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Well known Killarney character, Sean O'Donoghue with Mrs Anna May McHugh, Managing Director & Secretary of National Ploughing Association (NPA) visited Killarney to celebrate the 10th anniversary of the establishment of Killarney Valley Classic and Vintage Club, at the Killarney Race Course. The Club has raised thousands of euro for local charities since their establishment in 2013. From left, Tom Wharton, Tom Leslie, Chairman, Killarney Valley Classic and Vintage Club, Anne Marie McHugh, Assistant Managing Director National Ploughing Association (NPA), Karina McCarthy, Killarney Credit Union, Cathaoirleach Killarney Municipal District, Cllr Brendan Cronin. Photo: Valerie O'Sullivan



THIS WEEK

17:11:23

WINNER WINNER JIMMY'S IS THE BEST AT CUSTOMER SERVICE

See Page 4

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FROM THE EDITOR

Thankfully, Killarney escaped with relatively little or no damage from Storm Debi this week, a week which saw publicans and students winning awards. Popular Hostelry Jimmy Brien's Bar has scooped the top award for the Best Customer Service in Ireland at the Irish Pub Awards while students at Lissivigeen National School are also celebrating a Silver Award at Ireland's Best Young Science Filmmakers Ceremony. Killarney Valley Classic & Vintage Club held a night to remember to

Aisling Crosbie.

celebrate their 10th year, Kilcummin Mother's & Others tested their general knowledge and it was a trip down memory lane for a popular Killarney lady. Students at St. Brigid's Presentation got to grips with road safety at a RSA Roadshow, Sherry and Soup was on the menu at Killarney House and fantastic work

continues at the Kenya Education Project. Twins with a Killarney connection are the leads in a new film, plans are underway to host the final Pop Up Gaeltacht of 2023 and Killarney Judo Club secured a fantastic 27 medals at the recent Munster Open.

With plenty of action from the pitches, courts and fairways and Jimmy taking a look at All Things Sport, we have lots for you to enjoy in this week's Killarney Outlook.

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A beautiful sunrise at The Demense last Saturday morning captured by Elaine Clifford



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WINNER WINNER.... JIMMY'S IS THE BEST AT CUSTOMER SERVICE

There was jubliant scenes in The Mansion House in Dublin on Wednesday when hugely popular Killarney hostelry Jimmy Brien's Bar were announced as the Best Customer Award Winners at the Irish Pub Awards.

A group of loyal customers joined Publican Alan Breen and and barman Declan O'Riordan for a road trip to the awards.

Following a quick pit stop to Dail Eireann where the group met Danny Healy Rae TD, it was time to don the black ties for the glamorous award ceremony, at which it was announced that Jimmy Brien's Bar Killarney gave the Best Customer Service to its many patrons.



Alan Breen and Declan O'Riordan are joined by some of their loyal customers at the Irish Pub Awards where they won the Best Customer Service Awards



Deputy Danny Healy Rae greets the group at Dail Publican Alan Breen and Bartender Declan O'Riordan The popular Jimmy Briens Bar on College Street. Eireann

pictured with their award

SILVER SUCCESS FOR LISSIVIGEEN NATIONAL SCHOOL

Fourth Class students at Lissivigeen National have won second place in the Keeping it 'Reel' - Ireland's Best Young Science Filmmakers at the Galway Science and Technology Festival in University of Galway

From planets to penicillin and artificial intelligence to vaping, short science videos made by young Irish filmmakers have been celebrated at the 11th Annual ReelLIFE SCIENCE Awards in University of Galway.

The event took place on Sunday November 12 as part of Science Week 2023 and the 26th Galway Science and Technology Festival.

More than 400 short science films were entered into the competition created by 2,600 young science enthusiasts in 131 schools and youth groups across the island of Ireland.

Fourth class students from Lissivigeen National School, brought judges on a trip around the solar system in 'The Science Video',

Winning videos were selected by a panel of guest judges including science communicator and engineer Dr Niamh Shaw; RTÉJr TV presenter and scientist Mark 'The Science Guy' Langtry; and the 2023 BT Young Scientist and Technology Exhibition winners, Liam Carew and Shane O'Connor.

Mr Tommy Buckley, 4th Class teacher in Lissivigeen NS explained,

"For the past six weeks, we've been diligently working on a project for the REELlife Science Video Competition. Our task was to create a 1-3 minute video focusing on any scientific topic of our choice. After weeks

> of brainstorming and refining our ideas, we democratically settled on the intriguing subject of space. Under my guidance, we crafted a script and even composed a rap song. We conducted auditions to fill the 14 speaking roles and recorded both individual and group audio sessions for the song. The movie was filmed over three days, and I handled the editing process. We submitted our project, and hoped for the best", Mr Tommy Buckley, 4th Class teacher in Lissivigeen NS told Killarney Outlook.

> Two weeks later, we received the exciting announcement that our video had been selected among the top 3 at the primary school level. Last Sunday, I, along with 8 pupils, travelled to Galway for the awards ceremony. During the event, we were honored with the second-place prize, which included a trophy, a customised movie poster, and an incredible €500 prize for our school.

> Suffice to say, we are absolutely 'Over the Moon' here in 4th class!!", he added.



SFI Director General Professor Philip Nolan with teacher Tommy Buckley and students from Lissivigeen National School, Killarney, Co. Kerry. Photo: Andrew Downes, XPOSURE

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KILLARNEY VALLEY CLASSIC VINTAGE CLUB Enjoy A Night to Remember

ast saturday evening Killarney Valley Classic and Vintage Club had an evening of celebrations to _ mark ten years of the club.

With over 100 guests in attendance on the night, live music, lovely food and a Vintage vehicle display it was a night to remember.

We wanted to have this event for anyone that has been involved with the club over the years especially the many members of the club.

Some of the special guest on the night included Anna May McHugh and her daughter Anna Marie McHugh of the National Ploughing Association along with Major Brendan Cronin and John Drummey of Kerry Mental Health.

They all spoke about how much the club has done for the local community between charity fundraising and involvement in the local community along with the Vintage shed which promotes Mental health with the regular Thursday night meet ups.

Tom Leslie, Club Chairman gave a recap on the clubs ten year history and thanked the many sponsors who have been involved over the years.

The beautifully restored Honda 70 motorbike which is been raffled for charity was on display and tickets can be got at www.killarneyvalleycv.com for $\in 10$.

There was music and crack for the rest of the night to mark an event that everyone will remember.

Membership for the 2024 year will start again shortly and we are always welcoming new members.



Mrs Anna May McHugh, (left) Managing Director & Secretary of National Ploughing Association (NPA) and her Daughter Anna Marie McHugh Assistant Managing Director (NPA) visited Killarney to celebrate the 10th anniversary of the establishment of Killarney Valley Classic and Vintage Club, with Tom Leslie, Chairman of Killarney Valley Classic and Vintage Club. The Club has raised thousands of euro for local charities since their establishment in 2013. Photo: Valerie O'Sullivan



Mrs Anna May McHugh, (centre) Managing Director & Secretary of National Ploughing Association (NPA) and her Daughter Anna Marie McHugh Assistant Managing Director (NPA) visited Killarney to celebrate the 10th anniversary of the establishment of Killarney Valley Classic and Vintage Club at the Killarney Race Course on Saturday, Gathered is Tom Leslie, Chairman of Killarney Valley Classic and Vintage Club, and committee members of the Vintage Club. T Photo: Valerie O'Sullivan



Nifty 50!...Well known Killarney character, Sean O'Donoghue meeting Mrs Anna May McHugh, Managing Director & Secretary of National Ploughing Association (NPA) visited Killarney to celebrate the 10th anniversary of the establishment of Killarney Valley Classic and Vintage Club, at the KIllarney Race Course. Photo: Valerie O'Sullivan



Mrs Anna May McHugh, (centre) Managing Director & Secretary of National Ploughing Association (NPA) visited Killarney to celebrate the 10th anniversary of the establishment of Killarney Valley Classic and Vintage Club at the Killarney Race Course on Saturday. Special Guests included, Aine O'Donoghue, Secretary Killarney Race Course, Cathaoirleach Killarney Muncipal District, Cllr Brendan Cronin, Karina McCarthy, Killarney Credit Union and John Drummy, Kerry Mental Health. Photo: Valerie O'Sullivan





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OFFICIAL OPENING OF UHK NEWLY RENOVATED INTERIM ONCOLOGY DAY WARD

University Hospital Kerry has announced the official opening of its newly renovated Interim Oncology Day Ward. Located within the hospital in a reconfigured space of the Ratoo Ward, this dedicated medical oncology unit exemplifies a commitment to patient-centred care and comfort.

The newly transformed unit provides a modern, bright, and compassionate environment, ensuring patients experience privacy and a welcoming atmosphere. UHK's teams supported by the CUH oncology Directorate along with HSE Estates have meticulously planned the interim unit, placing patients and their journeys at the heart of the design. Patient feedback has been invaluable in shaping this purpose-built space, ensuring it meets the needs of those undergoing treatment. A specific contribution was also made to this Unit by the 'Comfort for Chemo Kerry' charity in the form of funding for specialist relaxing treatment chairs designed to support our patients with comfort during this challenging time.

The UHK Management Team expressed their gratitude to the Palliative Care Services, staff members who relocated from the Ratoo Ward, and the dedicated teams in Estates, Maintenance, and Building Contractors for their invaluable support in making this transition possible. Mary Fitzgerald said "Your dedication has turned the vision into reality. To all of the staff who worked tirelessly, ensuring a smooth service transition to the new interim Unit. Thanks to you, our patients will receive the care they need in their new surroundings"

Acknowledging the exceptional dedication of UHK's oncology team, including nurses, clinical nurse specialists, advanced nurse practitioners, registrars, consultants, and support staff, the hospital also extended its heartfelt thanks to the people of Kerry. Their unwavering support has played a pivotal role in bringing holistic, patientcentred oncology care closer to home.



University Hospital Kerry (UHK) is honoured to announce the official opening of its newly renovated Interim Oncology Day Ward. Located within the hospital in a reconfigured space of the Ratoo Ward. Pictured : Linus Burke (centre) cutting the take to open the new Oncology Day Ward with (from left) Olivia O'Rahilly ,Business Manager, Trish Hickey, Manager of Oncology Day Ward, Dr Dinead Noonan, Medical Oncologist, Mary Fitzgerald, General Manager UHK and Chairperson Comfort for Chemo Kerry, Drina Burke, Fr. Gerard O'Leary, Aisling O'Carroll, Asst Director Manager of Oncology and Carol Mannix, Director of Nursing. Photo By : Michelle Cooper Galvin - Domnick Walsh Photography



University Hospital Kerry (UHK) is honoured to announce the official opening of its newly renovated Interim Oncology Day Ward. Located within the hospital in a reconfigured space of the Ratoo Ward. Photo By : Michelle Cooper Galvin - Domnick Walsh Photography



The Gum Litter Taskforce Bin It! Roadshow which was on a visit Kerry to drive positive behavioural change around attitudes to gum litter amongst students. Photo By : Domnick Walsh © Eye Focus LTD.

The Gum Litter Taskforce's Bin It! Roadshow visits Kerry!

Thehe Gum Litter Taskforce Bin It! Roadshow visited Killarney this week to drive positive behavioural change around attitudes to gum litter amongst students. Throughout the week, students from St Brigid's Presentation Secondary School took part in the hourlong workshop, where they learn more about correct litter disposal and the important role, they can play in caring for the environment.

The Bin It! Roadshow is an integral part of the Gum Litter Taskforce's (GLT) gum litter education campaign, promoting the responsible disposal of gum litter to schoolchildren through fun actor-led workshops and interactive learning materials. This year is the largest roadshow to date, with performances scheduled for 70 schools across the country.

For schools not registered for this year's Bin It! Roadshow, the Gum Litter Taskforce will also continue to provide useful lesson plan material on its website, with materials made available to over 730 schools across Ireland to date.

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KILCUMMIN GAELIC MOTHERS & OTHERS TABLE QUIZ

Kilcummin Gaelic Mothers & Others put their thinking caps on last week for a fun fill quiz night to raise funds for the club.

The event, held on 10th November at the Killarney Avenue Hotel brought together many trivia experts for a night of fun, knowledge, and generosity.

The competing teams, representative of Kilcummin and further afield were in high spirits as our wonderful Quiz Master, the maestro himself, Cathal Walshe put the participants through their paces with a variety of questions, testing the most ardent intellectuals on the night!

"Indeed, Cathal went above & beyond by demonstrating his musical prowess by entertaining those convened with a few of his favourite tunes. A special word of mention our neighbours, to Killarney Legion Mother's & Others who added much to the night and who's support for the event was much appreciated", Ann Marie O'Leary told Killarney Outlook.

The "Big Raffle" on the night contributed enormously to the fun and atmosphere of the evening, and also

Gaeliccontributed in no smallOthersway to the final financialg capsoutcome.Ahugethank you to all thep raisegenerousbusinessesp.andindividualswhoId oncontributedprizestoat thethis part of the night.the night.

"We are overwhelmed by the incredible support we received on the night but also from the many businesses & individuals who helped to make the night a great success" stated Ann Marie O Leary, one of the organisers of the event added.

"We would also like to extend our gratitude to the management and staff of the Killarney Avenue Hotel who hosted the evening and we would like to take this opportunity to thank all who attended and participated on the night" Ann Marie went on to say.

The night generated over €1,300.00 for the Kilcummin Mothers & Others Ladies Football Team and the funds raised will help to support our ever growing Mothers & others Football team Kilcummin here in the over comina months. New members always welcome. See the Kilcummin Club Facebook page for details.



Members of Kilcummin Gaelic Mothers & Others pictured with quiz master Cathal Walshe



All smiles for the camera at the quiz



A great night out enjoyed by all





Testing their knowledge at the quiz



All smiles for the camera at the quiz



All glam at the quiz for Kilcummin Mothers & Others

Testing their knowledge at the quiz

FEXCO GROUP ANNOUNCES EXPANSION INTO THE SINGAPOREAN MARKET

Fexco Group, the Irish financial services, technology, and business services group, has announced its entry into the Singaporean fintech market, with the opening of a new regional headquarters in Singapore. With over four decades of leadership in fintech innovation, Fexco's

financial services expertise makes the Group ideally positioned to establish a presence in Singapore. The city-state's stature as a global fintech epicentre makes it an important strategic hub for Fexco's growth plans in Southeast Asia. This regional headquarters will see Fexco Group build on its international market growth through its global partnerships as well as through direct customer acquisition, where it estimates it will



double its presence in the market in the next two years. Fexco has already cemented its position in several Asia Pacific markets, with operational bases in Hong Kong, Japan, Australia, and the Philippines where its partnerships with MUN (Japan), Bank of China (Hong Kong and

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Its the talk of the town...

With Anne Lucey

Anne Lucey looks at the positive news happening in the town of Killarney

It's not the leaves that are leaving. It's the leaves that are falling that bother me

Leaf peeping is a big industry across the Atlantic with Maine other states staging big marketing campaigns to attract visitors to trail the big Fall colour.

It's not the leaves that are leaving that bother this column, but the leaves that are falling - to paraphrase Winnie the Pooh.

The leaf fall has been spectacular over the past week and is about to gear up. Nice to look at, but treacherous to walk on. I asked the NPWS about their programme of path sweeping. They have been too busy clearing trees in the wake of Storm Debi to talk about leaves, they told me from their press office in Dublin. It's a fair point. Except paths are treacherous and slipping on leaves is a risk

Killarney is not the same town any more

The town has been galvanized over the past two weeks with news of further international protection applicants set to arrive. On a side note, I cannot understand the obfuscation of language by the Department of Integration. International Protection Applicants until recently were the more manageable term 'asylum seekers'; Ukrainians refugees now are 'beneficiaries of temporary protection,' BOTPs for short. Why isn't there one straightforward word for everyone?

The straw that is breaking the camel's back is the Muckross Road are the plans to place 70 males of different nationalites and religions in 'an overgrown house' as Woodlawn's Paudie O' Mahony put it on Sunday night.

Already, much of the tourist accommodation on the Muckross Road is gone to Ukrainian refugees, it has to be remembered.

But what is happening to our town in general? Denis Courtney from Woodlawn summed spoke for many. He certainly echoed what I have been hearing over the past year in Killarney.

Denis thanked the organisers of the meeting for allowing people to express themselves because there was simmering anger and a



factor too. Street and town paths are not immune. In Tralee during the week the Ashe Street North Circular Road junction saw us all gingerly picking our way. I met one woman who told me she was 'terrified' to walk.

A similar picture can be painted in Killarney. The area opposite the East Avenue and all along Mission and the Port Roads is treacherous underfoot, however beautiful and golden overhead.

Trees in urban areas are to be cherished and are uplifting. But leaves do fall.

I was surprised to learn how in Killarney there are no specialised leaf cleaners in operation.

The street sweepers will brush and vacuum a lot of what falls on the road 'and it is a matter of the humble brush or mini-sweepers to deal with the public realm areas', the council spokesman tells me.

But there is no special operation or machine.

real possibility the anger would explode, he said.

"We are the silent majority. Let it be clear. People are bubbling underneath," Denis said. People saw the financial benefit for some but at the cost to the town, he pointed out. (Others too asked if the hoteliers and guesthouses in the refugee industry are asked to contribute directly to health and education costs).

Locals were not going into Killarney town, Denis pointed out.

"Where are the 13,000 people from Killarney? I walk around the town - local people are afraid to come in," he said

Living in Killarney with 30 years, he loved Killarney and there was no place like it.

'It's a changed town,' he said to applause.

There were interventions of 'No, No' to Minister Norma Foley who spoke of Ireland's international obligations. In fairness, no other country seems as 'obliged' as we. Danny Healy-Rae pointed out how compared with much larger France, Ireland should have 5,000 Ukrainian refugees, and no more.

Chairman Cathal Walshe, assisted by Sheila Casey and Anne Burns did a good job with the town hall style meeting at the East Avenue on Sunday and are to be congratulated. No racist speeches or extremism was tolerated. The two meetings chaired by Cathal - at the Old Weir and East Avenue - saw hundreds come out to voice their dismay, not just at the Muckross Road

Niall O'Callaghan - who has called the situation correctly from the word go - was one of many who directly appealed to the three TDs present (The Sinn Fein TD and Fine Gael TDs did not show up).

'The reason this meeting needs to be held is very simple: our services in the town of Killarney cannot take any more. Our



Maybe it's one for our Dear Politician Santa list. Could Killarney get leaf sweepers which might be shared regularly between the NPWS going down Mission Road and along Port Road and by the Demesne to Killarney House and back? And maybe these will be deployed at the first leaf fall?

businesses in the town cannot take any more. We need help. We need our TDs and our people of influence in Dublin to stand up for us,' an emotional Niall said.

'It's all about cashing in now, in my view and it's cashing in on the people of Killarney, and their quality of life', Niall said.

On this note at the Old Weir, Bernadette Randles made it quite clear she too could apply but would 'not sacrifice' tourism in Kerry. She got a round of applause.

Polish, and English people living and working here with years were among those at the Old Weir and East Avenue voicing their concerns.

A Polish man here with seven years and whose wife is from the Ukraine said his heart was 'bleeding' for Killarney, which was attracting so many people. He understands Russian and he thinks no proper checking is being done.

No one had consulted the 96-year old neighbour who lived alongside Kingscourt/ Harmony Inn where the latest refugees were to be placed, the meeting was also heard. She has been living there for 70 years.

Máire from Woodlawn raised the reality of immigration and displacement of people now and into the future in such a troubled world. She also felt those financially benefiting in Killarney right now should offer services in terms of health and education.

The fact there is no community centre in Woodlawn/Muckross Road for locals and for people getting older to meet up and talk was another strong point by Máire.

The centre for Woodlawn will be on our Dear Politician Santa list. Where it all goes from here is not clear. I am reliably told that Minister O'Gorman is not for turning on Kingscourt. But will it stop at that, is the question.



 ADULT AUDIOLOGY PAEDIATRIC AUDIOLOGY MICROSUCTION EAR WAX REMOVAL HEARING
 SOLUTIONS

A trip down memory for Anne

t was a trip down memory lane for popular Killarney lady Anne O'Shea when she welcomed Anna May McHugh, Managing Director & Secretary of National Ploughing Association (NPA) toher home during the week.

Accompanied by her Daughter Anna Marie McHugh Assistant Managing Director (NPA), they visited Killarney to celebrate the 10th anniversary of the establishment of Killarney Valley Classic and Vintage Club. They took time to reminisce and made a surprise visit to Anne O'Shea and her family in O'Sullivan Place. Anne, whose late husband Paddy, well known community stalwart, football and hurling champion, and local historian. Paddy had written an inventory of machinery for the World Ploughing Championships when it was held in Killarney in 1954. Paddy's meticulous programme included a detailed catalogue with the name of each tractor, the number and signature of each competitor - at that time Paddy worked in Cullotys Garage in College Street and had a great interest in machinery and cars.

Anne presented the programme to Tom Leslie, Chairman of Killarney Valley Classic and Vintage Club who in turn presented it to Anna May McHugh, who was secretary of the National Ploughing Association when the world championships were held in Killarney. It was the first World Ploughing Contest to take place on European soil and the second ever World Ploughing Competition. Both Anna May and Anne recalled many stories, including the 'frock' for 'Queen of the Plough' which was purchased in Hilliard's drapery shop!

Anne O'Shea's own family were also involved with the historical event. "I remember my parents owned a bar in College Street, my father had the franchise for the bar on the grounds of Killarney House. Because he was a civil servant, he wasn't





supposed to be running a bar. My Mother made the sandwiches, and he washed the glasses (out of sight)"

The McHugh Ladies were ushered to Killarney Race Course, as special guests of honour, to celebrate the 10th anniversary of Killarney Valley Classic and Vintage Club. The Club has raised thousands of euro for local charities since their establishment in 2013.

FIRST KERRY FILM COLLECTIVE Deemed a Huge Success

Two Killarney Film makers Eugene D'Arcy and Ben Ryan successfully organized the first-ever Kerry Film Collective event on Saturday, November 11th. Held at the Anam Cultural and Arts Centre, the event aimed to inspire and unite local filmmakers, providing them with a platform to showcase their films to the community.

The Kerry Film Collective is dedicated to nurturing and promoting the immense talent within the local community. With a vision to expand this event on a regular basis, the collective aims to become a prominent outlet for filmmakers, actors, and writers to shine among a wider audience.

The event witnessed an impressive turnout, with over fifty individuals from the community in attendance. Notably, the event featured the screening of various films, including a short film adaptation of Tim

Buckley's renowned poem, "On The Shores Of Sweet Loch Leane." Also shown was Charlie O Brien's Macalla Chill Áirne (Killarney Echo).

"The success of this event is a testament to the passion and dedication of our local filmmakers. We encourage all aspiring filmmakers, actors, and writers to reach out and utilize our platform to showcase their work." Ben Ryan (co-founder)

The Kerry Film Collective is actively seeking collaborations and submissions from filmmakers, actors, and writers interested in participating in future events. To learn more about the collective and get involved, please visit their official Instagram page: @kerryfilmcollective or contact them on info@kerryfilmcollective.com



Pictured at the Kerry Film Collective: Left to right, Sean Looney, Ben Ryan, and Eugene D'Arcy



Pictured at the Kerry Film Collective: Left to right, Ben Ryan, Eugene D'Arcy, Marcella O'Connor, and Michelle Rosney





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With her Holistic Approach to Life JENNY OPENS HER NEW STUDIO IN AGHADOE

Sense of Community is very important to Jenny Vidal. The owner of AR KILLARNEY, looks at life in a peaceful and holistic way, balancing healthy living along with physical and emotional health.

Killarney Outlook visited Jenny this week at her new studio in Aghadoe and heard all about the different facets of Jenny's work.

"Sense of Yoga was born 20 years ago and to this day, my goal is not to give the meaning of yoga, but rather yoga makes sense to me."

"For me, yoga is a way of living, an ancient philosophy of life, it makes sense to me, living in a practice, so, the same with the sense of health, for something personal, I began to learn to take care of myself, always thinking about how to be healthy, in balance, physically and emotionally", Jenny said. Jenny studied her passion in

the UK and then in India and Thailand and has grown from classes in hotel gyms to her beautiful new yoga studio at her home in Aghadoe.

"This beautiful space allows for connection between people, allows us to take charge of our wellbeing and gives us the chance to pass on peace to the next generation", Jenny said. Jenny's holistic approach to life

is very evident when you are speaking to her, her peaceful

aura and positive attitude shows that she looks after her body, mind, soul and diet.

"I feel that it is very important to live in a community, not to be individual or separate but to be there to support each other and to be connected", Jenny added.

Jenny practices many health treatments including Pranic Healing, which is an ancient art and at the same time a modern science that uses prana or vital energy to heal physical, emotional and mental ailments.

She also took on a new project during lockdown - 'Sonas Kombucha',

"It was born during the pandemic; as another personal motivation, to improve good functioning of the digestive system, and the immune system", Jenny said.

