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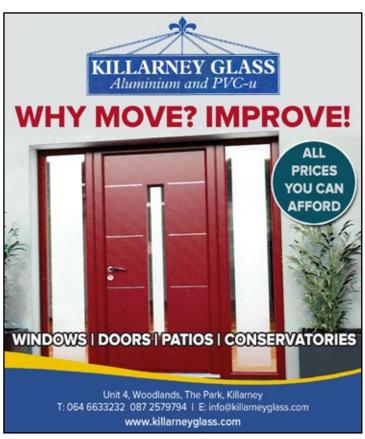
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Overall Pakman Winner - The Killarney Coffee Cup Project Pictured at the 2023 Pakman Awards are from left, Killian Tracey, local independent coffee shop owner, Louise Byrne, Sustainability Manager, and Ciara Treacy, Hotel Manager, from The Killarney Coffee Cup project. Picture: Naoise Culhane







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KILLARNEY'S CONNECTION TO THE RUGBY WORLD CUP WINNERS

See Page 4

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FROM THE EDITOR



Aisling Crosbie.

In a week that saw Killarney winning a major sustainability award, we have a spooky magazine for you this week.

Halloween took centre stage in Killarney this week with our younger residents enjoying dressing up and trick or treating.

A Killarney man has won a Rugby World Cup Medal as an analyst with the South African Team, tiny acorns are being planted in Killarney National Park and the Seniors Party at Listry Community Centre has made a welcome return.

It was graduation day for the students of MTU, the class of 1973 from St. Brigid's Presentation Secondary School gathered for a 50 Year Reunion and the Christmas ShoeBox Appeal is ready to go at Lissivigeen National School.

Killarney Valley Classic & Vintage are holding a 10 Year Anniversary Dinner, it's been a bumper year for the Firies Under 15 Boys and Jimmy takes a look at All Things Sport.

Hope you all enjoy this week's Killarney Outlook.

HELPFUL CONTACT NUMBERS

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ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand

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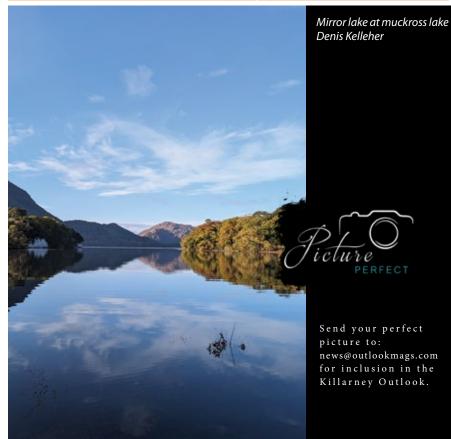
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KILLARNEY'S CONNECTION TO THE RUGBY **WORLD CUP WINNERS**

Killarney man was part of the backroom Ateam for South Africa at the World Cup 2023 in Paris on Saturday night last.

Paddy O'Sullivan was a video analyst with the Spring Boks South African Rugby team who won the Rugby World Cup last weekend.

The son of Ben & Marie Sullivan, Ballyhar and brother of Leonard and Molly, the former Intermediate School Killorglin student is steeped in rugby.

His dad Ben and uncles Kevin, Dee all played with Killarney Rugby as did Paddy and his brother Leonard. They both played underage all the way up with Killarney before moving onto Sundays Well for a few years.

In 2010, while living in New Zealand Paddy immersed himself in NZ rugby philosophy and became interested in rugby analysis. On returning he attained a post as Rugby Performance Analyst Intern for two years with Munster Rugby.

This was followed in 2015 by a move to France to Section Paloise Béarn Pyrenees in the far south (known to us as Pau) where Paddy held various coaching roles in the junior rugby sections, and worked as an Assistant Performance Analyst with their senior side. This was tremendous experience of Top 14 Professional Rugby in France and paved the way for a move to Top 14 side Montpellier in 2021 where Paddy remains today.

"Paddy was recruited to assist the South African World Cup campaign by SA coach Felix Jones who knew him since his Munster days. Montpellier granted him leave to undertake this wonderful opportunity with SA as video analyst - I believe one of his key areas was 'referee analysis' regarding game management. Paddy will return to his Montpellier role after the World Cup", Declan Fuller from Killarney Rugby Club told Killarney Outlook.



A proud Paddy O'Sullivan pictured with the Rugby World Cup in Paris on Saturday night last. Pic courtesy of Munster Junior Club Rugby



Paddy with French President Emanuel Macron



Paddy getting his medal from Sir Bill Beaumont!

Just a reminder....

The coffee morning to raise funds for the amazing work of the Night Nurses from the Irish Cancer Society will take place tomorrow morning, Saturday 4th November from 11am - 1pm at Killeen House Hotel.

In memory of Linda Lucey Eviston, organisers are hoping for a good turnout at the event.

There will be an opportunity to sit and chat and enjoy a cup of coffee and treats along with the chance to enter a raffle which has some fantastic prizes.

All money raised will go towards the Night Nurses section of the Irish Cancer Society.



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he Killarney Coffee Cup Project has been named the Overall Winner at the Pakman Awards 2023 for its outstanding work helping Ireland increase its waste recycling rates.

The community-led Coffee Cup Project was also awarded the Environmental Education and Awareness Initiative Award.

The Killarney Park and The Ross set up a grassroots project called The Killarney Coffee Cup Project with the goal of eliminating single use coffee cups from Killarney town centre. This initiative has resulted in the elimination of almost 70,000 cups. This project endeavours to change behaviours and perceptions towards single use items and strives to promote a beneficial transition to a circular economy. The initiative was also nominated for the Community Recycling Initiative Award and the Innovation in Waste Resource Products or Services Award.

Repak's Pakman Awards are held annually and celebrate Ireland's recycling and waste management champions who lead the way in their commitments to sustainability and the environment. Winning a Pakman Award is one of the highest accolades an organisation, company, community group or individual can receive for their environmental and waste management efforts.

The 2023 Pakman awards, which took place on Thursday night at The Shelbourne Hotel in Dublin, saw representatives from leading businesses and community groups come together to recognise excellence in recycling and waste management. All category winners on the night were automatically put forward for the Overall Pakman Award.

Another highlight from this year's awards saw three charities and community organisations, Naas Lions Club, Laura Lynn Foundation, and Dublin Simon Community receive a €1,000 donation each. Charities were nominated by attendees and pulled from a charity draw on the night.

Louise Byrne, Sustainability Manager for The Killarney Park and The Ross and one of the main drivers of the project said "It was fantastic to get recognition of the hotels work and of course for the Killarney Coffee Cup Project at the Pakman awards which are the Oscars in the sustainability world! However it must be said that the Killarney Coffee Cup project was not possible without the Killarney businesses wanting to be part of this change and they have leading the way for all towns in Ireland

The Killarney Coffee Cup **Project Named Overall Winner** at 2023 Pakman Awards



Overall Pakman Winner - The Killarney Coffee Cup Project

Pictured at the 2023 Pakman Awards are from left, Philip Nugent, Assistant Secretary at the Department of the Environment, Climate and Communications, Louise Byrne, Sustainability Manager; Ciara Treacy, Hotel Manager, and Killian Tracey, local independent coffee shop owner from The Killarney Park & The Ross initiative, with Séamus Clancy, CEO of Repak. Picture: Naoise Culhane

to be single use coffee cup free"

Last year's winners also had a Kerry connection, with a company owned by Sean Murphy of KWD was named the overall winner in 2022.

Limerick Polymers Production has been named the winner of the Overall Pakman Award, sponsored by Repak, at the eighth annual Pakman Awards. The awards saw representatives from leading businesses and community groups come together to recognise excellence in recycling and waste

management. All ten category winners on the night were automatically put forward for the Overall Pakman Award, won by Limerick Polymers Production.

The Pakman Awards, powered by Repak, is held annually and seeks to find and celebrate Ireland's recycling and waste management champions. Winning a Pakman Award is one of the highest accolades an organisation, company, community group or individual can receive for their environmental and sustainability efforts.

Thank You from



"On behalf of HeartBeat I want to thank all those whose support and involvement turned our RID & BID fundraiser into such a special event. To all those who donated so generously at our collection points. To our collection Team who were waterlogged one day! To all "the behind the scenes" Team who prepared the goods for sale and to our intrepid sellers over the three days. I also want to thank the hampers raffle Team for their

introduction of a Lucky Dip on Sunday which was great fun. I want to thank our Removal Team who packed everything away at the end of the day. Finally I want to thank Paul and Noreen of the Outlet Centre for their help and support and also those units in the Centre who were so kind to us" Billy DF O'Sullivan from Killarney HeartBeat told Killarney Outlook.



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Last year National Park and Wildlife Service Outdoor staff in Killarney National Park, collected over 30,000 acorns from registered collection areas of local provenance with Killarney National Park. Mainly the ancient Oak and Yew woodlands of Derrycunnihy and Muckross Peninsula. The woodlands are said to have the most extensive and oldest areas of native woodlands in Ireland and Northern Europe. The Outdoor Staff painstakingly sewed 31,375 acorns to be exact, mainly Sessile Oak, under

the supervision of Horticulturalist Gerry Murphy and Gardener Stephen Moore. Following successful germination in Springtime and then placed on outdoor benches in Summer. This week the regeneration of Oak is underway and pictured are: NPWS Outdoor Staff, James Doherty, left , PJ Murphy, centre, with NPWS Conservation Ranger, Tim Cahalane, are 'planting out' the precious Oak in Derrycunnihy woodland in Killarney National Park. Photo: Valerie O'Sullivan



10TH ANNIVERSARY CELEBRATIONS

AT KILLARNEY VALLEY CLASSIC & VINTAGE

Killarney Valley Classic & Vintage are holding a ten year anniversary dinner.

The event will be held upstairs at Killarney Racecourse on November 11th at 7pm but it is a ticket only event. There will be guest speakers such as Anna May McHugh, live traditional music, door prizes, 2 course dinner and much more.

All Vintage vehicles welcome to be on show. This will be a great evening especially for anyone involved in the club over the years.

"Tickets can be purchased from our Vintage shed on Thursday nights for €25", Tom Leslie told Killarney Outlook.

For more information contact Tom on 0872383809

INVITATION

University Hospital Kerry Pastoral Care Department

You, your family and loved ones are invited to the annual November Mass for all those who have died within the Hospital over the past year, including those who have died in Palliative Care Services, Maternity

Services, relatives of hospital staff and former staff members of University Hospital Kerry.

The Mass for the Dead will be celebrated on Monday 6th November @ 7pm in St Johns Church Castle Street Tralee.

This Mass will also be live streamed for those unable to attend in person. www.churchservices.tv/tralee or www.stjohns.ie

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ANAMCARAPLANNING

In May of this year, a wonderful group of supporters of Anam Cara walked part of the famous Camino de Santiago. Each person on the trip could relate to the overwhelming sense of loss, whether they had lost a child themselves or supporting someone, whos' child had died. Anam Cara are delighted to announce that the 2024 walk is in planning and the date is confirmed for next April.

Speaking about her experience taking part, one bereaved Mum said "I came across an advertisement for the Anam Cara Camino walk a few months after my son's death and completed one month before his first anniversary. Anam Cara has been so good for my mental wellbeing, and I had heard that people find great peace walking the Camino, so decided to find out more. With being able to focus on very little, they made the whole experience very easy from setting up our just giving pages and the detailed preparation information to the support along the way. I had the absolute pleasure of walking with other bereaved parents who understood what the experience meant to me. By sharing our stories along the way, I felt that each of us brought our children along with us on the journey. This was so much more than just a fundraiser and will be back on another Camino with Anam Cara soon!"



On the 28th of April 2024, the group will depart Dublin to take on the final section of the Portuguese Coastal Camino, where they will be walking from Oia to Santiago. The total distance is approx. 110km over the week. If you would like some more information, please contact Jamie on j.conway@anamcara.ie or 01 4045378. All funds raised will ensure Anam Cara continue their support services for bereaved parents, nationwide.

On Tuesday 14th November, Anam Cara will hold their Kerry meeting in The Meadowlands Hotel, Tralee @ 7:15pm. All bereaved parents in the area are most welcome to attend, regardless of age of the child or circumstances of death. For further information, please contact Anam Cara on 085 2888888 or info@anamcara.ie

Fáilte Ireland launches new 5-year tourism development plan for West Cork and Kenmare

Fáilte Ireland has launched a new five-year plan that will help drive and : extending the tourism season and spreading business across all parts of sustain tourism in West Cork and Kenmare at the Celtic Ross Hotel in Rosscarbery, Co. Cork.

The West Cork and Kenmare Destination and Experience Development Plan (DEDP) aims to create a sustainable tourism destination by the region over the next five years.

Key stakeholders in the area were consulted and contributed to the plan including Cork County Council, Kerry County Council, Pure Cork, local development companies and local tourism marketing groups, tourism

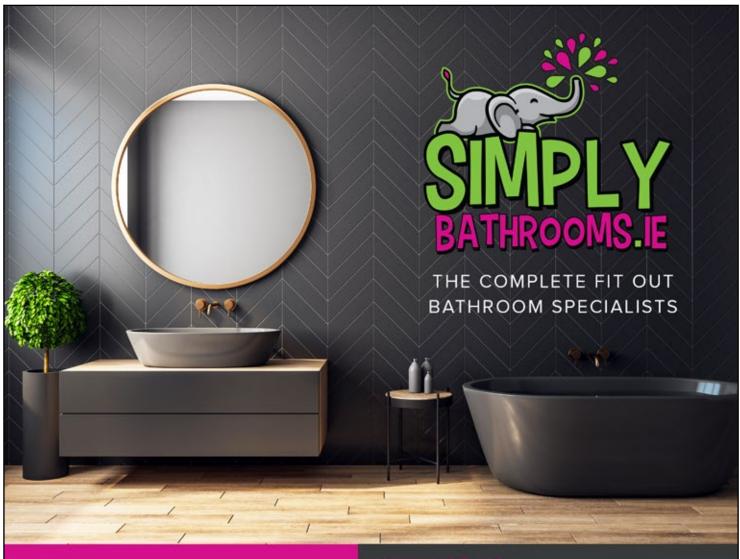
operators and local community groups.

The development of the five-year plan provides a shared vision and clear direction towards improved development, strengthening the promotion of the area's unique features by growing the destination's market share through the delivery of Priority Projects and hero experiences that seek to maximise the key strengths of the area.

The plan builds on a number of existing destination development projects that will bring local experiences to life including improved facilities for walking, hiking and water activities, the implementation of the Beara Breifne Way Masterplan, and the Kinsale Start/End of the Wild Atlantic Way. The Food in Tourism Action Plan aims to position West Cork and Kenmare as a premier national and international artisan food and drink destination. The DEDP also features plans to develop an integrated transport system and all-weather experiences to help extend the length of the tourism season.



Paul Kelly, Director of Regional Development at Fáilte Ireland; Des O'Dowd, West Cork and Kenmare DEDP Co-Chair and owner Inchydoney Island Lodge Spa; Josephine O'Driscoll, Wild Atlantic Way Team Manager at Fáilte Ireland, Miriam Kennedy, Head of Wild Atlantic Way at Fáilte Ireland; and Neil Lucey, West Cork and Kenmare DEDP Co-Chair, Owner Gougane Barra Hotel. Photo: Gerard McCarthy



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John & Mary Murphy, Killorglin.

Anne Lucey looks at the positive news happening in the town of Killarney



Courthouse relegated to the outhouse, yet again.

Sadly, we have again been left short when it comes to new court facilities. In an increasingly civic-minded lay society, where we gather in public is hugely important.

'Unfortunately the Courts Service was not provided with capital funding in Budget 2024 to progress this project,' Angela Denning of the Courts Service told the Kerry Law Society at the weekend.

The transfer of the site from the council to the courts service has taken too long, it seems.

There has been massive investment in court buildings in every county now - except Kerry. I cannot understand why our vocal TDs and senators, our senior council officials and their predecessors, historians and other much lauded leaders in Kerry have allowed this scenario in the birthplace of the great Kerry lawyer and humanist Daniel O'Connell.

I don't know who dragged their heels this time, or who was not bothered enough to put their shoulders to the wheel. The council are not exactly speed merchants, it has to be acknowledged. But there are some who suspect it suits the courts service to drag Kerry along and down.

Kerry family law etc will now likely be transferred to the new courts building in Limerick - which is underused.

'The entire courts infrastructure across Kerry is grossly inadequate,' the society said this weekend, calling on Education Minister Norma Foley, TD for Kerry to advocate on behalf of courts services in Kerry.

This column called on Minister Foley to come off the fence and start shouting for the courts in Kerry on October 6th - before the budget. We are still waiting to hear from Ms Foley.

In the meantime, a map has been submitted to TD Pa Daly by consultant engineer Tom Kennedy,

the owner of one of the several empty buildings surrounding the courthouse. It shows four buildings totaling 8,500 sq feet directly opposite the existing 10,00 sq ft courthouse on Ashe Street.

Return Hotels to the use for which they were intended

Close readers of this column will recall how it has sought to speak - carefully and with respect - about discrepancies between us and other countries in numbers of Ukrainian refugees arriving here and the strain on our main industry and health and other services. And inequalities with other groups like asylum seekers.

The national media are finally questioning the whole thing and are running the kind of stories it is their duty to run. (In complete contrast to the open debate of twenty years ago when immigration first began and open robust debate).

Leo our leader is out now saying the situation simply can't continue. The Government now says almost a third of new Ukrainian arrivals are transferring here from other safe haven countries - attracted by the far more generous welfare and other payments in Ireland.

There is also no means testing of Ukrainian refugees for social welfare money. This is a glaring anomaly with all other groups and is at odds with Spain, Italy, France and elsewhere .

We cannot continue to build a privileged class viz a viz all other social welfare recipients and other immigrant groups. And this has to be stated. Social cohesion especially with older immigrant groups, such as the Polish, who came here twenty years ago to work is at risk - if not already damaged.

The need to release hotels in south Kerry back to tourism 'the purpose for which they were originally intended', is featuring in a strong submission on the new draft local area plan for the Ring of Kerry, currently before the public.

Concern is mounting in the tourist dependent area - and in Killarney - about the growing impact on the region's main industry, tourism, with much of the tourist accommodation base continues to occupied by refugees and asylum seekers.

No other European country sacrifices its hotels

And as I write at least one more hotel on Muckross Road is being allotted to asylum seekers.

In Cahersiveen all three of the town's hotels are still contracted to host 500 Ukrainian refugees along with increasing numbers of international protection applicants.

There are currently 'just two hotels' open to tourists between Glenbeigh and Sneem, Jack Fitzpatrick, a well known community activist and a business man with 40 years in Cahersiveen has submitted to the draft Kenmare Municipal District Local Area plan. 'More must be done to bring the other hotels back into tourism, the purpose for which they were originally built and intended,' he said. Hotels are 'not suitable for long-term accommodation in any case,' Mr Fitzpatrick says. Other housing must be explored for refugees, he rightly points out.

Acronyms and other curtailed words

'When an SPA runs into an SAC and the NPWS has to contact the TII.' Sound familiar? It is called over use of acronyms and abbreviations. There is hardly a report or document these days that is not heavy with shortened words. So much so, there is now a risk some abbreviations will oust others. Local Government, central Government are especially culpable. I go through some of the reports before the county council and on Government websites and I strain to understand them. I can read Shakespeare with ease. Yet I cannot without reference to an accompanying explanatory list of abbreviations - and each has its own

personalised list - read documents that are meant to inform me of my rights, and my duties, in contemporary Ireland.

I was looking up the history of acronyms and this kind of shortening of words came in only around World War 11 - a wartime emergency language, useful in the age of the telegram and morse messaging. I doubt there are telegrams any more. Why are there so many curtailed words?

I give you an example of the acronym 'AA' - I pulled it from the Draft Local Area Plan from Kenmare now before the public. AA is the first in the list of over forty acronyms at the start of the plan - including SAC, NPWS, SPA

and TII (You have to keep going backwards and forwards to this list in order to read the south Kerry plan with any kind of coherence). By the way, AA stands for Appropriate Assessment in the plan. It may also of course in common parlance stand for the Automobile Association, or Alcoholic Anonymous.

CAP Climate Action Plan is another on the list. But isn't CAP already in use as the Common Agriculture Plan? See what I mean by one acronym threatening another? Let's get back to plain English, full words, please. Shakespeare is a cinch compared to the Draft local area plan for Kenmare!





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rätceanna Maisiún Ni Waldife Serv

Louis O'Toole, right, Author of 'Fungi of Killarney National Park' at the launch of his new book at Killarney House. The book has an inventory of 534 Species of Fungi recorded with a further 202 new species painstakingly recorded by Louis O'Toole. Launching the book is Dr Tom Harrington, Mycologist, Botanist University of Limerick who provided research advice and guidance for the book.

BOOK ON FUNGI OF KILLARNEY NATIONAL PARK LAUNCHED

The launch of 'Fungi of Killarney National Park' by Louis O'Toole took place at Killarney House on Thursday 26th October.

The book has an inventory of 534 Species of Fungi recorded with a further 202 new species painstakingly recorded by Louis O'Toole.

It is published by National Park and Wildlife Service. It is a mammoth masterpiece of wonderful photographs and text - a lifetimes work that is crucial to the understanding of mycological presence in the native woodlands.

Louis O'Toole, Author of 'Fungi Of Killarney National Park' will be on hand on Saturday, 4th November, in Killarney House, 11.00am - 1.00pm, to sign copies of his remarkable new book.

Photos: Valerie O'Sullivan



At the launch of 'Fungi of Killarney National Park' by Louis O'Toole, at Killarney House, were from left, Donal Dowd, liaison Committee Killarney National Park, Mary Sheehan, District Conservation Ranger, NPWS, Peter O'Toole, Former Conservation Ranger and Brother of Louis, Padraig Treacy, Killarney Chamber of Tourism and Commerce.



At the launch of 'Fungi of Killarney National Park' by Louis O'Toole, at Killarney House, were from left, Padruig 'Brac' O'Sullivan, Conservation Ranger, N{WS and organiser of talk series, Bridget O'Keeffe, CEO Killarney Chamber of Tourism and Commerce, and her partner Paul.



At the launch of 'Fungi of Killarney National Park' by Louis O'Toole, at Killarney House, were from left, Pat O'Toole, Karie O'Toole, Agnes Walker, Liz Thomas, Kay O'Donoghue.



A proud moment for Claire Tangney, as her mushroom she discovered 'Entoloma Caeruleum' features in the book 'Fungi of Killarney National Park' by Louis O'Toole





Killarney Chamber of Tourism and Commerce has paid tribute to the late Seán Ó Súilleabháin, the ultimate community activist and a very high achiever in life, who has passed away.

Seán, who was laid to rest in Dromavalla Cemetery, Killorglin on Saturday, was a larger than life personality who was always dedicated to improving the county he loved and he worked tirelessly in helping various communities to achieve the goals and targets they had set.

A founder member of the Kerry Mountain Rescue Team, he played a very significant role in its development into one of most successful and dynamic groups of its kind in the country and beyond.

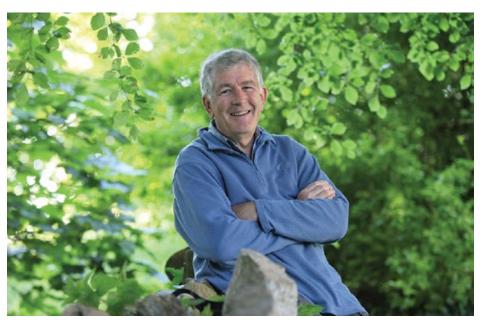
Chamber Joint Presidents, Johnny McGuire and Pádraig Treacy, said people with Seán's vision, sense of purpose, determination and can-do attitude are rare but wonderful.

"He certainly leaves a rich and full legacy and he will be remembered, with great respect and fondness, for his great work at a community level, a county level and a national level," the Chamber said.

The Killarney business organisation said Seán was the acknowledged founder and driving force behind the wonderful Kerry Way walking trail and he was an avid hiker, walker and guide all through his life.

Describing Seán as a passionate and inspirational environmentalist, the Chamber noted that he was also involved at the outset in the development of

Killarney Chamber of Tourism and Commerce pay tribute to the late Seán Ó Súilleabháin



the Cappanalea Outdoor Pursuits Centre, the South Kerry Development Partnership and the Go Ireland tourism initiative which was ahead of its time when founded.

Killarney Chamber of Tourism and Commerce extended sympathy to Seán's wife Marguerite, children Rory, Darragh, Orlaith and Ciara,

grandchildren Doireann, Maebh, Tom and Éanna, his brother Gearóid, sisters Nuala and Mary, and many other relatives and friends.

"Seán was an absolute gentleman whose legacy inspires us and will continue to inspire many future generations," the Chamber added.



Superb images for the first competition night of the season

Killarney Camera Club recently held their first competition night of the 2023/2024 season. This was an Open Digital Competition where members could submit any image of their choosing. There were 22 superb entries.

Congratulations to Conor Healy who takes first place in the Unrestricted category with his winning shot of 'The Local'. Conor's image depicts the well-known Ross Castle at sunset. Conor said "I took this picture on the 13th December 2021. We were at Ross Castle hoping to catch some nice sunset images. The clouds rolled in so we packed up our gear and just as we reached our car the sky lit up with amazing colours so we ran back and managed to get a couple of shots before the colours faded. I took this shot with my Nikon Z6 and 24-70mm lens."

Congratulations to all our winners especially to our new member Elizabeth Browne who came first in the Novice category and third in the Unrestricted category with her image of Dunmore Head.

All images from this competition can be seen on our Facebook page.

Our next competition night will take place on Thursday December 7th with a theme of Flora & Fauna.

New members are always welcome to join the club, if you would like further information please email secretary@ killarneycameraclub.ie or find us on Facebook – Killarney Camera Club



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ST BRENDAN'S HAUNTED SCHOOL; Halloween in the College Photographs by Michelle Cooper Galvin





the St Brendan's Haunted School Halloween in the College, Killarney on Friday.



Michale Pingo with Shane Tomlinson participating in the St Brendan's Haunted School; Halloween in the College, Killarney on



Michael Zihalie gets a big fright from Aiden Silavys at the St Brendan's Haunted School; Halloween in the College, Killarney on Friday.



Killian White and Samual Moore participating in the St Brendan's Haunterd School; Halloween in the College, Killarney on Friday.



