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Back where they belong. 8,000 Kerry and Cork supporters pictured on the terraces at Fitzgerald Stadium on Saturday last for the McGrath Club. Picture: Tatyana McGough, Fitzgerald Stadium PR.



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CALL FOR VOLUNTEERS AS MEITHEAL GROUP MOVE TO MONKS WOOD See Page 4



FROM THE EDITOR

As the county enjoyed the lifting of restrictions and a beautiful week of weather, we have a busy magazine for you this week. Fitzgerald Stadium opened its gates to 8,000 supporters for the

Aisling Crosbie.

Killarney continues and the town is set to benefit from funding for new cycle lanes. Our favourite Sports Columnist Jimmy O'Sullivan Darcy has a round up on all things sport including Kerry All Star James O'Donoghue's design to have up his boots following an illustrious career in the

McGrath Cup Final, the ongoing dilemma of the deer population in

decision to hang up his boots following an illustrious career in the green and gold. MKL Gaels plan to walk the distance to The Dáil in memory Ashling

Murphy, Glenflesk is alive with the sound of music and the magazine is full of fantastic offers from our loyal advertisers. Hope you enjoy this week's Killarney Outlook!

GET IN TOUCH

news@outlookmags.com 086 0400 958

SPORTS jimmyosdarcy@gmail.com

SALES des@outlookmags.com 087 6593 427

DESIGN killarneyoutlook@outlookmags.com 087 7776 665

MEMORIAMS maura@outlookmags.com 087 7160372

ACCOUNTS

accounts@outlookmags.com 1800 71 40 40

Editorial Contributors
Jimmy O'Sullivan Darcy - Sport
Billy Ryle - Education
Leona Twiss - Kerry GAA
What Women Want - Beauty
B Well Fitness - Fitness

Contributing Photographers • Marie Carroli O'Sullivan • Valerie O'Sullivan • Sally MacMonagle • Don MacMonagle • Eamonn Keogh • Domnick Walsh

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HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE T: 0818 222 024

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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GALL FOR VOLUNTEERS AS MEHTHEAL GROUP MOVE TO MONKS WOOD

The Rhododendron invasive plant has of infested Killarney National Parks indigenous oak woodlands. The Volunteer Meitheal Group in Killarney and National Parks and Wildlife Services are painstakingly trying to eradicate the plant. Photo:Valerie O'Sullivan (File Photo)

he painstaking work undertaken by the Meitheal Group in Killarney on the Blue Pool Wood is completed for now.

"We are delighted to report that following our meeting with NPWS management it is agreed that our work in Blue Pool is complete for now. We can all be so proud of our work on this legacy project", Johnny Maguire, a member of the Meitheal said.

It is likely that the group will need to return there in the Autumn to remove the then treated, standing Rhodo. The long term plan is that the Blue Pool would be totally Rhodo free by the end of 2023 and that by then the natural Woodland would have started to regenerate.

Starting on Sunday last, January 23rd, the Meitheal group has moved to the Monks Wood. beside Old School House, Muckross House. Their job at Monks Wood will be to remove dead standing Laurel and Rhodo which is much heavier and taller than what they have encountered anywhere, to date. to inside of stone wall and cut the heavier trunks into 4ft logs. We will also be cutting down and pilling in situ any dead rhodo/laurel and clematis in the woodland area westwards towards the Lakeshore. This area of sporadic infestation was treated by us about 2 years ago", Johnny added.

As the NPWS policy is to minimise Carbon release the group will not be burning on site, and further to that policy, nor are they allowed to remove the logs for later use.

As this work is more complex than usual because of the size of the trunks, in the interests of safety all chainsaw operators will commence work at 9am to fell the trees, ahead of the rest of the group commencing at 10, when we will be stacking the logs and making brash piles.

The group are looking for volunteers so if your plans for the New Year involved getting involved in a community projects we would love to welcome you on board. You can text 0872385600 or email info@ killarneymountainmeitheal.com

It is essential that heavy footwear is worn as the ground is very uneven, particularly in the fissured limestone rocky area .



"We will make brash piles of the tops and place as a dead hedge parallel

ADVE<u>RTISING</u>



NEWS



Flesk Walkway and Cycleway, Killarney has received €123,866 in funding.

There has been a broad welcome following the announcement of over €4 million in funding for Kerry walking and cycling projects.

Minister for Education and Kerry TD Norma Foley and Brendan Griffin, TD are among those who have welcomed the allocation of \leq 4,130,293 in funding to Kerry County Council for the provision of walking and cycling (Active Travel) infrastructure.

This significant tranche of funding is designed to encourage more people to walk and cycle in their daily lives, improving the quality of life, the fabric of our urban centres and, in particular, a reduction in carbon emissions as part of the Government's Climate Action Plan.

Among the projects approved today over \in 700,000 will be used to develop an interconnected network of cycleways on the Rock Road, Killarney.

Minster Foley said: "I welcome this significant funding which will enhance and develop walking and cycling infrastructure across the county. The projects being funded today will make a real difference to both rural and urban life and ensure that communities across Kerry are better connected."

Deputy Griffin said: "I am pleased that Kerry County Council has been awarded funding which is part of an overall total of \in 289 million for approximately 1,200 Active Travel projects across the country.

KILLARNEY BENEFITS AS OVER €4 MILLION IN FUNDING FOR KERRY WALKING AND CYCLING PROJECTS IS ANNOUNCED

"Ensuring we have a good and efficient transport system in Kerry is essential for the future as we aim to make our communities and town centres more vibrant, in addition to making commuting to work and school safer and easier.

"Over the past two years we have spent more time enjoying our outdoor amenities and investing in active travel will also help us to meet our climate change obligations.

"There has been substantial progress in this area over the last number of years. Expenditure on and delivery of Active Travel, as funded by the Department of Transport, has seen a significant increase, quadrupling from circa \leq 45 million in 2019 to \leq 184 million in 2021.

"Further amendments are also expected to the Road Traffic and Roads Bill in the coming weeks, which will help our local authorities progress experimental traffic management schemes and other measures which will fast track active travel infrastructure.

"I would like to thank Ministers Eamon Ryan and Hildegarde Naughton, for their continued work and commitment in making this funding available for vital outdoor infrastructure," Deputy Griffin concluded.

- Killarney Town - Interconnected network of cycleways, Rock Road - ${\in}704{,}835$

- Killarney Town - Interconnected network of cycleways, Deerpark road/ Gealscoil junction €70,000

- Killarney Town - Interconnected network of cycleways, Gaelscoil road/-Chestnut Drive €300,000

- Flesk Walkway and Cycleway, Killarney €123,866 - Killarney - Rock Road €186,527

KCC STUDENTS RECEIVE JUNIOR CYCLE CERTIFICATES

Students of the Junior Cycle Class of 2021 were presented with their Department of Education Certificates of Completion and KCC Junior Cycle Assessment Reports today in the College. After a few words from Principal Stella Loughnane and Year Head Jer O Sullivan, Kerry footballer and teacher David Clifford made the presentations. Students then enjoyed some treats and a chat. Principal

Stella Loughnane said "We would like to congratulate all the students on reaching this stage of their academic life in Killarney Community College. These students have been through a difficult and trying time with so much disruption and remote learning due to Covid. They did incredibly well to continue to engaged, stay positive and reach such high academic achievements"





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A Sika deer pictured just inside Killarney National Parkn Mission Road. Deer are regularly seen close to the town.

Green Party Representive in Killarney Diarmuid has called for the cull of deer in the Killarney National Park.

"The population and range of Sika Deer and Red Deer in the county is expanding each year and without natural predators and without culling by trained huntsmen, this is certain to continue exponentially into the future.

The National Parks and Wildlife Service are responsible for the control of populations within state owned lands such as Killarney National Park but not outside these boundaries.

'As a Conservation Volunteer, I have assisted Park Rangers in Killarney

GREEN PARTY CALL FOR CULL ON DEER IN AREAS THAT CAN'T SUSTAIN THEM

National Park with the annual cull in the past. The marksmen are well trained and suitably equipped to dispatch deer in a painless way. A well aimed shot severs the spinal cord, so no suffering is felt by the deer.' says Green Party Rep, Diarmaid Griffin.

Outside of the park, licences can be sought from the NPWS by qualified hunters for the culling of Sika Deer during the open season. Red Deer are protected in County Kerry and can only be culled with a special licence.



Diarmuid Griffin

"Sika Deer are deemed as an invasive species

in Ireland as they are not native to our woodland ecosystem and can cause damage to woodland due to overgrazing and overbrowsing. They also pose a threat to our Native Red Deer, (which have been with us since the end of The Last Ice Age) due to the potential of them interbreeding.' Red Deer are an iconic native species that symbolise County Kerry. The Red Deer stag features proudly on the crest of our County Jersey and is an important part of our heritage and culling by qualified hunters is a humane way to manage the population and protect our native woodlands from overgrazing.

The reduction in numbers will put an end to starving deer, which is a terrible sight to behold and should be prevented in the future.

I understand that the NPWS staff are culling excess deer in the woodlands and grasslands of Killarney National Park but an overarching plan that consults with landowners is needed to tackle the problem. I would argue that it is cruel not to reduce the population of deer in areas that can't sustain them. In these areas, deer are starving, damaging woodlands and roaming across busy roadways in search of food'. concludes Diarmaid Griffin.

Castleisland Community College 'SHAKE IT UP SHAKESPEARE'

The Creative Schools Club at Castleisland Community College took to the stage for their debut performance last month. The group performed an original script, 'Shake it Up, Shakespeare' - a modern take on some of Shakespeare's classics, with a comic Kerry twist! The script was written by Mary Quirke from Qwerkreations.

Mary visited the school every week from October to December to prepare the students for their performance, and, together with Ms. Buckley,

the group worked hard to ensure a memorable performance would be on display. The students also created their own backdrops and props using their own creativity and skills.

The school secured funding from the Creative Schools initiative in association with the Arts Council in 2019 and it was paired with a 'creative associate' to help decide what type of creative projects the school wanted to pursue over the following 2 years. Our creative associate, Olivia Howe (a teacher and a children's author who works in Siamsa Tíre) provided a wealth of knowledge and creative contacts for Ms Buckley and the students.

The Creative School Club is currently

made up of students from 2nd year to 5th year, all with different talents and skills. After such a successful performance on their debut show, the drama group is continuing in the school and welcoming new members from all the different year groups. The students will also be taking part in a costume design workshop over the next few weeks, and in our next show we are hoping to be able to show off some of these new skills.



Shaking it up at Castleisland Community College back row on the left Jessica O Loughlin, Isabelle Brosnan, Oscar Daly,David Peskett, Dawid Balas,Chloe Barrett, Jack Blanchfield and Edward Roche. Front row from the left Pierce Flynn, Leah Voigtlander,Mia Shortt, Seán Butler, Szymon Podraza,Thomas Mc Carthy, Ruairí Mannix, Viktoria Angelova, Jacinta Buckley (Teacher)

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Apologies issued to the young people who did not receive the care they should have following

Shocking Report published into South Kerry CAMHS

A shocking report has caused concern nationwide into the harm caused to 46 young children and adolescents and up to 200 others at the South Kerry Child and Adolescent Mental Health Services, CAMHS .

This week on Wednesday January 26th the Maskey Review into the care received by children and young people at South Kerry Child and Adolescent Mental Health services between July 2016 and April 2021 was published.

The review found that the care received by 240 young people did not meet the standards which it should have, and the HSE has apologised to these young people and their families.

Dr Seán Maskey found "unreliable diagnoses, inappropriate prescriptions and poor monitoring of treatment and potential adverse effects" which exposed many children unnecessarily to the risk of significant harm.

The report also details that significant harm was caused to 46 children and young people, including weight gain; sedation; elevated blood pressure and galactorroea (the production of breast milk).

We have sincerely apologised to the 46 young people and their families, and we wish to repeat this apology publicly today.

HSE officials and clinicians offered meetings to all 240 of the young people who did not receive the care they should have. We have apologised in writing to those affected, we apologised in person at meetings and today we sincerely repeat this apology.

We opened an information line in April for young people and their families on 1800 742 800. The current opening hours are 8am to 8pm seven days a week.

The report was commissioned by Michael Fitzgerald, Chief Officer of Cork Kerry Community Healthcare, which has responsibility for HSE mental health services in Kerry.

Mr Fitzgerald said:

"Young people and their families are entitled to expect a high standard of care when they attend our services, and the report makes it clear that this did not happen in a large number of cases. As Chief Officer of the organisation, I apologise sincerely to the young people and their families for this. I want to reassure the young people and their families that we have taken on board the 35 recommendations in the report, and will implement them as quickly as we can." Mr Fitzgerald added:

their families involved in the review. I attended

"In publishing the report, it is very important to us that we thank the young people and some of the meetings with the young people myself, so that I could hear about the experience they had

with our service first hand and also to offer them a formal apology. The staff involved in the extensive review process have been humbled by the dignity shown by the young people and their families, by the patience they have had with the process and also by the respect they have shown for our staff. It is clear to us that we let people down and we have a lot of work to do to rebuild trust in the service, and this work has already begun."

Dr Maura Young, Executive Clinical Director of Kerry Mental Health Services said:

"Today, we are apologising to the young people who did not receive the care they should have. The publication of the review is one part in the process in rebuilding trust in the service, and we will use the recommendations from Dr Seán Maskey to improve the service and rebuild the community's confidence in the service."

Dr Young added:

"During our meetings with young people and their families, many people asked us if there was anything they themselves should have done differently. I want to be very clear that there is nothing that any child, young person, parent or guardian should have done differently. You put your faith in our service, and you did not receive the service which you expected, and which you were entitled to expect. The report makes it clear that while there were many reasons for the failings, none of the fault lies with a young person or family member."

Sinn Féin TD for Kerry Pa Daly TD has outlined his concerns about the report into South Kerry CAMHS published today, describing the report as "shocking".

Teachta Daly said: "The CAMHS report, published today, is shocking and far worse than anything I could have imagined.

"It exposes everything that is wrong with our health service and the complete lack of services available for young people.

"In the case of CAMHS, it is clear there was no oversight of this doctor or the service itself.

"Despite the depiction of South Kerry CAMHS as a team, there was no organisation or structure in place. This doctor worked alone with no shared diary or organisation around them; resulting in the negligent treatment of these children and adolescents.

"The doctor, who was clearly overworked, was also trying to maintain a private practice while





CHILD & ADOLESCENT MENTAL HEALTH SERVICES

caring for the South Kerry CAMHS patients. "Of particular concern is that when concerns were initially raised, they were not addressed.

"I am pleased that Michael Fitzgerald, Head of Cork Kerry Community Healthcare and the HSE, has accepted the findings of the report.

"Now the recommendations must be implemented in full without delay."

Cllr. Michael Cahill has also described his 'utter outrage' at the findings released of the South Kerry CAMHS Review. Councillor Michael Cahill, Cathaoirleach of Kenmare Municipal District and Deputy Mayor of Kerry County Council said that exposing children to such treatment would remind one of some of the worst excesses we read about in our History books.

"The results of this report have sent shock waves through the hearts and minds of parents everywhere. It pains me to my heart that our vulnerable children could be put through this horrific torture and it reflects badly on all of us that it was allowed to happen" stated Councillor Cahill.

"I have dealt with a number of these families and in most cases, following their interaction with CAMHS, the child became very withdrawn, giving up sport and other hobbies, etc, having previously been active participants" stated Councillor Cahill.

"We should have better structures in place to protect everyone, including the vulnerable, but this Report again proves otherwise. The Report also raises more questions in that, decisions will now be needed to be taken as to how this is prevented from ever happening again" said the Rossbeigh based Councillor.

"Redress must now be made and justice sought for any wrongdoing. This is one of the most scandalous events in our history and it must be treated as such if credibility in our Health Service is to be restored" added Councillor Cahill.

"Young people and their families are entitled to expect a high standard of care when they attend our services, and the report makes it clear that this did not happen in a large number of cases. As Chief Officer of the organisation, I apologise sincerely to the young people and their families for this" Michael Fitzgerald, Chief Officer of Cork Kerry Community Healthcare, which has responsibility for HSE mental health services in Kerry.



It's the talk of the town



Anne Lucey looks at the positive news happening in the town of Killarney

DEAR DEER AGAIN

It seems Killarney deer are never out of the news. The distressing attack by what I am told was a magnificent Red stag on a woman in Glencar last weekend puzzled some. Deer do not attack women, deer do not attack during the rut, was some of the commentary I heard. In fact, while rarely, stags do attack and, like all horned animals, they are dangerous.

Most of the serious attacks occur in December/ January, when there is least food, I have discovered.

Tragically, a respected huntsman died in December 2020 when he opened the paddock in which a red stag was being kept in nearby Duhallow; Last January in the Phoenix Park a woman had a lucky escape after a fallow stag attacked her in the Phoenix Park.

In December 2013 in Scotland, a Cambridge academic was gored in the neck by a wild red stag as she stood outside a holiday cottage after coming home from a ceilí. She was lucky to have survived.

I have also heard how a photographer had to run for her life up a tree in Killarney a few years ago. This was during the rut.

The Irish Deer Commission urge people not to feed wild deer and to keep a minimum distance of fifty metres.

This is not as easy as it sounds anymore.

Anyone walking in Knockreer these days will be well aware how the group of three Sika stags will be within a metre of the path and will not move.

Deer of all species have lost their fear of humans. It was rare enough to see the once furtive creatures thirty years ago. Now they seem to be everywhere.

But is this is because deer numbers have actually increased, or because humans outdoors have increased?

Thirty years ago very few people climbed Mangerton Mountain where the upland herd have always roared and resided. Now, a deep chasm has been gouged by walkers. In the heart of the rutting season, organised a runs and walks attracting hundreds take place up Mangerton even as the wild stags roar within two metres of them - as the deer have always done.

We have no census of deer population numbers per county. But there is no doubt we have vastly more people on the mountain and in the countryside. It would be a great pity our unique



Killarney Red would be over-culled. Our TD Michael Healy-Rae has been to the fore in the deer problem and highlighting the dangers to motorists. But this is a great deer dilemma and there are no easy solutions. Even Michael Healy-Rae did not call for a cull of hundreds of cows after the famous attack on him some years back!

COMPUTING COURSES STILL NOT APPRECIATED



One of my all time favourite detective series is "Inspector Montalbano". It is set on the island of Sicily and centres on a charismatic food -loving detective who acts on instinct. Every so often he slightly bends the rules.

Killarney people watching it will be trying to catch of glimpse of Castiglione di Sicilia, the charming Sicilian hill town that is Killarney's oldest twin. It has been happily on the travel agenda for many local people since 1986.

But the real kick in the series is the deputy Catarella , who mans the station phones and is accident-prone. A kind, soft -hearted individual, he can't seem to register a name properly and constantly gets his words back to front and walks into the same door every day, crashing into the inspector's office

Catarella seems a bit of a buffoon. In despair at him, and trying to get him out of their hair for a day or two, his superiors send him on a two day computer course, which no-one sees the point of and none of the old style policemen wants to do. Cat turns out to be a whiz, an absolute genius at computing. And this comes about just as more and more crimes find their solution in on-line information.

I was reminded of this in recent interview with John Collison, the Tipeprary/Limerick billionaire and one of the world's youngest and wealthiest self-made men.

It is about a computer course the Collison brothers are setting up in UL.

There is "a career conservatism" in Ireland which means courses like those of software engineer are not taken up, and not pursued, John Collison said.

He is co-designing a software engineering course ('Immersive Software Engineering') at the University of Limerick and it comes with the guarantee of work placements in Stripe other tech companies such as SoapBox Labs, Intercom, Analog Devices, Manna Aero and others. Collison thinks that the career of a software engineer is still a very underappreciated one in Ireland.

A starting salary in some software engineering jobs is more than €100,000, he says. The CAO deadline is February 1st 2022.

POST-PANDEMIC POLICING

Tourism is set to roar back in Killarney, the Chief Garda in Killarney has told the county's first policing meeting of year last week, with St Patrick's Day, national and international tourists, Puck Fair and the Rally all back.

With Anne Lucey



Post-pandemic, a hugely busy season is anticipated in Killarney and in partnership with the tourism industry, Garda planning is taking place for the year ahead, Superintendent, Supt Flor Murphy, outlined.

"The coming year is going to be extremely busy with national and international events back in full force," Supt Murphy said.

That meeting also heard how measures are being taken to reassure the public outdoors about safety after the death of Ashling Murphy. Gardai have begun patrolling popular walkways between 2 pm and 9 pm at night and this is set to last for the rest of the year.

The foot patrols in Tralee and Killarney have been set up to give a sense of safety among the community. It was hoped to continue them throughout the year, the Joint Policing Committee Meeting was told on Friday.

Gardai were particularly conscious of maintaining "a strong visibility" in National Park and in South Kerry to reassure the public it was a safe place to visit.

During the pandemic there had been "a significant drop" in burglaries, probably due check points and people being at home and working from home was a deterrent, Chief Garda Superintendent Eileen Foster said.

"But we are moving into changing times if as predicted we are coming out of the Covid Pandemic," she said.

There was a pandemic of "scam calls" and fraud calls to people in Kerry since the pandemic was causing great distress and some means of blocking these calls must be found , the meeting heard from councillors.

There was a strong message about the fire which devoured much of our National Park in April and which was found to be due to carelessness. "Extensive" investigative resources had been deployed with Gardai from the Technical bureau in Dublin brought down. Future fires "with potential for criminality" would attract similar kinds of investigation, the Killarney garda reassured the Killarney public.

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HASSLE FREE PARKING



Members of MKL Gaels are coming together tomorrow Saturday, January 29th to walk in memory of Ashling Murphy, RIP who was killed tragically in Tullamore over two weeks ago.

"We are calling on everyone to join us this Saturday on a run/walk to Leinster House in memory of Ashling Murphy", Gretta Ryan, PRO of the club told Killarney Outlook.

"We want to increase awareness locally about the dangers women face from men, in solidarity with local victims of violence and abuse and to raise much needed funds for Adapt Kerry Womens Refuge". Gretta added. The event starts at 4pm, tomorrow, Saturday 29th January and the club need your help to make it from Castlemaine to Leinster House a total of 300km.

The event will take place simultaneously on the walking tracks around Milltown/Castlemaine Gaa Club, Listry Gaa and Keel Gaa pitches.

"We encourage all of our members and the local community to get involved by coming along to run or walk part of the journey or make a donation big or small". Gretta said.

As part of this, the club who are the Junior County Champions 2021 will have buckets to collect money for Adapt Kerry at the 3 GAA pitches and have set up a fundraising page to accept online donations. Your support is very much appreciated. https://www.idonate.ie/ fundraiser/AdaptLeinsterHouseRun



APPLECROFT OWNERS CELEBRATE TOP 10 WIN

Owners of Applecroft B&B in Killarney are celebrating this week after being named in the top ten of the Best B&B's in Ireland in the Irish Independent Reader Travel Awards.

"We were delighted to be named at Number 6 in Ireland's Top 10 B&B's and even more thrilled to see that we are also in the top 10 of the best Breakfast at a B&B", Kathy told Killarney Outlook.

