KILLARNEY Outlook

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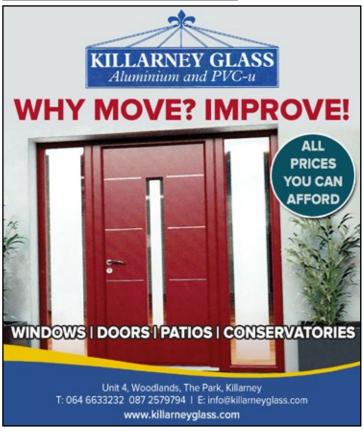
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Vincent Casey, Chairman with members of Killarney Racegoers Club who celebrated the club's Ruby 40th Anniversary at Killarney Races on Monday evening where they revealed they have raised €1.3m for the Killarney Racing festivals over the years. Photo: Don MacMonagle









THIS WEEK

21:07:23

MIKE'S MISSION **IMPOSSIBLE** See Page 4

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news@outlookmags.com 086 0400 958

graphicdesign@outlookmags.com 087 7160372 / 087 6593 427

jimmyosdarcy@gmail.com

des@outlookmags.com 087 6593 427

killarneyoutlook@outlookmags.com 087 7776 665

accounts@outlookmags.com 1800 71 40 40 (Mon-Fri 9am to 1pm)

Editorial Contributors

- Contributing Photographers

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FROM THE EDITOR



Aisling Crosbie.

Julyfest at Killarney Races was a great success this week bringing crowds to Killarney to enjoy a spectacular week of racing which finishes today with the highlight of the week, Ladies Day.

A Beaufort adventurer has taken on a 'Mission Impossible', the Grady Family continue to be part of the political world in Kerry and a special evening celebrated Killarney's connection with World War 11. Two talented athletes are heading to the European Youth Olympics to represent Ireland, the Ballyfinnane Festival of Speed was a huge success and they came from all over the world to celebrate a very special birthday in Kilbrean.

There are over 1,000 pairs of glasses on the way to Africa, thanks to the Lions Clubs, over 12,000 photos from the Ring of Kerry are available to view and Killarney Legion celebrated at their club

A young boxer has taken home two gold medals, Deerpark Pitch & Putt Club are celebrating 50 years and Jimmy takes a comprehensive look at the All Ireland Senior Football Semi finals.

Enjoy this week's Killarney Outlook!

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ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the

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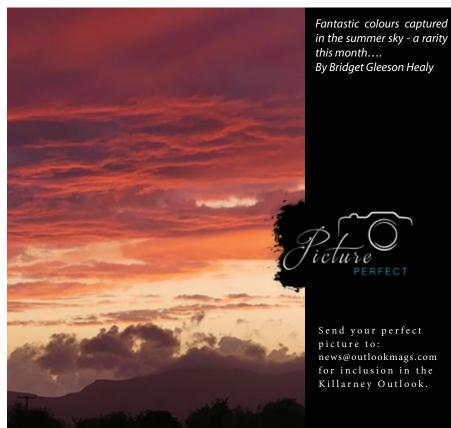
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Beaufort Adventurer Mike O'Shea has completed working on what is considered to be one of the biggest stunts that the world of cinema has ever seen.

Mike who has worked on many films in the past including James Bond, Star Wars and Indiana Jones was responsible for designing and building a ramp over a 4,000 ft cliff in Norway for the new Mission Impossible - Dead Reckoning.

"I had the pleasure of coming up with the concept, design of the biggest stunt in cimena and then build a 205m long ramp, 17.5m high on top of a 1300m cliff," Mike said,

This was truly an Irish project, with a huge Irish input, including Cian O'Driscoll, Shane McCauley and Conor McGrath and many more who were instrumental in the build of this crazy project". he added

The film sees return as Ethan Hunt, whose IMFteam matches wits with a powerful rogue Al known as "the Entity".

Initially filming began in February 2020 but had to be halted due to the Covid 19 Pandemic. It resumed in 2021 and was filmed in locations including Norway, Italy, UK and the United Arab Emirates.

Mike is no stranger to adventure having began climbing as a child on the Reeks near his home in Beaufort.

A member of Kerry Mountain Rescue for 10 years, Mike was part of an Irish team who attempted the southwest ridge of Ama Dablam and in 1993 was part of the K2 West Ridge expedition.

He has also been part of expeditions across the North Pole, Siberia and Kilimanjaro to name but a few.

He was tasked with the position of Mountain Safety Team Leader for Star Wars and also worked on Mission Impossible - Fallout.

Mission: Impossible – Dead Reckoning Part One premiered on the Spanish Steps in Rome on June 19, 2023, and is currently showing at cinemas in Killarney.







Mike balancing on top of the ramp 4,000 ft over a cliff in Norway.





Cllr. Martin Grady (Independent) who was co-opted to Kerry County Council in place of his father, Cllr Donal Grady (Independent), who has retired. Cllr Grady is a representative for the Killarney Municipal District.



Cllr. Martin Grady Independent to Kerry County Council for the Killarney Municipal District pictured with his wife Emma Grady . Cllr Grady is a representative for the Killarney Municipal District. Photo By: Domnick Walsh © Eye Focus LTD.

Martin Carries On the

GRADY FAMILY TRADITION

The Grady Family name will continue in politicial circles in Kerry with the co-option this week of Martin Grady taking his father Donal's seat on Kerry County Council.

Cllr. Martin Grady was introduced to fellow councillors and officials at Kerry County Council on Monday last.

He is replacing Cllr. Donal Grady who has served the people of Kerry for over 24 years.

The new Councillor was joined at the meeting by his wife Emma. Martin who is a member of Killarney Fire Servicce and his wife Emma have three children, Amelia, Jack and Rosie.



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NEWS



My Father's House... Acclaimed novelist Joseph O'Connor, with Sean Looney, at a very special evening in The Gleneagle INEC Club. Photo: Valerie O'Sullivan

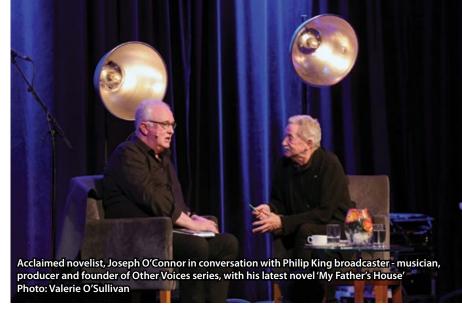
A Special Evening **Celebrates**

Killarney's Connection with **World War II**

Killarney's connection with World War 2 humanitarian Monsignor Hugh O'Flaherty was celebrated at a very special evening in The Gleneagle INEC Club.

Acclaimed novelist, Joseph O'Connor in conversation with Philip King broadcaster - musician, producer and founder of Other Voices series. My Father's House is inspired by the extraordinary story of Monsignor Hugh O'Flaherty and how he and a band of activists saved thousands of lives in Nazi-occupied Rome. Joseph read a number of passages from the book, along with live performances from soprano Sharon Lyons and countertenor Nils Wanderer.

Dublin-born Joseph O'Connor is a novelist, screenwriter, playwright and broadcaster. He is the author of ten novels including Star of the Sea, Ghost Light (Dublin One City One Book novel 2011), Shadowplay (Easons An Post Irish Novel of the Year 2019) and the international bestseller My Father's House (January 2023). Among his awards are the Prix Zepter for European Novel of the Year, France's Prix Millepages, Italy's Premio Acerbi, an American Library Association Award, the Irish Pen Award for Outstanding Achievement in Literature and the American Ireland Funds Literary Award 2022. His work has been translated into forty languages. In 2014 he was appointed Frank McCourt Professor of Creative Writing at the University of Limerick. Twice-Booker Prize-winner Peter Carey has written, 'There are few living writers who can take us back in time so assuredly, through such gorgeous sentences. Joseph O'Connor is a wonder.'





My Father's House... Acclaimed novelist Joseph O'Connor, meeting Jerry O'Grady, who's perseverance and dedication to honouring Monsignor Hugh O'Flaherty's work and life, bringing it back into the spot light, were both delighted to meet at a very special evening in The Gleneagle INEC Club. Photo: Valerie O'Sullivan





My Father's House... Acclaimed novelist Joseph O'Connor, with Brendan and Angela Lynch, at a very special evening in The Gleneagle INEC Club Photo: Valerie O'Sullivan



My Father's House... Acclaimed novelist Joseph O'Connor, with Kathleen Dowling and her Son Tom Dowling, at a very special evening in The Gleneagle **INEC Club**



Joseph read a number of passages from the book, along with live performances from soprano Sharon Lyons and countertenor Nils Wanderer. Photo: Valerie O'Sullivan



My Father's House...Killarney's connection with World War 2 humanitarian Monsignor Hugh O'Flaherty was celebrated at a very special evening in The Gleneagle INEC Club





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13 museums were celebrated at a ceremony in Kilkenny Castle, having achieved official accreditation under the Heritage Council's Museum Standards Programme for Ireland (MSPI). Established to promote professional standards in museums, selection under the MSPI is a major accolade with accredited museums considered to have attained excellence across a range of areas.

Three sites at Muckross in Killarney maintained full accreditation for the third time, making them the MSPI's most successful participant to date in terms of consistently upholding standards over a 17-year period. Other award-winners include the Michael Davitt Museum in Mayo, as well as museums run by local authorities, national organisations, and small volunteer groups.

Factors taken into account during the assessment process include how museums care for their collections and visitors, as well as governance and management standards, and their education and exhibition programmes. Since its inception in 2006, the Irish museum sector has continued to embrace the programme with participation growing from 12 museum sites to 73 in 2023.

Muckross House, together with Muckross House Research Library and Muckross Traditional Farms, make up the three sites which received 'maintenance of full accreditation' for the third time. By preserving and caring for its collections and buildings, these sites collectively provide a deeply authentic and valuable insight into traditions and life in Ireland and Kerry from a number of vantage points.

"Our sites have a long and proud history of working alongside the MSPI and were among the original museums to participate in the programme when it was initiated. It is very satisfying to see how much the programme At the awards presentation were from left, Toddy Doyle, Muckross Traditional Farms, Patricia O'Hare, Muckross Research Library, Shelia Pratschke, Heritage Council Board member, CEO of the Heritage Council Virginia Teehan, Ann Tangney, Muckross House, Denis Reidy, Manager Muckross House and Bernadette Randles, Trustee Muckross House.

has grown since then and how our own sites at Muckross have developed in tandem. The benefits of achieving and maintaining full accreditation by engaging in the programme have had a transformative effect on the quality of the collections and buildings we upkeep, as well as on the overall visitor experience across our three sites", Research and Education Officer at Muckross House, and Council Member with the Heritage Council Patricia O'Hare said:

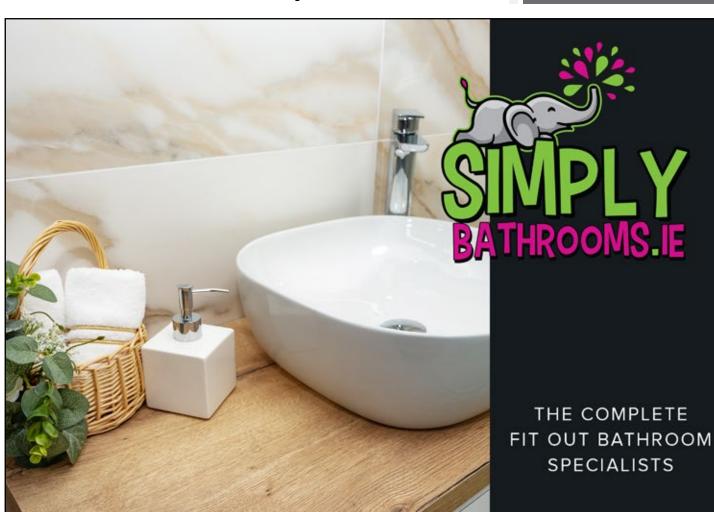
EUROPEAN DREAM A REALITY for Killarney Athletes

fillarney Valley AC athletes Jason O'Reilly and Oisin Lynch have been selected to represent Ireland in the upcoming European youth Olympics.

It is a great honour also for their coaching team of Tomas Griffin, Con Lynch and Alan Delaney at Killarney Valley AC. For all of their training partners, who work extremely hard with these brilliant athletes and for the club committee who also work very hard on and off the track at Killarney Valley AC.

These young elite athletes have performed with great commitment and success over the last few years, you will hear a lot more about these young athletes in the future also. Their families and friends can be so proud.





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John & Mary Murphy, Killorglin.



Celebrations as Mary turns 90

There were huge celebrations last weekend when Mary Spillane, Kilbrean turned 90, surrounded by all her 17 children.

Mary was joined by her 11 sons and 6 daughters who came from all over the world to share her birthday celebrations.

Mary was delighted see all her family who included Denis, Killarney, Marion Kervick, Canada, Kathleen O Reilly, New York, Michael, London, Padraig, New York, London, Sean, Philip, Louisiana, Donal, London, Peter, Killarney, David, Sydney, Brendan, Killarney, Anthony, London, Anne Holland, Killarney, Caroline Hampton, New York, Desmond, Killarney, Evelyn Murphy, Killarney, and Geraldine O Sullivan, Killarney. She also has 30 Grandchildren and two Great Grand Children Kieran and Caragh Florence from Canada. There was four generations present and it was the first time she has met her grandchildren.

"Mom won't turn 90 until 18th August but was celebrated a month earlier to accommodate all the travelling party. None of them wanted to miss this special day", Mary's daughter Anne told Killarney Outlook.

The last time they were all together was unfortunately at their father's funeral, John Michael almost 13 years ago.

The celebrations started with a barbeque last Thursday at Sean, her son's house in Kilbrean. This was for family, friends and neighbours to enjoy the celebrations with the birthday girl. Her nephew Fr. Martin Spillane gave her a special blessing for health and happiness. Prize chef, Gerry O Reilly was on duty

at the grill. There was also a surprise party for members of the family who turned 60 during the year, twins, Philip and Donal and Sister in law Debbie. Highlight of the night was a video of memories compiled by her daughter Anne.

Friday night, the immediate family 17 along with Mary went to Mary's favourite restaurant, Cronin's on College Street.

Saturday was the big day when all Mary wanted for her birthday was a bus trip to Dingle to see the sights. Even the rain couldn't dampen the spirits of the trip. Seamus Healy, photographer took the precious photos of the family before they headed on Dero's bus to Dingle. Mary was joined by her sister Anne Healy, 92, and her brother John Joe Healy, 86 also. First stop, Inch beach for a mini stop. Then on to Slea Head to see the beautiful scenery along the Atlantic Way. Ceann Sibeal, Golf Club was the venue for the delicious lunch. Next stop was Foley's outside Inch to watch the All Ireland semi final before heading back to Killarney. The weekend ended with more celebrations when Kerry beat Derry in the other semi final to reach the All Ireland. Mary nee Healy was born and raised in Kilbrean and built a house on the family land just a stone's throw from the family home. A Killarney woman through and through and loves the outdoors. She loves the Rambling Houses, plays and musicals. Her other hobbies are knitting and word search puzzles. Wishing Mary a very happy special 90th birthday and the week

long full of celebrations.



Mary Spillane pictured with her 17 children



Mary (centre) pictured with her sister Anne Healy and brother John Joe Healy.



Mary Spillane pictured on her 90th Birthday with her cake with one of her favourite photos



The family gathered to celebrate Mary's 90th Birthday

CALLOUT FOR MUSICAL INSTRUMENTS

Do you have a forgotten guitar in a corner, or a flute never used?

The Library Services and Environment Office of Kerry County Council along with Music Generation Kerry are asking anyone considering donating disused musical instruments to do it through their local library.

Music Generation Kerry will examine the instruments received and a catalogue will be created. Instruments donated through this project will be available to all young people living in Kerry.

Donations will be accepted beginning Wednesday 19 July through the summer until Saturday 30 September. Musical instruments may be donated at any of the following four Kerry library branches; Killarney, Tralee, Cahersiveen, and Listowel. Music Generation is a national partnership programme whose mission is to create inspiring experiences for children and young people through music. Music Generation Kerry is managed by Kerry Local Music Education Partnership, led by Kerry Education and Training Board in partnership with Kerry County Council. (https://www.musicgeneration.ie/)



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Anne Lucey looks at the positive news happening in the town of Killarney



Pat Piggott, left, AlB, Killian Treacy, Luna Deli & 2GoCup, Joe Shannon, AlB, John McGeown, AlB at the launch of The Killarney Coffee Cup Project. Photo: Valerie O'Sullivan

COFFEE TALK

Most people will have noticed how lingering coffee cups have taken over from fast food wrappers on the ditches, parks and sidewalks.

Coffee cup litter in the national park has prompted the business owners to make Killarney first in the country to be paper coffee cup free.

'If it can be done in Killarney, it can be done anywhere, 'Killian Treacy of Luna coffee shop and the Killarney Coffee Shop Project said.

Killarney's very sophisticated campaign was launched at Killarney House and it got out of the traps just in advance of the 'latte tax' controversy. Luckily.

Quite the storm is brewing p in recent days in Dublin over the Government's proposed latte tax or 20 cent tax on takeaway paper coffee cups to discourage their use and cut waste

But the wagons are circling, as they seem always to circle when it comes to 'green issues'. The latte levy will hit jobs and may close businesses, a new body representing cafes and cup suppliers warns.

Research commissioned by the Irish Paper Packaging Circularity Alliance calculates that the 20 cent tax, could cause 4,244 job losses in coffee shops as customers respond by cutting consumption

Economist Jim Power says replacing disposable paper cups with reusable versions could, by 2030, result in the industry producing 15 times the amount of plastic waste it now generates.

Meanwhile in Killarney where the fight against disposable cups began, Killian Treacy says not all disposable coffee cups are even recyclable. What is needed is a change in mindset. 'We are hoping for a mindset change. So that when you leave the house in the morning, bringing with you phone, wallet, keys and coffee cup will be the norm.' Tourists and others will have three options now in participating businesses - bring their own reusable cup; purchase the redeemable 2GO cup or ' sit down and have the coffee

in the café'.

We are all 'too much on the go', Killian thinks. Personally, while I would never simply discard my disposable coffee cup carelessly, I will not be rushing out the door with a cup in the morning either. I may instead take the time to sit down in a café!

The media debate around coffee cups - newspapers, by the way, owe their birth in the mid 17th century to coffee house gatherings and talk - is only beginning, it seems.

YELLOW RAGWORT THE NOXIOUS WEED BRIGHTENING OUR DULL JULY

This column recently reported a call by Meitheal volunteer Johnny McGuire to declare the foreign rhododendron a noxious weed. The battle is getting more intense.

Rhodo has increased hugely this year and is appearing in all sorts of places. Ballyseedy Woods in Tralee a programme of eradication is to begin as part of a 30,000 Euro improvement works by the council.

The response from the Department of Agriculture to reclassifying rhodo is however not encouraging.

'The legislation on noxious weeds is being examined at present but there are no plans to include the invasive species Rhododendron ponticum as a noxious weed as this species is already regulated under Invasive Species legislation (SI 477/2011 European Communities (Birds and Natural Habitats) Regulations 2011), which falls under the remit of the National Parks and Wildlife Service.' I sometimes wonder if we haven't too many agencies dealing with the same thing. Surely invasive weeds and noxious weeds (native weeds) - the legislation on noxious goes back to the 1930s - can be put together and strong action taken against both?

Meanwhile, our roadsides, not to mention our fields, are full of the beautiful 'buachalán buidhe'. This is a native plant but one that is highly poisonous especially if it gets into hay fed to animals. And it is a noxious weed under The Noxious Weeds Act, 1936.

That means that a landowner can be prosecuted.

But there is a side to the noxious weed story other than its effect on agriculture.

Lethal for horses, and cattle, it is good for butterflies and moths. Ragwort has been eliminated in the UK with an aggressive policy- but so too has the cinnabar moth. This dull July the wasp yellow ragwort on the verges may be the only thing brightening our days.

THE STORMING OF THE LIBRARY

How brave is it to storm a library during the reading of a traditional children's story albeit

with a modern twist?

So-called fairy stories always have hidden depths. Some of the traditional ones are no easy tales and are pretty terrifying. But I have heard of no one storming rooms about the dark messages of Little Red Riding Hood, or about the chastity belted princesses locked up for centuries.

The story 'Prince and Knight', performed in Tralee library last week, is described in catalogues as 'a modern fairytale'.

I listened to the tale online by Butch Chastity where it was repeated because of the disturbance . It tells the story of 'a charming Prince' who is 'handsome and sincere' .

The prince is heir to a throne and he meets his knight in shining armour, after a battle with a dragon. The two men marry and live happily ever after. It is actually a charming story and very much along traditional lines, though without the same depth of terror as some other tales, and with a very modern twist.

The performance opened with an explanation of 'sincere' as: 'you tell the truth and mean what you say'.

Then along came five very 'brave' adult protestors - three women and two men, to shout down and film their performance warning about 'the filth being read to children. Really?

Why are we so obsessed with sexual leanings? Why is no one objecting to the harmful depiction of women in fairy tales such as the wicked stepmother, I wonder. Meanwhile, one of the events during the week was a Killarney based youth project.

Prom Queen:The Jukebox Musical deals with teenage mental health issues including LGBTQ+ representation and bullying and domestic abuse.

It went down well in St John's Theatre Listowel. 'It's all about the struggles teenagers have. Everyone has a story and everyone is struggling with something,' said writer Sinead Marie who is 16 and coproducer with Rachel Griffin, both of Killarney Community College.

Meant for persons aged 12 years and older it is not all serious and is enjoyable for persons of all ages, Sinéad said.

It is on the Everyman this Friday 21st, the

Glór in Ennis on July 23 and the CYMS in Killorglin on July 26th . As well as Dunamaise Arts Theatre in Portlaoise on the 29th.



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Ballyfinnane Hillclimb was deemed a massive success



Kerry Motor Club and the Ballyfinnane Community Hall Association created motorsport history in the mid-Kerry village on Sunday.

The two groups marked the 120th anniversary of the first motorsport event in Kerry by running a hillclimb event in the area.

Modern safety rules prevented the use of the original hill but Kerry Motor Club and Motorsport Ireland officials identified a new section of road in the area that allowed the local club to run its first hillclimb in Kerry since the mid-1980s.

