with exceptional views from rear of property towards Mangerton Mountain. This two bedroom property which is within minutes drive of Killarney town and National park offers the potential to convert the first floor into three more bedrooms and second bathroom.



BER C3

Price Region: €275,000



Web: www.daft.ie/davidodriscoll



THE GATHERING WELCOMES YOU AGAIN

From fireside seisiúns to heart-pounding céilís, The Gathering Traditional Festival returns to Killarney for its seventeenth year from February 17th to 21st.

Celebrating the craic and culture of Irish traditional music and dance, The Gathering features concerts, céilís, sessions and storytelling as well as set dancing, singing and instrument masterclasses. Headquartered at The Gleneagle Hotel, this five-day festival attracts trad fans from the US, Britain, France, Germany and all over Ireland. Highlights include performances by Danú, Ushers Island, Jackie Daly, Matt Cranitch and Paul DeGrae.

"We have worked really hard to secure some of the top traditional artists for this year's festival," says Festival Chairman John O'Shea. "We expect that it will be our liveliest festival yet, which is a tall task given the success of previous years."



DEIRDRE GRANVILLE, RENOWNED MULTI-INSTRUMENTALIST AND SINGER, FROM DINGLE, LAUNCHES THIS YEARS GATHERING TRADITIONAL FESTIVAL AT THE GLENEAGLE HOTEL KILLARNEY. PHOTO: VALERIE O'SULLIVAN.

Festival passes cost just €50 and include entry to all concerts and céilís. Tickets to individual concerts and céilís are also available and range from €10 to €30. For more information visit www.thegathering.ie

JOKER 3 FUNDRAISER

'Joker 3' weekly draw in aid of Nagle-Rice CC Milltown was held in Larkins last Sunday and jackpot of €6000 was not won. Shane Dinham won €100 with John Joe Harmon and Stephen Clifford winning €25 each.

Down to 32 cards next Sunday January 31st and jackpot increasing to €6200 with draw in Killorglin Golf Club. Thank you for your continued support.

CONCERN OVER DEER POPULATION CONTINUES

At the recent meeting of Killarney Municipal District, Councillor Michael Gleeson asked:

• "Would Kerry County Council make contact with both the National Parks and Wildlife Service (NPWS) and the NRA with a view to having funds made available for the provision of an adequate fence on the N72 left hand side outbound from Ballydowney as far as the Castlerosse stone wall? This fence is desperately needed in order to prevent deer from trespassing onto the carriageway and endangering all road users. The number of near escapes from serious injury or even death is of litany proportions".

Kerry County Council replied that they had meetings with the TII (NRA), the Garda Siochána and the NPWS regarding this section of road. During these discussions it was felt that the provision of fencing from Ballydowney to the Castlerosse would not be of benefit, as deer would still be able to enter on to the public road from other locations, and the fence may prevent deer who had got on to the roadway from getting back into the National Park.

Councillor Gleeson expressed disappointment with the reply. He stated that it must surely be possible to put in place a fencing arrangement that would ensure that deer would not trespass onto the very busy roadway.

MEETING ON HOME SECURITY

Following a number of home break-ins in Muckross the Community Association is holding a public meeting in the Muckross Community Centre at 8pm on Tuesday next (February 2nd). Members of the Gardai will address the meeting on the do's and don't's of home security. The meeting will also address the question of Community Alert and the setting up of a community text alert programme.

CUPID BUSY AT MUCKROSS PARK HOTEL



LOVE IS IN THE AIR... AISLING O'SULLIVAN AND SEAN McCARTHY WITH NIALL TANGNEY, ASSISTANT MANAGER, PICTURED RELAXING IN THE OUTDOOR HOT TUB BESIDE THE BLUE POOL RIVER AT THE AWARD WINNING MUCKROSS PARK HOTEL KILLARNEY FOR THE LAUNCH OF THE HOTEL'S 'VALENTINE'S SPECIAL'. PHOTO: DON MACMONAGLE.

Romance is in the Air at Muckross Part Hotel and Spa as they launch their Valentine's special, the perfect Valentine's Gift.

Why not spoil your loved one with pure luxury this romantic season.

This Valentines retreat includes two Spa treatments; a 50 minute tension releasing Pevonia Massage and a 35 minute Facial, infusing the skin with revitalising ingredients. Post treatment, relax and unwind in the tranquillity lounge with a glass of champagne and some additional Valentine's treats. Take time to avail of all that the Spa at Muckross has to offer; relax in the Vitality Pool, Jacuzzi, or in the Outdoor Hot tub overlooking the Blue Pool River. Also included as part of this Valentine's Special is a Champagne Afternoon Tea, with delectable delights freshly prepared by French Patisserie chef, and served in the newly refurbished Monk's Lounge. This gift encompasses the perfect day out and retails at just €150. Emerge feeling relaxed, refreshed, rejuvenated and pampered.

To really wow that someone special, book today or purchase as a voucher, call

064 662 3456 or

email spa@muckrosspark.com.

The Spa at Muckross are also running a competition this Valentines, one lucky customer will win an overnight stay in the luxurious Presidential Suite and Dinner for two in the award winning Yew Tree Restaurant. Anyone who books the Valentine's Special will be entered into this wonderful giveaway.

COUNCILLORS WELCOME FUNDING FOR LISTRY BRIDGE

Cllr. John Sheehan and Cllr. Brendan Cronin have welcomed the announcement of two allocations of funding for works in 2016 to Listry Bridge on the R563. The sum of €28,830 has been allocated under the Bridge Safety Rehabilitation scheme for repair works to structure and €63,000 has been allocated under the Bridge Safety Improvement scheme for the implementation of a new traffic management plan, new improved signage and associated work to hopefully reduce the number of accidents occurring on the bridge.



If you are in receipt of one of the following payments you may be eligible to recieve insulation services free of charge:

- Fuel Allowance
- Family Income Supplement
- Jobseekers Allowance

(for more than 6 months and have children under 7 years of age)

- Houses must be owner occupied and constructed before 2006

Contact IRD Duhallow Warmer Homes Scheme on 029 60633 www.irdduhallow.com E: duhallow@eircom.net









MUCKROSS ROWING CLUB HOST COFFEE MORNING

Muckross Rowing Club held a successful coffee morning last Sunday to raise funds for the club.

The event got huge support from the Muckross community who were out in force to enjoy the cuppa and home baking and in turn support this fantastic local club.

"The continued generosity towards the club's fundraisers help to make the year round activities of the club possible", club PRO Tim O'Shea told the Killarney Outlook.

The club continues to provide rowing opportunities for boys and girls aged 12+ and adults of all ages, with rowing on the lake weekend mornings and midweek training at the community centre. Members are currently in training for upcoming competition including the Cork Head Of the River in February and the club's own Muckross Head Of the River time trial event in March. The coffee morning also provided an opportunity for locals to see the recently extended Muckross Community Centre. The extension of the centre was completed by the



MUCKROSS RC COMMITTEE MEMBERS AT THE COFFEE MORNING L-R: TIM O'SHEA, MERNIE LENIHAN, MARGARET JOY, MAURICE COFFEY, ROISIN O'DONOGHUE AND EADAOIN MOYNIHAN.

Muckross Community Association with majority funding from South Kerry Development Partnership. Fundraising continues to meet the outstanding costs of the extension with future

fundraiser events planned by the community association.



PICTURED AT MUCKROSS ROWING CLUB COFFEE MORNING L:R: PAT CASEY, TED O'SHEA, SIOBHAN AND Frank Lewis, Cecilia O'Shea, Joan Moore and Pat Maher.



PICTURED KIERAN MURPHY AND CLUB VICE PRESIDENT JERRY MURPHY AT THE MUCKROSS ROWING CLUB

KERRY CAR DRAW WINNER **DRIVES** AWAY IN STYLE

On Friday morning last, Charlie Daly from Knockanish, The Spa Tralee drove away from Aherns Garage Castleisland with his fabulous new Opel Insignia which he won in the Kerry GAA 2015 Car raffle draw.

The key of the Opel Insignia, sponsored by Aherns Garage Castleisland, was presented to Charlie by Paudie Dineen, Assistant Treasurer of Kerry County Committee.



CHARLIE DALY FROM KNOCKANISH, THE SPA TRALEE, WINNER OF THE NEW OPEL INSIGNIA IN THE KERRY GAA 2015 CAR RAFFLE DRAW IS PRESENTED WITH THE KEY TO HIS NEW CAR BY PAUDIE DINEEN, ASSISTANT TREASURER KERRY COUNTY COMMITTEE IN THE PRESENCE OF PAT and Paul Ahern and Barry Ryan of Aherns, Castleisland (Sponsors), Mikey Moriarty and Joe Wallace of the Kerry GAA DRAW COMMITTEE AND LEONA TWISS (CULTURAL OFFICER KERRY COUNTY COMMITTEE

CATHOLIC SCHOOLS WEEK

Next week from Sunday 31st January, throughout Ireland in all Catholic Schools, both Primary and Secondary, Catholic Schools week will be celebrated.

The theme this year is, "Challenged to proclaim God's Mercy". It is linked to the two phrases, "Be merciful as your heavenly Father is merciful", and, "Merciful like the Father" and the Holy Year of Mercy. God fully understands human weakness and need. God's goodness to each of us is sure: he asks us in turn to be good to each other, especially to the poor and any people in great need. That is 'mercy'.



















Caprese Pasta Salad

Serves 1 - (Each serving contains approx 297)

Ingredients

30g whole wheat penne pasta 40g 3% fat natural yogurt juice of ¼ lemon 10g of pesto 40g fresh mozzarella balls 90g cherry tomatoes, halved handful fresh basil



Method

- 1. Add the pasta to a pot of water. Bring to boil and simmer until cooked. Drain and rinse in cold water.
- 2. In a bowl mix the yogurt, lemon juice and pesto.
- 3. Combine the mozzarella, chopped tomatoes, basil and cooked
- 4. Drizzle with dressing.

Tex Mex Chicken and Noodles

This serves two adult portions

Ingredients

- 1 tablespoon rapeseed oil
- 300g chicken breast, sliced into 1cm strips
- 1 teaspoon chili powder (more if you like it spicy!)
- 100g wholewheat noodles
- 3 tablespoon water
- ½ white onion
- 1 yellow pepper, sliced
- 1 red pepper, sliced
- 400g canned chopped tomatoes Topping:
- 30g 3% fat natural yogurt
- 10g chopped coriander



Method

- 1. Place noodles in a pot with water and bring to boil simmer until cooked.
- 2. Place a wok over medium to high heat and add 1 tablespoon oil.
- 3. Add chicken and stir. Then add the chilli powder stirring occasionally until the chicken is cooked through. Transfer to a bowl.
- 4. Add the peppers, onion, and water. Cook, stirring until the vegetables soften.
- Increase the heat and add the tomatoes, and cook for 5 mins. Then add the drained cooked noodles, and chicken.
- 6. Top with a teaspoon natural yogurt and chopped coriander.

Looking good.... Feeling Great!





Kalyana

Centre for Mindfulness

Mindfulness Based Stress Reduction In Milltown and Tralee with Eva Bruha

8-week course to reduce stress and to actively improve your health and life-quality

FREE ORIENTATION FOR ANYONE INTERESTED:

Milltown: Tuesday February 9th 7pm Ashborough Lodge Tralee: Thursday, February 11th 7.30 pm Rock Street

Start course in Milltown February 16th 7pm Start course in Tralee February 18th 7.30 pm

If you feel overwhelmed by life, if your health suffers symptoms caused by stress (work, family, relationships, financial stress, etc.).

If you feel you lost yourself somewhere along the way - you can learn a different approach to life's challenges

If you are willing to commit to attend the weekly classes (2 ½ hrs) and practice most days at home with the CD's provided for about 40 min, then this course will reduce your stress symptoms and can be truly life changing.

Fee: € 350 (can be paid in instalments) Reduced fee upon request.

For more information and to register see www.kalyanacentre.com or contact Rachel at 086-1276551 or e-mail admin@kalyanacentre.com

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Katie Purtill MISCP **Chartered Physiotherapist** Approved by all major Health insurance providers.

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Galvin Physiotherapy



★ DO YOU HAVE ONGOING LOWER BACK PAIN? ★ DO YOU FEEL YOU HAVE A WEAK BACK?

...if this is the case Pilates are an effective treatment and management technique for these and many more conditions.

For further information speak to Katie on: 064 6623100 Men Only Classes Are Available



LIVING YOUR AUTHENTIC LIFE!

What is an authentic life? For me it is about living in alignment with what really matters to me – my values, dreams and aspirations. As a life coach I have found that the number one thing that holds us all back is when we live out of this alignment with who we truly are. This can happen in many ways — by not believing in our potential, greatness and possibility. By listening to the opinions of others to the point that we devalue our own innate wisdom. And also in allowing ourselves to get stuck in negative, happiness limiting patterns. We cannot run from our self nor can we be like anyone else. True freedom and inner peace arises when we begin to tune into the inner broadcast of our soul and begin to follow our own heart and callings.

AUTHENTIC LIVING COACHING TIP

To know who you are and what you want you need to be able to slow down enough to really listen to the inner you. Begin by slowing down your pace during the day and do everything at half the speed but with maximum awareness and attention. Notice what gives you joy, the thoughts that come up and where you resist what you are doing. Make little notes about what you have learned in a notebook and review

Astrid is available for Personal Coaching, Group talks/workshops, Consultations and teaches Chakranetics classes (mindful moving meditations) every week at the Travel Inn, Fossa. Tuesdays at 10.00am. Mondays at 7.30pm!

 $\textbf{066 9766374} \mid \textbf{life_coachingunlimited} @ \textbf{yahoo.ie}$



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Patricia Heffron, MA Affiliate member of the IACP

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- Side Effects of Medications and Treatments

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Contact me with any questions 089 4527050

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call 087-292285 I

to find out how we can help you!

Park Medical & Wellness Centre, (above Daly's Supervalu), Park Rd, Killarney www.killarneymassagetherapycentre.ie



6 - Week Makeup Artistry Courses

Starting in The Brehon Hotel Killarney on Wednesday 10th February from 7-9pm.

This course is an 6-week course that ensures our students build a foundation for entering the makeup industry.

Caroline and team train to the highest of standards and have a wealth of experience to pass on to the students.

Learn the flawless face, smokey eye, contouring, 3D dimension makeup for photoshoots, false lashes the classic lash for brides, evening looks, cakeliners and highlighting, beautiful brows, vintage makeup, blending correctly, bridal looks, daytime look and tools of the trade.

Professional makeup brushes designed by Caroline Bourke retailing set of

Coming soon 1 day hd makeup courses & 1 day airbrushing courses.

Contact Caroline Bourke on 086 1941447 for details on booking makeup course.

Facebook carolinebourke makeup & styling

Looking good.... Feeling Great!

FITNESS EXPERT EDELE DALY GUIDES YOU TO A **FIT AND** HEALTHY **NEW YOU... LETS GET** PREPARED!

STEP 5: PREPARE YOUR WEEKLY **EXERCISE PLAN**

Now that the food is sorted out, lets get to work in Preparing our exercise plan.

- **1.** It is recommended that a normal healthy individual exercise 5x days per week for approx. 40mins.
- 2. Write down your exercise plan into your weekly food planner. Then it is all in one location and is easy to refer to. State the times and types of exercises you are going to do in the week and be realistic it has to be something you will stick to. Don't pick busy days at work and if occasions arise use one of your recovery days to make up.
- **3.** If you are a total beginner start with Low impact exercises such as walking.
- 4. If you are advanced add a variety of high intensity exercises that will get your heart rate up such as jogging, hillwalking, exercise classes etc.
- **5.** Pick exercises you enjoy and that will boost your mood because you will enjoy doing them
- 6. Remember to step it up about every 4-6weeks to continue to see results. This can simply be done by increasing speed, distance, intensity. etc.
- 7. And eventually similar to the food Habits discussed in the previous weeks, these exercise habits will eventually become a weekly routine and something you will look forward to
- 8. If you need help getting started, don't give up, seek out the advice of a trusted exercise professional or motivator that will set you on the right track.
- **9.** If you are a regular exerciser and have hit a wall, but want to see more results, again then speak to someone in the exercise field who knows what they are talking about and can take you to the next level of your exercise regime. Our bodies are built to plateaux and reach balanced equilibrium so you have to keep pushing it up to a higher level if you want to continue to see improvements or specific gains.

STEP 6: ENJOY THE NEW YOU!

MORE TIPS NEXT WEEK... FITNESS WITH EDELE 087-7643449 WWW.FITNESSWITHEDELE.COM



OUTLOOK FASHION CONFIDENCE IS KEY

> Ultimately, dressing for success is all about confidence and the key to confidence is comfort ability. Steer away from anything that will make feel self-conscious uncomfortable. However, a little bit of effort in the style stakes won't go unnoticed!

DIET TIP

CRAVINGS

Resist cravings by postponing indulging to a future day when you're free to eat whatever you want.







YOUR HAIR

It's always best to dye hair that hasn't been washed recently; the hair's natural oils help to protect strands as they process.



THE CANCER REVOLUTION - 2016

Tommy Frank O'Connor

s I write this piece news has broken of the death of David $oldsymbol{\mathcal{H}}$ Bowie after an eighteen-month battle with cancer. What I really liked about the news flash was that he died surrounded by his family. It also happened that he died two days after his final album Blackstar was released on his 69th birthday. So this revolutionary singe, composer and actor whom some regarded as the Picasso of Rock, despite his cancer, had continued to work at what he loved doing right to the end.

Everybody must have heard of this year 2016 being the centenary of the 1916 Easter Rising our Revolution which promised so much. That was then but today another battle is being waged. There is no sound of gunfire; buildings are not being bombed, but news that a family member is diagnosed with cancer drops like a bombshell in the household. Confusion reigns. Questions become tangled in each other:

why didn't we notice the signs earlier? And so on. But soon other realisations dawns: thank heavens we did not leave it any later; treatments are becoming more effective year by year and there are kind support groups and services out there.

One of my Christmas presents was Tony Ward's autobiography — Twelve Feet Tall. As you'd expect most of it covered his sports career, but the sections dealing with his cancer diagnosis and treatment are full of hope. Effective treatments combined with his positive attitude have resulted in his being declared cancer-free.

Here in Kerry we have excellent support services such as Oncology Unit and Palliative Care Unit at Tralee General Hospital, Recovery Haven and the many Hospice groups which have grown in response to needs around the county.



ALL YOU NEED TO PLAN
YOUR WEDDING DAY



WEDDING

GUIDE 2016
If you are planning your wedding...

then look no further than Outlook Magazines Ultimate Wedding Guide.

In our special supplement, wedding service providers from around the county provide you with everything you need to know to guide you successfully through your forthcoming nuptials.

We cover everything from the dress to the honeymoon and introduce to you to some of the amazing hotels that are situated in Kerry and will make your dream day one to remember forever.

Browse through the pages to get some very different hints and ideas along with some fantastic deals and a great wedding invitation discount.





In this age of excess, sometimes it is good to give something back. Instead of following the conventional route for your wedding gift list and favours, why not make a charitable donation instead.

If you would like to do something different on your wedding day there are many charities you can donate to. These include

Make-A-Wish Ireland, the ISPCA, The Marie Keating Foundation, Self Help Africa, Childhood Cancer Foundation, World Vision Ireland or the ISPCC.

All of these very worthy charities would be delighted to accept your donation and all provide wedding favours for each guest. Check their websites for more details.



Wedding Checklist **BRIDE AND GROOM**

- Decide on a date
- Book ceremony & reception
- Prepare a budget
- Decide on number of guests
- Attend wedding events
- Book wedding professionals
- Pre-marriage course
- Ceremony booklets
- Finalise mass booklet with priest
- Decide on readers

- Candles
- Ceremony music
- Wedding rings
- · Gifts for each other
- Dance Lessons
- Gifts for mothers and helpers
- Organise money to be paid on the day
- · Full rehearsal in church
- Outfits for next day







Wedding Consultation Days March 26th & 27th from 12-4pm Contact Our Wedding Coordinator Kelly Ann on T +353 (0) 64 6630700 kellyann.oconnor@thebrehon.com #BrehonBride @ will S f E



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When organising your wedding, it's just as important to plan how you are going to finance it as it is to plan the day itself.

When it comes to financial planning your local credit union is the place to go as they have a number of options available to you. Speaking to Emer O'Connor from Tralee Credit Union

who helps members financially plan their wedding day "a great start for newly engaged couples is to open a credit union account if they don't have one opened already. When opening the account, it's important to speak to your credit union about your needs. The benefits of saving with the credit union for your wedding it that your savings are eligible for a Dividend and free Life Insurance Cover, so you are making your savings work for you. You can set up a Direct Debit, electronically transfer funds and access your account online using our online and mobile banking services. So there is no need to physically call in to the credit union you can lodge and withdraw funds electronically, handy for couples living

If you need to borrow, credit union wedding loans are very popular. In 2015, Tralee Credit Union lent out over €1 million to couples for their wedding. Emer says "Not only are our rates competitive but you'll also find our loans very flexible in our repayment options. You don't have to draw down your loan all at once, you can draw it down in small amounts as and when you need to, so you'll pay less interest. You can use the loan as a "bridging Loan" and repay your loan in the weeks and months after your wedding. This is a significant benefit to a credit union loan in that you can repay your loan early or make lump sum payments anytime without penalty. There are no fees and charges and your loan is also insured with free life cover. So for couples planning their Wedding Day, speak to your local credit union".



