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KILLARNEY Outlook

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MAZE RUNNER: THE DEATH CURE 145 minutes 7 DAYS: 6:30, 8:35 SAT/SUN: 12:30, 3:30 13A	COCO 110 minutes 7 DAYS: 7:00 SAT/SUN: 12:15, 2:30, 4:45 PS
THE COMMUTER 110 minutes 7 DAYS: 9:05 13A	JUMANJI 125 minutes 7 DAYS: 8:55 SAT/SUN: 2:10, 4:30 13A
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COLM COOPER SELECTED AS KERRY PERSON OF THE YEAR



COLM COOPER, GAA PUNDIT, LEGENDARY KERRY FOOTBALLER, WINNER OF FIVE ALL IRELAND MEDALS, EIGHT ALL STARS AND EVERY MAJOR HONOUR IN THE GAME HAS BEEN NAMED AS THE KERRY PERSON OF THE YEAR FOR 2018 BY THE KERRY ASSOCIATION IN DUBLIN. PIC JULIEN BEHAL PHOTOGRAPHY.

Colm Cooper, GAA pundit, legendary Kerry Footballer, winner of five all Ireland Medals, eight All Stars and every major honour in the game has been named as the Kerry Person of the Year for 2018 by the Kerry Association in Dublin. Colm will be joined on the awards night by The Special Olympics Clubs of Kerry who have been selected to receive the Laochra Chiarraí award which recognises exemplary leadership in community activity in the county. The announcements were made at a reception in the Shelbourne Hotel, St. Stephen's Green on 18 January 2017 by Keelin Kissane, Cathaoirleach of the Kerry Association in Dublin. The awards will be presented at the Association's annual Oiche Chiarraí which will be held at the Ballsbridge Hotel in Dublin on Friday, 2 March 2018. The Kerry Person of the Year award, now in its thirty ninth year, recognises an individual who has shown leadership, brought honour to the county, and performed services for the county to such an extent that could be described as being beyond the norm of everyday life. During her tribute to Colm Cooper, a native of Killarney, the Cathaoirleach said this award is presented in recognition of the enormous contribution he has made to Kerry and for the joy, honour and pride that he has

brought to Kerry by his exceptional ability and humility and good grace on and off the field. She noted that he is one of the most admired figures in the history of the GAA and has provided us with many moments of magic. We are delighted to honour Colm for all that he has done for the people of Kerry – we hope that this recognition by his own will go some small way to show how much we have admired and appreciated his achievements and all that he has given to the game and to the people of Kerry for many, many years. Laochra Chiarraí Award The Special Olympics Clubs of Kerry, which comprise five clubs namely Kerry Stars, Tralee Together, Skellig Stars, North Kerry Eagles, and the Kerry Fairways Golf Society will receive the 2018 Laochra Chiarraí award in recognition of their tireless and valuable work in promoting sports and sports events for people with an intellectual disability. Although Special Olympics is first and foremost a sports organisation it provides athletes with far more than the physical benefits of sport as it's also about fun, friendships and team spirit; it's about a feeling of belonging, and ultimately improving quality of life. Special Olympics changes lives in so many different ways. The award was accepted on behalf of the Special Olympics Clubs of

MESSAGE FROM THE EDITOR...



In a week that saw Colm Cooper selected as Kerry Person of the Year and dancers getting into the swing of things at the Strictly rehearsals, Killarney Outlook brings you an action packed magazine.

A group of talented athletes are in training for a Stateside competition, members of Killarney Credit Union shared a windfall and there are rehearsals for dogs at the INEC.

Hollywood is set to hit Killarney in March as local clubs combine their talents and

the Killarney Park Hotel are celebrating following the Tripadvisor awards. All this and so much more in this week's Killarney Outlook - sit back, relax and enjoy!

Aisling Grosbie
Editor

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Killarney Park Hotel named Ireland's No.1 hotel in TripAdvisor's annual Travellers' Choice Awards for 2018.



KERRY ASSOCIATION IN DUBLIN COMMITTEE MEMBERS PICTURED WITH COLM COOPER AND MEMBERS OF THE SPECIAL OLYMPICS CLUB IN KERRY PICTURED AT THE SHELBOURNE HOTEL IN DUBLIN. PICTURE: JULIEN BEHAL.

Kerry by Michael Murphy of the Kerry Fairways Golf Society Special Olympics Club and Martina McCarthy of Kerry Stars, who spoke on behalf of the athletes. Further queries – Maurice Moynihan, PRO, Telephone 086 0880870
Previous recipients of the Kerry Person of the Year Award
2017 – Ted Moynihan
2016 – Brian McCarthy
2015 – Danny Tim O'Sullivan
2014 – Archdeacon Michael Murphy
2013 – Luke Moriarty
2012 – Jimmy Deenihan
2011 – Crohan O'Shea
2010 – Dáithí Ó Sé
2009 – Margaret Culloty
2008 – Sean Kelly
2007 – Tadhg O'Donoghue
2006 – Jeremiah O'Donoghue
2005 – Jack O'Connor
2004 – Denis Geaney

2003 – Mick Galwey
2002 – Brian O'Mahony
2001 – Páidí Ó Sé (RIP)
2000 – Dick Spring
1998 – Mick O'Connell
1997 – Micheál Ó Muircheartaigh
1996 – Sr. Consilio
1995 – Ned O'Shea
1994 – Paddy Culligan
1993 – John Curran
1992 – Fr. Pat Ahern
1991 – Brendan Kennelly
1990 – Dr. Paddy Moriarty (RIP)
1989 – John B. Keane (RIP)
1988 – Dr. Denis Brosnan
1987 – Dr. Bryan McMahon (RIP)
1986 – Mick O'Dwyer
1985 – Con Houlihan
1984 – Pat Spillane
1983 – Eamonn Kelly (RIP)
1982 – Pat O'Connell
1981 – Pat Roche (RIP)
1980 – Sr. Stanislaus Kennedy
1979 – Dr. Michael Carmody

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STRICTLY COMES DANCING ONTO THE INEC STAGE

It's that time of year again, the countdown to the 2018 Strictly Come Dancing Killarney is well underway. The Killarney/South Kerry Branch of the Irish Cancer Society are back for their fourth year running with this amazing fundraiser which has raised almost €165,000 to date.

We can look forward to a great night of entertainment on Friday 9th February in the INEC. Taking to the stage, will be 26 dancers from the local community. The talented troupe includes electricians, guards, waiters, plumbers, bankers and care workers.

This week in the Killarney Outlook we take a look at the first six couple taking part in this year's show. They include Norann Keane & Dermot O'Meara who are dancing a Jive, Hazel Murphy & Kieran Fleming are looking forward to taking their Showdance to the stage, as are Finnolla Halpin & Les Brzozka, Olivia Christie & Danny Brosnan and Kara McDonagh & Seanie McSweeney while Niamh Carroll and Patrick Lynch are dancing a jive.

The choreographer who is putting the dancers through their paces this year is dance teacher Mary Philpott from Currow.

The show is not to be missed, there will also be a wine reception and raffle on the night.



DON MURPHY, GNEEVGUILLA LEADING THE GROUP DANCE IN REHEARSALS AT THE KILLARNEY AVENUE HOTEL AHEAD OF STRICTLY COME DANCING 2018. PICTURE MARIE CARROLL-O'SULLIVAN

Tickets cost €20.00 per adult and €10.00 per child (under 12) and are available from the committee members of the Killarney Branch

of the Irish Cancer Society, dancers and at the INEC Killarney box office. Meet the final six couples in next week's Killarney Outlook.



DANCERS NORANN KEANE & DERMOT O'MEARA TAKING PART IN THIS YEARS STRICTLY COME DANCING SUPPORTING THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN



DANCERS HAZEL MURPHY & KIERAN FLEMING TAKING PART IN THIS YEARS STRICTLY COME DANCING SUPPORTING THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN



DANCERS FINNOLLA HALPIN & LES BRZOZKA TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN



DANCERS KARA MCDONAGH & SHAUN MCSWEENEY TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN



NIAMH O'CARROLL & PATRICK LYNCH TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN



DANCERS OLIVIA CHRISTIE & DANIEL BROSAN TAKING PART IN STRICTLY COME DANCING 2018 SUPPORTING THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN

IF YOU HAVE A STORY... CONTACT AISLING ON 086 0400 958

Health Matters...

With Dr. Lynda O'Callaghan

The Killarney Medical Centre

HAND FOOT AND MOUTH DISEASE

Hand foot and mouth disease is caused by the Coxsackie virus and is a very common viral illness of young children, typically before 10 years of age although infected persons may be older. It is spread usually from person to person by infected secretions from the nose or mouth. Very rarely it can be contracted by drinking contaminated swimming pool water. It is never spread from animals or pets. It usually takes 3-5 days to develop symptoms after being exposed. (incubation period)

Symptoms

It usually starts with a fever, reduced appetite, sore throat and feeling unwell. One or two days later painful sores can develop in the mouth, especially at the back on the soft palate. These can develop into ulcers or blisters. A skin rash with red spots and sometimes blisters can develop on the palms and soles but also around the knees, elbows, buttocks or genital area. Some people can get dehydrated if they are not able to swallow due to the pain.

Treatment

There is no specific treatment. Pain relief should be given as needed and manage temperatures. Optimise fluid intake. Strict handwashing will help prevent spread and children should also be kept out of school while they are unwell but once they feel well enough they can return to school.

There is no vaccine available.

Complications

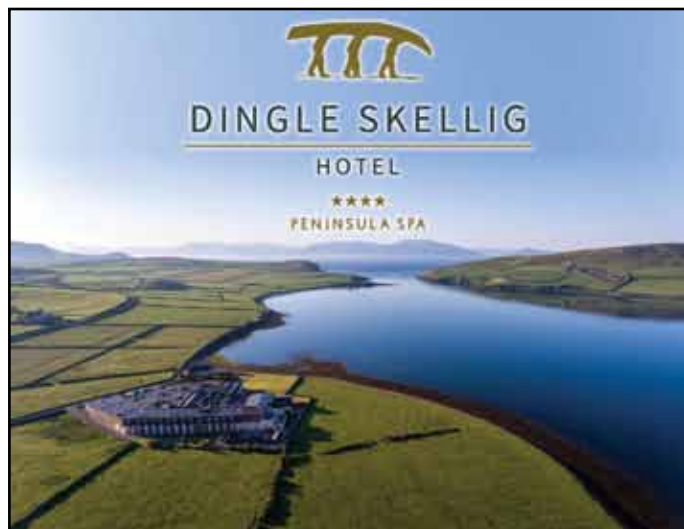
Typically HFMD is a very minor self-limiting illness. Very rarely persons affected can develop a viral meningitis or encephalitis that require hospital care but this is almost unheard of. Likewise a viral infection around the heart is also an exceedingly rare complication.

Occasionally people report peeling of the skin of the hands and feet, or nail loss from the hands and feet but this grows back without long term issues.



Dr. Lynda O'Callaghan
MB BCH BAO LRCP&SI MICGP
Dip. in Women's Health, DCP, DCH

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Re-Opening Offer

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1ST IN IRELAND AND 5TH IN EUROPE – KILLARNEY PARK HOTEL TOPS THE POLL

There were celebrations in the five-star Killarney Park Hotel this week when they were named Ireland's No.1 hotel in TripAdvisor's annual Travellers' Choice Awards for 2018.

The Kerry hotel took the top spot from Harvey's Point in Donegal, which had topped the poll for four years running.

The 2018 awards also see Castlewood House in Dingle rank third on TripAdvisor's list of the world's best bargain hotels, while Ballygarry House Hotel came 5th on the list of top hotels in Ireland.

Ballyfin, Co. Laois, places seventh on the site's ranking of the world's Top 25 small hotels.

TripAdvisor's Top 10 Irish hotels 2018

Killarney Park Hotel, Killarney, Co. Kerry

Harvey's Point, Lough Eske, Co. Donegal

Ashford Castle, Cong, Co. Mayo

Hayfield Manor, Cork

Ballygarry House Hotel, Tralee, Co. Kerry

The Merrion, Dublin

Castle Durrow, Durrow, Co. Laois

Dromoland Castle, Newmarket-on-Fergus, Co. Clare

Villa Rose Hotel, Ballybofey, Co. Donegal

Absolute Hotel, Limerick

The Travellers' Choice Awards, now in their 16th year, are determined based on reviews and opinions collected in a single year from TripAdvisor travellers worldwide.

"Killarney Park Hotel is incredibly proud to accept such an accolade from TripAdvisor, that rates travel experiences first-hand from customers," General Manager, Niamh O'Shea told the Killarney Outlook.

The 67-bed five-star, owned by Killarney's Treacy family was also named 5th best hotel in Europe.

"Such an award is testimony to the fantastic effort from our amazing team who have provided exceptional service, impeccable standards and 'Warmth Beyond the Smile' for the past 25+ years to all of our guests," Niamh



added.

TripAdvisor's top-rated hotel in this year's global awards is Viroth's Hotel in Siem Reap, Cambodia, while the Killarney Park also ranks fifth on its list of Europe's top hotels (Italy's Hotel Belvedere, in Riccione, tops that particular poll). The Trip Advisor awards eagerly awaited each year by the hospitality industry owing to the fact that unlike other hospitality awards, these are based on feedback from actual guests over the past year.

ABOVE: THE 5 STAR KILLARNEY PARK HOTEL.

RIGHT: GENERAL MANAGER NIAMH O'SHEA PICTURED AT THE HOTEL, WHICH CAME 1ST IN IRELAND AND 5TH IN EUROPE.



PREPARING FOR THE BIDDY

It's that time of year... The tradition of the Biddies is one of the oldest and most colourful customs in Ireland, a blend of pagan and christian pageantry, held on the 1st February each year, heralding the beginning of Springtime and honouring St Brid (451-525) the patron saint of the farming community. Mike Coffey, Captain of Kilgobnet Biddies and crowned King of the Biddys, is a third generation Sheep Farmer, and has been making the traditional 'Biddy' straw hats for fifty years. He is one of a handful in Ireland making the Biddy Hats. Passing on the tradition for this year's Biddy are his grandchildren, Clionagh and Cleo and 'Brídeog' the lamb. The Kilgobnet Biddies are taking part in the Biddy's Festival in Killorglin on Saturday 3rd February. The highlight of the day is the Biddy Parade along the streets of the town at 7pm and King or Queen of the Biddies contest. Photo: Valerie O'Sullivan



National Commis Chef APPRENTICESHIP PROGRAMME



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If you are a member of the IHF or the Restaurants Association of Ireland and would like to engage with the National Commis Chef Apprentice Programme contact: **Con O'Sullivan on 066 7149603**



“The Commis Chef Apprenticeship Programme is imperative for the future success of the industry and offers great prospects for all aspiring chefs.”

Paul Flynn - *Celebrity Chef*

This structured two-year education and training programme incorporates periods of off-the-job knowledge and skills development at the Kerry ETB Training Centre in Tralee; with work-based knowledge and skills development in an approved hotel or restaurant kitchen.

On successful completion of the apprenticeship programme, newly qualified Commis Chefs will receive a QQI Level 6 Major Award - Advanced Certificate in Culinary Arts. They will also be eligible to progress to the Chef de Partie Apprenticeship at QQI level 7.

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If you want to find out more about our Commis Chef Apprenticeship Programme call us today on 066 7126444

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Find out more:
kerryetbtrainingcentre.ie

KILLARNEY CHEERLEADERS SET TO GO STATESIDE

The Killarney-based Scorchers All-Stars, a talented cheerleading team, have won an invitation to the prestigious Summit Cheerleading Championships at the ESPN Sport Complex in Orlando, Florida, USA. The Scorchers, who are already European champions, will be heading across the Atlantic to with the world's best. Their success at qualifying events means their competition fee and accommodation will be covered however the 19 talented athletes face a hefty €1,500 bill each, for travel and costumes, before they can compete at the prestigious Cheerleading Championships. Set up in Killarney by Daniel Farkas and Hayley Murphy, the club offers recreational classes for kids as young as five or six as well as competitive training. Competitive cheerleading is much more than the pom-pom style that we see on TV, these athletes perform a high intensity combination of gymnastics, dance, stunting and tumbling, and there's huge training and skill involved. Cheerleading is recognised by the International Olympic Committee and is well on its way to becoming an Olympic sport. The Scorchers are one of many Irish clubs helping to prove that the sport deserves official recognition in Ireland too. The squad have enjoyed great success recently, scoring a win at the Jamfest Europe



KILLARNEY SCORCHERS PICTURED AT REHEARSALS AT ST OLIVER'S NATIONAL SCHOOL WHO RECENTLY QUALIFIED FOR THE SUMMIT JUNIOR WORLD CHAMPIONSHIP IN CHEERLEADING NEXT MAY IN SUNNY FLORIDA, USA. BACK ROW L-R WIKTORIA KOWALOWKA, SAOIRSE COFFEY, CAOILIN CULLEN, KATELYN NOLAN, MIA GRIFFIN, EMER DINEEN & REBECCA O'SULLIVAN. MIDDLE ROW L-R NIKKI MASON, AOIFE SHEEHAN, CALLUM O'LEARY, EMMA ROSE BYRNE & RACHEL LEANE. FRONT ROW L-R FREYA MASON, KATIE O'DRISCOLL, SEODHLE COLLERAN, CARA O'BRIEN, ANNA WHITE AND IN FRONT OÍSÍN O'BRIEN.

PICTURE MARIE CARROLL-O'SULLIVAN

event in Liverpool last year and they now have their eyes on an even bigger prize. Competing at a high level is no easy feat and like any committed sports club they incur high costs, they're launching a fundraising campaign to help meet the expense of competing in the

US and they are hoping to attract a sponsor. In order to compete in Orlando there's the cost of choreographers, coaching, uniforms, specific music, and the bill for travelling and accommodation before the event. We wish them the very best!

AWARDS FOR KILLARNEY STUDENTS



STUDENTS FROM KILLARNEY COMMUNITY COLLEGE WHO WERE PRESENTED WITH THEIR KETB CERTIFICATES AND MEDALS IN THE ITT NORTH CAMPUS ON FRIDAY EVENING. FRONT L-R: ROSIÁN WALL, KAREN O'DONOGHUE AND SARAH O'RORDAN CLIFFORD. BACK L-R: ROSS BRENNAN, BRIAN KELLIHER, SHANE COURTNEY AND MUTAZ ALMUSAWI

PHOTO JOE HANLEY

Killarney students were among a total of 66 students from various Kerry Education Training Board facilities that were recognised for their achievements during the past year at the Kerry Education Training Board's Awards Evening at the IT Tralee on Friday evening. The students and their achievements were lauded by CEO of the Kerry ETB Colm McEvoy. Mr McEvoy used his remarks to thank Lee Strand for their sponsorship of the evening and Dr Oliver Murphy and his staff at the Institute of Technology in Tralee for yet again hosting the Awards Ceremony which has now become an annual event on the calendar. Anne O'Dwyer of the Kerry Education Training Board said

that the Awards Ceremony recognises the vital role teachers across the Kerry Education Training Centres play in the education of their students, recognises the Schools Evaluation System and the role Students play in the school environment. Students attending Colaiste Gleann Li Tralee, Gaelcolaiste Chiarrai, Colaiste na Sceilige Cahersiveen, Killarney Community College, Killorglin Community College, Causeway Comprehensive School, Castleisland Community College and those attending the various Youthreach programmes run by the Kerry Education Training Board were among those presented with awards at the ceremony. Among the achievements highlighted at



ROSIÁN WALL KILLARNEY COMMUNITY COLLEGE WITH HER FAMILY JOHN AND VERA AFTER SHE WAS PRESENTED WITH HER SILVER MEDAL AT THE KERRY EDUCATION TRAINING BOARD AWARDS ON FRIDAY EVENING IN ITT NORTH CAMPUS TRALEE, PHOTO JOE HANLEY

the Awards Evening was the Castleisland Community College's Planet Earth and Water Explorers, which won national awards in 2017. Colaiste na Sceilige's Siofra O'Shea was recognised for prowess on the basketball courts while Colaiste na Rioctha's Killian O'Connor was recognised for his achievements in Pitch and Putt. Jack Nagle and Timothy McGrath won awards for their achievements in the areas of Science and Innovation. This year's guest speaker was Kieran Lucid who gave an inspiring and thought-provoking address to those gathered.

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CATRIONA TAKES ON THE LONDON MARATHON

If she is not creating sweet treats and pastries in the kitchen, Killarney Pastry Chef Cathriona Murphy is on the road clocking up the miles and getting the hard training under her belt as she prepares for this year's London Marathon – one of the most iconic races in the world. Cathriona who works at the Dromhall Hotel is running the mammoth 26.2 miles race this April. No stranger to the road this will be Cathriona's third Marathon, but her first one outside of Ireland, which is something the Killarney runner is very excited about. As if running 26.2 miles wasn't grueling enough Cathriona is running the streets of London in aid of the Irish Cancer Society and is busy organizing a number of fundraising events to help maximize the awareness and donations for the Irish charity. Cathriona is in the midst of spearheading the first of many charity events with a Table Quiz night. The night of trivia will take place in Shelbourne Rooms at the 4* Dromhall Hotel on Thursday February 1st at



USED TO WORKING AT A SPEEDY PACE AT THE DROMHALL HOTEL, CHEF CATRIONA MURPHY, IS PUTTING HER LEGS TO THE TEST THIS TIME AT THE LONDON CITY MARATHON, IN APRIL, IN AID OF THE IRISH CANCER SOCIETY. PICTURE MARIE CARROLL-O'SULLIVAN

8pm. Tables of 4 are €40 and there will be prizes and a raffle on the night. All are welcome. To reserve a table contact Cathriona on 087-

7645788 or email cathrionachef@yahoo.com or come along on the night.

JACQUI DONATES HER CURLS TO RAPUNZEL

A Killarney woman who underwent cancer and donated her post chemo curls to the Repunzel Foundation as part of the Today FM Dare to Care Campaign has raised an amazing €1,430. Jacqui Tangney from Listry, has surpassed her original plan of raising €1000 for The Irish Cancer Society and is delighted with the response she got through her "gofundme" page.

