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Worth their weight in gold....

Peter O'Toole, left, Claire Tangney, Donal 'Dux' O'Donoghue, at a special night for the hard working volunteers of Killarney, who constantly give their time and dedication and have contributed enormously ensuring all the towns festivals run smoothly and various civic duties were carried out to perfection. Their dedication was acknowledged by Killarney Chamber of Tourism and Commerce executive, with a fun-filled evening for the volunteers in the Laurels, Killarney. The event was hosted by joint chamber presidents, Pádraig Treacy, Johnny McGuire and Senior Executive Bridget O'Keeffe. Photo: Valerie O'Sullivan

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DEDICATED VOLUNTEERS
See Page 4

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Aisling Crosbie.

FROM THE EDITOR

The old saying that March comes in like a lion is certainly bearing truth this week as we experience four seasons in one. With hail, snow and bitter cold conditions, why not sit down and enjoy a cup of tea with this week's Killarney Outlook.

It's a bumper 96 page issue with lots of news, sport and of course fantastic offers from our loyal advertisers.

Volunteers, the heart of the town, were treated to a night out, International Woman's Day was celebrated by Killarney Rotary Club and the ICS Coffee Morning raised €2,600.

The Irish Hotels Federation held their annual conference in Killarney this week, details of a fantastic St. Patrick's Day Festival have been announced and Killarney Musical Society enjoyed standing ovations for their amazing performance of A Musical Journey this week. The Liebherr story is set to be launched, a moving commemoration of the Civil War took place at Countess Bridge and details of the fantastic events taking place at the Wander Wild Festival have been announced.

Hope you all enjoy this week's magazine and let's hope that the month will go out like a lamb!

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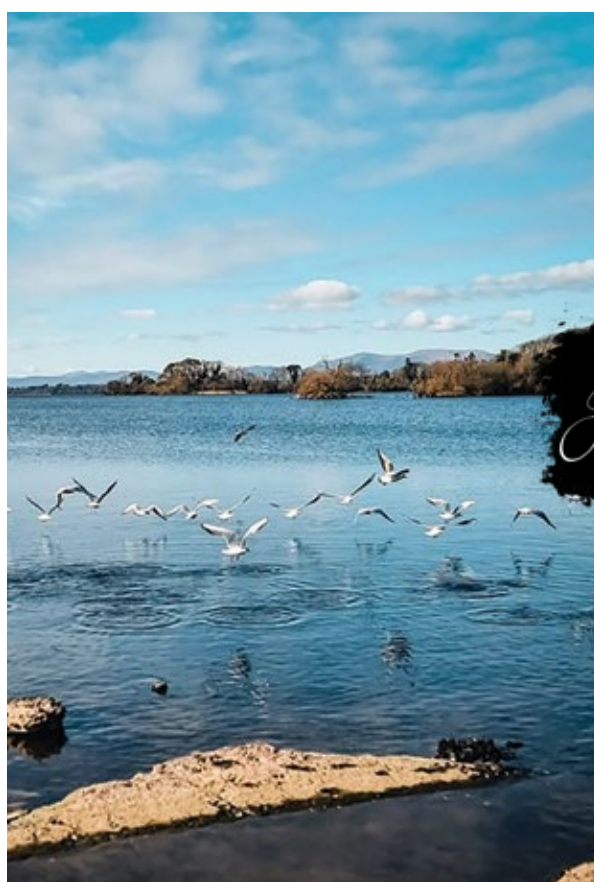
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Don't be afraid to make a splash.... Rafal Taracha beautiful capture of birds on the Lakes of Killarney

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Worth their weight in gold....

Killarney says thank you

Despite their own hard working lives, the group of dedicated volunteers that give their time so willingly, always ready to don the hi-vis jackets and roll up their sleeves whenever the call comes enjoyed some down time this week.

Killarney's small but brilliant army of volunteers are worth their weight in gold to the town and its many projects and, by way of thanks, the Killarney Chamber of Tourism and Commerce hosted a special volunteer appreciation night in The Laurels Bar and Restaurant.

Volunteers of all ages, some vastly experienced in helping out and others new to it all, were treated to food and drink and a great deal of fun on the night and they were told, in no uncertain terms, that Killarney is hugely grateful for what they do to help.

The volunteers play essential roles in so many initiatives, including helping with the tidy towns clean-ups, enhancing and painting street furniture, planting flowers and shrubs in several areas around the town and assisting the tidy towns committee with various targeted operations. Then there are the Park Meitheal members, those who turn out in force to help with the clearance of the invasive rhododendron, clearing pathways, restoring old trails and helping with several other conservation projects in and around the national park.

And, of course, there are the volunteers who hit the streets to assist with the various festivals, lending their experience to essential safety stewarding during events like the St Patrick's Day parade, the 4th July street festivities, Wander Wild activities and, of course, the spectacular Christmas in Killarney parades and related events.

New chamber co-president Johnny McGuire, who is sharing the role with



Conor Hennigan, Killarney Chamber of Tourism and Commerce, Bridget O'Keeffe, Senior Executive Killarney Chamber of Tourism and Commerce, Brother Rupert O'Sullivan, at a special night for the hard working volunteers of Killarney. PHOTO: VALERIE O'SULLIVAN

Padraig Treacy this year, said the night was a very appropriate note on which to end Niall Kelleher's two-year term in office as he was particularly anxious to acknowledge the enormous contribution made by so many volunteers he had worked with on various projects.

"The volunteers are so dedicated to helping to improve Killarney and the work they have put in post-pandemic, to get the town operating at full flow once again, has been truly exceptional," said Mr McGuire.

"We were delighted that Niall came up with the idea for a first every volunteer appreciation night and now that he has done so, we hope to make it an annual event," he added.

More photos on Page 20.

WOMAN RESCUED FROM CARRAUNTOOHIL DURING TREACHEROUS CONDITIONS

Kerry Mountain Rescue Team were tasked to assist a female climber who got into difficulty on Hag's Glen on Carrauntoohil this week.

The rescue took place during a nationwide weather alert for ice and snow and weather conditions were so severe that it was unsafe to send a helicopter to bring her to safety. The woman was part of a group of six climbers who undertook the climb in treacherous conditions.

Following the call out at approximately 5pm on Wednesday evening, she was eventually brought to safety in the early hours of Thursday morning at approximately 1.30am. The rescue took place in extremely challenging conditions by the brave members of Kerry Mountain Rescue team. The woman did not require any medical assistance following the rescue.



(File Photo)



Irish Cancer Society committee and volunteers from left Kathleen O'Shea, Kathrina Breen, Eugene O'Sullivan, Maureen Moriarty and Eleanor O'Doherty.



Siobhan Giles and Marie Fleming pictured at the ICS Coffee Morning in The Towers Hotel.



Sr. Anne Marie Horgan was remembered at the coffee morning.

COFFEE MORNING remembers Sr Anne Marie and raises €2,600

There was a fantastic turnout for the Irish Cancer Society Killarney/South Kerry Branch coffee morning in The Towers Hotel in Killarney on Friday morning last.

The local committee pulled out all the stops to ensure that everyone enjoyed the coffee, cakes and chats and in doing so raised an incredible €2,600.

Speaking at the event, Eugene O'Sullivan, Chairman of the Killarney/South Kerry Branch remembered Sr. Anne Marie Horgan, one of the founding members of the committee who passed

away in December last.

"Sr. Anne Marie was a fantastic supporter of the Irish Cancer Society and was involved in many fundraisers for the charity", Eugene told Killarney Outlook. "It was only fitting that she would be remembered at the Coffee Morning, one of the first events since her passing", he added.

The Irish Cancer Society will hold their annual Daffodil Day on March 24th and everyone is encouraged to get out there and support the Irish Cancer Society, to help them be there for those who need it most.



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FAMILY TO ATTEND THE LIEBHERR STORY BOOK LAUNCH

Members of the Liebherr family will attend Tom Foley's new book, *The Liebherr Story* book launch which will take place at 6.30 pm, on Monday the 20th of March at the Europe Hotel & Resort. The book will be available on the night, with the author Tom Foley on hand to sign copies.

For 65 years, the Liebherr factory in Killarney has had a significant impact not only on the economy of the Southwest but also on the lives of families in the region and beyond. It brought wealth, prosperity and opportunity to the region. New skills and trades were developed and passed along within Liebherr and eventually filtered out into the community. New businesses supplying the factory were established and grew through their connection with Liebherr. Of course, Liebherr's presence extends further than the factory in Gortroe. The Europe Hotel & Resort, The Dunloe Hotel & Gardens along with the Ard na Sidhe Country House are all part of the extended Liebherr story.

It isn't just Irish families that have felt the impact of Liebherr's presence in Ireland, the Liebherr family themselves have become familiar faces in Killarney. It wasn't long after Hans Liebherr opened the site for the Liebherr factory in Fossa, that his daughter Isolde made the first of many visits to Ireland. Like with her father before her, Killarney and its people made an immediate impact on Isolde, and as she grew older, Killarney became like a second home to her. Today, Isolde and her daughter Patricia are responsible within the Liebherr Group for the Liebherr Container Cranes factory. In recognition of the importance of the Killarney operations and acknowledging the special



Author Tom Foley



Isolde Liebherr and Patricia Ruff will attend the launch.

affection that the Liebherr family have for Killarney, both Isolde Liebherr and Patricia Ruff will attend the launch.



The Liebherr Story will relaunched on March 20th.

INTERNATIONAL WOMAN'S DAY CELEBRATED AT KILLARNEY ROTARY CLUB



Ciara Irwin Foley, Killarney Rotary Club is pictured with Miriam Malone on International Woman's Day.



Abbie O'Sullivan, Rotary YouthLeadership Award winner pictured with members of Killarney Soroptimist Club, Sheila Casey, Teresa Irwin and Bridie Buckley.



Abbie O'Sullivan, winner of the Rotary YouthLeadership Award presents flowers to Rotary President Rayla Tadjimatova on International Woman's Day.

A wonderful day to celebrate International Womens Day at Killarney Rotary Club was held on Wednesday at the Great Southern Killarney.

"We were delighted to get together and mark the day as a Club" Ciara Irwin Foley told KillarneyOutlook.

"We had Abbie O'Sullivan as our main speaker today. Abbie was our recent winner at the Rotary Youth Leadership Development Competition and she went on to fly the Killarney flag in Belfast at Stormont, Dáil Eireann and onto Strasbourg", she said.

Abbie was accompanied to the lunch by her parents Aisling Crosbie and John O'Sullivan and her Year Head at St. Brigid's Presentation Secondary School, Ms. Miriam Malohne.

The afternoon ended with daffodils presented to all the ladies at the event from Ciara's garden and chocolate's and seeds from the management at the hotel.

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HOTELS STEER A COURSE FOR FURTHER TOURISM RECOVERY

Securing a long-term sustainable recovery in tourism is centre stage today as hoteliers gather in Killarney for the Irish Hotels Federation's (IHF) 85th Annual Conference. Speaking at the opening of the conference today, IHF President Denyse Campbell said that tourism has witnessed unprecedented upheavals over the past three years with a number of challenges still remaining.

"While we saw a welcome uplift in tourism activity during the last 6 months of 2022, significant uncertainty persists this year in relation to the global economy – particularly given the challenges we face around the cost of doing business, high levels of inflation, increasing interest rates and an ongoing cost-of-living crisis across key overseas markets", Ms. Campbell said.

A particular concern for hoteliers and the wider tourism industry is the outlook for bookings from Great Britain given the very challenging economic environment this market is facing. Traditionally Ireland's largest source of overseas visitors, Great Britain continues to face very significant economic headwinds, and this is having an impact on the outlook and levels of forward bookings. According to recent industry research carried out by the IHF, 60% of hoteliers report that forward bookings from Great Britain are still down on pre-Covid levels. The rest of Europe is also challenging while the prospects for North America are brighter this year. Despite lingering economic uncertainty, hoteliers remain focused on

recovery and building on progress made in the second half of 2022 with 54% of hotels and guesthouses planning to increase employment levels this year. Ms Campbell says: "At the heart of every successful hotel and guesthouse are its people, and supporting and developing them is key to our long-term success. We are encouraging people of all ages to consider a career in the hotel sector. There are an enormous variety of career paths and training opportunities that are constantly evolving in our sector. It is an ideal time given the wide range of exciting options available for people at every stage of their working lives."

Ms Campbell notes that, since the lifting of restrictions in 2022, the industry has achieved a remarkable restoration in employment with over 250,000 livelihoods now supported by tourism businesses throughout the country including 60,000 employed directly by Irish hotels and guesthouses.

Meanwhile 85% of hotels are planning to invest in refurbishment and additional capital expenditure over the coming year – making up for lost ground since the beginning of the pandemic in 2020. Ms Campbell noted that sustainability is a major focus for the sector with 67% of hotels planning to invest in sustainability initiatives this year while a further 25% are actively exploring options for potential investment in this area. Key priorities include renewable energy and heating, energy efficiency, retrofitting of buildings, waste reduction and water conservation.



Kerry hoteliers, Tracy Coyne, The International Hotel, Breffni Ingerton, The Gleneagle Group, Niamh O'Shea, consultant, Pat Chawke, consultant, Mark O'Shea, The Rose Hotel, at the IHF conference in the Great Southern Hotel, Killarney on Tuesday. Photo: Don MacMonagle



Killarney Hoteliers pictured at the Irish Hotels Federation conference in the Great Southern Hotel Killarney this week included, front from left, Garret Power, Muckcross Park Hotel, Marcus Treacy, Killarney Park Hotel, Mark Scally, The Great Southern Hotel, Michael Jacobi, The Great Southern Hotel and Brian Lawlor, Killarney Plaza Hotel. At back are from left, Tom Randles, Randles Hotel, Tracy Coyne, The International Hotel, Gemma Ring, O'Donoghue - Ring Hotels, Bernadette Randles, The Dromhall Hotel, Sinead Murphy, The Brehon Hotel Siobhan Riordan, Killarney Plaza Hotel and Denis McCarthy, Killarney Avenue Hotel. Photo: Don MacMonagle

SEAN TAAFFE UNDERTAKES A TOUR OF INDIA

Well-known award-winning Kerry Hairdresser, Sean Taaffe has embarked on an education tour of India.

For the past two weeks he toured both, north, south and west India in association with Calyx Professional and IHB Education, teaching precision cutting techniques in 11 locations to audiences of 100 people at prestigious hotels all over the country.

The tour drew the attention of Consul General of Ireland in Mumbai, Kerrywoman Anita Kelly, who came along to support Sean prior to the Mumbai show. Anita's work is focussed on developing links between Ireland and India, working with Irish businesses in search of opportunities in India, and Indian companies seeking to do business in Ireland, and she offered practical advice and encouragement on hearing about his upcoming product launch in India.

The tour started in Hyderabad travelling to Kochi, Chennai, Bangalore, Mumbai, Delhi, Ludhiana, Indore, Baroda, Jaipur and returning for a second Delhi date.

The tour was well received with huge interest so much so that there are plans for a future tour later this year.

It's a very exciting year ahead for the Sean Taaffe Group as they are

planning to firstly launch their new product range in Ireland in May and then as referred to above, launch the product range in India in August.



Kerry award winning Hairdresser Sean Taaffe (centre) with (from left) Ravi Ravrani Hemendra Paliwal, Consul Anita Kelly from Kerry, Asha Hariharan, Nayana Karunaratne and Maeve O Healy Harte where Sean toured India for two weeks in association with Calyx Professional and IHB Education, teaching precision cutting techniques in 11 locations to audiences of 100 people at prestigious hotels all over the country.

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THE SCOTIA CLINIC CELEBRATES 21 YEARS OF DELIVERING WOMEN'S HEALTHCARE

Dr Mary Mc Caffrey, Consultant Obstetrician and Gynaecologist and founder of The Scotia Clinic is celebrating the incredible milestone of 21 years of service. The Scotia Clinic has been a leading light in women's healthcare both in Kerry and the wider Southwest region throughout this time.

So much has changed in these 21 years but at the heart of the Scotia Clinic has always been excellence of care and advocacy for women's healthcare. Dr Mary Mc Caffrey throughout her career has championed women's healthcare in fertility / IVF, pregnancy, menopause, and gynaecology.

Dr Mc Caffrey and her team of consultants and nursing staff at the Scotia Clinic have helped so many families to fulfil their dream of having a baby, either through assisted fertility services, such as IVF or working with families and individuals on their surrogacy journey. Dr Mary acknowledges this landscape has changed so much for people and encouragingly there are more ways now than even before to reach parenthood. Mary acknowledges that "your fertility generally only comes into focus when someone chooses to start a family, but I would encourage people to take autonomy of their reproductive health as early as possible with regular check-ins with your GP or gynaecologist."

In recent years the awareness of Menopause has become mainstream and Dr Mc Caffrey warmly welcomes this and shares "I have been working with women in their Menopause for over thirty years and breaking that taboo has been fundamental to supporting women medically and emotionally. We are not fully there yet but I am so encouraged by the societal changes we are seeing in acknowledging the significance of the Menopause in a woman's life".

This prompted Dr Mc Caffrey and her team to establish a "Menopause in the Workplace" training programme for employers and employees to fully adapt and support women going through the menopause at



work. In 2022 the Department of Health commissioned a "Menopause in the Workplace" survey which revealed one third of women in Ireland have considered quitting their jobs during menopause. To avoid this exodus of highly skilled staff real solutions needed to be put in place and Dr Mary Mc Caffrey is leading this change in the workplace.

Gynaecology services at the Scotia Clinic support women throughout their reproductive life, this can be from the early years if someone is experiencing heavy periods, with many teenagers being helped with this condition or those who are experiencing pelvic pain. Dr Mc Caffrey truly believes when it comes to women's healthcare no one should be suffering or have their everyday life disrupted by pain or discomfort. For too many years women suffered unnecessarily in silence, but by taking control of your health and working with the expert team at the Scotia Clinic this will give you the reassurance you have been seeking.

With so many exciting medical developments Dr Mary Mc Caffrey and her team at the Scotia Clinic are well positioned to continue to lead the way in women's healthcare in Kerry.

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PINK NIGHT RAISES €7,236 FOR COMFORT FOR CHEMO

Members of the Kilcummin Ladies Committee gathered last Friday night (3rd March) to present a cheque for €7,236 to Mary Horgan who was representing Comfort for Chemo.

The donation comes from two fundraisers organised by members of Kilcummin GAA Club in January. The first, a 'Pink Night' was organised by the Ladies Committee to coincide with Women's Christmas was a great success with people coming out in huge numbers to enjoy a fantastic night of music, dancing and lots of prizes in the Klub bar. Entertainment on the night was provided by Rosie and Derry Healy followed by DJ Declan McCarthy. Following on from this a '31 Card Memorial Tournament' was organised by the family and friends of the late Dermot 'Brady' Moynihan who was a very active member of Kilcummin GAA Club for many years and an avid card player. The organisers of the events were delighted with the turnout for both occasions and thrilled with the money raised for such a worthy charity. 'We are so grateful to all the people who took part in the events and donated and a huge thank you goes to the wonderful individuals, business owners and companies who donated so generously to our prizes," said Carmel O Riordan, Kilcummin GAA Ladies Committee.



Pictured at the presentation are front row from left - Elaine Coffey, Louise Moynihan, Mary Horgan (Comfort for Chemo), Maria Brosnan

Back row - Niamh Dwyer, Liam Moynihan, Teresa Casey, Breda Duggan, Gearóid Moynihan and Ava Moynihan, Tom O Sullivan, Kathleen Ryan, Dean Moynihan, Carmel O Riordan.



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It's the talk of the town...

With Anne Lucey



Anne Lucey looks at the positive news happening in the town of Killarney

Mayor of Killarney - still chasing that great title

The possibility of a mayor of Killarney rather than the official title 'chair' or 'cathaoirleach' has again been raised.

Donal Grady, at the quarterly meeting of Killarney MD - thankfully back in the town hall - said it was 'a disgrace' Killarney has not been given the status of mayor, given its importance internationally. Killarney's population has also increased hugely.

'The only mayoral status is Tralee. It is time we changed that,' Donal said.

The current 'chair' Niall Kelleher referred to the threshold of towns with a population of 20,000, but said that any town / district with a population of over 15,000 should be considered.

Just a fortnight ago the Senate was told a new bill for the direct election of a mayor of Limerick would open the door to 'a directly elected mayor of the administrative area of any local authority.'

That provision has since been rowed back upon - but we will keep an eye on that chamber too.

The question of the mayoral title for Killarney was raised by Bobby O'Connell, then incoming chair of Killarney in 2015.

"A town of Killarney's international standing in tourism needs a mayor to welcome visitors and attend the many important and formal functions in the town," he said. "I believe visitors expect to see a mayor and the term, 'chairman', does not have the same impact," Bobby said.

Bobby is correct. Mayor, an international title means greater or leading citizen. Those from Germany and France, not to mention the more literal-minded US citizens may well expect to be greeted by four legs and a cushion when they are told 'the chair' of Killarney will meet them.

Killarney Housing: Crokes' Old field briefly eyeballed in frustration

The housing crisis in Killarney is beyond comprehension. This column openly asks why housing cannot get the same attention history or even far off wars do? If we could only harness the energy and passion of the past two weeks about the Civil War in Kerry, then we might end the greatest scandal of our own time. I have no doubt the stress being endured by decent people, their children and indeed their parents is leading to serious ill health.

This is as much an atrocity as any war anywhere.

In frustration at the lack of progress, the Dr Crokes' Old Pitch itself was in the mix for



Arlington Lodge, Tralee
Homeless shelter where any family being evicted in Killarney now is being told to go.

won't work,' Niall shot back.

On a more serious note, placing the football field into the mix, even half seriously, was a measure of the frustration in Killarney.

The glaring example of the empty St Finan's was used by Maura Healy-Rae to slam the lack of action. 'It would be unthinkable that St Finan's should slip through our hands,' she said.

Maura was tired of soundbites and pictures in papers and nothing following, she said.

Finan's has been offered to the council by the HSE, Housing Director Martin O'Donoghue confirmed. But the listed building would cost too much - Euro 100 million plus fees of many millions.

The housing chief and the chief executive Moira Murrell are now meeting with the Land Development Agency on it.

The council are also likely to be offered the District and Columbanus buildings when they are vacant.

Meanwhile, any family being evicted in Killarney now is being told to go to a hostel in Tralee for the homeless. Because there is nothing in their hometown where their young children are at school and where they have jobs.

I spoke with the mother in one Killarney family with three young children who has this week been asked to do just that - go to Tralee. I can't help thinking if these were refugees in Killarney with five months being moved we would all be out protesting at the injustice of taking children out of school. And the cameras would be there and there would be marches!

Very Moving Commemoration at Countess Bridge

This column last week thought it might be the end of the mention of the very painful Civil War and felt there was too much attention

housing until it was pulled from the fire by Niall O'Callaghan at last week's meeting of the Killarney council.

'The old Croke's Field. If they are not using it we should go after that!' Donal Grady said.

'The Crokes are selling nothing. It might be an attempt to get rid of us by the Legion, but it

particularly on one event in Tralee. But the very moving commemoration at Countess Bridge Killarney that took place last Saturday afternoon deserves full credit.

The dignified remembrance began with concelebrated mass at the Church of the Resurrection, attended by around 250 people.

Prayers were for the repose of the souls of the four killed at the bridge, Jerimiah O'Donoghue, New Street, Stephen Buckley, Tiernaboul, Daniel Donoghue Lacka, Kilcummin and Tim Murphy, Kilbreen, Kilcummin and also for the sole survivor Tadhg Coffey.

Chief celebrant of the mass which was mostly in Irish, Canon Tom Looney prayed also said for 'the Tailor Sugrue from Tralee' who had been kind to the badly beaten men during their ordeal in the Great Southern and was shot the following day.

'We forgive, but we do not forget,' Canon Looney said, recalling the words of John Joe Sheehy at Ballyseedy in 1959.

John Houlihan who is the incoming chairman of the national graves association in Kerry gave a powerful speech at the monument. 'This is very hard, it is very hard,' John said. Especially when it was Irish men who did this to other Irish men..

Niall Kelleher, Fionan Fitzgerald and former TD Tom McEllistrim, Danny Healy Rae and Cllr Maura Healy Rae along with Donal Grady and former chair of Killarney Town Council Sean O'Grady were among the attendees.

Eilish Coffey who works in Bricín, reflected on how if her grandfather had not escaped then she would not be alive.

A wreath was laid by Mary O'Donoghue, relative of the deceased.

Oliver Daly, grand nephew of Dan Donoghue sang 'Sean Treacy' while a great grand nephew Tomás Houlihan played the national anthem on the accordion.

Later a wreath was laid at the Republican plot.Refreshments were afterwards in the Great Southern Hotel which had been the national army headquarters and from where the men had been removed to their deaths.



John Houlihan who is the incoming chairman of the national graves association in Kerry gave a powerful speech at the monument on Countess Road on Saturday.



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TIME TO EMBRACE SPRING AT THE WANDER WILD FESTIVAL

With just two weeks to go, tickets for this year's Wander Wild Festival are selling like hot cakes.

If you are itching to embrace Spring with new adventures and wellness activities, then pack your bags for Ireland's great outdoors festival. It's on in Killarney from 24th-26th March and it's the bucket list festival you don't want to miss this year!

The unique adventure and wellness festival, set in the lakes and mountains of the UNESCO Killarney National Park has over 120 events for the body, mind and soul. You'll have the chance to explore new adventures and recharge with a hike, bike, kayak, swim, stretch, ramble, or enjoy yoga, food tours, a concert or live podcast, against a backdrop of stunning scenic landscapes.

TOP 10 HIGHLIGHTS OF EVENTS THAT YOU WON'T WANT TO MISS

The Nature Valley Mangerton Hike with Roz Purcell

Just announced! Nature Valley, sponsors of Wander Wild, have a special hiking event on Friday March 24th. Roz Purcell, founder of The Hike Life, will host a small group up the famous Mangerton Mountain, one of her favourite mountains in Ireland! The 4-hour moderate to difficult hike to the summit is suitable to those with good fitness abilities and hiking experience, as it's one of the most accessible mountains over 800m in Ireland. It promises to be great fun with spectacular views of the Devil's Punchbowl, MacGillycuddy's Reeks, Horseshoe Glen, Killarney National Park and, on a good day, South West to Kenmare Bay. Tickets are expected to sell fast.

