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Amber Centra
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Kennelly's Pharmacy
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I.C. Photo Ian Cronin
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Dept. Tourist
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Pork Shop Jones
Frame Shop
(Upstairs) Shylocks
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S /Welfare

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Tesco Supermarket
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Dungeon
Cronin's
Faihte Hotel
Adams Jewellery
Scotts Hotel
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Variety Sound
McSorley's
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Dan Lenihan Bar

Murphy's Bar
Arbutus Hotel
Killarney Towers
Urban Heros
Porter House
Dunloe Lodge
O'Neills
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Music Express
Joevany Leather Goods
Galvin Auctioneers
Spar
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Tatler Jack
Urban Heros
Porter House

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Killarney Barber Shop
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(Spolgers)
Goggin's Hair Salon
Jam Café
J MAC Office
Kerry Mortgages
Mailbox

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Der O Sullivan Deli
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Chocolate Hair & Beauty
Town Hall
Killarney Hair Studio
Medical Hall
Euro City
Macs Restaurant
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Bricin
Triona's Hair Salon
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Keane's Jewellers
Star Seafoods
Sceal Eile
Julies Barber Shop
O'Connor's Bar

Smoke House
Cronin's Butcher
Salvador's Pizza
Corkery's
Paddy Power
Lyne's
Underground
02 Phone Shop
Ladbroke's
Trevards restaurant
Speak Easy
Wisteria
Eagers
JC O'Shea
B.DE Stack Jewellery Shop
Feet First
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Tru-Care Cleaners
Daybreak Shop (top of High Street)
Galvin Murphy Hooper Dolan
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Killarney Photographic
Killarney Med Centre
Pharmacy (O'Sullivan)
Kennelly's Pharmacy
Dunnes Stores
Prima Finance
Ken O'Sullivan Auctioneers
Healy's Newsagents
Sarah Jane
Jasmine Boutique
Stack O'Brien Optician
McKenzie's Coffee Shop
Subway Restaurant
Williams Pharmacy
James Healy (DNG)
Sheila's Hairdressers
Siodori Nariochta
Jewellers
Revive
Eddie Rockets
Frank Coffee Shoes
Walsh Shoes
Gloria Jeans Coffee Shop
Phone Shop
Sherry Fitzgerald Coughlan
Sheehan's off licence
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Country Kitchen
Charlie Foleys Bar
Laune Bar
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Killarney DIY
Factory Carpet
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Buckley's Tours
M.D.O'Shea's
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Park-Lane Dry Cleaners
Credit Union

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MUCKCROSS ROAD
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Killarney Avenue
Killarney Park Hotel
Handy Stores
International Hotel
Tom Spillane
Cinema
Craft Shop
Four Star Pizza
Lir Coffee Shop
Amber Station Muckcross rd quick pick

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Ross Golf Course
Randles Court Hotel
Randles Nissan Garage
Dromhall
Brehon Hotel
Gleneagle
Victoria House Hotel
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(after Gleneagle)
Spar (Hegarty's)
Oaks Hotel
Molly Darcy's
Muckcross House Restaurant
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Sullivan's Shop

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Supervalu
Killorglin Foleys
MILLTOWN
Londis Top Shop
Milltown Farmer's Market
(old church)

Café Beag
O'Shea's Pub
Pharmacy
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Pharmacy
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P.O.

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 ME AND EARL AND THE DYING GIRL (12A) 11:50m 7 Days 6:20 8:45 Sat/Sun 4:15	 MAZE RUNNER THE SCORCH TRIALS (12A) 11:50m Thurs 6:20 8:45	 THE TRANSPORTER (15A) 10:50m 7 Days 6:30 9:00	 STRAIGHT OUTTA COMPTON (16) 15:50m 7 Days 6:00 8:40						
 PAPER TOWNS (12A) 12:00m Sat/Sun 2:15 4:30 Fri-Wed 6:45 9:00	 TRAINWRECK (16) 13:50m 7 Days 8:45	 PIXELS (12A) 11:50m Sat/Sun 2:05 4:15							
 FANTASTIC FOUR (12A) 11:50m Sat/Sun 2:10	 INSIDE OUT (G) 11:00m Sat/Sun 2:15 4:15	 MISSION IMPOSSIBLE (12A) 14:00m 7 Days 6:20 <i>subtitled screening on Tues 8th</i>							
 MINIONS (G) 10:50m Sat/Sun 2:05 4:05	KIDS CINE CLUB Sat 5th & Sun 6th September <table border="1"> <tr> <td>TWO BY TWO (G) 10:00m</td> <td>12:10</td> </tr> <tr> <td>MINIONS (G) 10:50m</td> <td>12:05</td> </tr> <tr> <td>SONG OF THE SEA (PG) 10:00m</td> <td>12:15</td> </tr> </table>			TWO BY TWO (G) 10:00m	12:10	MINIONS (G) 10:50m	12:05	SONG OF THE SEA (PG) 10:00m	12:15
TWO BY TWO (G) 10:00m	12:10								
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KERRY CHARITIES TO BENEFIT FROM FAMILY FUN DAY

Two local charities, the Kerry Mountain Rescue Team and the Kerry branch of the Irish Kidney Association, will be the beneficiaries of this year's South Kerry Ploughing Championships and Harvest Show on Sunday, September 13. A great family day out has been lined up at Fleming's Farm in Grenagh, Fossa, Killarney and the big event is organised by the Killarney Valley Classic and Vintage Club.

The gates will open at 11.00am and visitors will be treated to a fantastic spectacle with a feast of quality activities. The event will be officially opened on the day by MEP and former President of the GAA Seán Kelly.

Details of this year's show were revealed on Saturday at a reception in the Travel Inn, Killarney attended by Mayor of Killarney, Cllr Bobby O'Connell, and Kerry Rose Julett Culloty. The traditional art of ploughing will be a highlight and five local competitors – including two females – will test their skills against all challengers. The trade show will be huge with close on 100 suppliers attending, including some of the premier firms in the plant machinery, agricultural and industrial sector.

A classic and vintage truck, tractor, car and motorcycle show, stationery engines, a silage cutting demonstration and poultry sales will also feature and there will be county sheepdog trials, a demonstration by a sheep shearing champion, exhibitions and novelties.

Children and the young at heart will be really well catered for in the super Kids' Zone and funfair, including a novelty Maze in the Maize which proved so popular last year. The main



THE LAUNCH OF THE SOUTH KERRY PLOUGHING CHAMPIONSHIPS & HARVEST SHOW AT THE TRAVEL LODGE WHICH WILL TAKE PLACE ON SEPT 13 2014 AT FLEMING'S FARM.

beneficiary was the Kerry-Cork Health Link Bus with the Kerry branch of the Irish Kidney Association also benefiting from a cash donation. The dedicated food zone will be very special this year with high quality produce, including a pig-on-a-spit, and no shortage of bales of straw seating. Two fashion shows will take place during the course of the afternoon with Killarney Rotary Club taking care of the on-site style suite. Kerry Rose Julett Culloty and her predecessor Mary Hickey will be there on the day to select the best-dressed woman and man, with great prizes up for grabs. There will also be a bonny baby competition and the prize for the winner will see them being fully decked out in their county GAA colours. Numerous demonstrations will take place, including masterclasses from celebrity chef

Mark Doe, interior designer Ruth O'Grady and gardening expert Trish Wharton. There will be live music, train tours of the sprawling venue to take in all the action, novelties, sideshows, competitions, celebrities and great prizes to be won, including a two-night stay in the Europe Hotel and Resort for the winner of a 'name the peaks' competition. The event will be based on a 40-acre site at Fossa with an additional 50 acres allocated for car parking. All vehicles will be directed to the main car park which is on land owned by the Europe Hotel and Resort adjacent to Fleming's farm.

The admission fee will be €10 for adults, €5 for OAPs and over 14s while children will be admitted free of charge.

TO RUSSIA WITH LOVE KILLARNEY VOLUNTEERS HEAD FOR CHERNOBYL



Following months of preparation a group of Killarney volunteers are heading for Russia for the opening of a home for young adults which they have helped to establish.

Betty Crosbie, President of the Killarney Branch of the Friends of the Children of Chernobyl along with committee member Frances O'Toole, Ger Fitzgerald and his daughter Gillian will make the long journey to Minsk in the coming week. Betty has been packing bags in her home with the help of Cathleen Collins over the summer months and all this will be transported out to both Minsk and Pinsk along

with a large quality of aid which was collected and housed in Committee Chairperson Mary O'Leary's home in Aghadoe. All this aid will be used to support families and people affected by the Chernobyl disaster.

The Friends of the Children of Chernobyl have brought children to Killarney for over 20 years and this is the first year that the committee were unable to do so. Instead they sent 80 children to Summer Camps and during their visit, Betty and Frances will visit the two schools which are supported by the Killarney Branch to see how the summer went. They will also get a

list of items that the schools need and they will be sent out in late October when the charity's Chairperson Mary O'Leary will make the trip. While they are in Minsk Betty and Frances along with Ger and Gillian Fitzgerald will attend the opening of a house for young adults which the Killarney branch helped to fit out. "When children who live in orphanages in Russia turn eighteen, if they have no where to go they are put into mental hospitals", Betty told the Killarney Outlook. "This house will be a place for them to stay until they get sorted", she added. The house can accommodate 9 young people and two adults and was built by a group of builders from Clare under the guidance of Brother Liam O'Meara who now lives in Minsk.

The group will also visit a mental hospital in Pinsk during their visit. The hospital is not recognised by the state and therefore gets no funding and relies totally on charity. "This is one of the places I want to visit" said Betty, "it is a harrowing place where patients lie on cots with no mattresses and some of them are actually children who we had staying with us in Killarney over the years". We are planning to fundraise for this hospital to make life a little easier for those who are unfortunate enough to live there", Betty added.

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FAMILY AND FRIENDS WALK TO REMEMBER ORLA

The family and friends of the late Orla Benson are holding a memorial walk on the 19th September to mark the 20th anniversary of her death.

"Orla's Walk" will be held in Muckcross where she lived and where she loved to walk.

"Orla was cruelly taken from us in America on 23rd September 1995", Orla's mother, Betty Benson told the Killarney Outlook.

Orla, who played guitar and sang and wrote songs and poetry was also a wonderful dancer and to her friends will forever be "the dancing queen" - her character summed up by them in one word "sunshine".

"She loved drawing and painting, loved embroidery and cooking, she was a loyal friend to all the young people who knew her, a great listener and trusted confidante", said her mum. A talented gymnast, Orla represented her school, St. Brigid's Presentation Convent, Killarney.

She loved animals and nature and everything that made life worth living. Orla was an adored daughter and most cherished sister. One of her Primary School teachers described Orla as a "self-teach fairy".

In DCU, Orla gained an honours degree in biotechnology and had an future full of promise before she was taken so cruelly.

"Orla's Walk" with her friends and family is to celebrate a life well lived. All are welcome to join in a short or longer walk, starting from the



THE LATE ORLA BENSON.

entrance to the restaurant in Muckcross House and calling en route for a cup of tea and a snack at Muckcross Community Centre. Details of the walk and a map will be distributed at Muckcross House.

It is 20 long years since that fateful day in September 1995, but in the words of Walt Whitman, one of her favourite poets, she is still by all of us.

*"In the air, in the woods, over fields
Loved! Loved! Loved! Loved! Loved!"*

Orla is remembered in her school by an annual bursary and an annual scholarship in DCU. On the 19th of September there will be a facility at the community centre for a discretionary donation to the Kerry Rape and Sexual Abuse centre in Tralee should people so desire.

Orla's walk will take place on

**SATURDAY 19TH SEPTEMBER AT 11AM
at Muckcross House Garden Restaurant**

Route 1: Dundag/Torc Waterfall loop (approx one hour).

Route 2: Dinis/Muckcross Lake Look (approx 2.5 hours).

You can join the walk at any stage between 11am and 12.30pm
and can drop into Muckcross Community Centre afterwards.

COLM COOPER BLITZ

The 4th Annual Colm Cooper Invitational Blitz will be held at Dr Crokes Lewis Road on September 5th 2015 from 11:30am to 6:30pm. This football competition is for U13 Boys and has proved a tremendous success since it's launch in 2012.

This year sees Skerries Harps Dublin, Corofin of Galway, The Nire Waterford, Bishopstown Cork, Ballyholland Harps Down, Ballincollig Cork and Fr Casey's Limerick. The Cup, Plate and medals will be provided by the Coffey Family in memory of Denis Coffey, a wonderful link between the past and present of the Dr Crokes Club that this event represents.

HUNT ON FOR OLD MAGAZINES

A Killarney woman is on the look out for old copies of magazines in a bid to help adults with disabilities intergrate back into the community.

Kathy de Villiers is looking for old copies of "House to Home" and "Country Living".

The idea behind it is that the adults, who will be moving from a hospital environment to a home environment will become familiar with everyday items and rooms - thus easing their transition.

If you can be of assistance please contact: Kathy on 087 945 6867

#lovekillarney

CHANGE OF VENUE FOR FASHION SHOW AS TICKET SALES SOAR

A soar in ticket sales has sparked a change of venue for the Kerry Hospice Foundation Fashion Show which is due to be held on Wednesday next September 9th.

The new venue is the Gleneagle Hotel and organisers are delighted with the support they are getting from the public for the event.

"We are delighted that the event has grown so much", Pat Doolan, Chairman of the Kerry Hospice Foundation told the Killarney Outlook "we are extremely grateful to everyone at the Killarney Oaks Hotel for all they have done for us, but when the ticket sales began to rise - we knew we had to move venue to facilitate everyone", he added.

The fashion show will feature models in recovery including the current Kerry Rose, Juliet Culloty. Boutiques on the night will



LAUNCHING THE ANNUAL KERRY HOSPICE FOUNDATION FASHION SHOW WHICH WILL NOW TAKE PLACE AT THE GLENEAGLE HOTEL ON WEDNESDAY 9TH SEPT WERE L-R ANGELA CURRAN, CATHAL WALSH, MARGARET WALSH, PAT DOOLAN, KAY SPILLANE & KATHLEEN CRONIN. TICKETS ARE €15 AND AVAILABLE FROM PAT DOOLAN ON 085 1543514. PICTURE BY MARIE CARROLL-O'SULLIVAN 087 391 4808

include, MacBee's, Jasmine, Wisteria, The Pill Box, Annette's Boutique, Brian James and Quills.

There will be lots of prizes on the night which is guaranteed to be runaway success.



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See
Competition
on page
28

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ACTION IN AGHADOE THIS WEEKEND

THE JIMMY DEVANE MEMORIAL AUTOCROSS RESCHEDULED 6TH SEPTEMBER

The Jimmy Devane Memorial Autocross was to take place on Sunday 2nd August, however due to unforeseen weather conditions the event had to be cancelled and rescheduled to this Sunday the 6th September. Jimmy a well known autocross and rally competitor passed away in 2009 and the autocross is held every year in his memory. Run by Killarney & District Motor Club the action takes place at Nunstown, Aghadoe, Killarney. The venue is directly across from the Aghadoe grave yard and will be sign posted on the day from Killarney Town.

Racing starts at 12 o'clock and should be an action packed day with some of the best competitors from all over the country taking part driving a wide variety of cars and special buggies.

The track is technical, fast, with some big jumps and precision driving required. There will be some fierce competition for overall honors and the Jimmy Devane Cup which is awarded to the fastest time of the day on the event, last years winner Ian Byrne is set to return to defend his title. The event will be a counting round of the Munster Autocross Championship.

Spectators will be able to view the complete



ORGANISERS AND COMPETITORS PICTURED AT THE LAUNCH OF THE JIMMY DEVANE MEMORIAL AUTOCROSS 2015 AT THE KILLARNEY VALLEY HOTEL FOSSA. L TO R DENIS NAGLE - EVENT COC, MARTIN FARRELL - CHIEF MARSHAL, ANTHONY O'CONNOR - CLUB SAFETY, PAT LOONEY, TOM DALY, PAUL O'SHEA, GEORGE SAARY HOTEL MANAGER, DIARMUID LYNCH, NIALL McLARNON, TARA LOONEY, SARAH DALY, DAN MC SWEENEY, LUKE MOYNIHAN. PICTURE: TED O'CONNELL.

track from a safe location. There will be plenty of parking, access to the service area and a family fun atmosphere has been arranged to include face painting, bouncing castles and much more entertainment to cater for all ages so that both young and old can enjoy the day out.

Donations on the day and proceeds of the event will go to the Kerry Branch of the Irish Kidney Association.

More information on the event can be found on the Killarney Autocross FaceBook page. Contact event COC Denis Nagle **087 2680257**

SPA CELEBRATE THEIR SUCCESS AT THE FLEADH

A very enjoyable evening was held in the Spa GAA Clubrooms on Friday last when family and friends turned out to support the competitors and teachers who competed at this year's Fleadh Cheoil na hEireann in Sligo. During the evening all those who took part and were successful at the All Ireland performed and were cheered on by the audience. The evening started with a BBQ and everyone was treated to some lovely food.

After the entertainment by the successful dancers there was an evening of music and of course more dancing. Congratulations to Ann Mangan secretary Killarney CCE and the branch officers who organised the evening. Congratulations also to the teachers and all the dancers on their success at this year's All Ireland Fleadh Cheoil.



GETTING READY TO TAKE THE FLOOR. ULTAN MULCAHY AND ANN MANGAN READY TO DANCE AT LAST FRIDAY EVENINGS VICTORY GET TOGETHER AT THE SPA GAA CLUBROOMS IN HONOUR OF THEIR GREAT SUCCESS OF THEIR DANCERS AT THIS YEARS ALL IRELAND FLEADH CHEOIL.



LAURA O'SULLIVAN ENJOYING THE CELEBRATION NIGHT AT THE SPA GAA CLUBROOMS ORGANISED BY KILLARNEY CCE AFTER THEIR SUCCESS AT THIS YEARS ALL IRELAND FLEADH CHEOIL HELD IN SLIGO.



EVA CRONIN, GRACE O'CONNOR, AND AINE O'SULLIVAN AT THE KILLARNEY CCE CELEBRATION NIGHT HELD IN THE SPA GAA CLUBROOMS ON FRIDAY EVENING LAST.



ENJOYING THE CELEBRATIONS AT THE SPA GAA CLUBROOMS ON FRIDAY NIGHT TO RECOGNISE THE KILLARNEY SPA CCE DANCERS ON THEIR SUCCESS AT THIS YEARS ALL IRELAND FLEADH IN SLIGO. L-R ERIN HOLLAND ELENA O'DONOGHUE, ORLAITH SPILLANE AND GRAINNE SPILLANE.



Saturday 26th September 2015
9.00am Start
Entry Fee €25

- AAI permit • Usual Prizes • Course Record
- Finishers Medal and T-Shirt to every finisher
- Refreshments • Time Chipped

All proceeds to the community track project in
St. Brendans College Killarney

Open for entries on
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Entry can be taken at Centra (at the Reeks)

Cúlú



Mind Body Spirit Events



Dr Fergus Heffernan, Scientist & Psychologist presents 'Minding The Body, Mending The Mind – A Workshop on Wellness'. **Aghadoe Heights Hotel**. Fri 25th, Sat 26th Sun 27th Sept 2015. Investment €280 inc Food Package.



Dr Tony Humphreys Psychologist and Author presents 'The Power of Relationships' Exploring the Dynamics of Friendships Intimacy and Relationships. **Europe Hotel and Resort**. Fri 6th, Sat 7th, Sun 8th Nov 2015. Investment €280 inc Food Package.



Dr Fergus Heffernan, Scientist & Psychologist presents 'The Family – A Workshop Exploring with Fun and Insight the function and development of the modern family'. **Aghadoe Heights Hotel**. Fri 20th, Sat 21st Sun 22nd Nov 2015. Investment €280 inc. Food Package.



Aidan Storey, Bestselling Author of Angels of Divine Light presents a weekend teaching us how to communicate and work with our angels. **Europe Hotel and Resort**. Fri 25th, Sat 26th, Sunday 27th March 2016. Investment €280 inc Food Package.

BOOKING

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JOE'S LABOUR OF LOVE PUBLISHED

A love of soccer and of his home town has inspired Killarney man Joe Grant to write a book entitled "Soccer in Killarney – The Early Years".

Joe, who grew up on the Park Road in Killarney and attended both primary and secondary schools here now lives in Clontarf in Dublin.

The book has been published to mark the 50th Anniversary of the founding of Killarney Athletic AFC. It chronicles the development of soccer in Killarney from the early 1960s up to 1976.

The full cost of publication has been jointly sponsored by well known SPAR retailer Donagh Gleeson and Preveli Consulting Dublin and all sale proceeds will be for the benefit of Killarney Athletic.

The book becomes available for sale on Monday September 7th following the Club's 50th Anniversary Dinner on Saturday September 5th. It will be available from Gleeson's Spar in College Square Killarney from Monday September 7th and is priced at €6.99 (paperback).

There are also a limited number of 20 beautifully bound Hardback copies available for sale at



"SOCCER IN KILLARNEY – THE EARLY YEARS" WRITTEN BY JOE GRANT, WAS LAUNCHED BY IRELAND INTERNATIONAL TEAM MANAGER MARTIN O'NEILL. THE BOOK HAS BEEN PUBLISHED TO MARK THE 50TH ANNIVERSARY OF THE FOUNDING OF KILLARNEY ATHLETIC AFC AND CHRONICLES THE DEVELOPMENT OF SOCCER IN KILLARNEY FROM THE EARLY 1960S UP TO 1976. PICTURED FROM LEFT ARE DONAGH GLEESON (GLEESON'S SPAR, KILLARNEY, SPONSOR), MARTIN O'NEILL (IRELAND MANAGER), JOHN DELANEY (FAI CEO), JOE GRANT (AUTHOR), SEAN O'DONOGHUE (KILLARNEY ATHLETIC'S FIRST CAPTAIN IN 1965) AND DON O'DONOGHUE (KILLARNEY ATHLETIC FOUNDING MEMBER). PICTURE: EAMONN KEOGH (MACMONAGLE.COM)

€14.99 each. In all, only 50 hardback copies have been printed so the Hardback copies are true collector's items.

Joe's book was launched recently by FAI International Team Manager Martin O'Neill.

CLASS OF '94 TO CELEBRATE 21 YEARS



PICTURED AT THE KILLARNEY AVENUE HOTEL FOR THE LAUNCH OF THE PRES SCHOOL REUNION FOR LEAVING CERT YEAR 1994 WHICH IS DUE TO TAKE PLACE ON FRIDAY 11TH SEPT IN THE KENMARE ROOMS AT 9PM. L-R NICOLA O'CONNOR, SIOBHAN MCCARTHY, CARMEL O'CALLAGHAN, NORMA FOLEY & CAROLINE RIORDAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

St. Brigid's Class of 1994 are planning a class reunion which will also double up as an opportunity to raise some funds for a very worthy cause.

