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KILLARNEY Outlook

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- 12A JASON BOURNE 130m 7 DAYS 6:25 - not on Tuesday
- 15A SUICIDE SQUAD 140m 7 DAYS 4:20 6:30 9:00
- 16 MIKE & DAVE NEED WEDDING DATES 110m 7 DAYS 9:00
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It has certainly been a busy week in the Kingdom with the crowning of the Rose of Tralee and the preparations for "Super Sunday" when both the minor and senior football teams take to the hallowed ground of Croke Park in their bid to secure a spot in the All Ireland finals. The INEC was rocking last night for the Killarney Sing Off battle and there will be lots of pictures from the event in next week's Killarney Outlook. Fundraising is ongoing for little Amy O'Connor and tomorrow hundreds are expected to take part in "Walk for Amy". The third annual South Kerry Ploughing Championships has been launched and Killarney teenagers enjoyed a fun night out before heading back to school. Medals galore came Kerry's way last weekend between the Community Games Finals and Fleadh Cheoil na hEireann and a Killarney man is urging people to carry a donor card. All this and so much more in this week's Killarney Outlook. Out first every Friday.

*Aisling Crosbie,
Editor.*

BOOT SCOOTIN' FOR AMY AT STETSONS & STILETTOS IN THE INEC

The countdown is on and tickets are selling fast for the hottest show in town Stetsons & Stilettos at the INEC on Friday 23rd of September at 7.30pm. Killarney Celtic in association with The INEC and friends of Amy O'Connor are delighted to present "The Ultimate Garth Brooks Experience" Friends in Low Places featuring Trevor Smith in concert to raise funds in support of Amy O'Connor and St John's Ward CMRF Crumlin. Trevor Smith, the top Garth Brooks tribute artist brings his 'Friends in Low Places' act to Killarney for one night only. Also featured will be appearances by local artists and will include "Amy's Hoe Down". Amy is a young member of the soccer club who is battling illness and those behind the event wanted to give something back to the excellent staff in Crumlin and to support Amy and her parents who will have many expenses to bear in the months ahead. Country music has been enjoying a huge renaissance over the last 12 months and fans of that genre, and indeed non country music fans, will gather for a great night in the INEC on Friday, 23rd of September. Stetson's and Stilettos will be the dress code

on the night and proceeds of the event will go to support Amy O'Connor and St John's Ward in Crumlin Children's Hospital. On the night Stetsons will be on sale, there will be popcorn and hot stalls, prizes for the best dressed country guy, gal and child and some fantastic raffle prizes to be won. Angie Kissane of the Killarney Celtic organising committee said "Everyone in the club is really looking forward to the event we are expecting a great night out". "We are extremely grateful to our colleagues and friends in The Killarney Fire Service, Killarney Valley Athletic Club, Dr Crokes Gaa Club, An Post, Whitebridge Manor Residents Association, Gaelscoil Faithleann Parents Council, and Fiona O'Connor of The INEC Killarney for their support and help in promoting this event". Tickets are priced at €20 for adults and €10 for children / OAP's and are available from the: INEC Box Office – 064 667 1555, Mary on 086 648 5809, Angie on 087 131 1608 and Tim on 087 758 4847.

"So Get You High Heels & Cowboy Boots On and Come on Down to the Hoe Down" Yee Haw!!!



AMY O'CONNOR MET WITH LORD OF THE DANCE STAR MICHAEL FLATLEY AT THE WEEKEND WHEN HE WAS ON HOLIDAY IN KILLARNEY WITH HIS FAMILY. AT 9 YEARS OF AGE BATTLING CANCER AMY WAS FULL OF SMILES ON MEETING HER HERO. HE SPENT AGES CHATTING WITH HER GIFTING HER THE TEDDY BEAR SHE HOLDS WHICH SHE NAMED MICHAEL. PICTURE: MARIE CARROLL O'SULLIVAN.

MAGGIE TAKES THE ROSE TITLE



NEWLY CROWNED ROSE OF TRALEE MAGGIE McELDOWNEY (CHICAGO ROSE) PHOTO JOE HANLEY

KILLARNEY MAN ISSUES APPEAL

A young Killarney man has issued an appeal for everyone to carry Donor cards. Denis Breen from Hazelwood Drive in Killarney



knows first hand how important it is to be a donor as his father is on kidney dialysis three days a week in University Hospital Kerry. Denis Breen Snr. has been on dialysis for over three years now and is awaiting a kidney transplant. "My Dad gets very tired all the time now and can't work", Denis Jnr. told the Killarney Outlook.

The family suffered a huge tragedy in 2010 when two members of their family were killed in a crash which claimed the lives of four young people. Donor Cards are available in all chemists or on line at www.organdonation.ie

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FOOTBALL FOR ALL SPORTING NEW JERSEYS

Killarney Outlook are the proud new sponsors of a set of jerseys for Killarney Celtic Football for All.

The progressive club was set up three years by parents under the auspices of the Football Association of Ireland and caters for children and young people with a wide range of intellectual, physical and sensory needs.

"The FAI came to Killarney 3 years ago to do a six week coaching session for these children and young people. After the initial 6 weeks it was up to Killarney Celtic to carry on the programme and grow it", one of the main organisers of the club Jane O'Donoghue told the Killarney Outlook.

In order for the team to participate in blitz matches in Munster you have to be with a main stream club but the club does their own fundraising and buy their own equipment. John O'Donoghue who has always been involved in main stream soccer with Killarney Celtic had 1 child attending so he took it over.

"The club started out with 6 children and John asked other parents of the children to give a hand with the coaching" Jane added.

The children are encouraged to join in and participate in a safe, healthy and fun environment and enjoy soccer in a non-competitive way. There is now a panel of coaches each one committed to ensuring that each child achieves their goals with in a club setting.

In the 3 years we have grown, we have 65 children, 11 senior trainers and 6 students (some of these students came to us in their transition year to get experience and have stayed on). We have two co-ordinators. 6 of our senior trainers are parents of children on our team.



PICTURED AT CELTIC PARK, AISLING CROSBIE, KILLARNEY OUTLOOK EDITOR, PRESENTING JANE O'DONOGHUE 'FOOTBALL FOR ALL' WITH THEIR BRAND NEW TEAM JERSEYS SPONSORED BY THE KILLARNEY OUTLOOK. PICTURE MARIE CARROLL-O'SULLIVAN 087 39 4808

The children train every week for 1 hour - on Thursday evenings from 5pm-6pm in Killarney Celtic. The club go indoors from November to the end of March to the Aura leisure centre.

"Once every 2 months the team travel to other clubs in Munster to take part in Football For All Club blitz day. Every year in June the children travel to Dublin overnight to take part in the FAI National Football For All Blitz. We also play once a year at a half time League of Ireland game in Turners Cross. The children love this experience",

"We take buses to our away blitz, we have our own equipment and our own jerseys, we do fund raisers to fund equipment etc. Any money that we fund raise goes directly back into the team.

"We are very family friendly and include all the family. Siblings can train with us. Every year we bring the children to see Santa. The social aspect is very important for our team and their parents.

Killarney Celtic Football for All and St. Brendan's Park in Tralee are the only Kerry Soccer clubs to offer the Football For All programme.

"A lot of our children are now able to keep up with their friends and do not shy away from playing ball in the school year as they are confident, this is due to the Football For All programme", Jane added.

In June 2016 Killarney Celtic Football for All were named runner up in The Irish Times Best Sports Club in Ireland 2016 - a huge achievement for our team.

CYCLE PROMISES TO TAKE YOUR BREATH AWAY



FINBAR WALSH AND MAUREEN COURNEANE LAUNCH THE KILLARNEY CYCLING FESTIVAL

If the climbs don't take your breath away the scenery certainly will at this year's Killarney Cycling Festival which will take place tomorrow, Saturday, August 27.

Cyclists can choose from two tantalising routes, the Wrong Way Round or the gruelling Hard

Way Round. Both routes circle the spectacular Iveragh Peninsula, taking in some of the most spectacular vistas on the planet.

The Donal Walsh LiveLife Foundation is the official charity of the Killarney Cycling Festival. Cyclists have the option of donating directly

to the charity when registering. Registration costs €55 and includes access to the food stops and the post cycle party at The Gleneagle Hotel with live entertainment and a barbecue.

The Wrong Way Round is 160 km long. It departs from The Gleneagle hotel and tackles Molls Gap first before heading for the scenic South West via Sneem. From there on the route is familiar passing Waterville, Cahersiveen, Glenbeigh and Killorglin.

The more challenging Hard Way Round is 180 km long and diverges from the Wrong Way Round by taking a right for Ballaghbeama through the heart of Kerry to Ballaghoeisín, then there's a further detour around the stunning Skellig Ring before rejoining the main troop on the road to Cahersiveen.

Bring the cycling season to a close with either one of these truly rewarding cycles.

To register visit www.killarneycyclingfestival.com for more information email info@killarneycyclingfestival.com

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€60,000 AND COUNTING FOR LOCAL CHARITIES

A charity community event that will turn back the clock and look to the future on the same afternoon is being planned for Killarney on Sunday, September 11.

The third annual South Kerry Ploughing Championships and Harvest Show has been scheduled for Fleming's Farm, Grenagh, Fossa, and organisers are planning an action packed, entertainment-filled family day out to generate funds for worthy local causes.

The event – fast developing into one of the social highlights of the year in Kerry – has already helped to generate in excess of €60,000 for local organisations and this year's beneficiaries will be the Kerry branch of the Irish Kidney Association, Down Syndrome Kerry, the Irish Pilgrimage Trust and the Kerry-Cork Health Link Bus.

It is organised by the Killarney Valley Classic and Vintage Club and there will be several celebrities in attendance on the day, mingling with the thousands of people expected to flock to the venue on the main Killarney to Killorglin road. The big day will feature over 200 trade stands, traditional and modern method ploughing demonstrations, sheep dog trials, sheep shearing competitions, harvesting demos, machinery showcases and traditional farm practice exhibitions – and that's only for starters. There will be two fashion shows on the day with sensational prizes on offer for the most stylish lady and the best dressed man while a stunning array of gifts will await the winner of the always popular bonny baby contest.

Two fun zones with roller coasters and a hugely popular Maze in the Maize will be on



'QUEEN OF THE LAND' CHRISTINE BUCKLEY FROM FRIES, KILLARNEY TRIES HER HAND AT PLOUGHING A FIELD WITH A LITTLE HELP FROM TOM LESLIE, CHAIRMAN AND MAYOR OF KILLARNEY & DISTRICT CLLR, BRENDAN CRONIN AT THE LAUNCH OF THE SOUTH KERRY PLOUGHING CHAMPIONSHIPS AND HARVEST SHOW WHICH WILL TAKE PLACE ON FLEMING'S FARM, FOSSA, KILLARNEY. PHOTO DON MACMONAGLE.

site to keep children – and the young at heart – amused and novelty sideshow events this year will include an all-breed dog show, baking competitions, a model farm show and live bands to create a real party atmosphere.

Several food zones will be on site at this year's South Kerry Ploughing Championships and Harvest Show and there will be activities and novelties on the day for people of all ages and interests, including vintage and classic vehicle displays, stationary engines, competitions for fabulous prizes and so much more.

One lucky person could win a wonderful vintage Ford Anglia and five-star weekend

breaks will also be up for grabs. A major traffic management plan will be enforced with 60-acres of land set aside for free parking while the Ploughing Championships and Harvest Show will take place in an adjoining 60 acres of land owned by the Fleming family.

The gates will open at 11.00am and patrons are advised to arrive early as there will be so much to see and do on the day.

Admission will be €10 for adults and €5 for students over 14 years of age and OAPs while under 14s will be admitted free of charge.

MAGS BAGS THE DIAMONDS ON LADIES DAY

Stunning Killarney model Mags Kelliher Milner captured the eye of blogger and stylist Pippa O'Connor to win an amazing €3,000 diamond pendant sponsored by Keanes Jewellers.

On a rain drenched day Mags won the coveted title of Best Dressed Lady at the Killarney Races August Festival.

Hundreds of fashionistas descend on the racecourse and despite the horrendous

weather conditions, a fantastic day was had by all.

Killarney Racecourse Sales & Marketing Manager Brid Lucey, said "The festival always attracts some great racing and Killarney is well known for its fantastic atmosphere and we are delighted that both the July and August racing festivals were so successful".



SISTERS MARY & GERALDINE O'NEILL LOOKING EQUALLY BEAUTIFUL AT THE KILLARNEY RACES ON SATURDAY.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PIPPA O'CONNOR, PICTURED WITH HER HUSBAND BRIAN ORMONDE AT THE KILLARNEY RACES WHERE SHE JUDGED BEST DRESSED LADY WHICH WAS AWARDED TO MAGS KELLEHER-MILLNER ON SATURDAY AT THE AUGUST RACE MEETING.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



REBECCA MILNER, MAGS KELLEHER MILNER AND KELLY-ANN O'CONNOR GET SELFIE READY AT 'LADIES DAY' AT THE KILLARNEY RACES ON SATURDAY AFTERNOON.

PHOTOGRAPH BY SALLY MACMONAGLE.



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TEENS PACK IN THE FUN AT MCSORLEYS.

The first in a series of newly launched teen discos took place in McSorleys Night Club on Friday night last.

The event which will run monthly will provide a well managed night within a safe controlled environment and most importantly be great fun. Dressed in their finest, the teens enjoyed sumo wrestling, rodeo riding, a picture booth, and games and danced the night away to the latest tunes.

"We are delighted with our first event on Friday 19th August", Pat Sheehan, organiser, told the Killarney Outlook.

A WAVE TO KILLARNEY OUTLOOK PHOTOGRAPHER AS DJ GAV ROLLED OUT THE TUNES AT MCSORLEY'S NEW MONTHLY TEENAGE DISCOS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE FIRST OF MCSORLEY'S NEW MONTHLY TEENAGE DISCO'S LAST FRIDAY NIGHT WERE L-R RHYANNA CURTIS, CIARA MOYNIHAN & RHIANNA BUTLER.

PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

LARGE CROWDS EXPECTED AT AUTUMN HARVEST EVENT

Terrific tractors and magnificent machinery from the 1940's to modern times will be put through their paces at this year's annual Autumn Harvest Extravaganza at The Farm Grenagh, on Sunday, September 4th from midday until 5pm. Well over 1000 spectators attended last year's massively successful event, which continues to grow in popularity.

It'll be a hectic day on the 40 acre site, with 10 acres of barley to be cut, 10 acres of silage and 3 acres of ploughing and tilling, using both vintage and modern machinery. The day-long event also features baling and bale handling demonstrations, old style silage making, reaping and binding and a working horse display. Marie Forde says, "The word is definitely spreading that this is a day that celebrates the best of Irish traditional farming – and this will be the first year that our new attraction Tractor Ted will be in the mix, so there are more reasons than ever to bring the entire family from grandparents to youngsters to Grenagh for the day". Visitors can also feed their harvest hunger on some wholesome food at the Farm's aptly named Haystack Restaurant where a delicious carvery lunch will be served from 12noon to 4pm. Patriarch of the family run farm Mick Forde says, "People rarely get a chance to see machinery from the 1940's in operation and hundreds of people travel for miles, just like in the olden days, not just to spectate, but to get stuck in. There's huge support for the event



from local vintage clubs and enthusiasts from near and far, who bring along their machines and tractors to demonstrate on our working plots." As well as the special harvest event, visitors can take a trip back in time at the 1960's Village which houses a farmhouse pre and post electrification, a forge, garage, hardware shop, communications display and school classroom and also an impressive collection of Ferguson, Massey Harris and Massey Ferguson tractors, equipment and machinery from the 1930's to 1970's – most of which will be out working the fields on the day. This year will see even more to keep the little ones entertained, as besides petting and feeding the animals; zip wires and a

functioning milking parlour, now that The Farm is the only venue in Ireland to become Tractor Ted's Little Farm, the new petting barn, a digger den and the only fully motorized Tractor Ted in the world which was built by Mick Forde. Weather permitting, it's sure to be an action packed day at The Farm, so visitors are asked to come early! The Farm has full disabled access and will operate a shuttle to the fields for those unable to walk long distances. Entry is €8 for adults and children while kids under 2 are free. For more information, go to visitthefarm.ie, call 021 462 9816 or follow The Farm Grenagh on Facebook for the most up to date details.

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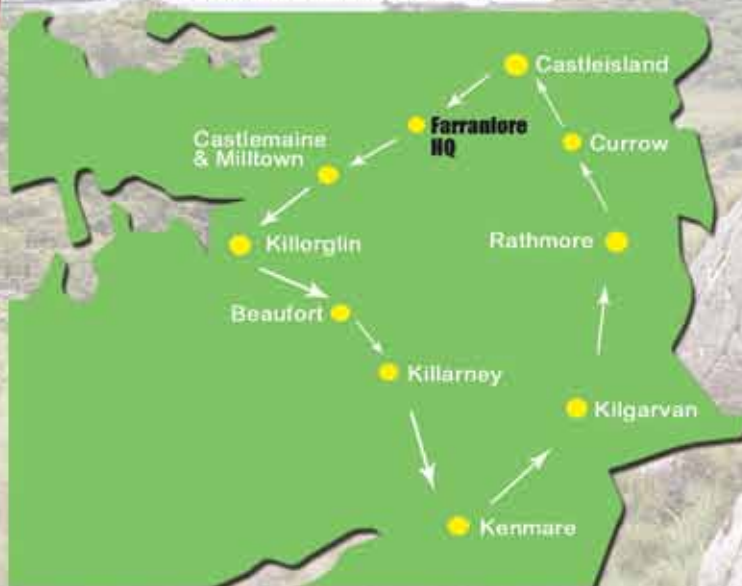
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MEDALS GALORE AT THE COMMUNITY GAMES FINAL

The All Ireland National Finals of the Community Games took place over two weekends in Athlone. Speaking to the Killarney Outlook, Margaret Dineen, PRO, Kerry Community Games said "Congratulations to all the children who took part – the standard of competition at Nationals is very high with every County vying to win medals and advance as far as possible in every event so getting to finals is in itself a tremendous achievement and in all the events Kerry had to fight hard to achieve success. Getting a National Medal of any colour should be seen as the ultimate award for all the hard work that has gone into preparing for these All Irelands".

KILLARNEY AREA WINNERS:

ART

Under 10 – Girls – Gold – Caitriona McKenna (Fossa);

CROSS COUNTRY:

Under 12 Boys Relays – Gold (County Team).

Under 12 Girls Relay – Pewter (County Team).

CYCLING ON GRASS:

Boys Under 12 – Gold – Shane Galvin (Beaufort).

Girls Under 12 – Bronze – Lola Eagar (Beaufort).

Girls Under 14 – Pewter – Kerry Eagar (Beaufort).

DRAUGHTS: Under 14 – Gold – Milltown/Listry.

DUATHLON: Under 13 Boys – Silver – Patrick Galvin (Beaufort).

GROUP MUSIC: Under 16 – Gold (Kilcummin).

SOCCER: Under 12 – Gold – Fossa.

WEEKEND TWO

Killarney Area winners Results



THE KERRY CONTINGENT PICTURED IN ATHLONE AT THE WEEKEND.

ATHLETICS: 600M U12 – Gold – Cian Spillane – Milltown/Listry.

1500M U16 – Gold – Shona O'Brien – Killarney North.

Relay 4 x 100m U12 Boys – Bronze – Killarney South.

ATHLETICS - FIELD EVENTS: High Jump U16 Girls – Gold – Ciara Kennelly – Fossa.

Discus U16 Girls – Bronze – Leanne Cronin – Milltown/Listry.

GYMNASTICS: Gymnastics U9 – Girls – Gold – Anna O'Shea – Spa/Muckcross.

JUDO: Judo - 30kgs U16 Boys - Silver – Oran Horgan – Glenflesk.

Judo - 30kgs U16 Girls – Gold – Kate Forde – Spa/Muckcross.

Judo – 35kgs U16 Boys – Silver – Liam O'Donoghue – Glenflesk.

Judo - 35kgs U16 Girls - Bronze – Ali O'Donoghue – Spa/Muckcross.

Judo - 45kgs U16 Girls - Silver – Katie O'Leary – Furies.

Judo - 55kgs U16 Boys - Gold – TJ Palmer – Furies.

Judo – 55kgs U16 Girls – Gold – Mairead Bennet – Spa/Muckcross.

TEAM EVENTS: Projects U13 Boys/Girls/Mixed – Silver – Glenflesk.



GOLD X 3 – CIAN SPILLANE – WHO CAME HOME WITH ANOTHER GOLD MEDAL TO ADD TO THE TWO HE HAD WON LAST WEEKEND – AN AMAZING ACHIEVEMENT TO WIN GOLD IN 600M, CROSS COUNTRY AND DRAUGHTS.



SILVER MEDAL IN JUDO: – LIAM O'DONOGHUE AND ORAN HORGAN, GLENFLESK.



DISCUS U16 GIRLS BRONZE: – LEANNE CRONIN, MILLTOWN/LISTRY.



GOLD: CAITRIONA MCKENNA WITH THE DRAWING WHICH WON HER A GOLD MEDAL FOR U10 ART



GOLD: CIARA KENNELLY, FOSSA IN THE HIGH JUMP



SILVER MEDAL IN PROJECTS – CIARA FURLONG, MUIREANN D'ARCY, CAOIMHE MOYNIHAN, GLENFLESK.