Sunrise Dip & Outdoor Sauna

Start the morning in an exhilarating way with a sunrise dip in the lake at Dundag followed by a traditional sauna by the calming lakeshore with a panoramic window of the surrounding mountains. Enjoying the soothing therapeutic benefits of a sauna, surrounded by nature promises to be a one-off unforgettable experience.

Unique Gig with Mundy & Friends

Mundy will be joined by special guests for some exclusive performances in the stunning St. Mary's Church of Ireland. The beautiful

natural acoustics and the spectacular backdrop that the intimate church venue offers will provide the perfect setting for a fantastic night of music from the acclaimed Irish singer-songwriter.

Mountain Trail Runs

Explore new terrain with one of three relaxed and social runs to choose from - Terrain covers fire roads, forestry trails, stone trails, and boardwalk trails. Some bravehearted individuals might even be enticed to take a dip in a Waterfall or lake en route! Day and night options available.

Wim Hof Method Workshop

The pinnacle of Cold Therapy - the Wim Hof Method Workshop will help people to deal with stress better, improve their mental health, and build resilience. During the 4-hour workshop you will learn a tailored technique to help you to breathe deeply and fully, get tips on how to improve your concentration and be guided on how to stay calm in a stressful environment (the cold!). Book here.

3D Blue Pool Wood Experience

One of the absolute highlights of the weekend promises to be the Blue Pool experience - the immersive 3D light and sound installation around the pool in the heart of Cloghereen Nature trail by well-known artist Augustine Leudar. It will feature an extraordinary walk-through 3D soundscape that uses many unique cutting-edge audio techniques to turn the forest into a subtly surrealistic sonic wonderland. See nature come alive!

Explore Killarney's Lakes

Whether you want to get active and kayak, or sit back and relax on a boat trip, see parts of the Killarney National Park that are hard to access by foot as you cruise on the water. Explore the ruins of the 7th century monastery Innisfallen Island where it's said that King Brian Boru studied. Visit hidden parts of the park on the 3 lakes, or hike the 10km up through The Gap of Dunloe and enjoy a 1.5-hour boat trip back to Ross Castle. Book here.

Children's Programme

From Gruffalo hunts and digital treasure hunts to musical master classes, an escape room and a buzzing 'Kids Zone', the little ones (and not



Roz Purcell will host a group to climb Mangerton Mountain as part of the festival.

so little ones!) are guaranteed a weekend of adventure, nature, music, creativity and most importantly, fun! See the childrens programme here.

Foodie Tour

Join Kenmare Foodie Karen Coakley on a daytime or evening food tour sampling small signature dishes and tasting local artisan produce. Scratch beneath the surface and discover Killarney's new and very vibrant local food scene. Book here.

Live Podcasts & Premieres

Join Shane Finn as he hosts a live Pushing Limits podcast with special guest former AFL player Brid Stack and mountaineer, Killian Buckley. Or get an exclusive look at two new Irish adventure films as they host their premieres - 1000KM Chaos- the story of adventurer Kevin Leahy, and Alan Corcoran's Unsinkable.

Forest Bathing

Immerse yourself in the atmosphere of the forest on a 2.5 hour forest bathing walk. This health and wellness practice supports participants to relieve stress, to be in the present moment, it creates awareness for the natural environment and connect people with their senses.

The fun won't stop when the sun goes down as Killarney hosts the electric basecamp for the festival. The town will be buzzing with market stalls, and live entertainment in local bars all weekend.

No need to bring a car - shuttle buses will bring you from the town centre to all the activities out of town. For more info and to book any event go to wanderwildfestival.com.

The festival is sponsored by Nature Valley and supported by Failte Ireland, Kerry County Council, and Killarney Chamber of Commerce.



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There was something in the air that night....

The magic of ABBA comes to Rathmore!

Excitement is at fever pitch in Scoil Phobail Sliabh Luachra this week as the final rehearsals are underway ahead to the much-anticipated school musical. "Thank you for the Music – The Musical", which takes place in the school gym on Tuesday the 14th and Wednesday the 15th of March at 7.30pm. Preparations have been underway since September when the auditions took place and the lead cast and chorus members have been busy rehearsing since October. This is a whole school event with cast and chorus members coming from first to sixth-year groups under the stewardship of director Rebecca Stryker, who teaches music in the school. Behind the scenes Transition Year students have played vital roles both on and off stage. Those who are not performing are involved in set design, programme design, advertising, ticket sales, hair and makeup, ushering and helping backstage, supported by teachers of all subject departments. 'The entire school and local community are looking forward to this fabulous show which will showcase the wonderful talent in our students,' said principal, Denis Kerins.

'Thanks for you for the Music' is an ABBA inspired musical, set on the little Greek island of Kalakari where Sophie dreams of a perfect wedding — one which includes her father giving her away. The problem is that Sophie (played by Ali Doyle) doesn't know who he is! Her mother Donna (played by Saoirse Casey), refuses to discuss the past, so Sophie sneaks a peek into her mother's ancient diary, to discover three possible fathers: Sam, Bill, and Harry (played by Sean O'Keefe, Setanta O'Callaghan and Mollie Herlihy). Sophie secretly invites all three to the wedding, convinced that she'll know her father when she sees him. But when all three turn up, it may not be as clear as she thought!

Tickets are selling fast so make sure to get yours as soon as possible to avoid disappointment. Anyone wishing to book or purchase tickets can contact the school office on 064-7758135 or call in between 9.00am and 3.30pm, Tuesday to Thursday. Prices are €15 for adults and €10 for students/children/senior citizens. Looking forward to seeing you all there. The magic of ABBA comes to Rathmore!



The Main Cast: Treasa Cremin, Aoife Murphy, Ava Twomey, Ali Doyle, Saoirse Casey, Ciara Hughes, Lainey Hart. Tommy O Connor, Sean O Keefe, Setanta O Callaghan, Mollie Herlihy, Fionnán O Donoghue.



Saoirse Casey (playing Donna) with members of the cast and chorus

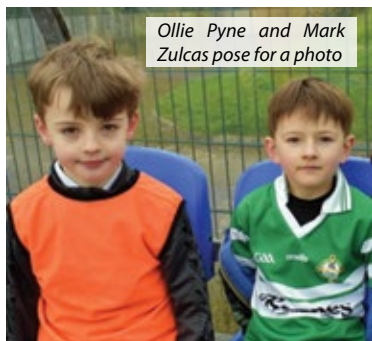
GAA STARS OF THE FUTURE ENJOY KILLARNEY LEGION ACADEMY

Photos: Maria O'Sullivan

Killarney Legion Saturday Morning Academy for Boys and Girls aged 4 to 11 got back underway last Saturday in ideal weather conditions under the watchful eye of Coordinator Liam O Toole. But fear not if you missed the opening morning as everyone is welcome any given Saturday morning where the emphasis is on fun and enjoyment while learning the basic principles of Gaelic Football.



U10 girls with a few familiar faces including senior players with the Legion



Ollie Pyne and Mark Zulcas pose for a photo



Senior Goalie Brian Kelly with Hughie O'Neill and James Hughes Enright



A group of boys U7 & 8's enjoying being back



Elyssa O'Connor and Nathan Dickinson posing for a photo



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Thom Breathnach - Irish Examiner Dec 2022

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It's Time to Drink Tea for MND

Dinking Tea for MND was usually held during the month of June however the IMNDA has moved the event to the month of March. There is no special day to hold the event so you can host an event any time during the month of March.

"We have been very lucky in the past with people organising events and raising money for Motor Neurone Disease and we are always so grateful", Christy Lehane, Chairman of Kerry Friends of Motor Neurone told Killarney Outlook.

"This event has proved to be one of the Associations most popular event of the year. Since 2018 the IMNDA has hosted three very popular Drink Tea initiative for MND and in doing so has raised the phenomenal sum of €941,654.74 so this year the Association has high hopes of reaching the €1 million mark", Christy added.

"A lot of this success is due to all of you good people who never fail to support the initiative and the various MND Ambassadors who shared their personal stories of living with MND and encouraging all of us to participate in the Drink Tea initiative for the providing of much needed services for over 400 Motor Neurone sufferers", Christy added.

This years Ambassador is a Chinese woman Lily Chen and she lives up in Termonfeckin County Louth with her family where she runs a tea business, Lily's Tea. Lily was diagnosed with Motor Neurone Disease three years ago. Lily Chen's incredible story on the IMNDA website and she describes MND heartbreakingly as "an invisible hand turning down my power gradually. It is titled Living with MND- Lily Chen. As IMNDA CEO Lilian McGovern puts it well

when she said that MND is such an unforgiving disease, but with your support for Drink Tea for MND will help people like Lily get the simple, life changing supports they need, including specialised beds, air mattresses and comfort wheelchairs and for some communication aids for people deprived of their speaking voices.

It is ironic that Lily's business has to do with the tea trade, and she tells us that she sells her range of teas in Supervalu stores nationwide and on her website www.lilystea.ie.

I have decided this year that the supporting photograph with this article will be Lily Chen Drinking Tea for MND.

Now to the good news that the IMNDA now employs SIX specialist nurses nationwide providing services for MND sufferers their families and their careers the need for fundraising is even greater.

"I will drink tea for MND again this year. Will you host a drink tea for MND any day of your choice during the month of March and in doing so you are supporting everyone impacted with MND. The need for fundraising is now even greater", Christy added.

Over 85% of IMNDA services are funded by events like Drink Tea for MND.



If you cannot organise a tea day all is not lost. You can text 50300 and donate €2.

For more details go to the IMNDA website www.imnda.ie. Where you can register and fundraise online. You can contact Head office on 016703552 to order tea packs for your tea day or for any other advice.

"Finally on behalf of Kerry Friends of Motor Neurone I again say thanks to all our loyal friends and supporters who have never left us down in the past and hopefully this year's event will be your cup of tea", he said.

You can donate to www.imnda.ie or if you want to contact with me, that's ok too.

ALL HANDS ON DECK AS GREAT SOUTHERN STAFF KEEP KILLARNEY TIDY

Staff and management at The Great Southern Hotel have been busy playing their part in keeping Killarney tidy.

"The Great Southern has been a Landmark in Hospitality here in Killarney since 1854 and we are proud of our history and for still playing such

an integral part of so many peoples' life in Killarney and beyond. We are aware of our responsibility to give back to the community and one way to do so is to support the efforts of the Tidy Town team and to present Killarney as a clean and world-class tourist destination", Michael Jacobi, Managing Director of the hotel told Killarney Outlook.

Commenting on the hard work undertaken, Johnny McGuire & Padraig Treacy – Co-Presidents Killarney Chamber of Tourism and Commerce said that they really welcome this initiative that has been highlighted by the Michael Jacobi, The Great Southern hotel one of our oldest hotels of Killarney town, with a proud tradition of welcoming community and visitors alike.

"The Tidy Towns ethos is at the heart of the Killarney Chamber of Tourism and Commerce for many years and the great work being shown by the Great Southern team is tremendous. We would love to see this being supported by the many other businesses across all sectors in the town.

"Under the new management structure of Kerry County Council there is a fresh impetus to bring Killarney as a town back up to a higher ranking in IBAL and Tidy Towns and this can only be achieved if we have full support from you all".



Staff at The Great Southern Hotel playing their part in keeping Killarney tidy.



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Volunteers do not necessarily have the time; they just have the heart

Photo: Valerie O'Sullivan

*You make a living by what you get.
You make a life by what you give*

A special night for the hard working volunteers of Killarney was held recently in Killarney.

The volunteers constantly give their time and dedication and have contributed enormously ensuring all the towns festivals run smoothly and various civic duties were carried out to perfection. Their dedication was acknowledged by Killarney Chamber of Tourism and Commerce executive, with a fun-filled evening for the volunteers in the Laurels, Killarney. The event was hosted by joint chamber presidents, Pádraig Treacy, Johnny McGuire and Senior Executive Bridget O'Keeffe.



Betty Farrell, left, Carol Dempsey, Katy Jacobi, Declan Fuller, Mike Fuller



Katy Jacobi, Alexandre Bozie and Maureen Hegarty



Dieter Gogsch and Patricia Gogsch



Paul Kelly and Mike Murphy



Pat O'Leary, left, Johnny McGuire, Joint president Killarney Chamber of Tourism and Commerce, and Marcus Treacy




Fiona O'Brien and Donal Dowd



Elaine Doyle and Deirdre Nolan



Batty O'Sullivan, Tom O'Connor and Bridie Doherty



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Glenflesk Gather to Honour their own



It was a night which had been planned for a long time and on Saturday night, Glenflesk GAA and LGFA had every reason to celebrate the clubs successes by presenting four sets of medals for their achievements in 2021 and 2022. Chairman Jerry Mullane welcomed everyone on the night and expressed it was wonderful to see such a great turnout with over 160 people in attendance in the Killarney Avenue Hotel. Glenflesk Senior Ladies were presented with their Junior C County Championship medals which was a great honour for Glenflesk as it was the First Ladies senior title to the club. Joanne Spillane was awarded with the Senior Ladies Player of the Year trophy while Molly O'Donoghue received the Ladies Young Player of the Year. The Glenflesk Seniors were awarded for their successes and received medals for Division 6 County League Champions 2021, Division 3 County League Champions 2022 with a clean sweep winning 11 out of 11 games and East Kerry Bill Tangney champions 2022. Chris O'Donoghue was awarded with the Senior Player of the Year trophy, Gavin Kelly received the Junior Player of the Year while Kevin Bowler received the Young Player of the Year. A fantastic night was had by all present and we wish the teams every success for the year ahead. Like every successful event there's always a hard-working committee behind it so a sincere thank you to Emma O Donoghue, Catherine O Sullivan, Cathy Somers O Leary and Donal Brosnan and thanks to all who attended.

Photos: Seamus Healy



Glenflesk ladies team with Ladies chairman Derek Fleming, Aileen O Sullivan, (mentor), Maria Buckley (Manager) Helena O Donoghue (Mentor).



Glenflesk ladies young player of the year Molly O'Donoghue receiving her award from Derry Healy.



Glenflesk senior player of the year Chris O'Donoghue receiving his award from Derry Healy.



Glenflesk young player of the year Kevin Bowler receiving his award from Derry Healy.



Glenflesk Junior player of the year Gavin Kelly receiving his award from Derry Healy.



Glenflesk Senior and Junior teams at the awards night last Saturday night in the Killarney Avenue Hotel.



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Climb with expert guide John O' Sullivan of The Lodge & Reeks Guiding Company



St Patrick's Waterbus Tour

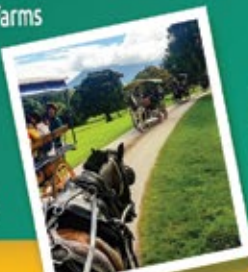
Tour of Killarney's Lakes with Traditional Irish Music. One sailing per day.



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KILLARNEY
Experience more



Fáilte Ireland



Ireland's Family Festival

**MARCH
16TH - 20TH**

Outdoor Animation
On The Tower & Grounds of St Mary's Church
of Ireland Butterflies & Bees
Enhance our Environment by Artist Sophie Lodge



**celebrating our national
holiday in style!**



**Child collection
Point**

Children participating in the parade can be collected from the bottom left hand corner of the Beech Road car Park. (Bottle Bank Area) at the end of the Parade Route.

MARCH 17TH ST. PATRICK'S DAY**Paddy's Party on Main Street FREE**

(Pre-Parade Entertainment with Padraig Buckley & Killarney School of Music)

12.45pm to 1.30pm from The Grandstand.

Meet all The Disney Characters & Join in all the fun of the festival.

St Patrick's Day Parade

Theme for this year is

**KILLARNEY**

Experience more

From Mission Road at 2.00pm Free

MC on Main Street Radio Kerry's Brendan Fuller Also Mike Fuller & Kieran Healy

Post Parade**CHILDREN'S FAMILY FUN ZONE**

(12pm to 7 pm) Beech Road Car Park Lower.

Kiddies Fair Ground Rides, Kids Entertainment Magic Shows,
Balloon Modelling, Face Painting and Interactive Children's Games
& Kiddies Disco with DJ Donal & Much Much More...

MARCH 17TH - 19TH**CHILDREN'S FAMILY
FUN ZONE**

Children's Family Fun Zone (12pm to 7 pm)

Beech Road Car Park Lower

Kiddies Fair Ground Rides

MARCH 17TH

**Comhaltas & Irish
Dance Traditional
Performance @12noon**
Anam Cultural Centre

**FREE**

**CHILD
COLLECTION
POINT**

FINISH**START**

**FAMILY
FUN ZONE
(Friday-sunday)**

**REVIEWING
STAND**

St. MARY'S
(C of I)

KENMAR
PLACE

METHODIST
CHURCH

KILLARNEY

**St. PATRICK'S
DAY**

March 17

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Festival
Killarney

Friday 17th March 2023
St. Patrick's Day

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To Help Ease Congestion Before and After The St Patrick's Day Parade.
Stewards will be in place at all locations.

**FREE
PARKING**

Penney's car Park -foc
(normally €3 per day)

St. Brendan's college Secondary School

**FREE
PARKING**

We respectfully ask those attending the parade to make use of these facilities as The Beech Road
car Parks will remain closed for The Parade and to facilitate the Post Parade celebrations.

The committee of The St Patricks Festival Killarney are extremely grateful
to the above college and business for their co-operation.

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Ireland's Family Festival

St. Patrick's Festival Killarney

Starting from Mission Road at 2.00pm sharp

Parade Route 2023

REVIEWING STAND
FAMILY FUN ZONE (Friday to Sunday)
CHILD COLLECTION POINT
START
FINISH

EXIT OF ALL FLOATS AND VEHICLES AFTER PARADE via MISSION ROAD TOWARDS CATHEDRAL

St. Patrick's Day Parade 2023

Theme for this year is

KILLARNEY

Experience more

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Ireland's Family Festival

AMAZING TALENT ON DISPLAY AT KILLARNEY MUSICAL SHOW



The talent on display was second to none at Killarney Musical Society's Production of *A Musical Journey* which took place at the INEC Arena this week.

The cast of 109 performed some of the iconic songs from popular musicals like *Matilda*, *Fodspell*, *Sister Act*, *Hairspray*, *The Greatest Showman*, *Beauty & The Beast*, *Dear Evabn Hansen* and *Mamma Mia*. Children, teenagers and young adults joined some of the original

members of Killarney Musical Society to get a standing ovation at the opening night show on Tuesday night.

Earlier on Tuesday, schools from the Killarney area packed the INEC to enjoy the show, which ran for three nights at the Gleneagle INEC Arena. Talents are meant to be shared and the cast and backroom teams certainly did that week much to the delight of everyone who was lucky enough to see the show!

PHOTOS: MARIE LYNE KELLY



Great turnout for the Barraduff 5k Charity Run

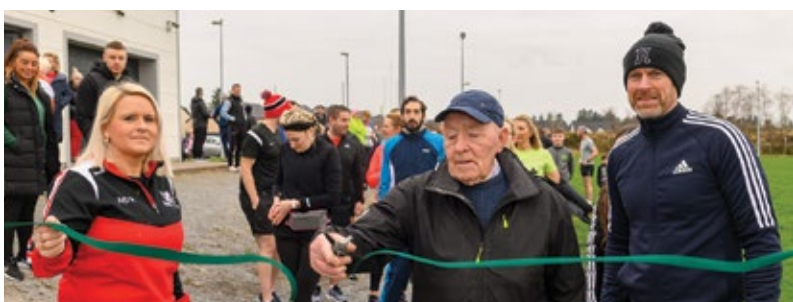
There was a great turnout for this charity run/walk on Saturday 4th March organised by Triumph Coaching Killarney in association with Barraduff Community Field. The 5km course was laid by the periphery of the community field necessitating each participant to complete seven laps of the course. Teas, coffees, buns, cakes and goodies were served by the ladies committee in the community centre following the event. Kerry Hospice/ Palliative Care were represented by Chairman of Killarney branch of Hospice Pat Doolan and branch secretary Julett Culloty. It would be fair to say the event caused a great buzz given the weather was so suitable and all for a good cause.



Tadg Óg Wubeshet, Martina O Donoghue and Mike O Donoghue attending the 5K in Barraduff last Saturday. Photo: Seamus Healy



Left to right Con Murphy, Mairead Roche, Noreen Moynihan, Jack Dineen, Lorraine Hickey, Ollie Favier and Jerh Murphy in Barraduff last Saturday.



Jack Dineen cuts the tape to start the 5K run in Barraduff last Saturday with Maria and Declan O Donoghue

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OVER €1900 IN PRIZE MONEY
ALL WELCOME

DR CROKES LOTTO
THIS WEEKS JACKPOT
IS €5,600
TICKETS FOR SALE
ON THE NIGHT.

THIS WEEK'S JACKPOT
€1,700



SOUTH KERRY JOBS FAIR

an Overwhelming Success

Both employers and attendees described the South Kerry Jobs Fair, held in Killarney, as an overwhelming success. Almost 1,500 people attended the event while there were more than 50 exhibitors from across a broad range of employment sectors and agencies also present. Some of the employers present confirmed that they employed people directly at the event.

It is the second year of the event which is organised by South Kerry Development Partnership CLG, in conjunction with the Killarney Chamber of Tourism & Commerce, and sponsors included The Great Southern Hotel and Red Chair Recruitment.

SKDP CEO Noel Spillane said that they were delighted with the turnout which was larger than expected. "An excellent range of candidates with broad skillsets attended, particularly from the Ukrainian community which is a testament to their desire to work and integrate into the communities across South Kerry" he said. Senior Executive with Killarney Chamber of Tourism & Commerce Bridget O'Keeffe echoed this and added that there was a super atmosphere in the Great Southern as job seekers spent time with exhibitors looking for the best opportunity for them. "All exhibitors put in a huge effort to select suitable candidates from a very strong talent pool aided by Interpreters where necessary" she noted.

Muireann King from Killarney Distilling and Brewing Company described it as an excellent event and said that they had some excellent candidates that they are looking forward to following up with and hopefully placing. The level of interest from the candidates attending was highlighted by Siobhan Whelan from the Sheehan Group who described it as an



Bridget O'Keeffe, Senior Executive, Killarney Chamber of Tourism & Commerce, Fred McDonagh, Red Chair Recruitment and Joanne Griffin, South Kerry Development Partnership pictured with a group of Ukrainian Translators at the Jobs Fair at the Great Southern Hotel.

excellent event. T.J. O'Connor from MTU also noted the enthusiasm of the candidates who attended, both those seeking employment as well as those interested in pursuing further education opportunities while Madina Zikare from the Muckcross Park Hotel said it was a very busy day with a lot of applicants and they are hopeful of filling the positions they had on offer.

SKDP's Enterprise Officer Joanne Griffin said she was delighted with the event overall and thanked both the candidates that attended as well as the employers for their commitment to the event. "We were also delighted to have a team of interpreters in place to assist in translation for some of the Ukrainian candidates" she added, noting that many of them are attending English classes and are very anxious to take up employment positions. Joanne added that they are hoping to expand the event further in 2024 and may look to add new elements to it.

FIFTH YEAR STUDENTS ENJOY PARIS TRIP

Fifth year French Classes at St. Brigid's Presentation Secondary School were given the wonderful opportunity to visit the picturesque city of Paris for 4 days.

Anna Cashman and Abbie O'Sullivan two students on this trip give their account of the 4 days.

"On this trip we not only developed our conversational french and appreciation of the French culture, but also formed life long friendships and bonds with the people around us. There were a variety of highlights throughout the trip, from viewing the city of Paris from the top of the Arc de Triomphe, enjoying a cruise down the river Seine, visiting the architectural and historical masterpiece that is Palace of Versailles and experiencing french cuisine in local restaurants in the heart of the city. Another memorable highlight was visiting the happiest place on earth, Disneyland Paris and Walt Disney Studios. But not all highlights stemmed from the itinerary, evenings spent in the hotel, airport and the bus trip is something we will hold near and dear to their heart. We have studied

the French language for the past five years which has made this trip even more anticipated. This will be a useful point of focus for us in the french oral exam at the end of 6th year whilst also allowing us to reminisce on the memories of a trip we will never forget. As Audrey Hepburn once said " Paris is always a good idea". Thanks again to all the teachers involved in organising this trip and making it truly unforgettable for all."



Disneyland Paris was a firm favourite with the students.



Students pictured at the top of the Arc de Triomphe



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9.30pm-11.30pm

SUNDAY: Live Traditional Session for young & Old
2-4pm
Super Trad Session with 'The O'Donoghue Sisters'
8-10.30pm

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FIFTH YEAR EXAMS DEFERRED AS EDUCATIONALLY UNSOUND



By Billy Ryle

DEFERRED

The plan to examine Leaving Cert Paper 1 in Irish and English at the end of 5th Year from 2024 has been deferred following vociferous opposition from teachers, subject associations and students. On the 29th March last year, the Department of Education announced ambitious plans for a reformed senior cycle curriculum in a document called "Equity and Excellence for All." In order to get the reforms up and running as soon as possible, it was felt that having Paper 1 in both subjects examined in 5th Year would lessen the work load in Leaving Cert year.

REFORMS

The Department of Education saw this as the first step in introducing more ambitious reforms with 40% of marks in all subjects to be awarded for projects or continual assessment marked by teachers. From the outset, the holding of exams in Paper 1 in Irish and English at the end of 5th Year was opposed by the stakeholders.

REJECTED

The ASTI, TUI, Irish and English subject associations were up in arms about the change from the get go. They were loud in their rejection of the plan, which they believed to be flawed, educationally unsound and would increase student stress. They maintained that the syllabi in both Irish and English were designed to be assessed in a student's final school year. They were annoyed that the decision was taken without any consultation with stakeholders. They said it was change for the sake of change, without due consideration for the unintended consequences for students. They demanded that the proposal be withdrawn before it caused stress to students.

DISADVANTAGE

There was concern that the change was retrograde, regressive and would have a detrimental impact on the acquisition of language skills for students. It would particularly disadvantage the roughly 25% of students who either do not have access to,

or who choose not to take up the option of Transition Year. They said that best international practice for learning a language is that oral language, writing, reading and aural skills be taught in tandem. The proposal meant that some of these skills would only be assessed in 5th Year, while other language skills would be assessed in 6th Year. That would adversely affect students and severely hinder language learning.