THE VERSATILE SHOP THAT REALLY FITS YOU

Since opening its doors in May of 2011, The Zip Yard Tralee has grown to be one of the top garment alterations location in the region. Apart from providing the very important repair and mend service used

by us all,

The Zip Yard Tralee has also concentrated and developed a specialised bespoke service which brings individual designs and styles to life for the one off fashion item.

The Zip Yard Tralee staff are accredited and trained by Julie Cobbe of stylefish.ie to understand body shapes and to advise on how you can maximise to your advantage the best way to present your dress which will compliment your body shape.

As your wedding day is one of the most important days in your life, The Zip Yard Tralee operates on an appointment basis so as to ensure you and your entourage have lots of time, total privacy (no one getting a sneak peek in advance!) and most of all a dedicated and highly experienced seamstress who will be with you from the first day you meet to the day you collect your dress to wear on your big day!

The Zip Yard Tralee wants to ensure that you will:

- · Look your very best
- Feel totally comfortable and confident in your dress

And most importantly...

• "WOW" your husband to be, families and guests as you walk up the aisle! It's your day, we would love to be a small but important part of it!

The Zip Yard, 2 Denny Street, Tralee: 066 7185684 www.thezipyard.ie



Kerry's Wedding **Alterations** Boutique

Look stunning on your **Wedding Day with** The Zip Yard

Your wedding dress is the first dress you wear at the start of your marriage. First impressions last.

Complete wedding service in large private fitting rooms, catering for your full bridal party.

Staffed by fully qualified dressmakers and tailors who have 26 years experience in working with wedding dresses, bridesmaid dresses as well as men's formal wear

2 Denny Street, Tralee 066 7185684

OPENING HOURS Monday - Friday: 8.30am to 6pm

Saturday: 10am - 6pm www.zipyard.ie





DROMHALL HOTEL, KILLARNEY

A Dream Come True For Your Wedding

Can you think of a more perfect place to hold your wedding celebrations than at a historic hotel set in the beautiful surroundings of legendary Killarney? Dromhall Hotel was originally a hunting lodge, used in times past by the aristocracy visiting the lakes and mountains; over fifty years ago, it was purchased by the Randles family and metamorphosed into the supremely elegant venue it is today. The Randles family still run Dromhall Hotel and thus you are sure of not only

gracious surroundings and superb service but also that personal touch which comes from family involvement. It has always been the Randles' family mission to give every single visitor the individual attention that the hosts of a stately home would always offer to their guests, from fine dining to luxurious bedrooms, and always with a warmly smiling welcome.

The stunning Banqueting Suite, now completely renovated, has earned Dromhall Hotel a place in Ireland's top 100

wedding venues, as well as receiving more nominations than any other wedding location by brides of Real Weddings. Here they can offer you a selection of options for your big day, ranging from tailor-made occasions to reflect your individual wishes, to allinclusive packages which take all the worry out of your planning. With fifty years of experience, the Randles family know exactly how to make this most special of occasions perfect. The location is ideal too, of course: easy access, plenty of

parking, and offering wonderful opportunities for memorable wedding pictures, not only outdoors but within the hotel itself (just check out the splendid staircase and imagine yourself standing there with cameras flashing!) And yes, they are fully registered to provide civil ceremonies too. Just talk to the experts at Dromhall Hotel and see just what a wonderful venue they offer to those planning to tie the knot this year. Bernadette Randles, the hotel's General Manager, along with the hotel's Wedding Coordinator, or any of the managers, are always available.









- Church notification
- State notification
- Letters of freedom
- Dispensation from archbishop if required (mixed marriage)
- Copies of birth and baptismal certificates
- Passports
- Book venue
- Confirm numbers
- Choose menu
- Confirm rooms
- Wedding cake
- Deliver cake

- Invitations
- Evening invitations
- RSVPs
- Stamps
- Ceremony booklet
- Directions to ceremony and
- reception venue List of local B&Bs
- Thank you cards

VENUE

- Deliver favours
- Deliver wine
- Table plan
- Deliver luggage and leave a car at hotel
- Pay final bill





SHIRLEY'S UNIQUE

HEADPIECES

Shirley Clifford has been involved in fashion for most of her life. Shirley only recently started to design and create unique headpieces and was selected to go to Dublin last November from Kerry to take part in a select gathering of milliners with Emily O'Donnell where a photo shoot and an interview took place.

The programme will run sometime in March 2016. Shirley likes to have a consultation with every customer where she can

see their outfit for that special day and match the colours and decide on exactly what the customer needs and create that special headpiece.









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Prop: Tina Goodall



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ANTIQUE BRIDAL BOUQUETS

TO KEEP AS A REMINDER OF

HER SPECIAL DAY.

For appointment contact Shirley

08761658







A GOOD START TO 2016 IN BALLYGARRY

2016 has started off as a very busy year for all at Ballygarry House Hotel. The new development which when completed will be home to Tralee's newest casual dining venue - The Brasserie - is taking shape. Due to open in May 2016, it will continue the tradition of offering good quality food in a

tradition of offering good quality food in a warm atmospheric environment at Ballygarry House Hotel & Spa
The good news continued with the announcement that Ballygarry House Hotel & Spa were listed in Trip Advisors Top Ten of best hotels in Ireland. This fantastic achievement is testament to the hard work and

best possible experience whilst staying at Ballygarry House



IESSE - CELEBRATING 16 YEARS IN

Bridal Wear Listowel are Munsters Longest established Bridal Boutique. They are Celebrating 16 years in business this month. That is 16 years of experience that cannot be beaten. Liz & Mags have an ability to choose the perfect dress for any bride to be. They listen to your wishes and work together with you to find your dream dress. Finding your wedding dress should be a memorable experience and that is the service you will receive in Finesse.

They cater for all sizes from size 6 to 26 with a new range in store to suit the "Curvy" figure. Not every girl can fit into a size 10 dress so it is important to stock larger sizes

dress so it is important to stock larger sizes in store also.

Appointments are necessary so if you do intend visiting Finesse be sure to call in advance where you will receive a very warm welcome from Liz & Mags.





NEW 2016 WEDDING OFFERS AT KENMARE BAY HOTEL

wedding day perfect!
As our gift to you, we are offering 10 FREE rooms OR FREE wine with your meal for select dates in Winter 2016 and to make it even better, the choice is all yours! Add to this our Exclusive Discount Booklet packed full of amazing deals and discounts on many local wedding Suppliers, and you have the Perfect Wedding Venue.

parties of 50 to up to 350 guests can enjoy views of the beautiful Kerry mountains. Your wedding banquet will be a mouthwatering affair, with exquisite care devoted to each dish. Your guests can relax in a choice of 126 bedrooms, holiday homes and luxury lodges, together with an on-site leisure centre, giving you all the elements for a perfect wedding.

So what are you waiting for, call Sile today on 064-6679300 or visit www.kenmarebayhotel.com









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ARRIVE IN STYLE ...

Horan's wedding cars offer a high quality wedding car hire service. The family-owned business is managed by a husband and wife team, who have adopted the true professionalism to make your special day a satisfying and wonderful occasion.

Horan's Wedding Cars get great pleasure meeting people and helping with their wedding details and requirements.

The company take pleasure in giving a personal and happy commitment to every wedding day. Their Classic and Vintage cars are our pride and joy and are immaculately maintained and serviced ready for your enjoyment on your special day.

The company which is based in Tralee boast the finest collection of Classic Rolls Royce, Bentley, Daimler Limousines, Vintage and Mercedes cars that are all of the highest standards. Each car is driven by our professional chauffeurs to provide personal service and ensure your special day is perfect.

The wedding cars are of exceptional quality and our service is of the highest standard, making us the perfect choice for you special day.

WEDDING CAR HIRE INCLUDES:

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HORAN'S WEDDING CARS ALSO OFFER:

Red Carpet Hire Church Decorations Champagne Airport collections



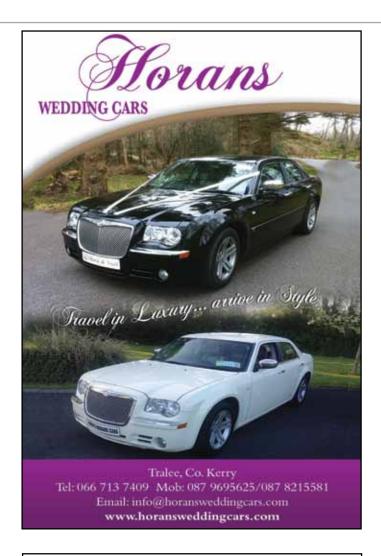
UNIOUE HAS IT ALL

Based in the town centre, Unique Boutique Bridal stock dresses from size 6 to size 19 and all their current designers can custom-make a gown up to size 22. With prices from €800 to €3,900 there is something for everyone. Designers like Franc Sarabia, Kenneth Winston, Manu Ella Rose. The store also stocks headpieces, tiara's, veils and shoes and not forgetting your jewellery, you can also choose your necklaces and earings at Unique Boutique Bridal – it really is the one stop shop.

Unique Boutique Bridal is open Monday – Thursday by appointment

10am to 5.30pm. "Every person that walks into our shop is welcome and treated with dignity, respect and full confidentiality."

Your are one of a kind...and so are we in Unique Boutique Bridal in





MÍCHEÁL O'SULLIVAN PHOTOGRAPHER

Knowing all the best locations is definitely a bonus when it comes to eye-catching wedding photography and that is just one of the many benefits of having Mícheál O'Sullivan Photography capture your big day on camera. After training and working as a photographer in Australia, Mícheál returned home to set up his wedding business 10 years ago. "I specialise in contemporary wedding photography in a spontaneous style," said Mícheál. "I also try to seek out unique and beautiful locations."

Glenflesk based Micheál covers weddings throughout Kerry and Munster Ireland and abroad. With an artistic eye combined with an unobtrusive patient approach, Mícheál also ensures couples relax and enjoy every moment of their special day. Mícheál's creative and exceptional photographic style has won international awards but as well as that, he is able to capture the absolute essence of your day and what it means to you.

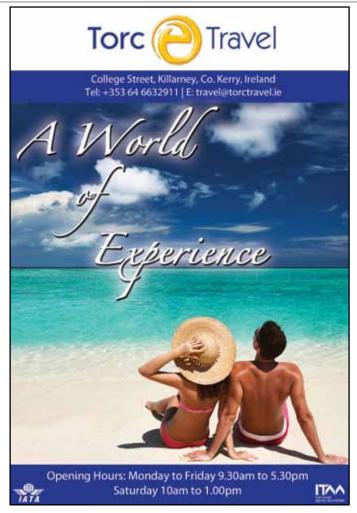
Mícheál holds an Advanced Diploma in Applied and Visual Art, majoring in Photography, and has years of specialised experience as a photographer in both Ireland and Australia. He brings an individual creativity to his work and has an eye for distinctive and beautiful locations for your bridal party photographs.

Micheál shoots a mixture of contemporary portraits and spontaneous natural photos which capture each aspect of the excitement, fun and romance of your day as it unfolds.

The completed wedding album is then an exceptional story of your day.

Contact Mícheál O'Sullivan Photography on 087 6290556 or 064 7750441 or email info@osullivanphotographyirl.com www.osullivanphotographyirl.com







Planning a honeymoon has never been easier. With a collective 143 years experience in the Travel business, the staff at Torc Travel can look after your every need. Established since 1983, the family run business is a member of the Gleneagle Hotel Group.

Torc Travel has a fantastic choice of holidays from Ireland at affordable prices. Our clients have the convenience of booking an "all-in" package in the peace of mind that we are a fully licensed and bonded agency by Commission for Aviation. This gives you protection and peace of mind knowing you, your family and your special trip is safe and secure.

You can book with confidence with Torc Travel.

When Booking with Torc Travel You will save Money! - "We work hard with suppliers worldwide to get the most up to date information and we use the most up to date reservations systems to find the best value", Aine O'Donoghue of Torc Travel told Outlook Magazines. "We offer you convenience, high levels of service and always go that extra mile", she

With world wide destinations Torc Travel offer All Inclusive Sun Holidays, Winter sun breaks, Top European sun destinations such as Spain, Portugal, Bulgaria, Crete, Italy, Canary Islands, Ibiza, Madeira, Majorca, Zakynthos, Cyprus, Bulgaria, Corfu, Sicily and many many more. Hotel deals worldwide, Family Holidays, Special offers, worldwide cruising, short breaks, long stay holidays, Luxury honeymoons, city breaks, Lapland, Ski Holidays, Weddings abroad, Disneyland and Eurodisney, Pilgrimages and Worldwide Flights

Situated in Scotts Street, Torc Travel can be contacted on 064 6632911 E: travel@torctravel.ie









THE MANAGEMENT & STAFF OF TRICEL (KILLARNEY) PAID TRIBUTE TO RICHARD COLLETTE WHO RECENTLY RETIRED FOLLOWING 36 YEARS WITH THE COMPANY, HAVING JOINED IN AUGUST 1979. THEY WISHED RICHARD EVERY HAPPINESS AND GOOD HEALTH FOR THE FUTURE. PICTURED ARE FROM LEFT TOM MURPHY, MIKE STACK, CON STACK, RICHARD COLLETTE AND RICHARD STACK.



THE BRITISH AMBASSADOR DOMINICK CHILCOTT WHO WAS IN ATTENDANCE FOR THE FIRST MEETING OF 2016 FOR KILLARNEY'S CHAMBER OF TOURISM & COMMERCE AT THE KILLARNEY AVENUE HOTEL. BACK ROW L-R CONOR HENNIGAN, DERMOT LEANE, MICHEAL O'DONOGHUE, SENATOR PAUL COUGHLAN, PATRICK O'DONOGHUE, CATRIONA O'CALLAGHAN & PAT DAWSON. SEATED FRONT ROW L-RTERRENCE MULCAHY, BRITISH AMBASSADOR DOMINICK CHILCOTT AND PRESIDENT OF KILLARNEY CHAMBER KATE O'LEARY. PICTURE Marie Carroll-O'Sullivan 087 391 4808



PICTURED WITH KERRY PLAYER JAMES O'DONOGHUE (FRONT CENTRE) AT GALLIVAN MURPHY HOOPER DOLAN INSURANCES ARE THE WINNERS OF THE PRE CHRISTMAS COLOURING COMPETITION. WINNING TWO SIGNED KERRY JERSEYS WERE RYAN WHELAN (FRONT LEFT) & ELIZABETH COFFEY (FRONT RIGHT). BACK ROW L-R TONY WHELAN, SIMON GALLIVAN, KEVIN O'CALLAGHAN, GAVIN O'LEARY, ANGELA COFFEY & DENIS Murphy. Picture Marie Carroll-O'Sullivan 087 391 4808



PICTURED AT THE KILLARNEY OAKS HOTEL FOR THE ANNUAL FRIARY STAFF PARTY WERE BACK ROW L-R SUE MCDONAGH, ANN FAGAN, MARY CASEY, BROTHER SEAN & KES WATSON. FRONT ROW SEATING L-R ABBIE COUNIHAN, EAMON TOLAND, PEARL TANSLEY, ELSA DEEGAN, ANN CUSACK & JANE KEHOE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY AVENUE FOR THE KILLARNEY CHAMBER OF COMMERCE FIRST MEETING OF 2016 WERE L-R EMMA PHILLIPS (REBBOX BRAND CONSULTANTS), MARY HARTNETT-CUSSEN (O'DONOGHUE RING HOTELS), AOIFE HICKEY (LAKE HOTEL) & PATRICE HAYES (AGHADOE HEIGHTS HOTEL). PICTURE Marie Carroll-O'Sullivan 087 391 4808



PICTURED AT THE KILLARNEY OAKS HOTEL FOR THE ANNUAL FRIARY STAFF PARTY WERE BACK ROW L-R JOHN LYNE, FR PATRICK, CATHERINE TOLAND, ANN TOLAND, ANNE MARIE O'LEARY, LEE CURRAN, TOMAS FLEMING & JP CARROLL. FRONT ROW SEATED L-R FR HILARY, FR CHRIS, MARY McCARTHY, KAYE FLEMING & FR PADRAIG. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY AVENUE HOTEL FOR THE FIRST CHAMBER OF COMMERCE & TOURISM MEETING WERE L-R NIALL TOMPSON (MAILBOX ETC), MICHEAL O'DONOGHUE (O'DONOGHUE RING HOTELS) & LISA KERRINS (MAILBOX ETC). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



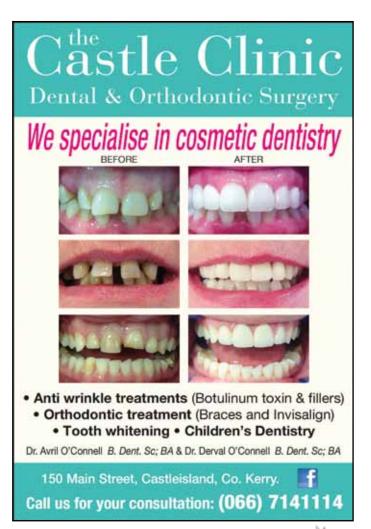
THE BRITISH AMABSSADOR, DOMINICK CHILCOTT PICTURED AT THE KILLARNEY AVENUE HOTEL FOR THE FIRST MEETING OF 2016 WITH KILLARNEY'S CHAMBER OF COMMERCE & TOURISM L-R SIOBHAN KISSANE, DOMINICK CHILCOTT, SENATOR PAUL COUGHLAN & ANNE MARIE O'SHEA. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



Opening hours: Monday to Friday 8am -8pm | Weekends 8am - 7pm Contact Us on 064-6623980 or email: fiona.collins@thebrehon.com







The economic recovery is influencing CAO applicants' course choices (By Billy Ryle)

For the past few weeks, career advice is being aimed at college applicants from all angles. Social media, television, radio and print media (mea culpa!) are providing a stockpile of information about the CAO application process. "Pick a profession rather than a passion," is one expert opinion. "Let your heart not the job be your yardstick," is another definitive recommendation. The recent Higher

Education Authority (HEA) report, "A Study of Progression in Irish Higher Education" shows that 16% of full-time undergraduate new entrants in 2012 - about 6000 students - didn't progress to second year. First year drop-out rates are alarmingly high and the HEA report corroborates my view that colleges should provide more general entry courses with options to specialise later on when students can make more informed decisions.

CAO applicants base their choices on a number of considerations. Some applicants construct their course choices on their favourite school subjects. Others apply for courses, which suit their interests and personalities. A surprisingly large number of students prefer to attend a particular college than to do a particular course. Many applicants, despite their tender years and the pressures of Leaving Cert year, objectively analysis their personal career profiles, based on such variables as ability, achievement, application, aptitude, ambition, interest and personality (5AIP). While career profiling isn't an exact science, it's a huge contributory factor in appropriate course selection.

However they decide on what to apply for, the jobs market is never far from CAO applicants' minds. It's also evident that applicants are focussing on courses which offer good job prospects in the current buoyant economy. Because of the cyclical nature and vulnerability of the economy, change is the only constant. When 2016 CAO applicants graduate onto the jobs market the skills and qualifications needed in the economy may have totally changed. Nevertheless, the courses that regained popularity last year, due to a growing confidence in the economy, are very much in demand this year.

Opportunities in the Public Sector are once again opening up. Courses in nursing, teaching, social science, criminology and psychology, which are seen as passports to secure jobs, are attracting a lot of attention from applicants.

Applicants are opting in a major way for science and computer courses, which they see as employment friendly. The Government is promoting STEM (Science, Technology, Engineering and Mathematics) courses as essential for the expanding "smart economy." Science is riding the crest of a popularity wave with attractive jobs available in specialist sub-disciplines like biotechnology, biochemistry, microbiology, forensics and pharmacology. Computing courses will retain their popularity as there is huge demand for people with computer science skills. Courses in health sciences, as always, will generally require well in access of 500 points while courses in agri-food science will retain huge appeal.

The green chutes of economic recovery revived interest in "build environment" courses last year. Courses connected to the building industry will be very popular this year. Courses in civil and structural engineering, architecture, quantity surveying, valuation surveying, property management and auctioneering are back in fashion.

The humanities and business courses always appeal to a large number of applicants. In total, arts courses account for about 25% of all honours degree applications. The liberal arts and business courses will again be very popular in 2016 with the latter discipline offering opportunities in financial services, accounting, corporate law and business information services. Degree courses in law, tourism, hospitality and manufacturing declined in popularity during the recession. With the economic outlook much brighter, courses in these areas are attracting a lot of attention.

With so much emphasis in the jobs market on skilled and well-qualified personnel, CAO applicants are aware that their chances of employment are considerably increased by obtaining a competitive qualification. CAO applicants are engaging in serious course research at present but their focus is firmly fixed on the jobs market and the economic recovery. Nevertheless, as you ponder your choices keep in mind that you won't arrive on the jobs market for four or five years, so "caveat emptor" (buyer beware)!

In the next article, I'll explore the Post Leaving Certificate (PLC) route to employment and higher education.

Billy Ryle is a Career Guidance Counsellor and freelance writer



Know Your Rights:

REFUSAL TO PROSECUTE

OUESTION

A friend of mine was very seriously assaulted but has been told that the person who was arrested will not be prosecuted. Can she find out the reason for this?