INVITATION

Open Day: Saturday 3rd September 10am-12noon

LEWIS ROAD KILLARNEY

Dr. Crokes GAA Club invites the Parents in the Killarney Area and their Boys and Girls to the **2016 Registration Open Day. Boys and Girls aged 4 to 10 welcome.**

Hurling - 10:00 A.M. to 10:40 A.M. • **Football** - 10:40 A.M. to 12:00 Noon.



Special warm welcome for Children from various Nationalities and Cultures new to Gaelic Games - join your friends and make new friends in the Dr. Crokes Club.

On Registration:

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Full details contact: Tommy Brosnan 087 2048654

www.drcrokes.com

HUGE MEDAL HAUL AT THE FLEADH

Fleadh Cheoil na hÉireann took place in Ennis last week and the event is now considered to be one of the important event in the traditional music calendar. For many, it is the culmination of months of hard work and practice as they compete against fellow musicians, singers and dancers to achieve the recognition of being an All-Ireland champion. For others it is a unique and welcoming festival of the best of traditional arts that offers a wide range of activities to be enjoyed by all. A large attendance travelled to Ennis last weekend to witness top class performances from all group of dancers. The competitors and coaches have trained hard to get to the penultimate stage of the Fleadh. The cream of talent was showcased in Ennis over the weekend. Spa CCE returned with 2 gold, 2 Silver and 5 Bronze medals. Coaches Triona Mangan, Mairead Mangan, Maureen Hegarty Vogels and Ita O'Connor were all delighted with the performances of their teams whether they received silverware or not. This was the first time for some of the dancers that reached an All Ireland and some received their first All Ireland medal. A night of celebrations will take place shortly for all dancers, their families and friends that competed in County, Munster Fleadhs.

GOLD MEDAL: U15 Full Set Mixed: Gary O'Sullivan, Liam Spillane, Christopher Carey and Cian O'Sullivan. Orlaith Spillane, Meghann Cronin, Shona Murphy and Erin Holland.

GOLD MEDAL: O18 Half Mixed Set: Josie Murphy, Mary Philpott, Tom O'Sullivan and Tom Kearney.

SILVER: Over 35s Full Set Mixed: Ultan Mulcahy, Tom O'Sullivan, Noreen O'Sullivan, Sean Casey, Josie Murphy, Margaret O'Sullivan, Tom Kearney and Mary Philpott.



GOLD MEDALS: SPA U15 FULL SET MIXED: GARY O'SULLIVAN, LIAM SPILLANE, CHRISTOPHER CAREY AND CIAN O'SULLIVAN. ORLAITH SPILLANE, MEGHANN CRONIN, SHONA MURPHY AND ERIN HOLLAND.

SILVER: U12 4 Hand Ladies Ceili ladies Kate Lawlor, Islínn Ní Chróinín, Ailbhe Gallagher and Clodagh Sheehan.

3rd Place for the following sets

U15 Full Mixed Set: Grainne Spillane, Ailbhe Gallagher, Elena O'Donoghue and Islínn Ní Chróinín. Gearóid Mulvihill, Eoin Mulvaney, Scott O'Meara and Hugh Murhill.

U18: Half Mixed set: Michael Aherne, Orlaith Spillane, Liam Spillane and Shola Koschan.

U18 Full Mixed Set: Aine Brosnan, Seanagh Cronin, Anna O'Connor and Clodagh Murphy. Jonathan Horgan, Liam Spillane, Kianan O'Doherty and Eoin O'Donoghue.

U15 8 Hand Ceili: Erin Holland, Ailbhe Gallagher, Aislinn O'Donovan, Clodagh Sheehan, Laura Buckley, Islínn Ní Chroinín, Kate Lawlor and

Meghann Cronin.

Meanwhile four set dancing groups represented Kilcummin Comhaltas at Fleadh Cheoil na hÉireann in Ennis last weekend and all groups arrived home with All Ireland medals. The 15-18 Mixed Set were crowned All Ireland champions when retained their title that they won in Sligo last year with a superb performance that saw off the Clare group in a dance off. Four of these dancers were once again on the podium when they took the Gold in the Under 18 half set. Further success followed when the 15-18 Ladies secured Silver and the Senior Ladies secured Bronze. This was a fantastic achievement for these dancers who along with their trainer Adrian Moriarty put in long hours of practice to be one of the leading group of dancers over the weekend.



KILCUMMIN DANCERS WHO WERE SUCCESSFUL AT FLEADH CHEOIL NA HÉIREANN IN ENNIS.



SPA U18 FULL MIXED SET: AINE BROSNAN, SEANAGH CRONIN, ANNA O'CONNOR AND CLODAGH MURPHY. JONATHAN HORGAN, LIAM SPILLANE, KIANAN O'DOHERTY AND EOIN O'DONOGHUE.



SPA OVER 35s MIXED SET 2ND PLACE 2016 FLEADH.



SPA U15 FULL MIXED SET: GRAINNE SPILLANE, AILBHE GALLAGHER, ELENA O'DONOGHUE AND ISLÍNN NÍ CHROINÍN. GEARÓID MULVIHILL, EOIN MULVANEY, SCOTT O'MEARA AND HUGH MURHILL.

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ELITE ATHLETES BATTLE IN GRUELLING CONDITIONS

In horrendous conditions elite athletes completed a gruelling 5 day 600k challenge last weekend. The ITERA 2016 Adventure Expedition culminated in Killarney on Sunday last after starting in Westport House in Mayo on the previous Monday. The event was captured by award winning photographer Valerie O'Sullivan who accompanied the athletes through every stage of the event. Mixed teams took part in the challenge which included fell running, trekking, cycling, orienteering and kayaking with organisers saying that attitude was everything and asked participants to be prepared for the unexpected. The race was the brainchild of Ivan Park the man behind the Beast of Ballyhoara, Avril Copeland a prolific Adventure Racer and James Thurlow has organised over 100 Adventure Sports events in the UK over the past 11 years with Open Adventure. The idea of showing off the country at its finest is what motivates the team behind the ITERA. ITER - Latin for "journey".. and the "A" stood for little more than the ADVENTURE (where on that journey the outcomes are uncertain).



HUSBAND AND WIFE TEAM, PAT ROGERS AND TINA REED, KILLARNEY, COMPETING IN THE ITERA WORLD EXPEDITION RACE 2016, A NON STOP 600KM JOURNEY, STARTING AT WESTPORT HOUSE, CO MAYO, TO KILLARNEY CO KERRY, ALONG THE WILD ATLANTIC WAY, THROUGH MAYO, GALWAY, CLARE AND KERRY. PHOTO: VALERIE O'SULLIVAN.



A TIGHT SQUEEZE, TEAM 2 AGDE RAID ADVENTURE, DEEP INSIDE AILLWEE CAVES CO CLARE, COMPETING IN THE ITERA WORLD EXPEDITION RACE 2016. PHOTO: VALERIE O'SULLIVAN



MOVING RAPIDLY.. TEAM AGDE RAID ADVENTURE, ON THE LAST STAGE OF THE ITERA 2016 ADVENTURE EXPEDITION RACE, CANOEING DOWN THE OLD WEIR BRIDGE, KILLARNEY NATIONAL PARK, AFTER A 600KM GRUELLING NON STOP JOURNEY. PHOTO: VALERIE O'SULLIVAN.



OUR KINGDOM.. DAR DINGLE, NOEL O'LEARY, DAVID SPENCE, CAROLINE BULLARD AND AILISE DEANE, DESCENDING THE MACGILLYCUDDY REEK'S BEFORE THEY HEAD FOR LORD BRANDON'S COTTAGE TO CANOE DOWN THE LAKES OF KILLARNEY. PHOTO: VALERIE O'SULLIVAN.

20% OFF AT PHYSIQUE FOR ONE DAY ONLY



PHYSIQUE GYM: FANTASTIC OFFERS AVAILABLE ON WEDNESDAY

With the Autumn schedule about to begin at Physique Fitness Studio on Chapel Lane, Proprietor Aongus O'Donoghue is holding a one day sale on Wednesday next, 31st August. "There will be 20% off all our prices : gym

memberships, class courses, personal training packages (hour and half hour sessions) and also off all protein supplements", Aongus told the Killarney Outlook.

"We also rent our fitness studio to outside

instructors who teach a wide range of classes such as Yoga, Pilates, Zumba and Nia. The Hegarty School of Irish Dancing has been using the studio on Saturday mornings for many years", he added.

Clients at Physique range from all ages with the youngest being 13 years old up to a young at heart 77 year old.

"Everyone has a have a wide range of goals and needs from the gym - we are not a one programme fits all facility, where you are given the same programme regardless of your goals", he added.

All clients, particularly personal training clients receive a varied programme combining many types of fitness training. With 31 years in business under their belt, Physique Fitness amassed a wealth of experience and knowledge of our industry in this time and are constantly updating our studio with new equipment and classes.

"We are not only Killarney's longest established fitness studio - we are also one of the longest privately owned gyms in Ireland", said Aongus.



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TOP AWARD FOR MUCKROSS PARK HOTEL

A Killarney Hotel has won Ireland's Best Five Star Wedding Venue in the annual RSVP Awards.

Muckross Park Hotel & Spa have been awarded Ireland's Best Five Star Wedding Venue in the recent RSVP Magazine annual wedding awards. Set against the stunning backdrop of Killarney's National Park, with lavish interiors and culinary excellence, Muckross Park Hotel provides all the elements required to orchestrate your fairytale wedding.

Muckross Park Hotel General Manager Sean O'Driscoll said; "We're delighted to have received this outstanding accolade which recognises the dedication and commitment of the team. With four wedding coordinators and a wedding sales manager on site, each couple receives one designated coordinator from start to finish, guiding the couple from the initial stages with advice on menu and wine, right through to floral arrangements and entertainment choices."

All wedding menus are prepared by executive chef John O'Leary and his team. Kerry native, John O'Leary joined the Muckross Park Hotel team in January 2015. John has developed exquisite wedding menus and has a wealth of experience having previously worked in Patrick Guilbaud's, the Four Seasons and the Merrion. Muckross Park hotel has also been recognised for culinary excellence this year winning the Gold Medal Hotel and Catering Review award for "Best Restaurant on Ireland's Wild Atlantic Way".



BEST WEDDING VENUE: MUCKROSS PARK HOTEL

For your wedding reception, Muckross Park Hotel offer a choice of banqueting suites; whether you are planning an intimate or a more extravagant celebration we can offer you the perfect setting for your dream day. The Five Star Venue can accommodate up to 280 guests. Muckross Park hotel also boasts a number of beautiful Civil Ceremony Venues including our purpose built romantic medieval Atrium with its own private garden, original church pews,

floor to ceiling windows and a magnificent open fire.

As the only hotel located within Killarney's National Park you will have an array of choices for your wedding photos. Whether you choose our own manicured gardens, the National Park, Muckross House, Muckross Abbey and grounds, Torc Waterfall or the Lakes of Killarney, you can be assured of beautiful memories.

ITS CARNIVAL TIME IN GNEEVEGUILLA



All roads will lead Gneeveguilla at the beginning of September when the local GAA club will host their annual carnival weekend. Beginning on Friday 2nd September the novel fund-raiser will go towards the new work and upgrades undertaken by the club in the last year. "Thanks to the work from Kelly Bros Ballydesmond our main field has been fully drained, new fencing has been constructed around the pitch and our

car park has been extended. Our training field has been developed to a high standard and we also purchased some more land adjacent to the club. All this work comes at a cost and fundraising is vital to our club", Thomas Carmody, PRO of the club told the Killarney Outlook. Festivities will kick off on Friday with a dance night with music by The Keltis. During the evening the new Lord Mayor of Gneeveguilla will be elected. Padraig O'Connor representing the village, John O'Donovan representing Tureencahill, Frankie O'Leary representing Leam and Johnny Crowley representing Gullane are all up for the title. Admission of €10 on the night buys you a vote for each candidate with a full election count taking part during the night. On Saturday Camel racing returns to Gneeveguilla for a second year running with camels costing €20 available from club officers a great nights entertainment guaranteed. On Sunday the newly elected Lord Mayor will lead a parade through the village with floats from local community groups and national schools. La lé club will be held after the parade in the football field and much to the children's delight there will be extra amusements this year due to the extension of the car park. "This is our major fundraising drive for the year and an excellent opportunity for the whole community to gather and celebrate everything that's great about our parish", Thomas added.

STOP PARKING IN DISABLED BAYS

Access Group issues statement

A Killarney group is appealing to all motorists to stop parking in the Disabled Parking bays in the town. If you decide to use your relatives Disabled Persons Parking Permit when they are not with you, you will run the risk of having the permit cancelled and you will also face an €80 fine. The group have asked people to please remember that Disabled Parking Bays are specifically provided in a convenient accessible location for people with disabilities to enable them to remain independent and mobile. If you park in or block a Disabled Parking Space and do not have a Disabled Parking Permit or are using a permit illegally you should reflect on your behaviour and move on. Your ignorance causes great distress to those that need the convenient parking the most. Disabled Persons Parking Permits are only issued to persons who have a permanent condition or disability that severely restricts his or her ability to walk. Permits are issued to eligible persons whether drivers or passengers. This permits allow holders to park in Disabled Drivers Bays. Only a Vehicle displaying a Disabled Persons Parking Permit is allowed park in a disabled person's parking bay and the permit holder must be availing of this parking facility.



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PRICE: €159,500



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Your Property Managers




MAKE ROAD SAFETY PART OF YOUR 'BACK TO SCHOOL' PREPARATIONS

As the final preparations for a new school term begin in homes and schools around the country, the Road Safety Authority (RSA) is calling on parents, guardians and teachers to make sure road safety is top of the 'back to school' checklist. In particular, the RSA is reminding parents to ensure their child is visible when walking or cycling on the roads, or when waiting for the school bus. For the sixth year running, the RSA and ESB Networks will distribute free high visibility vests to every child starting school in September. To date, this partnership has provided 700,000 children throughout the country with high visibility vests. Moyagh Murdock, Chief Executive, Road Safety Authority said: "As parents and guardians, we have a responsibility to ensure our youngest and most vulnerable road-users are safe when travelling to and from school. One of the easiest ways to do this is to ensure they wear high visibility material when walking, cycling or getting the bus to school. This will help other road-users to see them and to slow down when they are nearby. Motorists should also be on the look-out for children making their journey to school and to modify their behaviour accordingly." "If your child gets the bus to school, please make sure they wear reflective clothing so they can be seen at the bus stop. Don't leave them standing on the side of the road in the dark to wait for a bus. Make sure they know that when they're on the bus, they should wear their seatbelt at all times and never stand while the bus is moving."

THE RSA HAS THE FOLLOWING 'BACK TO SCHOOL' TIPS AND ADVICE:

- Research shows that children under 12 should be accompanied if walking or cycling to school as they don't have the necessary skills or experience to manage traffic or cross the roads safely. So make sure your child is accompanied by a responsible adult until they're old enough to go on their own.
- If your child travels to school by bus or car, make sure they use the correct restraint at all times, for example, a child car seat, booster cushion or safety belt.
- Show them the correct way to get on and off the bus, in particular, where they should stand to safely wait for its arrival and before crossing the road.



SEVEN YEAR OLD SCHOOL CHILDREN - JANIE MUNROE, FROM ST. BRIGIDS PRIMARY SCHOOL, COOMBE (LEFT) WITH MOLLY CLARKE BOWES, FROM SCOIL SUNTAN, TALLAGHT, PAIGE GRAHAM, FROM PRESENTATION PRIMARY SCHOOL, GEORGES HILL, LEXI ROCHE, ASSUMPTION SCHOOL WALKINSTOWN AND MIA MALONE, PRESENTATION SCHOOL, TERENCE DUBLIN (RIGHT), PICTURED AT THE LAUNCH OF THE RSA AND ESB NETWORKS "BACK TO SCHOOL" LAUNCH HELD IN DUBLIN. PIC. ROBBIE REYNOLDS.

• If your child walks or cycles to school, make sure they are wearing the proper safety and high visibility gear – a helmet and high vis if they cycle, and a high vis vest or armband if they walk. Make sure their bicycle has working lights, both front and rear, and a bell.

• For older children who may walk or cycle to school, it is important that they learn how to share the road safely with other road-users, for example, how to use hand signals to indicate a manoeuvre and always obey the Rules of the Road.

• Teach your child the 'Safe Cross Code' and make it a part of their 'going to school' routine.

• Remember, the best person to teach your child how to use the roads safely is you. So set a good example and always demonstrate safe road use when using the roads.

The RSA is also urging schools and parents to take steps to ensure safety when hiring a bus. All bus operators are required by law to ensure their buses are roadworthy and meet a number of requirements including:

- Having appropriate preventative maintenance regimes, daily walk-around vehicle checks and swift repair of defects
- Ensuring their buses are tested on-time, and
- Completing an annual self-declaration in respect of their buses to the Road Safety Authority.

Anyone hiring a bus is encouraged to ask the bus company to complete a Declaration of Compliance (available on www.cvr.ie) which contains a checklist of the key legal minimum requirements. If you have any concerns about the condition of a bus provided, do not use it and contact the RSA directly via cvrtadmin@rsa.ie

Separately the RSA raised a concern about the practice of people under 18 years of age hiring buses to go to events with their peers. "In situations that have been brought to our attention by concerned members of the public, the passengers are completely unsupervised. We want to discourage this as we have reports of high jinks activity, often fuelled by alcohol, no seatbelts worn and engaging in behaviour likely to cause harm or at the very least driver distraction. I would call on coach operators not to take bookings from those who are underage and unsupervised by adults," said Ms Murdock. Schools can now register online for the RSA's 'Back to School' road safety packs which will be sent to primary schools throughout the country over the coming months. To register online for your packs, or for further road safety information for parents, teachers and students, visit www.rsa.ie/backtoschool



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By Dermot Cronin,
Financial Advisor



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So whether your pension is from your employment, an ex employer, you were self employed in the past or are self employed now it is very important that you have your pension reviewed and assessed by an independent financial advisor now.

For more information or to make an appointment to discuss the above or any other query you have contact

Dermot Cronin QFA APA, at **064 6622775**, or **dermotcroninifa@gmail.com**

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9 ELM COURT, DEERPARK, KILLARNEY

Newly renovated three bedroom detached family home, overlooking green area, within walking distance of Deerpark Retail Park, Aldi and Gaelscoil primary school. The property is not overlooked and would be ideal for first time buyer, family home or investor. Accommodation includes entrance hall, sittingroom, downstairs toilet, kitchen/diningroom, utility, bathroom, three bedrooms, (master en-suite).



Price Region: **€250,000**

BER C3

SIDHNE NA GAOITHE, GORTNASCARRY, KILLORGLIN

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Price Region: **€185,000**

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Killarney

TOWN TALK



ENJOYING LADIES DAY AT THE RACES L-R KERRY O'SULLIVAN, FIONA O'CONNOR & ELAINE O'DONOGHUE.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



LOOKING BEAUTIFUL AT THE KILLARNEY RACES FOR LADIES DAY WERE L-R JEAN SHEAHAN & TASH O'CONNOR.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

DON'T FORGET THE FASHION SHOW

Just a reminder that the Hospice Fashion Show takes place this coming Thursday September 1st at the INEC at 7pm.

Featuring Models in Recovery from Cancer the event will showcase some of the best boutiques in Killarney.

Special guest on the night is Majella O'Donnell and tickets are still on sale at €15 each.

THEY SAID "I DO"

Congratulations to Killarney Couple Eleanor Coffey and Alan Dower who were married on Friday last in St. Mary's Cathedral.

The happy couple were joined by family and friends at their wedding reception in the Castlerosse Hotel following the ceremony.

NEW CLASSROOMS FOR THE SEM

Conversion works have been approved to create woodwork room, science lab, 4 classrooms, study hall at St Brendan's College, Killarney. The news has been welcomed by Brendan Griffin, TD.

MASS CARDS

Mass cards are now available at the Parish Office in the Cathedral.

The cards include Mass cards, sympathy cards, anniversary cards and get well cards and can be signed by a priest.

HEARTBEAT

The eyes have it this month with a visit from optometrist Elaine O'Donoghue from Urban Optics. Elaine will talk about general eye care for all, and will also focus on eye care for older people and the special care that diabetics need to give to their eyes. Elaine will be at the Serenity Centre St. Anne's Road on Monday August 29th. At 8pm.

All are welcome to this free event.

ART EXHIBITION

An Art Exhibition at Ancient Rituals Tattoo, Chapel Lane, Killarney will take place tomorrow, Saturday 27th August at 7pm and will feature work by local artist Ben Ryan.

All welcome to the wine reception to meet Ben and see his artwork.



SHANNON LYNE & ALANNA LOUGHNANE ENJOYING THE MCSORLEYS TEENAGE DISCO ON FRIDAY NIGHT.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

FOOTBRIDGE DENIED

Cllr. Michael Gleeson has expressed his disappointment that there will not be a footbridge built from the Killarney Railway Station to the Bus station at this time.

"I welcome the acknowledgement that the project has merit but am disappointed that there is no indication of time scale for the development. I am committed to pursuing this objective and have, prior to this response, placed it on the Agenda again for the September 2016 area meeting", Cllr. Gleeson told the Killarney Outlook.