Organised by Norma Foley and Siobhan McCarthy, the girls are planning a casual evening with plenty of laughs and even a few spot prizes.

It will take place on Friday 11th September at 9pm in the Avenue Hotel and tickets are on sale from the girls at €10 each.

Norma can be contacted on 086 1018580 and Siobhan on 087 4659383. Once costs are covered all proceeds from ticket sales will be donated to the Oncology Unit in Kerry General Hospital.

MARY WINS JOKER 2

Mary O'Sullivan, Knockreigh in Milltown is celebrating her €2,200 win of the Joker 2 Jackpot.

The Nagle Rice Fundraising Committee will launch 'Joker 3' this Sunday 6th September in O'Shea's Bar Milltown and are hoping that the great support they have received so far will

continue.

In the coming weeks they intend providing all local householders with a financial update of the new Community Centre.

Bookings are currently being taken for usage of the Centre so please ring 066-9765941 between 9am and 10pm regarding proposed

activities or if you have any other queries. The Centre is also open during these hours and everyone is welcome to call and view it if not done so already. An Open Day is to be held in the very near future.

IF YOU HAVE A STORY...

Call: Aisling on **086 0400 958** or Email: **editorial@outlookmags.com**



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KILLARNEY COUPLE INVITE YOU TO #WALKING4FAMILIES

A Killarney couple who availed of the facilities of the Ronald McDonald House at Our Lady's Children's Hospital, Crumlin while their baby daughter Eabha was seriously ill have decided to help raise funds for the facility.

Fiona Fleming O' Donnell and David O' Donnell stayed in the Ronald McDonald House a facility that provides accommodation and a caring and supportive environment for families, whose children are seriously ill or undergoing medical treatment.

Sadly Eabha has since passed away but Fiona and David are very grateful for the support they received both locally and at The Ronald McDonald House. The house allowed Fiona and David to spend valuable time with their daughter and alleviate the stress of accommodation costs.

As a token of her appreciation Fiona is organising a fundraising event to help support the charity. It is part of a nationwide #walkingforfamilies promotion and similar events will be held in several other parts of the country on September 12th. The Killarney fundraising walk is in Killarney's National Park followed by a family fun day and a raffle in The Gleneagle Hotel. Registration at The Gleneagle Hotel is at 2pm. All welcome.

"I would be most grateful if the people of Killarney could help me raise funds for this amazing service and while the charity is not



WALKING4FAMILIES TO RAISE FUNDS FOR RONALD McDONALD HOUSE AT CRUMLIN CHILDREN'S HOSPITAL.

based locally, it is an essential service for those that find themselves in Crumlin Children's Hospital with their sick child. During the time we spent in the house, there were two other Killarney Families also residing in the house and I am sure many other local families have been touched by the kindness of the Ronald McDonald House" Fiona told the Killarney Outlook.

It costs in the region of €400,000 per annum

to run the Ronald McDonald House and as no government funding is received, the charity relies on support from various fundraising events. In addition to the fantastic facility near Crumlin Hospital, the organisation also plans to build a new €10 million 50-bed house near the new national children's hospital which is due to be built in Rialto and opened by 2020.

For more information contact Fiona Fleming McDonnell 087 6403410

NIGHT OWLS PITCH FOR FUNDS FOR THE KIDNEY ASSOCIATION

Deerpark Pitch & Putt Club are running their novel fundraiser again this year - the illuminous extravaganza known as 'Night Time Pitch & Putt'.

The event will take place on Saturday week, September 12th with proceeds from this year's event going to the Irish Kidney Association.

This is the third time in four years that the event has been held, having taken place previously in 2012 and 2013.

The event has proven to be a great success with 45 teams taking part on each occasion with the SouthWest Counselling Service and the Kerry/Cork Cancer Health Link Bus the two charities to have benefited from these events so far.

Played over a 12 hole course on the night, entry for teams is €60 which includes a barbeque as well as the illuminous golf balls and glow sticks for the event. The event is kindly co-sponsored this year by The Shire Bar and Ian Cronin Photography. There will be a raffle on the night as well for a number of spot prizes. The format is once again a Three



PICTURED AT THE LAUNCH OF THE 2015 DEERPARK PITCH & PUTT CLUB NIGHT TIME PITCH & PUTT EVENT ON SATURDAY SEPTEMBER 12TH IS AS FOLLOWS: L TO R: IAN CRONIN (IAN CRONIN PHOTOGRAPHY, SPONSOR), JASON O'CONNOR (DEERPARK GENTS CAPTAIN), GER O'CONNOR, JOHN KELLY, PAUL CRONIN, AIDAN O'DONOGHUE (EVENT ORGANISER), OLLIE FAVIER (THE SHIRE BAR, SPONSOR), GEAROID CRONIN, DERRY MCCARTHY (DEERPARK CHAIRMAN), CONNIE BROSNAN (IRISH KIDNEY ASSOCIATION) AND ALISON KEOGH.

Ball Scramble with tee-times available from 8.30pm, 10pm and 11.30pm respectively on the night and further information is available from event organiser Aidan O'Donoghue on

086 3364705.

The club encourages everyone to support this event again in aid of a very worthy cause in the Irish Kidney Association.

RUSTY AFTER THE RING?

Are you rusty after the ring.... Is your bike in need of an outing - well Castleisland AFC has the answer for you.

The club are planning a fundraising cycle on Sunday September 27th with two routes - 35

km and 70km.

Registration will take place from 8.30am to 10am at the Castleisland AFC soccer grounds on the Limerick with the cycle beginning at 10.30am sharp.

€25 for adults and €20 for Cycling Ireland Members. For more info contact Patrick on

087-2787094.

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Listowel:	0761 07 7840	Dingle outreach:	3rd Tuesday of every month in the old C.B.S. Monastery Building John Street.
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BEAUFORT BIDS A FOND FAREWELL TO FR. DONAL

Parishioners from Beaufort turned out in large numbers to attend a farewell function to mark Fr. Donal's departure from Beaufort. The occasion took place at Kate Kearney's Cottage on Thursday last and was enjoyed by everyone who attended.

As part of the recent Diocesan changes Fr. Donal was appointed chaplain to I.T. Tralee. In his capacity as chairperson of the Parish Pastoral Council, Paul Neary paid tribute to Fr. Donal and thanked him for his work and much appreciated ministry in the parish over the past five years. Paul, on behalf of the people of Beaufort, wished Fr. Donal the best of luck in his new post and assured him of a warm welcome to Beaufort always. On the evening, a presentation was made to Fr.



FR. DONAL PICTURED WITH SACRISTAN PEGGY WALSH AND ASSISTANT SACRISTAN PEGGY LYNCH.



FR. DONAL PICTURED WITH MEMBERS OF THE ORGANISING COMMITTEE, PARISH STAFF AND REPRESENTATIVES OF SOME OF THE PARISH ORGANISATIONS WHO ATTENDED THE FAREWELL FUNCTION.

Donal by the Parish Pastoral Council on behalf of parishioners while parish organisations and schools also made individual presentations. These included Beaufort GAA Club, Beaufort Pioneer Council, Beaufort Community Council, Beaufort Community Alert, Beaufort Community Care, Beaufort Drama Group, Cullina N.S. and Kilgobnet N.S. The

organising committee would like to thank the management and staff at Kate Kearney's for so generously providing the use of their facilities and lovely food free of charge. This was greatly appreciated as was the very kind gesture by Singing Jarvey, Ger. Healy who provided some wonderful music to round off the evening.

KILLARNEY MINI MARATHON TO RAISE FUNDS FOR CANCER

Ahead of a series of mini-marathons in Munster, including one in Killarney, the Irish Cancer Society is calling on women in Kerry to join their team for one or more of the events. Over 35,000 people are diagnosed with cancer in Ireland each year with cancer incidence set to increase. The Society is the national cancer charity working to provide support and information to cancer patients and their families. Women in Munster who are participating in one of the upcoming Mini-Marathons can join the Society's team and raise funds for vital cancer services while doing so. The race season in Munster is fast approaching with three events coming up in September including:

The Killarney Mini Marathon on Sunday, 19th of

September 2015.

The Tipperary Mini Marathon on Sunday, 27th of September 2015.

The Evening Echo Cork Mini Marathon on Sunday, 27th of September.

Mark Mellett, Head of Fundraising at the Irish Cancer Society said: "The Munster Mini Marathons offer an excellent opportunity to set a personal fitness goal while also raising funds for a good cause. At the Irish Cancer Society, we are inviting the women of Kerry to sign up to join our team. All funds raised for the Society will go towards the provision of free services to cancer patients and their families all over Ireland. These include Night Nursing Services, a Volunteer Driver Service which brings patients to and from their chemotherapy treatment,

Daffodil Centres in 13 hospitals across the country offering information and support as well as Financial Support for those suffering financial hardship as a result of their diagnosis. As an independent charity, the Society relies on the generous support of its donors to continue the work which we do. We invite all those who would like to support us to sign up today, you can really make a difference to the lives of cancer patients."

To join Team Irish Cancer Society, Callsave **1850 60 60 60**, email fundraising@irishcancer.ie or visit www.cancer.ie/minimarathon to get your fundraising pack today.



SAOIRSE IS A STEP AHEAD

Saoirse Riordan, Glenbeigh who qualified as an Irish Dancing Teacher in March of this year has graduated at the annual An Comhdháil Irish Dancing Teacher's Convention held in Killashee House Hotel, Naas, Co.Kildare recently.

Saoirse was one of 30 graduates receiving their T.C.R.G diploma and the only one from Kerry to do so. Prior to qualifying, Saoirse had been a pupil of Mary O'Leary for many years where she had an extremely successful dancing career competing at Provincial, All Ireland and World Championships.

SAOIRSE IS PICTURED WITH DANCING TEACHER MARY O'LEARY AT THE CEREMONY.

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REF 801 **BER C3**



37 PARK DRIVE, PARK ROAD Guide Price €250,000

Large 6 Bedroom Semi-detached House with garage and private back entrance. Aluminium double glazed windows, oil fired central heating and alarm. Walking distance to Town Centre.

REF 501 **BER E1**



11 LEWIS ROAD, KILLARNEY Guide Price €200,000

Detached property currently converted into three 1 Bedroom self contained apartments. Large detached garage to the rear. Electric heating. Excellent investment opportunity

REF 795 (BER Pending)



GORTAHOOSH, GLENFLESK Guide Price €230,000

4 Bedroom (1 ensuite) Bungalow (approx 1,400 sq ft) on circa 0.5 acre site. Only a 10 minute drive to Town Centre. Oil fired central heating. PVC windows & doors. Security Alarm.

REF 769 **BER D2**



INN BETWEEN BAR, BEAUFORT VILLAGE Guide Price €300,000

Excellent business opportunity - Fully Licensed Modern Bar with relaxing lounge area & large function room (caters for up to 150 people). Fully equipped stainless steel commercial kitchen (designed to cater for a busy function room). Keg room & multipurpose walk in cold room. Car park facilities.

REF 113



MARTHA HEALY-WALSH, PICTURED WITH HER HUSBAND SEAN, FAMILY AND FRIENDS AT HER 30TH BIRTHDAY PARTY AT THE PLAZA HOTEL RECENTLY.
PICTURE: MARIE CARROLL-O'SULLIVAN



LAUNCHING THE MS CHARITY WALK WHICH WILL TAKE PLACE ON THE OLD KENMARE ROAD ONE WAY FROM KENMARE TO KILLARNEY ON 11TH OCTOBER WERE L-R DIANE O'LEARY, PATRICK O'DONOGHUE, JOHN O'SHEA, PHILIP O'CALLAGHAN, CHAIR PERSON PAT O'NEILL, SEAN O'SHEA, KAY FLEMING, KATHLEEN SHEEHAN & JOAN O'SULLIVAN. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



RESIDENTS AND STAFF ENJOYING AN EVENING OUT AT THE AUGUST KILLARNEY RACES. OUR LADY OF LOURDES CARE FACILITY WOULD LIKE TO THANK KILLARNEY RACE COMMITTEE FOR THEIR HOSPITABILITY TO OUR RESIDENTS ON THE DAY.

RIGHT AROUND THE RING THE WRONG WAY



CYCLISTS SET OFF ON THE 'WRONG WAY ROUND' - DONAL WALSH LIVE LIFE FOUNDATION CYCLE AS THEY HEAD CLOCKWISE AROUND THE RING OF KERRY ON SATURDAY. PHOTO: DON MACMONAGLE



BROTHERS JOHN AND EAMONN SWEENEY, KILGARVAN, PICTURED BEFORE THEY SET OFF ON THE 'WRONG WAY ROUND' - DONAL WALSH LIVE LIFE FOUNDATION CYCLE AS THEY HEAD CLOCKWISE AROUND THE RING OF KERRY ON SATURDAY. PHOTO: DON MACMONAGLE



VALERIE HEGARTY AND THERESA WHITE FROM KILLARNEY PICTURED BEFORE THEY SET OFF ON THE 'WRONG WAY ROUND' - DONAL WALSH LIVE LIFE FOUNDATION CYCLE AS THEY HEAD CLOCKWISE AROUND THE RING OF KERRY ON SATURDAY. PHOTO: DON MACMONAGLE



CIARAN TIERNEY, STEPHEN DENNEHY, ANNA MAYOREV AND NIAL HUGGARD FROM KILLARNEY PICTURED BEFORE THEY SET OFF ON THE 'WRONG WAY ROUND' - DONAL WALSH LIVE LIFE FOUNDATION CYCLE AS THEY HEAD CLOCKWISE AROUND THE RING OF KERRY ON SATURDAY. PHOTO: DON MACMONAGLE



MEMBERS OF THE KILLARNEY BRANCH OF THE ORDER OF MALTA, FROM LEFT, MICHAEL COFFEY, ANN MCMAHON, JOE LOONEY, DENIS CRONIN, DONAL MCCARTHY, SUZANNE SCULLY AND MIKEY FLEMING PICTURED BEFORE THEY SET OFF ON THE 'WRONG WAY ROUND' - DONAL WALSH LIVE LIFE FOUNDATION CYCLE ON SATURDAY. PHOTO: DON MACMONAGLE

MONEY MATTERS....

By Dermot Cronin,
Financial Advisor



HAVE YOU REVIEWED YOUR PENSION RECENTLY?

As you have probably seen or read in the news recently pensions are being discussed very often. This shows how important pensions are, so if you have a pension it is very important that you review your pension **NOW**. You may not be contributing to this pension anymore but it still needs to be reviewed. You need to know what kind of pension you have and what funds your pension is invested in. Your pension could be invested in very high risk funds which means that the value of your pension can substantially decrease or substantially increase over a very short period of time. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. If you do not review your pension you will not know if your pension is increasing or decreasing in value or if your pension is on track to get you what income you need at retirement. So whether you are currently contributing to a pension or have a pension that you had in the past it is very important that your pension is reviewed now.

To discuss this or any other financial matter you can contact Dermot Cronin at **064 66 22775** or **087 2893649**

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11 CUL AN BHARRAIGH, FIRIES, KILLARNEY, CO. KERRY

Stunningly furnished semi-detached property with stylish interior designed décor throughout enhancing the attractiveness of this property. Located in Furies Village, the property is 8 miles to Killarney and adjacent to primary school, shop, pub etc. with view over large green area and close to Kerry airport and Farranfore bus and train stations.

Featuring: Spacious sitting room, huge open plan kitchen/living room/dining room, W.C., main bathroom, oil fired central heating, recent pumped cavity insulation and attic insulation.

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THROUGH THE KEYHOLE....

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ASKING PRICE: €265,000

Auctioneers who would like to feature on "Through the Keyhole" contact Des on **087-6593427**.

EXCELLENCE MEETS STYLE AT WEDDING FAIR



THE BREHON: A FANTASTIC VENUE FOR YOUR SPECIAL DAY.

Wedding fashion will be to the fore at one of Killarney's premier wedding venue, The Brehon when it opens its doors to couples preparing for their big day at a special Wedding Fair on Sunday, September 13.

Bridal parties will have the unique opportunity to view the latest wedding styles modelled by members of the Norma O'Donoghue Model Agency. Expect to see the latest trends as well as a selection of classic looks for the bride, bridesmaids and mother of the bride and mother of the groom.

As well as showcasing the best in wedding fashion, couples can also meet with a selection of Kerry's top wedding suppliers including photographers and florists. The Brehon's

magnificent banqueting suite and the new picturesque outdoor reception area located on The Brehon lawn will be on show and guests will be invited to sample the hotel's confectionary buffet, wedding wines and canapés.

The Brehon Wedding Team, under the guiding hand of General Manager Brian Bowler and Wedding Co-ordinator Kelly Ann O'Connor, will also be available to meet with couples interested in holding their wedding reception and civil ceremonies at The Brehon.

The Designer Wedding Showcase takes place at The Brehon, Killarney on Sunday, September 13 between 12noon and 4pm. For more information call The Brehon on **064 6630700** or visit **www.thebrehon.com**

FANCY A NIGHT AT THE OPERA?



The opportunity to to dress up and attend the Le Pré aux clerks ('The Clerks' Meadow') by Ferdinand Hérold at the 64th Wexford Opera Festival is yours for the taking.

O'Callaghan Coach Holidays are excited to introduce an overnight holiday to this year's Wexford Opera Festival. The Le Pré aux clerks ('The Clerks' Meadow') by Ferdinand Hérold is the first co-production between Opéra-Comique, Paris, in partnership with La Fondazione Palazzetto Bru Zane - Centre de musique romantique française, and in association with the Calouste Gulbenkian Foundation, will transfer to Wexford in October. Le Pré aux clerks is Hérold's last and finest opéra comique and received more than 1,500 performances in Paris between its premiere in 1832 and the end of the nineteenth century. Set during the French Wars of Religion, Le Pré

aux Clercs is a touching romance in which a young countess rebels against the suitor chosen for her by the King of France and hatches a daring plot to escape with her lover to Navarre. When the production transfers to Wexford in October, Canadian soprano Marie-Ève Munger will be joining the cast from Paris Marie Lenormand and Eric Huchet both of whom will be making their Wexford Opera Festival debut.

Jean-Luc Tiinguard returns to Wexford to conduct for the fifth time, having previously conducted Sapho by Massenet (2001), Manon Lescaut by Auber (2002), Pénélope by Fauré (2005) and Le Roi malgré lui by Chabrier (2012). In 2014 he recorded two CD's (Dukas and Bizet) for Naxos with RTÉ National Symphony Orchestra, Dublin.

Amazing value at €220 per person sharing which includes: Return Luxury Coach Transport, 1 Nights Hotel Accommodation, 1 Evening Meal, Full Irish Breakfast on 1 morning, Ticket to Le Pré aux Clercs and Luxury Coach Transport to and from Wexford Opera House. For further information please call **O'Callaghan Coach Holidays 064-6631095**

ANGLER OF THE YEAR RACE HOTS UP

LOUGH LEIN ANGLERS NEWS

As the fishing season reaches autumn, the competition for the clubs 'Angler of the Year' award is hotting up. Timmy O'Connor and Phil Horan are the front runners with only two competitions remaining. Our outing to Cloonee Lakes, Kenmare was won by Phil with Timmy coming second. The irrepressible Cyril Boggins was third. On our annual visit to Lough Currane, Waterville, Patsy O'Flaherty took the honours. Timmy O'Connor was second & Timmy O'Donoghue third.

Our next outing takes place this weekend on Caragh Lake.

Congratulations to our club vice chairperson John Lyne. Last Saturday, while fishing on Lough Currane, John netted two fine trout weighing 5 lbs & 3lbs. Maith thu.

Tight lines and safe fishing to all.

CRUSADERS BRIDGE CLUB

Bridge will resume in the Brehon on Wednesday 9th of September at 7 30 pm. We look forward to welcoming all former members back and would be especially delighted to welcome new members to the club. We hope to have a good season of bridge and look forward to having Mrs Bridie Brosnan as our President.


We were very saddened by the death of Rita Cronin and Peggy O'Shea during the summer break. Both were very popular members of our club and were devoted to the game of bridge. We extend sincere condolences to their families and will always remember their willingness and help in the club. May they rest in peace.

KILLARNEY BRIDGE CLUB

Winter Bridge commences on Monday September 7th at 7.30 pm in The Gleneagle Hotel and we would like to welcome members old and new to our club.

Regretfully we will miss two very valued members Rita Cronin and Peggy O'Shea who passed away during the Summer and also John Lynch who was a former member. We enjoyed their company in the club and offer our most sincerest sympathy to their families. May they rest in peace.

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How learner drivers can ensure their driving experience is a safe and enjoyable one

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DRIVING ALONE:

You can't be alone in the vehicle when driving, regardless of how long you have been driving and how many learner permits you have held. And the person who's with you must hold a full driving licence for the category of vehicle you are driving for a continuous period of 2 years.

THE ONLY EXCEPTIONS TO THIS ARE WHEN YOU ARE:

Driving a work vehicle (eg, agricultural tractor or JCB), unless it has been adapted to carry a passenger, and the passenger holds a full driving licence for a work vehicle for a continuous period of 2 years.

Riding a motorcycle, if you obtained your first learner permit on or after the 6 December 2010 you need to carry a Certification of Satisfactory Completion with your permit in order to drive.

ACCOMPANYING OTHER LEARNERS:

You may not act as an accompanying driver, ie, holder of a full licence, for a person driving on a learner permit. The Certificate of Competency you receive on passing your driving test does not qualify – you must hold a full licence to be an accompanying driver for a continuous period of at least 2 years.

'L' PLATES:

Your vehicle must display an 'L' plate front and rear. The plate should consist of a red 'L' on a white background.

MOTORWAYS:

No driving on motorways even if you possess a certificate of competence.

TRAILERS:

If you hold a learner permit to drive vehicles of categories B, C1, C, D1 or D you may not drive the vehicle when drawing a trailer.

PASSENGERS:

No passengers can be carried for payment or other reward.

VEHICLE SAFETY:

Safe driving alone does not ensure road safety. The vehicle you are driving must also be fit to be on the road. In fact, it is a serious offence to drive an unsafe vehicle on a public road.

Laws exist to enforce vehicle standards. One of the most important of these is that your car, if more than four years old, must undergo a regular health-check called a National Car Test (NCT).

As a driver, it is your responsibility to ensure your vehicle is in good working order. You must ensure that the steering, brakes, front and rear lights, reflectors, rear view mirrors, safety belts, speedometer, tyres, windscreen wipers, horn and silencer are all checked regularly to ensure they are in good condition and working properly.

