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Pictured at the launch of the Soroptimist Annual Pancake and Coffee Morning at the Killarney Avenue Hotel on Monday evening were front from left Teresa Irwin, Chef Kevin Purcell and Bridie Brosnan. At back: Claire Bowler, Anne Wrenn, Catherine Gleeson and Joey McDermott, Killarney Avenue Hotel Manager. See page 4 for details.



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OPPORTUNITY KNOCKS... JOBS FAIR TO OFFER A WIDE RANGE OF POSITIONS See Page 4

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FROM THE EDITOR

Spring has well and truly sprung, green shoots are appearing and we are enjoying a longer stretch in the evenings.

Its Pancake time for the Killarney Soroptimist Club, a major South Kerry Jobs Fair is planned and with St. Patrick's day fast approaching.... plans are afoot to celebrate it in style.

Aisling Crosbie.

There is a new Senior Executive at the Killarney Chamber of Tourism & Commerce, Kilcummin GAA Club enjoyed their awards night and there were celebrations for World Dancing Champion Caoimhe.

Hundreds filled The Failte Hotel for the Liam O'Connor tribute night in memory Padraig Harnett, the Murphy Family from Spa are celebrating their Cairde Spa win and Down Syndrome Kerry are rehearsing for a very special Stars in their Eyes show.

Jimmy has a full match report from the National League, a preview of the Corn Uí Mhuirí final which takes place tomorrow and all the news from the playing fields and courts around the county. Enjoy this week's Killarney Outlook!

HELPFUL CONTACT NUMBERS

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John Murphy spotted some spectators at Killarney Golf Club.



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OPPORTUNITY KNOCKS.... JOBS FAIR TO OFFER A WIDE RANGE OF POSITIONS

There has never been a better time to see the employment opportunities that are available in Kilarney as the South Kerry Development Partnership are planning their second South Kerry Jobs Fair.

Following on the tremendous success of last year's fair, plans are at an advanced stage for this year's event which will take place on March 2nd at the Great Southern in Killarney. More than 800 people attended the event last year while there were 50 exhibitors with almost 1,000 jobs available. The event is being organised by South Kerry Development Partnership in conjunction with the Killarney Chamber of Tourism & Commerce.

The fair was launched at the Great Southern Hotel this week and SKDP's Enterprise Officer Joanne Griffin said that this year's

event promises to be even bigger given the demand for staff across all sectors of the economy in South Kerry. "To date many of last year's exhibitors have indicated they will again attend the event and there are also enquiries from other companies and organisations with positions available" Joanne said.

"We expect there will be a strong interest in the event from many of those who have recently taken up residence in the county and we will be working to facilitate them to attend the event" Joanne added

Its Flipping Time for the Pancake Morning

The Killarney Soroptimist Club launched their annual Pancake & Coffee Morning at the Killarney Avenue Hotel on Tuesday evening.

The event is set to take place on Shrove Tuesday, 21st February, 2023 from 10.30am. Proceeds from the day will go to Down Syndrome Kerry and there will be lots of prizes and a raffle on the day.

Tickets are on sale at €15 each from members of the Soroptimist Club or at the door.



Pictured at the launch of the South Kerry Jobs Fair are front from left: Katy Jacobi, Killarney Chamber of Commerce, Joanne Griffin, South Kerry Deelopment Partnership Enterprise Officer, Bridget O'Kerry, Senior Executive Officer, Killarney Chamber of Tourism & Commerce. At back: Caoimhe Spillane, HR officer, Killarney Great Southern Hotel and Fred McDonagh, Red Chair Recruitment.

Jobs will be available in all sectors she noted pointing out that in addition to the hotel sector, last year's event featured companies from the engineering, finance, retail and marketing sectors.

Potential employees are advised to bring an up-to -date CV with them as appropriate.

Further information on the event can be obtained by contacting Joanne by e-mail at jgriffin@skdp.net or 087 6152660.



KILLARNEY INVITES EVERYBODY to Experience More



St Patrick's Festival voluntary chairman Paul Sherry.

The theme for this year's St Patrick's Day festival and parade in Killarney will be very much in keeping with the now corporate logo designed for the town which features the strapline Experience More.

The new brand and logo are part of the Killarney Destination Experience Development project – in association with Fáilte Ireland – which is an exciting and comprehensive five-year development plan for the town.

As well as painting the town green, organisers of the bumper annual festival have encouraged local businesses, clubs, community groups and individuals to join in the festivities this year to help inform everybody of the positive direction Killarney is taking and to promote the new branding to the world.

While based on the Experience More theme, entries for the parade are asked to outline what the Killarney experience means to them, whether it's the lakes and mountains, the national park or the shopping experience, the culture, the music, the stories, the legends, the heroes or the people. "The new brand has been developed with Fáilte Ireland in conjunction with Kerry County Council and multiple other Killarney stakeholders who have a shared vision to make Killarney a best in class tourist destination," said St Patrick's Festival voluntary chairman Paul Sherry.

"We want to make this St Patrick's Day parade the best the town has ever seen and we invite the people to dazzle us with their imagination and interpretation of the theme," he said.

"As always, we ask them to make it visual, make it noisy, create a performance but most of all, have fun as it is our intention to paint the town green and we look forward to everybody joining the party," Mr Sherry said.

The parade will take place on Friday, March 17th commencing at 2.00pm. Applications will be online this year and information can be found on the online portal until Wednesday, March 1st, at https://stpatricksfestivalkillarney.ie/parade-application-form/.



NEWS

Running and Quizzing RAISES €15,000 FOR COMFORT FOR CHEMO



Pictured at the Great Southern Hotel on Wednesday were members of the Killarney Rotary Club who presented the proceedings of their Afternoon Tea event to Down Syndrome Kerry. Included are Maire Breathnach (Down Syndrome Kerry) receiving the cheque for \in 1500 from Rayla Tadjimatova with Barry Murphy, Ciara Irwin Foley, Anne Alcock, Sherry O'Callaghan, Angela O'Connor, Grace O'Neill, Kevin Taylor, Paul Sherry, Edward Schmitt Zorner and Finbarr Kennelly.



Brid O'Connor (left) and Mary Fitzgerald (right) from Comfort for Chemo Kerry accept a cheque for \in 15,000 from Patrick Eviston following his fundraisers.

Following a hugely successful fundraising campaign in which he undertook running the Dublin City Marathon, Patrick Eviston has this week presented the proceeds of the fundraiser and a quiz held in Glenflesk to Comfort for Chemo, Kerry.

"We reached a total of €15,000 from the fundraisers which included running the Dublin City Marathon in October and a table quiz organised by the people of Glenflesk which was held in Spillane's Bar Patrick has raised €75,000 to date for various cancer charities in memory of his

wife Linda who passed away in October 2020.

"I would like to thank everyone who has supported my fundraisers over the past two years. Everyone has been wonderful and so generous and I am delighted to be able to support charities which Linda availaed of during her battle with the disease", Patrick told Killarney Outlook. Among the charities to benefit from Patrick's fundraising are the Irish Cancer Society, Night Nursing, Recovery Haven and Comfort for Chemo.

Great Turnout at Kerry Clubs Fair



Linda McCarthy, Placement Officer, and Lisa Newman-Volunteer, Support Worker, representing Kerry Volunteer Centre at the Kerry Clubs Fair last Sunday in Killarney Racecourse.

Over 600 people attended the Kerry Clubs Fair at Killarney Racecourse last Sunday to see exhibitions by a wide variety of clubs and voluntary organisations. The event, which set out to highlight volunteering opportunities and new activities everyone can participate in, was organised by Killarney Lions Club and sponsored by Killarney Credit Union.

"This was the third Kerry Clubs Fair and once again the turnout was fantastic," Killarney Lions Club President, Denis Doolan told Killarney Outlook.

"The feedback from all who attended was very positive, which is thanks to the great effort put in by clubs and organisations like Kerry Local Link, Killarney Valley Classic and Vintage Club, Kerry Stars Special Olympics Club, Camp Drama Group and many, many more. We are very grateful everyone to all who took part." Karena McCarthy, Marketing & Development, Killarney Credit Union said ""Killarney Credit Union was delighted to sponsor and be a part of this great initiative organised by Killarney Lions Club. Some great clubs and organisations were there showcasing all that is good about communities and also the importance of being involved and volunteering."

The Killarney Lions club through its members, assists various groups and individuals in and around the community. Lions do this through voluntary activities, fundraising and by holding various types of events in support of a great many local causes.

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Congratulations to Kerry Footballing legend Colm Cooper and his wife Céitilís who are celebrating the arrival of their baby son Conall.

The congratulations have been pouring in for the couple including from Colm's club Dr. Crokes along with many clubs throughout the county.

The couple were married in December 2021 at a ceremony held in Dingle.



Colm Gooch Cooper and his wife Céitilís Ní Bheaglaoich who welcomed a baby boy this week. Photo: Don MacMonagle (file photo)



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NEWS

ACTION STATIONS TO PREVENT REPEAT OF LETHAL FIRE

Significant steps have been taken to avoid a repeat of the devastation caused by the wildfire that destroyed a large section of Killarney National Park in 2021, park bosses have confirmed.

The fire in April of that year wiped out 2,500 hectares over a three-day period and it destroyed habitat in what is a UNESCO biosphere reserve.

But an action plan has been put in place and National Parks and Wildlife Service (NPWS) management and staff meet regularly with the fire service to make provision for the safety of the park going forward.

The regional manager of the NPWS southern division, Eamonn Meskell, has assured business leaders in Killarney that early smoke and fire detection appliances have been provided to spot an outbreak before it can get too big.

Delivering the keynote address at the annual general meeting of Killarney Chamber of Tourism and Commerce, Mr Meskell said the NPWS has purchased vehicles fitted with water pumps and they are on site 12 months of the year.

A fire team has also been set up within the park and the staff will be fully trained and kitted out with a specialist UK company engaged to conduct the training.

"We are liaising with four international groups to see the best way to do it," said Mr Meskell who added that a fire plan with detailed maps and the required information has also been prepared.

A helicopter is on retention and, in the event of another fire, it will have Bambi buckets attached to drop on to the affected area.

A review of the damage caused in 2021 is ongoing to determine if the damaged habitat is capable of restoring itself and to ensure all the correct measures are being taken.

"This is an attempt to address the matter and I



At the AGM of Killarney Chamber of Tourism and Commerce, at the Avenue Hotel, Killarney, were from left, guest speaker from National Parks & Wildlife Services, Eamonn Meskell, Divisional Manager Killarney National Park, Newly appointed Chief Executive Killarney Chamber of Tourism and Commerce, Brigid O'Keeffe, Outgoing President, Killarney Chamber of Tourism and Commerce, Nlall Kelleher, Events Manager Killarney Chamber of Tourism and Commerce, Katy Jacobi and Regional Manager, Killarney National Park, Danny O'Keeffe. Photo: Valerie O'Sullivan

think we have done it the right way," Mr Meskell said.

The importance of the national park to the Killarney economy was outlined in great detail to chamber members in attendance at the AGM in the Killarney Avenue Hotel.

There were 1.7 million visitors to the 26,000acre park last year with 306,000 visiting Killarney House and Gardens, 106,000 of whom were cyclists.

Counters in place at the key attractions showed that 200,000 people passed through the gates of the park at Knockreer, 106,000 visited Muckross House and 56,000 people enjoyed the traditional farms at Muckross.

In addition, 55,000 people walked Dinis and a further 50,000 climbed Cardiac Hill.

Projects currently underway or in the pipeline include an upgrade of Knockreer House and its Italian-style gardens, a review of the park's biodiversity plan, the development of a major new car park at Muckross House and Gardens and a novel project to attract more osprey birds to the park given that the species have a link with Killarney going back generations.

The glasshouses in Muckross Gardens will be upgraded, toilets for the disabled will be built at Ross Castle, a new thatched roof will be erected on Deenagh Lodge for the first time since 2008 and a signage survey will be undertaken throughout the park. A plan to develop a new loop from Muckross to Dinis, making it safer for pedestrians and cyclists returning along the N71, is another priority.

Work will also be undertaken to prevent erosion on mountains to stop peatlands being washed away and habitats being destroyed.

Outgoing Killarney Chamber of Tourism and Commerce President, Niall Kelleher, said it is breath-taking to see the amount of work that is going on in the park and he thanked Mr Meskell for keeping the chamber and other groups fully briefed on developments.

"Eamonn has achieved a lot more than we ever thought possible in terms of making projects become reality," he said.

"While we acknowledge that the park is important for tourism, it is just as important for everybody that lives and works in the town of Killarney and we saw that during Covid when the park was such a release for everybody," Mr Kelleher said.

"When the chamber advocates in relation to projects for tourism it is equally important for the town's people. What's good for tourism is good for the town of Killarney," he added.



At the AGM of Killarney Chamber of Tourism and Commerce, at the Avenue Hotel, Killarney, guest speaker from National Parks & Wildlife Services, Eamonn Meskell, Divisional Manager Killarney National Park addressing members at the AGM with Danny O'Keeffe, Regional Manager, Killarney National Park. Photo: Valerie O'Sullivan



At the AGM of Killarney Chamber of Tourism and Commerce, at the Avenue Hotel, Killarney, were from left, Pat O'Leary, Chairman, Kerry Federation Tourism Industry, Danny O'Keeffe, Regional Manager, Killarney National Park, Niall Kelleher, Outgoing President, Killarney Chamber of Tourism and Commerce, John Healy, Healy Insurance. Photo: Valerie O'Sullivan

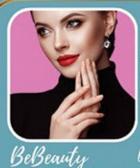
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KILCUMMIN GAA CLUB HONOUR THEIR OWN

Kilcummin GAA ACLub hosted their annual awards night in their clubhouse on Friday night which was preceded by a mass for its deceased members. The Development Squad received their medals for winning the Division 2 Shield. Philip Casey received

the "Adrian Moynihan Cup" for Junior player of the Year, signifying his year round commitment and mentoring of younger players.

Chris O'Leary was awarded "Senior Player of the Year" for his outstanding performances as well, assuming responsibility for marking top opposition players throughout the year. Mark O'Shea won "Young Player of the Year" for the huge strides he made after graduating from minor ranks as well as his positive unassuming attitude.

"Clubperson of the Year" went jointly to Barry and Breda Duggan for their enormous contribution to the club which has greatly enhanced the life of the present club members and wider community. They received the "Pat Joe Teahan Cup" to a standing ovation from the large appreciative audience



Louise, Liam and Mary Moynihan, Teresa and Tim Casey (accepting the Junior Player of the Year Award on behalf of their son Philip), Gearóid Moynihan PHOTOS: Sinead Murphy



Tommy Brosnan, Mark O Shea (Young Player of the Year), Mark Moynihan



Tommy Brosnan, Chris of Leary (Senior Player of the Year), Mark Moynihan



Eoghan & Siobhán O Donovan, Barry and Breda Duggan, Karen Kennedy, Noel Duggan.





Nessa McCarthy (Secretary), Breda Duggan (Club Person of the Year), Ciara Kelly (Chairperson), Barry Duggan (Club person of the Year), Niamh Dwyer (Vice-Chairperson)

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Anne Lucey looks at the positive news happening in the town of Killarney

The Future of Kerry Politics as leading figures exit



Former Sinn Féin Councillor Toiréasa Ferris

The fall-out from the Brendan Griffin affair continues.

There was a fine interview on Radio na Gaeltachta's Saol O'Dheas programme with former Sinn Féin Councillor Toiréasa Ferris on her reasons for quitting politics after as many years as Brendan as a very committed local political representative.

Toiréasa (42) didn't reach the heights of Dail Eireann. But she could have and we all know that. Of similar age to Brendan who is nearly 41 and with similar family situation - married, two children - Toireasa made the point in the interview with Helen Ni Shé that Brendan's burning ambition was to be a politician while her vision was not confined to that route.

She is putting the same energy now into other, more satisfying areas of life professional as well as academic and domestic. There is activism as well as life outside politics is what she said in the most interesting of interviews "as Gaeilge" of which she has a fine command.

Interestingly, while it was well known Toiréasa had left Sinn Féin, that she will not necessarily vote along her old party lines was not known widely. That means Ferris has left politics full stop, while Griffin says he will canvass for his party Fine Gael.

Regardless there is something amiss with politics when intelligent,able and committed people in their prime are quitting politics in Kerry. Or, as was also in the case of Listowel 's Aoife Thornton previously, are not even entertaining the thought of running for higher office. Certainly Kerry is too far geographically from the centre of power and this is one huge reason.

My own preference for a regional Munster government has never got a look in which would ease the over concentration on Dublin. I can't understand why in this era of EU led politics and power when all our Taoisigh seem to do is run to Brussels for a clap on the back and run home to implement "international law" we are not returning to the "Cuige" or four regions. Let Dublin be the seat of Leinster and nothing more. Having an Ulster council too would resolve the North overnight.

Geography however is only one reason. That politics may be tired and too sluggish and has become ineffective and perhaps only a mere show to entertain the masses is more worrying still.One thing neither Griffin or Ferris explained is whether they believe politics works any more and whether they think politicians national or local in Kerry have any real power. Neither addressed this central question, I felt, and it would be good to hear from them on this.

Will Killarney get what it deserves from fund?

Kerry is getting four million from the community recognition fund for hosting refugees. This is good news. My burning question is how much will Killarney get? We have twice as many refugees as Tralee or any other town.

It will be up to our local councillors to argue the case for Killarney.

It appears the money is being used for ancillary services like walkways and pathways and parks. What we really cry out for is more GPs, more nurses, when we fall and cut our knees and more teachers opticians and dentists to ease the day to day situation for all of us having to join even longer queues than previously.

The latest opinion poll suggests most people think we have too many refugees and the media is not acknowledging this and is biased. It is certainly the case that twenty years ago with the first immigration there was more robust debate in the papers and tv and I know this first hand from covering public meetings in and around Kerry at the time. And to be fair open debate worked. And integration has been good for the most part.

Currently it does seem there is a whiff of top down propaganda and that anyone asking a sensible question risks being clubbed over the head and labelled racist and "far right".

The problem with labels is they are often unjust. And the concerns I hear in Killarney and some of which I share have nothing to do with fascist regimes returning to Europe and are simply common sense and the expression of reasonable rational fears and annoyances.

What all this labeling and silencing will do is drive people into thinking the far right may be "nearly right" after all!

Meanwhile there were three people in our town sleeping in doorways on a Sunday morning recently. The council has no emergency accommodation in Killarney for homeless people as this column has previously highlighted on foot of a motion by Maura Healy-Rae. Is it too much to ask that capacity be retained in either public buildings or hotels in this town for migrant and local homelessness?

Blueways as Highways

Councillor Michael Cahill (FF) had an interesting motion at the latest meeting of the Kenmare Municipal District. The creation of a « blueway » all the way from the mouth of the Laune by Fossa, Tomies, Dunloe and onto Killorglin for over twenty kilometers would be a major asset, he said.

It would help grow tourist numbers and create employment. But why stop at that? It surely is the case that travel by internal waterways, which is on the cards in other countries, can be considered here too. Canals, rivers and lakes that are navigable and or which may be dredged are all means by which we can reduce our commuting on roads.

We already have engines on the lakes of Killarney after a long and heated battle and there is still some regret engines were allowed, it must be acknowledged. So, there is no real impediment to opening the waterways and building piers across the lakes to facilitate commuting for locals on ordinary journeys as well as for leisure trips for tourists.

Already the greenways in and around the country and indeed Tralee are being utilised for daily commuting. These safe cycleways have opened up a whole new means of transport for school and work travel. The waterways as blueways would also serve as highways, given the proper investment. Increasingly we are being asked to think outside the box and we will follow Cllr Cahill's call for a feasibility study for the Laune Blueway with interest.



The creation of a Blueway all the way from the mouth of the Laune by Fossa, Tomies, Dunloe and onto Killorglin for over twenty kilometers would be a major asset.



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At the AGM of Killarney Chamber of Tourism and Commerce, at the Avenue Hotel, Killarney, were from left, Laura Tangney, Killarney Jaunting Cars & Wander Wild Festival, Michelle Rosney, Killeen House Hotel, Brigid O'Keeffe, Newly appointed Chief Executive Killarney Chamber of Tourism and Commerce, Louise O'Mahony, Wander Wild Festival. Photo: Valerie O'Sullivan



At the AGM of Killarney Chamber of Tourism and Commerce, at the Avenue Hotel, Killarney, were from left, Sinead McCarthy, General Manager Brehon Hotel, Denis Murphy, Briaid O'Keeffe, Newly appointed Chief Executive Killarney Chamber of Tourism and Commerce, Conor Hennigan, Executive Killarney Chamber of Tourism and Commerce. Photo: Valerie O'Sullivan

Chamber appoints new senior executive

Killarney Chamber of Tourism new senior executive to oversee the day-to-day running of the business organisation. Newmarket, Co Cork native and Killarney based Bridget O'Keeffe, formerly of Fexco, will spearhead the chamber going forward and she will work closely with events manager Katy Jacobi and the chamber executive.

Chamber recently engaged the services of Repucon Consulting to put a plan in place to ensure it remains a strong voice for the business community.

