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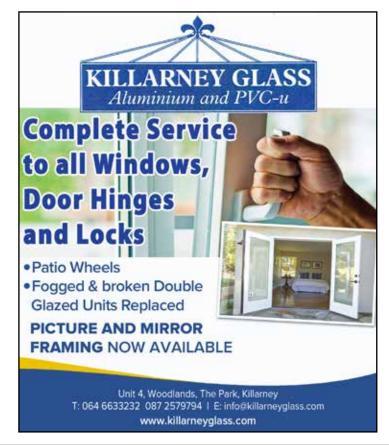
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Bursting with excitement.... Juvenile members of Legion GAA Club delighted to be back training at the club in Direen. PICTURE: MARIA O'SULLIVAN







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THIS WEEK

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One million steps In memory of a 'mom in a million' See Page 4



Aisling Crosbie.

FROM THE EDITOR

As vaccinations continue to roll out and we look optimistically towards the summer we have a busy magazine for you this week.

A family from Glenflesk are getting their steps in for a wonderful cause, an updated Safe Destination Programme has been rolled out with the gradual reopening of society in mind and TieDay Friday was a great success.

The gates of the GAA pitches have finally reopened for training with the juveniles delighted to return for the first time in 2021.

With the greater reopening of activities and services taking place in the coming weeks, the key objective now is to stay on course in the coming weeks and follow public health advice in our daily activities. #almostthere #holdfirm #staysafe

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HELPFUL CONTACT NUMBERS

COVID-19 SUPPORT LINE FOR OLDER PEOPLE

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ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand.

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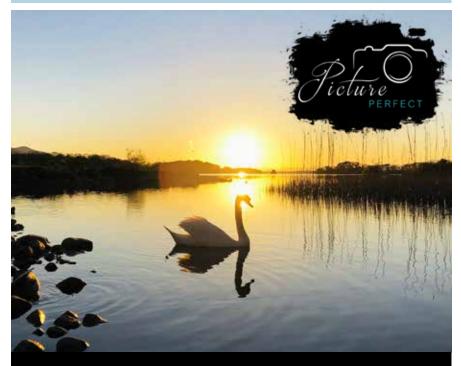
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Ross Castel Swan Sun Rise by Wadim Kuglin.

Send your perfect picture to news@outlookmags.com for inclusion in the Killarney Outlook.











Roy, Susan and Marc Kelleher, who along with their sister Aideen will walk One Million Steps in May.

ONE MILLION STEPS

in memory of a 'mom in a million'

The family of the late Maureen Kelleher from Glenflesk are taking on a challenge to honour her memory.

Maureen's children, Roy, Aideen, Susan, and Marc are planning to walk one million steps in the month of May between them.

Maureen passed away in 2018 at the age of 47, after being diagnosed with MS (Multiple Sclerosis) in 2016.

"This year we would have been celebrating her 50th birthday on May 28th", Susan told Killarney Outlook. "All those who were with her through that tough journey knew of the strength and determination she had shown while living with such a life altering condition, which heavily affected her mobility and stamina", she added. "Because of the current covid situation, we

"Because of the current covid situation, we are unable to celebrate her memory on this milestone birthday with her close family and friends. We have decided instead to take on a challenge to reach a goal of one million steps between the four of us from the 1st to the 28th of May. We chose to do this because prior to her illness, she loved being active and was on her feet every day whether it was in Glenflesk, Killarney Celtic, or Kenmare", Susan said.



During this challenge the family will provide regular updates on our social media accounts (Facebook, Instagram, etc.) during the month. The money raised will be donated to MS Ireland, a charity that we hold close to our hearts. After Maureen's diagnosis, they provided her with such a high standard of care, gave her lots of information and support, and we could not think of a better way to honour our mother.

"We appreciate any donation, big or small, as a way of celebrating her birthday and raising money for a good cause", the family said.

Lets spend "One Sunrise Together"

There is still time to sign up for Darkness Into Light and be part of something special tomorrow May 8th.

The family of Nathan Carroll have issued a last minute appeal for everyone to sign up and unite for 'One Sunrise Together'

With only hours to go to this year's Darkness Into Light, proudly supported by Electric Ireland, people across the country are getting ready to share One Sunrise Together on May 8th. Pieta and Electric Ireland are continuing to invite people to sign up at www. darknessintolight.ie and to take part in any way they can – walking, running, swimming, biking or simply sharing this special sunrise moment that can unite us all whilst still staying physically apart.

Due to Covid-19 guidelines, there are no organised walks this year, but these activities, carried out within Covid-19 guidelines, will help shine a light on suicide and self-harm, raising vital funds for Pieta's suicide prevention and bereavement services. With over 22,848 calls and texts placed to Pieta's free crisis line so far this year, support is vital to ensure this service remains freely available to everyone 24/7

"We would ask people to register for the walk online and make their donations for Nathan's Walk Darkness into Light to keep their services to the very high standard", Marie Carroll, Nathan's mum told Killarney Outlook.

Four out of ten people who accessed Pieta's services in 2020 cited loneliness as a trigger for



Pictured at Ross Castle for the official launch of Nathan's Walk, Darkness into Light - Pieta House helping to prevent suicide & self harm on May 8th at 4:15am, were Nathan's family, the O'Carrolls - L-R Denis, Marie & Ryan.

PICTURE: MARIE CARROLL-O'SULLIVAN

their reaching out, so this year's Darkness Into Light is about much more than raising funds; it's about helping people feel connected. By taking part and sharing one sunrise together participants are showing solidarity with those who are feeling isolated in these difficult times. We may be physically apart again this year, but we can unite under the sunrise and share in its light and warmth together.

People who do the walk, please do so in your own bubble and practice social distancing.

If you take photos on the night you can @ nathanswalkdarknessintolight on Instagram or send by WhatsApp to 087 9001135. You can also private message on Facebook to Nathan's Walk Darkness into Light to be shared.



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erry is seeking to retain its position as one of the safest destinations in Ireland to visit as it rolls out its new updated Safe Destination Programme for 2021 to coincide with the gradual reopening of society and the economy. Kerry County Council and its tourism and training partners are launching an updated version of the successful Safe Destination Programme which proved so successful last summer in keeping the county safe. It is envisaged that over 250 businesses and over 2,000 hospitality staff again undertake the specially devised training course from the Kerry Education and Training Board.

The Safe Destination Programme 2021 builds on the pioneering work done in 2020 and aims to make Kerry the safest and cleanest of destinations to visit and stay in as the county's hospitality and retail businesses reopen. Business premises whose staff have completed the bespoke Kerry ETB training course will receive the 'Safe Destination 2021' badge and also qualify for the Fáilte Ireland COVID-19 Safety Charter.

The multifaceted Safe Destination Programme which is supported by Fáilte Ireland, the Irish Hotels Federation and the Kerry Tourism Industry Federation will ensure that those who visit and holiday in Kerry again can do so in the knowledge that it is a safe place to visit and stay. Kerry was Ireland's most popular home holiday destination in 2020 and is seeking to repeat that feat this year.

The Safe Destination Programme includes:

- · A bespoke training programme for tourism and retail staff
- · A safer spaces programme (streets, shops and public spaces)
- · Preparing communities to welcome tourists back to the county
- · A tourism marketing campaign to promote staycations
- The bespoke training programme for staff in the tourism and retail industries in the county will be rolled out by the Business Supports Unit of Kerry College (Kerry ETB's Further Education and Training College) over the next few weeks

LET'S KEEP KERRY

A SAFE DESTINATION



At the Launch in Killarney, were from left, Kerry County Council and Cathaoirleach Kerry County Council, Cllr. Patrick 'Scarteen' O'Connor, Con O'Sullivan, Campus Manager Kerry ETB Monavalley Tralee, Pat O'Leary, Chairman, Kerry Federation Tourism Industry, Niamh O'Sullivan, Senior Executive Officer with Kerry County Council. PHOTO: VALERIE O'SULLIVAN

in the lead up to a more expansive re-opening in early June.

The programme will be underpinned by a marketing campaign to promote Kerry - to the domestic and staycation market - as travel restrictions are relaxed over the coming weeks. The marketing programme is being developed by the Kerry Tourism Industry Federation with support of NEWKD and SKDP under the LEADER programme with the support of Kerry County Council and Fáilte Ireland.

Chief Executive of Kerry County Council, Moira Murrell said that Kerry has been preparing for the reopening for several months while ensuring that the necessary safeguards for locals and visitors are in place as the vaccine programme is rolled out.

'With the support of all the partners in the tourism and the hospitality industry, we can ensure that the re-opening of the tourism sector locally is managed in a safe and effective way so that people can begin again to enjoy the attractions and hospitality the county has to offer while adhering closely to the prevailing public health advice and guidelines,' she said. President of the Kerry Branch of the Irish Hotels Federation, Bernadette Randles welcome the interagency collaboration which led to the roll out of the Safe Destination Programme for which Kerry is renowned.

'As a sector, we are delighted to be piloting this training programme with Kerry County Council and the Kerry Education and Training Board. This is part of the ongoing preparation to welcome visitors back to the county and those from Kerry looking to holiday in Kerry in a safe way. It's about making sure that measures are in place to maintain the highest standards of cleanliness and hygiene to limit the spread of the coronavirus, she said.

Broad welcome for €72,000 in funding

for Kerry historic structures

Aghadoe House Coach House, Killarney has been awarded €20,000 in funding for repointing and grouting works to the external building as part of the Historic Structures Fund 2021.

Minister for Education Norma Foley TD has welcomed the announcement of €72,000 in funding for three landmark Kerry buildings.

Ballymacelligott Church of Ireland will receive €20,000 for the repointing and repair of the existing external stone facades of the tower and repair works to the roof if required.

Farmhouse Lislaughtin, Ballylongford will receive a grant of €32,000 for the removal and maintenance of a thatch roof, wire installation and chimney work. This stream of the historic structures Fund offers grants from €15,000 up to €50,000 and is aimed at essential repairs and works for the refurbishment and conservation of heritage structures. Minister Foley said: "This funding will help maintain and preserve three historic buildings and structures that are a vital part of our county's local heritage. The funding being announced today will not only support the conservation of three important Kerry landmarks but will also support the owners and custodians of these sites, safeguarding them for future generations."





Wheath Scott

St. Brigid's Presentation raised €1075 during the "TieDay Friday" fundraiser in aid of Kerry Mental Health. Pictured is Sheree Murphy presenting the cheque to John Drummey of the Kerry Mental Health Association on behave of all the students and staff of St. Brigid's Presentation.

en, women, children - even cats and dogs - wore ties at home, school, work and online and shared their pictures across social media and made donations to Kerry Mental Health Association as part of the recent #TieDayFriday fundraiser on 23rd April 2021.

"The money is still coming in via cheque, cash and online at www.KerryMentalHealth.ie/Donate with more than €10,000 received to date and this week, St. Brigid's Secondary School in Killarney presented a cheque for €1075 to John Drummy, General Manager of the Kerry Mental Health Association.

All proceeds raised will go towards supporting the befriending and other mental health promotional activities undertaken by Kerry Mental Health Association.

"We are most grateful to the many people – schools, businesses, individuals at home – who took part in #TieDayFriday. It was a colourful and fun event. We were particularly moved by the many messages of support and encouragement that we received and we thank everyone for their generosity and kindness. This is a time of hope as we begin to emerge from the latest lockdown. The volunteers in the nine Branches which

#TieDayFridayA Great Success



Jerry FitzGerald, Principal, Faha National School pictured with John Drummey of Kerry Mental Health Association. and students wearing their colourful ties and they managed to raise an amazing €940 for this worthy cause.

make up Kerry Mental Health Association are looking forward to getting back to fully pursuing the befriending and support activities which enrich the lives of neighbours and friends in our communities who are living with mental health challenges", Mr. Drummy told Killarney Outlook. Overall, there was great support for #TieDayFriday from schools and businesses across Kerry, as well as ex-pats in Dublin, New York, and London. Some of the more high-profile Kerry people who helped to promote #TieDayFriday were twice Champion Jockey Oisin Murphy and fashion experts Paul Galvin, Don O'Neill, and Orla Diffily. The people who volunteer with Kerry Mental Health Association do so in a variety of ways, including:

*Befriending

*Visits to mental health service users who are in

hospital or at home

*Attending day centres to assist social activities

*Trips and outings to the cinema, theatre, tourist attractions, scenic areas, and shopping

*Christmas parties, hampers, and gifts

*Helping to secure grants to cover expenses associated with the needs of people in our community with mental ill-health

*Donating time and professional expertise for various fundraising/promotional/administrative

Kerry Mental Health Association's branches also organise or provide financial support for various therapies that may be helpful. Many of the services are provided in the various local HSE-run Day Care Centres throughout the county. For more information, visit www.KerryMentalHealth.ie or contact John@KerryMentalHealth.ie.

KCC students navigate their way around Killarney National Park

They say that Orienteering is the only sport organised in paradise and on Thursday last, 2nd year students from Killarney Community College made the short journey across the road to the paradise that is Killarney National Park. In glorious sunshine they take part in their physical education classroom based assessment in the form an orienteering score event. This was part of their PE short course as set out by the NCCA. In a score event students are paired up and must use their orienteering skills and strategies to navigate the course and collect as many points as possible. They came armed with a map, a phone loaded with the orienteering app and the freedom of being outside of the classroom for the first time since their return to school.

Adventure activities provide students with the opportunity to develop personally, socially, and physically in a safe and challenging environment. Presenting the student with an element of adventure

and challenge in a controlled environment can lead to the development of qualities such as self-reliance, selfconfidence, responsibility.

Students are assessed according to department features of quality and are awarded a grading descriptor which will be shown on their Junior Certificate of Achievement. PE teacher Miss Maher was delighted with the enthusiasm and engagement with the task shown on the day "we were very impressed with the levels of fitness, natigation and team work today. They really embraced the fact that they were out in the wide expanse of the National Park, among friends and having fun. It was a throw back to old times and a reminder that with the lightening of restrictions, they can get back to the life they know and love. Our National Park is the perfect setting for an orienteering event."They returned to class smiling, with a greater understanding of orienteering and with a better appreciation of the wonderful National Park.



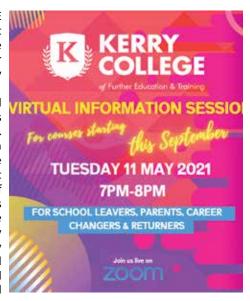
Kcc students Amy Healy and Aoibhinn Gleesson discuss and plot their route with their PE teacher Mike Lynch



KERRY COLLEGE TO HOLD VIRTUAL INFORMATION SESSIONS THIS MAY

KERRY COLLEGE will hold the first in a series of live information webinar events next Tuesday 11 May at 7pm.

event will feature staff, learners graduates. and Participating the night will be Teachers and current students to talk of their experiences with Kerry College and to answer any questions you may have. The event will be run via Zoom and will also streamed live via the Kerry



College YouTube channel.

Kerry College offers over 100 full time courses across its campus locations in Tralee at Monavalley, Clash Road and Denny Street, in Killorglin Listowel and in Killarney.

These courses include: Applied Science, Social Studies, Culinary Arts, Nursing, IT Support, Animation, Music, Computer Game Design, CAD, Engineering, Business, Medical and Office Administration, Healthcare, Pharmacy Sales, Physiotherapy, Outdoor Activity Instructor Training, Sports Nutrition, Pre-Teaching, Pre-Law and Pre-Garda Studies and Pre-PE Teaching amongst others.

New programmes added this year include Dental Assistant, Software Development Level 6, Cybersecurity and Scuba Diving Instructor.

Places are filling fast across their range of programmes with some courses operating a waitlist. Kerry College offers apprenticeships, courses that link to employment or courses that open up progression routes to third level

Kerry College Admissions Officer John Herlihy is advising school leavers to apply now:

"Applicants should know that things will probably not be 100% back to normal by September, which means fewer places will be available on many courses. At present, the start date of September 13th remains in place for all of our progression focused courses. A number of our courses are already oversubscribed with a waitlist in operation."

Kerry College Principal Stephen Goulding is encouraging school leavers to sign up:

"Join us on the 11th at 7pm. We have so much on offer. Our live panellists will answer your queries. Discover the wide variety of courses we offer, get expert advice from our team and hear what college life is like at Kerry College."

Registration is free and essential via this link: https://us02web.zoom.us/webinar/register/WN_5qEX6UfyTluaQ2KO7aPldA

You can browse and sign up for all courses online: https://kerrycollege.ie/full-time-courses/ For queries, contact the Admissions Office on 066-714 96 96 or info@kerrycollege.ie

OH NO IT ISN'T.... OH YES IT IS!

Killorglin Panto goes On-Line

Killorglin Panto goes on line this weekend for the first time ever.

The cast have been rehearsing on Zoom for the past few months and this Saturday night May 8th you can watch the Panto live on Youtube. While the entertainment will be free, they group are asking for donations to their regular charity partner St Joseph's Home, Killorglin. Hansel & Gretel Killorglin Pantomime's 58th Panto (& 1st Virtual Panto) will be made available for public viewing on the panto's YouTube Channel

The viewing is free to the public. Donations are welcome via GoFund Me (https://gofund.me/da6345d8) or Paypal. (https://www.paypal.com/paypalme/killorglinpantogroup).

Donation pages are live now and the YouTube link will be made available at the time of the event



SEAN TAAFFE HAILED AS INSIRATIONAL

IN IRISH HAIRDRESSING

Sean Taaffe has been hailed as an inspiring influence in Irish hairdressing in the last 30 years.
Sean Taaffe was credited in Irish Independent Life Magazine by celebrity stylist and salon owner IHF executive member Mark O' Keeffe of Brown Sugar and Sugar Cube brands in Dublin as being one of the driving forces and inspirations in Irish Hairdressing. The piece was in last weeks Sunday Independents Life Magazine and said that "In 1989, Sean Taaffe opened a one-man operation in

Killorglin, Co Kerry. Over the

following years, Taaffe put Kerry firmly on the Irish hairdressing map — he now owns and operates six salons in The Kingdom.

Coincidentally the Sean Taaffe Education brand has launched their online Education platform last weekend which provides online upskilling in Precision Haircutting.

PASSING OF MUCH LOVED LADY

It is with great sadness that we heard this week of the passing of Joan Goodwin. Joan was well known and well loved in Killarney.

She was a regular visitor to Killarney Outlook offices and always loved having her photograph taken and appearing in the magazine.

Originally from Castlegregory, Joan passed away peacefully at Deer Lodge, Killarney, on the 3rd May 2021. She will be sadly missed by family, friends and the residents and staff of Deer Lodge.

May she rest in peace.





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THIS WEEKS BEEF COMES FROM CAHILLANES MEATS KILLORGLIN. THIS WEEKS LAMB COMES FROM CAHILLANES MEATS KILLORGLIN.

Castleisland Community College wins

National CIF Build a Home Competition!

Transition Year students from Castleisland Community College have won the Construction Industry Federation's (CIF) Build a Home Competition. There were 55 schools nationwide that took part in the competition. The remit of the competition was to design a home that helps solve the housing crisis, is sustainable and addresses inclusivity. The judges included Dermot Bannon, Architect and Host of Room to Improve, Frank Kelly, President of the CIF, Orna Hanly, Head of Dublin School of Architecture, Carole Smilie, Director, BPL Management and John Sweeney, Senior Contracts Manager, Collen Construction.

The school has won high end measuring equipment, a laser level and a masterclass in the use of the equipment as well as €5,000 worth of wi-fi equipment. The students have also won a CIF scholarship or access to the CIF apprenticeship programme if they wish to persue a career in the construction industry.

The design will now be rendered into a threedimensional model, so that ambassadors, politicians, celebrities, parents and local councillors can 'walk' through the house with the students in late 2021.

The school has won high end measuring equipment, a laser level and a masterclass in the use of the equipment as well as €5,000 worth of wi-fi equipment. The students have also won a CIF scholarship or access to the CIF apprenticeship programme if they wish to persue a career in the construction industry.





3D photo from the CIF (Construction Industry Federation) Build a Home Competition. The CIF did up this model of the winning design that Aidan Joy and the Transition Year teachers designed.

The design will now be rendered into a threedimensional model, so that ambassadors, politicians, celebrities, parents and local councillors can 'walk' through the house with the students in late 2021.

