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A fabulous festival in store this weekend, celebrating St. Patrick's Day. Pictured is Katie Moloney, making memories at last year's St Patrick's Festival Parade. Photo:Valerie O'Sullivan

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# A Note from the DITOR



With the promise of good weather and a huge line up of events, St. Patrick's Festival in Killarney promises to be very special this year. Organisers have pulled out all the stops to ensure that an action packed festival will cater for everyone's needs.

From Cultural Celebrations to Classical Evenings by Candlelight and from the Parade celebrating Echoes of Killarney Past to the hugely popular Children's Fun Zone, St. Patrick's Festival Killarney 2024 has it all!

This year's Grand Marshal is Former Superintendent Killarney National Park, Dan Kelleher, who is celebrating his 58 years of unwavering dedication and service to Killarney National Park.

Huge work has gone on behind the scenes of this weekend's festival and a huge Bualadh Bos must go to everyone involved.

The advice to those attending the parade is to arrive early, there is plenty of free parking at St. Brendan's College and in the Penny's Car Park.

Lá Fhéile Pádraig Sona duit

Aisling Crosbie



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## THIS WEEK

15:03:24

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The highly coveted Benemerenti Medal, was bestode upon Mrs Rena Kennelly, by Fr Kieran O'Brien, ADM of St Mary's Cathedral, Killarney. Photo: Valerie O'Sullivan (File Photo)

#### verlooking the beautiful Lakes of Killarney, talented artist Rena Kennelly was laid to rest on Monday last.

Rena, who was known for her fabulous style and artistic flair was face behind the magnificent St. Marys Cathedral Crib which underwent a make over in December.

For over 50 years, Rena created the beautiful crib in the Cathedral which is visited by parishioners and visitors from all over the country every Christmas season.

Rena was married to the late, former Kerry Footballer, Colm Kennelly and the couple had three children, Shirley, Kate and Mark.

In August 2022, Rena was honoured at St. Mary's Cathedral when she was bestoded with The highly coveted Benemerenti Medal, by Fr Kieran O'Brien, ADM of St Mary's Cathedral, Killarney, at a special Mass.

The medal was santioned by Pope Francis and the Vatican in recognition for her years of service to the Cathedral - creating the beautiful life-size Christmas Crib for over 50 years.

Hundreds gueued at O'Shea's Funeral Home on Saturday evening to pay their respects to the family and again on Monday at Rena's Requiem Mass.

Rena will be sadly missed by her family, daughters Shirley and Kate and son Mark, daughter-inlaw Paula, sons-in-law John Joe Clifford and Dan O'Driscoll, her sister Margaret Moriarty and brother Gene O'Sullivan. Much loved grandmother of Jason, Kenneth, Ciara, Colm, Ailbhe, Justine and Catherine and great-grandmother of Roan and Ben,k along with her brothers-in-law, sisters-in-law, nieces, nephews, relatives and many dear friends. Ar Dheis Dé Go Raibh a Anam.

## Talented Rena Laid To Rest In Aghadoe



The highly coveted Benemerenti Medal, was bestode upon Mrs Rena Kennelly, by Fr Kieran O'Brien, ADM of St Mary's Cathedral, Killarney, at a special Mass. It was santioned by Pope Francis and the Vatican in recognition for her years of service to the Cathedral - creating the beautiful life-size Christmas Crib for over 50 years, in the Cathedral. Pictured with her Family and friends who helped Rena with her creation over the years, front row, Ben Clifford, Shirley Clifford, Kate Kennelly O'Driscoll, Roan Clifford, Justine O'Driscoll, second row, Jacquie O'Sullivan, Sr Rose O'Donoghue, Jascon Clifford, Paula Kennelly, Ailbhne O'Driscoll, Catherine O'Driscoll, third rown, Enda O'Meara, Tadghie Fleming, Margaret Moriarty, John Joe Clifford, Mark Kennelly, Fr Kieran O'Brien, Adm, Noreen Coffey and Dan O'Driscoll. Photo: Valerie O'Sullivan (File Photo)



The new crib which was installed in St. Mary's Cathedral, Killarney and inspired by Mrs Rena Kennelly, (centre) who created the iconic Cathedral crib for over 50 years. Fr Kieran O'Brien, Adm, Killarney Parish, commissioned the very talented Eamonn Mulvhill, (left) to design and construct a new crib. Photo: Valerie O'Sullivan (File Photo)

## HOSPICE WALKS PLANNED FOR GOOD FRIDAY

A Number of Hospice Walks are set to take place on  $\frac{1}{2}$  take place and donations will be collected. Good Friday, March 29th.

Registration for the Killarney walk will begin at 9.30am at the Garden Restaurant at Muckross House with the walk beginning at 10.30 under starters orders by this year's ambassador Joanne O'Riordan.

Kilcummin Hospice Walk will begin with registration at 10am at the Kilcummin Recreational Hall and there is a choice of 5km and 10km family friendly routes, with refreshments at the hall after walk where a raffle will

Milltown/Listry Branch of Kerry Hospice are holding their annual sponsored walk on Good Friday 29th March, starting with registration at Muintir na Tire Hall, Milltown.

Walk commences at 10am. All funds raised will go to Palliative Care in Kerry. The Milltown walk will honour the memory of their esteemed former member Mary Pat O Sullivan.



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John & Mary Murphy, Killorglin.

## Plans in Place for a Fabulous ST PATRICK'S DAY IN KILLARNEY

Finishing touches are being put in place ahead of Sunday's St. Patrick's Day Parade which begins on Mission Road at 2pm.

A nostalgic reflection on Killarney's proud past, including its rich history, folklore and legends, will be the focus of this year's gala St Patrick's Day parade in the town.

The theme for the Killarney parade will evolve over the coming years to celebrate Killarney's present and future but, in 2024, the focus will be very much on the town's historical past.

This year our goal is to elevate the Killarney event to become the premier regional parade outside of Dublin and we are counting on the support of the public and the adoption of the theme to achieve this," said St Patrick's Festival Chairperson, Jason Clifford.

A fun zone and live music will add to the magical atmosphere on the streets of Killarney on St Patrick's Day and, to ensure full inclusivity, plans are at an advanced stage to provide an enhanced area at the Anam Centre on East Avenue Road where the focus will be on accessibility, autism-friendly and providing a quiet space.

The bumper festival, as always, is being organised by a team of volunteers guided by Killarney Chamber of Tourism and Commerce in partnership with Kerry County Council and with support from Fáilte Ireland.

Several major events have been planned for the festival including a star-studded concert in St Mary's Church of the Sloes, on Saturday, March 16th, featuring renowned pianist Frank McNamara who will elevate many Irish classics to new heights.

Joining him on the night will be celebrated soprano Megan Ruby Walsh, accomplished RTÉ Concert Orchestra violinist Anne Phelan and lead dancer with Riverdance Tomás Ó Sé who will astonish the audience with his rhythmic footwork and dynamic movements, showcasing the unparalleled beauty of Irish dance.

Later that evening, as the sun sets and the stars emerge on the eve of St Patrick's Day, Frank McNamara will perform Chopin by Candlelight which will be meticulously crafted to showcase

> the breadth of Chopin's genius and it promises an immersive experience that will linger in the memory long after the final notes have faded The concerts are

being organised in conjunction with the



Former Superintendent Killarney National Park, Dan Kelleher, this year's Grand Marshal for St. Patrick's Festival Parade, Killarney on Sunday. Celebrating his 58 years of unwavering dedication and service to Killarney National Park, his sharp intellect, love of people and nature, assurance and guidance. Photo: Valerie O'Sullivan

Dunloe Hotel and Gardens and the Europe Hotel and Resort.

On the Monday after the St Patrick's parade, at 12 noon, there will be a real feast of fun in store at the Great Duck Dash on the River Deenagh at Knockreer with proceeds going to the St Francis Special School in Beaufort.

At 2.30pm that day seanchaí Ray O'Sullivan will present Myths & Legends for Families at the Anam Centre on East Avenue Road and at 5.00pm he will reflect on Echoes of Killarney Past at the same venue.



PARADE ORDER

- 25a Killarney Town Twinning Assn: Comune di Casperia (Italy) 25b Killarney Town Twinning Assn: Pleinfelder Hummel e.V (Germany) 25c Killarney Town Twinning Assn: Stafenstorp (Sweden) & Kendal (England) 26a Echoes: Queen Victoria 26. Great Southern Killarney 27. Kerry Branch Irish Kidney Association 28. Art House Killarney 29 Killarney Athletic AFC 30. Craicean Drum Band 31. Raheen National School 32.Killarney Valley Classic and Vintage Club 33. Daniel Brosnan Plant hire 34. Killarney Ploughing Association 35. American Flag 36. American Legion 37. Aer Lingus College Football Classic 38. Legacy elite cheerleading & gymnastics 39. Enchanted Ireland Tours Ltd 40. Eagle Float - synonymous w killarney 41. Kerry Stars Special Olympics Sports Club 42. Millstreet Pipe Band Town Friendship: Clan Eirinn-caraidean from 43. Gern
- 44. Les Etiafieux from France

44a. Killarney Water Rescue Search and Recovery Team

- 45. Killarney Rugby Club
- 46. African Community In Kerry
- 47. MDOSHEA's The Minions Float
- 48. Spa GAA
- 49. Mike McDonough & Sue: Vintage Vehicle
- 50. Michael Griffin: Vintage Vehicle
- 51. Paddy Murphy: Vintage Vehicle
- 52. The Hat Float
- 53. Kingdom Pride in Kerry
- 54. Killarney triathlon club (new)
- 55. The Balloon float
- 56. Killarney Camogie club
- 57. Scorchers Killarney
- 58. Saloon Bar Float
- 59. Killarney's own Ukrainian Dance Group
- 60. Killarney Celtic football club & football for all
- 61. The Great Duck Dash (new)
- 62. Movement & Fitness Club (new)
- 63. Tidy Towns & Killarney Coffee Cup Project
- 64. Fossa Gaa
- 65. Pat Cullinane: Vintage VW Beetle
- 66. Michael Joe Lenihan: Vintage Lorry
- oo. Michael Joe Leninan. Vintage Long

22. Killarney / South Kerry Branch IWA 23. Liebherr Container Cranes

1. An Cathaoirleach & The Grand Marshal

4. Order of Malta Ireland Killarney Unit

7a Echoes: The Monarch of Muckross

8. KASI (Killarney Immigrant Support Group)

7. The Monarch of Muckross

10. Fiona Crowley Stage School

12. Killarney Legion GAA Club

15. Irwin School of Irish Dancing

18. 2 Carnevale Di Verres Italy.

21. Future of Ukrainian Nation

17a Echoes: Ross Castle

19. Wander Wild Festival

20. Kilcummin GAA

11. Scoil an Chroi Naofa, Barradubh

14. Two MIle Community National School

16. The MACademy Performing Arts School

17. The stilt walker x 3 in Norman Costume

3. Echoes of Killarney Past: St Patricks Parade Banner

13. Wanderly Wagon CIK sweet shop / Disney House

2. The Colour Party

5. Kerry Civil Defence 6. Killarney Fire Service

9. Dr Crokes GAA Club

10a Echoes: Inisfallen

24. Gleneagle Concert Band



## SUCCESSFUL LIONS NATIONAL CONVENTION in Killarney

Keynote speaker Mark Lyon, Vice President of Lions Clubs International from Connecticut, USA, was the highlight of Lions Ireland's national convention which took place in Killarney last weekend. Mr. Lyon also presented Joan O'Connor from Faha with the prestigious Lions International Melvin Jones Award for her many years of service to Kerry Stars Special Olympics Club.

Hosted by Killarney Lions Club, the convention brought 250 visitors to the town, including 150 delegates from Lions Clubs in Ireland, Northern Ireland, Great Britain and South Africa. Every aspect of the Convention, which took place at the Killarney Plaza Hotel, was as sustainable as possible; for example an app was used in place of paper information packs for delegates.

The delegations were welcomed to Killarney by Cllr. Marie Moloney, Deputy Mayor of Killarney Municipal District, at a reception in the Anam Arts & Cultural Centre. Mayor of Killarney Municipal District, Cllr. Niall Kelleher officially opened the Convention, which featured a number of sessions on Lions environmental, social and community projects from around Ireland.

A number of delegates took part in a golf event at Ross Golf Club, and spouses and family members of delegates enjoyed a jaunting car and boat trip to Innisfallen island. The Convention was brought to a close with a black tie ball at the Plaza Hotel.

"I was delighted with the engagement and interaction from delegates and partners attending the Convention" said Kevin Harty, District Governor of Lions Ireland. "It was a very successful and enjoyable event with thanks to our hosts Killarney Lions Clubs and the Killarney Plaza Hotel."

"It was an honour to host the convention" said Denis Doolan, President of Killarney Lions Club. "Our convention committee and all our club members did a fantastic job making sure the convention delegates and their families enjoyed their time in Killarney. Hopefully it will help Lions clubs all over Ireland to keep serving communities over the coming year."

For further information, contact killarneylionsclub@gmail.com





Killarney Lions Club members welcoming delegates and visitors to the Lions Ireland national convention were front row (L to R): Noreen O'Sullivan, John Ivory, Ronan Doyle; middle row (L to R): Denis Doolan, Areej Gul, Aliza Gul, Christina Hayes; back row (L to R): Mairead Broderick, Jason Higgins, John Buckley, Brendan Hayes



At the Welcome Reception were L to R: Denis Doolan, President, Killarney Lions Club, Mark Lyon, Vice President, Lions Clubs International, Cllr. Marie Moloney, Deputy Mayor of Killarney Municipal District, Kevin Harty, District Governor, Lions Ireland and Jason Higgins, Convention Chair, Killarney Lions Club.



Mark Lyon presented Joan O'Connor from Faha with the prestigious Lions International Melvin Jones Award for her many years of service to Kerry Stars Special Olympics Club.



## UKRAINIAN AMBASSADOR VISITS KERRY: A Heart-warming Exchange of Cultures

n a poignant display of cultural exchange and solidarity, the Ukrainian Ambassador to Ireland, Gerasko Larysa, made a significant visit to Kerry, Ireland. The Ambassador met with learners and staff from across Kerry Education and Training Board (Kerry ETB). The visit displayed the warmth and hospitality of the Kerry community, as well as the positive impact of education and training.

One of the highlights of the event was the stirring performance by the Ukrainian folk choir from Killarney, which notably included students from Kerry College. Their harmonious melodies resonated through the venue, embodying the rich cultural creativity that both Ukraine and Ireland offer. Additionally, a vibrant dance performance further accentuated the shared appreciation for artistic expression between the two nations

Opening the speeches at the event Principal Stephen Goulding emphasised the transformative impact of education, stating, "At Kerry College, we believe in empowering individuals through education, enabling them to reach their full potential." Kerry ETB's Further Education and Training locations, including Kerry College have provided comprehensive support to over 3000 Ukrainian learners, with a particular focus on English language proficiency. Utilising Kerry ETB's extensive network of centres and campuses across the county, these learners have been afforded a multitude of opportunities to enhance their skills and seamlessly transition into the workforce.



Ukrainian Ambassador Larysa Gerasko is welcomed by Liam McGill Principal Colaiste Glean Lí, Ann O'Dwyer ETB Director of Schools, Jim Finucane Mayor of Kerry and Chairman Kerry Eduaction and Training Board, Terry O'Brien Mayor of Tralee and Chairman Colaiste Glean Lí, John Shinner Deputy Prinpal Kerry College, Carmel Kelly Deputy Principal Kerry College, Olya Marynts NSWKD, Colm McEvoy CEO and Stephen Goulding Principal Kerry College to ETB Kerry College at Clash, Tralee on Wednesday. Photo by Michelle Coper Galvin Eye Focus LTD

Central to the gathering were the Ukrainian students from Coláiste Gleann Lí and Kerry College, who bravely shared their personal stories of integration and the positive experiences they have encountered since arriving in Kerry. Their testimonies shed light on the importance of community support and the welcoming atmosphere fostered by institutions like Kerry ETB. Kerry ETB has been instrumental in providing essential support and services families looking for school places for their children. The Regional Education and Language Team within the ETB has placed Ukrainian students who have arrived in Kerry into primary and secondary schools across the county. The team has played a pivotal role in facilitating the integration of these students

Jim Finucane, Cathaoirleach at Kerry ETB, expressed the of significance welcoming individuals into the community, stating, "It is imperative that we extend a warm welcome to those who come seeking refuge and opportunity. when we accept and include people from diverse backgrounds, it makes our community stronger and more resilient. "He stressed how important it is to create a place where everyone feels like they belong.

in providing essential support and services families looking for school places for their children. The Regional Education and Language Team within the ETB has placed Ukrainian students who have arrived in Kerry into primary and secondary schools across the county. The team has played a pivotal role in facilitating the integration of these students into the local educational system. Ambassador Gerasko Larysa conveyed her heartfelt gratitude to the people of Kerry, especially the management and staff of Kerry ETB, for their unwavering support and hospitality towards Ukrainian nationals. "The warmth and generosity of the Kerry community has provided our people with not just safety, but a sense of belonging," she remarked. "We are deeply grateful for the opportunities afforded to us and the kindness shown in our time of need."

The visit of Ambassador Larysa resonates deeply with the values of Kerry ETB, where Inclusion, Respect, Equality, Quality, and Excellence in Learning serve as guiding principles. These core values underpin every action and behaviour as the organisation diligently pursues its mission and vision. Rooted in the belief that every individual deserves access to education and training opportunities, these values reflect a commitment to realising personal, social, civic, cultural, and economic potential. Kerry ETB's dedication to fostering empathy and solidarity is not just a reflection of its organisational ethos, but a tangible incorporation of its values-driven approach towards building a more inclusive supportive educational and environment.



Ukrainian Ambassador Larysa Gerasko presenting a Certificate of Appreciation for Kerry Education and Training Board to Cllr. Jim Finucane Mayor of Kerry and Chairman ETB during her visit to ETB Kerry College at Clash, Tralee on Wednesday. Photo by Michelle Coper Galvin Eye Focus LTD.



Members of the Ukrainian community performing for the Ukrainian Ambassador Larysa Gerasko during her visit to ETB Kerry College at Clash, Tralee on Wednesday. Photo by Michelle Coper Galvin Eye Focus LTD



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Miraculous medals flew out of a ballot box from Blennerville in the Killarney Sport and Leisure centre

#### Time for Mná na hEireann to capitalise

The political class have received a cic mór sa tóin. Whilst our three leaders go prancing around like the Spanish Inquisition rooting out racism and unwoke thinking, they have lost the home ground.

Dublin apart from one single constituency voted the same as the rest of the country with a resounding No-No. Con Houlihan regarded Dublin as a series of villages. The Pale now is the single village of Dún Laoghaire. And this narrow village mentality is a symbol now for all of the big parties in the Dail, Sinn Féin included.

When last has anyone heard passion from Varadkar, Martin or Ryan for our own people? We hear plenty of heated speeches about Gaza, Ukraine and climate change. No such energy about the trolley situation in UHK Tralee, the GP crisis in South Kerry, or housing in Killarney. And we have to move heaven and earth for the design money for the N22.

Taoiseach Leo Varadkar, as I write, is in Boston talking about good and evil. And Gaza and the ethics of just wars. Micheal Martin is on his high horse in some other part of the world. Countless ministers are

#### McDonalds to Ominplex need to fast track pedestrian crossing

. . . . . . . . . . . . . . . . . .

While the traffic situation during Covid at McDonalds blocking people from getting in and out of their homes seems to have been resolved with bollards, there is a further worry now looking across the road to the Omniplex.

Is there any prospect of a pedestrian crossing?People in Ardshan and other areas are hoarse they tell me from voicing concern about children crossing between McDonalds and the Omniplex and they are getting nowhere. I have questions into the council, and at time of going to press I am no wiser either. preaching abroad right now like latter day missionaries.

Meanwhile back at the ranch, billions are being spent on Ukrainian refugees and 200 men who are not Ukrainian are in tents in the centre of Dublin with no running water or toilet. 23 million was thrown away last weekend in a cosmetic referendum.

Miraculous medals flew out of a ballot box from Blennerville in the Killarney Sport and Leisure centre (This is the school where the Education Minister Norma Foley cast her vote.) I saw it myself.

I think we are back to the 1980s, hair shirts for most, Charvet shirts for the ruling class, and the despair of seeing moving statues. It's like a Flann O'Brien novel. But perhaps Michael Healy-Rae put his finger on it when he said the parties in the Dail - and he included Sinn Fein - are 'completely out of touch', and have lost the run of themselves.

In my strong view now, women now must press 'home' their advantage. Those of us having to work to 'and neglect our duties in the home' could look for a basic income. There is a stronger than ever constitutional right. The Trojan horse to neutralize the female gender and motherhood has been rejected and the massive rejection must have copper fastened the constitutional right not to be forced to work. So ladies, the next time you haven't time to fill the dishwasher in the rush to get out to work, think about a conversation with a friendly lawyer.

## The N22 - hope on the horizon thanks to old style pressure

At last we have money to move the roads project that is the Farranfore to Muckross project forward. The 'surprise' allocation of Euro 750,000 arrived after the table of 28.6 million in roads and greenways grants for Kerry had been finalised and announced. Green minister Eamon Ryan had come under

I was witness to a child running between the traffic myself just last week. I had a look at the planning application. The council had turned the Omniplex down, I was reminded, but An Bord Pleanala granted it.

The inspector in the planning appeals case had several recommendations among

her reasons for approval. One was in the interests of traffic safety. This was that the council would complete the iunction uparade for Friary Downs and the Park Road junction opposite. But can see

adations among asked on the doorsteps?

Is there any prospect of a pedestrian crossing between McDonalds and the Omniplex.

increased criticism in Kerry with the Fine Gael mayor of Kerry Jim Finucane recently saying the other main parties, Fianna Fail and Fine Gael, needed to stand up to him.

And stand up they did. I have done a bit of digging and sources tell me this was pork barrel politics at its best. Fine Gael and Fianna Fail with help from the Healy-Raes ensured the windfall.

'Eamon Ryan did not want it,' my source tells me.

Officials from the TII and from Kerry County Council - credit here to council roads director Frank Hartnett and council officials - kept pushing. But the TII officials were bluntly told 'there's no money for the N22' when they tried to make representations' and the tables were signed off on.

Representations were made at 'a very senior level in Fine Gael and Fianna Fail' ,and there was also push on from the Healy-Raes. The ink was drying on the 2024 allocations when the news came through to TII.

'It was all very last minute,' my source says.

We don't care, is what I say. As long as we get it and the route is selected and the road is improved. Credit where it's due to old style political and official pressure. Shows what the prospect of an election can do!

A route was selected over twenty years ago but shelved with the economic downturn in 2008.

A renewed project in train since 2018 had also since stop-started.The preferred option by December 2022 was suddenly withdrawn. No funding had been put aside in the 2024 roads investment programme for the approx 800 million euro project.

The consultant design team had to be stood down too as there was no central government money but the push is on and they are being reassembled, Frank Hartnett said. We must have the route selected by the late autumn, he said.

nothing in that report about a pedestrian

crossing. It is now necessary. The location and the cinema itself is very popular and there is constant traffic under the railway bridge and out along that road. Perhaps it is something our local councillors could be asked on the doorsteps?

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The Killarney Avenue Hotel was awash with the Dr. Crokes colours on Friday night last when the cluib celebrated their annual Awards Night.

Club person of the year went to Matt O'Neill, while Stephen Brosnan took the accolade for Supporter of the Year.

The John Moynihan Award went Karl McMahon and Senior Footballer of the Year was David Naughton.

There were joint Junior Footballer of the Year, with Paddy Foley & Sean Coppinger winning.

Young Footballer of the Year was Tom Doyle, who also won the Senior Hurler of the Year:.

Junior Hurler of the Year went to Dave Kenny, and Brian O'Connor, while the Ladies Footballer of the Year went to Karena O'Leary with Leah McMahon taking the title of Ladies Young Player of the Year.

Leah McMahon receives the Ladies Young Player of the Year



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Brian O'Connorwins Young Hurler of the Year.



Stephen Brosnan receives his Supporter of

Toddy Doyle picks up the Young Hurler of the Year Award on behalf of his son Tom.



Joint Junior Footballer of the Year, with Paddy Foley&Sean Coppinger.







The Dr. Crokes Senior Football Team pictured with their silverware at the annual awards night





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## KILLARNEY a hub for climate action programme

Killarney, home to the pioneering coffee cup project, has been chosen to be the first hub for the exciting new Climate Action Programme launched by Fáilte Ireland.

Additionally, it is also planning to be the first town in Ireland to provide community-wide energy monitoring, solar generation and benchmarking.

Killarney also has an initiative in place to become the largest Electric Vehicle charged destination in the country.

Sustainable destinations lead to carbon reduction, cost savings and sustainable tourism and it is what locals and visitors want as they seek a better way to live and play.

Tackling climate change is one of the biggest challenges and opportunities facing businesses today. With rising costs impacting the sector, reducing carbon emissions is a smart way to save money and boost a reputation as a sustainable tourism business.

A new plan – Vision Killarney: Ireland's Most Sustainable Town 2030 – is about to be launched.

Killarney Chamber of Tourism and Commerce is organising a meeting, at which the plan and the benefits available to businesses and individuals will be outlined.

It will be held in the Killarney Avenue Hotel on Wednesday, March 27th at 6.00pm and everybody is welcome to attend and play their part in realising this ambition for Killarney.

In 2024, Fáilte Ireland will enhance its strategic supports under a new business resilience framework, which will provide a tailored package of supports to businesses focused on building commercial and financial resilience.



Sustainability plans: Killarney Chamber of Tourism and Commerce joint presidents Johnny McGuire (left) and Pádraig Treacy with senior executive Bridget O'Keeffe. Picture: Valerie O'Sullivan

# Jacqui calls for everyone to go all in against cancer this Daffodil Day

Killarney woman who is a breast cancer survivor, is calling on her local community to go all in against cancer for the Irish Cancer Society's Daffodil Day, which takes place on Friday, 22 March.