Priority actions going forward include:

 Boosting chamber membership numbers to ensure a stronger voice

with an initial target of 15 per cent • Advocate, influence and support future public funding expenditure projects to address key issues such as parking, traffic management and public realm developments Ensuring a coherent approach to the reputational management of Killarney

Going forward, chamber will also

be forming a number of subcommittees to oversee

essential areas such as membership and management, brand communication and reputational management, advocacy, events and sustainability.

Outgoing president Niall Kelleher remarked: "Bringing the chamber to exactly where the members want it to be will take time, it will take perseverance and it will take hard work but that work will have to be done - it will be done and we will get there one step at a time

He added: "We have one chance to get this new governance and development plan right at the first opportunity but we must show a little patience along the way and we must do it properly by making an effort every day of the week".

In the year ahead, to help oversee the transition and to support the new senior executive, the duties of the chamber president will be shared by hotelier Pádraig Treacy and restaurateur Johnny McGuire.

Celebrations for World Champion Cavimhe

ast Easter Caoimhe O'Halloran who hails from Kilcummin became the first female dancer from Kerry to win a World Championship title in its 50th year history. After 2 cancelled World

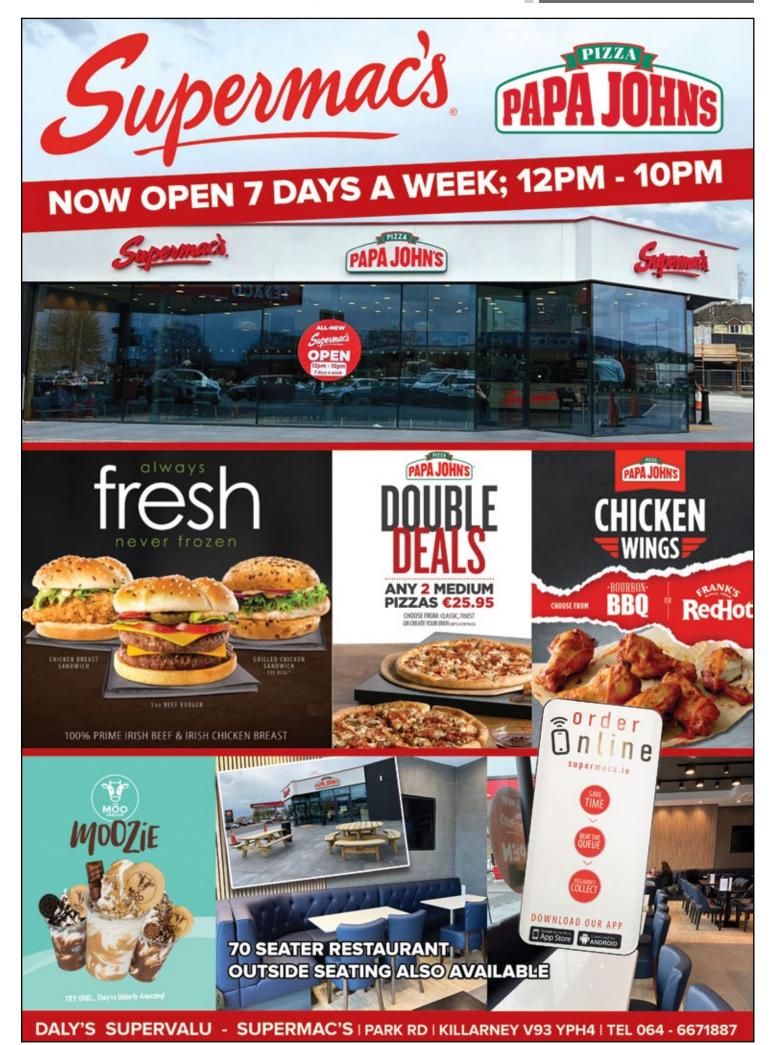


Championships due to Covid Caoimhe was crowned the Champion in the Under 15 category in Belfast last April and held a party to mark this amazing achievement a few weeks ago in the Great Southern Hotel with her family, her teachers, her class mates and her friends from all over Ireland. She is currently preparing to defend her All-Ireland title at the upcoming Championships which begin in the INEC next Sunday the 12th of February before heading to Montreal in Canada at the beginning of April for this year's





World Champion Caoimhe O'Halloran (centre) pictured with her dad Garry O'Halloran, Evelyn Gleeson, Shóna Gleeson, Mary O'Mahony, Aine Murphy, and her mum Geraldine O'Halloran.



More homebuyers in Kerry now eligible for Local Authority Home Loan

he Minister for Housing, Local Government and Heritage, Darragh O'Brien, has announced significant improvements to the Local Authority Home Loan that will result in more people in Kerry being eligible to apply for the State-backed mortgage. The prices of homes eligible for a Local Authority Home Loan and income limits of those eligible to apply for a loan are being increased.

From 01 March 2023, house price limits for homes in Kerry that are eligible for the Local Authority Home Loan will increase by €25,000 from €250,000 to €275,000. Income limits for joint applicants will increase to €85,000 and the income limit for a single applicant in Kerry will increase



Comhairle Contae Chiarraí Kerry County Council

to €70.000.

The Local Authority Home Loan was launched in January 2022 as part of Housing for All. It supports creditworthy borrowers who are unable to get finance from commercial banks to buy a home. It can be used for new, second hand or self-build homes. It means those on more moderate incomes are helped by the State to achieve homeownership, a key aim for this Government.

Since February 2018 over 3,300 people have got on the property ladder through the Local Authority Home Loan and its predecessor the Rebuilding Ireland Home Loan.

Grandparents Steal the Show in Catholic Schools Week



Presentation Castleisland recently celebrated its annual Catholic Schools Week with a host of events and activities in the school. The theme for the week was 'Walking Together in Faith & Love', a theme chosen to celebrate the gift of education and recognise the love and generosity of the entire school community: students, staff and home. Each morning, staff and students took a few moments pause from class for prayer and reflection. Visit to Nano Nagle Place

First year students embarked on a day trip to visit Nano Nagle Place in Cork City. This was a wonderful occasion for students to connect with the origins of the Presentation Order and appreciate the life and legacy of Nano Nagle. Religion teacher Ms Daly outlined "Nano Nagle dedicated her life to the education of young Irish boys and girls, and it is thanks to her that the Presentation Sisters set up a secondary school in Castleisland in 1846. First years develop a new appreciation of the school and all that it does when they can connect with its founder, and they carry this appreciation with them throughout their school life here". Students and their teachers enjoyed their visit to the museum, the heritage buildings and the walled gardens.

Grandparents Day

On the final day of Catholic Schools school Week, the celebrated Grandparents' Day. Student presentations of their families were on display throughout the school. Grandparents of first and transition years attended a prayer service and performances by the choir in the school hall. There were smiles all round as many grandparents took a step back in time to recall their own educational experiences in the school. Bishop Ray Browne gave a blessing to all, and spoke of the special relationship between a child and grandparent in passing on the faith. The Presentation Sisters also joined in on the occasion to take a trip down memory lane. Principal Mr. Dargan highlighted the important role that grandparents play in guiding students on their journeys of faith and inclusion in society. He added "Students are very proud of their grandparents, and hosting an event such as this reminds us all of how family and school can work together and build relationships that support student development, learning and wellbeing. We look forward to hosting further events that build connection with family and the community."



HOLIDAY HOME INSURANCE JOHN HEALY FROM HEALY INSURANCE ON WHAT YOU NEED TO KNOW ABOUT HOLIDAY HOME INSURANCE

If you own a holiday home in Ireland you will need specific holiday home insurance in place for your Buildings, Contents and Public Liability. The use of the

.

John Healv.

property will impact on the quotes given, eg family use, seasonally let out, or let out using airnbnb. It should be noted that some underwriters do not accept Airbnb use. Here are some tips when buying Holiday Home Insurance including some cost saving tips. Buildings - Your Property should be insured for

its rebuild cost not the market value. Rebuilding costs have increased substantially over the past 12 months. There is a handy rebuilding calculator on www.scsi.ie where you can calculate your **16 | 10.**02.23

own property.

Underinsurance can have serious consequences in the event of a claim so it is advisable to review annually and get professional advice from an Insurance expert.

Contents - Remember an item of contents is something that would go with you if you moved house. For example a dining table is part of contents but a fitted kitchen is part of buildings. You should value your contents for replacement value.

Review - Holiday home Insurance rates use many data streams so it is crucial to ensure that your details are correct when quoting. Important factors are your Eircode, seasonally let or family use, intruder and smoke alarms, year of construction and flat roof details if applicable. **Shopping around** – When shopping around it is important to understand that direct insurers and banks will only sell their own products. They may not be able to offer you choice or advise you on your options. It is also worth noting that you are free to move your Insurance from your mortgage provider, we do this on a regular basis and succeed in securing large savings for these customers.

Use a Broker - As experts in Home Insurance we understand the market conditions and can advise which Insurer or which product is most suitable for your specific needs. Aside from understanding the discounts than can be achieved in each case we also negotiate bulk discounts from Insurers to get the best prices for our customers.

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The Week Through The Eye of the Lens



Dancer Michael Cahill and Liam O'Connor performing at the Liam O'Connor Music tribute night in memory of Padraig Harnett in The Failte Bar, Killarney, on Friday night with proceeds going to Killarney Celtic 'Football for All'. Picture: Eamonn Keogh



The Great Southern Hotel, Killarney bhas been named the Ireland's top Business & Conference Hotel in Ireland which was announced on Tuesday night at the 2022 Gold Medal Awards. Pictured celebrating the award are staff members, in front, Jillian O'Sullivan and Denise O'Sullivan, centre row, Roisin O'Sullivan, Michael Jacobi, Managing Director of Hayfield Family Collection, Aoibheann O'Leary and at back, Catherina Murphy, Christina O'Connor, Aine McMahon, Maria Golas. Photo: Don MacMonagle

Grace Lynch, joins the 'Killarney Parents and Friends Biddy Group performing at Muckross House, as part of St Brigid's Day celebrations Photo: Valerie O'Sullivan





Master Traditional Craftsman, Pat Broderick at Muckross House, as part of St Brigid's Day celebrations, making a St Brigid's Cross as part of the traditions. heralding the beginning of Springtime and honouring St Bríd the patron saint of the farming community. Photo: Valerie O'Sullivan



Bridget and Liam McGuire, Bridget O'Keeffe and Paul Byrne at the Liam O'Connor Music tribute night in memory of Padraig Harnett in The Failte Bar, Killarney, on Friday night with proceeds going to Killarney Celtic 'Football for All'. Picture: Eamonn Keogh



Norrie O'Neill, and her Grandchildren enjoying the 'Killarney Parents and Friends Biddy Group, performing at Muckross House, as part of St Brigid's Day celebrations Photo: Valerie O'Sullivan

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MURPHY FAMILY SCOOP THE JACKPOT IN THE CAIRDE SPA DRAW

Spa GAA held their Cairde Spa fundraising draw on Thursday February 2nd at the clubhouse surrounded by club members and the local community. The fundraiser, the first major club draw to be held in Spa in over ten years, had some amazing prizes up for grabs and gained huge support from all corners.

On the night, the club were also delighted to have the opportunity to welcome President of the GAA Larry McCarthy, Provincial Council of Britain President Noel O'Sullivan and Kerry GAA Chairman Patrick O'Sullivan.

Cairde Spa was first launched in September 2022 with the aim of raising funds for new and ongoing projects at the club. As with most clubs and organisations, the pandemic put a halt to many projects and delayed plans that were in the pipeline, but now the club have the chance to continue building and developing for the next generation, creating an environment that will be for the benefit of all ages.

The response has been fantastic and with the incredible support of the community, both near and far, the draw has been a great success and the club can continue with the developments plans that were outlined. While the walking track has been a wonderful recent addition to the facilities, the projects on the agenda include layout of a new car park, lighting around the walking track, an outdoors skills wall for the

players, dressing rooms for the juvenile and ladies safety teams, new features, dugouts, a new scoreboard, perimeter fencing around the pitches, a remembrance garden and more.

There were 10 winners in the draw,

and congratulations to each and every one of them .

1st Prize : €15,000 - Pa, Evelyn & Noah Murphy 2nd Prize: €3,000 - Laurna Mulcahy 3rd Prize: €2,000 - Sean & Marian Moynihan 4th Prize: €1,000 - Dave Herlihy 5th Prize: 2 Nights Dinner, Bed & Breakfast at

the Killarney Park Hotel - Tim O'Connor

6th Prize: €500 Voucher for Killarney Carpet & Furniture Centre - Denis Kelly

7th Prize: €300 Voucher for O'Sullivan's Cycles - Adrian Slane

8th Prize: €250 Voucher for Killarney Oils - Ger & James Lyne

9th Prize: €150 Voucher for Killarney Hardware - Paul Russell

10th Prize: Signed Kerry Jersey from Kerry GAA Store - Noel O'Sullivan



Winners Pa, Eveyln & Noah Murphy with GAA President Larry McCarthy. Photos: Anne Holland

A huge thank you to everyone who has rowed in and supported the draw and helped the club in every way during this event. To the Club Fundraising committee, Chairman Michael Cronin, our sponsors and to all those who distributed, advertised, sold and purchased tickets over the past few months, to MC Ger Galvin who did a brilliant job as always, to Anne Holland for her wonderful photos and to all our hard-working and dedicated volunteers who keep the show going, míle buíochas to all.

The GAA President Larry McCarthy and Provincial Council of Britain President Noel O'Sullivan also made a visit to the clubhouse on Friday morning to see the facilities and also met with some members of the fantastic Spa field committee.

Ar aghaidh leis an obair



At the Cairde Spa draw on Thursday night were Michael, Doireann, Conor, Jim, Catherine, Jack and Denise Gleeson with Sean O'Brien



Eoin, Ryan, Dylan and Donagh Cronin with the Sam Maguire at the Spa GAA Cairde Spa Draw



GAA President Larry McCarthy with Mick O'Connell, Liam Daniels and Ian O'Connell at the Cairde Spa Draw



Andy O'Sullivan, Kerry GAA Chairman Patrick O'Sullivan, Prvincial Council of Britain President Noel O'Sullivan and John O'Leary at the Spa GAA Cairde Spa draw





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NEWS BITES...

Lee Strand celebrates the Cream of the Crop at the Lee Strand Milk Quality Awards 2022

Twelve of Lee Strand's top-quality farmers were recognised at the Lee Strand Milk Quality Awards 2022. The annual awards celebrate the high standard of farming excellence on Lee Strand farms and recognises the farmers who produce the highest guality milk. Gearoid Linnane, CEO, Lee Strand congratulated each of the twelve-monthly award winners for their dedication to excellence on their farms. He also mentioned the Lee Strand brand is renowned for its distinctive taste and freshness and thanked all Lee Strand farmers for their continued commitment to providing the best milk in Kerry. The overall winner was announced as Niall Mason who will be presented with the overall winner trophy at the Lee Strand Annual Social on Saturday, February 11th in the Ballygarry Estate Hotel.

SCARTAGLEN RAMBLING HOUSE

Rambling House at Heritage Centre Scartaglen Monday 13th February at 8pm. Refreshments served. All are welcome.

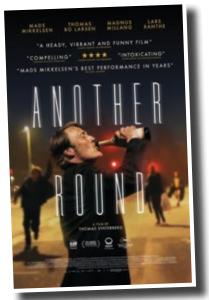
KWOTE MEETING

Killarney Women's Organisation for training and empowerment monthly meeting will be THURSDAY February 16th at 7pm in Ross Café, Upper Lewis Rd. Killarney.

BEAUFORT FILM NIGHT

Beaufort Film Night will hold a screening night on Saturday 18th February at 8.30pm at the Inn Between Bar, Beaufort.

The feature film to be screened is Another Round, a Danish comedy-drama starring Mads Mikkelsen. Cert 12A. Admission €7.



Caitlyn awarded UCC Scholarship

Scoil Phobail Sliabh Luachra student Caitlyn O Connor was awarded a Quercus Scholarship precently in University College Cork for excellent academic results, where she is studying Dentistry. "The school community are very proud of Caitlyn's achievement" said school principal, Denis Kerins. She is pictured receiving her award from UCC President, Professor John O Halloran. 239 Entrance Scholarships were awarded to first year students UCC.

Entrance Scholarships are awarded on the basis of academic achievement in the school leaving



Professor John O'Halloran, President of UCC presents Caitlyn O'Connor with a uercus Scholarship recently in University College Cork

examinations. Students represented 115 schools in Ireland and 1 school in Poland. Entrance Scholarships recognise and celebrate students' commitment to excellence and their desire to succeed and reach their full potential in their chosen degree programme.

Professor John O'Halloran, President of UCC, in his Welcome Address said 'UCC will nurture your talent and inspire you through our mission of learning, teaching and research so that you can lead the way to find new solutions to the most significant, most important and most urgent objectives of humanity'.

Ben Quinlan RELEASES NEW SONG for Valentines Day

Killarney singer-songwriter Ben Quinlan has released a song to celebrate St. Valentines Day from his new album Awake.

The former X-Factor Contestant is from Woodlawn and says his song, 24 7 is about meeting the love of your life who means everything.

"For me personally the song is about having found my soulmate. The love of my life, my soul mate who I feel complete with", Ben told Killarney Outlook.

"Being without my soulmate is very emotionally painful as I sing in my 'when I'm without you I`m down in the blues' and ' 247 my heart rings of joy for you ' and ' my soul comes alive when I'm with you'This song is about the finding your soul mate and

being with your soul mate through difficult times but always being there for each other as I sing in my song 'I stand by you whatever the weather' whatever life throws at us I stand by my soul mate whom I love with all my heart.", he added.

Danish film, Another Round to feature at **BEAUFORT FILM FESTIVAL**

Beaufort Film Night returns for another screening Which will take place at The Inn Between Bar, Beaufort, on Saturday 18th February at 8.30pm. Danish comedy-drama Another Round is the feature on the night. It stars Mads Mikkelsen, an actor wellknown to international audiences from his Bond villain role in Casino Royale to his appearance in the

current Carlsberg ads. Martin (Mads Mikkelsen) and his three teacher friends all seem to have hit a middle-age rut in their lives. When one of the group tells the others about an obscure philosophy proposing that humans aren't born with enough alcohol in their blood and so cannot reach their full potential, the men decide to test the theory for themselves.

As each of the gang initially observes positive benefits from maintaining the required blood-alcohol level of 0.05%, it is not long before they decide to push the boundaries of their experiment ...

This entertaining but ultimately thought-provoking comedy-drama explores friendship, masculinity and what it means to be happy. The film won the Best International Feature Film Oscar as well as Best Film, Best Actor and Best Director at the European Film Awards.

Beaufort Film Night is a non-profit community organisation founded by local film enthusiasts whose aim is to screen cultural English language and international language films, fostering an interest in and appreciation of these category of films, films that normally don't get a general release screening in Kerry. Films screened at Beaufort Film Night are carefully curated in order to appeal to a general audience. Beaufort Film Night is working in conjunction with Access Cinema, the Arts Council funded organisation which assists film clubs and film nights in Ireland with their screenings.

Beaufort Film Night would like to thank The Inn Between Bar for providing a venue for this cultural and entertainment opportunity. Admission to the film is €7 which will go towards covering the motion picture licence fee. Another Round has a 12A Certificate. Further information can be viewed on Beaufort Film Night's Facebook page (BeaufortFilmNight) and Twitter page (@Beaufort_Film).

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A Night to Remember in Memory of Padraig

at the Liam O'Connor Music tribute night in memory of Padraig Harnett in The Failte Bar, Killarney, on Friday night with proceeds going to Killarney Celtic 'Football for All'. Pictures: Eamonn Keogh



Deputy Michael Healy, Rae, Paudie, Eileen and Niall O'Callaghan and Deputy Danny Healy Rae.



Liz Moloney, Edel Harnett, Oisin Doherty and Zara Blackwell



Packie O'Connor, Joanie O'Donoghue, Noreen O'Connor and Billy O'Donoghue



Pauline Sheehy celebrating her 60th birthday with family and friends at the Liam O'Connor Music tribute night in memory of Padraig Harnett in The Failte Bar, Killarney, on Friday night. From left are Siobhan Murphy, Aoife Brosnan, Dolly and Katie Mangan, Pauline Sheehy, Gemma Mangan, Amy Lennon, Lisa O'Regan and Helen Brosnan.



Seated from left are Sean Daly, Maura Daly Harnett, Liam O'Connor and Brendan Harnett. Standing from left are David, Edel, Mark, Kathleen and Robbie Harnett at the Liam O'Connor Music tribute night in memory of Padraig Harnett in The Failte Bar, Killarney, on Friday night with proceeds going to Killarney Celtic 'Football for All'.



At the Liam O'Connor Music tribute night in memory of Padraig Harnett in The Failte Bar, Killarney, on Friday night with proceeds going to Killarney Celtic 'Football for All' were front from left, Noreen O'Connor, Cillian O'Connor, Edel Harnett and Oisin O'Connor. Seated in centre are Saoirse O'Connor, Maura Daly Harnett, Liam O'Connor and Brendan Harnett. Back from left are John Don O'Donoghue, Sean Daly, David Harnett, Kathleen Harnett, Mark Harnett, Mary Lyne, Jane O'Donoghue, Paul Sherry, Robbie Harnett and Michelle Hurley.