Huge crowds descended on the village where a range of sideshows like a classic car display and a motorcycle exhibition added to the occasion. The 1.41km course ran from Aubee Bridge to the Ballyfinnane Community Hall, winner John Donnely from Tyrone cleared the course in an incredible 44.29 seconds in his Pilbeam single-seater racing car. He set the time on his first of five passes over the course.

Limerick's Ben O'Brien was second in his Gould GR 37 racing car. His best time over the distance came 46.79 seconds, coming on the fifth and final run

Firies-based West Cork man Vince McSweeney was the best of the local drivers. The rules stated that a driver must have a Kerry address to qualify for the award. The Mitsubishi Lancer E7 driver finished fourth overall.

Several Kerry drivers took home class awards. Killarney's David Maes won class 2 for Modified Production Saloons in his BMW Mini. This was his first-ever motorsport award of any description.

Billy Burke, who usually races in Mondello Park, contested his first closed road event and won Class 3A in his Honda Civic.

The event also permitted rally cars and local drivers took the opportunity to take their cars for a run.

PJ O'Dowd double-drove Ken McKenna's Peugeot 205 and beat the car's owner for the Class 8A win. David Griffin was third in this class, Declan O'Sullivan fourth and London-based Killarney man Mick Smith fifth.

Mark O'Leary won class 8B. Local man Keith O'Connor, a member of the organising team was fourth in the same class.

Cyril Wharton, one of the sponsors of the event won class 9B and despite clutch issues motorcycle racer Anthony O'Carroll was fourth.

Killarney and District Motor Club members Brian Hickey was third in class 10, John Hickey fifth and Tom O'Sullivan seventh.

Kerry Motor Club officials praised the support they got from the local community to get the event off the ground and sponsors Brian O'Neill Garden Equipment and Trailers, Cyril Wharton Tool Hire and Moriarty's Central Cars Sales for their support.

FANTASTIC FESTIVAL OF SPEED

IN BALLYFINNANE

Despite the weather, hundreds of people made they way to the Festival of Speed in Ballyfinnane on Sunday July 16th.

Killarney Valley Classic and Vintage Club had a fantastic day at their Classic Car Show which was part of the Ballyfinnane Festival of Speed.

"It was great to be part of a piece of history as last weekend was the 120th anniversary of Kerry's first Motorsport event where Charles Roles won the hillclimb event", Tom Leslie told Killarney Outlook.

Despite the rain there was a great turn out of cars and jeeps and people were in good spirits as there was music, refreshments and entertainment in the village all day long.

Along with the show cars, our restored Landrover was the centre of attention, tickets always onsale at www.killarneyvalleycv.com We would like to thank Kerry Motor Club and the Ballyfinnane Community Group for inviting us to be a part of the festival weekend.









Some of the cars on display at the at the Ballyfinnane Festival of Speed on Sunday.



PEREGRINE

Sayour the ultimate Afternoon Tea indulgence at The Killarnev Park

Reservations for afternoon tea in The Peregrine are now open for the first 2 Sundays of each month in 2023.

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Past Pupils Reunite

to Reminisce about School Days

Past pupils who attended Milltown Presentation Secondary School between 1976 and 1981 gathered for a night or reminising at Griffin's Bar in Castlemaine on Saturday night last.

The occasion was thoroughly enjoyed by those who attended as they exchanged stories and memories about school life over four decades ago.

Pictured across are Anne Doyle, Barbara Murphy, Siobhan Shanahan, Breda Foley, Mary Hannafion, Pam Sheehan and Marion Sheehan.

Back: Peter Giles, Denis McGillycuddy, Susan Stephans, GerardLadden, Joe Long, Colin Miller, John O'Sullivan, Raymond Boyle, Peter Twiss, Anne Marie O'Connor.



Pictured are front from left: Cathy O'Shea, Kathleen ODonnell, Elizabeth Barton, Joan O'Dowd, Ann Sheehan, Mary Horgan, Noreen Clifford, Geraldine O'Connor, Marion Allman. Back: Paudie Clifford, Finn Carey, Marti Sayers, Mike Foley, Doreen Horgan, John O'Connor, Nora Costello, Eileen Daly, Mary A. O'Sullivan, Ina O'Sullivan, Michael Cronin, Kay O'Farrell, Brendan O'Sullivan and Mary G. O'Sullivan,



NEW ROLE FOR KING PUCK

as Killorglin gets ready for the Fair



The times they are a changing and this year King Puck will make two brief appearances at the opening and the closing of Puck Fair.

The 2023 festival was launched this week following on from the enormous success of last year's Festival, which saw Killorglin welcome some 100,000 visitors over the course of the three days. Puck Fair, which runs annually on August 10, 11 and 12, is Ireland's oldest gathering festival, with ties to the traditional celebrations of Lughnasa. Some of today's festival's traditions can be traced back as far as 1613!

The most well-known of the Fair's traditions is the annual crowning of a wild mountain goat as 'King Puck' and overseer of the town. King Puck has been crowned at every Puck Fair for over 400 years.

This year, King Puck will be coronated and raised for a short period on the opening evening of the Fair. He will then leave his stand

before making a brief reappearance for his dethroning ceremony on the final day of Puck Fair. This marks a significant change from the tradition of King Puck remaining on his stand above the town for the three days of the Festival.

The decision has been made in recognition that the role of King Puck needs to evolve while maintaining the integrity of the festival's traditions. The new approach

was unanimously agreed by the Puck Fair

The welfare of the goat remains of utmost importance to Puck Fair. In line with previous years, the goat will continue to be overseen and checked by a veterinary surgeon before, during and after his involvement with the Fair.

As always, this year's festival will feature an extensive agenda of free family fun activities, children's entertainment and musical acts, with thousands of visitors expected from across the country and further afield.

This year's musical line-up features a fantastic mix of Irish talent, with acts to appeal to audiences of all tastes and ages. Headline acts this year, which are all free to attend, include the dynamic Fermanagh folk duo, the Thumbling Paddies, homegrown contemporary trad group, Thingamajig, and acclaimed country music singer, Cliona Hagan.

Speaking at the festival's launch, Chairperson of the organising committee, Declan Falvey, highlighted the importance of the festival to the town:



"We are delighted to officially launch the 2023 Fair. It's special few days for Killorglin and its diaspora to come together and celebrate the town's history and traditions, and we look forward to welcoming people from across the globe back to Killorglin this August.

"We are a festival steeped in longstanding traditions, but equally, we acknowledge that traditions can and should evolve where there is good reason to do so. While King Puck will still be a major part of the festival, this year his role has evolved. The goat's welfare has always been and remains of paramount importance to the committee and all of those that love Puck Fair." To kick off the launch of Puck Fair, Leila Mulvihill was crowned as the Queen of the 2023 Festival. Leila hails from a family with longstanding ties to the festival – she is the third generation of her family to wear the crown, following in the proud footsteps of her mother, Cliodhna and her gran-aunt, Noreen.

Leila, who is a sixth-class student at Scoil Mhuire NS, has always loved the traditions of Puck, from the street stalls and fireworks to the music and coronation procession. An avid performer and keen animal lover, Leila is very excited to take part in this year's festival.

This year's queen will also wear a brandnew procession dress, specially designed by dressmaker Ann Kerins.



Just Breathe

Chloe Launches Compassionate-Co

A Killarney girl with extensive experience in public health and health promotion has launched a new mental health promotion

Chloe Enright, a Public Health Practitioner and Breathwork Facilitator, originally from Cork but residing in Killarney for the past 18 years years, launched Compassionate-Co which aims to educate people on the concept of selfcompassion, promote open discussion around mental health, highlight the burden of mental health issues within Ireland and provide tools for you to enhance your mental well-being.

Chloe has extensive experience in Public health and health promotion, having worked for many years in health research, health communications and surveillance. Pairing her expertise with a personal interest in mental health promotion, Chloe began to research the area of self-compassion. Self-compassion is the process of turning kindness inward. It allows us to gain an increased sense of selfworth without having to compare ourselves to others. It has been proven to lead to increased happiness, increased life satisfaction and decreased stress levels on a long term basis. Becoming self-compassionate means focusing on self-awareness and self-acceptance as concepts through mindfulness, self-kindness and connectedness, the three pillars for self- : practice which has been used for many years

compassion.

Following her own battles with a depression and severe PTSD diagnosis following a very traumatic event, Chloe learnt self-compassion as a concept through cognitive behavioural therapy. This helped her to deal with the residual symptoms of the diagnosis, which had a huge impact on her life for many years. Turning wounds into wisdom, Chloe wanted to use this learning to help others to overcome difficult emotion, be it stress, grief, overwhelm, self-critiquing, emotions which we all experience to varying degrees day to day and throughout our lifetime.

To do this, Chloe has developed her own guided journaling experience Your-Self Scribbler. Your Self-Scribbler is based on the evidencebased principles of positive psychology and has been reviewed and verified by clinical content experts. Becoming self-compassionate helps us to accept ourselves for who we are, to self-sooth during difficult experiences, to create a connection to ourselves, allows us to control how we react to our emotions and is a fundamental building block for self-growth, self-improvement and enabling positive mental health throughout the lifetime.

As well as this, Chloe has recently trained to be a Breathwork Facilitator. Breathwork is a



to improve physical, mental and emotional wellbeing. Broadly speaking. breathwork involves conscious techniques that can be used to reduce stress and tension, improve mental clarity and wellbeing and is a powerful tool for personal transformation. Chloe uses breathwork every day to control stress levels, increase energy levels, increase focus and help the body to move through emotional blocks. Chloe will be running drop-in breathwork classes and also a 4-week breathwork course, during August and September of this year. To enquire, message Chloe on Instagram (compassionateco) or Facebook (Compassionate Co) or via her website at www.compassionate-co.com where the journals can also be purchased!



MORRISSEY: REBEL WITH A CAUSE

BY GRACE SMITH

orrissey recently performed two VI shows at Vicar Street, Dublin on his only Irish dates and Grace Smith was there to review it.

The former The Smiths frontman expressed his adoration of Dublin and was in high spirits all night, opening with How Soon Is Now? - immediately grasping an electrifying atmosphere. Jack The Ripper, Irish Blood-English Heart followed. Fans sang Half a Person - possibly the best singalong of that song.

Morrissey humorously warned fans he would make many complaints. "What you are about to receive may be truly... ambivalent." He revealed he'd never "been invited on Irish telly," and in a Dublin accent said all he could say, "tank God." Cigarettes were thrown during Our Frank, a common practice amongst fans. He noted how he lacked space on stage, claiming he didn't want to fall and "pull a Joe Biden".

Morrissey has recorded two new albums; Bonfire of Teenagers & Without Music The World Dies - yet to be released. New songs played: Notre-Dame, Bonfire of Teenagers, The Night Pop Dropped. Some deem him outmoded, others miserable, racist. He is not. Morrissey showed his unparalleled humor, intelligence, kindness during the gig. Fan's support visibly touched him. Morrissey's fans are typically loud but this was the loudest, most supportive, interactive crowd I've ever been a part of. Morrissey is one of the last true artists alive who doesn't conform to today's music industry. He speaks for the silent majority and voices issues often silenced. Morrissey is bravery at its finest, using his voice to speak up for animal rights and people who feel they don't fit in, therefore providing another world of music, freedom and unrequited love.

Morrissey continues touring the globe, creating new music and growing his successful solo career, despite having no record label, management, airplay, promotion, television, new release, media support.

Morrissey intrigues the music industry at first glance but once they take a closer look they're unable to look further, becoming allergic to anyone that is their own and that intolerance is fatal. When will the music industry truly be diverse?







COME & JOIN US FOR OUR NEXT MEETING!

Understanding a recent very important law passed

At our meeting on TUESDAY 25TH JULY in the Church of the Resurrection Parish Centre, Park Road (V93 WN32), we will have guest speaker Mr Patrick Barrett BL (Barrister-at-Law) to explain the workings of the new Assisted Decision-making Capacity Act which was signed into law last April (a law which can affect us all one way or another). We will also be looking at The Fair Deal in a refresher exercise. There will also be a Question and Answer Session as well at the end of the meeting. Attendance at this meeting is FREE and is OPEN to ALL.

NOTE TIME CHANGES PLEASE FOR THIS MEETING ONLY! Blood pressure & pulse clinic from 8.15PM to 9PM and meeting will start at 9PM



Our HeartBeat Strutters Walk Group meets every Thursday at the Kingsbridge opposite St. Mary's Cathedral at 11am, for a supervised health walk.

Cardiac Exercise Specialist Kevin Murphy is our walk leader, and there is a special exercise session after the walk. You don't have to be a cardiac patient to join. We accept everyone! Our Fee is just €1.00.

For gueries on the walks call Mairead on 087 681 8473. For queries on mobility call Kevin on 087 600 2180. Our walks are supported by AGE & OPPORTUNITY.



'Spectacular' Success for

Killarney Lions Club



Over 1,000 pairs of used eyeglasses have been donated for reuse in Africa as part of an inaugural 'Spectacles Campaign' involving Killarney Lions Club, national schools and local opticians. 16 schools along with Kennelly's Pharmacy and Opticians, Urban Optics, Specsavers and The Optical Suite provided collection points for donations of glasses, sunglasses and prescription reading glasses over recent weeks.

All four opticians have agreed to provide an ongoing collection point on their premises, which means members of the public can continue to donate used glasses all year round from now on.

"We are thrilled with the response to this campaign by the people of Killarney," said Denis Doolan, President of Killarney Lions Club. "Thanks to everyone's generosity, and to great collaboration by all local national schools and opticians, people with sight issues in Africa will now be able to get a pair of glasses that will make a big difference to their daily lives. On top of that, from now on as part of an ongoing arrangement, anyone who has a pair of unused glasses can from drop them into one of the opticians' premises in Killarney, which is fantastic and will hopefully lead to many more glasses being donated".

The Killarney Lions club through its members, assists various groups and individuals in and around the community. Lions do this through voluntary activities, fundraising and by holding various types of events in support of a great many local causes.

MOTORCYCLE HEARSE a first for Kerry

A local funeral director is changing the way things are done by being the first in Kerry to introduce a unique and memorable motorcycle hearse service.

Sean Lynch, who owns Hogan's Funeral Home in the heart of Tralee, is keen to have a range of different options available to customers by offering something alternative to families who want a fitting tribute for their departed loved ones.

Combining his love of motorbikes and the business, he has just purchased a carriage style hearse, a Honda Goldwing 1800 Trike Motorcycle - believed to be the first of its kind in Munster. It is fully enclosed and decked with a walnut bed and leather lining.

"I always wanted to bring a unique service to Kerry," Sean, who bought his first motorbike aged 16, said.

"Motorcycles are like your first love - you never forget."

Sean knew there was a niche in the market and spent the last two years

searching worldwide for the right one until he eventually found it - a black Honda Goldwing 1800 Trike Motorcycle and separate carriage which has been getting curious glances and admirers outside the business this past week. The trike goes in front with a carriage carrying the coffin behind it, he explained.

"It is a stylish alternative for members of the biking community - but non members, both male and female young and old, have asked me if they can use it when their time comes."

Sean has been in the funeral business for over 30 years starting with Lynch's Funeral Home in Castlegregory, which he still runs to this day.

He was keen to expand and in 2021 purchased Hogan's Funeral Home on the North Circular Road, a well known and established business run by Gerard Hogan and John O'Rahilly for many decades until Gerard's death in January 2020. John O'Rahilly, who worked with Gerard for over 60 years, remains part of the business working with Sean to this day.

"My friendship with Gerard went back years and years. He always knew I'd finish up with his business."

Hogan's includes a range of services including religious, non-religious, civil and humanist options.

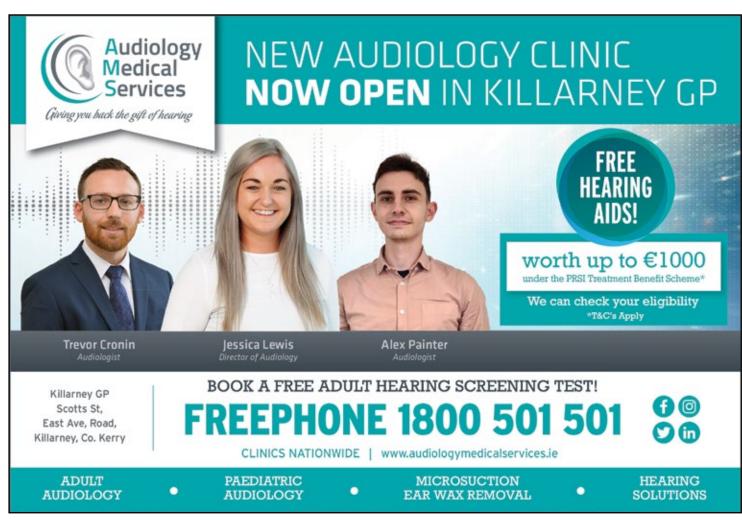
Sean's goal is to make the motorcycle hearse available to everyone, not just members of the biking community.

A driver can be provided but the service can also, at times, allow a family member drive their loved on their final journey, he added.

"It's open to everyone to use including available to hire to any funeral director. We want to exceed our customers' expectations by providing a range of alternative services whether it's a regular hearse, horse and carriage, motorcycle hearse or any other mode of transport requested such as trucks, tractors and limousines. A funeral is about the individual person and we'd like their family to be able to honour that person in their own unique way."







A tribute to a Designer....

FREDERICKS OPENS

at Great Southern Killarney

n a tribute to honour the architect who designed the Great Southern Killarney, the owners are delighted to introduce their newest addition, Fredericks. Fredericks is an exciting new venue, ideal for hosting private events and special occasions and can cater from 20 – 80 people.

Named in honour of the architect who designed the Great Southern, Frederick Darley, Fredericks offers a private bar and dining space perfect for entertaining and live music.

Fredericks also offers direct access to the 6 acres of landscaped gardens that Great Southern is proudly home to, and comes complete with an outside sunken garden seating area, perfect for outdoor dining.

Speaking on the introduction of this new venue, Managing Director Michael Jacobi said "We are delighted about adding Fredericks to our offering in the hotel. Fredericks is a perfect way for us to celebrate our



long history in providing first class hospitality while at the same time introducing a very new and modern venue to the Great Southern. We are proud of our history and excited about our future."

For more information, or to enquire about hosting your event in Fredericks, contact our events team on events@greatsouthernkillarney.

PHOTOS FROM THE RING OF KERRY CHARITY CYCLE AVAILABLE FOR VIEWING



Participants in this year's Ring of Kerry Charity Cycle can now view their photos courtesy of Killarney Camera Club.

The club has now uploaded over 12,000 photos from the successful event and they are available on the Ring of Kerry Charity Cycle website - www.ringofkerrycycle.ie – and follow the link.

"Congratulations to all the cyclists who took part in the cycle and raised much needed funds for the beneficiary charities, including the main charities - Breakthrough Cancer Research, Comfort for Chemo, Critical Emergency Medical Response, Kerry Mountain Rescue and Valentia Community Hospital", Deirdre Donohue from the Killarney Camera Club

told Killarney Outlook.

Eighteen members from the Club photographed the event at the Start Line, Coomakista, the Finish Line and at the Medal Giving and Entertainment Area.

"There are over 12,000 photos, so we hope we have a photo of most of the cyclists and we encourage people to download and print the photos and to share them with family and friends on social media. As always, we thoroughly enjoyed photographing and meeting the participants. And we would like to thank the Ring of Kerry Charity Cycle organisers for their support and to the volunteers for their cooperation", Deirdre added.



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Killarney Faces at the July Races

Jockeys John James Feane, left and Shella Lavery, returning for home, at the July Race Meeting at Killarney Race Course Tuesday evening flatracing, Photo: Valerie O'Sullivan















Tracy Quirke, left, Alan O'Meara, twin sons, Keeneth and James and Dad Donie O'Meara, at the July Race Meeting at Killarney Race Course Tuesday evening flat racing. Photo: Valerie O'Sullivan





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Spotlight on Kerry in Nevada

our tourism companies from Ireland – including O'Donoghue Ring Collection – have joined Tourism Ireland in Henderson, Nevada, to attend the annual Global Travel Marketplace West (GTM West) this week.

GTM West is a busy three-day event, involving a programme of bespoke one-to-one appointments and networking sessions. The event offers an excellent opportunity for the participating tourism businesses from Ireland to meet,

companies do business with and to present to including top-producing travel advisors from bllection – North America – ensuring Ireland is 'top of mind' for them when attend the recommending destinations to Marketplace their clients.

North America remains an extremely important market for tourism to the island of Ireland. In 2019, we welcomed 1.98 million visitors from North America, whose visits delivered €1.77 billion for the economy.



PIC SHOWS: Aine McLoughlin, Aran Island Ferries; Michelle Maguire, Ireland's Blue Book; Abigail Everett, Tourism Ireland; John Higgins, National Trust - Giant's Causeway World Heritage Site; Hillarie McGuinness, Tourism Ireland; and Niamh O'Neill, O'Donoghue Ring Collection, at GTM West in Nevada.



Kilcummin Comhaltas 12-15 Ladies Set who came second in the MUnster Fleadh Cheoil and qualified for Fleadh Cheoil na hÉireann 2023 in Mullingar in August



Kilcummin Comhaltas Senior Mixed full set who came 2nd & qualified for Fleadh Cheoil na hÉireann 2023



Michael Healy who came 1st in the Melodeon & 2nd in The Accordian & qualified for All Ireland Fleadh.



Kilcummin Comhaltas 15-18 ladies set accompanied by their trainer Adrian Moriarty who placed 2nd Munster Fleadh

Eoin Foley who came third in Melodeon & second in the Accordian & will now be heading to Mullingar for Fleadh Cheoil na hÉireann 2023



KILCUMMIN COMHALTAS compete in the Fleadh Cheoil na Mumhan 2023

The Munster Fleadh Cheoil was welcomed to Kerry last week and was hosted in the luxurious surroundings of the North Campus of MTU in Tralee from Monday 10th July – Sunday 16th July 2023.

Kilcummin Comhlatas first competitors lined out in the dancing competitions held on Thursday & Friday. Having come through Kerry the previous month, and recognising that we are now in a provisional competition, the standards across all competitions were exceptional. "Without exception all of our dancers performed to a very high standard and we are fortunate that a number participants will be heading to Fleadh Cheoil na hÉireann 2023 in Mullingar in August", Derek O'Leary PRO told Killarney Outlook.