The students were aware that 4,000 homeless children in Ireland don't have the same comforts and opportunities that they have a place to call "Home". To further compound this growing problem, Ireland has a direct provision issue that has been largely ignored. Recent announcements by the government has suggested that housing will be offered to these people as part of a solution by 2024. The name of the student's project was titled 'No man is an Island' as it summed up the mood of the students: "no man is an island, entire of itself; every man is a piece of the continent, a part of the main". We need to help the

vulnerable in society – for our society to work. This links in with the school vision stated the principal Teresa Lonergan 'where the sense of community and teamwork play a huge role in everything that we try to achieve together'.

Everybody within the team had a role and a responsibility suited to their strengths. Their teacher Aidan Joy guided them in their design and commented: 'Everyday I enter Castleisland Community College, I continue to be blown away by the humility and hardworking nature of the students. This project is the tip of the iceberg as to what can be achieved in the very bright future of the students- the resilence built during remote learning has galvinised their strength as young adults'.

They invited past pupil and CEO of Madden and Mangan Construction Ltd, Lee Mangan to the school in order to gain a professional view of their ideas. Their initial idea was for an apartment type solution, however Lee advised against this expensive solution as he said lifts were expensive and brought many headaches and issues such as fire escape and accessibility issues associated with wheelchair users and access. Lee advised the students on key areas such as continuous wrap of insulation around the entire building as being of foremost importance, access to the site as a factor on the cost of the building, air tightness/ heating systems/ underfloor heating etc The future is in capable hands......



Rebecca judged the best in Munster

A 5th year student from St Brigid's Presentation Secondary School, Rebecca Doyle was presented with a prize for the Best Translation in Munster at a virtual ceremony on Friday morning last.

Rebecca took part in a national competition 'Comórtas na hAistritheoirí Óga' which was run by the European Commission. She translated a document from English to Irish and Rebecca's translations skills were rated the best in Munster. 62 students from 28 schools took part in this competition. Minister for State, Gaeltacht Affairs and Sport, Jack Chambers along with Seán Hade, head of the Irish Department in the European

Commission both attended the awards ceremony where Rebecca was awarded her prize.

Rebecca also recently reached the Munster Final of an Irish Public Speaking competition 'Comórtas Óráide' run by Gael Linn. Rebecca spoke about issues such as 'Mental Health during Lockdown' and 'The suitability of the 2nd level curriculum for students in Ireland'.

Rebecca has done tremendous work over the past few months and has a wonderful passion for our native language.

Sár-éacht ar fad a Rebecca!



St. Brigid's Down Memory Lane



Sheree Murphy Teacher and PRO of St. Brigid's Presentation decided to do her final memory lane interview with current school principal **Ms. Róisín Moore.**

S: Hi Róisín, what year did your graduate from St. Brigid's?

R: Hi Sheree, I finished in St. Brigid's in 1995 but I repeated my Leaving Cert in 1995 so I would see myself as the class of 1994. There was an entire class of repeat students in 1995 and we formed great friendships but I must admit we didn't really integrate with the class of 1995. At the time there was no TY in St. Brigid's.

S: Were you involved in any extra-curricular activities during your time in St. Brigid's?

R: Yes, I was involved in a lot! It was possibly one of the reasons I did repeat my Leaving Cert as I loved everything about school and was involved in a wide range of activities from gymnastics, basketball, quizzes, Public Speaking, Rotary Club Youth Leadership- I just loved being involved in things.

S: No regrets I bet from being involved in all those activities?

R: No regrets, I look back very fondly on my time as a student in St. Brigid's. I realized when I went onto University what a dynamic school I had been in. I also recognized how privileged we had been to have teachers that were creative and really engaging. I studied Science and from the laboratory work it was evident that lots of my peers in college had never been in a lab or used equipment. Whereas in both physics and chemistry we had carried out a lot of practical work and developed really important skills.

S: Any memorable moment from being involved in these extra-curricular activities?

R: I have loads but one of the best ones for me was when I was in 1 Red in 1st year, we were involved in a language day in the school and we were selected to represent the school in

Dublin which involved an overnight stay in Dublin.

The whole experience of participating in a national competition, travelling to Dublin, staying the night with friends in 1st year was just fantastic.

S: I bet it was! Had you a favorite subject in school?

R: I had many, I loved Irish in school. I was blessed to have fantastic Irish teachers from 1st year right through to 6th Year. I think we had a really high level of Irish in the school. My History teacher for senior cycle was phenomenal. She was inspirational, she really encouraged us but had really high standards and none of us wanted to let her down. In Junior Cert I adored Music but I was terrible at it. I have no musical skills whatsoever. However I loved the class and loved the engagement. The experiences we got in Music class opened my eyes to the likes of ballet and Musical Theatre. The with co-curricular trips were a bonus too. We were brought to the Cork Opera House and to Dublin to see performances. Unfortunately, I did not have the musical talent to continue it to Leaving Cert!!!!

S: *Laughs* You were a Science Teacher before you took on Management roles. Was Science something you always wanted to do?

R: In 6th Year our Chemistry Teacher took us on an industrial visit to Astellas in Killorglin and that was a turning point for me as I realized that a career in laboratory science was not for me. There was not enough interaction with people. I found the experience really enlightening but the environment very sterile, and I knew it wasn't something I wanted to do. It took me a while to realize teaching was where my destiny lay.

S: Is there any standout lesson for you in school?

R: In Senior Cycle Religious Education we did a module where we would do different things within the Parish. Some went to St.Columbanus's and Kerry Parents and Friends. Our group were assigned to go and discuss Theology with Fr. Bill Murphy. Initially we thought this was going to be over our heads, but we had a really good experience, we were treated so well. We were given tea and biscuits during every visit!! We thought we got the short straw but when we opened our minds to it, we realized we had such a nice 6 weeks. It taught me that you need to experience things first before you judge them.

S: Would you have had any of your classes in the Presentation Convent at the time?

R: Yes our class 1Red spent a year in the convent. Almost every morning a homeless person or someone in need would be sitting in the sunroom outside our classroom door. The Presentation Sisters looked after these individuals with such care, compassion and generosity. Had we not had classes in the convent we would never have known about this side of the sisters. The sisters would often just sit and talk to these people. We

saw great humanity and kindness.

S: Amazing people to have done that. Did you make lasting friendships in St. Brigid's and are you still in contact with old school friends?

R: When I look back at my time in St. Brigid's and it is the people I remember most. I made lasting friendships both from school but also from other organisations I was involved with at the time – Youth St. Vincent De Paul, Muckross Rowing Club, Youth Club etc. We were also very fortunate as in 1989 the Parish organized a programme called Growing in Faith. Practically every 1st Year, male and female, in the Killarney Parish was involved and it allowed our year group to get to know one another. The programme continued in 2nd year. There were a number of activity days – hikes, performance and even the odd disco with our parents as chaperones. It was a brilliant initiative.

S: What were your main goals in school?

R: My main goal in school was to enjoy it. I enjoyed everything in school. St. Brigid's provide us with fantastic opportunities and experiences. It was during my time as a student that I really learnt to appreciate that education is more than academics.

S: How do you think Teachers would have described you in school?

R: I think they would have described me as someone who had a lot of potential but was probably involved in too much!!!

S: How does it feel to have now gone full circle from student to principal in St. Brigid's? Did you ever imagine that sitting down in the classroom in 1994/1995 that one day you would be principal of the school?

R: I never imagined I would be here. It is an absolute honor and privilege. I still believe it is very much the same place it was when I was here in many ways, yet I also know that we have adapted with the times. It is still very surreal.

S: Did you initially find it hard being principal and working with colleagues who taught you as a student?

R: I think the ice was broken at my very first staff meeting when a teacher asked a question and I referred to him as "Mr. O Keefe". The ice was broken, and everyone erupted into laughter. I still have enormous respect for the teachers who taught me. I remember some of their classes vividly. I know they have contributed to where I am today, so I respect them hugely. I would like to think that is evident in our interactions.

S: Do you have any Deja vu moments in school?

R:I walk into some rooms sometimes particularly room 6. That is where I spent my 2nd year in the class 2 Red. I remember exactly who was sitting next to me. The fun and laughter we had in that room. The room is still pretty much as it was, as it is in the old part of the school building. I also find when I meet Sr. Attracta who was my History Teacher in 1st and 2nd year, that I get nostalgic when I am in her company.

S:Thanks, Róisín great memories to finish off our 10 weeks of St. Brigid's Down Memory Lane.

R: No problem.







USE POSITIVE STRESS AS MOTIVATION FOR THE LEAVING CERT

with the Leaving Cert just five weeks away, candidates may become anxious about their performance. A level of anxiety is normal and focusses the mind on the challenge ahead. Almost all exam candidates, irrespective of how laid back they appear, feel nervous. It's the body's way of dealing with a stressful experience. How you deal with this nervous energy is the critical issue. If you channel it in a positive direction, it will give you the vitality to cope with the demands of the exam.

A positive mental attitude is a considerable aid around exam time. Be confident in your ability to do well. Don't be discouraged by other students appearing to know more than you do. Aim to perform to your own capability, not to compete with others. Make positive statements about yourself. Banish all negative thoughts from your mind. Think well of yourself and of your readiness to achieve success. Be determined to do your best, no more, no less.

Success is a product of positive thinking. By motivating yourself towards your goals, you will redouble your effort and improve your performance. Have items in your study environment to spur you on. Place a statement of your objectives, such as your target grades, in a conspicuous place. An occasional glance in their direction will encourage you.

Exam stress becomes newsworthy every year because of the assessment system used in the state exams. For the most part, the Leaving Cert is terminally assessed. In effect, two years of work is examined by means of written papers in June. Perhaps, not enough credit is given to the candidate for consistent work over the two years. Continuous assessment is not utilised although course, practical and oral work is becoming more integrated in the exam structure. The major problem with the exam

system is the increased level of stress it causes in some students around exam time. Despite all that is written about exam stress, students are excellent exam performers and use stress as a stimulant rather than an affliction. And, of course, candidates have the default position of accredited grades this year so the written exam is a bonus.

The stress experienced by the majority of exam candidates is positive stress. It concentrates the mind wonderfully. You realise that the exam is making increased demands of you. However, your application to study and revision provides you with the resources to meet these demands. Positive stress motivates you to prepare for the exam. It will sustain and stimulate this motivation until the exam is over. Properly controlled stress will activate hidden resources of energy and application in you. It's important to control the stress and channel it into positive energy.

It's only when you haven't the resources to meet the demands of the exam that distress or negative stress becomes an issue. Exam distress is a rare occurrence in young people and can easily be confused with normal exam anxiety. The present cohort of young people is highly skilled and well able to cope with the demands of the exam. Distress, when it does occur, is disruptive and may interfere with your performance if it isn't counteracted.

An effective way of managing distress is by turning to those who care about you. If you need emotional support approach someone in whom you have confidence. That person may be a teacher, a parent or your guidance counsellor. All you need is the advice of someone who will put the exam in perspective for you and who will help to boost your self-confidence. It all goes back to having a positive mental attitude and to realising that anxiety and stress should be channelled in your favour.

Checklist

- ✓ Candidates have the default position of accredited grades this year
- ✓ Regard the Leaving Cert written exam as a bonus
- ✓ Exam nerves are the most natural thing in the world
- ✓ Almost all students feel anxious in the weeks before an exam
- ✔ A positive mental attitude is an aid to exam performance
- ✓ Make positive statements about yourself
- ✓ Banish all negative thoughts from your mind
- ✔ Believe that your best will be good enough
- ✓ Success is a product of positive thinking
- ✔ Positive stress is a motivator
- ✓ Channel stress into positive energy
- ✓ If you need emotional support, go and get it
- ✓ Many people care about you and want you to do well
- ✓ CAO online Change of Mind (free) facility opened on the 5th May
- ✓ Leaving Cert exam takes place from 9th June to 29th June
- ✓ Priority closing dates for SUSI college grant applications are 10th June (renewal applications) and 8th July (new applicants) at www.susi.ie
- ✓ Leaving Cert and LCA exam timetables are available on www.examinations.ie

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 0879808979

Call for creative people to sign up to listing



Kerry Local Creative Youth Partnership is calling experts in creativity and facilitation to join an online listing. Established in May 2019 the LCYP

has been working steadily, developing strong working relationships with local organisations, communities and groups who work with children and young people across Kerry. Recently the LCYP announced a fund to assists communities in their creative work with young people. The LCYP is now seeking out creative practitioners, including artists, to join a public online listing that will be available to assist local organisations, communities and groups as they plan creative activity in their areas. Creative Practitioners are being asked to go online to https://www.kerryetb. ie/youth-creativity-facilitators-application/ and upload information. Applications can be made in Irish also. A reference and experience is required as well as a photograph of each applicant. "It is a

quick and easy digital application process and will go some way to assist in profiling the outstanding skillset that exists within the creative industries in Kerry", stated Deirdre Enright, Creative Youth Co-Ordinator at Kerry ETB. Experienced child and youth educators and facilitators are being sought across multiple creative genres including advertising & marketing, the arts, broadcast, culinary arts, craft, dance, drama, design, film, literature, museum and galleries curatorial expertise, performance, publishing & print, STEM and the visual arts. Creatives working across many disciplines are welcome to apply.



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HOP ON HOP OFF BUS

SUGGESTED FOR THE RING

A Fianna Fáil Councillor has suggested an innovative approach to transport services on the Ring of Kerry, that would also reduce our Carbon Footprint.

Councillor Michael Cahill has called on Kerry County Council to investigate the feasibility of providing a "Hop On, Hop Off" bus service on the Ring of Kerry route, powered by electric, rather than the more polluting diesel or petrol engines.

"Many people, visitors and locals alike, would like to avail of a service that provides for a more leisurely type of tourism, that if successful can be extended to include Dingle and the West Kerry Peninsula" stated the Rossbeigh based Councillor.

"To be able to park up your car and and hop on a Ring of Kerry bus, with the option of spending more or less time at any point along the way, is very attractive to a lot of people. To many, the present tourist bus service is a bit of a dash and go, with no time to enjoy a snack, an extended viewing at a scenic spot or to explore the wild beauty along the way" said Councillor Cahill.

"To plan such an operation would of course be a logistical challenge, but I am convinced that public demand would see it becoming a successful and lucrative business" said Councillor Cahill.

"They say in business if you are not moving forward, you are moving backwards and



similarly, on the Ring of Kerry, we need to be constantly developing the product" stated Councillor Cahill.

"A gradual switch to EV power for all types of transport on the Ring, would no doubt be beneficial to retaining the beautiful environment we enjoy here and protect it into the future. With the advent of the South Kerry Greenway, not alone will we have the Dark Sky Reserve, but we can also have the cleanest breathing air in the whole country" added the Fianna Fáil man.

Speaking at a recent meeting of Kerry County Council, Councillor Cahill said he was very disappointed that the Council were not prepared to carryout a Pilot Scheme and stated that the Council should be more innovative. The experienced Councillor called on Kerry County Council to arrange, as a matter of priority, a consultation with the National Transport Authority, to discuss their national plan, "Connecting Ireland", with a view to investigating the feasibility of a Hop On - Hop Off bus service on the Ring of Kerry route. Options, including the use of EVs, regular timetable, provision of shelters, two way service, etc to be discussed. "Facilitating a leisure tourism product and servicing the transport needs of residents and tourists, while cutting down on the use of fossil fuels, would also be of major benefit to our environment" he added.

Minister Foley urges Kerry businesses to apply for €5 million Covid-19 Online Retail Scheme

Education Minister Norma Foley TD has welcomed a new €5 million Online Retail Scheme available to Kerry businesses to upgrade their websites and improve their digital competitiveness.

Under this new scheme, retailers with a physical store and a pre-existing online presence can apply for grant funding of up to €40,000 to achieve business continuity, and to lay foundations for future recovery and growth. The grant can be used to pay for fees for service providers to develop and implement a digital strategy supported by in-house training and to enhance the retailer's website and related systems.



Minister Foley said: "In Kerry, we are lucky to have some of the world's best local producers and entrepreneurs and I want to encourage

retailers in Kerry who are in need of a digital uplift to avail of this funding. This scheme will provide vital supports to shops and business owners who are keen to establish a digital foothold and a competitive online presence as we recover from the economic constraints of Covid 19."

The Covid-19 Online Retail Scheme opens for applications today (Tuesday) and closes at 12 noon on Tuesday, 25 May 2021. For further information on how to apply click: https://www.enterprise-ireland.com/en/funding-supports/online-retail/online-retail-scheme/online-retail-scheme.html



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- Wash the bite area and your hands with soap and water and apply an antiseptic to the bite site.
- Consult your local GP as soon as possible if you develop symptoms, such as a rash or unexplained illness.
- Diseases carried by ticks can be treated with antibiotics but early diagnosis and treatment are important
- Refer to treatment guidelines available on the Tick Talk website.







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HOW TO GET VALUE ON YOUR VAN INSURANCE

s a lot of Van Insurance policies fall due for renewal at this time of year I will concentrate on light commercial vehicles and how to achieve the most value from your policy.

As with other motor insurance products the premiums have levelled off in

the past 12 months but there is still ample opportunity to save money. Here are some tips.

✓ Occupation - Light commercial vehicles are rated predominantly on the business of the proposer so if you have changed occupations or the van is being used for something other than initially proposed you will need to update your insurance advisor.

- ✓ **Drivers** While van policies are usually extended to cover open driving 25 to 70 years old, if you restrict the driving to insured and named employees then you can make savings.
- ✓ Vehicle Value It is important to value your vehicle accurately and review this each year.
- ✓ Claims excess Some underwriters give an extra discount for increasing the standard claims excess.
- ✓ **Discounts** Some underwriters will allow extra discounts on your Van policy when you have a full no claims bonus on a private car policy. There are also discounts available for having more than one van policy in place.
- ✓ Vehicle Cover For older vehicles ask about third party fire and theft cover but I would insist that windscreen is always included. Windscreen cover can be as low as €20 but a replacement windscreen can cost many hundreds to replace.

- ✓ Drive safe Might be obvious but staying penalty point free will ensure you have the best rates available to you.
- ✓ Shopping around While shopping around is advisable it is important to understand that direct insurers only sell their own products and do not offer choice. You may find that basic yet necessary covers like windscreen or bonus protection may not be included in the standard quote.
- ✓ Use a Broker As experts in Van Insurance we know how to get the best rate for each of our customers and our software enables us to search the market of over 15 motor insurers, Irish and International. Aside from understanding the discounts that can be achieved using the correct data we also achieve bulk discounts from insurers.

Norma Foley welcomes

€100,000 in BAI Covid funding for Radio Kerry

Minister for Education and Kerry Fianna Fáil TD Norma Foley has welcomed the announcement of €100,000 in BAI funding for Radio Kerry.

The funding initiative has been awarded by the BAI to help promote greater awareness and understanding of the COVID-19 pandemic across the independent commercial radio sector.

Allocations ranging from €37,500 to €100,000 have now been approved by the Authority with the maximum amount awarded to Radio Kerry.

Minster Foley said: "Radio Kerry provides a vital broadcast service to the entire Kerry region and beyond, covering everything from current affairs to light entertainment and community notices. This funding is an acknowledgement of the excellent work and journalism that they broadcast on a daily basis to homes throughout the Kingdom."



SKDP's 3rd Annual Hotel Recruitment Fair to help kick-start industry post Covid

Following the outline of the re-opening roadmap, its full steam ahead now with plans to hold the 3rd annual South Kerry Hotel Recruitment event to help kick-start the critical tourism season in the region. While Covid has delayed the event, SKDP's Enterprise Office Joanne Griffin said that they are now working to ensure the event can take place as soon as possible. "The event will not be held in its usual format due to restrictions on large gatherings but we hope that our work on developing an alternative will continue the success of the event for both the recruiters and job seekers" Joanne added.

The whole idea of the event is to introduce those interested in taking up a career in the hotel industry with a large number of employers from the sector in an informal setting. It is organised through South Kerry Development Partnership's SICAP programme and has proven hugely popular since its inception. The event is open to those who already have experience in the hotel sector as well as those who might be interested in a career change. "Its success is built on the fact that employers get to meet with a broad range of potential employees with a range of skills that they otherwise might not have the chance to interact with" Joanne said. We anticipate that



Ready for the Recruitment Fair are Left to Right. Kathryn Cronin – The Killarney Park, Joanne Griffin – SKDP and Milandi Basel – The Great Southern Hotel

this will continue to be the case despite the changed format proposed this year she added.

While the start of the tourism season has been delayed due to Covid 19, Joanne said that the many hotels involved are actively recruiting staff with the hope of having a positive season.

Participation in the event is through registration and jobseekers wishing to take part are asked to register now by contacting Joanne by e-mail at jgriffin@skdp.net or 087 6152660.