Kerry took four spots in the celebrated awards with Dingle claiming the other three awards.

Ireland's top 10 B&Bs are: 1. Pax House, Dingle, Co Kerry 2. Castlewood House, Dingle, Co Kerry

- 3. Ardmore Country House, Kinnitty, Co Offaly
- 4. MacNean House, Blacklion, Co Cavan
- 5. Sheedy's, Doolin, Co Clare
- 6. Applecroft House, Killarney, Co Kerry
- 7. Heaton's, Dingle, Co Kerry
- 8. Hanora's Cottage, Nire Valley, Co Waterford 9. The Gateway Lodge, Donegal, Co Donegal 10. Greenmount House, Dingle, Co Kerry

Applecroft House, a Bed and Breakfast nestled in landscaped gardens away from the main road in Woodlawn. A leisurely 15-minute walk into town the B&B is renowned for its friendly atmosphere, delicious fresh breakfast, homebaking, comfortable spacious bedrooms and is considered a hidden gem!



Kathy Brosnan pictured at Applecroft B&B this week.

ADVERTISING



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NEWS

ocated in Deerpark, The Killarney Innovation Centre is one of the countries longest established Centres that promotes Business, Enterprise, Innovation and Collaboration for small and medium business and larger companies seeking a second site location.

In 2021 the Centre took on a re branding project to establish a new identity for the Centre that

encompasses the ethos of the Centre which is to support business that has potential to grow and create employment in the region.

Working with Anchor studios in Kenmare Centre manager Conor O Leary has said that the new brand incorporates a circular logo which represents the KIC.

"An object in orbit is called a satellite. The businesses using the Killarney



NEW LOOK FOR KILLARNEY INNOVATION CENTRE



Innovation Centre are within the 'orbit' of the Centre and just as in nature and space the businesses share the same pull towards KIC.

Orbiting also refers to motion and demonstrates that the businesses are in constant motion and evolution. The central hub of the KIC fosters this growth and development by offering a supportive, bespoke office experience on flexible terms to suit individual business needs"

The killarney innovation Centre is delighted with the end result and is now seeing the branding incorporated into the centre through signage etc.

"it is exciting to see the project come to life in the Centre and the vibrant branding incorporated into different areas is fantastic"

Conor would like to acknowledge the assistance given by Enterprise Ireland and the Department of rural and community development for their assistance in bringing this project to fruition.

If you have a start up business or are looking for a second site location, you can contact Conor at conor@killarneyinnovation.ie / 0646637034 / www.killarneyinnovation.ie

"INCREASED COSTS OF FERTILISER WILL HURT FARMERS AND CONSUMERS"

- Deputy Danny Healy Rae -

This week in Dáil Eireann, Deputy Danny Healy Rae raised the increased costs of fertiliser and how this will hurt not only the farmers but the consumers also.

Here is what he had to say:

"The thing about it is the farmer is being hit every day. The small farmer down in Kerry that wants to retain a bit of land He's hit with every type of an obstruction to stop him at doing that and then all their farms are not arable and they need to grow grass in the small patches they have they need nitrogen and they need fertiliser and just to give you an example urea that was €330 this time last year is now costing €930 a tonne and nitrogen that was 220 euro a tonne is almost 700 euro a tonne so instead of thinking it has just doubled it has tripled in price.

We did hear what the Green TD said and it's actually horrible and I detest people that come up with these brainless ideas, he's talking about organic farming and if that's the way and it could very well be the way we finish up when you see the Greens supporting Fianna Fáil and Fine Gael and they supporting each other in Government. But What's going to happen the cost of food for the consumer, the people down that street there are going to suffer and the people over in the other street , if people want to think that this is only hurting the farmers it is going hurt the consumer. Already we are told that the household will pay €780 more this year for food and groceries and this year's hike has not come at all yet from the farmers because if they have to pay more to produce their milk and produce their beef and produce their grain , for bread and everything else the cost is going to have to be placed across the board, the people that are buying will have to pay for this.

What's happening out there in Europe at the present time, they are playing politics. Russia and Europe are playing politics and who is suffering is the farmer. There is an anti-dumping levy and countries outside of Europe can't supply fertiliser to Ireland without paying an extra charge , something like ≤ 40 or ≤ 50 extra a tonne. I am asking the

Government what have they done about this, because I raised this with Micheál Martin inside on the floor of the Dáil last October. What have they done about anything? We were told first that fertiliser would be scarce but there are boat loads



of it there but they are holding it and hoarding it because they are able to keep up the price of it on the pretence that they can't get gas from Russia and one thing or another. The Minister for Agriculture , The Taoiseach and the powers that be inside in this fine building here they have done nothing since last October or like Richard O Donoghue said since last November they have done nothing and small farmers who need to buy 8 or 10 tonne of fertiliser to barely keep their farms ticking over they are going to have to pay \notin 3,000 or \notin 4,000 more for that amount of fertiliser and I am talking about the small farmers because they are going to be hurt and hit the most. The big farmers , and I sympathise with them too because they have everything done right and they have an awful lot of money spent but it's really going to hit the small farmer in Kerry. Everything seems to hit our rural areas of Kerry and West Cork and those places , every rule that's been brought is to hurt those farmers."

Rural Indepentant Group Press release Dáil Plinth January 25th 2022 -Danny Healy Rae



NEWS

Killarney Innovation Centre

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Glenflesk Comhaltas - alive with the sound of music!

On Tuesday night last, there was huge excitement in the Glenflesk air and everything seemed a little brighter, as the strains of music were heard ringing out from Glenflesk GAA hall. Covid restrictions being eased and a newly elected Comhaltas committee meant that the first of many new exciting initiatives was implemented by Glenflesk Comhaltas - the formation of new music groups!

Glenflesk CCE have created traditional music groups to cater for children from 5-18 years old, and the excitement and buzz in Glenflesk and the surrounding areas is palpable. The new committee have created four group levels when implementing this new initiative, ensuring that youngsters of all abilities are catered for.



Tin whistlers excited before groups began! L to r: Clodagh Donnelly, Jagoda Sznedo, Elodie Rae Walsh

Micheál Gleeson, the chairperson of Glenflesk Comhaltas, who is himself a music and primary teacher in St. Oliver's national school said, "Our vision was to create a social setting for these youngsters to make music together, have fun, develop the skill of group playing and ultimately become better musicians as a result. The committee have done enormous work in the last few weeks getting this off the ground and I have to thank them and especially acknowledge in particular the hard work of my wife Paula, Martina O' Neill Angland and Margaret Creedon. It gladdened my heart after two years of restrictions to welcome the children and teenagers last Tuesday night, and feel the bubble of excitement, watch new friendships begin to form and hear our youth make music as a group".

The branch welcome a new teacher to teach these new music classes. Cathal McHugh is a Limerick native who has himself had enormous success as a traditional musician. He is a primary school teacher, and is hugely engaged with this initiative. Cathal says "I am looking forward to mentoring these music groups immensely. There is a huge musical talent in this part of the country - I am thrilled to be part of this!"

These groups will be provided with many forums to 'show-off' their new found group music playing skills, and have a bit of 'craic' along the way. 'An ole session' is the staple of an traditional musician's diet and these will be implemented over the coming weeks. These sessions will be a regular occurrence and as well as making music, the children can have fun together playing in a more relaxed environment! There will also be other forums to display the music such as an end of year concert, Kerry Fleadh participation and many more!



Micheál Gleeson, the chairperson of Glenflesk Comhaltas

Micheál Gleeson said "Don't forget folks to watch this space and keep an eye on our Facebook page - Glenfleskcce. We have so many initiatives in the pipeline, we will be showcasing our young talent and keeping you abreast of all the plans and of course 'sessions'. As a group of parishes, let's get behind these musicians, encourage them to make music and enjoy themselves. Mól an Óige agus Tiocfaidh Sí. My namesake and fellow Cork man Micheál Martin said last week 'it's time to sing again' ... let me add to that, it's time to make music again"!

These groups cater for all traditional instruments, and for children in Glenflesk and indeed in all the surrounding areas! If you are interested in becoming a member please contact Paula Gleeson at 087-3879733 or drop an email to glenfleskcce@gmail.com



SOME OF OUR LEVEL ONE GROUP BEFORE CLASS: Baxk left to right: Imrial Murphy, Kate Mulally , Elodie Rae Walsh Front left to right; Conall Favier, Colm Kelly

SOME MEMBERS OF INTERMEDIATE CLASS: Back left to right: teacher Cathal McHugh, Eighan Doherty, Jagoda Sznedo Middle I to r : Kieran Horgan, Michael O' Donoghue, Patrick O' Donoghue, Mary Pierce Front left to right: Luke Moynihan, Maebh D'Arcy, Erin O' Neill, Mark Looney



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his year for world wetlands day why not go out and explore your local wetland with guided walks taking place at Tralee Wetlands free of charge on February 2nd.

World Wetlands Day has beeb adopted as an International Day by UN General Assembly and to mark this day of International importance Tralee Bay Wetlands Eco & Activity Park, will host an immersive guided walk around the property to heighten public awareness around the critical importance of wetlands to people and the planet. Discover the long history of human use and reliance on wetlands and hopefully meet some of their wild residents!

World Wetlands Day, February 2nd, is a celebration of one of our world's most vulnerable and yet most valuable natural habitats; it marks the adoption of the Ramsar Accord, a global treaty signed by over 150

countries that provides the framework for national action and international cooperation for the conservation and wise use of our fastvanishing wetlands. At over 2000 Ramsar sites worldwide, schools, communities and organisations are celebrating everything that wetlands provide us, while raising awareness of the need to protect these fragile landscapes. This Guided Walk at Tralee Bay Wetlands Centre will be FREE of charge. However please note tickets must be pre booked in advance and are available from our website www. traleebaywetlands.org.

Date: Wednesday 2nd February

Times: 12noon and 3pm Cost: Free (free tickets must be prebooked online www. traleebaywetlands.org) Duration: APPROX 1.5hours

Requirements: suitable outdoor comfortable clothing and footwear.

During this guided walk and venture around the main lake and wetlands marsh

view and spot local birds in action. Learn more about the importance of wetland ecosystems and the services they provide.

On this day we will be venturing around our lake and urban wetlands marsh to find what birds are hiding nearby. After this walk you will hopefully be able to identify some local birds and have a greater appreciation of your local habitats.

Wetlands are rich with biodiversity and are a habitat for a dense variety of plant and animal species. Latest estimates show a global decline of biodiversity, while wetlands are disappearing three times faster than forests.



WAIT UNTIL SHE SINGS!

By Nicky Barry



Opera buffs who know their stuff, just love the joy it brings, And they say it's never over, till the fat lady sings. Michael Martin spoke with heart, from the red carpet steps, And such was the good news, could not contain himself. For the first time in two years, he brought all us joy, Ending the restrictions, and men became little boys. The country breathed sighs of relief, and some climbed on high stools, And children were delighted, to be still in school. Teenagers got their glad rags on, and hit the town nite clubs, And auld fellas made their way, with joy to local pubs. Crowds turned out at football games, all over the land, And taxi men were happy, to be back in demand. Takeaways and chippers, dished out fish and burgers, And Muckross was only buzzing, with cyclists and joggers. Bartenders were the only folk, not totally enthralled, For with the early curfew, they all had a ball. They were out of their bars early, which brought them great delight, And their wives got used to them, being home before midnight. We all hope the worst is over, as we welcome in the spring, But sadly to relate, I've yet to hear that lady sing!

JOHN HEALY FROM HEALY INSURANCE LOOKS AT WHAT KIND OF INSURANCE COVER DO **GUESTHOUSES NEED?**

and

will



John Healy.

of the guesthouse. Ordinarily the types of covers would include, Material damage cover for Buildings, fixtures and fittings, stock, guest effects, and other assets that your business owns. Covers will include fire,

The most suitable

depend on the size

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flood, escape of water, theft, and storm among other perils. Cover extensions are available such as fire brigade charges, signage and goods in transit. · Money cover. Loss of money cover is usually standard up to €5,000. It is likely we will see a culture change post pandemic due to reduced cash usage but the extent of this change is not yet known. For now Guesthouse policies will cover the loss of cash & cheques. The amount of cash covered can be increased depending on safe and security details. Personal assault cover can be included when carrying cash to the bank.

• Employers, Public and Products liability. All Guesthouse policies include liability cover. Employer's liability is covered up to a maximum of €13 Million and can be based on employee numbers and/or wages. Public liability can be selected within a range of €1.3 Million to €6.5 Million and covers your legal liability in the event that you are negligent and required to pay compensation for bodily injuries or damage to third party property. Projected turnover will determine the rate charged. Products liability provides cover if a third party is injured by a product that you have sold. interruption Business covers consequential loss of gross profits following an insured event such as a fire. It is important to review your gross profits sum insured on an annual basis.

· Other covers can include seasonal increases and deterioration of stock, loss of licence cover, glass breakage, Cyber insurance, personal accident and many more.

· A robust risk management structure can achieve more attractive rates and should include annual health and safety statement reviews, fire safety procedures, CCTV usage, and risk assessments.

• Your policy should be tailored to your individual needs, so it pays to get expert advice from professionals who take the time to understand your business.

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UNCERTAINTY ABOUT THE LEAVING CERT FORMAT AN UNTIMELY DISTRACTION FOR CAO APPLICANTS

What a pity that controversy about the format of the Leaving Cert exam has raised its ugly head at a most inopportune time for young people who are engaged with their CAO application as the closing date of 1st February draws near.

The Department of Education, The State Examinations Commission (SEC) along with the Post Primary Teacher Unions, TUI and ASTI are in favour of returning to a traditional exam, with a number of adjustments to compensate for the disruption of in-class teaching. On the other hand, the Irish Second Level Students Union (ISSU), the National Association of Principals and Deputy Principals (NAPD), the National Parents Council Post-Primary (NPCPP) and some of the political parties are calling for a twin-track approach in the form of a hybrid assessment option.

There is a growing swell of opinion which maintains that the adjustments already made in the exam papers didn't foresee the level of disruption being caused by the omicron variant and that needs to be catered for in the Leaving Cert format. However, at a meeting of stakeholders last week, it was suggested that further modifications to written papers and other exam components, such as practical exams, could mean more choice in and between guestions, and a reduction in the number of questions candidates have to answer. In that event, the SEC maintains that the traditional exam is the fairest way of measuring achievement in the Leaving Cert exam.

Those advocating a hybrid system insist that exam candidates need the safety valve of accredited grades. Back in 2020, the traditional exam was replaced by calculated grades based on teachers' estimated marks. Last year, candidates were given a choice between written exams or accredited grades, based on teachers' marks, or a mixture of both assessment methodologies. In the case of candidates who opted for a mixture of both systems, the higher grade achieved in each subject was awarded.

The SEC maintains that it can't replicate last year's accredited grades system because a significant number of the candidates don't have Junior Cycle exam results, which are included in the statistical instrument of accreditation (algorithm). In addition, the Department of Education is determined to avoid a repeat of the grades inflation in 2021, which led to an unprecedented level of competition, depriving some of the highest achieving applicants of their first choice in the CAO college application system.

The concerns of the ISSU must be taken on board, particularly in light of the unprecedented level of student and teacher absence from school due to the omicron variant. The children's Ombudsman, Dr Niall Muldoon's also entered the debate last week saying that students must be listened to and that a hybrid solution must be considered. The logistics of last year's dual system worked very well and relieved a great deal of worry and stress for the candidates. If the algorithm, which resulted in the awarding of very high grades last year, could be statistically modified to produce Leaving Cert results comparable to 2019 results and before, then a hybrid system would be worth considering again this year.

Meanwhile, as Leaving Cert candidates grapple with this nerve-wracking uncertainty, early CAO figures indicate that the rush to college may be levelling off. By early application deadline of 20th January, CAO had received 65,535 applications, down 922 from the 66,457, who had applied by the same date last year. By normal closing date of 1st February last year, 79,303 applications had been lodged with the CAO. It will be interesting to see if the equivalent figure, on 1st February this year, is up or down on last year. With the addition of late applications to CAO, the number of applicants in 2021 eventually increased to a record 84,526 applications. With the economy beginning to move its quite possible that more Leaving Cert candidates are looking seriously at the jobs market, apprenticeships, traineeships and further education as an alternative to the CAO route. All will be revealed when the final number of CAO applications is released later in the year.

CHECKLIST

- Closing date for online change of CAO course choices (free) is 1st Feb at 5pm
- Closing date for the normal CAO online application is 1st Feb at 5pm
- Closing date to register for MSAP (Mature Students) test is 30th January
- Closing date to register for GAMSAT (Graduate Medicine) test is 31st January
- Online facility to amend course choices opens at noon (€10 fee) on 4th Feb
- Closing date for amending course choices is 1st March at 5pm
- Completed online HEAR/DARE forms must be submitted by 5pm on 1st March
- Late application facility opens at 12.00 noon (€60 fee) on 4th March
- HEAR/DARE supporting documentation must arrive in CAO by 5pm, 15th March
- Early CAO figures indicate that the rush to CAO colleges may be levelling off
- By early application deadline, CAO had 65,535 applications, down 922 on 2021

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

€2.3M IN FUNDING FOR KERRY SCHOOLS

under Summer Works Programme 2022

Mechanical works are set to take place at Two Mile Community National School following the announcement of funding by Minister for Education and Kerry TD Norma Foley has today (24 January 2022) announced funding of \in 2.3 million for the approval of 24 projects across Kerry under the Department's 2022 Summer Works Scheme.

This funding is part of the overall package of \in 65m for a total of 497 projects around the country.

Minister Foley said: "I am delighted to confirm this significant tranche of funding which will provide further investment for schools in Kerry under the Summer Works Scheme.

"School communities have shown great resilience, flexibility and leadership in adapting to the many challenges that arose over the course of the pandemic. This funding is a further endorsement of the excellence in education provided by schools across the county.

"I am announcing the Summer Works Scheme projects now so that schools have a good lead-in period to plan and deliver the projects in summer 2022.

"Today's announcement follows on from the enhanced minor works funding which was delivered to schools a number of weeks ago."

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JAMES O'DONOGHUE RETIRES FROM INTER COUNTY FOOTBALL

Jimmy O'Sullivan Darcy looks back on the illustrious career of the Kerry All-Star

James O'Donoghue was football royalty from the start. James O'Donoghue's grandson – if you had a Mount Rushmore in East Kerry, there's a good chance that James' senior's face would be carved on it.

Diarmuid O'Donoghue's son – and Diarmuid had been one of the sharpest forwards of his day, able to slip from any defender's net and deadly accurate – he was desperately unlucky not to captain Kerry to the centenary All Ireland ahead of Ambrose O'Donovan.

Oldr heads, much too wise to say it to the young lad, could always see it in young James. What I remember most, more than his accuracy, more than the trademark lack of backlift when kicking that is the sign of a natural footballer, was his incredible sense of balance. He could twist like a midstream salmon.

And the smile. Jaysus, but James really and truly loved playing the game, and still does.

He was the star player in the bright constellation that was the Sem team that reached a Hogan Cup final in 2008. Some people will tell you that the Sem would have won that final if James hadn't been carrying a shoulder injury that was to end up plaguing him all his playing days, but to be honest, my own memory is that St. Pats Dungannon were a great team and deserving winners. It was already a sign that James belonged on the big stages, though.

He played his first official game for Kerry with the Kerry minors that year. Himself, Paul Geaney, Barry John Keane, Barry John Walsh, Jack Sherwood, Daithi Casey, Mike Tim O'Sullivan, Cian Tobin, Colm O'Shea, Shane Carroll, Jamie O'Sullivan....that's just the options for the forward line. They were beaten by Mayo in an All Ireland semi-final replay, though.

He played two games for the Kerry U21s in 2010 (he missed the Munster Final defeat to Tipperary) and another two in 2011 (Kerry were obliterated by Cork in Pairc Uí Rinn; no Kerry player showed the slightest gallop).

Hardly auspicious beginnings to an intercounty career! Aspiring players take note, Colm O'Rourke spent the bones of a decade playing for Meath before the slightest taste of success. There's a moral in that story somewhere.

By then, though, James was already a Kerry senior. He made his debut off the bench against Dublin on February 7th, 2010 (a 1-12 to 1-10 defeat) and also came off the bench against Cork (another defeat). His first taste of victory was against Dublin the following year – James started at corner forward and picked off three neat points. His championship debut also arrived in 2011, in the Munster Final victory over Cork (his first medal with Kerry, certainly not his last!).

By 2012 he was recognised as one of the best forwards in the country, racking up a tally of 1-11 over six championship games. In 2013 he was even better, with 3-11 over just four games, picking up a deserved All Star. That's hard to surpass, but James did exactly that a year later. He kicked double figures, 0-10, against Cork in the Munster Final – Kerry foxed the Rebels completely that day, with Paul Galvin dropping back into a quarterback role and James running riot up front. Against Galway in the guarter-final he kicked 1-5. Against Mayo he kicked 1-3 in an enthralling draw. He doubled that tally in the replay in the Gaelic Grounds in an even better game - I've always felt that Kerry got a bit of luck when Aidan O'Shea and Cillian O'Connor accidentally collided, but they were the better of two great teams. James' clubmate and close friend Jonathan Lyne had a stormer as well the same day.

In all that time, though, the one accolade that he and every other Kerry footballer aspires to eluded him. What Paidí Ó Sé always referred to as 'the canister' didn't reside in the Kingdom. Finally, though, Kerry had their date in Croke Park with Donegal and destiny.

Everyone, including Donegal, expected James O'Donoghue to be the focal point of the attack. Instead, Eamonn Fitzmaurice withdrew James as a playmaker to the forty, leaving big Kieran Donaghy and his old minor comrade Paul Geaney inside to do the damage. At the end of 70 plus minutes, Kerry were All Ireland champions on a 2-9 to 0-12 scoreline, not least because of a supremely unselfish display by James. Not only did he collect his second All Star, he was also Footballer of the Year.

James was to play for Kerry for another six years, despite being increasingly troubled

by injury, right up until the 2020 National League. His final game for Kerry was on February 1st, 2020, where he contributed 0-2 to Kerry's victory over Galway. Although he had hoped to return to the green and gold once he regained full fitness, it unfortunately wasn't to be. Given James' potency on the scoreboard and Dublin's dominance in that period, I'm sure I can't be the only Kerry supporter wondering what might have been. In all of that time, James has been the key player for Killarney Legion, leading them to two U21 club titles, a County Final Replay against South Kerry, and a coveted O'Donoghue Cup. Hopefully the counties' loss will be the club's gain and we will get to see one of the best footballers of a generation performing his magic again.

Killarney Legion paid tribute to their club man and Kerry Footballer James O'Donoghue the announcement.

"The Club would like to congratulate James O Donoghue as he has announced his retirement from Inter County football", Enda Walsh PRO said.

ROLL OF HONOUR

Holder of 2 All Stars in 2013 and 2014 as well as Player of the Year 2014.

