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# KILLARNEY Outlook

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12:10  
2:10  
4:15

110 mins



**DEEPWATER HORIZON**

**THURS**

115 mins

9:00



**BRIDGET JONES'S BABY**

**7 DAYS SAT/SUN**

6:20 4:15

135 mins

**also showing**

**THE INFILTRATOR** 135m **7 DAYS** 6:15 8:45

**BAD MOMS** 110m **FRI-WED** 6:40

**THE YOUNG OFFENDERS** 95m **7 DAYS** 6:50 9:05 **SAT/SUN** 4:05

**BLAIR WITCH** 100m **FRI-WED** 9:00 **THURS** 6:40

**SUICIDE SQUAD** 130m **SAT/SUN** 4:20

**PETE'S DRAGON** 110m **SAT/SUN** 12:10 2:10

**FINDING DORY** 105m **SAT/SUN** 12:10 2:10 4:15

**GHOSTBUSTERS** 130m **SAT/SUN** 2:05

**BFG** 120m **SAT/SUN** 2:10

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Autumn has crept up on us this week as Met Eireann release the winter storm names. Killarney Gardai will be swapping the beat on the street for a spot of coffee and tea making on Tuesday next as they host a fundraiser, Killarney Golf & Fishing honour their international stars and the Kerry Minor Heroes return home with the Tom Markham Cup. There are plenty of pictures from Culture Night 2016, Killarney Girl Guides and Killarney Camera Club are looking for new members and a Milltown Project has been shortlisted for an award. The Fossa Fashion Show is coming up and the Liquid Lounge in the Grand Hotel played host to a Bridget Jones Night. All this and so much more in this week's Killarney Outlook.

*Aisling Crosbie,  
Editor.*

## COFFEE FOR CEE JAY AS KILLARNEY GARDAI HOST FUNDRAISER

Gardai in Killarney will be on tea and coffee duty on Tuesday morning next to raise funds for the newest member of An Garda Síochána. The kind hearted members of the force will host a coffee morning in the Window Bar in the Killarney Plaza Hotel on Tuesday the 27th of September 2016 from 10.30am to 11.30am for 4 year old Ceejay Mc Ardle who was diagnosed with leukaemia 2 years ago and has been undergoing treatment for cancer in St John's Ward in Crumlin Children's hospital for the last two years.

"We can only imagine how traumatic such treatment is on such a little man. Ceejay always had a huge interest in the Gardaí and police work and would always say he wanted to be a garda when he grows up. In light of the treatment he was undergoing Ceejays parents reached out to the Gardai and police forces around the world to send Ceejay get well soon messages in an effort to cheer him up", Sgt. Dermot J. O'Connell told the Killarney Outlook. Needless to say messages of support soon started to flood in from police forces all over the world, offering their personalised messages to Ceejay, referring to him as their colleague and wishing him all their best wishes. Ceejay started to become a little celebrity mascot for police forces all over the world.

An Garda Síochána also took Ceejay under their wing. Ceejay now has his own official Garda uniform, custom made to fit him and earlier this year he "graduated" from the Garda college



PICTURED AT THE KILLARNEY PLAZA HOTEL FOR THE LAUNCH OF THE GARDA COFFEE MORNING WHICH WILL TAKE PLACE ON 27TH SEPT AT 10.30AM IN THE HOTEL'S WINDOW BAR WERE L-R GILLIAN MAC EOIN, SGT. DERMOT O'CONNELL & SUPERINTENDENT FLOR MURPHY. PICTURE MARIE CARROLL-O'SULLIVAN

in Templemore, being made an honorary member of the force by Commissioner Noirin O Sullivan who was also in attendance. He has been known to be seen accompanying other members of the Gardaí doing traffic stops, issuing tickets and even assisting in arrests. (All set up especially for Ceejay, no members of the public are being prosecuted!!)

This coffee morning is being organised by many other stations across the country at the same date and time. Listowel and Tralee Garda Stations are also hosting a similar coffee morning in their districts. All funds raised by

these coffee mornings will go towards sending Ceejay Mc Ardle and his parents to New York so that he can march in the St Patricks day parade with his Garda and NYPD colleagues.

"We would like to extend an invitation to everyone in Killarney to come along to the Window Bar in the Killarney Plaza hotel (upstairs) and join us for a cup of coffee/tea and some scones/cakes, all of which have been kindly donated from local businesses in Killarney. All funds generated from this coffee morning will go direct to the Ceejay St Patricks day fund", Sgt. Dermot J. O'Connell added.



## HOME ARE THE HEROES



MEMBERS OF THE KERRY MINOR FOOTBALL TEAM WHO WON THE TOMMY MARKHAM CUP ON SUNDAY VISITING DR. CROKES GAA CLUB ON WEDNESDAY NIGHT. FROM LEFT: DAVID NAUGHTON, DAVID SHAW, MICHAEL POTTS, DAVID CLIFFORD, NIAL O'DONOGHUE, BILLY COURTNEY, DARAGH MOYNIHAN, CHRIS O'DONOGHUE



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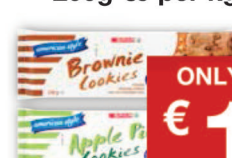
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# KILLARNEY GOLF CLUB HONOURS ITS INTERNATIONAL STARS

Killarney Golf & Fishing Club honoured their esteemed club members Mary Sheehy, Mairead Martin and Valerie Clancy, and their achievements on the International stage, at a presentation which took place at the club on Wednesday, September 21st. There was a great turnout from members of the Ladies Club who wished to celebrate the remarkable achievements of these members along with their family and friends.

Mary Sheehy, who is also a member of Tralee Golf Club, competed on the Irish Team at the European Senior Ladies Championship which took place at Sierra Golf Club in Poland earlier this month. The team were crowned European Champions and Mary was instrumental in helping secure an overall win for the team, when she won the tie match on the 21st hole. Mary holed a superb 50ft putt in a nail biting finish for a 3.2 victory against Belgium. Mary has again been selected for the Irish Seniors Team, when then compete in the Senior Women's Home Internationals. This event will

be played at Alyth Golf Club, Tayside, Scotland from September 27th - 29th.

Mairead Martin and Valerie Clancy were on the Irish Girls Team that achieved an historic win at the Home International Teams Tournament

in Wales at the beginning of August. This is the first time that an Irish Team has won this prestigious trophy and both Valerie and Mairead played an instrumental part in the victory.



HONoured BY THEIR CLUB: L-R MARY SHEEHY (SENIOR INTERNATIONAL), VALERIE CLANCY, LADY CAPTAIN MARY O'ROURKE & MAIREAD MARTIN. PICTURE MARIE CARROLL-O'SULLIVAN

## BRIDGET JONES BASH RAISES FUNDS FOR AMY

The Grand Hotel played host to a fundraiser for Amy O'Connor, the young Killarney girl who is currently battling cancer.

The main bar hosted a lively live Trad session with Brian O'Leary and guests whilst upstairs in The Liquid Lounge Cocktail/Wine Piano Bar, Killarney Musicial Society performed with resident pianist Jack Healy. The live band in the front bar were followed by Party DJ Pat while NightClub DJ Derek also entertained the crowds. The theme of the night was the 'Bridget Jones Bash' and all door proceeds were in aid of the Amy O'Connor fund and The Irish Cancer Society.



RESIDENT PIANIST JACK HEALY PERFORMING IN THE LIQUID LOUNGE IN THE KILLARNEY GRAND ON FRIDAY NIGHT. ALL PROCEEDS WERE IN AID OF AMY O'CONNOR FUND & IRISH CANCER SOCIETY. PICTURE: EAMONN KEOGH



PADDIE KEOGH, MARIE O'SULLIVAN SLATTERY, PHIL SPILLANE AND HARRIET MCGUIGAN AT THE 'BRIDGET JONES BASH' IN THE KILLARNEY GRAND ON FRIDAY NIGHT. ALL PROCEEDS WERE IN AID OF AMY O'CONNOR FUND & IRISH CANCER SOCIETY. PICTURE: EAMONN KEOGH



SIOBHAN O'LEARY BOWLER, DENISE COUNIHAN MOYNIHAN, CATHERINE DILLON AND CARMEL WALSH AT THE 'BRIDGET JONES BASH' IN THE KILLARNEY GRAND ON FRIDAY NIGHT. ALL PROCEEDS WERE IN AID OF AMY O'CONNOR FUND & IRISH CANCER SOCIETY. PICTURE: EAMONN KEOGH





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## BE PREPARED.... GIRL GUIDES ON THE LOOK OUT FOR MEMBERS AND LEADERS



Killarney Girl Guides are looking for both leaders and members at the moment. If you've never been involved in Guiding – or maybe you were but have lost touch over the years – there's never been a better time to get involved!

The Irish Girl Guides is a uniquely girl-only, youth-driven, active and dynamic organisation. "We have a strong emphasis on the outdoors, environment, community responsibility and teamwork. The girls' self-esteem and leadership skills are developed as they progress through Guiding. The Irish Girl Guides actively promotes diversity and inclusion and welcomes girls and

young women from all walks of life" Susan Graham, South Kerry Area Commissioner told the Killarney Outlook.

Ladybirds are aged 5-7 years are encouraged to share, help others, learn about teamwork, enjoy nature and discover the world around them.

Brownies are aged 7-10 years. Brownies continue their guiding journey through fun, whilst learning to help others, enjoying the outdoors and playing games, doing crafts and working towards awards and badges.

Guides are aged 10-14 years and not only enjoy active weekly meetings, but also have the challenge of surviving in the outdoors. There are heaps of opportunities to earn badges for themselves and activities can range from camping & water sports to cool crafts and cooking.

Senior Branch are aged 14-30, you have a new opportunity to work on your journey in IGG.

You have the opportunity to travel – open up to a world of possibilities and help make the most of them in fun and exciting ways.

From the age of 18 onwards, you can be a Leader with Irish Girl Guides.....There's something for everyone!!!

"In an all-female organisation, the girls are free to progress and express themselves in a comfortable setting. They enjoy the activities as they can 'Just be Girls' without any pressure and learn to be themselves in a safe environment while learning the skills that will one day help them to be responsible citizens and adults" Elaine O'Sullivan, Killarney District Commissioner told the Killarney Outlook.

To find out about becoming involved as a volunteer Contact Elaine O'Sullivan on elaineosull017@gmail.com



GIRL GUIDES, BROWNIES, LADY BIRDS AND LEADERS PICTURED ON INNISFALLEN ISLAND THIS YEAR.



GIRL GUIDES, BROWNIES AND LEADERS AT THE ANNUAL TRIP TO THE PANTO IN UL.

## MILLTOWN PROJECT SHORTLISTED FOR AWARD

An inspirational Kerry project has been short-listed for a share of funding from Bright Ideas, KBC Bank Ireland's €100,000 community support initiative.

For the first time this year, KBC's Bright Ideas also features a dedicated award for the most innovative environmentally friendly initiative, and the project shortlisted for the Special Green Award is the Grow Ourselves food project in Milltown, Co. Kerry.

The overall winner of this award is set to receive €2,500 funding, to be decided by a KBC judging panel. The Grow Ourselves project will make use of neglected spaces in Milltown to grow food, beautify abandoned spaces and grow fresh produce. The project will promote community interaction and knowledge sharing in the community through the preparation of a site for spring planting and installing a poly tunnel to allow winter growing.

There was also good news for another project from Kerry, which caught the attention of the judges for its creativity and passion and has been shortlisted to go forward to the National Final –National Learning Network Tralee's Outdoor Gym project at the NLN Centre, Clash Industrial Estate in Tralee.

National Learning Network's Outdoor Gym pro-



ject at the NLN Centre, Clash Industrial Estate in Tralee received €4,200 in funding. The outdoor gym will help people with physical, intellectual, sensory and mental health difficulties to get active and energised. By having access to an outdoor space for exercise and socialising, the learners will benefit from exercise and relaxation to relieve stress and anxiety, thereby promoting positive mental health, improving attention and learning outcomes. The funding will go towards the purchase of outdoor gym equipment with seating and paved areas for relaxation.



Bright Ideas is part of KBC's Brighter Futures programme which encompasses all KBC's activities which touch communities and organisations across Ireland, ensuring KBC helps customers, staff and communities share in a brighter future. KBC's Brighter Futures programme supports a range of charity youth, education and community projects in Ireland. KBC's partners include The Jack & Jill Children's Foundation, Junior Achievement Ireland, Fighting Words and Enactus Ireland.



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## FISH TRAIL ANGLING PROJECT LAUNCHED IN KERRY



BILLY DOWNES SECRETARY LAUNE ANGLERS, BILLY COTTER LAUNE ANGLERS, SEAN KELLY MEP, NOEL SPILLANE CEO SOUTH KERRY DEVELOPMENT PARTNERSHIP, CHRISTINE MEEHAN ITT STUDENT ON PLACEMENT WITH IFI INLAND FISHERIES IRELAND, SEAN LONG DIRECTOR IFI INLAND FISHERIES IRELAND STH WESTERN FISHERIES DISTRICT, SEAN DE BUITLEAR SKDP, MICHAEL HENNESSY INSPECTOR IFI KERRY AND ROD ROBERTSON WATERVILLE LAKE AND RIVER TRUST LAUNCHING THE FISHING TRAILS ANGLING PROJECT AT BEAUFORT BRIDGE, BEAUFORT ON FRIDAY.

A new EU funded project "Fish Trail", aimed at promoting and developing angling tourism in Kerry, was launched by Munster MEP Seán Kelly this week. The project has been secured for the county by South Kerry Development Partnership Ltd. (SKDP) and has project partners based in Slovenia, Denmark, Portugal and the UK. It is funded under the COSME funding stream and will run through 2017. It is supported in Kerry by Kerry County Council and Inland Fisheries Ireland as will involve working with all the key angling groups in the county. The project will also be supported by

the Film and TV Production course under Brian Nolan which is run through the Kerry ETB.

SKDP Project Manager Seán de Buitléar said the key aim of the project is to encourage anglers from the partner areas and beyond to visit Kerry for a fishing holiday. "We will develop a series "know how" videos for prospective anglers to provide them with key knowledge they need to enjoy the many different angling experiences they can find in Kerry" Seán said. "Our key goal is to ensure a potential visiting angler knows that there is always somewhere they can go fishing in Kerry, regardless of the conditions"

he added. "We will undertake a number of marketing and angling development initiatives including a fishing festival in conjunction with all Kerry partners, linking with our partner regions over the course of the project" Seán told the Killarney Outlook.

CEO Noel Spillane said that SKDP were delighted to secure another EU funded project for the county. "SKDP has a strong track record in applying for and securing EU funded projects that have brought many positive benefits to the region over the last number of years and I am sure this project will help develop the potential of angling tourism that exists in Kerry" Noel said.

MEP Seán Kelly said he was delighted to support the Fish Trail project and congratulated SKDP on securing the funding of just over €40,000. "There are significant funding opportunities available through Europe for development projects in Kerry and beyond and SKDP have been very pro-active in securing such funding and in developing links with similar organisations across Europe which I greatly welcome" Seán said. He added that projects such as Fish Trail have the potential to make a significant contribution to the economic development in Kerry through developing opportunities that exist in areas such as angling tourism.

IFI Director Seán Long welcomed the project for Kerry and said that they are delighted to be involved with such an initiative to promote and develop angling in Kerry.

KCC Tourism Officer John Griffin said that activities such as angling tourism have the potential for significant growth in Kerry and they would be working with SKDP to help maximise the benefits of the Fish Trail project for the county.

## FASHIONISTAS FLOCK TO FOSSA

The stylish ladies of Killarney and surrounding areas will descend on the Hotel Europe for the 27th annual Fossa Fashion Extravaganza on Wednesday October 12th.

Featuring fashion from high class boutiques including The Pillbox, Wardrobe, Fashion World, JOI Boutique, Ela Maria, Newcastlewest/ Tralee, Jasmine, Scarlett, New Look and Quills, the show is set to begin at 8pm with a cheese and wine reception beginning at 7.30p.m. Tickets for the show are on sale at €15 and there will be a prize for the Best Dressed Lady sponsored by Keanes Jewellers, Killarney.



STUNNING STYLE FROM KERRY'S BOUTIQUE & MAC BEE'S KILLARNEY, GLAMOROUSLY MODELLED AT LAST YEAR'S FOSSA FASHION SHOW AT THE EUROPE HOTEL. L-R PREMA BHUIYAN, CAITRIONA DENNEHY, AGNE KREMENSKIENE, MARY BROSNAN, UNA MCGREGOR, AOIFE O'CARROLL, ELAINE O'NEILL & JENNIFER LENIHAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808







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Time: 10.00-13.00

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- 2) The PPSN of the Child - Letter from Social Welfare/PPS card.
- 3) Photo ID and Proof of Address for Parent / Guardian  
(passport/drivers licence) & current utility bill/bank statement.

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Starting Wednesday October 5th

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**8.30pm - 10pm**

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## CULTURE TO THE FORE IN KILLARNEY

Almost fifty free events across the county took place to celebrate this year's Culture Night, funded by Kerry County Council and The Department of Arts, Heritage and the Gaeltacht.

Thousands of people attended across Kerry including Tralee, Brosna, Killarney, Kenmare, Killorglin, Kilcummin, Scartaglin, Listowel, Lixnaw, Kilflynn, Ballybunion, Caherciveen, Annascaul, Ballinskelligs, Fossa, Castleisland, Dingle, Waterville, and Tureencahill.

The county lit up with music, song, dance, art, poetry, circus and theatre with hundreds of people participating and enjoying all that Kerry has to offer.

In Killarney the Kerry Visual Artists Showcase was launched at the Department of Arts building in New Road – this exhibition will be open to the public for another month. Dé Dannan at Muckross School House and the Scotia Ensemble at St. Mary's Church were just two of the well attended treats for music lovers while the newly opened Killarney House and Gardens was the venue for an open air screening courtesy of Kerry Film Festival. There was a full house for theatre at the Gleneagle with Donal Courtney, drumming and storytelling at KDYS with Afro-Trad and Máire Holmes introduced her project aims for the writer in residence programme at the library. Killarney's Ghost Bus headed out to Muckross Abbey with a full coach for a tour with Gabriel Fitzmaurice of the graves of the Gaelic poets.

The last event of the evening was a packed house for the céilí at Fossa where the Uí Bhriain Céilí Band played till late and Culture Night wrapped up for another year. But culture goes on and Kerry artists, venues and organisations will continue to contribute to life in the county all year round.



FUN AT THE GROUNDS OF THE COURTHOUSE FOR FIONN O'DONOGHUE SHEEHAN, PICTURED ON CEOMHALTAS NIGHT AS PART OF KILLARNEY CULTURAL EVENING WITH HIS DANCING FRIENDS FROM CLUB RINCE NI MHHANGÁIN. PICTURES MARIE CARROLL-O'SULLIVAN



THE TALENTED MUSICIANS WHO KEPT THE CROWDS HIGHLY ENTERTAINED AT THE GROUNDS OF THE COURTHOUSE FOR KILLARNEY CULTURAL EVENING ON FRIDAY L-R TOM BARRETT, DEAN GRIFFIN, CIAN O'SULLIVAN, STEVEN O'LEARY & TONY McMAHON.



ELLEN, ANN & MARK O'LEARY ALL CUDDLED UP AT KILLARNEY HOUSE FOR THE OUTDOOR CINEMA AS PART OF CULTURAL EVENING.



THE MYERS FAMILY ALL KITTED OUT, AWAITING THE SUN TO SET AND THE MOON TO RISE AT KILLARNEY HOUSE, FOR THE OUTDOOR CINEMA AS PART OF KILLARNEY CULTURAL NIGHT. L-R DAVID, MARIE, THOMAS & AMY.



LOCAL ARTIST DIARMUID O'SULLIVAN (CENTRE) PICTURED AT THE ARTS EXHIBITION AT THE DEPT OF ARTS/HERITAGE, NEW ROAD L-R ANDY O'SULLIVAN, KATHLEEN O'SULLIVAN, DIARMUID O'SULLIVAN, CATHAOLIRLEACH MICHAEL O'SHEA, KATE KENNELLY ARTS OFFICER & CLLR MICHAEL GLEESON.

## CLLR NIAL KELLEHER TO SLEEP OUT IN CORK GAOL FOR FOCUS IRELAND



On 21st October Cllr. Niall Kelleher will be sleeping out on the grounds of Cork City Gaol to shine a light on the issue of homelessness in Ireland today.

"I am joining others to raise funds to support the vital work of Focus Ireland and their aim to end homelessness in Ireland", he told the Killarney Outlook. Family homelessness has reached historic proportions in Ireland with

more than 2100 children living in emergency homeless accommodation in Ireland often unable to get to school, rarely getting a home cooked meal and sinking into darkness.

"I don't want to accept this as today's landscape in Ireland so I'm joining my peers to make a difference", he added.

"As a member of a local authority dealing with housing applicants that struggle to find homes to rent due to our rent caps and the lack of property to rent, people are couch surfing with the help of family and friend this is something

that nobody should find themselves in this position. I hope to highlight this issue while at the same time raising much needed funds for a charity that deals with major problem", Cllr. Kelleher said. You can sponsor Cllr. Niall Kelleher at <https://www.justgiving.com/Fundraising/niall-kelleher>







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in the INEC

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**€95<sup>pps</sup>**  
Join the Party & 1 night B&B



**The Kaye Twins**  
**17th December**  
in the Ballroom

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Unit E2, Eastway Business Park, Ballysimon Road, Limerick. T: **061 440 855** ● E: [limerick@leanes.com](mailto:limerick@leanes.com)

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## AT THE HEART OF YOUR HOME



## KERRY AMATEUR RADIO GROUP GO TRANSATLANTIC FOR HISTORIC LINKUP

In commemoration of the 150th anniversary of the Transatlantic Cable from Valentia Island to Hearts Content, Newfoundland, the Kerry Amateur Radio group (KARG) established a HF (high frequency) linkup with the Radio Amateurs of Canada, operating with callsign VO1TAC, as part of their AGM on Saturday 10th Sept. The Radio Amateurs of Canada AGM was being held in conjunction with the Hearts Content cable station 150th anniversary Hamfest. The Hearts Content cable station is the site of the first permanent transatlantic cable coming ashore from Europe in 1866.

Cyrus Field IV, an ancestor to the famous Cyrus West Field, was in attendance at the AGM, and was part of the transatlantic cable radio link-up between Hearts Content and Valentia Island. Cyrus West Field was the person responsible for the success of the transatlantic cable in 1866.

This historic event by KARG was a resounding success, with several two-way contacts made with VO1TAC Hearts Content cable station. Many other two-way contacts were also made during the event stretching from Indonesia to west coast USA. KARG also contacted a visiting US radio amateur John, all the way from California, operating from his car on Inch beach just across the water from Valentia, on the Dingle peninsula.

KARG would like to extend thanks to the Valentia Island Development Group for allowing the use of the cable station for this event, and look forward to making the anniversary of the transatlantic cable an annual event. Kerry also had two other cable stations, which came after



KARG MEMBERS AT VALENTIA ISLAND CABLE STATION.TIF

the Valentia station, one in Waterville and one in Ballinskelligs, which makes this region very significant in communication history. Many people may be unaware that the very first East-to-West voice communication across the Atlantic was made from the Marconi station in Ballybunion in March 1919 to Cape Breton, Nova Scotia.

KARG will also be running an event in 2017 to celebrate and promote the Wild Atlantic Way (WAW), in conjunction with the other eight counties along the west coast. This event will result in approximately 30,000 two way contacts throughout the year with people around the world. To confirm each contact, a QSL card will be sent showing an iconic photo

of Skellig rock, with information.

KARG would like to hear from anyone interested in joining the group. KARG are one of the most active Amateur Radio Groups in the country, and have several established events throughout the year, that promote Kerry to a worldwide audience. Current membership stretched to all parts of the county. No experience is required, just a keen interest, as KARG will help you every step of the way, to enjoy this hobby.

Visitors are very welcome to our events and meetings, and can contact us via our website [www.kerryamateurradiogroup.com](http://www.kerryamateurradiogroup.com), or via our facebook page.

## HISTORY REPEATS ITSELF AT FLEMING'S FARM



LIAM AND JIMMY FLEMING WITH JAMIE MANNIX AT FLEMING'S FARM IN FOSSA

It was a case of history repeating itself on Saturday last at Fleming's Farm in Fossa when the same three men Brothers Liam and Jimmy Fleming along with Jamie Mannix harvested a field on the same Dany Trailer Combine driven by the same Fordson Major Tractor that they used 50 years ago. Picture courtesy of Liam Courtney

## KILLARNEY MUNICIPAL DISTRICT MEETING

At the recent meeting, Cllr. Brendan Cronin had the following questions:

**Have Kerry County Council made provision for the construction of a footpath from the N22 junction at Cleeny to the new housing development on the Madam Hill.**

Reply. There is a 2 wide footpath proposed to connect the existing footpath on the N22 to the new development, which is currently being constructed at Cleeny. This footpath is to run parallel to the L2019, Madam Hill roadway up to the Aghadoe Road Junction.

**Can a permanent disabled parking space be provided adjacent to the Cultural Centre on East Avenue Road.**

Reply: Following consultation with the Killarney Access Group, it is intended to provide one disabled parking space adjacent to the Cultural Centre. Works will commence this week.

**When will work begin on the new extension to Old Kilcummin Cemetery.**

Reply: The extension to Old Kilcummin Burial Ground will commence before the end of 2016.