Aiden Slavys with Aodhain O'Sulliavn participating in the St Brendan's Haunted School; Halloween in the College, Killarney on Friday.



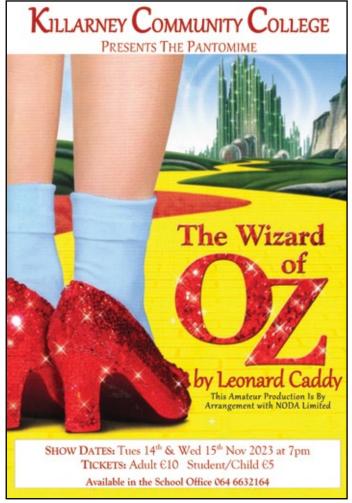
Fionn Griffrin, Uslan Atig and Darren O'Sullivan Darcy participating in the St Brendan's Haunted School; Halloween in the College, Killarney on Friday.



Peter Herlihy with the body participating in the St Brendan's Haunted School; Halloween in the College, Killarney on Friday.







RUN AWAY WITH THE CIRCUS

THIS NOVEMBER

The magnetic, energy and spectacle of the circus comes to Tralee this November 2nd to 5th for the National Circus Festival of Ireland (NCFI). Immerse yourself in a world filled with joy and laughter where performers push the boundaries of their own limits and follow their dreams. NCFI is an inspiring, edgy, contemporary and challenging festival that sets the standard contemporary circus performance in Ireland. Check out the full programme and purchase tickets from €5-€70 at www.circusfestival.ie

Highlights from the fun-filled weekend include:

EVENTS

Speģirial - A night of aerial arts not to be missed. Hosted by Elysia McMullen, enjoy performances from four aerial artists and four different disciplines in the beautiful surrounds of St John's Church Ashe Street.. Artists performing are Jenny Tufts/Aerial Hoops, Judenald M. Penders/Dance

Trapeze, Sean Mc Ilrath/Rope and Freddy Burrows (Straps). (Friday, 6pm)

Slips Inside by Company Okidok - Billy and Piotre have dream bodies, celebrity bodies. Muscular, elegant, skillful, facetious and well aware of all their incredible qualities, they embark on a great demonstration of their talent in its purest form. Expect the cream of acrobatics, the foie gras of mime, an hour of laughter without words. (Friday, 8pm)

Circus Siamsa - At the heart of and always a highlight of the festival is Circus Siamsa, a variety show, held each year in Siamsa Tkre theatre. As is the case every year, an entirely new show has been created by Fanzini Productions bringing the stars of contemporary circus, street and variety performance to the stage in Siamsa. It's a family show but not just for kids! (Saturday, 2pm + 5pm)

Stickman by Squarehead

Productions - Stickman is a performance which features: a man, a stick and a television. The man balances the stick on various, and sometimes awkward, parts of his body thereby setting himself and the stick in motion. (Saturday, 9pm)

Juventud - A performance of dancejuggling based on circus-inspired physicality setting a group of five jugglers to dancing, JUVENTUD sees itself as a progressing demonstration of freely-circulating movement, in which beauty is not looked for in orderly perfection but through a mongrel complexity in which the individual does not cancel out the group – and vice-versa. (Sunday, 4pm) 2023 Festival Parade - starting on Denny Street and making its way through Tralee Town Centre enjoy all the spectacle of the circus at this free event. (Sunday, 3pm)

WORKSHOPS & MASTERCLASSES

Circus & Juggling Convention and Aerial & Acrobatics Convention - Two four-day conventions full of intensive and adult workshops. (Both Thursday - Sunday)

Experiential Workshop with Duo RossoNeve from Barcelona - This workshop proposes to use the body as the only tool, and contact and trust as the only language. By guiding dynamics, games and challenges, this masterclass will teach and share experiences in order to reinforce self-esteem and empower self-censored capacities. (Thursday 4pm)

Copyleft Masterclass with Nicanor De Elia - Argentinian born Nicanor de Elia is a dancer, circus artist, choreographer and director. This masterclass is a space for research and study for jugglers, dancers and acrobats based on the principles of copyleft and improvisation in groups. (Friday, 2pm)

Children's Circus Workshops - Run away with the circus for a day and learn how to juggle, spin plates, to the hula hoop and throw the Diablo (Saturday + Sunday, 11am + 12pm)



Seniors Party Returns to Listry

The Listry Community Council are preparing to host a Christmas Party for the seniors in the area. The return of the Seniors Social Group has been welcomed by everyone in the area and the date for the party is November 28th.

Activities will begin with a mass by Fr. Broderick following by a Christmas Dinner. The talented students at Faha National School will entertain everyone with some beautiful Christmas Carols.

Everyone is welcome to join on the day and transport is also being provided for the seniors in the area.

To book your place for this Festive Fun Day Out contact the community centre on 064-6624919



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The return of "Spooky Sprint" Family Fun Run-fundraising event held in Kilcummin

was greeted by a crowd in excess of 300 people.

This fundraising event, which endured a short break due to Covid, was held in Kilcummin last Sunday to much acclaim.

The participants came in all shapes & sizes, young and old and everything in between and an array of Halloween costumes were on display by all in attendance.

The 4.5km route was festooned with spooky ghosts, wicked witch, a werewolf and ghouls, just to remind all that it was indeed, the "Spooky

"We were delighted with such a big turn out and everyone enjoyed their day" said Joanne O Sullivan, Chairperson of Kilcummin Parents Association who organised the event.

Once the hard work was completed, all returned to Kilcummin Recreational Hall for much needed refreshments and of course the now traditional array of confectionary items that would put any bakery to shame. Once everyone was refuelled, the Halloween party games

he return of the Family Fun Run, the "Spooky Sprint" to Kilcummin 🗄 began in earnest. The best carved & decorated Pumpkin as well as the best dressed competitions were officiated with winners announced and celebrated.

> And then, it was eyes down as the substantial raffle with fantastic spot prizes and guess the number of spooky eyes was held with much anticipation!

> Ann Marie O Leary from the parents association of Kilcummin National School stated "a lot of work and effort went into organising the day by a dedicated team of people and we want to extend a big thank you to everyone involved and to everyone who supported the day".

> The funds raised on the day will be utilised to support Kilcummin National School and Kerry Stars Special Olympics Club.

> Couple of photos to follow too. Would be most grateful if this could go into this week edition. Thanks as always for yer fantastic support always with all our events...



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CAMINO "TRY FOR CRY"

Aidan O'Mahony's Inspiring Fundraising Challenge Takes Off

Aidan O'Mahony, the esteemed CRY (Cardiac Risk in The Young) Ireland Ambassador and retired GAA player, in collaboration with his close friend Eoin O'Shea, have launched their unique fundraising initiative with CRY Ireland, "Try for CRY", scheduled to run from November 1st to December 14th. Instead of embarking on the traditional Camino, Aidan and Eoin are challenging participants to complete a leg of the Camino from the comfort of their own homes. The aim of the challenge is to get people out walking / jogging / running the distance of the Camino (a leg of it), and more importantly donating to CRY Ireland.

The beauty of "Try for CRY" lies in its inclusivity, with an open invitation



Pictured at the launch of Try For CRY was Garda Mary Gardiner, Liam Herlihy Cry Ireland, Garda Eoghan Walshe, Garda Aidan O'Mahony and Eoin O'Shea

for everyone to take part. The primary goal is to inspire individuals to step out, whether in their living rooms, gardens, or local parks, and complete a distance equivalent to a Camino leg, all while contributing to CRY Irelands crucial cause.

Aidan and Eoin will partake in the 200km challenge, but participants can tailor their challenge by choosing from a variety of distances, including 60k, 100k, 180k, or 200k, accommodating a wide range of fitness levels and preferences.

Aidan O'Mahony commented on the fundraiser: "'Try for CRY' is all about coming together and challenging ourselves for a cause that's close to our hearts. Even if we can't walk the Camino physically, we can walk it in spirit from our own homes, parks, gyms and that's a powerful way to make a difference. So I encourage everyone to join in and make sure to tag myself and CRY Ireland on social media to follow along on your journeys." Lucia Ebbs, CEO of CRY Ireland also added: "We are incredibly grateful for Aidan and Eoin's dedication to our cause. "Try for CRY" is a remarkable initiative that not only raises awareness but also encourages individuals to participate and donate what they can for a truly worthwhile cause. We invite everyone to join this extraordinary journey and be part of the positive change we can make together."

For those eager to get involved and support this cause, donations can be made directly at https://www.idonate.ie/fundraiser/AidanOMahony. Your contribution will go a long way in helping CRY Ireland fulfil its mission of protecting young hearts and providing essential support to families in need.

Tag @aomfitness1 and @cryireland on Instagram using the hashtag #TryForCRY

Chief Medical Officer and Chief Nursing Officer

ENCOURAGE 'FLU AND COVID-19 VACCINE UPTAKE

The Chief Medical Officer (CMO) Professor Breda Smyth and (CNO) Chief Nursing Officer (CNO) Rachel Kenna have encouraged everyone who is eligible to get their 'flu and COVID-19 vaccines this winter season.

The 2023/2024 influenza campaign began earlier this month for both adults and children. The seasonal vaccination programme will offer the following vaccines:

A 'flu vaccine in the form of a nasal spray for those aged 2-12 years. An injectable 'flu vaccine for all other eligible groups.

A COVID booster is also available for those aged 50 and over, and certain other categories including those who are immunocompromised.

There has been strong uptake for both vaccines to date, and the CMO and CNO are now reminding everyone to take the opportunity to boost their protection before the respiratory virus season reaches its peak.

The two vaccines can be administered at the same time and are available through participating GPs and pharmacies, and in healthcare settings for healthcare workers.

The children's nasal spray 'flu vaccine is also available to some primary school children in the school setting.

Walk-in vaccination clinics for healthcare workers are operating around the country.

Healthcare workers can avail of free COVID-19 and 'flu vaccines at walk-in vaccination clinics. Details of locations nationwide are available here.

The 'flu vaccine is available free of charge for: All persons aged 65 years and over;

Children aged 2 to 12;

Pregnant individuals;

Patients aged 6-23 months and 13 - 64 years at increased risk of flurelated complications;

Residents of Nursing Homes and other long stay facilities; Healthcare workers; Household contacts of people with underlying conditions or Down Syndrome;

Out of Home Care Givers (carers for people who have an underlying chronic health condition or have Down syndrome).

COVID-19 boosters are available for:

those aged 50 years and older

those aged 5-49 years with immunocompromise associated with a suboptimal response to vaccination

those aged 5-49 years with medical conditions associated with a higher risk of COVID-19 hospitalisation, severe disease or death

health and care workers

Pregnant persons, if it is more than six months since their previous vaccine or COVID-19 infection

Children who missed out on the 'flu vaccine in school can still get it through GPs and pharmacies.







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WARM

GOOD RESEARCH LEADS TO GOOD COURSESSELECTION AS 2024 CAO APPLICATION SEASON OPENS



CAO SEASON

While applicants have until the 1st February 2024 to submit a CAO application form, it's now time to start making good use of the remaining three months. The 2024 CAO Application season opens at 12 noon on Monday, 6th November. It's worth clicking into the applicant resources section on www.cao.ie to view the CAO video guides which will tell you everything you need to know about preparing and submitting your application. It's also advisable to do a practice run on the 'demo application' before beginning the official form.

TWO SECTIONS

The application form itself can be divided into two sections, namely general information and course choices. As the form is interactive you can continue to work on it until the normal closing date of 1st February. If you open your CAO account by 5pm on 20th January 2024 you pay a discounted application fee of €30. Thereafter, the fee increases to €45 until the closing date of 5pm on 1st February.

REGISTER

To register on the CAO system, go online to www.cao.ie and click on 'Apply.' Enter your personal details and supply a valid email address. Tick the qualifications and assessment sections that are relevant to you. For the vast majority of applicants that will be the Irish Leaving Certificate Exams (1985-2024). Select your payment option, which for the vast majority of applicants is credit or debit card. Create your password. Now click on 'Proceed with application' to obtain your 2024 CAO application number, which begins with 24. You have now opened your interactive CAO account.

LOG ON

Whenever you wish to log on to your account go to www.cao.ie and click on 'My application.' You will be asked to enter your CAO number, your date of birth and your password. You can complete the remaining steps at your leisure. It's a good idea to leave the Level 8 and Level 7/6 course lists unfilled until you have completed your course research.

ADD COURSES

Add your Level 8 (Honours Bachelor Degree) and Level 7/6 (Ordinary Bachelor Degree/ Higher Certificate) course choices by 1st February. To do this, click on "Add Level 8 course choices" and/or click on "Add Level 7/6 course choices." You may apply for a maximum of ten course choices on each list. List your courses based on your genuine order of preference. At the offer stage, you will be offered the course highest up on your list(s) that you are entitled

REQUIREMENTS

Every college has general entry requirements. For Leaving Cert applications for a Level 8 course, the minimum entry requirements are normally six subjects with at least Grade H5 in two subjects and at least Grade O6/ H7 in four other subjects. Each college also requires certain subjects in the chosen six. For example, the University of Limerick (UL) asks for Mathematics, Irish or another language, and English. On the other hand, University College Cork asks for Irish and English. Many courses also require specific entry requirements. Mary Immaculate College of Education (MICE) requires at least a H4 in Irish for its Primary Teaching degrees while UCC asks for a minimum of H4 in Biology for its Genetics degree. General and specific entry requirements for all courses can be found on the CAO home page. Just click on the "Courses" box and follow the instructions.

USER FRIENDLY

The CAO application form is straight forward and user friendly. The most critical step, of course, is the completion of your two course lists. The more research you do the more satisfied you will be with your course choices. For the next few months make good use of the CAO Handbook 2024, which is in PDF and personalised digital format. Identify the courses in which you have an interest. It's a good idea to record the codes and course titles, on a paper or digital notebook, for future reference.

GUIDE

This column will stand shoulder to shoulder with you in order to guide you safely through the CAO application process, with advice on career profiling, appropriate course selection and current employment trends. To be as informed as possible and starting now, devote an hour or two each week to course research. Aim to have about twenty choices for each list at hand by Christmas. Then by mid to late January you'll be in a strong position to select your top ten preferences on each list in order of your choice.

CHECKLIST

- The 2024 CAO Application season opens at 12 noon on Monday, 6th November
- · It's worth clicking into the applicant resources section on www.cao.ie
- It's also advisable to do a practice run on the 'demo application'
- To register on the CAO system, go online to www.cao.ie and click on 'Apply.'
- Complete your personal details to get your application no. and to open your account
- When you wish to log on to your account on www.cao.ie, click on 'My application'
- Every college has general entry requirements
- · Many courses also require specific entry requirements
- · The CAO application form is straight forward and user friendly
- The most critical step is the completion of your two course lists
- •The more research you do the more satisfied you'll be with your course choices
- · Devote an hour or two each week to course research

Billy Ryle is a Career Guidance Counsellor and Educational Commentator Email: rylebilly@gmail.com Tel: 087 9808979

Young pupils meet teacher David Clifford, teacher, Gavin White and teacher Arthur Fitzgerald at the Open Night in St Brendan's College, Killarney recently. Photo by Michelle Cooper Galvin



BALANCE TWENTYONE

NEW CLASSES

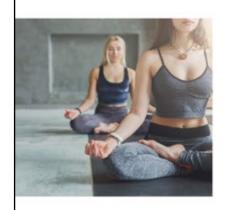


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6oz Beef Burger, Lettuce, Tomato & Red Onion served on a Brioche Bun

€12.00

THE SHIRE CHEESE (1, 3, 9, 11) 6oz Beef Burger, Cheese, Lettuce, Tomato & Red Onion served on a Brioche Bun

THE SHIRE FIRE (1, 3, 9, 11) €12.00

6oz Beef Burger, Cheese, Jalapeños & Hot Sauce served on a Brioche Bun

CHICKEN BURGER (1, 3, 9) €12.00

Lightly Spiced Chicken Breast. Lettuce, Tomato & Red Onion served on a Brioche Bun

VEGGIE BURGER (1,3,9) €12.00

Veggie Burger, Cheese, Lettuce, Tomato & Red Onion served on a Brioche Bun

€1.00

ADD BACON ADD A 3oz BURGER PATTY €3.00

KIDS

€6.00 SLIDERS x 3 & FRIES (1, 3, 9)

€6.00 GOUJONS & FRIES (1, 3, 9)

LOADED FRIES

€8.00 Bacon, Cheese & Jalapeños with Hot Sauce

€8.00 Taco Minced Beef, Jalapeños

with Cheese Sauce (1, 9

SIDES

€5.00 SKINNY FRIES (1)

SWEET POTATO FRIES (1) €5.00

€6.00 ONION RINGS (1)

€6.00 SPICY CHICKEN WINGS

ALLERGENS

1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Molluscs, 6. Soy Beans, 7. Peanuts, 8. Nuts, 9. Dairy, 10. Celery, 11. Mustard, 12. Sesame Seeds, 13. Sulphites, 14. Lupin

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MEAT FEAST (1, 6, 9, 11)
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Chorizo & Fajita Chicken

HOT & SPICY (1, 6, 9, 11) €12.50

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THE VEGGIE (1, 6, 9, 11) €11.00 Tomato Sauce, Mozzarella, Bell Peppers,

Mushrooms, Pineapple, Sweetcorn & Jalapeños

HAWAIIAN SPECIAL (1, 6, 9, 11) €12.50

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SIDES

€5.00 SKINNY FRIES (1)

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SPICY CHICKEN WINGS [1, 3, 10, 13] €6.00



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'DRIVING' GOLF TOURISM FOR KERRY

at International Golf Travel Market in Portugal

Tourism Ireland's drive to grow golf visitor numbers from around the world continued last week – at the International Golf Travel Market (IGTM) in Lisbon. Twenty-one (21) golf and tourism operators from Ireland – including Ballybunion Golf Club and SWING Golf Ireland (based in Tralee) – joined Tourism Ireland at this important event for the global golf travel community, which brings together more than 1,300 golf travel professionals from around the world. The companies from Ireland engaged in four days of one-to-one, pre-scheduled appointments, as well as networking sessions – which provided a valuable opportunity to negotiate and exchange vital contracts for 2024.

Sinéad Murray, Tourism Ireland's Acting Head of Business Partnership, said: "IGTM is a fantastic opportunity to showcase our world-class golf. This is just one element of Tourism Ireland's busy promotional programme to encourage more golfers from around the globe to consider a holiday in Ireland. Our message is that Ireland offers international golfers the complete package – with some of the very best golf in the world, spectacular scenery and the warmest of welcomes.

"We're also taking every opportunity to highlight the Natasha Johnston (fact that The Open will return to Royal Portrush in 2025 and the Ryder Cup will take place at Adare Manor in 2027. Tourism Ireland will be pulling out all the stops once again to



Golf and tourism operators from Ireland at the International Golf Travel Market (IGTM) in Lisbon, including Brendan Keogh, SWING Golf Ireland (back, fifth left); and Anna Maria O'Mahony, Ballybunion Golf Club (front, second right); with David Connellan (middle, third left), Audrey O'Connor (front, second left) and Natasha Johnston (front, third left), all Tourism Ireland.

leverage the tourism potential of these prestigious sporting events in our important golf markets around the world."

Christmas shoebox appeal



Christmas shoebox appeal has commenced, with schools, businesses and the public filling shoe boxes with gifts to send to vulnerable children in Africa and Eastern Europe.

Lissivigeen National School was the first school with 175 shoeboxes into the centre before the midterm break, followed closely by Kilcummin.

The Killarney shoe box appeal team are currently looking for volunteers,

If you are interested in volunteering please contact Sheila 087-7932482.





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LISSIVICEEN NS "SPOOKTACULAR" DAY

The children of Lissivigeen NS had a "Spooktacular" day on Friday. All kinds of witches, ghosts and goblins roamed the halls of the school. The children were then treated to a movie and popcorn courtesy of the Parents Association and were ready for a well deserved rest over the Midterm Break.

















More than 700 students from nearly 40 countries celebrate graduation day at MTU'S KERRY **NORTH CAMPUS**

More than 730 graduates conferred at Munster Technological University in Tralee with students hailing from 39 countries spanning all corners of the globe On Friday October 27 at MTU, Tralee, the 'Class of 2023' received their graduation awards at Munster Technological University's Kerry North campus on

All conferring ceremonies took place at the Kerry Sports Academy, a state-of-the-art sports facility that is home to the Health & Leisure Department and the Sports Programme at MTU in Tralee.

This year's graduating classes includes students from the School of Business, Computing and Humanities, the School of Hotel, Culinary Arts and Tourism, and the School of Health and Social Sciences and represent direct CAO applicants, mature students, international students, and those completing studies on a part-time basis.

The total number of students receiving their parchments on Friday is 732 ranging from Higher Certificates at Level 6 to Masters Degrees (Level 9) and Doctors of Philosophy (Level 10).

Testament to the multicultural diversity at MTU, this figure also includes 222 International students who hail from Canada, China, Germany, Greece, Hong Kong, Malaysia and the Netherlands, Zimbabwe, Kosovo, Syria and the United States, among many other countries.

MTU President Professor Maggie Cusack commented, "Conferring ceremonies are one of the highlights of our students' journey with us and a great celebration. We congratulate all of our graduates, their families, loved ones and friends as we recognise the hard work and dedication that led to this moment.

"While graduation marks the end of one part of our graduates' journey with MTU, it's also the beginning of a new chapter that may see them embark on further study through our Masters, PhD and Research programmes, or on rewarding careers across social, cultural, technological and industrial sectors. On behalf of everyone at MTU, I wish each and every one the very best for their future."



Pictured : Lisa Barrett and Ria Dunne from Kerry . Photos: Domnick Walsh © Eye Focus LTD



Niamh O'Donovan MTU Tralee



Leanne Daly, Bahhyheigue and Eimer Quinn,







Niketta Roche, Banna, Kerry and Caitlin Quirke, Firies, Killarney



Darren and Dáithí Sparling and Clare Louise Walsh



Kellie O'Donoghue and Becky Scally, MTU Tralee

Liam Carroll, of Lackabane, Fossa, with his fellow classmates celebrating having graduated with Honours in BA Criminology-International, at UCC.







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Noelle O'Riordan, Killorglin, with children Saoirse and Woody enjoying the Magic Show at the annual Halloween fancy dress parade.



Elsie and Kirsty O'Carroll and Laura Glynn, Killarney, at the annual Halloween fancy dress parade in Killarney Outlet Centre on Sunday.

SCARES & SHRIEKS FROM GHOULS & FREAKS

There were plenty of scares and shrieks courtesy of dastardly ghouls and freaks when the Halloween horror show that is the annual fancy dress parade in Killarney Outlet Centre burst into life on Sunday.

Pale-faced, blood thirsty vampires in dark cloaks roamed the silent hallways from early morning with wicked witches busily preparing their brutal brew while mischievous goblins got up to no good as they waited for the parading children to file through the doors.

The frightening freak show lasted for four long and terrifying hours and the enormous effort the children and their families made for the big event was mind-blowing.

There was real cause to be afraid – very afraid – when the parade got underway but fear turned to delight at the finish when some super prizes were given away.

The best dressed boy was Raymond Oliver Maguire, on holiday in Killarney for the weekend, and he went home with a fabulous four-

foot pool table, sponsored by World of Wonder, Killarney while the best dressed girl, 14-month-old Peyton Lad-Gupta, who lives in Killarney, won an amazing modern wooden kitchen, sponsored by World of Wonder, Killarney. The best dressed family prize of a visit to meet Santa at this year's Christmas in Killarney Festival, sponsored by Christmas In Killarney, as well as a family lunch, sponsored by O'Brien's Irish Sandwich Café, Killarney Outlet Centre, went to cousins Cathal O'Sullivan from Rathmore and Killian Moynihan from Knocknagree. All the others that took part in the spooky season parade, with ghosts and monsters in abundance, received goody bags to ensure that everybody went home happy after a fantastic day out. In addition to the parade, there were spellbinding magic shows, Halloween face painting sessions, a candle making workshop, free balloon modelling, free bouncy castles and a children's disco laid on by the team at Killarney Outlet Centre.

PICTURES: EAMONN KEOGH



Amelia and Shay O'Connor, Ella and Holly Fuller and Ella O'Driscoll.



Raymond Oliver Maguire, winner of the best dressed boy prize sponsored by World of Wonder at the annual Halloween fancy dress parade in Killarney Outlet Centre on Sunday. Included in photo are his mother Denise Smith, Noreen O'Sullivan and Paul Sherry, Killarney Outlet Centre, and 'Dracula'.



Mardia Buckley and Faye Buckley O'Connor with 'Dracula' at the annual Halloween fancy dress parade.



Carmel, Sean, Emily and John Brosnan, Killarney, at the annual Halloween fancy dress parade in Killarney Outlet Centre on Sunday.



Amy and Clara Horgan, Killarney, with 'Dracula.



Clara and Annabelle O'Reilly, Millstreet, with 'Dracula' at the annual Halloween fancy dress parade in Killarney Outlet Centre on Sunday.



Peyton, Lad-Gupta, winner of the best dressed girl prize sponsored by World of Wonder at the annual Halloween fancy dress parade in Killarney Outlet Centre on Sunday. Included in photo are her father Karan Lad-Gupta, grandparents Shanti Lal Lad and Shanta Ben Lad, Noreen O'Sullivan and Paul Sherry, Killarney Outlet Centre, and 'Dracula.'



Cousins Killian Moynihan, Knocknagree, and Cathal O'Sullivan, Rathmore, winners of the best dressed family prize, sponsored by Christmas in Killarney and O'Briens Irish Sandwich Cafe at the annual Hallowe'en fancy dress parade.



Peyton,
Lad-Gupta,
winner of the
best dressed girl
prize
sponsored by
World of Wonder
at the annual
Halloween
fancy dress
parade.



Katie Keating enjoying the candle making workshop at the annual Halloween fancy dress parade in Killarney Outlet Centre on Sunday.



Presentation Convent, Killarney, class of 1973, held their 50th reunion on Saturday in the Dromhall Hotel, Killarney.

