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KILLARNEY CHEERLEADERS ARE FLORIDA BOUND

Ten members of the hugely success Killarney Scorchers Cheerleading team have been picked on the Irish National Cheerleading team to compete in the World Championships in Orlando Florida in April.

There were huge celebrations this week when the team was announced with Killarney getting the lions share of places securing 10 of the 24 spots available.

Members from all over Ireland will be competing in the Level 5 Co-Ed Elite category. "This is a fantastic opportunity and honour for the athletes to represent Ireland at such a high level" said Deirdre Nolan, whose daughter Kathlyn is one of the team members.

The team are currently seeking sponsorship and organising fundraisers to cover the high costs of sending the athletes to the world championships and would welcome any donations.

Among those chosen for the Irish team are Darragh Begley, Katelyn Nolan, Caoilin Cullen, Emily Egan, Shannon Hanafin, Emma Rose Byrne, Megan Brosnan, Lauren O'Neill & Rachel O'Neill and Tara Dineen.



PICTURED TOGETHER WITH THEIR COACH DANNY FARKAS FOR THEIR FIRST TEAM IRELAND REHEARSALS, WERE THE 10 SELECTED AT LAST MONTHS TRIALS IN GALWAY WHO ARE 10 OUT OF A TEAM OF 24, ALL FROM KILLARNEY. THE COMPETITION WILL TAKE PLACE IN ORLANDO FLORIDA IN APRIL 2016. BACK ROW L-R DARAGH BEGLEY, COACH DANNY FARKAS, KATELYN NOLAN. MIDDLE ROW L-R CAOILIN CULLEN, EMILY EGAN, SHANNON HANAFIN & EMMA ROSE BYRNE. FRONT ROW L-R MEGAN BROSINAN, LAUREN O'NEILL & RACHEL O'NEILL. MISSING FROM THE PHOTO TARA DINEEN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

SEAN TAAFFE ON TOP AGAIN



The Sean Taaffe Hair group are celebrating yet another award with the announcement that they have just won 'Best of the Best' photographic awards.

The groups latest photographic collection was in the final in 4 categories up against some of the best names in the business and Sean walked away with 'Intercouifure Ladies image of the year which was a monumental award to win as intercofire is an invite only organisation that represents the top 1% of hairdressers worldwide.

Another accolade for Sean and his team.

SEAN TAAFFE PICTURED AT HIS KILLARNEY SALON OFF LEWIS ROAD WHO RECENTLY WON THE INDIVIDUAL INTER COIFFURE AWARD FOR 'LADIES IMAGE OF THE YEAR' L-R SANDRA FLYNN, NORANN KEANE, SEAN TAAFFE, AMANDA HEALY & SANDRA O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

SHEEHAN'S CENTRA HAS IT ALL

A one stop convenience store and petrol station has opened on the Muckcross Road in Killarney. Sheehan's Centra opened last Friday and stocks all the essentials along with the new Centra Live Well Healthy Options Range which is proving



MARY SHEAHAN SERVING A KERRY FAN AT THE WELL STOCKED DELI

hugely popular. The store also boasts a well stocked deli with freshly made to order sandwiches, rolls, ciabattas, hot food choices along with some delicious pastries. They also serve ice cream, slush puppies and milk shakes.

The seating area is also proving to be a big hit with customers who can enjoy a cup of coffee or a snack in the comfortable surroundings. Sheehan's Centra on the Muckcross Road certainly has it all and is well worth a visit.



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TOM TO TEE OFF IN AID OF CHARITY

A Killarney man who was severely injured as a child is holding a charity golf classic to help raise funds for the National Rehabilitation Clinic in Dublin. Tom Doherty is holding the golf classic on Saturday 8th August in Killeen Championship Golf Course and is calling on all Killarney locals and businesses to support this event. The cost for a team of four is €250 and can consist of men, ladies or mixed.

Tom had his accident in the mid 1980's damaging his spinal cord. He was paralysed from the chest down for two weeks before regaining movement. Late last year Tom returned once again to the national rehabilitation hospital for a major check-up and this led to the inspiration for this event. The hard work, new life goals and challenges of the patients to adapt to their new daily living skills is greatly enhanced by the dedicated and wonderful staff. With the National Rehabilitation Clinic being such a specialised hospital, new and updated equipment is always needed.

Speaking to the Killarney Outlook about the charity event Tom said:

"I was completely paralysed from the chest down for two weeks before I started to get movement back starting with my big toe on my right foot. 30 years later I re-entered the front doors of the national rehabilitation hospital. The sounds, the smells, the memories came flooding back in my mind like a tsunami."

The National Rehabilitation Hospital (NRH) provides comprehensive inpatient and outpatient specialist rehabilitation services to patients who have acquired a physical or



PICTURED AT KILLARNEY GOLF & FISHING CLUB FOR THE LAUNCH OF THE GOLF CLASSIC DUE TO TAKE PLACE AT THE GOLF CLUB ON SATURDAY 8TH AUG. RAISING MUCH NEEDED FUNDS FOR THE NATIONAL REHABILITATION HOSPITAL WERE L-R GOLF CLUB PRESIDENT DENIS CRONIN, KARINA DOHERTY-DOYLE, TOM DOHERTY, CAPTAIN MICHAEL QUIRKE, TIM HORGAN & LADY CAPTAIN PATSY HANLEY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

cognitive disability as a result of an accident, illness or injury and require specialist medical rehabilitation. The centre holds a very special place in Tom's heart and he knows of many other people and families throughout the County who have been affected with serious injury and have spent time here in the NRH.

"There are no shortcuts in rehabilitation. You have to work hard; the staff have to work hard. It's a team effort. Places like this always need more resources. I know this first hand. Any support for the golf classic would be greatly appreciated", Tom added.

The event has already attracted many sponsors from various businesses throughout the County but Tom is urging as many people as possible to support this event. It's a fun day out for anyone with an interest in golf with an opportunity to play on a world class golf course. As well as that there will be refreshments, BBQ and lots of prizes to be won on the day.

If you are interested in sponsoring a team or would like more information you can contact Tom on 087-2942260 or email tomkillarney@gmail.com

MUMS HEARTS GLOW AS THEY HAND OVER €18,000



GLOW HEART 4 CRUMLIN MOMS WITH STAFF OF THE CHILDREN'S HEART CENTRE IN OUR LADY'S CHILDREN'S HOSPITAL IN CRUMLIN AT THE PRESENTATION OF A FUND RAISING CHEQUE FOR €9,000.

Glowheart 4 Crumlin mothers travelled to Dublin this week to present cheques to the Children's Heart Centre in Our Lady's Children's Hospital in Crumlin and the Ronald McDonald house in Crumlin. Their glowheart4crumlin campaign generated a fantastic €18,000 which they divided evenly between the two charities which is so close to their heart.

The €9,000 presented to the Children's Heart Centre in Crumlin is going to enable the centre to purchase four specially designed physio chairs which will be used to enable children who have undergone open heart surgery get back on their feet faster and in more comfort.

The staff and physiotherapists at the centre were delighted when they discovered they would now be finally able to purchase this equipment which is so desperately needed for the centre as it will be of huge benefit to the children in aiding their recovery.

The group then went on to present €9,000 to Marian Carroll the CEO of the Ronald McDonald charity which will go towards funding of a purpose built 53 bedroom new Ronald McDonald house on the site of the new children's hospital in Crumlin. This project is expected to cost in the region of €10.5 million so more fundraising is needed for this home from home haven for parents of seriously ill children in Crumlin. This facility helps hugely in dealing with the traumatic experience of having a seriously ill child. "We want to say a heartfelt thank you to the people of Kerry for their amazing support and donations to our campaign during the last few months", Gillian O'Donoghue, one of the organisers told the Killarney Outlook. "Our campaign will continue and following on from the phenomenal success of our county wide wear red day in March of this year we are planning another county wide wear red day during the national congenital heart defect awareness week in February of

2016", she added.

"Without home help and support of the people of Kerry we would not have been able to do this campaign and we hope to continue to receive this support again during the next year of our awareness and fundraising campaign" said Gillian. The mums and their amazingly strong heart warrior children Gillian and Ella, Jenny and Sadie, Sharon and Dylan, Sinead and Sean, Sonya and Ciarán, Sinead and Oisín want to thank everyone from the bottom of their hearts for continuing to help little hearts glow.



GLOW HEART 4 CRUMLIN MOMS PRESENTING MARIAN CARROLL CEO OF RONALD MC DONALD CHARITIES WITH A CHEQUE FOR €9,000 (L-R) JENNY PYE, SINEAD MALONE WALKER, SONYA DOYLE, MARIAN CARROLL, GILLIAN O'DONOGHUE, SHARON BROSNAN AND SINEAD O'CONNOR.

Joi

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PARISHIONERS HONOUR FOSSA PP FR. HARRINGTON

The spectacular Gap of Dunloe has always been one of his favourite walking routes in Killarney so a beautiful painting of the famous landmark was a fitting gift for parishioners in Fossa to present to long-serving parish priest Fr Brendan Harrington to mark his retirement.

The oil painting, by local artist Olivia O'Carra, was presented to the hugely popular cleric who has spent the past 18 years based in the Prince of Peace Church in Fossa.

His retirement was confirmed by Bishop Ray Browne in the recent diocesan announcements and Fr Harrington will retire to his native Cork.

His successor in Fossa will be Canon Tom Looney, a native of Killarney, who transfers from Dingle.

Fr Harrington stepped down from parish ministry at the weekend after over 50 years of dedicated service.

He has been a very popular parish priest in Fossa and at a packed reception in the community centre on Friday night, he was warmly thanked for his commitment to the parish, the community, local organisations, schools and other groups.

Fr Harrington, a former teacher at St Brendan's College, arrived in Fossa from Duagh in 1997 to succeed the late Fr James Galvin.



PRESENTING FR. HARRINGTON WITH A PAINTING BY OLIVIA O'CARRA ON HIS RETIREMENT NIGHT AT FOSSA COMMUNITY CENTRE WERE L-R WILLIAM MANGAN, JAMES HOULIHAN, FR. HARRINGTON, MICHAEL O'DONOVAN & GERALDINE O'MAHONY.
PICTURES MARIE CARROLL-O'SULLIVAN 087 391 4808

As he celebrated his final weekend Mass on Sunday and prepared to return across the county bounds, parishioners gave a rousing rendition of The Banks of My Own Lovely Lee as

he stepped down from the altar.

Coming, as it did, the day after the Munster final replay, at least it offered some consolation.



PICTURED AT FOSSA COMMUNITY CENTRE FOR FR. HARRINGTON'S RETIREMENT EVENING WERE L-R PEGGY BARRETT, RAYMOND COFFEY, FR. HARRINGTON & EILEEN O'REILLY.



ENGAGED IN CONVERSATION WITH HIS PARISHIONERS, FR. HARRINGTON ENJOYS HIS RETIREMENT EVENING AT FOSSA COMMUNITY CENTRE L-R MICK MYERS, FR. HARRINGTON WITH BRED & DERMOT GRIFFIN.



ENJOYING FR. HARRINGTON'S RETIREMENT EVENING AT FOSSA COMMUNITY CENTRE WERE L-R DEREK CARROLL, SEAN SWEENEY & BRENDAN COFFEY.



ENJOYING FR. HARRINGTON'S RETIREMENT EVENING AT FOSSA COMMUNITY CENTRE WERE L-R FRANCIS O'SHEA, MAUREEN MCKENNA & HELEN O'SHEA.



ENJOYING FR. HARRINGTON'S RETIREMENT EVENING AT FOSSA COMMUNITY CENTRE WERE L-R JOAN O'SHEA, MAUREEN MALONE & MARY ANNE O'SULLIVAN.



ENJOYING FR. HARRINGTON'S RETIREMENT EVENING AT FOSSA COMMUNITY CENTRE, JOHN MCKENNA WITH HIS TWO NIECES MARY MCKENNA (LEFT) AND CAITRIONA MCKENNA (RIGHT).

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LOVELY SEND OFF FOR FR BEGLEY



PARISHIONERS FROM KILCUMMIN GATHER FOR THE FAREWELL PARTY FOR FR. JOE BEGLEY WHO IS LEAVING THE PARISH THIS WEEK TO TAKE UP HIS NEW MINISTRY AS PARISH PRIEST OF DINGLE.

Kilcummin parishioners gathered on Monday night for a special Mass and function to honour their Parish Priest Fr Joe Begley who has been part of their lives for the past 8 years.

Fr. Begley left Kilcummin on Wednesday last to take up his new appointment as Parish Priest of Dingle, as announced in the recent diocesan appointments by Bishop of Kerry Ray Browne.



EAMONN FITZGERALD (CHAIRPERSON OF THE PARISH PASTORAL COUNCIL) IS PRESENTING A PAINTING OF KILCUMMIN CHURCH TO FR. JOE BEGLEY, ALSO IN PICTURE IS ONE OF OUR MOST SENIOR PARISHIONERS PAT JOE TEAHAN.

The parishioners in Kilcummin marked Fr Begley's departure with a Mass on Monday, concelebrated with Fr Francis followed by a social night in Kilcummin Community Hall. The Parish Pastoral Council co-ordinated the efforts of so many groups, and organisations in Kilcummin Parish, who were so appreciative of his work and support for the past 8 years.

Fr Begley was presented with an oil painting of Kilcummin Church in remembrance of his dedicated service. Speaking at the presentation from the parishioners, Eamonn Fitzgerald, Chairman of Kilcummin Parish Pastoral Council, said "Fr Joe you won the hearts of the people of Kilcummin, who admired your sheer hard work, dedication and approachability, leaving Kilcummin a better place for all of us. We hate to see you go but God's ways are not our ways and change is part of life. Go gcúití tear do shaothar leat is go n-éirí go geal leat ag fillleadh ar do mhuintir féin i gCorca Dhuibhne."

Juliette Culloty, the current Kerry Rose of Tralee and a Kilcummin Parishioner attended the farewell occasion for Fr Begley.

SLIABH LUACHRA CC COLOURS MAKE IT TO LE TOUR

There was certainly some excitement caused this week as viewers following the Tour De France saw the Sliabh Luachra Cycling Club colours along the road greeting the cyclists on the 14th stage from Rodez to Mende.

Dan Murphy who was on holidays with his family donned the distinctive blue and black outfit as the peloton tried to chase down a large breakaway. Dan was captured in picture with last year's winners Vincenzo Nibali of the Astana team struggling along the climb. Still Dan was far from alone as his brothers Ben and Dinny along with their Dad Tim were also on the roadside waving their tricolour.

The picture was posted to twitter and within minutes, it spread across the cycling fraternity. In fact, we can reveal that Irish rider Dan Martin gave the boys his water bottle when he spotted the tri colour.

Dan, Ben, Dinny and Tim Murphy from Knocknagree are all mad cycling fans and are members of the Rathmore based Sliabh Luachra Cycling Club.



FOLK IT UP IN KILLARNEY THIS WEEKEND

This weekend promises to a folkstastic one with the Killarney Folkfest Killarney taking place.

Arguably a line up to rival any Festival in Ireland - the best of Irish and International Folk will take to the stage over three thrilling days. With a superb mix of headline grabbing acts, legendary supergroups, international artists, grass root and young rising stars, Killarney will be bursting at the seams with musical talent.

Friday night kicks off with Moving Hearts & special Guests, The Unthanks, Luka Bloom and Fiddlers Bid. Saturday's jam packed schedule sees over twelve acts including Begley and Cooney, Lost Brothers, Lynched, Aldoc, Druce & Jones and we are just getting warmed up. Sunday's line up is guaranteed folk from dusk 'til dawn as Mícheál O Súilleabháin, Paddy Glackin, Martin Hayes & Iarla Ó Lionáird with Steve Cooney, Moxie, Julie Fowlis and many more promise to leave you reeling!



THE DAYS OF THE KERRY DANCES... LEAVING QUILLS FARMHOUSE, MUCKROSS, KILLARNEY, IN PLenty OF TIME FOR THE IRELAND FOLKFEST KILLARNEY AT THE INEC, KILLARNEY, JULY 24TH-26TH, 2015. NORETTA BROSNAN, MAUREEN COURNANE, ANITA CREMIN AND AARON FLEMING. PHOTO: VALERIE O'SULLIVAN

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NEW GALLERY A MAJOR ASSET TO THE TOWN



DECLAN MULVANEY, PICTURED AT HIS NEW ART GALLERY ON MAIN STREET. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Showcasing many of Ireland's top artists, Killarney Art Gallery has opened a new premises on Main Street in Killarney. Situated in the old Killarney Bookshop, proprietor Declan Mulvaney opened the gallery on July 11th with a stunning exhibition by Artist Roisin O'Farrell.

The exhibition is currently on view at the gallery and is well worth a visit as according to Declan, "the paintings make the place come alive". The Killarney Art Gallery was established in 1990 by Declan Mulvaney whose family have been in the art business in Ireland since 1885. The gallery represents many of the country's leading contemporary artists as well as selling

works by deceased Irish Artists such as Jack B Yeats and also exclusively represents the artist Ted Jones worldwide.

Speaking to the Killarney Outlook, Declan Mulvaney said "We are 25 years in business in Killarney this year and it's great to have a gallery space in town again - there's certainly an interesting balance and unusual dynamic spending my time between the hustle and bustle of Main street and tranquillity of the Aghadoe gallery, which I have to say I am enjoying. Killarney is such a great town. To this day, I feel lucky to have happened upon it all those years ago ... roll on the next 25 years".

1,600 TAKE PART IN THE WORLD'S MOST BEAUTIFUL ROAD RACE

The stunning scenery of the Ring of Kerry and the Killarney National Park set the scene for what has been dubbed the World's most beautiful road race on Saturday morning last. 1,600 runners and walkers braved an early start on Saturday Morning to compete in the event.

The marathon route started near the tranquil village of Sneem and Molls gap provided a misty start line for the half marathon which got under way at 8.45am. The weather brightened up for the start of the 10k race at 10.30am. The routes took competitors along some of the Ring of Kerry and into Killarney National Park. Competitors enjoyed stunning views of the Lakes of Killarney and the unspoiled beauty of the Park.

The Gleneagle Hotel was the center of activity where competitors were treated to a well-earned massage, Japanese hot tubs, custom made medals and hot food at the finish line. Spectators and participants basked in the summer sunshine at the finish area.

Now in its 6th year the event saw competitors from all over Ireland and international athletes from America, Austria, Japan, France and the UK compete in a competitive field. First across the line in the 10K was Donal O'Callaghan in 33m 34 sec, followed closely by the first female Siobhan Daly (40m 59sec). In the Half marathon



READY FOR THE OFF.... THE START OF THE 10K RACE

the first male Chris Murnane crossed the line in a time of 1hr 17m. The first female home in the half marathon was Aoife Cooke. The Full marathon was won in an impressive time of 2hr 42mins, by Irish international runner Gary O'Hanlon and the first female was Jennifer Bradley from London in 3hr 22m. Event organiser Catriona O'Callaghan said 'events like this are brilliant for the town promoting a healthy lifestyle and showcasing

the best that the Killarney has to offer. Sporting events in Killarney are becoming increasingly popular and plans are under way for an even bigger event in 2016. Events of this size are not possible without huge and support of all the volunteers, Killarney Rugby Club, Banna Sea Rescue Killarney town council, Killarney Chamber of Commerce and Tourism, the order of Malta and the Killarney National Parks.'



A GROUP OF RUNNERS FROM KILLARNEY WHO TOOK PART IN RUN KILLARNEY. THE GROUP PHOTO INCLUDES RIGHT TO LEFT DAVID DOYLE, EILEEN CRONIN, AIDAN DOYLE, MARY DOYLE BRENNAN, HAZEL BYRNE AND PADRAIG LEANE.



ALL SMILES AT THE FINISH LINE OF THE RUN KILLARNEY EVENT - KELLY CRICHTON AND LISA TANCRED.



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TOM LAUNCHES DEBUT EP



SINGER/SONGWRITER TOM LUCEY. PICTURE: SALLY MACMONAGLE.

A talented Killarney Singer/Songwriter is due to launch his debut EP at the Acoustic Club in the INEC next week.

Tom Lucey, the son of Danny and Joan Lucey from Muckross Road starting writing music three years ago and plays with hugely popular wedding band Truly Diverse.

Tom credits his band mates as the driving force behind his decision to record the EP.

"I was very lucky when Brendan O'Connor from Little Dylan Studio took me into record and I had both Brendan and Kieran Healy to guide me through every song and every choice", Tom

told the Killarney Outlook.

With help from numerous other people including Patrick and Anthony O'Connor and Aoihe O'Connor along with Andy Doyle and Tracy and Ashley Kerins, Tom's EP, which is entitled Pictures of Us is out on iTunes from today, Friday July 24th with the launch taking place at the Acoustic Club at The Gleneagle next Thursday at 8pm.

Support act on the night will be Emma O'Shea from Caherciveen and the CD will be on sale on the night.

TIME FOR TEA

Afternoon tea at The Brehon, Killarney isn't just for grown-ups, kids too are invited to come along and enjoy tiers of tasty treats and dainty delights.

Children's Afternoon Tea at The Brehon is brand new for Summer 2015 and is available daily from 2pm throughout July and August. The treats on offer include simple sandwich triangles, mini scones served with Jam, preserves and cream and fruit smoothies. Then for dessert there's cookie monster cookies, teddy cake pops, jelly and ice-cream shots and Bugs Bunny rocky road.

Not forgetting the grown-ups, the traditional Brehon Afternoon Tea is also served daily from 2pm and includes a selection of delicate sandwiches, Devonshire scones, sweet treats and the gâteau of the day complemented by a range of speciality teas.

Children's Afternoon Tea at The Brehon costs



€10 per child while the traditional Afternoon Tea for adults costs €15 per adult.

A BIG THANK YOU

The Kerry Branch of the National Council for the Blind would like to thank everyone who generously contributed to their Flag Day on

Friday last and to all the collectors who kindly gave their time.

Your support is greatly appreciated.

EIRCOCODES DISPATCHED ACROSS KERRY

'Eircodes' were dispatched to all 72,680 homes and businesses across Kerry last week as the new national postcode system swings into gear.

Letters have been sent to every residential and businesses address in the county, informing them of the new Eircode for that specific address. Homes and businesses across Ireland are being notified of their Eircode over a two-week period.

Labour's Marie Moloney said: "Fresh data shows that 45.5% of premises in Kerry currently share their address with 1 or more properties. This causes all sorts of problems for postal services, businesses and ambulance services when they are trying to locate local addresses.

"Eircode rectifies this problem by allocating every premises with their own unique code, removing the potential for any error.

"From now on, emergency services will be able to find the correct address more quickly, businesses can deliver goods and services more efficiently, while members of the public can shop easier online. It'll also give people that extra bit of confidence that their mail now goes to the correct recipient. In short, it will make life a little easier for people in Kerry.

"I'd urge people in Kerry to look out for their letter and when it arrives this week, to memorise their new Eircode and keep it somewhere handy. It's a seven digit, easy-to-remember code that you simply add to the end of your address.

"In the meantime, if people want to log onto eircode.ie there is an online tool available where they can find out their Eircode now.

"The delivery of a modern, efficient postcode system is something which has been promised by successive Governments over the past decade - I am pleased that it has been a Labour Minister, Alex White, who delivered it.

"It proves that Labour doesn't just pay lip service to people but actually delivers on our commitments to support local communities and improve public services."

HEARTBEAT

HeartBeat welcomes the new Eircode as it will be of great assistance to the emergency services and will cut delays in locating people and save lives.

Paul O'Raw from SKDP - Eircode Community Outreach will talk to us all about Eircode and what should be done with the code etc. There will be a question & answer session and all are welcome at the Serenity Centre, St. Anne's Road, Killarney at 8pm on Monday July 27th.