ANSWER

Yes she can. Since 16 November 2015, if the Office of the Director of Public Prosecutions (DPP) decides not to prosecute, the victim can ask the DPP for a summary of the reasons for the decision not to prosecute. In a fatal case a family member of the victim can ask. If the decision not to prosecute was made by the Gardaí, you must ask the Gardaí for a summary of the reasons for the decision.

To request a summary of the reasons for the decision by the DPP not to prosecute you must send a Request for a Summary of Reasons form to the:

Communications and Victims Liaison Unit, Office of the Director of Public Prosecutions, Infirmary Road, Dublin 7

The form is available on **dppireland.ie** or from your local Garda station. You must send your request for reasons within 28 days of the date you are told of the decision not to prosecute. In some cases the DPP might extend this time limit.

If you are not satisfied, you can request a review of a decision. The review will be carried out by a lawyer who was not involved in making the original decision. If you have already requested a summary of the reasons for the decision, you must make your request for a review within 28 days of the date on the letter telling you of the reasons. If you have not asked for the reasons for the decision, you must make your request for a review within 56 days (8 weeks) of the date you are told of the decision not to prosecute. To request a review of the DPP's decision, you should write to the Communications and Victims Liaison Unit.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation ie and from the Citizens Information Phone Service, 0761 07 4000.



PANCAKE MORNING LAUNCHED

Pictured at the Killarney Avenue Hotel for the launch of the annual Soroptimists Pancake and Coffee morning WHICH WILL TAKE PLACE ON TUESDAY 9TH FEBRUARY BETWEEN 10.30am-12.30pm at the hotel. Back Row L-R Mary HARTNETT, DENIS McCarthy (General Manager) & Neil O'DONOGHUE (DEPUTY MANAGER). FRONT ROW L-R TERESA IRWIN (SOROPTIMISTS), HOTEL CHEF MARTIN DIDENKA, EILEEN FOLEY (SOROPTIMISTS) & MAURA HORAN (SOROPTIMISTS). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE KILLARNEY OAKS HOTEL FOR THE ANNUAL FRIARY STAFF PARTY WERE BACK ROW L-R BRENDA FITZGERALD, MARGUERITE HERLIHY, MARY DENNEHY, FR PADRAIG, RUTH NOLAN, ANNE MARIE O'LEARY & NANCY HEGARTY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



THE FRIARY FOLK GROUP, PICTURED AT THE KILLARNEY OAKS HOTEL FOR THEIR ANNUAL STAFF PARTY WERE BACK ROW L-R DEIRDRE O'SULLIVAN, DEREK O'LEARY, JAMES BROSNAN, MICHAEL THANNER, PAUL O'SULLIVAN, LOUISE JEAVONS & ELAINE BURKE. FRONT ROW SEATED L-R EVA BROSNAN, SUSAN REILLY, KATRIN PIETZONKA, AILEEN GRIFFIN, SR ANTONIA & ORLAITH MONKS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



Pictured at the Muckross Park Hotel & Spa Wedding Showcase Event on Friday night were from left, Emer and Ray Moynihan, theire daughter Treacy and fiancee Ross Livingstone. PHOTO DON MACMONAGIE



PICTURED AT THE MUCKROSS PARK HOTEL & SPA WEDDING SHOWCASE EVENT ON FRIDAY NIGHT WERE FROM LEFT, MICHAEL NAGLE, RATHMORE AND EMILY KELLEHER, MUCKROSS. PHOTO DON MACMONAGLE



KILLARNEY GP DR FIONA GALLAGHER HELPS ANTOINETTE O'LEARY LEARN THE SKILLS OF CPR DURING A DEMONSTRATION BY OPERATION RESUSCUSITATION IN KILLARNEY AT THE WEEKEND. PHOTO DON MACMONAGLE



Joseph Scanlan, Bláthnaid O'Connell, Callum Cox, Siún Morrissey, Aodhagán Ó Súilleabháin, Jennifer Rae and Rían Weldon. CLASSMATES FROM NAÍONÁIN MHÓRA, GAELSCOIL FAITHLEANN, CELEBRATING THEIR 6TH BIRTHDAYS TOGETHER AT BUDDIES.

MESMERISING ONE MAN SHOW FOR BALLYVOURNEY

For the first time in thirteen years Diarmuid de Faoite brings his multi award winning, epic panorama on the life and times of writer Pádraic Ó Conaire to the stage. Described by the Irish Times as a "mesmerising one man show," and by Foinse as "an energetic, explosive, powerful and imaginative play," 'Pádraic Ó Conaire' is peopled with over thirty characters, including theatrical genius Mícheál mac Liammóir, poet Austin Clarke, short story writer Liam Ó Flaherty and revolutionaries Michael Collins and Éamonn de Valera, all of whom offer hilarious and sometimes tragic accounts of their escapades with Ó Conaire though the rebellion, the troubled birth of the Irish Free State and beyond.

'Pádraic Ó Conaire' was a one-man cultural revolution, father of the modern Irish short story, a committed socialist and an inveterate sponger. Rather than adhere to the Celtic heroic twilight of the day, he refused to shy away from societal issues, bringing Irish language writing kicking and screaming into the twentieth century. Similarly, de Faoite's show is a warts and all account of the man, his family, the times he lived in and his tragic demise.

De Faoite's physicality, presence, mastery of accent and seemingly chameleon-like ability to change sex and character while weaving an epic tale holds both Irish and English speakers alike enraptured. An English synopsis of passages in Irish is provided though it is hardly needed as the play moves from Irish to English and back seemingly as effortlessly as de Faoite



PÁDRAIC Ó CONAIRE

moves from one foot to the other.

Born in 2001 in 'Pádraic's Bar' on the docks in Galway, 'Pádraic Ó Conaire' has grown into an epic play performed by one of Ireland's best kept secrets.

Pádraic Ó Conaire' is directed by Paul Brennan. Running time is two hours, including an interval. The play has toured over thirty venues nationally and will tour Ireland throughout

'Pádraic Ó Conaire' - the Resurrection! will take place on Friday 5th February 2016 at 8:30 at Ionad Cultúrtha, Baile Mhúirne, Co Chorcaí. For more information: eolas@ionadculturtha.ie / www.ionadculturtha.ie/026 45733

KERRY CCE NEWS

A large group of delegates attended last Friday nights Cruinniú Coiste Chontae of CCE in the Meadowlands Hotel Tralee. A good and productive meeting took place with items including Munster finals of Ceol an Geimhridh, Sult na Nog County Finals, an update on the Culture Building, as well as a final report from Fleadh Chiarrai 2015. The committee who worked so hard in Cahersiveen were widely congratulated and thanked for their hard work and commitment during the two years. Reports on both this year's Fleadh Cheoil Chiarra 'in Traleeand Fleadh na Mumhan Listowel were reported on and great progress are been made in both events. Some of the entertainment in Tralee will include Trad Bands, No Strings Attached and Seven Glens both young and vibrant Trad Bands as well as Uí Bhriain and Johnny Reidy Ceilí Band playing for Ceili. Congratulations to Karen Trench Ballydonoghue/Lisselton CCE who was appointed Kerry CCE County Assistant Secretary on the night. Karen will be taking over the Secretary position at this year County AGM from Tadhq Creedon who will be stepping down from his position as per the 5 year rule. We wish Karen all the best in her new position. Sult na Nog is taking place on 27th/28th February. Closing date for all entries to County Secretary for Sult na Nog Thursday 18th February. No entries accepted after this date. Please contact your local Secretary to get information about your entry ASAP. A very Informative and helpful meeting was held in the Devon Inn Hotel Templeglantine between officers and heads of Fleadh na Mumhan Listowel 2016 and members of Nenagh Fleadh na Mumhan 2015. Nenagh brought their help and ideas on the running of last year's Fleadh na Mumhan and informed the members of Listowel. After running such a successful and entertaining Fleadh in 2015 they had a lot to offer to Listowel which was very much appreciated. Those who qualified for this year's Comhairle Na Mumhan Ceol an Geimhridh 2016 are putting in some last minute practice and we wish them all the best. The finals will take place on Sunday 14th February at the Hazelwood College Dromcollogher, Co Limerick.

RTÉ 1 Series on Fleadh Cheoil na hEireann 2015 continue every Friday at 8.30pm. This is a series of six television programmes presented by John Creedon and Aoibhinn Ní Shuilleabháin.

We would also like e to offer our sincere sympathy to Eoin O'Cara Killarney and his family on the sudden death of his brother Colm O'Carra. RIP. Don't forget to get all the update information on all things Traditional in Kerry and beyond by logging into our website at www.kerrycomhaltas.ie

RHEUMATOLOGY AT KERRY GENERAL HOSPITAL

Michael Healy-Rae, TD, has said that there is an urgent need for a clinical nurse specialist in Rheumatology in Kerry General Hospital, the situation at present is totally unacceptable, the hospital advertised for this post and interviewed internally in August 2015 but were unable to find a suitable candidate at that time.

In November 2015 the need for a suitable candidate was referred to the National Recruitment Service and they are at present trying to seek a suitable candidate, the matter was highlighted by Kerry TD Michael HealyRae who said "The present situation totally unacceptable, I am demanding that the post filled in hospital everyone knows this is an urgent Michael Healy-Rae TD. matter".



GAA FUNDRAISER

Kerry GAA Gala Fundraising Dinner in Dublin this Friday night is a big night for Kerry folk in the capital when the inaugural Kerry GAA Gala Fundraising Black Tie Dinner will be held at the Hilton Doubletree Hotel, (Burlington) Dublin on the eve of the League game between the two All Ireland finalists.

Many of the stars of the legendary Kerry-Dublin

clashes over the decades have been lined up to attend and all funds raised on the night will be invested in the development of training and coaching facilities at the Kerry Centre of Excellence Project.





APPOINTMENTS & NOTICES



is now enrolling for the following part time evening courses in Tralee and Killarney

SPECIAL NEEDS ASSISTANT OOI LEVEL 5 & 6

Commencing Tuesday 23rd February

HEALTHCARE SUPPORT MAJOR AWARD QQI LEVEL 5 Commencing February

EARLY CHILDCARE AND EDUCATION WITH MONTESSORI QQI LEVEL 6 Commencing March

For more information contact Janet Lucas Phone: 066 -7134020 / 01-4884300 Email: jlucas@progressivecollege.com Website: www.progressivecollege.com



INTERMEDIATE SCHOOL, KILLORGLIN SAMPLE DAY

ON SATURDAY 6TH FEBRUARY FROM 9.30a.m TO 2.30p.m. ALL WELCOME

Phone: 066 9761246 Fax: 066 9761954 Email: iskadmins@eircom.net







Deadline: Monday 3pm Email: editorial@outlookmags.com





SPA ALL IRELAND QUIZ FINALISTS 2016.

EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

EASTKERRY UNDER 21 CHAMPIONSHIP - DIVISION 2 FINAL:

RATHMORE 3-8 GNEEVEGUILLA 1-5

The East Kerry Under 21 Championship of 2015 was wrapped up last Sunday when Rathmore took on Gneeveguilla at home in the Division 2 Final, sponsored by Acorn Holistics and Sports Centre Killarney. Conditions were difficult which made scoring very hard. Rathmore played with the strong wind, in the first half and notched up 4 points without reply in the opening twenty minutes, three converted frees by John O'Keeffe, and a great long distance point from play by Brian Moynihan. A great intercept by Gneeveguilla's Kevin Coughlan ended what looked like a Rathmore goal scoring opportunity and Padraig O'Sullivan put the visitors on the scoreboard with a pointed free on the twenty fourth minute. However, the Rathmore response was immediate, after a fast move upfield, Rathmore captain TJ Friel netted the ball for a goal. Rathmore added two points from play, (Donal Moynihan, Donnchadh Mc Carthy) and a well taken 45m free, by Donal Moynihan, in injury time before Gneevequilla's Padraig O'Sullivan pointed a free. Half time score: Rathmore 1-7 Gneeveguilla 0-2.

Gneeveguilla made a number of changes at the break and were first on the scoreboard in the second half, with a point by Shane O'Sullivan on the thirty third minute. However, it was Rathmore that next found the target, putting the game beyond doubt with two goals in a five minute period. The first of these two goals by TJ Friel provided by Brian Moynihan brought nine minutes into the half, 2-7 to 0-3. Gneeveguilla pressed forward immediately but the wind carried the ball wide. As the third quarter drew to a close Rathmore captain Connor Jenkins won the kick out and in a fast move, Donnachadh McCarthy worked the ball forward and scored his sides third goal. Rathmore led, 3-7 to 0-3 going into the last guarter. Gneeveguilla, to their credit never gave up and scored two points in the next three minutes, a Cornelius Buckley pointed free and

Padraig O'Sullivan point from play. Shane O' Sullivan dropped the ball into the square which led to a penalty for the visitors, ably converted by Eamonn Herlihy – 3-7 to 1-5 with ten minutes of normal time remaining. However, it was Rathmore who scored, a lovely long distance point from play, by Donnachadh McCarthy. Final score: Rathmore 3-8 Gneeveguilla 1-5.

East Kerry Board Chairman Tim Ryan and Sponsor, Margaret Doyle of Acorn Holistics and Sports Centre Killarney, presented the Pa Doyle Cup to Rathmore captain TJ Friel.

KERRY EAST BOARD ANNUAL

CONVENTION: The Annual Convention of the East Kerry Board was held in the Killarney Heights Hotel last Thursday Mass for deceased members was celebrated by Fr Paddy O' Donoghue, prior to the meeting. Since a number of Officers had fulfilled their 5 year terms there were four new Officers elected. These were: Treasurer, Pat O'Brien, St Pats Hurling replacing Pat Delaney, St Pats Hurling; Pat Delaney, Assistant Treasurer, St Pats replacing Pa Doyle, Legion; Scór Officer Amy Reidy, Cordal replacing Mary Philpott, Currow; Hurling Officer Garry O'Halloran, Kilcummin. A special thanks was extended to the outgoing officers who gave such great and dedicated service for their 5 year term.

BEST WISHES SCÓR NA NÓG ALL IRELAND FINALS: Best wishes to Spa Set dancers and Quiz team in the All Ireland Scór na nÓg Finals in the INEC on Sunday.

KILCUMMIN CLG AGM: Kilcummin AGM was held on Sunday evening. Eugene McSweeney takes over as Chairman from Willie Fleming who after three years of a demanding yet successful role now assumes the position of children's officer. Secretary's position yet to be filled. Michael O'Riordan remains on as PRO. Martin Horgan is ratified as senior Manager while tributes were paid to Seanie O'Leary who was in charge for the last three years

REFEREES COURSE: An in service course for East Kerry referees is being help in Fossa CLG on the 2nd February, starting at 7.30pm.

BEAUFORT GAA NOTES

LOTTO: Results of Sunday 24th January for a Jackpot of €2,600. Numbers drawn were 6, 9, 12, 17. No jackpot winner.

EXERCISE CLASSES: Early Spring Programme continues as follows, new members welcome at all classes:

Monday mornings 10am - 10.55am Pilates with Jonathan, 11am - 11.55am Over 50s Pilates/Exercise Class with Jonathan.

Monday evenings 7pm - 7.55pm and 8pm-8.55pm Pilates with Tony.

Thursday morning 9.30am - 10.30am Core Strength with Tony.

Saturday morning 9.45am - 10.45am Girls 11-14 years Exercise Class with Amy.

Classes €7 per class. Any 5 for €30. Discount for over 50s and Girls Class.

FIXTURES: Beaufort U21s due to play Milltown/Castlemaine in Milltown on Sunday next 31st January at 2pm in Milltown. Extra time if required.

County Minor League 2016 will begin on Saturday, 20th February.

County Ladies Senior League 2016 begin on Sunday, 21st February.

County Mens Senior League (Division 2) will begin on Sunday, 20th March.

CLUB GEAR: Available is for all players, members and supporters from Mary Cronin or Nora Hallissey. This includes jerseys, shorts, socks, half zip tops, polo shirts and a special offer on hoodies at present.

A NATIONAL CLUB DRAW: Is being organised by the GAA in Croke Park to assist clubs with expenses. Beaufort are participating in same. Tickets are available from any committee member. Great prizes include a car, holidays, All Ireland packages. Tickets are €10 each.

SPA CLUB NOTES

SPA V JOHN MITCHELS 24/01/16 **DIVISION 2 REPLAY PROMOTION**

There was heartbreak in Brosna for the Spa senior team who went down by the narrowest of margins to John Mitchels in the County League promotion play off. In what was an entertaining and lively opening half, Spa started the brighter of the teams and Dara Moynihan opened the scoring with a well taken point before Michael Foley doubled their advantage with another point after great work from Shane Cronin. Evan Cronin made the score 0-03 to no score after 7 minutes when he slotted over for a well taken score. John Mitchels awoke from their slumber to open their account with a point after 9 minutes to which they quickly added another within 30 seconds. Alan O'Donoghue then drew the Mitchels level after 14 minutes when he cut through the defence and with goal on his mind, blazed a shot that went narrowly over the bar. Michael O'Donoghue then added two points in quick succession for Spa, the first from a free, the second after a great interception



Deadline: Monday 3pm **Email:** editorial@outlookmags.com

from Eric O'Donoghue in defence, the ball was quickly fed into O'Donoghue in the forward line who took a superb score. Mitchels then reeled off two points in quick succession. including one from the lively James Duggan to leave the score tied at 0-05 apiece after 21 minutes. Spa took a firm grip on proceedings from here on out and with Dara Moynihan and Alfie Giles hoovering up the breaking ball in the middle third, scored 5 unanswered points with three from Michael O'Donoghue and one each from Evan Cronin after a surging run up the field from David Spillane and a great fisted effort from Shane Cronin to leave the score at half time reading Spa 0-10 0-05.

John Mitchels started the second half in a much more earnest fashion and after first scoring a point, they got the goal which proved crucial at the final whistle. Corner back Cian Sheridan ran the length of the field to be at the end of a move which saw him finish to the net to leave the minimum between the sides at 0-10 to 1-06. A few minutes later they almost added a second goal when a rasping shot from Alan O' Donoghue seemed destined for the top corner until James Devane got a hand to the ball to make a superb save. Mitchels then drew level with a point from Sean Moloney before Michael O'Donoghue again edged Spa into a one point lead with another point. Mitchels then added two points in a row, the second from corner forward Niall Sheehy giving them the lead for the first time in the game with just over 10 minutes remaining. Michael O'Donoghue drew the game level yet again with another point with just two minutes remaining. We seemed destined for extra time until Alan O'Donoghue popped up one minute into injury time to get the winning score for John Mitchels. The full time whistle sounded shortly afterwards to the despair of Spa hearts leaving the full time score Spa 0-13 1-11 John Mitchels. While we may be in division two again for the coming year, we lost nothing in defeat and the future looks bright as it was a display full of heart, commitment and no little skill and one which wets the appetite for the year ahead.

TEAM AND SCORERS: James Devane, Dara Moynihan, Michael Finnegan, Eric O'Donoghue, Mike McCarthy, Dan O'Donoghue, Shane Cronin 0-01, Matt Moynihan, Andrew Garnett, Alfie Giles, Evan Cronin 0-02, Mike Foley 0-02, Craig Hickey, Michael O'Donoghue 0-08 (0-05f), David Spillane.

SCOR NA NOG ALL IRELAND: Best of luck to our Set dancers and Quiz team, and their coaches in the All Ireland. Spa are the only club in Kerry to represent Munster on Saturday January 30th in the INEC Killarney. The Quiz are up first at 11am and the rest of the programme will begin at 2pm. Tickets are limited so come early to support our young competitors. A huge achievement for the Club to get this far.

ST BRENDAN'S COLLEGE, KILLARNEY 1-14 TO 0-4 POBALSCOIL CORCA **DHUIBHNE:** Well done as they defeated the All Ireland holders in Lewis Road, 20th January. They meet Flannans of Ennis on February 6th. Spa Players: David Carroll, Dara Moynihan, Evan Cronin and David Spillane.

LOTTO: Numbers drawn 13, 22, 23, 25. No winner lucky dips Mary Mangan, Coolcorcoran, Ann McCarthy, 18 Friary Downs, Betty, Mary Cronins shop, John Lenihan, Kilcummin.

Draw next week Arbutus, jackpot €14,800.

SYMPATHY: Is with the family of Joan O' Sullivan Darcy who passed away this weekend. May she rest in peace.

MILLTOWN CASTLEMAINE **GAA NOTES**

MID KERRY MINOR CHAMPIONS 2015:

After a marathon campaign, our minor team had a fantastic win over Laune Rangers on a wet and windy day last Sunday in Beaufort GAA Grounds. Well done to our chairman Podge Leane and to Damian, Jim, John, Pat and the entire panel of players. You all played your part in this momentous victory.

Congratulations to David Roche, who was the team captain and who also received the Man of the Match Trophy- sponsored by Trophy World-

A special míle buíochas to Beaufort GAA Club for the use of their facilities and of course to the referee Cathal Ó Dúbha and his officials.

Finally to Laune Rangers who put in a gallant performance, particularly against a strong breeze in the second half.

