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They did it their way.... Members of Down Syndrome Kerry pictured at Deenagh Lodge on Saturday last with their families and supporters following their completion of the 2021 Ring of Kerry 170km My Way.





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THIS WEEK

09 : 07 : 21

Tragic loss of young lives in separate crashes

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Aisling Crosbie.

FROM THE EDITOR

The loss of two young lives dominated the news in Killarney this week and our sympathies go to the devastated families of 14 year old Thomas Healy and 33 year old Jimmy O'Connor who lost their lives in separate accidents.

In other news, Killarney pharmacies are taking bookings from 18-34 year olds for single jab Covid-19 vaccine, Kerry are set to take on Tipperary in Semple Stadium on Saturday evening before a crowd of 3,500 and the July meeting at Killarney Racecourse will see 500 patrons allowed to attend daily.

As we are experiencing a rise in numbers of the Delta variant of Covid-19, everyone is urged to continue to observe social distancing and protect each other.

HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

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ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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PIETA HOUSE

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SAMARITANS

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Ross Castle at Blue Hour captured beautifully by Julie Kelly

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TRAGIC LOSS OF YOUNG LIVES IN SEPARATE CRASHES



14 year old Thomas Healy who lost his life in a tragic accident this week.

There was widespread shock and sadness in Killarney on Wednesday morning when news broke of the tragic loss of two young lives in separate accidents in the area.

In the early hours of Wednesday morning, 14 year old Thomas Healy lost his life when the car he was driving lost control and crashed into a tree on Ross Road. His friend and front seat passenger was removed to Univerity Hospital Kerry where he is being treated for serious injuries. Tributes have poured in for the popular teen who was the son of Jer and Julie Healy from The Gap of Dunloe. His father Jer, known as The Singing Jarvey and brother Jack are well know musicians through out the county.

Cathaoirleach of Killarney Municipal Area, Cllr Marie Moloney led tributes at this week's Council meeting

"The people of Killarney have been deeply shocked by this dreadful news and it is really the worst possible news to wake up to this morning, not least for the family, neighbours, and friends of those involved.

"We hope and pray that the other passenger in the car will make a full recovery", she said.

A statement from Intermediate School Killorglin was posted on social media in the aftermath of the accident

"We are profoundly sad to have to inform you that The Intermediate School has experienced the sudden death of one of our students- Thomas Healy. We are deeply saddened by the sudden death of this wonderful boy. Our thoughts & prayers are with his family and friends. We also pray for a recovery for his friend", the statement read. The statement also offered help and advice to parents on how to help friends and fellow students of Thomas in the days and weeks ahead. Thomas was a gifted footballer and played for both Killarney Athletic and for Beaufort GAA Club.

Killarney Athletic paid tribute to Thomas

"We at Killarney Athletic are Deeply Shocked and Saddened on hearing of the Sudden Passing of our U15/16 Player, Thomas Healy. Thomas always Represented the Blues With Great Heart, Enthusiasm, Determination and Respect. To His Biggest Fans Mom Julie, Dad Ger, Brothers Jack, Danny, Michael and extended Family we send you Caring Thoughts and Loving Hugs. "THOSE WE LOVE LIVE IN OUR HEARTS FOREVER".

Killarney Celtic also expressed their sympathy

On the field we are opponents but off the field we are all members of the one great family. At Killarney Celtic we are deeply saddened at the death of Thomas Healy who was a player with our neighbours Killarney Athletic's 15 and 16's teams. To his parents Julie and Ger, who have many friends at Celtic, his brothers and extended family, his wide circle of friends and his teammates at Killarney Athletic we send our deepest sympathies. You will all be in our thoughts and prayers during this very sad time.

Deputy Michael Healy-Rae also paid tribute to his young relative

Thomas' grandfather was step brother of the late Jackie Healy-Rae. "Thomas was a wonderful young man and a very talented footballer. All we are asking people now is to pray for the family that they may have the strength to get through all this," he said. "This is a very tightknit community and everyone is rallying around to help support the family at this difficult time in whatever way they can. All we are asking people for are their prayers", Michael Healy said.

Danny-Healy Rae said everyone was "devastated by the tragedy."

In accordance with Government and HSE guidelines and in the interest of public health, a private funeral will take place for Thomas in St Mary's Church, Beaufort on Saturday morning. Thomas' Requiem Mass will be live streamed on the Beaufort Parish Facebook page on Saturday morning at 11.00am, followed by burial in Churchtown Cemetery, Beaufort. Funeral cortege will be leaving his family home on Saturday morning at 10.10am to arrive at St Mary's Church, Beaufort for 10.45am. Please observe social distancing guidelines. Thomas is survived by his heart broken Mom and Dad, Julie and Ger, his brothers Jack, Danny and Michael, his gran Cathy Shine Griffin, uncles John, Anthony and Timmy, aunts Jackie and Nikki, cousins Joshua, Dominic, Timothy and Ceara, relatives, neighbours, Laura and Leona (brothers partners), his team mates in Beaufort GAA and Killarney Athletic AFC, his school friends in the ISK, Killorglin and his many wonderful friends.



Jimmy O'Connor who lost his life in a tragic accident this week.



Listry Bridge where Jimmy O'Connor lost his life on Tuesday evening.

LISTRY BRIDGE CRASH

Killorglin man 33 year old James (Jimmy) O'Connor lost his life on Tuesday evening following a crash at Listry Bridge. The experienced biker had just purchased a new motorcycle and was driving it when he was involved in a collision with a car.

Speaking at Killarney Municipal meeting on Wednesday, Cllr. Marie Moloney said

"Sadly, another fatal accident occurred in our Municipal District last night. I want to express my sympathies to the family of the man who lost his life in a collision near Listry and to say how deeply saddened we all are at the news of that incident. On my own behalf and on behalf of the elected councillors in the Municipal District, I express our solidarity with all those affected by both of these dreadful tragedies.

Councillor Michael Cahill, Chairperson of Kenmare Municipal District and Deputy Mayor of Kerry County Council

has expressed his sadness at the loss of two young lives in tragic circumstances this week in the county.

"All our thoughts and prayers are with the families of Thomas Healy and James O'Connor, two young people who lost their lives tragically on our roads this week" said Councillor Cahill. "I wish to extend my, and my family's sincere condolences to both the Healy and O'Connor families" he said.

"This is a very difficult time for family members and friends of the deceased and I know that the local communities involved will offer all the help and support possible" added Councillor Cahill.

In accordance with Government guidelines A Private Family Funeral will take place for Jimmy with Requiem Mass at 10.30am on Saturday morning (July 10th) in St. James' Church, Killorglin, which will be live streamed on: <https://www.mcnmedia.tv/camera/killorglin-st-james-church>. Burial afterwards in Dromavalla Cemetery. James will be sadly missed and lovingly remembered by his daughter Hayley, his partner Marina & her daughter Arianna, his father James & partner Mary, mother Barbara, brother Michael, aunts, uncles, extended family, neighbours and many friends.



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And they're off...

SPECTATORS BACK AT KILLARNEY RACES



The July meeting of Killarney Racecourse will see spectators returning to the track for the first time since 2019.

Due to public health guidelines and restrictions, horse racing has successfully continued without incident behind closed doors throughout the pandemic. The easing of restrictions announced by An Taoiseach Michéal Martin last week has enabled Killarney Races to cater for five hundred patrons each day. The Board of Management and all the team at Killarney Races are delighted to finally welcome patrons back to the racecourse to enjoy the races next week. Noteworthy races with ample prize funds set to attract high calibre fields include The Irish Stallion Farms EBF Cairn Rouge Stakes of

€47,500, a listed race which will take place on Wednesday. Always an interesting contender, The Dawn Milk Run Handicap Hurdle of €21,000 will run on Thursday and the jumps feature of the week is The Boyle Sports Handicap Steeplechase worth €40,000.

Monday 12th, Tuesday 13th and Wednesday 14th are all flat cards with start times of 4.45pm, 4.20pm and 4.25pm respectively. Thursday 15th and Friday 16th are National Hunt meetings which go to post at 1.40pm each day.

Gerard Coughlan, Chairman of Killarney Races commented "We are truly delighted to welcome people back to our scenic racecourse, all be it with a limited capacity. Killarney Races is an integral part of our town and community. I would sincerely like

to thank all our sponsors who stood by us through this difficult period and we're looking forward to working together as racing and all sports open up in the future."

Pre-booking is the only option to secure tickets for this race meeting and due to the high demand and limited capacity, racegoers are encouraged to book early to avoid disappointment. Please note Killarney Races will race again in August from Thursday 19th to Saturday 21st inclusive and on Saturday 2nd and Sunday 3rd of October. Tickets for all race meetings held at Killarney Racecourse are available online at www.killarneyraces.ie. For all racing news and updates follow Killarney Races on social media or visit the website.

Culture Night Open Call Invites You To Create Culture This September

Celebrating themes of Openness, Discovery, Celebration and Belonging Culture Night / Oíche Chultúir 2021 will take place on Friday, 17th September. Organisers have today (Thursday, 1st July) launched an 'Open Call' inviting organisations and individuals interested in participating to log onto culturenight.ie/get-involved/ and share their 'Expressions of Interest' with their Local Authority Arts Office.

The annual Culture Night / Oíche Chultúir is a national moment - an all-island public event celebrating the richness and diversity of culture, creativity and the arts in Ireland today, connecting people to cultural activities at a local and national level. It spans across a sectoral range of culture, arts, heritage, education, hospitality, tourism, health and commercial and corporate enterprise. A broad expanse of people, organisations, venues and institutions help make it happen each year including artists, performing groups, galleries, museums, sports clubs, libraries, arts centres, craft workers, studios and workshops, theatres, schools, community groups, local authorities, government departments, state agencies and public bodies, transport companies, universities, shops and many more. All participants must be registered

through the relevant Arts Office/local authority or the national coordinator and uploaded to the national programme/website. Participation is through your local Arts Office which oversees the organisation of the programme of events in each county. Full registration details are available on www.culturenight.ie. Culture Night / Oíche Chultúir is brought to you by the Arts Council, in partnership with local authorities and cultural organisations throughout the island of Ireland and thanks to their continued support all activities are free. Organisers are particularly interested in cultural events that promote diversity and inclusion through the celebration of creative communities, both new and established and those that seek to create opportunities for participation with those who may not always have easy access to cultural events such as asylum seekers, refugees and migrants etc. Irish Traveller Community etc.

For more information on Culture Night Event & Venue Criteria view log onto terms of participation section on www.culturenight.ie. National organisations and institutions can contact the National Coordinator directly at info@culturenight.ie



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There was huge excitement at Deenagh Lodge on Saturday afternoon last when members of Down Syndrome Kerry arrived at the finish line following their completion of the 2021 Ring of Kerry 170km My Way.

The cyclists took part in a mini finish and all raised funds for Down Syndrome Kerry, a charity close to their hearts.

To date the Ring of Kerry Charity Cycle alternative 2021 event 170km My Way has raised almost €350,000 and organisers are expecting to receive more monies in the coming weeks and will hopefully exceed €400,000 which will be divided between twelve charities.



Staff members at Deenagh Lodge which is run by Down Syndrome Kerry are from left Siobhan Looney, Ruth Doyle, Marie Madden, Kate McCarthy and James Doyle



Cyclists who took part in the Ring of Kerry My Way pictured with staff members at Deenagh Lodge on Saturday last.



A happy Niamh Cronin pictured at the finish line after completing 170KM her way



Anto Cronin meets his former student Ciaran Sayers at the finish line on Saturday.



The Cronin family, from left: Aoife, Bernie, Niamh, Denis and Tom. Niamh completed her 170Km and was joined for the last few kilometers by her dad Denis and Brother Tom who completed the Ring of Kerry earlier in the day.



Entertainment at the finish line as the cyclists arrive back at Deenagh Lodge by the grandparents of Amber O'Donovan who took part in the cycle.



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It is with great sadness that the club has learned of the passing of Elisabeth Vincent (nee Tourne), who has passed away in Monaco in the days following her 100th birthday.

Muckross Rowing Club *pay tribute to the late Elisabeth Vincent*



The late Mrs. Vincent was best known in Muckross as the wife of the late Billy Vincent, our former Club Patron, who passed in 2012. The contribution of the Vincent family to Muckross, Killarney and Ireland is nothing short of immense - most notably the gifting of Muckross House and the surrounding estate to the Irish State by Billy's father, Mr



Arthur Rose Vincent, in association with his parents-in-law, Mr. and Mrs. William Bowers Bourn. Today, the Bourn Vincent Memorial Park remains the jewel in the crown of the wider Killarney National Park.

Billy and Elisabeth were both generous supporters of the club - in 1983, they donated £1,000 towards the purchase of a new gig named in Elisabeth's honour - the first rowing venture for Muckross that looked beyond the lakes of Killarney and traditional Killarney sixing. Few pictured here at the boat launch in 1983 could ever have predicted the growth and success of the club in the years to follow.



Elisabeth and Billy Vincent pictured with members of Muckross Rowing Club at the launch of the gig named in her honour. Billy and Elisabeth sponsored £1000 with new oars also sponsored by Dr. Paddy Fuller. The boat was blessed by the Very Reverend John O'Keeffe. The Vincents continued to generously support the fundraising efforts of Muckross Rowing Club and Killarney Regatta throughout their married life. Boats named in honour of Elisabeth Rose, Maud Bourn Vincent, Billy Vincent and Fleur Melville Gardiner continue to be rowed to this day. PHOTO: DONIE WHITTY O'SULLIVAN - MOMENTS IN TIME

Elisabeth and Billy enjoyed a long life together and Billy's passing in 2012 was in their 60th year of marriage. The Vincent connection with Muckross was long sustained through regular visits by the family to Billy's native Muckross and the Killarney Regatta - keenly followed and kindly sponsored by the Vincents. The generosity of the Vincent family to Muckross and rowing remains evident in the club's New Boathouse, the Muckross Community Centre

and several rowing boats - all of which were funded with the support of the Vincent family, including the late Fleur Melville Gardiner who further extended the patronage of her uncle Billy and Elisabeth.

We extend our deepest sympathies to Elisabeth's son Marc, grandsons Adrien, Antoine and Matthieu Banet-Rivet and extended family. Ar dheis Dé go raibh a h-anam uasal. May she rest in peace.

Chamber's sadness at passing of Elisabeth Vincent

Killarney Chamber of Tourism and Commerce has expressed condolences to the relatives and friends of the late Mrs Elisabeth Vincent whose husband's family presented 11,000 acres of land and Muckross House to the Irish State which then became Ireland's first national park.

She passed away this week at her home in Monte Carlo, Monaco where she had celebrated her landmark 100th birthday with loved ones in April.

Elisabeth and Billy Vincent were married in 1952 and they are survived by their son, Marc, and three grandsons, Matthieu, Antoine and Adrien Banet-Rivet.

Billy Vincent lived for the first eight years of his life in Muckross House. In 1932, his father, Arthur Vincent and grandfather,

William Bowers Bourn, presented Muckross House and 11,000 acres to the Irish State.

Billy Vincent died in October 2012, at the age of 93. His ashes were interred alongside his father in the family grave at Killeggy, Killarney, overlooking Muckross Estate.

Muckross House, which dates back to 1843 and had been previously owned by the Herbert family, was the base for Queen Victoria when she visited Ireland in 1861.

Although the Bourn Vincent family travelled extensively, they always regarded Muckross and Killarney as their home and they invested huge sums of money maintaining and improving the property which overlooks the Lakes of Killarney.

Killarney Chamber of Tourism and Commerce President, Niall Kelleher, said Killarney will

be forever grateful to the Bourn Vincent family for their wonderful gift of Muckross House and what is now Killarney National Park to the people.

"In doing so, they helped establish Killarney and the entire county of Kerry as a major tourist attraction and their generosity will never be forgotten," he said.

"Our thoughts are with the family of Mrs Elisabeth Vincent at this very sad time but it will be some consolation to her loved ones that she lived a long and wonderful life," the Chamber President added.

At a meeting of Killarney Municipal District Council on Wednesday, Cllr Niall Kelleher proposed that a vote of sympathy be sent to the relatives of Mrs Vincent.

AVOCA

Welcome back to
Avoca Molls Gap

Funding available for Rural Towns projects in South Kerry under Transitional LEADER Programme

South Kerry Development Partnership CLG (SKDP) is currently seeking expressions of interest from groups or promoters interested in undertaking projects under the Rural Towns sub-theme of Rural Development LEADER transitional Programme. Grant aid of between €1,250 and €10,000 is available for projects that aim to support the regeneration of rural towns in areas such as renovating derelict buildings with incentives to attract business to vacant properties, undertaking works in community buildings to support the local community, develop unique social events or support tidy towns initiatives. Funding is available at a rate of up to 75% of the total cost of the project for successful applicants.

SKDP CEO Noel Spillane said that this call is an ideal opportunity for community groups and other promoters to avail of funding to help re-start local towns and villages in South Kerry



post Covid. He noted that many community and voluntary groups have been particularly hard hit by the restrictions that have been in place as they have not been able to fundraise or undertake other activities that are essential for them and we hope this call can assist

them to get back up and running. "Given the next LEADER Programme will not come on stream until 2023, this Transitional Programme provides us with some funding to support the vital work and efforts of all sectors in South Kerry to begin the recovery from the damage caused by the Covid crisis" Noel said.

A total of €90,000 is available under this programme call and project promoters are asked to get their Expression of Interest Forms submitted for the call before the 16th of July. "This Rural Towns sub-theme covers a broad range of potential projects Noel said and encouraged people who might be interested in applying for funding to contact their local LEADER project officer to discuss their idea in more detail. Full details of the call and an Expression of Interest Form is available on the SKDP website www.southkerry.ie

HR Buddy Lands Business All-Star Accreditation



The HR company has been recognised as an All Star Business for a second consecutive year

This is a fantastic achievement for HR Buddy who have been recognised for their conduct in the areas of trust, commitment, performance & customer centricity for a second year running.

The Business All Star Accreditation is an independently verified standard mark for indigenous businesses, based on rigorous selection criteria. The Accreditation is overseen by the prestigious All-Ireland Business Foundation, whose adjudication panel is chaired by Dr Briga Hynes of the Kemmy Business School at the University of Limerick and Kieran Ring, CEO of the Global Institute of Logistics.

Dr Hynes said the Accreditation, which is now held by over 450 firms, is needed by the thousands of small and medium businesses which operate to their own standards, but have nothing to measure them by.

She said: "We evaluate a company's background, trustworthiness and performance, and we speak to customers, employees and vendors. We also anonymously approach the

company as a customer and report back on the experience. The business goes through at least two interviews and is scored on every part of the process against set metrics"

HR Buddy was established in 2017 under its former name: Killarney HR & Payroll. The business originally focused on HR consultancy and Bookkeeping including outsourced payroll services for small and medium sized business owners.

The client base has since grown rapidly focusing on the HR consultancy & Payroll outsourcing service with online and remote offerings. In 2021 the business rebranded to HR Buddy.

Commenting on today's announcement, HR Buddy Founder & CEO Damien McCarthy said: "HR Buddy is honoured to achieve this accreditation from the All-Ireland Business foundation for the second year in a row."

"The process of allowing our HR Consultancy Business to be audited by an external foundation that upholds the highest standards and pillars of Trust, Performance and Customer Centricity is a commitment from HR Buddy to our clients and the SME sector that we serve as outsourced HR professionals."

"We look forward to continuing that commitment to our customers on into the future as our ever expanding nationwide client-list grows"

Kieran Ring, Deputy Chair on the Adjudication Board said in support of the announcement: This Certificate Verifies That Hr Buddy Has



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THIS WEEK'S BEEF COMES FROM CAHILLANES MEATS KILLORGLIN. THIS WEEK'S LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.

FURTHER EDUCATION AND TRAINING (FET) COURSES ARE WORTH CONSIDERING

By Billy Ryle



By late closing date of 1st May, 84,457 people had applied to the Central Applications Office (CAO) for a third level college place. Last Thursday, 1st July at 5.15pm, was the final opportunity to register a change of course choices online on the 'Change of Mind' facility. In 2020, 44,437 applicants used the Change of Mind facility to record 60,552 changes. The figures for 2021 should be somewhat similar.

The focus now turns to options outside the CAO system. Because of the ongoing uncertainty surrounding grades inflation and increasing points requirements for CAO courses, I'd strongly advise those moving on to also apply for a further education or training course in order to have choices in September.

Further Education and Training (FET) offers a variety of life-long education options. FET includes apprenticeships, traineeships, Post Leaving Cert (PLC) courses, community and adult education as well as basic literacy and numeracy services. FET courses are provided through the Education and Training Board (ETB) network throughout the country from levels one to six on the National Framework of Qualifications (NFQ).

PLC courses in the FET system are an attractive alternative to higher education and provide a link between 2nd level and 3rd level. The CAO route doesn't suit everybody. Some may not feel ready for 3rd level, others may not have secured a CAO offer or may be unhappy with the offer received. Colleges of Further

Education throughout the country offer PLC courses leading to awards at QQI FET Levels 5 & 6 from Quality and Qualifications Ireland (QQI). A PLC course is ideal for a person who has completed the Leaving Cert and requires further vocational education and training to enhance her/his employment prospects. A PLC course provides students with the opportunity to try out a course before committing to a related 3rd level course. It's also tailor made for a student who has completed the Leaving Cert Applied (LCA) and for mature students, who are returning to education. CAO received 8,573 mature applications in 2020.

PLC courses are full time, mainly one year, offering a blend of academic work, practical work and work experience. Many PLC courses lead directly to employment. Increasingly, PLCs are used to access 3rd level education. Last year, 16,599 CAO applicants offered CAO a PLC/FET qualification. This is a very healthy development as it provides an alternative route into 3rd level. PLC courses are available nationwide in Colleges of Further Education. There are a number of colleges in Kerry providing an extensive range of PLC courses, including Kerry College of Further Education and Training, with five campus locations – Monavalley (Tralee), Clash Road (Tralee), Denny Street (Tralee), North Kerry College of Further Education (Listowel) and National Outdoor Education & Training Campus (Cappanalea). Kerry College offers 180 courses and has about 3984 students. Check out its website, www.kerrycollege.ie or email info@kerrycollege.ie. PLC courses are also available at St. Joseph's Secondary School (Ballybunion), Killarney Community College and O Connell Centre (Caherciveen).

Through the higher education links scheme (HELS), the PLC courses, which accommodate over 32,000 students annually, provide an alternative route into CAO courses other than Leaving Cert exam results. Over forty higher education institutions offer a variety of courses to PLC graduates. A PLC course normally involves completing eight modules in the academic year. Students' entry to CAO colleges is then based on a scoring system for PLC awards achieved at Level 5 and/or Level 6 on the National Framework of Qualifications

(NFQ). Full details about the scoring system are available on the QQI website, www.qqi.ie. There isn't a centralised application system for PLC courses. Each PLC college looks after its own application process. Entry requirements normally consist of Leaving Cert standard and usually interview or portfolio. Mature applicants are assessed on their life's experiences. PLC colleges are now accepting applications, so apply immediately as the most popular courses fill up fast. Contact your local PLC course provider, check the PLC colleges' websites or access all the relevant information on www.qualifax.ie or the FET course hub, www.fetchcourses.ie.