KillarneyStudents Shortlisted for two National Awards

Transition Year students from Killarney Community College have been shortlisted for the Young Social Innovators of the Year Award., The Connected Four" were shortlisted under the challenge "Make our country more inclusive and poverty free". The group will pitch their project to a panel of judges, via zoom, on the 10th May. The group were also shortlisted for a Virgin Media Digital Media Award. This is a separate category by Virgin Media to recognise young people's positive applicatin of digital technology for the purpose of social good and to promote digital wellbeing. The students will also pitch the a panel of judges from Virgin Media on the 6th May.

The Connected Four include Luke O'Sullivan, Rachel Griffin, Amy O' Donoghue, Eva Lynch, Jack O'Connell, Lauren Fleming, Keelyn O'Leary, Lulu Healy and Ekaterina Gaeve.

They aim to raise awareness about the false perception of Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD)/Attention Deficit Disorder (ADD), Dyslexia and Dyspraxia also known as Development Coordination Disorder (DCD), how the four are connected, and the lack of education around these conditions due to a lack of accessible resources and supporting communities. The students have a very active Instagram and Facebook with details information on the four conditions. They have written a book aimed at Junior Infants to second class students to break down prejudice about these conditions at a young age. The students, with the help of funds and mentoring from the YSI Den,



Photo back I-R Amy O Donoghue, Lauren Fleming, Eva Ryan Lynch, keeyln O Leary Front I-r Jack O Connel, Lulu Healy, Rachel Griffin, Luke O Sullivan.

are hoping to publish this book both physically and digitally in the next few weeks.

The "We are extremely proud of this groups achievement thus highlighting key information championing those diagnosed with four conditions which have previously been deemed to restrict or hinder a students educational progression in the past. This group aims to shed light and understanding on the Connected four", YSI Co ordinator Ms Cowley told Killarney Outlook.

Four Young SOCIAL INNOVATORS ELAND AWARDS 2021 FINALIST

Crossing county boundaries -

HSE THANK GAA FOR SUPPORT

IN VACCINE ROLL OUT



THE HSE has thanked the GAA community in Cork and Kerry for their support for the Covid-19 vaccination roll-out.

Vaccinations are now underway across both counties of people aged between 60 and 69 who have registered at hse.ie or 1850 24 1850.

The GAA in both Cork and Kerry have pledged

to support anyone who needs help with the registration process, and to make sure that all clubs across both counties have details of the online and phone registration options.

Kerry GAA County Board chairman Tim Murphy said:

"The GAA has been glad to help our communities

in any way possible throughout the pandemic, and we will continue that support now that we're moving to a new phase of the vaccination roll-out. We'll be sharing details of how to register with all of our clubs in the hope that they will encourage their members to register when asked to do so."

To register online, you will need:

- * Your Personal Public Services number (PPS).
- * Your Eircode (this allows the booking system to match you to a vaccination centre).
- * A mobile phone number
- * An email address.

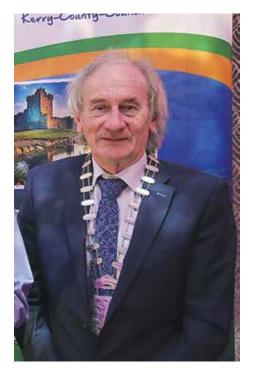
The 60 to 69 age-group are receiving their Astra Zeneca vaccine at one of the new HSE vaccination centres around Cork and Kerry.

Online registration at hse.ie is fast and easy, and telephone support is available on 1850 24 1850 (8am to 8pm, seven days a week). This registration process will be used to vaccinate large groups of the population by age, with everyone who registers receiving an appointment at one of the seven public vaccination centres across both counties.









here was widespread surprise at the Killarney Municpal District Meeting on Wednesday of this week when veteran politician Michael Gleeson announced his retirement from politics.

Speaking to Killarney Outlook this week, Cllr. Gleeson said:"I have been deeply honoured to represent the Killarney and East Kerry areas for a number of years. It was a privilege to help in some little way to make our shared world a better place for most. I thank my family and the members of Kerry Independent Alliance for sharing the journey and being invaluable allies. Thanks also to Killarney Outlook for regularly sharing my ideas and proposals with your many readers. I wish all people of our special and magnificent county the joy of its splendour and the priceless gift of good health."

Le Gach Dea Ghuí. Michael Gleeson

Tributes have flowed since and in this week's Killarney Outlook, Mayor of Kerry, Patrick O'Connor Scarteen looks at the political life of the popular Killarney man.

"I wish to pay tribute to Michael Gleeson, one of the finest and most outstanding Councillors ever in Kerry, Michael or Mick as he is affectionately known is one of 8 children born to Jack and Peig Gleeson in Minish outside Killarney. He served as a national school teacher most of his life at the Monastery, Killarney. He has always taken a great interest in his family's lives especially his many nieces and nephews.

TRIBUTES POUR IN

as Cllr. Michael Gleeson

announces his retirement from public life

Political Record

Mick was co-opted to Kerry County Council in 1983 for the Labour party, he retained the seat in the 1985 local elections until 1991. In 1999 he was re-elected to Kerry County Council for the South Kerry Independent Alliance and served until the present time. Mick also served on Killarney Urban District Council and Town Council for many years (1994-2014). He had the honor and privilege of serving as Mayor of Killarney on a few occasions.

Football

Mick played in two All Ireland Finals 1969 and 1970 as a corner forward (No 13). He captained Kerry to win the All Ireland League Final in 1972, The Spa man won 7 O'Donoghue Cup Medals in the East Kerry league and had the unique distinction of Captaining East Kerry in the First All Ireland Club Final.

He has always been a man of integrity and honor, he was never afraid to make hard decisions. As a man of great faith he was guided by his morals and principles in doing what he felt was best for Killanrey, Kerry and its people. His family were very proud of his political work and achievements and the huge vote getter had a loyal following throughout East Kerry. His party and canvassers were greatly respected and admired.

His Councillor colleagues will miss his wisdom, wit and solid judgement. Mick has a great love of all things Irish, its heritage, culture and especially the Irish language and often spoke As Gaeilge, quotes of poets were a regular feature of his well prepared motions and contributions to debates. I think his love of the Environment was driven by a fierce love of his home place. He was the first politician in Kerry not to use posters at election time. Mick was a champion of the underprivileged both young and old and I never heard him say a bad word against anyone, he just put his head down and got on with his work. Although Killarney was his home and focus, he also took great interest and got involved in the various issues throughout Kerry. "I wish his replacement on Kerry County Council the best of luck and I'm sure Mick will be there for many years sharing his experience and guidance",

Patrick O'Connor-Scarteen Mayor of Kerry In a statement from Killarney Chamber of Tourism and Commerce, said that Michael Gleeson always played the ball and not the man "Michael Gleeson's decision to retire from active politics marks a real end of an era on the local political landscape and it brings a very dynamic, effective and dignified four decades of active political representation to a close, Killarney Chamber of Tourism and Commerce has said.

Paying tribute to the veteran councillor for the wonderful role he has played in so many facets of Killarney life over the years, the Chamber said his commitment and dedication to so many community causes was extraordinary and he leaves a remarkable legacy of which he and his family and supporters can be immensely proud.

"From the day he was first co-opted to Kerry County Council in 1983, right up to that moment on Wednesday when he caught all his council colleagues by surprise when announcing his retirement, Michael Gleeson has been a very fine and always principled public representative.

"He always put the welfare and the wellbeing of his people, his town, his county and society first and his was a strong and influential voice for all," said Chamber President Niall Kelleher.

He said the Kerry Independent Alliance representative was an eloquent orator, he always prepared meticulously for meetings and he never tabled a motion or supported a proposal unless he genuinely believed that it was the right and proper thing to do.

Mr Kelleher said Cllr Gleeson also played a magnificent role in the upkeep and presentation of Killarney outside of the council chambers and he was a very valued member of the Muckross House Trustees as well as volunteering countless hours with the Tidy Towns Committee and the Meitheal.

"Just as he was a valuable mainstay in the Town Hall in Killarney and Áras an Chontae in Tralee, Michael was a familiar sight on the approach roads and in the town centre with a shovel or a brush or a refuse bag in hand as he more than played his part in keeping Killarney Looking Good.

- TRIBUTES TO CLLR. MICHAEL GLEESON -

I wish to thank Michael for his dedication and service to the Killarney MD and to County Kerry, both as a former town Councillor and as long serving member of Kerry County council. He has always represented his constituents, his town and County with honour, dignity dedication and respect. Michael always brought issues before Council meetings with great eloquence and research highlighting local, national and environmental issues with great conviction and experience. As Cathaoirleach of the Killarney MD I want to wish Michael every good health and enjoyment with his wife Kathleen in his retirement.

Cllr Brendan Cronin, Cathaoirleach Killarney MD

It was both a privilege and a joy to serve for many, many years on Kerry County Council with Michael Gleeson. A top class public representative, always well read, well informed and well prepared for every meeting. A man of immense integrity, wit and generosity. Go maire tú an céad, a Mhichíl **Minister for Education and Kerry TD Norma Foley**

A man who taught me in the mon to serving on the old town council together. A pure gent and always had the best interests of Killarney at heart. He can look in the mirror and say he left Killarney in better shape than when he came into political life in 1983.

Cllr. Niall Botty O'Callaghan







deptuation to Killarney Municipal District Council this week told of the anti social behaviour taking place at the grounds of Killarney Celtic.

"I hope you will agree that the solution goes way beyond the installation of fencing"

Paul Sherry

Club Chairman Paul Sherry was joined by Tim Jones, who is Vice Chairman of the club.

In a statement to the meeting Paul Sherry outlined the anti-social behaviour and the fact that Killarney Celtic grounds are being accessed from adjoining lands.

"I can list off various incidents of damage, trespass and all sorts of anti-social behaviour, at all times of the day and night, and it has even become a sport now for some of these young people to be found running along the apex of the roof of the clubhouse, putting their lives at risk", Paul Sherry **CLUB OUTLINES**

ANTI SOCIAL BEHAVIOUR

TO COUNCIL MEMBERS

told the meeting.

"A concern from our point of view and, of course, for yourselves as a local authority, is that someone will have an accident and end up bringing a case against us, either together or individually. While I have asked that you look at securing the property, I feel very strongly that this is more than just a simple case of installing a fence. I think that is the easy option but I believe we all know that it will not solve this problem. There are wider social issues at play here.

As a club, we are very conscious of our environs and we are engaged with the local community in so many positive ways.

Over the last number of years, the area in which our club grounds are located has become very built-up with a large development of social housing to the extent that the estate is now as big as or even bigger than Ballyspillane.

This, in itself, is not a problem of course but the lack of provision of a local amenity or green areas for children for play purposes has not been a provision in these developments", Mr. Sherry added. In fact, at an information meeting of the residents prior to the last phase of development, when they raised the provision of playgrounds and green areas as an issue, they were directed to Killarney Celtic and Legion GAA club by the developer as being ample provision.

The issues that I highlight are not just a consequence of Covid-19 our concerns were raised with the Garda Superintendent back in September 2019 and with the local authority, through Cllr Niall Kelleher, in September 2019. In response to this, on the 4th of November 2019, I met with municipal district officials, Noel O'Leary and Stephen Sheehan, and we visited the road area leading to Killarney Celtic, the estate and the ground between ourselves and Legion GAA Club. I was asked to submit a list of concerns which had been discussed on the day. There was a list of 20 items, some of which, in fairness, were addressed and some of which were outside of their remit and authority. I can provide you with the list

following today's meeting. You will all, no doubt, be aware that this area of land, or part of it, was allocated to the Kerry Stars Project and the National Sports and

Adventure Centre Company Ltd and, it is my understanding that sufficient funding has not been secured to develop the lands. As a club, we were involved in a land swap scenario to facilitate this development. We are aware that there is still an open planning consent on the property, however nothing appears to be happening. Given the possibility that, in time, there will be a further housing development possibly, on the old rugby field, we as club feel that the time is now right to look at utilising the grounds between Legion and ourselves to create that much-needed amenity space and recreational sports hub which is such an obvious use for this parcel of land.

As a club, we are willing to engage with yourselves to create something that will facilitate Kerry Stars and serve as a wider amenity space or development for the ever-increasing local community.

Any project that is undertaken with this in mind requires the full engagement of the local authority and us as neighbouring clubs and a well thought-out, ongoing, sustainable management process for its operation.

Our purpose here today is to bring this issue back on the agenda with a view to solving some of the social problems that are impacting on us as a club and on the lives of the residents and children of the area.

"We all have an ongoing responsibility to develop and maintain our areas and to look out for the social fabric of the area. It is unacceptable to deliver these housing estates without ongoing support maintenance and management", Mr. Sherry concluded.

Let's get Our Animal Grooves On

It's time to dance and get our animal groove on - well that's if you are aged betweemn 6 and 12 years old.

Free dance workshops curated by Kerry Dancer in Residence Catherine Young, as part of Creative Ireland's

Residence Catherine Young, as part of Creative Ireland's Cruinniú na nÓg and supported by Kerry County Council have been announced.

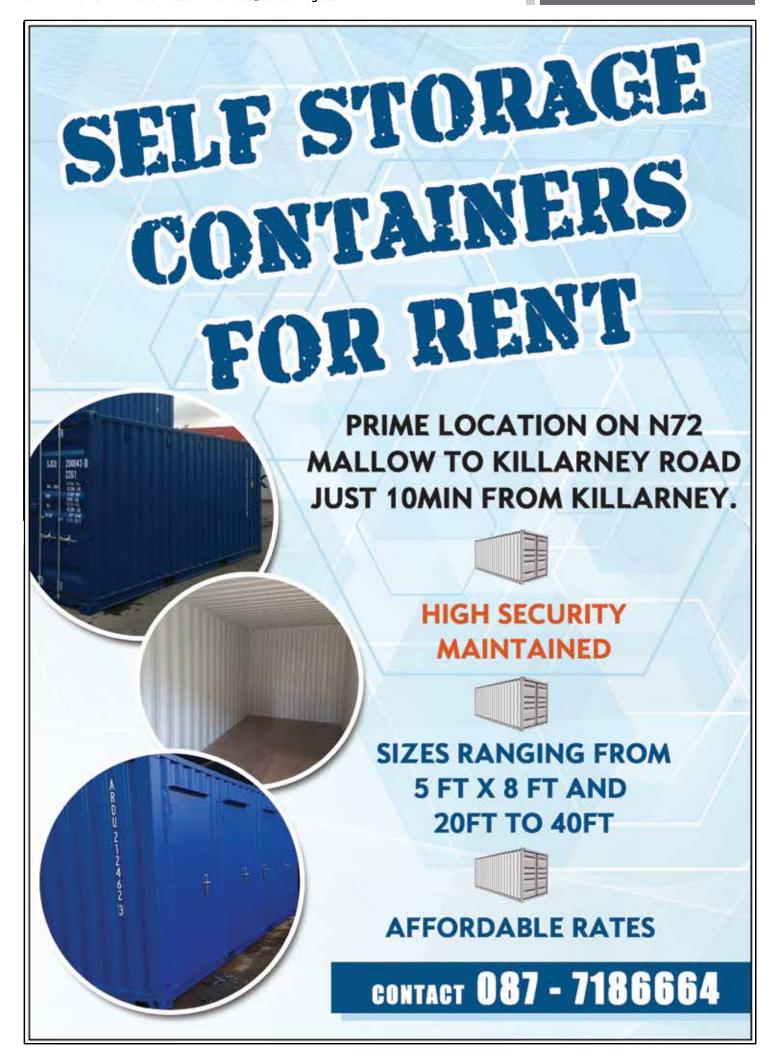
The project titled "Our Animal Grooves" invites children to discover the animal world through dance and movement. Children will be encouraged to dance, imagine and look closely at living creatures from different environments. Through the art of dance, children will explore animals small and large, from the sea, farms, zoos, jungles and beyond.

At the end of the series of workshops, a film collating the collective creativity of the dance participants will be shared on the 12th June as part of Cruinniú na nÓg - the day of free creativity for children and young people. The workshops will be facilitated by dancer, choreographer and educator Monica Muňoz. Originally from Barcelona, now based in Ireland, Muňoz has worked as a dancer throughout Europe for over 20 years. She is passionate about facilitating dance for all ages and has created dance programmes for all generations.

Classes will be delivered over Zoom on Thursday afternoons, over a four-week period, commencing in early May. To register your child please email moveitireland@gmail.com and indicate the appropriate age group; 6-8 years; 8-10 years or 10-12 years.



IF YOU HAVE A STORY... Contact Aisling on: 086 0400 958





BACK TO WHERE THEY BELONG



Saturday morning was a hive of activity at Legion GAA club grounds at Direen where record numbers of boys and girls participated in their first training session of 2021.

'After an extended hiatus from football, it was great to see so many smiling faces coming back in through the gates at Direen. There were plenty of happy parents too!", Academy Co Ordinator Ted Healy told Killarney Outlook.

A streamlined return to play has been facilitated with club registration available online as well as the necessary covid questionnaire requirements.

"For lots of kids it presented them with their first opportunity to try out our newly installed sand based floodlit pitch which was installed over the course of the last year", Ted added.

Another favourite on the day was the clubs newly installed rebound walls, kindly sponsored by club members & local business.

A large new equipment order delivered during the week ensured all our boys and girls had access to plenty of footballs and training aids which ensured everyone had lots of fun on their return.

The Legion GAA Academy continues every Saturday morning @ 10.30am with new members always welcome.

Registration available on www.legiongaa.com/membership

PHOTOS: MARIA O'SULLIVAN

The stunning New **OPEL MOKKA** has arrived in Kerry

Pictured are Pat Ahern , Barry Ryan and Seamus Murphy of Aherns Castleisland with the new MOKKA this week which is now available in Petrol , Diesel and full electric.





Conveniently located on the main Killarney/Mallow road, this new phase of Barraduff Homes Development is an exclusive 27 unit residential development in Barraduff village.

Stylish yet affordable with prices starting from €250,000 this development heralds Barraduff as an up and coming commuter base offering all the benefits of countryside living. These 'NZEB' Energy Efficient 3 bed detached & semi-detached 2 storey homes would make an ideal starter home for a couple or equally for a young family.

Barraduff Village is just 10 minutes from Killarney and located just off the Killarney/Mallow Road. This village nestles in between the Cork and Kerry border so is an ideal commuter base. The development itself is just a short walk from the village which boasts a wealth of amenities. It has a strong community development organisation which creates a community hub for leisure, sport, drama and employment. With a local primary school, a creche facility within the development and sports facilities outside your door, this is an opportunity that can't be missed.

These homes represent high quality low energy emissions with an abundance of open countryside where you can truly appreciate the peace and quiet of the surroundings.

Killarney

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The Skinny Baker

Denis Kelleher (theskinny. Baker) is living in Rathmore and began baking when he was 12 years old.

You can follow Denis on Facebook and Instagram @theskinny.baker for lots more recipes



Chocolate Chip cookies

Inaredients

150g soft butter at room temperature and only use real butter

125q light brown sugar

100g Caster sugar

1 teaspoon of vanilla extract

1 egg and 1 egg yolk

270g plain white flour

1/4 teaspoon of bread soda

100g milk chocolate chips

Method

- 1. Mix the butter and sugar until smooth then add in the brown sugar
- 2. Add the vanilla extract 1 egg and 1 egg yolk and together
- 3. Sift in the flour and bread soda and mix
- 4. Add the chocolate chips and mix together
- 5. Line a baking tray with parchment paper
- 6. Scoop out a tablespoon of dough and rool into a ball and repeat for the rest of the mix
- 7. Place in a pre heated oven at 175° fan for 15 minutes
- 8. When baked leave to cool

This recipe make about 18 cookies Happy baking!



with Killarney Outlook



Ingredients

1 small butternut squash (peeled cubed and roasted in the oven with a tablespoon of oil and a sprinkle of salt and pepper for about 35 minutes)

1 tablespoon of oil

1 clove of garlic crushed

½ teaspoon each of cinnamon, paprika and ground cumin

1 red onion chopped

1 tablespoon balsamic vinegar

1 tablespoon golden syrup

1 tin butterbeans drained

100 ml veg stock

½ a head of broccoli cut into bite

size pieces

Fresh coriander to garnish



Butterbean

squash stew

Method

Heat your oil in a pan with the onions, garlic and spices cook for about 5 minutes until the onions are soft. Add your tomatoes, golden syrup, stock and vinegar and cook on medium heat for about 15 minutes. Add your beans, pre roasted butternut squash and broccoli and cook for another 5-6 minutes until broccoli is cooked to your taste. Sprinkle with some fresh coriander. I served with chips and it was delicious but it would also be lovely with rice or steamed If you like my vegan recipes I would be delighted if you would join me on my Instagram @vegan_shares hope to see you there. Sarah



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THIS WEEKS FEATURED PROPERTIES

FOR SALE

84 PAIRC CHUIMIN

V 9 3 V 2 V 1

FOR SALE

BAWNARD, GNEEVEGUILLA

P 5 1 H 3 E 0



Excellent 3 Bedroom semi detached (1,261 sq ft) home with private south west facing garden & patio area in this exclusive development 85 luxury modern homes in Kilcummin, a village setting just 5km to Killarney Town. The property is in excellent condition throughout. Oil Fired Central Heating, double glazed pvc windows, Teak front/back door. Ideal first time buyer or investment property.