"Our ladies full set 12 to 15 came second in their section & have qualified for Fleadh Cheoil na hÉireann which will take place in Mullingar in August. We also had success with our Senior Mixed full set who came 2nd and also qualified for Fleadh Cheoil na hÉireann 2023", he added. Later the same day the Kilcummin experienced over 35"s full mixed set came second alongside the 15-18 ladies set who also placed second. Both are now off to Mullingar for Fleadh Cheoil na hÉireann 2023.



Kilcummin Comhaltas Over 35"s full mixed set who came 2nd at the Munster Fleadh competition & qualified for Fleadh Cheoil na hÉireann 2023



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A LEGION OF **HONOURS AT CLUB AWARDS**

PHOTOS: MARIA O'SULLIVAN



Killarney Legion players, members and mentors made the short journey to the Killarney Brewery in Fossa on Friday night last for the Annual Awards Night.

Social committee members Sharon O Grady, Patricia Quigley, Orla Culloty and Timmy O Donoghue alongside Club Chairman Dave Randles pulled out all the stops to ensure a great night was enjoyed by all. Fear an ti Brian Looney made sure everything went like clockwork with the format and surroundings gaining favour with the large crowd present. Diarmaid O Donoghue followed in the footsteps of his late father James with a place in the Clubs Hall of Fame, a choice that needed little debate. Darragh O Doherty and Sam Bensons performances in 2022 earned them the Senior and Young Player of the Year gongs with Alan Moriarty again being named Junior Player of the Year. In a new departure Callum O'Donoghue was crowned Young Junior Player of the Year while Andrea Murphy's form saw her being named as Young Player of the Year in the Ladies department. Isabelle Corridan followed up her 2015 Player of the Year award with another in 2022, thanks to some impressive performances and outstanding commitment. The Cooper Cup for Clubperson of the Year went to Enda Walshe while Sarah Leahy's rise to international stardom in Athletics was rightly acknowledged by the Club. Big thanks also to Pat Moynihan who organised a courtesy bus to and from the venue with his usual efficiency.

A reminder of our winners...

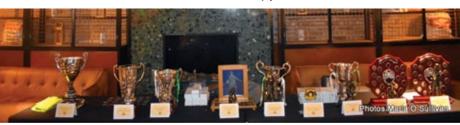
Hall of Fame: Diarmuid O Donoghue Senior Player of the Year: Darragh O Doherty Junior Player of the Year: Alan Moriarty Young Junior Player of the Year: Callum O Donoghue Young Player of the Year: Sam Benson Senior Ladies Player of the Year: Isabelle Corridan Young Ladies Player of the Year: Andrea Murphy Clubperson of the Year: Enda Walshe Special Recognition Award: Sarah Leahy



Isabelle Corridon receiving the Ladies Senior Player of the year from John McCarthy.



Mike and Marie Leahy accept a special recognition award on behalf of their daughter, athlete, Sarah Leahy, from Dave Randles.





Darragh O Doherty receiving the John O Grady Cup for Senior Player of the Year, Martin O Grady presenting the Cup to Darragh.



Sam Benson being presented with the Jim Trant Cup for young player of the year.



Andrea Murphy receiving the Ladies Young Player of the year from Mike Doody



Callum O Donoghue receiving the Young Junior Player of the Year being presented by Mike Pigott and Club Chairman Dave Randles.



Sean Culloty, Donal Culloty and Dave Randles pictured at the Legion Club Awards



Thumbs up for a great night: Sean Murphy and Mike Murphy

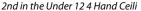


The Legion Senior Team



CILL ÁIRNE SPA CCÉ ENJOY SUCCESS AT THE FLEADH







4 Hand Ceili Mixed



Michael O'Connor, U12 Accordion



Muireann Ní Shúilleabháin agus Saibh Ní Riada



Sophia Sharma

PA GETS HIS SEASON OFF TO A GREAT START





pcoming Champion Boxer, Pa Casey has started his season off on a high having competed in two international boxing cups in the last two weeks.

Pa took home Gold from both making him a champion in Ireland and England at the Monkstown International Box Cup - Dublin & Hull Box Cup 2023

"What can we say only a massive congratulations to Pa wonder kid Casey on becoming Monkstown Box Cup & Hull box cup 23 champion after putting on outstanding performances in both box cups", Jennifer O'Sullivan Coffey from Sliabh Luachra Boxing Club told Killarney Outlook.

"Pa beat a really good boy from England Albie Kelly from Five star Boxing Academy to become Monkstown International Box Cup Champion which was held in Dublin

He then two weeks later travelled over to Hull Box Cup England to beat a really good unbeaten boy from Rainham boxing club .

Pa had to box in a semi-final and a final and both of his opponents over the weekend were unbeaten English boxers", she added.

"It's only the beginning for Pa Casey who is following in the footsteps of his older brother Jamesie Casey, it really does run in the family ,

We at the club and his family are so proud of this hard working boxer , well done Pa one for the future "World Champion in the making", Jennifer said.

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UPCOMING 2023







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FRI 28TH JUL **UP IN SMOKE** TICKETS FROM €10.00



SAT 29TH JUL THE BEATLES



SAT 5TH AUG CONAL GALLEN TICKETS FROM €31.50



SUN 6TH AUG THE WHISTLIN DONKEYS

LIMITED TICKETS



12TH & 13TH AUG JURASSIC LIVE

TICKETS FROM €17.35



SAT 12TH AUG **3 BUCKS LEFT**

ICKETS FROM €27.90



FRI 18TH AUG NEIL DIAMOND'S HOT AUGUST NIGHT TICKETS FROM €36.00



SAT 19TH AUG WOLFETONES ICKETS FROM €35.00



27TH & 28TH AUG MICHAEL COMMINS TICKETS FROM €33.50

SUN 10TH SEP BRIDESMAIDS

TICKETS FROM €33.50



FRI 22ND SEP PROUD MARY AND HER CITY LIMITS BAND

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FRI 22ND SEP JARLATH **REGAN LIVE** TICKETS FROM €27.90



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SAT 30TH SEP BRIAN KENNEDY

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JULY 22

JULY 23 JULY 24

JULY 25

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JULY 27 DEREK RYAN

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JULY 29 THE BEATLES

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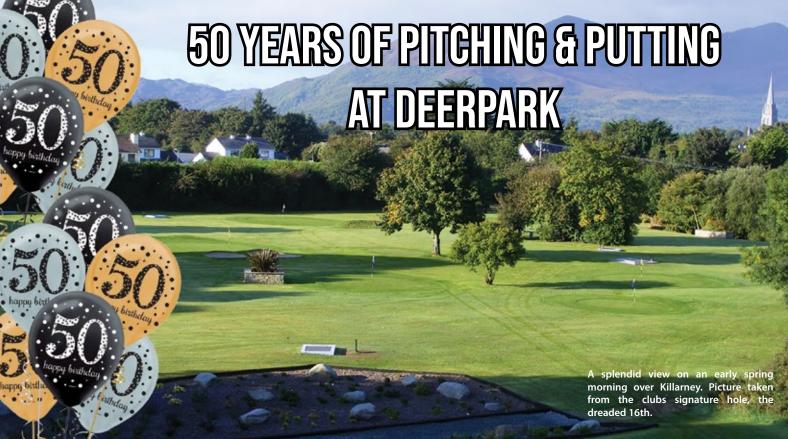
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Deerpark Pitch & Putt Club PRO Jason O'Connor takes a look at

50 YEARS AT THE POPULAR KILLARNEY CLUB

Tonight, Friday July 21st, will be a night of great nostalgia and reminiscing in Deerpark Pitch & Putt Club as it celebrates its 50th anniversary. From its relatively humble origins in 1973 as across the gorse pond in the area occupied by both the club and Dr Crokes GAA, it has turned into a formidable 18-hole Championship course that has hosted seven national championships over the course of the last two decades.

Founded by the Killarney Recreation and Leisure Company and pioneered by legendary local figures such as the late Con Harnett, Michael O'Mahony, lan O'Leary and Danny Nolan to name a few, it has survived many challenges over the last five decades not least in 1986 when then 16-year old Sean O'Sullivan assumed the Chairman's position to stop it going out of existence! Tadhgie Fleming served as the Club's first Secretary back in 1973 as his son Damien is current chairman while his daughter Fiona recently served as secretary for a period of eight years.

The club has been at the forefront of Kerry and indeed National Pitch & Putt throughout its history. Deerpark has contributed players to all bar one of Kerry's nine national inter-county wins across the Mens, Ladies and U16 grades as it also has the only two Kerry winners to date of the National Mens Matchplay in Derry McCarthy (2004) and Damien Fleming (2011, 2019 and 2021) amongst its ranks. Michael O'Sullivan (1978 Mens Junior), Donal O'Mahony (1980 Mens Intermediate), Margaret C Looney (1998 Ladies Intermediate), Conor McCarthy (2013 Mens Junior) and Damien's 2018 National Senior Mens Strokeplay win are the other National Individual Adult Strokeplay winners in the club. Creagh Courtney (2011) and Conor McCarthy (2013) are the two National Boys Strokeplay champions in the club while Eoin O'Riordan Looney (2019) and Nathan Cronin (2022) are previous National Boys Plate Matchplay winners while Brian McCarthy is a two time National Boys U13 Strokeplay winner in 2019 and 2021. Damien along with Mary Murphy won the club's other big title back in

2013 when they won the National Mixed Foursomes.

Three club members have had the distinction of representing Ireland to date with Derry representing the country on many occasions between 1995 and 2005 as he captained the Irish team to victory in the European Championships in Holland back in 2005. Conor McCarthy (2014) and Cillian Courtney (2018) have also represented Ireland in Challenge Matches against Catalonia both at home and away. Damien Fleming of course is a three-time Irish Open winner (2009, 2011 and 2018) and is currently ranked Irish No 2 having been Irish No 1 between 2019 and 2022.

The club has provided many officers who have served at both County Board and National Executive level with Damien Fleming, Jason O'Connor and Ger O'Connor all having sat at the top table nationally over the last decade. Jason is currently National Secretary of Pitch & Putt Ireland as the club is back to a vibrant state during the summers since all Public Health Restrictions were lifted. Volunteerism is at the heart of the club as it is well served by its Grounds Committee and CE Scheme under the umbrella of the Fitzgerald Stadium Committee.

The club has always fostered a strong Juvenile presence in its ranks as many in the town of Killarney will have had fond memories of playing the game growing up in the summers when the clubhouse was open. The celebrations will begin with a mass tonight at 6pm where deceased members will be at the forefront of everyone's mind not least former Vice President Jeremiah Buckley Snr and former Lady Captain Mary Kelly who have both passed away in the last year.

A 10-hole fun competition will follow at approx. 6.45pm and there will be plenty of reminiscing afterwards until the wee small hours. We invite all previous members to join us tonight if they can to mark a significant milestone for the club.

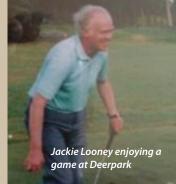
We hope it is an occasion to member for all who attend.



Our current Vice president, Mr. Derry McCarthy and his great friend, the late Mrs. Mary O Brien having a laugh and posing for a photo after their game.



The great Connie o Sullivan getting a bit of practice some years ago. He was the first man to shoot under par in Deerpark by scoring a 53 in 1973.





Donal O Mahony, (right) and the late Clubs vice president Jeremiah Skip Buckley at the unveiling of a bench in memory of their great friend and pillar of the club Mr. Dan O Leary.



Two more of Dans friends checking the comfort of The bench with Skip, Mr James Horan along with our clubs President Mrs. Kathleen O Sullivan.





Three great club people enjoying a night out from many moons ago. Sean o Sullivan, Mary Kelly (R.I.P.) and Danny Nolan (R.I.P.)



Deerpark clubhouse prior to a staging of the Ricky Kelly Memorial prize giving pre the erection of the present outdoor covering.



Two tireless committee workers within the club, Jason O Connor and Colm O Dowd taking a break from their duties.









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45 Hawthorn Avenue, Woodlawn, Killarney V93 V6HK

Attractive 4 bed semi-detached home in a much sought after quiet residential cul de sac on the Woodlawn Road. This well-cared for home provides spacious and comfortable living space extending to approx. 1,354ft². This property is within walking distance of Killarney town centre and Ballycasheen NS. Guide Price: €335,000



20 Cahernane Meadows, Killarney V93 C3K0

3 bed (3 en suite) semi-detached property (approx. 1,350ft²) located at the end of a quiet cul de sac in a much desired location just off Killarney's 'Golden Mile.' The town centre and National Park are a short walk away. This home has heaps of potential and is ready for the new owners to put their own stamp on it. Guide Price: €335,000





30 Pinewood, Killarney V93 VFW0

3 bed terrace (approx. 1,050ft²) with back entrance located in a quiet mature residential development within walking distance of Killarney town centre. The property has been well-maintained by the current owners and is ready to move straight in to. Ideal starter home or investment opportunity.

Guide Price: €205,000





50 Flesk River, Muckross Road, Killarney V93 AY71

Ground floor 2 bed 2 bath apartment (approx. 1,039ft²) in an exclusive 3 storey development with its own entrance off Muckross Road. On the doorstep of the beautiful Killarney National Park and walking distance from Killarney town centre, this would be an ideal investment property or holiday home.

Guide Price: €290,000





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Former national school situated in scenic countryside location in the Clydagh valley on a half acre site.

Price Region: €180,000



CLONKEEN OLD NATIONAL SCHOOL (186

constructed old Masonry national school constructed in 1860 situated in scenic countryside location in the Clydagh valley.

Ideal opportunity for first time buyer, investor or as a holiday

Price Region: €90,000





The Week Through The Eye of the Lens



Abseil Cheque Presentation KCSG

Some of the fearless fundraisers who abseiled from the heights of Croke Park to raise funds for Kerry Cancer Support Group presented the final cheque recently. Pictured from left were: Trish Kelly (KCSG), Eileen O'Shea, Margaret Jones, Eamon McAuliffe, Breda Dyland (KCSG) and Brenda Kennelly. Photo: Michelle Breen Crean Photography



Mary Kelliher, Kilgarvan pictured with her family on the occasion of her 90th Birthday





Denise Counihan who celebrated her 50th Birthday recently pictured with her daughters Leah and Rachael.



John Joe Clifford pictured with his family as he celebrated his 70th Birthday recently in Alicante. Included are from left: Andrew, Shirley, Annette, Jason, Ben, Jacqui, Roan, Oliver Heffernan and John Joe.



Don't rain on my parade... participants braving the elements and relentless downpours in the middle of the Kingdom Pride Parade in Killarney. The 2023 Pride festival theme is Together In Love, celebrating love, inclusivity, and diversity. Photo: Valerie O'Sullivan





MONEY MATTERS..

By Dermot Cronin, Financial Advisor



DO YOU HAVE AN EXISTING PENSION?

If so there is some very important information that you need to know about your pension, such as....

What is the present value of your pension?

What funds is your pension invested in and what is the risk level of these funds?

Who manages your pension and how much are you being charged to manage your pension?

When can you access your pension?

These are just some of the important questions you need to know the answers to. You need this information in order to check and compare your pension to what is available in the market place today from pension companies who may be able to get you a better return for your money and therefore getting you a higher lump sum and income on retirement. So whether your pension is from your present employment, an ex employer, you were self employed in the past or are self employed now it is very important that you have your pension reviewed and assessed by a financial advisor.

For more information or to make an appointment to discuss the above or any other query you have contact Dermot Cronin QFA, at 064 6622775, or dermotcroninifa@gmail.com



GLENFLESK Written by: Seamus Healy

>LOTTO

There was no winner of Glenflesk Lotto which took place on 10/7/2023 in Glenflesk Hall. Jackpot €4,400 The numbers drawn were: 5, 6, 20, 26. Consolation Prizes of €50.1. Breda O' Donoghue, Lisbabe. 2. Murphy's Bar, Barradubh (Sellers' Prize). 3. Nora Hallissey, Beaufort. 4 Matthew Culloty, Annaghmore (Yearly Ticket). Next draw will take place in Glenflesk Hall on Tuesday 25/7/2023. Jackpot will be €4,600. Thank you to all who support our Lotto and to our sellers.

>FLESK FEST 23

Glenflesk GAA presents FLESK FEST 23 at Barraduff Community Field. A weekend of Live Music, Fun and Entertainment, July 21st, 22nd & 23rd. We have a tremendous line-up, with a weekend full of entertainment to suit all. There will be a fully licensed bar in the Fest Marquee, some amazing live music on The Big Stage, food trucks and much more. It promises to be the festival weekend of the Summer, an event you don't want to miss out on. All you need to think about is booking your ticket. Friday 21st -Dance Hall Friday: Gates open 5pm. Old time waltzing, jiving and polka sets. Paudie McAuliffe 7-9pm Paudie Coffey Band 9-11pm. Saturday 22nd - The Big Stage: Gates open 12 noon, leading local musicians 3-7pm, Up in Smoke 7-9pm and DJ Gav Kelly 9pm Sunday 23rd - Family Fun Day: Gates open 12 noon, children's entertainment & disco, All Ireland Hurling Final Live on the Big screen followed by Thingamajig. Presale: Online Tickets €15 per day Presale: Weekend Pass (Online only) €30 for three days Tickets at the Gate: €15 Fri and Sun €20 Sat. Under 16's are free all weekend, must be accompanied at all times by an adult. Online Tickets available from https:// rb.gy/24p0c

>ALL IRELAND U16 LADIES FOOTBALL B FINAL

Congratulations to Aoise O Donoghue and Kerry winning the All Ireland U16 Ladies Football B Final against Sligo in Duggan Park, Ballinasloe, last Sunday. Kerry 4-10 Sligo 2-13.

>CREDIT UNION COUNTY LEAGUE DIVISION 2 PLAY OFF FINAL

Glenflesk 4 - 15 Laune Rangers 2 - 12

A superb team performance, highlighted with a high level scoring output, helped Glenflesk secure the title of County League Division 2 Champions, as they overcame Laune Rangers challenge, in a highly entertaining final at Dr Croke's GAA ground.

The early stages were contested evenly, with Tommy Bowler's 2 early frees cancelled out by points from John Tyther and Eoghan Hassett. Glenflesk then grabbed the crucial opening goal. Good interplay between Kevin Bowler and Dylan Roche, ended with Bowler being taken down just as he tried to pass the ball to the empty net. Jeff O Donoghue dispatched the penalty clinically, his low hard finish giving Padraig Ahern little chance to save it. This started a period of Glenflesk dominance, with a run of 2-05 with only A Hassett free in reply. It ended with Chris O Donoghue finding the net, after intercepting Ahern's errant kick out. Points from Hassett and Fiachra Clifford just before half time were badly needed for the Killorglin men, who went in at the break trailing by 7.

They started the second half strongly, Shane Daly's fine point followed quickly by captain Daire Cleary's fine individual goal. Tommy Bowler led the Glenflesk response with 2 booming point's with his left foot. Luke

Crowley and Dylan Roche then combined to allow Crowley free. He buried the goal chance with precision. Back came Laune Ranger's. This time it was full back Calum Moriarty providing the finish, firing low to the net. More superb build up play ended with Kevin Bowler finding the target, before Dylan Roche buried the goal chance that confirmed the win, after Chris O Donoghue and Kevin Bowler had provided the killer passes. Glenflesk added 3 more point's to leave them 12 clear at the end.

Captain Emmet Finnan collected the Shield afterwards. An outstanding performance, to end another brilliant County League campaign. Back to back division titles won. Well done to the team and management.

The team dedicated the win to Jerry O Leary, a loyal supporter of the club throughout the years, and wished him all the best in his recovery. It was a performance he would have been proud of. Report by Michael Healy

>MUNSTER FLEADH RESULTS

13A MILEOIDEAN / MELODEON FAOI 12 1st. Seán Angland - CCÉ, Glenflesk, Ciarraí 20B FOINN MHALLA, FEADÓG MHÓR / FLUTE SLOW AIRS 12-15 3rd. Colleen Angland - CCÉ, Glenflesk, Ciarraí. 36A PORTAIREACHT / LILTING FAOI 12 3rd. Olivia Angland - CCÉ, Glenflesk, Ciarraí 21B FOINN MHALLA, FEADÓG / WHISTLE SLOW AIRS 12-15 1st. Colleen Angland - CCÉ, Glenflesk, Ciarraí 12A PIANÓ / PIANO FAOI 12 2nd. Seán Angland - CCÉ, Glenflesk, Ciarraí 6A CONSAIRTÍN / CONCERTINA FAOI 12 3rd. Olivia Angland - CCÉ, Glenflesk, Ciarraí 1A FIDIL / FIDDLE FAOI 12 3rd. Olivia Angland - CCÉ, Glenflesk, Ciarraí 2A BOSCA CEOIL / BUTTON ACCORDION FAOI 12 2nd. Seán Angland - CCÉ, Glenflesk, Ciarraí 23A CEOL BEIRTE / DUETS FAOI 12 3rd. CCÉ, Glenflesk, Ciarraí - Olivia Angland, Seán Angland 24A CEOL TRÍR / TRIOS FAOI 12 1st. CCÉ, Glenflesk, Ballydonoghue Lisselton, Ciarraí - Mary Walsh, Olivia Angland, Seán Angland 36C PORTAIREACHT / LILTING 15-18 1st. Grace Angland - CCÉ, Glenflesk, Ciarraí 12C PIANÓ / PIANO 15-18 2nd. Grace Angland - CCÉ, Glenflesk, Ciarraí 15C TIONLACAN / ACCOMPANIMENT 15-18 1st. Grace Angland - CCÉ, Glenflesk, Ciarraí 23A CEOL BEIRTE / DUETS FAOI 12 3rd. CCÉ, Glenflesk, Ciarraí - Olivia Angland, Seán Angland 2A BOSCA CEOIL / BUTTON ACCORDION FAOI 12 2nd. Seán Angland - CCÉ, Glenflesk, Ciarraí 1A FIDIL / FIDDLE FAOI 12 3rd. Olivia Angland - CCÉ, Glenflesk, Ciarraí 6A CONSAIRTÍN / CONCERTINA FAOI 12 3rd. Olivia Angland - CCÉ, Glenflesk, Ciarraí 12A PIANÓ / PIANO FAOI 12 2nd. Seán Angland - CCÉ, Glenflesk, Ciarra 21B FOINN MHALLA, FEADÓG / WHISTLE SLOW AIRS 12-15 1st. Colleen Angland - CCÉ, Glenflesk, Ciarraí 20B FOINN MHALLA, FEADÓG MHÓR / FLUTE SLOW AIRS 12-1 3rd. Colleen Angland - CCÉ, Glenflesk, Ciarraí 13A MILEOIDEAN / MELODEON FAOI 12 1st. Seán Angland - CCÉ, Glenflesk, Ciarraí 36A PORTAIREACHT / LILTING FAOI 12 3rd. Olivia Angland - CCÉ, Glenflesk, Ciarraí 51A, Scéalaíocht 3rd. Rian Gleeson - CCÉ, Glenflesk, Ciarraí 50A, Storytelling 2nd. Rian Gleeson -CCÉ, Glenflesk, Ciarraí 14A, Rogha Gléas / Miscellaneous 1st. Rian Gleeson - CCÉ, Glenflesk, Ciarraí

>WEDDING ANNIVERSARY MASS

For those in our parish who are celebrating a significant anniversary this year, e.g. 25th,30th, 35th 40th, 45th, 50th, 55th or 60th, you are invited to renew your marriage vows at the 6pm Vigil Mass in St. Agatha's on Saturday 19th August. Please spread the word also to those who were married in our parish and are now living elsewhere. You might kindly contact the Parish Office with the details of your Anniversary before 25th July.