Handmade by Jenny, using ancient methods to create a delicious/healthy fermented beverage Kombucha - a natural health drink consumed across the world for thousands of years.

Sonas is a fermented tea and is a fantastic support for the immune system as well as boasting many more health benefits.

Sonas Kombucha is high in antioxidants and may aid in the prevention of several diseases by supporting the bodies



Jenny Vidal in her new studio in Aghadoe.

natural detoxification process.

Sonas Kombucha can kill harmful bacteria and is a potential source of probiotics which can promote good gut health.

Sonas Kombucha consumption has also been linked to reducing heart disease risk, managing Type 2 Diabetes and protecting against some cancers.

Jenny also offers clients many various forms of Massage Therapy including Deep Tissue, Sports Massage, Reflexology and Aromatherapy.

Retreats to both Spain and India are very popular with Jenny's clients. "Participants have time just for themselves with time to relax, connect with your inner self, swim, walk in nature along the coast, experience therapeutic mud baths, visit a historic city where you can experience an ancient culture, enjoy a delicious dinner by the sea, and all this accompanied with your daily yoga practice, relaxation, breathing, and meditation", Jenny said.

Jenny Vidal certainly embraces life and is grateful for creating her dream and she can be contacted on 0879176796 Email: ar_killarney@gmail.com

Ár Killarney is based at 34 Old Killarney Village Aghadoe.

Killarney, V93D2KO



Yoga clients pictured at Ar Killarney with Jenny Vidal. Included are Pat McCarthy, Julie Quinn, Jenny Vidal, Mary Delaney, Stephanie O'Callaghan and Helena Buckley.



The new studio in Aghadoe

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Ár Killarney is an incorporation of what has been learned throughout these 25 years of spiritual and physical journey, going through different places and times, learning and practicing how to be healthy, both personally and in health. So, Jenny Vidal's philosophy is tested herself and then done with her students.

"It is thinking about how a way of living can benefit not only myself, but others"

SENSE OF YOG

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- Herbal Colon Cleansing
- Prana Sea Salt
- Sonas Kombucha





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Overseas tourism to Ireland continues to rebound in the first year post pandemic limitations – according to Tourism Ireland. Air access to Ireland is up for winter 2019, including from two of the island's biggest source markets, Great Britain (at 103% of 2019 levels) and North America (112%). Hotel occupancy is also ahead of 2019 levels, albeit with the caveat that the industry is operating in a new reality, with 13% of rooms under contract for humanitarian reasons.

As Tourism Ireland prepares for 2024, the organisation is mounting a significant presence at World Travel Market (WTM) in London this week, with around 75 tourism companies from Ireland on its stand – including Killarney Jaunting Cars. Around 2,800 meetings will be conducted on the Ireland stand, delivering overseas tourism business for Ireland next year worth millions of euro. Tourism Ireland will be bringing together those Irish tourism providers who have more capacity to welcome visitors with international tour operators with the skills and scale to bring valuable tourists to the island.

WTM marks the beginning of the promotional drive overseas for 2024. It's the largest B2B event in the global travel and tourism calendar.

Alice Mansergh, Chief Executive Designate of Tourism Ireland, said: "As we look to 2024, our presence at World Travel Market is really important to kick-start our promotional drive overseas. In our first full year post pandemic, every tourism business is eager for recovery. When we talk to tourism operators across Ireland, we know that overseas tourism is playing a vital role.

"We are delighted to have around 75 tourism companies from Ireland joining us at this year's WTM, for an estimated 2,800 commercial meetings with international tour operators. We facilitate connections between the world's leading tour operators and diverse tourism businesses across

KILLARNEY JAUNTING CARS attends world's largest travel fair

Tourism Ireland mounts strong presence at World Travel Market in London



Louise O'Mahony, Killarney Jaunting Cars; and Joe Cruise, Tourism Ireland, at World Travel Market in London.

Ireland, helping introduce overseas visitors to delightful experiences on our island and strengthening the spread of the economic and social benefits that tourism brings."

Tourism Ireland's message at WTM is that Ireland has so much to offer across regions and seasons. The organisation will be showcasing iconic reasons to travel to Ireland, expanding people's bucket lists from best-known spots to our hidden gems. It's an exciting year ahead, as 2024 marks the 10th anniversary of the Wild Atlantic Way, providing Tourism Ireland with another great hook to showcase the iconic route. Next year, Tourism Ireland will dial up its 'Ireland, Home of Halloween' message, celebrating Ireland as the birthplace of one of the world's most

celebrated festivals, and ultimately growing Halloween in Ireland to be an iconic 'must do' in the shoulder season.

Tourism Ireland brings a sensory burst of nature to WTM this year, with a spectacular wildflower installation and an interactive area to listen to the sounds of nature on its stand. The installation consists entirely of Irish planting and has been designed by Worm, a floral design studio in East London which is owned by two Irish women. Visitors to the stand can also enjoy the 'sounds of Ireland' – they'll be able to don headphones to listen to the soothing sounds of the sea, our forests, cosy pubs and the spoken word from some of our best-loved poets.

STUDENTS LEARN ROAD SAFETY WITH THE RSA

Students in St. Brigid's Presentation were very fortunate to have the Road Safety Authority (RSA) Interactive Shuttle Bus on site in the school last week allowing all senior students have the invaluable opportunity to actively engage in the road safety education workshops.

Each workshop is 1hour in durations and during this time, Nikki, the Road Safety Educator gives the students a briefing on road safety and some harrowing facts regarding accidents on our roads. Each student can then experience every simulation on board from driving a motor bike, a car, a bicycle and also experience first-hand the dangers of texting whilst driving and driver fatigue.

Road safety is a collective responsibility, and this free resource is one which all post-primary schools should avail of.

Many thanks to the National Road Safety Education Service provided by the RSA for this invaluable service.



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NATIONAL BRAVERY AWARDS for Don and Donal

The Ceann Comhairle, Seán Ó Fearghaíl TD, presented 26 National Bravery Awards to individuals from across Ireland who risked their own lives to aid others in peril. Included in those who were awarded an award were International Fashion Designer, Don O'Neil and Donal Hanley who rescued a man from the sea at Ballyheigue On the 24th of September 2022 a man, who was a regular sea swimmer, found himself caught in a rip tide while swimming in the sea off Ballyheigue Beach, Co. Kerry. He began shouting for help and was struggling to stay afloat when Donal Hanley and Don O'Neil entered the water and swam out to him. At this point he was some distance offshore and all three were swept out further to sea while struggling to stay afloat in the strong current. Due to the current and the sea conditions all three were in fear of their lives but after some time battling the waves all three eventually got back to the safety of the beach. The rescued man, who was a strong and experienced swimmer, was very appreciative of the assistance of both Don and Donal and recognised they were instrumental in saving his life that day.

For their actions, Donal Hanley and Don O'Neil are each awarded a Bronze Medal and Certificate of Bravery by the Ceann Comhairle, Seán Ó Fearghaíl TD.

Last Friday's ceremony at Farmleigh House in the Phoenix Park, Dublin, brought recipients together to receive twenty six certificates, six Bronze Medals and thirteen Silver Medals. James Nicholl received a posthumous Gold medal award for Bravery.

The annual honours are awarded by Comhairle na Míre Gaile – the Deeds of Bravery Council – which was founded 76 years ago in 1947 to enable State recognition of exceptional Acts of Bravery. The Council is chaired by



International Fashion Designer, Don O'Neil and Donal Hanley who rescued a man from the sea at Ballyheigue are awarded at the National Bravery Awards by Ceann Comhairle, Seán Ó Fearghaíl TD

the Ceann Comhairle and includes the Cathaoirleach of Seanad Éireann, the Lord Mayors of Dublin and Cork, the Garda Commissioner, the President of the Association of City & County Councils, and the Chairman of the Irish Red Cross.

Recipients from Wexford, Kildare, Laois, Cork, Kerry, Limerick, Mayo, Meath, Wicklow, Donegal and Dublin were among those honoured at the ceremony in Farmleigh House, for acts of bravery and courage.

St.Brigid's Law Students Visit Killarney Courthouse



Students from St Brigid's Presentation Secondary School Law Society and Transition Year Law Programme, along with their teacher Mr. Kelly, attended the Crime and Road Traffic Offences District Court Hearing at Killarney Courthouse.

The students were first greeted by Court Registrar Mrs. Mary Horgan and prior to proceedings had the opportunity to meet with and hear from various members of the legal profession in the Killarney area. Some of the legal professionals introduced to our students included practising solicitors Mr. Pádraig O'Connell and Mr. Brendan Ahern, Barrister at Law, Mr. Patrick Barrett and various members of the Garda Síochána.

Students were educated on the different career routes in law and Mr. Barrett BL spoke to the students about his educational path to qualifying as a Barrister, his daily working life and the various areas of law that he practises in.

Judge David Waters initiated proceedings and went through the various "Charge Sheets" within the Killarney District area since the last court session. Students then observed case hearings in respect of theft offences, burglary offences, assault offences, drug and alcohol offences, road traffic offences and other public order offences.

"This was a great opportunity for introducing our prospective legal eagles to various practitioners of the legal profession in the Killarney area. Many thanks to all at the courthouse for facilitating this experience for our students", Jer Lyons, PRO of St. Brigid's told Killarney Outlook.



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'SHERRY AND SOUP' The Story of the McShain's

As part of the Autumn series of talks at Killarney House, Sherry and Soup' - The Story of the McShain's was delivered by Rachel Kavanagh on Thursday night.

Rachel has researched and gathered a wonderful collection of anecdotes and stories in her pursuit of securing an archive documenting the extraordinary lives of the aristocrats of Killarney - The Earls of Kenmare and more contemporary American connection in the McShain family. Their influence in the growth of Killarney town and generosity to the Nation of Ireland must always be remembered. Pictured with Rachel Kavanagh at the Autumn Series of talks are her are work colleagues, Horacio Prieto, Padruig Brac O'Sullivan, (organiser), Harry O'Donoghue, Nikki Wissell, Éamonn Meskell, Divisional Manager NPWS, Dermot McGuckin

Photos: Valerie O'Sullivan



Pictured with Rachel Kavanagh at the Autumn Series of talks are her are work colleagues, Horacio Prieto, Padruig Brac O'Sullivan, (organiser), Harry O'Donoghue, Nikki Wissell, Éamonn Meskell, Divisional Manager NPWS, Dermot McGuckin.



'Sherry and Soup' - The Story of the McShain's - delivered by Rachel Kavanagh, Killarney House, as part of the Autumn series of talks at Killarney House, on Thursday night. From left, Margaret Scally, John Kehoe, Theresa Irwin, Catch Doolan and Sheila Casey.



'Sherry and Soup' - The Story of the McShain's delivered by Rachel Kavanagh, (right) Killarney House, as part of the Autumn series of talks at Killarney House, on Thursday night. From left, Kathleen O'Brien, Theresa O'Leary, Harry O'Donoghue.



Family Carer of the Year is Kathleen O'Sullivan from Portmagee pictured with her daughter Hannah.

Kathleen O'Sullivan named Netwatch Kerry Family Carer of the Year

Family Carers Ireland, the national charity supporting Ireland's family carers, is delighted to announce that this year's Netwatch Kerry Family Carer of the Year is Kathleen O'Sullivan from Portmagee. This prestigious accolade recognises the exceptional dedication and commitment of family carers across the nation who provide vital care at home for loved ones with additional needs.

Kathleen is an incredible and passionate individual who is constantly giving her time to help others. Kathleen, in particular, cares for her daughter Hannah who has cerebral palsy. Her family says that she is always caring for and doing so much for them. Living in a remote area of the country, they say they don't have a wealth of resources, but Kathleen goes above and beyond in caring for her family.

Now in their 16th year, the Netwatch Family Carer of the Year Awards continue to pay tribute to the remarkable work of over 500,000 family carers in Ireland who care for children or adults with additional needs, physical or intellectual disabilities, frail older people, those with palliative care needs or those living with chronic illnesses, mental health challenges or addiction. TO ADVERTISE CALL: DES 087 6593427 | E: des@outlookmags.com





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CASTLEISLAND WINNER OF LOCAL FOOD HERO AWARD

Mary Thea Brosnan from Castleisland has been announced as the recipient of the '2023 Listowel Food Fair Local Food Hero Award'- with her food product 'Kerry Kefir'. Speaking about the special presentation Listowel Food Fair Chairman, Former Minister of State in the Department of Agriculture, Food and Rural Development Jimmy Deenihan said:

"I am delighted to present Mary Thea Brosnan with the "2023 Listowel Food Fair Local Food Hero Award" - In Association with Kerry Local Enterprise Office. This award shines a spotlight on a "Local Food Hero" who has lead the way with their labour intensive, hand produced product while also keeping the integrity of it intact. Mary Thea Brosnan and 'Kerry Kefir' is the only small batch fermentary in Ireland dedicated solely to the production of milk kefir the old fashioned way. Her dedication to producing the best result has not only supported our local Kerry farmers but has also cultivated a sustainable and vibrant fermented food culture in the locality and further afield.With Mary Thea Brosnan's kefir grains and Kerry cow's milk, our 2023 Listowel Food Fair Local Food Hero has transformed one Photo: Domnick Walsh simple ingredient into something extremely

special which is Kerry Kefir.



Winner of the the 2023 Listowel Food Fair Local Food Hero Award was Mary Thea Brosnan. Pictured are Sarah Fitzgerald, Niall Geoghegan of Tipperary Crystal, Mary Thea Brosnan and Festival Chairman Jimmy Deenihan. Photo: Domnick Walsh

Beyond the 'Kerry Kefir' she makes, Mary Thea Brosnan is steadily becoming a name synonymous with health, in particular with gut and digestive health in all corners of Kerry and throughout the country, fostering a sense of care through her actions and words. In doing so, she has become more than just a food producer. Mary Thea Brosnan is an

ambassador for the goodness of Irish milk and gut and digestive health, connecting us all through the universal language of wellbeing and food. Mary Thea Brosnan is a worthy recipient of this prestigious award, which is in recognition of her hard work, dedication and achievements within the local, regional and national Irish food sector".



Linda Duncan, Tourism Ireland; and Brian Miley, The Gleneagle Group, at the Classic Motor Show in Birmingham.

'Drive' to inspire British tourists to visit Kerry

Seven tourism businesses from Ireland, including Sneem Hotel and The Gleneagle Group, joined Tourism Ireland at the Classic Motor Show in Birmingham over the weekend.

The Classic Motor Show is an annual event which takes place over three days and attracts around 70,000 people, offering an excellent platform to spread the word about car touring holidays here among British car enthusiasts – and prospective holidaymakers for Ireland.

Julie Wakley, Tourism Ireland's Head of Great Britain, said: "The Classic Motor Show was an excellent opportunity to highlight our superb driving routes, including the Wild Atlantic Way. 2024 marks the 10th anniversary of the Wild Atlantic Way, which provides us with another great hook to showcase the iconic route.

"Tourism Ireland is encouraging British travellers to come and discover Ireland by car. Visitors who use a car on holidays tend to stay longer, spend more and are more likely to visit more than one region. Our message is that Ireland is a great choice for a driving holiday."

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A CAREER IN PRIMARY TEACHING is rewarding and fulfilling

SURVEY

According to a survey carried out by the Irish National Teachers Organisation (INTO), in conjunction with the Irish Primary Principals Network and the Catholic Primary School Managers Association, 800 teaching posts in primary schools in Ireland are unfilled due to a shortage of primary school teachers. The survey also anticipates additional 1,200 vacancies within the next three months.

DISADVANTAGED

Dublin and other urban areas are disproportionately affected, with 63% of all vacancies in county Dublin. Disadvantaged schools, Gaelscoileanna and special schools are also experiencing particular difficulties finding teachers. While 28% of the schools which participated in the survey reported long-term vacancies, that percentage rose to 50% of the country's most disadvantaged DEIS (Delivering Equality of Opportunity in Schools) schools and Gaelscoileanna, and to 43% of special schools. **CHALLENGE**

The survey confirms that teacher shortage is the greatest challenge facing primary education. A spokesman for the Department of Education said a range of measures in Budget 2024 will result in targeted measures to address recruitment issues. Also, an additional 1,000 posts of responsibility will be provided in schools for the 2024/25 school year. 610 additional places have been approved on initial primary teacher education programmes for the 2023/24 and 2024/25 academic years.

NEEDED

So, it's obvious that more primary teachers are needed and the additional places available in the teacher training colleges shows that the Department of Education is serious about addressing the shortage. The B.Ed. in Primary Education is a four-year, full-time, honours

degree (Level 8) designed to qualify students to teach in primary schools. It's accredited by the Teaching Council and equips participants with the competence to teach at all levels of the primary school. The degree is available at four locations.

- Mary Immaculate College Limerick (MIC)

Ml004 Primary Teaching International, 558 points in 2023; Ml005 Primary Teaching, 497 points in 2023; Ml006 Primary Teaching (Gaeltacht Applicants), 463 points in 2023; Ml008 Primary Teaching and Psychology, 577 points in 2023

- Dublin City University

DC002 Primary Teaching, 487 points in 2023; DC003 Primary Teaching (Gaeltacht Applicants), 453 points in 2023; DC004 Primary Teaching (Church of Ireland), 401 points in 2023; DC005 Primary Teaching (Irish Sign Language Pathway)

- Maynooth University

MH001 Primary Teaching, 496 points in 2023; MH002 Primary Teaching (Gaeltacht Applicants), 543 points in 2023

- Marino Institute of Education, Dublin

CM001 Primary Teaching, 477 points in 2023; CM002 Primary Teaching (Gaeltacht Applicants), 451 points in 2023; CM003 Bunmhúinteoireacht, 462 points in 2023; CM004 Bunmhúinteoireacht (Daltaí Gaeltachta), 459 points in 2023

REQUIREMENTS

The entry requirements for primary teacher training are a minimum of H5 in no fewer than three subjects and a minimum of O6 or H7 in three other subjects, to include minimum of H4 in Irish; O4 or H7 in English; O4 or H7 in Mathematics.

SUCCESSFUL

addressing the shortage. The B.Ed. in Primary A successful primary school teacher has a Education is a four-year, full-time, honours passion to help children learn, an ability to

inspire young minds and a commitment to ensuring that every child achieves her/his potential. S/he has excellent communicating skills along with good numerical, grammatical and spelling skills. S/he has the ability to develop good working relationships with children, parents, and carers. Good organisational, time management skills, teamwork skills, patience and flexibility are vital in the classroom. An effective teacher is able to design learning which motivates children and has the ability to deal with challenging behaviour. Most of all, an enthusiastic teacher enjoys sharing the working day with young active children who are full of energy, fun and goodness.

REWARDING

Facilitating young people to learn is one of the most satisfying and rewarding careers of all. By choosing the Bachelor in Education (Primary) programme you will embark on a four-year course that prepares you for working in primary schools in Ireland. You will find out how children learn to read, write, count and calculate. You'll learn how to introduce them to the arts, to the magic and mysteries of the world around them and how to grow and develop in a healthy way. Is there any more satisfying and fulfilling career?

NOTE: This article was written as a tribute to a talented and passionate Primary Teacher who lost her young life in very tragic circumstances. Her name is Ashling Murphy. Please remember Ashling and her heartbroken family and friends in your thoughts and prayers.

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

The annual College Awareness Week (CAW) is taking place from November 20th to November 24th 2023. The campaign promotes the benefits of a post-secondary plan for all and supports students to become 'college ready'.

Kerry Branch of Guidance Counsellors will celebrate College Awareness Week by holding a Careers Fair on Thursday, November 23th in the MTU Kerry Sports Academy, North Campus, Tralee which is open to the public and all second level schools from 9.00am to 1.30pm and admission is €3.00. Universities and Technological Universities from throughout Ireland will have stands at the event as well as some colleges from the UK and Europe. Agricultural colleges, the National Learning

GETTING COLLEGE READY

Network, the Defence Forces, an Garda Síochána and organisations providing apprenticeships, traineeships and further education, such as Kerry College of Further Education & Training will also be present. Representatives from SUSI Grants, HEAR (Higher Education Access Route) and DARE (Disability Access Route to Education) will also attend. Information talks for students on PLCs and Apprenticeships will take place at various times during the day.

Several Information talks for parents will be held on Wednesday evening, the 22nd of November also in the MTU Kerry Sports Academy. Parents are invited to attend whatever talks are relevant to their son/daughter. Admission is free and they provide parents with the opportunity to support their son/daughter at this important time. The times are as follows:

7pm: HEAR (Higher Education Access Scheme) EUNICAS (Colleges in Europe)

8pm: DARE (Disability Access Route to Education)

UCAS: Information about studying in the UK CAW aims to inspire and inform all students about the importance of having a postsecondary education plan. It advocates for students to have the choice to pursue the course best suited to their interests, abilities and dreams, whether that is a FE qualification, an apprenticeship or a university degree.



Immerse yourself in festive magic and celebrate the Christmas season at The Killarney Park with our Festive Afternoon Tea.

Set against the relaxing backdrop of live piano music and served in the warm and contemporary surroundings of The Peregrine, expect a scrumptious feast of scones, cakes and pastries all with a seasonal flavour that pay tribute to the long standing tradition of Afternoon Tea. Reservations for festive afternoon tea in The Peregrine in December are now open. Bookings can be made for 1pm, 2pm or 3pm, Saturday and Sunday, subject to availability.



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FANTASTIC WORK CONTINUES AT THE KENYA EDUCATION PROJECT

Eddie Sheehy Updates Readers of Killarney Outlook on happenings in Embulbul, Kenya, during 2023

During 2023 a number of volunteers visited the Kenya Education project (KEP) in Embulbul, Kenya and distributed funds, clothes, sports equipment and medical items in the village. In February the village experienced very heavy rainfall which caused devastation to families in flooded areas of the village. Beds, blankets and household items and footwear were supplied to those most affected.

In February Daire and Eddie spent some time in the village meeting many older people who lost so much due to the mud and water seeping into their corrugated homes. Footwear was donated as well as bags of rice and ugali as a short term response to rising food and fuel prices which is causing hardship for many families.

In July Triona visited the project and instead of organising the annual Summer Camp bought new shoes for 30 families. She also organised a food distribution morning for 30 families who struggle to provide for their families. She noticed particularly the continued rising fuel prices which impact on so many people using public transport on a daily basis. The price of maize and rice continues to spiral. While working there she was joined in EmbulBul by Ellen and Jane McGillicuddy and Amy O'Sullivan, work colleagues who were visiting Kenya at the time.

In September Michelle Griffin of Muckross visited for the first time. A qualified nurse she worked in the parish dispensary innoculating new born babies and helping with post natal check ups for mothers and babies. She witnessed at first hand the working of the feeding programme ,met with parents of sponsored students, visited the homes of many needy families ands helped in food distribution for 40 families. While chatting with the matron of a hostel for girls on the grounds of the school, she learned of the difficulties some girls experience in obtaining sanitary and hygiene products during menstruation. It is hoped to highlight this issue in the months ahead and provide funding in 2024 through local secondary schools in Kerry.

Amy and Eamonn continue to help while living and working in Kenya with the transfer of money when needed in the school and the coaching of basketball teams in Edmund Rice Catholic Education Centre.

None of this work and support would be





Daire gifts running shoes to Michael

possible without the generous support of many people in the Fossa and Killarney areas who continuously support the project and it's fundraising activities. Asante Sana to all.



Michelle Griffen distributing food to needy woman

UP COMING FUNDRAISER ROOM AT THE INN CHRISTMAS CONCERT, FOSSA CHURCH, SUNDAY DECEMBER 17TH 6PM. BENEFICIARY: KENYA EDUCATION PROJECT



Triona was joined in EmbulBul by Ellen and Jane McGillicuddy and Amy O'Sullivan, work colleagues who were visiting Kenya at the time.



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Staring Roles for Twins with a KILLARNEY CONNECTION

A FILM BY MARTYN TOTT





Harry and James Knight, who are staring in a nfew film The Mystery of Mr. E.

The sons of a Killarney woman who has lived in London for many years are the stars of a new film which is set to be released on November 25th, 2023 in both the UK and the USA.

Philippa O'Connell, daughter of Hazel and the late Ralph O'Connell from Woodlawn Park is mum to talented twins Harry and James Knight, who are the lead stars in the film, The Mystery of Mr. E - A Murder Mystery Musical Movie!

This completely unique, ground-breaking 'first' of a movie is hugely entertaining, intriguing and entirely satisfying puzzle that will entertain a range of ages, with ten catchy, memorable songs .And it comes

from the brilliant storytelling imagination of the inimitable Sophie Hannah - queen of the irresistible plot hook and the unguessable solution — whose books have sold millions of copies in 51 countries.The film 'The Mystery of Mr E' is set for release on November 25th 2023, initially on a worldwide streaming platform. Directed by Martyn Tott, with a cast of both new and experienced actors, this film is the very first ever murder mystery musical movie.

The boys are no strangers to Killarney, visiting their grandmother but have also performed at St. Mary's Cathedral with the Westminister Choir, raising money for the Kerry/Cork Health Link Bus.

