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Members of Killarney Valley Classic Vintage Club pictured at the picturesque viewing point in Aghadoe on their recent Tractor Run.

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THIS WEEK

14:04:23

COMMUNITY RALLIES AROUND DAVID See Page 4

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### FROM THE EDITOR

It's been a week of four seasons, weather wise and a busy one in the town of Killarney. The community of Rathmore and surrounding areas are rallying around one of their own, the Lions Club have launched their Charity Golf Day in Killarney and there was a fantastic turn out for all the Hospice Walks.

Aisling Crosbie.

Kerry is set to welcome the Vicky Phelan Exhibition, fire fighter training has taken place in the National Park and a Gala Concert is taking place in The Church of the Ressurection.

Members of Killarney Rugby Club have won a prestigious tournament in Florida, there was egg-citing times at Killarney Outlet Centre and a new helpline is being launched to help Ukrainian people.

Workmen Ladies have competed in the International Sprint Regatta in Ghent, Camogie Club was represented in Mallow and Kerry Senior Footballers are preparing for their first Championship game.

Tomorrow, Saturday 15th April is the annual KWD County Clean Up Day and everyone is encouraged to get involved and support this fantastic initiative.

### HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE T: 0818 222 024

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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#### NEWS

## COMMUNITY RALLIES AROUND DAVID

he community of Rathmore and beyond has rallied around one of their own following the setting up of a gofundme.

David Saunders, (40) is facing a mammoth battle against cancer following his third diagnosis with advanced sarcoma, and is appealing for help in the fight.

A former pupil of Meentogues National School and

Scoil Phobail Sliabh Luachra, David is originally from Rathmore but is now living in Cork with his wife Anne

. . . . . . . . . . . . . . . . . .

Marie, who is from Castleisland, and their two children, Jack (4) and Aoibhín (2)

This is David's third battle with cancer, having overcome it twice as a child. Those battles resulted in him losing his leg but his positivity never waned and ultimately he came out on top, living cancer free for 26 years. "I've achieved a lot during this time, qualifying and working as a primary school teacher and representing Ireland in Amputee Football to name but a few", David said.

David was one of the first players to sign for the club's amputee team when it was launched in 2017 and has represented Ireland on 38 occasions.

"I have always felt grateful to have overcome my illness and did my utmost to give back in any way that I could. This included my work as a teacher as well as giving motivational talks at events, telling my story in



David Saunders pictured with his wife Anne Marie and children Jack (4) and Aoibhín (2).

the hope it may inspire others with their own journey", David said. Unfortunately, having been diagnosed with advanced sarcoma, this time around David's prognosis is a lot bleaker.

"While I will continue to fight for every moment I get to spend with my precious young family, I have to face the reality that my time with them is limited. Naturally, as a husband and father, I want to do my utmost to ensure my young family are provided for when I'm no longer here and with that in mind I'm asking for your help", David said.

Any donation, big or small, would be greatly appreciated and help reduce the financial toll that cancer leaves behind.

To date almost €130,000 of a €30,000 goal has been raised.

You can donate at: https://gofund.me/51d7f9d8

## LIONS CLUB CHARITY TEE OFF FOR TWO LOCAL ORGANISATIONS

Kerry Mountain Rescue Team and Kerry Cancer Support Group are Breda Dyland, Kerry Cancer Support Group, said "We are always amazed by people's support for our organisation. We are delighted to be day. The event, which is one of the longest running charity golf day in Killarney, will take place at O'Mahony's Point golf course on Friday 12th May.



According to Denis Doolan, President of Killarney Lions Club, "The work that Kerry Cancer Support Group and Kerry Mountain Rescue do is hugely important to our local community, which is why we want to support these two great organisations. I'm certain it will be a great day of golf with many fantastic prizes to be won, so I would encourage anyone who enjoys the game to get in touch with us and enter a team".

The entry fee for a team of four is  $\in$  320, which includes food and beverages, and tee box sponsorship is €50. Anyone who is interested in taking part or sponsoring a tee box can contact killarneylionsclub@gmail. com for further information.

The Killarney Lions club, through its members, assists various groups and individuals in and around the community. Lions do this through voluntary activities, fundraising and by holding various types of events in support of a great many local causes.



Pictured at the launch of Killarney Lions Club's 2023 Charity Golf Day were (I to r): John Fuller (Killarney Lions Club), Maurice Laide and Breda Dyland (Kerry Cancer Support Group), Jason Higgins and Ronan Doyle (Killarney Lions Club), Mick Long and Brendan Coffey (Kerry Mountain Rescue)



#### NEWS

The Killarney Branch of Kerry Hospice Foundation held their popular annual fundraising walk in memory of the late Vivien O' Shea and Sheila McGillycuddy on Good Friday 7th April.

There was a great turnout for the walk which was officially opened by the Hospice Ambassador, Irish Athlete Sarah Leahy.

"We had a perfect day for the walk and were delighted with the turnout", Cathal Walshe told Killarney Outlook.

Kerry Hospice Foundation is a voluntary organisation dedicated to providing palliative care services to people with life limiting illnesses. This care, which is free of charge, is provided at our 15 bed inpatient unit and Palliative Day Care Unit at University Hospital Kerry and, also, through the home nursing scheme. Presently it costs in excess of €10,000 a week to fund our services. The people of Kerry have been very generous supporters and the magnificent facilities now available at University Hospital Kerry are testament to their generosity. The ongoing support of the people of Kerry is vital in maintaining these facilities. As our late departed County Fundraising Chairman, Ted Moynihan used to say: "You may never need the hospice, but the hospice needs you."

## GREAT TURNOUT FOR THE HOSPICE WALK









Cathal Walshe pictured with supporters of the Kerry Hospice





Volunteers pictured at the Garden Restaurant in Muckross House at the beginning of the Hospice Walk.





## TRAINING TO PREVENT FUTURE WILDFIRES IN KILLARNEY NATIONAL PARK

As part of the action plan to prevent future wildfires in Killarney National Park. Staff within Killarney National Park began training this week with a specialist UK company led by Rob Gazzard, (right). The National Parks and Wildlife Service (NPWS) has purchased vehicles fitted with water pumps, and with the latest technology including thermal surveillance, drone operator and helicopter on standby, it will ensure that the response from emergency crews is immediate. Photo: Valerie O'Sullivan

As part of the action plan to prevent future wildfires in Killarney National Park. Staff within Killarney National Park began training this week with a specialist UK company led by Rob Gazzard.

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Regional Manager of the National Parks and Wildlife Service (NPWS) Southern Division, Eamonn Meskell, says "We are liaising with four international groups on best practices, early smoke and fire detection appliances capable of spotting a fire outbreak, will ensure our staff and Kerry County Council Fire Services will be able to respond and prevent a repeat of the 2021 devastation in the Park, when

over 2,500 hectares were destroyed." NPWS management and staff meet regularly with the fire services and a detailed safety plan of the park is ready.

"A helicopter company is on retainer, in the event of another fire, it will carry specialised Bambi buckets, capable of delivering water for aerial firefighting "Eamonn said.

There were 1.7m visitors to Killarney National Park in 2022, with 306,000 visiting Killarney House and Gardens, 106,000 of whom were cyclists.

It also has the most extensive covering of native forest remaining in Ireland. The park is of high ecological value because of the quality, diversity, and extensiveness of many of its habitats and the wide variety of species that they accommodate. The park was designated a UNESCO Biosphere Reserve in 1982.The park-forms part of a Special Area of Conservation.







## BUSY TIMES AT THE VINTAGE CLUB

t's been busy times at Killarney Valley Classic Vintage Club over the past two weeks.

The club held their first tractor run of 2023 travelling Aghadoe, Listry and Beaufort before finishing for lunch at Kate Kearney Cottage on the 2nd of April and they were thrilled with the huge turn out of 30 tractors.

Last Sunday, April 10th the group

held a car run going through Molls Gap to Sneem and the onto to Kenmare and Kilgarvan.

"Again a massive turn out of almost 50 cars and lots of new people joining in", Tom Leslie from the club told Killarney Outlook. Both these runs were generously supported by donations on the day which is in aid of Kerry Mental Health association.

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Soprano Sharon Lyons, performing with members of Kerry Scotia Ensemble, Stephen O'Halloran, Dovile Baltoniene and Lucy White. Photo: Valerie O'Sullivan (File photo)

A gala charity concert of popular music for choir and orchestra in Aid of Kerry Hospice Foundation will take place on Sunday the 23rd of April at 7pm in the Church of the Resurrection, Park Road, Killarney. The concert directed by Dr. Sharon Lyons will present an evening of popular music songs accompanied by musicians from Kerry Scotia Ensemble. Songs will include Dream a little Dream, A Thousand Years, Over the Rainbow, Never walk Alone and many more. Tickets for the concert are priced at €15 available at the door on the night or in advance at Eventbrite on line.

The concert and the raffle are in aid of Kerry Hospice Foundation, which is a voluntary organisation to help provide funding and support for palliative care services in Kerry. The mission of the Kerry Hospice Foundation is to help fund, in partnership with the HSE, the provision of Specialist Palliative Care Services which support patients who are living with an advancing illness In Kerry.

The Director of this concert, Dr Sharon Lyons, is an internationally



renowned and award winning soprano has performed on national and international stages as both a soloist and ensemble member. Performances also include appearances at the NCH, on national television, on many RTÉ religious affairs programmes, singing for Pope Francis, for state events such as the annual 1916 Remembrance Service and funeral of former President Patrick Hillery.

Kerry Scotia Ensemble is Kerry's only professional string orchestra and was set up in 2016 with the

assistance of an Arts Act Grant from Kerry County Council. The orchestra has received multiple awards of local and national grants and is a solid fixture of the classical music scene in Kerry having partnered with multiple performers across a range of genres over the years.

Patrons by attending will be supporting the wonderful charity Kerry

Hospice Foundation and the special care given to those in Palliative Care Services. So make a note of date and time Sunday 23rd April , 7pm to 9pm in the Church of the Resurrection Park Road, Killarney.







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Anne Lucey looks at the positive news happening in the town of Killarney

#### ESCAPE THE RAT RACE TO REMOTEST SOUTH KERRY: Staff recruitment posing challenges

A bit like the now annual Blasket Island caretaker drive, a hotel in south Kerry is promoting its remote location in an effort to attract staff.

The recent IHF hoteliers conference at the Great Southern Killarney heard how staff recruitment is one of the biggest challenges facing all hotels, and it is across the districts, city and rural.

Cable O'Leary's Hotel in picturesque Ballinskelligs, on the wild Atlantic Way along the most southern tip of County Kerry says working with there will allow chefs, bar staff and waiting staff to escape 'the rat race'.

Called after its role in the laying of the transatlantic cable in the 1870s in south Kerry, the ten bedroom hotel is recruiting for a number of roles, including chef, senior bar staff and serving staff.

It is also offering 'more than the going rate in the sector' and this includes the offer of free accommodation to successful applicants.

Cable O'Leary's is named after a famous Ballinskelligs man, Donnacha O'Leary During the laying of the huge rubber bound copper transatlantic cable a coil of it fell into deep water. Donncha O'Leary pulled it out of the water was given a gold coin afterwards the family were known as the "Cable O'Learys".

At the IHF conference recently, I picked up a hotel and catering salary guide handed out by Excel Recruitment and it listed salary scales. The average salary for a sous chef was  $\notin$ 47,000 and the head pastry chef average was  $\notin$ 44,000. A Spa therapist could earn on average  $\notin$ 32,000 and bar staff  $\notin$ 30,000. Managerial positions in hotels averaged between  $\notin$ 35,000 and  $\notin$ 50,000 while a general manager could expect  $\notin$ 90,000 plus bonuses.

Covid had changed attitudes to work and the importance of work life balance and the significance of feeling valued was now paramount, Excel advised the hospitality industry. But the majority of hospitality job applications now were coming from outside the EU, it also noted. Question is where are we going to find housing for these people?





#### FUTURE OF ST FINAN'S PROVOKES DEBATE

There is a lot of talk about the future of this Victorian pile, dismal and otherwise since it was aired in last week's column and the motion has yet to be moved at the council meeting. So to say delisting the building is topical is an understatement. (Meanwhile, just up the road in Ballyvourney something is finally being done with Coláiste losagáin thanks to massive State agency intervention and money). The future of the abandoned asylum building is important to the whole town: St Finan's overlooks Killarney in more ways than one. Some are of the view it overshadows it. Not just in architecture but in its sad history. I had a look at a really good piece of work, a thesis, by Patricia O'Sullivan as part of her MA in 2017. It's available on line About – St Finan's Hospital, Killarney (stfinanshospital.com). It focuses on the period up to the 1930s. All kinds of mania figured in the diagnoses including adolescence and senile varieties and then you could be admitted too for masturbation as well as for reproductive issues. Shellshock featured along with the old faithful alcohol abuse. You could be put in for worry and for anxiety. The majority of patients were single male labourers followed by farmers. Married women were more likely to be admitted than married men!

We had the highest numbers locked away worldwide in Ireland.

(This was the era before drugs and 'the keepers'later called psychiatric nurses - had to be tall and strong and well fed to administer the restraints and keep patients in.The 60s and onwards led to great strides in diagnoses and drug and other therapies). The thesis touches on the pre

1930s environment with some evocative photos of 'an abandoned asylum'. The name changes are documented from lunatic asylum to mental hospital with St Finan's a fairly recent graduation in the 160 year history of the building. By the way, the largest cohort were local, from Killarney and the wider Killarney area. So is it any wonder we are all afraid to let the hair down too much in this town, for fear of being put in! I have often thought it

would make a great study: the effect of being overshadowed by a large mental hospital on the local population. An idea for a follow up thesis, perhaps.

#### VICKY TO BE HONOURED IN KERRY

There is to be a poignant event next week in Tralee: Recovery Haven Kerry has been invited to be the host organisation for the Kerry leg of the nationwide Vicky Phelan Campaign & Portrait Tour this month, part of an awareness raising campaign in relation to cervical cancer and to bring Vicky's story to as wide an audience as possible.

A portrait is being unveiled before invited guests on Friday 21st April at The Sólás Building, MTU Kerry North Campus, Tralee for invited guests, and a panel discussion will take place featuring a number of prominent advocates and campaigners.

It is great that Vicky and other women are being honoured in Kerry at long last. We also have a move by female councillors to recognise the women who took part in the various wars.

In Killarney town at long last and with the persistence of then mayor Marie Moloney, it has to be said, we had two women - Hannah Carey and French resistance leader and teacher Janie McCarthy from New Street honoured in 2022. As town manager Angela McAllen so eloquently put it at the unveiling of the McCarthy plaque in June, we need women role models for our girls going forward to inspire them and reassure them gender is 'no longer an obstacle'.

We also need to remember not just victimhood but gender wide achievement - it is high time in Killarney we had a monument to the gender that more than any built our great tourist industry. A waitress in Edwardian uniform holding a tray and striding out from the Market Cross rather like the Monsignor might be ideal alongside the stags and the eagles and the priest, the musician and the gunman monuments.



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## **MEMBERS OF KILLARNEY RFC WIN** prestigious Tropical 7s Girls Rugby Tournament

Several rugby players from Killarney RFC joined up with the US based Hawkeyes teams last weekend in Tampa Florida to play in the Tropical 7s rugby 7s tournament. Played in the searing Florida heat the players acquitted themselves very well in the international tournament.

Beaufort girl Clodagh Foley played in the u18s competition who won the plate and Listrys Emjay Leslie and Beaufort boy Luke O Malley played in the u14s boys competition.

Fia Whelan and Ava O Malley played in the u16s girl's competition which was coached by Dlarmuid O' Malley and Josh Whelan and managed to win the tournament outright, playing some exceptional rugby in the process. The team was made up from girls from Fiji, USA and Samoa. Coach O Malley added "what was SO

interesting about this group is that the girls just met for trials on the Wednesday pre the tournament and gelled immediately, the standard of rugby they played was off the charts but more important they all learned so much from the experience and have now formed a friendships which will last a lifetime"

We would like to thank a some local businesses who were very supportive of our trip and went out of there way to support the local rugby players, namely: Killarney Brewery,

Tim Jones Butchers; Twenty Cafe; Cromane Foot Clinic; Heavenly Touch Therapies; Jacks Restaurant Cromane; Four Star Pizza; Kerry Woolen Mills; Great Southern Hotel; Plaza Hotel, Café du Parc; Yogabyjo; Alan Devane Fitness; Aghadoe Heights Hotel; Milltown Dental Practice; Meadowlands Hotel Tralee; Be Pro Therapy







## COVID-19 vaccine clinics open for all ages in Kerry

**Cork Kerry Community Healthcare is running COVID-19 vaccine clinics for all adults and children over the age of six months.** If anyone is unsure of their vaccine status, you can check by contacting HSELive on 1800 700 700.

Dr Anne Sheahan, Area Director of Public Health for Cork and Kerry says: "It's important not to get complacent when it comes to COVID-19. Whether you are due a booster or wish to get your child vaccinated, please come along to a clinic near you. It is a very safe vaccine and will offer added protection; particularly if you, or your child, has an underlying condition."

**COVID-19 vaccination appointments will be available at the following clinic in Kerry:** NortKerry Vaccination Centre, Borg Warner, Monavalley, Tralee, Co. Kerry, V92 HT21

Saturday, 15th April: 9:15am-1:15pm and 2pm-3pm (12+)

Saturday, 15th April: 3pm-3:30pm (6 months – 4 years)



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#### NEWS

## VICKY PHELAN PORTRAIT TOUR COMES TO KERRY

#### Recovery Haven Kerry have been Chosen to host the Vicky Phelan Campaign and Portrait Tour on April 21 & 22.

As part of the weekend's programme, the stunning portrait will be open for public viewing at the Sólás Centre, MTU Kerry North Campus, Tralee on Saturday, April 22 from 10.30 am -1pm. David Brennan, lifetime friend of Vicky, will be present to unveil the portrait at 11am sharp, followed by public viewing until 1pm.

Painted by artist Vincent Devine, the vision for the portrait is to continue Vicky's legacy and educate people about cervical cancer. This is the first time the portrait has been exhibited in Kerry and has been very kindly supported by MTU Kerry and Tralee Chamber Alliance.

Vicky is best known for her emotionally charged statement from the steps of the Four Courts in April 2018 when she unearthed one of the biggest medical and political scandal of our times.

Vicky along with 220 other women with cervical cancer were not informed that a clinical audit – carried out by the national screening programme CervicalCheck – had revised their earlier, negative smear test. In many cases, their cancer could have possibly been prevented.

Following a long battle with the illness, Vicky passed away peacefully at The Millford Hospice in Limerick on November 14th 2022.

Everyone is welcome to come along to the the Sólás Centre, MTU Kerry North Campus on Saturday, April 22 from 10.30am to view this stunning piece for yourself.



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## VICKY PHELAN CAMPAIGN & PORTRAIT EXHIBITION

SATURDAY, APRIL 22ND 10.30AM - 1PM SÓLÁS BUILDING, MTU KERRY NORTH CAMPUS, TRALEE

\*Unveiling & Presentation by David Brennan at 11am sharp



Exhibition viewing will be open to the public & friends & supporters of Recovery Haven Kerry until 1pm

\*David Brennan, owner of the portrait and life-long friend of Vicky Phelan, will be in attendance.

This amazing portrait tells the story of Vicky's life in three panels. The theme of the tour is creating "Awareness & Change" which is the essence of Vicky's legacy and what she fought so hard for.

#### KILCUMMIN FOLK OUT IN FORCE TO SUPPORT THE HOSPICE WALK

The sun shone on the Hospice Walks across the county last weekend and in Kilcummin there was a fantastic turnout.

The organisers of the Kilcummin Hospice walk wish to thank all participants for your generous donations to this worthy cause. Many thanks to all those who helped with refreshments, baking, stewarding and recording. Over  $\in$ 2,963.45 was donated on the day. Those wishing to make a late donation may hand in your contribution to Kilcummin post office. All funds raised will be given to the Kerry Hospice Foundation





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Alison Pigott, Ava O Sullivan and Emma O Donoghue



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#### NEWS



Representing East Kerry: Glenflesk Ballad group L to R ; Anne Holland, East Scor Officer, Mairead Brosnan, Killarney Credit Union Muireann Healy, Cliona Moynihan, Patrick Mullane, Aoise O Donoghue, Abby Cronin, Gary O Halloran, East Kerry vice chairman.



Representing East Kerry in Set Dancing: Spa, East Kerry Board; Roisin O Sullivan, Isabele Waters, Grace O Connor, Aine O Sullivan, Cira O Donoghue, Dara Brosnan, Diarmuid o Donavan, Colm O Connor, Oisin O Sullivan

### SCOR CIARRAI

## **MUNSTER SCOR NA NOG FINALS THIS WEEKEND**

A huge occasion ahead for our Kerry competitors who qualified from the County Finals held in the Currow Community Hall recently and who will now be representing Coiste Scor Chiarrai at the Munster Finals of Scor Na nOg which will take place on this Saturday April 15th and the venue will be the Eire Og G A A Pavilion, Ovens County Cork with proceeding getting underway at 1pm. with the Quiz followed with the on stage discplines at 2-30pm;

The standard of performances at this level has been exceptional and is testimony to the vast amount of talented performers we have within the County; so all involved in all 8 discplines will fancy their chances of going forward.

No doubt Scor enthusiasts from all six Munster Counties will be travelling in huge numbers to the County Cork venue to cheer on their respective Clubs to further glory and with just one step away from competiting in an All Ireland Final; so those involved in all 8 discplines will all fancy their chances of going forward to the All Ireland Finals in the I N E C, Killarney on Saturday May 6th.