LISTRY Written by: Colette Lesl

>LOTTO

Nnumbers drawn 15,16,17, 25. €100 - Amanda Howe. €50 - Karen Brosnan, Killarney. €50 - Jules Weakly. €25 - Pat Power, Ballyspillane. €25 - Pat Cooper, Ballyhar . Jackpot next week €5,550

>U16 KERRY LADIES

Congratulations to Sarah Fitzgerald and the Kerry team and management on winning the U16B All Ireland football final.

>U13

The U13 Keel/Listry invitational tournament will be played this Saturday the 22nd with games being played in Keel and Kistry with finals in Keel. Best of luck to all.

Kerry players celebrate following the 2023 All-Ireland U16 Ladies Football B Final match between Kerry and Sligo at Duggan Park, Ballinasloe, Galway. Photo by Tom Beary/Sportsfile





Friday 21st

"Dance Hall Friday"

Gates open 5pm Paudie McAuliffe 7-9pm The Paudie Coffey Band 9-11pm

Saturday 22nd "The Big Stage" Gates open 12pm Leading local musicians 3-7pm Up In Smoke 7-9pm DJ Gav Kelly 9pm-close

Sunday 23rd

"Family Fun Day"

Gates open 12pm
Kids' Ents & Disco I2-5pm
All Ireland Hurling Final
3.30-5.30pm (Live on big screen)
Thingamajig 5.30-7.30pm

FULLY LICENSED BAR & FOOD TRUCKS ALL WEEKEND

PRESALE: ONLINE TICKETS €15 PER DAY

Presale: Weekend Pass €30 for three days Tickets at the Gate: €15 Fri and Sun €20 Sat.

Under 16's are free all weekend, must be accompanied at all times by an adult.

Online Tickets available from https://rb.gy/24p0c Or via link on QR Code below

Tickets also available from senior players, male & female, club officers and on Club Force.



Written by: Helen Moynihan

KILCUMMIN >KILCUMMIN COMMUNITY CARE

Kilcummin Community Care will be closed for two weeks on the 8th & 15th August for holidays and will resume on the 22nd of August. Community Care meet every Tuesday from 11am to 1pm in the G.A.A. hall. Hot dinner provided, free transport available. Anybody interested please contact Mary Doyle on 064 663357/086 1550803.

>MORIARTY SCHOOL OF MUSIC AND DANCE

The Moriarty School of Music and Dance would like to congratulate all the musicians and dancers who took part in Fleadh Cheoil na Mumhan in Tralee last week and best of luck to those who will be competing in Fleadh Cheoil na hÉireann.

>KILCUMMIN LOOKING GOOD

With the impending arrival of the Tidy Towns Adjudicator expected over the next few weeks, we would ask all householders to make a special effort outside their houses to ensure it is presented at its very best. Please ensure if you are a dog owner that you take on your responsibilities associated with dog fouling on footpaths and park. We appreciate and thank you for your assistance and co-operation.

>TFI-LOCAL LINK KERRY

You can check out TFI Local Link Kerry's bus services into the town of Killarney by visiting our dedicated Killarney page on www.locallinkkerry. ie/killarney/

>KILCUMMIN CCE

MUNSTER FLEADH

The Munster Fleadh Cheoil was welcomed to Kerry last week and was hosted in the luxurious surroundings of the North Campus of MTU in Tralee from Monday 10th July – Sunday 16th July 2023.Kilcummin Comhlatas first competitors lined out in the dancing competitions held on Thursday & Friday. Having come through Kerry the previous month, . The next draw will be Friday 21st h July for Jackpot of €2,600.

and recognising that we are now in a provisional competition, the standards across all competitions were exceptional.

Without exception all of our dancers performed to a very high standard and we are fortunate that a number participants will be heading to Fleadh Cheoil na hÉireann 2023 in Mullingar in August.

The music competitions took over on the Saturday and Sunday and once again the best of the best that Munster had to offer were on display. All of our competitors played exceptionally and once again we had a number of successes with Eoin Foley & Michael Healy heading off to Mullingar to represent Kerry & Munster in their perspective disciplines. We look forward to another great Fleadh in Mullingar and look forward to further successes! Congratulations and Mile Buíochas to all our competitors, their coaches and their families for their hard work and endeavour.

>KILCUMMIN GAA

FIXTURES

Kilcummin B v Beaufort B this Friday July 21st @ 7.30 in Kilcummin

ALL IRELAND TICKETS

All Ireland tickets. Anyone interested in tickets for the All Ireland final should contact Nessa on 087 2897312.

COMHALTAS CEOLTÓIRÍ

Well done to our club members and all Kilcummin participants who took part in the Munster Final last weekend and best wishes in the All-Ireland finals in Mullingar in August.

>MASTERGEEHA FC

LOTTO

There was no winner on 14th July 2023 of the Jackpot for €2,400. Numbers drawn were 1,3,18,23. Consolation prizes of €50 went to Denis Walsh Mileen, Alan Breen, Dermot Sullivan, Philip O'Leary, Mastergeeha.

BEAUFORT By Bridget Hartnett

>FIXTURES

Senior men will be away to Kilcummin, Friday, 21st in the final round of Co League, Div. 6.

Well done to the senior men and management who have retained their division 2 status for 2024

>RESULTS

Beaufort 2.09 Fossa 2.18 in Co League, Div. 6, round 11.

>SUMMER CAMP

The Club organised summer camp was held last week and was a great success. Thank you to everybody who attended, the organisers and coaches. Thanks to the special guests, Kerry senior players, Mike Breen and Fiadhna Tangney who attended on Friday.

The next draw for a jackpot of €14,000 will be in Galvin's on Sunday, 23rd July. Thank you to everybody who support the lotto. Tickets are available from usual sellers, shops, and public houses and online at www. beaufortgaa.com

>WELL DONE to Hannah O'Donoghue, Fiadhna Tangney and Kerry

Ladies senior team and management who have reached the semi-final of the TG4 All Ireland ladies senior championship.

To Mike Breen, Seán O'Brien and Kerry senior team and management who have reached the All-Ireland senior football final against Dublin for the second year in a row.

Congratulations to Keeva Riordan and Lori O'Connor, U16 Ladies team and management on their success in the All-IrelandU16B championship final against Sligo last weekend.

➤ GOOD LUCK to Grainne Kennedy, Lily Kearins, the U16 Kerry Ladies team and management in the All-Ireland Minor B championship semifinal against Dublin on Wednesday, 19th July at 7.30pm in Cahir GAA pitch, Co Tipperary.

>ALL IRELAND FINAL TICKETS

Any full member who is intending on going to the All-Ireland football final and if they want to be in the Club All Ireland final ticket draw should apply to the Club at 087 9975737. It can be done by text or WhatsApp by Friday 21st July.







4 Court Yard House, Lewis Road, Killarney, Kerry, Ireland.





By Michael O' Mahony

RATHMORE GNEEVEGUILLA

>SHARE THE BUCKET

Gneeveguilla Community Facility Group reminds you that Share the Bucket takes place weekly. The draw is every Friday evening inTeach Fáilte @8.30 pm and can be viewed live on our Gneeveguilla Community Facility Group Facebook Page. This week's jackpot was €225 and the winner was Keith Myers. Tickets cost €2 each or 3 for €5. They are available at Teach Fáilte and can be bought online at https://tinyurl.com/y2ade5om.or in local businesses where you see the Green Share the bucket. Your support is greatly supported and all funds will go towards our new proposed community facility. We would like to thank our local businesses who continue to support our project.

>SYMPATHIES to families of Seamus McCarthy RIP Gneeveguilla Post Office & Liam Coffey RIP Millstreet. May Seamus & Liam rest in peace. >COFFEE MORNING on this Saturday 22nd July in aid of Kerry Parents Friends Association at Kiely Londis, Rathmore from early to 1pm. Please support.

CONGRATULATIONS to Caoimhe Dineen representing Hollymount NS who was refereeing at half time of the All Ireland football semi final between Kerry V Derry in Croke Park.

>KERRY SENIOR MEN

Congratulations to Shane Ryan & Paul Murphy & the Kerry team & management on their win over Derry on Sunday last in Croke Park. They will now play in the All Ireland Championship Final against Dublin in Croke Park on Sunday July 30th.

>KERRY LADIES

Congratulations to Danielle O Leary & Mary Collins, part of kerry Ladies team & management on their win over Meath in Tralee on Saturday evening last and are in All-Ireland semi final against Mayo in Thurles on Saturday July 29th

>KERRY U16B

Congratulations to Grace Murphy, Rathmore who was part of the U16 Kerry team who won the All Ireland U16B Championship Final on Sunday last.

>NOTES

if you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before Sunday 6pm.

SPA Written by: Leanne Cronin

>FOOTBALL

We want to congratulate the Kerry ladies on their success over last year's All-Ireland champions Meath in the TG4 All Ireland Senior Championship Quarter Final last Saturday. A big well done to the ladies team S&C coaches Cass and Eric who are also key members of Spa men and ladies' senior teams. We wish them all the best in the upcoming Semi-Final stage

We also extend our congratulations to the Kerry senior men's side who defeated Derry in Croke Park last Sunday in the All-Ireland Senior Football Championship. We especially extend our congratulations to clubman Dara Moynihan and wish him along with his teammates, management and background team the very best as they prepare over the coming two weeks for the All-Ireland Final against Dublin

>MUNSTER FLEADH

Fleadh Cheoil na Mumhan took place last week in Tralee. Congratulations to each and every club member that partook in this competition. Everyone did us so proud. There was huge success across all age groups with 10

dancing groups from Killarney Comhaltas who are progressing to the All Ireland Fleadh in Mullingar in August. We wish them all the very best of luck in their preparations for this fantastic occasion.

>ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 7762411 or pro.spa.kerry@gaa.ie before 8pm on Sundays





Cill Áirne Spa CCÉ Munster Fleadh O35 Group



Cill Áirne Spa CCÉ Munster Fleadh U12 Ladies



Cill Áirne Spa CCÉ Munster Fleadh U12 Mixed





Cill Áirne Spa CCÉ Munster Fleadh Under 15 mixed



Cill Áirne Spa CCÉ Munster Fleadh U18 Half Set



Cill Áirne Spa CCÉ Munster Fleadh U15 Ladies













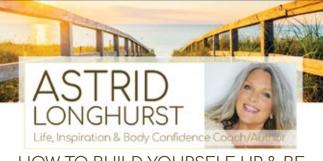
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HOW TO BUILD YOURSELF UP & BE YOUR OWN BEST FRIEND

It often feels easier to bring ourselves down and feel negative about who we are, than build ourselves up and be our own best friend and supporter. However, feeling really good about ourselves is a matter of making conscious and kind choices that move us closer to how we truly desire to feel. It takes practice and consistency, however, the results are worth the effort you put in.

4 steps to becoming your own best friend

- Notice and observe where you habitually shut yourself down or hold back in your life. You may experience this as resistance, lethargy, making excuses not to do certain things, engaging in self-limiting thoughts etc. Write them down.
- Go through each one and ask yourself if this action, thought or behaviour moves you closer towards how you desire to feel or further away.
- If the answer is "further away" write down one small action step you can take that supports you and acknowledges who you are. For example, if you continually tell yourself that you are not good enough as you are, write down what your best friend or someone who loves you might say to refute this belief.
- Close your eyes and place your hand on your heart and say quietly to yourself that you are willing to be open to the possibility that you are good enough, loved, kind, a wonderful person to be with etc.

 Repeat daily

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PENCIL, LIQUID OR GEL LINER?

Eye liner is a staple beauty product in every woman's make-up bag as it can transform your look. A soft pencil is the easiest to use if it is sharpened well. Use your index finger to hold your eyelid taunt just under your outer brow. If you find it difficult, apply dots of colour first along your lash line and join together after with small strokes. Gel liner is pliable, making it easier to apply if you use a nice thin brush while holding your eyelid taunt. It creates a solid color instantly without having to layer it up and mistakes can be fixed with a cotton tip as it does not set immediately. Pencil or gel can also be smudged out with a pencil brush to create a soft



smokey line. You may need more practice to use liquid or felt tip liners. These create intense colour and are great for a winged look or precise flick. Choose waterproof liquid liner if you have oily eyelids or watery eyes.

Experiment with different liners under good lighting to find which suits you best.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



BENEFITS OF EXERCISE DURING PREGNANCY FOR BABY

Last week we focussed the benefits of exercise during pregnancy mainly covering h the mother to be. This week we will list the benefits for your bundle of joy.

Improves placenta function: the placenta provides the baby with all the nutrients and oxygen they need to grow. Women who exercise regularly in early to mid pregnancy have a more rapid growth of the placenta and have improved placenta function. Blood flow will be higher to the placenta in a woman who exercises which means more nutrients and oxygen to baby.

Improves baby's health at birth: exercise has been shown to reduce the risk of premature labor or low birthweight. Exercise has also been proven to improve a newborns APGAR scores (a measure of the baby's physical condition at birth that takes into account baby's appearance, strength of crying, muscle tone, and other physical characteristics)

Improves a baby's ability to manage stress of labor and recover more quickly Improves cardio respiratory health of baby even into childhood years.

Reduces risk of becoming overweight or obese as a child.

May improve intelligence and memory of baby:

So to summarise 9 months can have a lifetime impact and this is something every child deserves.

Edele is a qualified pronatal fitness coach, which cover pregnancy and postnatal exercise programming. To book your consultation call 087-7643449

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COLOUR VISION DEFICIENCY

Most people with a colour vision : deficiency (CVD) are able to see things as clearly as other people but they have difficulty distinguishing between some colours. This may have an impact upon a child's performance at school or on the sports field and can also affect career options, for example becoming an electrician or a pilot. As most people with a colour vision deficiency can see some colours. There are some people who are unable to see any colour at all, but this is very rare.

In the normal eye there are three different types of cones. Some cones are best at capturing long wavelength (red) light. Others catch medium wavelength (green) light, while other cones respond best to short wavelength (blue) light. The signals from these cones are sent to the brain where they are perceived as colour. People with CVD are born with one or more cone types absent or different.

Most people with CVD are red/ green deficient, which means they mix up all colours with some red or green in them. For example, a red/ green CVD person will confuse blue and purple because they can't 'see' the red element in purple. This is more severe in some forms of CVD than in others.

Who is affected by colour vision deficiency?

Colour vision may be affected by

some eye diseases, but the most common cause of CVD is genetic. The gene for this is transmitted on the X chromosome (from your mother) and so it mainly affects men and boys, with around 8% of males and 0.5% of females having CVD. There are around 3 million people in the UK with some kind of CVD.

What are the symptoms of colour blindness?

If someone has CVD they may have difficulties distinguishing between different types of food for example mistaking chocolate sauce for ketchup. It may also be very hard to get a child with CVD to try green vegetables as they will look unappetising. Older children may confuse the red and green lights on their games console.

If you have any concerns about your child's vision, a sight test is recommended.

How do you treat colour vision deficiency?

There is currently no cure for genetic CVD. Your optometrist may suggest using colour filters on your glasses, or coloured contact lenses. People with illnesses that have led to CVD, may find that their vision returns to normal when their illness has been treated.

more information and honest advice contact us for an appointment.





Little Ali Kate Cronin getting her first ticket for Croke Park from Chairman Patrick O Sullivan.





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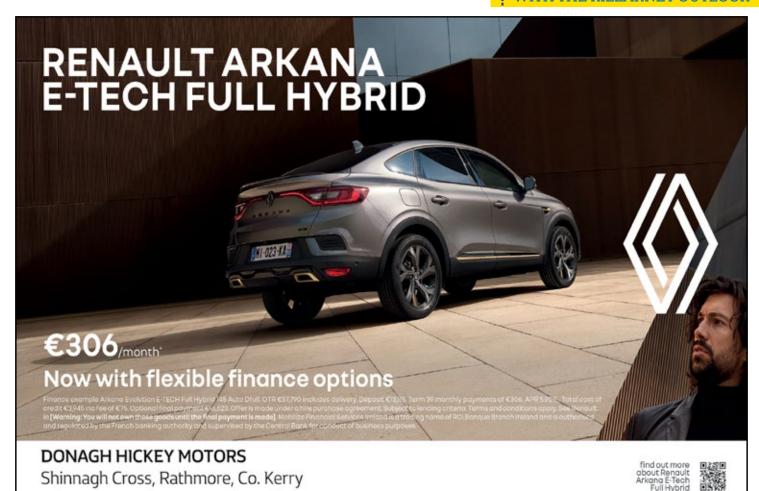
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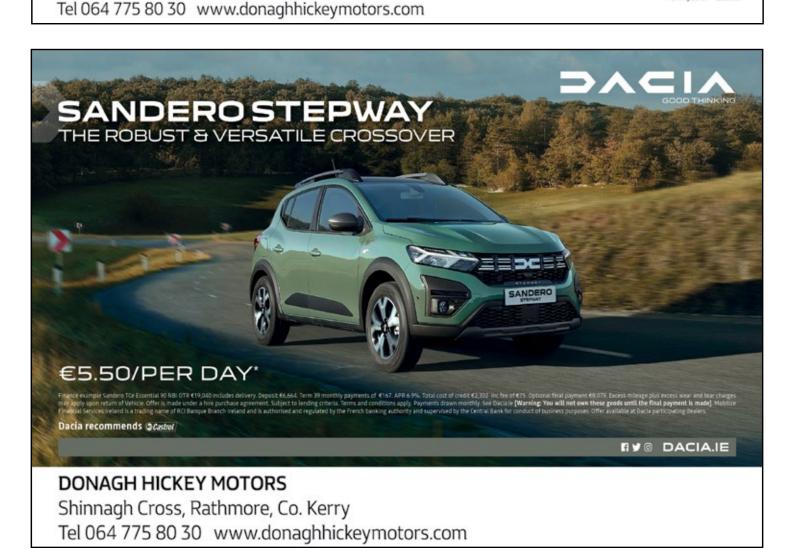
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FOCUS ON GOLF

ROSS LADIES GOLF CLUB NOTES

RESULTS - WEDNESDAY MORNING GOLF

Winning team in the Wednesday Morning Golf were Mary O'Connor, Maureen Crowley, & Brenda Kelliher. Well done to all who played.

COMPETITIONS

Gent's Captain John Ivory's prize to the Ladies competition will be held on Saturday 29th July. Enter via the ClubV1 app. All Members welcome Exchange Day Maine Valley

Scramble kindly sponsored by Anne O'Leary, The Laurels Pub & Restaurant

EXCHANGE DAY with Maine Valley, Killorglin on Saturday 22nd July. Please put your name in the book in the locker room.

OPEN DAY

Killarney Race Company Sponsored Ladies Open Day at The Ross Golf Club Wednesday 30th August 2023. Please contact Ross Golf Club for further information on 064 6631125.

WEDNESDAY MORNINGS

Meet and play every Wednesday morning. Meet in the Club House no later than 10.00am. All members welcome.

GOLF LESSONS

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club House.

KILLARNEY GOLF & FISHING CLUB

- MEN'S

RESULTS - LADY CAPTAIN'S PRIZE TO THE MEN, SINGLES STABLEFORD PLAYED ON **SATURDAY 15TH & SUNDAY 16TH JULY 2023**

Winner: Peter Counihan 43pts (25) 2nd: Enda Prendergast 41pts (13) bk9 3rd: Sean Moynihan 41pts (5) bk9 4th: Tomas Barry 41pts (8) 5th: Barry Linehan 40pts (12) Best Gross: Kieran O'Keefe 72 (3)

Category 1

1st: Peter O'Brien 40pts (7) 2nd: Eoin O'Donoghue (7) 39pts bk6 3rd: John Brennan 39pts (7)

Category 2

1st: James Jones 38pts (10) bk9 2nd: Timmy Kelly 38pts (10) bk3 3rd: Ronan Bennett 38pts (8) bk9.

Category 3

1st: Brian Fitzgerald 40pts (16) 2nd: Luke Hickey 39pts (16) bk9 3rd: Jack Linehan 39pts (16) bk9.

Category 4

1st: David Randles 40pts (31) bk9 2nd: Liam Hartnett 40pts (18) bk6 3rd: James O'Meara 40pts (20) bk9.