Guide Price € 230,000

BER C1



Impressive 4 Bedroom two storey house (2000 ft²) on 0.75 acre site in Bawnard Gneeveguilla. Approx. 19 km east of Killarney, close to the County Kerry/County Cork border. Bright and spacious entrance hall with two reception rooms, kitchen and utility room. Storage sheds/garage unit with pit and large concrete area to the rear of the property with separate entrance, ideal for motor enthusiasts for personal use.

Guide Price €210,000

PROPERTY PARTNERS GALLIVAN +353 64 6634177 Killarney@propertypartners.ie

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A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET





Address: KNOCKNASEED HOUSE, RATHMORE, CO KERRY

Fully restored, 5 bed hunting lodge with extensive out buildings on 28 acres with river frontage to the Blackwater, only 20 mins from Killarney.

Joint selling agents: Sherry Fitzgerald Country Homes & Christies

Agent: ● Michael Coghlan Sherry FitzGerald Coghlan ● 95 New Street, Killarney ● Tel: 064 6631892 / 087 2668591 ● E: info@sfmc.ie

Price Region: €950,000 BER: A3

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427.**



MONEY MATTERS

By Dermot Cronin, Financial Advisor



Is it more difficult to get a mortgage to build my home than a mortgage to buy my home?

Yes, it is more difficult. When you are building your family home there is more of a risk of things going wrong than purchasing your home. The most obvious and biggest risk is of course the risk of you going over your budget to build and finish your property. Lenders when assessing your application need to take this risk into account. Lenders will put emphasis on the cost of construction of your property to make sure the costs are realistic. If you are making your application through a mortgage broker he/she should spend a lot of time discussing the cost of the construction and loan amounts with you to make sure they are realistic and affordable. If these figures are incorrect and especially if they are too low then your mortgage application could be declined. A big positive at the moment for people who are first time buyers and are building or buying a new property that is their family home is that there is now a Help To Buy Scheme that you can apply for through the Revenue. There is up to €30,000 available through this scheme, there are terms and conditions attached to this Help To Buy Scheme. Obviously this is very beneficial in terms of reducing your cost of construction and reducing your mortgage amount also. Each lenders criteria for self build mortgages is different & you need to know this before choosing a lender that suits you best. A mortgage broker who has access to many lenders and has a lot of experience with self build mortgages may be very helpful to you.

If you require any further information on the above or any other matter you can contact Dermot Cronin at dermotcroninifa@gmail.com or 0646622775 or 0872893649.

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ARTIGALLIVAN, KILLARNEY, CO KERRY

We present to the market a stunning newly refurbished bungalow 1595 sq ft excellently located just off the main Killarney to Cork road and just 10 minutes drive to Killarney town and all amenities. The property is professionally interior designed with newly fitted grey modernistic kitchen enhanced by granite worktop with specially selected grey themed decor throughout the house.



GUIDE PRICE: €330,000 BER C1

5 DEELISH PARK, BEAUFORT, CO KERRY

Superbly located 1744 sq ft bungalow located in the popular picturesque Beaufort village close to all amenities and just 15 minutes drive to the popular tourist town of Killarney. The property in need of slight modernisation is further enhanced by the beautiful landscaped gardens with an array of exotic trees and shrubs.





Full Details Selling Agent Hennigan Auctioneers 064-6634582/087-2354416

Hennigan Auctioneers 66 New St., Killarney t| 064 6634582

95 NEW STREET, **KILLARNEY, CO. KERRY** T: 064 6631892 F: 064-6634652 M: 087 2668591 E: INFO@SFMC.IE WWW.SHERRYFITZ.IE & WWW.DAFT.IE Licence no: 003568



FOR SALE

RETAIL WAREHOUSE SHOWROOMS, PARK RD, KILLARNEY

Prime retail warehouse/showrooms unit 230sq.m with 3 car spaces located on Park Rd to rear Circle K Filling Station.

Price Region: €325,000





MAIN STREET, MILLTOWN, KILLARNEY

Prime mixed use high profile corner property with full planning permission granted for offices at ground floor and two duplex two bedroom large apartments overhead. Ideal investment/business opportunity in mid Kerry region.

Price Region: €180,000







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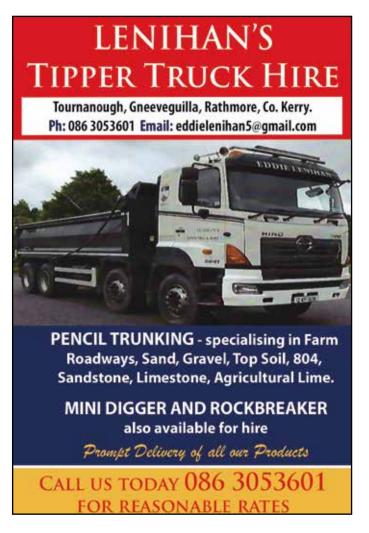
Out every Friday pick up locations:

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Firel consumption figures in I/100km for the Mazda SUV Range: WLTP Combined 7.7-5.1. WLTP CO2 emissions (g/km): 186-133. Vehicles are homologated in accordance with the new type approval procedure WLTP Regulation (EU) 2017/1151; Regulation (EC) 715/20071. Offers valid until 31st January 2021 on selected models while stocks fast at participating retailers. PCP Example for Mazda CX-30 G5 - Term: 37 months; 36 monthly payments: 62.64, GMEV: 611,966, RRP: 629.995, Customer Deposit; 68,279, Amount of Credit: 679,317, Acceptance feet: 675, option to purchase feet: 675, Total Amount Repayable: 629,916, Km3, Januarum filmit: 15,000kms, APR: 479. Lending terms and conditions apply and a guarantee may be required. Each offer is available under Mazda Choices (Hire Purchase Agreement as defined by the Consumer Credit Act 1995) and available through ALPHERA Financial Servicia. All finance is subject to status and is available to ener 18s in Jeland only. Guarantees and indemnities may be required. Excess mileage, vehicle conditions and other charges may be payable. BMW FINANCIAL SERVICES (IRELAND) (LMITED TRADING AS ALPHERA FinANCIAL SERVICES, SWIFT SQUARE, SANTRY, DUBLIN 9, BMW FINANCIAL SERVICES (IRELAND) LIMITED TRADING AS ALPHERA FinANCIAL SERVICES, SWIFT SQUARE, SANTRY, DUBLIN 9, BMW FINANCIAL SERVICES (IRELAND) (LMITED TRADING AS ALPHERA FinANCIAL SERVICES).



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WE ARE OPEN DURING LEVEL 5 AS CVRT TESTING IS DEEMED ESSENTIAL we will be following the HSE guidelines.

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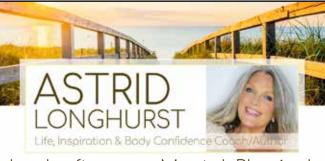
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Look after your Mental, Physical, Emotional & Spiritual health

As we continue to slowly unfold out of the restrictions that the Pandemic has brought us, I am constantly reminded to appreciate the small joyful things of everyday living. Looking after our mental, physical, emotional and spiritual health has never been more important and vital to our sense of wellbeing. One of the keys to developing a more grounded and calm emotional response to what is happening around us is to stay in the moment that we are living in. It is about appreciating the small things: the birds singing, the warm breezes, a beautiful Spring day, the hot cup of tea, friends, family and creative projects that bring us joy. It is in the present moment that we create the experience of the next moment. When your mind drifts off into the future and worries about what might (or might not) happen, we cause anxiety and stress. This can feel as if our worries will actually come true as our thoughts affect our emotional & physical health.

Today's Coachina Action Step

Train your brain to look for what is right and good about the moment you are in. Refuse to comment negatively about anything or anyone today. Instead, decide that you will appreciate the smallest things that your day brings and be grateful for all you have. And at the end of the day, before you fall asleep, whisper a quiet "Thank you" to the Universe for a day well-lived.

Please visit me at my Instagram page for more coaching tips and inspiration for living your very best and happiest life. https://www.instagram.com/romancingyourbody/?hl=en

www.instituteforbodyconfidencecoaching.com

DIY Foot Treatment

Cracked heels are a common complaint, especially among women.

1.Soak feet in warm water for 20 minutes with:

Epsom salt OR Vinegar to exfoliate, soften callused skin, detoxify, and relax tired muscles.

Baking Soda OR Lemon juice may also be used with caution (not on sensitive or cut skin).

Essential oils like tea tree. peppermint & lemon enhance the aroma and wellbeing.

2.Exfoliate

A bit of hard work is needed at this

Using a pumice stone or foot brush, gently buff off dead skin.

Homemade foot scrubs can be made by mixing, 1) Oatmeal & Milk or 2) Salt or Sugar mixed with coconut or almond oils and honey.

3.Lock in Moisture

Apply a foot Balm containing urea, such as Boots Cracked Heel Balm or Emusifying Ointment (available in all pharmacies). These will penetrate the gaps between cracks and make skin smooth, soft, and flexible. A layer of Vaseline can be applied over this to seal in moisture and reduce water loss in the skin. Wearing 100 percent cotton socks to bed after this will keep the moisture in while allowing the heel skin to breathe.

Repeat this routine for a few days in a row for baby soft heels!

Razors and scissors should be avoided on heels at home. People diabetes or neuropathy should not exfoliate and should visit a podiatrist. Spray bandages can be used to cover cracked skin while waiting. This will provide a protective layer over cracks, helping to heal skin and reduce pain.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



GETTING BACK TRAINING

With the lifting of restrictions allowing for outdoor training from next week many of you will be looking forward to restarting your training regime. Some of you may in fact still be training at home but are looking forward to getting away from the house for your workouts.

With the easing of restrictions, and a return to more familiar training routines we need to be careful of not over doing it in the early part of our return. It's a little like doing preseason, or restarting training after a long lay-off due to injury or whatever. Depending on what you did during the various lockdowns you need to be mindful that you may not currently be at the same level of fitness/strength that you were when restrictions came in and as such may not be able to do now what you did then.

That's not to say that you won't quickly regain that fitness/strength and be back to where you were in no time but this is where it will be important to discuss your return to training plan with your trainer. Don't go hell for leather day 1. Plan for gradual loading/ intensity in your training with progressions built in.

Having spent so long waiting for things to re-open do you really want to pick up an injury on your return that could stop you from training for a number of weeks? No, no one wants that, so while it's great to be getting back at it, be careful not to overdo it. You will have a goal or target of where you want to get to. Sit down and plan, with your trainer, what is the best way for you to get there.

Oh, and by the way, enjoy the return!

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Cyril Conroy is a Member of the Irish Association of Relationship Mentors, practising One-On-One Therapy for Individual Adults over the age of 18. Cyril is a fully trained and Qualified Co-Creational Parent and Relationship Mentor, whose therapy is based on Understanding, Genuineness, Non-Judgement and Compassion for his Clients.

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VISUAL DISCOMFORT

Visual discomfort is a term often used to describe the symptoms of eye strain or visual-perceptual distortions which may include headaches, difficulty focusing, blurred vision or increased sensitivity to light.

WHAT SHOULD I DO IF I'M EXPERIENCING VISUAL DISCOMFORT?

The first step is to have a sight test, to check your eyes are healthy and find out whether a pair of glasses or contact lenses would help. The next step is to follow our tips for avoiding visual discomfort. These simple steps help a lot of people.

TIPS FOR AVOIDING VISUAL DISCOMFORT

- Even lighting avoid bright light sources in your field of vision. Be aware of glare from windows and consider closing curtains or blinds to reduce this
- Reduce glare from screens adjust the screen position to reduce the glare from overhead lights

- •Take regular breaks be sure to regularly take time away from your screen or near tasks, such as reading, during your day
- Hold digital devices further away
 holding phones and tablets close
 to the eyes involves more effort to
 maintain focus. Holding these devices,
 a little farther away can help reduce eye

If glasses are required certain lens options may help.

Blue light blocking lenses are designed for digital lifestyles which ensures more relaxed and comfortable vision.

This protective coating reduces the blue light emitted by digital screens. It is the optimal solution for people who use digital screens throughout the day, including students, gamers, young professionals, office workers and children. In addition to protecting the eyes, the coating provides a higher contrast and a more relaxed viewing experience.

For more information and honest advice contact us for an appointment.







KILCUMMIN

>KILCUMMIN GAA

Congratulations to John Cronin c/o Tom Teahan, winner of our 50/50 Split The Pot. John receives €193.75. Next draw Sunday 16th May. Tickets available from Kilcummin P.O., Paddy O'Keeffe's, Gatabawn or www.kilcummingaa.com

>KERRY CC

To celebrate Fleadh Cheoil Chiarraí, Kerry Comhaltas are offering young people the opportunity to participate in a History Project and Art Competition. History Project: Have you a story about a local musician/singer/song/tune or about a local traditional custom such as crossroads dancing or a rambling house? Then why not do a little research and present your story to Kerry CCÉ for our history project competition. Age Groups: U12 & U 15. All information about entering and closing dates etc. can be found at this link on our website http://kerrycomhaltas.ie/contentpage/10070183/

>ART COMPETITION

Theme: Music and Culture in my Life in County Kerry. Three age groups: U9, U12, U15. The closing date is 6pm the 28th May 2021. Full details are available from Helen at the Rural Dev. Office.

>RECOVERY HAVEN KERRY FUNDRAISER

How would you like to get active this May while raising funds for cancer support charity, Recovery Haven Kerry? The charity has joined forces with Just Giving for their exciting #5KMay fundraising event, which aims to get as many of their supporters as possible to sign up for a 5K challenge during the month of May, by running, walking, rolling, swimming or cycling 5K. The challenge can be done in one go or over the course of a few days during May and those taking part are then asked to donate just €5 and nominate 5 of their friends or family members to do the same. As well as individual participants, businesses, schools, sports clubs and running and walking groups are also welcome to take part as a team - and you have plenty of time to get training, as you don't have to do anything until May! Like all charities, Covid19 has placed enormous pressure on Recovery Haven Kerry's fundraising income, so the charity is asking as many people as possible to consider being part of this new venture for 2021 and help them to continue supporting cancer patients and their families across Kerry. Anyone interested in taking part can find full details on how to sign up and donate via the following link https:// runforheroes.justgiving.com/get-involvedie?charityld669140 or on all Recovery Haven's social media channels.

Written by: Cliodhna Coffey

SPORTS DIRECT RENEW THEIR SUPPORT FOR LISTRY GAA



There was big news for Kerry's Listry GAA club today as Sports Direct announced the renewal of their partnership with the local club for a further three years until 2024. The news comes as part of a nationwide expansion of Sports Direct's grassroots GAA support programme, with their support of their existing six clubs renewed, while a further five new clubs were

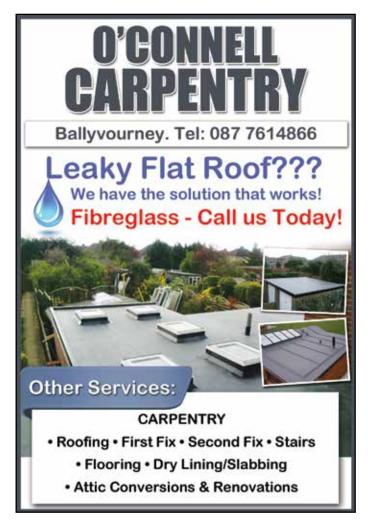
also added to their portfolio, bringing Sports Direct's overall grassroots GAA support to 11 clubs nationwide.

Speaking to Killarney Outlook this week, Listry GAA Club secretary Anthony Clifford welcomed the news. "We are delighted that Sports Direct are continuing their partnership with Listry GAA Club and with restrictions finally beginning to lift we look forward to the season ahead", Anthony said.

For the past three years, as part of Cycle 1 of their grassroots programme, Sports Direct has been proud Official Supporters of Listry GAA along with a number of clubs through the country. The expansion of their grassroots GAA support in Ireland is a firm statement of intent by Sports Direct to continue to build and maintain grassroot level activity to help create a positive impact on local communities. They firmly believe in the important role that sport plays in our local communities and harnessing future achievements. Today's announcement comes just three months after Sports Direct's unveiling as the proud sponsors of Cork GAA across the men's senior football and hurling teams, and the Minor and Under 20 teams in both codes for the next five years.

Keva Mc Carthy, Nichola Brogowska, Alison Hickey, Mia Mc Carthy, Amy Keating enjoying their first day back at training at Killarney Athletic.









GLNFLESK

>COISTE NA NOG

We are delighted to announce the safe return of Juvenile Training for both Boys and Girls in Glenflesk. All safety protocols are in place, the balls are pumped, the training bibs are ready so dust off your football boots and come join us to brush up on some football skills and have fun with your friends. Our busy week ahead kicks off at 6.15 on Monday night with the return of our Academy for Boys and Girls from 5 yrs old in Glenflesk main pitch. New members are most welcome and registration details are available from James at registrar.glenfleskgaa@gmail.com. Training times are subject to change - please keep an eye on text messages from your trainers.

Monday: Glenflesk Main Pitch

Academy 6.15 to 7.30 for the following age groups,

Girls U6 & U8 Boys U7 & U9

Boys U15 from 7.30-08.30pm

Monday: Barraduff Community Field Girls U14 & U16 & Minors from 6-8pm

Tuesday: Glenflesk Small Pitch Girls U10; 6.30 to 7.30pm

Wednesday: Glenflesk Main Pitch Boys U13; 6.30 to 7.30 pm

Thursday: Glenflesk Small Pitch Boys U11; 6 to 7pm Girls U12; 7 to 8pm

Friday: Glenflesk Main Pitch Boys U13; 6.30 to 7.30pm Boys U17; 7.30 to

8.30pm Friday: Glenflesk Small Pitch Boys U15; 8 to 9pm

A reminder to everybody that membership is now due for the 2021 season. Please note that where an U16 child is being registered as least one adult must also be registered. Membership can be paid online at the Glenflesk GAA Clubforce page using the link below.

https://member.clubforce.com/memberships_cart_m.asp...

If anyone has any queries, please contact Club Treasurer James Furlong at registrar.glenfleskgaa@gmail.com or on 0872331916.

>ONE MILLION STEPS IN MEMORY OF MAUREEN KELLIHER MULTIPLE SCLEROSIS IRELAND

The family of the late Maureen Kelliher (nee O'Leary) have set up a fundraiser in her memory. As a lot of you might know, Maureen passed away in 2018 at the age of 47. This year we would have been celebrating her 50th birthday on May 28th. Maureen was diagnosed with MS (Multiple Sclerosis) in 2016. All those who were with her through that tough journey knew of the strength and determination she had shown while living with such a life altering condition, which heavily affected her mobility and stamina. Because of the current covid situation, we are unable to celebrate her memory on this milestone birthday with her close family and friends. We have decided instead to take on a challenge to reach a goal of one million steps between the four of us from the 1st to the 28th of May. We chose to do this because prior to her illness, she loved being active and was on her feet every day whether it was in Glenflesk, Killarney Celtic, or Kenmare. During this challenge, we will provide regular updates on our social media accounts (Facebook, Instagram, etc.). The money raised will be donated to MS Ireland, a charity that we hold close to our hearts. After Maureen's diagnosis, they provided her with such a high standard of care, gave her lots of information and support, and we could not think of a better way to honour our mother. We appreciate any donation, big or small, as a way of celebrating her birthday and raising money for a good cause. Thank you, Roy, Aideen, Susan, and Marc.

>CLUB MERCHANDISE

We are delighted to announce that our Glenflesk GAA gear is now available on the O'Neills website. You can click on the 'Shop Now' button at the top of our Facebook page.