Photo front from I-r: Margaret Ryan Buckley, Mary O'Leary, Bríd Murray, Ann O'Donoghue, Kathleen O'Mahony, Noreen O'Sullivan Casey, Mary Lyne McCarthy, Sheila O'Donoghue; middle row from I-r: Mary McSweeney, Aileen O'Riordan, Bríd Moynihan, Bríd O'Callaghan, Sheila Crowe, Sheila O'Sullivan, Breeda McCarthy, Agatha Pollock, Aileen Spillane, Aine Coffey Kelly, Judy Desmond (Murphy), Noreen Quill; back: Sheila Sugrue, Doreen O'Donoghue, Bridget Sweeney, Mary McGuire, Anne Murphy, Kathleen Spillane, Kathleen Murphy, Brida Sparling, Mary Downey.

BUMPER YEAR FOR FIRIES U15 BOYS

Firies U15 boys, young in their years yet ambitious in their efforts, set out their objectives for the season back in early 2023. Dedicated commitment to their efforts finally came to fruition on Sunday as they raised their third piece of silverware in 2023, completing the treble, a much sought-after accolade for the young men.

Their first endeavour on May 17th for silverware was a tense encounter against a fancied Keel/Listry outfit in Paddy Burke Memorial Park, Milltown with the Lee Strand U15 County League division one final where Firies left everything on the field and even at the long whistle, it couldn't be decided. Eventually, after extra time, with Firies triumphing on a score line of 3-16 to 3-14 and referee Paul Hayes' whistle sounded the commencement of their spree for 2023.

Their next immediate aim what to capture the coveted title of East Kerry League Champions and again it proved to be an epic showdown

again against Keel/Listry in Fitzgerald Stadium on September 7th. There was little room for error with both teams vying for glory, both retribution and reputation steering the rudder. It wasn't to be for the gallant boys of Keel/Listry with Firies securing their second piece of silverware for 2023; East Region League Champions.

Efforts to complete the treble were now in full flow and after comfortably overcoming their Kilcummin equivalents in round one of the East Kerry, Firies were put to the pin of their collar in Lewis Road, where Dr. Crokes attempted to squash the blues bid for glory but again Firies were not letting go of their objective and came away with a three-point surplus win.

Another final ensued on Sunday, 22nd September where opponents, Killarney Legion travelled to Pairc Eamonn to contest the U15 East Kerry Championship title for 2023. A plucky Legion side courageously tried but the collation of the Firies side efforts proved too

strong and Firies achieved their objective with great success.

Coaches Mike O'Shea praised their commitment this year with fellow coach Jordan O'Connor resounded the teams unwavering thirst for achieving their objectives. Experienced Dermie O'Mahony also guided the boys to task and with Conor Henderson looking after training, everything fell into place. Congratulations Firies!

Firies U15 Panel: James Barry, Kalen Browne, Marcus Clifford, Eoin Corcoran, Daire Cornally, Tom Costelloe, Anthony Cremin, Daniel Cronin, Kianan Cronin, Evan Doona, Conor Foley, Jayden Foley, Jonathan Galvin, Liam Harmon, John Henderson, Conrad Long, Aaron Moriarty, Sean Og O'Leary Griffin, Shane O'Loughlin, Kevin O'Shea, Jack O'Shea, Noel O'Sullivan, Padraig (Podge) O'Sullivan, Jamie Quirke, Isaac Vickers, Ryan Vickers Cian Walsh.



Firies Captains Shane O Loughlin, Liam Harmon & John Henderson



Firies U15 Boys after successfully winning the County League, East Kerry League and Championship Division one titles in 2023

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SUN 10TH DEC JOHN SPILLANE TICKETS FROM €20.85



SUN 5TH NOV GEARÓID FARRELLY TICKETS FROM €23.85



SAT 2ND DEC ABBAESQUE ICKETS FROM €21.75



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THIS WEEKEND!

MON 6TH NOV THE WATERBOYS TICKETS FROM €40.7



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SUN 5TH MAY TAKE THAT RULE THE WORLD TRIBUTE TICKETS FROM €25.00



SUN 19TH NOV COLDPLACE A TRIBUTE TO COLDPLAY CKETS FROM €34.90



SUN 3RD DEC STEVE SPADE THE LOST MAGIC TOUR TICKETS FROM €11.80



FRI 21ST JUN CHRISTY MOORE TICKETS FROM €46.2



SAT 25TH NOV THE DRIFTERS TRIBUTE CONCERT CKETS FROM €34.90



FRI 8TH DEC PA SHEEHY TICKETS FROM €29.05



THU 20TH JUN JIMMY CARR TICKETS FROM €39.70



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Dear Editor

Did you know that more than two-thirds of the 380,000 people estimated to have Chronic Obstructive Pulmonary Disease, or COPD, in Ireland, have absolutely no idea that they have the disease?

Most regrettably, there will likely be some reading this letter who fall into this category.

Indeed, according to the National Healthcare Quality Reporting System, between 2019 and 2021, there were 811 hospital admissions of people from Kerry due to

COPD is perhaps more commonly known as chronic bronchitis or emphysema. The sooner it is diagnosed and treated, the better the chances of preventing, or delaying, it from developing into severe COPD.

If you have been experiencing ongoing breathlessness, have a cough that won't go away, with or without phlegm, and are over the age of 35, then you are urged to seek a spirometry lung check.

Of course, exercise is one of the best things that we can do to improve our breathing and symptoms of COPD. This World COPD Day, Wednesday November 15, from 12

midday to 2pm, COPD Support Ireland will host a "Step Up and Step Out" virtual COPD exercise masterclass.

The online event for people with COPD will feature exercise coaching, physical activity challenges, and presentations from experts with lots of tips on how to stay active.

To mark the day, people with COPD and their supporters are also being encouraged to take part in the COPD Step Challenge and set themselves a challenge of a target number of steps, individually or as part of a group.

To register for the "Step Up and Step Out" exercise masterclass, or to take part in the COPD Step Challenge, visit www.copd.ie.

As always, if you have concerns about COPD, call the COPD Adviceline on Freefone 1800 832 146 (Mon-Fri, 9am to 5pm), to make an appointment to speak with a COPD specialist nurse or physiotherapist.

Yours sincerely

Joan Johnston **General Manager COPD Support Ireland** 51 Bracken Road Sandyford Dublin 18



Hugh Wallace calls on restorers in Kerry to get involved in the next series of The Great House Revival

Now more than ever, architect and television presenter, Hugh Wallace wants to meet people who are getting creative with their housing solutions - be it a one room cottage, an abandoned hay shed or something in between, he wants to hear from you!

Produced by Animo the fifth series of The Great House Revival is currently looking for homeowners to

feature. In particular they are looking for homeowners who have planning permission (if needed) and who are going on site to start their builds before

As the series is filmed over one year, the home would need to be mostly complete by September 2024 to be included in the show. Hugh and his team will follow the progress of restoration projects across the country, as owners reclaim beautiful buildings from the past to transform them into spaces for modern-day living. Hugh Wallace said: "I can't wait to travel



the length and breadth of Ireland once again to follow more brave restorers as they embark on their restoration journey. We're looking for wonderful projects from Kerry to showcase as many fabulous properties across the nation as possible".

Derrington, Maya series producer and director of The Great House Revival said:

"All over Ireland there are properties in need of serious repair and love, and The Great House Revival champions the bravery of those willing to take them on. Suitable projects include any old buildings that are about to undergo a restoration to be transformed into a home: church conversions, Garda stations, farmhouses, or Georgian townhouses and smaller city terraced homes. No restoration is too small."

If you, or someone you know is about to embark on a restoration of any kind, Animo TV want to hear from you - email property@animotv.ie

Approval confirmed for 61 new social homes in Kerry

Minister for Education and Kerry T.D : Norma Foley has received confirmation that approval in principle has been given for the purchase of 61 new homes in Kerry for social housing.

The Department of Housing, Local Government and Heritage has granted approval in principle to Kerry County Council for a turnkey development of 61 social homes at Springfield Drive, Ballyyoughtragh North, Milltown, Co.

The homes are a mix of three and four beds.

Minister Foley said: "I would like to

thank my Cabinet colleague Minister for Housing Darragh O'Brien for confirming that approval in principle has been awarded for this significant acquisition of 61 new homes for social housing in Kerry. "Housing is a key priority for Government and these much needed social housing units will help provide homes for those in Kerry that might need them most.

"I would also like to thank Kerry County Council for their ongoing hard work during these challenging times and their commitment to providing housing to all local communities across the county."



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AUTUMN/WINTER MENU



2 COURSES (main course + starter or dessert €30
ALL 3 COURSES €35 Available at our 6pm and 6:30pm seatings

STARTERS

Kenmare Bay seafood chowder, lemon oil (4,6,9)

De-shelled mussels and Spillane's smoked salmon risotto, scallion, parmesan, orange oil (4,6,9,12)

Winter salad of dressed leaves, pomegranate, smoked bacon, parmentier potatoes, pumpkin seeds, pickled red onion, cherry tomatoes, croutons and parmesan (4,6,7,13)

Ovenbaked Hanley's white pudding with homemade pineapple and chilli chutney, wrapped in filo, ruby port and clove jus (4,6,7,13)

A trio of mozzarella, hummus and sun-dried tomato crostini, carrot and poppyseed, black olive glaze (4,7,13)

MAIN COURSES

Pan fried hake, roast garlic mash, tomato and chorizo fondue, dill butter sauce (4,6,7,9,13)

Twice cooked belly of pork, ginger cabbage, BBQ sauce, apple chutney

Supreme of chicken, bell pepper couscous, smoked paprika aioli, salsa verde (1,4,6,7,13)

Goats cheese and roast vegetable tart, quinoa, beetroot and green olive (1,4,6,7,13)

Oven baked salmon, celeriac, hazelnut, lentil and bacon, balsamic butter sauce

All main courses are served with potato croquettes and vegetables

DESSERTS

Jaffa orange cheesecake, chocolate syrup and cinnamon ice cream (1,4,13)

Rhubarb Sundae layered with crushed gingernut cookies, custard, meringue, vanilla ice cream and cream (1,4,5,13)

Warm Crepe filled with mince pie ice cream, butterscotch sauce and toffee squares (1,4,9,13)

Belgian Chocolate Terrine, berry compote, chocolate malt balls and praline ice cream (1,4,5,13)

Allergens: 1.Eggs 2. Peanut 3. Soya Bean 4. Dairy 5. Nuts 6. Celery 7. Mustard 8. Sesame seeds 9. Sulphur Dioxide 10. Lupin 11. Molluscs 12. Crustaceans 13. Cereals

70th Celebrations at SHEAHAN'S PHARMACY





Pictured at Sheahan's Pharmacy, Killarney 70th Celebration were from left, Sheila Morris, Liam Sheahan, Kathleen Moriarty Finnegan, William Sheahan & Teddy Swrue.



Liam and William Sheahan pictured celebrating the pharmacy's 70th birthday in Killarney at the weekend



Pictured at Sheahan's Pharmacy, Killarney 70th Celebration were from left, Mary Schrall, Noreen O'Donoghue, Kay Breen, Joan O'Brien, William Sheahan, Joan O'Donoghue & Angela Griffin.



Liam and William Sheahan, owners of Sheahan's Pharmacy on Main Street celebrated 70 years in business with an open day and coffee morning in aid of the Kerry Hospice on Friday. Long serving staff members, Joan O'Brien, Vera Murphy, Thecla Murphy and Noreen O'Donoghue who have 130 years of service between them were presented with gifts anfd flowers in honour of their valued committment to the business which was opened by the late legendary GAA & Horse racing supporter Donie Sheahan in October 1953.





Pictured at Sheahan's Pharmacy, Killarney 70th Celebration were from left, Liam Sheahan & Denis 'Sargy' Leary.



Pictured at Sheahan's Pharmacy, Killarney 70th Celebration were from left, Jimmy O'Leary, William Sheahan & David Nolan.

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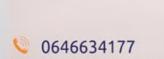
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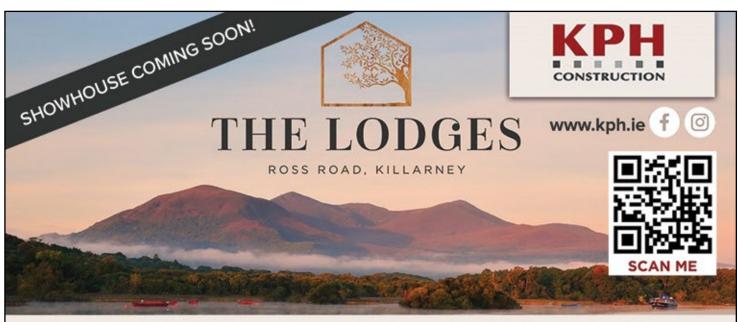
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Sherry FitzGerald Coghlan

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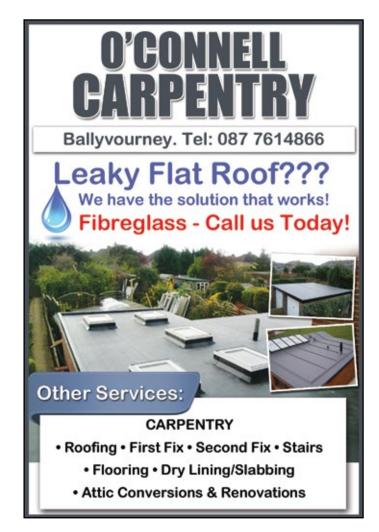
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MONEY MATTERS.

By Dermot Cronin, Financial Advisor



WHAT IS YOUR MOST IMPORTANT FINANCIAL ASSET??

Your house? No Your Savings? No Your Pension? No Your Income? YES.

If we take an example of a 35yr old person on an income of €35,000 from here to retirement, over the next 30 years until their retirement they will earn €1,050,000. Your house, savings, pension etc are all very unlikely to ever be worth as much to you as your income. So the obvious question to ask is what happens if my income stops due to illness, accident, sickness etc? The reality for most people is that your income will in most circumstances whether you are PAYE or self employed drop dramatically, for a PAYE worker you may only be entitled to Social Welfare sick pay benefit of €220 per week approx., a €35,000 income is €673.07 per week before tax, how would you survive???? It would be a financial disaster for most people to take such a **HUGE DROP** in income. Thankfully there is a possible solution which depends primarily on your occupation and your health, this is called income protection. If you have income protection you can receive up to 75% of your income while you are off work from illness, accident, injury etc even up to age 65+. So instead of receiving only €220 per week you could receive €504.80 (including social welfare payment) per week **EVERY WEEK** until you go back to work or reach age 65+ There is also substantial tax relief also for income protection which will dramatically reduce the cost of your income protection.

If you would like to make an appointment to discuss the above or want any further information you can contact Dermot Cronin at 0646622775 or dermotcroninifa@gmail.com





Scrap Daylight Savings or shorten 'winter time" - MEP Kelly

The EU and Ireland should scrap the biannual time change known as Daylights Savings Time (DST) or at least shorten 'winter time' by delaying the time change until November and starting 'spring time' a month earlier - in February, Seán Kelly MEP has said following last weekend's switch of the clocks.

"I have been campaigning to end the practice of ending DST since being elected an MEP. We nearly had an EU-wide agreement secured before the COVID-19 pandemic hit, but Member States failed to take action. I understand that Ireland, unfortunately did not push for the end of DST. There is some concern that because the UK is out of the EU, we could end up with two time zones on the island of Ireland. That is nonsensical, and would not happen in my view. It stands to reason that if the EU brings in this change, most other European countries neighbouring the bloc would follow suit. The EU has the power to enact this change", Kelly said.

 $\hbox{``In the very early hours of this Sunday morning, the clocks will 'fall back' an}$

hour, officially starting winter time. The time change has a very negative impact on people's health and wellbeing as studies have shown. It also has a very worrying effect on road traffic accidents too", Kelly warned.

"If I am re-elected as an MEP, I will commit to pushing for the end of DST. The EU could also seriously examine alternatives such as reducing the timeframe. For example, why not push the "fall back" from the end of October to the end of November? The 'spring forward' clock change could be on February 1st, instead of waiting for the clock to jump forward in late March", Kelly suggested.

The Ireland South MEP pointed out that morning light or dawn is particularly important in enabling the human circadian system to adjust internal time to the external dawn/dusk cycle and seriously impacts overall health and mental well-being.

"When we disrupt our natural rhythms, many people lose sleep leading to weakened immunity, increased anxiety and depression in some cases. It also means people are driving tired or less alert and are less able to concentrate leading to more accidents and a lower quality work performance", he added.

FAIR PAY FOR NURSES

The cost of paying a 10% pay increase to the nurses in our hospitals, could be funded from the large sums that are paid to Agencies to recruit nurses from abroad, according to Kerry Fianna Fáil County Councillor, Michael Cahill.

Councillor Cahill states that large numbers of our nurses are emigrating in search of better pay and conditions. He is seeking details of payments made to Recruitment Agencies to bring nurses from abroad in replacement, from the Health Service Executive (HSE).

"Instead of giving our overworked nurses a pay rise, as befits the long hours they work in intense Hospital conditions, the Health Service Executive (HSE) pay out large sums to Agencies to recruit nurses from abroad. This makes no sense to me financially or otherwise" stated the Rossbeigh based Councillor.

"Most of us have first hand experience of the difficult circumstances that our nurses work through on a daily basis, having been a patient or from visiting a loved one in their care. It must indeed be a vocation to take on such a demanding role as a nurse and no one can deny that they deserve to be given decent pay and conditions" said Councillor Cahill.

"Rearing our children to seek better pay in Australia or the LISA is not

"Rearing our children to seek better pay in Australia or the USA is not what any of us planned for" added Councillor Cahill.

CALL FOR REFORM OF TAX CREDITS

Kerry Fianna Fáil County Councillor, Michael Cahill has called for reform of the Irish Taxation system, where he says an inequality exists, where parents and guardians rearing children are treated differently, depending on their marriage status.

"Our Constitution vows to protect the institution of marriage and therefore, certain Tax Credits are available to married couples. Couples cohabiting, but not married, cannot avail of these Tax Credits. The whole issue has, at its centre, the children who, interestingly enough are also protected by our Constitution. My own personal belief is that the children should take preference and that all couples rearing children should be treated equally by our taxation system" stated Councillor Cahill.

"I have put down a Notice of Motion for the next meeting of Kerry County Council, calling in the Minister for Finance, Michael to bring equality to the Irish Taxation System, by removing this anomaly" said the Rossbeigh based Councillor.

"I have also written to Minister McGrath on the matter "added Councillor Cahill.

AlB's 2023 income results must result in a reprieve for hard-pressed mortgage holders - MEP Kelleher

Fianna Fáil MEP Billy Kelleher has said that AlB's gouging on Irish mortgage holders, which has resulted in heightened income levels for 2023, should result in a reprieve for hard-pressed mortgage holders. Kelleher, a member of the European Parliament's Economic and Monetary

Affairs (ECON) Committee, was commenting after AIB reported updated earnings for 2023, which showed that total income has increased by 70% versus the same period in 2022.

"Fundamentally, this growth in income is being driven by AlB's profits on mortgages. Their net interest margin, the difference between what it charges mortgage holders and what it pays depositors has now increased to over 3%.

"The bank has already been forced by the Government into passing on interest rate rises to deposit holders, but it doesn't go far enough. It's just not fair

"These are, for all intents and purposes, excessive levels of income, and

while AIB may have higher costs in terms of staff, it's time they helped Irish mortgage holders.

"What is also very worrying is the fact that AIB now holds over 32% of the total Irish mortgage market. We are in a near duopoly between AIB and

Bank of Ireland, with PTSB lagging behind.

"This isn't good for consumers and ultimately not good for the sector and the wider Irish economy. We need to lift the barriers that make entering the Irish banking market so prohibitive. Otherwise, our mortgage holders will continue to be gouged upon by our banks," concluded Kelleher.





TUESDAY 7TH NOVEMBER 12.30PM - 2PM **ARE YOU LIVING WELL THROUGH YOUR OLDER YEARS?**

This is your opportunity to come and join us at **Ballyspillane Community & Family Resource Centre** to meet organisations that can offer you support, services & activities that align with the life you wish to live.























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The Road Show takes place in a social setting with refreshments on the day at Ballyspillane CFRC All are welcome



BEAUFORT By Bridget Hartnett

>FIXTURES

Good luck to the Beaufort players, Mid Kerry Senior team and management in the Garvey's Co Senior Football championship final on Sunday, 5th November at 3.30pm in Austin Stack Park, Tralee.

Beaufort senior men will play the winner of Laune Rangers v Cromane in the Mid Kerry senior championship semi-final. Date to be decided.

>RESULTS

Beaufort 1.09 Laune Rangers 2.09 in Mid Kerry O'Sullivan Cup final. >LOTTO

There was no winner of Beaufort G.A.A. Club lotto jackpot of €15,400 on Sunday, 29th October. Numbers: 7, 10, 20, 25. Consolation Prizes: €80 Adele Keogh, Beaufort, €50 Gary and John Moloney, Lahard, Chris Courtney, Glenbeigh, Delia Casey, Alohert. The next draw for a jackpot of €15,600 will be held on Sunday, 12th November. Thank you for your support of the lotto.

>EXERCISE CLASSES

Winter classes are being held in Beaufort G.A.A Clubrooms, week nights Monday to Friday. Classes at present are Yoga and Pilates.

Pilates with Colleen include Ladies, Men's and Active retired classes. Please contact Colleen at 086 1731469 for times and details.

Yoga mixed class by Ondata-Well-Being. Please contact 085 1350417 for details or the Club at 087 9975737.

RATHMORE GNEEVEGUILLA

By Michael O' Mahony

>UNITY RIBBON TREE

A named ribbon will be placed on our Unity Tree on Saturday 4th of November and will remain there until Sunday 25th of November.

Our loved ones past and present will be remembered at each mass in Knocknagree, during this time. Please enclose names and donations in the envelopes which can be found in Knocknagree Church

➤ SUNDAY AFTERNOON DANCING 3pm – 5.30pm, Star Trax Music Venue, Knocknagree, Co Cork P51HH2Y. Sunday November 19th - Colm Burke. Sunday December 3rd - Muriel O'Connor & Fran Curry. St Stephens Day Dec 26th - Paudie McAuliffe

>RATHMORE SOCIAL ACTION undertake their October Challenge this month. They have commenced their annual door to door collections and will continue until the beginning of November. Proceeds from the collection will go to the continual development of our care programme for older people in the community. A portion of the funds raised will also go to support the humanitarian aid appeal for civilians affected by the recent outbreak of conflict in the Gaza Strip.

All members will present Garda permits at the door and an official receipt will be given following donation. If you have any queries please contact (064) 7758588. Your support for our services will be greatly appreciated

➤ ANNUAL CHRISTMAS MARKET on Sunday 26th of November 2023 at 10am to 1pm, Gneevequilla Community Centre.

>SHARE THE BUCKET

Gneeveguilla Community Facility Group reminds you that Share the Bucket takes place weekly. The draw is every Friday evening inTeach Fáilte @8.30 pm and can be viewed live on our Gneeveguilla Community Facility Group Facebook Page. This week's jackpot was €500 and the winner was Jane Collins.

>NOTES

If you would like to add to the notes please email Michael O'Mahony (momahony14@gmail.com) or ring or text 087-6676817 before Sunday

SPA Written by: Leanne Cronin

>SPA LOTTO 30/10/23

Jackpot €4200. Numbers drawn: 5,13, 16, 24. No winner. Lucky Dips €50 each to: Teeny Dempsey, Online. Mary Kenneally, Tiernaboul Donal O'Doherty, Online. Mike, Assumpta and Caoimhe McCarthy, Cummeen. Next weeks draw is for a jackpot of €4400

>EAST KERRY SENIOR CHAMPIONSHIP

Dr. O'Donoghue Cup 2023 Round 1 Spa v Gneeveguilla will be played Saturday 25th November at 2pm

>BEST OF LUCK

The East Kerry U17 Division 3 final Spa v Dr Crokes will take place Saturday 4th November at 12noon

>CONGRATULATIONS

Congratulations to Spa set dancers, Scór Sinsir Craobh na Mumhan winners 2023. We wish you the best of luck in your preparations for the All Ireland final which takes place in the Gleneagle INEC Arena on November 18th

Written by: Colette Leslie LISTRY

>LISTRY GAA

LOTTO NUMBERS DRAWN 15,17, 24, 27. €100 - Colin miller, Faha. €50 -Donal and Aoife Cronin, ballytrasna. €50 - selina o Connor, killorglin. €25 - Jiggy. €25 - MNCB Parker. Next jackpot 5th Nov €7,800

BEST OF LUCK TO ALL THE EAST KERRY TEAM AND MANAGEMENT

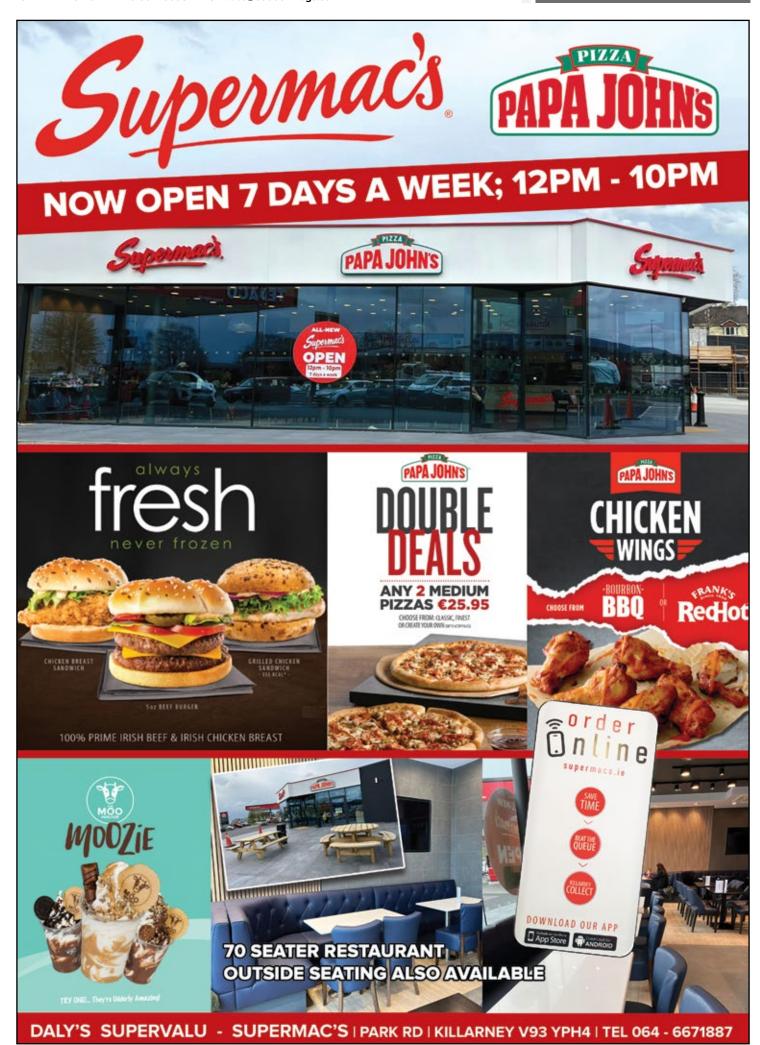
especially out listry players in the senior football county championship final v mid Kerry on Sunday in Austin stacks park at 3.30pm.

