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# KILLARNEY GIRLS ON IRISH U16 TEAM

Killarney Golf Club hosted a special Reception for two of their brightest young talents who are off to join the Irish U-16 Girls Team for The Scottish Open Stroke Play Championship to be played at the Stratmore Golf Centre in Perthshire, Scotland, from the 10th to 14th April.

Valerie Clancy, who is 13 and plays off a handicap of 6, had a fantastic year in 2013 winning the Seapoint U-13 Scratch Cup (and finishing joint 3rd in the U-21 section) and was runner up in the Irish Girls Close U-18 Championship. She was part of the Killarney golf Club Girls team that reached the finals of the Munster Girls U-19 Interclub Match Play and reached the play-off stages of both the Ulster Girls U-18 Championship and the Munster Junior Championship. She also won the prestigious Klaus Noelke Bursary at Killarney Golf Club, presented annually to the Club's most improved Junior Golfer.

Mairead Martin, who is 14, and plays off a handicap of 5.4 also excelled in 2013 winning the Girlie Hegarty Memorial Cup for U-22's and winning the Eileen Murphy Foursomes Munster Ladies Championship with her friend, Catriona Griffin. She was a Member of the Munster U-18 inter-provincial team and was undefeated in all her matches and was leading qualifier and runner-up in the Munster Junior Ladies Open Championship. She was part of the Killarney Golf Club girl's team that reached the finals of the Munster Girls U-19 Interclub Match Play. Professional guidance and back up was



MAUREEN CULLOTY LADY CAPTAIN KILLARNEY GOLF CLUB (RIGHT) WHO MADE SPECIAL PRESENTATIONS TO MAIREAD MARTIN AND VALERIE CLANCY WHO ARE OFF TO JOIN THE IRISH U-16 GIRLS TEAM FOR THE SCOTTISH OPEN STROKE PLAY CHAMPIONSHIP TO BE PLAYED AT THE STRATMORE GOLF CENTRE IN PERTSHIRE, SCOTLAND, FROM THE 10TH TO 14TH APRIL PICTURED WITH MARY GEANEY CLUB PRESIDENT AND MIKE DALY CAPTAIN AT KILLARNEY GOLF CLUB ON SUNDAY.

provided by David Keating, Head Professional Killarney Golf Club, in preparing the Girls for their upcoming major Golf challenges. There was a large turnout at the Clubhouse for the reception and to extend every good wish to these two wonderful young Ambassadors for their Club and Country. Lady Captain, Maureen Culloty, made a presentation on behalf of the

Club supported by Men's Captain, Michael Daly and Club President Mary Geaney.

Well done to Angela O'Connor, Mary Leacy and the Junior Committee for all their work. It is good to see that Junior Golf in Killarney Golf Club remains as strong as ever.

## FOSSA NS PLAN FUN RUN

### FOSSA NS TOGETHER WITH THE FOSSA PARENTS ASSOCIATION LAUNCHED THEIR 10K & 5K RUN THIS WEEK.

The event is due to take place in the Killarney National Park, Saturday 12th April at 11am.

The event is aimed at the whole family, whether you are a keen runner or prefer a shorter distance, it promises to be an excellent morning of fun and fitness for all! The 10k precision timed (chipped) run will start off the days proceedings followed minutes after by the 5k family walk/run focused on all things Easter. There are bumper packed goodie bags for the first 400 entrants for the 10k so don't delay register early avoid missing out.

The bags will include an O'Sullivan's water bottle with High 5 tabs, Guests for Coral Leisure or Castlerosse Fitness

Feet first discount voucher, Kennellys Lobello lip balm.

This is the first event of its kind run by the school so all are very excited about the run. All money raised will go towards a new library due to be built over the summer.



LAUNCHING THE FUN RUN ARE ANN O'SHAUGHNESSY, SEODHLA COLLARAN, MARK KENNELLY. ROBERT BROOKS, SHAUN O'CONNOR, BAILEY CARLTON, CONOR HORGAN, MARK SHANAHAN, TOM CAHILLANE. CATHERINE MCCARTHY (PARENTS ASSOCIATION COMMITTEE) MISS AIDEEN O'DOHERTY, (TEACHER), GRACE COLLINS, RACHEL CASEY, AOIFE KISSANE, ISOBEL O'DONOGHUE.

## ZUMBATHON FOR RECOVERY HAVEN

Zumba Salsa Kerry are holding a Zumbathon Club Style in McSorleys Night Club on Friday night next 11th April 2014.

The event is the brainchild of Linda Flanagan who is celebrating her birthday that night along with some of her zumba students who turn 70 in April. Instead of presents Linda decided to hold the Zumbathon in aid of the Recovery Haven in the memory of a friend who recently passed away from cancer at the young age of 35.

On the night which promises to be full of fun, with leaders Linda, Sinead, Natalie, Fiona and many more, there will be a raffle, a birthday cake and a prize for the most colourful outfit. The winners will get a free ticket to attend "Latin Night with Live Salsa Band From Barcelona" at the Earl of Desmond Hotel, Tralee along with a free make-over.

It's a night not to be missed and kicks off at 8pm and continues until 10pm. Entry fee of €10 applies with all proceeds going to Recovery Haven Kerry.

IF YOU HAVE A STORY...

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# RAS MUMHAN LAUNCHED

RAS MUMHAN 2014 was officially launched on Friday last with the event starting in Killorglin on Good Friday 18th April. The 4 Day International Cycle race will include stages in Kenmare & Waterville over the Easter weekend and will finish back in Killorglin on Easter Monday.

Rory McGillicuddy, Chairman of Killorglin Cycling Club, said: "Kerry Group's sponsorship and support of the race has elevated the race to a new level in terms of organisation and competitiveness. In addition, the local economy gains significantly with over one thousand bed nights in the region over the Easter period." He added: "In advance of the Race, I would like to thank the Garda Síochána, Kerry County Council and Cork County Council for their help and advice in ensuring the safe and successful running of the event".

Launching the Race, Mr. Frank Hayes, Director of Corporate Affairs with Kerry Group said: "The introduction of the new 'teams only' requirement for the Race has created huge interest in this premier event. With 200 riders taking part from all over Europe, spectators will be treated to the very best of cycling over the 4 days of a very tough and exciting race. Mr. Hayes continued: "Now firmly established as



PICTURED AT LAUNCH IN CURRANS VILLAGES WHICH IS ON THE ROUTE FOR STAGE 1 OF THE RACE. ARE FROM LEFT: FRANK HAYES DIRECTOR CORPORATE AFFAIRS KERRY GROUP, MICHAEL O'SHEA, KILLORGLIN CC, DAN CLIFFORD, TEAM IBIKE, TADHG MORIARTY, RACE DIRECTOR, RORY MCGILLYCUDDY, RACE COMMERCIAL DIRECTOR, AOIFE O'BRIEN, KERRY GROUP AND MARY CONCANNON, RACE SECRETARY/ORGANISER..

the top domestic stage race on the cycle racing calendar, the Kerry Group Rás Mumhan is a credit to the organising committee and all the

volunteers who work tirelessly to put this race on the roads of Cork and Kerry".

## LOUGH LEIN ANGLERS NEWS

With water temperatures rising & more fly life appearing, the number of boats on the lake is increasing.

Last week Lough Lein anglers announced the launch of the 27th annual 'Charity' competition. It will be fished on Lough Lein on the 27th of April. This year's beneficiaries are St John of God Killarney Branch & Macroom Community Hospital.

The club is in the process of setting up a website in the near future making club information more accessible to everyone.

A very important meeting on

the future of angling in Ireland, will take place in the Hibernian Hotel in Mallow, on the 12th of April at 5.30pm. All anglers are urged to attend, as change is coming down the line in the way the sport is managed and regulated.

Upcoming Competitions: Munster Lake - 11th May Club Flesk River Competitions - 30th May, 20th June & 11th



July.

**Clean-Ups:** Muckross Shore, tomorrow, Saturday, April 5th, 9 - 11pm.

**County Clean Up:** Saturday, April 12th. Finally, a reminder to all members to have your membership badges with you when fishing the river Flesk. Tight lines & safe fishing to all.

## DAFFODIL DAY A MASSIVE SUCCESS IN KILLARNEY

Members of the Killarney and South Kerry Branch of the Irish Cancer Society were thrilled

with last Friday's Daffodil Day having raised almost €25,000 on the streets in Killarney.

The sales of the Irish Cancer Society Daffodil products at the offices of Killarney Outlook in High Street

were also a great success and for the next week all remaining 2014 products will be sold off for half price - so if you haven't had the chance to pop in and support the society, now is your chance.

Products on sale include mugs, pens, teddys, tea towels, notelets and key rings. *Remember we won't give up until cancer does.*



## OUTLOOK MAGAZINES ARE BRINGING YOU TIPS ON THE STATE EXAMINATIONS

The 2014 State Examinations are now only two calendar months away. The Junior Certificate and Leaving Certificate Examinations get underway on Wednesday, 4th June and continue up until Friday 20th June. Outlook Magazines have called in Career Guidance Counsellor and freelance writer and broadcaster, Billy Ryle to help candidates and their parents make the most of the examinations. Billy, a Chartered Member of The Institute of Guidance Counsellors, works in career planning and vocational skills development with second level students, third level students and adults. Billy's weekly column, "Outlook on the State Examinations," will provide expert advice on how to prepare for and enhance performance in the examinations for the 120,000 candidates, expected to sit the June Examinations. Beginning next week and continuing until the examinations get under way in June, Billy's weekly articles will provide invaluable information, guidance and insights for examination candidates and their parents. The first article in the series will appear in next week's edition. Don't miss it!



# KILLARNEY PLASTICS ENTERS A NEW ERA UNDER THE TRICEL BANNER

Killarney Manufacturing Group (KMG), headed by its founding company Killarney Plastics, is undergoing a rebrand which will see companies within its existing structure renamed to Tricel. The group, which has companies spread across Ireland, the UK and mainland Europe under a number of different names is moving into a new era under the Tricel banner to promote its unique vision. Tricel is already an established name in a number of countries and the rebrand is a positive step in signifying the future success of the company.

Building on a sustained record of growth and achievement since its foundation in 1973, Killarney Plastics has become the market leader in the supply of Water Tanks, Environmental products, Materials and Construction products, thus becoming the figure head company in the Killarney Manufacturing Group (KMG). With over 250 employees, KMG exports a wide range of products to over 50 countries worldwide. The original Tricel brand was established in 2002 as the company expanded into new markets and 2014 is the perfect time to implement the rebrand so that all aspects of the company can come together under a progressive new identity.

The existing expertise in product development and design will be maintained following the rebrand, together with the leadership structure that has steered the group to its current success as a market leader in the industry. The new Tricel brand proposition signifies the beginning of an exciting time for the group as it eyes up



Jimmy Deenihan, Minister for Arts, Heritage and The Gaeltacht, cutting the tape, at the re-branding Killarney Plastics to "Tricel", with members of the Stack Family, Parents, Tom and Anne Stack, Brothers, Michael Stack, MD, Con, Richard and Robert Stack, Sister Grainne, Members of Staff at Tricel, and local representatives. Photos by Valerie O'Sullivan.

further expansion and the strengthening of existing customer and supplier relationships. Speaking alongside Minister Jimmy Deenihan as the new Tricel sign was installed at the group headquarters in Killarney, Managing Director Michael Stack said:

"I am very excited to be leading the group as it enters a new era under the Tricel banner. When we began this rebranding process a clear vision was laid out as to what we wanted it to achieve and I am delighted with the way it has turned out. Since 2002 the Tricel name has been one of the leading lights in the group structure and I feel that now is the

most opportune time to place it front and centre of what we are offering.

The past number of years have brought with them a number of successes, and we have seen our market position boosted both domestically and further afield. The fact that 70% of the products manufactured in Killarney are now exported tells its own tale as to how the company has grown in the past couple of decades, and we are confident that as we undertake the Tricel rebrand we will continue to thrive as our new name makes an even bigger impact on the market"



Tricel managing director Michael Stack, (far right) is pictured with his three Brothers, Richard, Con, and Robert Stack, and Jimmy Deenihan, Minister for Arts, Heritage and The Gaeltacht.



Tricel managing director Michael Stack, with Jimmy Deenihan, Minister for Arts, Heritage and The Gaeltacht as a new era begins for the Killarney based family firm.

# EDDIE PLANS FOR HIS 12TH KENYA TRIP

Killarney Charity Campaigner, Eddie Sheehy is planning his 12th trip to Kenya this summer and his annual quiz to raise funds for the Kenya Project takes place on Thursday April 10th in the Gleneagle Hotel at 8.30p.m.

To date all monies raised by the project goes directly to a primary and secondary school in the village of Embulbul where the vast majority of families live in slum conditions and struggle daily to provide food and education for their families. It is an area of high unemployment so sending young children to school is an on-going challenge. It costs €150 a year to educate a secondary school student and €100 euro to educate a primary school student and to provide a hot meal every day for the students lucky enough to get to school. Each year volunteers Eddie and his daughter Triona, who is a teacher in the Holy Cross Mercy teach in the schools, visit the homes of students and see at first hand the tough living conditions for the students and their families, a far cry from the comforts we enjoy in our homes in Ireland.

Conditions are so challenging that two feeding programmes in the village give an evening meal to deserving children to provide some nourishment during week days. Some money donated to the project is given to these feeding programmes to help buy rice, meat and vegetables. These programmes are run by volunteers and receive no state funding.

Each year people and schools in Killarney and Kerry have supported the work of the project generously by supporting the quiz, providing prizes and through generous donations. The continued success of the project is due to the generosity of many people.



DAIRE SHEEHY PICTURED AT THE PRIMARY SCHOOL WHICH IS SUPPORTED BY THE KENYA PROJECT.



EDDIE'S SON DAIRE SHEEHY, WHO VOLUNTEERS WITH THE PROJECT.



TRIONA SHEEHY PICTURED WITH ONE OF THE STUDENTS AT THE SCHOOL.



THE SOCCER COACH RIGHT, WHO FOLLOWING HELP FROM THE KENYA PROJECT HAS NOW GAINED EMPLOYMENT AS A PE TEACHER AT THE SCHOOL.



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## CONOR CUSACK VISITS I.T. TRALEE

As part of "Mind, Body and Soul Week" at I.T. Tralee, former Cork hurler Conor Cusack delivered a moving lecture to a full house at the college's North Campus. Organised by the School of Health and Social Sciences in conjunction with the newly established I.T. Tralee Health Promotion Unit, the event attracted a wide audience drawn from the student body and the general public. The Cloyne native spoke movingly about his personal experience with depression and how he contemplated ending his own life. The lecture was followed by a question and answer session, where a number of audience members spoke about their own, or a loved one's experiences of mental health.

Cusack, a Gaelic Players Association Mental Health Ambassador, has recently appeared on Prime Time and the Late Late Show spreading

a message of acceptance and understanding of mental health. Conor spoke passionately and eloquently about his journey through depression and how it took over all aspects of his life until meeting a therapist helped him to find inner strength he never knew he had. Cusack reminded his audience to never underestimate what a small act of kindness could mean to someone in distress. "To say that Conor, was inspirational is an understatement. The standing ovation he received at the end of the evening speaks for itself" said lecturer Patrick Mc Garty. In echoing this fellow lecturer PJ Harnett said, "Conor spoke with a searing honesty and passion that moved all present. His insights are more than one could ever possibly hope to convey in any academic lecture, particularly his emphasis on the ordinary gesture being an extraordinary gift at a time of

vulnerability was amongst many other quotes that were so memorable and moving". The Health Promotion Unit will be hosting guest lecturers and events in the College throughout the academic year that will be open to the public. As part of a social media campaign, the Health Promotion Unit are encouraging people to like them on Facebook [www.facebook.com/ittraleehealthpromotion](http://www.facebook.com/ittraleehealthpromotion) and to watch local media for details of upcoming events.



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# LAUNCH OF "IOMAINT SA SCOILEANNA" A HUGE SUCCESS

The Official Launch of the Hurling Coaching Initiative for all the National Schools in the Killarney/Rathmore area was held in the Killarney Sports and Leisure Centre on Tuesday 1st April 2014.

A large attendance including Principals, Teachers, Parents, Coaches and children from over 16 Schools came to witness one of Ireland's best Coaches, Paudie Butler in action. Paudie, a former National Hurling Director, is one of the most experienced Coaches in any code of Sport in Ireland and his enthusiasm for the game of Hurling is refreshing.

Paudie is also a former School Principal himself and has a special and unique way of understanding how children learn and develop in a fun environment.

The session which included approx. 45 children, representing all the National Schools in the area, was based on a blueprint for learning the fundamental movement and handling skills necessary to play hurling. Peter Curran, of Curran Hurling from Westmeath was also there to showcase his new 18" plastic hurley, which will be used in this modern way of introducing hurling to children. He has also produced a DVD and Booklet to assist Coaches with these new methods.



FORMER NATIONAL HURLING COORDINATOR PAUDIE BUTLER PICTURED WITH PLAYERS, COACHES, PARENTS AND SCHOOL REPRESENTATIVES AT THE LAUNCH OF THE IOMAINT SA SCOILEANNA INITIATIVE IN KILLARNEY SPORTS AND LEISURE CENTRE ON TUESDAY NIGHT. INCLUDED ARE JERRY O'SULLIVAN, VICE CHAIRMAN MUNSTER COUNCIL, EOIN CASEY, CHAIRMAN SOUTH KERRY JUVENILE HURLING BOARD AND JOHN LENIHAN SOUTH KERRY JUVENILE HURLING BOARD COACHING OFFICER. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).

Others to attend the launch were

Jerry O'Sullivan, Vice Chairperson of Munster GAA, John Lenihan, on behalf of the South Kerry Juvenile Hurling Board, David O'Dea,

Hurling Co-Ordinator for South Kerry, Donal Daly, Games Development Manager, Kerry GAA and Eoin Casey, Chairman of the South Kerry Juvenile Hurling Board.



FORMER NATIONAL HURLING COORDINATOR PAUDIE BUTLER WITH RYAN AND LAURA HEALY AND KEELAN FOLEY AT THE LAUNCH OF THE IOMAINT SA SCOILEANNA INITIATIVE IN KILLARNEY SPORTS AND LEISURE CENTRE ON TUESDAY NIGHT.

PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).



COACHES AND OFFICERS AT THE LAUNCH OF THE IOMAINT SA SCOILEANNA INITIATIVE IN KILLARNEY SPORTS AND LEISURE CENTRE ON TUESDAY NIGHT. FRONT FROM LEFT ARE NIAL KEOGH, KIERAN CREHAN, FERGAL SMITH, DAVID O'DEA, PAT HEALY, KEVIN MCSHERRY, DONAL DALY AND GARY O'HALLORAN. BACK FROM LEFT ARE JIM KENNEDY, PAT McELLIGOTT, JOHN LENIHAN SOUTH KERRY JUVENILE HURLING BOARD COACHING OFFICER, JERRY O'SULLIVAN, VICE CHAIRMAN MUNSTER COUNCIL, EOIN CASEY, CHAIRMAN SOUTH KERRY JUVENILE HURLING BOARD, PAUDIE BUTLER (FORMER NATIONAL HURLING COORDINATOR), BRENDAN O'DONOVAN, DENIS COFFEY AND GENE DOHERTY. PICTURE: EAMONN KEOGH (MACMONAGLE, KILLARNEY).

## AWARD FOR FASSBENDER

Michael Fassbender has received an award for his epic performance in 12 Years a Slave. He was honoured at last weekend's Empire Awards for his performance in 12 Years a Slave.

The actor picked up the Best Supporting Actor gong, beating competition from Daniel Brühl (Rush), Sam

Clafin (The Hunger Games: Catching Fire), Richard Armitage (The Hobbit: The Desolation Of Smaug) and Tom Hiddleston (Thor: The Dark World).

The Fossa Native is due to appear at tomorrow night's IFTA's where he is also nominated in the same category.

Presented by Simon Delaney and Laura Whitmore the Awards Ceremony and the Red Carpet will be broadcast from Dublin's DoubleTree by Hilton on Saturday 5th April at 9.45pm on RTE 1.



## DOCHAS SAYS THANK YOU

Dochas Drama Group in Killarney want to thank everyone who attended their recent production of Big Maggie by John B Keane. The group were overwhelmed by the large attendance which unfortunately resulted in people not being able to gain admission.

While every effort has been made to secure extra performance dates, it has so far proved impossible but the members of Dochas look forward to your support in the future.

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## PROPERTIES OF THE WEEK



### 24 MILLWOOD, ST MARGARET'S ROAD, KILLARNEY

REF 590

Guide Price €220,000

2 Bedroom Semi-detached Bungalow (circa 1,000 sq ft) located in a quiet residential area. Only minutes walk to Town Centre and the National Park.

Oil fired central heating, Teak Double glazed windows/door.

South Facing Back Garden.

BER Pending.



### 84 COUNTESS GROVE, KILLARNEY

REF 589

Guide Price €220,000

5 Bedroom Bungalow (2 ensuite) conveniently located in a prime residential area, a short stroll to Killarney town centre and all amenities.

Off Street Parking. Garden with shed and storage area.

BER Pending.



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# PADRAIG HEADS DOWN UNDER TO STAR IN "THE RECRUIT"

Killarney Legion player, Padraig Lucey is heading on a trip of a life time on Sunday next to take part in a reality TV show in Australia.

The Recruit is a television programme that seeks to find Australian Rules Football players currently competing at a non-professional level who could have what it takes to play professionally.

The show focused on players who have the skills and ability to play professional AFL and to find the next AFL superstar and Padraig is the only Irish man to be picked. The UCC Graduate is a son of Marion and Mike Lucey from Tralee Road in Killarney and all his team mates and the committee at the Legion GAA Club are behind him all the way.



PADRAIG LUCEY (CENTRE BACK) WHO IS HEADING OFF TO AUSTRALIA TO TAKE PART IN "THE RECRUIT" PICTURED WITH LEGION COMMITTEE MEMBERS, (AT BACK) ENDA WALSH, VICE CHAIRMAN AND KEVIN GRIFFIN, PRO AND NORA KISSANE, TREASURER AND PAUL TRANT, ASST. TREASURER. PHOTO: LISA O'SHEA.

## JOBS SAVED AT ELVERYS

The battle for control of the retail chain Elverys Sports has been won by the Mayo Based management team headed by Chief Executive Patrick Rowland.

Rowland, along with his team at Elverys head office in Castlebar beat off stiff competition

from five other bidders for the business including UK billionaire Mike Ashley, who owns Sports Direct and Newcastle United.

The group which went into receivership in February employs 654 employees across 56

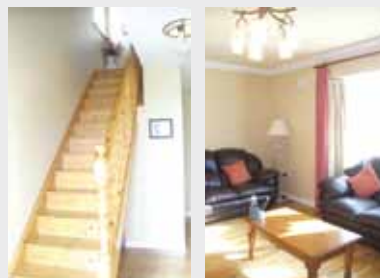
stores in Ireland including stores in Killarney and Tralee.



## PROPERTY OUTLOOK

### THROUGH THE KEYHOLE....

A PICTORIAL LOOK AT KILLARNEY PROPERTIES ON THE MARKET



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Auctioneers who would like to feature on "Through the Keyhole" contact Des on 087-6593427.



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### CAHERNANE MEADOWS, MUCKROSS RD. KILLARNEY

4 bed, south facing semidetached 2 storey in this very conveniently located private development. Only a very short walk to town centre and Killarney National Park. Price on application.



### KILBONANE, BEAUFORT, KILLARNEY

Approx. 57 Acres. Excellent quality, roadside with farmhouse. Extremely scenic. Bounded by the river Laune.



### UPPER PARK ROAD, BALLYCASHEEN, KILLARNEY

Detached 3 bed. Bungalow on a large site. Great location for family or home business.

**SERIOUS PRICE REDUCTION**



### BUDDHAUNS, KILCUMMIN, KILLARNEY

additional upstairs accommodation provided for. Standing on c. 1/2 acre elevated scenic site with commanding breathtaking views of Killarney's mountains and valleys. Woodgrain PVC windows and doors with matching soffit and fascia fitted.

**VERY ATTRACTIVELY PRICED**

**FARM WANTED.** GOOD QUALITY LAND. 50 ACRES OR MORE. CLOSE TO KILLARNEY OR WITHIN 7 OR 8 MILES FROM KILLARNEY TOWN. TOP PRICE PAID FOR SUITABLE PROPERTY.

**WANTED** Properties, houses, farms commercial etc. in all areas, for a growing list of genuine buyers.

**CAHERNANE MEADOWS, MUCKROSS RD. KILLARNEY** 4 bed semidetached 2 storey. Great location, only minutes walk to Killarney town centre and Killarney National Park.

**BEAUFORT** Old style cottage with an unfinished extension, on c. 1 acre, dry land, Ballymalis area, beautiful convenient location. Great value with many options.

**MILLTOWN VILLAGE, Killarney** Beautiful 3 bed semi in a small well built private development. beside schools, shops etc. Fully furnished as new. €115,000 Beaufort Area Old house c.2 acres. Very scenic, dry & elevated. Bargain.

**MILLTOWN VILLAGE** Magnificent, detached two storey house, approx. 1,800 sq. ft. Building about to commence. Purchaser could make internal changes or put their own stamp on it. Only a few minutes walk to schools, shops etc.

**REEKS GATEWAY TO KILLARNEY** Commercial/office space for sale or lease. Various sizes and configurations available to suit the client. Prices negotiable.

**BALLYMALIS, BEAUFORT, KILLARNEY** Cottage with partly constructed extension on c. 1 acre. Great central, attractive location. Guide price €60,000 o.n.o.

**KILLARNEY TOWN** 2 bed Town House great location - very reasonable price.

**BEAUFORT, KILLARNEY**, on the Main Ring of Kerry road, stunning 8 bed (all ensuite) B&B. Extensive frontage along the river Laune, with fishing rights. Panoramic views.