CHECKLIST

- ✓ CAO received 84,457 applications by closing late closing date of 1st May
- ✓ In 2020, 44,437 applicants used the 'Change of Mind' to record 60,552 changes.
- ✓ The 'Change of Mind figures' for 2021 should be somewhat similar to last year.
- ✓ The focus now turns to non-CAO course options
- ✓ Due to uncertainty, it's advisable to apply for a further education and training course
- ✓ FET offers apprenticeships, traineeships and Post Leaving Cert (PLC) courses
- ✓ PLC courses are an attractive alternative to higher education
- ✓ PLC courses provide a link between 2nd level education and 3rd level education
- ✓ PLC courses lead directly to employment in many cases
- ✓ PLC courses lead to awards at Level 5 (Certificate) and Level 6 (Advanced Cert.)
- ✓ Unlike the CAO, there isn't a centralised application system for PLC courses
- ✓ Apply now to PLC colleges for 2021 entry
- ✓ 2021 Leaving Cert results will be issued on the 3rd September
- ✓ CAO Round 1 offers will be available from 14.00 on 7th September

Billy Ryle is a Career Guidance Counsellor and Educational Commentator
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**2021
2022**

CODE	PROGRAMME TITLE	START DATE	CAMPUS
CREATIVE ARTS			
313884	Animation	13/9/2021	Clash Rd
313885	Art, Craft & Design (Portfolio)	13/9/2021	Clash Rd
307140	Art, Craft & Design (Portfolio)	13/9/2021	Listowel
308299	Tattoo Artistry	13/9/2021	Clash Rd
313879	Music Performance	13/9/2021	Clash Rd
325192	NEW Media Graduate Internship	14/6/2021	Monavalley
300916	Broadcast Production Skills	13/9/2021	Monavalley
300819	Digital Media Production Skills	6/9/2021	Monavalley
313342	Digital Journalism & Radio Broadcasting	22/11/2021	Monavalley
313327	Introduction to Radio Broadcasting	13/9/2021	Monavalley
307351	Journalism	13/9/2021	Clash Rd
313880	Multimedia with Graphic Design	13/9/2021	Clash Rd
313882	Computer Game Design & Development	13/9/2021	Clash Rd
313878	Music Technology	13/9/2021	Clash Rd
307100	Photography	13/9/2021	Listowel

HAIR AND BEAUTY

307176	Beauty Therapy	11/10/2021	Clash Rd
307124	Hairdressing	13/9/2021	Listowel
307220	Hairdressing	13/9/2021	Monavalley

CODE	PROGRAMME TITLE	START DATE	CAMPUS
BUSINESS, ADMINISTRATION AND FINANCE			
313257	Payroll & Bookkeeping - Manual and Computerised	21/6/2021	Monavalley
313254	Payroll & Bookkeeping - Manual and Computerised	8/11/2021	Killarney
303565	Accounting Technicians of Ireland Certificate (Year 1)	6/9/2021	Monavalley
307228	Accounting Technicians of Ireland Certificate (Year 2)	13/9/2021	Monavalley
313414	Reception & Clerical Skills	22/11/2021	Monavalley
308307	Office Management	13/9/2021	Clash Rd
325430	Office Management	13/9/2021	Killarney
307139	Medical Administration	13/9/2021	Listowel
313295	Medical Administration	13/9/2021	Monavalley
325429	Office Administration	13/9/2021	Killarney
307355	Office Administration	13/9/2021	Clash Rd
307138	Office Administration	13/9/2021	Listowel
307353	Legal Administration	13/9/2021	Clash Rd
307345	Business Studies	13/9/2021	Clash Rd
307112	Business with Marketing/Administration	13/9/2021	Listowel
307388	Pre-University Law	13/9/2021	Clash Rd
307392	Pre-Garda Studies	13/9/2021	Clash Rd

Clash Road
Campus

Denny Street
Campus

Listowel
Campus

Monavalley
Campus

National Outdoor
Campus

CODE	PROGRAMME TITLE	START DATE	CAMPUS
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COMPUTING & INFORMATION TECHNOLOGIES

326145	IT Support Fundamentals	31/5/2021	Monavalley
327151	NEW Cybersecurity	6/9/2021	Monavalley
307224	IT Support Technician	6/9/2021	Monavalley
307408	Software Development	13/9/2021	Clash Rd
313187	Diploma in Software Development (Full Stack)	11/10/2021	Monavalley
326091	NEW Software Development (Level 6)	13/9/2021	Clash Rd

CONSTRUCTION & BUILT ENVIRONMENT

307181	Construction Groundwork Skills	4/10/2021	Monavalley
307191	Construction Groundwork Skills	15/11/2021	Monavalley
301238	Traditional Stonemasonry & Construction	21/6/2021	Monavalley
325241	Civils for Fibre Installation	18/10/2021	Monavalley
313881	Carpentry and Construction Studies (Pre-Apprenticeship)	13/9/2021	Clash Rd

EDUCATION AND CHILDCARE

316571	Early Childhood Care & Education	13/9/2021	Clash Rd
307097	Early Childhood Care & Education	13/9/2021	Listowel
313875	Advanced Early Childhood Care & Education	13/9/2021	Clash Rd
307121	Advanced Early Childhood Care & Education	13/9/2021	Listowel
318710	Special Needs/Personal Assistant	13/9/2021	Clash Rd
313876	Special Needs Awareness & Assisting	13/9/2021	Clash Rd
307118	Special Needs Awareness & Assisting	13/9/2021	Listowel
318704	Pre-Teaching & Education Studies	13/9/2021	Clash Rd

SPECIAL INTEREST

315566	Ecology & Practical Fieldwork Skills	15/11/2021	Outdoor
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ENGINEERING

303566	CAD - Computer Aided Drafting and Design	30/8/2021	Monavalley
300821	Marine Engineering	18/10/2021	Monavalley
313886	Engineering and Electronic Technology	13/9/2021	Clash Rd
301684	Welding Intermediate	6/9/2021	Monavalley
307205	Welding - Coded Pipe	14/2/2022	Monavalley

TOURISM, HOSPITALITY AND CULINARY ARTS

308301	Professional Cookery	13/9/2021	Clash Rd
313887	Hotel and Catering	13/9/2021	Clash Rd
313249	Inland Angling Guiding	8/11/2021	Monavalley
300823	Marine Angling Guiding	8/11/2021	Monavalley
313347	Regional Tour Guiding	11/10/2021	Monavalley
313307	National Tour Guiding	18/10/2021	Monavalley



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CODE	PROGRAMME TITLE	START DATE	CAMPUS
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HEALTHCARE AND SOCIAL SCIENCE

325529	NEW Dental Care Assistant	13/9/2021	Denny St
307091	Healthcare Support	13/9/2021	Listowel
307148	Healthcare Support	13/9/2021	Denny St
307148	Healthcare Support	9/8/2021	Monavalley
307223	Healthcare Support	9/8/2021	Monavalley
307144	Social Health and Community Studies - Healthcare Support	13/9/2021	Listowel
327182	Pharmacy Sales Assistant	7/3/2022	Monavalley
307115	Applied Social Studies	13/9/2021	Listowel
307158	Applied Social Studies	13/9/2021	Denny St
307159	Advanced Social Studies	13/9/2021	Denny St
307151	Nursing Studies with Maternity Care Skills	13/9/2021	Denny St
307078	Nursing Studies	13/9/2021	Listowel
307152	Nursing Studies	13/9/2021	Denny St
308302	Physiotherapy Assistant Studies	13/9/2021	Clash Rd
307157	Pre-Emergency Care Studies	13/9/2021	Denny St
307143	Pre-University Arts	13/9/2021	Listowel

RENEWABLE TECHNOLOGIES, TRANSMISSION & DISTRIBUTION

313207	Fibre Installation Technician	19/7/2021	Monavalley
313312	Overhead Lines Operative	18/10/2021	Monavalley
307227	Wind Turbine Maintenance	6/9/2021	Monavalley

SCIENCE AND NUTRITION

313883	Applied Science	13/9/2021	Clash Rd
313877	Animal Care Assistant	13/9/2021	Clash Rd
307087	Animal Care Assistant	13/9/2021	Listowel

SPORTS, PHYSICAL THERAPY AND COACHING

313416	Surf Instructor and Beach Lifeguard	15/11/2021	Monavalley
307225	Outdoor Activity Instructor	26/7/2021	Outdoor
307226	Advanced Outdoor Activity Instructor	19/7/2021	Outdoor
325934	NEW Scuba Diving Instructor	23/8/2021	Outdoor
307422	NEW Sports, Exercise and Coaching	13/9/2021	Clash Rd
307414	Sports and PE Pre-Teaching	13/9/2021	Clash Rd
307385	Personal Training and Nutrition	13/9/2021	Clash Rd

TRANSPORT AND LOGISTICS

307230	Bus Driving - D Licence	23/8/2021	Monavalley
313175	Bus Driving - D Licence	22/11/2021	Monavalley
313222	HGV - Rigid	4/10/2021	Monavalley
307229	HGV - Artic	14/6/2021	Monavalley
313228	HGV - Artic	11/10/2021	Monavalley

PATHWAY PROGRAMMES

310812	Deciding Your Future	6/9/2021	Monavalley
307246	Deciding Your Future	8/11/2021	Monavalley
313212	Food Preparation and Cooking (Culinary Arts)	May 2022	Monavalley
313213	Food Preparation & Cooking (Culinary Arts)	22/11/2021	Dingle
313193	ICDL	12/7/2021	Monavalley
314044	ICDL	8/11/2021	Monavalley

CALL TO REINSTATE BEREAVEMENT GRANT

A Kerry County Councillor has called on the Minister for Social Protection, Heather Humphreys to reinstate the Bereavement Grant that was withdrawn in 2013.

Fianna Fail County Councillor Michael Cahill made the call at a recent meeting of Kerry County Council where he said the Minister should take into consideration (A) the significant increase in funeral costs, (B) the increase in the number of deaths due to Covid-19 and (C) the depressed state of the economy

by restoring the Bereavement Grant as a matter of priority. Councillor Cahill said that he was aware of an increasing number of individuals and families that had to borrow money to pay for funerals. "The St. Vincent de Paul and Community Welfare Officers have informed me that they too have seen a dramatic increase in the number of individuals and families coming forward who did not have the funds to cover the cost of family funerals. There is an obvious demand for this Grant to be reinstated at the earliest possible date" stated the Rossbeigh based Councillor.



TOURISM RECOVERY IN JEOPARDY AS CULTURAL SITES REMAIN CLOSED OFF TO GROUPS - CTTC

State-run OPW sites and national museums are refusing to accept group bookings, contradicting Government advice to 'holiday at home'.

The Coach Tourism and Transport Council of Ireland (CTTC), the country's leading representative body for coach tour operators, has today expressed its deep concern over the refusal to facilitate group bookings at Office of Public Works (OPW) sites, galleries, museums and cultural attractions across the country.

With rules around international travel remaining somewhat unclear, many people across Ireland have followed the Government's advice to 'holiday at home', with coach tours proving an attractive excursion. In the past number of weeks, operators have been arranging coach tour bookings for groups of domestic tourists - with many implementing policies whereby all passengers must be fully vaccinated in order to travel on their coaches.

Through the provision of their services, coach operators transport tourists throughout the country; visiting heritage sites, galleries, museums and other cultural and historical attractions. However, the decision on behalf of some national museums and galleries to refuse



group bookings for both this tourist season and summer 2022, has made it impossible for coach tour providers to operate their services and many are now experiencing a high volume of cancellations.

Chairperson of the CTTC John Halpenny said: "The refusal of OPW sites and national museums to facilitate group bookings for fully-vaccinated Irish tourists is putting an unnecessary strain on an industry that has already suffered deep economic damage as a result of the Covid-19 pandemic."

"Throughout this crisis, the Government has consistently advised against international travel, and instead, has encouraged the public to 'stay and spend' within Ireland, with

coach tourism proving a popular excursion. As we know, the primary appeal of coach tourism is not the coach itself, but rather, the visitor attractions and cultural sites that are encountered along the way."

"If tourists are prevented from accessing these amenities, many will simply cancel their bookings, as a number of CTTC members have witnessed over the last couple of weeks. I would highlight the case of one coach tour operator in particular, who was unable to book a museum visit for 30 tourists - despite every single passenger onboard providing proof of vaccination."

"The situation to close off OPW sites, galleries and museums for groups is especially perplexing, given the detrimental impact of the Covid-19 crisis on the tourism sector. As public health restrictions ease, now is the optimal time to re-open these attractions up to fully vaccinated groups. I would strongly urge the Government to direct these amenities to commence the facilitation of group bookings immediately and ensure that the recovery of domestic tourism is not undermined by this."

€40,000 ARTS GRANT FOR IVERAGH



Chairperson of South Kerry Development Partnership, Councillor Michael Cahill, has expressed his delight that Iveragh has been chosen as one of seven areas to receive the Arts Council "Creative Places" awards, which will bring an additional €40,000 for the development of the arts locally. "This will fund the Creative Places Uíbh Ráthach project, which will consult directly with the local population to explore the potential and resources needed to progress the planning and programming of the arts in South Kerry" stated Councillor Cahill.

"I would also like to congratulate all the partners in this successful application, including SKDP, Kerry County Council, Comhchoiste Gaeltacht Uíbh Ráthaigh,

Ealaín na Gaeltachta, Éigse na Brídeoige and Tascfhórsa Uíbh Ráthaigh" said the Fianna Fáil man.

"The Arts Council are making these funds available to areas that have not received sustained arts investment in the past and I can assure them that great use will be made of this very welcome award" added Councillor Cahill.



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RAIN SOAKED RACING MAKES SPORTING HISTORY

*S*porting history was made in Killarney on Tuesday evening when cycle racing came to Killarney Racecourse in the form of a round of the Munster Youth League.

The young riders came from all over Munster and the evening proved to be a great success with riders from under-10 to under-16 racing on the tarmac track that surrounds the racecourse and with spectators able to watch the action – safe from traffic – from the comfort of the stands.

Mark Murphy, Chariman of Killarney Cycling Club who organized the event, thanked all those who contributed to the success and especially the racecourse Board of Directors for generously making the venue available.

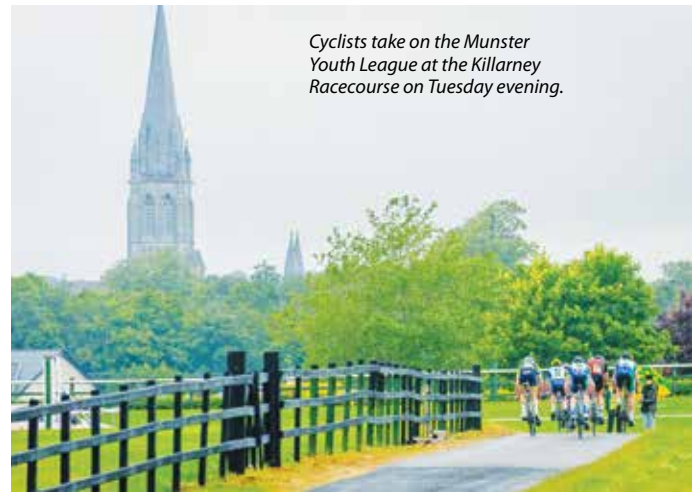
Ger Coughlan, Chairman of Killarney Racecourse, expressed his delight with how well the event was managed and said that he was happy to facilitate the youth of the province return to top-class sport as we emerge from the pandemic. He added that the racecourse, looked forward to seeing how the racecourse can further co-operate with Killarney Cycling Club in facilitating Youth development in the area).



Adam Murphy, Killarney Cycling Club in action at the Munster Youth League at Killarney Racecourse.



Action from the rain soaked Killarney Racecourse as cyclists take part in the Munster Youth League.



Cyclists take on the Munster Youth League at the Killarney Racecourse on Tuesday evening.



Action from the rain soaked Killarney Racecourse as cyclists take part in the Munster Youth League.



Shayna Daly, Killarney Cycling Club in action at the Munster Youth League at Killarney Racecourse.



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The week in Photographs



100 reasons to celebrate...Residents of Cherry Lodge community residence, Killarney, raised €157.00 for Kerry Hospice Foundation, by walking 100 kilometres each in June this year. The incredible walkers included, Cassie, Denise, Christine and Lisa. Resident Staff include, Cheryl Podmillan, June O'Mahoney and Lisa Reen. Pat Doolan, Chairman, Kerry Hospice Foundation and Angela Curran from the Hospice Foundation were on hand to accept their amazing fundraising efforts. Laura Sourke of Bake, Killarney donated cup cakes for the occasion.

PHOTO: VALERIE O'SULLIVAN



Angela Gallivan enjoys a chat with Fair City Star Rodrigo Ternevoy when he stayed at her daughter Sinead and son in law John Courtney's hotel The Victoria on Muckcross Road at the weekend.



Students from Gaelscoil Faithleann pictured on their school tour to the Fitzgerald Stadium.



Students from Gaelscoil Faithleann enjoying their school tour to Fitzgerald Stadium. Picture: Tatyana McGough, Fitzgerald Stadium PR



Runners taking on Ring of Kerry relay for charity over the weekend. 4-year-old Rose O'Flaherty, who lives in Ballymacelligott Co Kerry was diagnosed with a rare genetic neuromuscular condition called Spinal Muscular Atrophy (SMA) Type 1 when she was 9 months old. Kerry Crusaders running club are taking on the Ring of Kerry in relay form this coming weekend, all in an effort to raise funds for little Rose.

PHOTO: DOMNICK WALSH



ANY NEWS?

Contact: Aisling Crosbie

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Killarney family visit town's namesake

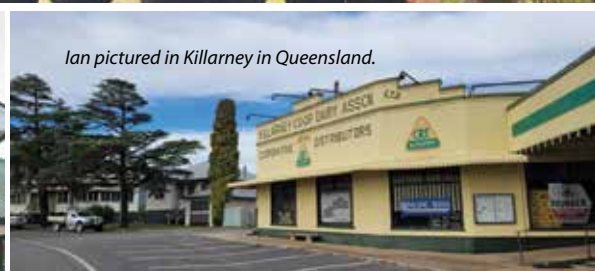
A Killarney family who are living in Brisbane and who haven't been home to their beloved hometown, Killarney in five years decided to do the next best thing and visit Killarney in Australia instead.

Jess and Ian Griffin and their sons Ewan and Hayden posted their pictures on facebook with Ian saying "Five years to the day since our last visit to our beautiful hometown Killarney in Ireland ! Guess where we landed today". The family are on a camping tour around Queensland and stopped off in Killarney which is a rural town in the Southern Downes Region. "I would like to say it was planned" Ian said, but it was totally accidental".

The couple have lived in Australia for almost 11 years and are now based in Brisbane. Ian is the son of Tom and Sheila Griffin and Jess is the daughter of Lou and Pat O'Toole, both families live in Riverside Drive in Killarney. Jess, Ian, Ewan and Hayden are all looking forward to a visit home to the real "Killarney" when restrictions lift.



The Griffin family pictured on their camping holiday in Queensland, Ewan, Ian, Jess and Hayden.



Ian pictured in Killarney in Queensland.



FREE PARKING AT THE CHURCH OF THE RESSURECTION

For the duration of Bird's Fun Fair's stay in Killarney, Kerry County have acquired an additional 200 parking spaces at the Church of the Resurrection on Park Road.

During July and August the 200 additional parking spaces for the next four weeks to assist in alleviating parking congestion in the town.

The free parking spaces are being made available at the Church of the Resurrection on Park Road and will be available from 9th July to 9th August.

Cathaoirleach of the Killarney Municipal District, Cllr Marie Moloney said the local authority was grateful to Killarney Parish for facilitating the parking and encouraged those visiting the town to avail of the free parking spaces. Those attending Mass at the Church of the Resurrection will be accommodated.



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BUSINESS OUTLOOK

GROW YOUR BUSINESS HERE - WITH US!

Cara Credit Union and Killarney Credit Union have announced an exciting new arrangement with Irish Life Financial Services. Irish Life Financial Services is an insurance intermediary that can review your protection, retirement, savings and investment needs, and offer a full financial review with one of their Qualified Financial Advisers. Financial advice helps to give you peace of mind to take care of the things that matter so you can build a better future, be better planned and better protected.

"We're delighted to offer this service to our members with Irish Life Financial Services, which we feel will greatly assist their financial wellbeing. We feel proud to be referring our members to Irish Life Financial Services in branch and online as we all plan ahead for our future" said Mark Murphy CEO of Killarney Credit Union.

This launch has been developed through Cara Credit Union's and Killarney Credit Union's partnership with Metamo, a joint venture between 16 Credit Unions and fintech company, Fexco. The Credit Unions involved in Metamo represent over 480,000 credit union members from across the country and have combined assets of over €3bn, or just under 20% of the asset value of the sector. The primary objective of Metamo is to build a stronger, better future for Irish Credit Unions.

"On behalf of Irish Life Financial Services, we are very pleased to provide this arrangement with the Credit Unions and Metamo" said Tim Coughlin, Director, Financial Planning in Irish Life Financial Services. "We have long felt an affinity with credit unions due to their commitment to their communities and their



Mark Murphy CEO Killarney Credit Union & Pa Laide CEO Cara Credit Union with Donagh and Sarah Walsh.

dedication to offering their members control over their finances by making their savings work for them. We're looking forward to starting our relationship with Cara Credit Union and Killarney Credit union, their staff and members to build better futures together."

Pa Laide, CEO of Cara Credit Union, continued "Credit Unions have been voted the 'most trusted financial institution'. In fact, they have won the national 'CX Award for Best Customer Experience in Ireland' for a record-breaking six years in a row. This trusted position is one we want to build on as we continue to bring our members new products and services. We envisage many members switching to the Credit Union because we are now a community owned

viable alternative."

If you would like more information you can call into Cara Credit Union in Tralee, Killorglin, Castleisland, Ballyduff or Causeway, or see their website www.caracreditunion.ie. If you are living or working in South & East Kerry you can call into Killarney Credit Union in Killarney, Cahersiveen and Kenmare or visit their website www.killarneycu.ie

Irish Life Financial Services is tied to Irish Life Assurance plc. for life and pensions business.

Irish Life Financial Services Limited is regulated by the Central Bank of Ireland.

Irish Life Assurance plc is regulated by the Central Bank of Ireland.

ALL YOUR CATERING AND CLEANING AT GREENWAY

Both Liam Brosnan and Eoin O'Shea are on hand to ensure Kerry businesses do not face the same supply issues of the past 18 months.

Greenway Supplies offer a service for all catering supplies, Cleaning supplies and PPE products to ensure your business re-opening runs smoothly.

"A lot of business owners felt they were forgotten about by the suppliers they relied on"

"So we are here to help all Kerry business with anything they need re; Catering or Cleaning."

Many businesses don't have the time to be chasing backorders etc. So we would hope that a friendly face that is

always available on the phone and is only over the road would give business owners some confidence that they can get what they need When they need it " Greenway has a speciality Catering showroom based in the 4park business park in Farranfore (Available by appointment only) & a large stock of Hygiene supplies available on their website.

Eoin O Shea & Liam Brosnan of Greenway Supplies - pictured with Kerry Senior Footballer Gavin White Launching Greenway Supplies partnership with Kerry GAA.



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HIGH DEMAND FROM 18-34 YEAR OLDS FOR VACCINE

There is huge demand in the 18-34 age group for the single dose Janessen vaccine in pharmacies in Killarney this week.

On Friday last, Minister for Health, Stephen Donnelly TD, announced an update to the Covid-19 Vaccination Programme. This update to the programme comes following the updated advice from the National Immunisation Advisory Committee (NIAC) regarding the possible use of adenoviral vector vaccine for those aged under 50 years of age. NIAC has restated that it is still preferable that those aged 18-49 be given mRNA vaccines. However, in light of the increasing prevalence of the Delta variant and the risks associated with it, the NIAC have noted that there is an urgency to complete vaccination of as many people as possible and, as such, have recommended that those aged 18-49 years can opt for an adenoviral vector vaccine (AstraZeneca and Janssen) in order to gain earlier protection. Younger age-groups who do not wish to receive an adenoviral vaccine will be offered an mRNA vaccination in due course.

Consent mechanisms will be put in place by the HSE to ensure that anyone under 35 years of age wishing to avail of earlier access to vaccination through the administration of an AstraZeneca or Janssen vaccine is appropriately informed of the rare side-effects associated with the adenoviral vector vaccines. People in this group will also be advised about the probable timing of the availability of mRNA vaccine for their age group when considering this accelerated option. People in Ireland aged 18 – 34 years who wish to seek accelerated vaccination in this way can seek access to a Janssen COVID-19 vaccine in their local participating pharmacy from Monday 5th July, subject to supplies. As a response to rising concerns with regard to the Delta variant,



Conor Collins, Killarney, receives his Covid 19 vaccination from Vaccinator Veronica Machova, of Sheahan's Pharmacy, at their Vaccination Centre, to the rear of their shop on Main Street, on Monday, day one of pharmacy vaccination in Ireland. Bookings for the Johnson & Johnson vaccine is live now at www.sheahanspharmacy.ie. PICTURE MARIE CARROLL-O'SULLIVAN

this recommendation is being implemented in partnership between the HSE and the Irish Pharmacy Union, with the availability of the Janssen COVID-19 vaccine for those aged 18-34 in over 700 pharmacies nationwide. Furthermore, those aged 18-34 opting for an accelerated vaccination will also be able to register from Monday 12th July for an appointment during July for a Janssen or AstraZeneca vaccine through Vaccination Centres.

Registration for an mRNA vaccine for those aged 30-34 will begin on Friday 9th July, starting with those aged 34 on that day, 33-year-olds on Saturday 10th July, and so on.

Pharmacies in Killarney who are taking part in the vaccine programme are:

Kennelly's Pharmacy at The Reeks
Sheahans Pharmacy on Main Street
All Care Pharmacy on Park Road
Boots Pharmacy at Deerpark Shopping Centre
Aherns Pharmacy, Farranfore.

Former Ireland Soccer Star enjoys what Killarney has to offer

Niall Quinn and his wife Gillian enjoyed their staycation in Killarney last weekend.

The couple stayed at The Victoria on Muckcross Road and Niall also enjoyed a trip on the lakes with Donal "Dux" O'Donoghue on the Gap of Dunloe Traditional Tours.

The couple are pictured with Mary T. Moynihan on the left and Niall is pictured with Donal "Dux" O'Donoghue on the right before the boat trip in which Dux no doubt kept the soccer hero entertained with his stories and jokes.



Imagine more!



AMOUNT	APR*	TERM	NUMBER OF REPAYMENTS	WEEKLY REPAYMENTS	COST OF LOAN	TOTAL AMOUNT REPAYABLE
€15,000	8.3%	5 Years	260	€70.01	€3,199.76	€18,199.76
€30,000	8.3%	8 Years	416	€97.61	€10,601.03	€40,601.03

Table is for illustration purposes only and does not form the basis for a contract. Figures correct as at 10.06.2021.

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CROKES GOLFERS RAISE FUNDS FOR COMFORT FOR CHEMO

Teeing off in aid of Comfort for Chemo, Dr. Crokes Golf Society have raised over €1400 for the charity.

Captain Tomas O'Regan Prize held the competition, which was Co Sponsored by Kerry Coaches on Friday last on Killeen Course which was in superb condition. 3rd Niall O Callaghan (23) 37 pts Best Gross John Brosnan (5) 78 4th Ger Brosnan (25) 37pts 5th Des Hayes (25) 37pts 6th James Jones (10) 37pts

Past Capt Brendan Keogh (9) 35pts Cat 1 Joe Sheehan (7) 35 pts Cat 2 Keith McMahon (14) 32pts Cat 3 Mossy Foley (25) 36pts Front 9 Gavin O Donoghue 18pts Back 9 Colm Galvin 22 pts. The beneficiary of the golf classic was Comfort for Chemo, a charity very close to Tomas O'Regan and his sister Brid O'Connor is one of the fundraisers for the charity. Mary O'Regan, Brid and Tomás mum passed away from cancer earlier this year and Brid has also undergone treatment for cancer at University Hospital Kerry.

Comfort for Chemo is currently fundraising to raise €5 million to build and equip a state of the art, purpose built chemotherapy unit for the people of Kerry.



Dr Crokes golf Society pictured at their outing last weekend.

XR KERRY HIGHLIGHT THE ISSUES OF WILDFIRES

Members of XR Kerry met at Killarney House on Saturday last to highlight the issue of wildfires and in particular the current laws in Ireland regarding gorse fires.

"Having written to Seamus Hassett, head of NPWS, we received a reply regarding our concerns over the Killarney Park fire, the ongoing investigation and their efforts to prevent this happening in the future", Luke Eastwood

XR Kerry Regional Coordinator said.

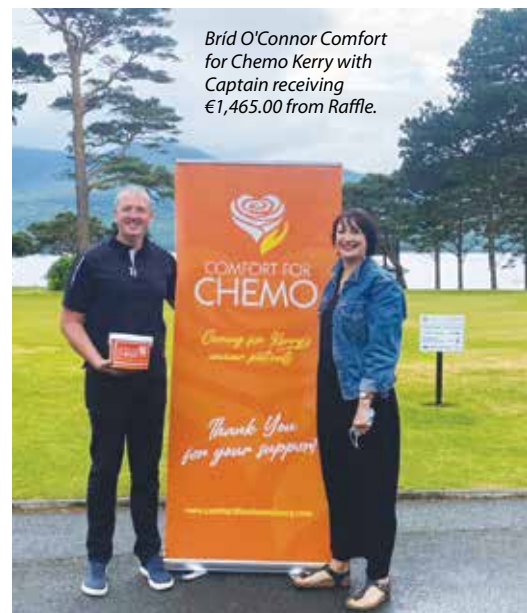
"This being the case, we are happy to wait for

the outcome of the investigation, which should be over soon (we are told) and of survey work that will provide a better understanding of the impact", he added.

XR Kerry call upon NPWS and the government to support a change in the law to completely and permanently ban gorse burning throughout Ireland. "We also ask for members of the public to support the EU petition that will eventually be submitted to Dáil Éireann if sufficient signatures are received" Mr. Eastwood said.



Members of XR Kerry Left to right: Diarmaid Griffin, Trish Hodd, Theresa Moriarty, Luke Eastwood.



Brid O'Connor Comfort for Chemo Kerry with Captain receiving €1,465.00 from Raffle.



Mike Buckley sponsor - Brian Looney overall winner with Captain Tomás O'Regan.