Written by: Seamus Healy





Juvenile training returns at Spa GAA Club much to the delight of the junior members of the club. **PHOTO: ANNE HOLLAND.**

LISTRY

>CLUB FUNDRAISING EVENT

Our Senior Team are presently running a Sports Prediction League 2021 in order to fundraise for the club. Please check out our social media via Facebook/instagram/website. Forms can also be sourced from team players/club officers. Closing Date: 23rd May 2021 Entry Free €10. 1st Prize €500. 2nd prize €150 Voucher from Keane's Supervalu, Killorglin. 3rd Prize 3 months membership for the Aquila Club, Gleneagle. Listry GAA would like to thank all those who sponsored our fundraising event.

➤MEMBERSHIP 2021

Listry GAA membership is now due, for any new members/players please register on the new Foireann system, it can be accessed via the club website or www.foireann.ie It would be important to register prior to players before returning to Gaa activities.

≻COVID-19 UPDATE

In light of the positive announcement by the Government last week in relation to the future relaxing of restrictions for society generally and for Gaelic Games in particular, the following is proposed: From 10th May: Outdoor training is permitted at adult level in pods of a maximum of 15 people (including coaches). However, games are not allowed.

>FROM 7TH JUNE

Club games will be permitted at all levels but must be played 'behind closed doors' (subject to The Public health situation at this time)

>JUVENILLES TRAINING

We are delighted to welcome our juvenile training session back on our pitch last week. There was a great turnout from all age groups. We welcome all new players/parents to come a join our club. U7 and U5's Training: U7s training this Friday night May 7th 6-7pm , Venue – Listry Gaa Grounds (for kids born in 2015 and 2014) as well as the U5's (kids born in 2016 only) Please ensure your child brings a labelled water bottle, gum shields and that all parents sign in when on arrival to the field. U17 Training: Wednesday 5th May, Venue- Keel at 7.45 – 9.15pm. Friday 7th – Venue Listry at 8.00 – 9.30pm. Sunday 9th – Venue- Keel at 9.15 – 10.15 am

Please complete the Health Questionnaire on the day of the training session.

>ALLIANZ HURLING LEAGUE KERRY V DOWN

Best of Luck to Fintan O'Connor and the Kerry Hurling team in their opening round game against Down. The game will be streamed on the Kerry GAA website. The link to be purchased for €5 will go live on Thursday 6th May.

Witten by: Anne Sugrue O'Brien







Specialising in providing accountancy & taxation services for individual and small & medium sized businesses

Meetings by appointment at our offices in Killarney & Rathmore For a free consultation & quotation contact Denis Murphy at 064 6650963 or info@djmaccounting.ie









RATHMORE GNEEVEGUILLA

>SHARE THE BUCKET

The following community and voluntary organizations have been approved for some funding under Covid-19 Emergency Funds This is well deserved funding for organisations who play a vital role in the community Social Action Group Rathmore CLG €750, Rathmore Community Council €1560.

>NEW BUSINESS OPEN IN RATHMORE

Best of luck & congratulations to Cathy Duggan of hidden Beauty who opening new business in rathmore a beauty salon form this Monday May 10th.

>TUREENCAHILL COMMUNITY CENTRE

Is Now A Dedicated Broadband Hub...High Quality Broadband At Your Doorstep...This Is A Great Opportunity For Those Finding It Hard Working From Home ...For College Students & Secondary Students Especially At This Time. We at Tureencahill Community Centre Are Set Up With All The HSE Covid 19 Restrictions So Everything Is In Place.We Have Fantastic Facilities... Free Parking, CCTV, Meeting Room, Printing & Photocopying, Access To Kitchen Facilities, Prices To Suit Everybody, No Overheads, And A Great Team To Help In Anyway we Can. So If you Need Any Information Please Contact 085 1741551 Or 087 9924821

>ST. VINCENT DE PAUL RATHMORE LOCAL CONFIDENTIAL CONTACT 087 3462332

>COVID VACCINATION CLINIC

A wheelchair taxi service is available Donie Fitzgerald stagemount (087) 6959947, if you wish to avail of it.

>RATHMORE DISTRICT CREDIT UNION

The Board of Directors, Management and staff would like to thank our members for registering for the AGM. Congratulations From All At Rathmore & District Credit Union To Aoibhinn Creedon from Amanda Wright School of Art who was awarded first place for in the U7 Category in thr National Art Competition Final. The Theme was Imagine more. And congratulations to Neily Mahony who has been elected Life President of the credit union for his contribution to the over 40 years. he has been instrumental in promoting the ethos or credit Union in that time.

>GNEEVEGUILLA COMMUNITY DEVELOPMENT COUNCIL AND GNEEVEGUILLA BASKETBALL CLUB

had our weekly draw for our Share the Bucket on Friday evening30/04/21. The Jackpot was€500.This week's winner is The winner is Kathleen o'sullivan who won €500. Congratulations the lucky winner of €500Well done This weeks lucky winner is Kathleen o'sullivan

Congratulations to this week's jackpot winner £500

>SUICIDE AWARENESS

A Clothes Bank in Aid of Suicide Awareness in Aid of suicide Awareness in now Installed in the Creamery yard Rathmore. All Clothes accepted No soiled Rags Duvets or Rugs. Anyone in need of support call Mary on 087-3162257 For Suicide Awarness.

>RATHMORE GAA CLUB

Online only until further notice. Annual Membership.

All membership can be renewed online with clubforce (search for Rathmore GAA Club) or you can get the link from our registrar Kathleen O'Doherty (086 3647749). You can also use your lotto account to activate your registration. registration is a matter of urgency.

Closeing Date 31th May.

>CHURCHES

Are Re Opening on May 10th more Details next week.

>TROCAIRE

Please return your Trocaire boxes as soon as possible You can drop them into the church while we are still there after Masses.

* >ROSARY

Recitation of the Rosary will take place at Doyle's Grotto in Gneeveguilla @ 9pm daily. Please adhere to social distancing and wearing of masks.

>TUNE INTO HORIZONS

on Radio Kerry every Sunday morning after 9am news The Religious Programme of the Diocese of Kerry. Comments and suggestions for

SYMPATHY

To families of MARGARET (Peg) O'Sullivan (née Cahill, & cahills Bar Rathmore & Cork widow of the late Denis and much loved mother of Maura and Kay. May she rest in peace

>WASTE DISPOSAL

It is illegal to burn household or garden waste at home, in your garden or workplace. Burning waste can pollute the air by releasing harmful chemicals into it. There may be many toxic chemicals in waste items such as synthetic materials, preservatives, gels, bleaches and plastics. Burning of such wastes in low-temperature uncontrolled fires creates toxic and dangerous by-products which are not destroyed by the fire but become airborne on soot particles. These can end up being inhaled or being washed out of the air and deposited onto surrounding soil and vegetation, where they can readily enter the food chain. Please care for our environment by disposing of your waste in a responsible manner.

>COVID-19

Support Line For Older People: ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, By Calling 0818 222 024. Hours May Be Extended To Meet The Demand.

>THE RATHMORE SOCIAL ACTION GROUP

will continue to run Our Meals on Wheels Service, which is a vital service especially at this difficult time.

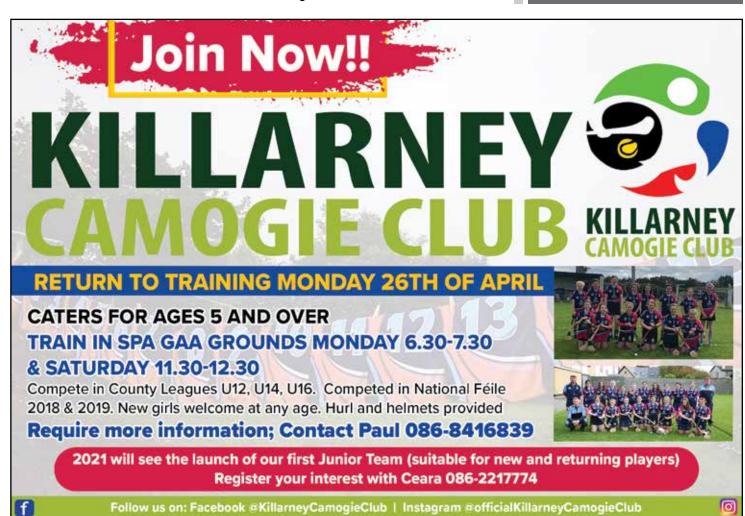
To avail of this service, please call Norah & Marie on 064 77 58588. These meals will be dropped to the door of the person's home. We will help to deliver this service to as many as we can

>DUHALLOW GAA

are teaming together to bring cheer in pandemic times with an ONLINE FAMILY BINGO on Saturday, May 8. With a prize fund of €2000, they are ten games, win/share €20 for a single line, win/share €40 for two lines and €100 for full house with a €400 Jackpot also to be won. For each game, the numbers drawn will be displayed during the game to ensure transparency. When a player gets a check, they can unmute their microphone and let the bingo caller know, all pretty straight forward with young and old joining in the fun. The player displays their Bingo Card via the camera for all players to see, the check is also verified by the caller and a code on the players card is also checked. Single books cost €10, double books at €15 each from GAA clubs or Duhallow Board officers. All that's required is a contact number for patrons to allow a zoom link to be supplied on Bingo Day. Bingo books are available in clubs across Duhallow, club contacts are

Ballydesmond: Willis O'Connor (086-1414423); Banteer/Lyre: Conor O'Keeffe (087-9791346); Boherbue: Steven Lynch (087-2795558), Castlemagner: Mick Tobin (086-8553416); Cullen: Karen Hickey (085-8586073), Dromtariffe: Seán Feely (086-3168212); Freemount: Kate Keane (086-2320994); Kanturk: John Healy (086-7963193); Kilbrin: Tom O'Reilly (087-2392442); Kiskeam: Marie Carroll (085-8828556); Knocknagree: Michael Dilworth (087-6723883); Lismire: Karen Field (086-7335742); Meelin: Cathy Forrest (086-0624610); Millstreet: Con Healy (086-2638320), Newmarket: Sean Irwin (087-6465732); Rockchapel: Mary Collins (087-6724719); St. Johns: Don O'Riordan (087-7668669). Books are also available from Duhallow Junior Board Executive members Steven Lynch – 087/2795558, Liam Buckley-087/7611700, Joe Kearns -087/2902598, Tony McAulliffe – 087/2217510, Seán McAulliffe -087/2331518, Margaret Kiely-087/7673331, John Tarrant - 087/6792405, Dan Dennehy – 087/8077348, Eugene O'Sullivan – 087/3106459, Frank Barry -087/9838087, Denis Lane - 087/2010830.

By Michael O' Mahony





NEW SCHEME IN PLACE FOR PROCEDURES IN BELFAST

IF YOU ARE ON A WAITING LIST FOR CATARACTS, HIP OR KNEE PROCEDURESCONTACT ME NOW FOR DETAILS

NOW TAKING NAMES FOR BUS ON MAY 18TH!

Following my representations to the Taoiseach and the Government, I am glad that the arrangement has been put in place to ensure people cancontinue to travel to Belfast for procedures such as cataracts, hip, knee replacements, tonsil removal.

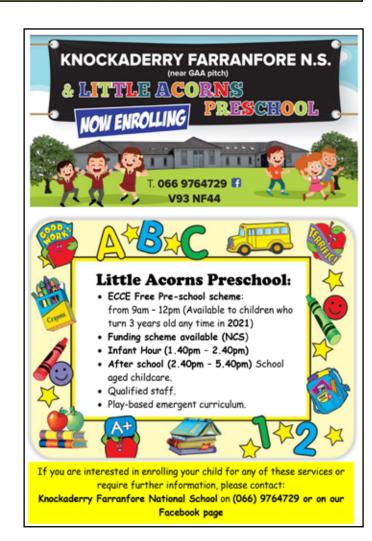
The new Scheme called the Northern Ireland Planned Healthcare Schemewill operate for 12 months under the same terms as the EU Cross Border Directive Scheme.

This is great news for those on long waiting lists for procedures.

PLEASE CONTACT

Danny **087 2316055** Office **064 6685315** Maura **087 7816432** Johnny **087 2354793** Eileen **087 9975419**

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com maurahealyrae@gmail.com



SPA

>JUVENILE TRAINING HAS RESUMED

We were delighted to welcome back all our juvenile groups last week. New members are always welcome and please contact the coaches or Coiste na nÓg Secretary Denise on 0871385612 or spacoistenanog@gmail.com with any queries. Our Coiste na nÓg Training Schedule is as follows:

*ABC / Academy Boys & Girls (3-7yrs): Saturdays 10am-11am

GIRLS *U8/U10/U12 Girls: Saturdays 10am-11am

*U14 Girls: Tuesdays & Thursdays 6.30pm - 7.30pm *U16 Girls: TBC

BOYS *U9 Boys: Saturdays 10am - 11.15am

*U11 Boys: Mondays & Thursdays 6.30pm - 7.30pm

*U13 Boys: Wednesdays & Sundays 6.45pm - 8.15pm

*U15 Boys: Mondays & Fridays 7.30pm - 9.00pm

>CONDOLENCES

Our deepest condolences to Donie O'Sullivan and family on the passing of his wife Dr. Aine O'Sullivan RIP (Tiernaboul and Tralee). May she Rest in Peace.

>SPA MERCHANDISE SHOP

The Spa GAA merchandise shop (top of the stairs in reception) will be open on Saturday mornings from 10am - 11am. Any queries on gear for adults or juveniles please contact Mathilda on 087 6487356.

>GOOD NEWS FOR THE GAA IN THE LATEST REOPENING PLAN

There was some good news last Thursday as Taoiseach Micheál Martin announced the latest phase of the re-opening plan for Ireland over the coming weeks. The great news for the GAA is that while underage (u18) has returned since April 26th, all other groups can return from Monday May 10th with games (without spectators) allowed from June 7th. As always, the most accurate and up-to-date information is available on www.gov.ie/Covid19. The re-opening plan will be covered under 2 phases:

PHASE 1: MAY 10TH

*Inter-county travel is permitted

*Hairdressers, barbers, beauticians, personal services etc can re-open

*Adult sports training to resume in pods of maximum 15 people

*Outdoor social visits allowed (up to 3 households or maximum of 6 people)

*Small organised outdoor gatherings allowed (max 15 people)

*Religious services can resume with a limit of 50 people attending

*Click and collect permitted for all non-essential retail with retail visits by appointment allowed

*Up to 50 people allowed at weddings and funerals

*Museums, galleries, cultural attractions and libraries can open

*Indoor private home visiting (without masks or social distancing) allowed for those fully vaccinated

May 17th *Retail can re-open fully

PHASE 2 (If the situation remains stable):

June 2nd *Hotels, guesthouses, B&Bs and self-catering can reopen (indoor dining for residents only)

June 7th *Gyms, swimming pools and leisure centres can open for individual training *Outdoor hospitality allowed with specific safety measures in place (bars & restaurants) *Indoor household visits from one other household can begin again *Adult sporting matches can take place (but without spectators) *Number of guests at wedding receptions can increase to 25

>CONGRATULATIONS TO CLUB SECRETARY PATRICK O'REGAN

Congratulations to our Club Secretary Patrick O'Regan who won a major entrepreneur award last week. As part of the UCC IGNITE Graduate Business Innovation Programme, Patrick's company won the Bank of Ireland / IGNITE Best Business Award. Patrick is the founder of Reach The Top, an innovative platform to help streamline basketball scholarships in the USA. His company has created software to help American college sporting departments recruit athletes, saving the colleges costs, travel expenses and the administrative layers in the recruitment process.

>IMPORTANT CALL FOR REGISTRATION

With club activity starting to resume from next week April 26th, we are reminding everyone that 2021 registration must be completed in advance through www.spagaa.com. Registration for the year ahead is required for



Juvenile training returns at Spa GAA Club much to the delight of the junior members of the club. **PHOTO: ANNE HOLLAND.**

all members and this year, due to the ongoing restrictions, we are asking everyone to sign up online through the link to clubforce.

>ALLIANZ NATIONAL HURLING LEAGUE

The 2021 GAA calendar kicks off next weekend with the opening round of the Allianz National Hurling League. Kerry will be playing Down in Austin Stack Park this Sunday May 9th at 3pm and the game will be streamed live through kerrygaa.ie (cost €5 for the livestream).

>DARKNESS INTO LIGHT 2021

The annual Pieta House Darkness Into Light event is happening this Saturday May 8th and everyone is encouraged to do their own sunrise moment (walk, swim, bike etc). Registration and details are on www.darknessintolight.ie and we are asking people to send us a photo of their sunrise moment (through social channels, whats app, pro.spa.kerry@gaa.ie or 0851216359).

>STAY UP TO DATE WITH ALL OUR SPA NEWS

To stay up to date on all the latest news in Spa GAA club, sign up to our weekly newsletter through the 'subscribe' button at the bottom of the website.

>SPA LOTTO RESULTS 26/04/21

Numbers drawn: 1, 5, 10, 15. No winner and Lucky Dips receive €50 each to David Daly, Aisling Sheahan, Eoin Cronin and Mary Devane. Our weekly Monday night Lotto draws continue and next week's JACKPOT is €7,200. Tickets are on sale online on spagaa.com or from Dalys Supervalu, Killarney Hardware, Centra Muckross Rd, Spa clubhouse or from usual sellers. Thank you to everyone for your continued support for our club lotto.

>CE SCHEME VACANCY FOR A GROUNDS PERSON IN SPA

CE Scheme Vacancy for a Grounds Person in Spa GAA Club - Details available on jobsireland.ie or the local Intreo Office. The job is 19.5 hours per week and applications can be submitted on the jobsireland.ie website or email Siobhan at kaslltd.project@yahoo.com. The job involves clubhouse maintenance, pitch lining, hedge trimming, grass cutting, painting, car park duties and general caretaking. (Job application closes on May 18th).

>CO CLEAN UP TAKES PLACE IN MAY

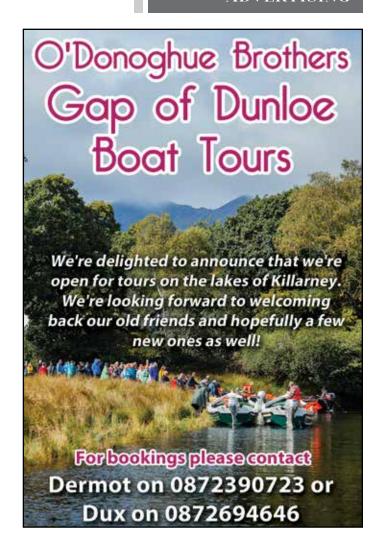
The annual Co Clean Up was cancelled last year but is scheduled to go ahead later this month. The clean up will take place all across the county between May 22nd and May 30th and the event will be held in compliance with current government public health advice. Anyone interested in getting involved in a Spa GAA clean up of the local areas please contact the PRO on pro.spa.kerry@gaa.ie or 0851216359.

>ITEMS FOR NOTES

Any items for the club notes please contact pro.spa.kerry@gaa.ie or 0851216359 before 8pm on Sundays.

Written by: Deirdre O'Sullivan-Darcy







KEEL GAA LCLUB NEWS

CLUB MEMBERSHIP

Please ensure your membership is paid for the coming year. To register, please visit https://www. foireann.ie/. This new system has been introduced by the GAA this year. Advice will be shared on our social media which will assist you in completing your membership. If you cannot access social media, contact pro.keel.kerry@gaa.ie and we will share the relevant information with you.

KEEL GAA BINGO: Keel GAA Bingo will take place this Friday the 7th at 8pm via Zoom. The jackpot is at €700. Bingo books are on sale in Bensons, Helenas Local XL, Cronin's Castlemaine, and Kelly's Londis Milltown. Bingo books can be organized for those who are not in the area and would like to join us. Please contact pro.keel. kerry@gaa.ie before 6pm on Thursday the 6th. The registration link for the Zoom call will be available on our social media. If you do not have social media, contact the email above. If any business or person would like to sponsor prize money, vouchers or spot prizes please contact the Keel GAA Facebook page or pro.keel.kerry@gaa.ie or any of our club officers.

UNDERAGE TRAINING

It was great to see all the boys and girls of the parish back on the playing field last week. Thanks to the parents for ensuring return to play protocols were adhered to. We would also like to thank all our hard working coaches, field maintenance team, our Coiste na nÓg officers and registrar for getting everything ready for the week. Please note that your child can not attend training if your MEMBERSHIP is not paid and the RETURN TO PLAY is not completed.

UNDER 17

Training will take place in Keel on Wednesday from 7.45-9pm, in Listry on Friday from 8-9:30pm and Sunday from 9-10am. Please ensure your membership is paid and return to play to completed.

UNDER 15

Training will take place in Keel on Wednesday and Sunday from 6-7:30pm. Please ensure your membership is paid and return to play to completed.