INTERWOVEN

Language and literature, they said, have been interwoven into teaching and learning by teachers. Integrating these aspects contributes to the development of students' critical thinking and writing skills. For example, English Paper 1 requires that students express themselves through writing, having been exposed to a variety of literature which is assessed in Paper 2. The reforms treated writing and critical thinking as stand-alone courses. There was no evidence that the Department had considered whether this new exam arrangement benefits learning in any way.

CONSECUTIVE

If the proposals had gone ahead, it was likely that Transition Year would have become a pre-5th Year thereby undermining the aims and objectives of that program. Students who went directly from Junior Cycle to 5th Year wouldn't have had a level playing field. They would also be facing into state exams on three consecutive years – Junior Cycle, 5th year and 6th year.

MARKING

The question of when the Irish and English papers would be corrected was also a concern. Would the papers be corrected immediately and results issued to the candidates or withheld for a full year? Either way the whole process would have been very stressful for the young people concerned.

HOLISTIC

A holistic approach to the Leaving Cert exam is best practice. Build in 40% in for projects and practical exams. Retain 60% for the June exam at the end of 6th Year and forget about written

exams at the end of 5th Year. The Leaving Cert exam has stood the test of time and why fix what isn't broken.

WISELY

The Department of Education has acted wisely in deferring the proposal for Irish and English exams at the end of Fifth Year. The psychological and educational evidence makes a compelling argument for abandoning the proposal altogether.

CHECKLIST

- The plan to examine LC Paper One in Irish & English in 5th Year has been deferred
- This was to be the first step in introducing more ambitious Leaving Cert reforms
- The ASTI, TUI, Irish and English subject associations opposed the 5th Year exams
- They demanded that the proposal be withdrawn before it caused stress to students
- Subject teachers said Irish and English were designed for assessment in 6th Year
- Students who went from Junior Cycle to 5th Year would be disadvantaged
- They would also have state exams in Junior Cycle, 5th year and 6th year
- CAO late application facility opened at €60 fee on 6th March
- HEAR/DARE supporting documentation must arrive in CAO by 5pm on 15th March
- CAO closing date for late applications is 5pm on 1st May
- CAO online change of mind facility (free) opens at 12.00 noon on 5th May
- A 'Check and Confirm' reminder will be sent to all applicants before the 31st May

Billy Ryle is a Career Guidance Counsellor and Educational Commentator
Email: rylebilly@gmail.com
Tel: 087 9808979

Congratulations to St. Brigid's Presentation Killarney past pupil Alice O'Donoghue, who was honored on Thursday March 2nd with the Trinity College Entrance Exhibition Award at a celebration held in the campus. Alice, the daughter of Peggy and Seamus O'Donoghue is studying Medicine in Trinity.



Abbie O'Sullivan, 5th Year Student at St. Brigid's Presentation Secondary School pictured with her Year Head Ms. Miriam Malone and her parents Aisling Crosbie and John O'Sullivan at the Killarney Rotary Club Lunch to celebrate International Women's Day. Abbie spoke to the Rotary Club about her experiences on her recent trip to Strasbourg following her win in the Rotary International Leadership Award.



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Tuesday April 4th..... English H	Monday April 10th.....Maths H (Paper 1)
Wednesday April 5th.....Science C	Tuesday April 11th.....Irish H
Thursday April 6th.....Business C	Wednesday April 12th.....Physics H
Friday April 7th.....Irish H	Thursday April 13th.....Maths H (Paper 2)
	Friday April 14th.....Geography H
	Saturday April 15th.....Biology H
	Sunday April 16th.....Maths L (Paper 2)
	Saturday April 22nd.....History H

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SONIA IS IHF EMPLOYEE OF THE YEAR

Sonia Smith, receptionist at Cahernane House, Killarney, has been named the Irish Hotels Federation (IHF) National Employee of the Year. Now in its sixth year, the award celebrates and recognises the hotel team member who has made an outstanding contribution to their workplace. Denyse Campbell, President of the IHF presented Ms Smith with her award at the IHF's Annual Conference in Killarney.

Congratulating Ms Smith and the other 11 nominees shortlisted for the award, Ms Campbell paid tribute to the high calibre of people working within the sector.

"This award truly showcases the immense talent and dedication shown by hotel and guesthouse teams right throughout the country. I am delighted to congratulate Sonia on being awarded the IHF Employee of the Year. Her outstanding dedication, hard work, and commitment to providing exceptional service to guests are truly commendable. We are grateful to have such wonderful teams of hotel employees right around the country who consistently go above and beyond to make our guests' experiences unforgettable. It is their passion and dedication that make our hotels truly special places."



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Sonia started in 2018 in the accommodation department of Cahernane House after completing her Leaving Certificate. She quickly showed immense aptitude and ability and soon moved to reception in 2019 where she was promoted to Reception Supervisor in 2022. She is described by colleagues as an amazing leader and team player and is renowned for going above and beyond to create amazing memories for Cahernane House guests.

Heart Light Healing offers a range of services

Melanie Seed from Heart Light Healing is now offering Counselling, Coaching, Reiki, I.E.T and Akashic Records readings.

Melanie has studied different modalities and holistic therapies and so am able to tailor the therapy/coaching sessions to each client's individual needs, although she always take a person-centred, intuitive approach. "I help people reflect on their current situations, understand the causes of their behaviour patterns and mindset then gently open them up to new possibilities and perspectives which empowers them to move forward with confidence and purpose. Self-discovery and awareness provide the keys to unlocking self-love and the future you desire. I use art therapy and gestalt work if you need help expressing yourself. I work with you to heal your inner child if appropriate, so you can regain the driving seat of your life. Often a wounded inner child is the cause behind OCD, anxiety

and feeling stressed and unsafe in the world", Melanie said.

You will be heard without judgement, met with acceptance, respect, empathy & compassion and Melanie provides a warm, confidential, safe space and support you to explore whatever stresses or challenges you are experiencing, and I will shine a light for you so that you can clearly see the path ahead with positivity and confidence.

"I love seeing people transform as they heal their, often subconscious patterns and move from feeling stressed to a state of peacefulness and I also read the Akashic records which are a vibrational library of your soul's history and may bring clarity about your present situations & behaviours, enlighten you about your past and look at future potential and purpose", Melanie said.

Melanie Seed can be contacted on 087-7845755.



John Healy.

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The number of tenants may impact on the quotes given. Properties rented to local authorities would need to be specially referred with some underwriters.

Here are some tips when buying landlord Insurance including some cost saving tips.

Buildings – Your Property should be insured for its rebuild cost not the market value. Rebuilding costs have increased substantially over the past 12 months. There is a handy rebuilding calculator

LANDLORD HOME INSURANCE

JOHN HEALY FROM HEALY INSURANCE ON WHAT YOU NEED TO KNOW ABOUT LANDLORD HOME INSURANCE

If you own a residential investment property that is rented out on a long term basis you will need specific landlord home insurance in place for your Buildings,

on www.scsi.ie where you can calculate your own property.

Underinsurance can have serious consequences in the event of a claim so it is advisable to review annually and get professional advice from an Insurance expert.

Contents – Landlords contents will cover the replacement cost for the items that the landlord owns, examples would include dining tables and couches. The tenants should have their own contents policy in place to cover their own belongings.

Review – Landlord home Insurance rates use many data streams so it is crucial to ensure that your details are correct when quoting. Important factors are your Eircode, number of tenants, intruder and smoke alarms, year of construction and flat roof details if applicable.

Shopping around – When shopping around it is important to understand that direct insurers and banks will only sell their own products. They may not be able to offer you choice or advise you on your options. It is also worth noting that you are free to move your Insurance from your mortgage provider, we do this on a regular basis and succeed in securing large savings for these customers.

Use a Broker – As experts in Home Insurance we understand the market conditions and can advise which Insurer or which product is most suitable for your specific needs. Aside from understanding the discounts than can be achieved in each case we also negotiate bulk discounts from Insurers to get the best prices for our customers

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MAJOR REPORT INTO SOCIAL ENTERPRISE IN SOUTH KERRY TO BE LAUNCHED

A major report into the opportunities and challenges relating to the development of the Social Enterprise sector in South Kerry is to be launched next week. The report, commissioned by South Kerry Development Partnership CLG. (SKDP) and funded through the LEADER programme, will be unveiled at a Social Enterprise Networking event in the Listry Community Centre on Tuesday, March 14th. It is hoped the report will provide the catalyst to develop a strong and vibrant Community Enterprise sector in the South Kerry Region.

SKDP Enterprise Officer Clare O'Shea said that the report is the key first step in the proposed development of the Social Enterprise sector in South Kerry as it provides an overview of the sector as it currently stands and a clear roadmap as to the actions that need to be undertaken to develop the sector to its full potential. "Listry is an excellent example of the types of successful Social Enterprises that are already operating in the region, including a play school, day care centre and a meals' on wheels service, and we hope this report will enable us to support other communities around the South Kerry area to develop similar social enterprises to benefit their communities into the future" Clare said.

SKDP CEO Noel Spillane noted that some of the key elements identified in the report required to support the sector include a funding support package, coaching & mentoring, awareness building and networking

initiatives amongst groups as well as developing links between the business community and their social enterprise sector in South Kerry. "The report has identified the potential there is to develop the sector in South Kerry to benefit all within the communities in the region and we will now move forward to ensure the strategic actions identified are implemented" he said.

Among the other key factors identified to support the development of social enterprise include delivering a schools' programme to raise awareness of the potential of social enterprise and providing groups with a toolkit to give them a clear pathway towards developing their own social enterprise initiatives.

The event in Listry on March the 14th will feature a tour of their social enterprise initiatives as well as a talk from Geraldine O'Sullivan of the Kerry Volunteer Centre on volunteer retention and recruitment issues for social enterprises.

To register your interest in the event, please contact Clare O'Shea on 087 3567874 or by email to coshea@skdp.net



SKDP CEO Noel Spillane

CASTLEISLAND COMMUNITY COLLEGE STUDENTS TALKING THEIR WAY TO THE TOP!

Castleisland Community College have progressed to the semi-finals of the Munster Schools Debating Championships organised by the UCC Philosophical Society. The event was held at University College Cork and the teams were mentored by Ciarán Doyle and Annette Steinborn (teachers in the school).

The teams were given university standard topics by university students who judge their debating skills in competition against other schools such as Glenstal Abbey, Christian Brothers College and Mercy Mounthawk. 'This is an historic occasion for the school to progress to the Munster semi-finals on the first year of entry and the only Kerry ETB (Education Training Board) school to progress to this stage of the championships' stated the principal Teresa Lonergan. Castleisland Community College had a two person team and an individual entry. The team entry debated in opposition that the house would implement universal basic income instead of conditional welfare programs. The other schools in that debate were proposition Coláiste Spioráid Naoimh, Mercy Mounthawk, St Aloysius Carrigtwohill and opposition St Brendans College, Killarney and St Francis, Rochestown.

The individual entry was in opposition that the house believes that climate protests should emphasise constructive policy proposals over criticism of current policy and narrowly missed out on progressing to the next round. The other schools in the opposition were Colaiste Dún

lascaigh and Mercy Mounthawk and the teams in proposition were Glenstal Abbey, Coláiste Spioráid Naoimh and St Brendans College. The Munster semi-finals will take place in University College Cork at the end of March.



Castleisland Community College Senior Debating team that have reached the Munster Schools Debating semi-finals in UCC. Pictured are from left: Teresa Lonergan (Principal) Caitríona Murphy, Chloe Barrett, Bláithín O Mahony, Ciarán Doyle (Teacher) and Annette Steinborn (Teacher).

MARCH WITH PRIDE IN KILLARNEY THIS SUMMER

Kingdom Pride in Kerry 2023 (KPINK) has announced Killarney as the capital town of the 2023 Pride Festival. Taking place over a full week, from 10th to 16th July, across Kerry, the festival will be celebrating the LGBTQI+ community of Kerry, and their allies. A broad range of family-friendly events will be taking place during the day in Killarney on Saturday, July 15th.

Kicking off the programme of events in the 2023 Kingdom Pride capital will be a nature walk in Killarney national park. Against the iconic backdrop of the lakes of Killarney and in the shadow of the McGillycuddy Reeks, Kingdom Pride will have its flagship event, Pride in the Park. This event, which is at the core of the festival, will be taking place in Killarney House and Gardens. Kingdom Pride is delighted to be teaming up with such a beautiful venue with important ties to Kerry's history and heritage. Pat Dawson of the National Parks and Wildlife Services in Killarney said he is thrilled to be hosting the leave-no-trace event, and is looking forward



to a great day of family fun.

Night time drag events will also be taking place in Killarney to round off the day of celebrations.

The decision to rotate Pride capitals is to emphasise Kingdom Pride's ethos that Pride is important everywhere, and not just in big urban centres. While the main focus of the public and the media's attention

has been on the important Pride celebrations in Ireland's main cities throughout June, it is often forgotten that LGBTQI+ communities exist throughout Ireland, from big cities to small rural communities. With this in mind, Kingdom Pride rotates this annual event to highlight and celebrate those LGBTQI+ individuals that make up the fabric of Ireland's regional towns and villages.

Kingdom Pride in Kerry will be celebrating Paddy's Day in Killarney this year. We invite anyone who wants to march with us in the parade on March 17th to reach out to us on our social media.

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THU 23RD MAR
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FRI 24TH MAR
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All ticket prices exclude booking fee plus €1 facility fee. Telephone and Internet bookings subject to service charge.

NEWS BITES...

RAMBLING HOUSE at Heritage Centre Scartaglen Monday 13th March at 8pm. Refreshments served. All are welcome

KWOTE Killarney women's organisation for training and empowerment monthly meeting will be Wed 15th March at 7pm in Ross Café, Upper Lewis Road. Guest Speaker John Lynch will give a talk on mobile phones.

FOSSA TWO MILE NOTES

Ceili Sunday 12th March Fossa Community Centre 3-6pm. Music by Johnny Reidy Ceili Band. Our annual Rambling House returns on the 18th March @ 8.30pm in the Castlerosse Hotel, Fossa. Tea and Barn Brack served. All very welcome. No cover charge - Raffle on the night. Set Dancing Classes continue every Tuesday night @ 9pm with Catherine Joy, Fossa Community Centre

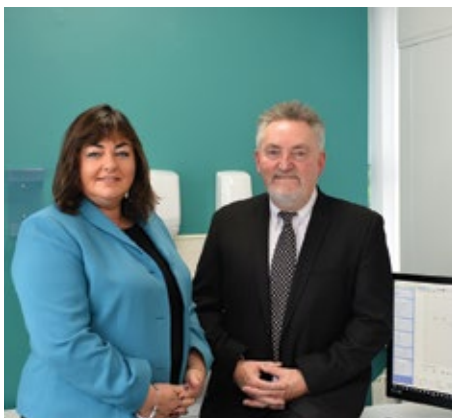
RAINBOWS is pleased to be in a position to offer children who have experienced loss through bereavement the opportunity to participate in the Rainbow 9 week programme. There are places available in the groups for children aged between 9 and 12 years. If you would like your child to attend Rainbows or for more info contact 087 2932598.

KILLARNEY ACTIVE RETIREMENT meet every Friday in the KDYS Hall (back of Franciscan Friary Bookshop) from 2 to 4 PM New Members Welcome

HEARTBEAT KILLARNEY KERRY - Cardiac Support Group

For more information visit our website <http://www.kerryhearts.ie/> Follow us on Facebook, Instagram, Twitter: @kerryheartsIE Registered Charity No.: 201075

AUDIOLOGY MEDICAL SERVICES continues to expand with NEW KILLARNEY CLINIC



Kay and Charles Lewis

Ireland's leading independent hearing healthcare company, Audiology Medical Services, have opened a new clinic in Killarney at 'Killarney GP' on Scott's Street. This new clinic is part of Audiology Medical Services continued expansion plans for Kerry, with clinics already in the Bon Secours Hospital and Scotia House in Tralee.

Speaking on the opening of the new Killarney clinic, Chief Operating Officer of Audiology Medical Service, Kay Lewis, said: "We are delighted and proud to be opening a new clinic in the heart of Killarney. It will now allow us to provide a full diagnostic, adult and paediatric audiology service to clients based in South and East Kerry with this new Killarney clinic, as well as North and West Kerry with our existing Tralee clinics."

Director of Audiology, Jessica Lewis, will be leading the Audiology team on site in Killarney. She has extensive experience of working with both adults and children, bringing with her an enthusiasm in audiology

and Microsuction ear wax removal, as well as an appetite for keeping up with the latest advancements in hearing aid technology.

A family-owned business, Audiology Medical Services is leading the way in Ireland when it comes to the provision of expert and comprehensive child-centred and family-friendly diagnostic audiological assessment of infants, children and adolescents.

At the forefront of hearing care, Audiology Medical Services constantly strive to introduce innovative techniques and practices to their comprehensive range of services. This includes Microsuction; a quick, comfortable, safe, and effective way of ear wax removal, while as an independent hearing healthcare company, Audiology Medical Services also have the luxury of not being tied to any single hearing technology manufacturer. This means they can provide each patient the best hearing solutions to suit both their budget and individual needs.

Hearing can easily be taken for granted, but it is vital that a hearing test becomes part of our annual health check-up. Audiology Medical Services offer free adult hearing screening tests at all their clinics nationwide including their new Killarney clinic. To book your appointment or find out more about their services freephone 1800 501 501.



Audiology Jessica Lewis

THE MAGNIFICENT NUMBER SEVEN

By Nicky Barry

Of all the numbers that we know, there's something about seven,
For who amongst us does not wish, to be in seventh heaven.
I don't know about the other six, but the seventh is the business,
Where we all long to get to, in terms of happiness.

The seventh son of a seventh son, they say has healing powers,
And Hinduism teaches, that there are seven higher auras.
Salome danced with seven veils, to titillate King Herod,
And removed them one by one, to drive the poor man mental.

There are seven major hills, around the Vatican,
And we all know of Snow White, and her seven little fans.
The rainbow up there in the sky, has seven brilliant colours,
And the holy Catholic church, has seven sacraments,
Not forgetting seven cowboys, who were just magnificent.
There also are seven deadly sins, which we try not to commit,
But that's enough of misery, for I've something to admit.

My red team based in Anfield, have been having a bad time,
Since Van Dijk got injured, and have been less than sublime.

While they had lost their lustre, Man U were on a run,
Until last Sunday afternoon, for when the day was done,
Klopp's mighty men scored seven, and Ten Hag's boys not one!



Madam

Anne Lucey's interesting piece on ideas for a museum in Killarney... well how about a Liebherr museum... given its amazing history in Killarney. How it all came about could even be a groundswell for stage or film. The Liebherr Story written by Tom Foley provides invaluable insight into the town and its people at that time.

Just a thought
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KILLARNEY STUDENTS "SPEAK OUT" IN CORK



Killarney Community College, pictured as Speak Out Tour visits Cork (YSI) travelled to Cork as part of its nationwide Speak Out Tour.



St. Brigid's Presentation Secondary School pictured as Speak Out Tour visits Cork (YSI) travelled to Cork as part of its nationwide Speak Out Tour.

Teenagers from Killarney visited Cork City Hall to speak out on social issues affecting them and their communities.

They are among 5,000 secondary students from across Ireland taking part in the tour, which launched in Dublin city on Monday (06.03.23) and which is also visiting Kilkenny, Limerick, Drogheda, South Dublin and Sligo over the coming weeks.

Among the topics being tackled are mental health, the housing crisis, gender equality, domestic violence, online safety, upcycling, green spaces, loneliness and much more.

Photography By Gerard McCarthy

KILCUMMIN SEWERAGE SCHEME RAISED IN THE DAIL

Deputy Danny Healy Rae has raised a topical question in Dail Eireann regarding the Kilcummin Sewerage scheme, where residents are being asked to pay €3,900 if they want to connect to the scheme.

In the past the connections were left out for the houses so they could connect easily at a later time but this is not going to happen with the Kilcummin scheme unless they agree to the connection fee.

"I made the point that the purpose of the scheme in the first place is to prevent pollution and the protect the Deenagh river and the beautiful lakes of Killarney from issues like algae blue. The full benefit of this scheme which is paid for by public money will not be realised if all the residents down along the road do not connect to the scheme", he said.




John Long Chairman Chapter 23 Credit Union (seated fourth from left) presenting the Overall winners Trophy in the U-11 quiz to Donal O'Suilleabhain teacher Gaelscoil Mhic Easmainn with his team (front from left) Katelyn Mic an t'Saoir, Elliott Hudson, Darragh O'Concubhain and Mairead Ní Dhubhlainn Gaelscoil Mhic Easmainn (second row from left) Tadhg O'Neill, Eoin Kenny Coote, Kieran Flynn and Kayle O'Neill Castlegregory National School 2nd, Ewan Marshall, Leo O'Riordan, Fionn Twomey and Emma Quirke St Oliver's Primary School Killarney 3rd (back from left) Siobhan Donnelly Cara CU, Tom Lawlor Vice Chairman Chapter 23 CU, Liam O'Connor Gaelscoil Mhic Easmainn, John O'Regan PRO Chapter 23 CU, Johnny O'Shea Castlegregory NS, Maria Ryan St Oliver's NS and Karena McCarthy Killarney Credit Union at the Chapter 23 Credit Union National Schools Quiz in Ballyroe Heights Hotel, Tralee on Sunday. Photo by Michelle Cooper Galvin


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Strictly Dancers Steal the Show

Keel GAA AND MKL Gaels came together for a dazzling display of dancing to raise funds for their clubs.

The night far exceeded both clubs' expectations, with 650 tickets sold for the event. The Fundraiser was held in Ballygarra Estate Hotel Tralee and all the dancers have been rehearsing for weeks under the watchful eye of Jackie O' Mahony choreographer.

Tim Moynihan was MC for the occasion and the Judges were Brendan Griffin TD, Mary Jo Curran Coffey, Sean O' Sullivan and Tara Dore. The 24 dancers were Kevin Giles and Norma O'Neill, Rory Prendergast and Breda Nugent, Mark Curran and Christine O' Carroll, Damian Murphy and Annette Counihan, Nigel Wrenn and Zeta Ashe, John O' Sullivan and Ciara Prendiville, Keith McGuigan and Mags McHugh, Mike Quirke and Ailis Murphy, Martin Greenwood and Susan Ashe, Willie Murphy and Madeline Prendergast, Darragh O' Dowd & Alana Evans and Cian Flynn and Danielle O' Sullivan.

The Public vote was won by Willie & Madeline while Judges winner was Darragh & Alana after a dance off with Cian and Danielle.

Both clubs would like to thank all who supported the fundraiser and all who helped to make the night such a success.



Dancers display their moves at Ballygarra Estate for the Keel GAA AND MKL Gaels Strictly Come Dancing





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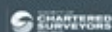


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GLENFLESK

Written by: Seamus Healy

>LOTTO

There was one winner of Glenflesk Lotto which took place on 20/2/ 2023 in Glenflesk Hall. Jackpot €10,700. The numbers drawn were 1, 9, 10, 13. The winning ticket was purchased by Eileen O'Donoghue, Coracow, Headford. Congratulations Eileen!! Next draw will take place in Glenflesk Hall on 6/ 3 / 2023. Jackpot will be €3,000. Thank you to all who support our Lotto and to our sellers. Lotto tickets including annual tickets can be bought from our ticket sellers, in local pubs and shops or online before 6pm on the date of the draw.

>GLENFLESK AWARDS NIGHT

On Saturday night, Glenflesk GAA and LGFA had every reason to celebrate the clubs successes by presenting four sets of medals for their achievements in 2021 and 2022. Chairman Jerry Mullane welcomed everyone on the night and expressed it was wonderful to see such a great turnout with over 160 people in attendance in the Killarney Avenue Hotel. Glenflesk Senior Ladies were presented with their Junior C County Championship medals which was a great honour for Glenflesk as it was the First Ladies senior title to the club. Joanne Spillane was awarded with the Senior Ladies Player of the Year trophy while Molly O'Donoghue received the Ladies Young Player of the Year. The Glenflesk Seniors were awarded for their successes and received medals for Division 6 County League Champions 2021, Division

3 County League Champions 2022 with a clean sweep winning 11 out of 11 games and East Kerry Bill Tangney champions 2022. Chris O'Donoghue was awarded with the Senior Player of the Year trophy, Gavin Kelly received the Junior Player of the Year while Kevin Bowler received the Young Player of the Year. A fantastic night was had by all present and we wish the teams every success for the year ahead. Like every successful event there's always a hard-working committee behind it so a sincere thank you to Emma O'Donoghue, Catherine O'Sullivan, Cathy Somers O'Leary and Donal Brosnan and thanks to all who attended.

>MEMBERSHIP 2023

2023 Membership Now Due - Can be paid online (Glenflesk GAA Clubforce Membership) or in our two local shops O'Briens Glenflesk and O'Donoghues Barraduff (Forms and Envelopes available in both).

>SCOR

Best wishes to our Glenflesk contestants in East Kerry Scór na nÓg: Saturday 11th March at 3pm in Fossa Community Hall - County Final Scór na nÓg: Saturday 25th March at 6pm in Currow - Munster Final: Saturday 15th April - All Ireland: Saturday 6th May @3pm in INEC, Killarney - East Kerry Scór na bPaisití: Sunday 2nd April TIME TBC in Fossa Community Hall. - Scór na bPaisití: County Semi Finals 15/16th April - Scór na bPaisití County Final: Sunday 30th April

BEAUFORT

By Bridget Hartnett

>FIXTURES

Minor men away Castlegregory, Saturday, 11th in round 4, Co Minor League. Time to be decided.

Senior men will play Laune Rangers A in the 2023 Mid Kerry Senior League final on Sunday, 12th March at 1.30pm. Venue to be decided.

>RESULTS

Round 3, Co Minor League.

Knocknagoshel/Brosna 3.15 Beaufort 2.09. Beaufort 3.14 Glenbeigh/Glencar 1.14 in Mid Kerry Senior League semi-final.

>LOTTO

Results, Sunday, 5th March. Jackpot: €12,000. Numbers: 2, 7, 13, 21. No winner. Consolation Prizes: €80 Andrea O'Sullivan, Green Road €50 David Rouse, Cullina, Agnieszka Affeldt, Cappaganeen, Simon and Patricia O'Sullivan, Gearha. The next draw for a jackpot of €12,200 will be on Sunday, 19th March 2023. Tickets are €2 each or 3 for €5 and are available from usual sellers, shops, public houses and online at: www.beaufortgaa.com. Thank you to everybody who support the lotto.