Glenflesk from the East Kerry Board will be our representatives at Solo Singing, Recitation and Ballad group along with the Spa Set Dancers. From the South of the County its Dromid Pearces in Figure Dancing and Novelty Act. North Kerry Hurling have Crotto O Neills through in Instrumental Music while in Trath Na gCeist Tralee Parnells from Tralee/St. Brendans Board completet the line up for the Provencial finals.

#### **FIGURE DANCING**

Dromid Pearses, South Kerry Board, Amy Ni Churrain, Brid Ni Churrain, Grace Ni Churrain, Siun Ni Churrain, Sarah Ni She, Tara Ni Suilleabhain, Saidbh Ni Ghadhra Ni Suilleabhain, , Regina Ni Suilleabhain, Mary Ann Ni Suilleabhain.

#### **SOLO SINGING**

East Kerry, Glenflesk, Noirin Healy

**RECITATION** East Kerry, Glenflesk, Abby Cronin

#### **BALLAD GROUP**

East Kerry, Glenflesk, Aoise O Donoghue, Muireann Healy, Abby Cronin, Cliona Moynihan, Sarah O Donoghue, Sub Patrick Mullane,

#### NOVELTY

South Kerry. Dromid, Amy Ni Churrain, Brid Ni Churrain, Daithi O She, Darragh O She, Rowhan Gadhra Suilleabhain, Mary Ann Ni Suilleabhain, Regina Ni Suilleabhain.

#### INSTRUMENTAL MUSIC

North Kerry Hurling, Crotto O Neills, Conor Breen, Thomas Breen, Sarah Murphy, Ellen Trant, Grace Hannon Linnane,

#### SET DANCING

Spa, East Kerry Board; Roisin O Sullivan, Representing East Kerry Isabele Waters, Grace O in Solo Singing: Noirin Connor, Aine O Sullivan, Healy, Glenflesk Cira O Donoghue, Dara Brosnan, Diarmuid o Donavan, Colm O Connor,

Oisin O Sullivan

#### QUIZ

Tralee Parnells. Tralee/St. Brendans Board. Donnacha Buttimer, Brian Reidy, Karl Cronin, Aoife Trant

# For everything there is a season...a time to plant...

Horticultural Supervisor, Gerry Murphy and Outdoor Staff - National Parks and Wildlife Services, Brendan O'Neill, Brendan Lynch and Michael Lynch, planting over 60 broadleaf trees at Knockreer Estate this week. A mixture of Yew, Alder, Ash, Birch, and Oak. It is part of the continuous regeneration of Killarney National Park. In October over 30,000 acorns were gathered by National Park and Wildlife Service Outdoor Staff from the ancient Derrycunnihy native Oak woodlands and Muckross Gardens. As Gerry Murphy says 'Sometimes nature needs our help from time to time'. Photo: Valerie O'Sullivan





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### **NEWS**

/illarney Camera Club's most recent Water/ Reflections themed competition attracted a fine assortment of creative entries.

"We had 28 images in total so well done to everyone, and especially to Katie Angland who won the Novice category with her serene photo of a Juvenile Herring Gull Gougane Barra in the early morning sunlight", Deirdre Donohoe, from the club told Killarney Outlook. In the Unrestricted category Keith Johnson won with his perfectly timed photo of a bird catching a fish.

#### Congratulations to both .

The top three in each category are as follows:-Novice category:

1st Place: Katie Angland, Gougane Barra Reflection

2nd Place: Trish Scully, Reflections at Dundag 3rd Place: Klaudia Topór, Water Reflection

#### **Unrestricted category:**

1st Place: Keith Johnson, Water Reflections 2nd Place: Conor Healy, The Jersey

3rd Place: Paul Garnett, Buttermere Reflections

Keith gave us the following insight into his winning image-

"I used my Canon 5D with a 200mm lens, a 5.6 aperture, 1250/ shutter speed and 400 iso. I was just about close enough to get the shot, and I probably spent over 2 hours waiting to get the bird in the frame. I first prefocused an area where I hoped the bird would be.I took numerous

## Gougane Barra Reflection seals it for Katie

quick shots in succession and this one worked best. I am happy with the result. It's sharp with a good reflection which was what I was aiming for." Well worth the wait Keith!

Our next presentation is online, on April 20th, on the Zoom platform by the landscape photographer Ruth Grindrod

Anyone interested in joining the camera club can email secretary@killarneycameraclub.ie

## **Clean Coasts' annual 'Love Your Coast'** photography competition opens submissions for its 14th year!

'lean Coasts' annual Love Your Coast photography competition has 🗄 officially opened for entries for its 14th edition.

The Love Your Coast competition asks for photographers to capture and celebrate the uniqueness of our coastal communities, environments, or waterways such as its stunning coastline, beautiful beaches, epic cliff faces, and raging rivers.

Ireland has some of the most spectacular coastlines in the world and Clean Coasts want to encourage people to get out their cameras this

REGISTRATIONS ARE OPEN FOR LOVE YOUR COAST PHOTOGRAPHY COMPETITION



summer as they explore the Irish coast and capture its beauty.

This year, the Clean Coasts programme is celebrating its 20th anniversary, and the Love Your Coast competition will be a chance to celebrate this achievement. For the past 20 years, Clean Coasts has been working with communities on the ground, to help foster pride in our coastline, supporting Clean Coasts communities, groups, and volunteers to tackle issues affecting their local area.

To mark the occasion, a new category has been added to the competition, "Protectors of the Coast" which will showcase what volunteering on the coast and community spirit is all about. Other changes to this year's competition are the reintroduction of the Underwater category, which was temporarily removed during Covid due to restrictions around diving. The competition's categories this year are:

Wildlife and Coast Coastal Landscape People and the Coast **Coastal Heritage** Underwater Protectors of the coast

Photographers have until 9 am on 28th August 2023 to submit their best images in one of five categories to be in with the chance to win a prize from a fund of €6,000 across all categories.

## FREE WEBINAR FOR PARENTS

Psychotherapist, Katie O'Donoghue Ais holding a free webinar for parents in collaboration with the ISPCC.

FREE webinar will This explore anxiety psychoeducation, utilising teaching and coping skills and creative therapeutic excercises inspired by Katie's first book, The Little Squirrel Who Worried'. Key takeaways from the webinar will include:

A better understanding of anxiety and how it

manifests in children An increased knowledge of coping skills to support the children in your life

A toolkit of resources

The webinar will take place on Tuesday 25th April 2023 from 7-8pm and you can register on the following link: https://events.teams.microsoft.com/ event/25dc9b47-cea6-4a27-85f7-6325c169e272@ bb926d5e-af5f-4830-b812-e4d184987285



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## DESIGNER MINDS SUMMER CAMPS CREATE 80 JOBS for STEAM and Art Leaders



Designer Minds Leader testing the LEGO Bridge with three boys at the camp.

Designer Minds, Ireland's leading provider of STEAM (Science, Technology, Engineering, Art and Maths) and Art summer camps for children aged 6 to 13, is hiring 80 summer camp leaders for its nationwide camps. The camps run from July to August in over 80 locations across the country and cover topics such as science experiments, robotics, coding, animation, graphic design, engineering challenges and art projects.

Designer Minds is looking for leaders who are studying or qualified in science, technology, teaching, engineering or art and who have a passion for inspiring young minds. The summer camp leaders will benefit from an engaging working environment, excellent pay, full training and support, and the opportunity to work with cuttingedge equipment and expertly crafted lesson plans. Designer Minds work with scientists, engineers, artists, and educators to develop their programme of activities, and offer a unique professional development opportunity for their camp leaders. Donal Lyne, Director of Designer Minds, said: "We are delighted to create 80 jobs for talented and enthusiastic STEAM and Art leaders who share our vision of giving children a brighter future, through an inspiring summer camp experience. Our summer camps are designed to be fun, hands-on and engaging, and we need the best talent to ensure the best camp experience for the children. Our leaders hugely influence the children by guiding them through our interactive games, experiments, challenges and activities. Leading a Designer Minds summer camp can be a truly rewarding experience!"

Designer Minds summer camps are now open for booking at https:// designerminds.ie/camps Spaces are limited and filling up fast, so parents are advised to book early to avoid disappointment.

For more information on how to apply for a summer camp leader position, visit https://designerminds. ie/work-with-us

## SCEILG MHICHÍL TO REOPEN for 2023 season on May 13

 $S_{\rm season}$  on Saturday, May 13th.

The Office of Public Works (OPW), which manages the UNESCO World Heritage site, stated that, as always, access will be dependent on favourable weather, sea and island conditions.

Mr. Patrick O'Donovan T.D., Minister of State with responsibility for the OPW said, "I am very pleased to announce the reopening to visitors of this unique world heritage site for the summer season."

"Sceilg Mhichíl is one of Ireland's most iconic heritage sites and plays an important role in the local tourism economy, which we are proud to support through this and other OPW sites in the county."

Referencing the site's participation in a global initiative to safeguard cultural landmarks from the effects of climate change, Minister O'Donovan said, "Sceilg Mhichíl is undoubtedly one of the most challenging sites in the care of the OPW.

Our team carries out tremendous work against the severe challenges of its location, isolation and unpredictable weather conditions to ensure safe access for visitors and the protection of the island's heritage."

Sceilg Mhichíl is one of ten sites worldwide participating in the Preserving Legacies: A Future For Our Past project.

The project will equip communities worldwide with the tools to accurately anticipate and assess worsening and future climate impacts on culture, and help them turn that scientific knowledge into action to safeguard sites.

The OPW, National Monuments Service (NMS) and National Park and Wildlife Service (NPWS) will develop the scientific knowledge and technical training of site management teams and the local community at Sceilg Mhichíl to develop place and people-based climate change adaptation plans for the islands. Minister O'Donovan added, "As custodians of this World Heritage property we in the OPW, alongside NMS and NPWS, are privileged to work with others around the globe in this important project, strengthening our engagement with the community of south Kerry in terms of the island's value and significance."

All prospective visitors are encouraged to view the Sceilg Mhichíl Safety Video prior to booking a visit to the island to get an idea of what to expect.

For example, a visit to the monastery on the island will entail a climb of 618 steps, ascending over 600 ft. (180 metres). It is a demanding climb and any person with health issues should consider carefully their own physical limitations before exploring this part of the site.

Advance booking is essential and details can be found at https:// heritageireland.ie/places-to-visit/Sceilg Mhichíl/



ADVERTISING

## Your Journey Home

### Join us in our Killarney branch on Saturday 22nd April 10am-2pm

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## -GG-citing times at The Killarney Outlet Centre

Photos: Eamonn Keogh

ET



Ruby, Ross, Catherine and Martin O'Sheawith the Easter Bunny at The Killarney Outlet Centre Family Fun Day on Easter Sunday.



Clodagh, Ryan and Reter McGarthy with the Easter Bunny at The Killarney Outlet Centre Family Fun Dayon Easter Sunday.



Melanie and Kyron Clancy with the Easter Bunnyat The Killarney Outlet Centre Family Fun Dayon Easter Sunday.

James and Patrice Davern with



Michaela and Eva Lynch and Patricia O'Brien with the Easter Bunny at The Killarney Outlet Centre Family Fun Day





Claire and Martin Stack in front with Darina Stack, Shay McDonnell, Grace and Maria Stack and the Easter Bunny at the Killarney Outlet Centre





Mary Anne, Lucy and Oscar Brosnan, Faha, enjoying the Family Fun Day at The Killarney Outlet Centre on Easter Sunday.

Emma, Fionn and Fiachra O'Doherty with the Easter Bunny at The Killarney Outlet Centre KILLAR Family Fun Day on Easter Sunday. OUTLET CEI



Ruby Mae and Evie Mangan and Kayleigh Cahill with the Easter Bunny at The Killarney Outlet Centre Family Fun Dayon EasterSunday.



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## **'CRITICAL' DOCTOR TAKES ON RING OF KERRY** FOR CHARITY

A Wicklow-based doctor will take on the Ring of Kerry Charity cycle this summer to raise funds for CRITICAL, the emergency medical response charity. Dr Mark Ruddy is the newest addition to the organisation's team of volunteer responders.

The charity that provided the Community Air Ambulance in the Southwest of Ireland delivers pre-hospital emergency care to critically ill and injured patients in their local communities. It now has volunteers in Mayo, Donegal, Dublin and Wicklow and will soon have volunteer doctors in Meath, Kildare, Waterford and North Cork.

CRITICAL has been chosen as one of the official beneficiaries for the 2023 Ring of Kerry Charity Cycle. The 170 km event takes place on Saturday, July 1st starting and ending in Killarney. Registration is now open and is limited to 8,000 participants. Cyclists are invited to select one of five charities to represent on the cycle.

Dr Mark Ruddy works as a GP in Arklow and has a strong background in pre-hospital emergency medicine. He qualified as a doctor in 2010 and has worked in Ireland, Australia, New Zealand and the UK. Dr Ruddy previously worked for the Royal Flying Doctors Service and LifeFlight in Australia as well as Essex & Herts Air Ambulance in the UK. He still travels

Dr Mark Ruddy, CRITICAL's newest volunteer who will be taking on the Ring of Kerry charity cycle this July in aid of the emergency medical response charity. Pic: Patrick Browne



to the UK and covers two or three shifts each month with Lincs and Notts Air Ambulance in Lincoln.

To register for the Ring of Kerry Charity Cycle in aid of CRITICAL visit: https://www.ringofkerrycycle.ie/our-charities/critical-emergency-medical-response/ The charity has also announced that anyone who registers to take part in the Ring of Kerry will be entered into a draw to win a one week cycling training camp in Lanzarote in January 2024 with a 7-night stay at La Santa Resort on the island included.

Any companies interested in registering a team of employees in the Ring of Kerry Charity Cycle should contact info@criticalcharity.ie

## NEW SERVICE TO BE **LAUNCHED FOR UKRAINIAN PEOPLE**

A new Psychosocial helpline service for people from Ukraine, living in Ireland, who are experiencing distress due to war or displacement is set to be launched in Cork.

The new Ukrainian Psychosocial Helpline will be live from Tuesday 18th and will be open on Monday, Tuesday, and Wednesday from 9.00 to 11.00 and from 15.00 to 18.00

The 'Call Tanya' Helpline aims to provide confidential psycho-social support to Ukrainians living in Ireland who are experiencing distress due to displacement and the war in Ukraine.

Callers can phone the Helpline and have a conversation with one of the



# CALL US ON: +0818 452 178

trained call ambassadors, discuss their worries or concerns, and as a result, experience a reduction in stress and distress levels and increased well-being.

Support provided will be in line with the PFA Psychological First Aid model of look, listen, support.

Helpline Callout:

Are you from Ukraine and living in Ireland?

Do you feel stressed or isolated and would like to speak with someone in your native language?

We are here to listen and support you through this difficult time.

The Call Tanya team on our confidential support line speaks Ukrainian and Russian languages.

You may ring our Call Tanya Helpline and speak in Ukrainian and Russian at (0818) 452 178

#### **Benefits of the Helpline**

-An increased sense of connection and human contact -Reduced isolation and boredom

-Reduced levels of depression and anxiety

- -An increased sense of empowerment and resilience
- -Increased awareness of their own coping mechanisms.
- -A greater piece of mind

-More information on how to access other supports.

Together-Razem delivers services to support Ukrainians mental health and well-being.

Since May 2022 they provide trauma counselling service in Ukrainian language.

This service is provided by a Ukrainian speaking qualified, professional psychotherapist who was educated in Ireland and accredited by the Irish Association for Counselling and Psychotherapy.

They also run a weekly Women Support Group for Ukrainian women. This project aims to reduce women's stress, helping them integrate into the community.





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#### NEWS

People make sure that they prepare their cars for the NCT test, which becomes very important particularly as the vehicles get older, but how many take the same care of their health? When did you last have a checkup with your doctor? Early detection saves lives and there is help available and hope for better and longer living.

Over the next 4 weeks a series of 5 areas of hope and support will be available in Killarney on consecutive Mondays and Tuesdays open to everyone and completely free with carers also very welcome.

People who have gone through health traumas or are still on their journeys of recovery will tell their own personal stories of hope when their lives were turned upside down.

"I never thought it would happen to me.....is the byline for presenters to tell their personal stories from initial devastation and shock through journeys of hope and health.

Through the Programme of GAA Health Initiatives the talks will take place on Mondays at 7.30 pm in Dr Crokes GAA Clubhouse Upper Lewis Rd. Eircode V93K585

#### MONDAYS

17th April - Breast Cancer 24th April - Alone 1st May - Gambling 8th May - Prostate Cancer

Activity Sessions for Senior adults, (Men & Women) will take place on Tuesdays, starting on April 18th and continuing on the 25th and May 2nd and 9th at @ 11.00 am in Dr Crokes Clubhouse, Lewis Rd. Eircode V93K585

As people age limbs get stiffer, but age- appropriate gentle exercises do wonders for increased mobility. The highly qualified instructor will also provide adapted exercises which will be done while sitting in a chair to be replicated at home at later stages. Then the friendly chat over tea/ coffee and the social spinoff.

The social aspect of all sessions in the very comfortable warm Dr Crokes Clubhouse now powered by the new ecofriendly solar energy, is central to these health promoting ventures.

All sessions will end with the friendly cuppa and the ideal opportunity for a confidential personal chat with those presenters on their journeys of hope and recovery No hurry. Any enquiries to Kathleen 085 8179171.

#### THE AREAS WHICH WILL BE FOCUSED ON INCLUDE:

#### **Breast Cancer**

3000 people are diagnosed with Breast Cancer every year in Ireland; 700 and there is ample parking available.



John Healy.

the titanic, at the time the most luxurious ocean liner ever built, collided with an iceberg during her maiden voyage. It was a human disaster

On the 14th April 1912

on a massive scale with 1514 people perishing. But what of the Titanic

itself, was it insured for loss? At the time of the disaster, Lloyds of London and the media were still in the early stages of using wireless telegraphy to communicate with ships at sea. Lloyd's was a significant contributor to the new technology and, with the help of inventor Guglielmo Marconi, had set up signal stations from Cornwall to Canada so that vessels crossing the Atlantic could communicate with land.

The Lloyd's signal station in Halifax, Nova Scotia,

# I never thought it would happen to me...



#### Alone

Alone Ireland national survey 2022 revealed that 1 in 10 people had not been out socially in that year. An expert will show how assistive technology helps people live comfortable alone.

#### Gambling

Results of an extensive scientific survey of intercounty GAA players( GPA and W( Women's) GPA) conducted by 4 experts led by Dr Jack Mc Caffrey, the Dublin/ All Star footballer revealed that it is against the rules of the GAA to bet on a game in which you are involved, Yet 79,5 % of the intercounty players bet , higher than the general population of Ireland 65% and 55% for European athletes.. This develops into problem addictive gambling for 4.6% of players much higher than the general Irish public (O.8) %

#### **Prostate Cancer**

3,940 men are diagnosed with PC each year in Ireland.13% of men will get prostate cancer during their lifetimes. 2 out of 3 will die unless it is diagnosed early. If so and treated on average 90% will get back to full normal health. Early detection is key.

#### Physical activity for older people

Studies show that a very high % of, adults aged 70m + lose mobility and have to go into nursing homes too early. Gentle regular physical exercises increase mobility to live longer and live alone.

Through the Programme of GAA Health Initiatives the talks will take place in Dr Crokes GAA Clubhouse Upper Lewis Rd. Eircode V93K585 and there is ample parking available.

### WAS THE TITANIC INSURED?

#### JOHN HEALY FROM HEALY INSURANCE

was called Cape Race, and was the first to hear the news that the ship was sinking. Other signal stations issued conflicting reports, resulting in great confusion. Two days later, some newspapers still thought the Titanic had survived, and was being towed to Halifax.

Lloyd's, however, understood the situation. Underwriters began to trade 'overdue insurance' – a form of reinsurance commonly purchased after a marine incident.

The Chicago Record Herald of 16 April conveyed the market's heightened emotion under the headline 'Lloyd's near to panic': "Insurance losses in the last six months have been unparalleled in the history of Lloyd's in liners of the biggest class. Both the Delhi and the Oceana have been wrecked, and now comes the disaster to the Titanic...'

Back on 9 January, broker Willis Faber & Co had

come to Lloyd's underwriting room to insure the Titanic and her sister ship, the Olympic, on behalf of the White Star Line. It was considered a prestigious risk, with cover for the hull alone standing at £1m – around £95m in today's money. Numerous Lloyd's syndicates put their names on the slip, covering amounts ranging from £10,000 to £75,000. Willis was able to negotiate a favourable premium for this proudly 'unsinkable' vessel of just £7,500.

Despite the high levels of claims arising from the tragedy, insurers paid out in full within 30 days. From Lloyd's perspective, the Titanic will long

be remembered as one of the market's biggest losses alongside major natural and manmade catastrophes such as the loss of HMS Lutine in 1799, the 1906 San Francisco Earthquake and more recently 9/11, Hurricane Katrina and the Japanese earthquake and tsunami of 2011.

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## **GENERAL GUIDELINES FOR CYCLING THE RING OF KERRY**

These guidelines are to help you prepare for the 175km (112 miles) challenge and are aimed at those relatively new to this level of challenge. However, they may also be useful if you have participated before.

Everybody has a different level of fitness and lifestyle so it is difficult to prescribe a day-today training programme that would work for everyone. Therefore, we also provide general monthly advice for the months leading up to the event: you can adapt this to suit your fitness, experience and daily commitments.