**UPPER PARK ROAD, KILLARNEY**, 3 bed detached bungalow on a large site.

**ROSSBEIGH, GLENBEIGH** Old style dwelling, Electricity, water, septic tank Only 1 mile from beach. V. scenic and private.

**COUNTESS ROAD, KILLARNEY** (back of Malton Hotel) Superb 2 bed apartment, ground floor, as new.

**FIRIES VILLAGE** Detached, 4 bed bungalow, close to school shops etc

**MILLTOWN VILLAGE** Commercial property w/ back yard. Great investment V. reasonable reserve.

**MUCKROSS, KILLARNEY** 6 bed detached, v. scenic, priced to sell.

**TIRNABOUL, KILLARNEY** 4 bed bungalow, beside N.S. only 2mls to Killarney town.

**BALLYMALIS, BEAUFORT, KILLARNEY** Detached, luxury 4 bed detached bungalow, almost new, great location.

**GLENFLESK, KILLARNEY** Expansive, executive style home (c. 5,000 sq. ft) on approx 6 acres with beautiful views. Unique, modern sophisticated house with real character.

**KILLARNEY** 6 miles approx. to rent or for sale old farm yard on c. 1 acre off the Tralee Road. Secure and convenient location.

**KILCUMMIN** New Bungalow, very Scenic, unfinished, very Reasonable price

**FAHA, KILLARNEY** 4 bed 3 ensuite detached dormer.

**KILLORGLIN 2 MLS** Beautifully restored stone house on c.6 acres. In pristine condition.

**GLENBEIGH, RING OF KERRY RD.** New detached 4 bed bungalow, stone fronted with spectacular sea views, completed to a very high spec.

**CARAGH LAKE, KILLORGLIN** New dormer bungalow 4 bed (2 ensuite) set on a large site

with mature trees.

**FIRIES VILLAGE** 3 bed semi, bungalow, great value.

**CARAGH LAKE** Old farmhouse with panoramic views on c. 1/2 acre or more land if required.

**GNEEVIGUILLA VILLAGE** Modern 3 bed semi w/ top energy saving ratings, complete finish

**BEAUFORT KILLARNEY, OLD HOUSE** on c.2 acres, very elevated, dry, extremely scenic setting, reasonable reserve. UNIQUE PROPERTY.

**FOSSA KILLARNEY** Large commercial/private property beside the golf complex and on the main road.

**MUCKROSS ROAD/WOODLAWN CROSS, KILLARNEY** - c. 1/3 acre site. Superb location.

**ARDCANAUGH, KEEL, CASTLEMAINE** New bungalow, almost finished. 4 bed. 1850 sq. ft. approx. Many extras.

**MILLTOWN, KILLARNEY** (Ardmeelode area) Partly built detached bungalow. Nice views. BARGAIN.

**TULLORUM/TIRNABOUL KILLARNEY AREA** 11.5 acres approx. Close to school etc.

**KILLORGLIN, GOLF COURSE ROAD** Delightful 2 bed detached bungalow, as new, superb location.

**BEAUFORT, Killarney** Beautiful, almost new detached dormer bungalow with stunning mountain views. Comprising approx. 2,300 sq. ft. 4 bedrooms, 2 ensuite. Kitchen/dining room, utility, lounge, bathroom. Built to the highest standards.

## FARMS/LAND

**c.57 acres** with old farmhouse and sheds, Currow area, 40 acres recently reseeded.

**c.10 acres** with good sheds, extremely scenic. Artgalvin, Headford area. 5mls from Killarney.

**c. 12 acres** approx on the main Ring-Of-Kerry road only 4 miles from Killorglin. (extensive road frontage)

**Tullorum, Tirnaboul, (Spa) Killarney** 11.5 acres approx. 3 miles from Killarney.

**Kilbonane, Beaufort, Killarney** 57 acres approx. with an old farmhouse, on the main road and bounded by the river Laune. Top quality land and extremely scenic.

## SITES

**AGHADOE** Site roadside, approx 1 mile from town 1/2 acre selling subject to planning.

**BEAUFORT AREA** Elevated, scenic site c. 1/2 acre.

**BEAUFORT, KILLARNEY** 1 acre with full planning.

**COOLIES, MUCKROSS, KILLARNEY** c. 1 acre, private scenic location.

**KILLARNEY 2 MILES APPROX** 3 acres or more subject to 1 planning.

**ROSSBEIGH, GLENBEIGH** Site with full planning for dormer, no residency clause.

**Killorglin 1 mile** 3/4 acre site. On the main Killarney/Ring of Kerry road. Dry, elevated and scenic. On the main sewer and with all services.

**Sunhill, Killorglin** approx. 1 mile from town, 1/2 acre or more dry, roadside, elevated, scenic site. Bargain.

**Faha, Killarney**, c. 1/2 acre, dry, roadside, great location, bargain.

**Raheen, Headford, Killarney**, Site with full planning permission €20,000.

# ONLINE REGISTRATION NOW OPEN FOR THE 2014 RING OF KERRY CHARITY CYCLE



LAUNCHING THE RING OF KERRY CHARITY CYCLE ON LINE REGISTRATION WERE JAMES LOONEY, KARENA MCCARTHY SECRETARY, JOHN RICE (BACK FROM LEFT) PADRAIG TREACY, CCLR. CATHAL WALSHE, TIM O'BRIEN CHAIRMAN AND BRENDAN COFFEY AT AGHADOE, KILLARNEY ON SATURDAY.

It is time to get that bike out and start training because the Ring of Kerry Charity Cycle is open for registration for the cycle which will be taking place on Saturday, July 5th. The online registration was officially launched on Saturday by the organising committee.

Last year saw over 9,000 cyclists raise over €1million for local Kerry charities. Based on the number of disappointed cyclists who had to be turned away last year and on the current

uptake of online registrations the organising committee expect registration to be closed well before the initial projected date of June 1st.

"As the cycle is limited at 9,000 cyclists for safety reasons, we are encouraging people to register as soon as possible so as not to miss the opportunity to take part" stated PRO Cathal Walshe.

To register online go to [www.ringofkerrycycle.ie](http://www.ringofkerrycycle.ie).

ie .You must pay a minimum donation of €70. You can choose to fundraise additional money if you wish by downloading the sponsorship card.

If someone registers online they will be issued a bar code which they have to print and bring with them to claim their bike tag and number on the Friday night before the cycle. No one can take part without an official bike tag.

It is important to note that you can also choose to cycle on behalf of one of the nominated charities. Anyone interested in cycling and raising money for a specific charity should make contact directly with that charity. Contact details for each charity are available on [www.ringofkerrycycle.ie](http://www.ringofkerrycycle.ie)

This year is going to be even better than last year with a number of different events planned for the weekend on Friday July 4th and Saturday July 5th. Based on the current rate of registrations we are expecting to reach the maximum number very quickly. It is therefore important that people register now and don't miss the opportunity to take part in this spectacular 180km charity cycle while raising money for exceptional local charities.

The nine nominated charities include Ard Curam Day Care, Acquired Brain Injury Ireland, Irish Red Cross, Kerry Hospice Foundation, Kerry Parents & Friends Association, Kerry Stars, Kerry Friends of Motor Neurone, Pieta House, Valentia Island Cottage Hospital.

## LOCAL SCHOOLS HEAD TO THE CAPITAL FOR ALL IRELAND CREDIT UNION SCHOOLS QUIZ FINALS



KIERAN CROWLEY MANAGER AND NORA MURPHY OF RATHMORE CREDIT UNION WISHING THE HOLY FAMILY NATIONAL SCHOOL RATHMORE QUIZ TEAM DENNIS MAHONEY, PÁRAIC FINNEGAN, DARA MORIARTY AND CIARA O'KEEFE EVERY GOOD WISHES IN THE ALL IRELAND CREDIT UNION SCHOOLS QUIZ FINAL IN THE RDS DUBLIN WITH THEIR TEACHER (BACK RIGHT) ANNE MARIE MURPHY AND PRINCIPAL DIARMUID MCCARTHY AT HOLY FAMILY NATIONAL SCHOOL, RATHMORE ON TUESDAY.



PAT DELANEY CHAIRMAN KILLARNEY CREDIT UNION (THIRD FROM LEFT) PRESENTING A SPONSORSHIP CHEQUE TO THE GAELScoil QUIZ TEAM ÉADAIOIN NÍ MhUCHU, ÉABHA NÍ CHATHASAIGH, ÉANNA Ó COLMÁIN AND SASHA FURLONG WHO WILL PARTICIPATE IN THE CREDIT UNION ALL IRELAND QUIZ FINAL IN THE RDS, DUBLIN THIS WEEKEND.



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**12 BISHOPS COURT, NEW STREET, KILLARNEY**  
Newly painted and newly cleaned 2 bed roomed apartment excellently located in Killarney town centre close to all amenities.  
**Rent: €600 per month**

**'SILVER BIRCH', LOUGH ERNIE, INCHICULLANE**  
Stunning setting just 2 km from Killarney Town in an area of breath-taking scenery and natural wildlife. The property is finished internally to an exceptional standard. **Rent: €1,100 per month**

**4 BIRCHFIELD, LORETO ROAD, KILLARNEY**  
Well located modern bungalow set on a private large corner site adjacent to Loreto School just 2 miles from Killarney Town.  
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**MONEY MATTERS.....**

By Dermot Cronin,  
**Financial Advisor**

**HAVE YOU REVIEWED YOUR PENSION RECENTLY?**

As you have probably seen or read in the news recently it is very important that everybody with an existing pension plan should review their pension URGENTLY. This is because you need to know what kind of funds your pension is invested in, your pension can be invested in very low risk funds to very high risk funds which means that the value of your pension can substantially reduce if the fund you are invested in falls substantially in value. You also need to look at the fees and charges associated with your pension, there may be more competitive options available to you where the fees and charges are less. The result of doing this is that the amount you will have in your pension plan will be substantially more in a plan with lower fees and charges. So whether you are currently contributing to a pension or not contributing to a pension that you were contributing to before it is important that your pension is reviewed now, to discuss this you can contact

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THERE IS A LOT OF LOVE OUT THERE....

## HUGE RESPONSE TO MOTHER'S DAY COMPETITION



Outlook Magazines Mother's Day Competition attracted hundreds of entries and with €400 worth of prizes on offer – four lucky mums were finally chosen as winners.

Killarney Outlook had two winners of the competition, Ann O'Leary from Gneeveguilla and Rachel Parsons from Rathmore.

Both mums were nominated for the award by their children who wrote poems all about them. Ann won a €100 voucher to spend at Muckcross Park Hotel and Cloisters Spa while Rachel is off to the Aghadoe Heights Hotel with her €100 voucher to treat herself.

Here are the winning entries:

### My Mom

*I love helping mom bake lots of buns  
When I do we have so much fun  
I really love mom cause she is funny at times  
And she is also good with rhymes  
My mom married a handsome guy that  
Doesn't always know what to buy  
I got to help him pick the right thing out  
Else she will really shout!!  
She is very special and lovely,  
And when I see her she makes me feel bubbly  
Happy mothers day to you my Mum  
From Chloe your little girl full of fun*

**From Chloe O'Leary age 6**

### Our Mom

*Our mom is super cool  
Even when driving us to school  
She puts on her shades,  
And we sing Bruno Mars Grenade  
When we park up the car*



WINNER OF THE KILLARNEY OUTLOOK, MOTHERS DAY COMPETITION, ANN O'LEARY RECEIVES A GIFT VOUCHER FROM ELEANOR CRONIN (SALES & MARKETING) AT MUCKCROSS PARK HOTEL. PICTURED HERE BACK ROW L-R DES O'CONNOR (KILLARNEY OUTLOOK) ANN O'LEARY, ELEANOR CRONIN AND BRIAN MILEY AND IN FRONT ANN'S DAUGHTERS TARA, ABBY & CHLOE O'LEARY. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



WINNER OF THE KILLARNEY OUTLOOK, MOTHERS DAY COMPETITION, RACHEL PARSONS (RIGHT) RECEIVES A VOUCHER FOR THE AGHADOE HEIGHTS HOTEL & SPA FROM JACINTA PRENDERGAST, SALES & MARKETING AT AGHADOE. PICTURED HERE BACK L-R AISLING CROSBIE (EDITOR KILLARNEY OUTLOOK), JACINTA PRENDERGAST (SALES & MARKETING), RACHEL PARSONS WITH HER TWO SONS IN FRONT ARCHIE (LEFT) & BARNEY (RIGHT). PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

She knows to kiss us from afar.  
Every year we buy her soap  
But she deserves a special prize  
Because she is always so nice.

**Barnie (10) and Archie Parsons (9)  
Rathmore**

Other winners in the competition were Eileen Mansfield, Chutehall, Tralee nominated by her daughter Lilian Mansfield. (Voucher for Sean Taaffe).

Ann Shortland, Lixnaw nominated by her daughter Coleen Shortland (Voucher for CHs Tralee).



FEMKE BOT WHO HAS BEEN NOMINATED FOR IRISH VETERINARY NURSE OF THE YEAR" AWARD.

## TOP AWARD BECKONS FOR FEMKE

Killarney Veterinary Nurse, Femke Bot has been shortlisted for the "Irish Veterinary Nurse of the Year" award.

Femke who was recently promoted to Practice Manager at the "All Care" Veterinary Clinic on Park Road is known for her love, passion and commitment for the caring and well being of all animals.

A daughter of Marianne and Pieter Bot, Femke who has four sisters has loved animals from a very early age.

If you would like to vote for Femke you can do so by logging on to [www.ivna.ie](http://www.ivna.ie).



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**NEW TO MARKET**

**4 ELM COURT, DEERPARK, KILLARNEY**

Exceptional value detached residence within walking distance of Deepark Retail Park, Aldi and Gaelscoil primary school and convenient to all town centre amenities.

**Price Region: €175,000**

**BER C1**



---

**2 NEW ROAD, KILLARNEY**

Conveniently located four bedroom semi-detached house within walking distance of Killarney National Park, Cathedral, schools and all town centre amenities.

**Price Region: €180,000**

**BER Pending**



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AT THE MAKE-BELIEVE WEDDING HOSTED BY THE GLENEAGLE HOTEL, KILLARNEY ON SUNDAY. THE HOTEL INVITED THIRTY COUPLES TO COME ALONG AND EXPERIENCE A GLENEAGLE WEDDING FIRSTHAND. JUST LIKE A REAL WEDDING THE CELEBRATIONS WILL KICKED OFF WITH A WELCOME DRINKS RECEPTION FOLLOWED BY A FULL WEDDING BANQUET IN THE MANGERTON SUITE. FROM LEFT, EILEEN COFFEY, ALAN DOWER, MONSIEUR LA BLANC, ELEANOR COFFEY AND ELEANOR COFFEY.  
PHOTO: VALERIE O'SULLIVAN.



HONDA 50 RIDERS EUGENE O'SULLIVAN, RAYMOND O'CONNOR, NOEL BROSAN [ORGANISER], JAMES CASEY, TIM FLEMING, JOHN HICKEY AND FINBAR O'SULLIVAN AT THE LAUNCH OF KILLARNEY - DINGLE SLEA HEAD HONDA 50 RUN ON EASTER SUNDAY.



MICHELLE O'CONNOR & JOHN CRONIN (CENTRE) CELEBRATING THEIR ENGAGEMENT WITH FAMILY AND FRIENDS AT THE BREHON HOTEL.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

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# CURTAINS UP FOR JESUS CHRIST SUPERSTAR



THE KILLARNEY OUTLOOK PRIZE WINNERS RECEIVING THEIR TICKETS FROM DES O'CONNOR (KILLARNEY OUTLOOK) TO SEE THIS YEARS MUSICAL AT THE INEC, JESUS CHRIST SUPER STAR. PRIZE WINNERS INCLUDED SARAH O'SULLIVAN, KATRINE PIETZONKA, NORA MOYNIHAN AND PHIL NEWBY.



AT KILLARNEY MUSICAL SOCIETY'S PRODUCTION OF JESUS CHRIST SUPER STAR AT THE INEC WERE L-R MARY ANN MORIARTY, JONATHAN HARIG, DEIRDRE SHEAHAN & GRACE SHEAHAN.



THE LADIES CAST, BACK STAGE ON OPENING NIGHT OF KILLARNEY MUSICAL SOCIETY'S PRODUCTION OF JESUS CHRIST SUPER STAR.



AT KILLARNEY MUSICAL SOCIETY'S PRODUCTION OF JESUS CHRIST SUPER STAR AT THE INEC WERE L-R SUSAN HEALY, FRANCES O'SULLIVAN, LORRAINE MCSWEENEY, MARGARET O'SULLIVAN, AMANDA HEFFERNAN & BRED A O'RIRDAN.



AT KILLARNEY MUSICAL SOCIETY'S PRODUCTION OF JESUS CHRIST SUPER STAR AT THE INEC WERE L-R CAIT DUGGAN, CLLR TOM DOHERTY AND MARGIE MANNIX.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



AT KILLARNEY MUSICAL SOCIETY'S PRODUCTION OF JESUS CHRIST SUPER STAR WERE THE FOLEY FAMILY. BACK ROW L-R GRACE, SHANE & RACHEL AND IN FRONT L-R LILLIE, JEAN & PADDY.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

*Cast members from Killarney Musical Society enjoyed numerous standing ovations over the 3 nights in their production of Jesus Christ Superstar this week. Audiences were delighted with the show which attracted an opening night attendance of 750. One of the biggest in years.*

  
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# LIEBHERR ARE ALL-IRELAND INTER FIRM CHAMPIONS

LIEBHERR 2-11  
BURNSIDE 0-11

Liebherr Container Cranes were crowned All-Ireland champions after their victory over Burnside in Lewis Road last Saturday. Played in front of a large attendance, Liebherr started brightly with an Eamonn John O'Donoghue point in the first minute. Declan O'Sullivan from a free doubled the lead in the 7th minute. With Burnside now getting a grip on the game, full forward Gary Dempsey had their first score in the 10th minute and they were level 2 minutes later after a Derek Hayden point. The game was end to end at this stage with goalkeepers at both ends pulling off great saves. Mike O'Sullivan had Liebherr back in the lead in the 19th minute with a beauty from the left wing and Paddy Curtin had another a minute later to make it 0-4 to 0-2 in favour of Liebherr. Burnside's response was quick as Gary Dempsey who was proving a handful kicked a fine point and Derek Hayden had them level soon after. Wing forward Alan Kelly with a point had Burnside in the lead for the first time in the 24th minute. Though dominant at this stage, poor shooting was to cost them dearly as all they could add onto their tally was a late pointed free from Gary Dempsey to leave the half time score 0-6 to 0-4 in favour of Burnside.



THE LIEBHERR TEAM THAT DEFEATED BURNIDE IN LEWIS ROAD LAST SATURDAY.

Whatever was said in the Liebherr dressing room during the break it had a desired effect as they flew out of the blocks with a Mike Shaughnessy point in the first minute. Then James Clarke in the Burnside goal pulled off another fine save and Declan O'Sullivan kicked the resultant 45 over to level matters. Shaughnessy then lobbed one into the Burnside square that caused all sorts of confusion to leave Paddy Curtin with a simple tap in. There was no let up in the Liebherr lads now as they sensed victory and went for it with Shaughnessy (7th min), Mike O'Sullivan (8th min) and Donal Murphy in the 10th minute all putting over good points to put Liebherr into a commanding lead of 1-9 to 0-6. Gary Dempsey had points for Burnside in the 12th and 13th minutes but the impressive Mike O'Sullivan cancelled these out and Paddy Curtin another. Another Paddy Curtin goal in the 24th minute blew Burnside's cylinder and gave Liebherr the signal to empty the subs bench. Two late Gary Dempsey points was all Burnside could add to their tally to leave the final score 2-11 to 0-11 in favour of Liebherr.

Liebherr supporters invaded the pitch to embrace their heroes and surround captain supreme Declan O'Sullivan as he received the cup to rapturous applause.

**LCC team:** David Moloney, Daragh Twomey, Mike Moloney, Adrian Lynch, Luke Quinn, Padraig O'Connor, Niall Lynch, Mike O'Sullivan (0-3), Eamonn John O'Donoghue (0-1), Micheal Shaughnessy (0-2), Declan O'Sullivan (0-2), Anthony Kennedy, Eoin Lawlor, Paddy Curtin (2-2), Donal Murphy (0-1).  
Subs: Mark Dennehy for Daragh Twomey, Denis O'Neill for Anthony Kennedy, Richie O'Connor for Eamonn John O'Donoghue, Colin Myers for David Moloney and Kevin Courtney for Adrian Lynch. Daniel O'Keeffe. Morgan O'Donoghue. Cormac Johnson. Dermot O'Sullivan. Mikey Fitzgerald. Sean Murphy. Daragh Reen. Ciaran O Mahony. Adrian O Connell.

Mentors Kieran O'Mahony, Adrian McCarthy and Anthony Breen.



ENJOYING THE LIEBHERR INTER FIRM ALL IRELAND FINAL AT THE CROKES GAA GROUNDS WERE ELAINE O'DONOGHUE & SHEILA GALVIN (BACK) WITH (L-R IN FRONT) JAMIE NOLAN, LAURA O'DONOGHUE AND RACHEL O'DONOGHUE.  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808



ALL KITTED OUT AND ENJOYING THE LIEBHERR INTER FIRM ALL IRELAND FINAL AT THE CROKES GAA GROUNDS WERE L-R JOEY MCCARTHY, MATHILDA MCCARTHY, KEENAN MCCARTHY & NOREEN CRONIN  
PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808.



ENJOYING THE LIEBHERR INTER FIRM ALL IRELAND FINAL AT THE CROKES GAA GROUNDS WERE NATHAN CRONIN, NOREEN CRONIN & CONOR O'SULLIVAN.  
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ENJOYING THE LIEBHERR INTER FIRM ALL IRELAND FINAL AT THE CROKES GAA GROUNDS WERE MICHAEL HORGAN, SIOBHAN DOODY & ANNE HORGAN.  
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ENJOYING THE LIEBHERR INTER FIRM ALL IRELAND FINAL AT THE CROKES GAA GROUNDS WERE BARBARA O'SULLIVAN, MARGARET O'CONNOR & ANNA KERINS.  
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## KERRY LIFE SKILLS *THE PERSPECTIVE OF FOUR JUNIOR CERT STUDENTS*

Now that the Junior Cycle approaches, four students at St Brendan's College- Johnathon Horgan, Kevin D'Arcy, Cathal Hickey & Jack Galvin reflect on what the programme has meant to them.

Kerry Life Skills has been a part of our life, not just here in St. Brendan's College for the last three years but also through our primary school years, although back in Primary it was mainly focused on basic health and hygiene. Seamus Whitty has brought, in conjunction with Kerry Life Skills, a new aspect of thinking into our lives. He has given us all the information to help us make the right choices when it comes to drugs, alcohol, risk taking, peer pressure, bullying and

dealing with pressure. As our country today is a very different Ireland from twenty years ago we can see now how much the programme needs to be started from an early age as it instils the concept of self-care and personal health awareness in us as young people. As we grow older Seamus gives us the knowledge and understanding of substance abuse and the effects it can have on our body and our life in general. He emphasises the importance of personal awareness and informed thinking. In conjunction with the information we receive from our S.P.H.E. programme, we see how our culture has a strong link with alcohol and how the media plays a big part in our lives. Kerry Life

Skills allows us to be encouraged to develop our own knowledge and understanding of these issues and of the importance of living by thinking through our life choices. We are given accurate and helpful information and through the sessions we can debate on these issues. In our opinion Kerry Life Skills has a significant part to play in every young person's life and should continue to be part of the school's curriculum. The classes themselves also allow us to express our opinions outside the standard classroom environment, Seamus always uses creative means of presentation which helps engage us in the topic. He always engages us at our own level- never preaching at us!

## SCIFEST @ ST. BRENDAN'S COLLEGE, KILLARNEY

St. Brendan's College, Killarney, took part in the 2014 Scifest@schools competition by hosting its' own in-house Scifest Competition on Friday, March 28th. Five innovative teams participated, presenting projects based on a wide range of scientific topics. Mr. Ultan McCarthy from IT, Tralee acted as adjudicator of the competition. First place was awarded to Harry, James and Jack Knoblauch who designed a watermill. The depth of scientific research and treatment of the subject matter was outstanding and remarked on by the adjudicator. In second place was Oran O'Donoghue who surveyed local sports athletes on common injuries and associated causes. His research offered valuable insights into how common sports injuries can be prevented. Third prize was awarded to Fergal Murphy and Darragh Lawlor who measured blood pressure levels amongst a large sample of students. As a result of analysing their collected data, they were able

to establish a link between high blood pressure levels and unhealthy diet and exercise habits. The remaining two teams also presented notable projects; Kieran O'Connor with Daniel and Conor Lucey performed a number of experiments on vegetables to compare the levels of catalase(enzyme) activity. This research has important implications for human health as the boys discovered that certain vegetables are better for us than others. The remaining team, Seán O'Neill and Michael Brosnan carried out research on locating the blind spot in the eye. During their investigations, they discovered the existence of different blind spot patterns between students with poor and normal eyesight. The boys intend to enlarge their student sample size to see if they can come up with a cheap and easy-to-use eye test which might serve as an early indication of deteriorating vision. All projects presented on the day were of a highly impressive standard



RUNNER-UP PRIZE WENT TO ORAN O'DONOGHUE PICTURED WITH THE ADJUDICATOR, MR. ULTAN MCCARTHY

and the projects will compete in the Kerry Scifest Competition in the IT Tralee in May. Well done to all.



FIRST PRIZE WENT TO JAMES, JACK AND HARRY KNOBLAUCH, PICTURED WITH THE ADJUDICATOR, MR. ULTAN MCCARTHY.