In 2014, 39-year-old Jacqui Tangney was performing a breast self-check when she discovered a lump. Jacqui was diagnosed with breast cancer and given a treatment plan, including surgery and chemotherapy. Unfortunately however Jacqui struggled with issues connected to her breast reconstruction, with 2023 being her first year since without requiring any surgery.

Reflecting on her cancer experience, Jacqui said: "The Irish Cancer Society were amazing during this time and offered me so much support & advice, particularly the Support Line nurses. I found reading other patient's stories on their pages really helpful, they made me feel much less alone."

"Recovering from cancer takes time but once you have family, friends and a good team around to support you, it makes things that bit easier. Although it was a frightening and extremely hard journey, not only for me but for my daughters & family, I wouldn't change a thing. I have learnt that each day is a blessing."

"I would encourage everyone to please get out there on Daffodil Day, March 22nd, and show your support for those affected by cancer in your local community."

The Irish Cancer Society is there to ensure that every person affected by cancer has a place to turn to, the support they need and the hope that there will come a day when no one in Ireland dies from cancer.

Thanks to the amazing generosity of the Irish public the Irish Cancer Society invests in ground-breaking cancer research and delivers crucial free support services for people affected by cancer, throughout Kerry. In 2023, your generous support provided:



Over 450 free lifts to bring Kerry based cancer patients to their treatment; Over 720 free counselling sessions to people living in Kerry; and Almost 485 nights of free Night Nursing care to allow cancer patients in Kerry to die at home surrounded by loved ones.

"The more we raise on Daffodil Day, the more we can do, and the more lifesaving research we can fund. We only receive 5% of our income from the government, so we're urging everyone in Kerry to Go All In this Daffodil Day 22nd March to help us achieve a future where nobody dies from cancer in Ireland, and everyone affected by the disease has the support they need when they need it most."

For more information about Daffodil Day visit https://www.cancer.ie/ daffodilday.

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## AMATEUR SNAPPER on the Shortlist

A regular contributor to the Picture Perfect Section has had her photo shortlisted for the Irish Wildlife Trust Photograph competition.

Bridget Gleeson Healy's fantastic of a deer during the rut late last year.

Her photo is part of a shortlist of 20 wildlife photographs entered during January 2024.

You can vote for Bridget's photo on the Irish Wildlife Trust

Facebook page and the photograph that gets the most 'likes' (or reactions) by today, Friday, March 15th at 6pm, will be announced as the winner on Wednesday and becomes the IWT Facebook Photo of the Month!

"I was very surprised and please to be part of it" a delighted Bridget told Killarney Outlook.



### Don't be a money mule... **STUDENTS ARE BRIEFED** BY THE EXPERTS

All KCC students received a presentation from Garda Mike Quirke and Karena McCarthy, Killarney Credit Union regarding the alarming occurrences of money muling affecting unsuspecting students in Kerry and Ireland of late.

They were briefed on the warning indicators, the mechanics of the process, recruitment tactics, the potential for conviction, and the lasting repercussions on their futures. Most importantly, they were educated on how to safeguard themselves against such schemes. This talk proved to be highly enlightening for both students and staff members alike.



and Karina McCarthy, Killarney Credit Union to the students. pictured with first year Killarney CC students



Pic Garda Murphy, Sergeant Mike Quirke Sergeant Mike Quirke explains the dangers



Oh Brother..... Flaherty brothers Corrie, Rory and Patsy helping to plant 900 saplings on the Hans Liebherr Rd last Saturday morning Planting will resume this Saturday morning from 8am to noon All help welcome.



Iohn Healv

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in line with various indexes like the building cost index issued by the Department of the Environment. This is also known as 'indexation' or 'index linking' and is to help protect you against inflation.

The cost of rebuilding has spiralled over the past few years and index linking has lagged behind the fast pace of the increases in material and labour. Since early in 2023 many insurers have increased the rate of index linking resulting in a 25% increase in the last guarter of 2023.

One major insurer in the Irish market has now increased the index linking to 40% for the period March 2024 to June 2024 to allow for 2022 and 2023 increases. The rate will reduce to 27% June to August and then 12% for the remainder of the year. The SCSI issue their annual rebuilding costs survey in September. There is no doubt that rebuilding costs have increased by 40% over the past few years. However if you were proactive in reviewing vour sums insured over the last year then

WHY HAS MY HOME SUM INSURED INCREASED AT RENEWAL DATE? JOHN HEALY FROM HEALY INSURANCE ON WHAT YOU NEED TO KNOW ABOUT INCREASED COST OF HOUSE INSURANCE

> the indexation will increase your values and therefore your quote. You might end up overpaying. The best advice is to review your sums insured at renewal time and engage with vour broker to discuss.

> The base rebuilding costs in the Kerry region are running at an average of €246-€260 a square foot (or €2775 per square metre for a 4 bed detached house of 119 square metres) in the most recently published guide.

> The rebuilding rates quoted by SCSI are for estate type homes and not one-off homes.

The calculation should account for the most recent building regulations, professional fees, demolition costs and VAT, and should make provision for higher than average fittings, built in wardrobes, fences, walls, and garages.

It is very important to note that "under insurance" can have a serious effect on any future claims settlements. Most policies include an "Average Clause" which means in the event of "under insurance" any claims settlement can be reduced in value in proportion to the degree of under insurance. Where the Sum Insured is only 75% of the total reinstatement cost, you will receive 75% of the agreed cost of reinstatement, whether the claim is made for partial reinstatement or total loss.

The rebuilding cost report and a rebuilding calculator can be found at www.scsi.ie

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BROKERS



Members of Killarney Cardiac Response Unit pictured with the winner of the Secondary School CPR Challenge, Elbhe Ní Nualláin from Coláiste Ghobnatan Baile Mhuire

## ELBHE CROWNED CPR CHALLENGE WINNER

ongratulations to Elbhe Ní Nualláin from Coláiste Ghobnatan Baile Mhuire who won the Secondary School CPR Challenge which took place at Killarney Community College on Thursday 7th March.

. 125 pupils from 7 Secondary school battled it out to see who would be crowned this years winner. It was a very close battle between Elbhe Ní Nualláin from Coláiste Ghobnatan Baile Mhuire and Peter Guban from Killarney Community College but it was Elbhe from Coláiste Ghobnatan claimed the trophy on a very narrow margin. Congratulations to both of them and all the pupils that participated.

## As Gaeilge....

## Irish language edition of Killarney author's book in time for St. Patrick's Day

Killarney author, Olivia Hope has had her debut 'Be Wild, Little One', (illustrated by Daniel Egnéus), travel the world with American and Australian editions as well as translations into French, German, Greek, Chinese and Japanese.

In early February, the Galway publisher Futa Fata translated her much-lauded debut into Irish – 'Bí Fiáin, A Chroí', just in time for St. Patrick's day.

'It's incredibly special to have your story published, but nothing can compare to the pride of having your work translated in your national language. I'm especially pleased with Tadhg MacDhonnagháin's translation as he has kept the rhythm and rhymes of the original story - which is no mean feat", Olivia told Killarney Outlook.

Recently, the author visited bookshops across Ireland, including Eason Killarney, signing copies of both 'Bí Fiáin, A Chroí' and 'Be Wild, Little One', so pop into your local bookstore to get a copy for the little ones in your life.



Killarney author Olivia Hope holding multiple translations of her debut 'Be Wild, Little One'.

## 2024 Marks 30 Years of Tea and Kindness for The Alzheimer Society of Ireland

Mark your calendars for a very special cup of tea! The Alzheimer Society of Ireland (The ASI) today, the 12th of March 2024, launched the 30th anniversary of Alzheimer's Tea Day and is calling on Cork to raise a cup of kindness and help make a difference to those living with dementia in along with their families and carers on Thursday, 2nd May 2024. The 30th anniversary is a significant milestone



as statistics show that at least 30 people in Ireland are diagnosed with dementia, every single day. Mark your calendars for a very special cup of tea! The Alzheimer Society of Ireland (The ASI) today, the 12th of March 2024, launched the 30th anniversary of Alzheimer's Tea Day and is calling on Kerry to raise a cup of kindness and help make a difference to those living with dementia in along with their families and carers on Thursday, 2nd May 2024. The 30th anniversary is a significant milestone as statistics show that at least 30 people in Ireland are diagnosed with dementia, every single day. There is an estimated 2429 people living with dementia in Kerry.

Join the conversation online using #TeaDay2024 and #TeaDay30 to share your stories and show your support. For more information or to register as an organiser, please visit www.teaday.ie.

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## INVITATION TO VISIT ROSS CASTLE FOR FREE

The beautiful surroundings of Ross Castle is one of the most iconic heritage sites in Killarney to visit and as the Office of Public Works announce the opening of the "Jewels of History", campaign, there will be free admision to the castle on the first Wednesday of evey month.

The Office of Public Works is delighted to announce the reopening of heritage sites across Ireland from 16 March 2024. The new season offers a great opportunity for visitors to rediscover the rich and diverse cultural heritage of their local areas.

Heritage sites are an important part of our national identity and our shared history, and they offer a unique insight into the lives and stories of our ancestors. Whether you are interested in ancient monuments, historic houses, gardens, or museums, there is something for everyone to explore and appreciate.

The "Free Wednesday" initiative, which takes place on the first Wednesday of each month many OPW Heritage Sites offer free admission to individual visitors and families. Tickets will be allocated on a first come, first served basis and online booking will not be available. Normal conditions of admission apply. Participating sites include Ross Castle, Ardfert Castle, Daniel O'Connell House and The Blasket Centre in Kerry along with many others- a full list is available at https://heritageireland.ie/ visit/free-wednesday/





## THERE IS NO SUCH THING AS TOO MUCH CAKE ....

Ballydribeen Residents Association are busy baking up a storm for their upcoming Bake Sale at the Killarney Outlet Centre, tomorrow, March 16th. The money raised will be used to implement a playground project in Ballydribeen which will be built alongside with the new Direen Sport Centre in Killarney.

The Ballydribeen Community, in the heart of Killarney, is a dynamic and close-knit residential hub committed to fostering a sense of friendship and togetherness. Our community includes diverse residents united by a shared vision of creating a welcoming and engaging environment for children and adults.

The Ballydribeen Community Universal Playground is set to be a cornerstone of the Killarney community, providing a space where families, friends, and neighbours can come together and build long-lasting memories. This innovative project aims to serve as a hub for social interactions, events, and shared experiences.



the forthcoming months starting with the bake sale to get the ball rolling. This will play a crucial role in turning our vision into reality and will, of course, create a lasting impact on our community and Killarney town", a spokesperson for the association told Killarney Outlook.

"We would love to invite everyone to our Great Bake Sale, which will take place on Saturday March 16th from 10 a.m. to 5 p.m. in the Killarney Outlet Centre".

This is a fantastic opportunity to indulge everyone's sweet tooth with delicious treats and support a new Playground Project!

"We promise everyone a super yummy time with other attractions, including a hamper raffle. There will also be a chance to purchase natural aloe-based fantastic products", they added.





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Killarney will take on the Italian Job during this year's St Patrick's Festival as the town plays host to a group of over 50 visitors from Verrès, a small town in the Aosta Valley to the north-west of Turin.

They will bring with them all the colour and the excitement of the historic Carnevale Verrès which is a huge hit every year. Strong links between the two locations were forged in 2020 when Killarney architect, Davide Mosca – a native of Verrès – returned to his home place when he was chosen to lead the festivities for the fourday Mardi Gras style festival.

According to legend dating back to the 1400s, the Count and Countess left Verrès Castle to join locals in a pre-Lent

village celebration and the colourful tradition has been upheld since then, with one native son invited to play the role of the Count every year.

It effectively saw Davide, a graduate of the University of Politecnico di Torina who has been living in Killarney for over 20 years, being crowned King for Italy's version of the St Patrick's Day celebrations.

Since then some of his friends, including Killarney St Patrick's Festival committee member Paul Sherry, have returned to parade in costume at the annual Carnevale Verrès.

The festival's distinctive knights, costumed soldiers and drummers will now parade through the streets of Killarney on St Patrick's Day and it

Verrès, a small town in the Aosta Valley to the north-west of Turin has strong links with Killarney.



## A little bit of Italy comes to Killarney



Killarney St Patrick's Festival committee member Paul Sherry (centre) taking part in this year's carnival in Verrès

promises to be a spectacle rich in culture and history.

The group of 50 ¬– including the Mayor of Verrès – will arrive in Shannon Airport on Saturday morning while a delegation of four people will leave two days earlier, by land, with a minibus to ferry the parade equipment, including trumpets, drums, shields, flags, armour, crossbows, bows, cloaks and helmets. They will remain in Killarney until Tuesday, enjoying the parade and all

the festivities, and they will spend a night in Dublin before returning to Italy.

There will be a real international flavour to the VIP stand at this year's Killarney parade with Mayor of Killarney, Cllr Niall Kelleher, joined by the visiting mayors from sister and friendship towns Verrès in Italy, Schlebusch/Leverkusen in Germany, Casperia in Italy, Pleinfeld in Germany and Kendal in England.

## Festival has a three-year story to tell

he new chairman of the Killarney St Patrick's Festival wants the town to tell a great story, over three years, with a wonderfully engaging chapter shared with the public each year.

Jason Clifford, who heads up the new look and vibrant organising committee, said a three-year strategy and theme for the event will see Killarney telling a very relevant tale rather than just having people walking behind marching bands and banners with no connecting link.

This year the theme will be Echoes of Killarney's Past which will recall the work of the monks on Inisfallen Island as they scripted the magnificent annals, the 1861 visit of Queen Victoria which put Killarney on the map as a premier tourist destination, the battles at Ross Castle and the rich history and culture of the town and its surrounds.

Next year the theme will focus on Echoes of Killarney's Present and in 2026 the theme will be Echoes of Killarney's Future.

"We feel it is important to create a journey and to tell a story and Killarney has a great story to tell," said Jason who is general manager at The Dunloe Hotel and Gardens.

He said chairing the St Patrick's Festival is a great challenge and he is delighted to be involved with such a progressive committee.

"Every year up to now I have been with my wife and kids standing on the street and watching and enjoying the St Patrick's Day parade without every giving a second thought to the incredible work that went on behind the scenes to make it all happen and bring it altogether so seamlessly," Jason said.

"This year I can really see and appreciate what really has to be done in advance".

He paid tribute to his predecessor, Paul Sherry, who chaired the festival committee for a number of years and turned it into a magnificent

#### spectacle.

"Hat's off to Paul because he did such an amazing job. He is still an advisor to the committee and he is always at the end of the phone if needed which he often is because he has a wealth of knowledge," Jason added.

Killarney Chamber of Tourism and Commerce joint presidents, Pádraig Treacy and Johnny McGuire, also thanked Paul Sherry for his remarkable dedication to the festival and so many other Killarney projects over the years and they said Jason would prove to be a worthy successor.

"He is busy fine-tuning the festival this week and his commitment is particularly appreciated given the passing of his grandmother, Rena Kennelly, in recent days.

"Rena was a wonderful ambassador for Killarney through her creativity and her remarkable artistic skills and it is great to see that Jason has inherited her sense of purpose, determination and flair," the joint presidents said.





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#### PRES TY'S DONATE OVER €500 TO THE KERRY MOUNTAIN RESCUE TEAM



John Hussey picturted with TY Students and teachers, Ms Dinneen, Ms. Dowling and Mr. Kelly at St. Brigid's Presentation Secondary School.

In the spirit of giving back to the community, our Transition Year students showcased their entrepreneurial spirit by making a donation to Kerry Mountain Rescue.

To deepen their understanding of the impact their donation would make, one of Kerry Mountain Rescue's members, John Hussey, graciously visited our school to share insights into the organisation's vital work and the training involved in mountain rescue operations. His informative session shed light on the dedication and bravery required of rescue teams.

During John's visit, our students had the honour of presenting him with a cheque for the funds raised from their Christmas

market. This symbolic gesture not only exemplifies the generosity of our but students also strengthens the bonds between our school and the wider community.

Thanks to Ms Dinneen, Ms Dowling, Mr Kelly and the entire business department for their help in organising the market and the subsequent presentation.



John Hussey shares insights into Kerry Mountain Rescue Team.

## **Engineer's Week Celebrated In St. Brigid's**

ast week saw Engineer's Week being celebrated across Ireland, and also here in St. Brigid's.

Engineering challenges & projects were undertaken in various classes from 1st to 6th year. Tasks included 'The Egg-drop Challenge', where students designed & built a structure in an attempt to protect an egg dropped from a height from breaking. There were varying designs & varying degrees of success, so well done to those who managed to retrieve an unbroken egg.

The 'Spaghetti-Marshmallow' challenge was another favourite, where students had to plan & create a free-standing structure using limited materials, to raise a marshmallow up to the greatest height possible without toppling. It's amazing to see how heavy a fluffy marshmallow becomes when it's perched on top of a tall skinny spaghetti tower!

Past-pupil Niamh Cronin spoke to classes about her work as a Civil Engineer with PUNCH Consulting Engineers. This was a very interesting experience as Niamh described how her studies at St. Brigid's led her to a degree from UCC, followed by further study, and an exciting career that has taken her all over the world, including stints in Perth & Singapore. Niamh encouraged the girls to consider Engineering as a career path, an area that is traditionally male-dominated, as there is huge demand for engineers of all disciplines both at home and around the world. It is an exciting and evolving area, as engineering is essential to help us adjust to an ever-changing planet with increasing energy, infrastructure & climate demands. Thanks to Niamh for taking the time to come & visit us.



Students from St. Brigid's Presentation Secondary School who enjoyed Engineers Week at the school this week.

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## sadness at the passing of CHARLIE BIRD



There have been widespread tributes to the late RTE Journalist Charlie Bird who passed away this week.

Leading the tributes, President Michael D. Higgins said "It is with the deepest sadness that all of the Irish people, and particularly all of those who were his allies in campaigning for so many significant causes, will have learnt of the death of Charlie Bird.

An exceptionally talented broadcaster, Charlie was a truly remarkable man driven by a deep sense of social justice in the most positive sense.

Charlie was indelibly associated with some of the biggest stories both at home and abroad during his four decades with RTÉ, I recall for example being with him in Iraq.

As an intuitive journalist, Charlie identified with causes from below. His dedicated pursuit of the truth, and immense ability to build warm relationships that would last through life with all those with whom he came in contact, made him one of the outstanding journalists of his generation.

The authenticity of these relationships is evidenced in the lifelong connections which he made with so many of those to whom he gave a voice. I think in particular of the decades-long support which he gave to the victims of the Stardust fire, and indeed the touching support which they have likewise given him.

Perhaps above all else, Charlie will be remembered for the deeply moving contribution which he has made since his diagnosis with Motor Neurone Disease in 2021, having first noticed that something was not right three years ago this week on St Patrick's Day of that year.

It is hard to understate the impact which



Photographer with the Irish Independent and Sunday Independent, Gerry Mooney's winning image from the 2023 AIB Press Photographer of the Year Award

Title: Charlie's Challenge: Following his public announcement and acceptance that he was suffering with Motor Neurone Disease, veteran Irish journalist Charlie Bird set himself the challenge of climbing the 2,500ft holy mountain of Croagh Patrick. This was to raise funds for the Irish Motor Neurone Foundation and Pieta House, but also to show life challenges could be overcome. In doing this, he unintentionally brought the country together at a time when another man was trying to divide the world. People from all over the country supported his efforts throughout, none more so than his wife Claire and his beloved companion Tiger.

Photographer: Gerry Mooney / Irish independent / Sunday Independent

Charlie's work to 'Extend the Hand of Friendship' has had on our country. His many initiatives, such as Climb with Charlie, raised incredible levels of funding for so many important causes and organisations. A contribution for all generations that will endure.

Even more than that, the dignity, strength, hope and inspiration with which Charlie carried the burden of his illness was remarkable. In a way that was truly extraordinary, Charlie redefined our collective perspective on the illness of Motor Neurone Disease and terminal illness more generally.

The authenticity, at considerable personal cost, which he brought to all of this could never have been achieved by any other means of communication. I believe that his experience touched every home in this country and will leave a lasting legacy that will not be forgotten. Síocháin síoraí dá anam lách uasal."

Speaking about his passing, Chairperson of the Kerry Friends of Motor Neurone, Christy Lehane told Killarney that he was saddened when he learnt of the passing on Tuesday morning 12th March of Charlie Bird.

On behalf of Kerry Friends of Motor Neurone I offer our sincere sympathy to his wife Claire, children and grandchildren.

Charlie Bird touched all our lives as an exceptionally talented journalist. People stopped to listen when Charlie was doing an interview, and he was not afraid to ask the hard questions. His hunger and passion as a journalist was inspiring.

He was very open and honest about his motor Neurone journey, and he carried the burden of his illness with dignity, strength, and

#### inspiration.

Charlie was diagnosed with Motor Neurone Disease in 2021 and he was devastated but he did not sit back and instead thought about how best he could fundraise and raise awareness of MND and in 2022 he organised a "climb for Charlie" and he selflessly climbed Croagh Patrick.

I think the Irish people were in awe when Charlie Bird reached the top of Croagh Patrick. In doing this he raised much needed funds for IMNDA and importantly he raised awareness and got people talking about this awful disease. Soon he mobilised the whole country climbing mountains and walking parks to raise funds for the IMNDA who depend so much on fundraising as 86% of their annual budget comes from fundraising.

I think the Irish people were in awe when Charlie Bird reached the top of Croagh Patrick. Kerry Friends of Motor Neurone had a walk in Killarney National Park to raise funds for the I.M.N.D.A. the same day as Charlie was climbing Croagh Patrick and many other groups in Kerry did similar walks. All for a great cause.

Charlie Bird died living and was courageously campaigning up to the end and extending the hand of friendship to everyone he met along the way.

We thank him and admire him for his courage and all he did for Motor Neurone Disease

Rest peacefully now Charlie your work on earth is complete and you have left us an enduring legacy.

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## SECOND NIGHT ADDED TO THE WOLFE TONES AT THE INEC

Due to phenomenal demand and following sell-out shows The Wolfe Tones have announced a final Munster show and a second night in the Gleneagle INEC Arena, Killarney on Friday 13th September 2024, for a historic night in the history of this most legendary of Irish groups as they celebrate their 60th Anniversary.

From humble beginnings in Dublin, to the hallowed halls of Carnegie Hall, New York and the Paris Olympia, The Wolfe Tones have enthralled generations of Irish music fans around the globe in their own unique style. Iconic, legendary, often overused superlatives, however they are never more appropriate than when referencing The Wolfe Tones. In a career spanning from 1964 to 2024, the group reached the summit and that's where they have remained ever since. They are cherished by the Irish across the world, their music is heard wherever our diaspora gathers, and this will be a homecoming event for many people who will undoubtedly travel from across the world to say they were present at The Wolfe Tones 60th Anniversary Concert.

Hear the songs and ballads that helped to create legends in their own lifetimes, from Celtic Symphony to Grace, Let The People Sing to The Streets of New York, hit after hit, the legendary Wolfe Tones will captivate their largest ever Dublin audience in a night to remember.

Joined by special guests to celebrate this amazing achievement, The Wolfe Tones guarantee a unique and once-off experience as they celebrate 60 legendary years.



## Capturing Memories:

A Heartwarming Journey of Creating Photobooks with Day Care Centre Residents



Derry Fleming, Mick Leahy, Colene O'Callaghan



Derry Fleming, Amber Foley, Timmy O'Mahoney





Derry Fleming, Ann Murphy, Jasmine O'Sullivan

Derry Fleming, Mary Daly, Charlie O'Keeffe

each resident, from family gatherings to milestone celebrations, from everyday joys to extraordinary adventures, every photograph and tale became a window into a life well-lived. "Helping the residents articulate their memories was incredibly rewarding," said Caoimhe Scanlon, another student participant. "We wanted to ensure that each description captured the essence of their lives and the significance of the moments captured in the photographs."

Once the books found their place in the hands of the residents on March 7th, they became more than just books; they became precious symbols of the journey of life, love, and laughter, and as the residents flipped through their pages, they were reminded that no matter where life may lead, the memories we hold dear will always be with us. Tracey Dooley, TY Coordinator in Presentation Castleisland, shared her thoughts on the project stating 'projects like these serve as beacons of hope, reminding us of the beauty that surrounds us and the connections that bind us together. Our students worked extremely hard on this project, ensuring that each story told and each picture shared was captured in a way that the residents and their families will cherish'.

On Thursday March 7th in St John Hall Castleisland the TY class of 2023 from Presentation Castleisland and the residents of the local Day Care Centre gathered to celebrate the end of a very worthwhile project called 'This is My Life'. Special guest, Derry Fleming, was there to mark this special occasion and help present the photobooks to the residents.

The idea blossomed from a simple desire to bridge generational gaps and bring joy to the lives of those in the community. As the students and residents came together, what unfolded was a journey of shared laughter, thoughtful reflections, and newfound friendships. "The project was an incredible experience that taught us the power of storytelling and the importance of human connection," shared Colene O'Callaghan, one of the students involved. "Listening to the residents' stories reminded me of the beauty in everyday moments and the wisdom that comes with age." The process began last February, when the students sat down with each resident, eager to learn about their lives. They listened intently as stories unfolded, tales of triumphs and challenges, of love and loss, each narrative a compelling ounce of wisdom and experience. The students embarked on a mission to capture moments that mattered most to



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## **PROFESSIONAL ACUPUNCTURIST**





London Architecture Shot

## Wins 1st Prize for Ade

Killarney Camera Club members enjoyed another great competition last week with a fabulous array of architecture photos from across the globe.

Well done to Ade Desbrow who won the Unrestricted category with this unique image of a colourful office building in London. Ade gave us some background information on the photo.

"I was in London last September for the weekend and thought it would be a good opportunity to get some images of London landmarks, with the architecture competition in mind. I set off quite early one morning and was walking from St Pauls down Ludgate hill. I went to cross the Old Bailey road to go and see the courthouse. This office block, across the road from the Old Bailey, immediately caught my attention, with the curved shape and the colours of the building. So, I had to take some photographs of it. It was just after 7am so the early morning light was an added bonus. From all the iconic landmarks I photographed that weekend this photo of a simple office block is my favourite", Ade said.