Honours

All-Ireland Senior Football Championship (1): 2014

Munster Minor Football Championship (1): 2008

Munster Senior Football Championship (8): 2010, 2011, 2013, 2014, 2015, 2016, 2017, 2018

McGrath Cup (1): 2010 All Stars (2): 2013, 2014

Corn Uí Mhuirí (1): 2008

The Sunday Game Player of the Year (1): 2014 All Stars Footballer of the Year (1): 2014



James O'Donoghue pictured in the Fitzgerald Stadium in the Munster Final v Cork iin 2017. Picture: Tatytanba McGough Fitzgerald Stadium PR

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POLITICAL VIEW

A Kerry County Councillor has said that any ban on dogs and horses needs to be approached with due care and consideration. "The proposal to bring in Bye-Laws by Kerry County Council to ban dogs and horses from Blue Flag beaches between 11am and 7pm daily from June 1st to September 15th, needs to be approached with due care and consideration for everybody involved, including bathers, animal lovers, the animals themselves and anybody using our beaches" according to Councillor Michael Cahill, Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District..

"All data in relation to this issue must be made available to the public before any decision is made and this must include results of recognised research into pollution caused by these animals on our beaches, all criteria used in all jurisdictions where the Blue Flag is recognised, all legal and constitutional rights of those walking dogs and those otherwise using the area" said Councillor Cahill.

"People with and without dogs have been enjoying 'a day at the beach' for many generations now and this proposal would suddenly change who can and cannot do that. We must therefore be careful to take all angles into consideration before we proceed with any decision" stated the Fianna Fáil Councillor.

"There are many people obviously who exercise their dogs regularly on the beach, as there are

ANIMALS ON BEACHES ISSUE

NEEDS TO BE APPROACHED WITH CARE



Derrynane Beach

many people who exercise there without an animal. There are many people who always keep their pets under control and clean up after them and unfortunately, there are a few who do not consider this their responsibility. There are also people who do not mind meeting loose dogs on the beach and more who dislike or are frightened of the experience" said Councillor Cahill, who resides in Rossbeigh, a Blue Flag Beach.

"Can we estimate the percentage of our population that we would be blocking from entering our beaches if this ban was put in place? Are we willing to take such a step? I have even been asked in recent days if the retention of the Blue Flag is worthy of such a ban.

If we tease this out patiently and properly, there is a possibility surely that we can find a compromise" said Councillor Cahill.

"I also have an issue with the proposed ban on Horse Trekking on our beaches. This is a business that has been carried out at Rossbeigh Beach for over one hundred years and has made a significant contribution to the Glenbeigh and Mid Kerry region" stated Councillor Cahill.

"All sides must have their say and all possible compromises must be considered" added Councillor Cahill.

KELLEHER HAILS "DECISIVECOVICTORY FOR COMMON SENSE"EXTENDEIN ANIMAL TRANSPORTA Kerry Fianna
has welcomed the



Fianna Fáil MEP Billy Kelleher has said that results on the ANIT Recommendations vote were a decisive victory for common sense.

"Both compromises that I proposed on the issues of pregnant and unweaned animals were carried by the Parliament this morning, and a very concerning amendment attempting to limit journey times to eight hours was also defeated.

"Common sense prevailed. From the very outset, I set out clearly that it is possible to have high animal transport standards and allow the continuation of ordinary farm life across Europe. "MEPs from across all political groupings realised that taking an extremist view on this issue would not make good policy.

"Over the last number of weeks, I have worked hard to bring MEPs with me on this issue, by appealing to reason and to logic, and to the idea that rural communities and farm families must be supported, and that this belief can co-exist with high animal welfare standards.

"I do hope now that when the Commission makes its proposal for a new regulation, it will take into account the very clear view of the parliament that we can be ambitious and yet realistic," concluded Kelleher.

COVID BONUS SHOULD BE EXTENDED TO INCLUDE MORE WORKERS

A Kerry Fianna Fáil Councillor has welcomed the €1,000 bonus announced for Frontline staff, following the Covid-19 pandemic, but asks that full consideration be given to all those who contributed during this very difficult period.

"I am thinking in particular of 'Home Helps' as we call them, and District Nurses who continued to work with those in their care during this difficult period, by trying to protect them as well from this virus and putting their own health in danger while doing so" said Councillor Michael Cahill, Deputy Mayor of Kerry County Council and Cathaoirleach of Kenmare Municipal District.

"There are many others who contributed magnificently in our hour of need, who had no choice but deal directly with vulnerable and elderly citizens through their jobs during this pandemic and I would like to see them getting due consideration for their input, which was invaluable" said the Rossbeigh based Councillor.

"We have fantastic people doing jobs that to many of us would appear impossible, and we should show our appreciation of them" added Councillor Cahill.





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back up to the level of fitness that is safe for you, and in a safe way.

HeartBeat Strutters will have their first group walk on Thursday February 10th at 11am, gathering at the King's Bridge opposite St. Mary's Cathedral.

- Group will meet every Thursday at 11am
- Warm-up and cool-down sessions PLUS group or individual advice from walk group leader Kevin
- €2 fee per walk (collected before start)

Walk gueries to Mairead 087 681 8473 and fitness/mobility queries to Kevin 087 600 2180

THROUGH THE KEYHOLE...

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KILLARNEY FORESTRY RALLY TO RAISE FUNDS FOR COMMUNITY AIR AMBULANCE

Rally drivers from across Ireland will help fund future Air Ambulance missions when they take to the gravel in County Kerry next month. The Irish Community Air Ambulance has been announced as the beneficiary of the Killarney Forestry Rally. Up to 100 crews are expected to take part in the event in Castleisland which goes ahead on Sunday, February 20th.

The Irish Community Air Ambulance is Ireland's first and only charity-funded HEMS Air Ambulance. It works in partnership with the National Ambulance Service and is tasked to respond to serious incidents and medical emergencies from its base in Rathcool, Co Cork. The Killarney Forestry Rally is the first round of the Irish Forestry Championships and is organised by Killarney and District Motor Club. Dermot Healy is Clerk of the Course, he said, "This is the club's first time running an event where 100% of all profits will go to charity. We are delighted to be associated with the Irish Community Air Ambulance and have been overwhelmed with the response from the local community. Wonderful sponsors have come on board because of the connection with the Air Ambulance. The service is well known in this area and has helped many people locally. However, we want to raise awareness among the entire rally community because you never know when you or someone you love might need the service yourself."

The HEMS Air Ambulance was tasked to 512 incidents during 2021, its busiest year since the service launched. There were 116 missions in Co. Kerry accounting for 23% of all call outs. Each mission costs an average of €3,500, all of which has to be raised or donated.

The CEO of the Irish Community Air Ambulance, Micheál Sheridan said, "We are honoured that Killarney and District Club have chosen us as the beneficiaries of this exciting event. We are always looking for new and innovative fundraisers and partnerships. We expect it will cost \in 2.1m to run the charity this year which

is a significant amount to raise. It is thanks to donations and fundraisers of all sizes taking place in communities across the country that we can bring hope to people when they need it most. Our crews treat the most critically ill and injured patients, often in rural locations, bringing them to the hospital that best suits their life saving needs, not just the closest geographically."

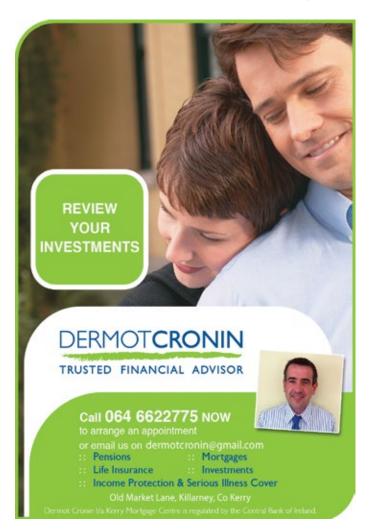
The Killarney Forestry Rally on Sunday, February 20th will be based in the River Island Hotel, Castleisland. The ceremonial start will take place at Castleisland Mart on Saturday evening with the first car off at 10am on Sunday morning.

For more information about the Irish Community Air Ambulance or to make a donation directly to the service visit https:// communityairambulance.ie To discuss becoming a sponsor contact Key Relationship Manager Lorraine Toner by emailing lorraine@ communityairambulance.ie

Fans enjoy fantastic return to Fitzgerald Stadium

Pictures: Tatyana McGough Fitzgerald Stadium PR





MONEY MATTERS

By Dermot Cronin, Financial Advisor



YOUR

REVIEW

WHY SHOULD YOU PENSION?

To check the performance of your pension and what funds you are invested in. This is VERY IMPORTANT, for example, if your pension is invested in high risk funds your total pension fund could substantially reduce over a short period of time and if you are coming close to retirement this could result in you having much less of a pension when you retire.

Is your pension on target to reach the income you want on retirement? This should be checked on regular occasions, at least annually, if your pension is not on target changes can be made to help and try to put your pension back on track again.

What pension provider is your pension with and how much do they charge you? Charges are very important because you need to make sure that your pension charges are competitive on a like for like basis with other pension providers.

Pension providers offer more choices to clients now than before and the choices can be easier to understand if explained to you in plain simple English and by not using jargon. A financial advisor should help you understand your pension and your pension options better.

For the above reasons I recommend at least an annual review of every pension with a financial advisor who has access to different pension providers.

To discuss the above or for any other queries you can contact Dermot Cronin QFA at 0646622775 or email at dermotcroninifa@gmail.com

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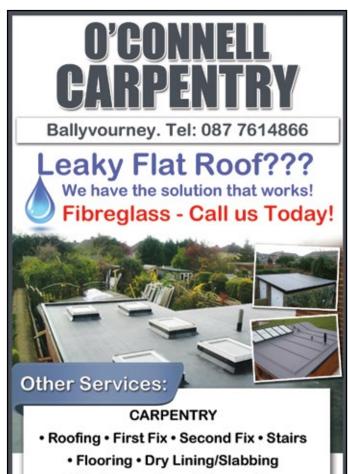


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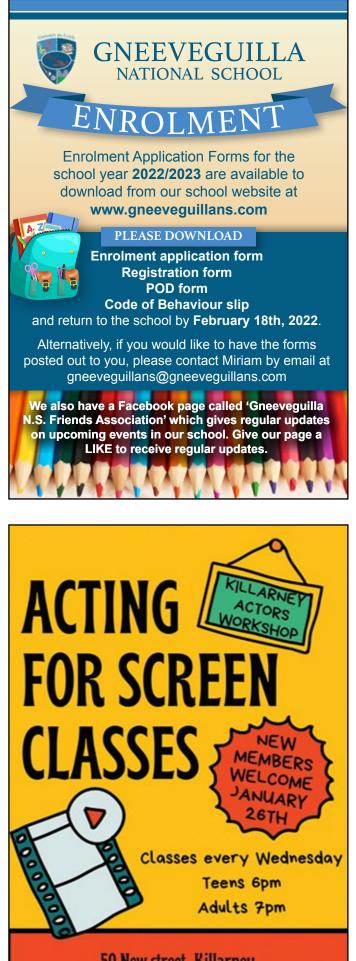
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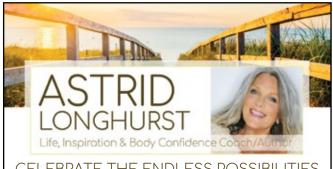
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Repeating the past keeps us stuck in the past. So often, we keep going over what has gone before in our lives. We may find ourselves dwelling on what went wrong, what didn't work and who said what to us. These thoughts can consume our present moments until we find no joy in them because they are coloured by the past.

Today's Coaching Mini – Challenge

Today, make a decision to slow down and fully notice the moment you are living in. Be aware of how you feel, what your thoughts are saying, how your body feels and how much energy you have. Just observe the moment, without making any judgements on yourself or others.

Do every action consciously. Make time to really listen to yourself and others. Make your actions conscious and full of love. And just notice how you feel at the end of the day. Many people find that they feel calmer, more balanced and more in charge of their actions. There is something quite wonderful about actually being present for the moments of our lives as they unfold. Enjoy!

For more coaching tips and inspiration please join me on Instagram @romancingyourbody or sign up for my newsletter at www.astridlonghurst.com

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Do I need to use a Toner after Cleansing?

No, a toner is not the most important product in your regime. A toner was traditionally used to balance your skins ph level but now most cleansers do this. Or to tighten your pores which can still be useful if you have an oily or acne prone skin. A toner containing salicylic acid is antibacterial and anti-inflammatory and will work well to decongest your pores and mop up excess oil.

Some toners use lactic or glycolic acid to soften the skin and enhance the penetration of other active ingredients in your serum and moisturiser. If your skin is very dry use a toner with Hyaluronic acid and aloe to bring moisture back into your skin.



You could also try a spritz instead of a toner to calm and hydrate the skin or to tighten and firm depending on the ingredients. Generally, these are packed with antioxidants to protect your skin and it is a great way to rehydrate and refresh your skin by day.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



WHY COMPARING & CONTRASTING IS KEY TO A GOOD LIFESTYLE

Sleeping 7/8 hours and having a set bedtime so your waking up time V's Being inconsistent & letting what's on the telly or how many beers you have dictate your bedtime

Reading & Educating yourself & having real free time for yourself V's on phones all evening or watching unnecessary tv and wasting your free time.

Meal prepping weekly or every few days V's going off the cuff and being unorganised and all over the place rushing.

Making time for Family or Friends to boost you feel goof factor V's Being lazy on the couch and getting lonely, miserable and in a rut.

Setting boundaries between work & life V's Working to the point of burnout.

Life is all about balance, if your feeling a bit off, not motivated or just generally feel like your going through the motions its good to reflect over your lifestyle now and then, it can be a real open doors moment, resetting and being consistent as much as you can. Start small with something like what time to go to bed and wake at and build on it and start introducing in other areas of your life and gradually over time you'll end up having a better quality lifestyle more time perhaps, more effective and you feel like your back in charge of things.

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What is visual disturbance?

Visual disturbance is when you experience a short spell of flashing or shimmering of light in your sight. The symptoms normally last around twenty minutes before your sight returns to normal. Usually, there is no headache during the visual disturbance. A visual disturbance should not be confused with a retinal or ocular migraine where there is a partial or total loss of vision in one eye, normally with a headache.

Who is affected by visual disturbance? Visual disturbance is a common condition among people who are affected by migraines, although they can affect anyone.

Visual disturbances tend to be more common in:

• women

- people aged under 40
- people aged over 60

• people with a personal or family history of migraines

What are the symptoms of visual disturbance?

Flashes of light

These may start in the periphery of your sight, and become larger and more central (Some people experience the opposite, starting as a tiny dot centrally and become a bigger arc as they reach the periphery) They may be black and white or brightly coloured

Typically described as a zigzagging pattern, or giving the appearance of shards of glass

They may be apparent when your eyes are shut • The disturbance affects your sight and both eyes are affected.

• There is no headache during the disturbance

The visual disturbance last around 20-30
minutes

How do you treat visual disturbance? Firstly, do not panic; visual disturbances can be frightening, but in most cases are short lived. If you are driving or operating machinery, stop what you are doing and wait for the symptoms to go away. Make a note of your symptoms, how long they lasted and what you were doing just before they began. In most cases, there is a common trigger and keeping a diary of symptoms can help work out what the trigger is. Simply avoiding the trigger, where possible, may be all you need to do. Common triggers include:

stress tiredness

 flashing or flickering lights (including driving through a row of trees in bright sunlight)

- glare
- exercise
- bending over
 dehydration

• certain foods such as chocolate, cheese or alcohol.

excessive heat



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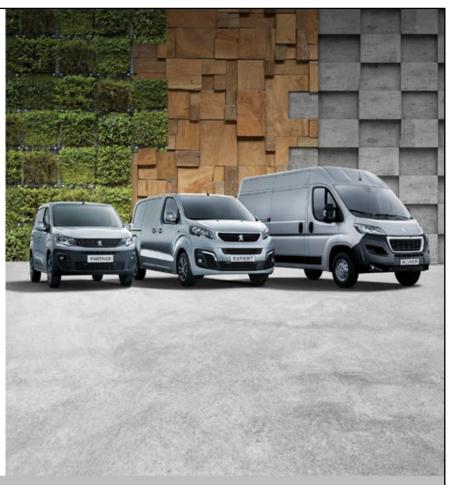
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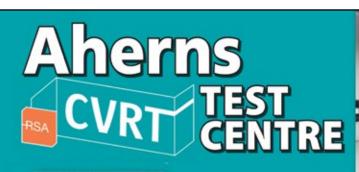
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MUCKROSS ROWING CLUB

AGM

Thanks to all in attendance at the club's AGM on Friday last, January 21st. The AGM heard the reports of Club Chairman Sean Daly, Captain Jeremy Kenny and Treasurer Mike Daly - all reflecting on the challenges and difficulties faced by the club and wider community through COVID-19. Despite the unprecedented impact of COVID, the club has persevered and maximised the rowing and training opportunities since March 2020 - whether virtually by Zoom or at the club and competitive events when restrictions allowed. Thanks to the commitment and effort of our committee, coaches, members, parents and sponsors, the club has continued to grow and we look forward to all that lies ahead in 2022 with the easing of public health measures.

SHANDON HOR

Best of luck to all our crews competing in the Shandon Head Of the River this Saturday, January 29 at the Cork Marina. The club will be represented by 21 crews at the 4.5km time trial.

GNEEVEGUILLA ATHLETIC CLUB LOTTO 14/01/2022

No winner of our lotto draw 14/01/2022, numbers drawn were 2, 13, 19 & 28. Sellers prize winner Jane Collins, \in 50 y/t prize winner John McCarthy Bealnadeega, \in 50 to Katie O' Connell Ballydesmond, \in 40 each to Bill Guiney tureen, Tess Crowley c/o Mgt Hayes & James Carolan Knocknaseed. Bonus not won numbers drawn were 16, 17, 18 & 19. Next week's jackpot \in 20,000 plus \in 1,000 bonus. Winner of \in e200 surplus Shane Doyle Lisbabe.

LOTTO 21/01/2022

No winner of our lotto draw 21/01/2022, numbers drawn were 5, 23, 25 & 26. Sellers prize winner Hickey's Centra. Yearly ticket prize winner Jimmy Pa Broosnan Mausrour, \in 50 to Jennifer Buckley Banard, \in 40 each to Lina O' Connor Knockanes, Siobhan O'Connor Scartaglen & Aisling O' Keeffe Askeaton. Bonus not won, numbers drawn were 11, 15, 20 & 26. Next week's jackpot \in 20,000 plus \in 1,000 bonus. Winner of \in 200 surplus Jean McCarthy Gneeveguilla

BADMINTON NEWS GIRLS AND BOYS DOUBLES CHAMPIONSHIPS 2021/22

Held in the Killarney Sports and Leisure Centre

on the 22nd January 2022

U10 Girls Winners: Margaret Carmody and Alexis Belova Flanagan Listowel. Runners Up: Anna O'Neill and Ella O'Neill Listowel

U10 Boys Winners: Cillian Quilter & Jonathon Wieland Listowel. Runners Up: James Corr & Scott Akinyemi Tralee

U12 Girls Winners: Triona Prendiville & Nicole Vesko Listowel. Runners Up: Kayla Galvin & Irene Carol Listowel

U12 Boys Winners: Ciaran Moriarty & John Joe Carmody Listowel. Runners Up: Daniel Wieland & Joe Barry Listowel

U14 Girls Winners: Grace McGovern & Kate Harmon Kingdom. Runners Up: Kate Nolan & Sinead Kelly Listowel

U14 Boys Winners: Oscar McElligott & Michael O'Sullivan Listowel. Runners Up: Sean Creighton Listowel & Darius McCormack Annascaul

U16 Girls Winners: Maria Tritschler & Katie Trant Listowel. Runners Up: Fiona O'Connor & Agata Niedzielska Listowel

U16 Boys Winners: Ethan Farley & Mikey Belova Flanagan Listowel. Runners Up: Ruadhan Donovan Annascaul & Diarmuid Quirke Milltown

KILLARNEY RFC NEWS U16 GIRLS CREATE HISTORY

A truly historic weeked of rugby last weekend for Killarney RFC with our U16 winning the U16 girls Munster League in Limerick last Saturday. A wonderful display of running rugby at it's very best and a huge congrats to all the girls led by Captain Fia whelan, coaches Diarmuid O'Malley and Josh Whelan and Team manager Anne Gabbett. This win is on the back of a lot of hard work done by many within the club to develop girls rugby since the first girls started at Minis in 2016! We have come a long way since then and the whole club is very proud to see our U16 crowned Munster champions. Very well done again!

A huge congrats to our U14 Red team who did the double for the club, winning the West Munster Plate on Saturday at Aghadoe. Very well done all!

MINIS AWAY TO DINGLE

This Saturday the 29th the minis will head to West Kerry so there will be no training at Aghadoe. The U8- U12 will travel so no Fawns training this weekend. Please be at the pitch in Boherboy (V92 FN76) for 10:20 or give Minis Coordinator Liam Murphy a shout on 087-4145662 for more. **RESULTS**

U16 Girls Munster League Final: Killarney 27 - 15 Ennis

U14 West Munster Plate Final: Killarney 25 - 5 Abbeyfeale

U14 Girls League: Killarney 47 - 64 Dunmanway/ Bantry

U18 boys U18.5 Cup (Group 3): Waterpark 37 - 15 Killarney

FIXTURES

Minis U8/U10/U12 away to Rugbai Chorca Dhuibhne, Sat @ 10:20am.

U14 West Munster Cup: Reds V Killorglin, Aghadoe, Sat 29th @ 11am

U14 West Munster Cup: Black V Abbeyfeale, Aghadoe, Sun 30th @ 11am

U16 Boys: U16 Cup Killarney V Bandon, Aghadoe, Sat 29th @ 12:30pm

U18 Boys: U18 Cup Kinsale V Killarney, Kinsale, Sat 29th @ 12:30pm

Seniors: Munster Junior Cup: Killarney V Tralee, Aghadoe, Sunday @ 2pm

KILLARNEY VALLEY ATHLETIC

CLUB

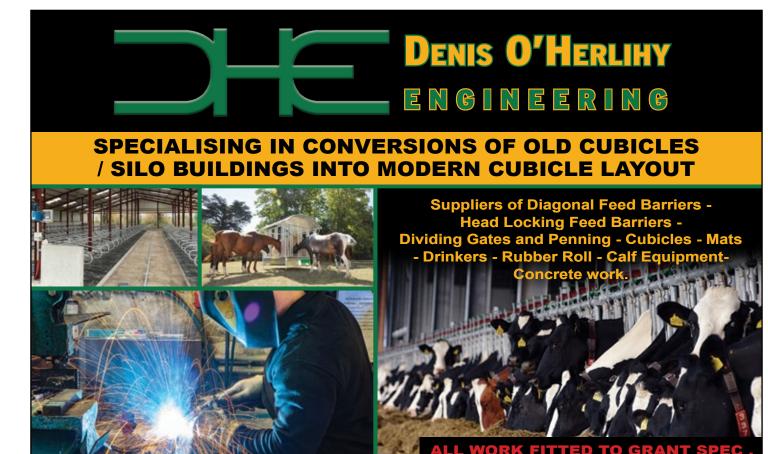
Day 2 of the National Indoor Track & Field League was held in AIT Arena in Athlone last Sunday 23rd January and both our Men's and Women's Senior Teams had some brilliant performances. Sarah Leahy, Ciara Kennelly, Alison Butler, Grace O'Meara, Ellen Moloney, Melissa Ahern, Katlyn Moynihan and Rachel Griffin competed for the Women's Team. Conor Gammell, Oisin Lynch, Kevin O'Callaghan, Sam Griffin, Jason O'Reilly, Karl McCarthy, Dara Looney, John O'Connor and Darragh O'Leary all competed for the Men's Team. Thank you to Coaches Tomas Griffin, Connie Lynch, Alan Delaney and Jordan Lee for managing on the day.