RECONVENED AGM: Will be held in the GAA Clubrooms on this Friday January 29th at 7.30 p.m. Please come along to our AGM - Our club has achieved much over the last year both on and off the field. Without the involvement of the community, our club will not be able to provide the supports and facilities that are necessary for all the young boys and girls - in our ever expanding community. We need some more volunteerism within the club - perhaps you are the person to join us and help Milltown Castlemaine GAA Club develop to its full

Looking forward to seeing you there! **U21 COUNTY CHAMPIONSHIP:**

- 1. Keel/Listry play Glenbeigh/Glencar/Cromane in Keel at 2 P.M. on Sunday January 31st.
- 2. The first semi final between Milltown Castlemaine and Beaufort goes ahead also next Sunday January 31st in Milltown Castlemaine GAA Grounds at 2 p.m.

(Extra time in both games if necessary)

YOUTH COACHING: The Kerry County Coaching group are holding an Award Level Youth Coaching course for Mid Kerry Clubs/ Coaches which commenced on Tuesday January 26th at 7pm in Milltown/Castlemaine GAA Clubrooms. This course will run on Tuesdays at 7- for approximately 4-5 weeks.

The content of this course will be aimed at people who are currently involved and prospective coaches who may be interested in coaching, in future years, at U14/16/Minor levels. This course will undoubtedly enhance all future coaching sessions for our up and coming footballers. Please contact Martin Horgan or any of our club executive to book your place on the course.

CÚL CAMPS: Save the date!

Cúl Camps will take place in our club from July 11th to July 15th. This is always a wonderful week of fun and activities for all who attend. Further details in the coming weeks.

LOTTO: Next Lotto draw for €5,800 is on Friday January 29th in The Plough Bar, Milltown.

Special thanks to our sponsors Mike O'Shea and sons - Builders - Farran and also to our many loyal supporters and ticket sellers.

Jackpot is building nicely so head out and purchase that lucky ticket!

CAO: VISIT CAO.IE: Don't forget to register! After February 1st, the on line fee will increase to €50. So register before then for the reduced

FUN FOOTBALL: Fun Football continues in the new community hall on Monday nights.

During these sessions, children will be learning Fundamental movement patterns that are needed for them to lead active lives in their teenage and adult years. A startling report recently released by the WHO remarked about the level of inactivity among children in Ireland, how sedentary children are becoming and how Ireland's children are going to be the most obese in Europe by 2030. Drop out from sport is huge in the teenage years due to being "bad" at sport. If children realise that they are really good at some sports or at a particular aspect of a sport then they can go ahead and pursue that - be it Basketball, Athletics, Martial Arts, Gymnastics, swimming... The list is endless and it is important to remember that all sports will complement each other. Gum shields are necessary and €2 per child to help cover the cost of the hall rental. Further details available from the mentors or on our Face-Book Page.

FIRIES/BALLYHAR COISTE **NA NOG**

AGM: Our AGM took place on Monday, 11th January in Pairc Eamon, Farranfore. Our coaches and mentors were all in attendance to review our ever-growing and vibrant Coiste na nÒg. A special presentation was made to our outgoing secretaries, through retirement. Lil and Frank O'Mahony have served a phenomenal 27 years. Firies Club chairperson, Bridie Breen and Coiste na nÒg chairperson, Eugene Cosgrave presented Lil and Frank with a token of appreciation for the fantastic and diligent service over the years to the Firies/ Ballvhar GAA club.

Eugene Cosgrave thanked the coaches, mentors and volunteers for their tireless dedication to the club over the last twelve months. Through their enthusiasm, our U-12, U-13, U-14 and U-15 represented themselves very positively in their respective competitions

Deadline: Monday 3pm Email: editorial@outlookmags.com



displaying great skill and dedication to both the club and the game.

Our U-16 squad proved very successful during the year, remaining unbeaten and dominated both the county and East Kerry League and Championship. This was further highlighted by the presence of Firies/Ballyhar players who won a U-16 County Championship with the East Kerry U-16 district board side.

Our effervescent academy (U-6, U-8 and U-10) has seen a dramatic increase in numbers this year, harnessing and developing the key skills of gaelic football though unique delivery modes. Great effort has been focused on gamesmanship and teamwork; qualities will make our players great club ambassador's now and in the future, a testament to our incredible coaches and mentors.

REGISTRATION FOR GAA COISTE NA NOG BOYS:

U-12 (born 2004 and 2005)

U-14 (born 2003 and 2002) and

U-16 (born 2001 and 2000) players will take place between 7:00pm to 8:00pm on Friday, February 5th and Friday, 12th February.

Completed Registration forms are compulsory and payment of membership fees must be made on the night. Membership involves written consent and contact information by both the player and their parents/guardians. It is obligatory that membership must be completed prior to training/playing. Please note that a parent/guardian must be in attendance on the night. We look forward to seeing you all ahead of our busy season.

CLUB FUNDRAISER: The GAA is running a national draw which is being used as a Club Fundraiser for our new proposed facility in Firies village, essential for future development. Further details are available at www.gaa.ie, which boasts an impressive array of prizes. Please support if you can! Finally, with the new season fast approaching, we are always looking for volunteers. If you have some spare time and would like to assist, be it coaching, administrative or something to develop our club, please contact Eugene Cosgrave at 086-2950021.

LEGION GAA NOTES

THE SEM MARCH ON: St Brendan's College put an emphatic end to Pobalscoil Chorca Dhuibhne's stranglehold in Munster with a classy performance in the Corn Uí Mhuirí quarter final last Wednesday in Killarney. Played in Dr Crokes' pitch in gloomy conditions, the reigning All-Ireland champions were hoping for a victory which would bring them a step closer to an unprecedented fifth Munster title in a row. The Sem, however, started well and never looked back, romping home 1-14 to 0-4 winners

CONGRATULATIONS: To Legion men Cian Gammell (corner back) and Peter McCarthy (wing forward) who contributed ably to what was an impressive all-round display, and also

to Finbarr Murphy and Mike Pierce who were amongst the substitutes.

Next up for St Brendan's is a semi-final against St Flannan's of Clare on February 6th. St Francis College (Rochestown) play HS Clonmel in the other semi. Best of luck to Cian, Peter, Finbarr, Mike and the whole panel as they prepare for their next outing.

SENIORS BACK IN ACTION: The seniors are officially back in training this week under the guidance of new bainisteoir Kieran Cronin and his backroom team. The group reconvened last weekend and with the East Kerry League just around the corner, everyone involved is looking forward to getting back into the swing of things.

Meanwhile fixtures for Division 1 of the County League have been released and Legion open their campaign with a home game against Dingle on the weekend of March 20th. Over the course of what promises to be an unusually busy June and July in terms of league action, upwards of six games will be played including a visit to our neighbours in Lewis Road on June 11/12th. Kenmare are our opponents on the final day of the league season in a game scheduled to take place in September.

THE FIXTURES IN FULL (SOME GAMES MAY BE PLAYED ON SATURDAY):

20/3: Dingle (h), 27/3: Kerins O'Rahillys (a) 10/4: Kilcummin (a), 5/6: Austin Stacks (h)

12/6: Dr Crokes (a),

19/6: Castleisland Desmonds (h)

2/7: John Mitchels (a)

17/7: Milltown/Castlemaine (a)

24/7: Templenoe (h)

14/8: Glenbeigh/Glencar (a)

4/9 or 25/9: Kenmare (h)

DR CROKES CLUB NOTES

PROGRESSIVE 31: Progressive 31 will continue every Wednesday night. Time 7.45pm. Everyone welcome. Bring €5 and a partner. Results from Wednesday January 20th 1st Mary Leacy/ Michael Fitzgerald, 2nd Mike Dwyer/ Tim O'Meara [play off winners from Denis Geaney/ Paddy O'Donoghue] Spot Prizes - Maura Fitzerald + Christine Carroll and John Keogh + Donie Whitty O'Sullivan Raffle: Mike Dwyer, Maura Fitzgerald and Paul Sheehan.

SCÓR NA PÁISTE: Calling all Primary school children interested in taking part in Scór na Páiste competitions, instrumental music, ballad group, set and figure dancing, solo singing, quiz and novelty act. Please contact Teresa 086-3487671.

SPEEDY RECOVERY: We wish Eleanor Joyce a speedy recovery who recently had surgery. **LOTTO:** Lotto numbers 1, 3, 8, 10. Jackpot €6300 not won match 3 6 by €70. Next draw Sunday 31st of January in Jack C's. Jackpot €6600.

AGM 2016: Our AGM took place on Tuesday last, 19th January 2016. Proceedings got underway shortly after 7:30pm to a large

attendance of members. Secretary, Matt O'Neill then read the AGM 2015 Minutes which were accepted. In his report, Matt recalled the successful year that was 2015. All three senior football teams brought home silverware. Our senior hurlers represented Kerry in the Munster Championships. Our ladies structure continues to grow and win silverware. The underage goes from strength to strength to ensure that we have a treadmill of talent flowing through to our senior panels. Scór gets more vibrant with each year and finds more outlets to display the Club's talents in music, song and dance. We continue to improve our amenities and the seating in our stand and painting of our Clubhouse presents a tremendous first impact for visitors. We continue to find new avenues for Club activity and this year we had Strictly Come Dancing, Tops of the Town and Fr Paddy's card night. We also remembered our members who died during the year, especially our late Patron, Murt O'Shea. Matt finished by thanking all Officers for their support and assistance during his time in the role. In his address, Chairperson Denis Coleman, raised the importance of remembering the members of our club who played their own part in Irish History as we celebrate the centenary of the 1916 Rising. Also, this year, Dr. Crokes GAA Club celebrates 130 year of promoting Gaelic games and culture in the Killarney area and beyond. He acknowledge the great year we've had and paid special tribute to those who gave their time and energy, both on and off the field. He noted some personal highlights including the Scór groups, the U14 Footballers winning the County Féile, the senior hurlers trip to Limerick representing Dr. Crokes and Kerry in the Munster Club Hurling Championship and Fr. Paddy's cards night in the clubhouse which has gone from strength to strength. He finished with a challenge for the members, simply to make a positive contribution to the club in the coming year, to play their part, no matter the **ELECTION OF OFFICERS:** Following the

passing of Murt O'Shea RIP, Donie Sheahan was elected Club Patron. The following is the list of officers elected for 2016; President: John Moynihan; Vice-Presidents: Dan Kelliher, Patrick O'Sullivan, Fr. Tom Looney, Niall Keogh, Eddie O'Sullivan, Liam Murphy, Paddy O'Shea, Fr. Paddy O'Donoghue, Jackie Looney, Fergus Moroney and P.J. O'Brien; Chairperson: Denis Coleman; Vice-Chairperson: Tommy Brosnan; Secretary: Paul Downey; Assistant Secretary: Gerard Sugrue; Treasurers: Ed Stack; Finance Officer: Frank Shaw; PRO: Aoife Cronin; Development Officer: Der Brosnan: Registrar: Frances O'Sullivan; Cultural Officer: Teresa Hickey; Children's Officer (appointed): Colm Ó Súilleabháin; I.T. Officer Michael O'Keeffe; Co. Board Delegates: John Keogh & Niall Keogh; EK Board Delegates: Donie O'Leary & P.J. O'Brien

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GLENFLESK COMMUNITY GAMES

1. Entry Deadline for Events. If interested in participating in the following Community Games events, please contact Helena on 087-2468396 before 1st February 2016.

INDIVIDUAL EVENTS: Cycling - Under 12, over

10. Cycling - Under 14, over 12.

Duathlon - Under 15, over 13.

Gymnastics - Under 9, over 7.

Gymnastics - Under 11, over 9.

Gymnastics - Under 13, over 11.

Gymnastics - Under 15, over 13. Judo - Under 16. Model Making - Under 10,12,14,16.

Swimming - Under 8,10,12,14,16.

MIXED TEAM EVENTS: Chess - Under 13, over 8. Chess - Under 16. Gaelic Football - Under 10, over 7. Tag Rugby - Under 11, over 8.

Tag Rugby - Under 14, over 11.

BOYS TEAM EVENTS: Futsal - Under 13, over 10. Futsal - Under 15, over 12. Hurling - Under 11, over 8. Soccer Outdoor - Under 12, over 8. Spikeball - Under 14, over 11. Swimming - Under 8,10,12,14,16.

GIRLS TEAM EVENTS: Futsal - Under 13, over 10. Futsal - Under 15, over 12.

Gaelic Football - Under 14, over 11.

Spikeball - Under 14, over 11. Swimming - Under 8,10,12,14,16.

2. Art / Handwriting / Quiz Competitions.

The Art / Handwriting / Quiz competitions will take place on Saturday 6th February 2016 at St. Agatha's Hall as follows:

10.30am - Handwriting U10 & U12.

11.00am - Art U8, U10, U12, U14 and U16.

1.00pm - Quiz - U14.

3. Project Deadline. This is a team event for U11, U13 and U16. Each team can consist of a maximum of 4 and a minimum of 2, all boys / all girls or mixed. All project entries have to be submitted to Helena Buckley by 14th March. Project titles are:

U11 - The cause of obesity in young people is due to the difference in prices of healthy and unhealthy food.

U13 - Ireland - an Island of Inclusion

U16 - What does it mean to be Irish and how has this changed over the last century?

Further details are available on our Facebook page. Please note that competitors for all competitions must be resident in the parish of Glenflesk.

4. Lotto Draw. We are running a 'bonus ball' lotto draw for 26 weeks beginning on Saturday 5th March 2016 and ending on Saturday 27th August 2016. €50 entry (less than €2 per week). If your number is the bonus ball number drawn in the Saturday night National Lottery draw you win €40. If you are interested in supporting this please text your name and number or phone Leonard Moran on 087-2310793. Thanks to all who supported our previous draw. Your support is greatly appreciated.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 22/01/2016, numbers drawn were 1, 3, 17 and

22. SCOTISH NATIONAL CHAMIPONSHIPS:

Held last weekend in Glasgow, Mel O'Callaghan took part. Mel's times in the 60m and 200m were impressive. Mel is looking for a good year performance wise in 2016.

KERRY SCHOOLS CROSS COUNTRY: Held in The Demense Killarney on Wednesday 20th, Donal Daly, Katie Buckley, Michael McSweeney, Jack Walsh & Anna Clifford all ran very well.

INTER CLUB CROSS COUNTRY RELAYS: All roads lead to Caherciveen on Sunday 31st for the county senior, Junior & Juvenile cross country Relay Championships. We have teams in all age categories.

RATHMORE GNEEVEGUILLA COMMUNITY GAMES NOTES

RATHMORE GNEEVEGUILLA COMMUNITY GAMES: A big thank you to all the children and parents that turned up for our Song and Music event in Rathmore Wednesday night ... a big thank you to Margaret Dennehy who judged the event and Joanne Hughes for all her support. Good luck to all the children who qualified to take part in the county finals in Abbeydorney on February 21st.

U10 INDOOR SOCCER TRIALS: U10 Boys Indoor soccer trials continue this Saturday 30th at 2.45pm in Rathmore Gym.

U10 GIRLS INDOOR SOCCER: Have their first trial also on Saturday, straight after the boys at 3.45pm in Rathmore Gym. €2 per child for each trial

ART AND HANDWRITING EVENT: Wednesday 3rd February from 4-5.30pm in Teach losagin, U8/U10/U12/U14/U16 age group welcome, children may enter both competitions. Entry fee: €2 per child. Paper will be supplied, please bring your own art materials.

Any child interested in participating in the 'Project' event, please contact one of our officers, Aeneas on 087 6577167, Cynthia on 086 0818606 or Ann on 087 2226007.

Follow us on facebook for more information Rathmore/Gneeveguilla Community Games.

KILLARNEY RFC NEWS

SENIOR XV: Our seniors continued their Munster Junior League campaign, last Sunday with a short road trip to Ballymalis to take on Killorglin. This Kerry Derby would be a first for both teams - a first derby at Killorglin's new home ground in Listry. Conditions were favourable for a game of rugby and the home team worked well to deliver a try early on. Full back Paudie Sheahan kept us in the match with penalties. A second try was scored in the second half, allowing the home side win this local derby on a scoreline of 12 points to 9. Paudie Sheahan scored all of our points from the boot. Next up for the lads is a home fixture against Division 2 side Abbeyfeale in the Bank of Ireland Munster Junior Plate. Kick off is at 2pm. Let's get out and support the lads this Sunday, in the very important match.

U14'S: The U14's are back to winning ways following a trip to North Kerry to take on Listowel Rfc last Saturday. A fantastic game of rugby ensued, with the visitors winning on a score of 17-7. Tries came from Liam Randles, Mark Sheehan and Craig McKenzie Vass with a conversion from Cian Murphy. Listowel were physically the bigger team but the work rate from the Killarney boys was evident. Backs and forwards gelled and the defence was exceptional. Every player including the subs played positive, tough rugby on a wet heavy pitch. Thanks to Listowel Rfc for hosting us. Next Saturday, Killarney host Abbeyfeale at home in Aghadoe, at 11am.

MINIS: Our minis are due to host our round of the West Munster Blitz in the next few weeks. Very unfavourable weather over the past two months has meant that the pitches in Aghadoe remain waterlogged. We have been using the Astroturf pitch at Fossa as well as the gym at St. Brendans for the past few months, however we are chomping at the bit to get to train and play on grass, as soon as possible. Thanks to Fossa Astroturf and St. Brendan's College for their huge support to date. We will update all parents as to the plan for the next few weeks once confirmed. Any questions, contact Mini Co-Ordinator Liam Murphy on 087-4145662.

KILLARNEY VALLEY AC

Registration for Killarney Valley AC for 2016 is now closed.

Turnout was high for the first of the walk/run/jog evenings on Monday – we continue again this Monday from the Sem Gym at 7pm – over 16s only, bring a high viz vest and €2 and sign in – nobody to go with? No worries there are plenty of people here to keep you company and nobody gets left behind!

There has been great attendance at the indoor training nights. We are always looking for people to help to train our young athletes and now more than ever as our numbers have grown. Our volunteer coaches give up a lot of free time to coach the athletes but there is no such thing as too much help – if you are interested in being a volunteer coach then please contact the club on 0872499566.

For upcoming fixtures please see http://www.munsterathletics.com/fixtures/fixtures.htm and http://www.athleticsireland.ie/juvenile/fixtures/ or check our facebook page www.facebook.com/KillarneyValleyAC

If you haven't yet got your club singlet please contact Brid on 0872650720 to arrange to purchase one - singlets are €25 each. Killarney Valley AC now have club hats for sale at €10 each. Our new Half Zip Club Jackets are now in – contact Brid if you would like to buy one.

If you have any news you would like to include in the notes please text Maighread on 0868588988 and please like our Facebook Page www.facebook.com/KillarneyValleyAC to get our news and updates.





HUGH RUDDEN, WORKMENS ROWING CLUB, SECURING BRONZE IN 2000M RACE AT THE IRISH INDOOR ROWING CHAMPIONSHIPS 2016, IN THE UNIVERSITY OF LIMERICK.

KERRY ATHLETICS

It certainly was an action packed weekend of athletics with events taking place all over the country. On Saturday Ger Cremin (An Riocht) was in action at the National Combined Events in Athlone where he finished in first place in all five events to top the podium with a very impressive 2574 points. In the National Junior and U23 Indoors on Sunday Rachel Bowler (Tralee Harriers) was in action in the Junior Women long jump where she finished in 4th place overall.

Sunday also saw the Munster Juvenile Indoor Relays take place in the Nenagh Indoor Arena. There were several nice medal wins for Lios Tuathail AC. First up were the U10 girls of Saoirse Dillon, Marie Tritschler, Emma Neylon and Orla McElligott who finished in silver medal position. The U13 girls' team finished in third place thanks to fine running from Muireann McElligott, Katie Dunworth, Megan Lynch and Eabha Moloney. Also picking up bronze medals were the U11 boys team of Mike Galvin, Oisin O'Regan, Bobby O'Riordan and Padraig Enright. In total contrast the GloHealth Intermediate. Masters, Juvenile B and Inter County Relay Cross Country Championships took place at Dundalk IT. It was a great event for An Riocht ladies with Niamh O'Sullivan retaining her M50 title ahead of Sharon Cahill in 5th place and Liz Heaslip 19th in the large field of runners. Maiellla Diskin had an excellent run in the M60 section where she finished second. The four girls combined to win the club team section for An Riocht and the County bronze for Kerry. Tim O'Connor was in great racing form taking a brilliant silver medal in M35 category. In the juvenile races Patrick Galvin (Star of the Laune) finished in 4th place in the U13 boys race.

Staying with cross country, the Kerry Schools Cross Country Championships were held at The Demesne, Killarney on Wednesday 20th January, where 320 secondary school athletes from Kerry and West Limerick took part. In the girls events, Eimear O'Sullivan (Presentation Tralee - Minor), Rhona Randles (Pobalscoil Inbhear Sceine Kenmare - Junior), Shona

O'Brien (Presentation Milltown – Intermediate) and Fiona Kavanagh (Mercy Mounthawk -Senior) were clear winners. In the Minor Boys Mohammad Raheem of Tralee CBS was a clear winner. Fergal O'Brien of Tralee CBS was first home in the Junior Boys with Cillian Kerins of Presentation Milltown taking the Intermediate Boys title. In the Senior Boys 5K, Cillian Tierney of Mercy Mounthawk was impressive, improving on his second place position in this event last year. The Morkam Shield for Best Girls School was won by Presentation Killarney and the Shield for Best Boys School won by Tralee CBS.