Here are the top three in the Unrestricted category.

1st Place: Ade Desbrow, London Architecture

2nd Place: Seamus Long, New York Skyline

3rd Place: Julia Deady, Freedom Tower

The club welcomes new members so come along to our next meeting at 7.30pm on 21st March in The Brehon Hotel or email secretary@ killarneycameraclub.ie for further details.

Father Anthony and 5 noviciates of the Franciscan friary with Killarney national park volunteers who are clearing the rhododendron in the Abbey Wood. Photo: Peter O'Toole



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**REIKI ~ SEICHIM ~ AROMA TOUCH ~ QUANTUM PSIONICS** 

In 2001, shortly after the arrival of my first child in Dublin, my husband Fred introduced me to the world of Reiki. Intrigued by the concept, I joined a workshop with his sister Aldagh and close friend Maura, immersing myself in the fascinating history of this ancient practice. Little did I know that this would mark the beginning of a transformative journey.

As I delved deeper into Reiki, experiencing the palpable energy and learning to work with it, I felt a profound sense of belonging. Within a few weeks, I progressed to Reiki 2. Life unfolded, and I went on to have three more children before returning to my roots in Co. Kerry. A decade later, my spiritual path led me to become a Reiki Master and I completed my Seichim Reiki Master in France, an enriching and empowering experience that guided me toward self-love and acceptance. Reiki, I discovered, consistently worked for the highest good.

Motivated by my newfound passion, I decided to establish my healing practice, which now operates in out of Glenbeigh and Killarney. Over the years, I have introduced various healing

modalities to provide unique and personalised healing experiences for each individual.

My personal learning has never stopped, and in the coming month, I am excited to undertake master-level workshops in Integrated Healing over a ten-day period in the UK, further expanding the breadth of services I can offer people here in the Kingdom.

What sets my practice apart is the ability to conduct most healing sessions remotely, with equal efficacy. From animals, babies, and young children to the elderly, remote healing has proven to be a powerful tool. I extend my healing touch to houses and land, acknowledging the impact their energy can have on one's health. Balancing and harmonizing electromagnetism, geopathic stress, and even gases through energy manipulation can make a significant difference, particularly when selling or building a property.

The marvel of energy healing lies in its ability to elevate our vibrations, fostering harmony within our lives. This, in turn, leads to improvements in mental, emotional, physical, and spiritual wellbeing. We are, fundamentally, spiritual beings

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undergoing a human experience.

If you find yourself seeking an alternative approach to healing or stress management, consider reaching out. I offer a diverse range of healing modalities and am more than happy to address any questions you may have. Let me guide you towards the healing method that suits you best. Following sessions, clients commonly share a newfound lightness, a testament to the burdens we unknowingly carry. Embrace the opportunity to explore something completely different and embark on a journey of self-discovery. I truly look forward to meeting you, and thank you for reading my interview,

Niamh McDonogh.

Niamh: +(353) 86 1709 797

Email: niamh@lámha.ie

www.lamha.ie





#### ceiremccarthy15@gmail.com 086 - 8427719 Instagram: babysteps\_coaching FB: Baby Steps Coaching

#### Strategies for establishing good sleep behaviours:

Newborns are only developing their circadian rhythm, but older toddlers and children have already got an appropriate sense of night and day. But through all the phases of growth and development, night disturbances can occur at any age. Some of the language around sleep is something called sleep hygiene. How clean is the sleep pattern before bed? Is it messy and confused or is it consistent and calm. These are simple but crucial steps in establishing good sleep behaviours.

So, how can I deliver good sleep hygiene? Some simple fixes are often enough to get babies and young children back on track. Try dimming lights for 1-2 hours before bedtime. This helps trigger melatonin production that initiates sleep.

Minimising screen time again 2 hours before bedtime. The blue light emitted from screens can interfere and delay melatonin production.

Similarly, some musical toys project images onto the ceiling of the room to lull a baby or child to sleep. These can emit blue light too that again interferes with melatonin production.

Ensuring the room is the right temperature, 16-20°C. Socks can regulate core temperature and is very useful to use in an older child that is waking overnight. Maybe, they are cold and that has disturbed their sleep.

Associating a bath and little comforters with bedtime are also good sleep habits. Buying two identical comforters is a tip I recommend. If one is in the wash or indeed left at a relatives house, least the second is on stand by!

Older children can be reluctant to go to sleep sometimes. The days excitement spills over into bedtime. Bedtime should not be something everyone dreads. It needs to be made relaxing, a time to have stories, reflect on the day and let the busy body recover. When this is dysregulated and stressful, introducing small games can be useful. The 'Guess how much I Love you' game, reinforces a parents love for the child. Reducing separation anxiety.

Making a book together can help a child feel they are the centre of this narrative. Filling in a story of a day and combining it with pictures can be creative and fun. The last pages can be the child falling asleep in their bed and waking up happy and refreshed.

There are many tools I use as a Holistic sleep coach but all centre around the individual child. Exploring their likes, dislikes and tiggers can give me the tools to formulate solutions.



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## The Week Through The Eye of the Lens



Tidy towns volunteers who took part in a hedge row planting on the Hans Liebherr Rd on Saturday last 400 saplings were planted to support national tree week The remaining 500 saplings will be planted on Saturday next starting at 8.30.



Models in Recovery raise 38,000 euro for Kerry Hospice Foundation Killarney Branch. Pictured left to right, Kay Spillane, Cathal Walshe, Patricia Barrett, Ambrose Donnelly, Angela Curran, Phil O'Grady and Pat Doolan. Front row, Sarah Dineen, Maureen McCarthy, Jacqui Tangney, Bernie O'Sullivan.







Pictured at the East Kerry Senior League Final Killarney when Legion defeated Glenflesk, are Darragh O Doherty (Joint Capt) Lee Cirillo & Sean Dineen (Grandsons of James Fleming) Gemma Cirillo (Daughter of James Fleming) and Darragh Lyne (Joint Capt). Photo: Maria O'Sullivan **36** | **15**.03.24



Special Olympics Munster champion Kevin Looney who won 1st place Freestyle front crawl swim. ((50smeter)) and 25 meters swim bring home two gold medals from the Special Olympics Munster competition



A big congratulations to the athletes from the Kerry Stars Special Olympics Sports Club took part in a Special Olympics Munster competition on Saturday and achieved 13 golds, 1 silver and 4 bronze medals . A huge thank you to everyone involved. If you would like to become an athlete or volunteer with Kerry Stars Special Olympics Sports Club please email us today kerrystars63@gmail.com



Killarney Valley Classic & Vintage are delighted to present €1,300 from our recent table quiz to Enable Ireland. Thanks to everyone who took part and raised funds. Paul Shea presents the cheque to Richard Vousden, Susan O Neill and Sheila O Neill.


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# MONEY MATTERS..

By Dermot Cronin, Financial Advisor

### IS IT MORE DIFFICULT TO GET A MORTGAGE TO BUILD **MY HOME THAN A MORTGAGE TO BUY MY HOME?**

Yes, it can be more difficult. When you are building your family home there are more of risks of things going wrong than purchasing your home especially in relation to the overall cost. The most obvious and biggest risk is of course the risk of you going over your budget to build and finish your property and not having enough money to complete your home. Lenders when assessing your application need to take this risk into account. Lenders will put emphasis on the cost of construction of your property. If you are making your application through a mortgage broker they should spend time discussing the cost of the construction and loan amounts with you to make sure they are realistic and affordable. If these figures are incorrect and especially if they are too low then your mortgage application could be declined and more importantly you may not have enough money to finish the property. A big plus at the moment for people who are first time buyers and are building or buying a new property that is their family home is that there is a Help To Buy Scheme that you can apply for through the Revenue. Thankfully this was extended recently in the budget. There is up to €30,000 available through this scheme, there are terms and conditions attached to this Help To Buy Scheme. Obviously this is very beneficial in terms of reducing your overall cost and reducing your mortgage amount also. Each lenders criteria for self build mortgages is different & you need to know this before choosing a lender that suits your needs best. A mortgage broker who has access to many lenders and has a lot of experience with self build mortgages should be very helpful to you.

If you require any further information on the above or any other matter you can contact Dermot Cronin at dermotcroninifa@gmail. com or 0646622775 or 0872893649.

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### KILCUMMIN

#### **>HOSPICE WALK**

The Kilcummin Hospice walk will take place on Good Friday, March 29th starting at 10.00am. There will be a choice of two family friendly walks, 4km or 8km. The walk starts and finishes in the Recreation Hall with refreshments and free draw for all participants after the walk finishes. Donations will be accepted on the day.

#### **>KILCUMMIN COMMUNITY ALERT**

We are here to act on your behalf and deal direct with Pobal & the supplier. We submit application for alarms, support in the installation and engage with Pobal where necessary for example in the event you lose your pendant and require a replacement. This service is available to everyone over 65 years of age. For more information please contact Robert Keane on 087 6270677.

#### **>KILCUMMIN NATIONAL SCHOOL OPEN DAY**

Kilcummin National School Open Day will be held on Thursday 21st March from 2.15pm to 4pm. We look forward to meeting all our new Junior Infants and parents on the day.

# >KILCUMMIN NATIONAL SCHOOL - ENROLMENT 2024/2025

Kilcummin National School is currently enrolling for September 2024. Please contact Kilcummin National School by email at kill43163@gmail. com or office@kilcumminns.com or by phone on 0646643163. Enrolment application forms are now available on our website. Please check out our website at www.kilcumminns.com for more information.

#### >KILCUMMIN GAA LOTTO

There was no winner on Monday 11th March 2024 of the Jackpot for €10,000. Numbers drawn were 12,21,26,29. Consolation prizes of €50 went to Aine O 'Donoghue, Aileen Brosnan, Tim & Eileen O'Sullivan & Robert Casey on line. The next draw will be on Monday 25th March for Jackpot of €10,250.



The Mastergeeha Black Team who played LB Rovers

#### ▷MASTERGEEHA FC LB Rovers 4 - 3 Mastergeeha Black

Scorers; Leo Barry, Adam Cremin & Conor Murphy. Our boys travelled to a windy Ballyduff on Saturday afternoon. Some great skills showcased and lots of fun. Thanks to all who travelled to support and to LB Rovers for a very sporting game.

#### LOTTO

There was no winner on Friday 9th March 2024 of the Jackpot for  $\notin$ 9,200. Numbers drawn were 13,14,17,18. Consolation prizes of  $\notin$ 50 went to James Furlong O/L; Kenny Dwyer O/L; Albert Kelly O/L; William Lenihan C/o John Lenihan. The next draw will be on Friday 15th March for Jackpot of  $\notin$ 9,400.

### BEAUFORT

### >SYMPATHY

Our sympathy is extended to Gillian, Michelle, Garry, Rory and extended McGrath families on the sudden and sad passing of their father, Jack McGrath, Deelish Park.

Jack took up many roles in Beaufort GAA Club from senior and minor trainer, lotto seller, event organiser, field manager, Chairperson and was currently Club President. Jack was also a volunteer in many other parish organisations and Clubs. May he rest in peace.

#### **>FIXTURES**

Beaufort minor men will be away to Ardfert, Saturday, 16th March at 3pm in round 5, Co League and home to Moyvane on Monday, 18th at 3pm in round 6.

Senior men will play Milltown/Castlemaine C on Saturday, 16th March at 5pm in round 1, Development league.

#### >RESULTS

Beaufort 1.17 Milltown/Castlemaine 0.18 in Mid Kerry Senior League final. The final was played on Sunday, 10th March.

A minutes silence was held before the game for the late Jack McGrath. After an exciting game, Beaufort narrowly defeated Milltown/ Castlemaine. Player of the match award was presented to Darragh Dennehy and the Dermot Twiss memorial cup was presented by Eileen Roche, nee Twiss to joint captains, Ethan Coffey and Ciarán Kennedy.

Team: Fionn O'Neill, Liam Curran, Ger Hartnett, Seán Kelliher, Ciarán O'Sullivan, Ethan Coffey (0.01), Josh Coffey, Mark Neary (0.02), Ronan Murphy, Darragh O'Connor (0.04), Ciarán Kennedy (1.02), Fergal Hallissey (0.04), Darragh Dennehy (0.04), Seán Coffey, Liam Carey.

#### **>BEAUFORT FILM NIGHT**

will hold a screening night on Friday 15th March at 8.30pm at Kilgobnet National School, Beaufort (V93 DW26). The feature film to be screened is Roise & Frank, an uplifting Irish-language comedy-drama. Cert PG. Admission  $\in$ 7 (Under 16  $\in$ 4). Under 16s must be accompanied by a parent/guardian.

#### >MEMBERSHIP

Beaufort G.A.A. Club membership is now due. Gym and facilities membership is also available. Please contact Patie 087 2515311. For Ladies football, LGFA membership has to be paid by 22nd March. For more information, please contact Sue 086 2632219.

#### SPA

#### **ST PATRICKS DAY PARADE**

Inviting all underage Spa players, handballers, Scór participants, their Parents and Grandparents to join us in marching in this years Killarney St. Patricks Day Parade. Parade starts at 14:00 from Mission Road, please be in position for 13:50. Please wear club colours.

#### >KEANES SUPERVALU MINOR COUNTY LEAGUE

The Round 3 fixture versus Legion has been rescheduled for Monday 18th March at 3pm

#### **>REGISTRATION**

All registration must be completed before March 31st. Players will not

be eligible to tog out for games if they are not registered. Registration is through the Croke Park Foireann system. Visit www.foireann.ie to set up an account or to login to an existing one. Anyone with any queries or anyone who wants to register directly through the club can contact either Ger (0872512266) or Deirdre (0851216359)

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### GLENFLESK

#### **≻LOTTO**

There was no winner of Glenflesk Lotto which took place on 4/3/2024 in Glenflesk Hall. Jackpot  $\in$ 7,800. The numbers drawn were : 7, 10, 12, 20. Consolation Prizes of  $\in$ 50: 1) Catherine McSweeney, Carrigeen 2). Mike O'Shea, Barradubh (Sellers' Prize) 3). John Lenihan, Kilcummin. 4). Éanna Favier, Curraglas , c/o Paul. Next draw will take place in Glenflesk Hall on Tuesday 19th March 2024. Jackpot will be  $\in$ 8,000. Thank you to all who support our Lotto and to our sellers. Lotto tickets including annual tickets can be bought from our ticket sellers, in local pubs and shops or online before 6pm on the date of the draw https://play.clubforce.com/play\_newa.asp?ll\_id=2534#Anchor

### **>CONDOLENCES**

The parish was shocked and saddened last Thursday with the untimely passing of Jack Dineen of Headford. Jack was the most popular man in Glenflesk and the surrounding areas, a friend to all both young and old. A testament to that was the huge crowds who attended his funeral on both days, one of the biggest in recent times. Sincere condolences to all his family and may he rest in peace.

#### ► GAA NATIONAL CLUB DRAW

Win a car & many more great prizes !!!!! LAST CHANCE IF YOUR NOT IN YOU CANT WIN Tickets for the GAA National. Club Draw available until Thursday at 9.00pm get your ticket now... Online tickets can be purchased via link attached or contact Cathy Somers 087 2900476 or Donal Brosnan 087 2682601. All monies raised in the draw go directly to the Club, please support buy a ticket and put yourself in with a shot of winning some great



All smiles for the camera at the East Kerry League Final between Legion and Glenflesk. Photo: Seamus Healy

#### prizes

**BARRADUFF TRACTOR RUN** in Aid of Kerry/Cork Link Bus & Recovery Haven, Tralee. The organisers of the Barraduff Tractor, Vintage Car run would like to thank, Barraduff Tidy Village Group, Barraduff, N.S, Barraduff Community Field, Gneeveguilla GAA, Steward's, Registrars, Dalys Super Valu, Paddy O Donoghue Catering, John Dans Bar, An Garda Síochána, everyone who took part in the Run and everyone that came and supported the run. We are grateful for your continued support every year for 2 very worthy charities Kerry/Cork

### RATHMORE GNEEVEGUILLA

#### **ST PATRICKS DAY PARADE**

The 10th Annual Rathmore St. Patrick Day parade led by Grand Marshall Brian Kelly held on Sunday last in Rathmore with great attendance & the weather held out. Best Overall Float: Shrone NS. Best Vintage: Gerard & Jason Lawlor. Best Commercial Float: Rathmore District Credit Union. Best Agricultural Float: Pumpkin Farm. Best Organisation Group: Hollymount NS. Best Buggy: DAD'S TAXI Dany Fitzpatrick. Best Puppy: ROSID Kerry MARCL. Best Window Displays: Emma Bluckley Preschool. MC Diarmuid McCarthy. A huge thank to everyone who made day possible Gardai & kerry County Council Millstreet judges sponsors local businesses local Residents over the last few weeks and especially he last couple days We have a great committee and a fantastic community. We couldn't have done it without you all, onwards and upwards. Antoinette O'Leary Chairperson Organising Committee of Rathmore Community Council.

> SYMPATHIES to Liam Daly, Oran and Keelan on the death of Louise Daly, Kilquane, Headford & Gneeveguilla, wife & mother. Her father Jimmy and mother Susan and their partners Debbie and Danny, brothers James, Christopher and Brian, sisters Anne-Marie, Shelley, Jessie & families & extended family. Louise's funeral Mass took place on Saturday 2nd March in Gneeveguilla.

To Eileen, Michael and Norann Kelly & families on the death of their mother & grandmother Catherine (Kathy) Kelly Gullane, Gneeveguilla. Catherines funeral took place on Thursday 7th March in Gneeveguilla. May Louise & Catherine rest in peace.

### **>ST PATRICKS DAY PARADES**

Gneeveguilla Parade takes place in Gneeveguilla after 9.30am Mass on St. Patrick's Day. Grand Marshall: Paddy O'Donoghue. Traffic Management will be in place.

Knocknagree parade at 11am in village, this year's Grand Marshall is Kate Murphy who was cycling representing Team Ireland at the European Youth Olympics. Everyone was so proud of her in Knocknagree and Sliabh Luachra Cycling Club. Our MC for the parade is the one and only Patrick Hickey.

The Millstreet Parade will commence at 5pm sharp from the Green Glens Arena on Station Road, proceeding through The Square and finishing at Minor Row. There will be prizes for the following categories: Best Cultural Presentation, Best Vintage Display, Best Window Display, Best Celebrity Look-A-Like, Best Fleet, Best Float, Best Group or Club. For further information All Welcome

> PUBLISHED AFTER 100 YEARS Fr Ferris's History of the Parishes of Rathmore, Gneeveguilla and Knocknagree. This unique history of the Sliabh Luachra/Duhallow area will be of interest to all families in the parish. €20 Fully indexed. Order : www.rathmorehistory.com e-mail : rathmorehistory@gmail

>DIOCESAN COLLECTION for the "Emigrant Services will take place this weekend the 16th/17th March

>HAPPY ST PATRICKS DAY to everyone in the parish & outside the parish.

#### **>SHARE THE BUCKET**

Gneeveguilla Community Facility Group reminds you that Share the Bucket takes place weekly. The draw is every Friday evening in Teach Fáilte @8.30 pm and can be viewed live on our Gneeveguilla Community Facility Group Facebook Page. This week's jackpot was  $\leq 202$  and the winner was Michelle Warren. Tickets cost  $\leq 2$  each or 3 for  $\leq 5$ . They are available at Teach Fáilte and can be bought online at https://tinyurl.com/y2ade5om.or in local businesses where you see the Green Share the bucket.

#### **≻NOTES**

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before Sunday 6pm.

#### LISTRY

#### >LOTTO

Numbers drawn 8, 21, 23, 26. €100 Noel O Connor c/o Tim. €50 Michael Healy, Kilcummin. €50 Dan Dwyer, Ballytrasna. €25 Breda Tangney, Listry. €25 Martina M Kennedy, Ballymalis. Next weeks jackpot €3,300 > SENIORS Division 2 East Kerry Super League final on Sunday v Cordal >MINORS

Best of luck to our minors who are away to John Mitchell's Saturday the 16th March.

Congratulations to our Listry senior team and management who won the

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Over my years as a Body Confidence Coach/writer & fitness presenter I have noticed how what we say we desire is rarely met by how we feel in the moment.

It's as if we are living outside of our greatest dreams and desires, waiting for the day when these will somehow miraculously manifest themselves into our life.

This shows up as a constant narrative of "when I've..." For example, "When I've lost a bit more weight, I will sign up for that fitness class, join a dating agency, wear the clothes I want, etc..."

We live in a fantasy world of how will be in the future, neglecting so often, how we are in the present. And yet, the present moment is where our greatest power lies.

When you change the narrative of "When I've..." into "What if...?" you begin to connect with a deeper feeling of embodiment that your dreams can begin to resonate with. For example, "What if I felt joyous today exactly as I am? What if I wore the clothes I desire right now? What if I joined that dating agency today?

As soon as we begin to live from the vantage point of already feeling joy by all that we desire to attract in our life, we close the gap between not having it to being it in the moment. Now we are sending out a different energy that says, "Come and find me, I'm all yours!"

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sebum. Oil forms a protective barrier against moisture loss, harsh weather, and environmental toxins while lubricating the cells of the skin. As they each have a different consistency and composition they penetrate the skin differently, allowing each one to target skin concerns in their own way.

If using both apply the serum first as it penetrates your skin quicker and deeper plus it is lighter in texture.

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# SHOULD I START WITH MY DIET OR EXERCISE FIRST? OR BOTH TOGETHER?

This is a question that we get asked a lot. We always advise doing one step at a time. However everyone is different. So I guess to put it in easy to understand steps. We could categorise the answers into what level of client are you?

Level 1: Little or no exercise and diet needs a lot of work. So this level of client we would advise starting with simple exercise such as walking and would advise them to start all their attention into their diet. We believe getting their diet on the right path for a few weeks is essential as "you can't out train a bad diet". After they have started to feel results and are in a good routine then it's time to rev up the exercise and start adding in Personal Training sessions to show them the ropes and after a few weeks they may feel comfortable working out themselves in the gym or even joining a class.

Level 2: Diet ok but very lazy and unmotivated. Then this type of client needs to get moving. And start with exercise. Usually this type of person will kick the diet into gear when they start exercise so usually a few weeks of working 1 to 1 with a trainer and being accountable is enough to get them firing up and motivated to get going. Level 3: Diet needs work and Exercising on and off but not consistent weekly. Then this type of client we would advise starting with a nutrition plan and exercise plan. Accountability of working close with a trainer until they are back in good consistent diet and exercise habits works best.

And finally the length of time it takes each level to reach goals or depends on the person. But we find most people get best results by investing in at least 4-6months of accountability Personal Training or Nutrition monitoring. But we have seen people achieve massive gains in as little as 6weeks too. So the message is don't try to do it all at once .... See which level you are at, and pick a plan that suits you. B well has a plan to suit at levels even advanced exercises. So please contact in 087-7643449 to find out your bespoke plan.

# THE OPTICAL SUITE

### DIABETIC RETINOPATHY

Diabetic retinopathy is a complication of diabetes. It's caused by high blood sugar levels damaging the back of the eye (retina). It can cause blindness if left undiagnosed and untreated.

The retina needs a constant supply of blood. It receives this through a network of tiny blood vessels. Over time, a high blood sugar level can damage these blood vessels in 3 main stages:

Stage 1: Background retinopathyTiny bulges develop in the bloodvessels. These may bleed slightlybut do not usually affect your vision.Stage2:Pre-proliferativeretinopathy

More severe and widespread changes affect the blood vessels. These include more significant bleeding into the eye.

**Stage 3: Proliferative retinopathy** Scar tissue and new blood vessels, which are weak and bleed easily, develop on the retina. This can result in some loss of vision.

If a problem with your eyes is picked up early, lifestyle changes and treatment can stop it getting worse. Risk of diabetic retinopathy

Anyone with Type 1 or Type 2 diabetes is at risk of developing diabetic retinopathy. You're at a greater risk if you:

have had diabetes for a long time
have a persistently high blood

glucose (blood sugar) level

have high blood pressure

have high cholesterol

 develop a serious illness such as sepsis or pneumonia
 are pregnant

• re of Asian or Afro-Caribbean background

Reduce your risk of developing diabetic retinopathy or help stop it getting worse. Keep your blood sugar levels, blood pressure and cholesterol levels under control.

Symptoms of diabetic retinopathy You will not usually notice diabetic retinopathy in the early stages. It does not tend to have any obvious symptoms until it's more advanced. Early signs of the condition can be picked up during an eye examination.

### Treatments for diabetic retinopathy

Treatment is only necessary if screening detects your vision is at risk.

If the condition has not reached this stage, you should continue to manage your diabetes.

The main treatments for more advanced diabetic retinopathy are: • laser treatment

 injections of medication into your eyes

• an operation to remove blood or scar tissue from your eyes

Regular eye examinations and diabetic retinal screening are essential to minimise the risk of diabetic retinopathy.

For more information and honest advice, contact us to make an appointment.



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# **EMERGENCY MOTION CALLING FOR IMMEDIATE RESUMPTION OF ELECTIVE SURGERIES AT UNIVERSITY HOSPITAL KERRY**

Kerry Fianna Fáil County Councillor, Michael Cahill moved an Emergency Motion at this month's meeting of Kerry County Council calling on the Minister for Health Stephen Donnelly and the Health Services Executive to urgently provide the necessary resources to University Hospital Kerry to facilitate the immediate resumption there of Elective Surgeries and to deal with the large backlog that has developed since these surgeries ceased

"No elective surgeries have taken place in UHK todate in 2024 and they have all been put on hold until they are given the Green light. Many of these cases are infection free and they are unable to work until such time as their operations take place" said Councillor Cahill.