>CLUB DEVELOPMENT AND CAR DRAW

Great progress has been made in the All-weather playing surface on the G.A.A. club grounds. Tickets are still available for the car draw and other cash prizes to fund the development. They are €25 each, 3 for €60, 5 for €100 and are available from local sellers, shops, and public houses and online at www.beaufortgaa.com. Please contact the Club at 087 9975737 for more information.

>SCOR NA BPAISTI

for Primary School children who are GAA Club members will be held shortly and it is envisaged to hold a Beaufort Scór na bPáisti. Closing date for entries is Friday, 10th March. Competitions are Solo singing, Solo Instrumental music, Solo step dancing, Recitation, Instrumental music for 2 to 5 participants, Ballad group for 3 to 5 participants, Stage Act, Figure dancing for 4 to 8 participants, Set dancing for 4 to 8 participants, Quiz for team of 4, Sean Nós dancing and . To enter and for more information, please contact Anita Culhane 086 3219685 or Gerald Culhane 087 6210669.

SPA

Written by: Leanne Cronin

>MINOR COUNTY LEAGUE

Well done to our Minor team on their defeat against Ballymacelligott on Saturday last. FT score Spa 1-14 Ballymacelligott 1-7. In the next round of this Keanes Supervalu County League Spa will play Kilcummin (see team photo attached from Anne Holland)

>TRAINING

Girls U14 training takes place Tuesday evenings at 7PM. ABC, U7-U9 takes place Saturdays at 10AM. All Welcome. Reminder that players must be registered

>2023 REGISTRATION

The deadline for registration is March 31st. A reminder that all players and

competitors must register before they can train or compete with the club. Registration for the coming year can be completed on our website spagaa.com. Membership rates remain the same as last year

>KILLARNEY CLUB 7S

The Mens and Ladies All Ireland Gaelic Football 7-A-Side Tournament is back this year on June Bank Holiday Weekend, Saturday 3rd and Sunday 4th. Tickets can be purchased on www.killarneyclub7s.ie

>ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 7762411 or pro.spa.kerry@gaa.ie before 8pm on Sundays

LISTRY

Written by: Colette Leslie

>LISTRY GAA

LOTTO

Numbers 3, 8, 22, 24. €100-Nora O'Donoghue, Rockfield. €50 - Julian Weakly, Lahard. €50 - Sean Counihan, Castlemaine. €25 - Dermot Lyne c/o Dio. €25 - Patrick Fleming, Lahard. Next weeks jackpot €9,900

MINORS

Our Keel/Listry minors are in action again on Saturday the 11th at 3pm away to An Ghaeltacht.

MUNSTER FINAL WIN

Well done to Listry ladies Kate Murphy, Sarah Fitzgerald, Sadhbh Curran, Ellie Mai Nugent, Aideen O'Brien, Izzy Mcgrath, Lilly Clifford, on winning a Munster final with Milltown Presentation school they are now through to on an All Ireland semi final best of luck to all.

LISTRY COISTE NA NÓG QUIZ NIGHT in Faha Court on Friday 31st March. We are looking for volunteers and spot prizes on the night. For all enquiries please contact Mark Curran.



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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



IS IT MORE DIFFICULT TO GET A MORTGAGE TO BUILD MY HOME THAN A MORTGAGE TO BUY MY HOME?

Yes, it can be more difficult. When you are building your family home there are more of risks of things going wrong than purchasing your home especially in relation to the overall cost. The most obvious and biggest risk is of course the risk of you going over your budget to build and finish your property and not having enough money to complete your home. Lenders when assessing your application need to take this risk into account. Lenders will put emphasis on the cost of construction of your property. If you are making your application through a mortgage broker they should spend time discussing the cost of the construction and loan amounts with you to make sure they are realistic and affordable. If these figures are incorrect and especially if they are too low then your mortgage application could be declined and more importantly you may not have enough money to finish the property. A big plus at the moment for people who are first time buyers and are building or buying a new property that is their family home is that there is a Help To Buy Scheme that you can apply for through the Revenue. Thankfully this was extended recently in the budget. There is up to €30,000 available through this scheme, there are terms and conditions attached to this Help To Buy Scheme. Obviously this is very beneficial in terms of reducing your overall cost and reducing your mortgage amount also. Each lenders criteria for self build mortgages is different & you need to know this before choosing a lender that suits your needs best. A mortgage broker who has access to many lenders and has a lot of experience with self build mortgages should be very helpful to you.

If you require any further information on the above or any other matter you can contact Dermot Cronin at dermotcroninifa@gmail.com or 0646622775 or 0872893649.

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Protecting families, households and you from the worst impact of inflation and energy costs is an absolute priority for Fianna Fáil.

In recognition of these ongoing challenges, we have introduced a range of cost of living supports to put money back into people's pockets, help with the bills, and ensure there is no cliff-edge for the temporary measures already in place.

These supports started last year, progressed through Budget 2023 and further measures have been announced in February to help ease the pressures on you.

Here are some of the supports for 2023 with the new measures



January:

- **€500 rent relief** for all rents payable upon application on Revenue.ie
- **No cliff edge** on fuel supports with **lower VAT** and excise on petrol, diesel and marked gas/oil in place until October 2023
- **SUSI grant increase** of 10-14% for recipients in place from Jan
- **9% VAT** rate for Hospitality sector extended to end of August. This applies to cafes, restaurants, hotels, B&Bs, hairdressers and barbers etc
- **Lower income tax** threshold giving approx. €830 back to most workers
- **25% reduction** in childcare fees
- **€12 increase** in weekly social welfare payments to pensioners, carers and people with disabilities
- **Fuel Allowance expansion** to **80,000** elderly people and if your gross income does not exceed €500 (single), €1,000 (couple)
- **Free contraception**, extended to 26-year-old women

March:

- **€200 energy credit** to all households

April:

- **€200 payment** to people on the Working Family Payment, lone parents, low-income families, carers, those on disability payments, and pensioners among others.
- **Hospital inpatient charges abolished**

June:

- **€100 additional Child Benefit** payment per child
- **State exam fees waived** for Junior and Leaving Cert students

July:

- **Back to School** clothing and Footwear allowance **increase of €100** for qualifying children bringing the total payment to **€260** for children aged 4-11 and **€385** for children 12-22

September:

- **Free school books** for primary school students
- **School Transport fees capped** - €50 for primary student, €75 for post primary and €125 cap per family
- **Expansion of Hot School Meals** to all 64,500 DEIS primary students
- **The income threshold** for the 50% student contribution grant will **increase** from €55,240 to €62,000 per year
- **The student contribution** will be reduced by €500 for families earning between €62,000 and €100,000
- **The Postgraduate SUSI fee grant** will **increase** by €500
- **The Apprentices contribution fee reduced** by 33%



Cost of living supports delivered in 2022:

Here are some of the measures introduced to help:

- **A Cost of Living Bonus Week** to all Social Welfare recipients was paid October 2022, is in addition to a Christmas Bonus paid in December 2022
- **€500** to those on Working Family Payment; **€400** to those on Fuel Allowance; **€200** to those on Living Alone Allowance; **€500** to those on Disability Allowance, Invalidity or Blind Pension, Carer's Support Grant
- **€140 additional payment** of Child Benefit for each child in November
- **€1,000 reduction/relief** on Student Registration Fees for 2022/2023
- **Additional one month extra Maintenance Grant** for SUSI recipients
- **Electricity credits of €400** paid to all households
- **Household Benefits Package:** If you are aged 70 or over, you can qualify for all of the following free schemes regardless of your income or its source and regardless of who lives with you: Electricity or Natural Gas of **€35 per month** and a Free television licence
- **Fuel Allowance:** A Fuel Allowance of **€33.00/week** payable for 28 weeks if you are on long-term Social Welfare with no more than €200 per week in household income over the **contributory pension rate** (now disregarding half rate Carers Allowance from income)
- **Since September 2022 free contraception**, for women aged **17-25**, has been made available from GPs, primary care centres and pharmacists who sign up to provide services under the scheme.

Continued on back...



UP TO 65,000
EXTRA CHILDREN WILL AVAIL OF
HOT SCHOOL MEALS

VAT RATE OF 9%
FOR HOSPITALITY
EXTENDED TO END OF AUGUST

TEMPORARY BUSINESS
ENERGY SUPPORT SCHEME
UP TO €15,000
PER BUSINESS PER MONTH
EXTENDED

€100 PAYMENT
OF CHILD BENEFIT FOR PARENTS

€100 EXTRA
ON THE BACK TO SCHOOL
CLOTHING & FOOTWEAR ALLOWANCE

ELECTRICITY
AND GAS BILLS
VAT REDUCTION REMAINS UNTIL OCTOBER

**Further Support for those with
Exceptional Needs:**

- The Community Welfare Officer may help with unforeseen needs (e.g. hospitalisation, funeral etc.) or with unaffordable essential needs (e.g. pregnancy, equipment beyond repair) of people on low income.

Please contact your local community welfare office for more information.

For Business and SME's:

- We've made it easier to apply for Temporary Business Energy Support Scheme (TBESS) to help with electricity and gas bills, and the level of relief has been increased to 50% of the cost of eligible energy bills OR €15,000 per month. There will also be a new grant for businesses using LPG or kerosene. Extended to 31st of May 2023.
- The special reduced 9% VAT rate for hospitality businesses will be extended from March to August.

Cllr. Niall Kelleher

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Full Time Constituency Office,
29 High Street, Kilmaree, Co. Kerry,
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FIANNA Fáil
THE REPUBLICAN PARTY

0612

**Cost of Living
Supports**

*Protecting people, families
and businesses with further
supports*

**Cllr. Niall
Kelleher**

FIANNA Fáil
THE REPUBLICAN PARTY

RATHMORE GNEEVEGUILLA

By Michael O' Mahony

➤ **THE ANNUAL COLLECTION FOR EMIGRANT SERVICES**

will take place this weekend March 11th / 12th. The funds raised in churches all over Ireland allows the Irish Church to offer essential support to those organisations providing pastoral and practical outreach to the most marginalised and vulnerable groups of Irish people living abroad, many of whom are living lives of quiet desperation. Donations can be contributed online on the donate tab on the parish website www.rathmoreparish.ie or drop into the Parish Office.

➤ **TRADITIONAL INDIAN YOGA CLASSES** in Teach Iosagain on Friday evenings from 3rd March at 6.45pm Yoga classes are suitable for beginners and all sorts of fitness levels of people. Contact Simon 087 3379121

➤ **TUREENCAHILL COMMUNITY GROUP**

We have recently set up our new Community Digital Hub in Tureencahill Community Centre. This Hub is open to everyone whether it's for Work, Business Purposes, Start Ups, Students, Meetings, all at affordable prices to suit everyone. We have HIGH-SPEED BROADBAND, Free Safe Parking, Printing, Photocopying, Tea/ Coffee Facilities. Please Contact 085 8771949 From 8.30am to 5.30pm for all information

➤ **RATHMORE GAA VICTORY BANQUET** will be held at the Heights Hotel, Killarney on Sat March 11th Book your tickets now to avoid disappointment. Tickets can be booked online or contact Club Officers for further information. are washbasket.

➤ **CULLEN AND DISTRICT SPECIAL NEEDS**

Annual sponsored weigh-in continues every Monday night.

➤ **SYMPATHIES** to Rose O'Brien, Lorraine & Colum on the death of Patrick O'Brien, Nohovaldaly, husband, father & grandfather his brothers Nealie, Johnny & Denis sisters Patricia, Marie & Elizabeth, families & John O'Brien. Patrick's funeral took place on Monday 20th February in Rathmore. To the O'Leary family Denis, Paschal, John, Paudie, Martina, Marie & Aiden & families on the death of their mother .Mary O'Leary Knocknagree/ Passage West. Her grandchildren, great grandchildren, brothers& sisters. Mary's funeral took place in Knocknagree on Thursday 23rd of February.

May Patrick & Mary they rest in peace.

➤ **ROSARY**

The Holy Rosary is prayed in the Church of the Holy Rosary Gneeveguilla on this and every Wednesday at 8pm. If you cannot attend please tune in on mcn.gneeveguilla.

➤ **ADORATION**

Join in Eucharistic Adoration every Tuesday from 10 am to 8pm. New members very welcome.

➤ **STATIONS**

The Stations of the Cross are prayed every Friday during Lent at 8pm and are live streamed.

➤ **ST VINCENT DE PAUL**

LOCAL CONFIDENTIAL CONTACT 087 3462332

➤ **SUNDAY DANCE**

Hibernian Hotel, Mallow P51 HE63 Dancing from 3.00pm – 5.30pm. Sunday 12th March Dermot Lyons Band. Sunday 19th March Colin Harney Band from Co. Down. Sunday 26th March T.R. Dallas Band. All roads lead to Hibernian Hotel, walking distance from Mallow Railway Station. Admission €10. Free Draw with Door Ticket Organised by John Joe Herlihy Dances 087 9735113

➤ **NATIONAL EUCHARISTIC ADORATION PILGRIMAGE TO KNOCK** this year takes place on the week 22nd and 23rd of April 2023.

➤ **KNOCKNAGREE ST PATRICK DAY PARADE**

Be part of this year's St Patrick's Day Parade on Friday, March 17 at 11am WE NEED YOU! Children, teenagers and adults to be part of this year's festivities in Knocknagree. Don't miss out on your opportunity to be part of the parade!

➤ **MILLSTREET ST PATRICK DAY PARADE** at 5pm on Friday, St Patrick Day.

➤ **NOTES**

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6pm Sunday.

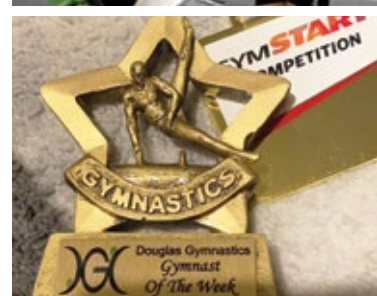
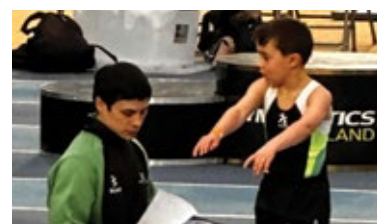


Fossa National School pupils dressed up as book characters to celebrate World Book Day at Fossa National School Killarney on Thursday. Photo by Michelle Cooper Galvin



Gymnastics Gold for Damon in National Indoor Arena Dublin

Damon Murphy of Faha National School brought home a gold medal on Saturday after competing at the Gymstart gymnastics competition in Dublin's National Indoor Arena. It is the second consecutive year that Damon, who recently celebrated his 8th birthday, has brought home the national champion title. Damon was in a category of twelve from all over the country but he did Kerry and his club, Douglas Gymnastics, proud, as well as his trainer, Ollie. Damon also trains with his father Danny at Flares Gymnastics Club in Kerry and with his mother Hayley of Scorchers Cheerleading Killarney. Hayley has recently left Scorchers Cheerleading and is moving on to exciting new challenges in the cheerleading and gymnastics world.





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KILCUMMIN

Written by: Helen Moynihan



Mastergeeha Under 9 Soccer team



Kilcummin U10 & U13 soccer team pictured at the indoor county finals is from the Community Games.

➤**KILCUMMIN CCE**
LEAVING CERTIFICATE IRISH ORAL

A Leaving Certificate Irish Oral Workshop is on Saturday the 11th of March from 10am-1pm in association with Kilcummin Comhaltas. Pre booking is essential, please contact 087-0938946 for more information

➤**ST. PATRICK'S DAY PARADE**

Kilcummin CCE have entered a float in this year's Killarney St. Patrick's Day Parade. We are inviting all members both past & present to participate. This is a special year to be involved as Kilcummin CCE are celebrating 50 years in existence this year. Details of positioning and meeting time will be on our Facebook page.

➤**KILCUMMIN GAA**
EAST KERRY LEAGUE

Kilcummin travelled to Kenmare on Sunday and lost out by five points in a game that had no great significance in view of the fact that we had already qualified for the final. This takes place next Sunday against Dr Crokes at 2pm at a venue to be decided.

➤**COUNTY MINOR LEAGUE Kilcummin 1-8 Ardfert 1-7**

This was a hard-fought but deserved victory over Ardfert in Kilcummin on Saturday last. Despite an early setback of conceding a goal they battled back well and with Sean Doolan unerring from frees they trailed by a single point at half time. In a second half that saw scores hard to come by a goal by Sean Doolan following great work by Aaron Buckley was crucial while late points by Keelan O'Shea and Sean O'Leary sealed the victory. Next game is away to Spa next Saturday

➤**MERCHANDISE SHOP**

Kilcummin Merchandise Shop will be opened on Tuesday the 14th of March from 6:30 -7:30 in the G.A.A hall for anyone that wants to purchase merchandise for St Patrick's day parade contact Marie Lehane on (087)9181973 for more details.

➤**GAA GOLF SOCIETY**

The society held their first outing last Saturday in the Ross golf club. Seven teams enjoyed a good day on a well-prepared course and Philip O'Connor, Mike Riordan and Tim Ryan emerged victorious in this three-

person scramble with a score of 58 nett.

➤**MASTERGEEHA FC**

➤**U9 FOOTBALL BLITZ Lakewood Athletic vs Mastergeeha FC**

Our Mastergeeha U9s academy travelled to Cork on Saturday night to play in a blitz hosted by Lakewood Athletic under lights on their Astro in Ballincollig. We travelled with 40 U9s from Mastergeeha playing in 6v6 very exciting small sided games. Again, thanks to all the parents for their involvement in coaching, supporting and referee assistance we really appreciate your help and contribution. Big thanks to Maurice O'Connor in Lakewood Athletic for facilitating the blitz. Next Sunday in Mastergeeha we look forward to welcoming Lakewood Athletic for the return leg to Kilbreen Park.

➤**LOTTO**

There was no winner on Friday 3rd March 2023 of the Jackpot for €8,800. Numbers drawn were 4,14,23,25. Consolation prizes of €50 went to Diarmuid & Ruby Healy, Timmy, Charlie, Jay, Bobby, Mary Theresa Moriarty, Ballinamanagh, Kathleen Devane, Mastergeeha. The next draw will be Friday 10th March for jackpot of €9,000.

➤**KILCUMMIN COMMUNITY GAMES**
INDOOR SOCCER COUNTY FINALS

Congratulations to our U13's and U10's who competed in the County finals in Duagh, both teams won the Pewter medal. Well done Boys on this fantastic achievement. Thanks to all the coaches James, Edward, Ivan and John for giving their time and preparing the boy's for both competitions. A special word of thanks to Kilcummin National School for the use of their fantastic gym facilities and their support of Kilcummin Community Games. Thanks to all the parents who travelled to Duagh and supported the teams.

➤**DRAUGHTS & CHESS & ART COMPETITIONS**

Best of luck to our draught and chess teams who will compete in the upcoming competitions in Kenmare also to the Art and Handwriting competition taking place this Friday the 10th March in Kilcummin National School. For more information on upcoming events follow us on Kilcummin Community Games Facebook page.



Pictured are some members of Dieter's Swim Academy team of Instructors who recently took part in Marie Carroll's photoshoot fundraiser in aid of the Kerry Mountain Rescue Team.
Left to Right: Sinead O'Donnell, Ellen Farndon, Treasa O'Sullivan, Aisling Reidy. Front row: Amy Healy, Dieter Gogsch (Swim School Director), Maeve O'Brien. Missing from photo is Eoin Horan.



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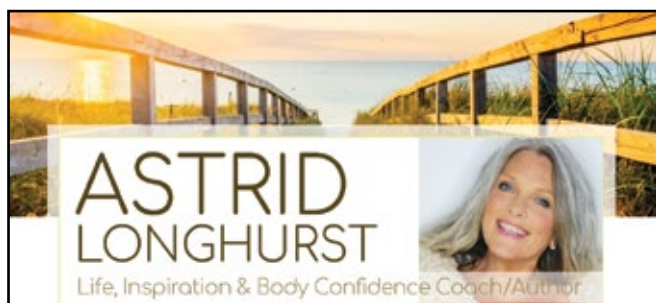


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BREATHE IN DEEP PEACE

Breath can be a wonderful key to helping you to relax and move into a deep sense of peace and wellbeing. When we consciously use our breathing to change how we feel, we have the tools for lifelong health and wellness. The outside world can bring many challenges which have an impact on our body. We may find we are clenching our jaw, contracting our bellies, raising our shoulders or simply holding our breath as we try to deal with events of our life. All of this adds to feeling stressed and anxious.

A beautiful breathing technique to help you feel more peaceful

Sit quietly and close your eyes. Allow your shoulders to relax back and downwards. Bring your attention to your breathing. Breathe in through your nose for 4 counts. Hold your breath for 4 counts and exhale through your mouth for 6 counts. As you exhale, make the sound of a sigh as you release your breath. Repeat for as long as you feel necessary.

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Noreen

WHAT
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WANT



answers your beauty questions...

IS YOUR PILLOW ABSORBING YOUR FACE CREAMS?

Leave 1 hour between applying your skincare regime and going to bed. Try to get your face cleansed straight after dinner or while its cooking.

If you apply just before bed product can transfer straight onto the pillowcase instead of being absorbed into your skin. A build-up of product on your pillowcase can cause breakouts and deplete your skin of essential ingredients. Dermatologists suggest you wait 60- 90 seconds between each product you apply to allow them to fully penetrate the skin. Lightly massage or do finger tapping on your face to stimulate blood flow while you wait between layers.



A drier complexion will absorb product quicker than an oily complexion.

Silk pillowslips are gentle on your skin and do not absorb as much face cream as other fabrics like cotton. Try to sleep on your back to prevent wrinkles and creases in your skin on your face and chest. Use gentle or unscented washing and change your pillowcase once a week.

Noreen Mangan

Tel: 0646630712

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Adopting new healthier habits may protect you from serious health like obesity & diabetes. New habits like healthy eating and regular physical exercise may also help manage your weight and have more energy. After a while if you stick with these changes they may become part of your daily routine.

Some examples of healthy behaviours are maintaining a healthy diet. Research shows that healthy eating contributes greatly to overall health, do regular exercise, get an annual physical examination. Don't we do it for our car. These healthy behaviours greatly help with lowering your Body Mass Index, blood pressure, Cholesterol levels, Blood glucose levels and so many more. All in all after a period of time of consistency we gradually feel much more healthier and in control of our healthy behaviours.

Physical activity is the second modifiable health behaviour tied to better health and well being in adults. Doing physical activity releases endorphins within the body which help promote well being and feelings of euryopia and help increase mood & energy. At B well we are all about Healthy behaviours and changing negative ones to positives so if you struggle don't be afraid to reach out. Contact us on 087-7643449.

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SMOKING AND EYE HEALTH

Why stopping smoking is one of the best steps you can take to protect your vision.

Smoking, and exposure to smoke, significantly increases your chances of developing eye disease and suffering sight loss. It's never too late to benefit from stopping. But the sooner you stop, the better the outcome is likely to be.

Below is a list of five eye conditions that are related to smoking.

1. Age-related macular degeneration (AMD)
AMD is the most common cause of sight loss in Ireland and mainly affects older people. Smokers are up to four times more likely to develop the condition.

AMD affects the central part of your vision and can make everyday activities, such as reading or even recognising faces, difficult or impossible. There are two types of AMD – wet AMD, which can often be treated with injections in the eye if caught early enough, and dry AMD, for which there is currently very little effective treatment. Stopping smoking is the best way to reduce your risk of developing AMD.

2. Cataracts
Smoking doubles your risk of developing cataracts. Cataracts cause the lens inside your eyes to become cloudy.

Smokers tend to develop cataracts at an earlier age than usual. The cataracts develop more rapidly than normal, and usually affect the

central part of the lens.

3. Dry eye
Dry eye can make your eyes feel sore and itchy and cause them to water. Smoking often causes this condition or makes it worse.


4. Uveitis
Smokers are at least twice as likely to develop uveitis – a condition where the middle layer of the eyeball becomes inflamed, causing eye pain and changes to your vision. The condition can also lead to secondary eye conditions, such as glaucoma and cataracts.

5. Diabetic retinopathy
If you suffer from diabetes, smoking increases your risk of developing retinopathy, where the blood vessels in the retina at the back of the eye become damaged. This often causes blurred vision and dark spots and can lead to permanent loss of vision.

Looking after your eyes
Stopping smoking is one of the best steps you can take to protect your vision.


Whether you are a current smoker, an ex-smoker or have never smoked, it is important you visit your optometrist regularly. We recommend that you have a sight test at least every two years, or more often if your optometrist recommends it.

For more information and honest advice contact us to make an appointment.



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Fossa National School pupils dressed up as book characters to celebrate World Book Day at Fossa National School Killarney on Thursday. Photo by Michelle Cooper Galvin



KILLARNEY RUGBY CLUB

MINIS ENJOY TRIP TO KILLORGLIN RFC

Last Saturday our Minis enjoyed a short roadtrip to Ballymalis to take on Killorglin and Listowel in the final West Munster blitz. A fantastic morning of rugby and a huge thanks to Killorglin for the fantastic hospitality. We also held a Girls only day, organised and run by our U10 coach Liam Murphy, for current and new girls to come along and play rugby and it was a huge success.

U14 BOYS MUNSTER CUP;

KILLARNEY RFC 12 WATERPARK RFC 10

After some to-and-froing this match eventually took place in Fermoy at 3pm. This was a tight game and the result was in doubt until the end. Half time score was 5-5, and Waterpark took the lead with a try early in the 2nd half to go ahead 10-5. The crucial score came from Liam McCarthy who went under the posts to give Cian Stack an easier conversion. Leading 12-10 there were still 10 minutes to go - but excellent defence saw Killarney keep out Waterpark to record an excellent victory in what was their fourth roadtrip in 5 weeks. We now advance to the semi-final of the U14 Munster Cup to await the winner of a North vs East quarter final.