Mary Murphy, Patsy Cusack and Ita Looney



Liam O'Connor entertains Cllr Johnny Healy Rae and Deputy Danny Healy Rae



Saoirse, Cillian, Oisin and Liam O'Connor performing at the Liam O'Connor Music tribute night in memory of Padraig Harnett



Shirley O'Sullivan, Dorothy O'Grady Guerin, Lisa Hegarty, Lisa Aherne and Elaine Price

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THE 'MOCKS' ARE A USEFUL TRIAL RUN BUT THE REAL EXAM TAKES PLACE IN JUNE



THE MOCKS

The 'Mocks' or 'Practice Exams' are usually held in schools during February. They have nothing to do with the State Examinations Commission (SEC) and the exam papers are provided and corrected by independent educational groups. It's worth doing the 'Mocks' for the experience but don't let them distract you from the State Exams in June. Don't burn yourself out at this early stage by overestimating the 'Mocks.'

TRIAL RUN

The 'Mocks' provide an opportunity to work on your presentation, timing, answering techniques and current knowledge. They are usually marked externally so they provide you with an impartial assessment of your readiness for the State Exams. It's an opportunity to see if you can deliver the required information within the time allowed on a neatly presented script.

LOGISTICS

Avail of the 'Mocks' to become familiar with the logistics and technicalities of each exam paper. The quality of your answering is the core of any exam so learn from the 'Mocks' how to approach each paper. Keep the content of your answer relevant to the question asked. Read each question carefully before deciding which ones to answer. Be concise, accurate and relevant. Be familiar with the format of each paper well before each exam session. Know how the paper is presented. What topics are examined? How many guestions must be answered? What styles of question can you expect on the exam paper? Be familiar with the choices available on the paper. Is one or more questions compulsory? Be particularly careful about a paper, which is subdivided into subsections. Without prior knowledge of such a paper you could easily fail to address the

relevant number of questions.

TIME TRIAL

Use the 'Mocks' to test your allocation of time. The 'Mocks' are a great time trial. Go into the 'Mocks' determined to attempt the required number of questions. Work out in advance the approximate time you have for each question. The allocation of time to each question should be proportionate to the marks available for that question. Let me emphasise that if you attempt the required number of questions, you will maximise your grade in that subject.

INSTRUCTIONS

When your 'Mock' exam paper is handed to you read the instructions carefully. Spend a few minutes reading the entire paper. Keep to your pre-prepared answering plan and once you have made your choice of questions, start with a question you can answer well. When you have finished each question, reread it to ensure that you haven't omitted any part. Allow a few minutes at the end of the exam to read back over your answers and to check your numbering and presentation. Stay in the exam hall until the time is up even if you are finished early as some extra information may come to you. Every mark counts so don't leave any after you!

PERFECT PRACTICE

When your marked 'Mock' papers are returned, go over them to identify your strengths and weaknesses as outlined above. The old maxim of making your mistakes in the 'Mocks' and getting things right in the State Exams next June is as true as ever. As the saying goes, practice makes perfect and the 'Mocks' are the perfect practice!

CHECKLIST

- The 'Mocks' are a useful trial run for the State Exams

- The 'Mocks' are usually marked externally

- The 'Mocks' tell you how much you currently know for the State Exams

- The 'Mocks' tell you how much you still need to do for the State Exams

- Learn from the 'Mocks' how best to approach each paper

- Use the 'Mocks' to test your allocation of time

- Go over your marked 'Mock' papers to identify your strengths and weaknesses

- Make your mistakes in the 'Mocks' and get things right in the State Exams

- 1st March: closing date, at 5pm, for amending CAO course choices

- 1st March: completed online HEAR/DARE forms must be submitted by 5pm

- 1st March: closing date, at 5pm for completion of mature student application form

- 6th March: CAO late application facility opens at 12.00 noon (€60 fee)

- 15th March: HEAR/DARE supporting documentation must arrive in CAO by 5pm

- 1st May: closing date, at 5pm, for late applications to CAO

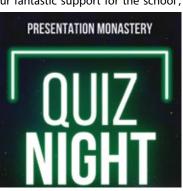
Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 087 9808979

QUIZ TIME

Presentation Monastery NS will host a Quiz Night on Wednesday 15th February at 7.30pm sharp in The Killarney Avenue Hotel. "As always we appreciate your fantastic support for the school",

Brid Brosnan, PRO for the school told Killarney Outlook.

So why not come and join us for a fun filled night with the Quiz Master himself Cathal Walshe. Great spot prizes and table winning prizes to be won on the night. Spread the word please!



KERRY SCHOOLS REMINDER

Kerry teachers in primary and second level schools, whose pupils take part in the annual Texaco Children's Art Competition, are reminded that the closing date for receipt of entries this year is Tuesday, 28th February next.

Now in its 69th year, the Texaco Children's Art Competition is widely acknowledged as the longest running arts sponsorship in Ireland. Details are available at www.texacochildrensart.com



OUTLOOK EDUCATION





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We look forward to meeting you all!

CAMPUS	DATE	TIME
CLASH	21st February	10.00am-7.00pm
LISTOWEL	23rd February	10.00am-7.00pm
MONAVALLEY	20th/21st/22nd/23rd/24th February	9.00am-5.00pm
KILLORGLIN	Hosted by Monavalley Campus 20th/21st/22nd/23rd/24th February	9.00am-5.00pm

Apprenticeship Information EVENT

Come and meet a range of apprenticeship employers and chat to our Apprenticeship services team who can help and advise you. Apprenticeship providers and employers will be in attendance on the evening and will be happy to speak with prospective apprentices.

> MONAVALLEY CAMPUS 23rd February 2023 5.00pm-8.00pm

Career Options EVENING

Come and meet our staff and find out more about Full-Time Courses, Part-Time & Evening Training Courses, Business Support Unit, Adult Guidance, Learner & Learning Supports, Admissions Office and more!

> MONAVALLEY CAMPUS 20th February 2023 6.00pm-8.00pm

Parent Information SESSION

Come and meet our staff team who can help and advise you. Chat with our Admissions Team, Adult Guidance, Learning Support and more.

GUEST SPEAKERS: MIRIAM MAGNER FLYNN CEO, Careers Decisions JAMES LEONARD The Two Norries Podcast

CLASH CAMPUS 21st February 2023 5.00pm-7.00pm





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FOR FURTHER INFORMATION CONTACT OUR ADMISSIONS TEAM TRALEE Tel. 066 714 96 96 | KILLARNEY Tel. 064 662 25 93 info@kerrycollege.ie | www.kerrycollege.ie

NEWS

STARS IN THEIR EYES AS THEY **CELEBRATE WORLD** DOWN SYNDROME DAY

own syndrome Kerry branch is hosting a huge celebration and representation of the entire county of Kerry and their members in one location for the first time.

Stars in their Eyes will see young adults with Down syndrome, their families and friends take to the stage to showcase their wonderful talents and abilities on Friday 24th March at 7pm at the Listowel Arms Hotel.

This event is a celebration of all things about people with Down syndrome and will act as a fundraiser for Down syndrome Kerry who provide vital services for children and young adults through the county of Kerry and beyond, such as Speech & Language Therapy, Occupational Therapy, Educational Services and employment opportunities, such as Deenagh Lodge and our most recent commitment to recruit an Employment Support specialist for our young adults.

Jessica Power said, "I wanted to host a fundraiser for DSK that celebrated World Down Syndrome Day and showcased our talents. So, I brainstormed a few ideas with my friends and we came up with a musical production idea. I pitched the idea to the fundraising committee and they loved it." Creative Director Joe Burkett will be putting the contestants through their paces over the next few weeks ahead of the big show.

Joe Burkett said, "I am thrilled to be back working with DSK and preparing



Budding actresses Antoinette O Leary, Cliona Healy, Niamh Cronin, Claire Spillane Ellen O Donoahue and Janet O' Donoahue hard at work in rehearsals for the show.

the contestants for Stars in the Eyes. The idea came about from chatting with Jessica so on the night you'll be treated to performances from Abba, Tina Turner and Westlife, to name but a few. Rehearsals have begun in earnest and the contestants are working extremely hard to perfect their routines. It promises to be a fantastic show."

Tickets will cost €20 and will be available from Down syndrome Kerry Office and from any of the participants.

Your ongoing support as always will be very much appreciated. Please come along to share with us in an evening full of celebrations, entertainment, fun and laughter.



Still time for fun at Killarney Musical Society

'ast members of Killarney Musical Society took some time out for \exists in the Bord Gaia Energy Theatre from rehearsals to enjoy a night out at theINEC.

In the midst of a very heavy rehearsal schedule Niamh O Carroll and Karina Mulchinock in the social committee still find time to organise get togethers and outings for Killarney Musical members and friends.

Last Saturday with the help of Jack Brosnan they organized for a group of 40 to attend Sister Act in the INEC Arena. They had a fantastic evening. Everyone was in full voice and joined in with all the choral numbers. Niamh said our own 'Delores Van Cartier' (Eimear Gallican) could be performing



Musical Society members enjoy a night at the INEC

in Dublin or the Palace Theatre in Manchester. Karina said our Sr. Mary Lazarus (Fiona Crowley) will have the audience in stitches on the 7th 8th and 9th March with her antics on stage and Sr. Mary Roberts (Sorcha O Connor) will amaze everyone. You'll have to check it out for yourself.

The whole group joined DJ Donal in the lobby for a sing-a-long and weren't shy to show off a few of their dance moves.

The following day two long serving members promoted KMS at the clubs fair day organised by Killarney Lions Club. Pam Brosnan is our vice president Lions Club last weekend. and heading up the finance and sponsorship committee this



Pam Brosnan and Marie Moloney photographed at the Club's Fair organised by the Killarney

year. She is doing a wonderful job. Maria Moloney is our props manager. She sources and locates the most unusual props for each show. Nothing is a problem for her. She begs and borrows but never steals and always returns after the final performance.

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Sunday March..... 12th

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Saturday Apri	8th	Maths L (Pape	r
Monday April	10th	Maths H (Pape	r
Tuesday April	11th	Irick	

Tuesday April 11thIrish H	1
Wednesday April 12thPhysics I	н
Thursday April 13thMaths H (Paper	2)
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Saturday April 22nd History	

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THUR 23RD MAR FOSTER AND ALLEN TICKETS FROM €33.50

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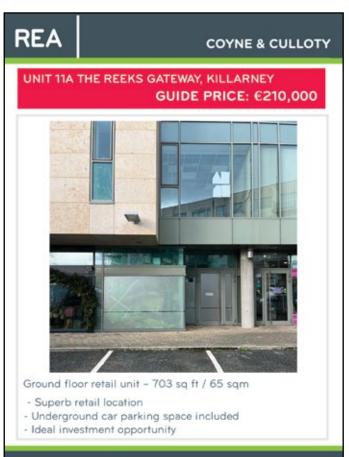


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By Michael O' Mahony

RATHMORE GNEEVEGUILLA

>RAMBLING HOUSE at Heritage Centre, Scartaglen Monday 13th February at 8pm. Refreshments served. All welcome

> SYMPATHIES to John Crowley, Maureen & Pat Healy, on the death of their brother Paddy Crowley, Barra, Knocknacopple, Rathmore, his niece Karen and nephew Michael. Paddy's funeral took place on Saturday 28th January in Rathmore.

To Juliann, Martina, Gorretti, Evelyn, Annette, Lisa and Sharon, Cremin & families on the death of their mother Agnes Cremin, Corran, Headford. Agnes funeral took place on Friday 27th January in Rathmore.

To Gene, Ted, Gerard, Eamonn, Don, Kathleen (Healy), Eileen (Herlihy) and Bina (Glynn) & families on the death of their father Edmond McSweeney Knockeenagullane, Knocknagree. Edmonds funeral took place in Knocknagree on Saturday 28th January.

To Shirley and Carmel Hickey & families on the death of their father Denis Hickey, Scrahan, & his sisters Margaret and Eileen & families. Denise's funeral took place on Monday 30th January in Knocknagree. May Paddy, Agnes, Edmond & Denis rest in peace

>THANK YOU

St. Joseph's Conference Rathmore sincerely thank all who donated food to our Food Appeal. This year we involved all our local schools and we thank Scoil Phobail Sliabh Luachra, Holy Family N.S., Gneeveguilla N.S., Knocknagree N.S.,Ballydesmond N.S., Meentogues N.S., Shrone N.S., Hollymount N.S., Danu Childcare, for their generous donations of food which enabled us to fill all our food hampers. We thank the staff of Teach losagáin,Rathmore, for allowing us to use a room to make up the hampers. We also wish to thank all those who donated very generous hampers and lots of toys for young children. We were overwhelmed with your generosity and your food donations enabled us to help families in need in our area.

In conjunction with our annual Church Gate collection this year ourvolunteers fundraised outside Kearneys Centra, Ballydesmond on Fri. 9th Dec. and outside Kelly's Londis, Hickeys Centra and O'Keeffe's Circle K forecourt, Rathmore on Saturday 10th December – the response to this activity was fantastic and we wish to thank everybody who supported us on both days.

The response to our Church Gate Collection which was held on week end of December 10th and 11th at the four churches in Rathmore Parish and the Church in Ballydesmond was tremendous and again we sincerely thank all who came to support us and who gave generously to the collection. We also acknowledge and thank you for donations to our Credit Union and Bank accounts. We wish to thank Shrone N.S. who kindly donated the proceeds from their 'Christmas Jumper' day to our collection. It has been a difficult year for many families and because of the great generosity of the community in our area to support our organisation; we are always in a position to help those in need. Mile buíochas. Our number is 087 3462332.

SACRAMENT OF CONFIRMATION Wednesday 14th February - 11am

>SCOIL PHOBAIL SLIABH LUACHRA

Congratulations to Caitlyn O Connor from our Leaving Cert Class of 2021 who was awarded a Quercus Scholarship recently in @



Scoil Phobail Sliabh Luachra Student Wellbeing Team presenting a cheque to Caitriona O Mahony from Pieta House from the proceeds of their Christmas Jumper Day and the Christmas Draw organised in conjunction with the Student Council. A donation was also made to the local branch of St. Vincent de Paul.

Pictured are Michelle Olszok, Tommy O Connor, Sophia Dela Torrre, Caitriona O Mahony (Pieta House) Sean O Keeffe, Setanta O Callaghan, Jonathan Del Torre and Alannah Mcllroy

universitycollegecork for excellent academic results, where she is studying Dentistry.

>MILLSTREET VINTAGE CLUB IN RATHMORE ON SUNDAY LAST

The Dust has settled on what was a great Event in Rathmore with the running of Millstreet Vintage Clubs first Event for 2023 in our Cars and Coffee gathering and without the help and co-operation of Donagh Hickey Motors, Centra/ Applegreen Service Station, Rathmore Credit Union & Rathmore AstroTurf for the use of their Car Parks we would not have been able to Run what was a most successful opening Event for 2023, Donie Lucey and Millstreet Vintage Club thank you very much for the use of your grounds for Parking and for the Hospitality that was shown as well, with well over 100 Vehicles of all types making the Trip from both near and far and we would like to thank you all for your participation and we hope you Enjoyed it and to the General Public that came out to support and have a look we thank you very much and hope you had a good day out, to all the Helpers doing Parking/Traffic Management and looking after Entries and Sign On we thank each and everyone of you for your help, to the Media for covering the Event and to all the Photographers who attended on the day thank you very much for your help,keep Sunday May 21st in your diary free when we will hold our next Cars and Coffee Event with more details to follow on this closer to the Event.

CONGRATS to Paul Murphy as he makes his 100th appearance in the green and gold in league and championship on Sunday against Monaghan

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. Before 6pm Sunday



Rathmore Panto Dame Goes West are members of chorus photos taken by Seán Radley



Marion Players Rathmore Panto 34th Annual Panto Dame Goes West proceeds presented to Kerry Parents Friends Association €22,000 that was raised. Fom Panto at end of show pictures cast of this year Dame Annie Goes West at Rathmore community centre



MONEY MATTERS..

By Dermot Cronin, Financial Advisor



WHEN CAN YOU ACCESS YOUR PENSION & WHAT ARE YOUR OPTIONS WHEN YOU WANT **TO RETIRE?**

You can normally get access to your pension from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement then you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may also be able to take sum of your pension in taxable cash.

Annual Pension: This is a guaranteed income usually paid monthly for the rest of your life that is purchased with the money left after your tax free lump sum, this is subject to taxation.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income, usually monthly. This is subject to taxation also. Taxation at retirement is often much lower than when you are working.

It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninifa@gmail.com

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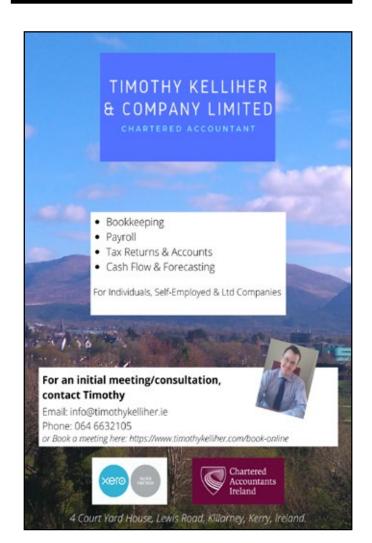
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Written by: Colette Leslie

GLENFLESK

>LOTTO

No winner of Glenflesk Lotto which took place on 23/ 1/ 2023 in Glenflesk Hall. Jackpot €10,500. The numbers drawn were 1, 7, 13, 28. There was no winner. Consolation prizes of €50. 1. Kieran Fitzgerald , Moulagow. 2. John O' Donoghue (Sellers' Prize). 3. Alyssa O'Sullivan, Kilcummin. 4. Helena Kelliher, Barraduff. Next draw will take place in Glenflesk Hall on 6/ 2/ 2023 Jackpot will be €10,600. Thank you to all who support our Lotto and to our sellers.

>DARRAGH ROCHE

Kerry managed their first win of the 2023 National League, with a comfortable win over Monaghan at Fitzgerald's Stadium this afternoon. Darragh Roche was once again one of Kerry's best on the day. He was on form from the off, firing over with his first shot with his left foot, despite the close attentions of several Monaghan defenders. His next score was another beauty, this time with his right foot, again finding the target with ease. He also set up a couple of more scores Up, with his quick hands finding players in space. Even a taking a high tackle near half time didn't stop him after half time. He got the crucial first goal 4 minutes into the second half. Faced with a one on one with Rory Beggan, he calmly dummied dropping the ball to his foot, sending Beggan down, before rounding him and rolling the ball into the net. A cool finish that pushed Kerry clear in the game. Congratulations to Darragh and Kerry on the win.

Report by Michael Healy.

► MEMBERSHIP 2023

Membership for 2023 is now open and available online on the following link - https://member.clubforce.com/memberships_cart_m.asp...

>IRELAND LIGHTS UP

Glenflesk GAA will continue the 'Ireland Lights Up' initiative every Monday and Wednesday evenings beginning at 6.30pm. There will be two options, walkers will hit the track in Glenflesk GAA pitch and the runners will hit the track in the Barraduff Community Field with @triumphdeclan for the couch to 5km. Registration in Glenflesk Gaa hall @ 6.10pm.

>EAST KERRY ALL STAR AWARDS

Congratulations to Chris O Donoghue picking up his award last Thursday night in the INEC.

>TUS CORN UI MHUIRI

Best wishes to St. Brendan's College Killarney who will play St. Francis College Rochestown in the TUS Corn Uí Mhuirí Under 19 A Football Final on Saturday February 11th at 1pm in Mallow. Glenflesk players, Cian Lynch, Callum Cronin, John Kelliher, Luke Crowley, Jamie Moynihan, Eoghan Kelly. BARRADUFF NATIONAL SCHOOL

Used Clothes collection Feb.27 in Barraduff National School.

LISTRY

>LISTRY GAA

Numbers drawn 11,13,15, 27. €100 Dilly.€50 Michael Quirke, Laharn. Sarah, Killian Fitzgerald.€ 25 Mike Broderick, Kilbonane. Pat Fleming, Lahard. Jackpot next week Feb 12th €9300.

EAST KERRY ALL STAR AWARDS

Congratulations to Ruairi Murphy on winning an East Kerry all star award for midfield on Thursday night and to Jimmy O Leary for his nomination. GAMES

Best of luck to the Listry team under with new manager Derek Moynihan and selectors Paul O Donoghue and Kieran Kennedy who play Fossa in the Intermediate Final (FR Galvin Cup)2022 on Feb 11/12th ,venue and time tbc .

IRELAND LIGHTS UP

Listry GAA club are turning on the floodlights of our walking track to enable locals come out to walk and chat every Wednesday from 6pm to 9pm until February 15th in partnership with Ireland lights up come out and get our steps up.



3 Generations on Stage at Killorglin's 60th Panto 3 generations of the O'Connor family recently took to the stage in Killorglin Panto's recent 60th Pantomime. at the CYMS Killorglin. Pictured are Michael F. O'Connor (The Sheik) with his son Tom O'Connor (Elvis), with his daughters Emma & Doireann O'Connor (Children's Chorus) and their cousin Siun O'Connor (Guest Singer at Puck). The panto in its 60th year, was a huge success delighting audiences over 8 performances in total. Plans are already underway for No.61.