UNDER 13

Training will take place in Keel on Tuesday and Thursday from 7.45-9pm. Please ensure your membership is paid and return to play to completed.

UNDER 11

The under 11's made a fantastic return last week. Great numbers and great big smiles were worn by everyone. Training continues Tuesday and Friday from 6:30 – 7:30pm. Players are asked to be at the pitch for 6:20pm. Please ensure your return to play forms are completed, gum shields are worn, and your child has a bottle of water with their name on it. We look forward to seeing you all on Tuesday and Friday.

UNDER 9

We had a great evening last Thursday with over 30 of our U9's back on the pitch. Training will take

place on Thursday from 6-7:30 and Sunday from 10:15-11:15 this week.

UNDER 7

It was fantastic to see the boys and girls back on the playing field this week. There were lots of fun games played and it was great to see the smiles again. Thanks to the parents for ensuring return to play protocols were adhered to. Training continues Sunday morning from 10:15 - 11:15.

FOSSA GAA CLUB

COVID-19

The key control measures remain completion of the online education module (which you can access and completion of the Health Questionnaire before each session (link to Health Ouestionnaire is on line)It is also important to remember that all indoor facilities must remain closed at this time. Attendance at Training in general, only players and coaches of the relevant team should attend any training session. One Parent or Guardian per child (or per family if more than one child is attending from a particular family) is permitted to attend in a safeguarding /supervisory capacity involving any team in the U-18 or below age group, should they consider it necessary. However strict social distancing and public health guidelines should be adhered to at all times. In particular, it is important that parents do not congregate in groups before, during or after sessions, outside of what is permitted in current Government regulations.

Any person wishing to attend our underage training or games including coaches, parents, players and spectators shall be subject to the provisions of the Code of Behaviour (Underage). We will continue to keep you updated as we receive further information but we would ask you to ensure that the Return to Play Document and this cover note is circulated to all Club Team Mentors and your Club Executive at your earliest convenience.

REGISTRATION

Most of our juvenile players have now registered and a big thank you to all. Senior players should register before commencing training on May 10th. General membership for non players should be paid by May 31st.(see clubforce)Gene Moriarty Registrar.

LOTTO

JACKPOT NOT WON.

13,14,15,27

€40 WINNERS

DONIE FOLEY, BARLEYMOUNT FOSSA; EOIN & CILLIAN MURPHY, MILLTOWN; TINA MYERS, BARLEYMOUNT EAST; PEGGIE WATSON, 27 ARBUTUS GROVE;

ERIN & CILLIAN CRONIN, 15 MAPLE RD MILL-TOWN. Next week's jackpot is €11,400. Tickets on sale from Foleys Spar Fossa, the Golden Nugget and our usual sellers. Thanks for the support.

DR. CROKES GAA CLUB

ACADEMY

On Saturday saw the return of our academy. It was great to see such big numbers for football and especially hurling. The great weather added to the occasion and the joy of the boys and girls was palpable. It's great to be back!! The academy is on every Saturday with hurling from 10 until 10 45 and football from 10 45 until 12. All from Killarney Parish are welcome and newcomers are especially welcome to give it a try and make new friends. Please update your child's health status on gaa return to play on the gaa website. Boys and girls from 4 to 11 and we look forward to seeing everyone again next Saturday

Enquiries please contact: John 087 2348824 or Gene 086 1720789. Grow it forward initiative with Dr Crokes' Healthy Club. Calling boys & girls from our Saturday Academy to grow your own food from seed and you can do it on your window sill. No fancy equipment needed. Get going....get growing.

MEMBERSHIP ONLINE MEMBERSHIP IS NOW DUE

All memberships are now due, all players & coaches will have to have paid before return to play from today as only registered members can enter the playing pitches all registration is online only,

DR. CROKES SHOP

you can now shop worldwide new selection of Jackets, gilets masks and snoods and other items. Shop online https/drcrokesshop.com

MAJOR CHALLENGE

we will be running another of our popular Challenge on the PGA to be played May 20-23. Entry Cards will be with usual sellers this week or may be played online www.drcrokes.com. Best option is to click on guest link which will bring you directly to the card and if not a member of Dr. Crokes. If you are a member the guest link will default to your Clubforce log in https/// member clubforce.com/membership

COVID UPDATES

From 10th May – Outdoor training is permitted at adult level in pods of a maximum of 15 people (including coaches). However, games are not allowed and indoor facilities must remain closed. From 7th June (and subject to the Public Health situation at the time) - Club games will be permitted at all levels but must be played "behind closed doors". We are currently liaising with the relevant Departments to seek further information on the finer details of what will be permitted at various points in the recovery plan. For the moment, we would ask for your patience in relation to questions you and the broader membership no doubt have in relation to the various return dates and the specifics of what will be allowed. It is our intention to issue a more detailed communication to Clubs and Counties next week and once further information is available. In the interim, we would remind all Clubs in the 26 Counties of the following:

- Until May 10th, only training for underage teams (non-contact and in pods of 15) is permitted.

"Underage teams" means any registered team at U-18 level or below.

- All indoor facilities must remain closed (exception: toilet facilities).
- Fundraising events on GAA property are not currently permitted.
- Gym facilities must remain closed (exception: Senior Inter County players may use their relevant Club Gym for individual training as long as they are following the advice in the Inter County Return to Training and Play document)
- [2] Inter County Challenge Games/U20 and Minor Training

The Allianz Leagues in Hurling will return on the weekend of May 8th/9th and in football on the weekend of May 15th/16th.

The broad announcements yesterday did not make any reference to when Challenge games will be permitted at inter county level. Nor was there any reference to when inter county U20 and Minor teams may return to training.

We are currently seeking clarity on these two points and will communicate directly with County Secretaries in this context once we receive it.

In the interim, we would ask for your patience while we complete this work and we look forward to communicating in detail with you all again as soon as possible in relation to the resumption of GAA activity.

2020 INJURY FUND EXTENSION

TO 31 MAY 2021

Given that no activity has been possible for January to March 2021 a further two-month extension of Injury Fund cover has been ratified by Coiste Bainistíochta. This will now take the 2020 cover term up until 31 May 2021.

This means that the GAA Injury Benefit Fund cover remains in place based on existing 2020 team registrations. Units do not need to register or pay for their 2021 teams until re-invited to do so. Details with regards to registering and payment for the 2021 GAA Injury Benefit Fund will issue once we have more clarity from Government as to what the coming months may look like.

It is a condition of the extended 2020 Injury Fund cover to 31 May 2021 that in advance of any permitted return to train or play in either April or May, "All players will still be required to be individually registered for the 2021 season on the new "Foireann" membership system." 2020 player registrations will "NOT" carry over into 2021 and cover will be declined if a player is not fully registered for the 2021 season in advance of any return to train or play in 2021.

Pause on "Loss of Wages cover" from 1 January 2021 Following discussion at a meeting of Central Council on Saturday 20th March last, it was agreed to review the following two options as alternatives to the current pause that has been applied to the loss of wages cover that forms part Marian O`of the wider Player Injury Benefit Fund.

1. Offer all our playing members who may feel that loss of wages cover is a prerequisite for participation in GAA activities for 2021 to individually subscribe to a stand-alone GAA endorsed personal injury cover plan for 2021.

2. Review the 2021 Injury fund premium payable by each of the 1,500 units and potentially increase this premium by 25% to partly cover €1.3m of the forecasted €3m fund deficit to May 2022 if loss of wages cover is to be reinstated during this term.

The funds ongoing deficit is primarily due to the absence of gate receipts during this term which ordinarily sub-vents the shortfall in the fund annually.

GENERAL

In a general context, while there are undoubtedly some challenges ahead for the Association, there is also plenty of hope that with the availability of vaccines and the roll out of the inoculation programmes North and South of the border, a summer filled with Gaelic Games activity lies ahead.

In the meantime, we await the upcoming government announcements and will continue to communicate regularly with all units. We also request that you keep yourself updated with all communications given the fluid situation that we now find ourselves operating in. Finally, we want to remind you all of the importance of personal responsibility for our actions in relation to Covid-19 as we work together to ensure the safety of everyone in our community.

BIRTHDAY GREETINGS to our Registrar Frances O`Sullivan who recently celebrated.

SYMPATHY to the family of Donie O`Sullivan on the death of his wife Aine, Donie played with us in the 50s & 60s before returning to Spa when they were reformed.. Ar dheis Dé go raibh a anam dilis.

MILLTOWN/CASTLEMAINE NEWS

CLUB LOTTO

Milltown-Castlemaine GAA Lotto Results: Kindly sponsored by Almas Takeaway

Saturday, 1st May, 2021 - Jackpot €12,600 Lucky Numbers: 01 – 27 – 30 & Bonus Ball: 15 There were no jackpot winners of today's draw so our consolation prize winners are:

€50: Jack Kearin / €50: Maureen Kerins €25: Fr Fergal Ryan P.P. / €25: Catherine O'Connor €25: Geraldine Clifford / €25: Peter Twiss

Congratulations to our winners and míle búiochas do gach duine, for your continued support of our Clubs Fundraising Lotto.

Next Draw – Tickets are available online with ClubForce and at all usual outlets for our next draw in two weeks time (Monday, May 17th, 2021) where the jackpot will be €12,600.

Go to ClubForce to play by clicking on the following Link https://bit.ly/39GTqt1

COISTE NA NÓG

The long awaited return to football arrived last Monday evening our U17 side were the first to return on the 26th of April and by the end of this week all juvenile teams will have returned.

It was fantastic to see the smiling faces of the players running out onto the field. Every inch of the fantastic new sand based surface at Paddy Burke Memorial Park was used throughout the week, thank you to all of the volunteers that made this possible.

A big thank you to Covid officer Claire O'Sullivan and to children's officer Shane Dinham who have been working hard to ensure both Covid and vetting procedures are in place for this week's return to football. A huge thanks to all of the coaches and covid supervisors who volunteered at each session, we are still looking for further

help in all areas please see the numbers below to volunteer. To offer to become part of a coaching team please contact Liam Doherty 086 041 3593 or lan Twiss 087 252 1053

To offer to become a COVID supervisor please contact Claire O'Sullivan 087 123 7101

CONGRATULATIONS

The warmest of congratulations to Keelin O'Reilly and Darren Horan on their recent engagement, Darren is a senior player here at Milltown Castlemaine GAA Club and Keelin is a very popular coach of our U8 girls team, we wish them all the very best for their future together.

FIELD DEVELOPMENT PROJECT

Over the last week or so there has been a huge effort by volunteers to get Paddy Burke Memorial Park ready for the clubs juvenile members to return to training. Many thanks to all the volunteers who have helped make the return to training possible.

This week the lighting poles have been secured further for our 600 metre community walkway which will have its own lighting system.

The rigid mesh wire panel fencing that surrounds the main pitch is also nearing completion.

There is big news coming up about the field development project so stay tuned during the week to our social media pages.

NATIONAL CLUB DRAW

'Last chance to get your tickets"

You can support our Clubs Community Walkway and field development project by buying a ticket for the National Club GAA Draw. Deadline for entries is the 14th of May.

Go to www.idonate.ie/raffle/Milltown-Castlemaine-Draw to enter for just €10 and be in with a chance to win a Renault Clio Car, All Ireland Packages and lots of cash prizes.

All proceeds go directly to Milltown/Castlemaine GAA club, thank you sincerely for your continued support.

FIELD MAINTENANCE

With the field now seeing plenty of action we would like to thank those responsible for the upkeep of the 20,000 sq metres playing surface at Paddy Burke Memorial Park.

A big thanks to Mike Quirke who has been cutting the field for the past two months and to Emmett Spring who had maintained the field up until that point through the early stages of cutting.

Mike has now been joined on the field maintenance team by Jonathon O'Sullivan and Sean Brosnan. Thank you to the whole team who have been very busy over the past few weeks cutting the field which takes over two hours each cut, three times per week. A big thank you also to Brendan Twiss has also been very busy spreading fertiliser on the playing surface.

CLUB MEMBERSHIP OPEN FOR 2021

Milltown-Castlemaine GAA Club Membership is now open for the upcoming 2021 season for anyone wishing to join or renew your subscription. All players, at every level, must be registered, to ensure that they are covered to train, play, and represent the club.

At a growing club, in the heart of the community, we actively welcome new players, families and volunteers, so please share this invite to anyone you feel may be interested in joining our club.

We have enabled online member registration to facilitate joining the club in these socially

distanced times. The registration link is: https://bit.ly/3x4Fvaa. If you have any questions on membership then contact us at mcgaaclubregs@gmail.com

ON-LINE CLUB SHOP

Back by popular demand: Milltown/Castlemaine Starter Packs

'Season Starter Packs' containing a Hat, Gloves, Shorts, Socks & gum shield for €42 or €50 if you require a 'spot-on' football

Please log into the club shop (https://milltowncastlestore.sumup.link/) to see what items are currently in stock.

·On-Line Lotto: Milltown-Castlemaine: On-Line Lotto Site

On-Line Club Shop: Milltown-Castlemaine: On-Line Club Shop

· GAA National Club Draw: Milltown-Castlemaine: National Club Draw

EAST KERRY GAA NEWS

By Michael O'Mahony

DATE FOR THE DIARY -MEETING OF EAST KERRY GAA BOARD ONLINE

Wednesday 19th May 2021 starting at 8pm

The Agenda and Link for Delegates to attend the Online Meeting will be circulated to club Secretaries

Our deepest condolences to Donie O'Sullivan former Kerry star & East Kerry star and family on the passing of his wife Dr. Aine O'Sullivan RIP (Tiernaboul and Michael Griffin RIP Firies May they Rest in Peace

COACH EDUCATION

Vince Cooper East Kerry/Kenmare GDA and Colm O Brien South Kerry Hurling completed Dual Foundation Level course on Thursday. PS Sliabh Luachra Rathmore 5th Year students took part with theory and practical modules delivered over the three day course. All students will receive GAA Foundation Level Certificate. The standard of football and hurling coaching delivered by all twenty students was excellent. Five clubs were represented on the course with these talented students performing all course modules to a high standard. It is hoped that all twenty students will support local clubs during the coaching season. Nodhlaig Davern (Teacher) played a vital role in the course delivery supporting the event. This was much appreciated by GAA Tutors Vince Cooper and Colm O Brien.

COVID UPDATES From 10th May – Outdoor training is permitted at adult level in pods of a maximum of 15 people (including coaches). However, games are not allowed and indoor facilities must remain closed.

From 7th June (and subject to the Public Health situation at the time) – Club games will be permitted at all levels but must be played "behind closed doors".

We are currently liaising with the relevant Departments to seek further information on the finer details of what will be permitted at various points in the recovery plan. For the moment, we would ask for your patience in relation to questions you and the broader membership no doubt have in relation to the various return dates and the specifics of what will be allowed. It is our intention to issue a more detailed communication to Clubs and Counties next week and once further information is available.

In the interim, we would remind all Clubs in the 26 Counties of the following:

- Until May 10th, only training for underage teams (non-contact and in pods of 15) is permitted. "Underage teams" means any registered team at U-18 level or below.
- All indoor facilities must remain closed (exception: toilet facilities).
- Fundraising events on GAA property are not currently permitted.
- Gym facilities must remain closed (exception: Senior Inter County players may use their relevant Club Gym for individual training as long as they are following the advice in the Inter County Return to Training and Play document)

[2] Inter County Challenge Games/U20 and Minor Training The Allianz Leagues in Hurling will return on the weekend of May 8th/9th and in football on the weekend of May 15th/16th.

The broad announcements did not make any reference to when Challenge games will be permitted at inter county level. Nor was there any reference to when inter county U20 and Minor teams may return to training.

We are currently seeking clarity on these two points and will communicate directly with County Secretaries in this context once we receive it.

In the interim, we would ask for your patience while we complete this work and we look forward to communicating in detail with you all again as soon as possible in relation to the resumption of GAA activity.

LEGION GAA CLUB NEWS

JUVENILE ACADEMY

We are back, with a massive turn out of all ages on Saturday morning at 10:30am we were delighted to open the gates and welcome all our girls and boys back to action, All new members are always welcome. See ye next Saturday morning in Direen for more fun and football.

ONE GOOD CLUB

Can't get a pair of boots to fit those growing feet? Call to the Legion Boot Room and take your pick! Drop off pre-loved boots that no longer fit your kids. Take a pair to get you through the next while until shops are open again.

(You don't have to drop a pair to take a pair....Feel free to call up and take your pick!)

Play Fair

All we ask is that any boots dropped off are clean and in *good condition*!!!

Please leave the Boot Room tidy for the next visitor. Observe physical distancing at Club Grounds. The Legion Boot Room is located at the Referee's Dressing Room next to the main entrance to clubhouse at Direen.

#give #OneGoodClub

CLUB MEMBERSHIP

Registration for membership is available online. Please register in advance of the Return to Play (juveniles). Click on the link below to select your membership options and pay securely online.

RETURN TO PLAY GUIDELINES FOR JUVENILE PLAYERS*

In order to comply with GAA/LGFA Return To Play protocols, parents / guardians must complete the following on behalf of juvenile players PRIOR to returning to play from Apr 26th

A - All children registered within a 'family' on the GAA/LGFA system ("Foireann")

B - Membership registered and paid for 2021

C - Health questionnaire completed and submitted prior to session

NOTE

Parents/Guardians are required to complete a short online Covid Education course *if they haven't already done so in the last 12 months* Many of you will have completed this in 2020 and received a certificate for same.The course can be found at https://courses.gaa.ie/Covid19ClubEd/#/

A - REGISTER ON FOIREANN

1. Go to www.foireann.ie

If you used the 'Return to Play' system last year for completing online health questionaire you will already have a username and password for the system. Choose links for 'forgot password' or 'forgot username' if needed, otherwise register as a new user.

- 2. Complete your profile details and select Killarney Legion as your club. Select the association (GAA/LGFA).
- 3. Choose 'Family' from the menu and select 'Add New Family'. Add children and invite other parent/guardians as neccesary.

Note: Please add children using this method even if they were previously added last year to the 'Return to Play' system. Adding them to the 'Family' will link the profiles correctly.

B - MEMBERSHIP

Once you have completed your profile (and family if relevant), you can now pay online for your membership within Foireann. Alternatively go to https://legiongaa.com/membership/ for all registration options - Note: There is no in-person registration day this year

- 1. Choose 'Membership' from the menu and select 'Register' for your chosen option.
- 2. Add the member(s) and association(s) (GAA/LGFA)Confirm all details are correct, Read and agree to the club Code of Conduct
- 3. Complete online payment with card (using secure payment provider Stripe)

You should then receive 2 emails confirming your payment and membership registration

C - Health Questionnaire

1. Log in at www.foireann.ie

Go to Health Questionnaire section on your 'Dashboard' on the homepage

- 2. Choose 'Add New' to enter a health questionnaire on behalf of your child
- 3. Complete questionnaire and submit

See these instructions online:

https://bit.ly/LegionRTP21

LEGION LOTTO

Support the club via our weekly lotto!!! Play online: https://cutt.ly/sy5EIUC

Or get tickets at: Hegarty's, Sheahan's Centra, Healys, new st, ulster bank, The Reeks and FourStar Pizza. This is our most important avenue for fundraising - thank you for your suppprt. Jackpot \in 6,300 plus bonus \in 10,000.



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CLUB MERCHANDIZE

Our shop remains open for orders - Plenty of stock Available - 1/2 zips , jackets, hoodies, bags, hats and kits for juveniles. Place your orders direct with Maura on (087) 763 4372.

CONGRATS

Congratulations to Paula Breen & Gary Pierce on the birth of their baby boy Mason Patrick this week.

BALLYHAR-FIRIES GAA

2021 MEMBERSHIP

Our club membership is now open for all players and members.

A new system of registration is being introduced this year through the return to play app (www. foireann.ie) that was used last year to declare players were healthy to attend training. All registrations should be completed under this system and payment for all standard membership is paid online. Go to www.foireann.ie or Follow the links on our social media accounts. Alternatively, you can make contact with Club Secretary Kevin Cronin, Peter Costello, Paudie O'Sullivan Hurling or Fiona Walsh or any club officer/ Mentor or Member and they will be able to give you further details. All players must be registered before playing or training. Membership is now live.

Family Membership - €100

Adult Member - €55

Adult Player - €65

Juvenile - €30

Student (over 18) - €40

Remember no membership no play. It should be noted for familys registering for membership on the foireann system, they should setup a family first, create an account for your spouse/partner and add any kids to the family section. Once you do that and go to buy adult and kids membership, their names are populated in the drop down menu. Please note that membership will close on the 31st of May.