RUNNER-UP PRIZE WENT TO DARRAGH LAWLOR AND FERGAL MURPHY PICTURED WITH THE ADJUDICATOR, MR. ULTAN MCCARTHY



MICHAEL BROSINAN AND SEÁN O NEILL PICTURED WITH ADJUDICATOR MR. ULTAN MCCARTHY



KIERAN O'CONNOR, CONOR AND DANIEL LUCEY PRESENTING THEIR PROJECT ON CATALASE ACTIVITY IN VEGETABLES AT SCIFEST@ST.BRENDAN'S

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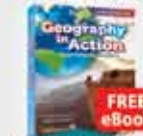


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## NATIONAL AMBULANCE SERVICE MUST HONOUR COMMITMENT TO REVIEW KERRY AMBULANCE SERVICE



Senator Mark Daly and Councillors John Joe Culloty as well as the Fianna Fail Candidates in the Killarney Electoral Area are calling on the National Ambulance Service to honour their commitment to review the ambulance service in Kerry.

Representatives from the HSE's National



Ambulance Service and senior HSE management met with GPs, public representatives and community groups in South Kerry on the 3rd of September 2013 to update them on plans to modernise the National Ambulance Service operations in the region. At that meeting the National Ambulance

Service and senior HSE management gave a commitment that they would meet with all public representatives and review the effect of the reduced service on the people of Kerry with in 6 months this has not happened. "the effect of the loss of the 2nd emergency ambulances based in Killarney as a result of the cuts to service following the meeting in September 2013 has been disastrous" said Senator Daly "we now have a situation of critically ill people and road traffic victims waiting hours for an ambulance to arrive, in some instances the tow truck arrives before the ambulance" The Fianna Fail candidates in the Killarney Electoral area Councillor John Joe Culloty, Councillor Anne McEllistrim, Niall Kelleher, John O'Shea are campaign for the return of the 2nd emergency ambulance to Killarney. Todate they have distributed 20,000 leaflets informing the people of the area of the risk to lives caused by the loss of ambulance. The reinstatement of the ambulance will be the centre of the local elections in the Killarney local election area.

## 375 CHILDREN WAITING FOR TREATMENT



Niall Kelleher the first-time Fianna Fáil candidate for the local elections in the Killarney Electoral Area, has slammed the Government for the huge waiting lists that exists for children with a disability in Kerry, for a basic speech and language assessment.

The figures released show 375 children on

the waiting lists for speech and language assessment for children with disabilities right throughout Co. Kerry. All of these figures relate to children waiting for an initial assessment of speech and language problems, in 2013.

Niall Kelleher obtained these figures from parliamentary questions to the Health Service Executive (HSE) by his colleague Colm Keaveney T.D. and they clearly show the scale of the problem experienced by families of children with disabilities all in every corner of Kerry. The figures are not broken down by area within Kerry, however research has indicated that the problem is acute in all parts of the county.

*"I've met some families over the last few months, who are in this situation and for me it is frustrating to hear their concern and upset about delays on the waiting list in Kerry. Families have enough to worry about without fighting to have a basic requirement met"* said Niall Kelleher.

*"I will continue to pursue this issue with my party colleagues who are in the Oireachtas, as clearly a spotlight needs to be put on this disgraceful situation"* concluded Niall Kelleher.

## FREE HOME ENERGY UPGRADE SCHEME



Kerry TD Tom Fleming and Independent Councillor Michael Cahill have welcomed the Free Home Energy Upgrade Scheme. This scheme is administered by the Sustainable Energy Authority of Ireland. Deputy Fleming said 'to qualify for the free energy upgrade, applicants must be in receipt of one of the following (A) Fuel Allowance, (B) Job Seekers Allowance and (C) Family Income Supplement, (FIS)'. Councillor Michael Cahill said 'this is an excellent scheme that covers cavity wall, external wall, internal wall and attic insulation along with boiler upgrades and renewable energy upgrades, ie heat pumps.'

## AMBULANCE SERVICE

CIlr Tom Doherty is calling for a meeting between the HSE and Killarney Town Council to review the present ambulance service for Killarney and its environs. From the latest information it appears that the HSE is not reaching the standards required as set out by the Health Information and Quality Authority.

HIQA set a response time of 8 minutes for life treating calls. The response is far below the

75% target set for such call outs. The service is overstretched if these targets are not being met. An adequate number of emergency ambulances are needed to cover our communities during the day as well as the night time. It is also vital to have knowledge of the local geography to improve response times. The availability of ambulance cover is a must for pre hospital care service.



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**INDEPENDENT**  
KERRY COUNTY COUNCIL 2014

**Please Vote No. 1**

## LYNDA HORGAN

I am a native of Killarney, I grew up in Ardshanavooly and I now reside in Gullane, Gneeveguilla, Rathmore. During the past seven years I have been working for and assisting the Community and its constituents with all their concerns through my position as a Dáil Secretary for Tom Fleming T.D. and Michael Moynihan T.D.

I am continuously interacting with all Government Departments, Agencies, Councils, Employers etc on behalf of my fellow citizens and through this constant interaction I have accumulated a vast store of knowledge across all areas which makes me a highly effective advocate when addressing the diverse needs of the constituency, whether that be Health, Social Welfare, Agriculture, Employment, Education, Poverty, Emigration, Immigration etc. From my first hand interaction with people on a daily basis I know the factual and extreme pressures individuals and families are under in the current economic climate. I seek a place on Kerry County Council to act as an independent voice for the people in the decision making process of the council. I will work for you, respect you and listen to you.

**Mobile: 087 341 2253**  
**Email: lynda.horgan2014@gmail.com**

*Working with Tom Fleming T.D.*

**Vote No. 1**  
*or next highest preference*

**Danny Healy-Rae M.C.C.**

**A SOLID AND EXPERIENCED WORKER ON YOUR BEHALF WITH KERRY COUNTY COUNCIL**

**CONTACT: 087-2316055**  
**Email: clldhealyrae@eircom.net**

*A strong fresh and experienced*

**INDEPENDENT COMMUNITY CANDIDATE**

**CLLR. TOM DOHERTY**

**22 ST. ANNE'S ROAD, KILLARNEY**  
**Tel: 087 2942260**  
**Email: tomkillarney@yahoo.ie**

*Listening to you and working for you*

**Michael Healy-Rae T.D.**

**Will Attend Scotts Hotel every Saturday at 3.00pm**

**Castleisland Clinic**  
**River Island Hotel**  
3rd Monday of every month 6.30pm & the last Friday of every month 9.30pm

**Killorglin Clinic**  
**Jim Shea's Vintage Bar**  
2nd Monday of every Month at 7.00pm

**Kenmare Clinic**  
**Atlantic Bar** 10pm Every Saturday Night

**Kilgarvan Clinic**  
**Healy-Rae's Shop** 9pm-10pm every Sunday  
**Healy-Rae's Bar** 10pm-11pm every Sunday

**Other Clinic held throughout the Constituency on a very regular basis and advertised locally**

**Office No.: 064 66 32467**  
**Mobile: 087 2461678**  
**e: Michael.Healy-Rae@oireachtas.ie**  
Danny Healy-Rae MCC: 087 2316055  
Johnny Healy-Rae MCC: 087 2354793

AN ACTIVE COUNCILLOR

**VOTE NO. 1**  
**ANNE MCELLISTRIM M.C.C.**

**FOR CASTLEISLAND /KILLARNEY ELECTORAL AREA**

**FIANNA FAIL**  
THE REPUBLICAN PARTY

**CHOOSE ANNE MCELLISTRIM**

**COMHAIRLEOIR GNÍOMHACH**

Anne McEllistrim a new and young councillor for your area with ten years experience as a member of Kerry Council and having previously represented parts of this new electoral area.

Educated at Maynooth University with a degree B.A. Arts, Higher Diploma in Education. Fourth generation of McEllistrim in politics, granddaughter of Tommy Mac commander of republican forces who fought at Headford Junction and at Ballybrack, two incidents of note in the fight for Irish Freedom. Anne has served at local level on the following committees, Chair of Kerry County Joint Policing Committee, Kerry County Enterprise Board, Roads and Transportation Strategic Policy K.C.C., Kerry County Rural Water, Kerry Education and Training Board, Kerry Airport PLC Board, Governing Body I.T.T.

**For a strong active, honest and reliable representation for your area, Choose Ann McEllistrim, M.C.C.**

**Contact me at 086 8628451 or e-mail: annemcellistrim@eircom.net.**


**Senator Marie Moloney**

**Full-time Constituency Office open at Conroy Hall, Park Road, Killarney Mon to Fri 9.30am to 5.30pm.**

**Advice Clinic every Saturday morning from 10.00am.**

**Regular Clinics throughout the Constituency - ring for details.**

**Contact Office: 064 6632034**  
**Mobile: 086 3049422**  
**Email: marie.moloney@oir.ie**



**Cllr  
Brendan  
Cronin**  
*Independent*

**VOTE NO. 1**

'Following information I obtained, there has been over 430 individual water breaks on the Mid-Kerry water supply scheme since 2010. I will continue to fight for the urgent replacement of the 40 year old water pipe network that services the following areas; Barleymount, Ballyhar, Aglish, Rockfield, Furies, Bushmount, Listry, Faha, Fossa and Aghadoe, I have called on Irish Water not to impose water charges on these areas until a proper supply can be provided.'

Ballyhar, Killarney, Co. Kerry  
Tel/Fax: 064 66 33534 | Mobile: 087 2069657  
Email: cllrbrendan.cronin@kerrycoco.ie

Killarney Municipal District

**VOTE NUMBER 1**  
**Counihan** Sean

*Working  
for you,  
Experience  
Matters.*



Labour  

*Honesty, Integrity,  
Fair Representation for all.*

Tel: 087 7606392 | Email: counihansean@gmail.com

**CLLR.  
JOHN  
SHEAHAN**



*Much done, and more to do*

I have served in Kerry county Council since 2007,  
working for the betterment of the Killarney and East Kerry Area.

**I am seeking your support for re-election May 23rd.**

I am a worker and available to you.

**VOTE NUMBER 1  
SHEAHAN JOHN**

and continue your preference to my Party Colleagues:  
Bobby O'Connell and Cathal Walshe.

Email: j.sheahan@yahoo.com t: 087 9267360

**FINE GAEL** 

**Vote No. 1 John  
BUCKLEY**



*A New Voice - For  
Positive Change*  
Killarney Electoral Area

 **Sinn Féin**

Contact: 086 843 5028  
Email: buckleyjohn99@gmail.com

 **Putting Ireland First**  
Ag Cur Éireann Chun Chinn

**Liadh NÍ RIADA**  
South Constituency

**Vote Liadh Ní Riada for Europe** 

## IRISH NIGHT AT MOLLY DARCY'S PICTURES: DON MACMONAGLE

Molly Darcy's launched its Irish Show for the season ahead this week on a night that was enjoyed by over 100 guests which included a three course dinner and the Irish Show. The show will run from April to August on various dates and guarantees a great night of traditional Irish music and Irish dancing by Torc Irish Dancers.



PICTURED AT THE LAUNCH OF MOLLY DARCY'S IRISH NIGHT IN THE MUCKCROSS PARK HOTEL, KILLARNEY ON TUESDAY NIGHT WERE FROM LEFT, ANGELA GALLIVAN, ELLEN CAGNEY AND ANNE O'CONNOR, KILLARNEY.



PICTURED AT THE LAUNCH OF MOLLY DARCY'S IRISH NIGHT IN THE MUCKCROSS PARK HOTEL, KILLARNEY ON TUESDAY NIGHT WERE FROM LEFT, MIKE TANGNEY, KEVIN TANGNEY AND NIAL HUGGARD, KILLARNEY.



PICTURED AT THE LAUNCH OF MOLLY DARCY'S IRISH NIGHT IN THE MUCKCROSS PARK HOTEL, KILLARNEY ON TUESDAY NIGHT WERE FROM LEFT, MARY FLEMING, EILEEN O'LEARY AND MARY O'SHEA.



PICTURED AT THE LAUNCH OF MOLLY DARCY'S IRISH NIGHT IN THE MUCKCROSS PARK HOTEL, KILLARNEY ON TUESDAY NIGHT WERE FROM LEFT, NOREEN O'MAHONEY, EILEEN McDERMOTT, CATHY BROSNAN AND ELIZABETH O'MAHONEY, KILLARNEY.



JUST OVER A WEEK TO GO TO THE KERRY COUNTY CLEAN UP. VOLUNTEERS PREPARING FOR THE BIG CLEAN UP INCLUDE FROM LEFT: NOEL O'LEARY, KWD, FINBARR KENNELLY, KILLARNEY CHAMBER OF TOURISM AND COMMERCE, KATE O'LEARY, KILLARNEY CHAMBER OF TOURISM AND COMMERCE, JOHNNY MAGUIRE, CHAMBER PRESIDENT AND SEAN MURPHY, KWD.



CONOR HENNIGAN GENERAL MANAGER THE MALTON (FOURTH FROM LEFT) PRESENTING THE SPONSORSHIP CHEQUE ON BEHALF OF THE MALTON TO SEAN COFFEY PRINCIPAL ST BRENDAN'S COLLEGE TO CONTINUE THE 10 YEAR SPORTS SPONSORSHIP TO THE COLLEGE WITH (FROM LEFT) TEACHERS MIKE LEAHY AND HERLIHY, MICHAEL MCCARTHY AND CIARAN SPILLANE AT THE MALTON, KILLARNEY.



ROLE PLAY...AT THE OPENING OF THE 'THE REVOLUTIONARY DECADE ROADSHOW' TO CO-INSIDE WITH THE SCHOOL OF HISTORY, UNIVERSITY COLLEGE CORK, THE TRUSTEES OF MUCKCROSS HOUSE, KERRY COUNTY MUSEUM, AND KERRY COUNTY COUNCIL, HOSTED AT MUCKCROSS SCHOOL HOUSE, KILLARNEY NATIONAL PARK. PHOTO: VALERIE O'SULLIVAN.



STUDENTS OF AMÉLIE GAGNÉ'S EVENING CLASS AT KILLARNEY COMMUNITY COLLEGE WHO COMPILED A MOSAIC FOR CHARITY, SOUTH KERRY INTERVENTION AND DISABILITY TEAM 'BROTHERS OF CHARITY'. BACK ROW L-R GERALDINE O'KEEFFE-LYNE, PHIL DUFFY, BREA O'LEARY, DEBBIE O'SULLIVAN, MAIREAD KERRISK & NOREEN O'RIORDAN. FRONT ROW L-R LIBBY BUCKLEY, SHEILA DALY, ARTIST AMÉLIE GAGNÉ, KATIE COUNRANE FRIEL (BROTHERS OF CHARITY) AND AINE WALSH. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

# EASTER ENTERTAINMENT FOR ALL THE FAMILY

**Outlook**  
MAGAZINES

## EASTER ALL WRAPPED UP THANKS TO OUTLOOK MAGAZINES

"Where are we going today?"... "I'm bored"... "Can we go to town for chips?"... "Can we rent some DVDs?"... "Mary is pulling my hair and won't share"... and it goes on and on. Does this sound familiar?... if so then Outlook Magazines are here to help. The Easter break can be a difficult time for parents as they try and juggle home life with entertaining their children. For many parents it can be two weeks of constant demands and stress. Now thanks to Outlook Magazines we have Easter all wrapped up with our Easter Entertainment Guide to fun

activities that will entertain your children while parents get an opportunity to de-stress and have some quality 'me' time.

In our Easter Entertainment Guide we showcase the best value for money hotel breaks, top entertainment destinations and leading leisure facilities all guaranteed to make this Easter a fun and memorable occasion. Check out the amazing deals... but a word of caution, book the facility fast as the demand is expected to be at an all time high.

**Happy  
EASTER**

**Killarney**  
sports & leisure centre

## EASTER CAMP 2014

Tuesday 22nd - Friday  
25th April

10.30am - 3pm

Ages 4 - 12 years

€52 or €15

daily visit

## EASTER INTENSIVE SWIMMING LESSONS 2014

Tuesday 22nd - Friday 25th April

9.30am - 10.15am Levels 1 - 4 €48

Intensives & Camp €90

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[www.coralleisure.ie](http://www.coralleisure.ie)

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# EASTER CAMPS..... BRINGING FUN TO KIDS

Easter camps are a huge benefit for young children and teens so why not be part of this wonderful experience. The camps teach many important things they might find useful in the future both at school or at home.

**Here is a list of benefits an Easter camp brings to your children.**

1. They take a break from all technology such as laptops, phones, ipods and television.
2. New relationships. The children will make new relationships not only with other kids, but also with the adults at the camp.
3. Many useful skills are learned such as climbing, swimming, crafts and physical fitness. Your child will be physically active day by day participating in something new and exciting.
4. Your child will gain self-confidence. They are now on their own without their parents to help them in every step.....basically they 'fly solo'.
5. Every child is treated fairly, they all start without their school baggage. During Easter camps every child is equal and will find opportunities to be a child and valued the same as all the others.
6. Healthy life-style. Your child will have an opportunity to have a break from all the unhealthy food and snacks while being physically active and improving fitness.
7. True friendship. Your child will have an opportunity to make new friends. At the camp everyone does everything together. They will learn how to be part of a team.
8. Adventures. Children take healthy risks in a controlled environment that allows a safe but challenging outlet for your child to explore.
9. Fun. An Easter camp is a place of fun, fun and more fun. Enjoy the experience.

## MAKE YOUR OWN BUNNY MASK

Use a paper plate & some craft cupboard bits & pieces to make a cute bunny mask - **perfect for Easter!**

### You will need:

- A paper plate • Pink paint • Pink card • Elastic thread
- Glue • Black pen • White pipe cleaner (chenille stem)

### Instructions:

Paint the back of the paper plate pink and leave to dry.

Cut out two eye holes. Snip the pipe cleaner into 3 and twist together in the centre. Glue to the centre

of the face.

Cut out a nose from pink card and glue to the centre of the pipe cleaners.

Cut out two ears from the card and glue to the top of the head. Draw on a mouth with black pen.

Make two small holes, one either side of the face. Tie through the elastic thread.

press the flowers into place around the circle. Leave until the glue is completely dry until wearing!



**Buddies**

4a Woodlands Industrial Estate,  
Park Road,  
Killarney,

Email: buddieskillarney@eircom.net



**Buddies Best for play and parties**

Fun and games  
Easter Saturday & Sunday,  
colouring competition  
and Easter egg hunts  
at 3pm each day

Opened all of the **Easter Mid Term**  
Monday to Saturday 10am to 6pm,  
Sunday 12noon to 6pm.

tel: **064 66 39080**

**BOWLING Buddies**

Tel: **066 719 7007**  
Email: bowlingbuddies@eircom.net

**THE ULTIMATE ENTERTAINMENT AND PARTY CENTRE,**

Cosmic bowling every Wednesday,  
Thursday and Friday night.

Opened all of the **Easter Mid term**,  
Monday to Saturday 11am to 10pm,  
Sunday 12noon to 8pm

**Monkey PARADISE**

Monkey Paradise is only  
**€3.00 every Friday and  
€5.00 every other day.**

Manor Retail & Leisure Park, Tralee.

Oriel House Hotel, Cork

# Easter Family Package

- Enjoy 2 nights bed & full Irish breakfast
- Dinner on 1 evening for the adults
- **FREE** childrens activities
- **FREE** childrens treat on check out

T&C's apply based on 2 adults and 2 children sharing  
(Children under 12 share free)

Ballincollig, Co. Cork

T: 021 4208400 E: [info@orielhousehotel.ie](mailto:info@orielhousehotel.ie)

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**BOOK NOW**

Quote Promo Code:  
**Easter Break**

Early Bird Offer  
**ONLY €238**  
**SAVE 30%**  
(2 adults & 2 children)



## HOW TO PREPARE YOUR CHILD FOR AN EASTER CAMP

**First, you should make sure it's time for your child to go on their own to a camp.**

- If you want your child to be well prepared for the Easter camp you should involve them in everything associated with it. They should be part of the decision process in selecting a suitable camp. Decide together on what camp they want to go to and check out brochures together, websites and online videos about the camp.
- Ask them if they want to invite a friend to the camp. Your child, particularly young children, will always feel more comfortable if they are there with someone they know and trust.
- If your child is feeling worried or is afraid of something, don't try to talk them out of their fears but instead tell them you believe in them and know they will handle it. If your child is worried about something, make sure they tell you what they are worried about. That way they will know that they can come to you and tell you about their worries without being judged. Make sure you tell them the difficulties they can meet, and make sure you tell them what to do in this situation.
- Ensure you tell them what happens if they want to go home early. Give them contact numbers.
- If they have problems, tell them to let the staff know and they will help solve them.
- Take a contact number of a staff member in case of emergency.
- Over the years you have given your children their roots... now its time to give them their wings.

## DECORATE AN EASTER BONNET

**Anyone would be proud to wear an Easter bonnet like this in the Easter parade!**

**Children will enjoy decorating their own and adding their own personality.**

### You will need:

• A straw hat • Ribbon • Fabric glue • Fabric flowers  
(you could also use pompom chicks, polystyrene eggs etc)

### Instructions:

Cut a strip of ribbon long enough to go around the

hat and glue it in place.

If your flowers are in a bunch, cut or ease them off the stems so that you have a collection of loose flowers.

Put a thick circle of glue around the brim of the hat, then press the flowers into place around the circle. Leave until the glue is completely dry until wearing!



Killarney Outlook

# EASTER COLOURING COMPETITION

Win an amazing Lir Chocolate Egg in our Easter Colouring Competition.

**Entries close on Thursday April 10th**

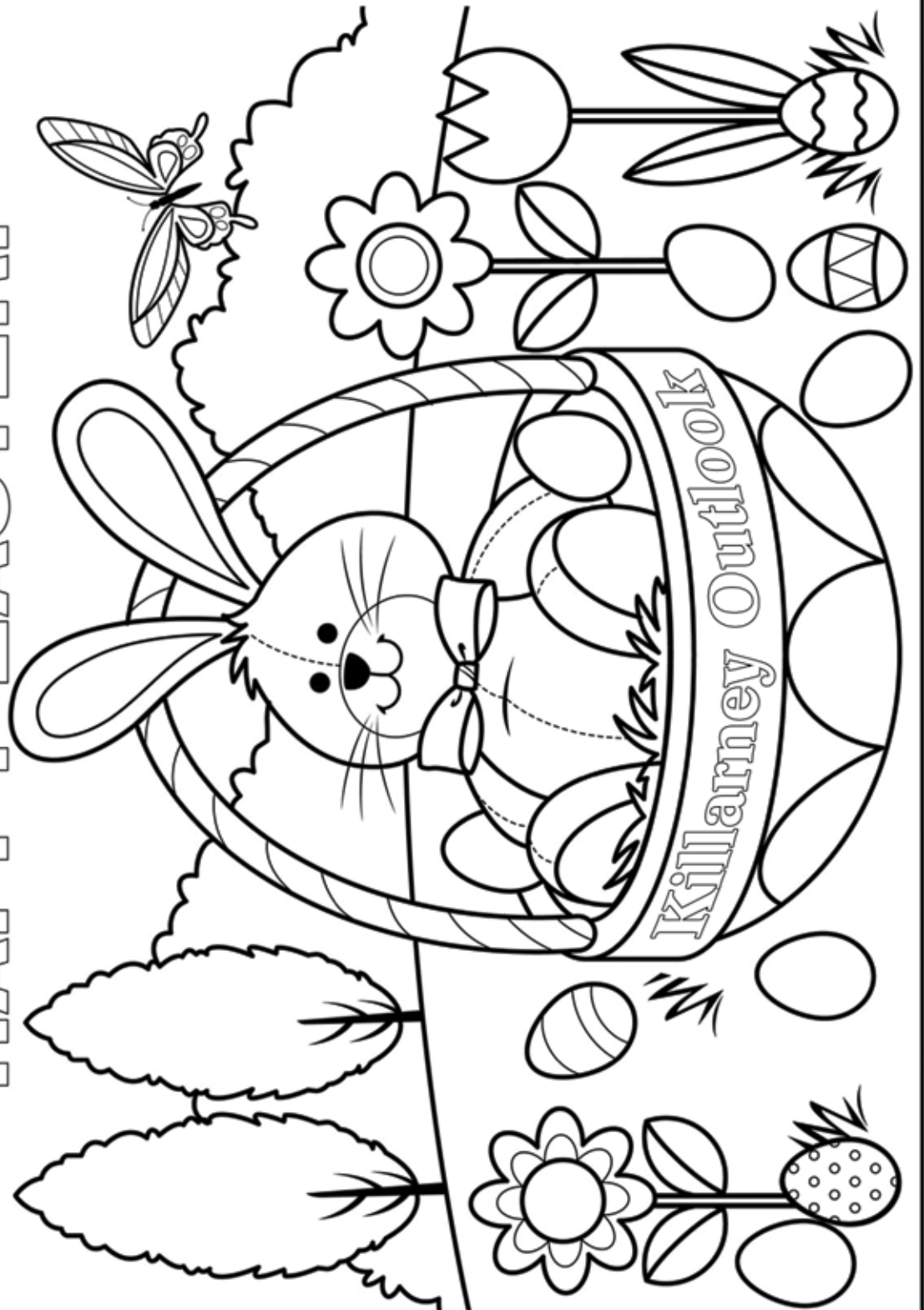
In association with



**PLEASE SEND ENTRIES TO**  
The Killarney Outlook  
30 High Street  
Killarney

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Age: \_\_\_\_\_  
Contact telephone Number: \_\_\_\_\_

# HAPPY EASTER!



## MAKING YOUR OWN EASTER EGG

(By Fleur Daly, Bluebell Eco Candles)



**You will need:** Raw eggs, skewer, small bowl, pointy knife or sharp small scissors, wash up liquid, pipe cleaner or thin wire, various ribbons.

**For decorating:** Food colouring, vinegar, water and bowl, spoon and empty egg carton for drying, art materials – glue, cut out paper shapes, stickers, markers, paints, nail varnish glitter etc.

**Step 1:** Empty the raw egg: Hold an egg firmly in one hand. Use sharp knife to tap a little hole at the top of the egg. Keep tapping several times using short and fast taps, until you crack a small opening. Turn the knife to widen it slightly.