**At the recent Killarney Municipal area meeting Councillor Michael Gleeson asked that the Council in consultation with relevant organisations would actively pursue the development of Fishing Stands along the banks of the River Flesk.**

The Council replied that it has recently concluded the purchase of lands adjacent to the River Flesk and that it will actively progress this project over the coming months.

Councillor Gleeson welcomed the positive response and said that he hoped that the development[s] when completed would enrich the lives of many people."

## MILLTOWN COMMEMORATE 1916

The Milltown 1916 Commemoration Day Committee are organising an event to honour local heroes past and present this Sunday, September 25th at 12 noon.

The event will begin with a pipe band leading a parade of service men and women and school children from the local schools throughout

Milltown to the small square where there will be a flag raising ceremony.

This will be followed by an extensive display of guns, police uniforms and paraphernalia of 1916 in the old hall in Milltown.

This will be the last local event to honour and mark the 100th anniversary of the 1916 rising.



# Joe Burkett Theatre Company STAGE SCHOOL

*I would like to take this opportunity to welcome all new and returning students to our rebranded stage school.*

Classes in dancing, singing and acting take place weekly in both Kilcummin and Killarney.

## THURSDAY

(6.30 – 8.30: Killcummin GAA Hall)

## FRIDAY

(6.30 – 8.30: St Oliver's National School, Ballycasheen)

For further details please contact

**Joe on 086 3696695**

Follow us on Facebook – JoeBurkettTheatreCompany 



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[www.castleislandcommunitycentre.com](http://www.castleislandcommunitycentre.com)



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## CHRISTMAS Party Nights

Friday 2<sup>nd</sup> & 9<sup>th</sup> December

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- Spot Prizes throughout the evening
- Live Entertainment (2<sup>nd</sup> Katsquire, 9<sup>th</sup> Jason Fallon)
- Dance late into the night with our DJ

**€45** per person

## CHRISTMAS Supper Club Party

Saturday 17<sup>th</sup> December

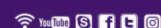
- Brehon Signature Cocktail on arrival
- Help Yourself Fork Buffet  
(Main Course & Dessert Buffet with T/C)
- Spot Prizes throughout the evening
- Live Band
- Dance late into the night with our DJ

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## SNAP HAPPY... CAMERA CLUB HOSTS OPEN NIGHT

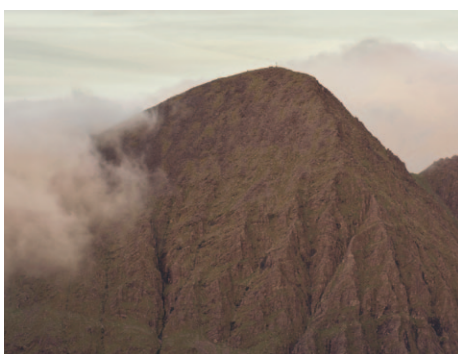
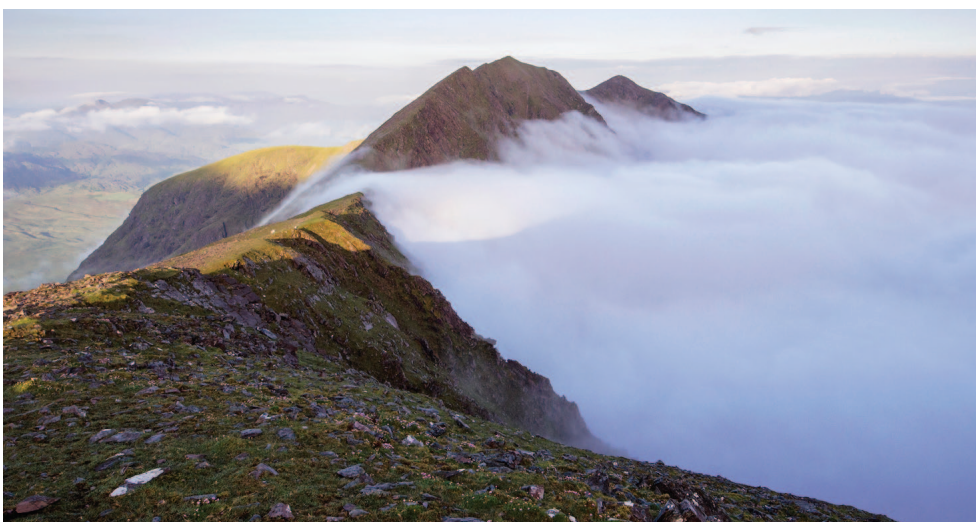
Amateur photographers involved in the progressive Killarney Camera Club have issued an open invitation to attend their open night on Thursday 29th September at 7.30pm in the Heights Hotel, Killarney as it begins its new club year.

Killarney Camera Club is a welcoming group of camera lovers. Nearly all are amateur. Some are quite new to photography and others have many years of experience.

"Whatever our standard, we all want to be better at photography and being in the Club helps us to do that while having a lot of fun", Club PRO Billy Horan told the Killarney Outlook. You might use your camera to record events or to capture breath-taking scenes or to explore your own creative talent. Whatever your interest, if you want to do it better, come and join us. We all learn from each other.

The Club has a wide range of activities, inside and out along with have regular outings to places of beauty, to places of historic or architectural interest, to nature spots or simply to the streets. "We have teamed up with other camera clubs on weekend trips. We regularly cover some of Kerry's major events, including the Ring of Kerry Charity Cycle. Last year we also had an exhibition where Killarney Public Library showcased some of our best photographs", Billy added

On every second Thursday from September to June, the club meet in the Killarney Heights Hotel. Here they have presentations by various successful photographers, displays of work by our own members, demonstrations on how to use camera equipment and computer software including workshop sessions of indoor photography. Some of these nights are used



for competitions where club members have a chance to see the best work of other members and to get a critique of our own work from more experienced members.

If you have a camera and enjoy taking photographs, you can be involved as well. Come to Killarney Camera Club at its open night

in the Heights Hotel, Killarney on Thursday 29th September and meet other people who share your interest. You will be most welcome.

Follow us on Facebook for regular updates or contact our secretary Christopher on (089) 423 7574

## KERRY GRADUATES COMMENCE PRESTIGIOUS ESB THREE-YEAR DEVELOPMENT PROGRAMME

Kerry graduates Peter Murphy (Rathmore), Sinclair Dowey (Tralee), Orla Griffin (Caherslee) and Barry Bambury (Dingle) have commenced a three-year ESB Graduate Development programme this week (photo attached).

They form part of a cohort of 76 graduates from Irish third level institutions, spanning fields of engineering, IT, HR, marketing, trading and finance.

The Graduate Development Programme is a tailored three year programme which will see these graduates develop both professionally and personally. It forms part of an ambitious drive by ESB to recruit the brightest talent from third level institutions.

Graduate recruitment for 2017 is now open. Apply online now at: [www.esb.ie/careers/graduateprogramme2017](http://www.esb.ie/careers/graduateprogramme2017)

This year's graduates will be placed across five business units – ESB International, ESB Networks, Generation and Wholesale Markets, Business Services Centre and Electric Ireland – in the coming years.

The graduates hail from a cross section of Ireland's universities and Institutes of Technology.



KERRY GRADUATES PICTURED AT THEIR ESB INDUCTION THIS WEEK IN THE NATIONAL CONCERT HALL: (L TO R): PETER MURPHY (RATHMORE), SINCLAIR DOWEY (TRALEE), MANAGING DIRECTOR OF ESB NETWORKS (AND TRALEE NATIVE) MARGUERITE SAYERS; MINISTER DENIS NAUGHTEN TD; ESB CEO PAT O'DOHERTY; ORLA GRIFFIN (CAHERSLEE) AND BARRY BAMBURY (DINGLE)





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## AHERNS PHARMACY ECZEMA AWARENESS MONTH



October is Eczema Awareness Month in Aherns Pharmacy, Farranfore.

Pharmacist Dan Ahern explains a bit more:

"Eczema is one of the most common skin conditions affecting people of all ages in Ireland, especially in children. Eczema often has a significant impact on daily life and may be difficult to cope with physically and mentally. There is also an increased risk of skin infections. There is currently no cure for eczema, but treatment can help relieve the symptoms and many cases improve over time. A personal self-care routine using an effective emollient product (moisturiser) is essential in any eczema treatment plan."

La Roche-Posay's LIPIKAR range is one the most effective ranges available for dry, eczema-prone skin. Lipikar Baume AP+ is clinically proven to soothe and hydrate dry, irritated skin while helping to reduce the frequency of flare ups.

During October, Aherns Pharmacy has a fantastic offer with 33% off the Lipikar Range. Aherns own Skincare Specialist Maura Conroy

tells us a bit more about the benefits of using the Lipikar range for eczema and what else Aherns Pharmacy are offering during Eczema Awareness Month:

"The Lipikar range is suitable for babies from 3 months upwards, making it super convenient for busy moms on the go. Its once a day application will keep the skin hydrated for up to 48hrs and reduce irritation for up to 24hrs. It's quickly absorbed into the skin, contains no fragrances and has a non-greasy texture.

To help get your little ones more enthusiastic about putting on their moisturiser we have stickers to decorate their moisturiser bottles,

balloons, colouring sheets and a few other goodies. So why not call in-store to learn more about the Lipikar 3-step routine and top tips for managing eczema"

*Offer available while stocks last.*

**To learn more about eczema and its management call in store or visit [www.ahernspharmacy.com](http://www.ahernspharmacy.com)**

*Advertorial*



## PREMIER REBRAND FOR LOCAL STAGE SCHOOL

The Premier Performing Arts Academy has been rebranded and will now be known as the Joe Burkett Theatre Company – stage school. Registration and enrolment for the stage school year was held last week in Ardfer, Abbeydorney, Ballyheigue, Kilcummin and Killarney. Don't panic there are still places available for your child to join one of Kerry's leading stage schools.

The first production from the Joe Burkett Theatre Company will be Christmas Carol Concert entitled "The Magic of Christmas" which will be held in the acoustic club at The Gleneagle Hotel on Sunday 18th December. Save the date.

"We've got loads of exciting projects and productions planned for the year ahead. We've got a huge musical planned for our end of year showcase in the INEC next June.

New teachers at the school this year are Joanne O Connor as resident dance teacher. Joanne who has just concluded her two years study in dance in CSN and will cover Jazz, modern and much more.

Lillie Foley who is a local girl from Kilcummin will be leading the students in song. Lillie is a huge coup for the school. Having won many All Ireland Medal's for solo singing, she also made it through to the live shows in the Junior Euro-vision".

Joe will be directing all the productions that the school will stage as well as directing St John



PICTURED AT JOE BURKETT'S THEATRE COMPANY REGISTRATION EVENING AT ST OLIVER'S NATIONAL SCHOOL WERE L-R SAOIRSE O'SULLIVAN, JOE BURKETT, MIRIAM DENNEHY WITH HER DAUGHTER ISABELLA & SON SAM. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Of God's upcoming production of Singin' in the Rain, Causeway Comprehensive's musical version of Mamma Mia and Abbeydorney's fundraiser Battle of the Parish.

Stage school classes in singing, dancing and acting are held weekly in the GAA Hall in Kil-

cummin every Thursday from 6.30 to 8.30 and in St Oliver's N.S Ballycasheen every Friday from 6.30 to 8.30. While there is a registration fee, the classes are pay as you.



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### 7 The Orchard, Beaufort

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## WHAT A DIFFERENCE A YEAR MAKES



THERE WAS WIDESPREAD DISSAPPOINTMENT LAST MONDAY EVENING AS THERE WAS NO WELCOME HOME PLANNED FOR THE KERRY MINORS ON WHAT IS SEEN AS THE TRADITIONAL MONDAY EVENING WELCOME HOME. LAST YEAR OUR STAFF PHOTOGRAPHER JOE HANLEY WAS PART OF THE THOUSANDS THAT GATHERED IN DENNEY STREET, HE WAS THERE AGAIN LAST MONDAY. WHAT A DIFFERENCE A YEAR MAKES

What is seen as a tradition and an integral part of supporters chance to welcome back their footballing heroes failed to materialise last Monday evening.

Twenty four hours previous the Kerry minor team had won their third All Ireland minor title at this grade defeating a fancied Galway side in a game which despite the score line remained a battle until the closing stages.

The Kerry GAA released a statement via their website stating, "The victorious Kerry Minor Team return home this

evening. Their achievement of completing an historic 3 in a row of All Ireland titles for Kerry will be recognised by the County Committee during the County Senior Football Championship double bill in Fitzgerald Stadium on Sunday October 2nd." Despite this clarity of the situation it left many local fans fuming and airing their views at what was seen as a disappointment of a decision. The majority of them aimed at the county committee. Here is a sample of just some of them "This is plain wrong. The tradition of welcoming home Kerry hero's.



Win or lose. The G.A.A needs to remember. Kerry supporters pay for everything."

"I have gone to the home coming every time Kerry have reached an All Ireland Final win or lose I was quite annoyed with the out come of this evening""Not good enough shameful carry on" "The county board should hang their heads in shame what a way to treat one of the finest minor footballing sides ever to represent Kerry and a three in a row one at that"

On Monday Cllr Mike Kennelly whose late brother Tim won five Senior All Irelands medals as

well as captaining the 1979 side, called on the County Board of the GAA to explain its decision not to hold a homecoming event for the three in a row All -Ireland winning Kerry minor team.

On Tuesday a homecoming did go ahead as Kenmare GAA led the way with up to 5,000 people heading to Kenmare. Team captain Sean O Shea told the crowd "It was a night he would never forget" as he thanked his club Kenmare Shamrocks and the local clubs for turning out in numbers



KERRY MINORS WITH THEIR FAMILIES AT A RECEPTION IN DR. CROKES CLUBHOUSE ON WEDNESDAY NIGHT. LEFT TO RIGHT: DAVID SHAW, EILEEN SHAW, FRANK SHAW, SILE NAUGHTON, DAVID NAUGHTON, TERRY POTTS, MICHAEL POTTS, BILLY COURTNEY, JEAN COURTNEY, FRANK COURTNEY



KERRY MINORS AT DR. CROKES CLUBHOUSE ON WEDNESDAY NIGHT. LEFT TO RIGHT: DAVID NAUGHTON, DAVID SHAW, PETER KEANE, BILLY COURTNEY, MICHAEL POTTS

## CERTIFIED COURSES FOR EMPLOYMENT AT KILLARNEY COMMUNITY COLLEGE



Killarney Community College continues to lead the way in providing programmes that

are of benefit and appeal to those looking for recognised certified courses. These well established courses have been providing employment opportunities both locally and further afield. This autumn these evening courses will include Healthcare Support, Manual and Computerised Accounts, The Accounting Technicians Certificate and now the new Digital Marketing course. This particular course is perfect for those involved in managing and promoting clubs, societies and businesses through social media and websites and includes approaches to advertising, marketing

and optimising websites by keeping them up-to-date. All of the courses offer a practical and commonsense approaches to equip learners with the necessary skills to achieve certified qualifications and the potential for future employment locally, nationally and internationally. These courses are certified by the national authorities QQI (Fetac) and ATI. For further information on these great courses and many more visit our website [www.killarneycc.ie](http://www.killarneycc.ie) or call in and enrol at Killarney Community College.



## MONEY MATTERS....

By Dermot Cronin,  
**Financial Advisor**



### WHY SHOULD YOU REVIEW YOUR PENSION?

As you have probably seen or read in the news recently pensions are being discussed very often. This shows how important pensions are, so if you have a pension it is very important that that you review your pension regularly. You may not be contributing to this pension anymore but it still needs to be reviewed. You need to know what kind of pension you have and what funds your pension is invested in. Your pension could be invested in very high risk funds which means that the value of your pension could substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you what income you need at retirement. So whether you are currently contributing to a pension or have a pension that you had in the past it is very important that your pension is reviewed by an independent advisor.

To discuss this or any other financial matter you can contact **Dermot Cronin QFA APA (Pensions, Investments, Loans, Life Assurance) at 0646622775 or dermotcroninifa@gmail.com**

95 NEW STREET,  
KILLARNEY, CO. KERRY  
T: 064 6631892 F: 064-6634652  
M: 087 2668591 E: INFO@SFMCI.E  
WWW.SHERRYFITZ.IE & WWW.DAFT.IE

Sherry  
FitzGerald  
Coghlan

## NEW TO MARKET

'ST, MARGARET'S', NEW ROAD, KILLARNEY, CO. KERRY

Unique opportunity to purchase 'Town Centre' zoned site with existing detached residence and onsite car parking. Property located within walking distance of all town centre amenities. Property would have many uses including; ideal family/retirement home due to it's location; potential for office or professional use, subject to planning consent, due to it's onsite parking and closeness to High Street carpark.



Price Region: **€195,000** **BERG**  
(Under Offer)

## 1.06 ACRE SITE/LAND, INCHICULLANE, KILCUMMIN, KILLARNEY, CO. KERRY

1.06 acres of land at Inchicullane, Kilcummin, with road frontage to main Kilcummin road and access on to byroad, only 4.5kms/2.5miles from Killarney town centre. A sale will be considered subject to full planning permission to a local who fulfils the Rural Settlement Policy guidelines of the County Development Plan, i.e., somebody living and working in the Kilcummin area, with a housing need.



Price Region: **€60,000**

## PROPERTY OUTLOOK

## THROUGH THE KEYHOLE....

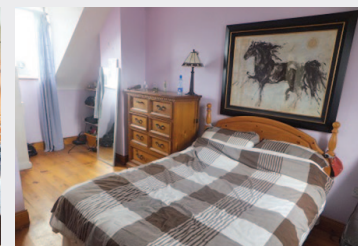
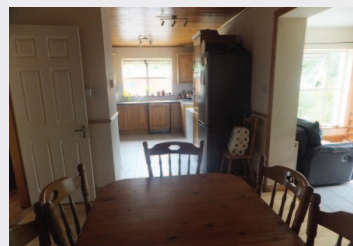
### A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



**Address:** KILLOUGHANE, BEAUFORT, KILLARNEY, CO. KERRY. Stunning property in a beautiful scenic setting with magnificent views of the Carruntuohill Mountains located just 2 miles from Beaufort Village and adjacent to Beaufort Golf Club. This gem of a property is the ideal family residence and is priced at terrific value for a quick sale. The property has been recently extended and refurbished and is in beautiful decorative order and the property is further enhanced by private paved barbeque area at the rear, Fish Pond and Landscaped Lawn with an array of mature shrubs and trees.

**Agent:** ● Hennigans Auctioneers ● 66 New St., Killarney ● Tel: **064 6634582 / 087 2354416** **www.daft.ie/hennigan**

**Guide Price: €235,000**



Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.



# Killarney

## TOWN TALK



CATHY & DENIS O'LEARY SHRONEDRAUGH HEADFORD KILLARNEY PICTURED AT BEAUFORT CHURCH FOR THE CHRISTENING OF THEIR TWINS, DAUGHTER SAORSE AND SON FIONN. PICTURE THE LITTLE MEMORY GALLERY

### ITS SHOWTIME....

Tonight's the night... Stetsons and Stilettos is finally here. The whole night will kick off at 7:30pm at the INEC with local musical artists entertaining along with line dancing, rodeo bull and John Wayne's own horse... This will be followed at 9:45pm (approx.) with the Ultimate Garth Brooks Experience or Friends in Low Places Band who will play for two hours.. and if that does not exhaust adults and children alike then... DJ Gavin will entertain till late!! A fantastic night's entertainment for little Amy O'Connor who is currently battling cancer.



PAT DOOLAN CHAIRMAN OF KERRY HOSPICE WITH CAROLINE PAPIN AND MAUREEN COUNRANE THE GLENEAGLE HOTEL WITH FUNDS RAISED FROM THE IRISH HOSPICE COFFEE MORNING AT THE GLENEAGLE HOTEL LAST THURSDAY.

### CONTRACT ON LORD BRANDON'S BRIDGE TO BE AWARDED SHORTLY

Kerry Fine Gael TD, Brendan Griffin, has received confirmation that the contract for repair works to the bridge going into Lord Brandon's Cottage in the Black Valley, Killarney, is expected to be awarded shortly. Deputy Griffin has learned that officials in the Department of Arts, Heritage, Regional, Rural and Gaeltacht Affairs examined the

options regarding the repairs required and the tendering process is nearly complete. Deputy Griffin has welcomed the update and hopes the works can commence as soon as possible.

### KILLARNEY 10 MILE-TRAFFIC AWARENESS

The Killarney 10 mile road race takes place tomorrow, Saturday 24th September and organisers are asking members of the public to be aware of the following traffic delays.

If travelling on Saturday morning, if possible avoid the following areas:

The Port Road side of the Ballydowney roundabout at 8.55am race start 9am.

The Reeks roundabout from 9.04am to 9.09am Delays are also expected at the Golden Nugget in Fossa as the participants cross onto the cycle path from approximately 9.18am.

### KILLARNEY ATHLETIC 300 CLUB DRAW

The August and September Draws for the 300 club took place in Scott's Hotel last Friday night. The winners announced were:

August

€500- Billy Hennigan

€100- Eoin Benson, Humphrey Lynch, Justin Healy, Sean Culloty and Fr Jim Lenihan

September

€500- Eddie Doolan

€100- John O Donoghue, Josephine Kelly, Mairead Moynihan, Pa Howard and Noreen Buchanan.

### WEDDING

Congratulations to Lisa Stack Tiernaboul on her recent marriage to James Twomey, Donoghmore Co Cork.

### ITS A GIRL!

Congrats to Spa minor manager, Kevin Healy and Deirdre on the birth of their first child, Africe Elizabeth.



THE KILLARNEY COMHALTAS WINNERS OF THE ALL IRELAND MIXED FOUR HAND AND EIGHT HAND 12-15 YEARS CHAMPIONS JOE RUDDEN, LAURA HORGAN, SCOTT O'MEARA, AISLINN O'DONOVAN (BACK FROM LEFT) LIA MURPHY, LIAM HEALY, ALICE O'DONOGHUE, NATHAN COUNIHAN WITH THEIR TRAINER NORRIE KING AT FLEADH RECENTLY.





# Jerome O'Regan

## AUCTIONEER & VALUER

Tel/Fax: 066 9761200 | Mob: 087 2833410  
Email: jeromeoregan@eircom.net | Web: www.jeromeoregan.ie

### DEVELOPMENT LAND

#### 8 ACRES, DEVELOPMENT LAND

only a few minutes walk to Killorglin town centre. Zoned residential. Dry, level, elevated scenic property Great potential.

POA



#### HOUSE ON 22 ACRES APPROX

##### COCKHILL, KILCUMMIN, KILLARNEY

A beautiful property containing a detached 2 storey house on approx 22 acres, very scenic and only 7 miles from Killarney town. The house has 3 very large bedrooms, 1 ensuite, one with a large dressing area and sliding, mirror wardrobes, lounge, sunlounge, diningroom and kitchen, oil fired C/H, and a storage shed. The entire house is in good decorative order.

PRICE REGION: €260,000 BER PENDING



#### MILLTOWN, KILLARNEY.

Street front property with good back yard. Formerly "The Finishing Post" betting office. Great potential with Milltown expanding/progressing rapidly.

PRICE REGION €90,000 BER Pending

### BEAUFORT KILLARNEY

Bungalow on 7 acres of excellent land. A unique property in a truly spectacular scenic setting. House requires some refurbishment.

POA

#### BEAUFORT, KILLARNEY. DETACHED BUNGALOW ON 7 ACRES OF EXCELLENT LAND. A UNIQUE PROPERTY IN A TRULY SPECTACULAR, SCENIC SETTING. HOUSE REQUIRES SOME REFURBISHMENT.

#### 8 ACRES OF DEVELOPMENT LAND ONLY A FEW MINS. WALK TO KILLORGLIN TOWN CENTRE. ZONED RESIDENTIAL. DRY, LEVEL, ROADSIDE, SCENIC PROPERTY WITH GREAT POTENTIAL.

**KILLARNEY TOWN** 1/2 mile approx. detached house on large site. House needs upgrading. Great potential.

**KILLARNEY** Large, detached, dormer type house on c.3/4 acre. Requires refurbishing, extremely private, walking distance to town.

**LISTRY/FAHA, KILLARNEY** Exceptional property. Modernised, totally renewed stone built farmhouse on 4 acres of excellent land with 2 stone built charming outoffices/dwellings. Professionally designed gardens. Offering the perfect blend of the old and the new with great style and character. Much sought after location. B.E.R. pending. P.O.A.

**SITE LORETO ROAD, KILLARNEY**, full planning. Extremely rare opportunity to acquire a property in this prestigious location.

**KILCUMMIN AREA**, Killarney, Beautiful detached dormer. 4 bedrooms, 3 ensuite, sun-lounge, many extra features. Spectacular views. P.O.A.

**KILCUMMIN OR FIRIES** area, semi or detached house wanted for cash buyer.

**COCKHILL, KILCUMMIN**, Killarney. Detached, 2 storey dwelling on c.22 acres of mixed land. (c.6 acres under forestry). Extremely scenic location. House may be sold separately. Great value.

**WAREHOUSE TO LET OR FOR SALE** Great access just off the N70. Approx. 1 mile from Killorglin on the Tralee road. Size 110 x 80 ft. x 20ft. high approx. Modern building, totally sealed, cavity wall with insulated roof.

**KILLORGLIN TOWN** Town centre shop premises to let.

**WANTED** (due to recent completed sales) Semi-detached house in Killarney. Cash client. Immediate decision.

**BARLEYMOUNT, KILLARNEY** 6.5 acres approx. of rough land.

**BARLEYMOUNT, KILLARNEY** 1.75 acres approx. field with spectacular views

**SPA/KILLARNEY** 1 acre site, subject to planning, dry elevated, great location

**TIERNABOUL, KILLARNEY** 4 bed bungalow, beside N.S. only 2mils to Killarney town.

**ROCKFIELD, FIRIES**. Delightful 3 bed two storey (At the old school).

Very attractively priced.