KILLARNEY GOLF CLUB - LADIES

LADY CAPTAINS KATHLEEN DAY RESULTS

1st: Josephine O'Sullivan 20 42 2nd: Margaret Campion 7 41 **BG: Tracey Eakin** 3rd: Evelyn McCarthy 17 38 4th: Claire Horgan 37 37 (B6)

5th: Noreen O'Callaghan 17 37 6th: Louise Langan 16 36 (B9)

7th: Carmel Fitzgerald 21 36 (B3) 8th: Anne Moynihan 4 36 (B6)

9th: Jane Dwyer 21 36 (B6) 10th: Eimear O'Sullivan 26 36 (B9)

11th: Ann O'Keeffe 26 36

Putting: Muireann O'Farrell 28 (putts)

F 9: Breda Duggan 20 pts on front 9 B 9: Marie O'Brien 21 pts on back 9 Committee: Kay O'Connor n17th (B6) Past Captains: Mary O'Rourke 23 34 (B9)

BEAUFORT GOLF CLUB - MENS

RESULTS 9TH JULY - CAPTAINS PRIZE -SPONSORED BY EBS AND MAC WASTE

Winner: Derek Lyttle (21) 68 Nett 2nd: Liam Carey (17) 68 Nett Gross: Stephen Crookes (4) 76 Gross 3rd: Jerry A O'Sullivan (10) 69 Nett 4th: Patrick O'Rourke (17) 69 Nett 5th: Richard Gallagher (15) 72 Nett 6th: Denis McCarthy (16) 72 Nett

Past Captain: Gabhan O'Loughlin (15) 75 Nett

Front 9: Diarmuid Cunnane Back 9: Shane O'Flynn Nearest The Pin: Alex Verget Longest Drive: Martin Stackpoole Guest Prize: Tommy Murphy (20) 66 Nett

22nd/23rd July - Round 5 GOTY/Bill McDonald Trophy - Regular Stroke - White Tees - Sponsored



presenting her Lady Captain's prize to winner Josephine O'Sullivan at Killarney Golf and Fishing Club on Sunday

by Killarney Credit Union

28th July - Open Friday - Sponsored by Cliffords Groundcare Ltd.

7th August - Club Fundraiser - Single Stableford - Open to Ladies & Gents (Red/Yellow Tees) -Entry Fee €25. Ring Clubhouse on 064-6644440 to book a time.

BEAUFORT GOLF CLUB - LADIES

9TH JULY LADY CAPTAIN'S PRIZE -**SPONSORED BY LADIES BRANCH**

Winner: Noeleen Mackessy (27) 75 Nett 2nd: Joan O'Sullivan (26) 75 Nett Gross: Laura Furlong 89 Gross 3rd: Patricia O'Connor (25) 75 Nett 4th: Geraldine Collins (46) 77 Nett 5th: Colleen Coffey (20) 79 Nett Past Captain: Mary O'Shea (34) 80 Nett Handicap 36 - 54: Maura Kennedy (49) 94 Nett Front 9: Margaret O'Connor (27) 37.5 Nett Back 9: Sheila OConnell (31) 36.5 Nett Guest: Tony Conroy (22) 75 Nett

22nd/23rd July Stableford - Sponsored by Great Southern Hotel & Ladies Branch

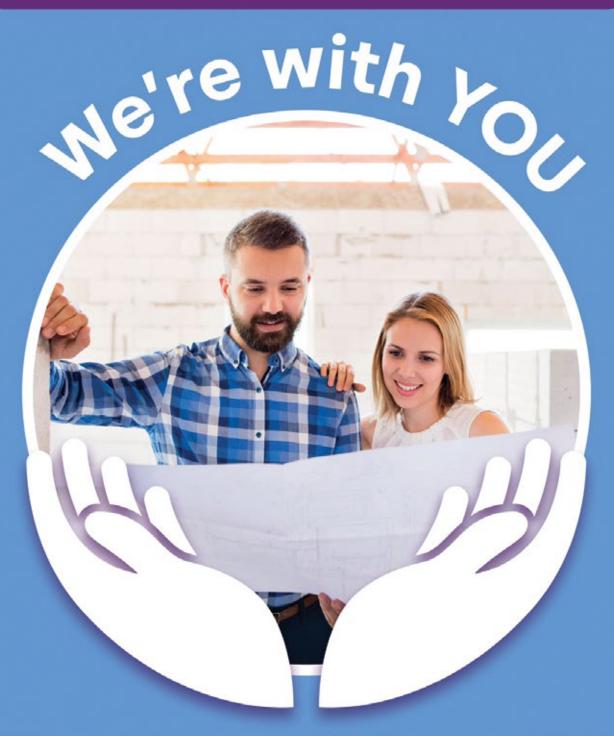


Killarney Golf Club Lady Captain Kathleen Brosnan presenting her Lady Captain's prize to Men's winner Peter Counihan with Colm O'Shea Captain and prizewinners Luke Hickey, James O'Meara (second row) Liam Hartnett, Ronan Bennett, Jack Lenihan, Peter O'Brien (back from left) Brian Fitzgerald, Kieran O'Keeffe, Barry Lenihan, Sean Moynihan, James Jones at Killarney Golf Club on Sunday.



Killarney Golf Club Lady Captain Kathleen Brosnan presenting her Lady Captain's prize to winner Josephine O'Sullivan with Margaret Campion 2nd, Evelyn McCarthy 3rd, prizewinners Mary O'Rourke, Claire Horgan, Noreen O'Callaghan, Louise Langan, Carmel Fitzgerald, Anne Moynihan Rudden, Jane Dwyer, Eimear O'Sullivan, Anne O'Keeffe, Breda Duggan, Kay O'Connor and Marie O'Brien at Killarney Golf Club on Sunday.

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DEERPARK PITCH & PUTT CLUB

SUNDAY DRAWS

Two Ball Scramble- First Nett: John Murphy & Dave Spillane 37 ½, Gross: Denis Looney & Sean O'Brien 46 and Second Nett: John Murphy & Cian Breen 39.

MUNSTER STROKEPLAY

An otherwise disappointing outing in Fermoy last weekend saw both Damien Fleming (Senior) and Daniel Kelly (Junior A) make their respective playoffs in both events but there were no prizes ultimately for any players from the club.

LISTOWEL SCRATCH CUP

Best Wishes to all club players travelling to Listowel this Saturday to take part in this event.

50TH ANNIVERSARY

We look forward to welcoming everyone to the club for our celebration of such a significant milestone on Friday night. We wish to clarify that the mass for deceased members will begin at 6pm followed by the 10-hole competition afterwards. We invite anyone attending to bring any memorabilia or club cups to the event and we invite all current and past members in the vicinity of Killarney to attend on the night.

DEEPEST SYMPATHIES to the Harnett family on the death of Kathleen's mother Mary in Bantry last week. May she Rest in Peace.

CASTLEROSSE GOLF CLUB

RESULTS OF 9H COMPETITION PLAYED 14TH JULY



Noreen Moore team. Well done to our gallant players, caddies and manager Noreen O'Mahony on a great win over Parknasilla in Parknasilla this week.

- 1. Kay Malone 17 pts (28)
- 2. Margaret Crowley 16 pts (23)
- 3. Nuala Ward 15 pts (25)

CONGRATULATIONS to Kitty O Grady winner of Summer League

GOOD LUCK to Australian Spoons competitors playing in Dooks on Tuesday.

GOOD LUCK to Noreen Moore team playing Kenmare on Wednesday.





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KILLARNEY RUGBY CLUB

MUNSTER RUGBY SUMMER CAMP - STARTS MONDAY

The annual Munster Rugby summer camps return to Aghadoe this summer and will take place between the 24th and 28th of July next. Open to boys and girls aged between 6 and 12 years of age, these camps take place between 9:30am and 1:30pm each day.

The cost is €80 per child. Additional children from the same family can attend for the discounted rate of €70 per child. Each participant will receive an official Summer Camp Pack comprising an Adidas Summer Camp T-Shirt, Draw-String Bag and Mouth Guard. Check out the link in our Facebook page or the Munster Rugby page for more or to book a spot.

SENIOR TRAINING HAS RETURNED

Senior training has returned for the new season at Aghadoe and takes place each Monday and Thursday at 7:30pm. New players very welcome. For details contact John O'Connell on 086-8525116 for details.

TAG TUESDAYS

Tag rugby is back for the summer at Aghadoe and is proving very popular. Tag rugby takes place every Tuesday between 7pm and 9pm and no experience is needed and great fun is guaranteed. Simply pop along and bring a friend! Each tag rugby session costs only €5. For further details give Ger a shout on 087-1240365

LANDROVER RAFFLE

Killarney RFC are honoured to be chosen as one of the charities for this years Killarney Valley Classic & Vintage Raffle with a wonderfully restored 1979 Landrover the top prize, as well as a host of other amazing prizes. Tickets are only €10 each and all funds raised by the club go towards the development of our new clubhouse. Simply contact any committee member or if you could sell some tickets for us, it would be very much appreciated. Please support this amazing fundraiser.

ST. PAUL'S BASKETBALL CLUB

GOLF CLASSIC

The St Pauls Golf Classic, dedicated to the memory of Connie Brosnan, scheduled for Saturday July 15th at Beaufort Golf Club, unfortunately fell foul to the unseasonal wet weather, with a new date pencilled in for Friday August 18th. All team and tee box sponsorships remain valid for the new date.

KILLARNEY VALLEY ATHLETIC

The National U18 Decathlon Championships was held over the weekend in Morton Stadium and Oisin O'Regan had some fantastic performances over the 10 events to come 3rd overall.

We had some great performances from our athletes in the AAI Games in Morton Stadium. Jack O'Leary came 2nd in the 800m with a PB of 1.55.99secs. Eoin O'Reilly came 3rd in the 2000m Steeple Chase. Sarah Leahy came 2nd place in the 100m. Darragh O'Leary came 10th in the 3000m.

Our Kids Summer Camp continues on in July and August and caters for kids aged 5-12yrs. You can still book on our website. Don't miss out.

We are now at the end of our season and plan on taking a break for a few weeks to enjoy the sunshine. We will return in August ready to train for the Cross Country Season.

All information on Training Schedules are on our website www.killarneyvalleyac.ie.

ST PAULS

WOMENS NATIONAL LEAGUE TEAM UPDTAE

Having come so close to gaining promotion to the Women's Superleague, losing out in a hard fought decider, it could be argued that the comeback season for St Pauls would be all about sticking their toes in the water to check the temperature of the Division 1 pool. But they did more than that. James Fleming led his team to the MissQuote.ie Southern Conference title in impressive fashion and by the time the hard questions were being asked they looked to have all the answers. But they just came up short to a Jessica Fressle inspired Portlaoise Panthers who stormed their way to the higher echelon with a power packed final quarter. In the words of Nelson Mandela, "you either win or learn" and plenty would have been gleaned by the Killarney side.

When you're not fishing you must be mending your nets and Coach Fleming has been busy in the off season finalising his squad. All the blocks in the wall are still in place, Rheanne O Shea, one of the league's leading three point shooters, is toning her radar and while Siofra O Shea and Lorraine Scanlon have been performing heroics for the Kerry Ladies footballers this summer they've checked in for another winter of basketball. Denise Dunlea will be eager to impress this season while Irish underage international Leah McMahon will have benefitted no end from her debut season. Asiling Counihan is again answering the call to arms and in what is seen as a natural transition on court conductor Lynn Jones is assisting Coach Fleming while combining with her player

Yuleska Tejeda Ramirez and Sofia Paska were a high scoring duo last season and have moved onto pastures new. But the Club has scouted extensively and captured the signing of what will be seen as two key components for a promotion push. Jess Huber is a graduate of the University of the Sciences who boasts an impressive record while attending there. The Hatfield Pennsylvania native was CACC Player of the Year, made the All League first team and led multiple times in scoring, racking up 45 points in one particular game. The guard also possesses a quickness for dribbling and passing.

If Colgate University sounds familiar to Killarney basketball fans it should. Last season Scotts Lakers had graduate Jack Ferguson in their ranks, and Ferguson would go on to make the Divisions team of the Year. Another graduate of the Raiders is Alexa Naessans and she arrives via the UK, having spent a season with the Essex Rebels. The 6ft 1 Forward / Centre has genuine leadership skills having received both the Best Teammate Award and Coaches Award in her final season in Colgate. The team will be hoping to utilise her height and athleticism at both ends of the court.

The National League season kicks off in late September with an away day in Carlow first on the menu.



Jess Huber signing her



Alexa Naessans



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LOTTO

No.s 3, 11, 17, 19. No winner of the Jackpot. 5 x €25: Doreen Flaherty, Firies. Grainne O'Connor, Firies. Tesco Manor Lotto group, Tralee. Mary Looney, Ballyhar & Oonagh Groves, Ballyhar. Next Draw for a jackpot of €12,700 will take place on Sunday next 23rd July at Henderson's Bar, Firies.Thanks to all who Support & help out the club lotto. Tickets €2 available from Committee Members & Local establishments.

AGM

The club held its Annual General Meeting on Thursday 13th at Murt scott Park. With a Sizeable attendance on the night Chairman Danny Cronin opened the meeting with a minute's silence in remembrance of deceased members & connections of the Club. Danny thanked the various coaching teams, the players & their parents for representing the club over the past season. Club Secretary Donal O Donoghue outlined the achievements of the teams with all the underage teams, Girls & Boys competing well with a number having league and shield finals with club members Ryan Quilter, Ryan Vickers & Jack O'Connor wearing the county jersey. The U17s competed very well in Premier B of the KDL u17 league while the seniors were relegated from Premier B despite being competitive in their games. O'Connors Spar, Murphy's Bar & O'Donoghue Ring Hotels were thanked for their sponsorship of team Jerseys. South Kerry Development Partnership were thanked for their ongoing maintenance of the club facility. The recently launched FAI Facility Investment, Vision & Strategy Document was welcomed where the FAI have indicated over a defined period of time a significant financial investment will be invested in facilitie s for grass root clubs.

Treasurer Tim Teahan gave a detailed income & expenditure account thanking those that have contributed to the club by way of club membership, €2 for training & those that support the club lotto. On the night Tim stepped down as Club treasurer, a role he has held on a number of occasions. Tim has served the club well over many years as a player, coach & officer and has played an important part in the club re Murt Scott Park days & in the purchase & development of Murt Scott Park. Tim will remain on the club committee for the coming season.

Stephen O Brien will take over the Treasurers Role. We wish Stephen the best in his new role. Donal O Donoghue has also vacated the role as club senior coach, a role he has held for many years in helping to continue the senior set up within the club.

Officers elected on the night -

Club Presidents: Fr Padraig Kennelly, Sean Murphy & Donal Groves. Chairman: Danny Cronin. Vice Chairman: Alan Finn. Secretary: Donal O Donoghue. Treasurers: Stephen O Brien & Donal Groves. PRO: Anthony Mckenna, Alan Finn, Miriam O Donoghue & Maurice O Donoghue. Child Protection Officer: Miriam O Donoghue. Club registrar: Ger Fitzgerald.



Committee: JJ Dowd, Dan Quilter, Dave Kelly, John Kelly, Donal Lyne, Maurice O Donoghue, Gerry Fitzgerald, Tim Teahan & Adrian Bartlett.

MEK GALAXY

AGM

The MEK Galaxy AGM will be held next Monday July 24th at 8pm in Faha National School. This is the most important AGM the club has held to date and, we urge all who are interested in the future of our club to attend. We urgently need more people to get involved in the running of the club. We particularly need people to help with- Coaching, Administration, Fundraising as well as other positions that are available. If you have any queries, contact Liam on 0877639611

KILLARNEY CELTIC

FAI WOMENS U17 CUP SEMI FINAL Killarney Celtic 2, Salthill Devon 0

Aideen O'Brien, Lucy O'Sullivan

Killarney Celtic U17s qualified for the FAI Women's U17 Cup Final after defeating the holders Salthill Devon last Saturday with a goal in each half. Celtic had the advantage of a strong breeze in the 1st half and put pressure on Salthill from the off. Half chances came but the strong breeze made the final pass difficult. However the opening did eventually come when Celtic were awarded a free on the right hand side. Katie Foster delivered a perfectly floated ball which Aideen O'Brien headed home. Despite further pressure Celtic were unable to add to their lead and the teams retired at the break with the game still up for grabs. Salthill kicked off now with the elements at their backs and exerted pressure on Celtic but Celtic held out and then struck for the goal which gave them extra breathing space. Katie Foster made ground up the right and put in a cross which was only cleared as far as Lucy O'Sullivan who curled a shot into the right hand corner to leave Celtic 2 to the good. Salthill never gave up but the Celtic back line restricted Salthill to long range efforts. Celtic were also still dangerous on the break as they played out time to qualify for next month's final where Celtic will play Bohemians of Waterford. Well done to the coaches and players and many thanks to all who turned up to support the girls on the day.

CELTIC LOTTO

Numbers drawn 3,15,16,27. No jackpot winner. Match 3 winner received €40. Next jackpot €6,000 on Monday July 24th. Tickets available from The Dungeon Bookshop, Hegartys Park Rd, club members and online through clubforce. com

KERRY'S ONLY FREE REFEREES COURSE which will be held at Killarney Celtic on Monday July 24th and Thursday July 27th.To Book, go to MyComet account and sign up.Go to courses and click on it.

KILLARNEY CELTIC WILL PLAY KERRY FC in a charity match at Celtic Park in remembrance of John Doyle on Wednesday July 26th at 7.30pm. All proceeds in aid of Comfort for Chemo. Tickets are €10 for adults and €5 for u16s.

KILLARNEY CELTIC WILL HOST A 2 DAY GOALKEEPER CAMP on July 24th and 25th run by Kyle Cooke from Goalkeepers Anonymous.Booking is available through shopgoalkeepersanonymous.com

KILLARNEY CELTIC SENDS ITS SINCERE CONDOLENCES to Kathleen & Brendan Harnett and family following the passing of Kathleen's mother, to the family of Pat McEnteggart following the passing of Pat in the USA, to Kinga and Pa McGrath and family following the passing of Kinga's father, to Tom Meehan and family following the passing of Tom's mother.



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KERRY ARE ALL-IRELAND U-16 B LADIES FOOTBALL CHAMPIONS

Kerry 4-10 Sligo 2-13

By Darren Kelly

Kerry are All-Ireland U-16 B ladies football champions for the first time ever after holding off a determined Sligo resurgence in Duggan Park in Ballinasloe.

Goals from Anna O'Sullivan, Mary Kate Smith, Lori O'Connor and Lisa Slattery were ultimately the difference. But after trailing by 10 points, goals from Saoirse Corcoran and Keeva Flynn helped reduce that deficit to two before O'Connor's late Kerry free sealed the win.

Kerry took full advantage of the wind in the opening five minutes hitting Sligo for 2-1 and it was a lead they didn't relinquish.

From the throw-in Smith and Keelin O'Sullivan moved play down the centre before releasing Anna O'Sullivan who scored their first goal.

Donal Doherty's team also forced keeper Rebecca Davev into a save from O'Connor before the latter set up Smith for a point. But when Lisa Slattery supplied Smith for Kerry's second goal, there was seven between them.

Sligo finally got off the mark on nine minutes when Lucy Henry was fouled and Keeva Flynn split the posts. They enjoyed their best spell keeping the Kingdom scoreless but only managed another Flynn free in response leaving it 2-1 to 0-2 on 20 minutes.

Kerry ended their drought with Smith and O'Connor tallying to restore the seven-point cushion before Flynn's third placed ball for Sligo on 23 minutes. Kerry were threatening again as Smith added to her account. Corcoran did get the Yeats County's first from play on 30 minutes but Kerry replied with 1-1. O'Connor was put through for the third goal and Sarah Fitzgerald added a point making it 3-5 to 0-4 at half-time.

Sligo started with two Flynn scores but Kerry replied through Hannah Nic Gearailt and O'Connor. And even when Corcoran did make the breakthrough for Sligo's first goal on 36 minutes, Slattery did likewise for Kerry two minutes later making it 4-7 to 1-6.

But Gerard Mullaney's charges wouldn't concede. Flynn registered two placed balls before Corcoran scored from play. And after O'Connor responded for Kerry, another Flynn triple left Sligo just 4-8 to 1-12 down with five minutes remaining.

Nic Gearailt pointed for Kerry before Ellen Giblin sent over a Sligo free. But when Flynn took her pass and scored their second goal two minutes from time, the Connacht county's supporters were on their feet. However,



Kerry captain Mary Kate Smith and her team-mates celebrate with the cup following the 2023 All-Ireland U16 Ladies Football B Final match between Kerry and Sligo at Duggan Park, Ballinasloe, Galway. Photo by Tom Beary/Sportsfile

Kerry held firm with O'Connor converting their final free to capture the crown for the first time.

KERRY: L Harrington; J Lee O'Connor, G Murphy, L O'Sullivan; S Colleran, Lucy O'Connor, H Nic Gearailt; A O'Sullivan, MK Smith; K O'Sullivan, L Slattery, K Riordan; M Mulvihill, Lori O'Connor, S Fitzgerald. Subs: A O'Donoghue for Colleran (34), M Teahan for K O'Sullivan (38), E Costelloe for Fitzgerald (42), A Collins for L O'Sullivan (59)

SLIGO: R Davey; C Crawley, K Feeney, S Walsh; A Durcan, L Henry, G O'Callaghan; R McGoldrick, L Galvin; C Burns, K Flynn, G Cooke; C Gallagher, S Corcoran, E Giblin. Subs: C Gilligan for Burns (17), T Hastings for Galvin (HT), A Conheady for Walsh (36), AK Davitt for Gallagher (50), S Davey for Cooke (58).