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- Thurs. 27th Aug: Kilkenny & Rock of Cashel
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TOURNAMENT A FITTING TRIBUTE TO DYLAN

500 queen cakes, 1600 cups of tea and a copious amount of community spirit were all part of fantastic day in which young GAA star Dylan Crowley was remembered.

Ten teams from Kerry and Cork took part in the Dylan Crowley Memorial Tournament at Gneeveguilla GAA grounds to mark Dylan's 2nd Anniversary and his 12th Birthday.

A lover of all kinds of sports, GAA, and in particular Gneeveguilla AC were very special to him.

Over 1600 attended the tournament which was opened by Fr. Kevin McNamara.

The winners on the day were Glenflesk, Furies and Dromtariffe while the runners up were Kilcummin, Currow and Rathmore.

Overall the skill and competitiveness was excellent with huge credit going to the mentors, trainers, parents and of course to the children themselves.

The tournament was a huge success and a fitting tribute to Dylan's memory as it commemorated the fun, joy and laughter that he got from the Gneeveguilla U11 team. The organisers would like to thank Gneeveguilla



THE FURIES TEAM THAT TOOK PART IN THE DYLAN CROWLEY TOURNAMENT.

GAA club for the use of their facilities, the ladies club for serving the refreshments, everyone who brought home baking, goodies and trays

of sandwiches on the day, and the referees who gave their time so generously on the day.



THE KILCUMMIN TEAM THAT TOOK PART IN THE DYLAN CROWLEY TOURNAMENT.



THE RATHMORE TEAM THAT TOOK PART IN THE DYLAN CROWLEY TOURNAMENT.

MAKE YOUR COPPERS GO THE EXTRA MILE

Getting on board following the Government's announcement that two cent and one cent coins will be phased out across the State, the Irish Wheelchair Association (IWA) are asking you to donate your coppers to their local centres to help fund their accessible bus fleet. This week, Cllr. Terry O'Brien, who works with the Kerry Branch of the Irish Wheelchair Association was in Killarney where he started the campaign.

The charity will have dedicated coin collections at all IWA locations across the country and if you want to donate your coppers just contact any of the members in either the Killarney or Kerry Branch or log onto www.iwa.ie.



MAKE YOUR COPPERS GO THE EXTRA MILE. MEMBERS OF THE KILLARNEY BRANCH OF THE IRISH WHEELCHAIR ASSOCIATION PICTURED WITH CLLR TERRY O'BRIEN, KERRY BRANCH OF THE IRISH WHEELCHAIR ASSOCIATION. INCLUDED ARE FRONT ROW FROM LEFT: SHEILA FOLEY, BRIGID O'GORMAN, PATRICIA MOYNIHAN, TERRY O'BRIEN, BERNARD JONES, RACHEL KING, ELEANOR COFFEY, BRIGID ENRIGHT. AT BACK: BREDA FITZGERALD, RICHARD O'CONNOR, TOM BROSAN, JAMES BRODRICK, RACHEL O'GORMAN, PAT KELLY, GERRY HORGAN, CIAT FOGARTY, MARY CLIFFORD, CAROL SPELLMAN AND SARAH FLYNN. PICTURE: LISA O'SHEA.

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FRIDAY 24TH



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THE UNTHANKS - 8PM

LUKA BLOOM - 7PM
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SATURDAY 25TH



TINARIWEN - 9.45PM



THE LOST BROTHERS - 6PM

RÍONA & MATT GRIFFIN - 1pm • **CATRIONA MCKAY & CHRIS STOUT - 1.30pm**
LYNCHED - 3pm • **MÁIRTÍN O'CONNOR TRIO - 4.30pm**
THE LOST BROTHERS - 6pm • **LUMIERE - 7.15pm**
BEGLEY & COONEY - 8.30pm • **BRYAN O'LEARY & FRIENDS - 11.30pm** • **KÍLA - 11.30pm**
ALDOC - 12.30AM • **SUPER CÉILÍ - 1.45AM**

SUNDAY 26TH



LIAM O'FLYNN, MÍCHEÁL Ó SÚILLEABHÁIN, PADDY GLACKIN & NEIL MARTIN - 9.45PM



SHARON SHANNON - 11.30PM

KOSHKU - 12pm • **GERRY PAUL & THE ELEPHANT TREE BAND - 12.30pm** • **DRUCE & JONES - 1pm** • **NEW ROAD - 2pm**
TIM ERIKSEN - 3.15pm • **THE WHILEAWAYS - 4.15pm**
JULIE FOWLIS - 6pm • **MARTIN HAYES, IARLA Ó LIONÁIRD WITH STEVE COONEY - 7.15pm** • **DANÚ - 8.30pm**
MOXIE - 12.30AM

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FANS DELIGHT AS KERRY CROWNED MUNSTER CHAMPS

The rain failed to dampen the spirits of the 32,000 Kerry and Cork fans who descended on the town on Saturday evening last.

Killarney town was buzzing from early in the day with bars, restaurants and shops cashing in on the extra influx for the replay of the Munster Senior Football final.

And while conditions were appalling at the Fitzgerald Stadium, the result was what we were looking for with Kerry now heading for Croke Park on August 2nd to play the winner of tomorrow's clash between Fermanagh and Westmeath.

The match will be show live on RTE.

PICTURES MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED OUTSIDE MCSWEENEY ARMS HOTEL BEFORE HEADING UP TO FITZGERALD STADIUM FOR THE KERRY V CORK MUNSTER FINAL REPLAY WERE BACK ROW L-R LORENA O'CONNOR, DENIS O'CONNOR, LOIS HOLLAND, FERGIE BOGUE, JULIE BOGUE & DES SPILLANE. FRONT ROW L-R ANN HOLLAND, ERIN HOLLAND, GRAINNE SPILLANE & HOLDING THE KERRY FLAG, ROISIN BOGUE.



ENJOYING THE BUILD UP TO THE KERRY V CORK MUNSTER FINAL REPLAY WERE BACK ROW L-R JASON O'CONNOR, KAYLA AHERNE, MIKEY O'CONNOR & AOIFE O'BRIEN. MIDDLE ROW L-R MAURICE FLYNN, MAUREEN MURPHY, MAIREAD O'CONNOR, VALERIE O'SHEA, CLAIRE CALLAGHAN & STEPHEN FLYNN. FRONT ROW L-R TONY O'CONNOR, MICK O'SHEA, MICHAEL O'CALLAGHAN & TOM MURPHY.



ENJOYING THE BUILD UP TO THE KERRY V CORK MUNSTER FINAL REPLAY WERE BACK ROW L-R RIAN COLLERAN, BEATRICE COLLERAN, LOUISE O'DRISCOLL, LIAM COLLERAN & SHANE O'DRISCOLL. FRONT ROW L-R SEODHLA COLLERAN, SADHBH O'DRISCOLL & KATIE O'DRISCOLL.



KAREY O'SHEA-CASEY ENJOYING THE BUILD UP TO THE KERRY V CORK REPLAY WITH PATRICK O'SHEA BEFORE HEADING UP TO FITZGERALD STADIUM.



LUKE O'NEILL WITH HIS DAD PAT BEFORE HEADING OFF TO FITZGERALD STADIUM FOR THE MUNSTER FINAL REPLAY.



PICTURED OUTSIDE JIMMY O'BRIEN'S BEFORE THE KERRY V CORK MUNSTER REPLAY ON SATURDAY WERE L-R LEANNE CRONIN, AINE KENNEALLY, IAN DEVANE & SINEAD CRONIN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ENJOYING THE BUILD UP TO THE KERRY V CORK MUNSTER FINAL REPLAY WERE BACK ROW L-R MIKE DEVANE, MARIE DEVANE, MARIE O'LEARY-DEVANE & NEILUS MCCARTHY. FRONT ROW L-R NOELETTE O'SULLIVAN, JOAN CRONIN & KATHLEEN RYAN.

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CIAN'S MEMORY LIVES ON AS HUNDREDS WALK IN HIS NAME

Over 250 people turned out to remember popular Killarney teen, Cian O'Donoghue at a walk in his memory.

Cian lost his life in a drowning accident on Lough Lein in July 2013.

A talented artist, Cian is the youngest son of Billy and Joanie O'Donoghue from Glenflesk. Cian's parents along with his brother Keith and sister Klara decided to hold the walk to raise funds for the Killarney Water Search and Recovery Team who were involved in the recovery of Cian's body after the tragedy.

"We are overwhelmed with the support we have received and are delighted with the turnout at the walk. Everyone donated so generously on the day", Billy told the Killarney Outlook.

"There are still sponsorship cards out and when they come in we will have a final figure and a cheque presentation", he added.

The family would like to thank everyone who helped them on the day including the OPW, Harry and Ann O'Donoghue, the water boys at Reen Pier, Connie, Jason and Aaron O'Sullivan, Supervalu and Value Centre Cash and Carry who donated water and everyone who supported the walk.



PICTURED AT THE DESMANE ENTRANCE TO THE NATIONAL PARK TO WALK IN REMEMBRANCE OF CIAN O'DONOGHUE AND RAISE FUNDS FOR KILLARNEY WATER RESCUE WERE BACK ROW L-R JOHN O'SULLIVAN, JOANIE O'DONOGHUE, RONAN CASEY, PAULINE CASEY, DARAGH O'SULLIVAN, GAVIN CASEY & BILLY O'DONOGHUE. FRONT ROW L-R MICK CASEY, ALISON O'SULLIVAN, LUCY MORIARTY & SARAH O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE DESMANE ENTRANCE TO THE NATIONAL PARK TO WALK IN REMEMBRANCE OF CIAN O'DONOGHUE AND RAISE FUNDS FOR KILLARNEY WATER RESCUE WERE L-R SHEILA LOONEY, MARGUERITE McMAHON & NORA O'DONOGHUE. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



PICTURED AT THE DESMANE ENTRANCE TO THE NATIONAL PARK TO WALK IN REMEMBRANCE OF CIAN O'DONOGHUE AND RAISE FUNDS FOR KILLARNEY WATER RESCUE WERE L-R CIAN'S SISTER KLARA, RYAN CRONIN & DENISE O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

FAILTE IS FEILE, FAHA

All roads will lead to Faha on Sunday August 2nd for Failte is Feile, Faha at Killarney Country Club, Faha.

Organised by the Milltown-Listry Comhaltas there will be a full programme of events throughout the day including from 1pm – 2pm Junior Ceili & Sean-Nos workshop with Marie Sheehan & Ciara Kennedy. 2pm – 3pm Family entertainment for young & old. 3pm – 6pm Open Air Ceili Mor with The Deenagh Ceili Band. 7pm – 9pm Trad. Session for younger musicians with Ciara Kennedy & 10pm till Late: Sean Murphy & Friends. Everyone is welcome to this fun day for all the family.

CLLR. WELCOMES CHANGE TO LAYOUT AT HIGH STREET

Cllr. Danny Healy Rae welcomes the decision by Kerry Co Council to change the new traffic layout at the top of High St., Killarney and revert back to the old system as the new layout has been causing delays and traffic jams over the last twelve months by not allowing the traffic down the Monsignor Flaherty Road from St. Annes Road. Cllr. Healy Rae has been making constant representations about this problem for a long time. This proposal will go out for public consultation following the next municipal area meeting on the 28th July.

KILGOBNET ROAD RACE

All roads lead to Kilgobnet on Friday week, July 31st, when the 26th annual road race and walk will be held at 7.30pm.

Always a popular event, this year the proceeds of the race will go to Kerry Mountain Rescue. Each finisher receives a souvenir medal.



MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



INVESTING YOUR MONEY.... YOU NEED TO KNOW YOUR OPTIONS

We all want our money to grow and generate a good return. You may have noticed that interest rates are now very low compared to a few years ago and maybe your wondering whether your money is currently working as hard as you did to earn it in the first place. All of the Irish banks have dropped their deposit interest rates substantially over the last few years. So, perhaps now could be the right time for you to consider all the investment options available to you. The thought of investing for some people can seem complicated. It is important that you understand how your money is invested and that you talk to an independent financial advisor about the products available to you and the returns you can expect. This should then influence the type of products that you invest in. Everyone will have a different appetite for risk and reward and there is a huge range of investments for you to choose from that are available from different financial providers and these can be very difficult for you to understand. A financial advisor can help you in many ways especially in understanding the options available to you and explain these options in plain simple english. You can choose the investments you're comfortable with and that are right for you and your goals.

If you have any queries in relation to the above or any other matter you can contact Dermot Cronin at **064 66 22775** or **087 2893649**.

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PROPERTY OUTLOOK

THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



Address: Bramble Cottage, Inchicullane, Killarney. Deceptively private and spacious cottage style dormer bungalow (approx 2,000 sq ft) on circa 0.3 acre site. 5 Bedrooms. 3 Bathrooms. Double Garage. Landscaped garden with south facing back patio. Oil fired central heating.

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Guide Price: €285,000 BER C1

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

HISTORIC DAY FOR LEGION AS THE PLAY HOST TO THE GAA

Killarney Legion GAA Club played host to the GAA as they launched the All Ireland Football Championship.

The clubhouse and grounds were in ship shape condition after it was all hands on deck over the past few weeks in preparation for this historic visit.

Present were President of the GAA Aogán Ó Fearghail and his hardworking Communications Committee, Patrick O'Sullivan Chairman Kerry County board, Mayo's Cillian O'Connor, Dublin's Philly McMahon, Monaghans Conor McManus and Legion's own James O'Donoghue. The assembled media, both written and digital

were also there as were all the flagship sponsors of the GAA.

The centre piece of the launch was a Questions and Answers session with the four players which was hosted by Radio Kerrys Weeshie Fogarty which gave a fascinating insight into the mindset of 4 of the Countries leading talents.



RTE SPORTS COMMENTATOR, MARTY MORRISY INTERVIEWS MAYO'S CILLIAN O'CONNOR.

the attendance was treated to a delicious lunch which was catered for by Peter Keane of Super Valu Killorglin, who is the Legion Senior team manager.

Club Chairman Jimmy Reen along with the Vice Chairman Enda Walshe have thanked everyone in the club who made everything possible in



THE VICTORIOUS UNDER 14 LEGION TEAM THAT WON THE EAST KERRY CHAMPIONSHIP BEING PRESENTED WITH THEIR MEDALS BY PRESIDENT OF THE GAA AOGÁN Ó FEARGHAIL.

the last two weeks. "There was outstanding work done by the volunteers who had the place in tip top condition along with everyone who helped on the day with food and catering. We are truly grateful to the whole club who made today such an outstanding success", they told the Killarney Outlook.

The Legion Under 14 team who won the East Kerry Championship the evening before were lucky enough to be the first ever team to receive their medals from the President of the GAA Aogán Ó Fearghail. Having defeated local rivals Dr Crokes in a thrilling final on the previous evening the Under 14 boys had the honour of being presented with their medals by the President.

Afterwards they met and chatted with Philly McMahon, Conor McManus and Cillian O'Connor as well as our own James O'Donoghue and the lads passed on some

valuable tips to the boys. A great experience and one they will never forget.

All in all a magical experience for Legion and one which will live long in the memory of the club. Take a bow everyone.



JIMMY REEN, CHAIRMAN OF LEGION GAA CLUB, AOGÁN Ó FEARGHAIL, PRESIDENT OF THE GAA, WEESHIE FOGARTY AND JEROME O'REGAN PICTURED WITH HONORARY MEMBER OF THE LEGION GAA CLUB, JOANNE O'RIORDAN.

"TALK TO US"

Killarney Railway station was the venue for the Samaritans 'Talk to Us' Campaign last Friday. Supported by Kerry Mayors and Councillors, the annual awareness raising campaign is running throughout July 2015, to encourage anyone who is struggling to cope to talk to The Samaritans.

'Samaritans are there when all your friends are asleep and you are alone in the world. When you're full of thoughts that you don't understand, it's good to get them out' remember Samaritans are there to 'Talk to You'.



INCLUDED IN THE PICTURE ARE LTO R. MARY O'SULLIVAN, CLLR. MICHAEL GLEESON, THE MAYOR OF SOUTH AND WEST KERRY CLLR. PATRICK O'CONNOR SCARTEEN, DIRECTOR OF SAMARITANS KERRY PAT O'CONNOR, STATION MANAGER TRALEE AND KILLARNEY RAILWAY STATIONS CATHERINE CAHILL, THE MAYOR OF KILLARNEY CLLR. BOBBY BUCKLEY, CLLR. DONAL GRADY, AND ANNE BUCKLEY. PHOTO: JOHN CLEARY.



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Price Region: **€265,000**
BER C1

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(BER: Pending)



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Their Special Day

A look at the Wedding's taking place in Killarney.



AMONGST THE SHOWERS ARE PHOTOGRAPHED NEWLYWEDS DONALD O'SULLIVAN & NIAMH O'CONNOR. THE COUPLE WERE MARRIED IN DROMID LAST SATURDAY AND HELD THEIR CELEBRATIONS IN KILLARNEY LATER IN THE EVENING.

PHOTO COURTESY OF IAN CRONIN / ICPHOTOSTUDIO.



JOSEPHINE O'CONNOR AND NOEL SHEEHAN PHOTOGRAPHED ON THE OCCASION OF THEIR WEDDING, THE COUPLE WERE MARRIED IN THE PRINCE OF PEACE CHURCH IN FOSSA AND HELD THEIR RECEPTION IN THE KILLARNEY OAKS HOTEL.

PHOTO MICHEÁL O SULLIVAN PHOTOGRAPHY
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NOW THAT WE ARE IN THE HOLIDAY SEASON HERE ARE MY TOP TIPS FOR STAYING ON TRACK WHEN ON HOLIDAYS:

- Bring your runners and walk as much as you can. Walking is a great way of getting to know the area you are staying in and seeing all the sights.
- Workout in your room, a simple 20mins body resistance circuit of pushups, dips, squats, lunges & crunches etc. can be a great way to keep in shape when traveling. Not sure what to do? Then check out some great workouts on YouTube, or Pinterest etc.
- If you are a Gym bunny then try and pick hotels with Gyms available or nearby.
- If you can swim, use the pool for a few lengths. It's a great way of keeping cool in hot climates.
- If you are away in hot climates, get your workout done early morning or late in the evening when you have less distractions and the temperatures are cooler.
- Avoid too many starchy carbs at meal times. (eg. Bread, pasta, rice, potatoes). Eat plenty of salads and vegetable dishes with lean protein options.
- Eat 1x course per meal not 3!
- Remember to account for the additional calories you may be consuming in alcohol. People often forget about this. And avoid creamy & sugar laden cocktails. They are a sure way of packing on the pounds if drunk in excess.

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OUTLOOK FASHION TIP:

MIND THE GAP

Use a pretty earring stud to fix wardrobe malfunctions (a gaping shirt, a loose neckline). It adds visual interest and puts spare jewellery to good use!



DIET TIP

When eating out choose fruity meringue style desert instead of heavy apple pies or cheese cakes.



Beauty Tip

Contrasts!

Go for contrasting lids and tips. Pair a smoldering eye look with a crisp off-white nail polish. The combo looks elegant, plus you won't have to worry about your manicure matching your clothes.

FOLIC FACTS:

FOLIC FACTS

Most women have heard of folic acid and think of it as something to take while you are pregnant. The fact is that if you are sexually active and could become pregnant, whether you are planning to or not, you need to take a folic acid supplement every day.

WHY TAKE FOLIC ACID EVERY DAY? The thing is that about half of pregnancies are unplanned. That means, that by the time you realise you are pregnant it may be too late to help support your baby's spine and brain development by simply taking folic acid. Your baby's spine develops fully in the first 28 days of pregnancy. That's why taking folic acid is essential for 3 months before and during the first 3 months of pregnancy. You never know when you might become pregnant, so taking folic acid every day helps protect your baby.

If you are sexually active and could become pregnant, whether you are planning to or not, we recommend that you take a 400 micrograms folic acid supplement every day before pregnancy and during the first 3 months of pregnancy.

THE FACTS: Folic acid is a vitamin that is essential for everyone's health and women need extra during early pregnancy. It is a B vitamin called vitamin B9. Folic acid isn't stored in the body so you need to take it every day.

Taking folic acid can help prevent certain birth defects of the brain and spinal cord, known as neural tube defects (NTDs). Spina bifida is one of the most common NTDs. NTD's can bring about nerve damage or incomplete brain development in severe cases, causing disabilities. Many of these (70%) could be prevented by taking folic acid.

Folic acid works best if you take it before and during early pregnancy. It should be taken at least 3 months before getting pregnant to help reduce the risk of NTDs in your unborn child. If you are already pregnant, start taking folic acid straight away and continue each day up to 3 months into your pregnancy.

It's best to take folic acid as an individual supplement because that ensures that you get the right dose of 400 micrograms a day. Some multi-vitamins may contain 400 micrograms of folic acid but they may also contain vitamin A, which is not recommended during pregnancy. Check the label. Folic acid supplements are not expensive and can often cost less than a cent, or pennies, a day.

THE BOTTOM LINE! Remember if you are sexually active and there is a chance you could become pregnant then you need to take folic acid every day.

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GLENFLESK DANCERS. 12-15 LADIES 8 HAND MUNSTER CHAMPIONS. BACK ROW L-R RACHEL Mc GILLICUDDY, SARAH RANDELS, LEAH MOYNIHAN, JASMINE GREY. FRONT ROW L-R AOBHA O SHEA, RACHAEL MOYNIHAN, ROCHA CLIFFORD, LAMIA SWITZER.



AT THE PRESENTATION OF THE DR CROKES GAA CLUB GOLF SOCIETY CAPTAIN'S PRIZE OUTING AT THE KILLEEN COURSE, KILLARNEY ON FRIDAY WERE FROM LEFT, BRIAN O'CALLAGHAN, CAPTAIN, DOLORES O'CALLAGHAN, FRANK SHAW, WINNER AND PAUDIE O'CALLAGHAN, THE FAILTE HOTEL, SPONSOR. BACK FROM LEFT ARE GEORGE McNEICE, GAVIN O'DONOGHUE, KARL McMAHON, JAMES ARTHUR, DENIS COLEMAN, PETER O'BRIEN, BRENDAN KEOGH AND SHANE HORGAN. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



AT THE PRESENTATION OF PRIZES OF THE KILLARNEY GOLF CLUB MIXED FOURSOMES COMPETITION SPONSORED BY THE GAELECTRIC GROUP WERE FRONT FROM LEFT, JOE O'CARROLL, MANAGING DIRECTOR (BIOENERGY & SOLAR) AT GAELECTRIC GROUP, EILEEN TARRANT AND SEAN GOULDING, OVERALL WINNERS, AND PATSY HANLEY, LADY CAPTAIN. BACK FROM LEFT ARE JOHN KERRISK, JENNIFER O'BRIEN, DONAL CONSIDINE, AMY ARTHUR, GER LENIHAN, GER MOLONEY (GAELECTRIC GROUP), SINEAD GALVIN, DERMOT ROCHE, BREDA DUGGAN AND MICHAEL QUIRKE. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



SPA DANCERS - AVA O SULLIVAN AINE BROSAN MEAGHAN CRONIN ISLINN NI CHRÓINÍN - UNDER 15 CEILI 4 HAND MUNSTER CHAMPIONS 2015



AT THE PRESENTATION OF THE DR CROKES GAA CLUB GOLF SOCIETY CAPTAIN'S PRIZE OUTING AT THE KILLEEN COURSE, KILLARNEY ON FRIDAY WERE FROM LEFT, PAUDIE O'CALLAGHAN, THE FAILTE HOTEL, SPONSOR, BRIAN O'CALLAGHAN, CAPTAIN, DOLORES O'CALLAGHAN, FRANK SHAW, WINNER, CIARA O'CALLAGHAN AND DECLAN AHEARNE. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)

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MASTER CLASSES

Directed by Nicholas McAuliffe

The focus of the master classes will be the recently discovered manuscripts, in the National Traditional Music Archives in Dublin and in Elsberry, Missouri in the United States, with music dating back to the end of the 18th century. These manuscripts came from Dan Curtin, Dave Dan Curtin of Stagmount, Rockchapel and from Dave Leahy of Secandglass, Mountcollins, who died in 1907.