**Step 2:** Repeat on the other side of the egg. Holding the egg over a bowl, pierce the yolk inside the egg with a skewer. Stir a little to break it up. Blow out the entire content of the egg into the bowl. It's perfect to use for scrambled eggs or egg omelette afterwards.

**Step 3:** Wash the egg using wash up liquid and water to clean and let dry or gently pat dry with a tea towel.

**Step 4:** Dye your egg: If you want to dye your egg – mix 2 teaspoons of vinegar, ¼ cup of hot water and 2 teaspoons of food colouring. Submerge the egg for 10 minutes. Turn every now and then, so the dye is even. Take the egg out using a spoon and put into empty egg carton to dry. Make sure the egg is completely dry before you start decorating.

**Step 5:** Decorate: Glue different shapes or stickers or decorations on it. Use markers or paint to draw lines, spots, flowers etc. Use decoupage technique (cut shapes from napkins and use the top thin layer with the picture, glue it onto the egg). Varnish it with nail varnish. Bling it – using glue with a paintbrush, draw shapes and sprinkle glitter over it.

Make a spring chicken – make paper wings, beak and eyes from paper and glue on the egg

**Step 6:** Thread the ribbon: Take the bendable wire or pipe cleaner and make a little hook on one end, threading ribbon on it – close the hook to make to secure the ribbon in it. Push the pipe cleaner/wire in one hole of the egg until the pipe cleaner/wire comes through the top, thread the ribbon through.

**Step 7:** Secure a bow on one end and you are ready to hang your decorated Easter egg! Always ask an adult to help you with Step 1 and Step 2. You can skip Step 4 if want.



Open daily for  
fun during the  
**EASTER BREAK**  
April 11th - 27th  
10am - 6pm  
Easter Monday  
12noon - 6pm

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where FUN happens  
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**Kerry's Largest Indoor Kids' Play Centre**

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**Crag Cave**  
Something for Everyone

**EASTER ACTIVITIES  
at Crag Cave**

**Easter Egg Hunt - Easter Sunday at 3pm**  
Meet the Easter Bunny & Help Him Find The Missing Easter Eggs at 3pm. Includes entry to Crazy Cave, Face painting, Glitter Tattoos, Free Chocolate Eggs, Rodeo Bull, Climbing Wall, Egg Hunt and lots more. **Only €8**

**Garden Restaurant serving delicious hot and cold food and sumptuous bakeries all day long.**

**Easter Monday**  
**Kids Breakfast with the Easter Bunny**  
A Delicious Breakfast with the Easter Bunny at 10:30 and lots of playtime in the Crazy Cave and Easter Arts and crafts. **Only €10.** Places are Limited. Booking required....  
reserve your place

**Call 066 7141244 to reserve your place**

Crag Cave, Castleisland, Co. Kerry. Tel: 066-71 41244  
E-mail: info@cragcave.com Web: www.cragcave.com

## BEAUFORT NEWS

By David Doyle

**COMMUNITY GAMES:** Best of luck to our U13 Project Team who will present their project called "The Role of the Internet" on Friday, 4th April, at the Community Games County Final in Tralee. The project team will present their project which is based on the history of the internet, exploring it's development over time

and the influence it has had on many different aspects of life, eg. education, business, social. The Project Team: Roisin Kennedy, Niall Carey, Caoimhe Foley & Cian Power.

**The Gymnastics** competition will take place on Sunday May 11th in Tralee. Anybody interested in taking part in this event should contact

Derva Ireland 086 - 2040469 or Cathrena Dennehy 087-6479284.

**Beaufort Community** games wishes to thank the GAA and Cullina N.S for the use of their facilities and for their support of all community games events.

## FOSSA NOTES

By Gene Moriarty

**FOSSA GAA:** Fossa Lotto 30/03/2014:

Numbers Drawn: 4, 17, 22 and 25. Jackpot: €3,450. No Jackpot Winner: Consolation Prizes 5 x €40: Mary McCarthy, Two Mile School; Amanda Cronin, Curragh Aghadoe; Merry Talbot, Knoppoge Aghadoe; Claire Houlihan, Curragh Aghadoe; Finn O'Driscoll, c/o JJ. New Jackpot: €3,600. Tickets on sale at the usual outlets, at the club grounds on Sunday mornings at juvenile training, and from club members and players. Next draw takes place on Sunday night April 6th 2014 at the Golden Nugget Fossa at 11p.m.

**FIXTURES:** Friday April 4th Minor Co. League 6.30pm Fossa v Ballymac at Fossa.

Sunday April 6th, girls under 14 County League Legion/Beaufort v Fossa at Derreen throw in 5:00pm and boys U12 County League Ballymac v Fossa at Ballyseedy 6pm.

Monday April 7th East Kerry Region Under 16 League Dr Crokes B v Fossa at Lewis road throw in 6:00pm. Tuesday April 8th East Kerry Junior League Rd 2 Spa v Fossa at Spa 6:45pm.

Wednesday April 9th Under 14 County League Fossa v Spa at Fossa throw in at 7:00pm.

Come out and support your teams.

**SENIORS:** Our senior footballers lost their 2nd round Credit Union county league Division 4 game against Cordal on Sunday last at Currow on a score line of Cordal 3-11 Fossa 3-07. After 15 minutes Cordal led 1-06 to Fossa's 1-01 the Fossa goal coming from David Osterloh after 1 minute. By half time the teams were level 1-07 to 2-04, Chris Myers volleying a saved penalty

to the net. At the three quarter stage there was two points in it 2-10 to 3-05. As the game neared conclusion a single point separated the sides but Fossa could not manufacture such a score, and it was Cordal who had the final say with an injury time goal before the final whistle sounded.

**LADIES FOOTBALL:** Well done to the Fossa girls who beat Na Gaeil in round 1 of the u14 Co League Division 1.

**CONGRATULATIONS:** Congratulations to the Liebherr football team who won the All-Ireland final today beating Burnside on a score line of 2-11 to 0-11 and special well done to our Fossa men involved Mark Dennehy, Colin Myers, Dan O'Keeffe and Mick Clifford.

**SCÓR:** Scór na bPáiste: Congratulations to our Léiriú group who qualified for the Co Final which takes place in Tintean Theatre Ballybunion on 13th April. They are Sophie Vousden, Aoife Doody, Sarah O'Neill, Ellen Sheehan, Saoirse Bennett, Aoife Kissane, Scarlet O'Reilly and Tova Buckley, well done girls and best of luck in the Co Final. Everybody be sure to tune in to TG4 at 8pm on Sunday evening next April 6th to see our ceoltoirí, Sean Kelliher, Christy Buckley, Dean O'Sullivan, John Murphy, and Cian O'Sullivan compete in the next round of Scor Encore. Best of luck to the five lads.

**ATHLETICS:** Gneeveguilla AC will hold Athletics training at the Old Fossa Sportsfield on the first Saturday of every month. The next session takes place on this Saturday April 5th at 2pm. All girls and boys born in the year 2005 or

any year before that, are very welcome to come along and take part.

**FOSSA GOLF SOCIETY:** Subject: Fossa Golf Society - Results - Mahony's Point 29th March 2014, a total of 32 players played.

Winner: Brendan Lynch (13) 41pts.

2nd Donal O'Reilly (22) 40pts.

3rd James Curran (11) 39pts (B9 23).

4th Mark Bowe (5) 39pts (B9 21).

5th Tim O'Brien (12) 38pts (B9 22).

Front 9 Paddy Looney (24) 19pts.

Back 9 Kieran Coffey (15) 20pts (BB6)

2'S Brendan Lynch, Kieran Coffey  
Donal O'Connell x2, Liam Walsh

**FOSSA COMMUNITY CENTRE:** AGM of Fossa Community Centre will be held on next Tues 8th April at 9pm in the community centre. All voluntary groups using the community centre are expected to send two representatives and anyone with an interest in the general running of the centre are invited.

**KILLARNEY LIBRARY:** Killarney Library is currently updating its Contacts Database for events. If any community groups, crèches, sports groups and other activity groups would like to be included on this database, can they please forward a contact name, telephone number (optional) and email address to killarney@kerrylibrary.ie.

**FOSSA NOTES:** If anybody has any item they would like included in the notes, please email information to Gene Moriarty at beniska@utvinternet.com Please forward information on or before Sunday at 10:30am.

## RATHMORE /GNEEVEGUILLA NEWS

By Michael O'Mahony

**DAFFODIL DAY IN SHRONE NATIONAL SCHOOL:** Yellow was the colour in Shrone National School on Sunday March 23rd. Pupils, Parents, Staff, Neighbours and Friends enjoyed a splendid walk in brilliant sunshine to the City in aid of the Irish Cancer Society. Thanks to your generosity €614 was raised for the Irish Cancer Society.

**SCOIL PHOBAIL SLIABH LUACHRA NEWS:** The organising Teachers & Students of our recent Walk/Run would like to thank the Parents, Students, Local Community & Businesses for their support & sponsorship. Total raised: €3706.00. Mile buiochas

**COOKING DEMONSTRATION:** On the 9th of April, the Transition Year students from Scoil Phobail Sliabh Luachra will be hosting a cooking demonstration by Mark Doe in Rathmore. The

event will take place in the school gym, light refreshments will be provided on the night and there will also be spot prizes. See locally for ticket prices and time of event on posters. Tickets can be purchased from Transition Year Students this week. All are welcome to attend. Don't miss out!

**PUBLIC MEETING IN GNEEVEGUILLA:** A Public Meeting will be held on Tuesday 15th April @ 8.30pm in Gneeveguilla GAA Club Rooms to discuss the possibility of providing and having access to defibrillator(s) in the Gneeveguilla area.

**SYMPATHY:** to family and friends of the late Fr. Jim Browne, Rock Hill, Rockchapel and White Father's Missionary of Africa's former C. C of Gneeveguilla, Rathmore, Shrone, Tim F. KELLY Ardaneanig, Killarney, Paddy Cronin,

Woodford Manor, Killarney and late of Reaboy Gneeveguilla and Boston USA. Mary Brosnan, St. Aloyuois Convent, Carrigtowhill, Co. Cork and late of Coom, Gneeveguilla Eileen Carmody Nee Sheehan, Chicago and Toureencahill, Gneeveguilla. Who deaths occurred recently. May they all Rest in Peace.

**RATHMORE \ GNEEVEGUILLA COMMUNITY GAMES: BOYS U13 BASKETBALL:** On Sunday April 6th the u13 boys basketball team will travel to Castleisland, representing this area in the competition. We wish the team and coaches Cormac Collins and John O'Keeffe the best of luck. Team members are Daniel Collins, Damien Cronin, Paudie O'Leary, Ronan Collins, Tadhg O'Connor, Eoghan O'Rahilly, Ian O'Connor, Alan Dineen, Dan Murphy and James Darmody.

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# SPA NEWS

**COISTE NA NOG:** Spa U6 & U8 boys training times have changed to an earlier time 11.30am-12.45pm each Saturday.

U6, U8 and U10 Girls training Saturday 10.30am -11.30am, U10 boys Friday 6-7pm, U12 Girls Friday 6.30-7.30pm, U12 Boys 7-8pm, U14 Girls Wednesday 6.30-7.30pm. U16 Girls and Senior Ladies Tuesday 6.45-7.45pm and Fri 6-7pm

## U14 girls div 4 Spa 1-5 Furies 1-6

Venue Spa. It's an old cliché but it definitely was a game of two halves. Spa had the upper hand first half with a half time score 1-3 to Furies 0-1 pt. Mairead Bennett 1-1, Megann Cronin 0-1 and Ciara Moynihan opening the scoring sheet. Furies certainly started the 2nd half on form 1-4 before we registered our first score from Ciara Moynihan after converting a free in the 20th min. Every possession was vital down to the last min and Megann scored a further 1-1 to leave the final score 1-5 to 1-6. A great game and the girls can be very proud of their performance today especially since it was a first for some players getting used to a full pitch.

## U16 Boys East Kerry: Spa 7-23 Dr Crokes B 1-8

Well done to our U16 team who beat Dr Crokes in Lewis Rd last Sunday night in the East Kerry League. Co. Minor League: Spa 2-12 Dr Crokes 3-11. We wish minor player David Moynihan a speedy recovery following his surgery last Friday.

**BEST OF LUCK:** To our minor player Dan O'Donoghue and his school Colaiste Ghobnatan, Ballyvourney, in their All Ireland C Final against Ardree CS (Louth) next Saturday April 5th in O'Moore Park, Portlaoise.

## Senior County League Division 2. Round 2

### Spa: 0-12 Kenmare: 0-13

Kenmare were the happier of the sides clinching all two points over Spa last Sunday.

**UPCOMING FIXTURES:** U12 Girls April 1st v Glenflesk at 6.30pm in Spa.

U14 Girls April Sunday 6th away to Castlegregory at 5pm.

U16 boys playing Listry/Keel Monday April 7th at 6pm in Spa.

Senior Ladies away to Milltown/Listry @12noon 13th April.

Minor Co. League Spa home to Austin Stacks on Friday April 4th.

East Kerry League back game Spa away to Currow next Saturday April 5th at 5.30pm.

**SCOR:** Scór na bPaistí Well done to our instrumental group who progress to the Kerry Co. Final which takes place in the Tintean Theatre, Ballybunion on Sunday April 13th. Main programme starts at 2.30pm with Tráth na gCeist at 1.00pm.

**INSTRUMENTAL MUSIC GROUP:** Laura O'Carroll, Craig McKenzie Vass, Elena O'Donoghue, Cian O'Sullivan and Roisin O'Sullivan.

**SENIOR SCÓR:** Congratulations to Ray



RAY O'SULLIVAN RECEIVING HIS MUNSTER SCOR SINSEAR TITLE FROM THE CHAIRMAN MUNSTER COUNCIL ROBERT FROST IN LIMERICK FOR RECITATION. THE ALL IRELAND IS ON APRIL 26TH IN CASTLEBAR IN CO. MAYO.

O'Sullivan who won the Recitation in the Munster final last Sunday. Ray will now represent Munster in the All Ireland final in Castlebar on April 26th.

**ST PATRICKS DAY PARADE AWARD:** Anne Holland (organiser) and Deirdre O Sullivan Darcy (secretary) were on hand to collect the Award for the Best Sporting Club in this years St. Patricks Day parade award ceremony held in the International Hotel. Thanks to all the boys, girls, parents that marched and as a bonus our All Ireland Scor na nOg All Ireland Set Dancing champions displayed their talents at the Market Cross. Thanks also to the Ladies Committee and to Lily of Killarney Ciara Guerin. Special mention to Tiernaboul National school students who helped with the signs for the float. All in all a great community effort and mile Buíochas to the Town Council for all their hard work over the years.

**LOTTO:** No jackpot winner. Numbers drawn 1-20-21-27. Lucky dips €50 Ann Cronin Knockmanagh, Tim O Shea College St., Jenny Healy Park Rd., Mary Reen Ballaugh. Jackpot €9400 Killarney Heights next week.

**CLOTHES COLLECTION:** Time to clean out your wardrobes. Collecting clothes any condition (clean), bags, books (not school books) and cuddly toys. Contact Anne Holland 0857780883.

**LILY OF KILLARNEY:** Will be held this year at an earlier date May 30th in Killarney Heights Hotel.

**TIERNABOUL NATIONAL SCHOOL:** School is collecting mobile phones to raise funds for Down Syndrome Ireland. All phone donations will be greatly appreciated. Please ensure SIM has been removed. Drop off to school or to the clubhouse. Contact Conor Gleeson 087 2565142

**SYMPATHY** is extended to Kathleen and Andy O'Sullivan Ballaugh Cross on the recent death of Kathleen's mother Kathleen Brady who was buried in her native Cavan and to the relatives of David O'Sullivan late of Knocknahoe who died in Boston. May They Rest In Peace.

**KILGARVAN ARE 31 CHAMPIONS OF KERRY:** The late legendary Denis P O'Sullivan won

many a battle on the playing fields and in the card playing rooms of Kerry in days long gone and would no doubt have been a proud man in Darby O'Gills on Friday night where his nephew Conor Cooper O'Sullivan teamed up with Carmel Godfrey to clinch the title of 31 Championship of Kerry for their native Kilgarvan, This years contest proved to be a titanic struggle which was played out over a five hour period and at 3am the Johnny Kelly Memorial Trophy was on it way to Kilgarvan for the 2014 season. The winners were also presented with two beautiful Crystal Trophies and €700 each. The runners up were Peter Cahill and DD Kissane, Patrick Cahill and Den Cronin, James O Sullivan and Dan Fitzpatrick from Dromid, A special word of thanks is again extended to the organising committee of Paddy B Lynch Johnny Batt Cronin, Paddy O Keefe and Dave Herlihy James Gleeson who assisted with the cards and to the management of Darby O Gills, who made their premises available for both the earlier rounds and the final. This annual competition is now recognised in Croke Park as part of the GAA Social Initiative Project.. and gauged by the interest in this year's contest it has a bright future in the year's ahead.

**CLEAN UP DAY APRIL 12TH:** Councillor Michael Gleeson wishes to inform all local residents that County Clean Up Day is on Saturday April 12th, all residents available for the Clean Up are asked to assemble at Lissivigeen School Ilam.

**LISSIVIGEEN COMMUNITY ALERT:** At a well attended meeting of Lissivigeen Community alert in Darby O Gill's on Tuesday night Garda Superintendent Florence Murphy and Garda Laura Cahill were on hand to officially launch the Texting Awareness Scheme to which in excess of 150 local residents are now connected by Mobile phone messaging service and already messages have been circulating re-burglaries in areas not far from our area, so the message is "Be Alert" and report any suspicious activity to the local gardai.



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Lecture- Lama Ole Nydahl

**Tuesday 8<sup>th</sup>**  
10:00<sup>am</sup> International Teachers Q&A's  
- Susza Koszegi - Erik Behrends  
- Ewa Kazmierczak - Kristian Zacho

3:00<sup>pm</sup> Great Seal  
Lecture - Lama Ole Nydahl

8:30<sup>pm</sup> Great Seal  
Lecture - Lama Ole Nydahl

**Wednesday 9<sup>th</sup>**  
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## KILCUMMIN NEWS

### NOEL MCCARTHY MEMORIAL TABLE QUIZ:

The McCarthy Family Glounonea wish to thank everyone who helped in so many ways to the success of the table quiz on Monday night in The Kilcummin Clubhouse. €2,169.90 was raised on the night.

**KILCUMMIN HOSPICE WALK:** The organisation committee would like to thank all those who took part in last years walk, which raised €3,861 for the Palliative Care Unit in Tralee. This year the good Friday Walk (April 18th) will leave from the Recreation Hall at 10.30am. Again there will be a choice of the longer 10km loop or a shorter one of 6km (approx). There will be refreshments in the hall after the walk. This is a very enjoyable Community Event. 155 people took part last year. Please come along and support. A meeting of the Organising Committee will be held in the Recreation Hall on Wednesday April 2nd at 8.30pm. New helpers very welcome.

**DANCING CLASSES:** Sean Nós and Set Dancing steps for advanced and beginners will commence on Saturday April 5th in the Recreation Hall at 1pm. A variety of steps will be taught including the Clare Plain, Roscommon Lancers and Caledonian. Fee is €20 for four weeks. Contact Adrian Moriarty on 087-9330768.

**KILCUMMIN N.S.:** Sixth Class pupils have created animated e-cards to celebrate Birthdays, First Holy Communions, Confirmations and Easter. 'Thank you' cards and 'Congratulation' cards are also available to purchase. These special cards are now available to order from Kilcummin National School. If you would like to purchase an e-card for somebody please pick up an order form from the Post Office, Rural Development Office or the school. Orders are now being taken: one e-card costs €2 or five e-cards for €5. Customers are invited to drop their order forms into the school, the Rural Development Office or the post office. Order forms can also be given to pupils in the school. The closing date for e-card orders is Friday 11th April 2014. Sixth Class in Kilcummin N.S. wish to thank the people of the parish for their support.

**INVITATION TO BUSINESS LAUNCH AT KILCUMMIN N.S.:** Sixth Class pupils in Kilcummin National School wish to invite parents, relatives and members of the local community to attend the official launch of their animated e-card business, as part of the Junior Entrepreneur Programme. The launch will take place on Wednesday, 2nd April at 2pm in the Recreation Hall, Kilcummin. Pupils will display samples of their cards. Orders can be made on the day. Light refreshments will be served. Tá fáilte roimh chách!

**COMHALTAS:** Kilcummin Comhaltas Branch will be holding its Annual Easter Raffle on

Sunday 13th April at 6pm in the GAA Klub Bar. Hamper Prizes, Entertainment and Finger Food. All Welcome. Please return raffle cards to trainers before 8th April.

**THE NEXT SUNDAY MUSIC SESSION** will be held on the 6th April from 2.30pm to 5pm in the Recreational Hall. All Welcome.

**MEETING:** Kilcummin Comhaltas Branch Meeting will be held on Tuesday April 8th at 8pm in the Rural Development Office. All welcome.

**SCOIL FONN SLOW AIR AND SINGING WORKSHOP** will be held on Sat 5th April in the IT Tralee from 11.30am to 3.30pm. Excellent value at €10 including lunch. Please contact trainer or branch officer if you would like to attend.

**KILLARNEY LIBRARY:** Killarney Library is currently updating its Contacts Database for events. If any community groups, crèches, sports groups and other activity groups would like to be included on this database, can they please forward a contact name, telephone number (optional) and email address to Killarney@kerrylibrary.ie

**KILCUMMIN GAA: COUNTY LEAGUE:** Well done to Kilcummin who gained a win at home on Sunday last against Dingle. Final score 3:14 to 18 points. Next game is away to Foilmore in two weeks time

**SCORNABPAISTI:** Well done to Shauna O'Leary (solo singing) and our set who competed in the County Semi Final of the Competition on Saturday last in Foilmore. Kilcummin will be represented in the quiz, solo singing and set in the county final of the competition on Sunday 13th April in the Tintean Theatre, Ballybunion. Quiz at 1pm, other Scór events 2:30pm. Best of luck to competitors and mentors.

**SCOR SINSEAR:** Kilcummin were represented in two items in the Munster Final of the competition on Sunday last in UL. Both Ballad and set performed fantastic on the day and certainly did Kilcummin proud. Unfortunately it wasn't to be for our ballad group but I'm sure we'll see them back again next year. Our set dancers won the Munster Final after a flawless performance of the Cavan Reel. Well done to Timmy Lane, David O'Riordan, Colin O'Riordan, Niall Crowley, Margaret O'Sullivan, Marguerite O'Connor, Marie Sheehan and Noreen O'Sullivan. Well done to their dedicated mentor Philip O'Connor for all his hard work with the set. The set will now go on to represent their club, county and province in the All-Ireland Final on Saturday 26th April in Castlebar. Well done to all.

**GAA LOTTO:** There was no winner on Sunday 30th March. Numbers drawn were 1, 6, 17 & 26. Consolation prizes were €100 Donal O'Sullivan, Rathanane; €60 Mike O'Connor, Milleen; €60



AS PART OF THE JUNIOR ENTREPRENEUR PROGRAMME AND AWARDS THE SIXTH CLASS PUPILS IN KILCUMMIN N.S HAVE BEEN BUSY CREATING THEIR OWN COMPUTER PROGRAMMED ANIMATED E-CARDS. PICTURE MARIE CARROLL-O'SULLIVAN 087 391 4808

Eileen Finn; €30 Danny Finnegan, Gullane; €30 Eileen O'Connor. Next draw Sunday April 13th. Jackpot now €9,000.

**LADIES GAA CLUB:** Second hand Clothing collection on Fri 25th April from 7-9pm and Sat 26th April from 10-1pm. All clothing curtains, blankets, towels, sheets and old mobile phones gratefully accepted.

**JUVENILE GAA: UNDER 12 GIRLS:** U12 Girls play Southern Gaels at home on Tuesday 8th April at 18:30 in Phase 1 of Co. League.

**UNDER 14 GIRLS:** Under 14 girls play John Mitchells on Sunday 6th April away at 5pm in Division 2 of the County League

**GAA JUVENILE ACADEMY:** Academy will resume on Saturday 5 April at 1030am, new players welcome.

**GAA EASTER CAMP:** This year's Easter Camp will now run from the 15th to the 17th April 10.00am to 1pm. The cost will be €20 for one child, €35 for two children and €50 for three children. Further details of starting times etc; will be published later on the club website, press and Parish Newsletter. Register on the day.

**KILCUMMIN GAA CLUB RAMBLING HOUSE:** Tea, Craic, Brack and Raffle. Admission Free - Friday 4th April from 8pm at the Clubhouse. All welcome.

**INDOOR HURLING/CAMOGIE:** Indoor Hurling/Camogie every Wed at 7.30pm in the Community College for all children aged 5 to 10 years.

**COMMUNITY GAMES:** Anyone interested in taking part in Gymnastics U9, U 11, U 13 and U 15, Swimming U8, U 10, U12, U14 and U16 or Cross Country running U12, U13, and U14 please contact any committee member as entry forms must be signed and submitted shortly

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# GLENFLESK NEWS

WITH DONAL KELLY

**SENIOR COUNTY LEAGUE DIV 3:** The Glenflesk senior team, sponsored by Molly Darcys, had an excellent away win against An Ghaeltacht in Gallarus on Sunday March 30th. Leading by 0-6 to 0-4 at half-time Glenflesk went on to record a fine 0-9 to 0-7 victory.

**GLENFLESK GAA LOTTO:** Glenflesk GAA Club Lotto draw was held on Sunday the 30th of March 2014, in the Corner House. Jackpot: €2,600. Numbers drawn: 3, 10, 15, 21. No Winner. €50 DRAW: First draw: Johnny Roche, Lisbaby. Seller: Dan O'Donoghue. Second draw: Moss Harmon, Lewis Rd. Third draw: David Cronin, c/o Sean O'Sullivan. Fourth draw: Joan O'Connor, Killarney. Next club lotto draw will be held on Sunday the 13th of April 2014, in the Kerry Way, Jackpot: €2,800.