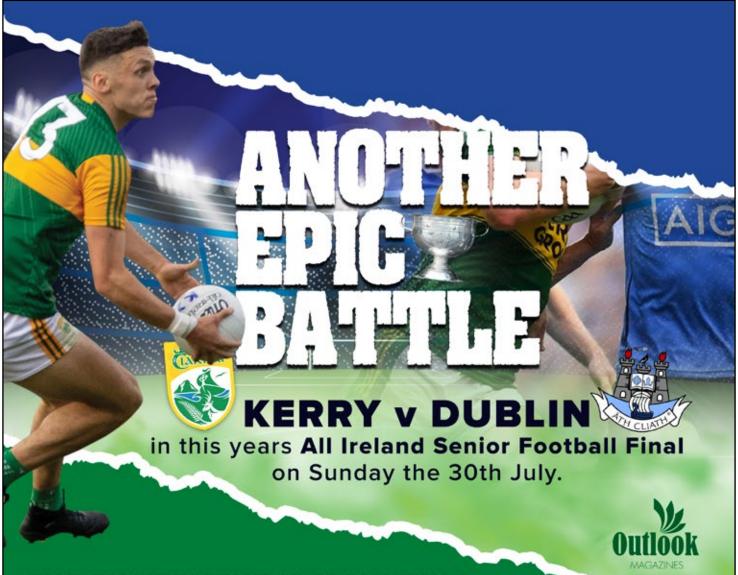


The Kerry panel panel pose for a team photograph before the 2023 All-Ireland U16 Ladies Football B Final match between Kerry and Sligo. Photo by Tom Beary/Sportsfile





Action from the 2023 All-Ireland U16 Ladies Football B Final match between Kerry and Sligo at Duggan Park, Ballinasloe, Galway. Photo by Tom Beary/Sportsfile



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COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

Fógra Poiblí de réir Acht Um Thrácht ar Bhóithre 1994 (Alt 38) leasaithe ag an Acht Um Rialáil Iompair Phoiblí 2009 (Alt 46)

Public Notice in Compliance with the Road Traffic Act 1994 (Section 38) as amended by the Public Transportation Regulation Act, 2009 (Section 46)

Bearta Moillithe Tráchta / Traffic Calming Measures

Notice is hereby given that, pursuant to Section 38 (3) of the Road Traffic Act 1994, as amended by the Public Transportation Regulation Act, 2009 (Section 46), Kerry County Council proposes to introduce a controlled Pedestrian Crossing on N71 Mission Road, Killarney, Co. Kerry.

The proposed N71 Mission Road Pedestrian Crossing will be located immediately west of the N71 Mission Road/Beech Road junction and will provide pedestrian linkages and improved universal access between the town centre, its carparks and Tourist Office with Killarney House and National Park.

Drawing(s) showing the location of the proposed works may be inspected at the following locations during normal office hours, for a period of one month, from Wednesday, 19th July 2023.

Kerry County Council, Killarney Municipal District, Town Hall, Killarney Kerry County Council, Roads, Transportation and Marine Department, Room 115, Áras an Chontae, Rathass, Tralee

Kerry County Council website www.kerrycoco.ie

Observations or representations in relation to the proposal may be made, in writing, and marked **Section 38**N71 Mission Road – Pedestrian Crossing, to the Administrative Officer, Roads, Transportation and Marine Department, Kerry County Council, Áras an Chontae, Rathass, Tralee, Co. Kerry or by e-mail to roads@kerrycoco.ie and must be received by 4.00 p.m. on Monday, 21st August 2023.

To enable the processing of observations / representations Kerry County Council can legally process this information, as necessary, to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at **www.kerrycoco.ie.**

Padraig Corkery Senior Executive Officer, Corporate Affairs



JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

KERRY INTO ALL IRELAND FINAL - JUST ABOUT!

All Ireland Semi-Final: Kerry 1-17 Derry 1-15

The slowest, most drawn out, least surprising championship in GAA history finally burst into life in the latter stages last weekend with not one but two contenders for game of the year. The Dublin v Monaghan game was much, much tighter than any of us had predicted. Kerry v Derry, which I absolutely thought would be mind-numbingly boring as Kerry slowly and carefully picked off a completely negative Derry, was the exact opposite. It was raw, raucous, flashes of genius tempered with belts of steel. Every single player left everything that they had on the field. In the end, Kerry got over the line thanks to a slighter deeper bench and slightly more petrol in the tank, but I couldn't have begrudged Derry a win either.

I made it very clear in my prediction last week that I had no interest or particular respect for Derry's style of football over this year. I'm afraid that there is real truth to the cliché that a lot of Ulster football is predicated on negative strengths, on exchanging fitness and workrate for skill, on closing down the play rather than opening gaps, on monotone robotic synchronicity in place of intelligence. I'm not anti-Ulster - you don't need to tell me about footballers like Seán O'Connell, Anthony Tohill, Canavan, McConville, Lacey (Donegal's blanket inhibited rather than helped him), Sean Marty Lockhart, McGeeney (people remember his physical strength, but he was mesmerisingly skillful too), Barry Owens (he was as good as Darren Fay but just didn't have the same support)....ah look, if we name all the great Ulster players, we'd be here a long time.

This year? McManus, even with all the gametime he missed through injury, would be on the roll call. McGuigan was having highly successful year as focal point of Derry's counterattack, but would you really have ranked him alongside Michael Murphy, Peter Canavan, or Oisín McConville? Brendan Rodgers maybe, but the less spectacular dogwork of Conor Glass gave him that license to roam. There were a lot of 'good' players in Ulster this year and a lot of 'solid' teams. But I wasn't seeing the magic. And you need magic to win an All Ireland. Do you think that Mickey Harte's innovative system is the sole reason why Tyrone were so good for so long? Take another look at their full forward line back then. Derry were choking open play with a mass defence and slowly grinding out wins. I knew they had the players to compete but they never showed a shadow of the mindset of it. I said last week that I would respect Derry football when Derry showed me some actual football.



As of last Sunday evening, I respect the hell out of Derry football. They came to play, They came hunting. They came utterly fearless, utterly heedless of Kerry's aristocratic reputation. They didn't try to negate Kerry; they came to overwhelm them and came within a fraction of pulling it off. It wasn't surface-to-air strategic warfare; this was hand-to-hand in the trenches. And it was truly glorious, a game that will stand comparison to any game in any era.

Straight from the throw-in, a Glass turnover led to Niall McLoughlin having a chance, but Tom O'Sullivan did just enough to prevent a goal. At the other end good vision by Paul Geaney - his link play was excellent – teed up Gavin White on goal but Odhran Lynch did well. David Clifford opened Kerry's account soon after – great kicking technique given how tight Chrissy McKaigue was and how little difference it made. David was called for holding a minute later - definitely looked more sinned against than sinning to me. Kerry looked controlled in defence, but Derry were going straight for the jugular and McKinless pierced the gap, slotting home the rebound after his first attempt was blocked. As my little niece might say, 'ouchie'. 1-0 to 0-1.

The response was sheer perfection as Kerry swept down the field, Paul Geaney to Seán O'Shea to Gavin White...to the net. You simply cannot stop that kind of seamless play. Padraig McGrogan squared things up but departed injured afterwards, a blow to Derry after his fine start. It was already obvious that Odhran Lynch was essentially playing as an auxiliary midfielder as well as a goalkeeper – I will say again that I loathe that nonsensical tactic, but to be fair he did all his primary goalkeeping duties well. Neither side was showing much interest in contesting short kick-outs.

Paul Cassidy and Shane McGuigan picked off Derry's third and fourth scores from five attacks. Kerry had four wides on board already (two scores from eight attacks) – I felt that we would settle and assert ourselves.

A long range missile over the massed defence

by Diarmuid O'Connor gave me confidence. A brilliant turnover by Jason Foley – intriguing duel with Shane McGuigan all day, the Ballydonoghue man just about shaded it – led to a Paudie Clifford point, but McGuigan replied.

Graham O'Sullivan found David Clifford with a beautiful long kick-pass down the wing, execution matching ambition (we see too little of either these days) and David slipped McKaigue at his ease to fire over. I would have switched the more athletic McCluskey onto David at that point; he had the beating of McKaigue all day long one-on-one. He won a free off him as well and put it over to nudge Kerry in front.

Odhran Lynch, goalkeeper, became Odhran Lynch, scorer, when his long ball in bounced over the bar. I don't care; the risks of a turnover outside compared to a keeper's extra man effectiveness is always a negative proposition for me. Paul Cassidy added another and Derry were in front and fully deserving of it. David won and converted another free, but we were looking very reliant on him. Kerry's biggest problem was at midfield, where the supplementary help of Derry's half back line meant that Brendan Rodgers had room to rove and dictate play. That situation got a lot worse when Diarmuid O'Connor snared Rodgers with his legs while on the ground. Referee deemed it a deliberate pull-down and a black card - so do I. That was good refereeing and a correct call. Derry reacted perfectly to having an extra man. Brendan Rodgers gathered from the free and popped it over. Ciarán McFaul added another. Kerry did trim the gap to one through Shane Ryan (yes, I know he plays corner forward for Rathmore - I still don't want him up there for Kerry). Did he foul McGuigan in claiming the ball? Derry certainly have a case - no problem with Shane turning his body into the inevitable collision, but he also inserted some forward momentum. I'd have whistled; Joe McQuillan didn't. Rodgers and McGuigan clipped over two more Derry points, 1-10 to 1-7. Kerry





swallowed up another attack and broke out, Tom O'Sullivan finding David Clifford with a good mark, but McGuigan closed out the first half with a Derry free. The challenges were robust on both sides, with David picking up a yellow for a late challenge on McGuigan. Borderline harsh, but certainly not a disgraceful decision by any means.

Half-time Derry 1-11 Kerry 1-8

Kerry switched Adrian Spillane for Stephen O'Brien at the break and it had a big impact from the off. Adrian is always a starting player on my fifteen, an absolutely key midfield component. He was awesome against Tyrone. But the reality is that he wasn't an influence here in a sector where Kerry were struggling to slow Derry's relentless raids forward and Kerry management made the strong call. Kerry came out very strong after the break anyway. I don't know what Jack O'Connor and his management said to the players at half-time – none of them are ranters and ravers, and players at this level respond less to that histrionic nonsense than is usually assumed. I suspect that Kerry talked about giving Derry less space in their build-up by pressing up further, especially on kick-outs, but that's just my guess. It certainly looked that way; Kerry looked calmer and more composed right from the throw-in. David Clifford and Seán O'Shea kicked well-worked scores to draw Kerry to within a point. Conor Doherty restored a two point gap.

Odhran Lynch almost got caught out away from his goal, but Derry manage to clear it. A real warning shot, though. Brendan Rodgers was unlucky to hit the post, but Paul Geaney wins a free – soft enough, but a needlessly risky tackle with the ball going out of play. David swings it over, one point game again.

Derry with a goal chance, McKinless and Topner couldn't quite connect in a scrambling square. Backs to the wall defending, but onn another day those ones go in. Kerry are forcing good turnovers now though. It isn't so much that Derry are rattled as that Kerry are starting to assert themselves. Seán O'Shea is unlucky top hit the post with a free but responds by kicking a great score. Level pegging.

McKinless is still hurting us by going direct, and he gets a clear sight of Kerry's goal. I might not agree with Shane's tendency to foray into space outfield, but there's no better man on the line and that's a superb save. McFaul nudges Derry back in front.

Both sides have chances, four for Kerry, two for Derry. All wide; fatigue is starting to impact players now. McGuigan hits a crucial point to double Derry's lead. Two point game and the clock beginning to tick a lot louder. Jason Foley blocked down but the referee awards Kerry a free for a foul on the lively Stephen O'Brien. That's a harsh enough call, in all fairness, but we'll take it gladly. Seán O'Shea makes it a one point game.

Kerry subs are playing a big role. O'Brien is superb, but Tony Brosnan is central to a lot of Kerry's play now and Micheal Burns and Brian Ó Beaglaíoch bring huge energy – we need every bit of it. Micheál finds David Clifford, who wins and converts a free.

Stephen O'Brien with a Kerry point. Kerry in front for the first time in almost fifty minutes. Derry, who have been absolutely brilliant all through, are beginning to stagger a tiny bit, they also seem to be under the impression that they have to go for goals – they don't, but it's easy for a spectator like me to say that. David Clifford gives away the kind of turnover that you only see in the dying minutes of gruelling games; Brendan Rodgers gifts it back in the same way, and David doesn't look that kind of gift horse in the mouth. Kerry two in front. Two point lead. Derry need a very quick point or, even more nightmarish, to go for goal. They are still quite capable of getting either.

Kerry play keep ball until they don't, working a very clever point through Seán O'Shea. Three points clear.

One last free. All my atheism is being cast to the winds around now. McGuigan lobs it into a crowded square....but he over-hits it and it goes over the bar. At last, at long last, the referee sounds the final whistle.

David Clifford, with nine points to his name, is the obvious choice for man of the match. Let us whisper, but I'd actually have given a slight nod to Rodgers. Mind you, I'm in a generous mood towards those magnificent Derry footballers, who played football the way it should be played and very nearly got rewarded for it. I'd give them man of the match, footballer of the year, All Stars in double figures, I'd even throw in a pot of tea and chocolate biscuits. The only thing I wouldn't give them is a berth in the All

Ireland Final. That's ours, and earned the hard way.

Jaysus, but that was a close one.

Kerry: Shane Ryan (0-1), Graham O'Sullivan, Jason Foley, Tom O'Sullivan, Paul Murphy, Tadhg Morley, Gavin White (1-0), Diarmuid O'Connor (0-1), Jack Barry, Dara Moynihan, Seán O'Shea (0-4, 1f), Adrian Spillane, Paudie Clifford (0-1), David Clifford (0-9, 4f, 1m), Paul Geaney. Subs: Stephen O'Brien 0-1 (for Adrian Spillane, 35 mins), Brian Ó Beaglaíoch (for Paul Murphy, 55 mins), Tony Brosnan (for Paul Geaney, 55 mins), Micheál Burns (for Dara Moynihan, 58 mins), Ruairí Murphy (for Paudie Clifford, 73 mins)

Derry: Odhran Lynch (0-1), Chrissy McKaigue, Eoghan McEvoy, Conor McCluskey, Conor Doherty (0-1), Gareth McKinless (1-0), Pádraig McGrogan (0-1), Conor Glass, Brendan Rogers (0-2), Niall Toner, Paul Cassidy (0-2), Ethan Doherty, Ciaran McFaul (0-2), Shane McGuigan (0-6, 3f), Niall Loughlin. Subs: Pádraig Cassidy (for Pádraig McGrogan, 8 mins), Benny Heron (for Pádraig Cassidy, 51 mins), Lachlan Murray (for Niall Toner, 59 mins), Ben McCarron (for Gareth McKinless, 75 mins)

Referee: Joe McQuillan

ALL IRELAND SEMI-FINAL:

Dublin 1-17 Monaghan 0-13

Make no mistake, this scoreline is incredibly flattering to Dublin. Or more precisely, it's unfair to the huge effort and brilliant scoring of Monaghan. They didn't quite give Dublin the fright that Derry gave Kerry, but they rattled that cage loudly before the finish. Again, that was a team who have played defensively all year actually opening up in the environs of Croke Park. To me, it begs the question of how good can Northern teams be if Ulster wasn't such a dogfight from early on (you don't get any easy platform to build from like Dublin and Kerry do) and if they were willing to not so much abandon caution as at least temper it? Arrah, that's a question for them, not me.

One advantage that Dublin have is that different forwards can spark on different days. Colm Basquel has been on song but he was fairly well marshalled here. Ciaran Kilkenny isn't quite returned to full fitness, although he did impress off the bench. Con O'Callaghan

ALL THINGS...SPORT

was good, but not the dominant player that he can be. Dublin's stars weren't mis-firing, but they weren't hitting top gear either ()not least because Monaghan wouldn't let them). So Cormac Costello took up the mantle instead, and he was absolutely incandescent. That's the thing about Dublin, they have so many different scoring pathways that I don't think any team can fully shut them down.

Dublin led by 0-5 to 0-3 early on, Costello with four of those. Ominously for them, though, Kieran Hughes and Rory Beggan (f) had both hit the post and Stephen Cluxton had saved from Ryan McAnespie. Monaghan were giving as good as they were getting and edging midfield. They weren't as clinical as Dublin though – goalkeeper Rory Beggan was their top scorer with three '45s. At half-time Dublin led by 0-8 to 0-7.

Ryan McAnespie and Cosrtello exchanged points on the restart. Turnovers were the order of the day, though, with both sides struggling to get into decent scoring positions. It's literally point for point, with Monaghan every bit as good as the presumptive finalists. Conor McManus - he wasn't actually named to start but I doubt if that fooled anyone – was hugely impressive but Kilkenny was cleverly directing play and, most significantly, Brian Fenton and James McCarthy had hugely upped the tempo at midfield. Piece by piece Dublin eke out a slightly flattering three point lead and Monaghan are looking a small bit ragged around the edges. Finishing strongly has been a feature of this Dublin team for over a decade. How many times have Kerry or Mayo been neck and neck with them going into the final ten minutes only to see Dublin pull away in the final minutes?

That's the case here. Monaghan were every bit as good as them for almost all of this match, but in the last ten minutes Dublin outscored them by 0-5 to 0-1 before Dean Rock closed it out with the flourish of a goal. Dublin were not seven points better than a gallant Monaghan – but Dublin were better all the same.

O'ROURKE LEADS MEATH BACK TO SILVERWARE

Taillteann Cup Final: Meath 2-13 Down 0-14

I have a soft spot for Colm O'Rourke. One of the toughest players of a hard generation and one of the linchpins of a great Meath team, I've always found him to be a complete and utter gentleman in my very few dealings with him (related to schools football - St. Pats of Navan and their principal would be known to most of the Kerry schools). I also always admired his analysis of games on RTE. It was as if he wanted the focus to be on the game rather than himself; the same cannot be said of quite a few in that position then and now. That said, I simply didn't think that they had the football to win this. They had already survived a few scares along the way, whereas Down's route was less of a roller-coaster. I strongly fancied Down to come out on top.

It looked like I was right early. Meath looked to be at sixes and sevens and Down looked a lot more precise as they opened up a 0-4 to 0-1 lead. Then came what to me was unquestionably the game's pivotal moment. Jack Flynn kicked a long ball in – I thought it was too ambitious, but a very good attempt. Sure enough, it came short and off a post and Down had bodies back ready to mop up the danger. Except that the ball took a cruel bounce off one of them and rebounded into the goal. I thought Kerry's Siofra O'Shea scored a somewhat fluke of a goal (ironically, against Meath) last weekend but that one was laser surgery compared to this.

Somehow after that, the positions were reversed as the Royals were suddenly the team who looked more composed. It was level pegging at the break, 1-3 to 0-6, but Meath had closed out the half with four wides and a missed goal chance for James McEntee.

The sides were even enough in an exciting second half except for one small detail, but frankly it's the x-factor in almost every team sport that makes the difference. Scorers are the highest paid players in virtually every professional sport, and there is a reason. Down kicked very solid scores; they did nothing wrong. But Meath? Jack O'Connor kicked two beauties. Jack Flynn, unquestionably man of the match, kicked long range points that were as good or better than the magic that O'Rourke himself used to produce once upon a time. The truth is that Meath had this won, and won playing some great football against a good team, long before Jack O'Connor executed the coup de grace with a late goal.

KERRY LADIES SEE OFF REIGNING CHAMPIONS

All Ireland Quarter-Final: Kerry 2-8 Meath 0-10



Louise Ní Mhuircheartaigh of Kerry, right, celebrates with teammates aftter their side's victory in the TG4 Ladies Football All-Ireland Senior Championship quarter-final match between Kerry and Meath at Austin Stack Park in Tralee, Kerry. Photo by Piaras Ó Mídheach/ Sportsfile

At this stage and this level, the bottom line is always the result and it's Kerry who advance to the final four. This was a banana skin of a game; I make no bones about the fact that I was well worried about it. I know Meath haven't been going great this year, but adding AFLW exports Emma Duggan and Vikki Wall back into the mix made them a very formidable proposition (sure enough, that pair would provide all of Meath's scores). The Royals burst almost out of nowhere

two years ago, having beaten Kerry in a Division Two League Final, and then stunned everybody by convincingly winning two All Irelands in a row. Did that maybe provide a beacon for the road ahead for Kerry? To be honest, I find such theoretical speculation fairly nonsensical, "the thing because the thing" kind of narrative. The simple reality is that Declan Quill and Darragh Long and everybody involved was and is putting in a massive amount of work that has seen an incremental improvement. Kerry always had talent and always had effort, but the Tralee managers and their backroom team have fused the two and, let us whisper it, Kerry are probably favourites to go one step beyond their runners-up finish last year. (Let us whisper it even quieter; I'm still a bit fearful of Cork and much happier to be facing Mayo in the semi, but that's a story for another day).

Louise Ní Muircheartaigh opened the scoring after good work by Hannah O'Donoghue. Siofra O'Shea doubled our lead with a superb kick from long range. Siofra wandered out to the half forward line for long periods of this game. I wasn't overly happy about it - I'm a firm believer that you keep scorers like Colm Cooper, David Clifford, Tony Brosnan, Paul Geaney, Geraldine O'Shea, Louise, or Siofra in the scoring zone rather than directing the play. On this occasion I was wrong, as Siofra went on to have an excellent game. Emma Duggan opened Meath's account from a free and added another after a great run by dual star Aoife Minoque, who has been inspirational in leading Meath to an Intermediate semi-final (as Kerry know to their cost).

I did mention that Siofra is a fantastic goalgetter. I was thinking mostly of her ability to fist home on the end of a sweeping move. I was not expecting the goal she scored; and nor was anybody else. Let's face it, it was a complete fluke, a lofted point attempt that dropped over McGuirk and into the Meath goal.

Kerry hit a patch so purple it was almost black, and the reason was obvious. Kerry pressed very, very hard on Meath's kick-outs, especially in our half forward line, and they just couldn't live with Kerry's ferocious hunger and determination.

Louise added a free. Niamh Ní Chonchuir picked off two points – Cait Lynch got the Bean Laoch and Chluiche and her mobility is a vital Kerry weapon (I prefer her attacking from wing back rather than midfield), but I'd have gone for either of the Niamhs, with Carmody just edging Ní Chonchúir. It was Niamh Carmody who finished off a brilliant Kerry move with our second goal – believe me, nothing flukey about that one! 2-5 to 0-2.

Kerry's work-rate was ferocious at the back as well, typified when Megan Thynne got into a scoring position and was surrounded and disposed quicker and easier than the SAS could have done it. Kayleigh Cronin, you will not be surprised to hear, was an absolute linchpin. Meath only got one more score before the break, another Emma Duggan free. Kerry had a few chances drop short themselves, but Hannah O'Donoghue set up Lorraine Scanlon for a point and Louise Ní Muircheartaigh score a beauty from fantastic range.