Applying these general guidelines, along with the monthly advice, will help ensure that you have an enjoyable and safe experience and that you finish with a smile on your face.

#### Pacing

One of the biggest mistakes is going too fast, especially in the beginning. You will be excited at the start and 'rearing to go'. Some get carried away in this atmosphere or can't resist trying to keep up with riders who are passing them. However, if you start too enthusiastically you will pay the price later on and finishing may end up as an unpleasant struggle.

Going too fast for your fitness level is one of the biggest mistakes made on the RoK Charity Cycle.

Aim to spread your energy over the day by riding at an even, conservative pace – it should feel 'too easy' at the beginning.

Practice your pacing during the months leading up to the event: a good rule of thumb is to ride at a pace where you are comfortable having a conversation.

You are probably going too hard if you are panting and struggling to talk.

People do the Ring of Kerry Charity Cycle on all kinds of bicycles but it is wise to avoid mountain bikes with chunky tires as these will eat up energy.

You don't need a fancy, expensive bike but proper saddle-height and the reach to the handlebars and brakes are important.

Hybrid-style bikes with straight bars are ideal for novices, or you can move on to a sportsbike with drop handlebars if you have some experience or intend to continue cycling regularly.

Make sure your bike has a bottle cage as you will have to keep well hydrated on those long rides during the summer.

A good saddle is always a worthwhile investment – and women should get one specifically for females – but nothing beats time on the saddle for easing any initial discomfort. If you are a relative beginner don't be surprised if you experience some discomfort in your hands, shoulders and bum while the body gets used to the position.

As you get more confident, or if you are committed to regular cycling, there are many upgrades you can get and there will be no shortage of suggestions from more experienced cyclists! You should, of course, ensure that your bike is always in good mechanical order, especially the brakes, gears, chain and tyres: make sure the tyres have the recommended air pressure. Whatever type of bike you use, ask your friendly bike shop or an experienced cyclist to check your saddle height and the reach to the handlebars and especially your brakes.

#### Your Gear

You do not need any special gear apart from a helmet but having suitable kit may help make your riding more comfortable and enjoyable. A helmet is the only special gear you need.

Ensure your helmet fits and is worn correctly. A pair of cycling shorts is a good investment and a cycling top has useful storage pockets

and will fit comfortably. You may need a light rain jacket at times and being able to stuff this into a pocket is a bonus – never hang clothing around your waist as it is dangerous.

#### **Cadence and Gearing**

Cadence is how fast you pedal, usually measured in revolutions per minute (RPM). Cycling with too low a cadence, or in too high a gear, is a common mistake, especially on hills or into a wind. This is uncomfortable, makes the muscles tired and puts undue pressure on the knees. The hills on the Ring of Kerry are not very steep and you will find them much easier if you use your gears to maintain a high cadence and steady effort.

Work your gears regularly to keep your cadence high and to reduce the load on your muscles: think of spinning the pedals rather than pushing.

Use a lower gear when the efforts get harder – on hills or into the wind – and this will keep your cadence up.

Think of 'spinning' the pedals smoothly rather than 'pushing' – this may take some time to feel natural.

#### **Skill and Technique**

Developing your skill and technique will make your riding safer and more enjoyable.

Practice riding in an experienced group from time to time and ask for advice on technique



ride too close to the ditch where you might have difficulty in avoiding holes, debris and overhanging hedges as traffic passes.

Practice glancing around you, being aware of other road users and signalling properly.

Be especially careful of your braking when it is wet or where there is gravel on the road.

Try to practice riding in a group and tell a more experienced cyclist that you welcome advice on your positioning, technique and general cycling etiquette: joining a supportive club will be useful for this.

Wear bright or high-visibility clothing.

#### Fueling

On the Ring of Kerry Charity Cycle it is best to eat often and lightly so that your body gets an even, regular supply of food that can be digested easily.

Don't over-eat for your training rides; eat often but lightly on the event.

Eat small amounts at least every half-hour.

Do this from the beginning even though you might not feel like eating for the first hour or two.

With the relaxed speeds that are normal on the Ring of Kerry Charity Cycle there is generally no need for specialist supplements or 'carboloading'- a normal good quality dinner the evening before and a good quality breakfast will ensure that the system is fully fuelled before you set out.

Don't be tempted to over-eat at the food-stops: there is a limit to how much nutrients the body can absorb in one sitting and indulging too much can leave you feeling bloated and sluggish.

Drinking regularly is important, especially if it is hot – aim for at least a bottle per hour. Plain water should be sufficient but indulge yourself with a sugary drink if you do feel like it, especially before the last section of the route.









# Need hospital

Visit our Drop-In Information Clinic with TD Michael Healy Rae and find out how you can access treatment at Kingsbridge Private Hospital in Belfast or Ballykelly, via the NI Planned Healthcare Scheme.



Torc Hotel, Killarney | Wednesday 26th April (2pm-7pm)

Meadowlands Hotel, Tralee | Thursday 27th April (2pm-7pm)



Receive information on how to apply for the cross border healthcare scheme, types of treatments available, costs and reimbursement rates and what to expect when travelling to Kingsbridge Private Hospital.

## Why wait?

A member of our team will be present to assist with all your queries.

To register your interest contact 064-6685782 or email michael.healy-rae@oireachtas.ie Alternatively please email businessrelations@kingsbridgehealthcaregroup.com

## NEWS BITES...

#### **KWOTE**

Killarney Women's Organisation for training and empowerment monthly meeting will be held Wednesday 19th of April at 7PM in Ross Café Upper Lewis Road.

Guest Speaker will be Caroline Toal from Kerry PPN (public participation network).

#### RAINBOWS

Rainbows is pleased to be in a position to offer children who have experienced loss through bereavement the opportunity to participate in the Rainbow 9 week programme. There are places available in the groups for children aged between 9 and 12 years. If you would like your child to attend Rainbows or for more info contact 087 2932598.

#### **OPEN A A MEETING**

An Open AA Meeting will be held in Parish Centre, Church of Resurrection, Park Rd, Killarney on Sunday 23rd April 2023 at 7.30pm. All welcome.

#### **BINGO**

Bingo takes place at St. Mary's Parish Hall, will be held on Thursdays@ 8.30pm. All are welcome!

#### **KERRY CCÉ**

The Fleadh is being held in Ballybunion from June 9th to 18th. Closing date for branch entries to this year's Fleadh is 14th April 2023.

#### KILLARNEY REGATTA 2023 DATE CONFIRMED

Following a disappointing 2022 when weather prevented any event, the recent AGM of Killarney Regatta Committee decided that the date for 2023 will be Sunday 25/06 at O'Mahonys Point, Killarney Golf Club.

The Committee, composed of representatives from the 6 Killarney Clubs, have indicated that a full programme of rowing and onshore entertainment is being planned for the day.

More details to follow after the next Committee meeting in early May.

#### 21 + VAT

A group of talks promoting wellbeing will be held at Ballyspillane Community Family Resource Centre over the coming weeks. Starting on Monday next, April 17th, the first topic will be Be Active and Be Well.

Monday 24th will be Mindfullness and Medication; Monday 8th May & 15th : Herbalism and Qui Gong.

All sessions cost €3 and take place from 10.30am - 12.00pm with refreshments being served.

For more information contact: Marian CWD on 086-0202924 or Deirdre SP on 087-4293407

Open for the Season....

#### Deenagh Lodge Tea Rooms has reopened for the 2023 season.

The Tea Rooms provides training for young adult members of Down Syndrome Kerry and is a firm favourite with locals and visitors alike.

Serving delicious sandwiches, cakes and scones.... why not pop in on your trip to the Demesne and enjoy all that is on offer there.



## CHILDREN'S LIVES INCLUDE MOMENTS OF BRAVERY When someone they love has cancer

CLIMB is a programme for children aged 5-12 who are experiencing the impact of a cancer diagnosis of the child's parent, brother or sister, member of extended family or other significant adult.

CLIMB is run over six weeks and the groups get together in the evenings so as not to disrupt school attendance. It's an enjoyable, sharing, interactive experience and a time for the children to come together to deal with their feelings. Throughout the programme the children will develop an understanding of cancer and from this understanding the myths and fears that children can hold about cancer will be dispelled. The groups

are creative, using drama, arts and play. They are also based on having fun together and meeting new friends. CLIMB stands forChildren's Lives Include Moments of Bravery.

## CLIMB aims to help your child:

To understand a cancer diagnosis by providing information on cancer

To learn how to express his or her feelings and emotions

To learn how to cope with these feelings

To feel part of a social group by making friendships with other children sharing a similar experience

To cope with the dramatic changes they are witnessing and experiencing in the home The CLIMB programme will be delivered

in person and facilitated by Play Therapist Edel Lawlor and Art Psychotherapist Katie O'Donoghue.

Please contact us on 066 7192122; email us at reception@recoveryhavenkerry.com





# When it's time to expand

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# RUSTIC RITUALS

WAR I ENDER THE A

Nature has its rustic rules, that I will never understand, For it endures relentlessly, in the Arcadia of Pan. Trees know when to shed their leaves, and when to grow again, And white snowdrops appear on cue, without being told when Hibernating animals emerge, from deep down underground, Having spent the winter months, warm and safe and sound. With the advent of vernal spring, birds begin to sing, And primroses bloom profusely, in little yellow rings. They enhance green meadows, for a month or two, And then come the bluebells, with their regal carpet hue. Birds chorus in unison, with the dawning light, And chestnuts and mushrooms appear, when the time is right. New born lambs gambol about, thrilled to be alive, As their mammies watch them, bursting with maternal pride. Seagulls flock inland, when they see fields being ploughed, Knowing there is a feast of grubs, in the upturned soil. Fawns appear in woodlands, after the October rut, And deer shed their antlers, for their time is up. These miracles of nature, take place with each season, For they are almost spiritual, like rituals of religion.

## A Gift of Thanks to Retired Hoteliers



The Kerry Branch of the Irish Hotels Federation made a 'Gift of Thanks' to members who gave their time and wisdom to the branch and continuous support and over the past number of years and now have stepped back from their roles to pursue other ventures.

Frank Slattery, Carrig House, Danny Bowe, The Castlerosse Hotel, Niamh O'Shea, The Killarney Park Hotel and Michael Rosney, Killeen House Hotel are pictured with Bernadette Randles, Chairperson, Kerry IHF at the honouring event in Randles Hotel, Killarney last week. Missing from photo are Terence Mulcahy, The International Hotel and Michael O'Donoghue, O'Donoghue / Ring Hotels. Also in attendance are in front, Emer Corridan, The Cahernane Hotel, and Tracey Coyne, The International Hotel. At back are, Mark Scally Great Southern Hotel, Patrick O'Donoghue, Gleneagle Hotel Group, Carmel Guihen, General Manger Aghadoe Heights Hotel, Kamile Lyne, General Manager Randles Hotel, Michael Lally, Butler Arms Hotel, Waterville, Donie O'Brien, ENO wines, Michael Jacobi Managing Director, Hayfield Family Collection, Sinead McCarthy, The Brehon Hotel, Claire Slattery, Carrig House, Marcus Tracy, Killarney Park Hotel, Mark Bowe, Castlerosse Park Resort and Garrett Power, Muckross Park Hotel. Photo: Don MacMonagle



Booking is essential. Limited spaces available.

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## THROUGH THE KEYHOLE ...

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET

### Sherry FitzGerald

Coghlan



Address: Gurrane West, Killorglin

Beautifully presented four bedroom bungalow with uninterrupted views of Slieve Mish mountain range and Cromane harbour. This modern well finished bungalow boasts two living areas on landscaped 0.64 acre site.

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Price Region: €425,000 BER: C1


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#### THIS WEEK'S FEATURED PROPERTIES

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#### 29 An Pairc, Gneeveguilla, Rathmore P51 F7V0

3 bed (1 en suite) semi-detached home (approx. 1,255ft2) set on a corner site of approx. 0.25 acres located in the village of Gneeveguilla 11 miles from Killarney. The current owners have created a stylish beautifully presented home that is ready for the new owners to move straight in to. Bright and spacious with ample living space, this home is ideal for first time buyers or a young family.

More information and virtual tour on our website. Guide Price: €237,500 BER B3



#### 42 Flesk River, Muckross Road, Killarney V93 DE77

Exceptionally spacious 2 bed 2 bath luxury apartment (approx. 963ft2) with its own private entrance off the ever popular Muckross Road. This property boasts beautiful mountain views and is on the doorstep of the beautiful Killarney National Park and within walking distance of Killarney town centre. Ideal investment property or holiday home.

More information and photographs on our website. PENDING

Guide Price: €255,000



#### 2 Old Forge, Iron Mills, Killarney **V93 CH9R**

Well presented 4 bed (5 bath) dormer bungalow ideally located just off the main Killarney to Cork road (N22) in an idyllic countryside setting. With a floor area of approx. 2,164ft2, the property sits on a site of approx. 0.37 acres with gardens to the front, side and rear with mature shubbery and trees. Just a 4 minute drive from Lissivigeen NS, this would be an ideal forever home for a growing family.

More information and virtual tour on our website. BER B3 Guide Price: €395,000

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OUTLOOK PROPERTY

#### SPORTING FOCUS

#### **WORKMEN ROWING CLUB**

Workmen Ladies Under 19 4X- crew competed at Ghent International Spring Regatta 2023 finishing fourth in the B final.

Wishing congratulations to this fantastic crew on doing so well and we are so proud of them in the club on their achievement.

The crew members are as follows: Stroke - Lucy Spellman. Three - Aoibhinn Coffey. Two - Sarah McCarthy. Bow - Aoife Cronin

Well done to all involved in the organising of this.



Workmen Ladies Under 19 4X- crew competed at Ghent International Spring Regatta 2023 finishing fourth in the B final.he crew members are as follows.Stroke Lucy Spellman Three Aoibhinn Coffey Two Sarah McCarthy Bow Aoife Cronin





Pictured at the Ghent International Spring Regatta 2023 are Lucy Spellman, Aoibhinn Coffey, Aoife Cronin and Sarah McCarthy.

## All the way from Ireland ©workmensrowingclub!



## CAMOGIE TEAM ENJOY A ROAD TRIP TO MALLOW

Killarney Camogie Club Under 12 Team were invited to take part in the Camán to Munster blitz on Thursday 6th April at the GAA Sports Complex in Mallow.

The team put on a fabulous display of incredible skills, fantastic teamwork and an abundance of grit and determination against the teams in their group:

Tulla (Clare); Kilmaley (Clare); Shannon Rovers (Tipperary) & Ahane (Limerick)

To attend this blitz was a great achievement for this amazing team who 'leave heart and soul on the pitch' every match, every time.

It was great to see Mallow GAA Complex full of amazingly talented camogie players from all over Munster - enjoying their sport and the day out. The blitz ran for the whole day and congratulations to the Munster Camogie Association on a fantastic and highly organised event which ran off without a glitch and to the times scheduled.

Special thanks to coaches Sarah Dineen & Sean Casey for organising this day trip for the girls and for all the hard work and commitment to the team. To all the parents who came along to support & provide lifts thanks very much. And finally, a big thank you to all the players who were fantastic representing Killarney.





## **MONEY MATTERS..**

By Dermot Cronin, Financial Advisor



**EXISTING** 

### DO YOU HAVE AN PENSION?

If so there is some very important information that you need to know about your pension, such as....

What is the present value of your pension?

What funds is your pension invested in and what is the risk level of these funds?

Who manages your pension and how much are you being charged to manage your pension?

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These are just some of the important questions you need to know the answers to. You need this information in order to check and compare your pension to what is available in the market place today from pension companies who may be able to get you a better return for your money and therefore getting you a higher lump sum and income on retirement. So whether your pension is from your present employment, an ex employer, you were self employed in the past or are self employed now it is very important that you have your pension reviewed and assessed by a financial advisor.

For more information or to make an appointment to discuss the above or any other query you have contact Dermot Cronin QFA, at 064 6622775, or dermotcroninifa@gmail.com

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#### COMMUNITY FOCUS

Mastergeeha U16 Div 2 Champions

#### Written by: Helen Moynihan



#### >KILCUMMIN COMMUNITY HOSPICE WALK

The organisers of the Kilcummin Hospice walk wish to thank all participants for your generous donations to this worthy cause. Many thanks to all those who helped with refreshments, baking, stewarding and recording. Over 2,963.45 euro was donated on the day. Those wishing to make a late donation may hand in your contribution to Kilcummin post office. All funds raised will be given to the Kerry Hospice Foundation **COUNTY CLEAN UP** 

The County Clean Up this year is on Saturday 15th April. We are looking for volunteers to assist in collecting rubbish on the roads in their area. Bags are available at the Rural Development Office and can be returned there when full. Please phone 064 6643357 and collections of bags can also be organised.

#### **KERRY CCÉ**

The Fleadh is being held in Ballybunion from June 9th to 18th. Closing date for branch entries to this year's Fleadh is 14th April 2023.

#### **BOG WALKS**

Walk Brochures are available at the Rural Development Office and the Post Office. Following recent feedback from walkers, we would very much appreciate if the following was observed by all users of the walk; (1) Bring your rubbish home with you and help keep this environment clean. (2) Keep your dog(s) on a lead when you come in contact with fellow walkers or wildlife. (3) Respect the local landowners' property. This is a beautiful amenity in our Parish, and we should all strive to make it a clean, safe and friendly place to enjoy.

#### **>KILCUMMIN GAA**

**CREDIT UNION CO LEAGUE:** 

#### KILCUMMIN 3-20 CASTELEISLAND DESMONDS 0-15

Well done to our senior team on a great performance in Castleisland on Saturday last. Goals by Mark O Shea and Philip O Leary twice set us on our way. Next game is at home to Milltown / Castlemaine.

#### MINOR COUNTY LEAGUE FINAL DIV 2: TARBERT 2-6 KILCUMMIN1-7

Played in Brosna on Monday evening both teams played their part in an entertaining game in difficult conditions. Kilcummin were on top throughout the the first half and lead 1-4 to 1-1 at half time. Sean Doolan scored the goal after a brilliant pass by Luke Daly while Gavin Morrissey, Keelan O Shea , Cian Forde and Sean Doolan were our point takers. That goal just on the stroke of half time and another one shortly after the break gave Tarbert the confidence and impetus and try as did we were unable to recover the control we had in the first half. Points by Keelan O Shea Aaron Buckley and a beauty from Gavin Morrissey gave us a chance but in the end we came up short. This team have given great entertainment and pleasure over the league and have some very promising players. Well done to mentors Tommy Brosnan, Paul O Donoghue, Kieran O Donoghue and Dave Kearney for the work being done. This was a great team effort but on this occassion one has to mention of the likes of Sean Maher, Cian Forde, Kieran Nagle, Dara Stack and Gavin Morrissey in particular.

#### **GOLF CLASSIC**

Kilcummin GAA are running their annual Golf Classic on Saturday April 29th in Kenmare G.C.

Following on last year's very enjoyable social and sporting event we return to Kenmare for a fund raising event which is vital for the running of the clubs fields and facilities. Teams of three will cost  $\in$ 180 while sponsoring a tee box will cost  $\in$  80.

#### LOTTO

There was no winner on the lotto on Monday 10th April . Numbers drawn were 7,15,19,21 Consolation prizes of  $\in$ 50 went to Kevin McCarthy, Dunrine, John Finnegan, Dooneen, Seamus O'Sullivan, Barraduff, Catriona Dunlea. Next Draw will take place on April 24th for a jackpot of  $\in$ 4,250.

#### >MASTERGEEHA FC U16 DIVISION 2 CHAMPIONS

A fantastic win on Saturday evening in Mastergeeha for our U16 C team which sees them confirmed as Division 2 Champions with one game to spare. This group has been a joy to coach this season, playing some cracking football and displaying an excellent sporting attitude. **LOTTO** 

There was no winner on Friday 7th April 2023 of the Jackpot for  $\in$ 2,200. Numbers drawn were 2,5,9,26. Consolation prizes of  $\in$ 50 went to Johnny Reidy, Coolick, Nicola O'Connor, Louise O'Sullivan, klub bar, Trish Steward, Clashnagrane. The next draw will be Friday 14th April for Jackpot of  $\in$ 2,400.

#### IF YOU HAVE A SPORTING STORY... Contact Aisling on: 086 0400 958







Written by: Leanne Cronin

By Bridget Hartnet

#### GLENFLESK

#### >LOTTO

No winner of Glenflesk Lotto which took place on 3rd April 2023 in Glenflesk Hall. Jackpot €3 000. The numbers drawn were 5, 9, 15, 23. There was no winner. Consolation prizes of €50 each 1. Oliver O'Connor (online). 2. Shane Riordan, Glencar. 3. Mary Woodcock & Julie Brosnan (Sellers' prize). 4. Padraig Dineen, Clonkeen. Next draw will take place in Glenflesk Hall on 17/4/2023. Jackpot will be €3,200. Thank you to all who support our Lotto and to our sellers. Lotto tickets including annual tickets can be bought from our ticket sellers, in local pubs and shops or online before 6pm on the date of the draw at: https://play.clubforce.com/play\_newa. asp?ll\_id=2534#Anchor

#### >MUNSTER SCOR NA NOG

Best of luck to our young competitors in the Munster Final of Scór Na nÓg on Saturday 15th April In Ovens Co. Cork, Eircode P31 F861. Solo singing, (Noirin Healy). Recitation, (Abby Cronin). Ballad Group (Aoise O Donoghue, Abby Cronin, Cliona Moynihan, Muireann Healy, Patrick Mullane). and Instrumental Music (Grace Angland, Coleen Angland, Olivia Angland, Sean

#### Angland, Noirin Healy). **>SCOR NA BPAISTI**

Best of luck to Sean and Olivia Angland representing our club in Instrumental music in the County semi final on Saturday April 15th in Killorglin.