U16 BOYS MUNSTER CUP QUARTER FINAL; RUGBAÍ CHORCA DHUIBHNE 13 KILLARNEY RFC 13

Playing a place in the last 4 in Munster, and draw from home wasn't sufficient for our lads. With scores tied at the end of the game - the

verdict went to the team scoring the the first try (number of tries scored being equal). Unfortunately, for us that was RCD. Killarney opened the scoring with a penalty to lead 3-0. RCD replied in similar manner, and a second penalty pushed our lead out to 6-3 at half time. Early in the second half, Corca Dhuibhne scored the decisive try. We replied with a Bryan Walsh interception to level score but at the final whistle with the score tied at 13-13, the team scoring the the first try advanced. Though unbeaten, they exit the competition. Nevertheless, reaching the top 8 in Munster is no mean feat.

U18.5 BOYS MUNSTER DEVELOPMENT CUP - QUARTER FINAL; KILLARNEY RFC 17 YOUNG MUNSTER RFC 7

The U18.5 boys advanced to the semi-final of the Development Cup with a terrific win against Young Munster. Killarney applied the early pressure and opened the scoring with a try from Scott Carlton, expertly converted by Finn Kennelly from a difficult angle. A second try followed when Hugh O'Malley picked up from an undefended ruck on the Young Munster 22 to run in under the posts giving Kennelly an comfortable conversion. A penalty later in the 1st half pushed out Killarney lead to 17-0. In the second half, we maintained the pressure and will probably think we should have scored a couple of more times to put the game away. Inevitably, Young Munster started to get their bigger forwards into the game and sustained pressure led to a yellow card

and - with reduced numbers - a penalty try. However, super defence denied Young Munster and smart tactical kicking slowed the game and kept them deep in their own half. The lads advance to the last 4 of this competition and play Sundays Well next Saturday at home.

FIXTURES

U14 Boys away to RCD, Sunday at 12
U18 Boys home to Sunday's Well Saturday at 1
U18 girls away to Shannon, Saturday at 12
U14 Girls home to Skibbereen Saturday at 12.

RESULTS

U14 Girls: W V Bandon (Conceded)
U14 Boys Killarney 12 - 10 Waterpark
U16 Girls: Killarney 26 - 48 UL Bohs/Garryowen
U16 Boys: Killarney 13 - 13 RCD
U18 Boys: Killarney 17 - 7 Young Munster
Seniors: win V Sundays Well (Conceded)

GNEEVEGUILLA ATHLETIC CLUB

LOTTO 03/03/2023: No winner of our lotto draw 03/03/2023, numbers drawn were 9, 10, 14 & 22. Sellers prize winner Hickey's Centra, Rathmore. €50 y/t prize to Noreen McSweeney Lisnaboy. €50 to Nora Hickey Readrinagh. €40 each to Karen O' Mahoney c/o Petros, James Herlihy Gneeveguilla & Denis Donnelly c/o Mgt Hayes. Bonus not won, numbers drawn were 4, 17, 25 & 28. Nest week's jackpot €10,700 plus €1,000 bonus.

Killarney Rugby Club Under 16's



Killarney Rugby Club pictured at the Girls only rugby blitz at Killorglin RFC.



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MUCKCROSS ROWING CLUB

CORK HOR

Well done to all our crews who competed in the annual Cork Head Of the River on Saturday last. It was a busy day for the club with fifty crews entered in the 4km time trial event. Congratulations to our Mens Junior 14 Octuple crew who were winners of their category. The club was second in three events including the Mens Masters Eight, Mens Masters Quad and Womens Junior 15 Quad. A total of seven third place finishes wrapped up the day's podium placings for the club - well done to those crews in the Womens Junior 16 Quad, Mens Junior 18 Double, Womens Junior 18 Double, Womens Junior 16 Double, Mens Club 2 Quad, Mens Junior 15 Single and Mens Junior 14 Quad. Thanks to our coaches and parents who supervised and helped out with organisation, boat loading and trailer unloading. Special thanks to those towing the two boat trailers.

MEMBERSHIP

Existing members will have received an email regarding renewal of club membership for 2023. All membership will be collected online via Clubforce. For the beginner group of 2022/23, the club will be in contact with further details.

KILLARNEY COUGARS BC

JUVENILE NEWS

U12 Plate Semi-Final

Gneeveguilla 28 Killarney Cougars 32

The Cougars travelled away to face Gneeveguilla for a place in the U12 Final and they produced a strong performance from start to finish to secure a deserved and hard earned win. Leading throughout the Cougars had to withstand a great comeback by the home side but they held on to take the win.

The Cougars had good performances from Aaron O'Sullivan, Noah Keogh, Sean Doyle, George Nomikos, Ryan Lynch and Rory Moynihan.

U16 BOYS LEAGUE

St Brendans 55 Killarney Cougars 58

The Cougars travelled to league leaders St Brendan's Tralee at the Moyderwell Gym and produced a strong performance and a great second half comeback to secure a win in a very exciting game with David Butler and Michale Pingo both impressing with excellent performances. Best for the Cougars on this occasion were AC Padrillian, Jack Spillane, Evan Cox and Michale Pingo.

ACADEMY BASKETBALL.

Our Academy Girls U11 & U10 busy weekend saw games against St Colmans, St Brendans and Kenmare Kestrels at the Pres Gym, with the Cougars Pink impressing throughout to overcome St Brendans. Our Cougars White also played two games on the day just being pipped by the Kestrels in the last minute.

FRIDAY TRAINING continues on Friday at the Parish Hall. U8 at 4.45pm. U10 Girls at 5.30pm. U10 Boys at 6.30pm.

KERRY AREA U12 CUP FINAL

On Sunday at the Tralee Sports Complex our U12 Boys contest the Cup Final against St Mary's Castleisland. The team defeated St Anne's and

St Pauls to reach the decider and will face unbeaten St Mary's in the Final. The sides previous meetings to date have been well contested with St Mary's holding the upper hand so far. Coach Tony O'Sullivan is expecting another difficult game but the team have plenty of character to meet the challenge. Tip off in Tralee is at 10am

SENIOR NEWS

Basketball Ireland

insuremyvan.ie

National League Div 1

Killarney Cougars 73

Portlaoise Panthers 89

An entertaining final home game of the season saw the Cougars produce an excellent first half performance, but we're unable to withstand a big comeback by the Panthers that ensured the visitors the points before a good attendance at the Presentation Gym.

The Panthers were quick to settle and were into an early 6pt lead with Desean Hampton impressing, but the Cougars responded well to the challenge and through the excellent Marty Hill they took the game to the Panthers.

A great basket by Peadar Cronin gave the Cougars the lead 10-9 after 5 minutes setting the Cougars up to finish the quarter strong to lead 22-15 with Marty Hill finishing the quarter with 13pts.

The Cougars maintained the challenge in the second quarter with the impressive Esebjo Strijdhafhtig enjoying a strong spell in the game as he added 10pts driving hard through the Portlaoise defence. Three pointers by young players Jack Lynch & Nathan Cox increased the Cougars lead to 36-27 mid way through the quarter which saw a timeout by the Panthers which had an immediate impact as Gary Morrissey and Colin Bolger replied with three pointers, working their way back into the game to trail by 4pts 44-40 by the halftime break.

All changed in favour of the Panthers early in the third quarter as they took control of the game dominating the quarter, Marty Hill & Esebjo Strijdhafhtig were well contained by the Portlaoise defence plan and the Panthers began to score freely in a 7 minute spell to lead impressively 67-47 with Dylan Dunne 5pts, Desean Hampton 6pts, Davin McEvoy 8pts, Daniel Akuja 10pts all making light work of the Cougars defence. The Cougars added baskets late in the quarter from Andraz Rakovec and Jack Lynch to reduce the arrears to 69-54.

A determined Panthers were in control throughout the final quarter and maintained their lead despite a great effort by the Cougars they could make little impact on the the big Portlaoise lead as the Cougars failed to rediscover their first half form, good baskets in the final quarter by Esebjo Strijdhafhtig 8pts, Marty Hill 7pts, Jack Lynch and Lucas Cronin



At the Presentation Gym on Saturday evening National League Killarney Cougars Vs Portlaoise Panthers, Gameday Sponsor Bake presenting the MVP Award to Esebjo Strijdhafhtig.

were not enough as their was no way back against a confident Panthers who are finishing the season in very good form. Top scorers on the night were Cougars: Esebjo Strijdhafhtig 24, Marty Hill 24, Jack Lynch 8

Portlaoise Panthers: Desean Hampton 23, Daniel Akuja 19, Davin McEvoy.15

A big thank you to our Gameday Sponsors Laura & Daniel of Bake Killarney.

Next up for the Cougars is a game on the road away to Drogheda Wolves on Saturday afternoon.

KILLARNEY VALLEY ATHLETIC CLUB

Another weekend in Nenagh with the Munster Juvenile Indoor Athletics Championships. Keelan Veerasoo took bronze in the U18 Triple Jump to add to his Long Jump title. Our U19 4x200 Relay team of Tadhg Galvin, Oisín Lynch, Cian O'Brien, Jason O'Reilly and Oisín O'Regan (sub) ran a fast time of 1min35secs for Gold and qualify for the National Championships in 3 weeks in Athlone.

Our Couch to 5K graduated last Saturday morning with a 5k at the Killarney House Parkrun. Killarney Valley AC are very proud of this group that started their journey last January and trained consistently twice a week for the past 8 weeks.

Booking for our Fun Kids Easter Camps is live on our website and is booking up fast. We have limited spaces available so don't miss out!

Our juvenile membership is closed at the moment so if you are interested in joining, please email the club on killarneyvalleyac@gmail.com to be put on a waiting list. Anyone wishing to commit to coaching once or twice a week, please let us know.

All information on Training Schedules are on our website www.killarneyvalleyac.ie.

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ROLLING BACK THE YEARS

By Jack Buckley

THE Gleneagle Squash Club monthly competition for February provided an exhibition of squash from the great Michael Howard Junior, a chip off the old block. Mike was champion squash player in the Gleneagle for the years 1999-2001-2002-2003-2004 and 2006 before moving away from Killarney but he left no one in doubt that he is back playing squash as good as ever.

His opponent on the night was Frank Ryan, son of a stalwart and founder member of the club Mike Ryan.

Frank also was making a welcome return to the club after a sabbatical away doing other things but on the night it was Mike's class and experience that saw him win a thrilling three setter on the tightest of margins 11-10, 11-10 and 11-09. Well done to both players.

At the number four match it was Robert O'Sullivan who came out the best in a great five setter against an unlucky Connie Counihan who played his heart out but only to go down 11-09 in the final set.

At number three we had the evergreen Eamonn Bowler playing against a youthful Ryan Kavanagh. Although Ryan was carrying an injury he tried valiantly but was unable to wear down the vastly experienced Eamonn who was well on top in this match.

To decide this months winner it was down to the man from Rotherham, the great Neil Kavanagh, a stalwart of the club for years and years against a very exciting and upcoming player Donal O'Sullivan. This was an absolute



At the presentation of prizes of the Gleneagle Squash Club monthly competition were front from left, Neil Kavanagh, Frank Ryan, Ray O'Callaghan presenting first prize to winning captain Mike Howard Junior, and Eamonn Bowler. Standing from left are Mike Crowley (Chairman), Tim O'Leary, Donnagh Crowley, Jack Buckley, Ryan Kavanagh, Donal O'Sullivan, Robert O'Sullivan, Connie Counihan, Mike O'Donoghue and Bernice Enright. Picture: Eamonn Keogh

cracker with both players giving it everything. After fifty five minutes of playing it was down to the fifth set with both players exhausted. Donal got three lovely nicks in the the corner to seal a great win for the Mike Howard team which sealed the club sponsored event.

A very enjoyable evening was had afterwards with refreshments supplied by the Gleneagle staff. Next months competition is already up on the board which is a singles handicap and is kindly sponsored by Cross Refrigeration.

RATHMORE LADIES HOLD THEIR FIRST ONE GOOD CLUB EVENT



Rathmore LGFA came together held their first "One Good Club event with a sea swim in banna beach with players, trainers and the community with everyone wearing a Rathmore jersey. "Our first activity in the lidi" one good club" is "Be Active" sea swimming is great for refreshing both body and mind. We hope to raise awareness of youth mental health in our community by spreading the word and getting together as a community", Jodie O'Sullivan-Monson told Killarney Outlook.



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BUSINESS OUTLOOK

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Double celebrations for THE BREHON HOTEL AND SPA

The wonderful team at The Brehon have not one, but two reasons to celebrate this week. The Brehon is one of a select few hotels in Ireland to have received the Best Employer Certification from Workbly, which identifies organisations who score in a high percentile in a number of key areas including; communications, training, culture and employee engagement. "We are overjoyed to have been presented with the Workbly Best Employer Award. This certification places The Brehon firmly in the top percentage of hotels in Ireland, and shows that our hotel is not only a rewarding place to work, but also, has so much to offer to current and future employees" said Sinead Murphy, General Manager. Following on from an employee survey, the results were independently assessed by a team of experts in the employee engagement space. "The Brehon's core values focus on delivering exceptional services standards to our guests, and without our incredible employees, this wouldn't be possible. The culture of our organisation is centric to our staff, and we're delighted to see such rewarding results from our recent employee survey" said Caroline Daly, People and Culture Manager. Following on from their recent accolade, The Brehon hosted their Annual



Ross O'Neill, Managing Director, Workbly presents Sinead Murphy, General Manager, The Brehon Hotel, Killarney with the Workbly Best Employer Award in the hotel this week. Also in photo are front from left, Aoife Lynch - Employee of The Year, Elaine Fitzgerald and Caroline Daly - People and Culture Manager with the management team and staff at The Brehon Hotel. Photo: Don MacMonagle

Employee Awards, in recognition of the contribution their staff have made over the past 12 months.

The main award winners were, Aoife Lynch – Employee of The Year, Caitriona Ashe – Manager of The Year, Tania Almeida – Best New Starter and a Special Recognition Award was presented to Liz O'Sullivan who recently celebrated her 30 years tenure with the O'Donoghue Family. The Brehon are now recruiting for a number of positions across multiple departments, to find out more about working as part of The Brehon Team, visit www.thebrehon.com/en/careers

Sweet Treat Delights at THE LAKE HOTEL



The Lake Hotel are delighted to announce the appointment of Fabien Dupretz as their new Head Pastry Chef. Photo: Don MacMonagle

Esteemed Chef Fabien Dupretz has been appointed as the new Head Pastry Chef at The Lake Hotel.

Fabien is an esteemed pastry chef and an accomplished chocolatier with 15 years' experience in the culinary world. A native of France, having learned his craft in his home country, Fabien has gained a wealth of experience in France, Italy, Spain and Ireland. His career path has been filled with prestigious establishments, both nationally and internationally. Fabien completed his chocolatier, pastry and, pastry chocolate master training in France, studying for a total of 6 years to complete higher diplomas in all areas.

Award winning Executive Chef Noel Enright commented, "We are delighted to have Fabien overseeing our pastry section, he is a wonderful asset to the team. Fabien's skill and attention to detail will amplify the sweet section of our menus and enhance the overall dining experience."

The Lake Hotel is a multi-award

winning property and most recently received three Irish Hotel awards. The accolades included Ireland's Best Four Star Hotel, Ireland's Best Chef and, Ireland's Fine Dining Experience.

Offering an exquisite location and a unique experience for all its visitors, the family owned property has been in the Huggard family name for over 100 years. Surrounded by nature and yet, only 2kms from Killarney town centre, the hotel is perfectly located to explore all that the wonderful Killarney area has to offer. All dining options are enveloped with views of Lough Lein and with a magnificent backdrop of mountains, islands, woodlands and the 12th century McCarty Mór castle ruins. Serving delectable dishes daily, enjoy lunch in the bright and spacious Lakeside Bistro, afternoon tea in the traditional lounge area or dinner in the award winning Castlelough Restaurant. For reservations call 064 6631035 or email info@lakehotel.com

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SUPPORT FOR ST. PATRICK'S DAY PARADE'S

Fianna Fáil Councillor Michael Cahill has welcomed grants in excess of €19,000 to help support and organise St. Patrick's Day Parades in a number of towns and villages around County Kerry. "These Parades are organised by volunteers who put in long hours year after year to make St. Patrick's Day a special occasion for their communities and visitors to their respective areas" said Councillor Cahill. "I am delighted that Kerry County Council has played its part

by making these allocations through the 2023 Community Support Fund" said the Rossbeigh based Councillor. "This funding is hugely important to all the organising committees and will help ensure that this year's St. Patrick's Day Parades are better than ever" added Councillor Cahill.

A total of €19,150 has been allocated to this year's Parades with Killarney receiving €8,000.

"Don't drive Airbnbs out of the market"

- Cllr. Cahill

Tourist accommodation in Ireland is made up of a mixture of types, that suit different categories of visitors to the different areas of the country. There are Hotels, Guesthouses, Bed & Breakfasts, Houses, Apartments, Hostels, etc, and more recently, Airbnbs.

Kerry Fianna Fáil Councillor, Michael Cahill believes that all of these accommodation options are essential to the success of our Tourism Industry and that there should be a level playing field for each type of business.

"These are all legitimate business operations, adding value to our tourism product, different potential customers preferring a particular option for themselves, depending on their circumstances. Some may wish to avail of the many additional facilities of a hotel, some less so, without pools, bars, prepared meals etc," stated the Rossbeigh based Councillor.

"I don't agree that different regulations should apply to any option being made available to our visitors, as long as everybody is on the same hymn sheet, providing safe, comfortable accommodation and are complying with the present laws. Tourism provides employment and income for our people and tax returns to the Exchequer" said Councillor Cahill.

"Here in Kerry, it is more visitor accommodation that is required, not less and we should welcome new entrants to a market which I see growing enormously with the opening of facilities, such as the South Kerry Greenway and indeed the North Kerry Greenways. In the case of the South Kerry Greenway it is a widely known fact that a substantial increase in accommodation will be required to service the anticipated hundreds of thousands of additional visitors to the region on an annual basis" said Councillor Cahill.

"Not everyone can afford to get involved in Tourist Accommodation with the traditional forms of Hotel or B&B for example, but the Airbnb model does offer an opening to people to rent one or two rooms or a renovated cottage, etc., Airbnb for most people is just a small additional income of €5,500 to €6,000 per annum, offering flexibility to hosts and visitors" said the Fianna Fáil Councillor.

"The more varied offerings and options we here in Kerry have for our potential visitors, with different levels of holiday budgets, the more people will visit here to sample the delights of our county" said Councillor Cahill. "I believe we must be very careful here in Kerry and that we do not drive Airbnbs out of the market as there will always be a need for short-term lets" added Councillor Cahill.

Waiting lists continue to grow as Government accused of turning a blind eye to people in need

Despite the promise of more money and better policy making by the Government through the 2022 Waiting List Action Plan, waiting lists continue to grow for Kerry people who are seeking cataract surgery and ophthalmology care as was revealed by Deputy Michael Healy Rae TD following a parliamentary question to the Minister for Health.

The Kerry deputy who pioneered the "Bus to Belfast" for cataract surgery in Northern Ireland some five years ago has said,

"This Government has totally turned a blind eye to the people who are in dire need and despite facilitating a bus trip every 6-8 weeks we are making no real difference when it comes to tackling the waiting list despite making a real difference for each individual patient. It is about time that the Minister for Health opens his own eyes to see that there is a way to help people if they even make it better known to people that they can receive cataract surgery in Northern Ireland.

"Of course, we should be looking at our own house first to help the situation but until such time that we catch up, Government need to be more flexible in helping people get treatment and if that means heading to Northern Ireland, than so be in" Deputy Michael Healy Rae commented.

Figures revealed to Deputy Michael Healy Rae show that 837 people from Kerry are waiting for Ophthalmology outpatients (as of the 26th January 2023) with a further 123 waiting for cataract surgery.

"I have been asking the Government for years to look into this with no luck, so I've continued to take buses up to Belfast with the past 5 years. It is a fright that we have to facilitate a bus in the first place but as long as it continues to help people, we will continue the services and appeal to people to let more people in need know about it" Deputy Michael Healy Rae concluded





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ROSS LADIES GOLF CLUB NOTES

LADIES GET INTO GOLF

Thursdays May 11th to June 22nd. 3 groups of 10. Contact Breda on 087 4629501

Results - 9 Hole Competition Wednesday 1st March

Another lovely morning for golf. Congratulations to the Winner Sarah Scanlan, 16pts. Runner up: Thérèse O'Keeffe, 15 pts

COMPETITIONS

9 Hole Competition Wednesday mornings
Each Wednesday morning 9-hole competition everyone welcome. Meet at 9.45am for 10.00am. All members welcome.

GOLF LESSONS

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club House.

DEERPARK PITCH & PUTT CLUB

SUNDAY DRAWS

Three Player Team, Two Scores Count Each Hole- Nett: Sean O'Brien, Aidan O'Keeffe & Bobby Kelly 83 and Gross: John McGrath, Daniel Kelly & Dan Kiely 100.

2023 MEMBERSHIP

This is now due for all members as of March 1st. Collection will take place in the clubhouse this weekend between 12pm-1pm on Saturday and 11am-12pm on Sunday. Rates are the same as 2022- Single Adult €135, Student/OAP €80 and Family €240 (Two Adults and Three Children under the age of 18).

CLUB FIXTURES

Our first major fixture of the year will be the Club Matchplay on Easter Sunday April 10th. Please ensure you are a fully paid up and registered member of the club prior to entering. This event will be preceded by our Club Captain Margaret C Looney's Drive-In. More details in the weeks ahead.

SAVE THE DATE

The club intends to formally honour its 50th Anniversary with some events beginning the week of June 19th culminating with a night in the clubhouse on Saturday June 24th. Further details as the year goes on.

ROSS GOLF CLUB

RESULTS - MARCH 4TH & 5TH WE HELD THE SECOND ROUND OF THE MD O'SHEA SPRING LEAGUE.

This was a single stableford competition kindly sponsored by Neilie Carroll Plaster Mouldings.

The winners were:

- 1: Dan Cronin (12) 41
- 2: Niall O'Brien (13) 40
- 3: Alius Brazaitis (24) 38

Division 1

- 1st: Michael J O'Connor
- 2nd: Peter Wickham

Division 2

- 1st: Darren Gaffey
- 2nd: Ryan Scott

Division 3

- 1st: Maurice Coffey
- 2nd: Mark Griffin

THE ROSS SENIORS

On Thursday March 2nd the Seniors Scramble winners were :-

- 1st: Maurice Coffey, Niall Brosnan, Colm O'Keeffe.

- 2nd: Mike Casey, Mike Gorman, Jackie Looney, Sean O'Brien

FIXTURE

On March 11th & 12th we will hold the third round of the MD O'Shea Spring League. This will be a single stableford competition and will be sponsored by C K Decorators. For Saturday players please book tee times with the Clubhouse and sign-in and enter your scores online. For Sunday players the online system opens at 7pm on Thursday.

GIVE GOLF A GO

These classes offer new members and possible new members an opportunity to try golf over 6 weeks. Classes will be one hour long with our Professional Golfer and commence on Wednesday April 12th at 6pm. Contact John on 086 3499373 for all the details.

SYMPATHY

We offer our sympathy to Jim Casey on the recent death of his brother, Dave, R.I.P.

KGFC MEN'S

RESULTS - FOURBALL BETTERBALL PLAYED SATURDAY 4TH & SUNDAY 5TH FEBRUARY 2023, ON KILLEEN.

Winners: Sean Brosnan (8) & Anthony O'Carroll (10); 49pts.

2nd: Paul O'Sullivan (12) & Conor McNeice (9); 48pts.

3rd: Donal Cronin (12) & Barry Duggan (20); 48pts.

4th: Joseph Hartnett (13) & Jason McCarthy (6); 46pts.

5th: Paddy Looney (25) & Teddy O'Sullivan (20); 46pts.

Best gross: Shane Horgan (1) & Brian Holden



Therese O'Keeffe runner up & Sarah Scanlan winner pictured at Ross Golf Club following the 9 Hole Competition.

(10); 69.

KILLARNEY GOLF & FISHING CLUB (LADIES)

COMPETITION RESULT - LADIES MP SINGLE STFD DAN HORAN FRUIT & VEG

- 1: Eimear O'Sullivan, 49 pts (42) Overall Winner
- 2: Geraldine Collins, 45 pts (21) Overall Runner-Up

Best Gross: Amy Arthur, 37 pts (05) Last Nine Holes

3: Eileen Devane, 44 pts (24) Overall 3rd Last Nine Holes

4: Maire Murphy, 44 pts (24) Overall 4th

5: Mary Looney, 43 pts (29) Overall 5th Last Nine Holes

NEXT COMPETITION MARCH 11TH/12TH

18 Hole Stableford (Categories) Mahony's Point

MAINE VALLEY GOLF CLUB

RESULTS OF SPRING LEAGUE 2023

1st: Brendan O'Shea John O'Sullivan Jamie O'Sullivan Gérard O'Sullivan, 201

2nd: Mikey McKenna Eanna O'Connor Tim O'Neil Donal Lynch, 188

3rd: Daniel Evans Tommy Evans Joe Long Robert Gallagher, 182

SINGLES STABLEFORD PLAYED 4TH AND 5TH MARCH

1st: Brendan O'Shea, 43pts

2nd: Jamie O'Sullivan, 42pts

3rd: John O'Sullivan, 42pts

Adam Moynihan celebrating his Confirmation last Friday at the Great Southern hotel with his brother Rian and sister Ella. Adam is a student at Lissivigeen School. Photo by Dylan Clifford



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Both our National League Teams are playing
this Saturday Night. Our St Pauls Ladies are at
home to *Moy Tolka in the Pres Gym*
and *Scotts Lakers St Pauls* have a road trip
to Team North in Donegal for their very last
game of the season.

SATURDAY 11TH MARCH
at 7.00pm

St Brigids Presentation
Secondary School, Killarney.

Ladies National League Div 1
Pay at the door.

*Best of luck to both teams
and management !*

MEK GALAXY

GIRLS

U13 Girls: MEK Galaxy 6 Castleisland 0

A dominant display by our girls. Scorers - Izzy Lyons 3, Fleur O'Neill, Julia Kurdziel and Sarah Quirke 1 each. Player of the Match goes to Clodagh Quirke.

U14 Girls: Premier MEK Galaxy 2 Killarney Athletic 0

A great win against our neighbours. Scorers: Izzy Lyons and Anna Allen. Player of the Match Ellis Reen Cronin.

BOYS

Under 13 Premier: MEK Galaxy 0 Castleisland 2

Two defensive mistakes in the first half cost MEK at least a share of the points. This side is improving week on week and surely a bit of luck will eventually come their way. Man of the Match shared between Gerry Moroney and Oisin Cryan.