BEST OF LUCK TO OUR U15 KEEL/LISTRY TEAM who play laune rangers in the mid kerry championship final reply in Milltown on Sat the 4th Nov at 2.30pm come out and support.





Molly Gavin from Tralee Co Kerry pictured on her Graduation Day from Mary Immaculate College Limerick . Molly Graduated in Bachelors of Arts in Psychology and Sociology. Photo By: Domnick Walsh © Eye Focus LTD.



KILCUMMIN Written by: Helen Moynihan

>KILCUMMIN COMMUNITY

AUTUMN STATIONS

Mastergeeha stations will be held in their clubhouse on Monday 6th November for the townlands of Mastergeeha, Glounacopple, Reenalougha, Knockancore, Clydine, Toremore, Glounonea and Lacca at 7.30pm. Anablaha School area will be held on Thur 9th Nov for station areas Inch, Anablaha, Knockmanaugh, Tournonough, Milleen, Maulyarkane, Lyreatough and Ratheen at 7.30pm.

REMEMBRANCE MASS

Remembrance Mass for those who have died during the year. There will be a special Mass celebrated on Saturday 4th November @ 7.30pm in Our Lady of Lourdes Church, Kilcummin, in memory of those who have died in our parish from November 2022 to November 2023. We invite family, relatives, neighbours and friends to join us for this Mass. Parishioners whose loved ones have died and whose funeral took place outside of the parish and whose family would like to have them remembered please contact the parish office on 0646643176, Tuesday, Wednesday and Fridays 10am -12pm.. Please spread the word. Míle Buíochas.

HOLY SOUL MASSES

Dates for all the Holy Souls Masses, Sat 4th Nov @ 7.30pm, Tues 7th Nov @ 9.30am, Thurs 16th Nov @ 7.30pm, Tues 21st Nov @ 9.30am, Thurs 23rd Nov @ 7.30pm, Tues 28th Nov @ 9.30am. The November envelope is in your yearly box and there is extra envelopes in the Church porches

>ANABLA NATIONAL SCHOOL

Clothes Collection: Anabla National School will hold a clothes collection on Thursday 9th November. Donations can be dropped to the school from Wednesday 8th November. All donations are greatly appreciated. Please note: If dropping bags to the school on Thursday please do so before 9:30 am as collection will be at 10:00 am. As always, many thanks for your continued support.

>KILCUMMIN LADIES FOOTBALL CLUB

Annual church gate collection will be held before mass in Kilcummin on Saturday 4th and Sunday 5th November. All support appreciated.

>KILCUMMIN CCE

Ceol an Gheimhridh Kerry County Finals will be held on Saturday 25th



MASTERGEEHA FC U12 Girl's who defeated Tull's Utd in the u12 girls National Cup last weekend

November in MTU and Dúchas Comhaltas Centre, MTU. Age groups U11 & U14. Closing date for entries is Tuesday 31st October.

SYMPATH

The Kilcummin Branch extends it's sincere sympathy to Liam McHale on the sad passing of his wife Eileen. May she rest in peace. Liam is a former Vice Chairperson of our Branch.

>MASTERGEEHA FC

U12 GIRL'S NATIONAL CUP

Round 2 took place on Saturday in Kilbrean Park, where after extra time and penalties Mastergeeha took the victory. We now look forward to the draw for round 3.

Mastergeeha FC 1-1 Tull's Utd (Co. Clare), Mastergeeha FC winning 3-1 on penalties



Proceeds from a coffee morning held recently by BOI staff for Kerry Hospice Foundation presented to Pat Doolan. Included in the picture are Angela Curran, Dermot O Reilly, Cathal Walsh and staff of Bank of Ireland, Killarney.







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GLENFLESK Written by: Seamus Healy

>LOTTO

There was no winner of Glenflesk Lotto which took place on 16th October 2023 in Glenflesk Hall. Jackpot €5,800. The numbers drawn were: 9, 10, 21, 25. Consolation Prizes of €50 each to1. John Wall (online ticket). 2. Brendan O'Sullivan D'Arcy (Annual ticket). 3. Barry O'Sullivan (Annual Ticket). 4. Dan Murphy (Sellers' Prize). Next draw will take place in Glenflesk Hall on Wednesday 1st November 2023. Jackpot will be €6,000. Thank you to all who support our Lotto and to our sellers.

>SENIOR COUNTY FINAL

Best of luck to East Kerry team and management in the county final against Mid Kerry at the weekend and best wishes to our players including Daniel O Brien, Darragh Roche, Cian Lynch, Patrick Darcy, Killian O Sullivan and Luke Crowley.

>RAMBLING HOUSE

The Glenflesk Rambling House returns on Saturday 18th November from 8pm to 11pm, a great night of entertainment and fun not to be missed, everyone very welcome. For any more information contact Neilly Moynihan 0872357232 or Derry Healy 0872707899

>GIRLS U 16 EAST KERRY FINAL

Well done to our u16 girls who defeated Fossa in a thrilling East Kerry Final last week and well done also to manager Paud O Donoghue.

>NEW SENIOR REFEREE

Glenflesk are delighted to announce the appoinment of Evan Horan as a Senior referee to join Jimmy O Shea and Brendan Brosnan. Congratulations Evan and best wishes.

>CHRISTMAS PRIZE GIVEAWAY

In conjunction with the Kilcummin / Glenflesk GAA Clubs *'Night at the OsKaRs'* this December, both clubs have joined forces to bring you their 'Christmas Prize Giveaway'. A range of prizes are on offer with a total value in excess of €4,500. Tickets are just €10.00 or 3 for €20.00 and are available both online and locally from clubs members. All proceeds raised will be split 50/50 between both clubs. 'If you're not in, you can't win' - get your tickets now!!!. https://bitly.ws/YvVu

>THE OSKARS BY GLENFLESK AND KILCUMMIN GAA

Calling all Glenflesk & Kilcummin supporters at home and away..... Would you like to sponsor contact pages in the programme for our upcoming Oskars event taking place in the INEC on Thursday 7 December?. These content pages will detail some of the significant events in the history of

both clubs by way of photographs. There is an opportunity for individuals or families to sponsor these content pages at a cost of €100. This is an opportunity perhaps for individuals who are away from home and won't be able to attend the Oskars event but would like to support this important club fundraiser, however the opportunity to sponsor the content pages is open to any individual or family who wish to do so. Please note this sponsorship option does not extend to commercial businesses. Anyone interested please contact Shane O Callaghan (Kilcummin) - 086 2763577 or Derry Healy (Glenflesk) - 087 2707899.

Deadline 6th of November.

>WOMEN S SOCIAL CLUB

A womens social club is starting in Barraduff with the aim of providing a social space to women to meet, chat and enjoy some social activities together. The focus of the activities will be for older women. First meeting on Tuesday 7th November from 10-12. Phone Marie on 086-3584472 or Mary on 087-8529615.

>NEW YOUTH CHOIR

It is hoped that Glenflesk Parish will form a new youth choir next month. First rehearsal will take place in St. Agatha's Parish Centre on Saturday November 4th. @ 11am. Any person over 12 years old who's interested please contact Rosie on (087) 207 2512.

>NOVEMBER MASS FOR THOSE WHO HAVE DIED DURING THE YEAR

There will be a special Mass celebrated on Saturday 25th November at 6pm in St. Agatha's Church, Glenflesk in memory of those who have died in our parish from November 2022 to November 2023. Parishioners whose loved ones have died and whose funeral took place outside of the parish and whose family would like to have them remembered, please give names to Jackie before Monday 13th November.

>BARRADUFF COMMUNITY FIELD

Barraduff Community Field are holding a Christmas fair on Sunday the 3rd December. If you would like more information or want to book a space please contact Una on (087 2069462). Thanks to all who have booked. Spaces are limited

>BARRADUFF COMMUNITY FIELD 300 CLUB DRAW

Last few tickets still available at Denis O Brien Glenflesk, Costcutter Barradubh and any committee member.



Children from Maggie's Montessori Preschool enjoying their Halloween dress up party, raising funds for Children's Health Ireland (CHI).



Green Home Initiatives:

- ✓ Renewable Energy Upgrade (e.g., Solar panels)
- ✓ Attic, Floor, Wall and Pipe insulation
- ✓ Sustainable water/heating systems
- ✓ Door, Window or Boiler upgrades.
- Installation of energy efficient controls in the home
- ✓ Deep Retrofit

Green Transport Initiatives:

- ✓ Fully electric or hybrid cars
- ✓ Home Charger units
- ✓ Electric bicycles or motorcycles





Green Loan	AMOUNT	APR*	TERM	NUMBER OF REPAYMENTS	WEEKLY REPAYMENTS	COST OF LOAN	TOTAL AMOUNT REPAYABLE
Green Loan 6.5%	€20,000	6.7%	5 Years	260	€90.11	€3,425.21	€23,425.21
B1 & B2 Rating 5.8%	€25,000	5.96%	5 Years	260	€110.78	€3,799.70	€28,799.70
A Rating 4.79%	€50,000	4.9%	10 Years	520	€120.97	€12,901.77	€62,901.77

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FIVE POSITIVE GRATITUDE AFFIRMATIONS

In these times of change it is so vital to stay positive and full of hope for the future. One beautiful way to do this is by the use of positive gratitude affirmations. Affirmations are positive intentions or statements of what you would like to make firm or come true. They can be written down or simply repeated at certain times of the day. The key is to focus on them and really allow yourself to feel emotions of gratitude, joy and hope flow through you as you repeat them.

My top five positive affirmations

- I am grateful to open my eyes today.
- I trust that I am exactly where I most need to be in my life even if where I am feels uncomfortable.
- I am grateful for the people in my life. Those who are supportive and those I've learned from. I know that everyone I meet is a teacher in my life as I am for others
- I am grateful for the basics to breathe, to eat, to sleep and to move. I remind myself that not everyone has these basics. I remind myself that I am privileged to have these.
- I take a moment to remember all the great and small things done for me.

www.astridlonghurst.com



PREVENT DRY, CHAPPED LIPS THIS WINTER!

The skin on your lips is thinner than the rest of your body and it has no oil glands to protect and moisturise it. As the weather outside cools and heating is turned up indoors your lips start to dry out. So, protection is essential to prevent chapped lips. Hydrate from the inside by remembering to drink more water. Resist the urge to constantly lick your lips to keep them moist. Avoid salty foods as they can dehydrate your body further. Avoid lip gloss and matte lipsticks. Invest in an ultra-hydrating lip treatment to increase volume and keep your lips plump and moist by day and use as a lip mask by night. Eat high quality fats like fish oils and coconut oils to moisturise internally and boost your hydration levels. Increase your



intake of vitamin B, C & D if you have cracked peeling lips. Vaseline will create a barrier to prevent moisture loss, but it is not a treatment for dry lips. For persistent sores or rashes around the mouth area a medicated treatment may be needed to treat viral or fungal infections.

Noreen Mangan Tel: 0646630712 www.whatwomenwant.ie



HAVE A PLAN FOR INDULGENCES

Between trick-or-treat leftovers, holiday cheer, and goodies from the neighbors, fall and winter have become the time for indulgences. Heading into cooler weather without a plan about how to handle these indulgences is a recipe for disaster. Instead, decide ahead of time when or what you'll indulge in. One way to do this is to decide on specific times (once or twice a week) or holidays where you'll allow yourself to indulge. You can also make a list of your favorite winter-time indulgences, and only splurge from items on that list. No matter how you decide to do it, having a plan will help you make the choices you need to make to enhance your health.

EMBRACE HEALTHY COLD-WEATHER FOODS

The changing of the seasons doesn't automatically mean that all things must be rich in carbohydrates and/or sugar. Many cold weather foods make healthy options. Broth-based soups, squash, and roasted vegetables are all good ways to stay warm while still eating healthy. Don't feel like cooking? Take advantage of your crockpot and make comfort foods like chicken noodle soup or a roast with vegetables.

Fall and winter don't need to be a harvest of unhealthy food choices. Planning ahead and being prepared can help you stay on track with your health goals.

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PRESBYOPIA

What is presbyopia?

Presbyopia is the normal loss of near focusing ability that occurs with age. Most people begin to notice the effects of presbyopia sometime after age 40, when they start having trouble seeing small print clearly.

Presbyopia is caused by an age-related process. This differs from astigmatism, myopia and hyperopia, which are related to the shape of the eyeball and are caused by genetic environmental factors. Presbyopia generally is believed to stem from a gradual thickening and loss of flexibility of the natural lens inside your eye.

These age-related changes occur within the proteins in the lens, making the lens harder and less elastic over time. With less elasticity, this means the eye has a harder time focusing up close and we may have to hold material further away to see it clearly.

What is the treatment for presbyopia?

Presbyopia is a natural part of ageing and there is no cure for it. The solution is generally to wear glasses for reading

Contact lenses are also available for presbyopia if you do not want

to wear glasses.

Are there exercises I can do to stop needing reading glasses? Will I make my eyes worse by wearing glasses?

No. As presbyopia is caused by the lens stiffening, and not the muscles weakening. Wearing glasses will not make your eyes worse and there are no exercises that can help this. However, you may notice that when you take your glasses off, things appear to be worse without them than before you had them. This is simply because you are noticing how clear and comfortable vision should be. Before you had the glasses, you were unaware how blurry your vision really was because it changed slowly over the vears.

Presbyopia will get worse as you age until you reach your late fifties, when you will have no natural focusing ability left. Unfortunately there is nothing you can do to stop it.

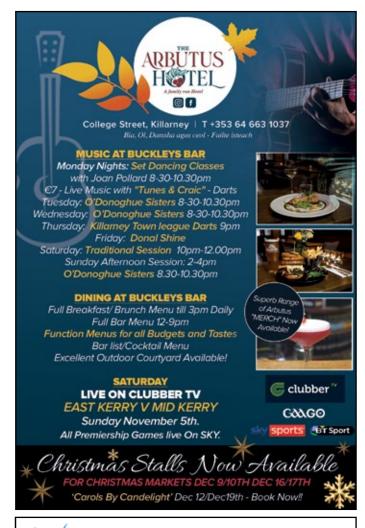
For any vision changes it is important to have a sight test to determine the cause.

For more information and honest advice contact us for an appointment.





At the launch of 'Fungi of Killarney National Park' by Louis O'Toole, at Killarney House, were from left, Kevin Tarrant, Donal 'Dux' O'Donoahue, Harry O'Donoahue, Killarney House, Frances and John O'Toole. The book has an inventory of 534 Species of Fungi recorded with a further 202 new species painstakingly recorded by Louis O'Toole.. Photo: Valerie O'Sullivan



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IS THE NEW OPEL CORSA COMING TO IRELAND? **OF CORSA IT IS!**

The new Opel Corsa arrives in Ireland this November, to take pride of place in Opel Dealerships nationwide during the Opel Open Road sales event. The new Corsa, which recently celebrated its world premiere at the 2023 IAA Mobility in Munich, impresses with its fresh new styling, featuring the characteristic Opel Vizor front face. The best-selling small car of 2021 and 2022 in Germany and the United Kingdom, the new Corsa will be offered in three trims in Ireland and will retail from €23,995, plus delivery-related charges.

James Brooks, Opel Ireland Managing Director, said: "The Corsa has been a bestseller across Europe for more than 40 years. With its stunning design, state-of-the-art technologies from higher segments and new, emissionfree electric and hybrid technology, we aim to inspire customers even more with our new Corsa. Arriving just in time for the all-important 241-registration plate in Ireland, I have every confidence we will regain share in this still important segment."

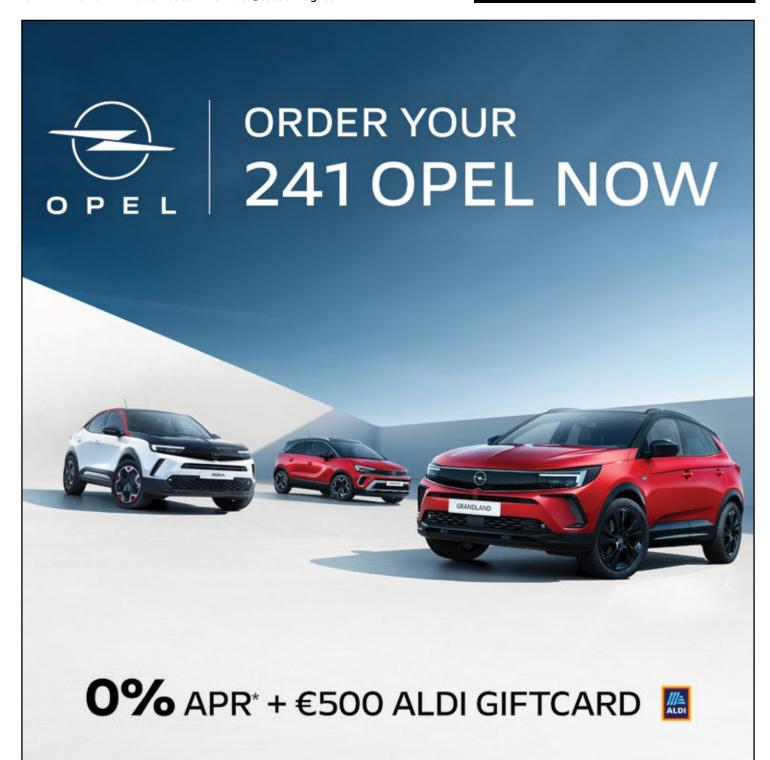
Modern and fun, the level one SC trim, matched to a 1.2 75hp petrol 5-speed manual powertrain, priced from €23,995 plus delivery, will boast the new Opel Vizor front face, rear parking sensors, active lane assist, cruise control with speed limiter, forward collision alert, enhanced traffic sign recognition, driver attention alert, tyre deflation detection, hill start assist, manual air conditioning, DAB radio, 12V power outlet, electric front and rear windows, and rain-sensing windscreen wipers as standard. The level two Elegance trim is priced from €25,295 plus delivery, and it gains a 10" colour touchscreen with HD graphics, Apple Car Play and Android Auto, 7" driver information cluster, front console USB connection, front and rear parking distance sensors with panoramic rearview camera, side blind spot alert with side distance alert, 16" alloy wheels, and powerfolding mirrors, as standard.

The GS level three trim, with 1.2 75hp petrol 5-speed manual powertrain or 1.2 100hp petrol 8-speed automatic retails from €26,595 plus delivery and boasts 17" alloy wheels, LED front fog lights, heated steering wheel, heated front seats, front centre armrest with storage and 2 cup holders, high gloss black b-pillars, and black painted roof as standard.

Customers who prefer to drive electrically and locally emissions-free can soon choose a new option. All-electric, Opel's second-generation battery with 115 kW/156 hp and up to 405 kilometres range will arrive in Ireland in spring 2024. In addition, the new Corsa will soon become the first Opel with a 48-volt hybrid system. With power units ranging from all-electric to hybrid and highly efficient combustion engines, the new Corsa therefore offers customers an unrivalled choice of drivetrains.

The new Opel Corsa will be available to preview this November in Opel Dealer showrooms. For further information contact Aherns, Castleisland.





AHERNS OPEL, CASTLEISLAND. T: 066 714 3000 W: OPEL.AHERNS.IE



Finance Example: Opel Mokka: Retail Price† €29,595. Customer deposit / Trade In €14,295. Finance Amount €15,300. 36 monthly payments of €425. Total Cost of Credit €0. Fixed APR 0%* (Annual Percentage Rate) as at 17/10/2023, †Includes delivery & related charges. Model is shown for illustrative purposes only, *Lending criteria and conditions apply (Over 18s only). To qualify for this Finance Offer, a minimum deposit of 30% is required. Rate quoted is correct as at 17/10/2023 and is subject to change. Offer available on all new Opel passenger car models registered from 01/01/2024 until 31/01/2024. This is a Consumer Hire Purchase agreement provided by Bank of Ireland Finance. Ownership remains with Bank of Ireland until the final payment is made. Bank of Ireland trading as Bank of Ireland Finance is regulated by the Central Bank of Ireland.

Warning: You may have to pay charges if you pay off a hire purchase agreement early.

Warning: If you do not meet the repayments on your hire purchase agreement, your account will go into arrears. This may affect your credit rating, which may limit your ability to access credit, a hire purchase agreement, a consumer hire agreement or a BNPL agreement in the future.



VOLVO TAKES YOU FURTHER:

official data confirms increased driving range and greater efficiency for revised C40 and XC40 Recharge models.

- XC40 Recharge achieves electric range of up to 570km*.
- C40 Recharge achieves electric range of up to 578km*.
- DC charging time (10%-80%) takes approximately 28 minutes**
- Technical updates to the Volvo C40 and XC40 Recharge pure electric models have delivered improvements in driving range and energy efficiency beyond initial expectations.

Homologated performance figures just released for the revised cars show increases in the distance that can be covered on a full charge, which now stand at up to 578km for the C40 Recharge crossover and up to 570km for the XC40 Recharge SUV.

The gains have been achieved through a combination of enhancements, including a switch from front- to rear-wheel drive for the single-motor Recharge versions of both models, and the adoption of a second- generation permanent magnet electric motor. This e-motor is more powerful than the one in the outgoing car - offering 252hp, up from 231hp - plus it is the first e-motor to be developed in-house at Volvo Cars. Battery performance has also been improved thanks to enhancements to cooling efficiency. Where the dual-motor C40 and XC40 Recharge Twin are concerned, there is the further benefit of increased battery capacity to a nominal 82kWh (79kWh usable capacity), up from 78kWh (75kWh usable) in the outgoing versions. Both the C40 and XC40 Recharge Twin also adopt different front and rear e-motors, with 150hp and 258hp respectively, in place of the 204hp units



previously used on both axles. The total power output remains the same as before, at 408hp.

Customers enjoy the convenience of speedier recharging times for the C40 and XC40 Recharge Twin all- wheel-drive models, too. An increase in their maximum charging rate from 150kW to 200kW translates into a nine-minute reduction in the 10 to 80% recharging time, which drops to just 28 minutes when using a 200kW DC rapid-charging system.

Billy Naughton

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KILLARNEY GOLF & FISHING CLUB

SINGLES STABLEFORD, PLAYED ON MA-**HONY'S POINT; SATURDAY 28TH & SUNDAY 29TH OCTOBER 2023**

Winner - Paddy Looney 44pts (27) 2nd - Ted Healy 44pts (10)

Best Gross - Paud O'Donoghue 69 (2)

Category 1

Winner – Alan Flynn 40pts (9)

2nd - John C O'Connor 39pts (7) bk9, 3rd - Lee O'Callaghan 39pts (6) last6.

Category 2

Winner – Ted Aherne 43pts (16) 2nd - Jim Sheehan 40pts (16) 3rd – Patrick Duggan 39pts (16) bk9. Category 3

Winner - John Paul O'Callaghan 40pts (12) bk9 2nd – James Jones 40pts (10) last6

3rd - Colm Cooper 40pts (12).

Category 4

Winner - Jackson O'Mahony 43pts (25) last6 2nd - Pat Clifford 43pts (22) 3rd – Donal Murphy 42pts (21).

KILLARNEY GOLF CLUB - LADIES

LADIES SINGLES STABLEFORD, O DONOGHUE RING COLLECTION

1st & BG: Mairead Martin (-03) 40 Points 2nd: Anne Moynihan (03) 38 Points 3rd: Eileen Magee (28) 37 Points

NEXT COMPETITION

Mahony's Point Champagne Scramble, Team of

ROSS LADIES GOLF CLUB

& 18 HOLE SINGLE STABLEFORD **COMPETITION SATURDAY 28TH OCTOBER 18 HOLE COMPETITION**

1st: Elaine Casey 38 Points 2nd: Therese O'Keeffe 23 Points

9 HOLE COMPETITION

1st: Maureen Beecher Crowley 14 Points 2nd: Kathleen Fitzgerald 14 Points **COMPETITIONS**

9 Hole Scramble Saturday 4th November very kindly sponsored by Margaret O'Donoghue. Be at the clubhouse at 9.30am. Names in the book please. All Members welcome

WEDNESDAY MORNINGS 9 HOLE MIDWEEK COMPETITION

Meet and play every Wednesday morning. Meet in the Club House no later than 10.00am. All members welcome.

ANNUAL GENERAL MEETING ROSS LADIES GOLF CLUB

Annual General Meeting to be held on Saturday 11th November at 11.00am in the Club House. Motions & Nominations must be received by 1st November to the box in the locker room. All members are encouraged to attend. There will be a 9 hole scramble after AGM at 12.00 noon.

GOLF LESSONS

Gordon Howard is available to give golf lessons. Please contact Gordon directly in the Club House.

ROSS GC , KILLARNEY -GENTS

ON OCT 28TH AND 29TH WE HELD THE FINAL OF THE KEANES JEWWELLER'S GOLD MEDAL STROKEPLAY COMPETITION

The winners were:-

1st: .Ger Scott (24) 65

2nd: Ryan Scott (11) 66

3rd: Seamus McCarthy (22) 66

Best Gross: Alan Flynn 75

The winner of the Keanes Gold Medal is Donie Broderick.

ONTHURSDAY OCT 26THTHE ROSS SENIORS

made a welcome return to the fairways after a few weeks of weather enforced absences.

There was a good turnout on the day and the winners were:-

1st: John Ivory

2nd: Donal Doherty

3rd: Tadhg McCarthy.