#### **SENIOR COUNTY LEAGUE**

Congratulations to our Senior Div 2 team and management winning three games out of three so far in the County League. Last Sunday they defeated Na Gaeil 2-10 to 0-10. Round 4 is on in Glenflesk 23rd April against Kenmare Shamrocks at 2pm. Best of luck also to our Division 5 team and management away to Waterville on April 23rd at 2pm.

#### >GLENFLESK CCE FLEADH ENTRIES 2023

Please note entries for this year's Fleadh must be submitted by 14th April 2023 to the Branch Secretary. No late entries will be accepted. Phone Martina on 0872966644 or email glenfleskcce@gmail.com if you have any queries.

#### SPA

#### **>FIXTURES**

The 3rd Round of the Credit Union SFL finished Dr. Crokes 1-17 Spa 1-12. In a game of two half's in Lewis Road we played against the wind in the first half. In the second half with the wind in our favour we managed to narrow the gap to one point for the first time in the game however after a goal in the 29th minute by Dr.Crokes we found the gap widening again and time was against us, losing by 5 points in the end. Round 4 of this competition will be played April 23rd at home against Dingle

In the 2nd Round of the Credit Union Senior Development League Division 2 Spa will play NaGaeil at home Sunday April 16th at 14:00

Our Senior Ladies are away in Round 2 of the Donal Curtin Division 1 this coming Sunday April 16th to Beaufort at 12noon

#### **>BEST WISHES**

We extend our best wishes to the Kerry Ladies as they prepare for the Division 1 Lidl National Football League Final against Galway this Saturday at 17:00 in Croke Park. The game will be shown live on TG4

#### ►LOTTO

Spa lotto 01/04/23. €6200. Numbers drawn 8, 9, 1,3 20. No winner. Lucky Dips €50 each: Rogan Fleming, Tiernaboul NS, Tara Fleming and Tim Dennehy. Next week's draw for a jackpot of €6400

#### **>COUNTY CLEAN UP**

County Clean Up takes place 15th April, 2022. Team Lissivigeen to meet at the School at 11AM. Bags and vests will be supplied. Please, if possible, bring your own Pickers. Thank you

#### >SCOR NA NOG

Best of luck to our Scór ná nÓg set dancers who will represent Spa and Kerry in the Munster final in Ovens on 15th April.

Beidh ár bhFoireann Rince Seit in iomaíocht i gCraobh na Mumhan thuas sna hUamhanna ar an gcúigiú lá déag d'Aibreán. Guímid gach rath orthu go léir.

Foireann: Róisín Ní Shúilleabháin, Isibéal Ní Thuairisg, Gráinne Ní Chonchúir, Áine Ní Shúilleabháin, Ciara Ní Dhonnchú, Dara Ó Brosnacháin, Diarmuid Ó Donnabháin, Colm Ó Conchúir agus Oisín Ó Súilleabháin.

#### **>SCOR NA BPAISTI**

Scór na bpáistí County final takes place on April 29th. Tráth na gceist in Killorglin at 11.30am followed by the main event in Glenbeigh at 2pm.

Beidh Cluiche Ceannais an Chontae ar siúl ar an naoú lá fichead d'Aibreán i nGleann Beithe ag 2p.m. Is i gCill Orglan a bheidh Tráth na gCeist ar siúl áfach, ar an lá céanna ag 11.30a.m. roimh ré.

#### ▹KILLARNEY CLUB 7S

The Mens and Ladies All Ireland Gaelic Football 7-A-Side Tournament is back this year on June Bank Holiday Weekend, Saturday 3rd and Sunday 4th. There will be a meeting held on Thursday April 20th at 20:30 at the Clubhouse about the upcoming tournament

#### >ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 7762411 or pro.spa.kerry@gaa.ie before 8pm on Sundays

#### BEAUFORT

#### **>FIXTURES**

Under 9 Boys will be home to Milltown/Castlemaine, Sunday, 16th April at 10am in round 1, County Go Games

Senior Ladies will be home to Spa, Sunday, 16th at 12 midday in round 2, Curtin Cup.

#### **>RESULTS**

Currow 1.07 Beaufort 2.10 in round 3, County League, Div. 2. Beaufort 3.12 Firies 3.12 in County League, Div. 6.

#### >CLUB DEVELOPMENT AND CAR DRAW

Beaufort G.A.A. Club car draw was held on Monday, 10th April at 3pm in the Clubrooms. The draw which was in aid of Beaufort G.A.A Club all-weather surface was made possible after months of hard work by many people.

The Club wish to thank everybody who bought and sold tickets, the subcommittee, the draw administrators, videographers and photographers and those who helped in any way during the ticket selling and on the day. We wish to thank the Chairperson of the County Board, Patrick O'Sullivan who travelled to Beaufort to draw the winners. We thank Fiadhna Tangney, M.C. on the day and Sargent Deirdre Quinn who was the scrutineer.

The first prize was a Ford Focus Titanium car and the the lucky winner was T.J. O'Connor, Tullig, Beaufort. Second prize of €1,000 went to Mary Ashe, Cappaganeen, Beaufort. Third prize of €500 went to James O'Shea, Fossa.

Fourth and fifth prizes of €250 went to Aoife O'Brien, Ballagh and Molly Joy, Killorglin.

#### >MATCH REPORT UNDER 13 BOYS V KENMARE 10TH **APRIL 2023**

Beaufort Under 13 boys played Kenmare on Monday evening 10th April in Kenmare. This was their second match in the division 4 county league. Beaufort started well playing good football and scored 4 points without reply. Kenmare clawed their way back into this contest with a number of scores of their own and they got their first goal before the break. They lead by 1-6 to 0-7 at half time.

Final score Beaufort 0-11, Kenmare 4-11.

Beaufort will play Glenbeigh/Glencar/Cromane on Friday evening next in Beaufort.

#### >LOTTO

The next lotto draw for a jackpot of €12,600 will be on Sunday, 16th April 2023. Tickets are €2 each or 3 for €5 and are available from usual sellers, shops, public houses and online at: www.beaufortgaa.com. Thank you to everybody who support the lotto.



#### RATHMORE GNEEVEGUILLA

#### **>FUNDRAISER**

It is with great sadness that we share this link but we ask people to be as generous as possible and keep the Saunders family in your thoughts and prayers. https://www.gofundme.com/f/david-saundershis-battle-with-cancer?utm\_campaign=m\_pd+share-sheet&utm\_ content=undefined&utm\_medium=social&utm\_source=facebook&utm\_ term=undefined

#### >ANNUAL DIOCESE OF KERRY PILGRIMAGE TO KNOCK

The first Annual Diocese of Kerry Pilgrimage to Knock will take place on Saturday 26th August 2023. While many families will travel by car it is hoped that many buses will travel and that each pastoral area will coordinate parishes locally.

FATIMA 9th - 15th May Led by Fr. Noel Spring - Limited Availability. Contact: Premier Travel on 021-4277700.

≻THE ANNUAL KERRY COUNTY CLEAN UP will take place this year on this Saturday 15th April 2023.

>DIOCESAN EUCHARISTIC ADORATION RETREAT will take place on the 27th of April 2023 at The Church of the Resurrection, Killarney with Registration @ 10.00am. Presented by Fr. Jim Lenihan. Bishop Ray Browne will conclude the Retreat with the celebration of Holy Mass @ 3.00pm. Lunch will be served. Registration fee €30. Your support will be very much appreciated: To book contact: Maureen at 087 9514352 Margaret at 0872976304.

> DIVINE MERCY SUNDAY will be celebrated in St Mary's Cathedral, Killarney on 16th April at 3 o'clock, preceded by the Rosary at 2:40pm. All Welcome.

>MONASTIC VOCATIONS WEEKEND for women discerning religious life, 6th-7th May, St Benedict's Priory, Cobh, Co Cork.. Contact Mother Prioress: 021 4811354 cobhtyburnconvent@gmail.com. **>RALLY OF THE LAKES 2023** 

Record Breaking Entry for the Assess Ireland International Rally of the Lakes The 42nd running of the biggest rally in Kerry will take place on April 29th

#### and 30th.

So far over 220 crews have entered, setting an all-time record for the event and beyond doubt proving the rally's popularity. Along with a high volume of entries, there is strong representation across all the categories, including the Juniors and Historics who will run separately from the main field, allowing for an extra 50 cars to take part in the event.

The rally returns to the Beara Peninsula on Saturday for the first time since 2019 and the route will include the favourites like Cod's Head, Ardgroom and the Healy Pass.

Sunday's route also features some new roads, and after two runs over Moll's Gap and Ballaghbeama the rally heads to east Kerry.

The sting in the tail includes two runs over Gortnagane and a stage that has not been used for rallying since the 1983 Circuit of Ireland - the last time the famed five-day event visited Kerry.

#### >SLIABH LUACHRA MENS SHED

A Shed is place where men can meet to chat, coffee, get involved in a Project, play cards, etc, and generally socialise It hope re organised the sliabh Lachra men's shed formed a committee to re organised men's shed New member welcome for further information contact 087 6676817.

#### >BUSINESS ON MOVE IN RATHMORE

Kathynn Hair Design & Cathy Duggan Hidden Beauty has moved from East End to West End beside wash basket in Rathmore. We wish both Kathynn & Cathy best of luck in their new premises in West End Rathmore

SPEEDY RECOVERY to Kerry Ladies Footballer & Camogie player Danielle O'Leary, Rathmore who currently injured & is out of action, hopefully will be back to full action very soon. >NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817 before 6pm. Sunday

#### LISTRY

#### >LOTTO

Numbers drawn 1, 18, 22, 26. €100 Niall O Shea, Lissivane. €50 Kathy Moynihan, Headford. €50 Marie Donnelly, Listry. €25 Willie Griffin. €25 Irene Donnelly, Listry. Next weeks jackpot €3,450.

#### >SENIORS

Our seniors had a well fought draw against Renard on Sunday .Next game at home to Annascaul the weekend of the 23rd of April date and time tbc. >U15

U15 A team are away to Churchill on Wed 19th April in the Lee Strand County League.

U15 B team are away to G'flesk/ K'garvan on Monday 17th April on the Lee Strand County League.

#### ≻U13

U13 A a B teams are at home to Ardjfert in the Lee strand county league on Sunday the 16th April.

#### >U11

On Thursday the 20th April our U 11 teams are away to Ballyduff.

Double Celebrations for

Alana Jade



Anthony Sweeney (left) pictured with his brothers Mike and Bernard at the celebrations on Sundav.

**46** | **14**.04.23

The Sweeney family from Listry held a double celebration for their youngest daughter Alana Jade on Sunday Last. Anthony & Leila Sweeney along with their eldest daughter Kaia held Alana's Christening in the Prince of Peace Church in Fossa with God parents Bernard Sweeney and Marta Blachaniec.

Following the ceremony, the family celebrated Alana's First Birthday Party at Muckross Park Hotel where they were joined by family and friends for the double celebration.





## SARAH JAYNE

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When your thoughts and actions are in alignment with your dreams, you begin to step into your own authenticity and integrity. This is where change happens.

#### Today's coaching action

It begins with managing your thoughts. Is the way you think in alignment with what you want? For example, if you desire to get fitter, are your actions reflecting this? Also, what are your thoughts saying? Are you subconsciously sabotaging your best efforts by telling yourself that it's going to be hard, or that you are too old, too out of shape, too busy etc to commit to this change?

Write down all the kind of thoughts that you need to think to be in alignment with what you want. Every single day, rehearse these thoughts in your mind and take small steps of action to back them up, for example, getting up earlier and going for a walk. Enjoy the process!

Follow me on Instagram for more inspiration and coaching @romancingyourbody

#### www.astridlonghurst.com



## IS YOUR NECK SHOWING YOUR AGE?

This 92-year-old woman had been applying sunscreen to her face daily for over 40 years but did not apply it on her neck. Her neck is now visibly older looking from sun damage with thicker, wrinkled, discoloured skin.

To prevent this happening to you apply your SPF daily to all exposed areas your face, neck and hands. Then reapply every 2 hours when outside. If you are prone to "Red Neck" in the sun you can wear a neck gaiter with SPF 50 built in. Specific neck creams can stimulate more collagen and elastin production here to prevent aging but if your skin regime contains active ingredients like retinol and lactic acid this will work. The skin



on your neck is more sensitive and thinner than your face so begin with a lower concentration of active ingredients here to prevent a reaction. Use gentle upwards strokes when applying creams to your neck. Start treating your neck like an extension of your face using your cleansers, serums, moisturiser and masks on your neck too.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie

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## LIVING LONGER OR LIVING BETTER

The live longer aim has three aims, the first is to increase physical, cognitive and emotional which will help people feel and function better, to prevent or delay the onset of dementia, disability & frailty.

The advantages of living longer, increasing longevity can enable people to work longer, and working longer has benefits such as keeping people mentally engaged with work they value or enjoy, having a sense of purpose, preventing or reducing loneliness and more time to build financial security that can support longer lifespans.

The secret to living longer in good health can be largely controlled by eating well, regularly exercise and getting enough sleep. Diet is an important lifestyle factor in longevity with poor diet causing 11 million global Deaths & 255 million.

Recent research findings reveal that current and future generations of humans will likely live longer as there more educated and follow up on this important facts.

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## THE **OPTICAL** SUITE

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#### WHAT IS BLEPHARITIS?

Blepharitis causes eyelids to become red, swollen and inflamed. It doesn't normally cause serious damage to the eyes, but it can be very uncomfortable. It tends to be a long-term condition, which means you're likely to need ongoing treatment. Severe cases do have a risk of causing long-term damage, but fortunately these are quite rare.

#### **TYPES OF BLEPHARITIS**

There are two main types of blepharitis – anterior and posterior. **Anterior blepharitis** 

When the front (anterior) part of the eyelids becomes sore, this can be caused by an infection, allergy or a general sensitivity to bacteria present on the eyelids. It can also be associated with some scalp conditions, such as very dry or oily skin and dandruff.

#### Posterior blepharitis

Also known as meibomian gland dysfunction (MGD) is when the glands that make the oily part of your tears become blocked. Both types of blepharitis can cause dry eye or make it worse if you already have it. Many people will have a combination of blepharitis, meibomian gland dysfunction and dry eye.

#### **Risk factors**

Blepharitis is more common in people over the age of 50, but anyone can develop it. This is often because the glands that make the normal tears, particularly the oily part of the tears, tend to become less effective as you get older. Symptoms

Blepharitis can cause crusting and white scales may stick to the roots of eyelashes. Your eyelid edges may become red and your eyes will feel gritty, burning, sore or itchy. If you experience these symptoms, make an appointment with your optometrist.

#### TREATMENT

There is a range of products designed especially for treating blepharitis, such as sterile pads, individual moist wipes and separate cleaning solutions.

As part of the treatment, you need to remove all the crusting and debris from the edge of your eyelids and from between your eyelashes. You should use a special lid cleaning product. Treatment of blepharitis is a long-term procedure. You may not see any improvement for several weeks.

Continue the treatment twice a day for at least one month, then less often as it starts to get better. You will probably need to continue to clean your lids at least twice a week to help prevent the blepharitis from returning.

For more information, honest advice or to make an appointment contact us on 0646636477



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Tony Moore from 'A Time to Party' entertaining a group at the Family Fun Day at The Killarney Outlet Centre on Easter Sunday. Picture: Eamonn Keogh

## HEART LIGHT HEALING

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## LEARN THE ART OF BOXING

AN intensive and exciting six week course focusing on the fundamentals of boxing will commence in The Peak Performance Academy at The Deerpark Retail Park, Killarney on Tuesday April 25th.

Professional boxer Darragh Keogh will direct the course and he brings a wealth of experience following a successful amateur boxing career before turning professional while he also holds a degree in Sports Science as well as being a qualified personal trainer.

Participants must be over 18 and is open to males and females and will present great workout opportunities for anyone interested in keeping fit, learning new training skills and enjoying themselves. Previous experience in combat training is an advantage but not a necessity. The course will concentrate on various boxing techniques with an emphasis on building strength and fitness ability.

Complimentary training advice on strength and conditioning, nutrition and fitness methods from proven scientific sources will also be available.

Those completing the course should benefit from enhanced cardiovascular fitness, improved mental strength, ultimate whole body workout, better agility and hand eye coordination, greater stress relief, improved confidence and self esteem.

Course Director Darragh Keogh has gained extensive experience on the boxing circuit in Australia over the past number of years. He has won several amateur titles and was crowned the Australian Gold Coast champion and North Queensland champion in 2018. He won an Australian Golden Glove Championship in 2019 and was an Australian Boxing Council Champion in 2021.

He turned professional after this in July

2021 and has gone undefeated in his three fights to date , the most recent in November 2022 in a Queensland super welterweight title bout. Since his recent return to Killarney he has signed up with Elite Sports Promotions and is expected to make his Irish professional debut later this year.

Darragh was also a sponsored athlete of the Queensland Academy of Sport (QAS) elite performance program. As well as undergoing an intensive training regime here, one of his other

roles was actively engaging in school visits addressing students in an effort to inspire and motivate Queensland's youth to live an active and healthy lifestyle and to encourage participation in sport.

Darragh is a Sports Science degree graduate from Griffith University, Queensland, and also completed a personal training certificate course and possesses excellent background knowledge of strength and conditioning, fitness regimes and nutrition protocols. He has enjoyed successful coaching experiences as Head boxing trainer at PCYC Ashmore Boxing Club and Fight World Gold Coast He also enhanced his strength and conditioning training knowledge through a work placement experience with The Brisbane Roar Football Club where he worked with professional players and their coaches.



Places are limited at the fundamentals of boxing course in Killarney which will commence on Tuesday April 25th at 6.30 pm. The spacious gym and facilities at The Peak Performance Academy is well equipped with several boxing punch bags, hand pads and gloves and the new boxing course is another exciting addition to other excellent training programmes and fitness classes that take place there under the guidance of Bobby Enright.

The boxing course fee the six week duration is just 50 Euro. Bookings can be made by contacting Darragh at 087 2470632 or darraghkeogh06@gmail.com Instagram: darraghkeoghboxing or calling to The Peak Performance

Academy which is located behind Tesco at The Deerpark Retail Park, Killarney.



Colin, Jennifer, Ellie, Lucy and Micheal Myers with the Easter Bunny at The Killarney Outlet Centre Family Fun Day on Easter Sunday. Picture: Eamonn Keogh

OUTLET CENTRE

David and Amneh Zeen with the Easter Bunny at The Killarney Outlet Centre Family Fun Day on Easter Sunday. Picture: Eamonn Keogh



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## **DESIGNED FOR SUCCESS: OPEL ASTRA WINS RED DOT AWARD**

A panel of 43 experts has awarded the new Opel Astra a Red Dot Award 2023 in the "Product Design" category, adding yet another accolade to its growing international trophy cabinet. As one of the world's largest design competitions, the Red Dot Award has been recognising innovative design for over six decades, this year evaluating products from 60 countries. The new Opel Astra, Continental Tyres Irish Compact Car of the Year 2023, German Compact Car of the Year 2023 and a Golden Steering Wheel 2022 award-winner, impressed judges at first sight, with its bold and pure design.

Mark Adams, Opel's Vice President of Design, said: "Our Bold and Pure design philosophy really shines in our latest generation Opel Astra. Like every new Opel model, the Astra comes with the expressive Opel Vizor brand face and combines innovative technology with emotional design. We also developed the cockpit according to this principle. The fully digital Pure Panel can be operated intuitively and is focussed on the essentials.

The multi-award-winning Opel Astra, available in petrol, diesel, plug-in electric hybrid and soon, as a fully electric 5-door hatchback and Sports Tourer estate, commands attention with its confident stance and road presence.

The Opel Vizor, the new face of the brand first seen on the Mokka, follows the Opel Compass design cue, where the vertical and horizontal axes comprising the sharp crease in the hood and the wing-shaped graphic of the daylight running headlights, intersect with the Opel Blitz emblem in the middle. Stretching across the front, making the new Astra look even wider, the Vizor also seamlessly integrates technologies such as the optional ultra-slim Intelli-Lux LED<sup>®</sup> headlamps and the front camera of the Intelli-Vision system.

Viewed from the side, the next-generation Astra is particularly striking, thanks to the pronounced forward rake of the C-pillar.

At the rear, the Opel Compass signature is repeated, comprising the centrally mounted Blitz logo, the vertically aligned high-mounted brake lamp and the energy-saving LED tail lamps. The Blitz emblem also doubles



as the latch for the tailgate, made of state-of-the-art composite material. The same German precision applies throughout the interior, where the absolute highlight is the next-generation Pure Panel. This expansive, digital cockpit features two 10-inch displays, integrated, together with the driver's side air vent, in a horizontal format.

Opel designers and engineers have taken great care to ensure that the driver receives all the necessary information and useful operating options but is not burdened with superfluous data or functions. With the physical controls reduced to the minimum in the form of finely crafted keys, the Pure Panel achieves visual detox, the optimum balance between digitisation and intuitive operation, detoxed of irritating visual stimuli and without the need for sub-menus. In combination with the high-quality and precisely designed AGR-certified ergonomic active seats, the Astra offers a modern feel-good atmosphere, inside and out.