OTHER REQUIREMENTS

Not all of the following are legal requirements but they are all important to adhere to:

CHILDREN IN MOTOR VEHICLES

You must not leave young children on their own in a motor vehicle, even if you are away for a short time. The children may face a number of hazards, such as:

- A fire breaking out
- Dehydration and heatstroke on a warm day (if all windows are closed)
- Being trapped in electric windows, which could result in serious injury or death

ANIMALS IN MOTOR VEHICLES

You should never leave animals alone in vehicles. It is cruel and unsafe and can result in injury to the animal and/or damage to your vehicle.

USING A MOBILE PHONE

You must not drive a vehicle or ride a motorbike while using a handheld mobile phone. It is an offence that can result in your receiving up to four penalty points.

Cyclists should never use a mobile phone when cycling; pedestrians should be careful when using one.

IPODS ETC

Personal radios and MP3 players can be distracting and cause you to lose concentration while driving or crossing the road. Cyclists in particular should avoid these devices, as they, more than most, rely on their hearing while on the road.



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HERE ARE MY TOP TIPS TO HELP YOU COMBAT THE NEGATIVITY BARRIER

- If you keep telling yourself "you are fat" & keep putting yourself down, then your body will respond and keep you fat!!! Whereas if you change your thought process & start visualising yourself slim, healthy and full of energy then guess what..... your body will respond. This obviously takes a bit of work & needs to be practiced with a healthy diet and simple exercise plan, but it does work.
- I know I've said it before but surrounding yourself with positive people and experiences that make you feel happy is a must for removing negativity in your life. These positive experiences will empower you to become a naturally more positive person yourself.
- If you are struggling with positivity and positive visualisation then don't be afraid to seek help! Believe me I struggle myself at times. I'd be happy to advise you of some avenues I explored myself and that helped me on my journey. So don't be afraid to drop me an email or text I'd only be delighted to help.

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ZING UP YOUR CHICKEN

Marinades are a great way to introduce flavour to meats without adding a lot of extra calories.

INGREDIENTS:

4 chicken breasts
Zest and juice of 1 orange
Zest and juice of ½ lime
1-inch of fresh ginger
2 cloves of garlic, peeled and crushed
1 tablespoon of olive oil
Small bunch of coriander, chopped
Freshly ground black pepper, to taste

SERVES: 4 Adults

PREPARATION TIME: 60 Minutes

COOKING TIME: 30 Minutes

COST: Medium

5-A-DAY: 1 Of Your 5 A Day

SERVING SUGGESTIONS

If you wish, you can make this dish using chicken thighs or drumsticks. Adjust the cooking length depending on the meat and always check the chicken to ensure that it is cooked.

METHOD

- Place the zest and juice of the orange and lime in a bowl. Peel the ginger, grate it finely and add it to the bowl along with the garlic.
- Whisk in the olive oil and then stir in the chopped coriander and black pepper
- Using a large knife chop each breast in half. Add to the marinade and make sure that each portion is well coated
- Cover with clingfilm and place in the fridge for at least 1 hour. For a better flavour marinate the chicken overnight
- Cook the chicken over a hot barbeque for 25 to 30 minutes, turning it frequently and basting the meat with the marinade
- To check that the chicken is properly cooked pierce the thickest part of the chicken and check if the juices are clear - if the juices run 'pink', replace on the heat for 5 more minutes, then check again



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PHOTO BY BREDALY PHOTOGRAPHY



JACKIE KEANE DAUGHTER OF SEAN AND LUCY KEANE, DUBLIN AND ADIAN O'NEILL SON OF NOEL AND HELEN O'NEILL, DINGLE WHO WERE MARRIED IN ST. MARY'S CHURCH AND HELD THEIR RECEPTION AT THE DINGLE SKELLIG HOTEL.

PHOTO BY ANN McNAMEE
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Kerry ETB Training Centre



Kerry ETB Training Centre is now recruiting for the following courses.

Manual & Computerised Payroll and Bookkeeping (ET025) - Killarney.

This course is for people who wish to develop a range of manual and computerised payroll and bookkeeping skills. It's designed for people with no prior experience in the topics. **Start Date:** 31st August 2015. **Duration:** 10 weeks. **Certification:** FETAC Level 5 Component Certificates in Manual and Computerised Bookkeeping and Payroll.

Sports Recreation & Exercise Course (ETK69) - Killarney.

If you have a genuine interest in sport, exercise and swimming this course is a good choice for you. It's the ideal entry point for those wishing to follow careers as sports coaches, personal trainers, or swimming teachers. **Start Date:** 28th September. **Duration:** 45 weeks. **Certification:** QQI Major Award in Sports Recreation and Exercise 5M5146, Pool Lifeguard Qualification, Assistant Swimming Teacher Cert and Occupational First Aid Cert.

Marketing (ET4R9) - Tralee Training Centre.

This course is for people who wish to pursue marketing as a career or incorporate marketing into their existing range of business skills so as to enhance their career and job prospects. **Start Date:** 5th October 2015. **Duration:** 42 weeks. **Certification:** QQI Level 5 Major Award in Marketing.

Media Techniques - Radio Course (ET283) - Tralee.

This comprehensive course is for people who wish to pursue careers in the radio broadcast sector. Participants will learn how to research, plan and pitch programme ideas for particular target audiences and bring those ideas to fruition. **Start Date:** 5th October 2015. **Duration:** 50 weeks. **Certification:** City & Guilds Level 3 Diploma in Media Techniques (Radio Studio Production).

Healthcare Support Traineeship (ETS97) - Killarney.

This course provides participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of care settings. **Start Date:** 12th October 2015. **Duration:** 41 weeks. **Certification:** QQI Level 5 Major Award in Healthcare Support.

Digital Web Design with Adobe Dreamweaver Course (ET3Z6) - Tralee.

This course is for people who would like to combine creativity and computer skills to design, build and redesign web sites. **Start Date:** 12th October 2015. **Duration:** 22 weeks. **Certification:** QQI Level 5 Component Certificates and Adobe Certified Associate in Web Communication Using Adobe Dreamweaver CS5.

Digital Media Production Course (TRY18) - Tralee Training Centre.

The Digital Media Production course offers participants the opportunity to learn and develop real-world production skills in a broad range of media disciplines. The content of the course includes design, digital imaging, photography, sound, video, digital publishing and media project management. **Start Date:** 19th October 2015. **Duration:** 52 weeks. **Certification:** City & Guilds Diploma in Media Techniques 7601-03.

Food Preparation and Cooking Course (ET20D) - Dingle.

This course is for people who wish to pursue careers in professional cookery. Participants will gain the knowledge and skills to prepare, cook and present a wide variety of commodities and dishes to a professional standard. **Start Date:** 19th October 2015. **Duration:** 20 weeks. **Certification:** City and Guilds Level 2 Diploma in Food Preparation and Cooking.

Surf Instructor and Beach Lifeguard Course (ET1Z3) - County Kerry.

The course offers participants the opportunity to develop the knowledge, skills and competencies to work as surfing and outdoor activity instructors. Participants will also receive lifeguarding and aquatic first aid qualifications. **Start Date:** 2nd November 2015. **Duration:** 25 weeks. **Certification:** ISA Surfing Skills Instructor Level 1 Cert, National Beach Lifeguard Cert, and Aquatic First Aid & Cardiac First Response (PHECC) Cert.

CAD - Computer Aided Draughting and Design Course (ET115) - Tralee.

This course offers participants the opportunity to develop knowledge, skills and competencies in 2D and 3D computer aided draughting and design. Participants must have technical drawing and maths in the Leaving Certificate or have an equivalent level of relevant industrial experience or training. **Start Date:** 9th November 2015. **Duration:** 32 weeks. **Certification:** City & Guilds Level 3 Awards in 2D and 3D Computer Aided Design.

Milling TRQ235 - Evening Course Tralee Training Centre.

The aim of the programme is to enable the learner develop the knowledge, skills and competence to set up and safely operate, under supervision, a vertical milling machine. **Start Date:** 28/09/2015. **Certification:** QQI Cert. **Duration:** 2 evenings/week for 10 weeks.

Turning TRQ236 - Evening Course Tralee Training Centre.

The aim of the programme is to enable the learner develop the knowledge, skills and competence to safely operate, under supervision, a centre lathe. **Start Date:** 28/09/2015. **Certification:** QQI Cert. **Duration:** 2 evenings/week for 10 weeks.

Visit Our New Walk-In Information Service Every Tuesday and Wednesday At Kerry ETB Head Office, Centre Point Building, John Joe Sheehy Road, Tralee. (Opposite Tralee Bus and Train Stations)

To apply or get further information on any of the above courses please contact

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Tel. 066 7149600 | 066 7149638 | 066 7149676,

www.kerryetbtrainingcentre.ie, E-mail: training@kerryetbtrainingcentre.ie



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9th September 2015

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CARING FOR AGEING PARENTS AND LOVED ONES

Caring for an elderly parent or loved one presents a number of difficulties. Many people struggle, especially when it comes to providing older people enough time, support and loving care. Tim and Bernie Healy, Owners of **Home Instead Senior Care**, talk to Killarney Outlook about home care for seniors and how it can help you and your elderly loved ones.

Home Instead Senior Care provides flexible services designed for practically any living arrangement where an older person simply needs companionship or help with non-medical, day-to-day activities such as meal preparation, laundry or shopping. We also provide specialist Alzheimer and dementia care in the home as well as convalescent care services. The care older people receive depends on their individual needs - they may require short or long term at home care, for a few hours a day or 24 hour care- whatever is needed we will provide.

Interestingly, a survey of over 2,000 people aged 65 and over in Ireland revealed that the majority of older persons want to live at home with outside support rather than live in institutional care - so by providing at home care we are giving older people what they want. It is also estimated that 28% of people in institutional care could live in the community. Frequently, all that is required by those capable of living independently is some basic assistance in daily living activities such as help with personal care like washing and dressing, light housekeeping and cleaning - all of which are services provided by Home Instead Senior Care.

Furthermore, the benefits of home care both to the elderly person and the community are enormous. The individual wins back a level of independence, security and confidence. By keeping people out of homes and hospitals who do not really need to be there, by reducing

the length of time someone must stay in institutionalised care following an illness and by helping people remain at home for longer, valuable resources can be better utilised by health boards.

To help seniors maintain their independence, we boast a nationwide team of **Home Instead CAREGivers** who want to make a difference in the lives of older people. CAREGivers are professionally trained and are familiar with infection control, providing safety measures, personal care, client confidentiality, and patient moving and handling. They are also trained in more challenging areas such as Alzheimer's, dementia, personal care and hospice care. We also take the time to carefully match clients with the most suitable **CAREGivers** based on their individual preferences and personalities. The majority of **CAREGivers** are retired individuals, or stay at home mothers living in the same locality as the senior they care for.

If you are caring for ageing parents or loved ones, we offer some advice to help you take special care of the seniors in your life:

- **Be positive and supportive** - Your ageing parents or loved ones can sense if you are caring for them out of love or obligation. Older people respond better to a positive attitude, support, empathy and kindness and will be upset if they are treated as a burden.
- **Safety proof the home** - It is so important to make the home a safe home and fall-proof the house. Ensure loose carpets are removed and install handrails and grab bars in stairways and the bathroom area.
- **Get support** - Talk to friends and family who have been through similar situations. Taking care of an older person can be emotionally draining at times so it is important to have a network of people willing to act as a sounding board.
- **Contact a professional** - If you are worried

about your ageing parents and loved ones and think they could benefit from professional care please contact a senior care provider such as **Home Instead Senior Care** on **066 719 3350**. We are worldwide experts and have a long history of quality care.

At **Home Instead Senior Care** we encourage anyone struggling to care for ageing parents and loved ones to contact us so we can help guide you through this challenging time. You can arrange a free one-on-one consultation to learn more about Home Instead Senior Care and our services.

It is important to note that there is tax relief of up to 40% available on home care services, making this an affordable care option for everyone. It is very easy to set up and can be a great help to families in need of professional home care services. Our office will guide you through this process to help you avail of trusted, affordable care.

Please call **064 6626699/066 7193350** for services in the **Kerry Area** and **027 30097** for services in the **West Cork** area to arrange a consultation and visit our website: **www.homeinstead.ie** for further information on the organisation.



call 064 6626699/066 7193350



ABOUT HOME INSTEAD SENIOR CARE KERRY/WEST CORK:

- Home Instead Senior Care is the world's leading provider of non-medical, in-home care, provides services to seniors in their own homes, in a retirement facility or even a nursing home. It has 22 independently owned franchises in Ireland. Tim Healy opened up the Home Instead office in Kerry in 2008.

● From our opening in 2008 with 2 staff we now employ upwards of 150 staff and have recently moved to a central location on High Street, Killarney to better serve the needs of older people and family carers in Kerry.

● We opened our West Cork office in Skibbereen in April 2015 to service the West Cork area as we were successful in being awarded a tender for the provision of enhanced homecare services to the HSE in the Kerry and West Cork areas.

● Home Instead Senior Care was the first home care organisation in Ireland to be a preferred provider for the Health Services Executive and the first to have a contract with them for the provision of enhanced home care services.

● Home Instead Senior Care is the only home care provider to receive the ISO 9001: 2008 accreditation and health mark quality awards.



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450-495	11.2	19.0
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1 student got 625 points
1 student got 615 points
2 students got 610 points
1 student got 605 points

- :: 23 % of our students got over 500 points
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- :: 89 % of our students got over 300 points

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Name	Points 2013	Points 2014	Increase
L.D	555	615	60
C.D	490	595	105
K.F.	435	505	70
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R.K.	175	370	195

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BROOKFIELD COLLEGE

College Life



WITH KERRY PREPARING FOR BOTH THE ALL IRELAND MINOR AND SENIOR FOOTBALL FINALS. JOHN O'LEARY KERRY GAA PRO TAKES A LOOK AT THE ACTION IN THE LATER STAGES OF VARIOUS CLUB COMPETITIONS AROUND THE COUNTY.

COUNTY FIXTURE SCHEDULE

The CCC has now put a revised schedule of fixtures in place for the period following the All Ireland finals. With all the major championships still to be completed, the overlap between Clubs and Divisional teams and the fact that Munster Club Championship dates have to be met, the final three months of the year are certainly going to be a fixtures nightmare.

The provisional fixtures are as follows:

September 26th/27th

• SHC Final (St Brendans v Kilmoyley)

• SFC Round 2 (Kerins O'Rahillys V Milltown)

• Senior Club Football Final (Dr Crokes V Dingle)

• Intermediate Championship Semi Finals (Spa V John Mitchels and St Marys V Desmonds)

• Credit Union SFL Round 10 for Clubs not involved in above Championship games

October 3rd/4th

• SFC Round 2 game (Mid Kerry V West Kerry, winner has bye to Quarter Finals)

• SFC Round 3 games

October 10th/11th

• SFC Quarter Finals

October 17th/18th

• SFC Semi Finals

October 24th/25th

• Junior Championship Semi Finals (Templenoe V Furies and Glenbeigh/Glencar V Beaufort)

• Novice Championship Semi Finals (Asdee V St Senans and Lispole V Ballydonoghue)

• Intermediate Relegation Playoff (Skellig Rgs V Finuge, Brosna V Keel, Annascaul V Gneeveguilla and Glenflesk v Emmetts – loser of each game is demoted to Junior status for 2016).

November 1st

• SFC Final

• Round 1 of senior championship relegation playoffs

NEW HURLING AND MINOR FOOTBALL MANAGERS TO BE NAMED

Chairman Patrick O'Sullivan informed Monday night's county committee meeting that the names of the new Senior Hurling Manager and Minor Football Manager would be announced at the next meeting of the Board in September.

CREDIT UNION SENIOR FOOTBALL LEAGUE BACK GAMES

Competition for the promotion and relegation places in the Credit Union Senior Football League continues to hot up as the back games being played are beginning to have a major influence on the points tables.

In Division 1 Austin Stacks defeated St Michaels Foilmore to go into joint third place in the table with Legion but just a point behind second placed Desmonds whom they meet in Round 11.

Gneeveguilla had a very important victory over Listowel Emmets in Division 2 that moves them up to 6 points, a point ahead of Laune Rangers and two ahead of Currow at the lower end of the table. With two games left, and just two

points on the board, Tarbert look like favourites to drop to Division 3 next season but they do have to play the two teams in trouble just above them - Currow and Laune Rangers.

In Division 3, Listry and An Ghaeltacht have leapfrogged St Pats into joint third place following Listry's victory over Ballymac and An Ghaeltacht's victory over the aforementioned St Pats.

In Division 4, St Senans move into second place following their victory over Cromane while Dr Crokes' victory over Castlegregory keeps the West Kerry side in the relegation zone.

Valentia moved to the top of Division 5 where they displaced neighbours Renard following victory over Knocknagoshel last weekend and the meeting of the top two in Round 10 may well decide the Division 5 champions.

There are a number of back games down for decision this weekend;

In Division 1, Waterville play Dinglein what is a must win game for the South Kerry side, In Division 3, Ardferit play St Pats and in Division 5 Moyvane play Sneem/Derrynane.

Round 10 of the League is fixed for the weekend of September 27th.

KEANES SUPERVALU KILLORGLIN MINOR FOOTBALL QUARTER FINALS

The four Semi finalists of the Keanes Supervalu Killorglin Minor Football Championship are now known following the playing of the Quarter Finals on Wednesday evening of last week.

Holders, Dingle are through following a one point victory over East Kerry in Fossa, a victory that was all the more remarkable given that they had to line out without Kerry Minor Captain Mark O'Connor and lost another midfielder to a black card early in the second half. Last year's beaten finalists Dr Crokes had a big win over Kenmare District in Lewis Road where the sides shared 8 goals between them in a game where Kenmare lined out without Kerry minors, John Mark Foley and Sean O'Shea. Shannon Rangers came good in the second half away to Spa where only a point separated the sides at the break and Mid Kerry, after a strong finish, prevailed by a point against a St Brendans side who fielded four Kerry minors in Killorglin.

Quarter Final Results:

Dr Crokes 5-20 Kenmare Dist 3-2

East Kerry 2-7 Dingle 1-11

Spa 1-10 Shannon Rgs 4-13

Mid Kerry 3-9 St. Brendans 0-17

No date has been confirmed for the concluding stages of the competition

UNDER 21 CLUB FOOTBALL CHAMPIONSHIP

The Draw for Round 2 of the Under 21 Club Championship was made last week by the CCC and extra time will apply where necessary in all games. All games on Wednesday September 2nd @ 6.30pm – 1st named have home venue:

Under 21 Cup – Round 2

Moyvane/Tarbert v Dr Crokes in Moyvane

Legion v Desmonds

Knock/Brosna v Lispole/Castle/Annascaul in Knocknagoshel

Spa v Laune Rgs

The four Round 2 winners qualify for the quarter finals against Group "A" opponents namely John Mitchels, Kerins O'Rahillys, An Ghaeltacht and Dingle.

Under 21 Shield Round 1

Emmets v Ballydonoghue

Templenoe v Waterville/Dromid

Glenflesk v Churchill/Ballymac

Austin Stacks v Bye

JUNIOR COMPETITIONS IN FULL SWING

Molyneaux Cup:

There are two Quarter final ties to be played, with the semi final draws already made

1. Laune Rangers

2. Dr. Crokes B v Milltown/Castlemaire Fri 4th Sept

3. Rathmore v Austin Stacks

4. Legion defeated Kerins O'Rahillys

Semi finals; 1 v 2 and 3 v 4.

McElligott Cup:

We are down to the semi finals of the McElligott Cup. The Semi Final Draw is as follows: Clounmacon V Na Gaeil (Fri 4th Sept) and Gneeveguilla V St Pats.

Barrett Cup:

There are 3 Round 1 games still to be played;

(A) St. Mary's

(B) Dromid defeated Skellig Rangers last weekend

(C) Beaufort

(D) Beale defeated Charlie Kerins last weekend

(E) Tarbert V Ballyduff which ended in a draw, will be replayed on Friday evening next

(F) Ballydonoghue

(G) Desmonds

(H) Fossa v Kilgarvan

Quarter finals Draw: A v B, C v D, E v F, G v H,

Semi finals Draw: AB v CD, EF v GH,

Cahill Cup:

Quarter Final Draw

1. Annascaul

2. Scartaglen v Lispole (Fri Sept. 4th)

3. Glenbeigh/Glencar or Cromane

v Castlegregory

4. Waterville v St. Mls. Foilmore (Fri Sept. 4th)

Semi finals Draw; 1 v 2 and 3 v 4

Junior Leagues

Ballydonoghue defeated Moyvane in the Group 4 final replay in Ballylongford on Friday evening last on a score of 2-10 to 2-5.

Novice Football Shield Quarter Finals

The second quarter final of the Novice Shield took place last weekend with Beale accounting for Clounmacon. On Sunday 12th Fossa play Valentia and on September 13th Sneem/Derrynane play Cromane. First named teams have home venue. Moyvane are already through to the semi finals.

DAY & EVENING CLASSES



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PRESENTATION OF THE SHEEHAN CUP TO DR CROKES CAPTAIN CREAGH COURTNEY BY DONAL SHEEHAN AND TIM RYAN EKB CHAIRMAN

SPA CLUB NOTES

COUNTY MINOR QUARTER-FINAL: SHANNON RANGERS 4-13 SPA 1-10

Shannon Rangers advanced to the Minor County Semi-Finals after producing a blistering second half display to end a gallant challenge by hosts Spa. Spa opened score sheet with a Fergal O'Donoghue point before David Spillane teed up Dara Moynihan for a superb goal. With Evan Cronin reeling off three great points on the trot and Dara Moynihan adding another to a lone Shannon Rangers one. Spa had opened up a lead of 1-5 to 1-2. That didn't really reflect the play, though – Shannon Rangers were beginning to dominate midfield. Evan Cronin finished to the net after a great turnover by David Spillane, but it was ruled a squareball. Spa edged ahead through Evan Cronin and Micheal Foley, making it 1-7 to 1-6 to Spa after a scintillating first half. Spa had a goal effort come back off the post on the resumption, but were immediately rattled when Rangers found the net. Spa keeper had to gather a hopeful Conor Horgan punt at the second attempt, he was deemed to have stepped behind the line. Dara Moynihan and Ciaran Spillane pulled points back and Evan Cronin and Micheal Foley continued to make surging runs on Spa's behalf.