**KILLORGLIN TOWN** 2 bed apartment, both ensuite, Very modern design, purpose built in a private, gated town centre location.

**FARM WANTED**. GOOD QUALITY LAND. 50 ACRES OR MORE. CLOSE TO KILLARNEY OR WITHIN 7 OR 8 MILES FROM KILLARNEY TOWN. TOP PRICE PAID FOR SUITABLE PROPERTY.

**WANTED** Properties, houses, farms commercial etc. in all areas, for a growing list of genuine buyers.

**MILLTOWN VILLAGE** Commercial street front property. Great location. Good investment opportunity. Price region €125,000.

**KEEL, CASTLEMAINE**, 4 bed dormer detached, on c. 1/2 acre. 5 star finish with concrete build. Exceptional property. Close to the sea.

**CARAGH LAKE/GLENCAR/KILLORGLIN** area old 2 storey farmhouse on c. 2.5 acres. Very

scenic tranquil setting in this very desirable location.

**KILLORGLIN, GOLF COURSE ROAD** Delightful 2 bed detached bungalow, as new, superb location.

**KILLORGLIN TOWN CENTRE** Licenced premises. Great location with extensive street frontage. Large building with "spacious Beer Garden." Needs some upgrading but has huge potential for food, entertainment etc. Attractively priced.

**BEAUFORT KILLARNEY, OLD HOUSE** on c.2 acres, very elevated, dry, extremely scenic setting, reasonable reserve. UNIQUE PROPERTY.

**BEAUFORT, KILLARNEY**, on the Main Ring of Kerry road, stunning 8 bed (all ensuite) B&B. Extensive frontage along the river Laune, with fishing rights. Panoramic views.

**KENMARE "ASHGROVE"** delightful, detached 3 bed bungalow. (Fairy Lawn) Close to The Sheenfalls Hotel. Restorative, restful scenic setting.

**CASTLEISLAND/KNOCKNAGOSHEL/CRAG CAVES** area Large, detached, 4 bed modern bungalow. In excellent condition with great views. Price region €185,000.

### FARMS/LAND

#### BALLYFINNANE, FIRIES, KILLARNEY. 9 ACRES APPROX. IN ONE FIELD. BOUNDED BY A RIVER ON ONE SIDE AND FRONTING THE PUBLIC ROAD.

c.10 acres with good sheds, extremely scenic. Artgalvin, Headford area. 5mils from Killarney.

**Firies area, Killarney**. Country mansion on 39 acres approx of top quality land all in excellent condition.

**DEVELOPEMENT LAND** 8 acres approx. zoned residential, only minutes walk to Killorglin town centre. (Sunhill area.) Dry, elevated property.

### SITES

**LOUGHGUITTANE, MUCKROSS**, Killarney, 1 acre site subject to planning permission, €50,000

**SITE LORETO ROAD, KILLARNEY**, full planning. Extremely rare opportunity to acquire a property in this prestigious location.

**AGHADOE** Site roadside, approx 1 mile from town 1/2 acre selling subject to planning.

**BEAUFORT AREA** Elevated, scenic site c. 1/2 acre.

**COOLIES, MUCKROSS, KILLARNEY** c. 1 acre, private scenic location.

**KILLARNEY 2 MILES APPROX** 3 acres or more subject to 1 planning.

**ROSSBEIGH, GLENBEIGH** Site with full planning for dormer, no residency clause.

**Killorglin 1 mile** 3/4 acre site. On the main Killarney/Ring of Kerry road. Dry, elevated and scenic. On the main sewer and with all services.

**Faha, Killarney**, c. 1/2 acre, dry, roadside, great location, bargain.

**TIERNABOUL/SPA KILLARNEY** C. 3/4 acre site. Dry, level and roadside. Close to Spa G.A.A. grounds and community facilities.



# Killarney

## TOWN TALK



FOUR TRAINING DEFIBRILLATORS DONATED TO THE ORDER OF MALTA FROM THE NO NAME CLUB RESULTING FUNDRAISING OF CLUB DISCOS ETC. BACK ROW L-R CAPTAIN DONAL MCCARTHY, CHRISTOPHER MARSHALL & CHLOE CLIFFORD LOONEY. FRONT ROW L-R FIONA SCANNELL, NIALL O'BRIEN, MICHAEL McNABB, EMMA LENIHAN & STEPHEN O'CONNOR. PICTURE MARIE CARROLL-O'SULLIVAN

### CHILDREN'S CHOIR AT THE CATHEDRAL

St. Mary's Cathedral Children's Choir under the direction of Aidan O'Carroll have resumed rehearsals since Tuesday September 13th in the Choir room over the Cathedral Sacristy from 6.30p.m. to 7.15p.m. The choir sings monthly Mass in the Cathedral and participates in concerts, recordings and broadcasts. Boys and girls aged between 8 and 12 are welcome. Call 087-4103220.

### STEPHEN LYNE FOUNDATION FUNDRAISER

A Bingo night will be held on Monday 3rd October in St. Oliver's National School, Ballycasheen. The event is being organised by the Stephen Lyne Foundation and starts at 8.30p.m.

There are great prizes on offer and more information can be obtained from [www.stephenlynefoundation.org](http://www.stephenlynefoundation.org).

### KILLARNEY SING OFF LAUNCH DVD

The DVD Launch of the hugely popular Killarney Sing Off will take place on Sunday night October 2nd at K-Town Bar.

A full viewing of the show will take place and

the DVD will then be on sale at a cost of €10 each. All proceeds from the DVD will go towards the Anthony Morris Fund. Anthony is currently undergoing treatment in the USA for Chronic Lymes Disease.

### €1100 RAISED FOR JACK & JILL

Three kind hearted local nurses, Sheena O'Sullivan, Karen Lovett and Cathy Kerins have raised an amazing €1100 for the Jack & Jill Foundation following their walk up Torc Waterfall last Saturday.

Every September The Jack and Jill foundation do a fundraising drive where they ask people to climb a hill for the charity. The girls organised the walk in memory of little Molly Ashe who passed away late last year.

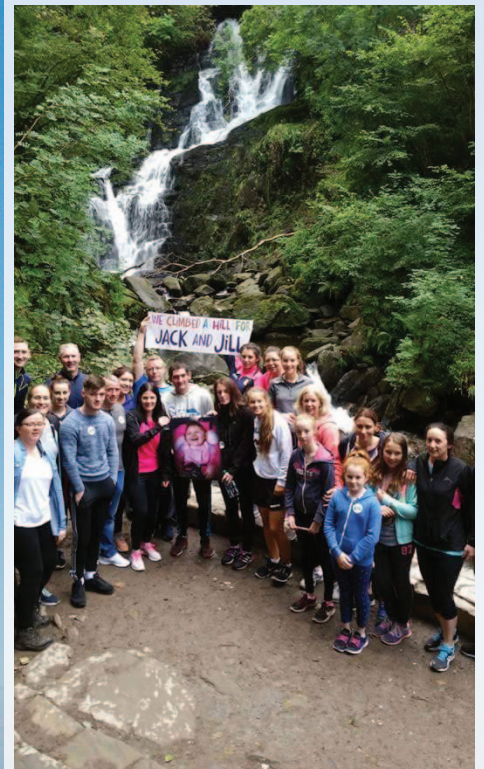
All three girls were Molly's nurses through the Jack & Jill Foundation.

Their contribution will fund almost 70 hours of nursing for sick children in Ireland.

### NO NAME CLUB FUNDRAISE FOR ORDER OF MALTA

Members of the No Name Club recently donated defibrillators to the Killarney Branch of the Order of Malta.

"The club were making a music video and asked the Order of Malta could we use their



THE GROUP WHO CLIMBED TORC WATERFALL LAST SATURDAY IN AID OF THE JACK & JILL FOUNDATION. THE WALK WAS ORGANISED IN MEMORY OF LITTLE MOLLY ASHE WHO PASSED AWAY LATE LAST YEAR.

equipment and premises. They were kind enough to allow us, so we wanted to make a gesture", Anne Nagle from the No Name Club told the Killarney Outlook.

"We knew all about the Order of Malta as some of our members are involved in both organisations. We spoke Donal McCarthy one of the trainer officers about what we could do that would also have a impact in the community. He suggested that buying training defibrillators would have the most impact within the unit and in the community", she added.

The club hosted a disco in aid of the Order of Malta and this week donated four defibrillators to the Unit.

### WEDDING BELLS

Congratulations to Killarney man Shane Kearney from Knocknahoe and Laura Boyle from Glenties in Co. Donegal who were wed last Saturday in St. Mary's Cathedral, Killarney.



MOLLY'S PARENTS JOHANN ASHE AND SHEILA MCCARTHY PICTURED WITH MOLLY'S NURSES, SHEENA O'SULLIVAN, KAREN LOVETT AND CATHY KERINS WHO ORGANISED THE WALK.





# NIGHT CLASSES

## CALL IN... SIGN UP



### CERTIFIED COURSES PART-TIME BY NIGHT

Limited places still available in the following courses:

- Accounting Technician Certificate ATI Year 1
- Accounting Manual & Computerized QQI Level 5 Component Certificate
- Digital Marketing QQI Level 5 Component Certificate
- Communications & Care Skills QQI Level 5 Component Certificate
- Work Experience (Inc Patient & Manual Handling) QQI Level 5 Component Certificate

**Please note: Further modules in Healthcare will be available in Spring 2017 to enable students to achieve the full Healthcare Level 5 Award.**

**A FULL LIST OF ALL NIGHT CLASSES CAN BE VIEWED ON OUR WEBSITE:**  
**[www.killarneycc.ie](http://www.killarneycc.ie)**

Killarney Community College | New Road | Killarney | Co Kerry  
Tel 064-6632008 | Fax 064-6632178 | Email [adulted@killarneycc.ie](mailto:adulted@killarneycc.ie)

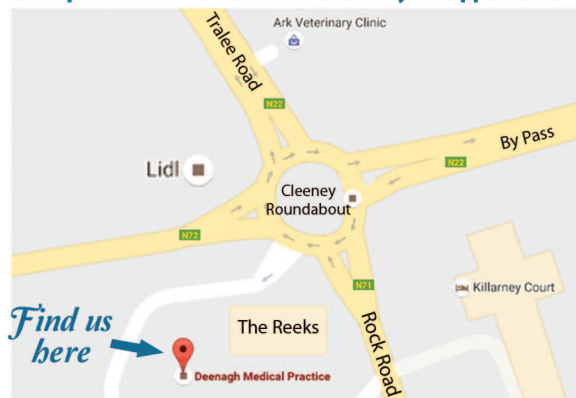


**Dr. Breda O Sullivan**  
is now available for consultations at  
Deenagh Medical Practice, Killarney.

*"I look forward to seeing new & former patients"*

**Free Parking for all patients**

Please phone **064 6632205** to book your appointment.



**Deenagh Medical Practice, The Reeks Gateway,  
Killarney, Co. Kerry**  
T: 064 663 2205 F: 064 663 7526  
[www.deenaghmedicalpractice.com](http://www.deenaghmedicalpractice.com)

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[www.thefactor.ie](http://www.thefactor.ie)



## BONJOUR... STUDENTS ENJOY PARIS TRIP

St. Brigid's Killarney Transition Year, 5th and 6th Year students studying French as a language were given the opportunity to visit Paris for four days, from Thursday 8th to Sunday 11th of September. This was a much anticipated trip that had been in the works for nearly a year.

The girls enjoyed a tour of some of Paris' most spectacular monuments, including the Musée d'Orsay, Notre Dame, the Louvre and of course the Eiffel tower, from a completely different perspective.

They also visited the Louvre Museum where they spent just over two hours there, admiring beautiful sculptures, Greek and Roman antiquities and paintings such as Leonardo da Vinci's 'the Virgin on the Rocks' and of course, 'the Mona Lisa'. From there they walked to Notre Dame Cathedral where we marvelled at the beautiful, gothic architecture and were humbled by the reverent atmosphere.

After this, the group went by bus to the Eiffel Tower, Paris' most iconic monument. The group then headed for Disneyland where they enjoyed through galaxies on Space Mountain, getting spooked in the Phantom Manor, sailing



DISNEYLAND PARIS TIME FOR GIRLS FROM ST. BRIGID'S ON THEIR RECENT SCHOOL TRIP.

through pirate caves on the Pirates of the Caribbean ride, soaring over London in Peter Pan's Flight or just wandering around the world of our favourite Disney films.

The last day in Paris the group visited the area of Montmartre stopping off at the stunning

white-domed basilica of Sacré-Coeur and the walked around the streets of Montmartre, around the Place du Tetre, where Picasso, Van Gogh, and Monet would have had studios and where the artists of Paris still produce and sell their work. All in all – a fantastic trip.



THE GIRLS FROM ST. BRIGID'S ENJOY THE SIGHTS OF PARIS ON THEIR RECENT SCHOOL TRIP.



AT THE EIFFEL TOWER ARE THE GIRLS FROM ST. BRIGID'S ENJOY THE SIGHTS OF PARIS ON THEIR RECENT SCHOOL TRIP.

## IT'S CARBON MONOXIDE AWARENESS WEEK



Here are six tips to help you stay carbon monoxide safe in your home Ireland's fifth annual Carbon Monoxide Awareness Week takes place from Monday 26th September to Sunday 2nd October this year. Each year, the campaign aims to raise awareness of the dangers of carbon monoxide and highlight the measures that can be taken

to prevent it. Carbon monoxide, often known as the 'silent killer', is colourless, odourless and very difficult to detect. It can kill in less than three minutes. On average, six people in Ireland die every year as a result of unintentional carbon monoxide poisoning and many more become ill as a result of exposure to it.

**Here are the top six tips for staying carbon monoxide safe in your home.**

1. Know where it comes from: CO can be produced by any fuel when burned – coal, turf, oil, gas or even wood.
2. Service appliances: Have fuel burning appliances serviced annually by a Registered Gas Installer, Registered Oil Technician or a qualified service technician for your fuel type.
3. Chimneys, flues and vents: Keep vents and flues clear and make sure that rooms have proper ventilation. Ensure chimneys are swept annually.
4. Know the danger signs: Staining, sooting

or discolouration around appliances or condensation or dampness on walls and windows in the room once the appliance is lit.

5. Symptoms: Unexplained headaches, dizziness, nausea, drowsiness, particularly when a fuel burning appliance is on could be the result of carbon monoxide. Other clues include others in the property (including pets) suffering from the same symptoms and symptoms improving when you are away from the property.

6. Alarm: Have at least one audible carbon monoxide alarm installed in your home and anywhere else you burn fuel, to protect you and your family. Carbon monoxide alarms are available in most hardware or DIY shops.

Ensure your family and friends know the dangers too and help spread the word during Carbon Monoxide Awareness Week.





## RECRUITMENT & TRAINING FAIR

# FREE EVENT FOR JOBSEEKERS

**THURSDAY 29th SEPTEMBER 2016**

**9.30am – 1.00pm**

**Brehon Hotel, Killarney**

For more information contact your local

**INTREO CENTRE, Killarney on 064 6678520**



- INTRODUCTIONS TO EMPLOYERS
- JOB OPPORTUNITIES
- TRAINING OPPORTUNITIES
- ADVICE ON CV PREPARATION & INTERVIEW SKILLS

Meet Employers with existing and upcoming job vacancies in Finance, Healthcare, Hospitality, Manufacturing & Retail.

Representatives from Employment Support Services and Training Organisations will be available to speak with you and advise you on learning new skills and career development.



An Roinn Coimirce Sóisialaí

Department of Social Protection

# TRENDHOUSE EVENTS

presents



CANCER SUPPORT HOUSE



**BALLYROE HEIGHTS HOTEL FRIDAY 30TH SEPT AT 8PM**

**Tickets: €20** Charity no: CHY 18974

**Contact: 066 7192122 or 086 7038127 or 087 9209664**



## RATHMORE/ GNEEVEGUILLA NEWS

by Michael O'Mahony

**BUTEYKO** Breathing technique Course. Commencing Thursday 29th of September in Teack Isoagain @ 7.30

Reverse: Asthma Rhinitis Hayfever Phlegm

Stops: Snoring Sleep Apnoea Insomnia Coughing and Wheezing.

Improves: Ability to perform in sports and handle Stress/Anxiety.

Eliminates: Breathe shock when exercising.

Retrain: Those who are not breathing correctly.

To book place on course call 087 2888840.

### RATHMORE LADIES GAA

#### U12: EAST KERRY DIVISION 2

Rathmore: 2-15

Laune Rangers: 3-04

U14: East Kerry Final

Rathmore: 4-10

Laune Rangers: 3-09

Big thank you to the management of this team for their efforts throughout the year. A fantastic year for this team resulting in three titles including an All Ireland Feile plate, county and East Kerry champions.

**PATRICK RETURNS:** The hit Drama "Patrick" return to the INEC on Thursday October 27th

After a hugely successful run in May. Despite requests from other venues in Kerry, Dublin, Cork, & London this will be your final chance to see this brilliant play. Tickets are available from the INEC box office all proceeds going charity, Kerry 1916 from the Archives is an exhibition currently running at Killarney Library which displays a collection of 1916 materials from the Kerry Library archive including newspaper extracts and original documents. The exhibition runs until Saturday 1st October during library opening hours. Free admission. All welcome.

### INTERESTED IN BEING A DEACON IN THE DIOCESE OF KERRY

Along with the other Munster dioceses, who have permanent deacons the diocese of Kerry will be organising an initial introductory "Come and See" year involving 6 weekends starting in September 2017. The age limit for ordination is 60. Application is open to all men who are practising Catholics and have an involvement in their local parish. The first step is to contact your own local priest. Kerry diocese already has two deacons and please God four more will be ordained within the next two years.

### SHEILA MOYNIHAN MEMORIAL SPONSORED WALK UPDATE:

A cheque for €4000 was recently presented to Kerry Hospice following the 10th and final Sheila Moynihan Memorial Sponsored Walk, which as usual was held in May. The committee would like to take this opportunity to thank all who have supported us in any way.

. The Sheila Moynihan account remains open at Rathmore Credit Union and should anybody wish to make a donation to Kerry Hospice Foundation the staff there will be pleased to assist. Donations can also be made to any committee member. We look forward to your generous continued support. Mile

Buíochas. Donal O'Keeffe 087 3843619.

### KERRY MINORS

Wishes Congratulations to Mark Ryan and Brian Friel from our parish and Rathmore GAA as they played outstanding performance with Kerry minors on winning 3 in row in all Ireland minor title against Galway on 3-7 to 9pt and to all other players on panel and management on their Victory in Croke Park on Sunday last. Chris O'Donoghue Glenfesk who on panel has connection in Rathmore his mother Maire Kelliher original from Shinnagh upper and his Grandfather Connie Kelliher and uncles and cousins in Rathmore.

**BINGO NIGHT:** Holy Family NS parents committee will hold a Bingo Night in Rathmore Community

Centre on Saturday 15th October at 7.30pm – Lots of valuable prizes to offer.

**NOTES** if you would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817. Before 6pm. Sunday,

## FOSSA NOTES

**CONGRATS** A massive congratulations to David Clifford who won an All-Ireland minor medal with Kerry on Sunday. David scored an absolutely brilliant goal, as is his trademark, in the 54th minute of the game to seal victory against a gallant Galway side. It was a proud day for the Clifford family and for Fossa GAA Club as David becomes only the third clubman to win a Celtic Cross, the others being the late Jimmy Falvey who won an U-21 medal with Kerry in 2008 and Donie Foley who also won an U-21 medal with Kerry in 1975.

**JUVENILE** Our under 12 boys were in Kenmare on Friday evening and came away with a win and a draw. In the A game our boys came out on top with a scoreline of 2-17 to 1-11 in a very good game. Patrick Lyons and Harry Kelly were best on the day with Harry scoring two fantastic points from over 30 meters. Sam Buckley had a great performance along with

Dean Sheehan and Sean Dineen. The B team came from behind to draw and well deserved it. Luke Murphy, Rocco Sheehan, Tom Cahillane and Dara O'Brien did best for our boys.

The under 16 boys had a great win away to Glenfesk on Tuesday night in the East Kerry Championship. They next play Rathmore in the Division 2 semi final on Thursday in Fossa.

**RACE NIGHT FUNDRAISER:** Fossa GAA are running a race night on Sat 29th Oct towards funding the purchase and development of a juvenile playing pitch in 2.1 acres adjoining our current premises in Grotroe. It will be held in The Golden Nugget and over the next month club finance committee members will be asking for your support in the undertaking. Each horse costs €90 which can be bought outright or broken down into three at €30 for owner, €30 for trainer and €30 for jockey. Please support the club in the investment for this and

future generations.

**KILLARNEY LIBRARY** Kerry 1916 from the Archives is an exhibition currently running at Killarney Library which displays a collection of 1916 materials from the Kerry Library archive including newspaper extracts and original documents. The exhibition runs until Saturday 1st October during library opening hours. Free admission. All welcome.

**FASHION SHOW** The Fashion show in aid of Fossa Community Centre will take place in the Hotel Europe on 12th October 2016 at 7.30pm. All support welcome.

**FOSSA NOTES:** If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.

## LISTRY NOTES

### LISTRY COMMUNITY COUNCIL-CLASSES:

Listry Community Council intend organising the following Classes beginning in early 2017--Photography, Cookery for men, Drama & Singing. Classes will take place provided there are sufficient participants available. If interested in any of the Classes please contact Joan on 086 7944494 immediately.

**LISTRY RAMBLING HOUSE:** The Annual Listry Rambling House session will be held in Listry Community Centre on Saturday night October

15th from 8.30pm-11.30pm approx.

This will be a night of Music, Song, Dancing, Storytelling etc. Anybody who wishes to come along on the night to sing a song, play a Tune or perform a Dance will be very welcome. Fear an Ti for the night will be Ted Ahern. Light refreshments will be served. A raffle will be held and all proceeds from the night will go towards the care of the Elderly in the local Community.

**RURAL MEN GROUP.** Rural Men Group are holding a meeting on Thursday 29th

September @8pm at Listry Community Centre. Everyone welcome.

### MILLTOWN COMMEMORATION DAY.

On Sunday 25th September there will be a commemoration day. Fall in at 11.45. Start @ 12. Reading of proclamation, Lone piper, band play collections of tunes etc. In the hall will be open for the display of the firearms that were used in 1916 & also police uniforms of that period. The hall will close at 6.30pm.



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**DINGLE TO KILLARNEY**

Stop	Location	Mon - Sun	Mon - Sun	Mon - Sun	One Way	Return
Dingle	Behind SuperValu	09.15	13.15	17.15	€10	€15
Annascaul	Crossroads west of town	09.35	13.35	17.35	€10	€15
Inch Beach	Beach Entrance	09.42	13.42	17.42	€10	€15
Castlemaine	Post Office	09.57	13.57	17.57	€8	€12
Milltown	Opp. Post Office	10.02	14.02	18.02	€8	€12
Aghadoe	Opp. Youth Hostel	10.15	14.15	18.15	€3	€5
Killarney	Rock Road	10.20	14.20	18.20		
Killarney	Coach Park, Lewis Rd	10.30	14.30	18.30		

Seats available on a first come, first served basis

**KILLARNEY TO DINGLE**

Stop	Location	Mon - Sun	Mon - Sun	Mon - Sun	One Way	Return
Killarney	Coach Park, Lewis Rd	11.15	15.00	19.15	€10	€15
Killarney	Rock Road	11.20	15.05	19.20	€10	€15
Aghadoe	Youth Hostel	11.25	15.10	19.25	€10	€15
Milltown	Post Office	11.40	15.25	19.40	€10	€15
Castlemaine	Kallihers	11.45	15.30	19.45	€8	€12
Inch Beach	Beach Entrance	12.02	15.47	20.02	€5	€8
Annascaul	Crossroads west of town	12.10	15.55	20.10	€5	€8
Dingle	Behind SuperValu	12.35	16.20	20.35		

**www.GoCoach.ie**

**DAY & EVENING CLASSES**

ECDL Commencing 28th September

**Microsoft Office Specialist**  
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## KILCUMMIN NEWS

**VACANCY** A vacancy is presently available on the Kilcummin Rural Dev. C.E. Scheme for an Office Administrator. This position is a development opportunity and no experience is necessary. Accredited training will be provided to support your career. Please contact your Local DSP employment services/Intro office to check your eligibility. To apply please forward C.V. for the attention of the supervisor to the Office by post or email to info@kilcumminparish.com. Further information contact John 086-1579381.

**KILCUMMIN LADYBIRD UNIT** Are urgently looking for new leaders in order to keep the unit going in Kilcummin. Full training will be provided. The programme is fun and interactive and caters for girls aged between 5-7 years of age. Starting on Monday 3rd October from 6-7pm. For further info contact Rachel 087 4164185.

**COMHALTAS** Our AGM will take place on Tuesday 4th October at 8.30pm. Venue to be confirmed.

**BAG PACKING** Our annual bag pack fundraiser will be at Tesco on Saturday 15th October from 10am to 6pm. Could we please ask for any volunteers (over 18's only) who can spare an hour on the day to please contact Marie Lehané on 087 918 973.