These manuscripts give a historical glimpse of an older layer of Sliabh Luachra music that predates the polkas and slides that now characterize the area. They also illustrate the richness of the music at the time of the compiling of the manuscripts and the contribution this area has made to the music of Sliabh Luachra over the last 200 years.

**MASTER CLASSES RUN EACH DAY 10AM - 2PM
MONDAY TO FRIDAY**
Fee: €50

Programme of Events

Tuesday 4th: Seisiún 9pm

Thursday 6th: Singing Night of Sliabh Luachra Songs
8.30pm

Friday 7th: Music Sessions at Scullys Newmarket

Saturday 8th: Visit to Padraig O'Keeffe Monument at Glountane Cross and Session
2.30pm

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FINDING THE RIGHT COLLEGE ACCOMMODATION FOR YOU

Going to college, need good quality and affordable accommodation. Well this week we feature the top college accommodation providers in Tralee and Limerick and give you a guide to whats on offer.

BEFORE REGISTERING WITH AN AGENCY, YOU SHOULD FIND OUT:

- Is the agency licensed?
- What services does it offer?
- If you pay a fee, in what circumstances will you be entitled to a refund?
- If you are entitled to Rent Supplement, does the agency have landlords on its list who accept Rent Supplement?
- If you decide to register with the agency, make sure you get a receipt for any money you pay.

VIEWING THE ACCOMMODATION

- Are there any signs of dampness?
- Do the windows open?
- What security is available (such as window locks, burglar alarm)?
- Is a smoke detector provided and is it functioning?
- Is there a fire alarm? Check fire evacuation procedures (especially in apartments).
- Who pays for the heating? What hours is it on, and who controls it?
- Is hot water available all or some of the time?
- Are the cooker and fridge clean and in

working order?

- What sort of condition is the bathroom in?
 - Do you have to share the bathroom, if so, with how many others?
 - Is there storage for bicycles?
 - Does the property have a parking space?
- Threshold recommends that you get confirmation that a parking space is provided with the accommodation in writing from your letting agent or landlord before handing over any money.
- Is there a bus route or other public transport nearby?
 - Are there shops and other facilities nearby?

BEFORE YOU AGREE TO RENT

Make sure you can afford the rent being asked. If you will be claiming Rent Supplement, make sure you know the local maximum rent



level allowed. Tell the landlord that you intend to claim Rent Supplement since they will need to fill out part of the application form and supply their own details.

Be aware of your rights and your obligations as a tenant and your landlord's rights and obligations. Your landlord, for example, is obliged to provide you with a rent book and to ensure that the accommodation meets certain minimum physical standards. They must also register the tenancy with the Private Residential Tenancies Board (PRTB).

If the landlord wants you to sign a fixed-term lease, don't agree unless you are sure you want to stay for that length of time. If you leave before the end of a fixed-term lease, you may lose your deposit. Read more about the different types of tenancy.

You are not covered by landlord and tenant legislation if you are sharing accommodation with your landlord.

INVENTORY

Ask the landlord for a written list of all furnishings and appliances provided. You and the landlord should sign this list at the start of the tenancy to show that you agree on the furnishings supplied and their condition. This will help to prevent disputes during your stay and when you are leaving. This list should be included in the rent book.

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www.kingscourtapartments.com



SPECIFICATIONS

Grove Island Student Village is a contemporary, purpose built development with a large enclosed landscaped courtyard. The exterior is a brick / rendered façade, four storeys in height, with three elevators incorporated for ease of movement. All apartments have the benefit of a balcony with attractive views of the city, the Abbey River, and Grove Island. Students are housed in fully furnished apartments comprising three, four, and five bedrooms, living/dining room, and fully fitted kitchen with all amenities. All 300 bedrooms are en-suite, and include large fitted study desks and ample storage.

LOCATION

Grove Island, a newly developed city village of commercial units, owner occupier dwellings, student accommodation, and leisure centre, is built beside the banks of the Abbey River. The location of the student village is unrivalled.

A UNIQUE DEVELOPMENT, AN UNRIVALLED LOCATION

FACILITIES

- Integrated telephone and intercom system
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- Self service laundrette. Retail shops, including supermarket.

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TYPICAL APARTMENT LAYOUT



Student Apartments

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F: 061 349084
E: info@groveisland.com
W: www.groveisland.com

If there are any signs of damage by previous tenants, make sure this is noted too. You could photograph or otherwise record the existing condition of the property and any damage to walls, furniture or appliances. If there are outstanding repairs, ask the landlord to state in writing that they will be carried out.

DEPOSITS

HOLDING DEPOSITS: Some landlords or agents may ask you for a holding deposit when you decide to take the accommodation. This is a sum of money you pay to hold the property for you before you sign the lease and enter into a contract with the landlord. You should always get a written receipt for a holding deposit. Holding deposits are often not refundable if you don't take up the accommodation.

SECURITY DEPOSITS: You will be asked for a security deposit before moving into the accommodation. Usually a deposit is the equivalent of 1 month's rent and is held by the landlord as security for any rent arrears or damage beyond normal wear and tear. If you are getting a social welfare payment and are unable to pay the deposit, the Department of Social Protection's representative (formerly the Community Welfare Officer) may be able to help with paying a deposit under the Supplementary Welfare Allowance Scheme. You should get a receipt for any deposit you pay. The amount of deposit paid should be stated in your rent book. You may lose your deposit if:

- You leave without giving proper notice, or leave before the end of a fixed-term lease
- You cause damage to the accommodation beyond normal wear and tear
- You leave with bills or rent unpaid.

FURTHER INFORMATION AND SUPPORT

Threshold is a useful source of information and advice on landlord and tenant issues. The Private Residential Tenancies Board (PRTB) helps to resolve disputes between landlords and tenants, including any disputes about retention of deposits.

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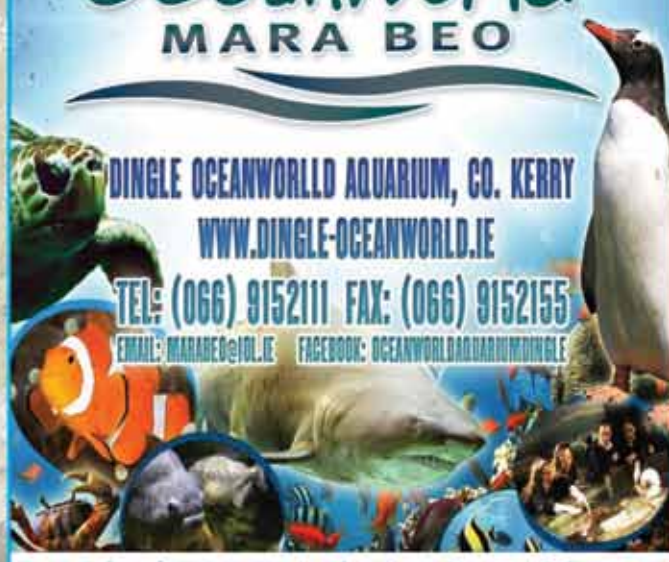
Why travel long distances to see something wonderful that is on your own doorstep? Ditch the distance and have a longer time to experience what international tourists long for? Why not treat yourself, your family or a loved one that special experience that is on your doorstep?

It is time to experience and support local. It is more affordable than you think and more real than the brochure. This week we feature some of those places you have all seen, maybe passed by on a journey or maybe even seen the signpost and wonder about going in. So why not set a date for yourself and

your family to take that day trip and put some of the wonderful businesses we feature into your diary. You will not be disappointed, what's more, there is no check in desks to encounter, no travel arrangements needed, and you will be supporting local.



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UNPARALLELED STYLE AT THE COACH HOUSE



The Coach House is one of Dingle's most beautiful shops, home to an unparalleled collection of stylish interior's accessories and furnishings, unique Irish Design and special gifts to mark all of life's memorable occasions. Grainne Kavanagh brings her vast experience as an Interior Designer and her panache for all things tasteful to The Coach House and is constantly seeking to bring the best in design to her customers.

The Coach House is home to a tastefully curated collection of leading Irish Design, lighting, furnishings, home accessories, jewellery and giftware. Brands include La Bougie Candles Cork, Mindy Browne's Interiors Mullingar, Cushendale Lambswool Throws Kilkenny, MoMuse Jewellery Dublin, Bluebone Furnishings, David Barry furniture Dublin, Voyage Soft Furnishings and much more. Grainne is constantly searching to bring the most beautiful and unique pieces to this special space in Dingle for her customers to enjoy at home and to gift to those they cherish. Since officially opening on December 5th last year Grainne has expanded her collections to

include ranges of children's bedroom interiors ranges from princesses shelves to pirate ship mobiles, hooks, light shades and mobiles. Having received feedback from new parents that they were keen to receive gifts other than clothing Grainne got to work to source the perfect alternative to the regular children's gifts and it's proved a huge hit. Gifts for weddings are also proving a big hit as many customers expressed a desire to gift an alternative to cash and now Grainne has started to create wish lists for Brides and Grooms to be.

Despite The Coach House being under a year in business it had recently been nominated in two categories for The Irish Times Best Shops in Ireland, Grainne is over the moon with the many votes and thanks her customers for the votes. Her mission to create a space that people could spend some time escaping their hum drum lives for just a little while and enhance their day seems to have become a reality in a short space of time. When you are next in Dingle call in for a treat or visit www.facebook.com/TheCoachHouseDingle

A LOT MORE THAN JUST A CAVE AT CRAG CAVES

Looking for something local and fun to do this summer while the kids are on holidays, then look no further than Crag Cave in Castleisland.

Crag Cave has been in business with the last 25 years and likes to think they know a thing or two about what makes people leave here feeling happy, delighted and itching to come back again.

At Crag Cave they are delighted to showcase 3 brilliant and exciting attractions in the one location taking the excess travelling between locations out of play along with the usual "are we there yet" questions from the back seat. Whether it's the Caves themselves, which have been here for over a million year's you're dying to see and explore with experienced guides at hand to take you around. Why not let the kid's burn off the excess energy built up from a restless car ride in our Crazy Cave play area - 'The Kingdom's No.1 House of Fun'. While you sit back, relax and sample some delicious home baking made every day from the Garden Restaurant and watch them in full view while they run around.

Why not browse around the Visitors Centre if you have time. After all of this and if they are still full of energy then the Birds of Prey show hosted by the excellent Kingdom Falconry is sure to leave them in awe. These magnificent creatures range from Barn Yard Owls, everyone knows so well from watching the Late Late show while growing up, to falcons to the king of them all the Golden Eagle.

This show lets you get up close and personal with each animal along with interacting in the bird's performance. Witness and be amazed by the grace and soundless motion of their owls along with their individual personalities. Watch their falcons fly and stoop to the lure with amazing dexterity and speed; take in their hawks as they glide in and over your head at close range. So what are you waiting for, Crag Cave is open daily Monday to Sunday from 10am - 6pm. They look forward to seeing you for a memorable and exciting day out.





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KENMARE'S THE LIME TREE A SPECIAL DINING EXPERIENCE



The Lime Tree is recognised as Kenmare's landmark restaurant. Housed in a beautiful building dating back to 1832, the food and service continues to win accolades and many new customers. The quality ingredients are sourced locally and then carefully prepared with passion. Fish from the cleanest waters in Europe is delivered daily and lamb is provided by the local farmer. Simple caring preparation ensures tasty food. The service is friendly and efficient with an emphasis on value for money in an informal manner.

The Lime Tree was voted 6th best restaurant in Ireland by Trip Advisor in 2014 and 2015.

Michael Casey, Chef Patron, born and reared in the heart of The Black Valley near the Gap of Dunloe has honed his cooking skills in some of the best establishments in Ireland,

England and Holland.

He was Head Chef in The Lime Tree with Tony Daly and worked with Francis Brennan of Park and At Your Service TV fame.

He has now taken over his favourite restaurant and brings back to Kenmare his flair and culinary skills. Michael says "The local produce in this area is among the best in the world. Billy Clifford's organic herbs, Roger O Sullivan's Beef and Lamb and Freshest Fish from Union Hall and Castletownbere. My aim is to cook using the best local and regional ingredients and provide dishes that offer tasty flavours and excellent value in a casual warm lively atmosphere" Michael also featured on Operation Transformation TV show where he became the first Irish person to reverse Type II diabetes by diet alone.



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The Jarvey's Rest Traditional Irish Pub is one of Killarney's most popular Irish Pubs and, over the years, has become a landmark location on the amazing Ring of Kerry driving route. The Jarvey's Rest is positioned in a very historic area, in the heart of Killarney's National Park, just 4km from Killarney town centre. The pub is located at Muckross Park Hotel and is famous across Ireland.

Jarvey's is bustling with activity this time of year, open 7 days per week from 12.30pm, serving great Irish food all day and offering Live Entertainment 6 nights per week. All summer long we are running a Kids Dine Free offer which is bound to make family days more economical. Whether you are exploring Killarney's National Park, the wonderful Lakes of Killarney or Torc Waterfall, a family day out is incomplete without a nice lunch or evening meal. Jarvey's is renowned for its famous Irish Night Show which features a mixture of traditional tunes, rousing ballads and Irish music performed by Onora and dancing performed

by Torc Irish Dancers. These award winning performers showcase Irish jigs, reels and heart pounding dances. Laced with history, folklore and a truly magical atmosphere a Jarvey's Irish Night show is one to be remembered.

We stock a wide variety of craft Irish beers for you to choose from and also offer a whiskey tasting service. Sample premier Irish Whiskies, delight at an expertly made Irish coffee or relax with a great pint of Guinness and enjoy the authenticity of Jarvey's traditional venue.



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For reservations, please contact us on 064-6623980 or email angsanaspa@thebrehon.com

21ST ANNIVERSARY OF THE SEAN MCCARTHY FESTIVAL 2015

Sean was born in Listowel on July 5th 1923. He was one of a family of ten children. He attended Listowel Primary School, where his teacher for a time was Dr. Bryan McMahon, who once said of Sean that "he was always a special person, I'll even go so far as to say he was unique." Among his best known songs are "Shanagolden", "Red Haired Mary", "Highland Paddy", "Murphy's Volunteers", "Step it out Mary", "Mountain Tae, (Hills of Connemara) and "In Shame Love, In shame". Over the years Sean entertained and delighted thousands of listeners to "Sunday Miscellany" and "Thought for the Day" on RTE Radio. His songs are available at the Literacy Centre, The Square, Listowel, Tel: 068 22212. He played a major role in promoting "The Rambling House" on Radio Kerry, which is now continued at Sheahan's Thatched House, Finuge

over the winter months. The Sean McCarthy Memorial Weekend provides a fitting tribute to an individual who will always be remembered for his kindness and generosity. Dates for Sean McCarthy Festival 2015: 31st July - 3rd August 2015



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SEAN MCCARTHY

MEMORIAL WEEKEND Finuge - 30th July to 3rd August 2015

21st Anniversary Sean McCarthy Weekend Festival

Entries are invited for the Mick McCarthy Story Telling Competition



- PROGRAMME OF EVENTS -

Thursday 30th July

Reception for 21st Anniversary at 8pm

Venue: Teach Slamsa

Music: Lorraine Nash and Pleascadh

Friday 31st July

Concert with Dónal Clancy

Time: 8.30pm - 10.30pm Venue: Teach Slamsa

(His songs include: - "Mrs McGrath, Eileen Aruin, Nancy Whiskey" and many more.)

Adm: €10.00 Booking Phone: 087 9049371

Saturday 1st August

Children's Art with Artist Mary Finucane; 11am to 12 noon

Venue: Teach Slamsa Finuge

School going age. Working with Clay Adm: €7.00

3pm - 5pm Liam O'Connor in Concert

Venue: McCarthy's Bar Finuge

Saturday 1st August

3 - 5pm: Liam O'Connor Accordion Legend

Come along and see Master Accordion Player Liam's performance which is spectacular explosion of Music. An occasion not to be missed

Final of Sean McCarthy Ballad Competition 8.30pm Venue: Teach Slamsa

Comper: Keith Donald IMRO Chairman

Interval: Guest: Susan McKeown. Grammy Award Winner. Adm: €10.00

Sunday 2nd August

6 - 8pm: Heart & Soul in McCarthy's Beer Garden

The Mick McCarthy Story Telling Competition Final 8pm Venue: Teach Slamsa

10.30pm: Ann & Marie

Monday 3rd August

Rambling House Finuge, all Musicians & Singers most welcome.

Light Refreshment served. Time: 3.30pm - 5pm. Venue: The Thatched House

The Annual Bank Holiday BBQ. Time: 5pm - 7pm. Sound as a Pound

Venue: Beer Garden McCarthy's Bar Finuge

E: info@finugeweekend.com W: www.finugeweekend.com T: 087 9049371





OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



MUNSTER SENIOR FOOTBALL CHAMPIONSHIP



GOOCH MAGIC HELPS KERRY TO MUNSTER THREE IN A ROW

KERRY 1-11
CORK 1-06

There is an old myth among GAA supporters that you don't give Kerry a second chance through a replay.

That myth ran true again in Killarney as the Kingdom defeated old rivals Cork in their replayed Munster SFC decider at rain-lashed Fitzgerald Stadium on Saturday evening last. Kerry collected their 77th Provincial title and a third title in four years.

A quarter-final against either Westmeath or Fermanagh now awaits the Kingdom as they continue with confidence the defence of their All-Ireland title.

Kerry manager Eamonn Fitzmaurice clearly learned from the drawn game two weeks ago as his side countered the all of the key Cork challenges.

The game was watched by a fine attendance of 32,233 including GAA President Aogan O'Fearaghill in deplorable conditions but despite the rain, this was a fine, sporting spectacle.

The key differences between this Kerry side and the side which drew with Cork two weeks ago was in defence. Here veteran Aidan O'Mahony justified his call-up to the starting line-up with a dominant performance and Shane Enright, Jonathan Lyne and Paul Murphy also shone. Indeed Kerry's defence was so tight on this occasion that Cork managed only two second half points despite tremendous effort.

At midfield David Moran and Anthony Maher won the day, while the excellence of Bryan Sheehan, who scored 0-5 from long range frees, the exceptional work rate of Donncha Walsh and the brilliance of Paul Geaney and James O'Donoghue were key factors.

Colm Cooper, too, made a major contribution

when introduced as a second half substitute for Kieran Donaghy.

It was the Gooch's genius in the 50th minute, when spotting the superb positioning run of Donnadh Walsh, he delivered a sublime pass to Walsh for a drive at goal. This was parried by the Cork goalie but the well placed Paul Geaney picked up the rebound and finished superbly to the net.

That was the crucial score of the game as it put the Kingdom three points clear 1-9 to 1-6 and they never looked back after that.

Kerry had built up a three point lead by the 32nd minute of the first half when Aidan O'Mahony gave away a needless line ball.

From the line ball Cork mounted a swift attack and the Kerry defence was prized open. Donncha O'Connor found Colm O'Neill who broke through the line and short passed to the swift moving Paul Kerrigan who finished to the net with an unstoppable shot. It was a score that came against the run of play as Kerry had been very much in control up to that point.

Shortly afterwards, Brendan Kealy prevented another Cork goal when he deflected a rasping shot against the upright and the Kerry defence recovered possession and cleared.

At the break, Kerry led 0-8 to 1-4, Bryan Sheehan, flawless again from frees, was responsible for five of Kerry's scores. The other three came from Paul Geaney (2) and Donnchadh Walsh.

Cork's first-half total came from Paul Kerrigan (1-0), Colm O'Neill (2), Donncha O'Connor (free) and Brian O'Driscoll.

Cork took the lead when Colm O'Neill pointed from play early in the second half but Kerry, with David Moran and Anthony Maher giving a midfield tour de force, soon began to take control again.

Jonathan Lyne and Kevin O'Driscoll exchanged points before Geaney's goal in the 50th minute put the Kingdom firmly in the driving seat.

Kerry despite losing Stephen O'Brien to a red card late on, closed out the game with scores from Paul Geaney (free) and the outstanding James O'Donoghue to run out clear winners.

Teams and Scorers

Kerry: Brendan Kealy; Marc O'Se, Aidan O'Mahony, Shane Enright; Jonathan Lyne (0-1),



KERRY CAPTAIN KIERAN DONAGHY BECAME THE FIRST TRALEE CAPTAIN SINCE GER POWER IN 1980 TO RECEIVE THE MUNSTER SENIOR FOOTBALL CHAMPIONSHIP CUP FROM ROBERT FROST, MUNSTER PRESIDENT.

PHOTO BY PADDY WHITE

Killian Young, Paul Murphy; Anthony Maher, David Moran, Johnny Buckley, Bryan Sheehan (0-5, 0-5 frees), Donnchadh Walsh (0-1); Paul Geaney (1-3, 0-1 free), Kieran Donaghy, James O'Donoghue (0-1).

Subs: Michael Geaney for Johnny Buckley; Colm Cooper for Kieran Donaghy; Barry John Keane for Paul Geaney; Paul Galvin for Donncha Walsh; Peter Crowley for Killian Young.

Cork: Ken O'Halloran; James Loughrey. Jamie O'Sullivan, Michael Shields (Capt), Brian O'Driscoll (0-1), Stephen Cronin, Barry O'Driscoll; Alan O'Connor, Kevin O'Driscoll (0-1); Mark Collins, Donncha O'Connor (0-1, 0-1 free), Patrick Kelly; Colm O'Neill (0-3, 0-2 frees), Paul Kerrigan (1-0), Brian Hurley.

Subs: Fintan Goold (Macroom) for Donncha O'Connor, Conor Dorman for Kevin O'Driscoll, Daniel Goulding for Pa Kelly; Tomás Clancy for Barry O'Driscoll; John Hayes for Brian Hurley.

Referee: Maurice Deegan (Laois)

WHAT THEY SAID

EAMONN FITZMAURICE

"It was going to be hard-earned and thankfully we are now heading for Croke Park with three games under our belt which can only help us. The game was very tight. Both goals were important. Colm Cooper's vision and Donnacha Walsh's run were vital in the run-up to our goal.

"We played a lot of football in the first half before they got their goal. We got huge momentum from our goal. Overall, we were a good bit tighter at the back, which we needed to be. We learned a lot of lessons and we learned from the drawn game. Our tackle was better and our attitude was better too."



DONNCHADH WALSH SCORED KERRY'S FIRST POINT ON SATURDAY.



OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



THE OUTLOOK FROM THE TERRACE

Donal Barry swapped his press box seat for his favourite place in the terrace where the real views are heard first and loudest. He looks at what was on people's mind apart from trying to stay dry.

DEFENCE ON TOP:

Having ran the changes in defence there was a little concern that the much-maligned Kerry full back line was going to be in for a tough evening. After all, they have conceded 4-12 in two championship outings. They have an average age of over 32 years, they must certainly be the oldest in the game but it was that experience that shone brightest in a night where all three produced creditable performances, Marc O'Se was very assured while Aidan O'Mahony relished his sweepers role and time and again closed the space for Cork deliveries. However if the elder statesmen of the full back line were enjoying fine games, they were put in the shadow by Shane Enright. The Tarbert man has never put in such a complete performance for Kerry. He covered every blade of grass, stood resolutely up to his marker, failed to concede fouls and grew in incredible stature as the game wore on. Surely, a vote of confidence well rewarded. He could well have taken man of the match Award and few would have argued.