"I am a cancer survivor, as recent as 3 years ago", Jacqui told the Killarney Outlook.

"After finishing chemo, I decided to let my hair grow so when I got it cut on December 22nd in Marion's Hair Salon in Milltown, it was my first post chemo hair cut", she added.

"I decided to make it a special one by donating my lovely post chemo curls to the Repunzel Foundation who will then use it to make wigs and improve the lives of those living with hair loss either from cancer or alopecia.

The Repunzel Foundation is a charitable organisation that works to improve the lives of those living with hair loss through fundraising and hair raising.

Hair is raised through the Repunzel Foundation's Ponytale Campaign where people commit to growing their hair 14 inches or longer with a view to the hair being sent to help make much needed wigs to improve the lives of those living with hair loss.




JACQUI TANGNEY WHO DONATED HER HAIR TO THE RAPUNZEL FOUNDATION.

LIVERPOOL PLAYER TO VISIT

Legendary Liverpool player Jamie Carragher is coming to Killarney! The former defender and current Sky Sports pundit will be in Killarney to discuss his Anfield career and current events at Liverpool and in the football world, all told in his hilarious yet disarmingly honest style at a live show at the Gleneagle Hotel on Friday, April 20th. As well as the live show, there will be a meet and greet session where fans can shake his hand, get him to sign something and pose for a photo with him.




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Price Region: **€250,000**

BER E1

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Price Region: **€260,000**

BER D2

MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



WHY SHOULD YOU REVIEW YOUR PENSION?

As you have probably seen or read in the news recently pensions are being discussed very often. This shows how important pensions are, so if you have a pension it is very important that that you review your pension regularly. You may or may not be contributing to your pension anymore but it still needs to be reviewed. You need to know what kind of pension you have and what funds your pension is invested in. Your pension could be invested in very high risk funds which means that the value of your pension could substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you the income you need at retirement. So whether you are currently contributing to a pension or have a pension that you paid into in the past it is very important that your pension is reviewed by an independent advisor regularly.

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HOLLYWOOD COMES TO KILLARNEY

It's going to be lights, cameras, action like Kerry has never seen before as Hollywood comes to Killarney for one night only at the INEC on March 29th.

Up to 2,000 people are expected to walk the Red Carpet at the inaugural "A Night at the Oskars", presented by Kilcummin and Glenflesk GAA clubs.

It's the first time anywhere in Munster that the glitzy event will be held.

The audience will get to enjoy the premiere of seven short films (10 mins each) starring over 80 local actors from the two parishes.

The actors will feature in excerpts from some of the classic films - all professionally shot on film for the big screen.

Audience members will turn to critics for the night and vote for their Oskar-winning performances, ably assisted by a panel of celebrity judges.

Oskars on the night include Best Film, Best Actor, and Best Actress.

The casting has been done and rehearsals are underway for what is already building up to be one of the major social evenings on the 2018 calendar.

The event is being run by the Dublin-based events management company, Kevin Rowe Events, with all actors getting the opportunity to develop their acting skills with a professional acting coach.

Each film will be professionally filmed and edited before the premier on the big screen.

It's going to be a major fundraiser for Kilcummin and Glenflesk GAA clubs, with both clubs equally sharing the proceeds.



THE ORGANISING COMMITTEE: FROM LEFT KEVIN ROWE (KR EVENTS), PICTURED WITH MEMBERS OF THE ORGANISING COMMITTEE FROM GLENFLESK AND KILCUMMIN GAA CLUBS MISH O DONOGHUE, NIAMH DWYER, DAMIEN O LEARY, CATHY SOMERS, DERRY HEALY, EMMA LOONEY, DAMIEN MCCARTHY, AILEEN MORIARTY, ROSIE HEALY AND DONAL DWYER

Sponsors are also being offered the chance to get in on the act with a variety of packages - including big-screen and Red-Carpet credits - being made available by the organising committee.

"We are so excited about this event and it promises to be something never seen before in Munster," Niamh Dwyer of the Organising Committee told the Killarney Outlook.

"Both parishes have so much acting talent

and to see them professionally filmed and performing on the big screen in the INEC makes for a night to remember.

"There's a huge amount of work involved in organising such a major event but hopefully it's all going to be worth it when up to 2,000 people walk the Red Carpet on March 29th for our very own Night at the Oskars," Niamh added.

BEAUFORT HOST INAUGURAL FILM NIGHT

Do people change situations or do situations change people? What happens when good men do something?

These are the questions at the heart of the film, *The Lives of Others*, which will be screened by Beaufort Film Night at their inaugural event which takes at The Inn Between Bar, Beaufort, on Friday 9th February at 8.30pm.

Beaufort Film Night is a non-profit community organisation founded by local film enthusiasts whose aim is to screen cultural English language and international language films, fostering an interest in and appreciation of these category of films, films which normally don't get a general release screening in Kerry. Films screened at Beaufort Film Night will be carefully curated in order to appeal to a general audience. Beaufort Film Night is working in conjunction with Access Cinema, the Arts Council funded organisation which assists film clubs and film nights in Ireland with their screenings.

To coincide with the new Kerry-Berlin air route



Beaufort Film Night will screen the multi-award winning German classic, *The Lives of Others* (*Das Leben der Anderen*). Set in East Berlin in 1984, the plot begins with dedicated Stasi Captain Gerd Wiesler (code name HGW XX/7) who is tasked with leading a surveillance operation on playwright Georg Dreyman and his actress partner Christa-Maria Sieland. What follows is an extraordinary tale of courage, power, choice, and redemption behind the Orwellian Iron Curtain. *The Lives of Others*

is a political thriller and a human drama which reinforces the value of arts and culture in shaping us as humans. The film is in the German language with English subtitles and is the most successful German film ever made in terms of awards, amongst them both the Academy Award and BAFTA for Best Foreign Language Film, the European Film Award for Best Film and the French César Award for Best Foreign Film. *The Lives of Others* is a tour de force which was best described by the UK Daily Telegraph as a magnificent tribute to the human soul.

Beaufort Film Night would like to thank The Inn Between Bar for providing a venue for this cultural and entertainment opportunity. Admission to the film is €7 which will go towards covering the motion picture licencing fee and associated costs. *The Lives of Others* has a 15 Certificate.

Further information can be viewed on Beaufort Film Night's Facebook page ([BeaufortFilmNight](https://www.facebook.com/BeaufortFilmNight)) and Twitter page (@Beaufort_Film).

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**PRICE REGION: €395,000
BER C2**



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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: Clashnagarrane, Kilcummin. 3 Bedroom Bungalow on approx 0.34 acre site located adjacent to Kilcummin National School & Kilcummin GAA pitch. The property benefits from a refurbished garage suitable for a home office. Oil fired central heating, pvc double glazed windows, detached block built shed (13'8" x 15'6") with electricity/plumbing for appliances, private rear garden with mountain views.

Agent: ● Property Partners Gallivan ● College Square, Killarney, Co. Kerry ● Tel: **064 6634177** **www.propertypartners.ie**

Guide Price: €250,000 (BER D2)

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

SICKLY COME DANCING FOR UNIVERSITY HOSPITAL KERRY

The Sports and Social Club of University Hospital Kerry (UHK) are set to host a night of Sickly Come Dancing in aid of the chemotherapy day unit. 24 hospital staff members from all different disciplines within the hospital have volunteered to take to the stage to raise some much-needed funds. Sickly Come Dancing will take place in the Ballygarry House Hotel in Tralee on Friday, February 23 and the dancers are currently being put through their paces with a hectic schedule of rehearsals under the guidance of choreographer Honor Hurley. The dancing couples are Aisling Sheehy and Nealie Warren, Chris Carmody and Joe Diggins, Ciara Prendiville and Mustafa, Gavin Breen and Debra Meehan, Hazel Reid and Allan Morales, Martin Boyd and Kay Karim, Martin O'Sullivan and Noelette O'Sullivan, Padraig McCrohan and Mary Fitzgerald, Patrick White and

Catriona Kennedy, Paul McCarthy and Ellen Cox, Regina Galvin and Mike O'Halloran and Sibú Hlongwane and Margaret Jones. Funds raised on the night will aid UHK in extending the chemotherapy day unit in order to provide a purpose-built facility in which patients can be treated with compassion, respect and dignity at all stages of the treatment process. Tickets are priced at €20 and the public can make donations via their Gofundme.com/Sports and social club UHK. Master of ceremonies on the night will be Radio Kerry presenter Tim Moynihan and the judges will be Strictly Come Dancing winner Aidan O'Mahony, Elma Walsh, Cassie Leen and Dr Tom McCormack of University Hospital Kerry. It is sure to be a fabulous night of quality entertainment and great fun.



JEAN BUTTER (CORA WALSH) AND MICHAEL FLATFOOT (PADRAIG DINEEN) SPECIAL GUEST AT THE PRESS LAUNCH OF KUH SICKLY COME DANCING ON THURSDAY AT KUH PHOTO JOE HANLEY



MC TIM MOYNIHAN AND DANCING INSTRUCTOR HONOR HURLEY PHOTO JOE HANLEY



THE KUH SICKLY COME DANCING COMMITTEE CORA WALSH, JOE DIGGINS, MAIREAD ENRIGHT, THERESE CARROLL, PAUL MCCARTHY AND SEAN O'DOWD PHOTO JOE HANLEY

HEALTHIER TEAM-HAPPIER TEAM

The staff at Kerry hairdressing company Sean Taaffe group are sticking to their new year's resolution.

The award winning group are pushing the boundaries once more, they have decided to push the healthier lifestyle agenda within their own team and have taken the decision to give members of the team who Don't smoke an extra days holidays as a reward and an incentive to quit, they have also brought Alan Devane personal trainer at the Europe hotel in to advise each person on nutrition and fitness "the overall health and well being of the team is important to us at Sean Taaffe and if the team are happier and healthier they will be more productive also so everyone wins", Kara McDonagh general manager told the Killarney Outlook.

"It's in everyone's best interest to encourage people to live healthier, healthier means happier and generally less sickness", Salon group owner Sean Taaffe added.



STAFF MEMBERS AT SEAN TAAFFE HAIR GROUP WHO ARE PLANNING A HEALTHY YEAR.

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KILLARNEY SCHOOL-KIDS BECOME ECO RANGERS

A number of schools in and around Killarney have signed up to take part in creating their very own Eco Safari in an initiative set up by Bord na Móna. Eco Rangers is a programme by Bord na Móna which sets out to reconnect children with nature and help them learn about biodiversity through a series of educational and fun elements. It enables classes to embark on Eco Safaris, nature walks, where they can map out nature trails, look at and investigate flora and fauna, take photos or draw pictures and document what they see. Children are encouraged to creatively connect with nature, with each school developing their own bespoke nature table. The Black Valley N.S. Beaufort, N. An Chuilleanaig Beaufort, Knockaderry N.S. Farranfore, Holy Cross Mercy Primary School, Killarney, Nagle-rice primary school, Milltown and Gaelscoil Faithleann, Killarney, are joining over 600 schools across Ireland which are taking part. Bord na Móna are urging schools and families to get involved in the Eco Rangers initiative, which attempts to overcome the growing nature deficit amongst children by re-connecting them with nature in a fun and interactive way. The initiative was set up in order to combat the amount of time kids are spending on screen time, all research indicates that direct exposure to nature is essential for healthy childhood development



and for the physical and emotional health and wellbeing of children. Schools, teachers and students can get involved by taking part in a nature walk and publishing it on their site. While the emphasis is on schools to participate, the programme can also be used by the children with their families in their local

communities around Ireland. Families can log on to www.ecorangers.ie and take a look at the many eco safaris that have already been uploaded to the site. Eco Rangers is suitable for all primary school classes from junior infants through to sixth class.

STRONG DEMAND FOR KERRY IN GERMANY

2018 looks like being a bumper year for Kerry tourism from the German market. The county already attracts in excess of 400,000 German holidaymakers annually but the demand continues to grow. Kerry products were in high demand at CMT – Europe's largest consumer travel fair – in Stuttgart last week. A Kerry County Council/Destination Kerry initiative saw Kerry showcasing its tourism products and activities with other Irish destinations at the Ireland Stand at the nine-day event. It follows on from the Kerry Airport promotion in Berlin last November.

'Germany is Ireland's largest continental European market and Kerry is their favoured regional destination. Over 400,000 German tourists visited Kerry in 2017 but the potential for further growth is enormous,' according to John Griffin, Tourism Officer with Kerry County Council.

'Kerry has great brand recognition in the German market due to the popularity of Kerrygold butter, and the Ring of Kerry which has been promoted in the German market since the 1960s. These appeal to the more experienced travellers while it's the Star Wars movies, focussing on Skellig Michael and Cenn Sibéal, that are attracting younger visitors.' Among the groups that participated at CMT were Kerry Airport, Killarney Chamber of

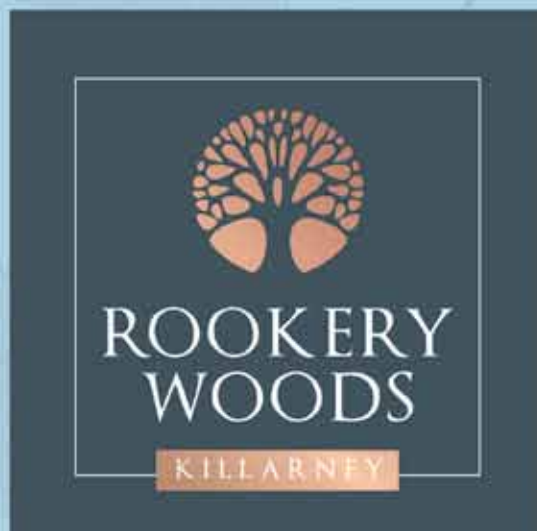


PROMOTING KERRY AT CMT IN STUTTGART – EUROPE'S LARGEST TRAVEL FAIR. PHOTO SHOWS (L TO R): SIMONE LANGEMANN, DESTINATION KERRY, FINOLA O'MAHONY, HEAD OF EUROPE, TOURISM IRELAND, GRACE O'DONNELL, GO KERRY, AND JOHN GRIFFIN, TOURISM OFFICER, KERRY COUNTY COUNCIL.

Tourism, Tralee Chamber Alliance, Go Kerry, Bonane Tourism and a number of individual providers. The opportunity was taken by the Council's

Tourism Unit to unveil the new Kerry tourism brand 'Your Natural Escape' to a German audience which resonated very well with visitors to the stand.

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SPRING SCHOOLS' SERIES AT THE INEC KILLARNEY WITH MACBETH AND GOD HAS NO COUNTRY

The 2018 schools' series with performances of Shakespeare's Macbeth will take place at the INEC Wednesday 31st of January and Thursday 1st February and 'God has no Country' on Wednesday February 21st and Thursday February 22nd to coincide with prescribed texts for the Junior and Leaving Certificate Examinations.

Icarus Theatre Collective and the Millennium Forum Derry present Macbeth by William Shakespeare with two matinee performances 10.30am & 2.30pm Wednesday 31st of January and one performance at 10.30am Thursday 1st of February.

The vicious, barbaric undercurrent in Shakespeare's most fear-filled tragedy erupts in this kinetic, blood-thirsty production. Unrivalled on the battlefield, Macbeth is rewarded with rank and favour by a grateful king. But war has left scars. With each enemy Macbeth butchers to serve his own vaulting ambition, his lust for power takes a more menacing grip. Spectres slaughtered on the battlefield drip poison in his ear, and passions erupt as he ferociously seizes the throne. But, violence breeds violence, and a reign born in blood quickly spirals out of control as Macbeth's demons return to destroy him.

Set in the 11th century and culminating in an epic battle Icarus blends traditional and physical theatre and brings vividly to life some of literature's most vibrant language and characters. Recommended for 11+ (contains violence). Student rate for the performance is €15 with teachers going free.

There will be two matinee performances of



KILLARNEY ACTOR DONAL COURTNEY WILL PRESENT GOD HAS NO COUNTRY AT THE INEC

God has no Country at 10am and 1pm on Wednesday 21st and one performance 11am on Thursday 22nd. The show will cater for school groups and the student rate for the performances is €5, with teachers going free.

'God has no country' tells the story of Monsignor Hugh O'Flaherty's war time exploits in Rome. Born in Kiskeam, Hugh grew up in Killarney, where his father was the steward of the old Killarney Golf Club. He had a vocation for the priesthood and, as a young seminarian, was posted to Rome in 1922. The story of this play follows O'Flaherty's wartime exploits during World War 2, as he and his colleagues set about the task of protecting those in need from

German occupancy. By the end of the war, the 'Scarlet Pimpernel of the Vatican' (as O'Flaherty became known) had helped over 6,500 Jews, American and British Soldiers escape from the Germans. After the war, Monsignor O'Flaherty received many decorations, including the US Medal of Freedom. He retired to Cahersiveen for the last three years of his life and passed away in 1963. O'Flaherty's story is told with humour and sensitivity, re-enacted by Killarney actor Donal Courtney and the play aims to bring the heroic deeds and achievements of this extraordinary man to a wider audience. For tickets please contact the INEC Box Office on 064 6671555 or see

FILM SHOT IN KILLARNEY DUE FOR RELEASE

A feature film, shot entirely in Killarney which includes stunning aerials shots of the town and many scenes which are filmed in the town is expected to be released by April and may even debut at the prestigious Galway Film Fleadh this summer. The film is called Tradition and is a comedy drama that charts a high-profile court case that follows a controversial decision made by a referee in an All-Ireland Club Championship final. Local filmmaker Damian O'Callaghan, of OC Productions also co-wrote the script with Claire Corrigan. A trailer for the film has been viewed over 21,000 since it was released. Golden Globe winner Saoirse Ronan's father, Paul Ronan, plays the lead role of the judge and the cast also includes several famous faces, including

comedian Brendan Grace, GAA commentator Marty Morrissey, Irish actor Pascal Scott and talented local actor James Daly as well as numerous people from the local area and some voiceover work by Micheál Ó Muircheartaigh. There were also a number of local people who worked on the filming in and around Killarney.



Tradition is the first movie filmed in Killarney Courthouse since The Dawn in 1934. Some scenes were filmed in JM Reidy's pub on Main Street, Murphy's Bar and Cronin's Restaurant on College Street. Damian hopes to premiere his latest work in Killarney Cinema later this year, we look forward to it!

SCENES FROM THE FILM - TRADITION ABOVE AND RIGHT DAMIAN O'CALLAGHAN, OC PRODUCTIONS.





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€25,000 WINDFALL FOR WINNERS IN KILLARNEY CREDIT UNION MEMBERS DRAW

A delighted Ulick O Sullivan, a native of Farranfore got a surprise call last week when he was notified that he had won a brand new car in the Killarney Credit Union members draw.

Ulick who is now resident in Dublin collected a brand new Ford Fiesta from Pat Sheehan, Board Chairman at a prize giving ceremony at the credit union on Saturday 20th January.

Speaking about the members draw, Karena McCarthy, Killarney Credit Union Marketing Officer stated "we currently have over 2,500 members in the draw which is held twice a year. This year our prizes included a new car and prizes ranging from €250 to €1,000 cash, our next draw will take place in July 2018" she concluded.

Members can apply for the members draw at any of the branches or download an application form online www.killarneycu.ie. €12 will be taken from your account twice a year as an entry fee for the members draw.

The cash prize winners were Mary Quirke, Connie Brady, Joan Mulchinock, Tim O Sullivan, Mary Mulcahy, Noreen O Donoghue, Julia Casey, Denis Cronin, Annette Sheehan, Eileen O Shea, Olive Sheehy, Julie Payne, Mary T O Sullivan.

Karena added "The draw is limited to members of Killarney Credit Union and anyone over the age of 18 can apply to join, so we would encourage members to sign up, if they haven't already, as the saying goes, if you're not in, you can't win" she concluded.



PICTURED ABOVE AT THE PRESENTATION OF THE KILLARNEY CREDIT UNION MEMBERS DRAW CASH PRIZES WERE FRONT FROM LEFT, KILLARNEY CREDIT UNION CHAIRMAN PAT SHEEHAN, MARY QUIRKE AND PAT DELANEY KILLARNEY CREDIT UNION. BACK FROM LEFT ARE MARY T O'SULLIVAN, CONNIE BRADY, ANNETTE SHEEHAN, TIM O'SULLIVAN, JOAN MULCHINOCK, DENIS CRONIN AND JULIE MCGOWAN. PICTURE: EAMONN KEOGH

PICTURED RIGHT: KILLARNEY CREDIT UNION CHAIRMAN PAT SHEEHAN, LEFT, PRESENTS THE KEYS OF A NEW FORD FIESTA CAR TO ULLICK O' SULLIVAN, FARRANFORE, WINNER OF THE KILLARNEY CREDIT UNION MEMBERS CAR DRAW. PICTURE: EAMONN KEOGH



COULD YOUR PAMPERED PET OR FAMILY POUCH BE DESTINED FOR FAME?

Legally Blonde The Musical is going on tour and the producers are holding auditions in Killarney to discover a four-legged star for the show!

Dog auditions take place Saturday, February 10th at the Gleneagle Hotel.

EastEnders' Rita Simons and Bill Ward, star of Coronation Street and Emmerdale are the human stars of the show. But Legally Blonde The Musical also has two dogs in the cast - a Chihuahua called Bruiser and another called Rufus. Bruiser is already cast and will be on the road with the cast but producers have decided to hold auditions for 'Rufus' in every town and city on the tour.

Auditions are being held at the Gleneagle Hotel on Saturday, February 10th 2018.

Associate Director David Barrett said: "Legally Blonde The Musical is a show all about stereotypes and not judging a book by its cover and the dogs are no different in this. So whereas 'Bruiser' is the cute, tiny, adorable one, with 'Rufus' we are looking for the total opposite. We are looking for a big, brutish, dog that only its mother could love - preferably a Bull Dog as in the film but we are certainly open to options." Legally Blonde The Musical, with music and lyrics by Laurence O'Keefe and Nell Benjamin

Dog Auditions 2018
'The Hunt for Rufus'

LEGALLY BLONDE
The Musical

VENUE: INEC FOYER

DATE: 10TH FEBRUARY 2018 TIME: 12.00PM - 5.00PM

and book by Heather Hach, based on the novel by Amanda Brown and the MGM motion picture, will run at INEC Killarney from July 10th - 14th 2018.