MINOR LEAGUE EAST KERRY DIV 1 FINAL: SPA 1-9 DR CROKES 2-11

Minors had a busy week of football. David Spillane scored Spa's openign score followed by two points in succession from Michael McCarthy. A great run through the centre by Dara Moynihan set up Dion Marcus for another point. Ciaran Spillane scored a stunning long range point to bring the score at half time 5pts a piece. Both goalkeepers pulled off great saves. Second half Crokes made a few positional changes and certainly put pressure on our defenders. David Carroll was outstanding in goals and pulled off excellent saves but couldnt keep the black and amber at bay when they scored two goals in quick succession. A great game was anticipated and indeed lived up until

the latter part of the game, with an unfortunate injury to Jack Griffin. Speedy recovery to Jack and Michael Casey who both got injured on the night. Referee, Christy Crowley blew the final whistle early and Dr. Crokes received the winning trophy.

LADIES FOOTBALL:

U12 GIRLS EAST KERRY LEAGUE SPA 1-5 SCARTAGLIN 3-11

Girls played well throughout the game and was level till the last 15 minutes when the Scart girls chipped in some goals which made it impossible for Clodagh O'Connor to reach. Erin Holland was solid in the backs and equally impressive was Sarah O'Sullivan, Aisling Cahill, Leah O'Donoghue, Aoibhe O'Doherty and Eimear Cronin. Midfield were solid with the great hands of Grainne Spillane and the Sarah Fleming in midfield. Up front the forwards were on song with great performances from Jenny Cronin, Liadh Beazley, Elana O'Donoghue, Laura O'Carroll, Elaine Kelly and Louise Fleming.

U.12: Girls Development will take a break for the next two weeks, it will resume on the 12th of September .

U14 GIRLS: Played two games this week and pulled off two great victories against Legion and Kilcummin in the East Kerry League.

SENIOR LADIES: Lost comprehensively against Kilcummin.

GAELIC FOR MOTHERS AND OTHERS:

Training continues every Thursday night 7.30-8.30. Numbers are great. We have registered our team to enter the All Ireland Competition in Portmarnock in October. Any player that hasn't registered contact Grace. Our first social outing at the weekend was a huge success and the first of many.

ALL IRELAND TICKETS: Club Secretary Marie Courtney is now taking names of members for All Ireland ticket draw. Please email secretary.spa.kerry@gaa.ie or text 087 6332773. No calls please. Only names received before Sept 4th will be included.

ANNUAL AWARDS NIGHT: Will take place

again this year in Torc Hotel 28th November. Keep the Date.

SCÓR NA NÓG: Club members under the age of 17 years on January 1st 2016 who may be interested in participating in the forthcoming East Kerry Scór na Nóg competitions are invited to contact Spa Scór Officer Sheila McCarthy at 087-7614847.

Scór categories - Figure Dancing, Solo Singing, Recitation/Storytelling, Instrumental Music, Léiriú/Drama, Ballad Group, Set Dancing and Table Quiz.

CLUB MERCHANDISE: Please contact Mathilda McCarthy (087) 648 7356 to purchase our new range of Club gear.

HALL RENTAL: Please contact Eileen Casey by text 0876577312 for availability to book our indoor meeting rooms or Hall.

SPA COMMUNITY NOTES: Sympathy is extended to the relatives of Nora Mai Reen, Iron Mills, who died during the past week.

May She Rest In Peace.

EAST KERRY NOTES

With Áine Ní Shúilleabháin PRO

EAST REGION MINOR LEAGUE DIVISION 1 FINAL:

DR CROKES 3-11 SPA 1-09:

On Saturday evening, Dr Crokes won the 2015 East Region Minor League, Division 1 Final, sponsored by The Tatler Jack, in a very skilful, fast moving and sporting game against Spa. Play moved from end to end and with great team work in all quarters both teams and both goal keepers making outstanding saves, scores were hard earned. The sides went in at the break on equal scores: Spa 0-05 Dr Crokes 0-05. The second half continued game at a fast pace. Both sides had periods of dominance. The home side, Spa dominated the scoring in the first seven minutes of the half, notching up four unanswered points. Dr Crokes Adam O'Shea reduced the lead to a point when he found the back of the net on the fortieth minute. Dr Crokes continued their dominance and took the lead with two points in quick succession, going into the last quarter. Spa responded with a fast upfield move and Dr Crokes keeper denied the home side a goal. A Michael Potts goal, after solo upfield gave Dr Crokes a four point lead, 2-07 to 0-09. Spa won the kick out and after a fast move upfield were awarded a penalty, ably slotted to the net by Fergal O'Donoghue, the gap reduced to the minimum. With ten minutes remaining, it was Dr Crokes who dominated and increased their lead with three pointed frees and a point from play, 2-11 to 1-09. A Spa attack in the final minutes of the game was turned around by Dr Crokes, with a great high catch by Paul Clarke, and a quick move involving Jack Lenihan and David Naughton saw Jack Griffin rise and tap the ball to the Spa net, sealing the Dr Crokes victory on a final score of Dr Crokes 3-11 Spa 1-09.

Donal Sheahan, grandson of Donie Sheahan, presented the Sheahan Cup to Dr Crokes



captain, Creagh Courtney, with Tim Ryan Chairperson of the East Kerry Board. Referee: Christy Crowley (Gneeveguilla).

BEST WISHES: The East Kerry Board send very best wishes for a speedy recovery from injury to Jack Griffin. Best wishes also for a speedy recovery to Michael Casey.

2015 O' SULLIVAN CUP SEMI FINALS - 40TH ANNIVERSARY YEAR

FIRIES 2-12 LISTRY 0-14: Played in Farranfore during the week, this semi final of the O'Sullivan Cup, sponsored by O'Sullivan Cycles, Killarney, was an entertaining game, that was in the melting pot to the final minutes. Firies opened the stronger and had a dream start being awarded a penalty four minutes into the game, able slotted home by Conal Murphy. Firies dominated much of the first half, with Sean Burke finding the net on the tenth minute. A scatter of points to two for Listry saw Firies lead 2-03 to 0-02 going into the second quarter. However, it was all Listry for the remainder of the half. With 5 points from play and two well taken 45m frees, from the boot of Damian Clifford, the visitors had reduced the margin to 2 points at the short whistle.

The third quarter was tit for tat and play move from end to end, both keepers made great saves and the sides picked off points, 6 for Listry to 4 for Firies, levelling the game 2-8 to 0-14 with 15 minutes remaining. It was Firies that found the target and notched up 4 points in the final minutes to qualify for their first O Sullivan Cup final since 2000 on a full time score of Firies 2-12 Listry 0-14.

RATHMORE 1-13 GNEEVEGUILLA 0-10: The second semi final in the O'Sullivan Cup, Junior championship saw Rathmore host neighbours Gneeveguilla on Sunday evening. The visitors opened the scoring with a point from play. Rathmore pulled ahead with four unanswered points and the visitors reduced the margin to a point, 0-04 to 0-03 twenty minutes into the half. It was all Gneeveguilla from then to the break, and the visitors led 0-07 to 0-04 at half time.

In a classic game of two halves, Rathmore dominated much of the second half. A scatter of points had Rathmore within two points on the thirty seventh minute, when Patrick Mc Carthy slotted the ball to the back of the Gneeveguilla net. The momentum was with the home side after that and five points without reply gave a dominant Rathmore a six point cushion, going into the last quarter. Gneeveguilla responded and play varied from one end of the field to the other. Two points a piece in the last ten minutes left the full time score Rathmore 1-13 Gneeveguilla 0-10.

O' SULLIVAN CUP FINAL - 40TH ANNIVERSARY: This year marks the 40th anniversary of the first O'Sullivan Cup and the Final has been fixed for Sunday the 6th September at Fitzgerald Stadium with throw in at 2pm. This promises to be a great game between two strong teams. Rathmore, who won the 2012 O'Sullivan Cup and Firies, the

home club of Owen, in whose honour and memory the O'Sullivan Cup is presented. Firies have reached their first final since 2000.

BILL TANGNEY CUP: On Friday evening Cordal won the semi final of the Bill Tangney Cup against Kilcummin, 0-14 to 1-08 and await the outcome of the Dr Crokes V Fossa semi final fixed for Sunday at 5.30pm in Lewis road.

GNEEVEGUILLA CLUB CARNIVAL:

Gneeveguilla club are holding what promises to be a great fun weekend carnival, starting on Friday evening the 4th September and running to Sunday evening. All are welcome. Further information on Gneeveguilla CLG facebook site.

FOSSA NEWS

SENIORS: Fossa will play Dr Crokes in the Bill Tagney cup semi-final in Lewis Road on Sunday September 6th at 5.30pm.

JUNIORS: The juniors will play Kilgarvan in the Barrett Cup in Fossa on Friday evening at 7pm.

U-12 BOYS: The U-12 Boys are away to Kenmare on Sunday at 12 noon in the East Kerry League. They are also away to Dr Crokes on Wednesday evening at 6.30pm in the same competition.

ASTROTURF ALL WEATHER PITCH:

All weather pitch at Fossa National School. Opening hours Monday/Friday 4pm/10pm, Saturday/Sunday 10am/10pm. All types of sport are played on this floodlit pitch. Now taking bookings for birthday parties. Contact Ger O'Connor 083 4228977 or email fossaweatherpitch@gmail.com

FOSSA NOTES: If anybody has any item they would like included in the notes, please email information to John O'Neill at pro.fossa.kerry@gaa.ie. Please forward information before Sunday at 11am.

LISTRY NOTES

LISTRY WEEKLY LOTTO RESULTS:

Sunday 30th August, 2015. Winning Numbers 4, 13, 22, 26. Jackpot €5,900. Not Won. Jackpot next week Sunday 6th September €6,050.

COUNTY LEAGUE RESULT: Listry Seniors played at home last Saturday evening v Ballymac and won with a score line of Listry 2-13 Ballymac 0-14 this brings Listry to 11 points and third place in Division 3 table.

O'SULLIVAN CUP SEMI-FINAL RESULT: Listry played away to Firies on Tuesday evening last week and lost with a score line of Firies 2-12 Listry 0-14.

COUNTY LEAGUE: Our next Senior game is at home to Brosna on Sunday 27th September at 2pm. Will update if any changes.

LISTRY CLUB FUNDRAISER: Our Club has won 2 All Ireland Football Final tickets and we have decided to raffle these as a fundraiser. Lines can be purchased for €5 each and are available from committee members and various other outlets.

THE SHANE COURTNEY MEMORIAL

GOLF CLASSIC: This takes place in Killorglin golf course on Saturday, 5th September €120 for team of four or €30 each. We are looking for as many members as possible to support this event which is one of our main fundraisers for the club. To book a tee time or support in any way please contact John Wrenn on 087 1273702

FAMILY FUN DAY: A family day was held at Listry GAA Pitch last Saturday, 29th August. The weather turned out to be fabulous and everyone had a great day. Well done to the many groups within our Community who organised this event and many thanks to all who attended.

LEGION GAA CLUB NOTES

U13 BLITZ: Big well done to everyone involved in making our inaugural Under 13 Mini 7's blitz a huge success last weekend. Both pitches were in excellent condition despite the heavy rain overnight. Fair play to all the parents who contributed sandwiches, cakes, crisps and biscuits to feed an army. Well done to the ladies who ran the kitchen, the service was second to none the event ran very smoothly as a result of the tremendous input from players, coaches, parents and club members. A big thank you to the referees who kept a watchful eye over proceedings on the field. As a result of the positive feedback we look forward to growing this tournament and inviting even more clubs next year. Well done to Austin Stacks, Laune Rangers, Glenflesk and Beaufort for taking part and we look forward to seeing you all again next year. The standard of football was superb and the mini 7's is a real test of players' fitness levels. It also challenges their decision making as they are handling the ball a lot more than in a 15-a-side game. Well done to all involved.

U12 GIRLS: The U12 girls kicked off their East Kerry League with an away defeat to Firies but characteristically bounced back to beat Fossa last Tuesday to keep their season ontrack.

MOLYNEAUX CUP: A Junior team severely depleted by injury and absentees showed great spirit to get the better of Kerins O'Rahillys in the Molyneux Cup quarter final in Direen. A goal in each half by Derek Twomey set the foundation for a hard working team performance.

Killarney Legion 2-13 Kerins O'Rahillys 1-8 We now await the winners of the Rathmore vs Austin Stacks game.

INTERNATIONAL PERSON OF THE YEAR:

The club wishes the heartiest of congratulations to our honorary club member Joanne O'Riordan on recently receiving the International honour of being named the Outstanding Young Person of the Year. Well done Joanne and looking forward to seeing you again in Derreen at our next game.

FIXTURES: Upcoming Senior team fixtures (After All Ireland Final)

Weekend September 26/27 Senior County League away to Waterville.

Weekend October 3rd /4th Garveys Super Valu



County Championship Round 3 game vs Feale Rangers in Fitzgerald Stadium.

LOTTO: Numbers drawn 12, 20, 22, 23.

No jackpot winner. Next Weeks Jackpot 8000 euro.

SATURDAY MORNING ACADEMY: This Saturday sees the much anticipated return of the Saturday morning underage academy with all children from age 4 to 10 very welcome to come up and learn all the skills of football and hurling in a fun environment. Fully qualified coaches will be on hand to teach all the techniques and it doesn't matter what standard your child is at because we will start from the beginning with any newcomer. So we hope to see you all this Saturday and every Saturday for the next few months from 10.30am until noon.

BEAUFORT NEWS

LOTTO: Next draw for jackpot of €3,200 will be held in Inn Between Bar on Sunday, 6th September.

U12 GIRLS: Hosted Milltown/Listry in Beaufort on Monday evening.

U14 GIRLS: Had a good win against Firies in Farranfore on Friday evening. They play Laune Rangers 'B' in Beaufort on Friday evening.

U21S: Beaufort were at home to Keel/Listry on Tuesday evening in the Mid Kerry Championship semi-final.

U14S: Mid Kerry will begin on Friday, 28th August at 7pm. Beaufort v Bye.

MID KERRY MINORS: Beat St Brendan's on Wednesday last in the quarter final Co Minor Championship. Beaufort were well represented on the panel with Cormac O'Connor, Kerry Minor Mike Breen, Sean Kelliher, Ciaran Kennedy, Aaron Foley, Declan Floyd, Conor Cronin, Pdraig Cronin and Paudie Coffey. Also Mike O'Brien is involved in the Management. Comiserations to the Kerry Ladies especially Bernie Breen, Patrice Dennehy and Mary Jo Curran (selector) who were beaten by Cork in the All-Ireland Semi-final in Limericks Gaelic Grounds on Saturday.

DR. CROKES

MINOR COUNTY CHAMPIONSHIP QUARTER FINAL: DR CROKES 5-20

KENMARE DISTRICT 3-2: By virtue of this win over Kenmare we have reached the semi-final of the Competition for the second year in a row. The fact that our opponents had to line out without two of their Kerry Minors, put us in the driving seat before a ball was kicked. Despite the unavailability of these players we found it hard to break them down in the first half. They were tight in defence for most of this period and dangerous in breakaways. The game change came close to half time when we went through for two goals, scored by Mike Casey and Paul Clarke, to send us in at the interval, leading by 3-4 to 1-2.

We got a dream start to the game, with a goal by Adam O'Shea in the first minute. Kenmare got on top in the next five minutes and had two

unanswered points. Before the end of the first quarter, we had four points without reply to establish a five point lead. Neither side scored in the next eight minutes but our opponents went through for a goal in the 24th minute, to leave us just two points in front. The defining moments of the game came just before half time when we raced through for two goals and an interval lead of eight points. The second half was dominated for the most half by us. We had 1-2 in the first five minutes but a goal by our opponents two minutes later left ten points between the sides. Kenmare were feeling the loss of their two star players at this juncture and we played some good football and knocked over six successive points to go into an unassailable lead. Both sides ran their benches in the last quarter. Our opponents, to their credit never gave up but the task in hand was too formidable and we ran out convincing winners. Our display was like the curates egg, good in parts. We had a ragged first half but played good football in the second thirty minutes. **TEAM AND SCORERS:** Tony Clifford, Brian Fitzgerald, Jack Lenihan, David Naughton, Michael Potts, Gavin White 0-1, Creagh Courtney 0-2, Billy Courtney 0-3 (0-1 45'), John Kerrisk, Mark O'Shea, Michael Casey 1-1, Jack Griffin 0-1, David Shaw 1-3, Paul Clarke 1-0, Adam O'Shea 2-4 (1-0 penalty 0-2 frees) Subs used: Brendan Coppinger 0-2, Mark Hartnett 0-1, Dylan O'Sullivan 0-2, Killian Fleming.

4TH ANNUAL COLM COOPER INV BLITZ

2015: The forth Annual Colm Cooper Inv Blitz will be held at Dr Crokes Lewis Road on September 5th 2015 from 11:30am to 6:30pm. This football competition is for U-13 Boys and has proved a tremendous success since it's launch in 2012. Firies won the inaugural event, followed by Corofin of Galway (2013) and Skerries Harps of Dublin (2014). Designed to pay tribute to Colm, who has provided Crokes and Kerry with many highlights to date. The Blitz is seen as a celebration of Gaelic football, where it is hoped all the players express themselves and enjoy the games and off field activities. It also provides an opportunity for all supporters of Dr Crokes and Gaelic games in general, to join in this display of the skills of football. This year we see Skerries Harps Dublin, Corofin of Galway, The Nire Waterford, Bishopstown Cork, Ballyholland Harps Down, Ballincollig Cork and Fr Casey's Limerick. The Cup, Plate and medals will be provided by the Coffey Family in memory of Denis Coffey, a wonderful link between the past and present of the Dr Crokes Club that this event represents. Mark next Saturday 5th September in your diary to come and celebration a superb event.

U14 GIRLS: This team returned to competitive action against Firies away in East Kerry League on Monday 17 August. After a prolonged break since their last game, in the County league final, this performance was below the standards set earlier in the year by this young team. Having worked hard against the elements in the first

half to put themselves in a good position to press on, a lack of concentration in the early stages of the second period allowed Firies to post scores that proved impossible to peg back before the end. Despite the result it was great to have 5 substitutes to call on, with all the squad gaining valuable game time ahead of our remaining fixtures.

GIRLS U12: Mixed fortunes for this team in their opening East Kerry fixtures. A fantastic second half display away to Beaufort wasn't enough, going down by a point. They responded by securing a win at home to Milltown/Listry in their second game and are improving all the time

DERRYANE TRIP: U12/14/16 squads thoroughly enjoyed their Club trip to Derrynane on Friday 21 August where they sampled sailing, kayaking, snorkelling, paddle surfing and archery. Well done to all concerned.

HURLING: After a long period without matches our Senior Hurling team "got back on the horse" on Friday evening last when they travelled to Kilgarvan to take on the local club in the first round of the Intermediate County Championship.

It was a close run thing but our lads put in a battling performance to emerge winners in extra time by a one point margin. This result puts us into a County Semi Final against Lixnaw to be played on Sunday next September 6th at a venue and time to be arranged.

A remarkable example of true sportsmanship was seen during the game when a shot from Kilgarvan player/manager Flor O'Brien ended up in the net and the umpire raised the green flag. However, Flor immediately went to referee Paddy White and told him that his shot had gone through the side netting and was in fact a wide so the "goal" was disallowed. We are grateful to Flor for his gentlemanly gesture that probably cost his team the game. He is great sportsman who always plays the game in the true spirit.

DR. CROKES JUVENILE ACADEMY: The Dr. Crokes Football and Hurling Academy returns this Saturday; Hurling 10am to 10:40am followed by Football 10:40 to 12:00am. The very popular Saturday Morning Academy returns this Saturday and Boys and Girls aged 4 to 10 are very welcome. Indeed, Football for girls is now very popular and a great way to keep fit in this age of obesity. We have excellent and experienced Juvenile Ladies Coaches lined up this year so we are expecting a large, new influx of Girls. The Saturday Morning Hurling Academy is very popular and the popular Gene Doherty again is leading the Hurling Coaches; helmets and hurleys are provided. The Football Academy is very popular where the emphasis at this age is on improving the skills of the game and having fun. Dr. Crokes Senior Stars Jamie Doolan and Kieran Ward are very welcome and excellent Coaches to the Academy this year. There is free Registration for ALL U.6's and training for all is free each week.



TG4 LADIES SENIOR FOOTBALL SEMI FINAL

RUTHLESS REBELS RETURN TO AVENGE MUNSTER DEFEAT

KERRY 0-13
CORK 4-14

Cork avenged their Munster Final defeat in a ruthless manner in the Gaelic Grounds last Saturday evening with a brace of goals in both halves to inflict a double score defeat on Munster champions Kerry.

Despite heading into the game on good form with expectations high among the large Kerry support it was evident from the start that Kerry would struggle as many of their opening attacks were grounded by a tight cork defence.

Valerie Mulcahy fired over the opening score of the game inside 2 minutes while Kerry had to wait ten minutes for their opener as they struggled to break through a resolute Cork defence. However they adapted well and led by the mid-way stage of the half 0-3 to 0-2 and seemed to have weathered a Cork storm that saw the rebels wasteful as they ran up five wides in the half and it was from one of these that Cork were presented their first goal.

Valerie Mulcahy pulled a free wide and from the resultant kick out Ciara O'Sullivan caught Aisling Leonard sleeping as she nipped in win to possession, a quick hand pass later and Aine O'Sullivan directed the ball to an empty net. Kerry's response was good and

they remained very much in touch trailing Cork 1-5 to 0-5 with Scanlon, Breen and Houlihan all prominent.

Alan O'Neill would have been happy to get his team to the break trailing by a single score but Cork inflicted another blow on 27 minutes when an individual piece of magic from Valerie Mulcahy saw her ghost unmarked inside the Kerry cover to chip to the net. Kerry showed character in the remaining minutes and Sarah Houlihan produced two fine points to leave them in touch at the break 2-5 to 0-7.

Kerry rolled the dice early in the second half and introduced Laura Rogers and Louise Galvin as they strengthened up the forward unit and despite some good early showing which kept Kerry within touching distance by the 38th minute (2-7 to 0-9), Cork were comfortable as Kerry were running up the frees. Indeed, they would end the game conceding a massive 34 frees to a meagre 16 from Cork.

Mulcahy would put the game beyond reach by the 45th minute as Vera Foley broke the Kerry cover before Mulcahy found herself free yet again in front of goal. Her execution was top notch and Cork went nine clear. Eimear Scally was introduced late on and added a further goal



CAIT LYNCH BATTLES FOR POSSESSION WITH CORK'S CIARA O'SULLIVAN AIDED BY BERNIE BREEN IN LAST SATURDAY'S LADIES FOOTBALL SEMI FINAL IN LIMERICK. PHOTO BY PADDY WHITE

at which stage Cork were already confirming their accommodation for the final weekend.