KILLARNEY BADMINTON **CLUB**

Well done to division 3 mixed team who won there first match 5 - 2. A huge congratulations to Elaina Galvin who won the division 5 Kerry singles title, the first of many. Congratulations to Sorcha McCloskey who was runner up in division 5 plate. Well done to juvenile members who took part in intercounty teams last Sunday, Jessica Galvin, Elaina Galvin, u17, Fiona Galvin, Niall O'Brien u15, Adele O'Brien u 13, Molly O'Donoghue and Pia Hickey u11, they all did their club proud. The juveniles singles Kerry championship is being held on the 6th February, give your names to Suzanne please. Good luck to all playing in junior and senior 1 Munster badminton on Sunday next in killarney leisure centre. The Kerry masters are being held in Killarney on 5th February, give names to club. Division 2+4 singles are being held in Killarney next weekend please give names to Jennifer if you are taking part.

Have a good week of badminton.

WORKMENS ROWING CLUB IRISH INDOOR ROWING CHAMPIONSHIPS:

The Irish Indoor Rowing Championships took place at the UL Arena last Saturday January 23rd 2016. As predicted, our seventeen athletes who competed returned to Killarney with new personal best records and a tally of six medals.

We are immensely proud of our competitors young and 'not so young'. New to the Indoor Rowing Champs were Ellen Farndon, Ross McCarthy and Amber Pomeranz, each one of whom put in fantastic performances. The immensity of the occasion did not put them off at all. Congratulations to Ellen Farndon J13, who came away with a medal in each hand, a silver for her 4 minute piece and bronze in the 500m sprint.

Our super J16 girls rowed their hearts out in very tough competitions, the 2000m and

the 500m sprint, with Annie O'Donoghue coming in only 2 seconds outside the gold in the 500m. Congratulation Annie on your well - earned silver and well done to your clubmates Ciara Brown and Ciara Moynihan on your amazing erg times in these races. Best wishes to Leona Brown who unfortunately could not compete on the day, and we hope you get well soon. Staying with our ladies, we enjoyed super races from Lauren McCarthy and Siobhán Burns, who never fail to give their all. They were up against stellar competition in both 2000m and 500m sprints and weren't a bit fazed by the talent surrounding them, making all of us watching so proud to be cheering on their every stroke. Indeed, Siobhán Burns was only 2 seconds outside the medals in her 500m sprint. Another lady who added to the medal tally is Pauline O'Brien, who slashed 8 seconds off her personal best while finishing second in the 2000m, and after a long 5 hour wait, came only one second behind gold in the 500m sprint, bagging for herself another, very satisfying, silver medal. The Workmen 'Men' did not want to be outdone by the ladies and we congratulate them all, Seán Farndon and Ross McCarthy J15, Ruadhán MacCurtáin and Jacub Kunicki J16, Mikey O'Donoghue, Tom O'Leary, Dylan Bartlett and Kamil Kunicki J18, who between them rowed in huge races with up to 130 competitors, showing just how to slash personal bests and sweat buckets!! Well done boys... you may have been just outside the medals but you did yourselves and Workmens Rowing Club proud. Last, but by no means least, our very modest Hugh Rudden, who before a blistering 500m sprint, took on the Mens' 2000m Lightweight Irish Record holder, coming in only seconds behind him and pocketing a bronze medal for his efforts, while cutting five seconds off his own personal best. Congratulations Hugh on a fantastic achievement. Many thanks to Coaches Mikey Joe Burns, Hannah O'Donoghue and Anthony McCarthy, and to all mentors, family and friends

TRAINING: Training continues as per your coaches' texts. The clean-up continues at the clubhouse, and many thanks to all who have swept, scrubbed and washed the lake out of the clubhouse in recent weeks.

who accompanied our rowers on the day.

SYMPATHY: Our sympathy is extended to the relatives of Dermot Coffey R.I.P. late of Killarney, his wife Imelda and his children Mary, Catherine, Dan and John who rowed with Workmen in the

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past. Ar dheis De go raibh a anam.

UPCOMING EVENTS: For a full list of upcoming rowing events, please visit www.rowingireland.ie

STRICTLY TIMMY!: Only days left to get your tickets to support Timmy Moynihan on stage in the INEC on February 5th. All proceeds to Irish Cancer Society. Ticket €20 at 'Who's For Shoes' &' Variety Sounds'. We're all looking forward to cheering for you Timmy!!

MUCKROSS ROWING CLUB

SYMPATHY: The club extends it sympathies to the Fleming and Jones families on the death of Mary Gretta Fleming, late of Killorglin. The club also extends its sympathies to the Spillane and Kenny families on the death of Rita Spillane, late of Templenoe. Ar dheis De go raibh a anamacha uasal.

COFFEE MORNING: On Sunday morning last the club held a coffee morning fundraiser which saw a packed Muckross Community Centre enjoy some outstanding home baking courtesy of the parents of junior members and adult members of the club. Sincere thanks to all in attendance for your support and congratulations to all our raffle prize winners. The proceeds raised on the morning will support vital maintenance and upkeep of the club's facilities and equipment. Many thanks to all our star bakers for the fantastic spread, rumours are already circulating of a Great Muckross Bake Off! Finally, a special word of thanks to all our prize sponsors for their generosity, namely Muckross Park Hotel and Spa, O'Sullivan Cycles, Muckross House Garden Restaurant and Hegartys Spar.

EVENTS: On Saturday next, the club will compete in the annual Cork Head Of the River at the Marina in Cork. Coaches will advise members competing of all event details. St. Michael's Head Of the River is due to take place on Saturday 20th February. The rescheduled Muckross Head Of the River has also been confirmed for Saturday 5th March.

TRAINING: Training continues for all members midweek at the Muckross Community Centre and weekends from the lake shore, weather permitting. Enquiries to 087 448 2935.

KILLARNEY COUGARS BASKETBALL CLUB

SENIOR NEWS: MENS DIV 1:

KILLARNEY COUGARS 57 IMPERIALS 61

Cougars hosted Tralee Imperials at the Pres Gym on Monday and the good attendance and the visitors had to come from 7pts down in the closing minutes to take the points in a very close contest. The Tralee side led in the early stages and were ahead 16 - 10 at the end of the opening qtr with Gary Fernane shooting some big scores. Cougars were much improved in the second qtr to reduce Imperials lead to leave the half time score 30-27 with Niall O'Brien and Jourdan Devoll shooting well. Cougars pushed



ELLEN FARNDON, WORKMENS ROWING CLUB, J13, WHO WON SILVER AND BRONZE MEDALS FOR HER TWO RACES IN THE IRISH INDOOR ROWING CHAMPIONSHIPS 2016, IN UNIVERSITY OF LIMERICK LAST WEEKEND.

ahead in the third qtr thanks to the three point shooting of Darren Gaffey to see Cougars ahead 45 - 44. Cougars started the final quarter well to increase the lead but the Tralee side had a big final qtr with Ryan Leonard having a big say as he got his side moving as Cougars tired under a lot of pressure from the younger Imperials side to edge ahead and they held on once a head in the closing minutes with Cougars being well held on the boards.

WOMENS DIV 1

ST MARYS B 54 KILLARNEY COUGARS 40

Cougars travelled understrength to Castleisland on Sunday evening and paid the price as St Marys produced a good home performance to inflict a first defeat of the season on an the League leaders at the Community Center.

Cougars with only two players available from the side that beat St Marys A last week made a bright opening with Marian O'Callaghan opening the scoring with a three pointer as Cougars finished 14-9 ahead at the end of the opening qtr. St Marys put the pressure on in the second qtr to turn the game around to lead 26-20 with Noreen Ferris and Brid O'Connor doing the damage with some well worked scores.

Cougars with limited options battled hard but gradually drifted out of the game despite some good baskets by Mags Cronin and Emer O'Neill. St Marys led 42-31 entering the final quarter with good scores by Tracey O'Sullivan and Roisin Casey giving them a commanding lead and they maintained the lead despite a great effort from the Cougars who tried hard to the finish.

JUVENILE NEWS: U14 BOYS DIV 1: KILLARNEY COUGARS 41 ST ANNES 35

The Cougars produced a strong first half performance to secure the points in this east Kerry derby game before a good attendance at the Pres Gym. Cougars led form start to finish and with the excellent Sean O'Brien in top form led 15-7 as he contributed 10 points to give Cougars a deserved lead. Cougars remained on top in a more even second qtr to stay ahead 25-14 at half time thanks to good baskets by Mark McGlynn and Ruairi Murphy. The Cougars increased the lead to 34-20 by the

end of the third qtr but the visitors stayed in the game to reduce the arrears in the final qtr as Cougars made changes from the bench as St Anne's came back with the hard working Dylan O'Callaghan and Dara Brosnan contributing 7 pts each. Cougars responded in the closing stages with the impressive Sean O'Brien again hitting some great scores to give Cougars a deserved win in a very entertaining game.

U16 GIRLS DIV 1

KILLARNEY COUGARS 57

TRALEE IMPERIALS 33: The Cougars U16 girls produce another strong team performance to take the points to move Cougars top of Division 1 in this important game at the Pres Gym.

The recently crowned cup champions were in confident mood and in control throughout this game leading form start to finish. The impressive Kate Maher contributed 13 first half points to set Cougars on their way and with Megan O'Donnell dominant on the boards Cougars pushed ahead thanks to a strong defensive first half performance to lead by 10 points by half time. Despite some great baskets by the excellent Rachel Ryan who hit 6 three pointers for Tralee they were not able to stay with Cougars through the second half with all Cougars opened up on offence with ten players on target to complete a comprehensive winning margin by the finish despite a determined effort by Tralee.

FIXTURES: Monday February 1st

Mens Div I Cup Q/f Cougars v Kcyms in Pres Gym 7 pm.

Tuesday February 2nd

Womens Div II Killarney Cougars v Gneeveguilla Pres Gym 8 pm.

Friday 29th January

Academy Boys Cougars v Bobcats Parish Hall 6

Cougars Juvenile Academy Parish Hall. On Friday evenings girls 5 pm, boys 6 pm.

CONDOLENCES: The Club extends it deepest sympathies to our Treasurer William Fleming & family on the recent passing of his father John Fleming. Further details on training schedules, fixtures and results log onto the website

www.killarneycougars.com or facebook.

KERRY SCHOOLBOY/GIRL **SOCCER**

UnEven Age Action on January 23rd:

JK SPORTS 12 DIVISION 2:

Iveragh United 7-0 Camp Juniors.

DALY'S SUPERVALU 13 PREMIER:

Killarney Celtic 2-0 Listowel Celtic. Killorglin A 1-1 Camp Juniors. Park 5-1 Inter Kenmare.

13 DIVISION 1:

Killarney Athletic 0-5 Mastergeeha. Killarney Celtic B 5-1 Killorgin B. Park B 5-2 Ballyhar.

13 DIVISION 2:

Dingle Bay Rovers 7-0 MEK. Tralee Dynamos B 2-1 Fenit.

KILLARNEY PLAZA 15 PREMIER:

Killarney Celtic 4-1 Park A. Killorglin A 2-2 Inter Kenmare.

15 DIVISION 1:

Castleisland 2-1 Iveragh United. Killarney Athletic 0-2 Killarney Celtic B. Ballyhar 2-2 Mastergeeha.

15 DIVISION 2:

Fenit 4-4 Park B.

Ballyheigue 0-0 St Bernards.

TRALEE TROPHY WORLD 16 DIVISION 1:

Park B 4-4 Camp Juniors.

FOUNDATION SPORTS **GIRLS PREMIER:**

Mastergeeha 4-2 Iveragh United.

SUNDAY GAMES:

FAI WOMEN'S 14'S NATIONAL CUP 1/4 FINAL

Listowel Celtic 0-6 AK United.

INTER LEAGUES:

12's Kerry 1-3 Limerick District.

16's Kerry 1-2 Waterford.

REPORTS: IVERAGH UNITED CONTINUE UNBEATEN RUN IN 12'S:

Iveragh United made it 5 wins from 5 in the JK Sports 12 Premier as they continue to lead the way. Their latest win was over Camp Juniors thanks to goals from Ronan Teehan, Kian O'Shea, Oisin Breen, Fionan Keating and Breece O'Sullivan.

KILLARNEY CELTIC MOVE TO TOP OF

13 PREMIER: Killarney Celtic have moved into the lead in the Daly's Supervalu 13 Premier after a 2-0 win over Listowel Celtic. William Shine and Daniel Okute got the goals for the Killarney Hoops who move onto 13 points.

Camp Juniors started the day level with Celtic at the top but had to settle for a point after a 1 all draw Killorglin. Maurice O'Connell continued his long scoring run to put Camp Juniors ahead but Dylan Moriarty equalised almost immediately after the kick off.

The Park's 5-1 win over Inter Kenmare puts them right back into contention and they are now on 9 points. Oisin Fox put Inter ahead but Graham Sheehy equalised shortly afterwards to leave it 1 all at the break. 5 minutes into the second half Leon Daly put the Park ahead and this was followed quickly by a Darragh Caplis goal to open the gap to 2. Cianan Cooney

scored twice after coming off the bench to wrap up the win.

PARK REMAINS TOP IN DIVISION 1: A

5-2 home win over Ballyhar at Christy Leahy Park means the Tralee side continue to lead the 13's Division 1. Peter Cosgrave got both goals for Ballyhar.

It got even better for the Park when their nearest challengers Killorglin B were beaten by Killarney Celtic B. Rory Dorrian, Joshua Livingston, Aaron Moloney and Simon Coffey with 2 were the goal scorers.

Mastergeeha took advantage of Killorglin's slip up to win 5-0 away at Killarney Athletic and the Kilbrean side's 10 points sees them move into second place. Cian Foley with 3, Sean O'Leary and Barry Lenihan were on the mark for Mastergeeha.

THINGS TIGHTEN UP IN DIVISION 2:

With leaders Iveragh United, on 13 points, not playing both Tralee Dynamos B and Dingle Bay Rovers had the chance to close the gap and that's what both did.

Tralee Dynamos B were 2-1 home winners over Fenit courtesy of goals from Philip Evans and Danny Burke with Niall Cassidy replying for Fenit. The Tralee side are into second on 12 points. Dingle Bay Rovers move onto 10 points after they defeated MEK. Sean Leahy, Mark Manning, Tomas O'Se and Ruairi O'Shea got the goals for the West Kerry side.

BIG WIN FOR KILLARNEY CELTIC IN 15

PREMIER: Killarney Celtic have joined The Park at the top of the Killarney Plaza 15 Premier after they defeated the Tralee side 4-1 at Celtic Park. Goals from Ryan Kelliher, Patrick Darcy, Peter O'Sullivan and an og set up what will be a great battle for this title. Sean McGrath replied for The Park.

Killorglin are into third place following a 2-2 draw at home to Inter Kenmare but in reality both sides needed a win. Roan Moriarty and Gabriel Griffin scored for Killorglin with Bocki Nikic getting both the Inter goals.

LEADERS BEATEN IN 15'S DIVISION 1:

Killarney Athletic suffered their first loss of the season as they went down 2-0 to Killarney Celtic B in Woodlawn. However they remain top of the table on 12 points. For Killarney Celtic B this was a very good result with James Darmody and Tom McGuire from the penalty spot getting the goals. The two sides that could have moved ahead of Killarney Athletic met in Murt Scott Park. However this was a close as expected with Ballyhar and Mastergeeha drawing 2 all, a result that sees both of them move onto 10 points. Jason Brennan and Patrick O'Connor were on the mark for the home side with Niall O'Connor and Paul O'Shea scoring for Mastergeeha.

HONOURS EVEN BEATEN TOP 2 IN **DIVISION 2:** Leaders St Bernard's travelled to

Ballyheigue who are only a point behind them as both sides looked for a win that could be vital in the race for the title. However both sides cancelled each other out and it ended 0-0.

Fenit and the Park B are both level on 7 points and were involved in an 8 goal cracker with the points shared following a 4-4 draw. Fergal O'Brien 2, Cian Donnellan and Abib Hassain scored for Fenit while TJ Mahon 2, Cillian Ryan

and Joe Hannafin ensured that the game ended level.

4-4 DRAW IN 16 DIVISION 1: There was one game in the Tralee Trophy World 16 Division 1 and amazingly the Park were involved in another 4-4 draw. This time it was against Camp Juniors in a cracker. The Park B went into a 3-1 lead and looked set for all three points but Camp Juniors stormed back to take a 4-3 lead. However a late penalty from John Ward levelled matters. Ward had earlier scored and the Park's other 2 goals came from David

FAI WOMEN'S U14'S CUP 1/4 FINAL:

Listowel Celtic's run in the FAI Women's u14's Cup came to an end at the ¼ stage as they went down to a very strong AK United side.

INTER LEAGUE: The Kerry u12's weren't able to follow up on their win against Clare as they went down 3-1 to Limerick District, who are now top of the table on 6 points from their 2 games. Adam Owens got the goal for Kerry. Their next game is home to North Tipperary on February 14th.

The Kerry u16's just failed to take a point from their clash against Waterford. They were 2-0 down before Michael O'Gara pulled a goal back. Kerry are away to South Tipperary in their next game in mid February.

KILLARNEY CELTIC NOTES

CELTIC **PARK** TO **HOST** INTERNATIONAL: Celtic Park has been announced as the host venue for the U18 Centenary Shield Match between Ireland and Scotland on Thursday, April 14th. This is a great honour for the club and testament to the standard of our facilities and the hard work done by wonderful volunteers on previous occasions.

CONDOLENCES: Condolences to the friend and family of Joan O'Sullivan Darcy on her recent passing. Ar dheis De go raibh a anam dilis.

TABLE QUIZ AND AWARDS NIGHT: A

huge thank you to everyone for the massive support at our Awards Night and Table Quiz fundraiser for our U14s National Cup trip to Donegal, it was a huge success.

KILLARNEY CELTIC AWARDS 2015: Club

Person of the Year - Packie O'Connor. Needless to say, this was easily the simplest decision the club have had to make all year.

Special Contribution - Angie Kissane's massive contribution to Child Safety and Player Welfare within the club was deservedly honoured.

Senior A Player of the Year, the Aidan Cronin Memorial Trophy, was presented by Aidan's mother Mary to Gary Keane.

Senior B Player of the Year (The Alex Schroeber Memorial Trophy) went to his close friend and talented team-mate Vladimir Sirotiak.

Youth Player of the Year (The Jimmy Falvey Memorial Trophy) was presented by Jimmy's mother Marie to Feargal O'Donoghue. U17 Player of the Year Award went to Conor

McCarthy.

KILLARNEY SOCCER

KERRY U17 SQUAD: Congratulations to Robert Osbourne and Thando Dube on making the Kerry U17 Squad.

CLUB SHOP: Our range of Celtic gear has been updated and is now available from the club shop on Saturdays from 12 noon to 2.00pm. Contact Mary Lyne 086-6485809 or Mags O'Neill on 087 6451913 for enquiries.

40TH ANNIVERSARY

COMMEMORATIONS: Our Club has a big birthday when it turns 40 this year. To help mark the occasion and to preserve our history for future Killarney Celtic generations, we will shortly be compiling a Digital Archive of club photos, news reports, memorabilia etc. That will require current and past members to rummage out whatever you might have in display cases, old biscuit tins and photo albums. We'll be publishing more details here and via the press on the project and how you can get us your materials (and get them safely back).

RESULTS:

Denny Premier B:

Camp United 3 Killarney Celtic B 7.

Smashing stuff as Celtic always kept up the pressure on a talented Camp outfit.

U17 League:

Killarney Celtic 5 St. Brendans Park B 3.

Micheal Devlin nailed a superlative hat-trick, with Oran O'Donoghue also on target in a real rollercoaster of a game.

U15 Premier: Killarney Celtic 4 St. Brendans Park

A sparkling display by Celtic leaves us poised neck and neck with our great sporting rivals. Ryan Kelliher, Patrick Darcy, and Peter O'Sullivan all scored for us, as well as an own goal forced by good team pressure.

U15 Div One: Killarney Athletic 0 Killarney Celtic

This was a brilliant display against an unbeaten team, with James Darmody and a Tom McGuire penalty giving us a win and leaving this division wide open.

U13 Premier: Killarney Celtic 2 Listowel Celtic 0 William Shine and Daniel Okwute shot Killarney Celtic to the top of the leaderboard.

U13 Div One: Killarney Celtic B 5 Killorglin B 1 Ruairi Dorrian, Joshua Livingston, Aaron Moloney and Simon Coffey with a brace ensured a convincing win against tough opposition.

CONGRATULATIONS: To U13 player Simon Coffey on making the Kerry Schoolboys/ Schoolgirls Team of the Week.

FIXTURES:

Denny Premier A: Killarney Celtic away to Camp United, Saturday, 2.30pm.

Denny Premier B: Killarney Celtic B at home to

Classic FC, Sunday, 11.30am.

Youths League: Killarney Celtic at home to Killarney Athletic, Saturday, 2.30pm.

U16 Premier: Killarney Celtic away to Listowel Celtic, Saturday, 10.30am.

U14 National Cup: Killarney Celtic away to Bonagee United (Donegal), Sunday, 11.00am. U14 Div One: Killarney Celtic B at home to Listowel B, Saturday, 1.00pm.

U12 Girls: Killarney Celtic at home to Listowel Celtic, Saturday, 2.00pm.

U12 Premier: Killarney Celtic at home to Tralee Dynamos, Saturday, 10.30am.

U12 Div One: Killarney Celtic at home to Mastergeeha, Saturday, 10.30am.

U12 Div Two: Killarney Celtic at home to LB Rovers, Saturday, 11.45am.