All returning athletes must be registered before they return to training. All new members are welcome to join. Just visit the website killarneyvalleyac.ie where you will find all information on Training Schedules and How to Join.

Email killarneyvalleyac@gmail.com for any queries.

Please keep an eye on your emails and also check our facebook/instagram page for any updated information on training.





Mileen, Kilbarry, Macroom, Co. Cork. T: (086) 236 1245 E: denisoherlihyengineering@gmail.com



Society of St. Vincent de Paul

SOCIETY OF ST. VINCENT DE PAUL | Ozanam House, Greenlawn, Killarney, Co. Kerry

Thank you

The Society of St. Vincent de Paul Killarney wish to THANK all who fundraised and contributed to the Christmas Appeal and Church Gate Collections in December 2021. Sincere THANKS to everyone for your generous support throughout the year. Your continuous support to St. Vincent de Paul is very much appreciated.

Wishing everybody a Happy and Safe 2022

Please support our St. Vincent's Shop - Open 6 days a week Contact : 087 6164 888

ROSS GC - GENTS CLUB

RESULT :

On Jan 22nd/23rd we held a Club sponsored 18 hole non qualifying SS competition. The winners were :-

1: Aidan O'Connor (10) 37 2: John Cushkelly (13) 37

3: Cormac O'Donoghue (15) 36 4: John Fleming (22) 35

FIXTURE:

On Sunday Jan 30th Lady Captain, Ms Breda Farrell, Gents Captain Mr Donie Broderick and President Mr Michael J Casey will hold their annual Drive - ins at 10am.

This will be followed by a 10 hole mixed scramble kindly sponsored by Fexco. Please add your name to the Scramble Entry sheet which is now available on the noticeboard in the clubhouse or be at the Clubhouse at 9.30am, at the latest to allow for the selection of the scramble teams before the Drive-ins.

ROSS LADIES GOLF CLUB NOTES

CAPTAIN'S DRIVE IN

Drive in on next Sunday 30th January 2022 at 09:30am on Sunday morning. Scramble

immediately after the Drive In at 10:00am **RESULTS**

9 Hole Competition Weekend 21st & 22nd January

Congratulations to Susan Shorten on winning the weekend competition with 17 points Second place to Breda O'Farrell 16 points. Well done to all who participated.

MEET AND PLAY

Each Wednesday morning meet at 10.15am for 10.30am. All members welcome

BEAUFORT GOLF CLUB (MENS)

RESULTS 16/1/22 - STABLEFORD (YELLOW TEES) 1st: John Egan (23) 47 pts 2nd: Ryan Sweeney (15) 42 pts

3rd: Captain Michael Barry (13) 41 pts **FIXTURES** Captains Drive In & Scramble - Sunday 30th Jan -Meet at clubhouse at 10am.

DEERPARK PITCH & PUTT CLUB

AGM

Thanks to those who attended our AGM on Monday night both in the Clubhouse as well as online. It was our first AGM in the Clubhouse since 2008 following the renovations to the clubhouse in early 2020. We welcome both Derry McCarthy and Gearoid Cronin back to the Committee as our U16 Officers this year as we thank Paula Heery for her time on the Committee. Congratulations to Sean Kelly on being elected Club Captain meanwhile. 2022 Club Committee- Honorary President: Kay O'Sullivan, Honorary Vice President: Jeremiah Buckley Snr, Chairman: Damien Fleming, Vice Chairman: Ger O'Connor, Secretary: Fiona O'Donnell, Treasurer: Colm O'Dowd, Assistant Treasurer: Noel Moynihan, Registrar: Margaret B Looney, Competition Secretaries: John McGrath & Kieran Fitzpatrick, PRO: Jason O'Connor, U16 Officers: Derry McCarthy & Gearoid Cronin, Club Captain: Sean Kelly, Non-Portolio: Danny Looney & Aidan O'Keeffe and Grounds Committee: Aidan O'Donoghue.

SUNDAY DRAWS

Two Ball Scramble- First Nett: Sean O'Brien & Mark O'Shea 35, Gross: John McGrath & John Murphy 44 and Second Nett: Betty O'Brien & John Murphy 36¹/₂.



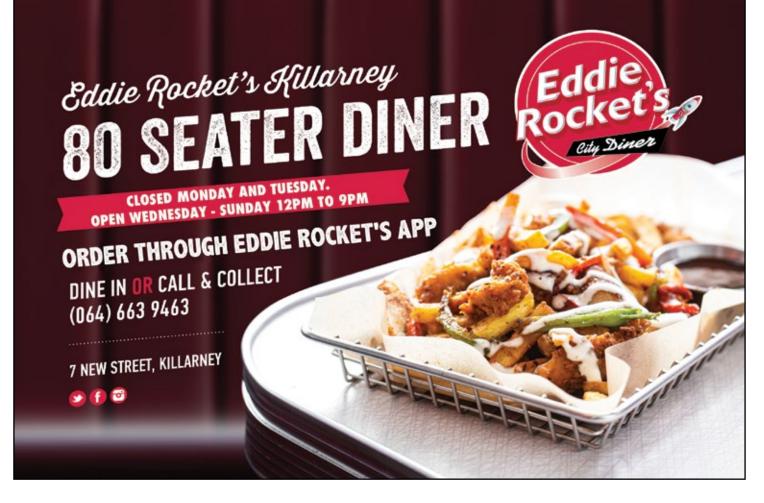
Colm Foley (Charlie Foley's Bar, Sponsor) presenting Kieran Fitzpatrick with the lan O'Leary Memorial Shield for his win in the 2021 Deerpark Pitch & Putt Club Strokeplay prior to Christmas.

at Ross Golf Club sponsored by Donie Broderick are (I to r): Ronan Kelliher, Michael J O'Sullivan, Donie Broderick, Captain & Sponsor, Ryan McCarthy Winner, John Ivory, Mike J Casey, President

Killarney Celtic U14 squad who defeated Ballyhar last weekend







Star Seafoods Ltd

High Street, Killarney

Our Fish Shop is Open 6 days a week from 9am-4pm Saturday 9am-2.30pm

We are located in the lane opposite to Keanes Jewellers



We Supply a fine variety of Fresh Local Catch Seafood on a Daily Basis. • All Fish can be Boned & Filleted to your liking •

Make the most of your Fish Dish by picking up our FREE Recipe Book. Now available in our shop.





CLOSED FOR ANNUAL HOLIDAYS Wishing All our customers A happy New Year

REOPEN WEDNESDAY 2ND FEBRUARY



KILCUMMIN

>JUNIOR SET DANCING

Junior Set Dancing classes will commence on Friday 4th February. Children from 5 years upwards are welcome. Registration will take place in the Recreational Hall on Friday 28th January from 7 to 7.30pm sharp. Fees can also be handed in to John at the Rural Development Office. Places will be on a first come basis. Further info. contact Mary Moriarty on 087-9620135. >LOCAL LINK KERRY

Local Link Kerry provide a bus service to Killarney each Friday. Collection is at Kilcummin Post Office at 10.15am. Further information available from 066 7147002 or www.locallinkkerry Bookings @ locallinkkerry.ie Office

hours Monday to Friday 9am to 5 pm. >BEGINNERS YOGA FLOW

Beginners yoga flow in Kilcummin GAA Club on Mondays from 7pm to 8pm, commencing on January 31st for 6 weeks to March 7th. Own mat required. For more information please contact Sinéad on 085 2717721.

>COOLICK NATIONAL SCHOOL

Coolick National School is currently enrolling for September 2022. Please see our website www.coolickns.com or contact the school at coolickns@ gmail.com for an enrolment application form.

>COOLICK PRESCHOOL

Coolick Pre-school is now enrolling for September 2022. Morning Session 8.50 -11.50 (limited availability). For further information please contact Ciara Moynihan on 0871181993 or 066 9764549.

>BOG WALKS

Walk Brochures are available at the Rural Development Office and the Post Office. We would very much appreciate if the following was observed by all users of the walk; (1) Bring your rubbish home with you and help keep this environment clean. (2) Keep your dog(s) on a lead when you come in

contact with fellow walkers or wildlife. (3) Respect the local landowners' property. This is a beautiful amenity in our Parish, and we should all strive to make it a clean, safe and friendly place to enjoy.

>KILCUMMIN GAA KILCUMMIN GAA AND FITNESS CENTRE MEMBERSHIP

Memberships for the Senior and Juvenile parts of the club as well as the Fitness Centre can now be renewed or registered through the members Foireann accounts. Details on membership for Kilcummin LGFA will follow in due course. If you previously have a Foireann account just log in. (you don't need to set up a new one). If you don't have one already you can set up one by logging on to the following link, Login /Foireann. Select the membership tab and then the relevant package for each family member individually but parents must use their own accounts as U 18,s should not have a Foireann account. Any queries to John Purcell on 0876168449. Queries for Fitness centre membership to Willie Fleming 0857882288.

IRELAND LIGHTS UP

" Ireland Lights Up" Kilcummin GAA club will open their walking track to the general public every Wednesday night from 7-9pm until March 2nd in conjunction with "Ireland Lights Up" and "Operation Transformation". Why not avail of the opportunity to exercise in a traffic- free environment for the next six weeks and bring the family.

>MASTERGEEHA FC

There was no winner of the Jackpot on Friday 21st January. The numbers drawn were 1,3,15,&24. Consolation prizes of €50 each went to Connie O'Sullivan, Lyreatough, Denis O'Connor, Dunrine, Philip O'Connor, Kilcummin Fionn Daly, 2 Mile, Killarney. Next draw will be on Friday 28th January 2022. Jackpot will be €8,200.

Written by: John Moriartty

RATHMORE | GNEEVEGUILLA

>SYMPATHIES To Sheila, Breda, Eileen, Marie & Áine Looney & extended families on the death of Sheila (Mim) Looney Lissyconnor mother & grandmother. Sheila's funeral took place on Thursday 13th January in Rathmore. To Betty Teahan, daughters Maura, Eilish & Nóirin, sons Pat & Conor & granddaughter Kristina on the death of her husband Moss (Maurice) Teahan Coom Gneeveguilla father, grandfather & extended families. Moss was laid to rest on Monday 17th January in Gneeveguilla.

To Denis, Kay (Murphy),Hugh, John A & Willis O'Sullivan & extended families on the death of their mother & grandmother Anne O'Sullivan Ballydaly. Anne was laid to rest in Millstreet on the 18th January. May Mim, Moss & Anne rest in peace

>RATHMORE GAA CLUB

At our recent AGM a motion was passed to field a Junior Hurling Team in the County League and County Junior Championship for the coming year. This follows on from the great work been done with hurling at Juvenile level within the club. If anyone from Rathmore & the surrounding areas would like to get involved please contact James Burke, Paul Horan or Donal Casey.

>RATHMORE LADIES FOOTBALL

Congratulations to Danielle O Leary on winning the AIB Junior Munster final with Claunmaurice last Sunday.

>NOW ENROLLING

Hollymount National School For September 2022 Forms available from school from the 7th of February 2022. Spacious classrooms suitable for social distancing. Before you make up your mind call or email for more information 064 - 7758269. hollymountns@gmail.com

>THANK YOU FROM RATHMORE ST VINCENT DEPAUL CONFERENCE

St. Joseph's Conference Rathmore sincerely thank all who donated food to our Food Appeal. We thank Scoil Phobail Sliabh Luachra, Holy Family N.S., Danu Childcare, and McCarthy Londis for their generous donations of food which enabled us to fill all our food hampers. We thank Teach Iosagain Rathmore for allowing us to use their Canteen to make up the hampers. We also wish to thank all those who donated very generous hampers and lots of toys for young children. We were overwhelmed with your generosity and your food donations enabled us to help families in need in our area. The response to our Church Gate Collection which was held on week end of December 11th and 12th at the four churches in Rathmore

week end of December 11th an 48 | 28.01.22 Parish and the church in Ballydesmond was tremendous and again we sincerely thank all who came to support us and who gave generously to the collection. Even though attendance at Masses were low, many people came and supported and we thank you for your generosity and kindness. We also acknowledge and thank you for donations to our Credit Union and Bank accounts. We wish to thank Shrone N.S. and Holy Family N.S. who kindly donated the proceeds from their 'Christmas Jumper' day to our collection and Scoil Phobail Sliabh Luachra for their generous cash donation. Because of the great generosity of the community in our area we are always in a position to help those in need. Our number is 087 3462332. >HOLY FAMILY NS ENROLMENT for September 2022 open from Monday January 24th. Enrolment forms - (Enrolment Application form, POD form, Additional Information form and Registration form) are available from the School Office and from the local Pre-Schools. You can also download Enrolment forms from the hfnsrathmorekerry blog.You may also request to receive them by post from hfnsrathmorekerry@gmail. com. Please return completed forms by Friday February 11th 2022.

>GNEEVEGUILLA NS ENROLMENT

FORMS for school year 2022 / 2023 are available to download from our school website at www.gneeveguillans.com. Please download an enrolment application form, registration form, POD form and code of behaviour slip and return to the school by February 18th, 2022. Alternatively, if you would like to have the forms posted out to you, please contact Miriam by email at gneeveguillans.gneeveguillans.com.

We also have a Facebook page called "Gneeveguilla N.S. Friends Association"

which gives regular updates on upcoming events in our school. Give our page a LIKE to receive regular updates.

>THANK YOU

The Family Of The Late Noreen Cronin would like to take this opportunity to thank everyone involved in making the Tractor Run in Tureencahill last Sunday a fantastic success. All proceeds raised will go directly to Palliative Care Unit & the Oncology Dept in UHK. THANK YOU AGAIN TO EVERYBODY >NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. Before 6pm Sunday

GLENFLESK

>GLENFLESK CCE

Glenflesk CCÉ branch have exciting new plans for the coming year! The first initiative kicked off Tuesday night last- GROUP MUSIC LESSONS. This is open to musicians of ALL levels. Children and young adults playing together will be a fun, social event and will increase everyone's musical Repetoire! The Comhaltas branch will be providing lots of opportunities for these groups to play at concerts, sessions etc.

We welcome a Limerick primary and music teacher to the branch to teach these music classes. Cathal McHugh is an accomplished musician and is so excited to get started teaching these group lessons.

These lessons take place every Tuesday night and musicians from Glenflesk and all surrounding areas are welcome!

If you are interested in attending please call Paula Gleeson at 087-3879733 or email glenfleskcce@gmail.com

>MCGRATH CUP

Congratulations to Darragh Roche and Kerry defeating Cork in the final of the McGrath Cup.

►LOTTO

No winner of Glenflesk Lotto which took place tonight 24/01/2022 in

Glenflesk Hall. Jackpot €6,000. The numbers drawn were 9, 10, 11, 30 There was no winner. Consolation prizes: 1. Harry and Toby c/o Jerry Kelleher, Curreal. 2. Jerry Kelleher, Curreal (Sellers' Prize). 3. Phil Ahern, Saoirse, Faha. (Yearly Ticket). 4. Joanne O' Connor (On Line). Next draw will take place in Glenflesk Hall on 7/02/2022 Jackpot will be €6,000. Thank you to all who support our Lotto and to our sellers.

►IRELAND LIGHTS UP

"Ireland Lights Up" walking campaign returns in partnership with the GAA and Operation Transformation to ensure that 'Ireland Lights Up' by turning on their floodlights.

Week 1 of Glenflesk GAA's "Ireland Lights Up" takes place tomorrow night Thursday 13th January in Glenflesk GAA between 6.00pm and 8.00pm. This is a great opportunity to enjoy a healthy walk in the safe, bright environs of our GAA Club. We are delighted to be one of the participating clubs and extend an invite to everyone in the parish and beyond, young and old, to join us on the night.

Please note that due to the current restrictions in respect Covid-19 physical distance should be maintained throughout the walk.

Written by: Seamus Healy

DISAPPOINTMENT FOR DESMONDS IN THRILLING ENCOUNTER

Castlebar Mitchels 3-7 Castleisland Desmonds 2-7

By DARREN KELLY

Niamh Hughes scored 1-3 as Castlebar Mitchels held off a thrilling late comeback from Castleisland Desmonds to book their place in the currentaccount.ie All-Ireland Intermediate club final in Josie Munnelly Park.

The teams were level, 0-6 to 0-6, at the second water break before the supporters in Castlebar were treated to five goals in the final quarter.

The hosts were guilty of 17 wides over the hour but worked wonders after that water break as they struck 3-1 in a four-minute spell.

On their first attack, Fintan Keane's team couldn't believe their luck when Laura Brody's effort landed over goalkeeper Fiona Griffin and under the crossbar for the first goal in the 47th minute.

That score allowed them to unleash and sensing an opportunity they quickly created another goal, which was finished off by Hughes.

Anna Tuohy added a point to make it 2-7 to 0-6 and the Mayo champions seemed to be out of sight on 50 minutes when substitute Marita McDonald set up Danielle Caldwell for the third goal, to leave ten points between the sides.

Castleisland were in trouble but they were given a glimmer of hope as Paris McCarthy sent Amy Curtin through and she passed a few defenders before finding the net with five minutes of normal time remaining.

Things got even more interesting in the 60th minute, when Julia Ann Twomey got the vital touch in a goalmouth scramble for a second Castleisland goal. And the Kerry side were just three behind when McCarthy added a point from a free but their quest for an equaliser went unrewarded.

Castlebar Mitchels were the better side in the first half but only held a 0-5 to 0-3 lead at half-time with 11 wides. Hughes converted two points with Tuohy, Orla Conlon and Brody also on target.

McCarthy scored twice for Castleisland with Niamh Walsh also scoring and the latter reduced the deficit two minutes into the second half.

Hughes sent over a free to restore Castlebar's two-point lead with a 41st minute free but the momentum was certainly with the visitors when Lorraine Scanlon and McCarthy converted from frees.

However, after the water break Castlebar scored three quickfire goals and they had enough in the tank to reach the final.

Scorers – Castlebar Mitchels: N Hughes 1-3 (2f), L Brody 1-1, D Caldwell 1-0, A Tuohy 0-2 (1f), O Conlon 0-1.

Castleisland Desmonds: P McCarthy 0-4 (3f), JA Twomey 1-0, A Curtin 1-0, N Walsh 0-2 (1f), L Scanlon 0-1 (1f).

CASTLEBAR MITCHELS: F McLoughlin; K Moore, A Brody, A Towey; T Flynn, O Conlon, D Caldwell; L McManamon, K Sullivan; S Conlon, E Lyons, G Flynn; N Hughes, L Brody, A Tuohy.

Subs: A Hussey for S Conlon (30), M McDonald for Lyons (49).

CASTLEISLAND DESMONDS: F Griffin; L Cox, S Murphy, E Twomey; G Kearney, C Griffin, E Mangan; C Lynch, L Scanlon; A Curtin, P McCarthy, H Herlihy; N Walsh, JA Twomey, R Cahill.

Subs: K O'Connor for Cahill (27), L Joyce for Herlihy (49), E Doody for Walsh (53), M Curtin for Cox (53), H Bourke for JA Twomey (60). Referee: John Devlin (Galway).



Kathryn Sullivan of Castlebar Mitchels in action against Hanna Herlihy of Castleisland Desmonds during the 2021 currentaccount.ie All-Ireland Ladies Intermediate Club Football Championship Semi-Final match between Castlebar Mitchels, Mayo and Castleisland Desmonds, Kerry at Páirc Josie Munnelly in Castlebar, Mayo. Photo by Michael P Ryan/ Sportsfile

Anna Tuohy of Castlebar Mitchels in action against Lily Cox of Castleisland Desmonds during the 2021 currentaccount.ie All-Ireland Ladies Intermediate Club Football



SPA

>2022 KNOW YOUR SPORT

Just ONE WEEK left to get your entry in for the annual Know Your Sport competition! Predict the result of 30 sporting events throughout the year - the person with the most accurate predictions will receive a grand prize of €1,000! Enter online on spagaa.com or contact John O'Donoghue for details (0879403517). *Deadline Jan 31st 2022*

>MCGRATH CUP

Well done to Dan O'Donoghue, Dara Moynihan, Arthur Fitzgerald and the Kerry team and management on their McGrath Cup Munster Final victory over Cork on Saturday afternoon. Great to see such a big crowd back at games and supporting the Kerry team.

►NATIONAL LEAGUE

Best of luck to Dan, Dara, Arthur and the Kerry senior team & management next Sunday January 30th in Rd1 of the National League against Kildare (1.45pm, St Conleth's Park, Newbridge).

>ALL IRELAND CLUB CHAMPIONSHIPS

Good luck to Na Gaeil and Gneeveguilla in their respective All Ireland Club Championship semi-finals this Saturday January 29th. Gneeveguilla play Denn (Cavan) at 1.30pm at Bord na Móna O'Connor Park, Tullamore, Co Offaly in the All Ireland Junior semi-final while Na Gaeil meet Steelstown Brian Ógs (Derry) at 2pm in the Connacht Centre of Excellence, Co Mayo, in the All Ireland Intermediate semi-final.

≻ASHLING MURPHY VIGIL

Thank you to everyone who came to Spa last Wednesday night and joined us in lighting a candle to remember Ashling Murphy, RIP, Tullamore.

>SPA KILLARNEY HANDBALL AGM

The Spa Killarney Handball Club AGM will take place this Friday January 28th at 8pm at the Spa clubhouse. Everyone welcome.

>IRELAND LIGHTS UP

The Ireland Lights Up winter walks continue this Wednesday night between 7-8pm. The lights will be turned on along our new walking track (approx 1km loop). Everyone welcome. If anyone would be available to help with registration or stewarding any night, all help is greatly appreciated. Any volunteers that can help any evening or any questions please contact Margaret on 087 9181970. Please sign in at the reception area before starting your walk. **NO DOGS ALLOWED**

>CURRANS CENTRE OF EXCELLENCE

Congratulations to Spa's John O'Leary who is the new Chairman of Currans Centre of Excellence.

>WEDDING CONGRATULATIONS

Congratulations to Christine Kearney, Knocknahoe, and Michael O'Connor who got married recently in the Cayman Islands where they reside.

>CONDOLENCES

Our deepest condolences to Kieran, Ronan, Oisin and all the McCarthy family on the passing of Kieran's father Michael McCarthy RIP, Park Rd. May he Rest in Peace.

>2022 REGISTRATION IS OPEN

Membership for 2022 is now open and can be completed online on spagaa.com (link on right hand side of the site) or the registrars (Gerard Mangan & Sean O'Sullivan) will be in Spa over the coming weeks.