.

Killtallagh School is Flying High!



DATES FOR YOUR DIARIES!

Dochas Drama Group will present six short plays in the Muckross School House. Tues 5th Dec, Weds 6th Dec and Thurs 7th Dec at 8pm. Some questions will be asked.

Is it always a good idea to tell the truth? Why are two women waiting? How do I handle office politics?

These and other questions will be asked throughout the performances. For more details see next week's Killarney Outlook. Just before midterm, on Wednesday October 25th, there was huge excitement as students and staff from Kiltallagh N.S. in Castlemaine boarded a flight at Kerry Airport bound for Dublin. The group first visited Trinity College and enjoyed a lovely picnic in the autumnal sunshine. They then visited Dr Niall Muldoonthe Children's Ombudsman in his office in Earlsfort Terrace and presented him with a painting of all the children's handprints which they had worked collaboratively on during their Art Class the previous weeks.

Whilst at the Ombudsman's Office, they also gained even more knowledge concerning the rights of children and participated in a workshop with Thomas - a facilitator in the Ombudsman's Office.

Then it was time to visit Dáil Éireann where they got a tour of the Dáil and the Seanad. The real highlight of the day (apart from the flight to Dublin) was meeting with Minister for Education Norma Foley. This was a wonderful experience for the children where they got to update Minister Foley on all the amazing activities they had enjoyed since her visit to our school in April 2023.

A brisk walk back to Hueston Station ensured the children had plenty of time to enjoy some nice food and spend their pocket money- prior to boarding the train home to the Kingdom. Needless to say- Supermacs and Off Beat Donuts were the biggest hits! A delightful day was had by all!





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KILLARNEY HISTORIC RALLY LAUNCHED



Anthony O'Connor ((Clerk of the Course) Thomas Randles (Killarney & District Motor Anthony O'Connor ((Clerk of the Course) and Thomas Randles (Killarney & District Club Chairman) and Alan Ring (O'Donoghue Ring Collection) at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Killarney and District Motor Club will host the event on Friday December 1st and Saturday December 2nd. Picture: Eamonn Keogh



Motor Club Chairman) in front with Brian Lawlor (Group General Manager O'Donoghue Ring Collection), Damien Price (Deputy CoC), Cllr John O'Donoghue (Deputy Mayor of Killarney MD) and Alan Ring (O'Donoghue Ring Collection) at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Picture: Eamonn Keoah



Rally at The Killarney Plaza on Sunday. Picture: Eamonn Keogh



Eloisha and Tiarna Falvey at the launch of the Killarney Towers Hotel Killarney Historic Robert, Jack and Mark Falvey and Ronald Riordan at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Picture: Eamonn Keogh

FINAL POP UP GAELTACHT OF 2023 PLANNED

On the 24th of November, Courtney's bar of Plunkett Street will host the 5th and final Pop Up Gaeltacht of 2023 in Killarney. Back in April, when the founders organised the first Pop Up, they intended for it to be a one off event. Half a year later, the event has grown from less than 30 attendees, to over a 100 people of all different ages and abilities speaking Irish together.

The establishment of the Pop Up Gaeltacht has brought together Killarney's Irish speaking community and building off of that momentum, the organisers are hoping to go beyond the confines of a pub setting for future events. Attendees at the Pop Up have proposed numerous additional ideas and in the New Year, plans for a recurring Irish language coffee morning and a regular hiking group of Irish speakers have been proposed. In celebration of the final Pop Up Gaeltacht of the year in Killarney, having grown from a passing idea amongst school friends to a growing movement, the organisers are hoping the next Pop Up Gaeltacht on the 24th of November will be the biggest thus far. Those attending the Pop Up are encouraged to wear Christmas jumpers and craic, ceol and great company can be promised for the night.

"If you have wanted to come to the Pop Up, but haven't been able to,

this is your chance. Upstairs in Courtneys bar of Plunkett Street on the 24th of November, come along and try something new", organiser James Knoblauch told Killarney Outlook.





GLENEAGLE INECARENA

DECEMBER 2023



He's making a list, he's checking it twice and his elves have been in touch with their friends in Killarney to find out who's been naughty or nice.

But the best news of all is that Santa Claus is coming to town.

The jolly man in red has booked a cosy corner at Killarney Outlet Centre where he will spend every weekend from the end of November until Christmas, meeting and greeting excited children and their families as the most magical time of the year rapidly approaches.

Taking a break from the hive of activity that is the North Pole workshop, Santa's sleigh will touch down for the first time on the weekend of November 25/26 and he will return to town every weekend right up until December 22/23.

Santa will be in his fabulous cosy corner from 1.00pm to 5.00pm each day and families who want to get souvenir snapshots with the man who makes Christmas wishes come true are encouraged to have their own cameras or smartphones to hand.

The opportunity to meet and greet Santa and chat to him about the magic of Christmas is absolutely free of charge and he said he is really looking forward to hearing what the boys and girls of Killarney would like to find under the tree this year.

There will be gifts galore throughout the stores in Killarney Outlet Centre every day until Christmas and all the 20 stores in the building are making a very special effort to spread some festive cheer for 2023.

And Santa has reminded those looking for good gift ideas that Killarney Outlet Centre gift vouchers are available from the management offices for use in all stores.

SANTA books his seat in the cosy corner



A CHANCE TO FOLLOW IN JEAN'S FOOTSTEPS AS VOLUNTEERS IN SPORT AWARDS 2023 ARE LAUNCHED



2022 Sports Volunteer of the Year, Jean Courtney

A chance to follow in the footsteps of Sports Volunteer of the Year 2022, Jean Courtney from Killarney is now open to all unsung heroes who dedicate their days to sport.

This week the Federation of Irish Sport announced the launch of the 2023 Volunteers in Sports Awards, a highly anticipated event set to recognise the unsung heroes who breathe life into sports in every corner of the country. Supported by the National Network of 29 Local Sports Partnerships these dedicated volunteers are the backbone of sporting communities, and it's time to celebrate their unwavering commitment.

Nominations for the awards are now open, and you can submit your entries at the dedicated awards website, www. volunteersinsport.ie. Under the banner of #DedicatedToTheDedicated, these awards are more than just a ceremony; they are a celebration of the remarkable individuals who pour their hearts into sports in every county across Ireland.

For the last 20 years, Jean has been the

person who enters every athlete into each competition locally and nationally. She rarely misses a competition and has been driving athletes all over Ireland for the last two decades. The success of the club is in no small way down to Jean's commitment and there would be no athletics club in Killarney without her hard work and determination.

The 2023 awards will celebrate volunteers from all counties and culminate in a spectacular in-person awards ceremony, scheduled to take place on Thursday 29thFebruary 2024. Nominations opened today Monday, November 13th, and the window for entries will close on Monday December 18th, 2023. The nominations received will be meticulously shortlisted and thoughtfully considered by our Judging Panel. This prestigious event will see 32 county awards presented, and one exceptional individual will be crowned with the coveted Outstanding Volunteer Award. For more information and to submit your nominations, please visit www. volunteersinsport.ie

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NEWS BITES...

GAMBLERS ANONYMOUS

Gamblers Anonymous open public meeting in the Rose Hotel Tralee on Friday 24th November at 8.30pm. All welcome. Refreshments afterwards. For information contact 0872444128.

ALONE IRELAND

Alone Ireland are looking for volunteers to visit or call an older person and help combat loneliness in your area. Demand for their services is higher than ever before. If you can help and would like to volunteer please visit www.alone.ie for more information.

TRACTOR RUN

Tractor run will take place on November 18th, registration in the Village Inn, Kilcummin at 11am - run starts at 1pm, followed by music with "The Sunday Cure". All proceeds go to Kerry Cancer Support Group, for more information contact Dale on 087 4592884. All Tractors, trucks, motorcycles, vintage and modified cars are welcome.

KILLARNEY PARISH SILVER CIRCLE - Week 5 Results -

1st Prize €500: Teddy Bowler, Mug & Bean Seller: Anne O'Leary 2nd Prize €250: Brenda Devane, Tralee Seller: Parish Office Winners of €100 each are as follows; John O'Leary, Kilbrogan Hse, Muckross Rd Seller: Evelyn O'Leary Rose & Margo c/o St Mary's Parish Hall Seller: Maisie O'Sullivan Paddy Lane, Boherbue Seller: Fr Jim Lenihan Barry O'Connor, Ferndale Ave, Woodlawn Seller: Joan Coffey Peggy Coghlan, Ballydowney Seller: Eileen O'Connor Winners of €75 each are as follows; James Barry, Coolcorcoran Seller: Martin Walsh Elma Walsh, Countess Road Seller: Fr Kieran O'Brien Lisa O'Connor, Glebe, Kilcummin Seller: Holy Cross Mercy Karen Smith, Coolgarrive Seller: Mary Kelly Nora Kelly, Ardaneanig Seller: Mary Kelly Paddy O'Donoghue, Glenflesk Seller: Anne O'Leary Hilary Fleming, Whitebridge Seller: John Ivory Margaret McCarthy, Kilcummin Seller: Mary O'Keeffe Eileen Hughes, Lissivigeen Seller: Paula Kavanagh Kathleen Ann McGillicuddy, Tiernaboul Seller: Mary O'Sullivan Darcy Congratulations to all winners, and thanks to all who supported, promoted and sponsored the draw this year. Tickets are still available from the Sacristies and Parish Office. This week's prize money is sponsored by: Randles Court Hotel, The Dromhall Hotel, Gleeson's Dental Clinic, Ashville Guesthouse, Aidan Kennedy Electrical & KWD Recycling

UPCOMING TALKS HOSTED BY KERRY ARCHAEOLOGICAL AND HISTORICAL SOCIETY

The Kerry Archaeological and Historical Society will host two public lectures over the coming weeks which will be of interest to a wide audience. The talks are part of the 2023 Programme for the Society which promotes the study and preservation of the county's archaeology,

preservation of the county's archaeolog heritage and history.

At Killarney Library on Thursday, 23 November at 7pm, historian Owen O'Shea will speak about the murder of Garda Sergeant James Woods in Scartaglin in December 1923 and the shocking aftermath of his death.

At Tralee Library on Tuesday, 12 December, historian Conor Brosnan will speak about the history of the promontory fort at Dún an Óir in west Kerry. The talk also begins at 7pm. KERRY ARCHAEOLOGICAL CC DISCORICAL SOCIECY

On Sunday, 3 December, the Society will host its annual social and will announce the recipient of the 2023 Heritage Award. Membership of the Kerry Archaeological and Historical Society is open at all times. For just \in 35, members can enjoy a series of lectures and outings, copies of the annual Society journal and the Kerry Magazine, and the opportunity to share a love of history and heritage with others.

More information at www.kerryhistory.ie

Elevated to the next level for Castleisland Community College students!



In the photo are: Emma O Donoghue, Katie Kerins, Bella Harmon and Amy McCarthy

Castleisland Community College students have been selected by Young Social Innovators to further develop their project on multiple sclerosis. The Young Social Innovators (YSI) Elevate is an accelerator initiative and support network that helps young people to advance their social innovation projects.

Their project was titled 'You know what gets on my nerves...Multiple Sclerosis'. The group consisted of four students- Bella Harmon, Katie Kerins, Amy Mc Carthy and Emma O Donoghue. It became a national finalist in the BT Young Scientist 2023 and it was also highly commended in the Young Social Innovators Competition last May.

The project involved an investigation into viral marketing and what form of media is best received by young people to spread awareness of MS (Multiple Sclerosis). Their research showed that short videos, reels and tiktok are the best means to spread awareness amongst young people. The students also worked with MS Ireland and they became MS Ambassadors. This involved presenting workshops to primary school students about MS and to encourage them to take part in the MS Readathon last November.

With guidance from their teacher Elaine Murphy, the students will now work with mentors from YSI and gain awareness for the initiatives they are working on.





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NEWS

Network Ireland Kerry's November event was held on the 8th of November to a packed audience at the RDI Hub, Killorglin, Co. Kerry. The event was held in partnership with Kerry Local Enterprise Office and profiled Kerry based businesses that have benefited and grown from the range of supports provided by the LEO. All the businesses profiled on the evening have female founders.

President of Network Ireland Kerry, Linda O'Mahony Logan welcomed the guests on the evening to what promised to be an engaging and lively discussion amongst the panel and those in attendance. The evening was emceed by Radio Kerry's Mary Gallagher, host of In Business, who firstly introduced the keynote speaker, Sinead Lonergan, Enterprise. With over 25 years' experience working directly with companies to plan and implement their scaling and export growth strategies. Sinead has worked as a Technology Transfer Advisor, a Scaling company Development advisor, and an export promotion advisor (in the US) and country manager (in France) for Enterprise Ireland. She has first-hand experience of advising companies, in a range of diverse sectors, on their market entry plans and successfully securing buyer introductions and export sales contracts for companies in international markets. Sinead is currently managing the Women In Business initiatives with Enterprise Ireland following a couple of years as an independent consultant advising companies on their exporting strategies. Among those the panelists was Pamela Neumann Co-Owner, Tango Street Food. A dynamic entrepreneur and co-owner of the renowned Tango Street Food restaurant in Killarney along with her husband Facundo Rodulfo Iglesias. Pamela's journey into the world of hospitality

Connecting the County



Linda O'Mahony Logan (Leadership360 and President of the Kerry branch of Network Ireland) pictured Fiona Leahy (Local Enterprise Office), MC on the night Mary Gallagher (Radio Kerry), Brigeen O'Sullivan (Match Marketing) and Emily Reen (MTU) at the November Network Ireland 'Kerry Branch Connecting the County Leading, Supporting, Collaborating with sponsor partner Kerry LEO' in the RDI Hub, Killorglin on Wednesday evening (November 8th). Photo: Michelle Breen Crean Photography

and business began in her family's hotel in Argentina. She not only grew up immersed in the industry but also managed the familyowned establishment, honing her skills and passion for the field. However, her story took a fascinating turn when she, along with her husband and children, decided to leave Argentina for Europe.

During their European adventure, Pamela spent several years in Spain, working in the hospitality and travel industry, with a focus on the UK and Irish markets. It was during this time that she fell in love with the picturesque landscapes and vibrant culture of Kerry. This

.

deep connection ultimately led her to move to Ireland with her family. Pamela is actively involved in the formation of a chamber of commerce for Latin American countries in Ireland, promoting commerce and cultural awareness.

Network Ireland Kerry's next event is their Christmas Party night, being held in the Rose Hotel, Tralee on the 30th of November. A great night of celebration is guaranteed with drinks on arrival, a sumptuous 4-course meal, lots of fun and prizes and a great fundraising initiative for their chosen charity partner, Recovery Haven.



A Chara,

Re: Public Meeting held in Killarney Avenue Hotel on 12th. November 2023.

Regarding the 77 people fleeing conflict & seeking asylum in killarney.

2,000 years later - still no room at the inn.

Colm O'Sullivan

GORTAGULLANE, MANGERTON ROAD, KILLARNEY, CO. KERRY.



Mary B Teahan (Irish Drain Services), Helen O'Sullivan (O'Sullivan's Bakery) and Sharon McGillicuddy (Lacuna Assist) pictured at the November Network Ireland 'Kerry Branch Connecting the County Leading, Supporting, Collaborating with sponsor partner Kerry LEO' in the RDI Hub, Killorglin.Photo: Michelle Breen Crean Photography



Panelists Jo Arbon (Holistic Hound), Sinead Lonergan (Enterprise Ireland), Pamela Neumann (Tango Street Food), Anna & Orla Snook O'Carroll (Valentia Vermouth), Dina Vyapuri (Techfindr), and MC Mary Gallagher (Radio Kerry) were presented with gift boxes by Aisling Foley from (Network Ireland Kerry/The Rose Hotel) for taking part in the November Network Ireland 'Kerry Branch Connecting the County. Photo: Michelle Breen Crean Photography



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FIRST OF BUDGET 2024 COST OF LIVING LUMP SUM PAYMENTS TO BE PAID NEXT WEEK

Minister for Education and Kerry T.D, Norma Foley, has said the first of the cost of living lump sum payments included in Budget 2024 will be paid next week.

The €300 Fuel Allowance lump sum, €400 Working Family Payment lump sum and €400 Disability support grant will all be paid during the week starting from Monday 20th November.

Minister Foley said: "Tackling the cost of living crisis was a key priority for Government in Budget 2024 and remains a top priority. I know that families in Kerry are trying to cope with the rising cost of essential items and services.

"Starting from Monday next week, the \in 300 Fuel Allowance lump sum, \in 400 Working Family Payment lump sum and \in 400 Disability Support Grant will be paid, in what are the first payments of the range of lump sum payments we introduced to help with the cost of living.

"I know that these lump sums will make a real difference and help to ease the pressure on families at this time."

Further cost of living lump sum payments will be made over the coming weeks.

During the week commencing the 27th of November, the \notin 200 Living Alone Allowance Lump Sum, \notin 400 Carer's Support Grant and \notin 100 per Increase for a Qualified Child Payment will be paid. On the 4th of December, the Christmas Bonus Payment and Double Child Benefit Bonus Payment will be paid.

From January, there will be a €12 Increase in all weekly Welfare & Pension Payments and during the week commencing 29th January the Cost of Living Double Payment will be paid.

Scholarships for Killarney & Kerry STEM students

Two Killarney students are among five Kerry women to have been awarded scholarships as part of the prestigious Women in STEM2D (WiSTEM2D) Undergraduate Awards at the first ever national event held in Thomond Park Stadium, Limerick.

Méabh O'Connell and Ciara Casey both from Killarney along with Alison Ward (Castleisland),Eimear O'Connor (Annascaul), and Sarah Lynch (Listowel),were amongst 62 students from across five Irish universities who have been awarded these prestitious scholarshi9ps.

The Award recognises outstanding female students in STEM2D disciplines: Science, Technology, Engineering, Math, Manufacturing and Design. Sixty-two students from Trinity College Dublin, University of Limerick, University College Cork, University of Galway and Munster Technology University have received scholarships as part of the programme. This is the eighth year of the annual awards programme, showcasing the company's commitment to advancing female excellence in STEM fields. This is the first year that the company has brought all recipients together for a day-long event, with all attendees benefitting from a unique learning experience, including workshops and breakout sessions, carefully tailored to foster their growth and provide them with the essential skills and knowledge needed to prepare them for a successful career. Research published by the Higher Education Authority earlier this year identified that 35% of students in STEM-related courses at third level are female. Furthermore, the HEA noted that the gender gap continues to remain evident at post-primary level. Johnson & Johnson recognises the importance of inspiring students to consider a career in STEM, and is committed to igniting the spark of curiosity in young minds, nurturing the STEM leaders

of tomorrow, and maintaining a robust talent pipeline to support the life sciences industry.

The five Kerry students selected to receive the scholarships are studying:

Sarah Lynch; Biological Sciences; Univeristy College Cork

Méabh O'Connell; Food Science; University College Cork

Eimear O'Connor; Chemical and Biochemical Engineering; University of Limerick

Alison Ward; Biomedical and Biological Sciences; Trinity College Dublin

Ciara Casey; Pharmaceutical Biotechnology; Munster Technological University



Dana Daneshvari, Site Lead, Janssen Sciences Ireland, and Dr. Alan Morrison, Vice-Dean for Undergraduate Affairs, College of Science, Engineering and Food Science, University College Cork are pictured with recipient Méabh O'Connell, University College Cork, at Thomond Park, Limerick to mark her receipt of a scholarship from global healthcare company, Johnson & Johnson, as part of its WiSTEM2D Programme. Picture: Conor McCabe Photography.



Niall Morris, Head of Department, Mechanical, Biomedical & Manufacturing Engineering, Munster Technological University and Stephanie Mabrouk, Plant Leader, DePuy Synthes, are pictured with recipient Ciara Casey, Munster Technological University, at Thomond Park, Limerick to mark her receipt of a scholarship from global healthcare company, Johnson & Johnson, as part of its WISTEM2D Programme. Picture: Conor McCabe Photography.

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27 Medals for KILLARNEY JUDO CLUB at Munster Open

Last Sunday, twenty four members of Killarney Judo travelled to Cork City to take part in the Munster Open. This event hosted 170 players across the four provinces with players ranging from seven years old to the mid fifties. The event was organised by one of our coaches Tim Kelly. "Our club did tremendously well bringing back 27 medals after a series of tough fights with 10 Golds, 7 Silvers and 10 Bronze medals. Next we turn our attention to the All Ireland's in December where we hope to continue our success", Coach Tim Kelly, told the Killarney Outlook.

And the winners are....

Gold: Kate Forde x 2, Liadh Forde x 2, Ciara Forde, Carolina Kelly, Cúan Kelly, Rian Horgan, Ned Spillane and Michelle Walshe.

Silver: Cian Forde, Danielle Walse, Emily O'Donoghue De Vries, Katya, Roman Konovelenko, Voladymyr Konavalenko and Zarah Tomlinson Bronze: Adam Tomlinson, Ciarán Dennehy O'Shea, Isabella Daly, James Maher, Jamie O'Donoghue, Muireann O'Brien x 2, Oisín Doherty, Patrik Polubnak and Ronan Daly.



L to R: Carolina Kelly, Adam Tomlinson, Cúan Kelly, Michelle Walshe, Oisin Doherty, Emily O'Donoghue De Vries, Sean Dennehy O'Shea, Ronan Daly, Michelle Walse, Isabella Daly and Zarah Tomlinson

L to R: Aidan Forde, Ciara Forde, Rian Horgan, Alan Horgan, Liadh Forde, Tadhg Kelly, Cian Forde, Muireann O'Brien and Tim Kelly





L to R: Liadh Forde, Muireann O'Brien, Ciara Cúan Kelly in action. Forde, Kate Forde

HISTORIC KENYA GAA TRIP TO PLANT ONE MILLION TREES

initiative to plant a million trees and raise awareness of the impact that climate change is having on some of the world's most vulnerable people. The week-long trip to Kenya by 50 Irish GAA stars will include a

Two Kerry GAA stars are Africa bound this weekend, as part of an showpiece 'Plant the Planet' games between the visiting GAA players and Kenyan Premier League football team, AFC Leopards, as well as visits to Self Help Africa projects, a programme of tree planting activities, and a reception hosted by the Irish Ambassador to Kenya.

The Kerry players in the travelling party are hurler Fionan O'Sullivan from Kenmare, and Rathmore's former All-Ireland winning football captain, Aisling Desmond.

Participants aren't just raising awareness about climate change, as they are collectively aiming to raise more than €350,000 in sponsorship support, to plant a million trees in Africa and support the efforts of Irish development charity Self Help Africa to combat the effects of climate change amongst smallscale farming communities.

The event is being organised, for its second successive year, by former Galway dual-player Alan Kerins 'Warriors for Humanity,' the Gaelic Players Association (GPA) and Self Help Africa, and will also include a programme of sports sessions with children, and participation in Irish brother Colm O'Connell's elite training camp, alongside some of Kenya's leading long distance athletes.

Amongst the participants in the 2023 'Plant the Planet Games' are Limerick hurler Dan Morrissey, ex-Dublin footballer Michael Daragh McCauley, camogie star Libby Coppinger, and footballer Pat Spillane Jr.



Helping launch the Plant the Planet Games in Dublin are, from left, former Dublin footballer Lyndsey Davey, Stephen Hackett of McKeever Sportswear, Warriors for Humanity chief executive and founder Alan Kerins, Limerick hurler Dan Morrissey, Padraic McKeever of McKeever Sportswear, Kenyan Ambassador to Ireland His Excellency Michael K. Mubea, EBS, Gaelic Players Association chief executive Tom Parsons, Self Help Africa director of business development Martha Hourican, Cork camogie player Libby Coppinger, Grainne Hughes of McKeever Sportswear and Roscommon footballer Ciaran Murtagh. Photo by Brendan Moran/Sportsfile

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MONEY MATTERS

By Dermot Cronin, Financial Advisor



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Yes, it can be more difficult. When you are building your family home there are more of risks of things going wrong than purchasing your home especially in relation to the overall cost. The most obvious and biggest risk is of course the risk of you going over your budget to build and finish your property and not having enough money to complete your home. Lenders when assessing your application need to take this risk into account. Lenders will put emphasis on the cost of construction of your property. If you are making your application through a mortgage broker they should spend time discussing the cost of the construction and loan amounts with you to make sure they are realistic and affordable. If these figures are incorrect and especially if they are too low then your mortgage application could be declined and more importantly you may not have enough money to finish the property. A big plus at the moment for people who are first time buyers and are building or buying a new property that is their family home is that there is a Help To Buy Scheme that you can apply for through the Revenue. Thankfully this was extended recently in the budget. There is up to €30,000 available through this scheme, there are terms and conditions attached to this Help To Buy Scheme. Obviously this is very beneficial in terms of reducing your overall cost and reducing your mortgage amount also. Each lenders criteria for self build mortgages is different & you need to know this before choosing a lender that suits your needs best. A mortgage broker who has access to many lenders and has a lot of experience with self build mortgages should be very helpful to you.