**SET AND CÉILÍ DANCING CONFERENCE** There will be a set and céilí dancing Adjudicators conference held on Sunday 2nd October in Cois na hAbhna in County Clare. Registration 9.45am. For more information contact Tony O'Connor on 087 625 8641.

**CONCERT TOUR** The concert tour of Ireland will be visiting Siamsa Tire on 18th October. A show not to be missed.

**NIGHT CLASSES** Adult Education Night Classes in Killarney Community College Enrolment for night classes now open, please call to school office Mon-Fri 9am-4pm. For further details please contact 6632008 or email adulated@killarney.ie

**KILLARNEY LIBRARY** Kerry 1916 from the Archives is an exhibition currently running at Killarney Library which displays a collection of 1916 materials from the Kerry Library archive including newspaper extracts and original documents. The exhibition runs until Saturday 1st October during library opening hours. Free admission. All welcome.

**COMMUNITY ALERT** Many thanks to Mr. Ben Brosnan who is taking a well earned rest. All future queries re - Security Alarms for the Elderly and Housebound should be made to Mr. Robert Keane (Chairman) on 087 6270677.

**SOCIAL & HEALTH EDUCATION PROJECT**

Social & Health Education Project(SHEP) are running a 20 hour course (2½ hours per week) for adults wrestling with loss or change in their life. It will commence on Monday 3rd October from 7 – 9.30pm in Recovery Haven Tralee. Cost: €75 (€45 reduced fee). For more information or to book a place call Deirdre on 087-7728089.

**KILCUMMIN GAA**

**KERRY MINORS** Kilcummin GAA club wish to congratulate James Foley and his fellow management team on their fine achievement of guiding the Kerry Minors to a third successive All Ireland title.

Well done to all the players involved, with a special mention of Brian Friel whose father is from Kilcummin.

**O'DONOGHUE CUP** Our Senior team play Glenflesk in Glenflesk at 2pm on this Sunday in the O'Donoghue Cup.

**GAA GOLF SOCIETY** Presidents Prize (Tim Casey)

Results from outing Saturday last in Beaufort G.C. where thirty one members competed.

1st Tony Sugrue 38 pts, 2nd Stephen Broderick 38pts, 3rd Ian Mills 37pts, 4th David O'Riordan 37pts, 5th John Egan 37pts. Front Nine Breda Duggan 21pts, Back Nine Noel Duggan 20pts.

## GLENFLESK NOTES

**GLENFLESK SENIORS** (Sponsored by the Jarveys Rest)

Our Seniors are in action in the O Donoghue Cup 1st round on Sunday September 25th at 3pm at home to Kilcummin. The winners will play Gneeveguilla in the quarter final.

**GLENFLESK U16S** Our U16 team had a 3-16 to 3-08 win over Currow in the East Kerry division 3 semi final on Monday last.

**KERRY MINORS** Daniel O'Brien collected his second All Ireland minor medal on Sunday last. Daniel played superbly at left half back. It finished off a fantastic season for the Kerry minors where they won many plaudits for the brilliant football they played throughout the year. Well done to Daniel and all the team and also to Christopher O'Donoghue who was part of the extended panel.

**GLENFLESK LOTTO:** One winner of the lotto of €3,000 which took place in Corner Bar on 12th September.

Numbers were 7, 11, 15, 23.

Holly & Minnie c/o Eileen O'Sullivan, Beheenagh, Headford.

The next draw will take place in Kerry Way on 26th September and the Jackpot is €2000.

**"PATRICK" RETURNS** The hit Drama "Patrick" returns to the INEC on Thursday October 27th after a hugely successful run in May. Despite requests from other venues in Kerry, Dublin, Cork and London this will be your final chance to see this brilliant play. Tickets are available from the INEC box office.

**RAHEEN N.S.** Congratulations to Lorena O'Connor who had the winning lotto no. 40 on Saturday the 17th of September.

**GLENFLESK COMHALTHAS NEWS** Music class commencing in St. Agatha's Community Glenflesk on Thursday, 29th September @ 7.15 pm. Registration @ 7.00 pm. on the night. Beginners welcome Contact Margaret Creedon on 087/ 2706390

**KILLARNEY LIBRARY** Kerry 1916 from the Archives is an exhibition currently running at Killarney Library which displays a collection of 1916 materials from the Kerry Library archive including newspaper extracts and original documents. The exhibition runs until Saturday 1st October during library opening hours. Free admission. All welcome.

**CONTACT:** We welcome items of local interest. Please contact PRO Paudie on 087 7692220 or pro.glenflesk.kerry@gaa.ie.



PAUL NAGLE FROM ESB NETWORKS IN KILLARNEY RECENTLY PRESENTED HIGH VISIBILITY VESTS ON BEHALF OF ESB NETWORKS TO EVERY CHILD STARTING JUNIOR INFANTS IN FOSSA NATIONAL SCHOOL IN KILLARNEY. PHOTO CREDIT: TREVOR O'DONOGHUE PHOTOGRAPHY



DIANA MULLER (ARTIST), ETIENNE AND PAMELA MULLER, KERRY COUNTY ARTS OFFICER KATE KENNELLY AND MAYOR OF KERRY MICHAEL O'SHEA AT THE KERRY VISUAL ARTISTS SHOWCASE EXHIBITION LAUNCH DURING CULTURE NIGHT KERRY AT THE DEPARTMENT OF ARTS, HERITAGE, REGIONAL, RURAL AND GAELTACHT AFFAIRS IN KILLARNEY ON FRIDAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



## HOTELIERS HONOUR RETIRED MEMBERS

MEMBERS OF THE KERRY BRANCH OF THE IRISH HOTELS FEDERATION GATHERED AT THE KILLARNEY PARK HOTEL ON WEDNESDAY TO HONOUR FIVE RETIRING HOTELIERS FROM THE COUNTY. INCLUDED IN THE PHOTOGRAPH ARE TERENCE MULCAHY, PRESIDENT, WITH RETIRING HOTELIERS, PAT AND MARIE CHAWKE (AGHADOE HEIGHTS HOTEL), CONOR HENNIGAN, (THE MALTON HOTEL), GILES CASEY (KILLARNEY TOWERS HOTEL) AND MISSING FROM PHOTO IS MARY O'CONNOR, (DERRYNANE HOTEL). PHOTO DON MACMONAGLE



PAUL NAGLE FROM ESB NETWORKS IN KILLARNEY RECENTLY PRESENTED HIGH VISIBILITY VESTS ON BEHALF OF ESB NETWORKS TO EVERY CHILD STARTING JUNIOR INFANTS IN LISSIVIGEEN NATIONAL SCHOOL IN KILLARNEY. PHOTO CREDIT: TREVOR O'DONOGHUE PHOTOGRAPHY



PAUL NAGLE FROM ESB NETWORKS IN KILLARNEY RECENTLY PRESENTED HIGH VISIBILITY VESTS ON BEHALF OF ESB NETWORKS TO EVERY CHILD STARTING JUNIOR INFANTS IN FOSSA NATIONAL SCHOOL IN KILLARNEY. PHOTO CREDIT: TREVOR O'DONOGHUE PHOTOGRAPHY



PICTURED AT THE LAUNCH OF TEAM HOPE SHOE BOX APPEAL WERE L-R CAROL HENNESSEY (NATIONAL MANAGER OF TEAM HOPE), STEPHEN CONWAY (INTERNATIONAL PROJECTS COORDINATOR) & MARGARET SCULLY. LOG ONTO TEAMHOPE.IE FOR YOUR NEAREST LOCATION. PICTURE MARIE CARROLL-O'SULLIVAN



ANN IVORY, CAOIMHE LYNCH, SHINANN O'SULLIVAN, AMY O'DONOVAN AND SIOBHAN BUSTIN AT THE 'BRIDGET JONES BASH' IN THE KILLARNEY GRAND ON FRIDAY NIGHT. ALL PROCEEDS WERE IN AID OF AMY O'CONNOR FUND & IRISH CANCER SOCIETY. PICTURE: EAMONN KEOGH



RACHEL AND CHLOE COFFEY AT THE 'BRIDGET JONES BASH' IN THE KILLARNEY GRAND ON FRIDAY NIGHT. ALL PROCEEDS WERE IN AID OF AMY O'CONNOR FUND & IRISH CANCER SOCIETY. PICTURE: EAMONN KEOGH



LORRAINE BOWLER AND DEE FOGARTY AT THE 'BRIDGET JONES BASH' IN THE KILLARNEY GRAND ON FRIDAY NIGHT. ALL PROCEEDS WERE IN AID OF AMY O'CONNOR FUND & IRISH CANCER SOCIETY. PICTURE: EAMONN KEOGH



MARY O'DONOVAN AND MARIA BREEN AT THE 'BRIDGET JONES BASH' IN THE KILLARNEY GRAND ON FRIDAY NIGHT. ALL PROCEEDS WERE IN AID OF AMY O'CONNOR FUND & IRISH CANCER SOCIETY. PICTURE: EAMONN KEOGH



## FITNESS EXPERT EDELE DALY GUIDES YOU TO A FIT AND HEALTHY NEW YOU...



### EAT SLOWLY TO AVOID OVER EATING

- Eating slowly and savoring your food.
  - Trying to taste both the flavor and the texture; imagining how the texture changes as the food is slowly broken down by your saliva.
  - See a glass of water to drink before, with and after your meal to get the sensation of fullness in your stomach.
  - Be sure to visualize a desired end result such as a lean, fit and energetic body. Also see in your mind the end result: how you are going to look in that dress or those jeans, suit, etc.
  - Consider keeping a food journal during this time, to map out the triggers surrounding your hunger. Note where you are, what you're eating, how fast you've consumed and how you feel after eating it (especially how hungry or otherwise you feel). This will be a useful source of information to draw on, as each person's hunger triggers and set points differ.
2. Remove as many processed foods from your kitchen as possible. Eating slowly isn't just about slowing down the chewing; it's also about slowing down your dietary choices and preparation processes. If you're worried that you don't have time to prepare food from scratch, ask yourself whether your internal health is as important to you as it should be or if you'd rather fast-track to degenerative disease by putting nutritious food low on your list of priorities. Start making time for healthier food because a busy life can only be fueled by healthy choices and slowing down to cook is an act of caring for yourself and can even be therapeutic in a busy life. As you toss out the processed food, replace it with healthy, unprocessed or much less processed choices. For example:
- Remove white pasta and white rice and replace with wholemeal pasta and brown rice.
  - Remove pre-made meals in cans, packages and frozen forms and replace with the ingredients that go to making that item from scratch.
  - Remove processed desserts and replace with fruit, yogurt and healthy dessert choices.

### MORE TIPS NEXT WEEK...

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## OUTLOOK FASHION USING COLOUR

*Different shades of the same colour or similar colours almost always look good together.*



## HEALTH TIP

### LEARN TO SAY NO

*Don't accept every invitation to dinner and drinks. Suggest activities like a weekend hike or dance lessons.*

## Dine Out



## Beauty tip Fragrance

Fragrance is the most common cause of skin-care-related allergic reactions. If you're sensitive, be sure to choose products that are labeled "fragrance-free."

## Social Dancing Classes

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## FINDING THE STILLNESS...

There is a place within all of us that is untouched by the demands of the outside world. It is a place that is calm, centered and always balanced no matter what may be happening. Some people find this inner place through meditation; others access it when they are completely absorbed in something that they love doing. For me, it's movement, dance and my Chakranetics classes (Travel Inn, Fossa) The magical thing about being able to get in touch with this part of you is that you begin to experience the real you. This is the "self" that knows your authentic truth and can't be pulled or swayed by others. It is the part of you that is timeless and eternal and always feels safe.

## ENTER THE CALM..

Begin to experience your own inner calm by taking some time every day to go within. Just a few minutes will do! Close your eyes, breathe fully from your belly and allow yourself to drift into the calm. Allow your exhalation breath to be a little longer than the inhalation. This produces the relaxation response in your body. There's no right or wrong way to do this – just doing it is the key. When the world gets too busy, come home to your own inner sanctuary.

For Daily Motivational Coaching tips please visit my Facebook page and click "LIKE" to receive!

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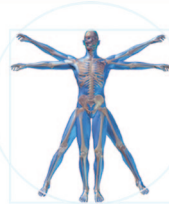
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## Set Dancing Classes

**Torc Hotel (Darby's) Killarney**

**Monday 3rd October 2016**

**Beginners: 7.30pm - 8.30pm**

**Improvers: 8.30pm - 10pm**

**Contact Ann: 087 9403508**

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## Spiritual Intuitive Energy Healer

### Trisha Moloney



Trisha Moloney is a Spiritual Intuitive Energy Healer, who is a native of Co. Kerry. She is holding workshops in Killarney this month.

Trisha works weekly in Tralee and Killorglin and has now started working in Killarney. Trisha says "my unique energy healing is a non-invasive treatment, very gentle yet powerful, life changing but very effective with immediate results. It treats everything from **chronic anxiety, depression, emotional behavioural issues in kids, autism, ADHD, anger issues, digestive fatigue, low self-esteem issues (in teens), arthritis, trauma, headaches, migraine, back problems**, to name a few."

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**DANNY HEALY-RAE TD**



**CLLR MAURA HEALY-RAE**



**Scott's Hotel Killarney** Every Saturday 11.30am

**Mon 3rd Oct:** Rathmore - Bridge Bar - 9.45pm. Rathmore - Cahill's Bar - 10.00pm. Rathmore - Dennehy's Bar - 10.15pm. Gneeveguilla - McAuliffe's - 10.30pm.

**Tues 4th Oct:** Glenflesk - Kerry Way - 9pm. Barraduff - Murphys Bar - 9.30pm. Barraduff - Sweeney's Bar - 10pm.

**Wed 5th Oct:** Farranfore - Ullicks - 8.15pm. Currans - James Daly's Bar - 8.45pm. Currow - Cunniffes - 9.15pm. Furies - Johnny D's Bar - 9.45pm. Furies - Sheehans Bar - 10.00pm. Furies - John Henderson's - 10.15pm.

**Thurs 6th Oct:** Lissivigeen - Darby O'Gills - 9.00pm. Aghadoe - Old Killarney Inn - 9.30pm. Faha - Faha Court Hotel - 10.15pm

**Last Friday of every month:** Scartaglin 8.15pm. River Island Hotel Castleisland 9.30pm. Kearneys Bar Castleisland - 10.00pm.

**CONTACT:**  
[dhealysrae@gmail.com](mailto:dhealysrae@gmail.com) - 0872316055  
[maurahealysrae@gmail.com](mailto:maurahealysrae@gmail.com) - 0877816432

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**Killarney Constituency Office**  
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**The Fairhill Business Centre, The Courtyard, Fairhill, Killarney.**  
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## Kerry ETB Training Centre



**Kerry ETB Training Centre is now recruiting for the following courses.**

### CAD - 3D Parametric Modelling (ET4R1) - Tralee.

This course is for CAD technicians who wish to develop contemporary 3D parametric modelling skills. **Start Date:** 26<sup>th</sup> September 2016. **Duration:** 31 weeks. **Certification:** City & Guilds Levels 1 & 2 Awards in Computer Aided Design Parametric Modelling.

### Media Techniques - Radio Course (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. The learning outcomes are firmly focused on enabling participants to secure sustainable employment in the radio broadcast sector. **Start Date:** 10<sup>th</sup> October 2016. **Duration:** 50 weeks. **Certification:** To be decided.

### MySQL and PHP for Dynamic Websites (ETR81) - Tralee.

This course is for people who are able to build and maintain static websites using HTML and CSS? It offers participants the opportunity to develop their MySQL and PHP knowledge and skills to create dynamic websites incorporating efficient and secure content retrieval from databases. **Start Dates:** 10<sup>th</sup> October 2016. **Duration:** 24 weeks. **Certification:** Oracle Certified Professional MySQL 5.6 Developer Certificate and W3C Schools certified PHP Developer Certificate.

### Food Preparation and Cooking (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 17<sup>th</sup> October 2016. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

### Digital Web Design with Adobe Dreamweaver (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 17<sup>th</sup> October 2016. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates in Computer Illustrated Graphics, Web Authoring and Work Experience, plus Adobe Associate Certificate in Web Communication Using Adobe Dreamweaver.

### MTA Software & Networking Fundamentals (ET1Z4) - Tralee.

This entry level course offers experience on the technical side of software development and computer networks. It's the ideal starter course for people considering a career in information and communication technology. **Start Date:** 24<sup>th</sup> October 2016. **Duration:** 12 weeks. **Certification:** Microsoft Technology Associate Certification.

### Heavy Goods Vehicle Driving Rigid (HGV) (ET394) - Killarney.

This programme provides participants with skills and related knowledge in the rules of the road, driving a heavy goods vehicle - rigid body, care and maintenance of the vehicle, loading and unloading the vehicle, customer care, and documentation. Applicants must be in possession of a current full Class B Driving Licence and a current Class C Learner Permit. **Start Date:** 14<sup>th</sup> November 2015. **Duration:** 10 Weeks. **Certification:** Class C Driving Licence, RSA Driver Certificate of Professional Competence, RTTB Counterbalance or Reach Forklift Truck Driving Certificate, and ADR Certification for Drivers.

### Digital Marketing with E-Commerce (ET08342) - Tralee.

This course is for people who wish to enter the digital marketing sector or incorporate digital marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 21<sup>st</sup> November 2016. **Duration:** 35 weeks. **Certification:** City & Guilds Level 3 Diploma in Digital Marketing 7513-30.

## New Course

### Foundation in Media (TR08743) - Tralee.

This full-time course offers you the opportunity to develop practical production skills in Media Project Management, Video Production, Sound Production, Photography, Digital Imaging and Media Publishing.

**Start Date:** September 2016. **Duration:** 14 weeks.

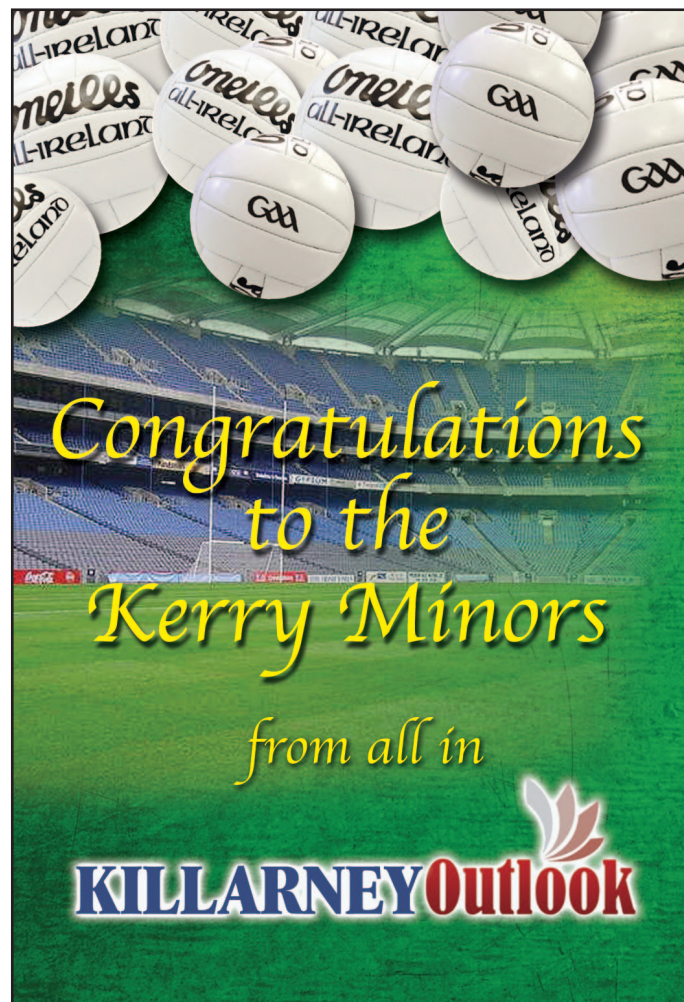
**Certification:** QQI Level 3 Award Media Expressions 3N0792.

To apply or get further information on any of the above courses please contact

**Kerry ETB Training Centre,**

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

[www.kerryetbtrainingcentre.ie](http://www.kerryetbtrainingcentre.ie), E-mail: [training@kerryetbtrainingcentre.ie](mailto:training@kerryetbtrainingcentre.ie)



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In order to tax your social welfare pension your annual tax credits are reduced by the tax arising on your social welfare pension. For higher incomes, the standard rate cut off point will also be reduced. You then effectively pay tax on both the pensions, but it is collected from the occupational pension. The same arrangement applies if you have income from a job and a social welfare pension.

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# Their Special Day



DONAL DALY SCARTEEN KILLARNEY AND NICOLA NI MHUIREAGAIN WOODLAWN WHO WERE MARRIED LAST WEEKEND IN THE CATHEDRAL. PHOTO BY BREDAL DALY PHOTOGRAPHY



DANIELLE CANNIFFE AND JERRY HURLEY FROM CORK WHO WERE MARRIED IN THE PRINCE OF PEACE CHURCH IN FOSSA AND HELD THEIR RECEPTION IN BALLYSEED CASTLE TRALEE PHOTO MICHEÁL O SULLIVAN PHOTOGRAPHY WWW.OSULLIVANPHOTOGRAPHYIRL.COM

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## ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



### On the Box

#### CORONATION STREET SHOCKS

This December will see the return of one of Corrie's biggest stars as Georgia Taylor brings Toyah Battersby back to Weatherfield. Toyah will join her sister Leanne after an absence of 13 years but how will she react when she sees Maria who once cheated with Toyah's boyfriend and was the reason she left town?

Elsewhere, Alya is going to blackmail her grandfather Sharif using his affair against him, Cathy will learn her nephew is really her deceased husband's real son and Beth will face court on bigamy charges.

#### EASTENDER EXITS

Following Ronnie and Roxie Mitchell, Les and Pam Corker, Lee Carter and Buster Briggs out of London will be Claudette Hubbard, Masood Ahmed and Aunt Babe. Most of these exits are due to take place before the end of the year. Kyle Slater will also be departing the square as Stacey loses her brother for pastures new.

#### EMMERDALE DRAMA

It would appear that Kerry's one night stand with Ross will come back to haunt her when she discovers she's pregnant. But who's the daddy? Her partner Dan or her lover Ross?

In other news, Chrissie is set to be joined in the village by her sister Rebecca. But it seems there is no love lost between the warring sisters.

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# KILLARNEY STEEPED IN CULTURE.... SEPTEMBER 16TH 2016



ENJOYING THE FINE WEATHER AT KILLARNEY HOUSE BEFORE THE BIG SCREEN LIT AT THE OUTDOOR CINEMA AS PART OF CULTURE NIGHT WERE BACK ROW L-R MATTHEW GREEN, ESTER GREEN, ANNETTE GREEN, IMOGEN CARROL-KELLY & MARY CARROLL. FRONT ROW L-R GRACE GREEN, FRANCESCA GREEN, EDITH GREEN & AMELIA CARROLL-KELLY. PICTURE MARIE CARROLL-O'SULLIVAN



MAYOR OF KERRY MICHAEL O'SHEA WITH ARTISTS DEIRDRE MCKENNA, MIROSLAVA PAVELKOVA, DES FITZGERALD, DIANA MULLER, JOSEPH KEATING, PAT OWEN AND DIARMUID O'SULLIVAN AT THE KERRY VISUAL ARTISTS SHOWCASE EXHIBITION LAUNCH DURING CULTURE NIGHT KERRY AT THE DEPARTMENT OF ARTS, HERITAGE, REGIONAL, RURAL AND GAELTACHT AFFAIRS IN KILLARNEY ON FRIDAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



ANN O'LEARY, MAYOR OF KERRY MICHAEL O'SHEA, KATHLEEN COFFEY AND ENA WALSH AT THE KERRY VISUAL ARTISTS SHOWCASE EXHIBITION LAUNCH DURING CULTURE NIGHT KERRY AT THE DEPARTMENT OF ARTS, HERITAGE, REGIONAL, RURAL AND GAELTACHT AFFAIRS IN KILLARNEY ON FRIDAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



NORA HORGAN WITH LAURA, AOIFE AND EMER HORGAN, RATHMORE, ENJOYING THE CULTURE NIGHT KERRY EVENING OF CLASSICAL MUSIC AND SONG AT ST. MARY'S CHURCH OF IRELAND KILLARNEY ON FRIDAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



CLARA, BRIANA, SHERIDAN, CINDY AND GIDEON REED, CASTLEISLAND, ENJOYING THE CULTURE NIGHT KERRY EVENING OF CLASSICAL MUSIC AND SONG AT ST. MARY'S CHURCH OF IRELAND KILLARNEY ON FRIDAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



LAOISE, CONOR AND AISLING O'MAHONY, KILLARNEY, ENJOYING THE CULTURE NIGHT KERRY EVENING OF CLASSICAL MUSIC AND SONG AT ST. MARY'S CHURCH OF IRELAND KILLARNEY ON FRIDAY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



POET GABRIEL FITZMAURICE WITH A GROUP WHO LISTENED TO HIS TALK AT MUCKROSS ABBEY, KILLARNEY DURING CULTURE NIGHT KERRY ON FRIDAY ABOUT GAELIC POETS GEOFFREY O'DONOGHUE, AODHAGAN O RATHAILLE AND EOGHAN RUA O SUILLEABHAIN, WHO ARE BURIED AT MUCKROSS ABBEY. PICTURE: EAMONN KEOGH (MACMONAGLE.COM)



PICTURED AT THE ARTS EXHIBITION AT THE DEPARTMENT OF ARTS & CULTURE, NEW ROAD, WERE L-R EDMUND STACK WITH HIS SONS CIAN & DARA AND ARTIST DES FITZGERALD. PICTURE MARIE CARROLL-O'SULLIVAN





# OUTLOOK SPORTS NEWS

Editor : Donal Barry

Email : news@outlookmags.com



## ALL IRELAND MINOR FOOTBALL FINAL

KERRY O'SHEA REPORTS ON LAST SUNDAYS ELECTRIC IRELAND MINOR FOOTBALL FINAL.