>WIN A HOUSE WITH KERRY GAA

Tickets are on sale from the club (contact Michael 085 8213027 or Co Board officer John O'Leary 086 3026041), from the Co. Board office in Tralee, on kerrygaa.ie or at the Kerry GAA Store in the Killarney Outlet Centre. When entering your details don't forget to mention your club SPA GAA in the 'Additional Information' section as your club could also win up to €1,500. The sooner you purchase a ticket, the more draws you will be included in. >SPA GAA 2022CALENDAR

Last few 2022 calendars available – visit www.spagaa.com/shop or contact 085 1216359.

>SPA LOTTO RESULTS 17/01/22

Numbers drawn: 3, 5, 16, 26. No winner and €50 Lucky Dip prizes to Grace O'Shea, Eoin Dwyer, Conor Brosnan and Peter Aherne. Next Monday's jackpot is €5,200 and tickets on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Thank you to everyone for your continued support for our club lotto.

>CORN UI MHUIRI MUNSTER SEMI FINALS

Best of luck to St Brendan's Killarney in the Corn Uí Mhuirí semi-final against Hamilton High School Bandon next Saturday January 29th (details TBC). >ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 085 1216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy

CORRANG CLUTRE OF EXCELENCE

BEAUFORT

>LOTTO

No jackpot winner on Sunday, 23rd January. Numbers: 7,11, 25, 27. Consolation Prizes: €80 Denis O'Sullivan, Meanus €50 Seán O'Rourke, Churchtown Park, Paul O'Shea, Killarney, Maura Brosnan, Cappagh. Next draw for jackpot of €6,400 will be on Sunday, 6th February. Tickets available from usual sellers, shops, public houses and online at www. beaufortgaa.com. Thank you to everybody who support the lotto.

>SPORTS PREDICTION QUIZ

There is still time to get your 2022 Sports Prediction quiz, sheets which are now available from usual sellers, shops and online at www.beaufortgaa.

com. Predict the result of 30 sporting events of 2022. Entry fee is €20 for one entry and €50 for three entries. Prizes range from top prize of €1,000 down to €50 prizes. Syndicate entries also welcome. Closing date, Sunday, 13th February.

>IRELAND LIGHTS UP

Beaufort Operation Transformation, Ireland Lights Up is on Mondays and Wednesdays from 6pm to 9pm in field until 2nd March 2022. Everybody must sign with their own pen before walking.

By Bridget Hartnett

LISTRY

>DEEPEST SYMPATHY

Listry Gaa would like to send Deepest Sympathy to Aaron McCarthy, family and friends on the recent death of his grandmother, Mary McCarthy RIP, Castlegregory.

>IRELAND LIGHTS UP

The Ireland Lights Up Healthy Challenge.,we are encouraging all to get out walking the track for the next few weeks.

Listry GAA are committed to having the track lights on each Wednesday night from 6 to 9 pm. This is for members.

≻MKL GAELS

MKL Gaels LGFA are organising an event in aid of Adapt Kerry Womens Refuge. The event is a relay run starting at 4pm on Sat 29th Jan. It will take place simultaneously on the walking tracks around Milltown/Castlemaine Gaa Club, Listry Gaa and Keel Gaa pitches. There will have buckets to collect money for Adapt Kerry at the 3 GAA pitches and have set up a fundraising

page to accept online donations. Please support such a worthy cause. https://www.idonate.ie/fundraiser/11425566_mkl-gaels-run-to-leinsterhouse-for-adapt-house.html

>LISTRY WEEKLY LOTTO RESULTS

3, 4, 10, 26. €100: Derek Little, Meadowvale. €50 X 2: Colin and Ronnie Miller. Aiden Mannix, Keel. €25 X 2 Ollie and Dara Flynn, Killorglin. Steven O Brien, Lahard. Next Sunday Jackpot €4,200

>BEST OF LUCK

Best of luck to Fiana Bradley and her Republic of Ireland U16 team mates in Portugal playing two international friendly games against Portugal. >LISTRY GAA MEMBERSHIP

Listry GAA Membership for 2022 is now available to purchase. Register/ Log on to www.foireann.ie to chose your relevant membership category. Any queries please contact Mike Tangney 087-6162786.

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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

MCGRATH CUP FINAL Kerry 2-17 Cork 0-11

The first thing to say is that the McGrath Cup is not a competition I take too seriously. There's a lot of talk about "a marker laid down". Rubbish. Cork were missing their St. Finbarrs' contingent (Maguire in particular is a player who will make a very big difference to Cork) while Kerry were missing the Barry brothers and Diarmuid O'Connor from Na Gaeil, Pa Warren from Gneeveguilla, and a (rightly) rested David Moran. This was a game for shaping, for seeing who is putting a hand up for summer selection, and I wouldn't read anything more into it than that.

Having said that, Kerry put a lot more hands up. Kerry were outstanding here and looking very sharp for the time of year. Shane Murphy made himself big to deny Kevin O'Donovan at very close range early on - I did think O'Donovan could have been cuter with the finish. A minute later a razor-sharp Killian Spillane was firing over from a tight angle. In the fourth minute Tom O'Sullivan started and finished a great move, drilling past a hapless Micheál Aodh Martin. Chris Óg Jones (he got very little change out of Dan O'Donoghue) set up Mark Cronin for Cork's opening score. Not a problem, with man of the match Paudie Clifford replying. Paudie was absolutely awesome here, not even Ogie Moran ever pulled the strings like this.

Brian Hurley, Cork's best player (the truth is that Jason Foley couldn't handle him at all – few defenders could have, but I'm worried about Jason at full back) slotted a free. A Killian Spillane effort was slightly deflected – Paul Geaney was onto it like a flash (Kerry cleaned up on all the breaking ball, Gavin White in particular before he appeared to tire) but his shot came off the butt of the post. Restored to his natural berth in the full forward line, Paul Geaney was back to his brilliant best, notching Kerry's third point and then doing well to find Micheál Burns, who won a free converted by Seán O'Shea. Seán wasn't his usual dynamic self and I don't think midfield suited him – big Colm O'Callaghan asked serious questions out there, although Adrian Spillane battled really well for Kerry, and also showed great awareness in dropping back to cover when needed. It's worth noting that Kerry were missing David Moran and Joe O'Connor (injured) and Diarmuid O'Connor and Jack barry (club commitments).

Kerry led by 1-4 to 0-2 at the water break, and it wasn't flattering.

Brian Hurley scored a beauty on the resumption, but a superb pass by Paudie saw Killian reply. Seán Powter did very well for Cork as a playmaker, but made no hand of curbing Killian. Rory Maguire and Brian Hurley (almost a goal) kicked good scores for Cork. Tony Brosnan had been very quiet up to then but a foul on Paul Geaney saw him slot a free and he won and added another. Micheál Burns showed great alertness to find Paul Geaney in space and he swivelled to bury Kerry's second goal. The same player had the last two points of the first half (1m) as Cork began to wilt under Kerry's relentless pressure, not helped by some very careless turnovers.

Half-time Kerry 2-9 Cork 0-5

Rory Maguire kicked a good score for Cork but Kerry very quickly resumed their dominance. Tony pointed after Paudie Clifford was fouled and in turn wonn a free himself for Seán O'Shea. Paudie slotted over. Jack Savage, an early replacement for an injured Stephen O'Brien who acquitted himself well, took a point. Micheál Aodh Martin (excellent goalkeeper, in fairness) denied Killian Spillane with a great save.

David Clifford came off the bench and immediately scored two long range points, very difficult scores that he made look very easy. There was some criticism of Jack O'Connor for playing David in a game already won, given the amount of football he has played, similar to the complaints about Tony Brosnan and Jack Savage coming off the bench for Kerry last week having played Sigerson earlier in the day. I honestly think that people are forgetting how short the timeframe to the championship is – players won't get too many auditions and it's not just about how good a player is individually – it's about how well they can gel as a team. Lads need to play together to adjust to each others' rhythm.

Cork staged a mini-revival, in fairness to them, with Mark Cronin notching two points (1f) and Brian Hurley adding another to make it 2-15 to 0-9 at the second water break.

Jack Savage stretched Kerry's lead but they had a real let-off when Luke Connolly (mercurially brilliant - his team-mates never seem to be on his wavelength, but I'd always have him on the starting fifteen) gave an easily intercepted pass with the Kerry goal wide open. They missed another one when Shane Murphy was intercepted quite a distance from his goal but the shot was wide - a real let off. I'm not a big fan of keepers coming out, even though it can be a useful tool on occasion - if the goalkeeper needs to help out his defence that much in general play, there's already something wrong. A real worry for Kerry must be the fact that an outplayed Cork still created at least three good goal chances; a worry for Cork must be their failure to convert any of them. The top teams will - we still need to work on closing that door. Both teams, off course, took the opportunity to run their benches. For me an excellent Paul O'Shea and solid Greg Horan were the pick for Kerry. Brian Ó Beaglaíoch took a great pass from Paul Geaney and his blistering shot came off the inside of the post before Geaney closed out Kerry's scoring. Cork did notch two more points through the irrepressible Hurley and Dan Ó Duinín (another player I like, although I'd prefer if his speedy runs were more direct).

A very comfortable win for Kerry, and some lessons learned. No more than that. To be honest, it was great to be back in the Fitzgerald



Action from the McGrath Cup final in Fitzgerald Stadium on Saturday. Photos: Tatyana McGough, Fitzgerald Stadium PR.

Stadium with a big crowd cheering their teams on with good humour (I have to say that I like the Cork supporters). One tiny little whinge - it was disappointing to see Under 16s charged a fiver for entry, and I hope that isn't a precedent. Kerry: Shane Murphy, Dan O'Donoghue, Jason Foley, Tom O'Sullivan 1-0, Paul Murphy, Tadhq Morley, Gavin White, Seán O'Shea (0-2, 2f), Adrian Spillane, Micheál Burns, Paudie Clifford (0-2), Stephen O'Brien, Tony Brosnan (0-3, 3f), Paul Geaney (1-4, 1f), Killian Spillane (0-2). Subs: Jack Savage 0-2 (for Stephen O'Brien, 6 mins), Gavin Crowley (for Paul Murphy, half-time), Brian Ó Beaglaioch (for Dan O'Donoghue, halftime), Greg Horan (for Adrian Spillane, 46 mins), David Clifford 0-2 (for Tony Brosnan, 46 mins), Graham O'Sullivan (for Gavin White 55 mins), Dylan Casey (for Gavin Crowley, 55 mins), Paul O'Shea (for Paudie Clifford, 56 mins), Darragh Roche (for Killian Spillane, 62 mins), Cian Gammell (for Tom O'Sullivan, 62 mins)

Preview: Kerry v Kildare

Look, Kerry will be very much looking to open their National League campaign this weekend with an away win. Much is being made of Jack O'Connor having left Kildare last season to take up the Kerry reins, while Paul Galvin has joined Kildare's management team. To be honest, my own belief is that the actual players on both sides couldn't care less about that sort of thing. The game will be decided by the players over 70 odd minutes and, without disrespecting the likes of Daniel Flynn or Jimmy Hyland, I simply believe that Kerry hold too many aces for Kildare. The Lilywhites (Kerry and Kildare was the first really great inter-county rivalry in the GAA) lost the O'Byrne Cup semi-final to Laois on penalties and are missing a couple of their top players. So are we, of course, between injuries, Sigerson, and club games, but quite simply we have much greater depth to our panel and the McGrath Cup showed that we have some newcomers and fringe players really putting their hands up. To be honest, I'd be very surprised if Kerry don't come home with a win to kickstart their campaign.

CENTRAL COUNCIL APPROVES 'GREEN' PROPOSAL

There is a general consensus that the GAA's Central Council acted very strongly behind the scenes to shut down the 'Proposal B' changes to the All Ireland Championship format in football - I would still be disappointed at Kerry's choice to duck the issue, in spite of a clear preference for change by the vast majority of Kerry supporters. Regardless, that negative vote led to a colossal backlash and the GAA, in fairness, immediately agreed to re-examine the issue. Last weekend they agreed a proposal to put before Congress for a new format and, given the scrutiny and the fact that Central Council have approved it almost unanimously, the socalled Green Proposal seems almost certain to come into place for 2023.

Under the proposal, the National League and Provincial Championships will remain in place. After that, the Sam Maguire and Taillteann Cup



Action from the McGrath Cup final in Fitzgerald Stadium on Saturday. Photos: Tatyana McGough, Fitzgerald Stadium PR.

Championships will commence as four groups of four. For the Sam Maguire, the provincial winners will be the top seeds in each group and the runners-up will be second, with the other two places taken up based on National League standings. Division Three and Four teams that reach provincials finals will replace the lowest seeded Division Two team in the Sam Maguire competition, as will the previous year's Taillteann Cup winner if not already included. Provincial champions will begin their campaigns with a home game.

The group winners will go straight to quarterfinals, with the second and third placed team in each group playing off for the remaining quarter-final berths. That should mean very few dead rubbers, and it's a massive improvement on that appalling nonsense of the distinctly non-super 'Super 8's.

The four groups of the Taillteann Cup will be based on League placings. However, the lowest placed of the quarter-final qualifiers (i.e. the worst third placed team in a group, presumably based on scoring difference) will be replaced by New York. Look, I have an issue with that, given New York's difficulties in fielding a team for a second game should they win that quarter-final (a lot of New York players would have difficulty re-entering the country if they travelled to Ireland for a game). My preference would be for New York to have a home game against the Irish champions for the Tailteann Cup proper, similar to the National League Finals back in the fifties and sixties. New York, which included players like Mick Moynihan (Rathmore), Jimmy Lucey (Keel) and the Furlong brothers of Offaly, always acquitted themselves well in those games and I believe that they would generate great publicity. I actually think the money generated should be left in America to promote the game.

But look, that's a small issue in the grander scheme of things. Is this new format perfect? Of course not; I'm not exactly a big believer in the Socratic Ideal. But it ties the National League to the Championship. In recent years, the National League has featured far more entertaining games than the Championship, if truth be told. There is a reason why the English Premiership is far more popular than the FA Cup (comparisons with the European Cup are superfluous as yet). This format would feature more games (and, obviously, more revenue generation - nothing wrong with that) in a shorter time frame. I'm genuinely not worried about player burnout - regular games are great, as opposed to the repeated monotony of 8 or 9 training sessions between games. Games are exciting and capture the interest for players just as much as spectators. Granted, the busy schedule would give a big advantage to the stronger counties like Dublin, Kerry, Mayo, and Tyrone, but look, let's be real. The top teams are going to be the top teams regardless of what format you choose. No, overall I think this is a vast improvement on the current format and gives teams much more meaningful games against realistic opposition.

Inter-County Funding

Let's be honest, this is a conversation about GAA funding for coaching in Dublin. And I have no problem with that in principle – that funding has no bearing on why Dublin have been beating the likes of Kerry and Mayo so regularly in recent years (and are still my favourites for this year's All Ireland) but that funding should be equitably distributed per capita among counties, and I would actually be inclined to give more to the weaker counties. Former Westmeath footballer John Connellan has been particularly outspoken on the issue, but his words have resonated with a lot of GAA followers throughout the country.

Be that as it may, the proposal to alter the funding format to base it on registered players was flat out rejected last weekend by Central Council, although they did promise to consider the matter.

I've lost count of how many promises that makes in regards to re-examining the funding model when the disparity in favour of Dublin is raised. Loads, and none of them were ever really followed up on.

KILMOYLEY REACH ALL IRELAND FINAL

Kerry's County Hurling Final; between Kilmoyley and St. Brendans came down to a matter of inches. I'll be honest and tell you that I didn't expect either to go beyond the opening round in Munster. It's already been a good year for Stephen Molomphy and his Kerry team as they surprised everyone by beating Tipperary 0-17 to 0-14 in the Munster Hurling Cup. Granted, it was effectively Tipperary's B team, but losing to Kerry had never been on their agenda. Conway, Nolan, Mackessy...in fact, all of Kerry played out of their skins.

One little quibble. A lot has been made of the exemption granted to Kerry to allow Limerick hurlers Louis Dee, Paudie Aherne, and Niall Mulcahy play with Kerry, based on familiar allegiance, e.g. mother's home county. A number of counties, most notably Offaly chairman Michael Duignan, have objected and, to be honest, I can sympathise with their position. Antrim made a formal complaint, but it was rejected. I have no problem with the lads playing for Kerry, but that rule was brought in solely for Nicky Rackard and Lory Meagher Cups, not for counties in the McDonagh Cup such as Kerry.

None of that relates to, or should detract from, the historic achievements of Kilmoyley. They had already created history by beating Moyle-Templetuohy, Dunhill, and Courcey Rovers to lift the Munster Intermediate crown. That cut little ice against the Derry and Ulster Intermediate champions, though, and Kilmoyley visibly struggled in the first half. Their cause wasn't helped when Daniel Collins' penalty was well saved, but a superb goal by Maurice O'Connor and two points from the equally outstanding Jordan Brick saw Kilmoyley lead by 1-5 to 0-7 at half-time, having played against a strong wind in the Connaught Centre of Excellence.

Banagher actually went into a goal lead on the resumption, but some great shooting by Collins overturned that and a second goal by Maurice put John Meyler's side firmly into the driving seat.

With Brick and Collins controlling the scoreboard, albeit losing Adrian Royle to a red card in the dying minutes, Kilmoyley ended up winning by 2-15 to 1-12 and will contest the All Ireland Intermediate Hurling Final against Naas, who are having an annus mirabilis of their own.

HEARTBREAK FOR DESMONDS IN ALL IRELAND SEMI-FINAL ALL IRELAND INTERMEDIATE FINAL:

Castlebar Mitchels 3-7 Castleisland Desmonds 2-7

It's no secret that just about any bit of bad luck that could come Desmonds' way along this campaign landed on their doorstep, with no less than six top players missing through injury along the way. In the circumstances, then, they performed superbly to take an outstanding Castlebar Mitchels side, a team who played brilliantly, all the way to the wire. In fact, the Mayo side were clinging to a one goal lead as the final whistle sounded.

In fairness, Castlebar played brilliant football. Bean laoch an chluiche Kathryn O'Sullivan gave them a strong platform in the middle despite some heroic plays by the excellent Lorraine Scanlon. They opened the scoring through a Niamh Hughes free and left some other good scoring chances behind them before Niamh Walsh replied in kind for Desmonds, who were struggling to penetrate a massed Castlebar defence, Gemma Kearney having most success. Castlebar obviously had their homework done, with the dangerous Paris McCarthy (shortly on her way to the East Tennessee State University on a basketball scholarship) bottled up well on the forty, although she did win the free for Desmonds' first score.

Mitchels hit a scoring burst that saw Anna Tuohy, Sarah Collins, and Orla Conlan all pick off points. Paris had a goal effort blocked before Niamh Walsh kicked her second free. Niamh Hughes kicked a beauty in reply before Cait Lynch found Paris to close out the first half scoring. In truth Castlebar were much the better side in the first half, but had no less than eleven wides – part of that was good pressure from the likes of former Irish rugby captain Ciara Griffin and the effervescent Kearney. Half-time

Liz Twomey made a great block at the start of the second half and Niamh Walsh gathered a high ball in to put just a point between the teams. I was hopeful at this stage – Desmonds have been a second half team throughout this campaign. Niamh Hughes brought the lead to two points, but Lorraine Scanlon and Paris levelled matters at 0-6 apiece just before the water break.

Then the proverbial basically hit the fan for Desmonds, with Laura Brody and Niamh Hughes getting in for Castlebar goals and Anna Tuohy added a point. Danielle Caldwell shimmied her way through for a third goal and, facing a deficit of 3-7 to 0-6, it looked all over for Desmonds. Their great resilience came to the fore, though, Amy Curtin blasting a brilliant shot to the net with five minutes left. Julie Ann Twomey added another and Paris McCarthy pointed a free. Suddenly there was just a goal in it and Castlebar were defending furiously while Desmonds harried and probed in search of an equaliser.

Unfortunately, it wasn't to be, and Desmonds finally bowed out at the final whistle, but they left a huge amount of admirers behind them.

NATIONAL CUP FOR TRALEE WARRIORS

Garveys Tralee Warriors was the brainchild of one Kieran Donaghy at a time when Kerry basketball was at its lowest ebb, without a single Superleague team. Bringing Imperials and Brendans together to form one national team was a feat comparable to amalgamating Dr. Crokes and Killarney Legion in gaelic football – precedent existed, but there's no way you'd hold your breath while waiting.

Last weekend, Garveys Tralee warriors pulled out a superb performance to overwhelm Neptune, those traditional giants of the game, and lift the National Cup for the first time.

Daniel Jokubaitis opened the scoring but Sebata (a constant threat) guickly replied and Cian Heatley raised a big cheer from Neptunes' supporters (hugely outnumbered - Tralee came out in force) with a dunk. Neptune were trying to press Warriors into mistakes but didn't seem to have an attacking plan themselves personally I'd always have the great Colin O'Reilly attacking the basket at every opportunity. Reilly is probably only just behind Donaghy as the most famous basketballer in the country (and in fairness the GAA probably has a lot to do with that - O'Reilly's basketball CV would be better) but the player/coach never really got into his groove here. Donaghy, on the other hand, was magnificent, landing three baskets in the first quarter and eight rebounds. A big three from Fergal O'Sullivan seemed to kickstart Warriors, who led by 17 - 12 after the first quarter.

Neptune were mostly reliant on free throws in the second quarter (I was worried about Warriors foul count) but with Eoin Quigley and Aaron Caliste really taking the game by the scruff of the neck, the lead was 43 – 28 at halftime.

Roy Downey troubled Warriors with his drives to the basket on the resumption and the lead was soon whittled down to 50-42. However, coach John Dowling calmly re-adjusted and big baskets from Jokubaitis in particular stretched it back to 62-50 at the end of the quarter. Neptune tried everything, but just didn't have the combination play of a rampant Warriors. Donaghy and MVP Jokubaitis sat out a lot of the fourth on four fouls, but came back in to seal the victory. 88-73. A huge night for all of Tralee and, indeed, Kerry basketball. Special mention has to go to Donaghy, of course, coach John Dowling, and of course, Mr. Tralee Basketball himself, Jimmy Diggins.

Congratulations also to Duagh's Áine McKenna, who captained Glanmire to the Ladies National Cup.

SIGERSON CUPS

It's being run off very fast – given the rapid acceleration in the inter-county scene, which involves a huge amount of Sigerson players, it makes a lot of sense.

MTU Tralee, under Aidan O'Mahony, have been



ALL THINGS...SPORT

giant-killers so far and hopefully their run will continue. The shock result of the3 competition so far, though, has to be Letterkenny's defeat of one of the traditional giants in UCD. However, I have to say that neither UCD (despite the very impressive showing by Dublin's Peadar Ó Cofaigh Byrne, nor UCC (a surprising dearth of Kerry players on their panel) looked anything like the force of old. UL are my own favourites for the competition, but a lot of water has to flow under the bridge yet!

MTUTralee, UL, NUIG, and DCU qualified directly for the quarter-finals, while Letterkenny, Maynooth, Queens, and Ulster University came through the back door and will be drawn against them.

CORN UÍ MHUIRÍ

Two Kerry schools face two Cork schools in the semi-finals this week in a double-header in Mallow this Saturday. The Kerry schools will be favourites, given that the Sem top the roll of hoo0ur with 22 titles and Tralee have 16, while Kerry schools have completely dominated the competition for more than a decade. None of which, of course, has the slightest relevance to the games on Saturday.