Half-time Kerry 2-7 Meath 0-3

Kerry: Ciara Butler, Eilís Lynch, Kayleigh Cronin, Ciara Murphy; Aishling O'Connell, Emma Costello, Cáit Lynch, Lorraine Scanlon (0-1), Louise Galvin, Niamh Carmody (1-0), Niamh Ní Chonchúir (0-2), Anna Galvin, Hannah O'Donoghue (0-1), Siofra O'Shea (1-1), Louise Ní Mhuircheartaigh (0-3, 1f). Subs: Danielle O'Leary (for Anna Galvin, 37 mins), Amy Harrington (for Niamh Ní Chonchuir, 48 mins), Mary O'Connell (for Niamh Carmody, 50 mins), Niamh Broderick (for Hannah O'Donoghue, 56 mins)

Meath: Monica McGuirk, Áine Sheridan, Mary Kate Lynch, Katie Newe, Niamh Gallogly, Shauna Ennis, Emma Duggan (0-7, 5f) M O'Shaughnessy, Aoife Minogue, Megan Thynne, Vikki Wall (0-3), Orlagh Lally, Aoibhín Cleary, Stacey Grimes, Niamh O'Sullivan. Subs: M Byrne for Cleary (35), O Mallon for Grimes (40), S Melia for O'Shaughnessy (57).

Referee: Shane Curley (Galway).

RUGBY

The Womens' Soccer World Cup in Australia and New Zealand is quite rightly hogging the headlines at the money, but in the background rugby is gearing up for it's biggest spectacle - rugby has been aiming to expand globally over the past number of years and their World Cup is a flagship in that project. Ireland have a longstanding tradition of coming into the competition with high hopes and then underperforming. My own theory is that we read too much into the Six Nations Championship beforehand, while other countries were in their building phase. That said, Ireland have never looked this strong, especially with our antipodean imports. We may have read too much into the likes of test victories over New Zealand (we most certainly did celebrate that with far too much abandon) but our form in the last couple of years has been nothing short of spectacular. That Six Nations game against France was a genuine classic between two great sides in peak form. Leinster reaching a second Champions Cup Final in a row is no small thing either.

Except that one came with a price tag, as it has been announced this week (after a disciplinary process that, frankly, took far too long). Johnny Sexton has been hit with a three match ban. All it actually means amid all the wailing and gnashing of teeth is that he misses

the warm-up games against Italy, England, and Samoa. Johnny was penalised for being "confrontational and aggressive" towards the referee Jaco Peyper (he's an excellent referee, for the little that my opinion is worth) at the end of the Cup Final. Let's be honest; Johnny has been one of the greatest rugby players on the planet for a generation, but he does have form when it comes to haranguing referees and this was captured clearly on video. This is a fair and appropriate decision. I don't think that it hurts us too much either. The simple fact is that we have all known for quite some time now that Johnny isn't really an eighty minute player anymore – the 38 year old is still the best orchestrator of a game for fifty minutes, but it has been a concern for me that we dithered for an awful long time about his first choice replacement, because he will be replaced in most games anyway. It does mean that he won't get to say farewell to the Irish supporters in a game on home soil. Unfortunate, but I'd despise any disciplinary process that allowed such sentiment to affect the maintenance of standards within the game.

Is there a danger of Johnny coming in undercooked? I don't think so, not a player of his experience and not at this level. Game time into the likes of Ross Byrne or possibly Jack Crowley would be more of a priority for me anyway, so I don't think this is a big deal anyway.

CLOSE AGAIN BUT NO JOY FOR KERRY FC

LOI: Longford Town 2 Kerry FC 1

On Saturday Kerry FC looked to put more points on the board when they made the three-and-a-half-hour trip to Strokestown Road to face Longford Town. Coming into this Matchday seven fixture neither side were yet to pick up a win so far this season, making it a huge game in more ways than one.

The home side came into the fixture on the back of two 1-0 defeats at the hands of Galway United and Finn Harps, with Kerry being so close to picking up their first win of the season they would go into this fixture confident in doing so.

After the defeat at home to Athlone last Friday night, manager Billy Dennehy when speaking to the press described the game as a learning

curve and a harsh lesson for his players as they defended their goal so well for most of the game only to come away empty handed. He also said in the buildup to this game they felt unlucky not to get their first win against Athlone as they kept an attacking mindset bringing on four attackers with twenty minutes to go in the game and were pushing for the winner themselves. Kerry knew coming into this game if they were able to start the way they did against Athlone, their chances

First Half

Longford started the first half the most attacking of the two sides and they got their reward after just ten minutes. A low pass into the final third was flicked on well by Derek Daly and found its way through to Josh Giurgi, he took the ball in his stride and dropped his shoulder to beat Shane Guthrie. His low shot into the bottom left corner was too powerful for Wayne Guthrie to keep out and Longford took the lead. Most would think after taking the lead that the home side would start to push on and kill off the game early, but they did the opposite. Kerry started to get a foothold on the game and showed good signs of getting the equalizer with a lot of possession.

Despite the pressure from Kerry, Longford had a couple closer chances as time went on. The first of which came on the half an hour mark when a long-range effort from Ben Lynch was saved well by Guthrie who got down fast to push the ball away. Just two minutes later the Kerry defense were nearly caught out again when Aodh Dervin gave a high through ball over the top which made its way through to Giurgi. Once again Guthrie was level to Giurgi's efforts and showed great awareness to come off his line to collect the ball and keep Longford at bay.

In the first half, Kerry had a lot of set pieces whether it be corners or free kicks from close range, but they were not able to capitalise. As the game went on you felt if they did not take advantage of these it could cost them in the second half. Kerry's best chance of the half came just before the half ended when a free kick from the left side of the box delivered by Graham O'Reilly was met by centre back Shane Guthrie. Unfortunately, Guthrie did not know much about it and his header went just wide of the right post and Longford felt relieved as they headed in at the break 1-0 up.



Daniel Okwute in action for Kerry FC. Photo by Adam Kowalczyk.



Second Half

Kerry knew if they were going to get anything from this game, they would have to start the second half in a positive way and they did just that with a collection of chances. A good counterattack started with a pass taken in well by Leo Gaxha, he gave a decent low ball into the box which just needed a touch to get it into the back of the net. Fortunately for the Longford defense, the ball was just too far for either Nathan Gleeson or Ryan Kelliher to reach and it was eventually dealt with by The Town. Kerry made three very attacking changes just ten minutes into the second half to keep the pressure on Longford. One of the subs, Sean McGrath, who was excellent when he came on, had a great shot from outside the box saved by Jack Brady only eight minutes after his arrival onto the pitch. Mcgrath's chance started a flurry of opportunities for Kerry.

The first of which was a similar chance for Leo Gaxha just a minute later, but his effort did not phase Brady in goal and the shot went wide of the left post. Kerry kept coming and their best possibility of a goal in the second half came from Nathan Gleeson, who was making himself a menace with his close control and speed for a lot of the game. A high ball into him in the box was taken well and he headed past two of the Longford defenders, his half-volleyed effort went just wide and looked to be in

from some angles of the goal, but it was not to be.

With Kerry's intense pressure you would wonder if they might be caught on the break by Longford's attack, and to the travelling supporters' dismay, they were. In the closing stages of the game, Josh Giurgi took a shot from about 25 yards out with space and his low shot bounced just in front of Guthrie which was too powerful for the keeper to push away. The second goal cushion was enough for Longford as they went away 2-0 victors.

Kerry would be disappointed not to take advantage of set pieces they had throughout the game but the strong defensive setup they have acquired will give them a great starting foundation to find ways of breaking down sides in other areas of the pitch. Hopefully, they can start this next Friday as they are back at home again against Donegal side Finn Harps who make a long trip down to Mounthawk.

Kerry FC: Wayne Guthrie, Graham O'Reilly, Shane Guthrie, Kevin Williams, Shane Guthrie, Jonathan Hannafin, Seán O'Connell, Matt Keane (captain), Nathan Gleeson, Ronan Teahan, Leo Gaxha, Ryan Kelliher. Subs: Callan Scully, Cian Barrett, Rob Vasiu, Alex Ainscough, Cormac Buckley, Kennedy Amechi, Cian Brosnan, Sean Kennedy, Seán McGrath.



Danielle O'Leary of Kerry in action against Máire O'Shaughnessy of Meath during the TG4 Ladies Football All-Ireland Senior Championship quarter-final match between Kerry and Meath at Austin Stack Park in Tralee, Kerry. Photo by Piaras Ó Mídheach/Sportsfile







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KILLARNEY LEGION

CLUB AWARDS NIGHT

The magnificently appointed Killarney Brewery in Fossa played host to our Annual Awards Night on Friday last. Social committee members Sharon O Grady, Patricia Quigley, Orla Culloty and Timmy O Donoghue alongside Club Chairman Dave Randles pulled out all the stops to ensure a great night was enjoyed by all. Fear an ti Brian Looney made sure everything went like clockwork with the format and surroundings gaining favour with the large crowd present. Diarmaid O Donoghue followed in the footsteps of his late father James with a place in the Clubs Hall of Fame, a choice that needed little debate. Darragh O Doherty and Sam Bensons performances in 2022 earned them the Senior and Young Player of the Year gongs with Alan Moriarty again being named Junior Player of the Year. In a new departure Callum O'Donoghue was crowned Young Junior Player of the Year while Andrea Murphy's form saw her being named as Young Player of the Year in the Ladies department. Isabelle Corridan followed up her 2015 Player of the Year award with another in 2022, thanks to some impressive performances and outstanding commitment. The Cooper Cup for Clubperson of the Year went to Enda Walshe while Sarah Leahy's rise to international stardom in Athletics was rightly acknowledged by the Club. Big thanks also to Pat Moynihan who organised a courtesy bus to and from the venue with his usual efficiency.

A reminder of our winners..

Hall of Fame: Diarmuid O Donoghue
Senior Player of the Year: Darragh O Doherty
Junior Player of the Year: Alan Moriarty
Young Junior Player of the Year: Callum O
Donoghue

Young Player of the Year: Sam Benson Senior Ladies Player of the Year: Isabelle Corridan Young Ladies Player of the Year: Andrea Murphy Clubperson of the Year: Enda Walshe Special Recognition Award: Sarah Leahy

SENIOR MEN

THE Senior B team were busy this past week with two away games. On Tuesday they were in Kilcummin for a East Kerry League date and lost by two points 2-8 to 2-6. Then on Friday, in the County League, they lost by the bare minimum, 1-6 to 0-8, in Milltown. While not a successful week the big positive is the amount of players getting game time this year. A definite step forward.

The Kerry Petroleum Intermediate Club Championship will now kick off in early August with fixture details due to be confirmed in the week ahead. An opener against Currow at a neutral venue is already in the offing, with the remaining games against Laune Rangers and Kilcummin to be confirmed. With more Intermediare teams than Senior currently with Division 1 status it promises to be an ultra competitive championship.

JUVENILE BOYS UPDATE

Our U15 Boys hosted Firies in the East Kerry Division 1 Semi final last Wednesday evening in Direen. A tight and cagey first half saw an even contest, which Firies just about shaded on the

scoreboard. We had two good openings for goals in the opening quarter - the crossbar keeping one out and Firies themselves almost netted after an unfortunate slip in the goalmouth area. The second half started with Firies getting the first goal of the game and a handful of points as we struggled to retain possession. Firies netted again to open up a healthy lead but then we got a lovely goal and pushed hard for a comeback. Firies netted twice more as the game opened up and Legion also got two goals but will rue missing a few more - again the Direen woodwork keeping the green flag down. The young Legion team (more than half are u14 players) will regret the missed opportunities but will have learned plenty from tonight's game. It was played in a sporting manner on the pitch, well refereed, and good appreciation from both sets of supporters for the efforts on the pitch.

Full Time Score Legion 3-11 Firies 4-14 LADIES UPDATE

The Legion U12 Girls Green team hosted Beale in their 4th match of the County League in midweek. The girls were up for the challenge of what was to be a very fast-paced game from end to end. They made a very strong start, and their consistent work rate throughout the game resulted in Legion coming away with the points on the night. Thank you to Beale for travelling the distance and thank you to our U12 White teammates who made a significant contribution to this evening's match and not forgetting all the Legion supporters. Finally, a huge thank you to our volunteer referee Lara O Brien, who came through in a pinch to ensure the girls would get a game in on the night.

KERRY

A successful weekend for all inter county teams in action. The U16 Ladies, with Lauren Carey in the squad, overcame a late Sligo surge to capture the U16 B All Ireland title. Austin Stack Park was a heaving welter of excitement Saturday night as the Senior Ladies dethroned All Ireland champions Meath to qualify for a semi final date with Mayo. Unfortunately panellist Keri-Ann Hanrahan suffered a hand injury in training so her participation in the remaining games is in doubt. Well done also to their male counterparts as a late surge saw them overwhelm Derry and set up a romantics favourite, a Kerry vs Dublin All Ireland final.

DEEPEST SYMPATHIES

The Club extends its sympathies to the family of Catherine McAuliffe. Catherine's brother Michael and sister in law Maura McCarthy are stalwarts of the Club. Also to the family of Senior player Stephen Flattery on the death of his grandmother Margaret Lynch, Trim Co. Meath. LOTTO

Monday July 10th. Numbers were 7, 14, 19, 28 Bonus 4. No Jackpot winner. Match 3s Lucky Dips: 1. Donie Reen 2. Sinead Butler 3. Phil Shaughnessy 4. Oskar c/o Parkavon Hotel 5. Jerome Corkery.

EAST KERRY GAA NEWS

by Michael Healy

ALL IRELAND SEMI FINAL

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Congratulations to the Kerry team and

management on their win in the All Ireland semi final against Derry on Sunday.

TG4 LADIES ALL IRELAND CHAMPIONSHIPWell done to the Kerry Ladies team and

management on their win in the All Ireland Quarter final against Meath.

ALL IRELAND U16 B CHAMPIONSHIP FINAL Congratulations to the Kerry team and management on their great win over Sligo in the All Ireland U16 B Championship Final last weekend

MD O SHEA'S EAST KERRY UNDER 15 LEAGUE

Division 1A

Semi final: Listry/Keel 5.12 Rathmore 3.06 Semi final: Killarney Legion 3-11 Firies 4-14 U15 Div 1b semi final: Dr Crokes 4 13 Kenmare 2 10.

Division 2A Final: Kilcummin 2.09 Fossa 1.05
FAST KERRY JUNIOR LEAGUES

Round 1: Rathmore 2-12 Glenflesk 2-09 Gneeveguilla 3-13 Dr Crokes 2-11 Division 2 Round 1: Currow 5-12 Spa 1-06

Kilcummin 2-8 Legion 2-6

CONDOLENCES

Sympathies from all in East Kerry GAA to the family of Seamus McCarthy, Gneeveguilla Post Office, Gneeveguilla, on his recent death.

MD O'SHEA U15 DIVISION 2A FINAL

Kilcummin 2.09 Fossa 1.05

Kilcummin came on strong in the second half, to register a convincing win over a gallant Fossa team, in the final of the U15 East Kerry League, played out in Glenflesk last Wednesday.

After Liam O Mahoney had given Kilcummin an early lead, Fossa responded with good point's from Conor O Mahoney and 2 from Mikey Maroney. Kilcummin then got 3 point's themselves in reply, the pick of them from Shame Morrissey firing over from out near the sideline. Fossa then got a fortuitous goal. Dylan O Meara's speculative shot deceiving Oscar Lovett in the Kilcummin goal, before being sent over the line by Conor O Mahony. Kilcummin's O Mahony then brought then brought the sides level with his second point, after being set up by a strong run from Billy O Donoghue. It left the sides tied at 1.03 to 0.06 at the break.

It was here that recent Feile Champion's Kilcummin took over. They went on a run of 1.04 without reply, captain O Donoghue getting the goal. A point from Shane McCormack finally got Fossa on the scoreboard in the second half, but it would be 1 of only 2 points they would score in the half. Kilcummin finally sealed the win with a super goal. O Mahony providing the defense splitting pass, allowing Robbie Casey to blast to the net. Despite missing some more scoring chances, they had some more then enough to secure victory.

FOSSA GAA CLUB

What a weekend of football for Fossa GAA. On Saturday our seniors beat Brosna in Brosna to secure promotion to Division 2 of the Credit Union senior county league for the first time in the history of the club - huge credit due to Adrian Sheehan and his management team for making 2023 the best year ever for the club, all

Ireland Junior final win in Croker and a week of celebrations which we could only dream about once upon a time! and now Division 2 football next year.

Saturdayevening our B team went to Beaufort and beat the locals to continue their magnificent run in Div 6 and on Sunday David and Paudie Clifford, our Fossa Kerry stars get Kerry over the line in an absolute enthralling all Ireland semi final against Derry to set up the final that we all wanted - Kerry vs Dublin.

Weekends don't get much better that this !!! **SENIOR CO LGE DIV 2 - BACK GAME**

Final score: Brosna 0-05 Fossa 1-10

Fossa secured promotion by winning their last game to put them on 15 points in the table

This was a huge feat by this team, when you consider the amount of players the squad was down due to all sorts of reasons., just 5 of the 15 who started the all ireland final in Jan - started on Sat - but just like the rest of the games - the younger players stood up and the older players guided the team to this necessary win.

Brosna started brightly and it was score for score until Tadgh O'Shea was fouled in the square and he drove the resulting penalty to the bottom right and gave Fossa a four point lead. Brosna missed a few frees and Fossa scored theirs and Fossa were the stronger team in the second half and were deserving winners on the day.

Mark Dennehy was outstanding in the middle of the field, and along with Sam Buckley, Ruairi Doyle, Killian Buckley Colin Myers and Fintan Coffey set the tempo for this win. A lot of these players were playing Div 5 football a few years back and can now look forward to Division 2 next year.

Huge congrats to Adrian Sheehan and his selectors, Colin O'Sullivan, Ken O'Sullivan and Kevin Myers - they have all out in Trojan work these last few years and great to see the results. Chairman Patrick Sheehan congratulated the team on writing yet another chapter in the Fossa Gaa history book and we look forward to the intermediate championship next month.

Scorers on the day: Tadgh O'Shea: 1-5, 1 penalty 3 frees, Harry Buckley: 0-2, Killian Buckley: 0-2, Ruairi Doyle: 0-1

SENIOR COUNTY LEAGUE DIV 6 Fossa B 2-18 Beaufort B: 2-09

Fossa B's continued their winning run on Saturday evening - with a great win over our neighbours. Scorers: Ryan Sheehan 1-4, Jack Clifford 1-4, Rocco 0-3, Ryan O Leary 0-2, Darren Cronin 0-2, Richard Wallace 0-1, Peadar Kelliher 0-1, Kevin McCarthy 0-1

FOSSA U15'S we're beaten by Kilcummin in the EK Div 2 league final on Wednesday evening **CONDOLENCES**

Fossa Gaa club members were saddened to hear of the passing of Pat McEnteggart in San Francisco yesterday. Pat was a man of huge generosity and a great supporter of the club and parish. A hugely popular man around Killarney Pat took over in The Old Killarney Inn in 2004 and became a huge sponsor of our juvenile sector and Fossa Gaa had many a good night there over the years when we held our annual Juvenile medal presentation there.



No child nor parent left there hungry as the spread Pat laid out was always bountiful. The parish would be catered for at Christmas when Pat would hold a night for the customers and indeed Pat and Liz would make a huge effort to ensure the older folks were there. Ar dheis Dé go raibh a anam uasal.

We would like to extend our sympathies to Liz, Jack and Neily and the extended McEnteggart and Brosnan families.

KILLARNEY CAMOGIE CLUB

TRAINING

Under 6/8/10 train on Mondays & Fridays from 6-7pm in Spa. Hurleys & helmets can be provided on a rental basis for the season. Football boots, shin guards & water required. Under 12s & Under 14s train on Mondays & Fridays (match dependent) from 6-7pm in Spa Under 16s train on Mondays & Thursdays (match dependent) from 6-7pm in Spa Under 18s train on Mondays & Fridays from

6-7pm in Spa **REGISTRATION**

New members always welcome & registration is done on www.foireann.ie. For any details on registration, please contact Treasurer/Registrar Louise Moynihan or Secretary Sarah Breen. All details on how to register can also be found on our Facebook page.

FACEBOOK

Please check out our Facebook page for all up to date match fixtures & updates - Search for Killarney Camogie Club!

KERRY UNDER 16 CAMOGIE

Hard luck to the Kerry U16 Camogie team who were defeated by Westmeath in the All Ireland semi final last weekend. Well done to the Killarney players for their outstanding commitment to the Kerry jersey all year - Ava Moore, Éabha Lynch, Martha O'Sullivan, Megan Gillespie (VC), Orla Cronin & Tiarna Dineen.

CONGRATULATIONS

Congratulations to our Under 12 player Caoimhe Dineen who was a referee for the Primary Game at half time in the Senior Football semi final between Kerry and Derry. She did a fantastic job and no doubt it won't be her last time setting foot in Croke Park!

KEEL GAA CLUB

CLUB LOTTO

Keel GAA Lotto Draw Monday 10th July. Numbers drawn: 9, 10, 16, 30. There was no winner of our jackpot of €4,100. Lucky dip winners of €50 were Marie Griffin & Rachel Hilliard. The jackpot will be €4, 150 for the draw on Monday the 17th of July. Many thanks for all your support this week and thank you to this week's lotto team for facilitating the draw.

ALL-IRELAND FINAL TICKETS

If you are interested in being included in the draw for All-Ireland Final tickets, please text or WhatsApp Mary T. on 087-7978905 by 9pm Friday the 21st. No exceptions for ticket requests will be made outside of this time. Only fully paid-up members will be included in the draw. Thank you.

KEEL GAA SUMMER CAMP 2023

It's time to register for our Keel GAA Summer Camp 2023. We are really looking forward to another camp full of fun and games. The camp will take place from Wednesday 16th to Friday 18th of August from 10am-2pm each day. Ages eligible: Children who have completed Junior Infants up to children born in 2010. Cost: €20 for 1 child, €30 for 2 children, €40 for 3 children, €50 for 4 children. To register your child(ren): Please login to www.foireann.ie Click the 3 lines (drop down menu), click membership, Keel GAA. Then scroll to the bottom & choose the appropriate option & pay online. If you have any difficulties with registration, please contact us via social media or an underage coach. We look forward to seeing you all there!

SENIOR B

Commiserations to our B team who were defeated by Glenbeigh/Glencar B in the Division 6 Development League Shield Final on Thursday evening in wintery conditions in Killorglin. The final score was Keel 2-11, Glenbeigh/Glencar 2-16.