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The Skinny Baker

Denis Kelleher (theskinny. Baker) is living in Rathmore and began baking when he was 12 years old.

You can follow Denis on Facebook and Instagram @theskinny.baker for lots more recipes



COFFEE CAKE

Ingredients

4 eggs
2 tbsp coffee essence
225g softened butter
225g soft dark brown sugar
225g self raising flour
1 tsp baking powder
For the icing
50g butter
175g icing sugar
2 tbsp milk
1 tbsp coffee essence

Method

1. Pre heat the oven at 180°
2. Grease the base and sides of two 8 inch sandwiches tins
3. In a large bowl beat the eggs and coffee essence until fully mixed
4. Add in the butter, sugar, self raising flour and baking powder and mix again
6. Divide the mix evenly between the two tins and bake for 25 minutes, when baked leave to cool for 15 minutes before placing on a wire rack to cool fully down.
7. To make the icing, add the butter, icing sugar, milk and coffee essence in a large bowl and mix all together until light and smooth.
8. Place one cake on a plate and spread the icing on top of it and sit the other cake on top and dust with icing sugar. Enjoy

If you make the coffee cake tag me on Instagram and I will share your bakes. @theskinny.baker



Vegan Shares

with Killarney Outlook



ALOO GOBI (CAULIFLOWER AND POTATO CURRY)

Ingredients

2 large potatoes peeled and cubed
1 cauliflower broken into bite size florets
1 onion chopped
1 cup peas
2 tomatoes chopped
½ teaspoon each cumin seeds and Ground turmeric
1 teaspoon each fresh grated ginger and fresh crushed garlic
1/4th teaspoon each chilli powder and garam masala
1 teaspoon ground coriander
2-4 teaspoons oil
Salt to season
Handful chopped fresh coriander to garnish



Method

Heat 2 teaspoons of oil in the pan add cauliflower florets and fry for about 3 minutes then add the potatoes and fry for another 8 minutes. When lightly brown put these on a plate with kitchen paper to drain and set aside until needed. In the same pan put another 2 teaspoons of oil and add the cumin seeds fry 1 minute then add onions fry for 3 minutes then add ginger and garlic fry another 2 minutes then add the tomatoes fry another 3 minutes then add the turmeric, chilli powder, garam masala and coriander powder. Cover the pan and fry for about 5

more minutes being careful not to burn. Finally add in the peas, and already fried potato and cauliflower mix fry on a low heat for another 5 minutes or so. Stir through the chopped fresh coriander and your dish is ready to serve. This is so tasty you will definitely want more than one portion

If you like my vegan recipes I would be delighted if you would join me on my Instagram @vegan_shares hope to see you there. Sarah



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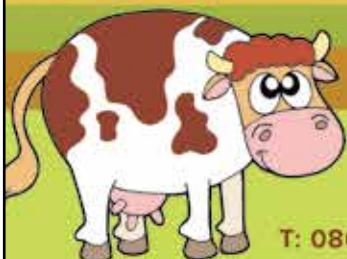
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BER G

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Price Region: €150,000



BER D2

REA


COYNE & CULLOTY

**7 KILLARNEY HOLIDAY VILLAGE,
MUCKROSS, KILLARNEY V93 DX62**
€250,000

**7 KILLARNEY HOLIDAY VILLAGE,
MUCKROSS, KILLARNEY V93 DX62**
€250,000


This attractive four bedroom property is located within the exclusive holiday home development on Muckross Road. In excellent condition throughout, this is an ideal investment property or holiday home, just a stroll from the National Park and Muckross House and Gardens. Features include south facing rear garden, all bedrooms ensuite and a beech fitted kitchen. This is a must view property.

BER C3



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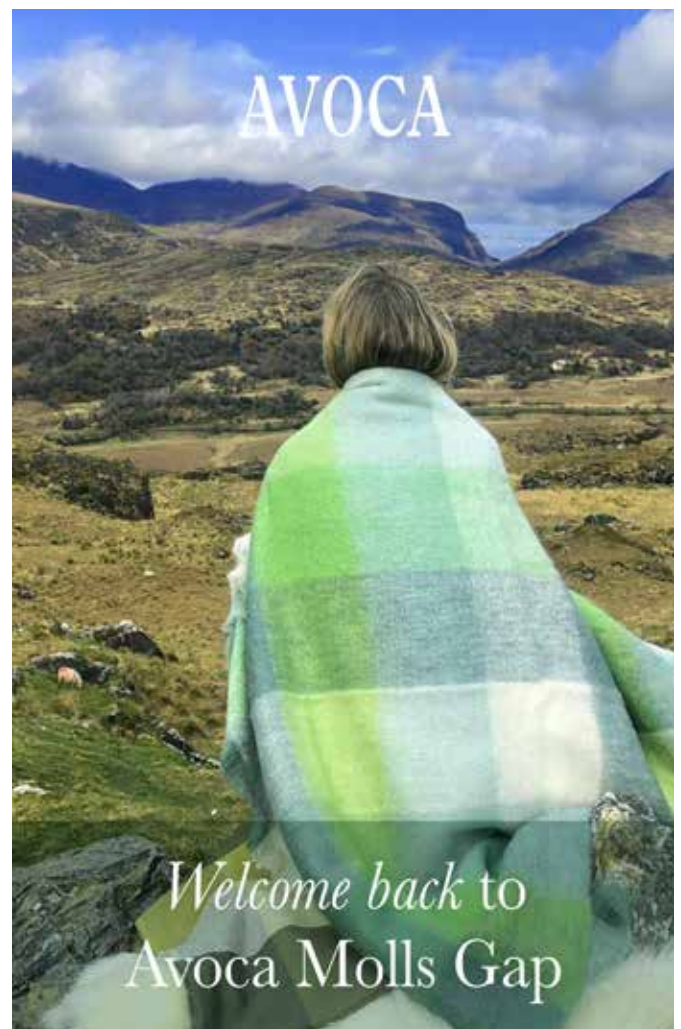
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Our store has had a redesign since we closed our doors last year, so we're looking our best for our regulars, visitors and holiday-makers this Summer! There is a brand-new Food Market on our ground floor with a wonderful selection of artisanal, Irish ingredients, freshly baked breads and scones, homemade jams and chutneys, sauces, spices and lots more. There is a curated selection of Irish cheeses and

fine wines, hand-prepared meals and a mouth-watering range of our famous sweet treats and tray bakes. We're very proud of the community of fantastic local suppliers we work with and are champions of Irish provenance. Of course, there is also our wonderful retail space for all your shopping and gifting needs, too. You'll find a hand-picked range of fashion, homeware, books and more, as well as our much-loved Avoca soaps, mugs, scarves and our famous throws, woven in our Wicklow Mill.

What's more, we have some new outdoor seating for customers to enjoy as they sip their coffee or have lunch while taking in the stunning vista. If you're taking a trip along the Ring of Kerry this Summer, make sure you stop by.





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GUIDE PRICE: €249,500
BER: C3

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BER: B3


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MONEY MATTERS.....

By Dermot Cronin,
Financial Advisor



When Can You Access Your Pension & What Are Your Options When You Want to Retire?

You can normally get access to your pension from age 60, a lot of the rules depend on whether you are an employee or self employed. If you are coming close to retirement then you are probably wondering what options you have when you want to get access to your pension. It depends on what type of pension you have but generally there are four options:

Tax Free Cash: Most people will be entitled to a tax free lump sum, the amount varies however generally you will get at least 25% of the value of your pension in a tax free cash lump sum.

Taxable Cash: You may also be able to take sum of your pension in taxable cash.

Annual Pension: This is a guaranteed income usually paid monthly for the rest of your life that is purchased with the money left after your tax free lump sum, this is subject to taxation.

Approved Retirement Funds: You may be entitled to keep some of your money in an approved retirement fund, money can be taken from the fund to give you a regular income, usually monthly. This is subject to taxation also. Taxation at retirement is often much lower than when you are working.

It is extremely important that you take your time and have all the options explained to you in plain simple English and that you understand all your options clearly before you make your final decision. As well as the above there is much more to be discussed about your pension. You should discuss your retirement options with a financial advisor who has access to a number of different pension providers before making any decisions, he or she will help you with the above options and any other queries you may have.

To discuss the above or any other matter Dermot Cronin QFA can be contacted at 0646622775 or dermotcroninfa@gmail.com




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With almost 91,000kms of regional and local roads in Ireland, it is not uncommon for motorists to come across loose livestock. Livestock have been mentioned in many an AA Roadwatch radio report over the years with "horses loose" or "geese waddling" a common occurrence. It may make for a light-hearted listen whether it is deer, swans, cattle, horses, sheep or goats but they all pose a danger for motorists. Animals don't usually cause that many single vehicle collisions but motorists must be aware how to behave if they do come across livestock.

If motorists come across loose livestock or farmers moving animals; it is imperative that motorists be patient and do not startle the animal.

- Always slow down and be prepared to stop when approaching or overtaking animals.
- You must obey any signal to slow down or stop given by the person moving animals.
- Motorists should avoid using their horn if an animal is in front as it might frighten them.
- A warning sign will be in place on roads where animals are common.



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PEUGEOT RECOMMENDS TOTAL WLTP⁽¹⁾ combined fuel consumption (l/100 km) : from 1.3 to 6.5. WLTP⁽¹⁾ combined CO₂ emissions (g/km) : from 29 to 146.

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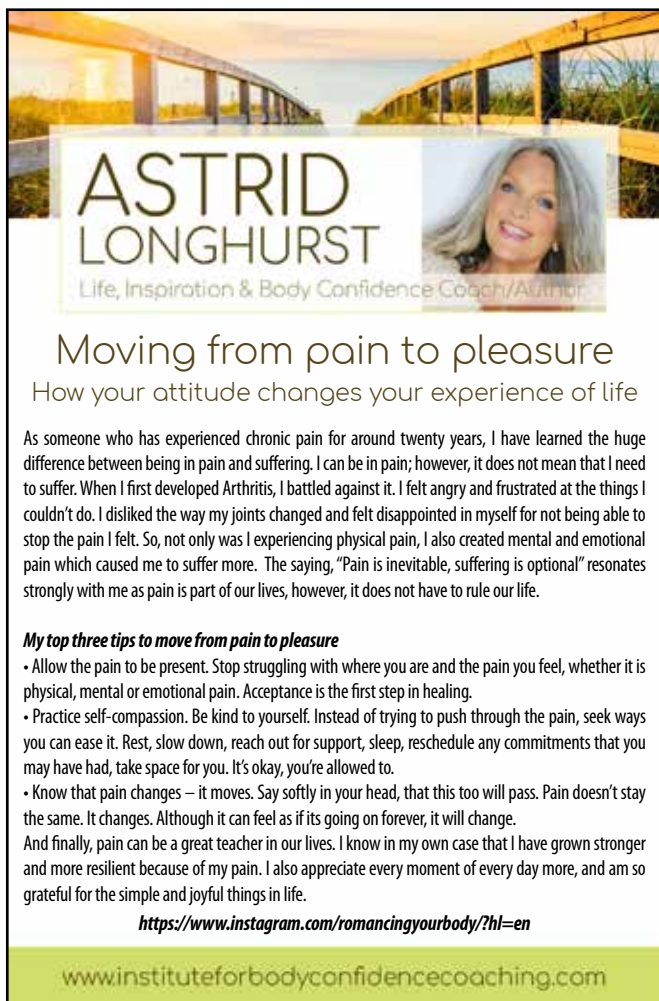


PEUGEOT

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PEUGEOT RECOMMENDS TOTAL WLTP (Worldwide Harmonised Light Vehicle Test Procedure) combined fuel consumption for 208 and 2008 in l/100km ranges from 4.0 to 6.8. WLTP combined CO₂ emissions (g/km) range from 84-121. *Optional, standard or not available according to trim chosen.

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ASTRID LONGHURST
Life, Inspiration & Body Confidence Coach/Author

Moving from pain to pleasure

How your attitude changes your experience of life

As someone who has experienced chronic pain for around twenty years, I have learned the huge difference between being in pain and suffering. I can be in pain; however, it does not mean that I need to suffer. When I first developed Arthritis, I battled against it. I felt angry and frustrated at the things I couldn't do. I disliked the way my joints changed and felt disappointed in myself for not being able to stop the pain I felt. So, not only was I experiencing physical pain, I also created mental and emotional pain which caused me to suffer more. The saying, "Pain is inevitable, suffering is optional" resonates strongly with me as pain is part of our lives, however, it does not have to rule our life.

My top three tips to move from pain to pleasure

- Allow the pain to be present. Stop struggling with where you are and the pain you feel, whether it is physical, mental or emotional pain. Acceptance is the first step in healing.
- Practice self-compassion. Be kind to yourself. Instead of trying to push through the pain, seek ways you can ease it. Rest, slow down, reach out for support, sleep, reschedule any commitments that you may have had, take space for you. It's okay, you're allowed to.
- Know that pain changes – it moves. Say softly in your head, that this too will pass. Pain doesn't stay the same. It changes. Although it can feel as if it's going on forever, it will change. And finally, pain can be a great teacher in our lives. I know in my own case that I have grown stronger and more resilient because of my pain. I also appreciate every moment of every day more, and am so grateful for the simple and joyful things in life.

<https://www.instagram.com/romancingyourbody/?hl=en>

www.instituteforbodyconfidencecoaching.com

LIFE SAVING DEFIBRILLATORS NEAR YOU!



Pictured are: Molly Coffey, Jarlath Lee, Stephen O'Connor and Jeff O'Sullivan.

PARKAVON AND KILLARNEY COURT HOTELS

Many of the hotels in Killarney have AED's available internally, however both the Parkavon and Killarney Court Hotels provide locations for public access AED's.

Regularly inspected and maintained public access AED's not alone benefit all within the community they also ensure awareness through being highly visible. KCRU has recently updated its AED mapping page on it's website which can be found at killarneycru.ie



Noreen
answers your
beauty questions...

WHAT Women WANT

How can I stop my foundation coming off on my mask?

The trick is to "bake" your foundation and spritz it with setting spray for extra hold.

After applying your skincare (serum, moisturiser, spf) use a primer to mop up oil created under your mask and create a perfect base for your foundation.

Use a transfer proof or matte liquid foundation - You can spray your make up on the brush with a setting spray before applying to your face for extra hold just work fast.

Apply pressed powder like Jane Iredale Pure Pressed €44 next - an oil free, weight less mineral powder with great coverage and antioxidants to heal and calm your skin. This can be used alone as a concealer, foundation, powder and sunscreen all in one, spritz between layers to build coverage.

Follow with a generous amount of translucent powder using a sponge or brush - let it set/bake for few minutes



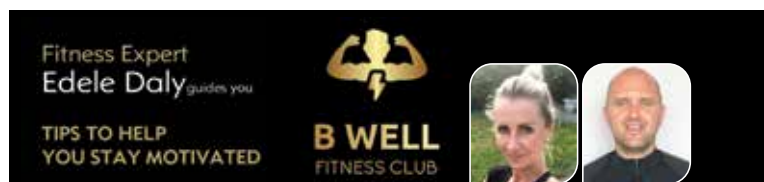
before dusting off excess powder with a large fluffy brush. Now apply your bronzer blusher and highlighter, setting spray and a final dusting of translucent powder and Jane Iredale setting spray €29.95.

Make your skincare regime your top priority then you can wear a lighter foundation to prevent transfer under your mask.

Noreen Mangan

Tel: 0646630712

www.whatwomenwant.ie



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YOU STAY MOTIVATED

B WELL
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Following on from last weeks tips on using How to reduce stress through your diet...

It's fair to assume you currently have some stress in your life. It's important to know what we can do nutritionally to support our health and reduce negative impacts from stress. I'll outline some of the key points to consider below:

Eat small and often

In times of stress your body is burning through more carbohydrates for energy. It's therefore common for those under stress to experience low blood sugar levels, as demand for glucose is higher. This can result in hypoglycaemia, or at the very least, to increased cravings for sugar. Those with high stress levels are typically on a constant blood sugar rollercoaster and always looking for their next sugar fix. On top of this, they rely on stimulants such as coffee and sodas to see them throughout the day. These uncontrollable food urges are likely to cause overeating, as the body constantly strives for homeostasis to balance blood sugar levels. And that overeating generally leads to weight gain.

It is important for those with a sweet tooth to eat regularly throughout the day, with consistent meal timings. The goal should be to never go hypoglycaemic. Meals should be nutritionally balanced with adequate protein, fats and carbs from high quality food sources. Sugary food, caffeine and alcohol should be limited as these have a negative effect on blood sugar levels.

Don't Fast

Intermittent fasting (IF) has become one of the most debated modern nutrition protocols, and rightfully so because it breaks a lot of rules. Here at B Well we usually advise clients to eat every 2-3 hours and to eat breakfast upon waking to 'kick-start' our metabolism for optimal body composition and health. IF goes against this by reducing meal frequency and delaying breakfast. Many fasting protocols suggest eating less during the day and feasting at night. Fasting isn't a tool I'd recommend for those with high stress levels as it puts even more pressure on the adrenals to maintain a level of blood glucose. When recommending IF protocols it's important for the user to be in a good state of health, already eating whole unprocessed foods, getting sufficient sleep, managing stress and exercising well. It should therefore be used as an addition to an already effective and consistent training and nutrition strategy.

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EYES IN THE SUN

Too much sun can damage the eyes. As with skin damage, it is the ultraviolet (UV) radiation from the sun which causes problems.

There are two types of UV rays: UV-A and UV-B. Over time, the effects of UV rays may help cause several eye problems.

UV-A

can hurt your central vision. It can damage the macula, a part of the retina at the back of your eye.

UV-B

The front part of your eye (the cornea and the lens) absorbs most UV-B rays, but these rays may cause even more damage to your eyes than UV-A rays.

What Eye Problems Can UV Rays Cause?

Macular Degeneration

UV rays may lead to macular degeneration, a leading cause of vision loss for older people.

Cataract

UV rays, especially UV-B rays, may also cause some kinds of cataracts. A cataract is a clouding of the eye's natural lens, the part of the eye that focuses the light we see.

Skin Cancer

Skin cancer around the eyelids is also linked to prolonged UV exposure.

Pterygium

Another UV-related problem is a growth called pterygium. This growth begins on the white of the eye and may involve the cornea. Eventually, the growth may block vision. It is more common in people who work outside in the sun and wind.

Corneal Sunburn

Corneal sunburn, called photokeratitis, is the result of high short-term exposure to UV-B rays. Long hours at the beach or skiing without proper eye protection can cause this problem. It can be very painful and may cause temporary vision loss.

Protecting your eyes from the sun

If you are spending time outdoors, especially in the summer or on holidays abroad, make sure that you and your children have good quality, dark sunglasses with UV protection. Look for the British Standard (BS EN ISO 12312-1:2013) or the CE mark, which is the manufacturer's assurance that the sunglasses have been made to the appropriate safety standards. You can also protect your eyes by making sure to wear a hat with a brim or a sun visor in bright sunlight.

For more information and honest advice contact us for an appointment.



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THE RANGE SET TO OPEN IN TRALEE



The Range
Home · Leisure · Garden

Homeware, furniture and DIY store The Range is set to open at Manor West Retail Park next month.

It will be situated in the unit which formerly housed Debenhams and is one of the fastest growing UK retailers.

The retailer has 190 outlets across the UK and Ireland.

KILCUMMIN

>KILCUMMIN RURAL DEVELOPMENT OFFICE

Kilcummin Rural Development Office provides a full Secretarial Service to all groups and individuals. Assignments, Essays, Projects, C.V's professionally typed, confidentiality assured. Other services include photocopying, laminating, e-mail, paying your motor tax online and your property tax online. Emails to the Department of Agriculture for the movement of cattle can also be sent from the office. Tel: 064-6643357 or email: info@kilcumminparish.com

>KILCUMMIN GAA

U-17 EAST KERRY LEAGUE

Kilcummin 7-13 Glenflesk 3-13. Both teams were without their county players which impacted more on Glenflesk than Kilcummin who were missing Dara O'Callaghan. Nevertheless this was a good showing from our lads and in particular from our forwards who scored well when needed. Jack Fogarty got a hat-trick of goals, Paudie Moynihan got two with Sean Doolan and Mark O'Shea getting one a piece.

FIXTURES

Monday 12th July at 7.30 Kilcummin V Dr Crokes U-17 East Kerry League. U-20 Club League Kilcummin/Rathmore V Laune Rangers at 4pm in Kilcummin. Previous result Austin Stacks 3-10 Kilcummin/ Rathmore 5-10

SENIOR CO LEAGUE RESULT DIV. 1

Dingle 0-11 Kilcummin 0-10. In recent years this has always been a difficult fixture but last Saturday our lads were unlucky not to get at least a point in Dingle on a wet evening that did not make for good football. Noel Duggan was our chief scorer accounting for seven points (four frees) while Kevin McCarthy and Gary O'Leary also got on the scoreboard. our next outing is at home to Dr Crokes on Sunday 18th July at 2pm.

SENIOR CO LEAGUE DIV. 6B

Dr Crokes C 2-10 Kilcummin B 2-06. This game was played in Lewis Road last Sunday and despite a spirited performance they lost out by four points to the home team. Stalwarts Daniel O'Leary and Richie O Connor were the goal scorers but Jaden Tynan, Danny Cronin and Mikey O'Shea also played well. This rivalry is likely to be renewed in the final of the East Kerry league at a date to be confirmed.

>SHARE THE POT

Next draw Sunday 11th July. Tickets available from Kilcummin P.O., Paddy O'Keefe's, Gattabawn or www.kilcummingaa.com.

>MASTERGEEHA FC

INTERSPORT ELVERYS SUMMER SOCCER SCHOOL AT MASTERGEEHA FC

Last week, the FAI held their first Summer Soccer School in Mastergeeha. 114 boys and girls attended throughout the week and had a great fun developing their skills. A huge welcome and thank you to Chelsea Noonan, our new FAI Development Officer in Kerry for joining us in Kilbreen Park. Thank you to our fantastic team of coaches, Niamh, Sean, Hugh, Philip, Kieran, Seb, Tony the 2 Rob's and the 3 Cian's, who put in so

much work in making this an enjoyable and fun event of all the girls and boys. Our next camp is a little over 5 weeks away (August 9th) and space is filling up fast. Book on <https://bookings.summersoccerschools.ie>

>STAR PLAYERS AMY BROSNAN AND RUAIRI O'DONOGHUE

We are very proud of all our members and this week, we want to congratulate Ruairi O'Donoghue from our U-13 boys team for being recognised in the Kerry Schoolboys team of the week. Amy Brosnan took it to a new level where she was recognised as Player of the Week across all girls team in the county. Amy consistency is superb and she worked very hard scoring 4 goals for our U-12 girls team on Saturday. Congratulations to both of you for representing us so well in competitions.

>MASTERGEEHA FC RESULTS

We had lots of teams in action in the last week, and here are the results: U-12 Girls: Inter Kenmare 7 - 4 Mastergeeha FC Scorer: Amy Brosnan (4). U13: Mastergeeha FC A 5 - 0 Ballyhar Dynamos. Scorers: Zach Cronin (1), Rory O'Connor (2), Billy O'Donoghue (1), & Thomas Myers (1). U13: Mastergeeha FC B 6 - 4 Inter Kenmare. Scorers: Patrick O'Riordan (2) & Ruairi O'Donoghue (4). U14: Mastergeeha FC B 2 - 5 MEK Galaxy. Scorers: Ronan McCarthy (1) & Dylan Cronin (1). U16: Killorglin AFC 0 - 2 Mastergeeha FC (Tuesday evening). Scorers: Hugh Lenihan (1) & Adam Murphy (1). U16: Mastergeeha FC 3 - 4 Killarney Celtic (Friday evening). Scorers: Hugh Lenihan (2) & Padraic Moynihan (1) SENIORS. Mastergeeha FC 4 - 0 Windmill Utd. Scorer: Anthony Magnier (1), Damien Breen (1), Philip O'Leary (1) & OG.

>MASTERGEEHA FC EUROS GOALS GALORE

Our Goals Galore Competition continues to follow the Euro's now that we are in the Semi Final Stage. For the Wooden Spoon, Sean Reilly is leading the way and unlikely to be caught. It's tight at the top of the Dirtiest Entry competition too with Tommy O'Sullivan leading on 47 points with 5 others 1 point behind. Check out the Goals Galore Leaderboard on our Facebook page.

>MASTERGEEHA FC LOTTO

There was no winner of the Lotto on Friday 2nd July 2021. Numbers drawn were 6, 11, 15,18. Consolation prizes went to the following: €50 Emmet Doolan, c/o The Village Inn, €50 Joan Donan, 6 Allmans's Terrece, Killarney. €50 Phil Ahern, c/o Kathleen Devane. €50 Rhona Randall, 5 Mountain View, Kilcummin. Next lotto draw for a jackpot of €2,400 in the Village Inn, Kilcummin on Friday night July 9th. Please support us by purchasing tickets from our team of ticket sellers or online at www.mastergeeha.com/lotto. We have a new lotto stand at the Reeks in Killarney where you can also play.

Written by: John Moriarty

St Pauls Basketball Club will host a Drive in Bingo eveing this Sunday 11th July at Killarney Outlet Centre at 8pm. Gates open from 6.30pm. Pictured at the launch are Left to right.... David Gleeson, Lorcán Keane, Senan O'Leary, Jamie O'Sullivan and Jarlath Lee.



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RATHMORE GNEEVEGUILLA

➤CONGRATULATIONS AND BEST WISHES

To sheilann Moynihan who opening preschool at Turreenchail community centre.

➤WEDDING BELLS

Congratulations and best wishes to Anne Marie O'Connell gneeveguilla and Colm Kelly rathmore on their wedding day rennmy The best of health and happiness for your future together.

➤SYMPATHY TO FAMILIES AND FRIENDS

The death has occurred of Denis (DeeDee) Cronin Upper Park Road, Killarney, & Gortabawan, Gneeveguilla peacefully surrounded by his close family and in the wonderful care of the Palliative Care Team. Pre-deceased by his brother Michael. Dearly beloved husband and best friend to Teresa, loving dad to Keith, Serena and Tracy and grandad to Naoise, Áine, Aoife, Fionn and Florence. Denis will be greatly missed by his wife and family, daughter-in-law Sarah, son-in-law Alan, brothers Seán and Pat, sisters Ann and Mary, brothers-in-law, sisters-in-law, nieces, nephews, extended family, his colleagues at Torc Precision Engineering, past and present and his many close friends. May He Rest In Peace.