ONE OF THE MANY COMPETITIONS WINNERS, FIONA GALVIN (LEFT) & ANDREA NOLAN (RIGHT), PICTURED AT MCSORLEYS NEW MONTHLY TEENAGE DISCO'S HAVING WON 'BEST DANCERS' SCORING THEMSELVES GIFT VOUCHERS FOR LOCALLY OWNED FOUR STAR PIZZA.
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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REPEATS IMPROVE DRAMATICALLY

Name	Points 2015	Points 2016	Increase
S.H.	520	615	95
J.H.	425	540	115
R.B.	400	530	130
M.C.	385	485	100
M.T.	290	450	160
P.H.	130	360	230

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Killarney

TOWN TALK



KILLARNEY'S OWN SEAMUS (SHAM) COURTNEY, LANDOWNER, DOES THE HONOURS AT THE SOD-TURNING EVENT BY MINISTER OF STATE FOR HOUSING AND URBAN RENEWAL, DAMIEN ENGLISH, TD, TO MARK THE BEGINNING OF CONSTRUCTION OF A WATER TREATMENT PLANT ON LOUGH GUITANE IN CENTRAL KERRY, CENTRAL REGIONAL WATER SUPPLY SCHEME. THE NEW WATER TREATMENT PLANT IS PART OF A €30 MILLION INVESTMENT BY IRISH WATER IN THE KERRY CENTRAL REGIONAL WATER SUPPLY SCHEME WHICH ALSO INCLUDES UPGRADES TO EXISTING WATER INFRASTRUCTURE ON THE SUPPLY, SERVICING 62,000 PEOPLE ON 9 WATER SUPPLY ZONES IN THE COUNTY. LEFT, DAMIEN ENGLISH TD, MINISTER OF STATE FOR HOUSING AND URBAN RENEWAL, CENTRE, CHATTING WITH LANDOWNER SEAMUS (SHAM) COURTNEY, LOUGHITANE, AND JERRY GRANT, MANAGING DIRECTOR IRISH WATER. PHOTO: VALERIE O'SULLIVAN.

TIGHT LINES TO REMEMBER BATTY

Last Sunday members of the Lough Lein Anglers Club took to the waters of Lough Currane, Waterville to fish for the Batty O'Brien Cup. Batty, a deceased member of LLA, spent many days on Lough Currane and knew well that every angler earns his/her trout in Waterville.



THE RAIN DIDN'T DAMPEN THE SPIRITS OF THE COLLECTORS AT THE HOSPICE FUNDRAISER AT THE WEEKEND.

Conditions were difficult when anglers set off. Unfortunately both the wind and rain increased during the day and fishing wasn't easy! Nevertheless trout were caught and prizes were well-earned.

Jimmy O'Sullivan took the top prize, just ahead of last year's winner Patsy O'Flaherty. Luke Murphy, juvenile angler, fished with his grandad Michael and finished a great third. The groups next outing will be on Caragh Lake on Sun 4th September.

KILLARNEY BEAUTICIANS SUPPORTING PEOPLE GOING THROUGH CANCER

The street collection in aid of Kerry Hospice Foundation held in Killarney on Sunday 21st August along with some additional donations has so far raised €1,700. Organiser, Caitriona Heffernan, would like to thank family and friends who took to the streets on a wet and windy day to collect in memory of her brother Brendan. She is grateful to the people of Killarney for their generous donations towards the construction of the 16 bedroom inpatient unit at Kerry University Hospital.

In conjunction with this, Caitriona is coordinating with seven beauticians in Killarney who have generously donated complimentary vouchers for people going

through or who have recently finished cancer treatment. Sixteen vouchers are still available for manicures, pedicures, eyebrow and eyelash tints from the following salons:

- 1) The Spa at Muckcross, Muckcross Park Hotel.
- 2) The Innisfallen Health & Beauty Rooms, The Malton Hotel.
- 3) The Spa at the Plaza Hotel.
- 4) Desire Beauty & Nail Salon, West End House, New Street.
- 5) Linda's Beauty & Holistic Clinic, Clarragh House, Woodlawn Road.
- 6) Lady Jane Body & Beauty, Upper Park Road.
- 7) Killarney Toning & Beauty Studio, Fair Hill Car Park.

So far men and women who have been in touch have expressed how important these treatments will be to their wellbeing, how it helps with the ongoing emotional and psychological aspects of coping with cancer and how it can be difficult to afford such a treat due to the costs of illness. These beauty professionals are looking forward to welcoming and supporting you at this time. To avail of the treatments free of charge, contact Caitriona on caitrionachelsea@gmail.com or her sister Siobhan on **087 9819075**.

DANCERS OFF TO CORNWALL IN OCTOBER

Dancers from the Hegarty Irish Dance Academy who will be representing Ireland at the Lowendar Peran Celtic Festival in Cornwall in October this year. "Our school have been invited to the festival to perform at ceilis, concerts and workshops", Maureen Hegarty told the Killarney Outlook.

"We have attended the festival many times in the past and it really is such a fantastic experience for all the children involved. This trip is all about 'fun' and fostering our Irish and Celtic heritage", she added.

The 28 dancers and musicians travelling will all get the opportunity to take workshops and learn the music and dance of all our celtic nations as well as teaching irish music and dance to the festival goers. While the Hegarty Irish Dance Academy is a competitive academy of dance, with dancers competing right up to World level, a large contingent of our class prefer not to compete. They dance at performances and shows and festivals such as this. In the past our academy have travelled extensively to places including Germany, France and the Isle of Mann. We will be accompanied by Padraig Buckley & musicians from the Killarney School of Music. Padraig who is one of the directors of the Killarney School of Music is no stranger to our class trips and has travelled with us many times in the past. To defray the costs of the trip, we will be holding various fundraisers over the next few months.



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Traditional Guitar

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Sean Nós Dancing - Children
Sean Nós Dancing - Adults (with Triona Mangan)
Irish Step & Céili Dancing (with Maureen Hegarty)
Waltzing & Jiving (Ann Mangan)

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ANN FLYNN FROM KILLARNEY CELEBRATED HER 50TH BIRTHDAY SURROUNDED BY FRIENDS AND FAMILY IN THE KILLARNEY PLAZA HOTEL LAST SATURDAY NIGHT.



PICTURED AT THE KILLARNEY RACES ARE BRIAN DOWLING, BRID LUCEY SALES AND MARKETING KILLARNEY RACECOURSE AND PIPPA O'CONNOR LADIES DAY JUDGE



SEAN MURPHY AGED 3, ALONG WITH HIS GRANDMOTHER BERNADETTE, WAIT PATIENTLY FOR HIS UNCLE JOCKEY, KJ LEONARD TO ENTER THE PARADE RING. THE RACES IS FINISHING UP WITH LADIES DAY ON SATURDAY THE 20TH OF AUGUST. PHOTOGRAPH BY SALLY MACMONAGLE.



MARTINA LYNE HEALY, WAS THE WINNER OF THE MASTERGEEHA SOCCER CLUB LOTTO JACKPOT PRIZE OF €8,400 EURO. PICTURED FRONT FROM LEFT ARE JOE DOYLE, TREASURER, GER O'LEARY, CHAIRMAN, MARTINA LYNE HEALY, ALANA LYNE, AND TADHG BROSNAN, SECRETARY. BACK FROM LEFT ARE GERALDINE LYNE, MAURA LYNE, NOREEN NAGLE AND MARIAN COLLINS. PICTURE: EAMONN KEOGH.



THE FIVE CREWS THAT REPRESENTED CALLINAFERCY ROWING CLUB AT THE ALL IRELAND COASTAL ROWING CHAMPIONSHIPS IN BALLYSHANNON IN COUNTY DONEGAL. THE FIVE CREWS ALL WON MEDALS IN THEIR RESPECTIVE RACES, THE MASTERS MIXED, MASTERS LADIES, VET LADIES, GIRLS U14 & U16. BACK L-R: SANDRA LAMBE, MARY O'SULLIVAN, JOHN JOE O'SULLIVAN, MARGOT LAWLOR, KEVIN TANGNEY. FRONT L-R: ANNA GRIFFIN, EMMA HOULIHAN, ORLA MURPHY, SAVANNAGH CLIFFORD, SARAH KENNEDY, AOIFE MURPHY, KATIE BOYLE. PHOTO BY MICHAEL G KENNY.



JOHN GREENE LAUNCHING THE CD DURING THE DIARMUID O'CONNELL CD LAUNCH "THE SONGS I USED TO SING" AT THE ABBEY HOTEL RECENTLY TO A PACKED HOUSE, A FANTASTIC NIGHT HAD BY ALL. ALL PROCEEDS OF THE CD ARE GOING TO MACROOM COMMUNITY HOSPITAL AND ST COLEMANS HOUSE.



JOAN GOODWIN PICTURED WITH THE KERRY ROSE DANIELLE O'SULLIVAN



SHAUNA COURTNEY, AND OISÍN SHANNON, BOTH FROM KILLARNEY, PICTURED AT PRESENTATION SECONDARY SCHOOL KILLARNEY DEBS, ON THURSDAY NIGHT AT BALLYROE HEIGHTS HOTEL. PHOTO: JOHN CLEARY.



AILEEN O'KEEFFE, GILLIAN O'DONOGHUE, DEIRDRE DOYLE AND SIOBHAN BARRY AT THE OPENING OF THE NEW LIQUID LOUNGE AT KILLARNEY GRAND AT THE WEEKEND. PICTURE: EAMONN KEOGH.

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Dingle	Behind Supervalu	09.15	13.15	17.15	€10	€15
Annascaul	Crossroads west of town	09.35	13.35	17.35	€10	€15
Inch Beach	Beach Entrance	09.42	13.42	17.42	€10	€15
Castlemaine	Post Office	09.57	13.57	17.57	€8	€12
Milltown	Opp. Post Office	10.02	14.02	18.02	€8	€12
Aghadoe	Opp. Youth Hostel	10.15	14.15	18.15	€3	€5
Killarney	Rock Road	10.20	14.20	18.20		
Killarney	Coach Park, Lewis Rd	10.30	14.30	18.30		

Seats available on a first come, first served basis

KILLARNEY TO DINGLE

Stop	Location	Mon - Sun	Mon - Sun	Mon - Sun	One Way	Return
Killarney	Coach Park, Lewis Rd	11.15	15.00	19.15	€10	€15
Killarney	Rock Road	11.20	15.05	19.20	€10	€15
Aghadoe	Youth Hostel	11.25	15.10	19.25	€10	€15
Milltown	Post Office	11.40	15.25	19.40	€10	€15
Castlemaine	Kellichers	11.45	15.30	19.45	€8	€12
Inch Beach	Beach Entrance	12.02	15.47	20.02	€5	€8
Annascaul	Crossroads west of town	12.10	15.55	20.10	€5	€8
Dingle	Behind SuperValu	12.35	16.20	20.35		

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RATHMORE/ GNEEVEGUILLA NEWS

by Michael O'Mahony

FLEADH CHEOIL NA HEIREANN:

Congratulations to Sean O'keeffe Lisheen Gneeveguilla who is all Ireland Sean N6s dancing champion under 12 in fleadh cheoil na h6ireann last weekend in Ennis.

WISHES: Best of luck to both Kerry teams on Sunday in both All Ireland Senior & Minor Football Semi-Final and to local players Paul Murphy and Aidan O'Mahony. And Mark Ryan, Brian Friel and Dean Fitzgerald with Kerry minors let hope that both teams reach the final.

CD LAUNCH: Laura Dunlea Ballydesmond will launch her new CD at The Torc Hotel Killarney (Darby O Gill's) on Saturday 10th September. Dancing to Breakaway, Joe Guerin and DJ Keane. Comp6re on the night Dermot Moriarty. Doors open at 8pm. Adm.€10. All welcome.

BEST DRESSED LADY AT KILLARNEY RACES:

Congratulations to Margaret Milner Kelliher a natives of Shinnagh Upper Rathmore, who won the best Dressed Lady Competition at Killarney races on Saturday last.

TOURNAMENT: Rathmore ladies would like to thank the North Kerry ladies board for there invitation to Sandra Keane tournament, it was a fantastic day for our girls. The rain didn't dampen the football, great games, 16 teams, 4 groups, 4 finals, plenty of football for the girls. The tournament was ran brilliant, well done to all involved, congratulations to the U13 girls who won the tournament and player of the match Maggie Buckley.

O' KEEFFE CLAN RALLY 2016: Preparations are underway for a major gathering of the global O'Keeffe clan at the Barony of Duhallow on September 9-11. They are calling on O' Keffes and their descendant to visit their ancestral home. Duhallow part of Rathmore/ Gneeveguilla Parishes has been the principal home of O' Keffe Clan.

A very exciting weekend is planned. On Friday

registration will include the official opening by they clan Chieftain, Dan Joe O'Keeffe followed by some of the best music, song, & dance what Sliabh Luachra has to offer. On Saturday clan members and friends can travel on bus tour to local historical sites followed by a dinner at the Wallis Arms Hotel Millstreet. On Sunday a Mass of Remembrance and visit to the castle will bring proceedings to a close. More details on they website O'keeffe clans.com and they Facebook page O' Keffe clan rally 2016

RATHMORE GAA CLUB:

FIXTURES: MOLYNEAUX CUP: In Strand Road this Friday 26 August at 19.00 Rathmore play Kerins O'Rahilly.

SYMPATHY: To the family & relatives of the late Patrick Galvin, Ballinamanagh, Kilcummin, Killarney and late of Inchincummer, Currow & late Dominic Lawlor, 14 Clara road, Millstreet, Cork. May he rest in peace.

NOTES: If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm. Sunday,

FOSSA NOTES

LOTTO: Numbers drawn were 1, 22, 23, 24. There was no jackpot winner and the €40 consolation prize winners were Nora O'Carroll, Crohane, Lyndsey Cronin, c/o Keynes, Sean McDermot, c/o Keynes, Pat Sweeney, Tomies and John O'Sullivan, c/o Keynes. Next weeks jackpot will be €9,600. Tickets are on sale at The Golden Nuggett Bar, The Castlerosse Leisure Centre, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop, The Laurels Bar and Committee members.

SENIORS: Fossa played Skellig Rangers in Round 10 of the County League in Fossa on Saturday evening. The weather conditions were very unfavourable for football with a constant rain and a strong wind and this lead to a low scoring game. Fossa started brightly with two points inside to first 4 minutes from Fintan Coffey and Lorcan Daly. Paudie Clifford and Lorcan Daly added further points in the 8th and 12th minute. Then Skellig Rangers were awarded a penalty in the 14th minute but this was brilliantly saved by Colin Myers who dived low to his right to push the well struck shot away to safety, this was to prove crucial in the overall context of the game. Tadgh O'Shea kicked two frees before half time to leave Fossa leading at the break 0-06 to 0-02. The second half was a real battle with Skellig Rangers pushing hard to get a crucial win and stay in the promotion race. Fossa defended heroically



FOSSA GIRLS U12 RELAY TEAM THAT REPRESENTED KERRY IN THE COMMUNITY GAMES IN ATHLONE LAST WEEKEND AND MADE THE FINAL ON SUNDAY FINISHING IN A VERY IMPRESSIVE 5TH PLACE. L-R ALISON BUTLER, MELISSA AHERN, RACHAEL WALLACE, ALICIA BURKE AND ABBY MURPHY.

with Colm Walsh marshaling the defence brilliantly, Fintan Coffey kicked a great point which was to be our only score of the half but a very important one. Fossa can be very happy with the way they defended their lead in the second half in what was a very physical game, they kept their unbeaten record in the league and they now face Na Gael in a winner takes all in the last game of the competition. Final score, Fossa 0-07, Skellig Rangers 0-06.

GOOD LUCK: Fossa GAA wishes David Clifford and the Kerry Minor team the best of luck next Sunday when they play Kildare in their bid to

reach the All-Ireland final on September 18th, we also wish the senior team all the best as they try to dethrone the current All-Ireland champions, Dublin, in what should be a memorable day out in Croke Park.

COMMUNITY GAMES: Congratulations to Ciara Kennelly who won a gold medal in the High Jump in Athlone at the weekend, also well done to all the other athletes from Fossa who took part and competed so well, you have done your parish proud.

LISTRY NOTES

MEETING: An important public meeting to discuss proposals for Listry Bridge will be held on Tuesday 30th August in Listry Community Centre at 8pm. Local & national political representatives have confirmed attendance.

Following a public meeting held in Listry community Centre on 4th August a submission and proposals were made to Kerry County Council. Political representatives will be asked to support these proposals and to keep our

community updated.

Don't miss this opportunity to have your say on the future of Listry Bridge. Please spread the word about this meeting.



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KILCUMMIN NEWS

KERRY HOSPICE FOUNDATION FASHION SHOW:

Killarney Branch Kerry Hospice Foundation: Annual "Models in Recovery" Fashion show at the INEC Thursday 1st September, beginning with Wine Reception at 7.00pm followed by the show at 7.30pm. Special Guest Majella O'Donnell. Don O'Neill designed dress to be raffled on the night. Tickets €15 From Pat Doolan 085 1543514, INEC Booking Office or Participating shops.

NATIONAL LEARNING NETWORK: National Learning Network is actively seeking students who are interested in progressing into education in a much supported environment at QQI Level 4, 5, 6. NLN Clinic is held in Killarney Library 3rd Tuesday of every month. If interested contact Michelle Horan Mob: 087-9480138 or NLN, Tralee Tel: 066-7122533

IRISH SIGN LANGUAGE CLASSES: Irish Sign Language classes in the diocese. John Patrick Doherty Chaplain for the Deaf People is running 8 week classes. For more info contact: johnpatrick@ncdp.ie or text: 087-9062947 or visit dioceseofkerry.ie

SHEP CERTIFICATE IN PERSONAL DEVELOPMENT:

SHEP Certificate in Personal Development is a 120 hours part-time course running from end of September to May 2017. This course is facilitated by 2 Accredited Psychotherapist with years of experience of facilitation groups and the SHEP Cert in Social Awareness and Community Empowerment running over 5 weekends in Tralee from September to December 2016. This course may be of interest to anyone interested in Community Development. The course aims to develop awareness of how we relate and co-operate in groups, how we are shaped by



LAUNCHING KERRY COUNTY COUNCIL'S ARTS DEPARTMENT SCHEDULE OF EVENT FOR CULTURE NIGHT 2016, ON FRIDAY 16TH SEPTEMBER 2016, FROM LEFT, KATE KENNELLY, ARTS OFFICER, KERRY COUNTY COUNCIL, MAEVE MCGRATH, KERRY FILM FESTIVAL, FIONA O'CONNOR, INEC, SEAN KELLIHER AND CIAN O'SULLIVAN, KILLARNEY SCHOOL OF MUSIC. PHOTO: VALERIE O'SULLIVAN.

the society we grow up in and how we, in turn, shape society through our lives and actions.

'GET IN STEP': The 'Get in Step' organising committee would like to thank everyone who attended last week's summer camp and made it such a great success. A number of items were left, including a shoe, a gilet and a girl's backpack – these can be collected at Kilcummin Rural Development Office.

SECRETARIAL SERVICES: Kilcummin Rural Development Office provides a full Secretarial Service to all groups and individuals. Assignments, essays, projects, C.V.'s professionally typed, confidentiality assured. Other services include photocopying, laminating (A3 and A4), e-mail, sending faxes paying your motor tax online. Faxes to the Department of Agriculture for the movement of cattle can also be sent from the office. Tel:

064-6643357 or email: info@kilcumminparish.com

KILCUMMIN GAA

UNDER 12 GIRLS: Play Milltown/Listry away in the EK League on 30th August at 6.30pm.

UNDER 14 GIRLS: Play Dr. Crokes at home in Division 2 of the EK League on 26th August at 6.30pm.

MASTERGEEHA FC LOTTO: There was no winner on Friday 19th August, 2016. Numbers drawn were 2, 11, 21,23. Consolation prizes were €100 Una O'Leary, Mastergeeha, Kilcummin. €60 Noreen Nagle, 2 Church View, Rathmore. €30 Breda Lynch, Dooneen, Kilcummin. €30 Danny O'Donoghue, Lower Bluepool, Kanturk. €30 Hugh O'Donoghue, c/o Eileen Walsh. Jackpot now €1,650.

GLENFLESK NOTES

GLENFLESK SENIORS: (Sponsored by the Jarveys Rest): The first round of the O'Donoghue cup where we'll play Kilcummin at home has been provisionally fixed for the weekend of September 11th/12th.

GLENFLESK JUNIORS: Our Juniors are away to St Marys Cahairsiveen in the QF of the Barrett Cup on Friday August 26th.

GLENFLESK U14S: Our U14s were well beaten by a very strong Rathmore team on Monday evening last and bow out of the East Kerry championship.

GLENFLESK U16S: Our U16s lost out to Miltown/Castlemaine in the Co Div 3 semi final in a hard fought contest, FT score 2-11 to 1-12.

KERRY MINORS: Best of Luck to Daniel O'Brien who lines out for the Kerry Minors next Sunday vs Kildare in the All Ireland semi final.

GLENFLESK LOTTO: No winner of the lotto which took place in John Dans on 15/08/16.