Interested parties are asked to email legallyblondedogauditions@gmail.com for application and full details.





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TOM LESLIE KVC&V PRESENTING THE CHEQUE TO DES O'HALLORAN & JOHN O'CONNELL OF KERRY/CORK HEALTH LINK BUS PROCEEDS OF THE KILLARNEY VALLEY CLASSIC & VINTAGE CLUBS CHRISTMAS CHARITY WALK.



JAMES LOONEY KVC&V PRESENTING THE CHEQUE TO MICK O'CONNELL, FATHER OF IAN O'CONNELL. PROCEEDS FROM THE KILLARNEY VALLEY CLASSIC & VINTAGE CLUBS CHRISTMAS CHARITY WALK.



COLM COOPER, KERRY PERSON OF THE YEAR AND CHAIRPERSON OF THE KERRY ASSOCIATION, KEELIN KISSANE PICTURED AT THE SHELBOURNE HOTEL ON THURSDAY NIGHT LAST. PICTURE: JULIEN BEHAL



PHOTOGRAPHED AT CMT TRAVEL FAIR IN STUTTGART LAST WEEKEND: (L TO R): SIMONE LANGEMANN, DESTINATION KERRY, CIARA SCHMIDT, TOURISM IRELAND GERMANY, AND STEPHEN O'SULLIVAN, MOLLY GALLIVANS AND BONANE TOURISM.



BABY LILY MCGOUGH, PICTURED AT THE CHURCH OF RESSURECTION ON HER CHRISTENING DAY WITH L-R ROSALEEN MCGOUGH (GODMOTHER), DAD BRENDAN MCGOUGH, MUM ROSEANNA MCGOUGH, TIM LONG (GODFATHER) AND BIG BROTHER DYLAN SHINE. PICTURE MARIE CARROLL-O'SULLIVAN



SPECIAL OLYMPICS CLUBS REPRESENTATIVES PICTURED WITH COLM COOPER AT THE ANNOUNCEMENT OF KERRY PERSON OF THE YEAR AWARDS IN DUBLIN ON THURSDAY NIGHT LAST. PICTURE JULIEN BEHAL



A 'SURPRISED' DENIS O'DONOGHUE (SEATED CENTRE) WITH HIS WIFE MAJELLA, PICTURED AT THE KILLARNEY AVENUE HOTEL FOR HIS 50TH BIRTHDAY CELEBRATIONS, WITH FAMILY & FRIENDS. PICTURE MARIE CARROLL-O'SULLIVAN

PADDY O'KEEFFE

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Killarney

TOWN TALK



LORRAINE O'CONNOR AND TIM FITZGERALD WHO WERE MARRIED IN ST PATRICKS CHURCH MILLSTREET ON 30TH DEC 17 AND HAD THEIR RECEPTION IN THE BREHON.

the dance each evening.. Check Killarney Jive Weekend on Facebook or www.tomjive.com for more info

THE LIFE AND MUSIC OF JIM REEVES WITH AL GRANT

Scotland's most popular singer-songwriters Isla and Al Grant make a welcome return visit to Ireland for the now traditional annual tour to cover some of the best songs from the life and times of Jim Reeves. Al Grant is renowned for his classic interpretation of Jim Reeves songs with unerring similarity to the voice of the 'Great Man'. For this special concert which is his only one in Munster on this Tour Al will be backed by a band which includes some of Ireland's finest musicians and special guest on the night will be renowned singer/songwriter Isla Grant. With narration and Video screen footage this will be an unforgettable evening of Song and Story dedicated to the life and times of Jim Reeves. The venue is the INEC on Friday, February 2nd. Show begins at 8.30pm. Tickets on sale from the INEC Box Office on 064 667 1555

DARA O BRIAIN SHOW

Dara O Briain returns to the INEC tonight, Friday 26th January. Dara is a stand-up comedian, and television presenter, best known in the UK for hosting BBC's Mock the Week, and in Ireland for hosting RTÉ 2's The Panel. He is known as being one of the biggest and best comics in the country and is often said to give a masterclass in intelligent stand-up. His most recent shows for TV include Star Gazing Live for BBC, Go 8-Bit for Dave, and Robot Wars for BBC. Doors are at 7.00pm with the show starting at 8.00pm. Tickets: €30



DARA O BRIAIN



CAOIMHE SPILLANE.

There is definitely a stretch in the evenings, I think we are all glad to see it! To find out what's happening in Killarney, look no further than the Town Talk Page. The page is a great way to celebrate the town and support local

events. If you have any news you would like to share, an event you would like to promote or an interesting story about Killarney you can contact towntalk@outlookmags.com

DANCE WEEKEND

The Killarney Jive Weekend returns to the Torc Hotel for another star studded 3 days of workshops and dancing from some of Ireland's best Dance teachers and the sensational Ciaran Rosney on stage at 10pm both Friday and Saturday night. The weekend is full of Jiving workshops from beginner to advanced classes and also waltzing and Quickstep lessons with a junior jive on Saturday at 5pm. The climax of the weekend will be the Jive competition on Saturday evening with €300 to the winner. Full weekend tickets are available on the door and you can also pay per class or just come to

K-TOWN SPEED DATING

K-Town will be hosting a speed dating night 'Catch a Match'. The event is geared for 20 to 30 year olds and is strictly over 18. Closing of registration will be 1 o'clock the 16th of February, registration is essential - send your name and date of birth to 087-9613482. Fee is €8 to be paid on arrival on the night. Limited availability. Dj after with loads of fun guaranteed.

VINTAGE AFTERNOON TEA

The Great Southern Hotel is hosting a Vintage Afternoon Tea event on Saturday, 27th January to celebrate their reopening. All proceeds will be donated to Kerry Hospice Foundation. You are invited to join the celebrations to mark the beginning of the hotel's next chapter! Tickets are priced at €35.00 per person. To book tickets, please call 064 6638027 or email events@greatsouthernkillarney.com

DEREK RYAN AND LISA MCHUGH

Derek Ryan brings his highly acclaimed concert tour to the INEC this Sunday 28th January. Derek, who has a fanatical fan base, is imaginative in his ability to blend his love for Irish country and trad in his music which was a winning combination on one of his biggest hits, 'Hold On To Your

Hat', a track he recorded along with Sharon Shannon. His concert tour includes a mix of old favourites, classic country and Derek's own original material. The highlight of the show is considered the moment the band and performance is stripped back, where Derek is left alone with his guitar on stage. His special guest will be Lisa McHugh. Doors 7.30 | Show 8.00 Tickets: €30.00

QUIZ

Killarney Musical Society are holding their annual table quiz tonight Friday 23rd at Mc Sweeney Arms Hotel at 8pm, lots of spot prizes, please come and support our fundraiser.

KILLARNEY MACRA NA FEIRME

Killarney macra na feirme would like to extend a huge congratulations to local Farranfore lady Brid O'Sea who recently won the best female performer at the national semi finals of capers. This was a variety show in which Brid won the heart of the judges with her music, song and dance performances. Brid is a national school teacher in Kilcummin school and Killarney Macra wish to extend our congratulations in her success.



COLM COOPER, GAA PUNDIT, LEGENDARY KERRY FOOTBALLER, WINNER OF FIVE ALL IRELAND MEDALS, EIGHT ALL STARS AND EVERY MAJOR HONOUR IN THE GAME HAS BEEN NAMED AS THE KERRY PERSON OF THE YEAR FOR 2018 BY THE KERRY ASSOCIATION IN DUBLIN. PICTURED WITH COLM IS HIS GIRLFRIEND CEITILIS NI BHEAGLAOICH. PIC JULIEN BEHAL PHOTOGRAPHY.

LAUNCH NIGHT

The Muckcross Park Hotel is hosting a Launch Night to celebrate our partnership with international beauty brand The Organic Pharmacy. The event will take place on 16th February at 7.30pm 2 FM DJ Louise Duffy will be their guest speaker for the event. The Spa at Muckcross Park Hotel is the first location in Ireland to partner with this global brand. If you would like to attend the launch night, simply rsvp to spa@muckcrosspark.com or phone 064 6623456.



FAMILY YOGA EVENT

Nave Yoga are hosting a Family Yoga Class on Sunday 4th February at 10:30am at Peak Performance Academy. Family yoga is a fun activity you can do with your child where you can bond as you share yoga together. They will do lots of partner poses, make animal noises and have heaps of fun! It's a chance for parents and children to share the joy of yoga together in a safe and fun environment. The cost is €12 for one adult and one child, and €3 per person thereafter. Suitable for children aged 3-13 and adults of all ages! Bookings to Elaine on 0872601624

CONGRATULATIONS

Huge congratulations to the Killarney Park

Hotel which has been named Ireland's number one hotel in the TripAdvisor Travellers Choice awards. This is a major achievement especially because the previous title holder, Harvey's Point in Donegal has won every year for the last 5 years. Other Killarney hotels that made the top 30 are the Killarney Royal (13th), the International, Killarney (14th), the Lake Hotel, Killarney (21st), and the Europe Hotel and Resort (23rd). Congratulations to them all!

MILLTOWN

CHILDREN'S CHOIR

For the past nine years, Milltown and Castlemaine have had a children's choir in their community. The children sing twice monthly at the Sunday morning Masses. The choir has gone from strength to strength over the years. Unfortunately, one of their leaders is relocating. If you are a person that plays an instrument – ideally guitar or keyboard – and would like to work with a children's choir, please contact Deirdre O'Sullivan on 086-1703332.

THREE TENORS CONCERT

The Three Tenors Ireland will be in Concert in Killarney on Saturday February 3rd Ireland's favourite trio, Dominic, Shane, and



THE THREE TENORS

Derek – collectively The Three Tenors Ireland – have been the only Irish trio act to perform annually for the past five years in such prestigious venues as the National Concert Hall Dublin, Cork Opera House, Dublin's Christ Church Cathedral, Dublin Castle, and recent sell-outs in Belfast Waterfront Hall, Belfast Lyric Theatre. They perform up to 100 concerts annually in major venues throughout Ireland & UK. The Irish trio

has regularly appeared on both BBC and RTE. They will perform an exciting Celtic flavoured programme, with uplifting songs made famous by world superstars including Sinatra (My Way), The Dubliners (Wild Rover) and Pavarotti (O Sole Mio/Nessun Dorma). You'll also love their new arrangements of hits such as 'Over the Rainbow'. Show: 8.30pm Tickets: €25

HEARTBEAT JANUARY.

Pharmacist Owen Daly will talk to HeartBeat about taking medications correctly – side effects – how to manage daily doses etc. There will be a question & answer session. Owen will talk at 8pm on Monday January 29th at the Serenity Centre, St. Anne's Road, Killarney. ALL ARE WELCOME TO THIS FREE EVENT.

HOLIDAY

Killarney Active Retirement group are going on holidays and are looking for companions. If you are interested in a Sunseekers Holiday Sept. 24th - 11 nights - Majorca, contact Abbey Travel - Killarney. You don't have to be a member of the group to go!

CHRISTMAS IN KILLARNEY



"Christmas In Killarney wish to acknowledge the significant financial support of Daly's Supervalu to this year's festival.

Daly's Supervalu were inadvertently left out of the recent "Thank You" advert in the local media.

"This was an error on our part for which we are truly sorry", said Paul Sherry of the Christmas In Killarney committee.

The Daly family have been and continue to support local and community projects and it is only through this type of support that Killarney Chamber of Tourism Commerce can continue to bring festivals and events to the people of Killarney."

COLLEGE APPLICANTS SHOULD KEEP MICK O CONNELL'S THESIS ON "WORK" IN MIND



Some years ago, I attended a seminar on "The future of work," where the great Mick O'Connell, one of Kerry's finest ever Gaelic footballers was a keynote speaker. Mick spoke passionately and eloquently about the "work ethic" and the dignity of paid employment. I interpreted his views to mean that those of us who are able to work have a patriotic duty and moral obligation to do so. Not only that, but we should also do our jobs with enthusiasm, willingly and to the best of our ability.

As the CAO deadline approaches, college applicants are being bombarded with career advice from all angles. However, in selecting their course choices, college applicants would do well to keep Mick O'Connell's views in mind. With national unemployment now as low as 6.5% and youth unemployment decreasing rapidly, the profound words of Mick O'Connell are more relevant today than ever before. Opportunities were never better for those with a strong work ethic, an enthusiasm for their qualification and a skill set necessary for a modern work environment.

The jobs market is never far from CAO applicants' minds. Applicants are focussing on courses which offer good job prospects

in the current buoyant economy. Because of the vulnerability of the Irish economy to unpredictable variables such as "Brexit" and America's protectionist economic policy, change is the only constant. When 2018 CAO applicants graduate onto the jobs market the skills and qualifications needed in the economy may have changed. Nevertheless, the courses that surged in popularity last year, due to a growing confidence in the economy, are very much in demand this year. CAO applicants base their choices on a number of considerations. Some applicants construct their course choices on their favourite school subjects. Others apply for courses, which suit their interests and personalities. A surprisingly large number of students prefer to attend a particular college than to do a particular course. Many applicants, despite their tender years and the pressures of Leaving Cert year, objectively analysis their personal career profiles, based on such variables as ability, achievement, application, aptitude, ambition, values, interest and personality (SAVIP). Career profiling isn't an exact science, but it's a useful exercise in appropriate course selection.

Current applicants are applying in large numbers for science and computer courses, which they see as employment friendly. The Government's effective promotion of STEM (Science, Technology, Engineering and Mathematics) courses as essential for the expanding "smart economy" is bearing fruit. Science is riding the crest of a wave with attractive jobs available in specialist science sub-disciplines like pharmaceuticals and biotechnology. Computing courses will retain their popularity as there is huge demand for people with computer science skills. The

majority of courses in health sciences will require well 500 plus points. Courses in agri-food science, horticulture and agri-business will retain huge appeal.

The economic recovery has revived interest in "build environment" courses, which will again be popular this year. Demand for courses in civil, environmental and structural engineering, architecture, quantity surveying, valuation surveying, property management and auctioneering is back to prerecession levels. HASS (Humanities, Arts and Social Sciences) courses will be listed by about 25% of all CAO applicants in 2018. However, because of unfavourable working conditions and reduced pay scales in the public sector, courses in nursing, teaching, public administration, social science and child care are attracting less attention from applicants.

Business courses will again be very popular in 2018 offering opportunities in financial services and treasury, taxation, accounting, corporate law and business information services. Degree courses in law, tourism and hospitality, which declined in popularity during the recession, are becoming more competitive in a thriving economy.

With so much emphasis in the jobs market on skilled and well-qualified personnel, each CAO applicant is aware that her/his chances of employment are considerably increased by a competitive qualification. But remember, a strong work ethic and a passion for your qualification will make you employable when you arrive on the jobs market.

In the next article: Why the "Mocks" are ideal practice but the real test will be in June!

Checklist

- Closing date for online change of course choices (free) via "My Application" is next Wednesday, 31st January at 5.15pm
- Closing date for the normal CAO online application (€45) via "Apply" is next Thursday, 1st February at 5.15pm
- Online facility to amend course choices opens at noon (€10 fee), Mon., 5th February
- Closing date, at 5.15pm, for amending course choices is Thursday, 1st March
- CAO last week announced that applicants will have less time to accept college offers
- CAO Round One offers will be available from 6am, Monday, 20th August
- CAO Round One offers must be accepted by 5.15pm, Friday, 24th August
- CAO Round Two offers will be available from 10am, Wed., 29th August
- CAO Round Two offers and must be accepted by 5.15pm, Fri., 31st August

Billy Ryle is a Career Guidance Counsellor and freelance writer



SEAN HICKEY, ST. BRENDAN'S COLLEGE KILLARNEY, PICTURED AT THE DAVIS COLLEGE MODEL UNITED NATIONS IN CORK CITY HALL. 400 STUDENTS FROM 18 SECONDARY SCHOOLS ACROSS IRELAND, ALONGSIDE VISITING STUDENTS FROM SPAIN, GATHERED THIS WEEK AS IRELAND'S LARGEST MODEL UNITED NATIONS CONFERENCE GOT UNDERWAY. RUNNING FROM TUESDAY 16TH JANUARY TO FRIDAY 19TH JANUARY, STUDENTS WILL ASSUME THE ROLE OF DELEGATES REPRESENTING COUNTRIES AND NON-GOVERNMENTAL ORGANISATIONS (NGOS), AS THEY ENTER INTO A SERIES OF FASCINATING DEBATES ON ISSUES OF PRESSING GLOBAL IMPORTANCE. THIS FOUR-DAY MODEL UNITED NATIONS CONFERENCE IS HOSTED BY CORK EDUCATION AND TRAINING BOARD SCHOOL, DAVIS COLLEGE MALLOW, AND IS A STUDENT-RUN SIMULATION OF THE UN GENERAL ASSEMBLY. TOGETHER STUDENTS WILL DEBATE RESOLUTIONS IN GENERAL ASSEMBLY AND SPECIAL CONFERENCE ON TOPICS SUCH AS PROMOTING DEMOCRACY, COMBATING HIV/AIDS, EQUAL RIGHTS, INFANT MORTALITY RATES AND DISABILITY IN SOCIETY. PICTURE: JIM COUGHLAN

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BMW WINTER SAFETY PACK FOR JUST €89.



Bulb Replacement



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**Oil Top Up &
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Mini-Valet



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A BMW Winter Safety Pack is the perfect way to prepare for the tricky conditions ahead. Exceptional value at just €89, highly skilled BMW technicians will carry out a safety check, fit replacement bulbs and new wipers, give your BMW a mini-valet and an oil top-up, it even comes with an ice-scraper, just in case.

Visit bmwservice.ie and book your Winter Safety Pack today at **Aherns Castleisland**

Aherns Castleisland.

Tel: 066-7143000 web: www.ahernsbmw.ie

Terms and conditions apply. Offer ends 31st March 2018 or while stocks last.



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Driving Machine**



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SPONSOR**

TOP 10 TIPS FOR SAFER DRIVING



Taking a number of simple precautions can ensure safety on Irish roads during winter. Don't get caught out if severe weather hits, make the necessary checks on your vehicle now.

There are a number of simple precautions the RSA advises for driving over the winter months:

1. **Check your tyres...** they are your only contact with the road. Tyres should be at least the minimum legal thread depth of 1.6mm but need to be changed before they get this worn. Tyres need to be to the correct tyre pressure to give the motorist the best chance in extreme conditions.

2. **Use your lights.** As we come into the winter months, motorists are advised to use dipped head lights during the day so you are easily seen. Headlights and taillights should be in working order.

3. **Understand your brakes.** Check your car manual and find out if your vehicle has safety

assist technology such as Electronic Stability Control (ESC) or Anti-Lock Braking System (ABS). Learn how these technologies can assist your driving in harsh weather conditions.

4. **Safe Distance.** It takes longer to stop a car during the winter weather so slow down and allow extra distance between you and the car in front.

5. **Make sure you can clearly see.** All too often motorists do not de-fog or de-ice windows and mirrors which can compromise visibility. This winter ensure windows and mirrors are clear, and carry a de-icer and screen scraper. Do not use boiling water as this can crack the windscreen.

6. **Beware of "Black Ice".** Black Ice is one of winter's biggest hazards as it is difficult to see. Watch out for sheltered/ shaded areas on roads, under trees and near high walls.

7. **Be prepared.** During these winter months it is advised that motorists carry a number of

essentials in the boot of their car.

- 1) High visibility vest
- 2) Spare fuel
- 3) Appropriate footwear in case you need to leave your vehicle e.g. boots
- 4) A hazard warning triangle
- 5) Spare wheel (Check that your spare wheel is in good condition and is fully inflated. Some cars may have an inflation repair kit instead of a spare wheel. Make sure that you know how to use it.)
- 6) Tow Rope
- 7) A shovel
- 8) De-icing equipment (for glass and door locks)
- 9) Spare bulbs
- 10) First aid kit
- 11) A fire extinguisher
- 12) A working torch
- 13) A car blanket, additional clothing & some food and water

8. **In the event of a breakdown.** Drivers need to ensure their vehicle is well in off the road so as not to obstruct other vehicles. The driver should also put on their hazard warning lights. If the vehicle breaks down on the motorway pull in as far as you can, alerting traffic behind you with hazard lights. The driver should leave their vehicle, get behind the barrier (on the embankment) and call the Gardaí, on their mobile phone or roadside telephone.

9. **Keep up to date.** Listen to local weather and traffic reports. Pay heed to the weather warnings alerting drivers of unsafe and dangerous driving conditions.

10. **Check out the RSA's publication** 'Severe Weather Advice for Road Users' for more detailed advice on what to do if severe weather strikes!

IS YOUR VEHICLE READY FOR BAD WEATHER?

Bad weather such as torrential rain, severe winds, fog, ice and snow can strike suddenly catching road users off guard.

IF SEVERE WEATHER STRIKES! Before setting off on a journey check to see if there are any problems on your intended route.

IS YOUR JOURNEY ABSOLUTELY NECESSARY?

In extreme weather conditions you should ask yourself if making a journey by road is absolutely necessary? If it is not you might consider delaying your trip until the weather and road conditions improve. If using the roads

in such conditions is unavoidable be prepared. The golden rule is to drive, cycle or walk with care and caution and expect the unexpected.

IS YOUR VEHICLE READY FOR BAD WEATHER?

As the saying goes 'Prevention is better than cure', so take some time to prepare both your vehicle and yourself for the challenges of winter driving. Don't get caught out when severe weather strikes.

Your first step should be to get your vehicle serviced to ensure it is fit and safe for winter driving. Secondly you should carry out regular checks on the vehicle.

YOU SHOULD

Check for wear and tear on wiper blades and replace them as soon as they start to smear rather than clean windows.

keep tyre pressure at the manufacturer's recommended level and check you have at least 3 millimetres of tread depth.

check that your spare wheel is in good condition and is fully inflated. Some cars may have an inflation repair kit instead of a spare wheel. Make sure that you know how to use it. Make sure all vehicle lights are working and clean and top up with anti-freeze and screen wash.