At full time the contrast could not have been starker as Cork celebrated, Kerry exited to the dressing rooms to face the loneliness of defeat yet again.

Kerry: E Murphy; G Crowley, A Desmond, A Leonard; C Kelly, C Lynch, M Quirke; B Breen, L Scanlon 0-3; E Sherwood, S Houlihan 0-4 (0-1F), D Hallissey; P Dennehy 0-2, M O'Connell 0-1, L Ni Mhuircheartaigh 0-2.

Subs: L Rogers for Crowley (HT), L Galvin 0-1 for O'Connell (HT),

E O'Connor for Leonard (47), A Brosnan for Houlihan (55).

Cork: M O'Brien; M Ambrose, B Stack 0-1, A Barrett; V Foley, D O'Reilly, G O'Flynn; R Buckley 0-1, B Corkery; C O'Sullivan 0-1, A Hutchings 0-2, A Walsh 0-1; V Mulcahy 2-2 (0-1F), Á O'Sullivan 1-1, D O'Sullivan 0-1F.

Subs: E Scally 1-2 (0-1F) for Á O'Sullivan (43), O Finn 0-1 for Walsh (52), O Farmer for Hutchings (55), R Ni Bhuachalla for D O'Sullivan (56).

Referee: C McManus (Meath)



THE KERRY LADIES SENIOR FOOTBALL PANEL THAT WERE DEFEATED BY CORK IN SATURDAY'S ALL-IRELAND SEMI-FINAL IN LIMERICK'S GAELIC GROUNDS. PHOTO BY PADDY WHITE.



EMMA SHERWOOD GETS HER KICK AWAY DESPITE THE ATTENTIONS OF CORK'S DEIRDRE O'REILLY.



MINI MEMBERS OF KILLARNEY RUGBY CLUB BACK TRAINING AT THEIR NEW GROUNDS IN AGHADOE AT THE WEEKEND.

KILLARNEY RFC NEWS

MINIS ARE BACK: After the summer break, the new Minis season started in earnest last Saturday morning. A fine morning greeted us up in Aghadoe as we opened the gates on a new chapter for mini rugby in Killarney. It was clear from the outset that this would be no normal day as players new and current started to gather from 10 o'clock! We were absolutely thrilled with the number of kids who commenced training for the new season. There was a nice mix of new and existing players and it was truly historic to see the pitches being so busy with players from 5 years up to 11 playing rugby. It was a great opportunity for the parents to enjoy the new track which surrounds the site and to check out the new Trim Trail as their children played under the supervision of all our expert coaches. Training resumes next Saturday between 10:30 and 12 midday.

We would like to acknowledge the work done over the years by Tom Campbell. Tom was the coordinator for the minis over the past 10 years or so and has established a great crew of coaches and a wonderful ethos across the minis section. Tom has moved on to take up the mantle of Youth Manager but was on hand on Saturday to help our new Mini Coordinator Liam Murphy find his feet. This is a sign of the man who has rugby and KRFC at his heart. Thanks Tom for everything and we look forward to working with closely you to forge even stronger links with the youths and minis at our new home!

MOSS KEANE BLITZ: Following a wonderful opening Saturday morning for the Minis, Killarney Senior XV hosted the annual Moss Keane Cup. A 12-a-side blitz for all Kerry Clubs it is a Munster Branch event under the auspices of the Kerry Committee. On a fine afternoon we welcomed squads from Corca Dhuibhne and Killorglin. Sadly Castleisland, Tralee and Iveragh Eagles failed to turn up. Tralee had a fixture against a Welsh club while Iveragh are struggling with numbers in South Kerry. Lack of teams did not stop the round robin

games between the sides and Killarney drew first blood against Killorglin with a comfortable 7 tries to 1 opener on the fabulous new pitch at Aghadoe. Killorglin bowed out against Corca Dhuibhne who were well drilled ending up 20-10 winners (4 tries to 2). In sporting manner Killorglin stayed on to watch the final which was for the most part a rip-roaring contest. The visitors finally gaining the upper hand in the last quarter winning 20-10. Two excellent tries by John Friel and Michael Sheahan were not enough but Ger Moynihan and Alan Mulligan and the team battled on to the end. Played in great spirit all teams had brisk performances in the sunshine and it was an excellent way to kick the season off. Corca Dhuibhne presented a very nice piece of west Kerry pottery to Killarney in recognition of the new grounds. Even the Branch officials commented on the superb quality of the pitches and we're looking forward to coming here again. Congrats to a well drilled West Kerry side who Killarney travel away to on the first league assignment on October 3rd or 4th (TBA).

FAMILY DAY: Our Family Day takes place this Sunday (6th of Sept) All are welcome to come along and enjoy what will be a wonderful day for our club and our new pitch at Aghadoe. Proceedings kick off at 1pm and we will have a bbq, a Pig on the spit, bouncy castles, many fun games and the minis will be playing some games on the day also. We would love to show everyone our new home, so why not pop along and check out the place for yourself. Everyone welcome! Check out our facebook page for more details.

CONDOLENCES: Our Chairman Junior Finnegan, President Mike Fuller and all at Killarney Rugby Club wish to offer our sincerest condolences to Tim Herlihy and his family on the recent loss of their son T.J., who passed away last weekend following a tragic accident in Limerick. Tim Herlihy is the Secretary of the Kerry Clubs Committee and is a member of the Munster Junior Committee. He was at Aghadoe to watch the Moss Keane Blitz last weekend.

Our thoughts and prayers are with you and your family at this difficult time. Ar dheis de go raibh a h-anam dilis.

COMMERCIAL ROWING CLUB

SYMPATHY: Is extended to former rowing member Paul Cronin and the extended Cronin family on the recent passing of Mickey "Darby" Cronin Cahir Aghadoe. May he Rest In peace.

HEAD OF THE RIVER: Good news for Commercials is that new members are currently in training for future Head Of The River competitions. Members, gents and ladies wishing to become involved with the club are invited to Contact Club secretary D J O'Riordan at 064-6631743.

GNEEVEGUILLA ATHLETIC CLUB

LOTTO: No winner of our lotto 28/08/2015, numbers drawn were 2, 16, 28 & 29. Next week's jackpot €13,000 plus €1,000 bonus.

OPEN CROSS COUNTRY: At the Open Cross country in Newcastlewest on Sunday last Caroline Murphy was 1st O50 and 6th overall. Robert Purcell Snr was 2nd O40 and Andrew Purcell was 1st U18.

TRAINING: Training commenced in the New Field Barradubh n Friday night last and was well attended. Training continues each Friday night 7 – 8 pm. There will be a charge of €2 per athlete per night or family charge of €5 max. See you all there.

FIRIES COMMUNITY GAMES

Well done to all the children who took part in the 2 National final weekends in Athlone in August. It is a great achievement to take part at this level as each child would have had to fight off stiff competition in order to get this far. Community Games is all about participation and taking part in an event or sport that you enjoy. It is also about learning a new sport. Winning is a bonus but you are already a winner if you are representing your area or County. Their is great enjoyment in wearing your area or county colours and competing with your peers. We are very lucky in Firies that so many children are interested in competing in the wide variety of events. During the 1st National Finals weekend Orna O'Leary took part in handwriting and Kimberley O'Brien in Art. Then we had Megan Brosnan who represented Kerry in U15 Gymnastics and competed well in this event and hopefully will return in same event next year with her sister Dearbhla. In the judo competitions we had 3 families partaking, the Flynns Laura and Brid won Gold medals. TJ Palmer won silver and Stephen Palmer fought well in his competition and missed out



MEGAN BROSNAH FIRIES COMPETING IN GYMNASTICS NATIONAL COMMUNITY GAMES FINALS IN ATHLONE.

on medal this year but Stephen will be back again next year. James and Katie O'Leary won bronze medals. So well done to all the judo children. In the group singing Emma Murphy, Rachel Hctor and Aine Barry sang beautifully being placed sixth with very close scoring between teams. Ciara Kearney came 8th in javelin and Thomas Murphy beat his personal best on the day. Congratulations to everyone who took part and thanks to their families and trainers who made sure they were there for their event and prepared for their event. The Committee would like to thank everyone for all their help locally throughout the year. We would also like to thank the County Committee for their professionalism when holding the events and for making so many sports and events available for children to take part in. The County Committee works hard and it is great to always see so many Kerry Community Games jerseys at the National Finals. Community games locally and at county level are always looking for people to help with activities and

to join the committee. Please see local papers for forthcoming news on AGM and when community games Calendar will recommence.

KILLARNEY VALLEY AC

The Monday Mile Challenge continues at 6.30pm next week in preparation for our club launch on September 13th with special guest Sonia O'Sullivan. This Mile Challenge is on in the field beside the playground on Port road and our volunteer coaches will be on hand. We are encouraging the Moms and Dads to join the kids also.

On Sunday evening 13th September, Sonia will run a mile with all the 1 Mile Challengers that have been running every Monday over the month of August and afterwards will join us in the Killarney Oaks Hotel for the launch of the club. Everybody welcome.

Check out www.killarney10mile.com for details on our amazing 10 mile event which happens on Saturday 26th September. All proceeds will go to the building of Killarney's first athletics facility!

ST. PAUL'S BASKETBALL NEWS

BASKETBALL REGISTRATION: The new basketball season is just weeks away and St. Paul's Basketball Club will hold their annual Juvenile Registration and enrolment evening in Killarney Sports and Leisure Centre this Monday September 7th from 6.00pm to 7.30 p.m.

The Registration evening is open to boys and girls from U-8 to U-18 and all players will be catered for. Registration for the 'Little Dribblers' (U-8) will also take place on the evening.

It important that all players register with the club on Monday September 7th so that a sufficient amount of teams can be entered in the Kerry Area Board leagues. Parents are asked to attend the Killarney Sports and Leisure



TWO OF ST. PAUL'S BASKETBALL CLUB MOST EXCITING UNDERAGE PROSPECTS IN RECENT YEARS, JORDAN LEE AND EWAN WELDON. ST. PAUL'S WILL HOLD THEIR ANNUAL JUVENILE REGISTRATION AND ENROLMENT EVENING IN KILLARNEY SPORTS AND LEISURE CENTRE THIS MONDAY SEPTEMBER 7TH FROM 6.00PM TO 7.30 P.M. PICTURE: EAMONN KEOGH (MACMONAGLE.COM).

Centre on the night with their children where club officers and coaches will be available to deal with any queries. St. Paul's would be delighted to welcome any new players interested in joining the club this season. The club would also appreciate the input of extra coaches as well. Former players and anyone with any basketball background are more than welcome. Parents of any young players are also invited to to get involved in club activities. Further information is available from Tricia O'Shea (086 6057679) or Jean Courtney (086 1994378).

PAT CONQUERS THE ULTRA-TRAIL DU MONT-BLANC

Killarney based adventurer Pat Rodgers has conquered one of the most difficult foot races in Europe. UTMB is a single-stage mountain ultramarathon. It takes place once a year in the Alps, across France, Italy and Switzerland. The distance is approximately 166 kilometres (103 mi), with a total elevation gain of around 9,600 m. It's certainly one of the largest with over two thousand starters. The combined participation in all of the events is approaching 10 thousand runners. While the best runners complete the loop in slightly more than 20 hours, most runners take 30 to 45 hours to reach the finish line. There is no prize money awarded.

Pat was joined by his wife Tina Reed, Lillian Deegan and Pól O Murchú and a back team who supported him all the way.

A keen outdoors enthusiast, Pat started canoeing when he was in his teens and paddled around Ireland fifteen years ago. He is a keen mountaineer and climber and in the past two years he took up running. "It's a hard one to top" Pat told the Killarney Outlook "I'm not sure what I will set my sights on next", he added.

As only 68% of the field finished Pat is delighted with his achievement and now turns his thoughts to his wife Tina who takes part in the Kerry Ultra way which began this morning, Friday September 4th at 6.00am, from the Killarney Tourist Office. The non stop run, which traverses over the McGillycuddy's Reeks and Iveragh Peninsula, stretching along The Wild Atlantic Way, along ancient trails and old roads and coastal cliffs.



PAT RODGERS PICTURED AT THE FINISHED LINE OF THE UTMB.

KILLARNEY ATHLETIC A.F.C. NOTES

50TH ANNIVERSARY CELEBRATIONS

TICKETS: Last Chance to get your tickets for tomorrow night's celebratory buffet. Tickets still available you can contact Michael O'Shea on 087 222 6185 or Don O'Donoghue on 086 123 4610. Price : €25.00: Celebratory Buffet in the Dromhall Hotel. Drink Reception sponsored by Mustang Sallys at 7.30pm and Celebratory buffet at 8.00pm sharp.

FIXTURES:

KERRY SCHOOLBOYS/GIRLS LEAGUE FIXTURES:

Saturday 5th September 2015.

JK Sports Under 12 Premier

Killarney Athletic v Dynamos A 10.30am.

Wednesday 9th September 2015

Foundation Sports Under 14 Premier

Killarney Athletic A v Killarney Celtic A 6.30pm.

KILLARNEY ATHLETIC ACADEMY. (U6'S

- U10S): Our Academy is starting up again on Friday's from 5.00pm to 6.00pm for ages 6, 7

& 8's and from 6.00pm to 7.00pm for ages 9, 10 & 11 in Killarney Athletic, Woodlawn. Registration will take place on the night and bring €2 for training. All Players welcome, new and old, bring your friends.

UNDER 12'S TRAINING: Under 12's training is back on Thursday in Woodlawn at 6.30pm until 8.00pm.

KILLARNEY ATHLETIC WEBSITE: Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

CONTACT: If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

MEK UNITED NEWS

U12/U13 SQUADS: Things are getting really busy in MEK land as we prepare and build for the new season. A few weeks ago we held a registration day for our older players and are delighted to announce that we will have U12 and U13 teams play in the Kerry Schoolboy League next season!

This is fantastic news for our club. We were founded less than 12 months ago and since then had a half season of training, a trip to Camp for a blitz as well as over 90 kids register to play. Now we have two squads entering the Kerry Schoolboy League as well as wonderfully designed kit for the new season and great sponsors helping us also. Once we have our new jerseys we will show them to the world but rest assured, they look absolutely class!

Training takes place for the U12 and U13 squads every Thursday evening between 6 and 7pm. New players are more than welcome to come along and register. Our team managers Pa and Trevor are excellent coaches and are ready for the season ahead. Go MEK!

MEK ACADEMY: Our Academy is due to start back training for the forthcoming season. Next Saturday the 5th of September, we will hold a registration day at Fossa Community Hall

between 2 and 4pm for children aged between 5 and 10. We intend to restart training on the 12th of September at the AstroTurf pitch in Fossa. The cost of registration is €30. We also will have a brand new MEK kit available for the new season at a cost of €20. For the registration day we are offering the registration and kit for the sum of €45! For details or information call Pa Murphy on 087-7943220 or Liam Murphy on 087-4145662. Check out our Facebook page and website www.mekunitedfc.com for further updates.

KILLARNEY CELTIC NOTES

GOLF CLASSIC: Our Annual Golf Classic, sponsored by the Killarney Avenue Hotel, takes place this year on September 5th on the Lackabane course. Teams of three €150. All welcome. Contact Mike Daly at 086 8516915 for details. All welcome.

MANAGERS WANTED FOR FOOTBALL

FOR ALL: Killarney Celtic Football For All provides soccer in a fun and supportive way for children with special needs. This is an integral part of the club and one of which we are all proud. However, in order to provide that safe and supportive environment, we need volunteers to help us with coaching and supervision. Full training will be provided, so all you need are a few hours a week to spare if you would like to help people achieve their full potential. Please contact Jane O'Donoghue on 086 2243435 if you would like to be involved.

TRAINING TIMES: Players must register on the night to be fully covered and to play in the senior or schoolboys Kerry leagues. Everybody is welcome to a testing but fun training environment. We do ask players to wear the proper equipment for safety's sake and to respect the authority of coaches and other trainees. These times may be subject to change as the season beds down.

Senior squads and Youths – Tuesdays, Thursdays (this slot will be switching to Fridays in a few weeks time) 7.30pm.

Killarney Celtic Football For All – Wednesdays, 5.00pm. U16 – Mondays, 8.30pm. U14 Boys – Mondays – 7.00pm. U14, U12 Girls – Thursdays, 6.00pm. U13 – Thursdays, 6.00pm. U12 – Mondays, 5.30pm. U11 – Wednesdays, 5.00pm. U10 Girls – Saturdays, 11.00am. U10 Boys – Saturdays, 4.15pm. U9s – Saturdays, 3.00pm.

U8s – Saturdays, 1.45pm. U7 training for boys and girls has now started. New players welcome next week. Training takes place at 12.30pm on Saturdays with an emphasis on fun first.

RESULT: DENNY PREMIER: TRALEE DYNAMOS 3 KILLARNEY CELTIC 2:

Dynamos led 2-0 after the first quarter with goals from Uros Ivkovic and Stephen McCarthy. They had a penalty hit the woodwork and another brilliant saved by the excellent Roy Kelliher. Ten minutes before half-time, an industrious Wayne Sparling won a corner and flicked Trevor Nagle's accurate kick to the net. 2-1 at the break. Celtic were much improved in the second half and enjoyed more possession, but Dynamos made it 3-1 when Anthony Murphy headed home a James Sugrue cross. The outstanding Gary Keane slotted a penalty

won by Wayne Sparling and Celtic pressed very hard but just couldn't find an equalizer despite dominating possession. Not the result we wanted, but this kind of game is an advertisement for quality and excitement of the KDL. **KILLARNEY CELTIC:** Roy Kelliher, Conor Farrell, Fergal O'Donoghue, Gary Keane, Stephen Brosnan, Conor Randall, Matt Keane, Stephen Hayes, Joe Hurley, Wayne Sparling, Trevor Nagle. Subs Stephen McCarthy, Patrick Kissane, Presley Dube, Kieran Murphy.

FIXTURES:

Denny Premier: Killarney Celtic at home to Castleisland, Friday, 7.30pm.

U16 Premier: Killarney Celtic at home to Inter Kenmare, Saturday, 12.30pm.

U14 Premier: Killarney Celtic away to Killarney Athletic, Wednesday 9th, 6.30pm.

U12 Premier: Killarney Celtic away to Killorglin, Saturday, 10.30am.

PITCH BOOKINGS: Contact Mary Lyne 086-6485809 to book our All Weather full size pitch or training area.

LOTTO RESULTS: Numbers drawn 7, 16, 19, 24. No winner. Next week's jackpot €3600, draw in the Failte on Monday night. Tickets available from all club officers. Yearly tickets available. If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com.

Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

MASTERGEEHA FC

U17 CUP SEMI FINAL REPLAY MASTERGEEHA 2 INTER KENMARE 1

In this game on Friday night the boys qualified for the cup final with a deserved win over Inter Kenmare. In the opening stages Paudie O Connor went close with a header before Jake Moynihan scored the opening goal in the 15th minute following a cross by Geroid Kerins. In the 30th minute Mastergeeha doubled their lead when Gearoid Kerins scored following a corner. After this Mastergeeha created some further chances with Donal Moynihan and Patrick Warren going closest. However with 15 minutes remaining Kenmare pulled a goal back. From then on Mastergeeha defended well and James Nagle went close to extending the lead with a shot from the edge of the box at the end of the game. All involved played.

SENIORS: In preparation for the new season seniors training continues on Wednesday and Friday at 7.15pm at Kilbreen Park. New Player welcome.

SCHOOLBOYS & GIRLS TRAINING: In preparation for the commencement of the new underage season training continues for schoolboys and schoolgirls teams. Schoolboys season kicks off with even ages groups on Saturday 19th September. New players welcome for all ages. For further information contact: Tadhg Brosnan: Ph. 086-4098405.

COACHES – VOLUNTEERS: Anybody interested in volunteering, coaching, managing or helping out with the club or a team for the forthcoming season please contact 086-4098405.

KILLARNEY ATHLETIC - REFLECTION ON CLUB HIGHLIGHTS

DAN HARRINGTON / DESMOND LEAGUE/HALF MOON: Dan Harrington was the man who founded the club in 1965. Too many to be named carried the baton from him over the past 50 years, with the heart of club being all who have been and continue to be associated with the name of Killarney Athletic today.

Dan entered the team in the Desmond League (West Limerick) along with Tralee Dynamos and Listowel as there was no Kerry League.

The club's home pitch was on a section of a field known as the 'Half Moon'. Dan got the permission of John McShain RIP the American business man who owned the ground at the time to select an area of the field to be used as a soccer pitch. Previously the land would have been part of the Lord Kenmare's estate. All of the land is now under the control of the State and managed by the National Parks & Wildlife. The club continue to have the use a pitch in the Knockreer field.

KERRY DISTRICT LEAGUE/OSCAR TRAYNOR TEAM: The club was a founding member of the Kerry District League when it was formed in 1972 with a number of members from the Harrington era to the fore. Donagh Gleeson and Joe Grant in particular played a big part in the entry of Killarney Athletic into Kerry league. Brian Gilhooley RIP also made a significant contribution to the club at the time through his involvement with the Franciscan Youth Club with many of those players in the team from the start of the KDL. The club has also been well represented in the management committee of the league throughout its history. The club has always taken great pride in its many players who have been selected to represent Kerry in the Oscar Traynor Cup.

KERRY SCHOOL BOYS/GIRLS LEAGUE AND KENNEDY CUP TEAMS: From the foundation of the club in 1965 the promotion of the game for young people has always been to the fore, and the club is proud to have been part of the Kerry School Boys/Girls League when it was formed in the 1980s. The club has also been well represented in the management committee of the league with many club people serving as officers of the league. Having players selected for the Kerry Kennedy Cup team has always been considered an honour for the club and the club has provided many managers to the team throughout its history.

ÁRAS PHÁDRAIG PITCH AND FRANCISCAN FRIARS: The contribution the 'Áras pitch' has made to the life of the club could never be understated. From the late '60s to the late '90s the 'Áras' was an iconic soccer field for young and old alike in the heart of the town.

The very positive contribution the Franciscan Friars have made to the local community and

youth of Killarney is well demonstrated by the support they have given to the club in allowing the use of the pitch as a soccer ground. Fr. Vivian Molloy RIP was the best known friar who facilitated and supported the club but there were also many more like him in their community.

7 A-SIDE - MEN'S/LADIES' AND UNDERAGE: As it enters its 40th year of competition in 2016 the 7-a-side has arguably been the biggest promoter of soccer in Kerry in its time. Many clubs from the area formed through their first involvement competing in the 7-a-side.