Jackpot - €2,600. Numbers were 05, 06, 07, 18

1. (Yearly ticket) Angela Noonan Dromcarbin.

2. Tracey Brosnan Dromickbane.

(sellers prize) Brendan Brosnan.

3. Pa Nagle Redrinagh.

4. Micheal Shea Cleeney.

5. Dermot Kelliher Barraduff.

The next draw will take place in Spillanes Bar on 29/08/16 and the Jackpot is €2800

RAHEEN N.S: Congratulations to Ann Cronin who had the winning lotto no. 35 on Saturday the 20th of August.

MULTIPLE SCLEROSIS FLAG DAY: The Multiple Sclerosis flag day is on September 3rd. All monies raised are spent locally.

GLENFLESK COMMUNITY GAMES: The

national community finals took place in Athlone last weekend and we were well represented. Eabha Healy competed in Solo recitation and performed brilliantly but unfortunately didn't medal in a very high standard competition. Our U13 project team of Ciara Furlong, Muireann Darcy and Caoimhe Moynihan took the silver medal, a wonderful achievement. Well done Girls.

In Judo Oran Horgan and Liam O'Donoghue who train with the Killarney Judo Club performed brilliantly and both took home silver. Well done on a superb achievement lads.

CONTACT: We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.

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SKIPPING BREAKFAST

We have all been told as kids that breakfast is one of the most important meals of the day. But have you ever asked yourself why:

Here are a few facts that might drive you to make a few changes:

- Skipping breakfast will cause your blood sugars to drop & eventually when the hunger becomes too much and you do succumb to food, eating with control or sensible food choices will be difficult to do because you will be starving come the next meal time. The best laid out intentions in the world could fall victim under the influence of a hungry belly. We are human beings and built to survive so our natural instinct when your blood sugars have dropped dangerously low is to fuel up and fuel up fast. This will result in;

1. Eating too fast
 2. Eating too much
 3. Feeling very tired and slumpy after the meal & needed a sugar pick me up to get you through the rest of day
 4. Eating the wrong types of food, more often than not if you are starving you are less inclined to order the grilled chicken salad at the deli counter! Probably more likely to go for greasy fatty hot food, or jumbo sized roll with the works.
- Skipping breakfast will mean you are going to be less likely to say no to the biscuits at work or the scones at a friend's house mid-morning.
 - Skipping breakfast will also cause low moods, irritability, lack of energy. Which are all probably routine symptoms to you at this stage and not even something you identify with as a result of skipping breakfast as it is such routine.

CONTINUED NEXT WEEK....

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HEALTH TIP

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White meat, which includes fish and fowl, is better than red meat, which includes beef and pork for those trying to lose weight.



Beauty tip Flaky Mascara

The number 1 reason for flaky mascara is that the formula is too dry or old. Make sure to close mascara after use to help keep its moisture. To extend the life a bit, add 2-3 drops of saline solution into the tube and swirl the brush around.



MAKE MOVEMENT YOUR MEDICINE

Do you find yourself rushing around day after day trying to fit a hundred and one things into the day? Or, are you just aware that although things appear okay, you don't feel fully present and alive in your life? If stress has taken over your life, you may not realize what it's like to be at real peace. Imagine a new normal way of living where each day is filled with joy, balance and the sense that you've got all the time in the world to get things done. Imagine feeling at peace and at home with yourself – with your mind, body and spirit supporting everything you do.

Try this healing breath technique for instant peace and calm

Sit quietly. Place your hands on your lower belly. Take a deep breath in through your nose for the count of four. Breathe out through your nose for the count of six. Hold your breath for the count of four. Repeat as many times as you feel necessary. As you breathe in see if you can draw your breath right down to your lower belly. Imagine all the breath inflating your belly and relaxing all of your muscles.

If you would like to learn more about the Chakranetics™ mindful movement energy system please just get in touch. With the mindfulness and movement principles I teach, you can reclaim your health, vitality and zest for life! Happiness is just one of the beautiful side-effects of this gentle healing mindful movement system.

Classes begin on Monday 12th September at 7.30pm and Tuesday 13th September at 10.00am. At the Travel Inn, Fossa, Killarney. (€60.00 for six week course).

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Trisha Moloney



Trisha Moloney is a Spiritual Intuitive Energy Healer, who is a native of Co. Kerry. She is holding workshops in Killarney this month.

Trisha works weekly in Tralee and Killorglin and has now started working in Killarney. Trisha says "my unique energy healing is a non-invasive treatment, very gentle yet powerful, life changing but very effective with immediate results. It treats everything from **chronic anxiety, depression, emotional behavioural issues in kids, autism, ADHD, anger issues, digestive fatigue, low self-esteem issues (in teens), arthritis, trauma, headaches, migraine, back problems**, to name a few."

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Advice is also given on nutrition if required and Trisha also practices Cognitive Behavioural Therapy (CBT)

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with **John O'Sullivan**



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With the autumn in sight, there are a wide range of herbaceous perennials, shrubs and roses that can give you colour in your garden right into October and November.

Some good flowering herbaceous perennials for Autumn colour are anemones, which come in a variety of colours – Honore Jobert is a very good one. It has white flowers with yellow centres. It is also a good plant for shade.

Hydrangeas are excellent shrubs that will flower right into the Autumn and they come in a variety of colours.

A very good rose to flower into late Autumn is a ground cover rose called a flower carpet rose and it comes with pink, yellow or white flowers.

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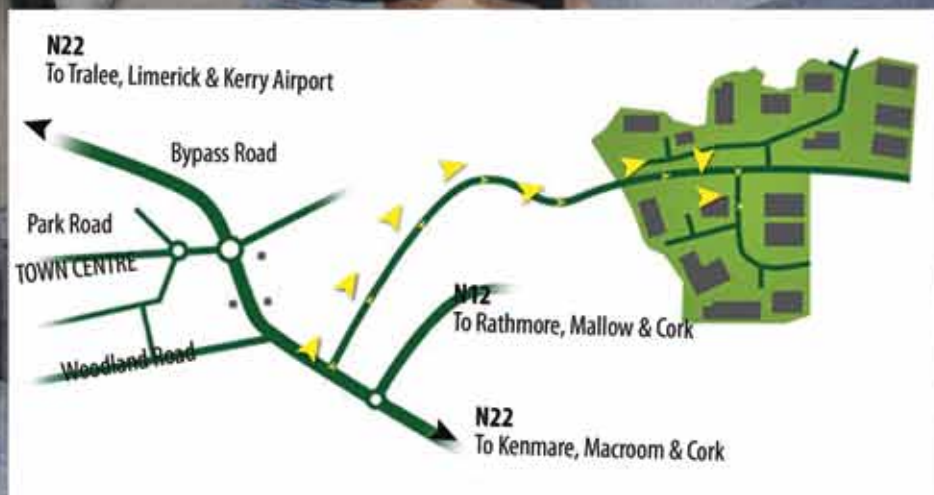


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Monday 5th Sept: Rathmore - Bridge Bar 8.15pm. Cahills Bar 9pm. Dennehy's Bar 9.15pm. Gneeveguilla - McAuliffes 10pm.
Tuesday 6th Sept: Farranfore - Ulicks Bar 8.15pm.
Curran's - James Dalys Bar 8:45pm. Currow - Cunniffes 9.15pm.
Furies - Johnnys D's Bar 9.45pm, Sheehans Bar 10:15pm & John Hendersons 10.30pm.
Wednesday 7th Sept: Muckross - Molly Darcys 8.30pm, Lissivigeen - Darby O'Gills 9pm, Aghadoe - Old Killarney Inn 10pm, Faha - Faha Court 10.30pm.

CONTACT:

dhealysrae@gmail.com - 0872316055
maurahealysrae@gmail.com - 0877816432



FIANNA FAIL
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John Brassil TD

Killarney Constituency Office
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Wed 31st August, Thurs 1st Sept & Fri 2nd from 9.30am - 5.30pm

Address:
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John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm

Working with **CLlr John Joe Culloty** 087-1308000 cllrjoculloty@eircom.net
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For advice and representation please feel free to call into the office or clinics

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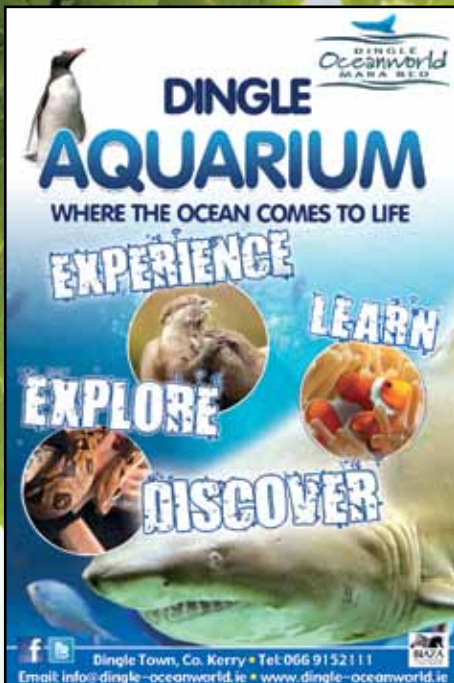
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NEW BISTRO OPENS

A new eatery has opened its doors in Killarney and is tantalizing the tastebuds of its many customers.

Laguna Bistro is situated in the New Market Lane and specialises in salads, tapas, soups and sandwiches.

Also on its menu is wraps, baps and fries and if you only feel like treating yourself to a coffee then there is a fantastic range of tasty homemade desserts.

Laguna also does lunch deals and serves

hot and cold drinks, ice cream and pancakes.

Laguna is open every day from Monday to Sunday and also specialises in Birthday Cakes and occasion cakes along with take away and catering.

Opening hours are 11am to 8pm and you can following them on their facebook page [KerryLagunaBistro](https://www.facebook.com/KerryLagunaBistro).



RESIDENT PIANIST JACK HEALY ENTERTAINING THE CUSTOMERS AT THE OPENING OF THE NEW LIQUID LOUNGE AT KILLARNEY GRAND AT THE WEEKEND. PICTURE: EAMONN KEOGH.

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GNEEVEGUILLA GAA

GNEEVEGUILLA GAA LOTTO: Numbers 15, 16, 21, 25. No jackpot winner, next weeks jackpot €13,400.

GNEEVEGUILLA GAA CARNIVAL: Will start on Friday September 2nd with a Lord Mayor Dance in the community centre. Music on the night by the Kelts entry plus vote only €10.

LORD MAYOR: Candidates for the Lord Mayor are John O'Donovan representing Tureencahill, Frankie O'Leary representing Leam, Padraig O'Connor representing The Village and Johnny Crowley representing Gullane. We will once again be having a carnival weekend this year from 2nd to 4th of September, again we will be having a camel race night on the Saturday night, camels are €20 each and can be purchased from any club officer or from any of the team trainers your support of this event would be appreciated.

Sunday 4th will commence with a fancy dress parade lead by the new Lord Mayor followed by La Le club in the field. A bigger selection of Amusements will be arriving this year. Gneeveguilla played at home against Dromid Pearses in Co League Division 3 on Saturday evening. Gneeveguilla got off to a good start with scores from Cornelius Buckley and Fergus McAuliffe. Dromid kept in touch with Niall O'Shea in great form. Gneeveguilla lead at half time 0-06 to 0-05.

Gneeveguilla started the second half with a goal by Don Murphy who punched the ball into the net after a long ball into the square by Fergus McAuliffe. Gneeveguilla added further points to give them a 1-08 to 0-07 lead with 10 minutes remaining. Dromid were not giving up and a move that started from their corner back position was finished to the back of the net by Niall O'Shea. Niall was on hand to kick over the score to level the teams on the 35 minute leaving it Gneeveguilla 1-08 Dromid Pearses

1-08.

SPA NOTES

O'SULLIVAN CUP EK JUNIOR CHAMPIONSHIP FINAL: SPA 5-11

FIRIES 4-7: Spa opened the scoring with a point from Evan Cronin before Firies burst through our defence and hit 2 goals in quick succession. A '45 from Jamie Spillane was followed by a great goal from Jamie, and point from Evan, but Conor O'Riordan was kept under pressure with Firies hitting the post before kicking a third goal. Points from Jamie Spillane, Shane Fenton and Evan Cronin kept Spa chasing the game and Jamie buried the ball in the back of the net right before the half time whistle. At the break Spa were trailing 2-6 to 4-5. It certainly was a game of two halves as Spa game out very strong in the second half and although Firies immediately went 4-6 to 2-6 ahead, Spa completely took over and points from Cormac Cronin (2), Evan Cronin (2) and Conor Gleeson saw Spa claw back at the Firies lead to make it 2-11 to 4-6. Three great goals in quick succession by Cormac Cronin, Shane Fenton and Andrew Garnett followed, Spa scoring 3-5 in just 15 minutes. Firies hit over a late point before an injury at the very end finished the game with Spa victorious by 5-11 to 4-7. Wishing a speedy recovery to the Firies player, William Courtney, injured at the end. Congratulations to Andrew Garnett winning Man of the Match Award. Presented to him by Tim Ryan (Chairman East Kerry Board) and Conn O'Sullivan (Representing O'Sullivan Family).

TEAM: Conor O'Riordan, Eoghan Cronin, Conor Kearney, Aydan Mulvaney, Eric O'Donoghue, David Spillane, Mikey Moynihan, Andy Fitzgerald, Andrew Garnett (1-0), Shane Fenton (1-1), Jamie Spillane (2-2), Ciaran Spillane, Cormac Cronin (1-2), Evan Cronin (0-5), Conor Gleeson (0-1). Subs: Shane Cronin, Alife Giles, Conor Cronin, Eoin Fitzgerald

COISTE NA NOG:

U11 BOYS Spa under 11 boys played 2 games in five days. First up they played at home to Crokes last Wednesday evening, despite missing a few players we came up short against a strong Crokes team, they played well as a team and that will stand to them in future games. Cormac Walsh, Chris Healy, Timmy Moynihan & Joey McCarthy who was playing his first game under 11's played well. Then on Sunday morning we played away to Beaufort, this was a very exciting game which was played end to end, the boys came out winners in the end by 3 points. Oran O'Neill, Cathal Kelly, Catal Coffey, Oran Daly, David O'Sullivan, Evan O'Neill, Aaron O'Connor and Oisín McCarthy all played well. Special mention to Eric Moriarty who is out of action for a second time due to an ankle injury, he has been really unlucky with injuries this season, he is a fine footballer & we wish him a speedy recovery. Spa Abu.

U16 CO. SEMI FINAL: Spa played Beale away in Ballybunion last Wednesday in the County league semi final. Playing against a strong wind in the first half Spa were on the defensive with Jordan Leahy and James Lynch playing very well trying to tie up the Beale forwards. The North Kerry men went in 6 point to 2 up at half time. At the start of the 2nd half the home side struck a goal that put Beale in control. However Evan Jones began to lord things at mid field and began to link up well with Gary Vaughan and the outstanding Cian Fahy. Spa struck a couple of great goals including one from man of the match James Lynch from defence and really had the Beale men on the rack leaving only 2 points between the teams. However due to poor shooting Spa couldn't get the crucial scores at the end and were very unlucky to lose to a very good Beale team on a score line of 2-10 to 2-06. The boys will now be looking forward to the East Kerry Championship with relish that begins next month.

GAELIC FOR ALL: Thanks to all the coaches who helped out last Monday in this new initiative by the Kerry GAA and Kerry South Development Partnership. Thanks to coaches Tim O'Connor, Des Spillane, Kieran McCarthy, Michael Finnegan, Cassandra Buckley, James Devane, John O'Donoghue and Andrew Fitzgerald, Ann Mangan, Maureen Hegarty Vogels. And to the organisers Anne Holland and Deirdre O'Sullivan Darcy and all the young players/dancers who showed up on the night.

SENIOR COUNTY LEAGUE

SPA 2-17 FINUGE 2-6: A point and goal from Evan Cronin in the opening minutes gave Spa a strong start and by half time we led 1-9 to 1-3, the Spa scores from Mike O'Donoghue, Cormac Cronin (3), Michael McCarthy, Michael Foley (2), and Evan Cronin. Spa dominated the scoring in the second half and with points from David Spillane, Michael Foley (2), Mike O'Donoghue (2) and Evan Cronin, they led comfortably 1-15 to 1-3, before Dan O'Donoghue crossed to Mike O'Donoghue who rattled the net to make it 2-15 to 1-3. Late points from Evan Cronin



and Ciaran Spillane secured the win and the 2 important league points.

SPA: James Devane, Eric O'Donoghue, Eoghan Cronin, Brian Lynch, Shane Lynch, Dan O'Donoghue, David Spillane (0-1), Shane Cronin, Andrew Garnett, Michael Foley (0-4), Ciaran Spillane, Michael McCarthy (0-1), Cormac Cronin (0-3), Mike O'Donoghue (1-3), Evan Cronin (1-4). Subs: Jamie Spillane (0-1), Matthew Moynihan, Alfie Giles, Shane Fenton

MCELLIGOTT CUP: Spa received a walkover from Listowel Emmets last Friday and now await the winners of Gneeveguilla v John Mitchels.

EAST KERRY O'DONOGHUE CUP

10th/11th September 2016. Spa V Scartaglen.

LADIES FOOTBALL: Friday 26th East Kerry U14 League Spa v Laune Rangers B at 7pm in Spa.

FIRIES COISTE NA NÒG NOTES

U8 & U10 BOYS: Our U8 and U10 footballers will be having challenge games against Fossa this Friday evening, 26th August at Fossa GAA pitch. Players are asked to be there at 6.45pm for games at 7pm. Hope to see you all there.

U10 BOYS: Our resilient U10 boys travelled to Beaufort on Sunday, 21st August to face the home team in a sporting challenge. It was certainly an impressive day for our boys on the normally scenic Beaufort football pitch. The U10s put in a feisty display against Beaufort in abysmal conditions and found the back of the net on a number of occasions. **THE PANEL**

INCLUDED: Sean Galvin, Arron O'Sullivan, Cian Costello, Colm O'Riordan, Fionn Colman, Luke Henderson, Brian O'Leary, Henry Walsh, Eugene Deniel, Gerard O'Dowd, Gavin O'Sullivan, Jack Dicker, Eddie Og Scully, Micheal Fitzgerald and Sam Dennehy. Well Done Boys.

ANNUAL U11 JERRY FOLEY BLITZ: The annual U11 Jerry Foley Blitz was postponed due to the inclement forecast and is now scheduled to take place on Saturday, 3rd September. If you or your club would like to partake in the blitz, please contact Eugene Cosgrave at 087-3999988.

U16 BOYS: Our U16 boys suffered a disappointing loss to Kenmare on 17th August in the Championship; Kenmare 3-14 Firies 3-10, hard luck boys.

CONGRATS TO THE MINORS: Well done to our Minors in the East Kerry League Minor Semi Final played on Sunday 21st August; Firies 2-13 Dr Crokes 2-12

CONGRATULATIONS: Well done to TJ Palmer, Firies GAA clubman who performed in the National Community Games this weekend in the Judo discipline and picked up a gold medal.

EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

O'SULLIVAN CUP - EAST KERRY JUNIOR CHAMPIONSHIP FINAL

SPA 5-11 FIRIES 4-7: A high scoring East Kerry O'Sullivan Cup final, sponsored by Killarney Carpet & Furniture Centre, was full of skill and no small amount of top quality scoring. There were wonderful battles throughout the field; Josh Flynn v Evan Cronin, Pat Browne v Jamie Spillane, David Spillane v Sean Burke, and the midfield battle of Spa's Andrew Garnett and Andy Fitzgerald against Firies Eddie O'Rourke and James O'Donoghue and in a game of 9 goals, we witnessed top quality saves from Billy O'Rourke and Conor Riordan. Within 5 minutes of the start, Ed Kerrisk and Pdraig O'Sullivan netted for Firies. However, by the 7th minute, Spa had reduced the margin to a point following 1-1 from Jamie Spillane and an Evan Cronin point, - 2-0 to 1-2. Pdraig O'Connor and Pat Browne attacked from the Firies defence, to produce points from Browne, Conal Murphy and Sean Burke. By the 20th minute, when William Courtney pointed for Firies, his side led by 2-4 to 1-3. Firies capitalised immediately with Eddie O'Rourke and Niall McCarthy setting up Conal Murphy for another Firies goal. Hard work in midfield by Spa's Andrew Garnett helped produce points from Jamie Spillane, Shane Fenton and the imperious Evan Cronin keeping Spa in touch. With 5 minutes left in the half, Firies led 3-5 to 1-6, and still the goalfest continued. Firies wing forward Niall McCarthy was provider for the inrushing William Courtney whose pass to the corner of the net was top drawer finishing - 4-5 to 1-6. But Spa responded smartly when Cormac Cronin's pass was finished to the net by hard working centre forward Jamie Spillane. Firies 4-5 Spa 2-6 at half time.