➤GNEEVEGUILLA COMMUNITY DEVELOPMENT COUNCIL AND GNEEVEGUILLA BASKETBALL CLUB

We had our weekly draw for our Share the Bucket on Friday evening 1906/21. The Jackpot winners to Congratulations to Aileen Murphy, this week's jackpot winner of €306 Well done Aileen this week's jackpot winner of €306. Congrats Aileen this week's jackpot winner was €306 Well done Guaranteed winner every week, go to our Facebook page to find out how and where you can play. REMEMBER if YOU are not in you can't win <https://www.facebook.com/gneeveguilla> a/Draw takes place every Friday evening @8:30 pm on Facebook live

➤ST VINCENT DE PAUL RATHMORE

LOCAL CONFIDENTIAL - CONTACT 087 3462332

➤CONGRATULATIONS

to Laura Dunlea well know singer and musician form BallyDesmond who got engagement to Patrick Flynn Banteer rennily we wish both them happy life together.

➤COVID 19 SUPPORT LINE FOR OLDER PEOPLE

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID19. Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

➤SUICIDE AWARENESS

A Clothes Bank in Aid of Suicde Awareness in Aid of Sulcide Awareness in now Installed in the Creamery yard Rathmore. All Clothes accepted Anyone in need of support call Mary on 087-3162257.

➤THE AGM

Of IRD Duhallow CLG and the Launch of the Progress Report 2020-2021 will take place on Wednesday 28th of July at 8.00pm in the James O'Keeffe Institute, Newmarket. While the A.G.M is a legal requirement of this organisation, it also provides an important forum for all communities in Duhallow to review activities and hear about opportunities for the coming year. The IRD Duhallow friendly phone call service is used now more than ever before. If you know of someone living alone or feeling isolated and who would like to chat with someone on daily & weekly basis then we can arrange this. Please contact 029 -60633

➤4 WEEK SUMMER SIZZLER REMOTE COOKERY PROGRAMME

One of the aims of the Community Food Initiatives is to support families with children up to the age of 12 years in their own homes to develop their cooking skills and healthy eating habits. This Summer Sizzler Remote Cookery Programme will run over 4 weeks; Wednesday 7th July, 14th July, 21st July and 28th July. IRD Duhallow will prepare a box of ingredients and recipes from Safefood's 101 Square Meals that can be picked up from IRD Duhallow every Wednesday afternoon and Duhallow Community Food Services will prepare easy to follow step-bystep videos for each recipe. For more information or to register for the 4-week Summer Sizzler Remote Cookery Programme please email brighid-ide.walsh@irdduhallow.com or call Brighid-Ide on 029-60633.

➤RATHMORE GAA

ASTRO TURF NOW OPEN FOR BOOKINGS

Groups must not exceed 15 people. Covid sanitizing and contact tracing applies to groups. Contact Noreen on 087 1144100
Kerry Public Participation Network Register your Community Group Who Can Join? To qualify for membership of Kerry PPN your group/organisation must:- Be active in County Kerry Have more than 5 members Be non-party political Be in existence for a minimum of 6 months - Are independent i.e. not a sub-committee or a subgroup of another Organisation
Operate on a not for profit basis - To register your community group, please fill out the following form. All boxes and questions with a star MUST be completed. Elsewhere in Contact details put None if you don't have a Landline, Facebook Page or Website. Failure to do so can result in your application being rejected. If you have any enquiries about registering, you wish to obtain further information please contact our Development Officer Caroline Toal on 087 6891105 or ctoal@kerrycoco.ie
Administrative Officer Eamon O'Keeffe on 066 7183680 or eamon.okeeffe@kerrycoco.ie

➤NOTES

if you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087--6676817. Before 6pm sunday,

By Michael O' Mahony

*There is always one....
But this time it was two!*

*When Italy scored their first goal in the semi final of the Euros on Tuesday night the camera scanned the crowd and low and behold two Kerry Jersey were seen.
Brosnan twins Niall and Seamus O'Connor quickly went viral with GAA clubs around the country commenting.*

It isn't the first time a Kerry supporter has appeared at a major sporting with the most popular being the US Masers in Augusta where an appearance of a Kerry Jersey in the crowd can be guaranteed.





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SPA

➤UPCOMING FIXTURES

Sunday July 11th U13 Co League Spa v Kenmare (away, 6pm) and U14 Girls Spa v MKL B (away, 6.30pm); Monday July 12th EK Minor League Spa v Cordal/Scartaglin (home, 7.30pm) and Senior Ladies Donal Curtin Cup Spa v Desmonds (away, 7.30pm). Best of luck to all teams and managements. In the event of any changes to fixtures, the most up to date list will be on the spagaa.com website calendar.

➤CO LEAGUE RD3 DIVISION 1A SPA V JOHN MITCHELS

On Saturday night Spa came away from Tralee with a win after leaving it very late to come good against John Mitchels. The scoring was close throughout, the sides level a total of nine times during the game, but a late burst from Spa secured the valuable two Co League points. Spa welcome Dingle on July 17th/18th in the next round.

➤CO LEAGUE RD3 DIVISION 6C SPA B V DINGLE B

Spa welcomed Dingle on Sunday afternoon in horrendous conditions, with Dingle winning well on the day by 0-2 to 2-13. In the next round on July 17th/18th Spa B will be away to Furies B.

➤KERRY TEAMS

Good luck to all the Kerry teams in action over the next week. The Kerry Senior Ladies play Galway this Friday July 9th in Rd1 of the Championship (7.30pm, Ennis). On Saturday July 10th the Kerry senior team play Tipperary in the Munster semi-final (7pm, Semple Stadium) and the Kerry hurlers play Meath in the Joe McDonagh Cup (7pm, Pairc Tailteann). Then on Sunday the 2020 deferred All Ireland Minor semi-final Kerry v Roscommon will take place at the LIT Gaelic Grounds, Limerick at 2.30pm. Next Thursday July 15th the Kerry U20s start their championship away to Cork at 7.30pm. Best of luck to all teams and managements especially Dara Moynihan, Niamh Kearney, Cassandra Buckley, Ciara Moynihan and Niall O'Mahony.

➤MINOR EAST KERRY LEAGUE RDI SPA V GNEEVEGUILLA

Our Spa minors travelled to Gneeveguilla last Thursday for the first round of the East Kerry minor league where both sides served up a very entertaining draw. The teams were evenly matched in the first half, Gneeveguilla with a 0-9 to 0-7 lead at the half time break.

Gneeveguilla goaled early in the second half and extended their lead to seven points at 1-11 to 0-7 before the water break. Spa however, put in a strong final quarter and a goal brought them right back in contention, and the game finished all square at 1-13 apiece. Well done to the team and management.

➤U11 GO GAMES PHASE 1 COMPLETED

Spa finished their first phase of u11 county league games against near neighbours Legion last Thursday evening. Spa have had 2 teams in action, an u10 team and u11, throughout this phase. They have played against Furies, Rathmore, Glenflesk and Legion and played some outstanding football. This is certainly a group for the future. Thanks to all the coaches, parents, referees and all the young players.

➤U15 CO LEAGUE SPA V MILLTOWN CASTLEMAINE

Our U15's travelled to Milltown / Castlemaine last Wednesday evening in blistering sunshine and came away empty handed for their first loss of the season. After a bright start, it was one way traffic for the remainder of the game. Although our boys had a couple missing through injury their hosts were much the stronger outfit on the night. Thanks to Milltown Castlemaine for a sporting game and hopefully we'll meet again soon.

➤U12 GIRLS SPA V DR CROKES

Our second fixture of the U12 Girls Season took place last Wednesday away to Dr Crokes. The sun was still splitting the stones at throw in and it was a fabulous contest for the first three quarters of the game. There was some lovely scores from both sides & it was great to see some of the basic skills on display. We finished the half ahead by one or two points and carried this lead into the final quarter. But alas we just rang out of steam and Crokes kicked on in the final quarter to be deserved winners on the night. Well done to all the girls tonight who are improving week by week. In the next game our girls made the trip to Kenmare to play Inbhear Sceine Gaels last Friday. In contrast with last Wednesday, the weather was grey & drizzly and our girls got off to a slow start. ISG were much the stronger outfit in the first half and worked up a formidable lead of 11 points by half time. But credit to our girls, who played brilliantly in the second half and reduced to margin to 4 points at one stage. ISG's lead ultimately was too big to bridge and they came away with the points. Many thanks to ISG for a sporting fixture and we will regroup again to play Laune Rangers next Friday July 9th @6.15pm in Spa.

➤SENIOR LADIES DONAL CURTIN CUP ROUND 1

Spa 0-6 Na Gaeil 2-7: Our senior ladies started their campaign away in Tralee last Monday evening. All players tried hard and never gave up. Na Gaeil were the stronger team on the night and deserved the win. It was great to see our U16 players Aoife and Isabel make their senior debut and played a stormer. Well done girls. Next game is home to Finuge/St Senans Monday July 5th at 7.30pm.

➤EAST KERRY JUNIOR LEAGUE SPA V KILCUMMIN

Spa were at home last week against Kilcummin in round two of the East Kerry Junior League. The visitors had a strong first half with a solid lead at half time, leading by 1-9 to 0-2. Both sides had some good passages of play in the second half with Kilcummin winning on the night by 1-15 to 1-4. Spa are home to Furies next Tuesday July 6th at 7.30pm in the next round.

➤CHANGE TO EAST KERRY MINOR LEAGUE

There has been an update on our East Kerry minor league fixtures with an extra round added to Group 3. The new fixtures for the next few Monday nights are: July 5th Spa v BYE; July 12th Spa v Cordal/Scartaglin (home 7.30pm); July 19th Spa v Beaufort (home 7.30pm); July 26th Spa v Currow (away 7.30pm)

➤SPA LOTTO RESULTS 28 06 21

Numbers drawn: 3, 7, 17, 26. No winner and €50 Lucky Dips go to Mary Anne c/o Eileen Hickey, Cormac & Pdraig O'Sullivan, Aine Moynihan and Kitty Brennan. Next week's JACKPOT is €5,400. Tickets on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckcross Rd, Spa clubhouse or from usual sellers. Thank you to everyone for your continued support for our club lotto.

➤JUVENILE TRAINING

Juvenile training continues each week. Spa GAA is open to everyone in Killarney parish and new members are always welcome. Contact the coaches or Coiste na nÓg Secretary Denise on 0871385612 or spacoistenanog@gmail.com with any queries.

➤ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy



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MAGAZINES

PADDY O'KEEFE

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LISTRY

>LISTRY JUVENILE RESULTS

Week ending Sunday July 4th
Wed June 30th

U15 Lee Strand County League Div 1.
Keel/Listry 3.15 - Rathmore 1.08

Sunday June 27th

U13 Lee Strand County League Div 9
Keel/ Listry 1.07 Legion 1.08

U13 Lee Strand County League Div 1

Keel/Listry 4.21 Legion 0.03

U9s and U11s were also out this week and acquitted themselves very well.

>LISTRY JUVENILE FIXTURES

Sunday July 11th

U13 Lee Strand County League Div 9

Keel/ Listry V John Mitchels in Keel at 5.30pm.

U13 Lee Strand County League Div 1

Keel/Listry V John Mitchels in Keel at 7pm.

Best of luck to all players and mentors.

>LISTRY WEEKLY LOTTO RESULTS

Numbers drawn: 9, 18, 21, 25 no jackpot winner.

€100- Geoff Riordan, Ballymacelligott

€50 x 2 Daithi O Cinneide. Noel O Sullivan, Listry

€25 x 2 Noel Kennedy Ballymalis, Padraig Dwyer, 108 Pinewood.

Next Sunday Jackpot €5,450. Congratulations to all our lucky dip winners.

>U17 KEEL LISTRY JERSEYS

Thanks to Aiden Benson and family who sponsored our U17 Keel /Listry team their new jerseys.

>EAST KERRY JUNIOR LEAGUE 2021

Listry won this junior league game played at Listry against Currow on Tuesday evening 29th June 3-17 to 3-09. This was a 13 a side game and Listry started the better scoring 2-2 in the first 5 minutes. One point came from a penalty which Anthony Sweeney put over the bar from the spot. Currow came more into the game at this stage and outscored the locals 5 points to 1 before the water break leaving the score 2-03 to 0-05. Listry again finished the stronger leading 2-06 to 0-06 at half time. The locals started the second half as they had in the first half and led 3-08 to 1-07 at the second water break. David

Moriarty, Timmy O Leary and full forward Jack Scanlon did their best for Currow but could not close the gap. Listry then ran down their bench and conceded 2-02 in the last 10 minutes but they had scored 9 points in that second half to win by 3-17 to 3-09. Best of luck to Listry in The East Junior League.

>ALL IRELAND MINOR FOOTBALL CHAMPIONSHIP

Best of Luck to our Kerry Minor team and management, especially to Aaron O Shea on Sunday 11th July against Roscommon in Gaelic Grounds, Limerick.

>TIPPERARY V KERRY MUNSTER FOOTBALL CHAMPIONSHIPS

Best of Luck to our Kerry Senior Team and management on Saturday 10th July @ 7pm in Semple Stadium, Thurles.

>LISTRY V BALLYMACELLIGOTT CO LEAGUE DIV 2B

Ballymac won this Div 2B Co league game played in Listry on last Saturday evening 3rd July by 2 points, with a score line of Ballymac 0-14 to Listry 1-09. Ballymac opened the scoring with a point from Daire Keane. Joe Clifford replied almost immediately for Listry before Aiden Breen and Darragh Regan with points from play put the visitors in front. Sean Lehane with a pointed free brought Listry closer before the same player passed to Ruairi Murphy who rattled the Ballymac net to put them ahead for the first time. Cain Bradley with a point from play pushed the home side further in front before Daire Keane replied with a point also from play. Anthony Sweeney who had replaced the injured Peadar Keane scored 2 points to push Listry into a 4 point lead. In between these Listry keeper Colm Counihan made a point blank save. Mike Hoare and Adam Sheehy brought Ballymac closer before the half time break left the score Listry 1-05 to Ballymac 0-06.

Early in the second half Ruairi Murphy was sin binned and this gave the opposition the opportunity to push on and they scored 4 points without reply from Darragh Regan, Dylan Dunne, Daire Keane and Mike Hoare, to retake the lead. Listry then came more into the game and scored 3 points all from Anthony Sweeney to one point from Mike Hoare which left the sides level. Darragh Broderick swapped a point with Anthony Sweeney before Broderick again and Aiden Breen gave the visitors a 2 point lead they held to the end. Final score Ballymac 0-14 Listry 1-09.

Written by: Anne Sugrue O'Brien



THE GLORY OF WIMBLEDON

By Nicky Barry

Tennis is so very British, as is their cricket game,
Both are ultra civilised, and not played in the rain.
They're part of English summers, spent watching folk hit balls,
Over nets with racquets, and cricket bats at Lords.
Wimbledon is sacrosanct, in British sporting culture,
For they revere tradition, as in no other country.
It really is for genteel folk, who turn up every year,
In their summer finery, to watch their heroes play.
They clap every point scored, and are very well behaved,
Even if some foreigner, has the cheek to win a game,
Against the Brexit wonder-boy, high on tabloid fame.
The British built an empire, with the help of cannon balls,
And then they introduced their games, from Durban to Bengal,
Along with cucumber sandwiches, and strawberries and cream,
And lah-di-dah behaviour, in deference to their queen.
The natives soon became proficient, at these British games,
And with native cunning, in time became their bane.
They even learned to simulate, a stiff upper lip,
And behave with decorum, if there was a cricket blip,
And England suffered the disgrace, of being truly whipped!



After cycling 1500km in total between then in May and June, Team Walshe would like to thank everyone who contributed and helped them raise €3010 for the Ring of Kerry My Way Cycle. Pictured are Cathal, Enda and Amy Walshe. Amy and her grandad Cathal completed their cycle every morning in June while Enda did his 170Km on early morning cycles and days off.

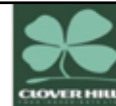
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Please email your C.V to hr@cloverhill.ie or post it to HR, Clover Hill Food Ingredients, Mount Leader Industrial Estate, Millstreet, Co. Cork P51 E8PY.

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- To support the effective daily management of the Childcare Service in accordance with the policies and procedures of the Service, the Childcare (Pre School Services) Regulations 2016, any other relevant legislation, good practice requirements, ensuring regulatory and financial compliance of service and be accountable to the Childcare Manager. To ensure the safety and well-being of all children attending the Service, in line with Child Safeguarding.
- To support the planning and evaluation of a dynamic curriculum to meet the individual needs of children attending the service.
- To Support & Supervise the Childcare Staff Team.
- To work directly with the children in the Centre covering in rooms.
- To Support and Interact with families using the Service.
- To engage and liaise with external agencies.
- To monitor and ensure that all agreed quality and safety standards are maintained at all times.
- To monitor day to day administration, funding, and financial operations within the childcare service.

Personal Attributes:

- Excellent team ethic and leadership skills to lead and motivate the childcare team.
- Strong communication, organisational and IT skills.
- Flexible and reliable.

Any successful candidate will be pending Garda Vetting and satisfactory employment references. Canvassing will disqualify applications. Late applications will not be considered. Milltown Childcare Centre is an equal opportunities employer with a voluntary Board of Directors.



Send Curriculum Vitae and Cover Letter to infomilltownchildcare@gmail.com by 5pm on Friday 6th August.

GLNFLESK

➤CLUB MEMBERSHIP

LISTOWEL EMMETS 0 15 GLENFLESK 1 10

Listowel's domination of the second half proved crucial as they fought back to beat Glenflesk by 2 points, after 60 intense minutes in Division 3A of the County League. Three wins from three now leaves Listowel in a strong position to be promoted. It's the third close match they've come out on the right side of. Glenflesk will rue the fact that they could not close out the match from a dominant position early in the second half. From then on the ball rarely crossed half way, and Listowel ground their way back into the game. Two tight losses will hurt badly, and the team now needs to regroup before facing Keel at home in two weeks.

➤FIXTURES

Senior Co. League Rd. 4

Sunday 18th July at 2pm. At home v Keel

Sunday 18th July at 2pm. Glenflesk B Away v Beaufort

U20 Club Football League Rd 2

Sat 10 July @ 4pm. Away V Gneeveguilla Rd. 3., Sat. 24th July @ 4pm

Away v Kerins o Rahillys

Lee Strand U-13 County Football League - Div 3

July 11th at 6 pm. Away v Castleisland Desmond's

U17 East Region League

Monday July 12th Fossa v Glenflesk @7.30 in Fossa.

ROUND 3 Monday 12th July 2021 at 7.30pm

➤RESULTS

Credit Union County League Rd 3 Division 3A; Glenflesk 1.10 Listowel Emmets 0-15 - Credit Union County League Rd 3 Division 6A; Glenflesk 3-03, Gneeveguilla 2-09

➤LOTTO RESULTS

No winner of Glenflesk Lotto which took place on Monday 28/6/2021 in Glenflesk Hall. Jackpot €4,400. Numbers : 9, 20, 21, 26 . Consolation Prizes
1) Jerh and Eileen Murphy, Barraduff village. (Yearly Ticket)
2) Jack Favier (c/o Dan), 3. Dan Favier (Sellers' Prize)
4) Johnny Brosnan , Coolies, Muckcross,
Next draw will take place in Glenflesk Hall on 12/07/2021. Jackpot will be €4,600. Thank you to all who support our Lotto and to our sellers.

➤GLENFLESK SENIOR LADIES

On Monday night Glenflesk ladies fielded a senior team for the first time in three years . We lined out with Maria Buckley in goals , full back line of Mary O Sullivan , Mia Heffernan and Cliona Murphy ably assisted by half back line of Susan Kelliher, Aoife Kelliher and Nicole Culloty . Keelie O Connor and Shauna O Donoghue were our midfield pairing and worked well to distribute to our half forward line of Katie O Connor , Niamh Faulds, Muireann Darcy and our full forward line of Ciara Furlong, Jillian Courtney and Orlaith Murphy. It took us a while to settle into the

game but with a few positional changes and game time we improved as the game progressed and also the introduction of Caitlin Cronin, Caoimhe Moynihan, Caitlyn Kelly and Caoimhe Crowley with fresh legs and enthusiasm drove the team on . Unfortunately we lost out by the narrowest of margins but a lot of positives to be taken from the game. It's wonderful to have players back in the blue and gold that haven't played in years. We look forward to having ye on the field of play in the coming weeks. Speedy recovery to Keelie and also to the Rathmore player who was injured during the game and finally thanks to Selina for her handling of the game . Our team is managed by Maire O Leary and assisted by Catherine O Sullivan next game will be July 12th.

➤U15 COUNTY LEAGUE

GLENFLESK 5 - 12 CASTLEISLAND 6 - 16

Glenflesk under 15s eventually fell short against a very strong Castleisland Desmonds team in round 4 of Division 3 of the County League.

A tough game ends with a defeat. The players have no reason to be too disappointed after again giving everything till the end. The team is very young and will benefit from these games. Glenbeigh/Cromane away is the last fixture. Keep playing with this attitude and the wins will come soon.

➤MINOR COUNTY LEAGUE

Glenflesk minors were beaten in their opening game of the East Kerry Division 1 League against Kilcummin this evening. Despite this there was some great performances, with some of the scores especially in the second half, of top quality. Goalkeeper Liam O Donoghue also played very well making a couple of great saves and was solid under the high ball. Second half goals from Sean Guerin, Darragh o Connell, and Darragh McCormick, plus great points from Guerin, Jamie Moynihan and Gearoid Healy thrilled the decent crowd that turned up in Barradubh to support the team. Dr Crokes is next up on Monday night. That will also be at home. Well done to the lads for their impressive efforts tonight.

Liam O Donoghue, Evan Lucey, Stephen Moynihan, Ben Switzer, Evan Kenneally, Jack Kenneally, Ignatious O Leary, Eoghan Kelly 0 - 1, Darragh O Connor, Brian O Connor, Sean Guerin 1 - 7, Darragh McCormick 1 - 0, Jamie Moynihan 0 - 2, Darragh O Connell 1 -1, Gearoid Healy 0 - 1, Callum Cronin, Diarmuid Furlong,
Report by Michael Healy.

➤U13 COUNTY LEAGUE

GLENFLESK 2 - 9 NA GAEL 2 - 8

Two late points helped Glenflesk under 13's to win their second game in Division 3 of the County League after a great game with Na Gaeil that could easily have gone the other way.

A great performance from both teams, in a match the ref allowed flow, with tackles from both sides being rewarded. It was Glenflesk who just edged it, and now face Castleisland in their final game, where a win there would bring a very satisfactory League campaign to an end.


Written by: Seamus Healy



Killarney Legion Ladies who defeated Currow recently in Div 3 County League.



Killarney Legion U-12 Girls.



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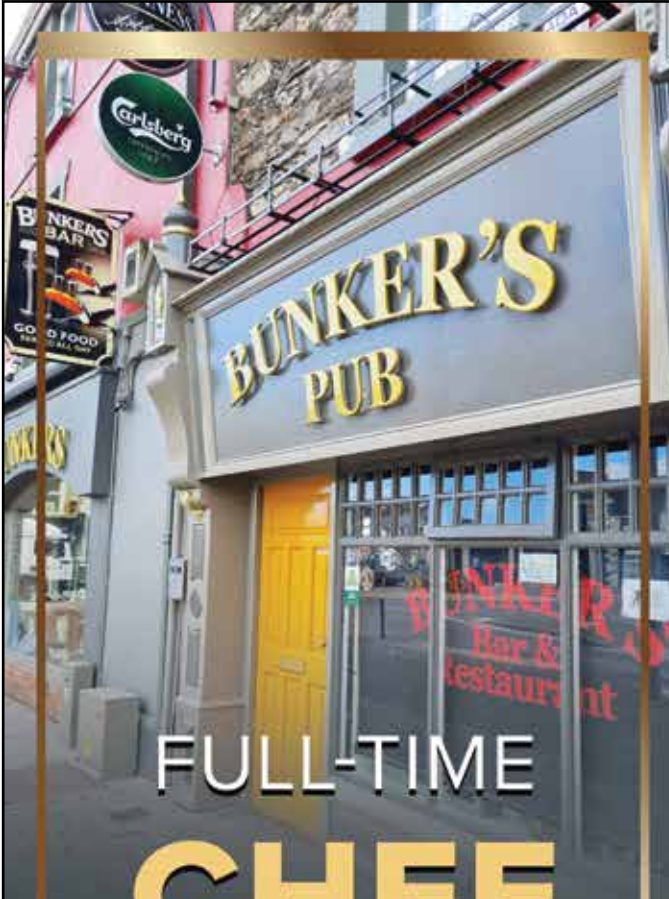
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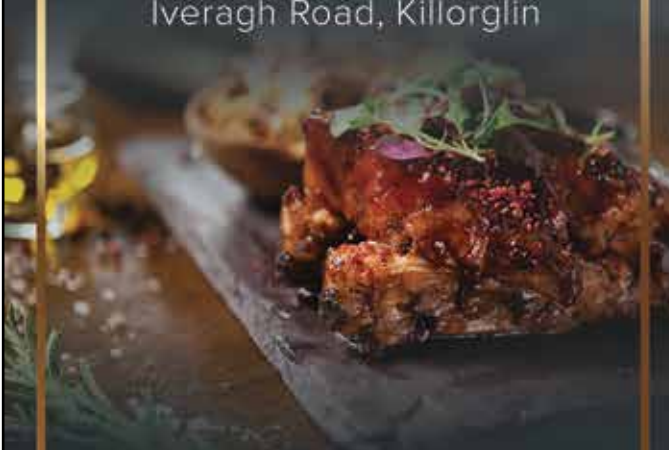
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FOSSA

FOSSA SENIORS

A Team

Scartaglen 0-4 Fossa 1-10.

Fossa A's recorded their third win of the campaign with a comfortable win over scartaglin, a cagey first half saw Fossa go in at half time leading 6 pts to 2 pts as the second half worn on Fossa up the tempo and finished strong with a fine goal by Matt Rennie some great scores from Tadgh O'Shea, Mike O'Keefe and a great defensive display marshalled by the excellent Anthony Warton saw Fossa win comfortably up next Renard in two weeks.

Fossa scorers:

Tadgh O'Shea 0-7

Matt Rennie 1-1

Mike O'Keefe 0-1.

FOSSA B'S

NA GAEL B 2-8 FOSSA B 2-16

Fossa senior B team won their second game on the bounce away to Na Gaeil level after the first water break 0-4 a piece. The home side pushed on and we're 3 pts in front by half time. Fossa up the ante in the third quarter and were leading by 1pt after a Richard Wallace goal. Fossa pulled away in the last quarter to win by 8pts. A great result and a lot of patients showed by the players got them over the line next up Castleisland home Sunday week.

Fossa scorers:

Lorcan Daly 0-7

Jack Clifford 1-2

Richard Wallace 1-0

Mike Cronin 0-3 (off the bench)

Mike O'Keefe 0-2

Donald Sullivan 0-1

Darren Cronin 0-1.

FOSSA U9

Fossa U9 boys welcomed our neighbours Beaufort to Fossa. Despite the persistent rain both Fossa and Beaufort displayed tremendous determination and skill. Many thanks to Beaufort players and management for providing a great contest.