**EAST KERRY SENIOR LEAGUE DIV 1 FINAL:** The Glenflesk seniors face Legion in the final of the East Kerry Senior League at 5:30pm on Saturday April 5th. Venue to be confirmed.

**MINOR COUNTY LEAGUE:** The Glenflesk minor team are scheduled to play St. Pat's Blennerville, in the next round of the county minor league on Friday April 4th at 6:30pm.

**SCOR SINSEAR:** Congratulations to the Glenflesk Senior Figure Dancers who were crowned champions at the Munster finals of Scor held at the University of Limerick on Sunday March 30th. They now go on to the All-Ireland finals of Scor in Castlebar on April 26th.

Well done to the team of Joanne Cashman, Orla Kelliher, Mairead Cashman, Rose Kelliher, Marie Cronin, Norita Cashman, Lisa Cronin and Cliodhna Creedon, and to their trainers Norrie Sheehan and Aine Murphy.

**SCOR NA BPAISTI:** The next generation of dancers and musicians from the Glenflesk parish were in action in Foilmore on Sunday March 30th in the semi-finals of Scor na bPaisti. Both the figure dancers and ballad group qualified for the county final to be held in the Tintean Theatre in Ballybunion on Sunday April 13th. Well done to the figure dancers: Patrick Dineen, Jack, Joe, Ava and Kate Rudden, Aileen and Ava Healy, Alison O'Sullivan, Roisin Wall; and ballad group: Aileen and Ava Healy, Sarah Moran, Kateland Cronin and Sinead Gleeson.

**KNOCKANES NS BINGO:** Knockanes national school are hosting a bingo night in St. Agatha's Community Hall Glenflesk on Thursday April 10th, at 8pm. There are great prizes on offer and a very enjoyable night is in store. Your support is greatly appreciated.

**GLENFLESK NS:** Glenflesk NS is now accepting enrolments for September 2014. Enrolment Forms are available on the school website [www.glenfleskns.com](http://www.glenfleskns.com) or contact the school on (064) 7754624. The school will also have an Open Day on Saturday April 5th from 11am-1pm. Everyone is welcome

**RAHEEN NS:** Congratulations to our 5th and

6th class pupils who were confirmed in the parish last Wednesday. Also congratulations to our Parents Association and all the pupils who participated in and won The Michael Courtney Perpetual Award for "The most appropriate interpretation of theme" in the Saint Patrick's Day Parade. Our charity week Market Day will take place on Thursday 10th April from 12 noon till 2.30pm in the school hall. A huge range of goods will be on sale on the day including home baked goods, books, toys, fresh eggs, confectionary and much more. Everybody welcome and all support greatly appreciated. Congratulations to Mary O Sullivan who had the winning lotto number 8 on Saturday 29th March.

**SYMPATHY:** On the recent passing of Brendan Walsh, sympathy is extended to his wife Mary and family. Brendan was a former player and officer with the Glenflesk club for many years, serving as chairman of the club in its formative years. Sympathy is also extended to Mrs. Annie O'Donoghue and family (Carraigavimo, Clonkeen) on the recent death of her brother Pádraig O'Donoghue (Cashel). Ar dheis Dé go raibh a n-anamacha dílis.

**CONTACT:** We welcome items of local interest. Contact PRO Donal at 087-6687926; email [pro.glenflesk.kerry@gaa.ie](mailto:pro.glenflesk.kerry@gaa.ie) deadline 8pm Sunday.

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## GARDENING OUTLOOK



with **John O'Sullivan**

**FOCUS ON CLIMBERS**

The importance of climbers in a garden should never be underestimated as they are ideal for covering walls and disguising sheds and if you don't have much space they will allow you to garden upwards. The easiest types of climbers to grow are the ones we call self clinging. The good thing about self clinging climbers is that there is very little maintenance. All you need to do is keep them under control. If your self clinging climber is growing on your house make sure that you keep it pruned back from gutters and windows.

A good example of these climbers are evergreen or variegated ivy.

**TWINING CLIMBERS:** Most of these climbers could probably scramble up most sheds or walls but will need support to do so with some trellis or wire. Heavy growing climbers such as Solanum (Potato Plant) would need to grow on a very sturdy structure as it can get quite woody and grow very vigorously in a season. Lighter climbers such as Honeysuckle or Clematis can also grow vigorously but can be controlled by cutting to ground level. There is also a lot of shrubs that can be used as climbers on small walls or pillars. There is probably a little bit more work in these as they don't cling to the wall. You will have to keep them well trimmed as if they get too heavy they will come away from the wall. A good example of a shrub that will do this is a plant called Cotoneaster Horizontalis. This plant can be planted on the garden side of a wall and can grow up and over and cover the outside of the wall. You can use a climber anywhere in the garden by planting it alongside some trellis which can give a whole new look to that particular area. **Next week I will focus on Plants for Shade.**

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## RUN FOR THOSE WHO CAN'T

**MAY 4TH - RING OF KERRY**  
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## RECIPES OF THE WEEK

### CHICKEN AND TOMATO RISOTTO - LOW IN FAT & FULL OF FLAVOUR

Chicken is a low fat, lean meat that can be used in many dishes. This recipe is full in flavour and healthy too.

#### Ingredients - Serves 4 Adults

- 200g / 7oz. long grain white rice
- 1 medium carrot
- 1 tablespoon fresh parsley
- 1 ½ tablespoons of vegetable oil
- 2 medium chicken breast fillets
- ½ low salt chicken stock cube
- 300g / 11 oz. of passata or tomato based pasta sauce
- 100ml / 3 ½ fl oz. of water
- 100g / 4 oz. of frozen peas
- Black pepper to taste
- 1 medium onion
- 1 clove of garlic



#### Method

1. Cook the rice in boiling water according to the instructions on the packet.
2. Peel and roughly chop the onion and the carrot. Peel and crush the garlic.
3. Wash and roughly chop the parsley.
4. Heat the vegetable oil in a large saucepan and cook the onion, garlic and carrot for 7 - 8 minutes.
5. Remove the skin from the chicken breast fillets. Chop the fillets into chunks and add to the vegetable mix. Cook until the chicken turns opaque, stirring occasionally.
6. Add the passata, chicken stock & chopped parsley. Cover with saucepan with a lid & cook for 15min.
7. Add the frozen peas and cook for 3 minutes.
8. Season with black pepper to taste.

#### Serving Suggestions

Serve with a mixed side salad.

### BROWN BREAD ICE CREAM - SUITABLE FOR VEGETARIANS!

This ice-cream is a novel way of including wholegrain into your kid's diet and giving them a treat too!

#### Ingredients - Serves 10 Adults

- 110g / 4 oz. of wholemeal breadcrumbs
- 110g / 4 oz. of dark brown sugar
- 2 medium eggs
- 290ml / ½ pint of double cream
- 150ml / 5½ fl oz. of single cream
- 2 drops of vanilla essence



#### Method

1. Preheat the oven to 200°C / 400°F / Gas mark 6.
2. Leave the breadcrumbs to dry out in the oven for around 15 minutes or so.
3. Mix the sugar in with the breadcrumbs and bring back to the oven for another 15 minutes.
4. Remove from the oven, allow the mix to cool.
5. Crush the sweetened crumbs together with the back of a spoon.
6. Separate the egg yolks from the whites.
7. Beat the yolks and mix in with the cream and the crumb mix.
8. Whisk the egg whites until they are slightly stiff.
9. Fold the whites into the mix and freeze in an airtight plastic container.

#### Serving Suggestions

Serve with some fresh or tinned fruit like strawberries or raspberries.

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## EAST KERRY NOTES

By Áine Ní Shúilleabháin PRO

### FINAL EAST KERRY SENIOR LEAGUE:

Legion meet Glenflesk in the East Kerry Senior League, sponsored by Frank Doran Safeguard Security, next weekend. Both teams come to the Final having had overall good team performances. Legion qualified for the final topping the league table with 3 victories out of 4. Dr Crokes conceded their game against Legion who went on to win all their other games in Division 1, section A. Legion had a 5 point margin in their away victory over Kilcummin, a 6 point lead at home to Scartaglen and a goal was the difference when Legion were away against Rathmore. Glenflesk have reached the Final by winning all but one of their Division 1 Section B games, with Cordal coming out on top in their encounter. They won their game away against Gneeveguilla, on a one point margin, after an exciting fast moving game. Glenflesk had a 4 point margin when they were at home to Spa and had a convincing win away against Currow. The Division 1 Final is fixed for on Saturday, 5th April at 5.30pm. Venue to be decided. Extra time if necessary.

### EAST KERRY JUNIOR LEAGUE:

Round 2 of the East Kerry Junior League, sponsored by Patrick Doyle Haulage, continues next Tuesday. All games at 6.45pm. First named team has home venue. The fixtures are as follows: Division 1 – Dr Crokes V Legion; Glenflesk V Gneeveguilla.

Division 2 - Kilcummin V Rathmore; Spa V Fossa.

### MUNSTER SCÓR SINSEAR

**CONGRATULATIONS:** Congratulations to the East Kerry Competitors in the Scór Sinsear Munster Finals last Sunday, in the University of Limerick. Three of the four East Kerry participants won Munster titles and are through to the All Ireland Finals. These are Glenflesk – Figure dancing; Spa – Recitation; Kilcummin – Set dancing. Hard luck to Kilcummin Ballad Group, who did their club and East Kerry proud but unfortunately did not get through to the Finals. Best of luck in the All Ireland Finals on the 25th April in Castlebar.

### SCÓR NA BPAISIT CO SEMI FINAL

**CONGRATULATIONS:** A great night was held in Foilmore on Saturday last when the County semi-finals were held. The participants from East Kerry gave fantastic performances with all acts qualifying to the county final. Congratulations and well done to all competitors. The East Kerry competitors were Figure dancing – Glenflesk, Solo Singing – Kilcummin, Recitation – Furies, Instrumental Music – Spa, Leiríú – Fossa, Ballad Group – Glenflesk, Set Dancing – Kilcummin. The East Kerry question time team from Kilcummin will also be competing in the Co Finals which will be held on Sunday 13th April in the Tintean Theatre in Ballybunion.

### KENMARE PRIMARY SCHOOLS MINI

**SEVENS:** Kenmare Primary Schools Mini

Sevens took place last Wednesday. Conditions on the day were excellent with Kenmare club pitches in great shape players excelled with strong performances by all teams. St Johns NS Kenmare defeated a spirited Kilgarvan Central NS team in the boys decider while Realt Na Mara Tuosist NS girls team showed great team work to defeat a solid St Johns NS girls team in a superb match. Thanks to Andy O'Sullivan (Kenmare) for the use of the club facilities and Dermot Healy (Principal) of P.S. Inver Scéine for his assistance, to Vince Cooper, East Kerry/Kenmare GDA, in organising the well run event.

## DR. CROKES GAA CLUB NOTES

**LOTTO:** Draw took place in the Speakeasy on Sunday last. Numbers drawn: 6, 7, 12, 14. The jackpot of €7500 was not won. Match 3, 8 winners received €50. Next week's jackpot is €7800. Draw will take place in the Tatler Jack.

**FIXTURES:** Minor League. Div 1: Home vs. Daingean Ui Chuis, Friday 4th April, 6:30pm. U14 League: Away vs. Legion, Wednesday 2nd April, 6:45pm. U12 League: Home vs. An Ghaeltacht, Sunday 6th April, 6pm. Please support.

**RESULTS:** Senior League. Div 1: Dr. Crokes 0-14, Finuge 2-7. Senior League. Div 5: Dr. Crokes 2-08, Kilgarvan 0-12. Minor League. Div 1: Dr. Crokes 3-11, Spa 2-12.

**SENIOR HURLING:** Training is well underway for the 2014 season and takes place every Monday, Wednesday & Friday at 8:00pm. New hurlers always welcome.

**SATURDAY MORNING ACADEMY:** Our Saturday morning hurling & football academies continue this weekend: Hurling from 10:00am to 10:40am, followed by football 10:45am to 12 noon. Both codes are supervised by qualified coaches and all equipment is provided.

**COISTE NA NOG - FOOTBALL:** U12 footballers continue their preparation for the season on Tuesdays and Thursdays from 5:00pm to 6:15pm.

The U12 girls train on Mondays 4:30pm - 5:45pm and also on Thursdays with the U14 & U16 girls from 6:00pm to 7:15pm. New players welcome. Don't forget your mouth-guards!!

**U14 GIRLS:** Dr Crokes U14 girls opened their season with a home fixture against Currow. After a ding-dong battle of the Black and Ambers, they eventually came out on top on a score line of 7-3 to 6-3. A confidence boosting start for all the squad.

**U16 HURLING:** This year, Dr. Crokes have combined with Kenmare & Kilgarvan to compete in the Division 1 of the County Hurling League under the South Kerry umbrella. This South Kerry team got the year off to a winning start on Sunday evening last, beating Abbeydorney 7-12 to 7-11 with some outstanding play from Mark O'Shea and Daniel O'Brien. Next game is at home to Crotta on

Thursday. 3th April, 6pm.

**U14 HURLING:** The U14 hurlers have also combined with Kenmare & Kilgarvan to compete in the Division 1 of the U14 County Hurling League. The score-line does not do justice for the efforts our lads put into this game and the hope is that more games together, this team was pretty competitive with a very high standard of hurling. Final score: South Kerry 1-05, Abbeydorney 4-03. Next game is at home to Causeway on Sat. 5th April, 5pm.

**NATIONAL LEAGUE CHALLENGE:** Thanks to all for supporting our National League Fundraiser. Updates on Round 6 are available on [www.drcrokes.com](http://www.drcrokes.com) and the Dr. Crokes Facebook page.

**MASTERS GOLF CHALLENGE:** It's that time of year again. The Masters is the first golf fundraiser of the year. Entry Cards are available at the usual sources. Please support.

**SYMPATHY:** To the family of Seamus Finnegan.

## LISTRY NEWS

**LISTRY WEEKLY LOTTO RESULTS:** 30th March 2014. Winning Numbers 4, 11, 17, 22. Jackpot €5,900. Not Won.

1 x €100, Tim Cronin, Ballytrasna.

2 x €50, Kate Gosney, Ballymalis.

Maureen & Tom Murphy c/o Phil.

2 x €25 Mary O'Sullivan, Rockfield, John Wrenn, Lissivane. Draw Entrant, Norrie Allman, Rockfield. Jackpot next week 6th April €6,050.

**MONTHLY CLUB MEETING:** In the clubrooms Faha on Monday 7th April at 9pm.

**PITCH SIDE ADVERTISING:** Any company interested in Pitch Side advertising, please contact Club Secretary Anthony Clifford tel no. 087 2215059.

**GAME POSTPONED:** County League Div 2 game Listry v Gneeveguilla due to take place last Sunday, 30th March will now be played next Saturday, 5th April at 6pm.

### JUVENILE FIXTURES:

U-12: **Sunday 6th April**

Lispole v Listry in Lispole 6pm.

**Sunday 13th April**

Listry v Cromane in Listry 6pm.

**Sunday 27th April**

Listry v Keel in Listry 6pm.

**Sunday 4th May**

Kilgarvan v Listry in Kilgarvan 6pm.

U-14: **Wednesday 9th April**

Kilgarvan/Tuosist v Listry/Keel in Kilgarvan 7pm.

**Wednesday 16th April**

Kilcummin v Listry/Keel in Kilcummin 7.15pm.

**Wednesday 23rd April**

Listry/Keel v St. Mary's/Renard in Listry 7.30pm.

**Wednesday 30th April**

Listry/Keel v Furies in Listry 7.30pm.

U-16: **Monday 31st March**

Listry/Keel v Kilgarvan/Tuosist in Listry 6pm.

**Monday 7th April**



Spa v Listry/Keel in Spa 6pm

## Monday 14th April

Dr. Crokes B v Listry/Keel in Crokes at 6pm.

\* first round game v Fossa must be re-fixed.

## MILLTOWN LISTRY LADIES FOOTBALL:

Well done to our u 14 team who started the season with a great display of football and who won their first game at home against Chorca Dhuibhne. Final Score Milltown Listry 6 11 Chorca Dhuibhne 2 6. Well done to players and to their trainers.

**KILLARNEY LIBRARY:** Is currently updating its Contacts Database for events. If any community groups, crèches, sports groups and other activity groups would like to be included on this database, can they please forward a contact name, telephone number (optional) and email address to [killarney@kerrylibrary.ie](mailto:killarney@kerrylibrary.ie).

## MID KERRY GAA NEWS

**SENIOR LEAGUE:** Rd 5 continues again this Sunday 6th April.

Glenbeigh/Glencar host Cromane (12 mid day). Laune Rangers host Beaufort on Saturday 5th at 5.30pm.

Miltown/Castlemaine entertain Keel on Saturday 5th at 4pm.

**CONGRATS:** To Keel's Solos Singer who qualified for County final of Scór na bPaistí.

## LEGION GAA CLUB NOTES

**SENIORS:** Round 2 of the senior county league took place last Sunday as we travelled to Castleisland to take on Desmonds. The game started very well for Legion with all the forwards combining very well and picking off some fine scores in the process. Conor Keane raised the green flag twice in the opening half, the first after some great play by Chris Davies and David O'Sullivan, the second a fine individual effort. Billy McGuire, Tomas Moriarty and David Sullivan all got on the score sheet before the interval to leave the halftime score 2-09 v 0-05 in Legions favour. A well taken penalty ten minutes into the second half by Thomas Hickey brought Desmonds someway back into the game and were it not for some fine goalkeeping by David Gleeson, the home side could have had more goals but some resolute defending and good workrate kept enough daylight between the sides to see the game finish Legion 2-15 v 1-10 Castleisland Desmonds.

**AWARDS AND SOCIAL NIGHT:** The annual awards and social night will take place on Easter Sunday April 20th in The East Avenue Hotel. This night will be of a casual format where we will honour our award winners and present medals to winning teams of 2013. Some of the award winners have already been announced and the club is delighted to induct Jimmy O'Leary into the Legion Hall of Fame. Jim now living in Woodlawn Park and a frequent spectator at all club games is a son of one of the founders of our club, Mickey O'Leary. Jim, a fine

footballer and basketball in the 1950's and 1960's is currently vice president of the club.

The Senior player of the year goes to Mr. Consistent, Podge O'Connor, one of the finest defenders in the game.

Ladies player of the year goes to none other than Selina Looney who had a fine year and a most worthy recipient.

Young player gong goes to Jack O'Neill, a player with fabulous talent and huge prospects

This is just a few of the awards to be presented on the night so make a date in your diary and come along and enjoy.

**ST. PATRICKS DAY FLOAT:** For the 4th year running Legion have scooped one of the top prizes in the St. Patricks day parade. And like a lot of things, this doesn't happen by chance or accident. Many thanks to all those involved in this float, parents and coaches and of course the boys and girls who marched on the day but a special thanks to Stella Moloney and her crew of Mags Reen, Martin Walsh and Tommy Galvin.

**INTER FIRM FINAL:** Congratulations to Mike O'Sullivan and Darragh Reen and the Liebherr team who won the All Ireland Inter Firm Final last Saturday when they defeated Burnside of Carlow at Lewis Rd.

**HURLING:** Indoor hurling continues every Wednesday for age 8 upwards in the Community College from 7.45pm to 8.30pm.

**TRAVEL SANCTION:** Any player intending to play GAA in North America or Canada must purchase GAA Travel Sanction Cover prior to travelling and this can be purchased from the secretary.

**KERRY LADIES:** The Kerry ladies under the guidance of Willie O'Sullivan and Alan O'Neill continued their recent run of good form when taking full points from their fixture with Mayo last week in Killarney.

**BIRTHDAY GREETINGS:** A big happy birthday to Micheal Keane, son of senior trainer Peter who celebrated his 11th birthday last weekend, an ever present at senior training, all the lads wish him well.

**AUSSIE RULES:** The club would like to wish Pdraig Lucey the very best of luck as he jets out to Australia this coming Sunday to participate in a two month long television programme which features up and coming Aussie rules players from various parts of the globe, with the eventual winner securing a contract with a top AFL side. This programme will be aired locally but we hope to be able to keep you up to date here with Pdraigs progress.

**FIXTURES:** Senior East Kerry League Final Division 1 Legion v Glenflesk Saturday April 5th at 5.30 probably at Lewis Rd. but as venue not confirmed please check beforehand.

U16 East Kerry League v Rathmore in Rathmore Monday 7th April at 6pm.

U14 County League Div 1 v Austin stacks in Connolly Park Wednesday 9th April at 7pm.

U12 County League both Green and White teams have a home game to Austin Stacks on Sunday 6th April at 6pm.

**LOTTO:** The lotto for Sunday 30th March was numbers drawn 11, 19, 20, 23, and jackpot was not won. Winning tickets drawn from the match 3's were Pat Gallagher, Joe Galagher, Alan O'Sullivan, Safe Hands Launderette, Sean Mc Dermott, J Cronin Lackabane.

**LOTTO:** Next draw for jackpot of €3,800 will be held in Beaufort Bar on Sunday, 6th April. Tickets are €2 each or 3 for €5. They are available from usual sellers, shops and bars.

If interested, €50 annual Tickets or Standing Orders are available from usual sellers and Executive members.

**CLASSES:** Exercise classes will continue to Easter week except Friday 10 am class which finished Friday, 28th March.

Pilates on Mondays - 7.00pm to 8.00pm and 8.10pm to 9.10pm. Pilates/Step Aerobics - Thursdays 7.15pm. The Actively Retired Pilates/Gym Class continue Fridays at 11.10am.

**MEMBERSHIP:** It is the time of year again for Annual Membership to be paid. Rates are as follows: Family Membership €50 covers all children under 18 and 1 adult has use of the Gym. €50 - Senior Player. €30 - Individual Membership of the Club only. Reduced rate for Actively Retired and there is also Gym Membership for only €50. The Registrar is Patie Hartnett 0872515311 or Bridget 0879975737

**HEALTHY CLUB PROJECT:** Under Healthy Club Project Beaufort GAA will host a Walk in association with the Kerry Hospice on Good Friday April, 18th. The route will be the new Bridges over the Gaddagh between Mealis and Lislibane. All monies raised will go towards Extension to the Palliative Care Unit at Kerry General Hospital. More details later. Anyone interested in getting involved in this Project should contact Bridget 087 9975737. This is a Community Project so we would love to see people from the wider community coming on board.

**SENIORS:** Beaufort Seniors sponsored by Maurice Foley of MF Decorating travelled to Ballylongford and came away with 2 valuable points in the County League on Sunday. Full time score Ballylongford 0-12 Beaufort 0-14.

**TEAM:** Mike Moriarty, Michael John O'Connor, Ger Hartnett capt., Pdraig Hartnett, Sean Fogarty, Jeremiah O'Sullivan, Eanna O'Malley, Fergal Hallissey, James Coffey, Pdraig O'Sullivan, Francis Courtney, James O'Reilly, Jason Foley, Ronan Murphy, Conor Breen. Subs: Shane O'Sullivan, Danny Healy, Brendan Cronin, Cathal O'Reilly, Gary Tangney, Alan Courtney. Their next game is away to Laune Rangers in the Mid-Kerry League next Saturday at 5.30pm. Mid-Kerry Junior League will begin Tuesday, 8th April. Draw to be made this week.

**MINORS:** Beaufort Minors are away to Templenoe/Tuosist on Friday next at 6.30pm in Templenoe.

**U-16S:** Our U-16s sponsored by Killarney Credit Union played Kilcummin on Monday



night and are away to Furies on Monday 7th April at 6pm.

**U-14S:** Our U-14s sponsored by Kate Kearneys Cottage played Fossa on Tuesday night and are away to Dingle on Wednesday 9th April at 7pm.

**U12S:** Our U-12s sponsored by Maurice Foley of MF Decorating are at home to Gneeveguilla on Sunday next at 6.00pm.

**U-12 GIRLS:** Our U-12 girls sponsored by Anthony Foley Decorating played Ballymac on Tuesday night.

More detailed Match Reports are available weekly on the Club website on [www.beaufortgaaclub.com](http://www.beaufortgaaclub.com)

## ALLIANZ CUMANN NA MBUNSCOL:

Congratulations to Kilgobnet N.S. on their victory in the Allianz Cumann na mBunscol Mid-Kerry Mini-Sevens competition played in Cromane. After some close and exciting group games Kilgobnet reached the semi-final where they met a very good Castledrum side. They then went onto the Final where they accounted for Caragh Lake N.S. Well done to all concerned. **PANEL:** Jack O'Connor, Jack O'Leary, Oisín Cronin, Ethan Coffey, Max Doyle, Shane Doona, Dean Cahill, Sam Roberts, Jack Healy, Darragh Callan, Jack O'Brien, Ryan O'Neill, Jack O'Sullivan, Daniel Murphy.

## KERRY LADIES

Well done to the Kerry Ladies who are top of Division 1 in the Tesco Homegrown National League. They had a fine win on Sunday last when they accounted easily for Mayo in Fitzgerald Stadium. Captain Bernie Breen, Patrice Dennehy and Amy Foley contributed well to this win. Their next game is at home to Donegal on Sunday next.