The current Opel Astra generation expands the long line of Red Dot Award winners from Rüsselsheim.

For more information contact Ahern's Opel Dealers, Castleisland.

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#### **DEERPARK PITCH & PUTT CLUB**

#### **CLUB MATCHPLAY**

Our Club Matchplay (sponsored by Murphy's Bar) over Easter came to and end with the semifinal and final stages. Our Championship final came down to a battle of two younger members as Erin Moloney faced off against Adam Kelly. Erin led 1up after the first 18 holes before powering on to a 6&5 win for his third major win as an adult member following his Chairman and Captains Prizes wins back in 2021.

#### PLATE

The Plate final saw a slight bit of Club history as our Captain Margaret C Looney became the first Lady member to make a final of a Club Matchplay competition featuring both male and female players but she unfortunately lost out to last year's Championship winner Daniel Kelly by 5&4 in the end. The beaten semi-finalists in the Championship were Danny Looney and Bobby Kelly.

#### **EASTER DRAWS**

Three Person Team, Two Scores Each Hole- Good Friday- Nett: Declan Kelly, Daniel Kelly & Sean Ashe 80 1/3, Gross: Declan Kelly, Sean O'Brien & Aidan O'Keeffe 102. Easter Monday- Nett: Sean O'Brien, John Murphy & Bobby Kelly 83 2/3 Gross: Sean Ashe, Aidan O'Keeffe & Dan Kiely 108.

#### **CLOSING DATES**

Entries for the County Matchplay ( $\leq 10$ ) and Munster Matchplay ( $\leq 15$ ) must be received and paid for by lunchtime on Sunday. Please ensure you are registered with Pitch & Putt Ireland prior to playing and please note no unpaid entries will be sent off.

Congratulations: To John O'Brien and Niamh Casey on getting married last weekend. We wish them all the best in the future.

#### **KILLARNEY GOLF & FISHING CLUB**

LADIES KILLEEN SINGLES STABLEFORD KILLARNEY PARK HOTEL

Result of the Competition played on Saturday 8 April 2023 and Sunday 9 April 2023 at Killarney (Killarney-Killeen).

1: Breda Duggan 42 pts (28) Overall Winner 2: Anita O'Sullivan 36 pts (41) Overall Runner-Up BG: Corrina Griffin 28 pts (04)

3: Mary O'Doherty 34 pts (16) Overall 3rd Last Six Hole

Next weekend's competition is sponsored by McElligotts EZ Living Furniture Castleisland &



Killarney - on Mahony's Point V Par.

#### **ROSS GOLF CLUB - MENS**

ON APRIL 8TH & 9TH WE HELD THE FOURTH ROUND OF THE MD O'SHEA SPRING LEAGUE. THIS WAS A STABLEFORD COMPETITION KINDLY SPONSORED BY DAMIAN O'CALLAGHAN / OC PRODUCTIONS.

#### The winners were :-

1st: Brian O Leary 39 pts. 2nd: John Prendergast 38 pts

#### **Division 1**

1st: Peter Wickham. 2nd: Mike Brosnan. Division 2

1st: Johnny Brosnan. 2nd: Brian O'Connor.

1st: Denis Desmond. 2nd: Maurice Coffey. ROSS SENIORS

On Thursday April 6th the seniors competition winners were:-

1st: Michael J Casey. 2nd: Tadhg McCarthy. 3rd: John Ivory.

On Easter Monday we held a Mixed Scramble with a very large turnout and with some very competitive scores being brought in. The winners were :-

1st: Donie Broderick, Susan Good, Michael Barrett, Brian O'Connor.

2nd: John Cuskelly, Maureen Crowley, Gary O'Shea, Patrick Crowley.

We held our Golf Rules & Etiquette Quiz night on April 4th in the Clubhouse. We had a large crowd attending and it was a very informative evening for all and it was also a good social event for all members, new and not so new !!. The putting round was very exciting with Eileen Fleminbg showing the way. Thanks to Gordon Howard, our Golf Professional for being MC and Quizmaster, to Tom Tobin/ Killarney Medal & Trophy Centre for sponsoring the main prizes, to Breda O'Farrell and James Flavin for all their help.

The winning team was Maura Horan, Danny O'Sullivan and Dermot O'Connor FIXTURE

On April 15th & 16th we will hold the final round of the MD O'Shea Spring League. This will be a stroke play competition kindly sponsored by M D O'Shea. This will also be the final of Keanes Jewellers 2022 Gold Medal competition and the qualifier for the 2023 Club Matchplay Championship.

For Saturday players there will be a zoned draw (more info later) and please sign-in and enter your scores online.

For Sunday players there will be a zoned draw for partners and the online system will open at 7pm on Thursday.

#### **ROSS LADIES GOLF CLUB**

RESULTS 9 & 18 HOLE SINGLE STAPLEFORD COMPETITION SATURDAY 8TH APRIL SPONSORED BY LIR CHOCOLATES

There was a great turnout for Saturday's Lir Café Easter Egg Competition. The results are as follows.

9-hole competition - 1st: Emir Coffey, 2nd Mary O'Connor & 3rd Catriona Shanahan

18-hole competition - 1st: Captain Mary



Photographed at the presentation of prizes for the Easter Monday Mixed Scramble at the Ross Golf Club are (I to r) Pat Crowley, Maureen Crowley, John Cuskelly, Gary O'Shea, John Ivory, Captain, Michael Barrett, Brian O'Connor, Donie Broderick



Winners and participants of Saturday's Lir Café Easter Egg Competition. Emir Coffey, Therese O'Keeffe, Betty O'Farrell, Lady Captain Mary Moynihan, Maureen Crowley, Mary Gorman, Catriona Shanahan, Mona Looney, Mary O'Connor & Elaine Casey. Well done to all who took part. A huge thank you to Lir Cafe for their sponsorship

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#### MOTORING FEATURE DRIVE IN TO 2023 WITH THE KILLARNEY OUTLOOK



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172C1890	WITH COMFORT PACK, S-LINE INTERIOR & COMFORT KEY A1 SPORTBACK 1.0TFSI 95BHP S-LINE COMPETITION	BLACK METALLIC BLUE/BLACK	€39,654 €19,995	€35,995 €18,995	€3,659 €1,000	5,000 62,450
	TBACK PETROL	BLOE/BLACK	£15,555	210,555	21,000	02,450
231C8598	A3 SPORTBACK 1.0 30TFSI 110BHP SE	GREY METALLIC	€36,580	€33,995	€2,585	50
222C5861	A3 SPORTBACK 1.0 30TFSI 110BHP SE WITH	TOTO MAUTTO	625 020	622.005	62.044	500
A3 SPOR	CAMERA & SPACE SAVING SPARE WHEEL TBACK PETROL PLUG-IN HYBRID	IBIS WHITE	€35,839	€32,995	€2,844	500
221C10237						
	PLUG IN HYBRID) WITH COMFORT PACK	GREY METALLIC	€50,068	€41,995	€8,073	15,737
A3 SALO 191021151	ON PETROL A3 SALOON 1.0TFSI 116BHP SE WITH S-LINE EXTERIOR	SILVER METALLIC	€28,995	€26,995	€2.000	51.463
18102113	A3 SALOON 1.0TFSI 110BHP SE WITH 3-LINE EXTERIOR	BRILLIANT BLACK	€24,995	€18,000	€6,995	57,136
	ON DIESEL					-
231C8583	A3 SALOON 2.0 30TDI 116BHP SE WITH COMFORT PACK	IBIS WHITE	€40,777	€37,995	€2,782	50
211C5067	A3 SALOON 2.0 30TDI 116BHP SE WITH COMFORT PACK ON DIESEL AUTOMATIC	GREY METALLIC	€34,995	€32,995	€2,000	22,516
231C3978	A4 2.0 35TDI 163BHP S-LINE BLACK EDITION					
	AUTOMATIC WITH SPARE WHEEL	GREY PEARL	€60,209	€55,995	€4,214	5,000
211C8706 171C5565	A4 35TDI 163BHP SE AUTOMATIC A4 3.0TDI 218BHP SE AUTOMATIC WITH REAR CAMERA	BRILLIANT BLACK	€43,995	€39,995	€4,000	28,655
1/103505	& FOLDING MIRRORS	BLUE METALLIC	€24,995	€23,995	€1,000	139,535
	TBACK DIESEL AUTOMATIC			,		,
231C3984	AS SPORTBACK 2.0 35TDI 163BHP S-LINE BLACK EDTION WITH STYLE PACK	CREVREAR	667.050	662.005	64.064	E 000
222C4493	A5 SPORTBACK 2.0 35TDI 163BHP S-LINE BLACK EDITION	GREY PEARL	€67,059	€62,995	€4,064	5,000
LLLCTIDD	WITH STYLE PACK	BLACK METALLIC	€65,030	€61,995	€3,035	8,600
	ON DIESEL AUTOMATIC					
231C3988	A6 2.0 40TDI 204BHP S-LINE WITH COMFORT PACK, VIRTUAL COCKPIT & BLACK STYLING	BRILLIANT BLACK	€67,092	€62,995	€4,097	5,000
221C5944	A6 2.0 40TDI 2048HP S-LINE AUTO WITH COMFORT PACK,	DIVICUANT DEACK	607,052	602,555	64,007	5,000
	VIRTUAL COCKPIT & F/B STEERING WHEEL	GREY PEARL	€72,360	€63,995	€8,365	15,000
201C2786	A6 2.0 40TDI 204BHP SE AUTOMATIC WITH 360 DEGREE CAMERA	BRILLIANT BLACK	€46,995	€42,995	€4,000	71,655
e-tron Sl		DRILLIANT DLACK	640,555	042,555	64,000	/1,055
201CU6961	L7 E-TRON 55 2300KW QUATTRO SPORT	WHITE METALLIC	€72,995	€58,995	€14,000	21,920
Q2 PETR 231C6112	OL 02 1.0 30TFSI 110BHP SE WITH COMFORT PACK	DI ACK METALLIC	£20.020	£26 005	£2.025	50
	OL AUTOMATIC	BLACK METALLIC	€39,020	€36,995	€2,025	50
192C2956	Q3 1.5 35TFSI 150BHP SE AUTOMATIC WITH COMFORT PK	BLACK METALLIC	€39,995	€37,995	€2,000	43,557
	TBACK DIESEL AUTOMATIC					
201C6478	Q3 SPORTBACK 2.0 35TDI 150BHP S-LINE AUTOMATIC WITH UPGRADED ALLOYS LEATHER & COMFORT KEY	GREY PEARL	€46,995	€43,995	€3,000	71,056
Q4 SUV I		ORETPEARE	0,000	645,555	65,000	/1,050
212C2045	Q4 40 150kW ADVANCE WITH SAFETY PACKAGE PLUS,					
	LEATHER & SAT NAV EL AUTOMATIC	BLUE METALLIC	€ 66,742	€54,995	€11,747	14,891
191D31395		BRILLIANT BLACK	€49,995	€41,995	€8,000	69,030
Q5 SPOR	TBACK AUTOMATIC					,
231C4000	Q5 SPORTBACK 2.0 35TDI S-LINE AUTOMATIC WITH	DI LIE METALLIC	676 510	673 005	62 532	50
07 DIES	BLACK STYLING, VIRTUAL COCKPIT AND ALLOY UPGRADE	BLUE METALLIC	€76,518	€72,995	€3,523	50
201CU6930		GREY PEARL	€85,995	€78,995	€7,000	70,997

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FOCUS ON GOLF

Moynihan, 2nd: Betty O'Farrell, 3rd: Elaine 1st: Pat Tangney & Christy O'Connor - 49 pts Casey. Well done to all who took part. A huge thank you to Lir Cafe for their sponsorship **COMPETITIONS** 

9-Hole Competition Wednesday mornings. Each Wednesday morning 9-hole competition everyone welcome. Meet at 9.45am for 10.00am. All members welcome.

#### **GOLF LESSONS**

LGFA

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club House.

#### **BEAUFORT GOLF CLUB - MENS**

**RESULTS 7TH APRILCLUB FUNDRAISER 4 BALL BETTERBALL - SPONSORED BY KILLARNEY PLAZA HOTEL & SPA** 

<u>.</u>

2nd: James Lynch & Eanna O'Connor - 46 pts 3rd: Pat Sheedy & JJ Courtney - 45 pts 8TH/9TH APRIL EASTER HAMPERS

**SPONSORED BY** SUPERVALU, **CASTLEISLAND** 

1st: Alexander Verget (9) 42 pts 2nd: Mark O'Connor (15) 38 pts 3rd: Tone Brosnan (8) 36 pts

#### **FIXTURES**

16th April - Exchange Day with Ceann Sibeal -Stableford (yellow or white tees) - sponsored by Permanent TSB, Killarney & Tralee

#### **BEAUFORT GOLF CLUB - LADIES**

**RESULTS MARCH 13 HOLE RE-ENTRY (BEST 3 SCORES TO COUNT)** 

#### 1st: Stephanie Lane 74 pts 2nd: Grainne McShortall 72 pts 3rd: Maege Quirke 71 pts 8TH/9TH APRIL - EASTER HAMPERS SPONSORED BY BEAUFORT GOLF COURSE

Overall Winner: Marie Halloran (48) 38 pts Division 1 Winner: Claire Keating (7) 29 pts Division 2 Winner: Coral Kiely (32) 31 pts **FIXTURES** 

16th April - Exchange Day with Ceann Sibeal -Stableford sponsored by Anonymous Sponsor

## KERRY LADIES | LGFA KERRY LADIES IN ACTION

Munster Minor Championship – Round 5 Kerry 5-11 -v- Limerick 2-03

Munster U16 Championships – Round 5

Kerry A 1 – 18 -v- Limerick A 1 – 07 | Kerry B 1 – 04 -v- Limerick B 2 – 05

Last Saturday saw Kerry in underage action with the U16's at home to Limerick in Brosna and the Minors at home to Limerick in Cordal.

On Saturday morning action got underway in Brosna with the Kerry B team up against Limerick. The Limerick B's were managed by former underage Kerry manager Charlie McCarthy. Conditions were blustery with a wind that was at times favouring Limerick in the first half and at other times blowing across the pitch into the stand. This was reflective in the scoring with both teams just registering 1-01 a piece in the first half. It wasn't until the eleventh minute till the first score of the game was registered. Kerry's Saoirse O'Connor McCarthy with a free. Playing with the wind advantage Limerick made struck for a goal in the thirteenth minute from Grace Morgan. They scored their first point of the game in the nineteenth minute from Abigail Buckley. Despite playing against the wind Kerry were working hard and were rewarded for their efforts. Lili Mae O'Gara attempt for a point deceiving the Limerick keeper and ending up in the back of the net drawing the sides level as halftime approached. Limerick upped the intensity in the second half and outscored the home side 1-04 to 3 points in the second half. The goal from Gemma Leahy midway through the half would turn out to prove crucial as it gave the treaty county a fourpoint cushion. It was a lead they didn't look like relinquishing as Kerry failed to gain any momentum to mount a serious challenge. Frees from Saoirse O'Connor McCarthy did her best to keep Kerry in contention but Limerick were that bit more clinical in front of goal and did enough with points from Aoibhinn O'Connor and Evelyn Fitzgerald to run out deserving winners

The A game was next up at 1pm and Kerry came out victorious in this one with an eleven-point victory. In a game that ebbed and flowed in the opening half, playing against the wind, Kerry came out of the blocks and scored the first six points without response inside the first twelve minutes. Sara Fitzgerald, Mary Kate Smith and Muireann Teahan amongst the scorers. Credit to Limerick they could have dropped the heads but they got stuck in and responded in determined fashion. 1-02 without response saw the deficit down to the bare minimum with only seventh minutes on the clock. Caylee Hogan with the goal and the points coming from Ciara Curtin and Caoimhe Byrne free. It did little to deter Kerry as they would finish the half the strongest and score three points to Limerick's one to go in at the break three points in front. The points coming from Eva Costello (2) & Mikala Mulvihill. The second half didn't take off like the first as both sides traded the first four scores as the margin remained at three points. The crucial score would come midway through the half. A great move by Kerry saw Lori O'Connor finish to the back of the net. It allowed Kerry to open up a six-point lead and deflate Limerick who were doing their best to keeping within touching distance of Kerry. Limerick would add a further two scores in what remained of the game. Kerry added a further seven points to see out the game deserving winners. It could have been more if Kerry were that bit more clinical in front of goal.

#### **KERRY MINORS**

The Kerry minors got their Munster campaign back to winning ways with a convincing win against Limerick in Cordal. The side showed numerous changes to the side defeated by Cork in the previous round and quickly laid down a marker racing into a seven-point lead inside the first five minutes. Clara Daly and Julia Curtin with the goals. The visitors were clearly shell shocked and didn't register their first score till the thirteenth minute. They had a chance for a goal in the eleventh minute but Kerry's Aoife Looney saved well. A much-needed goal from Leah Geary failed to get them going in the half as two Julia Curtin points began to see Kerry extend the lead and pull away from the visitors. The lead could have been further only for Ailish Kiely in the Limerick goal to save well. It was very much Kerry for the remainder of the half as Limerick offered little up front. Credit must go to Kerry's work rate throughout the field in helping eliminate this as they only scored one further point in the game. Katie Doe & Eabha Ní Laighinn with further goals as the home side went in at the break with a commanding fourteen-point lead. As often happens when a team goes in with a commanding lead the game can lose its competitiveness. That is what happened in Cordal on Saturday. Limerick needed a start like Kerry in the first but it never materialised despite registering the first score from Aoibhin Murphy. Limerick net minder Ailish Kiely saved a penalty to help inspire Limerick but it was Kerry who tagged on the scores in a period where both sides made a raft of substitutions with a view to giving girls as much game time as possible. While the half may not have had as many scores in the first it showed the hunger and desire of the players when they came on and the improvement the team have made over the course of the competition. All of Kerry's scores bar one came from play. Limerick got a consolation goal late on but it mattered little as Kerry ran out deserving winners

#### Sunday the 16th of April

Munster U16 Championship B final 12 noon Kerry v Waterford

Sharon O Keeffe Tournament (Munster B Competition) 2pm Tipperary v Kerry



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SOCCER FOCUS

#### **KILLARNEY ATHLETIC AFC NOTES**

Killarney Athletic B 3-2 St Brendan's Park B Conor Collins, Darren O'Doherty, Aaron O'Sullivan

Our Senior B's came up against a youthful and spirited St Brendan's Park B side in the last 8 of the Tommy Healy Cup.

We got off to a great start when Conor Collins latched onto a pin point through ball and lashed the ball into the far side netting with a finish any forward would dream of. Darren O'Doherty got his head onto a loose ball from a corner to double our advantage before half time. We started the second half right where we left off when a Conor Collins corner was kept alive brilliantly by Armend Gashi, who knocked it into the path of Aaron O'Sullivan who finished it off to put us in firm control. Park Bs would not give up though as they took advantage of a slight Atheltic mixup from a set piece and found a way back into the game to make it 3-1. Shortly after, beautiful free kick scored over the wall from Park set up a very nervy final 20 minutes. With some great saves from Conor O'Riordan and dogged defending from David Naughton, James Suter, and two centre halves Cillian Hickey and Frank Cronin, our composed midfield of Jason O'Grady, Eoghan Lawlor and Darren O'Doherty helped the side get to the 90+ minutes at 3-2 with great help from all the boys off the bench. We now look forward to the semi finals of the cup as a great season continues.

THE U16's had a good 4-0 win tonight v Fenit in the cup and can now look forward to a guarter final against Kenmare. On a great evening for a game we were slow out of the blocks again with Fenit looking dangerous on the break. As the game began to settle, Luke Doolan broke the deadlock with a free kick. Soon after Ben Kelliher finished our second via the post and just before half-time Luke got his second to make it 3-0. Fenit would of been justified for feeling somewhat unlucky at halftime as they were well in the game. The second half was a lot better from athletic and we began to dominate possession. We added a 4th when Luke completed his hat trick by rounding the goalie and finishing to an empty net. We could of added another few before the finish and Fenit were unlucky with a few chances but overall it's job done and onto the next round. Fionn Sheehan was solid in goals comfortably dealing with everything that came his way. Bryan O'Connor, Jack Rudden, Craig Leggate and Nathan Cronin put in some great tackles at the back and Mark Carroll and Fionn Daly doing good work in the centre of the park. Overall a good nights work but still plenty of room for improvement

#### **U14 DIV 2**

#### Killarney Athletic 2 - 2 Castleisland

Mark Corkery, James O Callaghan

The blues hosted Castleisland belle in Woodlawn this morning and it them a while to get going and paid the price as castleisland deservedly took the lead. This only seemed to inspire our lads as they seemed to come to grips with the game and started to take control. Their work paid off after mark scored a brilliant goal from outside the box to make it 1-1 At halftime. Athletic started the second half much better than they did the first and got their second of the day after mark played through James to make it 2-1. Castleisland responded well and piled on the pressure but our defence and goalkeeper proved too strong, that was until castleisland were awarded a penalty in the final 5 minutes of the game to equalise. The penalty was cooly dispatched and it was 2-2. Both teams had their chances in the final few minutes but couldn't capitalise resulting in a 2-2 draw which was a fair result for both teams. Thanks to Castleisland for a sporting game

#### **U12 PREMIER RESULT**

#### St Brendan's Park 6 - 1 Killarney Athletic Eric Corcoran

A tough day at the office for our young Blues today in Tralee vs a very good Park side.