Incredibly Firies, who looked like winners at half time, only managed to register a further 2 points in the second half. A William Courtney free was cancelled by a Cormac Cronin free. Andrew Garnett produced a man-of-the-match performance at midfield for Spa as they scored 3-5 without reply over the next 20 minutes. Points were added by Evan Cronin (0-2), Connor Gleeson and Cormac Cronin before a spell of volleyball in the Firies square ended with Cormac Cronin flicking the ball to the net. Spa had now pulled 2 points clear - 3-11 to 4-6, leading for the first time since the first minute of the game. With Firies backs to the wall, Spa swept forward again and Shane Fenton netted. From the kickout, Andrew Garnett powered down the centre and raised another green flag for Spa - 5-11 to 4-6. In the last minutes of the game, William Courtney pointed a free for Firies before the game ended with an unfortunate injury occurred to William, one of the Firies stars. Final score: Spa 5-11 Firies 4-7.

Referee: Christy Crowley (Gneeveguilla).

Tim Ryan Chairman East Kerry Committee, accompanied by sponsor Niall O'Sullivan,

presented the Owen O'Sullivan Cup to Spa captain joint captains Conor Gleeson and Paul Russell while Andrew Garnett received the Man-of-Match award from Conn O'Sullivan. After the game, Tim Ryan thanked Fossa for all their help and the use of their lovely facilities. Tim also thanked the match officials for their management of the game. He wished William Courtney a speedy recovery and thanked the medical personnel for their care and swift attention to William.

TEAMS: SPA: Conor Riordan, Eoghan Cronin, Conor Kearney, Ayden Mulvaney, Eric O'Donoghue, David Spillane, Mikey Moynihan, Andy Fitzgerald, Andrew Garnett (1-0), Shane Fenton (1-1), Jamie Spillane (2-2; 0-2f), Ciaran Spillane, Cormac Cronin (1-2; 0-1f), Evan Cronin (0-5), Conor Gleeson (Capt) (0-1) Subs: Shane Cronin, Alfie Giles, Conor Cronin, Paul Russell.

FIRIES: Billy O'Rourke, Dan O'Shea, Josh Flynn, Pdraig O'Connor, Adrian Courtney, Pat Browne (Capt) (0-1), Seamus Barry, Eddie O'Rourke, James O'Donoghue, William Courtney (1-3, 0-3f), Sean Bourke (0-2), Niall McCarthy, Pdraig O'Sullivan (1-0), Ed Kerrisk (1-0), Conal Murphy (1-1). Sub: Denis Kerrisk.

FR GALVIN CUP PRELIMINARY ROUND

FIRIES 2-12 TO CORDAL 1-7: Cordal and Firies served up a great game of football in the Fr Galvin Cup, East Kerry Intermediate Championship, sponsored by the Aquila Club, Gleneagle Hotel, on a perfect playing surface, despite what felt like winter weather with wind and rain. The first half was a closely contested affair, and the sides went in at the break with the home side ahead by a point. Cordal struck first with a well taken goal by Phillip O'Connor. Firies equalised with three unanswered points. It was tit for tat. The home side kept their nose in front scoring 3 points without reply. However, the visitors, going stronger, notched up two points. With the minimum between the teams, the sides exchanged points, Cordal from play and Firies with a last minute pointed free, to leave the score at the break: Cordal 1-4 Firies 0-6.

Firies started the second half strongly, with 3 unanswered points. Cordal replied with a point before Firies took control with goals from Stephen Foley and Mike Daly. Firies then went on a scoring spree putting over 5 points to 2 for Cordal and Firies ran out winners on a final score line of Firies 2-12 Cordal 1-7. The vice-chairman of the East Kerry Committee, Johnny Brosnan, presented man-of-the-match award to Firies player, Mike Daly.

THE TATLER JACK EAST REGION

MINOR LEAGUE: This year's Tatler Jack East Region Minor League is nearing completion. Firies reached the Division 1 Final against Gneeveguilla with a one point victory over Dr Crokes on Sunday, Final score: 2-14 to 2-13. The division 1 final will be played in Gneeveguilla and will be fixed for the first available date. The Division 3 final, Kilcummin V Fossa, has been refixed for Friday (26th August) in Kilcummin at 7pm. There will be extra time if necessary. The



teams to compete in the Division 2 Final, will be clear, after the round 5 back game, Rathmore V Cordal/Scartaglen has been played, this week.

MD O SHEA EAST KERRY U14

CHAMPIONSHIP: The MD O'Shea East Kerry U14 championship continues this week with games to determined what teams will compete in Divisions 3, 4 and 5 Quarter/Semi Finals.

MD O'SHEA EAST REGION U11 LEAGUE:

The MD O'Shea, East Region U11 league are down to the last few matches. The league will be completed with the last games on Wednesday night. Well done to all the teams and their mentors and many thanks to the referees.

KELLOGGS CUL CAMPS: East Kerry/Kenmare clubs completed the Cul Camps programme on Friday. Thanks to all clubs for providing such excellent facilities for all boys and girls during the camps. The standard of coaching was fantastic at all venues with all boys and girls enjoying the experience. Numbers in East Kerry/ Kenmare camps exceeded 1,200 boys and girls many thanks to all the parents that signed up children to complete the camps.

BEAUFORT NEWS

BEST WISHES: The very best of luck to the Kerry Senior and Minor teams and management in next Sundays All Ireland Semi Finals. Ciarraí Abú.

BEST OF LUCK: To Mike Breen and the Kerry Minors who play Kildare in the All Ireland Semi-final in Croke Park on Sunday. Also best of luck to the Kerry Seniors who play Dublin.

LOTTO: Results of Sunday, 21st August for jackpot of €5,600. Numbers drawn: 3, 5, 10, 22. No jackpot winner. Consolation Prizes: €80 Niall Roche, Beaufort. €50 Susan English, Beaufort, Maureen Hartnett, Gap of Dunloe, James Tobin, Beaufort. Next draw for jackpot of €5,800 will be held in Beaufort Bar on Sunday, 4th September. Tickets available in local shops, restaurants, bars and usual sellers. Lotto can also be done online.

FIXTURES: Under 14 Girls home Currow, Monday, 29th at 7pm in Round 1, East League. Under 12 Girls home Cromane, Tuesday, 30th at 6.30pm in Round 1, East League. Beaufort away Currow, Friday, 26th in Round 2, Barrett Cup. Winner away to Lispole in next round.

KITS FOR CLUBS: Thanks to everybody who put their receipts in the Beaufort Kits for Clubs box in PK's SuperValu, Killorglin. As a result, the Club has received a large amount of equipment including footballs, water bottles and training equipment. Thanks to Peter for presenting the equipment to the Club last week.

U16: Beaufort footballers sponsored by Killarney Credit Union County League Division 5 campaign came to an end on last Wednesday when they went down at the semi-final stages to a stronger Ardfert outfit. Ardfert were really on top from the start and, but for some

wayward shooting by their forwards and some great defensive performances for Beaufort where Patrick Crehan in goals and Jack Hallissey and Jack Coffey were outstanding, they might well have been much further ahead at half time. Additionally Ardfert were awarded a very dubious penalty in the first half but justice was done when the penalty taker drove the ball wide. At the interval Ardfert led 0-6 to 0-2 with Beaufort's points coming from Keith Floyd and William Joy.

The pattern for the second half remained unchanged with Ardfert continuing to dominate but Beaufort did create far more scoring opportunities but alas their finishing left a lot to be desired. Beaufort in fact failed to register a single score in that second half. Final Score: Ardfert 0-12 Beaufort 0-2

TEAM: Patrick Crehan, Mark Neary, Jack Hallissey, Jack Coffey, Keith Suter, Ciaran O'Sullivan, Shane O'Sullivan-Rouse, Ian McGillycuddy, William Joy (0-1), Eoghan O'Hagan, Sean Coffey, Jack Sweeney, Jason Coffey-Hallissey, Keith Floyd (0-1), Darragh Dennehy. Subs: Oisín O'Connor, Oisín Cronin and Max Doyle.

U16 LADIES: Beaufort Ladies sponsored by Marie and Derry Coffey of The Coffee Pot, Gap of Dunloe were beaten well by a strong Na Gaeil team in Tralee on Thursday evening. They play the same opposition again on Thursday evening where a big improvement is needed if they want to reach the Division 2 League Final.

SENIORS: Beaufort Sponsored BY Maurice Foley of MF Decorating played Milltown/Castlemaine in the final of the Mid Kerry Senior League at Keel GAA pitch on the 20th August 2016. There was a very strong breeze which aided Beaufort in the first half and rain earlier in the day left conditions on the pitch quiet slippery. Beaufort won the breaking ball and were off to a great start with James Coffey and Danny Healy each scoring a point within the first four minutes. Following a tackle on Liam Carey Beaufort was awarded a free, this was taken by Fergal Hallissey who safely kicked the ball over the bar. A few minutes later Nathan Breen of Beaufort fouled Gavin Horan of Milltown/Castlemaine and a free was awarded, this was to be taken by Johnathon O'Sullivan who put the first point on the board for the opposition. O'Sullivan had an opportunity to score his first goal of the game but this was skilfully saved by Beaufort keeper Mike Moriarty however the ball was still in play and a point was fisted over the bar by Gavin Horan. Ronan Ferris answered this a few minutes later scoring a great point putting Beaufort two points ahead after ten minutes. Following great workmanship between Padraig Hallissey, Niall O'Connor and Liam Carey, Carey scored a further point for Beaufort. A free was awarded to Milltown/Castlemaine in the fifteenth minute, this was taken by Johnathon O'Sullivan who brought the sides tally to three points. Milltown/Castlemaine's Donal Dennehy was shown a Yellow Card following a tackle on

Ronan Ferris who needed medical attention but recovered well and was able to continue playing. Play was stalled momentarily due to an argument in midfield between the players and following a discussion with both linesmen advantage was left to Beaufort and no names were noted, however the lull in play did not effect the Beaufort men as Fergal Hallissey went on to score a goal. A free was given to Milltown/Castlemaine when Michael John O'Connor tackled Johnathon O'Sullivan but this was kicked wide by O'Sullivan. Yet another free came when Liam Carey was tackled after he was passed the ball by Francis Courtney, Courtney took the free and scored a point. Courtney scored his second point of the game two minutes later after a great run of play involving Jason Foley, Liam Carey, James Coffey and Fergal Hallissey. There was great defensive work shown by Nathan Breen who put his man under serious pressure and managed to regain possession for Beaufort but the final attempt at scoring was kicked wide by Jason Foley. A free was given to Beaufort towards the end of the first half, this was taken by Fergal Hallissey but it was caught in front of the goal, however another free was awarded to Beaufort following a tackle on Jason Foley, this was taken by Francis Courtney who scored a point. Half Time Score Beaufort 1-08 Milltown/Castlemaine 0-03. Beaufort again won breaking ball in the second half but the opening scores went to Milltown/Castlemaine's Jeremiah Hayes who scored a point following a free and another there was a point from play for Donal Dennehy. Another free was awarded to Milltown/Castlemaine but this was kicked wide by Johnathon O'Sullivan. Beaufort made its first substitution after six minutes when Jason Foley was replaced by Shane O'Sullivan and Milltown/Castlemaine scored another point from play moments later. Over the next ten minutes both teams defended their respective goals well until a free was awarded to Milltown/Castlemaine, this was taken by Johnathon O'Sullivan who scored a point. Beaufort made its second substitution when Darragh Coffey came on for Padraig Hallissey. Another free was awarded to Milltown/Castlemaine, this was taken once again by Johnathon O'Sullivan who scored a point, and again scored another point from a free after Beaufort's Sean Kelliher was shown a Black Card, Kelliher was replaced by Jeremiah O'Sullivan. Milltown/Castlemaine's Gavin Horan was shown a Yellow Card but this did not have an effect on the side as Johnathon O'Sullivan went on to score a point and Horan scored a goal minutes later putting them two points ahead of Beaufort. Just as the rain started Beaufort made its final substitution when Ronan Ferris was replaced by Kevin Ferris. Shane Murphy of Milltown/Castlemaine scored the sides final point of the evening in the twenty-ninth minute and towards the end of added time Kevin Ferris scored the final point of the game for Beaufort. Full Time Score Milltown/Castlemaine 1-11 Beaufort 1-09



BEAUFORT: Mike Moriarty, Michael John O'Connor, Nathan Breen (Captain), Ger Hartnett, Jason Foley, James Coffey (0-01), Sean Kelliher, Padraig Hallissey, Sean Foley, Fergal Hallissey (1-2), Liam Carey (0-01), Ronan Ferris (0-01), Naill O'Connor, Francis Courtney (0-02), Danny Healy (0-01). Subs:- Brendan Cronin, Kevin Ferris (0-01), Conor Breen, Shane O'Sullivan, Jeremiah O'Sullivan, Sean Fogarty, Gary Coffey, Darragh Coffey, Gary Tangney, Padraig O'Sullivan, Cian O'Sullivan, Patrick Howell, Kevin O'Brien.

KERRY LADIES: Kerry Ladies bowed out of the All-Ireland Senior Championship at the quarter-final stage in Birr on Saturday. They were beaten by Monaghan. Beaufort players involved were Patrice Dennehy, Sarah Houlihan and Bernie Breen.

LISTRY NOTES

LOTTO RESULTS: Sunday 21st August, 2016
Winning Numbers 19, 22, 25, 26.

Jackpot €5,900, not won.

1 x €100 Seamus O'Brien C/o St. Finians.

2 x €50 Jate Coffey, Gary Maloney, Beaufort.

2 x €25 Margaret Horgan, Dennehy's.

Donal Counihan, Faha.

Draw Entrant Donal Counihan, Faha.

Jackpot next week Sunday August 28th €6,050.

SENIOR COUNTY LEAGUE: Listry played Laune Rangers in Killorglin last week, there was great support from both sides and it was a very entertaining game. Final Score: Laune Rangers 0-09 Listry 0-10. Listry now have nine points going into their last county league game at home against near neighbours Beaufort. This game will take place on Sunday, September 4th at 2pm. Please come along and show your support for what should be a great game.

CO. LEAGUE U-16 SEMI-FINAL 2016.

On Wednesday the 17th August 2016, Keel/Listry U-16s played St. Pats in the County League semi-final. The game was held at St. Pats ground in Blennerville on a dark wet evening. Having been well beaten a week earlier by a physically bigger St. Pats team, the conditions on the evening weren't any help to our boys. Keel/Listry didn't start well and the St. Pats mid field and half forward line were putting us under pressure. St. Pats had 2 points on the board and got a fortuitous goal before we got going. Strong running with the ball by our captain on the evening Barry Keane, brought us back into the game. Last week we couldn't win a kick out, but, the boys were more alert, regaining possession from the St. Pats kick outs resulted in a great period of dominance from

Keel/Listry. Cian Flynn and Barry Keane at mid-field were winning ball, Gearóid Murphy was strong at wing forward, Seán Foley and Killian Murphy completed a hard working half forward line and Dean Ladden, Micheál Buckley and Eoin O'Donell were all linking well in the full forward line. We hit 1-5 on the trot, a well taken goal by Eoin O'Donell was a great team score and we were back in the game. St. Pats were always dangerous going forward and kicked some great scores. At half time the score was St. Pats 2-7 Keel/Listry 1-5. We upped the pace in the second half and started brightly. Seán Langford in goal, Mark O'Brien, Paudie Horgan and Anthony O'Shea tightened up the full back line. Gary Murphy, Killian Broderick and Liam Clifford were growing in confidence in the half back line and attacked at every opportunity. We played great football in the second half and got some great team scores. Barry Keane scored a great goal off his left foot. This was a great reward for Barry who worked very hard all evening, and showed great composure despite the fact he was continuously fouled. Ruairi Murphy was introduced at half time and added excitement to the full forward line. Everyone of our players gave it everything in the second half and after scoring 1-6 we looked like we could go on and win the game. St. Pats are a good side and hit back with a point here and there to keep the scoreboard ticking over. We lost Seán Langford with a wrist injury and Cian Flynn took over in goal. Darragh O'Dowd came on at mid-field. Disaster struck when a high ball into our goal mouth seemed to be under control, we lost control, could possibly have got a free out, unfortunately the ball was forced over the line for a match winning goal for St. Pats. Our boys have great heart and continued to battle to the very end. A free out for Keel/Listry was overturned when tempers flared near the sideline. Still the boys battled on, we regained possession and when Barry Keane tapped down to Micheál Buckley in front of goal, Micheál was about to shoot when the referee blew the full time whistle. A cruel finish, most thought he had blown for a penalty. However, full marks to St. Pats and Keel/Listry U-16s boys. Both teams played fantastic football in difficult conditions. Best of luck to St. Pats in the final and hard luck to our wonderful boys who played their hearts out for Keel/Listry. The final score was St. Pats 3-11 Keel/Listry 2-11. Seán Evans came on near the end and it was nice to have Seán back again after a long injury. Thank you to all the parents for supporting the boys.

U10S ANNUAL BLITZ: Our U10s travelled to a rain drenched Milltown to take part in their annual blitz on Sunday August 21st. We were missing a few of our panel due to holidays so we drafted in two from our U9 team for the day. We played 3 games in our group. We had two wins against Laune Rangers and Spa and lost out to Austin Stacks. This meant we finished in second place which qualified us for the Division 2 semi finals. We had a narrow victory over Austin Stacks other team in the semi final. Next up were Fr Caseys from Abbeyfeale in the final. Our team battled hard but were beaten by a better team. It was a great achievement to reach the Division 2 final. Well done to all concerned. Thanks to all in Milltown Castlemaine GAA club for the invite and their efficient running of the blitz despite the inclement weather.

DR. CROKES NOTES

DR. BILL MANGAN MEMORIAL U10

HURLING TOURNAMENT: The 7th Annual Dr. Bill Mangan Juvenile Hurling Tournament, hosted and sponsored by the Trustees of Muckross House and organised in conjunction with the South Kerry Hurling Bord na nÓg, will take place on Saturday of the 27th August. As per previous years, there will be preliminary rounds on Wednesday, 24th August which will be held at Dr. Crokes GAA Club, Lewis Road, Killarney - throw-in at 6:30pm. Eight teams will compete to progress to the Cup, Shield & Plate Finals on Saturday, 27th August in the specially developed field, set in the middle of the Muckross Traditional Farms, located just a short distance from Muckross House - throw-in at 12:00pm. Teams from Dr. Crokes, Furies, Kenmare, Rathmore, St. Pat's (East Kerry) & Tralee Parnell's will participate.

WALK FOR AMY: Calling all Club members and Friends to support Walk for Amy on Saturday August 27th. Registration starts at 9am and walk will begin at 10am from Gleneagle Hotel to Muckross Abbey. Please wear Club Colours. We would like to see all members participate - walkers, buggies, bikes, babies all can come! It is a Family Day out and on the day there will be Face painting and Bouncy Castles. Please show your support for Amy and her Family. Donations on the day.

LOTTO: Lotto 3, 10, 14, 22. Jackpot €7500. Not won match 3 14 by €30. Next draw on Monday 29th of August in Tatler Jack.. Jackpot €7800.

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GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto draw 19/08/2016, numbers drawn were 3, 14, 25 & 27. Sellers prize winner: Shelia O'Donoghue, €50 Y/T to Baby Sinead Galvin f/Fore, €50 to Liz Lane Newmarket, €40 each to Donal Vaughan Ballydesmond, Sinead Galvin F/Fore, Margaret Coughlan Douglas Cork. Bonus not won numbers drawn were 3, 11, 23 & 30. Next week's jackpot €13,800 plus €1,000 bonus.

COMMUNITY GAMES NATIONAL FINALS:

At the National finals held in Athlone Shona O'Brien won gold in U16 1500m, Donal O'Sullivan was 4th in U17 200m and he was part of Kenmare relay team that were 2nd in 4 x 100m. Jack Greaney even though won his hurdles semi-final on Saturday was edged out on Sundays final.

NATIONAL MASTERS: Held in Tullamore on Sunday last, Catherine O'Sullivan Moynihan was 1st in LJ O35 and 3rd in 100m O35, Annette O'Brien O40 was 1st in HJ & 2nd in LJ, Norma O'Connor O45 was 3rd in HJ, Eileen Riordan O45 was 1st in Discus & 3rd in Hammer. Shelia O'Donoghue was 1st in shot & 1st in Hammer. The relay team of Catherine O'Sullivan Moynihan, Norma O'Connor, Annette O'Brien & Elaine Cronin were 1st in 4x 100m, so they have 5 in a row All Ireland Medals. Congratulations to all.

TRALEE FESTIVAL RACE: John Barrett was 1st O45, Siobhan Daly was 3rd Lady Home.

TOM FITZPATRICK MEMORIAL RACE: Held in Liscarroll Maurice Fehan was 3rd senior overall.

TRAINING: Cross country training programme for all ages will commence in Barradubh on Friday 2nd September at 6.30 pm in Barradubh field, Monday 5th in Gneeveguilla & Tuesday 6th in Boherbue all at 6.30 pm.

FARRANFORE MAINE VALLEY ATHLETIC CLUB

The National Community Games Finals, Weekend 2 was held in Athlone IT last weekend. Kerry county did very well with many boys and girls making it to there relevant finals and standing on the podium. Leanne Cronin won Bronze in the U16 Discus, Leah Foley won Gold in the U12 Ball Throw, Cian Spillane won gold in the U12 600m and Liath Lenihan made it to the finals of the U14 Hurdles. Full results can be found on the Community Games website.