SAFETY TIPS FOR OLDER DRIVERS

For most, continuing to drive as they get older is important as it helps them stay active in their communities and access essential services. However, as we age there are particular driving risks to be aware of.

ISSUES COMMONLY EXPERIENCED BY OLDER DRIVERS INCLUDE:

Changes in eyesight

Health issues

Medication side effects

Uncertainty on busy roads and junctions

Decline in physical strength

What older drivers do well

While older drivers face more physical challenges than younger drivers, generally speaking they're a lower motor insurance risk compared to other age-groups, especially young drivers. This is because older drivers usually:

● Wear seat belts

● Don't drink and drive ● Don't speed

● Obey the rules of the road when they drive and demonstrate courtesy to other road users

KEEPING FIT TO DRIVE

● Make sure you have regular eye and hearing check-ups

● Avoid driving when you're tired

● Avoid driving on unfamiliar roads, at night, in bad weather and during rush hour traffic

● Allow yourself longer driver reaction times

● Leave plenty of room between your car and the vehicle in front

● Indicate in plenty of time ● Drive cautiously

● Keep your car well maintained

Killarney Jive Weekend 2018 **Kerry**

The Torc Hotel, Killarney
January 26th, 27th, 28th 2018

Tickets
€50 - Full Weekend Pass
€40 - Saturday Pass
€10 - per Class
€10 - Dance

Beginner, Improvers & Advance Classes

Junior Jive classes with Karen Healy
Sat 24th 5pm - 6.15pm
Ages 5 - 16 years €5

NO PARTNER REQUIRED

Learn to Jive Waltz and Quickstep in a weekend

Workshops all weekend with Irelands Top Dance Teachers:
Tom Jive, Nikki Keelin & Sean Woods
Mark Ryan & Ciarán Rosney.
Dancing with Ciarán Rosney
Fri & Sat night at 10pm - €10

Jive Competition Saturday night €300 to Winner

For more info contact
The Torc Hotel 064 663 4168

Check out Killarney Jive weekend full line up on facebook page  [KillarneyJiveWeekend](https://www.facebook.com/KillarneyJiveWeekend)




BINGO FAMILY FUN AFTERNOON

Sunday, Feb 4th - Mangerton Suite, Gleneagle Hotel
Doors open 2.30pm - first game starts 3pm sharp

Brilliant spot prizes!

Large Raffle

Booths 110 Adults 65 Children

Eyes down - 3pm sharp!

All welcome - a fun afternoon for all the family!

Numbers called by the wonderful Ray O'Sullivan!

Fundraiser in aid of
Gaeltscoil Faithleann Parents Council
to support activities for children






Killorglin Pantomime Group


Pinocchio
The 55th Panto

At the INEC Killarney
on Sunday 4th February 2018 at 5:00pm
Doors open at 4:30pm - unreserved seating

Tickets available now from the following outlets:
INEC on 064 6671555 / ticketmaster.ie
or by contacting the Killorglin Pantomime Office on 066 9790961

Tickets: €17 Concessions (Children, Student & OAP's): €15
Family Ticket: 2 Adults & 2 Children: €60 (Additional Tickets: €10)

For more information visit: www.killorglinpanto.com 






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www.inec.ie

ROLLING BACK THE YEARS
with the Legends of the
Cork Showband Era

February 3rd 2018
Doors 7.30pm, Show 8.30pm

Joe Mac | Art Supple - 7 Piece Band
Tony Stevens | Terry McCarthy
Declan Ryan | Johnny Carroll
Special Guest Sandy Kelly

Tickets €27.90 available from the INEC Box Office or on the door on the night

 **BOX OFFICE 064 6671555**  
All ticket prices include booking fee | Telephone and Internet Bookings Subject to Service Charge
Ticketmaster 0818 903001 | www.ticketmaster.ie

RATHMORE/GNEEVEGUILLA

NEWS by Michael O'Mahony

PANTO
Marian Players Rathmore Panto Group present their 31st Annual Panto THE PIED PIPER Opening on this Saturday January 27th at Rathmore Community Centre Also nightly: Wednesday 31st, Thursday 1st February, Saturday 3th All night shows at 7.30pm Matinees Sundays 28th & Sunday 4th February at 3pm Proceeds to Kerry Parents Friends Association. Further information & booking contact booking office 0647758526.

COURSE

Kerry ETB will run a 6 week computer Course in Tureencahill Community Centre from Friday 2nd February At 7pm. No Fee Applies. Contact 087 9924821 Or 097 0576107.

CONGRATULATIONS

Congratulations to Knocknagree after they book their place in All Ireland Junior Football final on Saturday last after Defeating Naomh Colmcille of Donegal 2-9 to 0-7 in Mullingar Knocknagree now play in croke park on Saturday February 3th. agaisit Multyfarnham of Westmeath.

Knocknagree GAA presents up for the match at Knocknagree Hall this sunday evening January 28th from 6.30- 8pm. Join for great music, chat banter as well a few surprises, to help to raise funds for team in Ireland club junior final on February 3th in Croke park

Admission €10 or €20 for family.

CHEQUE PRESENTATION

Presentation of Cheques from the Bridge Bar new years Day walk in Memory of Denis (Gary) O'Leary will take place at Bridge bar on Saturday 27th January at 8pm. proceeds to Irish Heart Foundation & Rathmore Social Action and also maintenance & Training for the Defibrillators In the Rathmore area. Thanks to everyone who helped in any way with walk a Resounding success Thank you all Denis Desmond organiser.

NOTES

If you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm Sunday.

LISTRY NOTES

LISTRY SOCIAL COMMITTEE

We wish to remind Seniors in the Listry / Milltown Parish and surrounding areas that the next Social day will be held in Listry Community Centre on Tuesday January 30th from 12 noon-4pm. The usual Bus service will operate on the day and will start collecting Patrons @ 10.45am approx. We look forward to meeting you all again and perhaps some new Members also.

VOTE OF SYMPATHY

At a recent meeting of Listry Community Council CLG a vote of sympathy was passed to the Families ,Relatives and Friends of the following people who died recently-Thomas Murphy, Slievegaura, Beaufort, Carmel Sheehy, Kilcoolaught, Killorglin.(Lisheen, Milltown),Angela Bradley,Belfast, Nora O'Connor, Kilclogherane, Faha, Mrs Moriarty,

Glencar, John Sheehan, Milltown, Paul Lucey, Tralee & Caragh Lake, and Una O'Callaghan, Lisivane, Milltown. May their souls rest in peace.

CLASSES

Listry Community Council in conjunction with Kerry Education Training Board are offering Art Classes (Watercolours) in Listry Community Centre starting on Monday January 29th from 4pm-6pm-if interested please contact Tony on 087 2563883 prior to Friday January 26th. An advanced Photography Class may also be offered if there is sufficient interest-please contact Joan for details prior to Monday February 5th.

FOSSA NOTES

LOTTO

21st January 2018

Numbers drawn were 5, 19, 22, 28. There was one jackpot winner of €3,450 and that was Mary McCarthy, Two Mile School. Next weeks jackpot will be €3,000.

OPERATION TRANSFORMATION

This time last year a group of us, getting into the spirit of Operation Transformation, gathered in Lidi car park at 7pm on Wednesday evenings for a 4km stroll / walk around the town – all lit with street lights and semi sheltered. We finished at approx 8.15pm. It proved to be a fun walk and a broad range of topics were discussed! We are starting again next Wednesday, 17th January and everybody is welcome to come along and join us.

PARTY NIGHT

Fossa GAA Club will hold a party night in the Dromhall Hotel on Friday 26th January. There will be a mulled wine reception at 8pm followed by a buffet at 8.30. There will be medal presentations to the senior men and ladies teams as well as the minor team. There will also be the presentation of the Senior and Minor Player of the Year award and for the first time ever we will have a Senior Ladies Player of the Year award. Tickets @ €20 are available from the following, Merry Talbot 087 0511988, Theresa Kissane 087 6816169, Siobhan Bennett 086 3831917, Willie Buckley 087 9613429, Karen McGlynn 086 1037902 and Mike Cahillane 087 6487181.

COMMUNITY GAMES

Fossa Community Games Committee are organising a table quiz in the Golden Nugget on 2nd February 2018 to help raise funds for another year's events. Fossa has a long tradition of participation and success in Community Games and the funds raised will help continue this tradition for the local children. We would appreciate any support you could give to help make this event a success, whether it's in promoting the quiz itself or supporting our raffle.

BEAUFORT NOTES

RAMBLING HOUSE

Beaufort Rambling House has its next session on February 10th in the Beaufort Community Centre. Doors open at 8.30pm. Great night of music, song and storytelling.

GAA SOCIAL

Beaufort GAA Social in The Avenue Hotel on Saturday next, January 28th starting at 8pm. Tickets available from any Committee member. Music by Arklight. Tickets €30.

KILCUMMIN NEWS

SEASONS FOR GROWTH - LIVING WITH GRIEF LOSS AND CHANGE COURSE

Seasons for Growth - Living with Grief Loss and Change course due to start on Tuesday 6th February at 7pm in the Social & Health Education Project (SHEP) office, Park Road. The course provides a safe & confidential space and will be facilitated by trained & experienced tutors and counsellors. Further info. contact 021 4666180 or 087 7728089.

PARENT & TODDLER GROUP

Mondays 10.30am -12.30pm in the Recreational Hall, all welcome. Further information please contact Maureen on 087-2883479

MARIAN PLAYERS RATHMORE PANTO GROUP

present their 31st Annual Panto 'THE PIED PIPER' Opening on this Saturday January 27th at Rathmore Community Centre. Also nightly: Wednesday 31st, Thursday 1st February, Saturday 3th. All night shows at 7.30pm. Matinees Sundays 28th & Sunday 4th February at 3pm. Proceeds to Kerry Parents Friends Association. Further information & booking contact booking office 0647758526.

CE VACANCIES

Vacancies presently exist on the Kilcummin Rural Dev. C.E. Scheme for the position of Maintenance/Caretaker. This position is a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your Local Dep. of Social Protection Intreo Office to check your eligibility. To apply, please forward your CV for the attention of the Supervisor to Rural Dev. Office by post or email john@kilcumminparish.com. contact John 086-1579381.

COMHALTAS

Comhaltas are hoping to recommence Traditional Singing Classes shortly. If interested please contact Martina on 087-2971213.

FLEADH CHEOIL NA HÉIREANN ENNIS SERIES

(continues each Friday night at 7.30pm on RTE 1)

Fleadh Cheoil is a series of six television programmes from the Ennis Fleadh Cheoil presented by John Creedon and Aoibhinn Ní Shúilleabháin. The series will showcase a host of musicians and singers who attended the Fleadh.

FÉILE FEABHRA

The 28th Annual Féile Feabhra Ceolann, at the Diarmuid Ó'Catháin Cultural Centre, Lixnaw is on Saturday 3rd and Sunday 4th February. Further information from Anne 087 6979334 or Mike 087 7576402.

WANTED TALENTED FAMILIES!

We're looking for Ireland's most talented family to take part in a brand new TV show. If you and your brother or sister, father, mother or granny has a talent, now is your chance to make your

family a household name. All entries must be made up from immediate family members, i.e. grandparents/parents/children. The act must consist of at least two people. There are no restrictions on what their act could be. They could be singers, dancers, musicians or storytellers. If you and your family would like to audition please contact; Lucinda@adareproductions.ie, rob@adareproductions.ie or phone 01 2843877.

MASTERGEEHA FC LOTTO

There was no winner on Friday 19th January, 2018. Numbers drawn were 1, 4, 17, 22. Consolation prizes were €100 Damien Fleming, Kilcummin. €30 Rachel O'Sullivan, Lyreatough, Kilcummin. €30 Sheila McCarthy, Kilbreen, Killarney. €30 Maurice Doyle, c/o Kilcummin Post Office. Jackpot now €3,600.

GLENFLESK NOTES

GLENFLESK LOTTO

No winner of the lotto which took place in Spillanes Bar, Jackpot - €4,600.00
Numbers were 3, 16, 24, 26

1. Gerard Warren (Yearly ticket)
2. Derry Crowley Knockanes (seller Derry Crowley)
3. Aodhan O'Donoghue
4. Francky Guerineau
5. Donal McCarthy Londis

The next draw will take place in Corner Bar on 29/01/18 and the Jackpot is €4,800.

SCOR NA NOG

Scór Sinsear

The Co Final of Senior Scór will be held in mid



ROISÍN WALL KILLARNEY COMMUNITY COLLEGE WITH HER FAMILY JOHN AND VERA AFTER SHE WAS PRESENTED WITH HER SILVER MEDAL AT THE KERRY EDUCATION TRAINING BOARD AWARDS ON FRIDAY EVENING IN ITT NORTH CAMPUS TRALEE, PHOTO JOE HANLEY

February. Any member of Glenflesk GAA, aged 17 or over, who would like to take part, should contact the Scór Officer, Rosie, as soon as possible at 087 2072512.

SCÓR NA BPÁISTÍ

The East Kerry round of Scór na bPáistí will take place in the Racecourse on Saturday, February 24th, at 12pm. Any primary school children, who are members of Glenflesk GAA, who would like to take part in any of the competitions, are asked to forward their names to the Scór Officer, Rosie, as soon as possible at 0872072512 to finalise entries for the Club.

OPERATION

TRANSFORMATION GLENFLESK

The GAA in partnership with RTE's Operation Transformation is seeking to bring together Communities across the 32 County's to enjoy healthy walks in the Safe bright environs of there GAA Club. In a bid to make exercise more accessible on the dark winter nights, Ireland

lights up will see participating clubs turn on there lights between 7 and 8pm each Monday for a six week period (22nd of January-26th of February). Our Club Glenflesk is delighted to be one of the 100 participating clubs, we are asking everyone in the parish young and old to join us. You will be welcomed each week by Derry Healy and Dermot Kelly who are leading the initiative. LETS LIGHT UP GLENFLESK TOGETHER

GLENFLESK AGM

The rescheduled AGM is now on Tuesday 30th of January at 8.15pm. Fr Hayes will celebrate mass for deceased members at 7.30 in Glenflesk Church.

RAHEEN N.S.

Congratulations to Bernie Bartlett who had the winning lotto No.23 on Saturday the 6th of January and to Eamon Bowler who had no.6 on Saturday the 13th.

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Killarney Chamber of Tourism & Commerce

ANNUAL BUSINESS MEETING

DATE: 29TH JANUARY | TIME: 6.30PM | VENUE: KILLARNEY AVENUE HOTEL

MEMBER TICKET: €15 | NON-MEMBER TICKET: €20

Don't miss this Networking Event. It will benefit **YOU** and **YOUR BUSINESS!**



PRESIDENT'S PREVIEW 2018

6.30pm | Paul O'Neill

Events, Festival & Projects



LAUNCH OF "KILLARNEY TEIR ONE REPORT"

7.00pm | Presentation followed by Q&A



BUFFET & WINE

8.00pm



KILLARNEY TEIR ONE REPORT

The first report of its kind to define the economic impact of tourism in Killarney, Kerry and Ireland.

Report carried out by **W2 Consulting** on behalf of:



For businesses in Killarney, it is in your own best interest to attend and be part of Killarney's future!

Killarney Chamber of Tourism & Commerce, 2nd Floor, Tourist Information Office, Beech Road, Killarney, Co. Kerry, Ireland
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WINTER EXCLUSIVE SESSION

Starts February 2018

15 weeks of intense one-on-one personal training
Tuesday and Thursday 7-10 pm

Upon completion, students will receive a certificate from the Association of British and International Hairdressers and from Julie's Barbershop Academy.

There will also be opportunities for work experience.

IF YOU WANT TO BE BETTER THAN THE REST, MAKE SURE YOU GET YOUR TRAINING FROM THE BEST!

With over 25 years of experience, Julie Healy, owner of Julie's Barbershop, is a popular tutor in the salon and teaches in Cork and Kerry colleges. Many of her students are now successful barbers and some have opened their own barbershops.



Please phone Julie on 085 - 8121498 for details, a course description and an application.
Interviews will be scheduled.

FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



DRY JANUARY?

This is a topic being tossed around a lot this month. Should I give up drink or not? Will I loose weight if I give up drink? Will I feel better more alert sharper and less fatigued? Will I be healthier?

Well the answer is yes, however! I think you need to ask yourself, how much do you drink? Is it a problem? Are you dependant on drink or binge drink in times or stress or to unwind? If you are socially enjoying an odd drink here and there and love this weekend small treat then this isn't going to be your holy grail of weight loss if you give it up. What you might risk doing is being very anti social, quiet fed up as you are missing the enjoyment of socialising and perhaps end up eating your emotions in food. So look if you drink in moderation I wouldn't be going on a mission of a dry January to make a difference. There are probably other aspects of your life that you could work on like getting active and watching your diet and cutting out junk and takeaways.

On the other side of the coin alcohol may be the one trigger as to why you are not losing weight. If you are binge drinking at weekends or tipping away at a few drinks every night 5-7 nights a week, then yes this needs to be looked at. Often people discover that alcohol is being abused or used to medicate and suppress an underlying issue, so the best way to start with this is get help with that issue! Speak to a Counsellor or trained professional. When this is resolved and faced, often the need to abuse alcohol will be eliminated or be drastically reduced. So you won't have to torture yourself trying to quit only to fall off the rails in a few weeks and beat yourself up for failing.

PART TWO NEXT WEEK

MORE TIPS NEXT WEEK...

FITNESS WITH EDELE **087-7643449**

WWW.FITNESSWITHEDELE.COM

OUTLOOK BEAUTY

Applying Moisturizer:

Using a good moisturizer is vital at night, as while we sleep our skin loses hydration. Be careful how you apply moisturizer, though. Applying moisturizer from the top to the bottom of the face tugs the skin down, which can cause the skin to sag. Start from the bottom of the face up and rub in gently, especially around the eye area.



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- Piriformis syndrome and sciatica
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Contact Sara 087-2922851

www.killarneymassagetherapycentre.ie



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Life & Body Confidence Coach



AGEING YOUNGER

It is documented that over 80% of visits to the Doctor are stress related. Stress and the pressures of daily life are having an extraordinary negative impact on our health & wellbeing. However what is less well documented is that we have more control over our health and response to stressful situations than we have previously thought. Through a few simple self regulation & management techniques and practices, we can make a dramatic impact on our health, wellbeing and longevity. Indeed we can begin to age younger as we get older.

One of these tips is the practice of connecting the mind, heart and the gut in slow mindful movements and breathwork. From an energetic perspective, illness and ageing begin first in the biofield or subtle energy of our body. Unresolved patterns and traumas from the past

may become stored patterns of energy in our tissues. This can result as blocks in our vitality and health.

The good news is that we can learn to shift and transform this stuck energy through mindfulness, meditation, energy medicine work and stillness. One powerful method for ageing younger and releasing energy blocks is Chakranetics. This is a beautiful mindful movement practice which teaches you to connect more with your body, retrain your brain and reenergize your energy centres.

I am teaching a six week course starting Monday 29th January at 7.30pm at the Malton Hotel, Killarney. Cost is 70.00 and booking is essential.

066 9766374 | life_coachingunlimited@yahoo.ie



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€40 Race
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RACE 2

SATURDAY 3RD FEBRUARY

5KM - 15KM - 2KM



RACE 3

SATURDAY 24TH FEBRUARY

5KM - 15KM - 5KM

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that offers relief of symptoms and a feeling of over all wellbeing."

NOW taking names for weekly meditation classes

**I will be holding
steps to transformation workshop late february
and a workshop on Energy and chakras
and angel workshop on the last Sunday in January
28th of January 2018**

**Level One Training for intergrated energy Therapy's on
Saturday 27th Jan 2018 and other levels will follow in February**

**Mindfulness - Meditation
Daily/Weekly in Soul Aurora Holistic Centre, Tralee**

Call Trisha: 085 1625095



FREE EVENT

A Sign Language interpreter will be available throughout day

- **Have you additional Support Needs?**
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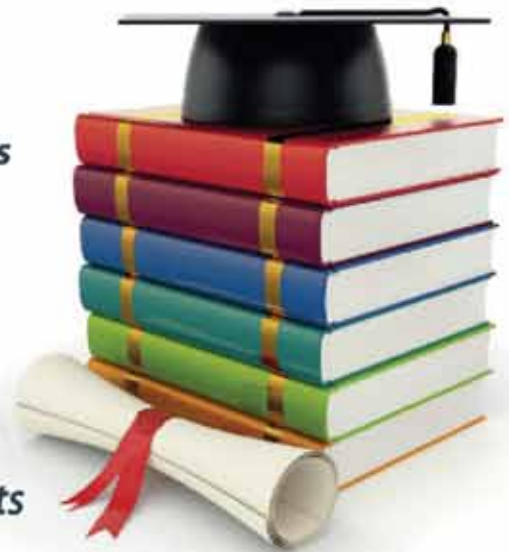
COME JOIN US

THE MANOR WEST HOTEL

30th January 2018 *from:* 1.30pm to 7pm

Stands on the day include:

- **Kerry Education & Training Board**
- **IT, Tralee - Disability Support Services**
- **National Learning Network**
- **Career Guidance**
- **ASPECT**
- **INSPIRE**
- **KETB - Training Centre**
- **Presentation on employment supports**
- **+ MANY MORE**



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This event has been organised by: CYPSC, NEWKD, SKDP, IT TRALEE, Employability Service Kerry, National Learning Network, Department of Employment Affairs and Social Protection.

Citizens Information

Know Your Rights:

TREATMENT ABROAD SCHEME

QUESTION

I know that medical treatments available in Ireland can be accessed in other EU countries instead. What if I need a treatment that is not available in Ireland?

ANSWER

If you are entitled to public health services that are available in Ireland, you can access these services in the European Economic Area (EEA) and be repaid the cost under the Cross-Border Healthcare Directive.

If you are a public patient and need treatment that is not available to you in Ireland, you may be able to use the Treatment Abroad Scheme to get the treatment in another country in the EEA, or in Switzerland. The Scheme may provide help with your travel fare and, in some cases, the fare for a travelling companion.