LOTTO: Numbers drawn 7, 12, 16, 19. No winner, two x match 3, Pat Fleming c/o Mary, Kieran Lynch, Ballinanamaugh, €50 each. Next week's jackpot €2600, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our all weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

KILLARNEY GOLF



KILLARNEY **GOLF** AND FISHING CLUB

MENS: Club Captain Liam Hartnett is pleased to be able to advise the membership that the Mahony's Point Course will re-open for play on next weekend, some restrictions may still be in force, but at least, and at last, we will be able to start on the first tee-box, and finish on the

Course Manager Enda Murphy has advised that the repairs to the greens most affected, namely the 1st and 4th on Killeen, and the 16th on Mahony's Point, has progressed quite well, but the current inclement weather has, once again, put progress back a week or so, but he is nevertheless confident that the previously advised opening dates will be met, and are as outlined above for Mahony's Point, and should be in early March for the Killeen Course.

Enda has also advised that while the redevelopment is progressing, albeit slowly, that consideration must be given to preventing re-occurrences of the recent further devastation, and to this end some further radical alterations made need to be considered. in the not too distant future.

Liam also wishes to acknowledge the very recent, and untimely passing of one of the very best golfers ever to represent our Club, James Loughnane, passed away in early January, James had represented our Club on numerous occasions, but his most notable success was in being part of the team that garnered the "Barton Shield" for Killarney Golf

and Fishing Club in 1980, for the first and only time that Killarney has won a "Senior" National Championship, the other members of that team were, three times South of Ireland Champion Michael Guerin, Sean Coyne, and also another recently deceased member of that team, Dr. Arthur Spring, "May they both rest in peace", they were under the stewardship and tutelage of

Derry Pyne Team Manager, and the Club Captain Brian Mulcahy, and they won the trophy on the final green in a thrilling final, played over the famed "Lahinch" Golf Course, in County Clare.

DEERPARK PITCH & PUTT NOTES

By John Kelly

During the course of his report to the recent AGM of Deerpark Pitch & Putt Notes Club registrar Sean Kelly reported an increase in their membership for the second year in succession. The club now has a total of 196 members which breaks down as follows 89 gents, 22 ladies and 85 juveniles and if this trend continues it is envisaged that the total membership will see the 200 membership barrier broken. An interesting statistic is that the club had 31 new juvenile members, 22 new adult members and 14 members re-joining the club.

HANDICAPS: Twelve players had their handicaps increased during 2015 while seven members had their handicaps reduced.

Sean also thanked the club's generous sponsors as well as the members of the course and clubhouse committees including the Keogh family and all the members of the executive committee for their support during the season. MEMBERSHIP RATES FOR 2016: The following membership rates were agreed for 2016 - single adult €135, Juvenile and OAP Rates €80 Family membership €240.

JOHNNY KELLY MEMORIAL: The Johnny Kelly Memorial competition has been provisionally arranged for Sunday February 7th. Details in next edition.

SENIORS OUTING: The next seniors outing will be on the GlenEagle course on Wednesday February 3rd I0.I5am.



At the presentation of the prizes for the Maurice O'Donoghue MEMORIAL CUP COMPETITION AT THE ROSS G C WERE FRONT (L TO R) DONIE MULCAHY - PRESIDENT, DENIS CRONIN - WINNER, JIMMY SMYTH. BACK (L TO R) GERRY FALVEY, TONY LENIHAN AND MIKE



WHERE ARE THEY NOW





break schedule at home , I felt it was time to once again go in search of former Legionairres who have left their hometown pastures new To ease myself into the gruelling

I took the short trip across the water last weekend to London to catch up with Marian Terrace native Timmy Moloney . After landing in Stansted Airport on a cold but dry morning, I drove the best part of an hour to the South East of the city where I met with Timmy in a coffee shop not far from where he lives. I hadn't met Timmy for a long time but it was great to see that he hadn't changed a bit, still the friendly and unassuming lad that he was growing up mmediately our conversation was drawn to recent activities within the Legion club and the good run of the senior team late last year with him telling me that he actually flew home for the County final replay, so there was no need to ask him if he still kept an interest in the club. Timmy, who comes from a large family is a son of the late Michael and Deborah, and he fondly remembers his mothers great interest in club affairs as he recollects her going to watch him playing in all of his matches at home and if she could get a lift, she would travel to his away games, but it wasn't just Timmy that she used to follow as his sister Susan was a fine footballer also and Timmy, along with his mother would often go to watch her play and the whole family were very proud indeed when Susan went on to wear the County Jersey and actually won the senior All Ireland final. As for success for Timmy himself, he admits with a smile that he achieved very little success at underage level with the club and he says it is a great source of enjoyment to his older brother Barney that he has an East Kerry medal and that Timmy does not and Barney likes to remind him of this whenever he gets the chance. Timmy did achieve a better run however playing for his school, the Community College where he played with the likes of Liam O'Connor also the finest players around at the time, not just in town but in the County and he reckoned that Liam and Noel O'Leary of St Brendans Tce and Dr Crokes were the best midfielders in Kerry at the time. Timmy also remembers that a lot of the towns great talent in his playing days came from around his area of Marian, Brendans werent just limited to football as he was a very accomplished basketballer playing with the town team for years along with enjoying soccer, pitch and putt, table tennis and snooker, with the Parish Hall being the venue for a lot of these activities. As he rightly says, and anyone from that era will agree, the Parish Hall was a great place to have during the teenage years and he remembers spending endless days there.

As regards playing sports since he moved to England, Timmy says that Gaa was never an option as it was all soccer in the area that he moved to but he did play a lot of golf and worked out regularly in the gym up until a few years ago when he picked up an illness and this halted his sporting activities. I asked Timmy when exactly he left Killarney and I knew he was gone quite a while but I couldnt believe it when he said that he was in England for the last 27 years and has a twenty year old daughter Michaela who is studying at the University of Kent. In 1988 Timmy landed in Londons East End and originally worked in the Black Lion pub in Plaistow which was close to West Ham Uniteds home ground Upton Park, but later found work in BMI hospital as a surgical instrument coordinator which he admits was a big change at the time but that once he got used to it he really enjoys it and is still working there. He moved from Plaistow over three years ago and now lives in South East London. I asked Timmy if he ever hoped to move back to Killarney on a permanent basis and he admits that eventhough he really likes London, the thought of moving home is never far from his thoughts. When we reminisced of our younger days in Killarney, he has great memories and fondness for his neighbours and friends and he says that he loves meeting them whenever he gets home and he says that he grew up in a great neighbourhood where everybody helped each other. As our conversation drifted back to his Legion days, he is very quick to lavish praise on one man in particular, Weeshie Fogarty and he says. "I owe a lot to him really. He had a way to handle players, give them believe and the confidence they needed to improve their game. what I achieved playing for the Killarney Tech Senior Team in a way I owe to him as he put that

I finally asked Timmy if he saw any difference in Gaa today from the game back in his playing days and he says "I m glad you asked that

question Kevin - No doubt the players are much fitter now but I think the style of football is nowhere near as good now as the style of football that was played back then! I just look at football now and I cringe at times. There is far too much time wasted hand passing the ball in the oppositions half when they are perfectly good opportunities to have a kick at the posts. Like, they should go back to the very basics and have the conviction to have a kick at the posts. It has ruined the game in my opinion at times. A long range point would be 20 yards now from they way the game is going, back then you would be looking at 40 - 45 yards! One example is Pat Spillane!

He did not win 9 All-Stars by looking around to see who could he pass the ball to if he was in

We finished our coffee and I thanked Timmy for his time and as he left to begin his shift at the hospital he said he hopes the Legion seniors give him a few reasons to fly home in 2016.

Next week I stay in the UK as I track down a former player who has lived in Newcastle, Nottingham and currently Manchester. *By Kevin Griffin*





AIDAN O'MAHONY AND BARRY JOHN KEANE PICTURED SPORTING THE NEW KERRY GEAR WHICH IS AVAILABLE AT THE KERRY GAA STORE IN THE KILLARNEY OUTLET CENTRE.

PICTURE: DES O'CONNOR



OUTLOOK SPORTS NEWS

Editor: Donal Barry

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SPORTS NEWS FROM AROUND THE COUNTY

FITZMAURICE OPTIMISTIC AS NEW CAMPAIGN DAWNS

OUTLOOK PUBLICATIONS GAA REPORTER KERRY O'SHEA CATCHES UP WITH KERRY SENIOR FOOTBALL MANAGER EAMONN FITZMAURICE AHEAD OF SATURDAY'S ALLAINZ LEAGUE OPENER AGAINST DUBLIN

With the glamour All-Ireland final repeat clash against Dublin just days away, Kerry Senior Football manager Eamonn Fitzmaurice was in a very relaxed frame of mind when he met with members of the local and national media at the Meadowlands Hotel in Tralee on Monday.

The Finuge man began by outlining the current injury situation and said that Aidan O'Mahony (eye) and Marc O'Se would not be involved in the first two games. Fitzmaurice expressed confidence that most of the injured players should be back by March with the exception of James O'Donoghue whom he expected to return in April, depending on O'Donoghue's recovery from a well-documented shoulder injury.

Fitzmaurice was happy with the commitment shown by the younger players who lined out against Clare and Tipperary in the McGrath Cup. "I was very happy with the lads we used in the McGrath Cup games against Clare and Tipperary. They had a fantastic attitude and a number are ready for senior status."

On Kieran Donaghy, Fitzmaurice stated: "Kieran has played a lot of football in the last two years. Towards the end of last year, Kieran was tired and didn't have his former appetite for the game which is very understandable. I expect Kieran to return after the Roscommon game. Kieran worked very hard in the gym over the Christmas break and physically he is in very good shape and I know that basketball stimulates Kieran in a big way which will be very good for his game and his physicality."

On Bryan Sheehan, Fitzmaurice said "Bryan played fantastic football last year. He is a super leader on the field and young players look up to him and learn from him."

Fitzmaurice expressed concern at the number of injured players "You have to monitor the players. The physios and the medical staff we have are top class. There are big demands made on the players these days, I've thought on the surgery thing, years ago players didn't have surgery and retired from the game at a much earlier stage whereas now the way



KERRY MANAGER EAMONN FITZMAURICE

sports medicine has gone it's more important for players to have their injury issues sorted and keep their bodies fit. They can also stay with the game for a longer period of time. It is important for every manager to be aware of the injuries players pick up and that the right systems are used to treat them."

Fitzmaurice found the break from inter-county action since September long. "I learned a lot from the defeat, I studied the game over the winter and could see where we as a management team weren't always on the ball and where things can be improved."

Getting back to the issue of Aidan O'Mahony and Marc O'Se, who were mentioned as possible retirement candidates following the defeat to Dublin last September, Fitzmaurice stated that both did not need much coaxing from him to keep their involvement with the squad going.

"I met both of them several times and they both needed time to think. Marc and Aidan are role models for the younger players in everything that they do. As the winter wore on they discovered they were not ready to sit on the fence yet. We were commenting at the weekend that if they weren't involved there would be a huge hole in the set-up"

Fitzmaurice agreed that the additions of Liam Hassett and Padraig Corcoran to the back-room has brought a new freshness.

"Liam Hassett has brought a new freshness to the set-up. He is enthusiastic and a keen student of the game. He brings a new energy and viewpoints which are needed. Liam is very easy to get on with, he is honest and sharp and is doing a great job so far. Padraig has been with us for the last four years and is enjoying the step-up in his responsibilities."

Fitzmaurice was happy with the idea of a new Under 20 All-Ireland championship structure which was featured recently in proposals put forward by Secretary General Padraic Duffy

"There is a need for an inter-county championship at that grade. Payers aged 19 and 20 can easily drop out when they have nothing to play for. It is wrong to encourage a lad of 19 years of age to play senior inter-county is too big a big ask and there is fear of burn-out, it's important to have a championship at that grade to cater for those players."

Fitzmaurice also dealt at length with the fact that players on the extended panel are not allowed sufficient time with their clubs. "We need to assess all the players so that we can have strong panels. We have a lot of training sessions at weekends where we focus on football. The only way we can get to see players close up is during the cut and thrust of a Kerry training session," he added.

Fitzmaurice is looking forward to the game with Dublin. "Games with Dublin are always great occasions. Whatever 15 they put out they are strong we know that. It's a great game for us. We are playing the All-Ireland champions, it's a big game and we are looking forward to it, he concluded."

• The CCC proposals for the format of the Senior Football Championship were accepted which means that the Hurling and Football Championships will be run on the same format ("Christy Ring" format.

• The Junior Football Management Team for 2016 was ratified; Manager is Stephen Wallace (Ardfert), Selectors: Timmy O'Sullivan (Kerins O'Rahillys), P.J. Reidy (Kenmare) and Brian Hickey (Skellig Rangers)

 The management team for Minor and Under 17 Hurling was also ratified; Manager is John Hennessy (Ballyduff), Trainer is John Barry of St Senans, Selectors: John Healy (Ballyheigue), Jerome O'Sullivan (Crotta) and Aidan O'Mahony (St Brendans). Mark Foley was ratified as senior hurling coach.

• The following Team captains for 2016 were ratified: Senior Football: Bryan Sheehan

(St Marys), Senior Hurling: Daniel Collins (Kilmoyley) and Minor Football; Mikey Boyle (Dingle).

It was clarified that under new rules a player must be over 17 on January 1st to play with adult teams; Over 18 for intercounty teams; Over 16 and under 21 for county Under 21 competitions and over 18 and under 21 for intercounty Under 21 competitions.



MOTORING TIPS BY MARK COYNE

It's vital that your car is in top working order so that it's ready to tackle winter driving conditions. I'm highlighting these checks as being necessary for winter, you and your car will be prepared for whatever comes your way.

TYRES: Whether you go for winter, summer or all-year tyres, budget or premium I recommend you regularly check their condition and pressure. Ensure that your tyres have plenty of tread (1.6mm tread dept is the legal requirement.). The recommended tyre pressures for your car will be listed either in the manual or on the door frame. - Look for wear problems inside, outside and the centre of the tyre. If the tyre pressure is correct there could be an issue with the alignment of your vehicle. Costing you more money in tyre's.

BRAKES: With the roads being colder and wetter for longer in the winter months it is important to have good, brakes incase you have to stop in an emergency. If you feel the car pulling to one side under braking or screeching while braking have your brakes checked.

BATTERY: It is recommended to change your car battery every 5 years. If your car battery is old then the cold weather will have a draining effect on the battery which could leave you stranded needing to be jump started.

COOLANT: More so in the icy months if your coolant level has been diluted over years of top up with water, then you run the risk of the coolant/water freezing inside your engine which can cause untold damage to your engine and coolant system. It is recommended to change your coolant every 4 to 5 years.

Wishing you all happy and safe motoring for 2016. Mark Coyne.

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cover and prices

BUYING YOUR FIRST EVER CAR



Buying your first ever car is an exciting time, however it can also be a bit of a reality check as you consider elements such as securing a car loan, car insurance premiums, day-to-day running costs and overall vehicle maintenance. To give you a helping hand through this process, we've put together the following tips: DO YOUR SUMS FIRST: Tot up what your car will cost you each month such as car insurance premiums, car loan repayments, tolls, parking and fuel. Next consider your other obligations such as car tax, NCT, car servicing and general car repairs and maintenance work.

When doing this, make sure you've shopped around for the most competitive motor insurance. Car Insurance for first time drivers can be considerable so this is vital. You should also decide whether you want to go for third party fire and theft or comprehensive motor insurance and the type and value of the car you want to buy. The lower the value of the car and the lesser the horsepower, the cheaper your car insurance will be, so this is well worth bearing in mind. A fuel efficient car should also be considered by all drivers.

And most importantly, don't buy the car if you can't afford it!

SAVE UP: Naturally you'll have to pay interest on your car loan repayments, so it's best to keep the amount you borrow to a minimum by saving up for a decent down payment.

YOUR SAFETY IS KEY: Before buying a second hand car, make sure you complete a full car safety check and road test so you have complete peace of mind that your first car is in good condition.

EXPLORE YOUR FINANCING OPTIONS: Be prepared for the car finance lenders you approach to do a complete credit rating on you, ask about employment status, and the amount of money you have for a down payment. You should study the options available such as the credit union, your bank, online car financing companies and car dealership finance and their lending criteria to determine which is the best option for you is.

Younger drivers who don't yet have a credit score should talk to their bank or credit union about options for building up a credit score. Your parents may also be in a position to cosign the loan which the car finance lenders can talk you through.



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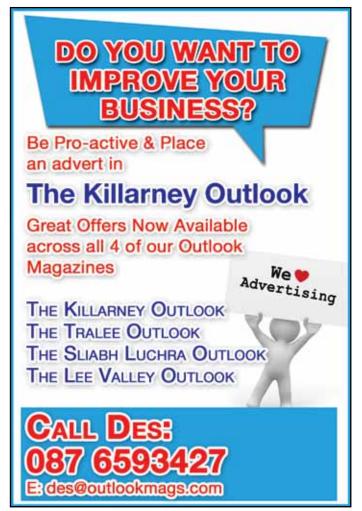
ONE LUCKY CUSTOMER WILL WIN THEIR PREMIUM BACK EVERY MONTH

















FOSSA NOTES

FOSSA GAA: LOTTO: 24th January 2016.

Numbers drawn were 3, 11, 13, 28. There was no jackpot winner and the €40 consolation prize winners were John Cronin, Crohane, Aoife O'Carroll, Dromin, Mary O'Shea, 5 O' Kelly's Villas, Ailish Hallissey, Ards and Annette Huggard. Next weeks jackpot will be €5,100. Tickets are on sale at The Golden Nuggett Bar, The Castlerosse Leisure Centre, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop, The Laurels Bar and Committee members.

CONGRATULATIONS: Congrats to David Clifford who played an instrumental part in St Brendans win over Pobalscoil Corca Dhuibhne in the Corn Uí Mhuirí quarter final last week. David scored an all important first half goal for the Sem in this great win and they will now play St Flannan's, Ennis in the semi-final on February 6th

MEMBERSHIP: Club Membership is now due and the rates for 2016 are as follows, Family membership, which includes both parents

and all their children up to minor age, stays at €60.00, adult remains at €30.00, while youth/ student is €15.00. Anyone who wishes to pay can contact Registrar, Gene Moriarty or any club officer.

SCÓR NA BPÁISTE: Scór na bPáiste will be held some time in March, children from 5th and 6th classes living in Fossa parish who are interested in taking part should contact Scór Officer Theresa Kissane 087 681 6169 immediately.

WEDDING ANNIVERSARY: Eileen and Seamus Weldon celebrated their Golden Wedding Anniversary last weekend with family and friends in The Brehon Hotel. They have both been sterling servants of Fossa GAA Club over many years, Seamus on the coaching front and Eileen through her phenomenal Lotto sales. We would like to congratulate them on reaching such a fantastic milestone and we wish them every health and happiness for the future.

JUNIOR SET DANCING: Set dancing classes continue on Friday evenings in Fossa

Community Centre, beginners 6.15 - 7pm, advanced from 7 - 8 pm, further details Norita 087 742 4468.

SENIOR SET DANCING: Continues on Tuesday nights 9 - 10.30 in Fossa Community Centre, all welcome further details Catherine 087 679 9330.

ASTROTURF ALL WEATHER PITCH: All weather pitch at Fossa National School. Opening hours Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport are played on this floodlit pitch. Now taking bookings for birthday parties. Contact Ger O'Connor 083 4228977 or email fossaweatherpitch@gmail.com

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie.

Please forward information before Sunday at 11am.

RING OF KERRY CHARITY CYCLE ISSUE STATEMENT



The Ring of Kerry Charity Cycle has issued the following statement to address some of the feedback that they have received in relation to the registration process for this year's cycle.

LOTTERY SYSTEM: Many of the first people who tried to register for 2015's cycle were unable to get a place. This was due to unprecedented demand for places – over 9,000 people applied for 5,000 places on the morning that registration opened which caused the registration system to crash. To avoid this issue happening again and to ensure the fairest system possible for registration, we decided upon a lottery that would be run over 6 weeks, giving people ample time to register. Registration for the lottery is still open and will remain so until open till 23.00 on Sunday, January 31st.

'PRICE'; 'COST'; 'ADMISSION CHARGE'; 'FEE': We have received a lot of feedback regarding the 'price', or 'cost', 'admission charge' or 'fee' for our charity event. The Ring of Kerry Charity Cycle imposes none of these – 90% all monies given by you to the Ring of Kerry Charity Cycle are donations to the charities. Like any charity event, there are running costs, and the remaining 10% goes to cover

these running costs. These include insurance, medical expenses, water, health and safety equipment and more. Many charity sportives can have costs of over 90% with less than 10% of all money received going to charity. In 2014 additional sponsors were brought on board to contribute towards these running costs with the ultimate goal to have 100% of all money raised by cyclists to go to charities. We are aiming to be the very first charity cycle in Ireland to achieve this zero staging cost by 2017.

€10 NON-REFUNDABLE MINIMUM DONATION: This non-refundable donation was put in place to prevent people trying to gain unfair advantage by entering the lottery multiple times. Anyone who secures a place on the Cycle will have this €10 minimum donation taken off their registration fee. The €10 of those who are unsuccessful will be donated to the charities.

Questions on the lottery registration process in relation to the number of previous Ring of Kerry Charity Cycles taken part in and how much money you plan to raise

These questions are purely for research purposes. Our aim is to collect as much data as possible about the cyclists who take part in the event to help us improve our fundraising efforts and ensure the future of this charity event.