SPA

>2023 REGISTRATION

Spa GAA registration for the coming year is now open on our website spagaa.com. Membership rates remain the same as last year and a reminder that all players and competitors MUST register before they can train or compete with the club

>ITEMS FOR NOTES

Any items for the Spa notes please contact the club PRO on 085 7762411 or pro.spa.kerry@gaa.ie before 8pm on Sundays

On Friday morning enjoying a presidential visit to the Spa GAA club were Field Committee members Paddy O'Keeffe, Billy Morris and Paddy B Lynch with Spa Chairman Michael Cronin, GAA President Larry McCarthy, Andy O'Sullivan and Provincial Council of Britain President Noel O'Sullivan

ADVERTISING



10.02.23 | **39**

Written by: Helen Moynihan

By Cliona Coffey

KILCUMMIN

>KILCUMMIN COMMUNITY KILCUMMIN CCÉ

Kilcummin CCÉ wish all of our competitors who are taking part in the Munster Finals of Ceol an Geimhridh in Cashel this weekend the very best of luck.

RAMBLING HOUSE

Kilcummin CCÉ will hold a Rambling House on Saturday 18th February in the Village Inn at 8pm. All are welcome to attend and to participate. There will be no cover charge.

KILCUMMIN LOOKING GOOD

Kilcummin Looking Good are holding their A.G.M. on Monday 13th February in The Parish Centre @ 7.30pm. All welcome.

KERRY COMMUNITY GAMES

Kerry Community Games will hold their annual Church Gate Collection on the weekend of 11th/12th February.

KILCUMMIN N.S.

Kilcummin N.S. Green Schools Committee would like to thank everyone who generously donated items to our recent used clothes collection. €414 was raised and this will pay for biodiversity projects in the school. Mile buíochas.

CHRISTMAS FOOD APPEAL

EAST KERRY LEAGUE FIRIES 0-13 KILCUMMIN1-12

A goal by Gary O Leary proved the difference as Sean O Leary made a return to club action after his horrific injury. Kilcummin are at home to Gneeveguilla this Sunday @12md

THE ANNUAL AWARDS NIGHT

The annual Awards Night were held in the club rooms on Friday last following a mass for the deceased members of the club. The "Clubperson of the Year" went jointly to Barry and Breeda Duggan for their tremendous support to the clubs development and participation in the clubs activities over the years. Chris O Leary picked up "Senior Player of the Year", Philip Casey the "Junior Player of the Year" and Mark O Shea the "Young Player of the Year". The Development squad also collected their medals for winning the Div 2 Shield. Well done to all.

THE ANNUAL 31 CARD TOURNAMENT

The annual 31 Card tournament in aid of "Comfort for Chemo" was held in the Klub bar over the week-end with over ninety people competing



Mastergeeha U12 girls

for the Dermot (Brady) Moynihan Shield. The event raised \leq 1,600 for the charity and Ned Buckley and Ann Daly ran out eventual winners. Well done to the organisers, the sponsors and all who participated.

>MASTERGEEHA FC

U12 GIRLS

Well done to our U12 girls who were winners on the road against Tralee Dynamos on Saturday. Great skills and teamwork were on show throughout. Scorers on the day were Annabelle Casey, Aine Herlihy, Ella Kate Piggot, Sophie Moynihan, Anna Lenihan & Lily Fogarty.

LOTTO

There was no winner on Friday 3rd February of the Jackpot for €8,000. Numbers drawn were 11,12,14,18. Consolation prizes of €50 went to Eoin Daly, Robert Kerins,Diarmuid healy, Rose Maher & Pat o'Sullivan.The next draw will be Friday 10th Feb. for Jackpot of €8,200. >COMMUNITY GAMES

FACEBOOK

Anyone interested in Community games and would like to know more, please go to Kilcummin Community Games Facebook page where all upcoming events & activities will be posted. Please note you must reside in Kilcummin parish to participate.

BEAUFORT

OUR SYMPATHY is extended to the Casey family, Direen, Black Valley and all the extended families on the sad passing of Chrissie. BEAUFORT FILM NIGHT

Beaufort Film Night will hold a screening night on Saturday 18th February at 8.30pm at the Inn Between Bar, Beaufort. The feature film to be screened is Another Round, a Danish comedy-drama starring Mads Mikkelsen. Cert 12A. Admission €7.

>FIXTURES

Senior men will begin their playing season on Sunday, 12th February home to Keel at 2pm in round 1, Mid Kerry senior league.

Congratulations to all our juvenile and senior players who were presented with their medals last weekend.

≻LOTTO

No jackpot winner on Sunday, 5th February. Numbers: 2,13,15,22. Consolation Prizes: $\in 80$ Jerome O'Shea, Keelohane/London, $\in 50$ Gerry Kelliher, Brookhill, Phil Ahern, Faha, Mary Mc O'Connor, Alohert. The next draw for a jackpot of $\in 11,800$ will be on Sunday, 19th February 2023. Tickets are $\in 2$ each or 3 for $\in 5$ and are available from usual sellers, shops, public houses and online at: www.beaufortgaa.com. Thank you to everybody who support the lotto.

>CLUB DEVELOPMENT

Work has resumed on the All-weather playing surface on the G.A.A. club grounds. The Club is holding a car draw and other cash prizes to fund the development. Tickets are still available. They are ≤ 25 each, 3 for ≤ 60 , 5 for ≤ 100 and are available from local sellers, shops, and public houses and

online at www.beaufortgaa.com. Please contact the Club at 087 9975737 for more information.

>IRELAND LIGHTS UP

Ireland Lights Up in partnership with Operation Transformation continues this week on Tuesdays and Fridays from 6.30pm to 8.30pm in GAA field. If you want to walk at another time, please sign in at Clubhouse entrance. Everybody must sign in before walking.



Lady Captain Kathleen Cronin & Men's Captain Pat O'Sullivan along with President Barry Wolfe at the Beaufort golf club drive in for the 2023 golfing season last Sunday morning. Photo courtesy of Ian Cronin



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Each one of us has an inner compass — our own internal guidance system. How we access this inner knowing is different for everybody, however, most people say that they just know when something feels right for them. This may be felt in your gut, lower belly, heart or throughout your entire body. Learning to listen (and to trust) our own inner wisdom can help us to make decisions which align with more of our true, authentic self. At some time in each of our lives we have all experienced that feeling of not following our gut and we find ourselves saying, "I knew that I shouldn't have done such and such but I didn't listen to myself."

Take time every day to sit quietly and just focus on your breathing. Ask a question in your mind and simply allow the answer to find you. This may be later in the day or week. Bear in mind that it may come in the form of something you read or see on Television. It also may come in the form of feeling an inner excitement or "pull" towards something which lights you up. Then take small steps towards what your inner compass is telling you. Keep checking in with how you feel as you follow your inner guidance and enjoy the process!

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Fake your Face Tan for that Sun Kissed Glow!

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Tan adds color to your complexion giving you an instant "feel good" and you can go without foundation. Look for high-grade solutions that are designed for sensitive skin and are formulated specifically for your face.

Apply in the evening to cleansed skin so it has time to activate and depending on the tan solution you can sometimes apply a light layer of moisturiser before bed. Apply moisturiser to your brows and hairline to protect and avoid visible lines. If you have blonde hair wear a hair net if using spray. Avoid using a mousse near your eyes as it may contain alcohol which can cause irritation.

Gradual tanners or tanning drops that you mix with your moisturiser



are designed to create a more subtle colour change and are usually alcohol-free. They can also contain anti-ageing ingredients and antioxidants to target specific skin concerns. St. Tropez Bronzing Face Mist €30 is enriched with natural ingredients and hyaluronic acid but lightweight so will not clog pores or cause breakouts.

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FEELINGS OF OVERWHELM

Plan and prep your day. Just a little bit of this even in your head looking at your work schedule and saying "right I'll do this first and that next etc etc...." Really helps me when I feel like I'm going to trip over myself with work load. As the saying goes Rome wasn't built in a day but still it needs to be built so prepping and planning out these wheels in motion so things get prioritised & stuff gets done.... Just not all in one go.

It's ok to say "NO". I'll admit again I was the worlds worst for saying "yes" and taking on more than I could chew but I must say I'm getting much better at saying "no" to anything outside my reach and now the only time I say yes and it's too much is because I may have thought I could handle it but I learn from each experience and try not overstretch myself next time. It's important to remember you are only 1 person and you can't be everything to everyone. So say "NO" to anything you can't do or have time to do and delegate and refer on to someone who can do it or help out.

Don't be afraid to talk and seek help off someone you trust to have a "moan" and just get off your chest. Now there is a difference between a "moan" and you just being a pain and in the ass giving out.... and I think we all know the difference here. If it makes you feel worse to talk about it then it's too much whereas if you feel better from speaking it out then it's good.

And if it's beyond you and all these small tips don't make a difference to you. Don't be afraid to seek out professional advice and reach out to a Someone qualified in this field of mental health to help. Get referrals from people you trust and you know have benefited from speaking with this professional. We would be happy to help advise and refer if needed so be afraid to reach out and ask.

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Have regular sight tests

As well as an eye health check, a sight test might help detect signs of underlying general health conditions, such as diabetes, high cholesterol and high blood pressure.

Eat healthily

Eating a healthy, balanced diet reduces your risk of eye disease. Include lots of omega-3 fats, found in oily fish, and lutein, found in dark-green, leafy vegetables such as spinach and kale. Vitamins A, C and E are also helpful, so eat at least five portions of fruit and vegetables a day.

Stop smoking

Many people are unaware of the link between smoking and eye disease. If you smoke, stop. Smoking significantly increases the risk of developing eye diseases, such as cataracts and age-related macular degeneration

Wear prescribed glasses

Many eye and vision problems develop or increase as we get older. Contrary to the myth, wearing glasses and contact lenses doesn't make your eyesight worse - they help your eyes work more efficiently. Take regular breaks

When you work on something close up, such as a computer, tablet or smartphone, your eye muscles are active. Follow the 20/20/20 rule - every 20 minutes, look at something 20 feet away, for 20 seconds. And don't forget to blink, as this helps prevent your eyes drying out

Wear sunglasses

As well as making your vision more comfortable in the sun, sunglasses protect your eyes from UV light. When choosing sunglasses, you should always make sure that they carry the CE mark. Exposure to UV when young does most harm, so protect children with sunglasses, as well as a hat and sunblock.

Avoid dry eyes

Eyes become dry, tired and sore if you are not producing enough tears or you have poor-quality tears. Lubricating eye drops can soothe irritation and reduce discomfort. You may find taking omega-3 supplements helps over time. Drink plenty of water and remember to blink often. If your eyes are persistently dry, tell your optometrist.

Research your family history Many eye conditions run in

families, from simple long and short sight to more serious diseases, such as glaucoma. Knowledge of problems with sight can help detect a condition before it becomes serious.

Remember your optometrist is the first person you should visit if you have any eye concerns. They can assess the problem and, if necessary, refer you to the right place for treatment.

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KILLARNEY COUGARS BC

JUVENILE NEWS U12 BOYS DIV 1CUP SEMI FINAL Killarney Cougars 59 St Anne's 17

A strong Killarney Cougars produced an excellent performance to overcome St Anne's in the Division 1 Cup semi final. Cougars led throughout with great defence and excellent scores from Sean OSullivan, Cathal Foley and Dara OSullivan.

U14 BOYS DIV 1 LEAGUE Killarney Cougars 51 Glenbeigh Falcons 34

The Cougars produced a solid first half performance to overcome the Falcons at the Presentation Gym. The Cougars were ahead 19-16 at halftime and despite a good second half by the Falcons the Cougars were deserving winners. For Cougars Jack Culloty, Conor Lynch, Cian Stack, Mark Looney, and Liam Quirke. ACADEMY

Training continues on this Friday evening February 10th at St Mary's Parish Hall.Well done to our Academy Boys & Girls that participated at halftime in the National League game. Door open 4.30pm. U8 Girls & Boys 4.45pm. U10 Girls 5.30pm. U10 Boys 6.30pm

TRALEE TOURNAMENT

The Cougars U14 boys will again participate in the Annual Jimmy Curran Blitz in Tralee. They face Sligo AllStars & Bantry Cork on Saturday Feb 11th. All support appreciated.

SENIOR NEWS

KERRY AREA LEAGUE MENS DIV III Killarney Cougars 44 Tralee Titans 58

The Cougars hosted the Titans at the Presentation Gym and in a entertaining game the visitors led throughout proving to be difficult opponents on the night. Titans led at by 7pts at halftime 26-19 and despite the best efforts of the Cougars the Titans continued to hold the lead and finished the stronger to secure to points.

Best for Cougars were Niall OBrien, Gearoid Flynn, Alan Flynn and Darren Gaffey.

BASKETBALL IRELAND NATIONAL LEAGUE DIV 1

Killarney Cougars 94 SETU Carlow 87

Killarney Cougars produced a super opening quarter which laid the foundations for a deserving victory over a battling SET University Carlow who pushed the Killarney side all the way to the final buzzer in a very competitive game at the Presentation Gym on Saturday evening.

The visitors, well placed in the top four playoff places throughout the season were immediately under pressure by the Cougars and with a strong home support there to welcome new American signing Martin Anthony Hill from Minnesota. The Cougars lined out with the unavailable Alex Fleming, Darren Townes and Captain Bill Wiseman, with the everpresent Jack Lynch taking over as Captain.

The Cougars opened the scoring with a great drive to the board by Esebio Strijdhaftig and two consecutive baskets by Tommy Bowler followed by two three pointers by Bowler saw Cougars ahead 14-9 inside the opening three minutes. The visitors responded with big threes from Conor Harkins but the Cougars tails were up with Jack Lynch and Marty Hill adding three pointers the Cougars were well head 29-16 to the delight of the home support with Cougars



Killarney Rugby Club Under 18 Girls

finishing the quarter well leading 32-20. The Cougars remained in control through the second quarter with a similar pattern to the opening quarter with a high tempo game by the Cougars keeping Carlow under pressure the Cougars increased the lead thanks to Andrew Fitzgerald 8 points and a further 6 points each by Tommy Bowler and Marty Hill who was orchestrating the Cougars performance to lead 59-40 at the half time break, with Carlow struggling to make an impact with 6 pts from the hard working Armands Vaikuls their best performer in the second quarter.

SETU Carlow came out energised for the third quarter, chasing the Cougars 19 point lead and they produced a strong response to dominate much of the quarter through Ben Kelly Flynn 12 points, Armands Vailkuls 8 points and two three pointers by Conor Harkins with as Cougars failed to find any of their first half momentum as the big lead was reduced to five points 74-69 with Marty Hill adding to his tally with 7 points to keep Cougars ahead at the end of the third quarter and the scene was set for an exciting final quarter.

An action packed final quarter saw both sides chasing the win the teams went basket for basket with a big three by Conor Harkin reducing the arrears to 76-73 with just 7 minutes remaining before a basket by the impressive Conor Flynn steadied the Cougars to lead 78-73 with 6 minutes on the clock followed by an excellent basket under pressure by Esebio Stijdhaftig gave some breathing space to the home side with frustration for the visitors saw an unsportsmanlike and a technical foul on Armand Vaikuls saw him ejected as Cougars were starting to regain control to lead thanks to two quick baskets by Marty Hill Cougars to lead 87-74 with 4 minutes remaining. The closing minutes saw a determined effort by the visitors but the Cougars held firm and with foul trouble on both sides the teams both were going to the free throw line with Cougars just doing enough to ensure a first home win of 2023 in a very entertaining game.

Next up another home game and a Kerry v Dublin clash as the Dublin Lions visit Killarney next Saturday night .

KILLARNEY CAMOGIE CLUB

Killarney Camogie Club returns to training this Friday night 10th Feb for under 8 and under 10 girls. Takes place in Spa GAA hall from 6-7pm. New and returning players most welcome. Hurleys & helmets provided. Bring a friend to try it out. For further info, contact Sarah Breen Secretary 087-9849043

KILLARNEY RFC NEWS

U18'S POPPED IN MUNSTER SEMI FINAL

Hard luck to our amazing U18 girls who fought to the very end in their Munster U18 league Semi Final last Saturday at Aghadoe. The final score was 12 points to 14 in favour of Carrick/Thurles and best of luck to Carrick in the final. A truly fantastic game of rugby in tough conditions we are very proud of our girls who now have the Munster Cup to look forward to. Well done girls, coaches and team management.

U16 GIRLS IN MUNSTER QUARTER THIS SATURDAY

Best of luck to our U16 girls who are taking on Shannon this Saturday away in the Munster U16 league quarter final. A huge day for the girls. Kick off is at 1pm and all support very welcome!

SENIORS END LEAGUE WITH EMPHATIC WIN

Well done to our seniors who finished their league with a fine win over Douglas at Aghadoe last Saturday. Try scorers were John O'Donoghue, Padraic Talbot, Broghan Edmonds, Shane Looney, Alan Lynch and Paul O'Sullivan with conversions by Donnchadh Grealy and Ciaran O'Brien. Well done lads, coaches and team management.

RESULTS

U14 Boys: Killarney 20 - 5 Listowel U18 girls: Killarney 12 - 14 Carrick/Thurles Seniors: Killarney 36 - 0 Douglas **FIXTURES**

U14 boys: V Kilfeacle (Away) Sat at 12. U16 boys: V Midleton (Home) Sat at 12 U18 boys: V Cobh Pirates (Away) Sat at 12 U16 girls: V Shannon (Away) Sat at 1pm



FOCUS ON GOLF



The prize winners at the Ross GC Drive in Scramble sponsored by Fexco. (Lto r) Noreen O'Mahony, MJ O'Sullivan, Con O'Mahony, Killarney Race Co, Cathriona Shanahan, Mary Moynihan, Lady Captain, Renaldas Bendikas, John Ivory, Gents Captain, Terence Mulcahy, Killarney Race Co, Maurice Coffey, Ivo O'Sullivan, Fexco, John Cuskelly.



Lady Captain Kathleen Cronin & Men's Captain Pat O'Sullivan along with Presinent Barry Wolfe at the Beaufort golf club drive in for the 2023 golfing season last Sunday morning. Photo courtesy of Ian Cronin

ROSS GOLF CLUB

DRIVE-IN'S

On February 6th Our President Michael J Casey, Lady Captain Mary Moynihan and Gents Captain John Ivory held their Drive-in at 10am.

We had a very large turnout on the day in great weather conditions. The drive-in was followed by a mixed scramble which was sponsored by Fexco. The course was also in fantastic condition thanks to Padraig and his team for their hard work. The scramble was followed by the prizegiving and some food in the Clubhouse in a very sociable atmosphere on the bank holiday. Thanks to the Killarney Race Co for the food, to Luciano in Iguana's Cafe for his sponsorship and to Gordon and Fionnan in the Clubhouse for their assistance. Well done to all involved The scramble winners were :-

1st: John Cuskelly, Cathriona Shanahan, Maurice Coffer, Michael J O'Sullivan.

2nd: Renaldas Bendikas, John Fleming, Noreen O'Mahony, John Joe Healy.

3rd: Alan Flynn, Bridie Brosnan, Dermot O'Connor, John O'Brien.

FIXTURE

On Saturday Feb 11th and Sunday Feb 12th we will hold a single stableford competition on the green course. Online access will open at 7pm on Thursday.

KERRISK WINS HIS SECOND GMIB SINGLES SCRATCH MATCHPLAY

Following a number of delays due to bad weather the final of the 2022 G.M.I.B. Single Scratch Matchplay finally took place at Killeen last Sunday. The final pairing after four rounds of golf were John Kerrisk and Michael Maher. Played off the blues in a strong southerly breeze it was a real test.Kerrisk got off to a fine start and parred the first five holes.He was six up after nine.Maher pulled one back at the tenth when Kerrisk found the water.Both players hit the par five eleventh in two,Kerrisk two putted for birdie as opposed to a par from Maher.A great up and down from forty yards by Maher on the 12th for par after Kerrisk missed for a half kept the match alive. The match finished on the long thirteenth when Kerrisk hit a drive and

a four iron to the back of the green, this was another one of of the great long iron shots he hit all day. A five was sufficient for Kerrisk to win his second Scratch Matchplay in two years

DEERPARK PITCH & PUTT CLUB

ST BRIGIDS DAY WEEKEND DRAWS

Sunday Two Ball Scramble - First Nett: Ger Casey & Sean O'Brien 37, Gross: Gearoid Cronin & Sean Ashe 47 and Second Nett: Sean O'Brien & Aidan O'Keeffe 38. Monday- 3 Player Team, Two Scores Each Hole- Nett: Sean Ashe, Robbie O'Brien Snr & Aidan O'Keeffe 79 2/3 and Gross: Gearoid Cronin, Dave Spillane & Sean O'Brien 101

MICK LONG

The club was saddened to learn of the death of Mick Long on Monday morning. While more commonly associated with the Gleneagle club, Mick was an enthusiastic supporter of competitions where members of both clubs could play at both venues. We offer both his family and his former colleagues in the Gleneagle club our deepest sympathies.