"In January one lady who was given a date of the 26th of March for a gallbladder surgery. That date was recently cancelled and she has no idea how long she will now be waiting" said the Rossbeigh based Councillor. "Another lady who has been waiting months for an ultrasound, booked her day off and booked her child into childcare so as to attend this appointment only to be contacted last week and informed that her appointment has been cancelled. Coincidentally this lady is also a Nurse" stated Councillor Cahill.

"Our Doctors and Nurses are working under extreme pressures. They are run off their feet and we must support them. Elective Surgeries must

resume as a matter of priority and the backlog cleared. Early diagnosis and treatment is critical" added Councillor Cahill.





# **Cllr. Calls for Breast Cancer Screening** to be extended to over 70's

Further Cllr. John 🗄 to O'Donoghue's similar

Motion last month surrounding Bowel Screening, he has requested that free Breast checks would be extended to over 70s, as currently free mammograms every 2 years are only issued between the ages of 50 - 69." Around 3,400 women are diagnosed with Breast Cancer in Ireland every year. Breast cancer is one of the most common of all cancers in women and although very rare, men can get it too. Approximately 30 men are diagnosed each year in Ireland, but it is predominantly a female issue. It is much more common in those over the age of 50, and like most diseases, if breast cancer is found early, it's easier to treat and there's a better chance of recovery. Similar to what I said on my Notice of Motion 🗄 reply", Cllr. O'Donoghue told Killarney Outlook.

in January surrounding Bowel Cancer, Breast Cancer regrettably does not observe birth dates, then I feel neither should we. The practice of ending Breast cancer screening at the age of 70 makes little sense and I ask that we write to the Minister and ask him to cease this practice immediately. Thankfully, people are now living much longer than was previously the case, and our health care should reflect this. As currently free Mammograms are offered on a biannual or "every second year basis", I do not feel that extending these to those over the age of 70 would greatly increase the pressures on our Health System and I hope I will be supported in my call.

"It was supported by my colleagues and I look forward to the Minister's

# COUNCIL DELEGATION TO ATTEND ENGAGEMENTS IN NEW YORK FOR ST. PATRICK'S DAY

The Cathaoirleach of Kerry County Council, Cllr Jim Finucane, will travel to the United States this week for a number of engagements to mark St. Patrick's Day.

Cllr Finucane will meet with civic, business and political leaders and will join the Kerry Association during the St Patrick's Day Parade which takes place on Saturday.

Cllr Finucane, who will be accompanied by Head of Finance, Angela McAllen, and Director of Corporate Services, Christy O'Connor, will meet with representatives of IDA North America and Tourism Ireland-North America and will attend a reception hosted by the Minister for Justice, Helen McEntee TD.

On Friday, the Cathaoirleach will visit and lay a wreath at the 9/11 Memorial in New York and will meet with the Kerry Association in the city.

There will also be a meeting with the Consul General of Ireland, Helena Nolan at the Irish Consulate at Ireland House.

I look forward to this very important opportunity to meet with key business and political representatives in New York during a week in which there is major focus on Ireland internationally. My aim is to promote Kerry The Cathaoirleach of Kerry County as an attractive business and tourism destination. I also look forward to meeting with the many individuals Council, Cllr Jim Finucane, will travel to the and organisations who are working to promote investment in and travel to Ireland and to ensure that Kerry is United States this week for a number of a priority for international investment and tourism,' he said.

'It will also be a great honour to join the Kerry Association and represent the people of Kerry at the annual St Patrick's Day Parade in New York,' said Cllr Finucane.



engagements to mark St. Patrick's Day.



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## NEWS



As part of Seachtain na Gaeilge, students at St.Brigid's Presentation Secondary School, under the guidance of teacher Sinéad Collins, will contribute an article every week for the next three weeks.

## Saol na hldirbhliana (Transition Year life)

Le: Muireann O'Donoghue

Is dalta mé i Meánscoil Bríd Naofa agus táim ag déanamh an Idirbhliain i mbliana. Is rogha é an Idirbhliain a dhéanamh agus is deis iontach é do dhaltaí. Tugann sé seans dúinn chun éalú ó bhrú na scoile ar feadh bliain amháin. Ní bhíonn morán obair bhaile le déanamh againn agus ní bhíonn ranganna tradisiúnta againn. Tugtar léargas dúinn ar na hábhair a bhíonn ar fáil don ardteist freisin.



Tá gníomhaíochtaí agus turasanna difriúla ann beagnach gach seachtain agus bíonn seans ann chun rudaí nua a thriail gach lá. Chuamar ag tiomáint an tseachtain seo chaite agus d'fhoghlaimíomar scileanna úsáideacha ann. Chuamar ag scátáil sa rinc leac oighir roimh an Nollaig – Lá den scoth a bhí ann. Ag tús na bliana, chuaigh An idirbhliain go léir ag surfáil chun tús a chur leis an bhliain le Chéile agus an tseachtain seo chugainn rachaimid ar cuairt ar fheirm chun scileanna feirmeoireachta a fhoghlaim. I mí Eanair, chuir daltaí na hidirbhliana seó ar siúl ar scoil le cabhair ó Fiona Crowley. Bhí daltaí ag damhsa, ag canadh agus ag seinm uirlisí ceol. Tháinig daltaí, múinteoirí agus ar ndóigh, ár gclann chuig an ócáid tar éis na míonna ag cleachtadh. Bhain gach duine taitneamh as an oíche sin, gan dabht. Deis iontach ár dtallaine a chur in iúl.

Is é an rud is fearr liomsa faoin idirbhlian ná go ndéanann tú rudaí difriúla san idirbhliain nach mbeadh seans agat a dhéanamh uair éigin eile, b'fhéidir. Tá a lán le déanamh gan an scoil a fhágáil in aon chor. Tá roinnt spóirt difriúla ar fáil agus comórtais sna spóirt sin cosúil le heitpheil agus Aíonna agus cainteoirí difriúla ag labhairt faoi topaicí difriúla agus ar ndóigh, tionscanaimh bainte le rudaí éagsula.

Faigheann gach dalta an seans chun taithí oibre a dhéanamh. Is deis iontach é taithí a thabhairt do dhaltaí sa saol oibre agus bíonn dhá rogha agat sa bhliain. Chuaigh mé féin go dtí seodóirí i lár na baile darb ainm 'Adams Jewellers'. Bhí sé go hiontach mar bhí gach duine deas liom agus d'fhoghlaim mé a lán scileanna agus eolas faoin post sin.

Is bliain fhada é agus caithfidh tú a bheith gnóthach nó éiríonn tú leisciúil agus bheadh an bhliain thar a bheith leadránach agus diúltach duit. Caithfidh tú gach rud a thriail! Mar sin, mholfainn do ghach duine chun post a fháil nó cúrsa a dhéanamh. Tá a lán cúrsaí éagsúla le fáil do dhaltaí na hidirbhliana, mar shampla cúrsaí leigheas, innealtóireachta, teangacha agus a leithéad!

Ar an iomlán, is deis iontach é an idirbhliain agus mholfainn do daltaí sa tríú bhliain chun na idirbhliana a dhéanamh roimh an cuigiú bhliain mar i mo thuairim is fiú é an t-am a thógaint scileanna nua a fhoghlaim agus taithí a fháil ar gach rud.

# 2023 KERRY AIRPORT PASSENGER FIGURES HIGHEST IN 15 YEARS And Exceed 8 Million Since 1989

KERRY Airport's passenger figures in 2023 soared to levels that have not been seen for 15 years with an increase of 18% on the total from 2022.

A total of 419,281 passengers travelled through Kerry Airport last year on flights to Dublin and overseas destinations in the UK, Germany, France, Spain and Portugal.

That was just 4,000 less than in 2008 which was the highest ever year of traffic since scheduled flights commenced at Kerry Airport.

The CEO of Kerry Airport, John Mulhern, said "More than eight million people have flown in and out of Kerry Airport in the 34 years since scheduled flights commenced in 1989. We've surpassed the 400,000-mark twice during that period - in 2023 and before that in 2008 when passenger figures peaked at 423,248. We were on an upward trajectory in 2019 before the aviation industry was decimated by the pandemic. The recovery has been achieved thanks to the commitment of the Kerry Airport Board, our hard-working management team and staff, the airlines who service the routes and of course, the travelling public." Flights to the UK - Manchester, London Luton and London Stansted - accounted for half of the overall passenger footfall in 2023. The summer sun destinations in Spain and Portugal saw an 92%

average seat occupancy in 2023 and booking activity is strong ahead of the commencement of the routes on 1st and 4th April.

Kerry Airport recently announced that Chalair will return to the Kingdom to service three routes to popular summer holiday destinations in France commencing from 29th June 2024.

Such was the success of last summer's weekly service to Brittany, Chalair decided to introduce 13 weekly flights between Kerry and Brest in Brittany and Caen in Normandy and 10 weekly flights to Pau near the Pyrénées until September.

Kerry Airport already serves Alicante, Faro, Dublin, London (Luton & Stansted), Manchester and Frankfurt Hahn with Ryanair. For more information, contact

Kerry Airport during office hours on 066 9764644 or visit www. KerryAirport.ie.





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**OUTLOOK MOTORS** 



# CRONIN PLAYS DOWN HOME ADVANTAGE FOR WEST CORK

This weekend sees the 2024 Irish Tarmac Rally Championship contenders gather in Clonakilty for the second round of the series, the ever popular West Cork Rally. For championship leader, Keith Cronin, the West Cork can reliably be categorised as his home event, hailing as he does from the village of Ballylickey, less than an hour away from the headquarters town. Together with co-driver, Mikie Galvin, Cronin took a comprehensive victory on the opening Tarmac round in Galway last month, on what was their first outing in the M O'Brien Group of Companies/Lyons of Limerick/Shane Casey Electrical Services Ford Fiesta Rally 2, and while he will obviously be hoping for a similar outcome this time around, he is not relying on the location to afford him any assistance, nor is he underestimating the task in hand.

"Although I've been rallying for twenty years, I haven't actually done the West Cork that many times, I think it's only three, and the most recent of them was in 2016", said Cronin. "Lads like Josh Moffett and Callum Devine have much more experience, and recent familiarity, with the stages down here", he added. "Much of my rallying over the years has been abroad, in the UK mainly, and I wouldn't have as much done in Ireland as some others, so the home advantage thing doesn't really apply. Obviously, you don't have the effort and time travelling to some



Keith Cronin and Mikie Galvin will bid to extend their 2024 Irish Tarmac Rally Championship lead in West Cork this weekend. Photo: Graham Lane.

other part of the country, but beyond that, you still have to make the pacenotes, drive the car, and set the times, just like anywhere else".

This year sees the West Cork Rally expand to a three-day format for the first time, with four stages taking place on Friday afternoon and evening, two of which will run in darkness. These will be followed by eight stages on Saturday and six on Sunday, making up almost 260 competitive kilometres in total. Keith Cronin and Mikie Galvin are supported by M O'Brien Group of Companies, Lyons Motor Group, Shane Casey Electrical Services, Molson Equipment, Pirelli, EARS Motorsport Ireland, Cronin's Centra (Ballylickey, Union Hall, Leap, Millstreet and Dundrum), Cronin's HomeValue Hardware, Westlink Service Station and Daybreak Shop, Cremin Coaches, Keohane Seafoods, M-Sport and Wurth Ireland.

SHRONE NS WINS THE FRANK BUCKLEY MEMORIAL CUP

New Beginnings was the theme of the Rathmore St. Patricks Day Parade and who better to lead Shrone National Schools float than the new Late Late host Patrick Kielty.

The children of Shrone NS played The Star Of The County Down on tin whistle and accordion accompanied by music teacher Henry Cronin. This

was a doubly apt tune as Jack Rogan who played the role of Mr. Kielty has roots in Co. Down too. Jack/Patrick conducted some hilarious interviews with members of the public giving sweets to everyone in the audience as the parade made its way to the grand stand. On the grand stand Mr Kielty interviewed the new head of RTE Terence O Rourke (Aoibhinn Creedon) who advised him to cut back on the free giveaways. Kielty then intoduced the crowd to new Ireland soccer manager , John o Shea( Cathal Cronin) and new Rathmore football manager, David McCarthy ( Thomas O Sullivan). After discussing the merits of a high-ball versus a low-ball the best they could agree on was UP DOWN.

The stars were escorted from stage by security men Eanna Murphy and Shay Buckley while HYPE MAN DAN ( Daniel Lenihan) got the crowd cheering for Kaitlyn Cronins performance of a hop jig.

The crowd and visiting dignitaries very much enjoyed the performance as much as the children, staff and parents of Shrone enjoyed taking part. They were thrilled to be awarded the Frank Buckley Perpetual Cup for best overall float.



Students at Shrone National School who won the Frank Buckley Memorial Cup.

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### **ROSS GC** , KILLARNEY (GENTS)

### RESULTS

On March 10th we held a club sponsored 12 hole stableford competition. Due to the recent poor weather we had a very large field of golfers back out on the course in good ground conditions, thanks to our grounds staff. The competition and scoring was very keen and

- The winners were :-
- 1: Cian O'Mahony, 28pts
- 2: Peter Wickham, 27pts
- 3: Niall O'Brien, 26 pts
- 4: Mike J O'Sullivan, 26 pts
- 5: John Ivory, 24 pts
- 6: Jordanas Jonaikitis, 23 pts
- 7: Leo Casey, 22pts

#### FIXTURES

Sunday March 17th we will hold a 10 hole competition at 9.30am.

On Monday March 18th our President Betty Farrell, Lady Captain Mary McCarrick and Gents Captain Johnny Brosnan will hold their Drive ins at 10am. This will be followed by a mixed scramble with the prizegiving and some food in the Clubhouse.

#### **M D O'SHEA SPRING LEAGUE**

The entry sheet for the re-scheduled spring

league is still open and the draw for teams will be made on March 18th. The first round will take place on March 23rd/24th.

#### **SYMPATHY**

We offer our sympathy to Anthony O'Mahony on the recent death of his brother, John RIP and to Daniel and Tadhg O'Mahony on the death of their uncle.

We also offer our sympathy to Una and Ivo O'Sullivan on the recent death of Una's brother, Tommy Woods, RIP.

## **DEERPARK PITCH & PUTT CLUB**

SUNDAY DRAW RESULTS

Fourball Betterball- First Nett: Bobby Kelly & Sean O'Brien 37½, Gross: Nathan Cronin & John Looney 45 and Second Nett: Robbie O'Brien Snr & Sean O'Brien 39. Please note there will be draws on both Sunday and Monday of St Patrick's weekend this coming weekend at the usual times.

### **CLUB MATCHPLAY**

Anyone that wants to play in Club Matchplay on Easter Sunday March 31st (sponsored by Murphy's Bar) please note you must be a paid up member of club by end of Sunday March 24th.

#### **COUNTY MATCHPLAY**

Entry sheet now on noticeboard for this event which we host on April 14th. Entries to be taken up until Sunday April 7th. Fee: €10 per player. Please ensure you are a registered member and are playing in the correct handicap grade prior to entering.

#### **2024 FIXTURES**

Please note that a complete list comprising the full 2024 Fixture List of all events of local interest is now on the website and the noticeboard for viewing.

### TIM SCANNELL MEMORIAL INTER-CLUB MATCHPLAY

Please note the County Board are starting this event on Tuesday April 30th this year and clubs are allowed enter second teams this year if interested. Anyone interested please contact Jason regarding same.

**CONGRATULATIONS** to James Fleming and the Utility Trust St Paul's Womens Basketball team on their promotion to the Women's SuperLeague for next season.

**DEEPEST SYMPATHIES** To Eamon Keogh and his family on the death of Frank Keogh in the past week.



MissQuote.ie Basketball Ireland Women's Division One Final, National Basketball Arena

The Utility Trust St.Paul's Killarney team photo ahead of the game Credit ©INPHO/Tom Maher



Pictured at the Mary Immaculate College Fitzgibbon Cup Celebratory Homecoming Dinner, held in the Limerick Strand Hotel, on Monday 11 March The team, managed by Jamie Wall, won the Fitzgibbon Cup for the third time on Saturday 17 February when they overcame the University of Limerick in the final of the championship with a full-time score of MIC 2-14 to UL 1-15.

Pictured L-R Treasa O'Sullivan, Killarney and Ciara Mulqueen, Patrickswell, Co Limerick. Picture Arthur Ellis.



Winners of the MissQuote.ie Basketball Ireland Women's Division One Final, National Basketball Arena, Tallaght, The victorious Utility Trust St.Paul's Killarney's co-captains Lynn Jones and Rheanne O'Shea are presented with the trophy by NLC Representative Maura O'Malley and League Manager John Walsh Credit ©INPHO/Tom Maher



Killarney Community College Leaving Cert pupil Tamika Heaphy competed in the All-Ireland Final in the Soroptimist International Girl's Public Speaking Competition in The Mansion House, Dublin last Saturday. Tamika is one of eight finalists from around the country whos task was to prepare and present a speech on the topic of peace and democracy. It was an amazing experience for Tamika who acted as the perfect role model for her peers and ambassador for her school.

Pictured from left is Anne Wrenn Teresa Irwin, Tamika Heaphy and Bridie Brosnan.

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### **KILLARNEY BADMINTON CLUB**

It was a clean sweep in Tralee Friday night as Killarney Badminton Club won all 3 Mixed Doubles county Championships . Niamh Hickey won Div. 1, Alvin Rahman Div. 3 & Hasib Ahmad Div. 5, with their respective partners. LEAGUE RESULTS

Div 3: Killarney v Moyvane 5-2 Div 5: Killarney v Tralee 3-4

### **FOSSA BRIDGE CLUB**

### COMPETITION

Simultaneous Pairs National Competition was played in our Club last Thursday 7th March. Our Club results were:

1st: Mary Gleeson and Mary Murray 2nd and Best Gross: Mai and Tim Corcoran

Thursday 29th February: North/South:

1st: Ger McSweeney and Conor Dwyer 2nd: Mary Rose Felle and Mary Shanahan East/West:

1st: Joan Culloty and Don O' Sullivan

2nd: Teresa Sheahan and Miriam O' Sullivan McFarlene.

### **KILLARNEY VALLEY ATHLETIC CLUB**

The Munster Indoor U9-U11 and U13-U19 Walks Championships were held in Nenagh last Sunday. Lily O'Shea did fantastic coming 2nd in the U15 1K Walk and qualifies for the Nationals in April. Aoife and Kate O'Shea competed in the 1.5K U16 Walk and came 7th and 8th. All 3 girls have only begun this event in the last year and already we are seeing great results. In the U10's Gary Arthur did sprint and long jump, James Doody did 500m and long jump and Charlie J Kelliher did the 500m. In the U11's John Byrne did sprint, 600m and Shot coming 8th overall in the Shot. Kayla O'Sullivan did the sprint making it to the semi-final where she came 4th and long jump. Conor O'Donnell did the 600m coming 2nd in his heat and the long jump. Lucy Devane came 4th in her heat of the 600m. Carolena Kelly came 3rd in her heat of the 600m and also did the shot. Congrats and well done to all.

Our Streets of Killarney 5-mile road race is filling up fast for Good Friday. Register now on: https://killarneyvalleyac.ie/streets-of-killarney-5mile-good-friday-road-race/

Our Easter Camps on March 25th-28th and April 2nd -5th are booking up fast, so book now on our website to avoid disappointment.

All relevant information on our club is on our website www.killarneyvalleyac.ie.

### **KILLARNEY SWIMMING CLUB**

Ella Cremin represented Munster in Swansea at the weekend, at her first International Event, the Swansea Aquatic Spring Meet.

Elle competed in 5 events and came away with personal bests in all 5.

She had 3 top 10 finishes.

She came 5th in the 50M Back.

9th in the 100M Back.

10th in the 200M Back.

12th in the 100M Fly and 18th in the 100M Free. This was Ella's first international competition and



Killarney Swimming Club Swimmers pictured with their coach Ellen O'Connor.

is a huge achievement for Ella and the Killarney Swimming Club as she represents Munster. 20 Killarney Swimming Club Swimmers

competed at the Munster Aspiring Club Swimmers Series at UL at the weekend.

Killarney had 17 top 10 finishes and PBs for many swimmers.

Cathal Mackey placed 3rd in the 50M Back and had two other top 10 finishes.

### KILLARNEY RFC MINIS HOST WEST MUNSTER BLITZ

Very well done to our Minis who hosted our friends from Killorglin and Rugbai Chorca Dhuibhne last Saturday in the West Munster Blitz. Aghadoe was a hive of activity as over 170 children decended on our club for a fantastic morning of Mini rugby. Very well done to each and every player who represented the club with huge pride and thanks to all our hardworking coaches for looking after their charges. Thanks to our Minis Coordinator Dave for organising and to all the hospitality crew for looking after everyone following the matches. Well done everyone!

### ST. PATRICK'S DAY PARADE

We are looking forward to taking part in this years Killarney St. Patrick's Day parade and all are welcome to march with us. We will post the details re meeting time and which meeting point ahead of time so please keep an eye on the socials and WhatsApp groups.

### SUMMER CAMPS RETURN THE MUNSTER RUGBY SUMMER CAMPS

Return for Summer 2024 at 24 venues around the province and this year will take place at Aghadoe between Monday the 22nd of July and Friday the 26th of July. Open to boys and girls aged between 6 and 12 years of age, the camps are brilliant fun and take place each day between 9:30am and 1pm. The cost is €80 per child and there's a discounted rate of €70 for additional children from the same family. Each participant will receive an official Munster Rugby Summer Camp Pack comprising of Adidas Summer Camp t-shirt, draw-string bag, and mouth guard. Each camp is run by fully accredited IRFU Mini Rugby coaches and these camps are great fun for all the kid. Check out our club socials for more or



Killarney Badminton Club members Niamh Hickey & Tom Bourke



Killarney Badminton Club members Alvin Rahman & Jessica O Loughlin



Killarney Badminton Club members Hasib Ahmad & Aine Knightly



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### SPORTING FOCUS



Killarney RFC U10 and U12 who were in action last weekend in the Minis Blitz at Aghadoe.

### Munster Rugby.

RESULTS U14 Girls Mallow 7 - 37 Castleisland/Killarney U16 Boys Dunmanway 26 - 19 Killarney U18 Boys Waterpark 21 - 5Killarney FIXTURES

U16 Girls V Midleton/Youghal (Munster Cup Semi-final), Monday, Aghadoe. Time TBC U18 Girls V Dunmanway/Bantry, Munster Cup Semifinal, Away, Sat @ 12pm



Lily O'Shea did fantastic coming 2nd in the U15 1K Walk and qualifies for the Nationals in April.



Aoife and Kate O'Shea competed in the 1.5K U16 Walk and came 7th and 8th.

# SPORTSMAN TEAM CLAIM DARTS FINAL



The Arbutus Hotel was the venue on Thursday 7th March for the Division 2 Final of the Killarney Darts League. In a hotly contested competition it was The Sportsman Bar Team who came out on top defeating The Tatler Jack Team.

The Tatler had huge support on the night including a message from the legendary John McDonald the MC for the Professional Darts Corporation, however it was The Sportsman who showed their class and experience running out comfortable winners on the night with their captain Paul Cronin hitting the winning double.

All prize money on the night along with a generous donation from Connie O Sullivan (cue club) was donated to palliative care.



Sportmans bar team from left: Ciara Cronin (sponsor) Kieran Fitzpatrick, Troy Francis, Gabriel Doona, Dave Brown, Jamie Lowe, Laura Keane and Captain Paul Cronin. (Missing from photo is Mark Coffey)

Tatler team is Jason O'Sullivan, Mike Cotter, Lee O'Callaghan, Ryan Kavanagh, Mark O' Shea, Gavin O'Shea, Philip O'Conner and Bryan O'Shea.

IF YOU HAVE A SPORTING STORY ... Contact Aisling on: 086 0400 958



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KERRY LADIES | LGFA

Munster U16 B Championship – Round 3 (Sharon O'Keeffe Tournament)

# **KERRY U16'S SECURE WIN OVER WATERFORD**

### Kerry 4-12 -v- Waterford 1-06

The B team made it three wins out of three on Sunday in Banteer. This rearranged fixture saw Kerry get off to the perfect start with a point from Aoibheann McCarthy. The Kingdom dominated early proceedings and lead by nine points after twelve minutes. Aoibheann McCarthy and Lily O'Shaughnessy with the goals. Waterford's first point coming from a free by Grace O'Rourke. Caoimhe O'Mahony had to be alert in the Kerry goal to prevent a Waterford goal shortly after. Grace O'Rourke added two free, before Lauren Fitzgerald scored Waterford's first score from play with six minutes remaining in the first half. A frantic end to the first half saw both sides exchange goals. Sadbh O'Sullivan for the Kingdom and Niamh McGrath for the Deise saw the Kingdom go in at the break three points in front. Waterford needed to make the better start in the second half but it was Kerry who got their fourth goal of the game. Ashlyn Falvey from the penalty spot to open up a nine point lead. Kerry's intensity levels grew in the second half as Waterford could only manage two points in the second half. Kerry scored seven points without response with Waterford's last score coming at the end of the game. Gracie O'Sullivan, Sadhbh O'Sullivan and Ashlyn Falvey all getting on the scoresheet. Scorers for Waterford in the second half were Grace O'Rourke free and Niamh McGrath. While Waterford did battle bravely throughout the second half the Kerry

defence stood firm. Kerry could have had their fourth goal late in the game only for Noah Mai McCarthy to save well in the Waterford goal as the Kingdom ran out deserving winners. Kerry Scorers:

S O'Sullivan 1-02, A Falvey 1-03 (1p – 1f), A McCarthy 1-02, L O'Shaughnessy 1-0, E O'Connor 0-01, G O'Sullivan 0-02, L O'Donoghue 0-02.

Waterford Scorers:

G O'Rourke 0-04f, L Fitzgerald 0-01, N McGrath 1-01.