MIDFIELD DOMINANCE:

David Moran and Anthony Maher were back to their best at midfield and crushed Alan O'Connor's dominance from the first throw in. O'Connor's early yellow, which could have been more, had him operating at a reduced rate and as the game moved on both Moran and Maher proved equally capable of playing in good ball to their forwards. Maher in particular picking out some wonderful passes. He even followed O'Connor when they moved him to full forward and Maher even had the better of him there. Eamon Fitzmaurice told the Outlook last week that O'Connor's performance from the first match would have a bearing on his team selection. Maher very much the winner on the count.

WHO PICKS RTE PLAYERS OF THE GAME?

As rain sodden fans left the Stadium on Saturday night the names of Moran, Maher, O'Mahony, Enright, Geaney and Paul Murphy were all on the

tips of people's tongues for players of the game. Indeed it was almost certain that keeping Cork to just 0-2 in the second half and just 1-6 over the course of the 70 minutes indicated that it was a back that would win player of the game. By the time most had got to the dry refuge of their car's it was revealed that James O'Donoghue had won the award and while no one would begrudge him another crystal even the Legion Star must have had a smile at accepting it considering that James Loughery was one of Corks better performers.

GEANEY V SHIELDS

There was always going to be an edge to the Geaney and Shields encounter considering the late "tackle" Michael Shields put in on Paul Geaney in the closing stages of the drawn game. An incident that got both players booked.

So it was always a battle that fans watched with keen interest. Geaney fed off the scraps of ball that Kieran Donaghy broke into his path and his awareness was top notch especially with his first half point. Still the two big incidents were the goal and the by now famous "shouldering and diving incident". Let us start with that. Michael Shields can count himself lucky that he received no punishment for his dramatic fall to the ground. It was done to get a player sent off and on another night with another Ref it may well have happened. There is no place in the game but Cork fans were quick to point to an incident with Aidan O'Mahony a few years ago. Now for the goal incident, Cork fans ambled on about "sledging" following Geaney "few words" with Shields after he fired to the net. Was it "Sledging"? We think not and in fairness most of those in the terrace felt that it was a fair retribution.

UMBRELLAS:

Yes, unbelievably there was a tussle or two in the terrace over umbrellas and while even the brightest of brolly's displaying banking advertising stood up "subtle hints" most proved better than Michael Shields at taking a few touches. Then again, Paul Geaney can deliver one hell of a shoulder. Seriously though, There was plenty near misses and raised tempers as patrons arriving later than some pushed themselves into the terrace and without



JAMES O'DONOGHUE BREAKS FREE FROM JAMES LOUGHERY.

any planning permission from their neighbours hoisted their umbrella's. In most incidents, they were taken down when the action got underway but plenty toughed out the abuse for the whole game. Is it time to simply ban them for games? We reckon more people are in danger of injury than those rambling onto the field in Croke Park after All Ireland Finals.

ALL IRELAND TICKETS:

Almost 33,000 people braved the elements last Saturday and even for those poor 7,000 or so who had the comfort of the Stand to cover them from the elements, how many of them will get their hands on All Ireland Tickets should Kerry or Cork get there. It's time the GAA start to reward those who attend in such great numbers in the worst of weather as it is very likely that most of those recovering from their flu's this week will not be able to get their hands on tickets for the bigger days ahead.

SENIOR HURLING CHAMPIONSHIP

The Draw for Round 2 of the Garveys Supervalu Senior Hurling Championship (Winners V Winners and Losers V Losers) has resulted in the following pairings:

WINNERS GROUP

(Winners) Crotta or Kilmoyley V Abbeydorney

Lixnaw V Causeway

LOSERS GROUP

(Losers) Crotta or Kilmoyley V Ballyduff Ballyheigue V St Brendans



THE KERRY TEAM THAT DEFEATED CORK IN THE MUNSTER FINAL REPLAY IN KILLARNEY ON SATURDAY. PHOTO BY PADDY WHITE



EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

EAST REGION MINOR LEAGUE

Results – Round 3

Division 1: Spa 1-15 Gneeveguilla 1-11.

Division 2: Beaufort 3-09 Glenflesk 3-09

Division 3:

Currow 3-18 Scartaglen/Cordal 1-07

FIXTURES: All games at 7.30pm.

First named team has home venue.

Division 1 – Round 4

Gneeveguilla V Legion.

Firies V Spa. Dr Crokes Bye.

Division 2 – Semi Final

Rathmore V Beaufort.

Division 3 – Round 4

Fossa V Scartaglen/Cordal (Double points).

O'SULLIVAN CUP – ROUND 1

FIRIES 3-11 LEGION 2-12

Defending champions Legion and visitors Firies played out an enthralling first round O'Sullivan Cup game at championship pace. Legion opened an early four point lead courtesy of two long range Donal Lyne frees and one a piece from Twomey and Moriarty, both from play. Firies opened their account with a Pádraig de Brún point after a fine run. However, Legion's response was swift, Peter Mc Carthy finished to the net from a move involving Bryan Griffin and David Gleeson to extend the homeside's lead to six points mid way through the half. Firies settled into the game, a goal and a pointed free from their lively William Courtney and a long range Sean Burke point left two points separating the sides. Mike Daly with some fine points and another Firies goal were cancelled out by a Rhyss Farrell green flag and good scores by Lyne from frees and Derek Twomey from play saw the sides go in at the break with Firies leading by a single point 2-08 to 2-07. The second half resumed with another Donal Lyne free before Firies were reduced to fourteen but this didn't halt the great effort they were making. As the game entered its latter stages, it seemed that Legion, who had a two point advantage, looked to be holding on for a victory. Even as a Mike Daly reduced the deficit to the minimum, it looked as the time was running out, but in a last heroic effort a fine passage of play ended up with Firies finding the net with a Pádraig de Brún goal worthy of winning any game. Final score Firies 3-11 Legion 2-12.

SPA 3-15 GLENFLESK 2-09: Spa hosted Glenflesk in the last of the O' Sullivan Cup round 1 games, sponsored by O'Sullivan Cycles, Killarney, in what was an entertaining game. Glenflesk got off to a dream start with a Brian O'Donoghue point and a goal in the opening minutes. However, Spa quickly pulled ahead by the minimum, with a goal and 2 points from the boot of Dara Moynihan. Glenflesk levelled the scores with point near the end the second quarter. Spa began to dominate in the middle area of the field and scored three points without reply, however, Joseph O'Donovan

drove forward, took a return pass from Brian O'Donoghue and goaled, to level the game, 1-05 to 2-02, with 8 minutes remaining in the half. Spa closed the half the stronger, scoring a point and a Dara Moynihan goal to a point for Glenflesk. Score at the short whistle: Spa 2-06 Glenflesk 2-03. Glenflesk came out with renewed determination after the break and quickly drew level with 3 unanswered points. It was tit for tat, with Spa pulling ahead 3 points, Glenflesk reducing the margin to a point, Spa increased their lead to three points. Glenflesk reduced the gap to two, with ten minutes remaining but that was to be their last score and four Spa points and a Kieran Spillane goal, gave Spa victory. Final Score: Spa 3-15 Glenflesk 2-09. Spa are away to Gneeveguilla in the quarter final while Glenflesk join Legion, Dr Crokes, Currow and Kilcummin in the Bill Tangney Cup competition.

Referee: Donal Donnelly (Kilcummin)

QUARTER FINAL

RATHMORE 1-14 SCARTAGLEN 1-04

Rathmore qualified for the semi final of the O'Sullivan cup last week when they took on Scartaglen in Rathbeg. The first half saw Rathmore dictate the majority of play pulling out a 7 point lead before Scartaglen where able to get on the board with a point in the twenty fifth minute of play. The half time score was Rathmore 0-8 vs Scartaglen 0-1. The start of the second half saw Rathmore stretch their lead early in the half, after Michael A Kelliher found the net from a penalty. Scartaglen weren't willing to go down without a fight and kept battling. With 10 minute left to play Kieran Herlihy found the net from a well placed high ball from Pa Rahilly. Rathmore were deserving winners on a final scoreline of Rathmore 1-14 Scartaglen 1-04.

UNDER 14 EAST REGION LEAGUE - DIVISION 1 FINAL

LEGION 2-8 DR CROKES 0-9: In an exciting open game of football, Legion ran out winners in Dreen of this years East Region division 1 league final, sponsored by MD O'Sheas. The game was evenly balanced for the first 15 minutes, quarter, with the sides notching up 3 points a piece (Niall Mc Gillicuddy (2), Christian Casey for Legion, Michael Lenihan (2), Pádraig Looney for Dr Crokes). Two Legion goals, early in the second quarter turned the game. Donal Lucey palmed a cross to the Dr Crokes net followed by Ryan O'Grady finishing another good move to the net. Dr Crokes steadied things, aided by a fine save from keeper Adam Carey and tagged on two points (Michael Lenihan) Score at the break 2-4 to 0-5. The second half was closely contested. Dr Crokes reduced the margin to 2 points when Michael Lenihan pointed 2 frees and Harry Potts added another. However, Legion replied with 3 consecutive frees, (Niall Mc Gillicuddy (2) Darragh Lyne). Dr Crokes to their credit, never gave up and pushed hard for a goal but Legion defence stood strong. Krystian Kamorska added a Dr Crokes point as Legion held out for

a well earned win. Sean O' Keeffe, East Region Coiste na nÓg presented the trophy to Legion captain Darragh Lyne.

Referee Brendan Brosnan (Glenflesk)

BEAUFORT GAA NOTES

LOTTO: Next draw for Jackpot of €2,600 will be held in Beaufort Bar on Sunday, 26th July.

BEAUFORT SENIORS: Hosted Keel on Friday evening. Final score Beaufort 2-7 Keel 1-14. They are away to Keel on Sunday, 26th July at 2pm in Round 8 County League. The Barrett Cup will begin on Friday, 7th August.

BEAUFORT MINORS: Hosted Glenflesk in the East Region League on Thursday evening. Final score: Beaufort 3-9 Glenflesk 3-9. They are away to Rathmore on Thursday, 23rd July at 7.30pm in semi-final of East League, Div 2. Extra time. The winner will be away to Glenflesk in the Final on Thursday, 30th July.

BEAUFORT U16S: Travelled to Ballyrickard, Tralee on Wednesday evening to play Kerin O'Rahillys in the County League. Final score: Kerin O'Rahillys 3-8 Beaufort 5-4. They are at home to Austin Stacks on Wednesday, 29th July in final round Co League, Div 1.

BEAUFORT U14: Footballers picked up their first trophy of the year with a comprehensive victory over neighbours, Fossa, in the East Kerry League Division 3 final played in Listry on last Monday evening. Final score: Beaufort 6-18 Fossa 2-9 This victory was ideal preparation for the upcoming Mid Kerry Championship.

WELL DONE: to the Mid Kerry U14s who beat Shannon Rangers in County U14 Plate final replay on Thursday evening last. Jack O'Connor, Darragh Dennehy, Keith Suter, Jack Coffey and Jack Hallissey were involved.

BEAUFORT U-12 BOYS: Are due to play Milltown/Castlemaine in Beaufort on Friday, 24th July at 7pm in Mid Kerry Go Games.

SPA CLUB NOTES

COISTE NA NOG: U6 and u8 continue to train every Saturday morn at usual times.

U12 & U14S: Awaiting east Kerry fixtures. Speedy recovery to Tomas Cronin.

U16S: SPA 1-3 BALLYMAC 2-8

Played a very competitive game in Spa. Lost to a stronger side on the night.

LADIES FOOTBALL: U12s and u14s training Wednesday nights at 6.30pm.

SENIOR LADIES CHAMPIONSHIP:

SEMI FINAL JUNIOR B:

SPA 2-14 CAUSEWAY 2-7

Played in Spa and the spectators weren't disappointed with the standard of football. These girls have gotten stronger with every game. Mairead Finnegan and Loreta Maher lorded midfield. Causeway had to go to plan B to contain our players bursting through their defence. Linda guarded the goal well along with the strong defenders Aoife Hickey, Roisin Kearney, Laura Herlihy, Katie O'Brien, Sinead



Cronin and Karol Fleming. Our attacking forwards of Niamh Kearney, Claire Moynihan, Alma O'Mahony, Mags Cronin, Micaela O Connor and Cassandra Buckley, were a constant thorn in the Opposition side. Young Katie Cronin and Emily Cronin all contributed to the game when introduced.

The ladies play Firies in the Final date TBC.

MINOR EAST KERRY LEAGUE

DIVISION 1.: Our young players have remained unbeaten in this division so far. Overcame a strong Gneeveguilla team last Wednesday night in Spa. Micheal Kearney in goal pulled off great saves. Defenders Eoghan Cronin, Eric O' Donoghue, David Moynihan, Mikey Moynihan, Aidan Fleming and Eoin Fitzgerald all blocked brilliantly and made Gneeveguilla work very hard for every score. Midfield Duo Ciaran Spillane and Mike McCarthy supplied excellent passes to the forward line. Aidan Kelly, Dara Moynihan, Dion Marcos, Fergal O' Donoghue, David Spillane and Eamonn Lavin all contributed or scored on the night.

COUNTY JUNIOR LEAGUE DIV 2 FINAL:

SPA 2-11 AN GHAELTACHT 2-6: A mixture of youth and experience helped Spa secure victory in Keel last Friday night, with Ryan O'Carroll excellent on the night. David Spillane found the net midway through the first half and by the break Spa led 1-7 to 1-2. An Ghaeltacht however came right back at them in the second half and an unanswered 1-3 gave them a one point lead for a time, but a strong bench and powerful goal by Cormac Cronin in the final few minutes secured the win.

O'SULLIVAN CUP EAST KERRY JUNIOR CHAMPIONSHIP:

SPA 3-15 GLENFLESK 2-9: Opening goals for both teams set the tempo early on and by half time there was little to separate the sides with Spa leading 2-6 to 2-3, both our goals coming from Dara Moynihan. On the restart Glenflesk quickly levelled the game, but with some great passages of play and Brian Lynch defending brilliantly, as well as some excellent scores from Jamie Spillane, Spa finished with an impressive 3-15, their third goal finished to the net by Ciaran Spillane.

FLEADH CEOIL NA MUMHAN IN

NENAGH: Well done to all dancers and musicians who competed in Munster Fleadh. A huge accomplishment to get this far. Results are as follows CCE Spa Cill Airne Branch.

12-15: 4 Hand ceili: First.

12-15: 8 Hand ceili: Second.

12-15: Set dancing: full ladies set Second.

12-15: Set Dancing: full mixed set: Second.

15-18: set dancing full ladies: First.

Under 18: half set mixed: First.

Over 18: half set mixed: First.

Over 35: full set mixed: Second.

Over 18: Sean Nos Triona Mangan: First.

12-15 Sean nos: Elizabeth McGuire: Second.

U12: 4 Hand Ceili: First.

U12: 8 Hand ladies Ceili: Second.



THE LEGION TEAM THAT BEAT DR. CROKES IN THE EAST REGION U14 DIVISION 1 FINAL, PLAYED ON MONDAY NIGHT. PHOTO COURTESY OF ENDA WALSHE.

U12: set dancing ladies full set: Second.

U12: set dancing Mixed set: Second.

Huge success over the weekend. Thanks to all the wonderful dancers, parents and more especially coaches Triona Mangan, Mairead Mangan and Maureen Hegarty Vogels. All Ireland will be held in Sligo in August.

SPA COMMUNITY NOTES:

SYMPATHY: Is extended to Kathleen Naughton, Tullig on the death of her brother Denis Murphy. To Mick O'Connell, the Cronin and McCarthy families on the recent death of Kathleen Cronin, Arbutus Drive and her sister Sheila McCarthy, late of Cockhill. To Brian Bruton on the death of his mother-in-law Cythnia O'Sullivan, Marian Terrace. To former Spa footballer Adam O'Reilly on the death of his father. May They Rest in Peace.

WEDDING: Congrats to Catherine O'Doherty, Knocknahoe on her recent marriage to John Paul O'Sullivan, Mallow.

BIRTHDAY CELEBRATIONS: Congrats to former Spa footballer, Patsy Moynihan, Lissivigeen and currently New York who celebrated his 80th birthday with family and friends in the Dromhall Hotel on Sunday. Patsy who played in all grades with the club prior to emigrating in the late 1960's was also a member of Flesk Valley Rowing club winning crews in that era. Patsy also won O'Donoghue Cup medals with Dr Crokes during the period when Spa were temporarily defunct. 1959 to 1963.

MID KERRY

JUNIOR LEAGUE: Laune Rangers secured the Junior League title for 2015 defeating Glenbeigh/Glencar 0-12 to 0-07. (see report & photos attached)

LEE STRAND U14 COUNTY FOOTBALL PLATE CHAMPIONSHIP FINAL REPLAY:

Saw Mid Kerry defeat Shannon Rangers last Thursday evening 6-10 to 1-13, well done to all involved.

O'SULLIVAN CUP: Miltown/Castlemaine defeat Laune Rangers in Rd 1 by the narrowest of margins 1-09 to 0-11 they now face Glenbeigh/Glencar in rd 2 with the winners

facing Cromane in the semi final, while Keel are through to the final defeating Beaufort 1-14 to 2-07. Dates to Rd 2 TBC

CONGRATULATION: To the Kerry U16 Ladies who qualify for an All Ireland Final especially our Mid Kerry Players and to our Senior on their 77th Munster title especially Donnchadh Walsh Cromane who again had a great game

LEGION NOTES

O SULLIVAN CUP: In this first round game played in Derreen, defending champions Legion and visitors Firies played out an enthralling match at true championship pace. Legion started the livelier and opened up an early four point lead courtesy of two long range Donal Lyne frees and one a piece from Twomey and Moriarty, both from play. Firies had their share of possession throughout this period but had only three wides to show for it until impressive midfielder padraic de Brun tapped over the bar after a fine run. Shortly afterwards however wing back Bryan Griffin picked out David Gleeson with a long range pass which he laid off to the incoming Peter McCarthy to finish to the net to extend the homesides lead to six points midway through the half but from this point on, Firies settled into the game a goal and a pointed free from their lively William Courtney and a long range Sean Burke point left the game delicately poised with no more than two points separating the sides for the remainder of the match. Mike Daly with some fine points and another Firies goal were cancelled out by a Rhyss Farrell green flag and good scores by lyne from frees and Derek Twomey from play saw the sides go in at the break with Firies leading by a single point 2-08 v 2-07. The second half resumed with another Donal Lyne free before Firies were reduced to fourteen men for a double yellow card but this didn't seem to halt the great effort they were putting in and although as the game was entering its latter stages it seemed that Legion who were holding a two point advantage looked to be holding on for a victory and even as Mike Daly reduced the deficit to the bare



minimum, it looked as the time was running out, but in a last Heroic effort a fine passage of play ended up with Furies finding the net with a goal worthy of winning any game by Padraic de Brun. Final score Legion 2-12 v Furies 3-11

CLUBHOUSE: Many thanks to everyone who pitched in over the last week or so to paint the clubhouse and get facilities in great shape for the visit of GAA president Aogan o Fearghaill

SUMMER CAMP: There are currently 66 boys and girls signed up for the camp so we are going to keep places open until Tuesday July 28th. Camp will run from 10am to 1pm daily and as usual we will have a few special guests calling in on the last day to say hello. Contact Enda at 0876447523 or Maura in the Club shop for details.

UNDERAGE BOYS: No luck for our Under 11 boy's against Kilcummin in the East Kerry League. The lads played some lovely football and will have learned alot from this game. Our Under 16 boys will feel hard done by after losing to Beaufort in Division 1A County League encounter. We were 2 points up with a minute to go in a match where we had the upper hand when a penalty was awarded against us. Final score: Legion 1-13 Beaufort 3-08

U 13 GIRLS: Under 13 Girls competed in the Sandra Keane Tournament in John Mitchels GAA grounds and made the Plate Final before being beaten by Beale/Ballyduff. The blitz will prove useful preparation for the upcoming Under 13 Club Championship.

KERRY GIRLS: Well done to Kerry U16 girls on securing a All Ireland final spot after beating a fancied Dublin side last week, Elizabeth Mohan, Sarah Leahy, Fiadhna Tangney and Rebecca Murphy were all on the team.

FIXTURES: Senior county league v Austin Stacks this weekend in Connolly Park Minor away to Dr Crokes July 26 at 7pm.

SYMPATHY: The club offers its sincere condolences to John Doona and his family on the death of his sister Mary Brosnan last weekend. Sympathy is also extended to Barry Slattery on the death of his aunt and also to the

Clarke family on the death of Des Snr. Ar Dheis De go raibh a Anam.

CD LAUNCH Legion man Tom Lucey is set to launch his first EP called. " Pictures Of Us" on Thursday the 30th July 9pm at the INEC Acoustic Club. Tickets available on door.

LISTRY GAA CLUB

WEEKLY LOTTO RESULTS: Sunday 19th July, 2015. Winning Numbers 17, 18, 22, 23. Jackpot €5,000, not won. Jackpot next week Sunday 26th July €5,150.

MONTHLY MEETING: This will take place on Tuesday, 4th August at 9pm in the clubrooms.

SUMMER CAMPS: Cul Camp 2015 proved a huge success again this year. Well done to all our boys and girls for their participation and good behaviour. Co ordinator Denis Reen and all the coaches were very complimentary of all the kids behaviour throughout the week. Well done to all.

We now look forward to our own Club Camp which runs from Tuesday August 4th to Friday August 7th. For further info contact Fergus on 087 9703274 or Colman on 087 2182448.

FAILTE IS FEILE, FAHA: Milltown-Listry Comhaltas present Failte is Feile, Faha on Sunday, August 2nd at Killarney Country Club, Faha.

PROGRAMME: 1pm – 2pm Junior Ceili & Sean-Nos workshop with Marie Sheehan & Ciara Kennedy. 2pm – 3pm Family entertainment for young and old. 3pm – 6pm Open Air Ceili Mor with The Deenagh Ceili Band. 7pm – 9pm Trad. Session for younger musicians with Ciara Kennedy and Friends. 10pm till Late: Sean Murphy and Friends. Free Fun Day for all the family.

DR. CROKES

COUNTY JUNIOR LADIES CHAMPIONSHIP SEMI FINAL
DR CROKES 1-13 AUSTIN STACKS 1-8.

This semi final clash of the two Black and Ambers served up an amazing game of

championship football. Both teams gave it all in very warm conditions at Lewis road. Stacks were first off the mark with a point in there first attack. Crokes continue to get a grip on the game in the opening half with 4 unanswered points from Rehanne O'Shea, Stacks mid field got very much on top, especially Laura Rodgers causing alot of problems for the Crokes defence, Stacks got a very good goal from one of these attacks. Crokes continue to pick off more points from the booth of Amanda Brosnan 2 and Edel Cronin. After 30 minutes of football, both teams went in level at half time, Dr Crokes 0-7 Austin Stacks 1-4.

Crokes came out in the second half the more determined team with constant attacking football, with points from Megan Kiely and Rehanne O'Shea. They continued to pile on more pressure on Stacks with great runs by Siobhan Burns who popped up with 2 points and also been fouled for a penalty. Amanda Brosnan stepped up and put it away very coolly, to put Crokes in a very commanding 6 point lead with 10 minutes to go. Crokes defence were putting in a great performance in this second half as they kept Stacks down to 4 points in this second half. There was two outstanding saves from goalkeeper Mags Mc Cormack. Megan Brosnan finally had the last point for Crokes. The Killarney team held out some spirited attacks from the Tralee sides only for Dr Crokes to hold out for a great victory.

DEEPEST SYMPATHIES: Des Clarke RIP - Our thoughts and prayers are with the family and friends of Des Clarke who passed away last week. Des served the Club well over the years as a Selector with the Junior Team and with the Juveniles.

SPEEDY RECOVERY: Best wishes to current Junior Player Gavin Tucker and to former Senior Goalkeeper David Moloney who are both recovering from knee surgery. Hope you both are back on your feet again soon.