Theresa Cahillane: The club also wishes to offer our sympathies to James Cahillane and his family on the death of his mother, Theresa in the past week.

OPEN MEETING

An Open Meeting of the club will take place on February 27th in the clubhouse. Further details in the weeks ahead.

MEMBERSHIP

Fees for 2023 will be due as of March 1st. Further details in the weeks ahead. Captain Colm O' Shea with Michael Maher and Kerrisk Wins his second G.M.I.B Singles Scratch Matchplay

KILLARNEY GOLF & FISHING CLUB (MEN'S)

SCOTCH FOURSOMES BETTERBALL PLAYED SATURDAY 4TH & SUNDAY 5TH FEBRUARY 2023, ON KILLEEN.

Winners: Sean Curran & Brian O'Keefe; 44pts. 2nd: Muiris Healy & Darragh Kelly; 43pts. 3rd: Andrew Garnett & Michael Anthony O'Donoghue; 43pts.

4th:Louis Holland & Seamus Doheny; 40pts. Best gross; Luke Sweeney & Peter McEnery (76



Kerrisk Wins his second G.M.I.B Singles Scratch Matchplay Captain Colm O' Shea with Michael Maher and John Kerrisk before the final of the final of the Scratch Matchplay last Sunday at Killeen.

BEAUFORT GOLF CLUB (MENS)

RESULTS 5TH FEBRUARY - CAPTAINS DRIVE-IN SCRAMBLE SPONSORED BY LADIES & MENS BRANCH

Winners: Damien Callinan (14), Michael Coffey (21), Bernard Cronin (13) and Patsy Sweeney (25) - Score 46.7

FIXTURES

11th/12th February - Yellow Ball - 3 Person Team (Stableford - Yellow Tees) - Sponsored by Mens Branch.

18th/19th February - Round 1 Spring League (Stableford - Yellow Tees) - Sponsored by Cahillane Butchers

KILLARNEY GOLF & FISHING CLUB

LADIES 3BBB MAHONY'S POINT 13 HOLES Competition played on Sunday 5 February 2023 at Killarney (Killarney-Mahony's Point). 1: Ellen Barry , 32 pts Overall Winner: Evelyn McCarthy Last Nine Holes: Eimear O Sullivan 2: Jane Dwyer, 32 pts Overall Runner-Up: Geraldine Collins, Sinead O'Shea

FIXTURE

Sunday 12th - 3 Ball Betterball Club sponsored Killeen

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Mike O'Shea & Dave O'Callaghan - pictured above with the New Peugeot 231 e208 Allure.

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€20,000	7.8%	5 Years	260	€92.23	€3,978.55	€23.978.55
€30,000	7.8%	8 Years	416	€95.84	€9,864.36	€39,864.36
€40,000	7.8%	8 Years	416	€127.78	€13,149.70	€53,149.70
€50,000	7.8%	8 Years	416	€159.72	€15,437.89	€66,437.89

Table is for illustration purposes only and does not form the basis for a contract. Figures correct as at 07.12.2022.

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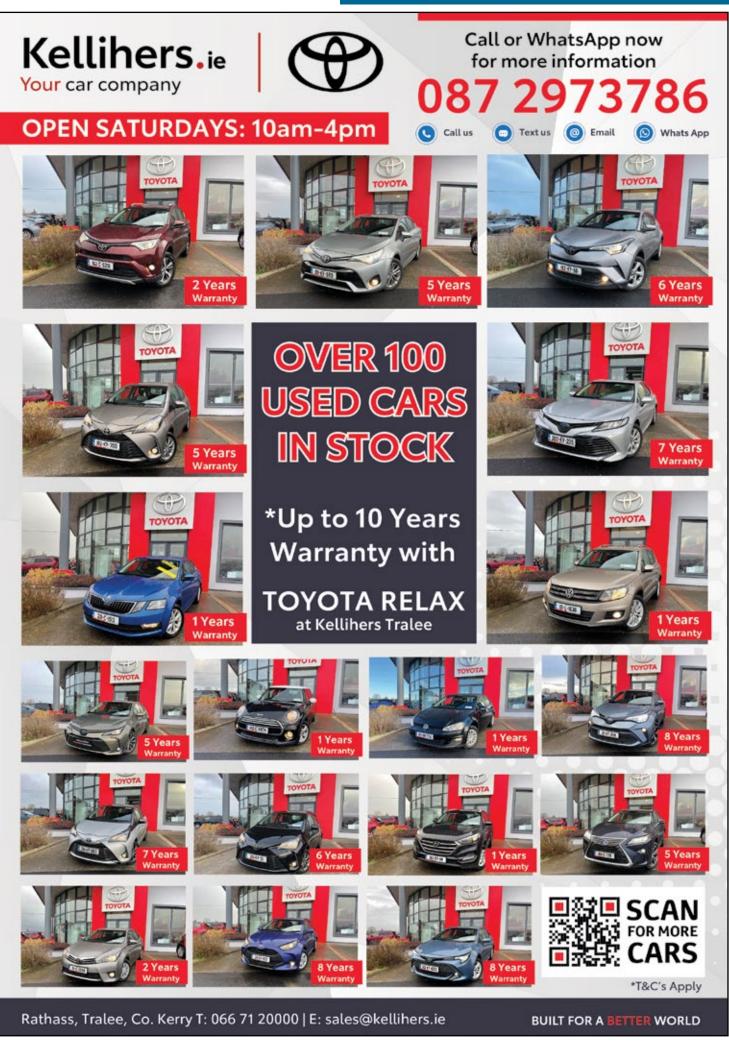


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CELTIC LOTTO

Numbers drawn 5,13, 22, 23. No jackpot winner. Match 3 winner received €150. Next jackpot €12,400 on Monday February 13th. Tickets available from The Dungeon Bookshop, Hegartys Park Rd, club members and online through clubforce.com

PREMIER A

Killarney Celtic 2, Killorglin AFC 1

Stephen McCarthy, Wayne Sparling Celtic warmed up for their trip to Dublin with a win over Killorglin last Saturday night. Celtic opened the scoring through Stephen McCarthy in the 1st half and doubled their lead in the 2nd half through Wayne Sparling before Killorglin pulled 1 back. Next up is the FAI Junior Cup away to Tallaght Utd this Saturday in the VEC grounds in Terenure.

YOUTHS PREMIER

Killarney Celtic 2, St Brendans Park

Dara O'Shea, Eoghan Crowley

Short a few regulars the youths tried valiantly to hold out but St Brendans Park finished strongly to take the points.

U15 DIV 1

Killarney Celtic 1, Mastergeeha 3

Samuel Scroope

Celtic opened the scoring but leaders Mastergeeha came back in the 2nd half to claim the honours.

U13 PREMIER

Fenit Samphires 2, Killarney Celtic 5

Lachlann Scannell 3, Marco Mosca, Pa McCarthy, Kiernan Kelly

A powerful 1st half laid the basis for this win. Celtic opened the scoring when Marco Mosca headed home from a Stephen Shine cross. Lachlann Scannell added 2 more to leave Celtic 3 up at the break. Fenit pulled 1 back but Celtic responded with Kiernan Kelly and Pa McCarthy finding the net before Fenit grabbed a goal to leave Celtic winners on the day.

U13 DIV 1

St Brendans Park 8, Killarney Celtic 3

Majid Khaleel 2, Conor O'Leary

A slow start meant a difficult 1st half for the 13B squad who kept trying and were rewarded with 3 goals for their efforts.

GIRLS U16 PREMIER

Inter Kenmare 0, Killarney Celtic 1 Katie Foster

In a tight hard fought encounter Celtic just

edged out a brave Inter Kenmare who were playing their 1st game since the sad passing of their team mate Saoirse Buckley. Both teams observed a minute's silence before the game. Goalless at the break, Celtic got the winner when Katie Foster finished to the net. This win sees Celtic remain at the top of the league.

U14 PREMIER

Listowel Celtic 1, Killarney Celtic 1 Jessica Leggate

A free kick by Jessica Leggate gave Killarney a share of the spoils against a Listowel team who piled on the pressure in the 1st half. Listowel led 1-0 at half time before Killarney came back into the game to claim a point which kept Killarney in contention for the league.

U12 PREMIER

MEK 5, Killarney Celtic 0

KILLARNEY ATHLETIC

UNDER 13 DIVISION 1

Killarney Athletic B 4-5 St Brendans Park FC B A Cracking game of football this afternoon at Woodlawn with the young blues just coming up short. Park opened the scoring on 20 mins with a well worked move. Shane Tomlinson hit back for Athletic just before the break with a long range effort that found the top corner. Athletic found themselves behind again just after the restart to which the response was instant, a goal from Luke Foley and a brace from Darragh Fitzgerald saw Athletic race into a deserved 4-2 lead. To their credit Park stuck to the task and netted 3 goals in the last fifteen minutes to see them take all three points back to Tralee. Thanks to the visitors for a sporting fixture and we look forward to our cup fixture in the coming weeks.

Killarney Athletic Bs 7-0 Lisard Wanders B

Goals from Darren O'Doherty, Shane Lynch, Jason O'Grady, Cian Tobin, Adam O'Connell

Killarney Athletic Bs came up against a stubborn Lisard Wanderers in ferndale on Sunday afternoon. After a period of pressure Darren O'Doherty found the back of the net after a sublime cross from Conor Collins and this seemed to open the floodgates. Minutes later after a delicate Jason O'Grady through ball, Shane Lynch found himself one on one with the Lisard keeper and he calmly found the bottom corner. Just before the break Jason O'Grady latched onto a loose ball in the box and made it 3-0 at the break. Lisard kept their shape well in the second half but after Darren O'Doherty dispatched a penalty he won himself and a number of fresh legs from the Athletic bench the game was soon put to bed. Shane Lynch set up substitute Adam O'Connell for a fifth before Cian Tobin rose highest to header in at the back post. Athletics clean sheet was nearly wiped out when the Lisard striker slid his finish past 'stand in' keeper, Ryan O'Carroll but Cillian O'Regan was there to make a last ditch clearance. With the last kick of the game O'Doherty completed his hat trick and Killarney Athletic ran out 7-0 winners. UNDER 13 NATIONAL CUP

Killarney Athletic 1 Wicklow Rovers 0

Athletic welcomed Wicklow Rovers to Woodlawn for a last 32 tie on Saturday afternoon. Athletic started well and pushed the early pace . With Conor Moynihan, Alan Scannell and Enna Hennigan all looking dangerous going forward. Athletic easily could had the game out of sight in this first period with hitting the bar and one cleared off the line , plus numerous other chances flashing passed the post. In second period Wicklow lads to their credit came bk at athletic and had their own chances but Ethan Clark, Sean Lyne, paddy Noonan, Adam Moynihan, Micheal O Sullivan and Eoin Bennett and Callum Cox all defended brilliantly all day. In midfield Jayden Hurley, Brendan McHugh and Cian Hegarty covered loads of ground to keep the tie in the balance. And up front Eric Corcoran and James Callaghan Max Moynihan all made an impact on the tie. The winning goal came from a Wicklow throw in where Jayden Hurley intercepted the ball played in Cian Hegarty who then found Eric Corcoran who kept his cool to finish into the Wicklow Rovers net. A great occasion for the lads and a round further than last season. Thanks to Wicklow for a great game. but big thanks to all the people from Killarney who came to support the boys

BALLYHAR DYNAMOS FC TEAMS

The club had three clubs in action the past weekend.The U13 Premier Division team made the trip to Castleisland where they came away with a 0-2 victory in a workmanlike performance. Ryan Vickers set up Ryan Quilter to take an early lead. Ballyhar led 2-0 at the break after Callum Templeman set up Quilter for his second goal. The second half was an even game with Jamie O Brien excellent at the back & he was well supported by Shane Edwards, Jack Kelly, Daire Cornally & Sean O Leary Griffin in an excellent squad effort.

The U13 second team made the short trip to Fossa to take on MEK Galaxy in a Division 2







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fixture and came away with a 0-2 win thanks to a fine goal by Alex Kelly with Killian O Sullivan doing good work out the field. O Sullivan got his reward just before half time when a combination of good play by Alan Mrotex & Jack O Leary set Killian up for a fine team goal .Odhran Leslie & Fionn Clifford were also impressive on the day.

The U17s lost out to Iveragh FC 2-3 at Murt Scott Park on Saturday afternoon. The game was tied at 1-1 at the break with Gearoid Quirke equalising on the stroke of half time after a Robert kelly free kick into the box.

Iveragh led 1-3 on 70 minutes but Colm O'Sullivan set up an exciting finish when he finished a Michael o Sullivan corner kick. On the day in a brave effort Damien O Connor, Jack Dicker, Eoin Walshe, Luke Henderson, Micheal Fitzgerald & Goalkeeper Sean O'Sullivan were excellent.

TEAM OF THE WEEK

Well done to Seoidin Scanlan & Alex Finn who were selected on the recent team of the week on the KSGL & KSBL teams.

CONDOLENCES

The club offers its sympathy to the Prendergast & Flynn families, Firies on the recent Passing of Steve. May He rest in Peace.

MEK GALAXY

U12 GIRLS PREMIER

MEK Galaxy 6 Killarney Celtic 0

A big result for the girls against our neighbours. Scorers for MEK: Isabelle O'Connor 3, Megan Quigg 2 and Ava Harty. Player of the match shared between Ava Harty and Grace Barry.



Killarney Celtic U13A squad vs Fenit

U14 GIRLS

MEK Galaxy 0 St. Brendan's Park 2

A good display by the girls against a good Park side. We tried hard but the result was not to be for us. Players of the Match were Lia Walsh and Zoe Daly. Boys

UNDER 13 DIVISION 2

MEK Galaxy B 0 Ballyhar Dynamos 2

Things did not look good when we found ourselves 0-2 down at half time, however a spirited second half saw us come back into the game but finding the important goals was not to be. Thanks to Ballyhar for a sporting game. UNDER 14 NATIONAL CUP LAST 32

Our under 14's made the long trip to Dublin for their Last 32 game against Belvedere FC. A club

who has had many Irish Internationals pass through their ranks including former Spurs man now with Athletico Madrid Matt Doherty and Troy Parrot former teammate of Matt's at Spurs now on loan at Preston North End. Belvedere gave a master display and deservedly won the game well. Despite the defeat it was a great experience for our lads who did the club proud. Our Annual Club Quiz night was held in The Golden Nugget, Fossa last Friday night. It was a huge success and the club want to thank all who came out to support us. Also, a big thank you to Caroline and Mark Hallissey, along with all the staff of The Golden Nugget for a great night.

Mark Carey signs for Kerry FC ahead of the 2023 season

Kerry FC has announced the signing of Mark Carey from Cork City ahead of the SSE Airtricity League campaign which opens up in just 10 days' time with a clash against Cobh Ramblers in Mounthawk Park, Tralee.

Carey, a nineteen-year-old centre back is a welcome addition to the squad as preparations intensify ahead of the opening game next week. The young Cork man signs from Cork City FC's academy where he played in the Under 19 League of Ireland for the past 2 seasons. Previous to his stint in Cork City, Carey played under Darren Delaney in Cobh Ramblers at under 17 level. Mark also holds an SFAI National Cup medal at under 15 level while playing for College Corinthians.

Following his official signing for Kerry FC, Mark Carey said "I'm excited to play with Kerry FC's first-ever senior SSE Airtricity League of Ireland team. I can tell by the attitudes of the coaches, players and all the staff here in Kerry FC that we are going to achieve great things this year and for many years to come. I'm looking forward to getting started."

First Team Manager Billy Dennehy said "Mark is a young player coming into us from Cork. I was made aware of Mark by my brother Darren who coached Mark going back a few years ago now with the Cobh under 17s. He is a player with all the attributes to play at the top level but ultimately like all young players his development and his growth will all depend on his attitude and commitment to improving over the coming months. He is definitely a young player we are very excited to have here in Kerry FC"



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OUTLOOK BASKETBALL

INSUREMYVAN.IE NATIONAL BASKETBALL LEAGUE - UL ARENA SCOTTS LAKERS 68 LIMERICK SPORT EAGLES 116

It was a tough night at the office for Scotts Lakers as they struggled to live with a Limerick Sport Eagles side who were absolutely rampant from the get go and although there was a brief rally in the second quarter at no stage did the result look in doubt. The Limerick side had lost Manny Payton to Chile pre Christmas and there may have been a hint that they would find it hard to replace such a talismanic figure. But in Brendan Barry they found a perfect replacement. He tormented the Lakers in the opening quarter, hitting five three pointers, and although not as prolific for the remainder of the game he still popped up with a big score at his leisure. Besides Barry eight other members of the Eagles squad contributed to the scoreboard and in horse racing parlance, they won pulling up.

It was a disruptive week for the Lakers with centre Aron Walker returning home and without the influential Ronan Collins and Jack O Sullivan they struggled to get any foothold on the game. Nikola lvkovic got the Eagles flying out of the nest early and alongside Barry and the imposing Jason Killeen they opened up a 12-5 advantage. Paul Clarke opened brightly for the Lakers, hitting their first five points and the game settled for a period with Jack Ferguson, Marko Bencic and Rui Saravia all netting. At 20-11 the game was still in hand but the home side ,with Barry netting three rapid fire threes and Sammy Bah and Stephen King also scoring, opened up a game-defining gap. Eoin Carroll and Paul Clarke netted further baskets and Ferguson's last score of the quarter saw Limerick lead 38-18.

The second quarter saw the Lakers play with more abandon and spirit and with three minutes to go in the half the gap was down to eight, 49-41. Between Clarke, Ferguson, Bencic and Senan O Leary they combined for six three pointers and Eoin Carroll added further to his tally. At this juncture the game looked well poised but Jason Killeen, Jack Coyne, lvkovic and Ryan Walsh unmercifully put their boots down and all the Lakers could muster in reply was two Mark Sheehan free throws. A 17-2 scoring run had Limerick almost out of sight, 66-43.

There was no threat of a let up in the third quarter, with Killeen, lvkovic and Barry to the fore but Jamie O Sullivan and Bencic did hit threes, Saravia and O Leary also netting and the lead was increased to thirty five, 93-58. The fourth quarter got no better as Ryan Walsh began to enjoy himself by running amok with 11 points. Mark Sheehan did hit a three , Ferguson, Clarke and Saravia also adding points but truth to be told it was a painful wait for the final buzzer for the visitors . When it did eventually sound the scoreboard did not make pretty reading at 116-68 on a night to forget for the Lakers. The result puts a huge dent in their play off hopes and with the Limerick Celtics defeating Fr Matthews in the other top four clash it is the Limerick sides that now hold sway in the Southern Conference.

Paul Clarke and Jack Ferguson had 13 each, Marko Bencic(12), Senan O Leary(10), Rui Saravia(6), Jamie O Sullivan(5), Mark Sheehan(5), Eoin Carroll.

For the high flying Eagles Brendan Barry had a game high 29 points, Jason Killeen and Ryan Walsh had 17 apiece and Nikola Ivkovic (13).

The Lakers are on the road again this weekend with what must be one of the first, if not the first, trip to Drogheda for a Killarney basketball side. The Drogheda Wolves are a new addition to the National Basketball league and they certainly have made their presence felt. They sit just outside the top two in the Northern Conference and notably travelled to Limerick pre Christmas and defeated the Eagles. They are yet to win in 2023, losing surprisingly to Team North West and more recently Ulster University. But they will be looking to the recently arrived Lemmie Howard Jnr, Tiago Pereira and Stephen Safo to help them bounce back. Bouncing back is something the Lakers will have to do as well in the Ballymakenny College gym. Tip off is 7.30pm.

MISSQUOTE.IE WOMENS BASKETBALL LEAGUE ST PAULS 108

SETU CARLOW 77

KILLARNEY SPORTS AND LEISURE CENTRE SATURDAY FEBRUARY 4TH 4.30PM

St Pauls were made to work all the way by a game SETU Carlow side before they eventually made their superiority count and cemented their place at the top of the MissQuote.ie Women's Basketball Southern Conference table. With Portlaoise Panthers overcoming Limerick Celtics on Saturday afternoon there is now clear daylight between St Pauls and the Limerick side in third place. With two progressing from the Conference to the playoffs you would stop short of saying it's a steering job from now on for St Pauls but the truth is four wins from their last six games would put them in the box seat. But if every team they play carries the same ethic as this SETU Carlow side they know they will have to continue to do the basics right and play to the standard that has them on the doorstep of the playoffs.

In a tight first quarter they would be thankful for the presence of Rheanne O Shea, who shot thirteen points alone in that period, and they were all needed as Carlow made a very bright opening. Miah Ryan and the heralded Scout Frame had the visitors in an 6-4 lead when O Shea landed the first of her three pointers. Kiely Gelston threw in one of her own to wrestle back the early initiative but Sofia Paska and the recently introduced Lorraine Scanlon hit back to make it 10-9 for the home side. O Shea struck again with another three but Miah Ryan, Gelston and Frame kept Carlow with their noses in front at 21-19 with two minutes to go. After a mid quarter siesta O Shea came back on to hit a further seven points and Teieda ensured Pauls were in front at quarters end, 28-25.