Referee: Donal Roche (Cork)

### MUNSTER U16 A CHAMPIONSHIP ROUND 3 Kerry 2-11 Waterford 2-05

The A team also made it a clean sweep at the weekend with a hard faught win against Waterford. In a highly entertaining game by both sides Kerry got off to the perfect start with a Muireann Teahan point. The Deise responded with a point from Mide McCusker before Jessie Lynch goaled for Kerry to open up a three point lead. Waterford kept in touch and reduced the deficit to one with points from Caoimhe Flynn (play) and Treasa Ní Chrotaigh (free). It looked like Kerry were beginning to get the upper hand on the game when they registered three unanswered points. Doireann O'Neill with two and Seoladh Flynn with her first of the afternoon. Waterford got right back into the game when Treasa Ní Chrotaigh converted from the penalty spot before Clodagh Power pointed to see the sides go in at the break 1-04 a piece. Like the game before it Kerry came out with renewed focus and determination. 1-06 without reply by the Kingdom saw them open up a nine point lead. With a brace of points coming from Muireann Teahan and Naoise O'Donoghue, Lily Riordan and Jessie Lynch also getting on the scoresheet. A goal from Naoise O'Donoghue with five minutes of normal time remaining left Waterford with an uphill battle. They did respond with a goal from Alanna Kirwan but it was to prove of little consolation as Kerry ran out deserving winners.

Prior to the throw in of both games a minute silence was held for Ella O'Neill from Waterford who had captained Waterford at underage level. Kerry LGFA would like to extend our sincere condolences to Ella's family, friends and teammates. May she rest in peace. Kerry Scorers:

J Lynch 1-01 1f, M Teahan 0-03, D O'Neill 0-02, S Flynn 0-01, L Riordan 0-01, N O'Donoghue 1-03 Waterford Scorers:

T Ní Chrotaigh 1-01 (1p -1f), M McCusker 0-01, C Flynn 0-01, C Power 0-01, A Kirwan 1-01. Referee: John Hartnett (Cork)

The next round is on the 24th March for the Munster U16 Championship

# Quest Kenmare Opens Adventure Race Season!

More than 1,400 adventure racers kicked off the first Quest Adventure Race of the year in Kenmare, Co Kerry on Saturday 9th March 2024. Starting and finishing in Kenmare, Quest Kenmare takes in the stunning scenery of Molls Gap, the Kerry Way, Esk Mountain, and Kenmare town, along four different routes: 28km Challenge route, 43km Sport route, a 46km Dual route (new for 2024), and a 79km Expert route.

Race Organiser Oliver Kirwan said the continued popularity of Quest Kenmare is testament to people's love of the event and adventure racing: "We have a special affinity with Kenmare and are delighted to always hold our first adventure race of the season here. Thank you to all the businesses who operated outside their normal hours to accommodate participants and their supporters, KMEG and the volunteers who continue to give up their valuable time to make this event possible."

Jerry O'Sullivan of Kenmare Marketing and Events Group (KMEG) said, "Kenmare is very pleased to welcome the wonderful Quest Adventure series, competitors and spectators to Town. The colour, vibrancy and business they bring to town is a very welcome boost as we enter a new tourist season."

Winners of the Expert route were Sebastien Giraud and local Kenmare woman Ellen Vitting, who both defended their titles successfully from 2023. Winners of the Sport route were Paul O'Brien and Caroline McLoughlin. Winners of the Dual route were Barry Meade and Deirdre Harrington. Winners of the Challenge route were Johnathan Berry and Louise Fogarty (see notes for full times and results).

Quest Kenmare and Elite Event Management are grateful for the ongoing support and partnership for this event from Kerry Marketing and Events Group, Kerry County Council, and local groups and clubs. We are grateful to main Quest Adventure Series sponsor Volvo Ireland Cars, official snack partner All Real, and event partner Nuasan.





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## OUTLOOK BASKETBALL

### ST. PAUL'S LADIES CONQUER THE LEAGUE

Utility Trust St Pauls vs Swords Thunder League Final Report

MissQuote.ie Womens Basketball League Final, National Basketball Arena Tallaght Saturday March 9th

### UTILITY TRUST ST PAULS 71 SWORDS THUNDER 48

#### Report by Enda Walshe

Utility Trust St Pauls reached the promised land of the Superleague basketball with a supremely impressive performance in the National Basketball Arena in Tallaght. It was forged on the back of an outstanding defensive performance which completely suffocated their opponents. Countless times a hand or a finger got in the way of a Swords Thunder pass or shot and on numerous occasions bodies were thrown to the floor as they displayed a ravenous appetite for the ball.

Having gone through the season with only one defeat, ironically to Swords Thunder, it would have been a sickening experience to be turned away from the Superleague whilst standing on its doorstep. But not for the first time this season, Coach James Fleming learned from past encounters as he sent his squad out like wolves scavenging for the ball. Swords had hit twelve three pointers in that league win in November but there was no chance of a repeat here as they found

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themselves under constant pressure.

And it would be too simplistic to say that it was the defensive effort that carried the day as in offence they combined beautifully as key players delivered at just the right time. Sofia Paska started the game like a house on fire, hitting eight of her sides opening ten points, with Lorraine Scanlon netting the other. It was obvious at this early stage too that both Paska and Scanlon were winning the battle under the boards. That gave their side a great platform as they held an early 14-7 lead. Megan Connolly, Laura Fortune and Jasmine Walker found their range for Swords with semi final top scorer Jensen Caretti under wraps. Carretti did get off the mark but not before Lvnn Jones hit from beyond the arc to leave it 18-10 at guarters end. Jones, Leah McMahon and Meabh Barry had all dovetailed with the starting five , keeping the intensity high at both ends of the court

Kate Kelly and Laura Fortune were prominent for Swords early in the second quarter. so much so that Coach Fleming called a timeout. It had the desired effect as Khiarica Rasheed hit two big threes as well as drawing fouls from the Swords defence when going inside. The rotation again reaped dividends with Meabh Barry netting and Rheanne O'Shea hit another three after a brief siesta. Caretti was starting to heat up and despite the best efforts of team captain Peggy Black St Pauls held a 37-25 lead, heading for the locker rooms.

The third period was an intense battle with a noticeable increase in tempo, something which suited St Pauls as Swords hit team foul trouble early. Jones, Rasheed, Scanlon and McMahon showed nerves of steel in the electric atmosphere to net from the charity stripe and help push the lead out to 44-30. The next few minutes were crucial in the overall context of the game as Rasheed hit two in a row, the second created by a brilliant McMahon steal while Scanlon hit another, courtesy of an amazing assist from Denise Dunlea. Niamh Ni Chonchuir also made a big contribution in this quarter as St Pauls held Swords to just seven points. If one moment typified the game it was the sight of Meabh Barry diving headlong into the ground to claim a ball she had no right to win. They refused to bend all day.

With a 51-32 lead the fourth guarter was all about maintaining control . Carretti, Walker and Black tried to whittled down the lead but Scanlon and Paska minded the gap. Scanlon again struck courtesy of a great pass from Jones, who was a defensive giant all through for her side. Paska and Rasheed answered threes from Caretti and Aisling Sullivan and with both teams retiring for a time out, the lead was now 60-44 with 3.33 to go. The final three minutes saw St Pauls put the final nail into the Swords coffin with Paska cutting loose and Barry executing a nice move inside. The St Pauls bench was emptied with Cliona Coffev and Liadh Tobin now on board and fittingly it was Joint Captain Rheanne O'Shea who had the last word, with a three pointer, much to the delight of the fervent support that had travelled up from the Kingdom. The final buzzer sounded as St Pauls ran out 71-48 winners, clinching themselves the golden ticket to the Superleague in the process. Sofia Paska hit a game high 23 points,

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Swords Thunder vs St. Paul's Killarney - Utility Trust St.Paul's Killarney's co-captains Rheanne O'Shea and Lynn Jones celebrate winning. Mandatory Credit ©INPHO/Tom Maher

Khiarica Rasheed had 18, Lorraine Scanlon 13, Rheanne OShea 6, Lynn Jones 5, Meabh Barry 4, Leah McMahon 2, Denise Dunlea, Niamh Ni Chonchuir, Cliona Coffey, Liadh Tobin, Siobhan Burns, Aisling Counihan, Siofra OShea( rehabbing from injury) For Swords Thunder Jensen Caretti was best with 19, Jasmine Walker 10, Kate Kelly 6,

Peggy Black and Laura Fortune 4, Aisling O Sullivan 3, Megan Connolly 2.

#### POST MATCH REACTION

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On a day where you could give the entire St Pauls squad an MVP Award, Khiarica Rasheed got the nod for her 18 points and 9 rebounds. She relished the battle."We enjoyed the game, we had a lot of fun out there, the way we moved the ball and saw the shots go in. We were really homed in on Jensen Caretti and Jasmine Walker and we spent a lot of time in the paint trying to deny them and our defensive plan, you could see we helped out a lot. Jensen had a 40 point game last week, so we were happy to live with limiting her a bit".

Coach James Fleming singled out Lorraine Scanlon for her role. "Lorraine limited Caretti and I thought she had a phenomenal game. We wore down Walker throughout the game by switching different players on her and that's difficult for any player to live with at this level. Sofia Paska was brilliant in the first quarter and Khiarica really deserved her MVP award. Praising the squad attitude he outlined the commitment shown during the game." It really was a win at all costs attitude the way they threw themselves into the game. It's not about the eight or nine players rotating every week it's about the likes of Liadh Tobin, Cliona Coffey, Aisling Counihan, Mary Kate Smith , Siobhan Burns, Niamh Ni Chonchuir and our unsung hero Meabh Barry who is the ultimate team player."

Looking ahead to next season he's excited by what lies ahead. " It's great for the younger players in the club now to see the very best of the Irish women's basketball teams next season, it will be tough but it's exactly where you want to be." He thanked the Club for the work they have put in the last eighteen months citing Chairman Jim Delaney, Siobhan Bennett, Vincent Barry, Aine McMahon amd Kate Donnellan for special mention.

SCOTTS LAKERS VS LIMERICK SPORT EAGLES REPORT INSUREMYVAN.IE MENS BASKETBALL LEAGUE RESULT UL ARENA

### LIMERICK SPORT EAGLES 94 SCOTTS LAKERS 74

#### Report by Enda Walshe

As it happened with Killarney Cougars defeating Waterford Vikings, Scotts Lakers play off place was secured regardless of the result in the University of Limerick Arena. But Brian Clarkes side go into the end of season really searching for their true form. A costly first quarter, which saw them trail 26-10 at its conclusion, would prove decisive in the end. If you were to look for encouraging signs you would point to the middle two quarters, which the Lakers won by a combined score of 50-35. You would see Eoin Carroll who was superb inside all night and also Jamie O'Sullivan who had a very productive night's work. And defensively they showed, in that period, that when they focus, they have the ability to handle any offence.

Ultimately it was a substandard final quarter again that was to prove their undoing as an understrength squad probably ran out of steam in the end. The return of Paul Clarke and Jack O Sullivan seem to be on the horizon and that will be a timely boost. SETU Carlow are the visitors to the Killarney

## OUTLOOK BASKETBALL

next Saturday night and the onus on that game will be to get all the parts working in unison ahead of their play off clash against the Northern Conference winners, which could be any one of Portlaoise Panthers, UCD Marian or Drogheda Wolves.

Leondre Washington gave the Lakers a quick start, scoring straight from the tip off, with Rui Saravia and Jamie O Sullivan following suit. That helped to build up an early 6-2 lead but that was wiped out by Liam Price, Ignacis Folguerias, Sam Finley and Keelan Coats as the Eagles soared into a 16-6 lead. Eoin Carroll stopped the rot but Coats had his eye in from three point land and that helped the home side into a 26-10 first quarter lead.

The second quarter started on a positive note for Jamie O Sullivan, he hit five early points as the Lakers went on a 7-0 scoring run. Washington and Folgueiras went note for note from the free throw line and with Carroll really finding his mojo the gap was now down to six, 37-31 with 1.48 to go in the half. A big three from Liam Price didn't deter the visitors as Bell and Carroll kept the lead at a manageable six at half time, 43-37.

The Lakers flew out of the traps in the third quarter with Carroll, Saravia and O Sullivan making it a tie game, 45 each within two and a half minutes. They were now playing their best basketball with Bell and Carroll keeping them in front. The lead was extended by two Washington three pointers but Finlay and Nikola lvkovic helped the Eagles finish the half stronger, but only with a slender 61-60 lead.

It was the Eagles turn to steal a march in the fourth quarter as Ajay Ryan, Ivkovic and Coats stole in for baskets. Carroll and Bell tried to keep pace with them but it was getting a bit too hot to handle as Folguerias went on a spree and within five minutes the gap was now pushed out to sixteen, 84-68. The remainder of the quarter saw the Eagles reassert their dominance and despite points from Washington, Bell and Carroll the promptings of Ivkovic, Killeen and Coats helped the Eagles to a 94-74 win.

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Leondre Washington top scored for the Lakers with 24 points, the same number was shared equally by Jamie O Sullivan and Braden Bell. Eoin Carroll was outstanding with 22 points while Rui Saravia hit 4.

Sam Finlay had a game high 27 points, Keelan Coats 26, Nikola Ivkovic had 12, Ignacio Folguerias 11 and Liam Price 9.

So the Lakers have a season of progress making the playoffs. What they will be more intent on is rediscovering the form that got them there in the first place. That process begins next Saturday night, March 16th, with the final game of the regular season, when they face SETU Carlow in the Killarney Sports and Leisure Centre. Tip off is at 7.30pm.

### **KILLARNEY ATHLETIC AFC NOTES**

### YOUTHS QUARTER-FINAL KILLARNEY ATHLETIC V IVERAGH

### FT after ET 4-2

John O'Grady, Oisin O'Sullivan, Luke Doolan, David O' Brien

Kick off for this quarter final started on the button at 7.30pm. The wind was against us in the first half and the ball glided on the pitch far faster than any of us anticipated. It took a while for the team to get used to the pitch as the ball glided as if it were on ice. The boys settled and the kept pushing forward with tenacity and determination. We had max possession but unfortunately all our chances ended with no score on the sheet. We had blistering runs, many great chances and the catch phrase was "unlucky boys" from the sidelines on multiple occasions.

We ended the first half 0-0. Our goalkeeper had not been tested much in the first half but Caolan dominated the kick outs and kept control and was the steering voice from the goal mouth. We entered the second half buoyed up with the conviction that we had the upperhand in the first half but acknowledging that Iveragh were dangerous on their runs and their ability to stop our play with deathly accuracy.

After 5minutes in the second half a goal was given which all of our team would say was not a goal - however their shouts for justice that it was not a goal fell on deaf ears and a goal was allowed. We were under pressure from this and iveragh played a fantastic defensive game and intercepted our play as much as they could. We were still in control but the cry from the sidelines suggested this could be a very unlucky game for our youths. With 10 minutes to go ourlinesman suggested pushing Hugh Dorian up from centre back to up front to John the incredible Luke Doolan to see could we level the game. A fantastic corner came with 6minutes to go from luke Doolan into the box where John O Grady our incredible centre back struck the ball with his head with composure and confidence to blindisde the goalie and score a cracker into top bins to score the equaliser. Definitely well deserved and it was never going anywhere else but the back of the net.

The boys were absolutely ecstatic and pushed forward, unlucky not to score in the dying minutes from Jake Nash, unstoppable in his runs. Extra time would normally mean a team with no



subs are fatiguing but that was not the case for this team. They were poised and ready yo push forward from tip off in extra time.

Our midfield lead by Jack McCrohan with Evan Doona and Jake Casey were in control of the game and many passes were made but frustratingly it was not paying off. With 3minutes to go in first half of ET luke doolan showed us his blistering pace and burst through midfield and made a very unselfish through ball to Oisin OSullivan who found the back of the net with beautiful accuracy.

Iveragh showed their grit and determination and within 2minutes their number 10 blasted a ball from the wing that unfortunately Caolan could do nothing about. It left us 2-2 at the end of the first half.

Our back line were phenomenal and dominated play especially when it mattered most. John Murphy showed his speed and strength and ability to push forward for the entire game but be on the back line when he was needed. The new Denis Irwin he was been nicknamed.

Bryan OConnor was outstanding in right back where no tackle was ever too much for him and his through balls outstanding.

The second half started with pace and pressure. All to play for in the last ten minutes. David OBrien crossed a great ball into luke Doolan where he used his physicality and talent to find the back of the net. 3-2 to atheltic.

Pressure was still on for both sides with them both knowing everything was still to play for.

David OBrien got the ball from a deadly accurate pass from Evan Doona, he took on the midfield and was almost assured a goal but tge goalie took him out in the box and was lucky to get a yellow card. David placed the ball and banged it into the back of the net bottom bins. The ref blew up the whistle soon after and the win was secured to bring us through to the next round of the cup being the semi final.

A superb result from a band of 11 warriors that never gave up - each playing to the best of their abilities.

A huge thanks to Iveragh for hosting and playing a very sporting game. It was a hard fought victory but definitely one of the best! You couldnt pick a man of the match - it was definitely a well deserved team victory lead by our captain Oisin O' Sullivan.

# BALLYHAR DYNAMOS FC

The club u10s travelled to Dingle Bay Rovers on Saturday last where both squads enjoyed their run out. Many thanks to the coaches & parents for making this possible. Three of our club teams had cup activity over the weekend.

The u13s, competing in the John Joe Naughton Cup with team one squad bowing out after Castleisland D took the win at Murt Scott Park on a 2-3 scoreline with Jack Duggan & Killian O Sullivan getting on the score sheet. Fionn Clifford, Adam Fleming, Patrick O Connor, Callum Templemann & Callum O'Connor all did well on the day.

Team two welcomed Iveragh B with the southerners winning on a 1-3 scoreline with the in form Charlie Curran on target for Ballyhar. Adam Quirke, Diarmuid Fitzgerald, Brendan Flynn, Bryan Evans, Elliot Lyne, Eoin Cremin & Darragh Mcloughlin were solid on the day.



Ballyhar Dynamos FC u12 girls who lost on Saturday last to Fenit Samphires in the u12 girls cup.



Ballyhar Dynamos FC u10s who travelled to Dingle Bay Rovers on Saturday last with both squads enjoying their day out.


# COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

# BÓITHRE A nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

# ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council **has decided** to close to public traffic the street as detailed below in order to facilitate the holding of the *Wander Wild Festival from Friday, 22nd to Sunday 24th March 2024.* 

Road Closure Date	Road Closure Times	Streets Closed
Friday, 22nd March	From 2.00 p.m. to 9.00 p.m.	Main Street
Saturday, 23rd March	From 9.00 a.m. to 9.00 p.m.	(From Killarney Plaza
Sunday, 24th March	From 9.00 a.m. to 6.00 p.m.	Junctionto Plunkett Street Junction).

A traffic diversion system will operate on the main approaches to the town.

Pádraig Corkery Senior Executive Officer, Corporate Affairs SOCCER FOCUS

Squad: A Quirke, D Fitzgerald, E Cremin, D O Sullivan, J O Sullivan, D Mcloughlin, R Casey, B Flynn, E Lyne, R Comerford, C Curran & B Evans. The third home game saw the u12 girls being defeated 0-3 by Fenit samphires. The girls trailed 0-2 at half time and can feel unlucky not to have scored with Emily O Callaghan, Maria Scanlon & Anna Fitzgerald being prominent during the game.

#### **TEAM OF THE WEEK**

Well done to U14 player Dylan Fitzgerald on being selected on last week's Kerry Schoolboy team of the week. Dylan has been on the scoresheet for the club in recent weeks in important games.

#### **KERRY SCHOOLBOY/GIRL SOCCER**

A big weekend of Cup action for the Kerry Schoolboys And Girls, plenty of excitement in the league action also.

#### GIRLS:

# CAMP ADVANCE TO U13 GIRL'S SHIELD FINAL

Camp will contest the U13 Girls Shield Final this year as Aislinn Clifford proved the decisive factor as Camp came out 2-0 winners at home to Mastergeeha. Clifford netted both goals in the tie as Camp proved a test too great for the visitors.

# GALAXY CONTINUE UNBEATEN RUN IN 14'S PREMIER

Four out of four for MEK Galaxy in the Girl's U14 Premier as they recorded their fourth straight win of the campaign, coming out 5-0 winners over Castleisland. MEK now level on points with Listowel Celtic in third place, with plenty of games in hand to mount a title charge.

A brace each for Elise Brunner and Izzy Lyons along with a strike from Meghan Quigg enough to seal the three points for the home side.

#### **CELTIC ONE-TWO IN GIRL'S U16 DIVISION 1**

Killarney Celtic continue to hold ground in second place as they recorded a 7-1 home win over Mastergeeha. Listowel Celtic are the leaders in that Division and look likely to tussle with their Celtic counterparts for silverware.

Emma Daly, Sarah Warren, Ali Bowler, Hannah Casey, Amelia Carroll Kelly and Emily Buckley all netted for Celtic in the win. Amy Brosnan scored the only goal for Mastergeeha.

#### BOYS: MILLTOWN MOVE IN U12 DIVISION 1 TITLE

PICTURE

Milltown propelled themselves up the order in Division 1 of the U12 Boys Division and with less games played than those around them they certainly have the chance to fight for the title.

6-0 winners over Ballyheigue has certainly given them some momentum on their charge, Alannah Daly, Kirles Al Hadai, Elsie Clifford, Darragh Doherty, Michéal Flynn and Jack Mannix all were on the scoresheet.

#### JOHN JOE NAUGHTON CUP KICKS OFF

MEK A booked passage to the next round of the U13 Boy's John Joe Naughton Cup as they recorded a 3-1 win away to Camp A. Fionnan Burke, Fionn Bevan and Mikey Cooper all hit the net for MEK.

Castleisland A were 6-0 winners over Listowel Celtic C to progress into the next stage. Ryan



Killarney Celtic U16 Girls squad vs Mastergeeha

O Connor, Jack Hobbert, Oly O Shea, Dylan Downey and Alex Ryan all found the route to goal for Castleisland.

It was a nervy contest for Mastergeeha B to kickstart their John Joe Naughton Cup campaign as they took a 1-0 away to Castleisland B. Cillian Sheehan netted the only goal of the contest.

Mastegeeha continued their exploits in the cup, their A side winning 7-1 over MEK B. David O'Mahony with a hat-trick in an instrumental performance. Matuesz Kobilinska, Dara O'Sullivan and Conor Galvin also struck goals for the Killarney side.

Killarney Celtic also recorded an emphatic 6-0 win over Inter Kenmare B away from home, Cillian Scannell, Cormac O'Sullivan, Sean Doyle, Jack Kissane and Donnacha Coffey with the goals for the Celtic A's.

A frantic end to end tie in Ardfert saw LB Rovers strike late to defeat Killorglin B and move to the next round. The sides were deadlocked at 3-2 and while it looked like Killorglin may have levelled up the tie late on, LB struck three decisive goals to take the win

Padraig O' Connor struck a hat trick while Richie Kissane hit a brace. Adam Goggin, Ronan Barron and Finn O' Sullivan also scored at the back of the Killorglin net. Luke Clifford was a key performer for Killorglin netting three goals while their fourth arrived via an own goal.

#### HEALY FAMILY CUP JOY FOR CASTLEISLAND, MASTERGEEHA AND FENIT

In the opening round of the Healy Family Cup, LB Rovers almost produced late drama in their meeting with Castleisland A but the visitors hung on in the burning embers for a 3-2 win. Killian Horgan, Luke Darcy and Conor Linehan all struck for Castleisland as they looked on course for the result, Odhran Barry and Cal Fitzsimons however would hit goals to make it a nervy finish.

Goals from Michael O'Riordan, Daniel Buckley and Jonah Casey gave Mastergeeha

A the win over Park C. A strong performance by the hosts to take a 3-0 win against a plucky Park side who never gave up trying to comeback in the tie.

Drama also in the game in Fenit as a very cagey contest between the hosts and Dingle Bay Rovers A saw Fenit A come out 2-1 winners. Goals from Diarmuid Murphy and Zach Kearney vital to put Fenit in the next round.

Fionan Barry and Killian Crean netted a brace each as Camp Juniors A took a 6-0 win at Iveragh B. Barry Henegan and David O'Donnell also netted in what was a big win for the hosts. KSBGL RESULTS SUNDAY MARCH 10TH AND PREVIOUS WEEK

#### U12 GIRL'S CUP

Killarney Celtic 0-1 Castleisland AFC MEK 0-5 Tralee Dynamos Ballyhar 0-3 Fenit Samphires U12 GIRL'S SHIELD

Dingle 1-0 LB Rovers Killorglin 4-2 Inter Kenmare Iveragh 1-4 Park

Killorglin B 6-0 MEK B

**U13 GIRL'S SEMI- FINALS SHIELD** 

Mastergeeha 0-2 Camp Juniors U14 GIRL'S PREMIER MEK 5-0 Castleisland

**U16 GIRLS PREMIER** 

Killarney Celtic 7-1 Mastergeeha Iveragh 2-4 Inter Kenmare

#### **U12 BOY'S DIVISION 1** Milltown 6 v Ballyheigue 0

#### **U13 BOY'S JOHN JOE NAUGHTON CUP**

Park C 0-3 Listowel A Camp A 1-3 MEK A Dingle A 0-6 Killorglin A Inter Kenmare B 0-6 Killarney Celtic A Ballyhar B 1-3 Iveragh B Park D 6-1 Killarney Athletic B LB Rovers B 1-6 Iveragh A Castleisland B 0-1 Mastergeeha B 1 LB Rovers A 8-4 Killorglin B Castleisland A 6-0 Listowel C Ballyhar A 2-3 Castleisland D Mastergeeha A 7-1 MEK B Listowel Celtic B 1-6 Park A Killarney Celtic B 0-6 Park B Killarney Athletic C 3-7 Tralee Dynamos A Fenit A 6 v Milltown 0

#### **U15 BOY'S HEALY FAMILY CUP**

Tralee Dynamos B 0-3 Iveragh A Tralee Dynamos A 3-0 Inter Kenmare B MEK B 0-3 MEK A Mastergeeha A 3-0 Park C Listowel A 2-3 Park B LB Rovers A 2-3 Castleisland A Fenit A 2-1 Dingle A

# DANNY **HEALY-RAE**TD

## WEEKLY CLINIC ON: SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place. CIIr MAURA HEALY-RAE



# **BUSES TO BELFAST FOR CATARACTS**

DON'T WAIT ANY LONGER FOR YOUR CATARACT PROCEDURE, GET YOUR PLACE ON ONE OF THE MARCH BUSES TO BELFAST NOW.