U13 Division 2: MEK Galaxy 3 Tralee Dynamos 1

Another great display by the lads!

U15 Premier: Inter Kenmare 0-4 MEK Galaxy (Halftime 0-0)

Goals scored by Danny Murphy 2, Killian Fitzgerald and Jayden Fennell 1 each. Man of the Match Danny Murphy, with good displays also from James Spillane, Harry O Connor and Kevin Coffey.

U15 Division 2: MEK Galaxy 2 Ballyheighue 0.

Goals James O Meara and Leo Allen. MOTM James oO Meara

KILLARNEY ATHLETIC

JANUARY 300 CLUB WINNERS

€500 Tom & Sheila Griffin, Riverside Drive.

€100 Killarney Race Company.

Gavin O Donoghue, Speakeasy.

James Looney, Killarney Glass.

Pat Looney, Ross Road

Joe Joe Fleming, Flemings Taxi

FEBRUARY 300 CLUB WINNERS

€500 Ann Maria Kennelly, Countess Road

€100 Michael O Shea, London.

Rosemary O Connor, Mill Road.

Diarmaid & Noreen O Carroll, Tiernaboul.

Paul Tagney, Muckcross Road.

Mary & Ian McCarrick, Headford.

LB ROVERS 8-4 KILLARNEY ATHLETIC B

Our young Blues pushed a very strong LB Rovers all the way in Ardferth this afternoon. A superb Shane Tomlinson free kick just before half time ensured the teams went in level at the break 3-3 in what was a pulsating first half.

Rovers came on strong in the second half and ran out deserved winners. Best of luck for the rest of the season to our hosts.

Goal scorers for Athletic: Darragh Fitzgerald -Shane Tomlinson, Aodhagán O'Suilleabhain (2)

BALLYHAR DYNAMOS

TEAMS

The u12 girls played Killorglin on Saturday morning and while defeated had very good performers in Lucy Wynne, Emily O Callaghan, Kate O Connor & Ruby OConnor.

The U13 boys played out a 4-4 thrilling draw away to Istowel in the Premier Division with goals from Addy Nolan, Ryan Quilter x 2 & Ryan Vickers while in a good squad effort Dan Duggan, Jack Kelly, Diarmuid Casey, Daithi Allen & Ogie Griffin were solid throughout. The U15s in Division 1 won 3-0 away to Inter Kenmare B with goals from Conrad Long x 2 & Marcus Clifford. Eoin O Mahony was excellent in Goal with Jim O Dowd, Ross Lally, Davin Quilter & Jamie Quirke excellent in their efforts. The Seniors at home on Sunday picked up a deserved point in a 2-2 draw against high flying St Brendans Park. Ballyhar came from behind twice with goals by James Horgan & Sean Cooper.

WELL DONE

Congratulations to both Ryan Quilter & Ryan Vickers, both of whom played their part in Kerry's U13 Munster final 2-1 win V Limerick at Cahir, Co Tipperary on Sunday last. Well done to U12 player Patrick O Connor on being selected on the Kerry schoolboy team of the week following his recent goal scoring form.

TESCO BLUE TOKEN

Ballyhar Dynamos are one of the nominated community organisations at TESCO Park Road, Killarney. Please support the club with a blue token on completion of your shopping.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 4,19,25,27. No jackpot winner. No Match 3 winner. Lucky Dip winners received €50 each. Next jackpot €2,200 on Monday March 13th. Tickets available from The Dungeon Bookshop, Hegartys Park Rd, club members and online through clubforce.com

FAI JUNIOR CUP QUARTER FINAL



Ballyhar Dynamos FC Ryan Quilter & Ryan Vickers who were both part of the Kerry schoolboy u13 squad who defeated Limerick to win the Munster Title.

Killarney Celtic 0, Ballynanty Rovers 0, Ballynanty win 5-4 on pens.

Killarney Celtic bowed out of the FAI Junior Cup last Saturday evening before a big attendance at Celtic Park. 2 evenly matched teams could not be separated in normal time and extra time before penalties were needed to decide the winner of this tie. After an even opening period, Ballynanty began to shade the exchanges with Adrian Power causing problems. Ballynanty were close to opening the scoring when a shot by James Fitzgerald from the right hand side almost curled inside the left post and they went close again with a header which just went the wrong side of the post. The lights were on for the 2nd half and Celtic came to life, carrying the game to Ballynanty. Cian Doe hit the side netting and Liam Spillane went close before Witness Odirile had Celtic's best chances. Odirile hit the post with a header before his shot from inside the box went the wrong side of the post. Ballynanty were always dangerous on the break and they played themselves back in the game. Adrian Power had the best chance to break the deadlock when getting free on the left but failed to hit the target before Ballynanty had the ball in the net but it was disallowed for offside. Extra time was a tight affair with Ballynanty going close from a free kick after Celtic were reduced to 10 men. So we headed to penalties where Ballynanty



Ballyhar Dynamos FC u12 girls who were defeated by Killorglin FC on Saturday last at Murt Scott park.



Ballyhar Dynamos FC u15s following their away victory over Inter Kenmare on Saturday last.



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emerged victorious. Celtic can hold their heads up high as they more than matched Ballynanty in this contest. We now turn our attention to the quest for the league title in Kerry. Best of luck to Ballynanty going forward in the competition.

PREMIER B

Killarney Celtic B 1, Castleisland AFC 0

Evan Cronin

A goal from Evan Cronin was enough to gain the win in a game of few chances.

JIMMY FALVEY MEMORIAL YOUTHS CUP

Killarney Celtic 4, Tralee Dynamos 1

Jason O Sullivan, Eoghan Crowley, Colin O Callaghan, Luke O'Neill.

Celtic progressed to the next round of the Jimmy Falvey Memorial Youths Cup when they overcame Tralee Dynamos last Sunday night. Jason O Sullivan and Eoghan Crowley had Celtic 2up at the break with Colin O'Callaghan and Luke O'Neill completing the scoring in the 2nd half.

YOUTHS LEAGUE

Killarney Celtic 4, Mainebank 1

Liam Cronin, Luke O'Neill, Eoghan Crowley, Calvin O Sullivan

After a scoreless 1st half Celtic found their range and ran out comfortable winners in a game played midweek.

U15 CUP /SHIELD ROUND 2

Killarney Athletic B 2, Killarney Celtic 8

Pa O'Brien 3, Luke O'Shea, Dara O'Sullivan, Tomas Mackey, Ryan Downing, Jack O'Grady Celtic were out of the blocks early and led 5-0 at the break to ease into the next round of the



U15 Cup.

OUR U11 Green and White squads played over the weekend as did our U10 White. Many thanks to MEK for playing in a U8 blitz at Celtic Park.

GIRLS

U12 PREMIER

Killarney Celtic 0, Killarney Athletic 1

Our young team put up a spirited performance last Saturday and continue to improve with every game.

WELL DONE to all our players who played for

Kerry last weekend in both the boys and girls interleague competitions.

CONGRATS to Pa O'Brien U15 who made the KSBGL Team of the Week and to Liadh Forde who made the Girls Roll of Honour.

CONDOLENCES to club players Cian and Katie Doe and to former player Matt Keane following the recent passing of their grandmother Anne Doe.



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MISSQUOTE.IE WOMENS BASKETBALL
LEAGUE

NATIONAL BASKETBALL ARENA

ST PAULS 80
GRIFFITH COLLEGE
TEMPLEOGUE 73

The stage is set for what will be an exciting finale to the MissQuote.ie Womens Basketball League regular season following an interesting set of results this weekend. St Pauls had been vying with the Portlaoise Panthers for top spot in the Southern Conference and duly did their business with a hard earned win over Griffith College Templeogue in the National Basketball Arena in Tallaght. Later that same evening the Portlaoise Panthers suffered a slightly surprising defeat to the Abbey Seals Dublin Lions. The upshot of these results is that Pauls are now in the box seat for top spot in the Southern Conference provided they defeat Moy Tolka Rovers next weekend. Portlaoise themselves are at home to the Phoenix Rockets, the Rockets knowing they must win to see off the rampaging Tolka Rovers, who have their eye on second spot in the Northern Conference. All the above could be academic should Pauls win on home soil on Saturday evening but a Moy Tolka Rovers win will certainly turn up the heat in Portlaoise for that Sunday afternoon tip off.

St Pauls couldn't ask for any more from the weekend, they were kept honest all the way to the final buzzer in Tallaght but never really looked threatened by a solid Templeogue outfit. They welcomed back their Kerry Ladies football contingent and with a very even scoring spread they overcame a narrow first quarter deficit to take control of proceedings in the second quarter and pushed on from there.

Aisling Counihan slotted into the starting five alongside regulars Rheanne O Shea, Yuleska Tejeda, Sofia Paska and Lynn Jones. The outstanding Hannah Murphy got Templeogue out of the blocks early alongside Australian Zoe Hurley but Paska, O Shea and Tejeda got the visitors going. Lorraine Scanlon made an early appearance alongside Jessica Quirke, the latters three making it a tied game at 10-10. Scanlon wasted little time making her mark and Cassandra Buckley with another three and Tejeda with a couple of baskets to make it 17-13 to the visitors. But a late surge yielded a three from Ava Coogan and a Berta Rodriguez basket on the buzzer made it 18-17 to Templeogue.

Siofra O Shea and Paska were reintroduced at the onset of the second quarter and Pauls got an immediate bounce with Paska, Jones (with a three) and Tejeda making it 24-18. But Murphy and Hurley dragged the home

side back into it. Tejeda, Scanlon and Siofra O Shea pushed Pauls clear but again Rodriguez with a three made it 34-32 to Pauls with 2.32 to go in the half. But Lynn Jones struck once again from beyond the arc, helping to put Pauls into a 40-32 halftime advantage.

Templeogue used the half time tea to regroup as Aoife Whelan and Zoe Hurley cut the deficit to two. Scores were shared equally in the next few minutes with a Lynn Tunnah three halfway through the quarter making it 50-47 in Paul's favour. Rheanne O'Shea and Murphy exchanged threes before Paska, Scanlon and Tejeda helped to put clear daylight between the sides at the end of the third, 62-53.

Tejeda, fouled in the act of scoring, made it a three point play, stretching the lead to 12, but Hannah Murphy, the games top scorer, hit six points on the spin to threaten a Templeogue revival. Zoe Murphy and Paska both went two for two from the free throw line before Tejeda, Paska, who was dominant under the boards, and Rheanne O'Shea made the decisive break to open the lead out to 15, 76-61 with 2.54 to go. Rodriguez, Murphy and Aoife Whelan kept working the scoreboard but Pauls, with Leah McMahon on court, closed out the game on an 80-73 scoreline.

So St Pauls now find themselves in a position that they would have taken your hand off for at the start of the season. A home game to clinch the Southern Conference top spot. They sit ahead of Portlaoise Panthers in the Southern Conference standings by virtue of a superior head record against the Laois side. The Killarney side lost in the O Moore County by fourteen points but crucially beat the Panthers at home by fifteen points. It really is that tight. Moy Tolka Rovers are in sublime form recently winning five of their last six and come to Killarney with a sniff of a play off spot. They will be looking for the Panthers to defeat the Phoenix Rockets but of course they must also be successful themselves. To achieve that they will be looking to Shelby Cheslek and Faatimaah Ra to lead the charge. Cheslek stands at an imposing 6ft 5 inches with a sound defensive game and offensive skills to match. Her battle with Sofia Paska could be the crucial one. Ra arrived mid season replacing Katrina Roenfeldt and has been prolific in their late season surge regularly hitting over twenty points per game. Elaine Kenny, Mae Creane and Roisin Brien can also be relied upon.

So all roads will lead to the Presentation Gym next Saturday night where tip is 7.30pm. A big home support is asked for !!

INSUREMYVAN.IE NATIONAL BASKETBALL
LEAGUE

KILLARNEY SPORTS AND IEISURE CENTRE

SCOTTS LAKERS 83

PORTLAOISE PANTHERS 85

Another game, another case of what could have been for the Scotts Lakers. Just like last weekend they led from the off, looked like winners at various stages but ultimately got pipped at the post. The manner of this defeat could stick in the craw but with Ulster University visiting the Killarney Sports and Leisure Centre the following evening there can be no time to be licking their wounds. No better place than to be back out on the hardwood and get that defeat out of the system. To pick the pieces out of this, once again Senan O Leary was prolific, Eoin Carroll gave another example of his potential while Rui Saravia continued to lead from the front. Jack Ferguson is now officially the best three point shooter in the league while O'Sullivan, Jack and Jamie, Mark Sheehan and Oisín Spring continue to show why they are the future of St Paul's basketball.

The opening quarter was finely balanced, it finished 23-23 a piece. Daniel Chukwubuzo was lively from the off for the visitors but Senan O Leary, Jack Ferguson and Rui Saravia helped the Lakers in an 8-5 early lead. Panthers American Desean Hampton and Chukwubuzo struck back but the hot hand of Ferguson was in full flow as he eased the Lakers ahead again 16-11. Panthers Davin McEvoy continued his recent run of good form and with Gary Morrissey also netting a three it took a Saravia basket and a Ferguson three to tie the first quarter score.

Ferguson and Saravia set the tone early in the second quarter but Hampton and Chukwubuzo were keeping the Panthers in tow. Senan O Leary helped nudge the Lakers clear again but Hampton and Morrissey were proving to be a handful and the Panthers now held a slim 39-38 lead with 2.52 left in the quarter. Enter O Leary again with three big threes and that helped give the Lakers a 49-45 half time lead.

The third quarter saw the Lakers hold and indeed increase that advantage. But it came at a cost as both O Leary and Saravia picked up their fourth fouls and obviously had to tread carefully thereafter. Again Ferguson was instrumental in this quarter and he got good support from his namesake Jack O'Sullivan. Holding a ten point lead 71-61, a Cillian O Connell three late in the quarter gave the Panthers a clearer sight at 71-64.

Eoin Carroll pushed it out to 73-64 Hampton and Chukwubuzo halved the deficit within two minutes but the Jacks made it 79-70. Unfortunately for the Lakers they went on a cold streak for a few minutes but initially they kept the Panthers at bay. After a time out the Panthers pounced mainly through the promptings of a previously quiet Conor Byrne and Chukwubuzo. Hampton, with 3-08 on the clock, put the visitors 82-79



ahead and a Laker timeout was called. Eoin Carroll cut the gap to one, 82-81 but the hammer blow came in the form of a Coor Byrne three. But Saravia cut the gap to two with the Lakers using fouls to now quell the Panthers. Hamptons went to the line, with 4 seconds on the clock, but amazingly failed with both. Saravia rebounded the second shot, fed it NFL style down the court to Ferguson who put up a three point shot in an attempt to clinch the winner. It looked good in mid air but rimmed out much to everyones, bar the Panthers, anguish. A game you could argue that slipped through their fingers.

INSUREMYVAN.IE NATIONAL
BASKETBALL LEAGUE
KILLARNEY SPORTS AND LEISURE CENTRE
SATURDAY MARCH 4TH
SCOTTS LAKERS 77
ULSTER UNIVERSITY (ELKS) 94

In the end Scotts Lakers had no answer to a Conor O'Sullivan inspired Ulster University side as they tried to snap out of a recent losing run. O Sullivan, a native of Cork, tormented the Lakers inside and out, hitting six three pointers drawing comparisons to his father Tom. Tom was an outstanding player in an all conquering Neptune side in the heady days of the 80s and 90s and it is definitely a case of black cat, black kitten when it comes to his offspring Conor. It had all looked very promising for the Lakers in an entertaining first half, one in which they retired to the dressing room with a 49-46 lead. But the pivotal third quarter proved to be their undoing as they were outscored 30-17 with O Sullivan hitting half that total. It was a tired second half display from the home side, entirely understandable given their February schedule of games and a hard fought battle the night previous with the Portlaoise Panthers.

Eoin Carroll was rewarded for his recent form with a starting berth and alongside the other inform young gun Senan O Leary he helped the Lakers into an early 6-4 lead. Jamie O Sullivan and Nate Shafer exchanged threes before Senan O Leary hit again from downtown.. Jack O Sullivan, swapping places with his namesake Jamie, opened the lead out to 14-7 before Shafer, Conor O Sullivan and Igor Markiewicz pulled it back to 16-13. Jamie O Sullivan, back on court, hit a basket before Markiewicz and O Sullivan made it 18-18 with 2 minutes left. The next minute was like the shootout at the Ok Corral as Mark Sheehan, Jack O'Sullivan and Rui Saravia for the Lakers and Conor O Sullivan all hit threes to help the Lakers into a 29-21 advantage. But as was his wont, O Sullivan hit two late baskets to close the gap

to four, 29-25.

Darragh Lyne and Mark O Shea were back in the Lakers squad and they made their appearance in the second quarter. Ben Hesnan made an early impact for the Elks with a three but Jack O Sullivan replied in kind. Shafer and Lakers captain Saravia were having a good battle and two Conor O Sullivan threes briefly gave the Elks a 38-36 lead. The introduction of Lyne and O Shea gave the Lakers an extra zip and further points from Jack Ferguson and Carroll (with a three) helped the Lakers regain the initiative at 49-46.

Senan O Leary kept his radar on to reply to another O'Sullivan three but it was in this period that the Elks really made their presence felt. They put huge pressure on the Lakers restarts, forcing errors which they punished through Maximilijan Dimitrov, Shafer and O Sullivan. They opened up a ten point lead, 62-52 but this was immediately halved by Jamie O Sullivan and Saravia. O Sullivan, Stuart O Connor and Adam Ryan, replying to a couple of Saravia baskets, re-established the ten point advantage, which stayed at ten despite a Ferguson three and Mark Sheehan two.

The Lakers found it extremely difficult to get any momentum going in the final quarter as the Elks maintained their press. A Ferguson three either side of a Igor Markiewicz basket saw it at 80-69, the same duo again answering another Ferguson three. Saravia cut the gap to nine but that was as good as it got despite Saravia hitting another three. That was due to the promptings of Matthew Rooney, Dimitrov and O'Connor who kept the scoreboard busy to the last buzzer.

There can be no doubt that the Lakers, at their best, can be a match for everyone, but the last six weeks emphasises the need for a full squad. The intensity and speed of the games mean that it requires a sustained effort to be competitive until the end.

The Lakers play their final game of the season next Saturday night in Donegal when they face Team North West

MISS QUOTE.IE WOMENS BASKETBALL
LEAGUE

St Bridget's Presentation School Gym
Killarney

**ST PAULS VS MOY TOLKA
ROVERS**

SATURDAY MARCH 11TH 7.30PM

Preview by Enda Walshe

In the Northern Conference McEvoy Cavan Eagles confirmed their passage to the playoffs with a bit to spare but the second spot is still very much up for grabs. The Phoenix Rockets and Moy Tolka Rovers are both locked on 12 wins and their fates will

be sealed by how they do in this weekend's fixtures. And in a twist to the tale they face the protagonists in the Southern Conference. St Pauls and the Portlaoise Panthers are assured of their playoff berths but what's not so certain is the order in which they qualify. The Panthers face the Phoenix Rockets on Sunday at home but by the time that game tips off both will be aware of the outcome of the St Pauls vs Moy Tolka Rovers clash. Were Pauls to emerge victorious they would be assured of top spot regardless of a Panthers win, by virtue of a better head to head record against the Laois side. But if Moy Tolka Rovers spring a surprise there will be more than a ripple of tension in Portlaoise on Sunday afternoon, with both sides knowing a win would gain them greater reward.

Moy Tolka Rovers arrive in the Pres gym in great form, having won five of their last six games. They have easily accounted for SETU Carlow, Swords Thunder, Limerick Huskies, Oblate Dynamos and the Marble City Hawks and that run has seen them surge right into the play off conversation. Having started the season with Katrina Roenfeldt, she was replaced in the New Year by Fatimaah Ra and Ra has been in sensational form since. She scored 34 points on her debut against the Cavan Eagles and has maintained that standard since. She is joined on court by the 6ft 5" centre Shelby Cheslek, a graduate of the famed Gonzaga College and she's strong in defense with offensive skills to match. Her battle with Sofia Paska promises to be one of the highlights of the game. The Dublin side can also call on Mae Creane, Elaine Kenny, Patricia Mirt and Roisin Brien to stand up and be counted.

St Pauls have done a lot right this season and can count to a lot of positives. Sofia Paskas recent form has seen her crowned February Player of the Month, Yuleska Tejeda is the second highest points scorer in the League. Rheanne O'Shea is in exalted company in the top five three point scorers in the League while Lorraine Scanlons experience and know-how in the League is invaluable. Lynn Jones has got a new lease of life in recent weeks but it's in the strength of the squad that a team's true form lies. Without the options of Denise Dunlea, Aisling Counihan, Jessica Quirke, Siofra O Shea and Leah McMahon, Coach James Fleming will readily acknowledge that his job would be a whole lot harder. Having got this far the squad will be hungry and determined to finish off the season on the right note and the support of the Killarney people would be much appreciated this Saturday night in the Pres Gym at 7.30pm as they go in search of National honours.



JIMMY O'SULLIVAN-DARCY takes a look at all things sport...



An off the ball jersey pull for David Clifford. Photo: Orla Coyne, Kerry GAA Fans



Greg Horan Austin Stacks in action for Kerry v Tyrone, Photo: Orla Coyne, Kerry GAA Fans

SPORT IRELAND

This bit might be boring for some of you, sorry about that. But it's important to acknowledge it. I love sport. Judging by the viewing figures, so does pretty much everybody else. There are record attendances at the GAA's National League matches. Over 15,000 people went to Austin Stack Park on a cold and miserable Saturday night to watch Kerry take on an Armagh team with a well-established reputation for defensiveness. Most of them would have watched the Irish rugby team earlier in the day. The League of Ireland believes that for the first time over, over one million people will attend a League of Ireland match. The biggest watercooler conversation topic last weekend was Liverpool's absolute hammering of a seemingly resurgent Manchester United. I suspect that some of the increased popularity of sport is a deeper appreciation of community activities after lockdown during covid, but that's just a personal theory.

The thing is that there are an awful lot of nuts and bolts that go into making sport happen. From juveniles in every sport in every community, primary and secondary schools all the way up to inter-county and, for the most part, to semi-pro and eventual professional ranks. It takes a lot of volunteerism (something which unfortunately appears to be slightly on the wane). And, frankly, it takes money. That's the hard reality.

Now, government investment in sport is hugely beneficial, even when measured in purely financial terms. People who participate in sport, whether individual or team sports, cost far less money and resources on health services, including being provably in better mental health. Sport brings more tourists, both domestic and foreign, than music concerts. Horse and greyhound racing are huge industries in their own right. Let's take Kerry GAA as the most obvious example. They spent €1.45m on their inter-county teams in 2022. Without spending that money, Kerry wouldn't have seen the inside of Croke Park much. But they did – and sales of Kerry sportswear alone rose over fourfold from €133,000 to €547,000. Commercial income doubled. There is a reason

why teams bring out new jerseys so often – that's a phenomenon that was actually started in tennis in the US but it is now a massive global industry.

The Irish Government, thankfully, don't need to be told any of this and they have not been found wanting. Sport Ireland has announced a multi-annual funding package, which sees historic levels of investment (up €4 million on last year's €20 million) in high performance sport. The announcement, which is supported by increased Sport Ireland funding intended to support the implementation of High Performance Strategy, comes on the back of a hugely successful Tokyo Olympic cycle for Irish athletics which saw Irish athletes achieved thirty (30) medals in targeted championship events from 2017 to 2021. This compares favourably with the twelve (12) medals won across the Rio cycle from 2012 to 2016. The investment commitments of the National Sports Policy 2018-2027 continue to be delivered for high performance sport. Under its multi-annual funding commitment for 2022 to 2024, €10.8m in High Performance Programme Funding will be provided to 19 National Governing Bodies to support the delivery of their performance programmes in 2023. A further €950,000 has been allocated to the Olympic Federation of Ireland (€500,000) and Paralympics Ireland (€450,000) for operations and administration support.

Multi-annual funding is extended to the International Carding Scheme which provides financial support to athletes for their training and competition programmes. Athletes that have achieved criteria for funding in 2022 will be on the International Carding Scheme for 2023 and 2024. This will allow athletes to focus on training and performances as they seek qualification for the Olympic and Paralympic Games in Paris 2024. In 2023, Sport Ireland will invest €3,486,500 under the International Carding Scheme. This will support 127 athletes and three relays / pool funding in 14 sports. The additional €4m of investment provided by Government for 2023 will be directed to specific initiatives within high performance sport. Sport Ireland will be prudent in its expenditure

of this additional funding throughout 2023. Coaching, Paris 2024, athlete supports, and High Performance Strategy activation are priority investment areas for Sport Ireland. In 2022, Sport Ireland allocated €1.9m in High Performance Impact Funding, and this funding stream will be again available in 2023. It will address one-off costs for high performance programmes and give recognition to the increased costs of doing business in high performance sport.

The levels of investment for 2023 are substantial and see Sport Ireland tracking to invest over €67m in high performance sport between 2022 and 2024.

The athletes to get the highest level of €40,000 are Ciara Mageean and Mark English from Athletics; Ronan Grimes from Para Cycling; Rhys McClenaghan from Gymnastics; Kellie Harrington, Aoife O'Rourke, Caitlin Fyers, Aidan Walsh, Michaela Walsh, Amy Broadhurst, Lisa O'Rourke, Christina Desmond and Dylan Eagleson from Boxing; Finn Lynch from Sailing; Jason Smyth from Para Athletics; Ellen Keane, Nicole Turner and Roisin Ní Riain from Para Swimming; Paul O'Donovan, Fintan McCarthy, Fiona Murtagh, Eimear Lambe, Afric Keogh, Emily Hegarty, Tara Hanlon, Natalie Long, Sanita Puspure, Zoe Hyde, Margaret Creman and Aoife Casey from Rowing.

Another 32 have been awarded World Class funding which has risen from €18,000 to €25,000. They include Rhasidat Adeleke, Thomas Barr, Israel Olatunde and Kate O'Connor from Athletics; Liam Jegou from Canoeing Ireland; Lara Gillespie and Michael Timothy from Cycling and Para-Cycling; Adam Steele and Eamon Montgomery from Gymnastics; Mona MacSharry and Daniel Wiffen from Swimming and Carolyn Hayes from Triathlon.