THE NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS:

Were held in Tullamore on Sunday 21st August. Jim O'Shea competing in the O70 category continues to dominate winning High Jump & Long Jump and second in the 100m sprint. John Coleman competing in the O40 category was placed first in the Hammer. Jerome Foley competing in the O50 category 800m and 400m. No podium positions this time. Michael O'Connor competed in the O65 5Km Race Walk where he finished first.

Competing as members of the BorgWarner Tralee relay teams who competed in the Hardman Iron Distance Triathlon National Championships in Killarney on Saturday 20th August was George & Maria McCarthy. In what was horrendous weather conditions, Maria completed the 180Km Ring of Kerry cycle leg in a time of 6hrs 45mins & George did the marathon leg which was three laps of the Killarney National Park in a time of 2:46:52. Timothy Horgan completed the whole event (3.8Km swim, 180Km cycle & 42.2Km Run) and is now the National Triathlon long distance Champion in his age category. A great achievement.

Well done to all our athletes who competed in the Rose Of Tralee 10Km.

OPEN SPORTS DAY: The club will be hosting there annual Open Sports Day on Sunday 11th September at the GAA grounds in Farranfore. Starting at 2pm, It is planned to be a outing for the whole family with the main emphasis on fun. It is a great introduction to athletics sport if anyone is interested in their children taking part in athletics. You do not need to be a member of an athletics club to participate. See our website for list of events. Admission: €3 and €10 for family.

CLUB SOCIAL OUTING: The club has organised a guided walk for all club members of the Muckross Peninsula in Killarney for Saturday 3rd September. It is a great opportunity for members to get to know each other. Meet at entrance to Muckross Traditional Farm for 11am. Track & Trail walk which is 6/7Km low level, suitable for everyone of 8yrs and over. Duration 1.5/2 hrs. Wear comfortable footwear (trainers) and rain jacket. Bring a packed lunch for after the walk.

CLUB TRAINING: Juvenile Training will start up on Tuesday 6th September in Farranfore GAA grounds starting at 6pm. This will be in preparation for the Cross Country Championships which will kick of first week in October. €2 per session

POLE VAULT & TRIPLE JUMP COACHING

WEEKEND: Saturday 10th & Sunday 11th September from 10am to 5pm in Templemore Track. Refer to Munster Athletics website for full details.

ATHLETIC'S FIXTURES: Sunday 11th Sept, Open Sports Day, Farranfore GAA Grounds, 2pm. Cross Country season commences in October.

CYCLING NEWS

LEACY TAKES COUNTY CHAMPIONSHIP

AFTER 3 MAN BREAKAWAY: With over 60 riders taking to the start line of the Senior County Championships on a damp evening in Cordal Sean Leacy knew he needed to be alert from the off. And over the first two laps he covered all the attempted breaks and then jumped clear himself. He was joined by Connor Kissane and Cormac Daly and the three opened a lead of over a minute from the peloton that

was never able to reel them in.

Lacey was always the stronger on the night and broke away himself on the second last climb of Ardmona and took his second County Championship title and Michael Blackwell Memorial Cup.

In the end it was Kissane (Killarney CC) who took second as well as the A2 title from Daly (Tralee Manor West iBike) who was the second A2 rider home with his club mate Ronan O'Shea in third.

Tralee Manor West iBike had a clean sweep in the A3's with Ross Culloty winning from Sean McCarron and Tom Gentleman.

The Chain Gang were celebrating with the first two riders home in the A4's. Michael O'Shea took the win as well as being the first in the Masters Over 40. Chris Murray was second in the A4's as well as being the first Over 50 home. Shane Fleming was third in the A4 category.

Suzanne O'Sullivan (Currow CC) continued her great form winning the Ladies County Championship with Ciara Tierney in second.

The Breen Family Shield for the Best Team in the County Championships went to Tralee Manor West iBike.

MILTOWN/LISTRY COMMUNITY GAMES

WEEKEND 2: After our great success in weekend 1 we then had 2 of our athletes competing in weekend 2. First into action for us and Kerry on Friday evening was Leanne Cronin who was competing in the U16 Discus. She threw excellently and came 3rd thereby winning the bronze medal. This was a great reward for her training and dedication to the discus event.

After his 2 great team successes last weekend Cian Spillane was chasing his 3rd medal of the national finals. This time it was his own individual event of the U12 600m. In his semi final on Saturday he finished quite comfortably in 2nd. The final then on Sunday was very much a tactical race. This did not phase Cian in the slightest and he powered down the finishing straight to win well on the line. This meant he had won 3 golds over the 2 weekends which was an outstanding achievement on his part.

We congratulate both Leanne and Cian on their successes and hope they and their families will have treasured memories of their time in Athlone.

KILLARNEY SOUTH COMMUNITY GAMES NOTES

Weekend 2 of the National Finals took place last weekend in Athlone and the area had 13 athletes taking part. The u13 mixed relay team of Aaron O'Sullivan, Jason Lee, Aoibhinn Evans, Ellen Moloney and Holly Spellman performed very well and got past heat 1 and just missed out on the final on the line in the semi. In the u14 hurdles Jack Greaney performed very well



and with a powerful finish won his heat and again just missed out on the line in the semi. Emma O'Sullivan in u10 hurdles went all the way to the final and performed very well and was just outside the medals. The u12 boys squad performed very strongly and were second in heat one won their semi and with a great run in the final captured the bronze medals. This is a brilliant achievement bringing 6 more national medals to the area the squad was Karl McCarty, Conor Gamell, Teddy Muldoon, Alex Hennigan, Dara Looney, Robbie Hartnett, congrats to all especially to Anthony Greaney for his coaching in Castleisland all summer and to Philip Gamell and Billy Hennigan for their coaching on the day and to all the parents for their support and patience. Well done also to Fossa u12 girls who trained with our teams all summer and performed excellently just missing out on the medals in the final.

REMINDER: Bag packing takes place on Friday and Saturday 2nd and 3rd of September and we are appealing to all parents in the area whose kids took part in any event ie athletics swimming indoor soccer to please give a few hours of their time in Dunnes Stores. Please support this important fundraiser full details to follow.

WORKMEN'S ROWING CLUB

HUGE SUCCESS AT ALL-IRELAND COASTAL ROWING CHAMPSHIPS: Ballyshannon, Co. Donegal hosted 2,700 rowers in 500 crews for the All-Ireland Coastal Rowing Championships. Workmen's Rowing Club had 26 crews in total from Under 14s to Masters who had been training hard for this highlight of the Coastal Rowing Year.

Workmen's Rowing Club represented Killarney Town admirably, coming home with an amazing 3 gold and 3 silver medals. The women's U16, U18 and U21 crews were an absolute force to be reckoned with at the finals on day 3, and stormed home each time winning gold. Congratulations to Siobhán Burns, Ciara Moynihan, Ciara Brown, Annie O'Donoghue

and Leona Brown along with Coxes Mikey Joe Burns and Michael O'Donoghue, on this fantastic achievement in the All-Irelands. The Vatern Mixed, Vatern Ladies and Vatern Men all powered to the finish line, taking Silvers for the Workmen!! Here's to Sylvie Bartlett, John O'Leary, Timmy Moynihan and Hugh Rudden, Anne Moynihan, Mary Moynihan, Pauline O'Brien and Derva Ireland, with of course Mikey Joe as Cox.

Indeed all of our other crews rowed with gusto, and our U16, and U21 boys were only outside the medals by the narrowest of margins, claiming two 4ths and a 5th place in finals. Well done Dylan Bartlett, David Bartlett, Ruadhán Mac Curtáin, Tom O'Leary, Jakub Kunicki, Michael O'Donoghue, Marc Woodard and Seán Farndon. Coxes Timmy Moynihan, Mikey Joe Burns and Michael O'Donoghue.

Our Pre- Vet Mixed Crew were also just pipped for bronze... a fantastic row and well done Timmy Moynihan, Anne Moynihan, Pauline O'Brien and Anthony McCarthy.

Also our U14 girls and U16 boys deserve our utmost respect, tackling that course in Ballyshannon with ease, and just coming in outside finals qualification. Hats off to Sarah O'Leary, Abigail Gallagher, Ellen Farndon, Kate Rudden, Ross Mc Carthy, Caolán Ireland and Seán Farndon.

Where does one begin with the acknowledgements?? So many to mention... everyone played a part in travel arrangements, lifting, towing, catering, financing but a special word of thanks this time must go to Pat O'Donoghue for his energy and amazing organisational abilities in pulling off what was and will be remembered for a long time as 'The Trip to Donegal'.

Thanks also to Donegal Bay Rowing Club for hosting this event and to the Bluestack Centre, Donegal Town, for being our gracious hosts for the 5 nights away.

BIRTHDAY GREETINGS: A belated Happy Birthday to Mary O'Donoghue who celebrated her birthday on the 21st, and thanks Mary for all you help in Donegal. Also belated greetings

to Meadhbh Ní Churtáin who celebrated her birthday on the 19th August.

EXAM RESULTS: Well done to everyone on their Leaving Certificate exam results, especially our very own Michael O'Donoghue!!!

TRAINING NEWS: There is a brief break from training to recharge the batteries for the next couple of weeks. If the successes of Paul and Gary O'Donovan have whetted your appetite for rowing, then you are more than welcome to join us. Workmen's Rowing Club have a huge tradition of rowing in Killarney and we train for different genre of rowing all year round.. from Olympic Sculling, Killarney Sixes, Gig and Coastal.

Contact May Burns for more information: 086 8098182.

For a full list of upcoming rowing events and other information about the sport of rowing, please visit www.rowingireland.ie

Why not keep in touch with us by liking us on facebook: 'Workmen's Rowing Club'.

FOSSA COMMUNITY GAMES NOTES

Fossa was well represented last weekend in Athlone in the Community Games national finals. It turned out to be a very wet and damp weekend but our athletes brightened up Sunday with their great performances.

Congratulations to Ciara Kennelly who won a Gold medal in the U16 High Jump. Ciara is a very talented athlete and produced the goods on the big occasion.

Our relay team did fantastic - 5th fastest in the country - unfortunately just outside the medals but they can very proud of themselves. The relay team was Alison Butler, Melissa Ahern, Alicia Burke, Rachel Wallace and Abigail Murphy. The girls have put in a great effort training twice weekly since the county finals in June along with their coaches Katherine and Noreen.

Orlagh Dinneen put in a great performance in the U16 Marathon running a Personal Best in the process.

Congratulations to you all well done on all your



UNBEATABLE: ALL-IRELAND RELAY WINNERS 5 YEARS IN A ROW FOR GNEEVEGUILLA AC LADIES! ELAINE CRONIN; NORMA O'CONNOR; CATHERINE MOYNIHAN; ANETTE O'BRIEN; EILEEN RIORDAN; SHEILA O'DONOGHUE; MISSING FROM THE PIC ARE BRID STACK & JENNIFER WALSH AT THE NATIONAL MASTERS TRACK & FIELD ALL-IRELAND CHAMPIONSHIPS ON SUNDAY 21ST AUGUST IN TULLAMORE CO. OFFALY.



KILLARNEY SOUTH U12 BOYS RELAY TEAM, WHO WON BRONZE MEDALS IN THE NATIONAL FINALS IN ATHLONE ON 21/08/2016. IN A VERY EXCITING FINAL, THE BOYS FINISHED IN A BLANKET FINISH, JUST BEHIND GALWAY AND CLARE. PHOTO LEFT TO RIGHT: DARA LOONEY, ALEX HENNIGAN, KARL MCCARTHY, CONOR GAMMELL, TEDDY MULDOON & ROBBIE HARNETT.



hard work and effort you've all done Fossa proud.

The season is over and we would like to thank all the volunteers and families who supported, trained the various teams and helped make 2016 such a fun and successful year. Special mention to our Chairperson Katherine Butler who must have a doppelganger she was able to attend so many events and meetings and also to our secretary Amanda O'Brien who trained teams, registered all our participants and travelled to Athlone the last two weekends to support our finalists, Fossa Community games would not function without you ladies.

ST. BRENDAN'S ROWING CLUB

CONGRATULATIONS: Congratulations to Shona O'Brien who came first in her 1500m u16 race in the community games. Well done.

GOOD LUCK: Good luck to all of our leaving cert students who accepted CAO offers this week and are off to college. Hope everything goes well for you.

CLUB MEMBERS LOTTO: Congratulations to our winners of this weeks club lotto 1st place No. 43 Adrian Hegarty and 2nd place No. 9 Andrew Hegarty.

NEW MEMBERS: New members are always welcome for both sliding and sixing so if you think rowing might be the sport for you why not come and give it a try. Please contact any of the numbers below if you would like to arrange a practice session.

CONTACT: Any enquiries please contact Ciarán Cronin 086 038 0272.

Nicola Morgan 086 079 8507.

Ciaran Sheehan 085 148 7743.

or email stbrendansrowingclub@gmail.com

Editor: Aisling Crosbie 086 0400 958 or Email: editorial@outlookmags.com

Deadline: 3pm Monday

KILLARNEY SOCCER

KILLARNEY CELTIC NOTES

WALK FOR AMY: The Walk for Amy takes place on August 27th starting at the Gleneagle Hotel at 9am, an event that Killarney Celtic are very proud to take part in and promote. Any member who can take part is asked to do so to support this very important fundraising cause. Full details are on the Walk For Amy Facebook page.

STETSONS AND STILETTOS: Killarney Celtic in conjunction with the INEC are pleased to announce 'Stetsons and Stilettos' in the INEC on Friday, September 23rd, the ultimate Garth Brooks Experience featuring Trevor Smith and local artists. Tickets will shortly be available from all club members.

KILLARNEY CELTIC GOLF CLASSIC: The Club Golf Classic at Beaufort Golf Club has been changed to Friday October 7th - tee times from 1.30pm and Saturday October 8th from 7.00am. Contact Tim Lyne on 086 0522506 to book tee times. The date has been changed due to unforeseen circumstances. Please support as it is a very important fundraiser for the club.

NEW SEASON: With the new season starting shortly, the club would love to hear from any partners who would like to be associated with our great club and sponsor a set of gear for one or more of our underage teams. Killarney

Celtic had 16 teams from U11 to U16 in constant action last year, plus our U17 team, non-competitive coaching and blitzes for big numbers from U7 to U10, Football for All, and our Soccer Tots Programme. Contact any executive member or message us on facebook for details.

SCHEDULED TRAINING TIMES: These are the initial training times for the various boys teams as the season gets underway - please note, these will be subject to change. Girls training times (their season starts a bit later) will be announced when available.

Under 11 (born 2006) Wed 5.30-7pm.

Under 12 (2005) Tuesday 5-6.30pm.

Under 13 (2004) Thursday 6.30-8pm.

Under 14 (2003) Monday 6-7.30pm.

Under 15 (2002) Monday 7-8.30pm.

Under 16 (2001) Thursday 8-9.30pm.

Youths and U17 training is back on Tuesday's at 7.30pm and Friday's from 7pm.

LOTTO: Numbers drawn 10, 17, 19, 20. No winner, two x match 3, Anthony O'Sullivan, Lackabane, Matt c/o The Laune, €75 each. Next week's jackpot €3800, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

SCHOOLBOY/GIRL SOCCER

KERRY'S LATEST BOYS IN GREEN:

Following on from Dillon Robinson's debut for the Irish u17's last week this weekend it was the turn of The Park's Sean McGrath and Tralee Dynamos Sean Kennedy to pull on the Green of Ireland at u15 level.

The boys were part of team at the Hibernia Cup that played Wolves drawing 0-0, the Northern Ireland Development Squad going down 3-1, Ipswich winning 3-1 and Sunderland also winning 1-0 in the Group stage. In the final Northern Ireland beat Glasgow Celtic while Ireland finished off with a 2-0 win over Norwich. Also at the tournament Killorglin's Jack O'Connor was a guest player with Ipswich Town.

There is interest from cross channel in a number of Kerry players at the moment and some of these will be travelling in the coming days and weeks on the first step to a possible contract signing.



#lovekillarney

CO JUNIOR LEAGUE DIC 1 FINAL. LEGION V GNEVEGUILLA.

BACK L-R: DEREK TWOMEY, DANIEL O'DONOGHUE, MIKE PIERCE, GAVIN MORIARTY, CONOR CULLOTY, KJ GRIFFIN, SCOTTIE O'MAHONY, ADAM MOYNIHAN, DONAL LYNE AND CONNIE O'LEARY.

FRONT L-R: MICHAEL CRONIN, ANDY SULLIVAN, ADAM MOYNIHAN, CIARÁN LYNE, KEVIN BREEN, SEAN MCCARTHY, ROB LEEN, DYLAN TRANT, FIONNBARR MURPHY, CONOR MCCARTHY AND BRIAN DOOLAN.

PIC: TOMMY REGAN.

KILLORGLIN GOLF CLUB.

LADIES RESULTS: 18 HOLE V PAR SPONSORED BY KERRY PHOTO STORES:

1. Eleanor McCarthy (24) +6. 2. Phil Anne Foley (36) +3. 3. Betty Griffin (36) +2.

FIXTURES: Lady Captain Anne Kenny Foley's away weekend to Charleville is this Saturday 27th August. 18 Hole Singles Stableford sponsored by Moriarty's the Gap. All are asked to be at Club House in Charleville at 11am on Saturday.

SILVER SWANS 12 HOLE STABLEFORD 16/8/2016: 1. Eleanor Dowd (23) 28 pts. 2. Eileen Bell (26) 27 -2 = 25 pts (B9). 3. Betty Griffin (36) 25 pts (B6).

The Puck Fair 12 Hole re-entry stableford sponsored by Peter Keane SuperValu finishes Saturday 27th August. Open to Green Fees. Entry sheet in Ladies locker room. Next 12 Hole re-entry Stableford sponsored by Lady Member Agnes O'Connor starts Sunday 28th August. Lady President Betty Foley's Prize day is on Saturday 3rd September. Names to be in by Tuesday 30th August for a draw for partners. Time Sheet.

ROSS GOLF CLUB

GENTS CLUB:

FIXTURES: On Saturday August 27th at 4pm (shotgun start) we will hold a scramble open to teams of three persons, open to ladies and gents and followed by a BBQ. Each team must have at least one non-member and entry will be confined to the first 15 teams. Bring your own team or take your chances on the entry sheet. Cost to members will be €10 and non-members will be €15, including the barbeque. Please get your name on the entry sheet before 2pm on Friday as entries close at that time.

On Sunday August 28th we will hold an 18 hole single stableford competition. The time sheet is now available in the clubhouse so please add your name to it as soon as possible.

9 HOLE WEEKLY OPEN COMPETITION:

The Ross Golf Course weekly 9 hole open competition continues every week. It runs from Monday (am) to Saturday (pm). Each entry will cost members €5 and you can enter as often as you like. Cost for visitors will be €15 including green fee and visitors re-entry will cost €10 including green fee.

CLUB SINGLE MATCHPLAY: Any outstanding matches in the Killarney Trophy & Medal Centre Club Single Matchplay championship must be played immediately.

PRESIDENTS PRIZE: Please note that Donie Mulcahy's Presidents Prize will be held on Saturday September 10th and will be a single stableford competition - more details later.

KILLARNEY GOLF CLUB - LADIES

RESULTS OF PAT COURTNEY MEMORIAL MIXED FOURSOMES: SUNDAY 21ST AUGUST.

1st James Curran (9) Agnes Curran (19) 44 pts.
2nd Pat Kelliher (14) Liz Kelliher (19) 41 pts.
BG Eoin O'Donoghue (9) Kelly Brotherton (0) 34 pts.



AT THE PRESENTATION OF PRIZES OF THE KILLARNEY GOLF CLUB PAT COURTNEY MEMORIAL MIXED FOURSOMES PRIZE AT THE MAHONY'S POINT COURSE WERE FRONT FROM LEFT, CLAIRE COURTNEY, AGNES AND JAMES CURRAN, WINNERS AND MARY O'ROURKE, LADY CAPTAIN. BACK FROM LEFT ARE KELLY BROTHERTON, BRENDAN AND KATHLEEN BROSNAN, BRIDIE AND BRIAN FITZGERALD, ARTHUR HANLEY, PRESIDENT, LIAM HARTNETT, CAPTAIN, AND EOIN O'DONOGHUE. PICTURE: EAMONN KEOGH.

3rd Vincent Meade (19) Nuala Meade (19) 40 pts (bk9).

4th Tadhg Gallivan (13) Annemarie Gallivan (20) 40 pts.

5th Brian Fitzgerald (15) Bridie Fitzgerald (16) 39 pts (bk9).

6th Brendan Brosnan (13) Kathleen Brosnan 39 pts.

7th Sylvester Murphy (17) Susan Tong (16) 39 pts.

Next Sundays competition will be sponsored by Killeen House Hotel, singles/stroke, Mahony's

BEAUFORT GOLF CLUB LADIES

RESULTS

20TH/21ST AUGUST - RD 5 GOTY - SPONSORED BY MUSCRAI CONSTRUCTION

1st Renee Clifford (26) 79 Nett.

2nd Catherine Murphy (26) 80 Nett.

3rd Teresa Clifford (28) 80 Nett.

FIXTURES: 27th/28th August - 18 Hole Stableford - Sponsored by Ladies Branch.

BEAUFORT GOLF CLUB

MENS

17TH AUGUST: OPEN SCRAMBLE - Tony McMahon, Gerry Collins and Noleen Mackessey 28 6/7.