Kerry ladies made Fitzgerald Stadium their fortress in the penultimate game in the #KerryLadiesSpringSeries by defeating Mayo by 4-15 to 0-10. The victory guaranteed Kerry a semi final spot in the Tesco HomeGrown NFL. Mayo who were without Cora Staunton struck for the first score of the afternoon, a



**THE KERRY LADIES TEAM THAT DEFEATED MAYO:** BACK ROW L-R: BERNIE BREEN, CLAIRE O'SULLIVAN, LOUISE NI MHIURTEARTAIGH, LOUISE GALVIN, LORRAINE SCANLON, CAROLINE KELLY, EDEL MURPHY, AOIFE LYONS, DENISE HALLISSEY, EMMA SHERWOOD, MARIA QUIRKE, BREDÁ LANE, CAIT LYNCH. FRONT ROW L-R AMY FOLEY, CASSANDRA BUCKLEY, SARAH HOULIHAN, SARAH JANE JOY, DEIRDRE CORRIDAN, AISLINN DESMOND, AMANDA BROSNAN, DEBRA MURPHY, JULIE BROSNAN, PATRICE DENNEHY, GINA CROWLEY, AISLING LEONARD.

pointed free from Kathryn O'Sullivan in the 6 min. However Kerry took over proceedings & completely dominated the half with the first of the Kerry goals coming from Sarah Houlihan in the 11th min; who was to be a thorn in the Mayo side all day. Kerry could have added to their goal tally except for heroic keeping of Aisling Tarpey & dogged defending of Martha Carter. Kerry hit some wonderful long range scores, including a beauty from Maria Quirke. Debra Murphy got Kerry's second goal just before half time, result of a beautifully weighted & timed pass from Louise Ni Mhuirteartaigh who kept a ball in play. Half time Kerry 2-10 Mayo 0-2, their second score coming in the 18th minute. Mayo started the second half much brighter & took control of the first 10 minutes. However they found the Kerry defence sealed tight & couldn't find the goal that they needed to get back into contention. Kerry however added 2 more goals – Deirdre Corridan lobbed over the keeper head & Amy Foley only recently introduced coolly slotted to the back of the net after a beautiful pass from Patrice Dennehy. Final Score: Kerry 4-15 Mayo 0-10. Kerry secure their semi final spot with a game in hand, as Donegal already relegated travel down on Sunday 6th April for 12.00 throw in at the IT Tralee GAA pitch.

**FREE ACL:** Kerry Ladies are running a FREE

ACL injury prevention workshop on April 7th in the Killarney Community College at 7pm. It is open to male & female players & coaches of all sports in the county. The ACL commonly known as the Cruciate Ligament is a serious injury for all players, male or female, young or old so we encourage all sports people to attend. The workshop is Free however booking is essential as numbers are limited. Contact Imelda at [pro.kerryladiesfootball@gmail.com](mailto:pro.kerryladiesfootball@gmail.com) for details & booking.

**UNDERAGE:** As the senior league takes a break for a few weeks, the underage action kicks into gear. On Sunday 30th March the Educate.ie U14 County League commenced across the county in all 4 Divisions. In Div 1 Fossa set the early pace with a resounding win over Na Gaeil. In Div 2 Listowel Emmetts had a strong win over near neighbours Finuge St Senans. In Div 3 Beale launched a mighty come back away to Glenflesk but just fell short in the end. All results on the website. On Tuesday 1st April the Glebe Kitchens U12 C o League Phase 1 commenced. For many girls it was their first time wearing a club jersey so well done all.



## RATHMORE BASKETBALL RAVENS:

WELL DONE TO THE RATHMORE RAVENS U12 BOYS WHO WON THE LEAGUE LAST MONDAY NIGHT AWAY TO KILLARNEY COUGARS, IN WHAT WAS A VERY SPORTING GAME. IT WAS A FANTASTIC SEASON FOR THESE BOYS HAVING WON 9/10 GAMES. A BIG THANK YOU TO COACHES JOHN O'KEEFFE, STEPHAN LEHANE, AND MANAGER MICHELLE TWOMEY WHO LOOKED AFTER THE BOYS SO WELL. THANKS TO ALL THE PARENTS WHO BROUGHT THE BOYS TO TRAINING AND MATCHES ALL SEASON. TILL NEXT SEASON GO RAVENS!



## KILLARNEY RUGBY CLUB NEWS

### UNDER 14S: TRALEE RFC 24 KILLARNEY RFC 7:

As previously advised Killarney's fortunes appear to be inextricably linked with our climate. Just as their form soared with the advent of fine weather so too did it plummet in last Saturday week's vile conditions. Without taking from an excellent Tralee side the visitors showed none of their previous panache, with their normally assured handling deserting them. Adopting the Stuart Lancaster defence model Tralee moved up very quickly on Killarney's possession thereby putting them on the back foot from the word go. As a result the visiting side were unable to set their runners in motion. Leading 12-0 at the break Tralee added a third try before Sean Cahill opened Killarney's account with a touchdown, duly converted by Cathal O'Shea. The score came in the middle of a purple patch for the visitors which was interrupted by a break in play following which Killarney were unable to regain their earlier momentum. Tralee closed out the contest with two late tries which flattered them to some degree but the score line reflects a disjointed approach from the opposition. In a trying but competitive, contest Killarney were best served by Conor McCarthy, Niall Daly, Cathal O'Shea, Cathal Healy, Sean Cremin and not surprisingly, Stephen McKenna who gave another brilliant defensive display.

### DOLPHIN RFC 36 KILLARNEY RFC 19:

Another defeat but certainly not another failure as these two teams served up an exhibition of open running Rugby in Cork's sacred Temple. Each side's intentions were clear from the word go as both hosts and visitors alike sought width and movement. First blood went to Dolphin who, as ever, kept the play flowing at a frenetic pace which undid Killarney's Defence with an unconverted Try. Rising to the challenge of playing in Musgrave Park Killarney responded in typical fashion with a blistering effort from the redoubtable Stephen McKenna. Dolphin repeatedly varied their line of attack mixing forward drives with scintillating back line moves. Not to be outdone Killarney responded with devastating counter attacks which repeatedly brought them inside their opponents "22". At half time the score line read 29 - 19 in favour of the hosts. Killarney's additional scores came from a penalty try which Cathal O'Shea converted, followed by a Barry Slattery touchdown, also converted by O'Shea. Unfortunately, Dolphin struck again soon after the resumption but that was to be the final score in a hectic game. Some how Killarney managed to butcher a try when possession squirted from their attacking player after he had crossed over. However, they kept pummelling at Dolphin's line and were most unlucky not to yield at least one further try. All in all it was an excellent spectacle and the players really enjoyed their

trip to Headquarters. Best for Killarney on a proud day for the Club were Barry Slattery, Stephen McKenna, Richard Wallace, Conor McCarthy, Cian O'Shea and Cathal O'Shea. This Saturday we will be supporting Munster in their Heineken Cup Quarter Final against Toulouse and the following weekend we are due to play Young Munster. Players will receive a text.

**KILLARNEY MINIS:** All ages travelled to Tralee for a West Munster blitz which included Listowel, Castleisland, Killorglin, Tralee Killarney and Dingle. All age groups were well represented, and Tralee being probably the most central and largest venue was ideal for this event. Killarney were seamless in their execution and certainly the Under 12 and Under 10 squads performed exceptionally well, with teams picked of equal ability, proving that hard work really does pay off. Many thanks to the parents who provided food for this event, as always the parents of Killarney players did themselves proud. With the season drawing to an end shortly, we will have training at Knockreer next week, on the 12th of April we will host Killorglin followed by training on the 19th and finally we will finish with our annual medal presentation on the 26th where we hope to have the Club President Pat F. O'Connor will be performing the ceremony.

### KILLARNEY SENIOR XV 0 THURLES 27:

Killarney made the long trip to Tipp with no success and a very depleted squad to play their final league match in what was effectively a dead rubber. They were missing several including injured Paudie Sheahan and without him as their talisman kicker they up against it on the scoreboard. Our sincere thanks to John Nikora and Luke O'Sullivan who kept the squad going this season and under great leadership from Paul O'Sullivan as captain. The side finished just in the lower half of the table in 9th position. Killorglin and Newport going down to Division 3. St Senan's and Kinsale are moving upwards while our old friends Mallow will join us in Div. 2 next season. Our sincere thanks to Denis Corridan for his great work with the lads this season. His dedication and preparation is always superb.

**NOTE:** For your fridge - we are Bag Packing at Tesco's Park Road on HOLY Thursday 17th April from 11am to 8pm. We will need your help please to cover many tills all day on a busy shopping day. We will represent the National Charity, Habitat as we did last year. We hope to succeed last year's total but only if you can give an hour of your time. Store regulations stipulate only from U14s upwards may collect, so it narrows down the items. More details next week. Thanks. Co-ordinator Mike Fuller PRO - 087 6489628.

Thanks to all those who sold raffle tickets for the draw for 2 tickets for the Heineken Cup. There was a great response and very badly needed funds collected from very generous people. We will have the winners in next edition.

## COMMERCIAL ROWING CLUB EST 1886

### "Down Memory Lane" John Kelly

Regatta Revived in 1952. After a lapse of six years 1946 to 1952 a large attendance came to Cahernane on Sunday August 24th for the revived event and according to the regatta history this event captured all the glamour of previous regattas. Prominent among the large attendance were a number of tourists in Killarney for the summer holidays, Commercial RC club were represented by the following crews. Juvenile Sixes - Stroke Henry Clifton, Jn O'Sullivan, Noel Kelly, Dermot Doyle, W Gleeson Sean O'Sullivan. Junior Sixes - Stroke P O'Brien, Joe Boyd, Jn Murphy, J Fleming, Sean O'Sullivan, Tom Daly Cox Jack Scully. Senior Sixes - Micheal Murphy, Christy Brady, Danny Healy, M Murphy, Denis O'Brien, Connie Brady, Cox Henry Clifton. Starters were John Fleming, Paddy Cronin, and J Maguire Judges Dr Jack O'Connor, and Supt Batt Harte The official programme cost 6p. The Regatta Dance and presentation of prizes was held in the Town Hall Ballroom with the Stardusters on stage admissions was 5/ shillings.

**NEW MEMBERS:** Commercial Rowing club are now inviting new members both men and women to avail of their excellent facilities at Ross Castle. Contacts are D J O'Riordan 064 - 6631743, John Joe Healy 064 - 6643136, Jimmy Doyle 064 - 6639856 Henry Clifton 064 - 6632252 John Kelly 064 - 6632698.

## KILLARNEY CYCLING CLUB NEWS

### By: Marie Wade.

It may be the last Sunday of March and Mothers day but neither the weather nor the course were too kind to the field last Sunday in Minane Bridge, Cork, for the Aqua Blue Classic. A field of about 55 riders signed on for the combined A1/2/3 race which was run on a handicap basis. The course was a 17Km circuit which was to be completed six times and a more difficult lap would be hard to imagine anywhere. It was a relentless rollercoaster up and down all the time. It's the sort of lap where there is NO RECOVERY because even though there were descents the riders had to hold on for all they were worth on the descents and the twisting nature of the road meant there was very little opportunity to eat a bar or take a drink.

By the start of the third lap the field had been reduced by at least 50%. Killarney Cycling Club were up with the racing and John Brosnan and Matt Slattery were still in contention for prizes at this stage. As if the racing wasn't hard enough on the bodies it started raining and with the temperature reading only 8C in the car, it was pretty miserable outside for the riders. Matt was in the 2nd group on the road starting



the final lap with John Brosnan in the group behind by about 30 seconds, but by the middle of the final lap these positions were reversed as John took advantage of some strong riding by Tralee BC rider Denis Dunworth. With 500 metres to go John was in a good position but a sharp uphill finish didn't suit John's style and he had to settle for 8th place with Matt crossing the line in 10th a few seconds later.

Two Killarney CC riders in the top 10, now that's a good result!!!

Thanks again to all of our riders who made the effort to turn out today, from the support car the steady progress is clear to see on a weekly basis and with only 3 weeks to Ras Mumhan we have a lot to be proud of.

On a somewhat different note Killarney Cycling Club will be starting Leisure rides again for the Summer months on the 30th April. We will be hosting a registration evening in 23rd April in the Dromhall Hotel. If you wish to take part and join us for the summer leisure rides YOU MUST REGISTER with us and become a member of the club. We do not charge any other fee but we do insist on club membership. No matter what level of cyclist you are we will try to accommodate you so come along and enjoy your bike in a friendly and hopefully helpful atmosphere..

Keep an eye on our club Facebook page for further updates on all things Killarney Cycling...

**XC RACING REPORT:** Round 2 of the Munster XC Mountain biking series. Hosted by Killarney cyclingclub took place at Fossa this Sunday. After a worrying start to the Day, the sun finally appeared and provided near perfect conditions for the 80 approx competitors. As Usual the Day started with a series of children's races for U8, U10, U12. The kids races are always great fun and everyone joined in the excitement, cheering on the stars of the future as they raced around their race track. Starring for Killarney were Eoghan Crowley and Luke Murphy who came 1st and 3rd respectively in the u10's race and Liam O'Leary who came 3rd u8's. Next the Under 14's and Killarney picked up where they left off last year with the Dynamic Trio of Jack Murphy, Fergal Murphy, and David Culloty making it a clean sweep once again. The icing on the cake was when Kate Murphy came home first in the girls Race. Congrats to Kate! In the u16 race the slick slippery track proved a challenge for most of the riders but these are just the conditions that suit Nelu O Doherty. His top class technical skills allowed him to ride away from the field during the 2nd lap to win by a sizable margin. With Stephen Doherty out of action this weekend, it fell to Finian Wall and Cathal Dineen to challenge for honours in the Junior Race. The pair put in a great performance with Finian taking 3rd place. Unfortunately Cathal crashed out but has since recovered, although don't go patting him on the shoulder if you bump into him, not for a few weeks anyway! The Senior race turned into a complete rout with rising national

star, Killarneys Sean Prenderville delivering a devastating performance of power, skill and endurance riding away from the rest of the field after only half of the first Lap. Joe O'Leary also showed great form to lead out the chasing pack and give Killarney a 1,2 on the Podium. Congrats to both guys! Also Congratulations to Richie Maews on taking the win in the Intermediate Race. This is Richie's first season back on the bike and already he is showing some great form. And so finished another great days racing at Fossa. I would as always like to give a big thank you to the management and staff of An Oige Hostel for allowing the use of their Grounds to host the racing, and to all our neighbouring Munster Clubs for travelling to Killarney and supporting our Race. Round 3 takes place on the 20 April at the Ballyhouras in Limerick.

## MILLTOWN / LISTRY COMMUNITY GAMES

**CHESS:** Our U16 team had the honour of winning silver medals at the Co. Finals held in Tralee last Sunday. This was a great achievement considering its the first time our Area has had a chess team in this Competition. They were just pipped 3-2 in their first game, losing to eventual winners Lixnaw but then had comprehensive wins against Knocknagoshel and Glenflesk. Well done boys on your great achievement. Thanks to Michael O'Meara and Yvonne Eadie who coached the team and also to the parents who have supported the boys since we commenced. **TEAM:** Tom Eadie, Tom Stephens, Paudie Horgan, Fionn Nidegger Jason Dinham.

A special word of thanks to Milltown/Castlemaine GAA Club who kindly provided their clubrooms for both chess and draughts training.

**UPCOMING EVENTS:** Please note our local Athletics Day is fast approaching and will take place on April 12 in Milltown/Castlemaine GAA pitch with registration at 1.30. We are encouraging as many as possible residing in the Area to participate with some novelty events also on the day. For those who qualify on our Athletics Day there will be training in both Listry and Milltown to follow with Co. Finals fixed for An Riocht Track Castleisland on June 21/22.

Please also note the following events are coming up shortly and we would encourage participation in them if possible: Model Making, U11 Mixed Basketball, Swimming, Gymnastics. If there is interest in any of the above events please don't hesitate to contact Denis 087-9662332 or Pa 087-6447788 for details.

## BADMINTON NEWS

**By: Sinead Galvin**

Killarney Div 3 lady Maeve Twomey sealed the treble by winning the Div 3 Mixed with fellow treble winner James Flaherty. It was also a great night for our Div 5 Mixed pairing Ailish Mulcahy and Alex Goggins who were runners up in a very tough Div 5 mixed doubles championship. Liam Barry and Marian McSweeney were finalists in the Div 3 plate and the Div 5 plate runners up were Killarney's Jenny Switzer and John O'Keeffe. In the Ashes Bar knockout qualifiers Killarney Div 3 and Div 5 teams qualified for the finals on 16 April.

**KILLARNEY MATCHES NEXT WEEK:** Monday Div 3 mixed away to County, Wednesday Div 2 Mixed away to County & Div 5 Mixed Home v Annascaul. Friday 9 division 2 away to Moyvane. Well done to all competing last week, another great week of badminton.

## KILLARNEY COUGARS BC JUVENILES NEWS

**U12 BOYS LEAGUE**

**KILLARNEY COUGARS 24**

**RATHMORE RAVENS 34**

The Cougars Boys U12 hosted Rathmore in this top of the table league clash to decide the destination of the league title. A good crowd enjoyed a very entertaining game with the visitors Rathmore taking the title proving to be more clinical with their shooting on the night on to deservedly take the honours for Rathmore. The sides exchanged basket for basket in the opening quarter with nothing between the sides. The visitors took a commanding lead in the second quarter, Cougars were not taking their chances and trailed by 10 points at the break. Cougars worked hard but couldn't pull back Rathmore's lead as they were very determined on defence and Cougars could find no way through. Cougars having led the league for much of the season saw the title head deservedly to Rathmore on this occasion. Well to both teams on a very sporting game.

**U14 GIRLS: WATERFORD WILDCATS FRISBY/ MCKINLEY INVITATION TOURNAMENT**

Cougars girls travelled to Waterford last weekend and took on some of the countries top teams in this U14 Tournament.

**COUGARS 33 GLANMIRE 30**

Cougars led this game for long spells with Kate Maher & Kate Stack in great form, Glanmire staged a big last quarter comeback to take the lead in the final minute but Cougars responded well with Erica McGlynn stepping up with a big basket to deservedly give Cougars the win in a tight finish.

**COUGARS 20 WILDCATS 28**

Cougars went down to the hosts Wildcats despite good performances by Anna O'Reilly and Shelley Clifford the Wildcats early first half lead proved to much for the Cougars in a competitive game.

**COUGARS 24 LIMERICK CELTICS 19**



Cougars produced a strong defensive performance to overcome the Celtics with Grace Cahillane, Ciara Griffin and Shona O'Brien all impressing with good scores.

## COUGARS 24 SHEFFIELD 36

Cougars needed to win this game to make the final and led by 10 points at the break, but the English girls came with a storming to secure a place in the final in a very entertaining game. The Cougars early start to the day finally took its toll with Cougars unable to respond in the closing minutes foolwoing a great days basketball.

## U14 GIRLS LEAGUE

### VIXENS 26 KILLARNEY COUGARS 52

Cougars final league trip to Athea again proved fruitful coming away with a comfortable win to deservedly take the points and secure the runners place in this seasons league.

Cougars started very well with Kate Stack in top form with eight points in the opening minute and the impressive Grace Cahillane contributing 6 points as Cougars led 16-7 at the end of the quarter. The home side came back strongly in the second quarter but Cougars still managed to increase the lead by half time with two baskets each by Shelley Clifford and Kelly Ahern to leave Cougars ahead 28-16. Cougars dominated through the third quarter, with great baskets again by Cahillane, Stack and Shona O'Brien as Cougars led 44-20 entering the final quarter. Cougars finished the game very comfortably controlling the game to the final buzzer. Best for Cougars on this occasion were Grace Cahillane, Shona O'Brien, Kelly Ahern, Anna O'Reilly, and Kate Stack.

## KERRY AREA BOARD LEAGUE TROPHY

**PRESENTATIONS:** The presentation of the Kerry Area Board League Trophy and winners medals as will be on this Friday April 4th at The Meadowlands Hotel Tralee. Cougars U12 Girls and the Girls U16 will be both be travelling to Tralee having enjoyed a very successful



U16 MILLTOWN/LISTRY CHESS TEAM WHO WON SILVER AT NA GAEL GAA CLUBHOUSE WITH COACHES MICHAEL AND YVONNE. FRONT LEFT TO RIGHT; JASON DINHAM, FIONN NIDEGGER, TOM STEPHENS. BACK LEFT TO RIGHT: PAUDIE HORGAN, MICHAEL O'MEARA (COACH), TOM EADIE AND YVONNE EADIE (COACH)

season. Cougars U14 girls, U12 Boys just miss out finishing runners up in the league on this occasion. Well done to all involved on a great campaign and enjoy the evening.

**SCHOOLS SUPER SEVENS 2014:** The Annual Schools Super Sevens games commenced last week and the girls getting proceedings underway, the early pace setters include Firies, Mercy, Rathmore, Athea, Cullina, St Olivers, O'Brennan, Knockaderry Fossa and Gneeveguilla all who produced very good performances and results in the opening rounds. The Boys swing into action during this week and strong performances are expected again from last years top four including Nohoval, Pres Mon, St Olivers and Knockaderry. Full details on this years competition are available on the web [www.schoolssupersevensbasketball.com](http://www.schoolssupersevensbasketball.com)

A full list of the latest training and fixtures is available on the club website [www.killarneycougars.com](http://www.killarneycougars.com)

and 25. Sellers prize Tom Joe O'Donoghue, €50 yearly ticket dip goes to Kathleen O'Sullivan, Ballyhoulihan, €50 to Emma Murphy Knocknageeha, €40 each to Margaret Brosnan Masrour, Tadhg Moynihan c/o O'Callaghans Bar & Oliver Moynihan Gullane. No winner of our €1,000 bonus prize, numbers drawn were 2, 4, 16 and 28. Next weeks jackpot €8,200

**GNEEVEGUILLA AC:** Covered itself in glory at the Sports Hall Development Games held in the Presentation Gym last Sunday, at the end of the day we were the top club there after a long battle with Tralee Harriers. This I must stress is an unofficial count, which I am sure is correct. Individual medal winners were Lilan Alsane, Jack Greaney, Paudie O'Leary, Ciara Hickey, Ross O'Leary, Owen Kelly, James Doyle, Caoimhe Murphy, Danielle Murphy, Heather Culloty, Aoibha Ducey and Diarmuid Murphy. The U10 boys relay were 1st runners were of Owen Kelly, Diarmuid Murphy, Jack Tagney & James Doyle, the U12 boys relay team were also 1st, team members were Ross O'Leary, Jack Maguire, Paudie O'Leary & Jack Greaney. The U11 girls relay team came second, runners were Ciara Hickey, Alanna Brady, Saoirse Thompkins and Lilan Hassan. U9 girls relay team were 3rd, runners were Danielle O'Riordan, Laura O'Leary, Heather Culloty and Tara Carver.

**NEW TRAINING TIMES AND VENUES:** With effect from Monday April 7th, There will be no further training sessions in Gneeveguilla hall on Monday nights. Wednesday 6.00 - 7.30pm in Riocht Track, bus leaving Gneeveguilla at 5.30pm. Fridays 7.00- 8.00pm Convent Field Rathmore, Saturdays 10.30 - 11.30am am Boherbue Comprehensive School. All membership fees should be paid up by now. New club singlets on sale €20.

## KILLARNEY BRIDGE CLUB NOTES

Heartiest congratulations to club members Joan Lenihan and Pauline Lyne who jointly won the Intermediate B Section of the Specsavers Competition in Cork Bridge Club on Sunday 30th of March, well done.

## GNEEVEGUILLA ATHLETIC CLUB

By: Tom Joe O'Donoghue.

**LOTTO:** No winner of our lotto dated 28/03/2014, numbers drawn were 8, 23, 24



ACTION FROM ROUND 2 OF THE MUNSTER XC MOUNTAIN BIKING SERIES, HOSTED BY KILLARNEY CYCLING CLUB WHICH TOOK PLACE AT FOSSA THIS SUNDAY.

## KERRY SCHOOLBOY/GIRL SOCCER

### Back to the Farm empty handed:

#### 16's National Cup Last 16:

The Park 1-0 Home Farm B.

**13's Kerry Cup:** Kingdom Boys 5-1 Fenit.

#### League: JK Sports 12's Premier:

Killarney Celtic 5-0 Killarney Athletic.

Park 1-4 Listowel Celtic.

#### 12 Division 1:

Inter Kenmare 1-2 Killarney Celtic C.

Park B 2-5 Ballyhar. Killarney Celtic B 1-4 Camp.

#### Daly's Supervalu 13 Premier:

Killorglin 2-1 Park

#### Foundation Sports 14 Premier:

Listowel Celtic A 3-2 Park A.

Inter Kenmare 0-1 Kingdom Boys.

#### 14 Division 1: Killarney Celtic C 2-6 Park B.

Mastergeeha 2-3 Camp.

Killorglin 1-2 Killarney Athletic.

#### 16 Division 1 Shield:

Mastergeeha 3-0 Inter Kenmare.

Park B 2-0 Listowel Celtic.

#### 16 Division 1 Plate

Castleisland 7-2 Killarney Athletic B.

### REPORTS: PARK LATEST KERRY SIDE IN NATIONAL CUP QUARTERS:

THE 2013/14 National Cup will be remembered for many things, some off the field! But in Kerry the competition is memorable for all the right ones. St Brendan's Park are the 3rd Kerry side to make it to the last 8 in the country – joining Killorglin who were sadly knocked out and Kingdom Boys 15's who are due to play Swilly Rovers. This was a day to remember for The Park are a huge crowd turned out in Christy Leahy Park where the home side made the generous gesture of donating all proceeds to the Donal Walsh Live Life Foundation with Finbarr cheering on The Park. The home side were very professional throughout the game and apart from one effort off the crossbar restricted Home Farm to very few efforts. The Park played a great brand of football with Jesse Stafford Lacey pulling the strings in mid field. But this was one of those games where the sum of the team was greater than any individual player. All over the field the Park tackled hard, chased and harried and created chances. The vital one came in the 60th minute when a ball into the box saw Karl Mullins being very clever to stay on side and he kept his cool to play a sweet ball across the box for Luke Moynihan to tap in. The Park could have doubled their lead when they were awarded a penalty but the Home Farm keeper made a very good save from Jesses spot kick. But it didn't matter as 1 goal was enough to see The Park into the last 8 and a home tie against either Salthill Devon/ St Joe's Boys or Abbeyleix.