ON BANK HOLIDAY MONDAY WE HELD A 12 HOLE MIXED SCRAMBLE and despite the recent poor weather the course is in good condition. We had a large number of participants

and some very tight scores. The winners were:



Father and son Gearoid (right) and Nathan Cronin (left) pictured with their respective Claret Jugs after their wins in the Intermediate and Junior A Mens events in the Kerry County Board Pitch & Putt Ireland Paul O'Sullivan Memorial Scratch Cup on Monday in Deerpark Pitch & Putt Club.

- 1: Bryan O'Leary, Leo Casey, Kathy Crowley, Maurice Coffey
- 2: Ronan Bennett, Tadhg McCarthy, John Hurley, Emir Coffey.
- 3: Donie Broderick, Donald McSweeney, Mary B O'Sullivan, Patrick Crowley.

DEERPARK PITCH & PUTT CLUB

PAUL O'SULLIVAN SCRATCH CUP

A great day for father and son on the Bank Holiday Monday last as Gearoid (Intermediate) and Nathan (Junior A) Cronin claimed two of the Claret Jugs on offer at the County Board event which the club hosted. Well done to our other prizewinners in the event Adam Kelly (Intermediate Back 18), Paddy Murphy (Junior A Back 18) and Jason O'Connor (Junior B Runner-Up). We were delighted to welcome



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both the County Board and the players on the day and immense credit must go to all those who answered the call at short notice to get the course in the magnificent condition it was for this time of year. Thanks to both Shirley and Helena for their hospitality in the kitchen as well. **NATIONAL INTER-CLUB COMPETITION**

Unfortunately, it was a sixth place finish for our team of Damien Fleming, John McGrath, Gearoid Cronin, James Fleming, Nathan Cronin and Mark O'Shea in St Bridget's, Kildare last Saturday as despite a rally in the Singles a poor start cost them overall.

CHRISTMAS TURKEYS

Sponsored by Tim Jones Butchers

Results of Week 2-Two Ball Scramble-First Nett: Hugh O'Sullivan & Dan Kiely 331/2 Gross: Daniel Kelly & Noel Moynihan 41 and Second Nett: Daniel Kelly & Aidan O'Keeffe 36 (B9).

BEST WISHES To Damien Fleming as he plays in

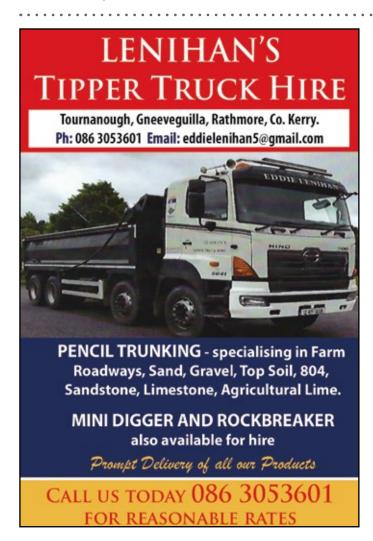
Pitch & Putt Ireland's Ryder Cup style challenge between Munster and Leinster this Saturday in McDonagh, Co Kildare. Jason Cregan of Tralee is also on the Munster side as the match is in aid of Temple Street Children's Hospital. We encourage anyone interested to make a donation through the official Pitch & Putt Ireland Fundraising page.



Pictured at Sheahan's Pharmacy, Killarney 70th Celebration were from left, Cathal Pictured at Sheahan's Pharmacy, Killarney 70th Celebration were from left, Madeline

Walshe (Kerry Hospice Foundation Volunteer), Angela Curran, Pat Doolan (Kerry Hospice Griffin, Eleanor Joy, William Sheahan & Gabi Drygajlo. Photo: Don MacMonagle Foundation Volunteer) and William Sheahan.

Photo: Don MacMonagle







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SPORTING FOCUS

KILLARNEY RFC

CONGRATS PADDY

A huge congratulations to our own Paddy Sullivan from Ballyhar who won a rugby World Cup medal with South Africa last weekend! Paddy, who works as a video analyst with Montpellier worked with South Africa for the rugby World Cup, becoming the first ever Kerry man to win a rugby World Cup winners medal! We are absolutely thrilled for you and all your family. Enjoy the celebrations!

MINIS BLITZ TOMORROW

Best of luck to our Minis who host Iveragh and Castleisland tomorrow at Aghadoe. This promises to be a cracking morning of rugby with almost 200 children taking part. The action kicks off at 10 and all welcome to pop up and support our next generations of stars! Don't forget the gumshield and waterbottle.

FIXTURES

Minis - West Munster blitz U14 boys Charleville V Killarney Away, Sat @ 12 U18 boys Tralee V Killarney Away, Sat @ 12 U18 girls Dunmanway/Bantry Away, Sat @ 12 Seniors V Douglas Away, Sat @ 12

KILLARNEY VALLEY ATHLETIC CLUB

The Munster Schools Indoor Multievent

Championships were held in Nenagh last Wednesday and Killarney Valley AC had 12 athletes performing exceptionally well for their schools. Selina Collins came 1st in the Senior Girls representing St. Brigids. Jason O'Reilly came 2nd in the Intermediate Boys representing St. Brendans and Oisin O'Regan came 4th in the Inter Boys representing St. Josephs of Abbeyfeale. These 3 athletes now qualify for the Irish Schools Championships in Athlone on 19th November. Also well done to Tara O'Sullivan, Megan O'Reilly and Sophie Duke who represented St. Brigids in the Minor Girls, Tunde Smith who represented Killarney Community College and Kieran Moloney who represented St. Brendans in the Minor Boys, Antonya Lejwoda who represented St. Brigids in the Junior Girls, Dominik Wasila who represented St. Brendans and Finn Moloney who represented Killarney Community College in the Junior Boys, Anna O'Shea who represented Killarney Community College coming 5th in the Intermediate Girls.

All information on Training Schedules are on our website www.killarneyvalleyac.ie.

KILLARNEY JUDO

IRISH MASTERS

Last Sunday, the head coach of Killarney Judo Club, Tadhg Kelly, competed in Finglas at the



Tadhg Kelly of Killarney Judo who won gold in his category

Irish Masters. Tadhg won several fights on the day winning against oppoments from England, Germany and France.

Tadhg won Gold in his category before earning Silver in the Open Category.



Killarney RFC U16 boys who were in action at the weekend



Children of Lissivigeen NS had a "Spooktacular" day on Friday. All kinds of witches, ghosts and goblins roamed the halls of the school.



Killarney's answer to "The Adams Family" on Halloween night. Kids from Innisfallen Rookery Road and Kilcoolaght Place Killarney.







MissQuote.ie Womens Basketball League Killarney Sports and Leisure Centre

UTILITY TRUST ST PAULS 80 MARBLE CITY HAWKS 48

This game went very much to the formbook as Utility Trust St Pauls just had too much gunpowder for a gallant Marble City Hawks. The Kilkenny side came to Killarney a little light on numbers but who did arrive didnt want for effort. It was just a case of St Pauls having too many aces in the pack and truth to be told they were never in trouble at any stage, running out comfortable winners. What the game did afford for Coach James Fleming was the chance to give his full squad plenty of game time, with one eye on a massive National Cup match next Saturday in the Virginia Sports Centre. The McEvoy Cavan Eagles will provide the sternest test of the season so far for St Pauls but they go there with a 100% record in the league. And the depth that is now present in the squad will be essential as the season goes on.

With that cup tie in mind Coach Fleming shuffled his starting five with Meabh Barry, Denise Dunlea and Leah McMahon joining home debutant Khiaricha Rasheed and returning star Sofia Paska. The quarter was actually the Hawks best with Briana Bailey pulling their strings early. Unfortunately for her she ran up three fouls very early and had to sit the final moments of the quarter. Alongside Elaine Kennington they took the game to St Pauls but Rasheed with an early basket and a big three got the home side on the board. Meabh Barry was next on the score sheet pushing Pauls lead out to 9-6 but baskets from the Hawks U18 International Aoibhinn Dunphy and Kennington kept the Hawks in tow. Leah Mc Mahon had to leave the court at this stage after taking a blow to her face, she was lively throughout the game but the injury did little to curb her influence. Paska opened her account with a three point play, Rasheed hit another from beyond the arc and Pauls led 19-16 as the first five was rotated regularly. By quarters end nine players had seen game time and the ever reliable Lorraine Scanlon's six points helped them to a 24-17 advantage.

Paska and Rasheed shared the opening eight points of the second quarter as the Hawks started to struggle . Scanlon made it 34 -19 before Bailey and Faye McDonnell hit a mini purple patch for the Hawks. That patch was ended by Cliona Coffey with a neat basket and Rasheed who hit another three. Aoibhinn Dunphy was battling hard for the visitors and alongside Bailey they had the scoreline at a very respectable 39-27 at half time

The third quarter was definitely the moving quarter for St Pauls as Rheanne O'Shea hit



Khiarica Rasheed receives the MVP Award from Heidi Burchill for her performance against the Marble City Hawks

an early three, Scanlon and Paska following it up with nice finishes. Rasheed, always influential, and Paska made it double scores 54-27 before Dunphy stopped the rot with a three for the Hawks but Scanlon was always on the prowl with Denise Dunlea also netting. Aisling O Mahony, introduced to good effect, hit a long two after getting open. Briana Bailey, still walking the disciplinary tight robe, popped up for a three but Paska again had the last word, giving the hosts a 62-33 margin.

With the result never in doubt St Pauls continued to shuffle the deck, possibly at the expense of some fluidity, but it was an ideal opportunity to both rest players and give others essential experience. Niamh Ni Chonchuir was one to make good use of her minutes while Liadh Tobin got more time under her belt. Rheanne O Shea, Paska and Cliona Coffey kept the scoreboard working early in the final quarter while Elaine Kennington struck for the Hawks. A game wouldn't be complete without a Lynn Jones three, coming with 7.37 to go and leaving the score at 69 -37. Niamh Ni Chonchuir hit three points in quick succession while the hardworking Briana Bailey hit another three for the Hawks. Game MVP Rasheed, Dunlea and Paska ran the total upto 80 while Irish underage International Faye McDonnell kept the Hawks going to the end with some nice play netting two further baskets. In the end the gap reflected the gulf between the sides but the Hawks deserve kudos for putting in a battling performance. For St Pauls now that they have shot down the Hawks it's time to tackle the high flying Eagles.

Game MVP Khiarica Rasheed hit 22, points closely followed by Sofia Paska on 20, Lorraine Scanlon had 12, Meabh Barry 5, Rheanne O'Shea 5, Denis Dunlea 5, Niamh Ni Chonchuir 3, Cliona Coffey 3, Lynn Jones 3, Aisling O Mahony 2.

For the Marble City Hawks Briana Bailey was

best with 14 points, Aoibhinn Dunphy and Elaine Kennington had 12 apiece while Faye McDonnell helped herself to 6 points.

A trip to the Virginia Sports Centre is about as tough a draw as you can get in the National Cup as St Pauls will evoke memories of an absolute belter of a game played there last February. On that occasion the McEvoy Cavan Eagles came out on top in what was a great advertisement for Womens basketball with a crackling atmosphere, but only after two periods of overtime. There is a strong family feel to the Cavan side with the Tolan sisters, Emma, Niamh and Ciara all mainstays of the team and all Irish underage internationals. Their dad Graham is the club chairman. They seem to have recruited well over the summer with Emilia Sexton and Destiny Robinson coming in Thunder, two of the top teams in the league. They seem to have bounced back though this weekend with a comprehensive win over the Phoenix Rockets. Tip off is 3pm.

InsureMyVan.ie Mens Division 1 SETU Arena Waterford SCOTTS LAKERS 86 SETU WATERFORD VIKINGS 98

Having dug out a memorable win in Dublin last weekend Scotts Lakers were again on the road, this time to the South East where they met an improving Waterford Vikings side. That win over UCD Marian was all the better considering the injury list and the performance of the squad. The last thing Coach Brian Clarke wanted to contend with was another injury. Already shorn of Mark Sheehan, Ronan Collins and David Gleeson, Jack O Sullivan succumbed to injury during the week which meant an already stretched panel was dealt a further blow. And while the scoreline reads in favour of the home side it doesn't reflect the effort put in by the Lakers squad who got over an horrendous opening to pull themselves back into the game heading down the stretch. But the energy used in chasing the game left them susceptible to a late flourish by the home side and so it proved.

The real damage was done in the opening quarter, the end of which the Lakers trialed by 28-7. A glance at the other three quarters total would show that once they got the bad start out of their system they would outscore the Vikings in quarters two and three and even with tiring legs they still managed to share the scoring in the last period. With a big cup tie pending this Saturday night the immediate concern will be to get something close to a fit and functioning panel. They have already proved this season that when all is in place they are a match for advonce.

The Vikings made a flying start, they led

15-2 within four minutes. American duo ldris Joyner and Jack Ryan alongside the long serving Dake Kavanagh displaying unerring accuracy. Eoin Carroll hit the Lakers sole basket as Paul Clarke and Terion Moss attempted to steady the ship but a big three from the other Kavanagh, Jay, and the input of the imposing Osilama stretched the lead out further. The Lakers were struggling at both ends of the court and a Jack Ryan three did little to improve the mood at the end of the first, the Vikings in command at 28-7.

Dale Kavanagh hit the opening salvo of the second half before the Lakers started to get something going. Paul Clarke hit a nice two that was followed by a brace of Braden Bell threes and despite a response from Jay Kavanagh, Eoin Carroll and Moss made it 36-26 with 3.15 left in the half. With half a foothold now in the game the next few minutes would prove crucial as the Vikings again took control. Joyner, Denis Miculescu and Jay Kavanagh found it hard to miss while Terion Moss, Bell and Jamie O Sullivan tried hard. But the lead was back out to 17. 51-34 by half time. Given how shallow the squad was Coach Brian Clarke introduced himself to give players rest at certain stages in the half.

Points were shared in the opening minutes of the second half, Bell and Jamie O Sullivan for the visitors, Osilama and Ryan for the hosts. Despite further baskets from Bell, Oisin Spring and Eoin Carroll the gap was still at 16, 67-51 midway through the quarter. But as if to flick a switch a Bell basket prompted a surge. Moss hit a big three, followed it up with a two, and when himself and Carroll went 100% from the free throw line, all of a sudden the gap was down to five, 67-62. But in a carbon copy of the previous quarter the Vikings struck back, a big three on the buzzer from Andy Malone being particularly decisive.

That made the lead twelve again, 75-63 and with Bell and Ryan exchanging threes early in the fourth the status quo remained. But credit to the Lakers they mounted another charge. Carroll, Bell with a couple of threes and Paul Clarke from the line cut the deficit back to five, 83-78. With 5.39 left to play the fat was again in the fire but a weary looking Lakers side were hit again with Ryan and Joyner following up a Jay Kavanagh three to make a run for home. Bell and Carroll tried hard to stem the flow but it was all in vain as Osilama closed out the game for the Vikings, who ran out victorious on 98-86 scoreline.

Braden Bell was again the games top marksman with 31 points, Terion Moss had 21, Eoin Carroll was excellent with 20 points, Paul Clarke and Jamie O Sullivan had 6 apiece with Oisin Spring netting 2.

For the Vikings Idris Joyner and Osilama

shared top billing with 23 points each, Jay Kavanagh had 18 and Jack Ryan 17.

SETU Carlow visit the Killarney Sport and Leisure Centre this Saturday night at 7.30pm for the first round of the National Cup. The teams have already met on the opening day of the season where a strong fourth quarter and the rub of the green helped Carlow to a 99-87 victory. Michael Wallace is one of the top score getters in the league, Lawrence Puff Summers is an ageless wonder while in Jack Kehoe they possess one of the best young players in the country.

Basketball Ireland insuremyvan.ie Men's National League Div 1 LIMERICK CELTICS 118 KILLARNEY COUGARS 89

Limerick Celtics hosted the Killarney Cougars at the Crescent Comprehensive College on Saturday evening and despite a strong start to the game by the Cougars the home side took the points in a high scoring contest.

The Cougars for the second successive week lost out in another high scoring contest to Limerick opposition, a strong opening quarter had the Cougars leading through most of the period with Ryan Sanders, Jack Lynch and Oleh Drahanchuk all in good form with some impressive three pointers with Sanders finished the quarter with 13 pts as Cougars led 31 - 29 with Celtics responding through Micheal Hood's excellent three point shooting and Justin Motley significant height advantage saw him dominant on the boards as he added 10 points.

The Cougars good form continued into the second quarter baskets by Oleh Drahanchuk a three pointer and a Darius Hopkins basket pushed the Cougars further ahead 36-29 with Hopkins coming more into the game the Cougars further increased the lead to 43-35 with the Celtics calling a timeout to reorganise with the Cougars playing well with good confidence. The Celtics timeout

had a very positive impact as they dominated through the remaining four minutes of the quarter with Cougars leading 51-50 with a good basket by Ryan Sanders, the home side with a strong impact from their bench in particular the excellent Eoghan Donaghy and Miles Felletti as both contributed consecutive baskets as Cougars fell behind. Celtics American duo of Justin Motley and Micheal Hood added further good scores in quick succession to see the home side ahead in 68-55 at halftime with Cougars struggling to match the impact of the Celtics bench late in the quarter following a good performance throughout much of the first half.

The third quarter was a tough period for the visitors with the Celtics starting to dominate the main scoring threats for Cougars the scores were hard earned with Celtics strength from the bench allowing them to comfortably increase their lead with a good spread of scores to stretch the lead to 95 - 68, with Darius Hopkins adding 10 points to keep Cougars in contention. The Cougars made a strong effort in the final quarter but they could make little impact on the the lead as both sides gave minutes to the bench in the closing stages, despite baskets by Ryan Sanders, Jack Lynch, Peadar Cronin and the excellent Darius Hopkins the Cougars challenge tired and the young team were not in contention in the closing stages as Celtics continue their unbeaten run at home to finish comfortable winners. The league action takes a break next weekend for the opening round of the Cup and will see Killarney travel to Dublin to take on last season's beaten Cup finalists Tolka.

Killarney Cougars

Darius Hopkins - 28, Ryan Sanders - 27, Oleh Drahanchuk - 23, Jack Lynch, Nathan Cox, Jack Kelliher, Peadar Cronin, Lucas Cronin, Evan Cox, Bill Wiseman.

Limerick Celtics

Justin Motley - 29, Micheal Hood - 26, Eoghan Donaghy - 23, Miles Felletti - 20.



BALLYHAR DYNAMOS FC

TFAMS

The club u12 division 1 boys entertained Killarney Athletic B on saturday last & came away with a 4-0 win with all the squad getting game time in a competitive game.

The U14 team two travelled to Tralee Dynamos on saturday where they had a 0-3 victory after leading 0-2 at half time with two goals by Daniel Ryan with Noah Browne keeping Tralee Dynamos out at the other end with some wonderful saves. Daniel Ryan made it a hat trick on the day with a late goal from an Alex Kelly free kick into the danger area to secure the win. Nathan O Brien, Nicholas Newmann, Fionn Clifford & Jack O Leary were very solid at the back while Alan Mrotek, Luke Bartlett, Daithi Allen, Peter Callaghan played well out the field.

TEAM OF THE WEEK

Adam Fleming & Ryan Quilter were recent selections on the KSB team of the week. well done to Both, their team mates & Coaches SYMPATHY

The club offers its condolences to the Flynn Family, Currow on their recent bereavement. May James rest in peace.



U13 GIRLS PREMIER

Our Girls welcomed Iveragh to Woodlawn today, and after a very Sporting game came away with all three points. Scorers for the Blues: Sam o Sullivan / Aoife Kelleher/Lilian Slattery/Ella Crowley / Marieclaire Van Vrede/Sophie Culloty

U16 PREMIER

Castleisland 0 - 1 Killarney Athletic

Pa O Brien, scorer

Man of match: Eoin Murphy

A tough physical game in which we missed numerous chances

4 wins from 4 games now for these boys next game v holy cross limerick in national cup U12 PREMIER RESULT

Killarney Celtic 2 - 2 Killarney Athletic A.F.C

Sean Quill /Rory Moynihan

The Athletic U12 A's had a tough away match at Celtic today. The boys played a strong first half and could have been ahead a couple times with great play by Sean Quill. They went down 1-0 to a fine Celtic goal just before halftime. In the second half Celtic started strong and went ahead 2-0 with a well finished goal. With their backs to



MEK Galaxy U14 Girls after their win in the National Cup Round 2

the wall the Athletic boys fought hard and were back in the game with a strong precise finish by captain Sean Quill. With time dwindling away Rory Moynihan stepped up with a spectacular top corner free kick from 30 yards out with five minutes left to tie the game to make it 2-2. The boys put everything on the line and defended well to earn a hard fought draw. Ewan Marshall was strong and confident in net to save Athletic on a couple occasions. Captain Sean Quill lead the line well for Athletic and showed his leadership qualities to earn a deserving man of the match performance for Athletic. Well done lads proud of all the boys today. Thanks to Celtic for a sporting match.

U12B BOYS DIVISION 1 LEAGUE

Ballyhar Dynamos A 4 Killarney Athletic B 0

The U12B Boys came up against a well drilled Ballyhar A team on Saturday morning away from home. A penalty was conceded early on which was superbly saved initially however Ballyhar were first to react to score the rebound. Despite conceding a second shortly after, Athletic contested strongly and were unlucky not to score in the first half. Ballyhar grew in confidence in the second half, adding to the scoresheet twice. Disappointment in the end for Athletic but plenty of learnings and positives to take away for the long season ahead.

MEK GALAXY NEWS

GIRLS U14 NATIONAL CUP

MEK Galaxy 10 – 1 BT Harps

A top class display by the Girls against the Templemore side in Round 2 of the National Cup. Goal scorers Ava Harty 5, Izzy Lyons 2, Elise Brunner 2 and Isabelle O Connor 1. Player of the Match goes to Ava Harty.

BOYS UNDER 14 DIVISION 1

LB Rovers 3 - 2 MEK Galaxy

A great performance in this tight game every player very unlucky to come away without at least a share of the spoils. Two great goals by Cade Jameson and Daragh Tagney was not enough to give up a point we deserved.

U16S PREMIER DIVISION

MEK Galaxy 6-0 Tralee Dynamos (half time 2-0). Goals scored by Kevin Coffey 2, Jayden Fennell, Shay McCormick, Dylan O Meara one each and an OG. Man of the Match Kevin Coffey with very good displays also from Jack Hallisey, David OShea and Shay McCormick.

KILLARNEY CELTIC

CELTIC LOTTO

Numbers drawn 2,5,10,12. No jackpot winner. Match 3 winners received €25. Next jackpot €2,600 on Monday Nov 6th.Tickets available



Ballyhar Dynamos u12s , following their home win v Killlarney Athletic B on Saturday last at Murt Scott Park.



Ballyhar Dynamos Fc 14s team 2, away Victor's at Tralee Dynamos on Saturday last.

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MCCARTHY INSURANCE GROUP MUNSTER JUNIOR CUP RD 3

Castleisland AFC 0, Killarney Celtic 4

Trpimir Vrljicak, Mikey Moynihan, Matt Keane 2
Celtic advanced to round 4 of the Munster Junior
Cup thanks to a good win away to Castleisland
AFC last weekend.Celtic were quicker to settle
and went in 2-0 up at the break. Celtic continued
on the front foot in the 2nd half and were able to
add 2 more goals to their tally against a spirited
Castleisland team.

CHARLEVILLE CHEESE PREMIER B RESULT Killarney Celtic B 2 Ballyheigue AFC 4

Evan Cronin, Mark Kolesnikov

Celtic got off to a very slow start and could have been behind inside the first 10 minutes. However Celtic grew into the game and had 3 massive chances to take the lead but couldn't convert them. Ballyheigue took the lead after 25 minutes with a well worked goal. They scored a second against the run of play and led at half time 2 nil. Celtic had a sloppy start to the second half and went further behind after a defensive mix up. Great credit to the team as they never let the heads drop and started to dominate the game but couldn't find the finishing touch to some great moves until Evan Cronin scored from a great ball by Eoghan Crowley to make it 3-1. Celtic made it 3-2 with a brilliant header by Mark Kolesnikov and had 2 more excellent chances after to make it a well deserved draw but it wasn't to be and as with 2 minutes to go Ballyheigue scored on the counter attack to make it 4-2.

U16 DIV 1

Mastergeeha CFC 3 Killarney Celtic 4

Alex Borrell 3,1ggy Truchan

Celtic started well and created a few good chances but Mastergeeha scored twice from follow ups of corners to take a half time lead.

Celtic responded with more energy and created a few chances but Mastergeeha broke away to go 3 up. Celtic reacted strongly and Alex Borrell got 2 goals to bring Celtic back into the game. Celtic kept the pressure on to set up Ignacy Truchan for the equaliser and more drama was to follow when Alex Borell got his hat trick to complete the comeback win.

U14 PREMIER

Inter Kenmare 1 Killarney Celtic 4

OG. Hammad Ahmed Atiq, Oisin Cryan, Luke Clancy Celtic U14 travelled to Kenmare where conditions were very hard for both teams as the pitch was very heavy after recent weather. The 1st half was very even with Celtic taking the early lead thanks to a Kiernan Kelly shot hitting the post coming back out and hitting off the defender. Credit to Kenmare they had a few chances after the goal and got the deserved equaliser before half time to make it 1-1. 2nd half Celtic really turned up the gears, winning the second balls in midfield and putting serious pressure on Kenmare. Celtic took the lead again from Hammad Atiq who finished neatly. The 3rd goal came shortly after from Oisin Cryan who finished inside the box with a good finish. With 5 minutes remaining the final goal came from Luke Clancy, who met a delivery from a corner to



Killarney Celtic U16 Girls Squad vs Bridge Utd in the Subway SFAI National Cup

finish to the bottom corner.

U14 DIVISION 2

Killarney Celtic U14B 3 Castleisland C AFC 1

Jason Harrington 2, Tristan Murphy

Celtic U14 B's got back to winning ways in a good sporting match vs Castleisland C. The 1st half was a cagey one with only a few chances for both teams the best coming for Majid whose header was well saved.

Celtic made a few changes at half time and got the breakthrough from a Jason Harrington free kick. Jason Harrington doubled the lead shortly after with a super finish and then he turned provider, setting up Tristan Murphy for the 3rd. Castleisland to their credit never gave up and they got a late goal from long range just before the end.

U12 DIVISION 1

Milltown FC 2 Killarney Celtic White 0

Celtic White traveled to Cromane to take on Milltown.FC The game didn't go Celtic's way with super play from both keepers. Celtic had chances but couldn't take any. Our stand in keeper, Josh Buckley was unbelievable today.