### CLIFFORD'S TOUCH OF MAGIC THE SPARK FOR 3 IN A ROW

**KERRY 3-7  
GALWAY 0-9**

David Clifford's skill and class again lit up headquarters on a dreary afternoon as his two moments of brilliance effectively decided the outcome of this Electric Ireland All-Ireland MFC final in favour of the Kingdom.

This is certainly a golden age for underage football in the county as three All-Ireland Colleges titles (PS Chorca Dhuibhne in 2014 and 2015) and St Brendan's College Killarney) have won a hat-trick of All-Ireland Colleges senior titles while Peter Keane's Kerry minors claimed their county's 14th All-Ireland Minor crown and a second hat-trick of title, the first achieved between 1931 and 1933.

The first of these magic moments of brilliance came in the 28th minute of the first half when David Clifford, with a spectacular one-handed catch, turned provider to set up full-forward David Shaw for his goal and Kerry's second of the game.

Then with 50 minutes gone on the clock, the Fossa teenager received a wonderful crossfield pass from Dara Moynihan, Clifford 50 yards out from goal used his considerable pace and skill to leave Galway's Adam Quirke and Sean Mulkerrins trailing in his wake and had only one thing on his mind as he rifled an unstoppable ball to the top corner of the net. Kerry who were never headed throughout the tie, were now five points clear and on the road to victory but Galway must deserve credit as they pushed Peter Keane's charges all the way. In the first half, the Connacht champions had the majority of the possession but couldn't transfer this onto the scoreboard.

The westerners missed a great goal chance in the ninth minute when Kerry keeper Billy Courtney, somehow managed to get a foot to John Maher's fisted effort having initially thought that the ball had gone out of play. Galway, who are noted for traditional, open football, adopted a defensive set-up with full-forward Sean Rafferty sacrificed as the sweeper.

Kerry had stars in defence in particular David Naughten who kept a tight leash on Galway's marquee forward Rob Finnerty while Michael Potts, Daniel O'Brien and Michael Foley were outstanding in the half-back line. Dara Moynihan worked tirelessly for the cause and was a worthy Man of the Match. The Spa



youngster added two fine points to Kerry's total and worked effortlessly throughout the hour.

It was a fairy-tale ending too for Cormac Linnane, who missed last year's campaign through injury. The Beale youngster played his part in Kerry's road to the final, scoring in the last four games.

The Connacht champions succeeded in frustrating the Kerry forwards who found scores hard to come by as did their opponents. Kerry had registered just two scores by the 18th minute while Galway had to wait until the 20th minute of the first half for their first score, a point from Des Conneely.

Sean O'Shea from a free, opened Kerry's account in the 2nd minute, while Diarmuid O'Connor was on hand to fist Sean O'Shea's point attempt to the net for Kerry's goal. This score came totally against the run of play. Despite a point from Galway's Cein Darcy, it was Peter Keane's charges who led 2-2 to 0-2 at the break despite the westerners dominating the possession and the territorial stakes.

A physically strong, manly Galway resumed in determined fashion and points from Adam Quirke and Rob Finnerty, (2) cut the gap to three but Kerry hit back with a fine individual score from full-back Niall Collins.

Galway were beginning to dominate and had the Kerry defence in trouble. When Ryan Forde and Man of the Match Dara Moynihan exchanged points, just a goal separated the sides. Rob Finnerty, from a free, and Des Conneely added points for the Tribesmen and at this stage, Galway looked set to record a famous victory.

Then came Clifford's second moment of magic in the 52nd minute which turned the tide and pushed the Kingdom five clear.

Rory Cunningham added a point for Galway but Kerry ran out winners with points from

Dara Moynihan, Sean O'Shea (free) and sub Cormac Linnane.

It was a memorable day for this young Kerry side, their manager Peter Keane (who took over from Jack O'Connor at the start of the year) and his selectors Tommy Griffin, James Foley, Chris Flannery and Padraig Murphy

It was an extra special day for the seven members of the panel from that famed football nursery St Brendan's College Killarney who added an All-Ireland medal to the All-Ireland Colleges title they won earlier this year.

This game between Galway

and Kerry was a joy to watch the tension all through was palpable and felt on the stands but on the field of play both teams played excellent football.

Full credit to the Kerry Supporters Club who were there in numbers to cheer on their team, despite the fact that many loyal members, who travel to games all over the country, had to stay at home because they were unable to secure tickets on this occasion.

**Kerry:** Billy Courtney; David Naughten, Niall Collins (0-1), Graham O'Sullivan; Michael Potts, Daniel O'Brien, Michael Foley; Mike Breen, Mark Ryan; Dara Moynihan (0-2), Sean O'Shea (0-2 0-2 frees), Diarmuid O'Connor (1-0); David Clifford (1-0), David Shaw (1-1), Brian Friel. Subs: Cormac Linnane (0-1) for Brian Friel (48th minute); Bryan Sweeney for David Shaw (58th min); Caolim Teahan for Niall Collins (54th min), Stefan Okunbar for Dairmuid O'Connor (60th min).



MAN OF THE MATCH: DARA MOYNIHAN



# GAA CLUB CALL

Deadline: Monday 3pm Email : editorial@outlookmags.com



SPA U14 GIRLS ENDED THE YEAR WITH A WIN IN THE EAST KERRY LEAGUE. THEY DEFEATED LAUNE RANGERS IN SPA.

## GNEEVEGUILLA GAA

Lotto numbers 19,22,29,30

No jackpot winner next weeks jackpot €4,250

€40 Tim Daly Gullane

€40 Breeda McAulliffe Village

€40 Ciara, Ian and Mark Top of the hill

€30 Gene & Mary F Petros

€30 Pat McCarthy GPO

€20 Ben & Pippa Murphy Yearly ticket

Congratulations to Gneeveguilla Juniors who completed a five in a row McElligot cups by beating Laune Rangers 5-11 to 1-13. Goals from Damien O'Sullivan Shane O'Sullivan, Pdraig Doyle and two from Cornelius Buckley helped Gneeveguilla to a great win.

Gneeveguilla seniors play Annascaul on Sunday at 2pm in Ballymac in the playoff promotion with the winners to face St Pats. Please come and support our lads.

## FIRIES COISTE NA NOG

**2016 ALL-IRELAND MINOR FINAL** On behalf of the club, Fries Coiste na nOg would like to extend our wholehearted congratulations to Cian Callaghan and Niall Donohue who were apart of the winning All-Ireland Kerry Minor squad. It is a tremendous honour to have one player involved, but two is absolutely fantastic for our small club. We wish both boys continued success in the green and gold and all the boys involved with Fries Coiste na nOg look forward to an introduction to Tommy Markham!

## SPA CLUB NOTES

**KERRY MINORS** Congratulations to Peter Keane and his team on winning 3-in a row All Ireland Minor Championships. Tommy Markham Cup is heading back to Kerry.

Great young talent in Kerry and no doubt some will wear the senior Jersey.

Dara Moynihan has been compared to some inspiring past and present Kerry Senior players but he's a breath of fresh air. A player in his own right. His lightening speed, tenacious work rate and he must have covered every blade of grass in Croke Park last Sunday twice over. He's unselfish with possession and his vision to place

a ball to his fellow forwards to score is just top class. Proud moment for all his family, friends and every Kerry person around the world when he received Player of the Game. Very gracious in his speech and not shy to thank everyone and humbly acknowledge his fellow team mates with great praise. Very few can say they won 2 All Ireland medals in 5 months and well deserved. This is just the beginning of great things to come.

Back to reality next weekend for Dara in the Minor Championship County final with East Kerry along with some of the All Ireland winning team.

**COISTE NA NOG** We welcome all new members boys and girls. We train all year round indoors and outdoors.

**TRAINING:** Boys Saturday 11.30-12.30

U6/U8/U10 and U12

**GIRLS:** U6/U8 and U10 Girls Saturday 10-11am.

Further information contact Secretary Bernie Courtney 087 1385612.

**U16 BOYS** Spa played a very strong Fries team at home last Monday night at home in the East Kerry Div 2 quarter final. The boys in blue ran into an early 12 point commanding lead mainly with 3 well taken goals by Sean Cahill.

However, Fries fought back bravely to whittle the lead down to 7 points at half time. On the resumption Fries attacked relentlessly reducing the deficit to 2 points. The brilliant Alan Kelly in goals pulled off an incredible save from a penalty, but was very unfortunate to have the rebound finished to the net. However the industrious Ruairi O'Keeffe and ever athletic Gary Vaughan then took command in the half back line thwarting attack after attack.

Evan Jones showed his class at half forward and created several fantastic scores for those around him. Ian O'Connell in at full forward was also winning some great ball inside setting up the runners coming in off his shoulder giving the Spa the vital scores whereby they ran out 4 point victors. Spa play Dr Crokes away in the semi final.

**LADIES FOOTBALL**

**U14 GIRLS** The girls ended the season with a

great win against a valiant Laune Rabgers team on the East Kerry League Final. An excellent game with great skills displayed by both sides. Great work and it was a great end to the 2016 season. Thanks to all the coaches, parents and especially the players who are a credit to their families.

**U16 GIRLS** Spa away to Laune Rangers Tuesday 21st @6.30pm.

**SENIOR LADIES** Ladies are training for two upcoming finals. Junior B final v Finuge/St Senans. Mary Jo Curran Cup Final against neighbours Kilcummin. Best of luck to Senior team Spa/Rathmore in their Munster campaign. Final Junior B Final

Spa V Finuge/St Senans Sat Oct 15th @6.30pm.

Mary Jo Curran Cup Final

Spa V Kilcummin Oct 22/23 V Kilcummin.

**CO JUNIOR LEAGUE DIVISION 3 FINAL**

Spa 2-11 Beaufort 2-15

Hard luck to our juniors who ran close till the end.

**UPCOMING FIXTURES** U12 Boys

Spa V Rathmore away Sun 25th @12noon

Senior Men

O'Donoghue Cup Championship Spa v Scartaglin on Sunday Sept 25th (details tbc).

**FLEADH CELEBRATION NIGHT** CCE Cill Airne held a night for all that competed in Fleadh for all groups last Friday, in Spa clubhouse. Eoin O'Carra, chairman welcomed everyone along with secretary Ann Mangan. A great night of entertainment was had by all. The All Ireland dancers were invited to show case their talent on the streets of Killarney for National Cultural Day.

**CLOTHES COLLECTION** Schools are open and a chance de-clutter those wardrobes and support the underage structure in Spa. We collect clothes, shoes, bags etc all year round. Bags can be left in Spa during the after 5pm in the lobby under the stairs. Further information contact Anne Holland 0857780883. Collection will take place in the next few weeks so don't miss your chance to off load unused or unwanted clothing. Your support is greatly appreciated.

**HALL RENTAL** Please contact Eileen Casey for availability 087 6577312.

**SPA MERCHANDISE**

Contact Mathilda for the new range of fantastic gear 087 6487356.

**WEDDING** Congrats to Lisa Stack Tiernaboul on her recent marriage to James Twomey, Donoghmore Co Cork.

**NEW ARRIVAL** Congrats to Spa minor manager, Kevin Healy and Deirdre on the birth of their first child, Africe Elizabeth.

## LISTRY

**WEEKLY LOTTO RESULTS:**

Sunday 18th September, 2016

Winning Numbers 7, 15, 16, 25

Jackpot €6,500 Not Won

1x€100 Eoin McCarthy, 2 Steeple Meadows





2x€50 Rose Giles, Rosnacartan  
Kevin & Siobhan O'Shea  
2x€25 Shane O'Sullivan, Lissivane  
Brendan O'Shea, Listry  
Draw Entrant Pat O'Sullivan, Coolbane  
Jackpot next week  
Sunday 25th September €6,650

**UPCOMING FIXTURES** Next Saturday September 24th in Killorglin v St Michaels Foilmore at 5pm County League play off game. The following Sunday October 2nd, Junior semi final v Beale in Strand road at 2.30pm. On Sunday October 9th Fr Galvin Semi final home v Furies at 12 noon.

**CIARRAI ABU!** Well Done to the Kerry Minor Team, Peter Keane and Management on becoming All Ireland Minor Football Champions 2016. From all at Listry Gaa Club.

**LOCAL HERO** Well done to Declan Corcoran on receiving The Emergency Services Hero Award last Sunday evening at the Pride of Ireland Awards. Well deserved.

**KILLARNEY LIBRARY** Kerry 1916 from the Archives is an exhibition currently running at Killarney Library which displays a collection of 1916 materials from the Kerry Library archive including newspaper extracts and original documents. The exhibition runs until Saturday 1st October during library opening hours. Free admission. All welcome.

## EAST KERRY NOTES

with Áine Ní Shúilleabháin PRO

### ROUND 1 - AQUILA CLUB O' DONOGHUE CUP, EAST KERRY SENIOR CHAMPIONSHIP

Currow 2-12 Cordal 0-09

Currow progressed to the quarter final of the Aquila Club O' Donoghue Cup when they claimed victory over a depleted Cordal side last Saturday in Currow. Currow built an unassailable lead in the opening half and ran out convincing winners. The gaem opened with a scatter of points before John Mc Mahon rattled the Cordal net- 1-4 to 0-1 on the seventh minute. Currow continued to pick off points freely before Luke Fitzgerald found the net for the second Currow goal on the 22nd minute. Half time score: Currow 2-10 Cordal 0-4 On the restart, the sides swapped points, 2-11 to 0-6 going into the final quarter. Three Cordal points to one for the home side saw Currow progress to the quarter final against Rathmore on a full time score of Currow 2-12 Cordal 0-09. Referee: Brendan Brosnan (Glenflesk)

Currow team: Shane O' Leary, Kevin Fitzgerald, Daniel O'Sullivan, John O' Connor, John Daly, Pat O' Sullivan, Mike Hanafin, Seamus Scanlon (Capt), Timmy O' Leary, Luke Fitzgerald, Mike Mc Carthy , Kevin Daly, Pa Mc Carthy, Daniel O' Shea, John Mc Mahon

Cordal Team: Séan Óg Ó Ciardubháin, Flor Griffin, John Brosnan, Billy Cronin, Jack McAuliffe, Michéal Cahill, Padraig O'Connell, John Mannix, Dónal McCarthy, Pádraig Brosnan,

Philip O'Connor, Niall Ó Ciardubháin, Jason Cronin, Kieran O'Donoghue, Michael Flynn.

### MD O' SHEA EAST KERRY U16 CHAMPIONSHIP

The semin final stage has been reached in Divisions 2 and 3 of the MD O' Shea East Kerry Under 16 Championship, after early round games played last week. The draws for these semi finals were made, on Tuesday evening the 13th September 2016, in Gneeveguilla after the Gneeveguilla V Rathmore game, in the presence of Sean O' Sullivan Chairman East Kerry Coiste na nÓg, Brendan Brosnan (Referee, Glenflesk), Gneeveguilla team mentor John Cronin and Rathmore team mentor Maurice Joe. In Division 2 Dr Crokes take on Spa and Fossa meet Rathmore. In division 3 Gneeveguilla host Furies and Glenflesk are at home to Currow. There will be extra time if necessary for all of these games.

### MD O' SHEA EAST KERRY U14 CHAMPIONSHIP

The 2016 MD O Shea East Kerry Under 14 Championship is nearing completion, with the Division 2 final won by Rathmore after an exciting game against Dr Crokes while Kilcummin won the division 3 final against Glenflesk. The last final in this years championship, is the much anticipated division 1 final Killarney Legion V Rathmore, fixed, which will be played this week.

**CONGRATULATIONS** Congratulations to the Kerry Minor team and management on winning the All Ireland Minor Football Final and particular congratuations to all from East Region clubs.

### EAST KERRY/KENMARE UNDER 15 SUPER 10

East Kerry Under 16 games are in full swing and Vince Cooper would hope to run the East Kerry Under 15 Super 10 straight after the finals are played. Games will be knockout with the top two teams meeting in the final. Kenmare District board Super 10 will be run on a league basis with Kenmare, Kilgarvan/ Tuosist and Sneem/Templenoe taking part. Top teams in East Kerry/ Kenmare will go forward to the county stage on Thursday 27th October in Tralee. It is vital that club mentors are made aware of the event. Dates and venues will be confirmed as soon as possible.

The aim of this Under 15 Super 10, is to give as many games as possible to Under 15 club players. Accordingly, the format will be 10 aside games with unlimited substitutes rolling on and off. Teams that amalgamate for the Under 16 county league may do so again for the Under 15 games.

### COLM COOPER INVITATIONAL TOURNAMENT

The Colm Cooper Invitational tournament takes place on Saturday next, the 24th September in Dr Crokes club grounds, Lewis Road. This tournament provides an opportunity for club's under 13 players to compete with their counterparts from clubs around the country, whilst honouring Colm Cooper. Winners from previous years, Corofin from Galway, Skerries Harps from Dublin and Bishopstown from Cork return for this year's

event. Clubs from Clare, Meath, Down and Mayo complete this year's participants.

Teams will play in groups to qualify for the Cup and Plate semi-finals and finals. The tournament trophies and medals are sponsored by the Coffey Family in memory of the late Denis Coffey, RIP, a former player and Club Officer with Dr Crokes. Chairman of the Tournament Organising Committee, John O'Shea, said "Apart from being a memorable occasion for the young players, it is a wonderful day for both the Cooper and Coffey families as well as a proud day for Dr Crokes Club."

Games commence at 11.30am and the tournament is scheduled to be completed by 6.30pm. The Organising Committee look forward to another successful tournament and issue an invitation to everyone to come and see the players of the future. Colm Cooper say that he enjoys this annual event. "I really enjoy these games, as the players are very honest and the skill levels seem to improve every year."

Participating Clubs: Dr Crokes (Kerry), Skerries Harps (Dublin), Castlebar Mitchels (Mayo), Kilmurry/Ibrickan (Clare), Bishopstown (Cork), Ballyholland Harps (Down), Colmcilles (Meath), Corofin (Galway). Schedule: Group Games 11.30 to 15.30; Plate Semi-Finals 15.40; Cup Semi-Finals 16.20; Plate Final 17.00 Cup Final 17.40.

**BEST OF LUCK** The very best of luck next Sunday to both Eoghan Ruadh and East Kerry U16 Divisional teams in the County Under 16 Shield competition.

### FIXTURES

Wed 21st September  
MD O'Shea East Kerry U16 Championship  
First named team has home venue  
All games at 6pm  
Division 3 Semi Finals  
Gneeveguilla V Furies  
Glenflesk V Currow  
Division 2 - Semi Final  
Dr Crokes V Spa  
Thurs 22nd September Division 2 - Semi Final  
Fossa V Rathmore  
Extra time if necessary all games  
Sat 24th September  
Aquila Club O'Donoghue Cup  
Quarter Final  
Currow V Rathmore at 3.00pm  
Venue: Currow  
Extra time if necessary

### SAFEGUARD SECURITY EAST KERRY SENIOR LEAGUE

Division 2 Final  
Furies V Fossa - at 4pm  
Neutral Venue: TBC  
Extra time if necessary  
Sunday 25th September 2016  
The Aquila Club O'Donoghue Cup

**ROUND 1** First named team has home venue  
Spa V Scartaglen - at 1.30pm  
Glenflesk V Kilcummin - at 3.00pm  
Extra time if necessary

**UNDER 12'S** The Dr Crokes Black and Amber boys teams had two fine wins against Legion in Lewis Road on Friday evening. In a game of





high quality, the Black team led by eight points with just eight minutes to go. The visitors piled on the pressure in the remaining minutes and the Crokes required a late Jack O'Sullivan goal to secure the win. The amber team had a few points to spare in the end with two late Shay O'Meara goals proving to be the difference in a keenly contested game. Well done to both Crokes and Legion teams mentors and players for two quality and sporting games on the night.

**ACADEMY** Lewis Road was a hive of activity on Saturday morning with an unbelievable buzz as we welcomed Éire Óg from Cork U10's hurlers footballers, along with Glenflesk U6 and U8 boys football teams. The Crokes girls hosted an U11 blitz And the young talent on show was very impressive. Thanks to all the visiting clubs for making it a memorable day. Well done to all!

**COLM COOPER BLITZ** The Colm Cooper Invitational Tournament will take place for the fifth year this Saturday 24th of September starting at 11.30am till 6pm. Everyone is invited to come along in a tribute to one of the greatest footballers of all time and one of our greatest Clubmen.

**CONGRATULATIONS** Congratulations to the Kerry Minors on their All Ireland win especially the Crokes representatives - Billy Courtney, David Naughten, Michael Potts, David Shaw and Patrick O'Sullivan.

## MILLTOWN/CASTLEMAINE NOTES

**GAA LOTTO DRAW:** Our next draw for €11,000 is in Karl J's Bar, Milltown on this Friday night- September 24th.

Tickets are available from our regular sellers and business outlets.

Thank you to each person who has supported our Lotto draw.

To all the ticket sellers-your endeavours are

**VERY MUCH APPRECIATED TOO.**

**BBQ-FUN FOOTBALL:** To mark the end of a fantastic outdoor football training season

and to acknowledge the tremendous progress made, we are having a BBQ for the footballers - after their final training session this Thursday. The adults will be treated to tea, coffee and home baking. We will be catering for at least 200 children so any help on the evening from 6.15 onwards would be very much appreciated. Also any home baking or snacks would be most welcome.

Please let Deirdre O Sullivan know ASAP on 086/1703332 -if you can help or provide home baking. Let's make this a special evening for all our young club members.

**UNDER 16-COUNTY FINAL:** Commiserations to the Under 16 management of David Heasman, Brian Kerins, Padraig Hogan and John Hegarty -along with the entire panel- on their defeat last Thursday evening by Churchill.

The team showed tremendous grit and determination - never giving up until the final whistle. The commitment shown all year long and all the hard work paid off with a place in the County Final- a fantastic achievement. You should all feel very proud of your efforts.

Well done to Churchill on a hard fought victory.

**KERRY MINORS:** Congratulations to our club keeper Cormac Leane and the entire Kerry Minor Panel on a magnificent victory in Croke Park today.

What a wonderful achievement for Peter Keane and his management team.

## LEGION GAA

**KERRY MINORS** Huge congratulations to everyone involved with the Kerry minor panel, especially those with a Legion connection. Well done to Cian Gammell, Peter Keane, Chris Flannery and Katie Purtill.

**NEW TRAINING PITCH** At a club meeting last week the Field and Development Committee put forward plans for a new training pitch in Derreen. A 90m x 60m sand-based all-weather pitch, based on the same structure as the Kerry GAA complex in Currans, was agreed upon. The new pitch area will be developed at the

top end of the grounds, just above our second playing field. With a few realignments of that pitch to be done, work is expected to commence in the near future. Well done to the committee on a very busy twelve months of planning and work on the project. It promises to be a superb addition to our already modern facilities.

**O'DONOGHUE CUP ¼ FINAL** Legion will face the winners of Spa v Scartaglen on Saturday, October 8th at 2pm. The match will be played in Derreen.

**JUVENILE** The U-12 girls were defeated by Milltown/Listry but a win against Currow in their final game will earn them a place in the top two. The U-15 girls had a good victory over Abbeydorney with Rebecca Walshe, Lauren Horgan and Ciara Randles amongst the goals.

**GOLF CLASSIC** The Legion Golf Classic takes place in O'Mahony's Point on Thursday, October 6th. There are two shotgun starts (9am and 2pm) and you can enter a team of three for just €200. To book your place at the event, please contact Seán Murphy at 087 2461780 or Tim O'Leary at 087 2608548. Don't miss this great opportunity to play one of the most scenic golf courses in the country and support the club in the process. Many thanks to Micheal O'Donoghue of the Killarney Avenue Hotel for his kind sponsorship of the event.

**MASS** There will be a mass at our clubhouse on Friday, October 14th at 7pm where we will remember our deceased members and also pray for all present and past members and their families. We hope to see past members, children, parents and grandparents, players, supporters and sponsors. Everyone is welcome. Transport will be available if required, just contact any club officer. There will be hymns by some of our Scór team and refreshments afterwards. Please spread the word.

**SATURDAY MORNING ACADEMY** Training continues this Saturday from 10.30am to 12 noon at our home grounds in Derreen. Kids aged 4-10 from the Killarney area are invited to come along and sign up. For more information contact Seán at 087 2225325.



PICTURED IN THE GO KERRY TENT AT THE NATIONAL PLOUGHING CHAMPIONSHIPS TODAY WERE JIM MORRIS, GO KERRY MAUREEN COURNEANE, THE GLENEAGLE HOTEL, JAMIE PALMER, THE GLENEAGLE HOTEL AND NIALL FITZGERALD, GO KERRY. PICTURE VALERIE O'SULLIVAN.



PICTURED AT THE DR. CROKES CLUB HOUSE ON WEDNESDAY NIGHT ARE KERRY MINORS AND DR. CROKES PLAYERS PICTURED WITH COLM COOPER. FROM LEFT; DAVID SHAW, MICHAEL POTTS, COLM COOPER, DAVID NAUGHTON, BILLY COURTNEY





## GNEEVEGUILLA ATHLETIC CLUB:

**LOTTO:** No winner of our lotto 16/09/206, numbers drawn were 13, 19, 26 & 27. Sellers prize winner: Mossie Brosnan, €50 Y/t prize winner: Gabriel O'Sullivan Kilgarvan, 450 to Pat O'Leary Leam, 440 each to Nora Mary McCarthy Post Office, Eileen Kelly Gullane & Caelen c/o Mike Moynihan Gneeveguilla. Bonus not won numbers drawn were 5, 14, 24 & 29. Next week's jackpot €14,600 plus €1,000 bonus.