FOSSA U11 BOYS

Fossa travelled to Ballinskelligs to play St Michael's Foilmore in Round 4 of U11 Go Games. A great evening of football and fun and many thanks to St Michael's Foilmore for the warm welcome.

U13 BOYS

Fossa u13 boys - Lee Strand County League.

U13 B team played away this morning v Legion. Despite a spirited performance Legion were much stronger on the day.

U13 A team played at home v Listowel.

Great team performance throughout, leading at halftime 1-07 to 0-04. Second half Fossa continued to control the game.

Final score 3-10 to 2-07.

Fossa B 3-4 Dr. Crokes B 5-12.

FOSSA U12 GIRLS

Had their first away game to Cromane last night for Round 3 of the League. This enthusiastic and



A little piece of history was created last Friday evening as Fossa ladies fielded a minor team for the first time.

hard working panel of girls have had two home games so far putting up a brave battle against Southern Gaels in the opening round followed by a determined effort and well deserved victory over Rathmore last week. Cromane raced in to an early lead of 3 goals in the first five minutes, however Fossa's hard work and determined attitude saw them recover well during the second half, eventually losing by four points.

U14 GIRLS

U14 Girls got back on track last Sunday evening with a hard earned win at home against our old rivals Glenflesk, it was far from one way traffic and Glenflesk got on top at times and hit plenty of their own scores against the formidable breeze. However, Fossa had a lead of 7 points at the break. After an end to end second half full of high quality defending and scoring from both sides Fossa held out for a well earned win by 7 pts.

U14 DIV 1 CO LEAGUE

The U14 Girls resumed their Division 1 County League campaign with a game away to Furies. The Girls needed a result to build on their recent performances. Playing against a team of the wind and the hill the Fossa girls trailed 1-2 v 3-3 at half time. With our customary 2nd half rally the girls got stuck in and scored 3-2 and kept Furies to 1-1. In the end we earned a great draw away from home. Final game next Sunday at home.

U16 GIRLS

U16 Div 1 Co Lge.

Fossa Girls v Scartaglin

Fossa 6 -10

Scartaglin 5-18.

MINOR LADIES

Minor County League

Fossa 6 - 16

Dingle/Annascaul 2 - 01

A little piece of history was created last Friday evening as Fossa ladies fielded a minor team for the first time. Played in Dingle Gaa pitch on a wet but warm evening.

Team Danielle O'Brien, Eimear Talbot, Fiona Dineen, Ellen Kennedy, Sophie Dennehy, Alicia Burke, Abbey Murphy, Aimée Coffey, Ava O'Neill, Rachel Wallace, Alicia Cummins, Alison Butler, Caitlin O'Donoghue, Elizabeth O'Shea, Lucy O'Sullivan, Anne O'Shaughnessy, Lily O'Shaughnessy.

KERRY

Best of luck to the management and players of the Kerry senior football team who play Tipperary Saturday evening in the Munster championship Semifinal especially Fossa's Paudie and David Clifford.

LOTTO

Date 4TH JULY 2021 Numbers Drawn 9,7,14,22
€40 WINNERS - MIKE O'CARROLL, DROMIN FOSSA; MICK CLIFFORD, BARLEYMOUNT WEST; MICHAEL O'CONNELL, WHITEBRIDGE MANOR; SARA SHEEHAN, FARRANASPIG; DANIEL TALBOT, C/O KAYNES BAR.

Next week Jackpot €3,600.

Tickets available from Foleys Spar the spar Fossa, the Golden Nugget and usual sellers thanks for the support.

KEEL GAA CLUB

COUNTY LEAGUE

Keel hosted St. Pats Blennerville on a wet Saturday evening in round 3 of the Credit Union County Senior Football League Division 3A.

The final score was Keel 0-08, St. Pats 0-11.

CLUB LOTTO

Thank you to everyone who supported the re-launch of our club lotto last week. This is a vital part of the income in our club, and we really appreciate your support. There was no winner of the jackpot of €4500. The two €50 winners were Robyn Evans, Keel and Mary Ashe, Gortnahulla. Tickets are available at Bensons Quikpick, Cronins Circle K Express, Helenas Local XL, Griffins Bar Castlemaine, The Castle Inn, The Anvil Bar and all club officers. We appreciate your continued support of Keel GAA.

MID-KERRY JUNIOR LEAGUE

Keel host Glenbeigh/Glencar on Tuesday evening in Keel at 7:45. Best of luck to the team and their management.

UNDER 17

Keel/Listry Under 17s had a good win against Furies on Monday last in the Easy Kerry League Round 1. The final score was Keel/Listry 0-14, Furies 1-09. Keel/Listry will travel to Kenmare for round 2 of the East Kerry League on Monday evening for a 7:30pm throw in. Best of luck to the team and their management.

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Please contact Derek on 085-1007703 to book your team



UNDER 15

Keel/Listry U15A played Rathmore on Wednesday last. It took the boys a while to get going with Rathmore playing with a sweeper which made it difficult for our lads up front but once they came to terms with this they kicked on and recorded an impressive 3-15 to 1-8 win. Keel/Listry U15B were due to play Dr. Crokes but due to issues on their side this game did not go ahead and will be rescheduled. Keel/Listry U15A are at home in Keel to Austin Stacks on Wednesday evening and Keel/Listry U15B are at home to Legion, also in Keel, on Friday evening. Best of luck to both teams and their coaches.

UNDER 13

Keel/Listry U13s hosted Legion in Listry on Sunday evening. Up first was the Division 9 game in a very tight affair. Keel/Listry just came up short on a score line of 1:08 to 1:09. In the Division 1 encounter we were treated to some brilliant passages of play from the Keel/Listry side and they ran out convincing winners. They are now tied on top of the table with Laune rangers and John Mitchels on 6 pts with one game remaining. They play host to John Mitchels next Sunday evening in Keel which is sure to draw a large crowd. Division 9 game will kick off at 5:30pm and the Division 1 game at 7pm. Best of luck to both teams and their coaches.

UNDER 11

Both U11 teams were back on the road again last week as they ventured back to Daingean Uí Chúis. Well done to both teams who showed great determination and team spirit and came away with the victories. Training again this Tuesday at 6:30. Keel under 11's are at home this coming Thursday to St Michael's/Foilmore, throw in at 6:30pm. Best of luck to both teams and their coaches.

UNDER 9

Well done to our U9s who travelled to St Pats Blennerville for some games on Sunday morning. Many thanks to the U9 coaches as well for their dedication and support of our underage players. All players played some lovely football, and it was great to see them wearing the Keel colours. Training will continue Friday at 6:15.

UNDER 7 AND UNDER 5

Thankfully, the rain kept away for training on Sunday morning. Lots of fun games played and skills practiced. Training continues next Sunday from 10:15 to 11:15am.

KERRY MINORS

Best of luck to Keith Evans and the Kerry minors on Sunday in the Electric Ireland All Ireland Minor Football semi-final versus Roscommon. Kick-off is at 2:30pm in the LIT Gaelic Grounds, Limerick.

LADIES FOOTBALL

Best of luck to Ciara Murphy, Caoimhe Evans and the Kerry team and management in Round 1 of the All-Ireland Senior Championship Group 4 encounter on Friday at 7:30. Venue to be confirmed.

KERRY CAMOGIE

Congratulations to the Kerry camogie team and their management on their win over Clare in the Munster Junior Camogie Final on Saturday.



Aiden Benson Keel presents a new set of jerseys to U15 Keel/Listry team.

CÚL CAMP

We would like to thank camp co-ordinator Thomas Ladden and his team of coaches for facilitating a great week of fun and games for the boys and girls at Keel GAA. Thanks to our GDA, Pj Reidy for his continuous support too.

MILLTOWN/LISTRY GAA CLUB

FORTNIGHTLY MILLTOWN-CASTLEMAINE GAA CLUB LOTTO DRAW

On Tuesday, June 29th, 2021

Jackpot €12,600

Lucky Numbers: 09 – 21 – 27 Bonus Ball: 12

Results:

Unfortunately, there was no Jackpot winners, here are our consolation prize winners:

- €50: Nancy Coffey
- €50: Aoife Sheehan
- €25: John Blennerhassett
- €25: Valerie Foley
- €25: Louise Scannell
- €25: Dara O Connor

Míle búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly Fundraiser, the money raised is vital to the day to day running of our club and your support is sincerely appreciated.

Well done to the prize winners & best to luck to everyone in our next draw in two weeks' time (Monday, July 12th, 2021) where the jackpot will be €12,600.

Club Fixtures: Monday:

20:15: U17 Minor V Ballymac (A) Central Region

Tuesday: 19:45: Junior BV Laune Rangers (A / Cloon) Mid Kerry League

Wednesday: 19:00: U15 Green Team V Ardfer (H)

County League Thursday: 18:30

U11 Boys V Laune Rangers (A)

Go Games

Sunday: 18:00: (Prov)

U13 Green Team V Currow (A) County League

18:00: (Prov) U13 White Team V

Fossa (A) County League

(Stay tuned to our social media pages and Clubforce for any additions or changes to the above fixtures) This Week in the Coiste na nÓg: The week started off with a great win for our U13 White Team against Killarney Le-gion at

home. The White Team had been playing some fantastic football of late, it was great to see this good form rewarded with a win in last Monday nights county league fixture. The final score Milltown/Castlemaine GAA 5-14 v 5-06 Legion. On Wednesday evening the action was once again at Paddy Burke Memorial Park as our U15 Green side faced Spa in the Lee Strand County League. There was some fantastic scoring that led to a tally of 4-20 for our home side getting the win over by a score of 4-20 to 3-06 but what also shone on the night were the defensive players. The cheers for the numerous interceptions and in particular the turnovers of possession were as loud as the scores at the other end. Well done to all the players on a great performance.

Moving on to Thursday evening and our club took over 30 U11 players to play three separate games against Austin Stacks in Connolly Park, Tralee. Our U11 team played some amazing football with great skill and heart across all three games on the evening.

The amazing entertainment continued into the weekend with Friday evening seeing our U13 White Team (for their 2nd game of the week) travel to Kenmare. Trailing at the the last water break our team scored 8 points between then and the end of the game to grab a great draw after an outstanding comeback.

Finally with the senior B side travelling to Kenmare the Shamrocks U9 team came in the other direction to face our Milltown/Castlemaine U9s this Sunday morning. Kenmare showed some good defensive displays but our U9s attacking skill was a good match for it. Equally our U9s shone in defensive areas.

The Sunday footballing action wasn't finished just yet as our U13 Green side hosted Dromid/Waterville in the Lee Strand County League. Our U13 side who have played some fantastic football over the past few weeks did so again this evening as they got a great win in this penultimate game of the county league phase one. The players showed great skill and maturity beyonds there years along the way to a 5-07 to 1-04 win.

A sincere thank you to all of the parents who have kept us up to date on all of our Coiste na nÓg teams fantastic performances.

Senior Team:



Cian O'Connor Rathmore U15 captain, Tommy Moriarty (ref) Legion and Geroid Evans Keel Captain in the Lee Strand U15 Div 1A match in Rathmore last week.

Sponsored by Almas Takeaway & Bathrooms 4U SENIOR ROUND UP

Our senior side faced Currow in the county league on Saturday evening gone and once again played some measured and effective attacking football. This coupled with a good defensive display led to a 2-11 to 0-10 win. The next game up is Brosna away in two weeks time in Division 3B of this years County League.

JUNIOR

The Junior side started the week with a Mid Kerry League outing against An Gaeltacht at home in which the visiting team lead by a solitary point at half time but a strong second half showing from our junior side saw them on their way to a 9 point victory. The final score Milltown/Castlemaine 2-16 v 2-07 An Gaeltacht. Our junior side then finished off the week with a hard fought draw in division 6B of the county league away to Kenmare Shamrocks. An impressive 17 points equalled the 3-08 of the home side.

MINOR

Our visiting team went into an early lead against South Kerry side Renard/St Marys in the first round of the Central Region last Monday, raising the green flag twice before the first water break and got another goal before half time. The goals were the difference at the halfway mark our U17s leading 3-09 to 0-9 in Caherciveen. Having not being beaten yet this year our minors were keen to keep going strong and despite a second half goal for Renard/St Mary's our Milltown/Castlemaine team kept picking off their scores to keep distance between them and their opponents. The final score: Milltown Castlemaine U17 3-18 V 1-11 Renard/St Mary's.

DR. CROKES

Credit Union Co. League Div. 1 in a low scoring game in Killarney on Saturday last Dr. Crokes won by the minimum margin withstanding late Stacks pressure

Crokes led at the break 7pts to 5pts with scoring coming Jordan Kiely 0-03 Evan Looney 0-02 Michael Casey and Shane Murphy 0-01 each Stacks scorers in opening half Darragh O'Brien 0-04 Fiachna Mangan 0-01

in the second half scores were at a premium with Jordan Kiely adding 4 for Crokes Shane O'Callaghan Michael O'Donnell (2) and Darragh O'Brien (2) contributing for Stacks.

DIV 2 DR Crokes 1 11 St.Mary's 2 10 St. Marys finished the stronger in this Div 2 game played in atrocious conditions on Sunday last.

Mary's started the livelier and led after 10mins 1 02 to 0 02 with Dan Daly finding the net.

After the first water break Crokes took over and led at half time 1 07 to 1 05 Goal coming from Harry Potts On the resumption with both sides struggling to hold their footing Crokes led 1 11 to 2 07 with 5mins remaining Jack Daly scoring their second goal

3 pointed frees in the remaining minutes secured victory for the Southerners.

Div 6 Dr. Crokes C 2-10 Kilcummin B 2-06 we withstood late pressure from Kilcummin to earn the points on Sunday last. Dr. Crokes started well and led at the break 0-05 to 0-02, with points from the boots of Darren O'Doherty, David Rea, Jack O'Connor Mark Clifford and Jamie Doolan, Kilcummin scores from Richie O'Connor and D. Cronin, On the resumption a David Rea goal in the second minute gave us a good platform. Kilcummin staged a tremendous fight back with goals from D. O'leary and R. O'Connor but a late Eoin Brosnan goal for us sealed the points. East Kerry Junior league Dr. Crokes B 4-16 Gneevegulia 2-11 Goals from Mark Fitzgerald, Harry Potts, Chris Brady 2 (1pen) saw us overcome a young Gneevegulia side.

Dr. Crokes C 1-17 Firies B 1-08 Dr. Crokes started well and laid the foundation from the midfield of Jason Lyne and Captain Darren O'Doherty, our goal came from the boot of outstanding centre back Creagh Courtney. We welcome back TJ Cronin after a number of years absence. Credit Union County Senior Hurling League - Division 3 In what was a very warm summers evening yesterday, our junior hurlers were beaten by Crotta C in Round 2 of the Credit

Union County Senior Hurling League - Division 3. Having two teams in this years League and Championship, it is a great opportunity for some older players to continue competing and also a chance for younger players to make the break into the senior set-up. Crotta came to Lewis Road with a strong side, having recently won County Minor and U21 titles. We trailed 1-16 to 1-08 at half time with our goal coming from Mike McCarthy. Unfortunately for our lads, Crotta really pushed on in the second half and ran out 4-23 to 2-13 victors. Patrick Landers struck the nest for our second goal in the second half. Next up for the Dr. Crokes Bs is a trip to play St Pats on Wednesday next.

COISTE NA OG ACADEMY

We are continuing our academy for a number of weeks into the summer holidays. All boys and girls from the Killarney parish welcome from ages 4 to 11. Hurling 10 to 10.45 and football from 10.45 to 12. U7 Hurlers our U7 hurlers hosted Rathmore on Thursday night for a great round of games. Well done lads.

U9: Our hurlers traveled to Kenmare on Tuesday for a round of go games. On a glorious evening we had some great games against the hosts. Our teams are showing a high level of skill which is a testament to their coaches. It was a really enjoyable evening for the lads and thanks to Kenmare for hosting us.

U9 Our footballers travel to Barradubh Community pitch at 6.30 on Wednesday to take on Glenflesk

U11

Our U11s travelled to Ballymac on Thursday for a some games with the locals. We did really well with some good defending and good score taking against two strong host teams. Thanks Ballymac.

U13

We had a good win on the road in Gallerus against An Gaeltacht on Sunday night and the amber squad had a good win after a tight win in Fossa on Monday night. Well done lad on two away wins.

UNDER 10 GIRLS

Our under 10 girls the short trip to Spa on Sunday morning for a round of challenge games. We had two enjoyable games with some impressive performances. The hard work put in over the last few weeks by the girls and their coaches really shows. Thanks to Spa for being such good hosts.

GOLF SOCIETY

Captain Tomas O'Regan Prize Co Sponsor Kerry Coaches was held on Friday last on Killeen Course which was in superb condition Results 1st Brian Looney (4) 39 Pts 2nd Martin Byrnes (9) 37 pts

3rd Niall O'Callaghan (23) 37 pts Best Gross John Brosnan (5) 78 4th Ger Brosnan (25) 37pts 5th Des Hayes (25) 37pts 6th James Jones (10) 37pts

Past Capt Brendan Keogh (9) 35pts Cat 1 Joe Sheehan (7) 35 pts Cat 2 Keith McMahon (14) 32pts Cat 3 Mossy Foley (25) 36pts Front 9 Gavin O'Donoghue 18pts Back 9 Colm Galvin 22 pts. Congratulations to all We are also delighted for raising €1,400 for Comfort for Care.



GOLF CLASSIC

will be held on Thurs/Fri July 29th /30th. €300 per team of four. Tee boxes may also be sponsored cost €100. Further details from Vince Casey.

MEMBERSHIP ONLINE

MEMBERSHIP IS NOW DUE

All memberships are now due, all players & coaches will have to have paid before return to play from today as only registered members can enter the playing pitches all registration is online only.

LOTTO

Draw took place on Monday July 5th Numbers drawn 4 9 14 15 6 patronS matched 3 numbers Kathleen Carey c/o Mella, Alan Shine c/o Chris, John Lenihan c/o Larry, Larry J O'Brien c/o Larry Stephen Moloney c/o Chris, Ellen Moloney Hawthorn Ave.,each receive €70. Jackpot for draw on July 12th will be €6,200. We are calling on all members to support our weekly lotto as this represents one of the main sources of revenue for the club. With activity likely to recommence on the fields over the next few weeks we need people's support to maintain our facilities in Lewis Road. We have made a number of alterations to make things easier for members to play the easiest one being to play it online.

MAJOR CHALLENGE

We will be holding final Challenge on Open Championship beginning on 15th -18th July. €2,000 in prizes. Cards are with usual sellers or can be played online. https://member.clubforce.com/memberships_cart_m.asp?LL_ID=2545&intMF_ID=8737#Anchor

EAST KERRY GAA NEWS

By Michael O'Mahony

EAST KERRY JUNIOR LEAGUE GROUP 3.

LISTRY 3-17 CURROW 3-09

Listry won this East Kerry junior league game played at Listry on Tuesday evening 3-17 to 3-09. This was a 13 a side game and Listry started the better scoring 2-2 in the first 5 minutes. One point came from a penalty which Anthony Sweeney put over the bar from the spot. Currow came more into the game at this stage and outscored the locals 5 points to 1 before the water break leaving the score 2-03 to 0-05. Listry again finished the stronger, leading 2-06 to 0-06 at half time. The locals started the second half as they had in the first half and led 3-08 to 1-07 at the second water break. David Moriarty, Timmy O Leary and full forward Jack Scanlon did their best for Currow but could not close the gap. Listry then ran down their bench and conceded 2-02 in the last 10 minutes but they had scored 9 points in that second half to win by 3-17 to 3-09.

EAST KERRY JUNIOR LEAGUE 2021 Dr Crokes 1-17 Firies 1-08. Dr Crokes started the quicker in the heat in Farranfore scoring the first 2 points. The sides were level 3 a piece after 10mins when Firies were awarded a penalty that was well slotted away by Connall Murphy. But Crokes came back with 1-2 without reply before the water break to lead 1-5 to 1-3. Firies

added a single point to Crokes three for the rest of the half to leave the half time score 1-8 to 1-4 in favour of the visitors. Dr Crokes dominated all sectors of the field in the 2nd half scoring 9 points vs 4 from Firies. final score Dr Crokes 1-17 Firies 1-08

RESULTS

East Kerry Junior League 2021

Result Group 1.

Dr Crokes B 4-16 (28) Gneeveguilla 2-11(17)

Rathmore 1-11 (14) Legion 0-14

Group 3

Listry 3-17 (26) Currow 3-9 (18)

Dr Crokes C 1-17 Firies 1-8

Group 2.

Dr Crokes c 2-10 (16) Kilcummin 2-06 (12)

Kilcummin 1-15 to 1-4. Spa

TALKER JACK U17 EAST

REGION LEAGUE DIV1

Kilcummin 7 -13 (34) Glenflesk 3-13 (22)

Both teams were without their county players which impacted Glenflesk more than Kilcummin but it didn't stop both teams providing plenty of good football and some fine scores. For Kilcummin Jack Fogarty got a hat-trick of goals, Paudie Moynihan got a brace while Sean Doolan and Mark O Shea accounted for their seven goals. Sean Guerin, Dara McCormack and Dara O Connell replied with goals for Glenflesk.

Results U17 East Region League

Results Div. 1

Dr. Crokes 4-8 (20) Fossa 2-6 (12)

Kilcummin 7 -13 (34) Glenflesk 3-13 (22)

Div. 2

Killarney Legion 08 Kenmare 7-15 (36)

Listry/Keel 0-14 Firies 1-09(12)

League Div2

Legion0-8vs7-15KenmareDiv3

Cordial/Scart2-06 Currow 1-08 (11)

Gneeveguilla 1-13 (16) spa 1-13 (16)

East Region Coiste na nÓg held their first meeting of 2021 on Tuesday 29th June, this was of course a virtual meeting and was well attended by the club delegates.

Chairman Seán O Keeffe welcomed all the new delegates and former delegates were thanked for all their hard work and commitment over the past years. Plans for East Region competitions were outlined for the shortened playing season. Commencing with U15 leagues for a 4 week period starting on Wednesday July 28th. A further meeting will take place on Thursday July 15th to finalise grading and place clubs in their groups. Also U11 and U13 League competitions are pencilled in for Mid August. We are looking forward keenly to seeing plenty good football games over the coming months.

FIXTURES

Talter jack U17 East Region League

Round Three Monday 12th July 7.30pm

Fossa V Glenflesk - Kilcummin V Dr.Crokes.

Division Two

Round Three Monday 12th July 7.30pm.

Firies V Legion - Rathmore V Kenmare

Keel/Listry Bye

Division 3 13/15 a side

Round Three Monday 12th July 7.30pm

Spa V Cordal/Scartaglin

Beaufort V Currow Gneeveguilla Bye

The Finals of East Kerry junior Leagues will take place on July 13th. Munster senior championship semi final Kerry vs Tipperary this Saturday July 10th at Thurles at 7pm.

2020 ELECTRIC IRELAND GAA

FOOTBALL ALL-IRELAND

MINOR CHAMPIONSHIP SEMI-FINAL

Roscommon v Kerry, LIT Gaelic Grounds, Limerick, 2.30pm on this Sunday July 11th (Sport TG4) Best of luck to Kerry team & Management & especially players & management form east region.

JOE McDONAGH CUP

Best of luck to Kerry hurlers in Joe McDonagh Cup this Saturday vs Meath at 7pm

Well done to Kerry Camogie on winning the Munster Junior Camogie Championship Final Final Score Kerry 2-12 Clare 0-07

EAST KERRY JUNIOR LEAGUE 2021

SPONSORED BY KERRY PHYSIOTHERAPY AND REHABILITATION CLINIC - GROUP1

Rathmore 2-10(16) Dr crokes -010

Group 2

Spa-19 Firies 1-06

Group 3.

Listry 5-17 Scartaglin 0-4

Currow 3-10 Cordal 1-10

EAST KERRY JUNIOR LEAGUE 2021

SPONSORED BY KERRY PHYSIOTHERAPY AND REHABILITATION CLINIC

FINALS Group 1

RATHMORE V Dr CROKES B

Group 2

Dr CROKES C V KILCUMMIN

Group 3 – 13/15 a side

LISTRY V CURROW

All finals to be held on Tuesday 13th July at 7-30pm. Venues TBC

LEGION GAA NOTES

FIXTURES

Wed 7th July @6:15pm

U12 Girls 'White' v ISG Venue: Legion

Fri 9th July @7:30pm

Minor Ladies v Castle Island Desmonds

Venue: Legion

U20 Club Football League Rd 2

All games Sat 10 July @ 4pm

Div 1 Killarney Legion v Austin Stacks

Sun 11th July @4pm

U14 girls v Ballymac

Venue: Ballymac

Mon 12th July @7:30pm

Senior Ladies v Castlegregory/Anascaul

Venue: Castlegregory/Annascaul

Tues 13th July @7:30pm U16 girls v Kilcummin (Venue: Kilcummin)

U15 Boys v Listowel (away) Wed 14th July at 7pm.

U-13 Boys

Final week of County League Phase 1.

Div 9 Legion WHITE vs Laune Rangers B

Sun July 11th @ 5.30pm

Div 1 Legion GREEN vs Laune Rangers A

Sun July 11th @ 7pm

Div 10S Kilcummin B vs Legion GOLD

Sat July 10th @ 6pm

Results: Div 1 Rd 3

Beaufort 1-06 Killarney Legion 1-09

Div 6 Rd 3

Killarney Legion 0-10 Rathmore B 1-10

U-16 Girls County League

Our under 16 played rathmore on Tuesday in Direen in what was a ding dong battle both sides giving it all with nothing separating the ladies at the half time whistle. Our defence was fantastic with the midfield and forwards working unselfishly for each other. We came out at the final whistle with a hard fought result many thanks to all the rathmore girls who pushed us to the limit we wish them well going forward but huge congrats to our girls with a seriously great win, next up is Glenflesk.

U-14 GIRLS COUNTY LEAGUE

Our u14 girls got their County League campaign back on track this week (after last weeks defeat to Inbhearr Sceine Gaels) with a convincing win over Na Gael. It was a wet and slippery evening for football with heavy rain right up to throw in. The opening period was evenly fought with the teams level on 3 points each at the water break. The next quarter saw both teams raise the green flag and saw our girls take the interval lead on a scoreline of 1-5 to 1-4. The legion girls came out fighting in the second half and with the aid of a breeze on their backs took the initiative. The third quarter proved decisive with the legion ladies registering 3-3 on the scoreboard with some excellent team scores. To their credit the girls from Tralee kept fighting for every ball and never gave in but it was the Legion ladies who came out on top on this occasion on a final scoreline of Legion 4-11pts to Na Gael 1-05pts.

U-11 BOYS

Our U-11 Boys white & Green teams gave two superb performances away in Spa Gaa during the week. Well done boys and to the Management teams, keep up the great work.