You must be referred for treatment abroad by an Irish-based consultant who is treating you as a public patient. You cannot refer yourself or be referred by a GP.

You and the consultant complete an application form and include a copy of your referral letter. Your application must be approved by the Health Service Executive (HSE) before you travel or start treatment abroad. You usually get a decision on your application within 15 to 20 working days. If your application is approved, the HSE will issue a form called E112. This authorises treatment abroad so that you do not have to make any payment to the healthcare provider. The treatment you have abroad must be in public healthcare under a registered medical practitioner. It must be in a recognised hospital or other institution that accepts the form E112. If you don't have the form when you attend at your appointment, you may be charged and not be refunded. Any treatments or consultations that are not pre-approved will not be covered.

The Ombudsman has produced a report that suggests improvements to the application and appeals process. It recommends that, by the end of February 2018, the HSE produce a plan and schedule for making the suggested changes.

To apply for the scheme, contact the Treatment Abroad Scheme Office for an application form. You can get the contact details for your area by calling the HSE Infoline on the Callsave number 1850 24 1850 or online at hse.ie/treatmentabroad. Further information is available from the Citizens Information Service below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.

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KILLARNEY GOLF CLUB - MENS

The recent inclement weather with Storms Fionn and Georgina mixed in with our usual bad weather at this time of year has resulted in our Killeen Course remaining closed since Christmas-time. This has resulted in our Mahony's Point Course receiving heavier than normal playing and despite this, the very good condition of the Course has been very favourably commented on by those who were brave enough to battle the elements over that period. This was never more true than on last Sunday, when despite atrocious weather conditions almost 100 brave souls tackled Mahony's Point in one of our Club sponsored stableford competitions. As the morning wore on the conditions worsened which caused many of those playing to retire to the sanctuary of the Clubhouse and to enjoy some light refreshments. It must be said that Enda Murphy and his Course up-keeping staff have worked very hard on our behalf in keeping the Course in such great condition, and they are deserving of our fulsome praise and appreciation. Those who played on, and finished their round produced some remarkable scores despite those dreadful playing weather conditions, and the first three players all Registered the same score of an incredible 36 Points.

The winner by virtue of a better back few holes was Neil Coffey, and with a handicap Of just 6 he produced the winning score, and in 2nd place was Ex-Officio Captain Declan McCarthy, who had his best competition result for quite some time, and in 3rd place was Louis Holland



AT THE PRESENTATION OF PRIZES FOR THE MAURICE O DONOGHUE MEMORIAL CUP AT THE ROSS GC WERE :- (L TO R) ALAN FLYNN 2018 CAPTAIN, MARY MCCARRICK LADY CAPTAIN, MARGARET O'DONOGHUE - SPONSOR, TADHG MCCARTHY WINNER, JIMMIE SMITH, 2017 CAPTAIN, TERENCE MULCAHY PRESIDENT.

a regular prize-winner over the years.

Full results were 1st Neil Coffey(6) 36 Pts. 2nd Declan McCarthy(10) 36 Pts. 3rd Louis Holland(14) 36 Pts. 4th Michael Maher(6) 35 Pts. 5th Jason Dinham(14) 35 Pts. Cat.1 Baden Maher(5) 33 Pts. Cat.2 David Moloney(8) 32 Pts. Cat.3 Brendan Brosnan(13) 34 Pts. Cat 4 John Coffey(20) 32 Pts. Standard Scratch 35 Pts. reduction only.

DEERPARK PITCH & PUTT CLUB

SUNDAY COMPETITION

We managed only an 18 hole Singles last Sunday morning with the weather and the following were the results: Overall Nett: Noel Moynihan 45, Overall Gross: Robbie O'Brien Snr 51 and Second Nett: Sean Ashe 49. Next Sunday (weather permitting) we will try for a two draw event @ 9.15am and 11.15am with play open to members aged 15 or over and a fee of €4 for

one draw and €7 for both.

MEMBERSHIP

Now due, the rates for 2018 remain the same as last year with the exception of Associate Membership which was increased to €120 at the AGM. This increase allows associate members to have the ability to win any prize in a competition for here on out. Contact Registrar Sean Kelly (086 0508686) and Colm O'Dowd (087 7673742) for further information on applying and paying for same.

MARY O'BRIEN

At the AGM it was agreed to run a memorial competition in memory of the late Mary O'Brien with Thursday night June 21st agreed as the provisional night for same. Full details and overall fixture list in due course.

KATHLEEN O'SHEA

Club's thoughts are with the family of our former member at this time especially her grandson and current Competition Secretary Kieran Fitzpatrick at this time.

GOLFERS GUIDE AWARD FOR MUCKCROSS PARK HOTEL

Muckcross Park Hotel & Spa, Killarney, Co. Kerry took the Best Boutique Golf Hotel in Munster at the 2018 Golfers Guide to Ireland Awards. The results were announced last night (Monday Jan.. 15th) at a function held in The Portmarnock Hotel and Golf Links. Co. Dublin. The function was attended by over 100 golf club and golf sector interests from all over the country.

Guest of honour Mary Mitchel O'Connor TD Minister of State for Higher Education presented the awards which recognise leadership roles played by leading Irish Golf Clubs and hotels specialising in golf holiday breaks. These included awards for best overall island of Ireland, and provincial parklands and links categories, golf club managers, hidden gems, golf resorts and hotels and restaurants. Each of the winners received a specially commissioned Tipperary Crystal trophy in acknowledgement of their achievement. All awards were won on the basis of an all Ireland poll undertaken from within the golf and golf related community.

Paddy McCarthy, Director, Golfers Guide to Ireland said the successes achieved by the award winners will help the current crop of



PICTURED AT THE LAUNCH OF THE GOLFERS GUIDE TO IRELAND 2018 WAS PADDY MCCARTHY, GOLFERS GUIDE TO IRELAND AND BRIAN MILEY, MUCKCROSS PARK HOTEL WHICH WON BEST BOUTIQUE HOTEL, MUNSTER. PIC ORLA MURRAY/SON PHOTO

Irish professional superstars continue to help the Ireland golf brand where ever golf is played. Ballyliffen, Co.Donegal will be at centre of attention for the Irish Open in July, particularly with Rory McIlroy, Shane Lowry, Padraig Harrington, and Paul Dunne leading the Irish challenge. Add to this the prospect of Leona

Maguire joining the women's professional tour. With so many positives, including the staging of the World Amateur Team Championships in Carton in September, it is a privilege to recognise individual achievement by those involved our industry',

GARDENING OUTLOOK



with John O'Sullivan

FOCUS ON HERBACEOUS PERENNIALS

What we mean when we call a plant an Herbaceous Perennial is that in most of them the stems are soft, succulent and green as opposed to being brown and woody. With most Herbaceous Perennial they will sprout growth from ground level in Spring and will grow and flower right through the Summer and into the Autumn. With most Herbaceous Perennials in late Autumn and early Winter they start to look a bit ragged. But depending on the severity of the Winter some will hold on until the first real cold snap. The maintenance for most Herbaceous Perennials isn't a lot really. During late Autumn early Winter cut the majority of them down to ground level and mulch over with some compost. Some Herbaceous Perennials such as Lupins and semi hardy Fuchsias will have woody stems because of the milder climate here so when pruning back cut right back to just a couple of inches above ground level.

Herbaceous Perennials are a valuable plant in the garden for a number of reasons.

1. Because of the length of time they flower for.
2. Because of the short length of time it takes them to grow to the maximum height and spread.

When planting a Herbaceous Border always remember to plant the taller ones to the back or middle and the smaller growing ones to the front. When choosing your plants pick one plant that you can repeatedly plant in the border to create a sense of continuity to the planting scheme. Herbaceous Perennials flower from April until October/November so you have a wide range of flowering times and colour to choose from. The secret to having a good flowering Herbaceous Border is every few years in the Winter to lift and divide the plants that are suitable for this.

Next week I will focus on Roses.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.

TAX MATTERS

With O'Brien Coffey MacSweeney
Accountants & Statutory Auditors

CHANGES TO STATE PENSION (CONTRIBUTORY)

The Minister for Employment Affairs and Social Protection has announced changes to how the State Pension (Contributory) is calculated. The changes aim to ensure that all of a person's social insurance contributions, rather than when they were paid, are taken into account when assessing their entitlement to a pension.

The new Total Contributions Approach (TCA) will include a new HomeCaring credit. This will provide credited contributions for up to 20 years of homemaking and caring duties. The changes will particularly benefit women, who spent time outside the paid workplace, while raising families or in caring roles.

The TCA will come into effect on 30 March 2018. It will also be available to anyone who reached pension age after 1 September 2012, when the revised rate bands took effect. As a result the Department will invite over 40,000 current pensioners to have their pensions recalculated under TCA. Invitations are expected to be sent out in late 2018.

Pensioners do not need to contact the Department or do anything else until they get a letter from the Department nearer the end of 2018.

The first payments will be made in early 2019, with payment backdated to 30 March 2018.

O'BRIEN
COFFEY
MACSWEENEY
ACCOUNTANTS & STATUTORY AUDITORS

To discuss the above, or any other financial matter
with one of our advisors contact 064 6632045 or
info@obcm.ie

Dolores O'Riordan

1971 - 2018



THE VOICE OF AN ANGEL

By Nicky Barry

Dolores was a songbird; it was so sad she had to leave,
The crazy world of rock 'n roll, when she had so much to give.

The angels took her at 46, for she had an angel voice,
They wanted her up with them, so they could all rejoice.
Her song 'Dreams' was pure ethereal, in a celestial haze,
Of harmonies and rhythm, in her own Ballybricken way.

She sang in a Limerick accent, in her denim jeans,
Unlike other Irish singers, you'd swear came from New Orleans.
This wee frail girl was born to sing, and played the organ in the choir,
For there was music in her soul, and she set the world on fire.

She wrote all her own songs, and soon cracked America,
With her melodies and lyrics, and beguiling charisma.
At first she was shy and docile, with her back turned to the crowd,
But in time she came to face them, and belted songs out loud.

'Linger' is a haunting air, she wrote up in her room,
About a guy who dumped her, which turned out to be a boon.
For the song was played around the world by The Cranberries,
And Dolores became a mega-star, with her luscious melodies.

She sang Ave Maria with Pavarotti, in spine-tingling tone,
And now they are together, for the angels called them home.

VITHIT SCHOOLBOY/GIRL SOCCER

WEEKEND OF JANUARY 20/21ST 2018

JK Sports 12 Premier:

LB Rovers 1-9 Killorglin

Killarney Celtic A 5 -0 Tralee Dynamos A

Division 1:

Ballyhar A 1-6 Castleisland

Division 2:

Mastergeeha B 1-2 MEK

Killorglin C 3-0 Park B

14's National Cup Last 32

Villa FC 0-2 Park

Quills Woollen Mills 14 Division 1

Iveragh United 0-2 Ballyhar

Killorglin B 2-3 Killarney Celtic B

Tralee Trophy World 16 Premier

Killarney Celtic A 4 -0 Ballyhar

Division 1:

Rattoo Rovers 2-1 Camp Juniors

Inter Kenmare 4-1 Dingle Bay Rovers

Sunday Subway Munster Plate Final

Waterford 4-2 Kerry

PARK 14'S WIN THE HIGHLIGHT ON A RAINY WEEKEND PARK THROUGH FROM LAST 32

While everyone says a home draw in the latter stages of a Cup competition is very important the fact that the St Brendan's Park 14's were drawn away to Villa in Waterford certainly didn't bother them. They won 2-0 and are now into the Last 16 where they will be at home to either Kells Blackwater or Macroom.

The Park were the last Kerry side to reach a National Cup decider when their 16's fell at the final hurdle. However this side are certainly enjoying a great run this year and in the Waterford IT and started the brighter when a Sean O'Connor shot had to be saved by the Villa keeper.

The Park piled on the pressure from the subsequent corner and following a second one they took the lead on 6 minutes. Colin Doody's excellent cross was expertly finished by Josh Connolly.

The Park defence withstood the expected Villa onslaught and possible could have been further ahead at half time as they also put pressure on their hosts backline.

Villa again pushed for an equaliser in the second half but Liam Carmody was quick off his line on yow occasions while his defenders around him were putting in some big blocks.

The Park wrapped up their deserved victory half way through the second period. Luke O'Connell set up Cieran Cooney and his shot was met at the back post by Messiah Chirwa and there was no way back for Villa.

There was a further Tralee connection to the win as the team warmed up on the PST installed All-Weather at the Villa.

TOP TWO WIN IN 12 PREMIER:

Killarney Celtic maintained their 3 point gap at the top of the JK Sports 12 Premier thanks to a 5-0 win at home to Tralee Dynamos. The goals came from the red hot Josh Bowler who netted 3 with Jamie Moynihan and Ted O'Gorman getting one goal each.

Killorglin are chasing Celtic hard and they

were too strong for LB Rovers thanks to goals from Ryan Carey, Seamie Diggin, Liam Hayes, Ben Levy 2, Tadgh O'Brien, Eoin O'Connell and Jamie O'Reilly 2.

CASTLEISLAND UP TO JOIN SECOND IN 12 DIVISION 1

In one of the tightest Divisions in the League Castleisland moved into joint second spot alongside Killarney Celtic and Killorglin on 13 points. The trio are just three points behind leaders Listowel Celtic who lead on 16 points. Castleislands win this weekend came away to Ballyhar at Murt Scott Park. Jack O'Donoghue was on fire hitting 4 goals. These were added to be two from Finn Nolan and one from Kian Downey.

MEK GO TOP OF DIVISION 2

With leaders Camp Juniors not in action MEK took full advantage to move onto 16 points and go one ahead of the pack. The MEK goals came from Sean O'Brien and Cian Fleming with Danny Coffey replying for Mastergeeha B. Killorglin C moved up the table with a 3-0 win over Park B thanks to an Aaron Doyle hat trick. However it was not as clear cut as the scoreline suggests as Paddy Cleary had an excellent game in the Killorglin goal.

8 FROM 8 IN 14'S DIVISION 1

Ballyhar continue their unbeaten run in the Quills Woollen Mills 14 Division 1 and are now on 24 points from their 8 games. They went ahead in the 10th minute through James Horgan and wrapped up the win with 5 minutes to go thanks to Stephen Palmer. Killarney Celtic B are up to joint third thanks to a 3-2 win away to Killorglin B. Celtic's goals came from William Hearty who got 2 and Jack Alonso who got the third.

3 from 3 for Celtic at top of 16 Premier:

Killarney Celtic made it three wins from three games in the Tralee Trophy World 16 Premier. They were 4-0 winners at home to Ballyhar thanks to two goals from Cian McMahon and one each from Jack McCarthy and Cian O'Leary. Big win for Rattoo in Division 1:

Rattoo Rovers win will be celebrated by all the rest of the top sides in the Tralee Trophy World 16 Division 1. They 2-1 win over leaders Camp Juniors saw them close the gap to four points and they still have 3 games in hand. Nathan McGrath and JP O'Connell got the Rovers goals. Inter Kenmare moved into third place with a 4-1 home win over Dingle Bay Rovers. Colm OhEartain got the goal for the West Kerry side. Kerry go down to Waterford in Plate Final: Kerry went down to Waterford 4-2 in the final of the Subway Munster Inter League Plate final. The visitors to the Waterford IT started the better when a long ball from the back allowed Maurice O'Connell to score.

Waterford looked to hit back quickly but the Kerry defence had the upper hand until 3 minutes before half time. A deflected shot just evaded the fingertips of Jack McGillicuddy in the Kerry goal to level matters at the break.

Kerry were on the back foot in the second half and McGillicuddy made two good saves to keep them in the game. But two quick goals in the 20th and 24th minutes put the home side in the driving seat. Kerry never dropped the

heads and pulled one back through Caolan O'Connell and pushed on for an equaliser. Kian McMahon and John O'Connor were both unlucky with efforts before Waterford wrapped up the win catching Kerry on the break in injury time.

HUGE NUMBERS AT THE TRIALS

The League's Emerging Talent Programmes offer all players the chance to further develop their skills under our highly qualified League coaches and also the opportunity to play for Kerry.

There were great numbers at the first trials held this week for the Girls and 11's ETP. Over 70 girls tried out for the 12's, almost 50 for the 14's and 25 for the 16's - the biggest number ever in the Girls section which is testament to the work being done on girls soccer within the clubs.

15 clubs brought nearly 200 11's to their trials which is a wonderful sign of the strength of soccer at the younger age groups.

FIXTURES FOR A BUSY WEEKEND - JANUARY 27TH & 28TH NATIONAL CUP LAST 32

12's Sunday Killorglin - Middleton 2pm Dragons Den

14's Sunday Mallow Utd - Listowel Celtic 2pm Newbridge United - Killorglin TBC

15's Saturday Camp Juniors - Blarney United 3pm KDL

16'S Saturday Park - Charleville 2pm

Fairview - Killarney Celtic 2pm

Girls 16's National Cup Last 16 Sunday Listowel Celtic - Salthill Devon 2pm

Sunday Subway Munster u16 Plate Final Kerry - Desmond League TBC

League:

Wednesday 24th Killarney Plaza 15 Premier

Killarney Celtic - Camp Juniors 7pm

Saturday 27th Moriarty's Centra 11's

Premier North / North Division 1:

Listowel Celtic - Tralee Dynamos 10am/11am

Castleisland - Camp Juniors 10.30/11.30

Park - LB Rovers 11.45/12.45

Fenit - Dingle Bay Rovers 12.15/1.15

Premier South / South Division 1:

Killarney Celtic - Mastergeeha 10am /11

Killarney Athletic - Killorglin 11.30/12.30

Inter Kenmare - Iveragh United 1pm / 2pm

Division 2:

Killarney Celtic C - Inter Kenmare C 12

Killarney Athletic C - Killorglin C 1.30

Park C - Listowel Celtic C 1.45

JK Sports 12 Premier:

Tralee Dynamos - Killorglin A 1pm

Killarney Athletic - Park A 2.30

Daly's Supervalu 13 Premier

Killarney Athletic A - Killarney Celtic A 10am

Park A - Mastergeeha A 10.30

Iveragh United - Killorglin A 11am

Division 1:

Camp Juniors - Killarney Celtic B 10.30

Inter Kenmare - Tralee Dynamos 11.30

Dingle Bay Rovers - Listowel Celtic 12

Division 2

Fenit - Mastergeeha B 11am

MEK - Killarney Athletic B 12.30

Killorglin B - Park B 1.30 Dragons Den

Killarney Plaza 15 Premier

Park - Inter Kenmare 12

Mastergeeha – Killarney Celtic A 12.45
Division 1
Tralee Dynamos – Killarney Celtic A 12.45
Division 2
Park B – Listowel Celtic Girls 10.30
Ballyheigue – Rattoo Rovers 10.30
Windmill United – Dingle Bay Rovers 12

MEK UNITED NEWS

U 12 MASTERGEEHA B 1 MEK 2

Report by Martin O'Brien.

MEK U12s got back to winning ways after a gritty performance away to Mastergeeha B. We had a committed squad of 12 players who were determined to do their club proud on a very wet and windy morning. We had to manage without star forward Aaron Dinham who was unavailable due to a broken wrist. Sean Dennehy who was captain for the day won the toss and opted to play against the wind in the first half.

Mastergeeha started well and our defence knew they would have to be on top form to keep us in the game. Mastergeeha were enjoying the bulk of possession early on with MEK looking dangerous on the break. It was backs to the wall stuff at times but thanks to Darragh O'Neill, Roan Daly, Jack Aherne and Cian Myers we went in 0-0 at half time.

It didn't take long for us to take advantage of the gale force wind. Just two minutes into the second half Sean O'Brien drilled home from close range. MEK were now keeping possession of the ball better and our flying wingers Cian Fleming and Tadgh Gosney were bombing forward at every opportunity. Stuart Scott and Scott Carlton came on in attack after 40 mins for Eoghan Bolger and Sean Dennehy while Sam Lenihan came on for Cian Myers at left back. Fair play to Cian for playing as he was ill leading up to the match.

We scored our second goal 15mins into the second half when Sean O'Brien crossed for Cian Fleming who hit a lovely shot into the back of the net. Mastergeeha pulled one back 5 minutes later which made for a nervous last 10 minutes. MEK held on though and were glad to hear the full time whistle. Well done to both teams who performed so well in very difficult conditions.

TEAM

Darragh O'Neill, Roan Daly, Jack Aherne, Cian Myers, Tadgh Gosney, Sean O'Brien, Cian Fleming, Eoghan Bolger, Sean Dennehy. Subs: Scott Carlton, Stuart Scott, Sam Lenihan. Man of the Match: Sean O'Brien.

NEXT FIXTURES

U13 MEK V Athletic B - Sat 12:30
U11 MEK V Ballyhar - Sat 11:30

KILLARNEY CELTIC NEWS

MUNSTER JUNIOR CUP, KILLARNEY CELTIC 7, BALLINGARRY FC 2

Our A team advanced to an away date with either Waterford Crystal or Youghal after dispatching of Desmond League leaders Ballingarry on Saturday night. A double from Wayne Sparling has us 2 up at half time and further 2nd half goals from Peter McCarthy, Matt Keane and Anthony O Leary sealed the win. Youths League, Mastergeeha 0, Killarney Celtic



CONNIE O'SULLIVAN, ORGANISER AND ANDREW SPILLANE, SPONSOR, THE GLENEAGLE HOTEL PICTURED ORGANISING THE ALL-IRELAND SNOOKER CHAMPIONSHIP WHICH WILL TAKE PLACE THIS WEEKEND IN THE GLENEAGLE HOTEL, KILLARNEY.
PHOTO: DON MACMONAGLE

1.

A goal near the end from Evan Lyne was enough to take all 3 points in this Southern section youths league clash.

U16 Premier, Killarney Celtic 4, Ballyhar 0.

Patrick Murphy, Cian O Leary, Jack McCarthy and Cian McMahon got the goals. Man of the Match James Darmody.

U14 Div 1, Killorglin B 2, Killarney Celtic B 3.