Credit to our boys, they kept trying to play football but Park were just too strong on the day. Well done boys, better days ahead **U12 DIVISION 1 RESULT** 

#### Killarney Athletic B 2 - 3 LB Rovers A

Another great game by our battling blues this afternoon. Worked hard from start to finish and were unlucky not to share the points with the chances they created.

Goal Scorers: Aidan Hickey. Assists: Sean Mullins, Kacper Maciol. MOTM: Robert Sychta

#### **BALLYHAR DYNAMOS FC** LOTTO

No.s 4, 5,18, 20. No winner of the jackpot. 5 x €25: Mairead O Connor, Ballyhar. Abbie Mahony, Scartaglin. Danny Cronin, Firies. Miriam O Donoghue, Ballyhar & Ryan Quilter, Firies. Next draw for jackpot of €12,000 will take place on Sunday next, 16th at Butlers Bar, Firies. TFAMS

The club's u12 travelled to take on Listowel Celtic B in the league and came away with a 2-6 win. Ballyhar led 0-2 at the break,thanks to goals by Daithi Allen & Daniel Ryan. Callum Templeman struck for two in the second half with Alex Finn & Charlie Curran scoring one each in a good squad performance.

The u14s secured a very credible 2-2 away draw to St Brendans Park FC B in tralee. Ballyhar trailed 2-0 at the break but a neat finish from Isaac Vickers & a headed goal from Ryan Quilter secured the point on the day. Kianin Croinin was secure in goal with Conor O Leary, Ryan Breen, Sean Brosnan, Conor Edwards & Daniel Downes also prominent during the game.

#### **KILLARNEY CELTIC**

#### **CELTIC LOTTO**

Numbers drawn 2, 9, 11, 17. No jackpot winner. Match 3 winners received €30 each. Next jackpot €3,200 on Monday April 17th. Tickets available from The Dungeon Bookshop, Hegartys Park Rd, club members and online through clubforce.com

#### **PREMIER A**

#### Killarney Celtic 4, Castleisland AFC 0

Lee Downing, Cathal O Shea, Wayne Sparling, Dvlan O Callaghan

Celtic booked their place in the Premier A Final after a good win over Castleisland AFC last weekend. Celtic opened the scoring on 25 mins when Cathal O 'Shea finished to the net. Wayne Sparling doubled the lead as Celtic went into the half time break 2 to the good. Lee Downing put the game beyond doubt in the 54th minute before Dylan O'Callaghan finished off the night's proceedings to leave Celtic in the league final.

#### **U12 PREMIER**

#### Iveragh 2, Killarney Celtic 1 **Cillian Scannell**

#### **U11 BOYS**

Well done to our U11boys who were mascots for the Kerry FC vsFin Harps LOI Div 1 game and who played at half time in Mounthawk Park. Killarney Celtic were represented by former players Matt Keane, Ryan Kelliher, Trpimir Vrljicak, Stephen McCarthy in the Kerry FC squad and Daniel Okwute in the Finn Harps



Ballyhar Dynamos FC u17 squad who have completed their season with a mid table finish Ballyhar Dynamos FC u12 Division 1 squad who defeated Listowel Celtic B away on Saturday last. in Premier B of the KDL.





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SOCCER FOCUS

team.Thanks to Kerry FC for the invite.

**WELL DONE** to our U10 Green team who have qualified for the semi final of the U10 cup and to our U10 Gold team who played Castleisland in the U10 shield competition.

**OUR U13 AND U14** boys squads were in Verres Italy where they played some local teams and they also attended the Torino vs AS Roma Serie A game

#### GIRLS

#### U16 Premier LB Rovers 0, Killarney Celtic 6

Katie Foster 2, Eve Culhane 2, Abbie Finnan, Aine O Sullivan

After a tight opening quarter Celtic took a grip on the game and led 2-0 at the break. Further goals in the 2nd half saw Celtic run out clear winners and the squad remain unbeaten in the league.

**WELL DONE** to our girls Emily, Grainne, Caoimhe, Emma, Liadh, Anne, Kate and coach Natasha who were part of the Kerry U15 Girls squad at the YES Cup in Milan.

**CONGRATS** to our U11 Girls who have qualified for the U11 Padraig Harnett Memorial Cup Final.

#### **MEK GALAXY FC**

#### GIRLS

**U12 Girls Premier Division** 

. . . . . . . . . . .

Killarney Athletic 0 MEK Galaxy 0That point secures us 2nd place in the Premier Division. Well done to Jo, Tony & Nuala and to the squad for a fantastic season.



3

#### **U12 Girls First Division**

**MEK Galaxy 0, Listowel Celtic 4** Well done to our girls, played really well Boys

#### U11 LISTOWEL 5 MEK GALAXY

Unfortunately it was not to be for our first U11's team this evening in Listowel. The final score was 5-3. We started strong with a 3-0 lead with goals from Tristan Cryan and 2 from Darragh Curran. All the boys should be extremely proud of themselves and best wishes to the remaining 2 teams playing on Monday.

#### U12 BOYS PREMIER DIVISION MEK Galaxy 3, Tralee Dynamos 0

Another great result by these boys. Goals from Shea Driver, Darragh Burke, and Gerry Moroney.

#### U14 DIVISION 2

St Brendan's PArk 6, MEK Galaxy 4

(Half time 3-2) Goals: David O'Shea (2), Ivan O'Shea (2)MEK went into a two goal lead and dominated play for the opening 15 minutes but conceded three before half-time, including a penalty. Scoring from set pieces, MEK finished strongly and deserved more from an entertaining game. MOTM Ivan O'Shea **U16 BOYS DIVISION 1** 

#### MEK Galaxy 1, Camp 0

(Ronan Bennett) Tough game, only 12 players, and unbelievable effort from all. Special mention to Diarmuid Quirk , Noah O'Shea and Ronan Bennett



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## JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

#### THE SEARCH FOR SAM

Well, we weren't even playing, but the opening provincial games will have made Jack O'Connor sit up a little bit – and actually, not necessarily in a good way.

#### Clare v Cork

Two things of note here. Were Cork as bad as we are told? Yup. For all the hardworking volunteers on the ground in Cork - and for all the rivalry between our counties, they are wonderful people, I'd take a children's team up to any game in Cork and know that there wouldn't be a cross word said to them - this was a heartbreaker. It has to be said that it's a heartbreaker for a lot of businesses in Killarney as well; hosting a Munster Final would have generated important income in the town. I really and truly thought that Cork were on the right road. I expected us to be playing them in Munster (before anyone starts accusing me of arrogance, check the statistics for Munster Finals). Now, the loss of Brian Hurley and Cathail O'Mahony cannot be understated. Cork have had an over-reliance on Brian Hurley for scoring power for several years now. O'Mahony had helped with that, much as Ryan O'Donoghue of Mayo reduced that county's dependence on Cillian O'Connor (we shall return to that subject!). Losing both is like us losing Seán O'Shea and David Clifford. Sherlock actually did well on the frees. The trouble was the football, and this isn't just a problem for Cork. One point from play in the first half, and that from your centre back, and five frees. This negative, possession, man-the-ramparts-from-behindcastle-walls type of football so prevalent nowadays is hideous.

I do realise that I sound old and curmudgeonly at this stage, and I realise that tends to happen with each generation. But this isn't that. Gaelic Football really was an infinitely better spectacle a quarter century ago when I was young and wide-eyed. This mass defence stuff will keep the score down against a good team, that's why every team (absolutely including Kerry, by the way, this is not any holier-than-thou guff) does it. In fact, teams that line out like that often clock up big scores on the overlap against weaker teams who have to come out and leave gaps when they have to chase the game. But the top teams don't leave those gaps now. Dublin played Cian O'Sullivan more as a quarter-back than a man marker. Last year Kerry deployed Tadhg Morley as a roving linchpin to close any such gaps.

Colm Collins – and jaysus but that man has made some hand of Clare football – got his tactics perfect. Cork did improve in the third quarter and I thought that would be it, but Clare stayed with it and the introduction of Darren O'Neill as a big fielder seemed to really stymie Cork on kick-outs. It has to be said that if Keelan Sexton, who is really starting to fulfil the potential he showed as a Leaving Cert. Student on Clare's senior panel (Sexton was a phenomenal talent, but respectfully never had the players around him at minor or U21 to develop it on a consistent basis) was playing for Cork, it would have been a very different result. Everybody talks about defensive strategies these days because, frankly, that's all you see when you go to games, but I maintain that scoring power is absolutely key.

The other point to make that many people, and I was a touch guilty of it myself, was forgetting that Clare actually had an impressive enough campaign in the National League. This game isn't just about the failure of Cork, though that is of course the headliner. It's about the success of Clare. This was no lucky win at all. In fact, Clare missed sixteen scoring chances throughout the game. They need to look at that, you will not get away with that profligacy again in this championship. They also need to be wary of Limerick, by the way. Forget last year's Munster Final, Limerick were very much hoarding caution instead of throwing it to the winds in that non-event. Limerick are a tough enough side in their own right.

The other issue, of course, is that Cork now face an anxious wait to see if they even qualify for the sixteen teams to contest the Sam Maguire. Looking at the permutations, I think they will still be okay, although it will be a close run thing. Much depends on Cavan and Meath. But no matter what, I think that in a county where the supporters are already disgruntled at you, that wait to learn your fate has to jangle on any players' nerves a bit and that doesn't help.

As for ourselves, I'd have worried about Cork. I didn't think they had the quality to beat us this year, but I did think that they were the biggest danger to us in Munster. I do think they are developing correctly and getting stronger – I do hope that they don't over-react to this defeat and throw the baby out with the bathwater. I'm not really afraid of Tipperary (I'm sure Cork supporters said the same about Clare last weekend!) but Tipperary are not the force that they were ten years ago and again, I just don't see where the scoring power would come from. Likewise Limerick and Clare. I'm not saying that it will be easy - jaysus, I'd never tempt fate like that - but it is an easier path. This year I'm in favour of the easiest road you can follow. I believe that managing the long schedule of games, especially with long interludes interspersed with frenetic activity, is going to be the biggest challenge for management teams this year. Might we be coming in cold into this group stage pseudoalmost-quarter-final thing if we can get an easy enough run? Maybe. But given that three teams qualify out of four teams, I think you'd get back up to speed quickly enough, so I have no fear of us coming in cold.

#### Roscommon v Mayo

Ouch. I had no axe to grind in this one. Mayo have been looking like All Ireland contenders in the National League and have the first real silverware of the year in the bag. They looked very, very good. But, much like people forgot that Clare were actually a competitive Division Two team this year, Roscommon were right up there with Mayo and Galway after a great league themselves. It was our failure to really put the game to bed after taking a big lead against them at home that had me questioning Kerry's ability to close out games.

So I had no particular favourites, though of course I expected Mayo to win a tight battle.

After twenty minutes – I promise you, this is absolutely true – I channel-surfed to see if there was anything better on television. Don't bother getting high and mighty, I'm not disrespecting the enormous effort that teams put in. But it was one point apiece. God help us, but there's crathurs who paid money into that.

There wasn't anything better on, by the way. Roscommon won, and deserved to win, but I have to say that both sides were disappointing for me. Mayo in the last quarter.....oh lads. I firmly believe that if they had opened up, they could have picked off the winning scores with a bit to spare. But they didn't. Mass defence, force a turnover, and drive forward. Fair enough, you can't kick it in, not with Roscommon's interesting 13-1-1 formation at that stage. But instead of hand-passing it to a player who has as much space to forward as you do, i.e. none because of the wall of bodies in defence, why not actually just kick it over? Look again at where players were stationed and the space they had to shoot. I'm not talking fifty metre potshots. I'm talking 35 metres in front of goal with time to get the shot enough. Instead, time after time, they were bullocking forward like a rugby league line trying to get in on goal. Roscommon knew what ye were trying to lads. In fairness, Beavis and Butthead could've have worked out what ye were trying to do. Of course they are going to put obstacles, i.e. bodies, in vere way. Roscommon won several frees out (I did think that one call against Aidan O'Shea was harsh, a case of a player being penalised for simply being bigger rather than an infringement) that were handed over by Mayo seemingly stuck in a game plan that wasn't working.

Of course, when you actually stop and think about it, this doesn't actually hurt Mayo. This benefits them. They have a break now after a long National League campaign instead of a blood and thunder repeat battle against Galway. Sure, they won't be lifting the Nestor Cup this year – but the simple truth is that any argument that the new format devalues the provincial championships is very late to the party. They have been devalued, at least among the top All Ireland contenders, ever since the

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#### ALL THINGS....SPORT



In attendance at a photocall ahead of the 2023 Lidl Ladies National Football League Finals is Division 1 finalist Síofra O'Shea of Kerry at Croke Park in Dublin. The Divisions 1 and 2 Finals will be played at Croke Park next Saturday, April 15, followed by the Divisions 3 and 4 Finals at Parnell Park next Sunday, April 16. Photo by Sam Barnes/ Sportsfile



While Dr. Crokes and Spa were battling it out in the County League on Saturday, a large Croke and Spa contingent travelled to Ruislip to give united support to former Croke and Spa players, who now play for London, in their Connacht Senior Football Championship game with Sligo. Included in the photo' are London players Conor O'Neill (Dr. Crokes) - back row second right, Matt Moynihan (Spa and Crokes hurler) - back row right with cap, Matt's cousin Stephen Dornan (Inniscara, Cork) - front row left and some of their family and clubmates from Ireland.

#### introduction of the back door.

Speaking of back doors, that's where the Taillteann Cup comes into play. Quite simply, you are pretty much guaranteed to have a tough game against a top sixteen team at minimum in the back door. Think about it. You already have some very dangerous teams swimming in those waters. I don't think Kevin McStay was playing any ducks and drakes here and, frankly, without a better plan to open up attacking space, it won't matter anyway, but this could actually work out in Mayo's favour in the long term. A system that actually rewards a first round los might need tweaking, but I wouldn't go so far as to say that yet. We'll see.

#### New York v Leitrim

New York, New York. As Frank Sinatra sang, it's so good they had to name it twice (which is actually true, it was originally named New Amsterdam by the Dutch, who built a defensive wall on what is now Wall Street - a bit of random trivia for ye). Except that they weren't that good at football in recent years. People forget now that back in the fifties and sixties. New York actually had very strong GAA teams and would play the domestic National League winners for the title outright, with lads like Brendan Hennessy, Mick Moynihan, and the Foleys. They rattled our bones several times in a few of those finals. But the truth is that they have never, ever won a championship game since being introduced into the Connaught championship. I always wanted New York and London to have places in the All Ireland championship, but I was (and remain) a little bit sceptical of their ability to field for an away game. Let's be blunt about it, work permits and visas are always likely to be included in that particular conversation. But that remains for another day. Nothing can take last Saturday, the day they wrote their names into the history books, away from them.

There have been great teams in history that didn't include Kerrymen in their ranks. You'd have to say that the LA Lakers were decent at basketball. Brazil played nice soccer in 1970. Kilkenny could hurl back in the day, so could Cork even earlier. But there haven't been many teams that didn't include Kerrymen out of New York, and this was a case in point. Rob Wharton was probably man of the match. I still think that winning a rugby scholarship with Roscrea (and subsequently a Leinster Schools Cup, pretty much the only medal that eluded Brian O'Driscoll) cost him at minor grade. He did play senior championship once for Kerry, but I thought he deserved more of a look. Gavin O'Brien was in there and could be awesome on his day. This was one of those days; he absolutely was magnificent. His father Ger 'Mush' gave one of the great displays when Rahillys beat Kilcummin in a County Final in 2002. Gavin's performance against Leitrim, in the circumstances, may have surpassed it.

The Walsh brothers were proud native New Yorkers in the aftermath of a game in which they played huge roles, with Mike having kicked the winning penalty. They have strong Kerry connections themselves, being the sons of Mike Walsh from Knocknagoshel. He played a bit for Kerry himself and would certainly have played more if he hadn't emigrated. He was also the full back on the great St. Kierans team in 1988 that beat Dr. Crokes in the 1988 County Final.

#### Sligo v London

This was more a part of the expected script. Pat Spillane Jnr. Has been absolutely thriving ever since lining out for his mother's native county and he gave a superb display here that included 1-4 from play. In the end, Sligo had a fair bit to spare, 2-20 to 0-12, though it would have been tighter had London executed a few more of their chances. One of their key players was Chris Farley from Dromoda na Piarsaigh, with Dingle's Ruadhán Mac Carthaigh coming off the bench, while Conor O'Neill of Dr. Crokes and Matthew Moynihan of Spa were key members of the London panel.

#### LADIES GAA

Best wishes to the Kerry Ladies team in the National League Division One Final this

Saturday against Galway and to the Kerry Camogie team who will face Meath in the Division 2A Final at 12 noon on the same day. Both teams beat their respective opposition in the group stages, but both sides will know that a final in Croke Park is an entirely different ball game!

#### KERRY HURLERS LAY DOWN IMPRESSIVE MARKER McDonagh Cup: Kerry 1-26 Down 1-14

This was good. This was seriously good hurling by Kerry, the first really convincing sign I've seen by them this year. I was actually worried enough about this one. You don't get anything easy hurling in Ballycran, and frankly Down don't give us easy wins even when we are at home . Moreover, we were travelling without the injured Mikey Boyle or Daithí Griffin (who looks likely to sit the rest of the year out, and I wish the Ardfert and Brendans player best wishes), Pádraig Boyle and Jason Diggins were dropped. That was a bit of a controversial one. We are told that it was for breaching a drinking ban and that it was the leadership group who called for them to be dropped. That's fair enough in itself, but I am always sceptical of the imposition of group requirements of commitment. Players are different and what helps one player to focus can feel like a burden on another player. I'm passing absolutely no judgement on this case; I don't know anywhere near enough from the outside about it, but it was certainly a big call to make. Dr. Eamonn O'Sullivan always relaxed the rules for Paddy Bawn Brosnan, Alex Ferguson did likewise with Eric Cantona, while Kevin Heffernan's teams had a lot of leeway and rewarded his trust.

Kerry were good. Actually, very good. As in, if they can maintain this kind of performance after a few stuttery displays in the League, they have a real chance. Tim Prenter opened the scoring from long distance for Down, but Shane Conway hit the next three points. The usually unerring Paul Sheehan was clearly having an off day for Down – I don't think I've ever seen

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him scoreless in a game before. Kerry struck for a goal when a defender batted Shane Conway's long ball straight out and Eoin Ross was waiting with a great strike. A defender batting the ball straight out from his own square in hurling is like a footballer under-hitting a back pass, always a big risk. Ross and a sweeping Evan Murphy were outstanding for Kerry at this stage but the best player of the pitch was once again the indomitable Fionán Mackessy. All over the field, though, Kerry simply looked bigger, faster, and hungrier. With Murphy switching in and out in defence brilliantly and Down trying to drop back to create space for dangermen McGrattan and Sands, Cillian Trant in particular was able to open up room on the wing, Pearse Óg McCrickard was battling valiantly for Down and he hit their first point from play after fifteen minutes but they soon trailed by 1-6 to 0-2. They did pick up a bit late in the first half to trail by just 1-9 to 0-6. I know it's double scores, but I was still worried. Kerry's performances so far this year, the scoring chances they had missed (it has been an issue in games) and the speed at which scores can arrive in hurling meant that I was a long way from writing off Down's chances.

Kerry never gave them a sniff. It was as complete a display as you could hope for. They outscored Down by 0-8 to 0-2 in the third quarter. They had a multiplicity of threats. Down looked like men trying to stop the tide with buckets. In the last ten minutes Kerry were simply scoring at will, even though Down did the consolation of a late goal. Great to see Dr. Crokes Tom Doyle get a run late on.

Offaly beat Laois in a tough enough battle, with little enough between the sides, 3-19 to 1-22. The result that made everybody sit up, though, was Carlow putting Kildare by the sword. The Lilywhites made all the headlines during the league, deservedly so, but they were beaten by 5-23 to 0-19. Were Carlow keeping a bit of powder dry all along? We'll find out next weekend when it's our turn to face them!

#### JIM MCKEEVER RIP

I was always an admirer of the tall, lean Derryman. I never saw him play, of course, and the only video I could find of him playing are clips from the 1958 All Ireland Final. heard many admirers though no player or supporter from that era has ever



The late Jim McKeever

said a bad word to me about McKeever, as a footballer or as a gentleman, and I heard plenty of interviews with the man.

There was literally no such thing as Derry GAA when he was born in 1930, it was founded in 1933 ( we do sometimes forget how much of a struggle it was for GAA to survive in the Six Counties). There was certainly no such thing as a club in his native Ballymaguigan. He picked

up the sport playing informal games at St. Therese Primary School. He won his first two county championships with nearby Newbridge and soon caught the eye of the Derry selectors – how could he not! He made his debut in 1948 and was an automatic selection until retiring from the county fourteen years later.

In 1950 the GAA started a new competition, the Dr. Ryan Cup, between Ireland and a Combined Universities team. It was hugely prestigious, and McKeever was the only Ulster man to make the Irish team (I'd speculate that in those days, university education was more available in the Six Counties). Mckeever was selected four times for Ireland.

In 1955 Derry reached their first ever Ulster Final, a huge boost for a success-starved county. They lost to Cavan, who had the likes of Mick Higgins, Gunner Brady, Peter Donohue.... household names. McKeever didn't look out of place in that company. He wasn't a national name quite yet, but in the pre-television era, word of mouth was much more powerful than it is nowadays (frankly, there should be a minimum IQ test before you are allowed a twitter or instagram account) and he was being acknowledged. In 1957 they knocked on the door again, but were rebuffed by Tyrone.