Tralee CBS, the holders, face Skibbereen at 3.30pm. Skibbereen have done very well so far, but I can't see them getting past a Tralee side of superb quality. The truth is that I can't see anyone else beating Tralee either. Conor Horan and Armin Heinrixch would be a formidable midfield for a senior team, let alone a college side, and Jordan Kissane, recovered from injury, is simply flying at the moment. Add in Thomas O'Donnell, Maurice O'Connell....ah lads, they have quality in every line. Skibbereen have some quality as well – Robbie Minihane is worth the entrance fee alone, while Jack O'Neill and a recovered Oisin Daly also excel, but they have nothing like Tralee's strength in depth



and I can only see one winner here - take note; my predictive abilities are more notorious than renowned!

St. Brendans Killarney face HS Bandon at 5.30pm.(trust me, bring thermal underwear for this one). This Bandon side won the Moran Cup, beating a very strong Killorglin side along the way, and gave the Sem a fair test of it in the Frewen Cup as well, so I'd be very cautious. That said, I thought Bandon were lucky enough to get through the quarter-final, even with the cushion of two early goals. It seemed to me that Mercy Mounthawk were actually the better side, but loosened the reins a bit in the last ten minutes and paid the price. The Sem, who have yet to really click into a formidable combination but have some superb individual talent, will have to play with full focus for the entire game. Midfielder Liam Randles and star forward Cian McMahon are both injury doubts and would be massive losses. Will Shine, Cian Foley, and Alex Hennigan definitely have the firepower if they get the supply. I'd expect Charlie Keating to come in for McMahon, he did well off the bench so far, and Mikey Moriarty to revert to midfield in place of Randles - John Kelliher is an option there as well. Bandon will be looking to Jamie O'Driscoll (he really caught my eye in younger days, a great player), Richard O'Sullivan, and Conor Ustianowski will be Bandon's main dangers.

I don't know; it could easily be paranoia on my part, but this one has a real scent of danger. Still, the Sem have the quality to come through and hopefully make it a repeat of last year's all-Kerry final.

MAOR UISCE

It's been anticipated ever since restrictions were lifted that maor uisce (waterboys) would return and the GAA confirmed this during the week. I have to say that I am delighted - the sos beag only disrupted the flow of games, in my opinion, and gave them a stop/start nature. Frankly, I never thought the water break was really necessary - let lads have their own marked water bottles that they place near them on the sidelines, and they would have ample opportunities to rehydrate. In 2011 the amount of time the ball is in play in inter-county football games was measured, it turned out to be an average of 34 minutes and 38 seconds. I will admit to a strong suspicion that the GAA might retain them to suit television advertising, so I will humbly apologise there - on this rare



occasion, my cynicism over-stretched itself. Each team will have two maor uisce, responsible for providing water to players. My own belief is that hydration, which is of course vital, is the same as most preparation for high level games – if you don't have 85% of it done by the day of the game, you're only kidding yourself. Maor uisce will no longer be allowed to enter the field of play, except in hurling where they are replacing a broken hurley. Proper order. A lot of counties – and we were certainly no angels in the matter either – had maor uisce and maor foirne (no longer allowed) intentionally disrupt the play or goad other players. No need for it.

CAMOGIE

Congratulations also to Clanmaurice, who made it five in a row of Munster Junior titles, beating Rinn of Waterford by 0-9 to 0-5 thanks to a late scoring burst from their captain Patrice Diggin.

MMA

Best wishes to Ethan Guerin, who trains out of the Straight Blast Gym in Killarney, and Firies 's Dan O'Sullivan, who are currently in Abu Dhabi as part of the Irish team to compete in the World MMA Championships. Both men are reserves, Ethan at Light Heavyweight and Dan at Light Middleweight. The IMMAF Junior and Senior World Championships are on this week and feature 422 athletes from 52 countries.



St. Pauls ladies basketball returned to the court this week after a long absence with a win over Tralee Imperials 76-38.

Front row L-R Katie Brosnan, Julie Delaney, Lyselle O' Shea, Cassandra Buckley, Mags Cronin.

Back row L-R Ava Sheahan, Lynn Jones, Seodhna O' Donoghue, Siobhan Burns, Alma O' Mahony.

OUTLOOK BASKETBALL

ACTION FROM THE KABB

It has been a wonderful week for Kerry basketball with 2 college titles - for Mercy Mounthawk and Pobailscoil Chorca Dhuibhne - and the Pat Duffy Cup win for Garvey's Tralee Warriors. And across the county the next generation of basketball players are plying their trade with games continuing across the Kerry Airport Kerry Area Basketball Leagues.

St Paul's win Senior Ladies encounter:

In the senior ladies game played in Kilcummin St Paul's were 78-35 point winners over Tralee Imperials. Katie Brosnan led the St Paul's scoring on 13 followed by Mags Cronin, Cassandra Buckley and Ava Sheehan who all finished with 12 points each, Sheodna O'Donoghue ending with 10 points and Siobhan Burns hitting 9. Lyselle O'Shea and Julie Delaney finished with three each.

Cougars see off St Anne's:

In the u18 boys Killarney Cougars were 46-32 winners over St Anne's. Cougars were securing their first win of the season at this age group but they had to fight off a strong St Anne's late rally.

Cougars made the best start and led 14-5 at the end of the first quarter. Three pointers from Cougars Philip Lyons and St Anne's Josh Vermigilo were the highlights of the opening period. 10 points from Nathan Cox, including 6 from the free throw line saw the Cougars extend their lead to 10 at the break.

Baskets from Finn Kennelly and Brian O'Connor kept the Cougars gap intact but St Anne's were not giving up and 8 points from Aidan Sweeney saw them narrow the gap. However three baskets from the impressive Kennelly eased any worries for the Cougars and they held on for a deserved win.

Finn Kennelly, Brian O'Connor and Raul Mandenez were the big players for Cougars with Josh Vermigilo, Aidan Sweeney and Ben Fleming impressing for St Annes.

Cougars girls also win:

There was further success for the Cougars as their u16 Girls were 40-16 winners at home to St Brendan's in the Pres Gym in Killarney. Cougars led 8-6 after a very competitive first quarter and then with strong defence holding the visitors at bay their offence began to get a grip on the game. The Cougars had open the gap to 10 at the break and continued to push on in the final two quarters to take a good win. Impressing for Cougars were Ruby Gaffey, Rose Cahillane and Isabelle Sweetman while for St Brendan's Katie Casey and Abigial O'Shea were to the fore.

Good weekend for the St Paul's girls:

It was a good weekend for St Paul's Killarney girl's sides. The u14 Division 1 side won 47-23 away at Fr Mathews. The u14 Division 3 Girls side defeated TK Bobcats 31-18 while the u16 Girls got the better of Ballybunion Wildcats 66-48. This game was very tight over the first two quarters with the sides tied at 25 points each at the long break.

By the end of the third quarter the Killarney girls had opened a 9 point gap to lead 43-34 and they pushed on to take the win. Leah McMahon led the St Paul's scoring hitting a big 28 points followed by Eabha Rudden on 17 points.

St Mary's side's record wins:

St Mary's u12 Boys Division 3 side took on TK Vixens with the first quarter being a very tight affair with Conor Lyne on the mark for St Mary's and Mark Collins opening the Vixens account. Both side got their offence going in the second quarter with Jamie Gleasure and Kelvin O'Connor on the mark for the home side and Edward Kelly and Jayden Kelly on the mark for the Vixens who were down by 5 going into third quarter.

Vixens had the better of that third period holding the home side to one score from Oscar Elazkowski. Vixens had scores from Tom Mullane and Mark Collins and they reduced the gap to two points going into the final quarter. In that final period the home side had scoring contributions from O'Connor, Conor Ryan, Adam O'Connor and Ruairi O'Connor.

Kelvin O'Connor top scored for St Mary's followed by Conor Ryan and Jamie Gleasure while Mark Collins and Tom Mullane led the Vixens scoring.

In the 14's Girls St Colman's made slightly the better start and were 8-7 up at the end of the first but from there on St Mary's took over winning the next three quarters to secure a 34-16 win.

Meabh O'Connor led the St Mary's scoring on 8 followed by Caoimhe O'Connor on 6 and Alana O'Mahony on 5. Donna Foley and Chloe O'Sullivan were the best for St Colman's.

Adam Caldwell led the St Mary's u14 boys scoring with 14 followed by Conor Clifford on 6 and Sam McCarthy on 4 in their 29-26 win over Vixens. Caldwell did most of the damage in a strong third quarter. Aaron Irwin led the Vixens with 14 followed by Tadgh Aherne on 8.

Busy time for the Falcons:

Glenbeigh Falcons had a busy weekend with their u12 Division 3 girls just going down by 2 baskets to KCYMS 14-18. The u14 Girls were also at home and chalked up a good 33-17 point win over St Colman's. The u14 boys travelled to Kenmare and enjoyed a great win over the Kestrels but the u16 Boys went down away to St Anne's.

SCOTTS LAKERS ST PAULS **VS FR MATTHEWS** INSUREMYVAN.IE NATIONAL LEAGUE

Scotts Lakers St Pauls belatedly play their first game of 2022 when they welcome Fr Matthews to the Killarney Sports and Leisure Centre this Saturday January 29th with a 7.30pm tip off. Its the first of three home fixtures in a row as they face Waterford IT Vikings on the opening weekend in February and the Portlaoise Panthers come to town on Saturday February 19th.Sandwiched in between the Vikings and Panther games is a trip to the Mardyke to face UCC Blue Demons.

Having finished 2021 with a flourish with wins over the Limerick Celtics and Killarney Cougars the Lakers are now getting into playoff contention and with five home fixtures to come, a serious challenge can be mounted. Hopefully seeing the back of any further Covid disruptions it's going to be a busy run to the seasons end.Fr Matthews though can be an awkward obstacle to clear.In the corresponding fixture earlier in the season Fr Matthews proved too physical and durable for a young Lakers side and eventually ran out 78-64 winners.But even within that game the seeds of a future improvement could be seen. In the third quarter the Lakers only conceded 9 points, Emilian Grudov netted 29 points and Jamie O Sullivan and Senan O Leary featured prominently.Fr Matthews will be looking to bounce back from recent league defeats to IT Carlow and UCC Blue Demons and in Jonathan Garcia and former Laker Brian O Neill they possess a genuine scoring threat.

The Lakers recent run of form will see them in confident mood and with a full squad now available the teams training sessions can be used to work on game plays and help build up the teams chemistry in both offense and defense.Canadian Godwin Boahen has settled in well and his full repertoire of skills has lit up the league and his diminutive presence on court makes him a player to watch.What may go unnoticed though is his ability to defend, which isnt too shabby either. Coach Jarlath Lee will certainly be pleased with the ground work Rui Saravia, Paul Clarke , Mark O Shea and David Gleeson are doing and their hard work etiquette is proving very productive on court.Bulgarian Emilian Grudov, himself not long onto his 20s, is enjoying a good run of form, scoring freely while the impact of Jamie O'Sullivan, gaining valuable experience, is vital as he possess another scoring threat when on song.Youngsters Senan O Leary, Daniel Carroll and Lorcan Keane continue to benefit from court time, something Coach Lee certainly appreciates, while the contribution of Ben Flavin, when college commitments allow, will be another boost to the squad.As always the club will be looking to its underage set up when needed and Mark Sheehan, Jason Lee, Jack O Sullivan and Luke Crowley are seen as real prospects.

The team are also linking up with the Kerry Mental Health Association to help promote the vital messaging of health and wellbeing. This will be done in game for the remainder of the season with the organization's mission to promote mental health in Kerry being highlighted at various time outs and half time. The team is delighted to be able to support this initiative any way it can.

The Club are also fortunate to ha Killarney Sports and Leisure Ce ntry and with best sports venues in th the recent announcement of Covid restrictions a bumper of be accomodated.Of course t wearing of face masks is al in an indoor setting so why of the easing of crowd can easily the mandatory all hy not ma way out to the Killarney Leisu Saturday,January 29th, for th off between Scotts Lakers St Pauls and Matthews.Admission is

free in for Under 12s or Primary chool Ki accpm[amied by an adult

OUTLOOK BASKETBALL

WARRIORS OVERPOWER NEPTUNE TO CLINCH FIRST NATIONAL CUP TITLE

InsureMyHouse.ie Pat Duffy National Cup Final

Garvey's Tralee Warriors 88 C&S Neptune 75

Garvey's Tralee Warriors are the InsureMyHouse. ie Pat Duffy National Cup champions after an 88-75 win over C&S Neptune at the National Basketball Arena in Tallaght on Saturday night. The atmosphere at basketball HQ was electric with the Warriors faithful supporters providing incredible colour, noise and support as they cheered their team to their historic victory. The Cup win completes the Warriors' trophy cabinet of national titles in their short but hugely successful history in Super League. The Warriors secured Champions Trophy titles in 2017 and 2018 and a Super League crown in 2019 and now add the truly coveted National Cup title to their impressive roll of honour.

In the hectic start to the contest both sides took a couple of minutes to find their feet and there was almost two minutes played before Daniel Jokubaitis fired in the opening score for the Warriors. Nils Sabata replied to get C&S Neptune on the board and Cian Heaphy followed that with a dunk that had the Cork fans out of their seats. Warriors captain Fergal O'Sullivan fired in a trademark three pointer with four minutes on the clock to help build a 9-5 lead. Sabata was on the mark again to reduce the deficit before Kieran Donaghy entered the fray to hit three scores and pull down four rebounds in a scintillating cameo before Miles Washington opened his account and Aleix Tarradellas hit a crucial three pointer late on to cut the Warriors lead at guarter time to 17-12.

Nil Sabata continued to prosper under the Warriors board and added either side of Eoin Quigley's second score of the night and when Jokubaitis nailed a three pointer it sparked a run for Warriors that saw them push their advantage out to 29-17 midway through the quarter. The Tralee side edged further ahead after Quigley and Roy Downey swapped threes with O'Sullivan, Calixte and Quigley in range again to put them 38-23 up. A Roy Downey lay-up cut the gap but Jokubaitis had the final say in the quarter when he hit his second major score to leave his side 43-28 ahead at the long break.

Neptune needed to get on a run to have any chance of getting back into the contest and despite scores from Calixte, Nikola Roso and another three from Quigley, the Cork side hit scores from inside and outside from Downey, Tarradelles and Washington and the gap was suddenly down to just 8. But as quickly as the Neptune run began, it ended with Calixte, Roso and Quigley combining to restore the Warriors half-time lead. A Ricaud Gittens lay up and another three from Roy Downey kept the Cork side in the game but scores



complete.

from Jokubaitis, Ron Elksnis and Brandon Cotton ensured that the Warriors took a game winning lead of 64-48 into the final quarter.

Jokubaitis brought the house down with a huge three early in the quarter and when Darragh O'Hanlon and Roso added Neptune were in deep trouble. Player coach Colin O'Reilly tried to bail out his side with a three but O'Hanlon produced a showstopping signature three pointer in reply to keep Neptune at arm's length. Quigley and Donaghy both hit the five foul mark to end their involvement on the court but it seemed to spark Nikola Roso into action and the big forward obliged with back to back scores to see his side 78-57 ahead with four minutes left in the contest. The Warriors knew they had done enough and scores from Sabata and Downey were purely cosmetic. Two slaloming efforts from Calixte had the Warriors crowd dancing in the aisles and when Jokubaitis hit his last score of the game before being fouled out they stood to salute his stunning performance on the biggest stage in the game. Sabata hit two late scores and Tarradelles fired in another good three late on but when O'Hanlon and Calixte hit 4 for 6 from the line the Warriors Cup winning mission was

Daniel Jokubaitis was thoroughly deserving as the MVP with his 19 points, 7 rebounds and 4 assists, and in a delightful gesture gave the golden ball award to Warriors fan Adam Maher. Captain Fergal O'Sullivan sportingly recognised the enormous contribution to basketball in Tralee that Kieran Donaghy has been at the centre of for almost two decades by bringing his lifelong friend with him to accept the Pat Duffy National Cup in front of the Warriors adoring supporters.

On a night of nights, it was finally Warriors' time. Scorers: Garvey's Tralee Warriors: Daniel Jokubaitis (19), Aaron Calixte (19), Eoin Quigley (14)

C&S Neptune: Nils Sabata (21), Roy Downey (17), Aleix Tarradellas (11).

Next up for Garvey's Tralee Warriors is a tough return to Super League action when they face the trip to Colaiste Éanna in Rathfarnham to play DBS Éanna in what is a renewal of rivalries following their Cup semi-final meeting in Cork earlier this month.



RUGBY FOCUS



KILLARNEY GIRLS IN HISTORIC WIN

Killarney RFC 27-Ennis RFC 15

The Killarney u16 girls made history by winning the Munster league and became the first team from Killarney ever to win the provincial league title.

Played in front of a large crowd in LIT (Limerick Institute Technology) the girls from Killarney and Ennis played an absolute thrilling game of rugby. The teams were very evenly matched. Ennis opened the scoring with a well worked try and their conversation attempt hit off the post. Killarney responded almost immediately with a well taken try from Niamh Dorrian after some very good interplay by the Killarney backs and forwards where nearly everyone from the Killarney team touched the ball.

This try from Killarney spurred Ennis on and after some incredible defensive play by Killarney, led by the outstanding back row of Ava O'Malley, Clodagh Foley and Katie O'Donoghue Ennis eventually forced over the whitewash to lead 10-5. Next to score was Marina Eager the Killarney fullback who had a huge amount of work to do before she scored. 10-10, and nothing between the two teams. The Beaufort wizard Niamh Dorrian got her second and Killarney's third try just before halftime to go in at the half time break 15-10 up.

Ennis started the second half very strong and we're first to score, to level the game again 15-15, what a game of rugby with both sides willing to throw the ball around in an excellent display of free flowing rugby. Next up to score was the warrior from the Black Valley, Katie O'Donoghue who finished off a great move to put her team ahead 20-15 with 16 minutes



left to play. Sure enough Ennis attacked and attacked but the Killarney defence were resolute and each one of the girls put in amazing hits as Ennis tried to go over the killarney line. A superbly placed kick by the Killarney captain Fia Whelan set up the on rushing Niamh Dorrian to take the bouncing ball and with one girl to beat. Dorrian didn't needed to be asked twice to beat the Ennis girl to complete her hat trick, which Whelan converted to put Killarney ahead 27-15. With nine minutes to go. Both teams continued to play expansive rugby to the end, and fittingly it was the Killarney girls who finished the game looking for another score. The killarney captain Fia Whelan was then presented the trophy who thanked the Ennis team for a very sporting game of rugby. The Munster branch representative paid both sides huge compliments on the standard of rugby displayed on the day.

Diarmuid O'Malley who along with Josh Whelan coached the killarney team said "this is an exceptional group of girls from 1 to 23 each and every girl has added value all season long. The girls have bought into the culture and our game plan from day one and they are a joy to coach as they want to learn and want to get better. They have put in a huge amount of work to get to become champions of Munster, but the work rate displayed today and all season has being worth every bit of the effort and all you have to do is look around at the smiles on the girls faces and all their families and friends. We are hoping this will act as a catalyst to get more young girls to give rugby a try if playing sport, making new friends and being part of a community is of interest to you, come up and give it a try. We have girls from 5 years of age to 12 training every Saturday morning and at 6.45pm every Wednesday our U14s,u16s and U18s girls train.

A special mention has to go out for the unsung hero namely Anne Gabbett our manager, she ensures everything runs so smoothly today and every day during the season, she is the Rock of



this group of extraordinary girls.

The Killarney Team lined out as follows:

1) Annie O'Reilly 2) Ella Guerin Crowley 3) Molly Gabbett 4) Joanne O'Keefe 5) Melissa Mc Carthy, 6) Katie O'Donoghue, 7) Clodagh Foley, 8) Ava O'Malley, 9) Robyn Landers, 10) Fia Whelan (Capt), 11) Ali O'Donoghue, 12) Bronagh Dorrian, 13) Holly O'Sullivan, 14) Niamh Dorrian, 15) Marina Eager, 16) Miriam O'Sullivan, 17) Isabella O'Leary, 18) Grainne Kennedy, 19) Lucy O'Sullivan 20) Nell Moore 21) Kate Mangan 22) Jess O'Sullivan Coaches: Diarmuid O'Malley, Josh Whelan Manager: Anne Gabbett







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LEGION GAA CLUB

CLUB APPOINTMENTS

The Club is delighted to welcome Liam McGuire as the new Vice Chairman. Liam would be well known in Killarney sports circles through his association with Killarney Rugby club but Liam also donned the Green and White jersey at Senior level. Of course son Billy has played for the Club at all levels and is looking forward to the year ahead. We wish Liam all the best in his new role.

Another McGuire, Eamon, no relation, has succeeded Pat Moynihan as Chair of the Field and Facilities Committee. Eamon, having been part of the committee in recent years, is certainly appreciative of the great work being done but will have his eye on further improving our facilities.Once again our thanks to Pat for his great vision and contribution in heading the committee.

Our Social Committee with Sharon O Grady leading the way, will no doubt be looking forward to a Covid free year as they plot their events.Assisting Sharon will be Orla Culloty, Desiree Crowley and Timmy O Donoghue.

The PR committee, overseeing both the written and Social media platforms, is also busy with Elizabeth Mohan, Maria O Sullivan, Jimmy Reen, Amy Walshe assisting Club PRO Enda Walshe. We are going to re launch the Club Website in the coming months,with an emphasis on Club Notes, Fixtures and results, photos, match reports etc, and if anyone with relevant skills would like to help out we would be delighted to hear from you.

SEAN O SULLIVAN

Having stepped down from the Club Executive and more recently as County Board Delegate for the club we would like to acknowledge and thank Sean O Sullivan for his outstanding contribution in the recent years. Sean provided a strong voice for the Club at County Board level and made sure we were always well represented and also found time to look after our Clubs Senior B team. Many thanks to Sean for all he has done and hopefully we will see him in another guise in the Club in the not too distant future. **SIGERSON CUP UPDATE**

MTU Kerry made sure they held the bragging rights over their Cork counterparts with a win in the Tralee Campus last Tuesday night. Darragh Lyne and Ryan O'Grady played prominent roles, both hitting the back of the net ,while half time substitute for MTU Cork Finbarr Murphy tried hard. Victorious on a 4-9 to 2-10 scoreline MTU Kerry now await their quarter final opponents. MTU Cork, for their part, now face the University of Ulster on Wednesday January 26th in Abbotstown for a place in same quarter finals. Best of luck to Finbarr in this clash.

CIAN GAMMELL

An eventful week for Cian as his UCC side exited the Sigerson Cup going down to a strong UCD side last Wednesday. Cian then had the consolation of making his place in Jack O'Connors Kerry squad for the McGrath Cup win over Cork.An unfortunate clash of heads in the warm up meant Cian had the look of a rugby prop after receiving treatment but to no harm as



At the presentation of Training tops to the Killarney Legion Senior Ladies team by Eoin Reen of Reens Pharmacy Killarney. Left to right back: Anne Marie O Sullivan, Tara Murphy, Ciara Randles, Meabh Crowley, Abbie Cronin, Caelyn O Grady. Front left to right: Elizabeth Mohan, Ellen Corridan, Eoin Reen (Sponsor), Mairead O Donoghue, Kate McCarthy.

he was introduced in the final quarter of a facile Kerry win. Kerry open their National League campaign this weekend with a trip to Kildare, ahead of the visit of Dublin to Tralee on Saturday February 5th.