If you require any further information on the above or any other matter you can contact Dermot Cronin at dermotcroninifa@qmail.com or , 0646622775 or 0872893649.

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L to R: Kevin O'Shea Musgrave Retail Partners Ireland, Seamus O'Connor Store Manager and Kevin McCarthy Managing Director of Garvey's Super Valu.

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ont; Sean O'Connell, Marie O'Connor, adraigh Aherne, Oliver Falvey. o R: Seamus O'Connor, Store Manager, Ioran, Bernie Feehan, Siobhan Hayes, Sugrue, David Moore, Sheridan Reed, iliano Scimeca, Shauna Taylor, John Jennifer Ahern, Julianne Kelly and James Brosnan.



L to R: Stephen Wynne Jones National Grocery Retail Awards, Seamus O'Connor Store Manager and Kevin McCarthy Managing Director of Garvey's Super Valu.

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By Michael O' Mahony

Written by: Leanne Cronin

BEAUFORT	By Bridget Hartnett
 > FIXTURES Under 16 girls will be home to MKL Gaels in U16 East Region league, Division 1 final on Sunday, 19th November at 10.30am. Beaufort senior men will play the winner of Laune Rangers v Cromane in the Mid Kerry senior championship semi-final. Date to be decided > LOTTO There was no winner of Beaufort G.A.A. Club lotto jackpot of €15,600 on Sunday, 12th November. Numbers drawn: 12, 17, 21, 28. Consolation Prizes. €80 Tim Coffey, Brookhill, €50 Bridget Ann O'Connor, Keelohane, Mary Jo Coffey, Brookhill, Killian and Noel c/o Noel The next draw for a jackpot of €15,800 will be on Sunday, 26th November. Thank you to everybody who supports the lotto. Tickets are available from usual sellers, shops, and public houses and online at www.beaufortgaa.com. > CLOTHES RECYCLING COLLECTION Beaufort G.A.A. Club will be holding a used clothes collection on 	 Wednesday, 22nd November. Please leave all unwanted clothes, sheets, blankets, curtains, shoes at the Clubhouse by Tuesday, 21st November. Duvets and pillows are not accepted. Thank you for your support. >CHRISTMAS SHOP Orders are now been taken for Club gear for Christmas. Please contact Mary 086 0640065, Moss 087 8234319, Nora 086 1556181. >BEAUFORT GAA CLUB O'Neill's online shop is also open for orders. The link is on the right hand side of www.beaufortgaa.com Home page. >CARDIAC FIRST RESPONSE Well done to our 14 Club members who completed the Cardiac First Response and Basic First Aid Awareness course in Killarney last Saturday. Thank you to the course facilitators.

RATHMORE GNEEVEGUILLA

>STAR TRAX MUSIC VENUE

Sunday Afternoon Dancing 3pm – 5.30pm, Knocknagree, Co Cork P51HH2 Sunday Nov 19th, Colm Burke. Sunday December 3rd, Muriel O'Connor & Fran Curry. St Stephens Day Dec 26th, Paudie McAuliffe & Shades of Country & Guest

> SYMPATHIES to the family & friends of Brendáin Ó Croinin. Senior Inspector with the Department of Education & Meentougues & Dublin who died recently. To Paddy Fleming, Ivan, Donnacha & Patricia & families on the death of Kit Fleming, Tureencahill, wife & mother. To her brothers Phil, Pat & sister Mary & families. Kit was laid to rest on Saturday 4th November in Gneeveguilla. To John & Siobhan Buckley & families on the death of his father John Joe Buckley, Toorbona whose funeral took place on Tuesday 7th November in Millstreet. John Anthony O'Donoghue, Inchicoosh, Kilgarvan who died recently. We sympathise with his family and friends. May they all rest in peace

>MILLSTREET CHRISTMAS LIGHTS Annual Church Gate Collection will take place this weekend.

>ANNUAL CHRISTMAS MARKET on Sunday 26th of November 2023 at 10am to 1pm Gneeveguilla Community Centre.

>SHARE THE BUCKET

Gneeveguilla Community Facility Group reminds you that Share the Bucket takes place weekly. The draw is every Friday evening inTeach Fáilte @8.30 pm and can be viewed live on our Gneeveguilla Community Facility Group Facebook Page. This week's jackpot was \leq 218 and the winner was Mag Fitzgerald. Next week's jackpot is \leq 500, to celebrate the bank holiday weekend! Tickets cost \leq 2 each or 3 for \leq 5..They are available at Teach Fáilte and can be bought online at https://tinyurl.com/y2ade5om.or in local businesses where you see the Green Share the bucket. Your support

is greatly supported and all funds will go towards our new proposed community facility. We would like to thank our local businesses who continue to support our project.

>DR CROKE PROGRESSIVE 31 at Club House every Wednesday @ 8pm

>CEILI in The Old School House Foilogohig Ballydesmond Friday 17th November @ 9.30pm, music by Tim Joe and Anne. All welcome

>TRACTOR RUN

Tractor run will take place on November 18th, registration in the Village Inn, Kilcummin at 11am - run starts at 1pm, followed by music with "The Sunday Cure". All proceeds go to Kerry Cancer Support Group, for more information contact Dale on 087 4592884. All Tractors, trucks, motorcycles, vintage and modified cars are welcome.

>DROP-IN DIGITAL HELP

If you would like free, one-to-one help with using your digital device in everyday life, please drop-in to Killarney Adult Learning Centre at 37 High Street. We are here to make your life easier. For more information, please contact Elaine on 0867969625 or elaine.clifford@staff.kerryetb.ie

>ALONE IRELAND

Alone Ireland are looking for volunteers to visit or call an older person and help combat loneliness in your area. Demand for their services is higher than ever before. If you can help and would like to volunteer please visit www.alone.ie for more information.

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before Sunday 6pm

SPA

>SPA LOTTO RESULTS 13/11/23

Numbers drawn 07, 16, 18, 22. Jackpot not won. Lucky Dip winners €50 each: Cormac and Padraig O Sullivan, c/o Paddy O'Keeffe. T. Galvin. Bridget and Michael O'Connor, Ardanaenig. John Michael O'Donoghue, Muckross c/o Mgt O'Donoghue. Next week's jackpot will be €4,800

>EAST KERRY SENIOR CHAMPIONSHIP DR O DONOGHUE CUP 2023

Rd 1 Spa v Gneeveguilla Saturday 25th Nov. 2pm in Spa > SCOR UPDATE

Scor Sinsear 2023 All Ireland takes place in the INEC on Sat Nov 18th. Best of luck to our Rince seit team - Katie and Anna O Connor, Meghann Cronin, Áine Brosnan, Kianan O Doherty, Gary O Sullivan, Cian O Sullivan and Liam Spillane.

Reáchtálfar Scór Sinsear Craobh na hÉireann 2023 ar an Satharn, 18 Samhain san INEC. Guífimid gach rath ar ár bhfoireann Rince Seit – Cáit & Anna Ní Chonchúir, Meghann Ní Chróinín, Áine Ní Bhrosnacháin, Kianan Ó Dochartaigh, Gearóid Ó Súilleabháin, Cian Ó Súilleabháin agus Liam Ó Spealáin.

Due to restructuring of Scor season, Scór Sinear will take place early 2024 and Scór na nÓg in the Autumn.

Beidh Scór Sinsear ar siúl go luath in 2024 agus beidh Scór na nÓg ar siúl san fhómhar de bharr na hathruithe nua a cuireadh i bhfeidhm.

Scór na bpáistí 2024 will commence with East Kerry final in Feb.

Tosóidh Scór na bPáistí leis an gCraobh Chiarraí Thoir i mí Feabhra, 2024. If anyone is interested in participating in any of the Scór competitions, please contact Eileen Aherne on 0879940594.

IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958

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EMPLOYMENT CONTRACTS & STAFF HANDBOOKS

THE AGREED TERMS OF AN EMPLOYMENT CONTRACT ARE OF PARAMOUNT IMPORTANCE IN DETERMINING THE RIGHTS AND DUTIES OF BOTH THE EMPLOYER AND EMPLOYEE.

Each employee must be given a written statement of their terms and conditions of employment (an employment contract), as per provisions under the Terms of Employment (Information) Acts, within one month of commencing employment.

GUIDELINES FOR CREATING AN EMPLOYMENT CONTRACT

Generally, a written agreement not provided for by the employer leaves the employer powerless in dealing with issues if and when they may arise. It is important to understand what information must be contained in a contract of employment and be mindful that employers have a responsibility to issue certain terms and conditions to employees. Under the Employment (Miscellaneous Provisions) Act, employers must provide new employees their core terms of employment in writing within 5 days of them starting employment and the rest of the terms of employment must be given within one month of the employee commencing employment.

The Act also introduced banded hours; it prohibits zero-hour contracts except in the case of work carried out in emergency circumstances or to provide short term relief work to cover routine absences and it also simplified the National Minimum Wage rates.

COMPANY STAFF HANDBOOKS

Under current employment legislation, all employees must have received a copy of and signed that they have read the company disciplinary procedure and grievance processes (typically contained in a staff handbook)

The Employee handbook is also known as a company handbook, staff handbook, employee manual or policy manual. It contains a lot of the information which the employer wishes to convey to the employee about company policies and procedures.

As many terms as possible should be clearly set out in writing and given to the new employee before or when they start the job.

This will help to avoid uncertainty or a dispute between the employer and the employee about the terms.

If you require assistance with your employment documentation such employment contracts, staff handbooks, company policies, procedures & remote/hybrid work agreements, contact one of the team at HR Buddy we are here to help.



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Bia, Ol, Damsha agus ceol - Failte isteach AT BUCKLEYS BAR THIS WEEK US

Monday: Craic agus Tunes 8.30-10.30pm Set Dancing Classes with Joa Tuesday: 8.30-10.30pm Wednesday: Card I Thursday: Killarney Town League Darts Friday: Killarney's own Donal Shine 9.30-11.30pm Saturday: Buckley's Bar Famous Traditional Session 9.30-11.30pm Sunday: Masters of Tradition & Friends 2-4pm Evening Session with O"Donoghue Sisters 8.30-10.30pm

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Christmas Markets

Dec 9th/10th - Dec 16th/17th

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STALLS NOW AVAILABLE

€60per day or €100 for 2 days (all proceeds after costs donated to Irish cancer society /Kerry Branch)

Carols by Candlelight

Adults €10 Kids €5 Family Ticket €20 (limited space available)

Tuesday Decemer 12th 7pm-9pm December 19th 7-9pm All proceeds after costs donated to irish Cancer Society Kerry Branch Safety Candle/mulled wine or soft drink included.



KILCUMMIN

>TRACTOR RUN

Tractor run will take place on Saturday November 18th, registration in the Village Inn, Kilcummin at 11am- run starts at 1pm, followed by music with "The Sunday Cure". All proceeds go to Kerry Cancer Support Group, for more information contact Dale on 087 4592884. All Tractors, trucks, motorcycles, vintage and modified cars are welcome.

>HOLY SOUL MASSES

Dates for all the Holy Souls Masses, ,Tues 21st Nov @ 9.30am,Thurs 23rd Nov @ 7.30pm, Tues 28th Nov @ 9.30am.The November envelope is in your yearly box and there are extra envelopes in the Church porches. >THANK YOU

A hugh thank you to all who hosted the Autumn Stations, Anablaha & Coolick Schools, to the Parish Centre & Mastergeeha Club Ladies Committee. Everyone was made so welcome and for all the refreshments served. Thanks to Fr. Joe, Fr. Jim, Fr. Padraig & Fr. Sean for the beautiful special masses for all the families in the Townlands. Thanks to all who have given their station dues. You can still hand them in with your weekend collection or to the Parish Office. These dues are part of the priest's salaries who are ministering in Kilcummin throughout the year. Mile Buíochas.

>CEOL AN GHEIMHRIDH

Ceol an Gheimhridh Kerry County Finals will be held on Saturday 25th November in MTU and Dúchas Comhaltas Centre, MTU. Age groups U11 & U14. Closing date for entries is Tuesday 31st October.

>KILCUMMIN GAA

CLUB AGM

The AGM will take place on Friday 24th @ 7.30 pm in the clubrooms. Any nominations or proposals must be forwarded by email before November 20th.

OSKARS

Tickets for the "night at the OsKars" are now available to purchase online. O'DONOGHUE CUP



Kilcummin are at home to Rathmore in Rd1 on Sunday 26th @ 2pm. >MASTERGEEHA FC

14S NATIONAL CUP. ROUND 3 RESULT: Mastergeeha FC 1-0 Cappamore Celtic FC

Scorer; Patrick O'Donoghue. Well done to all our boys who played well all over the field. We now advance to the next round after a very competitive game. Thanks to all our supporters and Cappamore Celtic FC for a very competitive game.

LOTTO

There was no winner on 10th November 2023 of the Jackpot for €5,800. Numbers drawn were 19,20,22,26. Consolation prizes of €50 went to Pa Carroll; Rita Finnigan; Tina Lenihan c/o John Lenihan; Oisín & Niamh Lynch c/o Post office. The next draw will be Friday 17th November for Jackpot of €6,000.



Eileen Nagle, Vice Chairperson of Kilcummin Parents Association presenting a cheque to the value of €850.00 to our Kerry Stars Special Olympics Club. The funds were raised from the Kilcummin Spooky Sprint Fun Run which took place over Halloween.



NO 8 COLLEGE STREET, KILLARNEY. TEL 064 6671401

AUTUMN/WINTER MENU



2 COURSES (main course + starter or dessert €30 ALL 3 COURSES €35 Available at our 6pm and 6:30pm seatings

STARTERS

Kenmare Bay seafood chowder, lemon oil (4,6,9)

De-shelled mussels and Spillane's smoked salmon risotto, scallion, parmesan, orange oil ^(4,6,9,12)

Winter salad of dressed leaves, pomegranate, smoked bacon, parmentier potatoes, pumpkin seeds, pickled red onion, cherry tomatoes, croutons and parmesan ^(4,6,7,13)

Ovenbaked Hanley's white pudding with homemade pineapple and chilli chutney, wrapped in filo, ruby port and clove jus ^(4,6,7,13)

A trio of mozzarella, hummus and sun-dried tomato crostini, carrot and poppyseed, black olive glaze^(4,7,13)

MAIN COURSES

Pan fried hake, roast garlic mash, tomato and chorizo fondue, dill butter sauce (4,6,7,9,13)

Twice cooked belly of pork, ginger cabbage, BBQ sauce, apple chutney (1,6,7,9) Supreme of chicken, bell pepper couscous, smoked paprika aioli, salsa verde ^(1,4,6,7,13)

Goats cheese and roast vegetable tart, quinoa, beetroot and green olive ^(1,4,6,7,13)

Oven baked salmon, celeriac, hazelnut, lentil and bacon, balsamic butter sauce

All main courses are served with potato croquettes and vegetables

DESSERTS

Jaffa orange cheesecake, chocolate syrup and cinnamon ice cream ^(1,4,13)

Rhubarb Sundae layered with crushed gingernut cookies, custard, meringue, vanilla ice cream and cream ^(1,4,5,13)

Warm Crepe filled with mince pie ice cream, butterscotch sauce and toffee squares ^(1,4,9,13)

Belgian Chocolate Terrine, berry compote, chocolate malt balls and praline ice cream^(1,4,5,13)

Allergens: 1.Eggs 2. Peanut 3. Soya Bean 4. Dairy 5. Nuts 6. Celery 7. Mustard 8. Sesame seeds 9. Sulphur Dioxide 10. Lupin 11. Molluscs 12. Crustaceans 13. Cereals

Written by: Colette Leslie

GLENFLESK

>LOTTO

There was no winner of Glenflesk Lotto which took place on 13/11/2023 in Glenflesk Hall. Jackpot €6, 200. The numbers drawn were : 2, 6, 21, 26 Consolation Prizes of €50: 1. Michael A. O'Shea, Barradubh (On Line) 2. Johnny Gleeson, Curraglass, (Annual Ticket) 3. Jacinta Roche, Kilquane 4. Corner Bar (Sellers' Prize). Next draw will take place in Glenflesk Hall on Monday 27/11/2023. Jackpot will be €6,400 Thank you to all who support our Lotto and to our sellers.

>EAST KERRY DIV 2 U17 FINAL

Congratulations to our brilliant U17 team and management who defeated Killarney Legion to win the East Kerry u17 Div2 Final last Friday evening under lights at Dereen. Glenflesk built up a huge lead and looked to have one hand on the prize but back came the Legion to within two points, Glenflesk to their credit held on tight and Captain Jamie Moynihan lifted the cup amid great excitement. Glenflesk 4-11 (23) Legion 3-12 (21).

>O DONOGHUE CUP RD 1

Well done to our senior team and management defeating Currow last Sunday in Cordal, best wishes this weekend away to Dr. Crokes.

>GLENFLESK LADIES FOOTBALL CLUB

AGM of Glenflesk LGFA will be held on Tuesday 28th November at 8.30pm in Glenflesk Hall. In order for any club to be successfully we need help from parents. We would encourage all players, parents and trainers to attend on the night.

>GLENFLESK RAMBLING HOUSE

Glenflesk will be hosting a rambling house in the GAA Hall on Saturday 18th November from 8pm to 11pm. This event is in memory of Dan Favier and Johnny O Brien, two much loved character's who passed away recently. They were loyal supporters of the Rambling House and enjoyed the fun and great entertainment at these events. The night will be filled with music, laughter, stories and songs and for sure a few funny yarn's. There will of course be plenty tea and barm brack and as usual everybody is welcome, looking forward to seeing you all and hope ye enjoy another rambling house in Glenflesk, Eircode V93PR28. For any quieries contact Neilly Moynihan 0872357232 or Derry Healy 0872707899.

>THE OSKARS BY GLENFLESK AND KILCUMMIN GAA

Thursday 7th December in the Gleneagle INEC Arena. Doors 6.30pm Show 7.30pm. Tickets €32.50(incl booking fee) TICKETS ON SALE NOW https:// member.clubforce.com/tickets_m.asp?LL_ID=2534. It was a sell out last time around, book your tickets early to avoid disappointment! We promise you this year is going to be bigger and better!!

>BARRADUFF COMMUNITY FIELD ORGANISATION IS WITH SOUTH KERRY DEVELOPMENT PARTNERSHIP CLG

The first Meeting of the Barraduff Women's Social Club was held on Tuesday 7th November in the Barraduff Community Field Centre. The morning started with a discussion moderated by Julie from South Kerry Development Partnership CLG on when the group would like to meet up and what type of activities they would like to do, this was followed by an active aging session with Nicole from @yoga_and_you_kerry , and the morning was completed with refreshments accompanied by the sounds of Eileen and Eleanor Cronin. Eileen & Eleanor Cronin Music

Future meetings will be held on Tuesdays from 10:30-12:30 and all women are welcome with no prior registration required. The group is advocating for a Local Link door-to-door bus to/from the meeting for people without transport and will keep people informed on any updates on this.

>PARISH BAZAAR

Glenflesk annual Parish Bazaar will take place Sunday, 26th November starting at 3pm in St Agatha's Community Centre, Glenflesk. There will be lots of spot prizes and hampers to be won on the day. Everyone is welcome.

LISTRY

>LISTRY GAA

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LOTTO

Lotto numbers drawn: 16, 23, 27, 28. €100 Tom Lyne. €50 Michael Spillane. €50 Adam Blennerhassett. €25 David Nolan, Listry. €25 Kathleen O Neill, Listry. Next weeks jackpot €8,100 Nov 19th

OUR COISTE NA NOG QUIZ was a high success a big thank you to all that turned out to support, to Faha court and all our sponsors on the night. CONGRATULATIONS to the Keel/Listry minors on a great win in the Mid Kerry shield final v GGC on Sunday. >SENIORS PARTY The Listry Community Council are preparing to host a Christmas Party for the seniors in the area. The return of the Seniors Social Group has been welcomed by everyone in the area and the date for the party is November 28th. Activities will begin with a mass by Fr. Broderick following by a Christmas Dinner. The talented students at Faha National School will entertain everyone with some beautiful Christmas Carols.

Everyone is welcome to join on the day and transport is also being provided for the seniors in the area.

To book your place for this Festive Fun Day Out contact the community centre on 064-6624919



The Gum Litter Taskforce Bin It! Roadshow which was on a visit Kerry to drive positive behavioural change around attitudes to gum litter amongst students. Throughout the week. Included are students from St. Brigid's Presentation Secondary School. Photo By : Domnick Walsh © Eye Focus LTD

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CHANGE THE WORD, "BUT" TO THE WORD "AND" TO GET RESULTS

This is an exercise I will often give my students in my coaching courses. For a whole day, become aware of how many times you use the word, "But."

"But" is a word that often takes us away from what we say that we are going to do. It can be a self-limiting word which we often use without even realising it.

For example, look at the following sentence. "I want to go to the gym or dance class, BUT I don't have the time."

The word "but" takes away all of the good intentions by giving a reason why we won't do something we say that we want to do.

However, if you change the word "But" to the word "And," you begin to create more possibilities. For example, "I want to go the gym or dance class AND I will find a class that fits in with my schedule.

In any given area of our life, we can choose to focus on results or the reasons why we won't get the results we desire. Just changing your language can be a great help in moving you closer towards what you really want.

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SHAPE YOUR EYEBROWS TO SUIT YOUR FACE

First decide your face shape by drawing a ring around your reflection in a steamy mirror to get an idea. You may like subtle or strong eyebrows but knowing your face shape will help you enhance your features.

Oval – This balanced face shape is very symmetrical so go for a full brow with a natural arch beginning and ending at the same level.

Round – A structured brow will suit with high arches to add sharpness and definition to lengthen your round face.

Square – A less defined curved arch will soften the angular jawline



in your square face and reduce the forehead size.

Long – A straight brow with a low arch to make your long face look fuller.

If you have close-set eyes start your brows straight up from you tear ducts. If you have far-set eyes start your brows closer

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



SETTING YOUR SIGHTS FOR CHRISTMAS

It's that time of year again where we are all starting to count down the weeks to the festive season. Remember a few short term goals will always amount up to a long term sustainable goal so don't under estimate their effects on your overall health & well being.

Here are a few short term realistic goals you can start setting for yourself this side if Xmas:

Loose up to 2lbs per week (giving you a 10lbs overall weight loss before Xmas)

Take up exercising 5 days a week for only 40mins a day. Mix it up with gym & getting outdoors.

Stop eating junk after dinner from here to Christmas.

Avoid binge eating at weekends & start making homemade fakeaways & save some money for Xmas shopping.

Start doing something weekly for yourself. A little treat or TLC for your body & mind.... Eg maybe body treatment in a local spa or something as simple as a half hour quiet time soaking in a bath.

Loose a few inches around your midline. These are the danger zones for gaining fat so measuring your waistline weekly & setting yourself a goal of loosing inches by reducing your sugar intake.

Reduce your portion sizes and eat out of a smaller plate at dinner time. Over a few weeks track your weight and see what a difference it will make.

Move every day. Mobility and flexibility are often lost this time of year as we begin to hibernate. You will find yourself getting stiffer and in more pain the less you move. So set yourself a goal to move every day and do something to get off the sofa. Like getting out for a short walk, walking up & down the stairs a few times, doing 20 chair sits or squats, or reaching your toes 20 time daily. Little every day things like this can make such a difference. Soon you will be tieing your shoe laces & jumping out of bed with ease.

Follow us next week with more pre Xmas tips & advice for moving more and eating less. Struggling to do this on your own then contact the B Well team to starting feeling "B Well" today. Our number is 087-7643449.

Health for Mind&Body 🛇 🍪 🕑 🗸

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DRIVING AND VISION

It is important that you can see clearly to be able to drive safely. Conditions that may affect your visual field and driving include strokes and brain tumours, as well as eye conditions such as diabetic retinopathy and glaucoma (if you have them in both eyes).

Make sure you have regular sight tests and if your optometrist tells you that you must not drive, you must stop all driving immediately. Driving when you are medically unfit to do so is a criminal offence, and you may be prosecuted if you are involved in an accident.

Driving glasses

If you have been advised to wear glasses for driving, make sure you wear them, even for short trips – and keep a spare pair in the car. Choose glasses with thinner sides for driving as they won't block your side vision as much as thicker ones. If you wear contact lenses, keep a pair of glasses in the car in case you need to take your lenses out. Even if you don't need to wear glasses all the time, you will probably find they are particularly helpful when the lighting is poor, and for driving at night.

Headlights of oncoming traffic can be dazzling when you

are driving at night or in poor weather conditions. Special driving lenses designed with a specially-developed glare filter and a contrast-enhancing filter can help reduce reflections and uncomfortable glare from oncoming traffic.