Siofra O Shea , fresh from leading the Kerry Ladies to National league success over Donegal, was introduced at the start of the second quarter as Pauls made the stronger start as Teieda and Paska made it 34-26. Rheanne O'Shea was up to her tricks again with another three and Lynn Jones then followed suit with one of her own. Scout Frame was battling to keep Carlow in it with good support from Emma Carrolland they reeled the lead back to five, 41-36. But Pauls kept the tempo up with Lynn Jones netting from downtown as did Aisling O Mahony. Lorraine Scanlon, fresh after her Kerry Ladies football cameo, also found the target alongside Paska and not even a late Emer Dunne basket could prevent Pauls leading 54-40 at half time.

Carlow started the third quarter with abandon and baskets from Scout Frame and Miah Ryan closed the gap, 58-49. Jessica Quirke was now on court for St Pauls as Paska and Lynn Jones sensed the danger to push the home side clear again. Jones was enjoying her best outing of the season and the lead was now out to seventeen, 71-54. Emer Dunne and Lorraine Scanlon exchanged baskets but Pauls led 77-56 heading into the final quarter.

Yuleska Tejeda took the fourth quarter by the scruff of the neck as a fresher home side preyed on every mistake a tiring Carlow side was making. Having been reintroduced Aisling O Mahony hit from downtown and Tejeda was now rampant and scoring at will. Joanna Ryan, to her credit, never gave up the fight, her quick fire eight points cut the gap to twenty-one, 88-67, but Rheanne O'Shea with a three and Tejeda really put the tin hat on it with points in quick succession. With the game safe the bench was emptied and it saw Katie Brosnan and Cassandra Buckley find the mark as St Pauls ran out , in the end, convincing 108-77 winners.

Overall Coach James Fleming will be satisfied to get another win under their belts, shooting

OUTLOOK BASKETBALL

eleven three pointers in the process but if one was to be hyper critical the concession of 77 points to a not so prolific Carlow side might be a source of a little annoyance.

Yuleska Tejeda led the scoring with 35 points, Sofia Paska had 20, Rheanne O Shea (19), Lynn Jones(16), Lorraine Scanlon(8), Aisling O Mahony(6), Katie Brosnan(2), Cassandra Buckley(2), Denise Dunlea, Leah McMahon, Siofra O Shea, Jessica Ouirke.

For Carlow Scout Frame was best with 29, Kiley Gelston shot 16, Miah Ryan had 13, Joanna Ryan(8), Emer Dunne(6), Emma Carroll(3), Shannon Whelan(2).

Next Saturday night, February 11th, sees the Marble City Hawks visit the Killarney Sports and Leisure Centre. It's a repeat of the opening day fixture where St Paul's visit to Kilkenny was a fruitful one, winning



Killarney Cougars National team versus SET University Carlow. Action Picture Killarney Cougars v SETU Carlow

82-42. On that occasion the Hawks were minus the services of Caleigh Raby. She arrived mid season and her appearances definitely coincide with an improvement in performance. She joins fellow import Tiana Stewart in the line up and the duo

combined for 36 points in last weekend's 62-54 victory over Limerick Sport Huskies. Ann Prendergast, Elaine Kennington and Fiona Whitely are also one to watch. Tip off is 7.30pm.





JIMMY O'SULLIVAN-DARCY takes a look at all things sport...



Ruairi Murphy and Paudie Clifford in action for Kerry against Monaghan at the Fitzgerald Stadium. Photo: Tatyana McGough, Fitzgerald Stadium PR.

the Fitzgerald Stadium. Photo: Tatyana McGough, Fitzgerald Stadium PR.



FOOTBALL National League: Kerry 2-16 Monaghan 0-14

That last minute loss to Donegal last week put us under pressure. You can argue that we were unlucky, or you can point out that it was in our own hands and we let it slip. That's all water under the bridge now anyway. With modern scheduling, you don't have a lot of time to reset and start again. I notice that Colm O'Rourke, who has made a brilliant start over Meath complained about the National League clashing with the colleges games, which should be moved back before Christmas. No, Colm. I have massive respect for that man; I really do, but we have too many players going eleven months in the year already in an amateur sport. Please let's leave December alone. That isn't a huge factor for Kerry this year; we have surprisingly few players left in the latter stages of the Sigerson - might be a coincidence, might be a weather sign. Paul Walsh did score one of the Sigerson goals of the year, but he isn't on our senior panel at the moment.

Regardless, Kerry needed to win here, especially on their own ground. And did. In fact, once Kerry got going, they looked very good, albeit it is only fair to point out that Monaghan, while never easy, are certainly not the force of old. There was a decent crowd. Not as big as I had expected, considering that it's the All Ireland champions playing at home, but I heard more than one person comment that €18 for a second round in the National League is steep enough. Full credit to those Monaghan supporters - and they were lovely people – who made the long journey.

Monaghan's Conor McCarthy slotted an early free coughed up by Barry O'Sullivan, but an early burst by Pa Warren earned a similar score from Tony Brosnan. Dessie Ward, Monaghan's best player for me, scored a long range beauty. Darragh Roche has been flying for Kerry of late and once again had a defence mesmerised as he smoothly slotted over with his left leg. Micheál Bannigan nudged Monaghan back in front with a free.

Kerry were beginning to hit their stride though. Tom and Graham O'Sullivan were pushing forward and good Kerry movement saw Tom pick off a trademark score. Straight from the kick-out Kerry won a free converted by Tony Brosnan

Donal Down O'Sullivan, the first Kilgarvan man to line out for the Kerry senior footballers, gathered on the wing from Dara Moynihan. Ninety per cent of players would have recycled took one glance and bombed it straight over the bar. You simply can't defend against that kind of skill.

Another foul by Barry O'Sullivan saw Conor McCarthy notch a free and the Dingle man go into the book for persistent fouling - no big deal, I was quite happy with his work-rate, especially in defence, and they were what I call 'honest' fouls. Midfield was a little bit messy and uncontrolled by both sides, but Kerry's half forward line all worked like trojans; that often unappreciated hard work is key to winning games.

Defenders on both sides were overlapping the play with outside players dropping back to cover - that is the modern game - and Kieran Duffy won a free converted by Micheál Bannigan. 0-5 apiece, but I felt that Kerry were the better side here.

Micheál Burns won a free for Tony Brosnan to point. Shane Murphy had to be guick off his line to fist clear, but Conor McCarthy scored a superb point under pressure.

Tony Brosnan wasn't getting much leeway inside and moved out around the forty. I am so used to see him as the main scoring threat at club level that I forget how good a playmaker he is; his absolutely clinical passing rapidly became a massive problem for Monaghan. Dara Moynihan landed a confident score. Donbal O'Sullivan gathered from Tony to double his tally. Before half-time, Micheal Burns, a bundle of energy all day, closed out the first half scoring.

Half-time Kerry 0-10 Monaghan 0-6

Tony Brosnan scored an early second half free won by Donal O'Sullivan. Stephen O'Hanlon replied, but a sublime pass from Tony Brosnan saw Donal O'Sullivan try to audaciously lob the keeper - in fairness to Rory Beggan, he managed to tip it over his bar, but I loved the ambition in the attempt. It didn't take long for a Kerry goal to arrive, Darragh Roche jinking past the hapless Beggan for a very cool finish after good Kerry inter-play in the build-up.

Monaghan weren't giving up the ghost and scored the next three points through Micheál Bannigan and Conor McCarthy (2f). But Kerry weren't letting their grip slip. Adrian Spillane contemplated going for goal for a split second but contented himself with a good point. Then came the game's highlight. Paudie Clifford is an All Star and he is simply different gravy. He gathered the ball just past midfield and started forward. And accelerated. And accelerated again, sliced inside just as Monaghan were starting to realise just how easily he was slicing through them, and fired it to the net. As the late Jimmy McGee was wont to say, "different class". Tom O'Sullivan swung over with his left leg. Killian Spillane took and executed a mark from another great Tony Brosnan pass. Karl Gallagher pulled one back, but realistically Kerry had this one in the bag.

Rory Beggan was drifting further and further out, and almost got caught when Paudie Clifford went for the empty net from distance. It curled wide, but sent a warning note. Look, there's a modern theory that having the goalkeeper coming out (Beggan is a club midfielder) gives extra width to a team. I'm not a fan, the risks always outweigh the rewards for me. The good teams don't need to overcomplicate things like that. Paudie did slot a

ALL THINGS....SPORT

point soon afterwards.

Karl Gallagher kicked a point for Monaghan but their challenge was fading. Kerry kicked another two wides (they would kick ten wides in total compared to Monaghan's two). O'Hanlon and Duffy kicked a few last scores for a fading Monaghan, but Kerry had one last flourish, Paudie Clifford and Tony Brosnan combining to tee up Donal O'Sullivan for a third goal.

I thought that having a Templenoe captain in Tadhg Morley present the man of the match award to Donal Down O'Sullivan from Kilgarvan was both a lovely touch and a serious statement about Kerry football. In most counties, you need to be playing for a top club to be featured prominently. In Kerry, the measure is never the size of your parish. Good enough will always get the chance to be great.

Kerry: Shane Murphy, Graham O'Sullivan, Jason Foley, Tom O'Sullivan (0-2), Pa Warren, Tadhg Morley, Paul Murphy, Jack Barry, Barry O'Sullivan, Micheál Burns (0-1), Dara Moynihan (0-1), Adrian Spillane (0-1), Tony Brosnan (0-4, 4f), Darragh Roche (1-2), Donal O'Sullivan (1-3). Subs: Paudie Clifford 1-1 (for Dara Moynihan, 46 mins), Killian Spillane (for Darragh Roche, 53 mins), Stefan Okunbor (for Barry O'Sullivan, 53 mins), Greg Horan (for Pa Warren, 56 mins), Ruairí Murphy (for Adrian Spillane, 59 mins). Monaghan: Rory Beggan, Ryan O'Toole, Kieran Duffy (0-1), Ryan Wylie, Conor Boyle, Dessie Ward (0-1), Kevin Loughran, Killian Lavelle, Colm Lennon, Stephen O'Hanlon (0-3), Micheal Bannigan (0-3, 2f), Joel Wilson, Conor McCarthy (0-5, 4f), Karl Gallagher (0-1), Shane Carev, Subs:

Darragh Treanor (for Colm Lennon, half-time), Gary Mohan (for Joel Wilson, 40 mins), Thomas McPhillips (for Kevin Loughran, 55 mins), Sean Jones (for Shane Carey, 59 mins), Shane Slevin (for Ryan Wylie, 68 mins). Referee: Conor Lane (Cork)

HURLING National League: Kerry 1-22 Derry 0-14

I won't lie about it, I was actually very worried about this one. Last year we got off to a bad start in the league and we ended up more or less chasing that all the way through. Our Munster Senior League display against Limerick was disappointing – not because I had expected us to match the All Ireland champions head to head, but because I thought we were formless in structure that day. I've never believed in the nonsense that 'there's no such thing as a blanket defence' in hurling, that's always been some sort of pseudo-partisan rubbish, but you certainly can't park on your half-way and watch the sliotar fly over your head all day. I know Derry aren't Limerick, having just come up themselves and missing a lot of players on the day, but Celtic Park is a long distance to travel when you really need to win this one.

I really think that Kerry will be happy overall. They got a great game of it, with just two points between them after fifty minutes, but I'd prefer the test to a cakewalk. Derry are almost certainly going to struggle at this level, but I'd expect they will be reasonably happy with the heart they showed for the contest.

Pádraig Boyle opened with a free but James Friel struck back with two for Derry. Worse for Kerry, Colin Walsh, who has been playing very well of late, picked up a very early red card. Kerry responded well. Daniel Collins slotted two points and Daithí Griffin another. Padraig Boyle, captain on the day, picked off another two frees. James Friel pulled one back but Shane Conway neatly took a sniper's point and Boyle made it 0-8 to 0-4. Paul Cleary and Shane Conway exchanged scores before Boyle stretched the gap top five and Daniel Collins made it six.

Derry put over the next three points through Friel and John Mullan to stray in touch, but pressure was beginning to tell as Derry picked up two yellow cards and Pádraig Boyle nailed another two frees. I won't say Kerry looked home and hosed at half-time, especially considering that they were playing with fourteen men, but at 0-13 to 0-8 ahead, I'd say no Kerry supporter were biting their nails either.

Both sides made changes at the break. Boyle and Cormac O'Doherty exchanged frees to open the second half scoring. Eoin Ross, who had another stormer alongside Fionán Mackessy, addded his name to the scoresheet. Credit to Derry. I have a soft spot for underdogs anyway, and they showed fantastic spirit. Meehaul McGrath pulled one back. James Friel notched yet another free, as did Cormac O'Doherty, before Ritchie Mullan pointed from play. 0-16 to 0-14. The fat wasn't bubbling in the pan yet, but it was definitely sizzling a small bit! Kerry needed to kill off this challenge before Derry got a grip of the game, and in fairness they did so in style. Padraig Boyle landed another free and Daithí Griffin stretched the gap back to four. Then came one of those wayward moments that happen in games, as the sun-blinded Derry keeper completely misread Paudie O'Connor's long ball as it slowly and cruelly bounced over the line.

Kerry took over after that, Boyle with two more frees, Keith Carmody with two well-executed scores, and Eoin Ross with a late goal to ice the cake fully. Kerry weren't lucky by any means here, they were full value for a hard-fought win, but an 11 point gap was no fair reflection on the home side.

Kerry: John B O'Halloran, Conor O'Keeffe, Tadhg Brick, Evan Murphy, Eric Leen, Michael Boyle, Eoin Ross (1-1), Fionan Mackessy, Daniel Collins (0-3), Shane Conway (0-2), Colin Walsh, Daithi Griffin (0-1), Niall Mulcahy, Dan Goggin (0-2), Padraig Boyle (0-11, 11f). Subs: Brandon Barrett (for Niall Mulcahy, half-time), Kyle O'Connor (for Tadhg Brick, half-time), Keith Carmody 0-2 (for Dan Goggin, 55 mins), Paudie O'Connor 1-0 (for Evan Murphy, 55mins), Philip Lucid (for Pádraig Boyle, 63 mins).

Derry: Eoin Mulholland, Seán Cassidy, Mark Craig, Ronan Mullan, Sean Francis Quinn, Richie Mullan (0-1), Meehaul McGrath (0-1), Corey O'Reilly (0-1), John Mullan (0-1), Cormac O'Doherty (0-4, 4f), Paul Cleary (0-1), Darragh McGilligan, James Friel (0-5, 5f), Pádhraig Neilis, Reese McSorley. Subs: Calum O'Kane (for Ronan Mullan, half-time), Cathal Quinn (for Reese McSorley (52); Cormac Gough (for Pádhraig Neilis (60); Aimon Duffin (for Paul Cleary, 66 mins), Daire Kelly (for Corey O'Reilly, 75 mins) Referee: Colm McDonald (Antrim)

KERRY LADIES National League:

Kerry 2-10 Donegal 1-11

Halcyon days for the Kerry Ladies with three wins from three in their return to Division One, a better return than I or almost anyone was



expecting. The first two were won by a single point, and this one went all the way down to the wire as well.

Donegal almost drew first blood when Ciara McGarvey cracked a great effort off the crossbar, with Shannon McGroddy slotting over the rebound. That only seemed to ignite Kerry, though. Louise Ní Muircheartaigh, on her first start of the campaign, opened Kerry's account. Captain Siofra O'Shea and camogie star Patrice Diggin added two more before Louise made it 0-4 to 0-1. To be fair to Donegal, losing Catherine McKeown so early in the game to injury didn't help their cause. They got right back into it, though, when the outstanding Susanne White neatly fisted Tara Hegarty's pass to the net. She guickly added a free to nudge Donegal in front (1-2 to 0-4) but Louise Ní Muircheartaigh slotted two of her own and a point from play as well. This was fast, good football from both teams, really good to watch, pressure on turnovers and fast breakaways. Coming to the end of the first half, keeper Aoife McColgan slotted an angled free but Louise was on fire here and split the posts again before the whistle.

Half-time Kerry 0-8 Donegal 1-3

There were brilliant individual contests all over the field, but it already looked like it would come down to a shootout between the two star forwards, with Susanne White (2, 1f) and Louise Ni Muircheartaigh (2f) both quickly adding to their growing tallies with a brace each. Both sides were starting to run their bench now in an energy-sapping contest. I believe that Kerry's panel depth this year is as good as I have seen in a long time, and the fact that you can have talents like Lorraine Scanlon, Hannah O'Donoghue, and Niamh Ni Chonchúir coming on as subs underlies that.

Donegal trimmed the gap to one, 0-10 to 1-6, with another Susanne White free. Nerves were beginning to crackle a small bit with just ten minutes left to go, but Siofra O'Shea pounced on a long ball from Niamh Ní Chonchuir and Siofra doesn't miss chances like that. 1-10 to 1-6. Susanne White cut the gap back to a goal, but Kerry had the wind in their sails now and an expertly despatched penalty left Donegal with too much to do. They did put in a great effort, but all they could muster were points from Cáit Gillespie and a last Susanne White free. They needed goals and this Kerry team are too battle-hardened in these situations by now to cough up those chances easily.

Kerry: Mary Ellen Bolger, Ciara O'Brien, Kayleigh Cronin, Aoife Dillane, Ciara McCarthy, Emma Costello, Aishling O'Connell, Mary O'Connell, Cait Lynch, Patrice Diggin (0-1), Niamh Carmody, Anna Galvin, Siofra O'Shea (1-1), Rachel Dwyer, Louise Ní Mhuircheartaigh (1-8, 4f, 1-0 pen). Subs: Lorraine Scanlon (for Niamh Carmody, 41 mins), Niamh Ní Chonchúir (for McCarthy, 41 mins), Hannah O'Donoghue (for Rachel Dwyer, 41 mins), Caoimhe Evans (for Patrice Diggin, 49 mins), Fiadhna Tangney (for Anna Galvin, 54 mins), Ciara Murphy (for Ciara O'Brien (54), Eilís Lynch (for Aoife Dillane, 54 mins), Louise Galvin (for Mary O'Connell (58), Keri Ann Hanrahan (for Cait Lynch, 62 mins). Donegal: Aoife McColgan (0-1, 1f), Niamh Carr, Evelyn McGinley, Saskia Boyle, Amy Boyle Carr, Emer Gallagher, Tara Hegarty, Shelly Twohig, Roisín Rodgers, Susanne White (1-8, 6f), Katie Long, Laoise Ryan, Catherine Boyle, Shannon McGroddy, Ciara McGarvey. Subs: Caoimhe Keon (for Catherine Boyle, 5 mins), Nicole McLaughlin (for Roisín Rodgers, 41 mins), Jodie McFadden (for Saskia Boyle, 42 mins), Cáit Gillespie 0-1 (for Katie Long, 49 mins), Danielle McDevitt (for Shannon McGroddy, 60 mins). Referee: Shane Curley (Galway).

KILLARNEY CAMOGIE CLUB

Killarney Camogie Club returns to training this Friday night 10th Feb for under 8 and under 10 girls. Takes place in Spa GAA hall from 6-7pm. New and returning players most welcome. Hurleys & helmets provided. Bring a friend to try it out. For further info, contact Sarah Breen Secretary 087-9849043

BOXING

Pride in Defeat For Kingdom Warrior The best boxing match of last year was unquestionably that classic between Katie Taylor and Amanda Serrano. Last weekend Kevin Cronin took the journey up to Belfast to face reigning champion Jamie Morrissey from Limerick with the BUI Celtic light heavyweight title on the line, and it was a real contender for this year's fight of the year already.

You could tell instantly how much work both boxers had put in. Both looked primed and ready and they both went for it straightaway, real no-holds-barred let's get it done kind of boxing. Morrissey, a former Muay Thai champion, landed a few early jabs but Kevin replied with two great sweeping left hooks out of nowhere. I thought Kevin landed one or two more punches in that first round to just about shade it, though Morrissey landed a good one just before the finish.

Morrissey came out strong in the second and swung some big ones, but Kevin has too much craft to walk into those mantraps and picked off some nice ones himself. Again I thought Kevin edged it, but very close.

Morrissey was learning a bit about Kevin's power and he rightly concentrated on distance, with Kevin looking to close in. Both fighters were throwing good shots and both fighters were taking a bit of damage. The third and fourth rounds were fairly even; Morrissey might have shaded them.

Morrissey definitely looked strong early in the fifth, with Kevin having to bob and weave against some very close attempts. He kept his composure perfectly, though, and produced a brilliant response. It wasn't Ali's old rope a dope trick; Morrissey is far too wily to fall for that, but once Kevin landed one great uppercut, suddenly it was Morrissey on the back foot and Kevin in control.

Kevin took a right hand in the sixth that knocked out his gumshield, but again remained unruffled and replied with another beautifully timed left hook.

Kevin had absorbed the worst that Morrissey could throw – and Morrissey could throw a lot

- but now it was the Kerryman's turn to go at his tiring opponent. He won the seventh clean and clear. In fact, it looked very much to me like Morrissey was only hanging on until the bell, he looked absolutely ragged by the end of the round.

Obviously I'd be supporting the Kerryman, but to be honest I had to really admire Jamie Morrissey. He had to clinch a good bit to get through the final round, but he did enough, just about. Kevin landed more punches, but it wasn't one-way traffic by any means. If the fight had gone on for another round, I have no doubt that Kevin would have won it.