**13'S CUP:** Kingdom Boys booked their place in the last 8 of the 13's Cup with a 5-1 win over Fenit. Nathan Holden and Sean Kennedy both scored two each and Daniel Bowler the fifth. Park 2 is the won: Away from the fields and into the gym and a huge crowd of supporters thronged Mounthawk for the finals of the Futsal creating a great atmosphere.

Pool 1 winners Killarney Celtic took on Pool 2 runners up Castleisland with both giving it all. Neither side could break the other down and after a 0 all draw it went to penalties. Castleisland got through 5-4. Pool 2 winners The Park 2 saw off their neighbours Kingdom Boys 3-0. The final saw they young stars of The Park take the title on a 3-0 score-line but when you see that the Park's keeper Liam Carmody was man of the match it shows that the final was much closer than the score-line.

The u8 Futsal will take place on April 12th and as many clubs as possible are asked to enter teams and give their young players the chance to experience the atmosphere and thrill of Futsal.

#### U12 PLAYERS MAKE KERRY DEBUT'S:

The u12 Inter League competition is the first time that players get the opportunity to play for their county. In this year's competition 30 players have enjoyed that experience and the latest squad were unlucky to go down to Clare 3-2. In the game at the UL Kerry had goals from Neil O'Shea and Conor Hogan, who was netting for the second day in a row, but just couldn't get back on level terms having been 3-1 down.

**JK SPORTS 12 PREMIER:** With leaders Kingdom Boys not playing the two sides in joint second place closed the gap on the Tralee boys by three points. Killarney Celtic were 5-0 winners over neighbours Athletic thanks to goals from Ruairi Doyle, Ryan O'Grady, James Darmody, Jack McCarthy and Christian Casey. Listowel Celtic were 4-1 winners over Park. Their goals came from Conor Hogan, Sean McGrath 2 and keeper Kevin Goulding who came forward and scored a penalty. Conor O'Sullivan replied for The Park.

**12 DIVISION 1:** Leaders Ballyhar remain unbeaten after their 5-2 win away to Park B. The top sides goals came from Gearoid Coffey 2, Jason Brennan, Patrick O'Connor and Conor O'Sullivan. Camp won the battle of the joint second placed sides defeating Killarney Celtic C at Celtic Park. Cian O'Grady, Jack Shannon and Eoghan Lyne were amongst the goals in a 4-1 win. Killarney Celtic C had a good 2-1 away win at Inter Kenmare. Jordan Fein Kiely got the goal for the home side but two from Eoghan Moloney gave Celtic all three points.

**DALY'S SUPERVALU 13 PREMIER:** Played mid-week Killorglin took the points in a 2-1 over The Park. Jack O'Leary and Eoin Clifford scored for the winners while James Rusk replied for The Park.

#### FOUNDATION SPORTS 14 PREMIER:

The 14 Premier Division has a new leader as Kingdom Boys 1-0 win over Inter Kenmare sees them move onto 17 points. Dillon Robinson got the only goal of a cracking game. There was nothing between the sides with great battles between Dillon O'Connor and K Boys Kevin Williams and the aforementioned Robinson and Inter's Dan McCarthy. Once the Tralee side went ahead they were just able to hold out Inter whose through Dillon O'Connor, Ben Crowley and Daniel Casey. Despite the best efforts of Tom Murnane and Daniel Fitzpatrick Inter just couldn't find an equaliser.

The Park were leading the way but their 3-2 loss has seen them slip to second. This game started in a whirlwind with The Park 2-0 ahead after 8 minutes through Robin McCarthy and Michael O'Gara but Listowel Celtic were level by the 15th thanks to strikes from Darragh O'Donoghue and Jake Kelly. Kelly got a wonder goal from 25 yards in the last few minutes to win the game.

**14 DIVISION 1:** Leaders Camp were pushed all the way by Mastergeeha but managed to keep their top spot after a 3-2 win. Killian Falvey got both Camp goals while Michael O'Connor and Dylan Murphy levelled matters for the Kilbrean side. It was Davidas that stepped up with a last minute winner for Camp. 3rd placed Killarney Athletic closed the gap on Killarney Celtic who are in second to a point after a 2-1 away win in Killorglin. A Mark O'Connor penalty put the home side ahead but goals from Reece Hegarty and Jason Coffey gave the Woodlawn side all three points.

Killarney Celtic C went ahead in their game against The Park but Jamal Ismail equalised. Alfie Christie put The Park ahead before Celtic levelled again. Christie went on to score two more to complete his hat trick and Jake Deering scored from the spot to make it 5. Aaron O'Sullivan finished the scoring to give the Tralee side all three points.

#### TRALEE TROPHY WORLD 16 DIVISION

**1:** Mastergeeha had goals from Paul O'Connor, Gearoid Kerins and Cian Jenkins in their 3-0 win to stay top of the Shield. The Park B remain in touch after taking the points from Listowel Celtic 2-0.

In the 16 Division Trophy Castleisland were too strong for Killarney Athletic B. John McMahon, Kevin Nelligan and Mathew Brown while Patryk Barthy got both goals for Athletic.

## MASTERGEEHA FC

**U14 MASTERGEEHA 2 CAMP 3.** In this close game the boys got off to the better start when Niall O'Connor scored in the 20th minute. However the visitors equalised just before the break. In the second half Camp took the lead early on. After this Mastergeeha pushed forward and equalised when Dylan Murphy scored with five minutes remaining. However in added time Camp scored the winner. All involved tried their hardest.

#### U16 MASTERGEEHA 3 INTER KENMARE

**0.** Mastergeeha maintained at the top of the table win a good home win. Mastergeeha took the lead mid-way through the first half when Paul O'Connor headed home from a corner by Stephen Dunlea. Early in the second half the boys doubled their lead when Gearoid Kerins scored following a good move. Mastergeeha continued to dominate and create the better chances and went further ahead when Cian Jenkins finished well in the 6th minute. All played well in this deserved victory.

**MASTERGEEHA LOTTO:** There was no winner on Friday 28th March. Numbers drawn were 3, 12, 20 & 22. Consolation prizes were €100 Pa Carroll, Lyreatough, Kilcummin; €60

Noreen & John Brosnan, Milleen, Kilcummin; €30 Timmy Kelly, c/o Dunloe Lodge, Killarney; €30 Noreen Scanlan, Dept of Justice, Killarney; €30 Mike McGrath, Tallow, Co. Waterford. Draw every Friday night in the Village Inn. Jackpot now €10,500.

## KILLARNEY ATHLETIC A.F.C. NOTES

### FIXTURES: Kerry Schoolboys/Girls League

Saturday 5th April 2014

Under 7 & 8 Mini Blitz

Venue 2. Celtic Park 2.00pm.

Killarney Athletic/Mastergeeha.

Inter Kenmare/Killarney Celtic.

### Moriarty's Centra Under 11 Group 2

Listowel B v Killarney Athletic 2.00pm.

### Under 13 Kerry Cup

Camp v Killarney Athletic 12.00 noon.

### RESULTS: SENIORS

#### KILLARNEY ATHLETIC B 4

**CSKA TRALEE 3** Great win by the boys and had a massive turnout. It was a great game and a badly needed win. Athletic went down 1-0 to CSKA early on when defenders got caught out of possession but quick fire goals by David Sheerin, Colm Tobin with 2 and a Joe Hurley penalty gave the boys a 4-1 lead at half time. With every tackle leading to a booking, we lost a player to a red card mid way through the second half and with CSKA pushing on, Athletic conceded a late goal and penalty to give a nervous final 10 minutes. Best for Athletic were Alan Daly, David Sheerin and Mark O'Shea.

#### KILLARNEY ATHLETIC A 0

**KILLARNEY CELTIC 4** A team went down 4-0 to local rivals Killarney Celtic.

**YOUTHS:** Youth team received a walkover from Abbeydorney on Saturday. It's not the way Athletic like to win matches and we wish Abbeydorney all the best. In the plus side, we are guaranteed league final. Played 14, won 14.

### UNDER 14 LEAGUE

#### KILLARNEY ATHLETIC 2 KILLORGLIN 1

Athletic got back to winning ways last Saturday with a hard earned away win. Killorglin went ahead from the spot before Reece Hegarty levelled from a corner. Jason Coffey got the winner when he latched onto an Ian Prendergast centre. Athletics keeper and back four held firm to secure this win.

**WEDDING BELLS:** Congratulations and Best Wishes to senior player Aaron Quill who married Joanne O'Brien on Saturday last.

**MERCHANDISE:** Killarney Athletic merchandise can now be ordered on merchandise@killarneyathletic.com

**KILLARNEY ATHLETIC WEBSITE:** Please check the website on www.killarneyathletic.com or facebook for match reports, club information and contact details.

**CONTACT:** If you have anything to add to Killarney Athletic A.F.C. notes please contact Mary McCarrick on 087 7750773 or mccarrickmary@hotmail.com.

## KILLARNEY CELTIC NOTES.

**CONGRATULATIONS:** To Munster champions St. Brendans College, managed by Trevor Nagle and JP Mullins, who defeated St. Declans of Kilmacthomas in a thrilling Munster Final. The bulk of the panel came from Killarney Celtic, but the whole team rightly treated this challenge as being about communal pride rather than club jerseys and got their deserved reward.

**ST. PATRICKS DAY PARADE:** Killarney Celtic are enormously proud to be awarded the Killer O'Callagahn Memorial Trophy for Best Sports Club in the Killarney Parade. Special thanks are due to everyone, especially our younger members, who turned out so brightly on the day, and especially to our Float designer and creator Packie O'Connor.

**LAST MAN STANDING:** Round 8 and believe it or not, there are still 8 shrewd punters still in the race! Only two lost out last week – a late equaliser saw the West Brom backer drop out, while another for some unfathomable reason seemed to think that table-toppers Chelsea would beat Fulham – not a chance with deadly goalpoacher John Terry getting left unmarked in the Chelsea box!

**KERRY U12S:** Well done to all the Kerry players, especially the Celtic contingent and goalscorer Neil O'Shea, who did their county very proud despite going down 3-2 to Clare.

### RESULTS: DENNY PREMIER: KILLARNEY ATHLETIC 0 KILLARNEY CELTIC 4

Celtic were simply awesome in the first half. John McDonogh created havoc down the left wing and Jamie Spillane smashed home a superb volley when one of John's crosses created havoc in the box. Valdimir Sirotiak was up next, another def touch by him completely misleading the defence as he fired home. Vlad scored another beauty before half-time. The tempo dropped in the second half but Celtic still controlled the play and Farouk Aminu rounded off a superb team performance with a neat finish for the last goal of the game. Celtic are away to Castleisland next Sunday at 11.30 – a win here would leave us 6 points off a League Final with two games in hand, so support would be greatly appreciated.

**U17 LEAGUE: AC ATHLETIC 2 KILLARNEY CELTIC 2** William Courtney and Chris Keane struck to earn Celtic a share of the spoils.

**U14 DIV ONE: PARK B 6 KILLARNEY CELTIC C 2** No joy but a fantastic effort from the lads.

**U14 GIRLS:** Killarney Celtic away to Killarney Athletic, Saturday, 2.00pm

**U12 PREMIER: KILLARNEY CELTIC 5 KILLARNEY ATHLETIC 0** Celtic were 5-0 winners over neighbours Athletic thanks to goals from the outstanding Ruairi Doyle, Ryan O'Grady, James Darmody (a great strike), Jack McCarthy and Christian Casey, and a great team display by everyone.

**U12 DIV ONE: KILLARNEY CELTIC B 1 CAMP A 4** This was a great game against an

A side and closer than the scoreline suggests, but that's not to begrudge Camp a deserved victory.

**U12 DIV ONE: KILLARNEY CELTIC C 2 KENMARE 1** Two great goals by Eoghan Moloney were enough to take the points in a close game.

**FIXTURES: Denny Premier:** Killarney Celtic away to Castleisland, Sunday, 11.30am.

**U15 Premier:** Killarney Celtic away to Mastergeeha, Saturday, 10.30am.

**U13 Kerry Cup:** Killarney Celtic away to Killorglin, Saturday, 10.30am.

**U13 Girls:** Killarney Celtic away to Killarney Athletic, Friday, 6.30pm.

**U13 Div One:** Killarney Celtic B at home to Kenmare, Saturday, 10.30am.

**U13 Div One:** Killarney Celtic C at home to Fenit, Saturday, 12 noon.

**JUVENILE TOURNAMENTS:** Our U11 panel will be away to Park in a friendly tournament – emphasis as always on the friendly aspect, and it has been great this year to see parents and supporters from all clubs buy into that fully. Our U7/8 panels will be at a friendly tournament here in Celtic Park.

**FOOTBALL FOR ALL:** Killarney Celtic FC Football For All team coaching sessions are taking place every Monday from 5.30pm - 6.30pm at Celtic Park. This is a team for children who are not able to play with mainstream soccer teams. All children aged 6yrs-14yrs with intellectual, physical or sensory special needs are welcome. Parents who are interested in bringing their child/children should call Jane on 086-2243435 or John on 086-8177729.

**PITCH BOOKINGS:** Killarney Celtic's All Weather has seen all our teams complete a full schedule of games, regardless of the weather, in a top class facility conducive to top quality soccer. Killarney Celtic have decided to offer the pitch, dressing rooms, kitchen facilities, to any club looking to complete adult or juvenile games for €120. Anyone interested in renting our full-sized All Weather should contact Noel Brosnan at 087 2340981. There are still some slots remaining for our popular All Weather Training Pitch (also ideal for children's parties). Contact Mary Lyne 086-6485809.

**LOTTO RESULTS:** Numbers drawn 6, 17, 18, 23. No winner, two x match 3, Caroline O'Donoghue 17 Woodford Manor, Lyno, €75 each. Next week's jackpot €6000, draw in the Failte on Monday night. Tickets available from all club officers.

**LOTTO SELLERS / YEARLY LOTTO:** The club is calling on all members to sell at least 5 Lotto tickets. We all saw the cost of running the club in the financial reports so upping the Lotto sales would ease this burden. Also anyone who wishes to buy a Yearly Lotto ticket and ensure they are in the 52 draws in one go can contact Der Lyne on 086 3787738.

If anyone has information for the notes contact Jimmy O'Sullivan Darcy 087 9633397 or jimmyosdarcy@gmail.com. Check out www.killarneyceltic.com for Killarney Celtic news, match reports, or photos.

## ROSS GC, KILLARNEY, GENTS CLUB

**RESULTS:** On Sunday March 30th we held the first round of the MD O'Shea spring league. This competition was sponsored by the International Hotel. We had great weather and large field of golfers in contention which resulted in a very keen competition.

1. Jonathan Casey (11) 38 pts.
2. Rolandas Bendikas (17) 37pts.
3. Tom McSweeney (13) 37 pts.
4. Dave Spillane (12) 35 pts.
5. Tony Lenihan (15) 35 pts.

**FIXTURES:** On Sunday April 6th we will hold the second round of the M D O'Shea Spring League. This will be an 18 hole single stableford competition and will be sponsored by Linehans Bar. Please get your name on the timesheet as soon as possible.

**CLUB MATCHPLAY CHAMPIONSHIP:** The entry sheet for the 2014 Killarney Trophy & Medals sponsored Club Matchplay championship is now available on the noticeboard so please add your name to it as soon as possible. Welcome back to Denis McCarthy after his recent illness to his familiar surroundings.

## DEERPARK PITCH & PUTT NOTES

By John Kelly.

Winners of Sunday morning's competition were Robby O'Brien and Michael O'Connor with 36 Nett. Further competition on this Sunday 10 am. Adult and Juveniles 3 euros.

**WEDNESDAY FOURBALLS:** Weather permitting the Wednesday evening Fourball competition will re-commence on next Wednesday 9th April 7pm.

**EASTER CAMP:** The club will be organising the annual juvenile Camp over the Easter holidays as opposed to the Summer It will take place from Tuesday April 15th to Thursday April 17th, Entry fees is 35 euros per child and 100 euros for three children.

**MATCH PLAY COMPETITIONS:** Entry fee for the National Match Play competition must be paid by this Sunday. Unpaid entries will not be forwarded after Sunday.

**MEMBERSHIP:** Members who have not still renewed their membership for 2014 can arrange for same by contacting either Colm O'Dowd at 087-7673242 or Sean Kelly at 086 -0508686. There will be a 10% discount to a new member or a lapsed member wishing to re-join the club.

**CONOR MCCARTHY TO REPRESENT IRELAND:** Congrats to Conor McCarthy who has been selected as a member of the Irish Pitch & Putt team to play in a challenge against Catalonia in June. Further info on same in future editions of club notes. Conor will be the second club member to represent Ireland after Derry McCarthy.

## KENMARE GOLF RESULTS

By Mike Murphy

**GOLF RESULTS FROM KENMARE GC: 18H SFORD**

- 1st Colm O'Sullivan [21] 45pts.
- 2nd James Murphy [10] 41pts.
- 3rd Tom McDonnell [12] 40pts.

**DISTRICT LEAGUE:** 1st Kilgarvan 144pts

2nd Main St 141pts.

**FIXTURE:** 4Ball Qualifier - Choose partners!

**LADIES: V PAR:** 1st Jane O'Sullivan 4Up. 2nd Kim Kennedy 3Up. 3rd Angela Cronin 2Up.

## GLENEAGLE PITCH & PUTT

By John O'Halloran

Last Sunday we had a v-par competition and the winners were

1st Mick Long, gross Sean Ashe.

This Sunday we will have our usual competition. The club would like to congratulate Max Ragosa and Stephaine Shine on their wedding this Saturday.

## KILLORGLIN GOLF CLUB

By Eileen Bell

**LADIES RESULTS: 18 HOLE STABLEFORD SPONSORED BY THE CLUB:** 1. Kathleen Cronin (25) 41 pts. 2. Kathleen Keating (24) 40 pts.

**SILVER SWANS:** 12 Hole Stableford:

1. Maura O'Boyle, Lady Captain (28) 23 pts (B6).

**FIXTURES:** Sat 5th/Sun 6th April is Lady Captain Maura O'Boyle's away week-end to Dundrum sponsored by Martha's Unisex Hair Salon.

12 Hole re entry sponsored by Lady President Mary Lawlor continues.

**SPRING LEAGUE:** The final of the Spring League sponsored by The Club between Team Rose Emma Daly and Team Snowdrop Eileen Bell must be concluded by Sunday 13th April. Team on top arranges match.

**OPEN DAY:** Ladies Open Day sponsored by FEXCO takes place on Wednesday 9th April. Team of 3. Time Sheet available in Pro Shop 066 9761979.

## KILLARNEY GOLF CLUB - LADIES CLUB

By Eileen Tarrant

**KILLARNEY GOLF CLUB - LADIES CLUB- RESULTS:** Competition 30/03/2014 Sponsored by Malton Hotel Killeen Course.

1st Sheila Crowley (28) 41 pts.

2nd Susan Tong (18) 40 pts.

3rd Noreen Sheahan (26) 37 pts (b.9).

B.G. Anne Moynihan-Rudden (8) 29 gross pts

4th Breeda Duggan (25) 37 pts.

Sunday next 6th April, 2014 Singles Strokes Competition Sponsored by Lord Kenmare's Mahonys Point Course, tee times from 8.30 -10.30 am.

## RING OF KERRY GOLF CLUB

**RESULTS: 30TH MARCH SINGLES STABLEFORD**

1st: Derek Maher (16) 40pts ocb.

2nd: Kevin McGrath (10) 40pts.

3rd: Damien O'Sullivan (6) 38pts.

**UP COMING FIXTURES:** 5th / 6th April Singles Stableford OPEN event €20 visitors.

The Clubhouse restaurant and bar is reopening on Saturday 5th April.

## BEAUFORT GOLF CLUB (MEN'S BRANCH)

**28TH MARCH - LONGEST DRIVE COMPETITION (LADIES & GENTS)** This competition with Golf Pro Mark Heinemann in his new Swing Golf Studio in Killarney was a great success and well supported. The winners were: Ladies Section - Helen Clifford and Gent's Section - Simon Rainsford. Many thanks to Mark and everyone who supported the event.

**29TH & 30TH MARCH - 4TH RD SPRING LEAGUE** (Sponsored by: Cahillane Butchers, Killorglin) - 13 hole re-entry.

1st Mike Quirke (13) 26 points.

2nd Johnny Doolan (17) 26 points.

3rd Pat Tangney (20) 24 points.

**FIXTURES:** 5th & 6th April - 5th and final Rd Spring League (Sponsored by: Cahillane Butchers, Killorglin) - 13 hole re-entry.

13th April - 18 hole Stableford (Yellow Tees) - Easter Egg Competition sponsored by Frank Coffey. 18th April - Open 4Ball Better Ball sponsored by The Malton Hotel. Any Combination ¾ Handicap (Maximum Handicaps Men 20 & Ladies 28). Also includes Nearest the Pin sponsored by Killarney Valet Services and Longest Drive sponsored by Lake Hotel, Killarney - Entry Fee €20 per person - Timesheet now open - Contact Clubhouse.

5th April - Weekend away to Heritage Golf & Spa - Bus leaves at 8am.

## ROSS LADIES GOLF CLUB NOTES

**RESULTS:** Sunday March 30th 18 hole single stableford competition, sponsored by Elizabeth Kelliher and Eileen Fleming. 1st Mary Moynihan (28) 32pts, 2nd Lady Captain Mary Cronin (23) 30pts.

**UPCOMING COMPETITIONS:** Sunday April 6th 18 hole competition, kindly sponsored by Juliette O'Sullivan. Sunday April 13th 18 hole competition. Sunday April 20th club sponsored competition. Easter Monday April 21st 10 hole mixed scramble, kindly sponsored by Margaret O'Donoghue. Details to follow in upcoming notes.

## KILLORGLIN GOLF GENTS

By Mike Kennedy

**SAT 29TH, SUN 30TH, 18 HOLE STABLEFORD.**

1st Danny Brosnan (16) 43pts. 2nd Tommy Evans (12) 43pts (7). 3rd Moss Joy (14) 43pts. **12**

**HOLE WEEKLY** 1st Mike McCarron (13) 28pts. 2nd Brendan Murray (20) 27pts. Club Outing to Dooks 1st Joe Kennedy, Paul O'Shea, Paul McKenna, and Kevin Guilfoyle 97pts. 2nd Aidan Spillane, J P Docherty, Michael Ladden, and William O'Shea 90pts. 3rd Mike Kennedy, John Joe Tangney, Denis O'Shea, and Kevin O'Shea 90pts.

The Bianconni weekend away takes place to Fota golf club and Waterrock club with overnight accommodation at Midleton Park Hotel on Saturday April 12th and Sun April 13th. All in cost €150 with sheet in shop, so book your place as soon as possible.



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## Citizens Information

### Know Your Rights:

## ADOPTIVE BENEFIT

### QUESTION

I've just adopted a child and applied for Adoptive Benefit. The amount and period of the Adoptive Benefit that I have been granted were not what I expected. How long should I be able get Adoptive Benefit for and how much should it be?

### ANSWER

Adoptive Benefit is a payment to an adopting mother or a single male who adopts a child. It is paid for a continuous period of 24 weeks from the date your child is placed with you. However you will not get Adoptive Benefit for the full 24 weeks unless your adoptive leave begins on the date of placement. If you begin your adoptive leave after the date of placement, you will lose some of your Adoptive Benefit entitlement.

You must give four weeks' notice to your employer of your intention to take adoptive leave before the expected placement of the child (for both foreign and domestic adoptions). As soon as is reasonably practicable you must give your employer the expected date of the placement.

You can also take up to a further 16 weeks' additional adoptive leave, but this period is not covered by Adoptive Benefit, nor is your employer obliged to make any payment during this period unless otherwise agreed.

If you intend to take the 16 weeks' additional adoptive leave you must give your employer at least four weeks' written notice. This can be given at the same time as the initial notice to take adoptive leave.

You should apply for Adoptive Benefit six weeks before you intend to go on adoptive leave.

Since 6 January 2014 the payment rate for Adoptive Benefit has been standardised at €230 per week for new applicants. This change applies to new claimants since that date. Claimants who were getting the payment before that date are not affected by the change and continue to receive an amount based on their income, with a minimum of €217.80 and a maximum of €262. Adoptive Benefit is taxable but not liable for the Universal Social Charge or Pay Related Social Insurance (PRSI). Adoptive Benefit can be paid directly into your bank or building society account.

**Further information is available from the Citizens Information Centre below.**

Know Your Rights has been compiled by Kerry Citizens Information Service which provides a free and confidential service to the public. Contact us in Tralee 0761 07 7860, Killarney 0761 07 7820, Listowel 0761 07 7840, Kenmare 0761 07 7810, Killorglin 0761 07 7830, Castleisland 0761 07 7790, Caherciveen 0761 07 7780

Information is also available online at [citizensinformation.ie](http://citizensinformation.ie) and from the Citizens Information Phone Service, 0761 07 4000.




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But actually this is the real truth of all of our lives. We are ALL simply doing the best with where we are and what we have. You cannot be anyone else but you! No one else can be you! No one else can live your journey. No one else can walk your path; go through what you've been through. No one else can shine your light, learn your lessons or tell your stories. You have to do it! It's your job!

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**11 VW Golf** 1.6 TDi, 95kms, White

**11 Kia Ceed S.W.** Manufacturers warranty to 2017

**10 Hyundai i30** 1.6 CRDi, comfort, 90k

**10 Kia Procede** 39k, Manufacturers warranty to 2018

**10 Citroen Picasso** 1.6HDi, 35k, 1 owner, Full S/H

**10 Nissan Qashqai** 1.5DCi, 60k, Panoramic Roof

**10 Ford Mondeo** 2.0TDCi, Titanium, Panther

Black, alloys, 1 owner, Full Ford Service History

**10 Ford Focus** 1.6 TDCi, sports, sat nav, bluetooth,

alloys, fogs, 83k, full Ford S/H

**09 Audi A4** 2.0TDi 92k, Black, Full Audi S/H

**09 Ford Focus** 1.6TDCi, Titanium, 97k

**09 Ford Focus** 1.6 TDCi, Titanium, Full Ford S/H

**09 Kia Procede** 1.6, Alloys, Fogs, 3dr H/B

**09 Ford S-MAX** 2.0, Zetec, 79k

**08 Ford S-MAX** Titanium, 75k

**04 VW Bora** 1.9TDi, NCT Tested, Silver

**03 Skoda Octavia** 1.9TDi, silver, 1 owner

### CARS

**08 Kia Rio** 1.4, Automatic

**07 Suzuki Swift** 1.3, NCT Tested

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## MOTORBIKE SAFETY

Operating a motorbike safely is much more physically and mentally demanding than driving a car. Are you physically able to ride safely? Are you mentally prepared to ride and concentrate on the riding tasks? Many things can impair either or both. Some things are rather obvious, some not.