COISTE NA NOG

Firies GAA would like to welcome back all young players and coaches and we wish them the very best of luck for the year ahead and most

important enjoy yourselves.

Academy Football Training coninues to the pitch in Farranfore with Boys U5, U7 & U9 and Girls U6, U8 & U10 on Saturday from 10.30 to 11.30. Looking forward to welcoming out U5's this week. Hurling Academy Continues on Sunday for Under 5, U7 & U9 from 11am to 12pm. All new players welcome. All players are reminded to bring their own water bottles and two euro. Parents are encouraged to drop and go. Remember No membership/No Health Questionnaire - No play.

LOTTO

Lotto results from Monday 3rd May Numbers drawn were: 3, 12, 15, 27

No jackpot winner

5x €30

Hannah McGillicuddy, Ballyhar

Frank O Connor,c/o Butch

Bridie Grady, c/o Butch

S Kennedy, c/o Butch

Marie Brosnan, Farranfore

The next draw will take place on Monday 10th.

Thanks to everyone who purchased a ticket and don't forget to get one for next week!!

Get your lotto tickets online via the Firies page on Clubforce or tickets are also available to purchase physically in some of the local shops incl. Aherns Pharmacy, Farranfore, Sherwood Bar and Restaurant Farranfore, Sheehans Shop Farranfore, Moriarty's Centra Farranfore, Bridies Shop Firies, Hendersons Shop and Bar Firies and from all the usual sellers. We thank these businesses for their continued support. Thank you all for your continued support. Due to challenges associated with club finances through Covid-19 we would request that members consider participating in the Club Lotto which is the key fundraising platform for the club.

SUPPORTING LOCAL

Calling all the fine people of Firies, Farranfore and Ballyhar; Firies Football, Hurling and Ladies Football Club require your assistance. Times are very challenging in the current environment for both our local businesses and our club. The generous people at the construction company Gagamuller Group @iamgagamuller are affording the club an opportunity to secure €5,000 of sponsored club gear, but your help is needed to support all those local businesses

within the parish. Follow the instructions below, keep tagging and keep supporting

The competition began on Monday, 19th April and ends 5pm on 21st May 2021.

FIRIES GAA WEBSITE:

The Club is in the process of getting the website updated and this is a call out to all club members who may have any old photos, match reports, Club History pieces or any other information relevant to the club. If you would like to see this information on the club website, could you please email it to pro.firies.kerry@gaa.ie.

CURROW COISTE NA NOG NOTES

RETURN TO PLAY

We were delighted to see our juvenile teams return to the playing fields this week. Our teams will continue to train once a week on the following days:

U15: Wednesday at 7:00pm

U13: Friday at 6:00pm.

U11: Monday at 6:15pm

U5,U7,U9: Saturday morning at 10:00am.

All players must bring their own water bottle, gum shields must be worn. Any outstanding membership fees must be paid in this week.

PRICES ARE AS FOLLOWS:

€40 – 1 child,

€80 – 2 children

€120 - Family

KELLOGG'S CUL CAMP

We welcome back our underage players, coaches, and parents. We have more good news as the dates have been confirmed for the GAA Cul Camps. The date for the Currow camp is July 26th to 30th. All bookings will take place online. We will let you know when bookings will open.

ONLINE CLUB SHOP OPEN

check out the newest 'official' Currow GAA Club Merchandise – only available to order on this link (free delivery on any orders over €50) see link https://www.oneills.com/shop-by-team/gaa/ireland/currow-gaa.html.

Kerry Racing News

Bryan Cooper is no stranger to success on the biggest of stages and his winning turn at last week's Punchestown festival arrived on Friday when he teamed up with Willie Mullins to land the two-mile five-furlong handicap chase on the Marie Donnelly-owned Asterion Forlonge. Undoubtedly a most popular winner with punters, the classy seven-year-old was sent off at odds of 11/4 favourite and skipped clear in great style from the penultimate fence to beat the Henry de Bromhead-trained Walk Away by 14 lengths.

OTHER RACING NEWS

Two legendary Irish trainers captured the first Classics of the season at Newmarket last weekend. Jim Bolger sent out 16/1 chance Poetic Flare to win the 2,000 Guineas on Saturday and immediately declared that his Kevin Manningridden winner was "the most complete racehorse I've ever had". The following afternoon, Aidan O'Brien won the 1,000 Guineas for the seventh time as the Frankie Dettori-ridden Mother Earth prevailed by a length at odds of 10/1. Both horses could reappear in the Irish Guineas at the Curragh in three weeks' time.

UPCOMING FIXTURES

1.45pm).

Curragh – Monday, May 3 (First Race 1.30pm)
Down Royal – Monday, May 3 (First Race 1.40pm)
Ballinrobe – Tuesday, May 4 (First Race 4.30pm)
Gowran Park – Tuesday, May 4 (First Race 1.35pm)
Gowran Park – Wednesday, May 5 (First Race 4.25pm) Tipperary – Thursday, May 6 (First Race 4.20pm) Downpatrick – Friday, May 7 (First Race 1.50pm) Cork – Friday, May 7 (First Race 1.55pm)
Cork – Friday, May 8 (First Race 1.55pm)
Naas – Saturday, May 8 (First Race 1.05pm)
Killarney – Sunday, May 9 (First Race 2.00pm)
Leopardstown – Sunday, May 9 (First Race

IF YOU HAVE A SPORTING STORY... Contact Aisling on: 086 0400 958

GNEEVEGUILLA ATHLETIC CLUB

LOTTO

No winner of our lotto €18,600 on 30/04/2021, numbers drawn were 2, 7, 12 & 13. Sellers prize winner Mairead Carmody. €50 y/t prize to Tom Fitzgerald Gneeveguilla, €50 to Ester O' Connor San Francisco, €40 each to Freya McAuliffe Cullen, Caroline & Darren Heelan Cullen & Annie McIlroy Lisheen. Bonus not won numbers drawn were 12, 15, 23 & 25. Next week's jackpot €18,800 plus €1,000 bonus.

TRAINING

Delighted to announce that training is back for children born in and before 2013. Training commences Tuesday 11th May in Gneeveguilla GAA grounds @ 7.00 pm & Thursday 13th May in Barradubh @ 7.00 pm. Please note a form must be filed in for each parent and child attending. Membership must also be paid €15 per juvenile and €25.00 per adult. , we have reduced the juvenile fee due to current circumstances. Parents and followers will be required to help out at training. Those attending are asked not to assemble in groups and all adults are required to wear a mask & bring sanitiser. Please obey the stewards.

YEARLY LOTTO TICKET RENEWAL

For those who in the past renewed their tickets on January 1st, your membership is now due

for renewal. We would appreciate if you can arrange to have your membership renewed.

KILLARNEY RFC NOTES

TRAINING IS BACK

Last week heralded the much awaited return to rugby for our underage teams. Squads from U6 to U18 trained in pods and all were absolutely thrilled to be back on the training pitch. We will continue to train until the end of May and new players always welcome.

TRAINING TIMES

Our training times are as follows: U14/U16/U18 Girls: Wednesday @ 6pm U14 Boys: Wednesday @ 7:30pm U16/U18 Boys: Thursday @7pm Minis (Boys and Girls) Saturdays U6/U8: 10am - 11:30am U10: 10:15am - 11:45am

U12: 10:30am - 12 midday FOR FURTHER DETAILS CONTACT MINIS

Liam Murphy 087-4145662. Youths Boys: John O'Connell 086-8525116 or Girls Youths Fiona Landers 087-2304689 or Anne Gabbett 086-3125722.

MUNSTER RUGBY SUMMER CAMP

The fantastic Munster Rugby Summer Camp returns this July and takes place between 26th and 30th of July. Open to boys and girls up to te age of 12, the camp takes place at our pitches at Aghadoe each day. For further details or to book a spot simply log onto our facebook page or the Munster Rugby page.

ST. BRENDAN'S ROWING CLUB

TRAINING

Everyone is looking forward to getting back to training once the restrictions allow. If any new members would like to join for the upcoming season please contact our secretary Brendan Cahill on 0879492843 and he would be happy to organise a training session with you.

A NOTE OF SYMPATHY

The club would like to express our condolences to Geraldine Doherty and family on the passing of her mother Anne Daly.

We would also like to offer our condolences to club president Donal O' Donoghue and family on the passing of his uncle Seán O' Donoghue. Ar dheis Dé go raibh a n-anamacha dílse

LOTTO

Our Club Lotto is running every week and raising much needed funds for the club. Winners are posted on the club Facebook page at the end of each month. Please follow along for updates. Congratulations to all our winners to date.



Killarney RFC U16's girls from last weeks training session.

Members of Killarnev and District Motor Club gathered for a 'Sunday Spin' to coincide with the traditional weekend of the annual cartell.ie International Rally of the Lakes. The spin was also dedicated to the memory of the late club officer Johnny Hickey, who always played such a prominent role in the rally. Included in front are Darren McCormick, Clerk of the Course, and Dan Keane, Deputy Clerk of the Course, and the members all drove their own cars for a spin to Molls Gap, a stage that is synonymous with the rally.

PHOTO: EAMONN KEOGH





JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...



GAA Shane Lowry Sponsors Offaly

Long before young Shane picked up his first golf club, the Lowry's were famously steeped in Offaly sports. They were also very prominent on Offaly's most famous sporting days. Seán, Michael, and Brendan Lowry were all on Offaly's panel on that famous September day in 1982 when they ended Kerry's dream of five All Irelands in a row. In six All Ireland finals, Brendan Lowry was the only player to score a point off Jimmy Deenihan. Most significantly, it was Seán Lowry, probably the best footballer of the brothers (he would later win a Connaught title with Mayo in 1985) who intercepted Mikey Sheehy's pass to Eoin Liston in the 68th minute of the 1982 All Ireland Final. A minute later Liam O'Connor was sending in a high ball towards Kerry's Tommy Doyle and Offaly's recently introduced substitute, one of the few players who had been on the panel for their 1971 victory over Kerry, one Seamus Darby.... let a veil be discreetly drawn, ye don't need me to finish that particular story! Suffice to say that the Lowry name is not unfamiliar in sports fields in either Offaly or Kerry.

Shane, Brendan's son, has been thriving at another code ever since his brilliant golfing breakthrough in winning the Irish Open in 2009 at 22 years of age (he had to turn the €500,000 prize because of his amateur status!), including winning the 2019 British Open. He has been having a great 2021, earning \$1.25 million so far this year. Shane, famously down to earth and loyal to Offaly as well as a big GAA supporter, has come on board as a sponsor of Offaly GAA. He will be making an undiosclosed contribution to the county over the next five years.

Offaly chairman Michael Duignan said: "On behalf of Offaly GAA, I wish to sincerely thank Shane for coming on board as a Partner of Offaly GAA. We are all excited by the prospect of working with Shane in the coming years as we strive to improve the fortunes of the county. Shane has inspired us all in Offaly by the way he has progressed to the upper echelons of world golf and we are all extremely proud of his achievements. Shane has pledged his support to help our players of all ages to fulfil their potential. His passion, ambition and honesty of endeavour, while at all times remaining humble and grounded, are leadership attributes that we are looking to enhance in the culture of Offaly GAA."

CAMOGIE Eixtures Boyer

Fixtures Revamp

I'm afraid it's all a bit up in the air as I write this; hopefully we have better clarity by the time you read it. The Camogie Association, like most of the sporting associations in recent days, released a roadmap of fixtures for the coming months. Where the GAA and LGFA have incorporated a split season between inter-county and club games, the Camogie Association haven't yet done so. And the truth is that at the top level of the game, tensions have been building around this for even longer than in the mens' game, this goes back at least one generation. Add in the issue of dual players - always a colossal issue for Cork in particular – and you can see why the pot was already boiling. There was a big reaction to the fixtures list, so much so that the GPA issued a survey to inter-county camogie players. 752 responded, with a whopping 632 (84%) saying that they would not participate in the National League as structured

The GPA outlined in a statement their support for the players' stance and for a split season.

The Camogie Association decided to take that player feedback on board and to take time out to consult further before deciding on a final fixtures programme. The first step in that

process was to carry out a poll of clubs and members over the past week.

It looks like the fixtures list will be redrawn, almost certainly incorporating a split season in some form. I don't have a problem with any of this, by the way, or see any need to be assigning blame anywhere. Administers administered, players responded, and their feedback was taken on board. That's exactly how it should work.

SOCCER

"Smile at us, pay us, pass us; but do not quite forget, For we are the people of England, that never has spoken yet."





Chesterton's 'The Silent People' is one of my favourite poems of all time - seriously, check it out. If you're not into poetry, it will change your mind. It's about the power of ordinary people when roused. Last weekend we saw it in action, when supporters vented their feelings about the Glazers at Old Trafford. They don't like the Glazers, who effectively borrowed Man United's money to buy Man United and have been taking money out of it ever since (check the accounts. It's like a blueprint for how not to run a soccer club). The attempt to set up a Super League was the heavy straw that broke their backs and roused their wrath. And I'm absolutely fine with it. Fair play to those supporters. It was organised, peaceful (for the most part – one person got his face slashed and I hope criminal charges arise there). There have been attempts by authorities to claim that it was out of hand. Yeah, ye tried that horse manure after Hillsborough as well, remember the claim about drunk Liverpool pickpockets? The people didn't stay silent that time either, though it took years.

There is a certain irony in the BBC commentators like Shearer condemning the cancellation of Liverpool v Man United, and Sky commentators like Keane, Carraghaer, and an endearingly irate Neville (I'm sorry, I like him, but I cannot take that man seriously) backing the protesters. Ye do know which one of ye operates behind a paywall, yeah? Ye do know that it was Sky's alliance with the new Premiership that kickstarted the over-commercialisation of the game? Nonetheless, good luck to everybody involved. Except the Glazers.

PREMIERSHIP HALL OF FAME

The English Premiership has been talking about establishing a Hall of Fame for a couple of years now, and the first inductees were named recently. Alan Shearer, Newcastle's most famous son (go on, name somebody else from Newcastle – I checked, you've got Sting, Cheryl Tweedy-Cole-something, or Ant and Dec) who won his only title with Blackburn Rovers, is in. Best Premiership player ever in my opinion (Ronaldo had not reached his peak when he left). Shearer could be fox or sniper, two-footed, bullet headed, had composed aggression.... genuinely brilliant. Brutal pundit, ironically enough.

Thierry Henry is second, I have no argument. He wasn't as consistent over years as Shearer, but at his peak he was unstoppable. Moreover, he did it with flair. There are still a few grumbles about his famous handball against us – arrah, get over it, the FAI did far worse to Irish soccer than Thierry Henry ever did.

Look, we can all throw out obvious names for inclusion. I'm not going to start listing them, there's a whole tranche of names on social media if you want to indulge yourself.

Personally I'm in favour of Halls of Fame in sport.



It's a nice way to honour players of the past and keep their stories relevant to young supporters. It's also fairly cheap and easy marketing, to be honest. But I have an issue with the 'Premiership' Hall of Fame. There has been this pretence in England, or at least in the media and marketing, that soccer only started in 1992. Having an English Hall of Fame and leaving out the likes of Dixie Dean, Bert Trautmann, Stanley Matthews, Stan Mortenson, Jimmy Scoular, Wilf Mannion, Tom Finney, Duncan Edwards, Bobby Charlton, Bobby Moore, Jimmy Greaves (check out his

goal to game ratio some time, he beats Shearer comfortably), Denis Law, George Best, John Charles, Billy Bremner, John Robertson, Archie Gemmell, Dave McKay, Danny Blanchflower, Ian Rush, Graeme Souness, John Barnes, Kevin Keegan, Kenny Dalglish, Pat Jennings, Neville Southall, Glenn Hoddle....I have to stop myself. I could name a hundred who should be in the Hall of Fame, and about 12 of them would come from the Premiership. As far as I am concerned, honour all of your history, or you honour none of it.

O'NEILL HELPS SHAMROCK ROVERS TO RECORD

I remember Gary O'Neill playing for Kingdom Boys as a young lad. To be honest, I always thought that he was tidy and economical rather than brilliant - which shows you why I won't be replacing Stephen Kenny any time soon. He was a key figure in Kerry coming seventh in the Kennedy Cup in 2009 - Roy Kelliher, Darragh Roche, Kevin Bowler and James McCarrick were local players on that team. God be with the days, we've fallen off a cliff since our 2015 win in that competition, getting rid of Brendan Hogan as coach was a disastrous move. Gary always worked very hard and constantly improved, carving out a very good career for himself. Last weekend he hit the target for champions Shamrock Rovers in their 3-0 win over Waterford. They have gone 30 games unbeaten, a new League of Ireland record.

Treaty United are also unbeaten, but just about. They coughed up an equaliser in the 89th minute, went behind in the 95th, and levelled in the 97th!

RUGBY

Champions Cup Semi-Final: Leinster 32 La Rochelle 23

Ah well. They made a great start, but couldn't stay with Ronan O'Gara's outfit over the eighty minutes – I'd say at this stage a lot of Irish supporters are looking at Andy Farrell and thinking about O'Gara, to be honest. I like the way the Corkman has slowly and carefully developed his coaching from the bottom up,

and done it in the deeper pool of French rugby rather than the domestic scene.

Confession time. Hearing that Dublin footballer David Hickey played for La Rochelle – Hickey, frankly, is one of my all time heroes – and being a Munster man meant that my sympathies were somewhat divided here. Of course I should support the Irish team, but.....

When I say a good start, I mean Leinster lorded possession, won four penalties and scored a try in the opening nine minutes through a leonine Tadhg Furlong. Ross Byrne – surely Tánaiste to Johnny Sexton's Taoiseach and making his 100th appearance for Leinster - converted. Ihaia West put La Rochelle on the board with a penalty and added a nice drop goal, but things looked ominous for them when Byrne slotted over twice. 13-6 to Leinster. West trimmed the gap with another penalty - the French were being outplayed but they were hanging on. Another West penalty and it was a one point game at half-time - alarm bells should have been ringing in the Leinster dressing room. La Rochelle were always going to improve from their awful showing at the start. Leinster had been much better than them, so why the tiny margin?

Sure enough it evaporated as West split the posts again. Ross Byrne replied in kind but Leinster lost James Lowe to a yellow card – I love the extra dimension that Lowe brings to attack, I really do, but he has to improve in the basics. That gave West the chance to put La Rochelle back in front. Their pack was taking control now and Leinster were blowing a bit. They managed to stop La Rochelle on the line, but at the cost of a 5 metre scrum – meat and drink to a French outfit and they powered

over. 25 – 16, and Leinster in trouble. With seven minutes to go, big Skelton went over in the corner and that was basically game over, despite Ross Byrne's late consolation try. A tough day for Leinster, but it's been a very good season overall for them.

Challenge Cup Semi-Final: Leicester Tigers 33 Ulster 24

This one will sting. Not because Ulster were poor - they weren't, they actually played well for a lot of this game. And in a very real way, that makes a defeat like this much worse. It's one thing to be well beaten by a better team. That happens to everyone at some point; you've done your best and you were outclassed. A few years ago that was happening to Ulster a lot but fair play to them, they improved a lot since then. But Ulster were not outclassed here. Ulster led by 17-6 after a first half that they dominated with some very good rugby. But then Leicester Tigers came back at them in the second half.... and I'm sorry to say it, but Ulster folded the tent. This was a test of their character. Hunt or hide, and Leicester went hunting, Ulster went hiding. Like I said, this one will sting.

You can argue that Ulster losing John Cooney after an accidental collision was a key turning point, but losing one player shouldn't stymie a cohesive team by this much. And you can argue that Leicester's introduction of Ben Youngs to combine with George Ford and lift the team to an entirely new level was crucial. But how can you be surprised at either of that pair lifting it? It's what they always do, two very good players. Incidentally, Youngs has withdrawn from selection for Warren Gatland's Lions team in order to stay at home with his pregnant wife

(old school purists would have been appalled at the notion. Then again, they lived in caves and hunted woolly mammoths). It leaves the door open for the likes of Conor Murray, while John Cooney's performance here definitely brings him into contention. Leicester scored twenty points in twenty minutes; you don't let that happen. Look, I'm not going to pretend to be politically correct. When it's starting to slip away from you like that, that's when you take a grip. Not necessarily in a nice way. You start an argument. You grab a fella's jersey. You exaggerate an injury. Tie your shoelaces. It doesn't matter how you do it. Stay on the right side of the referee's line, but slow it down. Regroup and let the game come back to you. Don't keep charging into the morass and coughing it up. Do I sound cynical? Too bad. Welcome to the big leagues. Ulster aren't there

Fiji Tour Cancelled

The IRFU have confirmed that Ireland's scheduled tour to Fiji in July has been cancelled after a coronavirus outbreak on the island. It's a really unfortunate situation, more so for Fiji than for Ireland - we at least had Nations Cup and Six Nations games to keep us going, whereas Fiji have had multiple games cancelled in recent times. However, there is no question but that it is also the correct decision, and well done to the IRFU for grasping that nasty nettle early and firmly. They are now looking at alternatives, which will probably be closer to home and more practical in current circumstances. "A great deal of effort has gone into the planning of the tour which was predicated on a safety first approach," said IRFU performance director David Nucifora. "Fiji up until this point had been relatively untouched by the pandemic but that picture has quickly changed and unfortunately it is no longer viable to proceed with the tour."