LOTTO: Lotto numbers 5, 6, 7, 8. Jackpot €9600 not won match 3 12 by €35. Draw Sunday 26th July Speakeasy Jackpot €9900.



MUNSTER CHAMPIONS: U12 LADIES RINCE SET. GRAINNE SPILLANE, ELEANA O'DONOGHUE, KATE LAWLOR, EDEL BROSNAN, AOIBHE O'DOHERTY, AILBHE GALLAGHER, ISLINN NI CHRÓINÍN AND SHOLA MURPHY.



MUNSTER CHAMPIONS: U12 MIXED RINCE SET: CAOILTE Ó CHRÓINÍN, CIAN O'SULLIVAN, SCOTT O'MEARA, JACK MAGUIRE, ERIN HOLLAND, KATE LAWLOR, ELEANA O'DONOGHUE AND SHONA MURPHY.



KINGDOM BACK IN ALL IRELAND FINAL

**All Ireland Under 16A
Semi-Final
KERRY 3-14
DUBLIN 3-09**

Kerry U16's enjoyed a on wonderful win on last week as they defeated Dublin in the All Ireland A Semi Final to set up a final against Galway

Kerry started the brighter side with Hannah O'Donoghue getting an early goal and she was to prove a thorn in the Dublin side all day with her direct and powerful running. This was followed up by a point by Erica McGlynn from distance. Dublin caught the Kerry defence unaware and Danielle Lawson got her name on the score sheet with a goal. Kerry didn't panic and could have considered themselves unlucky when they had a goal disallowed from a square ball. Kerry followed up with points with Fiadhna Tangney, Erica McGlynn and Hannah O'Donoghue. Dublin again came back with a goal from their hard working corner forward Caoimhe O'Connor. Kerry replied with Hannah O'Donoghue with a great solo effort goal. Half time score Kerry 2-08 Dublin 2-01. Kerry appeared to be cruising at the start of the second half with points from Liz Mohan, Erica McGlynn and goal from Aoife O'Callaghan. However the Dublin spirit showed strong with

Dublin beginning to dominate proceedings around the middle. Kerry began to struggle to win their kick outs with Dublin easily winning their own and also mopping up any breaking ball. Loose Kerry passes were also intercepted however Dublin could not penetrate the Kerry defence with any meaning as Tara Breen and Faye O'Donoghue put their body on the line at times with block downs and tenacious defending. Some wayward shooting from the young Dublin girls and bit of luck also played its part. Dublin did secure a penalty when corner forward Caoimhe O'Connor was brought down and she coolly slotted it home. Kerry through some superb long range points from Hannah O'Donoghue and Erica McGlynn quelled any further fight back and settled Kerry nerves to seal their spot in the All Ireland Final.

Team and scorers: Laura Teahan, Tara Breen, Faye O'Donoghue (Capt) Kate Maher, Anna O'Reilly, Ciara Murphy, Laoise Coughlan, Emma Dineen, Leah Henry, Fiadhna Tangney (0-2 1F), Ciara O'Brien, Liz Mohan (0-2), Erica McGlynn (0-5), Hannah O'Donoghue (2-03), Aoife O'Callaghan (1-02 1F). Subs: Sarah Leahy, Labhaoise Walmsley, Moira O'Flaherty, Rachel Mulvihill, Emma McCarthy, Rebecca Murphy, Nora O'Connell, Maeve McGivern, Brid Ryan, Sophie Lynch, Ciara Ni Griffin.



THE KERRY U16 TEAM WHO DEFEATED DUBLIN IN THE ALL-IRELAND SEMI-FINAL AND WILL NOW PLAY GALWAY IN THE FINAL. PHOTO BY PADDY WHITE.

ROWING TO RIO

**The Monika Dukarska
Blog. The story of a
Professional Athlete**



Monika returns next week as she continues her road to Rio.



LOCAL CLUB ACTION

It was a busy weekend on the domestic front also with finals across 3 different age groups. On Tuesday night the Educate.ie U14 Div 2 Final took place in Fies between Southern Gaels and Inbhear Sceine Gaels. It was a close game with never much separating the sides, with the result hanging in the balance until the final whistle. In the end Southern Gaels piped it, final score Southern Gaels 3-03, Inbhear Sceine Gaels 3-02. On Thursday night the Glebe Kitchens U12 Div 1 Final took place between Southern Gaels again and Listowel Emmets, a real South versus North Kerry battle. Unfortunately for the North Kerry side, Southern Gaels possessed too much firepower and physical strength and came away victors. Final score Southern Gaels 7-14 Listowel Emmets 2-10.

The third final of the week on Friday saw Southern Gaels hoping to make it three from three as they met Laune Rangers in the Randles Bros Nissan Senior Club Championship Final. Unfortunately Laune Rangers were missing too many key players with Edel Murphy, Bernie Breen and Tara Breen unavailable. This meant considerable re organisation of their team. Laune Rangers started much the brighter side with county star Sarah Houlihan very lively. However Southern Gaels clawed back any lead the Rangers had gained and began to tack on scores with Linda Cronin and Deirdre Corridan getting some good long range scores, with Linda also raising the green flag. Half time score Laune Rangers 0-5 Southern Gaels 1-08. In the second half Southern Gaels took over completely with Laune Rangers having to defend in frantic packs. Southern Gaels ended the game as a meaningful contest mid way through half, but credit to Laune Rangers they continued to fight on with goals from Patrice Dennehy and Amy Foley. Final score Southern Gaels 7-18, Laune Rangers 2-7.



CYCLING NEWS

DENIS DIPS UNDER THE MAGICAL 26 MINUTE BARRIER: DENIS THE FASTEST:

Having threatened to break the elusive 26 minute barrier for the 20k Time Trial Moda Kingdom Endurance rider Denis Dunworth finally succeeded in setting a new iBike Kerry Summer Time Trial record of 25.47 last Thursday night. While conditions were tricky Denis was delighted with the new record. "This is a great reward for a lot of hard work and support from the Moda Kingdom Endurance Team. The wind was tricky but I got into a very good rhythm and did feel once I turned for home that the record was on. It's a nice one to have but now I want to lower it even more!!"

Second in Round 5 of the Time Trial series was Dunworth's teammate, the ever youthful George Doyle in 27.32 with Tralee BC rider Gerry McCarthy taking 3rd in 28.56 followed by Killorglin stalwart Mike O'Shea 4th in 29.11

PAT WINS LADIES BATTLE: There was a great battle in the Ladies section which continues to grow each week. Newcomer Pat Leane put in a great performance to take the race in the fastest time of 36.58. Second lady home was Kingdom Laura Jane Nealon in 40.09 with Tralee BC's Sineal Leahy 3rd in 40.23.

PATRICK'S THE MAN: The fastest u16 on the night was iBike's Patrick White who crossed the line in a time of 32.49 for the 20k route from Ballycarthy Roundabout to Castleisland and back. David Fitzgerald of Tralee BC was next quickest in 34.49 with Killarney CC's Eoin Blake, 35.12, taking 3rd.

DIFFERENT PATRICK - SAME RESULT: It was certainly a night for those named Pat as Patrick Galvin continued his winning way in the u12 section. His time of 16.39 made him the comfortable winner. Adam Lenihan from the Killorglin CC was a good second in 17.59 while Ciaran Commane (18.16) was making his first appearance on the podium as he continues to see his times tumble.

CIARAN AND TARA FASTEST IN THE U14'S:

Ciaran Coggins of Kingdom CC was again the fastest in the u14's covering the 9k course in a very impressive 14.59. iBike's Sean Barrett battled all the way to the line and crossed in 15.29 with Killarney CC's Eoin Pathwell third in 15.33.

Tara Kissane was the fastest of the u14 Girls. Her time of 18.56 saw her take first place ahead of Killarney CC club-mate Alma Russell on 19.15 and Faith Hilliard from Kingdom 3rd in 20.30.

NEXT TIME TRIAL: The final time trial of the Summer Season will be on July 30th followed by the County Championships on a date to be confirmed.

This Thursday night it's Round 6 of the Kerry Cycling Club's Summer League which is hosted by the Tralee BC and will use the Kilflynn circuit. Sign on is at Cordal GAA club from 6pm.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto 17/7/2015, numbers drawn were 1, 9, 18 and 26. Bonus not won numbers drawn were 9, 12, 13 and 28. Next week's jackpot €11,800 plus €1,000 bonus.

ALL IRELAND B CHAMPIONSHIPS & ALL IRELAND RELAYS: Congratulations to Francis Cronin winner of 80m & 800m u15 and Donal Daly 3rd in shot u14 at The All Ireland B Championships. Our flag bearers in the U14 relay came up short, with plenty of training over the next twelve months there is nothing to stop Shane Warren, Donal Daly, Jack O'Leary and Jack Walsh from winning medals next year. It will take practice.

SUMMER MILE SERIES: Started in Barraduff last Wednesday July 22nd at 7.30 pm. Races for the next three weeks on Wednesdays Fossa, Knocknagree & Gneeveguilla at 7.30 with the exception of Gneeveguilla race at 7.00 pm followed by prize giving in the club. Run 3 of the 4 race to be eligible for prize.

MUNSTER B CHAMPIONSHIPS: Next Saturday is the last track & field outing for this season when the Munster B Championships are being held in Ennis.

NATIONAL MASTER CHAMPIONSHIPS: Will be held on Sunday in Tullamore, again a number of our athletes are travelling. This should bring down the curtain on a great year.

KERRY DARTS ASSOCIATION

The first Kerry Dart Trial took place on Sunday, 12th July in Pat Sheahan's Bar in Fries, which is ran by The O'Shea Family. KDA would like to thank the O'Shea Family on their hospitality on the day. There was a turnout of over 22 dart players from all over the county. On the day it was a round robin format, which will be used at all the Kerry Dart Trials again this year. Tom Biggane was the player of the day taking maximum points beating Brosna man Paddy Linehan in the final.

On Sunday, 26th July, the first of the five trials in Our Main Sponsor's venue The GlenEagle Hotel takes place. This first trial in the GlenEagle will also be the first of five Ladies Trials to take place. It is hoped this year that enough Ladies will take part to send a Kerry Ladies Dart Team to competitions as well. It is expected that more men dart players will turn out at the GlenEagle as well, as this year The Kerry Dart Association intend on sending two teams to events. The first trial in the GlenEagle will be the first of two double in double out trials and also a round robin format.

Registration is from 2:00 p.m. to 2:45 p.m. in the GlenEagle Snooker room. No Registration after 2:45 p.m. Draw shall then be made, with games commencing at 3:00 p.m. Entry to each trial costs € 10:00. Anyone interested in taking part must become a member of KDA which costs only € 10:00 yearly.

The KDA will also be hosting a number of events

this year in The GlenEagle Hotel, which will include single, double and team tournaments. So why not come along, whether to participate or just watch, all are welcome. Keep checking this page for more information or follow us on facebook at Kerrydarts.

KILLARNEY RFC NEWS

Killarney RFC are busy preparing for the 2015/2016 season, which promises to be the most exciting year in our club's history.

Over the last number of years through the hard work and diligence of a number of committed members, friends and benefactors, we finally have a place we can call home. Within the near future, our aim is to have one of the finest Rugby facilities in all of Ireland.

If you have driven past our new pitch in Aghadoe recently, you may have noticed that our new grounds have been a hive of activity. Our 3 pitches are maturing nicely and are being cut twice weekly to strengthen the grass, the Trim Trail has been laid with its outdoor gym equipment, the goalposts are up, planting and landscaping have improved the site visually, pathways and carparking are taking shape nicely, and our temporary dressing rooms are getting the finishing touches.

Already the senior team has commenced training for the new season in Aghadoe, with the first match taking place on the 15th of August next against Newbridge. Two weeks later we host all of the senior Kerry sides for the Moss Keane Senior Blitz. A Family Open Day is being planned for early September and our Mini and Youth Sections will move to Aghadoe for the new season. This will be the first time in many years that all club activities will be centred on the one site, which we are convinced will benefit hugely in terms of unity and club spirit.

Such a new and exciting development requires a greater investment. Over the coming season there will be a number of fundraising initiatives to raise the required finance. In, 2014/2015 season Killarney RFC launched the www.myclubfinances.com membership package which allows membership to be paid online. This has been a great success and membership subs for the coming season are now due and can be paid through www.myclubfinances.com. We would ask everyone to please pay your membership for the forthcoming season through this website. There are a number of options available from Family memberships to Minis to Job Seekers to Student and payments can be made via direct debit etc. Please don't hesitate to contact Paul Murphy on 087-2676377 or email pauljmurphy78@yahoo.co.uk, or Liam Murphy on 087-4145662 or email liammagmurphy@gmail.com.

#lovekillarney



DERPARK PITCH & PUTT NOTES-JOHN KELLY

SYMPATHY: Is extended to the relatives of Desmond Clarke and Cynthia O'Sullivan both of whom died recently and whose families had a long association with the Deerpark club May They Rest In Peace.

CASTLEISLAND SCRATCH CUP: Congrats to Conor McCarthy on winning the Castleisland Scratch Cup on Sunday and to Damian Fleming on best 36 Gross. Best wishes are extended to the following Deerpark members selected on the Kerry teams - Senior, Damian Fleming, Conor McCarthy, John McGrath and Jason O'Brien, Intermediate Michael Foley, Junior Johnny O'Brien.

WEDNESDAY EVENING FOUR BALL: Nett winners on last Wednesday were John McGrath, Kieran Fitzpatrick, and Betty O'Brien, Gross Michael Cronin, Robbie O'Brien, and Sheila O'Donoghue Competition continues each Wednesday evening 6-45pm

RICKY KELLY MEMORIAL TOURNAMENT:

The annual Ricky Kelly Memorial Tournament in aid of the Cystic Fibrosis Charity played over last weekend proved very successful and results are as follows, 1st The Fleming family Fiona, Tadghie and James Fleming. 2nd Moyeigtragh team of John Keogh, Catherine Keogh and Colm O'Donoghue, Gross went to the Failte team of Derry McCarthy, Stephen McCarthy, and Gearoid Cronin. Non members prize Colm Foley, Ricky Fleming and Tony McCarthy. A special word of thanks to the Tatler Jack Bar, Musgraves, Jimmy O'Briens, Colm Foley and the



PICTURED AT DERPARK PITCH & PUTT CLUB WERE THE PRIZE WINNERS, SPONSORS AND COMMITTEE OF THE RICKY KELLY TOURNAMENT WHICH IS IN ITS 24TH YEAR. BACK ROW L-R KATHERINE KEOGH, JOHN KEOGH, TOMMY MCCARTHY, GEAROID CRONIN, BOBBY KELLY, STEPHEN MCCARTHY, DENIS MCCARTHY KILLARNEY AVENUE HOTEL & DERRY MCCARTHY. FRONT ROW L-R TJ O'SULLIVAN, JAMES FLEMING, COLM FOLEY FOLEY'S BAR, PATRICK O'SULLIVAN TATLER BAR, TADGH FLEMING & FIONAL FLEMING. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

East Avenue for their sponsorship and all who supported the event. Proceeds will be handed to the Cystic Fibrosis Charity Committee over the forthcoming weeks.

NATIONAL SCRATCH CUP: Best wishes are extended to the eleven Deerpark members competing in the Nationals in Cunnigar this weekend.

SUMMER CAMP JULY 23 TO 24TH: The annual Summer Camp will take place at Deerpark, on July 22 to the 24th 10am to 2pm with the entry

fees as follows. One child €35, two children €60, three children €85.

SENIORS OUTING AUGUST 5TH: Next Seniors Outings will be to Gleneagle on Wednesday August 5th 10-15 am and to Newmarket on Sept 2nd.

Items for Notes to be forwarded to <PRO at kellydoolan@eircom.net Landline 064-6632698 Mobile 086-3941769 by midday on Monday

RBS SIX NATIONS TROPHY VISITS KILLARNEY



STEVIE, ADAM, LIAM AND DONNCHA MURPHY PICTURED WITH THE RBS SIX NATIONS CUP AT MUNSTER RUGBY CAMP HELD IN KILLARNEY THIS WEEK.



ALEX SHEAHAN AND DAVID BUTLER KILLARNEY RFC PICTURED WITH THE RBS SIX NATIONS TROPHY AT THE MUNSTER RUGBY SUMMER CAMP THIS WEEK.



PARTICIPANTS AND COACHES AT THE MUNSTER RUGBY CAMP HELD IN KILLARNEY THIS WEEK PICTURED WITH THE RBS SIX NATIONS CUP.



DARA AND CIAN STACK FROM KILLARNEY RFC PICTURED WITH THE RBS SIX NATIONS TROPHY AT THE MUNSTER RUGBY SUMMER CAMP THIS WEEK.



DONNCHA MURPHY, HARRY MURPHY AND EMJAY LESLIE PICTURED WITH THE RBS SIX NATIONS TROPHY AT THE MUNSTER RUGBY SUMMER CAMP THIS WEEK.

SCHOOLBOY SOCCER

MACRON GALWAY CUP 2015 FIXTURES NORTHERN IRELAND AND IPSWICH AMONGST KERRY'S OPPONENTS AT GALWAY CUP:

Over 50 teams will take part in the 11th Macron Galway Cup which takes place in Salthill Devon's Grounds from August 5th to 8th. Kerry have teams in the u15's and in the u13's Boys and Elite Section. In the u15's Kerry are in a group with Ipswich Town, Ballymoor and South Dublin Football League. Kerry play Ipswich Town on Wednesday at 11.50, South Dublin at 5.55pm and Ballymoor on Thursday at 1pm. The playoffs, semi finals and finals take place on Friday and Saturday.

The u13 Elite squad are in one of two 5 team groups. They kick off against Kildare on Wednesday at 7.05pm and have two games on Thursday - 9.30am v Athlone and 3.35pm v Northern Ireland at 3.35pm. They round off their Group games against Carlow on Friday at 9.30am. Playoffs, semi finals and finals are on Friday afternoon and Saturday. The u13 Boys play Carlow and South Dublin in their Group games. They kick off against Carlow on Wednesday at 2.25pm and play the South Dublin League on Thursday at 7.05pm. Playoffs, semi finals and finals are on Friday and Saturday. The squads are continuing their preparations under head coaches Padraig McCannon (u13's) and Pat Carmody with the 15's and the players are fundraising for the tournament so all support will be greatly appreciated.

MEK UNITED CLUB NOTES

We are nearing the start of the season, and all in MEK are looking forward to getting the show on the road. The registration day for our U11 (2005) and U13 (2003) schoolboy/girls teams is on Saturday 8TH August, Fossa Community Hall, 2-4pm. We will also have our new sponsors on show, as well as the new training kit. The season will start in late September, so training will commence ASAP. The MEK U6-U10 academy registration date will be early September, with a few small details to confirm. But we will let everyone know in plenty of time. We will also launch our academy kit in the near future. All in good time! Over the next few weeks, MEK will be introducing you to our club sponsors over the different age groups. We have had amazing support from local businesses and we will work really hard to repay that support. If you want to help out your local.... NEW club, drop us a line. Check us out on FB or on www.mekunited.com. Again, Mom's and Dad's, don't be shy! we will have a busy first season, so all the help we can get, the better. If anyone has any queries on all of the above, contact Pa (087 7943220) or Liam (087 4145662).

KILLARNEY ATHLETIC A.F.C. NOTES

KILLARNEY ATHLETIC A.F.C.
KILLARNEY CREDIT UNION 7 A SIDE TOURNAMENT 2015: Please see main feature for fixtures & results
50TH ANNIVERSARY CELEBRATIONS

TICKETS: 5th September: Celebratory Dinner in the Dromhall Hotel. Tickets on sale now, to purchase please contact Michael O'Shea on 087 222 6185 or Don O'Donoghue on 086 123 4610.

ARTICLE SERIES: Anyone who wishes to contribute to the series of articles setting out the club's development since its foundation in 1965 to the present day, particularly former officers or managers, can email 50years@killarneyathletic.com or contact Toirdealbhach (087) 6447603 or Mike (087) 2727173 for more details. The first article "The Harrington Era 1965-1969", a personal account of the foundation of the club by Dan Harrington, is available to view on the club website.

PHOTOGRAPHS: The club is also planning a slideshow or exhibition of photographs on the night of the celebratory dinner. If you have a photo that you would like to contribute, please pass it on to Don O'Donoghue (086) 1234610, Mary McCarrick (087) 7750773, Mike O'Shea (087) 2226185, Toirdealbhach (087) 6447603, or indeed email it (or a link to it) to 50years@killarneyathletic.com. It will be scanned and returned to you with minimum delay. This is a brilliant opportunity to celebrate the club's proud and varied history in Killarney so please get involved with your contribution.

SPEEDY RECOVERY: The club wish David Moloney all the best in his recovery from a knee operation. Despite best known for his exploits in GAA circles with Dr Crokes and Kerry, David also played with Athletic.

CONDOLENCES: Sincere Sympathy to the Fleming, Clarke, Brosnan (Doona) families on their recent sad losses.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

KILLARNEY CELTIC NOTES

WARMEST CONGRATULATIONS: from everybody at Killarney Celtic to David Hayes and Michelle Twohig on their engagement.

STREET COLLECTION: Our Annual Street Collection will be on Saturday, August 1st, and we are hoping that our long tradition of volunteers and support continues this year.

MANAGERS WANTED: Killarney Celtic are still seeking applications for managerial posts for the forthcoming 2015/16 season at all other grades. We field 24 teams across all competitive grades for men and women, plus full coaching programmes, including non-competitive blitzes, for Football For All and for U10, U9, U8, U7 and Soccer Tots. No-one who wants to play soccer has ever been turned away at Celtic Park, but in order to keep that true we need people willing to help out in managing teams. Full training and garda-vetting will be provided, you need nothing more than a willingness to help players play in a safe and controlled environment where they can develop to the best of their ability at all grades right up to

Premier. Please contact Padraig Harnett at 087 9878983 or patharnett16@gmail.com or Mike Lyne at 086 0836356 if you can help out.

JUVENILE LEAGUES: The Premier EVEN ages will start on Saturday, September 5th. All other divisions will start on Saturday, September 19th. The Premier ODD ages will start on the Saturday, September 12th, and the other divisions will commence on Saturday, September 26th. U12 teams will now be 9 a side and the U11 teams will be 7 a side, this is to give each player greater involvement and encourage skill development. Girls teams will be under 12/14/16 and will start on Saturday, September 19th. The U12 Girls League will be 9 a side.

SOCCER TOTS: Our hugely popular Soccer Tots programme, to introduce children aged from four to seven (born between 1/1/08 and 31/12/11) to the joys of soccer in a completely non-competitive, fun, friendly environment with expert coaches, continues this Thursday at 6.00pm. All welcome.

RESULTS: RESERVE CUP SEMI-FINAL: FENIT SAMPHIRES 4

KILLARNEY CELTIC 8: Celtic booked their place in the final with a blistering display against a very good Fenit side. Vladimir Sirotiak finished with a hat-trick, with Jamie Spillane, Brendan Falvey, Terence Moriarty, Stephen McCarthy, and Farouk Aminu also on target. Well done to all.

JIMMY FALVEY CUP QUARTER-FINAL: KILLARNEY CELTIC 6 CASTLEMAINE 1:

A scintillating first half that included goals from Stephen McCarthy, Conor Randall, and William Courtney had Celtic well in control by half-time. Castlemaine did pull one back in the second half and creditably battled bravely to the finish but Celtic were in superb form and added further goals from Pierce Lyne Roberts, man of the match Conor Randall with his second, and Conor McCarthy to book our semi-final spot in a competition with a particular resonance for Killarney Celtic.