U12 DIV 2 SOUTH

Dingle Bay Rovers 3 Killarney Celtic Gold 2

Noah Murphy , Aodhan O'Halloran

A very competitive game throughout, Celtic traveled without stalwart goalkeeper Sean Sharma due to injury so Oliver Reczetar & Noah Murphy deputised in goal. Celtic played into a stiff breeze in the first half & got caught twice with wind assisted goals. Trailing 3-1 at half time with a goal from Noah Murphy keeping us in touch. A valiant effort in the 2nd half and a cracking free kick goal from Aodhan O' Halloran got Celtic right back in the tie. Chances came but none were converted with Abdullah Healy Aouhab marshalling a solid Celtic defence that kept Dingle scoreless in the 2nd half. Not to be for Celtic but performances improving every week.

GIRLS

CHARLEVILLE CHEESE U17 GIRLS PREMIER LB Rovers 0 Killarney Celtic 1

Clodagh Moriarty

Celtic U17 travelled to Ballyduff to play a really strong and physical L.B Rovers, Celtic played the majority of the game in the opponent's half constantly looking to get that breakthrough goal. It eventually came in the 2nd half when captain Clodagh Moriarty took a wonderful free kick which flew into the top left hand corner. The game finished 1-0 to Killarney Celtic and that's 2 wins on the trot now.

U16 SFAI SUBWAY GIRLS NATIONAL CUP Killarney Celtic 5 Bridge United AFC 0

Sadbh O'Halloran, Hannah Casey, Amelia Carroll Kelly, Ali Bowler , Sarah Warren

Killarney Celtic U16 girls played Bridge United in their 2nd round fixture in the National Cup. Celtic started brightly and took an early lead through Sadbh O'Halloran. Chances followed for both teams but Celtic were the stronger team and deservedly doubled their lead when Hannah Casey finished high to the roof of the net. Amelia Carroll Kelly got on the end of a well worked move to make it 3 before half time. The 2nd half followed a similar pattern with Celtic dominating the play and a goal each from the hard working and speedy front two of Ali Bowler and Sarah Warren to give Celtic a comfortable win. Celtic girls played some lovely football throughout the game and were worthy winners on the day. Many thanks to Subway Applegreen Killarney for providing food for both teams as part of the Subway and SFAI partnership.

U12 SFAI SUBWAY GIRLS NATIONAL CUP Murroe AFC 2 Killarney Celtic 6

Leah Mannix 4, Seodhna O Sullivan, Niamh O Learv

In sticky conditions on a sunny day the girls did very well and secured a well deserved win away to Murroe.Olga Kumor was solid in goals and the defence of Aimee Shine, Evelyn Grimes and Nell Casey were hard to break down. Seodhna O'Sullivan ran hard and tackled hard all day. Leah Mannix was a handful and scored 4 goals and could have gotten more. Well done to Niamh O Leary for scoring her first goal for Celtic. CONGRATS to Jason Harrington U14 who made the KSBGL Team of the Week

and to Leah Mannix U12 who made the Girls Roll of Honour this week.

MANY THANKS to Kerry County Council for the funds received from the 2023 Community Support Fund.



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KERRY SCHOOLBOY/GIRL SOCCER

RESULTS SATURDAY/SUNDAY 28/29TH OCTOBER

U13 GIRLS PREMIER

Killarney Athletic 9- 2 Iveragh UTD

U13 GIRLS DIVISION 1

Killarney Athletic B 4 - 10 Fenit Samphires Camp Juniors 6 - 0 MEK Galaxy B

U14 GIRLS PREMIER

LB Rovers 3-6 Camp Juniors

U12 GIRL'S SUBWAY NATIONAL CUP ROUND 2

Killorglin AFC 0 - 1 Newport Town Mastergeeha AFC 4 - 2 Tulla United Herbertstown 2 - 1 Tralee Dynamos

U12 GIRL'S SUBWAY NATIONAL TROPHY ROUND 1

Castleisland AFC 2-1 Dromore United

U14 GIRL'S SUBWAY NATIONAL CUP ROUND 2

MEK Galaxy 7-1 BT Harps 1

St. Brendan's Park 4 - 2 Holycross AFC (Limerick)
U14 GIRL'S SUBWAY NATIONAL TROPHY
ROUND 1

Castleisland AFC 3-4 Glantine FC

U16 GIRL'S SUBWAY NATIONAL CUP ROUND 2

Killarney Celtic 5 - 0 Bridge United Shannon Town 3 - 0 St. Brendan's Park WALKOVER TO SHANNON

U16 GIRL'S SUBWAY NATIONAL TROPHY ROUND 1

Mastergeeha FC 7-10 Broadford United AET **U12 PREMIER BOYS**

Tralee Dynamos 1 -3 Dingle Bay Rovers Iveragh 0 -1 St Brendans Park MEK Galaxy 2 -5 Castleisland AFC Listowel Celtic 1 -3 Killorglin AFC Killarney Celtic 2 -2 Killarney Athletic

U12 DIVISION 1 BOYS St Brendans Park B 7 -1 Ballyheigue A

Mastergeeha FC 1 -3 Fenit Samphires Ballyhar Dynamos 4 -0 Killarney Athletic Listowel Celtic B 1 -3 LB Rovers

Milltown FC 2-0 Killarney Celtic B U12 DIVISION 2 (NORTH) BOYS

Killorglin AFC B 5 - 1 Listowel Celtic C LB Rovers B 0 - 3 Castleisland AFC B Camp Juniors B 7 - 1 Tralee Dynamos B Fenit Samphires B 2 - 4 St Brendans Park C

U12 DIVISION 2 (SOUTH) BOYS

MEK Galaxy B 2 -5 Inter Kenmare B Camp Juniors C 5 -0 Mastergeeha FC B Dingle Bay Rovers B 3 -2 Killarney Celtic C St Brendans Park D 7-1 Iveragh UTD B

U13 BOY'S DIVISION 2 NORTH

Camp Juniors 4-3 Fenit Samphires B **U14 PREMIER BOYS**

Tralee Dynamos 4-1 Killorglin AFC Mastergeeha FC 2-2 Castleisland AFC U14 DIVISION 1 BOYS

St Brendans Park B 3 -1Killarney Athletic B Killorglin AFC B 1 -3 Ballyheigue AFC Fenit Samphires 4 -4 Listowel Celtic LB Rovers 3 -2 MEK Galaxy

U14 DIVISION 2 BOYS

Killarney Celtic B 3 -1 Castleisland AFC C Mastergeeha FC B 2 -2 Castleisland AFC B Tralee Dynamos B 0 -3 Ballyhar Dynamos

U16 PREMIER BOYS

Inter Kenmare 0 -4 Mastergeeha FC Castleisland AFC 0 -1 Killarney Athletic MEK Galaxy 6 -0 Tralee Dynamos U16 DIVISION 1 BOYS Mastergeeha FC C 3 -4 Killarney Celtic Iveragh UTD 1 - 0 Mastergeeha FC B Listowel Celtic 3 -2 St Brendans Park U16 DIVISION 2 BOYS

Castleisland AFC B 2 -3 Tralee Dynamos B Ballyheigue A 9 -5 Inter Kenmare B Ferry Rangers 7 -1 Killarney Athletic B

U14 BOY'S INTER LEAGUE

Limerick Desmond 2 V Kerry 0
KERRY SCHOOLBOYS & GIRLS
TEAM OF THE WEEK

- Cian Daughton (Tralee Dynamos U16)
- Micheal Finucane (Ferry Rangers U16)
- Peter O Shea (Killorglin AFC U14)
- Ollie O Sullivan (Iveragh UTD U12)
- Noah Fealy (Camp Juniors U12)
- · Liam Quirke (Castleisland AFC U12)
- Jason Harrington (Killarney Celtic U14)
- Sean Quill (Killarney Athletic U12)
- Shea O Connor (Inter Kenmare U12)
- Danylo Kudryk (St Brendans Park Fc U12)
- Daniel Ryan (Ballyhar Dynamos U14)

KERRY SCHOOLBOYS & GIRLS

GIRL'S ROLL OF HONOUR
Abaigeal Weadick Briscoa (LB Rovers)
Ella O Sullivan (St Brendans Park FC)
Eimear Mc Mahon (Castleisland AFC)
Keelin O Shea (Mastergeeha FC)
Chloe Falvey (Killorglin AFC)
Leah Mannix (Killarney Celtic)
Lola Falvey (Tralee Dynamos)
Rosie O Mahony (Iveragh UTD)

PREMIER U-14 LEAGUE U14 GIRLS PREMIER

LB Rovers 3-6 Camp Juniors

Camp Juniors first game of the season had a bit of everything against Lb Rovers that's good about the game: goals, aggressive defending, teamwork, penalties and a strong comeback!!!Camp juniors got off to a dream start after four minutes when the hard running Ellie Fitzgerald rattled the net from a great corner by Meabh Kennedy. Goal of the game saw centre half Tara Laide cleverly intercept before picking out Niamh O Callaghan who pushed it out wide for her twin sister Aoibhinn O Callaghan to inject pace down the wing. Aoibhinn slid in Meabh who spotted Alison Bartley to cooly dispatch to the net. A tremendous team goal from Camp Juniors Niamh O Callaghan with a trademark long throw sent the box to box midfielder Roisin McCarthy away and she made no mistake after a brilliant strong run. Aoibhinn passed a lovely ball to Meabh Kennedy to make it 4-0 at h/t.

Camp juniors got off to a great start in the second half as the excellent

Meabh Kennedy scored her second before a neat one two with Niamh O Callaghan saw her complete her hat trick. LB Rovers , inspired by Evanne Mason then threw the kitchen sink at Camp and were rewarded with three goals, with speedy Eilidh Cregan nabbing two as Leona Meaney hammered home a penalty but the Camp rearguard eventually got to grips with the rapid

weathered the storm for a 3-6 victory!!!

INTER COUNTY U14

Limerick Desmond 2-0 Kerry

From the kick-off, it was clear that Limerick Desmond were ready to play on the front foot. Kerry, with a lineup that featured six new players from the eleven that started last season's semifinal, were excellent in their own half. The back four regained possession well and were eager to launch attacks. However, unforced errors in midfield made it difficult for Kerry to enjoy quality possession in the final third or to create good scoring opportunities, especially when transitioning to attack. At half-time, Kerry were 1-0 down after conceding from a well-executed free kick. Changes at the break brought fresh legs, an improved a sense of urgency and intensity, better decision-making and more quality movement in attack.

Despite the improvement in performance, Kerry's good work was undone by a lapse in concentration midway through the half. Poor marking at a corner kick allowed a very easy chance for Limerick Desmond to double the lead from close range and settle the tie.

Although the result was a disappointment, Kerry showed plenty of potential for improvement and progression with Iveagh's United's Alex Nassar, Castleisland AFC's Ronan O'Connor, and Adrian O'Connor of St Brendan's Park all standing out. The whole group will hope that this result will prove to be a valuable learning experience, as attention now turns to another big test: hosting the Cork Schoolboys League in Game 2.

KILLARNEY CELTIC U16 SUBWAY NATIONAL CUP

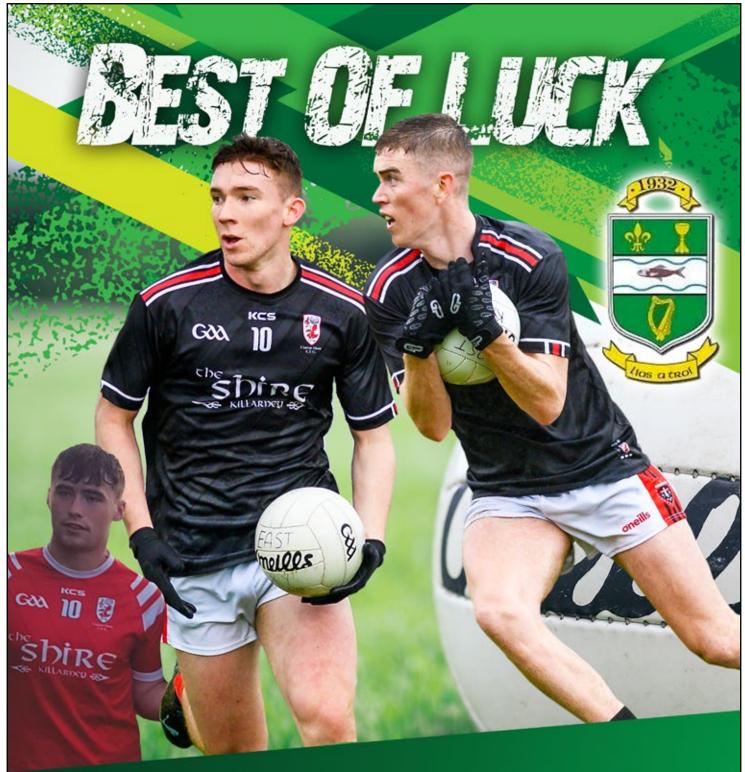
Killarney Celtic 5-0 Bridge UTD

Killarney Celtic U16 girls played Bridge United in their 2nd round fixture in the National Cup today. Celtic started brightly and took an early lead through Sadbh O'Halloran. Chances followed for both teams but Celtic were the stronger team and deservedly doubled their lead when Hannah Casey finished high to the roof of the net. Amelia Carroll Kelly got on the end of a well worked move to make it 3 before half time. The 2nd half followed a similar pattern with Celtic dominating the play and a goal each from the hard working and speedy front two of Ali Bowler and Sarah Warren gave Celtic a comfortable win. Celtic girls played some lovely football throughout and Best on the day for us were Sadbh Curran and Amelia Carroll Kelly. Thanks to Referee Martin Courtney and Bridge United for a sporting game



Rovers attack and Sean McGrath, who has signed a deal to stay at Kerry FC

COUNTY FOOTBALL FINAL: East Kerry v Mid Kerry



TO RONAN, RUAIRI, AARON AND NOEL KENNEDY

(East Kerry Board Secretary)

IN THE COUNTY FINAL from everyone at Listry GAA Club!



COUNTY FOOTBALL FINAL: East Kerry v Mid Kerry



JIMMY O'SULLIVAN-DARCY

LOOKS FORWARD TO THIS WEEKEND'S COUNTY FINAL

COUNTY CHAMPIONSHIP PREVIEW EAST KERRY V MID KERRY

Sunday 5th November, Austin Stack Park Tralee

It hasn't been a great County Championship. : That's nobody's fault; that's just how it is. There has definitely been an air of predictability about it all. From the start absolutely everybody I know - everybody - was looking at East Kerry for the three in a row. Mid Kerry, having reached the last two County Finals, were always going to be there or thereabouts. Personally I thought Milltown/Castlemaine's involvement in the Intermediate Final might derail them a bit, but it hasn't, and that speaks to good management by both the club and the divisional side. Fossa are involved on the other side and of course that includes the iewels in the crown as well as the likes of Matt Rennie and Emmett O'Shea, but the difference is that East Kerry have the likes of Luke Crowley, Will Shine, and plenty more on their bench.

I honestly thought St. Kierans would rattle more cages than they did. In fairness, they did meet the team in the guarter-final that absolutely nobody wanted to meet, but I have been tipping them to cut loose for the last couple of years but their performances have never managed to be the sum of their individual talents. To be fair, drawing from three different districts is always a real disadvantage. I was looking at two other teams in particular. St. Brendans had Austin Stacks on board but Stacks have been absolutely riven with injuries this year. I know every club has been down bodies and I personally think the playing schedule is way out of hand. I'm a big supporter of the split season. It isn't the problem. It's the big increase in games - how can you reduce an All Ireland Championship from 32 teams to 16 teams and simultaneously

hugely increase the number of games by the addition of this completely unnecessary and unentertaining group stage? Yes, you had the likes of that Kerry v Mayo classic, but you had five bad games for every good game (partly, of course, because of the overly cautious and negative approach that teams adopt now). In the meantime, we have group stages in a tight, intense club championship - that was brilliant to watch all the way in all grades. Only by the time the actual County Championship rolled around, especially with so many teams that we knew weren't going to be in the mix and the club teams already starting to grind their gears and pick up knocks, the interest wasn't really there. And you could clearly see that in the attendances. I know clubber provided brilliant coverage and people made use of that (I did myself), but it doesn't account for the shortfall. It will be interesting, and guite possibly a bit worrying, to see the attendance next Sunday, although I will say that Reenard v Tarbert is a fantastic curtain-raiser. Dingle are Kerry Club Champions and will be representing us in the Munster Championship, but they just fe3ll away in the last twenty minutes of their semifinal and there is a consensus that fatigue played a part.

Look, in the end of the day, you have the two best teams in it facing each other, and that counts for a lot.

Path to the Final - East Kerry **Group Stage**

Round One: East Kerry 3-13 South Kerry Round Two: East Kerry 0-17 West Kerry 0-9 Round Three: East Kerry 1-13 Templenoe 0-12



Quarter-Final: East Kerry 4-19 St. Kierans 0-12 Semi-Final: East Kerry 1-16 Rathmore 1-10

Path to the Final - Mid Kerry **Group Stage**

Round One: Mid Kerry 3-11 Spa 0-14 Round Two: Mid Kerry 4-7 Shannon Rangers

Round Three: Mid Kerry 1-9 Kerins O'Rahillys

Quarter-Final: Mid Kerry 1-19 Na Gaeil 1-7 Semi-Final: Mid Kerry 3-11 Dingle 0-9

VERDICT

Mid Kerry have lost out to East Kerry by fairly big margins twice in the last three years. This is a more seasoned Mid Kerry side, though. The likes of Keith Evans are men now, not talented youths. Gavan O'Grady was carrying an injury that clearly hampered him last year and a fully fit O'Grady is a much more dangerous animal.



COUNTY FOOTBALL FINAL: East Kerry v Mid Kerry





They look more potent anyway. Cillian Burke is the linchpin but, well, Jack Sherwood will let us know fast enough whether Cillian should get a county jersey next year or not. These are the big stages and this is the spotlight. Éanna O'Connor's free-taking is almost metronomic and that counts for an awful lot at this level. Darren Houlihan and Gavin Horan have been two of the real start performers for me all year, very under-rated players. Seán O'Brien is another who must be on Jack O'Connor's radar and with good reason. Nathan Breen gave an absolute masterclass against Dingle – will he pick up David Clifford? I wouldn't have Mike

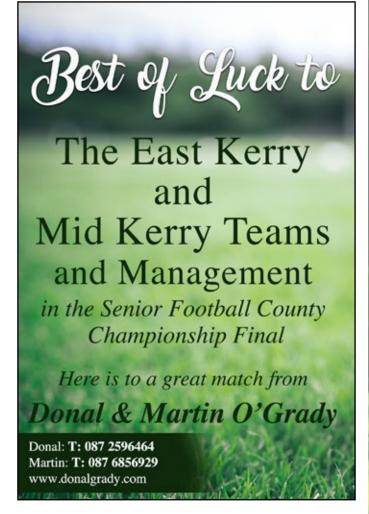
Breen on Paudie Clifford; I'd give that crucial role to Pa Kilkenny and leave Mike Breen to hold the centre ground.

East Kerry haven't really had to dig deep in their games so far. Templenoe gave them their hardest battle but East Kerry were effectively through anyway. David Clifford is, of course, the main man, but Darragh Roche is quietly deadly too and if that full forward line are sent ball, they'll put it on the scoreboard all day long. At the back the likes of Cian Lynch and Dara O'Callaghan are going about their defensive duties in style, while Kieran Murphy and Ronan

Buckley are very solid in midfield and Darragh Lyne will be moving in there and giving the pair room to break themselves or go forward himself.

East Kerry will be favourites. Of course they are going to be favourites. I do expect them to win it, but I expect this to be a lot closer than the previous two final meetings and quite frankly, I'm absolutely hoping so. It hasn't been a great championship, and the County Board will hopefully be having some tough conversations on that topic in the coming weeks, but a grandstand finale could plaster over a lot of cracks for now.







JIMMY O'SULLIVAN-DARCY

takes a look at all things sport...

FOSSA RETAIN O'SULLIVAN **CUP**

East Kerry O'Sullivan Cup Final: Fossa 0-10 Gneeveguilla 0-8

Fossa's annus mirabilis continues with their retention of the East Kerry O'Sullivan Cup last Sunday in the Fitzgerald Stadium. A hard-fought game saw Tadhg O'Shea, top scorer on the day, open the scoring but Gneeveguilla looked fractionally sharper in a first half where scores were at a premium and they led by 0-5 to 0-3 coming towards halftime. However, well-taken scores from Harry Kelly and Cian O'Shea had the teams level at 0-5 apiece when Brendan Brosnan sounded the half-time whistle. Fossa, with Cian O'Shea especially impressive in midfield, kicked the next three points on the trot and Gneeveguilla, despite some great displays, were always chasing after that. They did create goal chances that might have turned the game but Fossa custodian Colin Myers, star of last year's final, was again in top form. East Kerry Board Chairman John Dineen presented the Owen O'Sullivan Memorial Cup to team captain Eoin Talbot.

RELEGATION FINAL: Na Gael 1-17 Kerins O'Rahillys 0-16

Two years ago Rahillys lost a County Final to Austin Stacks, and injuries to David Moran and Gavin O'Brien played a big role in that. They represented Kerry in the Club Championships last year, winning Munster and losing an absolutely cracking All Ireland semi-final by a tight margin.

Unfortunately, they just couldn't keep that team together. Jack Savage, Cormac Coffey, and Gavin O'Brien all ply their trades in father shores now. Younger players have come into the fold but Rahillys underage structure just hasn't been at the top level. There are too many of their players making the starting fifteen for either the Green or Mounthawk, for example. That's no criticism, merely stating a hard fact. Word is that David Moran is retiring – with respect to the great man, how much more can he be expected to give? Tommy Walsh has serious miles on the clock as well and games are visibly taking a lot out of him now. Time, the great leveller, is close to calling his due. Barry John Keane, Con Barrett....they have more to give, but the sands are trickling down the glass for them too. Rahillys do have talent, the likes of Tom Hoare, Ben Hannafin, and Conor Hayes are top drawer footballers.

But Na Gaeil are on the opposite side of that curve and travelling upwards. Deservedly so. Tralee's youngest club has enjoyed an incredible decade of success, especially at underage, and that's the harvest they are picking from now. Jack Doyle, Tomás Ó hAinifein....these guys are only getting better over the next couple of years. I'm not saying that they will be in contention for the Bishop Moynihan (I am most certainly not suggesting that) but they look better equipped in the short-term to compete at the top level.

Rahillys did not go gently into the dying of the light, to paraphrase Dylan Thomas. They fought all the way to the bitter end. In fact, they looked the better side for about forty minutes of a high-octane thriller but just couldn't maintain the pace.

It does bring me back to the age-old problem in the Senior County Championship. The simple fact is that there have been much worse teams than Kerins O'Rahillys in the

County Championship, and they are Divisional teams. I'm not in favour of eliminating divisional teams; I think Kerry benefit from them in many ways. I have gone on record as saying that I am very surprised that other counties don't look at our model. But even back when the County Championship was revamped (and yes, I absolutely favour going back to a winners v winners and losers v losers round two without a group stage) I felt that the divisional teams could have been restructured. As it is, clubs risk everything and divisional teams risk nothing. Next year's Intermediate Championship is almost certainly going to be way more exciting than the Senior County Championship; that's the stark reality. I wouldn't be amalgamating the North Kerry sides just yet, despite both of them again falling at the group stage this year. The North Kerry experiment at underage has been hugely successful within a couple of years, let's hold off and see how many of those lads come through. St. Brendans, with John Mitchels, Austin Stacks, and now Kerins O'Rahillys on board, should definitely be contenders next year. Historically, they account for a huge amount of Kerry County Championships between them - they were so dominant when they competed as Tralee Mitchels that the County Board split them in three in 1928.

Look, either East Kerry will lose Fossa or Mid Kerry will lose Milltown/Castlemaine. St. Brendans should most definitely be contenders. Dingle have been knocking hard on the door and with a less gruelling schedule, I could see them winning it. Crokes were missing key players when it mattered, especially Gavin White. Put Paul Murphy and Chrissy Spiers back into a Rathmore



Kerry GAA supporters club presenting a Cheque to Kerry Co Board Chairman Patrick O Sullivan for the Kerry team training fund. The Kerry GAA Supporters' Club social was held on 29th of October 2023 in Ballygarry House Hotel. Guests on the night included Johnny Culloty, dual player and Captain of the All-Ireland wining team 1969, as well as Fionán Mackessy, All-Ireland Poc Fada winner 2023. Photo By: Domnick Walsh © Eye Focus LTD.



Donal O Leary, Chairman of Kerry GAA supporters club presenting Johnny Culloty with his award. The Kerry GAA Supporters' Club social was held on 29th of October 2023 in Ballygarry House Hotel.

Photo By: Domnick Walsh © Eye Focus LTD.



side for the knock-out stages and nobody would fancy meeting them, especially with the likes of Andrew Moynihan ready to step up. There's potential - just potential - for a brilliant County Championship.

And that is something I have always believed, that Kerry's strength at inter-county can be weighed and measured by the quality of our Senior County Championship.

NATIONAL LEAGUE FIXTURES FOOTBALL

I'm not pushed about winning Division One. In fact, I think that early intensity cost Mayo in the long run last year. Cards on the table, an ideal run in the National League would be picking up early points while not training to a full peak yet and while getting game-time into the likes of Joe O'Connor. Stefan Okumbor. Ruairí Murphy, Cillian Burke....Look, there's a host of names with their hands up for selection. It's just a tricky balance between getting enough points and blooding enough players. That's a tough start for Kerry. Mickey Harte will be going all-out with Derry; there's pressure on an outside manager, even him, right from the start. Monaghan are a tough crowd on their own ground. I expect Mayo to hit the ground running in the league (I wouldn't do it but I think they will) and as for Dublin? Good luck getting accommodation. After those four games, either we are in a real dogfight or we have a little bit of breathing space.