The third level of International funding has also risen from €12,000 to 18,000 and is being made available to 63 athletes in total.

Killarney athletes Jordan Lee received €25,000 and David Kenny received €18,000 in the allocations.



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HARD LESSON ON THE ROAD FOR KERRY

National League: Tyrone 1-15 Kerry 2-9

Ouch. That one stung a lot. It looked to me like Kerry were beginning to take shape with that victory over a defensive Armagh. In fact, I reckoned that with players coming back into the fold, we had a great shot at a League Final, almost certainly against Mayo. Not that I or anybody else will be rating the Division One League Final too highly this year – it's too close to the provincial championships. We've seen a few one-sided League Finals in recent years for a very obvious reason. Mayo weren't throwing any handle after the hatchet in last year's final. The truth is that Kerry do have an advantage in hailing from a six county mainly hurling province (although Cork are rising fast). An extra game at the end of the league rounds actually suits our schedule nicely.

A moot point at this stage, I would think. I know it's still mathematically possible if we win both our remaining games, but frankly we haven't been good enough.

Donegal was just a bad game and a bad day. We should have taken something from that one, but I didn't see it as a general malaise. One of those days. Monaghan was simply not a stern test; it wasn't hard to look good that day. Armagh....that was a dog rough and defensive game. We ground it out, and on days like these I actually like to see that kind of solidity rather than dash or flair. Show me the framework of a team; we can do the decorations later on in the year.

Then this. To be honest, Tyrone schooled us. And no, it doesn't bother me that it's Tyrone. All that guff about a rivalry and puke football and team of the nineties....spare me the histrionics. Let's give up the pretense of football purism and catch and kick. It sounds great – but we play sweepers as much as anybody else now and we recycle possession (ad nauseum on a few occasions in this game). What bothers me is that we did it so poorly.

There were problems all over the field. Jack Barry is honest around the middle, but not dominant. I was very sceptical about Stefan Okunbor on his return from Australia, and I'd still like him to get more club football, but I like his energy and his physicality. But the absence of David Moran is being very keenly felt. We need Diarmuid O'Connor back asap, and Adrian Spillane is looking more valuable in absentia than he was appreciated.

We were poor in attack in the first half, and completely outclassed in the second. Kerry were running into blind alleys and a packed Tyrone defence, which was especially disappointing because there are places up for grabs there. Tyrone did play very deep and burst with pace, but that can't be considered any surprise. They were also physically stronger and it stymied too many of our forwards. Seán O'Shea did his best to lead the line. David Clifford was surrounded by two and often three men. For that matter, I thought he was fouled a few times where the referee gave frees out for over-carrying. Don't mistake that as me suggesting for one minute that the referee cost us that game – our



Keith Cronin and Mikie Galvin in action. Photo: Jakob Ebrey Motorsport Photography.

problems were of our own making all the way. We simply weren't good enough, and could and should have been beaten by more. For that matter, I felt that at least one Kerry player could have picked up a black card for a pull down.

Darragh Roche gave it everything, but was confined among the strong Tyrone defenders. Paudie Clifford worked like a trojan outside, but couldn't penetrate. He's a strong runner, but there was no space to run into. Ruairí Murphy found the same on his introduction, although he did bring fresh energy. Tyrone shut off the gaps rapidly after Seán O'Shea got too much early space and scored a great goal. We were 1-3 to a point up early on. And we scored a grand total of 1-6 to 1-14 for the rest of the game. 1-2 in the second half. Tyrone were more accurate, made better decisions faster than we did, and were stronger. Quite simply, they looked far hungrier. I've been excusing Kerry based on their late return to heavy training, but we are past that now. You want to play summer football for Kerry? Sorry, but you have to earn it in spring. There is a ruthless pragmatism in these things.

Tony Brosnan played too deep for me. Kerry seem to be persisting in using Tony as a playmaker – and he is a fantastic kick-passer – but I believe that there is a reason why Dr. Crokes have him as an out-and-out predator. Again, though, he needs the muscle of a player like Donal O'Sullivan or Barry Dan to feed off against a packed defence. O'Sullivan's strength made a big difference on his introduction – sometimes you need a bludgeon more than a rapier; the Kilgarvan man can be both. Having Tony out in the half forward line is like giving Michelangelo a paint-roller. Dara Moynihan was again in his element – Dara is exactly the kind of player you want in games like this, and I thought he was excellent again. All of that is fixable. Paul Geaney was my player of last year's County Championship and he can mix it when the waters get choppy. He would have made a difference here.

To be honest, I'm more worried about our defence than our attack or midfield. Tyrone broke at speed but, much more worryingly, were able to find shooting space far too easily. Their movement was very good, but there were too many Kerry defenders being taken out of the play with just a simple pass. It wasn't any

one individual being beaten. Tyrone came fast and found more holes than swiss cheese. Paul Murphy did fine. Shane Ryan won't enjoy the highlights reel, that was just a one-off error. He made two brilliant saves along the way – I did think Canavan senior would have finished that second chance. He opted for power; the great ones pass the ball into the net. But it still took great goalkeeping to stop it from that range.

Look, I am worried at this point. I know we have players to come in. Gavin White, Brian Ó Beaglaíoch, Gavin Crowley, Dylan Casey, Mike Breen, Dan O'Donoghue, Jack O'Shea...plenty of options. But it wasn't individual lapses or holes that need plugging. It was the entire system. We were devoid of attacking options against Tyrone's massed defence. They found space to thread their way through ours – to be fair, some of their long range kicking was superb. Ours.....wasn't.

We are at home to Roscommon before closing out our league campaign away to Galway. Given that we would lose out on head to head against either Donegal or Tyrone if level on points, we absolutely need to win one and possibly both, depending on other results. Both teams will have watched Tyrone take us apart – and lose any illusions, their margin of victory did not remotely reflect Tyrone's superiority. Neither team will fear us.

MOTOR-RACING

Rally of the Lakes

The Killarney Rally of the Lakes has a new title sponsor. Killarney and District Motor Club has confirmed that Assess Ireland, who provide automotive and engineering inspections on a national basis, will be the main financial backer of the 2023 event along with long-standing associate sponsor The Gleneagle Hotel.

The rally is the leading motorsport event in Ireland and it attracts huge crowds to Killarney over the May Bank holiday weekend. The Gleneagle Hotel will again be the rally headquarters, an unbroken association dating back to the event's first running back in 1979.

This year's rally will rev to life on April 29/30 with a total of 238km of competitive driving taking in some of the classic stages, including a new 18km test.

Noel O'Sullivan Wins First Round of National Rally Championship

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Killorglin U10 boys lead out the teams. Photos: Adam Kowalczyk



Derry native Callum Devine and Killarney's Noel O'Sullivan led from start to finish in the Midland Moto Rally on Sunday, which also counted as the opening round of the Triton Showers National Rally Championship.

It was the Volkswagen Polo gtl crew's second victory together after taking their maiden victory on the Rally of the Lakes last May.

Mikie Galvin Partners Keith Cronin

Saturday's Malcolm Wilson Rally in Cumbria's Lake District marks the start of the 2023 British Rally Championship season, the first of seven rounds in the series which will take place across England, Scotland, Wales, Northern Ireland and Belgium between now and October. Among the participants will be Killarney's Mikie Galvin, partnering West Cork native Keith Cronin, a four-time winner of the British Rally Championship. The pair will be in the same Volkswagen Polo GTi which took them to second place in the standings in 2002.

RUGBY

Congratulations to Killarney RFC's Lilly Morris, who has been selected for the Irish U18 Ladies team for the upcoming Six Nations.

NATIONAL CAMOGIE LEAGUE

Kerry 1-11 Cavan 1-2

The Fitzgerald Stadium is turning out to be a very happy hunting ground for Kerry since they started playing there, having bagged three points out of a possible four as well as an important away win over a transitioning Meath. It's worth noting that Cavan were without their best player in the talented Niamh Keenaghan, but Kerry lined out without three top guns in Ashbourne Cup winners Rachel McCarthy and Jackie Horgan and talented sharpshooter Amy O'Sullivan. The difference was that Kerry could call on long-serving Michelle Costello, Anne Marie Leen, and Caoimhe Spillane, all of whom acquitted themselves well on the day. Patrice Diggin as always made the headlines, picking off 0-9, some of them from very long distance. The best player on the pitch, though, was centre back Niamh Leen, who really gave a display for the ages.

Kerry dominated from start to finish. They were caught in the second quarter by a Cavan goal that made it 0-6 to 1-1, but that only spurred them on and Cavan could only muster one

more score, a point at the end of the game.

Kerry face an arduous trip to favourites Derry next weekend before closing of the group stage with what is almost certain to be a winner-take-all game against Laois in Austin Stack Park and hopefulluy booking their spot in the final.

KERRY FC TAKE THEIR FIRST LEAGUE POINT

League of Ireland:

Kerry FC 1 Treaty United 1

At the end of an exciting and evenly matched game in a packed Mounthawk Park, both teams will be happy with their first league points. Kerry were probably slightly the better side overall here, but a draw was a fair result, with both sides leaving chances behind them on the night. Overall, Billy Dennehy and his cohorts can be very happy with their night's work.

Kerry made the better start, and it took an acrobatic scissor kick by Anthony O'Donnell just ahead of Nathan Gleeson to avert early Kerry danger. Treaty had their own chance minutes later when Dean George got on the end of a great Ben O'Riordan cross – an area we have been vulnerable in previous games – but his header flew over the crossbar. Kerry were rapidly getting to grips though, their fastest start out of the blocks yet, and yet again it was a mesmerising bit of skill by Leo Gaxha that carved open the defence, sliding it across on the endline for Seán Kennedy to finish. 1-0, and the first time that Kerry FC have led in a game.

Treaty pushed for an equaliser, but Wayne Guthrie gathered a flicked-on free and a headed free was sent wide. Kerry were handling the pressure well, even if Andy Quaid did pick up a booking along the way. Nathan Gleeson made a great run but was forced wide, while Enda Curran – who was always looking dangerous for the visitors – had a shot wide. Kerry had a reasonably justifiable call for a penalty after more good work by Leo Gaxha – it would have been very harsh, if we are being honest – the referee was quick to wave it away. Wayne Guthrie had to be at his best to parry a stinging shot after Enda Curran slipped through Dean George, a very rare lapse by the Kerry defence.

The game's second goal went Treaty's way, albeit with a slice of luck. Play had just resumed after Wayne Guthrie had been treated for a knock when Conor Barry's cross came back

off the Kerry crossbar and Enda Curran was quickest to react. It can't exactly be described in the circumstances as 'well-crafted', but these minutiae are vital at this level. Just before half-time Curran almost got another, but was denied by a great clearance by his former teammate Matt Keane.

Treaty had the first real chance of the second half, Conor Barry reaching a cross from Dean George but directing it just wide of the target. That wasn't far away.

A very rare error by Wayne Guthrie saw Enda Curran race onto a stray kick-out, but Kalen Spillane made a brilliant last second tackle just as he was about to pull the trigger.

Just on sixty minutes Andy Quaid picked up a second yellow card for a late challenge. Nothing malicious at all about it, but no arguing with the merits of the decision either.

Billy Dennehy will be very happy with the reaction. Ten man Kerry didn't falter for a second. In fact they upped their game and were unlucky to see a Gaxha effort skin just wide after a great through ball by Matt Keane. Understandably enough, Treaty dominated possession in the last quarter of an hour, but couldn't find a path through.

With 15 minutes to go, George was denied what was a certain goal with Kerry defender Kevin Williams clearing off the line. Barry's rebounded effort drifted wide much to the delight of the 1,100 strong home support.

Kerry grimly held on for the remaining minutes for their historic first-ever points as Barrett's men failed to make the breakthrough against a resilient home defence.

Treaty United: Shane Hallahan; Ben O'Riordan, Anthony O'Donnell, Andrew Spain, Marc Ludden (capt.); William Armshaw, Lee Devitt, Mark Walsh, Conor Barry, Dean George; Enda Curran. Subs: Colin Conroy for O'Riordan (half time), Alex Byrne for Armshaw (65 minutes), Success Edogun for George (75 minutes), Martin Coughlan for Barry (81 minutes).

Kerry FC: Wayne Guthrie; Kevin Williams, Shane Guthrie, Kalen Spillane, Sean O'Connell; Sean McGrath, Matt Keane (capt.), Andy Quaid, Leo Gaxha, Sean Kennedy; Nathan Gleeson. Subs: Graham O'Reilly for Shane Guthrie (63 minutes), Ronan Teehan for McGrath (65 minutes), Cian Brosnan for Gleeson (76 minutes).

Referee: Eoghan O'Shea (Tipperary)



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- Ensure special events audio needs are scheduled, met and executed.
- Assist with event production throughout the venue as needed.
- Keeping up to date with available streams of government funding for the live music sector & applying for grants where appropriate.

QUALIFICATIONS

- Minimum of 5 years experience in talent booking and event production
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FOSSA GAA CLUB

MINORS

The minor boys had their 3rd game away to Furies and had a good win. Down 11 points at half time the lads showed great resolve to continuously chip away at the lead. The game ended Furies 3-11 to Fossa 3-15, Ted O'Gorman to the fore with the scores, ably assisted by Cathal Breen. However, to come back with the score at half time shows that everyone put in the effort, well done lads.

Mile buíochas don chuairt ar Fossadh agus an cluiche maith spóirtúil. Our 13 boys had a challenge away at Dr Crokes on Sunday, where they had a good run out.

LADIES

Our U14 Ladies kicked off their season this fresh February evening with a challenge match at home against Naomh Abán Lgfa who made the trip down from Baile Bhúirne, Co. Cork.

ACADEMY.

The return of the much-awaited academy is on this Sunday 12th at 11am. There are 6 groups: U7, U8 and U10 girls and U5, U7 and U9 boys. This is a fantastic community time, everyone is welcome.

LOTTO.

The numbers drawn were 4, 10, 17 & 25. There was no jackpot winner. 5 consolations of €40 went to Dave Fleming, Curragh. Tim Cronin, Crohane. Breda Griffin, Dalton's Avenue. Ann Guerin, Gortroe & Joan Creedon, C/O Tim Cronin Carpets. This week's jackpot is €12,300

COMHGHAIRDEAS

A huge congratulations to senior player Tadhg O'Shea and Emma Hayes of Killorglin on their marriage Saturday. We wish the very best of luck in their marriage and thank them for a fantastic day.

KILLARNEY CAMOGIE CLUB

UNDER 6 & UNDER 8

Training continues every Friday and Monday from 6-7pm in Spa with Mark, Martin, Alan & Peter. Hurleys & helmets can be provided on a rental basis for the season. Bring football boots, shin guards & water.....All girls with birthdays from 2015 to 2018 are eligible for this age group.... With over 30 girls attending training in this age category, we are looking for more parents to help out if possible. Contact Children's Officer Caroline on 086-8452197 if you can help. Camogie is a great way to: meet new friends from local schools; be active in the fresh air; develop hand eye co-ordination skills; learn to play one of the fastest sports in the world; be part of a team!!

UNDER 10

Training continues every Friday and Monday from 6-7pm in Spa with David, Karen & Laura. Hurleys & helmets can be provided on a rental basis for the season. Bring football boots, shin guards & water.....All girls with birthdays in 2013 & 2014 are eligible for this age group. New players welcome.

UNDER 12

Training continues every Friday and Monday from 6-7pm in Spa with Sarah, Sean & Sinead.



Killarney Camogie Club U16 team who played Inniscarra in a challenge match on Sunday

Hurleys & helmets can be provided on a rental basis for the season. Bring football boots, shin guards & water.....All girls with birthdays in 2011 & 2012 are eligible for this age group. New players welcome.

UNDER 14

Training continues every Friday and Monday from 6-7pm in Spa with Gerard, Padraig & Kate. All girls with birthdays in 2009 & 2010 are eligible for this age group. New players welcome.

UNDER 16

Training continues every Friday and Monday from 6-7pm in Spa with Claudia & Denis. All girls with birthdays in 2007 & 2008 are eligible for this age group. New players welcome. The Under 16's played a very exciting game v Inniscarra at the weekend in Spa. Great skills & some fantastic scores by both teams. Thanks to Inniscarra for travelling & to Tommy Guerin for refereeing.

REGISTRATION

Registration is now open on www.foireann.ie for all age groups & mentors. For any details on registration, please contact Treasurer/Registrar Louise Moynihan or Secretary Sarah Breen. All details on how to register can also be found on our Facebook page.

FOUNDATION COURSE

Our coaches Gerard, Karen, Laura & Martin attended the Introduction to Coaching Gaelic Games (ICGG) Foundation Coaching full day course in Kilmoyley on Saturday. The course covers 9 key modules, as well as Introductory and Conclusion modules. The 9 modules are: 1. Introduction to Games; 2. The "How to Coach Skills"; 3. Being a Coach; 4. Movement in Gaelic Games; 5. Who are you coaching?; 6. Skill Development; 7. Games; 8. Preparation and Planning; 9. Conclusion.....The focus of the course is the development of the Coaching Skills by placing the participant in situations that they will face as coaches – the organisation of games activities, activities to develop skill and activities to develop the various movement skills.

ST PATRICK'S DAY PARADE

We will be participating in this year's St Patrick's Day Parade in Killarney. All details of meeting time, drop off point, collection point etc will be on our Facebook page early next week. Looking forward to a big turnout.

KILLARNEY LEGION

CLUB AWARDS NIGHT

The Club Awards Night is scheduled for Friday March 24th in the Killarney Avenue Hotel. In the weeks between here and then we will be announcing the winners in the different categories.

We begin with the Senior Player of the Year and the recipient of the John O Grady Cup is Darragh O Doherty. Having burst onto the scene in 2015 as an 18 year old Darragh has been a popular and integral member of the Senior panel. By his own admission he didn't enjoy the best of seasons in 2021 but 2022 saw him return to his true form. A tough tackling defender he possesses an innate ability to read the game and be in the right place at the right time. Now in his mid 20s he is also displaying leadership qualities, a point emphasised by his appointment this year as Senior team Captain. Off the field he is not shy of work either, integral to any fundraising efforts and also very giving of his time to all club activities. Fair to say Darragh Dots O Doherty is a worthy winner of the Senior Player of the Year.

The Jim Trant Trophy is presented to the young player who has caught the eye in the year just past. This winner made an instant impression in the Senior panel when he was introduced during the Superleague campaign. His boundless energy and bravery made him stand out while his eye for a point wasn't too shabby either. His commitment was unquestionable, best highlighted by his last minute dash to Rathmore for a Superleague fixture. He had toggled out for St Brendans in a Colleges match in Fitzgerald Stadium, sat into a waiting car and made the throw in. Sam Benson is the 2022 recipient of the Young Player of the Year and there's no doubt his late grandparents, Michael Doc and Carmel O Donoghue, are looking down proudly on his efforts.

A Special Recognition Award will be presented to club member and International Athlete Sarah Leahy. Since taking up Athletics full time Sarah has gone from strength to strength with the past 12 months showcasing her outstanding talent. On the 19th February this year she captured her first indoor National Championship winning the 60 metres race in



Tralee Road, Castleisland
T: 066 7143000

AHERNS MOTOR GROUP

are looking for the following to join our team

- **SENIOR SPRAY PAINTER AND PANEL BEATER**
- **2ND OR 3RD YEAR APPRENTICE SPRAY PAINTER PANEL BEATER**
- **CAR VALETOR TO HELP IN THE PREPARATION OF NEW AND USED CARS**
- **CVRT TESTER (QUALIFIED MECHANIC) FULL TRAINING WILL BE GIVEN**
- **SALES SHOWROOM ASSISTANT (FULL LICENSE REQUIRED)**

If you are interested please email your cv to:

info@ahernsbmw.ie or call Humphrey on: **087-3446444**



Road Safety Alert – Weather Warning for Snow

The Road Safety Authority (RSA) is advising all road users to prepare for further cold weather conditions as Met Eireann have issued warning for snow.. This will lead to hazardous road conditions and reduced visibility.

Road users are being advised to check local traffic and weather conditions before setting out on any journeys. The RSA has the following practical advice for road users in snowy conditions:

Drivers are advised to:

- Remove all snow from your vehicle before commencing your journey. Snow left on the roof will become loose and can drop onto the windscreen during braking, thereby causing sudden and severe restriction to your vision. It can also fall off during your drive and cause injury to pedestrians or a reflex action by another driver.
- Clear windows and mirrors before you set out, use a screen scraper and de-icer. Do not use hot water on the windscreen as it can crack the glass.
- In snowy conditions slow down, use all controls delicately and leave extra distance between you and the vehicle in front. Avoid over steering and harsh braking and harsh

acceleration. Use the highest gear possible to avoid wheel spin. Select a low gear when travelling downhill especially if through bends.

- In snowy conditions, visibility will be reduced. Do not drive on the tail-lights of the vehicle in front (Target Fixing). This can give a false sense of security and you will be too close to be able to brake safely. In heavy snow, use your fog lights, turn off your radio and open your window a fraction, so you can hear other traffic, especially at junctions.
- Use dipped headlights at all times, and fog lights in heavy snow to ensure you are seen by other motorists (but don't forget to turn them off afterwards).
- Watch out for vulnerable road users such as pedestrians, cyclists and motorcyclists and allow extra space.
- Drivers of high sided vehicles like trucks and buses are particularly at risk from both the dangers posed by snow but also from the high winds associated with heavy snow conditions.

Pedestrians are advised to:

- Wear high visibility clothing or carry a torch as visibility is reduced in snowy conditions. Wear clothing that does not restrict your

vision.

- Wear appropriate footwear. Walk on the footpath, not in the street. Walk on the right hand side of the road, facing traffic if there are no footpaths.
- DO NOT underestimate the danger of snow and ice. Many slips and falls happen in places people regard as safe and secure, typically outside their front door, on the door step, on the path or while getting out of the car. When you approach a footpath or roadway that appears to be covered with snow or ice, always use extreme caution.

Cyclists and Motorcyclists are advised to:

- Motorcyclists / Cyclists should not compromise their safety by their 'need' to travel in snowy conditions.
- Visibility is reduced in snowy conditions so cyclists should wear a Sam Browne Bandoleer belt or high visibility vest and ensure the lights on your bike are working correctly.
- Motorcyclists should avoid wearing a dark visor in any bad light conditions.



a personal best time of 7.3 seconds. In August 2022 she was part of the Irish Team in the 4 x 100 Metres relay. Not content with the shorter distances she also has made her mark at the 200 m level, notably finishing second in the 2022 Indoor 200m National final. It is quite literally hard to keep pace with Sarah and her ever growing reputation.

CHELTEMHAM FANTASY FUNDRAISER

Our Senior Men are running a Club fundraiser in conjunction with the famed Cheltenham Racing festival. Check out our Social Media channels for full details on registration and how to play.

EAST KERRY SUPERLEAGUE

Our Senior Men completed their East Kerry Superleague programme with the visit of Gneeveguilla to Direen. A Jamie O Sullivan goal midway through the first half gave them a 1-9 to 1-5 half time lead. The positive from the second half was the concession of just one point while Peter McCarthy struck a late goal to put the gloss on a 2-13 to 1-6 win.

The first round of the Senior County League is fixed for the weekend of March 18th/19th where Ballymacelligott will be the destination.

CLUB ACADEMY

Our Saturday Morning Academy for Boys and Girls aged 4 to 11 got back underway last Saturday in ideal weather conditions under the watchful eye of Coordinator Liam O Toole.

DEEPEST SYMPATHIES

The Club extends its sympathies to Ger Blackwell on the passing of his brother Michael. Gers son Finan is also an active member of our Juvenile club. May Michael Rest in Peace.

LOTTO

Results Monday February 27th. Numbers 5, 12, 13, 16 Bonus 25. No Jackpot winner. Match 3 & lucky dips: Gene Ferris, online. Olivia Walsh, Loreto Road. Enda O'Mara, 37 High St. Dermot O'Connor, 47 O'Kellys Villas. Adam Kissane, c/o Nora Kissane

EAST KERRY GAA NEWS

by Michael Healy

FRANK DORAN SPONSORED WWW. SAFEGUARD EAST KERRY LEAGUE

DIVISION 1A

Legion 2-13 Gneeveguilla 1-06

Kenmare Shamrocks 1-14 Killcummin 1-09

DIVISION 1B

Dr Crokes 2-15 Listry 0-06

DIVISION 2

Spa 4-19 Cordal 2-10.

Scartaglen 0-14 Currow 1-08.

EAST KERRY SENIOR LEAGUE DIVISION 1 FINAL

Dr Crokes v Kilcummin. Sunday 12th March 2pm. Venue TBC

KERRY CAMOGIE TEAM

Well done to the Kerry Camogie team, on their superb victory over Cavan in Division 2A of the National League.

MUNSTER JUNIOR B FINAL

Congratulations to Kilgarvan on their superb victory over Diarmuid O'Mathuna in the Munster Junior B Final.

EAST KERRY SCÓR NA NÓG

East Kerry Scór na nÓg: Saturday 11th March at 3pm in Fossa Community Hall.

CONDOLENCES

Sympathies to families of Manus Fitzgerald RIP Nohovaldaly, Rathmore, and Martin Mulvihill RIP College Lawn, Listowel.

DR. CROKES GAA

EK SUPERLEAGUE

Dr. Crokes 2-16 Listry 0-06.

Another win for our Senior Mens team in the East Kerry Superleague gave us 4 wins out of 4 which means we now qualify for the final V Kilcummin on March 12th at 2pm. The game got off to a slow start with the sides level at 2 points each after 15 minutes of play. Listry played their best football in the first half and trailed by just 2 at the half time break. Dr. Crokes 0-06 Listry 0-04. We took control of the second half and dominated from start to finish. Our goals coming from David Shaw and Cillian O'Regan. This was a great team performance. It was great to see Gavin White lining out in the black and amber after recovering from a long injury.

MFL

Dr. Crokes 5-16 Kerins O'Rahillys/St.Pat's 4-10.

A quick start set us on our way to picking up our first win in the County League. With the match being played 13 a side, it allowed for an open game which took a very hard working team performance. Strong defensive displays from Muiris O'Donoghue and Nathan Cronin, Neil O'Carroll's high fielding and strong running, along with the clinical finishing of Mark O'Carroll, Liam Hennigan and Ben Kelliher gave us a solid win. Our next game will be against Castleisland Desmonds next Monday, March 13th.