U17 CUP QUARTER-FINAL: PARK 5 KILLARNEY CELTIC 2:

A great effort by the lads but Park at the upper hand on the night and we wish them the best of luck going forward in the competition

FIXTURE: YOUTH LEAGUE FINAL: Killarney Celtic v St. Brendans Park, Mounthawk Park, Sunday, 4.00pm.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 8, 10, 19, 21. No winner, three match three, Ina Moloney c/o Denis, Keith Galvin Ironmills, Katherina Dennehy Carnahone Beaufort, €50 each. Next week's jackpot €2400, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

KILLARNEY ATHLETIC KILLARNEY CREDIT UNION 7-A-SIDE TOURNAMENT

MONDAY 20TH JULY

PITCH 1

6.45 U16 Semi-Final Glenflesk Dynamos 4 Goggin United 5 (on penalties).

7.10 U16 Semi-Final Dyslexia United 2 Baboteletubbies 1.

7.35 Senior (C) 15mins ¼ Final The Speakeasy 4 Tim Jones Butchers 1.

PITCH 2

6.45 Senior (B) 15 Mins ¼ Final Fossa City 3 Currow City 1.

7.20 Senior (A) 15 Mins ¼ Final The Hobbits 1 Tatler Toffees 2.

7.55 Senior Play-Off Last 16 Torc Hotel 5 Connie's Sexy Seven 1.

TUESDAY 21ST JULY

PITCH 1

6.45 Reserve 15 Mins Semi-Final The Hobbits 1

Currow City 2.

7.20 Senior (D) 15 Mins ¼ Final Torc Hotel 6 Mackeys Crew 0.

PITCH 2

7.00 U14 Semi-Final Man Chest Hair 2 Messi's Minors 0.

7.25 U14 Semi-Final Late Entry 4 The Graduates 2.

WEDNESDAY 22ND JULY

PITCH 1

6.45 Reserve 15 Mins Semi – Final Tim Jones Butchers 3 Mackeys Crew 2.

7.20 Premier 20 Mins Semi-Final The Speakeasy 3 Torc Hotel 0.

PITCH 2

6.45 O35 Semi-Final Flemings Taxi 3 Liebherr Automation 2.

7.10 O35 Semi-Final Bunkers Bar 3 Mackeys

Crew 0.

7.35 Premier 20 Mins Semi-Final Tatler Toffees 4 Fossa City 0.

FINALS

TUESDAY 28TH JULY

6.50 U 14 Final Man Chest Hair V Late Entry.

7.25 U 16 Final Goggin United V Dyslexia United.

8.00 Reserve Final Currow City V Tim Jones Butchers (20 mins).

WEDNESDAY 29TH JULY

6.50 Over 35 Final Flemings Taxi V Bunkers Bar.

7.30 Premier Final The Speakeasy V Tatler Toffees (30 mins).



THE TIM JONES BUTCHERS TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



THE BABOTELETUBBIES U-16 TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



THE TATLER TOFFEES TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE)



THE FOSSA CITY TEAM COMPETING IN THE KILLARNEY ATHLETIC/KILLARNEY CREDIT UNION 7-A-SIDE SOCCER TOURNAMENT. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)

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PICTURED AT BEAUFORT GOLF CLUB ON CAPTAINS PRIZE DAY WERE FRONT ROW L-R LADY CAPTAIN EVE BIRD, PETER O'BRIEN (3RD PRIZE), JOHNNY DOOLAN (1ST PRIZE), JOHN RICE (2ND PRIZE) & CAPTAIN GABHAN O'LOUGHLIN. MIDDLE ROW L-R TERESA CLIFFORD (3RD PRIZE), HELEN CLIFFORD (2ND PRIZE), PEGGY O'RIORDAN (1ST PRIZE), PHYL DOOLAN, RENEE CLIFFORD (BACK 9) & ANNE O'LOUGHLIN. BACK ROW L-R GEAROID KEATING (TREASURER, BACK 9 & NEAREST PIN), JOHN McDONNELL (GUEST), NOLEEN MACKESSY (FRONT 9), MICHAEL QUIRKE (FRONT 9) & BRIAN O'CONNOR (PAST CAPTAINS). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

CASTLEROSSE GOLF CLUB

RESULTS:

COMPETITION PLAYED ON SUNDAY 19TH JULY: Winner; Daniel Shine (06) net 62, Runner-up Trevor Shine (15) net 67, Overall 3rd place Donal O'Reilly (20) net 68.

RESULTS, 2 PERSON SCRAMBLE PLAYED ON TUESDAY 14TH JULY: best net return, Daniel Shine and Sean O'Brien.

FIXTURES: Weekend competition 18 hole stableford, please register on time sheet at Castlerosse.

Scramble 9 hole competition continue each Tuesday at 6.30pm. Open to Ladies and Gents. Away day to Killorglin Golf Club, Saturday 1st August, Ladies and Gents competitions.

ROSS GOLF CLUB

GENTS CLUB

RESULT: On Sunday July 19th we held a single stableford competition

The winners were:

1. Sean O'Connor (22) 41pts.

2. Denis Cronin (13) 37pts.

3. Rolandas Bendikas (18) 36pts.

FIXTURES: Bendikas Prize. Our Captain Denis Cronin will hold his Captains Prize on Sunday July 26th with a strokeplay competition.

The timesheet is now available in the Clubhouse so please add your name to it as soon as possible and before 5 pm on Saturday July 25th as the draw for partners will take place then.

The Presentation of prizes will take place on Sunday 26th at 8 pm in the Clubhouse and all members are invited to attend.

BEST OF LUCK: To our Dr Billy team on July 29th when they will visit Ceann Sibeal to take them on that competition.

CLUB MATCHPLAY AND CLUB FOURBALL CHAMPIONSHIPS: All players are asked to play their matches in the Killarney Trophy & Medal Centre Club matchplay championship and in the Club Fourball championship as soon as possible.

KILLORGLIN GOLF CLUB

LADIES: 18 HOLE STABLEFORD SPONSORED BY THE BIANCONI INN:

1. Maura O'Boyle (27) 44 pts. 2. Kathleen Cronin (24) 39 pts 3. Mary Conway (30) 38 pts.

FIXTURE: Lady Captain's Prize: Lady Captain Phil Anne Foley's Prize Day is this Saturday 25th July. Wishing Lady Captain Phil Anne Good Wishes for a great day. Time Sheet on Notice Board Wednesday afternoon.

SILVER SWANS: 14/07/2015: 1. Mary Conway (30) 25-2/23pts. 2. Betty Griffin (35) 23-2/21pts.

SCRAMBLE: 9 HOLE SCRAMBLE SPONSORED BY JULIE SHEAHAN.

1. Maura Kennedy/Tyler O'Sullivan/Rita Kelliher 33.8. 2. Phil Anne Foley, Lady Captain/Anne Kenn Foley, Vice Captain/Nancy Powell 36.3. 3. Julie Sheahan/Eileen Bell 38.9. 4. Bridget McKenna/Corinne Schnyder/Betty Foley, Lady President.

KERRY GIRLS LEAGUE: 18 HOLE

STABLEFORD: 1. Sarah Fitzgerald (10) Tralee 42 pts. 2. Nikky Higgins (34) Waterville 40 pts. Gross: Emma Leahy (13) Tralee 84. 3. Aoife Crowley (13) Tralee 36 pts.

9 HOLE STABLEFORD: 1. Tyler O'Sullivan, Junior Captain (36) 13 pts (B3). 2. Charlotte O'Halloran (36) 13 pts. 3. Sinead O'Donnell (36) 11 pts.

9 HOLE SCRAMBLE: 1. Niamh Dinham/Caoimhe O'Sullivan/Emma Casey/Niamh Llywelyn. 2. Sarah Taylor/Sally Glennon/Sarah Kennedy. 3. Aishling Ratchford/Alice Casey/Corra Diggin.

BUNKERS BAR & RESTAURANT GOLF SOCIETY

Kenmare Golf Club was the venue for President Ger Counihan's Presidents Prize last week-end.

18 HOLE STABLEFORD: MENS WINNERS: 1. Andy Billot 38 pts. 2. Ray Brett 33pts. **LADIES**

WINNERS: 1. Agnes Carey 34 pts. 2. Eileen Bell 30 pts. Thanks to Ger & Abby Counihan of Bunkers Bar & Restaurant for sponsoring the lovely prizes. Also thanks to Kenmare for their

hospitality. Date for your diary is Captain Ian Newport's Captains Prize in Mahony's Point on the 22nd August. More details later.

KILLARNEY GOLF CLUB

LADIES

By Eileen Tarrant, PRO

RESULTS OF COMPETITION SUNDAY 19TH JULY, SPONSORED BY SAFE GUARD SECURITY, KILLEEN COURSE.

1st. Eimear O'Donnell (8) 40 pts.

2nd Nicola Rainsford (7) 39 pts.

3rd Amy Arthur (7) 37 pts (BK9).

BG Ailish Mulcahy (6) 28 gross pts.

4th Katie O'Connell (29) 37 pts.

CSS 38 stableford pts.

RESULTS OF MIXED FOURSOMES COMPETITION FRIDAY 17TH JULY, 2015, MAHONY'S, SPONSORED BY GAELECTRIC/ GREEN BELT.

1st Sean Goulding (11) Eileen Tarrant (28) 39 pts (bk9).

2nd Ger Lenihan (15) Sinead Galvin (28) 39 pts.

3rd Dermot Roche (12) Breeda Duggan (25) 37 pts.

BG Donal Considine (2) Amy Arthur (7) 31 gross pts.

4th John Kerrisk (4) Jennifer O'Brien (26) 36 pts.

5th Denis Donovan (17) Noreen O'Callaghan (15) 35pts (bk9).

Next Sundays competition is the Maureen O'Shea Memorial Trophy, singles stroke on Mahonys.

On Monday 27th July Killarney play Castleisland in the Noreen Moore in Kenmare Golf Club at 2.00 p.m.

KILLARNEY GOLF CLUB

MEN'S: GENTS ROBERTS COFFEE SINGLE STROKE BLUE STAKES MAHONY'S POINT 19/7/2015

1st Brian Holden (19) 67.

2nd Marco Taddei (12) 67.

3rd Bryan English (8) 68.

4th David O'Donoghue (5) 69.

5th Baden Maher (5) 69.

Best Gross J. Jnr O'Neill (3) 72 gross.

Category 2 Niall McCarthy (8) 69.

Category 3 Karl McMahon (12) 70.

Category 4 Bernard Collins (21) 76.

RING OF KERRY GOLF CLUB

CAPTAIN'S PRIZE

1st Rory O'Sullivan (5) 43pts ocb.

2nd Paul O'Connor (18) 43pts.

3rd Jim Hyde (17) 40pts.

4th Simon Stauch (12) 39pts.

BEST VISITOR

1st Oisín Fitzgerald (5) 38pts.

2nd John Maye (12) 36pts ocb.

3rd Kevin Nolan (10) 36pts.

Best Front 9 - Geoffrey Mahony 22pts.

Best Back 9 - Jerry Kearney 23pts.

Best Gross - Tommy O'Driscoll (0) 38.

Nearest Pin - Gerald O'Dwyer.

LADY CAPTAINS PRIZE

1st Christina Foley (16) 29pts.

Best Gross Daniele Froment (12) 19pts.
Best Visitor Veronica Blennerhassett (19) 32pts.
PLACED PRIZE WINNERS:
Kim Kennedy (15) 29pts.
Kathleen O'Shea (16) 27pts.
Mary Brosnan (16) 25pts.
Nearest Pin Daniele Froment.
Longest Drive Daniele Froment.
UPCOMING EVENTS: Saturday 25th / Sunday
26th July Singles Stroke Play (Members GOTY)
Open Singles Stableford Tuesday 28th July.

BEAUFORT GOLF CLUB

MEN'S BRANCH

19TH JULY - CAPTAIN'S PRIZE - SPONSORED BY ENTERPRISE IMAGING SYSTEMS

1st President Johnny Doolan (18) 68 Nett.
2nd John Rice (26) 69 Nett.
3rd Peter O'Brien (8) 71 Nett.
Best Gross: Dan Moynihan 78 Gross.
Front 9 Mike Quirke 34 Nett.
Back 9 Gearoid Keating 34 Nett.
Nearest Pin Gearoid Keating.
Longest Drive Dan Moynihan.
Past Captains Brian O'Connor.
Guest Prize John McDonnell.

17TH JULY - OPEN FRIDAY SPONSORED BY CLIFFORD GROUND CARE

Winner: John Raggett (15) 34 pts.
FIXTURES: 25th/26th July - 18 hole Stroke
(White Tees) - Sponsored by John O'Callaghan.
3rd August - Club Fundraiser - 3 Ball Betterball
(any Combination). Ring Clubhouse on 064-
6644440 to book your tee time.

Open Fridays from 10th April to 2nd October
2015. Open to Ladies & Gents - Single
Stableford Entry Fee €20. Ring Clubhouse on
064-6644440 to book a tee time.

BEAUFORT GOLF CLUB

LADIES BRANCH

19TH JULY - LADY CAPTAIN'S PRIZE

1st Peggy O'Riordan (35) 32 pts.
2nd Helen Clifford (29) 32 pts.
3rd Teresa Clifford (28) 29 pts.
Front 9 Noleen Mackessy (26) 17 pts.
Back 9 Renee Clifford (25) 12 pts.
FIXTURES: 25th/26th July - 18 Hole Stableford
Sponsored by Bianconi Restaurant, Killorglin.
Open Fridays from 10th April to 2nd October
2015. Open to Ladies & Gents - Single
Stableford Entry Fee €20. Ring Clubhouse on
064-6644440 to book a tee time.

KILLORGLIN GOLF CLUB

MENS COMPETITION

19/07/2015 RESULTS

SPONSORED BY KERRY PETROLEUM

1st Joe O'Sullivan 39 pts.
2nd John J. Tangney 39 pts.
3rd Thomas Murphy 37 pts.
Gross John McCarthy 77
nett.
4th Alan Daly 37 pts.
Senior John Carmody
37pts.



PICTURED AT BEAUFORT GOLF CLUB ON CAPTAINS PRIZE DAY WERE L-R PHYL DOOLAN, JOHNNY DOOLAN (PRESIDENT AND WINNING FIRST PRIZE), CAPTAIN GABHAN & ANNETTE O'LOUGHLIN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



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ROSS LADIES ATTENDING A PRIZE GIVING HELD ON SUNDAY. FRONT L-R MARY CRONIN, MARY O' SULLIVAN, NOREEN O'MAHONY, BRIDIE DOYLE, LADY CAPTAIN SINEAD O'SHEA, HELEN O'DONOGHUE AND MARGARET HICKEY. BACK L-R LISA KERFOOT AND AILISH MULCAHY.



PICTURED AT BEAUFORT GOLF CLUB ON CAPTAINS PRIZE DAY WERE LADY CAPTAIN EVE BIRD (LEFT) PRESENTING FIRST PRIZE TO PEGGY O'RIORDAN (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



CLUB CAPTAIN MICHAEL QUIRKE PRESENTING THE RACING CUP TO THIS YEAR'S OVERALL WINNER BRENDAN O'TOOLE, AT KILLARNEY GOLF & FISHING CLUB.

IF YOU HAVE A STORY...

Call: Aisling on **086 0400 958** or Email: editorial@outlookmags.com

THINK SAFETY ON NATIONAL FARM SAFETY AWARENESS DAY

IFA President, Eddie Downey said today that the reaction from farm families to National Farm Safety Awareness Day, and particularly to the Farm Safety Risk Assessment planner, shows a commitment to changing safety behaviour on Irish farms and making safety a top priority.

"I am delighted that farm families have accepted the call to action and are using the Farm Safety Risk Assessment planner to review safety on their farms. I would urge farmers to complete the Farm Safety Risk Assessment planner today and keep it to show that you have reviewed safety on your farm", said Mr. Downey.

National Farm Safety Awareness Day is a call to action for farm families to use the Farm Safety Risk Assessment planner to assess the safety risks on farms and put in place control measures to reduce the risk of accidents. The National Farm Safety Awareness Day is part

of the IFA's ongoing SAVE LIVES, Think Safety, Farm Safely campaign to raise awareness of the dangers of working on a farm and encourage farmers to change working practices to reduce risks.

IFA Farm Family and Social Affairs Chairperson, Maura Canning encouraged the whole family to get involved on National Farm Safety Awareness Day to review safety on the farm. She said that National Farm Safety Awareness Day provides an ideal opportunity to make young people aware of the potential risks and to bring about real change in behaviour to safety.

IFA, with the support of the FBD Champions for Changes campaign, produced an easy to use Farm Safety Risk Assessment planner to support farm families to review safety on their farm on National Farm Safety Awareness Day.



ICMSA WELCOME COMMITMENT TO REVIEW FAIR DEAL SCHEME.

The President of the ICMSA, Mr. John Comer, has today welcomed the commitment in the Review of the Nursing Home Supports Scheme published by the Minister for Primary Care, Social Care and Mental Health, Ms. Kathleen Lynch that the treatment of farm assets under the Fair Deal scheme will be reviewed.

ICMSA, Mr. Comer said, has consistently argued that the current treatment of farm assets is very unfair, inequitable and could render the family farm unviable in the unfortunate situation where a family member has to spend a long period of time in a Nursing Home with the result that the farm may have to be sold to meet the debt. The farm assets are the assets that generate the farm income and it is absolutely essential that this is recognised and that the next generation of farmers

are not burdened with excessive levels of payments that could effectively put them out of business. The announcement of a review of the current assessment today is welcome and it is important that the review is completed as soon as possible and that a new system is put in place to recognise the valid concerns of farm families on this matter, concluded Mr. Comer.



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MACRA MATTERS

The county round of young farmer of the year was held last wednesday evening in CYMS killorglin. Eoin Mc Carthy was the judge on the evening. Eoin was in the final six of the National Final of the competition in 2003 so with a good insight into the competition he knew what to look for. Kerry Macra would like to congratulate Mike Hennessey of Mid Kerry Macra who will be the county representative in the sheep section and Shane Randles of Kenmare Macra who will represent the county in the dairy section. Also Kerry Macra would like to thank Eoin for judging the competition.



MIKE HENNESSEY, EOIN MC CARTHY, SEAN JOY AND SHANE RANGLES.



DRIVING IN IRELAND - ADVICE FOR TOURISTS

If you're planning on hiring a car in Ireland, there's a wealth of scenic drives for you and your passengers to look forward to. However before you arrive, it's important to take some time to familiarise yourself with the Irish rules of the road to ensure a safe and enjoyable trip.

YOUR DRIVING LICENSE

Most Irish car rental companies will ask to see a full driving license issued by the country in which you live, not an international driving license/permit.

DRIVING ORIENTATION

The driver's seat in Irish vehicles is on the right hand side of the car and traffic travels on the left hand side of the road.

SPEED LIMITS

In January 2005, all driving speed limit signs in Ireland changed from miles per hour to kilometers per hour. The maximum permissible driving speed on Irish Motorways is 120km/ph.

IRISH MOTORWAYS

It's worth bearing in mind that motorway driving isn't currently taught to learner drivers in Ireland and huge numbers of drivers learned to drive in the era before the high-speed modern motorways of today's Ireland. It's not uncommon to see Irish motorists frequently misuse the overtaking lane on motorways, with many motorists cruising in the outer lane for kilometers at a time.

ALCOHOL

The driver's legal alcohol limit is 0.8% in Ireland (80 milligrammes of alcohol per 100ml of blood) and is set to be further reduced to 50mg toward the end of 2011. Following the introduction of the Road Traffic Act 2006 the Gardaí (Irish police force) now have wider powers to reduce and eliminate the offence of drink driving on Irish roads including the ability carry out random breath-tests.

SEAT BELTS

The wearing of seat belts in front and rear seats of a vehicle is compulsory in Ireland. There's also an additional onus on drivers to ensure persons under 17 travelling with them are suitably restrained. To view our guide to child safety and use of in-car child restraints clickhere.

BACK ROADS

Despite the significant enhancement of Ireland's national road infrastructure in recent times, it's worth noting, especially if using a SatNav, that many local roads are still quite narrow and winding, with no hard shoulder.

MOBILE PHONES

Irish Road Traffic laws deem it illegal use a hand held mobile phone while driving in Ireland. Our advice to all motorists is to turn it off or put it on silent until you can pull the car in somewhere safe/ you reach your destination.



RECOMMENDED EQUIPMENT

When hiring a car, it's advisable to double check it has all the equipment you'll need such as a spare wheel and wheel changing equipment, breakdown-warning triangle, hi-vis vest and the car's owner's manual.

DANGEROUS DRIVING AND PENALTY POINTS

When driving in Ireland you'll be subjected to Ireland's driving penalty points system, a system designed to save lives and prevent injuries resulting from road crashes and collisions.

When driving in Ireland on a foreign driving license, your details will be held on a separate database for the purpose of recording driver penalty points. If you later obtain an Irish driving license, any previously acquired penalty points will be activated on that license.



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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Sports Recreation & Exercise Course (ETK69) - Killarney.

If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 24th August. **Duration:** 45 weeks. **Certification:** FETAC Major Award in Sports Recreation and Exercise 5M5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Java Associate Course (ET0R7) - Tralee.

This entry-level course offers participants the opportunity to take the first step towards a career in Java programming and software development. They will gain an excellent insight into the programming language and learn to develop applications in Java. **Start Date:** 7th September 2015. **Duration:** 50 Weeks. **Certification:** Oracle Certified Professional Java Programmer I & Certified Professional Java Programmer II.

Manual & Computerised Payroll and Bookkeeping (ET0Z5) - Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for people with no prior experience in the topics. **Start Date:** 31st August 2015. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Computer Applications and Office Skills Course (ET430) - Tralee Training Centre.

This course offers participants the opportunity to develop a broad range of knowledge and skills in general office administration, computer applications, payroll and accounting. It's focused on enabling participants to gain employment as office administrators or progress to year 2 of the Advanced Certificate in Office Information Systems at Tralee IT. **Start Date:** 7th September 2015. **Duration:** 44 weeks. **Certification:** City & Guilds and FETAC Certificates.

Medical Administration Traineeship (TRS08) - Tralee Training Centre.

This course is specifically designed for those wishing to pursue careers as medical secretaries, administrators or receptionists. It covers all the main administration tasks carried out in medical practices, hospitals, clinics and medical companies. **Start Date:** 14th September 2015. **Duration:** 40 weeks. **Certification:** FETAC Level 5 Major Award in Office Administration.

Accounting Technician of Ireland - First Year (ET214) - Tralee Training Centre.

This course comprises year one of the two year Diploma for Accounting Technicians. It covers Financial Accounting, Taxation, Law & Ethics and Business Management. **Start Date:** 14th September 2015. **Duration:** 38 weeks. **Certification:** First Year Certificate for Accounting Technicians

Accounting Technician of Ireland - Second Year (ET21R) - Tralee.

This course comprises year two of the two year Diploma for Accounting Technicians. It covers Advanced Financial Accounting, Advanced Taxation, Management Accounting and Integrated Accounting Systems (IAS). **Start Date:** 14th September 2015. **Duration:** 38 weeks. **Certification:** The Diploma for Accounting Technicians is awarded on successful completion of all first and second year modules plus two years relevant work experience.

Marketing (ET4R9) - Tralee Training Centre.

This course is for people who wish to pursue marketing as a career or incorporate marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 5th October 2015. **Duration:** 42 weeks. **Certification:** FETAC Level 5 Major Award in Marketing.

Media Techniques - Radio Course (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 5th October 2015. **Duration:** 50 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Digital Web Design with Adobe Dreamweaver Course (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. The work involves formulating ideas, visualising the finished product and having the technical skills to build and commission web sites. **Start Date:** 12th October 2015. **Duration:** 22 weeks. **Certification:** FETAC Level 5 Component Certificates and Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Digital Media Production Course (TRY18) - Tralee Training Centre.