Round 1 Kerry v Derry (weekend of January 27-28)

Round 2 Monaghan v Kerry (weekend of February 3-4)

Round 3 Kerry v Mayo (weekend of February 17-18)

Round 4 Dublin v Kerry (weekend of February 24-25)

Round 5 Kerry v Tyrone (weekend of March 2-3)

Round 6 Roscommon v Kerry (weekend of March 16-17) Round 7 Kerry v Galway (w/e of March 23-24)

HURLING

Your guess is as good as mine. The players

seem very happy with Stephen Molomphy, : but take the likes of Mikey Boyle, Seán Weir, and Daniel Collins out of any team and you'll feel it. That said, Fionán Mackessy has another McDonagh Cup All Star, a Poc Fada title, and was Kerry's only representative in the Shinty team against Scotland. When you have himself and Ross around the middle, you always have a chance. Kerry also have good young hurlers coming through. Of course, the likes of Rob Monahan, Donal Down O'Sullivan, Barry Mahony, Charlie Keating, Tom Doyle, Oisín Maunsell, young Evan Boyle and Paddy Lane (the latter are too young yet but I'd bring them in and start developing them...

Luke Crowley is a fantastic talent and he showed it again last weekend as he helped Rathmore to the South Kerry Championship to add to the South Kerry League and County Junior titles already won this year. Consider that a few years ago, Rathmore didn't even have a senior hurling team!

Again it's a tough start. I think our opening game against Carlow will really set a tone. Win and we are starting on the front foot. Lose and well...the league tends to be fairly merciless.

Round 1 Kerry v Carlow (weekend of February 3-4)

Round 2 Down v Kerry (weekend of February 10-11)

Round 3 Kerry v Meath (weekend of February 24-25)

Round 4 Kildare v Kerry (weekend of March 9-10)

Round 5 Laois v Kerry (weekend of March 16-17)

LIMERICK CHAMPIONS END RATHMORE'S MUNSTER DREAM

Munster Intermediate Semi-Final: Monagea (Limerick) 0-12 Rathmore 0-8

Rathmore came fast out of the starting blocks. Norma Mahony coolly slotted the opening point. Caroline Reen won a free converted by All Star nominee Danielle O'Leary and Sineád Warren laid off to Aoife O'Callaghan for a good score. Monagea's main threat



was the free-taking of Catriona Davis – the full forward won and converted a free for their first score in the 11th minute. Rathmore, playing much more direct and foot-passing football, clipped over a point from Caroline Reen. Danielle O'Leary turned over the kickout and drew a foul which she slotted over. At 0-5 to 0-1, Rathmore looked very much in control of proceedings.

Monagea weren't going away though. Deborah Murphy had a snapshot at goal well denied by keeper Amy Murphy but midfielder Ellie Woulfe clipped over a well-worked point. Danielle O'Leary notched a quick Rathmore brace of scores to make it 0-7 to 0-2 drawing near to the end of the first half. Catriona Davis won and pointed another free. Then things started to go awry for Rathmore as Chloe Fitzgerald picked up a yellow card and Deborah Murphy, always lively on the forty for the Limerick outfit, closed out the first half scoring.

Half-time Rathmore 0-7 Monagea 0-4

Things looked good for Rathmore at this stage - if anything, they should have been further ahead. Unfortunately, the second half was to prove a completely different story. Catriona Davis drew yet another foul to top up her tally on the restart. A turnover by Danielle O'Leary saw Aoife O'Callaghan score her second point but, incredibly, they weren't to score again. Catriona Davis launched a probing high free in after Grace Lee was fouled, but Lily O'Brien made a superb catch to clear the danger. The problem was that the ball kept coming straight back in, with Brigitte Cahill. Deborah Murphy fired over another and then won a free converted by Davis. Eight points apiece and the visitors were assuming complete control. Ellie Woulfe nudged them in front. Good link play between Deborah Murphy and Brigittte Cahill saw Karen O'Leary put them into the lead – a little more composure with the finish and that could well have been a goal. Deborah Murphy made it 0-10 to 0-8. Karen O'Leary found Catriona Davis for a good point from play. Rathmore did make a break and Eileen Murphy got in a good shot towards goal, but it was blocked in the packed square and cleared. Lilly Duggan clipped over the final score to put four between them and for the second year in a row, Monagea had seen off the Kerry





Action from the Rathmore v Monagea Munster Intermediate Semi Final at the weekend Supporters at the Rathmore v Monagea Munster Intermediate Semi Final at the weekend

champions. They now advance to the final against Glanmire, their third on the trot.

Rathmore manager Kieran Mahony was disappointed but not begrudging. "Look, Monagea won fair and square. That's a fine team and we wish them the best of luck going forward. We're disappointed with today but overall I can't say how proud I am of all these girls. They are a great group and we had a great year. They gave us everything."

Rathmore: Amy Murphy, Chloe Fitzgerald, Sarah Murphy, Ciara Hickey, Alice O'Leary, Bríd Ryan, Lily O'Brien, Mary Collins, Katie Mahony, Sineád Warren, Danielle O'Leary (0-4, 2f), Aoife O'Callaghan (0-2), Norma Mahony (0-1), Caroline Reen (0-1), Emily Riordan. Subs Aoife O'Sullivan (for Sineád Warren, 45), Eileen Murphy (for Caroline Reen, 55 mins), Maggie Buckley (for Aoife O'Callaghan, 58)

Unfortunately, there was no joy for Finuge/St. Senans either. They bowed out of the Munster Senior Club Championship at the hands of Ballymacarbery on a 1-15 to 0-7 scoreline. If Ballymacarbery sounds like a familiar name to you, it should - they managed to defy all the odds (cough!) to win their 42nd Waterford senior title on the trot this year - and in fact it was their toughest County Final.

RUGBY

Ah well, the dust has settled. Was it a great tournament? Ah no, not really. Did it have great games? Most definitely, and Ireland played its part in some of the very best. I think we should be very happy and very proud of our team overall. The usual keyboard warriors are going on about Johnny Sexton being tired late in the game, but Andy Farrell was okay to leave him on instead of gambling on the relatively inexperienced heir apparent, Jack Crowley. I'm fine with that. Andy Farrell is the World Coach of the Year, so I'll stick by his calls. Also, I think he fully deserves that honour. Yes, we lost a quarter-final yet again, but this one was a great display against a genuinely great team. No shame in that. This definitely wasn't Tokyo, lads.

Incidentally, France were fantastic hosts, but it sounds like the supporters from around the world made their job fairly easy once they sorted out the initial queue and crowding problems (early mistakes were made,



obviously, most notably at the Velodrome, but they were also corrected fast). There was no real trouble and a lot of good humour evident on all sides. The lyrics of 'Zombie' may have drawn a few puzzled looks from other countries' supporters, but I don't care. A sports anthem just needs to be rousing and easily memorable (I have mentioned 'Dancing at the Crossroads' by the Wild Swans, based on Wexford's 1996 hurling triumph, and I will mention it again because it is simply that good) before and it ticks the box absolutely perfectly. The so-called Viking clap? Arrah, I wasn't there myself, so it wouldn't be fair of me to judge. But I'll judge anyway. It looks to me more like people who are anxious to look like they are having a good time on tiktok rather than people who are having actually having such a good time that they don't care about tiktok.

There were too many blatantly one-sided games.

I don't just mean that they ended up onesided; I mean the format absolutely threw minnows to mountain lions and that's just not good enough if you want to grow the sport. There should be a second tier, not more teams included as fodder for the big guns. And excluding the second tier teams from this planned expansion into a sort of Nations League....disgraceful decision.

There was plenty of private gloating among

Irish fans after beating New Zealand in New Zealand and beating England. That came back to bite people on the posterior and yes, plenty of them do deserve it. At the same time I'm not saying that England's woes are completely over. The truth is that it was a woefully lop-sided draw and Ireland, France, New Zealand, and South Africa were all on one side of it.

Arrah, we lick our wounds and we move on. We lost a game by inches but we are still as good as anyone out there. The line-out has to be fixed – I did not see that problem coming, and it was basically a nightmare for us all through. The thing about top level rugby is that if you have any weakness to your game, your opponents will sniff that out almost by instinct and prey on it relentlessly.

The final was more intense and exciting than actual quality rugby, but I can forgive a lot for excitement. You can argue about Cane's red and Kolisi's yellow all day long, I feel that both calls were correct. Fair play to South Africa. I'm sure there will be talk about the 'bomb squad' and implications for the game going forward in their 7-1 split. It looked more like a matter of horses for courses with a bit of gamble in it (no cover in key positions) to me rather than a long-term strategic change, but time and better experts will tell.

Congratulations to Paddy O'Sullivan, a Killarney RFC man and former Sundays Well player.

Paddy was on the South African Rugby backroom team as an analyst and adds a World Cup Medal to the Top 14 medal he won with Montpellier in 2022.

Congratulations also to Ruaidhrí Galway, son of Currow rugby legend Mike, who won a Kilkenny SHC last weekend with O'Loughlin Gaels, beating All Ireland champions Ballyhale Shamrocks in the final.

SOCCER

Euro Qualifiers League B: Ireland 5 Albania 0

Well, when it comes to Vera Pauw, the attitude seems to be that it was a far country, and besides the wench is...well, not dead, let us say 'erased from history'. Ireland, and I freely admit to my surprise, have actually gone from strength to strength. It isn't the strongest of groups, but for most of my



Eileen Gleeson

lifetime, which coincidentally is most of the Irish Ladies' team's existence, we would have struggled badly at this level. Here and now, Ireland are cruising. Our last three games have had wins of 3-0, 4-0, and now 5-0. This was the easiest, as much because Ireland were sharp, hungry, and played attacking football as because Albania are relatively limited. Katie McCabe is unquestionably the talisman. She was simply fantastic and she has been probably the best player in the English League right now, scoring a brace for Arsenal in her last game. She was lucky enough to get away without a card in that one - and that edge is a key part of her game. Nothing wrong with that; she plays on the right side of it. Kyra Caruso is clinical with chances. That doesn't sound like a virtue but look down the list of the Irish strikers on the mens' side right now. Evan Ferguson and then....you know, the other clinical one....If Ireland mens' had an equivalent to Caruso, you'd be looking at a very different narrative over the last couple of years.

Irish stand-in manager Eileen Gleeson made it clear from day one that she doesn't want the role on a long-term basis. She sees overall development as her forte. If she really wants to leave this particular management post, could I offer an alternative position. With the mens' team?

McCabe didn't captain the team by the way. On the night it was Diane Caldwell as the great defender reached her 100th cap. Few of them would have been this comfortable, but she always stood hard in the trenches.

McCabe didn't win the Ballon d'Or, either. She came 22nd. The winner, and this will hardly come as any shock, is Spain's Aitana Bonmati. She won a League, a Champions Cup, a World Cup, and was the Golden Ball winner. The sheer fact that Ireland have a player even in that discussion is simply incredible, but then again, so is the Tallaght

Jude Bellingham won the Kopa Trophy for best U21 Player in the World. Again, between his exploits with club and country, there can't exactly have been a heated debate.

As for the Men's Ballon d'Or winner? Are you kidding me? Of course it was always going to be Messi. The second that the World Cup Final finished, that one was already in the bag and anyone who didn't know that should go on away back to their home planet immediately.

Sean McGrath pens deal to stay at Kerry FC for the next two seasons

Kerry Football Club are delighted to announce that Sean McGrath has signed a long-term contract with the club, which will see him stay in the Kingdom until the end of the 2025 season.

McGrath, 21, came to his home county of Kerry to play League of Ireland football, signing for the league newcomers last January. The Ballyduff man was Kerry FC's second signing and has become a regular feature in Billy Dennehy's match-day squad. In fact, Sean has featured in all 38 games in the 2023 campaign, which includes 34 starts and 4 introductions from the subs bench.

McGrath had plenty of experience at this level prior to signing for the Kingdom. Having graduated from underage academies in both Limerick FC and Cork City, McGrath made his senior LOI debut campaign with Cobh Ramblers in the SSE Airtricity First Division in 2022, playing 27 matches for the Rams. McGrath ended his first season with the Kingdom with 4 goals to his name from the Attacking

Speaking following the signing of his professional contract with Kerry FC, Sean McGrath said "I'm delighted to have signed a professional contract with Kerry FC and to be committed to the club. I'm delighted to be here and I've really enjoyed the last year so I can't wait to be

back next season and continue to represent this club. It's clear to see the club is going in the right direction and has great plans in place and I feel there's no better place for me to be."

Also speaking following the signing, First Team Manager Billy Dennehy said "I'm delighted that Sean sees Kerry Football Club as the place to be for his football over the coming years. Sean coming back to Kerry as a young player who came through the Kerry leagues and made the step up to League of Ireland level at other clubs was a great story and now to have him committed for two more seasons is fantastic. He has grown week on week and as the season progressed Sean became one of our strongest performers. He has a great attitude in training and has a great approach to the game. I'm excited to work with him in the coming years and hopefully give him everything he needs to keep improving and pushing on with his development as a player. Again for us at Kerry FC, it's what we are all about; rewarding young players for their performances and giving them an opportunity to continue developing and improving at his level. I've no doubt Sean will improve massively over the next couple of years with all the hard work he puts in."





KILLARNEY LEGION

O DONOGHUE CUP

The East Kerry board have published their time table for the commencement and running of the blue riband O Donoghue Cup. Currow will host Glenflesk on Sunday November 12th while our Senior Men will be at home to Listry on Saturday November 18th. On the same date Dr Crokes will face the winner of Currow and Glenflesk in the quarter finals. On Saturday November 25th Spa and Gnneveguilla will meet, a day later Kilcummin will be the venue for Kilcummin vs Rathmore. The stage will then be set for the other three quarter finals to be played. The semi finals are fixed for the weekend of the 9th/10th December while the final is set for the following weekend.

FIXTURES

Rd 1: Currow V Glenflesk, Sunday 12th Nov. 2pm Rd 1: Legion V Listry, Saturday 18th Nov. 1pm Q/Final Dr Crokes v Currow/Glenflesk, Saturday 18th Nov. 2.30pm

Rd 1: Spa v Gneeveguilla, Saturday 25th Nov. 2pm

Rd 1: Kilcummin v Rathmore, Sunday 26th Nov. 2pm

Q/Final Kilcummin/Rathmore v Firies, Saturday 2nd Dec.2pm

Q/Final Kenmare v Spa/Gneeveguilla, Sunday 3rd Dec.2pm

Q/Final Legion/Listry v Fossa, Sunday 3rd Dec.2pm

Dr O Donoghue Cup 2023

Semi-Finals: Saturday and Sunday 9/10th December

Final: Sunday 17th December

U16 GIRLS

Our U16 ladies team finished up their season on Sunday morning by winning an East Kerry Division 2 title when they beat MKL Gaels in Direen. On a lovely, sunny morning, both teams started brightly, and a ding dong battle commenced. Legion led at half time on a score of 4-04 to 3-04. Short a number of regulars for varying reasons, they didn't let it take its toll as they continued to take the game to MKL. To the oppositions credit, they battled hard throughout and put in a stellar effort. This comes as no surprise as both teams played out a County League final earlier in the season where MKL came out on top. Today, though, it was Legions turn. Valiant defending, strong running and well taken scores paved the way for a hard earned win. Final score Legion 4-09 MKL 3-06. Thanks to MKL for another great sporting game of football and to John Purcell for officiating.

EAST KERRY

Best of luck to our representatives involved with the East Kerry team that will play Mid Kerry in the Senior County Championship Final this Sunday at 3.30 in Austin Stack Park. Brian Kelly, Cian Gammell, Darragh Lyne, Eoghan O Sullivan, Finbarr Murphy, Rob Leen and William Shine are all part of Jerry O Sullivans panel.

MEMBERS MEETING

A members meeting will take place in the Clubhouse on Monday November 6th at 8pm. All members are urged to attend what will be the final meeting before the Club AGM.

U11 BOYS



Killarney Legion U16 Girls East Kerry Division 2 Champions

Front (L to R): Zoe Counihan, Leah O Grady, Sophie Duke, Kate Fleming, Grace Cox, Kate O Toole, Sophie O Shea, Roisin McAuliffe.

Back (L to R): Fergal Moynihan, Darcy Tangney, Laura Healy, Lauren Carey, Emily Brosnan, Eva Spellman, Ted Healy, Kiera Moynihan, Ali Bowler, Emily O Shea, Eva O Shea, Sharon O Grady.

The final day of football for our U11 Boys in 2023 was taking part in the John Lynch Memorial tournament today in Austin Stacks .We had two teams competing against St. Finbarrs of cork, Ardfert, and Listowel in the group stages, and the boys were excellent in all games, which meant we played John mitchels in the afternoon. Again, our boys were excellent again and really improved the more football they played . Our 2 team captains on the day Robbie Fennelly and Andrew O Sullivan lead both team from the front and set the tempo for their team mates to follow and that they did with distinction .Huge thanks on the day to all the parents and coaches Eamonn Maguire, Kieran O Shea, Donal O Donoghue, and John Keane .Massive thanks to our hosts, Austin Stacks, and especially the Lynch family, who yet again provided a great tournament, great pitches, good weather, and superb fun for all the kids from all over Ireland. **U15 BOYS**

Unfortunately our 15 boys season came to an end on Wednesday evening last. Playing with the aid of a stiff breeze in the first half a decent advantage was built up. The team had numerous chances in the second half to close out the game but failed to take advantage. That allowed Kilcummin to finish stronger to snatch the win. Well done to all the boys this evening and to all the U15s for a great effort all year. Best of luck to Kilcummin in the final and thanks to Mike Brosnan for refereeing. Final score Killarney Legion 0-9 Kilcummin 1-7.

U17 BOYS

The U17 Boys qualified for the East Kerry Division 2 Final after a thrilling 5-10 to 2-18 win away to a Cordal /Scartaglen combination.

CLUB SHOP

Our club shop will be open every Tuesday, 6-7, Thursday, 6-7, and Sundays 6-7 up until Christmas. Our last order date to our suppliers is Sunday the 12th of November. The shop has plenty of stock but don't miss out to avoid disappointment. There will be running a

Christmas Club weekly payments up until the 21st of December.For further details you can contact Sharon 0851605078 or Caroline 083 8915953.

BABY JOY

Congrats to senior player Mark Heffernan and his wife Kerri on the birth of their new baby girl, Lily, this week past.

There will be a short winter in the house. **LOTTO**

Results Monday October 23rd. Numbers drawn 2, 3, 9, 14. Bonus 11. No jackpot winner. Lucky Dips/ Match 3s: 1. Derry Horgan & nephews 2. Steve Dennehy, Lake hotel 3. Han Linehan 4. Sean McCarthy, Mill Road 5. Kieran O Shea, Online

DR. CROKES

EAST KERRY MINOR CHAMPIONSHIP

Our minor team, despite missing a number of players, put in a great performance against Gneeveguilla last weekend to secure their place in the East Kerry final.

GENTLE MOVEMENT CLASSES with Kathleen continue every Monday at 11am. All are welcome to join, you do not need to be a member of the club.

FR. PADDYS CARD'S continue every Wednesday at 8pm in the clubhouse. All you need is €5 and a partner. All are Welcome.

LOTTO took place October 23rd. Numbers drawn were 12, 13, 16, 26 Jackpot of €5,300 was NOT WON. 6 patrons matched 3 numbers and received €70 each. Jackpot for draw on November 6th will be €5,600. We have made a number of alterations to make things easier for members to play the easiest one being to play it online by following the link below and follow instructions attached

https://play.clubforce.com/play_newa.asp?ll_id=734#Anchor

DR. CROKES SHOP

You can shop worldwide on our online shop.

BINGO

Dr Crokes Bingo continues every Sunday night in St. Marys Parish Hall at 8pm. Doors open at 6:45. This week's jackpot is worth a whopping €2,600 with another €1,650 in prizes to be won in 10 games of bingo. Everyone Welcome.

If anyone has anything they want to add to our club notes please email pro.drcrokes.kerry@gaa.

MILLTOWN/CASTLEMAINE

LOTTO

SPONSORED BY ALMAS TAKEAWAY, MILLTOWN

The fortnightly club lotto draw took place on Monday, October 30th at the club grounds. There was no jackpot winner on this occasion. The numbers drawn were 8, 15, 17 and the bonus ball was 7. Lucky Dip winners were as follows: €50 - Tom Galvin, Milltown. €50 - Eileen Sugrue, Listry. €25 - Gemma Teahan, Ballyfinnane. €25 - Bart O'Sullivan, Milltown. €25 - Eoin O'Brien, Castlemaine. €25 - Shane Dinham, Milltown Our next club lotto draw is scheduled to take place on Monday, November 13th at 19:30pm in the Clubhouse where the jackpot will be €13,000. Get your draw tickets or renew your yearly tickets online on Clubforce or get your tickets for the next draw from all the usual local outlets. Mile búiochas do gach duine for playing Milltown/Castlemaine Clubs Fortnightly Fundraiser, the money raised is vital to the day to day running of our club and your support is sincerely appreciated.

KERRY PETROLEUM INTERMEDIATE CLUB FOOTBALL CHAMPIONSHIP: FINAL DATE CONFIRMED

Milltown/Castlemaine will take on Fossa in the 2023 Kerry Petroleum Intermediate Club Football Championship Final.

The date, time and venue has been confirmed for Sunday, November 19th at 2:30pm in Austin Stack Park, Tralee. Extra-Time and Penalties in the event of a draw.

GARVEY'S SUPERVALU COUNTY SENIOR FOOTBALL CHAMPIONSHIP: FINAL FIXTURE Mid Kerry will face reigning champions East Kerry on Sunday, November 5th at 3:30pm in Austin Stack Park, Tralee in the Garvey's Supervalu County Senior Football Championship Final. We would like to wish the players and management especially our own Milltown/Castemaine representatives all the very best and would ask our club members to get behind the lads for the final, fly the Mid Kerry colours in advance and

Match tickets are available to purchase at the following link:

show your support on the big day in Tralee.

https://www.universe.com/users/kerry-gaa-VLF1SR?fbclid=lwAR2RRZCTQJJ2jfew_XKeaAQ pMhV9o6E4vA0FE_2guNPyzZGHj3Vm7GU-eW4 MID KERRY MINOR FOOTBALL CHAMPIONSHIP: SEMI-FINAL RESULT AND FINAL FIXTURE

Milltown/Castlemaine 2-10 Keel/Listry 0-14 Congratulations to the Milltown/Castlemaine Minor team and management who advanced to the Mid Kerry Final on Saturday afternoon following a nail-biting two point victory over near neighbours Keel/Listry at the Paddy Burke Memorial Park in Milltown in challenging underfoot conditions for both sides due to the recent inclement weather.

Milltown/Castlemaine carried a four point lead into half time as two all important first half goals from Dara Hogan and Eoghan Corbett gave them a 2-04 to 0-06 advantage. The only other scorer during the half for the hosts was Gearóid Quirke as he put over a lovely point off his left from play.

Keel/Listry battled back in the second half and as the game approached the closing stages the visitors levelled the contest at 0-14 to 2-08. Milltown/Castlemaine's six second half points all came from the boot of Dara Hogan and with three minutes of injury time added on by referee Jonathan Griffin it was to Hogan that the home side once again turned to and he delivered by landing two superb scores from distance to propel his side to a two point victory and taking his own personal tally for the day to a hugely impressive 1-8.

A great result by the lads who were three points down at one stage of the match. They have now taken victories against Beaufort, Glenbeigh/ Glencar/Cromane and Keel/Listry in this seasons Mid Kerry Championship.

Scorers: Dara Hogan 1-8, Eoghan Corbett 1-1, Gearóid Quirke 0-1

Milltown/Castlemaine will now meet Laune Rangers in the Mid Kerry Minor Football Championship Final with date, time and venue to be confirmed.

U12 GIRLS: END OF SEASON TEAM BONDING TRIP!

Our under 12 girls celebrated their successful year with a trip to Bowling Buddies in Tralee on Bank Holiday Monday. The club wishes to thank senior club captain Cathal Moriarty for taking time out of preparing for the upcoming intermediate championship final to present the girls with their well deserved medals.

Many thanks to all involved in this historic season for our club, to our coaches, lan, Evelyn, Anthony & Adele, for the work & commitment shown to all involved, to all the parents who travelled the countryside supporting the team, and most importantly to the girls themselves who's commitment & dedication shown this year was fantastic. Roll on 2024 when both our under 12s & 14s teams will be competing.

U10 BOYS: END OF SEASON BLITZ

Milltown/Castlemaine's U10s travelled to Tralee on Saturday to take part in the the 7th Annual John Lynch Memorial, hosted by Austin Stacks GAA. It was a very enjoyable outing for the players and management with games against teams from Dublin, Cork and Kerry.

CONGRATULATIONS

Huge congratulations to Ríain Foley, a club member of Milltown/Castlemaine GAA who travelled to Madrid, Spain at the weekend to take part and represent Ireland in the Open European TaeKwon-Do Championships. Ríain came home with a Sliver Medal following his exploits, a fantastic performance by him. Wishing you continued success moving forward! ITEMS FOR THE CLUB NOTES

If you have any items for inclusion in the weekly

notes, then please contact the club's PRO Dara O'Connor on 086 268 8674 before 20:00 on Sundays.

EAST KERRY GAA NEWS

by Michael Healy

EAST KERRY O SULLIVAN CUP JUNIOR CHAMPIONSHIP FINAL

Sponsored By Killarney Carpet Furniture Centre Fossa 0-10 Gneeveguilla 0-8

BILL TANGNEY CUP

Quarter-Finals: Kilcummin 1-14 V Currow 1-20 **SEMI FINALS**

Currow v Listry, Dr Crokes v Firies, Saturday 4th November 2pm. First named team at home FR GALVIN CUP FINAL

Cordal v Scartaglin, Saturday 4th November 2pm. Venue TBC

TATLER JACK EAST KERRY MINOR CHAMPIONSHIP

Division 4 Final: Firies 2-17 V Kenmare B 1-07 Div 2 Final: Legion v Glenflesk, Saturday 4th November 12noon. Venue TBC

Div 3 Final: Spa v Dr Crokes, Saturday 4th November 12noon. Venue TBC

MUNSTER SCOR

Well done Spa Set dancers, Munster Champions for 2023.

GARVEYS SUPER VALU COUNTY SENIOR CHAMPIONSHIP FINAL

Good luck to the East Kerry team in next Sundays County Final against Mid Kerry.

CUMANN NA MBUNSCOIL

East Kerry/Kenmare schools were well represented in the county finals over the last few weeks. It was fantastic to see so many schools competing at all levels showing the massive contribution teachers make towards implementation of GAA in our local schools. Many thanks to all teachers for supporting Vince Cooper East Kerry/Kenmare GDA and Colm O Brien South Kerry Hurling in the delivery of the school coaching programme.