His annus mirabilis came in 1958. He played in the first ever Wembley Tournament, limning out for Derry against Galway in the football.

His year was only starting. Derry saw off Antrim with a bit to spare in the opening round of Ulster. Cavan still had the star names, but they were no longer a young team, and Derry had the legs to get over the line. They faced Down in the final. Down were flying a small bit under the radar themselves; Maurice Hayes had only started his transformation of that counties' fortunes and they had the nucleus of the team that would later play and beat Kerry three times in the sixties, but no soothsayer was making that prophecy just yet. With McKeever giving one of the great displays, Derry lifted the Lagan Cup for the first time.

It got better. Derry were set to face Kerry. Absolutely nobody was giving them a hope. This was the Kerry of Mick O'Connell, Mick O'Dwyer, the Murphys from Camp, the Sheehys, John Dowling, Jerome O'Shea.... names to conjure. By now everybody knew about McKeever, and teenager Seán O'Connell was making a dramatic impact, but as for head to head with Kerry? No, Kerry would of course be facing Dublin in a repeat of the famous 1955 Final.

Except that somebody must have forgotten to tell Derry the script. They came out like nerveless tigers, none more so than McKeever. He was majestic – Mick O'Connell in later years would recall McKeever and Offaly's Willie Bryan as the greatest opponents he ever faced and McKeever probably the best fielder of a ball. McKeever and O'Connell both played the same way, with the emphasis on pure skills. McKeever was instrumental in Derry kicking an important 1-3 in the second quarter – the loss to Kerry of Tom Moriarty with a badly broken leg (sadly, he never played again for Kerry) didn't help Kerry's cause. Derry led by two points at half-time.

With Seán O'Connell growing hugely into the

game, Derry still led by one going into the last five minutes. It has to be said that Kerry didn't help their own cause, kicking seventeen wides to Derry's four throughout the game – then as now, that's a damning statistic. The game was still within Kerry's grasp, though.

Then it wasn't. Seán O'Connell cut inside soccer style and let fly from thirty yards. A wet day,a greasy ball.....Donal Marcus O'Nell got to it but couldn't stop it spinning into the net. Tadghie Lyne did score a late consolation for Kerry, but it was scant consolation indeed.

Derry faced Dublin in the All Ireland Final, with McKeever again majestic. Dublin brought out the great Lar Foley to curb him, which helped turn the tide somewhat, and the metropolitans finished the day victorious.

They didn't have the best footballer of the year, though. RTE Sports reporter Mitchell Cogley had enlisted Dan Langan, CEO of Caltex Ireland (later Texaco) to start a sportsman of the year award scheme, and Jim McKeever of Derry was the automatic and unanimous choice for the inaugural gaelic football award. Killorglin's Gene Mangan won the cycling.

Was McKeever Derry's best ever footballer? I'd argue that particular honour would have to go to Seán O'Connell, and the powerhouse that was Anthony Tohill would be named in the conversation. But McKeever was the player above all others who turned Derry from a GAA backwater into a real power and he literally inspired the generations that have seen the game thrive so much in the county ever since. It is not just his native county that is the poorer for his passing.

#### SOCCER League of Ireland: Kerry FC 1 Finn Harps 1

Kerry pickerd up their second league point of the season after a morale-boosting display in front of a packed Mounthawk Park. The most encouraging sign, in fact, was before the game, when it was announced with two days to spare that it was a full sell-out. Kerry supporters understand how difficult a first step this debut season is and are getting behind the team all the way.

Kerry moved the ball well early on, with a lively Rob Vasiu and Kevin Williams quickly imposing thesmelves on the play. Kerry didn't really threaten to score, but they were being inventive in tryting to unlock the visitors and it made for entertaining play.

Daniel Okwute, on loan to the Donegal side from Stockport, is no stranger to this ground and reminded everybody how dangerous he can be with a great little flick on that allowed Ryan Flood a chance from a header, but Wayne Guthrie isn't beaten that easily. They were starting to look the more dangerous side now, but Kerry still had teeth. The goal was a thing of beauty, with Ryan Kelliher winning a good turnover and immediately finding Leo Gaxha. He sent in a lovely tantalising cross, measuring it perfectly, and Sean McGrath slid in to put it into the net, sending the home crowd into raptures. It rattled the visitors, and Kerry definitely looked the stronger side by the time

#### ALL THINGS...SPORT





#### the half-time whistle blew.

The first ten minutes of the second half was a siege. Wayne Guthrie had to be at his best to turn away a venomous strike by the dangerous Ryan Flood, and the same player hit the crossbar from the corner. Filip Fjeldheim Da Silva drew another great save out of Guthrie. Nervous times! Kerry handled it very well, though, absorbing the pressure and showing very cool heads as they gradually worked their way into the game. In fact, Kerry could have taken the lead, with Seán Kennedy drawing a

#### good save.

The equaliser arrived on 66 minutes, and I have to say that while it was well-worked, we left the door open a bit too wide defensively. Caoimhín Porter put in a good cross, but Flood should never have been allowed to have a free header after running in. That's still a weakness for us; we have conceded a good few goals through that fairly straightforward route. The good teams don't give you those, or at least make them much harder earned.

Ronan Teahan couldn't keep a shot low enough

to trouble the keeper, but the truth is that Kerry chances were few and far between. It was Finn Harps who were pushing for a winner, but Kerry showed that they have been absorbing lessons in their games as they closed down everything. A draw and a second league point, but most importantly the support of the crowd (in fairness, Finn Harps brought a big and friendly bunch of supporters as well) made it a very good night overall for everybody.



## TJ Drives off in style at Beaufort Club Development Car Draw

Beaufort man TJ O'Connor has won a Ford Focus Titanium in the Beaufort Club Development Draw.

Chairperson of the County Board, Patrick O'Sullivan travelled to Beaufort on Monday to draw the winners at the Beaufort G.A.A. Club.

The draw which was in aid of Beaufort G.A.A Club all-weather surface was made possible after months of hard work by many people.

The Club wish to thank everybody who bought and sold tickets, the subcommittee, the draw administrators, photographers, videographers and those who helped in any way during the ticket selling and on the day.

"We wish to thank the Chairperson of the County Board, Patrick O'Sullivan

who travelled to Beaufort to draw the winners.

We thank Fiadhna Tangney, M.C. on the day and Sergeant Deirdre Quinn who was the scrutineer", a spokesperson for the club told Killarney Outlook.

The first prize was a Ford Focus Titanium car and the the lucky winner was T.J. O'Connor, Tullig, Beaufort.

Second prize of €1,000 went to Mary Ashe, Cappaganeen, Beaufort. Third prize of €500 went to James O'Shea, Fossa.

Fourth and fifth prizes of €250 went to Aoife O'Brien, Ballagh and Molly Joy, Killorglin.



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#### DR. CROKES GAA CLUB

### SFL DIV 1 Dr. Crokes 1-17 Spa 1-12

We continued our winning streak in round 3 of the Senior Football League with a 5 point win over neighbours Spa in tough conditions on Saturday last. In a game of two half's, which was largely dominated by the strong wind, we got off the a great start, playing with the advantage of the wind. Mikey Casey opened the scoring in the first minute of play, before Billy Courtney followed with another, just 1 minute later. We controlled the tempo of the game with Mark O'Shea and David Shaw kicking some fantastic points from play. We led 0-11 to 0-01 after 23 minutes of play. Spa added to their tally in the 25th minute of play, scoring 3 consecutive points, 1 free and 2 from play, before Mikey Casey closed the scoring for the half. Half times score Dr. Crokes 0-12 Spa 0-04. Spa started the second half the stronger, playing with the advantage of the strong blowing wind. After just 3 minutes of play, Spa's Cian Tobin tapped a high ball passed Bryan O'Shea in the Crokes goals. Spa continued to up the pressure in all areas of the pitch, playing some really physical football. Crokes continued to play patient football, regaining composure and controlling the game from here. Their patience was rewarded in the 29th minute of the second half when young Charlie Keating found the back of the Spa goal, giving us a comfortable 4 point lead with 1 minute of normal time to be played. Michael Potts kicked the last score of the game securing a 5 point win. Next up is Killarney Legion away on April 23rd.

#### LGFA U16 Dr. Crokes 6-07 Dingle/Annascaul 2-08

Well done to our U16 girls who had a fantastic second half performance on Monday last to take their first win of the year against a very good Dingle/Annascaul side. It was a great team performances overall, but special mention must go to Sarah Cooper who was lethal in front of goal. Well done to team and management.

#### U11 GO GAMES

Our U11s kicked off their season at home on Thursday last with Go Games against Fossa. They had two games in lovely conditions. It

was great to see all our young players hard work pay off. There was some great football on display. Thanks to Fossa for travelling in and to our young refs Adam and Alex.

#### ACADEMY

We had another great morning our Academy on Saturday last. Everyone was excited for easter and we welcomed the Easter Bunny who had Easter eggs for all members.

**MEMBERSHIP** is now due for the 2023 year. Follow the find below https://member. clubforce.com/memberships\_cart\_m.asp?LL\_ ID=734&intMF\_ID=11762#Anchor

**LOTTO** took place on April 10th Numbers drawn were 2, 12, 22, 26 Jackpot of  $\in 6,800$  was not won. 9 patrons matched 3 and receive  $\in 45$ . Jackpot for draw on April 17th will be  $\in 7,100$ . We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below and follow instructions attached

https://play.clubforce.com/play\_newa.asp?ll\_ id=734#Anchor

#### BINGO

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,100 with over €2,000 in prizes to be won in 10 games of bingo. Everyone Welcome.

#### MASTERS CHALLENGE

Congratulations to Mark O'Shea who won our Master's Challenge and to Colum Moloney and Bkarney Golf 14 who won 2nd and 3rd place prizes.

#### NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@ gaa.ie.

#### **FIRIES GAA CLUB**

#### SENIOR CLUB RESULTS

County League Div 2: Firies 1-07 v An Ghaeltacht

1-12

County League Div 6: Firies B 3 -12 v Beaufort 3-12

Minior County League play-off: Castlegregory 0-09 v Firies 2-06

#### **BALLYHAR-FIRIES GAA LOTTO 10/04/2023**

Numbers drawn were: 9,10,14, 25. No jackpot winner. 5 x  $\in$ 30: Brendan O'Sullivan, Ballyhar. Paul McEntaggart, 6 Ashgrove, Firies. John Corcoran, Farranfore. Padraig O'Sullivan, 22 O'Sullivans Place, Killarney. Peter Costelloe, Firies Next week's jackpot  $\in$ 6100.

#### **KILLARNEY CAMOGIE CLUB**

## UNDER 6 & UNDER 8

Training Mondays & Fridays from 6-7pm in Spa. Hurleys & helmets can be provided on a rental basis for the season. Football boots, shin guards & water required. All girls with birthdays from 2015 to 2018 (age 5 upwards) are eligible for this age group.

#### **UNDER 10**

Training Mondays & Fridays from 6-7pm in Spa. Hurleys & helmets can be provided on a rental basis for the season. Football boots, shin guards & water required. All girls with birthdays in 2013 & 2014 are eligible for this age group.

#### UNDER 12

Training Mondays & Fridays from 6-7pm in Spa. Hurleys & helmets can be provided on a rental basis for the season. Bring football boots, shin guards & water. All girls with birthdays in 2011 & 2012 are eligible for this age group.

#### UNDER 15 FÉILE

Our Under 15 team got their County Féile campaign off to a start last weekend with 1 game on Friday, 2 games on Saturday & 1 game on Monday. Remainder of games to be advised at a later date.

#### UNDER 16

Training Mondays & Thursdays in Spa from 6-7pm. All girls with birthdays in 2007 & 2008 are eligible.

#### UNDER 18

Training Mondays & Fridays in Spa from 6-7pm. All girls with birthdays in 2005 & 2006 are eligible.

#### REGISTRATION

New members always welcome & registration



Maura retires from the Legion GAA Club Shop: Academy supervisor Liam O Toole and Club Chairman David Randles made a special presentation to Maura McCarthy to mark her contribution to the club.



Pictured at the launch of the Killarney Legion GAA Golf Classic are back row left to right Shaun O Connor (Finance Committee), Darragh O Doherty (Senior Team Captain), Ann McCann (GlenEagle Hotel), Tom Moriarty (Killarney Legion and GlenEagle Hotel), Aaron McCann (GlenEagle Hotel), Sean Murphy( Finance Committee), in front Alex O Callaghan (Senior Team).

😻 GAA I AROUND THE COUNTY

is done on www.foireann.ie. For any details on registration, please contact Treasurer/Registrar Louise Moynihan or Secretary Sarah Breen. All details on how to register can also be found on our Facebook page.

#### **KERRY SENIOR CAMOGIE**

Best of luck to the Kerry senior team who contest the Division 2A Final v Meath on Sunday 16th April in Croke Park. Throw in is at 12pm. Best wishes to our local player & current U14 coach Kate Lynch!

#### **KILLARNEY LEGION CLUB**

#### GOLF CLASSIC

Sean Murphy and his team are delighted to announce that our Annual Golf Classic is back with a bang with Friday May 5th pencilled in as the date. What an opportunity to play on one of Ireland's most picturesque courses, the famed but equally fair O'Mahony's Point where you will still enjoy the track regardless of your skill level. We are committed to providing our members and the broader Killarney community with the best facilities possible to enhance their health and wellbeing. Every week, hundreds of families use the facilities in the Club and over the past few years, these facilities have been upgraded substantially including excellent floodlighting, upgrading and resurfacing of our 2 main pitches and installation of a 3rd smaller training pitch as well as upgrading of gym facilities to incorporate all ages and sections of the Club. To continue to be able to fund this we are running our Classic and if you would look to support us now is your chance. A team of three is 300 Euro and a tee box can be sponsored for 100 Euro.

We are delighted also to welcome the GlenEagle Hotel and Apartments as the main sponsor of our Classic and we are very grateful to Patrick and the O Donoghue Family for their marvellous support.

For more details you contact our Golf Classic Committee members...Shaun O'Connor 086-2940833, David Randles 086-2595765, Sean Murphy 087-2461780, Liam McGuire 086-2370865, John Bowler 087-2464651, John Foran 086-3907722.

#### SENIOR MEN UPDATE

The Senior Men travel to Rathbeg this Friday April 14th for Round 3 of the County League. A tough game is in the offing against the newly crowned All Ireland Intermediate Champions while the following weekend we have a home game against Dr Crokes.

The Senior B Team played out an entertaining draw with neighbours Fossa on a dampish Easter Sunday afternoon. Fossa started the brighter and despite two points from the Moriartys, Thomas and Gavin, the home side led 0-5 to 0-2 at the end of the first quarter. Six points were shared equally between the sides in the next phase of play with the Moriarty brothers again hitting the target along with Tadhg Doolan to make it 0-8 to 0-5. But Legion got a strong grip on proceedings then with Alan Moriarty joining the clan on the scoresheet alongside Jamie Alade, Stephen Flattery and Tadhg Doolan again. An early second half point



Killarney Camogie ClubFeile team who were in action last weekend.

from Thomas completed the turnaround as Legion now led 0-11 to 0-8. But Fossa now had the aid of a strong breeze and they finished the game stronger. In the end it was a stalemate at 0-13 a piece with one point from Gavin Moriarty being particularly impressive. They now face Kilcummin in Round 4 on the weekend of April 22nd/23rd.

#### **JUVENILE BOYS**

Our Under 11 Boys kicked off their season with our Green and White teams playing against Rathmore in Direen last Thursday evening . Donal O Donoghue prepared the fields, and our two club referees John Keane and Oisin Fleming took charge of both games .Two evenly matched sides produced some excellent football, and both sides were a credit to their clubs in their attitude and skills that were on show .Thanks to Rathmore for travelling, and we wish you well in the remaining games . Well done too to our Legion boys , all 26 that gave it their all in the evening . Next up is a trip to John Mitchels for our first away day fixture.

The U15 Boys are operating in Division 1 of the County League this year and they welcomed Laune Rangers to Direen in the past week. In a rip roaring game the sides finished level at the end of 60 minutes, Fielding a young side there are twelve players eligible again next year. The game was well refereed by Tom Walsh and thanks to Laune Rangers for a great game under the Direen lights. Final score Killarney Legion 1-10 Laune Rangers 1-10. Na Gaeil are next on the agenda with that game pencilled in for the week beginning April 10th with Dr Crokes and John Mitchels also in the group. **MAURA MCCARTHY** 

Since setting up the Club Shop in 2008, Maura McCarthy has been ever present in her role as a shopkeeper. But more than that, she has been the friendly face for loads of our Academy kids and parents who continue to progress through our club. Ever dependable, flexible, and helpful, we wish Maura well on her "retirement" from the Club Shop. Academy supervisor Liam O Toole and Club Chairman David Randles made a special presentation to Maura to mark her contribution to the club. So we all say thank you, Maura.

#### LOTTO

Monday April 3rd. Numbers 1, 5, 23, 24. Bonus 7

No Jackpot Winner.Match 3s/ Lucky Dips 1. Dave Flavin 2. Ann Fagan .. Michael Myer .4. Robert Fennelly 5. Orlaith Monks.

### **KEEL GAA CLUB**

#### **CLUB LOTTO**

Keel GAA Lotto Draw Monday the 3rd of April. Numbers drawn: 9, 15, 19, 31. There was no winner of our jackpot of  $\in$ 3,400. Lucky dip winner of  $\in$ 50 were Siobhan Griffin & Odhran Kennedy. The jackpot will be  $\in$ 3,450 for the draw on Monday the 10th of April. Many thanks for all your support this week and thank you to this week's lotto team for facilitating the draw. **SENIORS** 

Our seniors made the long trip to Derrynane on Sunday for round 3 of the County League. Tough weather and underfoot conditions hampered the quality of the game but a victory away was the ultimate goal for Keel. The game was delayed by 20 minutes due to a pitch inspection. Half time score Keel 0-04, Sneem/Derrynane 1-04. We kicked 6 points and kept Sneem/Derrynane scoreless in the 2nd half. Full time score Keel 0-10, Sneem/Derrynane 1-04. Well done to the team and management on securing their first victory in the County League. Two draws and a win so far. Round 4 will be at home to St. Senans in two weeks.

#### **DEVELOPMENT LEAGUE**

Keel B host Castlegregory B this Sunday for round 2 of the Development League. Best of luck to the team and their management.

#### UNDER 11S

Our U11s played Firies on Thursday last in Keel. It was a great game to get the Go Games up and running. Training was held on Monday morning in Keel. They travel to Kenmare this Thursday for another round of the Go Games. Best of luck to all the players and their coaches.

#### **UNDER 9S**

Our U9s were back training in Keel on Monday night. Well done to all the players.

#### **UNDER 7S**

Training will resume this Sunday the 16th of April.

#### SCÓR

Congratulations to Rhea Murphy who represented Keel in the Mid Kerry Scór na bPáistí Solo Singing last weekend in Killorglin. She sang GAA | AROUND THE COUNTY

We are so proud!

#### **FOSSA GAA NOTES**

#### **CREDIT UNION SENIOR COUNTY LEAGUE -ROUND 3 Skellig Rangers 1-06 Fossa 0-12**

Fossa retained their 100% record in Div. 3 of the Credit Union County League with a hard fought away win in brutal underfoot conditions in Portmagee on Saturday evening.

Fossa selected to play with the strong wind and settled well after a few poor wides. Fossa were in control of the game, until a sloppy goal midway through the first half brought Skellig back into the game, Fossa regained composure and led at the break by 3 points, Skellig 1-02 -Fossa 0-08.

Fossa were under pressure in the 2nd half, but the defence played some outstanding football, Cian McCarty and Cian Doyle being the pick of the bunch and controlled the game and were happy to secure the points against an everimproving Skellig rangers.

Scorers: Tadgh O'Shea 0-7, Emmett O'Shea 0-03 Matt Rennie0-2

Up next for Fossa Seniors is Renard at home in two weeks.

A big thank you to Skellig Rangers also for the food laid on in The Bridge bar after the game - well appreciated by the Fossa team and management – lovely gesture.

#### **CREDIT UNION SENIOR FOOTBALL DIVISION** 6 Fossa B 0-13 Legion B 0-13

An excellent game of quality football played in perfect conditions ended all square, legion led at the break by 2 points, but a draw was a fair result. Best on the day for Fossa was mark Donnellon, Harry Kelly, Darren Cronin, Pauric Talbot, Mark Dennehy and Sean Dineen.

#### FOSSA 15 BOYS COUNTY LEAGUE DIV 3A -RD 2 Fossa A 4-14 Rathmore A 3-07

Good win by Fossa in their first home game, 2 goals by Mikey Moroney were the telling factor, Fossa also had good performances from Jack Hallisey, Fionn Doyle, Jack Spillane and Ross O'Brien in goal.

U15 B team suffered a loss at home to Kilcummin.

#### **FOSSA U11 BOYS**

Fossa U11 boys had a great outing in Crokes on Wednesday evening - in the first round of Go Games.

#### LOTTO

DATE: 09/04/2023. NUMBERS DRAWN:2, 4, 11, 1. NO JACKPOT WINNER. 5 \* €40 Consolation Winners: Phil Ahern, Listry. Paul McEnteggart, Firies. Mary Talbot, Boston, USA. Tina Myers, Fossa. Norma Naughton, Curragh. THIS WEEK'S JACKPOT: €3,300

#### EAST KERRY GAA NEWS

By Michael Healy

#### JOE MCDONOGH CUP

Well done to the Kerry hurlers, on their win over Down in the opening round of the McDonagh Cup.