The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The content of the course includes design, digital imaging, photography, sound, video, digital publishing and media project management. The emphasis is on project led, hands-on practical training. **Start Date:** 19th October 2015. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques 7601-03.

For further information, testimonials and application details visit our new website at

www.kerryetbtrainingcentre.ie

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee,

TEL: 066 7149600 | 066 7149638 | 066 7149676, E-mail: training@kerryetbtrainingcentre.ie



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- Must have fluent level of English both written and oral.

The successful candidates will be aided with their on-going professional development. If you are committed to giving our residents the best experience in the provision of care and have the passion to develop new skills working within this progressive homely and welcoming facility we would like to hear from you.

Please send your CV to

Director of Nursing

Linda Smith

lin63da@gmail.com

or Our Lady of Lourdes

Care Facility, Kilcummin

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Kilcummin 064 66 43012



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- 3 years post qualification experience with a working knowledge in the community/voluntary sector.
- Prior experience of management in an Early Years setting with required competencies in all aspects of service delivery i.e. financial management, project management and Human Resources.
- Strong proven business acumen as well as leadership and organizational skills.

AN APPLICATION PACK (CVS WILL NOT BE ACCEPTED) IS AVAILABLE FROM:

First Step Childcare Centre at (064) 6624919 or Email:

firststepchildcare@eircom.net

Completed application forms, should be returned no later than 5pm on the 14th of August 2015. Short listing will take place and a panel will be formed. Interviews will be held during the week of 24th to the 28th of August 2015.

First Step Childcare Centre is managed by a voluntary management committee under the directorship of Listry Community Council Ltd. Listry Community Council Ltd. is an equal opportunities employer.

Transforming Ireland

Funded by the Irish Government
under the National Childcare Investment Programme 2006-2010



FOSSA

LOTTO: Numbers drawn were 3, 10, 23, 25. There was no Jackpot winner and next weeks Jackpot will be €12,000. The €40 consolation prize winners were Mikey Cronin, Aghadoe, Margaret Dennehy, Beaufort, Karen McGlynn, Knockasarnett, Joe Casey, Furies and Lyno. Tickets are on sale at The Golden Nuggett Bar, The Castlerosse Leisure Centre, The Travel Inn, The Old Killarney Inn, Foley's Spar Shop, The Laurels Bar and Committee members. Next draw takes place on Sunday night 26th July at 11pm in the Golden Nuggett. Thanks to everybody who supports our Lotto each week as well as those who sell tickets.

SENIORS: The seniors will play Furies in Farrenfore on Sunday July 26th in Round 8 of the County League at 2pm.

LADIES FOOTBALL: Congratulations to our four Kerry girls, Fay and Hannah O'Donoghue, Erica McGlynn and Anna O'Reilly who were part

of the victorious Kerry U-16 team who beat Dublin last week to qualify for the All-Ireland final.

FOSSA COMMUNITY CENTRE: Volunteers urgently needed to help with the running of the community centre. If you would like to help with a specific task or become a member of the committee please contact any of the following, Derek 086 389 5142, David 086 323 9148, Eileen 087 628 4053, Billy 064 6644391, Tim 087 241 3116. If help is not forthcoming we may be faced with the situation whereby this fine facility may have to be closed.

BEST WISHES: Fossa GAA would like to wish Fr Brendan Harrington every good wish in his pending retirement, he has served as Parish Priest in Fossa for the past 18 years and has been in active ministry for 50 years. Fr Harrington has been a good friend, not only to the people but also to the schools and various clubs and

organisations in the parish. He is retiring to his native Cork and we wish him every health and happiness in the future. He is being replaced by Canon Tom Looney who is from Killarney. We extend a very warm welcome to him and hope he enjoys his time here with us in Fossa.

ASTROTURF ALL WEATHER PITCH: All weather pitch at Fossa National School. Opening hours Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport are played on this floodlit pitch. Now taking bookings for birthday parties. Contact Ger O'Connor 083 4228977 or email fossaweatherpitch@gmail.com

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.

KILCUMMIN NOTES

SYMPATHY: Sympathy is extended to the families of Sheila McCarthy, London and formerly of Cockhill, Kathleen Cronin Killarney and formerly of Knockebede and Margaret Crowley Knockancore who died recently. May they rest in peace.

BEST WISHES: We would like to wish the very best to Fr Joe Begley on his new ministry in Dingle and welcome Fr John Lucid as our new parish priest.

KILCUMMIN LOOKING GOOD: We are asking all residents to make a special effort to keep the area outside their own homes litter and weed free. Meeting in the village continues every Wednesday night between 7.00pm and 8.00pm.

SUMMER CAMP: Anabla's Fun Summer Camp will take place in Anabla N.S. from July 27th to 31st from 10am to 2pm daily. Price €50 per child. To book please contact Christine 086 3726440, or Grace 087 7546162.

KILCUMMIN GAA:

CREDIT UNION CO LEAGUE: Kilcummin V Kerins O'Rahillys this Sunday at 2pm in Kilcummin.

CONGRATULATIONS: Congratulations to Brendan Kealy on winning a Munster Medal on Sunday last.

GAA GOLF SOCIETY: Captains Prize (Muiris Healy) took place last Saturday in Kenmare. Donal Doherty was the winner with 40 pts (19). Other prize winners Ian Millis, Donald McSweeney, Joe Scannell, Eugene Kennedy, Dermot O'Sullivan, Kieran Fleming and David O'Riordan.

GAA CLUB HURLING COACHING: For under 6 to under 12s on the next few Thursdays at Legion GAA grounds at 6pm. All equipment supplied. Contact Garry at 087 2884478

KILCUMMIN 4-09 GNEEVEGUILLA 2-13

On Monday 13th July we claimed the East Kerry league title defeating our neighbour and great rivals Gneeveguilla. Our rivals started quickly

and raced into a 3pt lead but stout defence from our six backs, John, Dan, Darragh B, Conn, Darragh C and Christopher allowed us to gain a foothold and led by Paul and Dylan we scored 3 goals from Deane, Paul and Darren to have us 3-05 to 0-10 pts ahead at the break. Gneeveguilla roared back into the game in the second half and kept chipping away at our lead but hard work from Phillip, Danny and Evan, Darren added his second goal and pts from Dylan & Keith kept the lead but with 10 mins to go it was down to 2pts but trojan work from Cian and the whole team saw us survive the nerve jangling last few minutes to claim the title. Well done to Nathan, Tiernan, Liam, Sean and Adam who all played their part during the league. Thanks to Glenflesk for the use of the pitch and to Gneeveguilla for a sporting contest

ROAD SAFETY: Following discussions with An Garda Síochána and with the County Council, Councillor Michael Gleeson has allocated €4,000 for the provision of a Speed indicator sign on the Killarney approach to Kilcummin village. It is hoped that the sign will encourage all to drive with due care and attention and thus ensure greater safety for all and in particular for school children and for church goers."

MASTERGEEHA FC

TOMMY HEALY CUP SEMI FINAL - SPORTING LISTOWEL 0 MASTERGEEHA

3: Mastergeeha qualified for the final of this year's cup with a good performance on Sunday afternoon. In an evenful first half Mastergeeha created the better chances with Eoin Horan getting the goal to lead 1-0 at the break. In the second half Mastergeeha played the better soccer with Gearoid Kerins setting up Derry Ahern to double the lead in the 70th minute. After this the seniors defended well and in the closing stages Gearoid Kerins scored in the final minutes to ensure the win. All involved played well and deserved to qualify for the final.

MASTERGEEHA F.C. LOTTO: There was no

winner on Friday 17th July. Numbers drawn were 6, 8, 17, 21. Consolation prizes were €100 Noreen Scanlan, c/o Dept. of Justice, €60 Connie O'Sullivan, Lyreatough, Kilcummin, €30 Joe Doyle, Knockragh, Killarney, €30 Padraig & Anna Lenihan, C/o John Lenihan, €30 P.J. Scanlan, Dromdeersirt, Kilcummin. Draw will take place in The Village Inn Kilcummin every Friday night. Jackpot now €4200.

COMHALTAS: The Rockchapel Comhaltas "Sliabh Luachra Summer School" in Bruach Na Carraige Rockchapel will be from the 3rd to the 8th of August. This Summer School Master Classes which will be directed by Nicholas McAuliffe who is a leading authority on Traditional Irish Music, will focus on the recently discovered traditional music manuscripts in the National Traditional Music Archives in Dublin, and in Elsberry, Missoure, in the United States, with music dating back to the end of the 1700s. These manuscripts came from Dan Curtin, his son Dave Dan Curtin, of Stagmount Rockchapel and from Dave Leahy of Secandgloss, Mountcollins who died in 1907. There will also be workshops for traditional step dancing and Sean nós dancing in the afternoon on the same days directed by Maurice O'Keeffe. The usual Seisiun will be on the Tuesday night, and on Thursday night we will have a singing night with the focus on songs from Sliabh Luachra. From Friday on all there will be plenty of the best of music at the Scully Fest in Scullys in Newmarket. Further information 087 2205566 Email bruachnacarraige@hotmail.com

KILCUMMIN GAA LOTTO: There was no winner on Sunday July 19th. Numbers drawn were 11, 16, 18, 27. Consolation prizes were €100 Elaine O'Mahoney Tralee, €60 Mike Keffe Bournard Gneeveguilla, €60 Alex Nagle C/o Alan Doolan, €30 John and Margaret Lenihan, €30 Denny O'Connor Rathnane. Next Draw Sunday August 2nd, 2015. Jackpot now €4,750.



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This Weeks Gardening Tips

1. Now would be a good time to install a water butt to collect rainwater from your downpipes
2. check your composter, add in Garotta compost maker to speed up the process
3. To kill annual and deep rooted weed such as docks, nettles, dandelions & bindweed, apply Resolva weedkiller
4. Mulch around shrub beds with bark mulch to suppress weeds.



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BEAUFORT NOTES

We are now in the final week before the very popular Ring of the Reeks Leisure Cycle. This is a great follow up cycle to the Ring of Kerry but it also caters for the leisure cyclists as well as families. This event will be held on Saturday next, 25th July. As we have have 3 different level of routes, namely the main cycle which is The Ring of the Reeks which is a 100km loop of the McGillicuddy Reeks, it features two significant climbs, Molls Gap and Ballaghbeama Gap and traverses some of the most scenic terrain in the area - €25 with a €5 discount for Cycling Ireland members. The Caragh Lake Loop is a 60km cycle taking in the scenic area of Lough Acoose and Caragh Lake before returning to Beaufort - €20 Registration. The Ring of Beaufort is a 35km route via Glencuttane and returning to Beaufort - €15 for adult and €5 for a juvenile. Juveniles U16 to be accompanied by an adult. Food will be served at various stations on each of the routes and there will be hot food for everybody on return in the Community Hall. We hope that everybody including families will come along to support the club and take part in this lovely occasion. Contact Bridget 087 9975737.

CPR TRAINING A Skill For Life.

Beaufort Defibrillator Group is holding CPR and AED training days on Saturday 1st August and Saturday 12th September 2015 in Beaufort Community Hall, 9am til 3pm.

A certificate is given on completion of the course which costs €25 if re-certifying or €40 if new to the course. The cost includes morning coffee, lunch (kindly sponsored by the Beaufort Bar and Restaurant), pocket mask and certificate. All instructors are voluntary and any remaining funds go towards ongoing running costs. Book early to avoid disappointment as places are limited.

For further information or to book your place contact Mary: 0872927309 /0861992401

FAREWELL PRESENTATION: Beaufort Parish Pastoral Council will host a farewell presentation function for Fr. Donal on Thursday 13th August at Kate Kearney's Cottage commencing at 8.30 pm. Contributions towards the presentation can be handed to Peggy Walsh, Peggy Lynch or to any member of the Pastoral Council on or before Sunday 9th August. If other groups or organisations in the parish wish to make presentations to Fr. Donal, they will be most



TWO HURLING GREATS MEET AT THE BEAUFORT BAR & RESTAURANT
FORMER CORK HURLER AND CAPTAIN OF 1990 ALL IRELAND WINNING TEAM AND RTE PUNDIT, TOMAS MULCAHY AND WELL KNOWN KILLARNEY JARVEY, ULTAN BREEN WHO PLAYED IN THE KILLARNEY TEAM THAT WON THE COUNTY HURLING TITLE IN 1969 PICTURED AT THE BEAUFORT BAR ON FRIDAY THE 26/06/15 WHICH WAS ALSO TOMAS'S BIRTHDAY.

welcome to do so on the night. Finger food and refreshments will be served and we hope to round off the evening with some music and entertainment. The Parish Pastoral Council wishes Fr. Donal good health and the best of luck in his new post as chaplain to I.T. Tralee and we look forward to giving him a memorable send off at Kate Kearney's on Thursday 13th August. Everybody welcome.

RATHMORE/ GNEEVEGUILLA NEWS

by Michael O'Mahony

IRD DUHALLOW CYCLING SPORTIVE: Saturday 25th July commencing in Newmarket Details from (029) 60633.

GNEEVEGUILLA GAA: Would like to wish Fr. Kevin McNamara all the best in the future and a big thanks for all his support in recent years.

CULLEN AND DISTRICT SPECIAL NEEDS ASSOCIATION: Annual Gala Harvest Afternoon this Sunday July 26th at 1pm.

Old time threshing, vintage display, live music featuring Cullen Pipe Band plus "Tim O'Riordan and Natural Gas" Irish Folk and Trad., Pet dog Show, bouncing castle, children's sports, face – painting, raffles!! and many more side shows, Fun For all the Family in Cullen G.A.A. Grounds.

RATHMORE LADIES FOOTBALL: 4 MILER: Held in Rathmore on Sunday July 12th where over 140 took part. Results were as follows: Senior Men: 1st Tim O'Connor, Riocht, Donal

O'Callaghan, Riocht, Sean O'Sullivan, Riocht. O40 Men: Shane Simcox, Mallow, Robert Purcell, G/G, Ger O'Sullivan Riocht. O50 Men: Bill O'Keeffe, St. Catherines, Jerry O'Connell, Mallow, Denis Reen Rathmore. O70: Jim Langan, Tullamore. U14 Boys: Donnacha Murphy, Millstreet, Donal Burke, Millstreet. U18 Boys: Andrew Purcell, G/G, Cian O'Neill, Dohneys. Senior Ladies: Martina Kiely, St Finbars, Marie McCarthy, FFMV, Siobhan Daly, GG. O40 Ladies: Anna O'Neill, Dohneys AC, Marie Twomey, Millstreet, Helena Buckley,

ALL IRELAND A U16 LADIES FOOTBALL CHAMPIONSHIP SEMI FINAL:

Congratulations to the three Rathmore Players who were part of Kerry U16 Ladies who won All Ireland semi final against Dublin on score line 3-14 to 3-9. They include Aoife O'Callaghan, Brid Ryan, Laoise Coughlan. The team are now in all Ireland final on this Wednesday July 29th at 7pm.

SYMPATHY: To families, relatives and friends of late Benny (Benjamin) Murphy Bonard, Gneeveguilla, Amber Ashe (née Dougherty) Sliabh Luachra, Gneeveguilla, whose deaths occurred last week. May they all Rest in Peace

MUNSTER SENIOR CHAMPIONSHIP

FINAL REPLAY: Congratulations to Aidan O' Mahony and Paul Murphy, and all Kerry team and management on winning the Munster Championship for 77th time on score line 1-11 to 1-6. At Fitzgerald Stadium on Saturday evening.

WEDDING: Congratulations to Christopher Morley, Gneeveguilla and Deirdre Leyden from Co. Clare, who were married last weekend. The couple both teach in the same school, Clarecastle National School. We wish both of them a happy life together.

RATHMORE COMMUNITY MARKET: Every Saturday 11-2pm, indoors Rathmore community centre. Lots of stalls, food, preserves, crafts, art. Live music every week tea and coffee €1, children's play area everyone welcome! More stalls welcome contact Tony 0831588404.

BINGO: Rathmore Community centre every Friday at 8.30pm. Everybody welcome:

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday.

LISTRY NOTES

TRIP TO KNOCK: Milltown/Listry would like to thank all who travelled with them to Knock on Sunday last, to Beaufort Pioneer Center for joining with us on the day. Thanks also to O'Callaghan coaches for providing us with a comfortable coach also to Denis our driver who got all home safe. A enjoyable and prayerful day was had by all.

LISTRY WEEKLY LOTTO: Jackpot €5,000 was not won. Winning numbers: 17 18 22 23. Next weeks Jackpot €5,150.

CPR TRAINING: A Skill For Life.

Beaufort Defibrillator Group is holding CPR and AED training days on Saturday 1st August

and Saturday 12th September 2015 in Beaufort Community Hall, 9am til 3pm. A certificate is given on completion of the course which costs €25 if re-certifying or €40 if new to the course. The cost includes morning coffee, lunch (kindly sponsored by the Beaufort Bar and Restaurant), pocket mask and certificate. All instructors are voluntary and any remaining funds go towards ongoing running costs. Book early to avoid disappointment as places are limited.

For further information or to book your place contact Mary: 0872927309/0861992401

LISTRY COMMUNITY COUNCIL LTD: Will host a public meeting in Listry Community Centre,

Faha on Wednesday 29th July 2015 at 7.30pm to discuss local development plans for the area to be included by South Kerry Development Partnership Ltd in a local development strategy for the region. Representatives from South Kerry Partnership Ltd will attend and provide information and assistance. All LEADER projects for the period 2015-2020 will be required to be coherent with the regional development strategy. This is a very important meeting and individuals or organisations interested in the development of our community and locality or who have development plans for their own club/business should attend.

GLENFLESK NEWS

COUNTY LEAGUE DIV2: The Glenflesk senior team, sponsored by the Jarvey's Rest, travel to Gneeveguilla on Friday July 24th to face the home side in the seventh round of the county league at 7:30pm. Both sides are currently tied on four points in the league.

KERRY JUNIORS: The very best of luck to Jeff O'Donoghue and the Kerry Junior team who face Wexford in Dungarvan in the All-Ireland Junior semi-final on Saturday July 25th at 2pm.

EK O'SULLIVAN CUP: The Glenflesk Junior team were defeated by Spa in the O'Sullivan Cup on Sunday July 19th on a scoreline of 3-15 to 2-9.

GLENFLESK LOTTO: Glenflesk Lotto draw was held on Sunday the 19th of July 2015, in John Dan's. Jackpot: €6,000. Numbers drawn: 2, 4, 16, 24. No Winner. €50 EURO DRAW: First draw: Mike Favier, Glenflesk. Second draw: Stephen and Louise O'Donoghue, Lisbaby. Third draw: Donal O'Sullivan, Barraduff. Fourth draw: Jack Dineen, Headford. Next draw will be held on Sunday August 2nd in Spillane's, Jackpot

€6,200.

EAST REGION MINOR LEAGUE: The Glenflesk minor team had a high scoring draw against Beaufort on Friday July 17th, in the third round of the league. The sides finished with 3-9 apiece.

GLENFLESK U10: The Glenflesk U10 footballers had a great day in Milltown-Castlemaine on Sunday July 19th, in a special tournament in aid of the Kerry Down Syndrome association. Undefeated in the group stages they qualified for the A final, and had two hard-fought but well-deserved victories over Ardfert in the semi-final and Kenmare in the final. Well done to all the players and their trainers, Seamus Moynihan, Kenny Cronin, Pats Lucey and Derry Healy. Well done to all at Milltown-Castlemaine for organising a great tournament.

GLENFLESK U11: The Glenflesk U11s had a good win over Gneeveguilla in the East Kerry league on Sunday evening. They face Currow next week.

RAHEEN NS: Congratulations to Flor and

Eileen O'Donoghue who had the winning lotto number 45 on Saturday the 18th of July.

GLENFLESK COMHALTAS: The Munster Fleadh Cheoil was held in Nenagh, Co. Tipperary from the 17th to 19th July. Well done to Oisín Dineen who competed in the under 12 piano competition. Congratulations to all the dancers who qualified for the All Ireland Fleadh Cheoil which will be held in Sligo from the 14th to 16th August. Congratulations also to their dancing teachers Norrie Sheehan and Áine Murphy. Under 12; 8 hand Ceilí Ladies - 1st Glenflesk; 12-15 4 hand Ceilí ladies - 3rd and recommended Glenflesk; 12-15 4 hand Ceilí mixed - 1st Glenflesk; 12-15 8 hand Ceilí ladies - 1st Glenflesk; 12 - 15 8 hand Ceilí mixed - 1st Glenflesk; 15-18 4 hand Ceilí mixed 1st & 2nd Glenflesk; 15-18 8 hand Ceilí mixed - 1st Glenflesk; 15 -18 8 hand Ceilí Ladies-3rd & recommended Glenflesk,

CONTACT: We welcome items of local interest. Please contact PRO Donal on 087 668 7926 or pro.glenflesk.kerry@gaa.ie.

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Ed 30 8767 FOR SALE

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Call: 064-66 32659 Tony's, Fossa, Killarney.

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ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



Emmerdale Summer Preview

BIGGEST DISASTER EVER

Emmerdale bosses are set to stage the biggest disaster ever in soap history this summer as the residents of the village will be the victims of a huge explosion. The explosion will occur at the wedding reception of Pete Barton and Debbie Dingle (Will they or won't they marry?) which takes place in the village. However, it has been confirmed that an explosion will rip through the building leading to the death of at least one character. Rumors persist that the explosion is only the beginning of the disaster as fairground is also present in the village at the time of the explosion meaning any one of the fairground rides could collapse on the unsuspecting crowd below.

WEDDING DAY DRAMAS

Pete Barton and Debbie Dingle's wedding day as we already know is set to end in disaster as their wedding reception explodes but will the couple actually tie the knot? At the moment it looks likely that Debbie will marry Pete after she discovers that her lover Ross Barton is the father of new born brother Moses following a romp with her mother Charity Macey. But could Ross make one final attempt to lure Debbie away from Pete and ruin the big day?

Elsewhere, Val Pollard will scheme to fake her own death.

Robert Sugden's affair with Aaron Livesy will be revealed leading to Paddy Kirk getting shot.

Lachlan White will attempt to take killer revenge on his step father Robert for betraying his mother.

Could there be romance for Lawrence White and unlucky in love Bernice Blackstock? The Jai/Megan/Rachel saga is set to reach it's climax but with Rachel due to leave the village could Jai do the unthinkable and kill the mother of his son?

Citizens Information

Know Your Rights: FREEDOM OF INFORMATION

JULY 2015

QUESTION

I believe you no longer have to pay fees when you make a Freedom of Information request. Are there any other changes?

ANSWER

A number of changes have been introduced to the Freedom of Information (FOI) scheme by the Freedom of Information Act 2014. The FOI scheme provides the following rights:

- A right to access information that is held by a body to which the FOI legislation applies
- A right to have official information relating to you amended where it is incomplete, incorrect or misleading
- A right to obtain reasons for decisions affecting you

Previously, you had to pay an application fee of €15 when making a request for information. This application fee no longer applies. The application fees have been reduced for an internal review of a decision by a body on your request and for a review of the decision by the Office of the Information Commissioner. The new fees (which do not apply in the case of personal information) are as follows:

- Internal review, €30 (€10 for medical card holder)
- Review by Information Commissioner, €50 (€15 for medical card holder)

You may be charged for the time spent finding and retrieving records, and for any copying costs. You will not normally be charged for personal records.

Under the revised scheme, if the cost of search, retrieval and copying is €100 or less, no charge is applied. If the cost exceeds €100, the full charge applies. You cannot be charged more than €500. If the estimated cost is more than €700, the body can refuse to process your request, unless you refine your request to bring the cost below this limit. The new FOI Act widens the scope of the scheme to all public bodies, unless specifically exempt. It also allows the Government to include other bodies that get significant public funds. Under the Act the bodies must publish a wider range of information about their activities than was previously required.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



I DON'T BELIEVE IN FAILURE!