€170 MINIMUM COMMITMENT TO SIGN UP WITH A CHARITY: At time of writing, more than 10% of all people who registered to cycle with a charity in last year's cycle haven't returned their agreed sponsorship. To ensure this doesn't happen again and to protect the charities, those cycling with a charity are asked to fundraise a minimum of €170. The reason for this figure is that this was the average amount raised by fundraisers who cycled with a charity

in 2015's event.

THE RING OF KERRY CHARITY CYCLE HAS BECOME A SMALL BUSINESS: The Ring of Kerry Charity Cycle is run by a group of people who are passionate about the event and who share the one collective goal – to raise as much money as possible for the people of Kerry. All are volunteers and all give up endless hours for over 6 months of the year to ensure our fundraising event is as beneficial as it can be for both the fundraisers and the charities.

Every year over 30 charities receive assistance, 10 main and 20-25 other smaller charities with over 1500 volunteers providing their time to ensure the successful running of the event. The ROK Charity Cycle is often compared to other sportives but we are exclusively a fundraising cycle and not a sportive.

We would like to re-iterate that all decisions made by the committee are made with the intention of maximising the funds that are raised to support local charities in Kerry. These funds are vital to the work these charities carry out and without your support, many of the charities that the cycle supports would no longer be in operation. All decisions made are compliant with the charity regulator.

The charity places are also filling up fast. Anyone who wishes to go this route and make the extra commitment to raise upwards of €170 can find the list of charity contact on

www.Ringofkerrycycle.ie.

Finally, we would like to remind people that Ring of Kerry Charity Cycle is volunteer run event that allows fundraisers to raise money for worthwhile charities, they just happen to do it while cycling one of the greatest cycling routes in the world!

The Ring of Kerry Charity Cycle Committee



OUTLOOK SPORTS NEWS

Editor: Donal Barry

Email: news@outlookmags.com



MUNSTER SENIOR HURLING LEAGUE



ANOTHER DAY OF LEARNING FOR KERRY AHEAD OF LEAGUE

MUNSTER SENIOR LEAGUE RD 3 KERRY 0-8 WATERFORD 0-17

Kerry hIn the end, the scoreboard probably reflected Kerry's brave effort against a strong Waterford team that proved exceptionally difficult for the home side to break down. The fact that Kerry had to wait almost an hour for their opening score from play showed up the Waterford defensive set up but there was a lot for Ciaran Carey to look at following Kerry's last game in the Munster Hurling League for this season.

In many ways, the game was reflective of the games that Kerry played, slow to start, an element of dominance at stages and a collection of mistakes that were punished by better opposition, while trying to build plays out of defence.

"It's a learning curve for these guys; they won't get to the speed of the game unless they play the top teams. The margins of errors at times are small but the punishment at this level is severe and that is what they have to adapt to and in fairness to them they are learning quickly on their feet but this is a huge ask compared to Christy Ring or playing in the lower leagues" Ciaran Carey told the Outlook afterwards.

By the time Shane Nolan pointed Kerry's first free on the 23rd minute, Waterford were 0-7 to the good with Maurice Shanahan doing most



THE KERRY HURLING PANEL THAT LINED OUT IN THEIR MUNSTER LEAGUE ENCOUNTER WITH WATERFORD LAST SATURDAY, PHOTO MIKE HALLORAN

of the damage with 0-4 (All from frees). Nolan would add a further brace in the closing stages of the first half but Kerry would trail 0-10 to 0-3 at the break.

The second half showed improvement as replacement Philip Lucid kept the score board ticking over but the home side had to wait until the 64th minute for their first point from play when another replacement Jack Goulding pointed. Waterford closed out the game with the final two scores to give them a deserved win, if not all that convincing considering they contributed 14 wides.

Kerry: Martin Stackpoole, Sean Weir, Bryan Murphy, Darren Dineen, Daniel Collins, Thomas Casey, Jason Diggins, John Griffin, Johnny Buckley, Colm Harty, Pa Kelly, Shane Nolan

0-3F, Keith Carmody, Michael O'Leary, Jordan Conway

Subs: Philip Lucid 0-4F for Patrick Kelly (H/T), Mickey Boyle for Micheal O'Leary (H/T), Brendan O'Leary for Shane Nolan (48), James O'Connor for Colm Harty (53), Jack Goulding 0-1 for Johnny Buckley (53)

Waterford: Ian O'Regan, Shane Fives, Barry Coughlan, Noel Connors, Shane McNulty, Darragh Fives, Gavin O'Brien, Kevin Moran, Colin Dunford 0-2, Micheal Walsh, Shane Bennett, Jake Dillon 0-2, Austin Gleeson 0-2, Maurice Shanahan 0-9 (0-6F, 0-1 Pen) Patrick Curran 0-2

Referee: Jason Mullins (Limerick

KERRY LADIES CONFIDENT AHEAD OF OPENING LEAGUE CLASH WITH DUBLIN

KERRY LADIES PRO DAN KEARNEY LOOKS AHEAD TO KERRY'S OPENING ROUND IN THE LIDL NATIONAL LEAGUE DIVISION 1 WITH DUBLIN

The Kerry Ladies will take on old foes Dublin in Round 1 of the Lidl National Football League next Sunday at Parnell Park, in what's sure to be an exciting first game to the league. I caught up with Kerry manager Alan O'Neill after training in Killarney, and first of all asked him about his expectations for another year in Division 1.

"We have a very tough start to the league with Dublin away next Sunday, followed by Cork at home and Armagh away. That's probably the top 3 teams in the country, I suppose it's a great way of measuring yourself", he said.

"Cait Lynch has gone away to work in Holland, and is a big loss, but Aoife Lyons went away the year before and we lost Louise Galvin to the Irish rugby 7's, you just have to get on with it. We used up to 40 players in last year's league, and that gave us a great chance to have a look at everyone. We know a good bit about the group we have, and players like Anna Galvin, Kate O'Sullivan and Elaine O'Sullivan are coming into the setup this year" he continued.

"Our management set up is the same as in 2015 with Mary Jo Curran, Harry O'Neill and Sean O'Sullivan still on board, but Mags Fitzgerald has also come in to give us a hand as has Rachel Clancy."

We'll go out with a different plan for every game, but we'll also look to perform and win every game." Alan concluded.

After my chat with Alan , I spoke to new Kerry captain Aislinn Desmond, and I asked her would she now approach things a little bit differently as captain?

"No , I personally don't think that the captaincy will change my approach to the game at all. I suppose it's important for me to show leadership both on and off the field, but it's even more important that I contribute to the team on the field, by playing well", she said.

Aislinn felt that Dublin will be hard to beat," Dublin are very strong down the centre", she said. "Their half forward line run at you, and it's important to stop the supply at source. It will be challenging,

it's our first game and Dublin always perform well at home, but I guarantee you, we

will be up for the battle"

I put it to Aislinn that Division 1 was looking particularly tough this year with the likes of Dublin, Cork and Armagh to face in the first 3 games. "Yeah, this year is particularly tough, there's no easy game", she said. "Preparations have gone very well so far though, there's a good buzz in the camp, and I think that we could have another strong league campaign this year. Maintaining our Division One status is the most important thing, it is vital for the development of our younger players coming through. Hopefully some of them will take the opportunity to put down a marker for a place on the first team".

" A good start is crucial for confidence , Aislinn said, "hopefully we can put the Kerry stamp on the league in 2016!"

RATHMORE/ GNEEVEGUILLA NEWS by Michael O'Mahony

KNOCKNAGREE GAA ANNUAL SOCIAL: Will

be on Saturday January 30th in The Gleneagle Hotel Killarney 7.30pm. Three Teams will be honoured on the night: 1966 (50 years) First time winners of Duhallow Championship. 1991 (25 years) Cork Co. Junior Champions. 2015 Victorious Duhallow Champions. Music by The Kelts, Disco by Mike Fitzgerald.

ATHLETIC CLUB: GNEEVEGUILLA

Tickets €25.

Membership and Lotto Ticket Renewals: Yearly tickets are now due for renewal so too is membership.

GNEEVEGUILLA GAA CLUB: Operation Transformation Million Pound Loss continues every Monday and Wednesday at 7pm in Gneeveguilla GAA track.

GNEEVEGUILLA GAA MEMBERSHIP: Now being collected, application forms are at the clubhouse.

SLIABH LUACHRA COMHALTAS: Sult na nOq Competitions will take place over the weekend of the 27th and 28th of February, music and singing on Saturday 27th in the I.T. Tralee with set and ceilí on Sunday 28th in Fossa Community Centre. This is a Novice Competition, age groups U9, 9-11 and 11-13. Entries on or before Monday, 1st of February 2016, any enquiries to our Branch Secretary by

email sliabhluchracomhaltas@gmail.com RATHMORE GNEEVEGUILLA COMMUNITY

GAMES: Anyone interested in taking part in U13 indoor soccer. (County Finals take place February 7th) Please contact one of our Committee members.

RATHMORE COMMUNITY COUNCIL: The topics discussed at the meeting on Tuesday the 12th January:

Irish Rail Early Morning Services. GP Services for Rathmore.

Litter Collecting. Developing Office Space.

Updates from Community Funding, Soccer Tournament and Church Gate Collection Plans.

Sign for Playground. 1916 Commemoration and Monument Plans. Suggestions for St Patrick's Day Parade Categories. Website Development. If you have any topics that you think should be brought to attention of organisations or company that it concerns contact any member of Rathmore Community Council.

RATHMORE RAVENS BASKETBALL CLUB: Are holding a juvenile quiz on Thursday February 4th at 7.30pm in Teach Iosagain. Open to 3rd, 4th, 5th and 6th Primary School classes. Table of 4 €20.

ORGANISED CLLR NIALL KELLIHER PUBLIC MEETING: Regarding the absence of full time doctor/GP services for Rathmore and surrounding areas being held Wednesday 3rd of February at 8pm Teach Iosagain Rathmore organised by cllr Niall Kelliher Fianna Fail.

RATHMORE **LADIES FOOTBALL:** Congratulations to Katie O'Mahony (Rathmore Ladies) and Emma Dineen (Glenflesk Ladies) who were part of the Munster Post Primary Ladies Team that won the Interprovincial competition in Kinnegad, Westmeath on

SENIOR LADIES TRAINING: Friday nights at Rathmore AstroTurf 9-10pm. New players welcome

OUR LADY OF LOURDES NOVENA:

Knocknagree 3rd -11th February, 8p.m. Fr Pat McCarthy Thursday February 4th.

Fr Pat O'Donnell Saturday February 6th. Novena Devotions Fr Pat O'Donnell, Fr Michael Moynihan Tuesday February 9th 8.00pm 7.30pm

Fr Kevin Mc Namara, Fr Joe Tarrant, Fr Liam

Fr Dan Herlihy Ash Wednesday Feast of Our Lady of Lourdes.

1.30p.m St Joseph's Day Care Centre.

8p.m Knocknagree Church Closing Mass of the

Special Mass for the Sick and Housebound Lent begins: Wednesday February 10th Ash Wednesday Masses:

6.00p.m, Rathmore 9.30am, Shrone Gneeveguilla 7.30p.m, Knocknagree 8.00p.m. During Lent the Tuesday Morning Mass in Rathmore will be at 8a.m.

RATHMORE CANCER SUPPORT GROUP: Kerry Hospice Foundation were presented



PICTURED ARE KATIE O'MAHONY (RATHMORE LADIES) AND EMMA DINEEN (GLENFLESK LADIES) WHO WERE PART OF THE MUNSTER POST PRIMARY LADIES TEAM THAT WON THE INTERPROVINCIAL COMPETITION IN KINNEGAD, WESTMEATH ON SATURDAY.

with a cheque for €2000 on Christmas Eve. The cheque was the proceeds from the sale of Christmas Cards (€1197) and collection boxes (€803). This brings the total of €5325.78 donated to Kerry Hospice in 2015. Work on the 15 bed inpatient palliative care unit at Kerry General Hospital has recently commenced. It is expected that the final cost will be in the region of €6.2 million. Kerry Hospice are funding this development and greatly appreciated your generous support. Should people wish to donate 1 cent and 2 cent coins to Kerry Hospice, the local support group treasurers Han Donnelly or Hugh Ryan or any committee member will be happy to accept same. Thanking you for your ongoing support. SYMPATIES: To the families, relatives and friends of Noan Murphy (née Doherty),

Knocknageeha, Gneeveguilla and of Mary Crowley (née Daly) Cools Headford.

May they rest in peace.

NOTES: Anyone's has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail. com)or ring or text 087-6676817. Before 6pm Sunday.

GLENFLESK NEWS

AGM: The AGM of Glenflesk GAA club will take place on Thursday February 4th at 8pm in the St. Agatha's Hall in Glenflesk.

SENIOR COUNTY LEAGUE: The Glenflesk senior team, sponsored by the Jarvey's Rest, will open their Division 2 county league campaign with a home fixture against Listowel Emmets on the weekend of March 20th, and the following weekend (March 27) they have another home game against Finuge.

See Facebook for full list of fixtures.

GAA NATIONAL DRAW: Tickets for the GAA's annual national draw are currently on sale from club members at €10 each. There are fantastic prizes on offer when the draw takes place on March 11th including an Opel Corsa car, trips with the 2016 Allstars and All-Ireland final packages. The proceeds of all tickets sold are retained by the club. Your support is greatly appreciated.

DRAMA IN GLENFLESK: St. Agatha's Community Hall in Glenflesk will host "A QUEEN'S SPEECH", a play by Mike O'Halloran, on Saturday March 5th at 8pm, admission €10 on the door. This promises to be a great night with lots of laughs and drama guaranteed.

RAHEEN NATIONAL SCHOOL: Children will be going from house to house in the surrounding area on the biddies on Monday evening February 1st please support. Congratulations to Nicole Warren who had the winning lotto number 5 on Saturday the 23rd of January.

GLENFLESK COMMUNITY GAMES LOTTO:

Congratulation to the following winners for the months of September and October lotto; Shane O'Riordan, Donal Kelly, Eileen O'Donoghue, Chris O'Connor, Derry Healy, Geraldine O'Donoghue, Breda Kelly, Liz Healy and Helena Buckley. We wish to thank all those who have participated in the draw in support of the Glenflesk community games fundraiser. SYMPATHY: Sympathy is extended to the family of Margaret Spillane (Headford) who passed away recently. Ar dheis Dé go raibh a hanam.

CONTACT: We welcome items of local interest. Please contact PRO Donal on 087 668 7926 or pro.glenflesk.kerry@gaa.ie.

COMMUNITY FOCUS

KILCUMMIN NEWS

ICA: The monthly meeting of the guild will be held on Wednesday 3rd February at 8pm in the Rural Development Office.

COMHALTAS: SULT NA NÓG: Closing date for Sult na nÓg competitions is 4th February. Please have all entries in to the branch Secretary by then. A meeting to discuss Set Dancing motions and Fleadh rule changes has been set by the County Board for Sunday 31st January at 3pm in the Gleneagle. All interested members are invited to attend.

MEETING: Next meeting of the Looking Good group will be held on Monday 1st. February at 8.30pm. All welcome.

KILCUMMIN GAA:

AGM: On Sunday last a sizable gathering attended our AGM and paid tribute to outgoing Chairman Willie Fleming and Secretary Frances Moriarty for their work over the last three years. Willie is to continue on as children's officer for the coming year giving him little to rest after three extremely busy and taxing years. Eugene McSweeney of Mastergeeha takes over as chairman of 2016 and is looking forward to the challenge. Over the years Eugene has filled a number of positions including PRO, Vice Chairman, selector and also trained the senior team in the 80's, so he is well equipped to deal with the demands associated with the position. Martin Horgan was ratified as senior trainer for the coming year and heartfelt tributes were paid to Seanie O'Leary on his commitment, loyalty and achievements during his three years at the helm.

GAA AWARDS: Is scheduled for February 20th at the Klub.

"PINK NIGHT": The clubs yearly fund raiser

which was postponed on January 9th and organised by the Ladies committee will now go ahead on February 27th. In aid of the Cork/ Kerry Cancer Link bus. There will be live music. dancing and spot prizes. Keep it in mind for that date and get in the pink.

KILCUMMIN RAMBLING HOUSE: The next Rambling House will take place at 8.30pm on Friday 29th January instead of 1st Friday in February. All proceeds on the night will be donated to the Recovery Haven.

KILCUMMIN LOOKING GOOD: Kilcummin Looking Good will be presenting two performances of "The Mountainy Puck" by The Spike Players (Knocknagoshel) in Kilcummin GAA Hall on the 12th and 13th February at 8.30pm. Details to follow.

KILCUMMIN GAA GOLF SOCIETY AGM: On Thursday 28th January at 8.30pm at the GAA Klub. All welcome.

MASTERGEEHA FC

U13: MASTERGEEHA 5 **KILLARNEY ATHLETIC 0:** In a good team performance the boys got the three points at home on Saturday. Cian Foley with a hatrick, Sean O'Leary and Barry Lenihan were the scorers.

U15. BALLYHAR 2 MASTERGEEHA 2: In this game played in awful weather conditions the boys had to battle hard for a point. The home side took the lead early on but after this the boys created the better chances with Paul O'Shea equalising just before the break. In the second half Mastergeeha took the lead when Niall O'Connor finished well and had opportunities to extend their lead further with Sipo O'Neill and Dylan Murphy forcing saves from the home keeper. However the home side equalised with 15 minutes remaining.

GIRI S.

MASTERGEEHA 4 IVERAGH 2: In this entertaining game the girls were the better side claiming all three points. Anna Hannigan with a hat-trick and Martha Fitzgerald were the scorers with Beibhin Brosnan excellent in this good win.

U18:

MASTERGEEHA 3 CASTLEISLAND 1. In this tough battle the boys took the lead just before the break with Sean O'Leary crossed for James Nagle. In the second half the visitors equalised but Mastergeeha finished the stronger with Sean O'Leary scoring and Gearoid Kerins converting from the penalty spot.

DIV 1A. MASTERGEEHA 1 ATHLETICO ARDFERT

2: In this tough encounter the seniors were unlucky not to a least get a draw. Mastergeeha started well with Damien Breen scoring after 10 minutes. However the visitors scored two goals in quick succession to lead at the break. In the second Mastergeeha created some good chances with Derry Ahern going close and Damien Breen hitting the cross bar in the closing stages. However despite their efforts and good team performance the seniors could not get the equaliser they deserved.

MASTERGEEHA FC LOTTO: There was no winner on Friday 22nd January 2016. Numbers drawn were 9, 10, 11, 18. Consolation prizes were €100 Mike Sheehan, Crosstown, Killarney. €60 Julie Looney, Mastergeeha, Kilcummin. €30 Tom Healy, c/o The Village Inn. €30 D. Will, c/o The Klub. €30 Dermot O'Connor, Dunrine, Kilcummin. Jackpot now €4,200.

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS: Sunday 24th January, 2016. Winning Numbers 9, 19, 24, 25. Jackpot €9,100 not won.

1 x €100: Eoghan Darmody, Faha.

2 x €50: Anne Courtney, Rockfield.

Maureen Fleming, Lewis Road.

2 x €25: Sebastian Cronin, Faha.

Paul Courtney, Rockfield

Draw Entrant: Laura Kennedy, Ballymalis.

Jackpot next week Sunday 31st January €9,200. 2016 SENIOR FOOTBALL LEAGUE DIV 2 **FIXTURES:**

Rd 1 - Sunday March 20th Listry v Waterville.

Rd 2 - Sunday March 27th

St Marys v Listry.

Rd 3 - Sunday April 10th

Listry v Finuge.

Rd 4 - Sunday June 5th

Glenflesk v Listry.

Rd 5 - Sunday June 12th

Listry v Spa or Mitchels

Rd 6 - Sunday June 19th

An Ghaeltacht v Listry.

Rd 7 - Saturday July 2nd Rathmore v Listry.

Rd 8 - Sunday July 17

Listry v Listowel Emmets.

Rd 9 - Sunday July 24th

St Michaels/Foilmore v Listry

Rd 10 - Sunday August 14 Laune Rangers v Listry.

Rd 11 - Sunday September 4 or Sunday 25 Listry v Beaufort.

PHOTOGRAPHY CLASS: Listry Community Council conjunction with Kerry Education Training Board intend running a photography class beginning in Listry Community Centre on Thursday evening February 11th at 7.30pm. There is a few vacancies in this class presently, anyone interested in joining the class should contact Patricia on 089 4540453 or Listry community council on 086 7944494 immediately please.

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Relief is limited to a vehicle that has been specially constructed or adapted for use by a person with a disability and that has an engine size of less than 2,000cc in the case of the driver and 4,000cc in the case of the passenger.

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ON THE BOX KILLARNEY OUTLOOKS **WEEKLY SOAP COLUMN**



SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK

Best Soap: Emmerdale

The one to watch this week is Emmerdale as Aaron Livesy's secret is finally revealed to his mother Chas Dingle. Following a rough week, Aaron and Chas head off to the seaside which is where Aaron finally blurts out the truth. As Chas reels from the news that Aaron's father Gordon Livesy raped his own son, she's soon confronting Gordon. But will he own up to this horrific crime or lie his way out of it?

Best Of The Rest

Red Rock: Brian McGonigle's return to Red Rock will continue to cause trouble as he tries to reconnect with his teenage. However, his estranged Jules McGonigle is furious by his return and soon puts a stop to it.