**KERRY LADIES FOOTBALL.** 

Slán Abhaile beautifully and came in 3rd place. Good luck to the Kerry team in the Lidl Ladies National League Division 1 Final, against Galway in Croke Park at 5pm on Saturday 15th April.

#### EAST KERRY BOARD MEETING.

The next East Kerry Board meeting takes place at 9pm at the Killarney Heights Hotel on April 11th.

#### **MUNSTER SCOR NA NOG FINAL 2023**

Best of luck to all the East Kerry representatives in the Munster Scor na Nog Final at Eire Og GAA Club on Saturday the 15th of April.

#### **CONDOLENCES**

Sympathies to the family and friends of Eileen McCarthy (nee Cahill), Gullane, Gneeveguilla, Co. Kerry who died On Saturday 8th April, peacefully in the excellent care of the nurses and staff in Our Lady of Lourdes Nursing Home, Kilcummin. May Eileen Rest in Peace.

#### BIRTH

Congratulations to Jack and Jessica Sherwood, on the birth of their son Johnny.

#### MILLTOWN/CASTLEMAINE CLUB

#### LOTTO

Sponsored by Almas Takeaway, Milltown The fortnightly club lotto draw took place on Monday, April 3rd at the club grounds. There was no jackpot or match 3 winner on this occasion. The numbers drawn were 7, 9, 21 and the bonus ball was 1. Lucky Dip winners were as follows: €50 - Ashling Smith, Firies. €50 - Plough Bar, Milltown. €25 - Mary Murphy, Milltown. €25 - Charles O'Connor, Killorglin. €25 - Claire O'Sullivan, Callinafercy. €25 - Seamus Burke, Milltown. Our next club lotto draw is scheduled to take place on Monday, April 17th 2023 at 19:30pm in the Clubhouse where the jackpot will be €13,000.

#### **CREDIT UNION COUNTY SENIOR FOOTBALL** LEAGUE: DIVISION 1, ROUND 3 RESULT Milltown/Castlemaine 2-11 (17) Kerins O'Rahillys 1-14 (17)

Well done to the players and management on maintaining their unbeaten start to life back in Division 1 after the opening three rounds of the County League. They will travel to Kilcummin for Round 4 in less than two weeks time.

#### **CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 6, ROUND 3 RESULT** Milltown/Castlemaine 'B' 0-05 (5) Valentia 3-16 (25)

Hard luck to our Senior 'B' side and management who welcomed a strong Valentia Young Islanders side on Good Friday to Milltown but were defeated.

#### **CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 1, ROUND 4 FIXTURE**

Milltown/Castlemaine will be away to Kilcummin in Round 4 of the Credit Union County Senior Football League on Saturday, April 22nd with a throw-in time of 7:00pm.

#### **CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 6, ROUND 4 FIXTURE**

Milltown/Castlemaine 'B' will travel to take on St. Michael's-Foilmore in Round 4 of the Credit Union County Senior Football League on Sunday, April 23rd with throw-in time to be confirmed over the coming days.

#### SCÓR

Congratulations and well done to the group consisting of Seoidín O Connor, James and Aoibhinn O'Sullivan and Fionn and Oisín Bevan that represented Milltown/Castlemaine GAA Club in the Mid Kerry Ceol Uilise Scór competition last week. This was the groups first outing together and they did themselves and the club extremely proud with their performances against some very talented acts from other clubs in the district. A particular word of thanks to Catherine Dennehy for her hard work in organising the Scór team.

#### MILLTOWN/CASTLEMAINE -GAELIC 4 **MOTHER'S AND OTHERS**

Sample Training session 8PM Monday 17th April! ALL WELCOME - Milltown/Castlemaine GAA field 8pm! Contact Maeve: 0877546571 or private message our Facebook page 'Milltown/ Castlemaine 4 Mother's and Others' for further details.

#### CONGRATULATIONS

Congratulations to Mike Murphy, Milltown/ Castlemaine GAA Club's Field Caretaker who celebrated a big birthday over the Easter Bank Holiday weekend! A lovely way to mark it surrounded by friends and family as well as Sam Maguire Mike is a regular at the Paddy Burke Memorial Park and whether it is underage or senior level training/matches his dedication to the role is second to none and you are sure to meet him when you visit.

On behalf of the club, Chairperson John Foley presented Mike with a birthday gift to show our deep appreciation for the tremendous work he carries out at the club grounds on a daily basis. We hope you have a lovely weekend!

#### GRATITUDE

Milltown/Castlemaine GAA Club would like to sincerely thank Shayne Corkery of Corkery Carpentry and Joinery for constructing and donating a number of picnic benches for our social area which serves tea, coffee and other refreshments at the club shop.

You can check out the fantastic work that Shayne can do on his Facebook page https:// www.facebook.com/Corkerycarpentryjoinery/ or contact him on 087-7846587.

Thank you once again for all your hard work. Our club and community members were delighted to make use of them at our club Walkathon fundraiser at the weekend where participants were able to relax after their stroll with some well earned refreshments.

#### **TEAM ENQUIRIES**

If you want to join your local club, one of the fastest growing clubs in the county, please contact one of our members below:

For GAA-4-All 4 players; contact Gillian Twiss on 0877678108

For MC Mini players (U6); contact Colin McKenna on 087 068 7653.

For U7 to U11 players; contact Liam Doherty on 086 041 3593

For U-13 & Older players; contact lan Twiss on 087 252 1053

For anyone New to the Area, who would like to get involved with the club, please contact lan Twiss on 087 252 1053


### COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

### BÓITHRE A nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

### ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council **has decided** to close to public traffic the following road:

**Road Closed:** L-3015 Lough Guitane, Muckross, from Gortahoonig (Doyle's Quarry) to Finow Bridge (Treatment Plant)

**Road Closing Times**: from 8.00 a.m. on Monday, 24th April to 6.00 p.m. on Friday, 1st September 2023. (24hr closure)

The purpose of the road closure is to facilitate the installation of a new watermain. **Diversions will be as follows and will be clearly signposted:** 

Traffic travelling to Lough Guitane (L-3015) from Killarney. (Coolroe West, Gortdromakeery, Dromdiraogh, Killaha)	<ul> <li>Phase 1 – Works Between Doyle's Quarry and Coolies Cross.</li> <li>Traffic is advised to travel southwards on the N72 Kenmare Road turning left at Mangerton Cross and continue to Coolies Cross.</li> <li>Phase 2 – Works Between Coolies Cross and Finow Bridge.</li> <li>Traffic is advised to travel to Curraglass Cross (Glenflesk School) and turn left on to the N22 Killarney Road.</li> <li>Local traffic from the Lough Guitane area wishing to travel to Dromrickbarre, Gortahoonig can divert via the L-7050 at the Cloghane Cross Gortahoosh.</li> </ul>	
Traffic travelling from Lough Guitane (L-3015) to Killarney. (Coolroe West, Gortdromakeery, Dromdiraogh, Killaha)	Phase 1 – Works Between Doyle's Quarry and Coolies Cross Traffic is advised to turn left at Coolies Cross and continue to Mangerton Cross turning right onto the N72 Killarney Road. Local Traffic for Gortahoonig, Dromrickbarra can turn left at Abbey Cross L-3015.	
	Phase 2 – Works Between Coolies Cross and Finow Bridge. Traffic is advised to travel on the N22 Cork Road to Curraglass Cross (Glenflesk School) and turn right on to the L-3015. Local traffic from the Dromrickbarra area wishing to travel to the Lough Guitane area can use the L-7050 to Cloghane Cross Gortahoosh turning right onto the N22 Cork Road turning right at Curraglass Cross (Glenflesk School)	

Local Access will be provided for Emergency Services and local residents.

### Pádraig Corkery Senior Executive Officer. Corporate Affairs

### CALL FOR MAJOR RECRUITMENT DRIVE IN KERRY COUNTY COUNCIL

Fianna Fáil Councillor, Michael Cahill believes that one pet project of his will require a large increase in staff numbers of workers over a number of years, to get it completed.

"Both Kerry County Council and private firms involved in the building of the South Kerry Greenway, will surely need large numbers of additional employees during the construction phase over the next three to four years. I would urge local people here at home and those abroad, to be preparing their applications for jobs in the project, in readiness for any announcement" stated the Rossbeigh based Councillor.

"A significant amount of the work on the South Kerry Greenway will be carried out by direct labour from within the Council's own resources" stated Councillor Cahill. "I am aware that a number of the existing Panels within the Council are almost exhausted and I am calling on Kerry County Council to push on with a major recruitment drive, without further delay" said Councillor Cahill, an ardent supporter of the South Kerry Greenway since day one.

"This initial boost to the Kerry economy is more than welcome and will see many additional people earning and spending locally, to the benefit of all. And that is outside of any private business developments that will commence along the route, in time for the opening of the South Kerry Greenway" said Councillor Cahill. "I for my part, will continue to campaign for all

ancillary facilities to be put in place in advance, such as Traffic Calming, Parking, Waste Water Treatment etc, in Glenbeigh and a major upgrade of the roads and footpaths etc, in Cahersiveen town to ensure that this Greenway will be of a standard that will be renowned worldwide. The South Kerry Greenway will be a massive Gamechanger for the entire region " added the Fianna Fáil man.

Councillor Cahill received the following update at a recent Municipal District meeting.

Land acquisition is underway and negotiations with landowners/ agents are progressing

: throughout the scheme.

Construction works commenced at the Glenbeigh end of the project in January 2023 and are advancing westwards.

An advance works contract for retaining structures and site clearance works at Gleensk and Kilkeehagh has been awarded and has commenced. Detailed topographical and environmental surveys are ongoing. It is anticipated that construction will commence at further locations in mid-2023.

A number of consultants have been procured to prepare the Tender Documents for the mid-Section of the Project. The Contract for these works will be awarded in Q3/Q4 2023 subject to the necessary approvals.

Consultants are currently being procured to prepare the necessary documentation to obtain the Statutory Consent necessary for the section from Renard to Caherciveen previously omitted from the original approval.

# Zero VAT rate on Solar Panels will save households €1000 with upfront cost

Minister for Education and Kerry T.D Norma Foley has said the new Zero VAT rate on solar panels will save households an average of €1000 with the upfront cost of installation.

The Government has approved a report stage amendment brought forward by Minister for Finance Michael McGrath to Finance Bill 2023. The Bill gives legislative effect to the taxation measures recently announced by the Government, the purpose of which is to continue to assist families and businesses deal with high energy prices and cost of living challenges. Minister Foley said, "I'm very pleased to see this pragmatic cost saving change made to the VAT rate on solar panels. Beginning from May 1 2023 there will be a zero VAT rate on solar panels. This will reduce the cost of installing solar panels by an average of €1000 per household.

"This is a real help for any household deciding to install solar panels on their home in order to reduce energy costs. It's an important step in

moving to cheaper and more renewable energy and follows on from a recent move from the Government to remove planning requirements surrounding solar panels."

The Department of the Environment, Climate and Communications has estimated that if a zero rate of VAT was passed on to consumers, it would reduce the average cost of the supply and installation of solar panels for consumers from €9000 to €8000 and would thus help households reduce their electricity bills. At €0.32c per KWh, this will reduce the payback period for installation from 7 to 6.2 years.

This is a permanent change and Minister McGrath secured Government agreement that it will come into effect from 1 May 2023. Minister McGrath will bring forward a Financial Resolution and an amendment at Report Stage of Finance Bill 2023 to give effect to the proposal.

### FUNDING FOR ROADS IN KILLORGLIN/MID KERRY AREA

Fianna Fáil Councillor, Michael Cahill has welcomed funding in excess of €1.3 million for County roads in the Killorglin/ Mid Kerry region.

"I am delighted that we have secured this funding to carryout resurfacing and drainage works to these important roads throughout the Killorglin/Mid Kerry region. This funding will bring these sections of roads up to a high standard" said Councillor Cahill.

"These roads all come under the responsibility of the Killorglin Area Engineer who covers Glenbeigh, Glencar, Cromane, Killorglin, Beaufort and parts of Milltown" stated the Rossbeigh based Councillor.

"I will continue to work towards securing additional funding to improve all the roads throughout the region" added Councillor Cahill.

Bealalaw Bridge to Lyranes Upper €100,000 Blackstones to Drom East €126,000 Shanacashel to Ahane Cross €78,000 Farran, Milltown €90,000 Kate Kearney's to Joy's Cross €145,179 Coolbane Height to Coolbane West €49,509 Board of Works Road, Beaufort €96,000 Nauntinane to Coolroe North €74,000 Glencuttane Upper Cross to Ballyleddar €150,000 Reenalagane, Glenbeigh €30,000 Ballynakilly to Coomasaharn €33,000 Cromane Church to Lonart €34,304 Treanmanagh Grotto to Callaniska €36,000

Meanus Cross to Gortnaskarry €26,250 Lisleibane, Beaufort €19,200 Knocklyne, Killorglin €10,500 Oolagh to Glannagilliagh Cross €27,000

Gearah Cross to Kill €40.611 Dun Bui, Cullenagh Lower €10,942.10 Oolagh East €21,660 Ard Na Sidhe €12,000 **DRAINAGE WORKS** Beaufort Village €25,600 Ballynakilly to Coolroe €8,000 Coolnaharragill €6,400 Ballaghisheen €8,000 Cromane €6,000 Tullig Beg €8,000 Reen €8,000 Brida, Glencar €8,000 Whitefield, Beaufort €6,000 Shannera €8,930 Dromin €8,000

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TUESDAY 25TH APRIL: BRANDON HOTEL, TRALEE @ 12 NOON AND RIVER ISLAND HOTEL CASTLEISLAND @ 2.15PM

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CONTACT DANNY ON 087 2316055 AND/OR MY OFFICE ON 064 6685315/087 9975419 IF YOU HAVE ANY FURTHER QUERIES.

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com



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but make sure to get a saucer underneath when purchasing. Then put some gravel around the base surrounding the hole and add compost mixed with slow release fertilizer. Fill your bowl to about one inch from the top as this will make it easier when watering

afterwards. When choosing the plants start with the centre piece. An ideal plant for this would be an evergreen grass. This is an ideal plant as when you are finished with the bowl, the evergreen grass can be planted outdoors.

There are a huge range of plants with colour to fill around the centre piece. Some of the most popular to choose from are trailing variegated ivys, heathers in flower, primroses, polyanthus, forget-me-nots and you will also still be able to get some potted daffodils and tulips.

When finished planting, make sure to water the plants well, and if you decide to keep the flower bowl indoors make sure that the saucer is underneath. Keep the finished bowl in as much light as possible and this will flower well into the time for Summer bedding. As certain flowers go off before others, dont be afraid to remove them as this will keep your bowl looking good for longer.



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### **PRAYER TO SAINT MARTIN DE PORRES**

.....

Most humble Saint Martin whose burning charity embraces all, but especially those who are sick, afflicted or in need, we turn to thee for help in our present difficulties and we implore thee to obtain for us from God health of soul and body, and in particular the favour we now ask.....

May we, by imitating thy charity and humility, find quiet and contentment all our days, and cheerful submission to God's holy will in all the trials and

difficulties of life. St Martin Pary For Us

> Amen. Bríd

TRÓCAIRE: You can be return your gift for Trocaire, to the Parish Office or presbyteries and we will be sending them on your behalf.

DIVINE MERCY NOVENA: Novena to The Divine Mercy in preparation for the Feast of Divine Mercy continues on Good Friday. Devotions will take place on Sunday 16th of April from 2.40pm commencing with the Rosary in St. Mary's Cathedral. Everyone Welcome.

DIVINE MERCY PRAYER GROUP MEETS EVERY THURSDAY at 10 am in St Bridget's Chapel, Church of The Resurrection Killarney. All Welcome Further information contact Mary 086 0529008

**OFFERTORY COLLECTION ENVELOPES:** If you currently do not use an envelope or are new to the Parish and would like to have a box of envelopes, please contact the Parish Office and we'll organise that for you. Many thanks for your continued support. KILLARNEY ACTIVE RETIREMENT MEET EVERY FRIDAY in the KDYS Hall (back of Franciscan Friary Bookshop) from 2 to 4 PM New Members Welcome

DIOCESAN EUCHARISTIC ADORATION RETREAT Will take place on the 27th of April 2023 at The Church of the Resurrection Killarney. Presented by Fr. Jim Lenihan. See poster for details. Your support will be very much appreciated: To book contact : Maureen at 087 9514352 Margaret at 0872976304.

FATIMA 9TH - 15TH MAY Led by Fr. Noel Spring - Limited Availability. Contact: Premier Travel on 021-4277700.

NATIONAL PIONEER BALL on Saturday the 22nd of April in Mento Park Hotel, Galway, Contact 086 3121695/ 0868648895, Commences with the Celebration of Mass at 6.30pm in a nearby Church.



A Word of Victory

Welcome back dear student every one of us has cried 'private tears' - things dealt with deep inside witnessed by nobody else. But God knows everything friend. "You keep track of all my sorrows; You have collected all my tears in Your bottle. You have recorded each one in Your book" (Psalm 56:8). I've been thinking about a song that Charlene released back in the eighties called 'I've Never Been To Me' - do you know it? Like all the greatest songs it tells a story. In it the writer speaks wisdom to a woman living a 'normal life' that seems so dull in her own eyes. Charlene sings 'I've been to paradise, but I've never been to me'- a classic tale of the grass appearing greener on the other side, only to find out when one gets there that the picture that lured was a false mirage. Sometimes life doesn't work out like we dreamed it should. We can make foolish mistakes; or perhaps endure trauma that changes everything; maybe you've been betrayed or treated unfairly, or feel you've missed out due to sickness or a lack of opportunities. All these cause pain and 'private tears' and can really fuel self-doubt.

Doubt can be dangerous. In the book of James the Lord says that if anyone lacks wisdom to ask God and He will give us His wisdom. But we must ask in faith, and not doubt Him because 'he who doubts is like a wave of the sea tossed by the wind – totally unstable in all his ways and unable to receive anything as a result' (James 1:5-8). The Lord Jesus taught us to speak to the mountains in faith and don't tolerate doubt in the heart (Matthew 21:21; Mark 11:22-25). This means overcoming those areas of struggle; places that have caused fear or suffering like when the enemy's attack seems overwhelming – these are mountains raised up by the devil to try to defeat you. But Jesus has given us authority in His Name to bind the devil's lies and release our faith in God to see those mountains melt like wax in His Presence (Psalm 97:5; Luke 10:19; Matthew 18:18). Private tears release inner tension, but then we must take back our joy which the devil tries to steal (Psalm 30). One of his tactics is to cause us to doubt God, doubt others and doubt ourselves.

It's interesting, when Jesus was asked what's the greatest commandment, He said 'love the Lord your God with all your heart, soul, strength and mind, and love your neighbour as you love yourself' (Mark 12:29-31). But conversely, Satan deceives people into believing lies about God, lies about our neighbour, and lies about ourselves. This can cause us to doubt God's goodness and His Word, to doubt other people and their motives, and to doubt ourselves – the value of our lives. So many are striving to find the ultimate 'experience' in order to validate their self worth. Their identity is lost in foolishness because they don't know God (Jeremiah 9:6). They don't want to live 'just an ordinary' life, but be recognised as 'extraordinary'. Culture has twisted the truth so they believe 'there must be more out there', they just haven't found it yet; going from experience to experience to feel heightened emotions and euphoria, only to crash when it doesn't materialise. And all the time it is here for them waiting in the arms of the Lord Jesus our Saviour (Matthew 11:25-30).

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

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### 34TH ANNIVERSARY

IN LOVING MEMORY OF SHEAMUS O' CONNOR



Rathcommane, Ballyhar, Killarney Who passed away on the 15th April 1989

No farewell words were spoken No time to say goodbye, You were gone before we knew it and only God knows just why. Our hearts still ache with sadness, and secret tears still flow, What it meant to lose you No one will ever know. But now we know you want us To mourn you no more, and treasure all the fond memories from the good old days of yore.

Will those who think of Sheamus today, a little prayer to Jesus say.

Fondly remembered and sadly missed by all his family, relatives and friends.

Ar dheis De' go raibh a anam dilis.

#### **3RD ANNIVERSARY**

WE LOVINGLY REMEMBER OUR WONDERFUL MOTHER AND NANA

### CATHERINE (KATHY) O'Donoghue



TIERNABOUL, KILLARNEY WHOSE ANNIVERSARY OCCURS ON, APRIL 17TH.

Although you cannot hear her voice Or see her smile anymore Your mother walks beside you Just as she did before.

She listens to your stories She wipes away your tears She wraps her arms around you And she understands your fears

It's just she isn't visible To see with the human eye But talk to her in silence And her spirit will reply.

You'll feel the love she has for you You'll hear her in your heart She's left her human body But your souls will never part.

A mother holds her children's hands for a little while But their hearts forever.

Always loved and remembered by Kevin, Paul, Bernadette and their families.

3rd Anniversary Mass for Kathy will take place on April 22nd , Church of the Resurrection at 9.30am. *Rest In Peace.* 

### THE MIRACLE Prayer

Dear Sacred Heart of Jesus, in the past, I have asked for many favors. This time I ask for a very special one. (Here mention your request.) Take it, dear Jesus, and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favor and not mine. Amen. Say for three days and promise to publish. M.B TO ADVERTISE CALL: DES 087 6593427 | E: des@outlookmags.com





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