18TH AUGUST: OPEN SENIORS - 1st Jerry O'Shea, 2nd Fred Kennedy.

19TH AUGUST: OPEN FRIDAY - 1st Paul Mulcahy, Beaufort GC (19) 34pts.

20TH/21ST AUGUST: STROKEPLAY, WHITE TEES, SPONSORED BY O'DONOGHUE RING HOTELS.

1st Denis Brosnan (7) 70 Nett.

2nd Michael John O'Connor (12) 74 Nett.

3rd David Moloney (10) 74 Nett.

CSS: Sat 72, Sun 73.

FIXTURES:

Every Wednesday: Open Scramble at 6pm, includes hot food.

Every Thursday: Open Seniors at 10am.

Every Friday: Open Friday, singles stableford, entry is €25 with a great prize for the best lady's

or gent's card.

27th/28th August: 18 hole stableford, white tees. Sponsored by The Golf Shop, College St.

PITCH & PUTT NEWS

Last Sunday the Kerry Match-Play finals took place in Newmarket in adverse weather conditions. Although the course was playing hard and the weather too added there were some very tight encounters across the grades.

In the Junior grade some of the locals put in some stellar performances with Alan Dugdale making the final. On the other side Padraig Hobbart from the Tralee club overcame the challenge of local Kevin O'Connor. In the final it was the Tralee man who prevailed winning on the seventeenth hole. This was Padraig's first County title having coming in fifth in the recent All Ireland Stroke-Play Finals.

In the Intermediates three of the semi finalists were from Tralee Jason Cregan, Alan Hobbart and Eamon Sheehy. In the first semi Alan Hobbart took care of his good friend Jason to progress to the final. While in the second semi it was Eamon who overcame the challenge of Castleisland's Timmy Looney Jnr. In the finals which were cut back to eighteen holes from thirty-six due to the weather conditions. A tight affair between the Tralee men who play each other regularly up on the Killeen course with some fantastic play throughout it was Eamon Sheehy who came through to win his first County title at this level.

In the Seniors it took the fourth tie hole to separate Tralee's Tony Blake and Deerpark's St. John Kelliher with the Killarney man prevailing. In the other semi it was a repetition of last year's semi in Deerpark with Sean Kelly and Damien Fleming up against each other and again it was Sean who made it through to the final. In the final it was St. John who went on to win his first County title. A special mention to the sponsors of this event were the Newmarket Credit Union. The Tralee Pitch and Putt Club will host the Munster Mixed Foursomes this coming Sunday up on the Killeen course.



AT THE PRESENTATION OF THE FEDERATION OF KERRY GOLF CLUBS JB. O'SHEA MEMORIAL PRIZE AT KILLARNEY GOLF CLUB WERE FRONT FROM LEFT, DAN O'CONNOR, AIDAN O'SHEA, MICHAEL HAYES, JOHN LOHAN, CAPTAIN OF THE WINNING BALLYHEIGUE CASTLE GOLF CLUB, PAT DILLANE AND JACK BUCKLEY, CAPTAIN OF THE FEDERATION OF CO. KERRY GOLF CLUBS. AT BACK ARE THE SECOND PLACE CASTLEISLAND GOLF CLUB TEAM, FROM LEFT, JOHN MANTON, BRENDAN MULLINS, PATSY SWEENEY AND PATSY O'SULLIVAN. PICTURE: EAMONN KEOGH.

CASTLEROSSE GOLF CLUB, RESULTS: COMPETITION PLAYED ON SUNDAY 21ST AUGUST SPONSORED BY THE CASTLEROSSE HOTEL & LEISURE CENTRE, 18 HOLE STABLEFORD:

1st Steve Shine (18) 37 pts, Runner-up, John Purcell (26) 37 pts, 3rd place, Donal O'Reilly (19) 36 pts.

RESULT OF MIXED SCRAMBLE PLAYED ON WEDNESDAY 17TH AUGUST: Best net return, John O'Reilly, Rosemary O'Sullivan & Mary Tobin.

FIXTURES: Weekend competition, 18 Hole Strokeplay.

Mixed Scramble continue each Tuesday evening draw at 6.15pm, meet at clubhouse. Competition open to all golfers, Ladies & Gents. Result of Ladies competition sponsored by the Castlerosse Hotel & Leisure Centre, played on Saturday 21st August.

Winner, Mary O'Reilly, runner-up, Myra O'Gorman, overall 3rd place, Rosaleen Kennedy.

DEERPARK PITCH & PUTT NOTES

WEDNESDAY EVENING FOURBALL AUGUST 17TH NETT:

Garoid Cronin, Eileen Switzer and Michael Cotter (32) Gross Ger Casey, Sheila O'Donoghue and Colm Cagney (42). Wednesday Evening competition continue at the earlier time of 6.45pm.

NATIONAL U-16 INTER-COUNTY IN CLONEA:

Last weekend was a most successful one for the

Kerry U-16 team which finished second in the inter-county competition at Clonea Co Meath. The team included the following Deerpark members Gerard Cronin, Colm Cagney, Jack McCarthy Lorcan Martin, Paraic Looney, Cilian Courtney. In the singles section Lorcan Martin finished in 2nd place with a score of 102 and Paraic Looney in 3rd place with a score of 104 while Cilian Courtney won the 10 - 13 age group with a score of 107.

A special word of thanks to the U-16 officers and parents both of whom contributed to the success of the event.

COUNTY MATCH-PLAY: Congratulations to St John Kelliher who narrowly edged out Sean Kelly to win his first senior title in Newmarket at the weekend.

MUNSTER MIXED COMPETITION: Best wishes are extended to Betty O'Brien and Sheila O'Donoghue who will compete in the Munster Mixed competition in Tralee at the weekend

DANNY NOLAN ON THIS FRIDAY AUGUST 26TH:

The annual Danny Nolan 3-Ball 18 Hole Scramble will be played in Deerpark this Friday August 26th 6.15pm. The competition is open to members and non members with an entry fee of €5.

SENIORS OUTING: Next seniors outing will be to Newmarket on Wednesday September 7th, 10 am. Social evening to follow. Challenge Deerpark v Newmarket on Saturday September 17th .Details to follow.

KILLARNEY GOLF AND FISHING CLUB

MEN'S CLUB REPORT AND RESULTS:

Club Captain Liam Hartnett, will be spearheading a group of nineteen members of the Men's Club who will, this weekend, be embarking on their biennial trip to South Wales, and taking in a game of golf at Tramore en-route. The trip, which has been a great success in the past, takes on a very significant milestone this year, as we celebrate 50 years of friendship with our sister club Southerndown. It was in 1966 that a group of their members came to Killarney for the very first time, and immediately the bond of friendship was sealed, which culminated with the "twinning" of our clubs in 1968. There are many anecdotes regarding the early years, but one of the more memorable ones was recently recalled by Ivo O'Sullivan who was the former Captain of our Club in 1966, and went as follows, that as the evening festivities wore on, the Captain of Southerndown in a speech intimated that "Ye have beaten us in boxing, ye have beaten us in Rugby, ye have beaten us in our golf game, but the unkindest cut of all, is that ye are now beating us in singing". The trip will include three games of golf, firstly at Tramore where we will play against a team of their members, then on Saturday we will likewise play against Southerndown, and finally on Sunday we will be playing at Pyle and Kenfig, and taking in the Kerry Vs Dublin game there in the P.M. returning to Killarney on Monday next.

Men's Club Handicap Secretary James Curran who in partnership with his mother Agnes, won the "Pat Courtney Memorial" mixed foursomes competition with the magnificent score of 44 points, they won by a margin of three points, which was an excellent result in the blustery and inclement weather of Sunday the 21st of August, and by way of almost "keeping it in the family" so to speak, James's uncle, and Agnes's brother Brian Fitzgerald who in partnership with his good Lady wife Bridie, were in third position. Club Captain Liam Hartnett, at a recent meeting of the Men's Club passed on sincere condolences on his own behalf, and on behalf of all of the members of our Club, on the recent passing of Aileen Rohan (nee Ferris), to Aileen's husband Mark Rohan, and to the extended Rohan, Ferris and Neeson families who comprise a large number of the members of our Club between the three families.



AT THE PRESENTATION OF PRIZES OF THE KILLARNEY GOLF CLUB PAT COURTNEY MEMORIAL MIXED FOURSOMES PRIZE AT THE MAHONY'S POINT COURSE WERE FROM LEFT, CLAIRE COURTNEY, AGNES AND JAMES CURRAN, WINNERS AND MARY O'ROURKE, LADY CAPTAIN. PICTURE: EAMONN KEOGH.



CHRISTIAN CASEY, KILLARNEY GOLF CLUB, CELEBRATES A HOLE IN ONE ON THE 4TH ROUND AT MAHONY'S POINT, KILLARNEY DURING THE KERRY JUNIOR LEAGUE COMPETITION AT KILLARNEY GOLF AND FISHING CLUB. HE IS PICTURED HERE WITH MIKE McAULIFFE AND NED BROSNAN, KILLARNEY GOLF CLUB JUNIOR OFFICERS, JACK BUCKLEY, CAPTAIN OF THE FEDERATION OF CO. KERRY GOLF CLUBS AND PAT O'DWYER, KERRY JUNIOR GOLF OFFICER. PICTURE: EAMONN KEOGH.



MOTOR SPORT

DUGGAN WINS JUNIOR BRITISH RALLY TITLE



Victory for Killarney pair Rob Duggan and Ger Conway in the Junior category of the John Mulholland Motors Ulster Rally at the weekend clinched the DMACK Junior title in the British Rally Championship for the Kerry duo. This was their fourth Junior win of the year.

This lucrative prize provides funding for Duggan, last year's Motorsport Ireland Young Rally Driver of the Year and the current holder of the Billy Coleman Award, to take a huge step forward in his rally career by tackling five rounds of next year's World Rally Championship.

The only problem Duggan had during the two days of stages in the Sperrin Mountains was when he bent a suspension arm on his Vauxhall Adam on the second of fourteen stages, but his service crew replaced it and he stayed well clear of his title rival, Sindre Furuseth of Norway, to the finish, winning by almost two minutes.



KERRY FACE DUBLIN IN SEMI FINAL SHOWDOWN

Next Sunday's much anticipated All Ireland semi final showdown between Kerry and Dublin in Croke Park is certainly a season defining game for both sides. It goes without saying that, when it comes to championship fare, Dublin have certainly turned the tables on Kerry in recent years and if losses to the Metropolitans in two All Ireland Finals and a semi final is not enough, just last April Kerry were also handed a drubbing in the League final. So Kerry supporters are under no illusions as to what faces them on Sunday next against a side whose consistency has been their hallmark particularly since Jim Gavin took over the reins. We wish the Kerry management and players the best of luck on Sunday and hopefully an All Ireland Final date on 18th September will be their reward.

KERRY MINORS TAKE ON KILDARE

Kildare stand in the way of Kerry reaching a third successive All Ireland final when the sides clash in the semi final in the curtain raiser at Croke Park on Sunday next (1:30pm). Kerry of course, under the stewardship of Jack O'Connor, are champions of this grade for the past two years and so far the transition to the new team management headed up by Peter Keane has been seamless.

KERRY GAA SUPPORTERS CLUB - BUSES TO CROKE PARK

The Kerry Supporters Club is taking buses to the All-Ireland semi finals in Croke Park on Sunday next. Departure times on Sunday morning are as follows: Farranfore 6:30, Tralee 7:00, Listowel 7:30am. For bookings please contact any of the following: John King 066 7124229, Donie O'Leary 064 7758099 or Martin Leane 068 48116

CREDIT UNION SENIOR FOOTBALL LEAGUE ROUNDUP

Division 2

In Division 2, An Ghaeltacht's victory over Listowel Emmets on Saturday last has put them into second place in the table a point behind leaders Rathmore who return to Division 1 and top the table on 15 points. St Marys are third on 13 points and Spa, who defeated Finuge in a vital back game to both sides last weekend, are just a point behind on 12.

Division 3

In Division 3, there was a big upset on Sunday when leaders Currow, who needed just one point to go up as champions, were beaten by St Senans who were looking for both points in a bid to avoid relegation. Currow stay on 14 points at the top, St Pats, Annascaul and Ardfert are all on 13 points but Ardfert, who defeated Beale in a back game last week, have another back game with Brosna on Saturday next. The meeting of Annascaul and Ardfert in the final

round will have a big bearing on who goes up with Currow.

Division 4

In Division 4, the promotion issues have been sorted following two important games on Saturday. In a crunch game in Fossa, the home side, despite being a man down for over 40 minutes, held out to win by a point against promotion chasing Skellig Rangers while Ballymacelligott clinched promotion by defeating joint leaders Na Gaeil by two points. Champions of Division 3 should be decided when Fossa (20 Points) play Na Gaeil (18 Points) In Round 11.

Division 5

In Division 5, Castlegregory, following a big victory over Asdee on Saturday, are already promoted as champions with 17 points.

MINOR FOOTBALL CHAMPIONSHIP SEMI FINALS

Wednesday August 31st is pencilled in for the two semi finals of the Keanes Supervalu Killorglin Minor Football Championship. The pairings are as follows: East Kerry play St Brendans in Austin Stack Park and Furies play Mid Kerry in Fitzgerald Stadium. Throw-in for both games is 6:15pm and extra time applies if necessary.

JUNIOR CUPS ROUNDUP MOLYNEAUX CUP

There are two semi finals down for decision this Wednesday evening ; Dr Crokes play Austin Stacks at Lewis Road and Kerins O'Rahilly's are home to Rathmore. Both games throw-in at 7pm.

MCELLIGOTT CUP

In the Quarter Finals last weekend Laune Rangers got a W.O. from Moyvane and Spa got a W.O. from Listowel Emmets while St Pats defeated Ballydonoghue 4-5 to 2-10. The remaining quarter final sees John Mitchel's play Gneeveguilla on Friday evening.

The first semi final between St Pats and Laune Rangers will be played on this Friday evening while the winners of the John Mitchels V Gneeveguilla game will play Spa in the other semi final on Friday 2nd.

BARRETT CUP

In Round 1 last weekend, Clounmacon got a W.O. from Castleisland Desmonds, Kenmare got a W.O. from Na Gaeil and Beaufort got a W.O. from Glenbeigh/Glenclar.

The four quarter final are down for decision on this Friday evening with first named having home venue (7pm); St. Mary's V Glenflesk; Clounmacon V Ardfert; Currow V Beaufort and Kenmare V Lispole.



KERRY ISLAMIC OUTREACH CENTRE HOSTS FOURTH ANNUAL EXHIBITION

The Brandon Hotel in Tralee will host the fourth Kerry Islamic Outreach Centre on this Saturday (August 27th). The aim of the event is to promote the Islamic faith in a positive light and to dispel any myths or public conceptions about the faith. People of all faiths and none are invited and encouraged to attend the Open Day event, which will take place between 11am and 6pm.

IN CASE OF EMERGENCY

We all carry our mobile phones with names and numbers stored in its memory. If we were to be involved in an accident or were taken ill, the people attending to us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency? All you need to do is store the number of a contact person or persons who should be contacted during emergency under the name 'ICE' (In Case Of Emergency). Emergency Service personnel and hospital staff would be able to quickly contact the right person by simply dialling the number you have stored as 'ICE'. For more than one contact name simply enter ICE1, ICE2 and ICE3 etc.

THIS IS FRIENDSHIP WEEK

Do you know what you can understand about yourself by simply looking around at your friends? Your attitude, your values, your life, your past, present and future are all reflected in the kind of friends you hang around with. Friendship Week is from August 21st to 27th and it is a good time to pause and take stock of who you spend your time and life with. The family is given to us when we are born but we create the relationship of friendship based on our understanding of life. Friends are a mirror which reflects your own self back to you and gives you an opportunity to enhance yourself. You can be more, do more and have more if you have good friends. How do we keep our friends close? Well, firstly, select your friends based on certain values in life, be with them whenever they need you, stand by them,

extend your hand to support them. Make sure you thank them enough and appreciate them genuinely; reach out to them on occasions as proximity and presence are vital to keeping the relationship strong.

COCONUT TO BATTLE FAT?

A resident of Sri Lanka eats, on average, about 116 coconuts a year, and the people living in this tropical paradise have the lowest risk of obesity in the world. The reason? Coconut oil is rich in fatty acids of medium length that absorb swiftly in the body, accelerate the rate of metabolism and calorie burn in the body, and give a lasting sense of being full. A study conducted on the topic found that consuming about 2 spoons of coconut oil a day, 170 gram or 300ml, can help you lose about 1.3 kg a month.

ON THIS DATE – AUGUST 26TH

1634 - In Canada Huron Indians supply wild plums to the Jesuits.
1740 - Birth of Joseph-Michel Montgolfier, French inventor. He and his brother Jacques-Etienne invented the hot air balloon in 1783.
1768 - Captain James Cook departed from Plymouth with Endeavour to the Pacific Ocean. Daniel Solander and Joseph Banks accompanied Cook to catalogue plants and animals of Australia and New Zealand on the 3-year journey.
1784 - Cape Breton Island separated from Nova Scotia; becomes its own colony, with Lieutenant-Governor and council; will return to Nova Scotia in 1820.
1789 - The 'Declaration of the Rights of Man' was adopted by the revolutionary National Assembly in France.
1843 - Charles Thurber American inventor and firearms maker patented a Printing Machine - an early form of typewriter.
1866 - The installation of the first telegraph cable between the North and South Islands of New Zealand was completed.
1875 - John Buchan (Lord Tweedsmuir), was born in Perth, Scotland. He became a writer and governor general of Canada (1935), and was famous for his spy story "The Thirty-Nine Steps".
1894 Death of second Māori King Tāwhiao

who had led his people through the traumatic period of the New Zealand wars of the 1860s. 1911 - King George V signed the Royal Warrant assigning the first New Zealand Coat of Arms.

CALIFORNIA ISLAND FOXES HAVE BOUNCED BACK FROM NEAR EXTINCTION

After DDT contamination wiped out fish-eating bald eagles in the Channel Islands of California, golden eagles invaded their niche in the local food chain and hunted the foxes faster than they could reproduce. A canine distemper epidemic took a further toll on the foxes of Santa Catalina Island. The total Channel Island fox population was around 3,700 in 1994. By 1999, it had declined to 188. San Miguel and Santa Rosa islands were down to 15 foxes each. A coalition of federal wildlife officials and local conservation groups worked on multiple fronts to bring the fox back.

At the core of the recovery was a captive breeding and release programme, which reintroduced 226 foxes to the wild, and in 2015, there were approximately 700 foxes on San Miguel Island, 1,200 on Santa Rosa Island, and 2,100 on Santa Cruz Island. The Santa Catalina Island population is estimated at around 1,800 foxes. Other efforts included vaccinating the foxes against distemper, restoring the bald eagle population, and relocating the golden eagles.

THE POWER OF ONE

8 year old Cayden Taipalus started a project called Pay It Forward: No Kid Goes Hungry. During lunch one day the third-grader at Challenger Elementary School in Howell, Michigan saw that one of his friends was denied a hot lunch because of a negative lunch account balance. Cayden went home and asked if there was something he could do to help. Cayden and his mother started to collect bottles and cans to raise money, and they asked for donations from friends and family and Cayden was able to give his school a check for \$64 towards student lunches! After he had paid off his school's lunch debt, he moved on the paying off the district debt! In all, he paid for 295 hot lunches for students in need.

KEEP ON TO THAT RECORD PLAYER

Vinyl is having a huge resurgence in Great Britain in recent years and it is thought that annual sales could surpass the three million mark this year for the first time in decades. Older buyers are behind the LPs transformation, with vinyl sales seeing a five-fold increase between 2009 and 2014. In 2015 sales hit a 21-year high of 2.1 million units. And, in the first three months of 2016, demand for LPs had doubled year on year compared with the first three months of 2015, jumping

from 2% to 4% of British music sales. People between the ages of 45 and 54 are most likely to have bought a vinyl record recently whereas those in the 18 to 24 age group are the least likely according to a recent study. The study also drew conclusions about the role music plays in vinyl buyers' lives, suggesting that music plays a more central role in the lives of those that buy vinyl, compared with those who do not. 66% of vinyl buyers said that they couldn't get through the day without listening to music and they are also more likely to go to gigs than the general population, with 68% of vinyl buyers saying they enjoyed seeing their favourite artists live, compared to 47% of the general population.

BRIDE ASKS MAN WITH HER FATHER'S HEART TO WALK HER DOWN THE AISLE

In the U.S.A Michael Stepien was murdered ten years ago and his family made the choice to donate his organs, his heart went to Arthur Thomas, a father-of-four, from New Jersey who had been waiting for a heart transplant for 16 years and was said to be days from dying. After the transplant Mr. Thomas wrote a thank-you note to the Stepien family and both families kept in contact over the years, exchanging Christmas cards, emails and letters but had never met in person. Last year Mr. Stepien's daughter Jeni got engaged to be married and like most Brides to be she would have been delighted if her father had been alive to walk her down the aisle this Summer, but as that wasn't possible she decided to ask the man who had received her father's heart. She wrote a letter to Mr. Thomas to ask him if he would be willing to do it, he discussed it with his own daughter - who thought it was a wonderful idea - he agreed. Mr. Thomas and his wife travelled from New Jersey to Pittsburgh to attend the wedding and on the day before he met Jeni, during that meeting he suggested to Jeni to feel his pulse on his wrist as he thought that would be the best way for her to feel close to her father as that was her father's heart beating. At the church, Jeni was filmed touching her hand to Mr. Thomas's chest and the pair later shared a dance at the reception. "I felt wonderful about bringing her dad's heart to Pittsburgh," Mr. Thomas said. "If I had to, I would've walked."