If glare is an ongoing problem for you, make sure your windscreen and headlights are thoroughly cleaned and free from grime and dirt. If you wear glasses, and don't forget to keep them clean too. If you find that problems with glare at night persist, make an appointment to have a sight test. Sunshine can be dazzling too, particularly when the sun is low in the sky. If you wear glasses, you may find it helpful to have a pair of prescription sunglasses in the car, or to wear clip-on sunglasses over your prescription glasses. Polarised sunglasses are great for driving in bright conditions. Polarised lenses are lenses with a special built in filter to reduce glare and improve vision in bright conditions

For more information, honest advice or to arrange an appointment contact us on 064 6636477.



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Katie O Neill and Liz Clifford at the Killarney Valley Classic and Vintage Club evening of celebrations to mark ten years of the club.

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In this workshop, we will talk about the hormonal changes going on during perimenopause and menopause. We'll discuss navigating this journey with a healthy diet and lifestyle. We will also explore some of the benefits and risks of Hormone Replacement Therapy (HRT). The participants will be invited to form small groups to reflect on their habits and explore lifestyle changes that can enhance their wellbeing.



Saturday, 25th November 11am-1pm Centre for Smart Ageing, Farranfore

Contact Rosie at 086 6684328 / hello@roserbosch.com www.roserbosch.com/womensworkshop

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Blackwater Motor Group Announces Network Expansion Audi Approved :plus Kerry Opens

The new facility will offer Audi used car sales and service functions to customers

Audi Ireland and the Blackwater Motor Group today announced the opening of Audi Approved :plus Kerry, presenting an Audi used car showroom and full aftersales function, including service, parts and accessories.

Based in Monavalley Industrial Estate, Tralee, this latest opening is the third Audi Approved :plus location in Ireland with two other facilities in Drogheda and Kilkenny. The facility is an expansion for the Blackwater Motor Group.

Damien O'Sullivan, Managing Director, Audi Ireland commented: "I am delighted to announce the details of an exciting development in the Audi dealer network here in Ireland, with the opening of Audi Approved :plus Kerry. Audi Approved :plus offers unrivalled reassurance when buying and servicing your used Audi, coupled with unparalleled customer care. So, we are delighted to bring this premium platform to customers in Co. Kerry and surrounding areas and happy to expand our network, to ensure we remain the number one premium car brand in Ireland".

Adrian O' Regan, General Manager at Audi Approved :plus Kerry commented; "We are thrilled to be opening the doors to Audi Approved :plus Kerry, expanding the Audi used car and service offering further within the Munster region. Our highly experienced team have already hit the ground running and we look forward to providing the very best reassurance to Audi customers in Kerry and beyond."

Audi Approved :plus facilities offer Audi approved used car sales, alongside a full aftersales function, including a workshop for service, repairs and replacement parts and Audi accessories. Customers considering buying a used Audi will be able to avail of unrivalled reassurance with a 12-month warranty and roadside assistance on all used cars purachsed at the facility. Only genuine Audi parts are used for repairs and replacements and all cars are subject to a rigorous 110-point check.



L to R: Norma Lucey, Service Manager; Adrian O Regan, General Manager and Emmet O Grady, Sales Manager



Thomas Randles (Killarney & District Motor Club Chairman), Cllr Michael O'Shea, Cllr John O'Donoghue (Deputy Mayor of Killarney MD), and Anthony O'Connor (Clerk of the Course) at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Picture: Eamonn Keogh



Dylan O'Connor, Daniel Coffey and Jack Slattery at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Picture: Eamonn Keogh 64 | 17.11.23



Des and Mary O'Neill, Ken O'Neill and Kathleen Flynn at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Killarney and District Motor Club will host the event on Friday December 1st and Saturday December 2nd. Picture: Eamonn Keogh



Colm Feen, Sean Moriarty and Alan Ring (O'Donoghue Ring Collection) at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Picture: Eamonn Keogh

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official data confirms increased driving range and greater efficiency for revised C40 and XC40 Recharge models.

- XC40 Recharge achieves electric range of up to 570km*.

- C40 Recharge achieves electric range of up to 578km*.

- DC charging time (10%- 80%) takes approximately 28 minutes**

- Technical updates to the Volvo C40 and XC40 Recharge pure electric models have delivered improvements in driving range and energy efficiency beyond initial expectations.

Homologated performance figures just released for the revised cars show increases in the distance that can be covered on a full charge, which now stand at up to 578km for the C40 Recharge crossover and up to 570km for the XC40 Recharge SUV.

The gains have been achieved through a combination of enhancements, including a switch from front- to rear-wheel drive for the single-motor Recharge versions of both models, and the adoption of a second- generation permanent magnet electric motor. This e-motor is more powerful than the one in the outgoing car - offering 252hp, up from 231hp - plus it is the first e-motor to be developed in-house at Volvo Cars. Battery performance has also been improved thanks to enhancements to cooling efficiency.

Where the dual-motor C40 and XC40 Recharge Twin are concerned, there is the further benefit of increased battery capacity to a nominal 82kWh (79kWh usable capacity), up from 78kWh (75kWh usable) in the outgoing versions. Both



the C40 and XC40 Recharge Twin also adopt different front and rear e-motors, with 150hp and 258hp respectively, in place of the 204hp units previously used on both axles. The total power output remains the same as before, at 408hp. Customers enjoy the convenience of speedier recharging times for the C40 and XC40 Recharge Twin all- wheel-drive models, too. An increase in their maximum charging rate from 150kW to 200kW translates into a nine-minute reduction in the 10 to 80% recharging time, which drops to just 28 minutes when using a 200kW DC rapid-charging system.



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FOCUS ON GOLF



Deerpark Pitch & Putt Club Chairman Damien Fleming along with his daughters Caoimhe, Eadaoin and Grace pictured with the winning team from his Chairman's Prize event last Sunday in Darragh Whelton, Gearoid Cronin and Daniel Kelly.



Deerpark Pitch & Putt Club U16 Captain Nathan Cronin (second left) presenting Luke Doolan with the winning prize from his event last Sunday. Also included in the photo are other prizewinners Sean O'Mahony, Brian McCarthy and Dara Wickham.

DEERPARK PITCH & PUTT CHAIRMAN'S PRIZE

A great day and a great turnout last Sunday morning for our Chairman Damien Fleming's Prize as all tee-boxes were filled on the day for the shotgun start. Damien gave a lovely memento to all players who played on the day as his very first shot in the event was a Hole-In-One on the second hole! U16 Captain Nathan Cronin also held his Prize today on what was a good day for his father as we would like to thank everyone who turned up as well as everyone in the kitchen for the great spread of food that was put on last Sunday.

COMPETITION RESULTS

Chairman's Prize- Three Ball Scramble: Overall Nett: Gearoid Cronin, Daniel Kelly & Darragh Whelton 66, Overall Gross: Damien Fleming, Brian O'Leary & Jean O'Shea 83, Second Nett: Paddy Murphy, Betty O'Brien & Jack Rudden 69 2/3 (B18), Second Gross: Lorcan Martin, Brian Moloney & Fionn McMonagle 86 and Third Nett: Eileen McCarthy, Aidan O'Keeffe & Daniel Quinlan 69 2/3. U16 Captains Prize-Winner: Luke Doolan, Runner-Up: Dara Wickham, Third: Sean O'Mahony, Fourth: Brian McCarthy and Guest: Ajay Barrett.

SUNDAY SINGLES

This Sunday we will host an 18 Hole Singles event (sponsored by Utility Trust) where players

can play a second card if they wish and the best 18-hole card for a player on the day will be their competition score. Draws at the usual times of 9am and 10.45am. Turkeys resume from Sunday November 26th.

MURPHYS

We are getting closer to our end of year gathering in Murphys on Friday December 1st. Prizewinners for the Willie Parker Memorial, the Club Strokeplay, Captain's Prize and Club Matchplay are asked to be present on the night. Further details nearer the time.

KILLARNEY GOLF & FISHING CLUB

LADIES 3BBB MAHONY'S POINT 13 HOLES CLUB SPONSORED

Competition played on Sunday 12 November 2023 at Killarney (Killarney-Mahony's Point). 1: Josephine O'Sullivan, 35 pts Overall Winner Anita O'Sullivan, Eimear O'Donnell 2: Eimear O'Sullivan, 32 pts Overall Runner-Up Ellen Barry, Marie Leahy

NEXT FIXTURE SUNDAY 19/11/23 Killeen 11 holes stblford club sponsored

SENIORS GOLF

THE M.D.O' SHEA PERPETUAL TROPHY FOR SENIORS WAS PLAYED RECENTLY AT



Kieran O'Connor presents the MD O'Shea Peretual Trophy to Dan Moynihan

MAHONYS POINT

For a second year running Dan Moynihan came out on top with a fine score of 41pts and later was presented with the cup by Kieran O'Connor

- 1. Dan Moynihan 41pts 2. Kevin Lucey 39pts
- 3. Dave Geaney 39pts
- 4. J.F. Randles 39pts
- 5. Liam Hartnett 38pts



Photographed at the presentation of prizes for the Frank Doran Backstakes Competition at the Ross Golf Club are :-

Front (I to r): John Ivory, Captain Ross GC, Anthony O'Mahony, Winner, Frank Doran Sponsor, MJ Casey, President Ross GC.

Back (I to r): Michael Barrett, Damien O'Callaghan, Seamus McCarthy.



Photographed at the presentation of prizes for the Maurice O'Donoghue Memorial Cup Competition at the Ross Golf Club are :-

Front (I to r): John Ivory, Captain Ross GC, Aine O'Donoghue, Sponsor, Mike O'Keeffe, Winner, MJ Casey, President Ross GC.

Back (I to r): Terence Mulcahy, Mike Brosnan, Johnny Brosnan Vice Captain, Ross GC.





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MUCKROSS ROWING CLUB

BEGINNER ROWING

Following our recent Open Days, beginner rowing sessions will be held on one weekend morning for the remaining weeks of 2023 and into the New Year. We continue to welcome new members and invite all active boys and girls aged 12+ (born 2011 or before) to visit the club boathouse at the weekend. If you would like further information, please email to muckrossrowingclub@gmail.com for training days and times or send us a DM on Facebook, X or Instagram.

MUCKROSS HOR

Our own Muckross Head Of the River is set for Saturday, December 2nd and we are in contact with all club members to help with a busy day. All support greatly appreciated.

SKIBBEREEN HOR

The annual Skibbereen Head Of the River is scheduled for this Saturday, November 18th at the Cork city marina. Once again, the weather forecast is ominous for the HOR calendar in the wake of Storm Debi. There are 63 crews from Muckross RC entered, best of luck to all!

NATIONAL TRIALS

Well done to all our members who took part in the invite only trials held at the National Rowing Centre on Saturday last, November 11th. A highlight of the day was Daniel Fleming's performance as the 2nd fastest Junior 18 male rower. Well done to all the rowers and coaches. Junior Men: Max Coyne, Ian Coffey, Daniel Fleming, Jack Murphy. Junior Women: Rachel Fuller. U23 Women: Caoimhe O'Sullivan (UL RC). U23 Men: Patrick Buckley (UL RC), Ethan O'Neill (UCC RC). Senior: Niamh Coffey (UL RC).

KILLARNEY RFC NEWS

MINIS HOST IVERAGH TOMORROW

Tomorrow morning our Minis host Iveragh Eagles at Aghadoe at all ages and this promises to be a fantastic morning of rugby. We will meet at our usual time of 09:45am with matches kicking off at 10am and finishing by 11am. Can we ask parents to please bring some baked goodies, sandwiches or any treats for our blitz. Don't forget the gumshields and waterbottle. CHEQUE PRESENTED TO KERRY FRIENDS OF MOTOR NEURONE

Last Saturday we presented a cheque for €1,524 to Christy Lehane of the Kerry Friends of Motor Neurone following on from hosting our hugely successful Millo O'Meara Tournament in September. The event was a huge success with 8 teams competing for the coveted trophy and Clonakilty running out winners on the day. It was great to be able to present the proceeds from this day in memory of our dear friend and coach, Millo O'Meara who passed away in February 2021.

TABLE QUIZ:

We are holding a table quiz to support our Youth Tour to France next Easter. The table quiz takes place at the Killarney Oaks onWednesday next the 22nd of November at 7:30pm and tables of 4 cost \in 40 for adults or \in 20 for juveniles. So come along an pit your wits against your mates, parents and coaches!

WINTER SOCIAL IS BACK!



Last Saturday Killarney Rugby Club presented a cheque for $\notin 1,524$ to Christy Lehane of the Kerry Friends of Motor Neurone following on from hosting our hugely successful Millo O'Meara Tournament in September. The event was a huge success with 8 teams competing for the coveted trophy and Clonakilty running out winners on the day. It was great to be able to present the proceeds from this day in memory of our dear friend and coach, Millo O'Meara who passed away in February 2021.



Members of Killarney Badminton Club pictured at the Munster Graded Masters Intercounties in UL on Sunday last.

Our KRFC Winter social will take place at the Killarney Plaza on Friday the 24th of November next at 6:30pm. Tickets are €50 per person which includes a 4 course meal with wine (for those over 18 only) followed by music from Heart and Soul Band. This year we are having a fun theme -'Christmas Character Fancy Dress party (Fancy dress is optional!). All welcome and this promises to be a brilliant night. Youth members aged between 14 and 18 are more than welcome - please note that anyone aged between 14 and 16 must be accompanied by and adult. So book your tickets now before they are gone. Simply purchase the tickets via Clubzap App.

LANDROVER RAFFLE

Killarney RFC are honoured to be chosen as one of the charities for this year's Killarney Classic and Vintage Raffle with a wonderfully restored 1979 Landrover the top prize, as well as a host of other amazing prizes. Tickets are only €10 each and all funds raised by the club go towards the development of our new clubhouse. Simply contact any committee member or if you could sell some tickets for us, it would be very much appreciated. Please support this amazing fundraiser.

RESULTS

U16 Boys Killarney 30 – 0 Bantry U18 Boys Killarney 36 – 6 Charleville

FIXTURES

Minis host Iveragh at Aghadoe from 09:45am U18 Boys: Killarney V Kanturk (Home) Saturday @ 12

U16 Boys: Killarney V Tralee (Home) Saturday @ 12

U18 Girls: Killarney V Ballincollig (Home) Saturday @ 1:30pm

U14 Boys: Killarney V Killorglin (home) Sunday @ 12:30pm

KILLARNEY BADMINTON CLUB

WELL DONE to Sinead Galvin, Kieran Crehan, Mike Lyne, Caroline Lemass, Olena Paiuk and Yurii Paiuk representing Kerry and their killarney club in the Munster Graded Masters Intercounties in UL on Sunday last . A great day of competitive badminton.

Well done to Adele o brien on reaching final in munster F open in UL on Saturday . Just lost out in final Also well done to Adele Jessica galvin and Rahad Polan on reaching semi finals of mixed ... very competitive games on Saturday as standard was high .

BADMINTON as normal in presentation school hall, Monday / Wednesday and Friday ... Have a great week
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COACHES WORKSHOP

Strength and Conditioning considerations for the female teenage athlete

In collaboration with the Health & Leisure Department at MTU, Kerry Recreation and Sports Partnership are hosting 'Strength and Conditioning considerations for the Female Teenage Athlete' as part of the Women in Sport Series. The inaugural event was held in March which focused on retaining teenage girls in sport and many of the attendees requested a follow on workshop in this area.

The event will take place today, Friday 17th November from 6.30pm - 9pm at Kerry Sports Academy, MTU, Tralee, V92 HD4V.

The event is aimed at sports coaches, volunteers, physical activity leaders, instructors and teachers of female teenage athletes.

Ciara Griffin, former Ireland Rugby Captain, will once again MC and Fionn Fitzgerald, MTU Lecturer and Youth Athletic Development Coach will present research and thoughts on considerations for youth strength and conditioning, with a focus on growth and maturation. Niamh O Sullivan, Physical Therapist, International Athlete and International Athletics coach will concentrate on considerations we need to take as coaches when working with teenage girls.

Following the theory, participants will get the opportunity to participate in 3 short practical sessions incorporating functional strength fundamentals, dynamic warm ups and lower leg strength-

based approaches. The event will culminate in a panel discussion, providing participants with the opportunity to ask questions and provide observations from their own sports.

Light refreshments will be provided on the night and there will be loads of opportunities for networking. Tickets are €10 per person and can be bought via Eventbrite, visiting any of the Kerry Recreation and Sports Partnership social media accounts or contacting Elaine Cahill, elaine.cahill@kerrycoco.ie or 087 4482138



OUTLOOK BASKETBALI

INSUREMYVAN.IE MENS BASKETBALL LEAGUE

SCOTTS LAKERS ST PAULS 81 JOELS DUBLIN LIONS 71

Report by Enda Walshe

Scotts Lakers St Pauls bounced back to winning ways in the InsureMyVan.ie Mens Basketball League with a hard fought and tenacious win over Joels Dublin Lions played before a sizeable home crowd in the Killarney Sport and Leisure Centre. A game where they were always in control it was notable for the timely contributions of teenager Cian Forde and Oisin Spring who chipped in with scores at pivotal stages and will have given Coach Clarke great satisfaction .Forde is a young player for the future who has stepped up in the wake of a bad run of injuries within the squad while Spring got reward for his patience and dedication in the last few seasons. Jamie O Sullivan came up with a trio of threes while Eoin Carroll fought tooth and nail under the basket at both ends.

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Leading by eight at the end of the first and half time , they bounced back from an indifferent start to the third quarter to reestablish their superiority over the Metropolitans who had Brendan Trapper in fine fettle. Terion Moss rebooted after last weekend's cup disappointment to give his best display of the season hitting 25 points but also grabbling twelve rebounds, not a bad haul for a point guard. Braden Bell was at his usual high standard , chipping in 26 points and alongside Moss they completed the entire forty minutes. The win lift the Lakers up towards the top of the table and a mouthwatering home clash with the Limerick Celtics beckons next Saturday night.

Bell and Moss have certainly struck up a quick rapport something Bell puts down to being away from home for the first time. "When we arrived all we had for company was each other so it was easy for us to get along. Then as we got to know the town and our team mates we really felt at home. The community is close knit, we really like it". As for his own game he is enjoying the extra responsibility." The theme of defence is what winning is all about but I'm also able to use my own versatility for the team , something that was harder to do in college". Having recently been named October player of the month Bell is also the league's top scorer.

The Lions travelled down with a strong squad , boasting Irish underage Internationals Cian Tiernan and Tiernan Howe and it was the former who opened the scoring. Jamie O Sullivan got the Lakers off the mark with a three but the Lions American duo of Trapper and Evan Blackmon soon doubled the scorina. Neither side had started very fluently with the Lakers calling an early timeout and it worked a treat as Bell and Carroll(after a superb pass from Moss) got the Lakers motoring. If Bell was only heating up, he definitely caught fire when hitting two massive threes and followed that up with a spectacular dunk to make it 15-8. It was the Lions turn to sit down and talk about

it while Oisin Spring

made his entrance for Jack O Sullivan who picked up early fouls. Spring scored from the free throw line with Moss starting to run the show and the Lakers lead 23-15 at quarter end. The gap would have been wider but for late baskets by Andre Duran and Trapper.

Oisin Spring hit an early three, Eoin Carroll netted two free throws, all which were needed as Lawrence Caffrey, Tom Ludbarzs with a three and Trapper got the Lions roaring. Moss and Cian Forde with two nice threes pushed the lead out again but the Lions were hanging in there. Trapper, Caffrey and Blackmon instrumental in closing it to four, 36-32. Forde, Bell and Sabic all hit from the charity stripe before Jamie O Sullivan closed the half with another three, the Lakers 43-35 to the good.

The opening minutes of the third quarter saw the Lions play their best basketball ,Duran, Blackmon, Trapper and Sabic helping tie up the game at 48 apiece. Apart from a Bell three and a Spring basket the Lakers had gone quiet until Moss hit a monster three and followed it up with a nice floater. There was a noticeable shift in momentum after that Moss inspiration and Bell was fouled in the process of taking a three, he duly slotted the free throws. Spring again stole in for a neat basket and some strong defence from the Lakers made the Lions toothless in the final four and a half minutes of the quarter.

Moss hit 10 points in the final quarter, including an opening three. Cian Tiernan and Trapper with a three point play tried to close the gap but Bell and Cian Forde helped to maintain it. Tiernan was working hard but the Lakers defence was resolute, Eoin Carroll getting the vital touch on numerous occasions. Jack O Sullivan defended solidly as well but got fouled out at this stage,



Braden Bell hit 26 points while Terion Moss had a 25 point haul.

Daniel Carroll also putting his shoulder to the wheel when needed most. Moss hit another three but just as the Lakers were starting to feel comfortable Trapper, Tiernan Howe and Sabic made it twitchy. But a Jamie O'Sullivan three steadied the nerves even though Blackmon and Trapper were still dangerous. Moss drove to the basket to make it 78-71 before Bell put the tin hat on it with a brilliant three pointer. Chris Healy was on the floor for the Lakers as the clock ran down with the Lakers running out deserving 81-71 winners.

Coach Brian Clarke was very happy with the contribution of the bench. "Our bench was ready to come on and make the difference and I can't emphasis enough the importance of that. Also the necessity to practice the skills, both collectively and as a unit. On his American duo Clarke reserved his best praise. "Braden and Terion are great shot makers but they also have a sharp eye for a pass to their team mates. Oisin Spring and Paul Clarke, in previous games, are alive to that and make themselves available. It's a great opportunity for our young players to make their mark and provided they continue to dedicate themselves to their craft they will get to enjoy that."

Braden Bell again top scored on 26 points closely followed by Terion Moss on 25.Jamie O Sullivans 9 points were all well timed while the input of Oisin Spring on 8 and Cian Forde on 7 have to be acknowledged. Eoin Carroll hit 6 points.

Brendan Trapper was best for the Lions with 26 points, Cian Tiernan had 10, Mo Sabic 9, Evan Blackmon 8, Lawrence Caffrey 6, Andres Duran 6, Tom Ludbarzs 5.

The Limerick Celtics will undoubtedly be the Lakers toughest test so far this season. They have been in rude health with their

OUTLOOK BASKETBALL

sole reverse coming against their Limerick rivals the Eagles. The towering Justin Motley is an imposing figure under the basket while fellow American Michael Hood is a highly rated shooting guard. You can also expect big contributions from Eoghan Donaghy and Juan Martin so the Lakers will be looking to build on their improved defensive showing against the Treaty side. Tip off in the Killarney Sports and Leisure Centre is 7.30pm and the advice is to arrive early to get prime viewing for this top of the table clash.

MISSQUOTE.IE WOMENS BASKETBALL LEAGUE

UTILITY TRUST ST PAULS VS PHOENIX ROCKETS

Two weeks on from a disappointing cup exit in Cavan, Utility Trust St Pauls will be looking for home comfort in the latest round of the MissQuote.ie Womens Basketball league. While the nature of their cup exit won't sit well with them it's important to try and put it behind you and concentrate on the task in hand. It can't be forgotten that the side are only one of two teams in the league with an 100% record and painful as that Cavan Eagles defeat was , it hasn't done any harm to what is the ultimate aim for the season, promotion to the Superleague. The next step on that ladder is to welcome the Phoenix Rockets to Killarney next Saturday evening.

The Rockets were ultra competitive last season alongside St Pauls, Portlaoise Panthers and the Cavan Eagles and fought it out in the latter stages of all the competitions. Last February in Lisburn the Rockets got the better of St Pauls while revenge was exacted in the playoffs last March when the shoe was on the other foot as St Pauls won a cracker in the National Basketball Arena. The Rockets have made an inconsistent start to the 2023/24 campaign picking up just two wins from the seven games played. The most recent of those only came last Saturday when they got the better of the Limerick Sport Eagles in Lisburn but defeat revisited them again the following day, when the other Limerick side, the Huskies, made the trip North and came home with the spoils. They have a sharp presence on their sideline in the form of head Coach Breda Dick. Dick spent fourteen years playing for the Irish Women's team and interestingly cites Killarney's own Paudie O'Connor as her role model. Paudie was her first coach at International level and obviously left a

huge mark on Breda. She will be looking to

the McGrath sisters Charly and Georgie to



St. Paul's Players, Lynn Jones, Sofia Paska, Khiarica Rasheed and Rheanne O'Shea.



St. Paul's u18 boys had a great win despite injuries away against Glenbeigh Falcons. Final score St Pauls 81 to 52 Glenbeigh Falcons

carry the torch for them as well as American signing Jay Ashby. Ashby has been a steady performer hitting anything between 16 and 34 points in games but the second American signing has been a harder fill for them. Having started the season with Janeen Camp they have now signed Aaliyah Rice who featured in both Limerick games. Anna Brennan, Nicola Rafferty and Rebecca Barker are other stalwarts in the Rockets camp.