U-8 GIRLS

Our U-8 girls had their first game out in Fossa. All the girls from both teams played great football and good fun was had by all. Thanks to all the supporters and for all at Fossa Gaa for having us.

U-10 GIRLS

A whopping 31 of our under 10 girls made a trip out to Fossa Sunday morning. Everyone got lots of game time and had loads of fun!

U-12 GIRLS COUNTY LEAGUE

Our u12 girls 'green' team played at home this week where we welcomed the girls of Southern Gaels. Another entertaining game ensued with the hosts taking an early lead with a series of well worked scores. The young Gaels from South Kerry were not daunted and came back strongly. The woodwork and some heroic goal line clearances kept the Legion lead intact during the first half. After the break, both sides continued to combine well and display all the skills of the game. The hosts fared better at moving the ball from end to end and kept the scoreboard ticking over. Southern Gaels young charges showed great tricks and skills in front of goal and kept the Legion defenders on their toes throughout.

In the end the hosts closed out the game with some fine scores and bagged the two points on offer. Well done to all the players who provided great entertainment in difficult conditions on

the night. Thanks to Southern Gaels for making the journey to Direen. Well done girls.

CONGRATULATIONS

Massive congratulations to former Legion Senior Ladies Player Sarah Leahy on her progress in athletics this year and her recent achievement of being called up to the u23 Ireland Squad. Congratulations Sarah from everyone in Killarney Legion.

CONGRATULATIONS

Happiest of birthdays to Mary Slattery on celebrating a milestone at the weekend, hope you had a great night.

LEGION LOTTO RESULTS

12,13,16,19 bonus 26

Match 3 Lucky Dips:

Jon Collins c/o pat Moynihan

Jerome McNamara 18 meelish close JB Keane road listowel

Eamonn bowler c/o enda Walsh

Rita O'Donoghue 8 Scrahan

Joe Gallagher faugh muckross

Next draw Sunday 11th July

Jackpot same €16,300

BALLYHAR-FIRIES GAA

COISTE NA NOG

In association with Moriarty's Centra, Farranfore, academy Football Training continues on the pitch in Farranfore with Boys U5, U7 & U9 and Girls U6, U8 & U10 on Saturday from 10.30 to 11.30. Hurling Academy for boys and girls continues on Sunday for U5, U7 & U9 from 11am to 12pm.

LOTTO

Lotto results from Monday 5th July

Numbers drawn were: 7, 10, 15, 28

No jackpot winner

5x €30

Evan Cosgrave, Furies

Jean Mulchinock, Boulia

Liam Fell, Gurteenroe,

Henry c/o Bridie

Liam Regan, c/o Bridie

Next weeks jackpot €5200

Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Furies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Furies, Hendersons Shop and Bar Furies and from all the usual sellers. We thank these businesses for their continued support.

FIXTURES

U15 County Hurling FEILE away Vs Rathmore Fri at 18.15

U20 Club Football home Vs An Gaeltacht Saturday at 16.00

U11 Hurling Go Games home vs Ballyduff Sat at 17.00

U14 Ladies home Vs Cromane Sunday at 16.00

U13 Boys home vs Austin Stacks Sunday at 17.30 & 19.00

RESULTS

Mens Div 4 County League Furies 3-14 Lispole

1-08 - Mens Div 6 County league Furies 3-05

Castleisland Desmonds 1-08

East Kerry Junior League Furies 1-08 Dr Crokes C 1-17.

SENIOR COUNTY LEAGUE DIV 4A - RD 3

Furies welcomed Lispole to Farranfore on Saturday evening for round 3 of the Division 4A Senior County League. Furies got off to a fast start, taking a 5 point lead (1.02 to 0-00) after as many minutes to lead 1-02 to no score. The Furies goal coming from a well worked team move and finished to the net by Conall Murphy. Lispole got the first point, a free from full forward Cathal O'Sullivan after 9 minutes but Furies replied with a goal and three point before the water break, the goal coming from Dylan Callaghan. This left the score at Furies 2-05 Lispole 0-01 at the water break. In the 2nd quarter, Furies scores a point from Conall after 20 minutes, but Lispole replied with two of their own in the 23rd minute. But then in the 26th minute came the sucker punch for Lispole as Furies added their 3rd goal in the 26th minute from Niall Donoghue. Lispole added a further point again from Cathal O'Sullivan, who finished with 1-06 to his name, to leave the half time score Furies 3-06 Lispole 0-04. Furies started the better in the 2nd half, outscoring the visitors 3 points to 1 to leave the score after 38 minutes, Furies 3-09 Lispole 0-05. Furies then made a few substitutions and Lispole started the come into the game scoring 1-02 without reply to leave the score Furies 3-09 Lispole 1-07 at the 2nd water break. But upon resumption, Furies took back control of the game and scored a further 4 point to 1 in return from Lispole to leave the final score Furies 3-14 Lispole 1-08

SENIOR COUNTY LEAGUE DIV 6C - RD 3

Well done to the Furies B team and Management on making it 3 wins from 3 in Div 6 of the County away against Castleisland Desmonds. Final Score Furies 3-05 Castleisland Desmonds 1-08. The Furies goals came from Aaron Flynn, Connell Murphy and Danny Cronin.

FIRIES GAA CLUB SHOP

Furies Football, Hurling and Ladies Football club is thrilled to announce that our brand new club shop is live and operational in conjunction with the renowned brand Masita Ireland. Members who prefer to shop onsite can also avail of the new gear at Vincent Murphy Sports Shop Killarney Road Castleisland shortly.

FIRIES GAA WEBSITE

The Club is in the process of getting the website updated and this is a call out to all club members who may have any old photos, match reports, Club History pieces or any other information relevant to the club. If you would like to see this information on the club website, could you please email it to pro.furies.kerry@gaa.ie.

FIRIES FOOTBALL, HURLING & LADIES FOOTBALL CLUB INAUGURAL CLUB CHAMPIONSHIP GOLF CLASSIC

On Sat 28th of August, Furies GAA will hold their golf classic in the beautiful Beaufort Golf Club. There are a number of great prizes on the day included a unique prize of the best score on the day winning a juvenile training session with three Kerry GAA Stars.



CREDIT UNION COUNTY SENIOR FOOTBALL LEAGUE 2021

SATURDAY/SUNDAY JULY 4/5TH

COORDINATOR FOR DIVISION 5 "A" AND 5 "B". DIVISION 6 "A" AND 6 "B" AND 6 "C" JACK HENNESSY

DIVISION 5 "A" ROUND 2

Kilgarvan 0-8 1-12 Austin Stacks "B"

Kilgarvan welcomed Austin Stacks B today to Kilgarvan. Stacks had 6 of their A team playing with their B team. Stacks Donagh McKienagan opened the scoring with a free for the visitors followed by a point from Conor Myers. Kilgarvan's Daniel Casey opened their scoring with a fine point from play. Kilgarvan's John Mark Foley and Donal O'Sullivan coming back from injury came on after water break. Stacks McKienagan and Myers added further points from play and frees and John Mark Foley scored for Kilgarvan to make it 0-02 to 0-06 at half time. Donal O'Sullivan didn't start the second half due to injury. The third quarter was a tightly contested 15 minutes with Kilgarvan's Daniel Casey, Ronan Foley and Jack Foley scoring from play and frees and Stacks McKienagan and Myers on target. It was 0-07 to 0-09 at the waterbreak. A second yellow card reduced Kilgarvan to 14 men and Stacks Conor Myers scored a goal to put the visitors 1-09 to 0-07 ahead with 10 minutes to go. Further points put the game out of reach for the home side and Austin Stacks won on a scoreline of 1-12 to 0-08

Scorers for Kilgarvan - Daniel Casey (0-05, 0-01f), John Mark Foley 0-01, Jack Foley 0-01, Ronan Foley 0-01f

Scorers for Stacks - Conor Myers 1-05, Donagh McKienagan 0-07, 0-06f,

Ballyduff 1-11 1-7 Laune Rangers "B"

Laune Rangers were visitors to Ballyduff for Rd three of the Credit Union sponsored Co league. Ballyduff were ahead early on and wing forward Darragh Slattery had the first pt. Ballyduff continued to attack and a great through ball from Jack O'Sullivan found Kevin Goulding who finished to the net the visitors had pts from Pierce Thyter and Matt with twoleft the score 1-3 to 0-2. at the first water break 2 Kevin Goulding marks which he converted and a pt from left The hosts ahead nearing halftime but Laune Rangers had a penalty expertly dispatched by centre forward Roman O'Shea to leave the halftime score Ballyduff 1-6 Laune Rangers 1-2 the visitors had three points shared by Leslie and O'Shea. Ballyduff only reply was a free from Kevin Goulding to leave only 2pts at the second water break Jack O'Sullivan from a45 a punched pt from Kevin Goulding a pt from a free from the same player. and his brother David with another pt. Laune Rangers replied with two pts from the O'Sheas. closed the scoring MI Frank Russell was introduced late on as the visitors sought the goal that would bring them back into the game.

Before the game a minutes silence was observed to the memory of Olivia O'Carroll mother of Ballyduff player JP O' Carroll who died during the week

Final score Ballyduff 1-11 Laune Rangers 1-7.

St. Michaels Foilmore 1-15 2-9 Moyvane

It was certainly a game of two halves as St Michael's Foilmore took on Moyvane in Ballinskelligs. The home side went in at half time six points down on a score of Moyvane 1-7 St Michael's Foilmore 0-4. St Michael's

Foilmore 0-4 coming from Eanna O'Connor with Moyvanes scores from Shane Stack 1-0 Padraig Leahy 0-2 and a point each for Liam Greaney, Jerry Clancy, Eamonn O Flaherty, Niall Mulvihill and Darragh Mulvihill. Moyvane compounded their lead a minute into the second half when Michael Fogarty finished the ball to the St Michael's Foilmore net leaving them nine points ahead.

The home side staged a comeback adding 1-9 without reply, Bernard Kelly 1-6, Darran O'Sullivan 0-2 and Barry O'Connell 0-1. Eamon O Flaherty and Ronan Clifford exchanged points. Micheal Flaherty added a consolation point with Bernard Kelly adding another point from play to his tally of 1-7. The home side despite losing first half scorer Eanna O'Connor to injury finished on top.

just before the waterbreak. Paul O Carroll and Darren Russell on target for the visitors. On the changeover Sneem/Derrynane took over and with a string of well taken points and a goal coming from Eoin O Sullivan this game was done and dusted long before the sound of the final whistle.

Cromane 1-11 2-10 Cordal

Two of the unbeaten sides in Division 5B collided in Cromane today and it was the visitors, Cordal, who came out on top by two points after going toe-to-toe in a humdinger.

Cromane started the brighter on a damp day by the sea, making first use of a strong breeze. Cordal, however, scored first with a long-range free from goalkeeper Seán Óg Ó Ciardubháin. Cromane then reeled off six unanswered points to lead by 0-6 to 0-1 after 18 minutes. The scores came via Darren Houlihan (2), Mikey Houlihan (2), Darragh McKeefry and Shane Ahern.

The first water break came at a great time for Cordal as they dominated the rest of the half thereafter with Sean O'Connell and Philip O'Connor finding their form. They outscored Cromane by 0-5 to 0-1 in the remaining first half time to narrow the gap to one at the break, Cromane leading 0-7 to 0-6. Cromane will be disappointed to have conceded all but one of those scores from frees.

The second half was controlled by a Cordal side that seemed to have that bit of extra bite. They didn't translate that dominance into scores and had only a Ó Ciardubháin free to show early in the second half. Cromane then struck for the game's first goal when a quick break led to McKeefry rifling home from close range. After 40 minutes Cromane still led by 1-7 to 0-7.

Cordal then stepped things up a gear with O'Connell and O'Connor orchestrating things from centre forward and centre back. Then made a severe dent in Cromane's confidence with two quickfire goals: a penalty converted by Ó Ciardubháin and a punched effort from substitute Jonathan O'Donnell to spring into a four-point lead (2-8 to 1-7) with ten minutes left.

Cromane kept battling and points from McKeefry and substitute Kieran O'Sullivan had them back within one with five remaining. Cordal though kept their composure and were able to finish the game with two Philip O'Connor frees with Cromane only able to muster one reply another McKeefry free.

Cordal were the deserved winner of this entertaining game with O'Connell, O'Connor and goalkeeper Ó Ciardubháin (who finished with 1-3 to his name) outstanding. For Cromane Conor Sugrue, Liam Teahan and Donnchadh Walsh were best.

DIVISION 5 "B" ROUND 3

Ballylongford 3-12 0-10

Kerins O'Rahillys "B"

A superb overall performance from full forward Ciarain O Connor with 1-7 laid the foundations of victory for the home team. However Rahillys had their moments and were well in the game up to the half time whistle but a well taken goal from Owen O Connor left the half time score Bally 1-5 O Rahillys 0-6. The Tralee side were depending on first half displays from Keelen Crowe, Donnagh O'Brien and Diarmuid O'Sullivan but it was the Shannonsiders who took over where they left off and Ciarain O Connor and Jack Mulvihill found the net to give Bally a fully deserved win.

Sneem/Derrynane 2-13 0-7 Asdee

Asdee made the long journey to South Kerry and after a bright enough start they lost their discipline with a player sent off. It was 1-4 for Sneem/Derrynane and 0-3 for the visitors with Conor O'Brien from the penalty spot

DIVISION 6 "A" ROUND 3

John Mitchels "B" Beaufort "B" Not played

Glenflesk "B" 3-3 2-9 Gneeveguilla "B"

Another East Kerry darby with 5 goals registered between them and even though Glenflesk got 3 it was Gneeveguilla who got through. It was 1-4 to 1-2 at the break in favour of Gneeveguilla with a further 1-5. Paul Murphy from midfield scored 1-2 while Charlie Collins and Evan Cronin were also on the score sheet.

Killarney Legion "B" 0-10 1-10 Rathmore "B"

DIVISION 6 "B" ROUND 3

Dr. Crokes "B" 2-10 2-6 Kilcummin "B"

This local derby saw Crokes at home leading at the break; 0-5 to 0-2. Darren O Doherty, David Rea, Jack O Connor, Jamie Doolan and Brian Clifford on the scoring list while Ritchie Hogan and Danny Cronin on target for Kilcummin. On resumption goals were exchanged with Eoin Brosnan and David Rea. Dan O Leary and Padraig O Connor on target.

*Kenmare Shamrocks "B" 3-8 0-17
Milltown/Castlemaine "B"*

This was a cracker from the word go and at the break it was all square; Kenmare 3-4 Milltown>Castlemaine 3pts. Kenmare goals came from; Liam Palmer, Dylan O Connor, and centre back Brian Clifford with Sean Hogan top scorer for opposition. Second half saw more of the same with a further 6pts from Sean Hogan and James O Sullivan adding another. Kenmares R. O Sullivan and Dylan O Connor replied for Kenmare.

Valentia Young Islanders 1-8 0-22 Tuosist

Tuosist opened the scoring but Valentia were quick to reply with Ger O Shea followed by Brian O Connor with 2pts leaving the half time score Tuosist 0-7 Valentia 0-3. On resumption

Tuosist really took over registering a further 15 pts while Valentia even though grabbing a late goal it was always too little too late.

DIVISION 6 "C" ROUND 3

Na Gaeil "B" 2-8 2-16 Fossa "B"

Another close contest for the bigger part of the game and at half time score Na Gaeil Led 1-6 to 0-6. Aaron Dennehy with the goal. At the second water break only a point separated the sides but from here in Fossa took over completely and added 2-5 to their tally. Fossas Lorcan Daly was top scorer with 1-7, Ger Coffey, Mike Cronin, Mike O Keeffe, Darragh Cronin and John O Sullivan also got on the scoreboard.

Desmonds 1-08 Furies 3-05

In blustery conditions today in Castleisland, the Desmonds had a closely contested match against Furies in Division 6C of the County League. Both teams marked tightly with the first score only coming after 11 minutes when Shane Burke but the ball in the back of the net for Furies and they quickly scored a point to reach the first water break; Desmonds 0-00 Furies 1-01

Desmonds Ethan Reidy got his team on track with a point once play resumed, but Sean Cooper answered for Furies with a point at the other end of the field. Desmonds scored 2 points in succession from Luke Curtin and Fintan O Sullivan before Tadhg Walsh scored a goal for the home side shortly before half time.

Desmonds 1-03 Furies 1-02

The visitors opened the second half very strongly with 1-01 scored within 2 minutes by Connall Murphy. Desmonds rallied hard and a point from both Micheal Walsh and Ethan Reidy ensured they stayed within reach.

Before the second water break Harry Doody and Conor Henderson each pointed for Furies.

Desmonds worked the ball well and drove through the middle of the opposition to score 3 unanswered points, another from Luke

Curtin and two from Fintan O Sullivan to level the game. However, after a scrappy ball in the Desmonds goal mouth Furies put the ball in the back of the net to win the game by 3.

Spa "B" 0-2 2-13 Dingle "B"

Michael Boland kicked over the first point for Dingle and they were threatening on goal moments later but were denied by a great save from Spa keeper Conor Kerins. Calum Neher opened the Spa account, but they did not score for the remainder of the half. Declan Devane and David O'Connor added two more for the visitors before Jack O'Sullivan found the net after ten minutes of play for the first Dingle goal. They came close again shortly after, one shot off the post and another effort flying across the goalmouth. At the water break it was Spa 0-1 Dingle 1-3. Late in the first half Dingle were awarded a penalty, but the shot went just wide of the post. Half time score Spa 0-1 Dingle 1-3.

Dingle had a strong third quarter, kicking eight unanswered points from Mark Evans, Declan Devane (2), Jack O'Sullivan (2), Mikey Boland and substitute Daniel Ryan (2) to lead comprehensively by 0-1 to 1-11 at the second half water break. Calum Neher kicked Spa's second point late in the game, but Dingle added two more scores from Daragh Ryan and Jack O'Sullivan before Dan Ryan goaled for Dingle with the last kick of the game.

Final score Spa 0-2 Dingle 2-13

Spa: Conor Kerins, Diarmuid Cahill, Brendan Lynch, Thomas Fleming, Thomas Cronin, Connie Cremin, Conor Brosnan, Michael Kearney, Calum Neher, Conor O'Callaghan, Darren O'Connor, Paul O'Sullivan, Alan O'Sullivan, Andrew Fitzgerald, Keith Myers.

Dingle: David O'Connor, John B Brosnan, Sean óg O'Moráin, Jamie O'Flaherty, Mark Ashe, Gavin Curran, Emmett Farrington, Colm Benny Moriarty, Brian Devane, Mark Evans, John Diony O'Connor, Jack O'Sullivan, Michael Boland, Daragh Ryan, Declan Devane.

Referee: Jimmy O'Shea (Glenflesk)

MID KERRY JUNIOR LEAGUE RD 2 W

Report: Joan McGillicuddy

Glenbeigh/Glencar B 1-06 Laune Rangers B 2-12

Glenbeigh-Glencar lined out Tuesday evening at home to take on Laune Rangers in the 2nd round of Mid-Kerry Junior League.

Between injuries, players away and players unavailable G/G were without 10 of their panel so it was great to see 16 players toggled out. The team was a nice mix of younger players with a few veterans sprinkled in to steady the ship.

In the first quarter G/G scored 2 fine points, 1 from Kieran Cahillane operating at the edge of the square and the 2nd from the boot of Caoilte Purcell who was to have a fine game at 11. G/G had plenty of possession in this period with Fergal Griffin and Dara Casey doing great work around the middle, but they didn't capitalise on the scoreboard. Laune Rangers however were more fruitful in front of the posts and went into the 1st water break having scored 5 points to G/Gs 2. The G/G defence was playing well with Cian Knight very solid in goals and the physical full back line of Mark Sullivan, Maurice O'Connor and young

Diarmuid MacGillicuddy battling hard and making Rangers work for every score. Diarmuid was making his 1st appearance for the juniors last night, with a great display of defending and it was clear to see that he has a bright future ahead of him in a G/G jersey.

After the 1st water break, G/G got a great point from wing forward Sean Quirke following on from great build-up play from centre back Aodhán Roche who had won the ball in his own half back-line. That was to be G/Gs last score before half-time, whereas Rangers managed to convert 1-3 in the same period. Again, G/G played some lovely football in this period with the inside forward line of Jason Clifford, Kieran Cahillane and Pa Griffin winning some good ball, but were just unlucky not to have converted a few more scores. Caoilte Purcell almost added a point before half-time with a superb effort off the ground from a 45, a bullet of a kick that had plenty of power but narrowly missed the target!

The half time score was G/G 0-3 to Rangers 1-08.

G/G started brightly in the 2nd half with wing forwards Gearóid Griffin and Sean Quirke along with wing-backs Dan Kelly and Ronan Foley working very hard around the middle third of the field. G/G introduced the ever-youthful Tom Walsh from the

bench who came out of retirement especially for the occasion and he proved himself to be a good target in the full-forward line. Aodhán Roche scored a great point after another surging run from centre back. G/G found their rhythm and tested Rangers keeper Tony Lyons twice in a short period, with a great shot from Jason Clifford and also a fine effort from Aodhán Roche.

During this period Rangers kept the scoreboard ticking over with 4 more points and a fortuitous goal from a 45 which took a deflection.

After the final water break, G/G deployed Fergal Griffin to the edge of the square as he had picked up a slight injury. Almost immediately they reaped the reward when he won a ball out in front of the Rangers full-back, turned like a teenager and rifled an unstoppable shot into the top corner of the net. Champagne football from Griffin. G/G got the final score of the evening when Caoilte Purcell knocked over a point from a free.

Referee: Mike Moriarty (Keel)

Congratulations to Caoimhe O'Sullivan (Second from left) who has been selected to row for Ireland in the Womens Junior Quad crew at the Coupe de la Jeunesse regatta for European juniors which will be held in Linz, Austria from August 6-8.



GNEEVEGUILLA ATHLETIC CLUB

LOTTO

No winner of our lotto draw 02/07/2021, numbers drawn were 4, 5, 10 & 24. Sellers prize winner Dillane's Garage. €50 Y/T prize winner Breedra Teahan O' Keffes Shop, €50 to Danny Dillane Quarry Cross, €40 each to Tina Griffin Lissivigeen, Lisa Reen Rathmore & Breda O' Donoghue Lisbaby. Bonus not won, numbers drawn were 3, 9, 14 & 28. Winner of €200 surplus was Shelia O' Donoghue Taur. Next week's jackpot €20,000 plus €1,000 bonus.

1 MILE SERIES

We are all set for our 1 mile series. Dates & venues are as follows, every Wednesday race is at 8.00 pm registration from 7.00 pm, July 7th Cullen ; July 14th Barradubh; July 21st Glenlara; July 28th Gneeveguilla & presentation of prizes. Thanking all our officials both new and experienced who are helping out.

MUNSTER CHAMPIONSHIPS

Congratulations to Dylan Scannell Fleming & Darragh Tompkins who competed in the Munster Championships held in Cork on h weekend of June 26/27th. Dylan won gold in the shot U17, Darragh won silver in the shot U15. Both lads will compete in the All Ireland finals. Best of luck to Dylan & Darragh.

MUCKROSS ROWING CLUB

COUPE FOR CAOIMHE

Congratulations to Caoimhe O'Sullivan who has been selected to row for Ireland in the Womens Junior Quad crew at the Coupe de la Jeunesse regatta for European juniors which will be held in Linz, Austria from August 6-8. Caoimhe has demonstrated exceptional commitment and dedication in her training over the past year and her green jersey is a fantastic recognition of all the hard work invested. We wish Caoimhe and her crewmates every success as training continues over the coming weeks with the crews preparing for Austria. We also congratulate Caoimhe's coaches – Marko Tot, Maurice Coffey, Elaine Daly, Noel Kelleher and all who have supported Caoimhe on the water and in the gym.

CASTLECONNELL REGATTA

This weekend sees a welcome return to regattas with increased numbers allowed to attend outdoor events since Monday. First up is the Castleconnell Sprint Regatta this Saturday. Fifty three Muckcross crews will race across a busy schedule that is set to run from 8am to 8pm. Races have been grouped by age to allow competitors race and depart in waves for compliance with COVID restrictions and all races will be straight finals. Best of luck to all our crews!

KILLARNEY VALLEY ATHLETIC

We had athletes compete in the Munster Juvenile T&F Championships held in MTU in Cork last weekend. First up were the boys on Saturday. Karl McCarthy got silver in U18 400H. Conor Gammell got silver in U18 200m with a PB of 23.64secs. Dara Looney was 6th in U18 200 Heat. Jason O'Reilly was 4th and Oisin Lynch was 7th in the U16 800m Final. On Sunday, we had 8 girls in action in Middle Distance & Sprints with several Personal Best Performances. Megan O'Reilly, Tara O'Sullivan and Naoise O'Connor all had PBs in the U13 600m. In the U16 800m, Hannah and Kathryn Ryan came 5th and 6th respectively and both with PB's. Debutant Grace O'Meara ran a great race to come 9th with a PB. Alison Butler came 10th in her U17 800m. In the Sprints, Melissa Ahern came 5th the Final of the U17 200m with a PB. As always, Killarney Valley AC are very proud of their athletes.

Email killarneyvalleyac@gmail.com for any queries. Please keep an eye on your emails and also check our facebook/instagram page for any updated information on training.



Pit stop at the Munster Cycling Youth League at Killarney Racecourse on Tuesday last.



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JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

GAELIC FOOTBALL

Munster Semi-Final Preview: Kerry v Tipperary, Saturday, 7.00pm, Semple Stadium

Much will be made about Kerry facing the Munster Champions, and I'm not disrespecting that title, but it was a knockout championship behind closed doors and a bit of a one-off. There's no question but that Cork had to be better focussed and faster to adapt against Kerry, whereas the exact opposite was the case in the Munster Final. That's not to suggest for one minute that there was anything 'lucky' about it. Cork weren't great, but Tipperary played superb football. Believe me, if they could reproduce that on a regular basis, this team would be contenders. People noted the popularity of the jerseys commemorating Bloody Sunday (they were fantastic), but I'm not so sure that one thing necessarily affected the other. Go back a decade, and Tipperary actually had a better record than Cork underage. Colin Riordan remains one of the best young players I ever saw – he was a three year minor – but he is now plying his trade in Australia. Michael Quinlivan was a standout forward from day one. In fact, his club Clonmel Commercials are one of the great nurseries of Tipperary's success in recent years.

But if you want to measure Tipp's potential in this coming clash. Don't look to last year's Munster Final. Look to the All Ireland semi-final. In the cinema, it would probably have a PG rating, it was that much of a hammering. This year's League isn't ringing any loud warning bells for me, Tipperary ended up third in Division Three South.

Of course, if I was planning an ambush as a Tipperary manager, this build-up would suit me perfectly. Kerry can't afford to slacken the reins here. But I think that last year's lesson will be fresh in their minds.