ACADEMY The academy returned on March 4th and continues every Saturday thereafter. We cater for Boys and girls aged 4 to 11 from the Killarney area. Hurling from 10-11 and football from 11:15-12:15. All are welcome, bring a friend.

AWARDS NIGHT

Our Annual Awards Night will take place on Friday 10th March in the East Avenue Hotel. Tickets must be pre purchased by Tuesday March 7th. Tickets can be purchased from any club officers or by calling in to the Tatler Jack or Vince Casey's office.

MEMBERSHIP is now due for the 2023 year. Follow the find below https://member.clubforce.com/memberships_cart_m.asp?LL_ID=734&intMF_ID=11762#Anchor

LOTTO took place on March 6th Numbers drawn were 10, 14, 17, 19 Jackpot of €5,300 was not won. 6 patrons matched 3 and receive €70 each. Jackpot for draw on March 13th will be €5,600. We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link

below and follow instructions attached https://play.clubforce.com/play_newa.asp?LL_ID=734#Anchor

BINGO

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,600 with another €1,650 in prizes to be won in 10 games of bingo. Everyone Welcome.

PROGRESSIVE '31' continues every Wednesday at 8pm. There are big prizes to be won. Bring €5 and a partner. All welcome.

NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@gaa.ie

KEEL GAA CLUB

CLUB LOTTO

Keel GAA Lotto Draw Monday the 27th of February. Numbers drawn: 11, 12, 23, 25. There was no winner of our jackpot of €3,150. Lucky dip winner of €50 were Aodhán Murphy (online) & Claire O Sullivan (online). The jackpot will be €3,200 for the draw on Monday the 6th of March. Many thanks for all your support this week and thank you to this week's lotto team for facilitating the draw

MEMBERSHIP

Membership is now due for 2023. Log in/ Register a new account on www.foireann.ie to register for the season ahead.

U9S

Training takes place on MONDAY from 7pm-8pm in Nagle Rice Astro MILLTOWN. Open to boys & girls born in 2014 & 2015. Please bring water, gumshields & €3 for the pitch.

U7'S

The new season will be commencing on SUNDAY 12th of March from 10:15-11:15 in KEEL GAA pitch for girls & boys born in 2016 & 2017.

U5'S

The new season will be commencing on SUNDAY 12th of March from 10:15- 11:15 in KEEL GAA pitch for girls & boys born in 2018 & 2019. Please bring gumshields & water on the day. Membership can be paid on www.foireann.ie

SCÓR NA NÓG

Scór na nÓg is returning!! If your child would be interested in taking part in Solo Singing, Ballad Group, Instrumental Music or Recitation, please contact Aisling on (086) 325 9750 to express interest. This is open to our members who would be under 17 on the 1st of January 2022.

STRICTLY COME DANCING

What a night in Ballygarry for Keel GAA and MKL Gaels Strictly 2023! A massive thank you to our 24 dancers who were absolutely fantastic. Thanks to Jackie O' Mahoney Hurley our choreographer, who created an incredible show. Thank you to Tim Moynihan our MC, our Judges, Brendan Griffin TD, Mary Jo Curran Coffey, Sean O' Sullivan and Tara Dore. To our committee, who made it all possible, well done and thank you. Congratulations to our winners. Public vote were Willie Murphy and Madeline Prendergast. Judges' winners were Darragh O



Kerry County Council

Household & Commercial Waste Bye-Laws

Information Notice

**For all domestic and commercial bin owners
in Killarney Town**



Waste Containers

Must be kept clean and regularly washed

Must be maintained in good condition and not be a source of litter or odours

Must not be overloaded and have fully closed lids

Must be able to contain the waste without spillage

Must be fit for the purpose for which it was designed

Must be capable of being conveniently emptied by refuse service provider

Container Storage

Waste and Waste Containers must be held within the curtilage of the premises where the waste is produced, or designated storage locations

Containers shall not be stored on

- any other public place
- roadway
- footpath

The lid must be securely closed

Presentation Times

Waste Containers **must not be presented for collection earlier than 9.00pm** on the day immediately before collection day.

All containers **must be removed no later than 10:00am** on the collection day from

- any other public place
- roadway
- footpath



Dowd & Alana Evans after a dance off with Cian Flynn & Danielle O Sullivan. Finally, thank you to everyone who donated and attended on the night. What a night!

FIRIES GAA

COISTE NA NÓG TABLE QUIZ

Thanks to everyone that attended our table quiz on Friday night and to all the businesses that provided spot prizes on the night.

MEMBERSHIP 2023

Membership Renewal is now live on Foireann for rates and further information please see our social media channel.

BALLYHAR-FIRIES GAA LOTTO 06/03/23

Numbers drawn were: 2,12, 24, 27. No jackpot winner. 5x€30: John Henderson, c/o Bridie. William Kelliher. Patricia O'Riordan, Farranfore. Jack & Jessica Sheerword, Boulicullane. Vallerie O'Callaghan OShea. Next week's jackpot €5600

MILLTOWN/CASTLEMAINE CLUB

LOTTO

Sponsored by Almas Takeaway, Milltown
The fortnightly club lotto draw took place on Monday, March 6th at the club grounds. There was no jackpot or match 3 winner on this occasion. The numbers drawn were 4, 25, 32 and the bonus ball was 11.

Lucky Dip winners were as follows:

€50 - Hannah and Aidan Flynn, Castlemaine.
€50 - Gavin Miller, Faha. €25 - Jim Stephens, Milltown. €25 - Gemma Teahan, Furies. €25 - Mike Murphy, Callinafercy. €25 - Jason and Caroline Giles, Castlemaine

Our next club lotto draw is scheduled to take place on Monday, March 20th 2023 at 19:30pm in the Clubhouse where the jackpot will be €13,000.

MID KERRY SENIOR FOOTBALL LEAGUE: SEMI-FINAL RESULT

Hard luck to our Senior side who fell short against near neighbours Laune Rangers in the Mid Kerry Senior Football League Semi-Final on Sunday afternoon.

Final score: Milltown/Castlemaine 2-07 (13)
Laune Rangers 1-14 (17)

CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 1, ROUND 1 FIXTURE

Milltown/Castlemaine 'A' will make the journey to West Kerry where they will meet Dingle in Round 1 of the Credit Union County Senior Football League Division 1 on Friday, 17th March (St. Patrick's Day) with a throw-in time of 2:00pm.

CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE: DIVISION 6, ROUND 1 FIXTURE

Milltown/Castlemaine 'B' will take on Furies 'B' in Round 1 of the Credit Union County Senior Football League Division 6 on Sunday, 19th March at the Paddy Burke Memorial Park in Milltown with a throw-in time of 2:30pm.

KERRY PETROLEUM INTERMEDIATE CLUB FOOTBALL CHAMPIONSHIP: GROUP STAGE DRAW

Milltown/Castlemaine will take on Beaufort, Glenbeigh/Glencar and Gneeveguilla in Group 1 of the 2023 Kerry Petroleum Intermediate Club

Football Championship. The draw took place last week.

Milltown/Castlemaine will face Gneeveguilla in a neutral venue in Round 1 with fixture details to be confirmed in due course.

MINORS

Hard luck to our Minor players and management who lost out narrowly away to Listowel Emmets last Saturday afternoon in the County League. Milltown/Castlemaine came into the contest on the back of two wins against Rathmore and Castleisland Desmonds respectively.

Round 4 will take place this weekend when our lads meet Dr. Crokes on Saturday, 11th March at 3:00pm in the Paddy Burke Memorial Park, Milltown

MILLTOWN/CASTLEMAINE GAA SCÓR NA BPÁISTI TRÁTH NA GCEIST 2023 (QUIZ): COMING SOON!

A Chairde, Scór na bPáisti is back! The club will hold this years Tráth na gCeist/Quiz in the Clubhouse over the coming weeks. We welcome entries from primary school students of all ages who are club members. As soon as a date and time has been confirmed, we will post it on our club social media channels and it will also be circulated in next weeks notes/newsletter. If you have any queries or would like to register your child's interest please contact Catherine Dennehy on 085-1584456.

FLEADH CHEOIL TIME AGAIN, give it a go!

Milltown Listry CCE are accepting entries for Fleadh Cheoil 2023 in Ballybunion. If you're learning an instrument, get involved and give the fleadh a go. Emails to lou.oshea@hotmail.com before April 7th, registration can be arranged if you haven't joined the branch.

MILLTOWN/CASTLEMAINE GAA: 2023 CLUB MEMBERSHIP INFORMATION

CLUB MEMBERSHIP FOR 2023 IS NOW OPEN
Club membership is open to Adult Players, Adult Non-Players, Juvenile Players and Families and New Members are always welcome.
Membership fees for the 2023 season are now due and can be paid online by clicking the registration link below:

https://member.clubforce.com/memberships_cart_m.asp?LL_ID=2602&clb=1&fbclid=IwAR3Rnx8z8Qh3yN_9Xnwl37uLuqeJUeDhU9CjK3rPHDj9kjrM_Nm5rhj3p4

KERRY MASTERS FOOTBALL

Are you turning 40 this year and not quite ready to hang up those boots? Then Kerry Masters Football are looking for players like you to come and join them for the season ahead. If you would like to get involved or should further information be required please contact Denis Kennelly on 087-6549406 or John O'Connor on 086-8500319.

MILLTOWN CASTLEMAINE GAA CLOTHES RECYCLING COLLECTION

Our clothing recycling collection is now happening so we urge you to clean out your wardrobes of all unwanted clothes, sheets, blankets, towels, curtains, shoes etc and drop them to the Paddy Burke Memorial Park in Milltown.

This is a wonderful way of doing your bit for the environment and raising much needed funds for our club at the same time.

ITEMS FOR THE CLUB NOTES

If you have any items for inclusion in the weekly notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on Sundays.

TEAM UPDATES

Our club teams are preparing for the 2023 season.

The following teams are yet to start back training:

GAA 4 All: Starting back in March.

MC MINIS: Starting back in March.

U7 Boys: Starting back in early March.

U8 Girls: Starting back in early March.

U9 Boys: Starting back in early March.

U10 Girls: Starting back in early March.

The following teams have commenced training:

U11 Boys: Contact Liam Doherty (086 041 3593).

U12 Girls: Contact Adele O'Dwyer (086 072 1847).

U13 Boys: Contact Haulie Clifford (087 693 2126).

U15 Boys: Contact Sean Hogan (087 721 7875)

Minors: Contact Garry Murphy (087 943 2746)

For anyone New to the Area, who would like to get involved with the club, please contact Ian Twiss on 087 252 1053.

GENERAL ENQUIRIES

For any other queries, please send an email to our Secretary or Chairperson at the following addresses:

secretary.milltowncastlemaine.kerry@gaa.ie

or

chairperson.milltowncastlemaine.kerry@gaa.ie

For emergencies, please call 087 409 3530 (Club Mobile Phone).

MKL GAELS

MKL GAELS HAVE HELD THE AGM And all officers remained on Keith McGuigan Chairman, Breda Nugent Secretary, Mags McHugh Treasurer, Sharon Clifford Child Protection Officer, Mary T Murphy Registrar, Mark Kennedy Coaching Officer & County Board Delegate and Gretta Ryan PRO

TRAINING

All teams from U12 to Seniors are back training now, all new players are welcome (contact us if you have any queries)

2023 CLUB MEMBERSHIP Registrations are now due and can be done online via the GAA/LGFA Portal.

WELL DONE to all MKL players that made the Kerry Teams

U14: Ellen Allman, Eilis Tangney, Saoirse Kennedy, Rachel Boyle, Seoladh Flynn, Louise O Donoghue and Erin Evans

U16: Sarah Fitzgerald, Chloe McHugh, Naoishe O Donoghue and Roisin Daly

Minor: Aileen O'Brien and Tirna Murphy

Senior: Ciara Murphy, Caoimhe Evans and Niamh Broderick

WELL DONE to Suvi O'Connor and Izzy McGrath on being selected for the Treaty United FC U19 squad.

BEST OF LUCK to Presentation Secondary School Milltown Junior Football team in the All Ireland campaign from all in MKL Gaels.



DANNY HEALY-RAE^{TD}



WEEKLY CLINIC ON:
SATURDAY AT SCOTT'S HOTEL,
KILLARNEY AT 11AM

*We are available to meet constituents at any time.
 Give us a ring to arrange a suitable time and place.*

Cllr MAURA
HEALY-RAE

BUSES TO BELFAST FOR CATARACTS
DON'T WAIT ANY LONGER FOR YOUR CATARACT PROCEDURE, GET
YOUR PLACE ON ONE OF THE MARCH BUSES TO BELFAST NOW.

PASSPORTS

Check the expiry date on your passport.
 Contact our office for advice **BEFORE** applying for your passport.

Danny Healy Rae TD - Monthly Clinics

1st Monday

8.15 PM
 8.30 PM
 9.00 PM
 9.30 PM

1st Wednesday

8.00 PM
 8.30 PM
 9.00 PM
 9.30 PM

1st Thursday

8.30 PM
 9.00 PM
 9.30 PM
 10.00 PM

1st Friday

9.30 PM
 10.00 PM
 10.30 PM

3rd Monday

8.30 PM
 9.00 PM
 9.30 PM
 9.45 PM

Rathmore & Gneeveguilla

Top of the Hill, Rathmore
 Bridge Bar, Rathmore
 Dennehy's Bar, Rathmore
 Richie McAuliffe's, Gneeveguilla

Killarney Area

Torc Hotel, Lissivigeen
 The Village Inn, Kilcummin
 Old Killarney Inn, Aghadoe
 The Golden Nugget, Fossa

Glenflesk & Barraduff

The Kerry Way, Glenflesk
 Spillane's Headford
 Murphy's Bar, Barraduff
 Sweeney's Bar, Barraduff

Tuosist & Lauragh

Sailors Bar, Killaha West
 Helen's Bar Kilmacalogue
 The Lake House Tuosist

Knocknagoshel & Brosna

O'Connor's Bar, Knocknagoshel
 Walsh's Bar, Knocknagoshel
 Kate Pat's Bar, Brosna
 Sportsfield Bar, Brosna

3rd Friday

7.30 PM
 8.00 PM
 8.15 PM
 9.00 PM
 9.30 PM

4th Thursday

7.00 PM
 7.30 PM
 8.15 PM
 8.45 PM
 9.15 PM
 9.45 PM

4th Friday

8.30 PM
 9.30 PM
 10.00 PM
 10.45 PM

Last Monday

8.00 PM
 8.30 PM
 9.00 PM
 10.00 PM

Castleisland Area

River Island Hotel, Castleisland
 The Kingdom Bar, Castleisland
 The Crown Hotel, Castleisland
 Hughes Bar, Cordal
 Lyon's Bar, Scartaglen

Killorglin Area

Golden Nugget, Fossa
 Galvin's Bar, Beaufort
 O'Grady's Bar, Killorglin
 Larkin's Bar, Milltown
 Griffins Bar, Castlemaine
 Anvil Bar, Boolteens

Kenmare & Sneem Area

The Roughty bar, Kenmare
 Riney's Bar, Sneem
 Blackwater Tavern
 O'Connor's Bar Kenmare

Farranfore Area

Ulick's Bar, Farranfore
 James Daly's Bar, Farranfore
 Cunniffe's Bar, Currow
 John Hendersons, Fries

PLEASE CONTACT

Danny 087 2316055 Office 064 6685315

Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com

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MAGAZINE



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on Thursday Morning!*

Outlook
MAGAZINES

Cllr. Michael Cahill

County Councillor on Kerry County Council

Rossbeigh, Glenbeigh,
County Kerry

Email: cllrmichael.cahill@kerrycoco.ie

Phone: 086 2670768

FIANNA Fáil
THE REPUBLICAN PARTY



Irish MEP, Billy Kelleher, to be appointed to new European Parliament Sub-Committee on Public Health

Fianna Fáil MEP Billy Kelleher is set to be appointed to a new sub-committee in the European Parliament that will focus on the area of public health.

The Committee, which received its official approval at a recent meeting of the full Parliament, will be a sub-committee of the Environment, Climate Action and Public Health (ENVI) committee of which Billy is already a sub-committee.

Speaking ahead of his formal appointment as a substitute member by the Renew Europe group, Kelleher said:

"I'm delighted that my political group, Renew Europe, in the European Parliament has decided that I would be one of their representatives on this committee.

"Public health is an area where the European Union can do so much more for its citizens. For decades, Member State governments have jealously guarded its authority over all things health, but the



Covid 19 pandemic has shown us all that co-ordinated action on health at a European level can make a decisive difference.

"I believe in the principle of a European Health Union, whereby Member States agree

to work together better, and to allow, where appropriate, the European Union, as a whole, to take the lead on certain issues. For example, in the areas of newborn testing and medicines procurement, it makes sense for us to work together better.

"As the Fianna Fáil Health Spokesperson from 2011 to 2018, I am acutely aware of the challenges Member States can face in delivering high-quality, timely health services to its citizens.

"This new committee on Public Health can help shape the conversation at a European level while still respecting individual Member States' rights to decide important, local health policy," concluded Kelleher.




LABOUR

Cllr Marie MOLONEY
Coolick, Kilcummin, Killarney

*Always available
for help or advice.*

Please contact me for an appointment.

Contact details:
Mobile: 0863049422
Email: marie.moloney1980@gmail.com



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ON: 064 6685782
for more information.

This scheme is also available for other procedures such as:
**HIP/KNEE REPLACEMENT,
TONSILITIS, BACK SURGERY**
and many more so contact me for more information.



**MICHAEL
HEALY-RAE TD**

Contact Numbers: **01 618 3363/064 66 85782**
E: michael.healyrae@oireachtas.ie

Cllr John O Donoghue

"Proud to work on your
behalf and always
available for support
and advice".




"Progress With Dignity"

Cllr John O Donoghue,
Muckross, Killarney, Co. Kerry.

087 - 9403517 | cllr.jodonoghue@kerrycoco.ie

**CLLR
BRENDAN CRONIN**

Independent member of KCC



Cllr Brendan Cronin
Ballyhar, Killarney

Available at
Mobile:
087-2069657
email:
cllr.brendan.cronin@kerrycoco.ie

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Gardening
with Killarney Outlook
by John O'Sullivan

ROSES

Planting roses this time of the year will give you colour for years to come. Container grown roses can be planted any time of the year but the Spring and Autumn are the best. Bare rooted roses can be planted from late autumn until around mid March. Bare rooted roses are plants that are dug up straight from the open ground when they are dormant and best planted or heeled into some earth as soon as possible. Make sure when you are planting bare rooted roses to heel them in well with the heel of your foot to prevent their roots from being moved in the wind. Roses are hungry plants so make sure when you're planting to add plenty of manure or a rose fertilizer.



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A Word of Victory

Welcome back dear student. "For day after day they seek Me out; they seem eager to know My ways, as if they were a nation that does what is right and has not forsaken the commands of its God. They ask Me for just decisions and seem eager for God to come near them. 'Why have we fasted,' they say, 'and You have not seen it? Why have we humbled ourselves, and You have not noticed?' (Isaiah 58:2-3) Last week we saw the importance of walking in unity and love towards one another and that, though many in the body of Christ fast and pray sincerely petitioning God for answers - often we've fasted from food or drink when really it's anger, strife, bitterness or judging others that we should be fasting from to see meaningful transformation. God details what He considers a fast should be..... "Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry, and to provide the poor wanderer with shelter, when you see the naked, to clothe them, and not to turn away from your own flesh and blood?" (Isaiah 58:6-7) God turned their theories upside down, declaring He is more interested to see His character being demonstrated during fasting and prayer: beginning with a call to - repentance! 'Repent' is viewed as a dirty word because sin is exalted as being good, and accountability is a 'no-no' in case it offends someone - but Judgement will come (Isaiah 5:20-23).

The Lord Jesus came home one time to find the house overflowing with people wanting to hear His Words and see Him heal the sick (Mark 2:1-12). Four men arrived afterwards, having carried their friend on a stretcher. He was paralysed and they wanted Jesus to heal him. Imagine how tired and sore they were from carrying his weight - their hands perhaps blistered, their shoulders aching. So they weren't going to go all the way home again just because the place was overcrowded. They climbed up on the flat roof making a hole in it, and lowered their crippled friend down right in front of Jesus! He wasn't upset; rather He admired their faith and perseverance. He looked at the paralysed man and said something most unusual "son, your sins are forgiven" (Mark 2:5). The zealous ones there were horrified - 'who did this fellow think He was: forgiving people's sins - only God could do that' they thought to themselves. Jesus called them out though proving that He had power to forgive sins (because of what He was about to do on the Cross). The result of this man receiving forgiveness was instant healing from what had crippled his body, and they were all astonished.

Do you remember the song 'Don't Leave Me This Way'? God loves us too much to leave us the way we were - lost in sin (Ephesians 2:1-5; Colossians 1:13-22). Isaiah chapter 58 concludes with the result of repentance, prayer and fasting - reaping a reward of healing, deliverance, joy, protection and prosperity; "Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the Glory of the Lord will be your rear guard. Then you will call, and the Lord will answer; you will cry for help, and He will say: Here am I" (Isaiah 58:8-9). Hallelujah!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



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TRÓCAIRE BOXES are available in our Churches & we ask that you take one to your home as we support those in the developing world this Lent. TRÓCAIRE GUEST SPEAKER Martina O'Donoghue will speak at all Masses Next Weekend of the 11th of 12th of March.

THE ANNUAL COLLECTION FOR EMIGRANT SERVICES will take place on Sat & Sun March 11th/12th this year. The funds raised in churches all over Ireland allows the Irish Church to offer essential support to those organisations providing pastoral, practical outreach to the most marginalised and vulnerable groups of Irish people living abroad, many of whom are living lives of quiet desperation.

ANAM CARA KERRY, the organisation that supports bereaved parents, is holding it's monthly Parent Evening for bereaved parents on Tuesday 14th March at 7:15pm in the Meadowlands Hotel, Tralee Co. Kerry. This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or whether their death was recent or not. We also offer an online support group and you can get further information on this by contacting us in info@anamcara.ie

ONGRATULATIONS TO THE CHILDREN OF OUR PARISH WHO CELEBRATED THE SACRAMENT OF CONFIRMATION with Bishop Ray on Friday last. We pray God's blessing on them, their families and their sponsors. Thanks to all in our schools, Churches and music ministry for all they did for the celebrations to have been as lovely as they were.

BINGO at St. Mary's Parish Hall every Thursday @ 8.30pm. All are welcome!

Get a COVID-19 vaccine at a clinic near you

Cork Kerry Community Healthcare is hosting COVID-19 vaccination clinics for all adults and children over the age of six months. The HSE strongly urges anyone due a booster, or who is unsure of their vaccine status, to check by contacting HSELive on 1800 700 700.

Dr Anne Sheahan, Area Director of Public Health for Cork and Kerry says: "Check your vaccination status and if you are due -

please come along, or make an appointment, for a clinic near you. It is a very safe vaccine and will offer added protection against becoming very sick."

Upcoming vaccination clinic dates in Kerry:

· Thursday, 16th March: 9am-1pm and 2pm-4pm (12+)

Kerry Vaccination Centre, Borg Warner, Monavalley, Tralee, Co. Kerry, V92HT21:

· Saturday, 11th March: 9:15am-1:15pm (12+)
· Saturday, 11th March: 2pm-4:30pm (6 months - 4 years)



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NOVENA TO ST. JUDE

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever.

Oh Sacred Heart of Jesus, pray for us.
St. Jude worker of miracles, pray for us.

Helper of the hopeless, pray for us.

Say this prayer nine times a day, by the eighth day the prayer will be answered.

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IN THANKSGIVING

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Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen
Your request will be granted no matter how impossible it may seem.

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer three times for three days and your favour will be granted.

MM

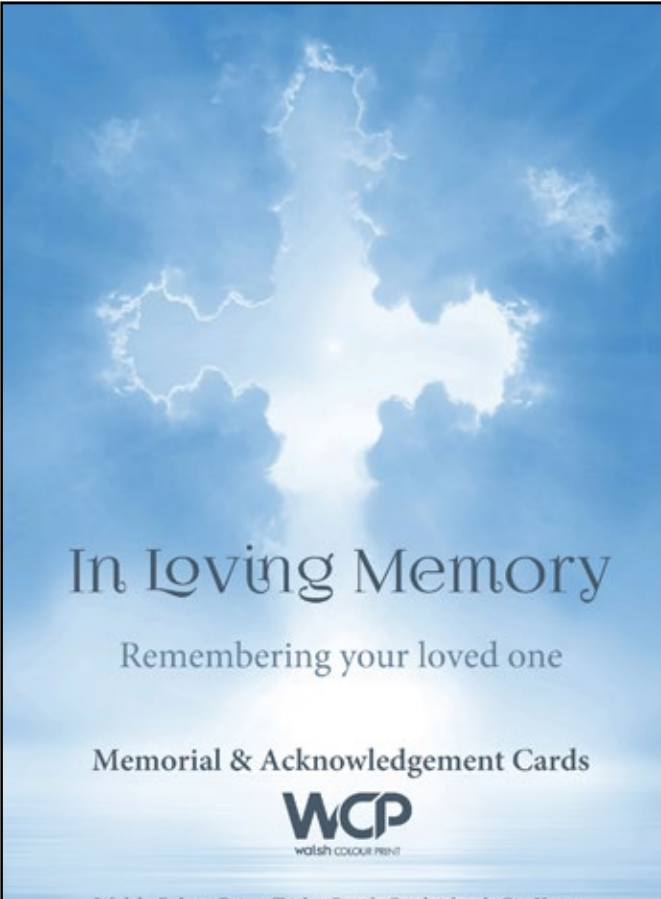
NOVENA TO ST ANTHONY

O wonderful St. Anthony, glorious on account of the fame of your miracles, and through the condescension of Jesus in coming in the form of a little child to rest in your arms, obtain for me of His bounty the grace which I ardently desire from the depths of my heart. (State your intention)

You who were so compassionate toward miserable sinners, regard not the unworthiness of those who pray to you, but the glory of God that it may once again be magnified by the granting of the particular request (State your intention) which I now ask for with persevering earnestness. Amen

Pray one Our Father, one Hail Mary, and

Glory Be to the Father, in honor of Saint Anthony. Saint Anthony, pray for us!



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