St Paul's league form has been faultless and they'll do well to remember that they had a comfortable halftime lead in Cavan. One poor half in six games may have been costly but no better place than back on the hardwood to redress the balance. Khiarica Rasheed has been building a good understanding with Sofia Paska and will be looking to advance on that again. In the absence of Lorraine Scanlon, she's attending the TG4 Ladies Football All Stars , Meabh Barry may be pushed up the ladder while Lynn Jones and Rheanne O'Shea will also take the lead. Denise Dunleas performances will be giving Coach James Fleming much food for thought as will the contributions of the maturing Leah McMahon and Niamh NiChonchuir. The rise of Liadh Tobin, Mary Kate Smith and Cliona Coffey add to the option already provided by Aisling O Mahony and with a strong and rounded squad they will be looking to get an immediate bounceback . Tip off in the Killarney Sports and Leisure Centre is at 4.30pm with the male equivalents commencing later on at 7.30pm.

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SOCCER FOCUS



Ballyhar Dynamos FC u17s recent Victor's over Mastergeeha FC & defeated by Listowel Celtic in Division 1 of the Kerry District League.



Ballyhar Dynamos FC u10s who played Killarney Celtic on Saturday last at Murt Scott Park.

MEK GALAXY

GIRLS U13 PREMIER

Inter Kenmare 1 MEK Galaxy 2

On a Very heavy grass pitch, it was a grind for the girls to play the ball as did not suit the teams normal style of playing it through from the back, but the girls still got the job done 2-1 to MEK. Scorers: Elise Brunner and Ava Harty. POM Tara O Connell

U12 BOYS DIV 2 SOUTH

MEK Galaxy 4 - 1 Iveragh

A great display by the lads. Goalscorers Tristan Cryan, Peter Clifford and Player of the match Yarek Bialkovskyi who scored a wonder goal in his last game for MEK.

UNDER 14 DIVISION 1

MEK Galaxy 5-1 Killorglin FC

A fine performance by all the lads. Scorers Harry O'Mahony, Shea Driver and Hatrick hero and player of the match Cade Jameson.

BALLYHAR DYNAMOS FC

TEAMS

The club u8s &10s had outings v MEK FC & Killarney Celtic respectively. Thanks to the parents & coaches on all sides for facilitating these games.

The U12s Division 1 squad lost at home 0-1 to Killarney celtic in a close exciting encounter with each of the squad playing well.

The U14 development Division 2 side had a good 3-1 home win over Killarney Celtic B on Saturday. Goals by Luke Bartlett, Alan Mrotek & Patrick O Connor sealed the win with Noah Browne, Fionn Clifford, Odhran Leslie, Daithi Allen, Peter Callaghan & Nicholas Newmann showing well.

The u14 premier group welcomed Askeaton/ Kilcoran FC in the 3rd round of the National Cup & advanced to the next round with a 6-0 home win. Goals by Jamie Murphy, Addy Nolan with two made it 3-0 at the break with Dylan Fitzgerald, Ryan Vickers & Alex Finn adding further goals in the second half with Fleming, O Leary Griffin, O Brien, Templemann, Kelly, Quilter & Allman all doing well. Best of luck to this squad in the next round.

The U16s had a difficult day out in their defeat to v Camp Juniors with goals by Anthony

Cremin x 2 & Marcus Clifford in agame in which Lee Crillo & Eoghan O Sullivan standing out.

The club seniors travelled to Killarney Celtic on Saturday night in Premier B where Celtic were victorious on a 5-2 scoreline. James Horgan made it a 2-1 game midway through the second half & with a period of dominance Ballyhar failed to close the gap with Peter Cosgrave adding a second late on. Rian Brosnan, John Power, Dan O Shea, Ger Fitzgerald, Danny Croning, Declan O Connor, Mike Daly & Dara Donohoe playing well.

Our U17 Division 1 squad picked up a deserved point on Sunday in a home 1-1 draw v St Brendans Park B. Gerard Long with the equaliser late on after good approach work by Luke Henderson & Jack Dicker. Rian Brosnan was excellent between the posts with Walshe, Fitzgerald, O Keeffe, Kelly, O Sullivan & O Riordan prominent during the game.

KERRY SCHOOLBOYS & GIRLS TEAM OF THE WEEK

Jerry Brick (Listowel Celtic U13)
 Peter O Shea (Killorglin AFC U14)
 Tadhg O Connell (Ferry Rangers U16)
 Ignacy Truchan (Killarney Celtic U16)
 Adam McCarthy (Castleisland AFC U12)
 Alan Mrotek (Ballyhar Dynamos U14)

7. Tom Hughes (Mastergeeha FC U12)
8. Ruban Rivas Mc Hugh (St Brendans Park U12)
9. Ruarai Daly (Inter Kenmare U16)
10. Trey Hurley (Killarney Athletic U12)
11. Fionn O Dalaigh (Tralee Dynamos U16)
KERRY SCHOOLBOYS & GIRLS
GIRL'S ROLL OF HONOUR

Sarah Kelleher (Mastergeeha FC) Tara O Connell (MEK Galaxy) Suin Foley (St Brendans Park Fc) Tia Falvey (Tralee Dynamos) Sophie Moran (Iveragh Fc) Eilidh Cregan (LB Rovers) A special well done to the Dingle Bay Rovers

team who overcame Pike Rovers in The U12 National Cup, and again to the U13 Kerry Girls who overcame last years All Ireland champions Cork yesterday away in Cork.

SATURDAY 11TH NOVEMBER U13 GIRLS PREMIER

Inter Kenmare 1 -2 MEK Galaxy Killarney Athletic 4 -2 Killorglin AFC St Brendans Park 3 -1 Iveragh UTD U13 GIRLS DIVISION 1

Mastergeeha FC 5 - 2 Listowel Celtic Camp Juniors 6 – 0 Killarney Athletic B Castleisland AFC 0 -2 Tralee Dynamos U12 BOY'S DIVISION 1 Killarney Athletic B 4 -3 LB Rovers A

Ballyheigue AFC 3 -9 Camp Juniors



U15 Kerry Schoolboys /Girls team that overcame Limerick County last Saturday in Charleville after a penalty shootout.

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SOCCER FOCUS



MEK GALAXY U13 Girls side who defeated Inter Kenmare

St Brendans Park B 2 -1 Fenit Samphires U12 BOY'S DIVISION 2 (NORTH) Killorglin AFC B 5 - 2 LB Rovers B St Brendans Park C 3 -1 Tralee Dynamos B Castleisland AFC B 1 -0 Camp Juniors B

U12 DIVISION 2 (SOUTH) BOYS

Inter Kenmare B 5 -2 Killarney Celtic C St Brendans Park D 5 -1 Killorglin AFC C MEK Galaxy B 4 -1 Iveragh UTD B Dingle Bay Rovers B 4 -2 Mastergeeha FC B Camp Juniors C 0 -6 Killarney Athletic C U13 BOY'S DIVISION 1

Fenit Samphires 2 - 0 Listowel Celtic B

U14 BOY'S DIVISION 1

Killarney Athletic B v Camp A Fenit A v LB Rovers A MEK A 5 - 1 Killorglin AFC B U14 BOY'S DIVISION 2

Ballyhar Dynamos B 3 -1 Killarney Celtic B U16 DIVISION 1 BOYS

Mastergeeha FC B 3 - 3 Mastergeeha FC C U16 DIVISION 2 BOYS

Tralee Dynamos B 5 -0 Inter Kenmare B Castleisland AFC B 5 -2 Killarney Athletic B Ballyheigue AFC A 1 -7 Ferry Rangers

U12 BOY'S NATIONAL CUP ROUND 3

Iveragh UTD 2 -4 Killarney Celtic St. Brendan's Park 4 -0 Ballymackey FC Pike Rovers 0 -2 Dingle Bay Rovers Lisnagry FC 0 -2 killarney Athletic Listowel Celtic AFC 2 -6 Aisling Annacotty **U12 BOY'S NATIONAL TROPHY ROUND 2**

Inter Kenmare 1 - 2 Ennis Town Tralee Dynamos 3 -1 St. Nicholas Castleisland AFC 2 - 0 Newcastle West Town FC

0 Killorglin AFC 4 -2 Milltown FC U14 BOY'S NATIONAL CUP ROUND 3

Ballyhar Dynamos 6-0 Askeaton/Kilcornan AFC Killorglin AFC 1-2 Murroe AFC St. Brendan's Park 7 -1 Moneygall FC Castleisland AFC 6 -0 Tulla United 0 U14 BOY'S NATIONAL CUP ROUND 2 Summerville Rovers 1 -3 St. Brendan's Park B

Listowel Celtic 1 -3 Killarney Celtic U14 BOY'S NATIONAL TROPHY ROUND 3 Shelbourne AFC B 1 -7 Tralee Dynamos

U16 BOY'S NATIONAL CUP ROUND 3 Listowel Celtic 5- 4 Iveragh United 4



Ballyhar Dynamos FC u14s, 3rd round National Cup winners over Askeaton/kilcoran FC (Co Limerick) at Murt Scott Park

Killarney Athletic 1-1 Holycross 1 Holycross on penalties Breska Rovers 5 -2 St. Brendan's Park

U16 BOY'S NATIONAL TROPHY ROUND 3 Geraldines 7 - 2 Killarney Celtic

Tralee Dynamos 6-0 Camp Juniors Killorglin AFC 6 – 2 Galbally united Inter Kenmare 4 – 2 Regional United B AET INTER LEAGUE

Girls: U15 Limerick County 3-3 Kerry: Kerry win on penalties 5-4

U13: CWSSL 0-1 Kerry U14:North Tipperary School Children's League (NTSCL)1-0 Kerry

KILLARNEY ATHLETIC KILLARNEY ATHLETIC 1 - 1 HOLY CROSS HOLY CROSS WIN 4-2 ON PENALTIES

Heart break for the lads to lose on penalties we started the game well and should have been up only for the holy cross keeper making brilliant save from Ben Kelleher the second half was a much tighter affair in which we took the lead from a brilliant header from Sean kiely Holy Cross got there equaliser with minutes to go, it went to extra time with no chances created by either side.

Penalties didn't go our way but everyone of the lads should be proud of themselves. Mark O' Carroll was superb at the back and Liam Harmon was brilliant man of the match was Bryan O' Connor.

KILLARNEY ATHLETIC U12B 4 LB ROVERS 3

In a thrilling, end-to-end encounter, the home team faced an early setback, conceding the first goal. Undeterred, the lads showcased resilience, turning the tide before halftime with a 2-1 lead. The away team came out strong in the second half and regained the lead. In a final twist to a highly entertaining match, a spirited comeback saw us secure a hard-fought 4-3 victory. Goals, determination, and teamwork defined a superb performance on the pitch. Thanks to LB Rovers for a competitive, sporting contest.

Goalscorers: Trey Hurley (2), Daragh O'Toole, Freddie Glinwood)

U13 GIRLS DIVISION 1

Camp 6 Kill Ath 0

Girls travelled for a game against league leaders Camp. It was a pretty much one sided game where Camp pinned Athletic back and created a lot of chances. Despite a lot of effort in defence by Athletic, Camp managed to start to find the target a pulled ahead. Eventually finishing up 6-0 to Camp.

U12 DIVISION 2

The lads made the trip to Camp FC today and in the end came away with an excellent victory. Some great individual performances but more importantly a great team performance. Thanks to Camp FC for a sporting game and good luck to them for the rest of the year

U13 GIRLS PREMIER

Killarney Athletic 4 - 2 Killorglin

Aoife Kelleher, Ella Crowley, Roisin OSullivan, Zoe O'Neill

Great performance by all our Girls today. TAhanks to Killorglin for a very Sporting Game. U12 NATIONAL CUP RESULT

Killarney Athletic 2 - 0 Lisnagry

Lucas Uchytil, Sean Quill

The boys U12 A team move onto the next round of the National Cup with a big win over Lisnagry FC (Limerick). The conditions were tough today for the lads up in Limerick with a tough away fixture against a strong Lisnagry side. The boys went up 1-0 with 25 minutes into the first half with a lovely volley by Lucas Uchytil. His hard work and effort won the ball away from Lisnagry in their own half and finished with a lovely volley to the top corner to put the boys up 1-0 at half time. The lads came out strong again in the second half and should have been up by more with their ferocious pressing and had a couple great chances to go ahead by more but was thwarted by two great saves by the Lisnagry keeper. Sean Quill gave the boys some breathing room with a lovely composed strike from outside the box with 10 minutes remaining to go up 2-0. Ewan Marshall kept another clean sheet with a strong performance and made an important save on a 1v1 to keep the lead in the second half. Player of the match was Lucas Uchytil.

Big thanks to all the travelling parents who supported the team all the way through. Special thanks to the Ukrainian horn section which added to the celebrations! (Well done Elena:) Thanks to Lisnagry FC for a very sporting match and lovely hospitality.



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SOCCER FOCUS



Killarney Celtic u14 squad vs Listowel Celtic in the SFAI Subway National trophy.



The Killarney Athletic U12 Division 2 Team who defeated Camp FC

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 10, 23, 25, 26. No jackpot winner. No Match 3 winners. Lucky Dip winners received \in 50. Next jackpot \in 3,000 on Monday Nov 20th. Tickets available from The Dungeon Bookshop, club members. The online sales are now available through Clubzap

MCCARTHY INSURANCE GROUP MUNSTER JUNIOR CUP ROUND 4 LAST 32 Coachford AFC 2-3 Killarney Celtic FC

Trpimir Vrljicak, Mark Kolesnikov, Matt Keane

Celtic A advanced to the last 16 of the Munster Junior Cup thanks to a win in Coachford last Sunday. Celtic took the lead on 16 mins when Trpimir Vrljicak scored before Mark Moynihan had the home side level when he scored from a penalty. Celtic were back in front through Mark Kolesnikov on 53 mins. Coachford were back on terms when they equalised in the 71 minute. In the 79th min Matt Keane scored to give Celtic the lead again which they held to the final whistle. Next round is away to local rivals Killarney Athletic.

CHARLEVILLE CHEESE PREMIER B Killarney Celtic B 5-2 Ballyhar Dynamos

Krystian Wielgus, John Falvey, Evan Cronin, Kalvin O'Sullivan, Adam Grzesiak

Great win in tough conditions. Celtic started very well and could have been ahead early on only for some good saves from Ballyhar's goalkeeper. Celtic eventually took the lead after a brilliant diagonal ball from Robbie Hartnett to Kristian Wielgus who finished well into the corner. Celtic had more opportunities to score but couldn't find the finishing touch and went in at half time 1-0 up. The second half started off with a bang with John Falvey scoring a rocket of a free kick from 40 yards into the top corner. 5 minutes later Ballyhar scored from the penalty spot and for 15 minutes took control of the game with Kenny Cronin pulling off some fantastic saves to keep us ahead. Celtic regained control of the match and finished very strongly with brilliant goals from Evan Cronin, Kalvin O Sullivan and Adam Grzesiak in between a consolation goal for Ballyhar.

CHARLEVILLE CHEESE YOUTH PREMIER Killarney Celtic 8-2 Killarney Athletic

Rafael Viegas 3, Jason O Sullivan 2, Alex Borrell 2, Matteo Falcone

First home league game of the season kicked

off in great fashion, Celtic started the game very strong and took a very fast two goal lead through Jason O'Sullivan and Rafeal Viegas inside the opening 15 minutes. Celtic dominated the half and scored another two goals from the same players before the break. Second half started the same way when Celtic took a chance on the edge of the box and Alex Borrell made it 5-0. Athletic took back two goals and started to play well but Celtic found another gear and Rafeal Viegas got his hat trick before Alex Borrell and Matteo Falcone added another two quick goals to make it 8-2. Great team performance on a tough winters night.

KILLARNEY CELTIC 4-5 MASTERGEEHA FC

Matteo Falcone 2, Rafeal Viegas, Callum Cronin Very difficult first half with Celtic completely out of the game and Mastergeeha went 3-0 up. Second half started the same way and Mastergeeha added a fourth before Celtic found their rhythm and brought it back to 4-3. Mastergeeha scored again before Celtic got another late goal but it wasn't enough on the day despite a great second half.

SFAI SUBWAY U16 NATIONAL TROPHY Geraldines AFC 7-2 Killarney Celtic

Luca Mosca, Alex Borrell

Celtic tried hard but on the day Geraldines were more clinical.

SFAI SUBWAY U14 NATIONAL TROPHY Listowel Celtic FC 1-3 Killarney Celtic

Oisin Cryan, Kiernan Kelly, Luke Clancy

Celtic travelled to Listowel for a lunch time kick off. A very tight affair in the first half with few half chances to both sides. Celtic did have a good patch and took the lead through Oisin Cryan with a nice finish and should have had another straight after, hitting the bar and missing from close range. Second half the home team came back into the game and got the equaliser from a free kick on the edge of the box. Killarney went straight down the other side and took the lead again from Kiernan Kelly. Shortly after Luke Clancy got the all important third goal to seal the win. Thanks to ref John Ross for a fine match and many thanks to Listowel Celtic for a minute's silence at the start of game for coach Timmy Kelly whose father sadly passed away during the week.

U14 DIVISION 1 Ballyhar Dynamos B 3-1 Killarney Celtic B

Marc Sheehan Celtic came out on the wrong side of a good competitive game. Celtic had plenty of chances to score but not our day and Ballyhar were far more clinical. Celtic had a wonderful goal by Marc Sheehan.

SFAI SUBWAY U12 NATIONAL CUP ROUND 3 Iveragh United 2-4 Killarney Celtic Green Cillian Scannell 2,Conor Doherty 2

Celtic had an early start down to south Kerry against Iveragh. Game started well for Celtic and went 1 up from a Cillian Scannell penalty. Celtic dominated and hit the post 3 times. Iveragh came back into it and scored 2 quick goals to lead 2-1 at half time. Second half started and Celtic hit the post again then Conor Doherty scored to draw the game. Celtic hit the post another 3 times. Evan O'Donoghue's corner was volleyed in by Conor Doherty, Celtic up 3-2. Tiernan Cronin made a super save before Cillian Scannell closed out the scoring to leave Celtic the winners.

U12 DIVISION 1 BOYS

Ballyhar Dynamos A 0-1 Killarney Celtic White

Rowan Murphy

Celtic u12 White made a short trip to Ballyhar for an early kick off. Game started brightly for Celtic who played some nice football but were unable to make the breakthrough. The second half was pretty super, end to end stuff and some good saves from Mark McGee helped us stay in the game before Rowan Murphy scored from a penalty. Ballyhar pressed and nearly got the equaliser with the last kick except for Mark McGee making a fine save and Rowan Murphy heading off the line to keep our lead intact.

U12 DIV 2

Inter Kenmare won over Killarney Celtic Gold Despite a valiant effort Inter Kenmare were just too good on the day.

OUR U8, U10 AND U11 SQUADS played over last weekend.

GIRLS

U16 GIRLS PREMIER

Killarney Celtic 0-1 Listowel Celtic

A fast tempo game as usual when these 2 teams meet and a first half goal was all that separated them. The Killarney girls kept pushing on until the final whistle but try as they might the equaliser would not come.



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The Week Through The Eye of the Lens



Attendees enjoying the Killarney Valley Classic & Vintage ten year celebrations.



Alan Ring (O'Donoghue Ring Collection), Ted O'Gorman, Diarmuid Lynch and Fergus O'Meara at the launch of the Killarney Towers Hotel Killarney Historic Rally at The Killarney Plaza on Sunday. Killarney and District Motor Club will host the event on Friday December 1st and Saturday December nd. Picture: Eamonn Keogh



Amy McGillicuddy (Birth & Postpartum Doula), Linda O'Mahony Logan (Leadership360 and President of the Kerry branch of Network Ireland), Anna & Orla Snook O'Carroll (Valentia Vermouth), and Fiona Leahy (Local Enterprise Office) having fun at the November Network Ireland 'Kerry Branch Connecting the County Leading, Supporting, Collaborating with sponsor partner Kerry LEO' in the RDI Hub, Killorglin on Wednesday evening (November 8th). Photo: Michelle Breen Crean Photography



Joan Walsh (Partnership International), Amy O'Sullivan (Amy O'Sullivan Consultancy/Vice President Designate Network Ireland), Linda O'Mahony Logan (Leadership360 and President of the Kerry branch of Network Ireland) and Linda Codoul (incoming Network Ireland 2024 President), pictured at the November Network Ireland 'Kerry Branch Connecting the County Leading, Supporting, Collaborating with sponsor partner Kerry LEO' in the RDI Hub, Killorglin on Wednesday evening (November 8th). Photo: Michelle Breen Crean Photography



There was a great turnout at the Kilcummin Mothers & Others Table Quiz at the Killarney Avenue. Pictured are Mary Theresa O'Mahony and Maureen Fleming.



Killarney Valley Classic & Vintage club members at their ten year celebrations. From left: Paddy Lawlor, Liz Clifford, Katie O Neill, Stephaine Carey, Dennis O Connell and James Kissane



Killarney Outlook are looking for your old photographs for our 2023 Souvenir edition.

If you have an old picture of Killarney or its residents please contact

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Our Souvenir edition is very popular with Killarney people at home and abroad and we appreciate all the photographs that are given to us so we can share them with everyone.











JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

The victorious St. Brendan's Team who won the Taft Final.



DRAMATIC COMEBACK SEES SEM DEFEAT TRALEE IN ALL-**KERRY MUNSTER U15 FINAL** Taft (Munster U15) Final: St. Brendans Killarney 3-9 Tralee CBS 1-13

The Br. Colm Taft Final in the Fitzgerald Stadium was an absolute rollercoaster from start to finish, with some fabulous football played by both sides. In the end Tralee CBS, who completely dominated the first half with a stunning display, will rue their failure to press home their advantage while on top. The Sem, on the other hand, will be glad of the goalscoring knack that kept them in the game at times when it looked as though they would be inevitably overwhelmed.

Tralee CBS took over proceedings from the throw-in. Adrian Molloy drew a foul converted by the very impressive Kingston. He was on fire here, winning and pointing another free and adding another from play. Straight from the kick-out, big Tom Lenihan rose high to claim it and made it 0-4 to 0-1.

The Sem were being beaten in almost every individual duel, but Jack Culloty, grandson of the great Johnny, got them off the mark in the 12 th minute and Samuel Scroope supplied another. Against the wind, they would be hoping to stay in touch on the scoreboard. That looked unlikely though, with the tackling, passing, and pure skill of the Tralee players as they reeled off five points on the trot through frees from Lenihan and Kingston and from play by Mikey Corridan, Stephen Shanahan, and Adrian Molloy. Sem keeper James Murphy had to be alert to parry a snap volley from Jack Daly. Cian Stack, who battled brilliantly in an overwhelmed midfield, had an effort at goal but Tralee's Jack Collins comfortably gathered. Livewire Culloty won and pointed a free. Tralee didn't extend their lead in the last seven minutes of the first half. They did slice open the Sem defence with a great pass by Eoin Mangan to Danny Kingston, but Murphy almost miraculously got a hand to it. A really brilliant save. Even with that, you couldn't really imagine the Sem coming back into this one, not after the football the Green had just produced. Half-time Tralee CBS 0-9 St. Brendans 0-3

The Sem needed a fast start to the second half and it couldn't have been any faster. Straight from the throw-in they were driving forward and did find the net, but the whistle had already sounded for a foul and referee Evan Horan, who had a great game in his own right, signalled a penalty. Roan Guerin slotted it, the shot having just enough power to get past the keeper's strong touch.

Suddenly there was just a point in it and the Sem were facing a two point deficit with the wind guite literally at their backs. It felt like a rapid transformation. A great catch by Samuel Scroope saw the Sem trim the gap right back to the minimum. Tralee CBS needed a response and got a great one from Danny Kingston, coming down the field and deftly picking his spot for a goal of their own. Tom Lenihan won the kick-out and set up Luke Donovan fora point and the gap was back to six points again Jack Culloty slotted a free for the Sem. He had another hit off the woodwork twice and bounce back out.

In a game this tight, between teams of this guality, luck inevitably plays a role, and luck fell the Sem's way big time when they needed it. Mark Looney had a superb game, but I'm sure that he will admit himself that he was shooting for a point and the ball just slipped awkwardly



into the top corner.

Just like that, it was a two point game and Jack Culloty cancelled one of those out immediately with a free. This was going to be a frantic finish. Luke Donovan put two points back between them with a composed finish. Midfield dynamo Cian Stack replied for the Sem. Tralee were defending desperately, backs to the wall, while the Sem were giving it everything they had. There has been talk of negativity to kill games at senior games; this was purely joyous for any neutral to watch. Could the Sem get an equaliser. They did, as Samuel Scroope scored a real beauty just when it counted most.

The Sem had two chances in a first half of extratime where the toll of normal time intensity could be seen in both teams, but both Luke O'Shea and Daniel Cronin were denied by great defending. In the last minute, frees from Kingston gave Tralee a two point lead that felt like an awful lot at that stage.

ALL THINGS...SPORT

Action from the Taft Final St. Brendan's v Tralee CBS. Picture: Fitzgerald Stadium PR



Jack Culloty, the obvious man of the match among many contenders, opened the second half of extra-time with a point. Cian Stack rose high to claim the kick-out and keep the play facing the Sem's preferred way and there was sub Leo Allen with a brilliantly angled shot right into the bottom corner. Tralee never gave up but they just couldn't close that gap.