The 'Áras' pitch and the 7-a-side was where the majority of young players first played the game and formed in teams with their friends in an organised soccer event. The 7-a-side of course has been more than just a club highlight; it grew from an early stage into a community event attracting teams and supporters with a lesser interest in soccer to partake annually. The coverage and support of the local media contributed in no small way to its growth and popularity. And the generosity of local sponsors has also made the tournament a blue riband event and a major fundraiser for club's facility development.

HOME GROUND IN WOODLAWN:

Works to improve the Knockreer pitch surface commenced in 1990 which meant that the club had to find an alternative venue to play the home matches. Tom Lyne of the then Vintage Bar in New St. came to the aid of the club by providing land he owned on the banks of the river Flesk to be used as a pitch. The club rented the ground for two seasons before purchasing the land in 1993. The club developed the ground over the following 15 years which included the completion of a dressing room facility in 2002 and the completion of two full size pitches in 2007.

Former minister John O'Donoghue and FAI boss John Delaney deserve recognition for their financial support of the projects at the time.

FAI SOCCER CLINIC: The club organised the 1st ever FAI Soccer Clinic in Kerry in 1992, again the 'Áras' pitch was the venue. Irish Internationals Paul McGrath and Mick McCarthy visited the ground at the time to add their support of the event, while the lesser known Alan McLoughlin coached on the camp that year. Alan was to become Ireland's hero in 1993 when his equalising goal against Northern Ireland in a hostile Windsor Park secured the Republic's place in the U.S. World Cup finals in 1994. The club continued to run the camps for a number of years thereafter.

COACHING TALENT: Twenty years after the KDL was formed soccer had eventually risen from the ashes and recognised as a respected

sport in Kerry. Schoolboy football in particular was very popular all over the county and it was clear that there was plenty of talent in the clubs. Nurturing the talent through quality coaching was an essential requirement for players to reach their full potential. To this end the club organised and ran FAI coaching courses and the benefits were enormous as the all-round soccer ability of the players improved.

FAI SCHOOLS SOCCER: The club were again 1st to organise and run the Primary Schools 7-a-side and skills competition in the county in 1994. The events further promoted the game in the primary schools while showcasing the talent that existed even in the smallest of rural schools in the county.

Internationally Capped & Professional Players
The club are most proud to have produced 6 internationally capped players with two of those signing professional contracts.



Michael Moloney became the first capped Schoolboy International player from Kerry in 1990.

Bryan Murphy was the 1st club player to play in the League of Ireland and also played for the Irish Universities in the World

Games in 1995.

Diarmuid O'Carroll was capped for the Irish under 15s and signed for Glasgow Celtic in 2003.

Brendan Moloney was capped at underage level and signed for Nottingham Forest in 2005.



Michael 'Smiler' Moloney was capped on numerous occasions for Irish under 15 & 16 teams in 2003/04.

Ronan Murphy was also honoured with an Irish Schoolboy International



cap and was part of the Nottingham Forest academy for a year in 2010. What a history! Thanks to all who made it possible over the past 50 years and we're looking forward to a bright future.

#lovekillarney

Get your weekend off to a **bright** start with the **KILLARNEY Outlook**
First every **FRIDAY MORNING** with the best Advertising, News, Sport & Community News



PICTURED AT THE LAUNCH OF THE KILCUMMIN GAA ANNUAL FUNDRAISING GOLF CLASSIC WHICH WILL BE HELD AT BEAUFORT GOLF CLUB ON SATURDAY 12TH SEPTEMBER WERE L:R: SHANE O'CALLAGHAN, BILLY DOOLAN, NOEL DUGGAN, KIERAN FLEMING, WILLIE FLEMING, PHILIP O'CONNOR, PAT O'CONNOR (SPONSOR) BREDA DUGGAN AND MUIRIS HEALY.

TEAM INFORMATION IS AVAILABLE FROM, MUIRIS, AT 0861614136, AND MIKE, AT 0877945103.

CASTLEROSSE GOLF CLUB

RESULTS: COMPETITION PLAYED ON SUNDAY 30TH AUGUST 18 HOLE

STABLEFORD: Winner; Daniel Shine (06) 42pts, Runner-up, John O'Reilly (25) 39pts, Overall 3rd place, Donal O'Reilly (20) 37pts.

RESULTS, 3 PERSON MIXED SCRAMBLE PLAYED ON TUESDAY 25TH AUGUST: Best net return, Mick Clifford, John O'Reilly and Steve Shine.

LADIES OPEN DAY THURSDAY 20TH AUGUST 18 HOLE 3 BALL BETTER BALL:

1st Prize; Peggy O'Riordan (Beaufort), Mary O'Shea (Beaufort), Maeve Loughrea (Macroom) net 39pts.

2nd Prize; Teresa Clifford (Beaufort), Reene Clifford (Beaufort), Joan O'Sullivan (Beaufort) net 38pts.

3rd Prize; Mairead O'Donovan (Castlerosse), Agnes Curran (Killarney), Paschaline Fitzgerald net 37pts.

4th Prize; Kathleen Lynch (Castlerosse), Brid Scannell (Castlerosse), Noirin Sheehan (Castlerosse) net 32pts.

FIXTURES: Weekend competition 18 hole Stableford please register on time sheet at Castlerosse.

Scramble 9 hole competition continue each Tuesday at 6.15pm. Open to Ladies and Gents. Charity open day in aid of "Oaktree Services, St. Mary of the Angels" Beaufort at Castlerosse Golf club on Saturday 3rd October (2 ball better ball Stableford) Cost per team €30. Ring 087 2526598 for timesheet to enter. Please support, great range of prizes.

KILLARNEY GOLF CLUB

LADIES:

RESULTS OF COMPETITION SUNDAY 30TH AUGUST, 2015 SPONSORED BY LAURELS BAR & RESTAURANT - SINGLES V- PAR.

1st Katie O'Connell (25) 6up (BK6).

2nd Helen Prendergast (23) 6 up.

3rd Nancy Fleming (24) 5 up.

BG Amy Arthur (7) 3 down.

4th Kathleen Wall (23) 4 up.

5th Maureen Creedon (13) 3 up.

6th Susan Tony (16) 2 up.

Next Competition Sunday 6th September, sponsored by Christies Stores, stroke- Mahonys. Pat Courtney Memorial Mixed will take place on Sunday 13th September, Time Sheet on board. CSS 70.

KILLARNEY GOLF CLUB

MEN'S NOTICES

GENTS SINGLES - BACK STAKES STABLEFORD, KILLEEN, 30/08/15 SPONSORED BY DAVE KEATING

1. John Hickey (13) 38pts.

2. David O'Donoghue (5) 37pts.

3. Niall McCarthy (6) 36pts.

4. John Cahill (11) 36pts.

5. Donie Mac Sweeney (14) 35pts.

Cat 1 Michael Maher (6) 34pts.

Cat 2 James Curran (11) 34pts.

Cat 3 Der Brosnan (16) 33pt.

Cat 4 Pdraig Griffin (18) 32pts.

C.S.S. 33pts.

RING OF KERRY

RESULTS

28/29 & 30TH AUGUST SINGLE STABLEFORD GOTY

1st Simon Stauch (12) 39pts ocb.

2nd Michael Kirby (10) 39pts.

3rd Toby Steadman (5) 38pts.

4th Jonathan Goodall (3) 38pts.

Upcoming Events Open 2 person rumble event 5th & 6th September

Tee times 0646642000

KILLORGLIN GOLF CLUB

LADIES: LADY PRESIDENT BETTY FOLEY'S PRIZE 18 HOLE STABLEFORD: 1.Emma Daly (21) 43 pts. 2. Kathleen Keating (23) 33 pts. 3. Eibhlin McCarthy (8) 34 pts. 4. Kathleen Cronin (24) 31 pts. H/C 32-36: Vice Captain Anne Kenny Foley (32) 31 pts.

12 HOLE STABLEFORD: Nancy Powell (36) 15 pts. **MEN'S INVITATION 9**

HOLE: Michael J. O'Sullivan (10) 18 pts

18 HOLE 3 CLUB STABLEFORD SPONSORED BY ANN WALKER:

1. Betty Griffin (35) 33 pts. 2. Kathleen Cronin (24) 31 pts. 3. Marian Healy (30) 31 pts.

PUCK FAIR RE-ENTRY 12 HOLE STABLEFORD:

1. Angela Lyons, Dooks (16) 29 pts. 2. Mary Conway (29) 24 pts. 3. Betty Griffin (35) 24 pts.

SILVER SWANS: 12 HOLE STABLEFORD:

1. Mary Conway (29) 23-2, 21pts.

2. Kitty Galvin (27) 20 pts.

FIXTURE: 18 Hole Stableford sponsored by Kerry Photo Stores can be played Saturday 5th or Tuesday 8th September. Arrange.

12 Hole re-entry sponsored by Lady Member Mary Healy continues until further notice.

BEAUFORT GOLF CLUB

LADIES BRANCH

23RD AUGUST - PRESIDENT'S PRIZE TO LADIES - SPONSORED BY PRESIDENT JOHNNY DOOLAN AND LADIES BRANCH

1st Grace Dennehy (30) 32 pts.

2nd Joan O'Sullivan (22) 31 pts.

3rd Peggy O'Riordan (35) 29 pts.

Front 9: Noleen Mackessy (26) 15 pts.

Back 9: Renee Clifford (25) 14 pts.

FIXTURES: 5th/6th September - 18 hole Stableford - Sponsored by Beauty Within, Killorglin.

Club Scramble continues on Wednesday 2nd September. Meet at Clubhouse at 5.45pm for scramble starting at 6pm.

Open to non-members.

Ladies Club Fundraiser - Tuesday 8th September - Sponsored by Dunloe Hotel.

Mixed Single Stableford - Entry Fee €15 - Ring clubhouse to book a tee time.

Open Fridays from 10th April to 2nd October 2015. Open to Ladies & Gents - Single Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time.

BEAUFORT GOLF CLUB

MEN'S BRANCH

23RD AUGUST - PRESIDENTS PRIZE - SPONSORED BY PRESIDENT JOHNNY DOOLAN AND RING O'DONOGHUE HOTELS.

1st Michael Quirke (14) 42 pts.

2nd Shane O'Sullivan (6) 41 pts.

3rd John Looney (12) 40 pts.

4th James Jones (10) 39 pts.

5th Robert Miller (11) 39 pts.

Front 9: Timmy Lyne 22 pts.

Back 9: Brian O'Connor 21 pts.

Nearest The Pin: Sean Mackassey.

21ST AUGUST - OPEN FRIDAY SPONSORED BY CLIFFORD GROUND CARE

Winner: Vincent O'Sullivan (15) 39 pts.

28TH AUGUST - OPEN FRIDAY SPONSORED BY CLIFFORD GROUND CARE

Winner: Seamus Curran (6) 35 pts.

FIXTURES: 5th/6th September - 2nd Round of Gleasure Cup - Stroke - White Tees - sponsored by Cronin Butchers.

Club Scramble continues on Wednesday 2nd September. Meet at Clubhouse at 5.45pm for scramble starting at 6pm.
Open to non-members.
Ladies Club Fundraiser - Tuesday 8th September - Sponsored by Dunloe Hotel.
Mixed Single Stableford - Entry Fee €15 - Ring clubhouse to book a tee time.
Open Fridays from 10th April to 2nd October 2015. Open to Ladies & Gents - Single Stableford Entry Fee €20. Ring Clubhouse on 064-6644440 to book a tee time.

KILLORGLIN GOLF CLUB

MENS CLUB

COMPETITION SPONSORED BY DONAL CONSIDINE, GOLF SHOP KILLARNEY 30/08/15

1st Mike J. O'Sullivan 40 pts.
2nd John McCarthy 40 pts.
3rd Colin O'Sullivan 39 pts.
Gross Aidan Spillane 76 gross.
4th Mike Breen 22 pts.
Senior Gerry Fleming 33 pts.

12 HOLE COMPETITION ENDING 28/08/2015

1st Mike J. O'Sullivan 28 pts.
Next Weekend Sunday 6th September
President Tommy Murphy Prize- Timesheet
Next Friday 4th September Presentation Night at 8.30 p.m.

BEST WISHES: To Dooks Golf Club in the All Ireland Mixed Foursomes Finals next Thursday and Friday in Dooks from all at Killorglin Golf Club.

ROSS GOLF CLUB

LADIES:

SINEAD O'SHEA'S LADY CAPTAINS DAY

RESULTS: 1st Ailish Mulcahy (6) 39pts, 2nd Noreen O'Mahony (26) 34pts, 3rd Mary O'Sullivan (29) 33pts, 4th Mary Cronin (20) 33pts, 5th May Moynihan (24) 33pts, Front 9 Eileen O'Riordan, Back 9 Bridie Doyle, Past Captain Eileen Fleming(18) 33pts.

ROSS GOLF CLUB

GENTS CLUB

RESULT: On Sunday August 30th we held a single stableford competition kindly sponsored

by the Golf Shop, College St.

The following were the winners:

1. Jordanas Jonikaitis (13) 42 pts.
2. Jimmy Smyth (14) 41 pts.
3. Donnagh Moynihan (10) 40 pts.

FIXTURES: On Sunday September 6th we will hold a single stableford competition sponsored by Mark Heinemann, of Getgolfing and the Ross GC Golf Professional.

The timesheet is now available in the clubhouse so please add your name to it as soon as possible.

THE ROSS GC NINES OF KERRY TEAM: Were narrowly beaten recently by Ardfer in Ardfer in that competition.

REMINDER: Our President, Donie Mulcahy will hold his Presidents Prize on September 13th. More details later .

CONGRATULATIONS: To Lady Captain, Sinead O'Shea on her very successful Captain's Day and equally successful presentation/social night last Saturday.

LEGION GAA CLUB UNVEIL AN ALTERNATIVE STRIP

ENDA WALSH TELLS THE KILLARNEY OUTLOOK ABOUT THE HISTORY OF THE CLUB JERSEY

The decision to unveil an alternative Legion strip at a recent game against Kilcummin goes back to a long affiliation with "The Mon". Since its foundation in 1929 Green and White were the club colours and in the initial years the club fielded only an adult team and there was no juvenile structure as is the case today. The first Juvenile teams to represent the club actually wore a light blue jersey then in later years a green and white hooped jersey similar to Glasgow Celtic colours. The decision was then made for all teams in the club to wear the traditional green and white jerseys. The Presentation Monastery school team always wore black and white. This was a combination of the colours that were worn by teams in the town league back in the 1920s. The teams were representing the different areas of the town. It was felt that these colours best represented the school. In the 1980s Killarney (a Legion and Crokes combination) entered the County Championships and again the black and white were worn by the team.

In recent years, in 2005 the Legion Senior team wore the black and white jersey in their victory over Finuge in the County Intermediate Final this was due to a clash of colours. The club has always had a very close association with the Presentation Monastery school with three Kerry Captains Denny Lyne



PICTURED WEARING THE NEW STRIP ARE BILLY MCGUIRE, JACK O'NEILL, KJ GRIFFIN, CHRIS DAVIES, DEREK TWOMEY. FRONT ROW DENIS SHEAHAN, DAVID O'SULLIVAN AND DANNY SHEAHAN. ALL MON BOYS!!!

1947, Johnny Culloty 1969 and Diarmuid O'Donoghue attended the school along with Weeshie Fogarty and today's intercounty stars James O'Donoghue, Brian Kelly, Jonathan Lyne and Podge O'Connor .

Today the vast majority of the senior panel were educated in the New Road and it was felt

as the colours are part and parcel of the town and school that it was important to represent them in some way. The jersey numbering in the back row highlights the founding year of the club to the present day (1929-2015).

IF YOU HAVE A STORY...

Call: Aisling on **086 0400 958** or Email: editorial@outlookmags.com

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According to Kelliher's general manager John Lynch 'one of the reasons Sinclair McGill proves successful is the higher tetraploid inclusion rates than standard grass seed brands. Tetraploids have a

higher yield potential than diploid varieties but with better intake potential due to a higher digestibility and palatability. Current research in Teagasc, Moorepark is proving that tetraploids with similar DM intakes to diploids, is giving higher animal performance with increased yields. Delphin a late tetraploid in these trials is currently performing very well and is included in Sinclair McGill mixtures. In addition, Aspect a new late tetraploid on the Irish Recommended List since 2014 has the highest ground score and very good dry matter.' Lynch concludes 'a farmer can be assured that rather than getting a general grazing mixture they can choose one which is specific to their farm, soil type and management system.'

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This Weeks Gardening Tips

1. September is prime time for planting spring bulbs. Add a little slow release fertiliser and grit if the soil is heavy
2. September is also ideal planting time for container grown trees, fruit bushes, perennials and bulbs
3. Reduce the frequency of mowing your lawn and feed the lawn with an autumn lawn feed. The low nitrogen feed strengthens the grass for winter
4. Deadhead dahlias, asters and other spent flowers to keep the garden tidy and encourage dahlias to re-flower

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KILCUMMIN NEWS

KILCUMMIN GAA LOTTO: There was no winner on Sunday August 30th. Numbers drawn were 15, 17, 19, & 25. Next Draw Sunday, September 13th, 2015. Jackpot now €5,500.

KILCUMMIN GAA: UNDER 14 GIRLS: Play Laune Rangers on 6th September at 6pm at home.

U12 GIRLS: Play Miltown/Listry on 8th September at 6.30pm at home.

I.C.A: The I.C.A. Guild will resume after the Summer break with the monthly meeting on Wednesday 9th September at 8pm in the Rural Development Office – all ladies wishing to join us are always welcome.

COMHALTAS: Kilcummin Comhaltas Branch would like to invite Set Dancing trainers to contact the Branch if you are interested in training our Set Dancers for competitions in 2015/16. Please contact our Branch Secretary on 086 0810208 before Wednesday 9th September.

PARENT AND TODDLER GROUP: Toddler group continues every Monday from 10.30-12.30 in the Recreational Hall across from the Church. We are a group of mums, dads and childminders who meet every Monday during school term, for a chat and get together for the adults and play for the children. All welcome.

FAMILY TREE: Connie Doolan has spent about 2 years researching the Family Tree. He is having an information day on Saturday the 5th of September in Kilcummin G.A.A. Hall at 3pm. All are welcome. Any additional stories or information is welcome. You can also contact Connie on 087 9579214

VACANCIES: A number of vacancies will become available in September on the Kilcummin Rural Dev C.E. Scheme. These include Maintenance-Caretaker, Care Assistant and Office Administrator. These positions are a development opportunity and no experience necessary. Accredited training will be provided to support your career. Please contact your Local DSP employment services/Intreo office to check your eligibility. To apply please forward your C.V. and PPS No. for the attention of the supervisor to Rural Dev Office by post or by email to info@kilcumminparish.com Further info contact John on 086-1579381.

GAA: GAA GOLF CLASSIC: This fundraiser which is vital to meet the day to day costs of running any club is taking place on September 12th in Beaufort Golf Club. Teams of 3 cost €120 and sponsorship of a tee or green is also most welcome. Tee times at this stage are filling up and are limited so please contact Muiris Healy

(086)1614136 or Mike Casey (087)7945103 if you would like to play. Contact any member of the Executive or Willie Fleming with Sponsorship on (087) 9284909. Your support will be greatly appreciated and advertised.

FAMILY FUN DAY: Kilcummin GAA Family Fun Day Sunday 6th September. Fun for all the family. U12 Parish League, BBQ, Skills Tests, Fun/Novelty Races, Music, Tug-o-war and more 2-6pm.

KERRY HOSPICE FOUNDATION: Celebrating Models in Recovery. Charity Autumn/Winter Fashion Show on Wednesday 9th September 2015 at The Killarney Oaks Hotel, Muckcross Road, Killarney 7pm sharp: Red/White Wine Reception. 7.30pm: Fashion show commences. Tickets: €15.00 available from the Boutiques, Killarney: MacBees Fashion, Jasmine, Wisteria, The Pill Box, Annette's Boutique, Abbeyfeale, Brian James Menswear, Quills Menswear & the following: Pat Doolan, Chairman tel.: 085-1543514, Kay Spillane tel.: 086-2962668. Fantastic Door Prizes on the night

MASTERGEEHA FC LOTTO: There was no winner on Friday 28th August. Numbers drawn were 1, 11, 16 & 17 Jackpot now €5,100.

GLENFLESK NOTES

GLENFLESK U12S: The U12s are back in action in the East Kerry league and played their first game against Legion on Tuesday night last. The U11s travelled to a blitz in Fries on Saturday August 29th and after some great performances made it to the final where they ultimately lost out to Ballymacelligott. Well done to all the players and their coaches, and thanks to Fries for organising the competition. The U10s played a challenge match against Keel in Barraduff on Wednesday August 26th.

BARRADUFF COMMUNITY FIELD: Gneeveguilla Athletic Club is the latest local group to avail of the fantastic new facilities at the Barraduff Community Field. Athletics for girls and boys aged 6 to 16 continues every Friday night between 7pm and 8pm for the

winter months. With a definite emphasis on fun and games this is a great way to introduce your children to athletics. All welcome.

KNOCKANES NS SPINATHON: Knockanes NS parents association are holding a Spinathon on Sunday next 6th September in Killarney at the market cross from 1-7pm. This is a fund raiser to help with funding towards the Astro turf pitch which we are putting down at the moment. This is to ensure our children have the best facilities available to them. This will encourage and educate them in health awareness and ensure they keep active. We will have local footballers Seamus Moynihan and John Crowley spinning on the day as well as teachers, parents and Radio Kerry presenters Brendan Fuller and Ciaran O'Regan. We also

hope to have a special treat for everyone!!!!!! We are looking for volunteers to help with bucket collection on the day. If available please contact 087 1307893.

RAHEEN NS: Congratulations to Joan Mullane who had the winning lotto number 12 on Saturday the 29th of August.

SYMPATHY: Sympathy is extended to Noreen Warren (Shrone draugh) on the death of her brother Michael Cronin who passed away recently. Sympathy is also extended to the Reen family (Ironmills) on the recent death of their mother Nora Mai. Ar Dheis Dé go raibh a n-anam.

CONTACT: We welcome items of local interest. Please contact PRO Donal on 087 668 7926 or pro.glenflesk.kerry@gaa.ie.



GLENFLESK UNDER 15 MIXED 8 HAND, WHO CAME FIRST IN IRELAND IN FLEADH CHEOIL NA hÉIREANN IN SLIGO RECENTLY.



GLENFLESK UNDER 12 GIRLS 8 HAND, WHO CAME FIRST IN IRELAND IN FLEADH CHEOIL NA hÉIREANN IN SLIGO RECENTLY.