**RIOCHT 5K SERIES:** In the 2nd leg of the Riocht 5K series Robert Purcell 1st O40, Andrew Purcell 2nd Junior, Caroline Murphy 2nd O50, John Guerin 2nd o40. The third leg is on this Wednesday evening.

**KERRY DEVELOPMENT SQUAD:** Shona O'Brien has been selected to attend the Munster Junior Endurance Performance squad training in Banna Beech on the weekend of September 23rd – 25th. Sinead Warren has been selected to be part of the Munster Performance Squad. Well done to both athletes.

**COUCH TO 5K:** Following the success of our 5K series earlier on in the year Gneeveguilla AC in conjunction with Barradubh Sports Field Committee are holding a couch to 5K series commencing Monday October 3rd, it will run Monday, Wednesday & Friday night for 8 weeks. Upon completion a 5K run will be held in Barradubh on Saturday November 26th. Everybody welcome.

**CLUB CROSS COUNTRY CONFINED EVENT:** The club will be holding a cross country session confined to all club members on Saturday September 24th at 4.30 pm in Boherbue Comprehensive school field. This event is open to all club athletes. There will be runs for juveniles up to masters.

**COUNTY CROSS COUNTRY:** County Cross Country competition will commence October 2nd in Demense Killarney with novice & juvenile even cross country races, followed. October 9th Kerry County Intermediate & Masters & Juvenile uneven age cross country in Fries. Sunday 23rd October Munster Novice 7 U23 7 Juvenile even age cross country at Cork venue. Sunday 30th October Kerry County Senior & Junior races & Juvenile relays in Caherciveen.

## WORKMEN'S ROWING CLUB

**TRAINING NEWS** Indoor training has resumed during the week as per coaches texts. We also meet at the lakeshore at Reen Pier on Saturday and Sunday mornings at 10.30am.

Workmen's Rowing Club have a huge tradition of rowing in Killarney and we train for different genre of rowing all year round..from Olympic Sculling, All-Ireland Indoor Ergometer Rowing, Traditional Killarney Sixes to Gig and Coastal Rowing.

During inclement weather we continue to train onshore and indoors. Beginners are always welcome, adults and boys and girls from 12 years of age or older can come along, talk to

our coaches, try out the rowing machines and sit in with other beginners or more experienced rowers, to experience this fabulous sport. If you are interested in taking up rowing why not contact us:

Contact Mary Moynihan for more information: 086 8098182.

**JUNIOR CERTIFICATE RESULTS** A heartfelt congratulations to our junior rowers who recently received their Junior Certificates from their schools. Your achievements on paper were terrific and a credit to your diligence in your examination preparations.

### DARA MOYNIHAN- MAN OF THE MATCH!!

Well done to Dara Moynihan, eldest son of our Chairman, Timmy Moynihan on his stellar performance with the Kerry Minor Team last weekend and in their defeat of Galway to once again win the Tommy Markham Cup. All at Workmen's were proudly cheering you on, and we're sure you have a bright future ahead of you in Kerry Football.

For a full list of upcoming rowing events and other information about the sport of rowing, please visit [www.rowingireland.ie](http://www.rowingireland.ie)

Why not keep in touch with us by liking us on facebook: 'Workmen's Rowing Club'.

## FARRANFORE MAINE VALLEY ATHLETIC CLUB

The second race of the An Riocht AC 5Km Road Race series was held in Castleisland on Wednesday evening 14th Sept. Maria McCarthy finished 4th lady overall and first in her age category. This is a good event for those preparing for the Cross Country in October. Next and final race is on Wednesday 21st Sept. Congratulations to all those who completed the Charleville Half Marathon on a wet Sunday 18th Sept.

Killarney 10 mile road race Saturday 24th of September (time 9:00am), it is an element of a fundraising drive now underway to support the development of a 200m micro track and a floodlit all weather pitch area which will be situated on grounds leased from the St. Brendan's Trust(St. Brendan's College Killarney).

**CLUB TRAINING:** Juvenile Training is on every Tuesday and Thursdays in Farranfore GAA grounds starting at 6pm. Open to all registered juveniles aged 8yrs (Born 2008) and upwards. This will be in preparation for the Cross Country Championships €2 per session

Cardiorespiratory, Strength, Endurance & Flexibility Exercise Class every Tuesday @ 7pm indoors at Farranfore Sports Hall, Coached by Maria McCarthy, this programme is designed to improve all the components of fitness that constitute physical fitness of an individual.

Secondary School/Junior / Senior training every Thursday starts at 6:40pm in GAA grounds Farranfore. This is endurance training for cross country preparation. €2 club member, €4 non club member.

**ATHLETIC'S FIXTURES** Sun 2nd Oct. Kerry County Novice & Juvenile Even Age Cross

Country, Killarney

Sun 9th Oct. Kerry County Inter/Masters & Juvenile Uneven Age Cross Country, Fries

Sun 16th Oct. National Open Cross Country incorporating the British & Irish Masters Trials, Abbots Town.

Sun 23rd Oct Munster Novice/U23 & Juvenile Even Age Cross Country, Cork Venue

Sun 30th Oct. Kerry County Senior / Junior & Juv. Relays, Cahersiveen TBC

## MUCKROSS ROWING CLUB

**OPEN DAYS** On Sunday last, the club held its second of two Open Days to introduce prospective rowers to the sport, who may have been inspired by the heroics witnessed during the Rio Olympics, not least the silver medal feat of Irish rowers Paul and Gary O'Donovan. Despite some bad weather, we were delighted to welcome a number of new rowers who we hope to see again as the new rowing season gets underway. Our thanks to all those who came over both Sundays, rain or shine. Special thanks to all our coaches, adult and junior members who helped with the organisation and running of the Open Days. A reminder to our newest members, the first rowing spin will take place this Sunday 25th September at 11:30am. Weather permitting, we hope to see you all at the boathouse. New members signed up at our Open Days who supplied a contact number will receive a text message to confirm details. If you missed our Open Days, new members are always welcome. Why not call to the boathouse this Sunday morning? All enquiries, text or call to 087 448 2935.

**NEW SEASON** As above, the new rowing season for 2016/17 is getting underway and the club is gearing up for the first competition, the Castleconnell Head Of the River on Saturday 29th October. Coaches will be in contact with existing members regarding training times. A session for new members will be held this Sunday morning 25th September at 11:30am. All welcome.

**MUCKROSS LOTTERY** Results of Muckross Lottery for Saturday 17 September 2016. Numbers drawn: 1, 7, 13, 17. Lucky Number: 18. Congratulations to jackpot winner Niamh Coffey and ticket seller Sean Coffey! Next draw Saturday 24 September 2016 at the Holiday Inn. Jackpot €1,000. Match 4 plus Lucky Number in panel 2: €2,000.

**STAY CONNECTED** Find us on Facebook [facebook.com/muckcrossrc](https://facebook.com/muckcrossrc) or follow us on Twitter @muckcrossrc for all the latest updates.

## ST. BRENDAN'S ROWING CLUB

**CONGRATULATIONS:** Congratulations to one of our members Nicola Morgan who celebrated her marriage to Donal Daly recently. We wish them joy and happiness for their future.

**CLUB MEMBERS LOTTO:** Congratulations to our winners of this weeks club lotto 1st place





No.7 Fiona Dunne and 2nd place No.6 David Cahill.

**NEW MEMBERS:** New members are always welcome for both sliding and sixing so if you think rowing might be the sport for you why not come and give it a try. Please contact any of the numbers below if you would like to arrange a practice session.

**CONTACT:** Any enquiries please contact Ciarán Cronin 086 038 0272  
Nicola Morgan 086 079 8507  
Ciaran Sheehan 085 148 7743  
or email stbrendansrowingclub@gmail.com

## KILLARNEY 10 MILE

The 3rd Killarney10Mile is on tomorrow Saturday September 24th and we wish all participants a great day!

Registration is in the refectory in St. Brendans College from 6-8pm on Friday evening and Saturday morning from 7-8.30am. The race will start at 9am sharp. Car parks are located at the top of High Street, New Street and beside the Cathedral. It will also be possible to park in the field next to Cathedral with access from New Road but please note that you will be unable to leave this car park until the event is completely finished as the race route passes the exit.

Further details and a map are on the facebook page <https://www.facebook.com/killarney10mile/>

This is a not for profit event and all the money made after costs goes directly in the Killarney Community MicroTrack building fund.

**CONGRATS** Huge congratulations to the Kerry Minor team victorious for the 3rd time in a row last Sunday – what a day!

**TRAINING** The KVAC 8 week training program is going very well and the young (and not so young) athletes should see a big difference in their fitness levels! There will be no training tomorrow the 24th of September as this clashes with the Killarney10Mile. Come out and cheer on the athletes instead!

**CROSS COUNTRY** The Cross Country season is upon us again - If you are interested in taking part in the events on Sun Oct 2nd and Sunday

Oct 9th please talk to Connie. If you do decide to enter please remember that if you don't show up on the day you will be leaving your club, and possibly a team, down. Don't enter unless you can be there on the day.

Sun Oct 02 2016 Kerry County Novice & Juvenile EVEN AGE Cross Country Killarney  
Sun Oct 09 2016 Kerry County Inter/Masters & Juvenile UNEVEN AGE Cross Country Furies  
Details of further events, distances & age groups are on our Facebook page.  
Please check our facebook page for up to the minute news, changes to schedules and photos etc. <https://www.facebook.com/KillarneyValleyAC/>

**INDOOR TRAINING** We are still looking for more help if the indoor training is to go ahead this year – thanks to those who have already volunteered. Please email the club if you can help.

**REMEMBER:** Athletes MUST wear the club singlet when representing their club. These are available from Brid Stack 0872650720

If you have any news or photos you would like to include in the notes please email [killarneyvalleyac@gmail.com](mailto:killarneyvalleyac@gmail.com)

## KILLARNEY COUGARS BASKETBALL CLUB.

**JUVENILE NEWS** Our season is now well underway and our youngest members in the Juvenile Academy for the Cougars Cubs Boys and Girls commences this week on Friday 23rd September. Training times at 5 pm for girls and 6.15 pm for Boys.

Registration may be completed on the first night at the Parish Hall. New members welcome. Boys & Girls ages / born 2007,2008,2009, 2010. All welcome Parish Hall.

**U14 GIRLS** Athea Vixens 19 Killarney Cougars 40

The Cougars were on the road early last sunday and produced a good performance in the opening game of the new season. Cougars led throughout and were in control following a good first half with good performances coming

from Adele O'Brien, Niamh Horan, Ciara Casey, Aoibhe Kearney in the Athea Community Center.

**FIXTURES** U12 Boys Oct 6 th Killarney Cougars v StColmans Pres Gym

U14 Boys Oct 10 th Killarney Cougars v Tigers Pres Gym

U14 Girls Oct 8 th Killarney Cougars v Bobcats Moyderwell Tralee.

**SENIOR NEWS** Training is well underway for all senior teams and registration will be closing by the end of the month.

Senior Training Schedule

Monday Men's Pres Gym 7 pm

Tuesday Women's Pres Gym 8 pm

Thursday Men's Pres Gym 9 pm

**FIXTURES**

**SENIOR MENS** Oct 3 rd Killarney Cougars v St Anne's , Pres Gym

**SENIOR WOMEN** Oct 9 th Killarney Cougars v St Mary's , Castleisland CC

**NEW MEMBERS** are always welcome and they can contact the Secretary on 087-4175493 or email [secretarykillarneycougars@gmail.com](mailto:secretarykillarneycougars@gmail.com)

Further details on All Killarney Cougars Clubs schedules and events log onto the website at [www.killarneycougars.com](http://www.killarneycougars.com) or find us on Facebook.

## FOSSA COMMUNITY GAMES NOTES

The Danny Coffey memorial sports day will be held in the Old Football field in Fossa on Saturday the 24th of September starting at 2pm. This is open to all children living in Fossa parish. There will be various track and field events for all ages including the ball throw and long jump. The best athlete on the day will take home the Danny Coffey trophy for 2016. It won't all be competitive there will be a few fun novelty races too and Parents will get the chance to roll back the years with a few races of their own!

This is sure to be a great day out so come down and join us and hopefully the Sun might even make an appearance.



PAUL NAGLE FROM ESB NETWORKS IN KILLARNEY RECENTLY PRESENTED HIGH VISIBILITY VESTS ON BEHALF OF ESB NETWORKS TO EVERY CHILD STARTING JUNIOR INFANTS IN LISSIVIGEEN NATIONAL SCHOOL IN KILLARNEY. PHOTO CREDIT: TREVOR O'DONOGHUE PHOTOGRAPHY



THUMBS UP FROM JUNIOR INFANTS AT FOSSA NATIONAL SCHOOL WHO RECEIVED HIGH VISIBILITY VESTS ON BEHALF OF ESB NETWORKS. PHOTO CREDIT: TREVOR O'DONOGHUE PHOTOGRAPHY



## SCHOOLBOY/GIRL SOCCER OPENING DAY OF SKECHERS NATIONAL CUP FIXTURES:

### NAT CUP 12'S ROUND 1:

Limerick FC 0-2 Park  
Mastergeeha 4-5 Ennis Town  
Killorglin 4-1 Murroe FC.  
Nat Cup 14's Round 1:  
Listowel Celtic 3-0 Killavilla Utd  
Janeboro 1-4 Camp Juniors  
Round 2:  
Killorglin 11-0 Geraldines  
Aisling Annacotty 5-2 Tralee Dynamos  
Holycross 0-1 Inter Kenmare  
Dingle Bay Rovers 0-6 Park  
Nat Cup 16's Round 1:  
Fenit 1-8 Nenagh  
Park 3-0 Regional FC  
Knockainey 2-4 Mastergeeha  
Kilmallock 1-0 Killarney Athletic  
Murroe FC 1-4 Listowel Celtic  
Avenue 0-0 Killarney Celtic  
Avenue win 5-4 on pens.  
Killorglin 1-2 Tralee Dynamos

### LEAGUE RESULTS:

#### JK SPORTS 12 PREMIER:

Prem 1: Killarney Celtic A 2-0 Inter Kenmare  
Prem 2: Iveragh United 6-0 Killarney Athletic  
Prem 3: Killarney Celtic B 3-0 Tralee Dynamos  
Daly's Supervalu 13's  
Premier: Killorglin 5-0 Tralee Dynamos  
Park A 6-0 Park B  
Division 1: Listowel Celtic B 1-5 Ballyhar  
Division 3: Park C 7-3 Fenit  
Foundation Sports 14's:  
Premier: Mastergeeha 1-1 Killarney Celtic A  
Division 1: Killorglin B 2-5 Tralee Dynamos  
Ballyhar 7-1 Killarney Athletic  
Killarney Celtic B 3-3 Killorglin B  
Tralee Trophy 16's Division 1:  
Camp Juniors 6-2 Ballyheigue  
Division 2: Asdee 2-6 St Bernards.

### MATCH REPORTS:

#### SKECHERS NATIONAL CUP:

The road to Skechers National Cup glory is underway and the first target for all the teams is to reach a place in the Last 32 – 5 of which will come from our South West Region.

2 through in the 12's:

Goals from Darragh Cunnane and Cian Moran saw St Brendan's Park enjoy a very good 2-0 win at Limerick City. Killorglin had goals from Stevie Gannon 2, Andrew Owens and Dara O'Connor saw them progress on a 4-1 home win over Murroe FC.

Mastergeeha scored 4 time through Sean Doolan, James Williams, Eoin Kelly and Kealan O'Shea but conceded 5 to go out to Ennis Town. Wins in Round 1 and 2 in the 14's:

In the 14's Round 1 Listowel Celtic received a walk over from Killivilla United to go through to Round 2. Also through are Camp Juniors after an impressive 4-1 away win at Janesboro in Limerick. Cian Wright opened the scoring with a great header and the second came from Donal Crean following a good run by Coleman O'Meara. A penalty for Janeboro halved the deficit just before half time but following the restart Wright got his second, and Camp Junior's 3rd with a tap in and Cian Cronin

wrapped up the win with 5 minutes to go.

Mastergeeha were 4-2 away winners at Knockaney. The Kilbrean side had a hat trick from Dylan Murphy and one from Paul O'Shea. The Park also progressed on Saturday as they got a walk-over from Regional C.

On Sunday Tralee Dynamos won the all Kerry battle against Killorglin 2-1. Samson Ayevi and Soni Rramani got the Dynamos goals.

Fenit went out 8-1 away to Nenagh, Killarney Athletic lost out 1-0 against Kilmallock and Killarney Celtic went all the way to penalties away to Avenue in Ennis but came out on the wrong side of a 5-4 score-line. The game was score-less after extra time.

### LEAGUE MATCH REPORTS:

There was action in both midweek and at the weekend in the various League Divisions.

JK Sports 12's: In the JK Sports 12 Premier 1 two goals from Eoghan Crowley saw Killarney Celtic defeat Inter Kenmare 2-0. Iveragh United were 6-0 winners at home to Killarney Athletic in Prem 2. Ian O'Sullivan, Con O'Shea and Oisín Breen all scored 2 each. Killarney Celtic B got the points from Tralee Dynamos.

Daly's Supervalu 13's: The action in the Daly's Supervalu 13's was in mid-week. In the 13 Premier Killorglin defeated Tralee Dynamos 5-0. Charlie Foley, Ryan Diggin, Dara O'Grady, Adam Owens and Tom Whittleton were the scorers.

The Park A defeated Park B with the A sides scores coming from Colin Doody 2, Messiah Chinwa, Sean O'Connell, Ciaran Cooney and Adam Wharton.

Ballyhar defeated Listowel Celtic B in 13's Division 1 thanks to goals from Colin Callaghan, Padraig Fell, Aaran Burke, James Horgan and Stephen Palmer.

In 13's Division 3 The Park C defeated Fenit 7-3. Dara Cunnane got 2 with Ray McGrath, Ewan O'Sullivan, Conor Mitchell, Lasha Bukawmi and Mike Tansley all getting one each.

Foundation Sports 14's: Mastergeeha and Killarney Celtic shared the points in their 14 Premier clash at Kilbrean Park. Killian Burke put the home side ahead before Ruairi Dorian equalised for Celtic inside the last 5 minutes.

Tralee Dynamos made the trip to Killorglin B a winning one in 14's Division 1. Sean Dillane hit 3 with Maurice O'Connell and Danny Burke getting the others.

Ballyhar were 7-1 winners at Murt Scott Park at home to Killarney Athletic. Bryan Burke got 2 with Liam O'Driscoll, John Power, Aaran O'Shea, Peter Cosgrave and Owen Greaney all getting a goal each. Killarney Celtic B and Killorglin B drew 3-3.

## MASTERGEEHA FC

**U12 NATIONAL CUP** MASTERGEEHA 4 ENNIS TOWN 5

In this high scoring game Mastergeeha were unlucky not to go through to the next round. Sean Doolan, James Williams, Eoin Kelly and Kealan O'Shea got the goals.

**U14 MASTERGEEHA** 1 KILLARNEY CELTIC 1  
In their first game in the premier division the boys had tough battle in this local derby. In the opening half Mastergeeha created the better chances with Cian Foley and Brendan O Leary going close. In the second half the boys took

the lead mid-way through when Cillian O'Brien scored with a good free kick. However with 5 minutes remaining the visitors equalised. All played well.

**U16 NATIONAL CUP** KNOCKAINEY 2 MASTERGEEHA 4

Away in Limerick on Saturday the boys had to battle all the way to ensure qualification to the next round. Dylan Murphy with a hat trick and Paul O'Shea were the scorers. All involved did well.

**PREM B** CASTLEISLAND 4 MASTERGEEHA 2

In their first game of the season the seniors started slowly and were down 3-1 after 30 minutes with Derek Breen getting the goal. Mastergeeha got a further goal back just before the break when Scott O Mahoney converted from the penalty spot. In the second half Mastergeeha played much better and pushed forward in search of the equaliser. However with 20 minutes remaining Castleisland scored. In the closing stages Mastergeeha went close to scoring again with efforts from Gearoid Kerins and Scott O Mahoney.

**MASTERGEEHA FC LOTTO** There was no winner on Friday 16th September, 2016. Numbers drawn were 6, 9, 22, 24. Consolation prizes were €100 Marian Collins, Village Inn, Kilmummin. €60 Ellen O'Sullivan, Gortacopple, Scartaglin. €30 Dan and Rose, c/o OLOL, Kilmummin. €30 Áine Kennelly, Tiernaboul, Killarney. €30 Ian Aherne, c/o John Lenihan. Jackpot now €2,250.

## MEK UNITED F.C.

### FIRST HOME GAMES ON HOME GROUND

Liebherr Field, Fossa, Killarney, Co Kerry

Saturday the 24th of September 2016

10.30am Kick off U11 vs Inter Kenmare

12.30 pm Kick off U13 vs Listowel Celtic C

Come along and support your club, give the visitors a great welcome at the first game on our home ground. All training times remain as before.

U11's/U12's Tuesday 7pm to 8pm

Details: Pa Murphy on 087 794 3220

U13's Wednesday 7pm to 8pm

Details: Liam Healy 087 763 9611

U6's U7's and U8's Saturday 2pm to 3pm

Details: Jerry Hayes 087-272 2859

U9's and U10's Saturday 3pm to 4pm

Details: Liam Murphy 087 414 5662

As per regulations shin guards are compulsory and a fee of €2 per person per session applies to cover the costs. Registration is still open and is available at all relevant training sessions. Any parent wishing to assist with coaching please get in touch.

Contact Pa Murphy on 087 7943220 or Liam Murphy 087 4145662 for further details.

Like our Facebook page for regular updates.

## KILLARNEY ATHLETIC NOTES RESULTS:

### MUNSTER JUNIOR CUP

Killarney Athletic 3-1 Inter Kenmare.

Athletic started their Munster junior cup clash with Inter kenmare on a damp Sunday morning by scoring within three minutes from a corner



Shane Lynch rising highest to score at the front post. Inter came back at us which made the next 15 mins very nervy with David Neeson keeping Inter from scoring on a couple of occasions, Athletic finally got their passing and moving together and got a second goal again from a corner after good pressure from Shane Lynch. Second half started with Athletic increasing the tempo and a worldie of a strike from Shane Lynch to give him his hat trick was what the boys truly deserved.

A change by management in formation led to Inter getting their goal and a shaky five minutes. Athletic could have and probably should have scored a few more with Conor Farrell hitting the woodwork, Adam Moynihan having his shot blocked and Chris O'Meara blasting a good chance over in the dying minutes. A great team performance.

## DENNY DIVISION 1B

Killarney Athletic B 2-3 A.C Athletic B

Having played great football in the first half and taking a 2 goal lead thanks to goals from Flor McCarthy and J.P Mullins, Athletic will be bitterly disappointed to concede 3 very sloppy goals to gift A.C the 3 points. Plenty of work to be done in training and the boys will be looking to bounce back with a positive result this week.

**U14** Athletic travelled to Ballyhar for their first game of the season. Ballyhar had the better of the opening exchanges, with man of the match Darragh Doolan keeping Athletic in the game with some fantastic saves. Down at half time, a few changes pushed Athletic on with Pa Komosa doing really well at the back. Athletic were rewarded for their hard work when Aaron O'Sullivan scored in the second half. As the game pushed on, Athletic tired & the final score line flattered our opponents. Other players to impress were Jack Lynch, Ciaran Cronin, Conor Horgan & Rian O'Brien.

**FIXTURES** Saturday 24th September 2016

Sfai, Sketchers, Under-15, Evans Cup  
Ballyhar Dynamos v Killarney Athletic 2pm

**LEAGUE FIXTURES** Moriarty's Centra U11's

**GROUP 2** Killarney Athletic v Mastergeeha 10-30am

**DALY'S SUPERVALU U13 DIV.2** Killarney

Athletic B v Inter Kenmare 12 noon

Sunday 25th September

**DENNY PREMIER A** Killarney Athletic v St Brendans Park 11-30am

## DENNY DIVISION 1B

Classic Fc B v Killarney Athletic B 2pm

**CHURCH GATE COLLECTION:** The annual Killarney Athletic Church gate collection will take place on the 1st and 2nd of October 2016. We would like members to donate 1 hour of their time to help raise funds for the club. Please contact Aaron Quill (087-9403514) or Sean O'Donoghue (087-6621066) to arrange a time slot.

## CHRISTMAS QUIZ/AWARDS NIGHT:

The Christmas Quiz will take place on the 18th November 2016 in the Killarney Oaks Hotel. Player of the Year awards will be handed out on the night also. More Details will follow in the coming weeks.

**KILLARNEY ATHLETIC WEBSITE:** Please check the website on [www.killarneyathletic.com](http://www.killarneyathletic.com).

com or facebook for match reports, club information and contact details.

**CONTACT:** If you have anything to add to the Killarney Athletic A.F.C Notes please contact Alan Daly on 085-1913244 or [aland15@live.ie](mailto:aland15@live.ie)

## KILLARNEY CELTIC NOTES

**STETSONS AND STILETTOS** Killarney Celtic in conjunction with the INEC are looking forward to seeing everyone on what should be a fantastic night this Friday from 7.00pm at 'Stetsons and Stilettos', the ultimate Garth Brooks Experience featuring Trevor Smith and local artists. As well as a superb concert, with proceeds going to little Amy O'Connor, who is bravely battling illness, there will also be loads of fancy dress and novelty acts with some high profile personalities riding the bull – or trying to, anyway!