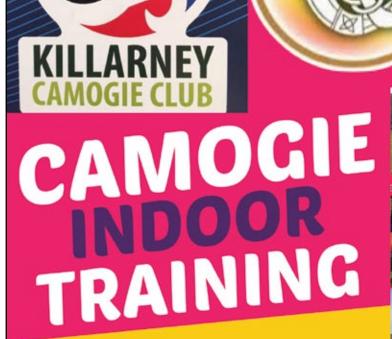
Did he win it anyway? Look, I'm always a little bit sceptical when there are controversies about a decision, especially when it comes from promoters and there are potential rematches to be made. I thought Kevin Cronin just about shaded a brilliant fight, but I'm not knowledgeable enough to make that call. What I can say is that both boxers showed absolute class in the aftermath. Kevin tweeted "I'll stay professional and not gonna comment in the result, congratulations @j_morrissey___ what a war congratulations Think a rematch down south would do some serious numbers" I agree with every word, and hopefully that will happen sooner rather than later.

CORN UÍ MHUIRÍ FINAL PREVIEW St. Brendans Killarney v St. Francis Rochestown, Saturday Feb 11th, 1.00pm in Mallow



On paper, the Sem are coming into this loaded with cannon. The reigning champions just mised out on a Hogan last year at the final stage, and have the likes of Cian Lynch, John Kelliher, Darren Ryan, Aodhán O'Neill, and Alex Hennigan looking to go a step further this year. They are unbeatenThe school have four Hogan Cups and no less than 23 Corn Uí Mhuirí titles to it's name - nobody else comes close. But they are coming up against a formidable force. Rochestown have only one Corn Uí Mhuirí title, and you have to go all the way back to 1950 for that one. But Rochestown were rumoured from early on to be the pick of Cork schools in a year where the Cork schools were playing very good football. That's something I'm very glad to see, by the way. Kerry schools have won fifteen of the last sixteen finals, and nine of those were all Kerry affairs. Rochestown have been rising over the past decade, and doing it with good freeflowing football. In 2015 the Sem had a team that included the likes of Gavin White, Daniel O'Brien, Ronan Buckley, Matt Rennie, Micheál Burns, Dara Moynihan, and David Clifford. Rochestown, managed by Keel's Liam Sheehan

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ALL THINGS....SPORT

and with Sean Powter and Shane Kingston outstanding, beat them by a point. The bones of that Rochestown team reached the Harty Final as well, I suspect that they would have won one or the other, but not both. As it is, it took a great last minute free by Seamus Ó Muircheartaigh for PS Chorca Dhuibhne, the single greatest colleges team I have seen, to force a replay in extra-time for a fourth Corn Uí Mhuirí on the trot and ultimately a second Hogan. That was the last Cork team to reach a Corn Uí Mhuirí Final.

Paths to the Final

Rochestown

Group Stage Rochestown 4-14 Pres. Milltown 0-8 Rochestown 3-10 Skibbereen CS 0-10 Rochestown 1-8 HS Clonmel 0-6 Quarter-Final: Rochestown 1-10 St. Flannans 1-4 Semi-Final Rochestown 1-10 Spioraid Naomh, Bishopstown 0-7

St. Brendans

Group Stage St. Brendans 4-11 Coláiste an Sceilge 2-14 St. Brendans 3-6 Mercy Mounthawk 0-12 St. Brendans 4-14 Coláiste Choilm Ballincollig Quarter-Final: St. Brendans 2-16 Hamilton HS Bandon 0-11 Semi-Final: St. Brendans 2-16 Mercy Mounthawk 0-13 They had contrasting starts. The Sem survived a real nail-biter – the game of the competition so far – and saw off Coláiste na Sceilge with a late goal to clinch it. Rochestown, however, came flying out of the blocks by seeing off a very young Pres. Milltown with plenty to spare. They had a tougher battle to see of Skibbereen in their second game, while the Sem got a good challenge off Mounthawk but adapted better to the very testing weather conditions in Milltown that day. The final group game for both schools, against Clonmel and Ballincollig respectively, were just about sealing top of the table, with both schools already qualified. Clonakilty caused something of an upset to knock out Tralee CBS on scoring difference, only to fall in turn to St. Flannans. Rochestown went out against a good Clare outfit while missing three superb talents in Michael Maguire (likely to be back), Harry Quilligan (fifty/fifty) and especially talented full forward Brian Hayes (unfortunately, a cruciate injury has ended his involvement, a real shame for a superb footballer) but had the teamwork and tactical nous to prevail. The Sem will be without Charlie Keating, who had the proverbial stormer against HS Bandon in their own quarter-final. The Sem were against a tricky wind in the first half but led by a point at the break, and took over completely in a storming second half. That pattern was repeated in the semi-final, their third time meeting Mercy Mounthawk this year. Mounthawk trailed by four points at halftime, but it was a very, very flattering margin for the Sem. Once again, though, the second half saw the Sem improve their distribution and decision-making and come through with plenty to spare – it maybe belied the quality of Mounthawk's superb effort.

Rochestown play a defensive style, dropping deep to absorb attacks and counter=-attack rapidly into space. Do not make the mistake of thinking that they are a negative side; that is a very different animal. These guys are very well organised, work hard for each other, and are especially clinical with their chances. The likes of keeper Michael O'Connell (keeper), and Seán Coakley (centre forward) enjoyed success as Cork minors against Kerry. Midfielder Kevin Lyons was a star player for the Cork minor hurlers when they won the All Ireland. These lads are genuinely worrying opposition; they won't cough up anything easy.

That said, their scoring totals in the knockout games aren't likely enough to be enough without goals, and that's an impressively parsimonious Sem defence. Up front Luke Crowley is unquestionably the Sem's ace in hand, but speedy Alex Hennigan and Aodhán O'Neill are also deadly, while Callum Cronin has shown a brilliant poacher's instinct all year. John Kelliher and a trojan Jamie Moynihan have been immense around the middle, supplemented by Darren Ryan's tremendous wor-krate.

It will be tough, very tough, but the Sem will be wearing the favourites tag in this one.





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BALLYHAR-FIRIES GAA

EAST KERRY SUPER LEAGUE

Our Seniors were back in action on Sunday morning and despite a tremendous second half performance they lost out narrowly to Kilcummin by 2 points on a scoreline of Firies 0-12 Kilcummin 1-11.

EAST KERRY AWARDS

Congratulations to Michael Allen Snr who recieved a Hall of Fame Award at the East Kerry Awards 2022. Also well done to Donnchadha O'Sullivan who was nominated for a senior player award in the O'Donoghue Cup, Congratulations to both.

MEMBERSHIP 2023

Membership Renewal is now live on Foireann for rates and further information please see our social media channels.

BALLYHAR-FIRIES GAA LOTTO 06/02/23

Numbers drawn were: 5, 8, 12, 24. No jackpot winner. 5 x €30: Gregory Breen, c/o Bridie. Kieran Breen, c/o Bridie. Tom Fitzgerald, c/o Aherns. Louise Kennedy, c/o Bridie. James Daly, Ballyhar. Next week's jackpot €5200

KEEL GAA

CLUB LOTTO

Keel GAA Lotto Draw Monday the 30th of January. Numbers drawn: 8, 13, 19, 25. There was no winner of our jackpot of €2,950. Lucky dip winner of €50 each were Miriam & Sandra Clifford, Keel & Brendan O'Shea, Keel. The jackpot will be €3,000 for the draw on Monday the 6th of February. Many thanks for all your support this week and thank you to this week's lotto team for facilitating the draw. You can purchase your tickets for the draw via Clubforce or through the local outlets. Thank you for your continued support of our club lotto.

SENIORS

Our seniors have their first outing of the year this weekend when they travel to Beaufort for round 1 of the Mid Kerry League. Kick off is 2pm in Beaufort. Best of luck to the team and their new management team of Denis Reen, Willie Evans, Dónal Murphy and Colin Clifford.

LADIES FOOTBALL

Congratulations to Caoimhe Evans, Ciara Murphy and the Kerry Ladies team who had a two-point victory over Donegal in round 3 of the Division 1 National Football League on Saturday! They host Dublin on Saturday the 18th at 5:15pm in Austin Stack Park. Please get out and support the girls! Best of luck to the team and management.

STRICTLY COME DANCING VOTING

You can decide which couple win the public vote for our Keel GAA & Strictly Come Dancing. You have 3 ways you can vote for your favourite couple:

1. iDonate link: https://www.idonate.ie/event/ keelandmklstrictly2023 2. Offline Voting Cards 3. Couple Containers. Every \notin 2 donated = 1 vote for the couple. Our judges will have the difficult decision of choosing their winner once all the couples have performed on the night. Tickets are sold out! A reminder that this is an over 18s event. Keep an eye on the Keel GAA & MKL Gaels Strictly Come Dancing Facebook page for all the latest news.

BUSES TO STRICTLY COME DANCING

Flynn's are organising return buses from Listry, Milltown, Castlemaine and Keel for Strictly Come Dancing on Saturday the 25th of February in The Ballygarry Estate Hotel. Seats must be prebooked on 087-9687997. Return Prices: Castlemaine & Milltown Villages €15, Listry & Keel €20 WALKING TRACK LIGHTS

Please note that the lights will be on at the pitch from 6:30-9:30pm Mondayto Friday. All are welcome to use the track! Thank you to everyone who has helped us with the MyLife Every Step Counts Challenge. We have already walked over 4,000km which was the target. We will not be entered into the draw for the O' Neills voucher prizes.

KILLARNEY LEGION GAA

COACHING WORKSHOPS

The County Board are running a series of workshops aimed at coach education around the county based at convenient locations. Monday next, February 13th, in St Brendan's College, one with emphasis on Under 11 to 13 coaches will be held at 7.30pm. The following Monday, February 20th, it's the turn of Under 7 to 9 coaches. On the Friday in between, February 17th, in the Kerry Sports Academy in Tralee, Under 15 to 17 coaches will be asked to attend with a 7pm start. These evenings are found to be very informative and you can register on the Kerry GAA website. **EAST KERRY GAA ALL STARS**

Congratulations to James O Donoghue and Cian Gammell, who by virtue of their performances in the blue riband competition of the District board, the O Donoghue Cup, both earned an East Kerry All Star Award.

KERRY TEAMS

A clean sweep of wins for the three Kerry teams all in National League duty over the weekend. The Kerry Ladies were pushed all the way by Donegal in Austin Stack Park, the Kerry hurlers opened their Allianz League Division 2A campaign with an easy win over Derry while the Kerry footballers accounted for Monaghan in Fitzgerald Stadium. Keri Ann Hanrahan, Mark Heffernan and Cian Gammell continue to be part of these respective panels. Both Ladies and Mens teams have a weekend off but the hurlers are on home soil this Sunday February 12th, in Austin Stack Park. Throw in is 2pm. The U20 pre-season competition, the John Kerins Cup, will also be commencing at the weekend with Will Shine and Darragh Fleming part of the panel. Not forgetting Brian Kelly who is the teams goalkeeping coach. They face Kildare in Fitzgerald Stadium on Saturday February 11th at 2pm.

ST BRENDANS COLLEGE

The famed Killarney football nursery are once again back in familiar territory, a Corn Ui Mhuiri final, where they will face Rochestown College. The game is fixed for Mallow this Saturday February 11th at 1pm in the superb Mallow GAA complex. Brian O Sullivan and Tom Benson are part of the team's extended panel and we wish



Abbie Herlihy from Knocknagree who bought the Kerry Ladies Football Jersey signed by the 2022 All-Ireland Final panel. The fee will go towards supporting Kerry Mental Health Association's Mental Health First Aid Training. Kerry Mental Health General Manager, John Drummey presented the Jersey to Abbie."

Photo by Kerry Mental Health Association

"The Sem" the very best of luck in the final. EAST KERRY SUPERLEAGUE

We have a home game this weekend, Firies being the visitors to Direen in our first game in the East Kerry Superleague. It's a 12 noon throwin and in subsequent weekends we'll be facing Kilcummin, Gneeveguilla and Kenmare. The County League is pencilled in for a March 19th start.

COUNTY MINOR LEAGUE

The County Minor Leagues commence on Saturday February 18th with the intention of the club fielding two teams, one in Division 1 and the other in a Division solely for B teams. A busy schedule, the competition will run for five consecutive Saturdays with the top team at the end facing the fourth placed team in the semi final alongside the second and third place teams. We'll be keeping on all fixtures and results as time goes by and best of luck to teams and management.

CLUBZAP

The winter has seen the Club examine better ways to communicate with its membership. Outside of the social media channels of Facebook, Instagram and Twitter and the usual weekly written notes it is imperative to keep all our players, parents, mentors and officials in touch with club affairs. To this end we have enlisted the app Clubzap to aid us with our communications. Downloadable through the relevant app store it is useful for playing Club lotto, paying membership, sharing results and fixtures and directly messaging parents and players of the various age groups. We have already started to roll it out to our Juvenile teams, both boys and girls, and it is envisaged that it will be the tool used to send out messages. Keep an eye out on our social media to see the progress of the roll out and special mention must go to



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GAA | AROUND THE COUNTY

Juvenile Committee Chairman Donal O Leary for his unstinting work during the winter months both sourcing and bringing the initiative to the Club Executive.

LOTTO

6/2/23. Numbers 13, 17, 21, 23 Bonus No 3. No Jackpot winner. Match 3s/ Lucky Dips: 1. Carmel O Connor Coolies 2. Deirdre Fleming, Pinewood 3. Joan Culloty, O Sullivans Place 4. Andrea McCarthy, Rossmore House 5. Ena & Mary c/o Mike Murphy

EAST KERRY GAA NEWS

By Michael O'Mahony

EAST KERRY DR O'DONOGHUE CUP

All Star 2023 held on Thursday last in the Gleneagle Hotel sponsored by Kerryman & Aquila Club MC on night Niall O'Callaghan, Chairman of Co. Board Patrick O'Sullivan which was a great success. U21 players of year: Evan Looney Dr Crokes. Senior players of year: Tony Brosnan, Dr Crokes

EAST KERRY ALL STAR TEAM 2022

1 Shane Murphy, Dr Crokes. 2 Evan Looney, Dr Crokes. 3 Mark Fitzgerald, Dr Crokes. 4 Owen Fitzgerald, Gneeveguilla. 5 Ryan Carroll, Spa. 6 Mark Cooper, Dr Crokes. 7 Brian Looney, Dr Crokes. 8 Ruairi Murphy, Listry. 9 Cian Gammell, Legion. 10 James O Donoghue, Legion 11Daithi Casey, Dr Crokes. 12 Sean O Keeffe, Gneeveguilla. 13Tony Brosnan, Dr Crokes. 14 Kieran O Leary, Dr Crokes. 15 Mikey Casey, Dr Crokes. Brian Kelly, Legion. Chris O Donoghue, Glenflesk. Pa Warren, Gneeveguilla. Dan Donoghue, Spa. Mark O Shea, Dr Crokes. Jimmy O Leary, Listry. Evan Cronin, Spa. Paudie O Leary, Gneeveguilla. Donnacha O Sullivan, Firies

CONGRATULATIONS to all Kerry teams and managerment last weekend. Kerry senior footballers on their great win over Monaghan, to Donal O'Sullivan, Kilgarvan on winning man of match, all players form East Region, to Kerry hurlers on their win & Kerry ladies on their win. **RESULTS**

Frank Doran www.safeguardsecuity.ie East kerry Senior League: Crokes 1-15 Rathmore 10

Frank Doran Safeguardsecuity.ie East kerry Senior League Division 1B: Fossa 4-17 (29) 4.13 (25) Glenflesk. Firies 0-12 Kilcummin 1-11 (14) Division 1A: Kenmare Shamrocks 2-7 (13) Gneeveguilla 1-10 (13)

CONGRATULATIONS to Ceítilís and Colm Cooper former Kerry & Dr.Crokes on the birth of baby Conall!

FIXTURES

EAST KERRY SENIOR LEAGUES 2023

First team named will be at home **ROUND 2**

(All games Sunday 12th February at 12 noon unless otherwise stated)

DIVISION 1A

Legion v Firies. Kilcummin v Gneeveguilla. Kenmare bye

DIVISION 1B

Glenflesk v Dr Crokes changed to Friday 10th

February at 8pm at Dr Crokes GAA grounds Rathmore bye

February 11th/12th Intermediate Final (Fr Galvin Cup) 2022 Division 1B 2023: Listry v Fossa. Venue TBC

Extra time and winner on the day to decide Fr Galvin Cup winner if teams finish level after normal time

DIVISION 2

Cordal v Scartaglin. Kilgarvan v Spa. Currow.

CONGRATULATIONS to Kilgarvan on Munster Junior B Championship Quarter Final on Sunday last

Kilgarvan Senior football team against Cooraclare in Knockaderry finishing with a score of 3.08 to 0.02. We now go on to the semi final in 2 weeks time agaisit Stabally of Waterford. Congratulations to the team and management.

DR. CROKES

EAST KERRY SUPERLEAGUE DR. CROKES 1-15 RATHMORE 0-10

On Saturday last we hosted our first game of 2023 with a fine win over Rathmore in the East Kerry Superleague. We lined out with a young team who played a very defensive first half. Our goal scorer, Mikey Casey, found the back of the net in the 8th minute of play after intercepting a poor Rathmore kick out. Rathmore had their own goal chance just 5 minutes later when a high ball was kicked in to the square and subsequently cleared by Shay O'Meara in the Crokes goal. The second half of the game saw a more experienced team introduced with Daithi Casey, David Shaw, Sean Coppinger and Bryan O'Shea coming on throughout the half. We finished our first game of the season with a positive 8 point win over the All-Ireland Intermediate Champions. We now play Glenflesk at 8pm on Friday night in Lewis Road. **AWARDS NIGHT**

Our Annual Awards Night will take place on Friday 10th March in the East Avenue Hotel. Tickets €20. There will be a buffet followed by entertainment from Ráiméis.

HEALTHY CLUB

A safe and social walking group will take place every Tuesday and Thursdays from 7:30pm in Dr. Crokes GAA Grounds. Invite friends to join you on this healthy walk and social chat. This walk is open to all non Dr. Croke members too. DR. CROKES GOLF SOCIETY is open for membership to all Dr. Crokes members. We have 6 outings in total with our first outing scheduled for Waterville on Friday 24th March, tee time 11-1. We are offering a special deal now to members which is €100 to include golf in Waterville and society membership. Payment has to be made on or before 4th February. You can secure your place by either dropping the money to Vince Casey or send by Revolut to Keith McMahon. If you are interested in joining you can also contact fellow committee members Brendan Keogh, Ger O'Shea, John O'Leary or Frank Shaw. Our captain this year is John Lynch and President is Martin Byrnes.

LOTTO TOOK PLACE ON February 6th Numbers drawn were 2, 10, 16, 22 Jackpot not won. 22 patrons matched 3 numbers and receive €25 each. Jackpot for draw on February 13th will be €16,400. We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below and follow instructions attached https://play.clubforco.com/play. powa.asp2ll

https://play.clubforce.com/play_newa.asp?ll_ id=734#Anchor

DR. CROKES GAA CLUB

Dr. Crokes GAA Club, Lewis Road Killarney, Kerry are on Clubforce - download the Clubforce app today to stay up-to-date with club news and make securely payments online.

play.clubforce.com DR. CROKES SHOP

You can shop worldwide on our online shop. **BINGO**

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,600 with another €1,650 in prizes to be won in 10 games of bingo. Everyone Welcome.

PROGRESSIVE'31′ continues every Wednesday at 8pm. Bring €5 and a partner. All welcome.

MOTHERS & OTHERS continues every Monday at 6:30pm. If anyone is interested in helping out with this team in any way please contact Catherine Keogh on 087 2827626.

ALL-STARS

Congratulations to our 9 East Kerry All-Stars who picked up awards on Thursday last, particularly to Tony Brosnan who picked up Footballer of the year and Evan Looney who picked up the Young Player of the Year awards. Congratulations also to Patrick O'Sullivan who received a special presentation in recognition of his support to the East Kerry Board.

CONGRATULATIONS to Céitílís and Colm Cooper on the birth of baby Conall.

SYMPATHY to Denis Looney and family on the death of his wife Daisy. Sympathy also to the Doolan Family on the death of John Hickey and to the Cahillane family on the death of Teresa. Condolences also to the family of Ina Brosnan, Sister of Monseigneur Liam Brosnan. Ar dheis Dé go rabid a n-anamacha.

NOTES

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@gaa.ie.

FOSSA GAA CLUB

EAST KERRY SUPER LEAGUE

Fossa 4-17 Glenflesk 4-13

Emmett O'Shea 2-10, Tadgh O'Shea 1-04, Harry Buckley 1-01, Harry Kelly 0-01, Eoin Talbot 0-01. **KERRY LADIES**



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GAA | AROUND THE COUNTY |

Congratulations to Erica McGlynn and the Kerry : ice, rain, hailstones Ladies team and management on their win over Donegal yesterday. Next game, Rd 4 NFL v Dublin is on Saturday the 18th of February in Austin Stacks Park at 5 15pm.