Peter Keane will have to make some difficult selection choices. No matter what, some good players will be disappointed on the bench. Kieran Fitzgibbon or Shane Ryan in goal? Paul Murphy or Mike Breen in defence? Does Tadhg Morley come back in? Foley has shone at full back, but Morley has been one of our best players until a very, very harsh disciplinary suspension. Jack Sherwood has the muscle to supplement a defence in a game where Dublin showed us, as our girlfriends never did, that size does indeed matter.

Liam Kearney has withdrawn from the panel – rightly so, in my opinion. Too many good players have atrophied on the Kerry bench over the years without getting game time. There has been this culture of isolationism around the Kerry camp for two decades now, a real 'them' (the Kerry public) and 'us' (the closed off inner circle) feeling. Players with future potential

Up front the burning question has to be Killian Spillane. What does he have to do to get a starting jersey?

PICTURE: TATYANA MCGOUGH, FITZGERALD STADIUM PR



should, of course, be brought into training, but those with no realistic chance of game time should be released to their club.

Nothing will make you better at playing the game of football than....playing a game of football.

I expect Moran and O'Connor to start against Tipperary, with Barry (who needs game time) and Spillane coming in.

Up front the burning question has to be Killian Spillane. What does he have to do to get a starting jersey? Micheál Burns, one of the best players in last year's County Championship, must be champing at the bit. Tony Brosnan picked up a hand injury in training and has broken his finger. The fact is that Peter Keane can't really win in selection. No matter who he chooses, there will be critics looking at his bench. He will (and has proven that he can) base it on his own judgement. He will base it on training, which we all have been excluded from for several years now. I wouldn't have an open door policy, but not permanent seclusion either – six million euro Currans sometimes feels like a secret base in a James Bond movie. But that's a debate for better times.

What Kerry need to do is focus exclusively on the task at hand. Ignore the burgeoning hype, that's pundits desperately trying to fashion a two horse race in a Championship that has had an air of inevitability about it for several years now. There's too much talk about when Kerry meet Dublin, instead of if. Let's just concentrate on getting there first.

This is a hurdle on the way but, based on as much limited information as we can have in

the current circumstances, I don't see Tipperary having the defenders to stop us or the forwards to hurt us. Mind you, I was saying that about another team around this stage last year!

Championship Round-Up

Ulster has two interesting quarter-finals left. Arrah, let's not kid ourselves. Donegal will certainly beat Derry. The Oak Leaf have improved, but they were coming from a nadir. Donegal should be in control here. Michael Murphy's fitness will be under scrutiny. Cavan will put up a battle against Tyrone, but it'll be a bit like Spartacus defying the Roman Empire. Connaught. No offence to Leitrim, but Tipperary are more likely to beat Kerry than Leitrim are likely to beat Mayo. It'll be a traditional Connaught Final.

Leinster: Ooh! Dublin looked shaky against Wexford! Again, check the narrative. They coughed up a whopping seven points in total and won by double scores. No games in it this week.

Minor Preview Kerry v Roscommon, Gaelic Grounds, Sunday, 2.30pm

Ah, I'm begging ye here. Don't be asking for too much of a preview on this one. I do know that Kerry have been in an awful lot of work with zoom and training programmes during lockdown, and now in sessions. But it's a long, long time since this 2020 Championship started, and this is basically a completely new story. I could easily begin with "Once upon a time...."



Liam Kearney who has withdrawn from the Kerry panel to play with his club Spa.

Kerry beat Cork in their opening game by 0-21 to 1-15. It wasn't a settled performance by any means, but it was good. They weren't great at midfield until the insertion of Cillian Burke, who had been carrying a knock but was superb. Clare were beaten by double scores, 2-14 to 1-7. I thought they looked a good bit more settled and more sure. Cian McMahon has been the star up front with 1-10. Ruairi Burns is a phenomenal talent, but his distribution needs to be better. Aaron O'Shea won't score as many but he'll create more, an unselfish hard worker. Legion's William Shine is on the forty as a playmaker. To be honest, I'd much prefer him up further, a deadly scorer, and move Keith Evans into the middle. Evans is the cleverest playmaker I've seen on the age, the vision in his passing reminds me of Colm Cooper at times.

Roscommon sparked a lot of attention when they blew away a fancied Galway by 2-13 to 0-11. It was a bigger beating than that on the field, they were ahead by 2-11 to 0-5 until they had a man sent off. The game is up on YouTube. The Connaught Final made headlines as well, but not for good reasons. It was basically played in a monsoon. Roscommon (they are a big team, which helps in weather like that) were always in control and led by 1-4 to 0-0 until late on. I wouldn't read a lot into that game. Blowing Galway away says a lot more. And they press forward. This isn't a blanket defence team. They transition quickly and they go for it. Joey Nagle and Dara O'Callaghan have been brilliant for Kerry so far; they'll be asked hard questions here.

Midfield will be the crucial battleground. Oisín Maunsell gave a performance for the ages in last year's county final. Caolan Ó Conaill beside him has done well. Killian O'Sullivan is back from injury and likely to get the nod, while Cillian Burke is an option that would open a wing back slot for Darragh Fleming. Whoever starts will be up against it. Oisín Cregg is a two year minor and an incredible talent. He's the Seamus Moynihán of this team. If Kerry can hold him, they'll win well. Full back Caelim Keogh and full forward Eoin Colleran are two other big guns.

East Kerry players involved are Dara O'Callaghan (Kilcummin), Harry Byrne (Dr. Crokes), Liam Randles (Dr. Crokes), Darragh Fleming (Killarney Legion), Andrew Moynihán (Rathmore), Cian Walsh Murphy (Scartaglin), Paudie O'Leary (Gneeveguilla), Killian O'Sullivan (Glenflesk), Cian McMahon (Dr. Crokes), Will Shine (Killarney Legion), Aaron O'Shea (Listry), Keith Evans (Keel), Cian Foley (Kilcummin).

HURLING

Kerry are away to Meath in the McDonagh Cup this Saturday at 7.00pm. Kerry will go in as strong favourites here, but this is a real banana skin. A loss would be an awful blow, and players like Jack Reagan are well capable of fashioning such a defeat for Kerry. We certainly didn't travel well on the road in the National League. Meath need it or their McDonagh Cup status is in jeopardy. However, despite the big injury list, I like where we are. The likes of the Boyle brothers and Shane Nolan filled their boots against Down, who in turn had eight points to spare over Meath in their encounter.

Kerry should be winning this with a fair bit to spare and moving onto knockout stages.

Minor: Kerry will play Tipperary in the Electric Ireland Munster Minor Hurling Championship Quarter-Final on Wednesday July 14th at 7:30pm in the Gaelic Grounds. The very best of luck to them but look, you can all understand why I'm not going to preview this one.

KERRY LADIES

The Kerry Ladies will be in action against Galway this evening in Cusack Park, Ennis. The game is live on TG4 at 7.30pm. That's a tough enough opener against a Division One side. I watched their game against Donegal on the Lidl App (a great service). Olivia Divilly, Nicole Ward, Andrea Trill, and Mairead Seoighe are dangerous players. Galway know what they are doing, this game will tell Kerry a lot.

STEPHEN CLUXTON



When they pick the greatest football team of all time, there's a couple of names guaranteed to be on it. Mick O'Connell. Sean Purcell. Oh, and Dublin's most recent senior keeper. I'd say a lot of ye know of the respect I have for that dog warrior Billy Morgan. He never gave us a damn thing easy, and I respected him for it. But he'd be on the bench. Danno Keefe, Charlie Nelligan, Johnny Geraghty, John O'Leary....all absolute greats. But nope. Cluxton.

I'm not going to be singing paeans of praise. For starters, I can't sing (truly). Secondly, that's not and never was Cluxton's thing. He was notoriously uncommunicative with the media. As far as he was concerned, he was a volunteer playing a sport he loves and representing a community he is hugely proud of. He knows that he owes the media nothing. I'm always conscious, when a player or manager is kind enough to speak to me before or after a game, they are doing it out of courtesy and kindness. Only one of us will get paid for that interview.

I didn't think he was that great a keeper in the beginning. Certainly not bad, but any team that had Declan O'Keeffe and Diarmuid Murphy definitely had the upper hand there. But he always had that little bit of something. I remember him getting sent off in 2003 for a bit of petulance. He shook hands with his opponent before departing, which drew a barrage of criticism from Dublin supporters (they treated Tommy Lyons shamefully in the same era). I liked it, a gesture of innate decency. Always leave it behind you on the field.

Cluxton didn't start off as a phenomenal prodigy. But he worked so hard and constantly that he eventually surpassed them all.

There has been criticism of the manner of his departure, not that he does or should care about such opinions. He slipped off stage as quietly as he possibly could, but anyone who thinks that he hasn't been in communication with Dessie Farrell since well before the National League must be trying to stir a pot. I have no doubt that the camp were well aware of his attentions; that was all that mattered.

Best wishes to an all-time great.

CAMOGIE

Kerry Are Munster Junior Champions!

Munster Junior Final: Kerry 2-12 Clare 0-7

Clare gave Kerry a tough battle of it in Mungret last Saturday in wet conditions. My notes basically disintegrated in my hands after a first half down pour, great fun! It was nip and tuck early on but Kerry's first touch was better, Aoife Behan, Patrice Diggin (2), and Jackie Horgan helped Kerry into a 0-6 to 0-2 lead. Kate Lynch from Glenflesk, East Kerry's sole representative on the field, hit a free out on the wing that somehow evaded everybody in a crowded square and ended up in the net. Kerry used to rely a lot on Patrice Diggin in the middle, but with Kate and Aoife Behan an outstanding pairing there nowadays, it frees up Patrice to raid from wing back with success. Kerry led by 1-8 to 0-3 at half-time. The game wasn't over – far from it, as Clare absolutely dominated the third quarter and deserved to close the gap a lot more than they did. Sara Murphy and Niamh Leen were brilliant in Kerry's defence. Kerry composed themselves for a fourth quarter where they were always in control.

Kerry: Aoife Fitzgerald, Elaine Ryall, Niamh Leen, Michelle Costello, Patrice Diggin (0-3), Sara Murphy, Áine O'Connor, Aoife Behan (0-1), Kate Lynch (1-0), Annmarie Leen, Laura Collins (0-1), Rachel McCarthy, Amy O'Sullivan (0-2), Jackie Horgan (1-5, 3f), Caoimhe Spillane. Subs: Jessica Fitzell (for Caoimhe Spillane, 36 mins), Edel Slattery (for Annmarie Leen, 56 mins), Emma Lawlor (for Elaine Ryall, 52 mins), Norette Casey (for Aoife Behan, 56 mins)

ATHLETICS

Warmest congratulations to Cillian Griffin, who join David Kenny and Sarah Leahy in the European Championships. Cillian was part of the Irish U20 4 x 100m relay in Carlow that needed to beat 41.40 to qualify and book their tickets to Estonia. They were in this position two years ago but missed out by 0.1 of a second. This time out a superb run saw them come in at 41.18 to seal their ticket to Tallinn. Cillian is one of a number of athletic talents who brought national titles back to Mercy Mounthawk.

KATE LYNCH

Kate Lynch is the first camogie player in as long as I can remember from Killarney to represent her county, and last Saturday saw her play a starring role in midfield for Kerry, as well as scoring an important, albeit slightly fortuitous, goal.

"The club only started there again about ten years ago maybe. We were kind of the first year to come up through the ranks and we're just keeping going. Granted, there's a good few girls coming up now from U16. Margaret Hickey and Veronica Stack started the club and I just said I'd give it a go. They were excellent. They gave us a lot of time and

RUGBY

Lions Tour

Wins over Japan and the Sigma Lions constitute an okay start. But nothing to write headlines over, to be honest. Without the exuberance of supporters (I've never gone to a Rugby World Cup and, however unpopular it may be, opposed Ireland hosting it when it would have cost us millions in revenue we didn't have) there isn't really any fizz of excitement about this tour yet. Not for me, anyway. It's all a bit 'meh' so far. South Africa being in isolation after a player tested positive for covid isn't helping.

Ireland 39 Japan 31

Japan introduced themselves to a frankly cocky Ireland two years ago and won by 19-12. Joe Schmidt took a lot of flak but frankly, the Irish public were carrying an awful lot of arrogance into that competition. It's a bad habit we have and we've been shown up when the chips are down at pretty much all of them. Japan (the team includes naturalized Tongans, Samoans, New Zealanders, Australians and South Africans) are not to be taken lightly. So there was a little bit of pressure on Any Farrell coming into this one. Alright lad, you have a lot of players away with the Lions. Can you do it on days like these? And he did, so fair play. Josh Van Der Flier was excellent. James Ryan was a bit disappointed not to be chosen for the Lions, but he hasn't replicated his brilliant earlier form and it didn't happen here either. Hugh Keenan and Joey Carbery were also very good. I wouldn't be getting any kind of excited, but yeah, this was not bad at all.

Rotation is expected against the US tomorrow (you probably know the team by now). Ireland will be expected to win, but Eddie O'Sullivan laid great foundations in the US (O'Sullivan always impressed me more than his many critics) and they have built on it well. I'm as interested in the US as Ireland here, to be honest. If rugby really wants to be considered a world sport, it needs to have a decent foothold on America's attention span. Which is a market worth billions, by the way. It's made a decent start.

GOLF

The Irish Open was great....it that it happened, which is a huge boon in itself after last year. It didn't really go well for the Irish players. Rory McIlroy had a very poor start before recovering.

He was actually in real contention at one point, but couldn't maintain the pressure and struggled to finish in joint 59th with two bogeys in his last holes. Graeme McDowell was just ahead of him. Rory has this unfortunate trait of high peaks and very low troughs during competitions. On the days when he's consistent, he's right up among the best in the world, but the tweaks in his playing style in recent months indicates a lack of confidence in himself to me, and that's always been an achilles heel for him. Shane Lowry never went as high but also never dropped as low and finished with an impressive 66 for a share of 23rd place. Australian Lucas Herbert led the tour from his first shot to his very last, having three shots to spare over everybody in the finish.

Corkman Seamus Power's superb last round of 67 with no bogeys saw him take joint eighth in the Rocket Classic in the PGA Tour.

CYCLING

Tour De France

Tadej Podacar is simply obliterating the field. To be fair, the likes of Roglic or Bernal would put up a better challenge. The big story of the tour is unquestionably Mark Cavendish. The Isle of Man sprinter is 36 years old. One of the greats in his day, but I, like many others, assumed his time was done. He wasn't even meant to be here – he came in as a replacement for the injured Sam Bennett on the Deucenet Quick-Step team. Judging by recent comments made by the team manager in regards to Bennett, there might be a permanent vacancy. Any manager who won't respect an athlete's injury is a hindrance, rather than a help, to the athlete. That holds true in any sport. If your manager won't respect you enough to rest an injury, then you need to have some self-respect. Anyway, back to 36 year old Cavendish, who was there just to make up the numbers. Ummm.....he's three wins away from Eddy Merckx's all-time record of 34 stage wins. With a number of sprint stages to come. And a lot of the top sprinters already pulled out with injury after crashes. And there have, unfortunately, been a very high incidence of crashes. A spectator got the blame for that opening day disaster, but that's not the only one. I don't know why so many are happening now, but something seems to have changed. It's an issue that will need to be looked at.

everything. I don't know, I suppose their love for it was passed on to me then. Their passion, their dedication every Monday night, it went on to me. It kind of went on from there."

Kerry only just missed out on qualification for the knock-out stages of the National League on scoring difference, having beaten both Galway and Tipperary's B teams, and have now added a Munster Junior title. Kate is happy with the progression. "We've definitely pushed on this year. Shane McElligott has come in as strength and conditioning coach, and he has definitely made a big difference. We had nothing to lose as well, I suppose, we had to step up a gear. The game is growing in Kerry and as a team we are going well."



Kate Lynch from Killarney represented her county last Saturday and played a starring role in midfield for Kerry.

KNOW YOUR RIGHTS

EMERGENCY MEDICAL CARD

Question: What is an emergency medical card and how do I apply for one?

Answer: An emergency medical card is a medical card that you can get without a means test in certain emergency situations.

You can get an emergency medical card if you:

- Have a terminal illness and have been told you have 24 months or less to live
- Are getting end-of-life treatment
- Need urgent ongoing care and urgently need a medical card

Only a healthcare professional (for example, a doctor or consultant) can apply for an emergency medical card for you. They will send the application to the HSE.

If your application is approved, it can take up to 10 days to get your medical card in the post. However, your card will be active within 24 hours of your application being processed. Your GP, pharmacy and hospital staff will see your card is active on their systems. This means you can access medical card services while you wait for your card in the post.

If you get a medical card because you have a terminal illness and have been told you have 24 months or less to live, the HSE will never review your card and your card will never expire.

If you get a medical card because you are receiving end-of-life treatment, the HSE will never review your card and your card will never expire. End-of-life treatment means you have been told you have less than 12 months left to live.

If you get a medical card because you need urgent ongoing care and urgently need a medical card, your card will expire after 6 months. You will need to complete a means assessment before your emergency medical card expires. The HSE will write to you to remind you to do this.

You can get more information from the National Medical Card Unit on (051) 595 129, or lo-call 1890 252 919 or you can contact your local Citizens Information Centre.

You can read more about emergency medical cards on citizensinformation.ie

You can get information about supports for business during COVID-19 on citizensinformation.ie. During the COVID-19 pandemic, you can find comprehensive integrated information online at citizensinformation.ie/covid19/ and you can get daily updates on what's changed on Twitter at @citizensinfo. You can also get information and advice from:

- **Tralee on T: 0761 07 7860 Mon - Fri (10am - 4pm)**
- **The Citizens Information Phone Service: Call 0761 07 4000 - Monday to Friday (9am - 8pm)**
- **Our national call back service: Visit citizensinformation.ie/callback to request a phone call from an information officer.**

TOP TIPS TO STAY SUN SAFE

Sun holidays abroad are finally about to recommence – but celebrity Irish skin expert Eavanna Breen warns of how extra vulnerable (our already uncommonly vulnerable) Irish skin is right now, ahead of boarding that plane & What steps we all need to take to stay sun safe after over a year of no foreign travel

With skin cancer being the most common form of cancer in Ireland, we need to seriously consider our skin health and the grievously damaging effects of the sun on it. According to renowned Irish skin expert Eavanna Breen, we need to take it very slow and be vigilant when exposing our skin to the sun again.

There are 3 types of radiation from sunlight:

1. Visible light gives us the colours that we can see.
2. Infrared radiation, which gives us the warmth we feel from the sun.
3. Ultraviolet radiation, which we cannot see or feel.

Irish Skin Expert Eavanna Breen's top tips to stay sun safe:

1. Increase your intake of antioxidants to help protect your skin from UV damage. Foods that are rich in beta-carotene and other carotenoids, such as lycopene, could improve your skin's protection against UV rays. The best sources of carotenoids are carrots, sweet potatoes, pumpkins, spinach, squash, broccoli, mangos, apricots, kale, peas, tomatoes and melon. Vitamin E contained in vegetable oils, almonds and nuts also provides protection from the sun.

2. Cover your body with as much clothing as possible especially when in direct, strong sunlight. Clothing can be one of the most effective barriers between our skin and the sun. For example, perhaps wrap a sarong around yourself when walking from your sunbed to the sea. Or for men, linen shirts and trousers and the perfect holiday-wear. It definitely helps that this year linen happens to be a big SS21 trend in menswear.

3. Wear sunscreen with SPF 30 or above with broad-spectrum UVA and UVB cover. Always store it in a cool place and make sure to check the expiry dates. Throughout my 20+ years as a Clinical Skin Therapist, I have never come across an SPF product as efficient, effective and just plain brilliant as Skinmade's Protect & Care Sun Oil. It provides SPF 50, as well as being full of antioxidants that help to repair the DNA damage caused by the sun. Unlike nearly all sunscreens on the market it does not break down in the sun, so no reapplication is needed for a period of 8 hours (unless you have been swimming). This sun oil is also 100% natural (or body's own ingredients), cruelty-free, vegan and suitable for all skin types. It's my desert island product!

4. Two of the best known anti-oxidants are vitamins C and E both of which have been shown to be effective in fighting UV damage. UV rays can deplete levels of vitamin C in the skin so it is important to use vitamin c products both during the day to fight the free radical damage brought on by the UV Rays; and at night to replenish the vitamin c that has been depleted during the day.

5. Always wear a hat with a wide brim that covers the face neck, and ears. Aside from cancer risks, the sun is the quickest way to age and damage our skin. Rule of thumb should be to never directly expose your face to the sun when on sun holidays. This is what fake tan and makeup are for!

6. Ensure your skin is well hydrated The more your skin is exposed to the sun, the more it dries out. And as it dries out, it becomes more vulnerable to UV rays. By nourishing it with a good moisturizing cream, you are helping it reconstruct its protective layer. In addition to this, drink as much water on a sun holiday as you can.

7. Eyes are vulnerable to UV damage so it is essential to wear good-quality sunglasses to protect your eyes. We all love a bargain buy – but don't scrimp when it comes to sunglasses.

8. Seek shade whenever possible particularly at the hottest times of the day, when UV penetration is strongest between 11 am and 4 pm.

KILLARNEY ATHLETIC

RESULTS

Killorglin U13 (T2) - 4

Killarney Athletic U13 (T2) 7

Killarney Athletic scorers

Liam Harmon 2

Oran Kennedy 1

Alex Doolan 1

Finn O'Donnell 1

Garvan Collins 1

With a Sterling Performance by Keeper Ryan Twomey.

U13 SUMMER CUP

Killarney Athletic (T1) v MEK

5 - 1

Szymon Jasinski

JJ O'Donoghue

2nd Half

Szymon Jasinski

Evan Doona

JJ O'Donoghue..

RESULT

Denny KDL Challenge Cup, Last 16 Knockout

Killarney Athletic A 4-1 Castleisland AFC (B)

SCORERS

Killarney Athletic; Eoin Moynihan 2 Owen

Benson, Adam Moynihan.

DENNY KDL WOMEN'S CHALLENGE

CUP, GROUP STAGE

Killarney Athletic A.F.C. 6-1 MEK Galaxy F.C.

SCORERS

Killarney Athletic; Emir Cronin2

Elaine Doherty, Kate Stack, Niamh Stack,

Pia Hickey.

300 CLUB DRAW RESULTS.

€500=ANNABELLE VANVERDE

€100=DONAL LYNCH (BALLMAKEERA)

€100=TOM O SHEA

€100=BILLY HENNIGHAN

€100=COLM O'DONOGHUE

€100=JOAN MCCARTHY

June Results..

€500=DARREN T O'SULLIVAN

€100=PAUDIE O'CONNOR.

€100=KIERAN HERLIHY..

€100=MALACHY WALSH.

€100=MARTIN WALSH.

€100=MARGARET LOONEY.

SCHOOLBOY/GIRL SOCCER

11'S CUP AND SHIELD FINALS THE HIGHLIGHT OF A BUSY WEEK IN KSBGL SOCCER: UNDERAGE LEAGUE OF IRELAND

14'S WATERFORD 3-1 KERRY

Kerry made their first trip of the new Underage National League season as they followed up their first round loss to Cork City with an away trip to WIT to take on Waterford. The home side scored inside two minutes and were 2-0 up at the break. Kerry fought hard and pulled one back when a Dawid Grebowiec run ended up with the ball being cut back for Neal O'Shea to score. Kerry hit the bar and the post but it was the home side that got the insurance goal.

MEK GALAXY TAKE THE 11'S SHIELD AND ST BRENDAN'S PARK THE 11'S CUP:

The semi-finals of the 11's Summer Competitions were excellent displays of the



What a Campaign for these young Killarney Athletic Blues Top of the Table with a Hat trick by Liam Harmon and Sterling Performance by Keeper Ryan Toomey.

talents of these young players. In the Cup quarter finals St Brendan's Park made the trip to Killarney Celtic a winning one by a single goal while a Golden Goal in the last minute saw Castleisland win away at Listowel Celtic.

The Shield semi-finals were equally as close with MEK Galaxy B winning at Ballhar Dynamos and Killorglin B taking the win at home to Mastergeeha C. The finals took place in the excellent surroundings of Murt Scott Park in Ballyhar. First up was the Shield and it was a great family outing with multi generations cheering one the young players of MEK and Killorglin. The MEK boys put in an excellent first half and were ahead at the break but credit to Killorglin they took over in the second period and fought right to the end as MEK just held on. There were excellent performances all over the field but both goalkeepers drew huge applause on many occasions for their saves. This was the first trophy at Schoolboys Girls won by MEK Galaxy. St Brendan's Park opened up the quicker in the Cup final but Castleisland settled and we were treated to another cracking game. The Park led early but Castleisland hit the net to leave the minimum between the sides. Both sides hit the net later in the game and when referee Tom Kerrisk blew the full time whistle there was only one between the sides with St Brendan's Park taking the 11's Cup and while Castleisland will be disappointed they gave it all they had and like all of the four teams in action the players and coaches were a credit to their club.

MID-WEEK ROUND-UP: 12'S

In the 12's a goal from Shane Griffin was enough to give Park D a 1-0 win at home to Killarney Celtic C. Four goals from Conor Flaherty set Camp Juniors B on the way to their 6-2 win over Listowel Celtic. Ryan Fitzgerald and Michael Keane added to Flaherty's goals. Sean Mulvihill got both goals for Listowel Celtic.

13'S

Rory O'Connor x 2, Billy O'Donoghue, Zach Cronin and Thomas Myers got the goals as Mastergeeha defeated Ballyhar Dynamos.

14'S

There were a number of games in the 14's Cup and Shield. Killorglin B took the points on a 3-0 scoreline over Killarney Celtic B while Mastergeeha A and Camp Juniors A drew 1-1. A hat trick from Francis O'Brien and 2 from Fionn O'Dalaigh saw Tralee Dynamos B win 5-3 at Listowel Celtic B. Conor Fealy, David Lawlor and Fionn Morrissey got the Listowel B goals. John O'Sullivan certainly had his shooting boots on as he hit four for Inter Kenmare in their 6-2 win at home to Killarney Athletic. Sean Casey and Darragh O'Sullivan got the other two. David Walsh and Marcl Kowalczyk replied for Athletic. There was an eight goal cracker in Mort Scott Park as Ballyhar Dynamos and Park B drew 4-4. Diarmuid Quirke 2, Eoin Walsh and David Burke scored for the home side with Lee Wharton 2, Tadgh Healy and Cathal Morris scoring for The Park. MEK Galaxy were 5-2 winners at Kilbreen Park with Jamie Vouden scoring in both halves and ending with a hat trick for the winners. Noah O'Shea and Ryan Brady were also on the mark. Dylan Cronin and Ronan McCarthy scored for Mastergeeha. Killorglin A put in a big second half away at LB Rovers as the sides were tied 2-2 at the break. A James Clifford hat trick, Adam O'Neill 2, Rob Baggett and Dylan Flynn were on the mark for Killorglin. Shay Murphy and Lee Caffery got the goals for LB Rovers. Two goals each from Aaron Horgan and Ronan Carroll and one each from Christy Burke and Niole Derege were on the mark for Tralee Dynamos in their win over Fenit. Conor Sweeney hit four and John Carmody one as Listowel Celtic defeated Killarney Celtic A. Dara O'Sullivan got both goals for Killarney Celtic A. On Sunday Killorglin A rounded off a good week as they qualified for the 14's Cup final after just seeing off Listowel Celtic after a 7 goal thriller. A hat trick from James Jones and one from Aaron Doyle were just enough for Killorglin to take the win. Tristan Barry with 2 and Kiegan Moloney were on the mark for Listowel Celtic.