PICTURED AT FOSSA NS ON THEIR FIRST DAY OF SCHOOL WERE JUNIOR INFANTS L-R AYLA KEOGH, LIAM DENNEHY-QUINN & SIENNA PRIETO.



PAUSING FOR A PHOTO ON THEIR FIRST DAY OF SCHOOL AT HOLY CROSS MERCY NS L-R WILLIAM MCCARTHY-O'REGAN, MICHAEL O'BRIEN & CILLIAN O'DONOGHUE.



THE CLASS OF 2030..... JUNIOR INFANTS AT KILCUMMIN NS WITH THEIR TEACHER GILLIAN SHEEHAN (RIGHT) AND SNA RENA O'SULLIVAN (LEFT).



THE CLASS OF LEAVING CERT YEAR 2030 ON THEIR FIRST DAY AT SCHOOL WITH JUNIOR INFANT TEACHER MISS DALY AT LISSIVIGEEN NATIONAL SCHOOL.



ENJOYING READING A BOOK WITH S.N.A GERALDINE KEATING AT FOSSA NS WERE JUNIOR INFANTS CILLIAN O'SULLIVAN & KATE O'CONNELL-WRENN.



FIRST COUSINS BEGINNING THEIR JOURNEY TOGETHER ON THEIR FIRST DAY AT SCHOOL AT LISSIVIGEEN NS L-R AITANA JUNQUERA-BOWLER & OLANNA BOWLER HEGARTY.



PICTURED WITH MR WALSH ON THEIR FIRST DAY OF SCHOOL WERE L-R AARON MCCARTHY & KATE O'CONNELL-WRENN AT FOSSA NATIONAL SCHOOL.



THUMBS UP FOR MISS DALY'S JUNIOR INFANT CLASS AT LISSIVIGEEN NS FROM SAM O'SHEA ON HIS FIRST DAY AT SCHOOL.



BEST FRIENDS STARTING THEIR JOURNEY TOGETHER ON THEIR FIRST DAY OF SCHOOL AT ST OLIVERS NS L-R SIENNA COFFEY & KATHLEEN O'BRIEN.



PADRAIG QUILL, PICTURED AT ST OLIVERS NS ON HIS FIRST DAY OF SCHOOL WITH HIS NANA ELIZABETH O'DOHERTY WHO IS AN SNA AT THE SCHOOL.



ENJOYING A NICE FRY UP ON THEIR FIRST DAY AT SCHOOL AT HOLY CROSS MERCY NS L-R AIDAN HICKEY, ROBERT MURPHY, DANIEL FENNELLY, BRENDAN MCHUGH, KYLE O'CALLAGHAN & HARRY WESTLAKE.



MUINTEOIR MARY O'LEARY WITH HER NEW JUNIOR INFANT CLASS ON THEIR FIRST DAY OF SCHOOL AT GNEEVGUILLA NS.



BEST BUDDIES ON THEIR FIRST DAY OF SCHOOL AT KILCUMMIN NS L-R ORLA CONDON, TIMMY KELLEHER, AILBHA O'CALLAGHAN, MICHAEL JANOT, KATIE BROSAN & KAYLEIGH O'SULLIVAN.



PICTURED AT TIERNABOUL NS ON THEIR FIRST DAY AT SCHOOL WERE L-R ROBERT RYAN WHO BEGAN 1ST CLASS, NIAL O'SULLIVAN, LUKE HURLEY, EVIE KELLY, EMMET LEARY WITH JUNIOR INFANT TEACHER KATIE MURPHY



LUNCH TIME ON THEIR FIRST DAY AT HOLY CROSS NS ON THEIR FIRST DAY L-R VICTORIA TROUSILOVA & AMELIA DURASIEWICZ.



ENJOYING THEIR FIRST DAY OF SCHOOL AT GNEEVGUILLA NS, L-R DIARMUID MCCARTHY & NOAH LOONEY.



PADDY NOONAN, PICTURED AT LISSIVIGEEN NS ON HIS FIRST DAY OF SCHOOL.



ALL SMILES ON THEIR FIRST DAY AT SCHOOL AT HOLY CROSS MERCY NS L-R JAMIAH SHAHARUE, ISABEL CRONIN & MADISON ANGLAND.



MR O'SULLIVAN PICTURED WITH HIS NEW JUNIOR INFANTS ON THEIR FIRST DAY OF SCHOOL L-R SAMIR ASHRAFUL KHAN, KACPER MACIOL & BORYS JANUSZYK AT HOLY CROSS NATIONAL SCHOOL.



BEST FRIENDS ENJOYING THEIR FIRST DAY AT GNEEVGUILLA NS ON THEIR FIRST DAY AT SCHOOL L-R MOLLY CAFFREY, SINEAD MURPHY & KELLIE O'KEEFFE-KEOGH.



PICTURED AT LOUGHITANE NS ON THEIR FIRST DAY AT SCHOOL, THE JUNIOR INFANT CLASS WITH THEIR PRINCIPAL ALISON COFFEY & MUINTEOIR STEPHANIE EGAN.



MUINTEOIR ESTHER O'CONNELL PICTURED WITH HER JUNIOR INFANT CLASS AT LORETTO NS.



MUINTEOIR LOUISE O'MUIRCHARTAIGH WITH HER JUNIOR INFANT CLASS ON THEIR FIRST DAY AT SCHOOL AT GAELSCOIL FAITHLEANN.



ENJOYING THE CLASS LIBRARY ON THEIR FIRST DAY IN MS COLEMAN'S CLASS AT THE HOLY CROSS MERCY SCHOOL. L-R ROKSANO WAWRO, EMILIA HALINIAR, NADIA DUDZIG, LILLINIA FIRIK & JAKE WANG.



CHRISTINE & CIAN HEGARTY, A NEW CHAPTER AND THE FIRST OF MANY DAYS TOGETHER AT SCHOOL. PICTURED AT ST OLIVERS NS ON CIAN'S FIRST DAY AT SCHOOL WHERE HIS MUM TEACHES ALSO.



ALL SMILES ON THEIR FIRST DAY AT SCHOOL AT HOLY CROSS MERCY NS L-R MARIAH VILLANUERA, TIA BRUTON & SOPHIE HUSSEY



ENJOYING THEIR FIRST DAY AT GAELSCOIL FAITHLEANN, JODI LEAHY & TRISTAN MURPHY



A SPOT OF LUNCH ON THEIR FIRST DAY OF SCHOOL AT ST OLIVERS NS L-R GABRIEL PIEKARSKA & FILIP BILSKI.



ENJOYING THEIR FIRST DAY AT NAOININ BHEAGA AT GAELSCOIL FAITHLEANN WERE L-R DANIEL SHEEHAN, TOMAS O'MORAIN & SETANTA HURLEY.



ZARA MCCARTHY, FOSSA NS ON HER FIRST DAY AT SCHOOL.



EON BROSAN, ENJOYING HIS FIRST DAY AT MS DALYS CLASS AT LISSIVIGEEN NS.

RATHMORE / GNEEVEGUILLA NEWS

by Michael O'Mahony

WEDDING BELLS: Congratulations to Noel O' Sullivan, Cahirbarnagh, Rathmore, who marriage Wilma Kington Douglas Co, Cork on Friday last in Our Lady Of Lourdes Church Ballinlough Road Cork, we wish both of them a long happy life together.

BEST WISHES: Congratulations to Lorcan McLoughlin Kanturk native who has taken up new role as Marketing and Development Officer with Rathmore and District Credit Union. Graduating from Cork Institute of Technology in Marketing Practice, Loran will be responsible for marketing, advertising and promoting at the Credit Union. Lorcan is member of Cork Hurling team and first excelled at hurling during his schooling at Coláiste Treasa. He arrived on the inter-county scene at the age of seventeen when he first linked up with the Cork minor teams as a dual player, before later joining the under-21 sides and the intermediate hurling team. He made his senior debut during the 2010 National Hurling League. Since then McLoughlin has been a regular member of the team and has won one Munster medal. He has been an All-Ireland runner-up on one occasion. Lorcan has also played with the Munster inter-provincial team. At club level he has won numerous championship medals in both hurling and Gaelic football with Kanturk and divisional side Duhallow. His brother, John McLoughlin, has played football for Cork.

ANAM CARA - PARENT EVENING: Anam Cara is holding its monthly Parent Evening on Tuesday 8th of September 2015 from 19:30 to 21:00 in Recovery Haven 5 Haigs Terrace, Killerisk, Tralee. All Anam Cara Services are available free of charge to bereaved parents.

RETIREMENT PARTY: For Lena Kelleher, Matron of Millstreet Community Hospital is being organised for Friday September 4th at 7.30pm in the Wallis Arms, Millstreet. If you would like to join us on the night please text

087 6270806 or call 029 70003. Tickets are limited.

TUREENCAHILL COMMUNITY GROUP: Tureencahill Annual BAR-B-Q will take place on Sunday September 13th at 2pm in School grounds. Top Chef Denis Doody will provide the food followed by music with the O'C TRIO. Tickets €15 National School children €5. Ph. 085 1741551 / 087 0617247

GNEEVEGUILLA BASKETBALL CLUB: Are having a used clothes collection fundraiser on the 13th and 14th of September. Collecting at Gneeveguilla GAA Hall from 5pm to 8pm on the Sunday and up to 5pm on the Monday. Or drop into any committee member before then. Phone 0872685488

SYMPATHY: To the families and friends of the late Joan Murphy (née Healy) Scartaglen, whose death occurred last week. May she rest in peace.

DIOCESAN COLLECTION: Second collection at all Masses this weekend 5th/6th September for Diocesan Needs. Your support would be greatly appreciated

MASS TIMES IN PARISH LOCATIONS THIS WEEKEND: Vigil Mass Schedule for September, beginning this Saturday September 5th Saturdays: Rathmore 6.00p.m, Gneeveguilla 7.30p.m. Sundays Shrone 9.00a.m, Knocknagree 10.00a.m, Rathmore 11.30a.m.

GNEEVEGUILLA GAA: Gneeveguilla Carnival weekend will be held on September 4th 5th and 6th.

Friday evening kicks off with our Co. Championship Minor team of 1985 playing our current Minor team. Music in the Hall afterwards by The Handy Pack. Saturday is a senior game for the Noel O'Sullivan Cup at 6.30 followed by Camel Racing at 8.30. Tote in operation. Sunday is La Le Club and the Paddy O'Leary Shield. U10 Competition plus Baby Show and Fancy Dress Party at 12.30.

A full selection of amusements will be on site throughout the weekend everyone welcome.

RATHMORE COMMUNITY MARKET: Every Saturday 11-2pm, indoors. More stalls welcome contact :0831588404.

BINGO: Rathmore Community centre every Friday night at 8.30pm. Everybody welcome:

IRISH TV MAD FOR SAM LIVE BROADCAST:

From Feis Point Hotel Tralee on Tuesday 15th September at 8-10. Two hour Live by Brian Hurley and co-host Sile Ni Dheargain, Kerry rose 2011 from Lios Póil with host of special guests, analysis, entertainment and with a chance of winning All Ireland Tickets. Irish TV can be viewed across Ireland, the UK and Europe on the Sky platform channel 191, Freesat 400, eircom's eVision channel 191, free to air boxes and online at www.irishtv.ie and www.irishtv.com 0667119364

UNWANTED CLOTHING: RATHMORE RAVENS BASKETBALL CLUB: Are holding a used clothing collection on September 24th 2015 (venue and time tbc). Accepted items include unwanted clothes, bed linen, towels, curtains, bags, belts and softy toys. Please support.

TEEN LINE IRELAND: Teen Line Ireland is a registered charity which provides a free phone helpline for young people who may feel alone, worried or distressed. They provide emotional support through non-judgemental, secure and confidential listening service. Their free phone Helpline number is 1800 833 634 and is open seven days a week (8pm to 11pm) and from 4pm to 11am on Wednesdays.

CONFIRMATION 2016: Tuesday February 16th in St. Joseph's Church Rathmore at 2pm.

RATHMORE COMMUNITY COUNCIL AND RATHMORE COMMUNITY CENTRE COMMITTEE:

Have recently put two defibrillators (AED) in place, one at the Community Centre and one opposite the Church. These life saving devices can give a person in cardiac arrest an 80% chance of survival even before the arrival of an ambulance. These groups plan to run certified training courses in the near future in CPR and AED use. Anyone interested in these training courses please contact Michael O' Mahoney on Tel: 0876676817

e-mail: momahony14@gmail.com

NOTES: Anyone has any information they would like to add to the notes, please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before 6:00 on Sunday.



GLENFLESK UNDER 18 MIXED 8 HAND, WHO CAME FIRST IN IRELAND IN FLEADH CHEOIL NA hÉIREANN IN SLIGO RECENTLY PICTURED WITH THEIR TEACHERS AINE MURPHY AND NORRIE SHEEHAN.



MEMBERS OF THE SPA CLUB REPRESENTING KILLARNEY CCE WHO WON THE GOLD IN SLIGO WERE INVITED TO DANCE WITH CELTIC STEPS ON MONDAY NIGHT LAST. BACK FROM LEFT: ANNA O'CONNOR, CLODAGH MURPHY, SHAUNA BROSNAN, JULIE KELLY, FRONT ROW: SHONA MURPHY, SHAUNA CRONIN, SHOLA KOSCHAN, KATIE CRONIN (MISSING FROM PHOTO CIARA O'SHEA & MAIREAD MANGAN, TRAINER)

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AWARE SUPPORT GROUP MEETINGS

Aware Depression Support Group meets:

Killarney - Mondays, KDYS at 8pm (from October 6th) (please note change of time from 7pm)

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ALL SMILES.... KATIE O'SULLIVAN (LEFT) ALL SET TO START SCHOOL AT THE HOLY CROSS MERCY UNDER THE WATCHFUL EYE OF BIG SISTER CIARA.

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ON THE BOX KILLARNEY OUTLOOKS WEEKLY SOAP COLUMN SELF-CONFESSED SOAP ADDICT, JOE BURKETT TAKES A LOOK AT WHAT'S IN STORE IN THE SOAPS THIS WEEK



AUTUMN PREVIEW

Coronation Street

Save the date as Coronation Street is going LIVE. An hour long live episode will air on Wednesday September 23rd with the finale of the ongoing Callum Logan VS David Platt storyline reaching the end of the road. David and Callum's feud will feature heavily in the Live broadcast as well as Tim Metcalfe discovering that his wife-to-be Sally Webster has shared a kiss with her ex-husband Kevin Webster and the departures of Lloyd Mullaney and Andrea Beckett who will soon learn that she is expecting a baby.

Elsewhere in Weatherfield, Roy Copper will take steps toward a new romance with Cathy Matthews, a new family, the Connors will arrive on the street and Fiz Brown will face every parent's worst nightmare as her daughter Hope is diagnosed with cancer.

Eastenders

There are two huge Eastenders events coming up this autumn that will have viewers on the edge of their seats. Max Branning's trial for killing Lucy Beale and the return of Kathy Beale will kick start a big season of drama for the Albert Square residents. Max's daughter Lauren Branning will return just in time for her father's trial, can she prove his innocence? Meanwhile, Kathy will make herself known to her son Ian Beale when he contemplates suicide. Elsewhere in Walford, Charlie Cotton will make his exit, Dot Branning returns from jail and Robbie Jackson is back as part of Carol Jackson's exit.

Emmerdale

Robert Sugden's killer secret will soon be exposed while Vanessa Woodfield will go into premature labour but will she discover that Adam Barton isn't the father of her baby after the DNA results were swapped? Elsewhere in the village, Jai Sharma will turn to drugs, Eric Pollard will descend into grief and Paddy Kirk will face a new threat.



WHY MINI HABITS CAN CHANGE YOUR LIFE!

So often when we want to change something in our life we try to do too much too soon! We try to take big leaps where it would actually be more productive to start with creating mini habits!

A mini habit is basically a much smaller version of a new habit you want to form. For example if you want to do 100 push-ups daily you start by doing one push-up daily. Writing 3,000 words daily becomes writing 50 words daily. Thinking positively all the time becomes thinking two positive thoughts per day. Meditating for an hour a day becomes meditating for 1 minute or even 1 breath a day. Getting up an hour earlier becomes getting up a minute earlier. Reading for an hour daily becomes reading 1 page of a book daily.

When you create mini steps on a daily basis you are creating the foundation for being able to progress to bigger steps. The key is that it has to be so do-able and so easy that you can fit it into your life without any problem!

Ask yourself what your target goal is and then find ways that you can minify it so that it fits easily and enjoyably into your life.

For more positive Life Coaching tips please visit my facebook page and click "LIKE" to receive!

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Know Your Rights: CONSUMER RIGHTS IN THE EU

QUESTION

I've just come back from a holiday in Portugal. I booked a tour to see the sights but the coach didn't turn up on the day. The tour company said we could rearrange another time but this didn't suit me. Can I get my money back?

ANSWER

When you buy goods or services in another EU member state you have certain rights under consumer legislation, including the right to make a complaint. The consumer laws of Portugal apply to any goods or services you bought while you were visiting there. However language differences and distance can make it more difficult to complain effectively.

If you are not happy with something you paid for, you should deal with the issue as soon as possible. In some cases, there are time limits for taking certain procedures. Even if there are no time limits set down, it is easier for you and the service provider to deal with issues as soon as possible.

Keep all relevant documents. It is your responsibility to prove that you paid for the goods or service that you are complaining about. A receipt is just one way to prove that you paid for an item or service. If you paid for the item by credit card, you can use your credit card statement as proof of purchase.

You should contact the service provider or retailer directly to make your complaint – in this case, the tour company. If you have exhausted the company's complaints mechanism or you are not happy with their response you should seek advice from your European Consumer Centre (ECC).

The ECC in Ireland is there to support you if you have a problem with a supplier of goods or services in another EU member state. It is part of an EU-wide network of consumer centres and it can help you to solve consumer disputes that arise in other member states of the EU. It does this by trying to solve the dispute directly with the supplier and, if this fails, by referring your case to an alternative dispute resolution body.

Further information is available from the Citizens Information Centre below.

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Caherciveen 0761 07 7780

Information is also available online at citizensinformation.ie and from the Citizens Information Phone Service, 0761 07 4000.



SouthWest Counselling Centre

WORLD SUICIDE PREVENTION DAY

KERRY LIFELINE

September 10th, this week is World Suicide Prevention Day. The theme "One World Connected" indicates that in order to combat suicide we must connect at various levels. At Kerry LifeLine we strongly believe that we can all work together towards being better connected. Through sharing information, expertise and time, we can do a great deal to help those who are feeling vulnerable to suicide. Through our combined efforts a difference can be made.

You are not Alone

If you are feeling despair and having thoughts about taking your life – it's really important to know that these are just thoughts. No matter how overwhelming they may seem, you don't have to act on them. You may feel like there is no way out of the pain you are feeling. You may feel you can never escape the stresses in your inner and outer world. What I really want to say to you is this; even though you have these thoughts now, however impossible it might sound, there is light at the end of the tunnel. No matter how big or small your problem may be, even if it's just a tiny glimmer, never give up hope. Don't keep these feelings hidden, there is no shame. Know that you are not alone. Many many people experience feelings of hopelessness and despair. Jenny is one such person.

Jenny's Story

"There were times when I felt no way out of this prison of my mind. I just wanted the pain to end. I wanted to disappear. I tried to kill myself but looking back now I'm so grateful I got the right support I needed. In counseling I was able to talk about whatever was on my mind. I had always felt not good enough and somehow thought what had happened to me was my fault, even though I was just a child. I thought it would be best for everyone if I died. I know now I couldn't have been more wrong. After counselling, the 'demons' in my head have quietened and I've moved to a better place within myself. Yeah, sure I have down days but nothing like before. I've started a new course and for the first time ever I'm looking forward to the future."

Jenny (not her real name)

Steps to take

You do not have to suffer in silence. If you are in despair please talk to someone. Whilst it may feel like a difficult thing to do it's really important to speak to someone who may be able to help. This may be a family member, a friend, your GP, a teacher or a counsellor. There are people who understand what you are going through. You don't need to go through this alone. If this seems like too much of a challenge you can call the Samaritans: **116 113**, 1Life **1800 247100** or text HELP to **51444**. Kerry LifeLine provides **FREE** one to one counselling and support to anyone feeling suicidal or bereaved through suicide. To make an appointment call **064 6636416** / email info@kerrylifeline.com

Kerry Lifeline runs a monthly support group for family members bereaved through suicide (7pm – 9pm; last Monday of the month) at SouthWest Counselling Centre. If you would like to connect with us and support the work of Kerry LifeLine we would be delighted to hear from you.

Call us on **064 6636416**.

Health Matters....

With Dr. Michael Moloney

OBESITY IN CHILDREN

CONTINUED...

DOING PLENTY OF PHYSICAL ACTIVITY

- Build physical activity into your child's life in general. Try to be more active as a family. For example, walking or cycling to school and the shops, going swimming or to the park together. Again, remember that as a parent or carer, you act as a role model.
- Help children to take part regularly in structured physical activities that they enjoy. This may include dancing, football or other sports or swimming. Drug treatment and weight loss surgery may be suggested in very rare and exceptional cases.

PSYCHOLOGICAL SUPPORT

As mentioned above, being overweight or obese as a child may lead to psychological problems for some children. As a parent or carer, you may feel able to discuss with your child how they are feeling. Or, you may wish to involve your child's healthcare professional. Counselling or specialist help to increase confidence and self-esteem and to help develop coping strategies for teasing or bullying is sometimes needed.

CAN OVERWEIGHT AND OBESITY IN CHILDREN BE PREVENTED?

Yes. As a parent or carer, you can help to prevent your child becoming overweight or obese by:

- Aiming for a healthy, balanced and varied diet for your whole family.
- Ensuring that your child is getting the recommended amount of physical activity (at least 60 minutes of moderate physical activity a day).
- Limiting the amount of time that your child spends being sedentary (for example, less time in front of the computer or watching TV).
- Building physical activity into your family's life in general.
- Encouraging a healthy lifestyle for your whole family.



Dr. Michael Moloney,
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6 ALTERNATIVE USES FOR SANDPAPER

- Remove Stains from Suede - Suede looks great but is notorious for picking up stains and scuffs. To sort out this problem, take a very fine-grit sandpaper and rub it gently across affected areas. Use a toothbrush or something similar to buff up the area after you have done so and you will have revitalized your item.

- Pots and baking trays get through a lot of work in the kitchen, and it's inevitable that food and grease will become caked on them over time. Sponges, scouring pads and steel wool are prone to breaking apart when used for hard scrubbing jobs, but sandpaper is much better equipped to take the strain. Gently use a strip with some strong soap to re-discover the actual colour of your pots and trays.