> **PASSPORTS:** Check the expiry date on your passport. Contact our office for advice BEFORE applying for your passport.

## **BUS EIREANN ARE NOW ACCEPTING APPLICATIONS**

for the next school year's transport scheme 2024/2025, they can apply up until Friday 26th April on the Bus Eireann School Transport Portal.

# Danny Healy Rae TD - Monthly Clinics

1st Monday 8.15 PM 8:30 PM 9.00 PM 9.30 PM 1st Wednesday 8.00 PM 8.30 PM 9.00 PM 9.30 PM 1st Thursday 8.30 PM 9.00 PM 9:30 PM 10:00 PM 1st Friday 9:30 PM 10:00 PM 10:30 PM 3rd Monday 8.30 PM 9.00 PM 9:30 PM 9.45 PM

Rathmore & Gneeveguilla Top of the Hill, Rathmore Bridge Bar, Rathmore Dennehy's Bar, Rathmore Richie McAuliffe's, Gneeveguilla **Killarnev Area** Torc Hotel, Lissivigeen The Village Inn, Kilcummin Old Killarney Inn, Aghadoe The Golden Nugget, Fossa **Glenflesk & Barraduff** The Kerry Way, Glenflesk Spillane's Headford Murphy's Bar, Barraduff Sweeney's Bar, Barraduff **Tuosist & Lauragh** Sailors Bar, Killaha West Helen's Bar Kilmacalogue The Lake House Tuosist Knocknagoshel & Brosna O'Connor's Bar, Knocknagoshel

Walsh's Bar, Knocknagoshel

Kate Pat's Bar, Brosna

Sportsfield Bar, Brosna

**3rd Friday** 7.30 PM 8.00 PM 8.15 PM 9.00 PM 9:30 PM 4th Thursday 7:00 PM 7.30 PM 8:15 PM 8.45 PM 9.15 PM 9.45 PM 4th Friday 8.30 PM 9.30 PM 10.00 PM 10.45 PM Last Monday 8:00 PM 8:30 PM 9:00 PM 10:00 PM

**Castleisland Area** 

River Island Hotel, Castleisland The Kingdom Bar, Castleisland The Crown Hotel, Castleisland Hughes Bar, Cordal Lyon's Bar, Scartaglen

Killorglin Area Golden Nugget, Fossa Galvin's Bar, Beaufort O'Grady's Bar, Killorglin Larkin's Bar, Milltown Griffins Bar, Castlemaine Anvil Bar, Boolteens

Kenmare & Sneem Area The Roughty bar, Kenmare Riney's Bar, Sneem Blackwater Tavern O'Connor's Bar Kenmare Farranfore Area

Ulick's Bar, Farranfore James Daly's Bar, Farranfore Cunniffe's Bar, Currow John Hendersons, Firies

PLEASE CONTACT

Danny 087 2316055 Office 064 6685315 Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

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#### SOCCER FOCUS

#### Park A 6-0 Mastergeeha B Camp A 7-0 Iveragh B U16 BOY'S REGIONAL SEMI-FINAL Bridge United 3-1 Listowel Celtic ROLL OF HONOUR

#### **KERRY SCHOOLBOYS & GIRLS**

- 1. Colm Maloney (Lb Rovers U15)
- 2. Eoin Cremin (Ballyhar U13)
- 3. Paul Mc Grath (Killarney Celtic U13)
- 4. Alan O Connor (Fenit U15)
- 5. Daraagh Burke (MEK U13)
- 6. Max Fitzgibbon (Park Fc U13)
- 7. Ollie O Sullivan (Iveragh U13))
- 8. Colm Kelly (Mastergeeha U13)
- 9. Luke Clifford (Killorglin U13)
- 10. Killian Horgan (Castleisland U15)
- 11. Dylan Treimut (Killarney Athletic U13)

#### KERRY SCHOOLBOYS & GIRLS GIRL'S ROLL OF HONOUR

Aislinn Clifford (Camp) Mia Robertson (Kilorglin) Grace Power (Park Fc) Ella Kate Piggott (Mastergeeha FC) Aisling Harrington (LB Rovers) Sarah Warren (Killarney Celtic) Sui Baron (MEK) Ruth Fleming (Castleisland) Faith Breen Connolly (Tralee Dynamos) Elise Brunner (MEK) Izzy Lyons (MEK)

#### **KILLARNEY CELTIC**

#### **CELTIC LOTTO**

Numbers drawn 4,5,23,28.. No jackpot winner. Match 3 winner received €150. Next jackpot €6,400 on Monday March 18th. Tickets available from The Dungeon Bookshop, club members and online through clubzap.

#### **PREMIER A**

#### Killarney Celtic 6-1 Mastergeeha

Matt Keane 2, Liam Spillane, Terry Sparling, Brendan Falvey, Stephen McCarthy

The A squad picked up another 3 points after a clear cut win over Mastergeeha. Next up is the Munster Junior Cup Semi Final in Waterford vs Villa FC this Saturday.

#### RESERVE CUP St Brendans Park A 3-0 Killarney Celtic B U13 CUP

#### Inter Kenmare B 0-9 Killarney Celtic A

Cillian Scannell 3,Cormac O'Sullivan 3, Sean Doyle,Jack Kissane, Donnacha Coffey

A very good performance saw our U13A squad qualify for the next round of the cup after an away win in Kenmare. Celtic dominated from the start with Cillian Scannell and Cormac O'Sullivan scoring early on. Cillian Scannell, Sean Doyle and Jack Kissane added further goals to leave Celtic well ahead at the break. In the 2nd half Celtic continued to dominate and scored further goals to run out easy winners against a Kenmare B squad who never gave up in a sporting contest.

#### Killarney Celtic B 0-6 St Brendans Park B

The B squad conceded some early goals which left them chasing the game. They now drop into the shield competition. **GIRLS** 

#### **U16 PREMIER**

#### **Killarney Celtic 8-1 Mastergeeha**

Sarah Warren 3, Emma Daly, Ali Bowler, Hannah Casey, Amelia Carroll Kelly, Emily Buckley Our U16s closed the gap on league leaders Listowel after a good win over Mastergeeha. U12 CUP

#### **Killarney Celtic 0-1 Castleisland AFC**

Try as they might, our U12 girls could not get an equaliser after Castleisland scored an early goal. Celtic pressed hard but it was not to be our day. **WELL DONE** to our u8s, u9s, u10s and u11s who played over the last week.

**CONGRATS** to Paul McGrath U13A who made the KSBGL Team of the Week and to Sarah Warren U16s who made the Girls Roll of Honour. **KILLARNEY CELTIC WILL BE MARCHING IN THE ST PATRICK'S DAY PARADE** on Sunday March 17th. Looking for players, coaches, parents & volunteers to walk with us. Please wear your club colours. Please see our clubzap squad pages for details of the meeting point.

#### **BIG GAME THIS SATURDAY MARCH 16TH**

when our A squad meet Villa FC in the McCarthy Insurance Group Munster Junior Cup Semi Final at 3pm in Ozier Park Waterford. Eircode is X91 DE93.

## Kerry volunteer collectors for the IKA remerge after a 4 years hiatus and mark World Kidney Day

The Irish Kidney Association and the HSE National Renal Office (NRO) are coming together to raise awareness about Chronic Kidney Disease (CKD) on World Kidney Day, March 14, 2024.

This year marks a significant milestone as the Irish Kidney Association reinstates its national fundraising campaign after a hiatus due to the COVID-19 pandemic. Volunteers, many of whom are patients themselves, will be back in ALDI stores, and other locations across the country, distributing free organ donor cards and collecting vital funds to support patients in need, through the sale of the Irish Kidney Association's Forget-me-Not flower emblems, which are also available to buy online from the IKA Forget-Me-Not Virtual Garden Early detection is key to slowing down the progression of CKD. A simple blood or urine test can be the first step to check kidney health and identify if kidney disease exists. By catching CKD early, people can take proactive steps to manage their condition, slow down its progression, and possibly prevent further complications.

The World Kidney Day campaign materials, including posters and digital resources, are available on the Irish Kidney Association's website. For more information and to get involved, visit www.ika.ie/kidneyhealth/



. . . . .

At the Aspect Hotel, Park West Dublin announcing return of national fundraising drive for IKA were Kerry IKA volunteers Elsie Moore, Brandon, Debbie Templeton, Killarney and Theresa Looney, Killarney



# RAMBLING HOUSE

Fossa Two Mile CCÉ are delighted to announce the return of their much anticipated annual Rambling House to the Castlerosse Park Hotel on Saturday 16th March at 8pm.

We would like to extend a warm welcome with a cup of tea and our traditional brack to all and hope you will join us for a night of music, song and dance.

# KWOTE Meeting

. . . . . . . . . . . .

KWOTE: Next meeting is at 7pm on Wednesday the 20th of March in the parish centre of the Church of the Resurrection, Park Road.



# CLLR BRENDAN CRONIN Independent member of KCC

Clr Brendan Cronin Ballyhar, Killarney

Available at

Mobile: 087-2069657

email: <u>cllrbrendan.cronin@kerrycoco.ie</u>



Cllr Marie MOLONEY Coolick, Kilcummin, Killarney

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Contact details: Mobile: 0863049422 Email: marie.moloney1980@gmail.com



Weekly clinic at Scotts Hotel every Saturday @ 3pm. Social distancing rules will apply. I am always contactable on 0872461678

Are you on a waiting list for years awaiting hip/ knee replacement or any orthopaedic procedure, Cataract removal, Tonsils etc?

Are you aware there is a scheme available where you can travel to Belfast and have this carried out there and apply for a refund afterwards?

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- Do I need a medical card to avail of this? NO - Do I need to have health insurance? NO
- Does it only apply to a certain age group? NO For further information please call

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# Cllr John O Donoghue

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fB



# JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

#### **KICKING KINGS**

Sporting talent has never been a more valued commodity. For a long time sport of virtually any kind was respected as a hobby or at best a reflection of community and national pride. But a career? No. Amateur status was absolutely sacred. Athletic endeavours were essentially for the gentry.

Amateurism is, of course, a key principle of the GAA. I know, I know....nobody gets paid in the biggest economic superpower in Irish sports by a mile. Don't just count Croke Park accounts, you have to add the accounts from every province and then each county. I genuinely suspect that since the advent of online betting (which takes money out of the domestic economy), it involves more Irish money overall than horse-racing, which is literally described as an industry. But almost nobody ever gets paid. Let's just move on from that tangled weave.

You'd think that Ireland's highest paid sportsmen would be professional soccer players abroad. But until Jimmy Greaves' famous intervention regarding the wage cap, players at the top level in England were getting little more than an average salary in a very precarious trade. Remember that Tom Finney, one of the greatest of his or any other age, had to supplement his wage by working as a plumber.

That began to shift in the seventies. The likes of Muhammad Ali, George Best had already been knocking hard at that door. The top racing drivers and golfers were making big money, but understand that myths about people picking up golf clubs in the ghettoes and shanty towns are exactly that - myths. NFL players were the rags to riches stories for the occasional one in a million, but that has always been a false narrative through 'scholarships' and the NCAA. Unlike soccer, basketball, rugby, cricket...talent was not picked up from the streets, those stories are only myths as well. Everybody loves a Cinderella story in sports but very, very few of them stand up to close scrutiny. Kareem Abdul Jabbar earned more in a year in his prime his prime than Wilt or Bill ever did – and nobody, not Mike, not Kobe, not Le Bron (let's not embarrass ourselves and even pretend that Shaq is even in that conversation) ever matched their numbers. Television was unquestionably the prime mover and still is - no wonder freeto-air legislation is opposed by sporting bodies. Michael Jordan was there as a college prodigy just after Larry Bird and Magic Johnson pushed basketball into the mainstream. Michael Jordan, incredibly talented and ruthless in the game and brand marketing, pushed it into the stratosphere.

Like it or not, it was the Sky deal that pushed the English Premiership revenue streams. You often hear older people talk about how much harder they had it but how things were so much better



Katie Taylor played soccer for Ireland before concentrating on boxing.

in their day. Lose the rose-tinted glasses; those statements are mutually exclusive.

You aren't earning a living as a GAA player. But gaelic football (much more so than hurling – is largely about transferable skills. Basketball is an obvious fit in terms of fielding ability, but I genuinely think that the actual thought processes are invaluable between both codes, especially in terms of screens and channels. Essentially, decision-making outweighs any individual skill.

Think about top players in both codes. Kieran Donaghy and Micheál Quirke. Jerome O'Shea and Tadghie Lyne. John Dowling, Niall Sheehy, brothers John and Thorny O'Shea, the O'Donnell and Burrowes brothers. Johnny Culloty (possibly an anomaly; Johnny has always been simply brilliant at every single sport he played). Timmy Sheehan (a huge amount of that famous Stacks team of the seventies played basketball and hurling along with gaelic football). Pat O'Shea. Brian Clarke, James Fleming.

-I'm sorry to digress, but when it comes to economic largesse, womens' sports were not even mentioned in the conversations until very recently – to attempt to rewrite that history would not only be a false narrative but an insult to the people like Mick Fitzgerald, Alex Rintoul, Mary Geaney, Mary Jo Coffey, and many more who changed it - On the ladies' side you have the aforementioned Mary Geaney and Mary Jo Coffey, Meabh Barry, Mags O'Donoghue, Louise Galvin. Lorraine Scanlon, Cassandra Buckley, Paris McCarthy, Siofra O'Shea. Look beyond the county at the likes of Cora Staunton, Sarah Rowe, and Vikki Wall.

Katie Taylor played soccer for Ireland before concentrating on boxing. It seems very clear that a certain base skill and fitness level allows players below the absolute peak level to switch sporting codes. Shona Heaslip, an Irish dancer, found that her training had inadvertently prepared her for middle distance athletics – she famously entered a Tralee 10k for fun. Untrained, she finished fourth. She has won almost every medal going since then.

Cathal Moriarty and Paul Griffin competed in the Olympics in rowing. After that, they took up cycling – it surprised me that the training for the two sports has a remarkable similarity.

But one of the most bizarre sports transfer of skills stories I have ever come across is happening right now. Three GAA goalkeepers, Monaghan's Rory Beggan, Wicklow's Mark Jackson, and Down's Charlie Smyth, have played in NFL combines recently. In financial terms, a contract with an NFL team is basically a rags to riches story, provided Cinderella is good enough with the ball. I'm not sure that people here really appreciate the astonishing physical requirements of the top level of America's favourite game (to watch, not necessarily partake in). Every player bar two basically has to run 40 yards in under five seconds; the likes of wide receivers have to be well under that. And they simultaneously have to be able to wrestle a buffalo after that. And repeat it up to twenty times.

The two who don't necessarily need to be able to do this as standard are the quarterback (who still has to be able to take the hits and make the carries) and the kicker. Kicker is a very specialist role, not one that's indigenous to American sports. The big four are football, basketball, baseball, and ice hockey. Very little kicking. GAA goalkeepers, however, have been very focussed on kickout retention in the last twenty years. It's usually the first stat I check after shooting efficiency.

Having three GAA goalkeepers training for the role is a smart move by the NFL, which has been trying to expand the sport internationally (including hosting games in Dublin, over 42,000 people attended the college game between Northwestern and Nebraska two years ago. In fact this year, the NFL is allowing clubs to extend their practise squads provided that they have an international player under contract. Ireland has an amateur sport with a very precise skill that fits. The Irish diaspora means that it doesn't hurt your marketing in any way (and yes, in a multi-billion sport, the marketing is vital). This is a smart move in many ways.

The Irish media are reporting that the three lads (and Darragh Leader, who is trying for the 'holder' position) are absolutely flying. Charlie Smyth seems to be making the biggest impression. I hate being this guy, but I'm not convinced. Smyth nailed 12 out of 16 kicks at different distances. Rory Beggan nailed 11 out of 16 and Jackson nailed 10 out of 16. Are those huge numbers? Because it's a bit like a penalty TO ADVERTISE CALL: DES 087 6593427 | E: des@outlookmags.com



# **Cllr. Martin Grady**

Kerry County Council | Killarney MD



# INDEPENDENT

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#### ALL THINGS....SPORT

taker in soccer. You'll only get one or two per game, and you basically have to nail them. Your finishing percentage would want to be well over 80% for me. I wish them well, and that rule change could help. I think you'd carry a back-up kicker to have an extra wide receiver or offensive linesman on your practise squad. But to actually play? One Irishman has played in the NFL in almost 40 years - Dan Whelan is a punter for the Green Bay Packers. And he lived in the US since he was 13 years old, and didn't make the draft (he made his way up the ranks). Irish players in the NFL are an entirely new story. David Shanahan, the Castleisland Desmonds player who starred at centre back for the 2017 Kerry minors is now playing as a punter for Georgia Tech. And he definitely isn't there making up the numbers - I will be very surprised if that guy isn't playing at a combine soon enough himself.

San Diego born Ronan O'Gara famously was reported as being offered an NFL kicking contract worth  $\in 12$  million over four years in 2003. Slightly less famously, he subsequently admitted that he had made it up as part of his rugby contract negotiations. Well played, in fairness.

Tom Furlong, arguably the greatest of the famous Offaly football family, was on the books of the Atlanta Falcons as a kicker in 1966 but unfortunately got injured in their last preseason game. Donie O'Sullivan, considered the best long distance kicker in gaelic football in that time, was on a scholarship in St. Johns in New York and practising his GAA kicking. The New York Jets were training as well and the unassuming Irishman very soon caught their eye, impressing Weeb Ewbank so much he was offered a contract that would have seen him play with the legendary Joe Namath, but Donie chose to return to Kerry instead. The first ever superbowl was played a year later. In 1975 the Los Angeles Rams expressed an interest in Donie's great Kerry team-mate Mick O'Connell, who had only just retired from playing with Kerrv.

Can GAA players make it in the NFL? Yes. Will they? The jury is still out, but it's going to be an interesting journey.

HURLING National League Kildare 1-21 Kerry 1-14 Kerry's fading hopes of a play-off spot in





Pictured at the East Kerry Senior League Final Killarney when Legion defeated Glenflesk, are Geraldine Doran (Main Sponsor Safeguard Security), Darragh O Doherty (Joint Captain) Mike Pigott (EK CCC Chairperson), Lee Cirillo & Sean Dineen (Grandsons of James Fleming) Darragh Lyne (Joint Captain). Photo: Maria O'Sullivan

Division 2B were finally and comprehensively ended by a comprehensive defeat at the hands of the Lilywhites in Kildare. Maurice O'Connor opened Kerry's account with a free but Cian Boran and David Qualter (2f) nudged Kildare in front and Louis Dee had already had to make a great save to deny Cian Boran a goal. O'Connor slotted another free but Kildare tacked on another two points (1f). Killian Hayes, Dan Goggin, and Maurice O'Connor (f) drew Kerry level and, in fairness, Kerry looked good value for it. A head injury to Eric Leen that required assessment before he was able to continue didn't help matters as Kildare hit the next four points on the trot.

Kerry's response was superb. Maurice O'Connor and Kyle O'Connor struck points, with Kildare pulling one back, before O'Connor struck for a goal. James Burke gave Kildare a one point lead, but Kerry would have been extremely happy with that 0-11 to 1-7 half-time scoreline. Jack Higgins and Michael Leane swapped points on the restart before Kildare won a penalty converted by Paddy McKenna, who drew the initial foul from Fionán Mackessy. Cian Boran added a point and David Qualter slotted two more frees. Not for the first time this year, Kerry were very much wavering in the second half after a good opening thirty minutes Gavin Dooley and Maurice O'Connor cut the gap to five with ten minutes normal time left on the clock and it was more or less point for point from then on but Kildare hit the last three points of the game to wrap up a reasonably comfortable win. Kerry can't be relegated this year because of league re-structuring, but they badly need the likes of Shane Conway back and firing on all cylinders.

Kerry: Louis Dee, Eric Leen, Evan Murphy, Kyle O'Connor (0-1), Tomás O'Connor, Darragh Shanahan, Daithí Griffin, Fionán Mackessy (0-1), Ronan Walsh, David Woulfe, Tom Doyle, Killian Hayes, Dan Goggin (0-1), Michael Leane (0-1), Maurice O'Connor (1-7, 5f, 1'65) Subs: Gavin Dooley 0-1 (for Ronan Walsh, half-time), Niall O'Mahony (for Tomás O'Connor, 63 mins), Flor McCarthy (for Niall O'Mahony, 68 mins), Morgan Madden (for Tom Doyle, 70 mins), Darragh Reen (for Michael Leane, 71 mins)

#### BATTLING KERRY LOSE TO ANTRIM

#### Very Camogie National League Div 1B Antrim 2-15 Kerry 0-11

Kerry succumbed to a strong Antrim side after the long journey to Randalstown, but manager Bryan D'Arcy will be quietly pleased at the battle that they put up. Antrim, who needed a win themselves after a hefty defeat to Wexford in the previous round meant that they were in the relegation mix themselves, had manager Carl McCormick line out their strongest team against a young but game Kerry side.

Antrim opened the scoring through cousins Siobhán and Anna McKillop (f), but Kerry midfielder Ellen O'Donoghue hit back with an excellent score and the always-reliable Jackie Horgan slotted a '45. Cassie McArthur got in for a well-taken Antrim goal but an undeterred Kerry responded with points from the outstanding Clodagh Walsh (2) and Norette Casey to leave the sides level. Kerry were probably the better side at this stage, but Antrim were that bit more clinical on the scoreboard, notching points from Anna Lynn and two frees from Anna McKillop.

Jackie Horgan was always Kerry's main scoring threat and she added three points to her personal tally, but Kerry were rocked by a goal from player of the game Anna McKillop and points from Erin Coulter and Caitrin Dobbin had them in a commanding position at the break.

#### Half-time Antrim 2-7 Kerry 0-8

Bryan D'Arcy brought on Kate Lynch and she made a difference straightaway, setting up Kerry captain Anne Marie Leen for a superb score after Antrim's Annie Lynn had opened the second half scoring. Jackie Horgan added another free to keep Kerry in touch. Unfortunately, Kerry just couldn't translate their competitiveness in general play into points on the scoreboard, and a more dangerous Antrim side reeled off four more points on the trot through Annie Lynn, Erin Coulter, and Siobhán McKillop to go 2-12 to 0-10 clear.

Kerry battled hard all to the way to the wire, and the display of the subs in particular was a very encouraging sign, but could only muster another free from Jackie Horgan, while Antrim

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subs Dervla Cosgrove (2) and Ellen McIntosh made the game safe.

To be fair, the scoreline isn't a fair reflection of the battle that Kerry put up. They will have another very tough test when they face highflying Wexford away on Saturday week, but Kerry's fate is virtually certain to be decided in the final game against fellow relegation candidates Down at home a week later.

Kerry: Aoife Fitzgerald, Sarah Walsh, Sara Murphy, Ciara O'Sullivan, Clodagh Walsh (0-2), Aoife Behan, Rachel Walsh; Ellen O'Donoghue (0-1), Niamh Quinn, Laura Collins, Anne Marie Leen (0-1), Amy O'Sullivan, Jackie Horgan (0-6, 3f, 1'45), Norette Casey (0-1), Amy McCarthy. Subs used: Kate Lynch, Eilish Harrington, Emma Conway, Sarah Lawlor, Kate Buckley

#### EAST KERRY SUPERLEAGUE FINAL

**Killarney Legion 1-10 Glenflesk 0-12** The Safeguard Security sponsored East Kerry Superleague is as much an early testing ground for teams as anything else, and Killarney Legion will be delighted with laying down an early marker of intent for further down the road. Glenflesk, missing a number of key players involved with Kerry panels and away travelling, won't be too despondent themselves, especially after fine displays from younger players like Jamie Moynihan, Callum Cronin and Eoghan Kelly.

Legion won't have been too happy with their start. With Darragh Lyne and Cian Gammell outstanding, they dominated possession but, remarkably, could only pick off one point from no less than seven scoring attempts. To be fair, Will Shine kicked a good score to open their account. Kevin Bowler went for goal when a point might have been the better option with Glenflesk's first chance but Ian Roche soon had his side on level terms and a great score by Patrick D'Arcy put them in front. Jamie Moynihan added a superb score from ,long distance.

Legion were starting to find their rhythm and Ryan O'Grady and Peter McCarthy combined to set up Cian Gammell for a score. Tommy Bowler gathered a great pass from Callum Cronin and converted the mark for Glenflesk but Legion replied through Peter McCarthy, Ryan O'Grady, and Shaun Keane to nude in front, 0-5 to 0-4.

Patrick D'Arcy equalised with arguably the best kick of the whole game. The outstanding Darragh Lyne teed up Ryan O'Grady for a goal chance but an alert Eoin Moynihan cleared his lines. Legion were on top now, though, and further points from McCarthy and O'Grady had them two points in front.

Jamie Moynihan and a hard-working Cian Horan closed out the half strongly for the home side.

Half-time Killarney Legion 0-7 Glenflesk 0-7 Cian Gammell saw a good effort drop short for Moynihan to fetch and clear, and Tommy Bowler edged Glenflesk in front. Peter McCarthy was denied by a superb block but Finbarr Murphy notched a free after a foul on Ryan O'Grady. Callum Cronin put Glenflesk back in front and Tommy Bowler, who was really beginning



St. Pat's Castleisland who beat St. Brendan's to win the Frewen Cup Semi Final.

to assert himself around the middle, added another.

I've always been sceptical about the idea of 'key moments' in games – the concept is too simplistic in my view – but there is no denying that Legion's 39th minute goal was pivotal. It came from another surging run from Darragh Lyne, who passed across in the danger area to Micheál Devlin before it reached Ryan O'Grady at the back post and he smoothly blasted it home. 1-8 to 0-10 and Legion back in front. Not for long, with Tommy Bowler converting a stunning free kick. This was enthralling football for any neutral.