CRONIN TEAMS UP WITH HANKOOK FOR BRITISH CHAMPIONSHIP RETURN

BRC
British Rally
Championship



Keith Cronin (left) and Mikie Galvin have signed with Hankook Tire to contest the 2021 British Rally Championship.
PHOTO: JACKOB EBREY MOTORSPORT PHOTOGRAPHY

Four-time British Rally Champion, Keith Cronin, is set to return to the series this year, with support from Hankook Tire. The Killarney & District Motor Club driver has signed a contract with the premium tyre maker to contest the four gravel rounds of the 2021 BRC, beginning with the Nicky Grist Rally in Wales on Saturday, plus the season-closing tarmac surface Ulster Rally in November.

Cronin is to pilot a Ford Fiesta Rally 2 throughout the year, which will be run by NPL Rally Hire

and Preparation, and his co-driver will again be Mikie Galvin, who guided him to his most recent BRC title in 2017. Additional support for the BRC season comes from M. O'Brien Group of Companies, Rentokil Initial, Cremin Coaches, Cronin's Centra, Cronin's Homevalue and M-Sport.

"The car will start in full Hankook livery on our excellent latest generation rally tyres" says Manfred Sandbichler, Hankook Motorsport Director Europe. "I know what the driver and his co-driver are capable of,

it's a highly competitive team and therefore I am particularly pleased that they will start the British Rally Championship with Hankook support. The level of driving is very high and we are competing in a very strong series".

Hankook can look back on a 80-year history and is now the sixth largest tyre manufacturer in the world. Hankook is currently the exclusive tyres supplier for the TCR Europe, W Series and British Formula 4 and is one of the top names in international motorsport impressing drivers, teams, experts and fans for years with the quality of its high-end Ventus Race tyre and the optimal support provided at racetracks all over the world.

Last weekend's non-championship M-Sport Rally in Cumbria provided the first opportunity to test the latest Hankook competition tyres in advance of the BRC campaign, and it saw Cronin and Galvin finish third overall on what was their first competitive outing in three years. Cronin declared himself satisfied with the result after the conclusion of the event. "It's been an interesting exercise, it was great to test in a full blown rally against great opposition. I was happy enough with our speed over the weekend without taking risks, and we are confident of increased speed with a bit more seat time. We gathered a lot of data on the latest Hankook tyres, they performed very well, and I am looking forward to the Nicky Grist now, there is a very competitive entry." The Hankook Fiesta crew are seeded at number eight for Saturday's rally.



Kerry Intermediate Ladies Alliance Ladies from Killarney, Dook, Kenmare Ceann Sinead Ballyheigue, Tralee, Ballybunion, Waterville, Beaufort play various courses in Kerry from October to March. At the end of each season the organising club nominates a Kerry based charity as the beneficiary of surplus funds. Comfort for Chemo and Recovery Haven were the two chosen charities this year 20/21.

The alliance is very grateful to the golf clubs in Kerry for facilitating our Alliance. Pictured receiving a cheque totalling €1,150 is Brid O'Connor, Comfort for Chemo with Noreen Coffey, Mary O'Rourke and Susan Tong at Killarney Golf Club.



Killarney Athletic U13(T1).

16'S

Goals from Oran Murphy, Alex McGrath, Billy Doyle, Jerh Brosnan and Donagh Murphy gave Fenit a 5-0 win over Killorglin B. Hugh Lenihan and Adam Murphy scored for Mastergeeha in their 2-0 away win at Killorglin. Killarney Celtic were winners by the odd goal in seven as they defeated Mastergeeha 4-3. Edward Myers 2, Kelvin O'Sullivan and Callum Cronin scored for Celtic with Hugh Lenihan x 2 and Paudie Moynihan replying for Mastergeeha.

Saturday Scorers: League of Ireland 14's Waterford 3-1 Kerry

12'S

Ballyheigue 0- 6LB Rovers

13'S

Killarney Athletic 5-1 MEK Galaxy
Tralee Dynamos 3-2 Listowel Celtic
Killorglin B 4-7 Killarney Athletic B
Mastergeeha B 6-4 Inter Kenmare B
Park A 6-4 Camp Juniors A
Park C 3-4 Castleisland B

14'S

Listowel Celtic 3 -4 Killorglin

15'S

Inter Kenmare 2-1 Killorglin B
Killorglin C 6-5 Ballyhar Dynamos
Killorglin A 1-0 Castleisland A
Park B 3-0 Killarney Athletic B

16'S

MEK Galaxy 2-0 Killarney Athletic B

GIRLS

12's Camp Juniors 5-0 MEK Galaxy
Inter Kenmare 8-4 Mastergeeha

REPORTS 12'S

LB Rovers proved a little too strong for their North Kerry neighbours winning the only 12's game played on Saturday 6-0.

12'S GIRLS

A hat trick from Keelin Clifford and one each

from Caoimhe Skinner and Alannah Griffin saw Camp Juniors take the 12's girls game against MEK. Amy Brosnan hit 4 goals for Mastergeeha in their away game at Inter Kenmare but the home side were just a little bit stronger as they took the win 8-4. The Inter goals came from Grace O'Shea and Alice O'Connor who both hit hat tricks, Mary Munnelly 2 with Sadbh O'Mahony and Saoirse Hussey getting one each.

13'S REPORTS

Goals in either half from Szymon Jasinski and JJ O'Donoghue and one from Evan Doona gave Killarney Athletic a 5-1 win at home to MEK Galaxy in Woodlawn. It was a good morning for Athletic as their B's won away at Killorglin B. The Athletic goals came from Liam Harmon 3, Oran Kennedy, Alex Doolan, Finn O'Donnell and Garvan Collins. Tralee Dynamos had goals from Fionn O'Dalaigh, Calvin O'Sullivan and Christy Boy Burke saw Dynamos win 3-2 at home to Listowel Celtic. They can also thank goalkeeper John Leen who saved a penalty. David Lawlor and Dylan Costello replied for Listowel Celtic. Rossa McGearailt had a morning to remember hitting 5 for Inter Kenmare A in their 7-4 away win over Killarney Celtic A. Caoilainn Desmond and Seamie Orpen got the other two goals. Cillian Slattery 2, Dara O'Sullivan and Luca Mosca scored for Celtic.

Mastergeeha B put in an excellent second half to overcome a 4-1 half time deficit and win 6-4 at home to Inter Kenmare B. They were led by the on-fire Ruairi O'Donoghue who ended with four goals and Patrick O'Riordan who hit the other two. For Inter Marc Foley x 2, Alasdair Dewar and Ronan Hussey scored. Adam O'Neill opened the scoring at Christy Leahy Park for the home side before Mikey O'Leary headed home a Camp Juniors equaliser.

The Park then went 3-1 up thanks to two goals from Brian Heaphy. Camp pulled one back before the break when O'Leary got his second. A Saad Abdula penalty put the Park back 2 ahead before Darragh Murphy netted to close the gap to one. Patrick Wojtalik then hit a sweet volley for the Park but again Camp replied this time from a Darragh Murphy free kick inside the last 10 minutes. But a breakaway goal from Abdula eased the Park's nerves and saw them take this rollercoaster game 6-4.

The Park B just saw off Castleisland C in a cracking 7 goal game in Tralee. Daniel Kenny, Sean O'Connor and William McCarthy were on the mark for Castleisland

15'S

Ben O'Callaghan put Inter Kenmare 1-0 up at home to Killorglin B who then equalised. The vital winning goal came from Ollie O'Shea which saw Inter win 2-1.

Four goals from Daithi O'Shea and one from Gerard Long were not enough to see Ballyhar Dynamos take anything from their game away to Killorglin C with the winners take the points 6-5. A goal from Ryan Carey was enough to give Killorglin the points in a 1-0 win over Castleisland while Park B took the points on a 3-0 score line over Killarney Athletic B.

16'S

In the Saturday afternoon game goals from Finn Kennelly and Max Leon gave MEK Galaxy the points in a 2-0 win at home to Killarney Athletic B.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 7,21,25,26. There was no jackpot winner. Match 3 winner received €150. The next jackpot on Monday July 12th is €9,000. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com

U16

Mastergeeha 3, Killarney Celtic 4.
Edward Myers 2, Callum Cronin, Kalvin O Sullivan
Inter Kenmare 3, Killarney Celtic B 0

U14 QUARTER FINAL

Listowel Celtic 5, Killarney Celtic 2
Dara O Sullivan 2

U13

Killarney Celtic 4, Inter Kenmare 7
Cillian Slattery 2, Dara O Sullivan, Luca Mosca

U12

Mastergeeha 3, Killarney Celtic 2
Luke O Shea, Jack Culloty

GIRLS U13

Killarney Celtic White 3, Castleisland 0
Niamh Brosnan, Cliona Moynihan, Zoe Counihan

Killarney Celtic U13 White team who played against Castleisland.



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LADIES BRANCH

26TH/27TH JUNE

Round 2 Golfer of The Year -

Sponsored by O'Sullivan Lawlor Accountants

Overall Winner: Marian Kerrisk (28) 66 Net
Division 1 Winner: Lady Captain Laura Furlong (14) 66 Net

Division 2 Winner: Sally Harvest (49) 66 Net

FIXTURES

9th July - Open Friday 18 Hole Stableford (Ladies & Gents Singles) - Sponsored by Clifford's Ground Care Ltd - Entry Fee €30 Visitors and €15 Members. 10th/11th July - 18 Hole Stableford Sponsored by Hayfield Cottage

BEAUFORT GOLF CLUB

MENS BRANCH

26th/27th June - 18 Hole Stableford (White Tees) - Sponsored by Mens Branch

1st Jamie Lowe (20) 44 pts

2nd David Lynch (18) 44 pts

3rd Captain Ken West (14) 43 pts

4th Bernard Cronin (17) 42 pts

5th Paudie O'Connor (31) 41 pts

FIXTURES

9th July - Open Friday 18 Hole Stableford (Ladies & Gents Singles) - Sponsored by Clifford's Ground Care Ltd - Entry Fee €30 Visitors and €15 Members. 10th/11th July - Round 2 Golfer of The Year - 18 Hole Stroke (White Tees)

ROSS GC, KILLARNEY

GENTS CLUB

RESULTS

On July 3rd/4th we held a strokeplay competition.

The winners were:-

1.. Oliver Butler (19) 69

2.. Ger Flynn (18) 71

3.. John Ivory (22) 72

BG -- Ronan Kelliher 79

PIERCE PURCELL

The Ross GC team played Killarney GC in this competition on Sunday July 4th and after a brave performance we went down on a score 3 1/2 to 1 1/2.

FIXTURES

On Friday July 9th We will hold a 10 hole mixed scramble which will be followed by a BBQ. Please put your name on the entry sheet in the clubhouse or be at the Clubhouse by 6pm sharp for a 6.30 pm shotgun start. Please note that the BBQ must be booked and paid for before the golf starts. Next weekend (July 10/11) there will be no competition due to the July Racing Festival. Our next competition will be held on Sunday July 18th and will be a single stableford. July Racing Festival :- We want to wish the best of luck to the Killarney Race Company for a successful July Racing Festival.

The Dr Billy Competition the Ross will host the Dooks GC team in this competition on Wednesday 7th at 4.30pm and we wish the Ross team the best of luck in this competition. The Country Clubs Competition - On Saturday July 10th the Ross will play Spanish Point in this competition. There will be three matches in the Ross and four in Spanish Point and we also wish the Ross team the best of luck in this competition.

KERRY PITCH & PUTT CLUB NEWS

While Pitch & Putt action at county level over the last few weeks has been on Tuesday evenings as our Bob Casey tournament has been progressing, we return to weekend action this weekend as the County Strokeplay Championships are down for decision.

Tralee is the venue for the U16 event on Saturday morning where there are Boys and Girls sections. The action then moves to Newmarket on Sunday with the Mens events as well as an 18-hole Ladies competition which will be played as Stableford. Details of the timesheet for both days will be available later this week prior to the weekend itself.

We return to Newmarket next Tuesday (13th) then for the conclusion of the Bob Casey itself. All prizes from the event will be available for collection on the night itself as the following weekend (July 18th) sees the National Matchplay Qualifiers take place in Deerpark. Tralee then play host to their Scratch Cup the following Sunday, July 25th, to complete the month's play in earnest.

LADIES BRANCH KGFC

RESULTS

Stroke competition MP Sunday 4th July kindly sponsored by O'Brien Coffey MacSweeney Accountants & Statutory Auditors

1st Claire Horgan (37) 67 nett

2nd Maire Murphy (26) 68 nett

BG Deirdre Prendergast (3) 75

3rd Sharon Ormonde (18) 69

4th Catherine Walsh (29) 70 nett B9

5th Mary O'Neill (24) 70 nett B9

6th Lorna O'Leary (29) 70 nett

7th Sinead Galvin (19) 71

Next week's competition is Cross

Refrigeration Stroke on Killeen.

LADIES ROSS GOLF CLUB NOTES

MIXED SCRAMBLE

Mixed Scramble hosted by the Mens Club this Friday 9th July for members & guests followed by BBQ. 6.00pm sharp. Names to be in by Thursday lunch time.

MEET AND PLAY

Each Wednesday morning meet at 10.15am for 10.30am. All members welcome.

RESULTS

Ladies 9 & 18 hole single stableford competition

held on Friday 2nd July & Saturday 3rd July. Good turnout. Results Therese O'Keeffe 1st, Mary Gorman 2nd & Eileen Fleming 3rd. Well done. Great turnout for the scramble last Friday and weather stayed dry. Winners were Noreen O'Mahony, Leo Casey & Ryan Kavanagh. Well done to all.

BEST WISHES

Best Wishes to Killarney Race Company on the Race Meetings next week.

MEN'S CLUB KILLARNEY GOLF & FISHING CLUB - MEN'S CLUB

RESULTS

Of the Seamus Weldon sponsored singles stableford competition held on Killeen in the 3rd and 4th of July.

1st Eoghan O'Donovan 46pts(13)

2nd Adam Carey 44pts(17)

3rd Alex O'Callaghan 42pts(17)

4th Daniel Kelly 41pts(15)

5th Jason McCarthy 40pts(10)

6th Liam Murphy 39pts(11)

Best Gross: Donal Considine 38pts(1)

Category 1 Conn O'Connor 39pts(06)

Category 2 Kevin O'Dwyer 39pts(13)

Category 3 John Culloty 39pts(15)

Category 4 Michael Coleman 39pts(24)

CONGRATULATIONS to our Senior Cup team who defeated Berehaven and our Pierce Purcell team who won well against the Ross Golf Club. Commiserations to our Bruen team who narrowly lost to reigning All-Ireland champions Berehaven.

DEERPARK PITCH & PUTT CLUB

SUNDAY DRAWS

Last Sunday morning's Two Ball Scramble saw use have some bad rain for the second draw. Results- First Nett: John Murphy & Aidan O'Keeffe 33½, Gross: Gearoid Cronin & Noel Moynihan 41, Second Nett: Aidan O'Keeffe & Mike 'Seve' O'Leary 34. No draws this Sunday due to County Strokeplay in Newmarket.

Wednesday Competition: We played a Singles last week which was won by Hugh O'Sullivan. We run something every Wednesday at 6.45pm, €5 per player.

COUNTY STROKEPLAY

Best Wishes to all our competitors in the various grades this weekend in Tralee on Saturday (U16) and in Newmarket (adults) on Sunday. Bob Casey: Final Round of the Bob Casey take place next Tuesday evening (July 13th) in Newmarket. Contact Sean Kelly or Noel Moynihan if interested in playing.

NATIONAL MATCHPLAY QUALIFIERS

We host this event on Sunday July 18th next.

CAPTAIN'S PRIZE

Our Captain John McGrath hosts his prize on Friday evening July 23rd. Further info next week.

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by John O'Sullivan

GARDEN MAINTENANCE



It is important at this time of year to do some pruning in the garden. Climbers such as wisteria and pyracantha should be pruned back now after flowering. Rambling roses can also be pruned back if they too have finished flowering. Shrubs like hexes should be given alight pruning at this time of year as the flowers are fading in them.

You can also give your hedges a final trim until next years they will be very little growth from now on.

Don't go too hard especially with coniferous hedges as that would leaving them with dead looking patches for the winter.

Also the time is right to dead head your roses as this will keep them flowering into early Autumn. Roses that aren't looking too good now and have lost some of their foliage can be cut back a bit further to encourage new growth.

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Closing date for submissions is Friday June 25th.

PLEASE CONTACT

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SELF ESTEEM IN CHILDREN

Last week we looked at the many ways we can raise our self-esteem and begin to feel better about ourselves. We also identified how these patterns of low self-esteem can start very early in life – and thus it makes sense that we think about developing and promoting self-esteem in childhood. Parents and caregivers can promote positive self-esteem in their children by encouraging their children and making sure they feel loved, secure and competent.

Children who are scared to try new things and speak negatively about themselves may have low self-esteem. They tend to give up easily or wait for someone else to do the task for them. They can also be overly critical and easily disappointed in themselves. They tend to view temporary problems as permanent and can be pessimistic. In contrast, children with healthy self-esteem are comfortable in social settings and enjoy interacting with others. They enjoy working independently as well as interacting in groups. They work towards finding a solution when faced with a challenge and don't put themselves down. They are generally more optimistic and know their strengths and weaknesses.

To help build your child's confidence, encourage your child to take healthy risks. Allow them to take (age-appropriate) chances, make choices and take responsibility for them. When children make their own age-appropriate choices this empowers them- and gives them a sense of control over their bodies.

Children also need opportunities to demonstrate their competence and feel that they make a valuable contribution. This can mean asking them to help out at home – by setting the table or dusting. Encouraging them to take on tasks that they show particular interest in is a great way to boost their confidence. Teach your child to set goals and take pride in their accomplishments. It is important to ensure that their goals are within reach and at an appropriate level for their ability. However, if your child tries and doesn't succeed, this is a fantastic opportunity for you as parent to help build their self-esteem. Let them know that no matter what the result, your love is unconditional. Encourage them to try and try again.

Overly praising a child is not the way to develop their self-esteem and confidence. Confidence comes from them trying, failing and trying again. If we tell them they are doing a 'terrific job' whatever they do, this confuses children and they learn not to trust their own instincts. However when praise is appropriate, specific and earned it is a valuable self-esteem builder.

SouthWest Counselling Centre, Killarney is open and providing affordable professional telephone and online counselling to parents, adolescents and adults during this Covid 19 crisis at its Killarney Centre (Lewis Road).

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PARISH NEWS

REMEMBRANCE:

Killarney Parish Community are saddened to hear of the recent death of Klaus Noelke, a committed Christian and active supporter of many charitable causes, for which he raised hundreds of thousands of pounds and euro. Klaus was the inspiration and driving force behind the lighting of the giant redwood tree outside our Cathedral. He will be fondly remembered every time the lights are switched on. Our sympathy to his family at this time. May he rest in heavenly peace.

YOUTH 2000 SUMMER RETREATS:

This year the summer retreats for Youth2000 are back. For the Munster Area there are three retreats happening this summer all during the same weekend. It is from 13th-15th August and they take place in Limerick, Cork and Waterford. Places need to be booked through the Youth2000 office at office@youth2000.ie or 00353 (0) 1 6753690.

RADIO MARIA:

Radio Maria is an Irish Catholic Radio station that has grown in strength and popularity in recent years. It broadcasts Mass, Rosary, Divine Mercy Hour etc. daily. It has many interesting programs. Many people tune in to pray with them. The easiest way to tune in is via the television, Saorview channel 210, (if you go forward one channel from RTE1 you get RTE2, if you go back one from RTE1 you get Radio Maria). There is also a mobile App. All details are on their website, www.radiomaria.ie.

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SuperValu has launched its 'Bring It On' campaign with the target of increasing participation in GAA sports among people from diverse backgrounds by 30% by 2025. 2021 marks SuperValu's 12th year of sponsoring the All-Ireland Senior Football Championship and it will be focusing on the importance of diversity and inclusion in the GAA and the wider community. Pictured at the launch at Croke Park in Dublin are, from left, Westmeath footballer Boidu Sayeh, Cork ladies footballer Ciara O'Sullivan, SuperValu ambassadors Kevin Hanly, and SuperValu ambassador Conor Dufficy, Referee David Gough and Ballaghaderreen footballer Shairoze Akram.

PHOTO: RAMSEY CARDY/SPORTSFILE



ANY NEWS?

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A Word of Victory

Welcome back dear reader "Our Father in Heaven, Holy is Your Name. Your Kingdom come, Your will be done, on Earth as it is in Heaven" (Matthew 6:9-10). Jesus' disciples asked Him to teach them to pray. They witnessed His many miracles, and made the connection between His power to heal and deliver with His daily prayer life. Jesus did not give them a ritualistic prayer to rattle off; instead, He gave them a glimpse into the connection we are to have with our Heavenly Father who created us (Psalm 139:13-18).

God wants us to live in His Presence blessed here upon Earth in the same way as life is in Heaven. Only we cannot give the devil a place to dwell in our lives (Ephesians 4:17-32). The effects of sin have corrupted the world but - there is no sin in Heaven! Nor is there any idolatry which is false god worship. No seeking after material stuff in Heaven, there is only seekers after God who worship Him alone. "After this I looked, and there before me was a great multitude that no one could count, from every nation, tribe, people and language, standing before the throne and before the Lamb" (Revelation 7:9). There is no strife, bitterness, and no offence in Heaven. No anger or murmuring. No jealousy or gossip. No sexual immorality. No murder, no racism. No criticising behind closed doors, - condemning others which Jesus called murder by words. But yet we see so much of this in everyday life - passed off as being ok by people who call themselves believers in Jesus Christ. So what are we doing entertaining these things? Yes friend, in part-taking of these toxic sins we are dancing with the devil, and allowing him to influence and contaminate our lives. There is no sin bigger than others. No sin that's smaller either. White lies don't exist. The commandment is 'You shall not lie' (Exodus 20:16). Sin is sin. And if we do not acknowledge our sins and repent, we are only fooling ourselves that we are Christians. Jesus said many will come to Him and say 'Lord...Lord' when it's too late, and He will tell them to - 'depart...I never knew you' (Matthew 7:21-29). God cannot dwell with sin, and God cannot bless sin either! In His mercy, He sent His Son Jesus to save us. When we believe and confess that the sinless blood that the Lord Jesus shed for us ransomed us from our sins so that we could be made righteous and restored back to fellowship with God, we are cleansed of all our sin (Romans 10:9).

We are born again - a new creation in Christ (John 3:3-21; 2 Corinthians 5:17-21).

But friend when we entertain sin again and again, we are allowing the flesh and sin nature to resurrect. Our flesh must be put to death everyday by choosing to do what is right. This is why Paul wrote "I die daily" (1st Corinthians 15:31). It's not easy, but God's Grace is greater than sin's power.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



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THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked
many favours. This time I ask you this special
one, (mention favour).

Take it dear heart of Jesus and place it within
your own broken heart where your Father
sees it.

Then in his merciful eyes it will become your
favour not mine.

Amen.

Say this prayer for three days. Publication of
prayer and favour will be granted.

M.B.E.B

ROSARY OF THE HOLY WOUNDS OF OUR LORD JESUS CHRIST OR CHAPEL OF MERCY

(May be said on the ordinary Rosary Beads)

On the large beads:

Eternal Father, I offer Thee the wounds of
Our Lord Jesus Christ to heal the wounds of
our souls.

On the small beads:

My Jesus, pardon and mercy through the
merits of Thy Sacred Wounds.

Promises of Our Lord to Sr. Mary Martha

"I will grant all that is asked of Me by the
invocation of My HOLY WOUNDS. You must
spread the devotion.

"With My WOUNDS and My DIVINE HEART you
can obtain everything".

"The sinner will say; Eternal Father I offer
Thee the WOUNDS of Our Lord Jesus Christ,
etc., will obtain conversion."

"The HOLY WOUNDS are the treasures for the
Souls in Purgatory.

"The CHAPLET OF MERCY is a counterpoise to
My justice, it restrains My vengeance."

"At each word that you pronounce of the
CHAPLET OF MERCY I allow a drop of My Blood
to fall upon the soul of the sinner.

1ST ANNIVERSARY

IN LOVING MEMORY OF

JOHN C. HEALY



DIED 12TH JULY 2020
WIMBLEDON AND FORMERLY
OF KILBREAN, KILLARNEY

*It does not take
A special day,
For us to think of you,
Each Mass we hear
Each Prayer we say
Is offered up to you.*

Sadly missed and always remembered
by your loving Mom and Dad and
brothers and sisters.

1ST ANNIVERSARY

IN LOVING MEMORY OF
A DEVOTED HUSBAND
AND FATHER

JOHN C. HEALY



DIED 12TH JULY 2020
WIMBLEDON AND FORMERLY
OF KILBREAN, KILLARNEY

*You will forever remain
alive within our hearts
and memories
God Bless.*

Always remembered and sadly missed
by your loving wife Esther and children
Andrea, Anna and Conor.

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A.O.S

ACKNOWLEDGEMENT & FIRST ANNIVERSARY

IN LOVING MEMORY OF
JOHN C. HEALY



DIED 12TH JULY 2020
WIMBLEDON AND FORMERLY
OF KILBREAN, KILLARNEY

As we remember a loving husband, dad, son,
brother, brother-in-law, uncle, nephew, and
cousin we his family would like to express
our heartfelt thanks to everyone who
supported, sympathised and connected
with us in our great loss.

To his many friends thank you.

To Fr. Kieran O' Brien and Fr. Paddy O'
Donoghue who concelebrated John C.'s Mass
and Maura Reen for the beautiful singing,
thank you.

We wish to convey our gratitude to Mary
and Mike O' Shea undertakers for all their
support.

As it is impossible to thank everyone
individually, please accept this notice as an
expression of our sincere gratitude.

The Holy Sacrifice of the Mass will be
offered for your intentions.

First Anniversary Mass for John C. Healy
will take place in St. Mary's Cathedral
Killarney at 10.30am 11th July.

Ed 28

THE MIRACLE PRAYER

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M.M.C

GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy
St Faustina, St Expedite, St Padre Pio,
Our Lady of Mount Carmel, Sacred Heart
of Jesus, Our Lady of Lourdes for Health
favours received.



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