Ireland manager Andy Farrell had ruled himself out of the Lions coaching staff in order to focus the Ireland tour – and I'm quite pleased about that. I know it will be blasphemy to some, but the Lions Tour is basically a series of glamorous friendlies. The Irish team is where the game lives and breathes on this island (I wish that more attention was paid to the club leagues, but that's a discussion for another day), and I'm glad that Farrell appreciates that.

CJ Stander named Honorary Limerick Man

There is a certain irony in CJ Stander being awarded honorary Limerick citizenship (it's more platitude than substance really, but it's a nice touch all the same) just when he is about the leave the place. Stander has lived in Limerick since 2012 and was previously an 'Honorary International Ambassador for Limerick' (a what? I have no idea what it even means. Could he sign treaties or trade deals?). Stander scored 42 tries in 153 appearances for Munster and was named the club's Player of the Year a record three times. The 31-year-old, who also earned 51 caps for Ireland since making his Test debut in 2016, will retire at the end of the season and is expected to return home to South Africa.

ATHLETICS

Ireland Relay Teams Qualify for Tokyo

It's not exactly a secret that Ireland have an exciting array of athletic talent right now - Mark English, Nadia Power, Síofra Cléirigh Buttner, Georgie Hartigan, Sophie Becker, Ciara Neville, Leon Reid, Cian McPhillips, Sarah Lavin.... I'm not for one second suggesting that we start talking about medals - anyone who starts on about that crack simply has an embarrassing lack of notion about exactly how competitive the absolute elite of world sports is, and I very doubt if there is any sport out there with more genuine competitors (athletics is by far the cheapest sport in the world to access; you need a human body and open space; that's it) or finer margins (we are talking about milliseconds between medals). But when people talk in world terms about athletics at this grade, Ireland is in the conversation; that's a vastly bigger achievement than people recognise. And last weekend that conversation got a little bit louder. Ireland sent a strong team to the World Athletics Relays in Chorzow, Silesia, Poland. They didn't just meet expectations they far surpassed them.

Chris O'Donnell, Phil Healy, Sharlene Mawdsley, and Thomas Barr qualified as fourth fastest of 24 teams (the world's elite, remember?) in a time of 3:16.84, easily inside the qualifying time for Tokyo. Andrew Mellon came in for Barr in the final, where they ended up finishing seventh

(their time in the heat would have netted silver) – no matter, they had already done the job they came to do.Then it was the turn of the Ireland 4 x 200m Ladies, and things got even better. Aoife Lynch burst out of the blocks for a great start before passing the baton to Kate Doherty, who maintained the pace. Sarah Quinn in the third leg broke 25 seconds for 200m and you could see the few Irish supporters rising to their feet as she closed on the waiting Sophie Becker, whon brought it home with a powerful finish. In the end they had a new national record of 1:35.93, silver medals, and perhaps most important of all, plane tickets to Tokyo.

WORLD SNOOKER CHAMPIONSHIP

Mark Selby Takes Fourth Title

He isn't the kind of guy who attracts nicknames like 'Rocket' or 'Hurricane'. In fact, there were complaints about his slow play – to which an unruffled Mark Selby calmly replied that he has always supported the introduction of a time clock. That's ball back in yere court, gentlemen, put up or shut up. They shut up. Selby showed the same kind of composure in methodically picking off Shaun Murphy to take his fourth World Snooker Championship.

HORSE-RACING

Rachael Blackmore Champions Hurdle

Rachael Blackmore is having the kind of year that Disney make movies about, and it got even better last weekend. Mind you, riding for Henry de Bromhead's stable gives her a big advantage – de Bromhead's horses didn't do quite as well at Punchestown as expected, but the remarkable Honeysuckle once again came up trumps with Blackmore on board in the Grade One Champions Hurdle to add to her crown at Cheltenham.

Mind you, Rachael narrowly misses out on this year's Champion Jockey title, that honour goes to Cork jockey Paul Townend. He won his 100th race of the season at Punchestown, giving him an unassailable lead over Rachael and quaranteeing him his fourth title.

Rachael Blackmore narrowly misses out on this year's Champion Jockey title, that honour goes to Cork jockey Paul Townend.



I've been a huge fan of Katie Taylor for a long time (yeah, really sticking my head above the parapet on that one - is there anyone in this country who isn't?), not just for her phenomenal talent, but also for her down to earth attitude and sheer likeability. But ever since that absolute cracker of a contest between herself and Natasha Jonas back in 2012 (it's on you tube and well worth a re-watch), I always liked the Englishwoman as well. A great boxer, dogged and tough as they come, she's always been superbly gracious in both victory and defeat. At 36 years of age and after a surprise but merited defeat to Viviane Obenauf, Jonas went into this one very much as an underdog. I honestly had a few doubts, though, I had a real suspicion that Jonas would be a lot more durable and a harder hitter than most people were expecting. I was right (be kind; I so very rarely get to say that!). It was another classic, real heart and skill in the ring.

Jonas caught Taylor with a good early shot, but Katie was already moving faster and landed a good flurry late in the first to set the tempo. She took the second as well, but where Katie has lightning speed, Jonas has serious punching power and landed really solid hits in the third. Jonas just about shaded the fourth but Katie definitely took the fifth - I thought it was the beginning of the end. I'd forgotten how tough Jonas is, she fought her way back into it admirably, took the seventh convincingly and probably shaded the eighth. I was worried now. Katie with the ninth - Jonas looking tired but defending well, Katie very much the aggressor. Very fine margin, one punch in the last round could tip this one....and Jonas landed a big left with a minute to go. But Katie responded in her own inimitable way, suddenly unleashing a rapid and considered onslaught that had Jonas just hanging on. Unanimous decision, albeit on very tight margins, and Katie retains her four belts on 96-94, 96-95, 96-95 scorelines (good judging and no controversies). Once again two great fighters were composed and gracious afterwards. Definitely the fight of the year so far, one of the best fights in several years.

That was an undercard fight but easily deserved top billing. Parker v Derek Chisora was a bit 'meh', to be honest about it; I found it hard to pay too much attention. Both of these are decent fighters, but neither is going to trouble the top rank and Parker recovered from an early blip easily enough



to overcome a 37 year old Chisora without showing anything special.

Chris Eubank Jnr. - attracting a lot of attention and sponsorship and, in fairness, showing a lot of quality along the way – took on Marcus Morrison in a middleweight bout. I paid money to watch these fights so I wasn't missing anything, but this always had the feel of a mismatch to build up a record for the future, and so it proved. What I didn't know was that Eubank Jnr. has taken to calling himself 'The New Jam'. It's none of my business what a lad chooses to call himself, it's a free and non-judgemental world and all the better for that, but....no. 'The New Jam'. Just no. I won't be following this career too closely; I'd say he'll be fighting youtubers before too long.

Belfast fighter James Tennyson was the first fight on the card. It was over very quickly (way too quickly for me – to be honest, I was making a cup of tea and basically missed most of the first round stoppage). Look, it happens. Sometimes a boxer is just caught early and can't recover to show what they can do; it's not really a fair assessment of their potential. I suspect that to be the case here, but I don't actually know. Tennyson is young and can come back.

Michael Conlan v Ionut Baluta

Another good one, and the full fight is on youtube. Two very good fighters went for it and there was very little between them. Conlan is best known, of course, for an extremely controversial defeat at the Olympics, where he was quite clearly much the more aggressive fighter. While there was obviously a major problem with the judging at the Olympics (it hugely tarnished the reputation of boxing - and they haven't helped matters since with a lot of unsavoury characters - not that an Ireland who have declined ever since they effectively forced out Billy Walsh can say too much), I wasn't entirely convinced. While most of Ireland convulsed in self-righteous rage, I was looking at how many punches Conlan actually landed back then – it wasn't as many as people think. He always had great aggression and footwork, but he was a wild puncher. He has hugely improved in that area, way crisper and more accurate. That's what got him through a very hard test here against a really good fighter - Conlan has moved right into the very top rank, in my opinion.

SOCCER FOCUS

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 11,13,14,21. There was no jackpot winner. Match 3 winner received €150. The next jackpot on Monday May 10th is €7,200. Tickets are available from club members, the Dungeon shop, at the stand in Hegarty's Park Rd and also online at clubforce.com.

TRAINING

has resumed for our underage teams. Please see our Facebook page for updates on training and please use the link for the return to play form.

KILLARNEY CELTIC

will run 2 summer camps this year 5th -9th July and 19th - 23 July. Booking is online through Clubforce and the booking link can be accessed through

our Facebook page. For further information contact Brian 087 659 3008 or Jane 086 224 3435...

KILLARNEY ATHLETIC

300 RESULTS FOR MARCH

Martin/Lisa Crowley €500 Michael O Shea (O Shea Garage) €100 Maura Lucey €100 David Randles €100 Thomas Rohan €100 John Linehan €100

APRIL WINNERS

Simon Evans €500
Declan O'Brien €100
Davide Mosca €100
Declan Dolan €100
Derry Pyne €100
Diarmaid/Noreen O'Carroll €100



Trey Hurley,Donnacha Slattery enjoying their first day back at training at Killarney Athletic



FOCUS ON GOLFING

DEERPARK PITCH & PUTT CLUB

RE-OPENED

As we complete our second week of being re-opened we remind everyone that we are only open to members initially as we await confirmation on when we can accept greens and visitors from other courses. Contact the clubhouse on 087 7823138 for more information.

Please remember the two household rule in playing your round.

MEMBERSHIP RATES

Our rates are the same as last year: €135 for a single adult, €240 for a family of two adults and three children under 18 and €80 for Juveniles/ OAP's. Membership lasts until March 1st of 2022.

JUNE 7TH

Following the government's announcement

last week that competitive outdoor sport can resume from the June Bank Holiday Monday we await confirmation from Pitch & Putt Ireland and the Kerry County Board in relation to fixture lists before we look at club events which we might play in 2021. We reiterate our intention to play the 2020 U16 Club Matchplay once a date can be found.



















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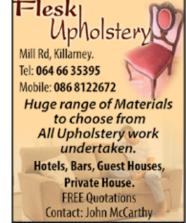
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ED 51, 2021













Contact Paul on: 087 7558673













ED 17 2021





SELF-ACCEPTANCE PART 2

Last week we highlighted our tendency to be self-critical and extremely hard on ourselves. Self-acceptance on the other hand means accepting ourselves just as we are whilst acknowledging that there is always room for improvement. This can be very difficult however and requires a change in how we view and what we tell ourselves. By developing a 'self-accepting' voice we focus on validating ourselves rather than paying heed to the automatic negative thoughts. Instead of listening to the thought that says 'I'm not good enough' or 'I'll never get it right' we validate ourselves (much as a parent might a child) saying something like 'I know your feeling useless right now. It's Ok. This is challenging and difficult and frustrating. But you are capable. How about taking a break and coming back to it later" Despite the feelings of guilt, self-criticism and negative put downs, we can start by telling ourselves, that we've done the best we could do.

We need to look at what is it within ourselves that we don't accept - and begin to bring more compassion and understanding to those aspects of ourselves. Perhaps there is a part of us that we are rejecting based on the internal programming (and not the actual reality) that we received as a child. Sometimes our lack of self-acceptance is due to our unwillingness to feel or experience uncomfortable emotions. At other times unrealistic expectations can lead to lack of self-acceptance. When we are unable to forgive ourselves for our 'humanness' then it is very difficult to develop self-acceptance.

Practicing mindfulness can be a great way to begin to become aware of the negative, self-judging thoughts we continuously tell ourselves. It becomes like watching a movie - where you are having these thoughts but these thoughts are not who you

Self-acceptance isn't about fixing anything in ourselves. Instead it is affirming who we are (warts and all) at this point in time. It's not that we ignore our faults or weaknesses - we just view them as not relevant to our overall sense of acceptability. We accept ourselves today, just as we are, regardless of our shortcomings. Whilst we can commit to make changes in the future that will enrich our lives - it's about being Okay right now. The only thing we need to change at this moment in time is the way we view ourselves.

SouthWest Counselling Centre is open and providing telephone and online counselling while restrictions apply. We will return to face counselling as soon as restrictions are eased. Please contact us in confidence.

SouthWest Counselling Centre, Killarney is open and providing affordable professional telephane and online counselling to parents, adolescents and adults during the professional telephone and online counselling to parents, adole Covid 19 crisis at its Killarney Centre (Lewis Road).

Contact 064 8636416 or Email: Info@southwestcounselling ie Registered Charity No: CHY 14775.



KNOW YOUR RIGHTS

BENEFITS FOR CARERS

Question: Ineed to take time out from work to care for my father. What supports are available for people in my situation?

Answer: There are several supports available to you. To qualify for these supports, the person you are caring for (your father) must need full-time care and attention.

continuous period of 12 months to qualify for this leave. Your employer does not pay you while you are on carer's leave

You are entitled to annual leave and public holidays for the first 13 weeks of carer's leave. Your employer cannot dismiss you or victimise you for exercising your right to carer's leave.

You may also be able to get Carer's Benefit from the Department

If you do not qualify for Carer's Benefit, you may qualify for a

There is also an annual Carer's Support Grant which is paid to full-time carers in June each year. From June 2021, the grant will increase from €1700 to €1850. Even if you are not getting any other social welfare payment, you can qualify for this grant if you meet the conditions.

You can find more information about support for carers on citizensinformation.ie.

During the COVID-19 pandemic, you can find comprehensive integrated information online at citizensinformation re/covid19/ and you can get daily updates on what's changed on Twitter at activizensinfo. You can also get information and advice from Traleo on T: 0761 07 7860 Mon - Fri (10am - 4pm)

- The Citizens Information Phone Service: Call 0761 07 4000 Monday to Friday (9am 8pm) Our national call back service: Visit citizensinformat to request a phone call from an information officer

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a favourite of mine. The simple lyrics really minister the heart of God: 'You're not defenceless, I'll be your Shelter, I'll be your Armour. I hear you whisper underneath your breath. I hear your SOS, your SOS..... I will send out an army to find you; In the middle of the darkest night it's true, I will rescue you.' In Psalm 34, David pours out his heart revealing how God has saved Him; delivered him from depression and the destruction and fear of His enemies. "This poor man cried out, and the Lord heard him, and saved him out of all his troubles. The Angel of the Lord encamps all around those who fear Him, and delivers them. (Psalm 34:6-7 NKJV) Friend, you may be enduring trouble, fear or turmoil but know this -God's love has you covered for 'whoever calls upon the Name of the Lord shall be saved.' (Romans 10:8-13). Whoever believes that (1) Jesus, the Son of God died to pay the price for our sins and, (2) that God raised Jesus from the dead so that we could be made right with Him, is totally forgiven and acquitted from the penalty of sin. When a believer asks Jesus into their heart, acknowledging Him as Lord of all, they shall be saved. The word 'saved' translates 'healed and delivered, protected and preserved, given peace in every area of life, and also: given the gift of eternal life after death.

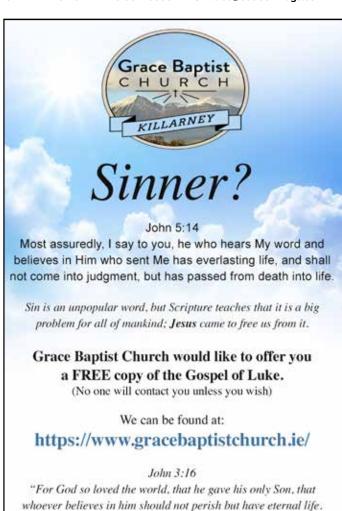
These promises of God are for you, and everyone who will accept Jesus as their personal Saviour, understanding that we could never save ourselves or make ourselves right with God through any other means. The only way a human being can come before God the Father is through the blood that Jesus shed at Calvary. We each of us will face God alone one day where we will give an account of how we lived, and who, or what, we worshipped and served.

This is not a scare tactic friend, but someone has to tell you. The way our world has gone it is now a free for all. There is no mention of sin, and thus no fear of God. Everything is permissible once it feels good. Hatred and division are rampant. This is a trick of Satan to entrap God's children whom He created to fellowship with - to snare them in sin and its' consequences, forever! People put off getting right with God, not wanting to compromise and let go of the sin they are engaged in, completely deceived into thinking that there is plenty of time. Time runs out for many before they get a chance to repent, and when they open their eyes on the other side of death, eternity beckons in hell -completely separated from God with no 'get out of jail card' available if they have not called upon the Lord Jesus for Salvation. And eternity will never end. Call upon the Lord Jesus today, do not delay!

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.

Check us out on Facebook.

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6TH ANNIVERSARY

IN LOVING MEMORY OF

DENNY **MORIARTY**



COOM, GNEEVEGUILLA

In loving memory of a dear husband and father whose anniversary occurs on the 4th of May.

We won't forget the face we loved, Or the memory of your smile, Or the countless things you did for us, To make our lives worthwhile, A thoughtful husband, a special friend, A wonderful Dad to the very end, A gentle nature, a heart of gold, These are the memories, We will always hold.

Always remembered, never forgotten. Sadly, missed by your loving wife, Peggy, daughters, Juliette, Aileen, Denise and son Jason.

8TH ANNIVERSARY

In Loving Memory of JOHN O'SULLIVAN DARCY



Upper Lissivigeen, Killarney WHOSE 8TH ANNIVERSARY OCCURS ON MAY 16TH

Each of us in our own way Has special thoughts of you this day In God's care you rest above *In our hearts you rest with love*

Loved and remembered always by Cáit and all your family.

ANNIVERSARIES BRODERICK

In Loving Memory of OUR DEAR PARENTS

PAT & RITA BRODERICK





Late of Ballymalis. Beaufort WHO PASSED AWAY ON 25TH DECEMBER 1999 & 7TH MAY 2016 R.I.P

Loving memories never die, As years roll on and days passy by, In our hearts a memory is kept, Of parents we loved and will never forget.

Sadly missed and always remembered by your loving family.



IN LOVING MEMORY OF KATHLEEN O'Sullivan

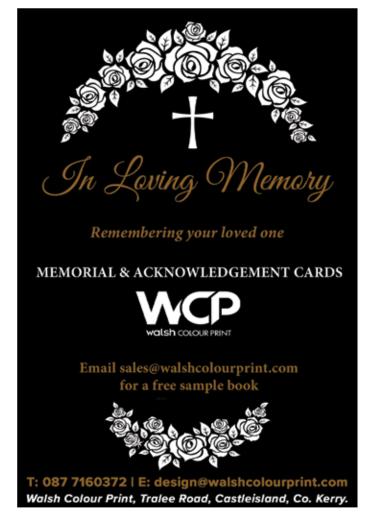


BOULICULLANE, FARRANFORE KILLARNEY, CO. KERRY. Who passed away on 10TH MAY 2014

Mother, we never fail to think of you We never cease to care We only wish we could go home And find you waiting there.

Sadly missed and lovingly remembered by all your family.

Anniversary Mass on Saturday 8th May at 7.30pm in St. Gertrude's Church Firies.



14TH & 5TH ANNIVERSARY

IN LOVING MEMORY OF BUCKLEY





Timothy 'tadgh' **BUCKLEY & HIS WIFE** MARGARET BUCKLEY

GORTAREE, AGHADOE, KILLARNEY WHO PASSED AWAY ON MAY 1ST 2007 & 28TH FEBRUARY 2016

You life was a blessing, your memory a treasure. You are loved beyond words and missed beyond measure.

Dearly missed by your son Tim, Daughter Eileen and Grandsons Denis & John.

GRATEFUL THANKS

Our Lady of the Sacred Heart, Divine Mercy St Faustina, St Expedite, St Padre Pio, Our Lady of Mount Carmel, Sacred Heart of Jesus, Our Lady of Lourdes for Health favours received.



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