Eoin Moynihan made another great catch to deny Billy McGuire a point but Ryan O'Grady nudged Legion ahead again. Both sides were feeling the strain by this stage in a game played at hectic pace. Legion left a few scoring chances behind them and things looked ominous for them when the irrepressible Tommy Bowler added his fifth point of the day. However, they still had time to come up trumps, Will Shine kicking over a free to seal the win and ensure that Killarney Legion will be starting their county league campaign with silverware in the Dirreen cupboard.

Killarney Legion: Brian Kelly, Pádraig O Connor, Danny Sheahan, Peter O'Sullivan, Rob Leen, Jonathan Lyne, Cian Gammell (0-1), Darragh Lyne, Eoghan O'Sullivan, Finbarr Murphy (0-1, 1f), Will Shine (0-2, 1f), Darragh O'Doherty, Ryan O'Grady (1-3), Shaun Keane (0-1), Peter McCarthy (0-2). Subs Micheál Devlin (for Rob Leen, 17 mins), Billy McGuire (for Peter McCarthy, 42 mins), Conor Keane (for Finbarr Murphy, 49 mins), David O'Sullivan (for Ryan O'Grady, 55 mins)

Glenflesk: Eoin Moynihan, Peter Cronin, Denius O'Connor, Liam Warren, Joe Rudden, Emmett Finnan, Michael Mullane, Tommy Bowler (0-5, 2f, 1m), Jamie Moynihan (0-2), Callum Cronin (0-1), Kevin Bowler, Cian Horan (0-1), Dara Fleming, Patrick D'Arcy (0-2), Ian Roche (0-1). Subs Eoghan Kelly (for Michael Mullane, halftime), Kian Crowley (for Dara Fleming, 55 mins), Seán Guerin (for Kevin Bowler, 61 mins) Referee: Donal Casey (Scartaglin)

#### SEM LOSE OUT IN FREWEN SEMI-FINAL Frewen Semi-Final St. Pats Castleisland 1-10

#### St. Brendans Killarney 1-9

The biggest talking point coming into this game was the fact that it was played on the 3G pitch in Rathkeale – a fair distance to bring two Kerry schools. It couldn't be helped, pitches are at an absolute premium in current weather and all parties did the best they could, but the sooner Kerry has an artificial pitch of its own to accommodate games like this, the better.

Thankfully, the football itself quickly became the talking point. The very strong wind counted as an extra defender on both sides. St. Brendans had the first chance after Olsín Fleming was fouled, but Ben Kelliher's effort was swayed by the breeze. Instead it fell to Castleisland's Killian Dennehy, an absolute colossus in midfield over the hour, to open the scoring. It took ten minutes before the Sem equalised, Kelliher winning and converting a free. He quickly added another after the referee spotted some illegal holding off the ball. At the end of the first quarter, the outstanding Seán Maher drove forward for a superb point to put the Sem 0-3 to 0-1 ahead.

Ruairí Brosnan was making some dangerous forays from centre back and he neatly split the posts. A foul on Josh Ryall saw Killian Dennehy equalise matters and Conor Cahill penalised a foul on Gerard Costello to put Castleisland in front but Kelliher replied before exchanging further scores with Ruairi Brosnan. Just before half-time, a great intercept by Cian Mulcahy saw Brían O'Shea smoothly fist over to nudge the Killarney side in front.

#### Half-time St. Brendans 0-6 St. Pats 0-5

Both sides left scoring chances behind them early in the second half – again, that merciless wind was playing a big role in proceedings. Conor Cahill brought St. Pats level and added a free after more good work by Killian Dennehy. Ben Kelliher and Conor Cahill exchanged further frees. The Sem were winning good possession but losing it to a superb Castleisland defence, with Joseph Bell and Padraig Reidy in particular making some crucial interceptions.

In the 42nd minute Oisn Fleming, who battled hard throughout, drew a good parry out of St. Pats' keeper Micheal Hickey, but lively Sem sub James Kelly was on hand at the back post to volley home. Mark O'Carroll added a point and at 1-8 to 0-8, it finally felt like there was a bit of daylight between the teams.

If so, dusk wasn't exactly long in arriving. Castleisland responded in superb style, rising

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to the challenge. Killian Dennehy's point effort hit the post and dropped down, and Josh Ryall was on hand to grab the loose ball and fire home from close range. Level pegging again!

Crucially, Castleisland turned over the kick-out, with Cormac Walsh winning a free smoothly converted by Killian Dennehy. The Sem were pushing hard for an equaliser as the clock was beginning to count down, but St. Pats were denying them space to run into and the wind was carrying long passes just too far for the forwards. Killian Dennehy won and converted another free.

In a dramatic finish, Joey McCarthy won a free popped over by Ben Kelliher to cut the gap to a single point. Everything hinged on the next kick-out...and it was Castleisland who won it and denied the Sem any last chance to draw. St. Pats Castleisland: Michael Hickey, Daniel McCarthy, Ross Kelliher, Joseph Bell, Rory O'Connor, Ruairí Brosnan (0-2), Pádraig Reidy, Killian Dennehy (0-4, 3f), Tomás Jones, David Healy, Cormac Walsh, Kieran O'Connell, Conor Cahill (0-4, 3f), Gerard Costello, Joshua Ryall (1-0).

St. Brendans Killarney: Pierce Moynihan, Darragh Brosnan, Seán Maher (0-1), Henry Walsh, Zack Cronin, Cian Mulcahy, Jack Rudden, Joey McCarthy, Seán Kiely, Mark O'Carroll (0-1), Adam Byrne, Bríain O'Shea (0-1), Cillian Cronin, Oisín Fleming, Ben Kelliher (0-6, 6f). Subs James Kelly 1-0 (for Cillian Cronin, 40), Fionn Daly (for Brían O'Shea, 49)

Referee: Eamonn Phelan (Limerick)

#### RUGBY Irish Hopes Grandly Slammed Six Nations: England 23 Ireland 22



Ouch. There is no dressing this up. I think we have to admit that Ireland let a Grand Slam slip away, only the third back to back slam since World War II.

Ireland were such hot favourites – and that includes all of the English pundits, not just the usual suspects. Yes, we have unquestionably got a great team. We always had great individual players in the 'non-professional' era – that's more of an affectionate nickname than a reflection of reality, of course – but we never had this kind of panel depth before. Domestic rugby is struggling at the top level in England, and defeat to a Scotland side who weren't setting the world alight themselves (they had a worse weekend than we did) felt like a knockout blow. Ireland were pretty much on the cusp of a consecutive Grand Slam. So much so that it robbed this year's competition of a lot of tension. Much has been written about the stale atmosphere in Lansdowne in this year's Six Nations. But how frenzied can anybody get towards the finish of a comfortable win?

There have been comparisons with the World Cup loss to New Zealand. There's an element of two things happening means that they must be connected 'post hoc ergo propter hoc' in latin (which would be very impressive by me except that I had to google it) in that idea. Ireland played very well in that New Zealand game; they just about got over the line.

Ireland didn't actually play all that badly against England. You'll hear the odd pundit and pub expert talk about 'chokers'. There's wonderful fairly new word for that nonsense, it's called 'gaslighting' (like 'snowflake', it's one of those meaningless phrases that can be thrown as an accusation by any party in any dispute to expose their own complete lack of any rationality).

Ireland did not choke. Hubris did not infect the camp. Ireland gambled on England playing to their perceived strengths and Ireland gambled on a six-two split on their bench. South Africa won a World Cup doing that; it's not inherently illogical or wrong. But it definitely didn't work out this time.

Jack Crowley had Ireland on the board straightaway. I won't lie; I thought that would lift Ireland and deflate England. But England had a game-plan and stuck to it, and that game-plan was basically to forget kicking. Forget touch, line-out, scrums. Just get the ball and go every time. Our game-plan seemed to be a case of kick it back to them every time and basically trust your forwards to wear them down over time.

They came at us, and Calvin Nash burst forward to put pressure on Freeman. Except Freeman literally didn't budge. An over-extended Nash basically crashed into a lump of granite and that finished his day. And we were scrambling - Frawley, the crathur, basically walked off the bench and into a nightmare. A James Lowe kicked didn't find touch and England worked it left at pace and down the wing, so fast it was basically four on two, and Lawrence had just enough of a gap to get through. Be fair, great try, and that had obviously been planned on the training ground long before the game. Josh Van der Flier just about denied another. George Ford popped a penalty. Crowley – who struggled against that pace on the wing all day - replied in kind for Ireland after a super kick by a previously struggling Lowe, but Lawrence was only denied a second try after a very unlucky knock-on in the build-up. That was an unlucky attack; nothing to do with the defence; we had just been opened again.

Great work by Bundee Aki saw Jack Crowley slot a penalty to put us in front, 9-8. Another penalty – England's discipline had been much better than our own for the most part – saw Crowley strike again. He had a better day with the boot than George Ford, but you wouldn't be mistaking either for Sexton. That's okay; give the lad time. Sexton wasn't Sexton when he started either (to be honest, he was a cranky little divil).

Ireland with a four point half-time lead. Which

was about as reflective of reality as a Donald Trump speech, to be honest about it.

Ireland came out for the second half and suddenly looked like Ireland again. Hugo Keenan rose high to fetch and Ireland went through the phases, with James Lowe crashing over. Super score. Nine points clear. Surely we have weathered that storm; England can't maintain that pace and Ireland will be ready for the runners now.

Nope. Good work by Sam Underhill and the offload to Furlong and the game was right back in the mixer. With Frawley off after a bang, Gibson Park is on the wing, and Ireland look that little bit more frazzled.

Peter O'Mahony is way offside on a ruck and deservedly gets yellow. Look, games are not remotely won or lost on individual moments like these. Don't bother trying for scapegoats. This is one of our greatest players ever; one bad mistake at the office is not a mortal sin. It was expensive on the day, fair enough, with England going to the corner and then going neatly through the phases for Ben Earl to go over. Marcus Smith, just on the pitch, adds the two points and England are ahead by three.

Seven minutes left and Gibson-Park finds Lowe. You forget how much power he actually has until you see him power over in situations like these. Difficult conversion and it tails off. That sweet chariot is hovering rather than swinging low, but it isn't flying away either. This ain't over! England penalty. Daly's effort is too far left. A let-off. Ireland need calm heads now. What we don't need, and this isn't hindsight, is Conor Murray sending another clearance kick down grateful England throats as they come right back at us. A mistake by Murray, no question, but the idea that we lost this game because of Murray or O'Mahony is lazy at best. And spare me this 'age' debate. Bundee Aki is six months younger and he has been Ireland's best player for the last twelve months. Danny Care is three years older than either and he just won his 100th cap, and was well worth it.

Last gasp saloon for England. Two points down after being the better team all day long. The fact that Ireland are in front has nothing to do with merit. I suspect that St. George might be happy to stuck into dragons, but he isn't in any hurry to step up to St. Patrick.

Brilliant run up the line by England. That was too much ground coughed up far too easily. England move it, no gaps, but there's Marcus Smith and that was cleverly executed to find a kicker in the right position, and Smith isn't going to miss that.

Not a lot that can be said. Give back our underdogs tag and leave us alone. There's still a Six Nations to be won but it feels hollow enough right now. Ah, look, it's sport. Fair play to England. Fair play to Italy; that will sustain them for a long time to come. As for Ireland? Nobody let us down. Yesterday's heroes do not become today's disappointments because of any game. We got beaten by a clever team who had nothing to lose. Back to the drawing board, and sure, the sun will still rise tomorrow.

#### ALL THINGS...SPORT



Darragh Lyne, Captain Killarney Legion Senior Team receiving the East Kerry Superleague Trophy from sponsors Frank and Geraldine Doran of Safeguard Security.



Beaufort winners of Mid Kerry League Final in Beaufort on Sunday last. Final score Beaufort 1-17 Milltown/Castlemaine 0-18. Darragh Dennehy got MOTM. Joint captains Ethan Coffey and Ciaran Kennedy receiving The Dermot Twiss Trophy from Eileen Twiss.

# THE KERRY SHORT FILM BURSARY 2024 €10,000 award to produce a short drama/documentary film

The Kerry Short Film Bursary 2024 is now open for applications! €10,000 will be awarded to the successful team to produce a short drama or documentary film in the county.

This Bursary is funded through Kerry County Council Arts Service and the Arts Council of Ireland to support and encourage filmmaking within the county. Filmmakers will be assisted by Kerry County Council's Arts Office. The deadline for receipt of applications is 1pm Thursday 11th April.

Applications must have a strong creative connection with Kerry, with at least one of the core creative team (Writer/Director/Producer) either

from or living in Kerry. Proof of address will be required at shortlisting stage.

Two online information session will be held on Tuesday 19th March and Wednesday 20th March and will provide details on how to submit a competitive application and the basic of screenwriting. Applicants are encouraged to attend both webinars to ensure their submission has the best chance of success. Register to attend by emailing arts@kerrycoco.ie. Further information is available on www.screenkerry.ie.

Application forms and guidelines are available at www.screenkerry.ie/kerry-short-film-bursary. There is a two-stage selection process in this open competition with previous winners excluded from entering. Stage one involves a shortlisting of applications while stage two requires an online interview with the shortlisted creative teams.

The Kerry Short Film Bursary has had a successful run to date with "Haven" - the 2021 Bursary winner, and "Ship of Souls" - the 2020 recipient, winning awards on the festival circuit!

Kate Kennelly, Kerry County Council Arts Officer outlined the importance of this film bursary in developing the film sector in Kerry. She described the award as "a critical way to encourage filmmaking in the county, highlighting locations, facilities and skills available in Kerry.

Councillor Jim Finucane, Cathaoirleach of Kerry County Council welcomed the bursary funding as "an excellent opportunity to showcase Kerry as a filmmaking location while supporting emerging filmmakers."



Director - Mo'Connell, Sound Recordist - Alex O'Brien & Camera Assist - Miguel Lonergan 2021 Short Film "Haven" ©ScreenKerry

IF YOU HAVE A SPORTING STORY ... Contact Aisling on: 086 0400 958

GAA | AROUND THE COUNTY

#### **KILLARNEY LEGION**

#### EAST KERRY SUPERLEAGUE FINAL

Our Senior Men captured the Division One East Kerry Superleague title in an evenly contested game played in Glenflesk on Sunday afternoon. Will Shine opened the scoring with a point before Glenflesk hit back with two unanswered points. Cian Gammell replied to further scores from the home side as a period of dominance yielded minors from Peter McCarthy, Ryan O Grady and Shaun Keane. That saw the sides draw level ,a trend that was continued in a tit for tat first half, leaving the teams side by side at half time, 0-7 each. Glenflesk assumed ascendancy early in the second half, before Shaun Keane set up Ryan O Grady for the only goal of the game. Both sides exchanged points to leave the sides at parity as the hour drew to a close. In the 2nd minute of injury time Cian Gammell was fouled off the ball and Will Shine converted the free to leave the full time score at 1-10 to 0-12.

The James Fleming Cup was presented by members of the Fleming Family, Mike Pigott East Kerry Board and Geraldine Doran (Frank Doran Safeguard Security who sponsored the competition.)

#### U17 BOYS

Last Friday evening, Direen played host to a very sporting manner as our U17 development group served up a great performance to better a very good Kenmare side who were having their first league game of the year. The defence and midfield were outstanding in their rearguard action but turnovers at the other end were keeping the game tight in a first half which finished 0-7 a piece. With the advantage of the breeze in the second half a small cushion was established, aided but the first goal of the game. Kenmare have some fine footballers and turned up the pressure eventually netting themselves to bring the sides neck and neck again. A few tactical adjustments in the final quarter yielded 2 goals which saw them home. To be fair to this group of players, they have trained hard in the worst of the weather and there is clear evidence of improvement in football and fitness across the board.

Kenmare too have been itching for a game and showed their quality. Thanks to the referee who contributed to a great game and to supporters from both sides for encouragement. Final.score Killarney Legion 3-12 Kenmare 1-11.

Our Division 1 team will have their next game this Wednesday, March 13th, followed by two games over the St Patricks weekend so plenty of minor action for the lads awaits.

#### **KERI ANN HANRAHAN**

Congratulations to Kerri Ann Hanrahan who lined out today in midfield for the victorious UCC Lynch cup winning side.

#### SATURDAY MORNING ACADEMY

The Killarney Legion GAA Club Academy runs almost every Saturday morning from through to the end of October. It is open to all children, both boys and girls, aged from 3 to 10 years old who can learn the fundamental skills of Gaelic football in a safe, healthy and fun environment. **DEEPEST SYMPATHIES** 

The Club extends its sympathies to the family

of Rena Kennelly who has passed away. Rena designed the cover of a Legion of Memories, our book on the history of the Club, which came out on our 50th Anniversary and won a prestigious McNamee Award.

Also to our Senior team manager Gary McGrath and family on the death of his father, former and renowned member of the Gardai in Killarney and pillar of Beaufort GAA Club, Jack McGrath. LOTTO

Results Monday March 4th. Numbers were 1, 6, 13, 15. Bonus No 7. No Jackpot Winner. Match 3s / Lucky Dips: 1. Keanes Jewellers 2. Corey Dobbelaere 3. Kevin Brennan 4. Esther Brosnan 5. Kay Carroll

#### **FOSSA NOTES**

#### LOTTO

The numbers drawn on 10/03/2024 for a jackpot of €10,350 were 13, 18, 23, 27. There was no jackpot winner and the €40 consolation prize winners were; Fiona Kissane, Online; Michael D Kelliher, Online; Helen Geaney, Grenagh; Maurice O'Meara, Lacabane; Timmy O'Leary Snr. Tickets are available from our sellers and can also be bought online with the following link https://fossagaa.clubforce.com/products/lotto/

fossa-gaa-club-lotto
EAST KERRY LEAGUE

#### MINOR COUNTY LEAGUE

Our minor was defeated by a very strong Knock/ Brosna outfit on Sunday afternoon. Fossa started well, Ronan Bennett scored a cracking goal after 8 minutes to put them ahead. It was nip and tuck after that, Knock/Brosna hit back for a goal in the 24th minute but points from Shay McCormick and Dylan O'Meara kept Fossa in touch but they were trailing by two points at the break, 1-07 to 1-05. In the second half, given that it was 13-a-side, it meant that there was plenty of space and Knock/Brosna's strength started to show and they gradually pulled away with two well taken goals. Fossa, to their credit, never gave up. Derek O'Gorman defended magnificently all day, Jack Hallissey had to sacrifice his normal attacking role to man mark the Knock/Brosna danger man, Conor Cahill, but they just could not break down a resolute opposition defence and try as they might, they couldn't get the goal that was needed to get them back into this game. Final score, Knock/ Brosna, 3-12, Fossa, 1-09.

#### MEMBERSHIP

Club membership is now due and needs to be paid before 31st March. It can be obtained on the Clubforce app or from any one of our club officers.

#### FOSSA TWO MILE CCE

Fossa/Two Mile Rambling House returns on Sat 16th March @ 8pm in the Castlerosse Park Resort. Tea, brack and a raffle on the night. All very welcome.

#### **BEAUFORT FILM NIGHT**

Beaufort Film Night will hold a screening night on Friday 15th March at 8.30pm at Kilgobnet National School, Beaufort (V93 DW26). The feature film to be screened is Roise agus Frank, an uplifting Irish-language comedy-drama. Cert PG. Admission €7 (Under 16 €4). Under 16s must be accompanied by a parent/guardian.

#### **FIRIES GAA**

## MINOR FOOTBALL

#### Keane's SuperValu Division 3B Round 4 Firies 3-12 Ballyduff 1-7

Match Report by Robert Kelly

In the penultimate fixture of the county league, A windy afternoon in Farranfore witnessed a brilliant Firies performance who made greater use of the space provided by the 13 aside game and came out comfortable winners against top of the league Ballyduff.

The fancied Ballyduff team opened the scoring through a free, followed by Firies score which involved a great pass by Henry Walsh to Cillian Cronin who layed the ball of to Shane O Loughlin to score, then Firies had their best spell of the game scoring 2-3 to 0-1 with goals from Cillian Cronin after a handpass in by Shane O Loughlin and O Loughlin got a goal of his own when his shot dropped short off the post and in to the net. Further scores from James Barry ,two from Cillian Cronin and Shane O Loughlin. Firies had a chance just before half time, they got a penalty when Podge O Sullivan was brought down,but the penalty went to the left and wide. And a great save by goalkeeper Sean O Sullivan and great battling by Eugene Daniel helped them to a big lead at the interval.

HT 2-9 0-4

Firies who were now against a strong wind had to weather a small Ballyduff storm who got a goal after an unlucky deflection giving goalkeeper Sean O Sullivan no chance. Firies responded when a smart switch across the pitch by Shane found Sean Barry fell to Podge who drilled the ball into the bottom right corner.

Firies got a great score when Henry Walsh won the ball at our own 21 carried the ball the length of the pitch for a Cillian Cronin score, a James Barry score and another Firies score ended the game.

The Firies defence was faultless the whole game especially against a strong wind in the second half, with Henry Walsh working back from Midfield to clean up and Marcus Clifford carries from defence helped to a comfortable win.

Man of the match hane O Loughlin was instrumental to Firies's attacks assisting on many occasions and linking up with everyone.

Next week is at home to St Senans with a semi final spot secured and will be looking to keep their 100% home record. Ft 3-12 1-7

#### EAST KERRY NEWS

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#### EAST KERRY SENIOR LEAGUES 2024

Sponsored Frank Doran Safeguardsecuity.ie FINALS DIVISION 1 Killarney Legion 1-10 Glenflesk 0-12

**DIVISION 2** 

Listry 1-11 Cordal 1-10 EOGHAN RUADH U14/U15 ATHLETIC DEVELOPMENT PROGRAMME was completed

on Sunday. Forty eight players took part over eight weeks in Gneeveguilla hall. The sessions were varied and challenging giving all players



#### **GAA** | AROUND THE COUNTY

excellent time to improve and develop. Vince Cooper East Kerry GDC and James Darmody University of Limerick work placement student delivered the indoor sessions.

The sessions will be of great benefit to all players during the school and club games programme taking place over the next few months. All players got a home programme to guide them going forward complimenting the field sessions taking place in all clubs. Thanks to Sean O Keeffe for the use of the indoor hall in Gneevequilla. Eoghan Ruadh clubs were all represented at the sessions showing the great interest clubs and players had in the indoor Athletic Development Programme.

#### **CONDOLENCES**

Sympathies to the family of John (Jack) Dineen Formerly of Old Chapel, Rathmore, Kerry / Killarney, Kerry on his recent death.

#### **EAST KERRY DIVISION 1 FINAL**

Glenflesk and Legion battled it out to the death in this intriguing East Kerry Super League final, sponsored by Frank Dorian security. After a cagey beginning to the game, William Shine opened the scoring in the fourth minute with a point from play thirty metres out. Ian Roche responded for Glenflesk converting a 21m free in front of the posts. Points from Patrick Darcy and Jamie Moynihan followed soon after. Legion replied with a point from play from Cian Gammell, bringing the score Glenflesk 0-03 Legion 0-02. A Tommy Bowler score from a mark put Glenflesk two point's ahead again. Ryan O'Grady then kicked over a fine score from 30 metres out. Darragh Fleming was then unlucky, after a great run ended with a shot from a tight angle which hit the post and went wide. Legion then went on the attack and Ryan O'Grady kicked over a point from play to level the game at 0-04 a piece after 26 minutes. Legion went on the attack once more and this time it was Shaun Keane who got on the end of it and pointed to give Legion the lead. However, Glenflesk knowing they needed a reply worked the ball through the centre of the field and found the reliable Patrick D'Arcy who pointed from 21 metres out. Legion rallied at the end of the half and a well worked move found them bringing a top class save by Eoin Moynihan in the Glenflesk goals. The rebound was gathered by Peter McCarthy and he tapped over from 13 metres to give Legion a one point lead. Ryan O'Grady was at the end of the next Legion attack and pointed from 30 metres out. Glenflesk dug deep and soldiered on and finished the half strongly with points from midfielder Jamie Moynihan and wing forward Cian Horan to bring the sides level on 0-07 points each at the half way mark.

The second half resumed and Glenflesk took the lead with the strong left leg of Tommy Bowler from 30 metres out on the left wing. Two minutes later, Legion attacked through the centre and were awarded a free kick on the 21 metres line that Finbarr Murphy tapped over. Glenflesk responded with 2 quick points from Callum Cronin and Tommy Bowler to give a two point lead after 36 minutes. Legion came back quickly with Darragh Lyne's powerful run, leading to a Ryan O'Grady goal. Glenflesk 0-10 Legion 1-08. Bowler and O Grady then swapped points as the tension mounted. Glenflesk dug deep and their never die attitude was rewarded when Kevin Bowler was fouled 21 metres out from goal and his cousin Tommy Bowler pointed the free kick to draw the sides level once more. From the resulting kick out, Legion went on the attack in the remaining minutes, the Glenflesk defence stood tall for long periods but unfortunately gave away a 13 metre free near the end that William Shine kicked over to give Legion the victory on the slender of margins on the day.

After a very sporting and entertaining battle Killarney Legion had the final say. Captain Darragh Lyne accepted The James Fleming Cup from members of the Fleming Family, Mike Pigott East Kerry Board and Geraldine Doran (Frank Doran Safeguard Security who sponsored the competition.) Congratulations to them on their victory. Glenflesk, gave their all on the day, with a very young team, and will be optimistic for the future.

#### **EAST KERRY SENIOR LEAGUE DIV 2 FINAL** LISTRY V CORDAL

Listry won this Div 2 final played in Listry on Sunday March 10th. The final score left the minimum between the sides Listry 1-11 Cordal 1-10. Cordal were first to score in a first half which saw the sides level six times in a close game, with Phillip O Connor prominent for them. The half time score was 0-07 for both sides. The second half saw Listry start the stronger side but after an early point they kicked 6 wides in a row. After twenty minutes of the second half the sides were still level at 8 points each. Tadhg Gosney then struck for the all-important score, a goal, after a great run by Anthony Kennedy. Listry then tagged on two more points to lead by five points with time running out, however Cordal were not finished and a Ryan Dennehy goal brought them right back into the game. Cordal got a further point to leave the minimum between the sides but Listry held out on a final score line Listry 1-11 Cordal 1-10.