- Make Non-Carpeted Stairs Safer - Stairs leading down a basement or up to an attic can be hazardous, especially if the steps are particularly steep. Take some paper from a belt sander, or cut large pieces from a piece of hard grained sandpaper, and place them along the edges of the steps. The extra grip will make you much less likely to fall.

- Open a Stubborn Jar Lid - Keep a small piece of sandpaper in your kitchen cupboard and when you need to open a jar, place it grit side down over the lid and twist. The extra grip will provide you with the means of screwing the lid off.

- Extra Grip For Shoes - If you have bought some new leather-soled shoes but find that they don't get along very well with modern, shiny floors and you are slip-sliding all over the place, give yourself some extra grip using some sandpaper. Use a fine-grain paper to scuff the bottom of the shoes and you will find you have more traction.

- Stop Slugs in Their Tracks - If you are sick of slugs getting into your plants pots, cut a strip of sandpaper, making sure it is wider than the base of the pot. Place the pot on top of it and you have a homemade slug deterrent - the slugs will not want to crawl across the coarse paper and make their way up the side of the pot. You can also wrap sandpaper around the stems of young plants growing in flowerbeds to help keep slugs at bay.

1,900-YEAR-OLD WATER LAW UNEARTHED IN TURKEY

An ancient Roman water law inscribed in Greek

on a large marble slab has been unearthed in Laodicea, Turkey, which appointed curators to oversee the city's water supply and set fines for people who polluted or diverted the water. The marble block dates to 114 AD and detailed control of the water from the Karci Mountains, which arrived in the city through channels. The fines were stiff, but the heaviest penalties were reserved for city personnel who failed to enforce the water laws. Breaking the law by polluting the water, damaging the water channels or reopening the sealed water pipes resulted in a fine of 5,000 denarius. Senior staff that overlooked the illegal use of water were fined 12,500 denarius and those who denounced the law breakers were given one-eighth of the penalty as a reward, according to the rules. Part of the rules stated that "it is forbidden to use the city water for free or grant it to private individuals; those who buy the water cannot violate the Vespasian Edict; protective roofs should be established for the water depots and water pipes in the city; the governor's office will appoint two citizens as curators every year to ensure the safety of the water resource; nobody who has farms close to the water channels can use this water for agriculture.

DID YOU KNOW?

Fifty years ago Filipino and Latino farm workers began the Delano Grape Strike in California that after five years of striking and boycotting firmly established the first enduring farm workers union in American history. More than 1,000 people will gather on Saturday, September 26, 2015 to celebrate this historic event and honour the pioneers of the farm workers' struggle who joined Cesar Chavez, Larry Itliong, Dolores Huerta, Peter Velasco and the other early leaders in building the UFW. These pioneers sacrificed everything - their livelihoods, cars and homes - to build a union that continues aggressively fighting for farm workers today. The nonviolent farm workers' cause also inspired millions of people across the U.S. who never worked on a farm to social and political activism.

4 FACTS ABOUT THE PUFFIN'S BEAK

1. Puffins are famous for their colourful bills, but they only sport such vivid oranges and yellows during part of the year. In spring as breeding season starts, the puffins' beaks become brightly coloured. The larger and more colourful beaks may be a sign of being more experienced and healthy, and thus a better mate. But during the winter when puffins have no need to show off, the bills are just faded ghosts of their vibrant summer selves.

2. There are three species of puffin and each species has a distinct pattern of colour in their bills. Atlantic puffins have multi-coloured beaks with blue bases and orange and yellow stripes. Horned puffins have yellow beaks with orange tips. And tufted puffins have bills that are orange with brown or gray bases.

3. The puffin's bill is perfectly designed for catching and carrying a catch of fish. The bill has a layer of spines on the upper part of the beak. Using this and small spines on their tongues, a puffin can catch and hold fish while opening its bill again and again to catch more fish. They don't have to stop fishing until their bill is full!

4. Puffins can hold an average of 10 fish in their bill at once, but the record is an astonishing 62 fish carried at once by a puffin in Britain.

ANSWER TO LAST WEEKS RIDDLE

Which animal is this? I have 4 legs and no tail, usually I am heard only at night? A Frog or Toad.

THIS WEEKS QUOTE

"That you may retain your self-respect, it is better to displease the people by doing what you know is right, than to temporarily please them by doing what you know is wrong" - William J. H. Boetcker

ON THIS DATE – SEPTEMBER 4TH

1666 - St. Paul's Cathedral destroyed by the Great Fire of London in less than an hour.

1798 - Cornwallis moved forward from Tuam to attack Castlebar. Rebellion took place in Longford and Westmeath.

1882 - The first district in the US lit by electricity (New York's Pearl Street Station).

1844 - Conspiracy judgment against Daniel O'Connell reversed by House of Lords.

1884 - Britain ended its policy of penal transportation to New South Wales in Australia.

1888 - George Eastman registered the trademark Kodak, and received a US patent for his camera that used roll film.

1894 - In New York City, 12,000 tailors went on strike against sweatshop working conditions.

1940 - Hitler switched air raids away from military targets, in order to bomb "British cities to the ground".

1962 - The Beatles made their first recording.

1976 - Women protested against men-only bathing at the Forty Foot in Sandycove, Dublin.

THIS WEEKS RIDDLE

What gets broken without being held? Answer next week!

TONGUE TWISTER

Imagine an imaginary menagerie manager managing an imaginary menagerie.

DOG TIED TO POST IN POURING RAIN HELPED BY STRANGERS

People at a bingo hall in Dover in Great Britain spotted two people walking down the street in torrential rain, when the couple suddenly

stopped and took off their rain jackets; the girl took the man's jacket and held it over a dog they found tied to a lamppost. The couple stood by the dog, getting soaked as they kept the stranded dog dry. People from the Bingo hall ran out with umbrellas for the couple and the patient Alsatian. They waited for 20 minutes until the dog's person, who said they had not realised it was raining so heavily, came back out of a shop.

SHEEP EVADES BEING SHEARED FOR 6 YEARS

A Merino sheep named Shrek was one of 17,000 sheep on a sheep farm in New Zealand and decided to dodge shearing for 6 years by hiding in a cave.

When he was found, in 2004, there was enough wool on the then 10-year-old to produce 20 men's suits (approximately 27kg).

Shrek, who had become famous in New Zealand was shorn on live TV and his wool was auctioned off, the money the wool earned at auction was donated to children's medical charities. As sheep produce wool endlessly, shearing is a necessity. And while some sheep really don't like the feeling of being sheared, in the hands of a good shearer, the whole process is over in just a few painless minutes. Shrek died of an illness at age 17 in 2011 and the whole country mourned him. "He was quite an elderly statesman," his owner, John Perriam, said at the time. "He taught us a lot."

EARTH'S HIGHEST-FLYING BIRD SOARS SEVEN MILES UP

On November 29, 1973, a commercial aircraft cruising over western Africa collided with a Rüppell's griffon vulture. The impact damaged an engine, shutting it down. Fortunately, the plane was able to land safely; unfortunately, the bird was not. Investigators had to rely on five complete feathers and 15 partial feathers, cross-referenced with material in the National Museum of Natural History, to identify the species as *Gyps rueppellii*.

In the age of high-volume commercial air traffic, the event may seem ordinary: More than 9,000 birds are reported struck annually by planes in the United States alone, and since pilots don't have to log "inconsequential" bird strikes, the numbers are likely higher than that. What's extraordinary is the altitude at which the impact took place. No other bird had ever been recorded soaring more than 7 miles above the Earth. Tragically, these extraordinarily high flyers - like nearly all species of vulture in Africa - are at high risk of extinction.

FOR THE PERSON WHO HAS EVERYTHING

Our beloved animal companions have a cozy challenger, and an oddly familiar one at that — specially designed pillows that look

just like them. These plush creations are a genius product from U.S. - based printmaker Broderpress, operating on the accurate notion that there's no pillow more perfect than ones that look like your pet. The concept is brilliant in its simplicity: Send in a photo of your dog, cat, rabbit, guinea pig — or anything, to be honest — and the artists at Broderpress will silk-screen their likeness onto a pillow that fits their uniquely lovable shape. Before you all rush out to place an order the cushions are only available in the US as yet, so instead why not make a donation to your favourite animal charity and cuddle up with your real animal.

WANT A PUREBRED DOG? YOU CAN STILL HAVE ONE THROUGH ADOPTION

It's impossible to know exactly how many homeless animals there are in the world, but estimates lead us to believe the number is anywhere between 20,000,000 and 600,000,000. Out of these millions of homeless dogs, only one of every 10 dogs born will ever find a permanent home, either because they're a stray or euthanised. Despite the numbers of homeless pets being in the millions, people still choose to support breeders rather than adopt. That doesn't have to be the case, however. There are specialist rescue societies for all breeds of dogs and other pets in Ireland, the dogs are purebred and were purchased from a breeder. There are numerous reasons why their owner no longer wanted them. Some of these dogs were given as gifts to homes that were not ready for a new pet. Other families don't realise the work it takes to train a dog and give up. Other people have lifestyle changes — whether it's a move or a significant other with allergies — that lead them to surrender their dog.

If you are looking for a particular breed of dog (or any pet) just type the name of the breed followed by the word "rescue" into your search engine. If you want to narrow down your options even further, type your location after "rescue" and see what kind of options pop up. Chances are likely that the breed you're looking for is at a rescue location less than 100 miles from your home. The Internet has made many aspects in our lives easier, including finding your next best friend.

THE MOTHER WHO SECURED WOMEN'S SUFFRAGE IN THE UNITED STATES OF AMERICA

Ninety-five years ago, the state of Tennessee ratified the 19th Amendment, thus securing the right to vote for American women. Tennessee was the 36th state to ratify the amendment on August 18, 1920, pushing the amendment past the two-thirds majority of states that women needed. But the vote was a close one: It only passed when Harry

Burn, a 24-year-old member of the House of Representatives, decided at the last minute to reverse his longstanding opposition to women's suffrage. Burn was the youngest member of the state legislature, and wore a red rose boutonniere that day to signify that he would vote against the potential new law. (Those in favour of ratification wore yellow roses.) Going by the roses' colours, many anticipated that the vote would end in a gridlock. That was, until Burn received a note from his mother, Phoebe Ensminger Burn. In the note, she wrote, "Hurrah, and vote for suffrage! Don't keep them in doubt." Still clutching his mother's note, Burn voted "aye." And only a few days later, on August 26th, the 19th Amendment went into effect as law, ending suffragists' half-century long campaign. Burn later defended his change of heart by saying, "A mother's advice is always safest for her boy to follow, and my mother wanted me to vote for ratification."

NEVER RAKE AUTUMN LEAVES AGAIN

● Layers of leaves create their own ecosystems that animals and organisms depend on for food and habitat.

● Leaf piles provide places for butterfly and moth pupae to overwinter and provide food for birds in spring and more beautiful butterflies in summer.

● Leaves — either pulverized or left whole — provide great mulch around trees and garden beds. As they decompose, they nourish the soil, saving you money on fertilizer as well as mulch.

● Leave leaves where they fall. They'll eventually decompose and feed your lawn, which is dormant in autumn and winter.

● Spread fallen leaves on garden beds, which will help insulate flowers and shrubs from a cold, windy winter.


● When the wind blows leaves into the corner of your yard, cover them with a tarp and let them decompose into leaf mold, which is a great garden soil conditioner.

● Mow your leaves — take a couple of passes over them with a mower with a mulch attachment — and leave them on the lawn where they will quickly break down.

FINALLY THIS WEEK

As I have grown older I have discovered A whale swims all day, mainly eats fish and drinks water, but is still fat. A rabbit runs and hops and only lives 15 years, while a tortoise doesn't run and does mostly nothing, yet it lives for 150 years. It's not hard to meet expenses - they're everywhere.

I started out with nothing, and I still have most of it, I wish the buck really did stop here; I sure could use a few of them. It was a whole lot easier to get older, than to get wiser.



A WORD OF VICTORY

Welcome back dear reader Scripture tells us that 'whoever calls on the name of the Lord will be saved' (Romans 10:13). The Greek word 'saved' used here is 'sozo' which means – healed, delivered, preserved and eternal life. Healing, deliverance preservation from evil and everlasting life is freely available to everybody who calls on the name of the Lord, of course that name is Jesus – the ONLY name by which we can be saved (Acts 4:12). Jesus said 'I am the way the truth and the life and no-one comes to the Father except through me' (John 14:6). There is only one Mediator between God and mankind that is the Man Christ Jesus (1st Timothy 2:5). If we try to approach Father in any other way God cannot receive those requests - it's called praying in error and it is why the Church at large, even those who pray a lot do not receive the answers to their prayer because the request has been made known to the Father in another name i.e. not the name of Jesus. Our enemy the Devil, the originator of all our problems knows this well and he will do anything through his lying nature to stop us people whom God the Father loves receiving breakthrough from those things afflicting us. There is only one name under Heaven that we can be saved by and it is the Name of Jesus. These are not my words I am only repeating the Gospel that Jesus gave us. Paul the apostle said "I am not ashamed of the Gospel of the Lord Jesus for it is the power of God unto Salvation" (Romans 1:16). Friend God cares about you very much, he wants you well, he wants you to know Him – this is everlasting life to know Him the one true God and Jesus Christ Whom He sent (John 17:3). We get to know Him by reading His Word the Bible.

If you have any prayer need please call **064-6622950** or email **wordofvictory@eircom.net**. More next week...

Contact: 064 - 66 22950 Email: wordofvictory@eircom.net

SERENITY Memorial Cards

| MEMORIAL CARDS
| ACKNOWLEDGEMENT CARDS
| BOOK MARKS

CHOOSE FROM OUR LARGE RANGE OF SAMPLE CARDS

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OLD MARKET LANE (NEXT TO KERRY MORTGAGE CENTRE)
KILLARNEY, CO. KERRY.

NOVENA TO THE SACRED HEART

You have said O Divine Jesus, ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises, I come with confidence during this novena to beg of you the favours that I need (make request). For whom shall I ask Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God. I believe in your power, I believe in your knowledge, I believe in your personal love for me, and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory, say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

THANKSGIVING

Novena to the Sacred Heart:
Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days.
Promise publication of prayer and favour will be granted.
x

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Say this prayer for three days.
Publication of prayer and favour will be granted.

MEMORARE TO OUR LADY OF LA SALETTE

Remember, Our Lady of La Salette, true Mother of Sorrows, the tears you shed for us on Calvary. Remember also the care you have taken to keep us faithful to Christ, your Son. Having done so much for your children you will not now abandon us. Comforted by this consoling thought, we come to you pleading, despite our infidelities and ingratitude.
Virgin of Reconciliation, do not reject our prayers, but intercede for us, obtain for us the grace to love Jesus above all else. May we console you by living a holy life and so come to share the eternal life Christ gained by his cross Amen.
La Salette Innocence; Our Lady of La Salette, remember of sinners, pray without ceasing for us who have recourse to you.

NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.
And to all of the Saints for favours received.
x

NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.
Then in his merciful eyes it will become your favour not mine.
Amen.
Promise Publication
Thanking you Sacred Heart of Jesus, for all the favours I have received.

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL
O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. Amen. Say this prayer for 3 consecutive days. Must publish prayer and it will be granted to you.
x

PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal.
You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.
In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from You no matter how great the material desires may be. I want to be with You and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted. **J.C.**

PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, you can find a way, where there is no way. Please hear my prayer and grant me my request. (Say 6 times daily and your request will be granted).

ACKNOWLEDGEMENT & 1ST ANNIVERSARY



In Loving Memory of

NOEL MORAN

Curragh, Aghadoe, Killarney
who died on the 5th September 2014.

On this 1st Anniversary of Noel's untimely passing his wife Norann, daughters Margaret Mary and Breda, son Francis, sister Ita and brother Don wish to express our sincere thanks and appreciation to all those who supported and sympathised with us on our sad loss. We thank all those who visited and supported Noel during his illness.

A special thanks to our families, neighbours, friends and work colleagues.

We would like to thank all those who called to the house, brought food and refreshments, attended the removal, the funeral mass, burial, sent mass cards, enrolments, those who telephoned, sent messages of support and gave donations for the Oncology and Palliative Unit Tralee.

We sincerely thank those who travelled long distances to be with us.

We would like to thank all those who provided a guard of honour, our neighbours, An Post, Dochas, Fossa G.A.A., pupils and Staff of Fossa National School and The Kerry Diocesan Pilgrimage to Lourdes. Sincere thanks to Fr. Brendan Harrington, Bishop Bill Murphy, and all the priests who concelebrated the funeral Mass, and Jimmy the sacristan. We would also like to thank Bishop Ray Browne for his kindness to the family.

Thanks also to O'Shea's Undertakers, Mike and Gerard for their professionalism and courtesy to us.

We would like to thank all the doctors, nurses and staff who looked after Noel in the Oncology unit in Tralee, the Palliative Team Margaret and Noreen, Hannah Healy Public Health Nurse, Dr. Michael O'Doherty and staff at the Killarney Medical Centre, Joan and staff at Willms Pharmacy.

As it is impossible to thank everyone individually please accept this acknowledgment as a token of our appreciation and gratitude.

The Holy Sacrifice of the Mass has been offered for your intention.

1st Anniversary Mass will be celebrated in Fossa church on Friday 11th September at 7.30pm.

2ND ANNIVERSARY



In Loving Memory of

MARIE LENIHAN (NEE O'CONNOR)

'Oakwood House', Inchcullane,
Kilcummin, Killarney, Co. Kerry.

Who sadly passed away
on the 31st of August 2013

*Sweet is your memory
precious your name
Deep in our hearts
you will always remain.*

*Always in our hearts and
sadly missed.*



**From her friends and Work
Colleagues in Sceal Eile Restaurant**

PRAYER TO THE HOLY SPIRIT

Holy Spirit you make me see everything and show me the way to reach my ideal. You give me the divine gift to forgive and forget the wrong that is done to me and who are in all instance of my life with me.

In this short dialogue I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desires may be. I want to be with you and my loved ones in your perpetual Glory. Amen. (Say this prayer three consecutive days without stating the request, after the third day the request will be granted no matter how difficult it may be. Promise to publish this as soon as your request is granted.

NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle. Pray, whether you believe or not.

Publish on the 9th day.

"May the Sacred Heart of Jesus be praised, adored, glorified and loved today and always. Your request will be granted no matter how impossible it may seem. Publication must be promised.

PRAYER TO ST. MARTIN DE PORRES

Most humble Saint Martin whose burning charity embraces all, but especially those who are sick, afflicted or in need, we turn to you for help in our present difficulties and we implore you to obtain for us from God health of soul and body, and in particular the favour we now ask...

May we, by imitating your charity and humility, find quiet and contentment all our days, and cheerful submission to God's holy will in all the trials and difficulties of life.
Amen.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

NOVENA TO THE SACRED HEART

You have said O'Divine Jesus ask and you shall receive, seek and you shall find, knock and the door shall be opened to you. Relying on these promises I come with confidence during the novena to beg of you the favours that I need (make request). From whom shall I ask, Lord Jesus, if not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your personal love for me and therefore O Sacred Heart of Jesus I place all my trust in you. Our Father, Hail Mary and Glory. Say 3 times for 3 days and request will be granted, Never know to fail. Must publish. **R.**

PRAYER TO THE VIRGIN MARY

NEVER KNOWN TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

PRAY TO ST. EXPEDITE

Saint Expedite, Noble Roman youth, martyr, You who quickly brings things to pass You who never delays, I come to you in need: (Clearly express what you want and ask him to find a way to get it to you)

Do this for me, Saint Expedite, and when it is accomplished, I will as rapidly reply with an offering to you (State your vow or promise)

Be quick. Saint Expedite!

Grant my wish before your candle burns out and I will glorify your name

Amen. Thank you St. Expedite for answering my request. I promise publication to spread your devotion.

For anyone in need say this prayer and your request will be granted. My request was granted.
Amen.

x

THANKSGIVING ST. JUDE

St. Jude come to my assistance in my need that I may receive the consolation and help of heaven in all my necessities particularly (mention request) and that I may praise God with you and the elect throughout eternity. I promise you O Blessed Jude to be ever mindful of this great favour and I will never cease to honour you as my special and powerful patron and to do all in my power to encourage devotion to you. Amen. Say for 3 days and publish immediately.

Favour granted after 3 days.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.

THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).

Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.

Then in his merciful eyes it will become your favour not mine.

Amen.

Say this prayer for three days. Publication of prayer and favour will be granted.



Cumann
DR. CROCKAIS
Cill Árúne

INVITATION

Open Day: Saturday 5th September 10.00am-12noon

LEWIS ROAD KILLARNEY

Good Fun Guaranteed

Dr. Crokes Juvenile Academy returns Saturday 5th September. and invites the boys and girls in the Killarney area to join one of the top GAA clubs in the country.

Dr. Crokes is the club of current Kerry Senior stars Colm Cooper, Johnny Buckley, Fionn Fitzgerald, Kieran O'Leary. Kerry U-21 Stars: Michéal Burns and Jordan Kiely. Kerry Minor Stars: Billy Courtney, Gavin White and David Shaw. Kerry Ladies Stars: Rheanne O'Shea and Amanda Brosnan. Kerry Minor Hurling Stars: Aaron Murphy, Chris Doncel and Jack Lenihan.



Dr. Crokes Juvenile Football academy teaches the players to learn and develop the skills of the game in an age appropriate setting. Dr. Crokes senior stars Kieran Ward and Jamie Doolan are currently involved in the coaching each Saturday.



Dr. Crokes is a great club for girls to join with top class ladies coaches. Gaelic football is a great sport for girls to stay fit and healthy while developing the skills of the game and making new friends. Meet current Kerry ladies stars Rheanne O'Shea and Amanda Brosnan

Dr. Crokes ethos is to develop the skills of the game with top class coaching in a fun environment while making life long friends.

Dr. Crokes Juvenile Hurling academy is proving very popular and caters for children from all over east Kerry. Learn the skills of the worlds fastest field sport from highly experienced coaches. Helmets and hurleys are supplied.

County Senior Football Champions: 2013, 2012, 2011, 2010, 1991, 1914, 1913, 1912, 1901. **Munster Senior Club Champions:** 2013, 2012, 2011, 2006, 1991, 1990. **All Ireland Senior Club Champions:** 1992. **County U21 Football Champions:** 2011. **County Intermediate Hurling Champions:** 2001, 1999. **Ladies Intermediate Champions:** 2004.



Free Registration for all U6's Ages 4-10 Welcome FREE TRAINING



SATURDAY MORNINGS Hurling 10am - 10.40am Football 10.40am - 12noon
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