William Harty (2) and Jack Avanzo got the goals while Paddy Coffey made a great contribution in goal.

U12 Premier, Killarney Celtic 5, Tralee Dynamos 0.

Josh Bowler hit a hat trick with Jamie Moynihan and Ted O Gorman adding further goals. John O Grady, Josh Bowler, Ted O Gorman played well.

Congrats to John O Grady U12As who made Team of the Week.

CELTIC LOTTO

Numbers Drawn, 1, 6, 21, 22. No Winner, 1 x €150, Jackpot next week €3,200

For Pitch Bookings contact Mary on 086 6485809

For more detailed Match reports and Training Updates please see our Facebook page.

Reminder to all players and parents, all players from U7 up to Youths must bring €2 for training and the correct footwear must be used on the astro turf. Failure to do so will result in players not being allowed to take part in training or matches.

KILLARNEY ATHLETIC A.F.C.

NOTES

RESULTS

GREYHOUND BAR KO CUP 1ST ROUND

Killarney Athletic 5 Classic FC 0

Scorers for Killarney Athletic were Shane

Doolan, Jamie Doolan, Seanie Cournane, Shane Lynch and Ryan Carroll.

FIXTURES 27TH JANUARY 2018

Under 13 Premier

Killarney Athletic A v Killarney Celtic A 10.00am

Under 13 Division 2

MEK v Killarney Athletic B 12.30pm

Under 12 Premier

Killarney Athletic A v St Brendan's Park A 2.30pm

Under 11 Premier South

Killarney Athletic v Killorglin 11.30am

Under 11 Division 1

Killarney Athletic v Killorglin 12.30pm

Under 11 Division 2

Killarney Athletic C v Killorglin C 1.30pm

Under 17

Killarney Athletic v Mastergeeha 2.00pm

Senior Fixtures

Sunday 28th January 2018

Denny Premier A

Killarney Athletic v Mastergeeha 11.30am

ANNUAL STREET COLLECTION

A big thank you to everyone who donated to our annual street collection on Saturday and to all those who helped collect the money and to all who organised the collection.

300 MEMBER CLUB

Names are now being taken for next year's 300 Club Draw. All support is greatly appreciated. Please contact Mike O'Shea on 087-2226185 or any committee member to enter.

Killarney Athletic Website: Please check the website on www.killarneyathletic.com or Facebook for match reports, club information and contact details.

Contact: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com

NATIONAL LEAGUE BASKETBALL DIVISION ONE

LAKERS NOTCH UP BIGGEST WIN OF THE SEASON

Galway Titans 69
Scotts Lakers 113

SCOTTS Lakers cruised to their biggest win of the season with an emphatic 44 point win over Galway Titans at Colaiste Iognaid, Galway, last Sunday. Just as the scoreline suggests, the Killarney side dominated this match throughout to record a victory that keeps them top of the Division 1B Table.

Titans were forced to line out without big American Keegan Ryan and his loss severely diminished their ability to match up to the physically stronger Scotts Lakers side. The Lakers dominated under the boards from an early stage and were well in control during the first quarter. Leading 37-22 midway through the second quarter, the Killarney side stayed in front to lead 51-28 at half-time.

Titans struggled to close the gap throughout the second half as Scotts Lakers continued their scoring spree adding another 62 points on the scoreboard. Team Coach Cormac O'Donoghue

ran his full bench and got a great all round team performance from his squad with five players on double scoring figures.

Antuan Bootle led the way with 28 points followed by Andrew Fitzgerald 21, Dan Griffin 18, Dailian Mason 14 and Cian Clernon 10. There were also notable contributions from Mark Greene 9, Paul Clarke 6, Philip O'Connor 5, Con O'Mahony 2 and Shane Horgan.

Galway Titans top scorers were Toms Fabricius 30 and Rando Kozlov 19, while Eoin Coughlan, son of former Killarney basketball supremo Joe Coughlan, added another 19 points.

With just four league games remaining, Scotts Lakers are in with a great chance of topping the Division 1B Table and challenging for the Plate title. They are free for the next two weeks before traveling to play Sligo All Stars on February 10th. Big home games against LYIT Donegal (February 17th) and Kilkenny (March 4th) and an away game against Dublin Lions (February 24th) will determine how Scotts Lakers finish the season.



SCOTTS LAKERS ST. PAULS KILLARNEY, FRONT FROM LEFT ARE MARK GREENE, KEITH O'GRADY, SHANE HORGAN, PHILIP O'CONNOR (CAPTAIN), BILLY WISEMAN AND DAILIAN MASON. BACK FROM LEFT ARE CIAN CLERNON, ANTUAN BOOTLE, PAUL CLARKE, PADRAIG LUCEY, ANDREW FITZGERALD, DAN GRIFFIN AND JUSTIN TUASON. PICTURE: EAMONN KEOGH



ANTUAN BOOTLE LED THE WAY WITH 28 POINTS.



FIRIES COMMUNITY GAMES U16 GIRLS BASKETBALL BRONZE MEDAL WINNERS



KILLARNEY RUGBY CLUB U10'S WHO WERE IN ACTION LAST WEEKEND AT A BLITZ IN TRALEE.



KERRY GAA STORE



SUPPORTING THE FUTURE OF KERRY GAA

Killarney Outlet Centre Fair Hill, Killarney. Tel: **064 663 6571** Email: kerrygaastore1@eircom.net

GNEEVEGUILLA GAA

There was no winner of last week's lotto numbers drawn 5, 21, 28, 30 next week jackpot €11,400, lucky dip winners €40 Tim and Zoe c/o Tim Cronin, €40 Tim Foley c/o Billy McCarthy, €40 Krzysztof Rusinek c/o post office, €30 Elaine O'Keeffe Knocknacopple, €30 Sarah Landers Sliabh Luachra, €20 Mary O'Donoghue yearly ticket, thanks for your continued support. Club membership will be collected in club bar this Monday and Friday night at 9pm it would be greatly appreciated if people could pay up membership as soon as possible. Club social on Feb 17th in hall. East Kerry Scor na bPaisti will be held on 24th Feb all entries to scor officer at 087 6981764.

LEGION GAA NEWS

MEMBERSHIP

A reminder that membership is now due for the current year, as usual family as well as individual rates are available.

CLUB CHAMPIONSHIP

This year's club championship will be run on a league basis after the CCC's decision to re-vamp it having studied the "old format" and concluded it to be somewhat unsatisfactory. The competition will feature two groups of four with each team playing each other once, with one game at home, one away and one in a neutral venue. Top team in each group play in the final. Scoring averages and head to head results apply in the event of clubs finishing on the same number of points. Safe to say it will raise the level of competition in the championship and whoever wins it will certainly have earned it.

LISTRY GAA NEWS

JANUARY MONTHLY MEETING:

Listry GAA are holding their monthly meeting in the clubrooms on Thursday, January 25th at 8pm.

OPERATION TRANSFORMATION/GAA INITIATIVE FOR 2018

For the next 5 weeks the lights on the track in Listry GAA pitch will be on from 7pm - 9pm every Monday night. People are invited to come along and get walking.

SYMPATHY

Listry GAA would like to send deepest condolences to Patie Sugrue and family on the recent death of his brother Johnny Sugrue R.I.P.

Lissivane West, Miltown.

LOTTO RESULTS

Jackpot numbers 17 20 21 22
€100 - Anne Courtney Rockfield
€50 x 2 Jacqui Tangney Clash. Cathal O'Shea Lissivane
€25 x 2 Albert Harte c/o Langfords Bar. Martina Tangney c/o K. Hobbins

DRAW ENTRANT: John Carmody c/o KGH
Next Week Sunday 28th Jackpot €3,050.

BEAUFORT G.A.A CLUB

FIXTURE

Our 2018 playing season will begin on Saturday, 27th January at 2pm with Beaufort home to Glenbeigh/Glencar/Cromane in Mid Kerry Under 21 Championship semi-final. Extra time. Lotto

There was no winner of Beaufort G.A.A Club lotto on Sunday, 21st January. Numbers drawn: 9, 10, 15, 19.

CONSOLATION PRIZES

€80 Eileen Magann, Carnahone
€50 Noel Spillane, Coolmagort, Aine Fisher, Carnahone, Margaret Scanlon, Beaufort
Next draw for jackpot of €2,200 will be in Beaufort Bar on Sunday, 4th February.

CLUB SOCIAL

will also be on Saturday, 27th January in Killarney Avenue Hotel beginning at 8pm. Tickets are now available from Club Officers. They will cost €30. Music is by Arklight. Spot prizes and medal presentations.

CLASSES

will continue on Wednesday and Thursday evenings 7pm to 8pm, Thursday mornings 9.30am to 10.30am, Friday mornings 11am to 12pm.

OPERATION TRANSFORMATION

Light up Kerry walk in G.A.A field Mondays. Take part any time between 7pm and 8.30pm.

QUIZ

Sports Prediction Quiz entry forms are now available from Club or sellers. Entry fee is €20. Please return your completed sheet to your seller.

If you still want to participate, please contact the Club. Thanks to everybody who has participated.

DR CROKES CLUB NOTES

DEVELOPMENT FUND

Dr Crokes Club are embarking on a fundraising initiative to help upgrade the current facilities of our grounds as it has been 12 years since

serious work has been carried out. There are fantastic prizes to be won with the first prize a Nissan Pulsar Executive Class Car and second prize is a four night stay for two people in New York including flights. We have 10 prizes in total and the draw will take place on December 20th 2018. Tickets are €10 each or a book of 6 for €50. There will be an additional draw of €1000 for those who purchase a full book for €50. Tickets can be purchased in the Tatler Jack, Club members or Kerry Shop in Killarney Outlet Centre.

PROGRESSIVE 31

Progressive 31 is on every Wednesday night in Crokes Clubhouse. It will start at 8.00pm. You will need to bring money and a partner €5 per person.

DR CROKES FAMILY WALKING GROUP

As part of the Clubs Health and Wellbeing initiative the first family walk begins on Tuesday evening 30th of January departing the Clubhouse at 6.30pm. We look forward to seeing everyone spring into this new year with our sociable 30/40 min walk.

CONGRATUALIONS

Congratualtions to Patrick O'Sullivan who was elected as the New Chairperson of the Club for 2018 at the Clubs AGM.

Congratualtions to Jackie Looney who was elected as President of the Club and to Eamon Fitzgerald who was elected as one of the Vice Presidents of the Club and to Fergus Moroney who was elected as our County Board Delegates.

DEEPEST SYMPATHIES

Deepest Sympathies to Senior Player PJ Lawlor and Family on the death of his Grandmother Kathleen O'Shea RIP

Deepest Sympathies to the O'Sullivan Family on the death of Timothy O'Sullivan RIP

LOTTO

Lotto 12, 19, 25, 26. Jackpot €5400 Not Won Match 3 7 by €60. Next Draw Sunday 28th of January. Jackpot €5700.

FIRIES COISTE NA NOG

Calling all our local tradesmen, Furies GAA requires your expertise! Could you donate a few hours to your local club in Pairc Eamonn, Farranfore on Saturday, 27th January? If you can oblige, please contact Club Chairperson, James O'Sullivan at 087-2274127. Your support would be very much appreciated.



KERRY GAA SCENE

REPORT BY LEONA TWISS, PRO

KERRY V DONEGAL MATCH ARRANGEMENTS

On Sunday, we welcome Donegal to Killarney for Round 1 of the Allianz Football League. The game throws in at 2pm and all gates will be open at 12.30pm. Tickets are priced at €15 for adults and U16s enter free of charge. If you purchase your tickets before Saturday night at any SuperValu, Centra or in the Kerry GAA store, you can avail of a 20% discount. Early purchase is strongly encouraged particularly to avoid long queues at the gate. London Rose Caoimhe Gallagher will be at the match as a special guest of the Donegal Association in Kerry and will be singing the National Anthem. Caoimhe has a Donegal father and a Kerry mother. It is expected that the Kerry Team will be announced on Friday at 8pm on the Kerry GAA website.

FIXTURES AFFECTED BY INCLEMENT WEATHER

Last Sunday two fixtures fell foul of the weather. It was particularly disappointing for the An Ghaeltacht team, management and supporters, as many were already in Portlaoise when the game was called off. The games are now re-fixed. The AIB All Ireland Intermediate Club semi-final involving An Ghaeltacht will go ahead this Saturday in Thurles at 2pm and the Munster Junior B semi-final involving Cromane will go ahead on February 4th at 2pm in Knockaderry. We wish both Kerry clubs every success in their upcoming games.

ALL-IRELAND HOMECOMING PROTOCOL DECIDED

At last Monday night's County Committee meeting, the topic of All Ireland homecomings was raised by the Chairman. The new procedures are to ensure that this topic would not become a topic of distraction if we were fortunate enough to be preparing for an All Ireland Senior and/or U17 Final going forward. The protocol agreed upon by delegates will remain the policy for the foreseeable years.

1) Where Kerry Seniors are in the Final and win and regardless of whether the Minor Team is involved or not and if involved whether they win, lose or draw: the Status Quo applies (i.e. stops in Rathmore, Tralee & Killarney in that order)

2) Where Kerry Seniors are in the Final and lose and regardless of whether the Minor Team is involved or not and if involved whether they win, lose or draw: one stop to be rotated between Tralee & Killarney

3) Where Kerry Minors (only) are in the Final (Win or Lose): Venue will rotate annually between Tralee and Killarney. The County Board and Captain's Club will co-ordinate one homecoming event where feasible.

County Committee Meeting

The first County Committee meeting of the year was held last Monday night. The following

items were discussed -

- Padraig Boyle and Fionn Fitzgerald were ratified as Senior Hurling and Senior Football Captains respectively.

- Tommy Griffin and James Foley were ratified as U17 selectors, while Brendan Cummins, Ian Brick and Brian Culbert were ratified as Senior Hurling Selectors.

- Tomás Ó hAiniféin was congratulated on his new role as Cumann na mBunscol Munster Chairman.

- The fixture calendar for 2018 was approved

- Delegates voted to seed teams in the Club Championship (except Senior) based on last year's semi-finalists plus the team relegated from a higher grade

- Delegates voted (31-25) to play Round 11 of the Credit Union SFL (only if Kerry are in an All-Ireland Football Final) on the weekend of October 14th with Intercounty players available
- Delegates voted (26-23) to split Division 5 of the Credit Union SFL into two groups to accommodate two 'B' teams wishing to take part

- The draw for the club championships will be made next week live on Kerry GAA TV

REFEREE TRAINING

The first of the 3 refresher courses was held last Wednesday night in Christy's Bar, Listowel and it was well attended. Maurice O' Sullivan and Pat Sheehy delivered the course and there was plenty of discussion on the new kick out rule along with the difference in rules between under 12's, 14's and 16's. The next Refresher Course is on this Friday night in the Austin Stack Park, Tralee at 8pm. Training takes place every Wednesday night for referees in John Mitchel's GAA grounds at 6.30pm. All referees are invited to attend.

TRAINING FOR AUSTIN STACK PARK STEWARDS

A review and planning meeting for stewards in Austin Stack Park will be held in the Pavilion on Wednesday January 31st at 8pm. All existing stewards are expected to attend. New people (male and female) are very welcome.

GAELTACHT SCHOLARSHIPS

Applications are now open for Gaeltacht Scholarships. Any member of a GAA club in Kerry attending a course in Coláiste Corca Dhuibhne this summer is entitled to apply. Forms are available from the District Secretaries and must be returned to Christy Kileen (Kerry GAA Cultural Officer).

AN GHAELIGE AGUS AN CLG

Is cúis áthais don Chumann Lúthchleas Gael, agus le Glór na nGael, a fhógairt go bhfuil seimineár lae á eagrú ar an Satharn, 10 Feabhra 2018, le plé a dhéanamh ar "An Ghaeilge agus an CLG". Tá sé ráite ag Uachtarán an CLG, Aogán Ó Fearghail, "go leagfaidh an seimineár seo béim ar an tábhacht leanúnach a leagann clubanna an CLG ar an nGaeilge agus ag an

am chéanna déanfaidh sé ceiliúradh ar Bhliain na Gaeilge 2018" Le linn Seisiún 1, déanfar plé ar áit stairiúil na Gaeilge sa CLG. Tar éis lóin, le linn Seisiún 2, beidh Seán Bán Breathnach mar chathaoirleach. Pádhraic Ó Ciardha (TG4) - "Iriseoireacht na Gaeilge agus an CLG" Micheál Ó Sé (RnaG) - "Gaeilgoirí Chiarraí agus an Pheil". Déanfar freisin iniúchadh ar staid na Gaeilge i gCLG an lae inniu & idirphlé le h-aíonna éagsúla faoi sin agus faoi abhair eile - Dara Ó Cinnéide, Joe Connolly, Riona Ní Bhuachalla (imreoirí a rinne óráidí i nGaeilge i bPáirc an Chrócaigh ar lá chluiche ceannais);

Daithí de Buitleir (Na Gaeil Óga, CLG), Aoife Ní Chasaide (Sleacht Néill, CLG). Mar chríoch, cuirfidh Mártan Ó Ciardha agallamh ar Mhicheál Ó Muircheartaigh lena thuairimí maidir leis an nGaeilge agus an CLG, "Inné, Inniu and Amárach" a phlé. Ní ghearrfar aon táille isteach ach tá spásanna teoranta agus moltar do daoine gur spéis leo freastal áit a chur in áirithint trí r-phost a sheoladh chuig siobhan.nichuana@gaa.ie.

KERRY COACHING & GAMES

Kerry Coaching & Games are running a one day Foundation Level Coaching Course. This course is aimed at Coaches involved with teams from Under 6 to 12 and the content of the course will focus on the developing players at this age group. All clubs are asked to send in as many coaches as possible. The Foundation Award is the introductory award for coaches of Gaelic Games. The course is aimed at beginner coaches and will enable participants to assist a coach in the organisation of activities. The course will take place on Saturday March 3rd in St Michael's College Listowel starting at 10am. The tutor for the course will be Daniel O' Donoghue.

KERRY SUPPORTERS CLUB

All roads lead to Ballygarry House Hotel on Saturday 27th January for the annual Kerry Supporters Club Social. As always this promises to be a great night of presentations, good food and celebrations, followed by music from Neily O'Connor. Supporters attending the event are asked to arrive prior to 7.30pm as Killian Spillane, Paul Geaney and David Clifford will be present from 7.30 to 8pm. Books from the author Donal Barry 'Stories from the Playing Fields of Kerry and Beyond' will be distributed on the night.

League Travel- Kerry travel to Mayo on Sat 3rd Feb, the times are as follows Farranfore 10am, Tralee 10.30, Listowel 11am. All bookings must be made no later than Thurs 1st Feb. Kerry v Monaghan Kerry Supporters will travel to Monaghan on Sat 10th Feb this is an overnight trip. Bookings and full payment for this trip must be made on Monday 29th January at 8.30pm in Ballygarry House Hotel and the Listowel Arms Hotel.

FARRANFORE MAINE VALLEY AC

KERRY SCHOOLS CROSS COUNTRY

The Kerry Schools Cross Country Championships was held on Thursday 18th Jan. in Killarney. We had many past & present juvenile club members competing for their schools. Well done to Shauna McCarthy (KCC) who won the Minor girls race. Cian Spillane (Milltown Pres.) equally did well to win the boys Minor race. Conal O'Mahony (ISK) was in fifth place & Malachy Kirwan (DCB) in 8th. Liam Palmer won the Junior Boys race and Killian Kerins was the winner of the Senior Boys race. Best of luck to those who qualified to represent their schools in the South Munster XC Championships to be held on Friday 26th Jan. in Tramore Valley park, Cork. Full details in Munster Schools website. Kerry Athletics board will be holding their AGM on Monday 12th February at the Rose Hotel Tralee at 8pm. George Maybury will be giving a talk about safety statement. All club members are welcome to attend. If you have any motions or nominations can you e-mail to us before end January farranforemv@gmail.com.

Juvenile Indoor training will commence on Tuesday 30th January from 6pm to 6:45pm at Farranfore Community Sports Hall. This is for children born 2010 (7/8yrs) to 2006 (12yrs). Please note all kids need to be registered with the club in order to take part in training. We will be taking registrations on the night.

CLUB MEMBERSHIP 2018

Membership for 2018 can now be made. This can be done through our website paypal link or alternatively you can give membership fee to our committee member.

Membership annual fees are available on our website. You need to be registered before you can compete in any athletics competitions in 2018. Newcomers welcome to join.

CLUB TRAINING

Juvenile Indoor training will commence on Tuesday 30th January from 6pm to 6:45pm at Farranfore Community Sports Hall. This is for children born 2010 (7/8yrs) to 2006 (12yrs). Maria's Strength, Endurance & Flexibility Exercise Class every Tuesday from 7pm to 8pm in Farranfore Community Hall. €5 per session Secondary School & Senior training on every Thursday at 6:30pm in GAA grounds Farranfore. This is endurance / distance training. €2 club member, €4 non club member.

ATHLETIC'S FIXTURES

Fri 26th Jan: South Munster Schools XC, Tramore Valley Park, Cork
Sun 28th Jan: National Junior & U/23 Indoor Championships, AIT Arena, Athlone
Sun 4th Feb: Irish Life Health AAI Indoor Games, Indoor Arena Abbotstown.
Sat/Sun 10th/11th Feb.: Munster U/9 to U12 Indoor Championships, Nenagh
Sun 11th Feb.: National Intermediate, Masters, Juvenile B & Juvenile XC Relays., Galway
Sat/Sun 17th/18th Feb: National Senior Indoors Championships, AIT Arena, Athlone
Fri 23rd Feb: Munster Schools XC, WIT
Sat/Sun 24th/25th Feb: Munster U13 - U19 Indoor Championships



THE ST BRIGID'S GIRLS' VOLLEYBALL TEAM WHO PLAYED IN THE ALL-IRELAND SEMI-FINAL AT UL IN TUESDAY JANUARY 9TH, 2018.
BACK ROW: NIKE RUJECAN, LAURA LOONEY, AILEEN HEALY, MAIREAD BENNET, MAEVE FITZMARTIN, AMY COOPER AND SHAUNA O DONOGHUE.
FRONT ROW: VIVIAN REZETAR, AOIREANN MORIARTY, ANNA MCGRATH, RITU HOWLADER AND CIARA FAULDS.