Consider this list:

- You have had a drink in the past two hours.
- You are just getting over a pretty bad case of the flu.
- You are upset or angry.

It is obvious that item 1 will impair your physical abilities to operate a motorcycle and depending on how much you've had to drink you could be breaking the law. Item 2 is less obvious but potentially just as dangerous. You may feel MUCH better, but after a day or two of extreme weakness and bedrest, you are not back to 100% as quickly as you may think. Your bike falling from under you when your leg is too weak to hold it up at a stop is not the time to realize it. It would be impossible to list all things that could impair your abilities. The key is to be aware of your physical and mental condition and save the ride for later if there is anything that could substantially impair either. Your life may depend on it.

### RIDING GEAR

When most people hear the term "riding gear", they think of things that will lessen injury in case of a fall. While that is a big part of it, riding gear can and should be used to help keep you from falling in the first place. Never thought about it that way? If not, you're certainly not alone. Proper riding gear is used to maintain comfort as well as provide crash protection. Discomfort can actually CAUSE a fall.

So what is proper riding gear? It depends on the conditions, but at minimum it is:

- An approved helmet. The helmet should fit

snugly but not be too tight. In other words, it should be comfortable. Besides being the best defense against head injury in case of a fall, it is also the Law.

- A long-sleeved shirt or jacket, snug at the wrists.

● Long pants. If your bike should fall over at a speed greater than, say, 3 mph, one of your legs will likely contact the ground. Bare flesh is no match for the rigid substances that our transportation folks like to make roads from. Long pants also offer adequate protection for your legs from the extremely hot parts that many bikes like to show off.

● Full-fingered gloves. Besides abrasion protection, gloves usually offer a better grip on the controls, especially in condition extremes. In the cold, you will need them to stay warm. In the heat, sweaty hands or fingers may slip off the controls. Gloves offer a buffer against this. They also provide some level of protection against flying objects, such as rocks picked up by traffic or insects, that inevitably will collide with your hands.

- Eye protection. This may be goggles or a visor.

● Sturdy footwear, preferably leather and preferably over the ankle. Besides the obvious abrasion protection, on most motorcycles there are many hot parts that reside near your feet and ankles. You should avoid long or dangling laces. Your quick thinking may be put to the test if you come to a stop and your foot won't go down because you have a lace caught in the shifter or brake pedal.

Tailor your riding gear to the conditions you will encounter!

### DRIVING IN EUROPE

#### Rules and regulations you need to know

Its that time of the year when people are planning their holidays and if your plans



include a trip abroad then here are some things for you to remember.

When driving in Europe, there are numerous rules and regulations, by laws and procedures that differ from country to country.

**The following are a list of what you need:**

- Driving Licence and/or International Driving Permit (IDP)
- Vehicle Registration Certificate (Log Book)
- Evidence of Motor Insurance
- Passport
- A Warning Triangle
- Nationality Plate
- Headlight Converters / Dipped Headlights

In preparation for hard driving over unfamiliar roads, have your vehicle serviced before you go. Make sure that you have clear all-round vision; ideally, rear view mirrors should be fitted to both sides of your vehicle. If your car's tyres are likely to be worn down to below 2mm before you get back, replace them before you leave.

## AHERNS TEAM UP WITH OPEL/VAUXHALL OWNERS CLUB AND THE CIRCUIT OF KERRY

Aherns are delighted that this Saturday 5th April, we will be joined at our Showrooms in Castleisland by the Opel/Vauxhall owners club of Ireland. On the day there will be some fantastic vehicles on display, including great names like Manta, Chevette and Kadett. There will also be a selection of trucks joining us. The cars and trucks will be on display from 11-4 pm, and everyone is welcome to join us. Of

course the current Opel range will also be on display in our showroom, including the All New Adam, Mokka and the New Opel Insignia. We are delighted also to be stage sponsors of this weekend Circuit of Kerry Rally. We would like to wish the best of luck to all crews involved. For more information contact us on 066 7143000 or log onto [www.aherns.ie](http://www.aherns.ie)



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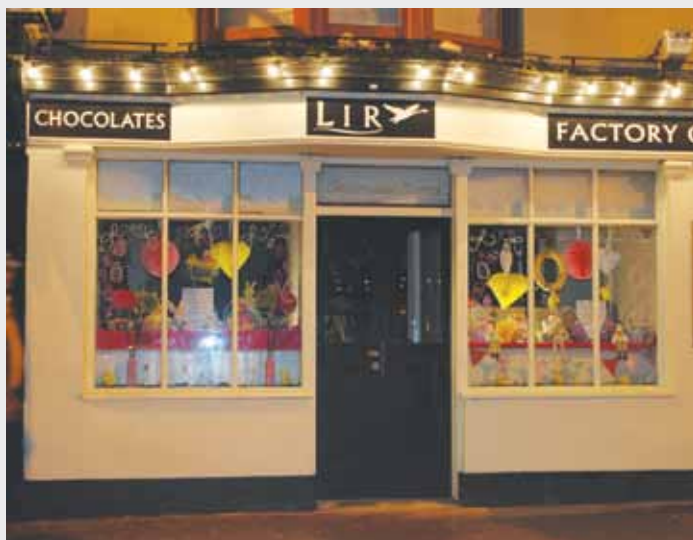
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## CD LAUNCH IN AID OF RECOVERY HAVEN CANCER SUPPORT HOUSE

Ceili and Dance plus CD Launch, with Richard and Den and Causeway Musician Steve Donegan at the Carlton Hotel, on Friday 11th April at 9pm. Admission €5 to include Raffle.

## TRÓCAIRE FAST

Can you help to make a difference this Lent by taking part in Trócaire's 24 hour Fast on Friday 18th April 2014! Ask your family and friends to sponsor you. If you don't want to give up food for the day, you can give up anything else you want.. as long as it's a challenge! Try giving up your phone or social media. You can fundraise online by creating an online sponsorship page through visiting Trócaire's webpage, and then sharing it with your family and friends.

Alternatively, you can email Jennifer Brennan at [jbrennan@trocaire.ie](mailto:jbrennan@trocaire.ie). Jennifer will send you out a fast fundraising pack which includes your sponsorship cards, stickers and a poster. Everything you need to help you fundraise.

## MARRY IN APRIL IF YOU CAN, JOY FOR MAIDEN AND FOR MAN

In the old days, many Irish brides wore a wreath of wildflowers in their hair; they also carried them in bouquets. In Wales, brides carried live myrtle and gave a sprig to each bridesmaid which they planted. If it grew, the bridesmaid would marry within the year. In Ireland couples added a sprig of shamrock to the bride's bouquet and to the groom's buttonhole flower for good luck. A bride and groom would take three mouthfuls of salt and oatmeal as a protection against the power of evil.

A man should always be the first to wish joy to the bride, never a woman.

To meet a funeral on the road meant bad luck and if there was a funeral procession planned for that day, the wedding party always took a

different road.

When dancing, the bride must never take both feet off the floor because the fairies will get the upper hand.

It's also very risky to wear green and it's very bad luck for a bride or the groom to sing at their own wedding.

If the bride's mother-in-law breaks a piece of wedding cake on the bride's head as she enters the house after the ceremony, they will be friends for life.

At one time, the groom was locked inside the church on the wedding day in case he got cold feet!

## QUOTE FOR THE WEEK

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy - Martin Luther King, Jr. (January 15, 1929 – April 4, 1968)

## ON THIS DATE – APRIL 4TH

636 - Death of St. Isidore of Seville, creator of a twenty-volume encyclopaedia and patron saint of the internet.

1581 - Francis Drake was knighted by Queen Elizabeth I of England.

1774 - Death of Oliver Goldsmith poet and author born in either County Longford or Roscommon.

1818 - Congress decided the U.S. flag would consist of 13 red and white stripes representing the original Thirteen Colonies that rebelled against the British crown and became the first states in the Union, and 20 stars, with a new star to be added for every new state on the first July 4th following admission of one or more new states.

1933 - Paddy Hopkirk, international rally driver, born in Belfast.

1949 - NATO, the North Atlantic Treaty Organisation, was formed.

1951 - The Catholic hierarchy condemned the "Mother and Child" plan for free medical services, fearing the consequences of health education for women. Dr Noel Browne, Minister for Health, resigned; the scheme was

abandoned on the 6th of April.

1958 - 10,000 protesters arrived in Trafalgar Square, London as part of the CND / Campaign for Nuclear Disarmament the protesters included mothers pushing children in prams and singing peace songs, over the next four days they marched over 52 miles in rain and snow from London to the Atomic Weapons Research Establishment at Aldermaston. The march was held again in 1959, 1961 and 1962 when over 150,000 took part. In 1963 anarchists became involved which resulted in bad press for the peaceful march.

1968 - Murder of Martin Luther King Jr. allegedly by James Earl Ray at a hotel in Memphis, Tennessee. His assassination led to riots in more than 100 US cities. Ray was convicted of his murder and sentenced to 99 years in prison.

1973 - Construction of New York's World Trade Center was completed, its twin towers rising 1,350 feet above Manhattan officially became the world's tallest buildings.

## GOOD NEWS

A stray black lab mix, started hanging around Benavides Heights Elementary School in Eagle Pass, Texas about 7 years ago, when she was just a puppy. She would come to the school each day, play with the children during recess and accompany them to and from school.

While the pup was friendly, it was clear she didn't have a home. No one knew where she spent her nights or weekends, but she would show up every school morning, ready to spend the day delighting her friends. At first, the school staff was concerned about a dog on school grounds. But eventually they, too, grew to love the happy, good-natured dog and started feeding and caring for her. One Day everything changed for Debbie when she was hit by a car near the school. Her school friends sprang into action, staff member, Ronald Zawacki-Maldonado a school literary specialist rushed her to the veterinarian and, after several visits, it was clear Debbie would need specialised care. Mr. Zawacki-Maldonado decided he would cover the cost for her care, and give her a safe, permanent home with him. The accident had torn tissue on Debbie's legs and injured her spinal cord. Debbie spent weeks at the offices of the South Texas Veterinary Specialists in San Antonio, in treatment and physical therapy. Debbie's elementary school fans sent her get-well cards and Valentines to cheer her up while she was in treatment.

Thanks to the quick action of her friends at Benavides Heights, her new owner's kindness, and the work of her veterinary team, Debbie made a full recovery and is safe and sound in her new home when she is not visiting her friends in the Elementary School under the watchful eyes of her new owner.

## BEING AN E-ACTIVIST FEELS GREAT

Following 55,000 messages from the Walk

Free Community the Scottish Government has announced the introduction of world leading anti slavery legislation. Scottish Justice Secretary Kenny MacAskill said this response "confirmed strong support for Scottish human trafficking legislation"<sup>1</sup> and that the Scottish Government is "determined to develop legislation that gives our police, prosecutors and other agencies the powers to make Scotland a hostile environment for human traffickers, but also helps to identify and support the needs of victims. We know the Walk Free community had a huge role to play in making this happen. Over 50,000 of us sent messages in support of this proposal, the third biggest response to a process like this in Scotland's history. Walk Free is a movement of people everywhere, fighting to end one of the world's greatest evils: modern slavery. Slavery is illegal in almost every country in the world, but slavery still exists. As news media uncover shocking stories of modern day slavery, more and more people are waking up to the need to take action. The reasons why slavery still exists are complex. In many countries the fight against slavery is not a priority. In some countries, existing laws are not being enforced. In some countries, certain forms of slavery are so common that they are almost considered normal. Walk Free are determined to change this and their goal is to be the generation that ends modern slavery. There are many groups around the world working on the front line against slavery. Walk Free aims to amplify and extend their efforts. By gathering a global membership, using social networks and new technologies, and organizing campaigns and communities online and on the ground, they can make the fight against slavery a real priority across the world. Slavery has no place in the modern world. Together, we can build a world without it. A world where it is unthinkable to be treated like someone else's property. A world where those who steal other people's freedoms are brought to justice. A world where everyone can walk free. To become an e-activist all you need is access to the Internet and sign petitions, it doesn't cost you any money if you have unlimited usage and Care2 for example has a large list of causes ranging from child prostitution to cruelty to animals and practically everything in-between, the Care2 web site also has links to many other organisations such as Walk Free, you will also get opportunities to start your own petition should you feel strongly enough about something that is upsetting you. If you have ever wanted to make the world a better place for animals and humans, but didn't know where to start – then become an E-Activist, there is great satisfaction in knowing that a petition you signed on line has been successful, but there is sometimes a down side when a petition is not successful, when that happens you just move on to the next cause closest to your hearth and never give up fighting for human and animal rights around the world.

## JUST ONE ANIMAL THE WORLD HAS LOST

The largest carnivorous marsupial in modern times (standing about 2' tall and 6' long including the tail), the Thylacine once lived in mainland Australia and New Guinea, by the time of European settlement it was already nearly extinct, due to human activity. In Tasmania however (hence, the more common name of Tasmanian tiger or Tasmanian wolf) it lived on, with the last one confirmed killed in the wild in 1930. The last Thylacine in captivity died in 1936.

## A SCHOOL GROWING ITS OWN CLOTHES

Queen Elizabeth II High School in the Isle of Man has been growing its own clothes to tackle the fashion industry's impact on the environment. The tragic deaths in the factory fire in Bangladesh brought to pupils attention the problems caused by fast fashion. They were aware their peers were buying and discarding clothes quickly to keep up with fashion trends and wanted to educate people about the impact the fashion industry has on the planet. I came across a BBC news item on fashion designer Suzanne Lee, who grows her own clothes, and played it at an eco-committee meeting. A group of girls thought it would be great to try it themselves to highlight their concerns about throw-away fashion. All of the necessary equipment was bought online by their teacher who tried the project at home herself for health and safety reasons. Then the students began growing material in school in the art room. They only had a basic idea of how to do this and experimented with different amounts of tea, sugar and vinegar to see what worked best. The clothing material is created using a kombucha recipe, which is a mixture of bacteria, yeast and other micro-organisms which spin cellulose in a fermentation process. The bacteria feeds off the sugar and green tea, creating tiny fibres of cellulose that stick together to form a sheet. In 15 months they've made two waistcoats, an apron, hat and shoulder bag. Pupils have also experimented with different dyes and looked at how a range of metals affect the material. Growing material is best in summer months, unless you have access to a well-ventilated and heated room. You need a fairly clean and sterile environment, ideally away from classrooms. One of the bi-products of growing the material is a strong sweet vinegar smell. It was too much for staff and students at the school and they had to move the project to the school greenhouse. What's great about the idea is that it's a cheap project to run and you can recycle some of the equipment used, such as the fermented liquid, their teacher added. It's given pupils the chance to be involved in independent real life science by conducting their own experiments and research in a field that's relatively new. It's helped them develop their problem solving, teamwork and presentation skills. They've also

learned that real life experiments can take a long time and how to persevere when they come up against obstacles a spokesperson for the school said.

## HALFBIKE

The Halfbike is an ingenious personal transport vehicle that allows the rider to pedal and manoeuvre in an upright position. The rider controls and brakes through a single, central handlebar. Holding onto this central stick, user balances on the pedals, which drive the main front wheel forward through a chain, while the two smaller wheels at the back provide extra stability. The designers liken the movement needed to propel the Halfbike to low-impact running or "bike-jogging." Turning is achieved by leaning one's body, and when users get the hang of it, the ride feels like "gliding": The handlebar is made from impregnated plywood, while the laser-cut, hand-welded frame is made from aluminum. Its compact, lightweight 17-pound design means that it can be easily taken aboard public transportation, lifts, carried up stairs or stored in smaller spaces that would not fit a conventional bike. Its combination of cycling and smooth assisted running provides a remarkably quick way of urban travel. Backers can get one of their own this summer if they pledge \$899 or more.

## FOUR OF GREAT BRITAIN'S TALLEST TREES ARE IN A GLEN NEAR INVERNESS

Forestry Commission Scotland (FCS) has said a Douglas fir in Reelig Glen, near Inverness, was now Britain's tallest tree at 217.10ft (66.4m). The fir is taller than Dughall Mor, a Douglas fir in the glen that had held the record as Britain's tallest. It is also the tallest conifer in Europe. The other three Reelig trees all measure higher than 147.7ft (45m). They are the tallest larch in Britain at 157.5ft (48m), a 154.2ft-high (47m) Norway spruce and Britain's tallest lime tree which stands at 150.11ft (46m). FCS said the trees formed a grove of the largest concentration of trees exceeding 180ft (55m) anywhere in the British Isles and that many of the glen's trees were planted in the 1880s. Giles Brockman, environment manager for the commission's team in Inverness, Ross and Skye, said "We've always known that we have some of the finest air and richest soil up here, but we're beginning to think there might be something special about the waters in the Moniack Burn too. It's quite something to have four of the tallest trees in Britain and to have one of those also hold the European title is pretty amazing. The tallest conifer was recorded in Reelig Glen last year during a survey and has been published in The Tree Register, a charity that collates and updates a database of notable trees throughout Britain and Ireland. The world's tallest tree is a giant sequoia in the US called Hyperion. The redwood stretches to 379.1ft (115.5m) tall.



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## COPING WITH LOSS

Whilst we can't control everything in our work environment, we're not powerless to make some changes – even in very difficult circumstances. Fear of losing our job, increased pressure to perform to meet rising expectations, staff cutbacks and increased overtime can all lead to excessive workplace stress. The way in which we deal with workplace stress and pressure is crucial. The key factor is to focus on those things that are within our control – namely ourselves. The better we are at managing our own stress, the less we will be affected negatively by other people's stress. Strategies to manage our own stress include

It is important not to ignore the warning signs of work stress as these can lead not only to less productivity and effectiveness but to physical and emotional problems. Some signs and symptoms of excessive job stress include lack of interest in work, sleeping problems, social withdrawal, headaches and muscle tension, fatigue, difficulty concentrating, feeling anxious or irritable and stomach upset. If you are experiencing any of these symptoms then it is time to take action. Taking care of you involves making more positive lifestyle choices – one step at a time.

1. Keep Active. Regular exercise is a powerful stress buster. Try to get at least 30 minutes of heart-pounding exercise at least 5 times a week. This will enhance your mood, increase your energy and relax your body and mind.
2. Healthy eating is vital for dealing with stress. Eat small but frequent meals to maintain a balanced blood sugar, avoid mood swings, keep your energy up and help you to concentrate.
3. Smoking can lead to higher levels of anxiety as nicotine is a very strong stimulant.
4. Don't drink to relieve job stress as this can lead to problems down the line.
5. Aim to sleep for 7-8 hours per night as a good sleep can keep us emotionally balanced and better resourced to deal with stress.
6. We've all heard how 'a problem shared is a problem halved' – so share how you are feeling with family or friends.
7. Prioritise and Organise your responsibilities. Good time management and organization can significantly reduce stress levels. Make a list of 'to-do' tasks and attend to them in order of importance – with high priority tasks first.
8. Break tasks into small steps – and focus on each manageable step one at a time. This will prevent you from getting overwhelmed by taking on everything at once.

**Next week we will look at further strategies to reduce Workplace Stress.**

SouthWest Counselling Centre Killarney provides affordable professional counselling to children, adolescents adults and couples – both at its Killarney Centre (Lewis Road) and at Kenmare Family Centre. [info@southwestcounselling.ie](mailto:info@southwestcounselling.ie). Kerry LifeLine provides **FREE counselling and support to anyone feeling suicidal or bereaved through suicide.** [info@kerrylifeline.com](mailto:info@kerrylifeline.com) To make an appointment call **064 6636416**

**SouthWest Counselling Centre is a not-for-profit organization. All funds raised through fundraising go directly to service provision.**

## Health Matters....

*With Dr. Michael O'Doherty*

### Hypothyroidism – Underactive Thyroid

#### WHAT IS HYPOTHYROIDISM?

Thyroxine is a hormone made by the thyroid gland in the neck. It is carried round the body in the bloodstream. It helps to keep the body's metabolism working at the correct pace. Many cells and tissues in the body need thyroxine to keep them going correctly. In contrast, if you have hyperthyroidism, you make too much thyroxine. This causes many of the body's functions to speed up.

#### WHAT ARE THE SYMPTOMS OF HYPOTHYROIDISM?

Basically, many body functions slow down. Not all symptoms develop in all cases. Symptoms that can occur include: tiredness, weight gain, constipation, aches, feeling cold, dry skin, lifeless hair, fluid retention, mental slowing and depression.

However, all these symptoms can be caused by other conditions, and sometimes the diagnosis is not obvious. Symptoms usually develop slowly and gradually become worse over months or years as the level of thyroxine in the body gradually falls.

#### WHO GETS HYPOTHYROIDISM?

About 1 in 50 women and about 1 in 1000 men develop hypothyroidism at some time in their life. It most commonly affects adult women and becomes more common with increasing age.

#### WHAT CAUSES HYPOTHYROIDISM?

The most common cause is due to an autoimmune disease called autoimmune thyroiditis. The immune system normally makes antibodies to attack bacteria, viruses, and other germs. If you have an autoimmune disease, the immune system makes antibodies against certain tissues of your body. With autoimmune thyroiditis, you make antibodies that attach to your own thyroid gland which affects the glands function. The thyroid gland is then not able to make enough thyroxine, and hypothyroidism usually develops. It is thought that something triggers the immune system to make antibodies against the thyroid. The trigger is not known. Some people with autoimmune thyroiditis also develop a swollen thyroid gland (goitre).

#### HOW IS HYPOTHYROIDISM DIAGNOSED?

A blood test can diagnose hypothyroidism. A normal test will also rule it out if symptoms suggest that it may be a possible cause.

#### HOW IS HYPOTHYROIDISM TREATED?

The treatment is to take thyroxine tablets each day. This replaces the thyroxine which your gland is not making. Most people feel much better soon after starting treatment. Blood tests are usually taken every 2-3 months, and the dose may be adjusted accordingly. Once your levels become stable a blood test once a year should be sufficient.

If you have any further queries please do not hesitate to contact us on

**064 66 20628**



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and Occupational Health Specialist  
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47 New Street, Killarney.  
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## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within your own broken heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted.  
**C.M.O.C**

## NOVENA TO THE SACRED HEART

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
Take it dear heart of Jesus and place it within Your own heart where your Father sees it.  
Then in his merciful eyes it will become your favour not mine. Amen.  
Say this prayer for three times for three days and your favour will be granted. Never know to fail. Must promise publication of prayer.  
In thanksgiving.

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
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Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted.

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received  
**x**

## NOVENA TO THE HOLY SPIRIT

O Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things you have given me as you confirm once again that I never wanted to be separated from you in spite of all material illusions. I wish to be with you in Eternal Glory. Thank you for mercy towards me and mine.  
This prayer must be said for three days, after three days the favour will be granted.

## PRAYER TO THE VIRGIN MARY NEVER KNOW TO FAIL

O Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in this necessity. (make request). There are none, that can withstand your power. O show me herein you are my mother. Oh Mary conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands, three times. Thank you for your mercy to me and mine. This prayer must be said for three days and after that the request will be granted and the prayer must be published immediately.

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received  
**x**

## NOVENA TO THE SACRED HEART

Sacred Heart and Our Lady a thousand thanks.  
And to all of the Saints for favours received  
**x**

## NOVENA TO THE SACRED HEART ST JOSEPH, PADRE PIO, ST ANTHONY, ST THERESA & ST JOSEPH OF CUPERTINO

### NEVER KNOW TO FAIL

You have said O'Divine  
Jesus ask and you shall receive, seek and you shall find, knock and it will open to you. Relying on these promises I come with confidence to beg of the favours that I need (make request). From whom shall I ask, Lord Jesus, If not from you whose heart is an unfailing source of graces and merits. Most loving heart of my God I believe in your power, I believe in your knowledge, I believe in your perfect love for me and therefore I place all my trust in you.  
Our Father, Hail Mary and Glory.  
Say 3 times for 3 days and request will be granted, Never know to fail. Must publish.

## THE MIRACLE PRAYER

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Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted.  
**C**

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Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted.  
**P.L.**

## NOVENA TO ST. CLARE

Ask St. Clare for 3 favours, 1 business, 2 impossible, Say 9 Hail Mary's for 9 days with a lighted candle.  
Pray, whether you believe or not.  
Publish on the 9th day.  
May the Sacred Heart of Jesus be praised, adored & glorified today and always.  
Request will be granted no matter how impossible it may seem.  
Publication must be promised.

## PRAYER TO ST. JOSEPH

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, Our Lord. So that, having engaged here below your heavenly power, I may offer you my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary contemplating you, and Jesus asleep in our arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls pray for me. This prayer was found in the fiftieth year of Our Lord and Saviour Jesus Christ. In 1505 it was sent from the Pope to Emperor Charles when he was going into battle. Who ever shall read this prayer or hear it or keep it about themselves, shall never die a sudden death, or be drowned, nor shall be burned in any fire or shall be overpowered in battle. Say for nine mornings for anything you desire. It has never been known to fail, so be sure you really want what you ask for. In thanks for request granted. **P.O.D.**

## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours. This time I ask you this special one, (mention favour).  
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Then in his merciful eyes it will become your favour not mine.  
Amen.  
Say this prayer for three days.  
Publication of prayer and favour will be granted.

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