SAINT BRENDANS CORN UI MHUIRI

Best of luck to our four representatives on the St Brendans College team that face Hamilton HS of Bandon this weekend in the Corn Ui Mhuiri semi final. Aaron O Sullivan should start in goal with Darragh Fleming in the half back line.William Shine will feature in the forward line with young Sam Benson on the bench. Well update their progress in next week's notes.

JUVENILE MANAGEMENT TEAMS

Our Juvenile Management Committee is in place for the year ahead and it consists of the following: Donal O Leary (Chairman), Elaine O Donoghue (Secretary), Fergal Moynihan, Ted Healy, Liam O Toole, Nigel Shevlin and Sean Culloty. They been busy already and the following management teams were ratified at last Wednesdays Club Executive meeting

U12 Girls: Mairéad O'Donoghue, lan Bowler, Mike O'Sullivan, Patrica Quigley

U13 Boys: Sean Culloty, Enda Murphy, Thomas Horan, Joe Hurley, Conor Keane, Fergal Moynihan, Alan O'Neill, David O'Sullivan.

U14 Girls: Ted Healy, Fergal Moynihan, Noelle O Toole, Donal O'Leary, Shane McSweeney, Sharon O'Shea.

U15 Boys: Donal Culloty, Donal Hegarty, John Keane, Nigel Shevlin.

U16 Girls: Jason Stack, Sharon O Grady, Enda Murphy, Blaithin Stack, Amy O Grady, Trish O Connor.

U17 Boys: John Bowler, Philip Gammell, Mike Pierce, Jonathan Lyne, Billy Maguire.

U18 Girls: John Doona, Donal Hegarty, Shaun O Connor, Majella Fleming.

We wish all management and teams the best of luck in the year ahead.

REENS PHARMACY SPONSORSHIP

Our Senior Ladies would like to sincerely thank Eoin Reen and everyone from Reen's Pharmacy, Killarney for their continued support. In recent years Eoin has been very generous to our Ladies team providing them with bibs, water bottles and first aid kits. His latest act of generosity has seen the Ladies decked out in some resplendid Club tops, supplied by Masita. Many thanks again to Eoin and we would encourage Club members to remember our generous sponsors when doing your business in town.

LOTTO RESULTS

Sunday January 16th. Numbers 1, 4, 21, 22, bonus 17. No jackpot winner. Match 3/Lucky dips: 1. Ted Healy, Loreto Road. 2. Brendan Murphy, Dunmaniheen Killorglin. 3. Padraig Brosnan c/o Margaret. 4.Jackie O Leary c/o Darren O Shea. 5. Michael Neeson, 9 Marion Terrace

Sunday January 23rd. Numbers 8, 18, 23, 24, bonus 19. No Jackpot winner. Match 3/Lucky Dips: 1. Aaron O Sullivan, 3 Chestnut Drive. 2. Noran Connell. 3. Kieran O Sullivan, Kenmare. 4. Tara Fleming. 5.Seamie Doc, Rock Road. Next weeks draw Sunday January 30th.

FOSSA GAA

LAST MAN STANDING

Last chance this week to be part of our last man standing competition.

KERRY

Congratulations to the Kerry senior team on winning the McGrath cup especially Paudie and David Clifford.

LOTTO

24,26,27,28. €40 WINNERS

JOHN MCCARTHY, AGHALEEMORE FOSSA; ADDIE O'HARE, FOSSA;EILEEN FLEMING, C FLEMING AN POST;TOM O'CONNOR, CYPRESS COTTAGE LISMONGANE; BERNIE MCCARTHY, 2 MILE KILLARNEY.Next weeks jackpot €3,600. Tickets on sale from Foleys Spar Fossa, the golden nugget and usual sellers. Thanks for the support.

EAST KERRY GAA NEWS

By MichaelO'Mahony

East Kerry GAA Convention held on Sunday last in Currow Community Centre with good attendance. Johnny Brosnan presided over the meeting and it was great honour for him to have meeting in his native currow. Humphrey Murphy Currow was the founder of East Kerry Board in 1925Humphrey was elected Vice Chairman, Eamon O' Sullivan & Mark Griffin of Referees Committee of Co. board addressed the convention appealing for new Referees & club members to do Referees coures President: Ger Galvin (Spa)

Vice president: Pat Favier (Glenflesk)

Pat Sweeney (Fossa), Sean Kelly (Kilcummin),

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East Kerry Officers and delegates at the Annual Convention last Sunday in Currow. Photo Seamus Healy.

Dermot Griffin (Fossa), Tim Ryan (Kilcummin), John Lenihan (Kilcummin), Ger Galvin (Spa), Fr. Paddy O'Donoghue (Dr crokes) Chairman: Johnny Brosnan (Currow) Vice Chairman: John Dineen (Fossa) Secretary: Noel Kennedy (Listry) Assistant Secretary: Dermot O' Connor (Firies) Treasurer :Domhnall O'Sullivan (Fossa) PRO: Michael O' Mahony(Rathmore) Hurling officer: John Kelly (St Pat's) Scor Officer: Anne Holland(Spa Children sOfficer: Ellen O'Keeffe (Gneeveguilla) **SUCCESSES OF 2021**

The East Kerry minor Team on winning minor County Championship for sixth year in row. Gneevequilla on winning the county Premier Junior & Munster Junior championship. Dr Crokes on winning the 2020 Dr O'Donoghue Cup. Cordal on winning the 2020 Fr GalvinCup & Division 3 super league. The Kerry Senior Team on winning the Munster senior championship & joint National League winners. The Clifford Brothers, David & Paudie on receiving All Stars 2021. Kerry Senior Hurling Team on reaching the final of the Joe McDonagh Cup. Congratulations and best wishes to Patrick O'Sullivan on his appointment as chairman & Aine Ni Shuilleabhain on her appointment as County officer

BEREAVEMENTS

We lost our two Vice presidents Donie Sheahan Dr Crokes andTom Brosnan Glenflesk. Ar Dheis De go Raibh an-immneacha

INTERMEDIATE CHAMPIONSHIP

Unfortunately most disappointing part of this year was the failure to get the final of the Intermediate championship (Fr Galvin Cup) completed. This game could have and should have been played but despite every effort made we were left with no choice but to award the game to cordal. Congratulations to Dr Crokes & Kilcummin and Listry on winning their respective division in Junior **LEAGUE**

Congratulations to Dr Crokes Kenmare and Spa on winning the U17 East Region League and glenfesk Fossa and Rathmore on the U17 A.B and C championship.

I would like the Chairperson to take note

of the procedure for changing of game as unfortunately some chose either to not read or ignore it.

The procedure was put in place to help everyone and saves a lot of hassle and time when followed properly.Thanks to those thatwould like to congratulate joanne O'Sullivan Kenmare and kieran O'Keeffe Rathmore on taking up important roles within their own clubs and wish them well.

SECRETARY REPORT

East Kerry CompetitionControl Committee Chairman Report

For the second year in row 2021 fixtures and competitions were badly distributed due to Covid with all clubs football and games suspended until 1st week in June with county competitions the first to be played.East kerry Committee made decision at a meeting to finish off 2020 senior championship Cup and Fr.Galvin Cup fixtures and not to play the 2021 senior championship played a limited 2021 fixtures calendar.

It is hoped that in the year ahead that we will return to play a full calendar of games.The senior League will be the first competition to be played in early February.

I would ask all delegates to go back to your clubs and decide your participation in

competitions and do not enter if you are not going to fulfil fixtures when they are arranged. chairman of referees Committee

REFEREES REPORT

Would like to thank referees, umpires and linemen who were so helpful during the year, there participant is invaluable to the GAA. People do not appreciate their valuable contribution to the game,but without them there no games. Please respect our Referees. linesmen, and umpires. this year I would request that every club in East Kerry provides a senior referee. There is no point putting a name of a referee down if he will not referee senior games. It is also now time that we start using ladies to umpire lines person and refereeing. I cannot understand why I've never seen a lady umpire at a match I have attended. we also need new cohort of referees who need to be trained properly, I firmly believe that one meeting a year not enough. I also think that 2 to 3 hours in room revising rules is fine during inter months but in reality it is no help to on and off pitch situation.

PRO REPORT

The last two years have been strange time with Covid 19 which has increased need for up date photographs in promoting our games and other activities.



East Kerry Officers at the Convention last Sunday in Currow. Lto R; Michael O Mahoney, Donhall O Sullivan, John Dineen, Johnny Brosnan, Noel Kennedy, Ellen O Keffee and Michael Piggot.





This could only be achieved with the great help and support of many in the District including PRO'S, club officer,s Referees and club members and Fellow East Kerry Officers.This cooperation support and help has been freely given by all concerned and fulfilling the role of PRO so enjoyable and led to the best possible

promotion for the clubs and players. Many thanks to all concerned it greatly appreciated for the ongoing promotion & publicing including, the printed press: The Kerryman & Kerry Eye, Killarney Outlook, Killarney Advertiser, Donal Barry Kerry sport Hub, Irish Examiner, Local Radio, Match programmes, Single sheet programmes, Dr O'Donoghue Cup programmes

PR & COMMUNICATION COMMITTEE

In addition to the core members of the PR COMMUNICATIONS Committee there is a group of dedicated Club Members and Officers who also assist with information. match reports and in randem with all the club PRO'S Many thanks to the very hardworking members of the PR Communications Committee Sub Committees who are so generous with their time photographs and assistance the committee is as follows Chairperson PRO Michael O'Mahony, Secretary Aine Ni Shuilleabhain Garry O'Halloran, Michael Healy, Sean O'Keeffe, Sean O'Sullivan, Seamus Healy, Anne Holland, Timmy O'Leary, Matt O'Neil, James Rochford, Karen McGlynn. I wish to thank Pat O'Brien

who help out with match reports and Denis McCrohan help out with Twitter

I wish to thank Aine Ni Shuilleabhain former PRO & Secretary of PR & Communications Committee since I came in as PRO and was of great assistance to me she will be major loss to me & East Kerry Board I wish her well as new County children's officer

MILLTOWN/CASTLEMAINE NEWS

LOTTO

Sponsored by Almas Takeaway, Milltown. Draw tonight with Jackpot @€12,600 (Monday, January 24th, 2022 results to follow / following draw 7th Feb) Play lotto online with clubforce or get your tickets at usual outlets. Mile búiochas do gach duine for playing Milltown/ Castlemaine Clubs Fortnightly Fundraiser your support is sincerely appreciated.

CONGRATULATIONS to our great club man Gary Murphy and Fiancee Caitriona Brosnan of Currow who got engaged over Christmas. Wishing Gary and Caitriona all the very best for when there big day comes and for their future together from all of us at Milltown/Castlemaine Gaa Club

AGM

A reminder that our Club A.G.M. will be held on Friday 28th January 2022 at 6pm in Nagle Rice Community Centre. If there are any queries arising from any of the reports, please forward them in writing to the Secretary: secretary. milltowncastlemaine.kerry@gaa.ie and the club will endeavour to answer them within five working days after the A.G.M. Attendance at the A.G.M. is for members only and a reminder that the wearing of masks is required.

Picture: Tatyana McGough, Fitzgerald Stadium PR.

OPERATION TRANSFORMATION

Thank you to Lauren Starkey of Milltown Massage for giving her tallk to our OT Group last Monday and to Mags, Catherine & John for their help too. Walking groups: Mon & Wed evening 7.30 - 8.30pm please note from this week Friday Changing to 6.30 - 7.30pm, morning times as usual Tue & Thur 9.30-10.30am. Lights on as usual until 10pm each evening well done to all our walkers, keep up the good work. Visit our social media pages to sign up to the My Life Steps Challenge.

MKL - WALK FOR ASHLING

Local ladies club MKL Gaels will walk 300km (From Castlemaine to Leinster House)this Saturday 29th Jan from 4pm simultaneously on the walking tracks around Milltown/ Castlemaine, Listry and Keel GAA Clubs pitches in memory of Ashling Murphy and in aid of Adapt Kerry - Womens Refuge Centre. Keep an eye on MKL Gaels social media pages and you can get involved on the day or donate at www. idonate.ie/AdaptLeinsterHouse



KILLARNEY ATHLETIC

RESULTS

Denny Division 1B

Killarney Athletic (T2) 4 Dingle Bay Rovers 3 Scorers: Killarney Athletic (T2): Jason O'Grady 2, Matt Fleming 2

U14 Premier Division League Result: Killarney Athletic v Listowel Celtic

Killarney Athletic 4 Listowel Celtic 0 Goals for Athletic: 1st Half Ben Kelliher, Liam O'Brien. 2nd half: Brian McCarthy, Evan Doona U12 Divison 2

Killarney Athletic 0 Ballyhar Dynamos 5 U12 NATIONAL CUP

BLUES INTO THE LAST 32

Killarney Athletic 3 Mungret Regional 1

Our young blues made the trip up to Limerick today to play Mungret Regional. Athletic made the brighter start and had the Limerick side on the back foot from the get go forcing numerous corners and saves. Athletic made the breakthrough near ht when Cian Hegarty played a lovely ball over the ball where Enna Hennigan finished with emphatically into the corner. In a back and forth 2 nd half athletic got the all important second goal some nice footwork from Jayden Hurley crossing to Cian Hegarty who backheeled it into the net. Mungret scored from a free kick with ten mins to go but Sean Lyne smashed one into the top corner to seal a great win for the blues. Thanks to Mungret Regional for the very sporting game. Into the open draw and last 32 now for Athletic Today's Captain Jayden Hurley...

YOUTHS PREMIER..

Killarney Athletic 5 Castleisland 2

In perfect conditions in Woodlawn Athletic turned in a much better performance than they did the week prior. Athletic started well and had a couple of chances and after 10 minutes Eddie Moroney hit Athletics first from close range. After 20 minutes Sam Benson crossed the ball in and Eddie Moroney got his second off his left foot. Castleisland hit back with a goal of their own from a long range effort. Moroney got the hatrick after 32 minutes to put Athletic 3-1 up at half time. In the second half Matthew Horgan scored a header from a corner from Roko Rujevcan. 2 minutes later Roko Rujevcan sealed the win with Athletics 5. In the closing stages Castleisland scored 1 more to finish the game 5-2. Best for Athletic was Patrick Lyons Matthew Horgan and Rian Kelly with Eddie Moroney being man of the match.

U16 Premier: Killarney Athletic 2 Mastergeeha 2 Scorers For the Blues: Keelin Veerasoo, Oisin O Sullivan

U16 Premier: Killarney Athletic 2 Mastergeeha 2 In a Spirited Game the points were shared.

Scorers For the Blues: Keelin Veerasoo, Oisin O Sullivan

MEK GALAXY

U12 BOYS DIVISION 1

Killorglin B 1 MEK Galaxy 6

MEK proved too strong for the hosts on the day. Goals by Jamie Murphy x2 Shane ó Neil x2 and 1 each from Cade Jameson and Dara Tagney. Man of the match was Donnacha Vaughan. U12 BOYS DIVISION 2

MEK Galaxy 0 Ballyhar Dynamos 1

A top of the table clash that lived up to its billing. A very tight game where clear cut chances were at a premium. A valiant effort by the home team on the day, but it was our neighbours who left with all 3 points. Man of the match for Galaxy was Luke Rennie

U14 BOYS PREMIER DIVISION Inter Kenmare 2 MEK Galaxy 3

Again, another top of the table clash here, which didn't disappoint. A brilliantly free flowing game of football with both teams showing what they are about. 2 goals by Jayden Fennell and 1 for Danny Murphy were enough to secure all 3 points for the league leaders. Man of the match James Spillane at left back. U12 GIRLS DIVISION 1

CastleIsland 0 MEK Galaxy 0

This top of the table encounter was the definition of a 50/50 game. A battle of immense proportions failed to separate two very good teams. Player of the match Grace Barry. **U14 GIRLS PREMIER**

MEK Galaxy 1 Camp 3

On super day for football, these two teams did not disappoint, serving up great entertainment for all. A fantastic goal by Maggie Quirke was not enough to prevent the Galaxy girls slipping to defeat. Player of the match, Louise ó Donoghue.

SENIOR MEN PREMIER B

Asdee 0 MEK Galaxy 1

MEK made the long trip to North Kerry, but it was all worth the effort, as a Shane Evans goal gave the visitors victory.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 2,3,17,23. There was 1 jackpot winner of $\in 14,600$. The next jackpot on Monday January 31st is $\in 1,600$. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce. com,

DENNY PREMIER A

Killarney Celtic A 6, Tralee Dynamos 0 Stephen McCarthy 3, Lee Downing, Wayne Sparling, Adam O'Rourke.

DENNY PREMIER B

Killarney Celtic B 2, Fenit Samphires 1 Jordan Leahy, John Falvey

DENNY YOUTHS LEAGUE

Killarney Celtic 3, Tralee Dynamos 3. Sean Treyvaud 2, Colin O'Leary U16 PREMIER

JIOPREIVIIER

Dingle Bay Rovers 1, Killarney Celtic 5 Josh Bowler 2, Jason O'Sullivan, Seamus Kelly, Oisin Fleming.

U14 DIV 1

Killarney Celtic 3, Ballyhar Dynamos 1.

Cillian Slattery 2, Tomas Mackey

Celtic opened the scoring through Tomas Mackey and Cillian Slattery added 2 more goals to leave Celtic 3 up at the break. Ballyhar pulled 1 back but Celtic kept control to run out winners. U12 NATIONAL CUP

Killarney Celtic 0, Munroe AFC 1

Despite a valiant effort our 12s exited the National Cup after their game at home to Munroe AFC.

U12 DIV 1

Killarney Celtic 2, Mastergeeha2Tristan Murphy, Marco Mosca

GIRLS U16 PREMIER

Killarney Celtic 5, Listowel Celtic 0

Clodagh Moriarty, Aideen O'Brien, Katie Doe, Niamh Cantillon, Lucy O'Sullivan

CONGRATS to former player Fiana Bradley who was selected for the Irish U16 squad for 2 friendlies with Portugal.

Congrats to Marco Mosca U12 who made the KSGL Team of the Week and to Saranya Ryan and Kaysey O'Connor who made the Girls Roll of Honour this week.

SCHOOLBOY/GIRL SOCCER

Last National Cup qualifiers plus Even age League action:

12's National Cup



Killarney Athletic U12 who have progressed to the last 32 of National Cup

MEK Galaxy u12 girls who travelled to Castlelsland

Mungaret Regional 1 – 3 Killarney Athletic Killorglin 1–0 Charleville Avenue United 4–1 Mastergeeha Killarney Celtic 0–1 Murroe FC **14's National Cup** St Brendan's Park 5–1 Tralee Dynamos Aisling Annacotty 4–1 Killorglin

16's National Cup Bridge United 1–1 Killorglin AET Bridge United win 3-1 on penalties Coole FC 0–4 St Brendan's Park

League Results

Slattery's Carpets and Blinds 12's Premier St Brendan's Park 2-0 Tralee Dynamos Castleisland 1-2 LB Rovers 12's Division 1 North Listowel Celtic B 1-6 St Brendan's Park B Ballyheigue 4–1 Camp Juniors 12's Division 1 South Ballyhar Dynamos 5-0 Killarney Athletic B Killorglin B 1-6 MEK Galaxy Killarney Celtic B 2-2 Mastergeeha B 12's Division 2 MEK Galaxy 0-1 Ballyhar Dynamos B Inter Kenmare B 1–1 Castleisland B 13's Premier Killorglin 1–2 Tralee Dynamos World of Tiles 14's Premier Inter Kenmare 2–3 MEK Galaxy Killarney Athletic 4-0 Listowel Celtic 14's Division 1 Killarney Celtic A 3-1 Ballyhar Dynamos Fenit Samphires 6-4 Camp Juniors LB Rovers9–3 Killarney Athletic 14's Division 2 Ballyheigue 2–5 Inter Kenmare Castleisland B 3-3 Mastergeeha B 16's Premier Mastergeeha 2–2 Killarney Athletic Castleisland 3–0 Tralee Dynamos Dingle Bay Rovers 1-5 Killarney Celtic 16's Division 1 St Brendan's Park B 3–3 Killorglin C Ballyheigue 1–6 Iveragh United **Girls League Results** 12's Premier Listowel Celtic 2–1 Inter Kenmare 12's Division 1 Fenit Samphires B 2–8 Iveragh United MEK Galaxy 0-0 Castleisland 14's Premier MEK Galaxy 1–3 Camp Juniors Inter Kenmare 3–2 Listowel Celtic 14's Division 1 Killarney Celtic White 2-0 Castleisland

Last chance to qualify in the National Cup

The final places in the SFAI National Cups Open Draws were up for grabs today in Round 4 of the Boys u12's, 14's and 16's. Already through to the Last 32 in the various age groups were MEK Galaxy in the 13's Boys and Killarney Athletic in the 15's while in the Girls Inter Kenmare at 12's, Listowel Celtic at 14's and Killarney Celtic at 16's had also progressed before today.

12's: Killarney Athletic were the first side in action and they recorded an impressive 3-1 away win in Limerick. The Athletic goals came from Eanna Hennigan, Cian Hegarty and Sean Lyne.

Killorglin are also into the next round thanks to Peter O'Shea who got the only goal of the game. There was no joy for Killarney Celtic as they lost out 1-0 at home to Murroe FC. Mastergeeha are also out as they went down 4-1 away to Avenue United with Alan O'Leary getting their goal.

14's: In the 14's St Brendan's Park took the win in the all KSBGL clash defeating neighbours Tralee Dynamos with goals from Edison Jahiri, Ethan Ballard, Brian Heaphy 2 and Masick Kubick while Nick Lacey got the Dynamos consolation.

Killorglin went down 4-1 away to Aisling Annacotty in Limerick. Bryan McKenna got the Killorglin goal.

16's: St Brendan's Park made the trip to Gort to take on Coole FC and after a scoreless first half it was the Tralee side that took control thanks to goals from Mohammed Abdalla 2, Andrew Kerins and Sean Corkery to take the win 4-0.

Killorglin were away to Bridge United who went ahead from the penalty spot in the second half. But Killorglin equalised within two minutes. With no further scoring the game went to penalties and it was the home side that took the win 3-1. **Two games in 12's Division 1 North**

Goals from Mark Foley 2, Admed Abdalla, Patrick Leen, Noah Reidy and Aaron Donovan gave St Brendan's Park B the win away to Listowel Celtic B.

Two goals from Ben O'Connor and one each from Sam Keane and Conor Slattery gave Ballyheigue Athletic FC the points in a 4-1 over Camp Juniors. **Plenty of goals in 12's Division 1 South**

The first game in this Division was the midweek clash of Killarney Celtic B and Mastergeeha B at Celtic Park with both sides sharing the points. Killarney Celtic went 2-0 up thanks to goals from Tristan Murphy and Marco Mosca but two early in the second half from Mark Bowler saw his side level matters.