Fair City: Heather Daly and Shane Charles torrid affair will see Heather's daughter Ellie end up in hospital as Ama Chisenga grows more suspicious of Shane's behaviour.

Coronation Street: Carla Connor's secret fling with Robert Preston is discovered by her father Johnny Connor and he's soon confronting Robert and warning him to back off.

Eastenders: Dean Wicks day in court is coming up but will he do the right thing and plead guilty?



EMERGING ADULTHOOD



Emerging Adulthood is known as the period of time between the age of 18 years and 28 years of age approximately. Unfortunately little attention is given to this period in an individual's life which is a pity because it can be quite a daunting, challenging and fearful time. They may or may not just be out of school and finishing the tail end of their turbulent adolescent years

yet this is given little consideration. While it is healthy to encourage more detachment and autonomy and promote the need for more independence it is equally important to acknowledge the plethora of emotions that come with such a step. The fear of the unknown exists. It is part and parcel of this chapter hence parental guidance and support needs to remain steadfast. Emerging adults rarely confess their fears because the pressure is on to save face. They want and need to achieve independence but secretly harbour a lot of fear and confusion as they branch out. Emerging adulthood can extend into a person's late twenties so discussing this reality with our teenagers is necessary. They may change academic courses before finding the right one, take time out and travel, work different jobs, go through various relationships etc on this journey of discovery; but one thing is for sure they will grow and evolve as they do so. Being open to receiving them regardless of possible mistakes will make them more emotionally robust. They will more than likely seek you out for guidance or comfort and familiarize you with the context of their new world, be it courses, new friendships, problems etc. They are unique individuals encountering unique experiences to them; we, on the other hand, may have forgotten how this feels. We must bear this in mind if they become derailed.

Creating a good foundation, before they eventually fly the nest, will provide a solid base for them to return to. This foundation is achievable via open and honest communication, gentle encouragement, unconditional positive regard and acknowledging the challenges which exist for them. Slowly but surely the need to save face and disguise difficulties fades and the emerging adult can discuss his/her experiences in a more realistic fashion, be it academic pressure, friendship/relationship worries, financial concerns and so on. This is a welcomed moment! Now we can visualize someone who is ready, willing and able to be in touch with their emotions and recognize the need to reach out for support. This can be an uphill struggle for emerging adults who don't want to disappoint. Remember, they remain vulnerable and sensitive to praise and criticism despite this outward appearance of emerging adult. As parents we can do a great deal to help them navigate any obstacles they may encounter without remaining so much in the forefront of their lives! Once they know that your support is consistent they can discover a world full of possibilities and, in turn, discover themselves!

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples - both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call 064 6636416/064 66364100

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

PRIVATE CLASSIFIEDS - COST: Up to 20 words €5

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**** No More than 20 words ****

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Ed04 GREAT JANUARY SPECIALS

2014 screened black hopper turf sold in truck lorry loads, shed stored.

Contact: 087 1173288

Ed04 10516 FOR SALE

3 piece sitting room Suite, also Firebird oil

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Contact: 085 2169031

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Ed04 WANTED

Kind responsible families wanted for months July or August for Spanish, French and German Teenagers learning English.

Contact: 089 4385472 or

email: gilliansheehy@hotmail.com

Ed04 10517 BABYSITTER WANTED

Babysitter wanted for drop off and collection at Lissivigeen School. Start September 2016.

Contact: 087 7769164



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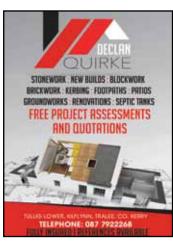
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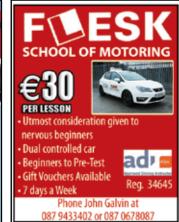






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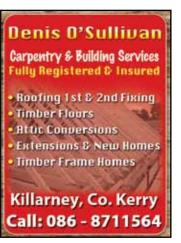








Emerald



TRADES : SERVICES

























CREATING DIVERSE FLOWER RICH HABITATS

The Diocesan Justice, Peace and Integrity of Creation Committee have chosen Biodiversity as the theme for Earth Week.

A meeting to explain how we can create diverse flower rich habitats in our communities and help save our bees will be hosted by Kerry Co. Council in the Meadowlands Hotel, Tralee on Tuesday, 2nd February at 7.30pm. All Welcome.

TO YOU WOULD LIKE BECOME A **FAIRTRADE AMBASSADOR?**

For its 20th Anniversary year in 2016 Fairtrade Ireland are looking for people who are interested in becoming Fairtrade Ambassadors – positive spokespersons and community influencers. Becoming a Fairtrade Ambassador is a simple way to promote global economic justice, ultimately leading to greater impact for farmers and workers in developing countries. Fairtrade Ambassadors will be able to contribute by organising their own activities and participating in those Fairtrade Ireland are organising. These can include a combination of educational events, online initiatives and community events, linking up with other Fairtrade Ambassadors in regional and nation-wide activities as appropriate.

In 2016 Fairtrade Ireland will be focusing their work on coffee and bananas and they need your help to support this work! Fairtrade Ambassadors will be able to download resources or order materials from their web page to help you with any events you hold. Take pictures or videos of your events and share on your social media or share them with Fairtrade Ireland, for them to share on their social media platforms. For further information or to register your interest please email support@fairtrade.ie

HARNESSING **SEAWATER** AND SOLAR POWER **SOUTH AMERICA'S DRIEST** DESERT

Between the Andes Mountains and the Pacific Ocean is the Atacama Desert in Chile

the driest non-polar desert in the world. Now, Valhalla, a Chilean company, plans to build a 300-megawatt solar and hydropower plant, there claiming Chile's unique coastal geography makes it an ideal location for a solar and hydropower plant. During the day, the plant will use solar power to move seawater up a tunnel to the top of a mountain, where the water will be stored in a natural reservoir. At night, the water will be released back down. generating power as it falls. This way, the plant can generate power day and night. Pumped storage hydropower plants are not a new concept, but utilising solar power to pump the water is and because there are natural depressions believed to be very ancient lakes, reservoirs will not have to be built at the top of the mountain.

BRITAIN'S "FIRST AMPHIBIOUS HOUSE"

Located on the banks of the River Thames in Buckinghamshire's town of Marlow, the floodresistant Amphibious House is designed to float and rise with the water levels during times of flooding. Clad in zinc shingles and high-performance glazing, the unique house rests on fixed foundations that are separated to allow the structure to float upwards when the River Thames overflows its banks. As floodwaters fill the fixed "dock" beneath the three-bedroom home, the water levels push the buoyant house upwards. To ensure that the home doesn't float away, the structure is attached to four guideposts that extend upwards and allow for a 2.5-meter-high floodwater clearance.

OUOTE

"The Earth has music for those who listen" — George Santayana.

ON THIS DATE **29TH JANUARY**

1728 - The Beggar's Opera by John Gay, with music arranged by John Christopher Pepusch. had its premiere at the Lincoln's Inn Fields in London.

1737 - Thomas Paine, political essayist, was born. He wrote "The Rights of Man" and "The Age of Reason.

1813 - Jane Austin published "Pride and Prejudice," a blend of instruction and moral entertainment.

1834 - In the U.S. President Jackson ordered the 1st use of US troops to suppress a labour dispute, when he ordered the War Department to put down a "riotous assembly" near Willamsport, Maryland, among Irish labourers constructing the Chesapeake and Ohio Canal.

1843 - William McKinley, the 25th president of the United States (1897-1901), and the last Civil War veteran to serve as President of the United States was born in Ohio.

1845 - Edgar Allan Poe's poem "The Raven" was first published, in the New York Evening Mirror

1850 - Birth of Lawrence Hargrave, inventor of the box kite.

1880 - W.C. Fields, comedian and actor, was born in Philadelphia as Claude William Dukinfield

1886 - 1st successful petrol-driven car was patented by Karl Benz in Karlsruhe.

1924 - An ice cream cone rolling machine was patented by Carl Taylor in Cleveland U.S.

BOY AND DUCK ARE BEST FRIENDS

The little boy is about a year and a half old now and Beaker the duck - known as Bee for short - has been Tyler's best friend since he joined the Texas household as a wee duckling, around nine months ago. According to the boy's mother they play, eat, nap, etc. together and first word the boy spoke was Beaker "was easy to train with a harness" and Beaker wears a Nappy while he is in the house though he sometimes yanks his off". The two best friends have together grown into a pair of adorable toddlers and naturally Bee begs for food while Tyler is eating — and Tyler obliges. The duck is also very protective of his little human his mother says to the extent that when he cries Bee is at her feet quacking, making sure he's not hurt". Tyler's mother has kept pet ducks for many years. She's even had a dozen or more of them at a time but by their own choice they've mostly been outside pets until Bee, Tyler's mother says Bee is just as loyal, smart, and sweet as any dog or cat.

INNOVATIVE **NIGHTCLUBS** INVITING "AROMA ARE JOCKEYS" TO SMELL THE PLACES UP

Ever since smoking was prohibited in night clubs, customers have increasingly noticed other unpleasant smells present in the club - like body odours, and researchers in Europe thought they'd try to cover them up. The researchers measured the effects of peppermint, for example, on dancing activity and asked people to rate their energy level. They found that with peppermint scent, people felt more cheerful and danced more, and so, "environmental fragrancing" may be expected to have a positive effects on club revenue" according to the scientists. The business community caught a rumour of this and

MARGARET'S RAMBLINGS

thought maybe peppermint smell would get their secretaries to type faster. And it worked! There was improved performance on clerical tasks associated with the administration of peppermint odour.

FOOD HAS **EVENTUALLY** ARRIVED **TO THREE BESIEGED TOWNS IN SYRIA**

Since October, approx. 60,000 people have been trapped without food in the three Syrian towns of Madaya, Fouaa and Kefraya. Fortunately, on January 11th, trucks led by the United Nations World Food Programme (WFP) arrived with 500 tons of desperately needed food and other supplies. However, along with delivering critical aid to families now, more needs to be done to end the Syrian crisis. That's why humanitarian agencies like WFP released a global call to action for citizens worldwide to speak up and demand an end to the violence. Today there are 13.5 million individual human beings within Syria whose lives and futures are in jeopardy, that is one reason why leaders of humanitarian organisations and UN agencies - appeal not only to governments but to each of us - citizens around the world - to add our voices in urging an end to the carnage. To urge that all parties reach agreement on a ceasefire and a path to peace.

COZY BUILDS A MAN SHELTER FOR NEIGHBOUR'S

When a Cleveland resident, saw a neighbour's cat who had apparently been left outside during a freezing cold night, he wanted to do something to help keep him warm in case it happened again – so he built a cat shelter. Following instructions he found online, the man crafted a shelter out of two large storage containers, with about one third of one end removed, he then placed insulation between the boxes before storing one of the plastic box inside the other and added bedding with more insulation. Afterward, he placed the shelter near his house as a welcome refuge for the neighbour's cat, or any other in the area who may have been left outside. When asked why he would go to the time and expense of putting the shelter together for another person's pet, his answer was simple: "I love animals."

SPECIAL DAY OF DIWALI CELEBRATES DOGS

Every year close to the end of October or in the month of November, millions of Hindus around the world celebrate Diwali, or the Festival of Lights. The holiday signifies the victory of good over evil with preparations and celebrations that typically last five days. In Nepal, one day of the festivities is set aside to celebrate the relationship that humans have with their canine friends. Over the five-day celebration, Hindus give gifts and tell stories.

But on the second day, it all goes to the dogs. It's called Kukur Tihar or Swanti in the Newar region. And it's a day to pay homage to dogs and their loyal companionship. On this day, dogs are given garlands of flowers, a mark on the forehead called tika, and all of the delicious food they can eat. Canine companions are also anointed with a red powder on their heads as a sign of their sacredness. And the best part is that all dogs are given the royal treatment - pets and strays alike. On Kukur Tihar, Nepal goes completely to the dogs. And dog lovers around the world celebrate. Diwali is celebrated all over India as it marks the return of Hindu god Lord Rama to Avodhva in northern India after he defeated Ravana, the powerful demon king of Lanka. Diwali is also celebrated in honour of Lakshmi, the Hindu goddess of wealth and prosperity. It is believed that goddess Lakshmi, signifying prosperity, showers her blessings upon those homes that are clean and well lit. Some residents in northern Jammu and Kashmir state vowed to go eco-friendly this season.

"We light candles and earthen lamps and celebrate Diwali. This year we will not burn crackers because we want the festival to be eco-friendly where we do not feel like polluting our earth," said a resident, in Jammu

WORLDS FIRST VERTICAL CABLE CAR IS EXPECTED TO BE OPEN FOR BUSINESS THIS SUMMER

Construction is finally nearing completion on the British Airways i360, a sleek 162-metertall tower with a glass viewing pod that, when complete, will be both Britain's highest moving observation tower and the "world's first vertical cable car." Located just outside the capital near the beach in Brighton, the observation tower will whisk visitors up to a height of 138 meters and offer views across the English Channel, the coastal Sussex landscape, and surrounding town, on a clear day, the pod will offer 26-mile visibility in all directions. The same firm behind the London Eye designed the British Airways i360. But unlike the London Eye's Ferris Wheel setup, the British Airways i360 looks more like an amusement park drop tower. The 18-meterwide glass pod enclosure that rings the tower will be ten times bigger than a London Eye viewing car and is designed to hold up 200 people at a time. French lift specialist Poma designed the pod's drive mechanism and control system. A restaurant located at the base of the tower will serve locally sourced food and drink but it might be wiser to wait to order until the viewing part is over!

PONSO A **MIRACLE SURVIVOR ABANDONED BY** NYBC

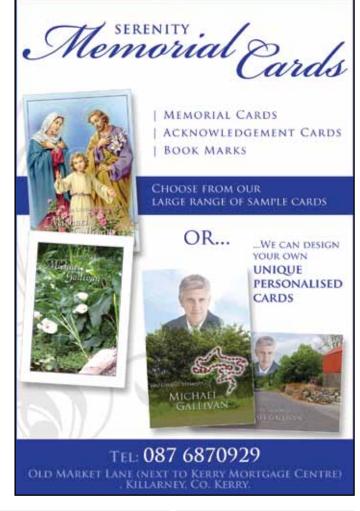
For more than 30 years, Ponso the chimp has

been living on a deserted island off the Ivory Coast. He has no source of food or water, and his companions all died years ago. But thanks to one man, he's alive. For several years, a villager named Germain, despite his limited income, has stopped by to drop off food for the lonely chimp. While the diet of bread and bananas isn't enough for the roughly 40-yearold chimp to thrive, it's kept him alive — and it's clear from photos he shows his gratitude to his saviour. All his companions are dead, many of starvation and disease and now a coalition called SOS PONSO has formed to provide emergency relief and Ponso is now receiving deliveries of fresh food thanks to this coalition and donations from caring individuals. Yet Ponso's sad plight is nothing compared to his sad past. For years, he was used in painful tests by the New York Blood Centre, which conducted hepatitis research using scores of chimps, many of whom were captured from the wild. While trapped in the labs, the chimps faced dozens of biopsies and anestheticxations apiece. One lost her eye when researchers shot her in the face with a dart; another had only one arm after he was hit with a bullet meant for his mother — poachers killed her so he could be kidnapped for the lab. Mothers lost their young time and time again; other chimps strangled themselves at the research centre, where for many years they lived chained by their necks to jungle gyms. Yet when the tests were over, NYBC decided to abandon the chimps, dumping them on a string of islands near Liberia like the one Ponso lives on. They had no source of food or fresh water, and many died soon after from disease and starvation. Within months, half of the mistreated animals were dead or missing. The nine survivors were relocated. A short time after, five more of them were dead. Ponso was the sole survivor, along with his mate and their two young. But the rest of his little family died within days of each other in 2013. Germain, the villager who had been feeding them, reported that Ponso helped bury his family by throwing earth on them. Since then, the elderly chimp — who's at least 40 years old — has been living out his days alone and abandoned on the guiet little island, waiting for death, alone, crying and responding intermittently to the cries of wild chimps. And just when it seemed things couldn't get any worse for the abandoned chimps, it did. NYBC was keeping the larger colonies of chimps alive by dropping off food and providing them with vaccinations. But last year, NYBC announced that they were cutting off all support to the chimps, including one island that's home to 60 to 70 animals, willingly leaving them to starve to death. The centre argued that since it was under no legal obligation to care for them, it was fine to let them die. NYBC is registered a non profit yet brought in an estimated \$400 million thanks to research the chimps were used for. It's abhorrent that an organisation with hundreds of millions of dollars in revenue and assets has left Ponso and the Liberia chimps to die.



Welcome back dear reader following on from last week - we talked about speaking God's Word over our own lives to see negative situations change. It takes faith to proclaim God's Word and promises over gloomy circumstances and you may feel that your faith is not strong enough to achieve results. This is not true - we have all been given a "measure of faith" (Romans 12:3) from the Lord and just like any small muscle that needs to be built up, our faith needs to be worked out for it to grow. At this time of year all over the world people are flocking to gyms and exercise classes trying to get unused flabby muscles fit again, in the same way we need to get our faith 'into shape' in order for us to see negatives turned into positives. I don't know about you but personally I don't relish the thought of having to exert myself and work off the flab after Christmas but once I start exercising I see results in my fitness levels and my health. It's exactly the same with our faith - take small steps and trust in the Lord He will help you (Proverbs 3:5-6). In Hebrews 11:3 we read that "now faith is the substance of things hoped for, the evidence of things not seen". Faith is the anchor to hope that carries us through hard times and brings us to the other side when what we have been believing for manifests in our lives. Jesus told His disciples that it was easy for them to believe in Him because they had seen Him with their own eyes but "blessed are those who have not seen and yet have believed" (John 20:29) Don't knock your faith friend, God loves you and your faith in Him pleases Him greatly - "He is a rewarder of those who diligently seek Him" (Hebrews 11:6). Seek Him today and watch your life change for the better! More next week

Contact: 064 - 66 22950 E: wovkillarney@gmail.com



THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. B.K.

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

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Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. M.C.

THANKSGIVING ST. JUDE

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near Kinsman of Jesus Christ, this faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power, come to my assistance. Help me in my present urgent petition in return I promise to make your name known and cause you to be invoked.

Three Our Father, three Hail Mary and three Glory Be.

St. Jude pray for us and all who invoke your aid. Amen.

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Amen.

Say this prayer for three days. Publication of prayer and favour will be granted. J.K.O.C.

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Amen.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer. M. KOL

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must e said for three days and after that the request will be granted and the prayer must be published immediately. T.W.

ST THERESE

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind. implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.

Amen. Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted. E.O.D.

MEMORIALS & REMEMBRANCE

3RD & 17TH **ANNIVERSARY**





CONNOR

In loving memory of Denis O'Connor who died on 4th February 1999 & his wife Mary who died on 13th February 2013. Late of Knockanes, Headford, Killarney.

Wrap your arms around our parents Don't leave them on there own For this is their Anniversary And we know they can't come home.

Lovingly remembered by your sons/ daughters, Patricia, Hugh, Breda, Kathy, Seamus, Donacha, William, Sean and Jerry. Your sons in law, daughters in law, grandchildren and great grandson.

Anniversary Mass in St. Agatha's **Church Glenflesk on Saturday** 30th January at 7pm.

45TH ANNIVERSARY



In Loving Memory of

KATHLEEN O'DONOGHUE

40 Marian Terrace, Killarney. Who died on 2nd February 1971.

Each of us in our own way Have special thoughts of you today Your name is often spoken We talk about you still You haven't been forgotten And by us you never will.



Sadly missed by your sons, daughters, daughters in law, sons in law, grandchildren, great grandchildren, relatives and friends.

Those of you who think of her today, A silent prayer to Jesus say.

Anniversary Mass for Kathleen on Monday 1st February 2016 at 6.15pm in St. Marys Cathedral, Killarney.

THE MIRACLE **PRAYER**

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Amen

Say this prayer for three days. Publication of prayer and favour will be granted. A.S.

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THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately. Favour granted after 3 days. **E.O.D.**

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MEMORARE TO OUR LADY OF LA SALETTE

Remember Our Lady of La Salette,

true Mother of Sorrows, the tears you shed for us on Calvary. Remember also the care you have taken to keep us faithful to Christ, your Son. Having done so much for your children you will not now abandon us. Comforted by this consoling thought, we come to you pleading, despite our infidelities and ingratitude.

VIRGIN OF RECONCILIATION

Do not reject our prayers, but intercede for us, obtain for us the grace to love Jesus above all else. May we console you by living a holy life and so come to share the eternal life Christ gained by his cross. Amen.

THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer. E.O.D.

THE POWERFUL **PRAYER OF SILENCE**

Silence when going in and out of the Church is a powerful prayer of respect.

Offer it for peace in the world and for your own intentions.

God himself will bless you. Please Promote

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer. M.C.

NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a thousand thanks. And to all of the Saints for favours received. X

GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes, St. Padre Pio, St. Clare, Our Lady of Mount Carmel, Divine Mercy, St. Faustina, St. Michael Archangel and St. Anthony for health favours received. D&A

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother (make request). O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish it and request will be granted to you. This prayer must be published in thanksgiving for favours received. **E.D.**

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked for many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your own broken heart where your heavenly Father sees it. Then in his merciful eyes it will become your favor not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer.



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