The first Munster football cup of the season goes to the Sem, but enormous credit goes to both sides after an absolutely gripping game.

CORN UÍ MHUIRÍ ROUND-UP GROUP A Mercy Mounthawk 1-25 Coláiste Chríost Rí 1-5

Coachford College 1-8 PS Chorca Dhuibhne 0-10

I really can't see anybody stopping Mounthawk here. It's not just that big opening win (I stress, scoring difference is money in the bank in this competition), but the manner of their victory and their form over recent years.

They are among the big guns, and with good reason. Despite that opening defeat, I still think a very young Corca Dhuibhne have enough to take second place. Their game against Críost Rí could be a decider. I honestly think that on good ground Corca Dhuibhne would have beaten Coachford pulling up (Corca Dhuibhne play a really fantastic brand of fast, clever football, it really is a joy to watch). Then it's about scoring difference with them in the mix. Of course its uphill from here, but we've all seen Corca Dhuibhne teams scale metaphorical cliffs. They have absolutely no room for error, though, every single play will be vital.

GROUP B Coláiste na Sceilge 2-11 Pres. Milltown 0-9

St. Francis Rochestown 2-9 DLS Macroom 1-8

It's not good news for Pres. Milltown. I'm afraid it's not even great news for Coláiste na Sceilge. The two Cork schools looked good. I don't see anyone beating Rochestown and I think they will top the group. Coláiste na Sceilge are in pole position to qualify in second place. Of course, if they beat Rochestown we are looking at a changed map, and with Emmet Daly and lan O'Sullivan especially, they just might have the firepower. It would be some battle, though. Milltown have to beat Macroom well and battle Rochestown to the finish. Again, scoring difference could certainly come into play in this group.

GROUP C Patrician Academy Mallow 3-13 Coláiste Choilm 0-9

St. Brendans Killarney 0-9 St. Flannans 1-6

Flannans are a side that have never feared the Sem, and make no mistake, I like the Clare outfit for it. On a wet day on a tight Mick Neville 3G pitch, they played defensive (as I would have) and earned a share of the spoils through defiant grit as much as anything else. The Sem didn't do much wrong but just couldn't keep that door closed. Attacking midfielder Jamie Moynihan and Alex Hennigan kicked early scores but the Sem lost key player Timmy Moynihan to a serious-looking injury. That was a big blow. Flannans scored a good goal through Joe Casey and just about deserved their 1-2 to 0-4 half-time lead. The Sem had been unlucky to be denied a goal because of squareball, but they can have no excuses for missing too many clear-cut chances. Jamie Moynihan levelled matters at the start of the second half and the Sem, with their attacking axis of Callum Cronin and man of the match Alex Hennigan looking good, appeared dominant. Again, though, they weren't actually converting that into enough scores and a bravely dogged Flannans hung on. Alex ennigan put the Sem a point in front late on after a great run by Callum Cronin, but Flannans, with midfielder James Hegarty outstanding, won a late '45 and Darren Keane's superb kick against a tough crosswind deserved a share of the spoils on it's own. There's a famous design motto called KISS, i.e. keep it simple, stupid. And this is simple. The Sem face newcomers Mallow in their last game, and basically have to win it. Yes, there are a myriad of possibilities should they draw and they are likely to go through even if they lose (Ballincollig beating Flannans).

But Flannans will be massive favourites against already eliminated Ballincollig and will know full well that scoring difference will be crucial. The Sem can't leave that gap open. They do have a huge lead on Flannans in scoring difference, +16 to -6, but I suspect Hartyfocussed and already-eliminated Ballincollig will be easy enough pickings in the final round for Flannans. The Sem need to beat Mallow, and Mallow have been hugely impressive so far. Do that and they top the group. Lose....and the holders could be out.



GROUP D Tralee CBS 1-17 Skibbereen 1-9 Ardscoil Uí Úrmaltaigh Bandon 0-14 CSN Bishopstown 0-8

Tralee led by 1-9 to 0-2 at one stage in this game and looked very good. Skib came right back at them, though, with 1-3 on the trot, and The Green needed to dig deep to open their campaign with that win in the bag. This is pretty much the 'group of death' in as much as there is such a thing. None of these are bad teams and I expect scoring difference to come into play at some point.

GROUP E St. Pats Castleisland 1-14 Clonakilty CC 2-11

St. Pats are in a certain amount of limbo at the moment. That hard-fought draw means that they are behind Clonakilty on scoring difference, but just by two points. In other words, if Abbey CBS, who will be favourites against Clonakilty in the last game of the group, win by three points, St. Pats go through in second place. If Clonakilty win or lose by less than that, St. Pats are out. Abbey are already through but will be anxious to top the group; St. Pats have a good chance but it's not in their own hands. Playing in a three team group is a massive disadvantage but no matter what, St. Pats have most definitely proven that they belong at this level.

COUNTY U21 HURLING FINAL Ballyduff 5-9 St. Brendans 1-11

Exactly ten years ago, Ballyduff faced off against St. Brendans in the Kerry U21 final and prevailed on a 1-10 to 0-11 score-line. No-one that day would have predicted that Ballyduff would be waiting a long decade to claim their next one. They finally ended that gap last Sunday in Austin Stack Park in a game thathad skill, passion, excitement....and maybe just a wisp of sulphur on occasion to spice things up! Both sides looked a little bit tentative at the start as they took each other's measure. Both sides had a wide on the board before a foul on Anthony Kavanagh saw Killian Boyle open the scoring for Ballyduff. At the other end Earnán Ferris was a bit unlucky to be pulled for overcarrying after driving into the danger area. Instead Jack Enright with a great score from the left wing double Ballyduff's tally. Odhran Ferris replied and a lively Seán Brosnan added another to bring St. Brendans' level, 0-2 apiece. Ballyduff struck for a vital goal, and it was route

ALL THINGS...SPORT

one all the way. Jack Enright sent a booming monster in and Kevin Goulding got a deft touch to carry it past the keeper and into the net. Killian Boyle added another and Ballyduff were beginning to take control.

St. Brendan's response was superb. Seán Brosnan measured a rocket of a shot to perfection. Cillian Murphy did very well to parry it, but there was Fionán Egan waiting pounce on the rebound and knock it home – how many times did we see his father John do that for his county?

Ballyduff had more of the sliotar now but weren't converting their chances, with four wides on the trot while Liam Óg O'Connor neatly split the posts after Seán Brosnan was fouled. The game was also hearing up a bit now, with a lot of minor confrontations and late protestations. Nothing major, but all a bit unedifying, to be honest. Liam Óg O'Connor pointed his second free and St. Brendans were a point up against the run of play. Two frees from Ballyduff's Killian Boyle reversed that position, however.

Another contretemps broke out after a late challenge left a Ballyduff player down injured. Referee Michael Sexton brandished a red card - but unfortunately, the player he dismissed was Seán Brosnan, who had probably been St. Brendans' best player to that point and certainly had nothing to do with the initial incident. It has to be said that it did leave a slightly sour note. Liam Óg O'Connor pointed from play to draw St. Brendans level again. Ballyduff finished the first half strongly. Denis Horgan cleverly found Kevin Goulding, but the keeper denied him with a great save. Killian Boyle notched another free. They hit two more wides (nine in total in the first half) but in the last play of the game Kevin Goulding and Luke Rochford were once more under a high ball and once again Goulding got that small and vital touch to turn it past the hapless keeper.

Half-time Ballyduff 2-6 St. Brendans 1-5

Earnán Ferris clipped over a fine score on the restart. Liam Óg O'Connor won a free from close enough range but decided to go for a goal and it was cleared – he might have been better off taking the simple point on offer, but no-one's ever wrong in hindsight.

St. Brendans did actually score for twenty long minutes. Luke Rochford set up Killian Boyle for their third goal and the two Boyles, Evan and Killian, added well-executed points. At 3-8 to 1-6, this game was starting to slip away from St. Brendans. Liam Óg O'Connor finally ended their scoring drought with a free in the 51st minute and suddenly they looked a transformed side. Fionán Egan added another. Goalkeeper Jack Moriarty boomed over a long distance monster. Liam Óg O'Connor lotted a '65. After four points in as many minutes, they trailed by 3-8 to 1-10 and looked very dangerous. In fact, they came very close to a goal after Keelan Best got a nice ball out to Earnán Ferris, but his rocket whizzed just barely the wrong side of the top corner and wide.

Ballyduff could sense the danger and responded in the style of champions. Their fourth goal was a thing of beauty, Kevin Goulding with an overhead pass to Aodhan Curley, who did the



same thing to fox the defence and leave Luke Rochford with just the keeper to beat and he duly rolled it home. Goulding himself traded points with Fionán Egan but just before the final whistle Aaron Whyte struck in a crowded square for goal number five and U21 title number five for a jubilant Ballyduff.

MUNSTER HURLING INTERMEDIATE QUARTER-FINAL

Crotta O'Neills 1-22 Ferrybank 2-13 Kerry hurling clubs aren't really supposed to be knocking Waterford teams out of the Munster Club Championships. Actually, I think it's fair to say that they aren't supposed to knock anybody out of the Munster Championships (let's face it, the football is the exact opposite). And if a Kerry team does knock out the Waterford champions, it's supposed to be a ding-dong battle, with the Kerry team somehow hanging on to survive a late siege.

This was not that. This was very far from that. This was Crotta giving an absolute display. The defence have to get a special mention, coughing up just two points from play over the full game. Up front Jordan Conway had five sparkling points in the first half while Shane Nolan finished with 0-11 (I still believe he could and should play a part in Kerry's League campaign next year, especially with Mikey Boyle and Daniel Collins retired). Ferrybank did take the lead with a lucky enough goal early on after Crotta had scored the opening two points, but otherwise Crotta were in complete control and looked very, very impressive here. They led by 1-12 to 1-6 at half-time, Jeaic McKenna with the goal, and never really looked in difficulty at any stage in the second half despite a late consolation goal from Ferrybank.

Crotta O'Neills will now face Castlelyons of Cork in the Munster semi-final andwill have home venue (Mountcoal) for that tie.

SOUTHERN GAELS WIN MUNSTER B TITLE MUNSTER LADIES PLATE FINAL Southern Gaels 3-9

Comeragh Rangers 1-14 Ellie Gill opened the scoring for Southern Gaels but Shauna Dunphy and Kaci Brazil (2f) replied for the favourites. The excellent rachel Dwyer clipped over two points but Katie Murray and Kaci Brazil (f) made it 0-5 to 0-3. Rachel Dwyer picked off a free but Comeragh's Ava Connolly

was just barely wide of goal. Katie Murray

pushed the gap back to two points but a

superb individual goal by Ellie O'Connell gave Southern Gaels a 1-4 to 0-6 half-time lead. Rachel Dwver and Anna Galvin extended the lead to three on the resumption but Comeragh showed nerve and skill to pick off the next three points. Rachel Dwyer nudged Southern Gaels back in front and Mary Ellen Bolger made a brilliant save. Rachel Dwyer struck again and then Jess Gill cut in sharply to blast home a goal and put Southern Gaels five points clear. You'd have to admire Comeragh Rangers' grit. They scored the next two points and then the Murray sisters combined for Emma to goal. All square once again and the game went to extra-time. Rachel Dwyer and katie Murray exchanged points. At the start of the second half of extratime, Aoife Dwyer showed great composure to slide the ball home and that goal was finally the clincher. Even then Comeragh Rangers kicked the last two points but just couldn't overhaul that lead and Southern Gaels were champions by just a single precious point.

MUNSTER JUNIOR FINAL O'Donovan Rossa 0-12 Clounmacon/Moyvane 1-7

Erin Finucane (2f) and Eva Fitzmaurice had Clounmacon/Moyvane ahead by 0-3 to 0-1 but O'Donovan Rossa kicked the next five points on the trot. Clounmacon/Moyvane were struggling despite the heroics of Muirne Wall but a Laura Stack fisted goal brought them level and Erin Finucane put them in front. They led by 1-4 to 0-6 at half-time. Kelly Enright, Erin Finucane, and Gillian Musgrave had stretched that lead to three points early in the second half but O'Donovan Rossa took over and reeled that in. Both sides had goals disallowed but neither dropped their heads. O'Donovan Rossa finished the game very strongly and three points on the trot saw the title going to the Skibbereen outfit. Clounmacon/Moyvane could hold their heads high on the road back to North Kerry, though, and will already be looking forward to next year's Intermediate championship. On this display, they will be contenders.

BASKETBALL

No Bonne Chance For Ireland ladies Against France Eurobasket 2025 Qualifiers France 100 Ireland 48

James Weldon's Irish team have just one professional ladies basketballer (and Jessica Scannell has actually stepped back from playing professionally in Australia to line out for Ireland for the first time in 14 years); all of the rest are amateurs. France's team, on the other hand, are entirely composed of professional players, two of whom ply their trade in the WNBA. Any other result in Tallaght last weekend would have been a colossal shock. France are ranked No. 3 in Europe and No. 7 in world basketball. On another night, the absence of the injured Edel Thornton would be a hammer blow, but not even Edel was going to make much difference here. Quite simply, a game like this is not so much about testing our ability as a chance to gauge it against the top level, and on that score we actually did alright. Certainly it was great for the game to get public exposure on RTE and the station and Basketball Ireland have to be congratulated on that.

They will also be quite happy with the opening quarter, after which they trailed by just 18 to 17, with the returning Jessica Scannell nailing two big threes. It couldn't last and it didn't as France asserted themselves to suddenly push out into a 33 to 21 lead midway through the second. They trailed by 46 to 26 at half-time but France always had that bit extra. It was 49 to 23 at half-time and the tide was only flowing in one direction. France would lead 80-35 by the end of the third and have 52 points to spare in the finish - a little unfair on an Ireland team who had actually acquitted themselves guite well. Ireland: Jessica Scannell (14), Michelle Clarke, Bridget Herlihy (8), Sarah Hickey, Kate Hickey (1), Lauryn Homan, Annaliese Murphy, Claire Melia (16), Áine O'Connor (2), Kara McCleane, Hannah Thornton, Sorcha Tiernan (7). Women's EuroBasket 2025 Qualifiers Fixtures Thursday, 8 Februray 2024 – Israel v Ireland Thursday, 7 November 2024 – Ireland v Latvia Sunday, 10 November 2024 – Ireland v Israel Thursday 6 February 2025 – France v Ireland Sunday 9 February 2025 - Latvia v Ireland

Basketball Ireland insuremyvan.ie Men's National League Div 1 MATER PRIVATE MALAHIDE 97 KILLARNEY COUGARS 70

The Cougars made a return to Dublin for a second successive week following last week's cup trip to Tolka for a first ever visit to Malahide and with a good home support the Cougars were up against a team with a good home record in 2023. The Cougars made a good start to the game with 4 pts by Jack Lynch helpping the visitors to lead 8-6 after 3 minutes and when Darius Hopkins added a three pointer and a further basket Cougars increased the lead to 13 - 9 midway through the guarter before the home side began to find their range with BB Chuks Mady dominat inside on the boards adding 8 pts the home side took the lead to end the quarter 21-18 in a good competitive first quarter.

The home side with their narrow lead began to impose their game on the visitors and with a strong second quarter performance they opened up the lead as they contained the main Cougars scoring threats and increased their lead to 46-32 by half time with two three pointers by James Temple and a further 8pts by BB Chuks Mady who proved too strong under the boards for Cougars to manage. Ryan Sanders with 7 pts and a three pointer by Nathan Cox just keeping the Cougars in contention.

An improvement by Cougars in the third quarter saw Ryan Sanders hitting 11 pts and an improved defensive performance had Malahide working hard to maintain the lead and with excellent shooting from outside saw the home side adding 5 three pointers to increase the lead to 71-51 by the end of the quarter.

There was no lack of effort from the Cougars in the final quarter but with Darius Hopkins and Ryan Sanders again the only consistent scoring threats Malahide continued to dominate and further increased their lead with Mathew Harper again impressing as he added 13 pts with Cougars unable to make any impact on the Malahide lead they finished the game with a comfortable winning margin.

The young Cougars team had good performances from Ryan Sanders, Jack Lynch, Peadar Cronin and Darius Hopkins, as the team continues to show improvements but more will be required to get points on the board and after a month away from home on the road for league and Cup games the Cougars make a welcome return to the Presentation Gym next Saturday evening for an important league game with the Titans from Galway the visitors at 7pm.

SOCCER

This should have been a good week for Irish soccer. Back in the late forties and the fifties, the game was at it's peak in Ireland, with regular crowds of between 10 and 20 thousand attending the glamour fixtures – remember, there was no English soccer on tv apart from the FA Cup Final. But attendances are up some 15 to 20% overall this year – it might even be higher if facilities could handle the numbers safely. The FAI Cup Final this year brought 43, 881 supporters to see St. Pats beat Bohs, the biggest attendance ever at a domestic Irish game. A time for celebration, no?

The FAI, being the FAI, managed to utterly waste all that. It's been the worst week since they finally got rid of that spoof artist John Delaney but kept most of his cronies in situ because they were 'soccer people'. Those chickens have landed home to roost in a big way. They have been caught making under the table and undeclared payments to CEO Jonathan Hill, despite all the promises about transparency in a new era, etc. Mr Hill's payment is meant under a memorandum of understanding that was part of the terms of the Government bailout after the FAI....ahem...'lost' over €50 million amid false accounting to be linked to that of a Government Department Secretary, i.e. €216,000pa. That's while travelling over twice a week from England (which it turns out the FAI were paying for) to be CEO of Irish soccer. This while seeking over €500 million in grants to upgrade facilities. This is somewhere way beyond mere farce. FAI President Roy Barrett, who has always struck me as a decent man trying to do his best to clean up the mess left by Delaney, has resigned. Hill and Marc Canham, both of whom talk a good game but haven't remotely produced a good game (how's that search for a sponsor going lads?), remain in place. Whoopee. By the way, state funding to the FAI is also under threat because they refuse to add two female members to their Board of Directors in line with Sports Ireland's mandatory gender quota. To be fair, I don't think that's actual misogny; I think that they have been resisting the appointment of independent directors ever since the government required it as better (though obviously still inadequate) safeguards against misuse of bailout money.

All of that, terrible though it is, is pretty standard for the FAI. This thing in 'Klub Kildare'.....I've never in my life heard a sports story to match this. Basically members of the executive of Kildare Schoolboys and Schoolgirls League decided, without telling anyone, let alone actually putting it to a vote (which they obviously would have lost badly) decided to just privatise the juvenile leagues as an unbderage academy for Kildare's LOI team. After months of refusing to hand over statements of accounts, this was finally revealed, leading to mass resignations all over the place - I'd have resigned as well. The FAI's response has been to say that they Schoolboys/.Schoolgirls League is absolutely nothing to do with the FAI anyway, which is a bit like Kerry GAA saying that Coiste na nÓg is none of their business. Imagine if University Hospital Kerry decided to close the hospital and open up a five star hotel instead and the Government said that it was nothing to do with them? It's absolute madness. There's no suggestion of anyone profiting for themselves here, but this is just insane on every level.

Meanwhile, Cork City, the most yoyo club in a voyo league, has been relegated for the second time in four years. That's a bigger disaster than most people realise. Running a League of Ireland club outside of Dublin (where most of the clubs are based, cutting down on travel and overnight stay expenses) is very expensive. If Cork City can't sustain a club, be it Fordsons' (Ford were huge employers and formed the first club), Cork Bohemians, Cork City, Cork United, Cork Athletic, Evergreen United, Cork Celtic, Cork Hibernians, Albert Rovers, and latterly Cork City, is a very bad sign. No offence to Waterford, who absolutely deserve to go up, but they don't bring the numbers, history, or passion (ugly passion often enough this year) that a Cork City team does. Cork have been only clinging on sporadically for years now, despite the glory years under John Caulfield (who is managing Galway, and that looks like a serious team with real money behind them) and twice needed bailing out by supporters' group Foras. Cork City fans are blaming the mismanagement of Dermot Usher, whose major crimes seems to have been investing approximately a guarter of a million euro into the club. Of course he didn't get everything right (three managers in one year is a club in serious turmoil) but you actually think that the guy who put his money in because he wanted to support Irish soccer is the bad guy?

Cork City going down does have a silver lining, because you'll absolutely pack Mounthawk Park and probably Turner's Cross for those games. But it's bad, very bad, for the League in general. GAA I AROUND THE COUNTY

KILLARNEY LEGION

U17 BOYS

Our minor boys fell to a narrow two point defeat in the East Kerry Minor Division 2 final played before a large crowd who were treated to an exciting game with attacking football to the fore. The opening quarter was evenly matched with the sides sharing ten points. Glenflesk then struck for two quick goals. However we responded with a goal of their own and five points separated the sides at half time, 2-9 to 1-7 We started the second half brightly under the Direen lights and threatened a goal. A fine save from the Glenflesk goalkeeper foiled us and in the blink of an eye, much like the first half Glenfesk struck for two quick goals to take control and a ten point lead with fifteen minutes to play. We didn't panic and actually dominated the remainder of the game and reduced the lead to two points as the game entered injury time. Laying siege to the Glenflesk goal , we could not find the goal we needed. Thanks to Mike Brosnan for refereeing, Eamon Maguire for having the pitch in fantastic condition, Amy Walshe for operating the scoreboard and congratulations to Glenflesk on their win.

EAST KERRY DIVISION 2 CHAMPIONSHIP FINAL

Killarney Legion 3-12 Glenflesk/Kilgarvan 4-11. **O DONOGHUE CUP**

The opening round of the O Donoghue Cup is pencilled in for this Saturday November 18th at 1pm in Direen. Our opponents will be Listry, with the winners scheduled to face Fossa, who of course are in Intermediate final action this weekend, on Sunday December 3rd at 2pm at a home venue.

ST BRENDANS COLLEGE

Congratulations to the Sem U15 squad who had a tremendous comeback win in the Munster PPS final today in Fitzgerald stadium to lift the Taft Cup. Trailing by 6 points at halftime, they took the game to the Green in the second half and could have won in normal time. Trailing again at the turnaround in extra time by two points, the Sem got a third goal and a point to take a lead, which they held to the final whistle.

Final score: Tralee CBS 1-13 St. Brendans 3-9 James Murphy made two key first-half saves to keep the Sem in the game. Ronan OBrien was dominant at full back, making some big turnovers. Mark Looney, Samuel Scroope, and Jack Culloty all chipped in with big scores and fine play. Liam Quirke and Jack OGrady didn't feature in the game today but made contributions in the previous rounds while Paul Moriarty was a selector with the team.

CLUB AGM

The Club AGM is pencilled in for Monday December 4th in the Clubhouse. Any motions or nominations should be forwarded to the Club Secretary at your earliest convenience.

CLUB SHOP

Our club shop will be open every Tuesday, 6-7, Thursday, 6-7, and Sundays 6-7 up until Christmas. The shop has plenty of stock but don't miss out to avoid disappointment. There will be running a Christmas Club weekly payments up until the 21st of December. For further details you can contact Sharon 0851605078 or Caroline



The Legion connection to the U15 Munster Colleges winners St Brendans College Jack Culloty, Samuel Scroope, Mark Looney, James Murphy, Ronan O Brien, Liam Quirke. Missing from photo Jack Grady and Paul Moriarty (Selector)



Luke Crowley scores in the East Kerry O Donoghue Cup Round 1

083 8915953 who are available at all times to open the shop on request.

LOTTO

Results Monday 6/11/23. Numbers were 1, 14, 21, 24. Bonus No 25. Match 3s / Lucky Dips: 1. Christy Crowley 2. Mike Murphy 3. Donie Murhill 4. Joan Doran 5. Mike Piggott (Online)

EAST KERRY GAA NEWS

by Michael Healy

BILL TANGNEY CUP FINAL Dr Crokes 0-10 Listry 1-07. Dr Crokes won 3-2 on penalties TATLER JACK EAST KERRY MINOR **CHAMPIONSHIP DIV 2 FINAL** Legion 3-12 v Glenflesk 4-11 **MD O SHEA EAST KERRY U15 DIVISION 4 CHAMPIONSHIP FINAL** Kilcummin B 4-11 Kenmare B 2-09 COUNTY INTERMEDIATE CHAMPIONSHIP FINAL Good luck to Fossa in Sunday's County Intermediate Final. **ALL IRELAND SCOR**

Best of luck to Spa set dancers, in the Scor

Sinsir 2023 All Ireland Final which will take place November 18th in the INEC Killarney. **SYMPATHIES**

Condolences from the East Kerry Board to the families of John Joe Buckley, Toorbona, Rathmore, Kerry, Denis Cremin, Raycoslough, Blackwater, Kenmare, Kerry, and James Kelly, Artigallivan, Headford, Killarney, Kerry and Tralee, Kerry

EAST KERRY O DONOGHUE CUP ROUND 1

Sponsored by Aquilla Club Gleneagle Hotel Group and Dr O Donoghue Family.

Currow 0-3 Glenflesk 3-22

It was all too easy for Glenflesk, as they qualified for a quarter final date with Dr Croke's next Saturday, with an emphatic win over Currow in Cordal on Sunday.