## CONGRATULATIONS

Warmest congratulations from everybody at Celtic to Brian and Eva Spillane on their new arrival into the household.

Congratulations also to the victorious Kerry minors, many of whom wore the Celtic jersey in their time.

**KILLARNEY CELTIC GOLF CLASSIC** The Club Golf Classic at Beaufort Golf Club had been changed to Friday October 7th - tee times from 1.30pm and Saturday October 8th from 7.00am. Contact Tim Lyne on 086 0522506 to book tee times. The date has been changed due to unforeseen circumstances. Please support as it is a very important fundraiser for the club.

**NEW SEASON** With the new season starting shortly, the club would love to hear from any partners who would like to be associated with our great club and sponsor a set of gear for one or more of our Underage teams. Killarney Celtic had 16 teams from U11 to U16 in constant action last year, plus our U17 team, non-competitive coaching and blitzes for big numbers from U7 to U10, Football for All, and our Soccer Tots Programme. Contact any executive member or message us on facebook for details.

**SCHEDULED TRAINING TIMES** These are the initial training times for the various teams as the season gets underway – please note, these will be subject to change.

**UNDER 7** (2010) Saturday 1.30pm

**UNDER 8** (2009) Saturday 1.30pm

**UNDER 9** (2008) Saturday 3.00pm

**UNDER 10** (2007) Saturday 4.30pm

**UNDER 11** (born 2006) Wed 5.30-7

**UNDER 12** (2005) Tuesday 5-6.30

**GIRLS U12** (2005) Monday 19th, 6.00pm

**UNDER 13** (2004) Thursday 6.30-8

**UNDER 14** (2003) Monday 6-7.30

**UNDER 15** (2002) Monday 7-8.30

**UNDER 16** (2001) Thursday 8-9.30

Senior B, Youths and U17 training is back on Tuesday's at 7.30pm and Friday's from 7pm.

**REGISTRATION** will be taken at all training sessions (€50 per child, €90 for two siblings, €120 for three or more).

**VOLUNTEERS WANTED** One thing that Killarney Celtic are badly stuck for this year is

help with our teams, especially at underage. Celtic has a proud and long-standing tradition of providing games and teams for players of all ages and abilities. We fielded 19 teams last year, plus non-competitive coaching and blitzes for big numbers from U7 to U10, Football for All, and our Soccer Tots Programme, but in order to continue to do that, we need volunteers to help make sure that everyone is playing in a safe and enjoyable environment. Full training and support will be given.

**RESULTS** Munster Junior Cup: Killarney Celtic 2 Mitchel's Avenue 0

Our great start to the season continued as we won our first cup game thanks to two goals from Gary Keane. Mitchels are a good, organised side but in truth, with the devastating form of Celtic, it could well have been more.

**U16 SFAI CUP:** Avenue United 0 Killarney Celtic 0 (Avenue won 5-4 on penalties)

A heroic effort, but in the end it came down to the dreaded shootout, a very hard way for any team to lose out in a national competition.

**U14 PREMIER:** Mastergeeha 1 Killarney Celtic 1

A real thriller of a local derby, with quality on both sides. Ruairi Dorrian was our goalscorer.

**U14 DIV ONE:** Killarney Celtic B 3 Killorglin 3  
These two sides have shared some brilliant duels over the last couple of years; this may have been the best of them and a draw was a fitting result.

**U12 PREMIER:** Killarney Celtic 2 Inter Kenmare 0

A cracking game, with Eoghan Crowley's brace separating two very good sides.

**U12 DIV THREE:** Killarney Celtic B at home to Tralee Dynamos, Saturday, 11.45am

**CONGRATULATIONS** to U12 player Eoghan Crowley on making the team of the week.

**FIXTURES** Denny Premier A: Killarney Celtic at home to Castleisland, Sunday, 11.30am

**DENNY PREMIER B:** Killarney Celtic B away to Mastergeeha, Sunday, 11.30am

**U15 DIV TWO:** Killarney Celtic B away to Castleisland, Saturday, 12.30pm

**U13 NATIONAL CUP:** Killarney Celtic at home to Lough Derg, Saturday, 2.30pm

**U13 DIV TWO:** Killarney Celtic away to Ballyheigue, Saturday 2.30pm

**U13 DIV THREE:** Killarney Celtic C at home to Park C, Saturday, 10.30am

**U11 GROUP ONE:** Killarney Celtic v Park, Saturday, 10.30am

(Please note that these games are non-competitive. We would urge all supporters to cheer on and encourage both teams)

**LOTTO** Numbers drawn 3, 8, 11, 15. No winner, eight x match three, Keelan O'Donoghue c/o John Don, Peter McGrath Ardshanavooley, Assumpta O'Donoghue, Killarney Oils, Donie Cronin c/o Denis, Joan O'Leary, Dr. Crokes, Patrick Mangan Ardshanavooley, Kevin & Marie, Woodlawn, 21 Countess Rd., €20h. Next week's jackpot €2100, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available.





## LONELINESS IN OLDER ADULTS



At SouthWest Counselling Centre we are meeting more and more elderly people who are feeling isolated and alone. What strikes me is that whilst there is a lot of emphasis on help and support for younger people there is less awareness of the availability of supports for older people. As we all know, life is an on-going journey that can present challenges at any stage along the way. Bereavement, loneliness, declining health, fear of crime and loss of loved ones through emigration are issues that many older people are dealing with. Counselling can provide a clear space to do this and offers support and gives us a fresh perspective on things.

Many older people are feeling lonely and isolated due to a lack of social contact and connection. Social isolation has been shown to have a detrimental effect on health and well-being. It is vital therefore that we stay connected, and whenever possible reach out to others and remain actively involved in life. As social beings, most of us feel the need for social contact and relationships. Therefore I would encourage someone who is feeling lonely to establish what opportunities for social connection already exist in their community. It doesn't matter initially whether they get anything out of the actual activity, as they may meet someone of like mind and it is a great opportunity for social connection.

There are many activities in which they can join. Adult education classes can be a great way to meet like-minded people whilst also acquiring new skills. They can also help to boost our confidence and make social interaction more pleasurable. Getting involved in Community Action Groups, Local History Groups or Sporting Activities can all be very enjoyable. Participating in local church activities, organised outings or book clubs can also help to feel more connected to others. Treating ourselves to massage or reflexology can also help to relieve loneliness. Another useful activity is letter writing, perhaps for a worthy cause - such as Amnesty International. Technology forums such as the internet may provide relief from boredom and loneliness. Perhaps you could enlist the help of a young person to learn these skills. If you are feeling lonely, reach out and talk to someone today.

**Senior Help Line can be contacted on (1850 440444) from 10am to 10pm for the price of a local call from anywhere in Ireland.**

If you would like to speak to a counsellor SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. [info@southwestcounselling.ie](mailto:info@southwestcounselling.ie).

**KerryLifeLine provides FREE counselling and support to anyone feeling suicidal or bereaved through suicide. [info@kerrylifeline.com](mailto:info@kerrylifeline.com) To make an appointment call 064 6636416/064 66364100**

SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision



## Citizens Information

### Know Your Rights:

### NEW EARNED INCOME TAX CREDIT

#### QUESTION

I am self-employed and make a tax return each year. What is the new tax credit for self-employed people? How do I apply for it?

#### ANSWER

From 1 January 2016, a new Earned Income tax credit of €550 is available for self-employed people (in addition to the normal personal tax credits and other reliefs). Proprietary directors who are not eligible for the PAYE employee tax credit can also claim this credit.

This Earned Income Tax Credit is calculated at 20% of your self-employed (or earned) income. It does not include any earned income that is taken into account for the PAYE employee tax credit. Note that if you also qualify for the PAYE tax credit, the combined value of both tax credits cannot exceed €1,650.

The maximum relief for 2016 is €550. However, if your earned income is below €2,750, the tax credit is restricted to 20% of the income. For example, if your total earned income is €2,000 your maximum tax credit is 20% of this or €400.

As a self-employed person you pay tax under the self-assessment system. Under this system (known as "Pay and File") you must file your return, complete a self-assessment, and you must pay the balance of tax outstanding for the previous year. At the same time, you must pay preliminary tax (an estimate of tax due for your current trading year) for the current year. When you pay preliminary tax for 2016 you can include the Earned Income tax credit in your calculations. However the new Earned Income tax credit is not available for the 2015 tax year.

The date for payment of tax and filing of returns is 31 October each year. For 2016, if you file your tax return online using the Revenue Online Service (ROS), the due date is extended to 10 November 2016.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.



## KILLORGLIN GOLF CLUB.

**LADIES RESULTS:** 18 Hole Stableford sponsored by MacBees: 1. Eileen Bell (26) 35 pts. 2. Helen O'Rielly (35) 34 pts. 3. Kathleen Houlihan (28) 33 pts. **FIXTURE:** 18 Hole Stableford sponsored by Kerry Petroleum can be played Sat 24th, or Tues 27th September. Arrange own time and playing partners.

Beaufort Exchange Day is on Sunday 25th. Time Sheet in Pro Shop. Please note that Tee times have changed.

Silver Swans 12 Hole Stableford 13/9/2016: 1. Kitty Galvin (27) 28 pts. 2. Mary Murphy Garvey (34) 23-1=22pts. 3. Eileen Bell (26) 23-2=21 pts. **JUNIOR CLUB:** Lady Captain's Anne Kenny Foley's Prize to Junior Girls: 12 Hole Stableford: 1. Tyler O'Sullivan (32) 36 pts. 2. Niamh Dinham (36) 17 pts. 3. Ellen Griffin (36). 4. Jemma Key (36) Junior Captain. 9 Hole Stableford: 1. Sarah Kennedy (36). 2. Grainne Jones (36). 3. Laoise Murphy (36). Junior Officer Emma Daly thanked Lady Captain Anne for the lovely prizes and congratulated all the winners.

**SINGLES CLUB CHAMPIONSHIP:** The Final of the Singles Club Championship sponsored by John Fitzgerald took place last weekend between Mary Quillinan and Emma Daly. Congratulations to Emma on winning over Mary on the 18th Hole. Well done ladies on a great sporting match.

## KERRY PITCH & PUTT

Last Saturday the National Mixed Foursomes took place in Riverdale, Nenagh, Co. Tipperary. Tralee had two pair competing with Munster Mixed Foursomes runners-up Lisa O'Connor and Tony Blake and sister and brother pair Charlotte and Jamie Blake. Both pairs played in the afternoon session with Charlotte and Jamie returning a seven up total while Lisa and Tony returned a ten up total to claim the session prize. The Deerpark Scratch Inter Club team traveled to Tipp Hill course in Tipperary town on Saturday to take on Collinstown club from Co. Westmeath. It was a tight close affair but the Killarney club came through on a five four scoreline to progress to the semi-finals. Killarney's Deerpark Pitch & Putt Club has been invited to host the National Inter County Finals in 2018. It's twenty three years since Tralee hosted this event in 1995 and thirty years since Kerry won the Anchor Cup in 1986, Kerry's only time to have won.

## KILLARNEY GOLF CLUB -

Ladies Results to Competition Sunday 18th September, sponsored by Reens Garage, singles s/ford, Killeen Course.

1st.	Mary Leacy	(20)	38 pts (BK9)
2nd	Amy Arthur	(8)	38 pts
BG	Kelly Brotherton	(0)	34 pts
3rd	Kathleen Wrenn	(21)	37 pts
4th	Siobhan Brosnan	(9)	33 pts (bk9)
5th	Marie Chawke	(27)	33 pts

Next Sunday's Competition will be sponsored by Liebherr (Ireland) Ltd, singles/stroke, Mahonys course.

## BEAUFORT GOLF CLUB

**LADIES BRANCH** 17th/18th September - 18 Hole Stableford - Sponsored by Noleen

Mackessy

1st Renee Clifford (26) 25 pts

2nd Catherine Murphy (24) 24 pts

**FIXTURES** 25th September - Swap Day with Killorglin.

2nd October - Xmas Fare Compt - 18 Hole Stableford

17/18 Sept: 18 hole stableford, whites, sponsored by PK's Supervalu, Killorglin.

1st Brian Regan (18) 36pts

2nd Denis Brosnan (6) 35pts

3rd Shane O'Sullivan (7) 34pts

CSS: Sat 35pts, Sun 33pts

15 Sept: Open Seniors - 1st Michael Lynch, 2nd John Doherty. 16 Sept: Open Friday - Deirdre McManamon, Clontarf (29) 32 pts

24th Sept: Kingdom Challenge Shield (intermediate) semi-final, away against Waterville. 24th Sept: No tee times as the course is booked for a classic.

25th Sept: Swop Day with Killorglin, forward tees, sponsored by by Enterprise Imaging Systems.

28th Sept: Week 4 of junior coaching at 4:30pm.

Every Wednesday: Open Scramble, meet at 5:45pm for 6pm tee-off, includes hot food.

Every Thursday: Open Seniors at 10am

Every Friday: Open Friday, singles stableford, entry is €25 with a great prize for the best lady's or gent's card.

## DEERPARK PITCH & PUTT

Night Time Pitch & Putt

Deerpark will stage a novelty Pitch & Putt fundraiser to raise funds for the Kerry/Cork Cancer Bus which will be Night Time 3 Ball I2 Hole competition to be played with LED Golf Balls which light up when striking. Entry fees is 75 Euros per team of 3 players. with play commencing at 8pm. In the interest of safety players are asked to have either luminous clothing, or a head torch. as an addition to the lighting. The event is being sponsored by Jimmy Brien's Bar and all information is available from Aidan O'Donoghue at 086-3364705.

## DEERPARK V NEWMARKET

Despite fielding a formidable eight player team Deerpark were defeated by Newmarket in a most entertaining challenge at Deerpark on Saturday. The team captained by Hugh O'Sullivan was Ger O'Connor, Jerry O'Sullivan, John Murphy, Paul Cronin, Dan Joe Aherne, Tom O'Reilly and Brian Sweeney. After the conclusion of the two absorbing games both teams enjoyed a most delicious meal in the restaurant during which the club manager Tom Twomey extended a special welcome to both teams. A special words of congratulations to the Newmarket club for having the course in perfect condition. While slightly disappointed with the result Deerpark captain Hugh O'Sullivan is optimistic that the result will be reversed next time out and will be organising special team coaching sessions during the months ahead.

**SENIORS OUTING TO CASTLEISLAND** Next Seniors Outing will be to Castleisland on Wednesday October 6th 10-15 am

**GENES SCRATCH CUP** Congrats to our Scratch Cup, team of Derry McCarthy, Damian Fleming, Sean Kelly, Jason O'Brien, Michael Foley and

St John Kelliher who defeated Collinstown Westmeath to qualify for the semi-final of the competition.

**JUVENILE OUTING TO BRUFF** A special word of thanks to John Keogh, Michael Keogh, and Gearoid Cronin who arranged a most enjoyable outing to Bruff for our juveniles on Saturday.

**NATIONAL U-16 QUALIFIERS** Best Wishes are extended to our juveniles who will participate in the National U-16 Qualifiers this Saturday.

## CASTLEROSSE GOLF CLUB,

**RESULTS** Competition played on Sunday 18th September, 18 Hole Stableford 1st Ivan Tangney (19) 36 pts, Runner-up, John O'Reilly (25) 35 pts, 3rd place, Roger O'Sullivan (12) 33 pts.

Result of Mixed Scramble played on Tuesday 13th September best net return, Daniel Shine & John O'Reilly.

**FIXTURES** President Steve Shine prize day. 18 hole Strokeplay. Shotgun start @ 9am.

Final Scramble for 2016 on this Tuesday evening draw at 5.45 pm, meet at clubhouse. Competition open to all golfers, Ladies & Gents.

## KILLARNEY GC MEN'S CLUB

The final of the Club championship will be played on Saturday the 24th of September at 1.30 P.M. on Killeen, between Dermot Roche and Ger Lenihan, and it should prove to be a most intriguing contest, as both players have been playing very good golf lately, and with Ger at 16 handicap and Dermot at 12 handicap, then Dermot will have his work cut out to give those shots to a very seasoned campaigner who has been a regular in the winners enclosure over the years. Having said that, Dermot himself is also a very seasoned campaigner and has been a stalwart of many Club teams going back for many years, and he is a previous winner of this competition in recent years.

It is hoped that a good number of our members will turn out to watch what should prove to be a very close encounter indeed. It was hoped to play the final of the Men's Club fourball immediately following the singles final at 1.40 P.M., but it has unfortunately been postponed due to a conflict of interests for one of the players involved, and it will need to be rescheduled to take place in October.

The Club sponsored competition on Sunday 18th of September was a team of four event, the competition was played in atrocious weather conditions, and the leading scores can best be described as being remarkable given the torrential rain and high winds which prevailed all morning and well into the afternoon. The leading teams were among the "tried and tested" combinations that regularly feature in these type of events, and the results were as follows.

1st Sean Goulding(12), Donie MacSweeney(14), Eddie MacSweeney(16), and Pdraig Griffin(17), with 102 points. 2nd John Hickey(13), Dermot Roche(13), Neilus O'Regan(17), and Dan Moynihan(18) with 98 points, and 3rd Philip O'Connor(11), Dan Doona(11), Steven Broderick(14) and Dermot O'Sullivan(18) with 97 points.



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## GARDENING OUTLOOK



with John O'Sullivan

### SOWING HARDY ANNUALS

It may seem a long time away, but sowing some hardy annuals now will give you a very impressive display in early spring.

Most hardy annuals can be sown in autumn and will over-winter quite well.

Hardy annuals are plants that will grow and flower for one year only.

When sowing your seeds, dig the soil over well, to about a spades depth, then rake it over and firm it down, and make sure it is weed free. A good idea before sowing your seed is to mark it out by sprinkling some sand on the on the area you're going to sow the seed on. Also don't sow the seed into soil that is too rich, as this will only encourage too much leafy growth and not enough flowers. If the soil is rich there is no need to use fertilizers.

You can also scatter the seed over the whole bed, and try and leave about a 1/4 of an inch between them and cover them lightly with some compost and water well, but make sure there is a fine rose on your watering can. There is a range of hardy annuals to choose from so make sure you know the heights and spread and, of course, the colour.

JOHN O'SULLIVAN, FOUR SEASONS GARDENING  
SERVICES, KILLARNEY 087-2787160.



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## HELP YOUR SECONDARY SCHOOL STUDENT TO HELP THEMSELVES:

If as parents, you continuously do everything for your children, it could lead to them becoming completely overwhelmed by the world once they reach adulthood. The following are some basic life skills – continued from last week – that “experts” believe they should have by the time they reach 3rd level education:

\*If your child is aged 12 upwards, have them go to the local supermarket and pick up five or six things for you. This will teach them to navigate through such stores on their own, and get used to which sections they need to find the things they want.

\*The moment you feel that members of your child's age group are responsible enough to look after themselves at a matinee film or in town is the right moment to allow your child to plan an outing. Have them walk you through what they have in mind, taking care not to project your fears for them in such a way that they become fearful of the world. Planned outings with friends will allow them to spread their wings and explore the world around them safely and responsibly.

\*Refrain from packing your teenagers backpack for him or for her. After all, that backpack will become a work bag or briefcase one day. If they manage to do this without you intervening at all, then the likelihood is that they'll have no problem organising themselves when they're on their own at college or preparing for a new day at work.

\*With 3rd level education or work facing your teenager in the not too distant future, it's inevitable that there'll be dates and outings with friends, girlfriends or boyfriends sooner rather than later. That's why they need to practice ordering their own food in a polite, respectful manner. Looking like a self-entitled jerk with a credit card is never a good look.

\*Teach them to talk to strangers - While this point might seem like the polar opposite to what we normally teach our children, it actually isn't. Think of how to teach them to filter out (and avoid) the few very creepy strangers from the vast numbers of relatively normal ones that they're likely to encounter throughout their daily lives. You can get the ball rolling in this regard by sending your teenager to a shop that's within walking distance of your home, and have them ask the sales clerk for specific help.

\*Gradually start allowing your teenager to use public transportation to get to and from places in your local area (providing that it is safe enough to do so). Practice over the years will allow them to be completely self-sufficient in this regard by the time they're about start college.

## TODAY IS NATIVE AMERICAN DAY:

Many thousands of years before St. Brendan discovered America or Christopher Columbus' ships landed in the Bahamas, a different group of people discovered America: the nomadic ancestors of modern Native Americans who hiked over a “land bridge” from Asia to what

is now Alaska more than 12,000 years ago. In fact, by the time European adventurers arrived in the 15th century A.D., scholars estimate that more than 50 million people were already living in the Americas. Of these, some 10 million lived in the area that would become the United States. As time passed, these migrants and their descendants pushed south and east, adapting as they went.

By the time the first explorers and settlers arrived from Europe, Native Americans had populated the entire North American continent, from the Atlantic to the Pacific, and from the Gulf of Mexico all the way to the northern reaches of Canada and were relatively settled hunters and farmers.

After European contact and especially after Spanish colonists brought horses, Native Americans became much more nomadic. Groups like the Crow, Blackfeet, Cheyenne, Comanche and Arapaho used horses to pursue great herds of buffalo across the prairie. The most common dwelling for these hunters was the cone-shaped teepee, a bison-skin tent that could be folded up and carried anywhere. By the end of the 19th century, white sport hunters had nearly exterminated the area's buffalo herds. With settlers encroaching on their lands and no way to provide food for their families, the natives were forced onto government reservations.

The 4th Friday in September is set aside to honour and celebrate All Native Americans, still commonly referred to as American Indians, the term “Native Americans” has been used in recent years as a sign of respect and recognition that they were indeed the first people to populate that great nation.

## QUOTE:

Politics is the ability to foretell what is going to happen tomorrow, next week, next month and next year. And to have the ability afterward to explain why it didn't happen” – Sir Winston Churchill.

## ON THIS DATE – SEPTEMBER 23RD:

1577 - Martin Frobisher returned to England from his second voyage to the Arctic with 200 tons of supposed gold ore as ballast; his three kidnapped Inuit, a man, woman and child, died a month later, likely of influenza. The iron pyrite ore was used for building a laneway, giving rise to the legend that the streets of London were “paved with gold”.

1642 - 1st commencement of Harvard College in Cambridge, Massachusetts.

1719 - Liechtenstein declared independence from German empire

1750 - Nova Scotia Governor decreed that labourers were to receive 18 pence per day and provisions; first instance of government wage fixing in Canada.

1821 - Fall of Tripolitsa, Greek forces massacred 30,000 Turks during Greek War of Independence

1862 - Russian novelist and author of “War and Peace” Leo Tolstoy (34) married Sophia Andreevna Behrs (18) daughter of a physician.

1869 - Birth of ‘Typhoid Mary’ - Mary Mallon from Cookstown, Co. Tyrone, a healthy carrier of Typhoid Fever who unknown to herself was responsible for major outbreaks of typhoid in

the New York City area.

1873 - First convention of labour unions from Toronto, Hamilton and Ottawa met in Toronto; delegates established the Canadian Labour Union as a central organisation representing 31 unions, to improve the working conditions of employees; membership fees were set at five cents every three months

1884 - American Herman Hollerith patented his mechanical tabulating machine, the beginning of data processing

1887 - Ngāti Tūwharetoa paramount chief of the Māori tribe presented the mountain tops of Tongariro, Ngāuruhoe and Ruapehu New Zealand to the Crown for the purpose of establishing a national park.

## DOCTORS REATTACH HEAD OF BOY DECAPITATED IN CAR CRASH IN MEDICAL MIRACLE:

16 months old Jackson Taylor nearly died after a car accident more almost a year ago. He was travelling with his mother and nine-year old sister in their car when their vehicle collided head-on with another car.

Jackson's older sister was hurt, but he sustained a far more serious and potentially fatal injury. The force of the impact caused his head to be internally decapitated.

Medics airlifted the toddler to a hospital in Brisbane, Queensland, where X-rays revealed the child's head was brutally pulled from his neck internally. His spinal cord was damaged, but it fortunately survived. It was the worst injury of its kinds that his doctors have seen.

“A lot of children wouldn't survive that injury in the first place,” said Geoff Askin, who is known as the godfather of spinal surgery in Australia. “And if they did and they were resuscitated, they may never move or breathe again.”

In a six-hour long operation, Mr. Askin and his team attached a halo brace to the child's skull and completely immobilised his neck, head and shoulders. The medical team also had to make sure that the toddler was completely still because the rest of the operation involved reattaching the vertebra with a tiny sliver of wire and then using a piece of the boy's rib to graft the two vertebrae together.

It is expected that Jackson will be able to lead a normal life, without disability.

## TWO FRIENDS GIVE HOMELESS PEOPLE THE DIGNITY OF FRESH SHOWERS EVERY WEEK:

When you're homeless, you don't have much. You don't even have a reliable way to make yourself clean and presentable.

As filmmaker Carlos Miller sat in a coffee shop in Palm Beach County one day he noticed the perpetual problem homeless customers had with getting service. It seemed to be caused mostly by their unkempt appearance. Then he had an idea that he thought might help with that problem and got together with his childhood friend, Chris Bentley, who leads a nonprofit group called Live Fresh Palm Beach



County. Together, they set a plan in motion that's changing lives.