Sun 4th March: National Masters Indoors, AIT Arena

Sat 10th March: National Schools XC, WIT

Sun 11th March: National Juvenile Indoor Championships Day 1, AIT Arena

Sun 18th March: National Juvenile Indoor Championships Day 2, AIT Arena

Sun 25th March: National Juvenile Indoor Championships Day 3, AIT Arena

Please contact club secretary, Mary, 085-1909509 to register for competitions in advance See Kerry & Munster Athletics website for full fixture lists & timetable for events.

KILLARNEY RFC NOTES

MINIS TRAVEL TO TRALEE RFC BLITZ

Last Saturday our minis U10's and U12's traveled to Tralee RFC for the next round of the West Munster Blitz, enjoying matches against Tralee, Listowel and Killorglin rugby clubs. An excellent display of rugby was witnessed by all as we travelled in very strong numbers. Thanks to Richard Sharp and all at Tralee RFC for the hospitality as always.

YOUTHS FIXTURES:

Saturday: U18 (South Kerry) are away to Cashel-Fethard in the Munster U18 Cup having won last weekend 34-10 against Bantry Bay in a friendly. Also on Saturday our U16 host Cobh Pirates in the Munster Club U16 Cup at . Finally our U14's host Abbeyfeale at 11am in the West Munster U14 league.

On Sunday our Seniors are away to Galbally in the next round of the Junior Cup and kick off is at 2pm. Best of luck to all our teams in action.

KERRY SPORTS STAR AWARDS

The club has been chosen for an award in this year's Kerry Sports Star awards at INEC Friday February 2nd from 7pm. The award is the "Unsung Hero Award" we are one of three winners in this category. The event is a black tie dinner which is €50 per head. We hope to fill a table if we can. Tickets are available from INEC box office. This is a premier sports event and hopefully we can have a good turnout. If attending please text Mike Fuller on 0876489628.

MUNSTER MASCOT

Congratulations to Killarney RFC U12 player Jack Donnelly who led Munster out as mascot

at Thomond Park last Sunday against Castres. He was the lucky charm as Munster won the final pool game. He really enjoyed his day. Well done Jack.

HANDBALL NEWS

JACK REACHED MUNSTER SEMI-FINAL AS UNDER CHAMPS CROWNED

Glenbeigh's Jack O'Shea has qualified for the semi-final of the Munster 40x20 Junior A singles competition. In the quarters he easily saw off Limerick's Paul Hedderman 21-6, 21-2. Unfortunately in the same competition Rory O'Connor, also from Glenbeigh, lost out to Daniel Hayes from Tipperary.

Dominic Lynch's Munster Senior 40x20 singles semi-final against Colin Creehan from Clare was postponed and will now take place this week. Also in action this week will be Ballymac's Daire Keane who takes on Cork's Conor Walsh in the Munster Minor 40x20 quarter final. Eamon Lucey from Asdee will take on Cork Hugh Carolan in the Munster 40x20 Junior B singles in Ballymac also this week.

County Juvenile Championships: The County Juvenile Championships for u10's to u14's took place in Glenbeigh on Saturday. Here is the list of winners:

In the u10 singles Aidan Sheehan beat Roisin King 11-8, 11-6 and in the u11's it was Lucas Riordan that go the better of Cathal Griffin 11-5, 11-8. The u12 singles went to Paudie Fealy who defeated Ristard Fealy 11-6, 11-05. The u13 singles was won by Darragh Lynch beating Padraig Heffernan 15-5, 15-7 and the u14's was won by Owen McCarthy. He saw off Danny Coffey 15-4, 15-5. In the girls singles competitions Rosin Smith won the title as she defeated Sarah Monson 15-5, 15-6.

There were a number of doubles titles up for grabs as well. In the u10's Roisin King and Ryse Murphy saw off Liam O'Connor and Aidan Sheehan 11-7, 11-6. The u11's title went to Lucas Riordan and Ryan McCarthy as they beat Cathal and Michael Griffin 11-4, 11-5. The u13 doubles saw Darragh Lynch and Paudie Fealy see off Aaron Griffin and Ristard Fealy 15-5, 15-7. The Girls u13's double county championship winners were Roisin Smith and Sarah Manson. They beat Sinead King and Samantha Riordan 15-7, 15-8.

The 14's doubles was won by Owen McCarthy and Samantha Riordan and they got the better of Danny Coffey and Roisin Smith on a 15-4, 15-5 score line.

GNEEVEGUILLA ATHLETIC CLUB LOTTO

No winner of our lotto draw 19/01/2018., numbers drawn were 7, 13, 21 & 24. Sellers prize winner Paddy O' Donoghue, €50 Y/T prize to Aiblin Sheehan Murphy Taur, €50 to Shauna Cronin Kilflynn, €40 to Dan Joe Mack Tournonaugh, Margaret Coughlan cork City & Tim Teahan Kilsorcan. Bonus not won numbers drawn were 8, 20, 24 & 27. Next week's jackpot €5,800 plus €1,000 bonus.

COUNTY COLLEGESCROSS COUNTRY

Held in demesne Killarney on Thursday Ben Murphy was 2nd Junior, Jack O' Leary 10th. Jack Walsh who use to run with us came in well in his race. The Munster Championships are on in Tramore Road next week. Best of luck to all competing from the area.

TRAINING

Resumed last week with big crowds in Boherbue Tuesdays at 6.30 pm, Barradubh Fridays at 6.30 pm and again a big turnout last week, Gneeveguilla Sunday mornings at 11.00 am, looking forward to having some good training sessions.

MEMBERSHIP

Due, overdue at this stage don't forget to pay up.

LOTTO

Again yearly tickets are due for those of you who haven't paid already please do so.

CLUB SINGLETs

Mary O' Sullivan has agreed to take charge of club singlets for the coming year, she will attend the training sessions where they will be available to buy.

CALLINAFERCY ROWING CLUB NOTES

Callinafercy travelled in big numbers to the UL Limerick on Saturday last for The All Ireland Indoor Championships. With competition from all over Ireland with up to 90 competitors in some races. Its a competition that most rowers try to beat their personal best times on the day and that was achieved by most rowers with some knocking 4 to 5 seconds off their times. Charlie McGillacuddy, Louise Kennedy ,Lyra McCarthy ,Elva Clendennon ,Almha Kissane ,Emma Houlihan , Grace o Grady , Aaron Houlihan ,Nathan Houlihan ,Aidan McCarthy ,Cormac Doyle, Cian o Sullivan ,Padraic o Sullivan ,Niall Murphy ,Aoife Murphy ,Orla Murphy.We were lucky also to bring home some medals with great results Avril Murphy coming home with a gold and bronze in the u14 4min race and 500m. Savanngh Clifford bronze in the u15 1000m. Sarah Kennedy sliver in the u16 500m .Larry Laide bronze in his category for the 1000m. Margot Lawlor who had a great day coming home with 3 medals

in her categories gold 1000m,sliver 500m and a bronze in the 2000m. Also Padraic o Sullivan rowing for the CIT got a gold in the 1000m. All in all a great day, But special thanks must go to Margot Lawlor for all the hours she puts in training the competitors and also thanks to the parents who travelled to support....

Best of luck to all the members going out on the BIDDY next week all support would be appreciated.

WORKMEN'S ROWING CLUB NOTES

ONGOING TRAINING

Indoor and outdoor training continues as per coaches' texts.

IRISH INDOOR ROWING CHAMPIONSHIPS

Fantastic work by everybody who attended this event last Saturday in UL. Many thanks to our coaches , parents and families who guided and cajoled for the day! Once again our members , from U13 to Senior Ladies excelled on the day bringing home 11 top ten placings and 19 placings in the top twenty of All-Ireland. We competed in a total of 19 events, with almost all of our competitors competing in 2 events each , from 500m sprints, to 1000m or 2000m races. A special word of congratulations to all those who obtained new personal bests, to Sarah Looney on her 5th and 7th placings in her U13 races, to her sister Laura (J15) on a fantastic 7th, to Ellen F (J15) on placing 5th, to Maya Fleming (J14) on her 8th place. Well done to our J18 ladies , Annie, Ciara M, Ciara B and Miriam F, who did not disappoint in their super charged races, especially to Ciara Moynihan on her 4th in the 2k and to Annie on her 5th placing in the 500m.to Luke (J14), Ross, Callum and Ruadhán (J18), Aoireann (J16),Sarah O'L (J15) who each gave it their all and many slashing their personal bests!! Of course a huge congrats to our medal winners, Pauline O'Brien who won 2nd in her 1k and 3rd in her 500m sprint, also to Karen Hill who also hit the podium with two medals- 1st in her 2k and another 1st place in her 500m sprint.

UPCOMING EVENTS

The Kerry Head of the River takes place this Saturday 27th January. Best of luck to Killorglin Rowing Club in their hosting of this event and to all of our crews competing on the day. St. Michaels HOR is on 24th Feb and Cork HOR 3rd March.

MAYOR'S HONOURS

Congratulations to our U18 Ladies who tonight will be honoured by Cllr. Niall Kelliher for their total of an amazing Seven All-Ireland Titles won in the All-Ireland Coastal Rowing Championships, held in Donegal in August 2016 and 2017. It is a most fitting recognition and honour for Siobhán Burns, Ciara Browne, Leona Browne, Ciara Moynihan and Annie O'Donoghue to be acknowledged at such a high level. We hope that you enjoy the evening at Killarney House and that it will stay with you as a reminder of the pride you brought to Workmen's and Killarney . May your successes continue in 2018 and beyond!!!

KILLARNEY SWIMMING CLUB NOTES

Congratulations to our swimmers who took part in the Development 1 Gala in Tralee recently with substantial improvements by our swimmers on their own "personal best" times and a very satisfactory haul of medals given the stiff competition.

Over 14 boys – Niall Coffey had a great day out winning a full set of medals - gold in the 100 freestyle, silver in the 50 backstroke and bronze in the 50 butterfly. Jack McGuire, another serious contender in this age group, took the bronze in both the 100 IM and 50 freestyle.

Over 14 girls – Imogen O'Connor was the girl on fire on the day winning golds in all of her events – the 100 IM, 50 backstroke, 50 freestyle and 50 breaststroke – must be something in her DNA. Chloe Whelan turned on the style winning a very impressive gold in the 50 butterfly and then followed that with a pair of silvers in the 100 IM and the 50 freestyle. Mairead Egan was another girl setting down a marker winning silvers in the 50 butterfly and 50 backstroke and bronze in the 100 IM, which meant that Killarney won all the medals in the 100 IM! Saoirse Sweeney finished off a very good day for the club with a tasty bronze in the 50 breaststroke – well done, Saoirse.

Thanks to our coach, John Edwards, who gave huge support and encouragement to all our swimmers. Thanks also to all parents for travelling and taking part in timekeeping duties.

FIRIES COMMUNITY GAMES

Last weekend was the co Finals of U16 Girls Basketball. Congratulations to our Furies girls who won bronze medals in the competition. Congratulations to team of Kimberley O'Brien, Julianne Murphy, Martha Fitzgerald, Muireann Ring, Lisa O'Halloran, Ruth Daly, Evelyn Daly and Katie Brosnan. Thank you to Grace Crowley and Sara Fitzgerald who coached the team and to Mary O'Halloran who managed the team. Forthcoming events are singing solo and group, music solo and group, Recitation and swimming. Also if anyone is interested in taking part in Chess please contact Maura Culloty. Please see Furies Community Games Facebook page.

MILTOWN/LISTRY COMMUNITY GAMES

BASKETBALL

Well done to all involved in our U13 girls and boys basketball teams in the community games competition in Castleisland over the weekend of 13th and 14th . January. The team competed well against stiff opposition . Thanks to the coaches for their time in preparing the teams .

DRAUGHTS AND CHESS

Chess and draughts training runs on Sundays in Nagle Rice Community Centre. Chess is for U16 and younger and draughts is for U14 and younger. We would love to see children who have an interest in these activities joining up with us. Chess on from 5pm to 6pm with

draughts from 7pm to 8pm. We have excellent coaches in place who would only be delighted to pass on their knowledge

UPCOMING EVENTS

Best of luck to the mixed U11 basketball team who compete next Saturday 27th. Milltown Listry are co-hosting this competition in Nagle Rice CC so all assistance and support will be welcome!

MUCKROSS ROWING CLUB AGM

A reminder that the Annual General Meeting of Muckross Rowing Club Ltd. will take place on Thursday 1st February at 8pm at the Muckross Community Centre. All members and parents of junior members welcome and encouraged to attend this important meeting for the organisation and running of our club. Membership fees for the year ahead will be agreed by those in attendance in addition to election of officers and committee members.

EVENTS & TRAINING

Best of luck to all our crews competing in their first competition of 2018 this weekend. The Kerry Head Of the River is set for Killorglin, this Saturday 27 January between 12-3pm. Other upcoming events include St. Michael's HOR at O'Briensbridge on Saturday 24 February and Cork HOR at the Cork city marina on Saturday 3 March.

MEMBERSHIP

Club membership for 2018 will be collected at the club's Registration Day on Sat 10 Feb from 12-1pm at the Muckross Community Centre. Membership fees will be agreed at the club's AGM on Thu 1 Feb as above. Coaches and committee members will be on hand at both the AGM and Registration Day to answer any questions and enquiries in person.

KILLARNEY COUGARS BC JUVENILE NEWS

U12 Boys Plate

Killarney Cougars 29

St Bridgets Currow 23

A thrilling quarter final game saw a Cougars comeback in a great second half to overcome St Bridgets in a very entertaining game for the good attendance at the Pres Gym on Sunday evening.

The visitors made a good start and impressed to lead 11-7 at the end of the first qtr with Luke Twomey, David McCarthy and Ruri Brosnan all impressing with some super baskets.

The sides were evenly matched in the second qtr and the visitors were still in control at the break 17-13 with Cougars responding through the impressive Mark Daly and Cian Forde to keep Cougars in touch with the Currow boys.

The third qtr saw Cougars best spell of the game with the skillful Ted O'Gorman and Mark Daly adding a couple of baskets each to put Cougars into the lead and thanks to some excellent defence by Mark Shanahan and Rory Clancy for Cougars to keep St Bridgets out as Cougars led 21-19.

A nail biting last quarter saw scores at a minimum as both sides missed good chances until the final minute when a burst of scoring

saw the excellent Cian Forde add a couple of super scores in a frantic final minute and despite a couple of great baskets by Currow Cougars advance to a semi final meeting with St Marys.

U14 GIRLS DIV II

St Josephs 31

Killarney Cougars 40

St Josephs hosted the Cougars in Duagh and the visitors secured the points thanks to a strong first quarter which saw Cougars leading 12-9 with Cougars Olivia Gaffey 4pts and Meabh Coleman Horgan with 6pts both impressing. The sides went basket for basket in the second qtr with Duagh coming back into the game to cut the Cougars lead to just a point 24-23. Cougars had a strong third qtr to push ahead with Sophie Dennehy and Alicia Burke adding good baskets to increase their lead to 36-29. Both defences were on top in the closing quarter but Cougars added good baskets by Edel Horgan and Olivia Gaffey to secure a deserved win.

Killarney best performances coming from Meabh Coleman Horgan, Melissa Ahern and Alicia Burke, Edel Horgan.

U16 BOYS DIV I CUP

Killarney Cougars 60

Rathmore Ravens 51

The Div 1 Boys Cup quarter final played at the Pres Gym was well contested and was decided in the final minutes as Cougars finally made home advantage count with a high scoring last quarter.

Cougars had strong performances from Sean O'Brien 21pts, Ruairi Murphy 24pts as they produced the big scores in the final quarter to finally end the visitors challenge. Cougars were ahead 26-22 at half time and 41-36 at the end of the third with the Ravens briefly ahead in the third qtr thanks to the impressive PJ McAuliffe Ravens top scorer on 22pts as they all added good scores at the right time. Cougars strong finish secured the win in a very entertaining contest with Ravens strong challenge ensuring they stayed in contention throughout making Cougars work hard to the final minutes. Cougars advance to meet Kcymys in the Semi-final.

COUGARS GIRLS & BOYS ACADEMY

Our U8 & U10 Girls & Boys training continues on Friday in the Parish Hall. Girls U8 & U10 5 pm, Boys U8 6 pm Boys U10 6.30 pm.

Well done to all who participated on Sunday in Tralee & Farrenfore thanks to Coaches Eugene, Tommy, Kelly and Mary and all the parents who assisted on the day.

Further details on training schedules, fixtures, results go to our website www.killarneycougars.com or follow us on facebook

FLESK VALLEY ROWING CLUB

ALL IRELAND INDOORS

Last weekend saw the club compete at the All Ireland Indoor Rowing Championships at the University of Limerick Sports Complex. There were some powerful performances put in by our young rowers with the highlight of the weekend being that from Elisha Leane

who brought home Silver for the Valley. Elisha put in an impressive performance in the WJ14 category just missing out on the Gold. Well done to all who competed. Thanks to everyone who traveled to Limerick, in particular the coaches and parents.

HAPPY BIRTHDAY

A belated Happy Birthday to our Chairman Denis O'Donoghue who celebrated a milestone birthday last weekend.

KILLARNEY VALLEY ATHLETIC CLUB

Killarney Valley AC along with Killarney Community Track project are holding a 5K run/walk fundraiser on Sunday 28th January at 12 noon in the Demense. Registration from 10.30am at Deenagh Cottage. €5 per person or €20 for family. Please support. All proceeds go to the Killarney Community Track Project.

TRAINING IS AS FOLLOWS

MONDAY 7-8pm @ Sem Gym – S&C for age 12yrs and over. TUESDAY 6-7pm @ Killarney Oaks – XCcountry and training for the Club 5K on Jan 28th. (Please contact Connie with any questions 086-1505007). WEDNESDAY 1.45pm – 2.30pm @ Demense – Speed and Hill training for members in secondary school. THURSDAY 6-7pm @ Sem Gym for 7-12 year olds. All sessions are €2. Membership forms will be available during the training sessions.

Please check our facebook page <https://www.facebook.com/KillarneyValleyAC/> for up to the minute changes to training schedules etc. and please check your emails. Anyone wishing to buy KVAC half zip tops, singlets or hats please contact Brid Stack 0872650720. Enquiries: killarneyvalleyac@gmail.com



ELISHA LEANE, FLESK VALLEY ROWING CLUB, WHO WON SILVER MEDAL IN THE ALL IRELAND INDOOR CHAMPIONSHIPS LAST WEEKEND IN THE WJ14 CATEGORY

THE LIFE AND MUSIC OF JIM REEVES - WITH AL GRANT

The INEC complex on the Muckcross Road in Killarney is the only place to head for on Friday the 2nd of February if you are a lover of one of the superstars of American Country music, when the brilliant Scottish singer Al Grant, presents an unique insight into the Life and Music of the great Jim Reeves with a wonderful concert of his classic 'Hit' songs plus the narration and Video screen footage of Jim's life this will make a classic evening of Song and Story.

Al is a well-known country singer in his native Scotland and sprung to international musical notoriety on his wife Isla's tours when he first started to emulate his hero Jim Reeves, since then his interpretation has taken him far and wide as everyone wants to hear the silky smooth tones of the man that sounds uncannily like Jim Reeves.

Al's special guest on the night will be Isla Grant, the doors will be opening at 7.30 and the show which is Al's only one in Munster on this tour will begin at 8.30pm.

CAN ONIONS ABSORB BACTERIA, VIRUSES AND FLU?

Ayurvedic medicine has been using an onion poultice for the chest or feet to cure coughs, fevers and flus for centuries. They also use the onion poultice to reduce pain and inflammation in the joints. Homeopathic doctors also use the healing power of onions to heal from viruses and illness. Amongst the North American Hutterite community, a pacifist community whose traditions date back to the 16th century, it is common practice to place onions in their homes during winter flu season and to use cut onions in the room of an ill person to relieve their symptoms quickly and naturally.

The onions need to be peeled if left around the home as a preventive measure against flu and viruses. If placed around the home for prevention, the onions should be replaced whenever they begin to go rotten.

If someone falls ill with a cough, flu, cold or fever, immediately place a peeled white onion cut in half in a bowl in their room. The onion needs to be cut in half in order to expose the most amount of 'healing power' from its pungent odour.

The Sock Onion is a 'modern-day' version of the Ayurvedic poultice, and involves cutting the white onion in half and placing one half on the bottom of each foot so that the cut onion is against the skin. Place a sock on top of the onion so it stays secure in place and leave the 'Onion Sock' on overnight. This is especially good for flus and fevers.

Warning - If you ever need it, you have nothing to lose in the very early stages by giving the onion theory a try, but if symptoms persist please contact your Doctor.

ONCE IN A BLUE MOON

No doubt most of us have heard the saying "Once in a Blue Moon" and some of us believed it meant a very rare event - but in fact it is not very uncommon - it happens whenever



there are two full moons in a month which is just under every three years. Not that we are likely to see any difference in the colour but the people that name unusual occurrences must either have a more vivid imagination or different colour vision to us ordinary mortals. However on January 31st the moon is going to provide us with 3 events that together have not happened with 150 years - a Supermoon which is also a Bluemoon, this as all "Supermoons" will appear larger and as much as 30% brighter than a normal moon and thirdly - the same night will see a lunar eclipse. That stunning event will lead to the moon turning a deep, rich red, a sight that has led to it being christened the "blood moon".

The Lunar Eclipse though will only be visible to some parts of the world, since it depends on the alignment of the moon, sun and the earth and unfortunately for Ireland the moon will be hiding around the other side of the world - but the event will be streamed live and recorded for TV viewing etc.

So keep up the New Year resolution of keeping a Diary or Journal and enter the date of January 31st in order to remind yourself to go outside if the weather is suitable and view in reality an event that will certainly never again happen in your lifetime.

BE AN ECO-HERO AND REDUCE E-WASTE AND PLASTIC POLLUTION

When we throw old electronics away instead of recycling them, there are consequences for our planet. Electronic waste pollutes our air, water and soil, and damages ecosystems. Lead, arsenic, cadmium and flame retardants are just a few of the toxic substances that end up in our environment or our bodies when electronics including iPhones etc are not disposed of properly.