5 point's in the first 5 minute's set them up for the win, with Conor O Donoghue getting 2 of them. Only 3 superb save's from Padraig Hilliard stopped Glenflesk from moving totally out of sight early. All Currow could contribute to the scoreboard in the first half was 2 point's from John McMahon. Luke Crowley's pinpoint pass to Darragh Roche, leading to a fine point, was the pick of Glenflesk's first half effort's, leaving them with a 7 point lead at the break, despite some bad wide's that they could have



GAA | AROUND THE COUNTY



Glenflesk captain Jamie Moynihan recieving the cup after the East Kerry Div 2 Minor final last Friday in Dereen. Photo Seamus Healy.

been punished for on another day.

Any hope Currow had of making a comeback, was extinguished early after the restart. Jeff O Donoghue and Luke Crowley linking up well with Patrick Darcy, who blasted his shot past Hilliard. Crowley added another goal soon after, finding the far corner of the net with a rocket shot. By the time Darragh Roche palmed in his side's third goal, the contest was well over. Fisted point's from Killian O Sullivan and O Donoghue sent Glenflesk past 20 point's, with Currow only able to manage 1 white flag in the second half.

A brutal day for Currow, who despite the heroic effort's of Hilliard and Seamus Scanlon, were a long way off the standard needed to compete at this level. For Glenflesk it's job done, but they will know things will get a whole lot tougher from here, starting against defending champion's Crokes next week.

DR. CROKES

LGFA U16

Our U16 girls were crowned East Kerry Div. 3 champions on Sunday last having overcome a very strong Laune Rangers side in Killorglin. Laune Rangers started the brighter and raced in to a 4-point lead early in the game. Once our girls settled and found their foothold, they picked away at their scores and were happy to finish the half with a 1:07 to 0:05 lead. We began the half with a hard-working team performance and every one of our girls stepped up to assist their team mates. We finished worthy winners in the end on a scoreline of 2:08 to 1:06.

AGM will take place on Tuesday 28th November at 8pm.

ANNUAL CLUB MASS for Deceased Members will take place on Tuesday 28th November at 7pm.

GENTLE MOVEMENT CLASSES with Kathleen continue every Monday at 11am. All are welcome to join, you do not need to be a member of the club.

FR. PADDYS CARD'S continue every Wednesday at 8pm in the clubhouse. All you need is \in 5 and a partner. All are Welcome.



The Glenflesk U17 team who defeated Legion last Friday to win the East Kerry Div 2 Final. Photo Seamus Healy.

LOTTO took place November 13th. Numbers drawn were 6, 8, 12, 19 Jackpot of \in 5,900 was NOT WON. 10 patrons matched 3 numbers and received \notin 40 each. Jackpot for draw on November 20th will be \notin 6,200. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below and follow instructions attached

https://play.clubforce.com/play_newa.asp?ll_ id=734#Anchor

BINGO

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,600 with another €1,650 in prizes to be won in 10 games of bingo. Everyone Welcome.

CONGRATULATIONS to Joseph and Tracey Keogh on the birth of their baby daughter Emily.

NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@ gaa.ie.

MILLTOWN/CASTLEMAINE CLUB

LOTTO

Sponsored by Almas Takeaway, Milltown

The fortnightly club lotto draw took place on Monday, October 30th at the club grounds. There was no jackpot winner on this occasion. The numbers drawn were 12, 27, 32 and the bonus ball was 18. Lucky Dip winners were as follows: \in 50 - Donal Murphy. \in 50 - Dara O'Brien, Killorglin. \in 25 - Jack Teahan, Firies. \in 25 - Aisling O'Shea, Milltown. \in 25 - Paddy Lawlor, Castlemaine. \in 25 - Evelyn Twiss, Aghadoe.

Our next club lotto draw is scheduled to take place on Monday, November 27th at 19:30pm in the Clubhouse where the jackpot will be €13,000. Get your draw tickets or renew your yearly tickets online on Clubforce or get your tickets for the next draw from all the usual local outlets. Mile búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly Fundraiser, the money raised is vital to the day to day running of our club and your support is

sincerely appreciated. KERRY PETROLEUM INTERMEDIATE CLUB FOOTBALL CHAMPIONSHIP: FINAL COUNTY INTERMEDIATE FINAL 2023

COUNTY INTERMEDIATE FINAL 2023

Match Ticket Update Milltown/Castlemaine vs Fossa - Sunday, November 19th at 2:30pm in Austin Stack Park, Tralee.

Tickets are now available to purchase for Sunday's County Final at the following link: https://www.universe.com/events/kerrypetroleum-intermediate-club-final-fossa-vmilltowncastlemaine-tickets-tralee-6M0X9Q

For those unable to attend, it is expected that the County Final will be available to Stream on Clubber online.

Let's get behind the lads and show them our support this weekend.

MID KERRY MINOR FOOTBALL CHAMPIONSHIP: FINAL RESULT AND MATCH SUMMARY

Milltown/Castlemaine 2-08 Laune Rangers 0-10

Milltown/Castlemaine were crowned Mid Kerry Minor Football Champions last Sunday afternoon after a super victory against Laune Rangers at the Paddy Burke Memorial Park in Milltown before a large attendance.

The foundations for this outstanding win were set in the opening half as Milltown/Castlemaine played with a strong wind and built up a commanding lead by the interval with Dara Hogan winning and scoring a penalty, he also tagged on three points and other pointed efforts from James Dempsey, Michael Lynch and Eoghan Bolger, all top notch scores from play gave the hosts a 1-06 to 0-01 lead heading into half time as Laune Rangers only first half point came from Stephen Gannon.

Laune Rangers were fast out of the blocks in the second half and two quick fire points from Adam O'Neill and John Horgan had the deficit reduced to 1-06 to 0-03. Probably the most crucial score of the match came next however as Milltown/ Castlemaine's Michael Lynch split the Killorglin sides defence wide open with a scintillating run and he held his composure to rattle the net. Dara Hogan followed this goal with a pointed free off the ground and all of a sudden the lead was now



2-07 to 0-03. Laune Rangers kept plugging away and applied maximum pressure on the home side with five points on the trot from Tomás Joy, Adam O'Neill and Darragh Clifford to leave it 2-7 to 0-8 after 47 minutes. Milltown/Castlemaine were in need of a score desperately to stem the momentum Laune Rangers had built up and Dara Hogan answered their call with a beauty off his left leg on the dressing room side to leave it 2-08 to 0-08. It would prove to be the hosts final score and try as they might, Laune Rangers were only able to muster two further points from Darragh Clifford as Milltown/Castlemaine's rearguard held firm and they were able to prevent the visitors from creating any goal chances.

Congratulations to the team and management on a brilliant performance and victory which wraps up their 2023 season.

SPONSORS: THANK YOU

Milltown/Castlemaine GAA would like to take this opportunity to sincerely thank all our club sponsors ahead of the big match on Sunday, November 19th at 2:30pm in Austin Stack Park, Tralee. Your loyal and unwavering support makes all the difference and our club is hugely appreciative always. Míle Buíochas!

COUNTDOWN TO	THE KERRY	PETROLEUM
INTERMEDIATE	CLUB	FOOTBALL
CHAMPIONSHIP	FINAL	- SUNDAY
NOVEMBER 19TH		

The County Final is fast approaching and we would love if the whole community showed their support for our lads in the Intermediate County Final by decorating their homes,



A big "Thank You" to the Golden Nugget Pub & Restaurant who sponsored Half Zips and Training Tops for the Fossa Senior squad and management for the upcoming County Intermediate Final.

In the photo, Mark Hallissey, Caroline and Emily handing over the training top to Fossa captain Emmett O'Shea. #goldennugget are #Fossagaa main sponsors and FossA GAA would like to thank them for their generous sponsorship throughout the year.

businesses, schools and clubs in the Milltown/ Castlemaine colours. Flags, bunting, scarfs, car flags and headbands are available to purchase at the following locations: Spar in Milltown and Cronin's in Castlemaine.

Let's get behind the lads and show them our support

MILLTOWN CASTLEMAINE GAA CLOTHES RECYCLING COLLECTION

Our clothing recycling collection is now happening so we urge you to clean out your wardrobes of all unwanted clothes, sheets, blankets, towels, curtains, shoes etc and drop them to the Paddy Burke Memorial Park in Milltown. This is a wonderful way of doing your bit for the environment and raising much needed funds for our club at the same time.

ITEMS FOR THE CLUB NOTES

If you have any items for inclusion in the weekly notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on Sundays.



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COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

BÓITHRE A nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council **has decided** to close to public traffic the streets outlined below in order to facilitate the holding of the *Christmas in Killarney Parade on Saturday, 25th November 2023:*

Streets:College Street, from the junction of Lewis Road to Plunkett StreetMain Street, from the Plaza Hotel to Market CrossHigh Street, from the Market Cross to the junction of Msgr O'Flaherty RoadNew Street, from the Market Cross to the junction of Beech Road

Street Closing Times: From 5.00 p.m. to 7.30 p.m.

A traffic diversion system will operate on the main approaches to the town.

Padraig Corkery Senior Executive Officer Corporate Affairs

Clir. Michael Cahill

County Councillor on Kerry County Council

Rossbeigh, Glenbeigh, County Kerry

Email: cllrmichael.cahill@kerrycoco.ie Phone: 086 2670768





Cllr Marie MOLONEY Coolick, Kilcummin, Killarney

> Always available for help or advice.

Please contact me for an appointment.

Contact details: Mobile: 0863049422 Email: marie.moloney1980@gmail.com



Weekly clinic at Scotts Hotel every Saturday @ 3pm. Social distancing rules will apply. I am always contactable on 0872461678

Are you on a waiting list for years awaiting hip/ knee replacement or any orthopaedic procedure, Cataract removal, Tonsils etc?

Are you aware there is a scheme available where you can travel to Belfast and have this carried out there and apply for a refund afterwards?

MOST COMMONLY ASKED QUESTIONS

- Do I need a medical card to avail of this? NO - Do I need to have health insurance? NO
- Does it only apply to a certain age group? NO For further information please call

Martina in my office 064 6685782

Contact Numbers: 01 618 3363/064 66 85782 E: michael.healyrae@oireachtas.ie

CLLR BRENDAN CRONIN

Independent member of KCC

Clr Brendan Cronin Ballyhar, Killarney

Available at Mobile: 087-2069657 email: cllrbrendan.cronin@kerrycoco.ie

P. C. materin

92 | 17.11.23

DANNY HEALY-RAE TD

WEEKLY CLINIC ON: SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.

CIIr MAURA



BUSES TO BELFAST FOR CATARACTS DON'T WAIT ANY LONGER FOR YOUR CATARACT PROCEDURE, GET

YOUR PLACE ON ONE OF THE NOVEMBER BUSES TO BELFAST NOW.

PASSPORTS

Check the expiry date on your passport. Contact our office for advice BEFORE applying for your passport.

Danny Healy Rae TD - Monthly Clinics

1st Monday 8.15 PM 8:30 PM 9.00 PM 9.30 PM 1st Wednesday 8.00 PM 8.30 PM 9.00 PM 9.30 PM 1st Thursday 8.30 PM 9.00 PM 9:30 PM 10:00 PM 1st Friday 9:30 PM 10:00 PM 10:30 PM 3rd Monday 8.30 PM 9.00 PM 9:30 PM 9.45 PM

Rathmore & Gneeveguilla Top of the Hill, Rathmore Bridge Bar, Rathmore Dennehy's Bar, Rathmore Richie McAuliffe's, Gneeveguilla Killarney Area Torc Hotel, Lissivigeen The Village Inn, Kilcummin Old Killarney Inn, Aghadoe The Golden Nugget, Fossa **Glenflesk & Barraduff** The Kerry Way, Glenflesk Spillane's Headford Murphy's Bar, Barraduff Sweeney's Bar, Barraduff Tuosist & Lauragh Sailors Bar, Killaha West Helen's Bar Kilmacalogue The Lake House Tuosist Knocknagoshel & Brosna O'Connor's Bar, Knocknagoshel Walsh's Bar, Knocknagoshel Kate Pat's Bar, Brosna Sportsfield Bar, Brosna

3rd Friday 7.30 PM 8.00 PM 8.15 PM 9.00 PM 9:30 PM 4th Thursday 7:00 PM 7.30 PM 8:15 PM 8.45 PM 9.15 PM 9.45 PM 4th Friday 8.30 PM 9.30 PM 10.00 PM 10.45 PM Last Monday 8:00 PM 8:30 PM 9:00 PM 10:00 PM

Castleisland Area

River Island Hotel, Castleisland The Kingdom Bar, Castleisland The Crown Hotel, Castleisland Hughes Bar, Cordal Lyon's Bar, Scartaglen **Killorglin Area** Golden Nugget, Fossa Galvin's Bar, Beaufort O'Grady's Bar, Killorglin Larkin's Bar, Milltown Griffins Bar , Castlemaine Anvil Bar, Boolteens **Kenmare & Sneem Area**

The Roughty bar, Kenmare Riney's Bar, Sneem Blackwater Tavern O'Connor's Bar Kenmare

Farranfore Area Ulick's Bar, Farranfore

James Daly's Bar, Farranfore Cunniffe's Bar, Currow John Hendersons, Firies

PLEASE CONTACT

Danny 087 2316055 Office 064 6685315 Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com



Ed 12 2023



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HELP TO BUY SCHEME

The fact that there were 339 applications in Kerry in the Government Help to Buy (HTB) scheme for first time buyers, is a strong indication that this support is very well received and will be of benefit to young couples in particular, according to Fianna Fáil Councillor, Michael Cahill. The figures were released recently by the Minister for Finance, Michael McGrath.

"Schemes such as this are a great help to people struggling to get on the property ladder with a home of their own. I urge all of those planning a home as a first time buyer, to examine the criteria involved and to put in an application if they meet the requirements" stated Councillor Cahill.

"They can also look at the Vacant/Derelict Property Refurbishment Grant, which is another great support and source of funding for those wishing to set up a home. There are further schemes covering Local Authority properties, which can be examined on the Kerry County Council website. I would advise anybody that is interested to check all their options" added Councillor Cahill.



KILLARNEY MUNICIPAL DISTRICT MEETING



CLLR. JOHN O'DONOGHUE RAISED THE FOLLOWING NOTICES OF MOTION AT THE RECENT KILLARNEY MUNICIPAL DISTRICT MEETING.

How many times has the Fire Service in Killarney been called out to bonfires in Killarney since September 1st and at what cost to the tax payer?

My reason behind this motion is I was contacted by a resident in Killarney who claimed the Fire Services has been called out 4 times in the space of 48 hours to bonfires in his area. If true, this is a shocking statistic as firstly it is a colossal waste of taxpayers money, and secondly, the job our Fire Service does is far too important to be wasting time putting out fires which are needlessly started, and my fear would be that they would tied up sorting bonfires out when the could be needed more urgently elsewhere. I feel we should ask An Garda Síochána to provide an increasingly visible presence in our estates in the weeks leading up to Halloween, particularly in areas known to be bonfire hotspots.

That the Council & TII would meet with the management of Barraduff NS to discuss possible safety measures, and in particular the provision of additional flashing lights.

This school is very uniquely positioned in that it is located beside an intersection of two extremely busy roads making conditions dangerous for students attending the school, particularly those travelling by foot and The Board of Management have raised concerns for the safety of their pupils. It is a village which is rapidly growing in terms of population, and has served the Council well in recent years helping with the housing shortage within our MD. It is vital that investment in the village infrastructure keeps pace with the development of residential units. Currently proposed developments in Barraduff village will improve the situation, but they also have some other practical solutions in mind including some additional flashing lights to warn drivers leaving the N72, turning off for Glenflesk that there is a school ahead as the junction has an extremely sharp turn off, and I would like our Council Engineers and TII engineers to meet with the Board to discuss these possible solutions, as soon as is possible.

To ask that the Council would consider reinstating the white line in the middle of the road from the junction at Coolcaslagh on the Cork Road up as towards the Coolcaslagh Civic Amenity Site.

Traditionally, there was always a white line running from the Coolcaslagh junction on the Cork Road up towards the Civic Amenity Site.

This has disappeared in recent years and given the volume of HGV's using the road, many of them operated by ourselves, the Council, driving has become treacherous in places as cars are rounding bends to find other cars, and trucks, coming against them in the middle of the road. A reinstatement of the white line would force drivers to be more cognisant of their position on the road which would ensure much safer passage for all users, and I would like the Council to reinstate in without delay.

That the Council would repaint the junction boxes with in the MD, especially those in Killarney Town as they have become quite faded.

These junction boxes work extremely efficiently when correctly observed by motorists, but have now become so faded in many areas around the town that a driver could hardly be blamed for inadvertently stopping inside one. The one outside the Outlet Centre in particular springs to mind. In order to help facilitate the smooth flow of traffic around the town, I would ask that these are painted as soon as weather allows. It would also have the added bonus of helping keep the town looking neat, the importance of which was highlighted this year by Killarney's stunning performance in the Tidy Towns competition and I would like to acknowledge the fantastic work being done by all the volunteers as well as our own engineers, town foreman and outdoor workers. A very high standard is being set and they must be commended for this. Well done one and all.

Danny Healy Rae, TD raised the Asylum Seekers in Killarney during Order of Business in the Dail this week. This is what he had to say:

"Over 300 residents in Killarney convened a meeting on Sunday night, 🗄 old and young and women are fearing for their safety with this amount very concerned about 77 more asylum seekers very close to them in Harmon Lodge on the Muckross Road, They want this decision reversed Minister because there is a lack of surety of safety and services in the town of Killarney now with the amount of Asylum seekers and refugees that are being placed there, we seem to be taking way more than our share in Killarney. The Matter of vetting is very important to these people, where are these people coming from the residents want to know who is coming in beside them, where are they from, how many different Countries are they coming from because we had trouble earlier in the year in another side of town and the people of Killarney are concerned,

of people being placed beside them in the town of Killarney.

I am also asking publicly here inside that Minister O' Gorman go down to Killarney and meet with the residents, I am being asked to relay that message here."

Minister Simon Harris : "I am going to have to bite my lip, I think that is a dog whistle in many ways, those comments there, I would love to know what you think people are fearing in terms of their safety and what peoples nationalities have to do with their safety, but I think you and I have a very different outlook on this and I think the majority of the people in Co. Kerry do too."

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If you divide your herbaceous Perennials regularly it will ensure healthy, vigorous plants that will look good and should perform year after year. It also gives you the opportunity to multiply your plants.

Every two to three years should be enough to divide most perennials to maintain good vigor and healthy plants but if you want to divide them for the purpose of propagation, it can be done more regularly.

The best time to divide herbaceous Perennials is when the plants are dormant, so anytime from November to mid March.

A lot of spring flowering plants such as Irises, are best divided in summer after flowering when they produce new shoots.

When you have divided your plant and you have either planted some in the border or in pots, remember to keep well watered until established.





JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



ANY NEWS?

Contact: Aisling Crosbie T: 086-0400958 | E: news@outlookmags.com

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HOLY SOULS MASSES DURING NOVEMBER

In the Cathedral: Concelebrated Mass with Office for the Dead on every Monday evening 6.15pm for November.

The Church of the Resurrection: Wednesdays of November at 9.30am

Muckross Church: Thursdays 6pm, following on from Exposition at 4pm- 6pm.

NOVEMBER REMEMBRANCE LISTS

This is our opportunity for us to pray for our loved ones who have died. In the month associated with the Holy Souls, we will have special Masses over November to remember those whose names have been handed in to us. You might return your November List and Offering at Masses, at the Parish Office, or at the box at the sacred space in the Cathedral. In this sacred space will be the names of all those who passed away over the past 12 months

ST PADRE PIO MASS; and Blessing with St. Pio's Glove on Monday 20th of Novr at the Church of the Resurrection at 7.30pm. All Welcome.

MASS INTENTIONS FOR 2024: We are currently taking Mass bookings.

GAMBLERS ANONYMOUS: Open Public Meeting in The Rose Hotel, Tralee on Fri 24th of Nov at 8.30pm. Info ph; 087 2444128 All Welcome.

TOTUS TUUS SCRIPTURE CONFERENCE 2023 is live on Radio Maria Ireland on Saturday 18th November from 2pm speakers include fr. John Ryan (Cloyne Diocese), Fr. Luke Demasi (Home of The Mother), Fr. John McEneaney (Waterford & Lismore Diocese), Frances Hogan (Scripture Scholar). Radio Maria Ireland can be listened to by downloading the Radio Maria Ireland app, saorview channel 210 or listen live at (01) 4373277

SOUTH KERRY DEVELOPMENT PARTNERSHIP are holding an information meeting in the Killarney Oaks Hotel on Monday 27 November at 20.30. The meeting will discuss The Rural Social scheme in the Killarney area. Everyone welcome.

DR CROKE PROGRESSIVE 31; at Club House every Wednesday @ 8pm BINGO: at St. Mary's Parish Hall, will be held on Thursdays@ 8.30pm



The beautiful display at St. Mary's Cathedral which remembers those who died in the parish over the past 12 months.

IN MEMORIAM TO PLACE A MEMORIAL ON THE KILLARNEY OUTLOOK

Please email details to: graphicdesign@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Ria on: 087 7160372

Please include a contact name, address and telephone number.

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www.killarneychristiangroup.ie **F** Contact Diarmuid on: 087- 6741190



NOVENA TO SAINT THÉRÈSE

O Little Therese of the Child Jesus Please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favors I now place with confidence in you hands (mention your special prayer request here)

St. Therese, help me to always believe as you did, in God's great love for me, so that I may imitate your "Little Way" each day.

PRAYER TO PADRE PIO

O Jesus, full of grace and charity, victim for sinners, so impelled by Your love for us that You willed to die on the Cross, I humbly beseech You to glorify in heaven and on earth Your servant, Padre Pio, who generously participated in Your sufferings, who loved You so much and labored so faithfully for the glory of Your Heavenly Father and for the good of souls. With confidence I ask You to grant me, through Saint Padre Pio's intercession, these special requests... (Mention here).

NOVENA TO ST. CLAIRE

Ask St. Claire for three favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day.

Powerful novena. May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever. Amen Say six times daily for nine days. Your

request will be granted no matter how difficult it may seem. Favour publication must be promised.





Welcome back dear student "The Word gave Life to everything that was created, and His Life brought Light to everyone" (John 1:4 NLT). This is the New Living translation of the same Scripture we began our study with last week. Different versions expound the vast meanings of the Bible languages which are much broader than English. As we saw previously, Jesus is the Word of God, and it's by His spoken Word that God creates. "The Lord merely spoke, and the heavens were created, He breathed the Word, and all the stars were born... let the whole world fear the Lord and let everyone stand in awe of Him. For when He spoke the world began! It appeared at His command" (Psalm 33:6-9).

God created everything through the power of His Word going forth from His mouth (John 6:63). People are without excuse for not knowing or fearing the Lord because the whole creation displays His power and His nature (Romans 1:19-22). So why do so many proclaim that God does not exist, or that we all came about because of a big bang, and everything fell into perfect order? Rebellion – and that comes from pride! (1 Samuel 16:22-23) Pride causes one to think 'I know the answers and I'll do it myself; I don't need God or anyone to tell me what to do'. Sure, many people have success in life and think they're getting on just fine – up to a point. But there's a void that no drug, drink, wealth or success can fill and when there's a problem that there's no answer for, or when facing death, the realisation of how frail life really is gets exposed.

God's Word is our safety net - there is protection in obeying God's commands. We don't have all the answers. But God does. And admitting that, acknowledging that God made everything on this earth is the beginning of real relationship - leaning on Him for help through Jesus and reaching for His deliverance to receive peace (Psalm 143:6; John 14:6).

"The Lord looks down from Heaven and sees the whole human race. From His throne He observes all who live on the earth. He made their hearts, so He understands everything they do. The best-equipped army cannot save a king, nor is great strength enough to save a warrior. Don't count on your warhorse to give you victory - for all its strength, it cannot save you. But the Lord watches over those who fear Him, those who rely on His unfailing love. He rescues them from death and keeps them alive in times of famine. We put our hope in the Lord...our Help and our Shield. In Him our hearts rejoice, for we trust in His Holy Name. Let your unfailing Love surround us, Lord, for our hope is in You alone" (Psalm 33:13-22 NLT). Because the Lord Jesus, the Word of God made each one of us and came down to live as one of us, He understands you, me, and all of us. He understands the inner workings of your physical body, your heartache, and your past. And when He gave His body to be beaten and then crucified He paid for not only our forgiveness from sin, but for the complete healing of our bodies from sickness, torment, trauma and disease (Isaiah 53:4-5; 1 Peter 2:24). This is the ministry of Jesus - to forgive, reconcile, heal and restore. God always confirms His Word with signs following (Mark 16:15-20). Respond to the Word by crying out to the Lord Jesus today and receive freedom from infirmity! (Luke 13:10-17).

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter -@WOVKillarney.



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