I used to believe that whenever I tried to make a change in my life and didn't succeed that I was a failure. I used to think that every time I didn't get what I had set out to do that I had failed. And these feelings of having failed or being a failure held me back so that I became less able to take a risk, less inclined to follow my heart and I retreated into the safety of my comfort zone. And although the comfort zone is a comfortable place to be, nothing ever grows there. Failure is one of the greatest untruths that we buy into. You can never be a failure. You are simply a wonderful human being who, like every other human being is learning from what works and what doesn't. That's called learning and growth not failure. If we try but don't succeed that's feedback – not failure! If you put all of your heart and soul into a project but it doesn't work out – that's inspirational because you were committed to showing up in your life and caring about something you loved! You don't tell a child who is just learning to take their first steps that they are a failure every time they fall down. You encourage them to get up, do it again. You praise them for trying and you get excited that they are progressing! Do the same for you – every moment of every day and be amazed at how your life opens up!

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BARRIERS TO SUCCESS

Do you ever feel that you have more potential than you are realising? Perhaps it seems as if your plans never come to fruition – or you sabotage your own success. Perhaps you lack confidence in your own abilities and doubt your capacity for success. Do you tend to procrastinate or find your great ideas never see the light of day? Then it may well be that you are creating your own psychological barriers to success?

Many of us carry around limiting beliefs and negative habits which hinder our success. These beliefs and behaviours are sometimes so well developed that we don't even realise they are there – and when we do, we don't have the skills or tools to overcome them. Typical barriers to success include: Fear of success and/or fear of failure, low self-esteem, negative thinking, reluctance to seek help, negative past experiences that continue to create emotional blocks, difficulties relating to others, depression, self-doubt and/or lack of self-belief. However we pay the price for these negative thoughts and self-doubts.

Bring to mind something that you've been wanting to do – and write it down on a sheet of paper. Now think of all of the reasons that stop you from doing this – and write these down. Next review the list and cross off those that are simply not real or true (it may be helpful to enlist the help of a friend here).

Now look at the negative beliefs on your list that can be substituted with something more positive. The brain cannot hold two contradictory beliefs simultaneously – thus try replacing a negative belief (e.g. I could never go to college) with a more positive one (I have the ability to go to college). Better still, write the positive affirmation in the present tense as if it is already happening (I am studying in College and loving every minute of it). Write down your affirmations and put them on your desk or bathroom mirror, repeating them as often as possible. Notice when self-doubts crop up.

When self-doubts and limiting beliefs sneak in – do a reality check and ask yourself 'Is there a rational reason to believe them?' If so, what can you do to change this? Is there something practical we can do to? Sometimes our doubts and negative self-beliefs are rooted in earlier life experiences or childhood traumas. If this is the case, perhaps you could seek the help of a counsellor or coach to overcome these.

Next week we will continue to look at our own personal Psychological Barriers to Success and discuss ways in which these can be overcome.

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents, adults and couples – both at its **Killarney Centre (Lewis Road)** and at **Kenmare Family Centre**. info@southwestcounselling.ie. Kerry LifeLine provides **FREE** counselling and support to anyone feeling suicidal or bereaved through suicide. info@kerrylifeline.com To make an appointment call **064 6636416**.

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.

Health Matters....

With Dr. Michael O'Doherty

Travel Vaccination

Thinking of travelling abroad...? Have you taught about travel Vaccines...?

If so here is some information that may help you get organised. As you are already aware some destination may require some of the following vaccinations.

Typhoid Fever: A serious infection caught from contaminated food or water. It is prevalent in areas where sanitation is poor.

• **Typhoid Vaccine (injectable).** This is a single injection that helps protect patients for 3 years

Hepatitis A: Like typhoid fever, this disease is spread by contaminated water or food, wherever there is poor sanitation.

• **Hepatitis A** is a single injection followed by a booster dose helps provide long term protection and lasts for 10 years.

Hepatitis B: Hepatitis B is a highly infectious virus spread through blood, semen and other body fluids. Contact even through tiny quantities of an infected person's body fluid can pass the virus on.

• **Hepatitis B Vaccine:** This is a standard Schedule consists of 3 vaccinations given over a six month period. The first dose at an elected date, the second dose a month later and another 5 months later after that. It is very important that all three doses are received.

Cholera: Cholera is a serious bacterial disease that occurs in regions of the world where sanitation and food and water hygiene are inadequate or lacking

Diphtheria: Diphtheria is a serious disease spread through droplets contained in coughs and sneezes. This is a significant risk in some parts of the world including Russia and the Ukraine.

Tetanus: This is a potentially fatal disease, is contracted when spores in the soil enter the body through cuts or scratches. Tetanus exists all over the world.

Polio: Polio can cause paralysis and in some cases can be fatal. Although polio has almost been wiped out in industrialised nations, it is still a risk in some developing countries.

• **Diphtheria, Tetanus and Polio** is combined of a total of five injections that help protect patients for a lifetime. However, a booster dose may be required for persons travelling abroad.

Yellow fever: A potentially fatal disease that is spread by infected mosquitoes. In some areas of the world, you have to carry an international certificate of vaccination as proof of vaccination to gain entry into certain countries (available at designated yellow fever vaccination centres). This is valid for 1 year from 10 days after vaccination and immediately after Revaccination.

• **Vaccinations for yellow fever** consist of one injection every ten years. The international certificate is valid from ten days after primary vaccinations and for ten years thereafter. It is immediately valid for a further ten years if revaccination is performed before expiry of current certificate.

Rabies: Rabies is a fatal disease, which humans can contract from the bite of a rabid animal. It is present in many countries but is higher risk in some developing countries.

CONTINUED NEXT WEEK.



Dr. Michael O'Doherty,
General Practitioner
and Occupational Health Specialist
The Killarney Medical Centre,
47 New Street, Killarney.
t: 064-6620628.



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THE RESPONSIBILITIES OF A DOG OWNER

Two week ago I wrote of the common sense responsibility of adults to show children how to act safely with their family dogs or strange dogs they might meet and I am extremely grateful to the reader who went to the trouble of contacting me to say he agreed with everything in the article but would I now do a follow up? I admit I was stumped at the time as I thought I had covered most angles and had to ask him if I had a follow up? and thankfully he suggested that I remind dog owners that they too have a responsibility to keep their dogs under control both for the sake of the public and for the dogs own safety – and I couldn't agree more.

Local authorities are responsible for dog control and licensing. Under The Control of Dogs Acts, they have the power to appoint dog wardens, to provide shelter for stray dogs and to impose on-the-spot fines for offences and take court prosecutions. In addition local authorities can make further bye-laws, such as specifying where dogs must be kept on a lease, or where they're not allowed at all. This is why you might find different rules in different local areas.

- By law you must have a dog license - You have to be over 16 to be issued with a dog license and it costs €20 a year and can be purchased in the Post Office or you can also buy a Lifetime license – this costs €120 and lasts for the lifetime of the dog for which the licence is issued.

If you don't have a licence you can be issued with a €100 'on-the-spot' fine.

- You must make sure that your dog wears a collar with an attached plate, tag or disc with your name and address on it and from this year it is also a requirement that your dog is microchipped.

- Your dog must be under 'effective' control - This means that your dog comes back to you when called, doesn't jump on or generally harass people or other animals, for example. If your dog isn't considered to be under 'effective' control you can receive an 'on-the-spot' fine. If

your dog attacks or injures another animal or person things can get a lot more serious and costly.

- It's an offence against the Litter Pollution Act not to clean up after your dog, and you could be fined €150 'on-the-spot'. Many local walks and parks have pooper-scooper stations with bags and bins available for use. However, you'd be wise to bring your own pooper-scooper paraphernalia with you when you bring your dog out in public.

- Any dog that's in a public place unaccompanied (or not under 'effective' control) is considered a stray. Stray dogs can be seized by the dog warden or Gardaí and brought to the local dog pound. These dogs may be put down or disposed of if you don't claim them within 5 days. If your dog has strayed or is missing, you should contact the local dog pound directly to check whether or not your dog has been picked up. Before you pick up your dog, you'll have to pay a fee and produce a current dog licence.

- The Control of Dogs Regulations 1998 (S.I. No. 442 of 1998) impose additional rules in relation to the following breeds (and strains/cross-breeds) of dog in the Republic of Ireland: American Pit Bull Terrier; American pit-bull; English Bull Terrier; British Pit-bull Terrier; Staffordshire Bull Terrier; Bull Mastiff; Dobermann Pinscher; Doberman; Rottweiler; German Shepherd (Alsatian); Rhodesian Ridgeback; Japanese Akita; Japanese Tosa; Bandog etc.

The rules state that: These dogs (or strains and crosses of them) must be kept on a short strong lead by a person over 16 years who is capable of controlling them and must be muzzled whenever they are in a public place and must wear a collar bearing the name and address of their owner at all times. The rules on muzzling do not apply to guide dogs for the blind.

Failure to pay all on-the-spot fines can lead to prosecution in District Court with a maximum fine of €3,000 and €600 per day for continuing offences on Summary Conviction.

All of the above are the law of the land and while I personally believe from experience that I am more likely to get bitten by a poodle or

terrier than a German Shepherd and I would prefer to donate the price of the license to a charity – most of the laws make sense and shouldn't even be necessary. A good dog owner should keep their dog under control at all times and clean up after them in public places.

Despite being a dog owner myself if I walk into dog pooh I direct a lot of unprintable language towards the unknown owner – not to mention the health hazards to children. On numerous occasions I have been approached by loose dogs in parks, the beach and towns – I don't know how many of these lovely friendly dogs have strayed from careless owners. I can only pray they will be reunited and not shot or poisoned or put down in the pound. Extension leads are not always the safest option either, I have seen dogs scoot off footpaths into traffic when something attracts their attention or snap at joggers etc if suddenly surprised by them. If you do use an extension lead please keep it locked at the length of a normal lead until you come to wide open space where you can see you are well away from both people and other animals.

JUST FOR FUN

Just to give you a chance to draw breath from all of the above – I hope you will enjoy the following joke:

A store that sells new husbands has opened in New York City, where a woman may go to choose a husband. Among the instructions: You may visit this store ONLY ONCE! There are six floors and the value of the products increase as the shopper ascends the flights. The shopper may choose any item from a particular floor, or may choose to go up to the next floor, but you cannot go back down except to exit the building!

So, a woman goes to the Husband Store to find a husband. On the first floor the sign on the door reads: Floor 1 - These men Have jobs. She is intrigued, but continues to the second floor, where the sign reads: Floor 2 - These men Have jobs and love kids. "That's nice", she thinks, "but I want more."

So she continues upward. The third floor sign reads: Floor 3 - These men Have jobs, love kids, and are extremely good looking. "Wow," she thinks, but feels compelled to keep going. She goes to the fourth floor and the sign reads: Floor 4 - These men have jobs, love kids, are drop-dead good looking and help with housework. "Oh, mercy me!" she exclaims, "I can hardly stand it!" Still, she goes to the fifth floor and the sign reads: Floor 5 - These men have jobs, love kids, are drop-dead gorgeous, help with housework, and have a strong romantic streak. She is so tempted to stay, but she goes to the sixth floor, where the sign reads: Floor 6 - You are visitor 31,456,012 to this floor. There are no men on this floor. This floor exists solely as proof that women are impossible to please. Thank you for shopping at the Husband Store.

READERS REQUESTS

I would like to let a very special reader know that I haven't forgotten her request for a couple of special articles and I hope to get around to them in the next week or two. I am always delighted to get feedback and requests for special articles so if you would like to see something special included please contact me by e-mail at islagrantfan@gmail.com by phone or text on **086 164 8542** or contact the Killarney Outlook office and the message will be passed on to me.

ANSWER TO LAST WEEKS RIDDLE

Q: If you were running a race and you passed the person in 2nd place, what place would you be in now? A: 2nd Place

THIS WEEKS QUOTE

"We make a living by what we get, but we make a life by what we give" - Winston Churchill

ON THIS DATE – JULY 24TH

1261 - The Norman-Irish under the justiciar, William de Dene, were heavily defeated by Fineen MacCarthy at the battle of Callann (near modern day Kilgarvan) in Co. Kerry. The MacCarthys and O'Sullivans controlled the south-west corner of Ireland after the battle.
1487 - Citizens of Leeuwarden, Netherlands went on strike against a ban on foreign beer.
1567 - A one year old boy became King James VI of Scotland when his mother, Mary Queen of Scots, abdicated; he later became King James I of England.
1683 - The first settlers from Germany to the US, departed Germany aboard the sailing ship Concord
1799 - William Clark (of Lewis & Clark)* was willed the slave York**
1802 - Birth of Alexandre Dumas, French novelist.
1851 - Britain abolished the window tax.
1909 - Geoffrey Bing, Irish human rights activist and author, born in Belfast.
1923 - The Treaty of Lausanne, settling the boundaries of modern Turkey, was signed in Switzerland by Greece, Bulgaria and other countries that fought in the First World War.
1927 - Opening of the Menin Gate Memorial to the Missing in Ypres, Belgium. The gate records the names of over 56,000 allied soldiers, among them 6,176 Australian soldiers of the First Australian Imperial Force (AIF), missing in the battles near Ypres during the First World War

*When President Thomas Jefferson dispatched US Army Captain Meriwether Lewis and his close friend Second Lieutenant William Clark to find a water route across North America and explore the uncharted West, they set out on the amazing expedition across the Louisiana Territory in May, 1804 and faced unknown people and harsh conditions. Together with a select group of U.S. Army

volunteers they began the journey from near St. Louis on the Mississippi River, making their way westward through the continental divide to the Pacific coast. The primary objective was to explore and map the newly acquired territory, find a practical route across the Western half of the continent, and establish an American presence in this territory before Britain and other European powers tried to claim it.

The campaign's secondary objectives were scientific and economic: to study the area's plants, animal life, and geography, and establish trade with local Indian tribes.

**York was William Clark's childhood companion and was devoted to him before being sold to another 'master'. As an adult Clark continued the family tradition of being slave holders and York was left to him in a will. York was not his servant, he was his slave. He was a great help to the expedition because he was such a curiosity. American Indians who had seen white men had never seen an African American before and there's a famous Charley Russell painting in the Mandan lodges of the Mandan chief trying to rub the black off of York's skin. The American Indians had great respect for York when they discovered he was just a man, their way teaches us that just because you're different, doesn't mean it's wrong.

York was treated equally in the expedition and had his own rifle and voted on proposals, he made invaluable contributions to the expedition on many occasions. Risking his life to save Clark in a flash flood on the Missouri River near Great Falls in present-day Montana. Going out and hunting and bringing in the game. Putting up the captain's tents, managing the sails, plying his oar, doing all the things that everyone else did.

But when the expedition was over and York had seen what freedom meant he returned to slavery though eventually Clark arranged for York to be "free" in a world surrounded by racism and slavery.

RIDDLE FOR THIS WEEK

Can you think of a common word that contains double C, double S and double L? Answer next week!

TONGUE TWISTER

Hassock hassock, black spotted hassock. Black spot on a black back of a black spotted hassock.

WORLD RECORD HOLDER

The Holstein cow named Blossom who held the world record for the world's tallest, was measured to be a full 6-foot-2 inches tall (190 cm) from hoof to withers.

Guinness officials had awarded the bovine beauty an official world record in August of 2014 while visiting her owner's farm in Orangeville, Illinois, to verify that a cow could really be that tall.



Sadly, she held the title of "tallest cow living" for less than a year, Guinness announced that Blossom had died in May at the age of 13 after sustaining an irreparable leg injury.

Her place in the record book as the tallest cow living is no longer accurate, but after performing further research Guinness found that Blossom was worthy of an even better title: the tallest cow ever recorded.

"Blossom was born to two normal-sized parents" Patty Meads-Hanson, who has owned and cared for Blossom since she was an 8-week-old calf said. Always friendly with her owners, Patty treated Blossom like any other household pet and loved nothing more than spending time with her out in the field. "As long as she had her oats, and daily chin rubs and ear scratches, Blossom felt life was good" Patty added.

A BRILLIANT IDEA


The Pacific Garbage Patch and landfills around the globe are overflowing with plastic waste, and you can circle the earth at the equator at least four times with all the soft drinks and water bottles thrown away every year. But if an experiment from a Netherlands-based company proves successful, there could be a new use for all that plastic trash: road construction.

The company, VolkerWessels, is working with government officials in Rotterdam on PlasticRoad a project it hopes will result in the construction of streets from the recycled material.

As a result of the material's durability which can withstand temperature extremes of over 38°C to below zero and is more resistant to corrosion than traditional road-building materials, the company estimates PlasticRoad surfaces will last three times as long as the traditional materials used and when a section of a street does eventually break down, because the modular pieces that make up a PlasticRoad will be premade in a factory, the damaged segment can be snapped out and quickly replaced with a new unit.

FINALLY THIS WEEK

Marriage is like a game of cards, in the beginning all you need is two hearts and a diamond. By the end you wish you had a club and a spade!



A WORD OF VICTORY

Welcome back dear reader; today let us look at Faith. The Bible tells us that true faith comes from hearing and hearing the Word of God - i.e. the Scriptures (Romans 10:17). When people refer to 'my Faith' what they are really saying is that they believe in that which they have been taught - trusting that what their instructor has said is true. The Bible is our rule book for living and when we are properly taught the true meaning of Scripture and meditate on it and apply it to all areas of our living we will have victory and peace. Saying 'I have Faith' proves nothing unless this faith is based on what Jesus taught. For forty four years of my life I claimed to be a Christian - yet I had never read the Bible, in fact I was discouraged from doing so. The faith I had at that time was based on a religious system and it was no use to me when disaster came knocking on our door. I was sick, broke and without hope. In 1984 when things were really bad I was introduced to the Bible which I studied intently and my new faith in God's Word produced victory. From that the Lord established Word of Victory Christian Fellowship where faith in Jesus is taught to other people who want to do well. Hundreds of people have come to faith in Jesus as I did and are now so grateful to the Lord for revealing His will to us through the knowledge of the truth of His Word. Many people are alive and well today - cancer patients and other incurable's - now living life to the full because God always confirms His Word with signs following (Mark 16:20). The Lord desires that we all walk in victory and have peace, and friend that includes you! If you need prayer please call **064 - 6622950** or email wordofvictory@eircom.net.
More next week...

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

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SPIRITUAL TOURISM - WHERE HEART MEETS MIND

St. Mary's Church of Ireland set the stage for the launch of a new tourism brand was in Killarney. "The Church of the Sloes" - is designed to help grow Spiritual Tourism in Killarney and the area. The logo identifies St Mary's Church in Killarney with the name of the Town: Cill Airne means "Church of the Sloes". The Church is located near the ancient sacred centre of the Town. So it is fitting that the Church should represent the spiritual heritage of the Town to the tourist. Spiritual and pilgrimage tourism are becoming popular. This new brand seeks to bring it to Killarney. Making the rich spiritual history of the area accessible to the visitor. The brand and logo "The Church of the Sloes" highlights the significant spiritual and Celtic-Christian heritage here. The Church is located between the Hotel sector and the commercial heart of Killarney. Many tourists discover it and pop in to look. Revd Simon J Lumby, Rector of St Mary's Church, Killarney said, "it makes this Church ideally suited to present this story to them." The project is ecumenical - that history predates the Reformation - so the Roman Catholic Church is a key partner. The early Celts recognised the deep connection between nature and the spiritual. This theme links it to the Christian sense of the presence of the divine. The Revd

said, "no-one had focussed on the town's name, we're taking up that challenge ... this makes a deep connection between Church and Town." Revd Simon came to Killarney from the Peak District National Park where he ran a project for the Churches and the Tourism Sector to engage with tourists. He brings this experience to Killarney. He said, "we want to interest them in the spiritual history of this place and people", he added, "we want to reach into their hearts from our hearts". Being a tourist is not just about knowledge and enjoyment, it's also about inspiration and wonder. The Celts thought of the river of the soul that "flows between heart and mind". The tourist experiences the same. When they look at the view from Aghadoe, hear our music, and enjoy our welcome, they feel it too. This project will benefit the wider community of Killarney. There will be economic value. There will also be a renewed sense of integration. It is hoped to extend the project to other Churches and use them as links in pilgrimage and spiritual trails across the West of Ireland and into the midlands. Killarney is home to Innisfallen and the great monastery on Loch Léin (Lake of Learning). Also Muckross Abbey and the ancient spiritual centre at Aghadoe. The land was of great significance to the early

inhabitants. The Sloe berry comes from the Blackthorn tree. The tree was important to the ancient people. It has spiritual significance not just in pagan mythology but also in Christian tradition. Revd Simon said, "it's the ideal visual motif for connecting that old sense of the sacred with the tourists sense of awe and wonder" #lovekillarney #churchofthesloes



ACKNOWLEDGEMENT & 1ST ANNIVERSARY

In Loving Memory of



**CON
O'MAHONY**

**Who died on the 28th of
July 2014**

The family of the late Con O'Mahony thank you most sincerely for your kind expression of sympathy on their bereavement. We are grateful to all those who helped to look after Con in his last years, especially Doctor Eamonn Shanahan and his team of Nurses, Home carers and our kind neighbours and friends who called to see him.

We thank Father Gerard O'Leary who attended him and to Fr Pat O'Donnell and Fr Patrick Courtney for the lovely Funeral Mass.

As it would be impossible to thank everyone individually, please accept this acknowledgment in appreciation and gratitude. The Holy Sacrifice of the Mass will be offered for your intentions.

**To a beautiful life
Comes a happy end
He died as he lived
Everyone's friend.**

**Anniversary Mass on the 25 July at 6pm
in Listry Church.**

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.

x

4TH ANNIVERSARY

In Loving Memory of



**JOE
WHITE**

Tubber, Rathmore.

Today is your fourth anniversary,
And I ask the Lord above,
To tell you how much I miss you,
And give you all my love,
Time may hide the sadness,
Like a smile can hide a tear,
But memories last forever,
Of a Dad I loved so dear.

**Sadly missed and loved
by BeBe.**



2ND ANNIVERSARY



In Loving Memory of

PAT LYNCH

Knockasartnett, Aghadoe, Killarney.

**Who died on 27th July 2013
RIP**

*In Gods care you rest above
In our hearts you rest with love
Never more than a thought away
Loved and remembered everyday.*



**Sadly missed by your loving
wife Mary and family.**

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted. **C.W.**

THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately.
Favour granted after 3 days.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle. Pray, whether you believe or not.

Publish on the 9th day.

"May the Sacred Heart of Jesus be praised, adored, glorified and loved today and always. Your request will be granted no matter how impossible it may seem.

Publication must be promised.

NOVENA TO THE SACRED HEART

You have said O'Divine

Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

OUR LADY OF MOUNT CARMEL

Oh, most beautiful flower of Mount Carmel, fruitful vine, splendour of Heaven. Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in my necessity (Mention your request here). There are none that can withstand your power. Oh, Mary conceived without sin, pray for us who have recourse of thee (3 times). Holy Mary, I place this prayer in your hands (3 times) Amen
This prayer is never known to fail and is to be said for 3 consecutive days. Publication on granting of the favour must be promised and done. **MNKC**

PRAYER TO ST. ANTHONY

Oh gentle and loving St. Anthony in whose arms the infant Jesus love to linger, one word from you and my prayer will be answered oh speak that word and the gratitude of my heart will be yours.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.
Amen.

Say this prayer for three days.

Publication of prayer and favour will be granted. **M.A.**

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately. x

NOTICE

PRAYER GROUP MEETING

**Full Gospel Business mans at
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Friday 31st July at 8.30pm.
Speaker Joe Dalton.**

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