KERRY COUNTY BOARD SUPER TEN GAMES

Kilcummin and Dr Crokes played in the county U14 Super Ten competition in Caherslee during the week. The format was three games on the night. Conditions were excellent with all teams performing well on the night. Dr Crokes progressed to the county final against Laune Rangers showing excellent team spirit to reach the decider. Kilcummin played well in all games displaying excellent skill levels. All players were presented with a Munster Top in recognition of reaching the final stages of the competition. Thanks to Joe Wallace (Caherslee) and referees Evan Horan (Glenflesk) Billy Lacey (John Mitchels) and Gary Kissane (Kerins O Rahillys) for supporting the well run event.

MONTHLY MEETING

Our next monthly meeting takes place on Tuesday 7th November, at Killarney Heights Hotel at 9pm.



DANNY **HEALY-RAE** TD

WEEKLY CLINIC ON:

SATURDAY AT SCOTT'S HOTEL, KILLARNEY AT 11AM

We are available to meet constituents at any time. Give us a ring to arrange a suitable time and place.

CIIr MAURA HEALY-RAE



BUSES TO BELFAST FOR CATARACTS

DON'T WAIT ANY LONGER FOR YOUR CATARACT PROCEDURE, GET YOUR PLACE ON ONE OF THE NOVEMBER BUSES TO BELFAST NOW.

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Check the expiry date on your passport.

Contact our office for advice BEFORE applying for your passport.

Danny Healy Rae TD - Monthly Clinics

1st Monday	Rathmore & Gneeveguilla	3rd Friday	Castleisland Area
8.15 PM	Top of the Hill, Rathmore	7.30 PM	River Island Hotel, Castleisland
8:30 PM	Bridge Bar, Rathmore	8.00 PM	The Kingdom Bar, Castleisland
9.00 PM	Dennehy's Bar, Rathmore	8.15 PM	The Crown Hotel, Castleisland
9.30 PM	Richie McAuliffe's, Gneeveguilla	9.00 PM	Hughes Bar, Cordal
1st Wednesday	Killarney Area	9:30 PM	Lyon's Bar, Scartaglen
8.00 PM	Torc Hotel, Lissivigeen	4th Thursday	Killorglin Area
8.30 PM	The Village Inn, Kilcummin	7:00 PM	Golden Nugget, Fossa
9.00 PM	Old Killarney Inn, Aghadoe	7.30 PM	Galvin's Bar, Beaufort
9.30 PM	The Golden Nugget, Fossa	8:15 PM	O'Grady's Bar, Killorglin
1st Thursday	Glenflesk & Barraduff	8.45 PM	Larkin's Bar, Milltown
8.30 PM	The Kerry Way, Glenflesk	9.15 PM	Griffins Bar , Castlemaine
9.00 PM	Spillane's Headford	9.45 PM	Anvil Bar, Boolteens
9:30 PM	Murphy's Bar, Barraduff	4th Friday	Kenmare & Sneem Area
10:00 PM	Sweeney's Bar, Barraduff	8.30 PM	The Roughty bar, Kenmare
1st Friday	Tuosist & Lauragh	9.30 PM	Riney's Bar, Sneem
9:30 PM	Sailors Bar, Killaha West	10.00 PM	Blackwater Tavern
10:00 PM	Helen's Bar Kilmacalogue	10.45 PM	O'Connor's Bar Kenmare
10:30 PM	The Lake House Tuosist	Last Monday	Farranfore Area
3rd Monday	Knocknagoshel & Brosna	8:00 PM	Ulick's Bar, Farranfore
8.30 PM	O'Connor's Bar, Knocknagoshel	8:30 PM	James Daly's Bar, Farranfore
9.00 PM	Walsh's Bar, Knocknagoshel	9:00 PM	Cunniffe's Bar, Currow
9:30 PM	Kate Pat's Bar, Brosna	10:00 PM	John Hendersons, Firies
9.45 PM	Sportsfield Bar, Brosna		

PLEASE CONTACT

Danny **087 2316055** Office **064 6685315** Maura **087 7816432** Johnny **087 2354793** Eileen **087 9975419**

Email: danny.healyrae@oireachtas.ie | johnnyhealyrae@gmail.com | maurahealyrae@gmail.com



COMHAIRLE CONTAE CHIARRAÍ KERRY COUNTY COUNCIL

BÓITHRE A nDÚNADH GO SEALADACH TEMPORARY CLOSING OF ROADS

ALT 75 d'ACHT NA mBÓITHRE 1993 SECTION 75 OF ROADS ACT 1993

Notice is hereby given that, pursuant to Section 75 of the Roads Act 1993, and the Temporary Closing of Roads Regulations 1994, Kerry County Council **is proposing** to close to public traffic the streets outlined below in order to facilitate the holding of the *Christmas in Killarney Parade on Saturday*, 25th November 2023:

Streets: College Street, from the junction of Lewis Road to Plunkett Street

Main Street, from the Plaza Hotel to Market Cross

High Street, from the Market Cross to the junction of Msgr O'Flaherty Road

New Street, from the Market Cross to the junction of Beech Road

Street Closing Times: From 5.00 p.m. to 7.30 p.m.

A traffic diversion system will operate on the main approaches to the town.

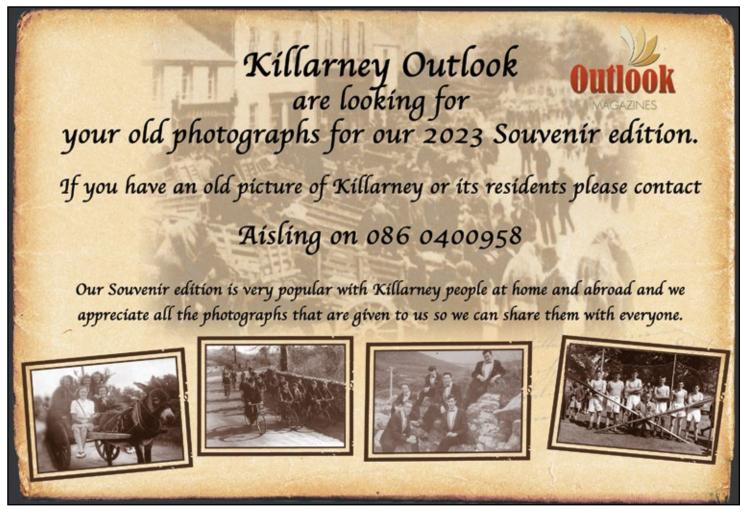
Any person having an objection to the above proposal should lodge same, in writing, marked **Road Closure**, with the Administrative Officer, Roads, Transportation and Marine Department, County Buildings, Tralee, County Kerry or by e-mail to **roads@kerrycoco.ie** not later than **4.00 p.m. on Monday, 6th November 2023.**

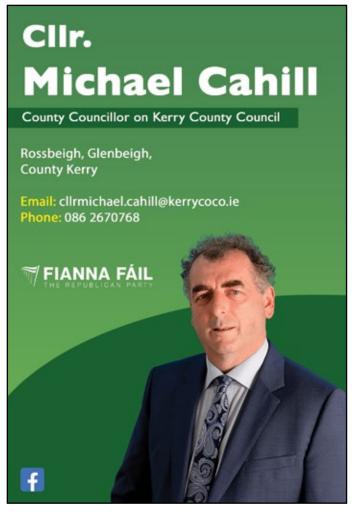
To enable the processing of submissions/ objections Kerry County Council can legally process this information, as necessary, to comply with its statutory/legal obligations. Such information will be processed in line with the Council's privacy statement which is available at www.kerrycoco.ie.

Padraig Corkery Senior Executive Officer Corporate Affairs













MOST COMMONLY ASKED OUESTIONS

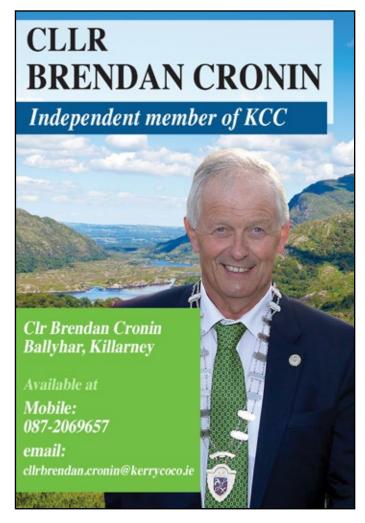
- Do I need a medical card to avail of this? NO Do I need to have health insurance? NO
- Does it only apply to a certain age group? NO

For further information please call

Martina in my office **064 6685782**

Contact Numbers: 01 618 3363/064 66 85782 E: michael.healyrae@oireachtas.ie



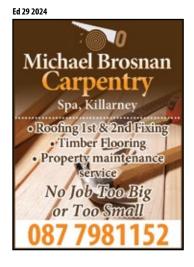


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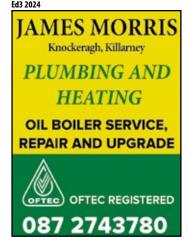






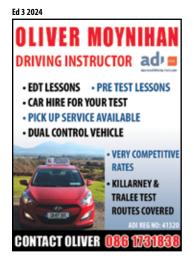






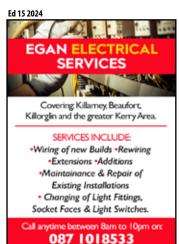


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Citizens Information C;

Spotting the signs of an abusive relationship

Everyone has arguments, and everyone disagrees with their partners, family members and others close to them from time to time. But if this becomes the norm in your relationship and you feel afraid of your partner, then this is a sign of an abusive relationship. You can feel as if you have no power over your life and that you are being controlled by your partner.

"Abuse can happean to anyone at any age and in any type of relationship. It can happen to adults and it can happen to teenagers. And you don't have to be married or living with your partner for them to act abusively towards you" says Deirdre Vann Bourke, Kerry Development Manager with South Munster Citizens Information Service.

Types of abuse

An abusive relationship is where one person uses abuse to control and have power over their partner in an intimate relationship. It can be:

- Physical abuse
- Emotional abuse
- Online abuse
- Sexual abuse
- Economic (financial) abuse

Coercive Control

"Coercive control is another type of abusive behaviour and is now a criminal offence in Ireland" confirms Deirdre. This is when a boyfriend or girlfriend, partner, husband or wife, or ex uses an ongoing pattern of controlling, coercive and threatening behaviours to trap the person in a relationship.

Coercive control can make it impossible or even dangerous to leave an abusive relationship and can include all or some forms of abuse. This can result in a person changing their routines and losing contact with family and friends. Coercive control can damage a person's physical and emotional well-being.

If you ever decide to seek protection from the Gardaí you will need to have a record of what has happened. This will provide proof and help establish that it is a pattern of abuse. Examples of evidence to support you include:

- · Copies of emails, phone records or text messages
- Evidence of abuse over the internet, digital technology and social media platforms
- Records of interaction with services such as support services or medical records
- Witnesses: for example the family and friends of yours may be able to give evidence about the effect and impact of isolation from them
- Bank records to show financial control
- Notes of previous threats made to children or other family members
- Your diary with dates and incidents and any statements that you have made to the Gardaí.

Young people in abusive relationships

Many young people, in particular young

women, are subjected to abuse in their intimate relationships. This is called 'intimate relationship abuse'. This is when your boyfriend, girlfriend or partner uses a pattern of abusive behaviours to gain and maintain all the power in the relationship. Deirdre warns "Abuse can happen in short-term relationships or even your first relationship. If you are worried about your relationship, you can take a relationship quiz on the website www. toointoyou.ie to see if there are warning signs that your partner's behaviour is controlling. Examples of controlling or abusive behaviour can include:

- Controlling what you wear and who you see
- Sharing or threatening to share intimate images or videos of you without your consent
- Isolating you from family and friends to make you feel guilty if you don't spend all your free time with them
- Bombarding you with texts and DMs and getting angry if you ignore them
- Demanding to look through your phone or social media
- Checking your text messages, email and social media accounts to keep tabs on you
- A bad temper, you feel afraid to disagree with them
- Physically attacking you or threatening to hurt you
- Threatening to hurt you, themselves or others if you end the relationship
- Forcing you to do sexual things against your will

"Any one of these signs is serious. Your partner does not need to do several or all of these things for your relationship to be abusive. If it feels wrong, it probably is. Talking with someone can help you understand what is happening within your relationship and support you to stay safe. This might be family or a close friend or you might feel more comfortable discussing your situation with someone you don't know. There is free confidential support and information available 24-hours a day from national and local organisations, some of which are listed below.

Young people who are worried about their own relationship or a friend's relationship can use the free and confidential Instant Messaging Support Service at www.toointoyou.ie."

What are my options?

Recognising that you are being abused is an important step. You may feel you need time to think about your situation. Or perhaps you have already made up your mind to end the relationship or to leave. Whatever you decide, your safety (and that of your children if there are children) is always the priority.

If you feel in immediate danger, call 112 or 999. Members of the Gardaí are specially trained to deal with these situations and can help you get support.

Deirdre advises "You can contact your local Citizens Information Centre to get information about topics such as the types of legal protection available through the courts including safety, protection and barring orders. You may also wish to find out about housing options, income supports, immigration guidelines, refuges, the courts and legal aid, local supports. Whatever your query, staff will be happy to assist. Remember, the service is free, non-judgmental and totally confidential."

SOME SUPPORT ORGANISATIONS AND SERVICES

Women's Aid

Women's Aid provide free and confidential support to women experiencing domestic violence, family and friends, and professionals supporting victims of abuse.

- National Freephone Helpline 1800 341 900 available 24 hours a day, 7 days a week
- Telephone Interpretation Service on 1800 341 900 available 24 hours a day, 7 days a week
- Instant messaging service available at womensaid.ie:
- Text service for Deaf and Hard of Hearing women available 8am 8pm, 7 days a week on 087 959 7980
- Free and confidential instant messaging support service and information for young people on intimate relationship abuse www.toointoyou.ie

Rape Crisis Centre

Rape Crisis Help offers a free, confidential listening and support service for women and men who have been raped, sexually assaulted, sexually harassed or sexually abused at any time in their lives.

- National Helpline 1800 778 888 available 24 hours a day, 7 days a week
- A network of local Rape Crisis Centres
- Text service for people who are Deaf and Hard of Hearing on 086 823 8443, Monday to Friday, 8am – 6.30pm

Safe Ireland

www.safeireland.ie has up-to-date information on the location of local domestic violence support services and refuges in Ireland and their contact details.

Men's Development Network

The Men's Development Network operates the National Male Advice Line on 1800 816 588 for men experiencing or who have experienced domestic violence.

Men's Aid

Men's Aid Ireland (formerly known as Amen) provides a confidential helpline, a support service and information for men and their families experiencing domestic violence.

- National Helpline (01) 554 3811, Monday to Friday, 9am 5pm
- Email for confidential support at hello@mensaid. ie

If you need further information about any of the issues raised here or you have other questions, you can call a member of the local Citizens Information Service in Kerry.

Tralee

Tel; 0818 07 7860 Email: tralee@citinfo.ie

Killarney

Tel: 0818 07 7820

Email: Killarney@citinfo.ie

Caherciveen

Tel: 0818 07 7780

Email: caherciveen@citinfo.ie

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by John O'Sullivan

FOCUS ON BEECH HEDGING

Beech Hedging is an ideal hedging plant for most situations, because of its tolerance of a wide range of soil conditions including well drained soils, soils prone to draughts and soils that can get waterlogged due to heavy down pours of rain.

Even though the beech is deciduous, when it is grown as hedging and is trimmed regularly around August/ September the brown leaves will usually be retained throughout most of the winter.

Beech also comes with a purple leaf - copper beech. Copper beach is best planted in a sunny position to keep its leaf colour where as the green retains its colour better if planted in partial shade.

If you can - it is best to plant your beech hedge bare rooted as it will probably establish that bit quicker, so you have plenty of time from now until the end of March to get



IOHN O'SULLIVAN, FOUR SEASONS GARDENING SERVICES, KILLARNEY 087-2787160.



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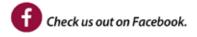
Welcome back dear student "...for the Word of God is living and active. Sharper than any double-edged sword, it pierces even to dividing soul and spirit, joints and marrow. It exposes the thoughts and intentions of the heart. Nothing in all creation is hidden from God's sight; everything is uncovered and exposed before the eyes of Him to whom we must give account" (Hebrews 4:12-13). Our study of the Word of God penetrates deep, by exposing every work of darkness in our lives - leaving one with a decision to make. Will I keep on doing things my way or will I do what God says and leave the old habits behind? (Ephesians 4:14-32; Colossians 3:1-16). "I pondered the direction of my life, and I turned to follow Your laws" (Psalm 119:59 NLT).

Lots of people talk about the soul, but few focus on the spirit. The soul is the mind, will, emotions and experiences (the inner person). The soul and spirit are eternal, meaning that when the body dies, both will go on forever in either heaven with the Lord into everlasting life, or in hell in everlasting suffering, separated from God. The soul is influenced by earthly, sensual things — the carnal flesh. Paul wrote that as a young child he was alive (before he understood the commands of God's law); but when the law entered – when he knew the difference between right and wrong – he sinned and died (Romans 7:9). But he was not dead! What he was referring to was that his sin caused his spirit to separate from God, and he died spiritually. This happens to everyone at the age when we realise that what we are about to do is wrong, yet we go ahead and do it anyway. Sin enters causing spiritual death. Our relationship with God is broken at that point, because God is Holy, and sin cannot dwell in His Presence.

Jesus explained this to Nicodemus when He said, 'you must be born again - born from above' (John 3:1-21). Nicodemus couldn't understand, asking did Jesus mean that he would have to re-enter his mother's womb? Jesus had been speaking of God's Holy Spirit who reconnects us to God when we repent of sin and receive His Son as Lord and Saviour. God's Salvation is a fresh start — a priceless gift. How would it be if you could begin your life over - a clean slate? (Lamentations 3:22-23). Well, you don't have to imagine because Jesus did that for you and me and for any person who will simply believe in Him (Colossians 1:13). "For you know that God paid a ransom to save you from the empty life you inherited. It was not paid with mere gold or silver, which lose their value. It was the precious (priceless) Blood of Christ, the Sinless, Spotless Lamb of God. God chose Him as your Ransom long before the world began.... Through Christ you have come to trust in God. And you have placed your faith and hope in God because He raised Christ from the dead and gave Him great Glory. You were cleansed from your sins when you obeyed the Truth, so now you must show sincere love to each other as brothers and sisters. Love each other deeply with all your heart. For you have been born again, but not to a life that will quickly end. Your new life will last forever because it comes from the Eternal, Living Word of God" (1 Peter 1:18-23 NLT). Call upon Jesus and study His Word to reset.

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



E: wovkillarney@gmail.com | Phone/Text - 087 4471797

HOLY SOULS MASSES DURING NOVEMBER -

In the Cathedral: Concelebrated Mass with Office for the Dead on every Monday evening 6.15pm for November. The Church of the Resurrection: Wednesdays of November at 9.30am

Muckross Church: Thursdays of Nov at 6.00pm following Exposition of the Blessed Sacrament

NOVEMBER REMEMBRANCE LISTS

This is our opportunity for us to pray for our loved ones who have died. In the month associated with the Holy Souls, we will have special Masses over November to remember those whose names have been handed in to us. You might return your November List and Offering at Masses, at the Parish Office, or at the box at the sacred space in the Cathedral. In this sacred space will be the names of all those who passed away over the past 12 months

THE COMMUNAL FIRST SATURDAY DEVOTIONS will take place on the 4th November starting at 8.45 am in the Church of the Resurrection Killarney Devotions will begin with the Fatima intentions followed by the Rosary and the celebration of Mass at 9.30am.

KILLARNEY PARISH SILVER CIRCLE - Week 3 Results

1st Prize €500: John O'Grady, Ardshanavooley

Seller: Parish Office

2nd Prize €250: Michael O'Leary, Countess Grove

Seller: Fr Joe Begley

Winners of €100 each are as follows;

Brigid Riordan, Millwood, St Margarets Rd. Seller: Brigid Riordan

Síle Mulcahy, Deerpark. Seller: Pamela Walsh Mary O'Callaghan, Leamnaguilla. Seller: Pamela Walsh Denise Casey, Coolies, Muckross. Seller: Johnny Doolan Cathal Walshe, Woodlawn Park. Seller: Maisie O'Sullivan Winners of €75 each are as follows:

Fr Paddy O'Donoghue, St Anne's Road.

Seller: Paddy O'Donoghue

Brendan Murphy, Mangerton Road. Seller: Parish Office Beppie & Mike Tangney, Muckross Close. Seller: Mary Ferris Sheila McCarthy, St. Brendan's Place. Seller: Eileen O'Connor Helen Howard, Ferndale Avenue. Seller: Joan Coffey

Diarmuid O'Sullivan, The Optical Suite Opticians

Seller: J. O'Callaghan

Pat O'Leary, Crosstown. Seller: Tadhg Fleming
Kathleen & Jim Connolly, Woodlawn Park. Seller: Bridie
Cronin

Maureen Somers, New Street. Seller: Eileen O'Connor Ann Fagan, Woodlawn Park. Seller: Bridie Cronin Congratulations to all winners, and thanks to all who supported, promoted and sponsored the draw this year. Tickets are still available from the Sacristies and Parish Office

This week's prize money is sponsored by:

Killarney Oaks Hotel, Tadhg's Boutique, The Laurels, Mug & Bean Café/Restaurant, Cronin's Butchers & Fairview House

3RD ANNIVERSARY

IN LOVING MEMORY OF DONAL (DODO) MC SWEENEY



LATE OF GLOUNONEA. KILCUMMIN, KILLARNEY & FORMERLY OF GNEEVEGUILLA WHO SADLY PASSED AWAY ON THE 5TH OF NOVEMBER, 2020.

> "His love was like a rainbow beautiful but gone too soon"

We won't forget your warming smile Or your fun mischievous ways You always had a helping hand And you were always there for us.

Ours is just a simple prayer That God will keep you in his care No longer in our lives to share Dodo, you are forever in our hearts and prayers.

Deeply missed and lovingly remembered by Siobhán, daughters Paula and Aoife, Sons-in-law Liam and Donnagh and your precious grandsons Daniel, Micheál and Sonny xxx

4TH ANNIVERSARY

IN LOVING MEMORY OF DAVE GEANEY



LATE OF GRENAGH, FOSSA, **KILLARNEY** (FORMALLY BROSNA) WHO DIED ON THE 8TH November 2019

There are no ways to tell you Dave, What losing you has meant, But each day brings precious memories, Of the many happy times we spent,

Though Heaven and Earth divide us, We are never far apart, As YOU are always on my mind, And forever in my Heart.

> Love you always, Your loving wife, Helen xx

Anniversary Mass for Dave will be held in the Prince of Peace Church, Fossa on Saturday 4th November at 7.30pm.

1ST ANNIVERSARY

TREASURED MEMORIES OF A WONDERFUL MOTHER AND GRANDMOTHER

NOIN **McGuire**



Kilsarcon, Currow, KILLARNEY, CO. KERRY WHO WENT TO HER ETERNAL REST ON THE 6TH OF NOVEMBER 2022

When God was making Mothers, He must have made a fuss He spent a lot of time on one And gave that one to us. Of all the gifts in life However great or small, To have you as our Mother Was the greatest gift of all. Because you were so special No words could ever say How much we love and miss you Today and every day.

Suaimhneas síoraí do Noin

We will miss you and love you always

Your son Ger, daughter-in-law Maura and grandchildren Jean and Jack XXXX

ACKNOWLEDGEMENT & 1ST ANNIVERSARY

IN LOVING MEMORY OF NOIN McGuire (NEE SULLIVAN)



KILSARCON, CURROW. KILLARNEY WHO PASSED AWAY ON THE 6TH OF NOVEMBER 2022

We, the family of the late Noin McGuire, remember with love and affection a dearly loved wife, mother, nana and great grandmother on this her first anniversary. We wish to thank the emergency services and Fr Buckley who attended to Mom. We wish to express our heartfelt thanks and appreciation to all who brought food and refreshments and to all who travelled from near and far to pay their respects to Mom. To all who came to her removal, funeral mass and burial, for the beautiful mass cards, phone calls, online condolences and kind words that meant so much to us, for that we are forever grateful. To the stewards who helped and directed traffic on the night of the funeral, thank you. A very special thank you to Breda Crowley,

for the care you gave to Mom. To Fr Buckley, Fr Roche and Fr Spillane for the beautiful Mass to celebrate Mom's life, we thank you most sincerely. To Lisa and Henry Bartlett for the lovely music during the Mass, thank you.

her Pharmacist and to Dr Colm Ó Giollagáin

To Mike Daly of Dalys Funeral Home, thank you for your professionalism, compassion and guidance that you gave us at this difficult time and for preparing Mom's final resting place.

To Mom's neighbours, thank you all from the bottom of our hearts for the compassion, love and laughter you all showed and gave Mom, we will be forever grateful to you all.

Thank you to our relatives and friends for all your support and comfort during our sad loss.

As it would be impossible to thank everyone individually, please take this acknowledgment as our sincere appreciation for your kindness and thoughtfulness,

The Holy Sacrifice of the Mass will be offered for your intentions.

Noin's First Anniversary Mass will be held in the Church of the Immaculate Conception, Currow on Friday 3rd November at 7.30pm.

3RD ANNIVERSARY

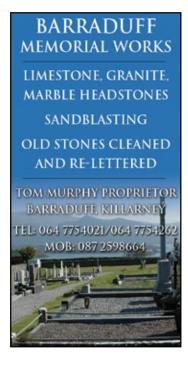
IN LOVING MEMORY OF Dodo MCSWEENEY

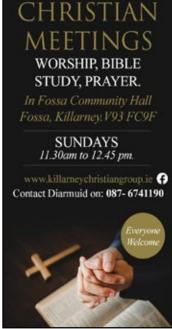


LATE OF KILCUMMIN AND Gneeveguilla. WHO PASSED AWAY ON THE 5TH OF NOVEMBER 2020.

You always had a smile to share Time to give, time to care, Your loving nature and heart of gold These are the memories I'm proud to hold.

Always loved and remembered by your sisters Mary, Eileen and their families.











John Moynihan | Ballingeary, Co. Cork | T: 086 374 2260 | www.jmenergy.ie