Sponsor Frank Doran Safeguard Security along with East Kerry Board secretary Noel Kennedy presented The Cup to Listry captain Micheal Keane.

#### **DR. CROKES NOTES**

. . . . . . . . . . . SHL

#### Dr. Crokes 0:08 Ballyduff 3:20.

Our start to the 2024 County League was doused in a baptism of fire. Playing away to a very strong Ballyduff team, we were comprehensively beaten on the scoreboard which isn't a true and accurate reflection of the game. Featuring a number of debutants to Senior Hurling, we traded parity with the hosts in the first half and competed equally for possession. While Ballyduff did assert themselves as the half wore on, only four points separated the teams at the interval. On the resumption, Ballyduff went straight for the jugular with a brilliantly taken goal, coming after only 60 seconds. Reeling from Ballyduff's restart we shipped a succession of scores, including another superbly taken goal by one of Kerry's U20 stars. We refused to give up and every player battled vigorously and determinedly for every ball. As is often the case in hurling encounters, it was only in the last 10 minutes that the gap broadened into a chasm and it has to be said that the home team played brilliant a brand of fast, direct hurling. Featuring six U20 Kerry players, this is certainly a team to watch out for in the future. Our boys can take encouragement and heart from the spirit shown by the players and the marksmanship of Mark Heffernan who scored all 8 of our points. He was ably assisted by Cathal White, playing in front of his erstwhile home crowd, and Dave Carroll who mixed panache with pugnacity in a tigerish display. Next up is Ballyheigue on St. Patrick's Day at 12pm in Lewis Road.

#### ACADEMY

Our Academy continues every Saturday morning, for boys and girls between 4 and 11 from the Killarney area. Hurling from 10-11 and Football from 11:15-12:15. Fun and friendship guaranteed. Bring a friend.

#### **EASTER CAMP**

Our Annual Easter Camp will take place on Wednesday 3rd April to Friday 5th April from 10am to 2pm. https://member.clubforce.com/ memberships\_cart\_m.asp?LL\_ID=2545&intMF\_ ID=13513#topp

#### **DR. CROKES GAA CLUB EVENTS**

Dr. Crokes GAA Club Events, Lewis Road Killarney, Kerry are on Clubforce - download the Clubforce app today to stay up-to-date with club news and make securely payments online.

#### member.clubforce.com

#### MEMBERSHIP

Dr. Crokes GAA Membership for the 2024 season is now open online. https://member. clubforce.com/memberships\_cart\_m.asp?LL\_ ID=734&intMF ID=13281#Anchor

#### **MOTHERS & OTHERS**

Our Mothers & Others team continues training on Monday nights. New members are always welcome. Contact Catherine Keogh on 087 2827626.

FR. PADDYS CARD'S continue everv Wednesday at 8pm in the clubhouse. There is lots of money to be won. All you need is €5 and a partner. All are Welcome.

**PILATES** with Jola continues on Thursdays from 6:10pm to 7pm in the clubhouse.

**GENTLE MOVEMENT CLASSES** with Kathleen continue on Tuesday mornings at 11am in the clubhouse. You do not need to be a member to join these free classes. All are welcome.

OLD CLOTHES BANK is located at the rear of the clubhouse. All clothes should be deposited in bags. Donations will help to provide vaulable funding to our club.

LOTTO took place March 11th. Numbers drawn were 12, 14, 22, 26 Jackpot of €8,000 was NOT WON. 6 patrons matched 3 numbers and received €70. Jackpot for draw on March 18th will be €8,300. Play online by following the link below and follow instructions attached https://play.clubforce.com/play\_newa.asp?ll\_ id=734#Anchor

#### **DR. CROKES SHOP**

You can shop worldwide on our online shop. Follow the link: https://www.oneills.com/shopby-team/gaa/ireland/dr-crokes-gaa.html **BINGO** 

Dr Crokes Bingo continues every Sunday in St. Mary's Parish Hall. Doors will open at 7pm with the first game commencing at 8pm.

GAA I AROUND THE COUNTY

**CONGRATULATIONS** to St. Paul's Ladies Team, who won the Division 1 Final over the weekend and have been promoted to the Super League. A special mention must go to our own Rheanne O'Shea, Leah McMahon and Siobhan Burns.

**SPEEDY RECOVERY** to Patrick O'Sullivan who is recovering from a recent operation.

**CONDOLENCES** to the Keogh family on the death of Francis. Francis was an outstanding footballer in his younger days. Sympathy also to the family of Catherine Crowe. Catherine is the granddaughter and grandniece to two of our founding members Jack and Paddy Crowe. Ar dheis Dé go raibh a n-anamacha.

#### NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@gaa. ie.

#### MILLTOWN/CASTLEMAINE

#### ιοττο

Sponsored by Almas Takeaway, Milltown The most recent fortnightly club lotto draw took place on Monday, March 4th at the club grounds. There was no jackpot or match 3 winner on this occasion. The numbers drawn were 11, 28, 29 and the bonus ball was 13.

Lucky Dip Winners were as follows: €50: Norma McKenna, Milltown. €50: Stephen Mangan, Callinafercy. €25: Paudie Kennelly, Killarney. €25: Maire Twiss, Callinafercy. €25: Donal Leddin, Castlemaine. €25: Peter Twiss, Killorglin

Our next club lotto draw is scheduled to take place on Monday, March 18th at 19:30pm in the Clubhouse where the jackpot will be €13,000.

#### MILLTOWN/CASTLEMAINE GAA CLUB MEMBERSHIP: NOW DUE FOR 2024!

Milltown/Castlemaine GAA Club Membership is now due for the 2024 season and is open to Adult Players, Adult Non-Players, Juvenile Players and Families. New Members are always welcome too. To join the club, please click the following link: https://member. clubforce.com/memberships\_cart\_m.asp?LL\_ ID=2602&intMF\_ID=13265&fbclid=IwAR1QC-JJYjfJOppMrAH\_BY8yhJMc9aQXp\_mZJEButcF\_ qOwHEIPARaBrd2w#topp

#### **MEMBERSHIP INFORMATION**

For FAQ's on membership or registering with ClubForce; please click the link below:

https://member.clubforce.com/newsrec. asp?LL\_ID=2602&ID=27905&fbclid=IwAR3 3XSrSunGbrHCUIhBcOiLkxH9dt2xL5W30zUZHEkrzR7JnYwnRlh3Tsg

There will also be in-person opportunities to pay your membership in the coming weeks at the club grounds and these will be communicated to members in advance.

#### **MEMBERSHIP STATUS/QUERIES**

Should you have any questions or queries on membership, or whether you are a member currently, please contact your teams'head coach or send an email to mcgaaclubregs@gmail.com KERRY PETROLEUM SENIOR CLUB FOOTBALL CHAMPIONSHIP: GROUP STAGE DRAW

The draw was made last Thursday night for the 2024 Kerry Petroleum Senior Club Football Championship. We have been paired with Dingle, Na Gaeil and Dr Crokes.

Our first fixture will be against Na Gaeil. Dates, times and venues to be confirmed.

#### MID KERRY SENIOR FOOTBALL LEAGUE: FINAL RESULT AND MATCH REPORT

#### Beaufort 1-17 Milltown/Castlemaine 0-18

The 2024 Dermot Twiss Memorial Cup Final took place on Sunday afternoon at Pete Coughlan Park in Beaufort before a sizeable attendance. In conditions that were conducive to an open and free-flowing game of football, both sides played their part in what was a terrific match with no less than 36 scores during the contest.

it was Beaufort who were crowned Mid Kerry Senior Football League Champions for 2024 after a very sporting final between two sides who contributed in equal measure to a fantastic game of football. Man of the Match was awarded to Darragh Dennehy after the contest. Congratulations to Beaufort and hard luck to Milltown/Castlemaine.

#### COUNTY SENIOR FOOTBALL DEVELOPMENT LEAGUE: ROUND 1 FIXTURE

Milltown/Castlemaine 'C' will welcome Beaufort 'C' to the Paddy Burke Memorial Park, Milltown on Saturday, March 16th for a 1:00pm throw-in as the 2024 season gets underway. All support is welcome for the lads.

#### KEANE'S SUPERVALU COUNTY MINOR FOOTBALL LEAGUE: DIVISION 3B, ROUND 4 RESULT AND ROUND 5 FIXTURE

Milltown/Castlemaine's Minors took on Glenflesk on Saturday afternoon at the Paddy Burke Memorial Park, Milltown in Round 4 of the Keane's Supervalu County Minor Football League. Unfortunately the East Kerry side proved to be too strong on this occasion as our lads went down on a final score of 1-12 to 0-08. Round 5 takes place this weekend when Milltown/Castlemaine host Kilcummin on Saturday, March 16th at the Paddy Burke Memorial Park, Milltown. Throw-in is down for 3:00pm. All support is welcome as always for the lads.

#### CONGRATULATIONS: ALL-IRELAND WINNING COACH - CORMAC LEANE

Massive congratulations to Tarbert Comprehensive and in particular to Milltown/ Castlemaine's Senior Goalkeeper Cormac Leane (Part of the Management Team) who were crowned Masita All-Ireland Post Primary Dr. Eamonn O'Sullivan Cup Champions on Saturday afternoon following a 3-19 to 4-13 victory over St Malachy's Castlewellan in Carlow. Well done lads and enjoy the celebrations!

# ST. PATRICK'S DAY PARADES: CLUB PARTICIPATION

Milltown/Castlemaine GAA Club will be taking part in the Milltown and Castlemaine St. Patrick's Day Parades on Sunday, March 17th 2024.

The Milltown Parade will take place at 10:00am. Club members interested in partaking are asked to assemble from 9:30am at The Mart Car Park with club colours and plenty of green!

The Castlemaine Parade will take place at 11:15am. Club members interested in partaking are asked to assemble from 10:45am at Flynn's Yard.

We encourage all our players to walk behind

the club banner in the parades, and why not encourage them to bring a ball to show off their fantastic skills. We would love as many coaches and parents as possible to walk with their teams as well. We can't wait to see you all there. Wear as much Green & White as you can and most importantly plan to make as much noise as possible!

#### CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 1 FIXTURES CONFIRMED (COMMENCING MARCH 23RD/24TH 2024) Round 1 - Glenflesk (Home)

Round 2 - Ballymacelligott (Away) Round 3 - Laune Rangers (Home) Round 4 - Kerins O'Rahillys (Away) Round 5 - Killarney Legion (Home) Round 6 - Kilcummin (Away) Round 7 - Rathmore (Away) Round 7 - Rathmore (Away) Round 8 - Spa Killarney (Home) Round 9 - Dingle (Away) Round 10 - Dr. Crokes (Home) Round 10 - Dr. Crokes (Home) Round 11 - An Ghaeltacht (Away) Round 11 is currently scheduled to take place on Saturday, March 23rd against Glenflesk at the

Paddy Burke Memorial Park, Milltown with a throw-in time of 2:00pm. CREDIT UNION COUNTY SENIOR

#### FOOTBALL LEAGUE: DIVISION 6B FIXTURES CONFIRMED (COMMENCING MARCH 23RD/24TH 2024)

Round 1 - Dr. Crokes 'C' (Home)

- Round 2 Beaufort 'B' (Away)
- Round 3 Kenmare Shamrocks 'B' (Home)
- Round 4 St. Michaels/Foilmore 'B' (Away)
- Round 5 John Mitchels 'B' (Away)
- Round 6 Spa Killarney 'B' (Home)
- Round 7 Ballymacelligott 'B' (Away)

Round 1 is confirmed to take place on Sunday, March 24th against Dr. Crokes 'C' at the Paddy Burke Memorial Park, Milltown with a throw-in time of 11:30am.

#### COUNTY SENIOR DEVELOPMENT LEAGUE: GROUPS CONFIRMED (COMMENCING 16TH MARCH 2024)

Group 1: Austin Stacks 'C' Beaufort 'C' Fossa 'C' Laune Rangers 'C' Milltown/Castlemaine 'C' Rathmore 'C'

Round 1 will see Milltown/Castlemaine 'C' host Beaufort 'C' on Saturday, March 16th at 1:00pm in the Paddy Burke Memorial Park, Milltown.

#### ITEMS FOR THE CLUB NOTES

If you have any items for inclusion in the weekly notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on Sundays.

#### **TEAM ENQUIRIES**

If you want to join your local club, one of the fastest growing clubs in the county, please contact lan Twiss on 087 252 1053.

#### **GENERAL ENQUIRIES**

For any other queries, please send an email to our Secretary or Chairperson at the following addresses:

secretary.milltowncastlemaine.kerry@gaa.ie or chairperson.milltowncastlemaine.kerry@gaa.ie For emergencies, please call 087 409 3530 (Club Mobile Phone).

# Huge Turnout for the Barraduff Tractor Run

#### **PHOTOS: SEAMUS HEALY**



There was a great turnout for the Barraduff Tractor Run in Aid of KerryCork Link Bus & Recovery Haven Trale



Cllr Nial Kelliher with his son Conlaoch



Rita and Danielle Fitzpatrick



Jack O Leary with Bobby and Michael Collins at the Barraduff Tractor Run in Aid of KerryCork Link Bus & Recovery Haven Tralee.



Jamie Moynihan on his Ford 3000



Maura and Danny Healy Rae at the Barraduff Tractor Run in Aid of KerryCork Link Bus & Recovery Haven Tralee.



Local man Jerry McCarthy at the Barraduff Tractor Run in Aid of KerryCork Link Bus & Recovery Haven Tralee.



Rachel O Connor and Sarah Sheehan



The Committee Marie O Sullivan,Kathleen Healy, Michelle O Sullivan and Maura O Sullivan at Barraduff Tractor Run in Aid of KerryCork Link Bus & Recovery Haven Tralee.



Michael Foley and Adam Warren at the Barraduff Tractor Run in Aid of KerryCork Link Bus & Recovery Haven Tralee.



Scott Kelliher enjoying the Barraduff Tractor Run in Aid of KerryCork Link Bus & Recovery Haven Tralee. 15.03.24 | 87



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# ROSES

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Floribunda roses: There are lots of good reasons to plant a floribunda rose even though the blooms lack the size and fragrance of the hybrid rose. The advantages of the floribundas would be the continuity of its flowering. Most floribunda roses will flower from early summer till late autumn and the flowers usually provide a much larger splash of colour than the hybrid tea rose.

Planting roses: When planting a rose, the most important thing to do is prepare the soil well as all roses are very hungry plants. Incorporate a lot of well rotted farm yard manure "horse manure' if possible before planting. When your roses are planted make sure you firm them in well with your heel as this will avoid any root disturbance later.

Pruning your roses: In early spring, cut out any old wood and any stems which are damaged. The pruned surface should be white if it is brown, prune back futher. Remove any stems which rub against another so you will end up with an open centre. You can now prune about a third of the stems that are left. In the autumn you can remove dead flowers and tidy up the rose. Make sure to feed your roses throughout the growing season.

#### JOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



# **ANY NEWS?**

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## **TRADES**<sup>&</sup>SERVICES



# A Word of Victory

Welcome back dear student, they say that there's safety in numbers. It's a military term referencing the value of a bigger army to achieve gains. A huge army of Irish people spoke 'NO' last Friday and it was wonderful to behold. Our politicians have gotten it very, very wrong, all of them. Only a lone voice or two in the Dáil said NO loud enough to be heard. Others will come out afterwards trying to save their bacon for the next election, but people will remember all this nonsense. "For the creation waits with eager longing for the revealing of the sons of God" (Romans 8:19 ESV). It's time to see godly people arise - with morals that won't be compromised by greed, or by bully boy tactics as we have witnessed. Our nation has been sold out over the years in return for EU and WEF dirty money - they have captured people's hearts with grants for this and that - not for our best interests, but to buy power and long-term dominance. Our fishing industry was sold out, and now they are trying to ruin our farming industry. We see hardworking families being harassed and hunted out of their homes by corrupt bankers and vulture funds, with no mercy from those who lured them into their mortgage mess. We need a new breed of politician - men and women of courage and moral conviction, who are not influenced by lust for gain, or by the fear of man. No more 'yes men'. Ireland was in a precarious place last Friday, brinking on going down the swanny, but the people of Ireland stood up and said 'enough' - Bravo! This battle to bring back good governance must continue with the immediate halt of the ridiculous Hate Speech campaign. It's time for a national revolution - a peaceful one - to prioritise common sense by uncorrupted political voices who will not give in and just go with trending fanciful notions.

It's been a poignant week considering the push to remove Mothers was defeated on Mother's Day weekend. The people of Ireland said, 'leave our Mother's, Carers, and family unit alone'! Everything in life stems from relationship, family, and legacy. This week we are celebrating St Patrick for bringing the Gospel of Jesus Christ to our nation at a great cost to himself. Patrick didn't have the privilege of eating green ice cream, he was a slave with no prospects - yet through the trials he never gave up, and God delivered and honoured him. His call to share the 'Good News' took precedence over his own desires. Talking about safety in numbers, Patrick faced the task God gave him to minister here all alone, but he wasn't alone, for the Lord was with him. You may be battling fear or sickness, loneliness, financial or relationship problems dear friend - it may feel like you are isolated in a hopeless place (Psalm 56). But that's not the Truth. God loves you, and He is always with you - He promised never to leave you or forsake you (Hebrews 13:5-6). He is Faithful and He will bring you out (Psalm 62:7). Patrick wrote of his relationship with the Holy Spirit Who helped him endure and overcome (John 14:26-27). The legacy of Patrick's message of Living Hope is still shining Light throughout Ireland, and across the world (1 Peter 1:3). The people of Ireland are beacons of the Light, Love and Joy of the Lord Jesus Christ the world over, so may we arise and shine in faith and courage in this turbulent season in Jesus' Name (Isaiah 60:1-5). Lá Fhéile Pádraig Sona Duit!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter -@WOVKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797

THE ANNUAL COLLECTION FOR EMIGRANT SERVICES will take place on Sat & Sun March 16th/17th this year. The funds raised in churches all over Ireland allows the Irish Church to offer essential support to those organisations providing pastoral, practical outreach to the most marginalised and vulnerable groups of Irish people living abroad, many of whom are living lives of quiet desperation.

#### **KILLARNEY PARISH OFFERING ENVELOPES**

Thanks to all who helped distribute the Parish Offering Envelopes around the parish recently. If you currently do not use an envelope or are new to the Parish and would like to have a box of envelopes, please contact the Parish Office and we'll organise that for you. Many thanks for your continued support.

**CONGRATULATIONS TO THE CHILDREN OF OUR PARISH** who celebrated the Sacrament of Confirmation with Bishop Ray on Friday last. We pray God's blessing on them, their families and their sponsors. Thanks to all in our schools, Churches and music ministry for all they did for the celebrations to have been as lovely as they were.

**SHEP CARING FOR OUR WELLBEING COURSE** which is being offered in Killarney starting on Tuesday 19th March 7.30 –10pm and running for 8 weeks. This is a short course which uses an experiential group work approach and will take your needs in account. Contact Deirdre on 087-7728089 or deirdre.osullivan@ socialandhealth.com for more information or to book a place. The course is FREE supported by SHEP.

#### FATIMA KERRY DIOCESAN PILGRIMAGE

Guided Tour Led by Fr Noel Spring (Castletownbere), 4\* Hotel Fatima, Half Board, 10th—15th of May €979pp. For further information contact Maureen Harty 066 7131328, Barter's Travelnet: 021 4851700 or kcallaghan

# LOUGHQUITTANE N.S. EASTER FAMILY WALK AND BAKE SALE

Sunday 24th March. Gathering from 10.45am at the School House at Muckross Traditional Farms. Walk starting at 11am sharp. All welcome on the day. If not walking, also very welcome to visit us in the Schoolhouse for refreshments and a home baked treat from 11am

**40 HOUR ADORATION FOR VOCATIONS AND PRIESTHOOD** In St Brigid's Chapel, Church of the Resurrection Killarney. Commencing Thursday at 5pm. 21st March and finishing with 9.30 Holy Mass on the Saturday. All parish groups and individuals invited to sign up to cover the hours. Contact number to register 0876884124

# VOLUNTEER TO HELP PEOPLE WITH CF CYSTIC FIBROSIS

**IRELAND** are looking for volunteers to help on 65 Roses Day Friday 12th April. We need volunteers to sit at a table and give a purple rose to people who make a donation in Killarney Outlet Centre for a few hours. Please contact us at fundraising@cfireland.ie or 01 496 2433, if you can help. Your support would help fund services for people with CF in your area!

**BINGO** at St. Mary's Parish Hall, will be held on Thursdays@ 8.30pm

# IN MEMORIAM

THE KILLARNEY OUTLOOK Please email details to: graphicdesign@outlookmags.com and the verse and photo you would like to include.

If it is a repeat anniversary we will have your photo and verse on file, just call Ria on: 087 7160372

Please include a contact name, address and telephone number.

Full Column: €20 2/3 Column: €15 1/3 Column: €10 Prayers: €10 each

payment can be made via credit card by calling **1800 71 40 40** 

## CHRISTIAN MEETINGS worship, bible

STUDY, PRAYER.

In Fossa Community Hall Fossa, Killarney.V93 FC9F

> SUNDAYS 11.30am to 12.45 pm.

www.killarneychristiangroup.ie G Contact Diarmuid on: 087- 6741190



# NOVENA TO ST. CLAIRE

Ask St. Claire for three favours, one business, two impossible and say nine Hail Mary's for nine days with lighted candle. Pray whether you believe or not. Publish on ninth day. Powerful novena.

May the Sacred Heart of Jesus be praised, adored, glorified and loved today and every day throughout the whole world forever. Amen Say six times daily for nine days. Your request will be granted no matter how difficult it may seem. Favour publication must be promised. ANNIVERSARY

IN LOVING MEMORY OF DONAL MULCAHY



ARD MHUIRE, RATHMORE WHO DIED ON St. Patrick's Day, 2012 Rest In Peace

No length of time can take away Thoughts of you, from day to day Though absent, you are always near Still loved, still missed, still very dear.

Sadly missed by Nellie and all the family

# NOVENA TO Saint thérèse

O Little Therese of the Child Jesus Please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favors I now place with confidence in you hands (mention your special prayer request here )

St. Therese, help me to always believe as you did, in God's great love for me, so that I may imitate your "Little Way" each day.

М

# NOVENA TO ST. JUDE

Most holy Apostle, St. Jude, faithful servant and friend of Jesus, the Church honors and invokes you universally, as the patron of difficult cases, of things almost despaired

of, Pray for me, I am so helpless and alone. Intercede with God for me that He bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need that I may receive the consolation

and help of heaven in all my necessities, tribulations, and sufferings, particularly

(Mention your request here...)

And that I may praise God with you and all the saints forever. I promise, O Blessed St. Jude, to be ever mindful of this great favor granted me by God and to always honor you as my special and powerful patron, and to gratefully encourage devotion to you. Amen

M.B.

#### ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF BREDA WALSHE



BRIDGEFIELD, KILLARNEY. WHO PASSED AWAY ON 20TH MARCH 2023.

As we lovingly remember Breda on her first anniversary, her husband Enda, daughters Rebecca and Amy and the Walshe and Morrissey families, wish to express our heartfelt thanks and appreciation to everyone who supported and sympathised with us on her sad and sudden passing.

We would like to thank the Killarney First Responder group, the Paramedics and the doctors, nurses and staff of University Hospital Kerry for the care and efforts they put into helping Breda. A special mention to our neighbour Blaithin who went above and beyond in her assistance.

We wish to express our sincere gratitude to all those who called to the house, brought food and to everyone who travelled far and near to Breda's removal and requiem mass.

Thanks to everyone who sent Mass Cards, messages, RIP.i.e. condolences and letters of sympathy.

Sincere thanks to her second family in the Presbytery, her cherished workmates Sheila, Brendan and Tadghie, Fr Kieran O Brien, Bishop Ray Browne, Fr Sean Jones, Fr Joe Begley, Fr Jim Linehan, Fr Niall Howard, Fr Paddy O Donoghue and Fr Mark Moriarty. Also to the priests of the other parishes that Breda befriended and who all came together to celebrate a very dignified ceremony, befitting of Breda. Also to Sharon and Anita for their beautiful singing and music at the requiem Mass. Sincere thanks to Mike & Mary O' Shea and staff of O'Shea's funeral home for their kindness, efficiency and professionalism. Thanks to the staff of the Island Crematorium for facilitating the lovely send off for Breda. To Don, Gobnait and the staff at the Mills Inn in Ballyvourney for providing us with a lovely meal on the day of the funeral.

A big thank you to our neighbours in Bridgefield for their kindness and support in arranging parking, helping to cater for the many visitors to our home, over a very difficult few days. This support is ongoing and please know that it is deeply appreciated.

To Sean, Marie and the staff of Murphy's Bar in College Street where Breda enjoyed her part time role immensely. Thank you for your guard of honour and your support ever since. Also thanks to the students and staff of St Brigid's Secondary School for your guard of honour.

To the members of Killarney Legion GAA Club for your guard of honour and support, and St Pauls Basketball Club for your support during and since Bredas' passing. Also sincere thanks to all those who donated so generously to the Kerry Hospice Foundation.

As it would not be possible to thank everyone individually, please accept this acknowledgement as an expression of our deepest gratitude.

# The holy sacrifice of the Mass has been offered for your intentions.

"We hold you close within our hearts, And there you shall remain. To walk with us throughout our lives Until we meet again. So rest in peace dear loved one, And thanks for all you've done. We pray that God has given you The crown you've truly won."

ANNNIVERSARY MASS The first anniversary Mass for Breda will be held on Friday March 22nd at 6.15pm in St Mary's Cathedral, Killarney.

# JESUS

May your Sacred Heart Lord Jesus, be praised, glorified and honouredthroughout the whole world now and forever. Repeat this 3 times.

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