They wanted to create a mobile shower service that could travel around the county, offering those in need a way to get a regular shower or bath at least once a week. It's such a great idea, the proposal won \$100,000 in funding from a philanthropy group called Impact the Palm Beaches. The funding represented \$1,000 each, donated by 100 women.

That money bought a brand new mobile hygiene centre. It's a 29 1/2 foot long trailer, air conditioned for summer comfort and with heated floors for the winter months. It contains six private shower/bath areas, three to a side. Each contains a sink, toilet, changing area and shower. Towels and toiletries are available for use, as are clean, donated clothing.

The trailer can hook up to water and sewer, where available. Where they aren't available, tanks provide enough water for up to 75 showers. Someone is always present to assist those using the facilities. In addition, a local community health organization offers health screenings for STDs and HIV for anyone who asks.

A Silverado 2500 pickup truck transports the trailer to various pre-designated locations throughout Palm Beach County on a regular, rotating basis. Live Fresh also hopes to arrange to bring the mobile unit to special events where it might be needed.

Mr. Miller and Mr. Bentley's motivation for taking on this mission is simple, they believe cleanliness is a fundamental human right.

## THE SICHUAN GIANT PANDA SANCTUARIES IN CHINA HOLDS MORE THAN 30% OF THE WORLD'S PANDA POPULATION:

The beautiful Giant Panda Bears have more than 2 million acres to roam, snack and play in a World heritage site and reserve in the Qionglai and Jiayin Mountains that contains 7 nature reserves, 9 scenic parks and the Wolong National Nature Reserve which is also the most important breeding site for pandas who are infamous for being difficult breeders in captivity.

A panda baby is born pink, blind and without any teeth and weighs about 100-200 grams (3.5 to 7 ounces) at birth and are about 15-17 cm (6-7 inch) long. After a few weeks, the skin will turn gray, and by the time a month passes, the cubs are covered in extremely fluffy black and white fur. A panda cub will weigh about 100 pounds (45 kilos) by the time it is one year old.

The giant panda has a very large paw with 5 fingers and an added 'thumb' for climbing and holding on to bamboo while eating, and when fully grown can eat as much as 9-14 kg (20-30 pounds) of bamboo shoots every single day, on average, live to about 20 years in the wild and about 30 in captivity. A panda will always sit or lie down to eat. Most wild pandas spend all day feeding, sleeping or looking for food. However, unlike other bears from the same kind of climates, they do not hibernate in winter. Pandas are the most expensive animal by far for zoos, up to 5 times more than an elephant, the next most expensive animal.

The sanctuaries are also home to other globally endangered animals such as the red panda, the snow leopard and clouded leopard. They are among the botanically richest sites of any region in the world outside the tropical rainforests, with between 5,000 and 6,000 species of flora in over 1,000 unique species.

## DOG TAKES A 4-MILE WALK INTO TOWN EVERY DAY JUST TO VISIT NEIGHBOURS:

About a dozen years ago, a man pulled into the driveway of Debbie and Larry LaVallee's home in Longville, Minnesota, holding a squirming little puppy. He told them he had found their lost dog. The pup wasn't theirs, but they couldn't resist the stray, who they believe had been abandoned. They took in the dog and named him Bruno.

But Bruno had other ideas and soon started wandering. Nearly every day, the dog makes the four-mile trek into town and has become a fixture with area residents who have dubbed him the town dog. He stops at city hall and the library, a couple of real estate offices and the ice cream shop, and of course the grocery store where his pals at the deli meet him at the back door with meat scraps they've put aside for him.

Sometimes people will give the aging dog a ride home at the end of the day if they see him ambling home. After all, at 12, Bruno's gait is a little stiff and it takes him a little longer to make that four-mile walk back after a day of visiting and accumulating treats and pats from his town family.

Although the town ambassador may not be around for much longer, he has already been honoured for his work as faithful mascot. Last year, the town erected a carved wooden statue in Bruno's honor in a park on the city's main street.

He also has his own Facebook page where people share Bruno sightings and photos of themselves with the unforgettable town visitor.

## GROVE OF 1,000-YEAR-OLD TREES DISCOVERED IN GREECE:

Researchers studying a remote section of the Pindos mountains in northern Greece have discovered a grove of ancient trees untouched for more than 1,000 years. The dozen millennium-old trees, all Bosnian pines, include one specimen that first set down roots at least 1,075 years ago.

That makes the tree nicknamed "Adonis" the oldest officially dated tree in all of Europe.

Adonis is a practical youngster when compared to the Great Basin bristlecone pine (5,000 years) in California's White Mountains or the Sacred Fig (2,300 years) in Sri Lanka.

## FRANCE SAYS GOOD-BYE TO NON-BIODEGRADABLE PLASTICWARE:

By 2020, all disposable dishware, utensils and cups sold in France must be made of "biologically sourced materials" that can be composted. The country's ban comes after a plastic bag ban went into effect in July 2016.

The decision is environmentally based and aims to reduce "the energy consumed and waste produced by the plastic processing industry, as well as the pollution caused by plastic litter." These new compostable products don't need to break down in a home compost system, though. They only need to break down in an industrial compost system. The people of France will still need to make sure these biodegradable plastics end up in the right place.

Not everyone is happy about the ban. Some people are concerned about the loss of jobs this ban could cause. Others argue the French countryside will be littered with plastic because people might think they can just leave their biodegradable plates and cups behind to become one with nature. Yet others say it is an "anti-social" measure because "families struggling financially make regular use of disposable tableware."

Of course for all of us, the best-case scenario to reduce one-time plastic use products would be for individuals, families, schools and businesses to make the choice to drastically cut back on their use without government intervention.





## TAKE CARE ON THE ROADS AS DEER POPULATION GROWS

No matter where you drive – from rural roads to suburban streets – the threat of a collision with a deer is real.

Deer collision accidents are on the rise, partially because the deer population is growing.

Drivers who ignore deer warning signs or drive at speed along rural roads at this time of year make themselves an endangered species.

Deer collisions are most likely to occur during deer breeding season – from October through early January.

Prime times to find deer near the roadside are around dawn and from dusk to late evening.

Deer are pack animals. So if you see one, be assured that others are usually close by.

Deer Season Driving Tips

**ALWAYS WEAR YOUR SEATBELT** – Sixty percent of fatal animal crashes occurred when the driver was not wearing a seatbelt.

**KNOW THE LIKELY DEER-CROSSING ZONES**

– Whether or not a road is marked with a Deer Crossing Sign, be especially alert for deer when driving on roads on the outskirts of town and in rural areas – especially where roads divide farm land from wooded land. Use your high beams – When driving at night, especially during peak hazard times, use your high-beam headlights when there is no on-coming traffic. This won't necessarily deter the deer from entering the roadway, but it will increase visibility so that you can more easily spot the deer sooner.

Know when deer are on the move – Be especially careful between 5AM and 8AM and between 5PM and midnight.

**DON'T RELY ON DEVICES** – Items like deer whistles, deer fences and reflectors have not been proven effective at deterring deer crossing roadways.

Brake firmly if you notice a deer near the road – Slow down and stop if necessary. Be careful not to swerve out of your lane either into on-coming traffic or off the shoulder and into a ditch.

**KEEP YOUR DISTANCE** – If you do strike a deer, don't approach it. An injured deer is frightened and can injure you as well as further injuring itself. If the deer is blocking the roadway, it poses a threat to other drivers; so call the authorities immediately.

**CONTACT YOUR INSURANCE AGENT** – If you strike a deer and have damage to your vehicle



or damage to some else's property, notify your insurance representative as soon as possible and provide the necessary details.

Drivers who find a deer caught in their headlights face an instant and impossible dilemma: do they swerve and risk a more serious crash, or do they suffer the trauma of killing a deer and severely damage their cars?" says Andrew Howard, the AA's head of road safety.

"Their best bet is to heed the warning signs, put up where accidents have happened or animals are known to cross, and to always drive at a speed that gives you time to react to what may suddenly appear in the road.

Drivers need to understand a little about deer, to think about how they can change their driving to avoid them, and to understand what to do if they do hit and injure one."

If you understand a little about deer then you can think about how you can change your driving to avoid them and know what to do if you hit and injure one.

• Accidents involving deer peak in May, October and November.

• Worst times of day are around sunrise and between sunset and midnight.

• Some areas have bigger problems than others.

• Deer accident hotspots include roads on the edge of the Killarney National Park.

• 'Deer' or 'wild animal' signs warn you that deer accidents happen in that area.

• A deer can appear almost instantly - nature makes them hard to see and they don't follow the green cross code!

• Use high beam head-lights when it's dark, but dip them if you see a deer, otherwise it may freeze in your path. Don't dazzle other drivers though.

• If a deer appears suddenly it's safer to continue on your normal track rather than swerve or brake hard to try to avoid it. Sudden manoeuvres can result in a loss of control and increase the risk of hitting a tree or another vehicle.

• If you do hit a deer, try to stop somewhere safe. If you can't then do your best to ensure that your accident isn't hit by other vehicles.

• Report the accident to the police who will contact someone who can help the injured deer.

• Bear in mind that if you miss the deer (or any other animal), but hit something else, it will be very hard to prove that the deer ever existed.



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\*\*\*\* No More than 20 words \*\*\*\* **DEADLINE IS WEDNESDAY AT 5pm** Call: 064 6670000 | Email: killarneyoutlook@outlookmags.com | Post: The Killarney Outlook, 30 High St., Killarney. **ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL**

## BUSINESS

### SOUTHWEST COUNSELLING CENTRE, KILLARNEY

Offers professional, caring, confidential affordable counselling to Children, Adolescents, Adults and Couples. Further info and appointments.

**Call: 064 66 36416 Mon to Fri 10am - 5pm**

### AWARE SUPPORT GROUP MEETINGS

**Aware Depression Support**

**Group meets:** Killarney – Mondays, KDYS at 8pm. Aware Support Groups are free to attend, no referral necessary. **www.aware.ie**

### KILLARNEY AL ANON

The Killarney Al-Anon meetings are held Tuesday nights at 8.30pm, also Thursday mornings at 11am in St. Claire's, Vincent de Paul Building, Tesco carpark, Beech Road, Killarney  
**Contact Mairead 087 7808106**

### Ed39 09667 HELP AVAILABLE

Need help with Reading, Spelling, Maths or English? Experienced and highly qualified tutor now available. All ages.

**Contact: Ronnie for free, informal, no obligation evaluation**

**Call: 087 2979912**

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Music for church/civil ceremonies and corporate events. Trumpet and Voice.

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In Killarney at The KDYS, Mondays 7pm until 8pm & Tuesdays 8.30am until 10.30am.

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**APARTMENT TO LET:** One bedroomed apartment on the Gap Road, Fossa, Killarney. Available for immediate occupancy. Fully self contained with all mod cons, off road private parking, and for single occupancy. Would suit a professional person, non smoking only

**Contact: 087 620 4846**

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## WANTED

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## HAPPY BIRTHDAY SHAM 70 YEARS OLD



## FOSSA TWO-MILE COMHALTAS

Adult Set Dancing Classes **resume**  
**Fossa Community Hall**

**Commencing Tuesday 4th October**

Beginners: 8pm  
Improvers & Advanced: 9 - 10.30pm

Admission: €5 (all welcome)  
Contact Catherine: **087 6799330**



## DÓCHAS DRAMA GROUP

The 2016/2017 Season begins at  
**KILLARNEY AVENUE HOTEL**  
on **WEDNESDAY,**  
**SEPTEMBER 28th at 8pm.**

*Informal discussion, theatre games, introductions, plans - please join us if you are interested in becoming involved.*

**www.dochasdramagroup.com**  
and our Facebook page







## Saint John of God Community Services Ltd, Kerry Services

Saint John of God Kerry Services provides a range of programmes and services for adults and children with an intellectual disability throughout the Kerry region. A person-centered approach to service delivery is promoted in accordance with the Organisations values and ethos and in keeping with its commitment to the continuing development of community based services.

**If you are looking for a new exciting challenge and share best practice, the following roles might be of interest:**

### STAFF NURSES

**(Full Time Permanent, Fixed Term and Specified Purpose Contracts)**

**The successful candidate requires:**

- RNMH/RNID qualifications or other suitable nursing qualifications and be a Staff Nurse on the current register as maintained by An Bord Altranais.
- Previous relevant experience of supporting people with an intellectual disability (An Advantage)
- Relevant experience of working with people who have behaviours that challenge is an advantage.
- Demonstrate excellent communication (both verbal and written), organizational skills, flexibility and commitment.
- A full clean driver's licence for manual vehicles is essential, D licence would be an advantage.

### CO-ORDINATOR RESIDENTIAL SERVICES (CNMII)

**(Full Time Permanent Post)**

- Suitably qualified candidates must be currently registered with An Bord Altranais
- Minimum two years management experience with excellent management and leadership skills.
- A flexible working approach that responds to the changing needs of a 24/7 service.
- Excellent knowledge and understanding of relevant legislation.
- Previous relevant experience of working with adults with an intellectual disability.
- High level of report writing, with excellent communication skills.
- A full, clean driving license suitable for manual vehicles

### SOCIAL CARE WORKERS

**(Full Time Fixed Term and Specified Purpose Contracts)**

**The successful candidate requires:**

- Diploma in Social Care/Diploma in Applied Social Studies/Social Care
- Experience working with individuals with an Intellectual Disability (An Advantage)
- Flexible and excellent communication skills
- Initiative, motivation and enthusiasm
- Commitment to the development and delivery of a person centred programme.
- Experience of supporting people presenting with challenging behaviour.
- A full clean driver's licence for manual vehicles is essential, D licence would be an advantage.

### INSTRUCTOR COMMUNITY INTEGRATION & DAY SERVICES

**(Permanent, Full-Time / Part-Time post)**

**The successful candidate must have:**

- A relevant Third Level Qualification in Social Care, Education, Health and Leisure, Community or other. (FETAC Level 7 or higher)
- Minimum one years' experience of supporting adults with an intellectual disability.
- An ability to facilitate, instruct and support service-users in a variety of service and community based programmes.
- An understanding of alternative communication aids and assistive technology.
- Excellent communication, teamwork, interpersonal and organisational skills.
- A full clean driving licence.

### CARE ASSISTANTS

**(Full Time Fixed Term and Specified Purpose Contracts)**

**The successful candidate requires:**

- Certificate in Healthcare Support at FETAC Level 5.
- Previous relevant experience of working with people with intellectual disability is an advantage.
- Demonstrate excellent communication (both verbal and written), organisational skills, flexibility and commitment.
- A full clean driver's licence for manual vehicles

**Please forward a covering letter and CV (including written explanation for any gaps in employment), to:**

Human Resources Department, Saint John of God Kerry  
Services, Monavalley,  
Tralee, Co. Kerry or email to Dolores.Parker@sjog.ie  
before 5.00 pm on Tuesday 11th October 2016.

**Applications will be short-listed based on the information supplied in the Curriculum Vitae and a panel may be formed from which future vacancies will be filled.**

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QQI AWARD



**KILLARNEY  
COMMUNITY COLLEGE**



**Invites  
All Parents of the Community**



**Wednesday 28th September  
@ 7pm in  
Killarney Community College  
Main Hall**

**Susan Barrett: Mindfulness and Raising Teenagers**

Life is stressful but manageable and there are coping skills which can help us in our busy lifestyles as parents. Susan is a fully qualified and experienced mindfulness teacher, as well as a parent of teenagers and you can look her up on [susanbarrettmindfulness.ie](http://susanbarrettmindfulness.ie)

**This talk will be open to all parents in Killarney who are raising teenagers. All welcome to attend.**

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*Working For You is a new career consultancy service  
based in Killarney*





## A WORD OF VICTORY

Welcome back dear reader what does the term 'original sin' mean? All sin is rebellion against God's will. The original sin or the first sin committed happened in Heaven itself when the archangel Lucifer became corrupt and came against God's authority through rebellion. He failed in his attempt and he was kicked out of Heaven along with one third of the angels whom he had deceived into rebelling with him. Lucifer's name was then changed to Satan or the Devil, the evil one (Isaiah 14:12-15; Luke 10:18; Revelation 12:9). The next rebellion took place in the Garden of Eden (Genesis chap. 3) when God's man Adam and his wife Eve were deceived by the Devil and rebelled against God the Father's will. We then, the descendants of Adam, are born with the same weakness in our nature where we prefer to disobey rather than to be obedient. This is a condition that is referred to as original sin. All of us have this nature - "all have sinned and fall short of the glory of God" (Romans 3:23). It became a belief in denominational churches that infants needed to be sprinkled with water which would rid them of the original sin. This obviously hasn't worked because if original sin had been gotten rid of then we wouldn't all be still sinning, so something more is needed to bring us into right relationship with God the Father as Adam was before his fall. Jesus gave us the key in John 3:7, that to enter the Kingdom of God we must be born again and then be baptised (immersed in water). To be born again or 'saved' we must understand why Jesus came to earth and what He accomplished through His death and resurrection - He took our sins, the blame and the punishment due for them on Himself (1st Peter 2:24). When we believe and call on Jesus for salvation we are then 'saved' and received into God's family as His children. So friend don't delay - call on Jesus right now! More next week....

**Contact: 064 - 66 22950 E: [wovkillarney@gmail.com](mailto:wovkillarney@gmail.com)**

## SERENITY Memorial Cards

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### NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

Never know to fail. Must promise publication of prayer.

### PRAYER TO THE VIRGIN MARY

#### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. (Make request) O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Say this prayer for 3 consecutive days and then publish and request will be granted to you. This prayer must be published in thanks giving for favours received.

### THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.

### PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass

You who never delays, I come to you in need: (Clearly express what you want and ask him to find a way to get it to you)

Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise)

Be quick. Saint Expedite!

Grant my wish before your candle burns out and I will glorify your name

Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.

For anyone in need say this prayer and your request will be granted. My request was granted. Amen.

### NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

Never know to fail.

Must promise publication of prayer.

### ST. THERESE OF THE LITTLE FLOWER

O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles... the Greatest Saint of Modern Times." Now I fervently beseech you to answer my petition (mention specifics here) and to carry out your promises of spending Heaven doing good upon the earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you.

Amen.

### NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

### THANKSGIVING ST. JUDE

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near Kinsman of Jesus Christ, this faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power, come to my assistance. Help me in my present urgent petition in return I promise to make your name known and cause you to be invoked.

Three Our Father, three Hail Mary and three Glory Be.

St. Jude and all the Saints pray for us and all who invoke your aid. Amen.



## 2ND ANNIVERSARY



In Loving Memory of

### JOSEPH HERLIHY

**Tiernaboul, Killarney  
who passed away on the 26th of  
September 2014.**

His smiling way and pleasant face  
Are a pleasure to recall;  
He had a kindly word for each  
And died beloved by all.  
Someday we hope to meet him,  
Someday, we know not when,  
To clasp his hand in the better land,  
Never to part again.

**Joseph's 2nd Anniversary Mass will  
be celebrated at 9.30 a.m. in the  
Church of the Resurrection, Killarney  
on Monday 26th September.**

*Always in our Hearts.*

## 2nd ANNIVERSARY



In Loving Memory of

### NORA MAI DALY

**Gortdarrig, Headford, Co. Kerry  
who died on 25th September, 2014.**



**Sadly missed by Theresa, Jim,  
Anneka, James, Jessica and Holly**

## GRATEFUL THANKS

Sacred Heart of Jesus, Our Lady of Lourdes,  
St. Padre Pio, St. Clare, Our Lady of Mount  
Carmel, Divine Mercy, St. Faustina, St. Michael  
Archangel and St. Anthony for health favours  
received.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked  
many favours. This time I ask you this special  
one, (mention favour).

Take it dear heart of Jesus and place it within  
your own broken heart where your Father  
sees it.

Then in his merciful eyes it will become your  
favour not mine.  
Amen.

Say this prayer for three days. Publication of  
prayer and favour will be granted.

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Amen.

Say this prayer for three days. Publication of  
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## NOVENA TO THE SACRED HEART

You have said O'Divine  
Jesus ask and you shall receive, seek and you  
shall find, knock and the door shall be opened  
to you. Relying on these promises I come with  
confidence during the novena to beg of you the  
favours that I need (make request). From whom  
shall I ask, Lord Jesus, if not from you whose  
heart is an unfailing source of graces and merits.  
Most loving heart of my God I believe in your  
power, I believe in your knowledge, I believe in  
your personal love for me and therefore O Sacred  
Heart of Jesus I place all my trust in you. Our  
Father, Hail Mary and Glory. Say 3 times for 3  
days and request will be granted, Never know to  
fail. Must publish.

## PRAYER TO ST. JOSEPH

O St. Joseph, whose protection is so great, so strong,  
so prompt before the throne of God, I place in you  
all my interests and desires. O St. Joseph, do assist  
me by your powerful intercession, and obtain for  
me from your divine Son all spiritual blessings,  
through Jesus Christ, Our Lord. So that, having  
engaged here below your heavenly power, I may  
offer you my thanksgiving and homage to the  
most loving of Fathers. O, St. Joseph, I never weary  
contemplating you, and Jesus asleep in our arms; I  
dare not approach while He reposes near your heart.  
Press Him in my name and kiss His fine head for me  
and ask Him to return the kiss when I draw my dying  
breath. St. Joseph, Patron of departing souls pray for  
me. This prayer was found in the fiftieth year of Our  
Lord and Saviour Jesus Christ. In 1505 it was sent from  
the Pope to Emperor Charles when he was going  
into battle. Who ever shall read his prayer or hear it  
or keep it about themselves, shall never die a sudden  
death, or be drowned, nor shall be burned in any  
fire or shall be overpowered in battle. Say for nine  
mornings for anything you desire. It has never been  
known to fail, so be sure you really want what you  
ask for. In thanks for request granted.

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful  
Vine, Splendour of Heaven, Blessed Mother of the  
Son of God, Immaculate Virgin, assist me in this my  
necessity. O Star of the Sea, help me and show me  
herein you are my Mother. O Holy Mary, Mother of  
God, Queen of Heaven and Earth, I humbly beseech  
you from the bottom of my heart to succour me in  
this necessity. There are none, that can withstand  
your power. Oh Mary conceived without sin, pray for  
us who have recourse to thee (3 times).

Holy Mary, I place this cause in your hands, three  
times. Thank you for your mercy to me and mine.  
This prayer must be said for three days and after  
that the request will be granted and the prayer  
must be published immediately. Thank you for  
favours received. **S.P.**

## NOVENA TO THE SACRED HEART

You have said O'Divine  
Jesus ask and you shall receive, seek and you  
shall find, knock and the door shall be opened  
to you. Relying on these promises I come with  
confidence during the novena to beg of you the  
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heart is an unfailing source of graces and merits.  
Most loving heart of my God I believe in your  
power, I believe in your knowledge, I believe in  
your personal love for me and therefore O Sacred  
Heart of Jesus I place all my trust in you. Our  
Father, Hail Mary and Glory. Say 3 times for 3  
days and request will be granted, Never know to  
fail. Must publish. **L.P.**

## PRAY TO ST. EXPEDITE

Saint Expedite, you lay in rest.  
I come to you and ask that  
this wish be granted.  
**(Mention your urgent request)**  
Saint Expedite now that I ask of you.  
Saint Expedite now what I want of you,  
this very second.  
Don't waste another day.  
Grant me what I ask for.  
I know your power, I know you because  
of your work. I know you can help me.  
Do this for me and I will spread your  
name with love and honour so that it will  
be invoked again and again.  
Expedite this wish with speed, love,  
honour and goodness. Glory to you,  
Saint Expedite!  
Feast Day: 19th April. **Brid.**

## PRAYER TO THE VIRGIN MARY

### NEVER KNOWN TO FAIL

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Vine, Splendour of Heaven, Blessed Mother of the  
Son of God, Immaculate Virgin, assist me in this my  
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herein you are my Mother. (Make request) O Holy  
Mary, Mother of God, Queen of Heaven and Earth, I  
humbly beseech you from the bottom of my heart  
to succour me in this necessity. There are none, that  
can withstand your power. O show me herein you  
are my mother. Oh Mary conceived without sin,  
pray for us who have recourse to thee (3 times). Say  
this prayer for 3 consecutive days and then publish  
and request will be granted to you. This prayer must  
be published in thanks giving for favours received.

**X**

## PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr,  
You who quickly brings things to pass  
You who never delays, I come to you in need:  
(Clearly express what you want and ask him to  
find a way to get it to you)  
Do this for me, Saint Expedite, and when it is  
accomplished, I will as rapidly reply with an  
offering to you (State your vow or promise)  
Be quick. Saint Expedite!  
Grant my wish before your candle burns out and  
I will glorify your name  
Amen. Thank you St. Expedite for answering my  
request. I promise publication to spread your  
devotion.  
For anyone in need say this prayer and your  
request will be granted. My request was granted.  
Amen. **X**

## PRAYER TO THE VIRGIN MARY

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humbly beseech you from the bottom of my heart  
to succour me in this necessity. There are none, that  
can withstand your power. O show me herein you  
are my mother. Oh Mary conceived without sin,  
pray for us who have recourse to thee (3 times). Say  
this prayer for 3 consecutive days and then publish  
and request will be granted to you. This prayer must  
be published in thanks giving for favours received.

**X**

## GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy  
St Faustina, St Expedite, St Padre Pio,  
Our Lady of Mount Carmel, Sacred Heart  
of Jesus, Our Lady of Lourdes for Health  
favours received. **Brid.**

## NOVENA TO THE SACRED HEART

Sacred Heart, Our Lady and Padre Pio a  
thousand thanks. And to all of the Saints for  
favours received. And to the universe. **X**





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