U13 INVITATIONAL TOURNAMENT

This Saturday Keel/Listry will host an invitational tournament consisting of the following clubs: Keel/Listry, Dr. Crokes, Ballyduff, Laune Rangers, Ballymac and Fossa. Group 1 consists of Dr. Crokes, Ballyduff and Keel/Listry and these games will take place in Keel. Group 2 games will take place in Listry, Ballymac, Keel/Listry and Fossa. Games will kick off at 10am and the finals will all take place in Keel. The division 3 final will take place at 1pm, division 2 final at 1:45pm and Division 1 final at 2:30. Please come along and support the teams involved. It promises to be a great event showcasing the U13 talent of our own club and the clubs involved. Best of luck to all involved!

UNDER 7S & U5S

Training continues Sunday from 10:30-11:30am. **KERRY MINORS**

Best of luck to Tirna Murphy and the Kerry Minor team who play Dublin in the All-Ireland U18 B Championship Shield Final on Wednesday (19th) at 7:30pm In Cahir GAA pitch, Co. Tipperary.

KERRY SENIOR LADIES

Best of luck to the Kerry Ladies Football team and management in the TG4 All Ireland Senior Football Championship semifinal versus Mayo on Saturday the 29th at 5pm in Thurles. Best wishes to Ciara Murphy and Caoimhe Evans from everyone at Keel GAA.

KERRY SENIOR MENS

Best of luck to the Kerry team and management in the All-Ireland Final versus Dublin on Sunday the 30th of July from everyone at Keel GAA.

DR. CROKES

ALL IRELAND FINAL TICKETS

The club have received a number of tickets to this years All Ireland Final between Kerry and Dublin. There will be a draw for tickets. Contact Christina Bartlett on 087 0946552 or email secretary.drcrokes.kerry@gaa.ie to get your name on the list by Sunday July 23rd.

Cur U14 girls travelled the short distance to Direen on Monday evening to play our near neighbours, Legion B. After a tense opening the girls settled into the game and scored a couple of well worked goals and a few points from range. Our midfield kept the ball in the right half and our forwards moved the ball well. Our backs were always in control and we got to half time with a healthy lead. The second half saw more of the same, though the conditions made keeping the ball hard the girls played some lovely football and held out for the win.

SUMMER CAMP

Our annual summer camp will take place on Monday 21st August to Wednesday 23rd August. Keep an eye on our social media pages as we have more details to follow.

DEFIBRILLATOR TRAINING

If you wish to attend this certified course contact Eamonn Fitzgerald on 087-6298606 or fitzgeraldfam48@gmail.com.

LOTTO took place on July 17th. Numbers drawn were 6, 9, 13, 20 Jackpot of €11,000 was not won. 17 patrons matched 3 and receive €25 each. Jackpot for draw on July 17th will be €11,000. We are calling on all members to support our weekly lotto play it online by following the link

below and follow https://play.clubforce.com/ play_newa.asp?ll_id=734#Anchor

BINGO Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €3,200 with another €2,000 in prizes to be won in 10 games of bingo. Everyone Welcome.

CONGRATULATIONS to the Kerry ladies and mens' senior teams on reaching their respective All Ireland semi final and final, especially to our own Kayleigh Cronin, Gavin White, Tony Brosnan, Micheal Burns and Shane Murphy.

CONDOLANCES to the Harnett family on the recent passing of Kathleen's mother Mary Murnane, Bantry. Condolences to Kinga and Pa McGrath on the passing of Kinga's father in Poland, and to the family of Pat McEnteggart on his recent passing in San Fransisco . Ar dheis Dé go raibh a n-anamacha.

NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@gaa.

MILLTOWN/CASTLEMAINE CLUB

LOTTO

Sponsored by Almas Takeaway, Milltown

The fortnightly club lotto draw took place on Monday, July 10th at the club grounds. There was no jackpot winner on this occasion. The numbers drawn were 2, 18, 28 and the bonus ball was 1. Congratulations to our Match 3 winner: Ray Flannery, Annascaul who wins €200. Our next club lotto draw is scheduled to take place on Monday, July 24th at 19:30pm in the Clubhouse where the jackpot will be €13,000.

CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 6, ROUND 11 RESULT

Milltown/Castlemaine 'B' 1-6

Killarney Legion 'B' 0-8

Well done to our Junior team who triumphed by the narrowest of margins at home to Killarney Legion on Friday night in the Credit Union County Senior Football League. With a strong breeze and plenty of rain it made for challenging conditions but both sides acquitted themselves well and it made for a tight, tense and exciting encounter for the onlookers.

Friday's win makes it 6 wins from 10 games so far in the County League campaign (1 round was a Bye). There is one final round remaining when the Junior team travels to face Churchill with date and time to be confirmed.

U10 GIRLS

Huge thanks to our Milltown/Castlemaine Ladies Club secretary - Anthony O' Connor - who set the ball rolling to get our Under 10 girls to play at half time on Saturday evening in the TG4 All-Ireland Ladies Senior Football Championship Quarter-Final between Kerry and Meath.

Despite the rain, much fun was had and many wonderful memories were made meeting and greeting the Kerry Senior Ladies not to mention playing at half time.

Míle buíochas arís Anthony for all the work you do for our girls here in Milltown Castlemaine GAA Club

U12 GIRLS

Our Under 12 girls welcomed Dingle to Paddy Burke Memorial Park on Wednesday evening for the 4th round of county league. An entertaining match from start to finish, with both sides evenly matched, it was a heart stopping end to the game but Dingle came away on a narrow margin to take the win. Very proud of our girls and how far they have come this season.

MILLTOWN CASTLEMAINE GAA CLOTHES RECYCLING COLLECTION

Our clothing recycling collection is now happening so we urge you to clean out your wardrobes of all unwanted clothes, sheets, blankets, towels, curtains, shoes etc and drop them to the Paddy Burke Memorial Park in Milltown. This is a wonderful way of doing your bit for the environment and raising much needed funds for our club at the same time.

CLUB MERCHANDISE & CLUB SHOP

Milltown/Castlemaine GAA club gear and merchandise is now available to buy online from both the Club Shop and direct from O'Neill's.

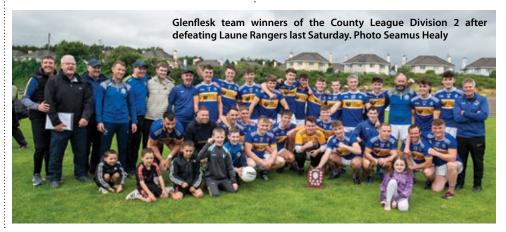
The Club Shop contains details of the large amount of branded Milltown-Castlemaine & Kerry stock we have available within the club, for immediate delivery, please use the link to check stock levels and sizes.

https://milltowncastlestore.sumupstore.com/
If you cannot find what you are looking for in
the club store, then club gear is also available to
purchase online in our dedicated O'Neill's club
shop. This site has everything from jerseys to
playing gear to wet gear for supporters.

https://www.oneills.com/shop-by-team/gaa/ireland/milltown-castlemaine-gaa.html

ITEMS FOR THE CLUB NOTES

If you have any items for inclusion in the weekly notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on Sundays.





DANNY **HEALY-RAE** TD

WEEKLY CLINIC ON:

SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.

CIIr MAURA **HEALY-RAE**



BUSES TO BELFAST FOR CATARACTS

DON'T WAIT ANY LONGER FOR YOUR CATARACT PROCEDURE, GET YOUR PLACE ON ONE OF THE MAY BUSES TO BELFAST NOW.

PASSPORTS

Check the expiry date on your passport.

Contact our office for advice BEFORE applying for your passport.

Danny Healy Rae TD - Monthly Clinics

1st Monday	Rathmore & Gneeveguilla	3rd Friday	Castleisland Area
8.15 PM	Top of the Hill, Rathmore	7.30 PM	River Island Hotel, Castleisland
8:30 PM	Bridge Bar, Rathmore	8.00 PM	The Kingdom Bar, Castleisland
9.00 PM	Dennehy's Bar, Rathmore	8.15 PM	The Crown Hotel, Castleisland
9.30 PM	Richie McAuliffe's, Gneeveguilla	9.00 PM	Hughes Bar, Cordal
1st Wednesday	Killarney Area	9:30 PM	Lyon's Bar, Scartaglen
8.00 PM	Torc Hotel, Lissivigeen	4th Thursday	Killorglin Area
8.30 PM	The Village Inn, Kilcummin	7:00 PM	Golden Nugget, Fossa
9.00 PM	Old Killarney Inn, Aghadoe	7.30 PM	Galvin's Bar, Beaufort
9.30 PM	The Golden Nugget, Fossa	8:15 PM	O'Grady's Bar, Killorglin
1st Thursday	Glenflesk & Barraduff	8.45 PM	Larkin's Bar, Milltown
8.30 PM	The Kerry Way, Glenflesk	9.15 PM	Griffins Bar , Castlemaine
9.00 PM	Spillane's Headford	9.45 PM	Anvil Bar, Boolteens
9:30 PM	Murphy's Bar, Barraduff	4th Friday	Kenmare & Sneem Area
10:00 PM	Sweeney's Bar, Barraduff	8.30 PM	The Roughty bar, Kenmare
1st Friday	Tuosist & Lauragh	9.30 PM	Riney's Bar, Sneem
9:30 PM	Sailors Bar, Killaha West	10.00 PM	Blackwater Tavern
10:00 PM	Helen's Bar Kilmacalogue	10.45 PM	O'Connor's Bar Kenmare
10:30 PM	The Lake House Tuosist	Last Monday	Farranfore Area
3rd Monday	Knocknagoshel & Brosna	8:00 PM	Ulick's Bar, Farranfore
8.30 PM	O'Connor's Bar, Knocknagoshel	8:30 PM	James Daly's Bar, Farranfore
9.00 PM	Walsh's Bar, Knocknagoshel	9:00 PM	Cunniffe's Bar, Currow
9:30 PM	Kate Pat's Bar, Brosna	10:00 PM	John Hendersons, Firies
9.45 PM	Sportsfield Bar, Brosna		

PLEASE CONTACT

Danny **087 2316055** Office **064 6685315** Maura **087 7816432** Johnny **087 2354793** Eileen **087 9975419**

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com





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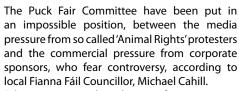
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Puck Fair...

"Not everything is black and white"





"The customs and traditions of our country are an onerous responsibility on all of us and we must strive to continue them and not turn in to a society with no identity. The Puck Fair Committee have come under unbelievable pressure from people complaining about how the Puck goat is treated and from sponsors, who fear controversy. The Committee seem to have had little choice, but to decide to keep the Puck off the stand for most of the duration, due to different types of threats to the Festival" stated Councillor Cahill.

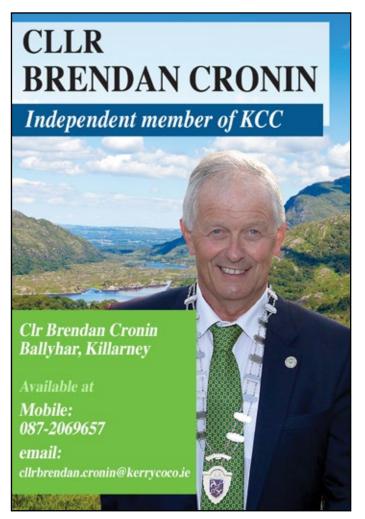
"Locally, we all know that there is no wild animal better treated in Ireland than the annual Killorglin Puck goat, with veterinarian treatment, washing, feeding etc. Feelings are running very high around the Killorglin/Mid and South Kerry region because of this decision, as Puck has been part of all our lives growing up. We could not envisage life without King Puck and of course it is upsetting to see it threatened in any way" said the Rossbeigh based Councillor.

"Am I and all my neighbours, old fashioned or are we being held to ransom by 'snowflakes', who campaign for animals while wearing cow skin shoes? Not everything is black and white, as they say and compromises may need to be accepted. We, the supporters of Puck Fair, will work tirelessly to ensure that Puck Fair is not destroyed for the generations to come" stated Councillor Cahill.









Ed 46 2023

TRADES&SERVICES

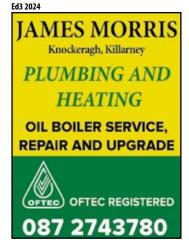














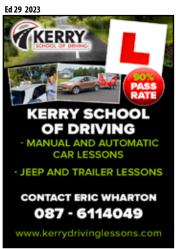
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ALZHEIMER SOCIETY OF IRELAND SERVICES FOR THE NORTH KERRY AREA

Day Care: The Rosemary Day Care Centre Balloonagh, Caherslee, Tralee has been operating a day care service since the 1990's. Presently, it is open four days a week taking care of up to 12 clients per day. They also provide an information and advice service 4 days a week.

Contact details: Kathriona S. McCarthy, Nurse/Manager: 066 7180377

Day Care at Home: The Day Care at Home service provides an alternative model of care and support to our clients and families. ASI staff visit the persons home and engage in personalised activities with them in their home.

Day Care at Home Contact: Elizabeth Deane: 087 2165104

Home Care: Our home care service assigns a trained dementia care worker to client's home for a number of hours per week. We provide support, activities and practical information to the person with dementia as well as respite from caring for the caregiver. Our focus is to support the person with dementia in engaging in activities at home and enabling them to remain in their community for as long as possible.

HOME CARE INCLUDES.

- One to one committed support from the same Home Carer
- Conversation and companionship
- · Meal preparation, personal hygiene and dressing
- Assistance with exercise and pursuing recreational activities
- · Respite from care giving for the care giver

Home Care Service Contact: Kathleen Herlihy, Home Care Co-ordinator: 087 2291583



For more information please contact:
ALZHEIMER SOCIETY OF IRELAND SERVICES FOR SOUTH KERRY

South Kerry Home Care Service – Michelle O'Shea: 086 8830577 National Helpline 1800 341 341

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GARDEN

MAINTENANCE

It is important at this time of year to do some pruning in the garden. Climbers such as wisteria and pyracantha should be pruned back now after flowering. Rambling roses can also be pruned back if they too have finished flowering. Shrubs like hexes should be given alight pruning at this time of year as the flowers are fading in them. You can also give your hedges a final trim until next year, they will be very little growth from now on.

Don't go too hard especially with coniferous hedges as that would leaving them with dead looking patches for the winter.

Also the time is right to dead head your roses as this will keep them flowering into early Autumn. Roses that aren't looking too good now and have lost some of their foliage can be cut back a bit further to encourage new growth.



JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



ANY NEWS?

Contact: Aisling Crosbie

T: 086-0400958 | E: news@outlookmags.com

Outlook Mr. write

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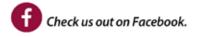
Welcome back dear student. The holidays are well underway, children have a break from school, parents are hopefully enjoying time with them, getting a break from homework and rushing about. Is there any such thing though as a true break? Because 'wherever I go, there I am'. That means that even though one may go away on holiday all the problems will come too, only now in a different location. "Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. Stand firm against him and be strong in your faith" (1 Peter 5:8-9). The devil never takes a break - he constantly schemes evil and wickedness regardless of the season. Human beings cannot keep going constantly everyone needs a break. God did not create our bodies to endure chronic stress; pressure is only for tyres as they say! Many sicknesses begin when one gets beat down from crisis after crisis, resulting in the body producing high levels of cortisol and adrenaline, causing it to be at 'dis-ease'. Often, to cope with the fear and fatigue, some take to the bottle, or other forms of drugs to help get through it. This may end up in a destructive cycle which can cause the body or the mind to break down in sickness. It's hard to deal with that alone. There are wonderful doctors to help but that may only be a temporary fix, if at all. "My people are being destroyed because they don't know Me" (Hosea 4:6 NLT).

The way out of destruction is to come to know God by repenting of sin and turning back to Him. "In returning and rest you shall be saved, in quietness and confidence shall be your strength" (Isaiah 30:15). Many folks may know about God in their heads, but few have relationship with Him the way that God desires — through His Son Jesus (John 14:6; John 3:16). Some may think that getting to know God is much too deep, fearing it will turn them into crazy religious freaks. That's a lie Satan wants them to believe, thus keeping them distant from God, and under the enemy's power instead on a lonely and frightening, destructive pathway. Religion is man's way of getting to God - embedded with rituals and good works. But Relationship is God's way of coming for man (John 12:44-50; 1 John 4:14-18). There's nothing wrong with doing good things, but they are not the basis of Salvation - knowing the Lord Jesus is (Ephesians 2:1-5; Romans 10:9-17). Things may be going amazingly now, but everything can change in an instant and then people know all about it. Many problems and stress stem from one question — 'who is Lord in my life?' Because whoever I bow down to, that is whom I serve (Romans 6:16).

Coming to a Bible study to know God causes something supernatural to occur – spiritual growth! And it's easy to start. God likens us to newborn babies when we start seeking Him. Like any loving parent God will feed, nourish and nurture us on our journey with Him. And the journey sure becomes more peaceful and pleasant than the one navigating through this life alone. "Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation... now that you have tasted that the Lord is good" (1 Peter 2:2-3). God is so good. He is forever Faithful and True and in Him you will find rest.

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797

CHURCH OF THE RESURRECTION CHILDREN'S LITURGY GROUP

would like to invite you to the Parish Centre after 11.00am Mass on Sunday the 23rd of July for a cup of tea and a chat. Looking forward to seeing you there. All Welcome

EUCHARISTIC ADORATION; takes place every Tuesday at the Church of the Resurrection from 5pm—9pm. St Mary's Cathedral every Wednesday at 11.15am—5.30pm. Church of the Holy Spirit, Muckross Thursdays 4pm – 6pm.Franciscan Friary Fridays 2pm—6pm, Holy Hour every Sunday 6pm—7pm

BALLYHAR CHURCH: VOLUNTARY CONTRIBUTIONS FOR THE PAINTING OF BALLYHAR CHURCH WOULD BE GREATLY APPRECIATED. Please drop in your donation in an envelope marked BALLYHAR PAINTING OF CHURCH to Fr. Kennelly, The Presbytery, Firies or into the collection basket at the Firies Church Saturday evening Mass at 7.30 pm or the Ballyhar Church 10 am Mass Sunday morning. Thank You.

TUSLA, the Child and Family Agency, are currently recruiting new foster carers to meet the growing demands for placements given the ongoing humanitarian crisis. To find out more about becoming a foster carer please call 1800 226 771.

MEDUGORJE PRAYER GATHERING: Thanksgiving celebration with Rosary, Holy Mass, Confessions & Adoration followed by a cuppa and chats. Currans Community Centre (V93PP44) JULY 20TH at 7:00pm. All welcome. More info contact Tom 086 8380406.

NATIONAL GRANDPARENTS PILGRIMAGE TO KNOCK SHRINE on Sunday 23rd July 2023. 2.30pm Anointing of the Sick in the Basilica 3pm Pilgrimage Mass followed by the Rosary Procession.

KERRY DIOCESAN PILGRIMAGE TO KNOCK; will take place on the 26th of August leaving St. Mary's Cathedral at 7.00am on Saturday the cost pp is €25 Please Contact Sheila at the Parish Office with names and Contact Details 064 6631014 or email; killarney@dioceseofkerry.ie Please spread the word to those living away who might like to attend.

KERRY DIOCESAN PILGRIMAGE TO LOURDES will take place from Sept 1st to the 6th led by Bishop Ray. Flights from Kerry Airport. Note the covid regulations on the poster. Booking through Marian Pilgrimages Dublin. See posters on notice boards for details.

UPCOMING CEMETERY MASSES

AGHADOE CEMETERY MASS: Monday 24th of July 8.00pm Pls note the date change

NEW CEMETERY MASS: Monday 7th of August at 7pm.

HEALING PRAYER: The next day of prayer for healing at Our Lady of Lourdes Church Scartaglen will be on Sun Sep 17th. Our team is taking a break for July and August. We wish all our patrons a relaxed and happy summer and we look forward to meeting you all again in September.

YOUTH 2000: Join young people between 16 and 35 this August at the Youth 2000 Summer Festival. The festival takes place in Clongowes Wood College, Clane, Co Kildare from Thursday 10th August to Sunday 13th August 2023. For more information and to book your place go to www.youth2000.ie

FALL PREVENTION PILATES for Seniors- levels - Beginner, Intermediate, Chair and Balance. Tuesdays 11am and 12pm, Thursdays 10am and 11am, Fridays 8pm- in Sport Complex - Killarney. Contact Jola 0872832370

BINGO at St. Mary's Parish Hall, will be held on Thursdays@ 8.30pm

IN MEMORIAM

TO PLACE A MEMORIAL ON THE KILLARNEY OUTLOOK

Please email details to: graphic design@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Ria on: **087 7160372**

Please include a contact name, address and telephone number.

> Full Column: €20 2/3 Column: €15 1/3 Column: €10 Prayers: €10 each

payment can be made via credit card by calling 1800 71 40 40

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine. Amen

Say this prayer three times for three days and your favour will be granted. Thank you for favours received

MM

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted. Thank you for favours received

MM

CHRISTIAN MEETINGS WORSHIP, BIBLE STUDY, PRAYER. In Fossa Community Hall SUNDAYS 11.30am to 12.45 pm. www.killarneychristiangroup.ie Contact Diarmuid on: 087-6741190

PSALM 91:1-2

Whoever dwells in the

shelter of the Most High

will rest in the shadow of

the Almighty.

I will say of the LORD,

"He is my refuge and my

fortress, my God,

in whom I Trust."

Brid

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Brid

JESUS

May your Sacred Heart Lord Jesus, be praised, glorified and honouredthroughout the whole world now and forever. Repeat this 3 times.

10TH ANNIVERSARY

In Loving Memory of CIAN O'DONOGHUE



BORN INTO ETERNAL LIFE on 19th of July 2013

> Deep are the memories Precious they stay No passing of time Can take them away They bring a smile Sometimes a tear But always a wish That you were still here.

Sadly missed and lovingly remembered by your Auntie Siobhan, Cousin's Cassandra and Ellen.

> A silent thought, a quiet prayer For a special person in God's care.

NOVENA TO ST. CLAIRE

Ask St. Claire for three favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful novena.

May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever. Amen Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised.