PROFESSIONAL AMERICAN FOOTBALL PLAYER WENT TO SHELTER AND ASKED TO SEE A 'NOT-SO-ADOPTABLE' DOG

Baltimore Ravens Offensive Tackle Ronnie Stanley visited BARCS Animal Shelter in Baltimore, Maryland in search of adding a pup to his family. He was accompanied to

the shelter by his girlfriend and also by his team mate, Alexander Lewis. It turned out that Ronnie was not looking for the most adoptable dog in the facility, but rather a dog who had been passed over. Several dogs fitted the 'not-so-adoptable' criteria, but it was a dog named Winter who caught Ronnie's eye. BARCS described Winter's sad past, "Beautiful Winter is a dog who has spent most of her six years of life falling into sad, unfortunate situations. She was found in a vacant property, on a hot day with no electricity, or open windows. She was dehydrated and extremely frightened. Winter has a long, hanging belly, most likely a result of over breeding--something we see far too often at our shelter. Due to her age, her belly is not something that will ever tighten up. Female dogs with such characteristics are often passed by in our shelter - but not by Ronnie! "He was much more interested in getting lots of face kisses from Winter and falling in love, rather than being worried about the appearance of her tummy. What a great guy!" The meet and greet turned out to be a wonderful match and the adoption papers were completed so that Winter could go home with her new family. The shelter added, "Once a discarded pup, now the doggy-daughter to a Raven. We are so proud to have amazing guys like Ronnie to be role models to the kids in our city. Not only does his single act of kindness make adoption cool, but it makes giving love to an imperfectly perfect dog a 'manly' thing to do." And while Ronnie and his girlfriend were taking the shelter's adopter class, his teammate Alexander Lewis helped staff members carry large bags of dog food.

ABOVE AND BEYOND THE CALL OF DUTY

Four Italian policemen have been highly praised after they cooked a simple meal of pasta for a distressed elderly couple. The Rome police officers responded to a neighbour's calls that cries had been heard coming from inside the couple's apartment. Jole, 84, and Michele, 94, told police that they were lonely and upset at the state of the world they saw on the news. The official police Facebook page shared the story in a post that described the couple's situation: "It is not always an easy life, especially when the city is empty and the neighbours are away on vacation. Sometimes it's like a summer storm, it comes suddenly and overtakes one." While waiting for an ambulance to arrive to check out the couple's health, the police officers decided to rustle up "a little bit of warmth to bring peace to Jole and Michele" - a bowl of pasta with butter and cheese. And the kind gesture has gone viral on Facebook - shared over 24,000 times, with hundreds praising the four men.

A ZOO IN OREGON IS HELPING TO SAVE A BUTTERFLY SPECIES

Oregon silverspot butterflies were once numerous in the Pacific Northwest, their range stretching hundreds of miles into British Columbia. Habitat loss has been a major contributor to the species' decline, but extended periods of drought may be an even bigger threat. Adult silverspots have a lifespan of about two weeks. In that time, they have two objectives: mate, and find a patch of violets in which to lay eggs. When the larvae hatch, they will feed on the leaves of the early blue violet. But in drought conditions, the violets go dormant in order to retain nutrients. As a result, many caterpillars don't have enough food to properly develop. Fewer adults yield fewer offspring, and so the cycle continues.

The Oregon Zoo began its recovery efforts nearly two decades ago. Every year, researchers collect female butterflies from Mount Hebo and bring them back to the zoo. The hatched larvae spend the winter in captivity, and become pupae in the spring. When summer comes around, zoo officials return the adolescent silverspots to their native habitat. In the past month alone, 450 silverspot pupae have been released to various coastal locations, where they will complete their metamorphosis and emerge as adult butterflies.

- There are thousands of unique and beloved butterfly species on the planet but unfortunately these beautiful pollinators are also getting scarcer
- There are more than 17,500 recorded butterfly species around the world.
- Butterflies and moths are part of the class of insects in the order Lepidoptera. Butterflies are flying insects with large scaly wings. Like all insects, they have six jointed legs and three body parts: the head, the thorax and the abdomen. The wings are attached to the thorax and they also have a pair of antennae, compound eyes and an exoskeleton.
- The North American Monarch butterflies migrate to get away from the cold and are the only insect that migrates an average of 2,500 miles to find a warmer climate.
- The butterfly starts its life as an egg, laid on a leaf. The caterpillar (larva) hatches from the egg and eats leaves or flowers. It loses its skin many times as it grows, increasing greatly in size. Eventually it turns into a pupa, or chrysalis and finally a beautiful adult butterfly emerges and the cycle continues.
- An adult butterfly has a very short life: just three to four weeks. However, the entire life cycle of a butterfly can range between 2 and 8 months, depending on the species. Some migratory butterflies, such as the North American Monarch, can live as long as 7 to 8 months in one generation.

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AHERNS BRAND AMBASSADOR COLM COOPER PICKING UP HIS BRAND NEW OPEL ASTRA, AHEAD OF THE CRUNCH ALL-IRELAND SEMI FINAL AGAINST DUBLIN. PICTURED FROM LEFT TO RIGHT PAUL AHERN, PAT AHERN AND DAVID O'BRIEN. AHERNS ARE DELIGHTED TO BE PROUD ASSOCIATE SPONSOR OF KERRY GAA, AND WITH THE TEAM THE BEST OF LUCK ON SUNDAY.



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If you pay an agency to provide the carer, the agency will employ the carer and be responsible for their tax and social insurance etc. You can still claim tax relief on the cost of paying the agency to provide a carer.

You must be totally incapacitated for the complete tax year (January to December) in which you are claiming the tax relief but the carer does not have to be employed for the full tax year. The term totally incapacitated means you are disabled and require a carer.

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ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN

SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



On the Box

EASTENDERS: SHOCK DEPARTURES

Eastenders is continuing its shake up of the Square as more stars are axed from the London based soap. Mitchell sisters Ronnie and Roxy are bowing out of Walford in an explosive and dramatic storyline next year.

The Carter family are set to lose two members of the family as Mick's father Buster Briggs and his son Lee Carter are both about to depart for good. And finally grieving couple Les and Pam Coker will leave the show later this year as the producers have called time on their stay on the Square.

EASTENDERS: THE WEEK AHEAD

Mon 29th: Louise is shocked when she realizes Ben and Jay have tracked down Paul's killers, Denise faints and Steven is frustrated with Lauren.

Tues 30th: Louise has called the police, Carmel encourages Denise to see a doctor and Dot receives an upsetting letter.

Thurs 1st: Sharon is concerned about Mark's paternity, Shakil's birthday throws up some issues and romance is in the air.

Fri 2nd: Kim's salsa show could be a disaster and Dot leaves Patrick high and dry.

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**SouthWest
Counselling Centre**

TRANSITION FROM PRIMARY TO SECONDARY SCHOOL WHAT CAN PARENTS DO?



The transition from primary to secondary school can be a difficult one for many children. The change from being the most senior student to suddenly becoming a junior again may bring many challenges for your child. They

are leaving behind a familiar world and entering a whole new domain with new teachers, subjects, classrooms, class mates, an increased workload and a longer day. As this change also tends to coincide with the onset of puberty, is it any wonder that it can be so daunting for your child? This can also be a difficult time for parents. The school day is longer and your child will be taking on more subjects. Some of these subjects are ones you may not be familiar with which may mean you won't be able to help out with homework. There are also more teachers involved in your child's schooling. Your child's social circle is widening and you may not know who their friends are.

As your child moves through this transition, your job as parent is to support them to negotiate the challenges posed. First and foremost it is important not to pass on your own fears to your child. Remember, children are extremely resilient and adaptable and before long these new surroundings will be familiar and comfortable for them. When talking to your child about the expected transition let them know that you have trust and confidence in their ability to master these changes. Tell them about your own experiences and ways that helped you to cope. Talk to them about the change in routine and the possible change of classroom and teacher every 40 minutes. To make this transition as smooth as possible, particularly in the early days, try to be as supportive and encouraging as possible. Ensure they eat well, sleep well and stay tuned for any signs of distress or difficulty. Listen to them when they relay stories from school and show an active interest in their friendships, the school, their teachers, their activities and their subjects.



As parents, we can often feel a little helpless – our role is to be supportive, interested and encouraging. Always keep the lines of communication open and if you have any concerns please contact the school. No one knows your child better than you.

As your child moves through their teens remember they are involved in a major life change. Your job as a parent is to nurture their confidence and enable them to become well-adjusted and fully functioning adults. If you are struggling with any aspect of parenting your teen, SouthWest Counselling Centre plan to run a course on Supporting Parents to Support their Teens – this autumn. Call 064 6636416 for more information.

Next week we will focus on what young people can do to help make this transition easier.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie

Kerry LifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com



To make an appointment call 064 6636416/064 66364100

SouthWest Counselling Centre is a not-for-profit organization.

All funds raised through fundraising go directly to service provision



**Citizens
Information**

Know Your Rights:

SMALL CLAIMS COURT

QUESTION

I am not happy with work that I had done in my house by a builder and will have to pay for someone else to finish the job properly. What can I do to recoup the additional expense?

ANSWER

If your original builder is unwilling to compensate you, you may be able to pursue a claim against the builder through the Small Claims procedure. The aim of this procedure is to provide an inexpensive, fast and easy way for consumers to resolve disputes without needing to employ a solicitor. The maximum amount you can claim is €2,000. The Small Claims service is provided through local District Court offices.

Anyone who has purchased goods or services for private use from someone selling them in the course of business may submit a claim using the Small Claims procedure. You can make claims for faulty goods or bad workmanship, minor damage to property and for the non-return of rent deposits for certain kinds of rented properties. Businesses involved in disputes with other businesses can also use the Small Claims procedure.

To make a claim, you complete an application form, which you can get from the Small Claims Registrar at your local District Court office. You can also get help in completing the form from the Registrar. Make sure you use the correct name and address of the person or company against whom you want to make the claim. The completed form with a fee of €25 should be lodged with the Small Claims Registrar. You can also apply online at the Courts Service Online website, csol.ie.

The Registrar sends a copy of your application to the person against whom you are making the claim. If the other party does not reply within 15 days of receiving your application, your claim will be automatically treated as undisputed and you can apply for a court order in your favour. But, if your claim is disputed, the Registrar will contact you and let you have a copy of the reasons why the other party is disputing your claim. The Registrar will try to negotiate a settlement to the dispute. If no settlement can be reached, the matter is then set down for a court hearing in the District Court.

You can get more information on your options from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherdveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

Drop off/Post: Killarney Outlook, 30 High St, Killarney Tel: 064 667 0000

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Aware Depression Support

Group meets: Killarney - Mondays, KDYS at 8pm. Aware Support Groups are free to attend, no referral necessary. www.aware.ie

KILLARNEY AL ANON

The Killarney Al Anon meetings are held Tuesday nights at 8.30pm and Thursday morning at 11am in Ozanam House Green Lawn.

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Ed34 09842 JOHN'S REMOVAL SERVICES

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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Cisco on-line Blended Learning (ETL62) - Tralee.

This course focuses on network infrastructure. It covers switching and routing, wireless access, security and connectivity used in local and wide Area networks. A combination of on-line learning and tutor led workshops are used to deliver it. Previous computer networking experience is a prerequisite for entry to this course. **Start Date:** 22nd August 2016. **Duration:** 15 weeks. **Certification:** Cisco Certified Network Associate Certification (CCNA).

Digital Web Design with Adobe Dreamweaver (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 5th September 2016. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring and Work Experience, plus Adobe Associate Certificate in Web Communication Using Adobe Dreamweaver.

CAD - 3D Parametric Modelling (ET4R1) - Tralee.

This course is for CAD technicians who wish to develop contemporary 3D parametric modelling skills. **Start Date:** 3rd October 2016. **Duration:** 31 weeks. **Certification:** City & Guilds Levels 1 & 2 Awards in Computer Aided Design Parametric Modelling.

Media Techniques - Radio Course (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 10th October 2016. **Duration:** 50 weeks. **Certification:** To be decided.

MySQL and PHP for Dynamic Websites (ETR81) - Tralee.

This course is for people who are able to build and maintain static websites using HTML and CSS? It offers participants the opportunity to develop their MySQL and PHP knowledge and skills to create dynamic websites incorporating efficient and secure content retrieval from databases. **Start Dates:** 10th October 2016. **Duration:** 24 weeks. **Certification:** Oracle Certified Professional MySQL 5.6 Developer Certificate and W3C Schools certified PHP Developer Certificate.

Food Preparation and Cooking (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 17th October 2016. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

MTA Software & Networking Fundamentals (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. **Start Date:** 24th October 2016. **Duration:** 12 weeks. **Certification:** Microsoft Technology Associate Certification.

Digital Marketing with E-Commerce (ET08342) - Tralee.

This course is for people who wish to enter the digital marketing sector or incorporate digital marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 21st November 2016. **Duration:** 35 weeks. **Certification:** City & Guilds Level 3 Diploma in Digital Marketing 7513-30.

New Course

Foundation in Media (TR08743) - Tralee.

This full-time course offers you the opportunity to develop practical production skills in Media Project Management, Video Production, Sound Production, Photography, Digital Imaging and Media Publishing.

Start Date: September 2016. **Duration:** 14 weeks.

Certification: QQI Level 3 Award Media Expressions 3N0792.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

www.kerryetbtrainingcentre.ie, E-mail: training@kerryetbtrainingcentre.ie



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A WORD OF VICTORY

Welcome back dear reader Jesus commented on the city of Jerusalem "O Jerusalem ... how I long to gather your children.. like a hen gathers her chicks under her wings" (Mathew 23:37). Jerusalem was a city filled with religious activities; the Temple was there, along with the Pharisees and Scribes, and the High Priest lived there, yet He noted that the people were like lost sheep without a shepherd (Mark 6:34; Mathew 9:36). As Jesus went about doing good and healing all those who were oppressed by the Devil because God's Spirit was with Him (Acts 10:38), the people were drawn to this kind, loving Man who had a true heart for the poor, the sick and the broken and they followed Him everywhere. They witnessed the power of God operating through Jesus casting out evil spirits from people who were classed as 'insane', opening blind eyes, healing the crippled, the lepers and even raising the dead, but the religious people rose up against Him because their religious activities could not produce the results that Jesus got. And so they killed Him. But this was God's plan, that Jesus would die, give His life for us to be saved and that He would raise Jesus from the dead and seat Him at His right hand as the True High Priest of the Church of God. Before Jesus went back to Heaven He asked the Father to send His Holy Spirit, the same Spirit who came upon Him when He was baptised in the River Jordan, so that we, His followers could receive the same anointing, and also go about doing good and heal the oppressed. Jesus said that all the things He did we will also do, and even greater in His Name! We are about to see a mighty move of the Holy Spirit in these last days where millions of people will call on Jesus through what they will see (miracles) and what they hear – the Gospel of the Lord Jesus preached through ordinary people who are filled with the Holy Spirit. More next week....

Contact: 064 - 66 22950 E: wovkillarney@gmail.com

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THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
X

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
P.L.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
S.E.

ST THERESE

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession.
So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles... the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.
Amen. Say the above for 9 days and you will receive a flower or a rose in some form during or after 9 days as an indication that your request will be granted. **C.E.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
S.D.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits.
Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

PRAYER

St Martin, St Therese, Padre Pio, Our Lady Divine Mercy, The Miracle Prayer.
Pray to these and your request will be answered.
K

NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a thousand thanks. And to all of the Saints for favours received. And to the universe.

3RD ANNIVERSARY



In Loving Memory of

MARIE LENIHAN

(NEE O'CONNOR)

'Oakwood House', Inchcullane,
Kilcummin, Killarney, Co. Kerry.

Who sadly passed away
on the 31st of August 2013

It's been three years since your passing.

We think of you each day
We miss and love you Marie
and wished you could have stayed.

*Loved and always missed everyday
Jerry, Una & Aiden.*

*Marie's 3rd Anniversary Mass
will be celebrated in Kilcummin
Church on Sunday the
28th of August 2016 at 11.15 am.*

3RD ANNIVERSARY

In Loving Memory of

MARIE LENIHAN

(NEE O'CONNOR)

'Oakwood House', Inchcullane,
Kilcummin, Killarney, Co. Kerry.

Who sadly passed away
on the 31st of August 2013

*Everyday in some small way
memories of you come our way.
Though absent you are always near.
Still missed loved and always dear.*



**Loved and missed everyday by your
brother Seamus, Ann-Marie
& family.**

NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a
thousand thanks. And to all of the Saints for
favours received. And to the universe.

OBITUARY



In loving memory of

TIMOTHY "BRENDAN" O'CONNOR

Milton, Massachusetts,
who died Saturday August 20th 2016

"Brendan" Longtime resident of Milton,
Massachusetts, age 68, died Saturday,
August 20, 2016 at the Massachusetts
General Hospital in Boston, surrounded
by his loving family. Brendan immigrated
to the United States in March of 1967.

Beloved husband of Sally (Nolan),
Devoted father of Brian and his wife
Kristi, Timothy, Kevin, and the late Noel.

Grandfather of Donal and Mary.

Loving son of Theresa, Doocarrig,
Headford, and the late Timmy.

Dear brother of Den Joe, Breda,
Josephine, Mike Christy, Mary Carmel,
Gerard, Bernadette, Theresa, John,
Catherine, Donal, Andrew, and Linda.

Longtime, loyal friend of Brendan Healy
of South Boston and Killarney.

Also survived by many in-laws, nieces,
nephews, grand nieces, grand nephews,
and friends.

Funeral from the Sweeney Brothers
Funeral Home, Quincy, Friday,
August 26th at 9:45 a.m. Funeral Mass
in Saint Agatha Church,
Milton at 11 o'clock.



*Leaba i measc na naomh go
raibh ag a anam caoin, uasal*

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your heart where your Father sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer three times for three days and
your favour will be granted.

Never know to fail.

Must promise publication of prayer.

X

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

E.W.

WONDERFUL NOVENA

Oh Jesus, I surrender myself to you,
take care of everything.

Say 10 times a day for nine days

C.D.

NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a
thousand thanks. And to all of the Saints for
favours received. And to the universe.

PRAYER TO ST. EXPEDITE

When you are in urgent need...

Pray to Saint Expedite

Our dear martyr and protector, Saint Expedite,
you who know what is necessary and what is
urgently needed. I beg you to intercede before
the Holy Trinity, that by your grace my request
will be granted.

(Clearly express what you want, and ask him
to find a way to get it to you)

May I receive your blessings and favours. In the
name of our lord Jesus Christ, Amen.

If Saint Expedite grants your request, place an
ad in the newspaper thanking Saint Expedite,
so that his name and fame will grow.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful
Vine, Splendour of Heaven, Blessed Mother of the
Son of God, Immaculate Virgin, assist me in this my
necessity. O Star of the Sea, help me and show me
herein you are my Mother. (Make request) O Holy
Mary, Mother of God, Queen of Heaven and Earth, I
humbly beseech you from the bottom of my heart
to succour me in this necessity. There are none, that
can withstand your power. O show me herein you
are my mother. Oh Mary conceived without sin,
pray for us who have recourse to thee (3 times). Say
this prayer for 3 consecutive days and then publish
and request will be granted to you. This prayer must
be published in thanks giving for favours received.

E.W.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your heart where your Father sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer three times for three days and
your favour will be granted.

Never know to fail.

Must promise publication of prayer.

XXX

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your heart where your Father sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer three times for three days and
your favour will be granted.

Never know to fail.

Must promise publication of prayer.

M.M.

ST. THERESE OF THE LITTLE FLOWER

O glorious Saint Therese, whom Almighty God has
raised up to aid and counsel mankind, I implore
your Miraculous Intercession. So powerful are
you in obtaining every need of body and soul our
Holy Mother Church proclaims you a "Prodigy of
Miracles... the Greatest Saint of Modern Times."

Now I fervently beseech you to answer my petition
(mention specifics here) and to carry out your
promises of spending Heaven doing good upon
the earth... of letting fall from Heaven a Shower of
Roses. Henceforth, dear Little Flower, I will fulfill
your plea "to be made known everywhere" and I
will never cease to lead others to Jesus through you.

Amen.

NOVENA TO THE SACRED HEART

You have said O'Divine
Jesus ask and you shall receive, seek and you
shall find, knock and the door shall be opened to
you. Relying on these promises I come with
confidence during the novena to beg of you the
favours that I need (make request). From whom
shall I ask, Lord Jesus, if not from you whose
heart is an unfailing source of graces and merits.
Most loving heart of my God I believe in your
power, I believe in your knowledge, I believe in
your personal love for me and therefore O Sacred
Heart of Jesus I place all my trust in you. Our
Father, Hail Mary and Glory. Say 3 times for 3
days and request will be granted, Never know to
fail. Must publish. A.F.

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