One way we can reduce this waste is to buy fewer things. That's a big challenge in a consumer culture driven by company's telling us our existing products are out of date.

Before you buy please ask yourself:

Do I really need a new phone?

Can I update my existing software instead of buying a new device?

Am I really going to use this new hardware differently than what I currently own?

Why do I want a new device?

Currently, Europeans produce 25 million tons of plastic waste every single year and less than 30% gets recycled. Our plastic addiction is putting marine animals in serious danger and bits of plastic have been found in everything from sea salt to seafood because it is becoming so widespread in the oceans.

The best way to reduce all forms of pollution is to start with our own personal use.

QUOTE

"A man can only be judged by his actions, and not by his good intentions or his beliefs" - Paul Newman.

ON THIS DATE - JANUARY 26TH:

1824 - The first sanctioned marriage in Australia between an Aboriginal person and a convict occurred when Maria, daughter of Yarramundi, known as the 'Chief of the Richmond Tribes' married Robert Lock, a convict carpenter originally from England.

1871 - British Rugby Union formed.

1875 - American dentist George F. Green patented the first ever electric dental drill.

1904 - Birth of Seán MacBride, IRA leader, politician, head of Amnesty International, and recipient of Nobel and Lenin peace prizes.

1907 - In Austria, universal and direct suffrage (limited to males over 24) was introduced, a reform long demanded by the socialists and others.

1914 - 600 Dutch textile workers went on strike.

1915 - US President Woodrow Wilson signed the Rocky Mountain National Park Act. The 415 square miles park, northwest of Denver, was created following a decade of lobbying by photographer and naturalist Enos Mills. During its first year the park drew approx. 31,000 visitors.

1925 - Birth of Paul Newman in Shaker Heights, Ohio. A few of his best known films included - The Hustler, The Sting, Cool Hand Luke, The Towering Inferno and Butch Cassidy and the Sundance Kid.

1926 - Scottish engineer and innovator John Logie Baird gave the first public demonstration of television in his laboratory in London.

1938 - A significant Aboriginal protest rallied against Australia Day and called it the 'Day of Mourning'

"HELLO" WAS A PHONE GREETING BEFORE IT WAS COMMONLY USED IN PERSON

When the telephone was still a new invention a debate raged about what people should say when they picked up this newfangled gadget. Alexander Graham Bell, who patented his design for the telephone in 1876, expected people to say "Ahoy!" when they picked up the phone. That was a bit too nautical for most early adopters, and it never caught on. In 1877 Thomas Edison suggested the word that finally stuck, but at the time "hello" (or "hullo") didn't yet mean "hi". It was more of an exclamation used to attract attention, like, "Hello! Over here!" Once the first phonebooks standardized the usage in their "how-to" sections, "hello" caught on as a standard greeting, on and off the phone.

Internationally, the word "hello" is so closely associated with answering the phone that many languages use a derivative of it. And the first phonebooks recommend people end their telephone conversations with a simple, "That is all."

NEW ILLINOIS DIVORCE LAW LETS JUDGES DECIDE BEST OWNER FOR PETS:

In most U.S. states, when a couple divorces, their pets are considered as objects, no different than furniture or automobiles. If there's a dispute over who gets custody of the pets, the legal owner usually wins. The legal owner isn't necessarily the person who takes care of the pet and has the strongest emotional attachment, but the person whose name is on the adoption certificate or sales contract.

Last year, Alaska became the first state to require courts to consider the well-being of pets and to allow judges to assign joint custody of these family members.

A year later, Illinois has enacted a similar law. Passed last August and in effect as of Jan. 1, SB1261 amends the Illinois Marriage and Dissolution of Marriage Act by allowing judges to award custody to the person who spent the most time with the pet. Previously, pets were divided between the divorcing couple as part of the estate.

Divorcing couples can now present their cases to Illinois judges, explaining why one person or the other would be the best pet parent. The new law only applies to companion animals, not service animals.

"The parties to a dissolution proceeding may file a joint petition for simplified dissolution if they have, among other conditions, executed a written agreement allocating ownership and responsibility for any domestic animals owned by the parties," the law states. It provides that in issuing an order concerning the allocation of ownership of or responsibility for a pet, the court must take the pet's well-being into consideration.

"Who does the day-to-day stuff? Who buys the pet food? Who stays on top of vaccinations?", Chicago-based divorce attorney and animal rights advocate Erika Wyatt explained. "Anything that happens in the normal care for



the pet is going to become relevant now. The court is now required to consider the pet's 'well-being,' which is a significant departure from the way all other property is treated under the law".

9-YEAR-OLD GAVE UP A \$300 XBOX TO BUY BLANKETS FOR HOMELESS SO MICROSOFT SENT HIM ONE FOR FREE

Mikah Frye is a 9 year old from Beachwood, Ohio who knows what poverty feels like. About three years ago, his family fell on hard times when they lost their home and were forced to live in a shelter. Every night, Mikah would get a blanket, and every morning, the shelter would have to take it back.

Now that his family was doing better, he knew he would be getting a \$300 Xbox for Christmas. He figured that, at \$10 a blanket, he could buy 30 blankets instead of getting an Xbox — so instead of accepting the game system, he chose to buy the blankets instead. He then gave away each one to a homeless person in need.

News of Mikah's good deed spread quickly, catching the attention of Xbox manufacturer, Microsoft. The company decided to surprise Mikah with a new console that was the same model as the one he had traded for the blankets. Employees led Mikah to the back of a store selected by his family where Santa had bags full of ordinary gifts, including the coveted Xbox held especially for him. Mikah queued with all the other boys and girls and when it was his turn, he burst into tears of delight when he was presented with his surprise.

HOW OLD ARE YOUR CHRISTMAS TREE LIGHTS?

38-year-old Ross Shaddick who lives in Plymouth, England, says his mother bought the lights he still uses ten years before he was born. She bought the fairy lights for £3 in 1969 which was a massive price at the time (the equivalent of around €50 today) and although the lights came with a spare set of bulbs, he said he's never needed to replace a single one, though in recent years he only has them on when he is in the room with them in order to keep an eye on them and as they years went on he increased his safety checks.

As he would like the lights to celebrate their 50th anniversary of use, he takes special care

of them by storing them on a plastic tree year-round so he doesn't have to keep winding and unwinding the flex in case the plastic around the wire begins to deteriorate. "They are a very stable component in my life and it's nice to keep the tradition going" he said.

A MAN CAME HOME TO FIND CAT WAITING FOR HIM - BUT HE NEVER OWNED A CAT:

Nigel, a San Diego, California resident came home from work to find a small brown cat without a collar or tags sitting on his chair, waiting for him.

The cat, who Nigel assumes wriggled its way into the house by means of an open window, began meowing frantically at the sight of him. The Californian assumed that the cat was hungry, so he went to the store and bought some pet food and supplies. Needless to say, the mystery feline was very pleased by the offering and started to meow and purr as it gobbled up the food.

Nigel then started canvassing his neighbourhood in search of the mystery cat's owner. Strangely, no one said that they were missing a cat.

He then took the feline, who Nigel temporarily dubbed Lil Gato, to the vet to see if he was microchipped, but instead of identification the Vet found worms and fleas.

After Nigel paid to have the cat treated, he started asking his neighbours if anyone had owned a kitten or a mother cat that had given birth recently. Again, no luck.

Finally, Nigel accepted that the little cat had simply adopted him as his rightful owner. Nigel and Lil Gato, now called Buddy, have become the best of friends.

Buddy now follows Nigel around the house and takes every opportunity to snuggle with him — even if it means curling up on top of his head. While Buddy's origin story is still a mystery, one thing is for sure: he is going to have a loving future.

DID YOU KNOW?

*Sharks kill fewer than 10 people per year. Humans kill about 100 million sharks per year.

*Butterflies can taste with their feet.

*Wild dolphins call each other by name.

*A group of parrots is known as a pandemonium.

*Young goats pick up accents from each other.



LONELINESS IN OLDER ADULTS



At SouthWest Counselling Centre we are meeting more and more elderly people who are feeling isolated and alone. What strikes me is that whilst there is a lot of emphasis on help and support for younger people there is less awareness of the availability of supports for older people. As we all know, life is an on-going journey that can present challenges at any stage along the way. Bereavement, loneliness, declining health, fear of crime and loss of loved ones through emigration are issues that many older people are dealing with. Counselling can provide a clear space to do this and offers support and gives us a fresh perspective on things.

Many older people are feeling lonely and isolated due to a lack of social contact and connection. Social isolation has been shown to have a detrimental effect on health and well-being. It is vital therefore that we stay connected, and whenever possible reach out to others and remain actively involved in life. As social beings, most of us feel the need for social contact and relationships. Therefore I would encourage someone who is feeling lonely to establish what opportunities for social connection already exist in their community. It doesn't matter initially whether they get anything out of the actual activity, as they may meet someone of like mind and it is a great opportunity for social connection.

There are many activities in which they can join. Adult education classes can be a great way to meet like-minded people whilst also acquiring new skills. They can also help to boost our confidence and make social interaction more pleasurable. Getting involved in Community Action Groups, Local History Groups or Sporting Activities can all be very enjoyable. Participating in local church activities, organised outings or book clubs can also help to feel more connected to others. Treating ourselves to massage or reflexology can also help to relieve loneliness. Another useful activity is letter writing, perhaps for a worthy cause - such as Amnesty International. Technology forums such as the internet may provide relief from boredom and loneliness. Perhaps you could enlist the help of a young person to learn these skills. If you are feeling lonely, reach out and talk to someone today.

Senior Help Line can be contacted on (1 800 804591) from 10am to 10pm for the price of a local call from anywhere in Ireland.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples - both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. info@southwestcounselling.ie. Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** info@kerrylifeline.com To make an appointment call 064 6636416. **SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**





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Kenmare Clinic:	Atlantic Bar Every Saturday Night at 10.00pm
Kilgarvan Clinic:	Healy-Rae's Shop 9pm-10pm every Sunday Healy-Rae's Bar 10pm-11pm every Sunday

Other Clinics held throughout the Constituency on a regular basis and advertised locally

Contact Numbers:
01 618 3363/064 66 85782 E: Michael.Healy-Rae@oireachtas.ie



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John Brassil TD

Killarney Constituency Office
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(Just behind the Royal Hotel)

John will hold a Clinic in the Killarney Office every Friday from 3pm - 5pm
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and Cllr. Niall Kelleher 087-6694101 office@niallkelleher.ie

For advice and representation please feel free to call into the office or clinics
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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

CAD - Computer Aided Design Course (ET115) - Tralee.

This course offers participants the opportunity to develop knowledge and skills in 2D and 3D computer aided design. Participants must have technical drawing and maths in the Leaving Certificate or equivalent. **Start Date:** 26th February 2018. **Duration:** 34 weeks. **Certification:** City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

ECDL (ETK79) - Tralee.

This course offers participants the opportunity to develop the computer skills needed to work in an office. It covers keyboard skills, computer essentials, online essentials, word processing, spreadsheets, databases, presentation software, and career planning & job seeking skills. **Start Date:** 26th February 2018. **Duration:** 18 weeks. **Certification:** ECDL Award, Level 1 Office Procedures Certificate and Typewriting Certificate.

Bus Driving - D Licence (ET07114) - Tralee.

This course provides participants with skills and related knowledge in the rules of the road, driving a Large Public Service Vehicle (LPSV), customer service, documentation, first aid, manual handling and fire safety, digital tachograph, technical standards and work experience. Applicants must have a current full Class B Driving Licence and Class D Learner Permit. **Start Date:** 5th March 2018. **Duration:** 14 Weeks. **Certification:** Class D Driving Licence and CPC, Occupational First Aid and CILT Digital Tachograph Certificates.

Manual & Computerised Payroll and Bookkeeping (ET025) - Tralee & Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. **Start Date:** 26th March 2018 in Tralee and the 14th May 2018 in Killarney. **Duration:** 10 weeks. **Certification:** QQI Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Traditional Stonewall & Landscape Gardening Construction (ET4R8) - Tralee.

This course provides participants with the knowledge and skills to build a range of stone walls and landscape gardening features. **Start Date:** 26th March 2018. **Duration:** 34 weeks. **Certification:** QQI Special Purpose Award in Traditional Stonewall Construction.

Construction Ground Work Skills (ET23462) - Tralee.

This course provides participants with the knowledge and skills to construct concrete slabs and paths and to lay kerbs, flags and pavements under various conditions. **Start Date:** 9th April 2018. **Duration:** 16 weeks. **Certification:** QQI Level 4 Award.

Fibre Installation Technician (ET08632) - Tralee

This course provides participants with the specialist knowledge and skills to install, fault find, repair and test fibre optic and copper communications networks. **Start Date:** 9th April 2018. **Duration:** 24 weeks. **Certification:** City & Guilds Level 2 Award in Communications Cabling.

Food Preparation and Cooking (ET20D) - Tralee

This course is an excellent starting point for a career in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 14th May 2018. **Duration:** 20 weeks. **Certification:** City & Guilds Level 2 Diploma in Food Preparation and Cooking.

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre

Monavalley, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

<http://kerryetbtrainingcentre.ie>, e-mail: training@kerryetbtrainingcentre.ie



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SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



CORONATION STREET

It's Luke's funeral as his sister Steph returns and she soon finds herself in a confrontation with Phelan. Meanwhile, Rana finally confesses her affair to Zeedan. Elsewhere, Toyah is desperate for Eva to keep her baby but why? NEWSFLASH: Martin Platt, Gails ex-husband and David's father is returning and will back on the Street in March.

EASTENDERS

Kim is concerned by Vincent's behaviour and is convinced that he's having an affair. Is he? Kim is also determined to do a DNA test to prove if her and Denise are sisters. Meanwhile, Aidan finds his heist crew turning on each other. Elsewhere, Jay finally grieves for Abi.

NEWSFLASH: Mel Owen will be joined by her son Hunter very soon as he makes his East end debut.

EMMERDALE

It's make or break time for Cain and Moira. Will the couple reunite as Moira threatens to leave the Dales? Meanwhile, newcomer Phil appears to have a past connection to Tracy. Elsewhere, Rhona beds Pete.

NEWSFLASH: Charity will soon be joined by her secret son if rumours about her having another child are to be believed. It would appear that Charity had another child as a teen who is about to come looking for her.

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THANKS TO THE SACRED HEART

A thousand thanks to the Universe, Our Lady, Sacred Heart of Jesus, All the Angels and Saints and The Holy Spirit.

X

NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. Thank you for favours received. Thanks to the universe for everything.

2ND ANNIVERSARY



In Loving Memory of

SHEILA (MAC) KELLIHER

Late of Clash Lisgiveen, Killarney

Time passes, memories stay
Quietly remembered everyday

*Always loved and remembered
by your brother David, Sister - in - law
Sheila, nieces Ellen and
Jane and nephew Niall.*



2ND ANNIVERSARY



In Loving Memory of

SHEILA (MAC) KELLIHER

*Clash, Killarney who died on the
31st of January, 2016.*

We miss your smile,
Your loving ways,
We miss the things
You used to say.
And when old times,
We do recall.
It's then we miss
You most of all.

*Know that you are in our thoughts and
prayers every day*

Ann, Sean & Family

2ND ANNIVERSARY



In Loving Memory of

SHEILA (MAC) KELLIHER

Late of Clash Lisgiveen, Killarney

A silent thought
A gentle prayer
For someone special
in God's care.

*Sadly missed by your
brother and friend Sean.*



In Loving Memory of

SHEILA (MAC) KELLIHER

Late of Clash Lisgiveen, Killarney

Those we love don't go away,
They walk beside us everyday.
Unseen, unheard but always near,
Still loved and missed and very dear.

*Sadly missed
and always remembered by
your loving mother and sister Noreen.*



NOVENA TO THE SACRED HEART

Sacred Heart, St Jude, St Anthony. And to all of the Saints for favours received. And thanks to the universe. X

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.
K.O.C

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer three times for three days and your favour will be granted.
Never know to fail.
Must promise publication of prayer.
M.M

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
N.O.D

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your father sees it.
Then in his merciful eyes it will become your favour not mine. Amen.
Say this prayer for three days. Publication of prayer and favour will be granted.
J.K.O.C

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2ND ANNIVERSARY



In Loving Memory of

SHEILA (MAC) KELLIHER

Clash, Killarney who died on the 31st of January, 2016.

Lonely is the home without you,
Life to us is not the same;
All the world would be like heaven,
If we could have you back again.

A light from our household gone,
A voice we loved is still,
A place is vacant in our home,
That never can be filled.

May the God of Love and Mercy,
Care for our loved one who is gone,
And bless with consolation,
Those left to carry on.

The happy hours we once enjoyed,
How sweet their memory still,
But death has left a vacant place,
This world can never fill.

How dearly we loved you,
And prayed you might live,
But Jesus just beckoned,
And we had to give.

God gave us strength to bear it,
And courage to fight the blow,
What it has meant to lose you,
God alone will ever know.

***Sadly missed and never forgotten
by Tomas, Stephen and Ryan.***

Anniversary Mass for Sheila will be on the 31st January 9.30am in the Church of the Resurrection.

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past I have asked you many favours. This time I ask you this special one.
(Mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your father sees it.

Then in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

G.C

1ST ANNIVERSARY & ACKNOWLEDGMENT



In Loving Memory of

JOAN SHEEHAN (NEE O'RIORDAN)

Minish, Killarney, who died on the 26th January 2017.

On this the first anniversary of Joan's passing, her husband John, mother Bina, brothers Niall and Tadhg and her extended family wish to express our sincere gratitude and appreciation to everyone who helped, supported and journeyed with us throughout Joan's illness.

Thanks to all who travelled long distances and to all who attended the house, removal, funeral mass and burial ceremony in Aghadoe.

Special thanks to Dr. Anita O'Sullivan and her staff in Castleisland. Thanks to Dr. Con Murphy and his team in The Bons Secours Hospital in Cork. Thanks to management and staff at The Park Road Pharmacy in Killarney. Sincere thanks to the palliative care nurses and assistants who cared for Joan so well in her home. Thanks to the doctors and nurses in Marymount Hospice in Cork who made Joan so comfortable during her brief stay. Thanks to Fr. Pat O'Donnell and Fr. Kieran O'Brien for the rosary, mass and burial ceremony and also to the choir for their beautiful hymns.

Thanks to Mike O'Shea and staff for your kindness and professionalism in arranging Joan's funeral.

Thanks to the management and staff of The Torc Hotel for your support and wonderful meal after the funeral.

Our sincere gratitude to our kind neighbours and friends who supported us in many ways during this difficult time. As it would be impossible to thank everyone individually, please accept this acknowledgement as a token of our appreciation. The Holy Sacrifice of the Mass has been offered for your intentions.

*"Joan, your wings were ready,
But our hearts were not." xx*

Gone from us your smiling face,
That we only knew too well,
Your heart of perfect gold,
Joan, our beautiful angel.

Joan's Anniversary Mass will be celebrated in St. Mary's Cathedral on Monday January 29th at 7pm

4TH ANNIVERSARY



In Loving Memory of

MICHAEL O'DONOGHUE

**Derryreague, Clonkeen, Killarney
Who died on 23rd January 2014**

Your life was one of kindly deeds
A helping hand for others needs
Sincere and true in heart and mind
Beautiful memories left behind.

Will those who think of Mike today
A little prayer to Jesus say

***Very sadly missed by your loving
wife Anne.***

Anniversary Mass for Mike on
Sunday 28th January at 9.30 a.m. in
Our Lady of the Wayside Church, Clonkeen.

5TH & 19TH ANNIVERSARY



O'CONNOR

***In loving memory of Denis
O'Connor who died on 4th
February 1999 & his wife Mary
who died on 13th February 2013.***

***Late of Knockanes, Headford,
Killarney.***

*Your life was love and labour,
Your love for your family was true,
Ye did your best for all of us,
We will always remember both of you.*

Lovingly remembered by your sons,
daughters, sons in law, daughters
in law, grandchildren and great
grandson.

**Anniversary Mass in St. Agatha's
Church Glenflesk on Saturday
27th January at 7pm.**

A WORD OF VICTORY

Welcome back dear reader last week we spoke about wise decision making and how when we listen for God's voice He will show us the way we should go (Isaiah 30:21). The Bible has much to say about Wisdom - calling it 'the principle thing' (Proverbs 4:7). And when we seek God's wisdom He gives us understanding and insight into things that otherwise would be confusing and frustrating. In James 3:17-18 the Word shows us how to figure out when something is of the Lord and when it is not. "The Wisdom that is from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere." Peace needs to be the deciding factor in every decision you make. If you don't have peace about something; don't do it. Fruit is a symbol used many times in the Word of God - a tree is known by its fruit, similarly a person's life is expressed through the fruit they produce (Luke 6:44). Where chaos, confusion, strife, negativity and bitterness rule, there is no peace or good fruit, and therefore no Wisdom. We need to be careful in the company we keep, because negative people influence others negatively (1 Corinthians 15:33). If you need good counsel, seek someone who is wise and is living a life that is producing good fruit - a person who brings God's peace with them into every situation. Peace and rest is area that the Lord works in. He is not in Heaven wringing his hands at how things are going on this earth. He has given each one of us our own free will to make decisions and the results of bad decisions are ours to live with. But when you ask the Lord to intervene in your life - acknowledging Jesus as Lord and Saviour and invite Him to come into your heart and heal you, he will gently lead you onto the right path and work out difficult situations to the good. He will teach you on the dangers of strife and un-forgiveness and the importance of the words that you speak over your life and the lives of those close to you. "Death and life are in the power of your tongue and those who love it will eat the fruit thereof" (Proverbs 18:21). Make no mistake friend, we will be judged according to the way we live our lives and will give an account for every idle word we have spoken (Matthew 12:36) if we do not repent and received the Lord's mercy and forgiveness - do it now before it's too late! Then, make a quality decision to involve the Lord Jesus in all you do, relying on His peace and wisdom to guide you every day. More next week....

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