LOTTO

5th February 2023. Numbers Drawn: 7, 14, 17, 24. €40 WINNERS: EILEEN LUCEY, CURRAGH AGHADOE. HELEN MORIARTY, LACKABANE, FOSSA. MICHAEL O'CONNOR, CURRAGH, AGHADOE. CATHERINE O'REILLY, PALLAS. HELEN GEANEY, GRENAGH FOSSA. Next week's jackpot €11,7000. Thanks for playing. **CONDOLENCES**

Fossa GAA would like to pass on our condolences to the family of Teresa Cahillane formerly of lakeview, Fossa, wife of the late Bartholomew (Bertie) and dearly loved mother of James, Bernie and Annette may she rest in peace.

MILLTOWN/CASTLEMAINE CLUB

LOTTO

Sponsored by Almas Takeaway, Milltown

The fortnightly club lotto draw took place on Monday, February 6th at the club grounds. There was no jackpot or match 3 winner on this occasion. The numbers drawn were 3, 12, 32 and the bonus ball was 1.

Lucky Dip winners were as follows: €50 - Temmler Ireland Ltd, Killorglin. €50 -Evelyn Twiss, Milltown. €25 - Francis Foley, Castlemaine. €25 - Nancy Coffey, Milltown. €25 - Maeve Burke, Kiltallagh. €25 - Brendan Twiss, Callinafercy

Our next club lotto draw is scheduled to take place on Monday, February 20th 2023 at 19:30pm in the Clubhouse where the jackpot will be €13,000. Get your draw tickets or renew your yearly tickets online on Clubforce or get your tickets for the next draw from all the usual local outlets. Mile búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly Fundraiser, the money raised is vital to the day to day running of our club and your support is sincerely appreciated.

MID KERRY SENIOR FOOTBALL LEAGUE: **2023 FIXTURES ANNOUNCED**

Milltown/Castlemaine will begin their 2023 season next weekend as fixture details have been confirmed for the Mid Kerry Senior Football League. The team have been drawn alongside Laune Rangers 'B', Cromane and Glenbeigh/Glencar and the schedule is as follows:

Round 1, Sunday 12th February at 2:00pm -Milltown/Castlemaine vs Laune Rangers 'B' (Home)

Round 2, Sunday 19th February at 2:00pm -Milltown/Castlemaine vs Cromane (Away)

Round 3, Sunday 26th February at 2:00pm -Milltown/Castlemaine vs Glenbeigh/Glencar (Away)

MOONLIGHT FOOTBALLERS

Well done to the Milltown/Castlemaine Gaa Club Thursday Night Moonlight Football Crew who finished the 2022/23 season at the Nagle Rice Astro Turf pitch last week.

The boys and their coaches battled snow, frost,

storms, and all under the Milltown stars over the last number of weeks and their dedication rewarded was with massive а improvement in skills while keeping a smile on their faces.

The boys will be putting their new skills to use with the U-11 & U-9 teams over the coming weeks. **BEST WISHES**

Best wishes to all at

Mid Kerry Veterinary Centre in Milltown who are moving premises from today, Tuesday 7th February 2023. Mid Kerry Veterinary Centre have been very good supporters of Milltown/ Castlemaine GAA and are currently the main sponsors of our community walkway at the Paddy Burke Memorial Park.

MILLTOWN CASTLEMAINE GAA CLOTHES **RECYCLING COLLECTION:**

Our clothing recycling collection is now happening so we urge you to clean out your wardrobes of all unwanted clothes, sheets, blankets, towels, curtains, shoes etc and drop them to the Paddy Burke Memorial Park in Milltown. This is a wonderful way of doing your bit for the environment and raising much needed funds for our club at the same time.

KERRY GAA COACHING & GAMES: SPRING WORKSHOP PROGRAMME

Kerry GAA Coaching and Games are running a series of Age Specific Practical Coaching workshops for Coaches over the coming weeks. The workshops are divided into three separate age cohorts and the sessions will focus on age specific development activities and games. The workshops will also focus on planning and the layout of sessions for each of the age groups.

The workshops will be regionally based with sessions in Tralee, Killarney and Milltown. Further information in relation to dates and venues is available at the following link:

https://www.kerrygaa.ie/coach-educationworkshop-programme/

MID-KERRY GAA COACHING WORKSHOPS

Mid-Kerry GAA, via GPO P.J. Reidy are hosting workshops for Club Coaches in the Mid-Kerry region at the moment. The workshops will run for a number of Wednesday's and anyone interested can go no matter what level they coach at.

CLUB MERCHANDISE & CLUB SHOP

Milltown/Castlemaine GAA club gear and merchandise is now available to buy online from both the Club Shop and direct from O'Neill's.

The Club Shop contains details of the large amount of branded Milltown-Castlemaine & Kerry stock we have available within the club, for immediate delivery, please use the link to check stock levels and sizes.

https://milltowncastlestore.sumupstore.com/ If you cannot find what you are looking for in the club store, then club gear is also available



Young supporters pictured at the Kerry V Monaghan game at the Fitzgerald Stadium on Sunday. Photo: Tatyana McGough, Fitzgerald Stadium PR.

to purchase online in our dedicated O'Neill's club shop. This site has everything from jerseys to playing gear to wet gear for supporters. https://www.oneills.com/shop-by-team/gaa/ ireland/milltown-castlemaine-gaa.html

ITEMS FOR THE CLUB NOTES

If you have any items for inclusion in the weekly notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on Sundays.

TEAM UPDATES

Our club teams are preparing for the 2023 season.

GAA 4 All - Starting back in March.

MC MINIS - Starting back in March.

U7 Boys - Starting back in early March.

U8 Girls - Starting back in early March.

U9 Boys - Starting back in early March.

U10 Girls - Starting back in early March.

U11 Boys - Starting back on February 9th; Contact Liam Doherty (086 041 3593).

U13 Boys - Starting back on February 13th; Contact Haulie Clifford (087 693 2126).

The following teams have commenced training: U15 Boys - Contact Sean Hogan (087 721 7875) Minors - Contact Garry Murphy (087 943 2746) For anyone New to the Area, who would like to get involved with the club, please contact lan Twiss on 087 252 1053

TEAM ENQUIRIES

If you want to join your local club, one of the fastest growing clubs in the county, please contact one of our members below:

For GAA-4-All 4 players; contact Gillian Twiss on 0877678108

For MC Mini players (U6); contact Colin McKenna on 087 068 7653.

For U7 to U11 players; contact Liam Doherty on 086 041 3593

For U-13 & Older players; contact lan Twiss on 087 252 1053

For anyone New to the Area, who would like to get involved with the club, please contact lan Twiss on 087 252 1053

GENERAL ENQUIRIES

For any other queries, please send an email to our Secretary or Chairperson at the following addresses.

secretary.milltowncastlemaine.kerry@gaa.ie or chairperson.milltowncastlemaine.kerry@gaa.ie For emergencies, please call 087 409 3530 (Club Mobile Phone).





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> Tel: 064 - 6634900 Email: eagersshop@fastmail.fm

Killarney Park and Ross Hotel employees' jet off to New York

Its time to pack their bags as two Killarney Park and Ross Hotel employees are heading for the Big Apple.

Each month, at The Killarney Park and The Ross, four awards are given to team members in recognition of excellence in the areas of friendliness, respect, teamwork, and delivering an exceptional guest experience. This year at their Christmas Party, the "Most Valued Employees" for both hotels were recognised, and the award recipients for 2022 were Sheila Fahy, a chef at The Killarney Park for over 9 years, and Adam Kania, Sous Chef who has worked at The Ross Hotel for 13 years.

"Sheila and Adam embody the values we strive to achieve, and their dedication and commitment are greatly appreciated." said Marcus Treacy, GM of The Killarney Park.

As winners of the "Most Valued Employees" award, Sheila and Adam will each receive a trip for two to New York City, a testament to The Killarney Park and The Ross hotels' commitment to rewarding and recognizing their employees.

The Killarney Park Achieves "Great Place to Work" Certification

The Killarney Park is proud to announce its recent certification as a "Great Place to Work". This prestigious recognition is based on employee feedback and demonstrates The Killarney Parks' commitment to creating a positive and supportive work environment for its staff.

The Great Place to Work program evaluates companies on various factors including trust in leadership, fairness and respect, and camaraderie among employees. The Killarney Park received high marks in all categories and was acknowledged for its supportive and inclusive company culture.

"We are honoured to receive this recognition," said Marcus Treacy, GM of The Killarney Park. "Creating a positive and inclusive workplace environment is a top priority for us and it is wonderful to see the efforts of our team recognized. Our employees are the backbone of our organisation, and their satisfaction is key to our success."

The Killarney Park, along with its sister hotel The Ross, strive to create an environment for their employees that encourages them to work together and give their guests the best service.

The Killarney Park reopens for the season yesterday, Thursday 9th February having undergone an extensive ground floor refurbishment.





Weekly clinic at Scotts Hotel every Saturday @ 3pm. Social distancing rules will apply. I am always contactable on 0872461678

Are you on a waiting list for years awaiting hip/ knee replacement or any orthopaedic procedure, Cataract removal, Tonsils etc?

Are you aware there is a scheme available where you can travel to Belfast and have this carried out there and apply for a refund afterwards?

MOST COMMONLY ASKED QUESTIONS

- Do I need a medical card to avail of this? NO - Do I need to have health insurance? NO
- Does it only apply to a certain age group? NO For further information please call

Martina in my office 064 6685782

Contact Numbers: 01 618 3363/064 66 85782 E: michael.healyrae@oireachtas.ie





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Cllr Marie MOLONEY Coolick, Kilcummin, Killarney

Always available for help or advice.

Please contact me for an appointment.

Contact details: Mobile: 0863049422 Email: marie.moloney1980@gmail.com

CLLR BRENDAN CRONIN

Independent member of KCC

Clr Brendan Cronin Ballyhar, Killarney

Available at Mobile: 087-2069657 email: cllrbrendan.cronin@kerrycoco.ie



DANNY HEALY-RAE TO

WEEKLY CLINIC ON: SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.



PASSPORTS

Check the expiry date on your passport. Contact our office for advice BEFORE applying for your passport.

Danny Healy Rae TD - Monthly Clinics

1st Monday 8.15 PM 8:30 PM 9.00 PM 9.30 PM 1st Wednesday 8.00 PM 8.30 PM 9.00 PM 9.30 PM **1st Thursday** 8.30 PM 9.00 PM 9:30 PM 10:00 PM 1st Friday 9:30 PM 10:00 PM 10:30 PM 3rd Monday 8.30 PM 9.00 PM 9:30 PM 9.45 PM

Rathmore & Gneeveguilla Top of the Hill, Rathmore Bridge Bar, Rathmore Dennehy's Bar, Rathmore Richie McAuliffe's, Gneevequilla **Killarney Area** Torc Hotel, Lissivigeen The Village Inn, Kilcummin Old Killarney Inn, Aghadoe The Golden Nugget, Fossa **Glenflesk & Barraduff** The Kerry Way, Glenflesk Spillane's Headford Murphy's Bar, Barraduff Sweeney's Bar, Barraduff Tuosist & Lauragh Sailors Bar, Killaha West Helen's Bar Kilmacaloque The Lake House Tuosist Knocknagoshel & Brosna O'Connor's Bar, Knocknagoshel Walsh's Bar, Knocknagoshel Kate Pat's Bar, Brosna Sportsfield Bar, Brosna

3rd Friday 7.30 PM 8.00 PM 8.15 PM 9.00 PM 9:30 PM 4th Thursday 7:00 PM 7.30 PM 8:15 PM 8.45 PM 9.15 PM 9.45 PM 4th Friday 8.30 PM 9.30 PM 10.00 PM 10.45 PM Last Monday 8:00 PM 8:30 PM 9:00 PM 10:00 PM

Castleisland Area

CIIr MAURA

HEALY-RAE

River Island Hotel, Castleisland The Kingdom Bar, Castleisland The Crown Hotel, Castleisland Hughes Bar, Cordal Lyon's Bar, Scartaglen

Killorglin Area

Golden Nugget, Fossa Galvin's Bar, Beaufort O'Grady's Bar, Killorglin Larkin's Bar, Milltown Griffins Bar , Castlemaine Anvil Bar, Boolteens

Kenmare & Sneem Area The Roughty bar, Kenmare Riney's Bar, Sneem Blackwater Tavern

O'Connor's Bar Kenmare Farranfore Area

Ulick's Bar, Farranfore James Daly's Bar, Farranfore Cunniffe's Bar, Currow John Hendersons, Firies

PLEASE CONTACT Danny 087 2316055 Office 064 6685315 Maura 087 7816432 Johnny 087 2354793 Eileen 087 9975419

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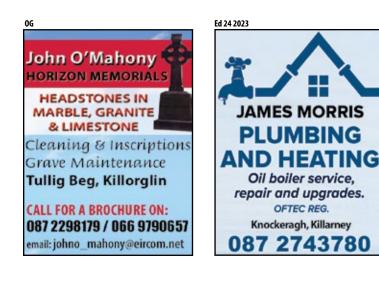
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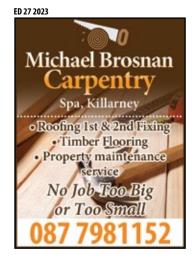
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by John O'Sullivan FOCUS ON HYDRANCEAS

Hydrangeas are a very popular garden shrub with delicate heads of flowers that come in shades of white, pink or blue and they flower from late Spring to Autumn. The mophead or lace cap Hydrangeas are well known for the ability to change colour in different soils. Hydrangeas thrive in moist but well drained soil, in the cool, semi shady part of the garden. Try to avoid dry sunny situations and east facing areas. Feeding your Hydrangeas once in late Winter and early Spring is probably enough for the year as too much feeding will only encourage too much soft leafy growth and this will lead to the Hydrangeas not developing a lot of flower buds. Pruning your Hydrangeas is usually done in late Winter or early Spring, although the climbing Hydrangeas should be pruned after flowering in Summer.



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A Word of Victory

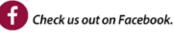
Welcome back dear student does it feel like God has forgotten you? Life can be difficult and lonely at times. Tough seasons are hard to cope with but God's Word gives hope for restoration! King David poured out his heart to the Lord a lot - he was honest and real with God, but he also listened to hear what God spoke to him. The Lord always answered David because He is Faithful to those who seek Him. Let's study Psalm 13 together..... "O Lord, how long will you forget me? Forever? How long will You look the other way? How long must I struggle with anguish in my soul, with sorrow in my heart every day? How long will my enemy have the upper hand? Turn and answer me, O Lord my God! Restore the sparkle to my eyes, or I will die. Don't let my enemies gloat, saying, 'We have defeated him!' Don't let them rejoice at my downfall. But I trust in Your unfailing Love. I will rejoice because You have rescued me. I will sing to the Lord because He is good to me" (Psalm 13 NLT).

When David opened his heart to God the Lord strengthened him. Throughout the Bible, whenever God's people endured difficulties those who trusted God's Faithful Love were able to stand strong because God delivered them from their troubles (Psalm 34:19; 2 Chronicles 20:1-30). In Psalm 13 David acknowledges the coming Messiah 'Yeshua' as the One Who rescues him: 'I will rejoice because You have rescued (y2502a) me'. Yeshua is Jesus' Hebrew name. ('Jesus' is the Greek translation of Yeshua, the language of the New Testament) 'Yeshua' means Salvation by God; Help; Deliverance; Saviour; Rescuer; Welfare, Victory and: Health! Christ is the Greek translation of the Hebrew word 'Messiah' - which means the 'Anointed One'. So Jesus Christ / Messiah Yeshua means: the Anointed One who rescues, saves, heals, delivers and restores. Yeshua is prophesied as God's Saviour throughout the Old Testament, and in the New Testament He is revealed as God's Son - the Lamb of God Who took away our sins and Redeemed us with His sinless Blood. "God decided in advance to adopt us into His own family by bringing us to Himself through Jesus Christ" (Ephesians 1:5 NLT) with the result that "....in Him we have Redemption through His Blood, the forgiveness of our sins, according to the riches of His Grace" (Ephesians 1:7).

Friend, don't just read this – get out your Bible and study for yourself as you need to know that Yeshua – Jesus, is the One Anointed by God to save, heal, deliver and rescue you. He suffered a cruel death and God raised Him from the dead because He loves you so much (Isaiah 53:4-6; John 3:16). "Listen! The Lord's arm is not too weak to save you, nor is His ear too deaf to hear you call. It's your sins that have cut you off from God. Because of your sins, He has turned away and will not listen anymore.....The Lord looked and was displeased....he was amazed to see that no one intervened to help the oppressed. So He Himself stepped in to save them with His strong arm, and His Justice sustained Him. He put on Righteousness as His body armour and placed the helmet of Salvation (y⊠Sú⊠ä) on His head. He clothed Himself with a robe of vengeance and wrapped Himself in a cloak of divine passion...the Redeemer will come...to buy back those who turn from their sins...." (Isaiah chapter 59).

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter @WOVKillarney.



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LITURGY/MUSIC WORKSHOP FOR LENT: The Diocese will host two liturgy/music workshop to help parishes prepare for Lent. All those involved in liturgy, sacred spaces or music ministry are invited to attend. The workshops will take place on Wednesday February 15th 7:30pm— 9:00pm in St John Paul II Pastoral Centre, Killarney. For more info see www.dioceseofkerry.ie or contact Tomas Kenny 086 3683778.

KILLARNEY LEGION OF MARY ROSARY will be recited in the Green Area in Hawthorn Avenue in Killarney at 3pm on Sunday the 12th February. There will also be a general blessing of the homes in the area. All are Welcome

RAINBOWS is pleased to be in a position to offer children who have experienced loss through bereavement the opportunity to participate in the Rainbow 9 week programme. There are places available in the groups for children aged between 9 and 12 years. If you would like your child to attend Rainbows or for more info contact 087 2932598.

KILLARNEY ACTIVE RETIREMENT will resume Monthly meetings on Friday February 10th at 2pm in the KDYS Hall (back of Franciscan Friary Bookshop) Membership Fee of €20 will be collected on that day. New members welcome

MEMORIALS | NOVENAS



8TH ANNIVERSARY IN LOVING MEMORY OF JOAN HERLIHY

Lissivigeen, Killarney Whose anniversary occurs on 12th of February 2015

Somewhere beyond the Sunset, Where loved ones never die, You sleep in a beautiful garden, Beneath a golden sky, Though Heaven and earth devide us, We are never far apart, For you are always in our thoughts, And forever in our hearts.

Always remembered by husband David, Son Paul, Daughter Laura, Sister Catherine, and brother Gerard.

Anniversary Mass will be at 6:15pm in St. Mary's Cathedral, Killarney this Saturday 11th February

t

48TH AND 5TH Anniversary

In Loving Memory of

CASEY John (Jackie) and his wife Noreen



BALLINILLANE, Ballyhar Killarney Who died on 21st February 1975 And His Wife Noreen Who died on 13th February 2018

On a quite February morning Ye heard the Angels call Ye took the hand of Jesus And quietly left us all.

Happy memories keep for ever Of days when we were all together. They bring a smile after a tear. And always a wish that you were still here.

Loved and always remembered by your daughters, Sheila, Joan, Noreen Geraldine Eileen and Catherine. Sons-in-law, grand children and great grand children.

23RD ANNIVERSARY

With Love we remember our Brother & Uncle

DANIEL P. (SIR) Falvey



KNOCKLEBEDE, Kilcummin, Killarney

Who passed on 12th February, 2000

Rest In Peace

When thoughts go back, as they often do We treasure the memories we have of you And as you were, you will always be Someone special in our memory No more tomorrows for us to share But yesterday's memories will always be there.

Always loved and remembered by your loving sister Sheila & family, Boston, U.S.A & loving niece, Anne & family, Killarney.

ANNIVERSARY MASS in St Mary's Cathedral, Saturday 11th February at 6.15pm

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your Father sees it. Then in his merciful eyes it will become your favour not mine. Amen. Say this prayer three times for three days and your favour will be granted. Thank you for favours received MM

PRAYER TO THE LITTLE FLOWER ST THERESE

O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love. O Little Flower of Jesus, ask God to grant the favors I now place with confidence in your hands...

(mention in silence here) St. Therese, help me to always believe as you did in God's great love for me, so that I might imitate your "Little Way" each day. Amen

PRAYER TO MOUNT CARMEL

O most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea, help me and show

me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity.

There are none that can withstand your power. O show me herein you are my mother.

0 Mary, conceived without sin, pray for us who have recourse to thee (three times). Sweet Mother, I place this cause in your hands (three times).

Say this prayer for 3 consecutive days and then you must publish it and it will be granted to you.

NOVENA TO ST. CLARE

IN THANKSGIVING

Novena to St. Clare. Ask for three favours, one business, two impossible. Say nine Hail Mary's for nine nights with lighted candles. Pray whether you believe or not. Publish on ninth day. Powerful novena.

Say may the Sacred Heart of Jesus be praised, adored glorified and loved today and everyday throughout the whole world now and forever. Amen Your request will be granted no matter how impossible it may seem.



John Moynihan, Ballingeary, Cork - 086 374 2260 - www.jmenergy.ie