Three unanswered goals in the first half and two in the second gave Ballyhar Dynamos the win at

> home in Mort Scott Park over Killarney Athletic B. Ryan Quilter and Jack Kelly both scored two each for Ballyhar Dynamos with Daire Cornally getting the other goal.

Two goals each from James Murphy and Shane O'Neill and one each from Cade Jameson and Dave Tangney gave MEK Galaxy the win away to Killorglin B who had a late penalty consolation

SOCCER FOCUS

from Cormac Clifford.

Home and away win in 14 Premier

In the World of Tiles 14 Premier Killarney Athletic scored twice in both halves to keep the points in Woodlawn with a win over Listowel Celtic. Ben Kelliher and Liam O'Brien were on the mark in the first half with Brian McCarthy and Evan Doona adding the two in the second half.

MEK Galaxy scored a late winner in their 3-2 win away at Inter Kenmare. Rossa McGearailt scored both for Inter including one from the penalty spot to put his side ahead twice. Jayden Fennell got both for MEK with Danny Murphy getting their other goal.

All home wins in the 14's Division 1

All the points in the 14's Division 1 went to the sides playing at home. Two from Cillian Slattery and one from Thomas Mackey gave Killarney Celtic the points at home to Ballyhar Dynamos who goal came from John Henderson.

Fenit Samphires and Camp Juniors were tied 2-2 at the break but it was the home side that came out winners in the end 6-4. For Fenit Mikey Corridan hit 3, Luke O'Carroll 2 and Dara Harty were the scorers with Darragh Murphy 2, Jago Brodie and Mikey O'Leary replying for Camp Juniors.

Charlie O'Leary was on fire as he led the LB Rovers scoring with his goals added to by strikes from Cody Goggin, Jakub Dunworth and Roisin Fogarty in their win over Killarney Athletic. The Blues goals came from Charlie Higgins, Liam Harmon and Ryan Kissane.

Three different results in 16's Premier

Killarney Celtic made the trip to Dingle a winning one thanks to goals from Josh Bowler 2, Oisin Fleming, Seamus Kelly and Jason O'Sullivan. James Hoare replied for Dingle Bay Rovers.

Mastergeeha came from 2-0 down at home to Killarney Athletic in Kilbrean Park to earn a 2-2 draw. The goals for the home side came from Cian O'Connor from the penalty spot and from John Hughues.

Mint O'Connor, Killian Dennehy and Eoghan Shire were on the mark for Castleisland in their 3-0 home win over Tralee Dynamos.

Draw and win in 16's Division 1

St Brendan's Park B and Killorglin C played out a 3-3 draw with Patryk Radny getting all the Killorglin goals. They also saw their keeper Ben Sugrue saving a penalty to make sure they got a share of the points. William Jakpovi 2 and Arek Jaszczsnski were the Park's scorers.

Iveragh United were 6-1 winners over Ballyheigue in the evening game. Mattie Pearce got the goal for the North Kerry side. **Girls League**

Listowel Celtic take the win

Goals from Shona Griffin and Moya Wolska gave Listowel Celtic the points in a 2-1 win at home to Inter Kenmare in the 12's Girls Premier. Rebecca Jones was on the mark for Inter.

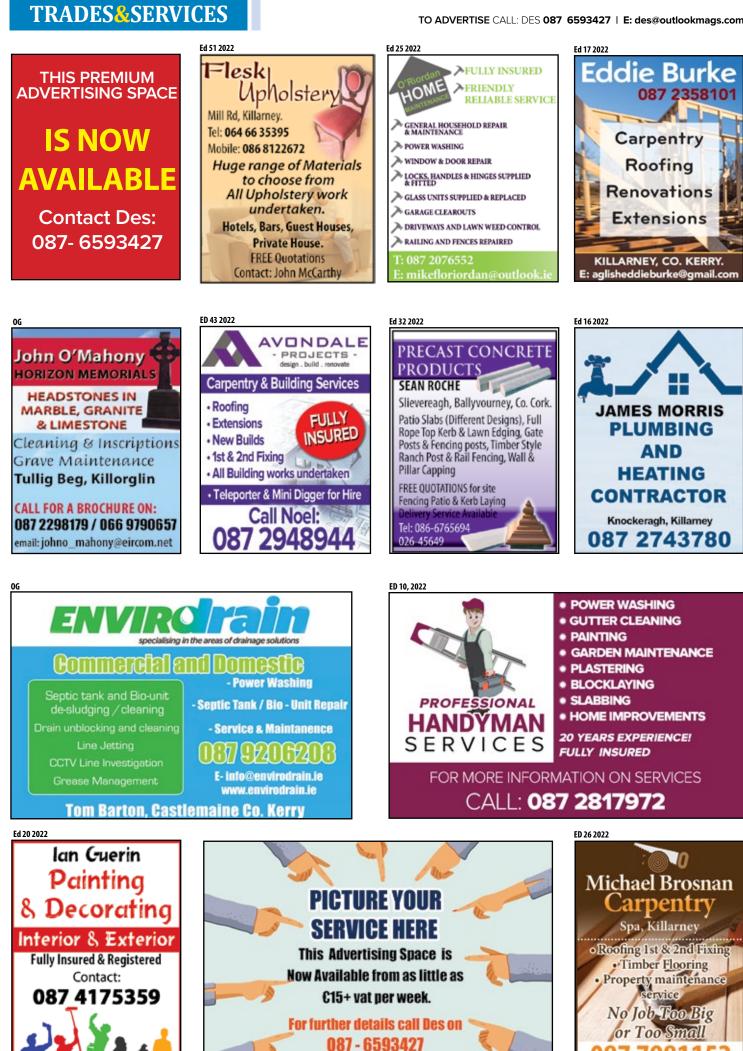
Three is the magic number in the 14's Premier In the 14's Premier goals from Keelin Clifford, Aoibhean O'Dwyer and Caoimhe Skinner gave Camp Juniors the win away at MEK Galaxy whose goal came from Naoishe O'Donoghue.

Two goals from Klaudia Merchel and one from Hazel Mulcahy gave Inter Kenmare a 3-2 win over Listowel Celtic. Holly Boyle and Laura Falvey scored for L istowel Celtic.



MEK Galaxy u14s who defeated Inter Kenmare

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KYR: NOTIFICATION REQUIREMENTS IF GETTING MARRIED IN IRELAND

Anyone planning to get married in Ireland must give a minimum of 3 months' notice to the Registrar at a Civil Registration Service. This is the law in Ireland and it applies to all civil, religious and secular marriages. This is sometimes referred to as notification of your

If everything is in order, the Registrar will give you a Marriage Registration Form (MRF). The MRF is like a marriage licence. It gives

How do I give notice of my intention to marry? You will need to do the following:

• Contact your local Civil Registration Service to get a postal marriage notification form. Once you have completed the form, you can return

• Contact the Civil Registration Service to make a marriage notification appointment with the Registrar. You can also book a marriage

The requirement to give 3 months' notice does not apply to civil partners whose civil partnership was registered in Ireland.

What documents will I need to bring?

Generally, you and your intended spouse will each need to bring the original (or certified copy) and a colour photocopy of your:

• Dissolution decrees in respect of all previous civil partnerships if you have a civil partnership dissolution

marriage that was annulled by an Irish courtDeceased spouse's death certificate and your civil marriage

• Deceased civil partner's death certificate and your civil partnership

• Documentary evidence of immigration status if not a citizen of Ireland or an EU member state

If either of you is not an Irish citizen, you may be asked to provide a Letter or Certificate of Freedom to Marry or other documentary confirmation of your civil status from your country of origin

- The Citizens Information Phone Service: Call 0818 07 4000.



RESILIENCE

When we engage with strategies to enhance Mental Wellness resilience is talked about, but usually as an essential skill for healthy childhood development. This article examines the steps adults can take to boost resilience in middle age, which is often the time we need it most as midlife can bring all kinds of stressors including divorce, the death of a parent, career setbacks and retirement worries, yet many of us do not build the coping skills we need to meet these challenges. The good news is that some of the qualities of middle age - a better ability to regulate emotions, perspective gained from life experiences and concern for future generations — may give older people an advantage over the young when it comes to developing resilience. There are three core psychological attributes at the heart of resilience: strength, meaning/purpose, and pleasure. If your personal life is characterized by these traits, you have the core components needed to build resilience. You feel equipped to handle both daily life and those challenging moments when you have to dig deeper. You also believe that you're contributing to the world in a way that helps others, consistent with what seems most important to you. Whether you believe that you exist in a universe controlled by a clearly defined higher power, or participate in the human collective that transcends your personal identity, your source of meaning helps you manage high stress and trauma effectively. And finally, pleasure. It's about deeply enjoying that which enriches and satisfies you. Whether it be poetry or pottery, movies or theater, having experiences that bring you a deep sense of pleasure are essential. Strength, meaning and pleasure. These core attributes must be experienced on both an emotional and cognitive level. Resilience grows from both feelings and engagement in a thought life, bringing you strength, meaning and pleasure. Reading, thinking, working, praying, writing, conversing - these are just as important as emotional experiences that give you the feelings of strength, meaning and pleasure.

These are some ways to increase resilience:

Practice Optimism. Optimism is part genetic, part learned. So if you were born into a family of Eeyores, you can still find your inner Tigger. Optimism doesn't mean ignoring the reality of a dire situation. After a job loss, for instance, many people may feel defeated and think, "I'll never recover from this." An optimist would acknowledge the challenge in a more hopeful way, saying, "This is going to be difficult, but it's a chance to rethink my life goals and find work that truly makes me happy."

Rewrite Your Story. When recovering from a challenging situation, know that your life was forever changed, but reframing the situation, focusing on the opportunity the setback presented, so that you can rewrite what will be the outcome

Don't Personalize It. We have a tendency to blame ourselves for life's setbacks and to ruminate about what we should have done differently. In the moment, a difficult situation feels as if it will never end. To bolster your resilience, remind yourself that even if you made a mistake, a number of factors most likely contributed to the problem and shift your focus to the

Go Out of Your Comfort Zone. Resilience doesn't just come from negative experience. You can build your resilience by putting yourself in challenging situations and learn to cope a bit more each time.

Take Stress Breaks. Times of manageable stress present an opportunity to build your resilience. It's almost as if you need to invite stress into your life to practice how to manage it. Taking a walk break, spending five minutes to meditate or having lunch with a good friend are ways to give

your mind and body a break from stress. So, take a look around in your life, and keep working on strength, meaning and pleasure and building resilience!

SouthWest Counselling Centre, Killarney provides affordable professional counselling to children, adolescents and adults at its Killarney Centre (Lewis Road). We are providing face to face, telephone and online counselling sessions.

Contact 064 6636416/064 66364100 or Email: info@southwestcounselling.ie Registered Charity No: CHY 14775.

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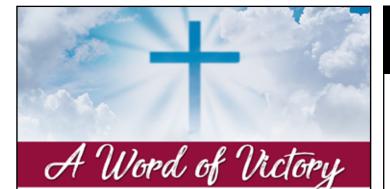
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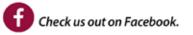


Welcome back dear student "...they do not regard the work of the Lord, nor consider the operation of His hands. Therefore My people have gone into captivity, because they have no knowledge...." (Isaiah 5:12-13). Knowledge is power. But, is it the right knowledge? Of course there are things that we need to know in life, but society has gone astray from the knowledge of God's Truth. Status, wealth, education and material things have been elevated above the knowledge of God. This has led to a world filled with people who know it all, yet know nothing. Plenty of people know lots of information, but few people have knowledge of God's Word and His ways which lead to true joy and happiness. In many places Bible study is mocked, even forbidden. People who have a hunger for God are told that no-one can understand the Bible. Well yes, you can understand the Bible - by getting to know God.

So, how do you get to know Him? How does any new relationship progress? By spending time together and connecting on a deeper level. By the way - God is not the author of your past pain — it's impossible to trust someone you believe a lie about. "Whoever calls upon the name of the Lord shall be saved" (Romans 10:13). This word saved is translated here from the Greek 'Sozo', which means healed, made whole, delivered from danger, protected and given eternal life. It is received simply by repenting for sin, and believing in and confessing God's Son the Lord Jesus for Salvation (Romans 10:9). But the original root of the word 'Sozo' comes from another word that means 'Thine' or 'Thy friend'. Do you know you that God longs for you to know that you belong to Him? That you are His special treasure? (Isaiah 43:1)

Often people go through life feeling all alone, like they don't belong anywhere or matter. Well dear friend, you do belong - to God! This knowledge the world has turned its back upon, which has in turn, given free rein to the devil to bring destruction. Moses had a difficult start in life. After three months of being hidden, his mother placed him in a basket and sent it down the River Nile to save him from being killed by Pharaoh's infanticide law. But God intervened! He had no less than the daughter of Pharaoh in the river at the very moment that Moses' basket passed by. She decided to rescue him, and raised him in the palace as her own son. Moses was educated to the highest standard by Pharaoh himself. However, none of that privilege and power brought happiness or purpose until he finally met the Lord at almost eighty years of age (Exodus chapters 1-3). God's plan for Moses was fulfilled as he led the Israelite nation out of slavery with a great demonstration of God's power (Jeremiah 29:11-14). And the strongest army in the world at that time could not overpower it because God was with them (Exodus chapters 12-14). The most beautiful part of this is that Moses discovered that he belonged to, was known to, and precious to God. "I will personally go with you Moses and I will give you rest....for I look favourably upon you, and I know you by name" (Exodus 33:14-17 NLT).

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NOVENA TO THE SACRET HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer three times for three days and your favour will be granted.

BT

THE MIRACLE PRAYER

Dear Sacred Heart of Jesus, in the past, I have asked for many favors. This time I ask for a very special one. (Here mention your request.) Take it, dear Jesus, and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favor and not mine. Amen. Say for three days and promise to publish. **PD**

THE MIRACLE PRAYER

Dear Sacred Heart of Jesus, in the past, I have asked for many favors. This time I ask for a very special one. (Here mention your request.) Take it, dear Jesus, and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favor and not mine. Amen. Say for three days and promise to publish. **PL**

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NOVENA TO Saint thérèse

O Little Therese of the Child Jesus Please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favors I now place with confidence in you hands (mention your special prayer request here)

St. Therese, help me to always believe as you did, in God's great love for me, so that I may imitate your "Little Way" each day.



28.01.22 | **77**

6TH ANNIVERSARY IN LOVING MEMORY OF SHEILA KELLIHER (MCGILLICUDDY)



Clash, Lissivigeen, Killarney, Who died on the 31st of January 2016

The world changes from year to year our lives from day to day but the loving memory of you shall never pass away

Loved and remembered by your brother Dáithí, sister- in-law Sheila and nieces Ellen and Jane.

4TH & 2ND ANNIVERSARIES

IN LOVING MEMORY OF PA & NORA O'BRIEN



Late of Glounacopple. Kilcummin who died on 29th Jan 2018 & 29th Jan 2020

When nights are cold, And stars are few, We close our eyes and think of you A silent hope, A silent tear, A silent wish That you were here.

Always loved and fondly remembered by Daughters Betty, Maura and Aine, Sons Seamus and Johnjoe, Daughter in Law, Sons in Law and Grandchildren.

NOVENA TO ST. CLARE

IN THANKSGIVING

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem.

Currans, Farranfore, who passed away on 25th January, 2020

A smile for all, a heart of gold,

The very best this world could hold,

Never selfish, always kind,

Wonderful memories,

Left behind.

Loved & Sadly Missed Everyday, Kay, Megan, Luke & Ciara

Anniversary Mass Sunday 13th February at 10 am Currans Church



1ST ANNIVERSARY In Loving Memory of NORA CRONIN



Gneeveguilla Upper, Rathmore, Co. Kerry Who Passed away on 27th January 2021

God saw you getting tired and a cure was not to be, So, he put his arms around you and whispered. . . " Come follow me." With tearful eyes we watched you and saw you pass away. And although we loved you dearly, we could not make you stay. A golden heart stopped beating, hardworking hands at rest. God broke our hearts to prove to us, he only takes The Best.

Sadly missed and lovingly remembered always by your Daughter's, Son's, Daughter's and Son's In-law, Grandchildren, Nieces, Nephews & all extended family, relations and many friends.

May her gentle soul rest in peace

1st Anniversary Mass for Nora will take place on Saturday, 29th January 2022 at 7:30pm in Christ the King Church, Knocknagree

6TH ANNIVERSARY In Loving Memory of





Clash, Killarney who died on the 31st of January, 2016.

> A silent thought A gentle prayer For my special sister in God's care.

Sadly missed by your brother and friend Sean.

6TH ANNIVERSARY



Kelliher



Clash, Killarney who died on the 31st of January, 2016.

Dear fond memories linger every day of my beautiful sister.

Sadly missed and always remembered by loving sister Noreen.

ACKNOWLEDGEMENT & 1st Anniversary

IN LOVING MEMORY OF



GNEEVEGUILLA UPPER, RATHMORE WHO PASSED AWAY ON 27TH JANUARY 2021

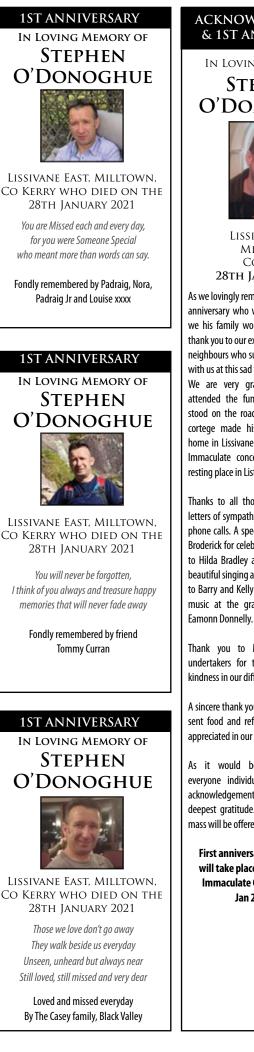
As we lovingly remember Nora on her first anniversary, her loving family wish to acknowledge the many expressions of sympathy and kindness received following our sad loss. Our heartfelt thanks to all those who left condolence messages for Mom. Those who sent mass cards, made phone calls and sent messages and dropped of food and dinners to the house; to all our neighbours and dear friends who organised a guard of honour for Mom from Kilcummin all the way to Gneeveguilla which made her final journey home all the more special.

We are exceptionally grateful for all the wonderful home helps: Margaret O' Sullivan, Margaret Reidy, Maria O'Leary, Helen Friel & Eileen O'Leary, her carers, district nurses, occupational therapist, the Alzheimer's association, Kathleen & Karen, O'Sullivan's Pharmacy Killarney, Dr. Leader who went above and beyond to call to Mom whenever he was needed, and to Fr. Jim Lenihan who called to Mom every month without fail and especially in the few days before Moms passing and for also celebrating her funeral mass. To Fr. Pat O'Donnell who said the prayers and lovely words at Mom's graveside in Knocknagree; thank you to Joan & Sheila for providing the beautiful singing & music at the church; to Breda & Eddie Nagle & Staff for the beautiful flowers; to Donie O'Connor the sacristan, to the gravediggers for preparing Mom's final resting place and finally to John (O'Leary's Undertakers) for his professionalism and kindness throughout. A special mention to Corina Moynihan and the palliative care team in Tralee who were so kind to Mom and to all of us. We will be eternally grateful. Thank you also to all who donated to Alzheimer's Ireland. As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our sincere gratitude and appreciation.

The holy sacrifice of the mass will be offered for your intentions.

Nora's 1st Anniversary Mass is on Saturday, 29th January 2022 at 7:30pm in Christ the King Church, Knocknagree.

We miss you from your fireside chair, Your loving smile and gentle air. Your vacant place no one can fill, We miss you Mom, and always will TO ADVERTISE CALL: DES 087 6593427 | E: des@outlookmags.com



ACKNOWLEDGEMENT & 1ST ANNIVERSARY IN LOVING MEMORY OF STEPHEN **O'DONOGHUE** LISSIVANE EAST MILLTOWN CO KERRY 28TH JANUARY 2021 As we lovingly remember Stephen on his first anniversary who we deeply miss every day, we his family would like to offer a sincere thank you to our extended family, friends and neighbours who supported and sympathised with us at this sad time We are very grateful to everyone who attended the funeral, and all those who stood on the roadside as Stephen's funeral cortege made his final journey from his home in Lissivane East to the Church of the Immaculate conception Listry and to his resting place in Listry cemetery. Thanks to all those that sent mass cards, letters of sympathy, online condolences, and phone calls. A special thank you to Fr Danny Broderick for celebrating Stephen's mass and to Hilda Bradley and Suin O'Connor for the beautiful singing and music in the church and to Barry and Kelly McGrath for the beautiful music at the grave and to the sacristan Thank you to Mike and Mary O'Shea undertakers for their professionalism and kindness in our difficult time.

A sincere thank you to Fexco and friends who sent food and refreshments, it was greatly appreciated in our time of loss.

As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our deepest gratitude. The holy sacrifice of the mass will be offered for your intentions.

First anniversary mass for Stephen will take place in the Church of the Immaculate Conception Listry on Jan 29th at 6 pm

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13TH ANNIVERSARY IN LOVING MEMORY OF A LOVING HUSBAND, FATHER AND GRANDFATHER DAN JEREMIAH O'CONNOR **KNOCKEENAHONE** Scartaglin WHO DIED ON THE 27th January 2009 **REST IN PEACE** Thirteen years ago today We said our last goodbyes We stood as we watched you broken hearted As you peacefully closed your eyes You were a loving Husband and Dad Which we were very grateful of We see you in the stars at night As you light the sky above We miss your smiling happy face And the sound of your fiddle play But we know that you are by our sides *Each and every day* SADLY MISSED BY YOUR WIFE MARGARET AND FAMILY Anniversary Mass in Scartaglin Church Sunday 30th January at 10.15am **PRAYER TO MOUNT CARMEL** 0 most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity.

There are none that can withstand your power. O show me herein you are my mother.

0 Mary, conceived without sin, pray for us who have recourse to thee (three times). Sweet Mother, I place this cause in your hands (three times).

Say this prayer for 3 consecutive days and then you must publish it and it will be granted to you.

6TH ANNIVERSARY

In Loving Memory of

SHEILA (MAC) Kelliher



Clash, Killarney who died on the 31st of January, 2016.

Lonely is the home without you, Life to us is not the same; All the world would be like heaven, If we could have you back again.

A light from our household gone, A voice we loved is still, A place is vacant in our home, That never can be filled.

May the God of Love and Mercy, Care for our loved one who is gone, And bless with consolation, Those left to carry on.

The happy hours we once enjoyed, How sweet their memory still, But death has left a vacant place, This world can never fill.

How dearly we loved you, And prayed you might live, But Jesus just beckoned, And we had to give.

God gave us strength to bear it, And courage to fight the blow, What it has meant to lose you, God alone will ever know.

Sadly missed and never forgotten by Tomas, Stephen and Ryan.

Anniversary Mass in St. Mary's Cathedral on Friday 28th January at 6.15pm

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